

LETTERS TO THE EDITOR

The following letter has been received from our SMO in reply to the enquiry on a PMQ nurse which was published in the last issue. This sums up the present situation and our thanks go to the SMO for the promptness and completeness of his reply.

Editor
Arrowhead Tribune

PMQ Nurse
Article by "Hutch"

The provision of medical services at P.M.Q. site is a matter which has been frequently considered since this station opened. The question is worthy of consideration and I will try to give you a short appreciation of the reasons for and against such a move.

PMQ Nurse:-

- (a) An apartment - 2 bedroom ground floor might be allocated, one bedroom of which could be an examination room and dispensary. A telephone would be installed. However, it is unlikely that an apartment would be given over to this use.
- (b) A nurse, like other average people, likes to work an eight hour day, with six days off per month, all statutory holidays, and annual holidays. For this time basis, \$8.00 per day would be expected. Overtime for Canadian nurses is paid at time and half.
- (c) Nurses are not trained to take responsibility in clinical judgement and you can be sure that most cases of high fevers, almost all wounds except scratches, will be referred to the Wing Infirmary. The nurse would however be able to do superficial routine examinations of school children, but this is not the main issue.

PMQ Doctor:-

- (a) None of the four doctors on strength of this unit will be spared to deal with the PMQ site. We have our jobs here, and we function best with the backing of our laboratory and other hospital facilities.
- (b) The employment of a private doctor by the PMQ council would be a far more realistic idea than having a nurse. However, the RCMP will not authorize such a move, and French legal barriers would have to be overcome, quite apart from the cost of keeping the job attractive.

One possible alternative is to rally the dependent wives, who are registered nurses, into a voluntary group to take turns to act as duty nurse. This is, of course, rather such to expect.

So we are left, on our uppers, with nothing but the Wing Infirmary. Well let us see if we can't make the most of what we have.

There is a doctor on duty 24 hours a day at the Wing Infirmary. We can send an ambulance for any seriously ill patient or where other transport is difficult to provide. If you drive in, you spend only 20 minutes doing so.

Please bear in mind that during the night parents become worried more easily with a sick child. They lose their nerve with the darkness. If you, or your child, are ill, come during the day when you will receive better attention and our facilities are more available. We have so many cases of people arriving after midnight with a child who has been obviously ill for two or more days. Don't wait till you're desperate; come at a reasonable hour. Your child will benefit and the doctor will be better able to give you service.

Letters (Cont'd)

If a child is suffering from a high fever then don't hesitate to use a tepid sponge on the limbs and pat the skin dry with a towel. You will bring the temperature down a point or two.

We want to help you and we know that if you arrive at some odd hour it is because you are worried. It is very rarely that a sick child can not be transported to hospital, provided it is wrapped up well.

To sum up, the employment of medical help at PM3' site is not practical, nor within your means. Make better use of the facilities that exist by coming during the daylight hours if possible, but if at night we will do our best for you anyway.

Dear Editor;

In the last issue we had a word of advice from the Housing Office on controlling moths. We agree wholeheartedly on their suggestion of a one and all fight continually.

However, recently families being posted back home, are being charged with moth damage. If this is true, we feel that all our extra work in spraying, moth-ball crystal and bombing is in vain.

Since the severity has been brought to the suggestion of an exterminator - if approved - they must realize the situation is "GRIM".

A suggestion, in the meantime, would be appreciated as to what to use under the baseboards and in the floor-cracks. These are places where sprays don't last long enough and crystals are too risky where there are small children.

Residents of "D" Block

Reply by Housing Officer:

Moths Again:

I will try to answer these queries. Charges have been made against tenants for moth damage but in most cases charges have been of a minor nature only. However, if there is evidence that proper care was not taken to protect the blankets, etc, then, of course, the charge is increased. Goods which are stored must be properly protected either in a moth-proof bag or protected by mothballs or crystals. There is no use mothproofing items that

already have the eggs or worms on them so prior to storing they should be thoroughly washed or cleaned. The reason that an "exterminator" has been approached is to help the occupants of PM3 if possible. Basically this is your problem and mine and I personally feel that Air Division will turn down our request for authorization of this work. However, there is no harm in trying and the effort will be made as soon as a price is submitted.

The exterminator would use crystals in the cracks and spaces around the baseboards while the PM3 was occupied. These crystals are evidently much more potent than we are able to buy and are not available on the open market. Spray and crystals are the only means I know of killing moths and larvae in cracks and under baseboards.

HOUSING NEWS

Redecorating PM3

A tentative date of 1 Jun 59 has been set to commence painting of PM3 at this wing. Although the contract has not yet been signed the following arrangements are being made to ensure no delay will ensue when the contractor is prepared to move in. Entrance 11 of "B" Block will be cleared prior to 1 Jun and these apartments will be used as transient quarters for the period necessary to complete painting of all PM3. Entrance 11 "B" Block will be painted first and when completed occupants of "D" Block entrance 1 will then move in for a period of approximately 12 days. As apartments are completed former occupants will be moved back in and occupants of the next entrance will take over. It is expected that it will take 12 days to complete each entrance. This will include soaking and scraping off the paint on ceilings and walls and painting the entire apartment with at least 2 coats of oil paint. In addition the complete entrance-way will also be repainted with a durable plastic base paint.

During the period when apartments are being painted it will be necessary to remove all clothing and dishes from cupboards as they are being painted inside and out. Boxes will be provided for storing clothes etc during this period and security

Redecorating (Cont'd)

of personal belongings will be the responsibility of the occupant. It is hoped that extra space may be found for storing goods temporarily. Transient apartments will be provided with sheets and dishes for use of the temporary tenant.

I can imagine that by the time you have read this far you have thought of ten or more better ways of painting PMQ. However, after many discussions and a meeting at 1 Air Division with representatives from Air Div and 2 (F) Wing it was decided that the method as outlined was the only feasible way of assuring continuous work for the contractor. This system will allow a maximum number of apartments to be available at one time to the contractor and will also mean that the entrance-way itself will be free for painting. Many people will, I am sure, attempt to arrange their leave for the period during which their apartment is being painted. Leave during this period is a good idea but it will be necessary to ensure that the apartment will be prepared for painting on the scheduled date and that a key is left at the Housing Office if leave is taken prior to commencement of painting that particular apartment. A painting schedule will be drawn up and revised as work progresses and a definite pattern is established.

