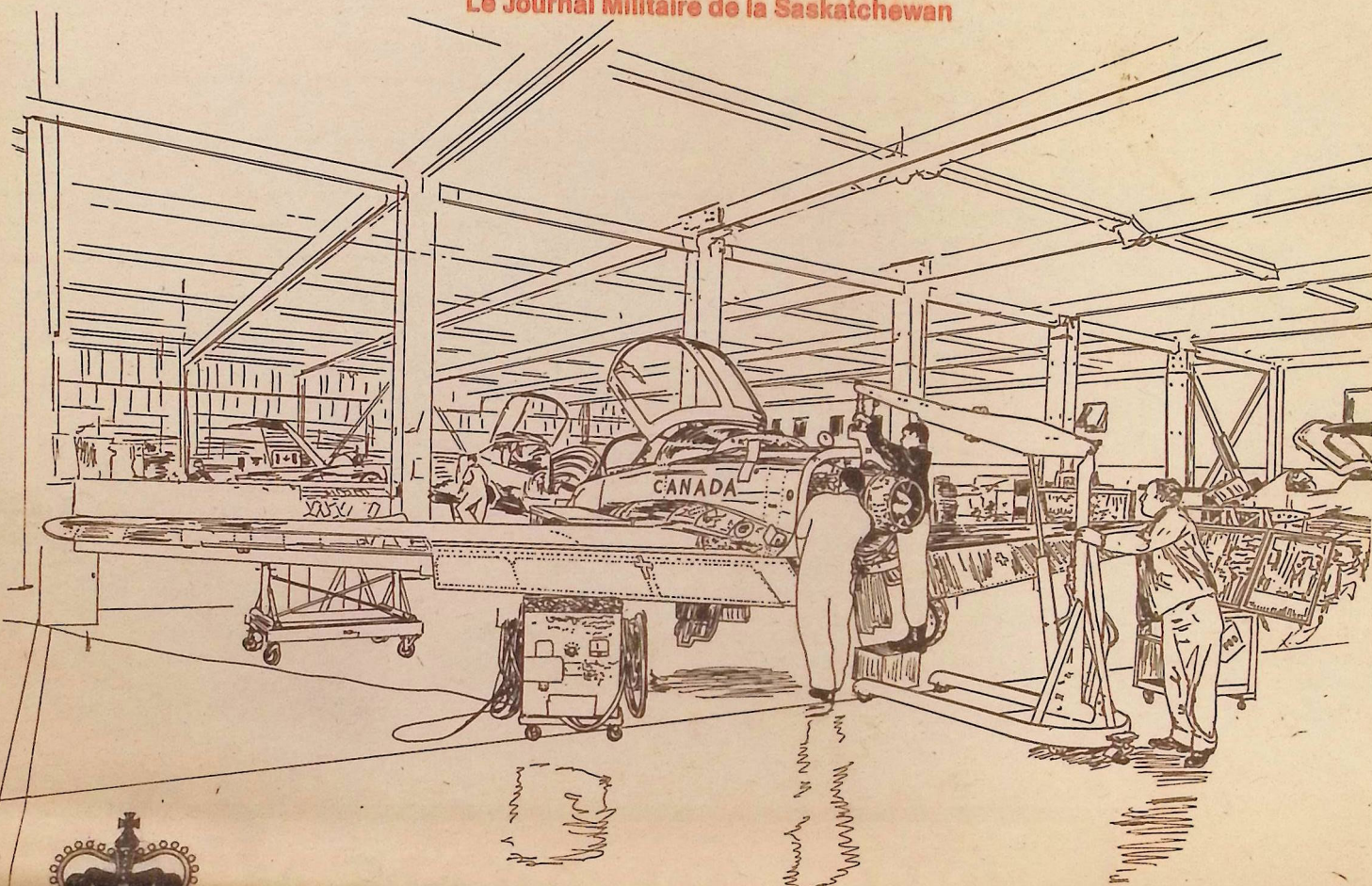


THE PLAINSMAN

Saskatchewan's Military Newspaper
Le Journal Militaire de la Saskatchewan



THURSDAY, OCTOBER 29, 1981 — VOL. 12, NO. 11



GRADUATION 8005 — 16 OCT. '81

REVIEWING OFFICER — BGEN PATTEE

CDR. 14 TRAINING GROUP

Front row — Left to right: 2Lt Hendrix, 2Lt St. Pierre, Capt. Haazen, 2Lt Proksch, Colonel Van Ek, BGen Pattee, LCol Titterton, Maj. Vogt, 2Lt Pawelec, 2Lt Van Hael, 2Lt Sawchuck.

Back row — Left to right: Capt. Salmon, 2Lt Gallagher, 2Lt Starreveld, 2Lt Stroccl, 2Lt Vandenberg, 2Lt VanBreeman, 2Lt Biehn, Maj. Ceresia, 2Lt VanKeken, 2Lt Wyman, 2Lt Vanderlinden, Capt. Hunter, 2Lt Lodeweges, 2Lt Murgatroyd, 2Lt Griffiths.



Mommy! Daddy! I'm Afraid.

'Young children are afraid most of the time, so afraid that they find it difficult to learn, to think, and to grow.' Thus writes Stephen M. Joseph in 'Mommy! Daddy! I'm Afraid.' In this book, originally published under the title 'Children In Fear', he explores aspects of a scientific theory of human nature developed by a psychiatric social worker named Denah Harris.

He says he had been educated to a moral theory containing the concepts of good and evil, reward and punishment, etc. When he observed children in a nursery school in New York City he did so with the idea that a child is neither innately good nor innately bad.

He writes about their obsessive fears and of techniques for solving problems. In the foreword to his book he predicts that some readers will probably feel that he has exaggerated children's preoccupation with death and death games. Also, some may think these New York City children are not typical of children everywhere.

Even if a reader does feel this way the book is still worth reading for its many interesting, and often controversial, ideas. Exaggerated or not, the examples about which he writes can provide insights into the fears of all children. It can help us be more sensitive to their basic fears.

Joseph writes very much about children's obsessive

fear of death, how this fear is manifested, what causes it, and what can be done about it. He considers also their fears of sex, war, and punishment.

Children usually don't verbalize their fears mainly because they have learned that to do so is taboo. The author of 'Mommy! Daddy! I'm Afraid' gives many ways by which fears are shown. Often we can interpret behavior, or 'misbehavior', as evidence of fear. Also, there are physiological signs of fear - for example, thumb-sucking and stomach aches.

To counteract all these fears we are told to talk with children and help them recognize what is bothering them. We should help them become 'problem-solvers' by teaching them about their bodies and how to control behavior by thinking. This book gives advice on how to relieve children's fears and how to prevent many of them. It may even help you come to terms with some irrational fears of your own.

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Catholic Women's League meets every first Monday of the month at 8:00 p.m.

Confessions: Before every Service and at any other time convenient for you upon request.

Marriages: Three month's notice is required for preparation.

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CHAPLAIN: Major G.A. Milne

OFFICE: Local 474 HOME: 694-0123

DIVINE WORSHIP: Sunday 1100 hrs

HOLY COMMUNION: Sunday 1100 hrs (First and Third)

SUNDAY SCHOOL: 0930 hrs (Grade 4 up)

BAPTISMS: Held during Divine Worship on Sunday mornings. Private baptisms are administered only in exceptional cases. Call the Chaplain to make arrangements.

WEDDINGS: Arranged by contacting the Chaplain. Try to give at least one month's notice.

LADIES GUILD: 8:00 hrs pm on Third Wednesdays.
Next meeting Wed Oct 28th in Annex -
Presentation by Fire Hall

EDITORIAL

ENERGY AWARENESS WEEK for 1981 is

November 16th to 20th.

and the first issue in November will have a special feature on Energy Conservation.

Also we are now going to press on one day and receiving the completed paper the next day. This will give us four of five extra days for preparing each issue. In future we are extending our deadline for submission of articles. For the remainder of 1981 our deadlines are:

Cut Off Date 4 Nov

Issue Date 10 Nov

Cut Off Date 18 Nov

Issue Date 26 Nov

Cut Off Date 9 Dec

Issue Date 17 Dec

Our letters to the Editor has drawn fire and over reaction in some cases. Thus it is necessary to state The Plainsman Policy for future letters to The Editor. All letters published will include the writer's name. Whenever there is any actual or implied criticism or any section or branch, that section or branch will be given a chance for a rebuttal to be published at the same time as the letter.

Letters

To The Editor

THANK YOU

The response to my calls was overwhelming
And I wish at this time to give,
A warm and very special

THANK YOU

To all the women who gave their help in the reception for the "Crabbe Family"

Joyce Lynch

THE PLAINSMAN

The Plainsman is the unofficial Service newspaper of CFB Moose Jaw and is published monthly under the authority of the Base Commander, Colonel G. Van Ek, C.D.

