



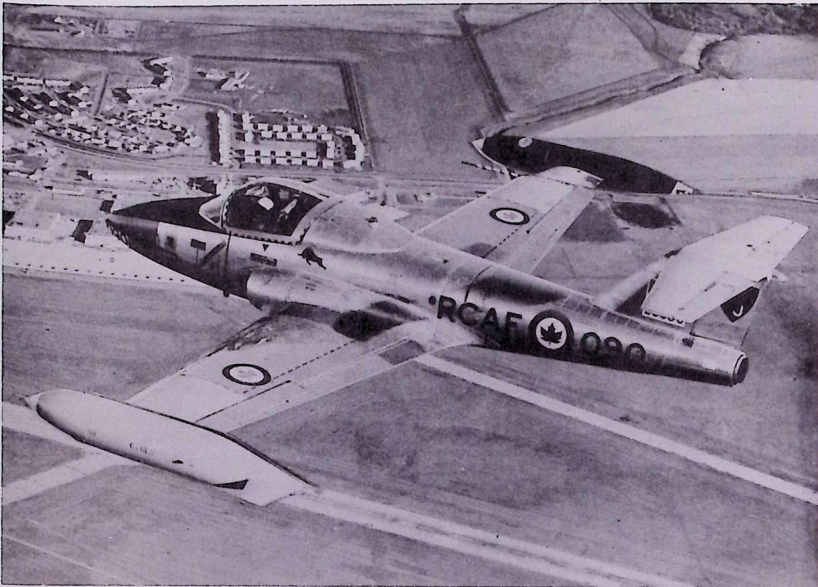
THE PLAINSMAN

Bushell Park, Sask.

VOL. 1 NO. 21

11 SEPTEMBER, 1969

C.F.B. MOOSE JAW



ANYBODY KNOWING THE WHEREABOUTS OF THE ABOVE AIRCRAFT (AND ABOUT 50 MORE LIKE IT) IS ASKED TO REPORT TO THE DEPARTMENT OF DEFENCE PRODUCTION OR COL. O.B. PHILP, BASE COMMANDER, CFB MOOSE JAW.

LONG TIME MOOSE JAW RESIDENT

YOUR KID'S NEW BOSS

CFB Moose Jaw has recently acquired a new dynamic school principal who believes in maximum parent-teacher co-operation. CFB Moose Jaw and the Plainsman welcomes Mr. Wayne Ralph to the fold. Mr. Ralph supports a lovely wife, Darlene, and two children Wendy (7) and Jodi (3).

Mr. Ralph is replacing Mr. P. Paulett who served as school principal of CFB Moose Jaw's DND School for the past 13 years. Mr. Ralph comes to us well qualified with eleven years of teaching experience prior to his present appointment. He held the position of principal of Ross School in Moose Jaw before attaining his Masters degree in Education last year. Born in Calvington, Saskatchewan, in 1937, Mr. Ralph has lived most of his life in the lively city of Moose Jaw.

Mr. Ralph's many extra-curricular activities consist of playing softball (Harwood team last year) and participating as well as refereeing in basketball (he is a qualified basketball official - IAABO).



Mr. Ralph is undertaking a large and difficult task as the Base School boasts support of 8 grades plus Kindergarten. Total enrolment in the school numbers 500-550 students with 20 teachers at the helm. Kindergarten and grades one to six are located in the main school in the PMQ area, while grades seven and eight are found atop the IFTTU building.

CFB Moose Jaw welcomes the following new teachers to the staff:

Miss L. Brown	Year One
Mrs. A. Sahaidak	Year Two
Mrs. P.L. Ofstie	Year Two
Mrs. Beesley	Year Three
Miss C. Redmond	Year One
Mrs. M. McGillivray	Year Two
Mrs. Kaminski	Year Three
Mr. D. Chobater	Year Three
Mr. L. Johnson	Grade 7
Miss J. Clavet	Grade 7
Mrs. G. Shentaler	Special Services

Also, CFB Moose Jaw welcomes back for another year:

Mrs. T. Enns	Year One
Mrs. A. Hodenfield	Year One and Two
Miss I. Scott	Year Three
Mrs. S. Towriss	Year One
Mrs. J. King	Year Two
Mr. J. Hadenfield	Grade 8
Mr. B. Olsen	Grade 8
Mrs. V. Humphreys	Kindergarten

Editors Note: - Mr. Ralph has assured the Plainsman that future articles explaining and clarifying the school system and grading will be forthcoming. Thank you.

YOUR PMO COUNCIL IN ACTION

In this issue we advise you where your financial contributions to the Bushell Park Council have been expended thru underwriting, sponsoring, purchasing, or direct donations to worthwhile projects and organizations. During the first eight months of this year your Council has:

- financially sponsored Teen Town participation in Mardi Gras;
 - financially assisted the Figure Skating Review;
 - purchased a shuffleboard for Teen Town;
 - purchased chairs for Teen Town;
 - donated to the CFB Eagle hockey team;
 - financially assisted the Little League Baseball program, including purchasing of uniforms, dugout material, involving the sum of \$1100.00;
 - financially assisted the Minor Hockey Banquet;
 - financed the cultivation, plowing, maintenance of watering facilities
 - purchased ball equipment and subsidized a wind-up party for 90 girls;
 - purchased insurance to cover all boys and girls who participated in organized ball and any liabilities resulting from injuries on the playgrounds, swings, wading pool, etc.
 - drawn up a new Teen Town Constitution;
 - provided financial assistance of \$500.00 to the Base Sports and Recreation General Account for the purpose of operating the children's wading pool for the summer months;
 - underwrote the Base Wives Club re figure skating professional fees;
 - purchased a retirement gift for the retiring Principal of Bushell Park School; and
 - purchased ball equipment for the House League.
- Further, our proposed agenda for the Fall season covers:
- repair of playground equipment;
 - sponsoring the Base Minor Hockey Program - \$1100.00;
 - a PMQ election on 30 Sep 69;
 - underwriting costs of the Base Cub and Scout movement;
 - purchase of a record player for Teen Town; and
 - supporting, financially, a complete overall winter budget.

Now the problem of sponsoring Community projects is not necessarily caused by a lack of funds or budgeting, although being able to budget six months ahead of known expenditures is most desirable, but by a lack of support and participation on the part of many Moms and Dads. This was most noticeable during the Little League Ball which folded early due to lack of support and help, and it continues to rear its ugly head in many other areas. We are a small town and as such must participate and cooperate as a unit and use all of the resources at hand if we wish to be a Community.

