



*24 FS in 1927
Room 416
Panama City*

❖ Foreword ❖

Everyone realizes the benefits to be derived from good wholesome exercise, hobbies and recreation, whether they be in the form of strenuous sports, bridge or a family picnic.

In this the first re-issue of the AFHQ - MCHQ Bulletin, it is desired to point out again the existence of the AFHQ - MCHQ Central Sports and Recreation Committee, which was constituted to foster sport and recreation activities for all Service and Civilian personnel employed at the units concerned.

This Committee is most anxious to co-operate to this end in every way possible.

The Division representative is your medium of contact with the Committee and your particular representative will be pleased to put your suggestions or problems before the Committee at any time.

The Committee suggests that you get to know your representative, discuss matters with him, and get behind your Division or Branch in every activity.

Chairman

Central Sports
and Recreation Committee.

Editorial



Dear Reader:

Greetings!

Here is your first issue of "THE SPOOK" direct descendant of WO2 G.A. McInnes' "WHAT'S DOING". The name came to us as we were trying to find one in Roget's "Thesaurus of the English Language", and we suddenly realized we hadn't the ghost of an idea.

If you like THE SPOOK and its contents, we are very happy indeed. If you don't, please, please don't keep it all to yourself. Give us your constructive advice and your suggestions. Tell us what you like, and we'll do our best to put it into print for you.

And by all means, SEND IN YOUR NEWS ITEMS, ARTICLES, PHOTOGRAPHS, CARTOONS, POEMS, ANNOUNCEMENTS OF FORTHCOMING EVENTS -- anything that might be of interest to any of the 1700 people who read THE SPOOK.

If you are in doubt as to the value of your material, send it in and let us be the judge.

Remember, we are trying to give you the best, and we can't print thin air!

THE SPOOK is concerned with sports and recreational activities at Air Force Headquarters and Maintenance Command Headquarters. THE SPOOK is interested in both air force and civilian personnel. THE SPOOK is interested in everything except work.

Keep your copy of THE SPOOK on your desk. It will remind you to notify one of the Sports and Recreation Committee when something of news value occurs.

You'll find a handy list of names and telephone numbers on the back cover.

Remember DEADLINE DAY -- June 15th -- for anything to be included in the July issue.

We know you don't like reading editorials, so turn the page and see if you like what you find there.

Sincerely,

A. J. Simpson
Editor.

Soft-Ball

By

WO2 G.A. McInnes

The softball season is here again close on the tail of hockey. On Monday, May 10th, last year's league champions from AMP inaugurated this year's season with a win over one of the new entries from MCHQ/SSSO with a 15 to 5 score. The other MCHQ entry from the SCESO branch were defeated on May 14th by a strong AUC team and at the time of going to press, no other scores were available.

The league promises to be a real humdinger with nine powerful teams entered representing AMP, AMAP, AMOT, MCHQ/SCESO, AUC, DAF, MCHQ/SSSO, DPC and a combined DM/AMTS outfit.

All AFHQ home games are played at Laurier Park, just over the bridge at Laurier and Nicholas, one half hour after regular quitting time. The MCHQ games are played at Commissioner Park, Carling and Preston, also one half hour after regular quitting time.

Watch DROs each Thursday for the next week's schedule and turn out to support your local team. Good supporters make a better league. Anyone interested in playing softball should get in touch with one of the following. They'll welcome all new talent.

TEAM REPRESENTATIVES

DAF	F/S	Darlington	Local	3684
AUC	Sgt.	Carroll		6857
MCHQ/SCESO	Cpl.	Scheuneman		2414
AMAP	Cpl.	Joinette		3653
DM/AMTS	WO2	Irving - AMTS		2179
	Mr.	Hyland - DM		4526
MCHQ/SSSO	F/S	Pelton		6126
AMOT	F/L	Bellis		5523
AMP	WOI	Hanlon		3974
DPC	Cpl.	Peck		3511
	LAC.	Spenard		4591

LEAGUE EXECUTIVE

President	WO2	McInnes	7935
Secretary	Cpl.	Joinette	3653
Umpire-in-Chief	F/S	Legris	4178

AFHQ Admin Unit has finally branched out on its own in the field of Sport, reports Sgt. J.C. Carrol. Softball is the present field of endeavour.

"This being our first attempt at individual participation in HQ sports", he says, "we aim to make it a good one".

"The material available to form a team appears to be of a high calibre and we are looking forward to giving last year's champions 'AMP' a good run for their money. Players have come forth from the Camp Commandant's Orderly Room, the Accounts Section (Bless 'em!!), and the Signals Section. On the comeback trail, we have "Lefty" MacDonell (WOI in

charge) of the CC's Orderly Room, who was highly rated for his pitching ability in softball circles around Ottawa a few years back.

"The schedule has only begun. We have played but one game to date of this writing and from the showing made, things look pretty favourable for the season ahead. This first game played against MCHQ/SCESO ended up with a final score of 24 to 10 in favour of the Admin Unit (not bad for beginners!). The next game brings us up against AMP and this should be the ACID TEST. If we can take this game, we should be the team to beat!"

MCHQ Softball Report by Eileen Hill

Our entry in the RA League sends out an urgent demand to all personnel of MCHQ. - "We need support!" In other words, come out and cheer whether you know anything about the game or not.

Our Team looks good this year, Coach S/L Giguere and manager WOI Ted Kent already have their team in fair condition, much to Sgt. Shepherd's disgust. Sgt. Shepherd (manager-coach-player-water boy) of the Manor Park Team arranged an exhibition game with our RA team on May 13 at Rockcliffe Air Station. As yet I haven't

heard the score, but rumours say that the RA Team walked over Manor Park. Now Sgt. Shepherd is wondering whether he will be able to persuade S/L Giguere to accept any one of his numerous services on the RA Team.

I'm afraid our House League Team didn't do so well their first night out, as the AFHQ/AUC team defeated MCHQ/SCESO 24-10. As it still is very early in the season, we hope that Cpl. Scheuneman (MCHQ/SCESO) and F/Sgt Pelton (MCHQ/SSSO) are taking advantage of all these long bright evenings to whip their respective teams into perfect shape. We'll all be out cheering.

For AMTS Softball see next page

AMTS Softball Report
by
S/L Bert Houle

SHORT STORY

The opening of the divisional Softball schedule this week saw a combination team from AMTS and DM hand out a shellacking to the Accounts & Finance nine, to the tune of 15-7. Pre-season form was quite evident but was compensated by the enthusiasm shown by all players. Bill Irving pitched a good game for the winners, the first game he has pitched since high school days, and Bill has a fair amount of gray hair on top of his dome.

The engineers definitely had the best of the batting, but after a slow start, DAF found the ball and came back strong to make their seven runs towards the end of the game. The only casualty was Bob Clark who caught the ball after a little juggling but had a finger in the way. One finger came apart at the little joint but he retired the side with this effort.

The game of Thursday, May 20th, was postponed on account of the golf tournament.

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Hobbies or pastimes are better for you than "snoozing" in the sun. Health experts advise us to relax our minds and keep our bodies trim with some hobby or sport we like.

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THE SHAGGY HORSE

By
F/O W.M. Lee

The opening of the baseball season in the Border League recalls to mind a highly amusing incident from last season. To wit:

Remember in the middle of the season the Ottawa Nationals hit a slump, lost about four games in a row and generally played like a bunch of bushers rather than the pride and joy of Greater Ottawa that they had been for most of the season. During the morning practice session before an important Saturday night game against the Ogdensburg Maples, Ottawa's colorful manager, Daffy Dean, was reacting strongly to the charge re their lackadaisical play of late, when out of the dugout appeared a sight strange to behold -- a horse in full baseball regalia.

Now Daffy Dean in his baseball travels had seen many weird and wonderful sights, but never had he observed a horse attired to play baseball (although at times back in St. Louis, he had seen men who partook of that Missouri overproof, chasing pink elephants around his hotel room with a butterfly net). However, Daffy, unashamed, went up to the horse and inquired as to the reason for his appearance amongst the baseball hooligans. The horse snapped to attention before his superior (he had formerly been in the Cavalry) and respectfully informed the Ottawa Manager that he wished to

(Cont'd on page 10)

Bowling

high cross of the evening WOI Cooper again came through with a 1045 cross for four strings.