Editor in Chief	- LCol DB Abbott-437/469
Editor	- Harold Martin - 449
Asst Editor/Layout Coordinator	- Ed Karkut - 505
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Asst. Business Manager	- Karen Stiles - 441
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Ad Layout	- Barbara Vermette
Composing/Composition	- Nicole Sweeney 693-6711
Office/Readiness Manager	- Gary Woodroffe - 449
Masthead Artist	- Ken Thompson - 434

Opinions expressed by contributors do not necessarily reflect on those of the Editor, the Base Commander, the Canadian Armed Forces or the Department of National Defence. The Editor reserves the right to edit material in accordance with the regulations and guidelines governing a service newspaper as specified in CFAO 57-5. Copy may be submitted in either the English or French language and should be typewritten, double spaced, and bear the contributor's name and place of employment.

In the event of a typographical error appearing in an advertisement, no goods may be sold and the difference charged to this newspaper whose liability is limited to a refund of the space charged for the advertisement in which error occurs.

The Plainsman office is located in room 221, Headquarters Building of CFB Moose Jaw. The mailing address is Box 240, Bushell Park, Sask., SOH ONO. French services available.

The Plainsman est le journal non officiel de la BFC de Moose Jaw et est publié avec la permission du commandant de la base, Colonel G. Van Ek, C.D.

Staff Asst/Aide de Corps	- John Harvie	- 522
	- Kathy Karkut	693-0246
	- Daryl MacDonald	- 558
	- D.M. Milne	694-0123
	- Doug Muir	- 528
	- Karen O'Quinn	- 441
	- D.J. Pedersen	- 486
	- L.J. Salsman	- 486
BIO	- Lt G Young	- 337

Photos/Photographie - Base Photo or as credited.

Les opinions émises dans ce journal ne sont pas nécessairement celles du rédacteur, du commandant de la base, des Forces canadiennes, du Ministère de la Défense Nationale. Le rédacteur se réserve le droit de modifier le matériel soumis conformément aux règlements et lignes directrices régissant un journal militaire dans l'OAFIC 57-5. Les textes peuvent être dactylographiés à double interligne et accompagnés de la signature et lieu d'emploi de l'auteur.

Dans les cas d'erreurs typographiques, aucune marchandise ne peut être vendue et la différence chargée au journal dont la responsabilité n'est que de rembourser le montant chargé pour l'annonce publicitaire où il y a eu erreur.

Le bureau du The Plainsman est situé dans la chambre numéro 221, quartier-général de la BFC Moose Jaw. L'adresse de correspondance est Boîte 240, Bushell Park, Sask. SOH ONO. Service en français disponible.

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At the present time there is a lot of extra activity on the flight line due to the work being done on the water and sewage systems. More care must be taken when driving on the line because of the extra vehicles involved in the work. There is also an increase in the FOD hazard, with all the dirt and stone piled up. Servicing personnel must be extra cautious on the line, with all this work going on.

Tuesday, 22 Sep 81, was an interesting day down in Servicing. There were two incidents, one in which the canopy came off an aircraft while in flight and one in which a bird was ingested. Fortunately there were no fatalities.

WO Ed Young is the new Servicing WO. We, in servicing, hope his stay with us will be a pleasant one.

WO Young's opening address to Servicing personnel: "It is too early to form any opinions, but I would like to take this opportunity to thank MWO Horton for his excellent tour of Servicing and hope that I receive the same backing and support as he enjoyed".

WO Edward Bruce Young was born in Middleton N.S. in 1936. After terminating high school he joined the RCAF in Halifax N.S. in 1953, completing his air training at Camp Borden, he was then posted to 405 Sqn in Greenwood N.S. then to RCAF Station 2(F) Wing France after which he moved onto RCAF Station Uplands Ont, on completion there moved to RCAF Station St Hubert P.Q. back to CFB Greenwood N. S. Presently he holds the post of WO in charge of Servicing in Moose Jaw, Sask. WO Edward Young "Ed" resides in PMQ 275 CFB Moose Jaw with his wife Dianne, daughter Lori and son David.



WO Ed Young

Being a maritimer explains why WO Young's hobbies are fishing and camping. Let's hope the lakes up North are tempting for Ed. It's a nice place to visit and also a great area to fulfill his hobbies.

WO Young's comments on the section are something I've heard many times: "Very Busy".

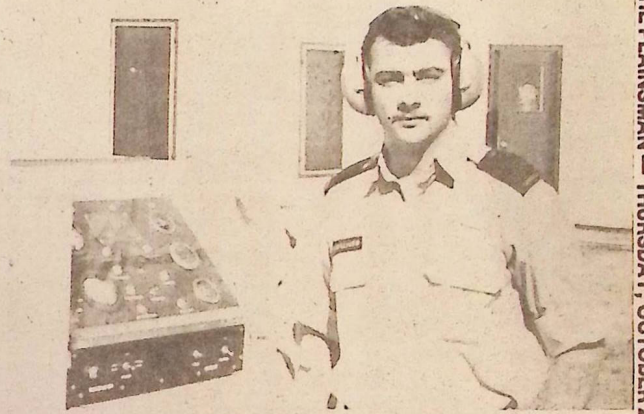
For this issue we have three techs who all have one thing in common, a good sense of humour. When you work on the Flight Line this comes in handy.

Pte Jeffrey Nelson Barber is known as "Stretch" or Jeff to his friends and fellow techs in Servicing. He is a TQ3 AET employed on #1 Crew and shall be on #2 Crew sometime this month. This is Jeff's second tour of CFB Moose Jaw, having been here once already as a Contrain. I guess he enjoyed his first tour a lot, that could be the reason for his return here.

Jeff was born in Calgary, Alta. in 1956, he enjoys leather craft, playing piano and banjo and he enjoys dancing. I wonder why he didn't mention it! He can be found at "CFB Harwood" almost every weekend, dancing away on the dance floor.

Prior to CF he was employed as a member of a drill crew on oil rigs in Northern Alberta, as a Radar Inspection Operator in Edmonton Alta, as a labourer at the 7 miles Dam Trail in B.C. and last but not least as a waiter for the Scottish Restaurant in Calgary, Alta.

Jeff has a few words to say as a comment to Servicing. He likes the place but won't admit to it. "Servicing is okay in Summer, but is it going to be great to get out of here". Enjoy your stay, Jeff! See you at the Harwood.



Pte Edward John Gulliver is known as "Gully" or "Noodle" to his fellow workers and friends, he is a TQ3 AET employed on #2 crew.

Gully was in Shearwater prior to CFSAOE Borden Ont. where he did some Sea Duty, which he enjoyed very much. He would enjoy to repeat it once again.

Gully was born in St John's Nfld. in 1961. He enjoys skiing, woodworking, hockey and, most of all, a friendly brew with his pals.

Gully's comments on the Section are sea-worthy "I like the Section very much, good people to work with but enough is enough." Being from the Maritimes I know "Gully can take a joke".



Pte Neil Cameron Porter is known to his friends as "Don't call me Ross Porter". Neil is a TQ3 AET employed on #3 crew. Neil was employed in Snags prior to Servicing. He shall soon be moving onto Transient Servicing, and 3 crew wishes him all the best of luck.

Prior to CF Neil was employed in Borden Ont as an ice caretaker at the arena, at a dairy farm as a farm hand, at Alklands as a sales clerk in Edmonton Alta and last but not least bartender, beerslinger in Moose Jaw Sask.

Neil was born in Victoria B.C. in 1959. He enjoys playing guitar, motorcycles, wine making (from table scraps), model making, girls, cars and one which he forgot but must be mentioned, partying.

Neil has a comment or should I say farewell address to #3 crew, "You can get anything you want at Alice's Restaurant" in 4 part harmony; we'll wash your windows, scrub your planes, even do it with a saile, but you can't have Alice."

Good Luck Neil it's been an experience working with you.

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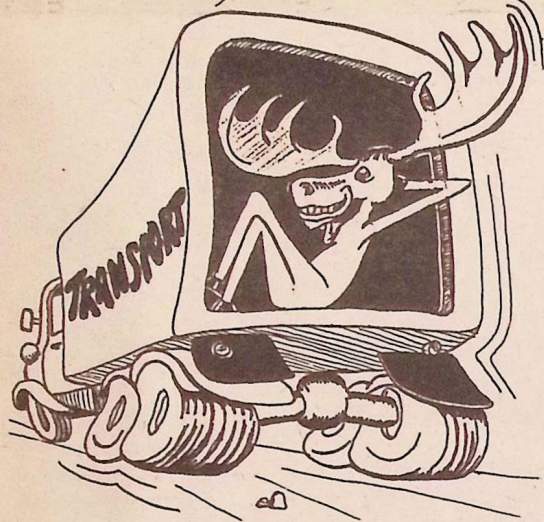
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Base Transportation



Maj Stuart presenting Mr. Riley a souvenir on behalf of the Base Transportation section.



WARNING: Dispatcher at work.