With this in mind, there will be a general election on 30 Sep 69, and please vote for the individuals who you feel have the qualifications and willingness to do a good job.

Come to think of it, this should apply to everyone eligible for election.

- | | |
|--|--|
| <p>A...is your Attitude
Make sure it's right
so you can Avoid
A bad Accident plight
With your Actions and Attitudes
Safe all the way
Your family and you
Rate a lifetime "A"</p> | <p>B...is for Backing
A car, bus, or truck,
A good driver knows
It takes look and not luck,
And "B" means good Brakes
Which will help you survive.
There's more honey in life
With "B's" in your hive.</p> |
|--|--|

CAPT CLARK KENT NEW T-33 O.T.S. CHIEF



CAPT RALPH METZLER

A new T-33 detachment at CFB Chatham will be under the direction of Capt Ralph Metzler.

The detachment, part of 410 Operation Training Squadron, commenced operations at Chatham on September 2nd. The unit, consisting of 4 instructors, 10 students and a total of 16 T-33 aircraft, will be housed in facilities vacated by the Sabre Transition Unit which was phased out last November.

410 OTS is responsible for the training of crews for the three CF 101 Squadrons located at Comox BC, Bagotville PQ and Chatham NB. The training performed by 410 OTS is divided into two phases, the first phase flown in T-33 aircraft and the second phase on CF 101 aircraft. With the movement of the detachment, the T-33 flying phase will now be carried out at Chatham but the CF 101 portion will continue to be flown from CFB Bagotville.

Advanced Squadron will miss Ralph Metzler, as "D" flight commander he was an inspiration for all who worked with him. He, and his lovely wife, Jan, were also great hosts for egg-in-the-hole, the Dragons will miss that too. Best of luck to you both.

- C...is THE Careful and Courteous letter. It helps you and others. Live longer and better, And be sure you "C"
All the children nearby;
"C" the Car's, Curves, and Cross-roads,
And surely "C" why.

- D...is a letter
That helps you keep thriving
The smart Driver knows
This means Defensive Driving.
With D.D. we'll let
Doc Experience Dose us,
So we won't be shunned
Cause of Accidentosis.

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THE EVENING REIGN Sept. 15 - Sept. 27

HUNTER SAFETY

WITH BOB THOMPSON



HUNTING WITH COMMON SENSE

It's that time of year, when you'll be digging out your trusty musket, for it's hunting season again. Is that firearm of yours really trusty? Was the last time you really gave it a good cleaning? Is it in perfect mechanical condition? Is it sighted-in properly?

And how is your memory? Can you remember the ten basic rules of firearm safety? Ask yourself these questions and at the same time ask yourself "Can I avoid a firearm accident?". To some, these questions might sound foolish but last year here in Saskatchewan we had 78 firearm accidents, 14 of which resulted in deaths. Hunting accidents can be avoided by the use of the Ten Commandments of Firearm Safety and the use of your own common sense.

Statistics over the past nine years indicate that most of the accidents were caused by carelessness, ignorance or both. Here are a few ways accidents occurred:

1. The victim moved into the line of fire.
2. Victim covered by the shooter swinging on game.
3. The victim was out of the sight of the shooter.
4. The victim was mistaken for game.
5. The shooter fell or stumbled.
6. The trigger caught on a brush or some other object.
7. Removing weapons to or from a vehicle.
8. Riding in a vehicle with a loaded weapon.
9. Loading and unloading firearms.
10. The firearms were defective.

There are many more reasons why these accidents occur but the majority of them can be avoided by the use of the following rules:

THE TEN COMMANDMENTS OF FIREARM SAFETY

1. Treat every gun as if it were loaded.
2. Always control the muzzle of your weapon.
3. Be sure of your target and beyond.
4. Never shoot at a flat hard surface or water.
5. Never point a gun at anything you do not want to shoot.
6. Never climb a tree or fence or jump a ditch with a loaded gun.
7. Store guns and ammunition separately and out of the reach of children. Keep them locked up.
8. Be sure the barrel of your firearm is clear of all obstructions.
9. Unload guns when not in use.
10. Avoid alcoholic beverages, guns and booze do not mix. Avoid them before and during your hunt.

With these points in mind we can avoid accidents. In over 60% of the 1968 accidents the shooter injured someone else. In 35% of the accidents the shooter fired intentionally and a human victim was struck. This year let's cut the accident rate down to zero by applying these rules, and using your own common sense.

HUNTING TIPS FOR HUNTING TRIPS

1. Know your hunting area.
2. Have the proper equipment for the time of year, for the area you are going to hunt, and the game you are going to hunt. Some hunters have died from exposure because they were not prepared for a sudden blizzard.
3. Know the range and your game. Do not shoot out of range. Try and be sure of a clean kill.
4. Know the vital spots when shooting big game.
5. Take it easy. You will see more and get more.
6. Do not be a road hunter. The sport comes from getting out and stalking and flushing the game.
7. A well trained dog is an asset to the bird hunter, not only in locating game but in finding a dead or crippled bird.
8. Do not give up easily when trying to find downed game or tracking a wounded animal. Each hunter has the responsibility of seeing that wounded game is not left to die.
9. Sight in your rifle before the hunt and be thoroughly familiar with it.
10. A happy hunter is a comfortable hunter. Proper footwear is an absolute must.

Question: True or False:

It is legal to use a .22 calibre weapon to hunt deer.

Answer: False - For hunting big game in Saskatchewan your rifle must be LARGER than .23 of an inch calibre.

For the duration of hunting season this column will be a regular feature in The Plainsman. Our goal is not to improve your hunting techniques but to make you aware of the safety that is needed when you are out in the field handling a firearm.

The Plainsman

Published every second Thursday with the kind permission of Col. O.B. Philp, D.F.C., C.D., Base Commander, CFB Moose Jaw.

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The Editor

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Letters to the Editor

DEAR EDITOR:

While taking a walk through PMQ gardens on Labour Day, I couldn't help but envy the many bobbing bodies as they reaped the results of this summer's labour. Hail, wind and rain took its toll, but after steering a course through row upon row of maturing vegetables, I began thinking that nature had not let us down after all. Looking at the garden's monetary value is enough in itself, but listening to the comments from a proud society of green thumbs indicates the PMQ garden should be near the top in worthwhile leisure activities.

