

Arrowhead
TRIBUNE



editorial



Ever since this magazine started in its present format, three years ago, it has been one of the avowed aims of the staff to do its best to help keep Canadian families informed of what is going on in Canada. This move is more difficult than it sounds, for there are fairly strict rules about what we may, and what we may not write. The Directorate of Public Relations issued a daily resumé of newspaper clippings about the Armed Forces, from which we produced «*News of the RCAF*». Even this narrow-minded source of information is presently dried up. There is also a weekly release by the Canadian High Commissioner to the United Kingdom, from which we produce «*Canadian News*.» This release is intended to present an up to date picture of Canadian progress in various aspects and, because of its non-political nature, we are able to quote freely. Thus, outside CFN, the effort made by DND to keep the Armed Forces abreast of Canadian Affairs, is minimal. It is therefore a pleasure to know that «*Canada Week*» is now distributed to 1 Air Division and the Canadian Infantry Brigade. This publication has been sponsored by private business, and I think we should be grateful that the publishers of this magazine have gone to the trouble to look for these sponsors, particularly since at the moment they are one of them and are therefore on a losing venture, financially. If I may use a cliché here, their loss is, indeed, our gain! Our collective gratitude goes to both the publishers and sponsors of «*Canada Week*.»

NOTICE

The remaining issues of the «*Arrowhead Tribune*» for 1964 will be published on November 30th and December 15th. There will be no issue on December 31st.

VOL. 4 - No 20

1 WING RCAF MARVILLE

15 NOVEMBER 1964

The Arrowhead is published twice monthly to provide entertainment and information for the servicemen and families of No. 1 Wing RCAF, Marville, France. Opinions expressed in this publication should not be construed as RCAF opinion or policy, unless accredited to an official source.

Contributions to the magazine are welcomed and encouraged.

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COVER STORY

The Yukon has now been coming into Marville for over 3 years and is an accepted part of the scenery.

News of Canada •

NEW CONSULATES-GENERAL

Canada will open two Consulates-General in France, one in Bordeaux on December 1 and the other in Marseilles next Spring.

EARLY START

Sudbury, Ontario, became the first community in Canada to complete a project for Canada's centenary in 1967 when the Big Nickel was officially opened to public view this summer.

The Big Nickel is a thirty-foot replica of a Canadian five-cent piece. It stands on the site of North America's first Numismatic Park, a development that will eventually feature large replicas of the coins of many countries and will be the site of a coin museum as well as a permanent display of the uses of the nickel mined in the Sudbury area.

RED CROSS DONATION

The Canadian Red Cross is sending a cash grant and clothing to Yugoslavia for the relief of flood victims there. The cash contribution comes to approximately \$6,000 and the bedding and clothing has already been sent from Canadian stockpiles in Europe.

IMPORTS FROM BRITAIN

Canada's imports from Britain rose almost 20 per cent to \$124,500,000 in the first quarter of 1964 as compared to \$103,800,000 in January-March 1963. Non-farm machinery was the chief item, at \$17,383,000, an increase of 19.3 per cent, while freight and passenger automobiles, at \$11,202,000, showed the largest advance, the value of arrivals increasing more than sevenfold. Electrical apparatus imports dropped 10.5 per cent while wool increased by one-third and aircraft and parts by one-quarter. Wool fabrics declined slightly, while precious metals quadrupled. Small increases were shown by clay and products, engines, automobile parts and books, while large gains were

made by apparel, steel plate, pipes and tubes and tea. Substantial declines were registered by wire and wire products and alcoholic beverages; tractors and glass dropped slightly.

IRON MINING INDUSTRY

The Canadian iron mining industry shipped a record 26.90 million long tons of iron ore in 1963 from mines in the Provinces of Newfoundland, Quebec, Ontario and British Columbia. Exports totalled 23.85 million long tons, with the remainder of Canadian shipments going to domestic steel plants. In addition, 5.33 million long tons of iron ore were imported for consumption in Canada. Total consumption reached a record 8.38 million long tons.

SCHOOL PLANNING & RESEARCH

A new Division of School Planning and Building Research has been established in the Ontario Department of Education. Its purpose is to study the quality control of school buildings with specific reference to materials and methods of construction as related to costs.

The division will also investigate the nature and desirability of changes in school planning in relation to team teaching, educational television, language laboratories and other comparatively recent innovations. Steps that may be taken to avoid early obsolescence of school plans and to encourage greater use of school buildings by the community will receive attention.

CONSUMER PRICE INDEX

Canada's consumer price index (1949 = 100) declined 0.4 per cent to 135.6 in September from 136.1 in August. The September index was 1.6 per cent above the September 1963 index of 133.4. The decrease in the current period was caused mainly by a decrease of 1.8 per cent in the food group, with a smaller decline in the recreation-and-reading com-

ponent. The housing, clothing, transportation, and health-and-personal-care components edged upward, while tobacco and alcohol remained unchanged.

ASBESTOS FROM NEWFOUNDLAND

Newfoundland's newest industrial complex, a \$22 million asbestos mining and milling complex, was recently opened at Baie Verte in the northern part of the province. The complex, which consists of an open pit mine turning out high-grade ore, and a modern mill producing top quality asbestos fibre, gives Newfoundland the only major asbestos operation in the world located at tidewater.

Since production has started, asbestos fibre has been shipped not only to Canadian plants but to the United States, Belgium, the Netherlands, Germany, France, Switzerland, Spain, Italy and Australia.

Operations are geared to handle approximately 5,000 tons of ore per day with an annual output of asbestos up to 7,000 tons.

WORLD RECORD POWER HOUSE

The world's largest underground power house, a 2,300,000-kilowatt plant, will be constructed by British Columbia Hydro at the site of the Portage Mountain Dam on the Peace River.

The power house is to be located deep in bedrock under the left flank of Portage Mountain Dam. The power house cavern will be 1,000 feet long, 80 feet wide and 120 feet high.

The project requires excavation of 90,000 cubic yards of rock to form 3,000 feet of access tunnels leading deep into the Peace River Canyon. One tunnel, 1,400 feet long, 25 feet high and 32 feet wide, will be the permanent power house access tunnel. Another tunnel, 1,600 feet long and roughly the same dimensions, will lead from the main access tunnel around approximately two-thirds of the power house perimeter.

The Peace River project is scheduled to begin generating first power in 1968.

AIR TERMINAL EXPANDS

The terminal building at the airport at Moncton, New Brunswick, is to be renovated and extended. The present terminal, like its new extension, will be clad in grey brick, black glass and amber aluminium mullions. The extension is to be of steel frame construction. When completed, the two buildings will look like one. Although separated by a 34-foot gap at ground level, they will be joined on the second floor.

The present terminal will contain a renovated waiting room, a new restaurant and kitchen, airline counters, baggage claim area and room for customs inspection. All public areas will be fully air conditioned.

The new, three-storey addition will house the Federal Department of Transport's meteorological and telecommunications services and the air traffic area control centre.

EXPO 1967

Some of the facts and figures derived from available data revised from time to time by the statistical division of the Canadian Corporation for the 1967 World Exhibition show that 10 million people will make a total of 30 million visits to Canada's World Exhibition which will be held in Montreal, Quebec, from April 28 to October 27, 1967.

Visitors from Montreal and from within a 200-mile radius of the metropolis will account for 22 per cent, making an average of five visits apiece; and 20 per cent will come from other Canadian provinces. It is also forecast that 56 per cent will be from the United States and two per cent from other countries (the latter is estimated at approximately 600,000).

Peak attendance is expected to be 350,000 a day.

The average «head of household» visitor will be 40 years of age and have a high school education. The highest group will be of the «journeyman-foreman» class and the second largest group from management and the professions.

The average visitor will spend \$7.24 per visit, and 51 per cent of the

visitors will visit the exhibits. It is estimated that 17 per cent will be interested in French Canada presentations and 32 per cent will come to the exhibition during the course of business trips.

Other figures show that, once inside, 40 per cent of the visitors will direct their attention primarily to the pavilions; 37 per cent will come to be entertained. The balance will come with open minds to see what they can see.

FROM SCRAP TO INGOTS

Output of steel ingots produced entirely from resources in Calgary, Alberta, which started at the Western Rolling Mills' \$3 million plant in Calgary last July, is continuing at the capacity of the twenty-ton, electric arc furnaces. As the plant has a built-in capacity of 75,000 tons a year and is now operating at 25,000 ton capacity, further expansion of staff is projected.

Initial operation involved production of high-bond steel re-bar for the construction industry and approximately 25 per cent of the plant's rolling operations consist of rail-splitting. The steel is then shaped and rolled into bars at a rate of 800 feet per minute. Future plans call for the production of merchant bar, flats and possibly steel fence and gate posts.

The mill is fully integrated, with a large scrap yard and salvage operation. Chief sources of raw material are industrial scrap, old automobiles, worn-out farm machinery, old oil and gas well pipe and discarded steel rails.

Salvage is an important phase of operation. Whole cars are sometimes repaired and sold, or useable parts sold. Useful structural steel and pipe are also salvaged.

NEW MILL FOR B.C.

A \$60 million pulp mill will be built at Gold River, 180 miles Northwest of Victoria, British Columbia. It will have a capacity of 750 tons a day and will mean the creation of a new town on Vancouver Island's west coast. Construction of the mill will start next February and completion is expected in two years.

UNUSUAL STRUCTURE

Oceanographers of Canada's Department of Mines and Technical

All Items reproduced here taken from the «News of Canada» bulletin or DPR releases, unless otherwise indicated.

Surveys are obtaining interesting results from their investigation of the unusually large negative gravity anomaly in the continental shelf off Cape Breton Island on Canada's East Coast last July.

Scientists from the Department's Bedford Institute of Oceanography at Dartmouth, Nova Scotia, aboard the CSS Baffin have traced the unusual structure, now known as the Orpheus anomaly, 110 miles east from the entrance to Chedabucto Bay at the edge of the Laurentian Trough. The anomaly is 20 miles wide.

In the Laurentian Trough, they encountered an area of brokenup and disturbed topography, but 10 miles to the south they again detected a strong negative gravity anomaly which might or might not be a continuation of the Orpheus anomaly. The Orpheus anomaly could be caused either by a granitic intrusion or by an accumulation of sediments. If the latter, it would be of major geologic interest.

The whole shelf area south of Nova Scotia and Newfoundland has been receiving increasing attention from the petroleum industry. A number of companies hold leases on approximately 50 million acres of the floor of the shelf in this region.

Marine geologists from the Bedford Institute will attempt to obtain, by diving, a specimen from the Orpheus rocks for further geological studies. Oceanographers will continue their study of this feature using a ship-borne gravimeter and seismic methods.

RECORD YEAR

This year was a record-breaking crop year for grain shipments through Canadian ports. To July 31, Vancouver handled 203,339,652; Halifax, Nova Scotia, 26,512,000; Saint John, New Brunswick, 32,206,000; Quebec City, 50,413,000; Trois-Rivières, 64,913,000 and Montreal 198,938,000.

Around the Armed Forces

COSMOPOLITAN



The CC-10 Cosmopolitan twin-engine turboprop transport came into service with the R.C.A.F. to replace the Dakota in Air Transport Command's 412 Squadron in 1960.

Assets of this medium range aircraft are its short take-off run, high rate of climb and economic fuel consumption. These factors, added to a capability for conversion from a passenger to a passenger-freight configuration in under four hours, have made the versatile Cosmopolitan a valuable addition to the R.C.A.F.'s transport fleet.

The Cosmopolitan can carry up to 40 passengers over distances of 1,300 miles.

Length	81' 6"
Height	28' 1"
Speed (cruise)	299 m.p.h.
Span	105' 4"
Weight (max)	57,500 lb.
Power	Two 3,150 h.p. Napier Eland turboprops.

Mail Your Christmas Parcels Early

DON'T BE A TAIL END CHARLIE

Once again the Christmas season is near at hand and we hope that the problems in the past will not happen again this year. If you follow a few of these suggestions I am sure that you will not have any problems this Christmas:

Items of an attractive nature such as perfume, lighters and other small packets should be registered against loss and sent letter rate.

Take care to pack your parcels well and make sure that they are clearly addressed. Its far better to spend a few more cents in packing so that your parcel will get home all in one piece than to pack it in any old carton and hope it will not be broken in transit. Lets not disappoint the folks back home.

The dates listed below ensure delivery of your parcels and Christmas cards etc in time for Christmas. Lets make this a Happy Christmas for one and all.

TYPE of MAIL	MAILING DATE	WEIGHT
Parcel Post	(West) 17 Nov	20 lbs
	(East) 24 Nov	20 lbs
Xmas Cards	(West) 5 Dec	4 lbs 6 oz
	(East) 7 Dec	4 lbs 6 oz
First Class Mail & Packets	(West) 7 Dec	4 lbs 6 oz
	(East) 8 Dec	4 lbs 6 oz
Airmail	(West) 15 Dec	4 lbs 6 oz
	(East) 16 Dec	4

Notes

- The Parcel Post weight limit has been increased to 20 lbs.
- Christmas cards and other printed matter 3¢ for the first 2 ozs and 1¢ for each additional 2 ozs.
- For any other information regarding mail please ask at the station Post Office we will only be too pleased to assist you in any mail enquiries.

A Merry Christmas to all station personnel from the staff at the Post Office and don't forget to mail your parcels early.

