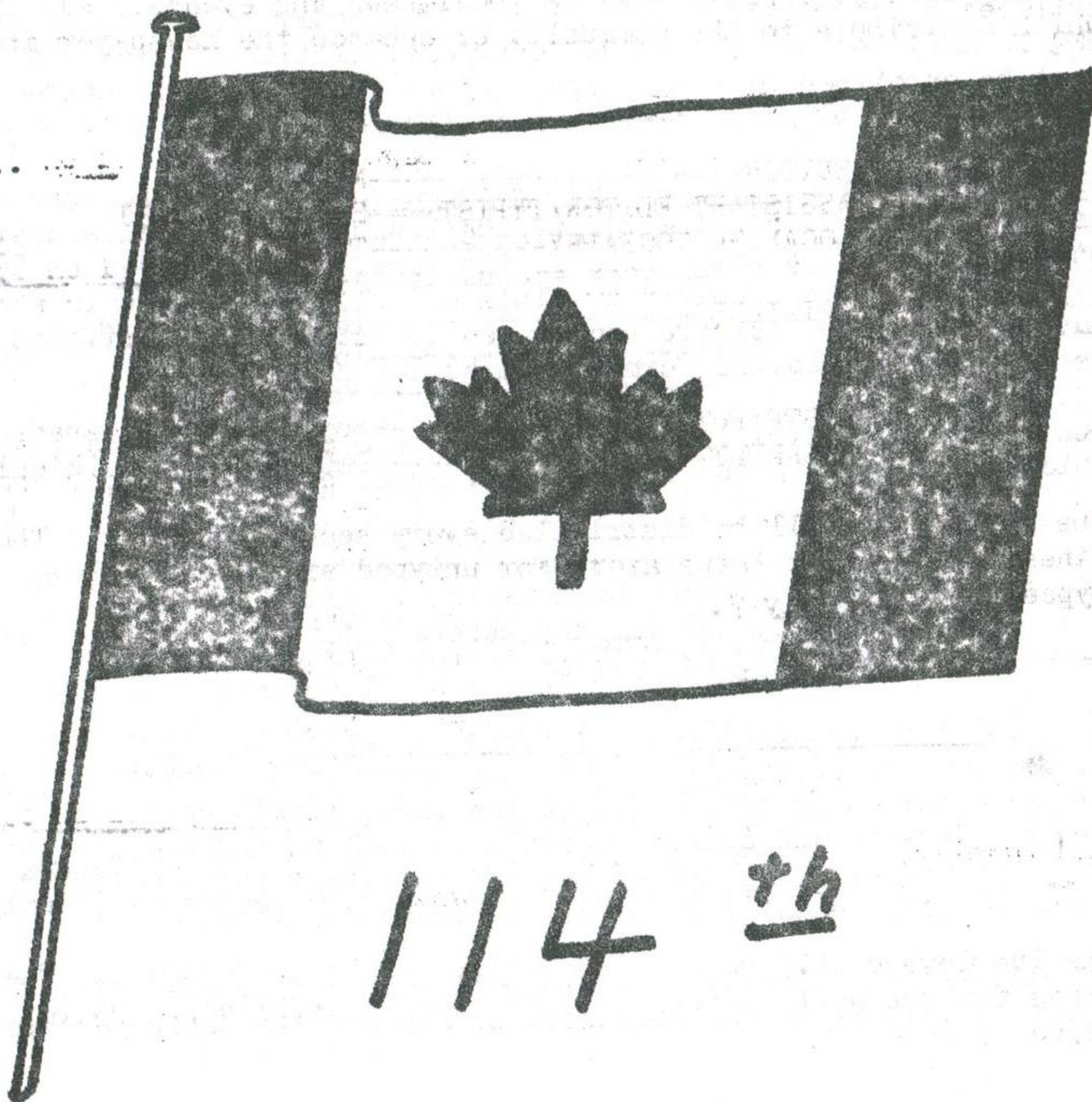


CFS ALSASK

# Cumblweed

SATURDAY

27 JUNE, 1981



114<sup>th</sup>

# CANADA DAY

THE TUMBLEWEED

CFS ALSASK

The Tumbleweed is an unofficial military publication and is printed with the kind permission of the Station Commander, LCol L.E. Novakowski. It is published locally every second Thursday.

The opinions expressed are those of the contributors and do not necessarily reflect those of the Editor, the Canadian Armed Forces, or DND. The Editor reserves the right to reject any editorial or advertising material, and to edit any such material at his/her discretion. Items will not be accepted for publication unless signed by the contributor and received by NOON on the deadline day. The deadline for articles which require typing is on the Monday before publication at PMQ 18 mail box or Station Headquarters. Articles which are typed must be submitted by the Tuesday before publication to Headquarters (attention Tumbleweed Editor) or to PMQ 18 mail box.

All articles from sections and branches should be typed when submitted as the Tumbleweed has limited typing resources. Articles must have a one inch margin on both sides of the page, single spaced on 8 1/2 x 11" paper. Service and community clubs as well as individuals who do not have typing resources are encouraged to submit their articles in a neat, clearly readable form by the Monday deadline.

The emphasis is clearly towards local news and events. All articles which contribute to the community or enhance the newspaper are welcome.

- EDITOR-----Mike Newell
- ASSISTANT EDITOR/TYPIST----Shirley Newell
- LOCAL PHOTOGRAPHY-----Ted Jones
- Jim Lowe
- PRINTERS-----Laurie Ringland
- John Rix
- Ken Brandner
- DISTRIBUTION-----Boy Scouts of Canada
- ASSEMBLY-----DMCC Personnel (Midnight shift)

The Tumbleweed will be distributed every second Saturday. The deadlines for the next issue are: For untyped articles, July 6, typed articles July 7.

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### A MESSAGE FROM THE MASTER GOPHER

by LCol L.E. Novakowski

The tenth of July fast approaches making this my last article before leaving for North Bay. The past three years have gone by so quickly. I find it hard to believe that it's time to say goodbye and move on.

I've enjoyed very much being Commanding Officer of CFS Alsask. The job has been challenging and interesting, and I leave with a good deal of pride and satisfaction. The support I've received from unit personnel throughout my tour has been excellent. I shall never forget the dedication and professionalism of radar site personnel. It was a privilege being a part of it. Both Zoria and I extend a sincere thanks and best wishes to all of you who work on the station and your families.

