

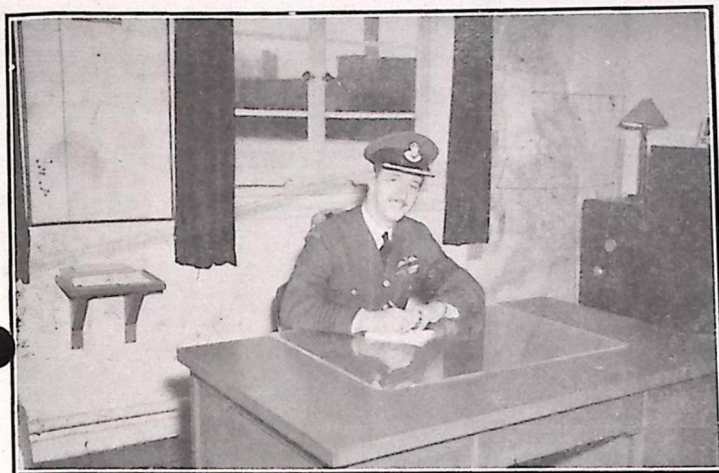
YOU NAME IT ???

VOL. 1.

R.C.A.F. STATION, NORTH LUFFENHAM, TUESDAY, JULY 15, 1952

No. 1

G/C HALE LAUNCHES PAPER



G/C HALE

Photo by Cpl. R. B. Roddy.

441 TO BRUSSELS

At the invitation of Belgian and NATA authorities, 441 Silver Fox Fighter Squadron represented the RCAF and Number One Fighter Wing in an air display over Melsbroek, Belgium, commemorating NATO Air Force Day, on the thirteenth of July, 1952.

Twenty-nine groundcrew and fourteen pilots led by S/L A. R. MacKenzie DFC, departed for the Belgian Air Base at Chievres, approximately 30 miles from Brussels, on Friday, the eleventh of July. Chievres was used as the Canadian base of operations throughout the four day period. 441 Squadron's participation actually consisted of a twelve plane Sabre formation fly-past led by the Officer Commanding and a ten minute solo aerobatic display performed by F/L Dean Kelly.

Representatives of all the member countries of the North Atlantic Treaty Organization attended, and the most recent and up to date fighting aircraft

of the Western world were on display before a crowd of over 150,000 people. English Canberra squadrons, flights of F-84 Thunderjets of the Belgian Air Force, and a host of aircraft of the United States Air Force in Europe kept the skies over Melsbroek filled from early morning until the early evening. It was the first "NATO Air Force Day" of this kind and magnitude, and was regarded as completely successful.

Melsbroek Air Base was, in the early days of 1945, an advanced base for 127 Wing of the RCAF, from which the Canadian Spitfires carried out close support of the advancing armies in Europe.

The pilots who proceeded to Belgium were: S/L A. R. MacKenzie DFC, Montreal, F/L E. D. Kelly, Peterborough, F/L P. C. Walker, Ottawa, F/L J. C. Turner, Watrous Sask., F/O D. H. Atherton, Welland Ont., F/O L. B. Benson, Victoria BC,

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Welcomes Voice of No. 1 Fighter Wing

*To the Officers and Airmen of
No. 1 Fighter Wing :*

As honorary Editor-in-Chief I am pleased to present to you the first edition of our station newspaper.

The inauguration of this journal brings to an end a period of long silence which has left 1 (F) Wing with a reputation for being completely divorced from the rest of the RCAF. Added to the regular functions of a camp newspaper, this organ will fill the role of an informal messenger keeping North Luffenham in touch with other Air Force units at home and overseas, carrying news about this busy, unique and intensely interesting station.

Last September, for the first time since the Second World War, the RCAF invaded England in force. Our Service did not come to the United Kingdom as a stranger, for it had already established a long and honourable record here in battle. The people of these islands have greeted the Wing with all good will and welcomed our servicemen as old friends. Thus far, the Air Force has maintained that great trust which the Canadian people have placed in its charge when they sent it here to operate. Perhaps, through these pages we may keep ourselves aware of our responsibilities as Canadians who are abroad.

The maintenance of the paper will demand much time and co-operation on the part of many people. Let us all give the staff our solid support. There is nothing greater among the members of any unit than a unity of purpose, and a healthy competitive attitude. We have here at North

Continued on page 2

You Name It ???

This newspaper is published bi-monthly by the personnel of RCAF Station, North Luffenham, England, with the kind permission of G/C E. B. Hale, DFC, CD.

