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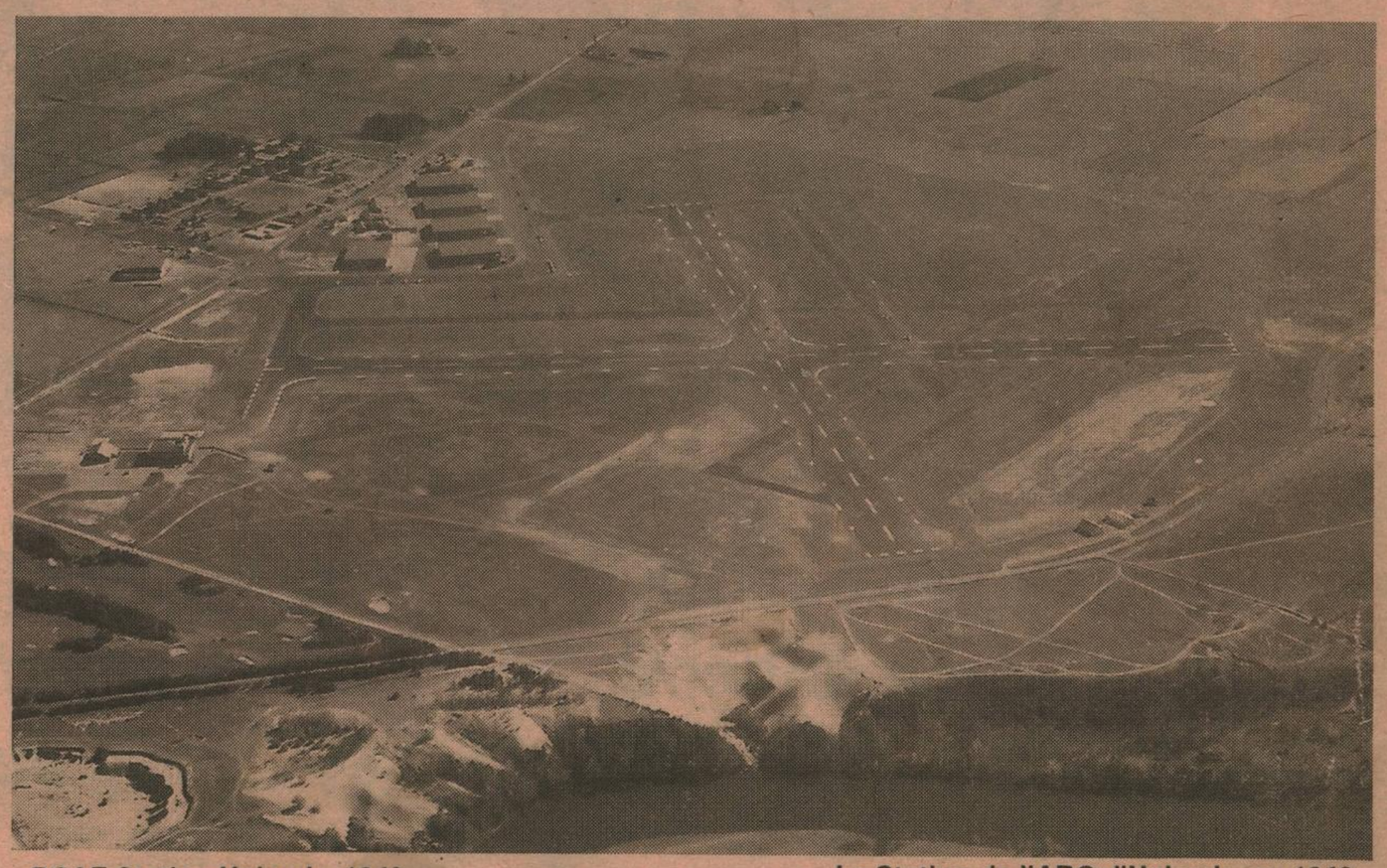
Falcon

Au service de la communauté militaire dans la Région de la Capitale nationale
Serving the military community in the National Capital Region
Final Édition September 1994

7e Wing Escadre CFB-BFC Ottawa

· Édition final septembre 1994

Hier Aujourd'hui

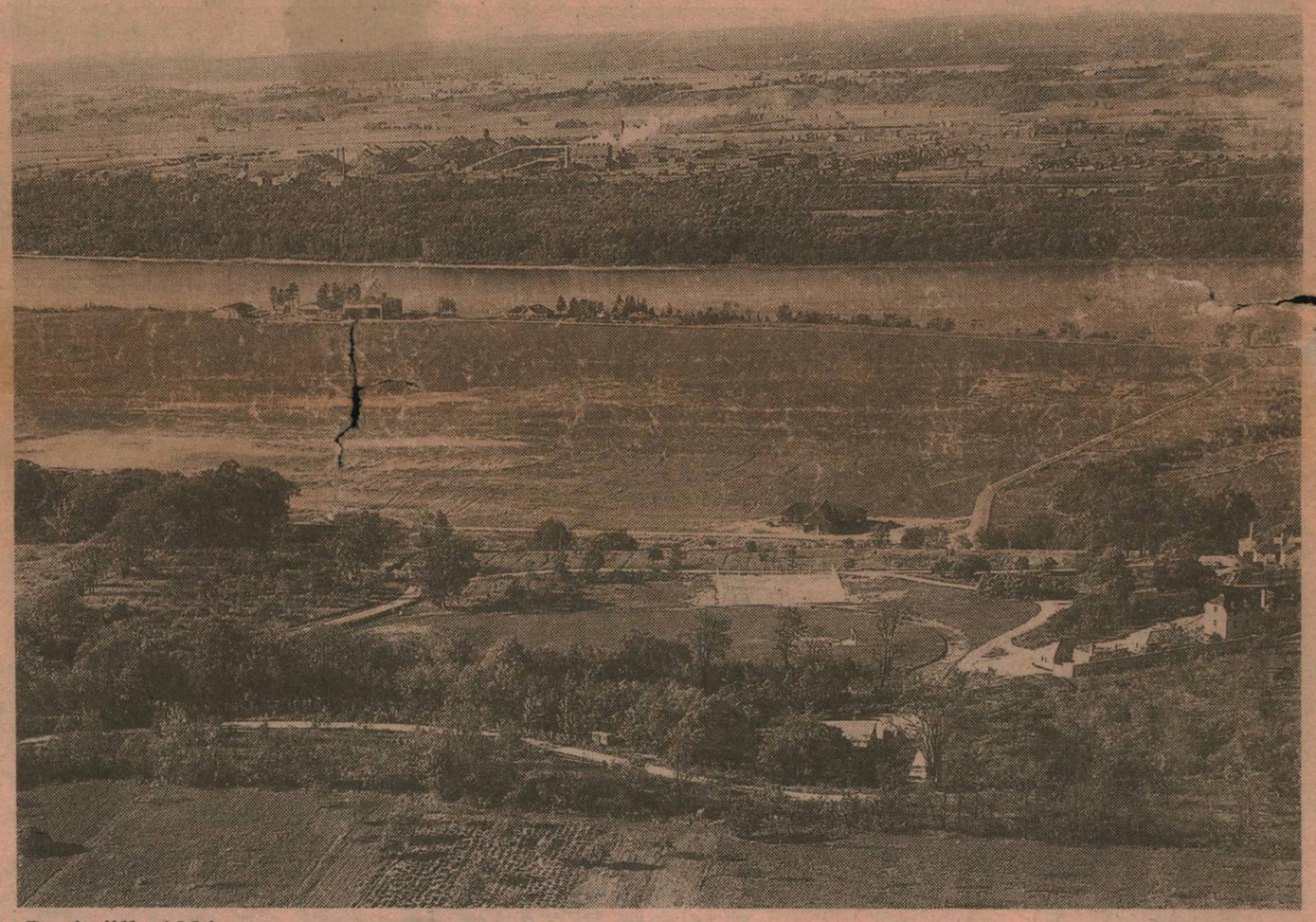


. RCAF Station Uplands, 1940.

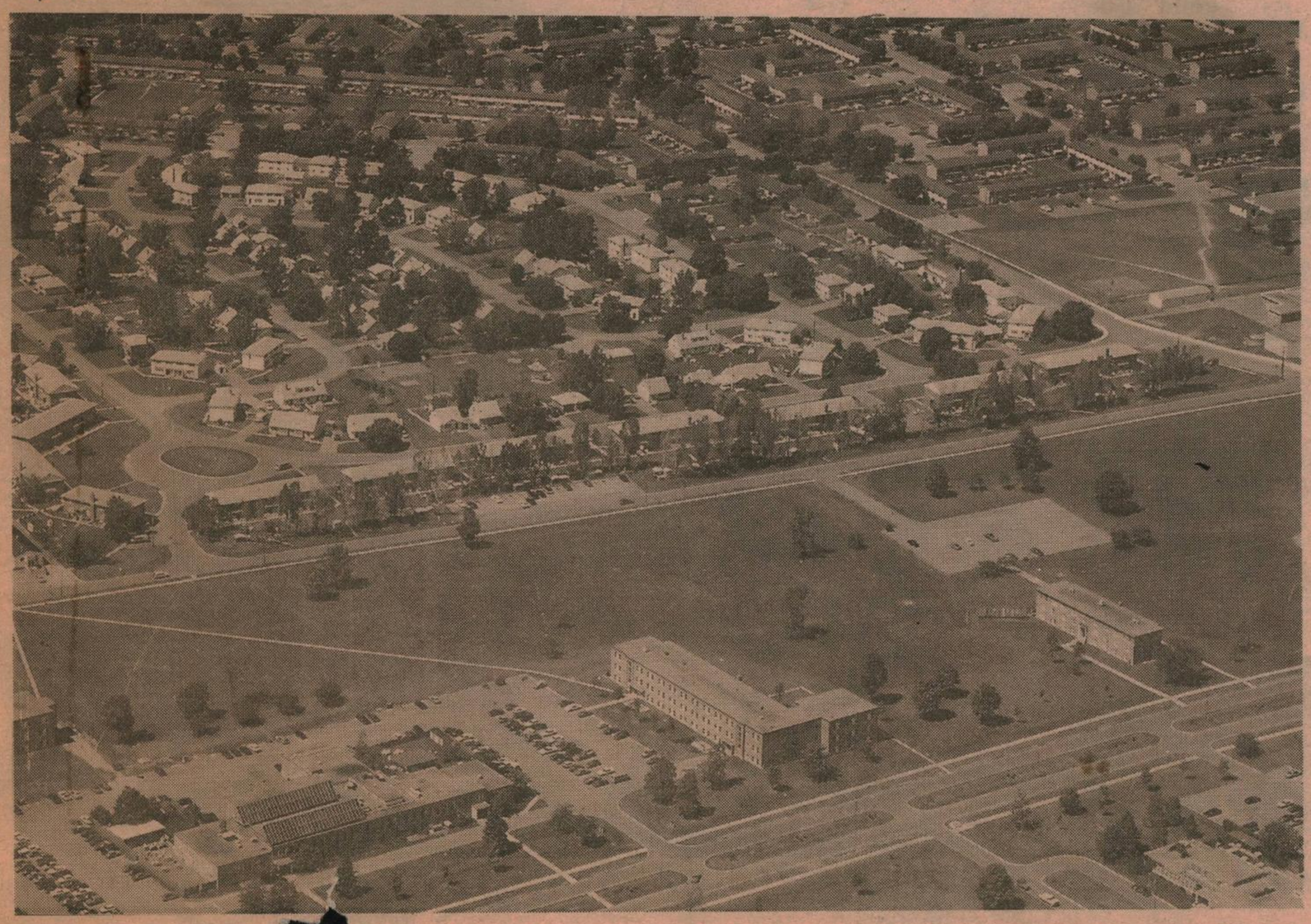
La Station de l'ARC d'Uplands, en 1940.



Uplands 1959



Rockcliffe 1931



Uplands 1993

Then & Now



Message from the Wing Commander & Wing Chief Warrant Officer

Farewell *Falcon* - you made a difference in our community and you will be missed. To the editor, Captain Guylaine Coderre, to Ian Patrick, and all the others who made this newspaper a success, thank you for your hard work and dedication. The final edition is a clear reflection of your accomplishments, and what *The Falcon* has meant to the Ottawa military community and its friends.

This is the last opportunity for the Wing Commander and the Wing Chief Warrant Officer to use this forum. As 7 Wing/CFB Ottawa completes the final chapter in a very long military history in the Ottawa area, it is appropriate to comment on that history, and the future.

There is no doubt that the Rockcliffe and Uplands sites have enriched the Air Force and Canadian Forces history. As evidenced by the photos in today's final edition, change has been a constant theme. The buildings have changed, the missions and tasks have changed, and the aircraft have changed, but the people have remained the same. These are people who have worked as part of the defence team for over 74 years, and never once shirked their responsibilities, or lost their operational focus. Service to Canada has dominated their work ethic, and while there has been much hard work through the years, there has been a great deal of esprit and fun associated with life at Uplands and Rockcliffe. These are memories that we can cherish, and more importantly, it establishes a legacy for the military and civilian personnel who will continue to serve in the National Capital Region. Another challenge approaches, yet our history tells us that we will handle it with our "bring it on...there is nothing we can't handle" attitude.

Best wishes to all in your endeavours.

Message du Commandant et de l'adjudant-chef de l'escadre

Adieu *Falcon* - le journal a apporté beacoup à notre communauté et il nous manquera. À l'éditrice, capt Guylaine Coderre, à Ian Patrick, et à tous ceux qui ont fait du journal un succès, merci. Merci pour votre dur et dédié travail. La dernière édition démontre bien votre labeur et ce que représentait *Le Falcon* à la communauté militaire et amis.

C'est la dernière chance, pour le Commandant et l'adjudant-chef de l'escadre, d'utiliser ce medium. Puisque la 7e Escadre/BFC Ottawa termine le dernier chapitre d'une très longue histoire militaire dans la région d'Ottawa, il est approprié de parler de cette histoire et de l'avenir.

Il n'y a aucun doute que les bases de Rockcliffe et d'Uplands ont enrichi l'histoire de l'aviation des Forces canadiennes. Tel que le démontre les photos de cette dernière édition, le changement a été un thème constant. Les bâtiments ont changé, les missions ont changé, ainsi que les avions ont changé, mais les gens par contre, sont restés les mêmes. Ces personnes ont fait parti de l'équipe travaillant à la Défense pour plus de 74 années, et elles n'ont jamais essayé d'éviter leurs responsabilités, ou les objectifs opérationnels. Servir le Canada a toujours été leur éthique de travail, et pendant toutes ces années de dur travail, il y a toujours eu quand même, beaucoup d'esprit et de plaisir associés avec la vie à Uplands et à Rockcliffe. Il y a des souvenirs que l'ont chéris, et le plus important, cela crée un héritage pour le personnel militaire et civil qui continu à servir dans la région de la Capitale nationale. Un autre défi approche, mais déjà notre histoire nous dit que nous allons l'affronter avec notre "amène-le, il n'y a rien que l'on ne peu pas faire" approche.

Bonne Chance dans tous vos projets.

Editor-in-Chief
Rédacteur en chef
LCol P Pellicano

Editor
Rédactrice
Capt MLG Coderre
991-4457

Production Co-ordinator
Coordinateur, production
Ian Patrick
993-7067 or 737-3617

Advertising/Publicité
FRC
998-4270

Proofreading
Correction d'épreuves
Capt MLG Coderre
Capt A Lavallée
MCpl P Maxwell

Production
Mise en page
Ian Patrick
Capt Coderre
MCpl P Maxwell

Graphic Design
Dessin graphique
Ian Patrick

Printing
Imprimeur
Performance Printing

A sign at the gate that changed several times...this one is from Dec 1939.

Une enseigne qui a changé plusieurs fois au cours des années...voici celle de décembre 1939.





The Leaders Les Leaders

Rockcliffe

1922	S/L AE Godfrey
1922-24	F/L C McEwan
1924-26	F/L AB Shearer
1926-30	F/L RS Grandy
1931-36	W/C AE Godfrey
1936-38	W/C AB Shearer
1938	G/C NR Anderson
1938-39	W/C KM Guthrie
1939-40	W/C AJ Ashton
1940	G/C EL McLeod
1940-41	W/C WJ Riddell
1941-42	G/C JG Bryans
1943-44	W/C DD Findlay
1944-45	AC GS O'Brian
1945-48	G/C RF Gibb
1948	W/C RC Davis
1948-49	G/C MG Doyle
1949-50	W/C JR Fizzle
1950-52	G/C RA Cameron
1952	W/C RI Thomas
1953-54	G/C JG Stephenson
1954-55	G/C AM Jardine
1955-58	G/C FH Watkins
1958-59	W/C JM Stroud
1959-62	W/C DCS MacDonald
1962-64	W/C GH Avent
1964-65	W/C JF Davies
1965-66	W/C CD Noble
1966-69	Col JT West
1969-72	Col CS Olsen
1972	LCol W Cunningham

Uplands

1940-41	G/C FS McGill
1941	G/C WA Curtis
1941	G/C JLE DeNiverville
1941-42	W/C WR MacBrian
1943	G/C FA Sampson
1943	G/C A Raymond
1943	W/C HM Wilson
1943-44	G/C JG Stephenson
1944	G/C WR Kingsland
1944-45	G/C WI Clements
1945	W/C AD Haylett
1945	S/L WER McAllister
1945	S/L AR Morrissette
1945	S/L AH Piroth
1950-63	W/C DG Malloy
1953-57	G/C DR Miller
1957-61	G/C CH Mussells
1961-64	G/C WL Gillespie
1964-66	G/C RAB Ellis
1966-68	Col JLA Roussell
1968-71	Col RM Edwards