Authorities at Air Div HQ advise that they are working for a contract which will make the contractor responsible for moving all furniture etc into the most convenient location in the room with drop sheets covering furniture and floors. It is also expected that the contractor will be responsible for cleaning floors and furniture after painting is completed. Air Div are hoping further to have a clause inserted making the contractor responsible for waxing and polishing the floors prior to hand-over to the tenant.

This is a big undertaking and it is anticipated that it will take at least 21 months to complete painting of all PMQ. Your cooperation and assistance as required will do much to ensure that the job is completed in the shortest possible time with the least inconvenience to all concerned.

Your Housing Officer

BUS SERVICE

The following French civilian buses are now operating, in addition to the regular schedule. In effect there are now two buses at these times:

- Friday - 2100 hrs - Base to PMQ
- Saturday - 1300 hrs - PMQ to Base
- 1545 hrs - Base to PMQ

PARKING - PMQ

Vehicles are not to be parked or stopped on the sidewalk, areas between the sidewalk and PMQ or on any grassed area. Proper parking areas are provided for the use of occupants of each building and these areas are to be used exclusively. If parking space is available in the areas provided cars may be parked parallel to the curb but not on the sidewalk. Cars parked in this manner are to be moved at the earliest opportunity to the proper parking area. Car washing and minor repairs may be carried out within the parking areas only but all equipment etc must be cleared on completion of job. Major repairs are not, under any circumstances, to be undertaken in the PMQ area.

PUBLICATION DEADLINE

FOR NEXT ISSUE

13 MAR 59

Pass your contribution to Central Registry or place it in the Arrowhead Box outside the Housing Office in PMQ.

PMQ COUNCIL

Last meeting of present Council

Monday 9 Mar 2015 hours
in small school

Your attendance is invited

DOLLAR A MONTH CLUB

There follows a list of PMQ occupants who have authorized a contribution of \$1.00 a month. Unfortunately this was omitted from the last issue.

It will be noted that membership is only about 50%.

For the reasons already stated, unless 80% participation is achieved immediately this proposal will be dropped by your council. This is not an ultimatum - just a statement of fact!

Adair	AA	WO2
Adair	WB	F/L
Albee	EB	LAC
Anderson	EW	LAC
Anonsen	EA	F/L
Armstrong	GM	LAC
Arsenault	JA	Sgt
Axton	EJ	F/L
Bagshaw	HE	Cpl
Baker	FW	Sgt
Baker	RB	F/L
Barnes	WR	F/O
Barr	CM	F/O
Barrette	AL	FS
Bartlett	RC	Cpl
Bates	GF	Cpl
Bath	WJ	F/O
Bechdolt	VG	Cpl
Bisset	JG	S/L
Blais	RS	Cpl
Bodner	R	LAC
Boles	BSF	Sgt
Boulianne	JA	Cpl
Bowman	CLT	Cpl
Brandford	L	Cpl
Braun	MJM	Sgt
Brigden	JP	Cpl
Brown	DA	LAC
Brown	EJ	Cpl
Brown	WH	LAC
Burbridge	C	FS
Burke	RP	Sgt
Burrige	AM	F/O
Cannon	RY	S/L
Cardinal	JAR	Sgt
Casley	WH	S/L
Cass	JA	LAC
Chalcraft	WR	F/O
Christie	AD	LAC
Clark	RF	Sgt
Collett	PF	Sgt
Cook	SR	Cpl
Coombs	HE	Cpl
Crabb	FN	Cpl
Crocker	GJ	Cpl

Danylchuk	W	Sgt
Davies	SC	F/O
Davis	JW	LAC
Daynes	CW	Sgt
Deschenes	EN	Sgt
Dickau	GE	LAC
Dinelle	L	Sgt
Donald	BW	F/O
Donovan	LG	Cpl
Dorey	CE	S/L
Dubois	LJE	FS
Dumont	JOL	LAC
Dunn	LJ	FS
Dwyer	JG	Sgt
Eccles	EJ	FS
Ells	DW	LAC
Esling	TH	LAC
Evans	FA	WO2
Fillmore	HG	Cpl
Foreman	HR	Sgt
Gagne	JJ	FS
Gaudet	NA	LAC
Gibbs	JA	Cpl
Gillespie	WC	Sgt
Glover	BL	Sgt
Gourlay	R	F/L
Gravelle	R	LAC
Greenough	HJ	Cpl
Gregory	AF	Cpl
Griffin	T	LAC
Griffiths	GS	LAC
Grinstead	BJ	Cpl
Gunn	AL	F/L
Gunthorpe	EG	Cpl
Guthrie	JR	F/L
Haidenger	BE	LAC
Hall	SC	S/L
Hancock	CH	Cpl
Hanson	DR	Cpl
Harding	HE	LAC
Hargreaves	FH	Sgt
Hayden	ME	F/L
Hello	J	Sgt
Hill	LJ	S/L
Hilliard	KW	Cpl
Hodgins	KH	Cpl
Hook	HR	F/L
Howson	RH	F/L
Hubber	DD	Cpl
Hutcheon	RE	F/L
Hynes	JEL	F/L
Insley	EF	F/L
Jamieson	JT	Sgt
Jenken	HOA	LAC
Keddy	JW	Sgt
Kellar	HJ	FS
Ketcheson	BR	F/L
Kew	EEB	LAC
King	WF	Cpl
Kirkman	DAR	Cpl
Krayden	TJ	Cpl
Laplante	JD	LAC
Leblanc	ME	LAC
Lecault	JAG	LAC
Leslie	GW	WO2

Lewis	DJ	F/L
Liggett	LJ	S/L
Logan	SJH	LAC
Losier	JW	Cpl
Lucas	EA	Cpl
Marsh	L	LAC
Menzul	D	Sgt
Merrill	LM	LAC
Mitchell	DA	Sgt
Morrice	JO	Sgt
Moseley	W	Sgt
Mosher	CE	LAC
Munn	WA	LAC
Murray	WA	S/L
Myers	FR	Cpl
McClain	LW	LAC
McCormick	AB	Cpl
MacDonald	C	Sgt
MacDonald	KW	S/L
McGregor	YJ	Cpl
McIntosh	DW	LAC
MacKelvie	RD	F/L
McLachlan	H	S/L
McLeod	WG	Sgt
McNeil	RJ	Cpl
McRae	JM	F/L
Nasmith	DR	Cpl
Nelson	LR	Sgt
Nemeth	HL	Sgt
Nesbitt	JA	Sgt
Norn	YH	F/L
O'Brien	RH	S/L
O'Shaughnessy	FM	F/O
Ouellette	JPH	Cpl
Patrick	GAR	Sgt
Payne	JB	FS
Pearson	BR	Sgt
Peirson	JR	Cpl
Peters	JA	LAC
Peterson	AE	LAC
Poaps	JJ	Sgt
Poirier	JG	Pte
Popiel	WB	WO2
Proulx	JA	Cpl
Pugh	AB	Sgt
Purnell	CA	LAC
Pynn	CC	Cpl
Racine	JA	Sgt
Regnier	A	FS
Relph	C	Sgt
Richard	JC	F/L
Richards	NB	LAC
Richardson	WH	WO2
Roach	MT	Cpl
Robichaud	JA	LAC
Robson	EA	Sgt
Ross	E	LAC
Rouse	CA	Sgt
Rynard	RH	F/O
Sanachan	GE	LAC
Schmidt	DJ	Cpl
Scott	WA	Cpl
Shaeer	JA	Sgt
Shermerhorn	CL	Cpl
Skene	DC	W/C

