

C. F. S., ALASKA



**Cumbloweed**

7 APR / 76

"TUMBLEWEED" - 7 APR 76

Items will not be accepted for publication unless signed by the contributor. Such items must be received by NOON, 28 Apr. The views and opinions herewith expressed are not necessarily those of the Department of National Defence. The "Tumbleweed" is printed under the authority of LCol W.B. Sterne, Commanding Officer, Canadian Forces Station, Alask.

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C F S A L S A S K C H A P E L (RC & P)

I N V I T E you to join us in our worship and activities!

ROMAN CATHOLIC

Mass: 7:00 p.m. Saturday  
Confession: Before Mass  
and by appointment.  
Baptisms: Please contact  
chaplain as soon as  
possible.  
Marriages: Please contact  
chaplain at least 3  
months in advance.

Chaplain (RC)

Father Al Pich  
CFS Alask - 264  
Residence - 968-2766

PROTESTANT

Worship: 7:00 p.m. Sunday  
Sunday School: 10:30 a.m. Sunday  
Baptisms: Please contact chaplain  
as early as possible for  
information.  
Marriages: Please contact chaplain  
as early as possible for  
arrangements.

Chaplains (P)

Padre Al Stenson  
CFB Penhold - 397  
Residence - (403) 886-4558  
  
Padre Tom Sharp  
CFS Alask - 264  
Residence - (403) 818



CHURCH SERVICES IN THE VILLAGE OF ALSASK

ANGLICAN CHURCH

Apr. 18 - Easter Sunday  
9:15 a.m.

MISSIONARY CHURCH

Sunday School - 10:30 a.m.  
Service - 11:30 a.m.

UNITED CHURCH

Apr. 16 - Good Friday - 11:00 a.m.  
Apr. 18 - Easter Sun. - 1:30 p.m.  
May. 2 - 1:30 p.m.

PROTESTANT CHAPEL LADIES GUILD NEWS

The World Day of Prayer on Friday, March 5th was hosted by the Protestant Chapel Ladies Guild this year, and held in the Station Chapel. All the Alaskan Churches were represented and took part in the service. Afterwards, the visiting ladies were entertained to lunch by the Guild in the Parish Hall.

At time of writing the Guild is planning a Rummage Sale to be held on Friday April 2nd at 1:30 p.m. Proceeds will be donated to the Youth Group. The Guild would like to thank all those in the Community for their support.

The next meeting of the Guild is to be held on Monday April 12th at 8:00 p.m. in the Parish Hall. Everyone welcome.

NOTE OF THANKS

I would like to take this opportunity to thank all those people who sent cards and gifts during my stay in hospital. They were greatly appreciated.

Leslie Acton

NOTE OF APPRECIATION

On behalf of the DND School Board, I wish to publicly express my appreciation to the following for providing their services to transport Grades One to Six pupils to the recent Kindersley Music Festival:

Sgt. Curry	MCpl. Day
MCpl. Dowell	MCpl. Welwood
Sgt. Groome	Mrs. Charlton - Bus Supervisor
Capt. Wilson	Mrs. Eshpeter " "
Capt. O'Byrne	Mrs. Crozier " "
Mrs. Pollock	Mrs. Wibberley " "
Mrs. Carter	Mrs. Foreman " "
Mrs. Lussier	Miss Booth - Teaching Staff
Mrs. Harder	Miss Schroeder " "
Cpl. Core	Mr. Presseau - DND Driver
Mrs. Bullock	

In addition, special thanks go to Miss Lil Schroeder our Music Teacher and Mrs. Dorothy Davies our accompanist for their extra work in preparing the pupils for the festival. The efforts of all of the above resulted in a commendable showing by the pupils of the John A. Silver DND School at the Music Festival.

M.E. Bullock  
 Captain  
 Chairman DND School Board

D.I.D. DRUGS

When affected even slightly by alcohol, most people say or do things they might ordinarily think unwise. Drinking a great deal over a short period of time may produce a "Hangover" the next day.

Combining alcohol with Tranquilizers, antihistamines or barbiturates (or other sleeping pills) can be very dangerous. Alcohol can intensify the effects of these drugs and vice versa. Many accidental deaths have been attributed to barbiturates and alcohol combined.

Many accidents are related to drinking. A blood alcohol level .05% produces driving impairment in many people. A level of .08 produces driving impairment in most people. A 160 lb. person will reach .05% by taking two ordinary-sized drinks over a short period of time. The less experience a person has with either drinking or driving, the less alcohol it takes to impair driving performance. High blood alcohol levels have been found also in many pedestrians hit by cars. So you'll not only have to watch out for the drunk driver but the drunk pedestrian as well.

A majority of drinkers seem to use alcohol without damage to job, family life, or mental physical health. Risk of damage to job, family life, or mental and physical health. Risk of damage to bodily organs is known to exist, however, if an average of about six drinks per day is taken regularly over a long period. Nevertheless, it cannot be assumed that use of smaller quantities is safe.

As a person slips into the habit of drinking more, his tolerance increases. This means that the quantity he needs to get the same effects gradually becomes greater. Although the probability of a moderate drinker becoming dependent on alcohol is not high, it does exist. Being able to enjoy a drink with friends and not be caught in the alcoholic trap is a trick that many people cannot master.