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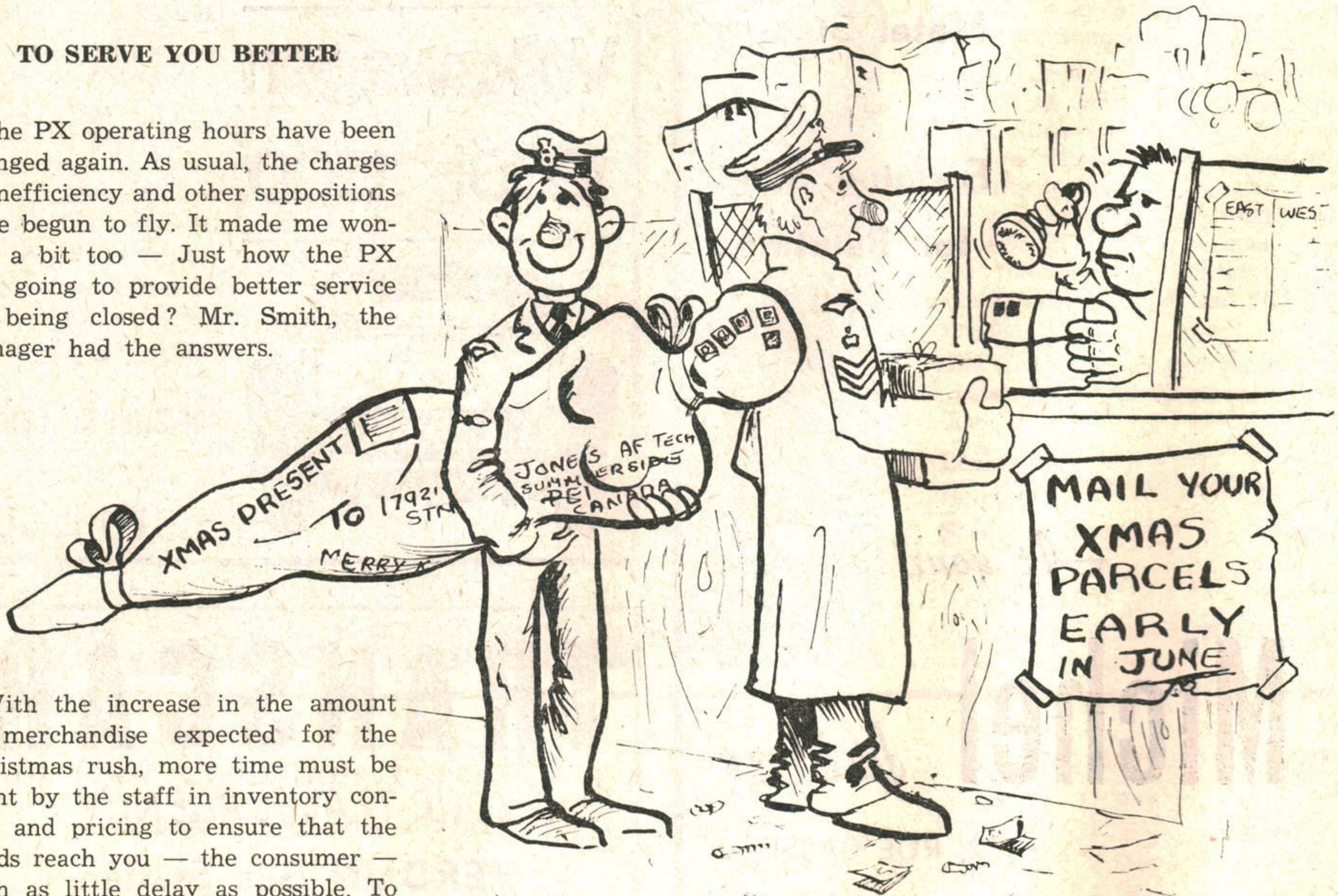


in and around marville

by Graham Davis

TO SERVE YOU BETTER

The PX operating hours have been changed again. As usual, the charges of inefficiency and other suppositions have begun to fly. It made me wonder a bit too — Just how the PX was going to provide better service by being closed? Mr. Smith, the manager had the answers.



With the increase in the amount of merchandise expected for the Christmas rush, more time must be spent by the staff in inventory control and pricing to ensure that the goods reach you — the consumer — with as little delay as possible. To allow the goods to be received from Central Warehouse and properly cared for, an hour and a half of work by the PX staff is necessary before the doors are opened in the morning. If you have eight dozen bottles of perfume to be checked off an inventory and price marked you are going to be busy for the better part of an hour. This is only one item of many stocked by the PX. There are many other things to be taken into consideration. In case you had arrived at the conclusion that the new hours were for the convenience of the staff — get rid of it right now. They

are working the same hours that they did before.

There is a bit more to it than just the checking of goods. It is hoped that in time the ladies of the community will be able to re-arrange their schedules so that they will be able to shop in the afternoon when the staff will be better able to serve them. On the surface, this looks like a sly manouever on the part of the management, the staff, or both. It is really, but it should provide better,

faster service in that the bulk of the «Gift Traffic» will have passed through the PX and be on an airplane for some distant spot. Therefore, the staff will have more time to concentrate on the regular customers. If you house-wives can cooperate, I'm sure that your shopping will be easier and faster. Perhaps a revision of the scheduled bus runs would go a long way towards making this a more workable proposition.

The PX staff has been busy. While

Library

NEW BOOKS RECEIVED AT THE STATION LIBRARY:

THE SIEGE OF PARIS

by Robert Baldick

The Siege of Paris in the autumn and winter of 1870, was the last full-scale siege of a European capital, the first occasion of the indiscriminate bombardment of a civilian population, the source of immense hardship and suffering, and the origin of a division in the French nation which has still not been healed.

ANGELIQUE IN LOVE

by Sergeanne Golon

Angelique, the emerald-eyed beauty who was queen of the Paris underworld favourite of Louis XIV and a friend to the persecuted Protestants of Poitou leaves the land where she has suffered so much and embarks on a strange vessel, the Gouldsboro, commended by the enigmatic, masked pirate: Rescator. Brilliant picture of seventeenth century life, enthralling both for the excitement of its action and for its subtle understanding of the caprices of human nature.



I was talking to the manager, some of the ladies were stringing the little tinfoil « snowflakes » you can see now hanging from the ceiling. Other decorations are being fabricated by the staff. In addition, there is a lot of work going on in the back room that you can't see. There are new shelves going in, and a new system of inventory control is being implemented. These improvements will, in time, definitely provide more goods sooner than before. I could explain how it will work, but you wouldn't be any better off if I did. The only thing that might make you feel a little better is the assurance that a very real effort is being made to deal with the chronic shortage of space that has hampered operations for so long.

There has been an increase in the number of clerks available to serve you, both during normal hours and peak hours. The stock of small « home consumption » items such as pastry brushes and so on is increasing. New supplies of linen can be expected in the near future. Also in the future (3 to 4 months) you can expect to see a great increase in the variety of goods carried. Things seem to be « looking up. »

Mr. Smith tells me that there is a lot more work to come — both in the display and selling area and the warehouse area. This work will take time and the only time available seems to be that which has been preempted from the former hours. It may be a bit inconvenient now, but if you'll bear with the staff I'm sure that you'll notice a distinct improvement in the not too far distant future.

FRENCH RADIO TAX

I wasn't too successful in obtaining information from the French Liaison Officer about the tax on radios and televisions. He didn't seem

to know too much more than you or I. He did tell me that this regulation, for the Allied Armed Forces, had been in effect since 1952. For some reason it has never been enforced in the Marville area. From what I can understand, the tax was paid in Grostenquin, and is being paid in Metz. Radiodiffusion Television Française, the French equivalent of our Department of Transport, has investigated and decreed that the tax will be paid by all personnel living on the French economy and in PMQs. It might be added that there is a rather stiff fine for evasion of this tax.

AIRMEN'S CLUB

To start the end portion of the month there will be a « Games Night » in the Club on the 17th. These things generally turn out to be roaring successes, so why not come out and enjoy the fun, food, and prizes. The 25th will bring you the second Bingo of the month. It might also bring you the \$100.00 jackpot. It might bring you part of the \$115.00 in other prizes, and it will definitely bring you food at the end of the festivities.

The big Halloween dance at the end of last month was an enormous success. I've been told that there were at least 300 people there. The judges had quite a time selecting the winners of the costume prizes. The next end-month dance will be held on the 28th, and will feature the Appleton band from Metz. Fish and Chips will be served. If you enjoy dancing, you'll have to go a long way to get the same return from you 50¢ elsewhere.



The Champagne country

THE MARNE VALLEY

This is an itinerary through villages full of life and charm along the valley of the winding Marne. Graceful landscapes are glimpsed through a light haze which clears as it reaches the vine-laden hillslopes, where every one is working so that the most famous wine may always retain its reputation for coolness, clarity and unrivalled bouquet.

From TOURS-SUR-MARNE to CUMIERES on leaving the picturesque village of TOURS-SUR-MARNE, continue westward along D-1 to BISSEUIL and then MAREUIL-SUR-AY (XIIth century church and a chateau which formerly belonged to Marshall Lannes de Montebello).

AY, a busy little town with a population of 7,000 inhabitants, stands on the banks of the canal running alongside the Marne in the middle of a first-rate vineyard, in terrace formation, 900 acres or more in area, on the slopes of undulating ground in a particularly favoured position. The town was seriously damaged in the war but it has preserved its large church, built in the flamboyant style, and a few half-timbered houses, one of which is said to have been Henri IV's wine-harvest store.

Turning northwards, N-51 rises as it takes us through DIZY-MAGENTA, CHAMPILLON and its hill, towards BELLEVUE, 7 kms. further on, where there is a splendid view of the Marne vineyards on the edge of the plateau.



After SAINT IMOGENS and a stretch of D-71 we come to HAUTVILLERS on Route Nationale 386. 1 km. before this village, there is a very fine view.

Hautvillers can be reached, however, directly from Dizy-Magenta. There was formerly at Hautvillers a powerful Benedictine monastery where a cellarer, Dom Pierre Perignon, in the XVth century, laid down the rules still practised today for the making of Champagne wine. The old abbey church contains, in addition to the tomb of Dom Parignon, some richly carved XVIIth and XVIIIth century stalls and panelling.

Only parts of abbey have survived; the living quarters, with an arcaded gallery an XVIIIth century monumental porch and, in the grounds, a terrace overlooking the valley. Here open-air fetes and folklore gatherings are held annually as a token of the gratitude of the Champenois villagers towards Dom Perignon.

From CUMIERES to DORMANS Follow the right bank of the Marne along D-1 as far as DAMERY (fine XIIth - XIIIth - XVIth century church) The « Bon Roi Henry IV » used to come and stay here to escape the cares of war, accompanied by Anne du Puy, the « Belle Hotesse ». VENTEUIL, REUIL, and BINSON (old priory, with XIIth century chapel, restored after the war).

CHATILLON-SUR-MARNE (a colossal statue of Pope Urban II, a native of this town, who preached the Crusade in 1095, remains of a feudal castle and a very striking view of the Marne).

VERNEUIL, D-1 and Route National 380 crossroads (Dormans to Rheims) run through VINCELLES (old Xth century tower) to DORMANS: a very old town, ravaged by every war, but retaining a beautiful church (partly XIIIth century) a Louis XIII chateau with ancient turrets and the chapel commemorating the two Battles of the Marne, 1914 and 1918 (crypt and several modern works of art.) If the return journey is made in the direction of Epernay, take Route Nationale 3 through MAREUIL-LE-PORT (interesting church). If it is wished to get an impression of the valley as a whole, on leaving PORT-A-BINSON take a road uphill on the right which runs on a higher level through OEUILLY, BOURSAULT and VAUCIENNES and so down to Epernay by Route Nationale 3.

THE MOUNTAIN OF RHEIMS

The lovely slopes of the Mountain of Rheims which overlook the Rheims plain and the Vesle valley to the north and east of the Marne valley and Epernay to the south and west form not only one of the richest vine-growing areas in France, but also a much-sought-after tourist centre.

The undulating land, with its sunny slopes over which the vines spread close to the ground, comes to an end at

a short distance from the summit, where the forest caps it with a green and picturesque roof, a dense and, in some spots, a wild forest where good shooting is to be found.

This Mountain of Rheims is shaped like a horse-shoe, and the Route that follows it abounds in gems of historical interest: scenes of outstanding historical events, mementoes of the past, glorious names renowned in the annals of Champagne wine.

As part of the great highway which runs from the north of France to the Alps and the Mediterranean, a few hours diversion through the pleasant landscape traversed by this Route, will give a fascinating picture of the « Champagne Country ».

From RHEIMS to MONTCHENOT, Leaving Rheims by « Route Nationale 31 » (in the direction of Fismes and Soissons), take Departmental Road 27 on the left at Thillois; you will pass by the grandstands and installations of the motor-racing circuit — one of the fastest in Europe — and enter Gueux, a favorite residential town for those who gain their livelihood in Rheims, with a fine 9-hole golf course.

After PARGNY, take Departmental Road 26 and follow the flank of the « Petite Montagne », where the vine already covers a vast area. The most famous growths are found, however, more to the east. JOUY and then VILLEDOMMAGE (a fine XII and XVth century church). A small detour can be made as far as the pilgrim centre of SAINT-LIE (XVth century chapel), where a magnificent view of the Rheims plain, the skyline of the Mountain of Rheims and the Tardenois woods can be enjoyed.

We next pass through SACY XIIth century church, (ECUEIL and CHAMERY, between vineyards and the 25,000 acres of forest which cover the whole of the plateau between the Vesle and the Marne. After SERMIERS, we cross « Route Nationale 51 » (Rheims to Epernay) at MONTCHENOT (a fine terrace with a view of Rheims and Laon).

From MONTCHENOT to VILLERS - MARMERY Take « Route Nationale 51 on the left, continue for about 200 metres and then turn right, into D26 via VILLERS-ALLERAND, where the Rheims-Epernay railway is crossed at the foot of Mont Joly (274 m).