Stanley	RA	LAC
Staples	BE	WO1
Steciuk	V	Sgt
Stephens	DR	F/L
StLaurent	JLR	FS
Strilchuk	P	FS
Sutherland	G	W/C
Sutherland	B	LAC
Sutherland	WJ	LAC
Swan	FO	FS
Taylor	GJ	F/O
Thomson	BC	Cpl
Thompson	GD	Cpl
Thorliefson	H	Cpl
Tricker	CJ	F/O
Twigg	E	Cpl
Verkerk	H	F/O
Vermette	JE	Cpl
Verret	JG	Sgt
Walls	JF	Cpl
Walton	JA	Sgt
Watson	DR	F/L
Webber	EJ	Cpl
Webber	MT	Sgt
Weiler	JW	LAC
Wellstead	LF	FS
White	CR	Cpl
Wiebe	H	Cpl
Willison	EA	LAC
Williams	DJ	G/C
Wolff	EF	WO2
Wright	EH	LAC
Young	S	Cpl

PMQ ELECTIONS

All residents are requested to keep in mind the forthcoming

PMQ ELECTIONS

Thurs 19 March

Nine polling booths will be available in the following locations for the convenience of voters, and it is imperative that they cast their ballot at the booth designated:

- Ward 1 Bldg A Entrance 2
- Ward 2 Bldg B Entrance 4
- Ward 3 Bldg B Entrance 11
- Ward 4 Bldg C Entrance 3
- Ward 5 Bldg D Entrance 5
- Ward 6 Bldg E Entrance 2
- Ward 7 Bldg F Entrance 3
- Ward 8 Bldg G Entrance 4
- Ward 9 Bldg G Entrance 11

Polling booths will be open from (approx) 1700 hrs (5 PM) to 1900 hrs (7 PM)

Elections (Cont'd)

V O T E V O T E V O T E

All residents will have received voters lists by now (if not phone local 95). Nomination forms will be picked up from each apartment about 6 PM on Friday 6 March. If by Saturday evening you have not been asked for your nomination form or have been away please drop the form in the Arrowhead Tribune box in the Housing Office before Sunday evening.

HOSPITALIZATION INSURANCE
ON RETURN TO CANADA

The following provinces have Provincial Hospitalization Plans in effect. Participation is compulsory once dependents take up residence in the Province. Required action on moving into a Province is indicated:

- Newfoundland - None. Evidence of residence required at time of hospitalization.
- Nova Scotia - None. Evidence of residence required at time of hospitalization.
- Ontario - Register with unit Orderly Room.
- Manitoba - Register with unit Orderly Room.
- Saskatchewan - Register with District Office and obtain Hospitalization Card.
- Alberta - None. Affidavit of eligibility required when applying for benefits.
- British Columbia - None. Evidence of residence required at time of hospitalization.
- Prince Edward Island - These
New Brunswick - provinces have
Quebec- not announced any
plan.

Details of benefits under these plans have been published in APROs. However, it is suggested that full

information be obtained on arrival at the unit in the province concerned.

Benefits under Hospital Insurance (Outside Canada) Plan cease on return to Canada on the day prior to the day on which insurance is available under another hospital insurance plan. It is therefore imperative that action be taken as soon as possible after the arrival of dependents in Canada to obtain hospital insurance under a provincial plan or under a plan of a commercial or other insurer.

Associated Medical Services is not permitted to enrol subscribers in Canada except in the Province of Ontario but protection may be retained anywhere once coverage has been obtained. Where this coverage is desired application MUST be made and assignment of pay instituted while dependents are residing overseas.

HOW TO GET INTO DEBT
IN 13 EASY LESSONS

Lesson 7 - Don't Resist the "BAIT"
Advertiser

This lesson can be learned almost any time. Watch for "trade-in" sales where the merchant offers a discount if you turn in an old watch or other article, regardless of its condition.

Another method is to be sure to fill in a ticket when you are asked to participate in a free draw at your grocery store. The firm conducting the draw will be giving away a set of silverware to some lucky winner, following which all the other participants who have been kind enough to give their names to the company will be contacted by salesmen who will advise that they have won "second prize". This entitles them to a substantial reduction if they wish to buy the product on time payments. This is a very easy way to get a set of silverware you don't need.

Note: Better Business Bureaus will provide free information to the public concerning these special selling schemes and it would be advisable to check with them before making any purchases if you are in doubt.

ST JOSEPH CHAPEL (RC)

Schedule of Devotions & Services

Hours of Masses

Sunday - 8:30 & 9:30 AM at PMQ Kindergarten School.

11:00 & 12:30 Chapel

Weekdays - Usually at 5:05 PM in Chapel, but subject to change, as announced in Sunday Bulletin.

Hours of Confessions

Saturday - 8:00 to 9:00 PM Chapel. Also before Sunday and daily Masses and any time chaplain is available.

Choir Rehearsal

Tuesday evening at 8:30.

Holy Hour

On the first Friday of each month a Holy Hour is conducted in the Chapel, beginning at 8:00 PM with Rosary, devotions to the Sacred Heart and private prayers. Mass begins at 8:25. Those wishing to receive Holy Communion must be fasting for three hours from solid food and for one hour from liquids.

Baptisms

The Sacrament of Baptism may be administered on any day of the week, at the convenience of the parents concerned, and by appointment.

Chaplain's Office is now located in Room 8 of Building 18, opposite the Guard House.

Office Hours - 8:30 to 12:30 until afternoon censusting in PMQ is completed.

Telephone - 30 for both office and quarters.

PROTESTANT CHAPEL

Divine Service

Sunday - 1100 hrs - Chapel.

