

23 Oct 79

THE TUMBLEWEED



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THE TUMBLEWEED

CFS ALSASK

Oct. 23, 1979

The Tumbleweed is an unofficial military publication and is printed with the kind permission of the Station Commander, LCol. L.E. Novakowski. It is published locally every second Tuesday.

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Deadline for next issue - Nov. 6, 1979

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LOCAL NEWS



Suggestion Award presentation to Sgt. Adams.

FIRE ALARMS

Numerous spectators have been following the fire truck on fire calls. This practice has to cease as it creates a hazard to the fire fighters, and to the spectators. The only people authorized to follow the fire truck to the scene are the MP's, the Ambulance and extra fire fighters if required.

ALL OTHERS STAY AWAY!

The Station Library is one form of recreation on this Station. It is opened to all Service members and their dependents. In order to keep the books moving, we cannot afford to have people keeping these books in their homes for months at a time. If you find you are unable to finish reading a book in the required time, just renew the book. This will solve a lot of problems and prevent you from paying a fine. Your co-operation is appreciated.

CFAO 210-24 Charges Levied Against Users:

A charge of \$1.00 shall be levied against a member who after two weeks' notice fails to return a book which he has borrowed; or who, at any time returns a book in a damaged condition. A member who loses a book shall be charged the total cost of the book. These charges may be in lieu of or in addition to disciplinary action for negligence or wilful destruction. If a member does not pay these charges voluntarily, his library privileges shall be cancelled.

This appears to be causing problems, so we've decided to charge \$1.00 after the book is overdue one month, plus 5 cents every day the book is overdue. If there are any problems contact Capt. Treinen, Library Officer, at Loc. 203.



A MESSAGE FROM THE MASTER GOPHER

by LCol L.E. Novakowski

Having just returned from the Commanders' Conference in Winnipeg, I'd like to bring you up to date on matters which are of interest to us all at CFS Alask. The conference gave me a good insight into what's happening and where we're going in this Air Command of ours, and hopefully I can enlighten you. I must forewarn you that it's a mixed bag of news which is not necessarily all good.

Although the financial restraints which we've been living under for the past few months were lifted during the week of the conference, we'll still see limitations in spending. This is really nothing new because we've always lived under some restraints. Generally speaking though, we can expect to see a return to normalcy in our routine activities. Capital expenditures required for new equipment however still pose a continuing problem of "not enough fast enough" and will require some very careful management. Also on the financial end of things, our pay raise, although delayed is still on. It will come in two phases effective 1 Oct 79 and 1 Apr 80. In future we can expect our raises to occur 1 Apr rather than 1 Oct to bring us into phase with other government departments.

The forecast life for our long range radars is about nine more years. There are no firm plans at this time which define a new radar system for the future; however, a joint US-Canadian Air Defence Study (JUSCADS) is presently underway and hopefully we'll see some direction in the next two years. Actual purchase of new equipment probably won't take place until after 1987 when capital funds become available upon completion of other purchases such as new fighters and ships. Needless to say, technical staff at radar sites will be hard pressed to do everything possible to make the equipment last. We've excelled at this over the years and there will be some help through intermediate programs to update existing equipment.

Implementation of the ROCC (Regional Operations Control Centres) program has begun wherein all airspace in Canada will be controlled from within Canada. The two regions, East and West, will be controlled

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from a central location at North Bay. The complex at North Bay is being re-equipped to handle this expanded role and hopefully we'll see full operations by fall 1982.

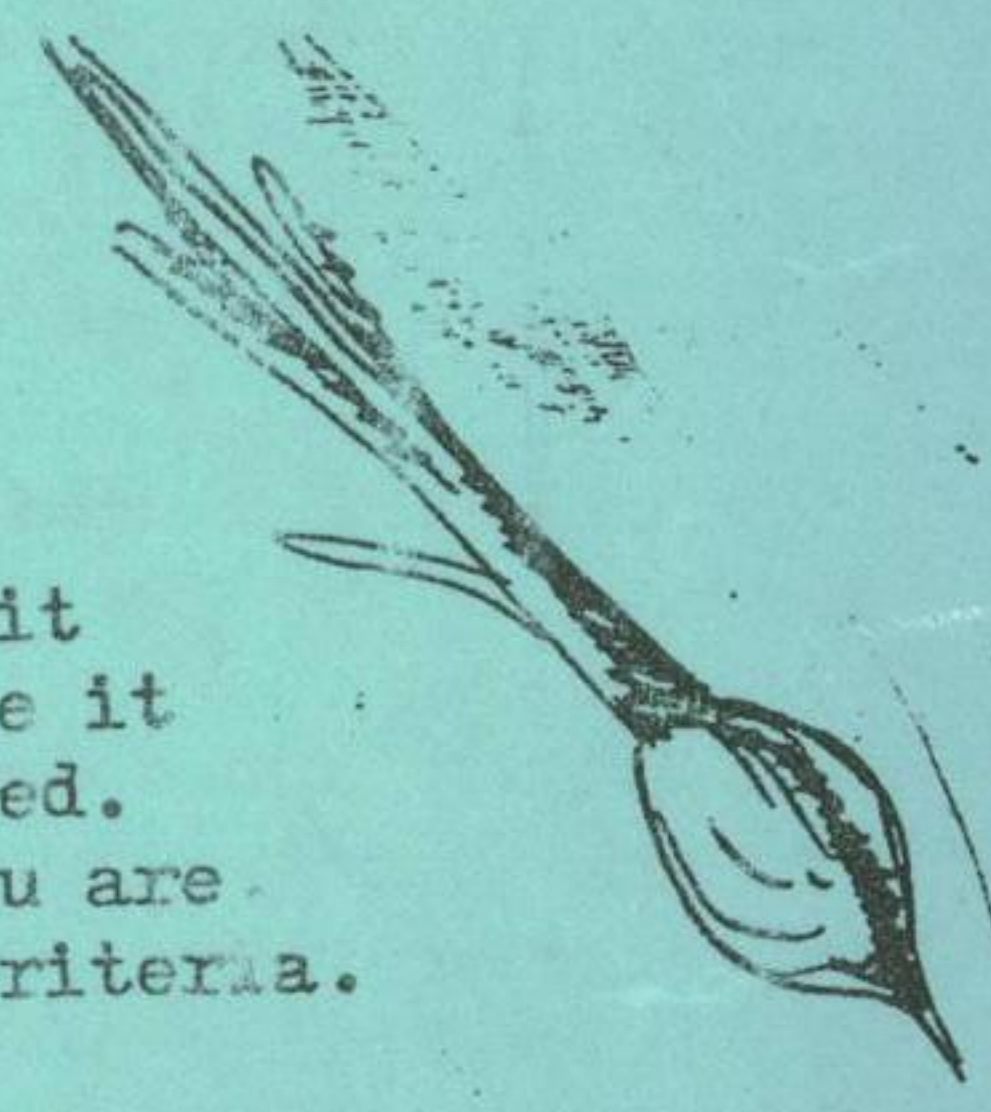
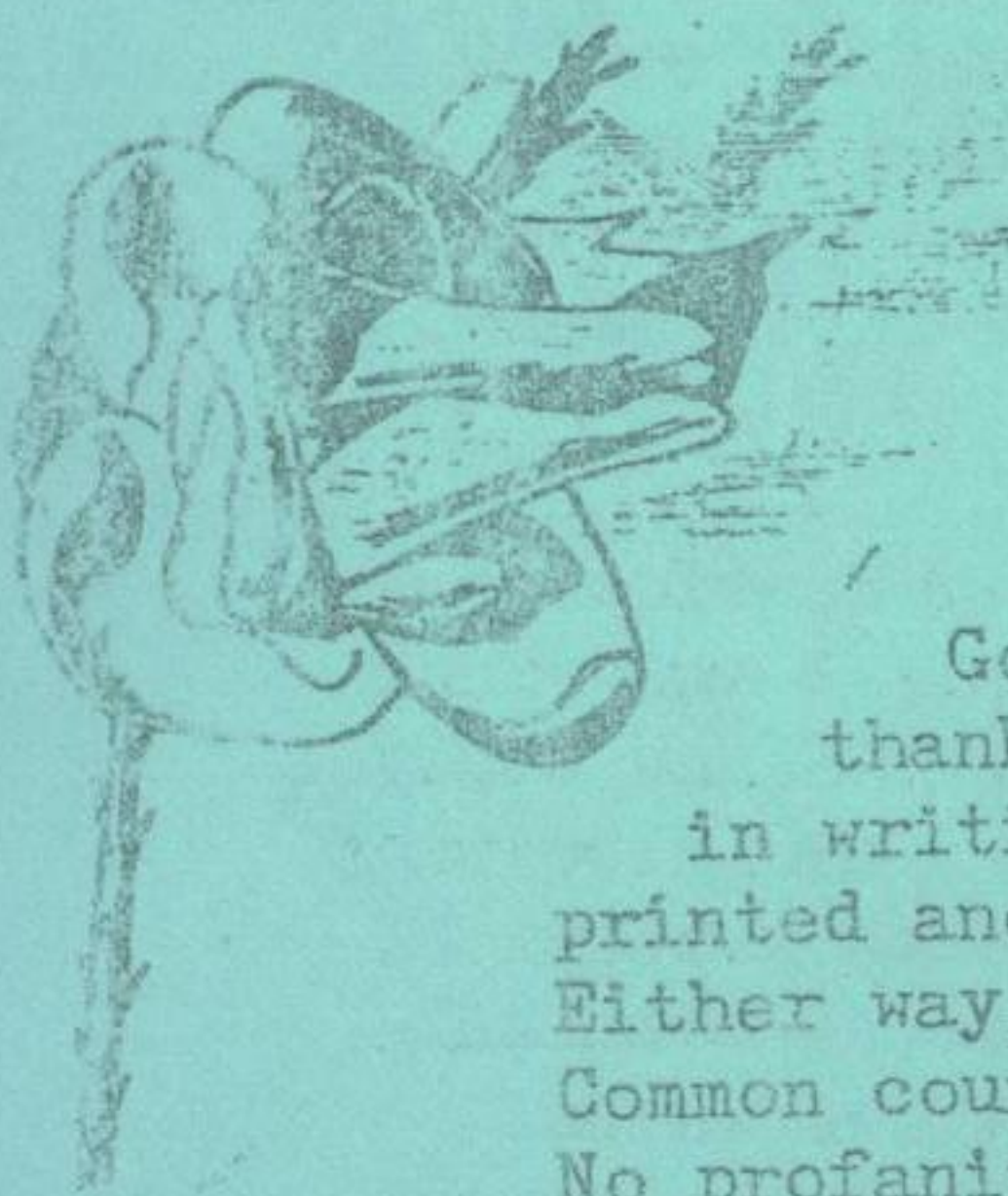
There has been a reduction in profits from the Canex system this past year. We need more professionals to run the system, and equally important, Canex needs more support from us within the service. NDHQ is working hard at tuning up this very big business and I hope the trend of reduced profits can be reversed.