In the women's division, Miss Donison of DAF was the big gun with a high single of 254 and a high cross of 823. Mrs. Ward of AMTS Team No.2, had second high ladies' score with a cross of 817.

A very enjoyable gathering took place after the bowling at the Cavendish Cafe with the championship shield and prize monies being presented by F/L Patenaude.

There were three other men bowlers over the 300 mark which is always worthy of mention.

F/S Heath of DAF was a close second with a 307. Sgt. Molinski, DFC, next with 306, and from DAF, Sgt. Dascovitch with a 302.

Miss Mary Peck of AMTS was the undisputed winner of the low score prize with a 96 in the fourth string.

On 15 May, the RCAF bowlers led by Stan Molinski with a 311 high single in his high cross score of 776, walked off with the Bilsky Shield and the RA Men's Five-Pin Bowling Tournament as they recorded a 195-pin margin over Transport No.1 in the final games of the tourney at Ideal Alleys. It was the third consecutive year that they had done this.

Teams & scores were as follows:

TRANSPORT No.1 - A.Morin 665,
J.Myers 674, J.O'Reilly 650,
Total - 3,377.
RCAF - P.Addleman 654, A.Lagrave 677,
S.Molinski 776, L.Claude 734,
E.Wilkinson 731. Total - 3,572.



AFHQ REPORT

by

WO2 G.A. McInnes

The AFHQ-MCHQ Bowling Leagues wound up their season with a very successful one-night championship tournament at Karry's, Sparks Street Alleys. The five bowling leagues which had operated at various alleys all season sent two teams each as representatives with the final scores as shown on the next page.

For the winning DFC team, F/L Piroth and WOI Cooper led the high single scores of the night with 308 each. In the

BOWLING

<u>TEAM</u>	<u>SCORE</u>	<u>TOTAL</u>
DPC - No.1	3969	8009
No.2	4040	
CAS/DAF - No.1	3964	7921
No.2	3957	
AMTS - No.1	3927	7722
No.2	3795	
MCHQ - No.1	3926	7630
No.2	3704	
AMAP/AMOT - No.1	3598	7342
No.2	3744	

*Service in India
Swd Army 48*



Miss Ruby Donison



WOI J.H. Cooper MBE

See next page for MCHQ Bowling Report by Eileen Hill.

MCHQ Bowling

*MCHQ - 1947-48 etc.
Friend of Ross Grant*

At the conclusion of the MCHQ Bowling League, at the Colonial Alleys, the prize winners were presented with trophies at a Banquet held in the assembly hall at Lansdowne Park, April 30th.

The League Championship was won by Team No.10, captained by Sgt. John Condie. This team bowled consistently well all season, and finished worthy winners of the main trophy. The play-off for second prize was won by Team No.5, captained by WO.2 Ken Joy.



Eileen Hill

Individual prize winners:

Men's High Average	WO2 J. Francis	205
High Cross	F/S L. Waite	928
High Single	WO1 Hoare	339
Ladies' High Average	Miss C. O'Connor	192
High Cross	Miss B. Shepherd	773
High Single	Mrs. E. Hill	373

F/L Minion, Chairman of the Bowling Committee, acting as MC for the evening, introduced A/C F.R. Miller who presented the trophies and gave a brief talk. A vote of thanks to the Secretary, Sgt Johnny Frenette (not present), was greeted by loud cheers for his excellent work during the bowling season.

After the presentations, the Entertainment Committee took over the Assembly Hall for their Annual Spring Dance which turned out to be a huge success. Old and young alike floated around the dance floor to the music of the RCAF Central Band. (We take our hats off to these boys by the way,

without their help, our parties just wouldn't be the same). The evening's fun wound up by a sing-song led by W/C F.E. Baker in the Lounge.

As a fitting finale to a season's bowling, the RCAF Hull Bowling League held their annual banquet at the Fairmont Golf Club on Wednesday, May 5th.

After satisfying the inner man (and woman) with a turkey dinner, the President of the Committee, John Condie, introduced the guests of the evening: S/L Giguere, who acted as a very efficient MC, and Mr. Lavigne, Manager of the Hull Bowling Alleys who presented the

trophy to the winning team.

Vera McNeely took the honours for the ladies' high average for the season, followed by Joyce Darlington with the high cross and Helen Condie with the high single. Jimmy Francis came through with flying colours to capture the men's high average, among other awards; Jack Sabourin walked off with the trophy for the season's high cross and Bruce Cameron took possession of the prize for the high single.

Mr. Lavigne made the presentation of the Hull Bowling Alley prize to the champion team of the 1947-48 season, ably captained by George Souliere. S/L Giguere presented the consolation prize to Jack Cowan, who in turn presented a stuffed elephant to Harold MacKenzie as unsuccessful contender for the consolation prize.

S/L Giguere extended the league's best wishes for happiness in their married life to Vera McNeely and Clint McEvoy, who were married on Wednesday, May 12th. Best of Luck, kids!

With dancing and an excellent floor show, the evening went all too swiftly.

To wind up the MCHQ Bowling season, a challenge match between the Colonial and Hull Leagues was played off at the West Park Bowling Alleys on Monday, May 10th.

One ladies' team and one men's team from each league took part in the three-string total pinfall match, with the Hull league winning the challenge by a pinfall of 6,786 for the two teams, as against 6,554 for the Colonial League. Mrs. L. Waite of the Colonial League took top honours for the ladies with 309, 158, 261, for a cross of 728. Bruce Cameron of the Hull League was in top place for the men with 233, 292 and 312 for a cross of 837.

So ended a very successful bowling season.

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THE SHAGGY HORSE

(Cont'd from page 6)

play baseball for the Nationals.

Now ordinarily, Daffy would have chortled gleefully at the suggestion of a horse playing for one of his ball teams, but as we said before, the local Heroes were in a bad slump and it occurred to the Younger Dean that the sight of a horse cavorting about their baseball diamond would illustrate to them what he thought of their playing ability -- and maybe snap them out of their doldrums.

So Daffy, with a sly glint in his eye, told the horse to get out there and take a crack at playing first base. The horse stationed himself at the initial sack and proceeded to make Ottawa's regular First baseman look like a novice -- he dug low throws out of the ground -- reached 25 feet into the air for high tosses and generally performed in a startling fashion.

(Cont'd on page 11)

See next page for AMTS Bowling News by S/L Bert Houle.

AMTS BOWLING

by

S/L A.U. Houle DFC

AMTS and AMAP are having a combined bowling banquet which includes buffet lunch and dance, at the Winston Gardens on Bank Street on 31st May. 100 couples can be accommodated and there will be no trouble in getting rid of the tickets, so get in there early.

The AMTS League had a very successful season at Karry's Alleys even though starting time was 10:30. The winning team, captained by F/L Fummerton, carried off the honours after a tough play-off series. Members of the team are:

F/L & Mrs. Fummerton
W/O2 A. Lagrave
W/C A. Mielke
F/L P. Jones
Miss I. Padden

Percy Addelman won the High Average for Men with 242. Mrs. M. Shields won the High Average for Ladies with 193. Other winners were A. Lagrave, Men's High Cross 942, Mrs. M. Shields, Ladies High Cross 750. F/L Jones, Men's High Single 365 and Mrs. Stan Guest, Ladies High Single 289. The prizes will be given to the winners during banquet ceremonies.

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THE SHAGGY HORSE

(Cont'd from page 10)

The Ottawa manager sent him into Centre field where he again played in a manner truly amazing to behold, catching balls that would have soared over any human's head. By this time, Daffy was perspiring profusely -- What had he uncovered here? -- the horse was terrific. Next he let the horse pitch -- that's right, the damn thing struck out four men in a row with a blazing fast ball. The horse then went up to the batter's box, picked up a bat and stood waiting to hit.

Dean called his top pitcher over and told him to get out there and really pitch his best stuff at this blankety-blank horse. The first pitched zoomed in, the horse swung, the ball disappeared over the far centre field fence. Next pitch -- crack -- the ball punched a hole in the scoreboard in right. Of the next three tosses, two went out of the park and the other landed against the 385 foot mark in left.

"That settled it", announced the Daffy one, "I'll start the Horse in to-night's game".