The next issue we'll discuss "Driving after taking Drugs".

## DRINKING BLURS VISION



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DRIVING AFTER DRINKING IS DANGEROUS

The ability to drive safely in traffic <sup>is</sup> affected by alcohol in a number of ways.

ALCOHOL lessens your ability to reason. It is a depressant which may give one a feeling of increased confidence and a sense of ease and relaxation.

ALCOHOL reduces your inhibitions and increases risk-taking. The first effect tends to break down normal inhibitions. Ability to attend to traffic conditions deteriorates. It impairs judgment and destroys fear of consequences.

ALCOHOL slows down your reaction time. The quick reactions which a driver must be able to make become impossible.

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EXPECT THE PEDESTRIAN TO DO THE UNEXPECTED - ESPECIALLY IN PMQ AREA

The definition of a pedestrian is "one who walks" and not as some drivers believe - "a person who wants to cross the street when I want to make a turn!"

Pedestrians come in all shapes and sizes, they move at varying speed, many with no regard to their surroundings. Some obey traffic signals while others believe they are only for motorists. Some are motorists on foot. The latter often undergo a complete change of perspective when they leave their vehicle! Often times the actions of pedestrians are not only unpredictable but downright foolish, however, these are the conditions with which the driver has to cope. The safest way for a driver to deal with the problem is to give the pedestrian his freedom, expect the unexpected, keep his cool, and be safe, not sorry.

Points for discussion:

- a. What is jay-walking and how should a driver cope with a jay-walker?
- b. A pedestrian crossing the street in front of you suddenly becomes confused and appears not to know which way to go. How can you as a motorist improve the situation?
- c. A pedestrian is crossing against a "DON'T WALK" sign when you are attempting to make a right turn. What do you do?

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BLOOD DONOR CLINIC - Kindersley Community Hall - April 6 & 7

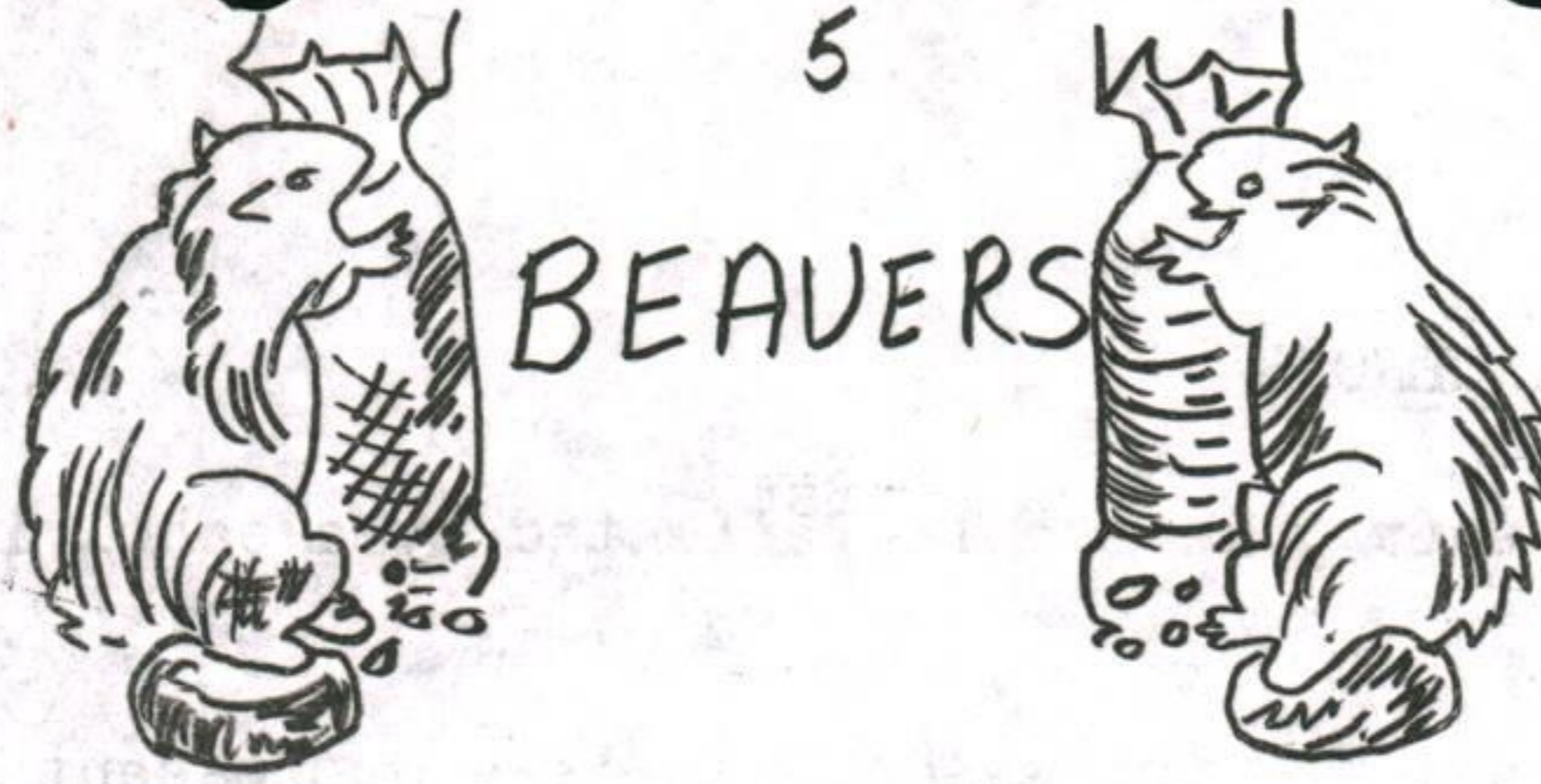
2:00 to 4:00 p.m. &  
6:30 to 9:00 p.m.

