



## Homecoming '84 Update

With less than two weeks before our big birthday party to celebrate the RCAF's 60th the Committee is busy getting everything ready.

Early Bird registrations are selling like hot cakes and we will have Homecomers from all across the Country. A limited number of these specially priced registrations remain and we've decided to extend the sale date to Jun 20 provided our supply lasts till then. So don't be disappointed, register now and save.

The Committee is delighted with the confirmation on Friday that arrangements have been finalized for the popular Baden Rube

Band from CFB Baden to join our celebration. This famous band of 16 musicians will be the feature entertainment at the Beer Garden on both Saturday and Sunday. You won't want to miss their performance.

We've also learned that some of the Warplane Heritage folks at Hamilton are planning to visit us too. The reappearance of some of the famous World War II aircraft in the skies over Trenton will undoubtedly bring back some vivid memories of those exciting days for many of our visitors. There is also a possibility of visits by more modern aircraft which should be confirmed within the next few days.

Next week will be a hectic one with decorating and setting up the gym, getting our beer tent erected on Baker Island, and confirming that all arrangements are completed for your enjoyment. It will be a terrific weekend so come out and enjoy the fun. Our Homecoming office located in the basement of Base Headquarters is open from 0800 to 1700 daily for your convenience. Our office telephone number is 394-3639 and we will be pleased to answer any questions on Homecoming celebrations. A recorded Homecoming information up-date is available 24 hours a day by dialing 392-1767.



## 436 at Volant Rodeo

Pope Air Force Base, North Carolina - A team of Canadian Forces personnel

will take part June 17-22 in a nine-nation competition sponsored by the United

States Air Force Military Airlift Command.

The competition, code-named VOLANT RODEO, will test the participants' skills in airlift, air drop, resupply, ground maintenance of aircraft, security, patrolling and tactics.

The Canadian team leader is Major Don Bengert of 436 Squadron, Trenton. His aircrew will fly a CC-130 Hercules transport aircraft in the competition. Also taking part will be a combat team from the Canadian Airborne Centre in Edmonton, and a military police security team from the Special Service Force based in Petawawa, Ontario.

The ground crew for the Canadian team will be provided by personnel from 2 Air Movements Unit in Trenton. An aircraft maintenance team from Trenton will also be competing.

In addition to US and Canadian teams, other countries taking part are: Great Britain, Australia, New Zealand, West Germany, Italy, Brazil and

## Free memories - 19 June - 1 July

### Fishing Capital?

Dear Editor:

Upon perusing this week's issue of your fine newspaper, I noticed an article reporting the results of the 1984 Edition of the Annual Fishing duel held in Trenton, between the City of Belleville and the City of Trenton, in order to establish which community is the Fishing Capital of Ontario.

Your reporter accurately stated that Belleville Mayor George Zegouras finally did catch a fish. Your reporter should have reported further that the Mayor of Belleville was successful due to the Host Mayor providing him with the top fishing guide in our area, Archie McNeill.

CFB Trenton Base Commander Col GRJ King was the judge in this contest and awarded the trophy to Belleville, proclaiming that community to be "THE FISHING CAPITAL".

Lest your readers be misled, I would advise that the fish taken by Mayor Zegouras were caught in the "TRENT RIVER" smack dab in the centre of the "CITY OF TRENTON".

I do not question the CO's judgement, however, I do believe that in this case he opted a "Wimp" approach in order to ensure the "Fishing Capital Award" would go to our neighbours at least once.

I am sure, all your readers know that if you want fish, come to Trenton.

Yours truly,  
Neil Robertson,  
Mayor, City of Trenton



### Passing in Review

What happened in the RCAF this day?

21 June 1948 - The first post-war wings parade for pilots was held at the Flying Training School, Centralia, when 14 officers received their flying badges from the CAS.

21 June 1950 - RCAF accepted Canadair C-5 VIP transport, 412 Sqn.

22 June 1946 - No 436 Sqn was disbanded.

23 June 1919 - The first Air Board was constituted by Order in Council, comprising Right Hon AL Sifton, Chairman; OM Biggar, Vice-Chairman; Hon SC Mewburn, Hon CC Ballantyne, RM Coulter, JA Wilson and ES Busby.

24 June 1927 - Authority was given to acquire an aerodrome site at St Hubert, on the recommendation of Air Ministry officials. The original intention was to develop it as a base for trans-Atlantic airship service.

24 June 1940 - The first four Elementary Flying Training Schools (No 1 at Malton, No 2 at

Fort William, No 3 at London and No 4 at Windsor Mills PQ) were officially opened with intakes of 24 British Commonwealth Air Training Plan pupil-pilots. The EFTSs were all operated by civilian companies with RCAF supervisory staffs.

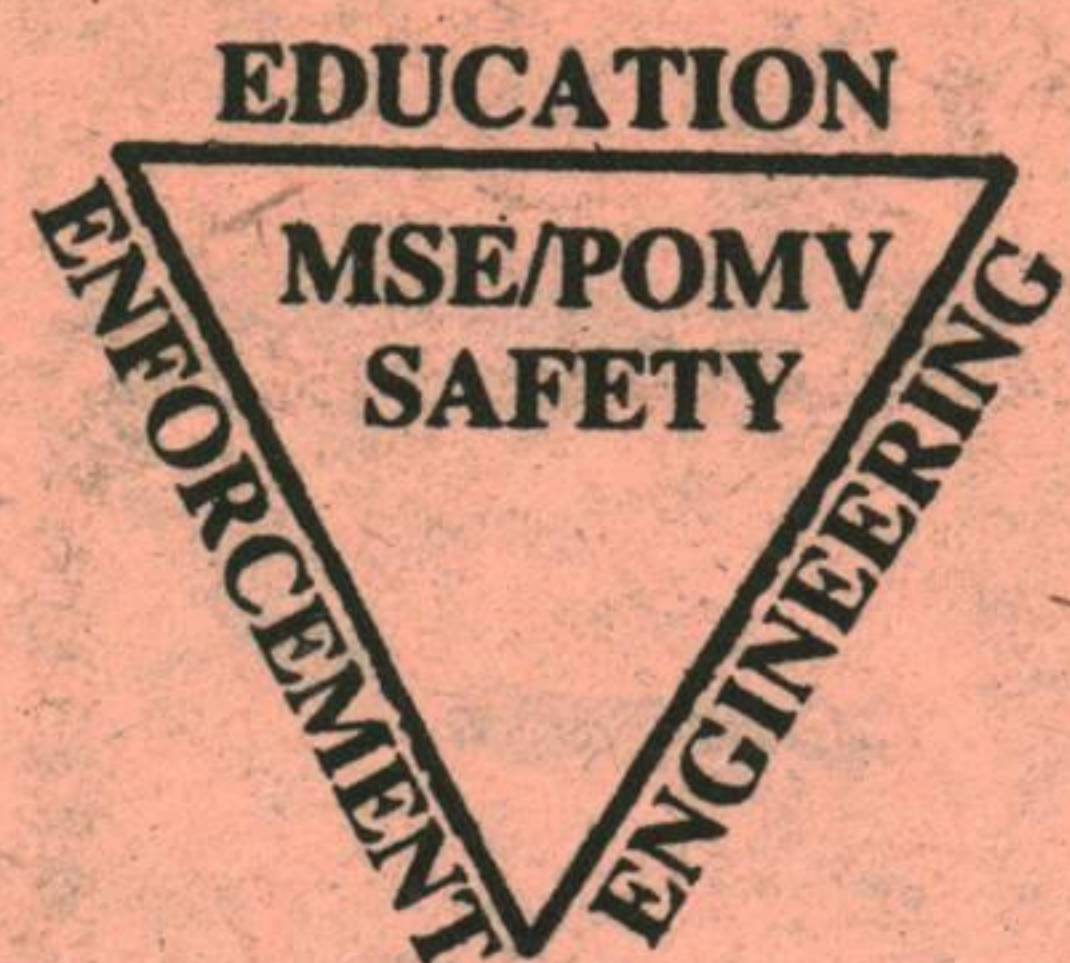
24 June 1941 - No 408 (Bomber) Sqn was formed in England and had started operations by the end of the year.

24 June 1944 - U-1225 was sunk by F/L DE Hornell and crew. In the attack F/L Hornell's aircraft was severely damaged by the intense enemy fire. One engine and wing began to burn. Nevertheless he pressed home his attack before landing the blazing Canso on the sea. The crew took to their dinghies, but only one was serviceable and could hold only part of the crew; the others clung to its sides. During the 21-hour ordeal in the water, to which two of his crew succumbed, F/L Hornell sustained and encouraged his companions. By the time they were rescued, however, he was blinded and completely exhausted and died shortly after being

picked up. For "valour and devotion to duty of the highest order" F/L Hornell was awarded the first Victoria Cross won by a member of the RCAF.

25 June 1942 - No 425 (Bomber) Sqn was formed at Dishforth, England with Wellingtons and was operational by the end of the year.

26 June 1943 - In the middle of May three RCAF Wellington Sqs, Nos 420, 424 and 425 left the United Kingdom for North Africa where they constituted 331 Wing under the command of G/C CR Dunlap. Based in the Kaerouan area of Tunisia, the Wing began operations on 26 June with an attack on the aerodrome at Sciacca, Sicily. For the next 15 weeks the Wing shared in the softening-up campaign which preceded the invasions of Sicily and Italy. The last attack was made on 5 Oct when Grosseto aerodrome was bombed. In all, the Wing made 2,127 sorties and dropped 3,745.5 tons of bombs as well as some 10,000,000 leaflets. From Tunisia the sqns returned to the UK and rejoined No 6 Group in November.



Soon CFB Trenton will again host Air Cadets as the

Trenton Air Cadet Camp swings into operation for another season. The influx of air cadets presents a special problem to drivers who drive on the South Side of the Base.

The cadets march too and from training areas and meals. At times they are moving freely about without any formal order. Because of these special conditions, drivers of DND and private vehicles must exercise extra care and attention while driving in the vicinity of any air cadet group or formation.

Every driver is encouraged to play his part in making the Base a safe place for these young cadets to enjoy their summer training period.

## Crosswalk - Canex and Yukon Lodge

In the interests of safety all Middleton Park PMQ occupants are reminded that there is no longer a crosswalk between Canex and the Yukon Lodge, on County Road 21 (AMDU Rd). The crosswalk signs have been removed and the road markings painted over. All personnel are urged to use the crosswalk at the intersection of Rivers Drive and AMDU Road.

## Base Personnel & PMQ Occupants

The fire department will be conducting hydrant flow tests during the months of June and July. These tests will be conducted after 1800 hrs daily. During the period of testing you may notice a slight discoloration of your water. This situation will only last a short time.

The Base Fire Department apologizes to all for the inconvenience it may cause and would like to thank them for their co-operation.

## Celebrating Ontario's Bicentennial



### Trenton & Murray Township

1 pm. Band Tattoo to follow parade at Centennial Park. Day-long activities sponsored by Rotary Club.

### BICENTENNIAL CELEBRATIONS

June 21 - Homecoming Weekend Stockdale United Church.

Ontario Celebration - stage show from Humber College. First show 12 noon at Centennial Park.

June 24 - Band Concert at Centennial Park Amphitheatre. Cam Walsh Combo, a swing band, assisted by Musicians Federation. 6 pm.

Evening Music Program and fireworks at the Amphitheatre.

### Sidney Township BICENTENNIAL CELEBRATIONS

June 29, 30, 31 - Bicentennial Canada Weekend at Centennial Park.

June 23 - Bicentennial Tyke Baseball Tournament Frankford.

June 29 - RCMP Concert Band at Amphitheatre in Centennial Park 7:30 pm. Tickets at Smoker's World, Bruinix Jewellers and Dufferin Centre. Adults \$2, Seniors and Students \$1.00.

June 23 - Lawn Social & Barn Dance hosted by Sidney South Women's Institute. Contact Marilyn Sager 968-4482

June 30 - Minor Sports Day Centennial Park. Food booths, displays.

June 27 - Bicentennial Strawberry Social Holy Trinity Church Hall Frankford.

July 1 - Canada Day Bicentennial Parade and Tattoo. Gigantic parade leaving Dufferin Centre at

July 1 - Bicentennial Fireworks Frankford Arena.

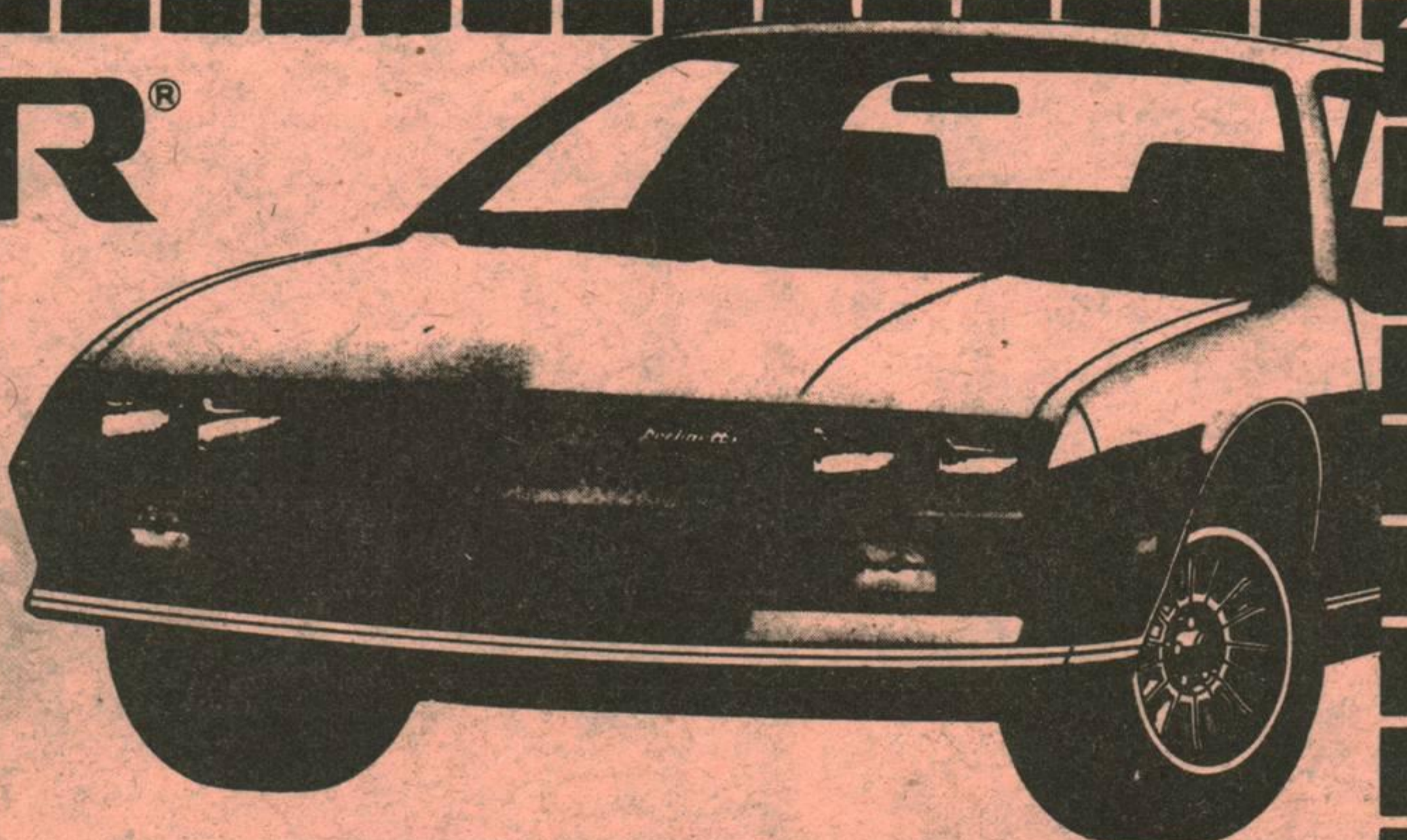
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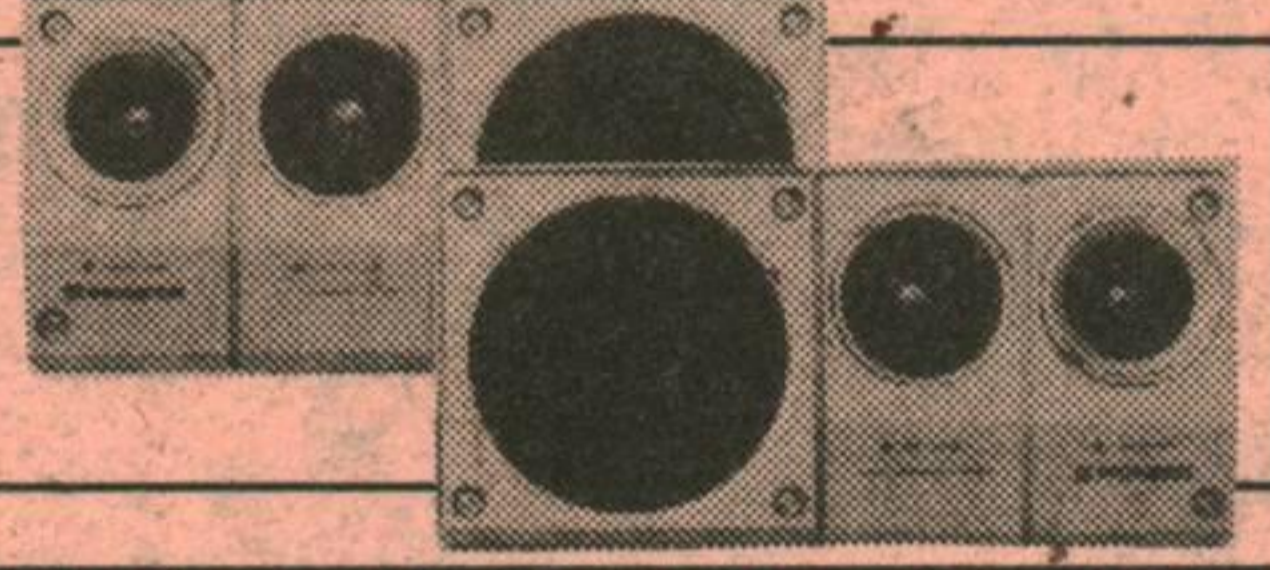
**PIONEER KE-A880 MSLP \$549.95**  
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# Famous Rube Band from CFB Baden will perform at Homecoming!

June 29 - July 1

VOLANT RODEO - Cont from page 1



Saudi Arabia. BGen Dave Garland, the Commander of the Canadian Forces Air Transport Group, says international events such as this provide Forces personnel with an opportunity to observe and learn from their Allies. And, he says, Volant Rodeo specifically tests the ability of Air Transport Group to operate in a tactical role for extended periods, anywhere in the world.

BGen Garland says: "Air Transport Group has participated in this event for the past four years, and our personnel have found the competition very demanding."

