

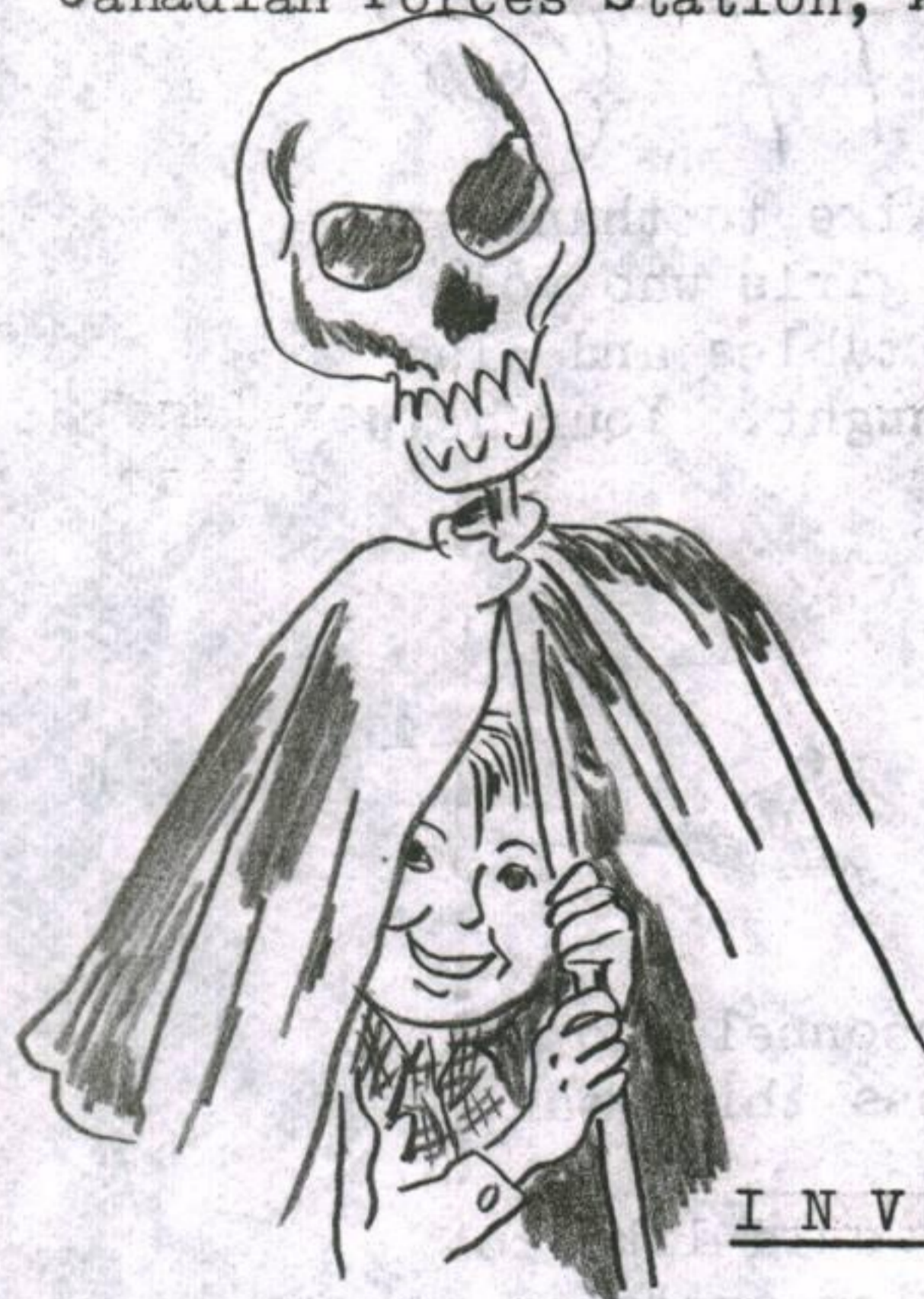
CFS ALSASK

Cumblweed



TUMBLEWEED - 21 OCT 1976

Items will not be accepted for publication unless signed by the contributor. Such items must be received by NOON, 4 NOV. The views and opinions herewith expressed are not necessarily those of the Department of National Defence. The "Tumbleweed" is printed under the authority of LCol L.A. Gibbon, Commanding Officer, Canadian Forces Station, Alask.



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C F S A L S A S K C H A P E L (R C & P)

I N V I T E you to join us in our worship and activities

ROMAN CATHOLIC

Mass: 7:00 p.m. Saturday

Confession: Before Mass and by appointment

Baptisms: Please contact Chaplain as soon as possible

Marriages: Please contact Chaplain at least 3 months in advance.

CHAPLAIN (RC)

Father Mike Bedard
CFS Alask
Residence - 968-2766

Both Chaplains are on base on Tuesdays

PROTESTANT

Worship: 7:00 p.m. Sunday

Sunday School: 10:30 a.m. Sunday

Baptism: Please contact Chaplain as early as possible for information

Marriages: Please contact Chaplain as early as possible for arrangements.

CHAPLAINS: (P)

Padre Al Stenson
CFS Penhold - 397
Residence - (403) 886-4058

Padre Tom Sharp
CFS Alask - 364
Residence (403) 664-2818



CHURCH SERVICES IN THE VILLAGE OF ALSASK

ANGLICAN CHURCH

MISSIONARY CHURCH

UNITED CHURCH

Sunday School 10:30 a.m.
Service 11:30 a.m.

The A.C.W. Ladies of Alsask wish to thank all those who helped with our recent bazaar & tea. We were very pleased with the good turn out.



Mrs. Hasell



The executive committee of the Junior Ranks Mess would like to thank everyone who helped out with the Oktoberfest dance, especially the girls who volunteered to serve beer, the people who helped set up and take down tables and also a special thanks to the people who donated funds to buy kegs of draught. Your help and support made this year's Oktoberfest a great success.

LETTER OF THANKS TO MERIDIAN PARTICIPANTS

I would like to convey my appreciation to all station personnel who helped to make Operation Meridian, our annual goose and duck hunt, a success this year.

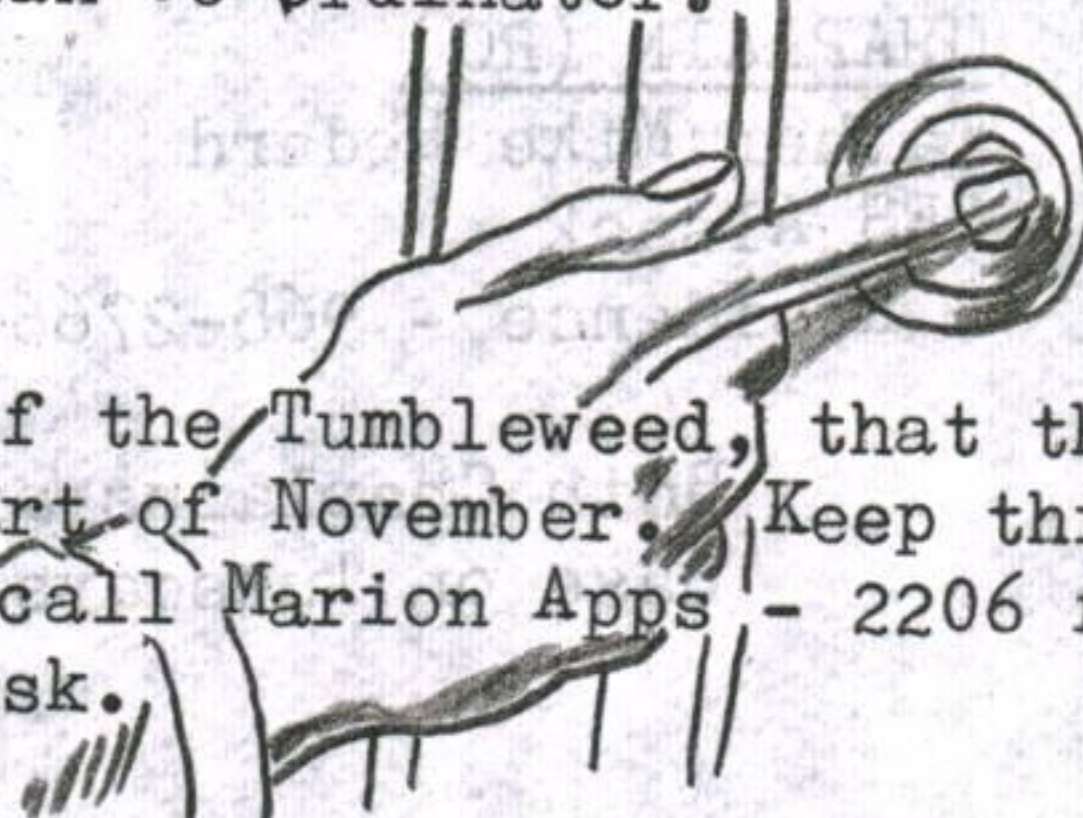
Many people contributed to Meridian, but in particular I would like to single out MWO John Rainbow who not only guided extensively, but also assisted in planning and preparation for the Hunters' Dinner. Also, my chief guides, MCpl L.C. Hunt and Cpl G. Negrich and the remainder of the guides, all of whom put in very long, hard hours so as to give our guests the best shoots possible. The hunters returned home tired, but satisfied and many have expressed a desire to return in 1977, so the results were well worth the effort. Guiding this year for Meridian were Sgt. Driedeger, Sgt. Pearce, Sgt. Pithers, MCpl Bloom, MCpl Burke, Mr. Bogcoe and Mr. Hawtin.

Thanks also to Sgt. Malloy who handled the skeet shoots for incoming hunters and those cooks for the kitchen staff, who were up at 0430 each morning to prepare breakfast. To all, a job well done!!

LGJ Kozuback, Lt.,
Meridian Co-ordinator.