To the people of Alsask and surrounding communities, we'd also like to say thankyou and goodbye. Your friendship has made us feel at home. Your acceptance and support of the station and its people are well known. We'll miss you and we look forward to seeing you again sometime.

I invite everyone to the handover parade which will be held at 1:30 p.m. 10 July. Zoria and I will be leaving right after the parade, but I hope everyone will stay on for the welcoming reception which will be held after the parade for Maj Wayne Sled, the new CO. Please extend to him and his wife the support and friendship Zoria and I have so much enjoyed.

4.



We have a new Editor and Assistant Editor. Starting with this issue, Glenn and Audrey Naldrett will co-edit the next two issues. Glenn is the new CADO and this will keep the organization in one building, which often proves helpful. I am glad to see that the paper will carry on and I wish Glenn and Audrey much success and fun with the Tumbleweed.

Give them your support and contribute to the paper as you have done for Shirley and I in the past. We have enjoyed working on the paper very much and have been gratified to see the response grow. We have always encouraged local news and good humoured local happenings. Everyone should feel free to drop a one, two or twenty line blurb in the Tumbleweed, its your paper.

I would like to take this opportunity to thank you all for your support but particularly the staff of the paper. We had a very enjoyable windup BBQ which later blended in with the combined mess windup. (The group works well and plays even better). The staff has been extremely cooperative and DMCC graveyard shift personnel have resolved a longstanding problem by assembling our paper for us. Everyones effort has made this job easier and more enjoyable and has left us with a good feeling about Alsask.



DON'T SHOOT THE EDITOR -- TAKE HIM ALIVE



Hi there!  
Would you like to feed the Gophers?  
.....I Knew you would!!.....Dig right in.

Hey man! Whats happening out there  
in wonder wonder land? Let me tell you  
the SOR is still has crazy as ever.

Here is the joke of the week. What  
goes Ha...ha....ha....ha.....ha.....plop?  
(answer) A man laughing his head off!

We the SOR staff would like to con-  
gratulate Hilbert Kovitch on his 3rd  
place finish in the Regional 40 passen-  
ger bus competition. We would also like  
to wish him lots of luck in the National  
40 passenger bus driving competition.  
LOTS OF LUCK HILBERT!!

Murtz got another hole in her head.

The Headquarters' Teddy Bear picnic had a shakey start. Even  
though the location was changed due to muddy roads, the little and big  
bears found their way to the camp grounds. Everybody had a real good  
time. There were a few mishaps, like, John Rix decided he didn't  
like the bat and when he swung, he threw it in the infield. Kregg  
Brandner looked the soft ball right between the eyes. Muriel got  
beamed in the head by dead eye "disenchanted Mike." Little Robbie  
Ringland decided to catch the football with his face. There was  
plenty to eat and everyone got a turn at softball. The chief cook  
and bottle collector was Dan the Man Finn. The cooking was excellent  
Dan! Because everyone seemed to enjoy themselves a Teddy Bear Picnic II  
is being planned for the end of August. We will give you more infor-  
mation on this later on.

All of us crazies in the SOR would like to wish you all a  
very happy and safe summer.

A thought to leave you with. It is better to remain silent  
and thought a fool, than open your mouth and prove it.

HEY... Hey...hey... this is the Mata Hari signing off for  
now. Until next time.

*Mata Hari*  
signed the  
Mata Hari

## DRIVER FATIGUE - TAKE THE TENSION OUT OF DRIVING

To help you relax your neck, shoulder and leg muscles after several hours at the wheel, here are some exercises which can be done right in the driver's seat - at a stop light, in a traffic jam or at a roadside rest stop.

1. Place both hands on your forehead, fingers extending upward, palms positioned slightly above eyebrows. Keep eyes forward and neck straight. Attempt to push your head forward as you resist with your hands. Hold for six seconds. Repeat exercise with your head tilted at different angles.
2. Place both hands behind your head with fingers laced together. Attempt to push your head backwards as you resist with your hands. Again, use six seconds as a guide time.
3. Place left hand on left side of head. Attempt to push your head downward, bringing your ears towards your shoulder. Repeat on the right side.
4. Turn your head to the left looking as far round as you can, without pain. Repeat looking to the right. Push your head backwards as far as possible, looking at the roof. Pull your chin into your chest stretching as far forward as you can. Shoulders also take the brunt of driving.
5. With the car seat properly positioned, gently grasp the steering wheel with both hands. Try to raise your arms slowly, as if you wanted to lift the wheel. Keep your stomach tight, back straight and elbows locked. Breathe normally for the six second contraction.
6. Grasp the seat at the sides and shrug your shoulders while attempting to lift the seat. As before, stomach muscles should be tight, your back straight and your elbows locked. Six seconds is the recommended time for this and every exercise.
7. Lace your fingers behind your head and bring your elbows forward, touching them together in front of your face. Conversely, pull your shoulders back as far as you can, pinching your shoulder blades together for six seconds. Do this exercise whenever your shoulders are stiff or fatigued.
8. Place both hands on the steering wheel and try to compress the wheel for about six seconds. Conversely, you can place your hands inside the steering wheel and try to straighten your elbows, by pushing against the wheel.
9. Place feet flat on floor while sitting in your parked car. Put your right palm on the outside of your right knee and your left palm on your left knee. Try to push your legs apart as you resist with your hands. Repeat this exercise three times, with your feet placed at various distances apart.
10. With feet flat on the floor, cross your arms and place your left palm on the inside of your right knee and the right palm on the inside of your left knee. Attempt to squeeze your legs together as you resist with your hands for six seconds. Breathe normally and ease out of the muscle contraction. Try it with feet spread at different intervals.



# JEE JOE'S

Have you noticed any very large gofers around lately? By the size of the ruts left all over the golf course, there must be several big ones out there. The ruts are of course the trenches for our irrigation system. Would you believe 7645 feet of trench. This trench was not so easy to dig and I owe a bunch of thanks to many in getting it dug. I will try not to miss anyone but if I do please forgive me because there are so many of you and only one of me. First, the trencher operators Bill Pronyk and Gerry Swirsky. Between the three of us we dug all 7645 feet.