"The team has been training extremely hard for these arduous events. We look forward to bringing home the gold."

The exercise ends with an awards ceremony June 22.

### Early Bird Registration extended to June 22



### Royal Navy (NATEC) Visitors to AMDU

Commander R Adamson, Officer in Charge of the Naval Air Technical Evaluation Centre (NATEC), Lee-on-Solent, England; LCdr I Campbell, Technical Assistant to O I/C and LCdr BR Eastley, Mechanical Systems Coordinator visited the AMDU from 5 to 7 Jun 84. The purpose of the visit was for a mutual exchange of information between the AMDU and RN (NATEC) both of whom perform a number of closely related functions within their respective organizations. The visitors were hosted by Colonel MF Phillips, CO AMDU. The CO indicated that the visit was most productive and informative and both organizations will reap the benefits from the many and varied discussions in the future. In the photo from left to right are: LCol JP Bachel, MASO, LCdr BR Eastley, Commander R Adamson, Col MF Phillips, CO AMDU, LCdr I Campbell, LCol TJ Brideau, MDO, and Maj PP Beauchesne, EPO.

(CFB Trenton Photo)

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I agree to contribute the sum of \$1.00 per week to the "Club 1000", said sum to be deducted from my pay account. I understand the benefits for which I am eligible, and also that all revenues left after monthly returns will be used to provide recreational facilities in CFB Trenton MQs. Selected Club members will be advised of two \$100.00 returns three times a month and one \$1,000.00 return once every fourth week.

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Address ..... Local ..... Res Phone .....

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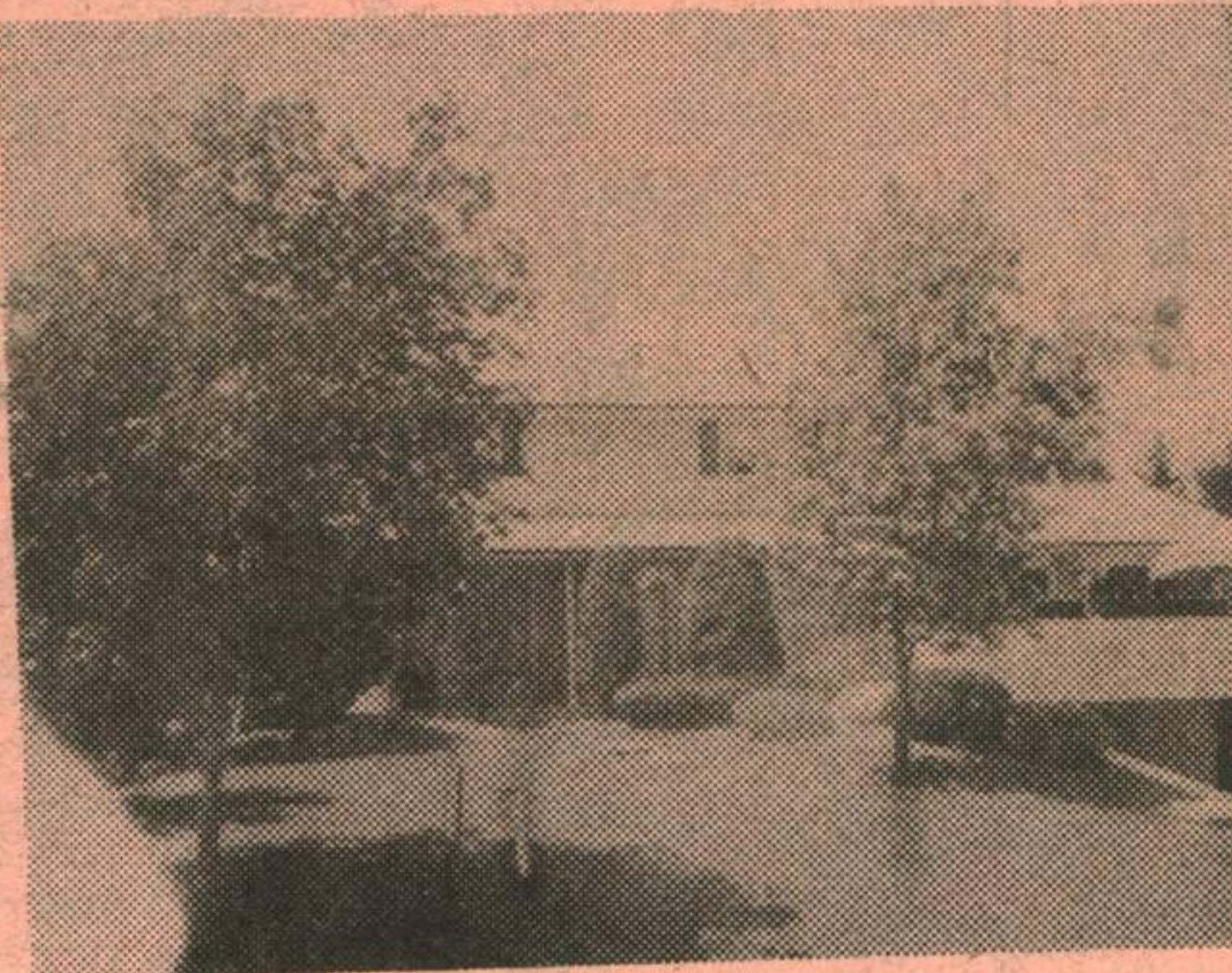
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From the Editor's notebook

# All Dressed Up?

Why, I wondered, was that sergeant wearing his work dress. There he was leaving Canadian Tire with a few purchases tucked under his arm, oblivious of the fact that he was improperly dressed for his little shopping trip. Moments later, I espied a lieutenant-colonel attired in the green sweater crossing Dundas Street. Didn't these people read the new dress regulations?

The recent dress regulations dictated by Commander, Air Command, were, in my opinion, long overdue. We had been suffering for some time from a lack of direction on what could be worn when, where and by whom. Perhaps that is incorrect. It actually appeared for some time that you could wear anything, any place, any time. BWOs must have been tearing their hair out trying to decide who was or who was not correctly attired.

The new directive leaves no doubt about dress regulations. Perhaps some of us do not agree with the orders of dress. Tough! We have all been around long enough to realize that all rules and regs may not be exactly our preference, but, the bottom line is 'rules are rules' and it is not up to us to decide which ones we obey.

My wife is certainly happy about the new dress regulations. She never seemed to wash the right shirt or pants or sweater. She is also very thankful for the extra cupboard space she has enjoyed since some of my uniforms were tucked away in the basement. I, too, am thankful. I was never very good at making decisions at 7 am about what to wear and the headaches I used to get when trying to figure out if people were properly dressed have gone away.

- BP



## Letters TO THE EDITOR

Dear Editor:

Not long ago, I was sitting in court; moral support was in the form of two friends on my right, the captain of my section on my left, my father and his buddies on the bench ahead of me. And what was I there for? My second impaired driving charge. Ouch! And to make it worse, I was still under suspension from the first. Ouch! Ouch!

Four months before I had secured my day in court when I tried to avoid a stop check by backing away. Since then I've had time to enlighten myself about the consequences of those very

expensive drinks I had had. Here are a few facts that, for me and possibly for many of you, seem to become less important with each drink -

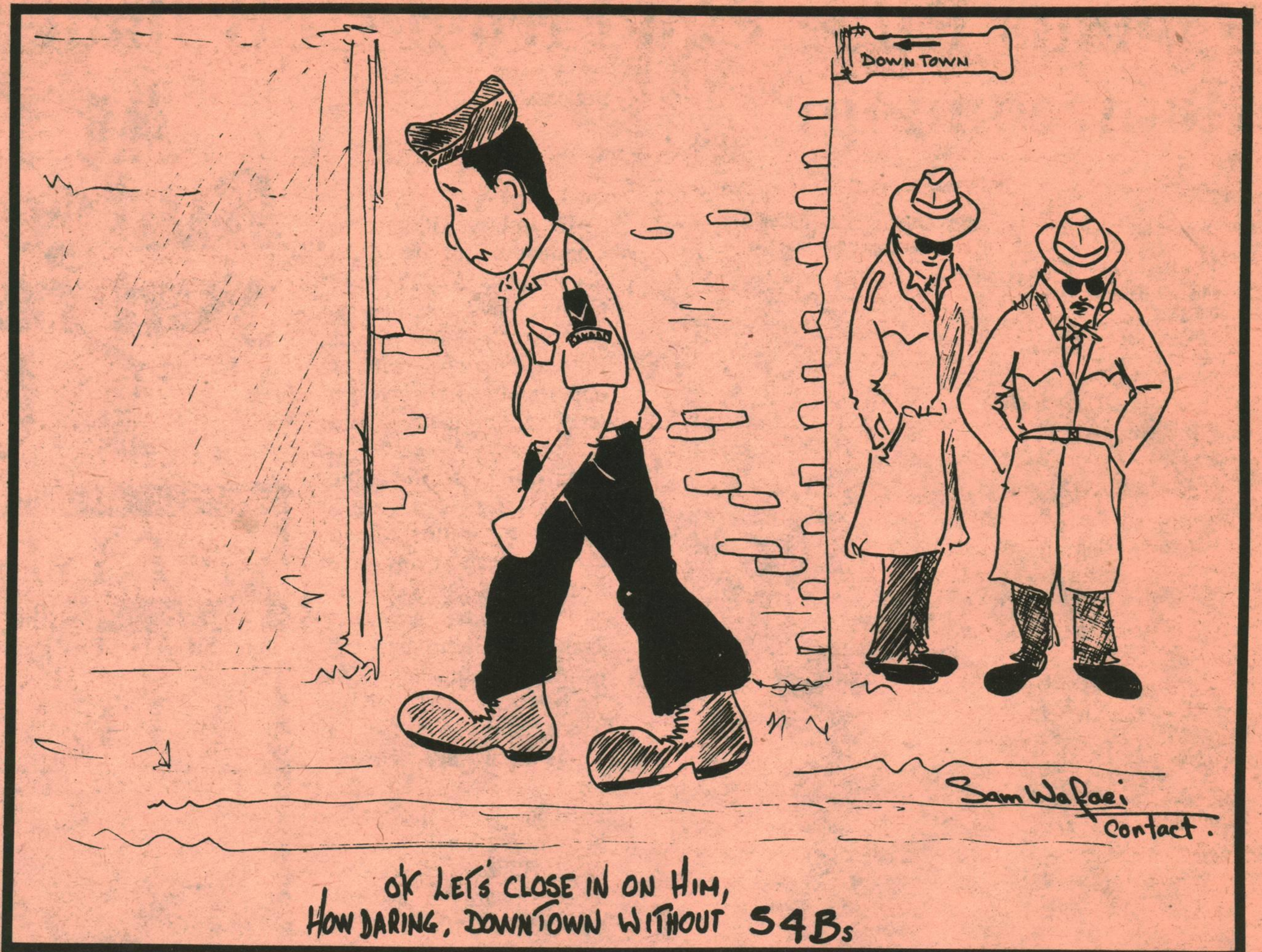
A - Loss of your licence and increased insurance rates.

B - A minimum two weeks in jail and another notch on your criminal record.

C - A mark on your military record regarding your abuse of alcohol which may bring about

D - One month in the Kingston Drug and Alcohol Rehabilitation Centre

E - A year's follow-up program and



F - Lawyers Fees!

This is the standard penalty providing, of course, that you haven't hit someone or something.

Now you won't remember all these facts, especially after a few pints. So just remember to TAKE A CAB; otherwise you may be singing the blues in carefree Napanee.

Oh, yes! What happened to me? I was lucky. The Crown Attorney dropped the impaired charges because of the low reading, .01 and .85. I was given a steep fine for driving while under suspension, but all in all I count myself lucky. YOU MAY NOT BE THAT LUCKY!

CHINESE PROVERB:

It is better to be silent and thought stupid than to open your mouth and remove all doubt. For this reason I sign

I.M. Wiser

Dear Editor:

I have always wondered about those Air Traffic Control types. Last week's editorial "The Days of my Eyes" confirmed my suspicions!

You can imagine my consternation, as a pilot, to find out controllers get their right and left mixed up and put their eyes on backwards. These are the guys telling me the runway is clear for landing! I will now wonder, knowing their eyes are on backwards, if they

are talking about the runway or Highway 2. Radar approaches will also present a new challenge. If the ATC type is not sure which eye is which, how can he tell me which way to turn. Maybe we could send out a NOTAM "ATC will advise which eye is which, adjust your turns accordingly".

The thought of an ATC type losing his eyes is the most worrisome. Pilots have often accused controllers of being blind, our worst suspicions have now been confirmed. I have had nightmares about being on final, in cloud, awaiting further clearance, as the controller crawls about the floor looking for his eyes!

I hope you will print this

letter for all pilots to read. Pilots have no such problems with their eyes and should be forewarned about these left, right, backwards and "klutzy" difficulties of some controllers.

Capt IAM Pilot

EDITOR'S NOTE: Here it is in print, I will make no snide remarks about pilot's ability to read. You can relax, however, I am not currently working as a controller. My job is as a computer programmer on the TRACS equipment. I always wondered, though, if that radar antenna should turn to the left or the right...

BP

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**The TIGER'S LAIR**  
424 Sqn



**10,000 hrs in the sky**

Capt Gerry Howlett of 424 Sqn recently logged 10,000 hrs of flying time. LCol CC Coffen congratulated Capt Howlett with a champagne salute.

Capt Howlett was born and raised in St Catharines, Ont. He was active in various sports, one of which was rowing. He participated in the 1964 Olympic rowing trials with the St Catharines Rowing Club and placed a close second to UBC.

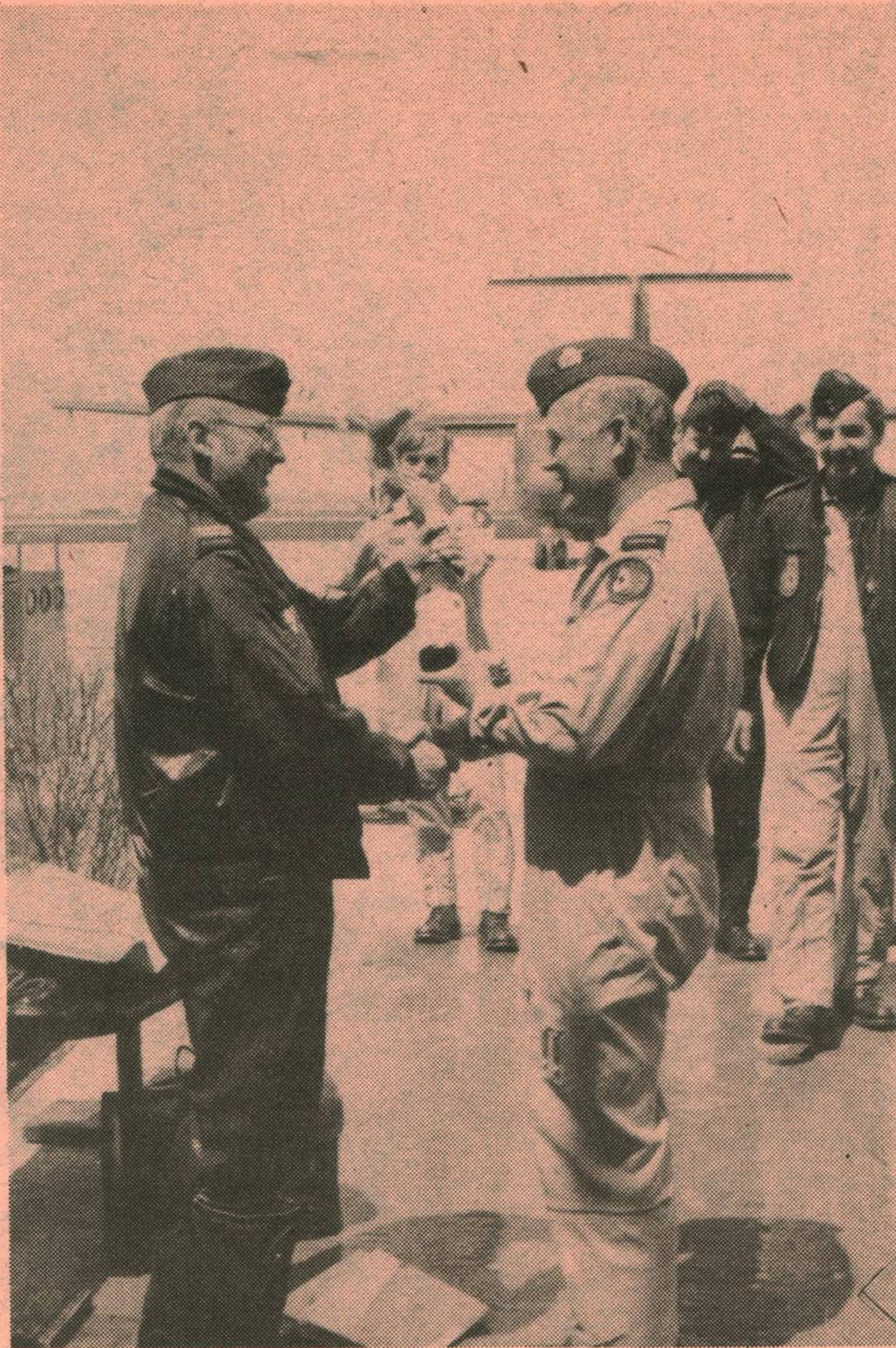
Capt Howlett joined the RCAF in 1958 and attended basic training in Centralia, Ontario. He graduated as an RO from the Navigation School in Winnipeg on July 30th 1959, and was then posted to Maritime Command with 405 Sqn until April 1964.

Gerry left the Service in 1964 for two years but decided 'there's no life like

it', and re-entered in March 1966.

Capt Howlett left Greenwood in July 1969 for 407 Sqn in Comox. After logging 5880 hrs on the Argus he was posted in Feb 1973 to Winnipeg to cross-train to navigator. He finished top of his class at the Nav School and was posted to 436 Sqn on the Hercules. By fall of 1976 Gerry had flown 2000 hrs on the Herc. It was decided to give him a break from flying and posted him to Base Ops Trenton until Oct 77, then to RCC Victoria until June 1980.

Gerry is presently employed at 424 Sqn, where he navigates on the Buffalo aircraft. He takes an active part in the squadron sports activities and recently organized a squadron golf tournament. He and his



LCol Coffen congratulates Capt Howlett on return from the flight on which he logged his 10,000th hour. (CFB Trenton Photo)

wife Alvera live in Trenton with their son Steven who is 13 years old. Their older boy Jay, 22, is living in Toronto.

424 Sqn wishes to con-

gratulate Capt Howlett on obtaining 10,000 hours of flying time and thank him for his many years of service.