Burt Nesbitt

YOU Bet Your Life

There is an element of risk in almost everything we do. And, we must continually weigh the advantages or necessity of any act against the chances of an accident or injury if we go ahead. If we intend to cross a street, for example, we check the traffic and judge its speed before deciding whether to go or wait. We all make as certain as possible that the odds are in our favour. The same consideration should govern our driving. Here are the odds of surviving an accident in specific speed ranges:

Speed	Odds of Survival
1 - 10 mph	1,373 - 1
10 - 20 mph	963 - 1
20 - 30 mph	316 - 1
30 - 40 mph	97 - 1
40 - 50 mph	88 - 1
50 - 60 mph	31 - 1
60 - 70 mph	7 - 1
over 70	1 - 1

Now apply these odds to the practical case of a 300-mile trip on a spring weekend. At a comfortable speed of 55 mph, the trip will take about 5½ hours, and the chances of being fatally injured if in an accident are 1 in 31.

At 65 mph the trip is no longer as comfortable - or as safe - since control of your car is not as good. The trip should take about 4½ hours - a saving of 1 hour. But, the odds of being killed in the event of an accident are now 1 in 7 - more than four times as great! And, with a tense driver and less control, the chances of getting into an accident are much greater.

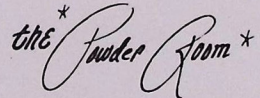
At the speed-demon's rate of 75 mph, the trip time is cut to 4 hours... and the chances of being killed are now 1 in 1. The risk of being killed if in an accident has increased 31 times for the sake of saving an hour and a half! Furthermore, the chance of having an accident has skyrocketed.

Before you start out - figure the odds. Is your life and that of your family worth the risk? The facts prove beyond a doubt that last year 50,000 US motorists thought that accidents only happen to the other guy. That's proof enough - don't add your own evidence to the statistics.

Reprint from 'The Safety Herald'.

E...Your Emotions!
If kept well in check,
You can drive without being
Or causing a wreck.
With more mental ease
You'll go safely and far,
Controlling Emotions
As well as your car.

F...Means you follow
The car just ahead
With space to stop safely
If he should stop dead.
And 'F' Flashes warnings
(It's no hocus-pocus).
You'll see them if lights,
Eyes and thoughts are in Focus.



By LOIS

Now that School is back in session and many of you have taken your last wee one by the hand to school, how do you feel? Do you feel relieved and glad of some spare time? How are you going to use it? Possible activities are too numerous to elaborate on but I hope that your thoughts will turn to things that bring personal enjoyment and satisfaction (that makes you a happier person) and things that contribute to the community (that makes the world a better place to live in).

It seems that although people have additional time to spare they spend more and more of it on themselves and less and less on community interests - that's why we have youth organizations floundering about because of lack of guidance. We've all heard the familiar "I think it's a good thing, but I'm just too busy to help". That's the reason the parent-teacher association have gone by the board in many communities. If you can count yourself in the few that answer the following questions with a "not me" then you are doing far more for your family and your community than many of us.

- How many of us have complained about the education system and the educators that guide our offspring through almost one-half of their waking day—and then not taken time to meet their teachers?
- How many of us have complained about the lack of activities for our families and then refused to chaperone a teenage dance?
- How many of us have complained that the church is losing its impact on our lives and then slept in on Sunday morning or stirred ourselves for a golf game?

This community spirit bit sounds great, you say, but "who's perfect". I guess I'd be the first to admit that no one is - but I hope that many women will be able to arrange their busy family schedule to fit in a bit of time to help someone else.

On the other side of the coin, heaven help the home where parents are overly-involved and have no time to make their own home a family unit. The willing horse bears the load so a person has to

know when to say no. We, as parents and adults, can, through our activities and interests, be of great benefit to our families and in fact do much to educate our children over and above the academic learning so hope we'll all find time this year to be a contributor. All this talk of home and families makes me think of the happiest room in our home, the kitchen and that, of course, brings me to...

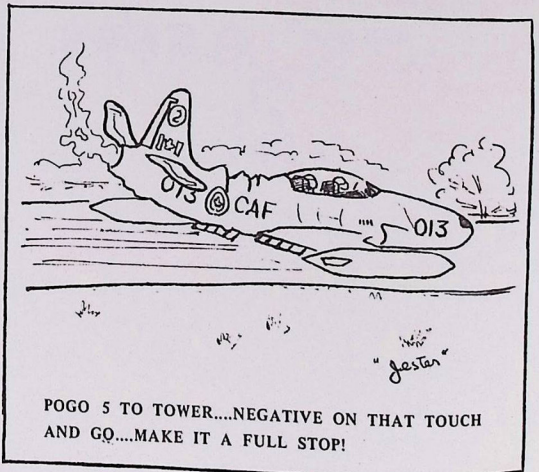
GOURMET FARE

I'm sure I'll always remember the sweet, spicy aroma of freshly baked cinnamon buns as they came from my Mom's oven. This recipe is the best one I've tried.

SWEET STICKY BUNS

- 4 T butter or marg
- ½ c brown sugar
- 2 c milk scalded
- 1½ tsp salt
- ¼ c sugar
- 1 cake yeast or equiv
- ¼ c lukewarm water
- 6 c flour, sift twice (Important)
- 4 T butter or marg (soft)
- 1½ c brown sugar
- 2 tsp ground cinnamon
- 1 heaping cup seedless raisins

Method: Cream together 4 T butter and brown sugar until creamy. Spread bottom and sides of oven-proof skillet. Cool milk, add yeast dissolved in water, salt, and sugar. Blend. Gradually add flour, beating after each addition. You will have a soft dough so grease hands well and knead batter till smooth and elastic. Place in greased bowl and cover with a dry towel. Set over hot water until batter triples in size. Roll on board into oblong shape keeping sides straight as possible to ¼" thickness. Spread 4 T soft butter over dough, sprinkle brown sugar and cinnamon mixed together. Sprinkle raisins over dough. Roll up jelly-roll fashion, and seal edge. Cut into 2" pieces with a sharp knife. Put pieces cut side up in skillet. Let stand covered until double. Bake 425 degrees until light brown - 20 - 25 minutes. Remove from pan and turn upside down immediately on platter (approx 16 buns).



**SPORTS
SCENE**



with "WOODY"
Recreation/Sports
News & Views

Hi there.....
Tremendous holiday..lovely weather...good swimming...good fishing and believe it or not...I didn't miss the sound of jet planes. Anyone looking for an ideal camp area would be well advised to check out Madge Lake in Duck Mountain Park (N-E of Yorkton). The clearest water I have found for swimming and in general a very fine holiday area. Also, for a beach similar to Wasaga Beach near CFB Borden (no kidding) take a drive up to Yorkton, continue north for thirty miles and you will find Good Spirit Park..Try it next summer, you'll be pleasantly surprised.