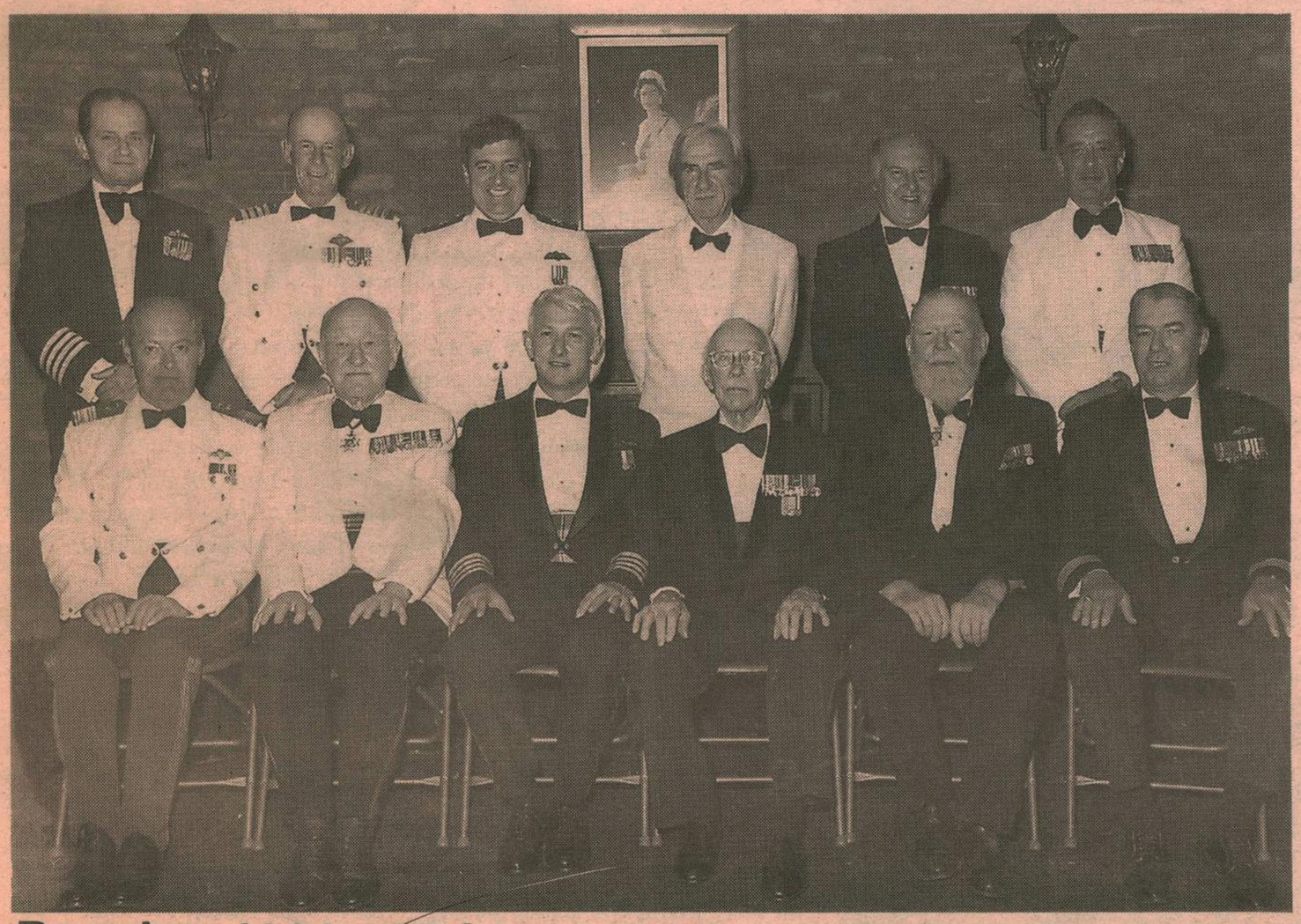
Ottawa

1971-74	Col KA Wark
1974-75	Col JML Bourgeois
1975-77	Col GJ Gauthier
1977-79	Col JB Peart
1979-82	Col RL Bell
1982-84	Col CD Young
1984-87	Col WJ Partington
1987-90	Col ES Andrichuck
1990-93	Col C Brando
1993-	Col EA Findley



A/V/M FS McGill
A/M WA Curtis
A/V/M JLEA DeNiverville
A/V/M WR MacBrien
G/C FA Sampson
A/V/M A Raymond
W/C HM Wilson
A/C JG Stephenson
G/C WR Kingsland
A/C WI Clements
G/C AD Haylett
S/L WR McAllister
W/C AR Morrissette
S/L AH Piroth
W/C DG Malloy
G/C DR Miller

Reunion 1959 Réunion 1959



BGen RAB Ellis
A/V/M KM Guthrie
Col RL Bell
A/V/M/ AE Godfrey
A/V/M JA Bryans
BGen KA Wark

W/C AR Morrissette
G/C DC Malloy
BGen JML Bourgeois
G/C MG Doyle
Col JLA Roussell
Col JF Davies

Reunion 1981 Réunion 1981

Un modeste début
From humble beginnings...



Rockcliffe 1937



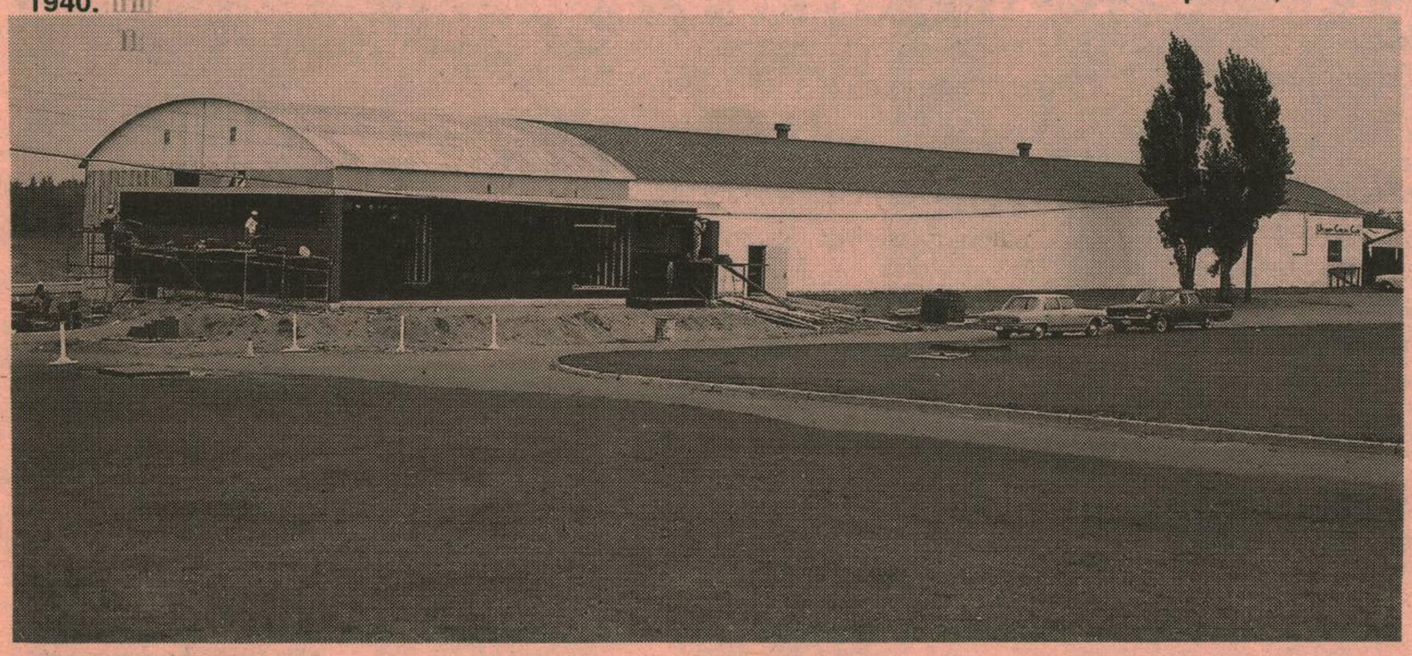
Construction of the hospital, 1940.

Construction de l'hôpital, en 1940.



Construction of instruction school at Uplands in 1940.

Construction de l'école à Uplands, en 1940.



Construction of the curling rink in 1964.

Construction de club de curling en 1964.

UPLANDS
HISTORY ON THE EDGE OF TOWN

Since the earliest days of aviation, the skies over Ottawa have been the backdrop for aircraft of many types, from many lands, befitting our status as Canada's Capital city. Besides being the location of the seat of government and the residence of our Head of State, the region is the site of the Department of National Defence Headquarters, Department of Transport, the National Aeronautical Collection, and civil and military research establishments such as the National Research Council and the Land Engineering and Test Establishment. All of these institutions contribute to the presence of air traffic in our skies. Ottawa International Airport [Macdonald-Cartier International Airport] is the focal point for civil traffic, and with its location on the airport CFB Ottawa (S) is the first stop for military personnel and their dependants stationed in Ottawa and surrounding areas. Also unoficially known as CFB Uplands, the base is home to two flying units, 412 (Transport) Squadron and 450 (Composite) Helicopter Squadron.

In 1939 the Uplands location of Ottawa Airport became the site of a British Commonwealth Air Training Plan flying school. Known as RCAF Station Uplands, the base hosted flying training throughout World War II and was used as a base from which to test new aircraft. Not long after the end of the war nearly all the flying squadrons in the RCAF had disbanded, however.

Flying training had ceased at Uplands by 1947, and the base was used as Maintenance Command Headquarters until the formation of Air Material Command at nearby RCAF Station Rockcliffe in 1949. In addition to being an active base for amphibious and land-based aircraft, Rockcliffe was the location of Air Command and was used for administrative support of air operations and VIP travel. This meant that the sights and sounds of military flying machines were still a daily occurence in the skies over Ottawa during the postwar years. But with Canada's increasing commitment to the newly established North Atlantic Treaty Organization (NATO), four full fighter wings were soon to be sent to Europe, and Uplands was to become an important staging base for overseas flights.

In January 1951, 416 Lynx Squadron, which had been disbanded in the spring of 1946, reformed at Uplands as part of Air Defense Group with North American P-51 Mustangs. Next to arrive were the Canadair-built North American Sabres of 439 Tiger Squadron, the first RCAF Squadron to re-form with the F-86 swept-wing as initial equipment. From May 30 to June 14, 1952, the 439 Tigers became the the first Sabre squadron to make the hazardous aerial crossing of the Atlantic, departing Uplands to join units of No. 1 Wing that had previously made the voyage aboard ship. Jet fighters had only made the east-west Atlantic crossing as recently as 1948, and this was well before aerial refuelling was standard, with the trip calling for stops in Bagotville, Goose Bay, Greenland and Iceland.

Meanwhile, 416 Lynx Squadron, the first squadron to form at Uplands since the war, had given up the propeller driven Mustangs, and personnel were training on Lockheed T-33 Silver Star jet trainers in preparation for transition to the F-86. By April 1952, 416 Sqn was an all jet fighter squadron and on September 28 of that year the unit shipped out to Europe along with two other squadrons of No. 2 Wing.

By this time, 434 Bluenose Squadron had formed at Uplands with their Sabres, and followed suit in March 1953, departing Ottawa with two other squadrons as part of No. 3 Wing.

The last of the units to make up the NATO Air Division, No. 4 Wing, departed Ottawa on August 24 1953, in one of the largest gatherings of fighters ever seen at Uplands. Among the 63 Sabres were those of 422 Tomahawk Sqn, which had formed here late the previous year.

In June of 1954, the Canadian-designed and built Avro CF-100 Canuck fighters of 428 Ghost Sqn arrived in the Capital, and were to remain at Uplands for seven years. The Canuck all-weather interceptor fleet was to eventually become an important part of the North American Air Defence Command, and Uplands was one of a chain of six interceptor bases that stretched from Bagotville to Comox, B.C.

The early 1950s have been called the 'Golden Years' of the RCAF, and many exciting events marked this period, with the skies over the nation's capital filled with the throbbing of giant propellers and the shriek of Orenda jet engines. On May 9 1950, F/L J.A. Omer Levesque, a 410 Sqn pilot, set a record with an Ottawa-Montréal flight time of eight and one-half minutes. On Aprill 11, 1954, a Sabre V landed in Ottawa after a flight from Vancouver, setting a record time (with stops in Calgary and Winnipeg) of three hours forty-six minutes.

Meanwhile, the age of jet transport had arrived in Ottawa, when a deHavilland Comet departed London, England and landed at Uplands on May 29, 1953. The sleek, four-engined jetliner, with its 40 passenger capacity, was operated by 412 Transport Sqn, at the time still based at RCAF Station Rockcliffe. The RCAF became the world's first air force to incorporate jet transport aircraft, and 412 Falcon Sqn of Air Transport Command became the first ever operators of jet transports on scheduled transatlantic flights. On September 1, 1955, 412 Sqn

Continued on page 28

Chronologie Chronology



Rockcliffe

1920 - la station de l'ARC de Rockcliffe a débuté son existence en tant que l'une des 6 premières bases opérationnelles fondées par "the Air Board" en 1920.

Les différents rôles de la station étaient :

- la recherche photographique et le développement de nouvelles techniques de caméras.

- le système de téléphone sans fil pour avion (utilisé par la patrouille forestière) a été développé à la Station.

- des essais d'épandage d'insecticide sur les champs et les arbres, pour le Département de l'agriculture, afin d'éliminer la vermine.

- recevoir et faire les essais des nouveaux avions et transporter les hauts fonctionnaires à travers le pays.

1922 - la station de l'ARC de Rockcliffe comprenait deux avions et 18 officiers, aviateurs et civils. En 1932, il y avait 19 avions de 10 différentes sortes et un personnel comprenant 92 officiers et aviateurs.

1925 - Rockcliffe a fermé et l'"Ottawa Air Station", telle que désignée à l'époque, a été déménagée à Shirley's Bay, situé à 15 milles de la station. Ce déménagement était nécessaire dû au fait que la rive de la rivière à Rockcliffe rendait difficile l'amerrissage des hydravions.

1928, 20 juin - l'acquisition de 22.41 acres pour $14 520, en bordure de la rivière, favorise les lieux afin de combiner les opérations d'atterrissage et d'amerrissage. Pour une longue période, Rockcliffe a été la seule station combinée au Canada.

1930 - une section spéciale d'essai en vol a été formée afin de faire des tests et des développement pour les avions et des équipements appellée "Central Experimenral & Proving Establishment".

Suite à la page 10

Rockcliffe

1920 - RCAF Station Rockcliffe's beginning as one of six original operational bases opened by the Air Board in 1920.

Most of the station was for photographical survey, testing and developing new types of cameras and techniques.

- The station pioneered development of wireless telephony for aircraft (for use in forestry patrol);

- Carrying out tests for Department of Agriculture in spreading 'poison dust' over crops and trees to kill pests and blights;

- Receiving, testing and delivering aircraft, and transporting government officials and VIPs to diverse parts of the Dominion.

1922 - The total resources at RCAF Rockcliffe were two a/c and 18 officers, airmen and civilians. By 1932 there were 19 a/c of 10 different types, and a service staff of 92 officers and airmen.

1925 - Rockcliffe closed and the "Ottawa Air Station", as it was then known, was moved 15 miles to Shirley's Bay. This move was necessary due to the fact that the high river bank at Rockcliffe made beaching of seaplanes a major problem.

1928, 20 June - acquisition of 22.41 acres of land for $14,520. On border of the river favoring the site for a combined land and sea plane base operation. For a long period of time, Rockcliffe was the only combined station in Canada.

1930 - In 1930, a special "test flight" was formed for the sole purpose of carrying out testing and development of a/c and equipment duties and known as "Central Experimental & Proving Establishment".

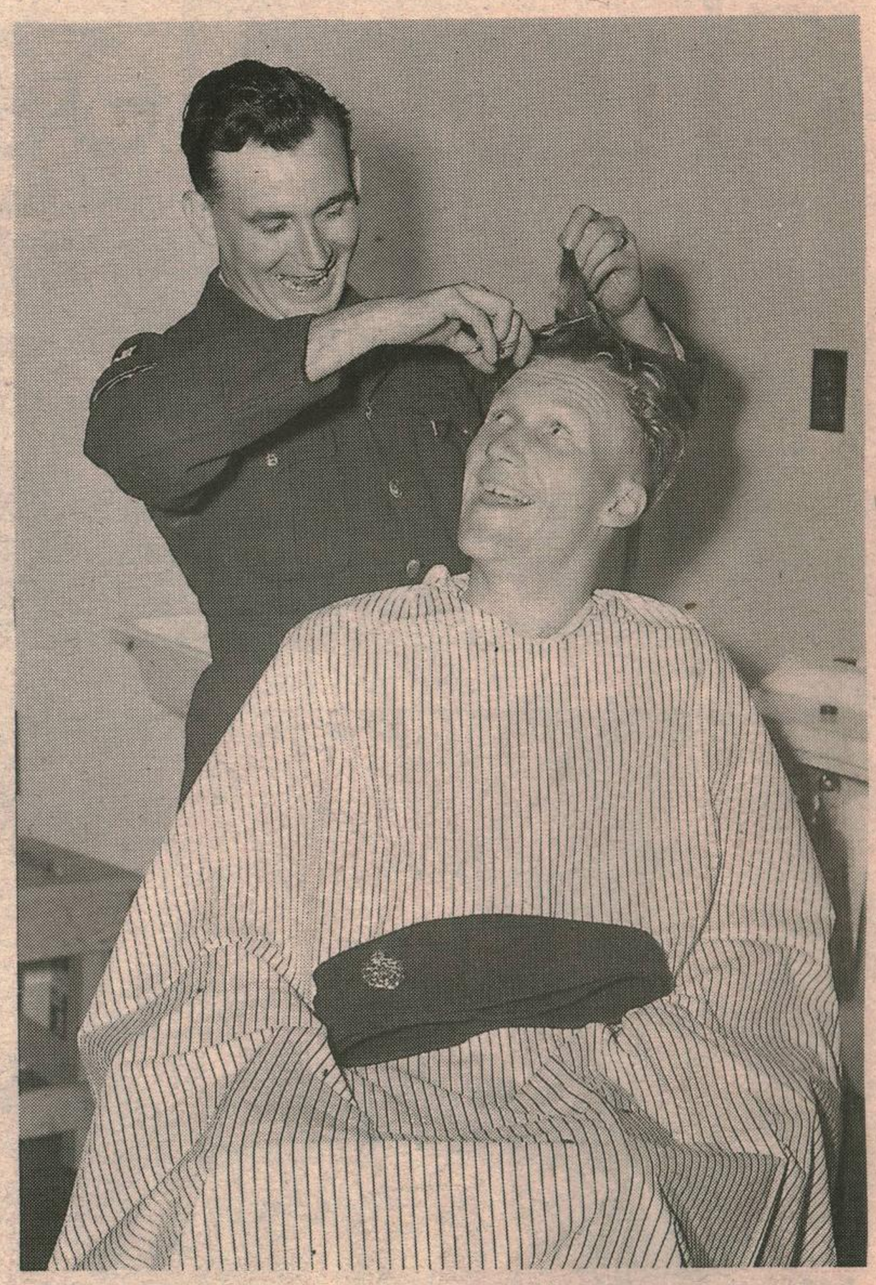
Continued on page 10

6 - A look back
Un regard en arrière



Airmen lined up for mail.

Aviateurs faisant la ligne pour le courrier.



September 1940/septembre 1940



A & B Flight student pilots during WWII.

Étudiants en pilotage des Escadrilles A & B, durant la Seconde Guerre mondiale.