The Search Section (as always) contributed some hard work through Terry Collins, Dave Stiller, Moose Lindal and Jocelyn Dore (Terry is pretty handy with a pick and he seems to have started his own rock wall). Gerry Swirsky also handles a pick and shovel when he has not run the trencher over his evenings and weekends - a very commendable effort Gerry. We are starting branch work parties to lay the pipe on the 22 June and the indications are that we will have an excellent turnout. Anyone who has some time to spare is encouraged to contact Mike Newell and let him know when you can help.

Now we have to say a few words about the other kind of help we received, a very important kind of help. The MSE section has been holding up its tradition of support. Some shuffling of priorities and no hesitation in allowing Morgan McReynolds to do a little work for us. He plowed about 5000 feet of trench with a special tooth to loosen the ground so we could use the trencher (it would not dig it without plowing). Morgan even found time Saturday morning to finish up a few hundred feet. Speaking of that tooth, Land Maintenance provided the steel and Cam Asher cut a special tooth for this job. When it broke (three times), Lloyd Martin came to the rescue with the welder. He also did some welding on our trencher when it broke down. The Land Maint. section later had to make a completely new tooth out of harder steel because the ground was so hard it broke one inch thick mild steel. Dave Steinke and Frank Prince spent all Friday morning cutting, fitting and reinforcing the new tooth, and boy she is a dandy! The CE section has lent us all the tools, also Paul Leboeuf and Lawrence Graham went along behind us patching lines as we cut them. Paul also threaded some fifty lengths of pipe for use. Pat Aasen has come up with a few missing fittings and the carpentry shop provided a few stakes and misc. lumber.

This was a little long winded I admit but it has to be to properly illustrate my point. This is a station project and the amount of support has been super. The golf course renovations could not happen without it. Many of you will benefit from the work we do now and many of our peers who follow us will. At least we can leave here satisfied that we did all we could to make it a better place to be posted to. Thank you all for your help and if I missed you it was not intentional. Keep up the effort and we will have the best facility between Calgary and Saskatoon.

# AROUND THE HOUSE



by Shirley Newell

## WHEN YOU KNEAD A LOT OF DOUGH

To keep the bowl from slipping and sliding while mixing ingredients, place it on a folded damp towel.

A small pan of water in the oven keeps crusts from getting too hard when baking..

Use water in which potatoes have been boiled to make yeast breads moister. The texture may be coarser, but the bread lasts longer and is slightly larger.

## Cantaloupe

The skin should be yellow-green to creamy yellow - not green. If it is really ripe, you can hear the seeds rattling inside. It should give off a fragrance. The belly button should be somewhat soft. If the melon is soft all over, it is probably overripe.

Grapefruit should stand in boiling water for a few minutes for easier peeling. The thickness not the color of the skin tells you a lot about the quality of the fruit.

Look for lemons with the smoothest skin and the smallest points on each end. They have more juice and better flavor.

The color of an orange is no indication of its quality because oranges are usually dyed to improve their appearance. Brown spots on the skin indicate a good-quality orange.

Dont use fresh pineapple in gelatin desserts. It contains an enzyme that prevents gelatin from setting.

To test for ripeness in a watermelon, snap thumb and third finger against the melon. If it says pink in a high, shrill tone, the melon is not ripe. If you hear punk in a deep, low voice, the melon is ready to eat.

## A FEW STAIN REMOVERS

To remove blood from clothes, soak them in cold salt water. If hard and dry, steep for a few hours in cold water, to which add a pinch of baking soda.

To remove a hemline in cotton or woollens place a cloth dipped in vinegar under the old hem seam and press it with a hot iron.

To remove a scorch stain from a washable and colourfast fabric, apply a solution of one part hydrogen peroxide to three parts water. Scorch on woollens can sometimes be brushed or scraped off. Sprinkle with vinegar and wipe with a cloth.

CUCUMBER RELISH

8 large cucumbers - diced  
 8 onions - cut fine  
 1 small handful salt  
 Let stand 3 hours  
 Heat:  
 4 cups vinegar and 1 cup water  
 5 cups sugar  
 Mix together:  
 1 cup flour  
 3 tbsp. dry mustard  
 1 tsp. ginger  
 1 tsp. tumeric  
 1 tsp. celery seed  
 Mix these ingredients with cold water and add the hot vinegar mixture. Then add the cucumbers and onions and cook on low heat for 1 hour. Pour into sterilized jars.

RHUBARB RELISH

1 qt. rhubarb chopped  
 1 qt. onions chopped  
 2 lbs brown sugar  
 1 pint vinegar  
 1 tsp. cinnamon  
 1 tsp. allspice  
 1/2 tsp. cloves  
 2 tsp. salt  
 1/2 tsp. pepper  
 Boil until thick about 3 hours. Place in jars.

BEET RELISH

Put raw beets through food chopper until it measures 6 cups. Add 6 cups white sugar and 2 cups vinegar. Cook 20-30 mins. until beets are cooked. Soak 2 envelopes gelatine in 1/2 cup water. Add to cooked beets and cook a few minutes. Pour into jars.

HERES ERMA

To a mother Thank you is the ultimate in manners and breeding, and it melts the hardest hearts. To a child Thank you is something to say to make your mother let go of the cookie. Unfortunately, I could never get my kids to use the words in the right place. That is probably why I have a recurring nightmare in which my son is getting the Nobel Prize for Science. After he is presented the award, the wild applause dies down, and there is a silence that lasts and lasts. I cannot stand it. I crawl up to the stage on my hands and knees, tug on his pants leg, and whisper, Say thank you! My son is 55 years old.

-----  
 A husband is a person who is under the impression he bosses the house-when in reality, he only houses the boss.

-----  
 Good Secretary: A stenographer who must think like a man, act like a lady and work like a horse.

-----  
 Boss: The man at the office who is early when you are late and late when you are early.

WHAT IS A FRIEND?

A friend is a person  
 With a sneaky knack  
 Of saying good things about you  
 Behind your back.