My thanks to Ian Ford for filling in on this page during my absence. Are you preparing for the November fitness tests???

Now that the season for shotguns and rifles is upon us, lets make sure that YOU make sure...Cpl. Bob Thompson will be running articles on Hunter Safety...Read and Heed... Would you believe 23 Golfers???

The Early Bird Bonspiel is coming up very shortly so watch for a story on it in the next issue.

I would assume that most have read the article on the Winter Recreation Program published by our Recreation Council Chairman. What are you planning on doing this long winter ahead???

Looks like the Riders vs the Riders again in '69...Any takers?

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Where Did All The Golfers Go



The weather was perfect, the course was reserved, the prizes were bought, the banquet was ordered and about the only ingredient to make the Golf Wind Up a swinging success was, of all things, GOLFERS.

Out of a membership of slightly over 100, a total of 23 golfers braved the elements and took part... Was it the high cost of the entry fee? Was it lack of publicity? We can't find the answer, maybe you can.

Surely, \$5.00 for two rounds of golf, a prize for everyone, a dinner, and most of all, the fun of it, can't be judged expensive.. you spend more than that between 5 and 8 of Friday night. It can't be lack of publicity, every member (with the exception of a few) was contacted by phone and a flyer was mailed out to them. Oh well, at least the 23 golfers had an enjoyable two days and at the get-together after on Saturday evening, everyone had seconds from a delicious Hip'O Beef (some even had fourths, Bill)...

The results of the Wind Up are shown below. The Club Champion is a repeat from last year but the remainder of trophy winners are a new breed. Rip says wait until '70...

Low Gross

- Arnie Slade
- Bill Fraser
- George Seal
- Ivan Wallace
- Dwight Vaughn

Low Net

- Rip Riopelle
- Robi Robichaud
- George Murphy
- Ken Andrews
- Rene Schwirtz

CLUB CHAMPION

- 1st Flight
- 2nd Flight
- 3rd Flight
- 4th Flight

Honest Golfer: John Publicover
Hidden Hole: Frank Hammond

The remaining golfers all took home a small prize and we look forward to next years competitions...hopefully with a larger turnout...now for the curling season.

BASE WILDLIFE ASSOCIATION

Have you any sports in mind for this winter? Did you ever think of joining one of the base rifle clubs? Here at Bushell Park we have a men's rifle club, a ladies' rifle club, and a junior rifle club and along with these clubs we have a very fine pistol club which operates out of the Moose Jaw City Police Station on Saturdays. This year we have in mind a mixed rifle club for you husband and wife teams, but this can only happen if we get enough interested parties.

Ladies don't hesitate on coming out simply because you do not know how to shoot as we will teach you all that is required and if you wish we will also include a Hunter Safety Course.

When you join one of our clubs you become a member of the CIL Shooting Sports Program in which you may win up to as many as eight awards. There are also service

shoots that you may enter as well as club shoots.

One thing for you hunters is that target shooting can improve your shooting eye for the hunting season.

Another service which we give, is the Hunter Safety course to the teenage dependants on the base. These courses are conducted by qualified provincial instructors at no cost to the students. Along with this we also have a junior rifle club, open to both boys and girls. As of yet we have not set an age limit but this is expected to be set before the first of October.

All adults interested in joining one of these field clubs are urged to attend a meeting on the 1st of October at 7:00 p.m. in the GIS building conference room. Turn out and enjoy the sport of target shooting.

**CELEBRATING
OUR 50th ANNIVERSARY**

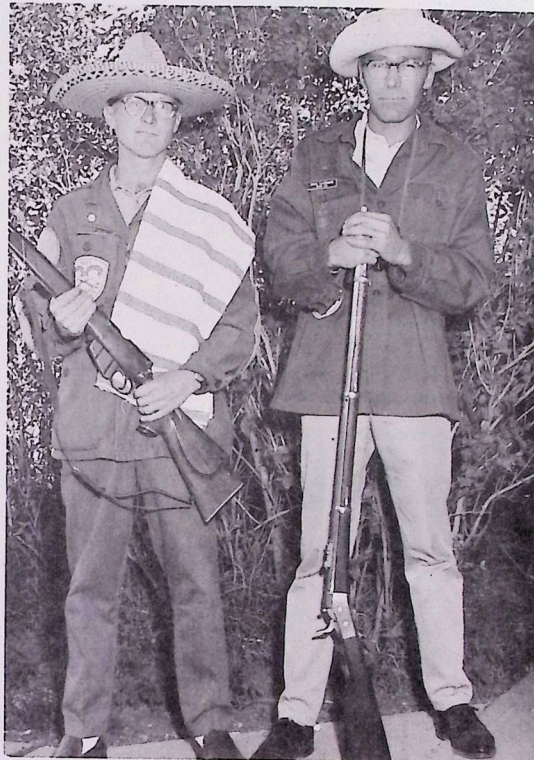
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MJ MARKSMEN MAKE IT



"Members of the Canadian Armed Forces must be prepared to serve anywhere in the world" ALLARD.

Two members of the Base Rod and Gun Club were presented with the highest award in Recreational shooting at a recent muster parade. Cpls. Bob Thompson and Phil Lakeman were presented with the Distinguished Marksman awards and these awards are not easily come by.

A shooter must attain a minimum of 97% on ten targets, using a service rifle and service target. To even get to this level requires hours upon hours of practice shooting and both shooters are to be congratulated for their perseverance and determination in attaining these awards.... Whats next fellows??



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CORPORALS COMMENTS

by BIG'B

During the course of events over the past 24 months many alterations or changes have taken place in the Jr NCO club. Some of these changes have been on a grand scale, such as the renovations in the upper lounge, while others, such as the wall dividing the billiard room from the rest of the lower lounge, have been on a much smaller scale. Many times, it has been the changes of a minor nature that have had more far greater effect on the membership of the club. Such is the case with the present program which has seen a modification to the air conditioning system.

It is a well known fact amongst the members of the club who participate in functions on a regular basis that we have the coolest (or coldest) pool players at Bushell Park. This is due to the fact that the air conditioning unit is situated in the far end of the games room but also expected to circulate throughout the rest of the lounge. Prior to the construction of the wall separating the games room, this was no easy matter and now since the wall has been in place, it is virtually an impossibility. Obviously something had to be done and hopefully in time for the summer months.