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CHIEF REPORTER :
LAC R. Roberts

Editorial

THIS being volume 1, number 1, of RCAF Station North Luffenham's newspaper we are taking the opportunity of this first editorial to explain the policy and what your editorial staff wishes to achieve.

Primarily we might say that the Commanding Officer's object in publishing a station newspaper was for the benefit of each and every member of the unit and their dependents. However, its success and its continuance depends entirely on the enthusiasm and co-operation of you, the reader. Every member of the editorial staff is an amateur with little or no previous newspaper experience which leaves all of us open to suggestions and assistance. Future editions will carry an open letter section in which you the reader may voice your opinion . . . make use of it.

The paper will be published twice monthly on the 15th and 30th of each

month. We shall endeavour to adhere as closely as possible to the form used by the major daily newspapers of today. Roughly the layout will be as follows: First page will carry major news and the most recent items of general interest, the second page will be used for editorial and the "Open Letter" section, the third, fourth and fifth pages will deal with section news, the sixth page will have sports, the seventh entertainment and social news, and the eighth will be kept as a filler and for any other light reading. In future we intend to increase the size to ten or twelve pages if the response is good. The cost of printing and maintenance will be covered by the advertising subscriptions, with no charge being made to the readers.

Again let me remind you . . . this paper is YOURS—support it!

Continued from page 1

G/C HALE LAUNCHES PAPER

Luffenham a fine spirit of teamwork. Let us draw closer through the medium of this newspaper and maintain that advantage which is ours by birthright, by association and by hard work.

Continued from page 1

441 TO BRUSSELS

F/O D. R. Williamson, Ingersoll Ont., F/O D. C. McIlraith, Ottawa, F/O I. R. McDonald, Montreal, F/O M. B. Neilson, Huntsville Ont., F/O C. R. Simmons, Amherst NS, F/O J. E. Ecker, Smithville, Ont., F/O D. R. Hanson, Montreal, F/O G. A. McDonald, Windsor Ont.

The Groundcrew who were transported by two Valetta type aircraft of the RAF were as follows: F/S Parker, Sgt Duhamel, Sgt Lay, Sgt Crago, Cpl Pare, Cpl Stan, Cpl Mott, Cpl Seguin, Cpl Maidens, Cpl Zabielski, LAC Barton, LAC Euchma, LAC Roberts, LAC Gagnon, LAC Furois, LAC Beaulne, LAC Chartrand, LAC Mattie, LAC Patriquin, LAC Mignault, LAC Forrest, AC1 Chantigny, AC1 Closs, LAC Levasseur.

On Saturday afternoon the Officers and Men of the squadron were taken by bus into Brussels and were given a tour of the city and surroundings.



BY "SGT. SLUDGE"

Good old 410 (F) Sqn are pioneers in everything. First Canadian Sqn on jets, first Canadian Sqn to come over with NATO, first Sqn of the RCAF to have embarked on ye goode olde HMCS Magnificent and last but not least first out to dispersal. No fooling—but we are proud of our record; in fact we think we are pretty good and hard to beat. What other Sqn has such an illustrious life?

Now and then things crop up or have been noticed that are humorous and worthy of inclusion in this paper—but on the whole, we're all business and flying here at "dispersal." However, I have in my ramblings along the line picked up the odd bits of humour which I think are of interest to all.

(a) Rumours have it that "Red" Morris is going to buy a car. Next thing we know he'll be going to London to do his QGHs in Piccadilly.

(b) F/Os Sylvester and Robb recently returned from Copenhagen, Denmark. They told such tales of "interest" to the Sqn Adjt that he now has made plans for a trip to Denmark. Of course, these talks were "in camera," but must have been good.

(c) F/L "Win" Prince goes on so much TD that people are beginning to wonder how he can stand the pace. However he loves London and all those high level conferences.

(d) F/L John Marion recently returned off leave during which he visited the "Last House" at Land's End. Both he and F/O Don Broadbent (who are the Sqn Millionaires) don't think much of the South Coast in any way, *Shape* or form.

(e) Wedding Bells are due to ring next month for F/L "Gordie" Joy. The boys all sympathize in having him leave the Bachelor's Club.

(f) A "F/O Robb" made *The News of the World* only it wasn't our "glamour boy" F/O Robb.

Well that's all for now, but I'll be stomping back next issue.



BY F/O TOM WILSON

After three weeks at North Luffenham 439 is becoming conditioned to England's extreme weather variations, unusual accents and left hand traffic. The usual problem faces our married personnel, searching for homes and transportation. Single personnel have already discovered the benefits of motor cycles and bikes for those nightly cruises to entertainment. All in all a happy spirit radiates from 439.