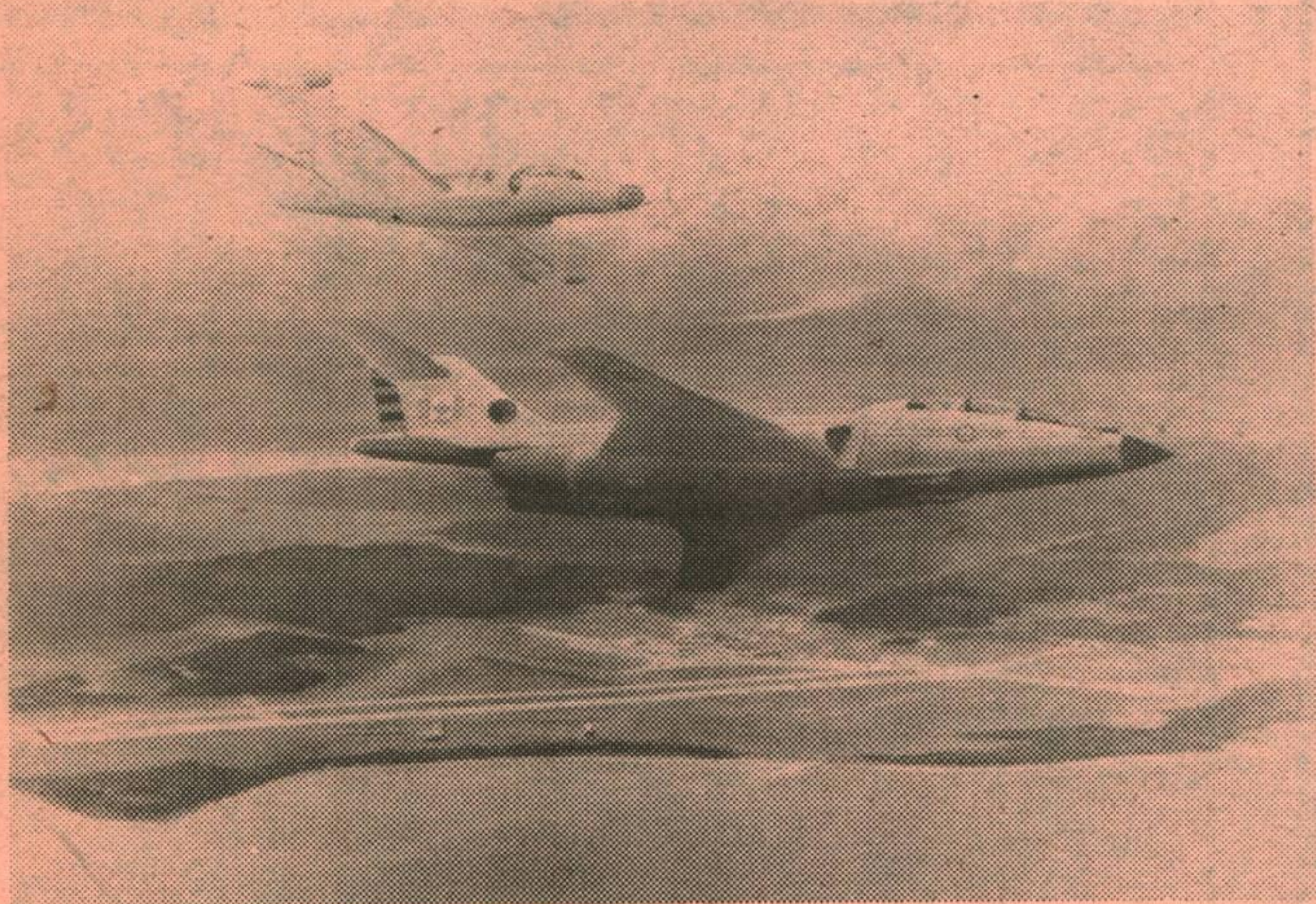


The crew calms Capt Howlett with the traditional water bath. (CFB Trenton Photo)

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## TOTEM TALK 426 Sqn



On Thursday 31 May 426 Squadron held its annual All Ranks Mess Dinner in the Astra Lounge. Guests of Honour included Col "Sky" King, BComd, Air Commodore Burgess (retired), former wartime CO of 426 Squadron and CWO McNeil, BWO.

The kitchen staff really outdid themselves in preparing a sumptuous meal. Our thanks go out to Ralph Phillips and his staff. Thanks also go out to Capt/Maj Biccum for the after dinner libations.

After the meal, Air Commodore Burgess gave us a talk on his experiences as 426 Sqn CO and his comments were informative and appreciated by all. Col Sky King had us in stitches, relating his experiences that

occured on SF 701.

LCol Vacirca also took this opportunity to bid goodbye to CWO Turgeon who is leaving us for NDHQ and to Maj Jenkinson who departs for CFB Lahr.

After the speeches, various sections put on some very entertaining skits and these were enjoyed by all. Thanks to the participants for your endeavours and as our CO said "If you can't laugh at yourself, who can you laugh at?" And NO - the Flight Attendant portrayed in the skits is not Dolly Parton's sister, and YES - the portrayal of a Herc pilot was accurate. Finally, we all thought that "B" Flight put on a performance that took a lot of "guts".

Once again, the All

Ranks Mess Dinner was a great success - even though it was very sunny the next day - must have been, there were so many people wearing sun glasses. Thanks to the organization committee - it was truly a great success.

This being the time of year that postings occur, we would like to say goodbye to the following: MWO Leo Montreuil (Med Evac Section) to CFMSS Borden; Capt Gary Kinsey (Nav Section) to 437 Sqn; Capt Bill Stenberg (Pilot Standards) to 429 Sqn; Sgt Fitz Fitzhenry (CTI) Civvie Street; Maj Cec Lohnes (Falcon CPI) to UN New York; Capt Dave York (CLMI) to CFB Lahr; Sgt Mike Noel (Loadmaster) to CFB Lahr. Thanks, we'll miss ya!!

A warm welcome to our newest fledgelings: OCdt Gary Larocke, "A" Flight; Sgt Leaky Fawcett, CC130 FE; Sgt Jack Laliberte, CC130 FE; Capt Del Cotreau, CLMI; MCpl Lafamme, CTI. May Big Bird keep you in his nest for a long time!

Congratulations to Harry Smith and his bride. Welcome to Henpeck Haven, Harry.



Left to right: LCol Vacirca, Air Commodore Burgess (retired) Col King, and CWO McNeil. (CFB Trenton Photo)

# YTEP increased

Ottawa - Defence Minister Jean-Jacques Blais has announced that the Canadian Forces Youth Training and Employment Program (YTEP) has been enlarged with an additional \$8.5 million that will allow 1,000 youths to receive the training and work experience they need to find a permanent job.

The Department of Na-

tional Defence is already participating in several government employment initiatives. This increased YTEP funding complements earlier efforts and is made possible through the \$150 million Youth Opportunity Fund announced in the February budget.

Starting in late June, 1,000 young men and women will benefit from an average of six months full time training and service with the Regular Force. In addition to basic military training, emphasis will be on the acquisition of useful skills applicable to the civilian work force. Training will be provided in 24

specialities ranging from vehicle mechanic and cook to medical assistant and finance clerk. The program runs to March 1985.

Although they will not be required to undergo further military training after graduation from the program, participants will be enrolled in the Supplementary Reserves for two years.

Bien qu'ils ne soient pas obligés de poursuivre leur instruction militaire après avoir terminé leur stage, les participants au programme seront intégrés aux Réserves supplémentaires pour une période de deux ans.

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# BAMEO

In comparison with the feverish activity of the first four months of 1984, the Base Aircraft Maintenance and Engineering Organization has been a scene of relative tranquility these past two weeks. We have been given the approving nod from Air Command, following their detailed audit of our operation in April, and our techs have returned home after successfully supporting EX MAITRE GUERRE and EX WAINCON.

As usual everyone is busy with the normal routine of inspecting and repairing aircraft systems and components. However, two groups have been especially active recently. The troops from AECMS (Boeing Configs) have been working like beavers. They have the task of changing the inside configuration of the Boeing 707 to fit the operational tasking. This past week they have configured passenger aircraft into freighters, aircraft refuellers, and the most arduous task of all, into a VIP aircraft for the Prime Minister. Inevitably when the missions are completed they must be reconfigured again. In sum, the "Boeing Config" team is working hard and doing an excellent job. Another busy group of individuals are those people involved with OSMER. They are easily recognized by their dazed expressions, rapidly graying hair and incoherent mumblings.

In the two previous BAMEO submissions to CONTACT we have attempted to provide the reader with some insight into the functions of and the people involved with, Aircraft Maintenance at CFB Trenton. Continuing on that theme, we will discuss yet another aspect of BAMEO: the Heavy Transport Aircraft Maintenance Section (AMO/HT). This section is headed by Major JE Calleja and is responsible for all scheduled and unscheduled maintenance on the Boeing (CC137) and the Hercules (CC130) aircraft. To facili-

tate these functions AMO/HT is divided into two sub sections: Servicing (ASO/HT) and Repair (ARO/HT). This week we will focus on ARO/HT; specifically, the organization responsible for carrying out all scheduled maintenance on the Boeing CC137 aircraft. After 600 flying hours the Boeing is towed into number two bay in 10 Hangar. It is there that a detailed inspection of all of the aircraft systems is carried out and necessary modifications are embodied. The organization responsible for accomplishing this task also completes a less extensive, but equally important, supplementary inspection on the Boeing after 300 flying hours. To provide you with a closer look at the dedicated group of people who man the Boeing Repair Section and whose hard work and expertise contributes significantly to keeping the Boeing 707 safe and airworthy, the following report has been prepared by our on-the-scene correspondent, Pte(W) Louise Williams.

**Boeing Repair - A look at the world of Boeing 707 Maintenance.** This article should give our readers an insight into the Keepers of the affectionately known "Great White Bird".

The maintenance world comes to life usually on a Monday morning, with the start of a Periodic Inspection (minor overhaul-tune up). The combination of Experienced and Inexperienced, male and female, tackle the job ahead. It has a beehive atmosphere, with people constantly moving in, out and around the large white hive (Boeing 707). The trades involved are many and varied. The list includes Aero Engine, Airframe, Instrument Electrical, Communication Systems, Radar Systems, Integral Systems, Safety Systems, Weapons Tech, Metals Tech, Machinist, as well as our beloved Paper Pushers.

Like all hives we have our leaders and workers. Start with Captain Fortier,



Major AP Humphreys, MSO, is shown presenting Cpl Gerard Gauthier with his new chevrons. Cpl Gauthier, an AERO Engine Technician employed in Engine Bay, is a native of Sudbury, Ont. All in BAMEO congratulate Gerard and wish him continued success. (CFB Trenton Photo)

then MWO Carroll, on to WO Bucknell, then all our individual trade heads and personnel.

Along with maintenance we have a branch known as Pod Shop. The function of Pod Shop is to mount refueling pods on the wing tips of our Boeing and fly Air to Air Refuelling missions with the CF-5 and CF-18 fighter aircraft.

As anyone who has been around the military will know, posting season is upon us once more. In maintenance this year we have a large turnover. Starting with the top:

MWO Mike Carroll will be leaving us for Shearwater on Aug 13. Mike joined the military on Aug 4, 1952 in his home town of Windsor, Ont. He learned his trade on the ship Cape Breton in Halifax for (2) two years. From there it was all up hill. Mike is one of the few original Boat People and we know he will feel right at home. Good luck, Mike.

Sgt Bob Bissett is off to Baden, Germany on Aug 5. Bob hails from Goderich, Ont. He joined the military in London, Ont. His original training was at Borden, Ont. With sports as Bob's hobby we are sure that he will find Germany a challenging atmosphere. Best wishes go out to Bob, his wife Betty-Jane and their two children.

Recently promoted Sgt Don Kent is another lucky soul to be posted overseas. Don leaves for Lahr, Germany on the 5th of Aug. Don hails from Bell Island, Nfld. He joined in St John's Nfld. His training was at St Jean, Que and Borden, Ont.

Don and his wife Lois have three children and one granddaughter. The best of wishes go to Don and Lois in their new home. Sure hope that the Darts Competition is as challenging in Germany.

MCpl Tom Wright is also off to Baden, Germany on the 6th of Aug. Tom's home town is Brampton, Ont. He joined in Toronto, Ont. Tom is another Boat Person. He trained in Shearwater, NS. With Tom's hobbies being fishing and hunting we hope the wildlife is ready for Tom. We wish Tom, his wife Jean and their three children the best Germany has to offer.

Cpl Chris Passley will be leaving us to join the

Boat People in Shearwater on Jul 23. Chris joined the military in her home town of St Catherines, Ont. Chris did her training in Borden, Ont. Lucky Chris is soon to be married. With oil painting as Chris's hobby she will enjoy the scenery, said to be beautiful on the East Coast. We wish Chris the best of luck in everything.

Cpl Bob Perrault is another who is going across the pond. Bob will be leaving for Baden, Germany on Aug 26. Bob comes from

Uxbridge, Ont and joined in Toronto. He did his training in Borden, Ont. Bob is very active in the Big Brothers Association, so more than just Boeing Maintenance will miss him. Good Luck in everything, Bob.

And last but not least, as in any organization, the veterans must move over for the young. This year the maintenance family will be

- Cont on page 8

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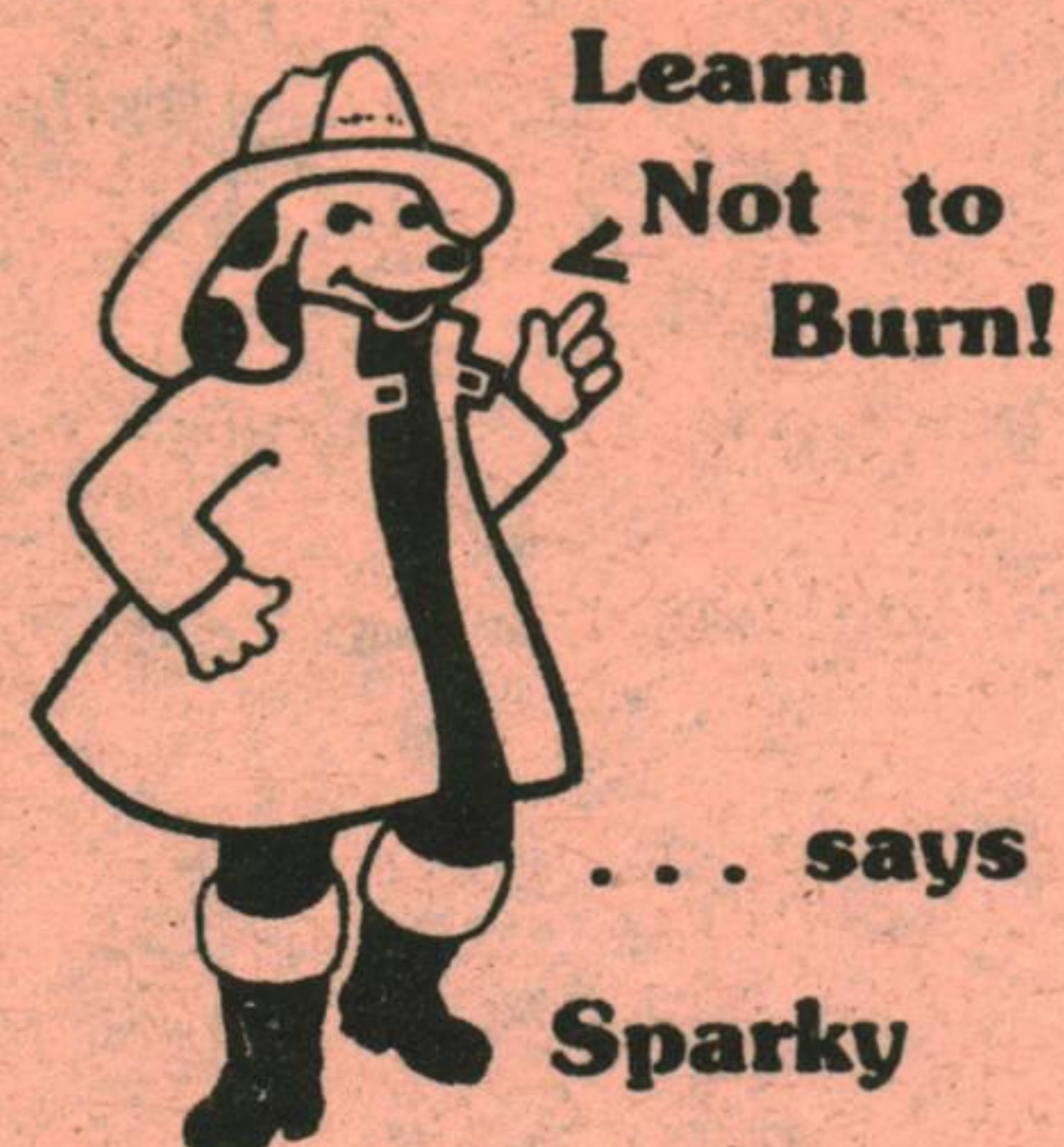
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Affected models:

- MODEL DC200A - 6710 through 6712; 7701 through 7712; 7801 through 6712
- MODEL DC400A - 6709 through 6712; 7701 through 7712; 7801 through 7804
- MODEL DC500A - 7706 through 7712; 7801 through 7804

Owners of these CGE Coffeemakers should stop using them and return them to the nearest CGE authorized service depot for modification without charge.

Owners requiring further information should write to CGE, PO Box 4000, Barrie, Ont L4M 4V3 or call CGE at the following toll free numbers: All Provinces except BC and Quebec - 1-800-461-7577; BC Only - 112-800-7577; Quebec (English only): 1-800-461-4468; Quebec (Francais seulement): 1-514-4468.



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**BAMEO - Cont from page 7**

losing four upper echelon. Starting with:

**WO Jim Bucknell** - Jim will be retiring this summer. After giving the military thirty years Jim has decided to relax. Jim hails from Vernon, BC. He joined in Saskatchewan, Sask and did his training in St Jean, Que and Borden, Ont. With Jim's hobbies being fishing and hunting, we hope he will make the best of it with his spare time. We wish Jim, his wife Edith and their two children the Best of Luck in whatever they choose to do in civilian life.

Next we say goodbye to recently promoted **WO Dutch Simms**. Dutch will be retiring on Oct 8 after thirty-one years of military life. Dutch comes from Liverpool, NS and joined in Halifax. He trained in St Jean, Que and Borden, Ont. With Dutch's retirement we know he will make the most of his hobbies which include golf, music and reading. Dutch was recently made a grandfather and we know his little granddaughter will keep him busy as well. We wish Dutch and his wife Evelyn the Best of Luck in their civilian life.

Then we say goodbye to **Sgt Des O'Rourke**. Des will be retiring with thirty years of service on Nov 11. Des hails from Acton, Ont and joined in London, Ont. He trained in St Jean, Que and Borden, Ont. With Des's hobby being gardening we know his landscape will be a horticultural de-

light to the senses. Best wishes go out to Des and his wife Irene and their two children in whatever they choose to do with their new found freedom.