Holy Communion

First Sunday of the month in the Chapel at 1200 hrs. Second and fourth Sunday in the PMQ Large School, first floor, first room, at 0900 hrs.

Holy Baptism

Third Sunday of the month after appointment with the Chaplain.

Choir Practice

Thursday evening at 8 PM in the Chapel.

The Chapel Guild meets the first Monday of the month in the small school at PMQ at 8:15 PM.

Nursery School is held in room 41, BB 28 at 1100 hrs, for the convenience of parents desirous of attending Chapel. It is respectfully asked that parents pick up their children immediately after the service.

The Chaplain's office is now located in Room 12, Building 18 (near the main gate). Hours - 8:30 AM to 12 AM. Afternoons by appointment. Telephone for both the Chapel and Office is local 29.

If you desire to place flowers on the Altar in memory of particular events or anniversaries please inform the Chaplain or Mrs. R.H. Howson, B14. Please give reasonable notice.

SUNDAY SCHOOL CHATTER

As the fine weather continues and promises of an early Spring fill the air the problem of an adequate teaching staff for our children next season is brought to mind. Starting in late September of this year teachers will be needed in all departments of the Sunday School due to repatriation of several teachers during this Summer and Fall period. Your assistance in this

Sunday School (Cont'd)

important work will go far toward solving a problem that depends on volunteer workers. Your assistance can be used now and this will assist you in teaching next season.

A competition within each class in the Junior Sunday School (Grades 1 to 6) commenced recently and in June one prize per class will be awarded for the boy or girl with best attendance, bookwork, etc. Rules have been drawn up concerning attendance and will be sent home with each boy and girl.

CUBS AND CUBBING Sabi

Since our last meeting through the columns of the Arrowhead Tribune quite a few activities in the lives of the cubs have come and gone. The first of these special events was a special thinking day on Feb 19th when all the cubs wore their uniforms for the whole day.

This special day was followed closely by a church parade, which was held on Sunday morning 22 Feb. The cubs were very smart on this occasion and it was very gratifying to see that so many of them were able to attend the church parade. There were a couple of things about the church parade this year which are worth noting. The first of these was the fact that the weather was with us, and though slightly cool the sun was shining. This gave people a chance to get some pictures and from the number of cameras in appearance there were quite a large number of people who took advantage of the opportunity. Also 22 Feb is the anniversary of our founders birthday. Therefore the day was a particularly good day for the parade.

Another very special event in the life of a cub came up recently. This was the father and son banquet, which was held on 26 Feb. Shortly before 7 PM on that date large numbers of boys in uniform began arriving at the airmen's mess escorting their fathers. Shortly after 7 o'clock the bag pipes began to pipe the eager people into the mess, and to a dinner which was fit for a king. Our thanks are extended to the mess hall staff for the very good turkey dinner they produced for the two hundred and forty

fathers and sons who attended the banquet.

At the conclusion of the dinner Mr. Bob Griffin, the Chairman of the Group Committee introduced the other members of the Group Committee, and the scouters who lead both the Scout Troop and the Cub Packs. Mr. Griffin then called on Scouter Robson to introduce the guest speaker of the evening. Scouter Robson very capably handled the task of introducing Mr. G. Kramer, who is the District Commissioner of the scouts in the Echternach district of Luxembourg. Mr. Kramer has been connected with the Scout Movement for twenty-seven years. He is very high up in the scouting world, and has been presented to our own Queen as a result of his work with the Scout Movement.

Mr. Kramer said that he was very pleasantly surprised to see that we have so many of our boys at this time in the scout and cub uniforms. He reminded the boys that they have a golden opportunity to carry out the ideals of the Scout Movement. Since they travel around a great deal they can make friends in many different parts of their own country, and even in other countries such as the friends that can be made in the European countries they visit during their stay over here. He also reminded them that in Lord Baden-Powell's last message he said "Go out into the world and make friends".

Mr. Kramer had a message for the fathers, too. He said that he hoped that the fathers present had enjoyed the evening as much as he had. He told them that he hopes the fathers will always give their sons the opportunity to continue in scouting.

Mr. Kramer was thanked by Scouter Foxon for his very enlightening talk, and then Scouter Foxon presented Mr. Kramer with a neckerchief of the Fifth Maple Leaf Group as a small memento of his few hours among us.

In order to give the Scout and Cub leaders a small respite from what would normally be part of their duties as scouters, Mr. Len Wellstead volunteered to lead the singing part of the program. This part of the program was naturally a "must" as well as the eating part,

Cubs (Cont'd)

because whenever good friends get together they want to sing. This is especially true of scouts and cubs. Mr. Wellstead did a very good job and our thanks are extended to him.

We also want to thank Mr. Mitchell of the Group Committee who did such an excellent job of arranging the program for the evening. We also extend our thanks to Scouters Robson and Poxon who so ably assisted Mr. Mitchell.

Besides what we have just been talking about there has been more good news of happenings around the cub dens lately. In the Waingunga Pack, Bob Richards and Billy Gray have earned their First Stars and have been presented with them. Stephen Grant and Allan Albee have also earned their First Stars and will be presented with them on 5 Mar. We congratulate all of these cubs on their good work. Two investitures have taken place in this pack recently. Bobby Strilchuk and Gordon Askew have been invested as Tenderpads. We welcome both of these cubs to the pack, and to the Boy Scout Movement.

Incidentally, there is one thing we have mentioned numerous times in the past, but it seems that we had better say a little more about it. That is the subject of new boys wanting to join cubs, or of cubs getting transferred in from other packs. Please do not bring these boys to the pack meetings with you and hope they will get in the pack. All three packs have the maximum number of cubs they can take at the present time. Anyone else wanting to join cubs, and those coming from other stations must go to Scouter Bert Harding who lives at P.M. 6112. This Scouter has the waiting list and he will put the new boys name on the list. He will contact the boy when a space become available in any pack and the boy can join then. The boy get discouraged when he is brought to a pack meeting and the leaders tell him he cannot join just now. It is not nearly as discouraging if he has his name put on the waiting list and is contacted as soon as there is a place in the pack for him.

Akela of the White Faags Pack has been able to present some first year service stars recently. These have

been earned by and presented to Teddy Brown, Garry Danylchuk, Ronald Lewis, Donald Poaps and Oli Thorleifson. George Pentland was also presented with his First Star. We congratulate all of these cubs on their good work.

Marc Dinelle has climbed well up on the cubbing ladder. Far enough, in fact, to be able to get into the land of scouting. On 25 Feb a going-up ceremony was held and at that time Marc said goodby to cubbing and became a scout. We extend to him our congratulations.