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ALSASK MERRY MAKERS - NU - 2 - U SALE - Lions Hall - April 24th - 11:00 a.m. - 5:00 p.m.

If you have any articles to donate please call Meryle Stauble - 2294 or  
Madeline McTaggart - 2651

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## BEAVER TALK

Last year we published an article on the planned CE program for the year to inform everyone what was going on. The comments received indicated you were interested.

The following is a list of planned maintenance projects for the upcoming fiscal year:

- a. Face lift of the indoor swimming pool to include re-painting throughout, repairs to both washrooms and a viewing area in the present office;
- b. Completion of the replacement of hot water tanks in PMQs;
- c. Approximately 70 windows to be replaced in PMQs;
- d. Replacement of roof over bowling alley, gym office and washrooms;
- e. Repainting exterior of MSE/Supply and CE Buildings (bright orange!);
- f. Repainting interior of MSE;
- g. Completing PMQ repairs listed on Fire and Administrative visit;
- h. Removal and seeding of old Privately Owned Trailer Court Pads;
- j. Road and roof maintenance throughout the Station;
- k. Outdoor rink repairs;
- m. Floor tile repairs in DND School;
- n. Replace false ceiling with acoustic tile DMCC area; and
- o. Major repairs to PMQ 76.

Personnel residing in PMQs may obtain fertilizer and grass seed for lawn repairs at the CE Section.

Projects recently completed of interest were:

- a. Construction of a male and female lounge in single quarters (Yes - two separate ones);
- b. Carpeting of Single Quarters hallways;
- c. Replacement of 25 stoves;
- d. Replacement of approximately 35 washer/dryers (received from Moosonee);

cont.

BEAVER TALK - cont.

- e. Installing fire extinguisher shelves in all PMQs; and
- f. Construction of hot water tank enclosures in small kitchen type PMQs.

Hopefully more stoves and fridges will be available this year.

You will note the item - major repairs to PMQ 76 - the occupant was away on course and his toilet tank cracked causing water to leak continuously. When the leak was detected approximately two inches of water covered the floors of the MQ damaging personal effects, floors and walls. If you are to be away from your MQ for more than one day, it is advisable to turn off the water located in the small bedroom closet.

We will be saying farewell to Sgt Jack Curry (off to Edmonton) and Cpl John Day (off to Moncton) shortly. In closing I would like to quote a poem given to me at the last Command Construction Engineers Conference

We the willing,  
 Led by the unknowing,  
 Are doing the impossible  
 For the ungrateful.  
 We have done so much  
 For so long  
 With so little,  
 We are now qualified  
 To do anything  
 With nothing.

HEAD BEAVER

JOHN A. SILVER SCHOOL, CFS Alsask, Easter Vacation - 1976

School closes for Easter vacation at 3:30 p.m. 15 April and re-opens at 9:00 a.m. 26 April.

THOUGHT FOR THE MONTH

DO SOMETHING / LEAD, FOLLOW, or GET OUT OF THE WAY

A friend of mine has suggested that we buy up a lot of pasture land around the capital and cultivate a sod farm. Then for those lazy types who don't like to mow grass we could pour a lot of cheap wine over the sods and sell them as half cut.

B I N G O - The next MQ Council Bingo will be held Thursday, April 8th at 8:30 in the Rec Centre. Jackpot will be \$250.00 in 56 numbers.

FAULTY FIRE ALARM SYSTEM

The present Fire Alarm System is unreliable. Personnel reporting fires should ring the nearest alarm box and follow this up by phoning 2277 or local 222.

CABLE TV CHANNELS

<u>STN</u>		<u>RECEIVED CHANNEL</u>	<u>CABLE CHANNEL</u>
CFCN	Calgary	2	2
CHAT	Medicine Hat	4	4
CKRD	Red Deer	10	10
CFQC	Saskatoon	3	7
CBRST	Saskatoon	9	6

CATV PROBLEMS:

Call Mon - Fri - 0800 to 1630 hours  
968-2401 local 245 and  
ask for CATV

Manager - MCpl "Stoney" Stonehouse  
Cpl Barry Stokes  
MCpl "Newf" Hunt

After duty hours and week-ends call:

"Stoney" Stonehouse	2386
Barry Stokes	2345
"Newf" Hunt	2261

BABYSITTERS

Leslie Acton	2320
Brenda Borschneck	2308
Janice Carr	2430
Sharon Cordick	2462
Cindy Erickson	2630
Danny Hill	2386
Terry Mainhood	2611
Graham Ackeral	2672

Sheryl Ann Murray	2627
Michael Murray	2627
Debi Ramsay	2278
Tammy Salyzan	2273
Malcolm Bailey	2641
Gloria Moskowec	2608
Rhonda Kidd	2438
Kathy Keats	2413

Anyone wishing to be included on this list please advise the "Tumbleweed" of your name and phone number.