G/C W.A. Curtis hands over command to G/C J.L.E.A. DeNiverville in 1941.

Le capitaine de brigade W.A. Curtis passant le commandement au capitaine de brigade J.L.E.A. DeNiverville en 1941.



Australians march past at a course of the British Commonwealth Air Training Plan during WWII.

Des Autraliens paradent à un cours du "British Commonwealth Air Training Plan" durant la Seconde Guerre mondiale.



Mrs. McGuire accepting the wings awarded her husband posthumously from Group Captain W.R. Kingsland, Commanding Officer of No.2 S.F.T.S., Uplands. WO1 Michael McGuire, son of Mr. and Mrs. Joseph G. McGuire of Ottawa, was killed in a flying accident on August 3, 1944. He was to have graduated with Course 101.

Mme McGuire recevant les ailes désignées à son défunt mari en geste postum, des mains du capitaine de brigade, W.R. Kingsland, commandant de no.2 S.F.T.S., Uplands. L'adjudant-1ère classe Michael McGuire, fils de M. et de Mme Joseph G. McGuire d'Ottawa, est mort lors d'un accident au cours d'un vol le 3 août 1944. Il devait être pour graduer avec le cours 101.



Rockcliffe 1979

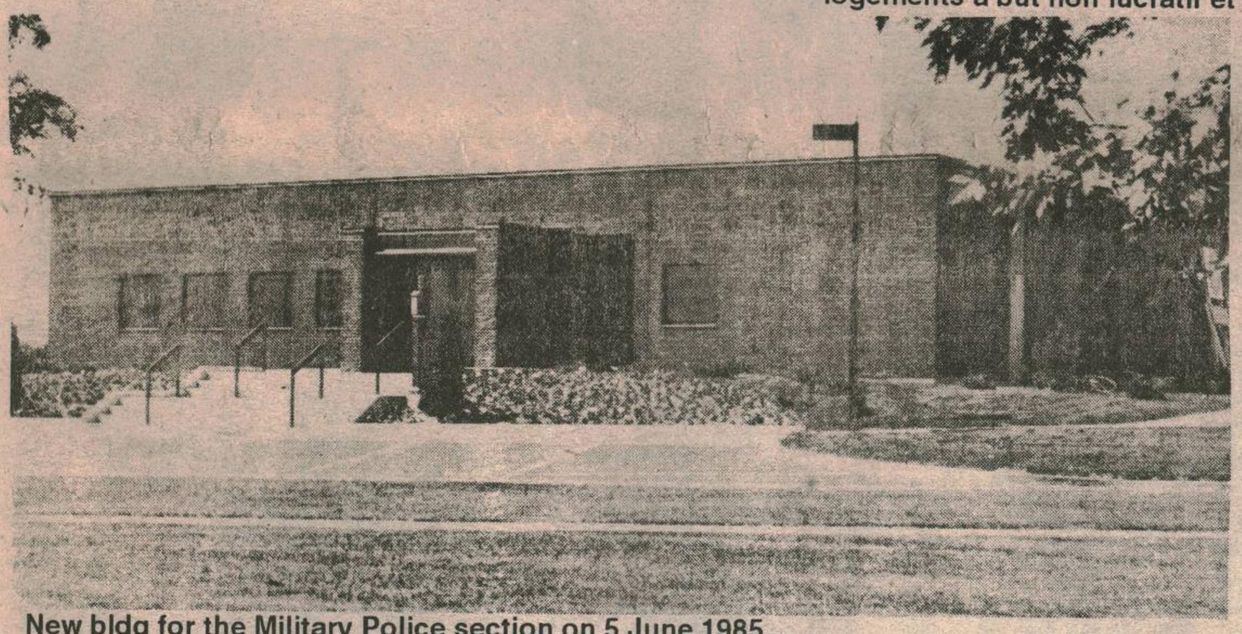


Ground breaking for new SHHO & EPCC building

Début de la construction de bureau des logements à but non lucratif et du CCPE



Organisation de logements à but non lucratif, 1964.
Self-Help Housing, 1964.



New bldg for the Military Police section on 5 June 1985.



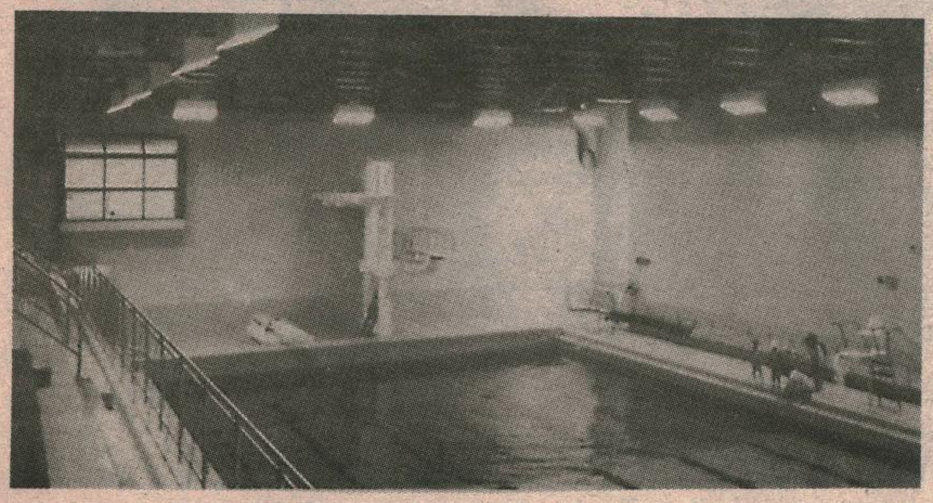
Nouveau bâtiment pour la Section de la police militaire le 5 juin 1985.

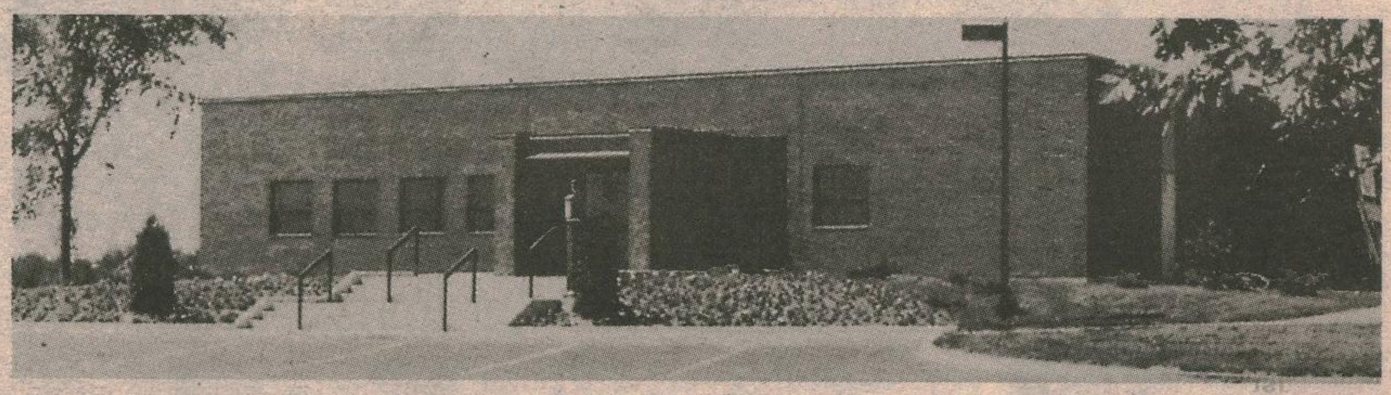


Démolition à Rockcliffe



Rockcliffe demolition





New indoor swimmimg pool for CFB Ottawa south in summer 1988.
Nouvelle piscine intérieure pour la BFC Ottawa sud pour l'été 1988.

The first protocol "duty" to organize was in 1941 and for the Governor General of Australia, the Right Honourable Lord Stoneham. But during WWII only 17 VIPs arrived at Uplands like: Air Marshal W.A.(Billy) Bishop, the Right Honourable W.L. Mackenzie King, H.R.H. Princess Alice, H.R.H. the Duke of Kent and the Right Honourable Winston Churchill.

Le premier devoir protocolaire a eu lieu en 1941 pour la visite du Gouverneur général de l'Australie, le très honorable Lord Stoneham. Cependant, durant la Seconde Guerre mondiale, 17 "VIPs" sont venus à Uplands dont: le maréchal de l'Air W.A.(Billy) Bishop, le très honorable W.L. Mackenzie King, son Altesse royale la Princesse Alice, son Altesse royale le Duc de Kent et le très honorable Winston Churchill.



1974



1977



His Royal Highness the Duke of York, July 1989.
Son Altesse royale le Duc de York, en juillet 1989.



1992



His Royal Highness Prince Charles in 1966.
Son Altesse royale, le Prince Charles, en 1966.



The Queen mother, in 1989.
La reine mère, en 1989.

VIP

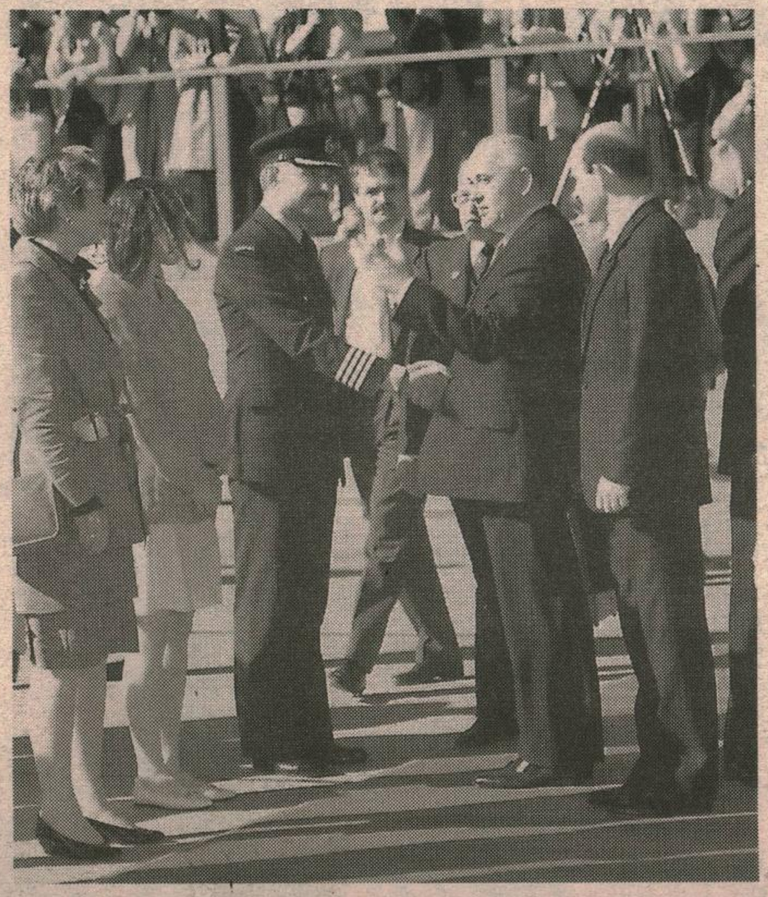
La section du protocole a conservé les autographes de tous ses visiteurs; voici quelques-unes qui sont mémorables:





His Excellency Mikhail Gorbachev, President of the Union of Soviet Socialist Republics, in May 1990.

Son Excellence M. Mikhaïl Gorbatchev, Président de l'Union des Républiques socialistes soviétiques, en mai 1990.





Mr. Nelson Mandela, Deputy President of the African National Congress, and Mrs. Winnie Mandela, in June 1990.

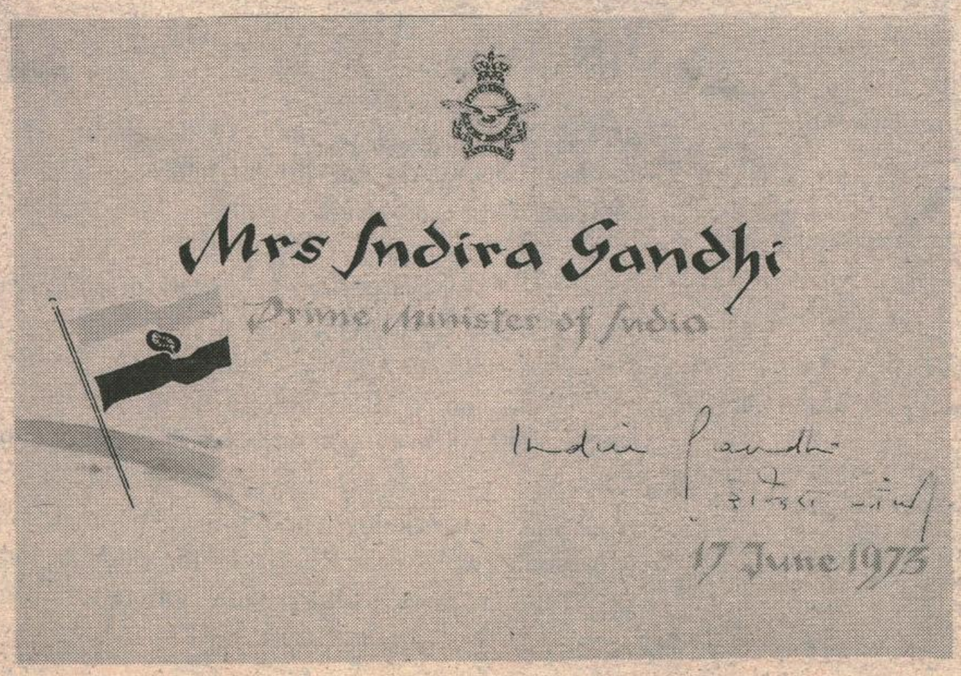
M. Nelson Mandela, Vice-président du Congrès national africain, et Mme Winnie Mandela, en juin 1990.



The papal visit in August 1984.

La visite papale en août 1984.

The protocol section kept autographs of all the visitors; these are some memorable ones:





Chronologie

Suite de la page 5

1935, 25 juin - le Gouverneur Général a recommandé l'acquisition de terrains pour la station. 454.59 acres ont été acheté pour $133 085 - pour un total de 930 acres pour Rockcliffe et dont 75 acres alloués pour la GRC.

1935 - le premier hangar, qui était portatif, a été remplacé par plusieurs bâtiments : hangars, quartiers, bâtiment pour la photographie et maisons en rangées.

1939 - le commencement de la guerre a rendu nécessaire la formation d'une escadrille de communication. L'Escadrille polyvalente fut réorganisée et devint la 12e Escadrille de communications (412e Escadron aujourd'hui).

1943 - au plus intense de la guerre, un personnel de 2 500 personnes travaillaient à Rockcliffe.

Avril 1949 à août 1965 - le Commandement aérien du matériel est à Rockcliffe.

1954 - le Quartier général du Commandement aérien du matériel s'établit à Rockcliffe (auparavant sous le Commandement aérien du transport) et les principaux unités demeurant à la base étaient : logistiques et approvisionnement, photographie, opération de l'intelligence.

1954 - la musique centrale est une des unités de la Station Rockcliffe.



Airmen in front of Consolidation Liberator, of no.168 (Heavy Transport) Squadron, at RCAF Station Rockcliffe.
Aviateurs devant un "Consolidation Liberator" de l'Escadron no.168, à la Station de Rockcliffe.

1955, juin - l'escadron 412 cesse ses opérations à Rockcliffe et est transférré à la station de l'ARC à Uplands.

1957, 15 mai - "Central Experimental & Proving Establishment" déménage à Uplands (et déménagera plus tard, en 1971, à Cold Lake, Alberta).

1959 - l'hôpital "RCAF" de Rockcliffe devient "CF Hospital Rockcliffe" et a son propre commandant à sa tête. (en octobre 1961, tout l'hôpital déménage dans ses nouveaux locaux, le Centre Médical de la Défense Nationale, situé près d'Alta Vista).

1960, mai - l'unité des enquêtes spéciales de la région de l'est a déménagé de l'île Victoria, Ottawa, à Rockcliffe.

1964, 1er avril - les vols militaires cessent à la Station Rockcliffe.

1964, juin - l'exposition d'avions du Musée national de l'aviation a déménagé à Rockcliffe dans les hangars 66 et 67. En février 1966, le musée s'agrandit et prend possession du hangar 68 également.

1972, 2 nov - Rockcliffe et Uplands se fusionne. Les avantages sont : le partage de la comptabilité, du transport et de l'administration.

Uplands

1938, 20 août - ouverture officielle de l'aéroport d'Uplands par le Département des transports (DDT). DDT a acheté le terrain (et en est toujours le propriétaire): deux pistes, un hangar et radio pour aider à la navigation ont été installés.

1939, 23 déc - l'aéroport est désigné à des fins militaires. L'ARC y établit "the Service Flying Training School". Uplands est l'une des bases désignées pour le "British Commonwealth Air Training Plan" (BCATP).

1940, 5 août - ouverture officielle du BCATP en tant qu'Escadron no.2, par le Gouverneur Général, le Comte d'Athlone.

L'Escadron no.2 de l'école d'entraînement de pilotage sert à l'entraînement des pilotes de l'ARC et des forces alliées. Jusqu'à la fin de la BCATP, il y avait une parade à l'escadre à tous les mois et avait une moyenne de 60 à 70 élèves par graduation.

Suite à la page 12

Chronology

Continued from page 5

1935, 25 June - the Governor General recommended the acquisition of extra land for the station. 454.59 acres were purchased for $133,085 - adding to make a total of 930 acres of which 75 where allocated to R.C.M.P.

1935 - The original portable hangars have been replaced by many new buildings including: hangars, barrack blocks, heating plant, photographic building and Cottage Row.

1939 - the beginning of the war made necessary the formation of a separate communication flight. The General Purpose Flight was transferred into No.12 Communication Flight (412 Transport Squadron of today).

1943 - At the peak of the war, 2,500 Air Force personnel were based at Rockcliffe.

April 1949 to Aug 1965 - Rockcliffe was the home of Air Material Command.

1954 - Rockcliffe became the HQ of Air Material Command (in the past it had been under Air Transport Command), the main units remaining were: logistics and supply, photography, intelligence operation.

1954 - Central Band of CF became a unit of Station Rockcliffe.



RCAF Station Rockcliffe, 1948. **La Station de l'ARC de Rockcliffe, 1948.**

1955 June - 412 Composite Squadron ceased operations at Rockcliffe and transferred to RCAF Station Uplands.

1957, 15 May - RCAF Central Experimental & Proving Establishment moved to Uplands (later moved in 1971 to Cold Lake, Alberta).

1959 - the RCAF hospital located at Rockcliffe became a tri-service hospital as "CF Hospital Rockcliffe" with its own commanding officer. (in October 1961 the entire hospital moved to its new bldg, the National Defence Medical Centre, situated near Alta Vista).