Mr. EA Lucas has joined the pack as a leader. He is very welcome in the pack as he has had experience in the jungles of cubbing before.

Though the leader situation is very good now as far as the cub packs go, we still won't say no to anyone who wants to come out as a leader. If you have experience, or if you haven't and would still like to help then come along and give us a hand. Both men and women are welcome as leaders in cubbing. We have heard "through the grapevine" that there are some experienced women cub leaders on the Wing but they would just as soon not get into cubbing again right now. Don't be bashful. Come along and give us a hand. You may have some good ideas we can use, too.

The paper and bottle collections which the Scouts and Cubs have been conducting on the first Saturday of each month are being discontinued. It seems that all of the bottles which come into P.M. are the throw away type and there just isn't enough paper collected to have the cubs and scouts turn out to do the job. We thank all of the residents of P.M. for the co-operation we have had in the past in giving us bottles and paper. If in the future we can hold another collection of this type we will give plenty of notice. In the meantime we would advise you not to create fire hazards in your homes by saving the papers.

TRAVEL NEWS

Your contributions
would be
appreciated

A further list of campsites which
remain open all year and which cater
to trailers follows:

- Spain - Algericas
Lloret/Gerona
Sevilla-Espartinas
Vilasar/Barcelona
- France - Anglet
Antibes
Appoigny
Aix-en-Provence
Bagneux
Bordeaux-Merignac
Cagnes
Creteil
Frojus
St Georges-de-Didonne
St Leonard
Sanary
- Italy - Arona
Catania
Cervo
Donodossola
Lerca
Licola
Mantova
Marsala
Padova
Perugia
Reggio Calabria
Sorrento
Taormina
Tivoli
Torino
- Luxembourg - Hesperingen
- Holland - Markelo
Osterhout
Oude Metering

Word has it that the FODOR 1959
series will be bigger and better, with
some color photos and an Atlas in
each volume - These should be appearing
in Stars and Stripes News Stands
shortly.

Next time you buy Gas Coupons -
pick up a map of Germany showing
locations of Quartermaster Gas Pumps,
etc. These are FREE while the supply
lasts.

The following addresses might
be of interest to readers who wish
to join local Automobile Clubs:

Touring Club de France,
65 Ave de la Grande Armee,
Paris 16.

Touring Club Royal de Belgique,
44 Rue de la Loi,
Brussels.

RECREATION - RESERVATIONS
US ARMED FORCES HOTELS
BERCHTESGADEN

Request for reservations at
Berchtesgaden must be submitted in
WRITING to:

Commanding Officer,
3 (F) Wing, RCAF,
CAPO 5055.

Attn: Wing Recreation Officer.

Each request must be accompanied
by 25 cents.

State the following information:

Number, rank, initials and name.
Unit.
Number of adults in party.
Number of children.
Type of rooms desired.
Date of arrival and date of
departure.

Prices

Airmen - Airmen Dependents and
Civilians of Airmen Status

Per person without bath	\$1.00
Per person with bath	\$1.25
Extra crib, cot, or couch	\$.50
Cot in dormitory	\$.50

Officers - Officers' Dependents and
Civilians of Officer Status

Per person without bath	\$1.75
Per person with bath	\$2.00
Extra crib or cot	\$.50
Cot in dormitory	\$.50
Suite with bedroom, bath & sitting room per person	\$2.50

Children - Children's accommodation
comes under "Extra cot, crib or couch"
category. Babies food and formulas
may be arranged by contacting the
hotel desk.

TRAVEL IN FOREIGN COUNTRIES

Regulations covering travel in foreign countries on leave appear below for information purposes.

Iron Curtain Countries

Travel on leave is not permitted beyond the border of Iron Curtain Countries.

Berlin

Travel on leave to Berlin, Germany is not permitted.

Yugoslavia

Travel to Yugoslavia, in civilian clothes only, is permitted, but special approval is required prior to departure.

Austria, Finland and Switzerland

Travel to Austria (including Vienna), Finland and Switzerland, in civilian clothes only, is permitted.

Travel to the following countries is unrestricted, but it is strongly recommended that Service personnel wear civilian clothes on leave visits:

Andorra	Netherlands
Belgium	Norway
Denmark	Portugal
Eire	San Marino
France	Spain
Gibraltar	Sweden
Italy	West Germany
Leichtenstein	United Kingdom
Luxembourg	
Monaco	

Applications for permission to travel to countries other than those referred to above are to be forwarded through normal channels. Time must be allowed for the requests to be forwarded to AFHQ and reviewed by the Department of External Affairs.

An RCAF Identification Card in conjunction with an RCAF Movements Order is usually sufficient for entry into a NATO country, but passports are required for all other countries. For some countries (eg, Spain, Finland) a visa must be obtained from the Embassy or Consular authorities of the country concerned. It is the responsibility of individuals to ascertain and abide by the relevant requirements concerning visas, customs etc of any country which they plan to visit.

ARROWHEAD DRIVERS' CLUB

On a glorious sunny Sunday afternoon (22 Feb 59) a number of enthusiastic car owners assembled at the Main Gate parking lot after lunch. At 2:40 PM the first car, Sgt Hacker in his pretty Austin Healey, took off on a chase after the Hare in our first event since Christmas.

There was a goodly gathering of entrants who were started off in search of the trail of the Hare at two minute intervals.

The Hare (Borgward owner Cpl Gregory) set a wonderful course for us to try and follow. Several of us lost the trail half a dozen times.

One lady entrant, Mrs Harriman in her Sunbeam Rapier, was last seen heading up a farm track and she felt highly elated when she came around a corner to find the hare putting down the trail. "A-ha! So I caught up with you" she said. Poor old "Greg" had to explain to her that she had missed the trail further back and on realizing this, our Lady Competitor discreetly retired. Better luck next time, Mrs Harriman.

Who says you have to own a sports car to take part in rallies etc? This Hare and Hounds Trial was won by FS Burbridge in his '58 Fairlane. Second came LAC Shotton in his '48 Ford and Third came a member of the Caravan Site, Mr Rankin. Prizes are to be awarded at our next club meeting to be held on

WEDNESDAY 11 MARCH
AT THE CROWBAR CORRAL
1830 hours

Des Dessario has some 35mm slides on the "58 Le Mans" Race which we hope to show that evening.

Everyone who took part in this Hare and Hounds Trial asked "When is the next one?"

Soon, we hope.

All those who took part will realize that it took quite a bit of organizing and the credit goes to one man alone.-- Cpl Gregory. Thanks, Greg, you gave us all a very good afternoon's fun.