RILLY-LA-MONTAGNE is a large village to which the people of Rheims are always eager to come in the summer to sit under the green-leafed trees and patronize the welcome refreshment establishments. CHIGNY-LES-ROSES and LUDS-LECOQUET (fine XIIth and XVth century church and Romanesque tower). Here, the vineyards cover more ground and the quality of their produce improves. Cross D.9 which will bring you back to Rheims or take you to Epernay through the Craon de Ludes Pass (splendid view).

At MAILLY, you will find the first « hors classe » growths, after passing a windmill surrounded by vines (the only windmill remaining of the great number which used to be seen in the Champagne region), you will then come to VERZENAY (noted for a very well-known wine of quality produced in quantity from a vineyard extending far into the plain as far as Beaumont-su-Vesle and SILLERY. One of the Marquises de Sillery, beheaded in 1793, was the husband of the Comtesse de Genlis, governess to the future king, Louis Philippe of Orleans.

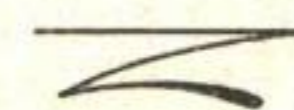
The road now rises to a hillock surmounted by a beacon. From here, you will have an open view of the vineyards and forest land with the town of VERZY, formerly the site of a large Benedictine abbey. On reaching the middle of this region, turn right into D34. At the top of the hill, near a modern chapel and about 1 km. away to the left, can be seen a strange freak growth: the so-called « faux » or twisted beeches with corkscrew branches. To the right, on the edge of the plateau, stands the « Sinai » observation post where General Gouraud prepared his offensives against the Champagne Ridge in the First World War. Running down to Verzy, you now come back to D.26.

From VILLERS-MARMERY to TOURS-SUR-MARNE and AT The ridge of hills now turns southward, across the first quality vineyards of VILLERS-MARMERY and TREPAIL, where black and white grapes grow side by side. Then after AMVONNAY, comes BOUZY, famous also for a « hors classe » vine from which are produced fragrant non-sparkling red wines.

From BOUZY one can either take D-19 to TOURS-SUR-MARNE, with its old priory where D-1 crosses or proceed north towards LOUVOIS (XIIth century church). Here, situated in a vast park is the chateau formerly owned by Michel le Tellier, Chancellor of France and father of Louis XIV's minister after whom the estate was named. Only the outbuildings, gate and moats date back to pre-Revolution days.

From Louvois, D-9 leads to AVENAY, in the delightful Mald'Or valley (very interesting XIIth and XVth century church): there was formerly a big Benedictine convent here, founded by St. Bertha about 650.

The Ay road crossed the railway, after which a secondary road on the right runs into MUTIGNY, 2 kms ahead, a small village amid vines and forest from which there is a magnificent and far-sweeping view.



feminine fancies

Editor : Mary A. Green



RECIPE FOR THE SEASON

A LIGHT FRUIT CAKE

This recipe was originally published in a magazine called «The Canadian Home Journal», in Nov. 1953. The magazine eventually became part of Chatelaine but not before it left me with a fruit cake that became an instant favorite. I've made one of these every year. I find that the cake ripens nicely in three weeks, and we particularly like the results of the 3 flavor combination. (I often strengthen the lemon flavor by adding a few drops of lemon extract as well as the rind.)

It's an economical cake. Almost all the ingredients are available overseas except perhaps for the candied pineapple. An equal quantity of candied fruit-cake mix may be substituted here.

Yield- one 8-inch square or 9-inch round cake.

PREPARE :

- 1 1/2 cups seedless bleached or sultana rasins, washed and dried
- 1 cup slivered or chopped mixed candied peels and citron
- 1/2 cup red maraschino or candied cherries, halved and well drained
- 1/2 cup green maraschino or candied cherries, halved and well drained
- 1/2 cup cup-up candied pineapple
- 1 cup coarsely cut pecans or walnuts
- 1 cup almonds, blanched and halved.

Line one deep 8-inch square cake pan or one 9-inch round cake pan with a layer of aluminum foil — or use three layers of cookery parchment or heavy paper and butter the top layer. Preheat oven to 300 degrees

MEASURE INTO SIFTER :

- 4 1/3 cups once sifted enriched pastry flour **OR** 3 1/4 cups once sifted all-purpose flour
- 1 teaspoon baking powder
- 1 teaspoon salt

Sift together twice ; add the prepared fruits and nuts, a few at a time, and mix until all are separated and coated with flour mixture.

CREAM WELL :

- 1 cup butter

GRADUALLY BEND IN :

- 1 1/2 cups fine granulated sugar

ADD, ONE AT A TIME :

- 5 unbeaten eggs — beating the mixture until just blended after the addition of each egg.

STIR IN :

- 2 teaspoons grated lemon rind

- 1 teaspoon vanilla
- 1/2 teaspoon almond extract

Add floured mixture to creamed mixture about a quarter at a time, combining well after each addition. Turn batter into prepared cake pan and spread evenly. If cake is to be served un-iced, decorate the top with candied fruits and whole nutmeats.

Bake in preheated oven 2 1/4 to 2 1/2 hours. Let stand it stand in its pan on a cake cooler until cold. Store cold cake in a crock or closely covered tin in a cool place for at LEAST 2 weeks before serving.

DEFINITION : Blanch- To submerge in boiling water for a short time and then to plunge into cold water.

MAN THE MINERALS, MOTHER !

Eating as we know it, has evolved from a constant struggle to appease hunger to a widely accepted ritual of 3 or 4 meals per day. (There are, of course, still many people who can not take for granted even one good meal per day. And it is all the more important that we the privileged, do not abuse our own good fortune.) Rigid rules were laid down as to how to eat and how to behave at a table even before science revealed the importance of a well balanced diet. It is true that a pleasant, relaxed atmosphere is important at meal-times because tension and excitement interferes with digestion. And a common code of etiquette at a large dinner party helps all diners to enjoy each other's company during the meal.

But the most important element at any meal is the food. Candle-light and roses at dinner are very nice, but out of the question for most of us. However we should try to serve good food on a neatly laid table with the minimum of interference. (Having lived in PMQ's for almost 4 years I have often wondered why, by com-

mon agreement, we haven't arranged that our children do NOT knock on anyone's door, unless in an emergency, during the hours that people are likely to be eating. It only seems sensible.)

Now to get back to that important ingredient of meal-time, food. Canada's Food Rules have this to say on what we need :

1. Milk — Children (up to 12 years), at least 1 pint per day ; Adolescents, at least 1 1/2 pints ; Adults, at least 1/2 pint.
2. Fruit — One serving per day of a citrus fruit or tomatoes or their juice ; and one serving of other fruit.
3. Vegetables — At least one serving of potatoes per day ; and at least two servings of other vegetables, preferably leafy, green or yellow, and frequently raw.
4. Cereals and bread — One serving per day of whole grain cereals, and at least four slices of bread with butter or fortified margarine.
5. Meat and Fish — One serving of

meat, fish, or poultry, or meat alternates such as dried beans, eggs, and cheese per day; use liver frequently; in addition eggs and cheese at least three times a week each. (Another source of information suggests 5 eggs per week.)

6. Vitamin D — At least 400 International units per day for all growing persons.

I once heard a radio panel quiz faced with this question: «There are so many vitamin and mineral preparations on the market these days, at such a variety of prices that I find it hard to choose one for myself. Which do you recommend?» The doctor's reply (I believe that it was Dr. Elizabeth Chant Robertson) made it plain that the most satisfying and economical source of vitamins and minerals was in the daily quota of food and not on the drug store shelf. Except for Vitamin D, and in special medical cases where additional nutrients are prescribed by a doctor, we should not require bottled nutrition.

And these, mother, are the reasons for the well balanced diet prescribed in Canada's Food Rules:

1. To provide energy.
2. To supply material for growth and for building and repairing muscle, bone, and blood.
3. To furnish material for protecting and regulating the body.

The following list of food elements is not new to most of us. Many of us may have learned to include them in our meals out of habit. However, just for quick reference here they are again together with (A) **Specific reasons why they're needed** (B) **Where found** (C) **What insufficient amounts may contribute to.**

STARCHES, SUGARS, AND FATS

- (A) For energy for work, play, and all other activities, even sleeping.
- (B) Bread, breakfast cereals and cereal products (pancakes, spaghetti, etc.). Sweets and sugars, including honey, syrups, molasses, jams, and jellies. Dried fruits, peas, beans, and other legumes. Potatoes. Fats, including cream, butter, egg yolk, margarine, all salad or cooking oils, bacon, fat meat, cheese, nuts, mayonnaise, chocolate.
- (C) Underweight, listlessness, fatigue, hunger, lack of interest in work or play, and a lessened

ability to utilize vitamins anderals.

PROTEIN

- (A) For building and repairing bones, blood, skin, and all other body tissues. For resistances to disease.
- (B) Milk — all kinds, eggs, all cheeses, except those made from cream only, meat, fish, poultry, dried peas and beans, bread and cereals, nuts, and peanut butter.
- (C) Lowered resistance to disease, decreased vitality, muscular weakness, mental and physical fatigue, complications in pregnancy, and, if protein is deficient during growing period, stunted growth.

CALCIUM

- (A) To help form strong bones and teeth, for the coagulation of blood, for regulation of the heart-beat, and for the relaxation and contraction of muscles.
- (B) Milk and dishes made with milk, cheese, yogurt, and some leafy vegetables (not spinach).
- (C) Bowlegs or other bone deformities, poor teeth, small chest cavity.

IRON

- (A) For building blood and other tissue cells.
- (B) Lean meat, especially liver, heart, and kidney; oysters, egg yolk, green leafy vegetables, whole grain breads and cereals, dried fruits, dried peas and beans, potatoes (cooked in the jacket).
- (C) Fatigue, nutritional anemia, and poor color.

IODINE

- (A) For the proper functioning of the thyroid gland (especially important in pregnancy and adolescence).
- (B) Sea foods, iodized salt.
- (C) Simple goiter.

VITAMIN A

- (A) For growth, reproduction, and lactation; for increasing resistance to colds and other respiratory infections; to help eyes to adjust to changes in light, to keep the skin healthy, and to aid in using iron and calcium.
- (B) Liver, cream, butter, whole milk, cheese made with milk or cream, egg yolk, margarine fortified

with Vitamin A, green leafy vegetables, yellow vegetables, and fish liver oils.

- (C) Rough, scaly skin, night and glare blindness, retarded growth.

VITAMIN D

- (A) For building and maintaining good teeth and bones, to aid in using calcium and phosphorus, and to aid in preventing rickets. This vitamin is especially important for pregnant women, nursing mothers, and growing children.
- (B) Fish liver oils and concentrates, foods that have been commercially enriched with Vitamin D. Exposure to sunshine.
- (C) Poorly formed teeth and bones. Rickets.

VITAMIN B 1 (THIAMINE)

- (A) To contribute to normal appetite, to aid digestion, to protect nerve tissue, and to help release energy from sugars and starches.
- (B) Meat, especially pork; liver, heart, kidney; whole-grain bread and cereals; wheat germ; oysters; nuts-peanut butter; peas and beans; milk and eggs.
- (C) Loss of appetite, slowed-up digestion, constipation due to poor intestinal muscle tone, emotional tension, headaches, fatigue, listlessness, lowered ability to concentrate, and if the deficiency is severe, beriberi.

VITAMIN B 2 (RIBOFLAVIN)

- (A) To increase vigor at all ages through its influence on nerves, digestion, skin, and general body resistance; and to help prevent degenerative changes in the eyes.
- (B) Milk, liver, heart, kidney, green leafy vegetables, eggs, cheese, fish, whole-grain bread and cereals.
- (C) Cracking at the corners of the lips, eyestrain and sensitivity to light, lowered resistance and vitality, and premature signs of aging.

NIACIN

- (A) To stimulate appetite, aid digestion, and to protect nerve and skin tissue.
- (B) Meat, especially liver and heart; poultry, fish, nuts; whole grain bread and cereals; and peas and beans.

(C) Skin eruptions, mental depression, digestive disturbances - diarrhea for example; and, if the deficiency is severe, Pellagra.

VITAMIN C (ASCORBIC ACID)

(A) For the formation and maintenance of teeth, bones, blood vessels, gums, and muscles (more is needed during fever and infectious diseases). To hasten the healing of wounds.

(B) Citrus fruits - fresh, canned, or frozen; tomatoes - canned or fresh in season; strawberries, cantaloupe, raw apples; raw vegetables, especially green peppers and cabbage; potato, baked or boiled whole.

(C) Sore and bleeding gums; tendency to bruise easily; sore joints; and, if the deficiency is severe, Scurvy.

A close study of item (B) in the charts should make it quite plain that one does not need to spend lavishly in order to eat well. Furthermore, as long as humans will actually enjoy the consumption of food for the pleasure it gives them, then it seems logical to suppose that it will be many centuries before anyone can convince us that it is just as beneficial for us to take our nutrition in a simple one course pill, as it is to sit down to a 5 course dinner.

For example, in meat loaves and cabbage rolls.

AND DON'T FORGET that the organ meats are as rich (and often richer in vitamins and minerals) in food value as other meats. Of this group the liver is probably most familiar to all of us so beginning with liver here they are with recommended cooking methods for each:

Beef and Pork Liver: Roast, braise, fry. Veal and lamb: Broil panbroil, fry.

Hearts: Braise, cook in liquid.

Tongues: cook in liquid.

Kidneys: Beef and Pork — Braise, cook in liquid. Veal and Lamb: Broil, panbroil, braise, cook in liquid.

Sweetbreads: Broil, fry, braise, cook in liquid.