Five thousand loyal Ottawa fans were on hand for the game that night, little suspecting the amazing sight in store for them. The Ottawa players appeared on the field and a gasp went up from the crowd when they saw the horse, wearing uniform number 27, take his place in the pitcher's box. (It was later reported that at least three men were known to have peered bleary-eyed at this sight and then hurriedly take small bottles of an amber fluid from their

(Cont'd on page 13)



LINE-CASTING

by

F/L E.R. Heggtveit

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We went on a fishing trip the second week-end in May.

The bass had just finished spawning. The swift waters of MacGillvray Creek were very high for the time of year; even the pool to the left of the falls had been disturbed by the speed of the torrential flow. Three bait-casting rods were soon in action. The baits used: Hula Dancer, Red and White Jinx Plug and Crazy Crawler. Three small-mouth black bass were the catch - weights: 4 to 6 pounds - the party only fishing for fifteen minutes, as Bryson Lake called us away.

An American youngster who sat by the outboard with one of those 98¢ rods and 49¢ reels (taxes included) had been trolling for ten minutes with a fly-line which apparently his great grandfather had discarded.

Wham!! What a strike! With the composure of the callous fisherman, the eight year old landed a five-pound grey trout.

Net result of this fishing session of three hours and five fishermen: 25 lake trout, 31 pickerel, 1 pike - weights: four to ten pounds. Locale: Tom Moorehead's Lease, Bryson Lake. Baits: William's Wabblers.

Now for a bit of advice:-

The country north of Ripon (north of Thurso) is particularly wild in the northern reaches of the Singer Timber limits. It is studded with those small lakes which could well be mistaken for ponds. The speckled trout are plentiful but are as temperamental as they are anywhere. As yet this year, to the disapproval of the fly-caster, the speckled trout are reticent to munch any bait other than garden hackle (worms) but good catches have been made in this area each week-end this year.

Generally and briefly, to enjoy good fishing, you must seek the most inaccessible lakes and streams, and the writer's orchids are thrown to those which lie in the province across the river.



F/L "Gene" Heggtveit

Remember he had a broken leg in winter of 1945-46 - visited him as a doctor at Rockledge

GOLF



AMTS Golf Notes

by

S/L A.U. Houle, DFC

Some of the boys from AMTS got in a lick at the Gatineau Golf Club on Sunday, in spite of an early downpour and continued threatening weather. The golf course was fair as previously it had been too dry and the rain soaked in. Bob McMillan waded into the lake near the first green after one of his balls. He claims that he didn't find any extras left by players who were less Scotch than himself.

This effort was a reminder of the Egyptian caddies who always caddied in their bare feet. They could pick up a ball while walking across the fairway, carry it around between their toes until an opportune time came to transfer it to their pocket. The ball was usually sold back to the luckless player at a good profit. It is not known whether Bob could

pick up a ball between his toes, but he wasn't getting his shoes wet when he was in the lake.

Norris Brough had a 46 for the first nine holes and McMillan 49. Houle and Duncan can't remember their scores.

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MCHQ Golf Notes

by

Eileen Hill

The AFHQ-MCHQ Golf Tournament being held Thursday, May 20th, seems to have started quite a commotion around here. Both civilians and service personnel are invited to take part and anyone interested should contact F/Sgt E.R. Milford, Local 3493.

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THE SHAGGY HORSE

(Cont'd from page 11)

pockets and smash them vehemently on the concrete, muttering "Never again!")

Well, you remember what happened in the first half of that inning: the horse fanned three batters in a row on nine pitched balls, the Ogdensburg manager, who had at first laughed heartily at Ottawa for using a horse, protested excitedly to the umpires who thumbed hopefully through the rule book, in vain, trying to find legal grounds for refusing to allow the horse to play.

Then came the fateful Ottawa half of the inning. The first batter up hit an easy grounder to the short-stop, but that individual was so rattled by the

(Cont'd on page 15)

Foot-Ball



*Chairman
7 1/2 1/2 1/2
United 1946 - July 48*

SOCCER SIDELIGHTS

by

F/L J.M. MacArthur

Certainly no sports round-up could be completed without reference to that greatest of all games - Association Football - better known to its devotees in every country of the world as "Soccer". Here at National Defence Headquarters the run is true to form with our very active, very thriving Armed Forces Soccer Club. Organized on a Tri-Service basis under the guiding hand of genial Lt. Percy Sands of Navy, Chairman and Team Manager, the executive committee brings able representation from each Service and results to date have proved without question an object lesson in Tri-Service co-operation.

An on the more functional side of the team activity with the boys who run and kick the same pattern is apparent. From the Navy we have Lt.Cmdr. Yelland, Lt.Cmdr. Redfern and Lt. Sands; from the Army, Capt. Ralph,

Lt. Baker, Lt. Cox, Staff Sgt. Fritch, Sgt. Dronfield, Cpl. Wilde, Cpl. Shattock, Cpl. Simpson, Pte. Townsend, Pte. Berrill, Pte. Tollman, Pte. Ford; while F/L MacArthur, F/L Byford, Sgt. Patterson, LAC Ratcliffe, LAC Sherridan, LAC Gold, LAC Beddington, LAC Leach, Sgt. Bouchard, LAC Harris, LAC Fox, Cpl. Frenette carry Air Force representation into the fray. While the foregoing are on the active list, the roster is by no means closed. Any and all active Soccer enthusiasts who would relish the prospect of playing with the team are cordially invited to contact the executive at their pleasure.

The team has entered into the Ottawa District Football League and already the results of the early conditioning programme have been apparent; a league opening victory against the highly regarded Ottawa Rangers in the league inaugural at Brewer Park, Saturday May 8,

started the season officially on the right foot. While it is true that one swallow does not make a summer, nor will this one victory satisfy the appetite, it was rather the manner of winning than the result that gave high hopes for a really successful season. The calibre of the football was surprisingly good and with additional practice coming up, further improvement is to be expected. With such happy portent, then Defence HQ can be assured of worthy representation in local Soccer circles.

The official league schedule has not been released as yet but will be published in the near future. In addition to league games, the club intends to play an interlocking schedule of exhibition matches with Service teams from Kingston, Petawawa and points north, east, south and west, wherever opposition can be found; no team will be barred, no challenge will be evaded. It is expected that all home games will be played on the very fine Jacques Cartier Park, Laurier Ave. in Hull, with the balance at Brewer Park in Ottawa South. All available media will be used to publicize club games and there will be little excuse, therefore, if you deny yourself the pleasure of watching the greatest game of all played by your Tri-Service Team in the best tradition of Navy, Army and Air Force.

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THE SHAGGY HORSE

(Cont'd from p.13)

night's proceedings that he bobbled it. One on. The second batter up cracked a single over third base.

Runners on first and second. The Ogdensburg pitcher, disturbed by the sight of the horse getting ready to come up next, walked the third Ottawa batter. Bases loaded.

A tremendous roar rent the still of the night; up came the horse. "Can he hit, too?" wondered the crowd of partisan Ottawa fans. Daffy Dean chortled contentedly, mentally picturing himself as manager of the St. Louis Cardinals with HIS horse pitching against the Brooklyn Dodgers.

The Ogdensburg pitcher wiped the perspiration from his brow, tugged his cap firmly on his head, took a full wind-up and threw a terrific outside curve at the horse. The horse swung viciously and the ball screamed over the second baseman's head, between the centre and left fielders and bounced off the fence. The runners raced around the bases -- the Ogdensburg fielders chased the ball -- but the horse just stood still in the batter's box.

Manager Dean tore out of the dugout and heatedly screamed at the horse to "Run, damn you, run!"

The horse turned disgustedly on the Ottawa Manager and said:

"Don't be stupid, Daffy. If I could run I'd be racing over at Connaught Park."

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Cricket

The Defence Eleven, comprising players from the Armed Services, the RCMP, and Defence Research, is away to an excellent start this season, having won its first three games in as many starts.

(Cont'd on p.17)

Y.M.C.A.



*Book: met him when he was in 1927 in CAFE
 Branch - Adm.*

The memberships taken out by the RCAF group expire on 1 Feb '49, and the cost to anyone now interested in joining the "Y" will be the period of time remaining to 1 Feb '49, divided by 12, of the annual rate shown above. For example, if Willy Dooitt, aged 25 years, enrolled in the group on 1 Jun, he would pay eight-twelfths of \$11.55 or \$7.70.