The turn-over rate of personnel within the service due to early retirements, etc has been normal for this year. This is the overall average across the country but it was mentioned that some trades and localities have been hit harder than the average. The turn-over rate last year was 2% below the average over the years.

As you can see it's a mixed bag of news. There are many more details which I'll be passing on in day-to-day administration. Before closing I'd like to mention that the Commander was strong in his direction to us to put more effort into making the service a good and decent employer. This direction coming from the top is very significant and we can expect to see more attention given to our people resource.

ROSES & ONIONS

by Chief-Exec



Got a gripe? Want to say a special thank you? Congratulate a buddy? Put it in writing and send it to me. You can have it printed anonymously, or with your name included. Either way, you must sign it so I know who you are. Common courtesy and good taste are the only criteria. No profanity!

"A bouquet of roses to all those involved in the work to improve the Mr. Hanks' patio. The many hours of work to remove what was an eyesore clearly show and are much appreciated." Anon.

"A big bag of onions to the people who maintain the road to the Ops site and GATR. They should either look after it properly or leave it alone." Stu Gordon

RAMBLINGS OF GORDON

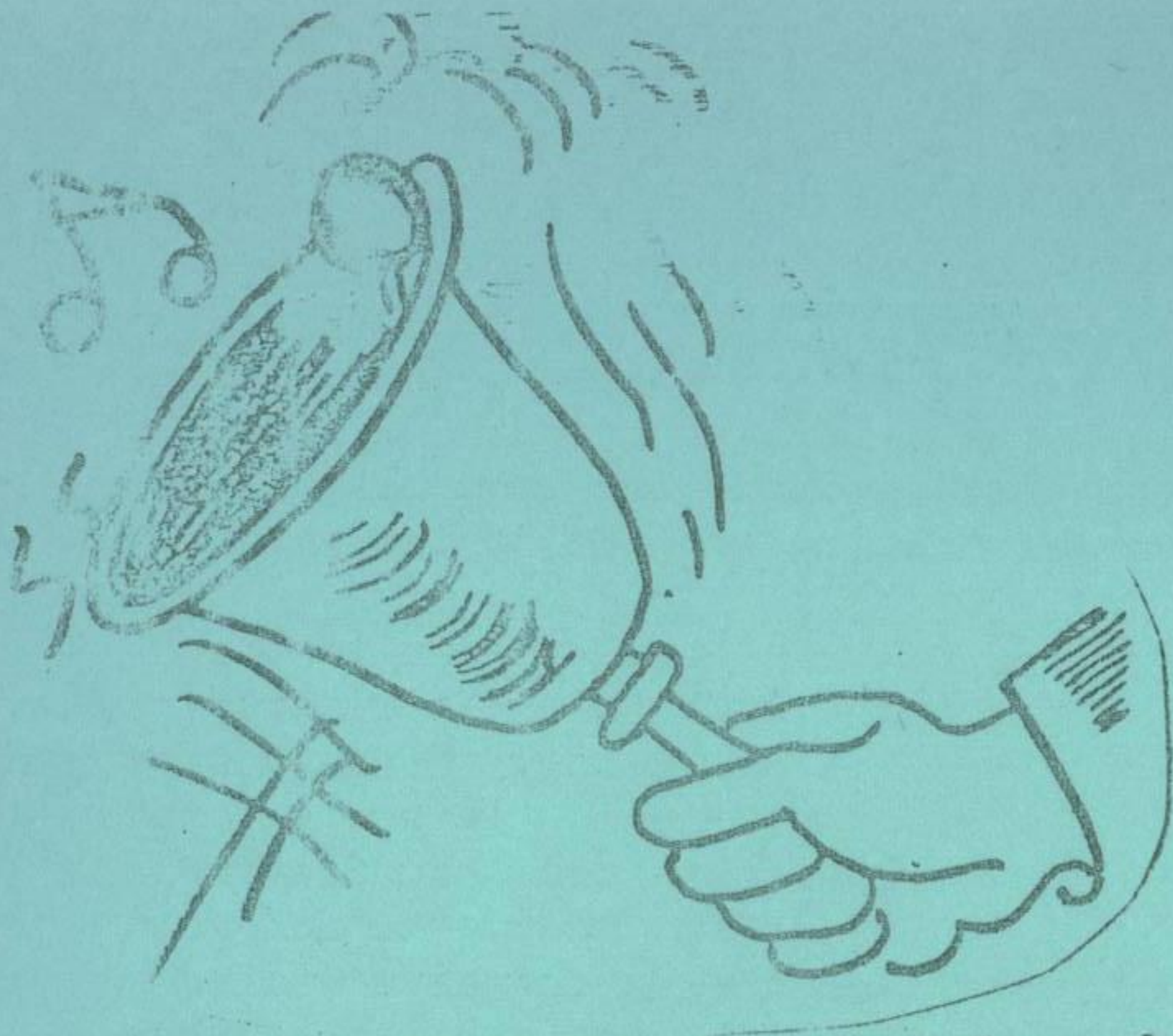
With the goose hunting season well underway, I must say that although I'm an avid Nimrod, I pose no real threat to the wildlife of North America. Be that as it may, I still enjoy going out and just watching the huge flights of birds as they travel back and forth from their feeding grounds to the water.