Brains: Broil, fry, braise, cook in liquid.

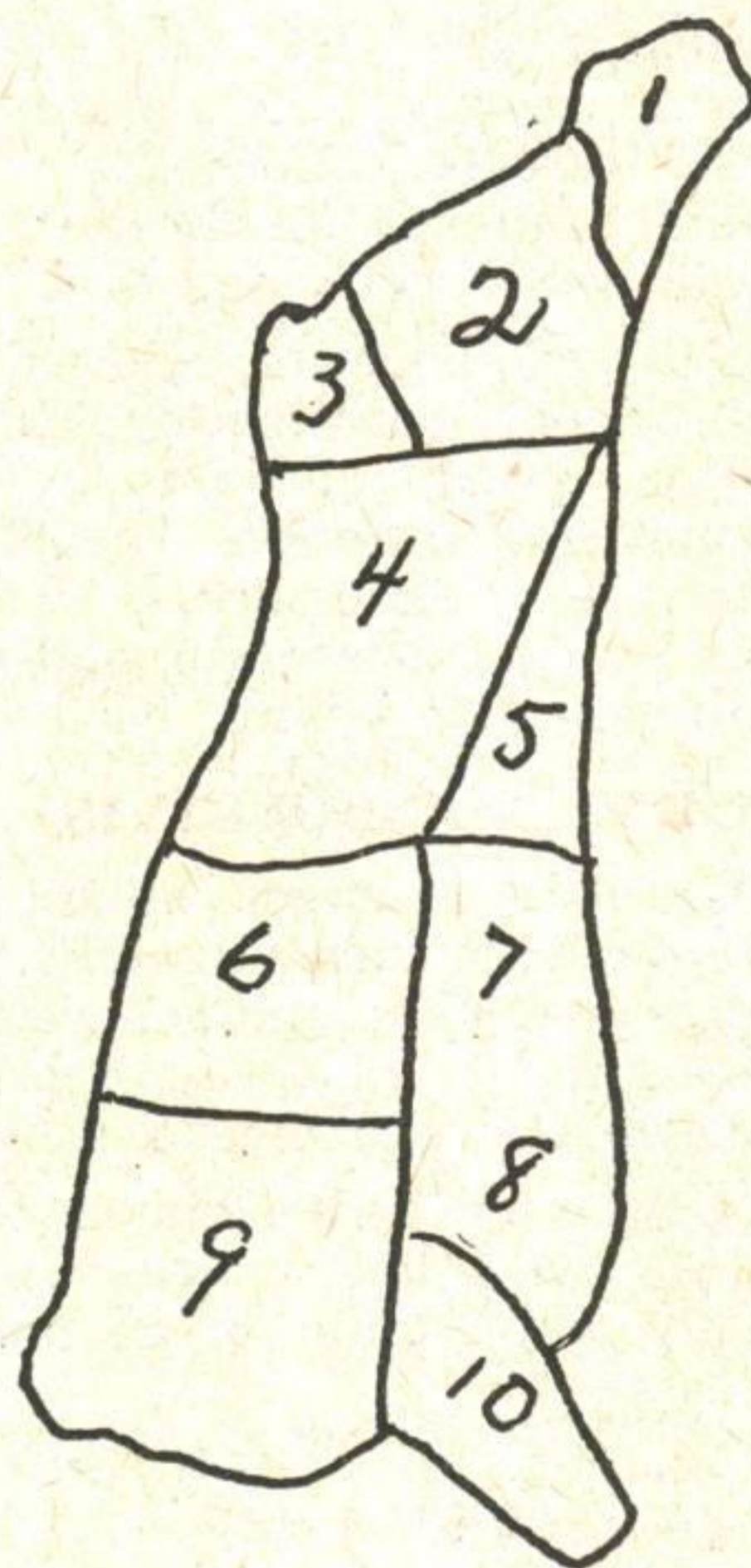
DEFINITIONS: To BRAISE is to brown meat or vegetables in a small amount of fat or oil; then to cover and cook slowly in the juices or in a small amount of added liquid. To BROIL is to cook by direct heat, and to PANBROIL is to cook in an uncovered hot skillet either greased or ungreased, pouring off fat as it accumulates.

FOOD FOR THOUGHT — A grade VII text in health Education offers the following observation, from which almost every adult may draw a thought or two. — « You will find, as is a most always the case, that everyone, and not just you, has his problems and his difficulties. And everyone wishes for something or longs to do something he hasn't yet achieved.»

A FEW FACTS ABOUT MEAT

The following diagram of a side of beef will show you just how the butcher divides the carcass of the slaughtered animal:

DIAGRAM



8. Brisket, Corned Beef
9. Chuck - Chuck Roast and Steaks
10. Shank - Stew Meats

The quick cooking meats, which comprise only 26 % of a side of beef, are: Sirloin steak, club steak, porterhouse steak, and standing and rolled rib roasts.

The remainder — the slower cooking cuts — are economical and delicious: Round steak, rump roast, short ribs, flank steaks, short ribs, brisket, chuck roast, stew meat. Hamburger is of course a ground slower cooking cut. Although it cooks quickly when fried, slower cooking in the oven or pressure cooking on the stove will improve the flavor.

New arrivals:

1. Soup bone
2. Round - Steaks and Roasts
3. Rump
4. Loin - Sirloin, Porterhouse, Club Steaks
5. Flank and Suet
6. Rib - Standing and Rolled Rib Roasts
7. Short Ribs

- Oct 21 Cpl & Mrs R.A. Jones, a son Richard Russell
 Oct 25 LAC & Mrs E.J. Matthews, a son Scott Edward
 Oct 26 LAC & Mrs J.A.R.R. Desjardins, a daughter Suzette Lynn
 Oct 23 LAC & Mrs J.J.J. Lemieux, a daughter Diane Elaine Mary
 Oct 25 LAC & Mrs A.D. Boyle, a son Jeffrey Joseph
 Nov 2 LAC & Mrs F.D. Turner, a son Frederick Charles Samuel
 Nov 2 LAC & Mrs D.R. Lanovaz, a son Daniel Andrew

● On the Guiding Front

GUESTS FROM CANADA

It has become customary, near the beginning of each Guiding season, for two qualified trainers to fly over from Canada and to conduct a course of instruction and workshops for the local Guiders and their assistants. This year's course for the One Wing Guiders (Guide Captains, Brown Owls, etc.) was conducted on Oct. 6, 7, and 8 in the library. Mrs. Joan Monteith of Kelowna B.C., and Mrs. Avis Schulz of Vancouver spent 3 days instructing Guiders and their assistants in new and approved methods of teaching Girl Guides and Brownies; passing on skills that should make Guiding more interesting for your daughters; and discussing new ideas and suggestions, and any changes in «Policy, Organization and Rules».

Since many Guiders and Guides (and especially the Commissioners) refer to the handbook of «Policy, Organization, and Rules» simply as POR's, they've left many a bewildered mother wondering. Some mothers have supposed these to be the initials of a deity, while others have only been further convinced that Guiding was part of another dimension and not meant to be comprehended by the common man.

In addition to any practical help they give the Guiders themselves, Trainers like Mrs. Monteith and Mrs. Schulz also act as Liaison Officers between Guide Headquarters and Companies and Packs on foreign soil. At a social evening held in honor of the trainers on the evening of Oct. 8 at the Mezzanine Floor of the base Rec Center, the executive and several members of the Local Association were also given an opportunity to meet the guests. Mrs. Dora Clark Jones, Area Commissioner, and the One Wing Guiders and Commissioners were present for a campfire evening and a lunch which was prepared and served by the ladies of the LA.

Although not on hand for the 3 day training, or for the goodies at the Social, the Girl Guides and Brownies are the eventual beneficiaries, since the Guiders will put into practice many of the new ideas lear-

ned as a result of their contact with the trainers.

NEWS FLASH!

Yes! the Girl Guides WILL be holding another Christmas Bazaar in order to raise money for their projects. All the articles presented for sale at last year's bazaar were proof of what young ladies are able to accomplish when given incentive. The Girl Guides will be offering many more nice articles for sale on the evening (7 PM) of Dec. 14 in the PMQ Rec Center.

REGISTRATION OF NEW BROWNIES

Girls reaching their 8th birthday should register for Brownies at the home of Mrs. Proulx at G24. Best hours for registration: 4 to 6 PM.

There are 3 Guide Companies and 4 Brownie Packs in our District at this time. Here they are listed with their leaders' and assistants' names, and a brief census.

GIRL GUIDES

«A» Company meets at PMQ's. Leader Capt. Claire Thivierge. 18 Guides.

«B» Company meets at PMQ's. Leaders Maxine Mackley and Berth Mackenzie (Captains). 18 Guides.

«C» Company meets at the base. Lea-

Dear Mother :

There are many important activities in the life of your child, but none so important as the one that you also work for and support. Your child's interest becomes keener and her work more enjoyable when she knows that you too are taking an active part. This is most true of Guiding. Brownies, Guides, and their Guiders must have your support and interest.

At this wing, we are fortunate in having adequate working accommodation, financial support and the excellent co-operation of the Air Force. This then fills our basic needs, but YOU must help too, by giving a little of your time: as a tester for badges, teaching your pet handicraft, taking part in a recreation program, or by supporting a fund raising project.

Please, inform your child's Guider of your willingness to help out. Your support can mean the difference between just plodding along or SUCCESS in our program. Do help us make this year a most successful one — for YOUR CHILD.

Thank you.

ders, Capt. Bernice Porter, and Lt. Joyce Crawley. 17 Guides.

BROWNIES :

«A» Pack (Brownies) Brown Owl Jennie Harrigan, Tawny Owl Kate Smith Snowy Owl Mary Parry. 28 Brownies. Meet at the base.

«B» Pack, Brown Owl Eleanor Mc Millan (Also holds the position of District Guider), Tawny Owl Caroline Richter. 22 Brownies, PMQ's.

«D» Pack, Brown Owl Ardis Moore, Tawny Owl Marge Dixon Snowy Owl Lucy Stickland. 17 Brownies PMQ's.

«E» Pack Brown Owl Hellen Phelps, Tawny Owl Jean Orton and Retiring Tawny Owl Thelma Lydiard who leaves this month for Canada. «Bon Voyage Thelma» and thank you for all your work on behalf the Brownies of Marville. «E» Pack has 18 Brownies and meets at PMQ's.

THE COMMISSIONERS :

This District once again has two Commissioners in residence. Mrs. Bonnie Harbidge, a Guider with wide experience, has assumed the post of Division Commissioner with Metz and One Wing in her Division.

Mrs. Dot Proulx, as new District Commissioner will be working more closely with the Guiders, and the girls and mothers on this station. Although not experienced in Guiding, she brings to her position her executive abilities and a keen will to learn quickly. District Commissioner Proulx writes the following letter to all mothers and other interested people of the community :

D. M. Proulx



Some of the other interesting sounds of the group are provided by the guiro (a gourd), the claves, the tambourine, castanets, and the cho-colo, which Chicho makes by putting gramophone needles into a tube and closing both its ends. Each of these instruments has its own characteristics, and each is essential to the authentic reproduction of Latin American music, Chicho says. Although he demands perfection from his group, and nearly always gets it, at the same time he manages to maintain a happy, relaxed family atmosphere. The Chicho Valle show is written by Alf Harris and produced by Bob Arnott and is heard each Saturday, at 8:30 p.m. on CFN.



CFN

A Station within the

Following Don Messers Jubilee, at 8:00 it's time for Red River Jam-boree, as Stu Phillips and pretty Peggy Neville blend voices in another half hour country and western fun fest.



The Chicho Valle Show heard on CFN Saturdays, endeavours to present authentic Latin American music for listeners. Chicho goes to great lengths to obtain music in the true Latin American tradition.

He insists on having four drummers in his 10-man group, so he can call for any or all of the strange percussion sounds that make music from south of the Rio Grande so savory. The tall, narrow, barrel-shaped tumbadoras (played by Dick Smith, a white Jamaican who also sings with the group), are covered with skins from the chests of donkeys, which Chicho selects personally in Cuba. Initially, they are very hard, so Chicho soaks them in a tub of water for two or three days to soften them to the drum frames. Smith also plays the bongos, which are covered with a thinner, more papery goat skin. The timbales, a pair of drums about a foot in diameter, played by Bob Reinhart, are covered in regular cowhide. The maracas (gourds filled with green coffee beans) are played by Johnny Lindon. John Niosi plays conventional drums.

The following is the material to be heard on «The Quiet Hour» at 11 o'clock Tuesday evening on the dates as listed below.