The Atlantic crossing was a novel experience. Despite caustic comments as to the speed of ships and Piper Pacers the total flying time from Ottawa to North Luffenham was 8 hrs 25 mins. May 30, the day of departure, was ideal weather but from



Bagotville on every leg was flown between gaps in unfavorable weather forecasts. The longest wait was 8 days in Goose Bay. At every stop-over the SqN was regally entertained by the USAF as Goose, Blue West 1 and Keflavik, and by the RAF at Kinloss. There were many interesting sidelights to Operation Leapfrog. To enumerate just a few: desert operating conditions at Goose everytime a jet blew sand over the dispersal area; the Airwomen and our men sleeping in the same barrack block at Goose (such an unsporting attitude erecting that partition); fishing in a Greenland fjord amid icebergs, catching nothing and suffering the shame of watching an old Eskimo in his kayak pull out fish after fish;

Continued on page 5



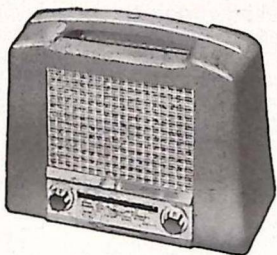
BY CPL BONIN

What would I tell about 441 Squadron that is not known to everybody. Our good name is known from Land's End right up to Edinburgh and mostly where some members of 441 had some unfortunate adventure namely "motor-cycle prangs" or caught for speeding. Remember, boys, you're in England now, and you must not drive along on the "main drag" of Darlington at 40 MPH.

But everybody knows that these youthful pranks from our Squadron are due to nerve tension and overwork. Our boss, S/L MacKenzie, is very lenient and most patient with us. Our Adjutant is a very good fellow, our complaints never reach the Padre, they just go to the waste basket. He will fix anything but your pay sheet.

Continued on page 5

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Wing Headquarters

The Wing Orderly Room has had lately the atmosphere of Brooklyn at pennant time, since WO2 Thompson showed his spectacular pitching ability against the American team. The major expresses great confidence that the Haedquarters team will win the league.

Cpl Macpharlane has caused a great deal of worry to American Radio since he acquired the original, and only "Green Hornet." He may be seen at 1645 hrs any day, risking life and limb, in that speediest of all cars, the Green Hornet, tracking down those denizens of lawlessness, who make mistakes in DRO entries, and try to ruin the fine work of the Records Section.

LAC Gagne, Wing Orderly Room, who recently returned from leave in Paris, has some astounding and thought-provoking news for married personnel contemplating seeing the eternally gay city. According to Gagne, the American politician, with his usual efficiency, has perfected a way to see Paris with the little woman in tow, and still see the other cultural points of interest in that city, besides the Louvre, and the Jardins du Luxembourg. It seems there has been an association started called L.B.C.W.U.S. P.I.S., which means, Leave the Ball and Chain With Us, and See Paris in Safety. As far as we can gather, this Society has been doing a great work, in relieving the minds of the important men who visit Paris, when they are in important conferences at the Moulin Rouge, of the whereabouts of their wives. We are sure that this information will be of great interest to our married readers.

It has been noted that personnel in Wing HQ have already started training for the Station Sports Day. WO2 Thompson has been passing work to the typists with an excellent inshoots on his curves, AC1 Meens has been opening the bottom drawers of file cabinets without bending his knees, and Cpl Bendle has been typing DRO's with astonishing arm movement and finger dexterity. Keep up the good work, Headquarters, we expect great things from you on the sports field.

Congratulations are in order to our CO, G/C Hale, on his being awarded the Korea Medal, for his work while attached to the USAF at the front lines. On the obverse side of the medal is a crowned effigy of His Late Majesty King George VI, who approved its institution. The ribbon is blue and yellow; blue for the UN flag, yellow being the colour tradi-

tionally used for awards in recognition of service in the Far East.

There is an air of mystery around the Orderly Room these days. Whispered conferences behind the file cabinets, delighted giggles unsuccessfully drowned out by chattering typewriters, all denoting the imminence of some great event. From the look in the eyes of Cpl "Shakey" Pearson, and LAC "Wally" Muzychka, we will venture to guess that it has to do with a very wet evening in the near future, at Smoky Joe's (or some other purveyor of bottled joy).