Persons interested should obtain membership application cards from F/O R. McKibbon, Room 3101, "B" Bldg. (Local - 5630)

The YMCA offers the following programme of summer activities. The activities listed under (a) are open to persons having YMCA memberships; those under (b) are open to non-members.

(a) Open to Members -

SWIMMING - Showers, Swimming Pool and Steam Baths. Open 10:00 am to 9:30 pm.

SWIMMING INSTRUCTION - Monday and Friday - 5:15 pm. Wednesday - 9:00 pm.

HANDBALL (two courts) - Open 10:00 am to 9:30 pm.

LIFE SAVING INSTRUCTION - "Y" Pool - Friday - 7:00 pm.

An opportunity exists for RCAF and civilian personnel at AFHQ and MCHQ to join the YMCA at a low cost. The number of service and civilian personnel enrolled in the AFHQ/MCHQ YMCA membership canvass in Jan '48, has made it possible for anyone now desirous of enrolling to do so at a fraction of the following group rates, as explained hereunder:

Young men -	
18-21 yrs of age	\$ 7.70
22-24 yrs of age	9.45
25 yrs and over	11.55

IT IS BETTER TO EXERCISE AT THE "Y" THAN TO WISH YOU HAD

GYM CLASSES - Noon Business

Men - Mon, Wed, Fri -
12:30 noon.

Roof Health Gym Classes -

Mon, Wed - 15 May to 30
Jun - 7:00 pm.

Free Play Gym Period -

Mon, Wed, Fri - 8:00 pm.

SPECIAL EXERCISE FACILITIES -

Weight Lifting, Chest
Weights, Body Bag, Punching
Bag, Stall Bars, Wrestling
Mat, Gymnastic Apparatus -
Open 10:00 am to 9:00 pm.

ROOF DECK - Sun Bathing,

Table Tennis, Paddle Tennis,
Badminton, Gym Class, Weight
Lifting - Open 10:00 am to
8:00 pm.

(b) Open to Non-Members -

SOFT BALL - Lansdowne Park and

Laurier Ave. E. Playgrounds
- Mon, Wed, Fri - 6:45 pm.

TRACK & FIELD ATHLETICS -

Lansdowne Park. See lobby
posters in the "Y" for hours.

CANOE INSTRUCTION - "Y" Pool -

Fri - 8:00 pm.

CANOE TRIPS (One, Two and Ten

Days) - Rideau River and
Golden Lake. Dates to be
arranged. See lobby posters
in the "Y".

GEORGIAN CLUB - Will operate all

Summer, with a programme for
young men and young women.
Included are: Regular Summer
Dances, Bicycle Trips, Walking
Hikes, Picnics, Splash Parties,
Summer Camp at Golden Lake,
Canoe Trips, Fishing Trips.

See the bulletin boards in the
"Y" lobby for dates and other
arrangements.

FISHING TRIPS - One day and week-

ends - Rideau River and Golden
Lake. Dates to be arranged.
See lobby posters in the "Y".

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The YMCA operates the following
summer vacation camps:

For Adults -

Red Pine Camp, Golden Lake.
31 Jul - 28 Aug '48

For Boys -

Camp On-Da-Da-Waks, Golden Lake.
30 Jun - 30 Jul '48

For Boys of limited means -

Shirley Bay Camp on the Ottawa
River.

1 Jul - 12 Aug '48.

Interested personnel may secure
additional information concerning
the camps by telephoning the "Y" -
2-2606.

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CRICKET

(Cont'd from p.15)

The parent body is the Ottawa Valley
Cricket Council and it may be of inter-
est to you to know that the game has
been played regularly in and around
Ottawa for just over one hundred years.

RCAF is represented on the side by
G/C C.A. Davidson, a hardy old veteran
of the Mainland Cricket League of
British Columbia and the Alberta Pro-
vincial XI. F/L Ted Hamilton is a
sprightly newcomer and shows promise
as a useful medium paced bowler.

(Cont'd on p.20)

ARMY SPORTS



Colonel H.M. Cathcart OBE ED
Chairman, Army HQ Sports Council

Sporting activities at Army Headquarters are directed by the Army HQ Sports Council under the Chairmanship of Colonel H.M. Cathcart OBE ED. Each of the three Branches of the Staff at Army HQ are represented on the Council, Lt.Col. W.B.G. Reynolds OBE for General Staff Branch, Lt.Col. J.R. Stewart MBE for Adjutant General Branch and Lt.Col. C.C. Kruger for the Quartermaster General Branch. The Secretary for the Council is Major D.H. Rochester.

Each of the Branch representatives is in turn Chairman for his Branch Sports Council which conducts the sports within the Branch.

For each sport to be organized a sub-committee is set-up, the chairman of which is responsible to the Sports Council. Thus we have a Softball Committee, Lacrosse Committee, Golf Committee and many others.

LACROSSE - Capt. J.A. Huot is chairman of the Army Lacrosse Team which opens the Ottawa Lacrosse League on

28 May, playing against Guigues. This team made the semi-finals last year, and with an even stronger team this year should have no trouble in taking the championship. Sgt. Barnard is team manager.

GOLF - A series of Branch sweepstakes, Branch tournaments and monthly Army tournaments feature the golf season. This very popular sport had a large following last year and it is expected that this year's combination of schedules will result in even greater interest. Major R.S. Graham is Chairman of the Committee.

SPRING & SUMMER SPORTS - Army teams and leagues are busy organizing and practising these days for the Spring and Summer schedules. Only the Soccer Team has begun play in its series games, but all other sports are due to commence within the next few weeks.

SOFTBALL - Capt. W.L. Jewell of the Directorate of Military Training is chairman of the Softball Committee and has organized a number of softball leagues within Army Headquarters. Each of the three Branches will have its own league composed of teams from each Directorate in the Branch. This series will begin almost immediately and will continue throughout the Summer. Beginning with the first week in July each Branch will field a team for the Inter-Branch Series which will be played during July and August. An Inter-Service league will begin later in the Summer.

SOCCER - The Army has good representation on that combination venture, the Armed Services Soccer Club. The team is off to a winning start this year and looks forward to a successful season.

OTHER SPORTS - Plans are being laid for active participation in a number of miscellaneous sports such as tennis, swimming, boating, volleyball and horse-shoes. Schedules will be announced shortly.

NAVY SPORTS



By Ordinary Seaman Gerald Levey
University Naval Training Division.

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The Naval Service Headquarters Sports Association founded under the patronage of Mr. W. Gordon Mills, Deputy Minister of National Defence, and Vice-Admiral H.T.W. Grant CBE DSO, RCN, Chief of the Naval Staff, provides both naval and civilian personnel with many sports and recreational activities. From nearly every directorate come men and women to compete in soccer, basketball, golf and bowling.

Most popular of these sports is bowling with several leagues active on a one-night weekly basis. At the end of the bowling season the top team in each league competes for the Bowling Trophy; in the latest play-offs, the Treasury Department came out with top honours.

But activity is not confined to only the Navy; occasionally inter-Service

challenges are issued, with the golf links being one of the favourite battle grounds for teams from the Navy, Army and Air Force. A recent tri-Service tilt saw the Army run off with the team championship but the Navy figured heavily in the individual honours. Lieutenant Commander G.E. Fenwick carded the best individual score while Commander H.N. Lay won the handicap event. A Handicap Match play tournament for men and women will be held in the near future and golf balls will be given as prizes.

On the badminton front, the faithful troop to HMCS "Carleton" the RCN's reserve division at Dow's Lake, for a weekly session of bird-chasing. At the present a "Round Robin" tourney is in progress.

An all-star Navy team, picked from the Sports Association is entered in the Ottawa City Basketball League and at present holds down second spot in the league standing.

From Lieutenant Commander Fenwick, secretary of the Sports Association, comes word that there are still ample openings for any athletically inclined personnel in the naval sports activities. Mr. Burns in Room 2068, "C" Building (Local 2182), is the man to contact for further information.

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RECREATIONAL ASSOCIATION

RA ACTIVITIES THIS MONTH

ARCHERY - Watch bulletins for further announcements.

BRIDGE CLUB - 30 Rideau Street every Saturday at 8 pm.

CAMERA CLUB - 30 Rideau Street every Monday at 8 pm. Dark room facilities. Fee: \$2.00.