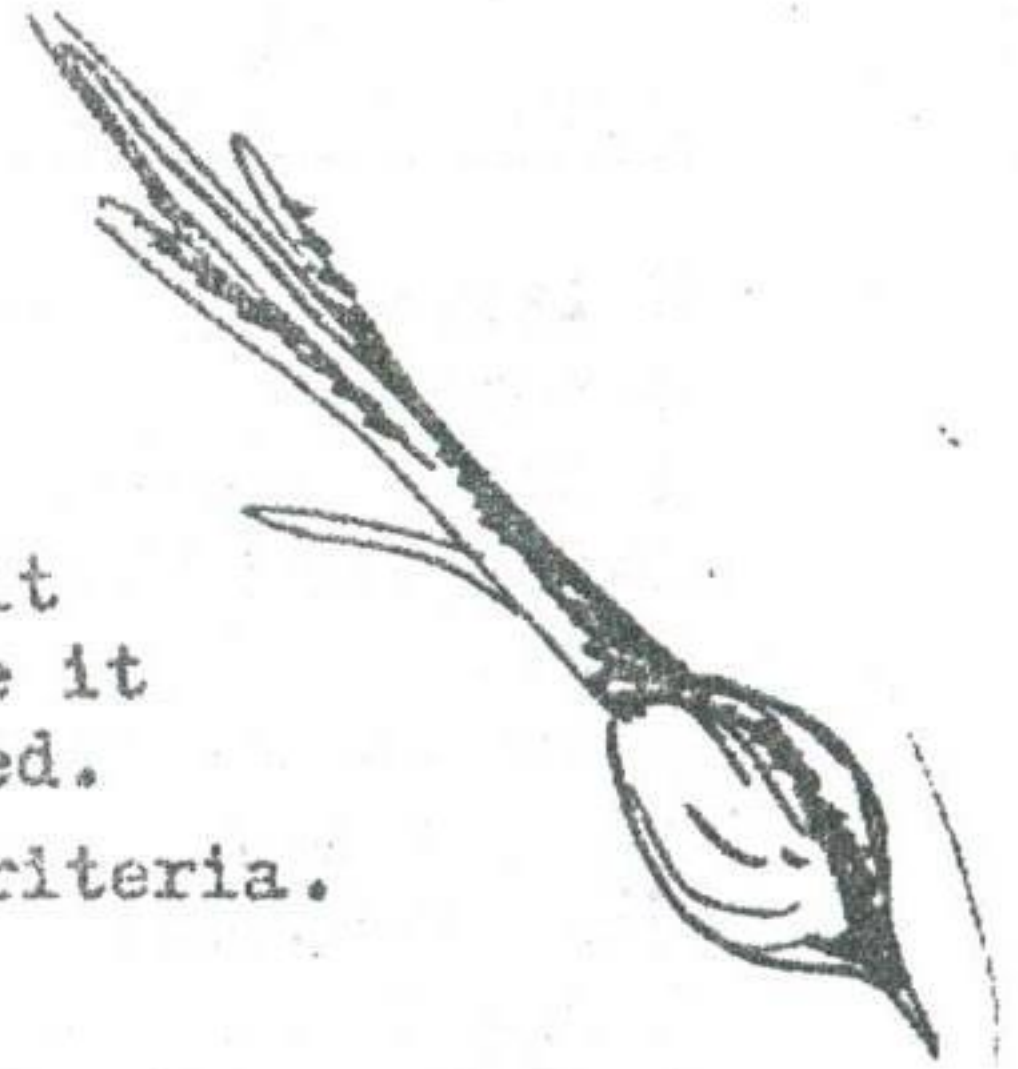
A BLADE OF TRUTH

Man is the only animal that  
 plants grass in the spring,  
 then fights its growth all  
 summer

IF YOU WOULD LIKE A COPY OF ALL THE AROUND THE HOUSE ARTICLES, PHONE 2231 OR WRITE TO AROUND THE HOUSE c/o THE TUMBLEWEED, CFS ALSASK, SASK. SOL OAO



## ROSES &amp; ONIONS



Got a gripe? Want to say a special thank you? Congratulate a buddy? Put it in writing and send it to me. You can have it printed anonymously, or with your name included. Common courtesy and good taste are the only criteria. No profanity!

Bouquet of Roses to the teachers at John A. Silver School. They have been a great asset to the Community, their Mess and especially to the school. Their calibre of teaching has been top notch and we only hope our girls will receive the same in our future posting. Shirley Booth and Colette Lemieux are leaving this year and will be missed very much. We are pleased that we have known you as friends and not just as our daughters teachers.

The Newell Family

Bouquet of Roses to Mike Newell for his hard work and perseverance on the golf course renovations. He has taken alot of time to find out the procedure for installing the sprinkler system, ordering and picking up materials and sorting out the equipment as it came in. For the past 3 weeks in rain or shine he has been trenching and laying the pipe with a lot of other volunteer workers. It is nice to see that people are willing to take time away from their other duties (which are caught up by burning the midnight oil) and families, to make the Station a better place to live.

A non-golfer!

Doug and I would like to take this opportunity to express our most sincere thanks for all the help I received during Dougs absence. If it had not been for the kind people from the Supply and Transport Sections, I don't know how I would have managed. A very special thanks goes to Lu Jones, Alexis and Tony Schroeder and Dave and Judy Steinke for all their help and kindness. Thank you all very much.

Joyce Pizzey

A big thanks to Lt Glenn Naldrett, our new CAAdO, who has agreed to take on the job as editor of the station newspaper. He will be assisted by his wife Audrey. I wish them success in this very important undertaking and I ask everyone to give their full support by submitting articles, giving assistance in the production, and helping in any way possible to maintain the high standard and smooth running of the Tumbleweed.

Commanding Officer



# BOOKENDS

As of July 1st Mrs Joann Mills will take over as Station Librarian and Debbie Adams will continue as Assistant Librarian. Mrs Mills will be away the first 3 weeks of July and Debbie will be working during that period of time. I would like to encourage everyone to use the Library, we have a wide variety of books as well as many pocketbooks to choose from. As long as you bring your books back on time, it will not cost you a cent. Thank you for your cooperation over the past two years. Good Luck to everyone coming and going this summer.

## THE SLEEP OF REASON - C.P. Snow

The time is 1963, the story takes place chiefly in an English provincial town, and in London. The story begins as a novel about the flow of life - Lewis Eliots sardonic, affectionate relationship with his father, and his pride in his son; his emotional and tactical concern with a university situation affecting the lives of four young people. But abruptly the normal flow is arrested by a horror. Out of duty to his old friend George Passant, Lewis Eliot becomes involved in a particularly shocking murder case, in which an 8 year old boy is killed. The author recounts the trial with masterly dramatic skill and precision. As it progresses he brings alive all the people caught up in the case.