1960, May - the Eastern Special Investigation Unit was moved to Rockcliffe from Victoria Island, Ottawa.

1964, 1 Apr - military flying ceased at Station Rockcliffe.

1964, June - National War Museum aircraft display moved to Station Rockcliffe and was located in Hgrs 66 and 67. In Feb 1966, the museum expanded into Hgr 68 as well.

1972, 2 Nov - Rockcliffe and Uplands amalgamate into one establishment. The advantages were: accounting, transportation, administration of common base activities.

Uplands

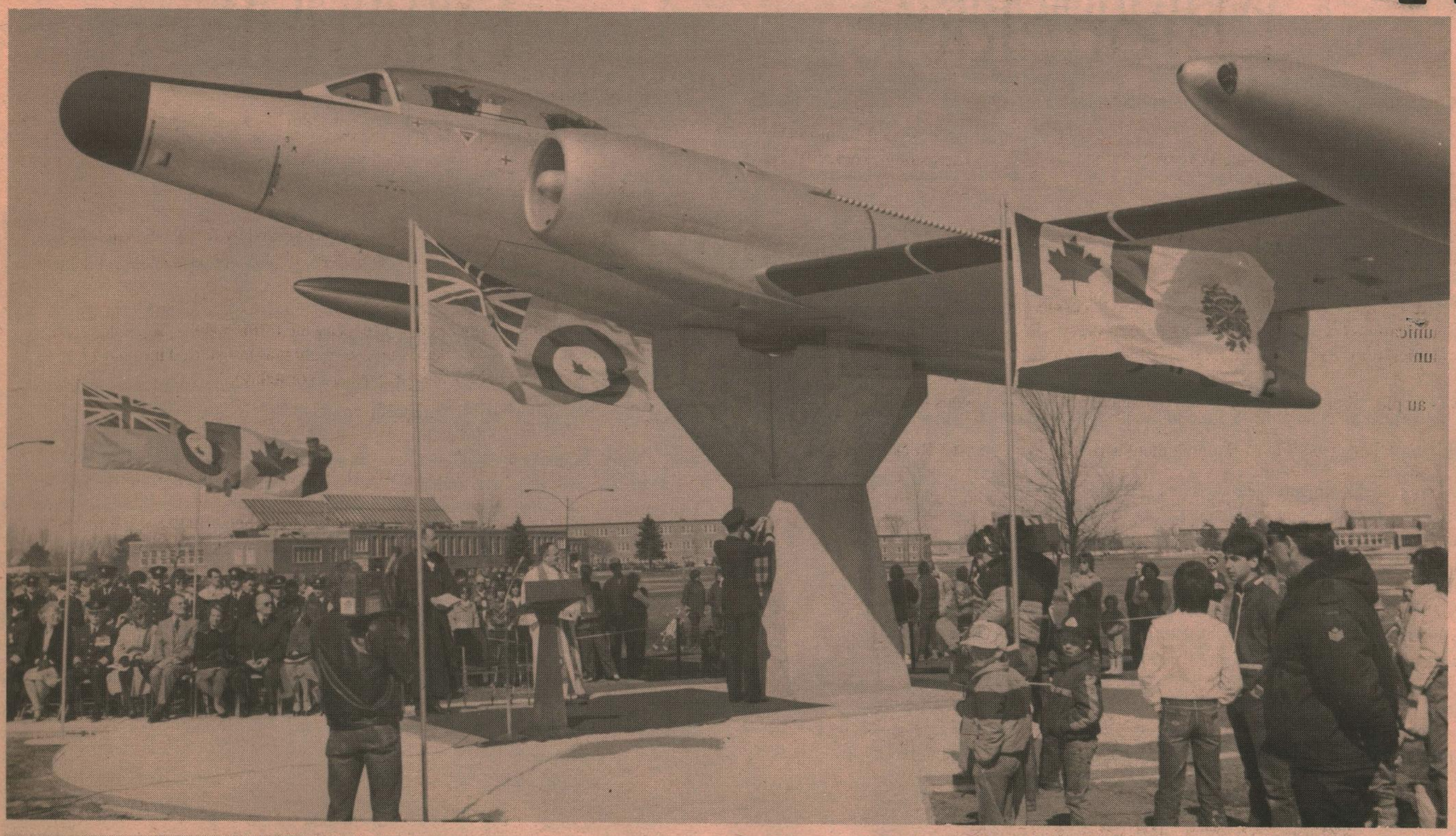
20 Aug, 1938 - official opening of Uplands airport by Dept of Transport (DOT). DOT purchases the property (is still the owner): two hard surface runways, a hangar and radio aids to navigation are installed.

Dec 23, 1939 - the airport is designated for military use. The RCAF establishes the Service Flying Training School. Uplands is chosen as the site of one of British Commonwealth Air Training Plan (BCATP) first flying school.

Aug 5, 1940 - official opening of BCATP, as No.2, by the Governor General, the Earl of Athlone.

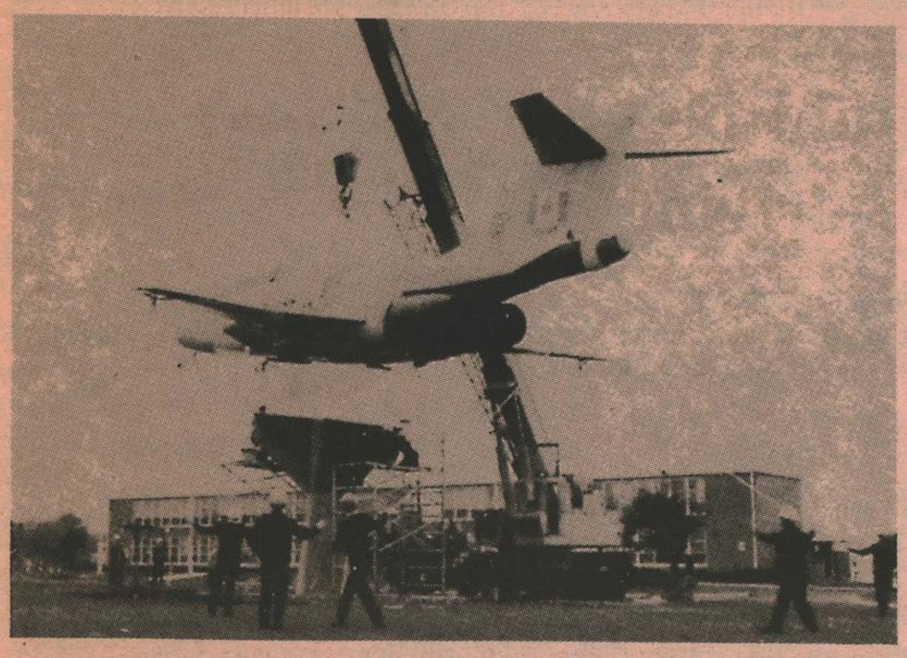
No.2 Sqn flight training school is the experiment and demonstration unit for SFTS - it was used as well by the RCAF and the allied air force to train pilots. Until the end of BCATP, there is one "wing parade" a month, averaging 60 to 70 students per course.

Continued on page 12



Official unveiling of the CF-100 display aircraft during a special base parade commemorating the RCAF 60th anniversary.
Dévoilement officiel de l'avion CF-100 durant une parade spéciale commémorant le 60e anniversaire de l'ARC.





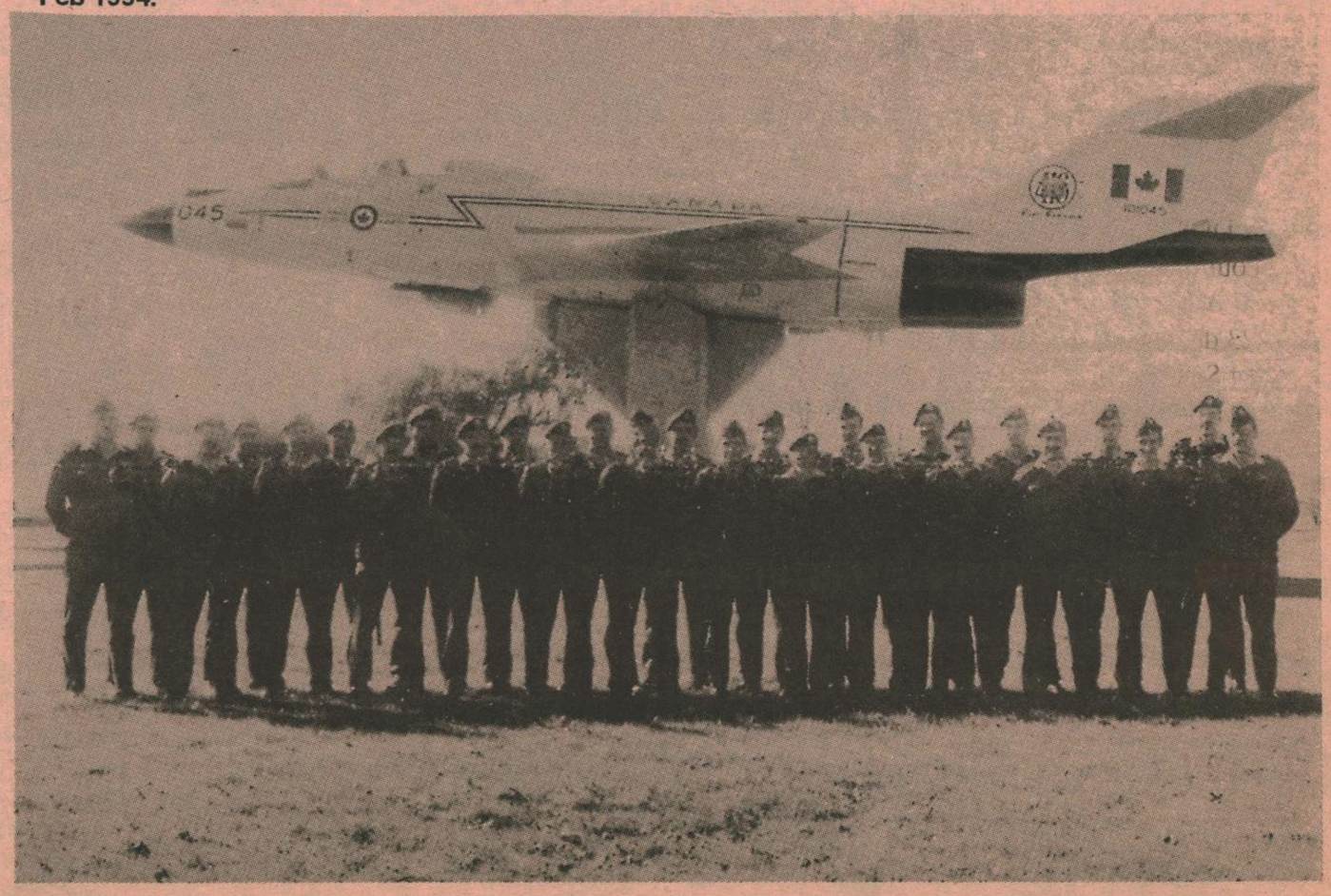




1974 - with the earlier amalgamation of CFB Rockcliffe and CFB Uplands, a new crest for CFB Ottawa was accepted. With the wing concept in 1993 came the creation of another new crest that never got the chance to be used because of the base closure announcement in Feb 1994.



1974 - le fusionnement des bases de Rockcliffe et d'Uplands apporte une nouvelle insigne pour désigner la base. Avec le concept des escadres, en 1993, un autre insigne est créé, mais avec l'annonce de la fermeture, la 7e Escadre n'a jamais eu la chance de la faire approuver.



Chronologie

Suite de la page 10

1940 : - premier accident mortel : deux officiers meurrent dans un écrasement;
- le premier Mess des sergents ouvre à Uplands;
- premiers gradués, 4 octobre 1940.

1941 : - premier devoir protocolaire : en mai, l'école prépare une guarde d'honneur pour le Premier Ministre d'Australie.

1941, juillet - no.2 devient "RCAF Station Hollywood" pendant une quinzaine de jours afin de permettre le tournage de plusieurs scènes du film "*Captains and the Clouds*". Le personnel et les étudiants ont la chance d'apparraître dans le film.

1941, 31 déc - Winston Churchill visite l'école.

1945, 14 avril - le contrat du BCATP est terminé et no.2 se disperse. Les étudiants du dernier cours ont gradué le 28 mars 1945. Le nombre de gradués au no.2, depuis ses débuts, est de 2 759.

1945, 6 août - le Commandement de la maintenance est officellement créé et débute le 1er octobre 1945. Les unités du commandement étaient : dépôts de réparation, dépôt d'équipement, unité de la maintenance et de la construction et l'instruction des inspections aéronautiques.
À la fin de la guerre, les vols s'arrêtent à la station d'Uplands.

1947, mars - avec l'arrêt des vols militaires, Uplands redevient un aéroport civil. Les bâtiments sont remis à l'armée et au Département des transports.

1950, 1er déc - la Station de l'ARC est reformée en tant que station de commandement de défense aérienne afin de supporter l'expansion de la Force régulière et les unités de la Réserve de la région d'Ottawa. La section du protocole pour l'accueil des dignitaires et de la royauté est remis sur pied.



Construction of the Recreation Hall, 1940.
Construction du Centre de récréation, en 1940.

1960 - le commandement de la défense aérienne d'Uplands comprend :

-410 (Cougar) Sqn
-412 Transport Sqn
-3 Air Movements Unit
-the Central Experimental & Proving Establishment of Material Command

1965, 15 fév - le rôle d'Uplands passe de Commandement de défense aérienne à Commandement de transport aérien.

1966, 1er avril - la Station de l'ARC d'Uplands devient BFC Uplands suite à l'intégration des forces.

1968 - l'Escadron 414 déménage de St-Hubert à Uplands.

1970 (printemps) - l'escadron 450 déménage de St-Hubert à Uplands, et comprend des hélicoptères CH-113 (Voyageur) et des CH-135 (Iroquois).

1971 - "the Aeronautical Test Establishment" (AETE) déménage à la BFC Cold Lake.

1972, nov - Rockcliffe et Uplands se fusionnent et forment BFC Ottawa (nord) et BFC Ottawa (sud).

- deux incendies mènent à la perte totale de deux bâtiments à la BFC Ottawa (nord): le Mess des adjudants et des sergents, bldg 72, en nov 1975; et le bldg 79, ce qui était le Centre récréatif de Rockcliffe et aussi le Centre des opérations du Canex et de la communauté, le 24 mai 1976.

1972, 1er août - l'Escadron 414 déménage à North Bay, son deuxième déménagement en quatre ans.

Suite à la page 14

Chronology

Continued from page 10

1940: - first fatal accident: 2 officers are killed in a crash,
- first Sgt's Mess is opened at Uplands,
- first course graduates, Oct 4, 1940.

1941: - first 'protocol' duty: in May, the School provides a guard of honour for the Prime Minister of Australia.

July 1941 - for a fortnight No.2 becomes "RCAF Station Hollywood" for many scenes shot for the movie Captains and the Clouds. Staff and students had a chance to be extras in the filming.

1941, 31 Dec - Winston Churchill visits the school.

1945, 14 Apr - the BCATP contract is over and No.2 disbanded. Final course graduated 28 Mar 1945. Number of BCATP graduates from No.2 SFTS was 2,759.

1945, 6 Aug - Maintenance Command is officially formed and becomes functional 1 Oct 1945. The units were: repair depots, equipment depot, construction and maintenance unit, aeronautical inspection instruction.
At the end of the war, flying ceases at RCAF Station Uplands.

1947, March - military aviation disbanded, Uplands once again becomes a civilian airport. RCAF bldgs and facilities handed over to the army and Dept of Transport.

1950, 1 Dec - RCAF Station Uplands is again formed as an Air Defence Command Station to support the expanding Regular Force and Reserve units in the Ottawa area. role as official welcomer of royalty and heads of state of many nations restored.



September 1940 **Septembre 1940**

1960 - RCAF's Air Defence Command Uplands home of:
-410 (Cougar) Sqn flying CF 101B
-412 Transport Sqn
-3 Air Movements Unit
-the Central Experimental & Proving Establishment of Materiel Command
-the National Aeronautical Establishment

1965, 15 Feb - Uplands' role changed from an Air Defence to an Air Transport Command base.

1966, 1 Apr - RCAF Station Uplands becomes CFB Uplands reflecting an integrated Armed Forces.

1968 - 414 Sqn moved to Uplands from CFB St-Hubert.

1970 (spring) - 450 (Helicopter) Sqn arrived with the Voyageur and Iroquois helicopters.

1971 - the Aeronautical Test Establishment (AETE) is moved to CFB Cold Lake.

1972, Nov - Rockcliffe and Uplands amalgamate to form CFB Ottawa North and South.

-two major fires have resulted in the total loss of two bldgs at CFB Ottawa (North): WO's/Sgts' Mess, Bldg 72 in Nov 1975, and Bldg 79, which was the Rockcliffe Recreation Centre and also housed Canex retail operations and community meeting rooms, was destroyed in 24 May, 1976.

-1972, 1 Aug - 414 Squadron moved to North Bay, its second move in four years.