Hospital News

BY SGT LEONARD

The Hospital has become a very busy spot of late due to the great increase in personnel these past few months. Modern facilities have been greatly increased with the addition of a fully equipped X-Ray Laboratory and Maternity Ward. The Maternity Ward is now officially open to dependents of RCAF personnel. The SMO would very much appreciate hearing from any ladies who are nurses or who have had nursing experience and who could devote some time assisting in this Ward.

Our SMO S/L Laughland is soon to leave us to take up his new duties in Paris early in August. Our very best wishes go with him. The new SMO F/L J. M. O'Brien from Station Edmonton will be arriving here on or about the 10th of August.

Three Nursing Sisters enroute to the Continent on vacation visited our Station over the past weekend. They were: F/O's Mary MacDonald, Para Rescue, Edmonton, Barbara Eldridge, Winnipeg, Mary Deneau, Lachine.

F/L Matron Bransager has returned to us after a bit of a holiday. She is in fine spirits and is again about her many duties. Sister Cavanaugh can be seen most any time hustling about the wards administering to the sick and brightening things up considerably.

PRINTING . . .

All kinds of General Printing quickly executed at the local Newspaper Offices . . .

STAMFORD MERCURY

62, HIGH STREET, STAMFORD

Telecommunications Blah

BY LAC SINNOTT

The following is an incident which took place at Signals Section two weeks ago.

SCENE: The back room at Radio Workshops. The technicians are having a morning coffee after a very strenuous week-end. The STe10 enters.

STe10: Has anyone here ever done any paper work?

JOE LEADIN: (never one to hide his talents) Yes sir, only last week I cleaned up around headquarters.

STe10: (with a sigh of relief) Ah, that's fine my boy, just the type we need for the station newspaper. How would you like to be a reporter? Good, I knew you would.

Two weeks later.

In the Radio Repair room Joe is happily at work painting benches. The chief reporter enters and hands Joe a batch of blank papers.

CHIEF: (with the astounding optimism known throughout the Air Force) Here Joe, have an article ready for the paper by tomorrow night.

JOE: But . . .

CHIEF: It's okay son, nobody reads the stuff anyways.

Radio work is very weird and mystifying business, due to the fact that we work with those invisible and shocking creatures called electrons. Of course there are also sawtooth waveforms, lisajous figures, nice figures and what have you. This puts an excessive strain on our brain cells. So if our boys sometimes try to make figure eights, or try to date up the

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pencil sharpener, pay no attention to it. It goes with the trade.

Radio is a very important aid to the service. In fact it's more than just an aid, for practically every section of the Air Force takes advantage of it at one time or another. Pilots especially appreciate our VHF homer and GCA, which guide them home safely 24 hours a day. The Message Centre provides us with up to the minute (or is it month) Canadian Press News, and all official communication between here and Canada. Keeping the Aircraft Radio and electronic equipment serviceable is an important job for the Radio Servicing Bay.

Behind all this confusion is the STel0 F/L Williams who incidentally sends you your monthly phone bill. He runs into lots of headaches keeping all these electrons on the march. Like the other day for instance, when stores sent back an I.O.R. voucher asking if we really need the stuff. Yes, he has a big job on his shoulders.

In charge of the Radio Servicing Bay is F/S Shepherd. Acting as coordinator for all the squadrons' Radio is a very friendly fellow you all know, WO2 Wright. He's always good for a little chat if you've a mind to drop in on him. WO2 Reid is at the helm of HQ Signals, with Sgt Cunningham leading the parade in the Message Centre.

So far we've only scratched the surface of all the wonders that Radio and Electronics can work, and we hope to tell you more about them. But this being the first edition of the station newspaper, maybe we should wait till next time. VA.

Technical Wing Headquarters

BY LAC J. D. FORTIN

FLASH . . . Stop the Presses . . . (Thank you, Walter Winchell) . . . Greetings fellow North Luffenhamians (is that right?) we'd like to try and catch up on most of the movement in and out of Tech Wing and throw in a bit of gossip as well. There are a few new faces around the Tech Headquarters these days. F/O Cox who was Tech Adjutant since the formation of the Wing, is now holding down a new position as Engineering Officer of 441 Squadron. F/L D. W. Cooke, who was 441 Engineering Officer, is now our Chief Engineering Officer, and F/O G. H. Campbell, who hails from Supply, is now our Tech Adjutant.

The Armament Section is now two men stronger with the arrival of AC's R. S. Fisher from Clinton and D. J. Bryant from Trenton. LAC M. R. Watters from Rockcliffe, is a new addition to our Station Photo Section.