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Well hello again. If you recall, last month I promised you to finish a series of articles on the different sub-section of the Base Transportation Organization. This mini-series will consist of 3 articles: one on our dispatchers in the present Edition, one on the MSE Orderly Room and last but not least one on the CMTT. Let's stop wasting time and get on with it.

DISPATCH

Remember, Sam, the mini-bus that pick you up last summer, when you went on course to Wasaga Beach, I mean Borden? No Sam, it wasn't sent by the Airport Manager to make sure you were on time for your flight at 0830. It was the duty dispatcher who sent it to your door.

No Sam, he's not a mind reader, he had a copy of the MSE requisition made up so you could be picked-up on time. Because, you see, that's what he does for a living. He is an MSE Op, taken away from the vehicles for awhile, who ensures that all the requests are met, within the limits of the vehicles available. He sees that the drivers and vehicles are dispatched on time and to the right place. Is that all he does? What kind of a stupid question is that, Sam? Of course not. He also sees that the vehicles are cleaned, gased up and inspected daily. But that's not all. The dispatcher working during the day have one of the biggest responsibilities when an Air Emergency occurs; he becomes the driver of the crash ambulance. He must get to the hospital, get the medical staff and take his position, ready to move.

Let me guess your next question, Sam. Who takes care of the shop when the dispatcher drives the ambulance? Right Sam, the Chief Dispatcher. You're getting smart! You should see what happens then. The Chief Dispatcher becomes busier than a traffic cop during rush hour. Vehicles are coming in from all over the base and he has to make sure they are dispatched to their positions with a qualified driver behind the wheel.

No Sam, the Chief Dispatcher doesn't just sit there waiting for an emergency so he can take over. He, like any supervisor, has many other things to do.

HAVE YOU HUGGED
YOUR WIFE TODAY?

Who do you think prepares the duty roster for the 5 dispatchers and makes sure that the post is manned, or is it personned, 24 hours a day, 7 days a week? And who do you think trains the dispatcher, monitors their leave and duties, and maintains the disposition board for the vehicles and personnel? Who ensures that the standing details and other details are completed when requested? Who passed the MSE requisition to the dispatcher to go pick you up at your home, last summer? Yes, Sam, he does all that and more. He's a busy man, I know because I know him.

OK, Sam, I'll answer just one more of your questions. Who are they? Well, every one knows that MCpl Rick Parent is the Chief Dispatcher and that the dispatchers are: MCpl Pete Johnston, MCpl Richard Leblanc, Cpl Bob Lowther, Cpl Mike Norris and Cpl Rob Else.

Well, now Sam you know a little more about dispatch, I hope.

DEPARTURE

At the beginning of Oct. Mr. Bill Riley left the BTN organization for greener pastures. He had been employed with the SPV group since Nov 73. For the past 8 years, he was one of those fearless men who braved the cold and battled the snow on our roads and runways.

Bill has already moved to a cattle ranch near Edmonton, Alta where he will try to convert his shifting hand into a milking one.

The Base Transportation Organization joins the SPV personnel to wish him the best of luck.

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BTELO NEWS EXPRESS

Hi, we're back with more news of our section, there are lots of things happening. For a starter, Sgt Electro is back from his tour in Toronto and North Bay. He says he is tired, so a good bout of rest and relaxation is well earned.

Pte Savard and Pte (W) McNeil have left us to do their fives course in Kingston. Before Pte (W) MacNeil left she received her corporal hooks. Congratulations from all of us at Tele Com.

A few people are leaving us to go on courses. MCpl McAuley and MCpl Morin are going on a two months CCS course in Trenton, Ont. Pte Sainsbury is going for a dictaphone 4000 course. We will miss them, but not overly.

We had a volleyball game against Tele Air. Although they put up a good fight, they were just no match for us. Thank you Tele Air for a good hard fought game, but the better team won.

Did you know that Cpl Dave Wilson's hobbies are: Drinking, Swimming, and watching people swim.

He likes: bacon and tomato sandwiches.

He Dislikes: Dissent in the ranks.

His favorite sport: soccer. Cpl Wilson, what would you like to be when you grow up?

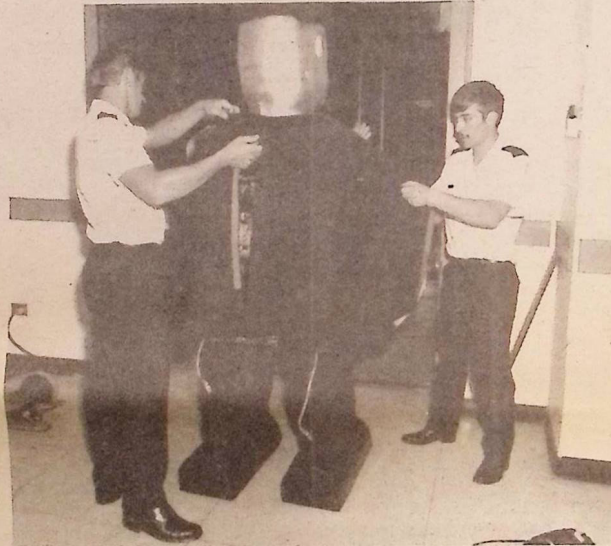
"I would like to be Raquel Welch's body guard or a tutor crane operator."

HAVE YOU HUGGED
YOUR KIDS TODAY?

Pte (W) McNeil receiving
her Corporal hooks from
Capt Currie.



Our Sgt Electro at the flight line in CFB Moose Jaw.



Cpl Dave Wilson and Pte Gary Sainsbury dressing Sgt Electro for his big debut at the Toronto Sick Children's Hospital.



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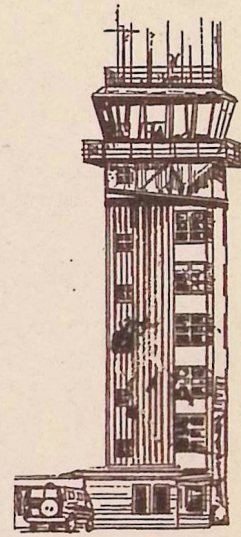
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ATC NEWS

THE PLAINSMAN — THURSDAY, OCTOBER 29, 1981 — PAGE 5



you will have it. Ideally one system could be worked on by the Techs while we utilize the other and continue to give you full service. So versatile is the system, that if both computers quit we would still have raw radar data and could continue running with a better looking presentation than we have now.

The big plus for us is automatic identification and mode C altitude readout. If you, the pilot, have a discrete transponder code selected and we have that code plus your callsign in the computer then the system will automatically "tag" you and you will be tracked with all the necessary information including your altitude. Both these features will cut down on radio calls ie "what is your passing altitude or report out bound on the 215 radial!" Example of an aircraft as it will appear on a TRACS display.

COBRA45
220 26
04RVVFS



Since the last article little has changed, so I thought I would give you a quick course on TRACS... Terminal Radar and Control Systems. Sure it sounds fancy, has lots of neat buttons but what will it do for the ATC system in general and will it work in Moose Jaw, Canada's busiest military airport.

The original group that went to Trenton for the TRACS course were to put it mildly, a bit skeptical at first, but by the end of the 3 weeks were all believers in the fact that TRACS will work and will work in Moose Jaw. Procedures will have to be changed, new ones developed but once the initial "bugs" are worked out, we will have a system second to none.

So it will work but what will it give us? First a better Radar than we have ever had in the past and it will be dual channeled and have an uninterrupted power supply. That in itself will enable us to utilize a pure radar environment as laid down in the Bible, Boa 164 and our civilian counterpart NOT MANOPS. In laymans terms, if one radar hiccups the other one will carry on giving us radar, and we carry on using radar to control traffic. For the pilots, Monday morning maintenance and radar outs for breakdown should be a thing of the past. In other words if you need radar work to complete a student trip,

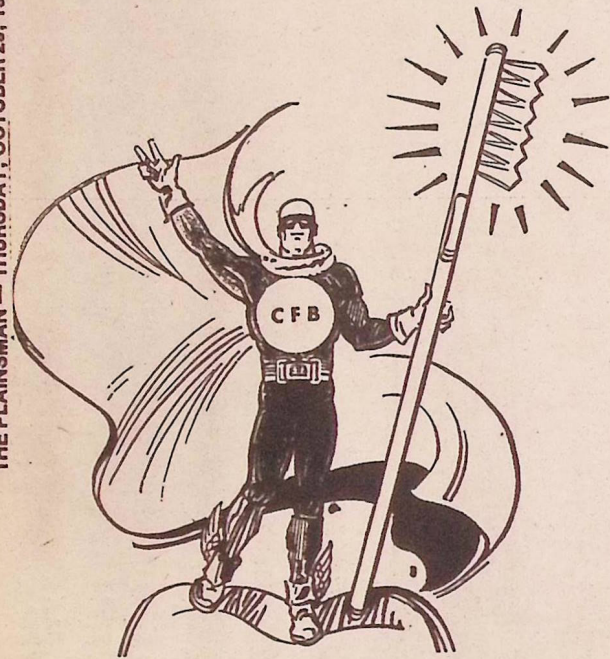
This tells us that COBRA45 is at flight level 220 and is 26 nautical miles from the tacan. He is presently on channel #4 and has requested radar vectors for a precision approach with a full stop landing. In addition he is being controlled by controller A, the terminal position. The three trail dots behind the target show the past track of the target ie slow left turn with a present track of about 360 degrees. The target symbol also tells

us that we are getting a raw radar (skin paint) from the a/c plus an SSR return that we have selected on our indicator. Target size can be varied plus the brightness changed. In addition the short line that joins the target and the data can be moved to several different positions.