Something has been done, but unfortunately not in time to relieve the summer suffering. The alterations have taken shape in the form of duct work leading from the cooler to be dispersed in the centre of the lounge area. Installation of the duct work was carried out by Al Elder, a long term member who has contributed a great deal towards the club both materially and morally throughout the years. The main air duct is suspended from the ceiling and travels out beyond the games room before channelling off in two directions to distribute fresh air to the long suffering patrons. This winter should see quite a difference in air circulation especially in the area where the men's and ladies' dart leagues congregate.

While it is quite obvious that the solution of the circulating air problem lay with the installation of duct work, it would have been folly, according to PMC Dave Wilkie, to assume that the operation could be successful without first giving the air conditioning unit itself a complete overhaul. For this job the club called upon the base's number one refrigeration man, Cpl Gerry Webber. Both Gerry and Al put in many hours either alone or working together to bring the job to completion and it is for this, that the now cooler members of the club, and warmer members in the pool room say 'Thank you'.

Readers of the Plainsman will recall a photo which appeared on the sport page of the last issue, showing four golfers out for a day on the links. They say that a picture is worth a thousand words and in most cases I would have to agree, but believe me when I say that this is the big exception to the rule. For one thing, the photo does not in any way indicate the temperature on the golf course, which is the key to the whole issue.

Our editor, who is normally a man of sound judgement, and of whom I have a lot of respect, as I am of the opinion that he is doing an excellent job on this newspaper, this particular day decided in his own wisdom (I assume) that we should have photo coverage of the base golf tourney. So the intrepid staff photographer, an obedient servant at all times, made tracks immediately to a downtown local golf course. The normal thing to do on an assignment like this is to track down a foursome quickly, take a couple of photos without interrupting the concentration of the game, and then it is assignment over.

On this particular day the temperature on said local course was about 130 degrees in the sun and unfortunately the photographer had to navigate over a fair distance of the course before he came upon a particular foursome which he thought would capture the imagination of the readers. The four in mention were Cpls Bill Jones, Rip Riopelle and our own Bob Woodard, with the fourth member of the group being Capt Robbie Robichaud. He was there, we suspect, so that certain people wouldn't say that the golf tournament was Corporal orientated (how about that, Mr. Editor!). The photographer by this time was nearing a state of total exhaustion both from the distance travelled and the fantastic heat. Revival

was partially brought about with some water (*Editor's Note: Water?*) obtained from the telfers who were drinking frequently to prevent their bodies from dehydrating.

It was impossible for the exhausted cameraman at this moment to take his pictures as the lay of the land did not allow for it, so he decided to stroll along with the intrepid four and find out what this game is really all about. What this game is really all about is how fast you can lose a little white ball and then smooth talk your partners into helping you find it. A few years ago Andy Griffith of TV fame came out with a record telling a story of a complete novice watching his first football game, describing how all these fellows were chasing another fellow through a cow pasture while he had melon tucked under his arm. This golf game played on a hot summer's day closely resembled his description.

Picture, if you will, four balls going off the tee in four different directions. One member of the foursome gave up a couple of strokes when his first ball went clean out of sight into a bush (the only one on the course). A few minutes later, Robichaud is scurrying up and down a large hill looking for his ball while Jones is on another hill looking for the same ball, quite insistent that he knows where the ball really is and that Robichaud is really suffering from sun stroke which has affected his sight. Needless to say, another two strokes went down the drain. Our sports editor in the meantime (a half hour) has located his ball lying in a creek bed which appeared to have dried up not too long after Noah left the ark. He is arguing with Riopelle on how the ball should be played seeing as it is in a water hazard (the only water on the whole course was in the bottles being carried by our foursome).

SAFETY SYSTEMS SNEAKY SNOOPER

In the absence of the Quiet Man, our regular contributor, I've been prevailed upon by Big Willy (ouch! I'll do it, don't hit me again!) to take pen in hand and contribute.

Had a quiet, well-behaved, farewell party for Sgt Decorby at one of the local watering spots. Bonne Chance Henri, or Good Luck Hank, at your new bilingual base. Seems I can still hear the cry of the bacchanals, "How do you do? My name is Sue" and "Innkeeper, two more goatskins of wine".

A new face on the local scene: WO Alec Wall has just arrived from Lahr, sporting a continental tan, to take over the reigns of office. Hope you enjoy your stay in Moose Jaw, sir. Guess when you're born in a place like Plum Coulee, Manitoba, the prairies get in your blood.

The rest of the staff maintain the usual

the usual, quiet, behind the scenes job of keeping them flying. The regular group are usually found attending the meetings of the Thursday Evening Marching & Chowder Society. If you haven't been going, don't go. They need it have someone to talk about.

If you want to know anything about quarterhorses, drop by the parachute room where Whitey Weightman holds informal discussions on the raising, care and feeding of these animals. He could probably use some advice on how to look after his pregnant mare.

That's all for this edition. More news next time from your S.S.S.S.

It took another 10 minutes to resolve this situation and meanwhile the sun is getting hotter so in desperation Robert belted the ball out of the mud and wound up quite close to the pin (was he surprised?). By this time everybody is near exhaustion and Riopelle is overheard to say, "If it takes this long to play each hole, we'll still be hard at it come midnight". A sure sign that patience is wearing thin. By this time all four were putting erratically, Jones was snarling at the photographer and Woodard was just beginning to let loose with some of his famous sarcasm (could it be because the camera man was talking while Woody was trying to sink his putt?)

In any case, our intrepid lensman decided that now was the time to head for the sanctity of the club house where the temperature was only 98 degrees . . . only to discover later that he missed seeing Rip wrap his red white and blue umbrella around a tree. They say that golf is a great game but wouldn't a tour in Vietnam during the monsoon season be easier on the nerves?

While still on the subject of sports and as a final wrap-up, there appeared recently in two issues of Sports Illustrated an interesting autobiography by Ken Harrelson of the Cleveland Indians. It was refreshing to read about somebody who has a more king-sized ego than our Sports Editor.

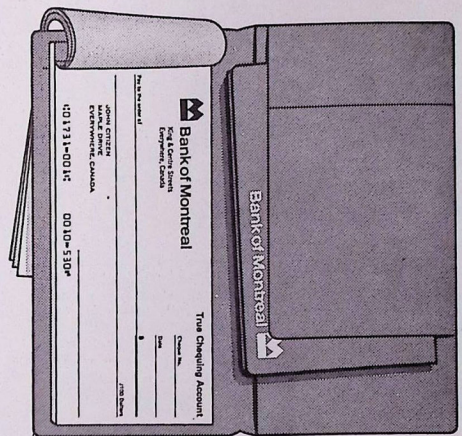
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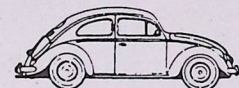
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People We Meet



"It's been both a famine and a feast."