We also say goodbye to recently promoted **Sgt Len Poirier**. Len will be retiring on Jul 3 with 30 years of Military Mischief. Len comes from Campbellton, NB and joined in St John NB. He trained in St Jean, Que. Len would not tell of his hobbies but by his laugh they must be interesting. Len's daughter was recently married, so maybe there will be some grandchildren to occupy his time. We wish Len and his wife Mary the Best of Luck.

With all the people leaving we hope the new people will be as special as the ones we are losing. To us Boeing Maintenance is a family, we hope the people joining us will be as content as the people they are replacing have been. Look for more of Boeing Maintenance in future editions of CONTACT. 'Til then the family bids you ADIEU.

Finally, old man winter has relented and we have experienced the first promises of Summer. With warm weather comes increased outside activity on the Hangar Line; the highways and the waterways. It is a time to enjoy ourselves; however, it is also a time for increased safety awareness. So please remember - be careful out there. Until next time...


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**Captain RD Zimmer, CD retires**

Capt RD Zimmer, CD retires from the Canadian Forces. BGen DFC Garland, Commander of Air Transport Group at Canadian Forces Base Trenton Ontario, presents Capt Zimmer with his Certificate of Service for thirty years of faithful service.

Capt Zimmer joined the RCAF in May 1954 and earned his Navigator's wings in April 1955. He has served in a variety of interesting jobs and locations: flying as a Maritime Air Navigator on 404 Sqn Greenwood, NS; instructing at 2 (M) OTU at Summerside PEI; Air Traffic Control at Summerside, St John's Nfld, Baden-Soellingen West Germany, Gimli Manitoba and Trenton Ontario; and finally, serving as an Air Controller in the Trenton Rescue Coordination Centre for the last ten years.

Bob and his wife Pat (both originally from Guelph, Ontario) are retiring in St Catherines, Ontario. They have two sons: Mike, who is married, lives in Hamilton and Doug, who lives in Calgary. (CFB Trenton Photo)



The BTSO's secretary, Mrs Lee Jackson, is seen being presented with a Certificate of Achievement by the BTSO, LCol EM Hare. Mrs Jackson along with other secretaries from the Base recently completed a course on Forms of Military Writing. (CFB Trenton Photo)

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# Base Supply



On 1 June 84, Mr Albert Cunnell, carpenter for Base Supply, received his Retirement Certificate from LCol EM Hare, BTSO. Maj RR Ryan accompanied him for the presentation. Mr Cunnell began his career in DND as a cabinet maker at 6 Repair Depot Trenton in 1957. In 1969, he moved on to the carpentry shop of the CE Section at CFB Trenton. Mr Cunnell then became carpenter/supervisor for BSupply in 1979. Friends and co-workers wish Al their best in his retirement years. (CFB Trenton Photo)



Maj RR Ryan, BSupO, gladly presents Cpl Jean Slaunwhite with her MCpl hooks. She is employed in the Light Aircraft Maintenance Supply Group 5GK in 9 Hgr. MCpl Slaunwhite will spend the summer in Whitehorse, NWT in support to cadet organizations. (CFB Trenton Photo)



## Trenton after dark

SS WOs' & Sgts' Mess

### Hi-Lites

The bingo held Saturday night last - June 9, was not well attended with only 40 people present. Winner overall was Mrs Chuck Calder, others included Mrs Urquhart and Mrs McManus. (Caller was WO Chuck Calder.)

The Mixed TGIF and games scheduled for Friday June 29 has been cancelled as this conflicts with Golf (Officers & NCOs) that day and also is the start of the 60th Anniversary "Homecoming Weekend" with festivities planned for that evening at Baker Island. Remember the Officers' and NCOs Golf at 0900 hrs Friday June 29. The Mixed Golf set for Sunday July 15 is at 1330 hrs - 9 holes only for a fun game for all. Support these functions members, line up a date with your spouse or friend for Sunday July 15th. On Friday July 20 at 0900 hrs the Carling O'Keefe golf and on Friday July 27 the CFB Kingston Carling O'Keefes golf. For more information on golf and dates, call Sgt Gerry Homer at local 2926.

Next bus trip to Montreal Expos ball game set for Sun Jul 15 - call Sgt Rod

Chabassol at local 8281 if interested. Return transportation and ticket to game at 300 level - \$32 per person plus refreshments on bus.

Steak Day every Wednesday in Fireside Lounge at Mess 1130 to 1300 hrs - \$4.00 per steak. You barbecue on gas barbecues provided, to the way you like it - roll and butter, salad, baked potato and sour cream all included in \$4 cost per steak. Best deal around gang, so bring your spouse, friends, and guests for a good meal.

Entertainment schedule available in Mess, by reading CONTACT Base newspaper each Wednesday or by calling 392-7478 "SGTS" on your dial - 24 hrs a day for recorded update.

I will be on holidays

from Sat June 16 to July 4th and thus the next write-up will not appear until July 18 in CONTACT. Sincerely hope all your children graduated and trust everyone will have a safe and happy summer vacation. Again our best wishes to those members retiring and likewise every good wish to those members and families posted. A special thank you to Mess Manager WO George Schnubb for all his assistance to me personally. Thanks, George, and we shall miss you, so try and

make it back real soon. CFB Trenton Pipe Band has vacancies for Pipers and Drummers - no experience required. Beginners taught. Call 3387 or enroll any day at noon Bldg 175 AMDU.

\*\*\*

The teacher placed this sentence on the board: "I didn't have no fun over the weekend."

"How could I correct that?" She asked Jimmy.

"Get a feller," he replied.

\*\*\*

Sayonara.

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— BY Capt GW Ross

Prior to 1944 when the Corps of Royal Canadian Electrical and Mechanical Engineers (RCEME) was officially formed, Canadian fighting soldiers were principally supported by three separate Corps: the Royal Canadian Ordnance Corps (RCOC), the Royal Canadian Army Service Corps (RCASC), and the Royal Canadian Engineers (RCE). Although these three provided excellent service to the Army there was, nonetheless, an inefficiency associated with the duplication and triplication of effort of the three Corps. This was not a unique problem to Canada since our army structure had been borrowed from Britain.

# 40<sup>TH</sup> Anniversary of the Formation of RCEME

It was therefore not surprising that Canadian and British planners were keen to rectify this problem at the outbreak of war in 1939.

As a result, a British committee, under the Chairmanship of Sir William Beveridge, investigated the situation and subsequently recommended that a distinctive Corps of electrical and mechanical engineers be formed with the aim of removing electrical and mechanical engineering functions from the Royal Ordnance Corps (ROC), the Royal Army Service Corps (RASC), and the Royal Engineers (RE). The recommendations were accepted and in October 1942 the Corps of Royal Electrical and Mechanical Engineers (REME) came into being. The Canadian Army overseas followed the British lead but did not officially form the Corps of Royal Canadian Electrical and Mechanical Engineers (RCEME) until 15 May 1944.

In the fall of 1944 Canada participated as part of the British Eighth Army in the invasion of Italy. During the campaign Canadian Craftsmen distinguished themselves with their ingenuity and ability to keep equipment serviceable during extreme adverse conditions. Following the Italian campaign Canadian Craftsmen received four Military Medals, three Military Crosses and several Honourable Mentions in dispatches for gallantry under fire.

Besides the Italian campaign, Canadian Craftsmen distinguished themselves in Europe during the latter part of World War II. As a result of the European phase of the War Craftsmen received several decorations for gallantry in the face of danger. These ranged from Military Crosses, Honourable Mentions to the very prestigious Bronze Cross of the Netherlands.

All in all, some 11,000 RCEME personnel, spread over 150 RCEME units, participated in World War II. Of these there were about 500 officers, 2,500 storemen, clerks, cooks, drivers and general duty personnel, 1,000 artificiers and 7,000 artisans, mechanics, fitters, blacksmiths, welders and electricians.

With the end of War RCEME personnel busied themselves with the demanding role of preserving machinery, repairing casualties and refurbishing damaged equipment. The Corps flourished and was quick to rise to the task presented to it by the Korean War in 1950. Combat arms personnel, as before, rapidly learned the value of the multi-faceted RCEME tradesmen. During the 50s and 60s the Corps expanded and assumed new roles in order to keep pace with a rapidly advancing military technology. Besides these technical functions, RCEME personnel participated admirably in peacekeeping duties in Vietnam, Cyprus, Egypt, the Golan, the Congo, Cambodia and Laos.

In Feb 68, following 24 years of distinguished service, the RCEME Corps became the Land Ordnance Engineering (LORE) Branch. Tradesmen were transferred from the Air Force and Navy vehicle maintenance trades into the common LORE Branch trades, likewise, some RCEME trades moved to the Aerospace Engineering (AERE) and Communications and Electronics Engineering (CELE) Branches. During its 16 year life the LORE Branch, in keeping with tradition, served the Canadian Forces with distinction. But because the term 'ordnance' did not fully

describe the functions of the branch, military planners reached the decision to re-introduce the electrical and mechanical engineering terminology back into the name. Approval was received to proceed and a new name was selected. So it is that on 15 May 84 that the LORE Branch fades into memory and personnel reunite under the new name, the Land Electrical and Mechanical Engineers (LEME). With the change, the ghosts of yesteryear will finally be set to rest and LEME tradespersons will be handed the torch of traditional excellence to carry forward into the twenty-first century.

## HISTOIRE D'UN CORPS

Avant la formation officielle du Génie électrique et mécanique royal canadien (RCEME) en 1944, les combattants canadiens étaient surtout appuyés par trois corps distincts: le Corps royal canadien des magasins militaires, le Corps royal de l'intendance de l'Armée canadienne et le Génie royal canadien. Même si ces trois corps assuraient un service excellent à l'Armée, une certaine inefficacité était liée au double et au triple emploi des efforts qu'ils fournissaient. Il ne s'agissait pas là d'un problème qui existait seulement au Canada puisque la structure de notre armée avait été copiée sur celle de l'armée britannique. Il n'était donc pas surprenant que les planificateurs canadiens et britanniques aient tenu à régler ce problème au début de la guerre, en 1939.

Un comité britannique, sous la présidence de Sir William Beveridge, a donc étudié la situation et a recommandé par la suite qu'un corps distinct de génie électrique et mécanique soit formé afin de décharger le Corps royal des magasins militaires, le Corps royal de l'intendance et le Génie royal, des fonctions de génie électrique et mécanique. Les recommandations du comité ont été acceptées en octobre 1942 et ainsi fut créé le Génie électrique et mécanique royal. L'Armée canadienne a suivi l'exemple de la Grande-Bretagne; toutefois, ce n'est que le 15 mai 1944 que fut formé le Corps du Génie électrique et mécanique royal canadien (RCEME).

En automne 1944, des unités canadiennes incorporées à la huitième Armée britannique, ont participé à l'invasion de l'Italie. Pendant cette campagne, des artisans canadiens se sont distingués par leur ingéniosité et leur aptitude à garder les équipements en état de servir dans des conditions extrêmement difficiles. Pour leur bravoure sous le feu, ils ont reçu, à la fin de la campagne, quatre médailles et trois croix militaires, et on mérité plusieurs mentions honorables qui leur ont été faites dans des dépêches.

Des artisans canadiens se sont également distingués dans le reste de l'Europe pendant la dernière phase de la Seconde Guerre mondiale, recevant, pour leur bravoure face au danger, plusieurs décorations dont de médailles et des croix militaires, des mentions honorables ainsi que la très prestigieuse Croix de bronze des Pays-Bas.

Tout compte fait, quelque 11 000 membres de Génie électrique et mécanique royal canadien, répartis dans 150 unités de ce corps, ont servi sous les drapeaux pendant la Seconde Guerre mondiale. Environ 500 d'entre eux étaient des officiers, 2 500 des magasiniers, des commis, des cuisiniers, des conducteurs, des membres du service général, 1 000 étaient des artificiers, et 7 000, des ouvriers, des mécaniciens, des ajusteurs, des forgerons, des soudeurs et des électriciens.

À la fin de la guerre, les membres du Génie électrique et mécanique ont dû s'acquitter de la tâche exigeante consistant à garder les machines en bon état, et à réparer et remettre à neuf les équipements endommagés. Le Corps a prospéré et n'a pas tardé à se montrer à la hauteur de la situation lorsqu'a éclaté la guerre de Corée en 1950. Comme auparavant, les membres des armes de combat ont pu très tôt apprécier la polyvalence des hommes de métier du RCEME. Au cours des années 50 et 60, le Corps a pris plus d'ampleur, assumant de nouveaux rôles afin de marcher de pair avec les progrès rapides de la technologie militaire. En plus de s'acquitter de ces fonctions techniques, les membres du RCEME ont joué un rôle louable dans les missions de maintien de la paix au Vietnam, à Chypre, en Egypte, au Golan, au Congo, au Cambodge et au Laos.

En février 1968, après 24 années de service distingué,

— Cont on page 16

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# BAdm Branch Presentations



MWO Frank Edgar has recently retired from the CF after 29 years service. His latest employment has been with the Officers' Mess and his thorough dedication to the job has given the CFB Trenton Officers' Mess the distinction of being considered one of the best in the land. Pictured, from left to right, are Maj RF Patrick, PBSVCSO; Col GRJ King, BComd; MWO Edgar; Capt RK Driol, BFoodSO; and LCol GL Walker, BAdmO. The expertise of this fine Senior NCO will be truly missed. Good fortune and best wishes from all in BAdm are extended to the Edgar family who will be residing in the local area. (CFB Trenton Photo)



After an outstanding career of 34 years, CWO Gilbert F Daze, has retired. To honour this Chief, a luncheon was held at the North Side Social Centre. In addition to the retirement certificate being presented by LCol Walker, the Officers and Men of the BAdm Branch presented Mr Daze with a retirement gift of an RCAF/CAF desk clock, suitably engraved. Also presented, to CWO Daze's chagrin, was a 32 year old picture of the honourable Mr Daze while on TD in the USA with some of his other cohorts at an unmentionable nightclub. Needless to say, CWO Daze was speechless and overcome with our generosity. On a more serious note, Mr Daze will not be idly sitting by. He has accepted a position with Rand Sperry Corporation in Montreal as their Chief Training Officer. We congratulate Mr Daze on an outstanding career in the RCAF/CAF and wish him and wife Shirley good fortune and best wishes on the start of their second career in Montreal. (CFB Trenton Photo)



LCol GL Walker, BAdmO, had the pleasure of presenting Sgt ET Swann of the BPERO shop with his CD1, signifying 22 years of service with the CF. Congratulations, Sgt Swann, on achieving this distinction. (CFB Trenton Photo)



LCol GL Walker, BAdmO, had the rare opportunity to present Padre George Taylor with the Second Clasp to CD. This CD2 represents 32 years faithful service and is quite an accomplishment. Padre Taylor is proceeding to CFS Holberg in July of this year on posting and will be missed by all personnel of the BAdm Branch. His congenial personality and sincere interest in helping his parishioners will indeed be missed. God speed to you and wife Rose. (CFB Trenton Photo)



LCol GL Walker, BAdmO, presents the 10 year Non Public Service Award to Mr Bill Williams. Mr Williams is the Base NPF Carpenter/Handyman and his expert services provides the Canex outlets with the prompt and efficient maintenance service required. Well done, Bill. (CFB Trenton Photo)



Cpl Lise Faustin is shown being presented her Cpl chevron by Col GRJ King, BComd. Cpl Faustin enrolled at St Jerome, Que on 23 Jun 80 from her hometown of Lavale. She is currently employed in the Release Section of the Base Orderly Room. This accelerated promotion was effective 1 Dec 83. Congratulations, Lise, keep up the excellent work. (CFB Trenton Photo)

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# SPORTS

## BITS and PIECES



— by Al Thompson,  
Sports Editor

From Where I Sit

### “Cat On A Hot Tin Roof”

It's around this time of the year with high temperatures and high humidity when I feel like a “Cat On A Hot Tin Roof”. Can't say that I like it much either!! I personally prefer the spring, fall and winter months: hot weather and I don't get along. However one has to learn to adjust to all climatic conditions. There are many people out there who take chances with the heat and pay the price in suffering.

a) **Heat Cramps** — persons working outside in a hot environment lose body salt through perspiration. Excessive sweating results in undue loss of body salts and causes heat cramps, which are painful muscle spasms of arms, legs and abdomen.

**Treatment** — Salt lost from the body must be replaced. The First Aider should place the casualty at rest in a cool atmosphere and have the casualty drink a mixture of salt and water in the proportions of one-half teaspoonful of salt to one pint of water. Salt tablets may be used instead of granular salt.

b) **Heat Exhaustion** — Is slow in onset and gives rise to a shock-like condition due to a salt and water deficiency. This can be caused by exposure to excessive heat, especially moist heat, with or without physical exertion or excessive loss of salt and body fluids from excessive sweating. This is often aggravated by a gastrointestinal illness accompanied by diarrhea and vomiting.

**Signs and Symptoms** — All or some of the following signs and symptoms may be present:

- muscular cramps from loss of body salt
- headache, dizziness and, at times, abdominal cramps
- exhaustion and restlessness
- facial pallor and cold, clammy skin
- weak pulse
- rapid and shallow breathing

### Inter-Section Softball

Although the Inter-Section Softball League got off to a wet start with six rained out games and two postponed games, the league is healthy and well underway.

It's far too early after too few games to predict the division split at the end of the first round robin, however here are the standings of the top six teams:

TEAM	WINS	LOSSES	PTS
BAMEO	3	0	6
BTransport	3	1	6
BHospital	2	0	4
HQ	2	0	4
436 SQN	2	0	4
426 SQN	1	1	2

**NOTE:**

1. 708 Comm Sqn also has a 1 and 1 record
2. Standings effective 12 June 84

A special reminder to some teams that the philosophy of the leagues is maximum participation and enjoyment on the recreational level as opposed to

the highly competitive level. Double hitters are now in effect, so in order to make it work ensure your teams are ready to go at game time.

— fainting caused by movement

— sudden collapse and loss of consciousness

Temperature may range from below to slightly above normal and is not, therefore, a good indicator.

**Treatment** — The First Aider should proceed as follows:

- place the casualty in cool surroundings
- if the casualty is conscious give cold water to drink
- if the casualty has had excessive sweating, cramps, diarrhea or vomiting add a half teaspoonful of salt to one pint of water.

Casualties who do not recover quickly, and all casualties who lose consciousness, should be seen by a physician.

c) **Heat Stroke** — Is a less common but far more serious heat illness. The onset is sudden and may be preceded by heat exhaustion. It occurs in conditions of high temperatures and hot drying winds or in high humidity and poor air circulation. It is common in the elderly and alcoholics who are exposed to hot environments for prolonged periods. It may be caused by malaria or other debilitating diseases.