This short resume has just scratched the surface of the TRACS but may give you a better idea of what we will be getting at Moose Jaw and some of the things it will do.

YOUR DENTAL HEALTH

PERIODONTAL DISEASE — WHAT IS IT?



The following article is one of a series being presented by The Plainsman in cooperation with the Dental Detachment.

The preceding articles have dealt mostly with tooth decay. The other major dental disease afflicting mankind in periodontal disease, which is disease of the gums and supporting structures of the teeth. It has also been called pyorrhoea.

For many years, periodontal disease was believed to be a disease of adults only. Now it is recognized that adult periodontal disease has its beginnings during childhood or adolescence. Most individuals are thought to have early form of the disease by the time they are in their mid-teens. Estimates are that more than 7.4 million adults have an advanced form of the disease

and that 2 million more have lost all their teeth because of it.

Periodontal disease can cause the loss of sound, decay-free teeth by damaging the bone and soft tissue that support them.

There are no early painful warnings of periodontal disease. It usually appears as a reddened edge of the normally pink gums (gingivae). If the condition is not treated, it may spread to several teeth. The gums usually become puffy or swollen and tend to bleed when the teeth are brushed. This early stage of periodontal disease is called gingivitis and is easily reversible.

If gingivitis is not corrected, the condition worsens. Pockets develop between the gums and the teeth. Particles of food and bacteria settle in the pockets,

creating veritable cesspools. Inflammation increases, the pockets become deeper, and pus may form in them. At this stage, a person's friends may be more aware of his periodontal disease than he is because of his unpleasant breath. It is probable, though, that he will notice a foul taste in his mouth. The gums are likely to become ulcerated and bleed and to be quite painful.

In the late stages of periodontal disease, the soft tissues (periodontal membrane) and bone that support the teeth are destroyed and the teeth become loose and finally must be extracted.

The causes, prevention, and treatment of periodontal disease are covered in the next two articles.

Next article: Periodontal Disease - What Causes It?

Medical/Dental News

The past month has been a busy one in Bldg #53. In addition to an increased number of patient visitors, we have had some special guests. The dental clinic was visited by Col LA Richardson, Capt (W) JA Sutherland and CWO RE Todd from Air Command. The hospital staff were visited by Capt Harry Woznow and CWO Fred Cruickshank, medical career managers. Both visits were very informative and, in some cases, created many rumours.

In honour of our guests, Exercise Pub Crawl went into effect on 15 Sep 81. Besides the guests, rookies for this exercise were Sgt (W) Raine Richer Lafleche, Sgt Barry Mackie, Maj Paul Abbott and Pte (W) Lisa Sorenson. In all, the exercise was a success; in fact, both medical career managers stated that they hadn't seen anything like it before! I wonder if CWO Todd located his briefcase.

On the Road - Pte (W) Shelley Brightman on leave in Calgary, Maj Paul Abbott has returned from a Base Dental Officers "Conference" in Edmonton, Cpl (W) Joanne Lytle on TD in Inuvik, NWT, Cpl (W) Cindy Lalulippe in CFB Penhold on her JLC, and Capt Milo Fink has returned from leave in the Ottawa area.

After driving his "new" car daily to such distant places, ass the guardroom, headquarters, and the gas station, Pte Bo Bubnich ventured to CFB Cold Lake

and Calgary on leave.

In celebration of the news that soon there will be an addition to the Campbell Clan, Dave has bought a new truck complete with some good country and western tapes. Now I wonder when he'll get a cowboy hat?

They say that just about everything you do nowadays has a dangerous side effect. Pte Dawn Isberg found that true when, last week, whilst jogging at noon hour, he was cited with a traffic violation for speeding. She questioned the legality of the speeding ticket but reluctantly settled her case out of court by buying 12 blue jurors.

The week of 23-26 Sep 81 was declared National Crutch Week by Capt Barry Armstrong and Capt Milo Fink. For a while, I thought that every other person on sick parade was being given crutches. I wonder, do they have an interest in a crutch factory?

What is a Medical Assistant you say? Well, the following... will enlighten you.

Behind the doctors and nurses sits a breed of a different kind. Through thick and thin, rain sleet or snow, out of the north, south, east and west, comes the mighty Med A.

We know the thrill of victory (another day done) and the agony of the feet (another four days to go). The element of surprise (Tutor with a bird strike), our hearts starting again

calm before the storm (Monday morning), and the sea of tranquillity (Friday afternoon). We feel the wrath (letting someone in after sick parade) and we breathe a sigh of relief (a pat on the back).

Most of all, we fell the pride. Pride in knowing that what this base can throw at us, we can stand up and say, "I can do it".

How is your sense of humour? A recent survey resulted in the following explanations being offered for accidents in which they were involved:

"I consider neither vehicle was to blame, but if either was to blame, it was the other one. The other car ran into mine without giving me any warning of its intention to do so." "The other man altered his mind so I had to run over him." "A pedestrian hit me and went under the car." "I collided with a stationary bus coming the other way." "Coming home I drove into the wrong house and collided with a tree that I haven't got."

Did you hear about the " " who: ... tried to throw himself on the ground and missed? ...put iodine on his pay cheque cause he heard he got a cut in pay? GO EXPOS GO!!!

HAVE YOU HUGGED YOUR HUSBAND TODAY?



This is Cpl Glenn Turner, newly acquired Medical Assistant. Cpl Glenn and Cindy Turner moved here from CFB Petawawa. Welcome to Moose Jaw.

DO you have something you want to sell - Shirley's skates, Bobby's bike? Are you looking for a job or looking for someone to do a job for you? Why not place an ad in THE PLAINSMAN's classified section?

Send you ad to:

The Plainsman
P.O. Box 240
Bushell Park, Sask
S0H 0N0

Or bring them to Room 221, HQ Building. For further info contact:
Lt Glen Whittall at
693-6711

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Thursdays and Fridays

You and the Commerce.
Together we're
both
stronger.



CANADIAN IMPERIAL
BANK OF COMMERCE

FIRE PREVENTION WEEK RESULTS



PUMPER FROM CITY FIRE DEPT.



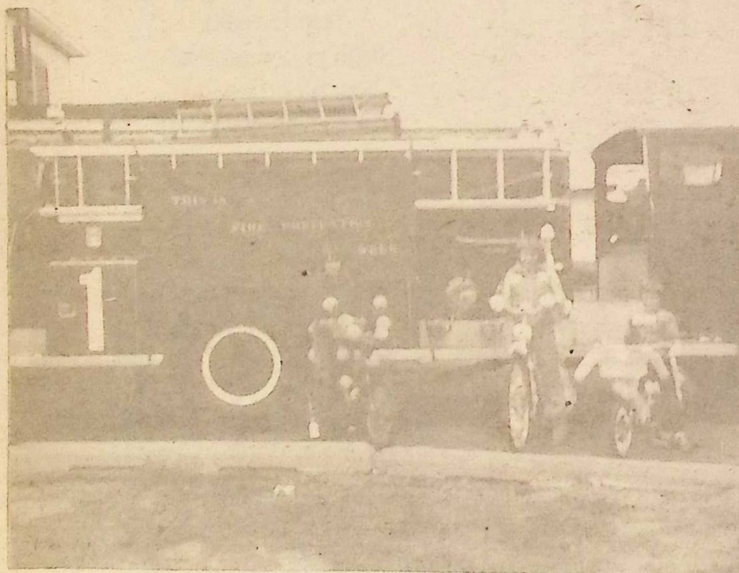
KIDS ON MODERN DAY TRUCK



"JAWS OF LIFE" DEMONSTRATION



CASUALTY IN SIMULATED CRASH



SOME BICYCLE CONTEST WINNERS



HOSE LAYING CONTEST WINNERS

THINK FIRE SAFETY



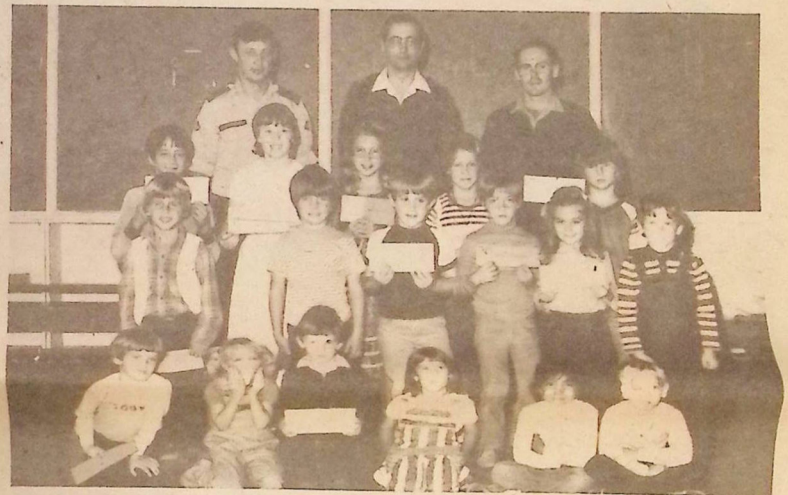
Barb Vermette receiving Gift Certificate to "Hopkins House" from Major Barnes for her "Mrs. Fire Prevention" Competition Entry.