24th of November 1964

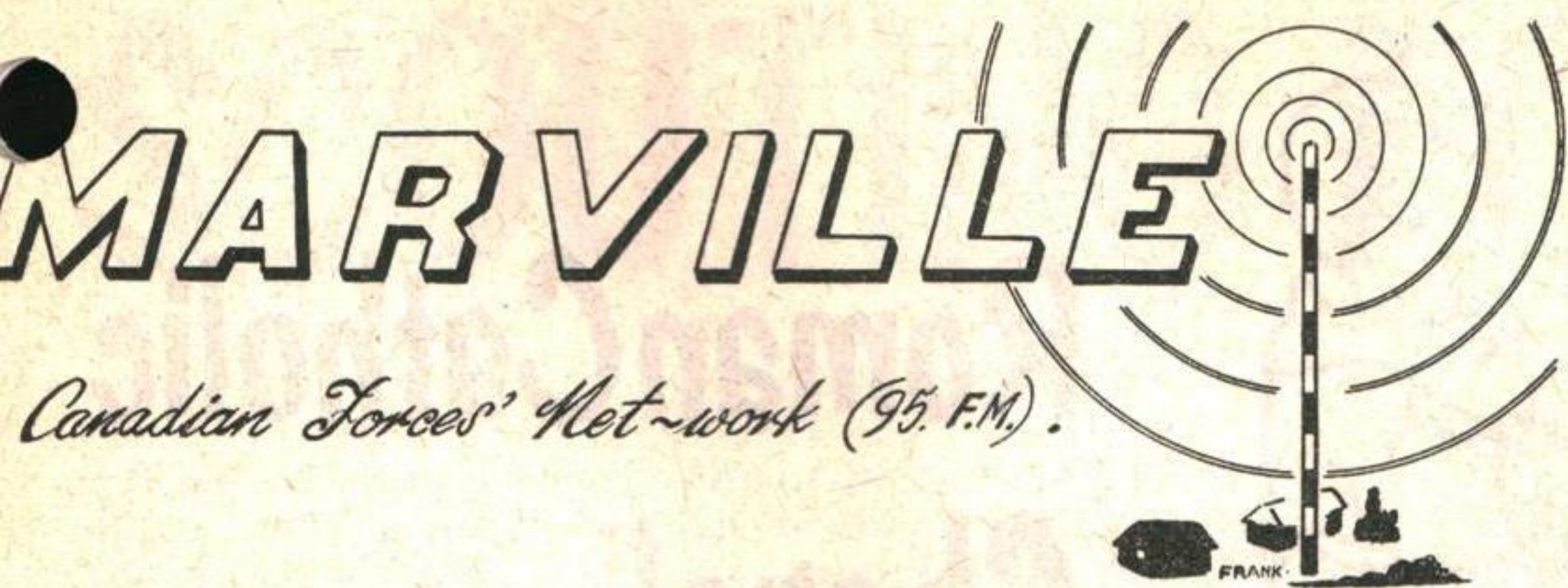
Tales From The Vienna Woods
March from «The Grenadiers»
Jealousy
Swing Dat Hammer
Theme from Exodus
Kalinka
Nava Nagila
The Happy Wanderer
La Paloma
Land Of My Father's
L'Estudiantina
Poor Boy
Annen Polka

Strauss	11.55
David Whitfield	2.25
Ray Martin and Orchestra	2.15
Harry Belafonte	4.40
Earl Grant	3.20
Red Army Ensemble	4.50
Clebanoff and his Orchestra	2.45
Obernkirchen Kinderchor	2.45
Melachrino Strings	3.20
Paul Robeson	3.00
Boston Pops	6.05
Belafonte Folk Singers	3.15
Strauss	4.15

1 December 1964

Blue Danube
La Cumparsita
Granada
Bells Of St. Mary's
Rose Marie
Saraband
The Easter Hymn
Danube Waves
One Alone
El Caserio
Climb Every Mountain
Perpetual Motion
Yesterdays
Flight of the Bumblebee
Estrallita

David Whitfield	2.25
Cascading Strings	3.50
The Countrymen	2.05
Hollywood Bowl Symphony Orch	2.25
Howard Keel	3.10
Leroy Anderson	3.05
Joan Hammond	7.35
Strauss — Boston Pops	6.55
Mario Lanza	3.35
Jesus Guirdi	5.45
Constance Shacklock	3.35
Strauss	3.00
Mario Lanza	2.45
Rimsky-Korsakov	2.25
Deanna Durbin	2.05



Hobby's and Careers

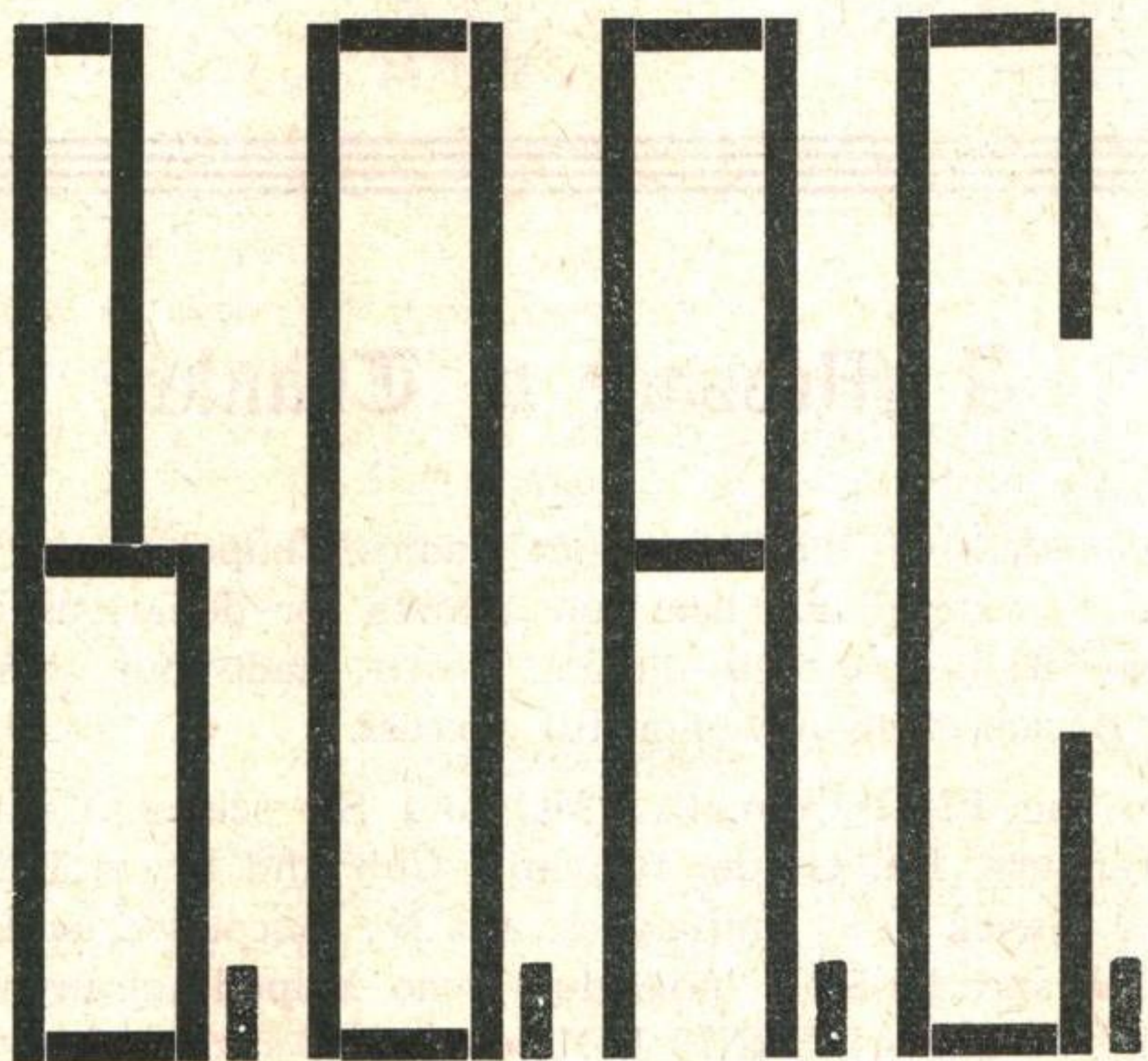
From 11 a.m. to 12 noon on Saturday the Canadian Forces Network aims its program material at listeners interested in the latest hobby hints, and, at young people interested in obtaining information on a number of different professions. Hobby Club at 11 a.m. with host Percy Saltzman, presents news and talks by experts on philately, photography, and coin collecting. Doug Patrick is the resident expert on stamps, Irving Brace on photography, and Sam Solomon on coins.

Immediately following this program, Ian De Voy, host and moderator for the series Accent on Careers, introduces the guest of the week who will answer questions from a panel of young people about the profession he represents.



DON MESSER'S JUBILEE

1 Wing's country and western music audience will welcome the return to CFN of Don Messer's half-hour of old-time music, reels, jigs, polkas, square sets, folksongs and hymns on Saturday evenings at 7:30 p.m., with Marg Osborne, Charlie Chamberlain and all the regulars.



in cooperation with Air Canada

cordially invite you to assist at a film show on CANADA, which will take place on Friday November 20 1964, at 20.00 H in the cinema hall CENTRAL at Saint-Mard.

Beautiful coloured films will be shown.

FREE ADMISSION

Protestant Chapel announcements



Roman Catholic Chapel announcements

HOURS OF SERVICE-DIVINE WORSHIP

Base Chapel — 1110 hrs Sunday
St. Mard (Protestant Church) — 1400 hrs Sunday

HOLY COMMUNION

Base Chapel — 1200 hrs, 2nd Sunday of each month
St. Mard — 1500 hrs, 3rd Sunday of each month

HOLY-BAPTISM

By appointment.

LADIES GUILD

PMQ SCHOOL — 2000 hrs, 1st Monday of each month
St. MARD-VIRTON — 2000 hrs, 1st Wednesday of each month. (Place to be announced).

SUNDAY SCHOOL and JUNIOR CHURCH

JUNIOR CHURCH

PMQ REC CENTRE — For all children 10 years and older 0940 hrs — Sunday.

SUNDAY SCHOOL

PMQ REC CENTRE — For children aged 5 to 9 (incl) 1100 hrs — Sunday.
BASE — For children aged 6 years and older 0945 hrs in Chapel (P).
For children aged 3 to 4 (incl) 1100 hrs in the Base School.
St. MARD — The Protestant Church — 1100 hrs Sunday.

STUDY GROUP

Chapel (P) — 1210 hrs every Wednesday.

SUNDAY MASSES

PMQ's 9 & 11.30 A.M.
Wing Chapel 9 & 11.30 A.M.

CONFESSIONS

Sat 4 — 5 & 7 — 8 P.M.
Before All Masses

DAILY MASSES

Mon — Wed — Thurs 12 noon
Tues & Sat 5 P.M.
Thurs 8.30 P.M.

A Message of Thanks

On behalf of the Protestant Ladies Chapel Guild, we wish to extend our heartfelt thanks for donations and co-operation so freely given, which made our annual fall Bazaar such a wonderful success.

To the PMQ Council, PMQ and Sr. school, Central Warehouse, Px, Guide, Brownie, Cub and Scout Packs, PMQ Snack Bar Employees, C.F.N., Accounts, and to EACH and EVERY individual who helped in anyway, again we say «THANK YOU».

The proceeds of this Bazaar go to many charitable efforts, Bursary Funds and Mission Funds.

Mrs G.E. Mitchell, President

Mrs Sylvia Luxton, Bazaar Convenor

SCOUTING FOR BOYS

What are the Essential Principles of Scouting? This article is an attempt to answer this important question. The aim of the Movement is summed up in Rule 1 of Policy, Organization and Rules for Canada which reads:

«The aim of the Boy Scouts Association is to develop good citizenship among boys by forming their characters; training them in habits of observation, obedience and self reliance; inculcating loyalty and thoughtfulness for others; teaching them services useful to the public and handicrafts useful to themselves; and promoting their physical, mental and spiritual development.»

The ultimate aim is character — character with a purpose, and that purpose, as stated by the founder, Lord Baden-Powell is «That the next generation be sane in an insane world, and develop the higher realization of service, the active service of love and duty to God and neighbour».

The principles of the movement are contained in the promises and law agreed to by each boy. The Boy Scout Promise is:

On my honour I promise that I will do my best —
To do my duty to God, and the Queen,
To help other people at all times,
To obey the Scout Law.

The Scout Law is:

- (i) A Scout's Honour is to be trusted.
- (ii) A Scout is Loyal to the Queen, his Country, his scouters, his parents, his employers and those under him.
- (iii) A Scout's duty is to be useful and to help others.
- (iv) A Scout is a friend to all and a brother to every other Scout.
- (v) A Scout is courteous.
- (vi) A Scout is a friend to animals.
- (vii) A Scout obeys the orders of his parents, Patrol Leader, or Scoutmaster without question.
- (viii) A Scout smiles and whistles under all difficulties.
- (ix) A Scout is Thrifty.
- (x) A Scout is clean in thought, word and deed.

THE PROMISE

The boy makes, of his own free will, a promise or oath on his honour, to serve God, his country, and his neighbour. That service is defined in the Scout Law. It should first be noted that the Promise is a voluntary undertaking. If any kind of compulsion is brought upon the boy to join the Boy Scouts, his Promise can have no moral binding force. The fact that he freely chooses to so bind himself puts upon him a personal responsibility which carries great force. Secondly, note should be taken of the words included in the Promise — «On my honour». One of our most important tasks is to develop the sense of honour in the boy. On it the whole of the

Scout's future behaviour and discipline hangs. The method of inculcating this basic virtue is not so much by precept, but by treating the boy as a responsible person who can be trusted. Trust calls forth trust. A third point to note is the sentence «I will do my best» in the opening words of the Promise. We realize how great a challenge the Promise and Law are, not only to a boy but to all of us, so the obligation is brought to a level at which the recruit can feel that hard as the job is, if he only does his best he will still be true to his undertaking.

DUTY TO GOD

Duty to God is a fundamental obligation laid on every Scout. Within the movement, the religious faith to which the Scout belongs is fully safeguarded; he is expected and encouraged to fulfill his church duties. Those Scouts who do not belong to churches are brought into touch with religious ideas by the prayers said at troop meetings, and by the Scout's Own service. No one who denies the existence of God can be a Scout.

LOYALTY

Every Scout is expected to be loyal to his own country and to serve it to the best of his ability according to his opportunities. Just as Scouting does not prescribe any one form of religion, so it does not advocate any one political philosophy; its training in good citizenship has nothing to do with political parties; it is for the adult citizen as such (and not as a Scout) to determine the form his duty to the community must take.