And in the seven years since Postmaster Ed Harris has been associated with the Bushell Park mail drop he has seen the establishment rise considerably. "When I first came here in '62 there was just myself and another girl who helped out four hours a day." "And now..." and he smiled proudly to himself as he thought of the past, "... we have four people on full strength."

The staff of four is fully justified as life in our post office can be fairly hectic. Reading back into the past once again and flashing the shy smile that has made him so popular with his many customers, Ed Harris recalled their smallest shipment of mail for a single day... 1 1/2 bags. He then told of the largest shipment which arrived during the peak period of Xmas 1967... 100 bags. And when you stop to consider that each bag contains on the average of 600 pieces of mail it is easy to come to the sound conclusion that somebody has a lot of sorting to do, regardless of the size of staff.

For the general information of those few people in the Park who don't know him that well, Ed is an RCAF veteran of 15 years service and prior to leaving the Force, was head of the Air Force Police at this unit. There is no earthly reason why a policeman should become a postmaster as no two trades could be farther apart, but the fact that the post office used to be in the guard house until 1958... may have a lot to do with it.

REYNO

CANADIAN NORAD BOSS

OTTAWA (CFP). Lieutenant-General Edwin M. Reyno, 52, Halifax, now vice chief of the defence staff, has been named Deputy Commander-in-Chief of the North American Air Defence Command (NORAD) with headquarters in Colorado Springs, Colorado. He will take up his appointment on September 15. General Reyno succeeds Lt-Gen Frederick R. Sharp whose appointment as Chief of the Defence Staff 15 September was announced recently.

Major-General Michael R. Dare, 52, Montreal, will succeed Gen. Reyno as vice chief of the Defence Staff and will be promoted to lieutenant general on taking up the appointment.

Gen Reyno, as NORAD Deputy Commander, will share with the Commander-in-Chief, General Seth J. McKee, the responsibility for operational control of all air defence command units and forces assigned to NORAD for the fulfillment of the US-Canadian air defence mission.

General Reyno is well qualified for his new appointment at NORAD and brings to the post experience gained through a wide variety of staff and command appointments.

During the Second World War he served overseas with 1 Fighter Squadron and took part in the Battle of Britain. Among senior appointments he has held since the war are Chief Instructor RCAF Staff College; Director Strategic Air Plans at air force headquarters Ottawa; Deputy Air Officer Commanding, Air Defence Command; and Chief of Staff, 4th Allied Tactical Air Force, a NATO command in Germany.

Don't drive like an irresistible force - you may meet an immovable object.

CORPORALETTES

For all of you ladies that are confused about the term Corporalettes, it is the official name of our club, the members of which are wives of Junior NCOs and Associate and Honorary members of the Corporals Club.

So if you fall under any one of those categories, you are more than welcome to join our club and be a participant. Meetings are held on the last Tuesday of every month. A short discussion of current club affairs is normally first on the agenda followed by entertainment and a luncheon.

We are not a fund raising organization. Membership is \$1.00 per year plus 25¢ per meeting. A door prize is drawn at each get-together.

The Officers and Committee for the 69/70 season have already been elected and are eager to greet new members, so feel free to come out, sit back and enjoy an evening of fun once a month with the Corporalettes. Pass the word around and let's have a booming season. The next meeting will be held Sept 30 at 8:00 o'clock in the Upper Lounge of the Corporals Club, see you there.

A corn boil was the highlight of our August meeting. A rousing sing song and a good feast of corn was enjoyed by all.

Editor's Note: The Plainsman actively encourages your participation in all base activities. Should you have any questions or would like to join the Corporalettes, please call:

Mrs. Jan Thomson
Secretary Corporalettes
692-9850

Don't let Miss Hap chase you She'd make a mean wife, She'd hurt and disgrace you Perhaps take your life.

IFTTU by Lou Jodoin
The DND Elementary School is once again in full swing at IFTTU. Its opening brings to fruition the summer-long wishes of ambitious teachers ever-willing to educate (though not forgetting those of our future generation ever-eager to learn!).

Courses on tap for this week are: Tutor Airframe 6905, T-33 Safety Systems 6903 and Aircraft Weight and Balance 6905.

Our history book today revealed that CFB Portage la Prairie has supplied us with 344 Technicians. All have successfully completed courses at IFTTU.

A-1

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VACUUM FOODS

Back to school, in many cases, means back to packing lunches for the small fry. One of the more popular and easy to use products for sandwiches is vacuum packaged meat.

Consumers' Association of Canada suggest that you make sure such products have been kept or displayed only in refrigerated bins and that you, as a purchaser, give them the storage-care indicated on the product label, namely, "keep refrigerated".

Do not leave your purchases in the back of the car on a warm day for any length of time. On your return home, promptly place your vacuum packaged meats in the refrigerator.

Cooked, ready-to-eat meat products, packaged in air-impermeable plastic pouches, are offered for sale in most retail food stores across Canada. Vacuum packaging of prepared meat has been used since 1955 and is a logical advance from the use of cellophane and simple plastic wrappings. Products packaged in this manner cannot be easily contaminated after sealing at the processor's and they remain fresh for a much longer time.

A new regulation under the Food and Drugs Act now requires that no person shall sell a meat, meat by-product or "preparation thereof", packed in a hermetically sealed container that has not been heat processed after sealing, unless it has been stored continuously under refrigeration; furthermore, the label must carry a statement that the product is perishable and must be kept refrigerated.

Just how is the process of vacuum packaging different? A product such as canned meat is heated, after sealing, to a specific temperature and this usually kills any contaminating bacteria. But the vacuum packaging process does not include heating after packaging. Thus, if food poisoning bacteria (that can grow and multiply without air) are present at the time of packaging, toxins (poisons) can be produced, if the product is kept at room temperature. However, if the vacuum packaged meat is kept refrigerated, this toxin will not form.

It is possible, for instance, to hold some vacuum packaged foods such as bologna, for several days at room temperature without apparent spoilage. Apparent is the key word here. The product will not have any off-odor, nor will it appear spoiled to the eye. Therefore the consumer will not know, until the onset of illness, whether, in fact, the product contained toxins.

The guarantee of safety rests with the handling and storage methods used by the food processor, the retailer and the consumer. Unfortunately, the chain of safety may be weak at some point. During transport from processor to retailer, refrigerated storage may be less than optimum.