One competitor, Larry Proulx by name, ended up in a farm lane up to the axles in mud. He sent his navigator out for help. Help, it seems, never came. Larry and his pretty passenger "walked" back to the base. So that's how you conduct an "intimate tour of France" eh, Larry?

Technical news!!

For those who are worried about Volkswagen Heaters, Sgt Hawkes has made up an electric re-circulator unit which he has fitted under the rear seat of his VW. Made from old Heater parts, this gadget picks up air inside the car and re-circulates it through the heater tubes, mixing it with heated air from the engine. It works, too!

Cpl Losier has made a gas tank cap baffle assembly for his VW, to stop the fumes of gasoline penetrating the interior of the car. Does it work, Bill?

Anyone else made anything of an "original" nature for his car? Come to our next meeting and tell the assembled brethren all about it! Don't forget now,

11 March at the Guardhouse
(1830 hours)

We want to organize a rally next.

LITTLE LEAGUE BALL

Fathers of 8 to 12 year old boys and all others who are interested in either Baseball or Boys or both, are invited to attend a meeting at the P.S. School 2000 hrs Monday 9 Mar (right after Cubs). This meeting will plan the activities of the local Little League for this year and determine an Executive Committee.

We need lots of help if your boy is to get the proper instruction, control and officiating he deserves.

Don't leave it all for "George" - Come out and bring an "Old Ball Hawk" neighbour.

SKATING CARNIVAL

THE SKATING CARNIVAL WILL NOW BE HELD ON MARCH 14 AT 1400 HOURS

ADOPTION OF CHILDREN Europe

After considerable study on adoptions in Europe, Air Div H3 considers it unwise to adopt a European child during an overseas tour. Laws and regulations in Europe are much different from those in Canada, and many problems can develop bringing unhappiness to all concerned, plus an administrative problem for the RCAF. In view of these problems, adoption of European children is discouraged. Those who do adopt while in Europe should keep in mind that NO extensions to overseas tours will be considered for completion of adoptions and should govern themselves accordingly.

THE FLYING CLUB OF LONGUYON

The Flying Club of Longuyon is locally called "Les Ailes Longuyonnaise" will start to operate in the early days of Spring. The club president, Mr. Never, a jeweller in Longuyon, is inviting Canadians to join the flying club.

For further details regarding the training of future pilots you are invited to visit Mr. Never who will answer all your questions.

Flying instructions will be given by a Canadian pilot to avoid language barriers.

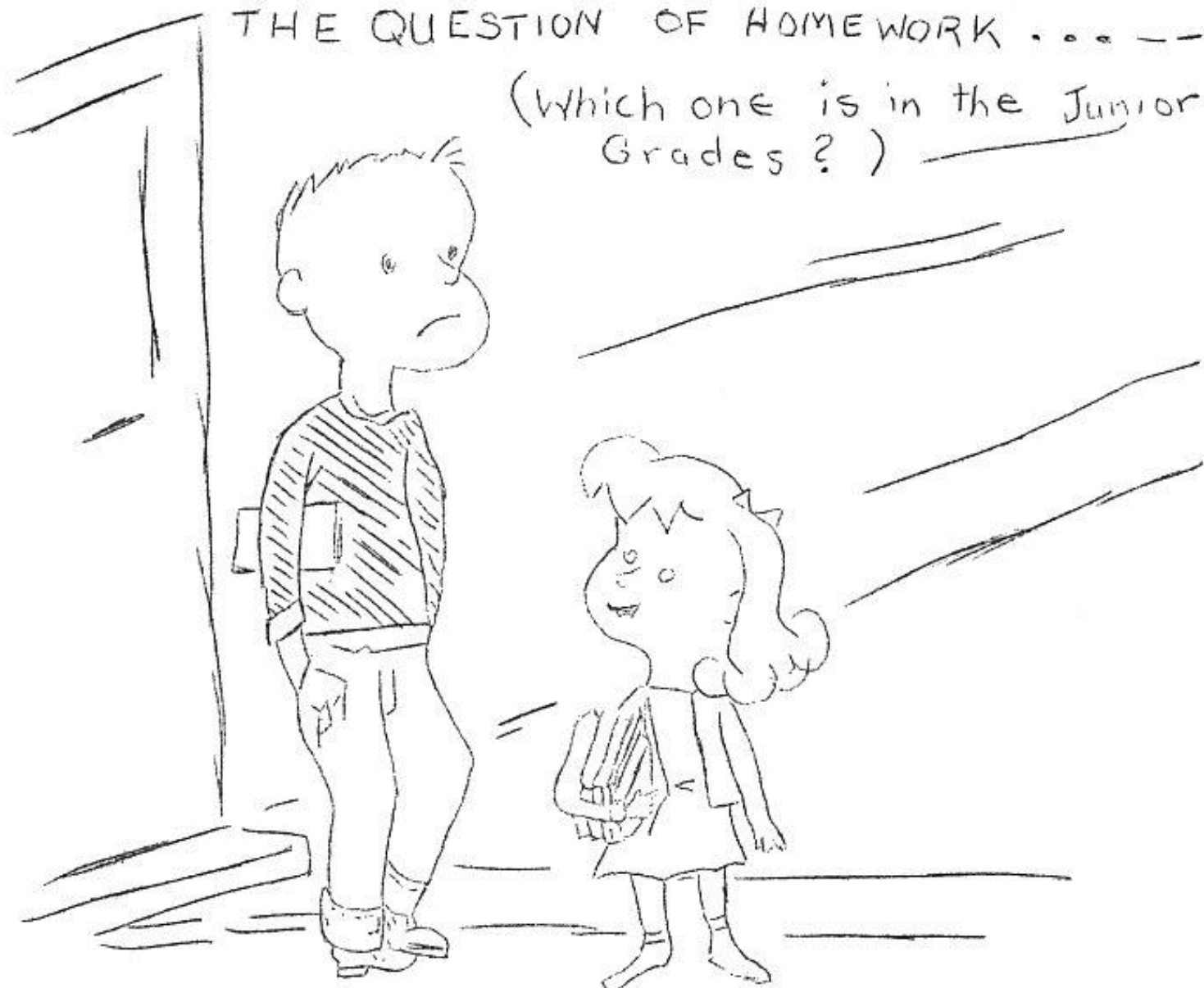
Preliminary enquiries may be made through G.J. Palmer, our Avro Tech Rep - phone 124.