FASHION - FLAIR - BEAUTY - SHOPPE

Janice Dick  
Closed ALL DAY Monday

9:00 - 5:00 on Tuesdays, Wednesdays,  
Thursdays and Fridays  
8:30 - 3:30 on Saturdays

Phone 968-2332 for appointments now



ALL LADIES - VOLLEYBALL - Every Tuesday and Thursday mornings from  
9:30 to 11:00 (Bring your kids)

BOWLING - LADIES LEAGUE

GENERAL ON MIND AFTER HEART ATTACK

Congratulations to Pat Lemke and team for winning the League Championship.

Final Standings for League:

Team #1	105	#5	132
2	97	6	56
3	111	7	79
4	75	8	140

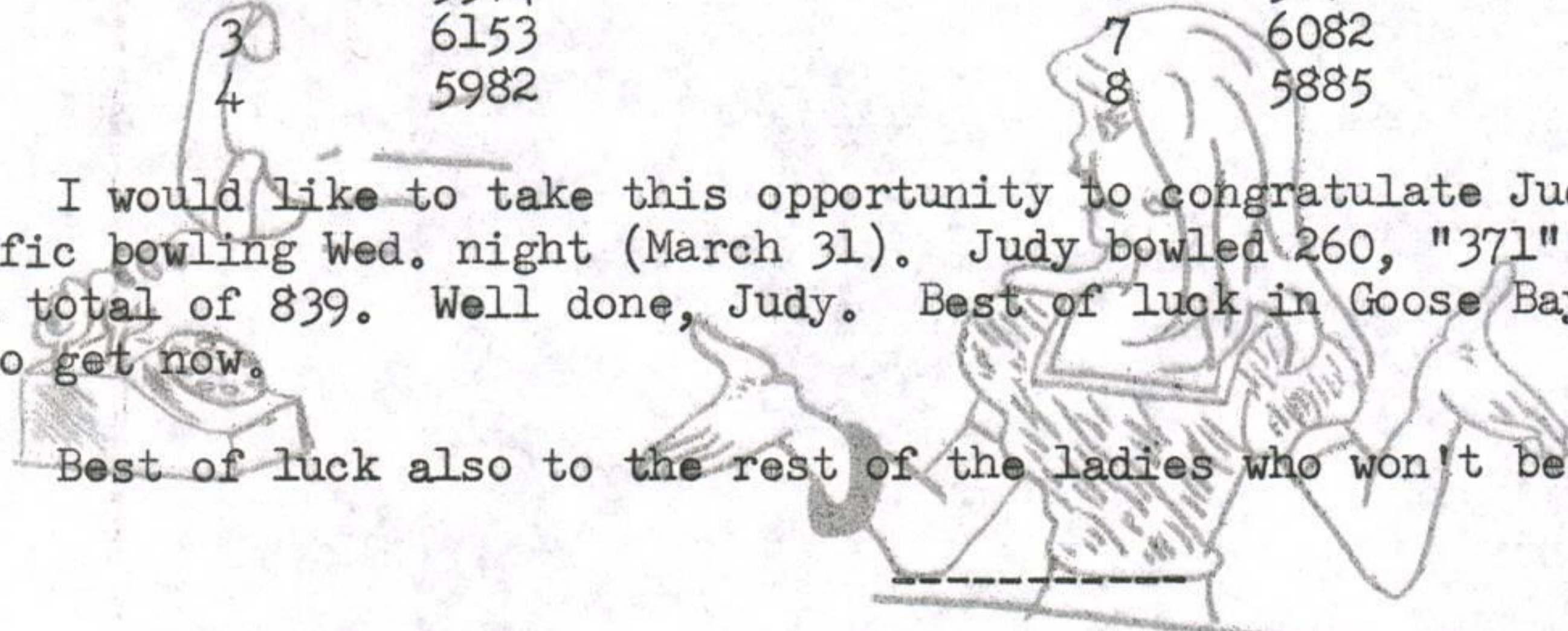
Also congratulations to Linda Boyko and team for winning the roll-offs.

Total Pin-fall for Roll-offs:

Team #1	6126	5	6676
2	5574	6	5871
3	6153	7	6082
4	5982	8	5885

I would like to take this opportunity to congratulate Judy Lloyd on her terrific bowling Wed. night (March 31). Judy bowled 260, "371" and a 208 for a grand total of 839. Well done, Judy. Best of luck in Goose Bay. Only 375 and 400 to get now.

Best of luck also to the rest of the ladies who won't be with us next year.



STELLA'S SMALL TALK

"B O W L I N G B A N Q U E T" - 10 April 76 - E-Tones Band - Jr. Ranks - Cocktails at 6:30 p.m.