What I admire more than anything else at this time of year is the patience of the local ranchers and farmers in putting up with the stupidity of the would-be hunters, both local and imported. It's a simple thing to stop in at a farmer's house and ask permission to hunt on his land. If you get into a conversation with him, he'll probably tell you where the birds are feeding, in what direction they're likely to take off, and what time they come and go. You on the other hand return the favour by respecting the landowner's wishes and obeying common hunter safety rules and regulations. Also it helps to show your appreciation by bringing the landowner a couple of your birds (should you have good luck) not au naturel but plucked, cleaned and ready for the oven.

So far this year I've seen such blatant lack of respect for landowner's rights that I wouldn't be surprised to see more areas posted "No Hunting" completely within the next few years. I've talked with one man who caught three people from the Station hunting on his land without permission. They were so close to the water that the birds were scared off for several days before they returned. This scene could be catastrophic in an area like this where water is scarce, yet so necessary to the birds' survival on their long migration. Another landowner let people hunt on his land but told them explicitly that he did not want them close to the water. Lo and behold, the next day the hunters were there on the land, not close to the water but RIGHT IN IT! This type of disrespect not only ruins things for the hunters but also sours the local landowners. Communication between local people and this Station has always been very good. We enjoy each other's company. If bad habits persist, gates left open, fences cut, garbage left lying around, and laws broken, this feeling of oneness we enjoy so much now will deteriorate. We don't want that to happen, so please, hunters, think before you hunt! And landowners, please don't judge us all by observing a few!

Thank you.

ON HALLOWEEN NIGHT, NO TRICK OR TREAT WILL BE
ALLOWED AFTER 8 P.M.



Hear Ye
Hear Ye

Col D A. Hatfield, Assistant Command Chaplain, will preach at the Service in the Protestant Chapel on Sunday, 28 Oct. at 7:30 p.m.

Community Council's next Bingo will be held Tuesday, 6 Nov. at 8 p.m. in the Rec Centre. Jackpot will be \$275.00 in 51 numbers. There will be a door prize. The Bingo in December will be for turkeys.

Beginning 3 Nov '79, garbage pickup time will change from 0800 hours to 0900 hours in PMQ area and Domestic Site.

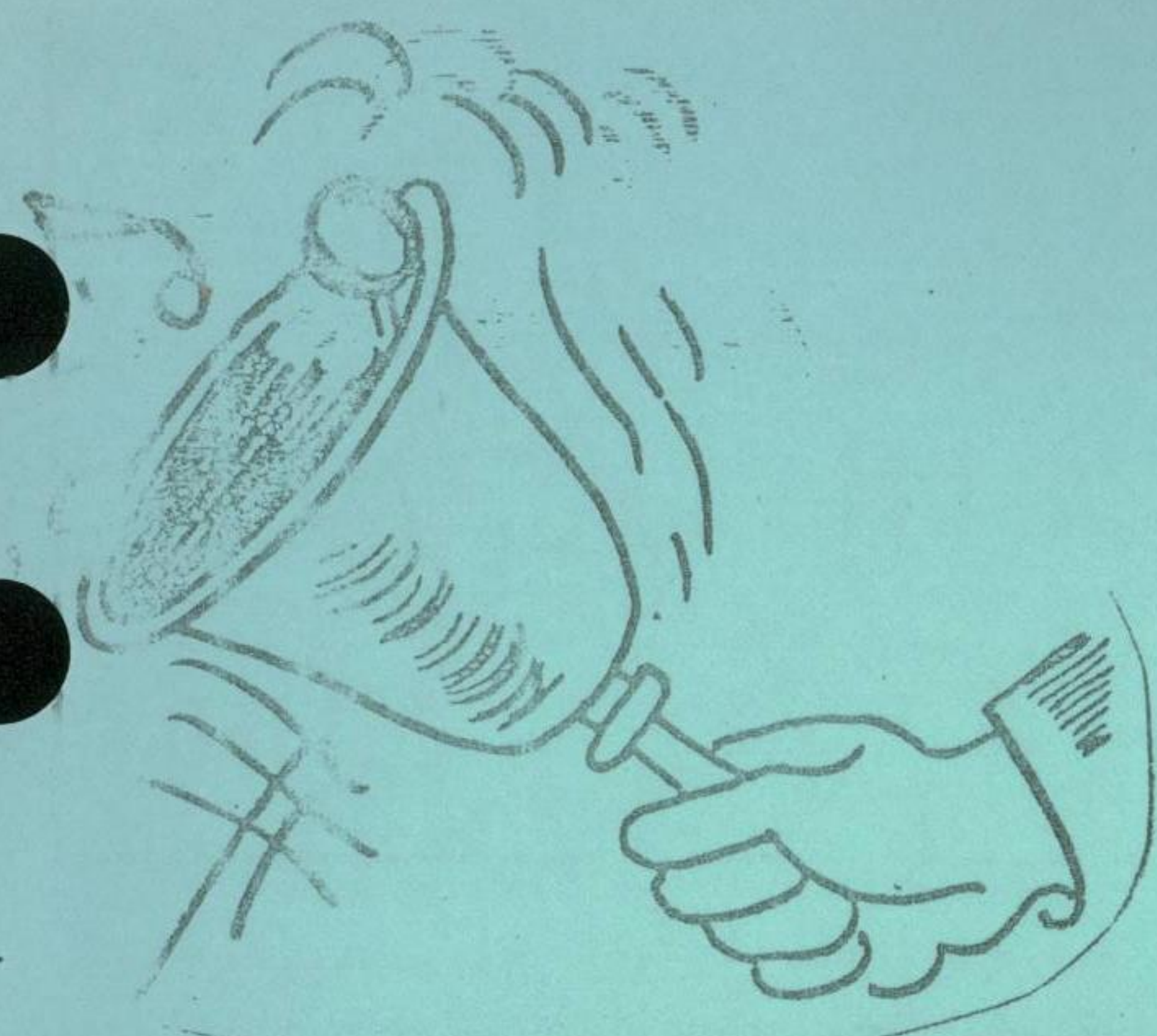
The Sunday School urgently requires spare and substitute teachers. If you are able to help please call Elaine Savidant at 2205 or 2622, or Sandi Petitpas at 2602.

There will be a general meeting of the Alsask Figure Skating Club on Tuesday, 30 Oct. at the Social Centre. All interested parents are asked to attend.

The time is fast approaching to the Chapel Ladies Guild Annual Christmas Tea and Bazaar. This year it will be held 24 Nov. at the Rec Centre. Anyone wishing to donate crafts or items for the White Elephant Sale, please call Sandi Petitpas at 2602. All donations gratefully received, as they sure mean a lot to the success of our bazaar. Please feel free to call me for pickup of donations.

The baby sitting service which has been provided for the Sunday evening service at the Protestant Chapel has been cancelled. On behalf of the Chapel I would like to thank Sandy Dooley and Debbie Munroe for volunteering their services freely each evening. They took time to organize crafts, stories, coloring, music and games for the children. A snack was also provided. For the smaller children a playpen was provided. Once again, thank you girls very much for coming forward and volunteering your services. I'm sorry that the people of our community could not find the time to take advantage of this service.

Sandi Petitpas



Hear Ye Hear Ye

Gymnastics for children ages 5 years and up will be commencing Sunday, 18 Nov. The time is 9:00 a.m. to 10:30 a.m. There will be a registration fee of \$2.00 per child. Please phone 2382 and register your child before 16 Nov. Please ensure that your child wears loose-fitting clothing and brings running shoes. The running shoes are a must! No running shoes, no gymnastics!

This year we are really in need of volunteers to help with the classes. No experience is necessary. If we don't get enough help, we may have to restrict the size of our classes. If you have any questions, please call me, Lynn Anderson, at 2382, PMQ 44.