FASHION SHOW

A Fashion Show is to be presented Mar 19 at 8:30 PM in the Recreation Hall under the sponsorship of the Protestant Chapel Guild. The latest fashions will be shown. Refreshments will be served. Admittance 75c. Come one - come all. You will enjoy the evening and help worthy causes.

THE QUESTION OF HOMEWORK . . . --

(Which one is in the Junior Grades?)



SCHOOL NEWS

Mr. W. Neale attended the Principals' Conference held at Canadian Army-Brigade Headquarters, Soest, Germany on February the 26th and 27th. Mr. J. MacLeod officiated in the absence of Mr. Neale.

On the week-end, French high school girls from Longwy were the guests of high school girls in Miss Eaton's room. The students were shown about the station. An enjoyable time was had and many French students left with a slight American influence - relishing double-header ice cream cones and "chewing bubble gum". The French teachers were entertained by Miss Eaton at the Officers' Mess.

There is a Marble Tournament being held for Grades III to VI at the Elementary School under the guidance of Mr. Proulx and Mr. MacDonald. This week contestants will be briefed on rules and given a chance for practise. Next week the actual competitions will be held - one grade level a night. Wonder who the champion will be? Good luck boys!

The following stories were contributed by Grade III pupils of Miss L. Syvaaja.

MY PET

I have a cat named Black Prince. He is a pure black cat. One day when my mother was knitting, Black Prince got a hold of some wool. He got all tangled up. He sure looked silly. I had a hard time getting him untangled.

Dougie Merrill

A SCARE

One Halloween night I opened my eyes and right in front of me was a skeleton. I took a closer look and saw him taking off his mask. Who do you think he was? My best friend, of course.

Michael Gardner

A SCARE

One day when I came home from school, my puppy was lying on my bed. I did not know he was on my bed and when I went into my room, my puppy barked and gave me a scare. I thought he was a monster.

Gilles Ouellette

A SCARE

Once a man had a tiger. He always kept the tiger in its cage in the dark basement. One day he forgot to lock the tiger's cage. The next day he went down to the basement to give the tiger its dinner. It was dark and cold down there. All of a sudden he heard a growl. GRRR!! It was the tiger. Then the man remembered that he had forgotten to lock the tiger's cage.

Ricky Burke

 ADDITIONAL BABY SITTER

Carol-Anne Cardinal - Age 17
 FWJ Fl1.
 Available anytime except Friday and Saturday.

IN THE LIBRARY

FICTIONA Certain Smile - Francoise Sagan

This is the story of a love which any modern young girl might experience and which many do. It portrays with deep feeling the dilemma of a young girl who falls out of love with her student friend and into an entanglement with his uncle. The situation between the girl caught in her first great emotional crisis and the experienced middle-aged man is handled with superb delicacy and with moving understanding.

(Also in the Library - Bonjour tristesse & Those Without Shadows)

Jenny - Ada Lewis

Jenny is undoubtedly one of the most engaging heroines to emerge from the teeming streets of 18th century London. She is a beguiling redhead, modest, frank and warm-hearted and she tells her intimate story with a disarming blend of innocence and worldly wisdom.

Gazella - Stuart Cloete

Feline and resourceful, promiscuous and yet strangely aloof, Gazella presents an enigma that no one else quite understands. To Makinson, the wealthy, suave colonial, who is Gazella's present lover, she appears simply as another victim, ensnared all too easily by his charm and now vexed by the arrival of his new French mistress. To Frazer, the American, through whose unsuspecting eyes the story is told, she is the beautiful, sophisticated dancer, whose favours he is fortunate to enjoy.

O Western Wind - Robert Payne

The feud between the Fairons and the Kennesees began on the storm-racked moors of Cornwall and ended across the ocean in the little settlement of the Pilgrim Fathers of Plymouth. But above all, it is the story of Degory and Sapphira struggling to reach happiness and a new understanding in the midst of a brave and sometimes frightening new world.

Library (Cont'd)Rage on the Bar - Geoffrey Wagner

Here is a brilliant, powerful novel of conflicting loyalties in a decadent island paradise in the Caribbean. Captain Philip Teale is the ADC to the Governor General and discovers that a native rebellion is stirring. From that moment, the story rises with mounting tension to a violent, exciting climax as the revolt blazes into being.

Island in the Dawn - Averil Lees

Mezies Island was a wonderful place. In the midst of the Caribbean, with a near perfect climate, it seemed to have all one could possibly wish for. But, Felicity Harding soon learned that beautiful surroundings alone do not always produce happiness.

NON-FICTIONPiece of Cake - Geoff Taylor

Australian born Geoff Taylor, after training in the RAAF, became a pilot in RAF Bomber Command, and at the time that his story opens he is within one hour or two of taking his crew on his last bombing raid. It was to be a large scale raid on Germany, a raid during which Bomber Command would drop 2,500 tons of high explosives in the centre of Hanover, but, amongst those of the aircraft that did not return was Zebra, the Lancaster piloted by Geoff Taylor.

Gypsy - A Memoir by Gypsy Rose Lee

For many years a queen of American entertainment, the woman everyone thinks of at the word 'strip tease', she is naturally brimming with personality - what is unusual is the kind of personality she brims with. Great as Miss Lee's talent is for her chosen vocation, her talent for amusing reminiscence is remarkable.

Land of the Long Day - Doug Wilkinson

For more than one year, Doug Wilkinson lived in Aulatssevik in North Baffin as an Eskimo, with no resources available to him that were not available to the eskimos. What he has to say about his life as an eskimo is the true story of the 'Land of the Long Day'.

The Russians in the Arctic - Terence Armstrong

The Arctic is becoming increasingly important, and since the Russians own more of it than anyone else, one might expect that they also know more about the techniques of living in those regions and exploiting them. None of the events described in this book have attracted much publicity outside of the USSR, and some have never been reported in English before.

Cockleshell Heroes - C Lucas Philips

An authentic account of a legendary wartime exploit that has been described by a German officer as 'one of the outstanding commando raids of the war'.

A SENSIBLE APPROACH TO SEX EDUCATION

I feel that the question of "sex education", as such, has been magnified entirely out of proportion. Instead of this matter being viewed as a wholesome, healthy, and matter of fact part of our daily living, parents now tend to be either ultra-modern in their approach (usually because of ignorance of the subject), or else they adopt a prudish mid-Victorian attitude, and any mention of normal biological changes is viewed with horror and disgust. Both the very modern set and the prudish mid-Victorians are off base in their approach.