Continued on page 14

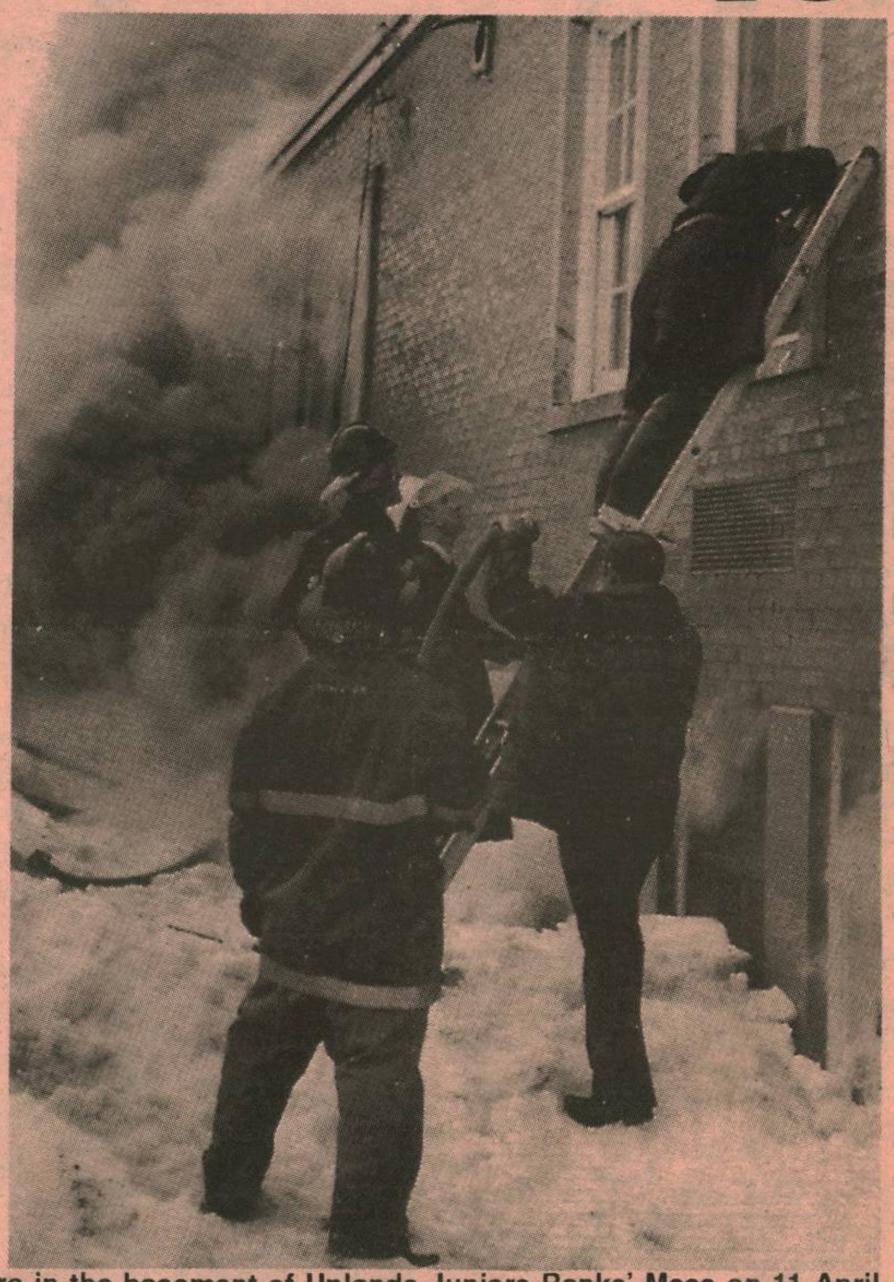
Trial by fire



1941, May 6: Fire fighting demonstration.



1941, 6 mai: Démonstration des pompiers.



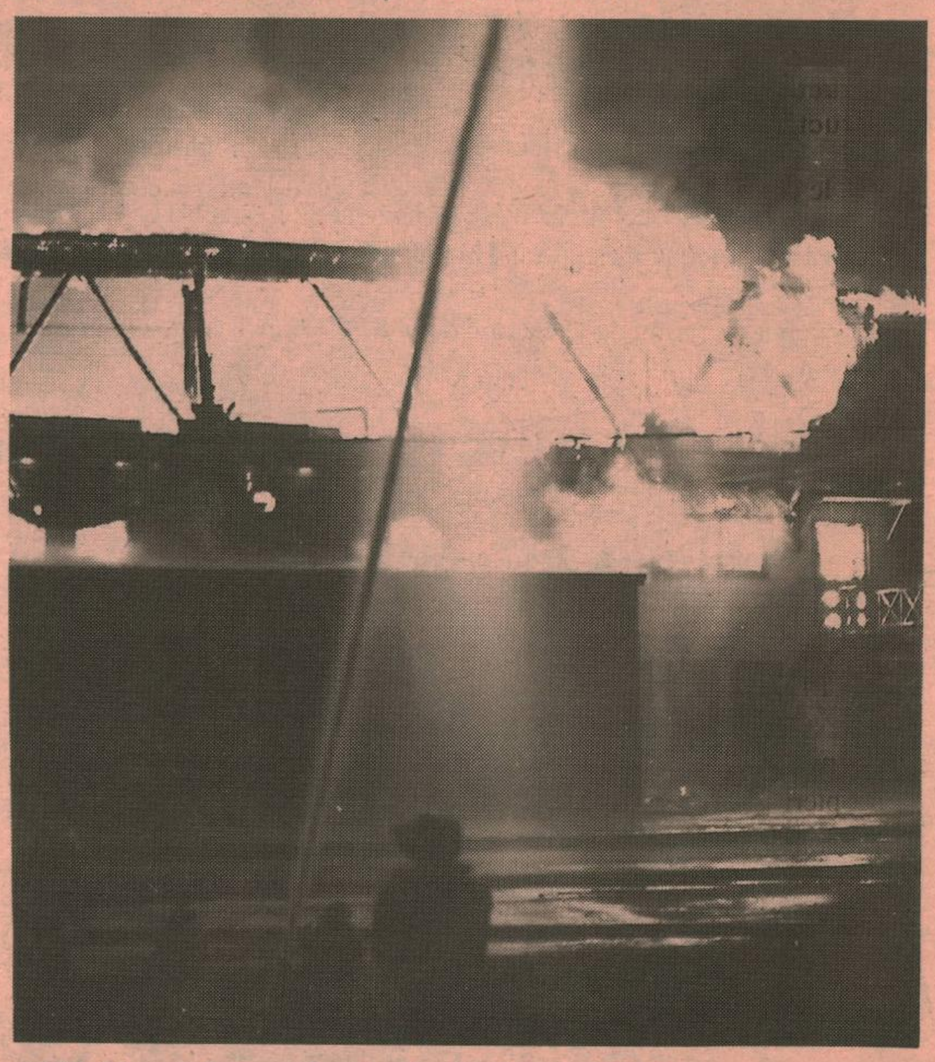
Fire in the basement of Uplands Juniors Ranks' Mess on 11 April 1972.



Incendie au sous-sol du mess des caporaux et des soldats d'Uplands, le 11 avril 1972.



1976, May 24: Fire at the Recreation Centre, CFB Ottawa (N).



1976, 24 mai: Feu au Centre récréatif de la BFC Ottawa (N).

Baptême du feu

Chronologie

Suite de la page 12

1974 - le fusionnement des bases de Rockcliffe et d'Uplands apporte une nouvelle insigne pour désigner la base. Avec le concept des escadres, en 1993, un autre insigne est créé, mais avec l'annonce de la fermeture, la 7e Escadre n'a jamais eu la chance de la faire approuver.

1974, oct - cinq membres de l'équipage (capt Dale Cavanagh, sgt George Cullen, sgt Harold Korfman, cplc Pierre Lacoste et capt Bob Lovett) du nouveau Chinook, de l'Escadron 450, meurent lors d'un écrasement dans les Appalaches, en Pennsylvanie. L'équipage était à bord du premier des quatre Chinook à joindre l'escadron afin de remplacer l'hélicoptère Voyageur.

1979, 31 juil - "2 Aircraft Field Maintenance Squadron" est dispersé. 2 AFMS faisait la maintenance de 2e ligne de tous les unités d'hélicoptères et d'opérations de la région de l'est du Canada.

1981 - le nouveau salon des VIPs au hangar 11, est nommé "Billy Bishop Lounge". 1981 est une année très occupée avec deux visites royales et le Sommet économique de 1981.

- (printemps 1981) fermeture du "Tape Relay Centre Ottawa" (Rockcliffe). Environ 83 million de transmissions sont passées à travers le TRC entre les années 1955-1981.

1982, 17 août - un Chinook de l'Escadron 450 a un accident à Ranklin Inlet, T.N.O., et trois des six membres de l'équipage y trouve la mort (lt Dave Allen, cplc Yves Deschamps, cpl Yves Vadnais).



La navette spatiale a attiré des milliers de visiteurs durant son passage à la BFC Ottawa en juin 1983.

The space shuttle was viewed by thousands during its brief stay at CFB Ottawa in June 1983.

1985, nov - LETE déménage dans des bâtiments modernes. Ceci est la première phase et le tout sera complété en janvier 1987.

1989, 12 juin - ouverture officielle de l'Escadrille de renfort de la Réserve aérienne Ottawa

1989, juin - fin des opérations du détachement de l'escadron 414. Le détachement a été formé en août 1972 lorsque l'escadron 414 a déménagé d'Ottawa pour North Bay.

1990 - début du projet de fermeture de la BFC Ottawa (nord) qui doit être d'une durée de quatre ans.

1991 - membres de la BFC Ottawa partent à la guerre du Golfe. Au mois de mars de la même année, les troupes reviennent.

- construction du bâtiment pour la NBC.

1993 - BFC Ottawa devient 7e Escadre.



Chronology

Continued from page 12

1974 - with the earlier amalgamation of CFB Rockcliffe and CFB Uplands, a new crest for CFB Ottawa was accepted. With the wing concept in 1993 came the creation of another new crest that never got the chance to be used because of the base closure announcement in Feb 1994.

-1974, Oct - 5 crew members of a new Chinook, from 450 sqn, died in a crash in the Appalachian Mountains of Pennsylvania. It was the first of the four Chinooks which were to join the Squadron to replace the aging Voyageurs.

1979, 31 July - 2 Aircraft Field Maintenance Squadron disbanded. 2 AFMS was providing second line maintenance for all FMC helicopter units and operations in eastern Canada.

1981 - new VIP lounge at Hgr 11 and christened "Billy Bishop Lounge". Coinciding with a busy summer with two royal visits and the 1981 Economic Summit Conference.

- (spring 1981) closure of Tape Relay Centre Ottawa (Rockcliffe). Approximately 83 million transmissions have passed through TRC Rockcliffe during the years 1955-1981.

1982, 17 Aug - A CH-147 Chinook of 450 Sqn involved in an accident at Rankin Inlet, N.W.T., killing three of the six crew members (Lt Dave Allen, MCpl Yves Deschamps and Cpl Yves Vadnais).

1984, Sept - CFB Ottawa received a $6 million facelift to aid in the relocation and consolidation of several units and services located at Rockcliffe and Uplands.

1985, Nov - after years in WWII vintage bldgs, LETE moved in to modern facilities. This is the first phase which will be completed in Jan 1987.

Back to summer dress!



Incroyable! Photo publiée dans *Le Falcon* en mai 1975.

Unbelievable! Picture published in *The Falcon* in May 1975.

1989, 12 June - official opening of Air Reserve Augmentation Flight Ottawa (ARAF).

- 1989, June - end of operations of 414 Electronic Warfare Squadron Detachment. The detachment was formed in Aug 1972 when 414 EW Sqn relocated from Ottawa to North Bay.

1990 - beginning of the four year process of the closure of CFB Ottawa (North), Rockcliffe.

1991 - members of the base go to the Gulf War. March same year, troops receive big welcome.

-construction of Base Nuclear Biological Chemical Bldg.

1993 - CFB Ottawa became 7 Wing

Homecomings...

In January 1983, Mr. and Mrs. Alvin Davidson, of Winchester, Ontario, returned more than 30 years after their family left their farm, which, prior to expropriation, formed a large part of RCAF Station Uplands. Their farmhouse stood approximately where the Credit Union is now located.

En janvier 1983, M. et Mme Alvin Davidson, de Winchester, (Ontario), sont revenus, 30 ans après leur départ, à l'endroit où leur ferme formait, avant l'expropriation, une grande part de la Station de l'Aviation royale canadienne Uplands. Leur maison était au même endroit où la Caisse d'économie est maintenant.





Capt. Derek Grant received a warm welcome from his wife Eve and sons. He was one of 88 troops who arrived back in Ottawa from Vietnam in August, 1973.
Le capt Derek Grant est accueilli par sa femme Eve et ses garçons. Il était un des 88 soldats qui sont revenus à Ottawa du Vietnam, en août 1973.



412 Sqn members return from the Persian Gulf

Retour des membres de l'Esc 412 du Golfe Persique



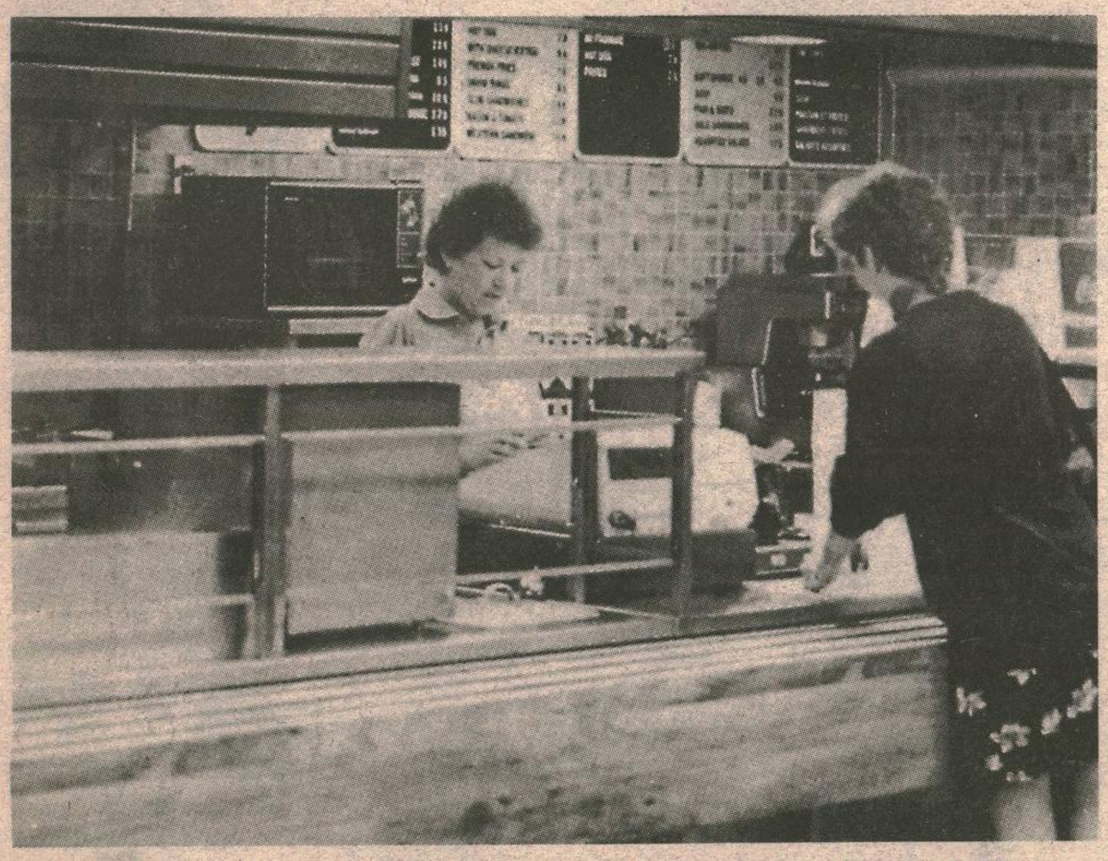
CF members return from the Persian Gulf

Retour des membres des FC du Golfe Persique



Retour à la maison...

CANEX



The Canex at Uplands has 11 different outlets and 13 concessions. Ottawa's department stores have the largest sales across Canada with CFB Borden and CFB Cold Lake (this was in 1984).

Le Canex à Uplands possède 11 départements et 13 concessions. Les magasins d'Ottawa ont le plus grand pourcentage de vente au Canada avec la BFC Borden et la BFC Cold Lake (ceci était en 1984).



Opening of new Base Exchange at Uplands.
Ouverture du nouveau Canex à Uplands.





Opening of new Canex complex at the north site.
Ouverture du nouveau Canex du côté nord.







New course at Uplands golf course opened (27 May 1972).
Ouverture d'un nouveau terrain au club de golf d'Uplands (27 mai 1972).





30th anniversary Hylands Golf Club (17 July, 1993).
30e anniversaire du club de golf Hylands (17 juillet 1993).

Sports



Rockcliffe Flyers hockey team in 1945. Some of the players later went on to play with the RCAF team that won Olympic gold in 1948.

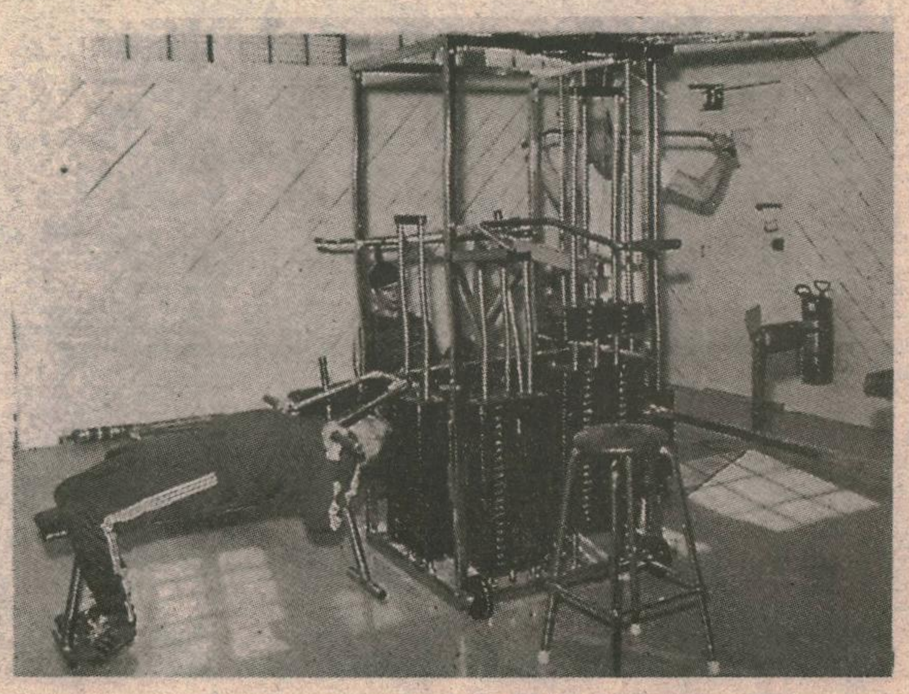
Les "Flyers" de Rockcliffe. Quelques joueurs furent plus tard membres de l'équipe de l'ARC qui gagna l'or aux Olympiques de 1948.

Opening of the North site recreation centre on 10 March 1977.

Ouverture du Centre récréatif du côté nord le 10 mars 1977.







History 7 Wing Transportation Sqn

by T.M. Gordon, MCpl

In 1924, soon after the birth of the RCAF, the Royal Canadian Air Force Station Rockcliffe was home to one of the first RCAF transportation squadrons, which at the time was under command of the Aeronautical Engineering Branch. Their equipment consisted mainly of staff cars, various types of trucks and tractors, as well as ambulances, fire vehicles, mobile cranes, and marine craft. Shirley's Bay, here in Ottawa, was a sub-unit of Transport, which serviced the various water based aircraft. Number 1 Depot, also a sub-unit, based at Victoria Island in Ottawa was of considerable importance since it comprised the main workshops for the winter overhaul of aircraft and other equipment as well as being the central stores depot for the whole of the RCAF. During this time the MSE-OP Trade was called MMMT (Mobile Mechanical Motor Transport) which survived until 1940-41.