Safety Hint of The Month

Mother said to  
Keep out of deep water.

I think this is  
deep enough to  
Keep out of



Recent visitors to the base were Gail Davies, and Don and Jan Davies of Calgary, visiting Bob Davies, Mrs. Sheila O'Byrne her mother, dad and brother Mike of Neepawa; also Jan Wipshel's sister Franke of Cold Lake, & Lori the buckley of Cold Lake at the Charltons. Vicki and Gord Melrose and family spent a week-end in Edmonton.

Glen McTaggart had a short stay in the Kindersley hospital.

Welcome back to Debbie's daughter who had spent a very enjoyable holiday with her mom and dad in Sydney.

How about the absent-minded lady who forgot to put her garbage in the trash can and took it for a walk? (Water out lady, the Man from Glad will get you & if he doesn't, Mr. Clean will. Happy spring to all - that's all our "Small Talk"....

See you next month.

### GENERAL ON MEND AFTER HEART ATTACK

OTTAWA (CFP) Brigadier-General Donal E. Holmes, 55, who retired from the Forces last fall after relinquishing command of the Canadian Contingent in UNEF, is recovering from a heart attack suffered at his home in London, Ont., March 1. He's doing "remarkably well" says the Base Surgeon at CFS London, Major Tom McKay. He had been resting at home when he experienced chest pains. His wife called a taxi to take him to hospital, and as he arrived he experienced a cardiac and respiratory arrest. The General was resuscitated by a hospital emergency team and, for the next 12 hours, was kept on a resuscitator in an intensive care unit. Since then he is reported to have made steady progress and was removed from intensive care March 9. "In typical Holmes fashion", says Major McKay, "he is anxious to be up and around, but it's probable he'll be held for another two or three weeks for observation". Later report says he was on his feet and walking March 15.



### STELLA'S SMALL TALK

Hello again, not too much news this month. First, we would like to say farewell to Donna and George Crozier who have left for Yorkton, Bourdeaus to St. Hubert and Zacharias' for B.C.

Welcome to Mr. and Mrs. Frank Truman and family who have moved to the base. We should see a lot of comings and goings this month so we would like to wish all the people who are leaving the best of luck in their new postings and to those arriving, welcome to Alsask (look out for all those trees.)

New arrivals on the base are a son born to Mada and Gary Legreasley and a daughter to Chuck and Gwen Stapleton. Congratulations to both.

Recent visitors to the base were Gail Davies, and Don and Jan Davies of Calgary, visiting Dorothy and Bob Davies; Mrs. Shiela O'Byrne has her mother, dad and brother Mike of Neepawa; also Joan Wibberley's sister Frankie of Cold Lake, & Lorraine Buckley of Cold Lake at the Charltons. Vicki and Gord Melrose and family spent a week-end in Edmonton.

Glen McTaggart had a short stay in the Kindersley hospital.

Welcome back to Debbie Saulnier who had spent a very enjoyable holiday with her mom and dad in Sydney.

How about the absent-minded lady who forgot to put her garbage in the trash can and took it for a walk!!! (Watch out lady, the Man from Glad will get you, & if he doesn't, Mr. Clean will. Happy spring to all - that's all our "Small-talk"....

See you next month.

**"CARNIVAL MASCOTS GO ON TOUR"**

One of the biggest energy using rooms in your home is the kitchen. It's a good idea to have a good work light. However, before you buy a new item, ask yourself three simple questions. The Carnival Characters went on a tour of the Oyen and Kindersley Hospitals, as well as the Sunset Lodge on the 29th February. In addition, they went to the Kindersley Figure Skating Carnival in the afternoon. The children and adults visited were overjoyed, where ever they visited.

This was a very worthwhile endeavour and all participants deserve a thank-you from our Station for their truly admirable community spirit.

In particular thanks go out to the following people:

- Lyn Russell as "Dino"
- Ken Griggs as "Snoopy"
- Joan Wibberly & Phyllis Allinott as the "Rabbits"
- George Crozier as "Big Bird"
- Joy Bloom as "Minnie Mouse"
- Earl Bloom as "Mickey Mouse" and for driving the bus
- Bob Meisner as "Ole Blue"
- Don Lloyd as the overall coordinator and photographer; and to
- Paul Rushton as the assistant unit information officer who provided coverage

**POOL CLOSURE**

The Gopher Dip Swim Pool will be closed for renovations starting 01 Apr 76.

Renovations to the washrooms and pool office are expected to take six weeks.

**BARBER SHOP HOURS**

The Barber Shop will be open on Tues., Weds and Thurs evenings from 1800 to 1930 hours under the operation of Mr. Emil Kovitch.

**WANTED**

Paperboys/girls to take over Base Saskatoon Star-Phoenix routes effective May 10th. Phone 2357.

1801  
171  
1880 cont.

- APPLIANCE
- Car Block heater
- Clock
- Clothes dryer
- Coffee maker
- De-humidifier
- Dishwasher
- Electric Blanket
- Electric Kettle
- Electric Shaver
- Electric Stove
- Electric Water Heater
- Food Waste disposer
- Frying pan
- Grill (Sandwich)
- Fan (Pumace)

CONSERVATION CONVERSATION

One of the biggest energy using rooms in your home is the kitchen. It's a good place to look for ways to save.