**Signs and Symptoms** — Some or all of the following signs and symptoms may be present:

- the face is flushed and the skin hot and dry
- temperature may be in the 40°C (104°F) range
- pulse will be full and bounding
- breathing is noisy
- the casualty is restless and, if conscious, may complain of headache, dizziness and excessive heat
- unconsciousness may develop quickly
- convulsions may occur in the young

The aim of First Aid is to reduce the casualty's temperature as quickly as possible.

**Treatment** — The First Aider should proceed as follows:

- remove the casualty's clothing and wrap him in a wet, cold sheet or immerse him in a cool bath. This treatment is to be continued until the casualty's temperature has been lowered to 38C (101F). The sheet should be kept wet by pouring water over it when required.
- place the casualty in the recovery position
- direct currents of air on to the casualty from above and below by hand or electric fan

### Last Year — Inter-Section Action!!



Close play at home, but “out” he was as 426/BHosp win a play-off game. (CFB Trenton Photo)



“Here comes the ball” says Mike Marshall in some more play-off action. (CFB Trenton Photo)

— when the casualty's temperature has dropped to an acceptable level move him into a cool accommodation and cover him with a dry sheet

- if the casualty's temperature rises, repeat treatment
- remove to a medical facility

A heat stroke casualty may die unless the First Aider actively works at lowering the body temperature.

A great majority may have suffered from mild cases of “heat exhaustion”, and said, “I've just had a little too much sun”. However, if the conditions were right it could very well have been a “heat stroke” which could lead into eventual loss of body functions. It can happen to you; it did to me. I was in Sioux Lookout at the time and, as per normal habit, I ran at noon hour (close to the hottest period of the day). On this particular day a friend and I decided to do seven miles: it was a hot humid day with a warm, wind. After the run was over, I started getting spots in front of my eyes, stopped perspiring, got a severe headache, nausea, and continuous vomiting. I was quite fortunate in that the medic was working out in the gym and knew what to do. I was rushed to the hospital, in extreme pain, and I thought I had had the biscuit!! I was quickly treated and spent 24 hours in the hospital under observation.

So I can say from first hand experience, treat hot weather and high humidity conditions with the greatest deal of respect! Ensure you replenish body fluids during the hot days, limit over-exertion and exposure to the conditions, wear protective sun screens (suntan oils), hats, etc during these periods and have a safe enjoyable summer.

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# SPORTS

## Red Cross Learn To Swim

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RLSS Course, Lifesaving I, II, III Bronze Medallion and Cross will only be taught if enough registration is taken.

Cost - \$15 a child - \$25 per family - Red Cross.

## Trenton Flyers Touch Football

The CFB Trenton Flyers played Bert Jones Sunday 10 Jun 84 at Bain Park. After playing even in the first half, Bert Jones pulled away to win the game 32 - 14.

At the half, the score was tied at 6 - 6 and in the second half Bert Jones,

playing with more players than the 7 players for Base, pulled away to an easy win.

The next game will be played at Bain Park Fri 15 Jun at 1930 hrs. For more info contact Pte McNamara at 3764 or Cpl MacKenzie at 3328.

## Regional Road Race

This year's Regional Road Race will be held in Sep at CFS Carp, with the Nationals being 23-25 Oct in CFB Lahr. This year's competition will be tough to beat as the Ontario Region was the over-all team winner at last year's Nationals.

The Regionals and Nationals are comprised of two runs. The first run is a 10 km road race and the second run is a 15 km cross-country run. All interested male and female runners are to contact Cpl MacKenzie at 3328.

## 1984 Base Golf Playdowns

The Ontario Region Golf Championship will be held in CFB Borden 24 - 28 Sep 84. In order to facilitate all

interested military personnel, the following Base play-off rules will be in effect:

### Qualifying Rules Base Play-Off

1. Register with the South Side Rec Centre at local 3373.

2. Play a maximum three 18 hole rounds prior to 6 Aug. A minimum of two eligible golfers must play in the round.

3. Pick up a signed card from the pro shop prior to playing each round.

4. At the end of each round, golfers are to return their completed cards to the pro shop. The PERI staff will maintain an official record of all completed rounds.

5. The best two rounds will be counted towards seeding for the Base play-off.

6. A Base play-off of the lowest 18 qualifiers will be held at CFB Trenton Golf Club 14-15 Aug 84 at 0800 hrs. The best 5 players after the final 36 holes will represent CFB Trenton.

7. As Regional golf is a non-gender sport the tees used for all qualifying rounds will be the men's. Servicewomen are still eligible to participate.

8. No other qualifying dates are available. Please schedule all leave and work commitments to ensure you are available for 14-15 Aug 84.

9. Personnel requiring further information may contact Sgt Al Thompson, local 3373 or 394-3918.

## Outdoor Tennis

There are several tournaments coming up for club members, so please check the bulletin board at the North Side tennis courts.

Please bear with the inconvenience for the present time.

Applications and information about the club are available at the South Side Rec Centre.

The Trenton Dominion Day Doubles has been established as a permanent tri-club event. The clubs involved are Trenton Racquet, Trenton Community Tennis Club and CFB Trenton Outdoor Tennis Club. Dates for this combined event are June 30, July 1 and 2. Trenton's finest players will be competing in the Men's & Ladies' Doubles, so find a partner and start practising. Gary Scotti and David Trattles, and Pat Warnock and Sylvia King, members of the CFB Trenton Club won the main event last year.

The North Side tennis courts are being used temporarily until the South Side tennis courts are resurfaced.

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## Heritage Fun Run

On Sun 10 Jun 84, two teams from CFB Trenton participated in the heritage Fun Run from Trenton to Picton. A total of 56.5 kilometres was run between the two cities. The start of the run was at Centennial Park, Trenton and finished at MacAulay Heritage Park, Picton. The course followed the newly designated Loyalist Parkway (Highway 33).

A total of 6 members formed one team. Each leg

of the run ranged from 8.3 km to 11.6 km. The runners passed through such towns as Carrying Place, Consec, Hillier, Wellington and Bloomfield.

A total of eighty teams were expected to take part in the fun run. The official start was at 1000 hrs. After 3 1/2 hours, two teams had completed the run in Picton. As the name of the run indicates, a fun time was had by all.

### PENGUIN POOL

#### Summer Schedule 84 Effective 3 July 84

DAY	TIME	ACTIVITY
Monday	1200 - 1400 hrs	Military Swim
	1400 - 1800 hrs	Casual Swim
	1800 - 1900 hrs	Fitness Swim
Tuesday	1200 - 1400 hrs	Military Swim
	1400 - 1800 hrs	Casual Swim
	1800 - 1900 hrs	Fitness Swim
Wednesday	1200 - 1400 hrs	Military Swim
	1400 - 1800 hrs	Casual Swim
	1800 - 1900 hrs	Fitness Swim
Thursday	1200 - 1400 hrs	Military Swim
	1400 - 1800 hrs	Casual Swim
	1800 - 1900 hrs	Fitness Swim
Friday	1200 - 1400 hrs	Military Swim
	1400 - 1800 hrs	Casual Swim
	1800 - 1900 hrs	Fitness Swim
Saturday	1200 - 1800 hrs	Casual Swim
	1800 - 2300 hrs	Special Bookings
Sunday	1200 - 1800 hrs	Casual Swim
	1800 - 2300 hrs	Special Bookings

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2. For more information contact Sgt Ron Fitzpatrick, Pool Supervisor, local 3364/3467.

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# SPORTS



## The Northern Lodge

The Fish & Game Club Northern Lodge facilities are located on the shores of Lake Shabomeka, approximately 75 miles north of CFB Trenton, in the Mazinaw region.

Some of the activities available at the Lodge and surrounding area are:

a. Fishing: Winter and summer - pickerel, trout (brook, rainbow and brown), pike and bass. Five lakes surround Lake Shabomeka and all can be reached via short portages;

b. Boating: A 14 foot boat is available with the renting of a cabin. Outboard motors however, are not available;

c. Canoeing: A canoe is now available at the Lodge. Although it was bought to facilitate portaging to smaller lakes, it can also be used for pleasure canoeing;

d. Swimming: The Lodge has its own beach but a safer public beach is available a short distance from the Lodge. It is advised that smaller children use this beach as it is safer;

e. Skidooing, ice fishing and cross-country skiing: These winter sports can be enjoyed without restriction in the Lodge area when using the Lodge as a base camp.

f. Hunting: The area surrounding the Lodge is one of the prime areas, in the province, for deer hunting; many other types of game can also be found. Here again the Lodge can be used as a base camp.

g. Camping: Please note that camping is not allowed at the Lodge, however, there are fully equipped campgrounds close to the Lodge. As well, Bon Echo Provincial Park is not too far from the Lodge. (8 miles)

Many other activities can be enjoyed at the Lodge and can be yours to discover, at your leisure.

The facilities available at the Lodge are as follows:

a. The main lodge where the communal facilities are located such as social centre, hot and cold showers and washing facilities for dishes and clothes. A large screened veranda fronts the face of the building, and overlooks the lake.

b. A total of four cabins are available for you to rent at a cost of \$10 per day. Three of those cabins can accommodate up to 6 persons with the remaining one capable of accommodating 4 persons. These cabins are fully equipped with electricity, fridge, stove and baseboard heaters. There are some kitchen utensils available but we suggest that you bring your own. The beds have mattresses and you are required to bring your own bedding.

c. Also available to rent at \$8.00 per day are two trailers which are fully equipped and can sleep up to 4 persons. Here again they are fully equipped and you have only to bring your own bedding, dishes and

utensils.

Other facilities include seven boats, a recently built dock, and outdoor toilets. The nearest telephone is at the Mazinaw Inn two miles up the road.

A new reservation system is now in force. Reservations must be made in person at the Rec Centre Orderly Room. A 50% deposit on your bookings is required at the time your reservation is made.

For further information, please do not hesitate to contact MCpl Bob Etches, the Chairman of the Northern Lodge, or any other member of the executive committee.

## Skeet Club

The Skeet Club forms one part of the CFB Trenton Fish & Game Club and it operates under the same constitution. The Club (Skeet Club) is located on the west side of the Mountain View Airport and access to it is gained through the main entrance at the Airport. You might be requested to present your membership card in order to proceed to the range.

**Shooting can only take place when a qualified Range Safety Officer is present.** The Club has fully qualified Range Safety Officers who also enjoy the sport and can be available on short notice. In order to minimize delays and troubles, we request that you schedule your shooting periods well in advance.

Your Range Safety Officers are: MWO Kay Oslie local 208; MCpl Guy Busiere local 208

Your cost will be: \$2.00 for 25 targets.

The facilities available

- Cont on page 15

## MORE BOATING BOOKS

- Reviewed by the Skipper

"The Elements of Seamanship" by Roger C Taylor is a new book at the Base Library. In an interesting, practical style, the writer uses examples from his own experience to present the detail and "art" of good seamanship.

One main idea keeps coming through - be prepared. The seaman should have a vivid imagination. He or she should anticipate what may happen and have a ready plan to cope. Of course, the boat and its equipment should be continuously checked to maintain its readiness for any situation.

The chapter headings illustrate the sense of humour which this experienced author brings to his topic: Keeping her going, Keeping her where you want her, Keeping your reputation, and Appendix A: Keeping a civil tongue at sea.

This book is much more than a "how to" manual. Through his examples and anecdotes, the author reveals the seaman's attitude of mind that prepares him or her for the right action at the right time. Combined with countless hints and directions, the art of seamanship presented in this little book (111 pages plus bibliography) could be studied over and over again by novice and expert alike.

Urging the seaman to learn and then practise his art, the author quotes Ben Franklin; "Up, sluggard, there'll be sleep enough in the harbour".

All this good advice is yours free on the new book shelf, Base Library.

## ALBATROSS POOL Summer Schedule 84 - Effective 18 June 84

DAY	TIME	ACTIVITY
Monday	0700 - 0900 hrs	Cleaning & Maint
	0900 - 1130 hrs	Red Cross Classes
	1130 - 1330 hrs	Service Swim
	1330 - 1630 hrs	Casual
	1700 - 1800 hrs	Dolphin Swim Club
Tuesday	1800 - 2000 hrs	Casual
	0700 - 0900 hrs	Cleaning & Maint
	0900 - 1130 hrs	Red Cross Classes
	1130 - 1330 hrs	Service Swim
	1330 - 1630 hrs	Casual
Wednesday	1700 - 1800 hrs	Dolphin Swim Club
	1800 - 2000 hrs	Casual
	0700 - 0900 hrs	Cleaning & Maint
	0900 - 1130 hrs	Red Cross Classes
	1130 - 1330 hrs	Service Swim
Thursday	1330 - 1630 hrs	Casual
	1700 - 1800 hrs	Dolphin Swim Club
	1800 - 2000 hrs	Casual
	0700 - 0900 hrs	Cleaning & Maint
	0900 - 1130 hrs	Red Cross Classes
Friday	1130 - 1330 hrs	Service Swim
	1330 - 1630 hrs	Casual
	1700 - 1800 hrs	Dolphin Swim Club
	1800 - 2000 hrs	Casual
	0700 - 0900 hrs	Cleaning & Maint
Saturday	0900 - 1130 hrs	Red Cross Classes
	1130 - 1330 hrs	Service Swim
	1300 - 1630 hrs	Casual
	1700 - 1800 hrs	Dolphin Swim Club
	1800 - 2000 hrs	Casual
Sunday	0800 - 1200 hrs	Cleaning & Maint
	1200 - 1300 hrs	Adults Only
	1300 - 1600 hrs	Casual
	1800 - 1900 hrs	Casual
	1900 - 2000 hrs	Family/Adult

### NOTES:

- If inclement weather, the service swim will be held at the indoor pool.
- Times on Sat/Sun designated as adults only are on a trial basis only. Poor response will result in cancellation and convert to casual use.
- Saturday/Sunday from 1900 - 2000 is designated as family swim including adults.
- Any inquiries or information on aquatic activities are to be directed to Sgt Fitzpatrick, local 3364/3467.

## Region and National Spring/Summer Activities

ACTIVITY	Region Host	Dates	National
Softball(M)	North/South	Jul/Aug	CFB Trenton
	Playoff		5-8 Sep
Softball(F)	CFB Toronto	6-8 Aug	CFB Winnipeg
			27-30 Aug
Soccer	CFB Trenton	16-21 Sep	
Golf	CFB Borden	24-28 Sep	
Tennis	CFB Toronto	August	
Road Race	CFS Carp	September	CFB Lahr
			23-25 Oct

NOTE: You will receive the exact hosting dates upon confirmation.

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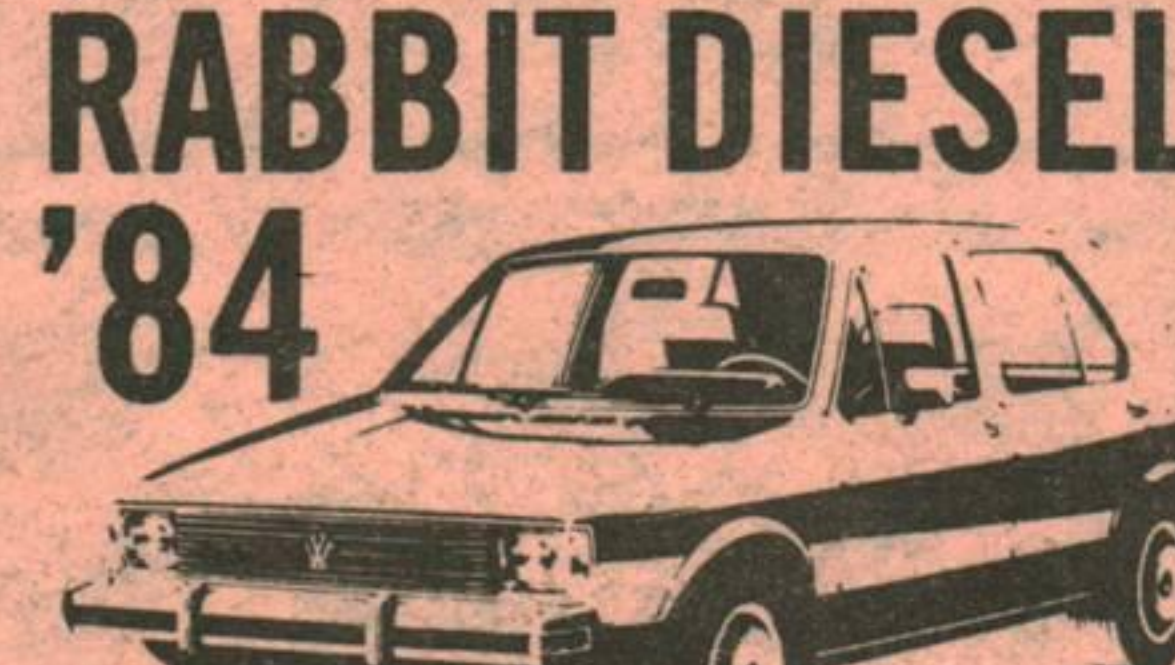
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# A/C/M LS Breadner Public School



Track and Field Day at Breadner Public School on Wednesday, 23 May 1984. Runners in the Mosquito boys 400 m with Robbie Williams in the lead, followed closely behind by Scot LeBlanc and Chris Carrier while Paul Outred and Marcus Wilson look on. (CFB Trenton Photo)

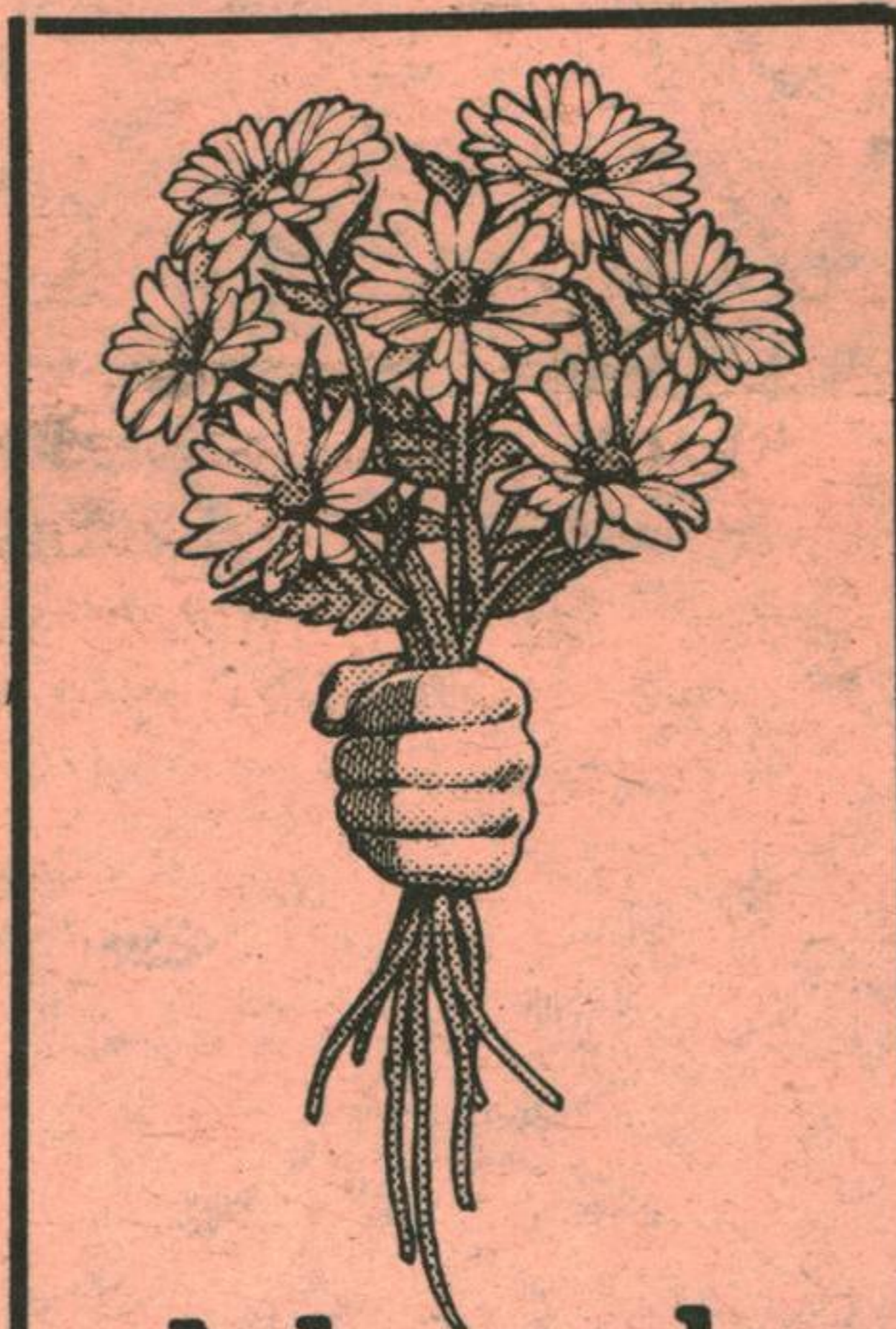
The annual track and field day took place at A/C/M LS Breadner Public School on Wednesday, 23rd of May. Students from Breadner Senior and Breadner Primary (Francophone) participated. The events on this day were the 100 m, 200 m, 400 m, 800 m, 1500 m, relays, high jump, long jump, triple jump, and shot put. The students who placed 1st or 2nd in their events went on to the ASG (Area School Group) track meet held at Trenton High School on Tuesday June 5th. If they placed 1st or 2nd there, they went on to the County Track Meet held at Sir James Whitney School in Belleville on Thursday, June 7th.