## THE PHILLY CONSPIRACY - Bruce Page

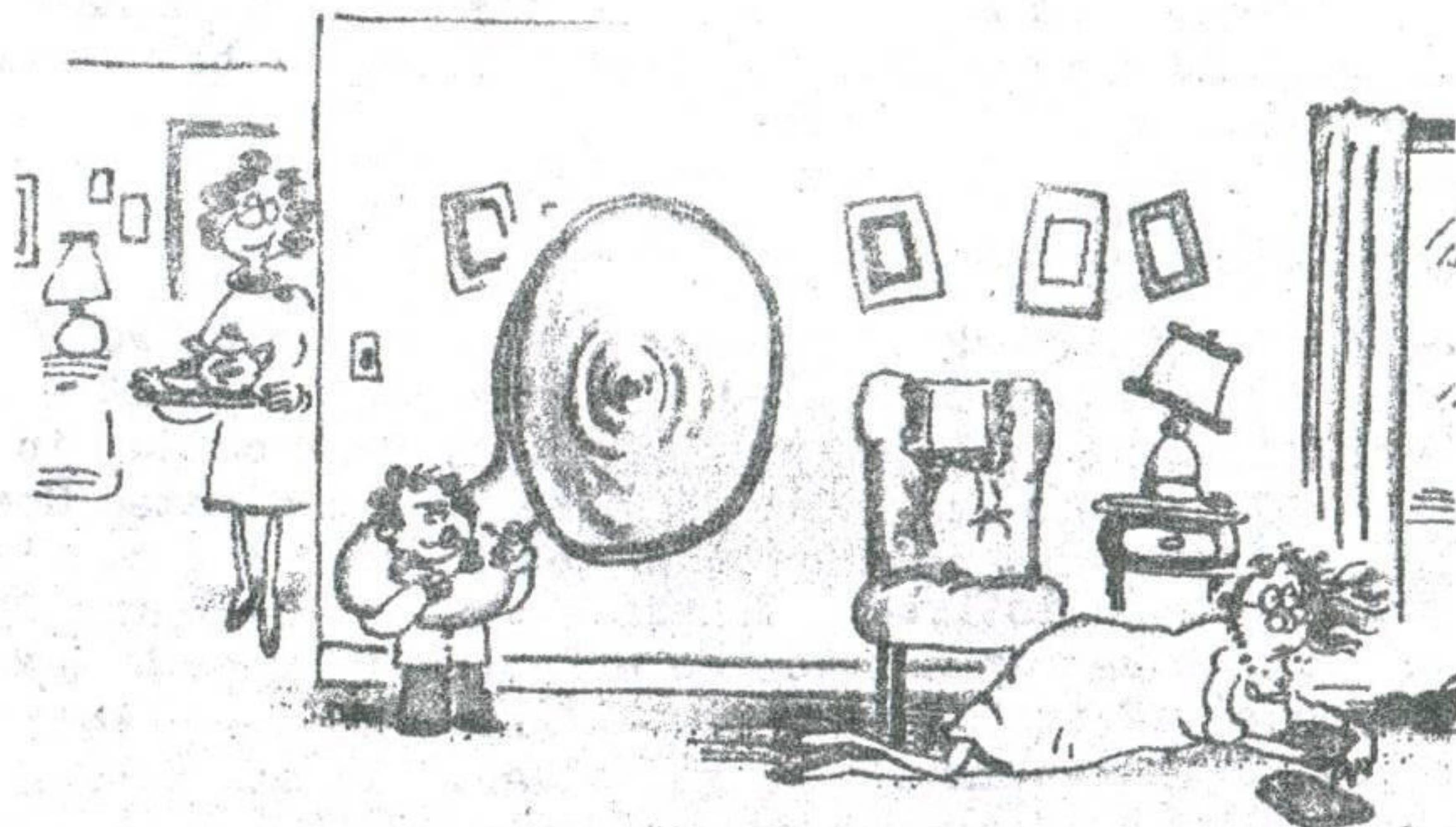
A spy novelist at the peak of his imaginative powers, would scarcely dare to invent the story contained in these pages. That a son of the British establishment could, during a thirty-year career in his countrys Secret Service, at the same time be a dedicated Communist Agent would seem too far fetched even for fiction. Yet, Kim Philly, is real and his story is true. He was a communist agent. He did penetrate the British secret service so effectively that in 1944 he became the director of its counter-Soviet department - a feat of duplicity unequalled in the annals of espionage. He was the link-man

between the British service and the American Central Intelligence from which position he was able to betray every important secret of Western intelligence. This is the incredible story, not only of how Philly did it, but what he did and its awesome consequences, of how he betrayed his country, his service and his friends and, above all, the class which nurtured, shaped and finally protected him.

IF LIFE IS A BOWL OF CHERRIES  
WHAT AM I DOING IN THE PITS?