There are many, many appliances on the market, all promising to make kitchen work lighter. However, before you buy a new item or replace one that's worn out, ask yourself three simple questions.

1. Do I really need this new item? How often will it be used? Do my friends or neighbours have one? Can I do the job manually or with an appliance I already have? Is there an alternative that won't consume energy?
2. Can I avoid those energy draining frills? There's no doubt that I need the basic fridge and stove. But do I really need a butter-warmer, an ice cube dispenser or a rotisserie?
3. What will the appliance cost me in energy and cash to operate? What's the power requirement over a year? Is there a more efficient unit with a lower operating cost?

At a time when energy consumption is important and many people are questioning the value of gadgets, take a thoughtful moment to honestly assess your needs. Will a host of appliances really liberate you from your kitchen work?

These are all questions of personal choice and only you can answer them. The table following should help you make your decision.

Household Appliances

Estimated average annual consumption  
Based on an average of 2.35¢ per kwh  
(Kilowatt Hour)

<u>APPLIANCE</u>	<u>KWH CONSUMPTION</u>	<u>ENERGY COST</u>
Air conditioner (6000 BTU)	500	\$11.75
Car Block heater	456	10.71
Clock	18	.42
Clothes dryer	900	21.15
Coffee maker	100	2.35
De-humidifier	400	9.40
Dishwasher (not including hot water)	300	7.05
Electric Blanket	125	2.93
Electric Kettle	150	3.52
Electric Shaver	1	.02
Electric Stove	1,200	28.30
Electric Water Heater	4,000	94.00
Food Waste disposer	25	.59
Fryer (deep fat)	70	1.65
Frying pan	180	4.23
Grill (Sandwich)	30	.71
Fan (Furnace)	800	18.80

cont.

CONSERVATION CONVERSATION - cont.

<u>APPLIANCE</u>	<u>KWH CONSUMPTION</u>	<u>ENERGY COST</u>
Hair dryer	15	\$ .35
Humidifier	200	4.70
Iron	120	2.82
Kitchen fan	50	1.18
Mix master	15	.35
Radio (tube type)	100	2.35
Radio (Solid State)	10	.24
Refrigerator (12 cu. ft.)	850	19.98
Refrigerator (12 cu. ft. frost free)	1,200	28.20
Freezer (14 cu. ft.)	1,200	28.20
Freezer (Frost free 14 cu.ft.)	1,600	37.60
Sewing machine	10	.24
Television (Black & white tube)	400	9.40
Television (Black & white solid state)	350	8.23
Television (color solid state)	450	10.58
Toaster (pop up)	40	.94
Vacuum cleaner	40	.94
Washing machine (not including hot water)	50	1.18
Washing machine (automatic - not including hot water)	90	2.12

The above table is an average of what it would cost. The price of power varies all across Canada but it is a good guide, and in Alsask it is very close to what we pay, on the average. Our cost here depends on our peak demand for the month.

We welcome any and all energy saving ideas. So call any member of the Conservation Committee. We will be very glad to hear from you.

METRIC CONVERSION

The Metric Commission has approved the plan of the Canadian construction industry for its conversion to the metric system. This calls for SI day 1st January 1978. SI day (start of implementation) is the first day of the metric conversion year in which the Canadian construction industry will start implementation of work on site in the international system (SI).

Following "SI day", drawings, specifications materials and essential components for new construction will become available in hard metric (SI) terms.

Most of the balance of materials and components will be available on an increasing basis by the end of 1978.

Conversion to building in hard SI terms will continue for quite a while and should be substantially completed by 1982.

The plan was prepared by Sector Committee 5.1, representing the construction components of the economy. It describes the major activities of the conversion process and defines key dates for important events. These include the 1977 edition

cont.

METRIC CONVERSION - cont.

of the National Building Code; supplements in hard metric conversion are planned to be available from May, 1977.

Revisions of provincial and municipal building regulations will have to follow closely on revisions to the National Building Code.

WEATHER CONTINUES TO GO METRIC

On April 1, 1976, the Atmospheric Environment Service of Environment Canada will begin to use metric units for wind speed, atmospheric pressure and distance in weather information provided to the general public and the news media. Wind speed will be given in km/h (kilometres per hour), atmospheric pressure in kPa (kilopascals) and distances in km (kilometres). This completes the program which began with the change of °C for temperature in April, 1975 and snowfall and rainfall amounts to cm and mm respectively, in September, 1975.

The accompanying scale has been prepared by the Atmospheric Environment Service to help the public get used to the new measurement system for wind speeds.

This scale is adapted from the Beaufort Scale, named after British Admiral Sir Francis Beaufort who in 1806 created a numerical system of estimating the strength of the wind from a calm (force 0) to a hurricane (force 12) "that which no canvas could withstand."

ATMOSPHERIC PRESSURE

The normal range of atmospheric pressure is from 98.0 to 103.0 kPa in Canada. However, the change in pressure rising, falling, steady - is more significant as a weather indicator than is the specific pressure reading. For example, rising pressure over a period of time usually indicates the approach of a fair weather (high pressure) system, while falling pressure indicates its departure.