NEW YEAR'S EVE ALL RANKS DANCE

DRESS: Semi-Formal - Gentlemen - Jacket & Tie/Turtleneck
Ladies - Suitable Attire

SCHEDULE: 7:00 p.m. - 7:30 p.m. Cocktails
7:30 p.m. - 9:00 p.m. Dinner
9:00 p.m. - 2:00 a.m. Dancing

BANDS: WO & Sgts Mess - "The New Scarlet Image" (same as last year)
Jr. Ranks Mess - "Sahara" (middle of the road band)

TICKET PRICES: Regular & Associate Mess Members - \$12.50 per person
Guests of Regular & Associate Mess Members - \$15.00 per person

TICKET SALES SCHEDULE: Regular Members - 1 Nov - 31 Dec
Associate Members - 25 Nov - 31 Dec

TICKET SELLERS: Officers' Mess - Capt. Shackleton, Loc. 202
WO & Sgts Mess - Sgt. MacIntosh, Loc. 217
Jr. Ranks Mess - Cpl. Gagne, Loc. 235

SEATING: Mess ticket sellers will provide a seating plan. You may reserve a seat(s) in any mess. You may wander from one mess to another. When going from mess to mess, please do not occupy someone else's seat who may be up dancing, etc.

TRANSPORTATION: For those who require a ride home, transportation will be available to Station and Town of Alsask residents.

"GET YOUR PARTY TOGETHER AND RESERVE YOUR SEATS EARLY"

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Heard any rumors about the pay raise lately? The stories range from no raise at all up to 10% now and 8% in April. I have held steady at a prediction of 8% and I guess I will stick to my guns. First of all, there will be a raise effective 1 Oct 79. Secondly, there will be another raise in April of 1980 to align our increases with the budget year of Apr to Mar. As for the amounts, my sources say 6.8% 1 Oct 79 and 5.3% 1 Apr 80. That is a total of 12.1% and an average of 8.3% over 1 year.

Chuck Stapleton is looking for a posting message on some PL3 Private. If anyone finds it please turn it in to the SOR. Marie Desveaux would like a stool so she can see who she is serving at the pay window. It must be at least 18" high and match the decor of her office. Lyle Holmstrom is trying to arrange for a swan to Winnipeg to investigate astroturf greens for the golf course. Any donations for his trip may be dropped off at the guard room (padded cell #2).

Canex has made a recovery in their expected contribution to station fund but it is mainly due to cutbacks in staff. The fact remains that our sales are way down from expectations. We must continue to support our own store in order to maintain our own community. Shop CFS Alask first and then look elsewhere.

One final note, our school program here on station may be expanding on 1 Jan 80. A Junior Kindergarten program could commence at this time. The proposal is to include children who will be eligible for regular Kindergarten next year. Details of the program will be published as soon as they are ironed out.

IF YOU ARE UNHAPPY

Once upon a time, there was a non-conforming sparrow who decided not to fly south for the winter. However, soon the weather turned so cold that he reluctantly started to fly south. In a short time, ice began to form on his wings and he fell to earth in a barnyard, almost frozen. A cow passed by and crapped on the little sparrow. The sparrow thought it was the end, but the manure warmed him and he defrosted his wings. Warm and happy, able to breathe, he started to sing. Just then a large cat came by and hearing the chirping, investigated the sounds. The cat cleared away the manure, found the chirping bird, and promptly ate him.

This story contains three morals:

1. Everyone who shits on you is not necessarily your enemy.
2. Everyone who gets you out of shit is not necessarily your friend.
3. And, if you are warm and happy in a pile of shit, keep your mouth shut.

CONSIDER YOUR PERSONAL SITUATION!



TOTEM TALK

FIRST SNOW FALLS:

We have now survived the first of the bad weather, ice rain and snow has created some pretty hazardous road conditions already with more to come no doubt. Don't let the winter sneak up on you, ADJUST to the road conditions, slow down and keep an eye out for those cold winter tricks. Remember to keep your car windows clear because there is no truth to the rumor that you "can't hit what you can't see."

HALLOWEEN HAUNTS:

It is that time again when the little ghosts and goblins put on their attire for tricks and treats. Every year though there are the same old problems with the October Classic and that's the bigger ghosts and goblins. Fun is fun but there has to be a limit with it; you could end up cleaning your friends egg off of your own windows. A little consideration is well appreciated by all.

Guardhouse Gossip: Ernie Woolf was promoted to Master Corporal on Friday; congratulations Ernie and I hope you recover from the celebration.

I haven't seen too much of Fitz, the great white hunter, lately; I hear he is still out in the fields waiting for the geese to land.

Jail Joke Line: MP: "Young lady you're drunk. You can't even hold your liquor!"

Lady (Grabbing bottle): "Oh yeah? Let me see you take it away from me!"

Prisoner: " I'm leaving! I want wine, women, and song!" The MP jumped out of his chair.

" Don't try to stop me!" shouted the prisoner.

" Who's trying to stop you?" exclaimed the MP. " I'm coming with you!"

"Who died?" asked the stranger at the funeral.

"I think it's that one over there in the coffin," replied the drunk.



THE OTHER DRIVER AND BAD WEATHER

You fully realize that drivers of other vehicles during bad weather are faced with the same hazards that face you. However, these other drivers present additional danger because many of them will not be adjusting their speeds to the special conditions present. Most of them will not have had the experience or the training that you have in coping with these conditions. In bad weather, therefore, you must watch the behaviour of other vehicles with special alertness.

WINTER DRIVING

If you and your car are prepared for winter driving, you'll get through Safe Driving Week, December 1-7, and the entire winter season without too much trouble. It's a matter of knowing what to do in cold weather conditions.

Have your tires, brakes, cooling system, exhaust system, battery, windshield washer and wipers checked, and repaired if necessary, before the snow flies. A proper tune-up is the best way to get ready for "old man winter."

Use a light touch on the gas when starting in snow or on icy surfaces. Too much power will only spin the wheels and make matters worse. Try starting in second gear for added traction.

If you do get stuck, try turning the wheels from side to side a few times to push the snow out of the way, then steer straight ahead and ease forward very slowly. Still stuck? Shovel away as much snow from around the tires as possible. Spread a little rocksalt, sand or ashes under the tires, and if you have them, place pieces of carpeting in front of the rear wheels. Now gently rock the car back and forth, shifting from forward to reverse (if your car has automatic transmission, check the owner's manual for the proper procedure for rocking). With each rock, you should gain a little ground. However, tire chains are still the best answer for getting out of such situations.

When driving on ice or snow, remember that it takes a much greater distance to bring your car to a halt than it does on dry pavement. Always leave more room between you and other drivers in winter. Reducing your speed not only increases your chances of stopping in time, it also helps reduce the possibility of skids.

Don't slam on the brakes. You'll lock the wheels and this could result in an uncontrolled skid. Pump your brakes gently so that you can maintain steering control.

If you do start to skid, don't panic, and don't slam on the brakes. Keep a firm grip on the steering wheel, take your foot off the accelerator and steer in the direction the rear of the vehicle is skidding. Be careful that you don't over compensate. When you feel the car regaining traction, straighten your wheels and be prepared to handle a skid in the opposite direction.

Keep your windows clear. Not just the windshield, but side and rear windows as well. Use your windshield washers, and if driving at night, stop occasionally and clean off headlights and taillights. You can't drive safely if you can't see and be seen.

When driving through fog or heavy snowfall, use your low beams. High beams reflect light off the fog or falling snow and can be blinding for a driver. If the visibility gets too bad, don't be a hero, pull well off the road with your emergency flashers on and wait until the fog or snowfall lets up.

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Dependant wives and interested individuals if your spouse has a drinking problem, if you know of someone who has a drinking problem, or if you are just interested in helping others who do have a problem come out and learn more about the problem and what you can do as interested individuals.

Place: Parish Hall
Time : 1900 hrs
Date: 21 Nov 79

All dependant wives and interested persons are urged to attend.

For more information call Wilf Bowering loc 227 Home 2353.

ALL TEENAGERS

If one or both of your parents have a drinking problem; If someone in your peer group has a drinking problem; or if you are interested in helping others, Come out and learn more about the problem and what you can do.