- Erma Bombeck

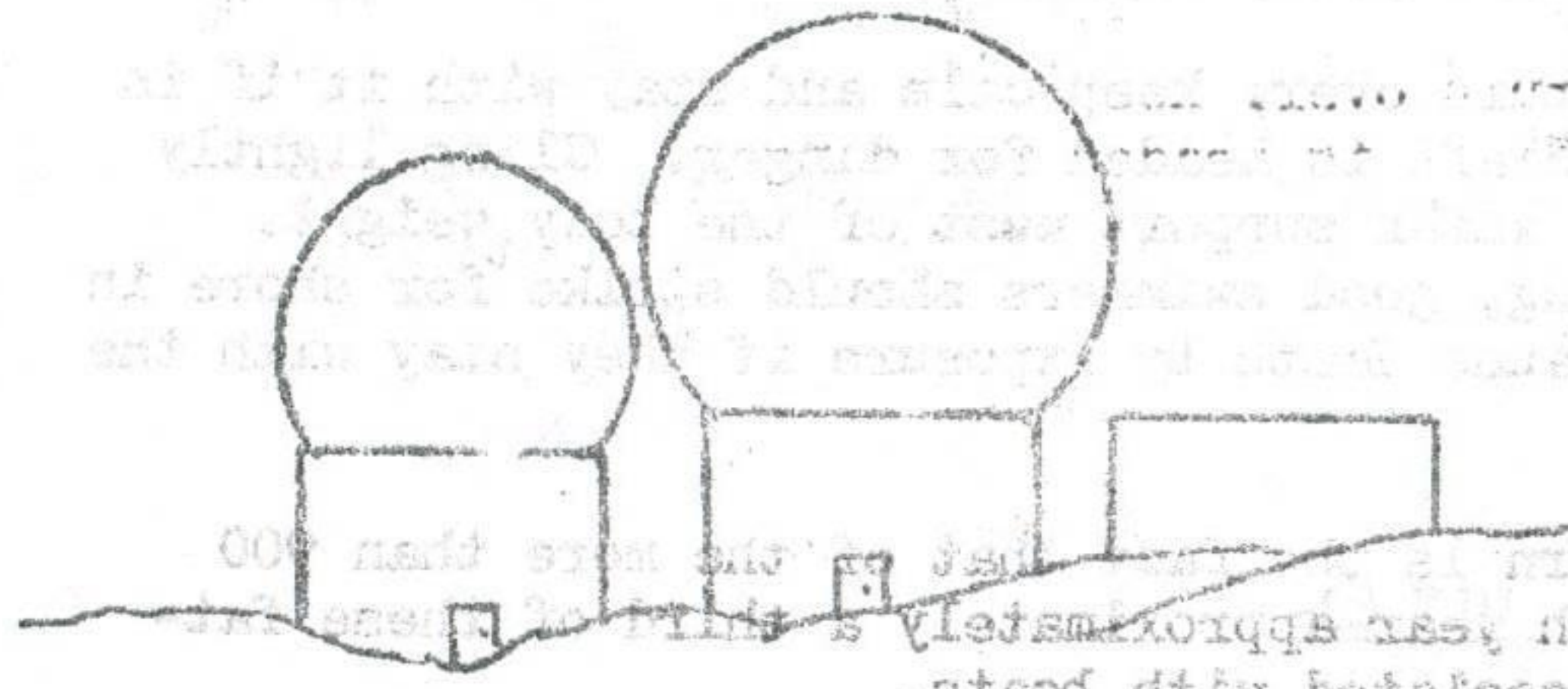
In this book Erma meditates on such philosophical dilemmas as who killed apple pie, and contemplates the futility of surviving a white sale only to find that all that's left are double top sheets and single contour bottoms. She offers warm and wise advice on what to do when the supermarket discontinues your silverware pattern, and provides sane alternatives for the working wife trying to quick thaw a pork chop under each armpit. The book abounds with down-to-earth practical suggestions for coping - the art of financing sirloin tip at 6 per cent on the unpaid balance for thirty-six months, the secret of making towel racks out of oversexed coat hangers, what to do when your ozone is in trouble, how to handle traumas, natural disasters, deep depression, and readily adjust when they run out of extra-crispy chicken at the carry-out. Erma provides evidence that the Institution of the Family must and will survive, after all, Twinkies comes 12 to a box, Kitchen chairs four to a set, and gum 5 to a package. She shares with us the despair of not being able to find a babysitter, the awful realization that no one wants to be paid for what you've been doing for years for nothing. In a breakthrough section of political and social commentary she proposes radical reforms: Hernia Amendment to the National Anthem; Kissing By Mutual Ratification, and the Regulation of Interstate Shopping Cart Traffic.



"Jeffrey, did I hear you playing something nice for Aunt Agnes?"

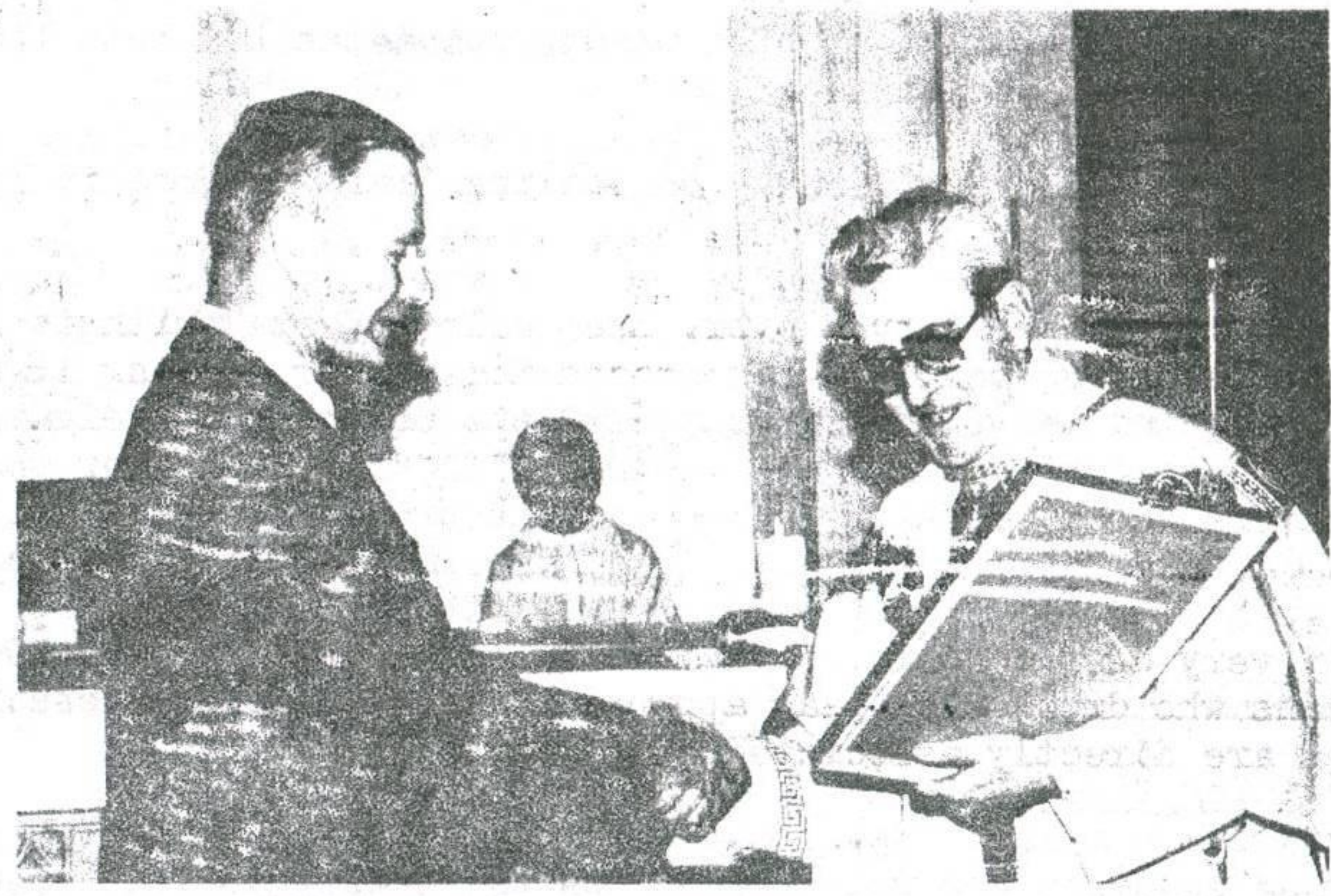
LOCAL

YOKELS



SUNDAY SCHOOL VOLUNTEERS

The Sunday School requires a Superintendent and Teachers for the school year 1981/82, anyone interested in volunteering for one of these positions can get further information by phoning Daphne Coombs at 968-2672 or Sarah Petipas at 968-2602.