The SI derived unit of pressure Pa (pascal) is named after Blaise Pascal, a French mathematician, physicist, religious philosopher and writer who lived in the 17th century. Studies in geometry, hydrodynamics, and hydrostatic and atmospheric pressure led him to discover what became known as Pascal's law of pressure. (Not only atmospheric pressure, but pneumatic pressure, will be measured in kPa).

DISTANCE

Distances, although referred to infrequently in weather information, may be used to locate weather systems on a geographic basis in the synopsis accompanying a forecast. For instance, a forecaster may say that rain is predicted for Toronto tonight with the arrival of a warm front currently located 200 km to the west of the city.

WIND SPEED BENCHMARKS - on next page

The ability to speak several languages is an asset, but to be able to hold your tongue in one language is priceless.

WIND SPEED BENCHMARKS

<u>Descriptive Term</u>	<u>Speed Range in km/h</u>	<u>Effects</u>
light winds	20 and under	Wind felt on face; wind extends light flag; leaves rustle and move.
moderate winds	21 to 40	Raises dust and loose paper; crested wavelets form on inland waters; fine loose snow begins to drift.
strong winds	41 to 60	Large branches in motion; whistling heard in telegraph wires; umbrellas used with difficulty; extensive drifting snow; inconvenience felt in walking against wind.
gale winds	61 to 90	Breaks twigs off trees; walking made difficult; slight structural damage occurs e.g. to roofing shingles, TV antennae, etc.; blowing snow reduces visibility.
storm force winds	91 to 115	Trees uprooted; serious structural damage occurs; driving made difficult.
hurricane force winds	over 115	Accompanied by widespread damage (occurs infrequently in Canada).

CANADIAN ARMY WELFARE FUND EDUCATIONAL BURSARIESNAME

1. The Bursaries shall be known as Canadian Army Welfare Fund Bursaries.

PURPOSE

2. To assist dependents of former members of the Canadian Army to obtain a post-secondary education by providing financial assistance primarily for tuition and purchase of text books.

ELIGIBILITY

3. All applicants must be dependents of former members of the CANADIAN ARMY (Regular) who served between 1 Oct 46 and 31 Jan 68. Dependents include natural, step, or legally adopted children.
4. Service with the former ROYAL CANADIAN NAVY or ROYAL CANADIAN AIR FORCE DOES NOT CONSTITUTE ELIGIBILITY. For further information contact Lt. Skomorowsky - SSTO, loc 208.

ADVERTISEMENTS

Advertisements are to be written in with the number of times they are to run. If this information is not with the ad it will be run once only.

Persons placing ads and getting results from same are asked to make arrangements to have their ads discontinued. Please phone local 232 or 2672 and ask for Dennis.

FOR SALE Ten-speed sprinter - 1 year old  
Phone 2694

FOR SALE 1962 Ford 1/2 ton (steers terrible-uses oil) \$200.00. Good truck for around town. Also 1971 Ford 1/2 ton 302 automatic - 60,000 miles - A 1 shape - \$2200.00. Phone Richard Reichert - 2750 Marengo.

FOR SALE Man's jacket - size 40 - brown \$20.00 - phone 2693

FOR SALE Holiday 8 mm Movie Camera, light bar, projector and screen; and 1/2 yd. lengths of viscose velvet, assorted colors. Phone Sibbald 676-2124.

FOR SALE Hoover upright vacuum cleaner plus attachments, and one Westinghouse scrubber/polisher. Both good condition. One exercise cycle - new condition. For more information call Mrs. Don Chiliak - Sibbald - phone (403) 676-2173

FOR SALE 1974 Ford Courier 1/2 ton - yellow with black accent stripes. 5500 miles - radio, mini-jet cap, roof rack, service manual etc. Phone 968-2692 or Lloyd Martin at Power Plant local 269.

FOR SALE 8 Platex nursers with caps - one retainer ring and approx. 125 bags Used one month - \$10.00. Phone 2396

FOR SALE 1 Tent Trailer - soft top - phone 2678

ANTIQUUE SALE Thursday, 15 April at 10:00 a.m. at Alsask Pool Room - Pool tables, lamps, furniture etc. For further information contact Jack Chorney, 2249 or Box 151, Alsask, Sask.

WANTED Bunk Beds - phone 2648

WANTED Paperboys/girls to take over Base Saskatoon Star-Phoenix routes effective May 10. Phone 2357

LOST Silver key ring with 5 keys on it in Alsask. Last seen Monday night, Mar. 29. If found please turn in to Post Office or phone 2626.

LADY WILL DO DAY WORK Call 2430

GUIDE & BROWNIE INFO: Call Sheila O'Byrne at 2610

AMWAY PRODUCTS: Call Jean Finley at 964-4440

TRI-CHEM SUPPLIES: Call Jean at 2353

VANDA BEAUTY COUNSELOR: For information on home demonstrations on make-up, beauty aids etc. contact Joni Pockett at 2329 or Ferne Wilkie at 2296 (town)

CFS ALSASK AVON REPS: Barb Hunt at 2261 or Alexis Stokes at 2345

ARTEX SUPPLIES: Call Joni at 2329

SUN LIFE ASSURANCE CO. OF CANADA  
Ken Winter rep at Rec Centre 1st & 3rd Thursday each month 7 - 9 p.m. phone 2433

BOTTLES: Don't throw them away !! Donate them to the 1st Alsask Boy Scouts. For pick-up call 2278

STAR-PHOENIX: For Base delivery call Ben and Kevin Bathgate - 2357 For Town delivery call Mike Ackeral at 2672.