The change in designation from RCAF Rockcliffe to CFB Rockcliffe, was based upon the integration of the Canadian Armed Forces in 1968. Four years later in October 1972, Canadian Forces Base Ottawa came into being with the amalgamation of CFBs Rockcliffe and Uplands. While the sites are officially referred to as CFB Ottawa North and South respectively, the names of "Rockcliffe and Uplands" were and remain acceptable. Until June 1976, MSE operations were conducted from three main locations; CFB Ottawa (S) Uplands, CFB Ottawa (N) Rockcliffe and the Beach Building which housed No.9 Transport Detachment. In June 1976, No.9 Transport Detachment was comprised of a VIP Vehicle and Staff Car Group, a Station Wagon Group and a Panel Group. This unit had an establishment of 1 Officer, 51 other ranks and civilians and was relocated to CFB Ottawa (N) Rockcliffe Transport Detachment. In early 1978, a further re-alignment of MSE (Mobile Support Equipment) services saw the VIP sub-section and other standing details that were not specifically required for support of CFB Ottawa (N) Rockcliffe and LETE (Land Engineering Test Establishment) moved to CFB Ottawa (S) Uplands effectively disbanding No.9 Transport. By 1980, there were two large Transport Detachments; CFB Ottawa (S) Uplands and CFB Ottawa (N) Rockcliffe, as well as two smaller Transport Detachments; CFS Carp, and DREO (Defence Research Establishment Ottawa).

The 1st of April 1990 saw the commencement of the closure of CFB Ottawa (N) Rockcliffe and all its sub units. Rockcliffe Transport began downsizing with the personnel and vehicles being transferred to Uplands. With this reorganization, Base Transport Uplands took over the transportation responsibilities that were previously provided to the lodger units by Rockcliffe. As well, all heavy equipment operations specifically snow removal and grass cutting were contracted-out. This left Base Transport Uplands responsible to provide all the transport support in and around the capital area and to this day, continues to provide transport support to thirty-six integral and lodger units, ten reserve units and twenty seven cadet organizations. The largest individual area of support, outside of the base proper, is that provided to NDHQ, with its many elements spread throughout the National Capital Region. Transport support to several high profile persons and events is also provided on a frequent basis, specifically the Department of External Affairs, as well as other government agencies. These taskings involve such events as support to Royal and State visits, Diplomatic Accreditation Ceremonies and International Conferences such as the NATO Ministers Conference. On 1 April 1993, Air Command revived the Wing structure and CFB Ottawa became 7 Wing Ottawa, so Base Transport is now 7 Wing Ottawa, Transportation Squadron, back to the way we began some 70 years ago.



Beach Building, February 1956.
Édifice Beach en février 1956.



Motor Transport Rockcliffe, September 1944.
Section du Transport de Rockcliffe, sept 1944.

Historique de l'Escadron de transport de la 7e Escadre d'Ottawa

Préparé par J.M. Brassard, sgt.

En 1924, peu après la naissance de l'ARC, la Station de l'Aviation royale canadiennes de Rockcliffe fût le pied-à-terre de l'un des premiers Escadrons de Transport de l'ARC qui était, à ce moment, sous le commandement de la Branche des Ingénieurs de l'Aéronautique. L'équipement se composait principalement de voitures d'état-major, de différents types de camions et de tracteurs, d'ambulances, de camions d'incendie, de grues mécaniques mobiles et d'embarcations marines. Shirley's Bay, située à Ottawa, était une sous-unité de Transport qui desservait diverses unités d'hydravions. Le dépôt No.1, une autre sous-unité située à l'île Victoria, à Ottawa, était d'une importance considérable puisqu'il abritait l'atelier principal de réparation hivernale pour les avions et tout autre genre d'équipement. Il était aussi considéré comme le dépôt central de l'ARC. Durant cette période, le métier de OP-MMS (Opérateur de Matériel Mobile de Soutien) était appelé TMMM (Transport Mobile Moteur Mécanique) qui survécut jusqu'en 1940-41.

Le changement de nom de station de l'ARC de Rockcliffe à BFC Rockcliffe fût occasionné par l'intégration des Forces canadiennes en 1968. Quatre ans plus tard, en Octobre 1972, la Base des Forces canadiennes d'Ottawa fût formée par la fusion des Bases de Rockcliffe et d'Uplands. Même si les sites furent officiellement reconnus comme BFC Ottawa Nord et Sud respectivement, les noms "Rockcliffe et Uplands" demeuraient et demeureront acceptables. Jusqu'en Juin 1976, les opérations du MMS furent administrées à partir de trois locations principales; BFC Ottawa (N) Rockcliffe, BFC Ottawa (S) Uplands, et l'édifice Beach qui logeait le Détachement de Transport No.9 et comprenait une section de véhicules pour les Personnages importants (VIP), une section de véhicules d'état-major, une section de voitures familiales, ainsi qu'une section de fourgonnettes. Cette unité comprenait un Officier, 51 Sous-Officier de tous rangs et employé(e)s civil(e)s et fût relocalisée au Détachement de Transport de la BFC Ottawa (N) Rockcliffe. Au début de l'année 1978, un remaniement des services du MMS (Matériel Mobile de Soutien) a vu la sous-section des Personnages importants (VIP) et d'autres tâches permanentes qui n'étaient pas spécifiquement requises au support de la BFC Ottawa (N) Rockcliffe et du Centre d'Essais Techniques (Terre) CETT, déménager à la BFC Ottawa (S) Uplands, faisant ainsi disparaître le Transport No.9. En 1980, on pouvait distinguer deux gros Détachements de Transport; BFC Ottawa (S) Uplands et BFC Ottawa (N) Rockcliffe, ainsi que deux petits Détachements de Transport; la Station de Carp et CRDO (Centre de Recherches pour la Défence Ottawa).

Le 1er Avril 1990 fût le commencement de la fermeture de la BFC Ottawa (N) Rockcliffe et de toutes ses sous-unitées. Le Transport de Rockcliffe dût transferrer son personnel et ses véhicules à Uplands. Lors de ce remaniement, le Transport de la Base d'Ottawa (S) Uplands prit les responsabilitées de la section de Transport qui avaient précédemment été données aux unitées d'hébergement par Rockcliffe. Toutes les opérations d'équipements lourds, plus précisément les opérations de déneigement et de la coupe du gazon, furent données à contrat. Ceci laissa la responsabilité au Transport de la Base d'Uplands de fournir les ressources nécessaires afin de supporter la région de la Capitale Nationale et ses environs et, à ce jour, continue de supporter trente-six unités d'hébergement, dix unités de réserves et vingt-sept unités de cadets. Le plus grand secteur individuel de support, hors de la Base proprement dit, est le support fourni au QGDN, avec ses multiples éléments répandus à travers la Capitale Nationale. Le Transport de la Base supporte fréquemment des personnages et événements importants, plus particulièrement le Ministère des Affaires Extérieurs ainsi que plusieurs autres agences gouvernementales. Ses tâches impliquent des événements tels que la Visite Royale et de Chefs d'États, les Cérémonies d'Accréditation Diplomatique et Conférences Internationales, telles que la Conférence des Ministres des Nations-Unies. Le 1er avril 1993, le Commandement Aérien remit en vigueur la Structure de l'Escadre à la BFC Ottawa, qui devenait ainsi la 7ième Escadre Ottawa, et le Transport de la Base est maintenant appelé 7e Escadre Ottawa, Escadron de Transport, tel qu'il se nommait il y a quelques 70 ans passés.



No 9 Transport Company, Feb 1956 — 9e Compagnie de Transport, février 1956



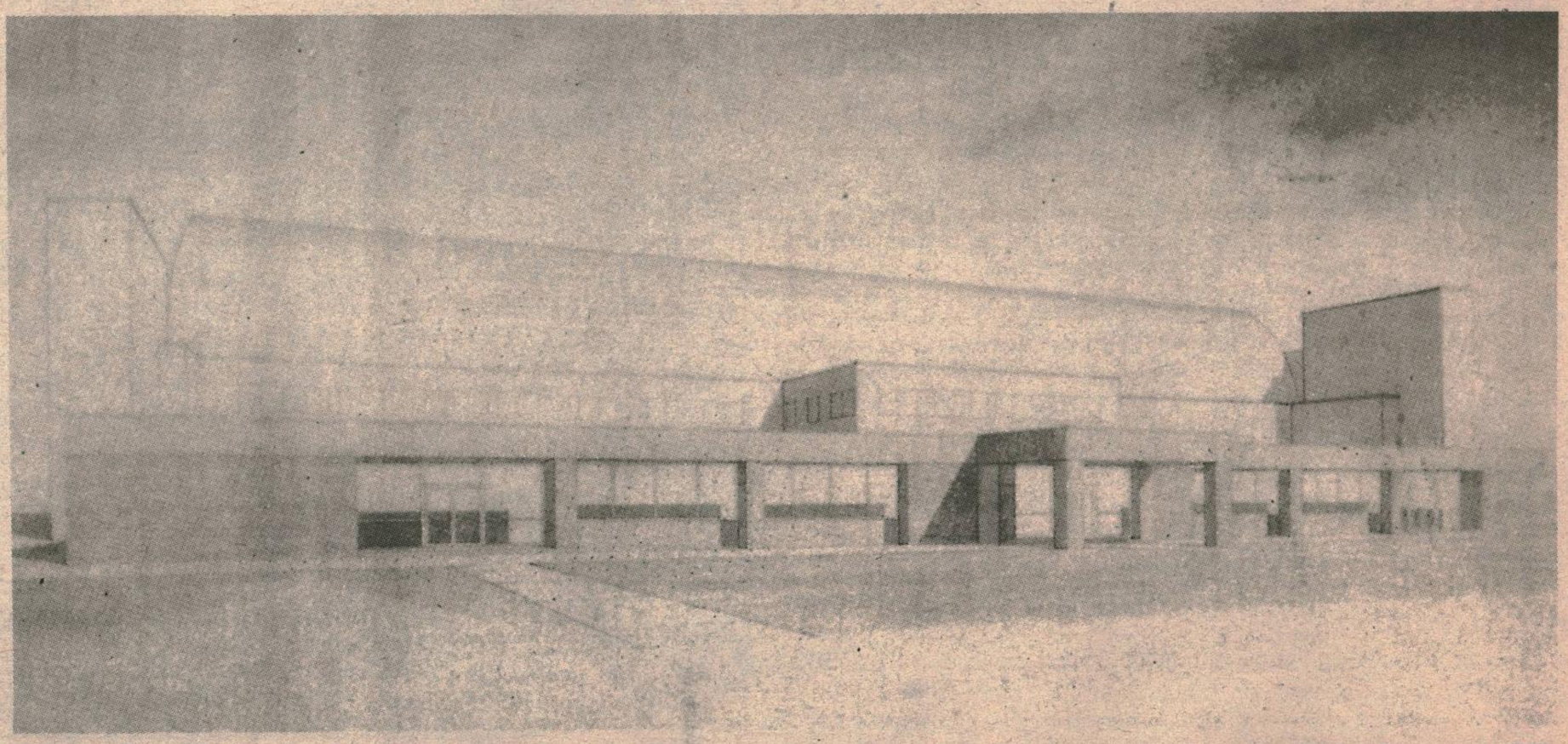
Aircraft refuelling in 1939. — Ravitaillement des avions en 1939.



ME vehicles at Rockcliffe in 1940.
Véhicules du MMS à Rockcliffe en 1940.

THE UNITS
LES UNITÉS

THE LE Falcon CFB BFC Ottawa



New passenger facilities for 3 AMU ready for 1973.

Nouvelles installations pour passagers du 3 UMA prêtes pour 1973





2 AFMS closure 1979

Fermeture de 2 "AFMS" 1979



Escadron 450 Squadron



1991, August - farewell to Chinook 1991, août - adieu Chinook



1974, October - 450 says: goodbye Voyageur, hello Chinook.



450 Sqn wins "Lieutenant General Turcot Trophy" in 1978.
L'escadron 450 gagne le trophé "lieutenant-général Turcot".



1974, octobre - 450 dit : byebye Voyageur, bonjour Chinook.



450 Standard Presentation entitled after 25 years of active service.
Présentation de l'étandard à 450, mérité après 25 années de service.



450 Sqn leaves for Montréal 450 quitte Ottawa pour Montréal

Escadron 412 Squadron



1973 - the Falcon aircraft was the pride of 412

1973 - l'avion Falcon a été la fierté de l'escadron



1983, May - Challenger aircraft arrived at 412.

1983, mai - l'avion Challenger est arrivée à 412.



412 members in the Persian Gulf.

Membres de l'Escadron 412 dans le Golfe.

Was it a joke? That picture was published in *The Falcon* in Aug 1973.

Était-ce une farce? Cette photo a été publiée dans un numéro de *Falcon* en août 1973.



by Capt GM Patrick

It is a point of pride for 412 Squadron that it has had the distinction of over 50 years continuous service. The squadron's beginning may be recorded in the amalgamation of two units: 12 Communications Flight at RCAF Station Ottawa, and 412 (Fighter) Squadron flying Spitfires in England. United at the end of WWII as 412 (Composite) Squadron, and named 412 (Transport) Squadron in 1949, the squadron assumed its present role of VIP Transport, flying out of Rockcliffe. Within a year of taking up the task, 412 completed its first around-the-world flight. In 1955, 412 Squadron moved to Uplands where it has continued its VIP and global mandate to this day.

412 Squadron has been privileged to fly the latest and best aircraft for the job. Following the Spitfire's glorious service, transport aircraft have included the North Star, C5, Comet 1A, Yukon, Cosmopolitan, Falcon, Dash 7, Dash 8, Challenger Model 600, and Model 601. With such a fleet, it is no wonder 412 has frequently led the way in VIP transport history. The squadron was, for example, the first Air Force squadron in the world to have jet transport. More recently, 412 trailblazed VIP transport missions into the Persian Gulf during Operation Desert Storm.

Today's Administrative Flight Service has as its primary role the privilege of flying the Prime Minister, the Governor General, and visiting dignitaries which have including members of Britain's Royal Family. Yet, once again, the squadron is undergoing major organizational changes. This summer, members witnessed the dissolution of the Cosmopolitan fleet and a reduction to four 601 model Challengers. Future operations will be conducted under what must be considered another first for the Military, the union of CF and Transport Canada resources. 412 Pilots will continue to fly the Challenger, but with Transport Canada maintenance & support. Flights are already operating out of the FBO at Shell aerospace, and squadron relocation to the civilian side of Ottawa Airport should be complete this fall. LCol W.F. Burke is leading the change as 412's new Commanding Officer. LCol Burke is a former Challenger pilot, coming to Ottawa from Air Command HQ in Winnipeg. Col W.C. Thompson handed over the squadron in June, and is now the Base Commander of CFB Edmonton.

Backs are bending at 412 Squadron as the remaining members attempt to take over the work and support previously provided by 7 Wing, and to prepare for the Squadron's upcoming move. Although heading into unknown territory, the future of 412 Squadron is still on solid ground.

par le capt GM Patrick

L'escadron 412 se distingue fièrement avec, à son actif, plus de 50 années de valeureux service. Résultant du fusionnement de 2 unités, soit la 12ième unité de communication de la RCAF située à Ottawa et le 412ième escadron de chasse en Angleterre, c'est en 1949 qu'il fut désigné escadron de transport pour les dignitaires. Moins d'un an après son arrivée à Rockcliffe, l'escadron effectua son premier vol autour du monde. En 1955, l'escadron déménagea à Uplands où il continu, depuis ce jour, à offrir un service exceptionnel à ses usagers.

Après le renommé Spitfire, qui servit en Angleterre, les avions de transport de marque se sont succédés au sein de l'escadron. Des avions comme, le North Star, le C-5, le Comet 1A, le Yukon, le Cosmopolitain, le Falcon, le Dash-7, le Dash-8 et les Challenger 600/601. Le fait d'être le premier escadron au monde à utiliser des avions à réaction, et d'être présent dans le golfe Persique pendant la guerre, à contribuer à faire du 412ième escadron un pionnier dans le domaine du transport pour dignitaires.

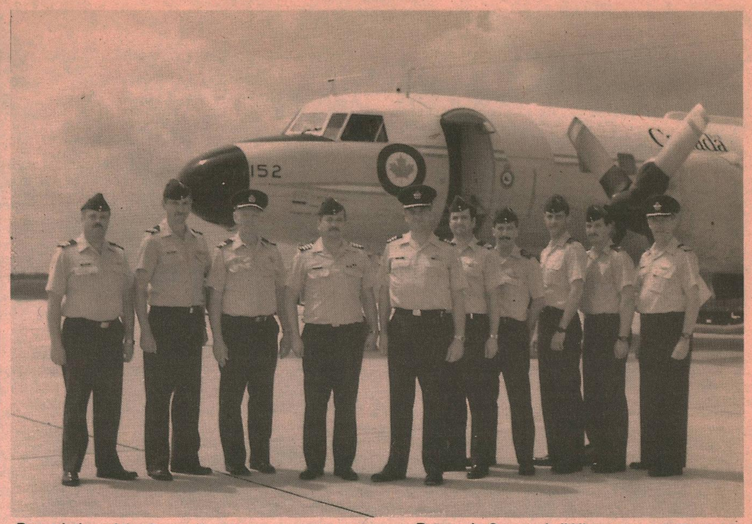
Assumant toujours la responsabilité du transport aérien pour les dignitaires étrangers et canadiens, dont le Premier ministre et le gouverneur général, l'escadron est présentment soumis à des changements majeurs. L'été a été marqué par le démentellement de la flotte de Cosmopolitain et aussi la réduction du nombre de Challenger 601. A partir de cet automne, l'escadron unira ses efforts à ceux de Transport Canada dans le but d'augmenter l'efficacité de son service, tout en consevant le haut niveau de qualité. Les membres du 412 contiueront à occuper les postes à bord des avions tandis que l'entretien des appareils et le support au sol seront confiés au personnel du ministère des transports. Tous ces changements, qui seront completés d'ici peu avec le déménagement des effectifs de l'escadron vers les installations de Transport Canada à l'aéroport internationale d'Ottawa, s'effectuent sous la commande du lieutenant-colonel W.F. Burke. Ancien pilot Challenger, le lcol Burke nous arrive du quartier général du commandement aérien à Winnipeg et il succède au col W.C. Thompson qui est maintenant le commandant de l'escadre à Edmonton.

Finalement, mentionnons que le personel encore en place redouble d'ardeur dans le but de faciliter la transition et d'assurer la continuité de l'excellent service qui a fait la renommé de l'escadron. Ajoutons que même si le 412 s'aventure sur un territoire inconnu, son futur repose toujours sur une base inébranlable.