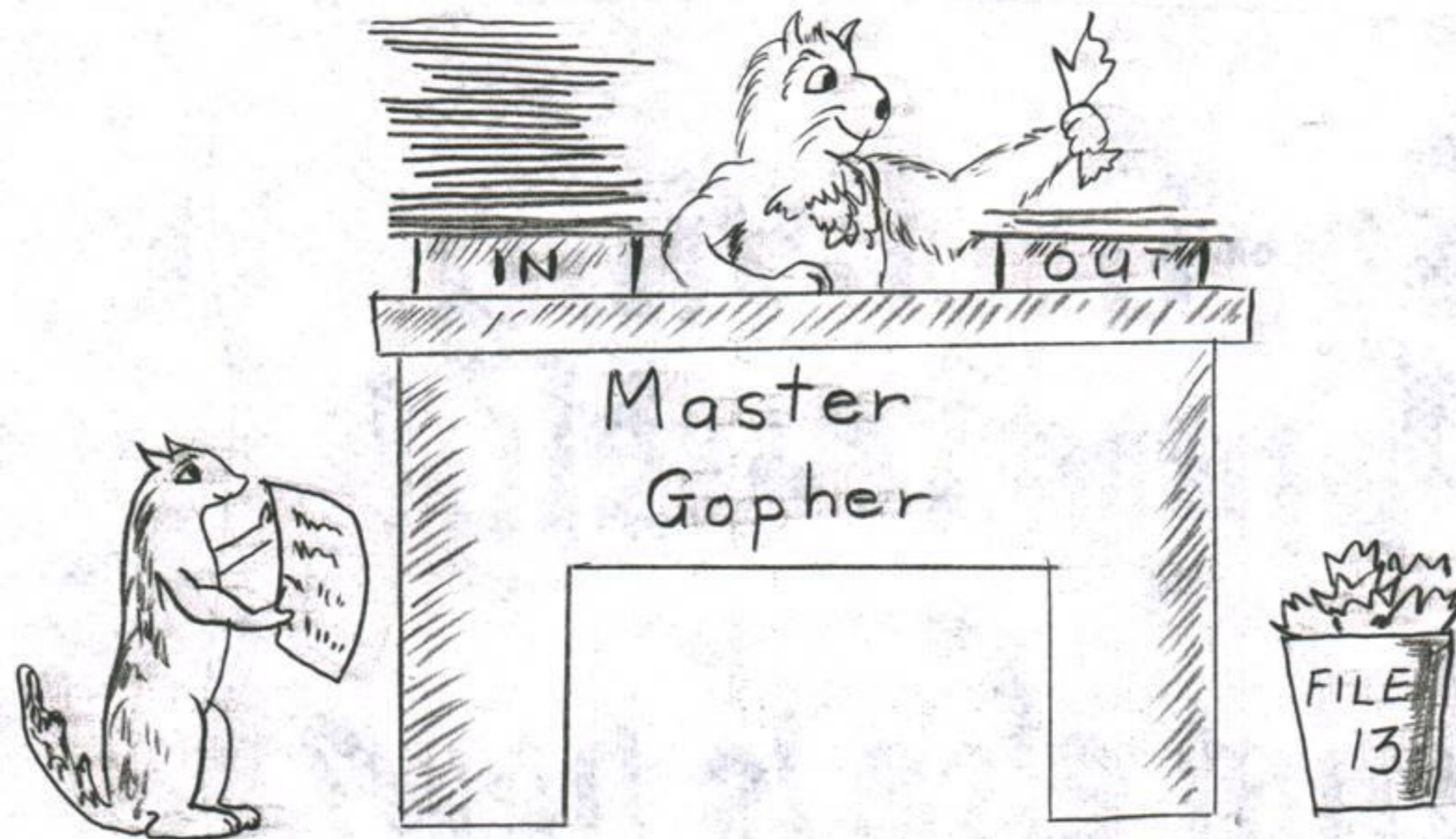
WE'LL CALL ON YOU FOR DONOR'S CHOICE

This is just a reminder from the last copy of the Tumbleweed, that the canvassers will be coming to your door in the early part of November. Keep this in mind for your consideration. For further information call Marion Apps - 2206 for Village of Alsask or Sheryl Coté at 2368 for CFS Alsask.



SIGN IN A GAS STATION: "REFOLDING OF MAPS FREE WITH EVERY 5 GALLON PURCHASE"

WHEN WE WERE KIDS ALL FOOD WAS "HEALTH FOOD". IF WE DIDN'T EAT IT OUR PARENTS WOULD KILL US.

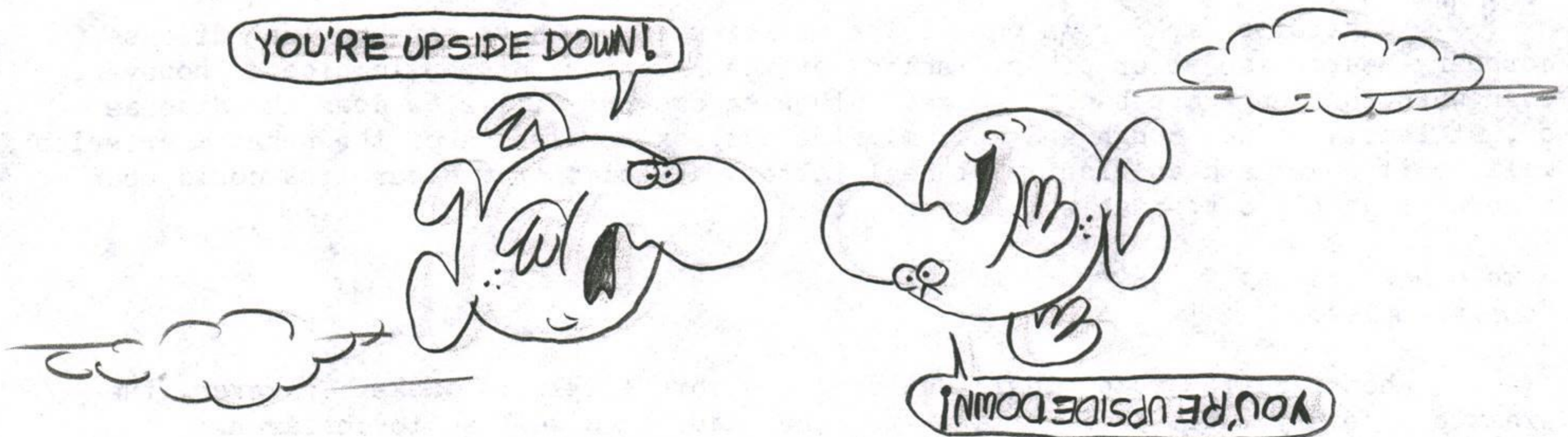


In case you didn't notice, the last issue of the Tumbleweed didn't contain a Master Gopher Message. As you may also have overlooked, gophers have been generally scarce of late as they pursue their primeval habit of burrowing-in for the winter. Lest you conclude that the Master Gopher has "gone underground" until spring, take note that this is not exactly the case (I did pit-in a couple of mornings). Regretfully I also missed the last deadline because I've been preoccupied with visiting and visitors but I now expect to settle down to a more normal or routine existence.

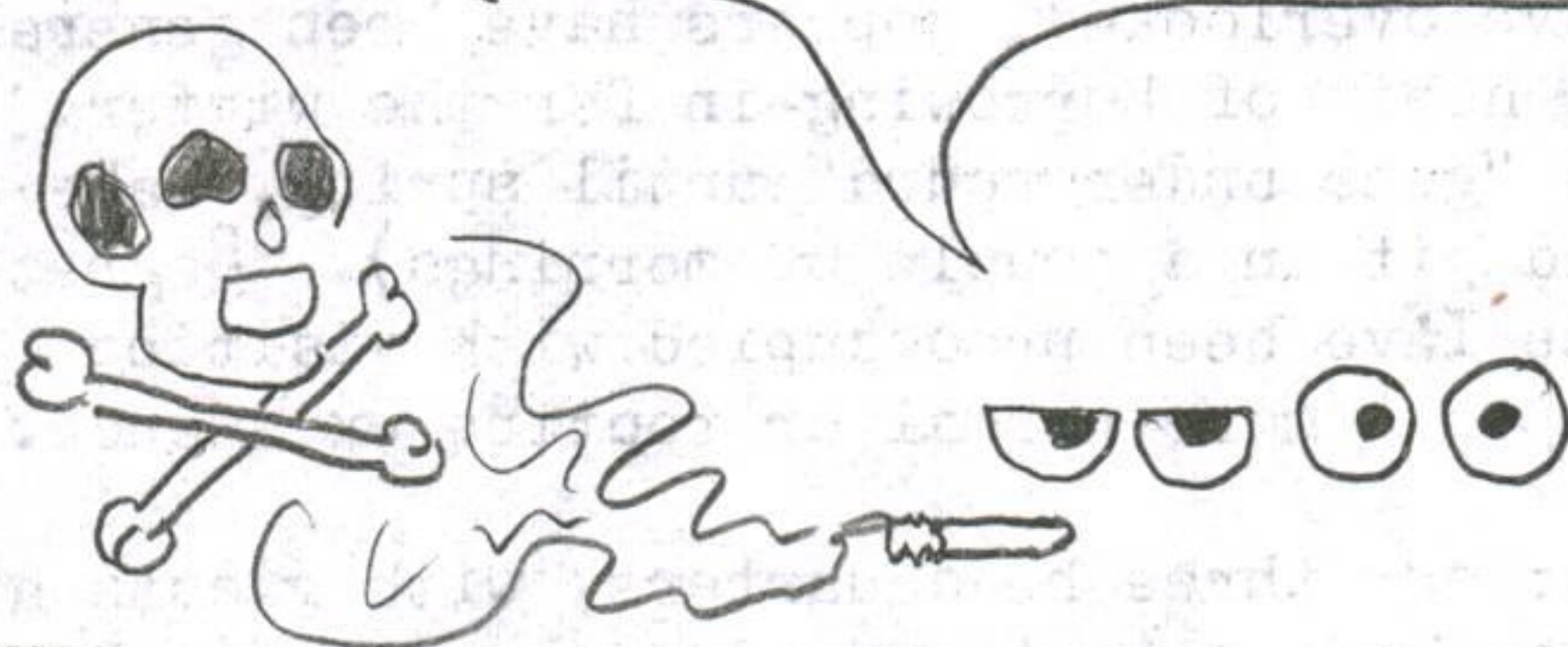
However, this splurge of visiting at our three headquarters, with guests at the station and around the local community has been a most rewarding experience because it has provided quite a few opportunities for me to accept on your behalf the congratulations and best wishes of the many "friends of CFS Alsask" you have made over a long period of time. These compliments apply to all aspects of your professional and social activities. CFS Alsask enjoys this reputation because of your many generous contributions of time, effort, and talent, for which I hasten to add my most sincere personal thanks. At this point, I would like to pay special tribute to all those who contributed in so many ways in carrying out another successful Operation Meridian.

Noticing that the gophers are burrowing-in reminds us of the inevitable onslaught of old-man winter. The good news is that the dark season culminates in the Winter Carnival. This year's Chairman is Sgt Frank Lahey (also good news) and I ask you to give him your immediate support to make this annual event another success for the Alsask area.

The MG has to go-fer supper and the column has to go-fer typesetting, so farewell 'til the next Tumbleweed tumbles off the press.