CHESS & CHECKERS - 30 Rideau Street every Thursday at 8 pm. Also Sundays from 2 to 10 pm.

CYCLING - Sunday Morning, the Cycling Club leaves from the War Memorial for their customary week-end trip. Enjoy the open road, good comradeship and a good time. Call Abe Zuckerman at 9-4915.

DANCING - Club "54" Monday to Saturday - Latest Platters - Orchestra on Tuesday nights only - Admission: 35¢.

HIKING CLUB - Watch the RA Bulletin for further announcements.

PRESS CLUB - 36 Elgin Street Monday at 8 pm. Producing RA News.

PUBLIC SPEAKING - Room 2, YMCA. Every Friday at 9:45 pm. CKCO. Small fee.

RA ON THE AIR - CKCO - Monday, Wednesday and Friday at 7:15 pm. - CKCO - Every Saturday at 6:45 pm.

RIFLE CLUB - Tuesday and Thursday - Glebe Collegiate - Rifle Range at 7 pm - Rifles supplied. Fee: \$2.50.

STAMP CLUB - 36 Elgin Street at 8 pm every Wednesday. Exchange of Stamps. Fee: \$1.00.

TENNIS - RA Victoria Tennis Courts, Eastview - 7 Courts - 5 lighted for night play - Lockers - Showers - Social Events. Open every day. Fees: Men, \$12.00; Ladies, \$10.00; Couple, \$18.00.

CRICKET

(Cont'd from p.17)

The practice pitch and pavilion are available to the team each Wednesday from 1800 hours onward and a cordial invitation is extended to prospective players to come down to the nets and try out for a place on the Eleven. All ranks are represented and the Captain will be on hand to welcome you. It looks like a good year for our side, so come on out and have a lot of fun.

Rifle

S/L Reynolds and F/S Gregory
Going to Bisley
By Eileen Hill

Here's a little item which should interest everyone, especially after the honours received from Overseas such a short time ago by our RCAF Flyers. Incidentally the new watches Cpl. Irving Taylor and Cpl. George McFaul are wearing around MC are really eye-catching. Once again personnel from here are proceeding overseas to do their best.

June 22nd, rain or shine, promises to be a great day for S/L Dave Reynolds and F/S Tom Gregory of MCHQ, for that is the day they sail for England as members of Canada's Rifle Team. These two crack shots, after meeting and defeating some of the best marksmen in the country, were included in the team chosen to represent Canada in the most famous rifle meet in the world -- at Bisley, England.

The Bisley Meet is "old stuff" to Tommy Gregory, as he has already worn the Maple Leaf there on two previous occasions (1938 and 1939). Although he has failed so far to carry off the King's Prize, Tommy thinks that perhaps his third attempt may be lucky. Dave Reynolds, one of Canada's finest with a .303, will be making his first trip to Bisley, and is determined to bring home some of the major prizes.

W/C H.L. Taylor of MCHQ was a member of Canada's 1934 Bisley Team, and helped to win two cups for team competition, both being first prizes. To do this, Canada defeated the best teams of the British Empire.

Canada is noted for her good marksmen and several Canadians have in the past won the King's Prize at Bisley. Des Burke, of Ottawa, was the winner in 1926, and in 1932 he finished in a tie with a fellow Canadian, Col. Blair of Vancouver. Col. Blair won the cup after a "shoot-off".

Dave Reynolds and Tommy Gregory are determined to uphold the prestige of their country. MCHQ in particular, and the RCAF in general wish them the best of luck on their trip to England.

.....



S/L D. Reynolds

*Tommy Gregory
In 5050 at MCHQ
in 1947-48*



S/L
F/S T.W. Gregory

*SSOAT
Armament
Specialist
E. &
Gulbransen
MCHQ in
1947-48*



WITH THE RCAF FLYERS IN EUROPE

By Cpl. "Patsy" Guzzo



Cpl. Pat Guzzo

When the RCAF Flyers returned from Europe as Olympic and World's Hockey Champions on 7 Apr, thousands of Ottawa Citizens lined the streets for a glimpse of Canada's hockey heroes. Bands were playing, flags waved, and cheers greeted each group of players as they moved slowly along Sparks and Elgin in six shiny convertible Buicks.

This was quite unlike the send-off this same group of boys received three months before. On that occasion, in addition to families and close personal friends of the players, only a delegation of Air Force personnel led by A/V/M Morfee and A/C Mackell was on hand to wish the boys luck.

Criticism had been heaped upon the team by sports writers throughout Canada and by self-appointed hockey experts and the boys sailed out of New York Harbour under a cloud of uneasiness and distress.

The first day in England was far from a happy one. On every side scenes of devastation wrought by the war greeted the team, and a short distance from the dock, the bus transporting the players to London from Southampton was struck by a double-decker street car and the rest of the trip was very cold and uncomfortable.

After a short series in England the team flew to Paris for a single game against the powerful Racing Club de Paris.

The food here was bad and the air was chill for lack of coal. At our first meal we were served a steak which looked unfamiliar and tasted unlike any meat we had eaten before. We suspected it was horse meat and the next day our suspicions were confirmed when we saw a carcass of a horse hanging in the window of a butcher shop with a placard pinned to it indicating it was "first quality" horse meat. Just then several hairy horses passed by, which led Red Gravelle to remark, "I don't mind eating horse meat if the horse has been well-groomed. However, until we leave here I'm strictly a vegetarian."

At lunch we told S/L Watson of our experiences and he refused to eat meat, ordering eggs instead. These eggs did not look like our own back home, and Doc had a suspicion they had at one time been inside a duck. He wouldn't eat them until a consensus of opinion convinced him they were laid by a hen.

Switzerland and the scene of the Olympic games was our next stop. The country was beautiful. Mountains towered majestically on all sides and the food was excellent.

There was one fly in the ointment, however. A particularly acute situation had arisen when both the Amateur Athletic Union of the United States and the American Hockey Association claimed the right to select a team to represent that country in the Olympics and both sent the teams to St. Moritz.

After numerous charges, counter charges, protests and proposals had been submitted to the International Olympic Committee, it was resolved that hockey would not count for points.

However, after further discussion and in fairness to countries who had entered the hockey series in good faith, it was decided to count hockey as part of the Fifth Winter Olympic games. This decision enabled our team to contribute ten points to the total of 14½ Canada had won in the skating and, as a result, our country placed ninth in the final standing.

Our quarters in St. Moritz were at the Hotel Stahlbad which had been closed up since the outbreak of war. Room 145 occupied by Gilpin, McFaul and Guzzo was chosen by Doctor Watson as the meeting place, and it was not unusual for the rest of the team to bring in their own card tables and engage in hilarious games of hearts and five hundred rummy.

A monster parade in which all competitors and officials took part started off the Olympic games. The RCAF team in full service uniform took part, marching behind the rest of Canada's sports representatives, including Barbara Ann Scott.

Cpl. George McFaul, the trainer of the team led this parade of Canadians carrying a placard with



Front row: Murray Dowey, Ted Hibberd, Orval Gravelle, Ab Renaud, Roy Forbes, Pete Leichnetz, Patsy Guzzo and Ross King.

Back row: George McFaul (trainer), Andre Laperriere, Frank Dunster, Louis Lecompte, Reg. Schroeter, Hubert Brooks, Andy Gilpin, Wally Halder, George Mara, Irving Taylor, S/L A.G. Watson (manager), and Frank Boucher (coach).

the name CANADA, while immediately behind came F/O Hubert Brooks with the Canadian flag. After an impressive ceremony at the Stadium, the programme got under way.

The Swiss team defeated the USA 5-4 in the opening game while the Flyers defeated Sweden 3-1.

After Sweden, came England, Poland, Italy, USA, Czechoslovakia, Austria and Switzerland, in that order.

After the Flyers were presented with the Gold medals emblematic of Olympic supremacy, a reception was arranged at the Hotel Stahlbad by G/C Cameron, Air Attaché at Prague who made the long trip by car accompanied by Mr. R.M. MacDonnell (Chargés d'Affaires at Prague), Cpl. Peter Vanier and Sgt. Reg. Danke.

After we had been crowned Olympic and World's Hockey champions and hundreds of photographers were "shooting" the team, George McFaul, our trainer, took time out during all

the excitement to climb the pole and haul down the Canadian Flag. This he placed out the window of our bus as we proceeded down to our hotel, cheering and singing in celebration of our victory.