COMMANDER HONORED

The Chaplain General (RC), Monsignor F. J. Boucher, honored our Commanding Officer with a certificate of Merit for being an outstanding christian gentleman, dedicated to his faith, who is deeply committed to the human and personal needs of our community. At the regular weekend Mass on Saturday, 13 June 1980, Padre Dormans praised and thanked the CO and his wife Zoria, for their tremendous support and encouragement of all Chapel activities. In presenting this recognition to LCol Novakowski, Father Dormans said that we were all honored and indeed grateful for his personal example, his active participation and keen interest. "This Citation of Merit" Fr. Dormans said, "has been richly deserved by the CO for being an outstanding promoter of good moral and christian living on our station, not only in word, but especially by example."

7-44 Ind. Service Ltd. is now under new management and is giving discounts on gas, tires and accessories to local cash customers.

SPECIAL - Oil change \$19.95  
 5 ltrs 10/30 oil  
 1 oil filter  
 1 grease job  
 all fluid levels checked

For appointments phone 968-2606  
 24 hr. towing. After hours phone 968-2696

#### SAFE BOATING WEEK 1 - 7 JULY 81

##### Safe Boating Tips

1. Even the simplest small boat requires some skill in handling. Only good swimmers who really know how to handle the craft should go out alone in a canoe, rowboat or sailboat. Balance the load properly and be especially careful not to overload.
2. Ministry of Transport approved life jackets or Lifesaving cushions in serviceable condition are mandatory on sailing craft for each person on board and are recommended on rowboats and canoes. Non-swimmers and children should wear lifejackets at all times when in boats.
3. If caught in a storm or high winds, point the bow into the wind. This may prevent capsizing.
4. Reduce the amount of canvas on sailing craft at once if high winds arise.
5. If the boat should turn over, keep calm and stay with it if in warm waters unless the craft is loaded for danger. Cling lightly to the boat and let the water support most of the body weight. If no help is forthcoming, good swimmers should strike for shore in cold waters which can cause death by exposure if they stay with the craft.

Of very deep concern is the fact that of the more than 900 Canadians who drown each year approximately a third of these fatalities are directly associated with boats.

##### ACADIA VALLEY COLONY

The Acadia Valley Colony are taking orders for Chickens. They will be delivered to the Station on Tuesday July 21st. If you would like to order some please phone 664-2406 in Acadia Valley. They also will be coming around about once a month through the summer with fresh vegetables, eggs and homemade bread and buns.





FOR SALE: House Trailer - 8' X 40' Furnished  
Price: \$1,700.00. Phone: Mr Jach Chorney, Alsask

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FOR SALE: 9.9 H.P. Evinrude outboard motor. Has been operated  
approx. 200 hrs. Phone: 221 or 2637.

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FOR SALE: 1979 Short Wheel Base customized, fully loaded Chev.  
Van. Low mileage, excellent condition. Will take  $\frac{1}{2}$  Ton  
as partial trade. Phone 968-2609. Wayne Couri

---

FOR SALE: 1977 Super Cab. 14' Vanguard boat with 50 H.P. Johnson  
motor. Phone: Joe Borschneck at 968-2308.

---

FOR SALE: Baby Car Seat. 1 year old, Strolee Deluxe - 4 position.  
Excellent Condition, \$40.00. Dual 17 Gallon Saddle  
tanks. Fit inside box of  $\frac{1}{2}$  ton. Complete with caps,  
hoses, and four-way valve. \$150.00. Phone 968-2272

FOR SALE: STEREO SYSTEM - 1 Sansui Stereo Receiver Model #221 16  
watts power. 1 Akai AP-005 Belt-drive automatic turntable.  
2, 50 watt RMP Speakers. 12" woofer, 4" midrange and 3"  
tweeter. Cabinet measures 25"xl5"xl3". \$500.00 for system.  
Pole Lamp \$25.00  
Table Lamp \$25.00  
1 Coffee Table - Smoked glass top with wooden base, \$50.00  
Chesterfield and matching swivel rocker with ottoman.  
1 yr old, perfect condition. \$625.00  
1 artificial Fireplace with logs and firescreen. \$200.00  
1 Black and Decker router and guide. Perfect condition  
\$35.00 - phone 2631

-----

WANTED: Used baby stroller in good condition. Phone: 928-2365  
after 4:00 p.m.

-----

STUDENT FOR HIRE: Willing to do odd jobs: yardwork, mowing lawns, farm work,  
roto-tilling and garden care, pet care, babysitting,  
wash and clean cars. Phone: 968-2388 ask for Chris.

-----

LOST: From the Cadet pot-luck supper, a Royal Albert china plate  
with Provincial Flowers pattern. Please phone 968-2360  
PMQ 35, if you have my plate. Thank you. Joan Proud

-----

WANTED: Childs Swing-set. Please phone Bernice Ross at 968-2266 or  
968-2608.

-----

FOR SALE: 1978 Mercury Cougar, tilt steering wheel, cruise control,  
power windows and seats. Air, 400 engine, 8 track and radio  
only 42000KM/H. Al Shape. Phone 968-2365 after 5 pm.

-----

WANTED: Anyone having information regarding the latest whereabouts of  
the SCompt, are requested to phone the NCO i/c Accounts.  
Suspect last seen boarding aircraft bound for Clear Lake,  
Edmonton, Vancouver and ports unknown. We have also been  
told he has moved into the trenches on the golf course.  
Rumour has it that our illustrious leader is in competition  
with the CPO in logging miles away from work this year.