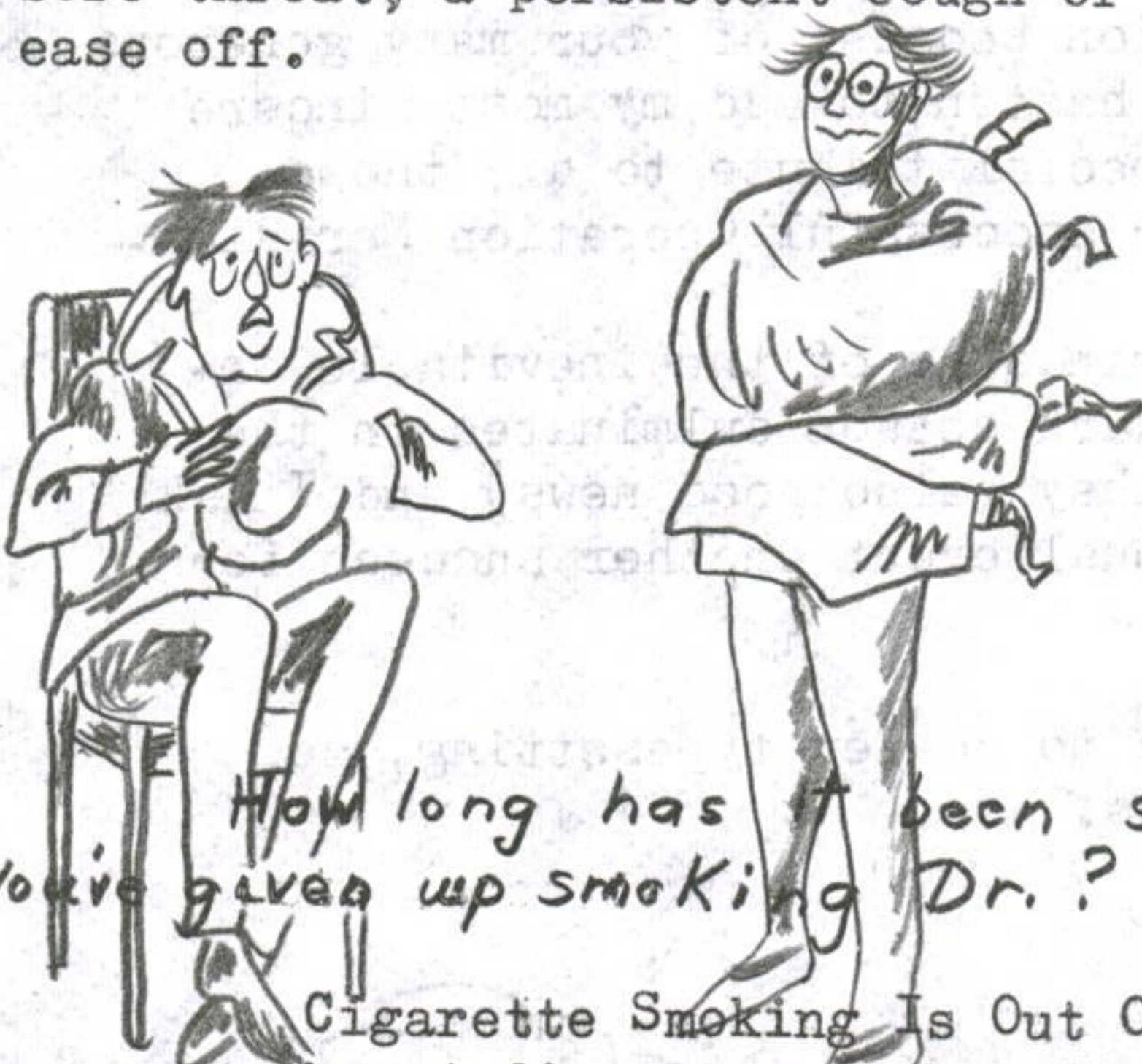


So-I'm living
Dangerously!
what else is new?



JUST THIS:

Thinking about cigarette smoking is natural when you visit your doctor. A sore throat, a persistent cough or shortness of breath may already have caused you to ease off.



Or perhaps your expecting to have non-smoking prescribed as a good health habit on general principal.

How long has it been since
you've given up smoking Dr.?

Cigarette Smoking Is Out Of The Question if you have chronic lung disease, coronary heart disease or other diseases of the arteries, or peptic ulcer. However, even when the lungs are badly damaged, stopping smoking will slow down the disease or, at least, reduce cough and sputum. The outlook in disease of the heart & arteries will be improved and an ulcer will heal faster. Freedom from cigarettes could mean a more pleasant, comfortable & longer life.

Some other points:
Your Example:

When parents smoke, their children are more likely to smoke. However, the example of every adult is important--to other adults as well as to children.

Your Safety:

One-third of all property fires in Canada in 1964 were due to smoking, the

DID DRUGS - continued

largest single cause of such fires. These fires cause many deaths, particularly of the very young & the very old. Smoking is second only to lightning as a cause of forest fires.

Your Pocketbook:

If you are a pack-a-day smoker and decide to quit the money you save will buy a record player in three months, a hi-fi or television set in a year, a motor bike or trip to Europe or the Caribbean in two years.

If You Want to Stop Smoking, WHAT THEN?

Well it's not easy. It may be one of the hardest things you ever tried. Of those who do try, some never make it. ONE THING IS CERTAIN, NO ONE CAN DO IT FOR YOU. But, if you have what it takes, here goes:



(1) A good time to kick the habit is when there is a change in routine, - a few days in bed with a cold or other illness, a holiday or weekend, a business trip; in fact anything that feels like a fresh start. If you need to stop because of an illness or choose to stop on a holiday why start again?

(2) List your reasons for stopping and the benefits you expect to gain so you can refer to them when you feel you might slip. This will help you maintain your determination to quit.

(3) Stop carrying cigarettes. It will break

the automatic habit of reaching for one.

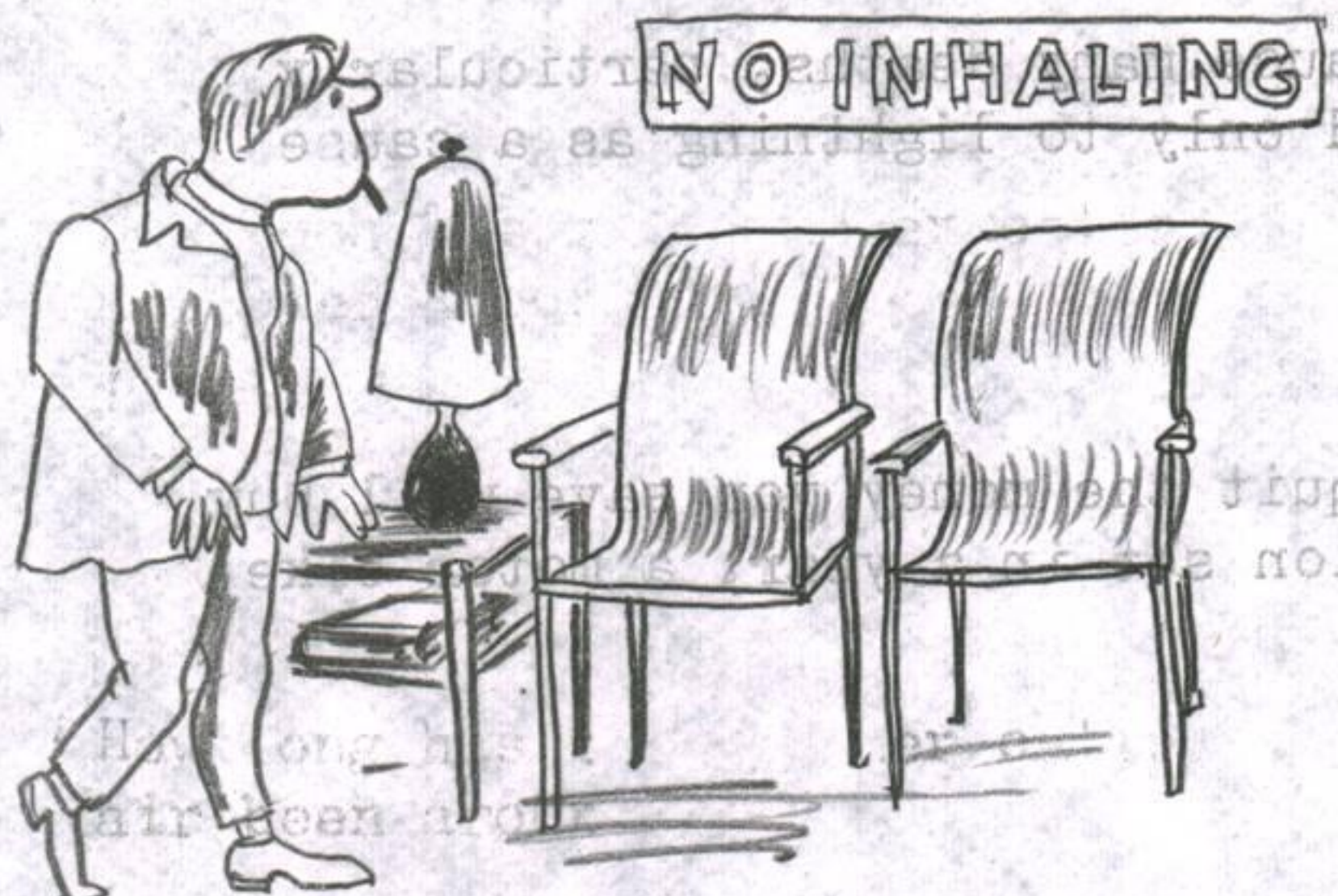
(4) Quit "cold" if you can. If you can't, cut down and consciously stop inhaling, then gradually reduce until you can quit altogether. This is easier when cigarettes are out of reach.

(5) Let others know your intentions. The fact that they will be watching will serve to strengthen your resolution.

(6) Recognize your smoking pattern. Smoking is often a matter of doing something with one's hands or filling in time, a substitute for physical activity. Determine when you are most likely to want a cigarette--the hungry times in your day. Fill these periods with something that will compensate for not smoking. eg: drinks lots of water or fruit juices.

(7) Don't overeat to make up for the cigarettes. But don't worry if you gain a pound or two. Nibble on apples and other fruit, avoid candies, including peppermints. Eat lots of protein--meat, fish, cheese. Remember that alcohol may increase your desire to both smoke and eat.

OLD DRUGS - continued



(8) Whenever you feel the urge to smoke take frequent deep breaths to remind yourself how good fresh air is, how healthy your lungs are becoming. Take more exercise and keep active. Read more-get your mind limbered up too.

(9) Team up with someone to make the breaks, especially your husband or wife. Share your experience. Help someone while helping yourself.

(10) Mark Twain said "it's easy to stop smoking." He had done it thousands of times. We hope you will only have to stop once.



CANADIAN FORCES HELP OPEN THE NORTH

The third high-arctic airfield built by the Canadian Forces will be turned over to the Department of Transport, Oct. 2, at a handover ceremony at Cape Dorset on Baffin Island, Defence Minister James Richardson has announced.