Stephanie Moore of Breadner Senior School in competition with other Bantam (age 13) girls in the Shot Put. Stephanie finished first with 7 m 50 cm with Sheri MacDonald and Traci Outred placing 2nd and 3rd. (CFB Trenton Photo)



Tammy Long attempts to jump 95 cm in the Mosquito girls high jump while other contenders look on. Christine MacDonald placed first with Laura Tapp and Tracy McQueen placing second and third. (CFB Trenton Photo)



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**FISH & GAME**

- Cont from page 14

**at the range are:**

- a. A Winchester Wester, self-loading skeet trap, one in the high house and one in the low house;
- b. one 12 gauge Winchester autoloading skeet gun;
- c. Mec 650 loaders for 12 and 20 gauge shells.

If the loaders are used with the materials provided by the Club, it will cost you \$3.50 to load 25 shells. In other words a round of skeet will cost you a total of \$5.50.

The Skeet Club operates

from early spring to late fall. The range is situated in close proximity to the runways. When the glider pilot training school operates off a certain runway, shooting must cease. The Range Officer should be in constant communications with the appropriate authority at Mountain View. We thereby request your co-operation in this matter.

For further information on the Skeet Club, contact the Chairman of the Skeet Club, MWO Kay Oslie, or any other member of the

executive committee. Please note that if enough members are interested a competition could be organized. We wish you good shooting.

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# At Wit's End

By Erma Bombeck

To my knowledge, no one has ever researched the history of volunteerism.

Was the battle at Little Big Horn a group of fathers and sons attending a Scout camporee that got out of hand?

Was some poor mother volunteered by her kid to bring the potato salad for 500 for the first Thanksgiving at Plymouth Rock?

I suspect we will never know for sure, but of one thing I'm certain. Volunteerism prepares you for greatness.

Leafing through the pages of history, you can almost read between the

lines. Take Sadie Orchard. Do you think her becoming the first woman to drive a stagecoach in 1880 in the Wild West was by accident? Get hold of yourself. This woman had been a veteran of five years of Stagecoachpooling, hauling kids around from one outpost to another for everything you can think of from kicking-the-can Little Leagues to intramural barrel races. History reports she carried a bull whip. Don't we all.

And what about Rebecca M Winbourne, who was known as the Betsy Ross of the Confederacy for making

a flag that was adopted by the Confederate Congress in 1861?

Women don't go around making flags for a hobby. I smell a committee here who needed a woman to make a flag out of old dyed flour sacks in less than two weeks. They picked on poor Rebecca who had come to their first meeting . . . as a guest.

And what mother who ever suffered through merit badges has not wept for Evelyn Cheesman, who traveled alone among cannibals in the South Pacific in 1881, and collected more than 42,000 insects and parasitic worms.

Recognition for volunteers even existed at the turn of the century, but what's the use if you don't get the media out. Therefore on Oct 24, 1901, I suspect some

health organization sent Annie Edson Taylor over Niagara Falls in a barrel. The trip took 35 minutes and got her on the wire service, along with the cause.

And who could forget Josephine Schauer Blatt of New Jersey, who is credited with making the greatest lift ever by a woman - 3,564 pounds. And why not? Only a year before on a field trip with 35 pre-schoolers on a picnic, she picked up a carriage and threatened them with walking back to town if they didn't shape up!

The volunteer is a species that has endured in America. I do not presume to suggest what their epitaph will be.

But Katharine Elisabeth Goethe's is as good as any: "Say that Frau Goethe is unable to come, she is busy dying at the moment."

RCEME - Cont from page 10

le RCEME est devenu le service du Génie du matériel terrestre (G MAT). Les hommes de métier ont été mutés des métiers d'entretien de véhicules de l'Aviation et de la Marine aux métiers communs du G MAT. De même, certains métiers du RCEME ont été transférés aux services du Génie aérospatial (G Aéro) et du Génie électronique et des communications (GE Comm). Pendant les 16 années qu'il dura, le service du G MAT, fidèle à sa tradition, a servi les Forces canadiennes avec distinction. Toutefois, comme le terme "matériel" ne décrivait pas très bien toutes les fonctions qu'il remplissait, les planificateurs militaires ont décidé de rétablir les mots génie électrique et mécanique dans sa désignation. Une fois cette mesure approuvée, on a choisi une nouvelle appellation et, le 15 mai 1984, le G MAT passera à l'histoire, et son personnel se regroupera sous le nouveau nom de Génie électrique et mécanique - Terre (GEMT). Ainsi se terminera un autre chapitre de l'histoire de ce service, et les hommes de métier du GEMT se verront transmettre le flambeau de l'excellence traditionnelle qu'ils devront porter jusqu'au vingt-et-unième siècle.

## Arts & Crafts

### Can Take Your Breath Away!

Eight years ago Helen Braithwaite began to suspect her batik dyes and waxes were affecting her health. She had chronic bronchitis, laryngitis, and severe migraines. After she quit using fibre reactive dyes, the symptoms went away - temporarily. Helen now has permanent lung damage, something she attributes to the dyes.

"It may come as a surprise to many people involved in arts and crafts that some materials they are using could be harmful," says Cindy Curik, Health Education Program Consultant for the Lung Association. Powdered clays used in ceramics and pottery contain varying proportions of free silica, which, if inhaled year after year, may lead to "potters' rot" a respiratory disease that takes at least ten years to develop. Chronic respiratory disease can also be caused by inhaling certain wood dusts such as American and African mahogany and western red

cedar. Painters too, are at risk of exposure to hazardous materials. Lead based pigments should not be used. Accidental ingestion of these harmful pigments or even bad habits such as putting the paint brush handle (or tip) in your mouth can be dangerous. Curik also points out that removing paint can be as hazardous as applying it, and here it is not only the painter that encounters this hazard but also the furniture refinisher. "Many paint removers contain the solvent, methylene chloride, which when inhaled in sufficient amounts is converted to carbon monoxide in the blood. This reduces the oxygen carrying capacity of the blood and thus puts certain groups such as people with heart or lung conditions, the elderly, children and smokers at risk," says Curik.

Although the hazards for people involved in arts and crafts, either professionally

- Cont on page 17



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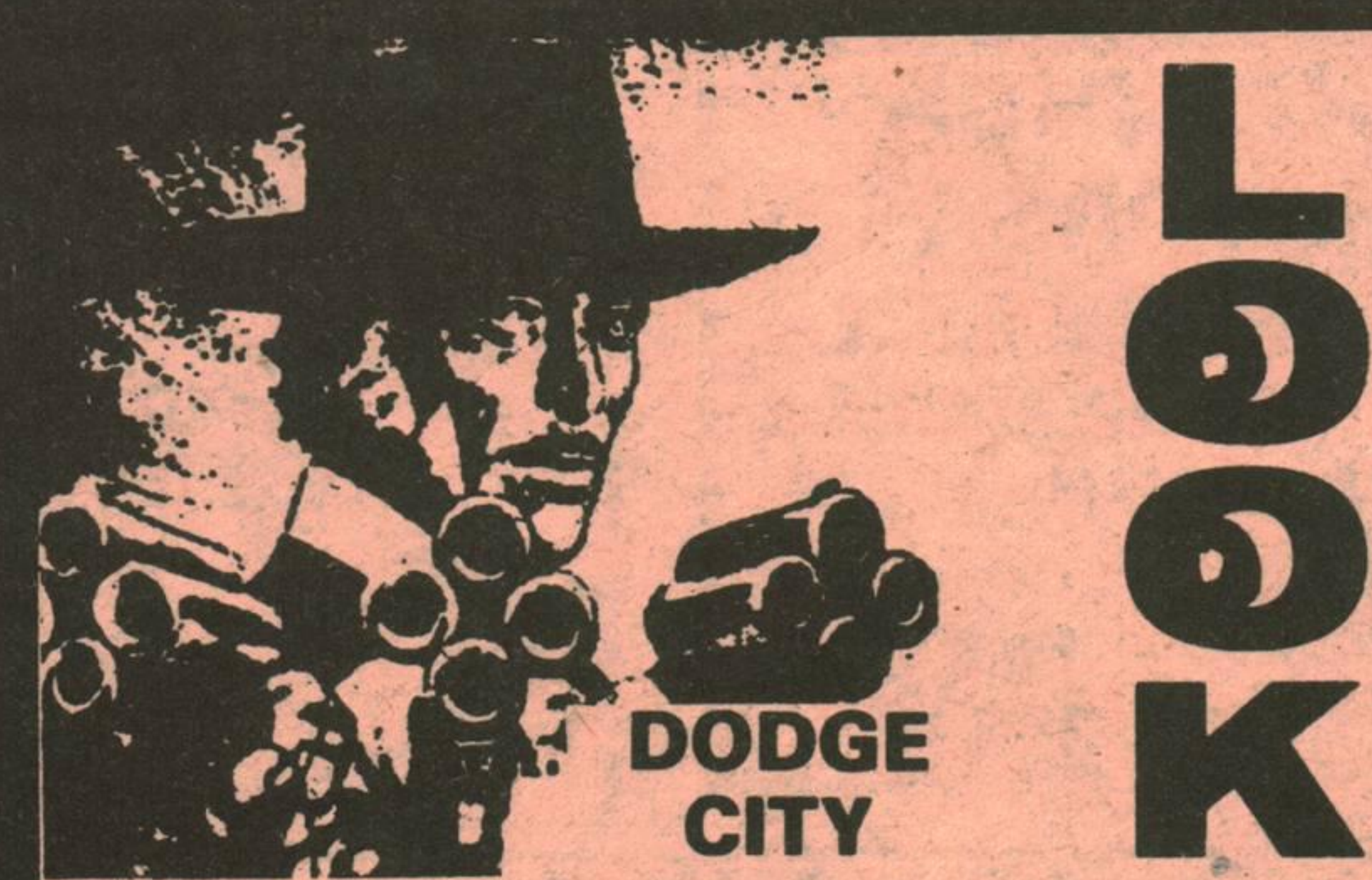
## Notice to Married Quarters Residents

It is that time of year again when the growing season is upon us, and the grounds around our MQs need more attention to keep them under control. In most cases members are to be congratulated for time and extra effort they have spent on the beautification of their grounds but unfortunately it is very depressing to have a neighbour who does not share the same enthusiasm. For the latter, these occupants are reminded of their responsibility in the maintenance of their grounds.

Our MQs are small according to today's standards, and are fairly old, but they are all we have and certainly are a salvation to many a member who cannot find suitable accommodations in a very demanding rental area.

Middleton Park is well maintained by CE and DCL; this I may add, is included in our rent structure. Even with the moderate rent increases we have received over the past years we are still well ahead in the game. It is therefore our duty as Service Members to show our concern and appreciation for what we have and do our best in the upkeep and appearance of our MQs, so that we may preserve these units for as long as possible.

Please remember that unrequired vehicles such as trailers, boats etc, are to be stored in the compound area at AMDU. If we are proud of our Park and grateful for its existence, we can show it by our individual participation.



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# Books & Things — H Noffke

## Youth Unemployment

Young people today are not to be envied. With an economy that has resisted any upward surge and a job market glutted nation-wide with people of all ages looking for employment, young people are entitled to feel that such odds almost nullify their chances of finding employ.

At this very moment, many youths are contacting factories and other establishments asking about job opportunities. Some are at home waiting for the phone to ring, ever hopeful of a job offer or the all-important interview.

My young friend, Kathy, is probably not too far from a phone. A few weeks ago she was offered the possibility of a job out West in her field of child care, and she is eager to hear whether or not she has been accepted. When she called me to tell me of the promising news last week, she was quick to mention that she was pessimistic about the outcome, and was not allowing herself to feel too hopeful for fear of being deluded once more.

You see, Kathy has been unemployed for over a year now. She did have a part-time job in her specialty soon after graduation but found that she was leading a hand-to-mouth existence. So she quit, and returned to her hometown and her parents, thinking that her chances of finding a permanent position might be better elsewhere. Perhaps that was a mistake on her part. If this is the case, she has had to cope with the repercussions of her decision. Except for a brief period when she felt buoyed by a brief period of employment in a factory in her town, she has run the gauntlet of varying extremes of emotion. Her general optimism and all-consuming desire to find a job has been peppered with bouts of depression, self-doubt, and indifference. Each application rejection has brought on a new wave of anxiety. Her self-esteem has suffered immeasurably.

My friend Kathy is not alone in her pain and disillusionment. Many youngsters have recently graduated from colleges and universities across Canada only to find themselves facing stiff competition from their peers in their search for employment. Statistics Canada lists youth employment as high as 533,000 and this figure does not take into account those 255,000 youths

who have succumbed to apathy and stopped looking, or taken menial jobs whilst waiting for an opportunity to work in areas for which they are qualified. With about 1.5 million people in Canada out of work, some youths must feel as if they are dealing with a deck of cards that holds no ace.

To its credit the government has recognized the problem. Manpower training programs are available to all unemployed. In addition, young people seeking some degree of independence can take advantage of short-term youth programs such as Katamavik. The Youth Temporary Employment Program (YTEP) instigated by the government to further alleviate the problem has allowed for the training of up to 5000 young people since its inception in May of 1983. Despite such programs, unemployment, according to Statistics Canada, has diminished by only 42,000 in the last year. This is a consequence of growth in the work force by 196,000 in the period between May 1983 and May 1984.

In my opinion, more has to be done. Until the economy and baby-boom population balance out, youths should not be blamed for their disenchantment with the job market in Canada. Efforts should be made by government, industry, and institutions to favour the return to more apprentice-type training and more co-operative type education systems whereby youths and students could gain practical experience in their chosen field. These types of programs would ensure that young people would possess at least some of the job skills necessary for promoting themselves as successful job applicants.

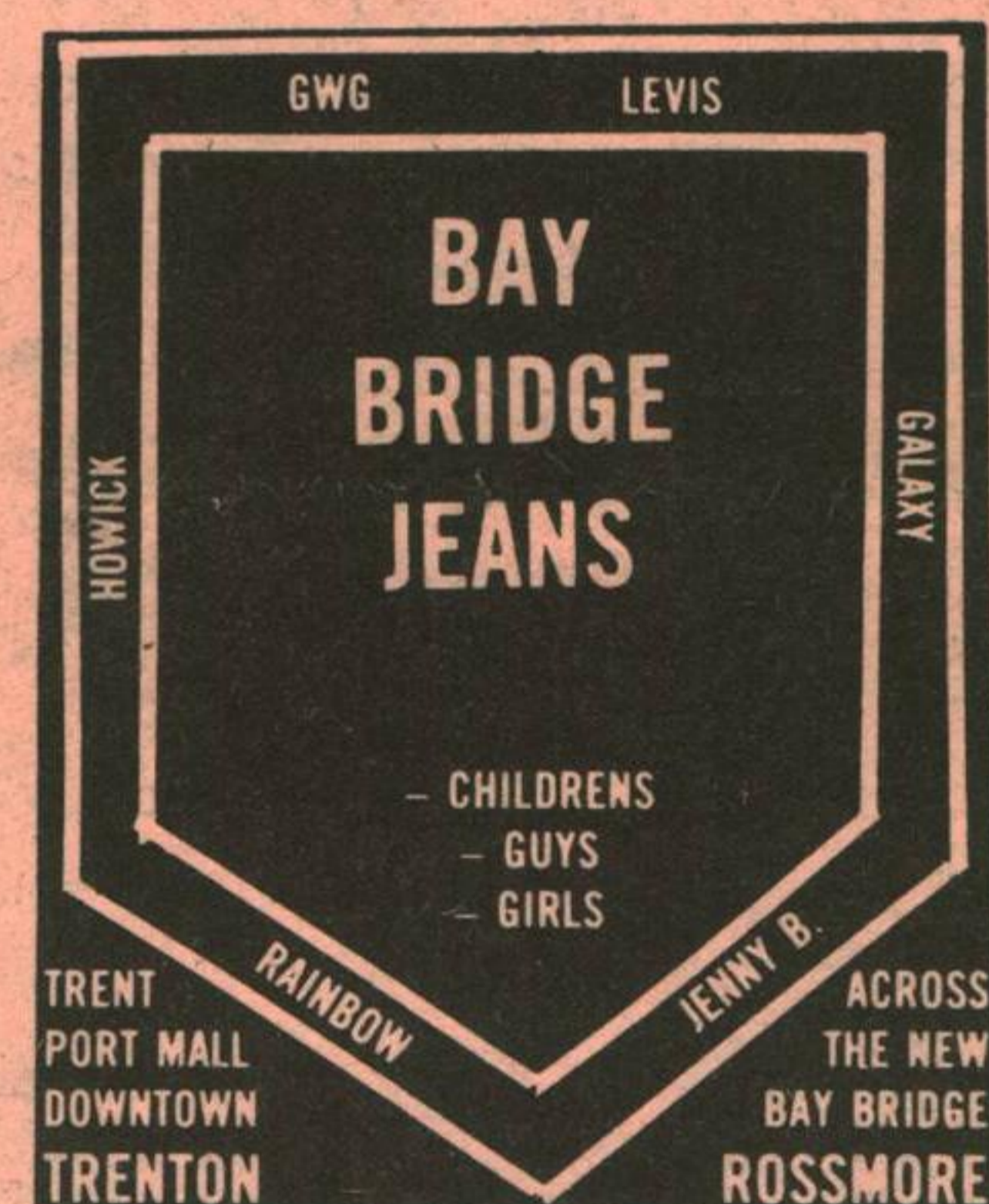
The youth of today have as much right to the fulfillment of childhood aspirations as their parents before them. They should be able to look to the future with confidence and eagerness. Not with uneasiness and dread.