The following morning, F/O Hubert Brooks joined the ranks of the Benedicts by marrying Miss Birthe Grontved whom he met and courted in Denmark while there with the Missing Research and Enquiry Service. Barbara Ann Scott was the bridesmaid. S/L Watson acted as best man, while G/C Cameron gave the bride away.

A series of exhibition games were played at Arosa, Zurich, Lausanne and Berne before the team made the plane hop to Prague, Czechoslovakia.

Here we were met by G/C Cameron who attended every game played by the team in that country. Leo Dousa, a naturalized American born in Czechoslovakia, was also at the airport. He was to act as our guide and interpreter as well as arrange our trans-

portation and accommodation while in Czechoslovakia.

During our short stay in this country we learned to look on Leo as a father. Everything was arranged for us without a hitch, and his constant jokes and antics made the trip to each city much more pleasant.

A special Diesel-engine car which was used to transport the Prague football team was put at the disposal of the Flyers for the long journey from Bratislava near the Austrian Border to Ostrava, a coal-mining city near Sudetanland. About half-way there, our guide and interpreter, Leo Dousa, had the engineer stop the train, pull up to a siding and proceed to Bzenec, the little wine-producing town where Leo was born. We walked a few short blocks to the village's only hotel and were guests of the Mayor at a very enjoyable lunch. On our return the train was waiting and the journey was resumed.

After leaving Prague we flew to Paris for a three-game series for the Jean Potin trophy. Czechoslovakia, Scotland and Paris Racing Club were the other teams represented. Although we earned the same number of points, Paris Racing Club won the trophy as a result of a better goal average. We had one consolation, however, as our team was the first to defeat Paris at home all season.

Before leaving Paris we were guests at the Canadian Embassy and entertained by General Vanier.

We were to fly to Stockholm but after receiving an invitation from the Dutch Government, we paid a flying visit to the Hague for a game there before going to Sweden. Here again we were guests at the Canadian Legation. Because of foggy weather our plane was forced to land at Copenhagen and the rest of the trip to Stockholm was made by train

after a short crossing by ferry from Denmark to Sweden.

At the Station in Sweden we were met by G/C H.G. Richards, Mr. Anton Johanson (President of the Swedish Ice Hockey Federation), and other sports officials. As soon as we reached our Hotel, we were in communication with G/C Richards (The Canadian Air Attaché). G/C Richards, Mrs. Richards, Sgt Reuben Austring (who was at Central Registry here last Fall) attended all of our games which were played in Stockholm. We enjoyed a real Canadian dinner at G/C Richards' home (and office) in Saltzjobanan, twenty minutes by train from Stockholm. The Richards proved to be really gracious hosts and were very sorry, they said, to see us leave. Mr. Fred Palmer (Canadian Chargé d'Affaires) also had us as his guests.

Swedish sports figures went all out to make our stay in Sweden one to remember. Mr. Lennart Sodestrom, an advertising agent who drives in a Lincoln Continental which cost him \$7500.00, entertained the team at the swanky Grand Hotel. It was estimated this entertainment set him back at least \$500.00.

Sven Janzon, a hardware merchant who lived with his family in the same hotel as the team, gave a party for the boys the last night in Sweden, and after this party broke up, Oscar Morlin, the Hotel Manager, took the team to his house for more.

We spent three days in London and played two exhibitions, one against Wembley and the other against Streatham. We were in Scotland for a six-game tour in the next eight days.

On Easter Sunday, each member of the team made reservations at the Hotel in Kirkcaldy, Scotland, to call



James G.
G/C Richards

General Nordeushold (Chief of the Swedish Air Force) above, was in the Flyers' dressing room before the second game against the Swedish National Team and paid tribute to the players for the glory it had brought Canada. He remarked that he thought our team was very good. During this particular game the Flyers were trailing 4-1 and 5-2 but fought back to earn a tie. The General was back in the room after the game and said he still thought we were a good team. G/C H.G. Richards OBE looks on.

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home even though it did cost from ten to fifteen dollars, a call.

In Scotland, where bright sunny weather prevailed, the boys combined some golf playing with their hockey. Several took part in a game at famous St. Andrew's Golf Course. At the Hotel Strathearn, the home of the team during the latter part of the stay in Scotland, more golf was practiced in the spacious grounds surrounding the Hotel. Red Gravelle, who was quite a caddy before becoming a machinist, made a hole in one and collected

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18 shillings from the rest of the players. Pete Leichnetz, who had to be coaxed into the game and who had never played before, took the boys for 14 shillings.

On our return to London, we were given our last reception before sailing home. This took place at the Garden Clover Club and our host was A/V/M R.E. McBurney.

A/V/M McBurney, though unable to be down for the Olympic games, took time out to attend one of our exhibition games at Berne, Switzerland,



HOME COMING!

a few days after the Olympics.

The trip home was very rough for the first three days and at least ten of the group of eighteen stayed away from meals.

As we were pulling into New York Harbour, A/C D.E. Mackell, accompanied by F/O W.M. Lee (PRO) and Jack Koffman (of the Ottawa Citizen) boarded the ship and we had a short reunion in Doctor Watson's cabin.

Immediately on disembarking we were taxed to the Hotel Waldorf-Astoria where the Canadian Club gave us a chicken dinner.

After a rough trip across, the team was glad to get settled in pullman berths and prepare themselves for the big day in Ottawa.

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Ice Hockey in Europe is a very clean game, and the least roughness calls for a penalty, which is immediately increased if the recipient talks back to the referee. This was the first lesson our team had to learn on arriving in Europe. During the Olympics some games were criticized for being rough and sometimes numerous penalties were handed out, which was invariably played up by the newspapers; but actually, according to our standards, we never saw what we could consider a rough match. Wally Halder, who played through his entire University career without a penalty, was nicknamed "The Brute" and was described as a "vicious player to the point of being brutal".

Before the last game in Czechoslovakia, an "extra" had been printed

showing pictures of the Flyers around the page with the heading "Can the Canadians be beaten?" Before leaving the country another special edition was printed with big headlines "Good-bye, Canada!" The Flyers were universally popular in every country they visited and left Europe with no regrets and no apologies.

Caricatures of individual players and sometimes of the whole team were published in the newspapers in Sweden and Czechoslovakia. In Prague, during meals, men with pads in their hands would come and sit in the dining rooms and draw pictures of the players for publication the next day.

On our arrival in Sweden the Stockholm newspaper "Dagens Nyheter" had a cartoon showing our team landing in Sweden by parachute. Later, after we had defeated their first team 4-0, this same paper showed a cartoon of Red Gravelle, Ted Hibberd and Andre Laperriere with snow shovels and

Swedish players being shovelled into the snow banks.

A total of forty-four games were played in Europe, two of them among the players themselves. Of this total, 31 were won, five lost and six tied. The team fulfilled all of its engagements although one Sunday in Czechoslovakia it came near to missing a game. The team was proceeding to Bratislava from Brno by bus when a snowstorm came up, and it took the bus five hours to reach Bratislava -- a distance of only 84 miles. On three occasions the players had to get out to push, and only the appearance of a snow plow from the City enabled the bus to finish the trip.

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Many fan letters were received by members of the team. In Zurich, Switzerland, Murray Dowe & Ted Hibberd received the first which stated that it was not written because they were good hockey players but because they were so good looking.

Others were received from other individuals requesting pins and pictures of the team.

Guzzo received one in Sweden from an Inga Nasberg who said she had followed the team's success in Switzerland and would continue to follow the games there in Sweden. Guzzo and Inga did not get together.

was a friend at this affair.



S/L Watson presents the cup to Air Marshal Curtis as Viscount Alexander of Tunis looks on.

by Fred R. Inglis

. . . .

• SHORT STORY •



No doubt you too have nursed a secret desire to be a writer; to earn profit and win recognition. And why not? Weren't such prolific authors as Earle Stanley Gardner and S.S. VanDyne once just plain dubs like yourself?

How then, you ask, can one join this big league of famous scribes? What is the secret of columnists like Paul Gallico and Sydney J. Harris? Why can't you write like they do?

The editors of "SPOOK" have invited me to contribute a story for this initial issue and I might as well tell you how you can become a litterateur, write short stories, be an essayist, journalist, publicist, scribe -- I could go on.