Grade 5 to 8 Winners - "Fire Prevention" Posters.



Kathy Norris accepting fire extinguisher from Major Barnes for her Second Place Entry in the Mrs. Fire Prevention Contest.



Grade 2 & 3 "Colouring Contest Winners". Grade 4 Poster Contest Winners.

TO EVERYONE WHO HELPED MAKE THIS WEEK A SUCCESS.
A SPECIAL THANKS TO MR. ALEX SHANKS.

THANKS

Leisure Wheels of Moose Jaw Ltd.


1325 Caribou Street West

Moose Jaw, Sask.

PHONE: 693-4140

1976 HARLEY Sportster
Mint Shape

\$1,000 worth of accessories
\$4,500 now or \$4,900 in spring

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WE CAN NOW IMPRINT YOUR FLIGHT CREST
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THINK OF IN BRASS!!

AT OUR SHOWROOM 35 OMINICA ST. W.

DEPENDANTS PAGE

CONGRATULATIONS

On Saturday 26 Sep 81, photographs were taken of those children who had successfully passed their swimming tests. There were a total of 135 children registered in our 1981 summer program. Of this number 99 children were able to attain awards ranging from the Red Cross Yellow Award up to the Green Level.

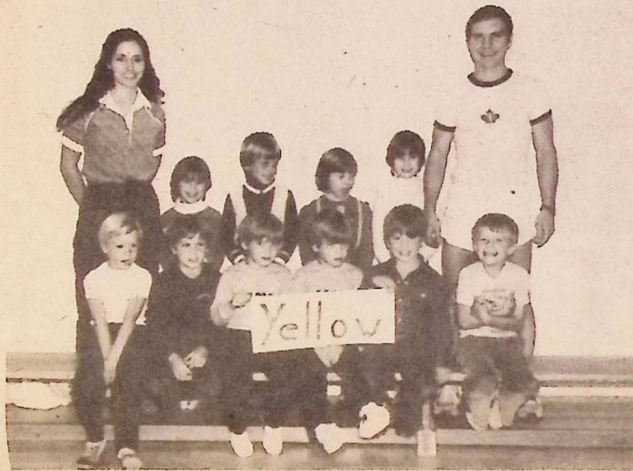
We congratulate those children who accomplished a level of aquatics proficiency in the "New" Red Cross program. For those children who did not advance during the summer sessions, don't be discouraged. We hope to see you, as well as any dependants who wish to register for the Fall session to commence on Saturday, 10 Oct 81. Remember, in order to make Saturday lessons possible, we must have a minimum of 8 children per class.

Finally, the Base PERO Staff wish to thank Manon Legare, Tanny White, Mrs. Barbara Vermette and Mrs. Claire Turcotte for their excellent instruction during the summer program. A special thanks goes out to Cpl Warren Delyzer for his work as Pool Supervisor during the summer period.



RED

Back Row Left to Right: Manon Legare; Paul Parent, Brent Beaumont; Tim Murphy; Kirsten Mackesy; Scott Patterson; Shelly Kilfoyle; Steven Hicks; Cpl Williams.
 Front Row: Curtis O'Reilly; Shane Lebouthillier; Jeff Norris; André Vermette; Heather Campbell; Kathy Henderson; Robin Ross; Leanne Fletcher; Jennifer Murphy.
 Missing from photo: Wahne Keefe; Jason Sharp; Tasha Sutherland; Leah Bacon; Billy Gaudun; Glenda Bacon; Sean Puff.



YELLOW

Back Row, Left to Right: Manon Legare; Heather McNeil; Hilde Bonnema; Katherine Johnson; Becky Lea; Cpl Williams.
 Front Row: Marc Turcotte; Steven Watts; Toby MacDonald; Todd MacDonald; Danny Vermette; Curtis Harvey.
 Missing from photo: Steven Walker, Jody Steidel; Eric Haennig; Chris Deitz; Sebastien Pechberty; William Stuart; Tristan Hill; Jennifer Murphy; Eric Steidel; Scot Walker; Mark Lowther; Jason Lowther.



MAROON

Back Row Left to Right: Manon Legare; Darren Barclay; Jeff Murphy, Tim Murphy; Gary Eves; Yvonne Craig; Cpl Williams.
 Front Row: Jennifer Watts; Steven Kincaid; Nicole Briand; Denise Mutlow; Kimberly Johnson; Melanie Fletcher; Chantal Beaumont.
 Missing from photo: John Stuart; Alysia Sharp; Kerry Shields; Mark Hart; Steven Mutlow; Jeff MacLennan.



ORANGE

Back Row Left to Right: Manon Legare; Kim McLellan; André Vermette; Cpl Williams.
 Front Row: Curtis O'Reilly; Shane Lebouthillier; Becky Lea; Jennifer Murphy; Josee Turcotte.
 Missing from photo: Michael Hamilton, Amy Turner; Billy Stuart; Sebastien Pechberty; Sean Sutherland; Tracy Shields; Glenda Bacon; David Puff; Steven Walker.



BLUE

Back Row Left to Right: Manon Legare; Jeffrey Murphy; Patrick O'Reilly, Shaelynn Hicks; Cpl Williams.
 Front Row: Gary Eves; Paul Colford; Sheri Hicks; Chantal Beaumont; Michelle Sweeney.
 Missing from photo: Mark Hart; Ian Fall; Angela Williams; Joe Campbell; Laurie MacLennan.

KITCHEN KORNER

HINTS on Cookie Making

- When making a "chip" recipe, double all ingredients except the "chips". Your cookies will be just as good and you'll have twice as many.

- If you'd like "chewy" cookies instead of crunchy, watch your cookies closely in the oven and when the outside edge is a golden brown ring - remove them from the oven. Once out, the cookie will "fall" and the result will be a golden, flat chewy cookie.

- If like me, you only have two cookie sheets, you can speed up your cookie making process with the aid of tin (or as my brother who works for Alcan is constantly reminding me) --- "ALUMINUM" foil.

Before beginning baking your cookies, cut four pieces of aluminum foil and shape them to our cookie sheet. Put two pieces aside and one in each of the pans. Now proceed as usual, putting your cookie dough on the foil in the pan and bake. While the one batch is baking, prepare the other batch. Once the cookies in the oven are done, remove pan and "switch" foil sheets. Remove baked cookies from foil and put more dough.

By using this switching method, you'll cut your working time by one third and when you are all done - you simply put your clean cookie sheets away, and you can save your foil sheets for the next time.

Barbara Vermette

CREAM CHEESE COOKIES

Linda Abbott
 1/2 cup butter
 1/2 cup margarine
 1 cup white sugar
 1 tsp vanilla
 2 cups flour
 3 oz cream cheese
 Mix well. Roll into a roll wrap in wax paper. Freeze. Slice and bake at 350 for 10 minutes.