We as parents might find it comfortably easy to sit on our pedestals with all our parental wisdom and criticize severely the teen ager in his attempt to find his place in the adult world. Steady dating arouses our suspicions; we wonder if our daughter gets when she goes on a date; should we discuss these things with our children or would we simply embarrass them. These and many other questions I am sure confront parents daily! If you have done nothing in the past to foster a healthy outlook in your teen ager with respect to sex education, you should be worried, but don't blame your child entirely. If the whispered back alley approach was used or simply a lecture on "The Facts of Life", what else can you expect?

Sex Education (Cont'd)

The attitudes you would hope to see developed would be along these lines perhaps: a healthy respect for your own body; a genuine respect for the opposite sex; an understanding that the sex urge is normal but one of our most powerful normal forces and self control must be exercised; an understanding of bodily changes without having a fear of them; preparation for marriage, and the ultimate goal of parenthood. These and many other healthy attitudes should be evident when your child has reached the teen age level.

For the parents with younger children I am sure you are often stumped for the right answer to some of "those questions"; ie, questions about birth, father's role, and so on, or what about those choice four-letter words your little darling suddenly spouts at you; what to do about sex play among children; how much do you tell them and what. This problem will be with us for a long time and shouldn't be ignored. If the parent is not enlightened how can you expect the child to be?

If you are interested, we have available on a loan basis some excellent material on this subject which has recently been prepared by the National Education Association and the American Medical Association. For the pre-teen level there are two booklets (about 25 pages in each); the first is for parents of young children of pre-school and early school age, the second is for children approximately 8 to 12 years. Another booklet deals with the early teenage level.

In addition we have 25 books on order entitled "Facts of Life and Love for Teen Aged". This is written by one of the most noted authorities on this topic and one of the best I have read. I would strongly urge that this book be read by mature teen aged and parents. Actually, it is a book that should be a "must" in every home that has young adults. It is expected that these books will be delivered any day and will be given out on loan basis similar to the method described above. In the meantime, we have one hard-back copy of this book on loan on a "first come, first serve" basis.

The booklets I mentioned earlier are written in understandable language and will answer the questions I have outlined before as well as many others.

The teenage book could and should be read by your son or daughter and by you as parents. You will be surprised at how ridiculously little you know or how out-dated your thinking might be. As a matter of interest, some of the things discussed in this book are how boys and girls mature physically; how life begins; sex problems and promises. There are five chapters on dating which includes everything from blind dates to being stood up, to the good-night kiss, to parental reaction to dates, etc. There are five chapters on loving and being loved. This includes the language of love, love or infatuation, petting, how to say no, and so on. The final section deals with preparing for marriage, ie, going steady, getting engaged, etc.

The above booklets are in limited supply, therefore, if they are taken out on loan, we will have to ask for your co-operation in returning them at the designated time. Call at the Welfare Office at Station Headquarters Building if you are interested.

This is not meant to be a quick and painless way of removing a vexing problem for parents. Rather, it is intended as an initial approach in an attempt to get parents to be more realistic about this controversial subject.

E Zapf F/L
ASW10

NOTICE

Dr. Geo HUGOI of Longuon advises that he will be absent from his office from 12 - 18 Mar but that a replacement doctor will be available. This information, for the benefit of his patients.

PUBLICATION DEADLINE

FOR NEXT ISSUE

13 MAR 59

WANT ADS

FOR SALE

Small child's push pedal jeep.

Apt F12.

Sgt LM McEvoy

Child's Bike.

Balloon tires - Balance wheels.

Suit age 3 to 6. Good condition.

Apply - Grinstead - G105.

WANTED TO PURCHASE

A large transformer - 1,500 or 2,000 Volts. - Also 2 or 3 clothes dryers.

Contact LAC Cardiff

PMQ D84 or 445 Sqn - local 131.

LOST

Lost One Ronson lighter. Wire chain mesh all around centre. This lighter is valued as a keepsake. Would finder please return to D72 - LAC E Kew.

Lost around G Block - One black diamond earring. Teardrop style. Contact G86.

Lost - rubber doll approximately 18 inches. Rooted hair. Red velvet coat. Finder please return to Judy Burke - B87.

FOUND

The following articles have been turned into the Guard Room since 7 Nov 58 and may be claimed upon identification:

One pair of child's mittens - Arena.
 One pair of high top running shoes - Bus.
 One plastic wallet containing cash - Theatre.
 One pair hockey pants - by Main Gate.
 One leather purse with cosmetics - Stn Theatre.
 One pair ladies gloves - Stn Theatre.

One pair child's leather mitts - PMQ bus.
 One pair child's wool gloves - PMQ Bus.
 One pair child's wool mitts - PMQ Bus.
 One head scarf - PMQ Bus.
 One child's woolen mitt - PMQ Bus.
 One child's woolen glove - PMQ Bus.
 One ladies glove - PMQ Bus.
 One plastic change purse containing cash - PMQ Bus.
 One car wheel complete with tire - outside Officers' Mess.
 One pair issue rubbers - Airmen's Canteen
 One ladies earring - Stn Theatre.
 One razor kit - Airmen's Canteen.
 One Service raincoat - Airmen's Canteen.
 One issue cap - Airmen's Canteen.
 One pair issue gloves - Airmen's Canteen
 One man's scarf - roadway of Wing.
 One umbrella - Stn Hospital.
 One tool kit & tools - PX Parking Lot
 Two toy pistols - PMQ area.
 One boy's blazer - PMQ area.
 One ladies glove - PMQ area.
 One girl's glove - PMQ area.
 One eye glasses case - PMQ area.
 One belt - PMQ area.
 One scarf - PMQ area.
 One cigarette lighter - PMQ area.
 One ladies bracelet with inscription Rec Hall.
 One cigarette lighter - Rec Hall.
 One tie clip with stone - Rec Hall.
 One key - Rec Hall.
 A portion of an earring - Rec Hall.
 One coin and bill purse containing cash - Airmen's Mess.
 One wrist bracelet - Airmen's Mess.
 One wedding ring - PMQ area.
 One pair woolen gloves - Stn Hospital
 One cigarette lighter - Airmen's Canteen
 One tube toothpaste and bar of face soap - Airmen's Canteen
 Two women's sweaters - Bowling Alleys .
 One woman's head scarf with nature scene - Bowling Alleys.
 One child's light coat - Bowling Alleys
 One Service raincoat - Florenville Road
 One pair woolen mitts - Commissary
 A set of four keys - PMQ area.
 One pair ladies leather gloves - PX Parking Lot.

PMQ COUNCILLAST MEETING OF PRESENT COUNCIL

MONDAY 9 MAR 2015 Hrs

IN SMALL SCHOOL

YOUR ATTENDANCE IS INVITED