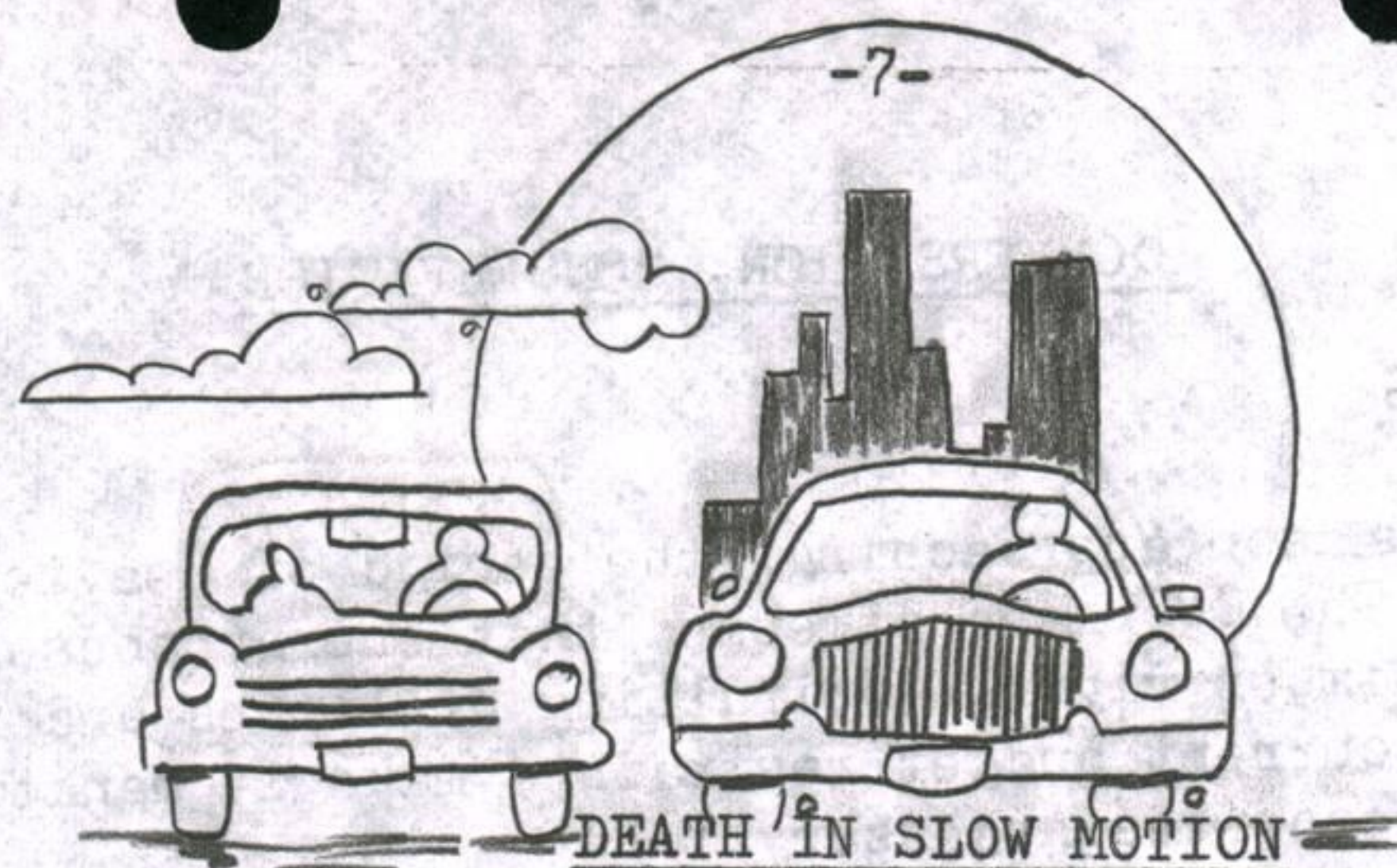
Two other airstrips, at Whale Cove and Pangnirtung in the Northwest Territories, have already been completed and handed over to DOT for operational purposes, and next year will see the completion of strips at Eskimo Point and Pond Inlet.

On hand for the ceremony will be Colonel DG McClellan, Director General Military Engineering Operation at National Defence Headquarters, Ottawa, Lieutenant Colonel A.T. Downs, Commanding Officer of 1 Construction Engineering Unit, CFB Winnipeg, responsible for the construction, and Major P.C. Joannette, Commanding Officer of 5E Escadron Du Genie Du Campagne BFC Val Cartier, Que., the unit supplying much of the labour.

Also involved in the ceremony will be Bruce Foy from the DOT Regional Office, Winnipeg.

Eventually, there will be 26 airfields throughout the north, some of them constructed by DND and some by civilian contractors. They are packed gravel strips, 4,400 feet long and 150 feet wide, capable of handling the C-130 Hercules Freighter used by military and commercial carriers.

IF YOUR KID KNOWS VERY LITTLE AND ACTS LIKE HE KNOWS EVERYTHING THAT POINTS CLEARLY TO A POLITICAL CAREER!



For the next 7/10ths of a second I am going to take you through DEATH IN SLOW MOTION

It's night, you're tired, and you're late getting home, so you're driving 55 miles per hour on a road not designed for that speed. Your car reaches a curve in the road, but you make a mistake, too late--the car goes out of control and you hit a solid immovable object. CRASH.

1/10th OF A SECOND: The front bumper and chrome "frosting" of the grill-work collapse. Slivers of steel penetrate the wall to a depth of one and a half inches.

2/10ths OF A SECOND: The hood rises, crumples, smashes into the windshield. Spinning rear wheels leave the ground. The fenders come into contact with the wall forcing the rear parts out over the front doors. Your body continues to move forward at 55 miles per hour--twenty times the normal force of gravity. You now weigh more than three thousand pounds. Your legs, ramrod straight, snap, at the knee joints.

3/10ths OF A SECOND: Your body is now off the seat, torso upright, broken knees pressed against the dashboard. The plastic and steel frame of the steering wheel begins to bend under your death grip. Your head is now near the sun-visor, your chest above the steering column.

4/10ths OF A SECOND: The cars front twenty-four inches have been demolished, but the rear end still is travelling about thirty-five miles per hour. Your body is still travelling at 55 miles per hour. The half-ton motor crunches into the wall.

5/10ths OF A SECOND: Your fear-frozen hands bend the steering column into almost a vertical position. The force of gravity impales you on the steering shaft. Jagged steel punctures your lungs and intercostal arteries. Blood spurts into your lungs.

6/10th OF A SECOND: Your feet are ripped from your tightly laced shoes. The brake pedal shears off the floor boards. The chassis bends in the middle, shearing body bolts. Your head smashes into the windshield. The rear of the car begins its downfall, spinning wheels digging into the ground.

7/10ths OF A SECOND: The entire writhing body of the car is forced out of shape. Hinges tear, doors spring open. In one last convulsion, the seat rams forward, pinning you against the cruel steel of the steering shaft. Blood leaps from your mouth, shock has frozen your heart, you are dead.

TOTAL TIME ELAPSED: SEVEN TENTHS OF A SECOND

Remember: DEFENSIVE DRIVING STARTS WITH "YOU", THE DRIVER.

CONVERSATION- CONSERVATION

CONSERVATION OF UTILITIES

With the winter season approaching, the period of heaviest energy consumption is about to begin. The CDS have stressed that energy conservation must be pursued by all with the utmost vigor. Spiralling utilities and fuel costs, possible energy shortages and our current budget restraints make it manatory for us to use only the minimum energy resources necessary.

To this end several measures have been adopted by the station for implemenation; These are:

- (a) building temperatures are to be reduced to 20°C (68-70 F), during occupancy and lowered an additional 5°C during non-occupancy.
- (b) heat will be turned off or drastically reduced in buildings where personnel are not normally working; and
- (c) electrical appliances and lights will be turned off when not in use.

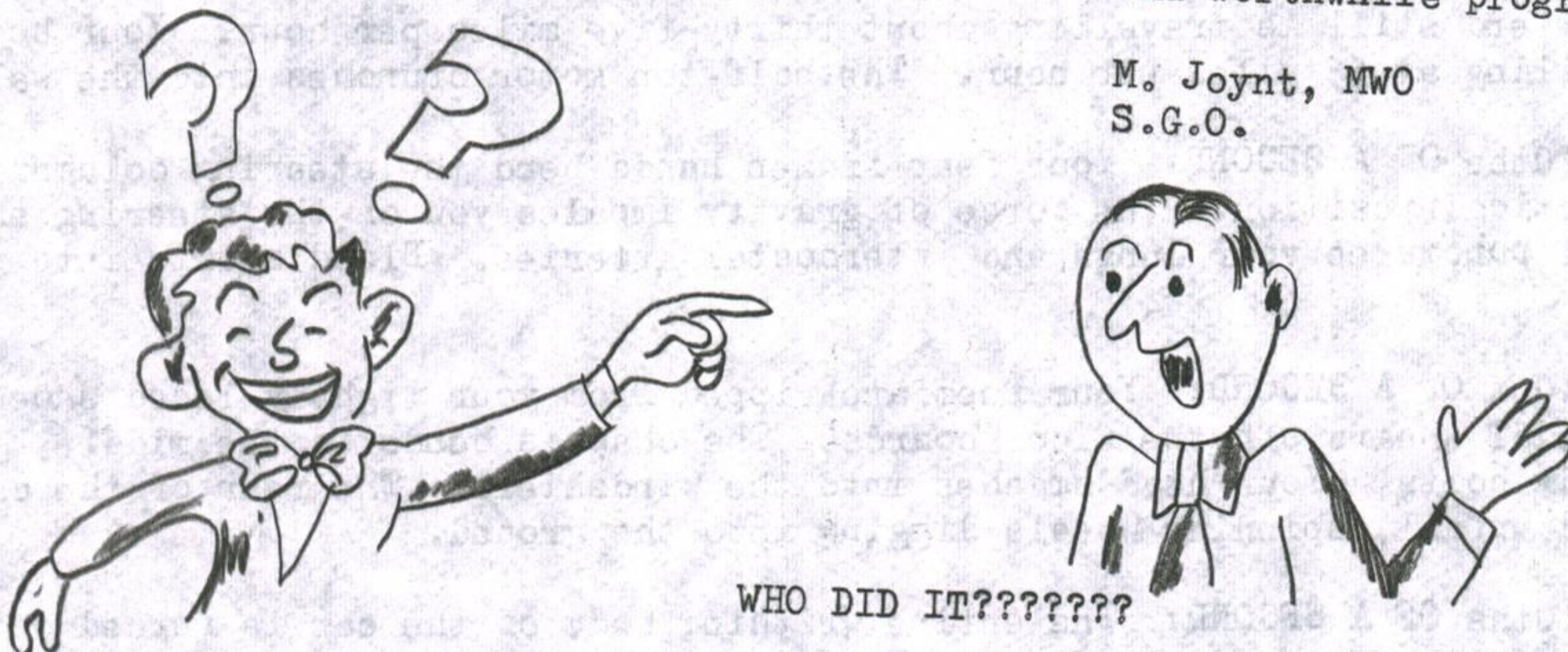
It is the responsibility of all personnel to assist in the saving of energy. Therefore all station personnel and dependents will ensure that:

- (a) Storm windows are closed when ventilation is not required.
- (b) Fire and exit doors are not left open.
- (c) Thermostats are monitored to ensure proper heat levels; and
- (d) All electrical appliances and lights are turned off when not in use.