Signed:  
OVERWORKED FIN BIN

FINANCIAL - SMALL LOANS AND BENEVOLENT FUND ASSISTANCE

1. The Canadian Forces Personnel Assistance Fund (CFPAF) comprises the Canadian Forces Small Loan Programme (CFSLP) and the Canadian Forces Financial Distress Programme. The Financial Distress Programme is operated in cooperation with the Royal Canadian Air Force Benevolent Fund (RCAFBF).
2. CFSLP Small loans of \$50. to \$500. are available to all members of the Canadian Forces (Regular) for any genuine purpose that will promote the well-being of members or their dependents.
3. CFSLP repayment rates may be geared from six to 24 months depending on the amount of the loan, at a service charge of \$3.00 per \$100 per year or approximately 5½% simple interest.
4. Any regular member on leave, TD, etc. away from his home unit may apply to the unit nearest him for an emergency loan.
5. If a member is on an unaccompanied posting, his dependent may make application to the loan committee where the dependent is located for assistance.
6. Applications for CFSLP small loans, Distress/Benevolent Fund Assistance, or Benevolent/Financial counselling committee:

Chairman	-	Capt D.M. Newell	SCOMPT	218
Secretary	-	Sgt L. Ringland		211
Member	-	Capt J.F. Shackleton	CADO	202

CABLE TV CHANNELS

<u>STATION</u>
CFCN Calgary
CHAT Medicine Hat
CKRD Red Deer
CFQC Saskatoon
CBRST Saskatoon

<u>RECEIVED CABLE</u>	
<u>CHANNEL</u>	<u>CHANNEL</u>
2	2
4	4
10	10
3	7
9	6

CATV PROBLEMS

Call Mon-Fri 8 am - 4:30 pm  
 Loc 245 and ask for CATV  
 Weekends and after duty hours  
 call:  
 Bill Pronyk 2614 - Manager  
 Larry Scherr 2230  
 Al Metcalfe 2642

CANEX: Mon-Fri 10:30 - 12:30  
 1:00 - 5:30  
 Sat 11:00 - 3:00  
 Phone Loc. 230 or 2262

AUTO CLUB: Self-serve  
 Pick up key at  
 Guardhouse

CASUAL BOWLING: Self-serve  
 pick up key at  
 Guardhouse. Cost  
 50 cents per game.

LIBRARY: Tues and Thurs  
 evenings 7:00-9:00.  
 Located at school  
 Use S.E. corner door.  
 Librarian: Mrs S. Newell  
 Phone: local 265

FIRE ALARM SYSTEM IS UNSERVICEABLE. PHONE 222 ON BASE OR 2277 IN MQ'S

CFS ALSASK CHAPEL (RC & P)ROMAN CATHOLIC

Mass: 5pm Saturday

Confession: Before Mass and by appointment.

Baptisms: Please contact Chaplain as soon as possible.

Marriages: Please contact Chaplain at least 3 months in Advance.

Chaplain: Father Joseph Dormans  
 CFS Alsask - 264 Thurs. only  
 Residence - 463-2306 Kindersley  
 RC Chapel committee chairman:  
 Al Metcalf

PROTESTANT

Worship: 7:00 pm each Sunday

Sunday School: 11:00 am each Sunday

Baptisms & Marriages: Please contact Chaplain as soon as possible for arrangements.

Chaplains: Padre David Nevett conducts Sunday services and visits the Station alternate Tuesdays. Call 463-2317 Kindersley or Loc 264. Padre Al Stenson from CFB Penhold will visit the Station from time to time. Call Loc 397 Penhold.

SWIM PROGRAM - 1981

1. CFS Alsask will be running Four - Two week courses on the new Red Cross Swim Program this summer, the dates are:

- a. 1st course - Mon thru Fri 6 - 17 Jul 81;
- b. 2nd course - Mon thru Fri 20 - 31 Jul 81;
- c. 3rd course - Mon thru Fri 3 - 14 Aug 81;
- d. 4th course - Mon thru Fri 17 - 28 Aug 81.

2. Registration will be on the 26 Jun 81 at the Rec Centre from 1300 hrs to 1500 hrs.

3. New Red Cross Swim Program:

- a. Yellow Water Safety 1;
- b. Orange Water Safety 2;
- c. Red Water Safety 3;
- d. Maroon Water Safety 4;
- e. Blue Water Safety 5;
- f. Green Swim Skill 6;
- g. Grey Swim Skill 7; and
- h. White Swim Skill 8.

4. For more information contact Sgt Molloy at the Rec Centre Loc 268.

SERVICES AND BUSINESSES

ROYAL BANK: Call 2213. Hours:  
 Mon., Tues., Wed. & Fri. :  
 10:00 am - Noon; 1:00-3:00 pm  
 Thurs., 10:00 am - Noon;  
 1:00 - 5:00 pm

TUPPERWARE: Phone Isabel Ashley  
 967-2821. Mantario, Sask.

SGIO: Motor vehicle licence issuer.  
 Game & Angling Licences. Automobile,  
 Casualty & Fire Insurance. Phone  
 Gwen Martin at 2692.

SARAH COVENTRY JEWELLERY: Phone  
 Roxanne Levitt at 2675.

MICHELLE LYNN JEWELLRY: Phone  
 Bea Borschneck at 2303.

WATKINS PRODUCTS: Phone  
 Esther Smart at 2645.

VANDA BEAUTY COUNSELLOR: For info on home  
 demonstration of make-up, beauty aids, etc.,  
 call Fern Wilke at 2296.

OLYMPIA PRODUCTS: For gift ideas, gift  
 wrap, novelties, decorations, kitchen  
 articles and greeting cards. Call Barb  
 Runge at 2271.

REGAL GREETINGS AND GIFTS: Spring 1981  
 catalogue. Stock up on stationary and  
 gift items. Browse through a catalogue  
 Phone 2388.

AVON PRODUCTS: Love looking good at  
 low prices? Your Avon representative  
 Kerry Siford, Phone 2621. In Town:  
 Linda Sutherland - 2669

SUN LIFE ASSURANCE CO. OF CANADA  
 Ken Winter a representative will  
 be at the Rec Centre every first  
 and third Monday each month.  
 7 - 9 pm - Phone 2433

YES there are A.A. & AL ANON  
 in the area. For further  
 information call any time  
 968-2665, 2353, 2691

OTHER CLUBS AND ORGANIZATIONS ARE ENCOURAGED TO ADVERTISE!