Next Week: Book Review "SPACE" by James A Mitchener

## Base Community Services

The Thrift Shop will be closing for the summer on Thursday, June 28th, probably re-opening on August 21st to give our customers a chance to do "back to school" shopping. During the last week of opening, no orders will be accepted. We have had a very busy and successful year, and the volunteers have been kept on their toes constantly. Many individuals and groups have benefited in the form of donations of money or clothing when it was greatly needed. We, the BCS volunteers, are grateful to all customers for giving us their business and making it possible for us to help others.

"Welcoming Night" will be held on September 12th this year, and any club or organization wishing to participate should call local 2326 to find out how to register. This is a good way to let the public know about YOUR favourite hobby, pastime, sporting activity or interest. Call today and book a table.



## ARTS

— Cont from page 16

or as a hobby, seem many, the risks can be reduced or eliminated by knowing and using safety precautions.

The Lung Association has produced a booklet called "Health Hazards in Arts and Crafts". A few safety precautions in the booklet are:

1. Before you use an art product, try to find out what the ingredients are. The manufacturer may be able to provide you with data sheets on their product. If not, contact your local arts



LEARNING BEGINS AT HOME



## Unusual pets

By Dr. William H. Nault, Publisher, The World Book Encyclopedia (NC) — Keep an elephant as a pet? A lion? It has been done. Circus performers

or craft association.

2. Read product labels before using the product.

3. Always work in a studio or room separate from your living area.

4. Make sure there is adequate ventilation in the work area.

5. Do not eat, drink or smoke in the studio. This will reduce the hazard of ingesting art materials.

Call your Lung Association at 962-2186 and ask for a copy of the Health Hazards in Arts and Crafts booklet.

have had pet elephants. A few adventurous persons have trained pet lions.

Many other kinds of animals have been caught and tamed. But, as World Book suggests, keeping a wild animal as a pet calls for careful thinking.

You could face problems. You should make sure you are allowed to catch and keep a particular animal. Most wild animals become dangerous when fully grown. Raccoons and other animals may, as adults, turn mean and even destructive. You may need special boxes or cages. And all animals require care, food, and living space.

Don't forget: dogs, cats, fish, and birds top all the lists of favorite pets. They are "at home" in almost any home.

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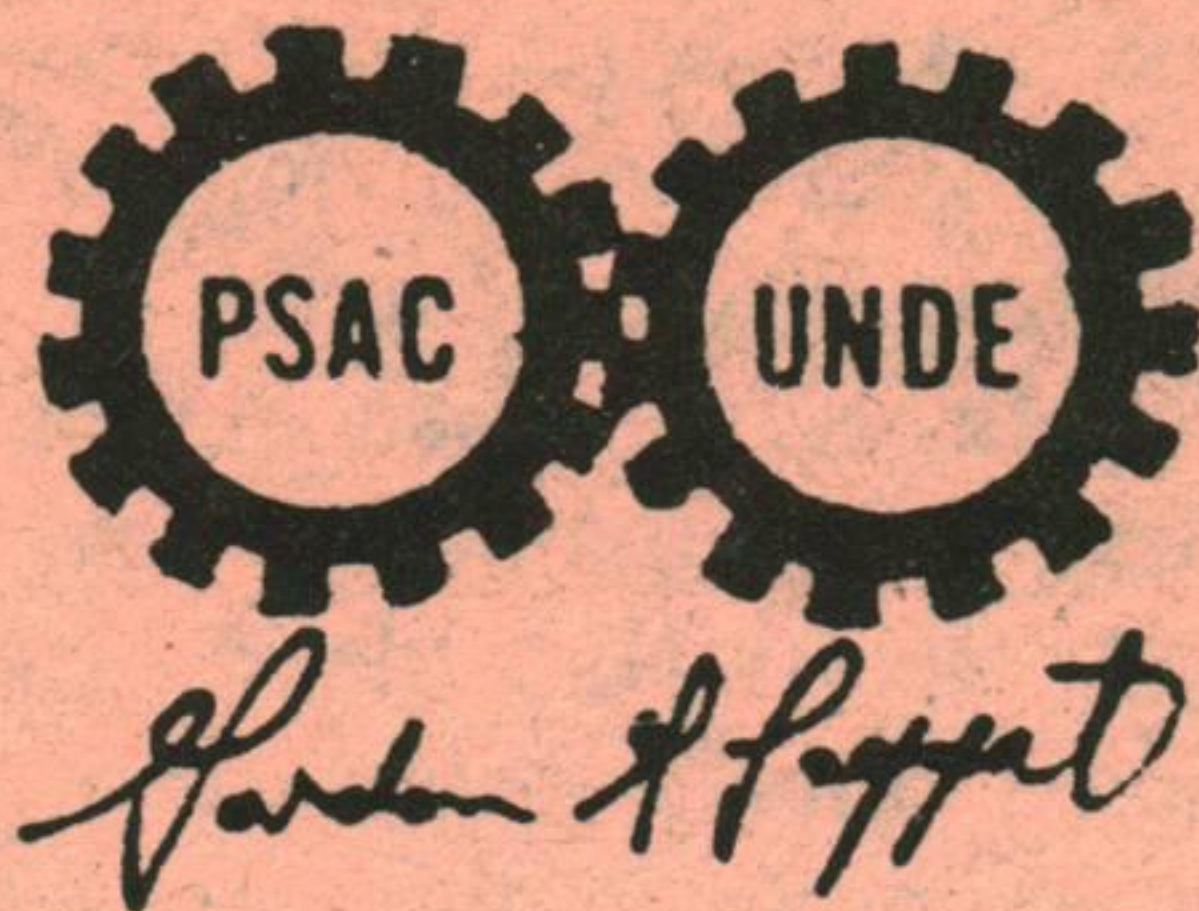
135 North Front St.,  
Belleville 966-6100

Take Out Orders Our Specialty.

# The Bulletin Board

## Summer Fun 84

Time: Mon - Thurs 10-noon, 2-4 pm; Fri 10-noon.  
 Place: Jr Breadner School  
 Duration: 3 Jul - 24 Aug  
 Registration Dates: June 28, 29  
 Cost: \$20 per child; max \$50 per family  
 Ages: 5-14 yrs



### NOTE - Change of Date

The next regular membership meeting of UNDE 637 will be held in the Knights of Columbus Hall, 57 Stella Crescent, Trenton on 9 July at 8 pm.

There will be a stewards' meeting at the same location one hour before the general meeting. Stewards are requested to turn up at 7 pm sharp so that business of that meeting can be completed before the general membership begins arriving shortly before 8 pm.

### Belle-Trent Chapter One Parent Families Association

General Meeting Wednesday June 20 at St Thomas Parish Hall at 8 pm. Guest speaker - Clayton. Topic - Computer.

For more info call Laura 966-5141, Marilyn 966-9632, Audrey 475-1842, Carol 399-5811, Cathy at 966-8940 (after 5 pm).

### ON SALE NOW

24 Watt AM/FM auto-reverse in-dash CASSETTE ONLY \$110.00

6x9 200 Watt 3-Way SPEAKERS \$59.00 pair

CALL "CAR-STEREO" 392-4735

### Museum

"ANTIQUÉ TREASURES" an information clinic at "Glanmore" Hastings County Museum Saturday, June 23rd, 10:00 am - 4:00 pm. Cost \$4.00 per item.

This is a repeat of our very popular clinic held last September conducted by Richard Browne & Associates of Toronto.

## Notice to Parents with School Age Children

The Immunization Act states that all students new to this area cannot be enrolled in school until such time as a Public Health Nurse has reviewed their immunization status.

Please call your local Health Unit office for further information.

Belleville	208 Bridge St E	966-5500
Trenton	25 Ontario St	392-3574
Picton	18 Elizabeth St	476-7471
Madoc	12 St Lawrence St W	473-4247
Bancroft	Eagle's Nest Plaza	332-4555

### YARD SALE

at  
 71 West St On June 23, 1984  
 8 AM - 5 PM

Donations appreciated - Delivery to site or Pick-up call 968-5247 or 968-8869 proceeds go to

Epilepsy Ontario Chapter, Belleville

### WINNERS OF CLUB 1000

11 May 84	WO DR Boyd	436 Sqn	\$ 100.00
	Pte D Applin	BAMEO	\$ 100.00
18 May 84	Sgt EA Dunfield	437 Sqn	\$ 100.00
	MCpl GR Scott	426 Sqn	\$ 100.00
24 May 84	Sgt JJ Landry	437 Sqn	\$ 100.00
	Pte JP Blouin	AMDU	\$ 100.00
01 Jun 84	MCpl G Peters	BAMEO	\$1000.00
08 Jun 84	Pte Flynn	BSUPO	\$ 100.00
	WO Quarry	426 Sqn	\$ 100.00

HASTINGS COUNTY MUSEUM cordially invites you to enjoy Victorian Style Afternoon Tea Tuesday - Sunday 2:00 - 4:00 pm each day July and August.

Why not plan to tour our beautiful Victorian Mansion and relax afterwards with tea and scones.

BICENTENNIAL QUILT EXHIBIT - at "Glanmore" Hastings County Museum June 5th - July 1st. Quilts with Mohawk Designs by Helen Spencer Shannonville. Hours: Tuesday - Sunday 10:00 - 4:30 pm.

## Good News for Modern Man



### CHAPLAINS

Padre Frank Walker  
 Building 23 - local 2298  
 2B Breadner, Middleton Pk  
 Trenton, Ont - 392-6801

Padre George Taylor  
 Bldg 23 local 2314  
 10B Breadner, Middleton Pk  
 Trenton, Ont - 392-7611

### Summer Hours for Worship St Clement Astra Chapel

During July and August Worship Services at St Clement Astra Chapel will be held at 1000 hrs at the Chapel.

On 1 July, however, there will be a special Worship Service at Baker Island at 1000 hrs as a feature of the RCAF Anniversary Homecoming celebrations. This will replace the regular service at the Chapel.

### PARISH ORGANIZATIONS

#### Sunday School:

Each Sunday during Divine Worship (1100 hrs)

#### Senior Choir Practice:

Thursdays at 1915 hrs

#### Junior Choir Practice:

Sundays at 1230 hrs

Chapel Guild (Ladies) - There will be no Chapel Guild meetings during July and August. See you next fall.

#### Noon Hour reuowship:

Every Wednesday at 12 o'clock in the Chapel

\*\*\*\*\*

### NOON HOUR FELLOWSHIP

This Group is a continuation of the Lenten Meditation series. Those interested are asked to bring their own "brown bag lunch" for a time of discussion and fellowship.

### Queen of Heaven Chapel (Roman Catholic)

### CHAPLAINS - AUMONIERIS

Father Gilles Boily  
 Office/Bureau: Building 23 - local 3665  
 Residence/Résidence: 5 Namao Drive, Middleton Park  
 Trenton, Ont - Phone: 392-2491

Father Joachim (Jack) Grech  
 Office/Bureau: Building 23 - local 3487  
 Residence/Résidence: Rm 128, Hastings Hall, Officers' Mess  
 CFB Trenton - Phone: 3487

### MASSES - MESSES

Saturday	1900	samedi
Sunday (French)	0930 hrs (en français)	dimanche
	1100 hrs	
Weekdays	1630 hrs	sur semaine

### Confessions:

Before and after all masses - Avant et après les messes.

### Baptisms:

Please allow at least 30 days' notice for preparation.

### Baptêmes:

Communiquer avec l'aumônier pour preparation.

### Marriages:

Please allow at least 60 days' notice for preparation.

### Marriages:

Veillez prendre rendez-vous avec l'aumônier au moins deux mois avant la date choisie.

### PARISH ORGANIZATIONS

#### CWL:

Meets the second Tuesday of each month. Mass celebrated in the Chapel at 7 pm followed by meeting.

#### CHOIRS:

We have three adult choirs; two English and one French as well as a Children's choir. New members are most welcome - for times and dates, please consult our parish bulletin.

#### CHORALES:

Trois ensembles, dont un groupe d'enfants, pratiquent et chantent en anglais. Une chorale française anime la messe dominicale de 9.30h. Musiciens et nouveau membres sont les bienvenus.



# RE/MAX

Bay of Quinte Realty Ltd.



## TRENTON TOWN CENTRE

24 Hr Answering Service

392-6594



\$57,500 - Winterized home/cottage on Percy Reach with direct access to the Trenton River System. Cathedral ceiling in main living area. Very secluded on almost 2 acres. Call me for all the extras included, Pat Robson 613-392-6594 or 613-394-2607.



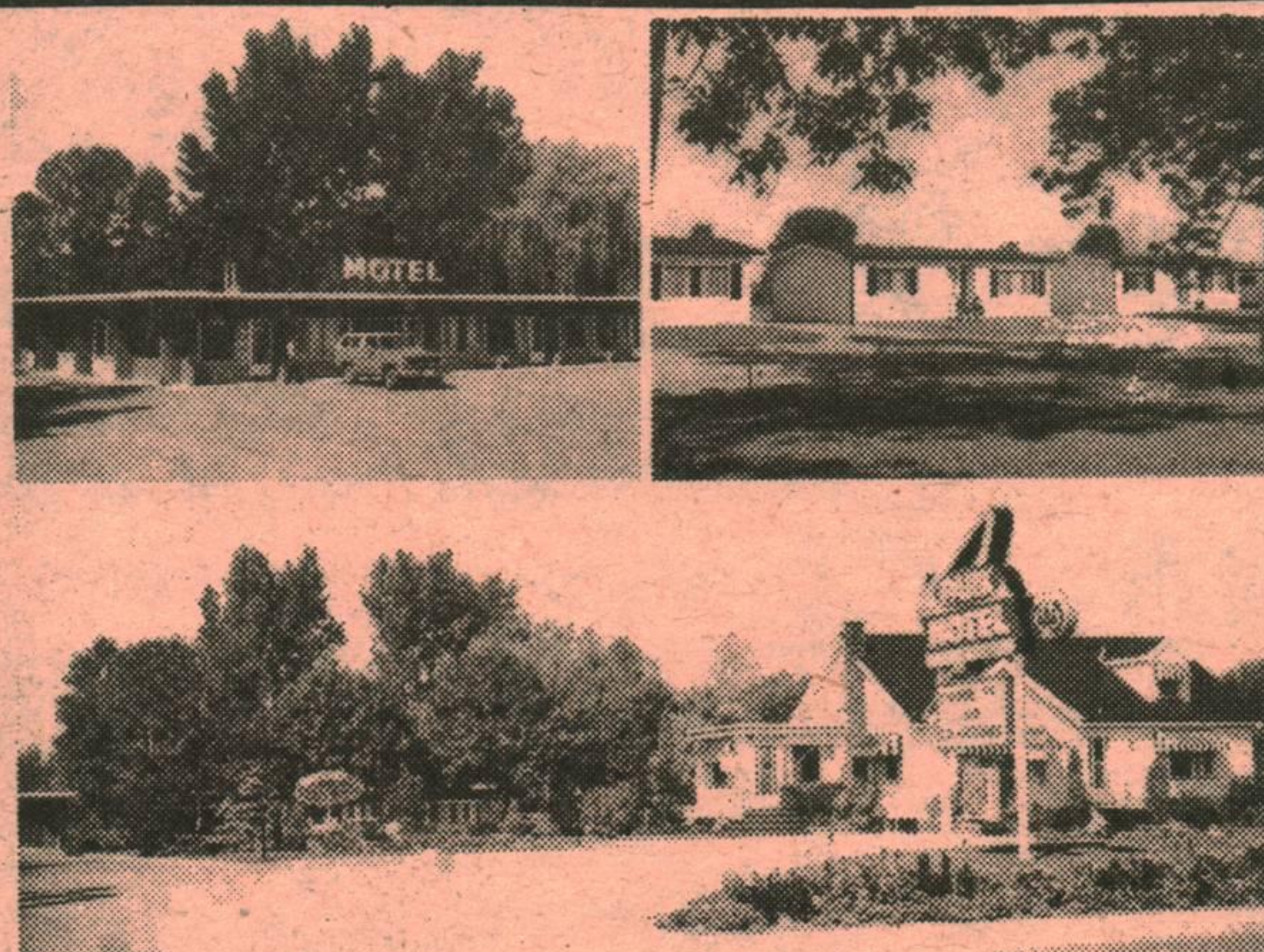
SUMMER'S COMING - Why not check out this fully winterized chalet on a double lot with 220' frontage on the Moira River plus a 10' x 8' guest cottage all for only \$38,500. Call Pat Robson at 613-392-6594 or 613-394-2607.

Will you be caught dead without Christ?



What are you doing about it?

Insurance Bureau of Canada - Bureau d'assurance du Canada



## PARK MOTEL

276 Dundas St E Trenton Ontario

Near Bay of Quinte - Access from Hwy 2

COLOUR CABLE TV - COMPLETE BATHS  
 HOUSEKEEPING ACCOMMODATION AVAILABLE  
 TWO BEDROOM HOUSES COMPLETELY EQUIPPED  
 RESTAURANTS WITHIN WALKING DISTANCE

Adjacent to Trenton Shopping Centre  
 & McDonald's Restaurant

Doris & Walter Richards phone (613)392-1251

# Classified Ads

**FOR SAIL:** Challenger 23 ft sailing sloop. 3 sails, outboard auxiliary, standing headroom. Ready for racing or family cruising. Phone 392-6626 after 6 pm.