We've also acquired a new Disciplinarian in the person of WO1 Edey, who is temporarily attached to us from Wing Maintenance Section.

Welcome to the fold, fellows, we hope your tour here will be a pleasant one. Maybe you can help LAC "Stew" Porterfield of TSU with his problem . . . he's trying to find some way of moving the Station to the beach at Skegness or vice-versa. Sgt Bill Connelly of Technical Wing Orderly Room and his wife flew to Ottawa recently to attend the funeral of Mrs. Connelly's brother. They are returning to North Luffenham on 23 July.

We would like to wish the Station Newspaper good luck and hope everyone gets behind it to make it "the best."

heard several small explosions in his cock-pit. He checked his instruments and found everything operating normally. The explosions were repeated and all normal hydraulic pressure was lost. The cock-pit filled with smoke and he immediately broke formation and cut his engine. F/O Bentham then glided his Sabre five miles to base and carried out his second successful wheels down, dead-stick landing, with ammunition exploding all the way.

Thanks to the efficient work of our fire-fighters the aircraft was saved.

A good show all round.

Continued from page 3

439 TIGER TALK

Cheesman spending all our money to break the slot machines in Blueie, he still has callouses on his lever hand; taking off down hill at Blueie with a 128 ft drop in the runway; attempting to remain sane while dealing in five different currencies in Iceland; the complete and absolute desolation as far as the eye could see in Iceland; the beautiful green of the Scottish shore as we broke cloud; the reunion of old friends at North Luffenham when the "no sweet" trip came to an end.

Dominion Day will always be a black memory in 439. Ray "Digger" Conti was reported missing and presumed dead. The suddenness of this tragedy makes it difficult to believe that a good friend and a grand fellow is no longer with us. As the "baby" of our Sqn and with his cheerful disposition "Digger" was ever popular. On July 9, 1952, in a special memorial service 439 paid their last respects to the bow-legged kid from Vancouver Island whose memory will always make him a silent member of 439.

Continued from page 3

441 WITH THE SILVER FOX

Our good F/Sgt Parker was aging pretty fast at maintenance, so WO1 Craig, like a good father, gives him an easy time on servicing. We have not had too good co-operation from our pilots lately. They want to know how many "G's" a Sabre can take before the tail falls off. No wonder when you see some mechanics tightening things up with cold determination and a big grin across their faces after a good day's work is done. Now you'll see a skeleton crew on week-ends and skeletons week days.

All the boys now want to go to France.

F/O BENTHAM SAVES SABRE

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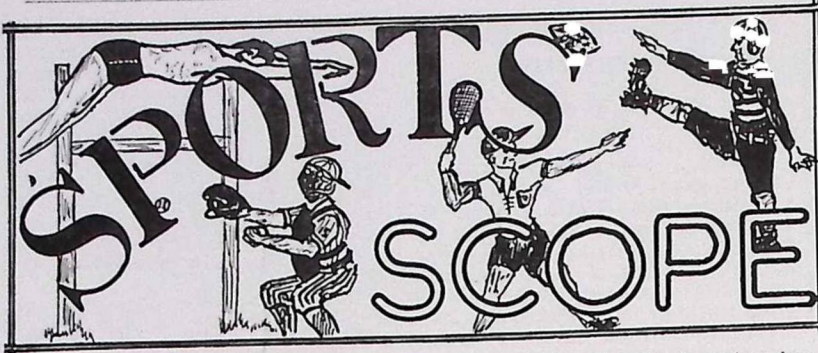
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BY P/O T. L. KELIHER

The Sports Association is the committee responsible for running all sports on the Station. The Association, formed in April of this year, comprises a chairman, S/L M. A. Rosenthal, CD, an assistant chairman, F/O Ronnie Found, and six members—F/L Jack Turner, F/L Gordie Joy, F/O Bill Bain, WO Ed. Edey, F/S George McFaul, and F/S "Curly" Lord. Each member is responsible for a definite sports division. F/L Turner is responsible for sports such as swimming and volleyball, F/L Joy is to handle the track and field and the Sports Day (whose tentative date is August 13). F/O Bain is in charge of basketball and golf. WO Edey, along with Sgt "Andy" Christie, is in charge of softball. FS McFaul has had charge of the baseball team but since he is returning to Station Trenton, Canada, this month FS Ray Grandy will take over his spot. FS Lord replaces FS Bill Lewis who has gone to Langar. He, along with LAC "Tup" Tupper, will handle the Tennis Club on the Station, as well as badminton, in the fall. Assisting the committee, are Cpl. "Shakey" Pearson, who is the recording secretary, and P/O Tom Keliher whose duty it is as Sports Officer to advise the committee on technical matters, and purchase the equipment required for different sports. The committee meets once a month to discuss the business of running sports on the station.