Your editors are smart people. Observe how they cooked up a clever name for this new publication. They combined the names of three popular magazines -- See - Pic - and Look, and see what they got -- S/P-ook!!! It just ghost to show you, they explained.

How about this writing -- are you worried about the market? Listen to this advertisement from an American school of journalism.

"Never were editors more eager to buy. They would rather buy than reject. Why? Because their salaries depend upon finding good material. If an editor can't get enough for his publication the public will stop buying it and he will lose his job. That is why editors are always alert to discover new writers." There's your answer. You write 'em; they'll buy 'em.

(Cont'd on page 31)

FRED R. INGLIS, a free-lance writer from 1923 to 1940, was born in Vancouver in 1903. He must have led a good life, because he could pass for thirtyish. From 1925-27 he was with the RCMP, and later (1927-32) worked for the Customs-Excise Preventive Service. After that he was a biscuit salesman and then sold insurance until he joined the Army in 1940. He served with the 16th-22nd Saskatchewan Light Horse, later armoured. Discharged as a Warrant Officer, 1st Class, he became a reporter on the staff of the Ottawa Citizen where he still works. He also contributes to The Canadian Military Journal, The Legionary, Torch, and various trade journals. He was married in 1926 and has three children.

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Padres' Page



A Good Type

Hon. W/C R.M. Frayne
Principal Protestant Chaplain



Hon. W/C L.A. Costello
Principal Roman Catholic Chaplain

The Principal Chaplains share the pleasure of so many of our confreres in the appearance of this new organ of your athletic activities, and extend to its editors and their co-workers our very best wishes on the occasion of its first issue.

The young man who trains daily the powers of his body and mind, along proper and well-chosen lines, will be happier, wiser, more alert. The voluntary self-discipline exacted of the efficient athlete will develop an increasingly greater mastery of self, will tend to bring out the very best that is in him, and will result inevitably in a greater appreciation for the Author of nature, for things spiritual and a consequently greater appreciation of the actual image of the Creator reflected in his companions.

Emerson once wrote "Get Health. No labour or exercise that can gain it must be grudged." Experience has taught us that this is true in more ways than one, for the games and gymnastics that make one hold his head up usually tend also to straighten one's moral behaviour. By some strange coincidence, too, a man's approach to his main job of work is most often a revelation of the enthusiasm displayed in what might be called the extra-curricular interests of life. There is obviously a reciprocal reaction. The man who is an enthusiast at baseball or tennis or any other chosen sport or hobby, is usually enthusiastic also about his job.

Then too, recreation offers an opportunity of association under congenial conditions. Relaxation

(Cont'd from p. 29)

of this kind is most essential to our well-being. G. Stanley Hall once said, "It is a good thing to laugh, to throw the head back, to let the blood into the veins, and let the arteries rest, so that we may store up energy". Thus, it is that the well rounded man in body and mind will go further in all his doings. The physical and spiritual powers are employed too little by men for their own health's sake. A ball will usually roll much farther than an egg because it is rounded. Muscle without a well ordered physical and spiritual discipline is mere brute strength. Mind without health or spiritual restraint is handicapped and may be dangerous. Zeal without education and normal physical life might easily tend to be fanatical, one-sided and cranky. The ideal manhood is one that is symmetrically developed.

It is our suggestion then that each and every individual take part in the athletic programme to the very limit of his or her ability. Handsome dividends may be expected, in fact can be safely guaranteed.

R.M. Frayne

(R.M. Frayne)
Honorary Wing Commander
Principal Chaplain (P) RCAF.

L.A. Costello

(L.A. Costello)
Honorary Wing Commander
Principal Chaplain (RC) RCAF.

But don't worry about these writing courses. It's just another scheme to separate you from some of your hard-earned dough. If those guys know so much about writing, why don't they write a Book of the Month?

How do you get started? Do you need to go to college or work as a reporter first? Bunk. Listen to some more from the same ad: "Since authorship is essentially a matter of home work, it is one of the few arts which can be learned in the privacy of your own home, any time of day or night. And you don't have to be a genius to succeed." There-- you see how easy it is?

You can read and write, can't you? That letter you wrote to the editor complaining about low flying pigeons -- it was printed, wasn't it? That proves you can write for publication. Are there any rules about typing, or manuscript? Hell, no! Editors are so damned hard up for material these days, they'll be damned glad to accept your stuff written on scraps of butcher paper.

Do you need a typewriter? Why should you? Does a doctor type his prescriptions? Of course not. In fact, he writes them in Latin just to make it tougher for the druggist to decipher. Did Shakespeare type his stuff? Did Charles Dickens? I tell you, these modern editors are a bunch of spoiled autocrats. Use a lead pencil, if you want to.

Do you need a theme or a plot? Nonsense! Remember these editors have read literally thousands of books and stories. No matter what kind of a plot you employ, the editor will detect it within the first two or three paragraphs and sneer "It's been done

(Cont'd on page 35)

★ PUBLIC RELATIONS is YOUR job too!



THE PHILOSOPHER



Goodness allus triumphs
over evilness - becuz
it's better!!
(Mammy Yokum)

The reason a dog has so
many friends is that he
wags his tail instead of
his tongue.

He that has not a good memory should not
take upon himself the trade of lying.
(Voltaire)

Without frugality, none can be rich, and
with it, very few would be poor.
(Dr. Johnson)

Let a fool hold his tongue and he will
pass for a sage.

Some people carve out a career.
Others find chiselling easier.

The cheerful man's a king. (Bickerstaff)

All the world's a stage, but most of us
are merely stage-hands.

The brave only know how to forgive.
(Sterne)

What's a' the jargon o' your schools,
Your Latin names for horns and stools,
If honest nature made you fools? (Burns)

We cannot always oblige, but we can
always speak obligingly. (Voltaire)

Everything is worth what the purchaser
will pay for it.

Sin has many tools, but a lie
is the handle that fits them
all.

It is impossible for some people
to do a favour without entering
it in their account books.

Let us be silent that we may
hear the whispers of the gods.
(Emerson)

The devil can quote Scripture
for his purpose. (Shakespeare)

The first vertue, sone if thou
wilt lere,
Is to restreine, and kepen wel
they tongue. (Chaucer)

I don't believe in the goodness
of disagreeable people.
(O. Dewey)

Men judge us by the success of
our efforts. God looks at the
efforts themselves. (Charlotte
Elizabeth)

A useless life is only an early
death. (Goethe)

We never live; we are always in
the expectation of living.
(Voltaire)

Conscience is that which hurts
when everything else feels good.

Egotism is the anaesthetic which
nature has given us to deaden
the pain of being a fool.

SOCIAL ACTIVITIES



OFFICERS' MESS

By F/O C.G. Mattusch.

To highlight the season's social activities in the Officers' Mess, a banquet was held, entertaining members of the Olympic Hockey team on their victorious return from abroad after winning the Olympic Hockey Championship. Amongst the dignitaries on hand to congratulate the Victors were His Excellency the Governor-General, Viscount Alexander of Tunis, and the Honourable Brooke Claxton, Minister of National Defence. Air Marshal Curtis, host of the evening, and members of his staff expressed their sincere appreciation to the men who had brought such honour and glory to Canada and the Royal Canadian Air Force.

Service camaraderie was most adequately maintained through the past quarter through the medium of the regular Mess Dinners. A number of prominent dignitaries were present at various times, including - the Right Honourable Sir Alexander Clutterbuck, Air Chief Marshal Sir Guy Garrodd, and Air Chief Marshal Breadner.

Billiards and Snooker tournaments continued to be very popular in the Mess. However, their popularity was paralleled by the "Shove-Ha'penny" enthusiasts who also play a very serious game. The trophies consisting of engraved pewter mugs were on display in the recreational room of

the Mess and have since been presented to the winners.

A Spring Formal was held in the Mess during the month of May. This was the "wind-up" dance of the season and it was duly supported by members of the Mess.

The Stag Nite which was held on May 14th, was such a terrific success that the Mess Committee is contemplating another in the near future, but no date has been set.

The weekly Movies have been discontinued for the Summer Season; however, the informal dances are to continue each Saturday night throughout the season.

A Mess Dinner is planned for Thursday, May 27th. This is expected to be the last Mess Dinner until the Fall. Military members of the American Embassy are to be the guests of honour for this occasion.