It is not the intention of the above measures to make working or living conditions uncomfortable but to ensure that energy wastage is curtailed. The order applies to married quarters as well as station buildings.

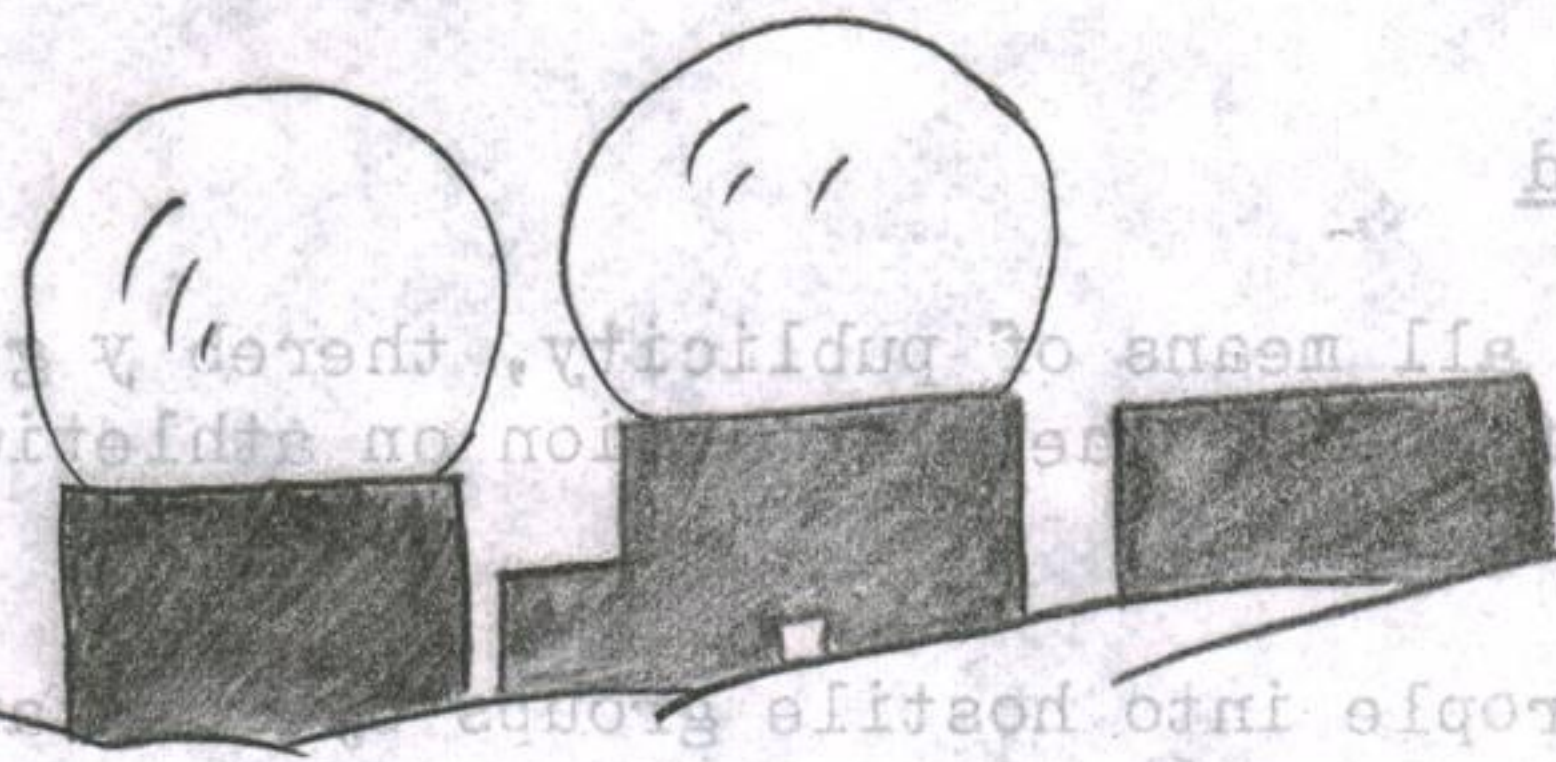
I urge all personnel to support this valuable and worthwhile program.

M. Joynt, MWO
S.G.O.



Who was the NCO who spent the day in the hay with a Newfie?

Who was the Sr NCO who finally found his fishing pants?



FRIGHTENING continued

WHATS NEW AT THE DOME

Promotions, Promotions!! Both the bottom man and the top man on the totem pole move up one notch. WO Bathgate moves up to Master Warrant Officer and Pte Gagne moves up to Cpl. This puts him in the interesting spot of getting the biggest raise. But Ed Dagle lets John know he is still the rookie in our tower. Now we're waiting for John to announce the Wedding Day. Brian Leadbeater, who is on days now learning the inerds of the big black beast, made the mistake one day of asking for a day off and instead got put on shift.

Pat Salnier's wife Deborah is in Oyen Hospital sick with what? Kissing disease! Hope to see everyone well again soon Pat.

The new comers to Alsask will almost wished they hadn't come after the big wind that caused extensive damage in the Trailer Court. However, fortunately no injury resulted.

There is rumour that MWO Bathgate ran out of gas with his economy car the same day he got his promotion.

Operation Maridian, better known as the Goose Shoot, is over for another year with several Geese being shot and lots of burnt gun powder floating in the air. Neuf Hunt was Goose Guide again and almost understands the language of the goose by now He said he heard a lead goose of a pack of geese say to the goose that was flying behind him, "stop that constant honking if you want to pass, Pass."

Bill Adams and Bob Coté will soon be home from Penhold trained killers and deadly at shining shoes. Oh ya, forgot to mention MCpl Grundy is now Sgt Grundy, Congratulation, Bob.

P.S. CONGRATULATIONS TO JIM WIBBERLEY ON HIS PROMOTION TO W.O.

FRIGHTENING!!!!

(The following taken from The Rattler)
COMMUNISM

...is involved in our way of life, our society, our country?

This article was clipped from the Lloydminster Times and the Rosetown Eagle.

For those who insist that Communism is not involved in the chaos presently upsetting our nation, we respectfully request that they consider some of the Red Rules for Revolution. These are not new rules but a repeat of a document obtained by allied forces in Dusseldorf, Germany, in 1919 in which the Communists outlined their plan for bringing about a revolution.

Listen to these rules and ask yourself if anything sounds familiar.

One: Corrupt the young, get them interested in sex. Make them superficial; destroy their ruggedness.

FRIGHTENING continued

Two: Get control of all means of publicity, thereby getting people's minds off their government by focusing their attention on athletics, sexy books, plays, and other trivialities.

Three: Divide the people into hostile groups by constantly harping on controversial matters of no importance.

Four: Destroy the people's faith in their natural leaders by holding them up to contempt and ridicule.

Five: Always preach true Democracy but seize power as fast and as ruthlessly as possible.

Six: By encouraging government extravagance, destroy its credit, produce fear of inflation with rising prices and general discontent.

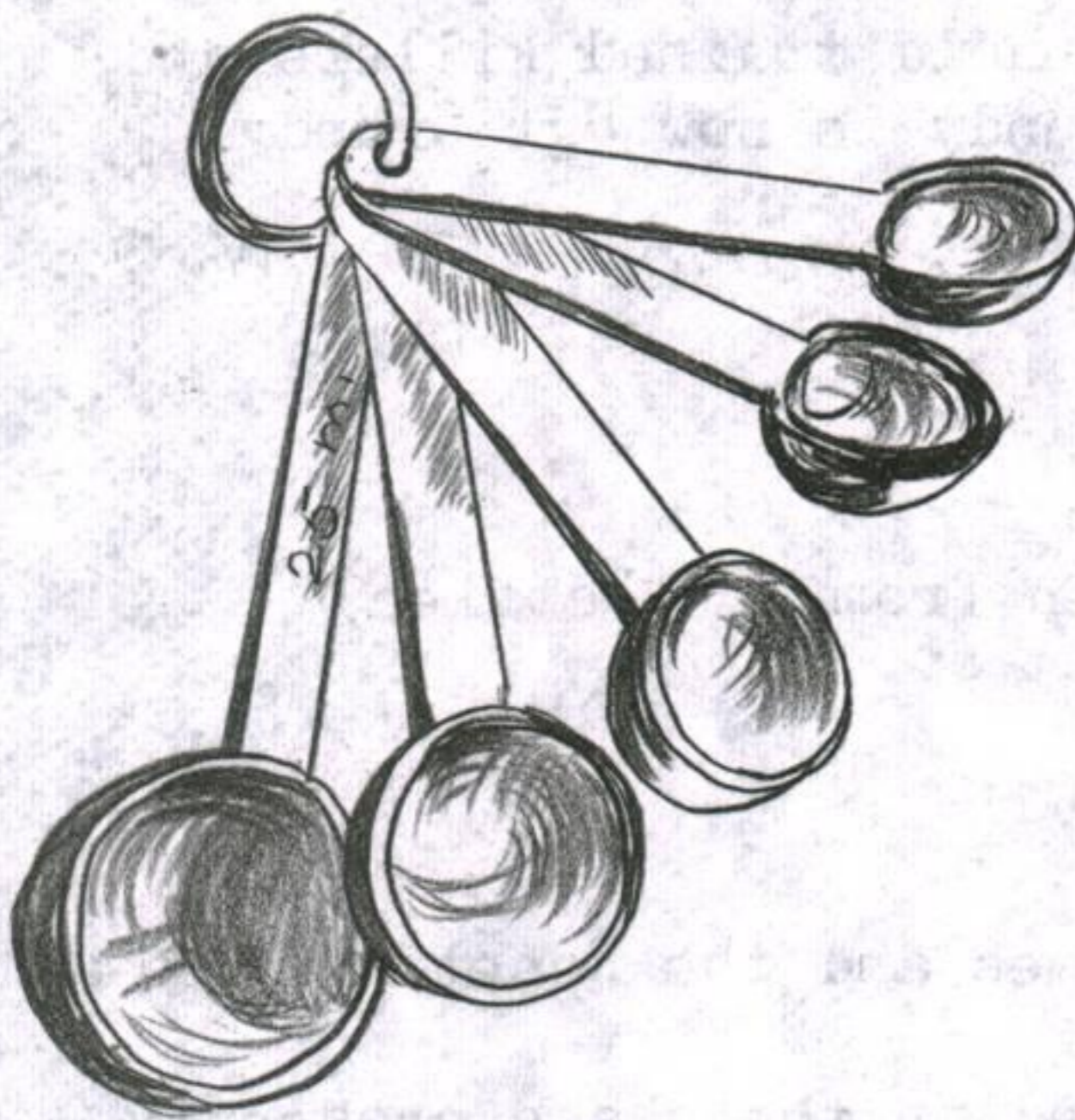
Seven: Promote unnecessary strikes in vital industries, encourage civil disorders, and foster a lenient and soft attitude on the part of government toward such disorders.