THE LAW

The Scout Law sets down in plain language the code of conduct which is the basis of good citizenship. It puts before the boy in positive, not negative, terms such virtues and duties, as honour, loyalty, helpfulness, friendliness, courtesy, obedience, cheerfulness, thriftiness and purity. Practical ways of making these real are provided in the life of the Troop; thus the Daily Good Turn is a beginning in forming a habit of thoughtfulness for others.

THE MOTTO

The Scout Motto — Be Prepared — is another reminder to the Scout that his Promise and Law are real things. In his training he prepares himself to be useful to others; he learns to look after himself and to keep a cool head in emergencies so that he can look after others.

THE GRIN

One essential element in the Spirit of Scouting is cheerfulness. Lord Baden Powell once said not to take ourselves «too dam seriously», and he warned that if Scouting lost its laughter it would lose its appeal and success. «Scouting», he was fond of saying, «is a game».

Ask for "The Best In The House"



Canadian Club

by HIRAM WALKER

The *lightest* whisky
in the world



BY APPOINTMENT
TO HER MAJESTY QUEEN ELIZABETH II
SUPPLIERS OF "CANADIAN CLUB" WHISKY
HIRAM WALKER & SONS LIMITED

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AND THEY WILL
SUPPORT US





Marville's Teen Town, one of the longest established Canadian teen towns overseas, has completed elections for the 1964-65 term.

Changes in the teen town Advisory Council have been made and eight adults, all parents of Teen Town members, have donated their time to fill the vacant offices. Mr. Crowe has replaced Mr. Cumberbirch, who did an extraordinarily good job, as chairman. Mr. Buchanan, another new member on the council, has become the new treasurer, relieving Mr. Robinson from his well run post. Mrs. Cumberbirch is remaining this year as liaison manager, and Mr. Brown, who is in charge of games room activities, is also staying on this year. Mrs. King is again publicity member. Mrs. Wagner is being relieved of her dual-role as social convener and chaperone by Mrs. Tomlinson and Mrs. McLeod respectively; both of these women are new to the council also. Mrs. Avant is honorary member and Mr. Phelps is representative on the Advisory for the PMQ Council. A heartfelt thank you is extended to all members of the advisory who are retiring this year. These people are remaining in a secondary advisory capacity. As of the time of printing there has been no replacement for Mrs. Burnett who has retired from the office of secretary. To these people, we are grateful for their influence and work towards the mezzanine floor, games room and

renovation job of the PMQ gym; these people are the same who have made our Teen Town a respectable meeting place instead of the organization of ill repute it was a few years ago.

There have been, so far this year, three main functions that have been organized by our new group. The 'Skate Sale' and 'Lost and Found Raffle' have been conducted to raise necessary money for the purchase of more furniture for the new mezzanine floor. The third event, which we hope to cover more thoroughly next issue was Club Casino, the very successful dance of November 7, to which One Wing's teen town invited the newly formed teen town from Metz.

Next issue there's sports coverage of teenage activities and more general Teen Beat from one wing as well as, we hope, picture coverage of Club Casino. So, be sure to get the Dec. issue of the Arrowhead!



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NEWS OF PARTNERSHIP

Volkswagen have announced an agreement with Daimler-Benz about joint ownership of Auto-Union makers of the DKW. It is understood that VW will have the majority shareholding in the old company which is famous for the racing Auto-Unions of pre-war days. Before World War Two, racing entries by Auto Union swept the board and these cars were almost unbeatable. It is well known that DKW cars have not sold as well as the makers could have hoped for and despite the major development of the two-stroke engine in which Auto-Union succeeded in separating the engine oil lubrication systems from the mixture system to an entirely conventional lubrication system, sales did not increase very much. Competition from other German giants, Ford of Cologne and Opel, have squeezed DKW sales steadily. What will happen to DKW now is not yet known but it's my guess that «Beetles» will be made in the Ingoldstadt plant.

WORLD SPEED RECORD

Recent efforts by Art Arfon's «Green Monster» powered by a GE J79 pure jet engine have raised the World's land speed record to 434.02

miles per hour and the regulations set out by the Federation Internationale de l'automobile have been altered recently to recognise pure jet engined cars provided that they are equipped with four wheels and are steered by conventional methods. Craig Breedlove's «Spirit of America» holds the World's land speed record for motor cycles, simply because his machine only has three wheels and the regulations recognise it as a motorcycle.

HOT ENGINES FOR SALE

If you have fifteen thousand dollars to spare and are determined to be first away from traffic lights, then Ford's 4.2 litre twin-overhead camshaft engine is what you should buy. This is the V8 developed by Ford for the Indianapolis races as used in the Lotus-powered-by-Ford cars there last year. Ford already have five firm orders for seven of these engines plus deposits for six more.

NEW CORVAIR SUSPENSION

Engineers and enthusiast alike are delighted with Chevrolets' new suspension system for the Corvaire which

has much better «feel» and handling than before. For the technically minded, the new suspension is much like the 63-64 Corvette set-up. Basic fore-and-aft location is by long trailing arms. The drive-shaft, U-jointed at both ends, acts as the short upper control arm in the lateral direction. Below this is a lateral link, a little longer, which pivots between the hub assembly and the final drive case, coil springs being used above both hubs. The roll centre has been lowered from 13.5 inches to 5.3 inches. Consequently, the rear camber change is greatly reduced on deflection. Camber change has been reduced from 16.2 to 8.5 degrees and the «jacking effect» that tries to lift the rear of the car under high cornering forces is eliminated.

RADIAL CORD TIRES

If you really want to get with it these days, you may have a better opportunity than you realise. Detroit is being quoted as highly enthusiastic about the new radial cord tires and are pressing American Tire makers to supply them for the sports type models being produced in

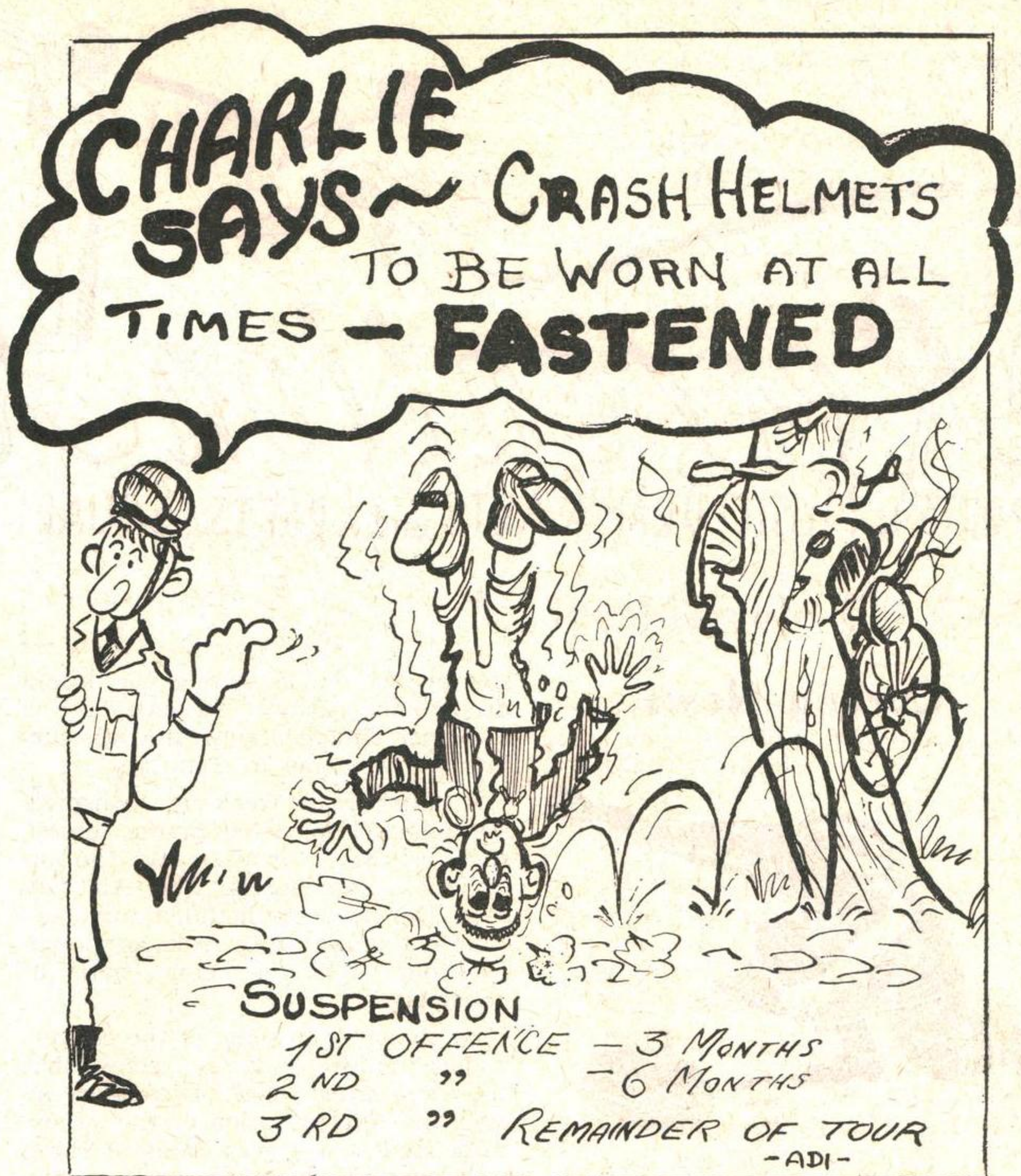


by George Hawkes

Detroit these days. However, because of the high tooling costs American tire makers are stalling, and Detroit, having made some experiments of its own, may well seek sources of supply from European tire makers who are already supplying them in large quantities. Anyone taking an American car of recent birth back to Canada might well take advantage of the situation and retire (pardon the pun) from Europe.

POWER LOSSES

In 1961, I experimented with the cooling system of a brand new Chevrolet Bel-Air six by removing the Fan blades as the fall arrived. The net result was a gain in miles per gallon and a much quieter engine. I did not put the fan back on again until I sold the car next June. Power losses by auxillary equipment such as generators, fans, power brakes and steering add quite a bit of load to any engine. Several makers have fitted various viscous couplings to fan assemblies which allow the fan to idle above certain engine speeds. More emphasis than ever is now being placed on fans driven electrically and being switched on and off by the thermostat. Dowty Hydraulics of Cheltenham, England, have now brought out a fan which feathers it's blades as the engine speed increases. The most interesting part of their announcement is the price for this device. Where other makers are asking \$30 to \$40.00 for such a fan, Dowty asks \$6.00. As a matter of interest, Jaguar found that they could reduce the power loss at maximum revs with the car stationary from 16 hp to 2 hp by using a viscous fan coupling. As a car moves forward through the air, the need for a fan is eliminated as the movement through the air causes the same



cooling effect as that created by the fan when car is standing still.

IODINE VAPOUR LAMPS

In previous issues of the Arrowhead I have mentioned the appearance of these bulbs on the market. I learn that they were originally produced for long range driving in Canada in the «Shell Cross Canada Rally».

SPOTTING A RE-CUT

Harking back to the recent uproar about dangerous re-cut tires, a reader asked if there was any way in which

re-cut tires could be detected. A tire expert says that if recutting is done with skill, spotting is difficult. There might be patches of the original tread at the edges, differing from the edges, differing from the recutting; irregularity in the new pattern; and absence of those sipings (razor slices) in the tread blocks or bands. You are unlikely to see tool marks, edges of canvas or anything like that. If they are perfectly genuine, tires on a used car are still rather dodgy. The previous owner may have been a kerb-basher, or driven fast with under-inflation, so that with good, tread there are damaged carcasses.



Recreation Section

SPORTS · MUSIC · DRAMA · ARTS and CRAFTS · SQUARE DANCING · SWIMMING ·

Curling News



The first round of curling is well under way and at this time there are a few teams still undefeated. Sgt. Johnson and LAC Fisher in «A» Division, Sgt. Turner in «B» Division, and Sgt. Allen in «C» Division all have three wins and no losses. Some of the games are being won on the last rock and a few have been real runaways.

The World Curling Championship Bonspiel will be held in Edinburgh Scotland from November 30th to December 5th. Two rinks from 1 Wing, those of Ted Lafountain and Ernie Thalman, will be going over to compete for the coveted trophy. Lots of luck fellows, and we'll all be pulling for you.

A Novelty League is being arranged and will be played on Saturday when ice is available. This will be a challenge league with the winners mov-

ing up the ladder while the losers drop to the bottom. The entry fee is \$1.00 per rink per week and all curlers are welcome to come out.

A number of week-end bonspiels are planned for later in the season, such as the inter-mess and the individual mess spiels. The Air Div Play Downs are scheduled for some time in January, so it looks as though everyone will get their share of bonspiels.

By listening to some of the conversation in the rink it seems that there's a great deal of controversy over the interpretation of the «Long Slide Rule.» Is it permissible to stand step over the hog line, or must the person come to a stop before standing up, or should he stand up and pause before stepping over it? The rule states that no part of the person's body shall cross the line in an uninterrupted motion. The player shall come to a stop and shall not leap over or slide over. In my opinion, any person standing up and stepping over is considered to be coming to a stop and this is certainly interrupting his sliding motion. Most people are in agreement that this rule is entirely unnecessary since the old rule stated that the rock must be released before the sliding foot crossed the hog line. Once the rock is released, the player sliding along behind the rock has absolutely no effect on the progress or direction of the rock.

Enough of this rules business. In curling it's «Not whether you won or lost, but how you played the game.»