At the present time the only really active organized sports on the station are the Baseball and Softball leagues. These activities have been on their way since May. Other activities such as the swimming club, volleyball, rifle club and a tennis club are being organized and the committee hopes to have these activities running well by the end of July.

The present facilities offered for these games are as follows: 1 Baseball Field, 2 Softball Fields, 4 Volleyball courts, an indoor and outdoor rifle range, the use of the two civilian golf

courses. The Stamford swimming pool is now being considered for the use of the swimming club. For tennis four double courts and one single court are available. The policy of the committee concerning the building of a sports hangar is that the permanence of the station is not completely established, and until it is, there will be no expenditure for a gymnasium.

The sports mentioned are considered by the committee as spring and summer sports, and are emphasized at this time. Activities such as basketball, badminton, soccer and boxing, etc. are considered fall and winter sports and treated as such.

The station sports equipment has been definitely limited for many reasons. The first is financial. Secondly, the quality of materials such as baseball and softball bats and balls, gloves, etc. has not been up to our Canadian standards. The situation is improving, and should clear up pretty soon.

The main purpose of the Sports Association is to foster and organize sports on this station. They are doing this to the best of their ability.

TENNIS

A Station Tennis Club for all members of 1 Fighter Wing in is the process of being formed by FS Lord and LAC Tupper. It is hoped that enough interest will be shown so that station tennis teams may accept challenges to play outside teams. Anyone interested is asked to call FS Lord, 64 (2) or LAC Tupper, 181.

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SOFTBALL NEWS

BY CPL "DOC" BAKER

Amid the cheers and boos of many throats, the sound of "Play Ball" started a 14-team intersectoral league playing on the 2 Station Softball Diamonds.

Whilst your reporter was unable to see all the games being played, there were many hotly contested games.

The Senior NCO's, with such players as McFaul, Golding and Mitchell playing their heads off, are a team now standing high in the league. Wing Maintenance's team, who lead the loop at the time of writing, is handled by our genial Sgt Moffat. Headquarters under the masterful pitching of WO Thompson are also in the top four teams, as are the Corporals under Cpl Hudson.

439 Squadron came to us a bit late in the season but are making themselves contenders in the league. The Station team is playing "heads up" ball, and thus far has split its two games with our American visitors. Against the 39th Supply Base (US Army) it was WO Thompson who was the hero of the game limiting the visitors to only two hits. He struck out sixteen men in his mound duties, and we won the game 1-0. The second game was a very tightly contested one with us coming out on the short end of a 5-3 score, Kipling and Himmelman doing the battery chores.

The station team has not been completely outfitted with players as yet, so invitations are extended to anyone who wishes to try out. The Station Softball League, it is proposed, will be divided into two leagues of seven teams each.

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BY F/L LITTLEWOOD

I would like to join with others in a word of congratulation to all who have made possible this initial issue of the Station Newspaper.

Behind the scenes, there has been much work as well as methodical planning, before the finished product made its appearance, and now the result of the effort is in print for our common perusal.

Changes, following experimentation, and the fruits of experience, will doubtless follow in process of evolution, which is as it should be.

An editor of a small town newspaper, under fire because of absence of news items from his weekly journalists' effort, successfully coped with his "would-be" critics, by declaring that he made more money by keeping out certain items of local activity, than by inclusion of same. Since the Unit newspaper is not designed primarily as a money maker, it should be possible for editorial people to report things as they see them. There is another angle to all this, of course, an angle best figured out by the individual reader.

Seriously though, the venture is worth while, and success will depend on each and all; in other words, the station newspaper becomes the privilege and responsibility of everyone, in terms of intelligent interest and support.

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R.C. PADRE

BY S/L JEAN PAUL DAVIGNON

Best wishes of success to our Station Newspaper . . . to the Editor and his Staff.

I know by personal experience the great amount of work involved in the publication of such a paper and I am confident that every one will wish to co-operate in every possible way.

Not only will we be anxious to read about the different activities of our Wing, but it will bring us all together; creating and fostering an "esprit-de-corps," which is so important for good morale.

May I take this first opportunity to voice my gratitude to the Editor for allowing us, this "Padre's Corner." We will make use of it more extensively in the future . . . till then let us say "au revoir," and God Bless.