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SERGEANTS' MESS

By WO2 G.A. McInnes.

The regular monthly meeting of the Sergeants' Mess was held on Wednesday, May 12th, with the new Committee elected the previous month presiding. A very successful meeting was held with 157 members present and the Committee

presented a very full and interesting programme for the next three months, which was received with enthusiasm by the members. Highlights of this programme in Sports and Recreation are as follows:

24th May - Outing for members and families. Picnic to Constance Bay, transportation provided.

26th May - Mess Dinner - Limited to 75 members.

4th June - Spring Dance.

16th June - Mess Dinner - Limited to 75 members.

2nd July - Dominion Day Open House - No dance.

16th July - Giant stag and Bosses night. Members will be permitted to invite one of their officers to this night which will be the closing off night for the present Mess Committee.

An interesting feature of the meeting was the voting in as Honourary Members the Senior NCO Staffs of the United States Embassy and the United Kingdom Air Liaison Mission.

Sgt. Mel Conroy was appointed to the position of Social Secretary of the Mess and in his new duties Sgt. Conroy would like to hear from the NCOs of any births, marriages, illness or deaths in the immediate family of any member of the Mess. He is at Room 2524, "A" Bldg., Local 5736.

HOW TO BE A GHOST WRITER

(Cont'd from p.31)

before." Back comes your story with a rejection slip.

But when the editor gets one without a plot, he becomes intrigued and reads on. How can he tell what the plot is when

even you yourself don't know how it's going to come out in the end? Keep him guessing. Pretty soon he will say to himself, "Ah, here's one that's different! No reader will ever be able to comprehend this story. Even I can't tell what it's about. This is great stuff. We'll run this one as a feature in the June issue." That's all there is to it folks -- judging by some I've read lately.



THE CENTRAL BAND -

After having established an international reputation during the war years, the Central Band is now embarked on a peacetime schedule of gradually increasing activity which should reach its peak with the coming summer months.

Present plans include a series of week-end concerts within the Ottawa area, which should prove a welcome attraction to Ottawa residents and tourists alike. Mid-week programmes will also be provided for the various hospitals with special emphasis on the veterans' wings and sanatoriums, where patients may congregate on the spacious lawns and enjoy a programme of popular and light concert music.

During Air Force Day last year the band provided music for the visitors to Rockcliffe Air Station and also did a Coast-to-Coast Broadcast from the Photo Auditorium at that unit. If plans now under way can be finalized, the band will broadcast over the CBC network on the evening of June 11th, which is the day before Air Force Day.

The band will also play several summer fairs this year, including the Ottawa Exhibition, at which event it proved a popular attraction last year. During the latter part of July, the town of Kincardine is holding its Centennial celebration. This event is to last for six days and the Central Band has been invited to appear. Two Dakotas will transport the band and equipment and as Centralia is the closest airport, it is planned to provide that town with a concert on the day of arrival, after which the band will proceed to Kincardine by bus.

On Saturday, May 28th, the band is paying a flying visit to Montreal for an engagement in that city.

Flying Officer Edward Kirkwood, who on May 21st of this year will have served six years as Musical Director of the band, is well known across Canada and in the United States through many series of network broadcasts in both countries.

Warrant Officer Steve Vowden is assistant bandmaster and first oboe player.

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The following active Radio "Hams" are operating their own sets with

call signs- as shown:

- S/L BG Miller (AMTS) VE3PC
- S/L EC Poole (AMTS) VE3OJ
- F/L MF Lemke (MCHQ) VE3CV
- S/L DH Gwinn (AMTS) VE3IX
- WOI HJ Hayes (MCHQ) VE3BEB
- S/L BH Beck (MCHQ) VE3BR
- S/L JW McCalla (AMOT) VE3DH
- S/L AG Sheffield (MCHQ) VE3EB
- F/L AM LeCheminant (MCHQ) .. VE3AFL
- F/O J Murphy (AMOT) VE2OK
- F/L LC Card (President of
the Rockcliffe Sta. Club).. VE3BPS

S/L Gwinn is President of the AFHQ Amateur Radio Club, which has station VE3BFX on the fourth floor of "B" Building. VE3BFX was very useful just after the war, before the Ham operators had their own "shacks" built.

The Rockcliffe Club has its own station VE3AXL.

Although most of the local Hams are on 12 megacycles or under. S/Ls Miller, Poole and Sheffield are doing some experimental work with VHF. S/L Poole is on both 50 and 144, the other two on 50 megacycles.

S/L McCalla specializes in message traffic, passing on non-commercial communications.

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The editorial staff are most appreciative of the assistance received from numerous sources during the compilation of the first issue of THE SPOOK.

PICTURES



AC2 Charles Davis (Wainwright, Alta.), 20 yrs., 6'5", and F/O R.J. Thompson DFC, 24 yrs., 5'0". Two members of 413 Photo Squadron, Rockcliffe.



"He wants you should make dot vun go too."



PRESS RELEASES

The second annual Air Force Day of the Royal Canadian Air Force is to be held this year on Saturday, June 12th, and RCAF Stations across the country will hold open house, to which the public is invited, it was announced to-day by the Honourable Brooke Claxton, the Minister of National Defence.

"The main purpose of Air Force Day is to acquaint the Canadian public with the function of the Royal Canadian Air Force and the activities of its flying and technical personnel", said Mr. Claxton. "Thousands of people visited RCAF Stations last year and this year the RCAF is making plans to accommodate even larger crowds. The Air Force will be giving visitors something really interesting to see in the way of displays and exhibits, and flying demonstrations. This year we shall be able to show our new Vampire Jet Fighters, as well as other new aircraft which we did not have last year".

• AIR FORCE DAY • SATURDAY • JUNE 12TH •



"Above all we want the Canadian people to meet the men of the RCAF, to see how they live and work, and to understand some of the constructive and important jobs they perform. Air Force Day also provides the RCAF with the opportunity to entertain the general Canadian public", stated the Defence Minister.

Air Force Day is observed on the first Saturday in June annually, unless the King's Birthday falls on the same week-end when it is held on the second Saturday in June.

Further details concerning stations which will be holding open house and the events planned at various points will be released later by the units concerned.

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Directorate of Public Relations (RCAF)

17th May, 1948.

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ACHQ-MCHQ CENTRAL SPORTS AND RECREATION COMMITTEE

				<u>Local</u>	<u>Room No.</u>	<u>Bldg.</u>
Chairman	A/C	D.E. MacKell	<u>CBE</u>	3000	3112	"B"
<u>EXECUTIVE COMMITTEE</u>						
Chairman	F/L	L.P. Patenaude		6909	4327	"C"
Treasurer	F/L	R.G. Brandon		5842	1112	"B"
Secretary	F/O	A.M. Hern		5356	1138	"B"
P&R TI	WOI	J.H. Cooper	<u>MBE</u>	5271	3051	"B"
Airman Representative	Cpl	P.J. Guzzo		5356	1138	"B"
Civilian "	Mr.	E.P. Hyland		4526	2516	"C"
Publicity	F/L	A.J. Simpson	<u>DFC</u>	7282	4010	"B"
	WO2	G.A. McInnes		7935	3075	"B"
	Mrs.	E. Hill		3495		No.8 Temporary
<u>DIVISION REPRESENTATIVES</u>						
CAS/DAF	F/L	E.F. Monkman		4962	2733	"A"
	Sgt	L.L. Lafleur		5209	2710	"A"
AMP	F/O	R.E. McKibbin		5630	3101	"B"
	WO2	G.A. McInnes		7935	3075	"B"
AMTS	S/L	A.U. Houle	<u>DFC</u>	5646	4218	"C"
	WO2	W.J. Irving		2179	4235	"C"
AMOT	F/L	P. Patrick		4377	2643	"A"
	F/S	A. Legris	<i>Simon 4/11/51</i>	4178	2634	"A"
AMAP	Major	H.K. Avery		3192	2613	"A"
	Cpl.	V. Joinette	<i>4 Vac FS</i>	3653	2506	"A"
AUC	WOI	P.O. MacDonell		3955	3051	"B"
Civilian Representative	Mr.	P. Reinhardt		2900	1018	"B"
MCHQ	S/L	J.H. Giguere	<u>OBE</u>	5980		No.8 Temporary
	F/S	G. Knowles		3880		No.8 Temporary