Eight: By specious argument, cause breakdown of moral virtues, honesty, sobriety, continence, faith in the pledged word.

And Finally, cause the registration of firearms on some pretext, with a view of confiscating them and leaving the population helpless.

These are actual quoted statements of a communist document concerning rules for bringing about a revolution, confiscated by allied forces way back in 1919... frightening isn't it?

SI in the kitchen -- IT'S EASY!



- | | |
|----------------------------|------------------|
| 125 ml of bran and | 5ml baking soda |
| | 2 ml salt |
| 125 ml shortening | 125 ml raisin |
| 250 ml br sugar | 125 ml pure bran |
| 1 egg | |
| 5 ml vanilla | |
| 275 ml sifted pastry flour | |

Preheat oven to 180 C. Cream together shortening and brown sugar. Add egg and beat well. Add vanilla. Sift and measure flour. Add soda and salt. Stir in bran and raisins. Combine with creamed mixture, mixing well. Chill thoroughly shape into 3 cm balls and place 5 cm apart on

ungreased baking sheet. Press lightly to flatten. Bake 10 to 12 minutes; remove from baking sheet, cool, and store in closely covered container. Makes 3 dz. cookies.

All you need to make these cookies are metric kitchen measures, available now in most Canadian stores. Look for the national symbol for metric conversion-- a guarantee of correct metric usage.



MERIDIAN SADDLE CLUB

Well our friend from the Tower can relax and stop worrying his poor little head about us, as we now have our own correspondent. Mind you, I'm no ANN LANDERS or STEVE ROPER, but I'll give it a try.

Quite a few changes out our way since we last had an article in the Tumbleweed. We lost a few old timers, but gained quite a number of new members. We now have 17 families with 23 horses.

We have started the year off with a new executive:

Earl Bloom	Chairman	Irene Driediger	Treasurer
Art McTaggart	Ranch Foreman	Bunny Thomas	Secretary

Our summer was full of projects and kept all the cowboys and cowgirls fairly busy. We built a new feeder and enlarged the tack room and oat storage. We also put in a new automatic water trough at the corrals.

There was a very successful Trail Ride in August with 17 members camping out at Green Acres. Of Course, our Pancake breakfast the next morning wasn't complete until the police arrived with the maple syrup. (Could be he was late because he fell asleep in the Slough.)

Many Thanks to all the children and parents who helped make our Kiddies Day such a success. Hope we'll see you all out to the next one.

So long for now

Straight from the Horses Mouth.

The following taken from The Harvard Flyer

THE SERVICE BRAT

What is a service Brat? Well a Service Brat comes in two sexes, boy and girl. Sometimes they come in pairs and in some cases more. Usually they are found travelling in family packs, for a service brat is a special breed and is noted for his or her productiveness. A Service Brat can be a source of delight - or in many cases - despair.

He is the acrobat who breaks his arm on the packing boxes the day his parents start preparing for a new assignment.

She is the tubby little invalid who just recovered from the mumps on the backseat of a Station wagon without feeling sorry for herself. He is the toughest kid in the neighborhood, that is until he has proven himself. She is the shy Miss Timidy trying to explain her Japanese robe and European-type shoes to folks back

THE SERVICE BRAT continued

home. He is the boy who - when the teacher says, our Geography lesson today will be about Germany - raises his hand to inform her that he was born there. A Service Brat sometimes looks frail, but he isn't. These kids are made of pretty stern stuff. His life is plagued by a short needle and he gets immunizations for diseases other kids have never heard of. When he starts school he has travelled more miles than most people do in a lifetime.

He accepts changes in stride because he knows that his home is where his mom and Dad are, and as long as Dad is with the family, he is content. Places change, friends depart; and houses are different, but the Service Brat grows up secure knowing God and the family remain constantly his. Early in his life he learns Servicemen don't cry so that when Dad is shipped overseas, this the little lad who bravely tries to take over as head of the household.

She is the tender little lady who crawls into her mother's bed and says, "A year isn't so long Mommie." This same little lady stubbornly refuses to sleep in her own bed when Daddy comes home.

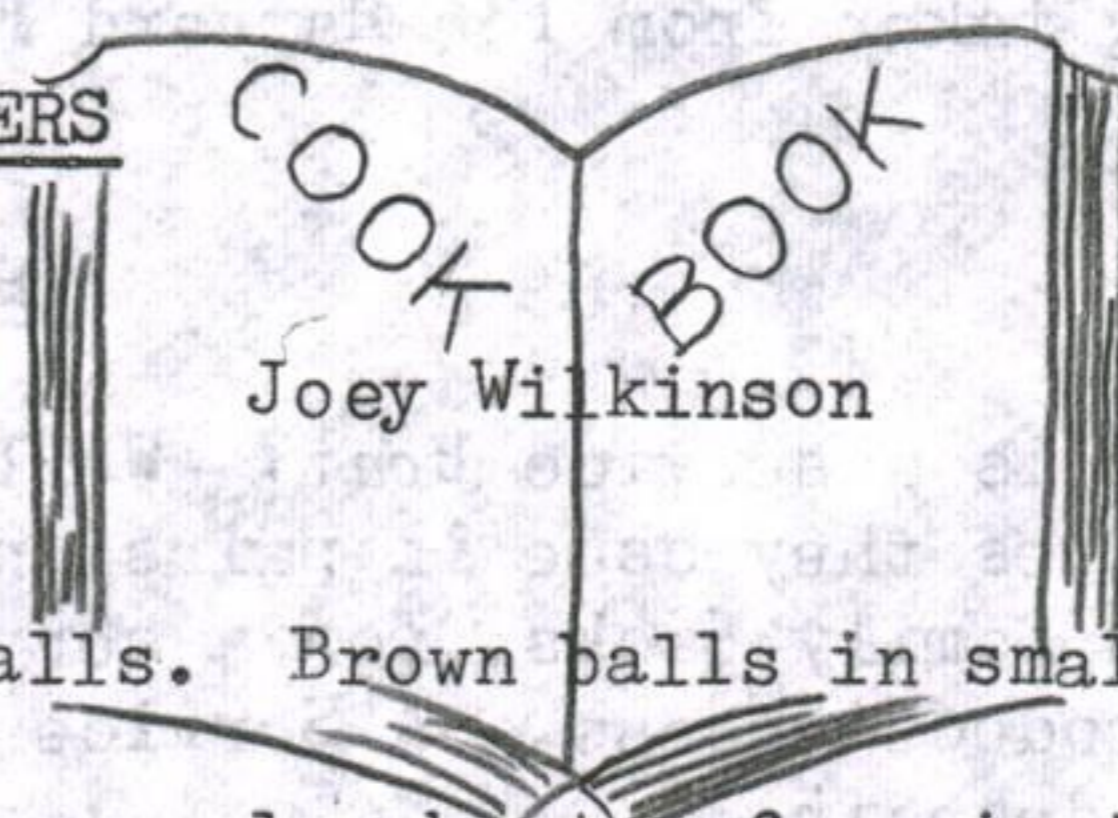
In the evening, as our Canadian Flag is being lowered, you can spot a Service Brat a mile away because he is the Five year old who solemnly places his right hand over his heart as that flag comes down. On Remembrance Day she is the little Brownie, or Girl Guide who's out there selling Poppies, or laying a wreath at a Serviceman's grave with personal knowledge of a family friend who never came back.

These Brats are all over the world playing with children of other lands. Language is no barrier and childhood - well childhood is their bond. They are often arrayed in bits of service clothing and Mommies high heeled shoes. He is the General with a stripe on his sleeve and she is the Angel of mercy sticking pins in her dolls. To create a Service Brat, God combined the courage of a serviceman, the love of a mother and the faith of a child. To this he added the humor of a puppy, the refreshment of a breeze and the cussedness of a Sergeant. But in life's low moments when mommie's back is aching from unpacking boxes, who is the dirty-faced angel who sets the example with a grin? Well, you've guess it by now, the Service Brat of course. "GOD BLESS THEM ALL".

Courtesy Shilo Stag

SWEET 'N SOUR BEEF BALLS WITH PINEAPPLE AND PEPPERS

- | | |
|----------------------|----------------------|
| 1 lb Ground Beef | 1 Egg |
| 1 Tsp Cornstarch | 1 tsp Salt |
| 2 Tsp chopped Onions | Few grains of pepper |



Mix above ingredients and form into 18 or more balls. Brown balls in small amount of oil and drain.

To 1 tsp oil, add 1 cup Pineapple Juice and cook over low heat a few minutes. Add mixture of 3 Tsp Cornstarch, 1 Tsp Soya Sauce, 3 Tsp Vinegar, 6 Tsp Water and 1/2 cup Sugar. Cook until juice thickens, stirring constantly.

INTER-STATION SPORTS

An inter-station Volleyball/Floor Hockey competition is planned for the winter months. Weekly Friday afternoon competitions will be alternated between Volleyball and floor hockey beginning at 1330 hrs.