In instances where retailers do not keep vacuum packaged meats under refrigeration, CAC suggest you bring this to the attention of the store manager or report the infraction to the nearest Food and Drug office.

6804 WINGS GRADUATION



Pictured, from left to right (back row): Capt. C. F. Martin of Middlefield, N.S., Lt. K. J. Mansfield of Hamilton, Ont., Lt. J. A. W. Y. Lemieux of Jonquiere, Que., Capt. N. G. Symonds, St Johns, Nfld. (Front row) Lt. L. Ostafiuk of Vauxhall, Alta., Capt. R. W. Worbets of Lamont, Alta., Capt. V. W. Barker of Oyen, Alta., Lt. W. M. Shields of Hammond, B.C.

Pictured above are the members of Course 6804 who will receive their wings Sept. 12, 1969. Col. O. B. Philp, Base Commander, C.F.B. Moose Jaw will make the presentation. Following graduation several course members will attend the survival training school in Edmonton, Alta. before proceeding to various postings.

Capt. V. Barker to CF-104's, Capt. B. Worbets to CF-101's, Lt. L. Ostafiuk to Sea Kings, and Lt. J. Lemieux to Trackers. The remainder will hold in Moose Jaw, awaiting further postings.

'Future Canadian Servicemen....

A Promising Career'

The British plan sees soldiers employed in disaster areas, construction and demolition work and as drivers in special (but unidentified) transport units. Unions have been assured that there will be no conflict with their members.

A news story out of London should have military thinkers in Canada burning the midnight oil trying to determine if a plan announced by the British Government is adaptable to the Canadian scene.

It's the "rent a soldier" idea announced by British defence minister Healy who is reported to be concerned about what to do with the many troops coming back to Britain following withdrawals from foreign areas, mainly the far east.

A spur to Canadian thinking could be the current defence and foreign affairs study that is considering among other alternatives, the suggestion that Canada pull out of NATO and NORAD.

The Canadian problem could be more difficult. Hardly without exception Canadian servicemen in NATO and NORAD are highly trained specialists whose training would hardly seem to fit into the employment patterns suggested for the "Tommies".

What must be found is a special "rent a soldier" plan for Canada.

SCREEN EPICS

Hollywood movies immediately come to mind. With a fairly cheap, already kitted and trained body of soldiers complete with arms just waiting to be called upon, movie makers who have been putting off ideas of grand epics on the "Longest Day" scale can dust off their scenarios, put the writers into action and start turning out real war movies.

They might even try doing something with the war of 1812-14, with the great grandchildren of the original cast! Somewhere among the nursing corps or the lady dieticians there must lurk a modern-day Laura Secord. The cow might be more difficult.

CHAUFFERS?

Jet jockeys present another problem. Can a CF-104 pilot used to zapping around Europe at 1,400 miles an hour find happiness at the wheel of a special transport? Not likely, but what about test pilots on the new turbo trains? or ski-doo drivers for the TV commercials?

The jobs must be temporary in nature of course. The serviceman might just have to get back to regular military duties in a hurry in the event of calculations of the proponents of military withdrawal prove to be wrong.

A quotable Quote - submitted by your 'friendly' Release Section - BOR/HQ.

On his first day of retirement an ex-corporal was asked, "How do you feel now that you're out?"

His reply - "Fine, just Great! When I joined the Air Force, I had \$19.00 in my pocket. Today I have \$18.00. Now, where else can you stay for over 20 years and only spend one dollar?"

THE BUZZARDS NEST

The past two weeks have been noteworthy in the "Buzzards" nest, since our senior course has completed the Basic Tutor Course and is proceeding on to Advanced Flying Training. Course 6807 graduated on the 28th of August. Three members are departing for 3FTS in Portage La Prairie for piston multi-engine training. The remainder of the course will remain in Moose Jaw and move one hangar over to the Advanced Squadron for T-33 training. At the graduation party, "B" Flight was presented with a framed copy of the poem "High Flight" on behalf of Course 6807. It was greatly appreciated, and will be placed conspicuously so that all may from time to time remember what flying is really all about.

Also of note, and coming close on the heels of any graduation, is a shiny new course to be introduced to the world of jet flying. Before their arrival cry of "Oh no - not again" are heard from many instructors and a few grizzled veterans can be seen sobbing quietly in a corner and murmuring "A pre-solo course, I can't take it....I can't take it."

The course in question, 6903 has already started down that long road and after the first familiarization trip statements like, "Hey, man, is that ever groovy," or "Fast....kinda fast." or "I swear, man, when he turns in the traffic pattern it must be at least 90 degrees of bank."

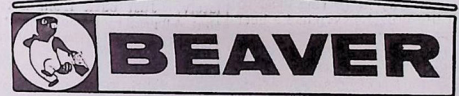
In the meantime the instructor has sneaked off to check his How to Fly Book, "Let me see now, elevators control movement around the later-axis, and rudder controls...rudder - what's rudder?"

At their welcoming party, 6903 presented an hilarious skit which foretells well of their course spirit, and their worthiness as fledgling Buzzards.

by Wayne D. Ralph



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ROVING THRU' SERVICING

5 HGR

As the stores put out their fall and winter catalogues we look forward apprehensively to the first signs of winters wrath. Most of us in five have had previous tastes of winter here, but flatland winds will rosy a few new faces this season.

Pte. Jim Anderson and Pte. Greg Wright have traded places—Greg going to seven hangar and Jim coming to five. This is not new to Jim however, who has spent one stint in five previously.

Pte. John Parsons has come down to us from six hangar while Ptes. Kevin Buell, Garry Freisen and Francis Heidmiller are recent newcomers from Borden. Welcome.

Another new face in the hangar, although no stranger to the station, is M/Cpl. "Gus" Zerr who has come here from three hangar to supervise those of our numbers on OJT. This position was once held by Sgt. Al Wiersemer who has since left for Trenton. Gus was heard saying: "If I don't know it: I'll look it up, and if I can't find it: It doesn't exist." Thats Gus.

Like the Trojan said as he saw his mother-in-law approach "Beware of sleeps bearing grips". Thats it being five.

NO. 1 CREW 3 HGR

First thing this week I would like to welcome Pte Proudlove on our shift. Welcoming him to our crew was one of our senior corporals handing him a fuel nozzle for one month or so. Talking about senior corporals, I would greatly appreciate it if a certain individual would cease borrowing my mule to do his business in 6 and 7 Hgr . . . Cpl Lawrence will be missed by all of us while in Ottawa. Have a good trip, Ray.