1991 - 10 of the 13 survivors of the crash in Alert (ex Box Top) were evacuated to CFB Ottawa.

1991 - 10 des 13 survivants de l'écrasement à Alert (ex Box Top) ont été évacués à BFC Ottawa.



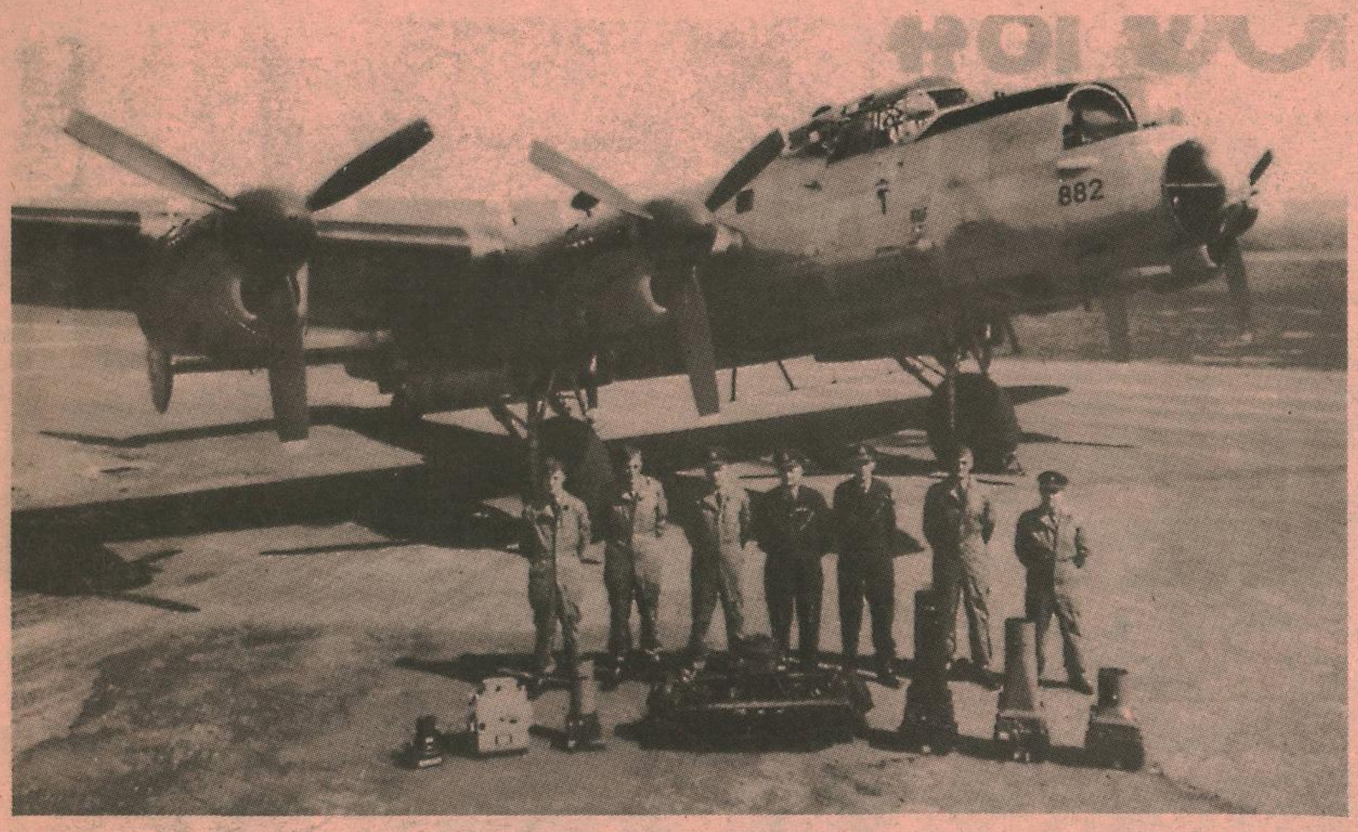
Repatriation of the Cosmo from Germany in July 1993.

Retour du Cosmo de l'Allemagne en juillet 1993.



CF Photo Unit

Unité Photographique des FC





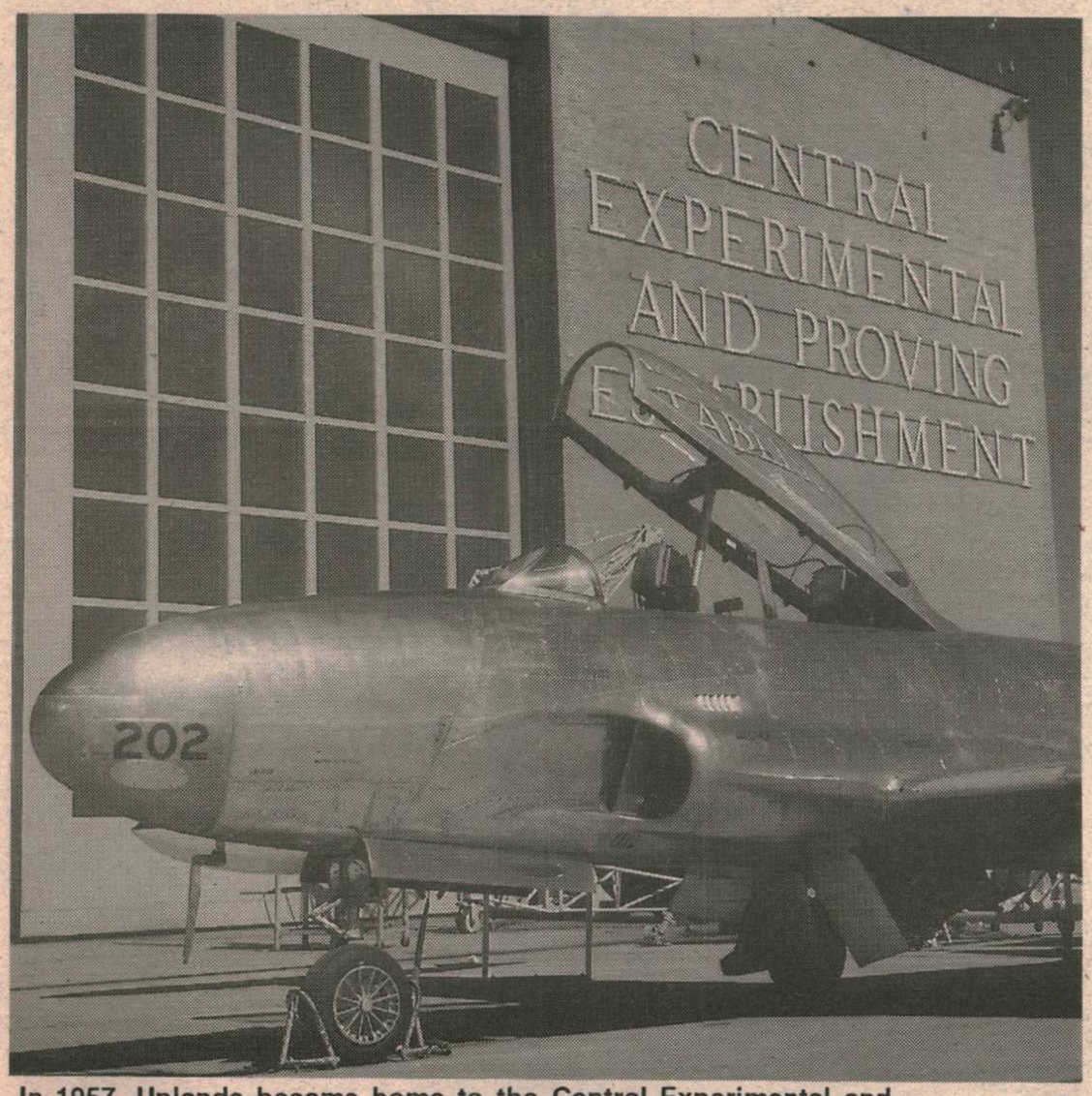








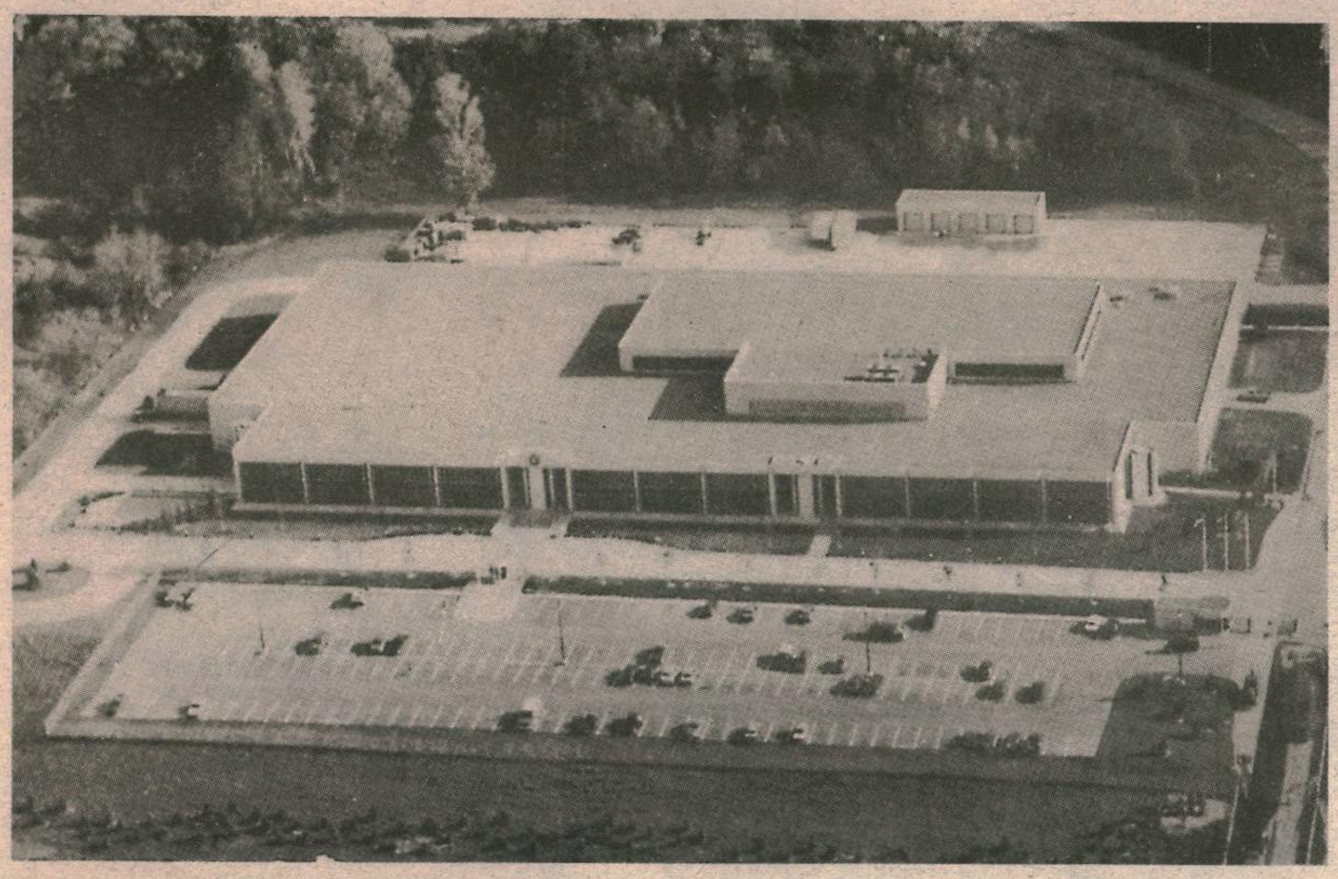




In 1957, Uplands became home to the Central Experimental and Proving Establishment, predecessor to the Aeronautic Evaluation and Test Establishment now based at CFB Cold Lake, Alberta (picture taken in 1961).
En 1957, le "Central Experimental and Providing Establishment" qui a précédé à l'"Aeronautic Evaluation and Test Establishment" était situé à Uplands, et est maintenant à la BFC Cold Lake en Alberta (Photo prise en 1961).



The National Defence Medical Centre celebrated its 25th anniversary in 1986. The official opening of NDMC took place on 11 October 1961.
Le Centre médical de la Défense nationale a célébré son 25e anniversaire en 1986. L'ouverture officielle du CMDN avait eu lieu le 11 octobre 1961.



A new building for LETE in 1986.
Nouvel édifice à Orléans (LETE) 1986.



Reopening of Rockcliffe Dental Clinic on 7 February 1989. The present bldg 128 was first used as a dental clinic in 1954. Dental clinic renovations took place in spring 1988, but before the clinic opening, fire broke out 23 August 1988. The clinic was renovated again and was reopened 4 November 1988.
Réouverture de la Clinique dentaire de Rockcliffe le 7 février 1989. Le bldg 128 était utilisé par la clinique dentaire en 1954. Des rénovations ont eu lieu au printemps 1988, mais un incendie a eu lieu le 23 août 1988, soit avant l'ouverture. La clinique a été une fois de plus rénovée et réouverte le 4 novembre 1988.



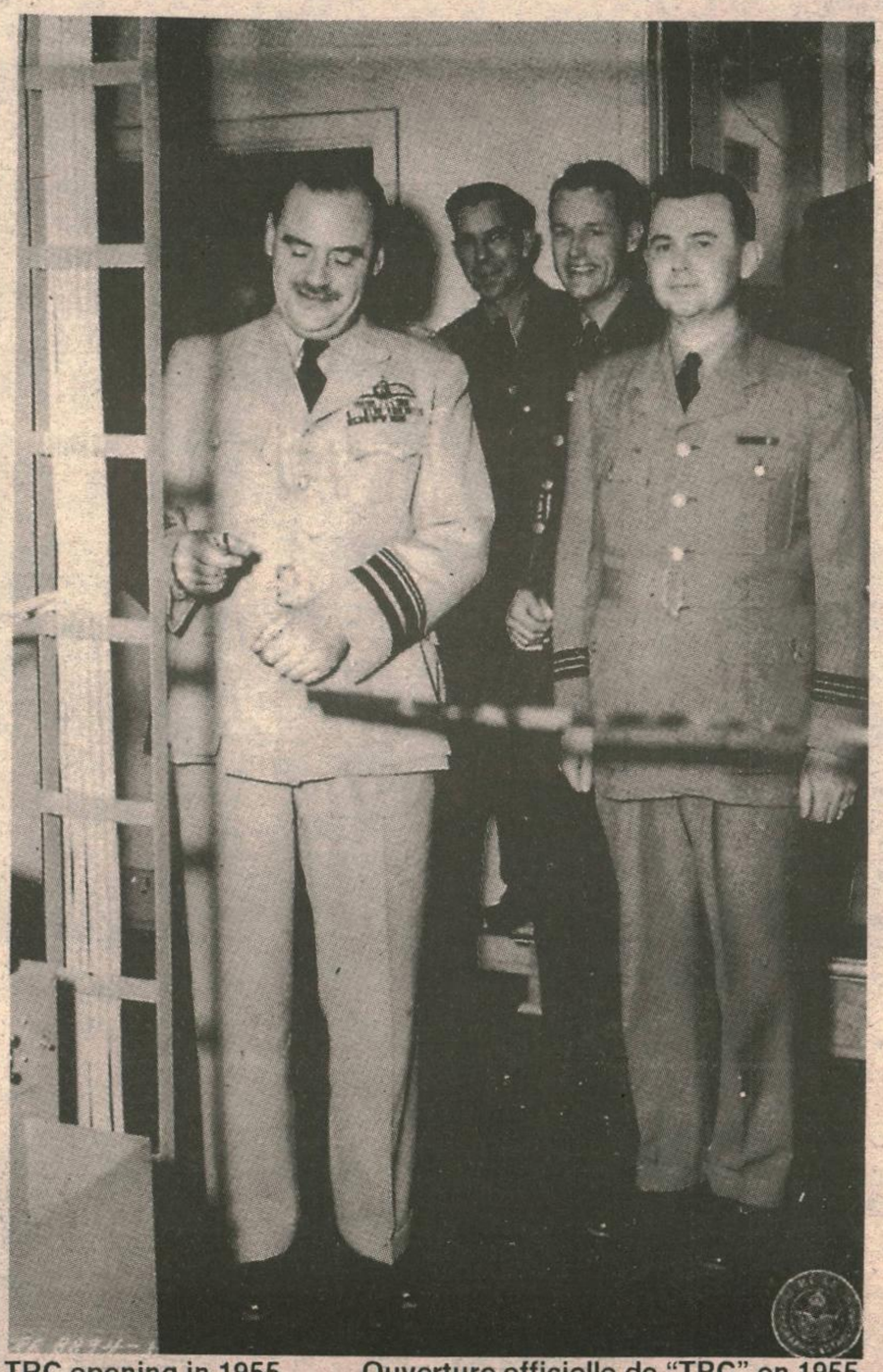
Construction of NBC Building in 1991
Construction du bâtiment de la NBC en 1991