Swimming

Since the last publication of the Arrowhead, there have been some changes made in the Swimming Schedules. Keep this schedule for future reference :

MONDAY

- 1330-1500 - Ladies «Learn to Swim» Classes
- 1530-2000 - Intermediate classes
- 1800-2000 - Open Swim
- 2000-2100 - Adult «Learn to Swim» Mixed Classes

TUESDAY

- 1330-1500 - Ladies «Learn to Swim» Classes
- 1530-1700 - Junior Classes
- 1800-2100 - Open Swim

WEDNESDAY

- 1530-1700 - Senior Classes
- 1800-1900 - Open Swim
- 1900-2000 - Bronze Classes
- 2000-2100 - Award of Merit Classes

THURSDAY

- 1530-1700 - Intermediate Classes
- 1800-2000 - Open Swim
- 2000- - Scuba Club

FRIDAY

- 1500-1700 - Open Swim
- 1800-2100 - Open Swim

SATURDAY

0900-1300 - Beginner Classes
1300-1700 - Open Swim

SUNDAY

1300-1700 - Open Swim
1800-2100 - Open Swim

Notes of Interest

All childrens swim classes are running at full capacity and will not be taking on any new swimmers. There is still room in the Adult classes, so if you are interested, turn out at the times listed and make your own arrangements with the Instructors.

5BX

During the last month or so the Rec Center has been passing out 5BX booklets for the annual fitness test. In the past, many forms of testing have been used without satisfactory results. This year by using the Air Force devised training, and by going a proper administrative job, it is hoped the results will be different.

Contrary to popular opinion these yearly tests are not dreamed-up by the Rec Staff's to put anyone through a torture chamber, but rather to remind him that he should be fit. Air Force personnel owe it to themselves, the Air Force, and their buddies to be fit.

There are many ways of staying fit, through exercise and sports, but as not everyone has the time or ability to participate in sports, year round, some quick easy form of exercise must be used. Thus the Air Force devised 5BX. All that is needed is patience and eleven minutes per day. It's easy so try it. Remember testing begins in early January so get ready, actually you should be ready now, ARE YOU?

Hockey

Hockey Standings : ARROWS

NAME	GP	G	A	PTS	PIM
Harder	3	5	4	9	2
Deschenes	3	3	4	7	4
Durst	3	4	1	5	2
Tobin	3	1	1	2	12
Newport	3	0	2	2	6
Rathushniak	1	1	0	1	0

INTERSECTION

Nicholson (ARO)	3	2	6	8	4
Saudie (COMB)	3	6	1	7	0
Watt (COMB)	2	5	2	7	0
Baskerville (ARO)	3	5	1	6	0
Dodd (ARO)	3	4	2	6	2
Freeman (COMB)	3	3	3	6	2

INTER MESS

Boutet (CPL)	3	5	4	9	0
Flemming (OFF)	3	6	1	7	2
Harrington (OFF)	3	5	2	7	2
Little (CPL)	3	3	4	7	0
Shaw (SR NCO)	3	5	1	6	0
Whyte (SR NCO)	2	5	0	5	0

ARROW NOTES

On Sunday 1 Nov the Arrow hockey team put on a crowd pleasing display of hockey, as they overcame a 4-1 deficit to force a 5-5 tie with the visiting team from Helsinki Finland.

The Arrows forechecked, backchecked and threw their weight around in a manner that hasn't been seen on this unit for the past two years.

The line of Durst, Harder and Deschenes forced the play everytime they were on the ice. Except for the exceptional goaltending of Helsinki the score would have been well in favour of the home team.

The show the Arrows put on makes

the fans wonder if possibly the Arrows might not do as badly in the Inter Wing competition as expected.

HOCKEY TICKETS ADVANCE SALE

Tickets are sold at the Wing Travel Bureau during business hours Monday to Friday 0830 to 1300 and 1400 to 1700 hours, two days prior to all Wing and International Games. All seats are reserved — get your tickets at the Travel Bureau and avoid lining up in the cold. By picking early you have the choice of any seat in the Arena.

The Marville Car Club

The Marville Car Club held a rally on Sunday, the 8th of November, with the following results:

1st place - F/O Margret Hearn and W/C Bob Edwards in a Triumph Herald with a score of 8 points. This was their first rally.

2nd place - Dolly Thompson and LAC Bill Thompson in an Anglia. These two are seasoned rallyists.

3rd place - 2nd Lt. Andrew A. Kayser and his navigator Robert Petit from Verdun in a Porsche.

While we had a good turnout, we would welcome more people to our events. The next one is planned for the 29th, and full particulars will be advertized on CFN.

I have been asked by many people if the Marville Car Club is an auto club, and if it isn't, why we don't have an auto club. The answer to this is — It is not an auto Club, and I don't know why we haven't one. I know that many stations in Canada have Auto Clubs, and it seems to me that we should have one here in Marville.

To those people interested, I suggest that you write to the Editor of the «Arrowhead.» I'm sure that if enough letters are received, the matter will be investigated.

DOUBLE CLUTCH

How Much Will You Earn In The Next Few Years ?

EARNINGS PER MONTH	EARNINGS FOR			
	5 YEARS	10 YEARS	15 YEARS	20 YEARS
\$200	12,000	24,000	36,000	48,000
300	18,000	36,000	54,000	72,000
400	24,000	48,000	72,000	96,000
600	36,000	72,000	108,000	144,000
1000	60,000	120,000	180,000	240,000

NEGOTIABLE WITHOUT CHARGE AT ANY BRANCH IN CANADA (FAR NORTHERN BRANCHES EXCEPTED) OF CANADIAN IMPERIAL BANK OF COMMERCE, THE ROYAL BANK OF CANADA, BANK OF MONTREAL AND THE TORONTO - DOMINION BANK.



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How Much Will You Keep ?

For about Dollar 1.00 a day — THIS COULD HAPPEN TO YOU!

In 1958, at the age of 23, this dry goods salesman decided to set aside a part of the salary portion of his income to supplement his company pension plan. He purchased a \$10,000 face value Investors Syndicate instalment certificate.

Assuming that additional credits continue to be credited to his certificate at the rate the Company is presently paying, a maturity cheque of \$11,300.80, similar to the one above will be delivered to him in 1978 — a total gain of \$4,072.80.

All through the lifetime of the plan, he will have an ever-increasing amount of opportunity, or emergency money to back him up. The maturity amount could then be used for anything money can buy or be turned into a profitable annuity.

For further details at no obligation : Contact

Cpl. Bud Lewis local 169
Mrs Elva Lewis Maple leaf Caravan site No. B4

Cpl. Lorne Dunham local 205
Mrs Lois Dunham Maple Leaf Caravan site No. E 18

on the lighter side

I was certain some of my students didn't have the slightest understanding of geometric concepts until I overheard a couple of the rocks in the cafeteria one day.

«That guy Betty Jane's going around with is a real square,» said one.

«Nah, he's a rhombus,» countered the other.

«Huh?»

«A rhombus. You know — sort of a square that's out of kilter.»

★

A clergyman received a phone call from the local income-tax man inquiring about a \$535 contribution listed as having been paid his church by a parishioner. «Did he make this donation?» the tax man asked.

The clergyman hesitated, then replied: «No — but he will, he will.»

★

Comedian Joe E. Lewis was thanking a friend for a race tip. «You said it was a great horse and it was,» he said. «It took 11 other horses to beat that horse.»

★



It's the only way I can make it home in time for Lunch!

Mrs. Dexter Fellows, widow of the well-known circus press agent, tells about the time her husband was traveling with a troupe in a Western city and a lion escaped. A posse was hastily formed to track the beast down, but before the search began, the men stopped at a saloon where they all ordered drinks. All, that is, but Fellows. «Oh, come on,» he was urged, «have a drink with us.»

«Not me,» Fellows said in a shaky voice. «Whiskey gives me too much courage.»

★

While on vacation in Maine, a schoolteacher hired a local farmer to drive her to the various points of interest around the country. He pointed out the landmarks, at the same time giving extraneous information about each building, monument, etc. Finally, the teacher said, «It won't be necessary for you to talk.»

When her bill was presented there was an extra charge of one dollar. «What's this for?» she asked.

«That,» replied the farmer, «is for sass. I don't often take it, but when I do — I charge for it.»

★

All evening long four card players had been pestered by a kibitzer. When he went out of the room for a moment, they hit on a plan to silence him. «Let's make up a game no one ever heard of,» one of them said. «Then he'll have to shut up.»

The kibitzer returned. The dealer tore two cards in half and gave them to the man on his left. He tore the corners of three cards and spread them out in front of the man opposite him. Then he tore five cards in quarters, gave 15 pieces to the man on his right and kept five himself. «I have a mingle,» he said. «I'll bet a dollar.»

«I have a snazzle,» the next man announced. «I'll raise you a dollar.»

The third man folded without betting and the fourth, after due deliberation, said, «I've got a farfle. I'll raise you two dollars.»

The kibitzer shook his head vehemently. «You're crazy,» he said. «You're never to beat a mingle and a snazzle with a lousy farfle!»

★

A not-so-loyal Texan we know has a job in the southeastern part of the state. One day, in preparation for a trip to the western border, he was sitting in his office pouring over road maps. A co-worker was looking over his shoulder.

«Just think of it!» the latter said proudly. «You're going to drive 650 miles and you'll still be in Great Old Texas. Where else in the world can that be done?»

«Well,» drawled our Texan, «there's Siberia.»

★

At the conclusion of a concert two ushers were applauding harder than anybody else. People seated nearby smiled appreciatively at the two music lovers — until one of them stopped applauding and the other one was heard to say, «Keep clapping, you dolt! One more encore and we're on overtime.»

the mart



ARROWHEAD CLASSIFIED ADVERTISEMENTS

NOTICES

WILL ADVERTISERS WHO HAVE COMPLETED THEIR TRANSACTIONS, OR WHO OTHERWISE WISH TO WITHDRAW AN ITEM FROM THE «MART» PLEASE CONTACT THE ARROWHEAD OFFICE. OTHERWISE AD WILL BE RE-PUBLISHED. THERE IS NO CHARGE FOR ADVERTISEMENTS SUBMITTED BY ARMED FORCES PERSONNEL AND THEIR DEPENDENTS.

All Canadian Personnel are cordially invited to attend a film on "CANADA," to be shown at the "CENTRAL CINEMA," in St. Mard, Belgium, on the 20th of November at 2000 hrs.

ADMISSION FREE

RE AD CANCELLATIONS : The easiest way to cancel and ad in the magazine is to remove it from the bulletin board in the PX lobby and to write «SOLD. CANCEL» anywhere on the card, then drop it into the ARROWHEAD box located near the door of the barber shop. This box is emptied daily during the 3 days prior to deadline.

THE NEXT DEADLINE : Nov. 20 — Noon.

Faced with a drinking problem ? Alcoholics anonymous can help you. Call: Loc 16. Weekly meetings are held in building 15 room 2, (Use CFN entrance) every Thursday evening at 19:30 hours.

WANTED ITEMS

Wanted : 2 kitchen chairs, suitable for trailer. Contact : Sgt. Jack Allen, Local 150, or Eagle Tr. 92.

WANTED - New and Second hand furniture of all types for Metz Area. Contact Housing Officer, at Metz, Local 95.

CARS FOR SALE

1963 Austin «Sprite», only \$1195.00. Contact Cpl. ET Wright, local 139 or PMQ D-73.

1960 Peugeot 403 Saloon, Excellent condition, recent engine overhaul, new clutch and brakes relined. \$725.00. Contact : F/L Scholes, Local 44 or PMQ B-11.

1960 Volkswagen 1200, in good condition, w/camping model 1962 Holivan Junior, furnished. Both for \$1200.00 or best offer. Contact : LAC Ouellett Local 239, or No. Eagle Trailer Park.

1959 Simca V8 Sedan, See Cpl J. Teahan, ASO, Local 99.

1963 Volkswagen 1500, Red station wagon. 19,000 miles. Reason for selling : buying larger car. As new condition. Price : Only \$1,350. Contact : Sgt. George Hawkes, Air Div HQ L 98r2.

Porsche 1600. Blue in colour, good condition. \$750.00 1 yr. insurance. Contact LAC Fisher, BB - 16. Room 31 or ARO Maintenance. 1 hanger. Local 111 or 87.

1959 Opel Station Wagon, in good condition. Insured until July 1965. Can be seen at the MSE Section or PMQ B-111. Contact Lac Nagel.

1961 Ford Galaxie, Black with Red and White Interior. 8 cylinders. Radio, heater, air conditioner, Cruise-o-matic Drive. Power steering. This car is in immaculate condition. Price \$1400.00. Contact Sgt. Baker PS. Local 139, PMQ. F-13.

1961 Volkswagen 1200 Deluxe. Blue in colour. 8 Months insurance, Seat covers and floor mats. Michelin X tires. Contact LAC Knox Davidson. T-33 Flt. or Local 204.

1961 Studebaker Hawk, V-8, Automatic, Radio, bucket seats, W/S Washers. New tires, battery, brakes. 39,000 miles. Contact : Cpl T. Proulx, Local 168 or PMQ G-24.

1952 Citroen, black, good motor, 5 good Michelin «X» tires. Needs a good tune up and a little work. \$40 or best offer takes it. Can be seen at MSE section. Contact Cpl. Cook or phone L 170.

1962 Anglia Station Wagon. This car is in excellent condition. 4 new Michelin X tires, plus a good spare. New brakes, radio and heater. Price \$650.00. Contact LAC Taylor, Local 229-2 or may be seen at B-7 Maple Leaf Trailer Park.