Place: Parish Hall
Time : 1800 hrs
Date : 22 Nov 79

All teenagers are urged to attend. For more information call Wilf Bowering loc 227 Home 2353.

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ARE YOU AN ALCOHOLIC?

To answer this question, ask yourself the following questions and answer them as honestly as you can.

- | | <u>YES</u> | <u>NO</u> | | |
|---|------------|-----------|---|-----|
| 1. Do you lose time from work due to drinking? | --- | --- | 11. Do you want a drink the next morning? | --- |
| 2. Is drinking making your home life unhappy? | --- | --- | 12. Does drinking cause you to have difficulty sleeping? | --- |
| 3. Do you drink because you are shy with other people? | --- | --- | 13. Has your efficiency decreased since drinking? | --- |
| 4. Is drinking affecting your reputation? | --- | --- | 14. Is drinking jeopardizing your job or business? | --- |
| 5. Have you ever felt remorse after drinking? | --- | --- | 15. Do you drink to escape from worries or trouble? | --- |
| 6. Have you gotten into financial difficulties as a result of your drinking? | --- | --- | 16. Do you drink alone? | --- |
| 7. Do you turn to lower companions and an inferior environment when drinking? | --- | --- | 17. Have you ever had a complete loss of memory as a result of drinking? | --- |
| 8. Does your drinking make you careless of your family's welfare? | --- | --- | 18. Has your physician ever treated you for drinking? | --- |
| 9. Has your ambition decreased since drinking? | --- | --- | 19. Do you drink to build up your self-confidence? | --- |
| 10. Do you crave a drink at a definite time daily? | --- | --- | 20. Have you ever been to a hospital or institution on account of drinking? | --- |

If you have answered YES to any one of the questions, there is a definite warning that you may be alcoholic.

If you have answered YES to any two the chances are that you are an alcoholic.

If you have answered YES to three or more, you are definitely an alcoholic.

C.E. SHOP TALK

by The Lone Spark



problems laying down.

With rumors of gas increasing in price, WO Ward has designed a "Ward Water Wagon" and plans on spending the rest of his life in bed! Put a battery driven motor on it and you can run to work in comfort, Al, and can solve all the ProdO's

Several CE hunters have spent a few mornings shivering in their pits waiting for the geese to come over. Their luck hasn't been that great but at least they didn't have to return empty handed. While waiting in the cold their inventive minds have been at work and they want someone to design a coffee maker, a battery operated elec. blanket plus a portable colored TV in case the geese go the other way. Mike Stapleton wants glasses with defrosters plus wipers so he can see the geese instead of having to ask "Where, Where". All that at affordable prices, too.

Our first taste of winter has come and almost gone, leaving us with toques, scarves, boots and mitts cluttering up the hall closet or perhaps still drying out depending on how much snow your pride and joy can find. Just think, five more months of snow, one month of slush and then two months of poor sledding, one month of summer and we can start all over again. It also means checking your doors and windows to see if weatherstripping is required for those winds can sure blow cold and we must practice conservation of energy.

The farmer sent his son to college, and the lad came home at the end of the first year jubilantly announcing that he stood second in his class.

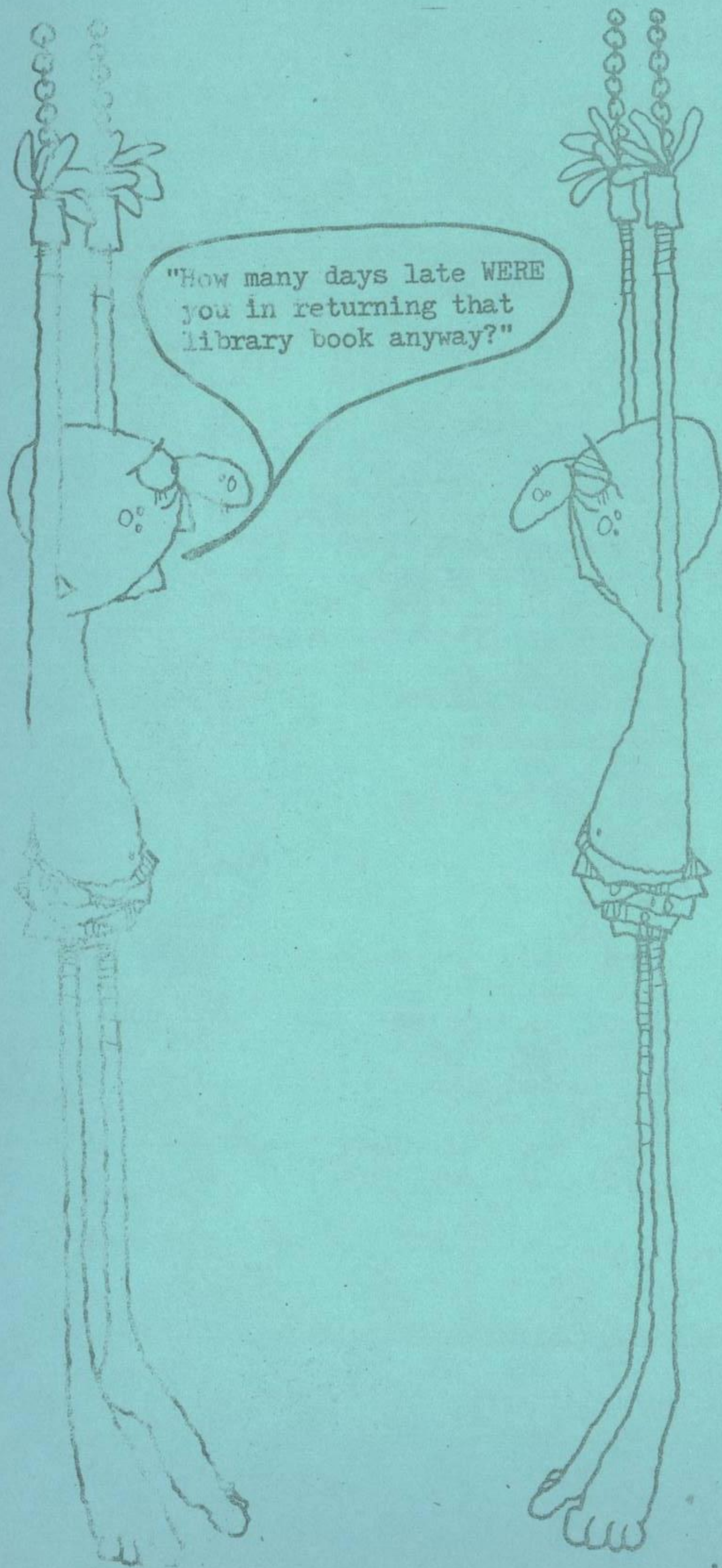
"Second?" said his father. "Second?" Why weren't you first? What do you think I'm sending you to school for, anyway?"

Filled with determination, the boy plowed into his books, and returned home from his sophomore year with top honors in studies. His father looked at him silently for a few minutes, then shrugged his shoulders and grumbled. "At the head of the class, eh? Well, it can't be much of a college".

The Catholic ladies of the Station and surrounding area meet every THIRD Thursday in the Parish Hall from 1:30 to 3:30 p.m. The purpose of these informal get-togethers is friendship, mutual interests and better understanding of our faith. Next few dates are: Oct. 25, Nov. 15 and Dec. 6.

14.

BOOKENDS



I'd like to welcome Debbie Adams to the Library as the new Assistant Librarian. She will be there Friday evenings. On Wednesday, Oct. 31, the Library will be closed. Any books due on that date will now be due on Friday, Nov. 2.

Thanks to the donations we've been getting, we have a very good selection of pocketbooks as well as our regular books. If you're running out of reading material, come and browse through the Library.

THE BOOK OF KEY FACTS: This book is a comprehensive, easy-to-use guide to what, when and where it all happened. More than 30,000 key facts of world politics, science, discovery, wars, religion, literature and the arts are concisely detailed in this unique book. Virtually every important event from 30,000 B.C. to the present is included.