YO YO COOKIES

Barbara Vermette
 3/4 cup shortening
 1 3/4 cup Brown sugar
 1 tsp soda
 2 Tbsp warm water
 2 eggs beaten
 2 cups flour
 1 tsp vanilla
 1/2 tsp salt

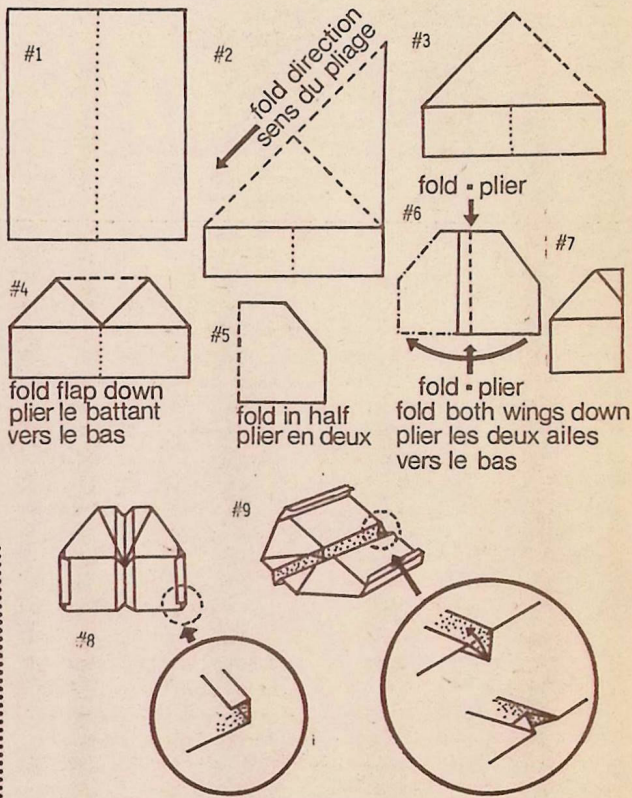
Cream shortening and add sugar. Dissolve soda in water and add to beaten eggs. Add flour and vanilla and salt. Drop by small spoonfuls - well apart. Bake at 375 for 8 - 10 minutes. Cool and put together with jam.

HAVE YOU HUGGED
YOUR PARENTS TODAY?



KIDS K O R N E R

PAPER AIRPLANE



COMPOSITE HIGH SCHOOL REUNION

Westcliffe Composite High School, Marengo, Saskatchewan is planning a Reunion in 1982. The committee is presently trying to contact all former students and would appreciate if addresses could be forwarded as soon as possible to: Mrs. Joanne Murray Canadian Forces Station Alsask, Alsask, Saskatchewan SOL 0A0.

GREEN
 Back Row Left to Right: Manon Legare; Jeffrey Murphy; Patrick O'Reilly; Cpl Williams.
 Front Row: Paul Colford; Kerri Norris; Michelle Sweeney.
 Missing from photo: Ian Fall; Justin Mercier.
 PHOTOS BY: WO WILNECHENKO

Bushell Park BROWNIE PACK

BROWNIES & GUIDES

Brownies and Guides began their regular meetings in Sept., the guides are under the capable leadership of Mrs. Cathy Norris and Mrs. Kris Brown. The 23rd Brownie Pack is under Mrs. Dianne Fountain, Mrs. Maureen Murphy, Mrs. Judy Rowland and Mrs. Rosemarie Weins. The 19th Pack is under Miss Marlene Mould, Mrs. Ruth Lea, Mrs. Paige Chaisson and Mrs. Marie Berthieue.

The girls and leaders attended a music training on Friday Oct 3rd where they learned many new songs and dances. Plans are now being made for the November Bazaar and Tea to be held at St John's Anglican Church Hall, Moose Jaw.

For any information on either Guides or Brownies please call Karen Briand at 692-8252.

YOUTH GROUP

A number of young people met at the Protestant Chapel on Thursday, Oct 15 to form a teen Youth group. The age range from 13-19. The group will meet every Thursday night at the Chapel Annex from 7 - 9 pm.

To all teens - come out and see what we are! Join us! You just might enjoy yourself.

LADIES

Do you have a husband who habitually forgets your wedding anniversary, birthday, etc?

We Can Help!
 A month in advance send us the information we'd need to jog his memory.
 Eg: Bob - Karen's birthday is Nov. 16th!



CANEX 13TH BIRTHDAY

Photos by Kristin Horstead

Pictured here is Darth Vader and a few future pilots looking at one of our antiquated aircraft. Darth was surprised that they were capable of flight. He made an offer of some old fighters and x-wing fighters if the Canadian Forces would join him in his fight against the Force. Unfortunately, a flight of students or instructors took off just as he made the offer, causing Darth to change his mind before a firm commitment could be made.



The Staff at the Base Exchange would like to thank all Canex patrons for their support of our 13th Birthday Sale. A special thank you goes out to LCol Titterton, the Acting Base Commander, and his wife for coming to cut the cake and staying to serve it to a hoard of hungry children. As well, we send a special thanks to Darth Vader who took time from his studies for an important met. exam so that he could learn to fly against the Force in bad weather.

Send a celebration! Our FTD

Birthday Party Bouquet

\$20.00
 \$25.00
 \$30.00

Call or visit us to send this fun bouquet to someone you know.

It'll whistle, root, stick out its tongue and say a very special "Happy Birthday!"

MOFFAT FLORAL
 "The Florist Shop With A Flair"
 632 Main Street North
 Moose Jaw, Saskatchewan
 693-3688

Helping you say it right.



THEY'RE "REGULAR" ATHLETES

(REGINA)—If the new regular forces personnel posted to assist Saskatchewan militiamen do nothing else, they can still give them a good run for their money.

Fitness training and keen sports participation are hallmarks of the seven regulars who recently joined various militia units in the province as advisers.

Senior among the new personnel is Maj. Brent Mc Donald, 38, of the Princess Patricia's Canadian Light Infantry, Calgary, who now is serving as senior regular force adviser to Saskatchewan Militia District. Mc Donald played hockey for the University of Calgary Dinosaurs and in the Western Intercollegiate Hockey League. He is still a hockey enthusiast and is involved in minor hockey at his Medicine Hat home.

Capt Fred Rosadiuk, 45, senior adviser at militia district headquarters for logistics and administration, is a skiing and hunting aficionado. A native of Sexsmith, Alta., Rosadiuk started his military career with the RCAF. Most recently he has been involved in studies leading to the Canadian forces' swing to propane-fueled vehicles.

Capt David Arnott, now serving as regular support staff officer with the Regina Rifle Regiment, is an ardent hockey player. Warrant Officer R.H. McPhail

who also is with the Regina Rifles after service in Wainwright, Egypt and Germany, places swimming at the top of his favorite sports.

Three other senior non-commissioned officers assisting Saskatchewan's militia list golf as prime interests, although Sgt Don Smith, serving with 16 Service Battalion's Saskatoon detachment, calls himself a "fanatic duffer." The others in his league are Sgt Len Ettenhoffer, serving with the North Saskatchewan Regiment, Master Warrant Officer J.M.R. Piccini, who is now with the 64 Battery of the 10th Field Regiment in Yorkton.

The other new regular force staffers include Sgt G.G. Alexander, serving with the North Saskatchewan Regiment's company in Prince Albert, and Sgt Joe Jerome, a former Prince Albert resident, now serving with the 16 Medical Company in Regina.

Two new arrivals with the Saskatchewan Dragoons in Moose Jaw are Capt Kevin Hill, a regular support staff officer just posted from Calgary, and Capt Neil Hill, a Regina Militia officer who has served with the Regina Rifles and district headquarters.

The new regular forces personnel join 16 others serving with Saskatchewan militia units and district headquarters.

RED CROSS WATER SAFETY INSTRUCTORS (WSI1) Course.

CFB Moose Jaw is hosting a WSI1 Course at the Base Pool on Nov 13, 14 and 15. The course is about 25 hours long (10 hours pool and 15 classroom). The successful candidate will upon completion, be qualified to instruct the first four levels of the New Water Safety Program up to the Maroon (Survival) level.

The pre-requisites for the course are age 16 with Leaders or age 19 with Bronze Medallion. The cost of the course is \$20 plus: \$6.00 for the Instructors Guide and Reference; \$3.00 for the Supplement; and \$2.50 for the First Aid booklet. Interested applicants are asked to send \$20.00 along with their name, address, date of Leader or Bronze qualification to 2571 Broad Street, Regina S4P 3B4 or phone 352-4601. A Pre Course questionnaire will be sent out in response to your application.

Successful candidates could go on to take the WSI2 Course at Christmas in Swift Current or at Easter at the Moose Jaw Natatorium. For further info contact Cpl Williams at the Rec Center, 'oca' 470.



VP 415 REUNION SEP 82

415 Sqn is planning a Reunion in Greenwood and is trying to locate all former Sqn members.

Ex-Swordfish not previously contacted are asked to notify:

415 Sqn Reunion Committee, Greenwood N.S. BOP 1ND.

CURLING SEASON STARTS



Photo by Kristin Horstead

The curling season has started at the Bushell Park Country Club. With the many entries we have this year from both the women and men it looks like it will be a very successful year.

The Early Bird Bonspiel was a success and the winners for each event were:

"A" Event:
GREG MONTGERY
GEORGE FRECHETTE
JEFF MONTGERY
SANDY FORSYTH

Runner-Up:
DOUG BULLOCK
BRUCE WEBB
JOE LEDUC
ALEX CAMERON

3rd Place:
FONGER RINK
4th Place:
KOCK RINK

"B" Event:
WAYNE MAIER
CLARENCE RUNZER
KELLY MAIER
ADOLTH NEUMANN

2nd Place:
SPIKOR RINK

3rd Place:
ROY RINK

4th Place:
MONTGERY RINK

"C" Event:
JOHN ZWARYCH
MURRAY JOHNSTONE
KEN STUSHNOFF
MORV SOPOR

2nd Place:
MCKINNON RINK

3rd Place:
STAPLES RINK

4th Place:
BUSSE RINK

Consolation:
NEIL MCBAIN
ROGER ANHOLT
BARCLAY WHITE
BOB DERBYSHIRE

Runner-Up:
STREET RINK

We wish to thank all the people who helped to make the opening Bonspiel the success it was. A special thanks to Steve Whynott for all the extra work he did to organize this event. At this time I would also like to thank all of our sponsors for their generous donations.