Housekeeping on Parade

BY CPL H. H. HART

You may think it rather unusual to have an article of this nature in an Air Force publication, and you would, no doubt, be quite justified in thinking so—on the other hand, we do so often find, that the interests of our wives, mothers and sweethearts are not, sadly enough, given much space or consideration in Service Magazines.

It is, therefore, with this thought in mind, that I am contributing "Housekeeping on Parade" to our Station Magazine. It is ostensibly "for the ladies," but I feel quite sure that the menfolk will also find something of interest. I shall hope to give you, from time to time, items of culinary interest, food tips, favorite recipes, in fact any old thing I consider useful.

As this is the first article of the series, I am going to give you what I have called "The Cook's Creed" . . . Here it is—

Maintaining the health of my family depends in a large measure on the food I serve; therefore *I will take care to prepare and cook all foods in a way to preserve a maximum of their nutrients.*

My family's enjoyment of food is in my care; therefore *I will prepare and serve all foods as appealing to the eye and palate as I can.*

Stretching the food pound is part of my responsibility; therefore *I will take such care of foods that none will spoil, and I will use leftovers with thought and skill.*

Well prepared foods and appetizing meals are CREATIVE achievements; therefore *I shall enjoy doing that important work WELL.*

And lastly, good food is the inalienable RIGHT of all who work; therefore *I shall bring food to the table that satisfies my family.*

Now I am pretty sure that if the foregoing was adhered to in principle the ultimate result would be a very happy and contented family. Of course I know there are a few people about that I would label "religious" cooks—everything they cook is either a sacrifice or a burnt-offering, but they are in the minority. I cannot over-emphasise the CREATIVE enjoyment to be found in preparing good meals. That enjoyment will in turn be passed on to your family, when they taste the results of your extra effort. So follow me around eh, Mom! and maybe together we'll concoct a dish that'll amaze EVEN YOUR OLD MAN.

Did you know that . . .

A cracked egg can be safely boiled if wrapped in a piece of greased paper.

If you soak sausages for ten minutes before frying them not one will break in frying, and it also improves the flavor.

Here's a good one! To make tough meat t-e-n-d-e-r, rub carbonate of soda in the day before it is cooked, and wash it off before cooking.

The way to soften eggs that have (by mistake) been boiled too long is to get a basin of cold water, put the eggs in and leave them for a minute or so, which will not only soften them, but will also improve the flavor.

When cooking onions, place a pail of cold water at the kitchen door, which will prevent the smell from ascending.

The way to keep milk sweet for several days—add a teaspoon of fine salt to every quart of New Milk.

More next time!

410 SQN MAINTENANCE

This is news from the "Silent Service" "410 Maintenance." I wonder if the Sqn knows they have a body of men far across the field in 2 Hangar or if inspections are just automatic; but then we can't be bitter, everyone can't be in the sunshine club.

Continued on page 8

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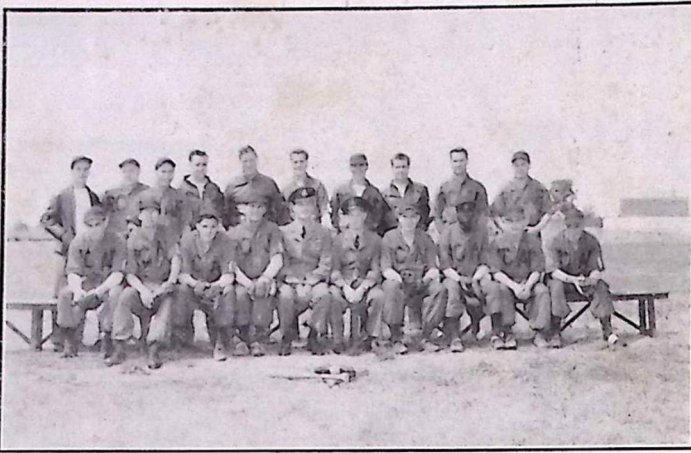
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WARDROBE TRUNKS IN STOCK



BASEBALL TEAM:—Back Row, L-R: Sgt. Churchill, L.A.C. Red Girard, Cpl. Knapik, F/Sgt. McFall, Sgt. Golding, Cpl. Jackson, L.A.C. Richardson, L.A.C. Ashley, Cpl. Ellis, Cpl. Maracle. Front Row, L-R: L.A.C. Gullbeaut, Cpl. Foley, L.A.C. Folker, L.A.C. Mercer, G/C. Hale, S/L. Rosenthal, L.A.C. Cartmell, L.A.C. Barton, L.A.C. Leblanc, L.A.C. Adams. Photo by L.A.C. G. H. Tupper.