Guess 'Rocky' is getting used to married life now, he even had a beer the other night with the rest of the boys.

Talking about booze: now that Arnold 'H' Harris is back, Ray Lawrence had to phone his wife to tell her he'd be late for supper the other night because they were having a Christmas party rehearsal . . . on Sept. 2?

Well, that's the news from the 'Carl Benjamin' boys for this issue. See you in two weeks.

3 HGR

Niel MacCallum arrived back from his vacation in the Shuswap area of British Columbia 2 days late and \$200.00 poorer. His volkswagon came back with four brand new pistons. Seems the old volks finally got tired of carrying around a wife, 3 kids, 1 dog, 1 camping trailer and about a ton of gear. Anybody want to buy a dog?

Three Hangar welcomes with open arms Brian Herde. Brian comes to us from Camp Borden. He was broken in early; on his second day of work he was handed a can of polish and some cheese-cloth. If you look at the T-33 bearing the number 627, you can see his handiwork.

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Aircraft Repair Monitor

Lt Dave Acton was heartily welcomed to the Avionics organization when a progressive function was held in his honour at the A.N.A. Vets Club on Thursday 21 Aug. Cpl Bill Morgan presided over entertainment, and introduced a new game of skill to the clan.

We, in Maintenance, will miss the presence of Sgt 'Hank' Decorbey who is posted to St Hubert PQ.

Cpl Brian McManus is the new face in the Electrical section. Brian was posted here from the area of beauty and splendour - Baden Soellingen. Informed sources report that Sgt Sam McIlwaine (retired) has purchased a small ranch in Chilliwack, BC, consisting of no less than one-half acre! The property encloses two fish ponds and a chicken house - could Sam be starting a chicken and fish stand?!

WO Ray Lund is glad that September is once again upon us, and that all of his men are back from leave, prepared to toil throughout the winter. Also, WO Wilson is back on holidays in No.7 Hangar after labouring diligently in Nelson, BC.

Question of the week: When will Cpl Moe Morrison spend his 'fun in the sun' vacation?

Supply Ramblings

Hello again from Supply. My apologies to Cpls Rick Bertland and Pete Oke for failing to mention, in the previous issue of the Plainsman, their joining us to work in sub stores at HMCS Unicorn, Saskatoon.

Recent arrivals to CFB Moose Jaw are Cpl Bill Nicholson from CFB Comox and Cpl R. Perrin from 7 CFSO Lancaster Park (Edmonton).

Rejoining us after his 'holiday' at CFB Shilo is Cpl Ken Ganshirt. The Stamped City, Calgary, seems to be quite an attraction lately. Just back from a trip to that Alberta metropolis is Pte Mel Cartman. From what we hear Cpl Bob MacPherson is enjoying part of his leave in the 'cowtown'.

Returning from a holiday trip even further afield is Cpl Jack Shotton who made the 'grand tour' to the west coast.

Janet Russell has left us after an all too brief stay in stock control. Best of luck in your future plans, Jan.

We're still looking for challenges to take on our dynamic soccer team. Any takers?

See you all again in two weeks.

Cpl D.W. Eamon

SAFEST FLIGHT IN THE WEST

The coveted 2FTS Flight Safety Award was donated by F/L K.B. McMillan who served as Flight Safety Officer from November, 1961 to August, 1963.

The plaque was to be awarded monthly to the Flight maintaining the highest standard of Flight Safety. 'B' Flight has managed to retain this Award since August, 1967 (25 successive months).

The Shield is proudly displayed on the wall of 'B' Flight Instructor's room, and serves as a reminder to all to continue to maintain an impeccable standard of Flight Safety.

BIG "L" NOTES

On Friday 22 Aug MWO Dave Arnott and Pte Bob Russell met with members of our maintenance crew to bid their farewells before moving on to their new bases. In highly polished speeches, Dave extended an invitation for everyone to visit him at his new base, Kingston, while Bob, a true Nova Scotian, wished for sound assurance that his supply of dulse would not be interrupted during his stay at Holberg. Good Luck, gentlemen.

Most of us spend our holidays visiting something or someone. After many weeks buried deep in historical literature, Sgt John Fielding has tried to acquire enough background to go one step further, that is to go prospecting on the gold rush trail. The trail of the roaring nineties carries an exciting sound, and, who knows we may all receive a handful of nuggets on his return. I'll have my hand out, John.

Bushell Park school attendance report: Help! They're all here. by Burt Nesbitt



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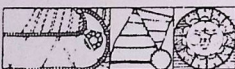
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FIRE 333

We, the fire hall staff, want to get on the band wagon so that each month you will have an idea of what is going on at the Hall - new personnel that are posted in, and of course, the "OLDIES" that are transferred. Also, there will be a fire prevention insert (or poem) to keep us fully aware of the hazards around us and the preventive action to take. (We are open 24 hours a day and it would be better if you came to see us about any problems that you might have concerning fire prevention than having us come visit you with the Fire Pumper).

Cpl Bob Norquay has been released from the Canadian Armed Forces to attend UBC. Lots of luck Bob! With an 83 average there should be no problem(s) at all. TOS we have Cpl Peagan from CFB Chatham. Also due in this month is Pte Murphy from across the pond.

I hope they participate in sports because 'that season' is just about upon us with ever so much to do. I hear through the grapevine there will be a broomball league organized this year. The fire hall staff will accept a challenge from any section on the base because the old Pro's and the learner types are raring to go.

This poem was made up in approximately 30 minutes by a member of the fire hall staff:

A FIRE

*I went to a fire in a PMQ
Wee hours of the morn, we but few,
I dawned the mask with one thing
in mind
To save only lives that are left
behind.
The smoke was thick, it was hard
to see
A little boy was crying, he depended
on me
I said, "Take my hand, I'll lead
you out
Do not be scared, have no doubt
Your life is in my hands my little
dear
Because I've been trained have no
fear"
It wasn't long and we were outside
The parents were happy, their boy
was alive.
The Fire Fighter is trained in more
ways than one
And he was very glad to have saved
your son.
So come to the fire hall if you are
in need
Of Fire prevention literature, we'll
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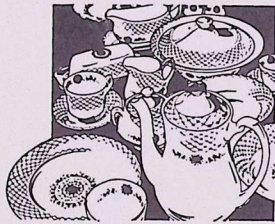
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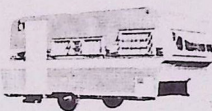
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