ARMY NAVY AND AIR FORCE VETERANS

Moose Jaw Unit No. 252
112 First Ave. N.E.
Moose Jaw, Sask.

Welcome to the

ENSIGN LOUNGE SATURDAY CANTEN DANCES

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W.T. Ward

Secretary-Treasurer

and Manager:

O.M. Grasley

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5 NOV 81, 1-4 P.M.

SALE TIMES:
5 NOV 81, 7-9 P.M.
AND 7 NOV 81 @
10 A.M. - 3 P.M.

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Moose Jaw Inn

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THERE IS NO SUBSTITUTE FOR A GOOD SKY HOOK

I suppose there are lots of answers to that question. However, if 5 of them are linemen from 731 Communication Squadron in CFB Shilo and the other 5 are from CFB Moose Jaw's Base Rescue Flight, what they can do in 15 minutes is to erect a 60 foot free standing tower topped with 15 feet of Antenna.

The problem was this. The 60 foot tower had to be erected on a concrete base located about 10 feet from two walls of the TRACS IFRCC. The small crane was too short to be of any use and the big 50 ton crane, which would have reached, threatened to sink out of sight as soon as it left the road.

We needed a hook 100 feet in the air, held steady enough to line up 9 bolt holes in the mast and base with 1/16 inch tolerance. Base Rescue Flight had the hook and the expertise to put it where it was required and hold it there while the bolts were inserted and tightened.

Major Cuthill, the Base Rescue Flight Commander, responded instantly to Base Telecom's request for assistance. His answer, "Is right now soon enough?", is one you don't hear too often. Sgt R. Kidlark was on the site within 10 minutes of the time Base Rescue was approached, studying the problem and planning for the lift.

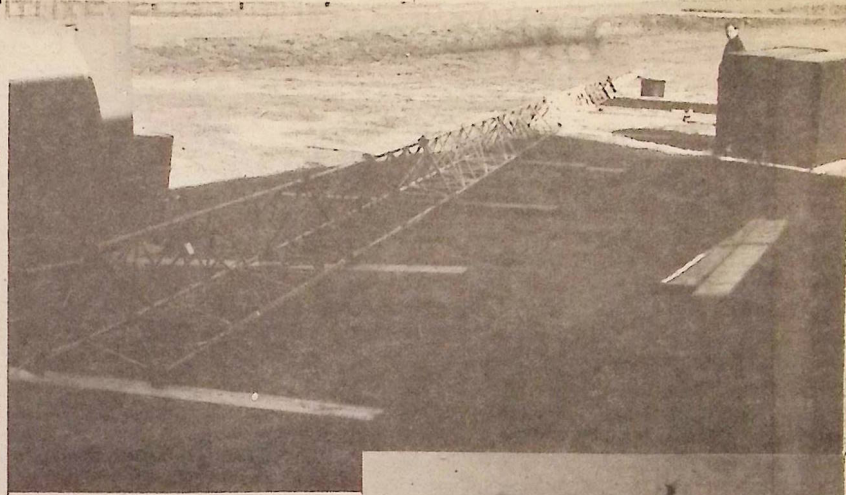
Base Rescue Flight's CH-118 Bell Iroquois helicopter, piloted by Capt J. Vermette arrived 1 1/2 hours later after slings and guy ropes had been attached and all involved personnel had been carefully briefed on the sequence of activities that would take place.

Then, with Lt D. Shyiak of Base Rescue directing the operation, ably assisted by Sgt Kidlark in the helicopter and MCpl C. MacDaniel at the base of the mast, the helicopter lifted off, the sling was hooked up and the mast raised. It was without a doubt the smoothest operation of its kind this Base is ever likely to see. The total time from lift off to sling release was 15 minutes, and less than two minutes later, two

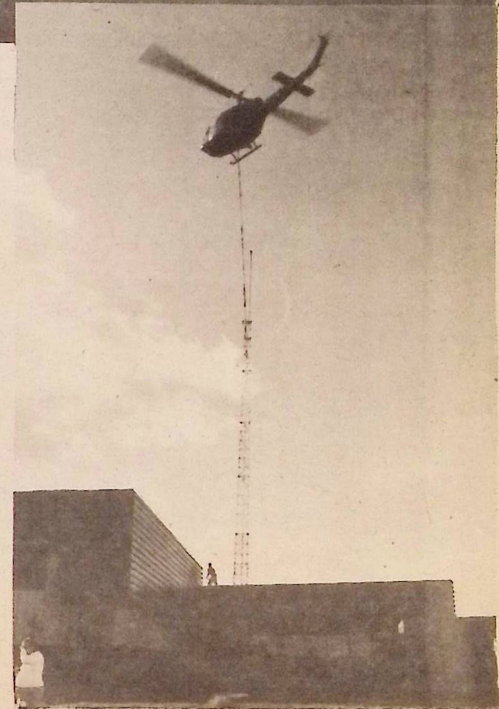
linemen were high up the mast disconnecting the slings and guys.

This tower will provide emergency communications on both UHF and VHF in the event of a catastrophic system failure of the TRACS Communication and Control Sub-system. The fibre-glass enclosed antenna system contains five separate antennas, 2 VHF and 3 UHF, and will be fed from transceivers in the IFRCC. It will satisfy one of the requirements for flight safety in the TRACS era.

Base Telecom salutes Base Rescue Flight. Many Thanks for a job well done... and we may call on you again if the clearance light at the 75 foot level ever burns out.



The 75 ft Challenge



Base Rescues Solution



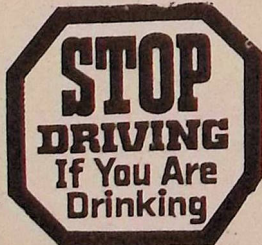
731 COMM SQN LINE CREW

Left to Right Back row: Sig K.G. Jones, Cpl S.A. Hopkins
Front Row: MCpl C.L. McDaniel, MCpl J.R. Petrie, Sig K.B. Murphy.



BASE RESCUE FLIGHT

Left to right: Lt D.S. Shyiak, Capt J.A.W. Vermette, Sgt R.M. E. Kidlark.



WOs & SGTs MESS

NOVEMBER ENTERTAINMENT

Thursday, November 5
Guy Fawkes Day
No Gunpowder Allowed

Friday, November 6
TGIF - Bonspiel 1300 hours
First Canadian Parliament
Opened

Saturday, November 7
BINGO - Jackpot \$250. - 52
numbers
Battle of Tippecanoe

Sunday, November 9
WIVES CLUB

Wednesday, November 11
REMEMBERANCE DAY - Sunday
Routine
Mess Open to Legion 1200-
1500

Thursday, November 12
SHOPPERS SPECIAL

Friday, November 13
MESS DINNER

Saturday, November 14
Mixed Games - Lower Lounge
Wedding Reception - Prairie
Lounge
General Sherman Burns, Atlanta

Friday, November 20
TGIF
Sir Wilfred Laurier's Birth-
day

Saturday, November 21
Wine and cheese 1900 hrs
Grey Cup Dance 2100 hrs
Music by "Maple Street
Junction"

Sunday, November 22
Pancake Breakfast
Mini Grey Cup
Grey Cup Game

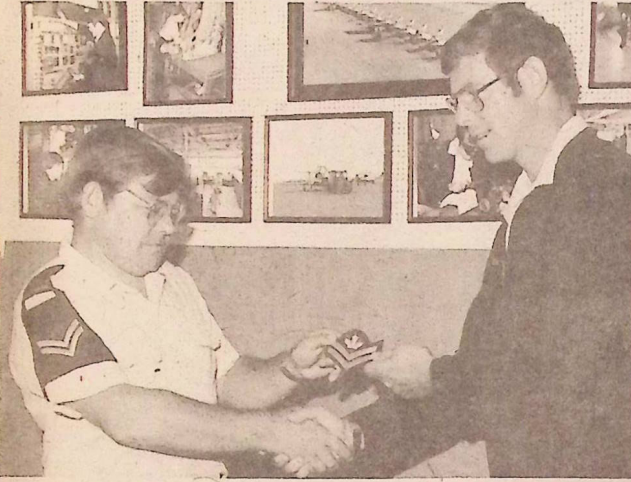
Thursday, November 26
SHOPPERS SPECIAL
First U.S. Thanksgiving Day

Friday, November 27
TGIF - Games

FOOTNOTES

1. Family BBQ's are officially finished but steaks will continue to be available at the bar.
 2. We wish to thank all for their support.
 3. For planning purposes, Christmas Bingo will be held 5 December.
- SEE YOU AT THE MESS!