The Baseball Team from RCAF North Luffenham is entered in the Nottingham City Baseball League. This league comprises 5 teams from Nottingham, one from Wellingborough, and the RCAF. To date the RCAF have won their 6 league games with an impressive record of 98 runs scored off opposing teams and only 21 scored against us. In addition to the league games the team has played 4 exhibition games against American and English teams. In this category we have won 2 and lost 2. The officials of the team are as follows: FS G. P. McFaul, Manager; Sgt E. C. Churchill, Coach; Sgt F. Golding, Secretary; Cpl L. Maracle, Team Captain. This week the team enters a "knock-out" series with the Wellingborough Indians, the winner of this series will meet a Nottingham team and the eventual winner will move into the semi-finals of the Midland County Baseball League. This league comprises the teams situated in and around Birmingham. Most of these teams are comprised of ex-American and ex-Canadian Servicemen who married English girls during the last war and have settled here. The following is a list of the players for the Station Team:

LAC "Les" Barton
LAC "Richie" Richardson
Cpl "Al" Knapik
Cpl "Des" Foley
Cpl "Lou" Maracle
LAC Gerry Leblanc
LAC "Bud" Mercier
Cpl "Shakey" Pearson
LAC "Frankie" Adams
LAC "Red" Girard
Cpl "Ed" Jackson
LAC "Beams" Boehmer
LAC "Houlie" Houlahan
Cpl. "Harry" Ellis
Cpl "Ernie" Harris

LAC "Grant" Folker
LAC "Parkie" Parks
LAC "Gib" Guibeault

Last but not least we should include our groundskeeper and guardian of the equipment LAC "Ashes" Ashley.

I might also add that we really went to town on the unhappy Wellingborough Indians on Sunday, defeating them in 5 innings 25-1. We now meet a Nottingham team in the next round of the Midland County Championship.

In future columns it is intended to give thumbnail sketches of the players on the team.

Incidentally, if there are any new arrivals on the station who would like to turn out and play for the Station team contact Sgt E. C. Churchill at local 122.

Continued from page 7

410 SQN MAINTENANCE

We have a bit of excitement in this small world of ours, like the case of the vanishing gold fish.

You'd think with all the streams in England that the poor little gold fish would be safe in its bowl; but alas it's gone and the only clues left are a few satisfied faces around the hanger, or should I have said a satisfied face.

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Another man mentioned "with all the old men in the Sqn they should be able to get up a ball team," but it looks rather hopeless, so this is just a gentle hint.

410 SQN ELECTRICAL SECTION

Sun Valley is turning into Sun Tan Alley in so far as members of this section are concerned. A remarkable expanse of skin being displayed, some good, some out of this world. Even Sgt Cooke was observed one day last week sunning his manly chest. As for Cpl Jackson most of the drug stores in Nottingham are profiting from his extensive purchases of sun tan lotion. How about purchasing it in bulk Jack? In any case the net result seems to be more red than brown. Our Energizer King LAC Arsenault has had to have slight medical attention to his ears due to cysts, at least that's his story. But we heard what happened by the river last Sunday. What really caused those sore ears? How about a statement Roger? Question of the week: Will that motor-cycle purchased last February be on the road by December? Ask LAC R. (Basil) Embury. He knows.

SHORTS FROM SUPPLY

Who hasn't heard, at one time or another, the crack: "You can't get a thing out of Supply"? Most of the people who make it are just kidding (we hope), but sometimes a guy has a real basis for his beef. Like your Supply Scribe, for instance. Here he is, all ears for the latest item of gossip—just panting to pass it on to an eager public. But so far the Supply types are keeping quiet. Maybe they recall that famous warning on "careless talk." Maybe they fear the glare of publicity on their private lives. Whatever the reason, they just refuse to be quoted. You can't get a thing out of Supply.

Sabotage is suspected in the recent three-alarm blaze which put the Supply Smoke Room out of commission. The stove—on which so much coffee has been so cheerfully brewed—is almost a total loss. What the saboteurs hoped to gain by this fire-raising is obscure at the moment. However, the S.S. (Supply Sherlocks) are working feverishly on the case and expect to come up with a theory before many months have elapsed.

Wedding Bells may be ringing soon for Cpl "Dusty" Turnbull and LAC E. C. S. Johnson. Good luck to them.

Ring out the first issue. Mor next time—but that's not a promise!