JACK NICKLAUS - ON & OFF THE FAIRWAY: This is the running story, captured in prose and photographs, of the uniquely super-talented giant who has dominated the professional golfing world as no one has ever done before - for nearly twenty years. Here is the complete story of Jack Nicklaus, the whole man, told in his own words and often with refreshing candor.

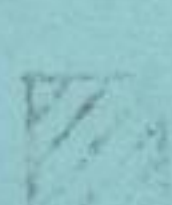

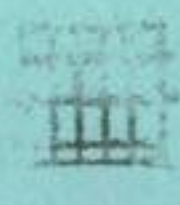
MAKING THINGS - BOOK 1 by Ann Wiseman. Children and adults will enjoy this delightfully drawn collection of simple arts and crafts. Most of the more than 100 projects can be completed in a short time by a child on his own or with the aid of an adult. The instructions are easy to follow and materials used are all readily available and inexpensive.

CFS ALSASK CASUAL BOWLING

- 1. Adults Only may sign out the keys to the Bowling Alley. The person signing must be a member in good standing of the Country Club and accepts full responsibility for the Bowling Alleys.
- 2. Fees for all casual bowling are set at 50¢ per game.
- 3. Keys may be obtained at the Guard Room.
- 4. All fees for bowling shall be placed in an envelope (along with score sheets) and put in the Deposit Box in the bowling alley.
- 5. A register must be filled out showing the opening/closing Frame Count Numbers (located on wall by shoes) to verify the number of games bowled (similar to procedure for the self-serve gas). This register is picked up and returned with the keys at the Guard Room. Check your opening numbers too make sure you are not charged for more bowling than you should be!

CFS ALSASK BOWLING SCHEDULE

Day Time	0800- 1000	1000 - 1200	1200 - 1400	1400 - 1600	1600 - 1800	1800 - 2000	2000 - 2200	2200 - 0800
MON								
TUE						League Play Only	League Play Only	
WED						League Play Only	League Play Only	
THUR	Maint/Cleaning					League Play Only	League Play Only	
FRI								
SAT	League Play Only	League Play Only	League Play Only	League Play Only	League Play Only			
SUN	Maint/Cleaning	Maint/Cleaning	League Play Only	League Play Only	League Play Only	League Play Only	League Play Only	

 League Play Only
  Open(Casual) Bowling
  Maint/Cleaning

The Above Schedule applies from Sep to Apr. Summer League Schedules will be published at a later date.

GYMNASIUM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY
0800 - 0900	Military Training	Military Training	Military Training
0900 - 1030	Ladies Fitness	Open	Ladies Fitness
1030 - 1300	Military Training	Military Training	Military Training
1300 - 1430	Open	Open	Open
1430 - 1530	DND School	DND School	DND School
1530 - 1730	Military Training	Military Training	Military Training
1730 - 1830	Boxing	*1730 - 1900 Open	Boxing
1830 - 2000	Scouts	*1900 - 2200 Teen	*1830 - 2030 Air Cadets
2000 - 2130	Archery	Town	*2030 - 2200 Open
	THURSDAY	FRIDAY	SATURDAY
0800 - 0900	Military Training	Military Training	*Open All Day Unless
0900 - 1030	Open	Ladies Fitness	Otherwise Posted.
1030 - 1115	Military Training	*1030 - 1300	
1115 - 1200	DND School	Military	SUNDAY
1200 - 1300	Military Training	Training	0900 - 1200 Gymnastics
1300 - 1400	Open	Open	1300 - 1600 Teen Town
1400 - 1530	DND School	DND School	1900 - 2200 Badminton
1530 - 1730	Military Training	Military Training	All other times Open.
1730 - 1830	Open	Boxing	
1830 - 2000	Cubs	Open	
2000 - 2200	Badminton	Open	

- NOTES: 1. After duty, Open or Unscheduled times, service personnel and dependent wives of CFS Alask may draw the gymnasium key. Other personnel with permission from the Senior Recreation NCO may sign for the key.
2. All allocations are subject to cancellation should military commitments dictate. Where possible advance notice will be given.
3. The above schedule is for your information. Changes will be made should circumstances demand.
4. Military Training gives military personnel approximately 23 hours allocated to them plus 8 Open hours for them to use for fitness training. All times are ideal training periods of the day.

POOL SCHEDULE

Fall & Winter Schedule, Starting Oct. 1, 1979

MONDAY:	1900 - 2000 Teen Town 2000 - 2100 Bronze Classes	THURSDAY:	1430 - 1530 DND School
TUESDAY:	1430 - 1530 DND School 1900 - 2100 Adult Swim Classes	FRIDAY:	1900 - 2000 Public 2000 - 2100 Adult
WEDNESDAY:	1430 - 1530 DND School 1900 - 2000 Public 2000 - 2100 Adult	SATURDAY:	1900 - 2000 Public 2000 - 2100 Adult
		SUNDAY:	1400 - 1600 Public

Swimmers with long hair are recommended to buy their own bathing caps as the wearing of bathing caps will be strictly enforced.

Anyone interested in joining the Adult swimming classes or the Bronze Class, contact either the Rec Centre, Loc. 268, or Mrs. J. Smith, 2625

Any person or group wanting to use the pool during any other time must have a qualified lifeguard on duty. Lifeguards can be reached at these numbers:

Mrs. J. Smith	2625
Miss B. Smith	2625
Mr. F. Ehrler	2232

There are many activities at CFS Alsask. The following list of contacts may assist you in choosing an activity for yourself or your family:

SCOUTS	Wayne Hornsby, Loc. 235 or 2388
GUIDES	Daphne Dael, 2383
BROWNIES	Daphne Coombs, 2672
BEAVERS	Marge Gordon, 2630
CUBS	Frank Truman, Loc. 245 or 2647
TEEN TOWN	Gerry Ehrler, Loc. 240 or 2232
PRE-TEEN BOWLING	Barry Moland, Loc. 211 or 2658
T-BALL (Summer)	MQ Council Mayor
SUMMER PLAYGROUND	MQ Council Mayor
FIGURE SKATING	MQ Council Mayor
HOCKEY	Carson Woodman, Loc. 203 or 2342
SWIMMING	Rec Staff, Loc. 268
CURLING	Rec Staff, Loc. 268
BADMINTON	Rec Staff, Loc. 268
BOWLING	Mike Newell, Loc. 218 or 2231
JUDO	Rec Staff, Loc. 268
BOXING	Rec Staff, Loc. 268
ARCHERY	Wayne Hornsby, Loc. 235 or 2388
SCUBA	Rec Staff, Loc. 268
SKIING, Alpine or Nordic	Rec Staff, Loc. 268
GOLF	Gerry Swirsky, Loc. 211
TENNIS	Rec Staff, Loc. 268
SKEET	Sandy Cochrane, Loc. 213 or 2659
SADDLE CLUB	Darrell Levitt, Loc. 231 or 2607
JOGGING	Rec Staff, Loc. 268
GYMNASTICS	Wayne Anderson, Loc. 208 or 2382
SOFTBALL	Hilbert Kovitch, Loc. 227 or 2384
CERAMICS	Sheryl Cote, 2368
WOOD HOBBY	Bob Cote, Loc. 223 or 2368
WEIGHT TRAINING	Rec Staff, Loc. 268
PADDLE BALL	Rec Staff, Loc. 268
VOLLEYBALL	Rec Staff, Loc. 268
FLOOR HOCKEY	Rec Staff, Loc. 268

FINANCIAL - SMALL LOANS AND BENEVOLENT FUND ASSISTANCE

1. The Canadian Forces Personnel Assistance Fund (CFPAF) comprises the Canadian Forces Small Loan Programme (CFSLP) and the Canadian Forces Financial Distress Programme. The Financial Distress Programme is operated in co-operation with the Royal Canadian Air Force Benevolent Fund (RCAFBF).
2. CFSLP Small loans of \$50. to \$500. are available to all members of the Canadian Forces (Regular) for any genuine purpose that will promote the well-being of members or their dependents.
3. CFSLP repayment rates may be geared from six to 24 months depending on the amount of the loan, at a service charge of \$3.00 per \$100. per year or approximately 5½% simple interest.
4. Any regular member on leave, TD, etc. away from his home unit may apply to the unit nearest him for an emergency loan.
5. If a member is on an unaccompanied posting, his dependent may make application to the loan committee where the dependent is located for assistance.
6. Applications for CFSLP small loans, Distress/Benevolent Fund Assistance, or Benevolent/Financial counselling committee:

Chairman - Lt. D.M. Newell SCOMPT 218
 Secretary - Sgt. B.A. Moland 211
 Member - Capt. J.F. Shackleton CADO 202



CFS ALSASK CHAPEL (RC & P)

ROMAN CATHOLIC
 Mass: 5 p.m. Saturday
 Confession: Before Mass and by appointment.
 Baptisms: Please contact Chaplain as soon as possible.
 Marriages: Please contact Chaplain at least 3 months in advance.
 Chaplain: Father Joseph Dormans
 CFS Alsask - 264 Thursdays only.
 Residence - 463-2306 (Kindersley)
 RC Chapel Committee Chairman:

PROTESTANT

Worship: 7:30 p.m. each Sunday
 Sunday School: 11:00 a.m. each Sunday
 Baptisms & Marriages: Please contact Chaplain as soon as possible for arrangements.
 Chaplains: Padre David Nevett conducts Sunday services and visits the Station alternate Tuesdays. Call 463-2317 Kindersley or Loc. 264.
 Padre Al Stenson from CFB Penhold will visit the Station from time to time. Call Loc. 397 Penhold.

CABLE TV CHANNELS

STATION	RECEIVED CHANNEL	CABLE CHANNEL
CFCN Calgary	2	2
CHAT Medicine Hat	4	4
CKRD Red Deer	10	10
CFQC Saskatoon	3	7
CBRST Saskatoon	9	6

CATV PROBLEMS

Call Mon - Fri 8 a.m. to 4:30 p.m.
 Loc. 245 and ask for CATV

Weekends and after duty hours call
 Bill Pronyk 2614 - Manager
 Phil Adams 2346
 John Mathews 2361

CANEX: Mon - Fri 10:30 - 12:30
 1:00 - 5:30
 Sat 11:00 - 3:00
 Phone Loc. 239 or 2262

AUTO CLUB: Self-serve
 Pick up key at Guardhouse.

LIBRARY: Mon, Wed, Fri evenings
 7:00 - 9:00 p.m. Located at
 school. Use SE corner door.
 Librarian - Shirley Newell

SNACK BAR: Mon-Thurs 4:30 - 10:00
 Friday 4:30 - 12:00
 Saturday 12:00 - 12:00
 Sunday 12:00 - 10:00

FIRE ALARM SYSTEM IS UNSERVICEABLE. PHONE 222 IF ON BASE OR 2277 IN MQ'S.

BABYSITTERS

* indicates those who have had a babysitting course. Anyone wishing to be included on this list please send your name, age, phone number and whether or not you have had a babysitting course to the Tumbleweed.

Michelle Ross	(13)	*	2264	Elena Thomas	(13)	*	2656
Gloria Moskowac	(17)	*	2608	Karen Wilke	(14)	*	2296
Tracey Motion	(16)		2243	Brad Thomas	(15)	*	2656
Darrell Christman	(17)	*	2386	Barb Burk	(16)	*	2252
Martin Christman	(15)	*	2386	Debbie Munro	(16)	*	2396
Mandy Mathews	(16)		2361	Sandy Dooley	(15)		2686
Jinda Adams	(14)	*	2346	Butch Woodman	(15)		2342
Kevin Brandner	(14)	*	2601				

SERVICES AND BUSINESSES

AWAY DISTRIBUTORS: Call Al or Jean Smith at 2625 or stop in at PMQ 98.

AVON REPS: Base - Shirley Newell call 2231. Town: Marge Horton - call 2235.

BABY CLINIC: 2nd Thursday of each month. Phone Kay Langille - 2317

BARBER SHOP: Frank Truman 2647 and Jocelyn Dore 257/206. Wed. and Thur. 6-9p.m. by appointment. Fill in appointment book at barber shop door.

CUT & CURL CORNER (BEAUTY SHOP): Elaine Savidant (home 2205) Phone 2622 for appointments. Hours: Tues.-Fri. 9:00 a.m. - 5:00 p.m. Sat. 9:00 a.m. - 3:00 p.m. Closed Noon to 1:00 p.m.

HARVARD CREDIT UNION: Call Lyle Holmstrom, Loc. 213.

REGAL PRODUCTS: Anyone interested in ordering supplies through Regal or in looking at the Regal Catalogue can contact Stella Doody at 2232 or at MQ 34.

ROYAL BANK: Call 2213
Mon., Tues., Wed., & Fri.:
10:00 a.m. - Noon
1:00 p.m. - 3:00 p.m.
Thurs.: 10:00 a.m. - Noon
1:00 p.m. - 5:00 p.m.

SEW & SAVE: Phone Marge Thomson at 2258. Located in home, 2nd Ave., E - first home on way into town. Hours: any time.

SGIO: Motor vehicle licence issuer. Game and angling licences. Automobile, Casualty & Fire Insurance. Phone Gwen Martin at 2692.

TR-CHEM SUPPLIES: Phone Brenda Holmstrom at 2666.

STAR-PHOENIX: Town delivery, call Dean Stroud - 2696. Base delivery, call Mike & Chris Dolan at 2218, or Richard Gordon at 2630. Please - advise if you are going to be away.

SUN-LIFE ASSURANCE CO. OF CANADA: Rep. Ken Winter is at the Rec Center on the first and third Thursday of each month from 7 - 9 p.m. Phone 2433.


VANDA BEAUTY COUNSELLOR: For info on home demonstration of make-up, beauty aids, etc., call Fern Wilke at 2296.

PONTIAC, BUICK GMC: Keller & Cameron Ltd of Kindersley invites interested persons to see their new 1980 Pontiac, Buick & GMC trucks now in their showroom. Call 463-2617 or see Bob England, Don Morgan, Elwind Gronning or Bernard Keller.

MUTUAL LIFE OF CANADA: For all year insurance needs or registered retirement savings call Quincy Von Kuster at 463-3060.

KINDERSLEY HOBEE SHOPPE: We now have Radio Shack equipment. Call 463-2145. Located on Main St., in Kindersley.

Look at all the dirt RINSENVAC got out of our carpet!



You'll be amazed when you see how really deep down clean your carpets can be. RINSENVAC rinses and vacuums out dirt and grime in a single sweep. Cleans the way professionals do—but at a fraction of the cost!

For professional carpet cleaning you can do yourself

Only RENT RINSENVAC \$12.00 a day

AVAILABLE AT -

MACLEODS

664-3620 Oyen, Alta.

BOY SCOUTS OF CANADA: Call Wayne Hornsby at 2388 for information.

GIRL GUIDES OF CANADA: Brownies: Call Daphne Coombs at 2672; Guides: Call Daphne Dael at 2383; Pathfinders: Call Virginia Schaefer at 403 576-2121.

ROYAL CANADIAN LEGION: Flaxcombe Branch No. 98. Sick and visiting committee, see or call Russ Denney at 2358 or Hiram Huston at 2229.