PROMOTIONS



MCpl White MW is shown being congratulated by Major Dempster on his appointment to MCpl.



Cpl (W) Vaillancourt MSC is shown receiving her Cpl promotion from Major Dempster.



Cpl Vaillancourt JJM is being congratulated by Major Dempster on receiving his Cpl hooks.

IN MEMORIAM

Sgt Arthur (Art) E. Crabbe of MQ 255 Bushell Park, Sask., passed away suddenly as a result of a single vehicle accident on 17 October 1981. The son of Phillip and Jean Crabbe, he was born at Neepawa, Manitoba, in September 1941. After completion of his formal education he enrolled in the Royal Canadian Navy (regular) on 31 January 1962 and completed his basic training as an Ordinary Seaman at HMCS Cornwallis. He served on various ships including HMCS ST Croix, Bonaventure and Nipigon prior to being posted to Canadian Forces Base Winnipeg as a vehicle technician in October 1970. In November 1973, Sgt Crabbe was posted to 4 Service Battalion, Lehr, Germany where he served until his posting to Canadian Forces Base Moose Jaw in July 1977. He was promoted to the rank of Sergeant in October 1980 and served in the Base Maintenance (Land) Section as NCO i/c Heavy Equipment. In the local community Sgt Crabbe participated in hockey, baseball, curling and golf.

Predeceased by his brother, Thomas, in 1969, his wife, Gladys, in 1977, his mother, Jean, in February of this year, and his daughter, Michele, in early September of this year, he is survived by his daughter, Therasa, his father Phillip of Neepawa, Manitoba; eight brothers and their families: Edgar of Neepawa, Robert of Moose Jaw, William of Calgary, Kenneth of Toronto, Darwin of McGregor Manitoba, Raymond of Calgary, Donald of Calgary and Gary of Neepawa. Also surviving are two sisters and their families: Lorraine of Neepawa and Linda of Winnipeg. A Memorial Service was held at the CFB Moose Jaw Protestant Chapel on Tuesday, October 20th, with Padre E.P.A. Timmons officiating. Cremation is to follow. Memorials may be made to the Saskatchewan Heart Foundation, P.O. Box 521, Moose Jaw, Sask., S6H 4P2.



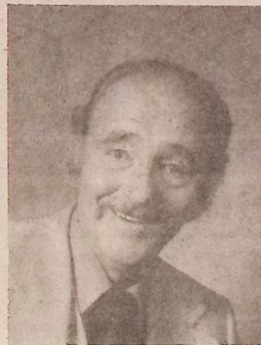
Officers Wives Club

The turnout for our October Arts and Crafts Night was very successful. There were a wide variety of crafts on display in 13 booths. Thank you to all those who donated their time and crafts. The refreshments of International desserts was a huge success as testified by the empty platters.

November's meeting will be held on the 18th at 7:45 pm in the Main Lounge. A Fur Fashion show with Furs by Fur Town is on the agenda. See you there.



Photo by Kristin Horstead



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OLDSMOBILE CADILLAC**
is pleased to
announce the appointment of
SAM DUFFY
to the sales staff

Sam served 26 years in the RCAF and Canadian Forces, the last 6 years at CFB Moose Jaw. After retiring from the services, Sam owned and operated Sam's Lunch in Moose Jaw.

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mazda

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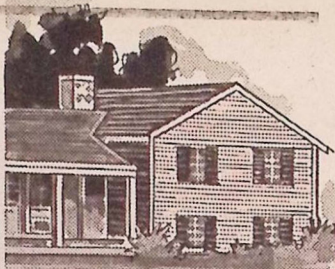
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Vic Taylor 693-1576 Ed Purtil 693-6926
 George Mintenko 693-1626 Mike Yurchak 692-1337

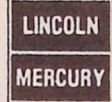


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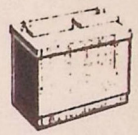
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Henderson Insurance Limited

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Expert Service For All Your Insurance Needs

INSURANCE MARKETS ACROSS CANADA

DATSUN TRUCKS, VERSATILE, MOBILE & HOT STYLE



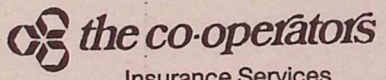
EXAMPLE:
 210 2-dr. Priced as low as \$6,630.00

Moose Jaw

DATSUN COUNTRY LTD.
 DATSUN SALES & SERVICE
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USED CARS — 693-3211
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THERE'S MORE FUTURE IN A DATSUN & THE FUTURE LOOKS GOOD.



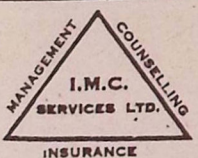
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1. Single column width (approx. 2" wide), \$2.50 per column (vertical) inch i.e. 2 inches wide by 4 inches long — \$10.00
2. Double column width (approx. 4" wide), \$5.00 per column (vertical) inch i.e. 4 inches wide by 4 inches long — \$20.00
3. 1/4 page (or approx. 5 1/2" wide by 7 1/2" long) — \$45.00
4. 1/2 page (or approx. 11" wide by 7 1/2" long) — \$90.00
5. Full page (or approx. 11" wide by 15" long) — \$160.00
6. Colour \$65.00 extra per page



BASE THEATRE

WHERE ALL SHOWS ARE A DOUBLE BILL - 2 SHOWS FOR LESS

Sat - Sun) Nov 7 - 8)	THE GREAT MUPPET CAPER THE INCREDIBLE SHRINKING WOMAN	The Muppets Lily Tomlin Ned Beatty	Adult
Sat - Sun) Nov 14-15)	STRIPES HOLY MOSES	Bill Murray Warren Oates Dudley Moore Richard Pryor	Restricted Adult
Sat - Sun) Nov 21-22)	FOR YOUR EYES ONLY DOGS OF WAR	Roger Moore Lynn Holly Johnson Christopher Walker	Adult - Language and Violence Warning
Sat - Sun) Nov 28-19)	CLASH OF THE TITANS CAVEMAN	Sir Lawrence Olivier Ursula Andress Ringo Starr Barbara Bach	Adult - Violence Warning

SHOWTIMES 7:30 pm
ADMISSION PRICES Adult - \$3.00
Under 18 - \$2.00
Under 13 - \$1.00

Snack Bar
Goodies at
the Door - Popcorn,
Candies, Etc.

SPECIAL

7 Nov - Under 13 and accompanied by an adult get in free.
14 Nov - Girls Nite - All girls 18 and over get in free.
21 Nov - 2 for 1 Nite - All under 18 pay the under 13 Admission of \$1.00 each.
28 Nov - Bald Nite - Any person judged to be bald by the Bald Checker gets in free.

10 Minutes
Intermission
Between Shows

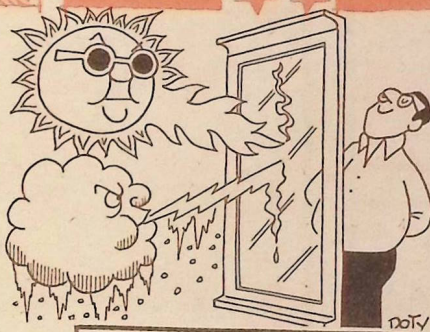
FILM CLASSIFICATIONS - Applies to Double Bill

GENERAL	Of interest to all ages.	RESTRICTED	No one under the age of 18
ADULT	Of no general interest to children. No age restriction.	ADULT	admitted unless accompanied by a parent or legal guardian.

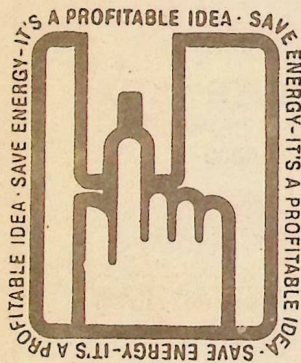
BOOST YOUR HOME'S ENERGY SAVINGS

With utility rates and fuel costs increasing from 10 to 15 percent annually, the homeowner who opts for improvements designed to conserve energy is wise indeed.

Although the cost of adding insulation, energy-efficient windows or a more efficient heating system may seem high initially, the investment should pay for itself in just a few years. And, as fuel costs rise, so will the savings.



ENERGY CONSERVATION is still the best safeguard against rising heating and cooling costs. And wood windows with factory-applied weatherstripping and double-pane insulating glass provide extra assistance in guarding against excessive heat loss and heat gain.



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AS OF 2 NOV 1981



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is pleased to announce that
BILL TREMBLAY
has rejoined the sales staff

Bill was formerly with Band City and has now returned after a 3 year absence. Bill would like to invite his previous customers and friends to come try the new GM cars and trucks.

**BAND CITY CHEVROLET
OLDSMOBILE CADILLAC LTD.**
1788 Main N.