Teams for Volleyball will be as follows:

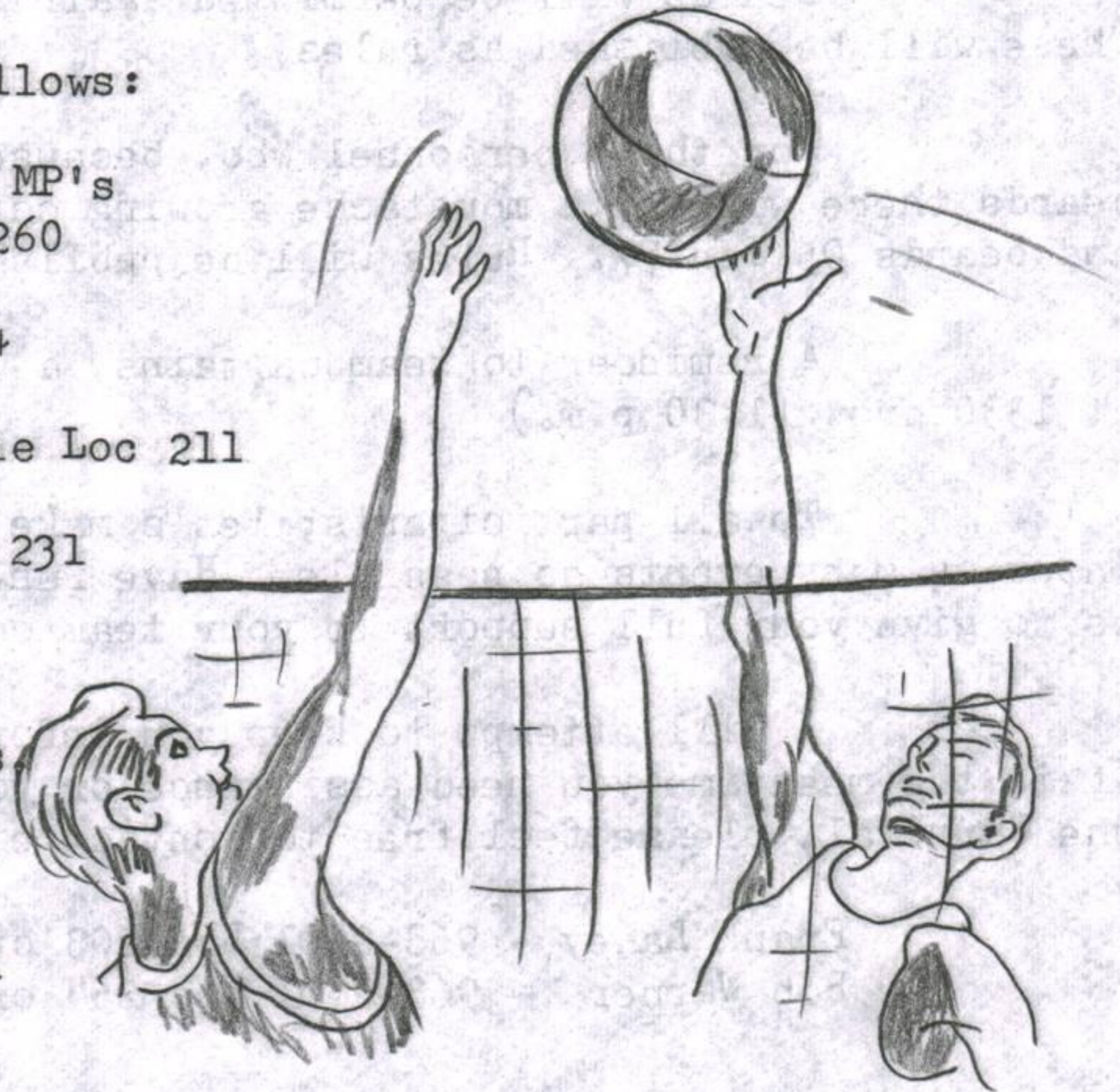
- TEAM 1 Power Plant, CE, RM Sec., MP's
Team Captain - Cpl Bernier Loc 260
- Team 2 MSE, Land Maint, SupSec,
Team Captain - Cpl Jacob Loc 274
- Team 3 HQ, Peri, Messing Staff
Team Captain - Pte (W) Sweetapple Loc 211
- Team 4 OPS SITE
Team Captain - Pte Chicoine Loc 231
- Team 5 OPS SITE
Team Captain (Required)

Volleyball will begin Friday 22 Oct at 1330 hrs

Floor Hockey consists of 2 teams:

- Domestic Site - Team Captain Sgt Coxall
Ops Site - Team Captain Pte Chicoine

The floor hockey series is tied at one game apiece with the Domestic's winning the first game 10 - 3 and the Ops Site coming back with a 8-4 win. Next game will be Fri. Oct 29 at 1330 hrs.

CARNIVAL REPORT

I'm glad that's over for another year. Remember that phrase? Perhaps you muttered those words when the Carnival drew to a close last February. Looking back it seems so long ago. But how quickly the months have passed and once again Carnival time is upon us. Preparations have begun and it looks like all the planning will be finalized well in advance of the carnival date.

MONTE CARLO NITE

Carnival dates this year will be 23 to 26 Feb. inclusive. Something new this year is the Youth Carnival. This will be held 19 Feb 77, that is the preceding Saturday. There are several reasons for this change.

1. It will give parents the opportunity to lend their full support to the Youth Carnival.
2. Children of Mess Associate Members from Sibbald, Oyen etc., will be able to participate
3. The Adult Monte Carlo night will run more smoothly as the parents will not have to leave to take their children home.

The Youth Carnival will run the whole day as opposed to $\frac{1}{2}$ a day last year, it will include a parade, games and Monte Carlo & supper.

CARNIVAL REPORT continued

The minimum age for the Adult Carnival is 18 years, subject to the liquor laws of Sask. Proof of age may be required.

Beards will be permitted again this year subject to Air Command regulations. These will be published as rules.

For those personnel who, because of Service Regulations, are not permitted beards there will be a moustache growing contest. Moustache growing starts 08 Dec 76 and beards 05 Jan 77. Rules will be published.

A reminder to team captains, a Carnival meeting will be held on 27 Oct at 1330 hrs. (1:30 p.m.)

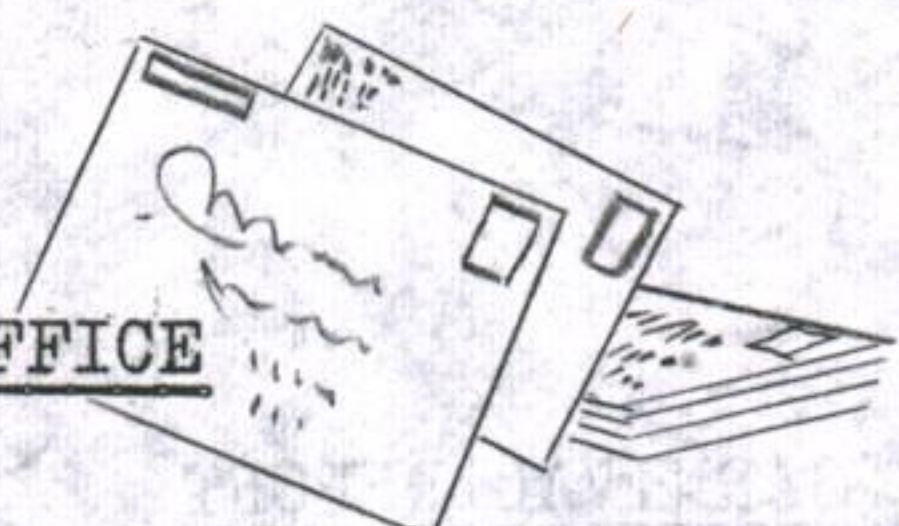
To all participants; let's make this Carnival the biggest and best ever. Enter as many events as possible. Have fun. One way of ensuring a successful Carnival is to give your full support to your team captain.

I will attempt to keep you informed periodically by Tumbleweed entries. If in the meantime you need assistance or you have some suggestions that would improve the Carnival, please feel free to contact either myself or Bob Warner.

Frank Lahey - 968-2401 Loc 203 or 2253 (home)
Bob Warner - 968-2401 Loc 254 or 2659 (home)

F. Lahey
Chairman, Winter Carnival

SOME PITTER-PAT FROM YOUR POST OFFICE



We have been receiving some odds & ends of information regarding Christmas mailing that we would like to pass on to you:

1. Mailing lists may be submitted locally or sent direct to:
Postal Code Unit
202 - 4th Ave N
SASKATOON, Sask.
S7K 2L5
for free coding service.
2. Individually addressed Domestic and U.S.A. third class mail posted in envelopes shall be completely sealed and is subject to postal inspection.

Sealing of all short and long letters is essential in order that the letters may be processed through our mechanized sorting machines in Canada. This includes seasonal greeting cards like Christmas and Easter Cards.

Regulations governing International Third Class Mail say such items "may" be sealed.

POST OFFICE - continued

3. The domestic mailing rates are: 1st class cards - sealed - 10¢ first oz.
3rd class cards - sealed - 8¢ first 2 oz.

International rates are: 1st class - 20¢ - first oz.
3rd class - Surface - 10¢
Air Mail - 15¢

4. The Christmas mailing deadlines by date & distention are attached to this Tumbleweed.

We are keeping our fingers crossed over the rumblings we hear of a Postal Strike!!

Any questions you may have regarding Christmas mailing, overseas documentation etc., please feel free to contact us and we'll do our best to assist you.

Pauline Denney & Staff

THE SCHOOL CHILDREN WILL BE SELLING POPPIES ON, OR
ABOUT NOV. 4th



JOHN A. SILVER SCHOOL
CFS ALSASK

Place - United Church Hall, Etonia

Date - Nov. 24th and Nov. 25th - 7:00 to 10:00 p.m.
Nov. 26th - 4:30 to 6:30 p.m.
- 7:30 to 9:30 p.m.

Speaker - Dr. Grant MacEwan



Dr. MacEwan will speak on some of the following topics:

Early Saskatchewan History, Native People, Red River Uprising,
Early Exploration, Confederation, Purchase of the West and Buffalo.

Date - Dec. 10th - 7:00 to 9:00 p.m.
Dec. 11th - 9:00 a.m. -

Speaker - Dr. Regehr

Dr. Regehr will speak on the R.C.M.P. and on Religion.

Cost for both is \$13.60.

Register by mail to: Mrs. Linda Henry
Laporte, Sask.

or in person

G.E. Proud
Principal



FAULTY FIRE ALARM SYSTEM

The present Alarm Systems is completely unserviceable until further notice. Please phone 222 if on base or 2277 in PMQs.

CABLE TV CHANNELS

<u>STN</u>	<u>RECEIVED CHANNEL</u>	<u>CABLE CHANNEL</u>
CFCN Calgary	2	2
CHAT Medicine Hat	4	4
CKRD Red Deer	10	10
CFQC Saskatoon	3	7
CBRST Saskatoon	9	6

CATV PROBLEMS

Call Mon-Fri - 0800-1630 hrs
968-2401 Loc 245
and ask for CATV

Manager - MCpl "Stoney" Stonehouse
MCpl "Neuf" Hunt
Sgt Wally Macyszyn

After duty hours and weekends call:
"Stoney" Stonehouse 2386
"Neuf" Hunt 2261
Wally Macyszyn 2230

Brenda Borshneck 2308
Janice Carr 2430
Sharon Cordick 2462
Cindy Erickson 2630
Terry Mainhood 2611
Sheryl Ann Murray 2627

Michael Murray 2627
Debi Ramsay 2274
Malcolm Bailey 2641
Gloria Moskowac 2608
Rohnda Kidd 2438
Kathy Keats 2413

Anyone wishing to be included on this list please advise the "Tumbleweed" of your names and phone number.