STANLEY HOME PRODUCTS: Call Debbie at 2383

REGAL SUPPLIES: Call Judy at 2241

MUTUAL LIFE OF CANADA: For all your insurance needs, registered retirement savings, contact: Quincy Von Kuster at 463-3060-Kindersle

cont.

EMPLOYMENT OPPORTUNITY

PROGRAM DIRECTOR - July and August - For the preparation and on-going training of a Community Recreation Program for CFS Alsask.

4 positions open - Candidates are required to attend a 4 week course (2 days a week) in May. Selected candidates will organize and conduct an 8 week program for two age groups - Under 6 - and 6 to 10 year olds. Candidates must have the ability to function with these age groups.

Salary - approximately \$50.00 per week.

For further information contact Sgt Molloy at the Rec Centre or local 268 no later than 15 Apr.

"Yes! There's A.A. and AL-ANON in Alsask. Fridays - 8:30 p.m. in the United Church basement.

A D V E R T I S E M E N T S - cont.

FOR SALE 24" insulated truck top -  
Contact Ken Thomson - 2258

FOR SALE Scout beret - L - Scout shirt  
size 14-14½ - belt - call 2683

WANTED Part-time and full-time waitresses/  
waiters for employment at Flaxcombe  
Hotel in Beverage Room. No ex-  
perience necessary. Phone 463-  
3497 or apply in person.

BARBER SHOP: Tues., Wed., and Thurs.  
evenings - 1800 - 1930 hrs.  
Emil Kovitch.

T O P S (Take Off Pounds Sensibly)  
Meetings: 7:30 Monday evenings  
in Alsask School

LLOYD'S LOCKSMITHING SERVICE - Phone  
Alsask 2692

ALSASK SEW 'N SAVE: Contact Marge at  
2258

SARAH COVENTRY FASHION JEWELLERY: Call  
Marge Horton at 2235 - mornings

RADIO SHACK: Equipment is now being  
sold at the Kindersley Hobbe  
Shoppe, Main Street, Kindersley.

CARNIVAL PHOTOS

A display of photos taken during the Winter Carnival are posted in Canex. They are displayed in the entrance way and will remain there until Monday, April 12. Copies may be obtained by contacting Rob Jardine, phone 2680.

SATURDAY AFTERNOON MATINEE MOVIES

10 Apr "Legend of Amaluk"  
Lorne Green (Life of young Eskimo)

24 Apr "Reluctant Astronaut"  
Don Knotts - Joan Freeman

17 Apr "Strongest Man in the World"  
Kurt Russell - Joe Flynn

STREET DANCE  
JUN 5  
9PM - 2AM  
RECENTRE PARKING LOT  
MUSIC - BERTHOLDS SUN DOWN BAND



TICKETS - \$2.00

FOOD

BAR OPEN - 9PM - 2AM

MATINEE FOR TEENAGERS 2PM - 5PM

WEATHER PERMITTING - GLIDER RIDES

- SAT - SUN

Kindersley Union Hospital

P.O. BOX 1180

Kindersley, Saskatchewan

SOL 150

TELEPHONE 463-2611

1350-1

March 9, 1976.

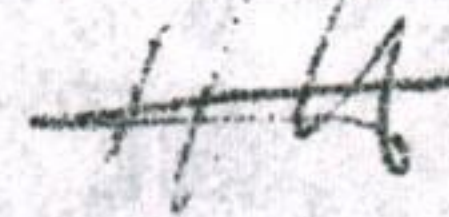
(1)  
Sgt. D. Lloyd  
C.F.B. ,  
Alsask, Sask.

Dear Sgt. Lloyd:

I would like to express my appreciation to you and the other members of the Base who took the time to bring the television characters to the Hospital last Sunday.

This visit certainly cheered up the children and I am sure the adults also.

Yours sincerely,



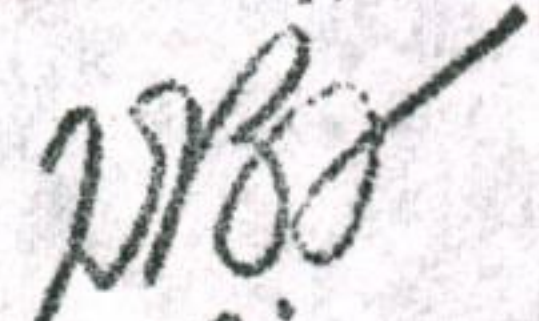
R.P. Meyer  
Administrator.

P.S. I was at the Ice Fair at the Arena with my son, and he was able to see his favorite characters. He sure was tickled.

All Participants

(2)

Well done!



14 Mar 76

W. B. STERNE LCOL  
C O  
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