**FOR SALE:** 1975 Honda 360 cc, windshield, bags, back rest & carrier. New mufflers, tires \$795 cert or BO. Call 392-0946.

**FOR SALE:** 1/2 ton Deluxe Camper cap, 2 years old, lights, insulated, panelled, good condition. Asking \$400. Call 394-4907.

**FOR SALE:** 1976 Volkswagon Rabbit, 2 door, standard transmission, good mechanically and body-wise, 65,000 miles. Asking \$1,700 or best offer. Call 394-4907.

**FOR SALE:** Sailboat with trailer. CL 14 The Multi-Purpose Dinghy. Fibreglass construction, easy to control. Deep open cockpit for dry & comfortable sailing. Call Betsy Smith local 3729 during working hours 8-4.

**CAMPER FOR RENT:** 17 1/2' Prowler, fully equipped, sleeps up to 6. On Wellers Bay just past Consecon. \$100 per week. For further info contact Fred Whibley 392-6619 or 3507 on base.

**FOR SALE:** 1981 Mazda RX7 GX Model, sunroof, clear coat finish, all options excluding AC, excellent condition, 42,000 miles. \$11,000 or best offer. Call 967-1137 evenings.

**APARTMENT TO RENT:** One bedroom basement apartment, carpeted, stove, fridge, cable, electric heat, hydro incl. Available July 1. No pets. Suit one single working adult. Phone 392-6748 after 5 pm.

**FOR SALE:** 1979 Z-28 4 spd, 57,000 miles. Seen 1 winter. T/A's (new), AM/FM Cass. All original, never abused, beautiful shape \$7000. Willing to trade for 1974-1976 Corvette, will make up difference. Call 398-7419 after 5:30 week days, anytime weekends.

**FOR SALE:** 650 Tempter Suzuki 1983, excellent cond, 13,000 km. Call Ronald Boudreau 392-4315 or local 288.

**HELP WANTED:** Mature, responsible person to come into our home to care for 1 1/2 yr-old boy. Montrose Road area. Full-time starting 20 August. Must be non-smoker and have own transportation. Call 962-6503.

**FOR SALE:** Officer's Mess Dress uniform and CF overcoat. Size about 38, one owner, seldom used. Asking \$150 for mess kit (new is \$240) and \$35 for overcoat (new \$66). Call local 3407 or 966-8520.

**BAINER'S LTD** "The Radiator Man". We are the Quinte Area's fastest growing auto radiator company because we save our customer's money. Opposite The Trenton Town Centre. Phone 392-5553.

**THE TORONTO STAR** Requires a boy or girl to deliver newspapers on Cosmos, Harvard and Yukon St on the South Side of CFB Trenton. 18 papers - profit 13.65/week. Phone 392-8123 7 am-5 pm.

**AVIATION ENTHUSIASTS:** Our new 1984 catalogue is now available. Write for a free copy. RCAF Squadron Histories - 418 Squadron is now released, 408 is coming out in July \$21.95. If you were involved in The British Commonwealth Training Plan "The Plan" by Jim Williams will take you back with memories of that time. \$25.95. Please add 10% for postage and handling. The Hangar Bookshelf, PO Box 1513, Belleville, Ont K8N 5J2.

**FOR SALE:** Colecovision Home Video game, complete with the turbo expansion module and seven cartridges \$200; also baby bassinet \$25 and baby walker \$15. Call evenings 392-9425.

**FOR SALE:** 2 Bedroom Mobile Home with stove & fridge. Call 392-3207 after five.

**APARTMENT FOR RENT:** Two bedroom apartment, carpeted, stove, fridge, cable, electric heat, hydro incl. Available July 1. No pets. Suit working adults. Phone 392-6748 after 5 pm.

**FOR SALE:** Nordica 20', 3 sails, 9.5 hp Evinrude. Head & sink. Compass, barometer and depth sounder etc. For details call 392-2811 local 2962 or 392-0892 after 6 pm.

**FOR SALE:** White wedding hat with short veil. Good price. Phone 392-4991.

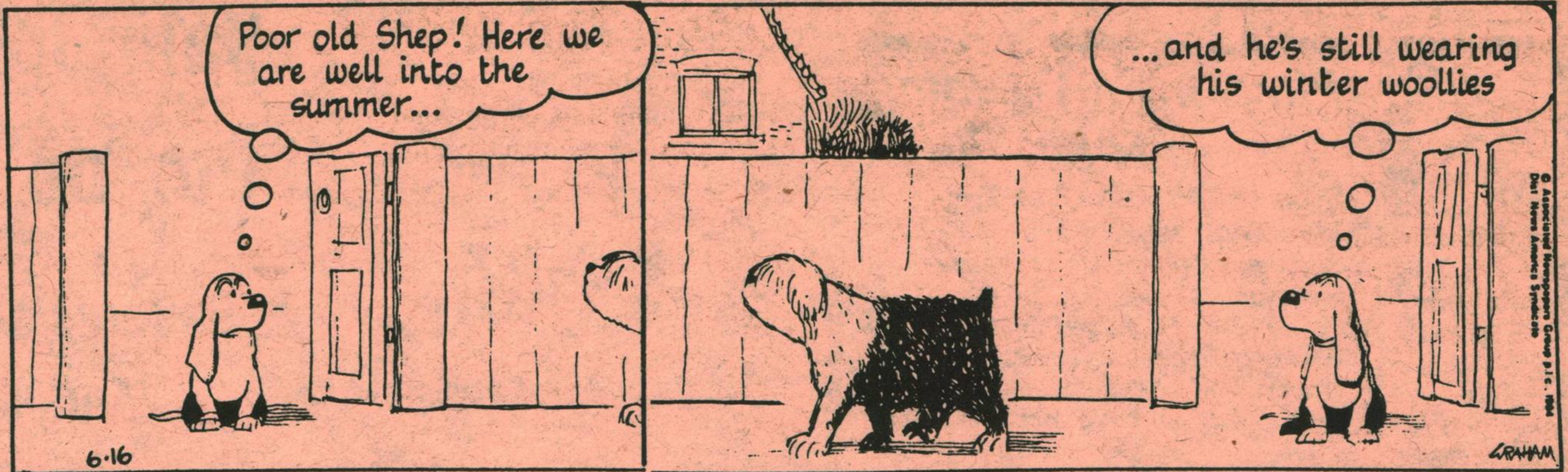
**RICK'S MUSIC EXPRESS** Disc Jockey available for dances, parties, banquets. Experienced, all types of music, reasonable rates. Call Rick 392-6888 after 5.

**IMPRESSIONS IN COLOUR** - colour consulting & draping for men and women; wardrobe planning; make up; skin care. Call Eileen Bain (613) 392-7943.

**FOR SALE:** 16' Roadway travel trailer, 3-way fridge, stove, oven, furnace, 12 volt/110 volt lights, canopy, electric brakes. Sleeps six. Call 392-0353.

**VINYL TRAX DJ service.** Available for private parties, weddings and barmitzvahs. Phone Darrell Barr at 394-2771 or Benn Pridham at 392-5209.

## FRED BASSET



**FOR SALE:** European red and white 14' Windsurfer \$650. Contact 394-4365.

**FOR SALE:** 1983 Honda V45 Magna 750 cc, maroon. 7000 km, warranty good until 15 August, A-1 condition, engine guard and throttle lock on it. Asking \$3500. Call Cpl P Beaudoin at local 3673 or 392-1497.

**FOR SALE:** 1975 Chrysler Newport, ps, pb, factory air, new rad, good running condition. Phone 394-2660 after 5 pm.

**TUNE-UP your mowers,** tillers, chain saws, snowblowers, etc. \$20 includes points, condenser, timing and blade sharpening. In Bayside. Call Bill 392-8419.

### ALCOHOLICS ANONYMOUS

We believe that the alcoholic is suffering from a disease for which no cure has yet been found. We profess no curative powers but have formulated a plan to arrest alcoholism.

If you want to drink that's your business. If you want to stop drinking that's our business. Call Alcoholics Anonymous at 392-5965.

**DISCOUNT 5M BOUTIQUE** Sweat shirt material, stripe ribbing (plain or coloured) - Coton ouaté, bandes de couleurs (unies & rayées). Call M Laurendeau, 57 James St, Frankford, Ont (613) 398-7315.

**FOR SALE:** Hunter 25, fibreglas sailboat, 25' LOA, pop top model 6'2" headroom, equipped racing/cruising, 9.8 Merc longshaft, 6 sails spinaker/gear, bow pulpit, lifelines, anchors, instruments, stove, sink cooler, dinette, stereo and more, cradle/canvas cover. Lying Morch Marine, Belleville. Asking \$14,950 OBO. Call 613-966-5476.

**WANTED:** Small used metal shed. To give away, medium sized black dog, excellent with children. Contact Debbie local 3418 or after 5 pm 394-2741.

**TRANSFERRED TO CFB Greenwood?** House for rent 7 miles from CFB Greenwood. Excellent condition. 3 bdrm, rec room, full basement, wall-to-wall carpets, first and last months rent required, no pets. Available 1 July. Phone 392-2231 or local 3445 WO Grovestine.

**DJ "THE MUSIC MAKERS"** Rob Patey. Music for everyone. Call Bill 3302 or 392-7904. **LOWEST PRICES IN TOWN.**

**FOR SALE:** 1978 Jeep CJ5, dark brown, new soft top, \$4000 certified. Phone after 5:00 pm 392-4761.

**FOR SALE Ottawa:** Large 3 bedroom bungalow, one block to downtown bus routes. Professionally finished basement with 2nd fireplace and in-law suite. At \$127,900 a good price for excellent house, lot and location. Call 398-7415.

## by Alex Graham

**SPOON COLLECTORS!** 1984 is the Centennial of Methodist Union in Canada. This Methodist Church of Canada became one of the partners in the 1925 union forming the United Church of Canada.

Commemorative teaspoons in silverplate (by Oneida) are now available for \$6 each. Call Tabernacle United Church 968-7222 Mon - Fri 8 am - 1 pm or Angela Stewart 968-3145 after 5 pm.

**SEAMSTRESS** will shorten pants, jeans, skirts, coats, dresses, replace zippers etc. Reasonable rates. Call Pat 351674.

**FOR SALE:** 1977 Volare 'is'. Ping pong table, child's sleigh, 2 radial tires 15x78, boys' skates size 10, hockey helmet with mask. Sunray 14ft fibreglass boat with 40 hp Mercury outboard motor, skis, paddles, 2 gas tanks - all in perfect condition. Call Don Nichols local 3474 during working hours 8-4.

**FOR SALE:** 1976 Renault R-12. Western car, no rust, excellent condition, certified. \$1300 or BO - must sell! Call 392-5315.

**BUILDING LOTS:** From 1 1/2 to 3 acres, beautifully treed, with water frontage or water access in nature area. Reasonably priced from \$6,000 to \$15,000. \$100 down and \$100 per month, 12% mortgage. Call owner (613) 962-1129

**FOR SALE:** 1978 LTD Ford Landau, fully equipped, air conditioned, am/fm radio, leather seats, good running condition \$2800. Call 394-3762.

**YARDSALES:** Tocher in Smithfield June 23/84. Tools, tires, household items, photography. Signs at Walt St on Hwy 2.

### "Ardyce"

DOG GROOMING SERVICES  
PET SUPPLIES &  
SHOW ACCESSORIES  
Over 25 yrs experience



ALL BREEDS  
BREEDERS  
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**SERVICEMEN**  
Alantis Electrical Contractors Ltd.  
Ex - C.E. Licensed Military Electricians  
MOVING? ALL APPLIANCES CERTIFIED  
CALL ANYTIME **392-5884** Thanks

**QUINTE DRIVE-IN THEATRE**  
NOW OPEN DAILY  
Starting Friday  
**Police Academy**  
Up The Academy  
ADULT ACCOMPANIMENT  
REQUIRED UNDER AGE OF 14  
Located on First Road East of Air Base **392-7441**

**Kenron Estates Ltd**  
**at Bayside - 394-3388**  
12 x 60 2 Bedroom being sold with stove and fridge and screened in porch. Asking only \$16,900.  
44 X 23 3 BR double. Situated on a large corner lot. Featuring stove, fridge, washer and dryer. Available Aug 1.  
14 X 68 3 BEDROOM with electric heating and air conditioning, situated on a very nice landscaped lot - paved drive etc.  
40 X 22 3 BEDROOM being sold with stove, fridge, washer, dryer & dishwasher - Available Sept 1st.

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**Plumbing & Heating Shop**  
CHECK OUR PRICES - Retailing  
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**37 GOTH A ST 392-4761**  
(Across from Riverside Automotive)

**TAFT Auto Recycling**  
RAGLIN ST  
BRIGHTON, ONT  
WANTED  
CARS & TRUCKS  
FOR SCRAP  
Highest price Paid in Area  
**475-1334**



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in 1984**

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Wedding Plans.  
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Viens à la fête



Let's celebrate together

# Saint John The Baptist Day Fête de la St-Jean Baptiste

Baker Island 1400 - 2400 hrs 24 Jun 84

Admission: \$2.00 per person  
or \$5.00 per family

open air mass, sport events, variety show, music and bonfire

**PUSH, PULL OR DRAG**



**WE'LL GIVE YOU A MINIMUM  
\$1000<sup>00</sup>**

**ON ANY USED CAR OR TRUCK IN STOCK,  
PLUS LOW LOW MONTHLY PAYMENTS  
NO PAYMENTS TILL JULY**

1983 Marquis 4 door <b>\$11,400<sup>00</sup></b>	1980 Omega 4 Door <b>\$5995<sup>00</sup></b>	1979 <b>SOLD</b> \$35 <sup>00</sup>
1983 <b>SOLD</b> \$1000 <sup>00</sup>	1979 Ford Wagon 4 Door <b>\$5495<sup>00</sup></b>	1977 Olds Cutlass 4 Dr. <b>\$4795<sup>00</sup></b>
1982 Cavalier 2 door <b>\$6300<sup>00</sup></b>	1979 Zephyr 2 Door <b>\$5495<sup>00</sup></b>	1976 Mustang <b>\$3900<sup>00</sup></b>
1982 Gran Prix 2 door <b>\$10,800<sup>00</sup></b>	1979 Bobcat Hatchback <b>\$4395<sup>00</sup></b>	1973 Newport 2 Door <b>\$2995<sup>00</sup></b>
1982 Dodge Sapporo <b>\$8995<sup>00</sup></b>	1979 Lincoln 4 Door <b>\$6995<sup>00</sup></b>	1981 Ford F-250 <b>\$9495<sup>00</sup></b>
1982 Cougar Squire Wagon <b>\$9300<sup>00</sup></b>	1979 Fairmont <b>SOLD</b> \$4995 <sup>00</sup>	1980 Ford Courier <b>\$4995<sup>00</sup></b>
1982 Mustang <b>SOLD</b> \$5999 <sup>00</sup>	1978 Volare 2 Door <b>\$3995<sup>00</sup></b>	1980 G.M.C. <b>\$6995<sup>00</sup></b>
1981 Pulsar 310 <b>\$5495<sup>00</sup></b>	1978 Nova 4 Door <b>\$4495<sup>00</sup></b>	1979 Dodge Snowplow <b>\$7995<sup>00</sup></b>
1980 Sunbird <b>SOLD</b> \$7995 <sup>00</sup>	1978 Fairmont 4 Door <b>\$4695<sup>00</sup></b>	1978 E-100 Van <b>\$5995<sup>00</sup></b>
1980 Monza <b>\$5995<sup>00</sup></b>	1978 Mustang <b>\$3995<sup>00</sup></b>	1989 Ford Custom 2 Door <b>\$1995<sup>00</sup></b>

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WHERE THE PRICE IS "ALWAYS" RIGHT  
52 DUNDAS ST. E. TRENTON 392-6561  
"Serving the Quinte Region for Over 30 Years"

**CANUCKS UNLIMITED**  
436 Sqn

Hello again from 436 Sqn. The month of July is going to be a busy time for postings at 436 Sqn. From the pilots we have Maj Summers, 426 Sqn; Maj Davis, NDHQ; Capt Kightley, CFTSHQ; Capt Yorke, 426 Sqn; Capt Dobenko, 437 Sqn.

From the Navs Sqn Ldr Snelders and family are returning to England on the 25 July. The Sqn wishes them the best of luck on their return, and hope they enjoyed their stay in Canada and with 436 Sqn. Capt Ryan departs 16 July for an exchange with the US Air Force at Pope AFB. We wish him good luck on his posting.

The FEs report the departure of Sgt Bryson to Greenwood for the Auroras; Sgt King goes across the road to the Air Cadet staff,

and Sgt Roberts is joining Capt Dobenko on his journey across the hangar to 437 Sqn. They also report the retirement of Sgt White effective 25 June after 36 years of service. That's a long time! Also rejoining the Sqn is Sgt (WO) Cheverie as a class A Reservist. Welcome back!

On the flying side of things we have SF523 departing for various places in South America on the 18 June, under the leadership of Mission Commander Capt Powick. 523 will attempt to travel further south than any other 436 Sqn trip by making a stop at Punta Arenas, Chile. If you are wondering where that is, look at the Straits of Magellan at the very southern tip of South America.

There is another Talex coming up from 0-7 Aug,

as well as a Boxtop between Thule, Greenland and Alert, from 29 Jul-10 Aug.

Once again our 436 Sqn/Grandma Lee's Soft Ball team has come out on top by "shutting down" the Base Hospital 16-6 on Tuesday 12 June 84. The win was the third in a row for the Squadron with no losses. The game was honoured by the presence of our mascot, the Elephant. (Some say LCol Jotham was under that suit!???) The game was highlighted by a superb catch by Pete Wytiahlowsky and solid fielding by Bruce Cox and the entire infield. The winning pitcher was Paul Carey, aided by Carl Wall who came on in relief. Come on out and join the fun - we need the players and/or support.



**Canadian students to benefit**

(NC) - New Brunswick has taken an important decision to bring advanced computer technology to manufacturing industries in the province. The province signed an agreement with the federal government and the McDonnell Douglas Corp. of St. Louis, Missouri according to which 22 students will learn about CAD/CAM, (Computer-aided Design and Computer-aided Manufacture), at the company's plant at St. Louis.

This development is another result of the industrial benefits agreement concluded between the federal government and McDonnell Douglas, when Canada ordered 138 CF-18 fighter aircraft from the company.

**MISTER DECORATING CENTRE**  
SHERWIN WILLIAM PAINTS  
PRATT & LAMBERT PAINTS  
WALLCOVERINGS - CUSTOM WINDOW SHADES & VERTICALS  
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JUST LISTED - Brimley Court in Belleville. Immaculate condition & a pleasure to show. 3 B/R 2 storey with 2 baths. Features separate dining rm, finished rec rm & garage. Call Glenna Brown.

**Sidney Auto Wreckers**  
Cars bought for  
WRECKING & SCRAP purposes  
USED PARTS FOR Most Makes of Cars  
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