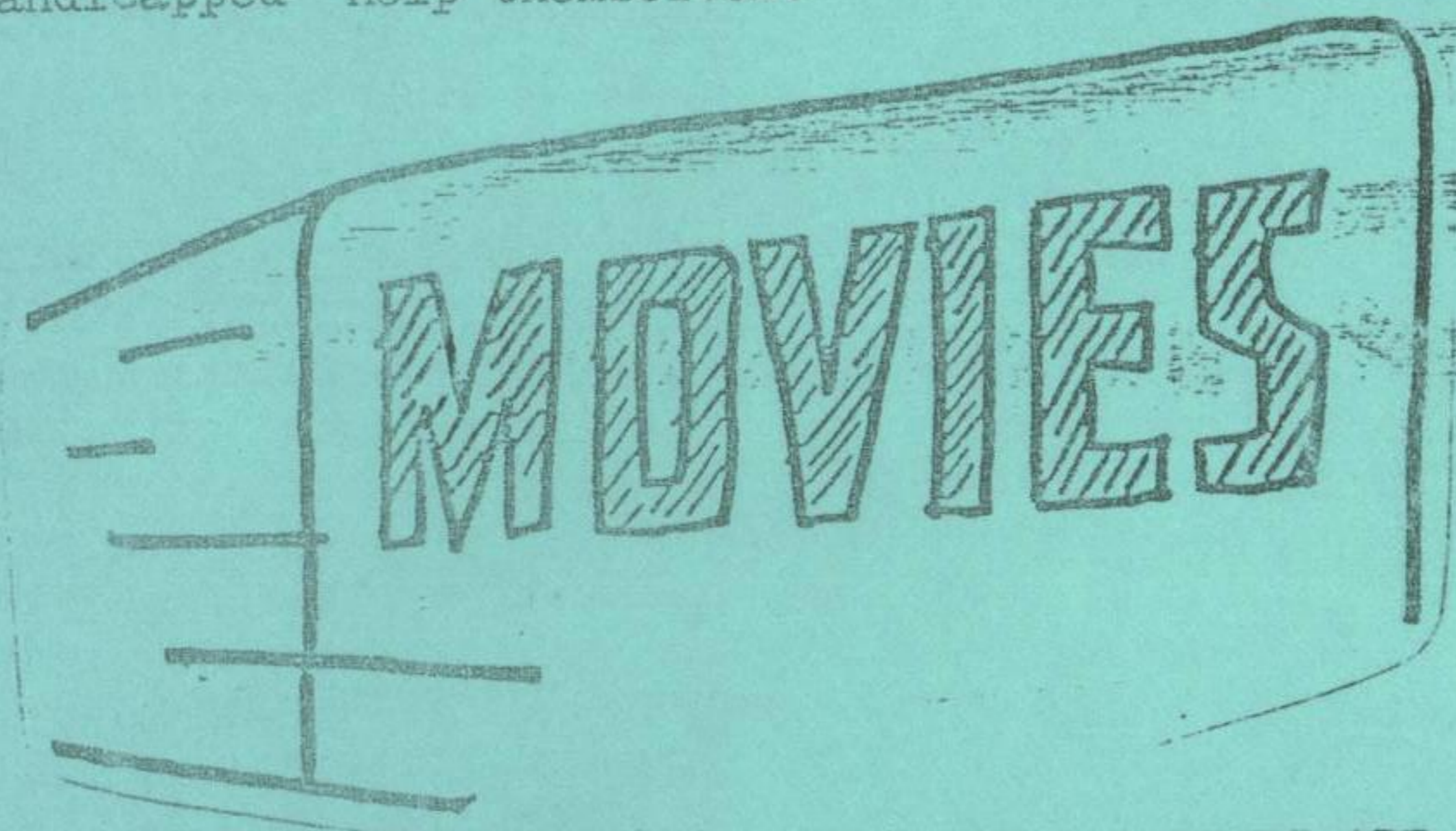
TOPS (Take Off Pounds Sensibly): Meeting 7:30 p.m. Mondays at the United Church, Alsask.

Yes! There is an A.A. & Al-Anon in Alsask. Friday evening 8 p.m. in the United Church. Every 3rd. Friday is a Public Open Meeting. Anyone interested may attend. For more information call 968-2691, 968-2310, 968-2666 or 968-2353.



Did you know that there is an active club in Alsask? For information call Harry Pyttlik at 2270 or Wayne Hornsby at 2388.

WEST CENTRAL FARM for handicapped persons in Kindersley collects newsprint type paper that they sort, bundle and sell to insulation firms. From this and other projects they are able to support themselves. You can help them in this project by collecting and depositing your papers in the small green trailer that is parked in the vacant lot beside Kellys' Food Centre from time to time. Help the handicapped help themselves.



Oct. 26 - DOUBLE FEATURE - KING OF THE GYPSIES starring Sterling Hayden & Shelley Winters Drama Rated R PLUS STAY HUNGRY starring Jeff Bridges & Sally Field Comedy-Drama Rated R

Oct. 27 - ANIMALS ARE BEAUTIFUL PEOPLE starring Jamie Uys Rated G

Nov. 2 - AGATHA starring Dustin Hoffman & Vanessa Redgrave Drama Rated PG

Nov. 3 - CARTOON PROGRAM Animated Cartoons Rated G

Nov. 9 - DOUBLE FEATURE - LOVE AT ST. JAMES starring George Hamilton Fantasy-Comedy Rated PG PLUS SHAPE OF THINGS TO COME starring Jack Palance & Carol Lynley Sci-Fi Rated PG

Nov. 10 - ABBOTT & COSTELLO MEET THE INVISIBLE MAN Comedy Rated G

ADVERTISEMENTS

Advertisements are to be submitted in writing along with the number of times you wish them to run, to a maximum of three times. If your ad gets results, please call Bonnie Cochrane at 2659 to have it discontinued. The Tumbleweed staff is not responsible for errors in advertising.

FOR SALE

Queen-size bed, including mattress, foundation, frame and rollers. Almost new. Reasonably priced. Phone 2362. (2)

1 - 72" sink counter, upper & lower set without taps & sinks. 1 - 48" bottom cabinet. 1 - 36" bottom cabinet. The above have gold glitter counter tops. Available about Dec. 1. 1 - 90,000 BTU Coleman natural gas Hi-boy furnace. Phone Gwen or Lloyd at 2692. (1)

2 Afghans, approx. size 54" x 72". One is off-white, the other is variegated browns. Both new. Also, will crochet afghans, tablecloths, etc. for hire. Phone Ken Andrew at 2301. (1)

35 Cal. Marlin rifle, excellent condition. Gas powered lawn mower. Medium size youth parka, Navy blue, like new. Phone 2647 (2)

1 Honeywell Strobolar electronic flash. 1 Strobo-eye salve unit. 1 mounting bracket. Set of 4 Strobodomes for special effects. 1 charging transformer. 55mm filters for 35mm photography - orange, yellow, red, cross-screen (star effect). Phone 2631. (2)

1972 Holly Park 2-bedroom mobile home. Includes skirting, fuel tanks, chesterfield and chair, fridge, stove, washer, dryer, bed, some fencing, drapes & carpeting. Other features include hidden lighting and built-in dresser in master bedroom; double sinks, large mirror & built-in clothes hamper in bathroom; built-in china cabinet, clock & intercom in dining room. Phone 2631. (2)

FOR SALE

Torcan hair dryer \$10.00. Animal-shaped Fridge, Stove & Sink set \$30. (These are priced at \$18. each in Consumers Catalogue) Coleco "Good Puppy" \$5.00. Fisher-Price radio \$1.50. Fisher-Price Beads \$1.25. Shape Sorter \$5.00. Winnie the Pooh crib toy \$2.00. Phone 2271 or MQ 16. (2)

1974 AMC Hornet Sportabout, V8 304, newly reconditioned transmission, PS, Pullman seats, new battery, good condition. Phone 2205. (3)

1 39" bed complete with box spring & mattress. Good condition. Gold rug 6' x 9'. For more info call Capt. Shackleton, Loc. 202 or 2641. (3)

DICON 200 Smoke/Fire Alarm System. Features economical 9-volt battery; low battery warning; flashing power "ON" light; dual ionization chambers; advanced solid state circuitry; supervised sensing semiconductor; test button; loud 85 decibel alarm; automatic reset; easy installation, no wires; 2 year warranty. These units cost \$15.00 each and must be pre-paid. Anyone wanting to purchase one or more of these detectors can contact Max or Dave Loc. 205. (3)

1963 Dodge car, 318 cu.in. V8 standard Suitable for parts. Engine and Trans. good, with new clutch. \$100. Phone 2388. (3)

WANTED TO BUY

Cub sweater, size 8 - 10, and Cub Cap. Phone 2601. (1)

FOR THE LITTLE ONES!