CUT & CURL CORNER (BARBER & BEAUTY SHOP)

Mary Hutchison

CLOSED ALL DAY MONDAY

9:00 a.m. - 5:00 p.m. on Tuesday, Wednesday
Thursday and Fridays.

Closed 12:00 to 1:00 every day

8:30 - 3:30 on Saturdays
Phone 968-2622 for appointments now



PERM SALE NOV 2 - 13 -- \$20.00 Perm for \$15.00

A D V E R T I S E M E N T S

Advertisements are to be written in with the number of times they are to be run. If this information is not with the ad it will run once only.

Persons placing ads and getting results from the same are asked to make arrangements to have their ads discontinued. Please phone local 232 and ask for Dennis.

FOR SALE: Hobby model microscope (100x-450x two eye lenses 10x and 15x; 3 objective lenses 10x, 20x, 30x) contains slides, prepared and blank, in wooden original case. Perfect for beginner. \$5.00 phone 968-2357 after 4.

FOR SALE: Girls navy coat, Size 7, colour navy, - \$8.00; 2 prs girls white skates, sizes 1 and 3 - \$10.00; 1 pr boys skates size 12 color brn & black - \$5.00. Phone 2260 after 6

FOR SALE: 2 prs boys or girls cowboy boots size 3 & 3½ \$5.00 ea.; 1 pr boys CCM skates size 3 \$8.00; 1 cooper hockey helmet CSA Approved size Med. \$5.00; 1pr shin pads \$2.00; 1 pr Elbow Pads \$1.00 phone 968-2393

FOR SALE: Childs hockey equipment, phone 2647

FOR SALE: Boy's Sport Jacket (practically new) size 8 - \$10.00, Boy's skates Size 2 - \$5.00 Size 4 - \$8.00, Child's SkiDoo Boots Size 12 - \$5.00 CHEAP H/T (Silverliner) Tent Trailer with propane tank & new coleman propane stove & heater with spare tire - \$350.00

FOR SALE: 1974 Dodge Dart Special, 2-door standard, clean, very good condition phone 2678

FOR SALE: 1971 Ford Custon 500 4-door 302V8. Good Motor and gas mil eage, some rust. Taking offers, Contact P. Saulnier at 257 or 2383

FOR SALE: 1973 GT 350 Yamaha Motorcycle Phone 2692

FOR SALE: 1pr boys snowboots size 3 brand new phone 2382

FOR SALE: Large style barbique, baby shoes size 6½ never worn, Xmas Tree Stand with water resevoir for real tree, phone 2637

FOR SALE: Lumas Truck Topper Fits 8ft box. Asking \$275.00 1967 Chev ½ ton asking \$1275.00 Phone Bill Carr Loc 271 or 2430

WANTED: 1 small or med. freezer as soon as possible - phone 2340

WANTED: 1 used baby-playpen - phone 2330 after 5:30 or 2626 during day

WANTED: 2 used B&W TV's. One with 23YP4 Picture Tube and on e model 102T17 Marconi. phone 2692

ALSASK SEW'N SAVE: Contact Marge -2258

AMWAY PRODUCTS: Call Jean Finley-2440

CFS ALSASK AVON REP: Barb Hunt 2261

ARTEX: Anyone needing Artex supplies or wish to hold or attend a class, please contact Sheryl Coté - 2368

STAR-PHOENIX: Town Delivery - Gloria 2608-Base - Steve Lawrence 2314 & Dan Martin- 2260

Please advise boys if you are going to by away.

RADIO SHACK: Equipment is now being sold at the Kindersley Hobbee Shoppe Main Street, Kindersley

GUIDE & BROWNIE INFO: Call Sheila O'Byrne at 2610

TRI-CHEM SUPPLIES: Call Jean - 2353

REGAL SUPPLIES: Call Nancy - 2268

VANDA BEAUTY COUNSELOR: For information on home demonstration on make-up, beauty aide etc. contact Ferne Wilkie at 2296 (town)

SUN LIFE ASSURANCE CO. OF CANADA: Ken Winter Rep at Rec Centre 1st & 3rd Thursday each month 7-9 p.m. phone 2433

A D V E R T I S E M E N T S - continued

S.G.I.O.: Moto Vehicle License Issuer,
Game & Angling Licenses, Automobile
Casualty & Fire Insurance - Gwen
Martin Phone 2692

HARVARD CREDIT UNION LTD: See Lee
Antinuk Loc 213

MUTUAL LIFE OF CANADA: For all your
insurance needs, registered re-
tirement savings, contact: Quincy
Von Kuster - 463-2060 Kindersley

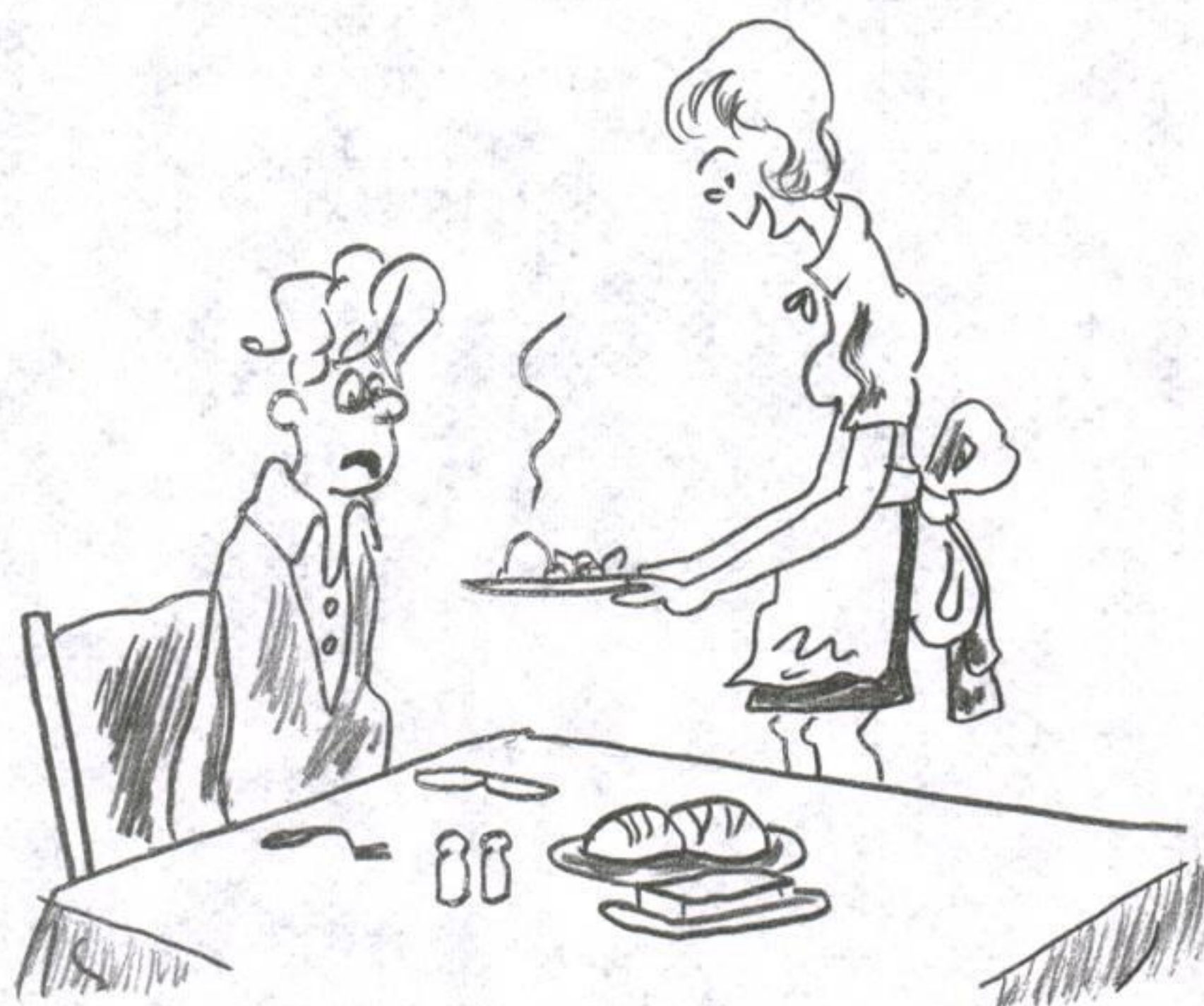
BARBER SHOP: Tues-Fri. 9-6. Closed
noon every day. 8:30 - 3:30 Sat.

T O P S: (Take Off Pounds Sensibly)
Meetings: 7:30 Mon evenings in
Alsask School.

"BRASSHOOD": For a good time try
the Brass Hood in Rosetown. TGIF
in effect - New Management and your
hosts - Gord & Blanche.



"I WARNED YOU ABOUT THOSE NUTTY
CRASH REDUCING PROGRAMS MARTHA."



"I HOPE YOU LIKE IT - IT'S CALLED,
CLEAN-OUT-THE-REFRIGERATOR STEW."



MWO Merv Joynt arrived in CFS Alsask around 1 August as the Warrant Officer in charge of the Power Plant. He has since been promoted to 'Master' (Warrant Officer, that is.)

Merv, his wife Marguerite, and their daughters now live in married quarters.

MWO Joynt has taken on several other jobs since his arrival and just to name a couple, he's 2/IC of the BDF, and Assistant Bar Officer.

Sgt Ed Weisgerber, the number two man in the Power Plant, was stationed at Beausejour, Manitoba prior to coming to CFS Alsask.

Ed and his wife Lorraine live in PMQs on the Station.



Private Gail Sweetapple arrived in CFS Alsask after spending the summer at the Olympics in Montreal.

Her hometown is in Corner Brook, Newfoundland.

Men!, 'beware of this young Lass, as anyone who attended small arms practice at the Range knows.





Sgt Robert C. Orr arrived at CFS Alsask in April from CFB Comox.

Bob , his wife "Flo" and their son Bob Jr., now reside in PMQs.

Sgt ("Week-knees") Orr is NCO/IC Station Supply and is Entertainment (he entertains) Chairman of "The Mess".

Cpl Ed Bernier arrived at CFS Alsask in April, fresh from the "Headshed" at NDHQ , Ottawa.

Ed , his wife Lorraine , and their three sons live in PMQs.

Cpl Bernier is an MP, BDF instructor , Crack Shot on the Range , and fulfills the job of assistant Bar Officer in the Junior Ranks.



Cpl H.O. (Jim) James arrived at CFS Alsask from his parent unit at CFB Penhold.

Jim , his wife Heather , and their two daughters are now living in PMQs.

Cpl James is a member of 743 Comm Sqdn Detachment here at CFS Alsask.