TRAILERS FOR SALE

WILLERBY trailer with large extension. On 110 x 30 ft lot, lot rent \$5.00 per mo. 3 bedrooms, large kitchen, wood panelled living room, tiled Bathroom w/shower. Completely furnished, hot water, Hoovermatic washer, 9 cu ft fridge, Ample cupboard and storage area. Landscaped, cement walks, large garden & fence. Fire insurance valid until September '65. Located 4 miles from Station, Trailer Court No. 15, behind stone wall at Ire-les-Prs. Contact: Cpl. Carmichael, Safety Equipment, Local 88 or see at location.

TRANSFERRED TO COLD LAKE? Do you wish to purchase a NEW mobile home, any size and completely furnished, available on arrival? For further details, Write: Cpl. R.J. Carlyle, Box 423, Grand Centre, Alta Canada, or LAC G. Edwards, Box 1002, R.C.A.F. Station, Cold Lake, Alta, Canada.

Coming to Cold Lake? Why not buy a house trailer and live in it at the Wildwood Trailer Park in Grand Center, just 3 miles from the base? If interested, write to Cpl. A.I. Atrill, Box 1301, R. C. A. F. Station, Cold Lake, Alta.

CAMPING TRAILERS FOR SALE

One Happy Camping Trailer, Tent Type, sleeps 7. Equipped as follows 2 camp cots, large ice box, 2 camp chairs, gas light, extra gas cartridges, large table, 2 burner propane stove. Propane bottle and regulator attached to trailer. Thick foam rubber mattress, spare wheel. If interested, contact Cpl. St. Pierre at Local 138 or Trailer D-3, Maple Leaf Trailer Park.

MISC. ITEMS FOR SALE

1 - 500 watt 2 plug transformer, \$6.00, one window clothes rack, \$1.00. Contact: Cpl. J. Dagenais, Local 94 or Trailer No. 49, Eagle Trailer park.

One Scalextric model car racing set, transformer included, extra track, can be sold with set or separate. One Ladies Hudson Bay coat, condition as new. Contact Mrs Scholes, PMQ B-11.

Upright piano, suitable for student practice. May be seen at 25 Rue Ribonnet, Virton or Call Sgt. Hawkes, Air Div. 98 r 2 or 225.

Baggage trailer, Contact Cpl. Pack, Local 28.

Tow Hitch for Peugeot 404, complete with ball and electrical plug. Contact F/L Fournier, Local 170.

Two Radios. One Phillips DeLuxe radio like new, 110 or 220 volts, table model, size 14 x 7 x 8. and Braun Portable transistor, Bracket speaker for car. Both Radios go for 50.00. Contact: Cpl. Wright, local 139 or PMQ D-73.

Crown Zoom 8 mm Movie Camera, w/leather case, pistol grip and lens filter, as new, Price \$50.00. Contact: LAC Johnson, Local 99 or 4 Rue de Virton, Lamorteau, Belgium.

Canadian Girl Guide Uniform, size 14, Girls brown winter coat, size 12 Girls Blue Party dress, size 12, White Ballet Costume & ballet shoes, age 12, one pr. boy's skates, size 8, One pr. boy's skates, size 3. Contact: Paul Casgrain, Local 152 or D-10 Maple Leaf Trailer Court.

One pr. Girls figure skates, good condition. Contact: Connie Proulx, Grade 9A or at PMQ G24.

Decca Stereo Record Player, Walnut finish, in good condition. Contact: Sgt. Antonette at Local 225.

Large Scalextric Set. 60 to 70 ft. of track. 4 cars and hand throttles. Lots of accessories. Only \$60.00 (for \$90.00 worth of gear). Sgt. Baker Local 139, PMQ F-13.

1 Kelvinator Refridgerator, less than 1 month old. 44 x 22 x 22. inches. 220 volts. \$85.00. Contact: Cpl R.G. Arakelian, 601 Sqd, Local 117 or 10, Rue de la Gare, Montmedy.

1. Reflector type heater 220 volts — \$5.00. — 2. 1500 watt transformer — \$5.00. — 3. Automatic toasters — like new — \$10.00. Contact: Cpl. Bussieres Loc. 28.

APARTMENTS FOR RENT

Furnished Apartment: in Montmedy. \$60.00 or 300 NF. Large bedroom, living - Dining Room, kitchen bathroom. Available 26 October 1964. Contact: Cpl R.G. Arakelian, 601 Sqn, Local 117. Or 10, rue de la Gare, Montmedy.

Furnished apartfent: Kitchen, living room, 2 bedrooms, bathroom. Central heating, garage and garden. Maurice Glaudot, 51, rue de Virton, Meix-devant-Virton.

Furnished house in Izel, Belgium (near Florenville). Has Kitchen with refrigerator, 3 bed rooms, bathroom, 2 toilets, veranda. Very comfortable, with central heating (coal) and hot and cold running water in all rooms. Contact: M. Jeanty, Telephone (061) 313.36 in Florenville, or (063) 201.91 in Fauvillers. (122)



Forthcoming Attractions

Wednesday 18 Nov. 1800 and 2030 hours

Rififi

« X » Jean Servais, Carl Mohner, Magali Noel

Thursday 19 Nov. 1900 hours

Billy Liar

Cinemascope

« A » Tom Courtenay, Julie Christie, Wilfred Pickels

Friday 20 Nov. 1800 and 2030 hours

Saturday 21 Nov. 1900 hours

The Beauty Jungle

CinemaScope — Technicolor

« A » Ian Hendry, Janette Scott, Ronald Fraser

Saturday 21 Nov. 1345 hours CHILDREN'S MATINEE

Heights of Danger

Sunday 22 Nov. 1800 and 2030 hours

Pinocchio

Technicolor

« U » Full length Disney Cartoon

Monday 23 Nov. 1900 hours

Tuesday 24 Nov. 1800 and 2030 hours

Kiss of the Vampire

EastmanColor

« X » Clifford Evans, Jennifer Daniel, Noel Willman

Wednesday 25 Nov. 1800 and 2030 hours

Thursday 26 Nov. 1900 hours

Woman of Straw

EastmanColor

« A » Sean Connery, Gina Lollobrigida, Ralph Richardson

Friday 27 Nov. 1800 and 2030 hours

Saturday 28 Nov. 1900 hours

Sunday 29 Nov. 1800 and 2030 hours

Drylanders

Superscope

Frances Hyland, James Douglas, Mary Savage

Saturday 29 Nov. 1345 hours CHILDREN'S MATINEE

Top of the Form

Ronald Shiner, Harry Fowler

Monday 30 Nov. 1900 hours

Tuesday 1 Dec. 1800 and 2030 hours

The Bargee

Techniscope-Technicolor

« A » Harry H. Corbett, Hugh Griffith, Eric Sykes

Wednesday 2 Dec. 1800 and 2030 hours

The Mind Benders

« X » Dirk Bogarde, Mary Ure, John Clements

Thursday 3 Dec. 1900 hours

Clue of the Silver Key

ALSO

Man Detained

« U » Bernard Lee, Lyndon Brook

Friday 4 Dec. 1800 and 2030 hours

Saturday 5 Dec. 1900 hours

The Finest Hours

Technicolor

« U » Dramatic Documentary

Saturday 5 Dec. 1340 hours CHILDREN'S MATINEE

Penny Princess

Yolande Donlan, Dirk Bogarde

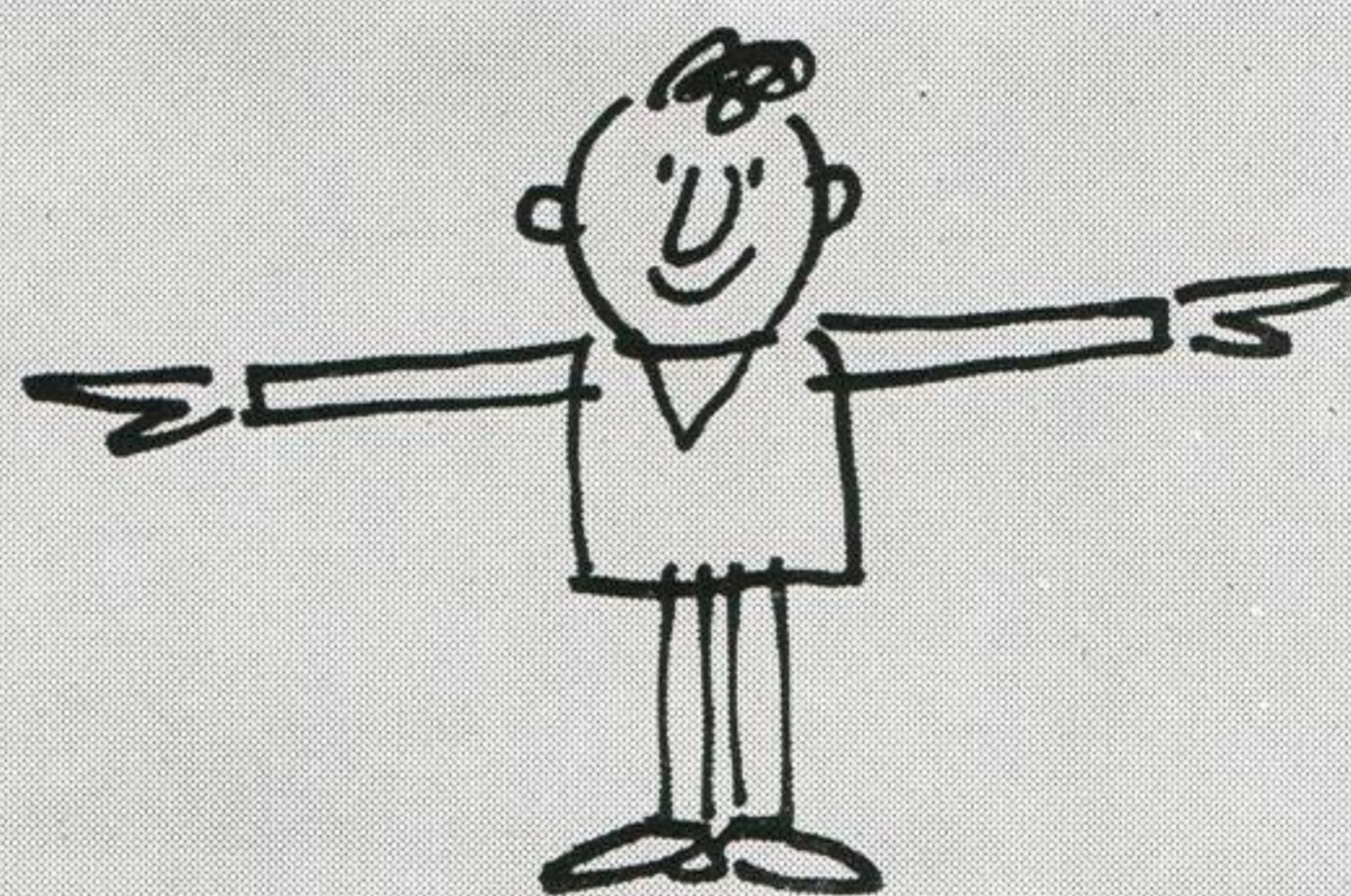
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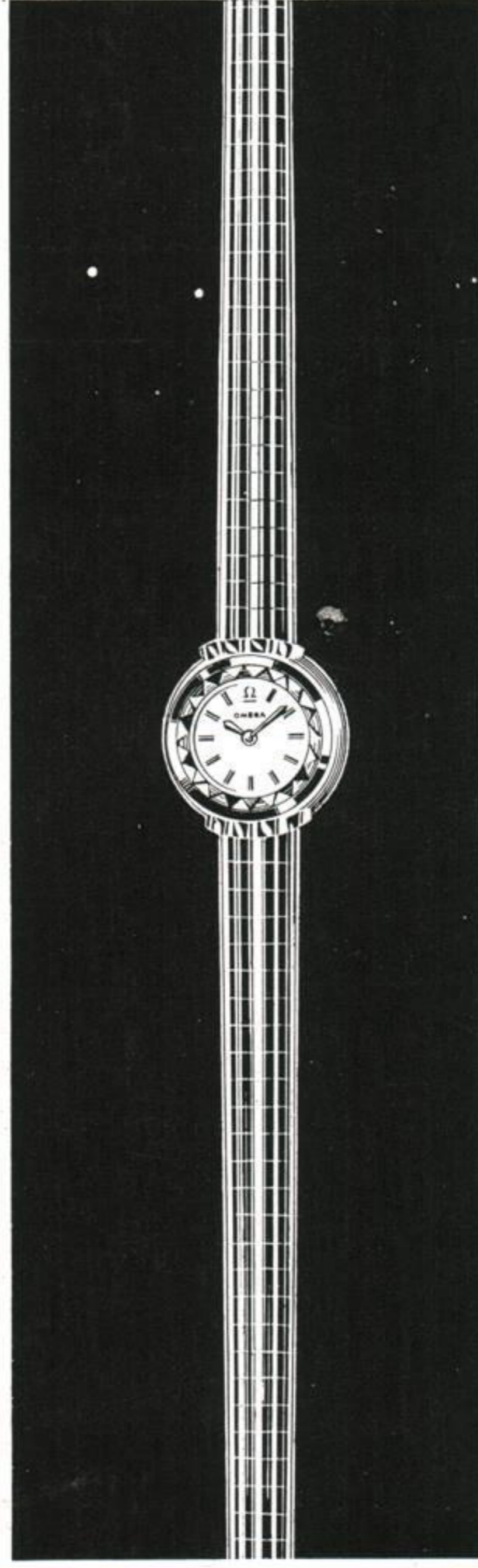
Omega Sapphette - 10956
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Omega Sapphette - 10657
Fancy rectangular 18 ct. yellow gold watch. Faceted sapphire crystal; gold applied hour markers.



Omega Sapphette - 17071
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Omega - 11070
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