Dernier message au "TRC" en 1981 Final message at TRC in 1981



TRC opening in 1955 Ouverture officielle de "TRC" en 1955

TRC Rockcliffe





ARAF opening 1989
Ouverture du Ele Renfort RA en 1989

Escadron 414 Squadron



In 1994 Maj Albert received his SSM. En 1994, le maj Albert a reçu son MMS



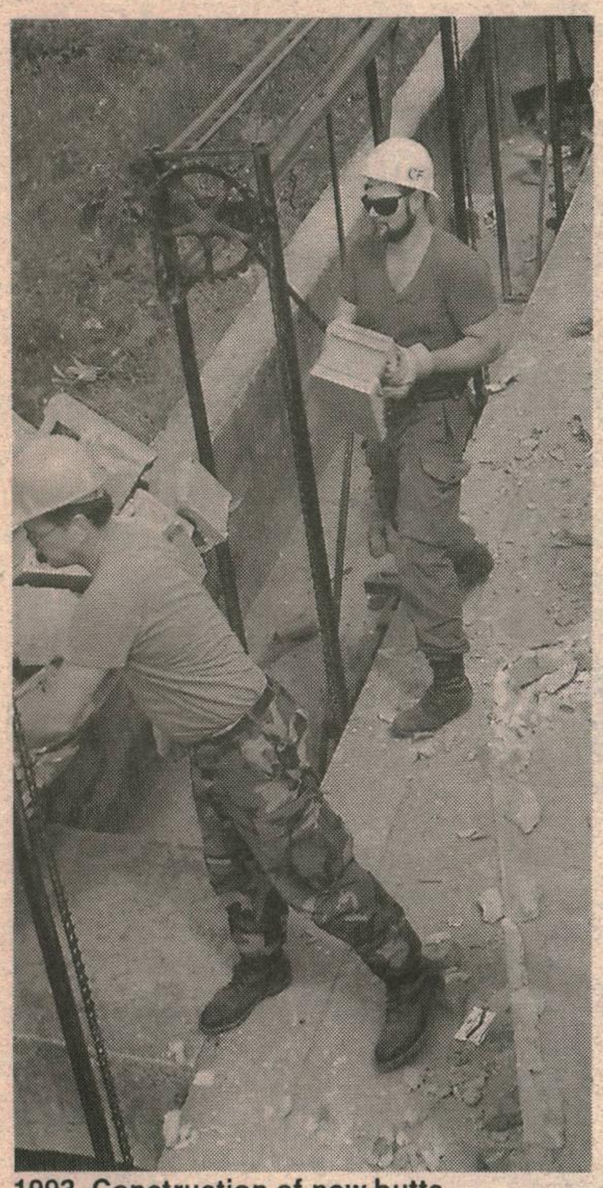
7 e Ele Renfort RA ARAF



August 1989, Present arms at 414 by the maintenance crew

Août 1989, un maniement des armes par le personnel de soutien

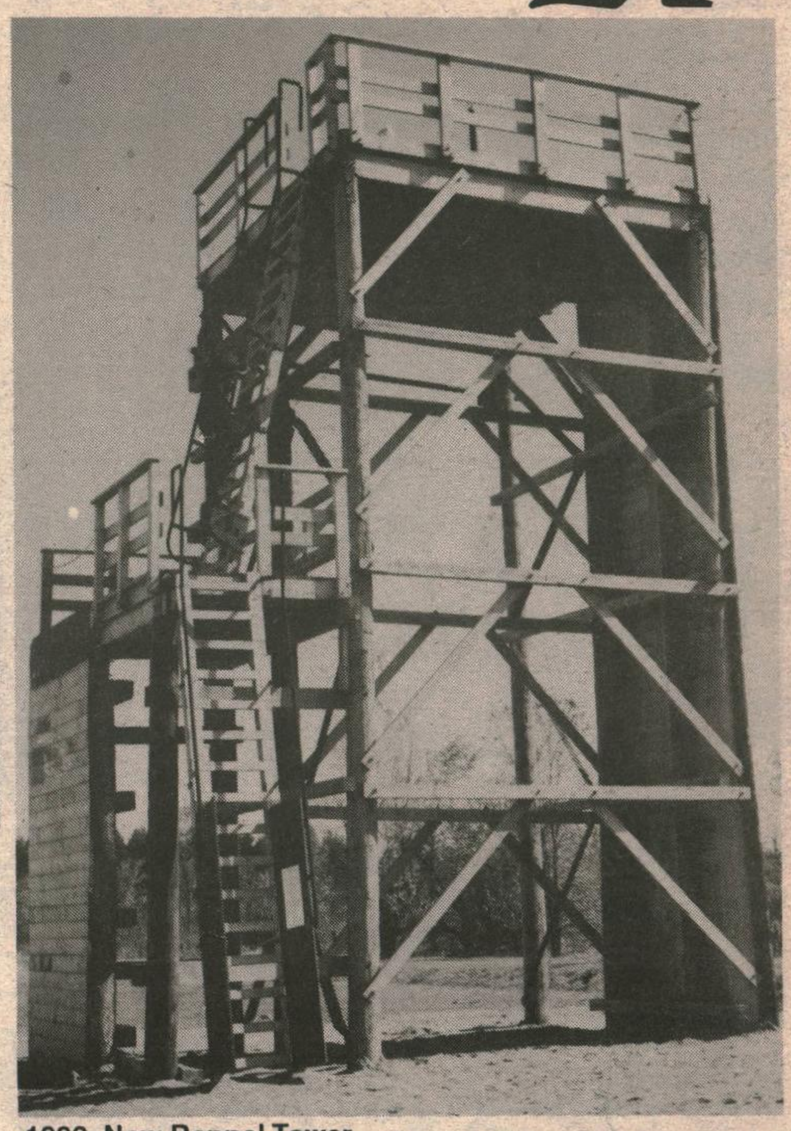
Août 1974, l'Esc 414 déménage à North Bay August 1974, 414 moves to North Bay



1993, Construction of new butts
1993, Construction aux buttes de tir



1993, New building at Connaught
1993, Nouvel édifice à Connaught



1992, New Rappel Tower
1992, Nouvelle tour pour descente en rappel

Connaught

Canadian National Distributing Authority

The Canadian National Distributing Authority (CNDA) is responsible for the storage, distribution, and control of communications-electronics security (COMSEC) material and NATO and selected foreign non-COMSEC publications throughout the Canadian Forces, and for the distribution and control of NATO COMSEC material throughout all federal government departments and agencies. CNDA is supported by detachments known as Canadian Forces Distributing Authorities (CFDAs) located at Esquimalt and Halifax.

CNDA traces its origins and title to the Royal Canadian Navy's Directorate of Publications and Printing (Navy), which, on 1 April 1953, was designated as the national authority for the distribution and control of NATO COMSEC material in Canada. The current organization is a result of the amalgamation of the COMSEC distribution agencies of the three services, and was formed as part of the unification of the Canadian Forces in the 60s.

As a field unit of the newly-created NDHQ-based Defence Information Services Organization (DISO), CNDA is a lodger unit of CFB Ottawa. Because of the closure of CFB Ottawa (North), announced in the 1989 federal budget, CNDA was required to relocate, and a new building construction project was initiated, to provide accommodation at CFB Ottawa (South). Construction started in April 1993 and was completed a year later.

CNDA moved to the new building early in July and the official opening ceremony was performed on 21 Jul by MGen John Leech, ADM (Defence Information Services).









Uplands

Continued from page 4

412 Falcon Sqn of Air Transport Command became the first ever operators of jet transports on scheduled transatlantic flights. On September 1, 1955, 412 Sqn made the move from Rockcliffe to Uplands, where to this day it serves as the only remaining fixed wing squadron.

The year 1956 marked the return to Canada of the 410 Sqn Cougars, when after being deactivated at Marville, France, then made the transition to the CF-100 and by year's end were flying out of RCAF Station Uplands. The Cougars were to remain for eight years, providing for the air defence of the North American continent while flying from their base at Ottawa. In 1957 Uplands became home to the Central Experimental and Proving Establishment, predecessor to the Aeronautical Evaluation and Test Establishment now based at CFB Cold Lake, Alberta. In April 1961, the CF-100s of 428 Ghost Sqn were retired as NORAD duties began to be taken up by the McDonnell CF-101 Voodoo, and the squadron, which had flown from Uplands for nearly seven years, was disbanded for good.

410 Cougar Sqn, at this time still based at Uplands, became the first to transition to the supersonic CF-101 Voodoo interceptor in 1962. With the budget cuts of 1964, 410 Sqn was disbanded, later to assume the duties of the Voodoo Operational Training Unit (OTU) at Bagotville.

On December 14, 1967, a Lockheed CF-104 took off from Uplands with W/C R.A. White at the controls. When the Starfighter stopped climbing it had reached a speed of Mach 2.4 and attained an altitude of 100,110 feet, a Canadian altitude record. W/C White, a senior test pilot with the Aerospace Engineering and Test Establishment, received the McKee Trophy for his efforts.

Uplands became the home to the personnel and aircraft of 450 Helicopter Sqn in 1970. Over the years the sound of big rotor blades beating the air was to become commonplace for Ottawa residents, as Huey, Labrador, Voyageur and Chinook egg-beaters moved across the skyline on training and operational support missions.

The Canadian Forces Airborne Sensing Unit was formed at Uplands in July of 1971. Aircraft operated included a CF-100 Canuck, a Dassault Falcon, and Dakotas. These modified testbed aircraft were used as flying laboratories to assist government agencies in projects requiring aerial surveillance, including forestry studies; oceanography and the monitoring of icefields. In 1975, the unit was disbanded and reorganized as a civilian agency, the Canada Centre for Remote Sensing.

In 1972, CFB Ottawa came into existance as Rockcliffe and Uplands were amalgamated into CFB Ottawa (N) and (S) respectively. Ottawa International Airport was the site of a major military air display in 1975. The event was hosted by CFB Ottawa and a variety of aircraft from Canada, the US and Britain took part in the airshow, the largest military-sponsored event of this nature to occur in the Capital. In the late 1970s the search for a new fighter was underway and various types were demonstrated at Ottawa for the CF. On October 25 1982, the first CF-18 was formally accepted by the CF in a ceremony held at CFB Ottawa (S), and Prime Minister Trudeau was given a familiarization ride in this aircraft.

The modern-day history of CFB Ottawa(S) has seen 412 (T) Sqn achieve 50 years of unbroken service in 1989. By that time the squadron had assumed the duties of providing transport for the Prime Minister, in addition to the original VIP global transport mission. In the late 1980s 450 Sqn began training with the RCMP Special Emergency Response Team. The unit retired the Chinook helicopter and became a Composite Sqn in 1990, and remains the only flying unit

Continued on page 29

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Continued from page 28

Uplands

in the area with a combat role.

A familiar sight on the ramp at CFB Ottawa (S) has been the Canadair CT-133 (T-33) Silver Star. This most enduring of Lockheed designs was produced in Canada during the mid-'50s, and 414 (Electronic Warfare) Sqn out of CFB North Bay maintained a detachment here until 1989.

Both 412 and 450 Sqns are an integral part of CFB Ottawa. Base Operations has provided the air show with the skill and experience of base personnel for logistic support including the use of military ramps, briefing, refuelling, towing and parking aircraft, communications and more. We would like to take this opportunity to express our appreciation to the men and women of the CF, and to the personnel stationed in and around the Capital, both on the base and off, for helping make the air show a success.

By Terry Martin.
The author wrote this article in 1992 and is the editor of Air Lines, *the newsletter of the National Capital Air Show Association.*

Auto Hobby Shop(S)

is now open to all hobbyists.
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Phone 521-9923, for more info.
The Hobby Club will pick up your unwanted vehicles, without cost to you.

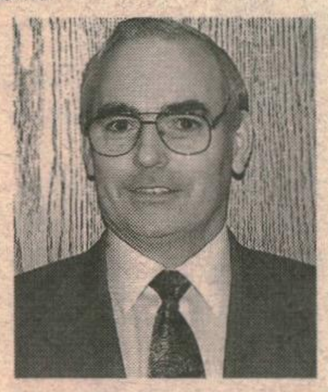
Hobby Shop pour automobiles

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Heures d'ouverture
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Airwomen barrack block, Uplands, Feb 1942.
Femmes de l'aviation dans leurs quartiers à Uplands, en février 1942.



Beryl Larmond, a photo tech in 1945 with a 4 x 5 camera.
Beryl Larmond technicien en photographie, en 1945 avec un appareil 4 x 5.

Women of the CF

1973 - women's lib hits the Forces. The Canadian Armed Forces has made available to men and women equal opportunities in a number of classifications as aerospace engineer, air weapons controller, communication and electronics engineer, ...for a total of 13 classifications and 30 trades.

Les femmes des FC

1973 - la libération de la femme dans les Forces. Les forces armées donnent des chances égales aux hommes et aux femmes dans plusieurs classifications telles que : génie aérospacial, contrôleur des armes aériennes, génie électronique et des communications...Pour un total de 13 classifications et 30 métiers.



1974 - Maj Wendy Clay (MGen Clay today) Canadian Forces medical doctor, became the first woman pilot in the Forces.
- Maj Wendy Clay (mgen Clay de nos jours) médecin au sein des Forces canadiennes, est devenue la première femme pilote dans les Forces.



1974, Nov - Defence Minister James Richardson congratulates one of the first female members of the CF to volunteer for service in the UN contingent in Egypt.
1974, nov - le Ministre de la défence, James Richardson, félicite une des premières femmes au sein des Forces canadiennes à se porter volontaire pour servir au contingent des Nations-unies en Égypte.



1991, Aug - 2Lt Anne Proctor first woman officer ever to be commissioned as a field artillery officer in the CF.

1991, août - 2lt Anne Proctor devient la première femme officier en artillerie de campagne dans les Forces canadiennes.

Nouvelles des Chapelles RC

Aumônier de l'Ere: maj C Ouellet
Sécrétaire: Lise Beaudry
Téléphone au bureau 998-3246

Horaire des Messes Dominicales pendant l'été
Notre-Dame des Voies Aériennes (Uplands)
dimanche: 09h30 (français)
dimanche: 10h30 (anglais)
N.B.: Pas de messe le samedi soir et cela dès le 25 juin.

7 Ere (N) Rockcliffe
Il n'y a plus de chapelle sur cette base. Les gens sont invités à joindre une paroisse civile des environs.
N.B.: L'aumônier catholique est à votre service à la 7e Ere, Ottawa (S)

Baptêmes
Pour une meilleure compréhension, une préparation au baptême pour les parents est offerte le deuxième mardi du mois à 19h.

Ce cours est obligatoire et nous demandons aux parents qui ont un enfant à faire baptiser de l'inscrire le plus tôt possible en téléphonant à la secrétaire. Les baptêmes sont célébrés en français l'avant-dernier dimanche du mois.

Mariages
Les futurs époux doivent prendre un rendez-vous au bureau de l'aumônier au moins cinq mois avant la date du mariage. Le cours de préparation au mariage est obligatoire!

RC Chapel News

Wing Chaplain: Maj C Ouellet
Secretary: Lise Beaudry
Office 998-3246

Summer season Mass schedule
Our Lady of the Airways (Uplands)
Weekend Masses
Sunday: 09:30 (French)
10:30 (English)
Please note: There will be no Mass on Saturday evenings starting June 25.

7 Wing (N) Rockcliffe
There is no longer a Chapel on this base. People have to attend a civilian parish in their neighbourhood.
N.B.: The RC Chaplain will be available at 7 Wing Ottawa (S).

Baptisms
For a better understanding of the celebration of this important event, a batismal preparation for parents will be held on the third Tuesday of the month at 19:00 in English.

The preparation course is mandatory and will take place in the meeting room of the chapel. We expect prospective parents only at the meeting and before the baby is born. The celebration of Baptism takes place on the last Sunday of the month in English.

Please contact our secretary as soon as possible if you plan to have a baptism in the near future.

Marriages
The couple must present themselves for an appointment with the chaplain at least five months prior to the marriage. A pre-marriage course is mandatory.

Services des Chapelles Protestantes

Chapelle Parc Elizabeth
Heure de l'office du dimanche 11h
École du dimanche 11h
La réunion du Comité de la chapelle aura lieu le premier dimanche du mois.
La Sainte Communion aura lieu le premier dimanche du mois.
Pour plus de renseignements, veuillez communiquer au 998-3246.

Les baptêmes sont célébrés par inscription.
Les marriages sont arrangés par inscription avec un avis de trois mois.

Protestant Chapel Services

Elizabeth Park Chapel
Sunday Worship 11:00
Sunday School 11:00
Chapel Committee meets on the first Sunday of each month.
Holy Communion is on the first Sunday of each month.
For more information, please call the office at 998-3246.

To arrange for baptisms, please make an appointment. Arrangements for marriages are made by appointment with three months' notice.

Elizabeth Park Family Playgroup

September is soon upon us and so is the beginning of a new year for the Elizabeth Park Family Playgroup.

Welcome to all new families on the base. We are a parent-run playgroup which meets every Tuesday morning from 09:00–11:00 at the EPCC Bldg, 467 DeNiverville Dr. We start the morning with an hour of free play followed by a craft, a story and a snack. We end our fun filled morning sining songs.

Our playgroup has special field trips and visitors throughout the year and we also enjoy theme parties (Hallowe'en, Christmas, Valentine's Day and Easter).

If you are a parent/caregiver who also an active role with your pre-school child; our playgroup may be for you.
Registration day: September 13, 9-11 am
Place: EPCC Bldg, 467 DeNiverville Dr.
Fee: $10 per child, $10 per adult
Your first two visits are free! So come and join us for coffee.
For more information, fgeel free to call our president, Lorraine Kilpatrick at 736-9561, or our secretary, Chantal Clement at 247-1848. We are all hoping to see old and new members this fall.

40th Anniversary

1954-1994

Greetings to all Curlers

Rockcliffe Curling Club of CFB Ottawa (N) invites you to join for a season of fun with old and new friends, September 9, 1994. For more information call Roger Simpson at 749-6683 or 991-9846

40e Anniversaire

1954-1994

Bienvenue aux joueurs de Curling

Le Club de Curling de Rockcliffe de la BFC Ottawa (N) vous invite à vous inscrire pour une saison de plaisirs en compagnie de vos amis, nouveaux et vieux, le 9 septembre 1994. Pour plus de renseignements appelez Roger Simpson au 749-6683 ou 991-9846.

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749-0231 IF BUSY CALL 749-8640

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OTTAWA SOUTH/EAST Billings Bridge Plaza, 2nd Floor 526-1102
OTTAWA WEST Lincoln Heights Galleria 596-4669
OTTAWA DOWNTOWN World Exchange Plaza, 2nd Floor 238-5451
Accu-Rate has a preferred rate programme for members of the Armed Forces. If you do not have a Military Privilege Card, please drop by any branch or telephone and one will be provided without charge for you. Be sure to request extras for family members!
All branches feature Coin Sets from the Royal Canadian Mint.

Information Services offered by the Ottawa Military Community Family Resource Centre

Welcome Packages
To better acquaint you with 7 Wing Ottawa and the National Capital Region, we have produced a kit with some of the services available here, both military and civilian, as well as a map! If you did not receive a package, please drop by to pick one up.

Posting Packages
For those of you leaving us, we have available to you information packages on just about every Canadian Base. Don't know where you would like to go? The information in these packages may help you make your choices! Just drop by the Centre and we will sign one out to you.

Base Newspapers
Want to keep in touch with your last posting? Want to find out more about your next posting? We keep newspapers from the majority of Canadian Bases as well as publications like the Sentinel. You are welcome to drop in, have a coffee, and browse through a paper!

Contact List
In an effort to help you get involved quickly at 7 Wing Ottawa, we have compiled lists of contact names for various clubs, organizations and Home Services (eg. Avon). So, if you need a contact, or are a contact, drop by to ask for, or to be added to, the list.

Videos
We have a small number of videos available for sign-out on topics such as wife abuse, alcohol in the family, teen issues, etc. Just drop by for pick up!

Information Library
We have a wide range of information in pamphlet form on topics such as attention deficit disorder, drug use/abuse, self help groups, AIDS, and much more. Come and see for yourself what we have that may be of interest to you.

Food Bank

There are certain times during the year when families are unable to meet their financial needs due to extra or unforeseen expenses. The Ottawa Military Community Family Resource Centre operates a food bank. This confidential service can be used by military members and their families. Drop in or call us at 998-4270.

Upcoming events

The Ottawa Military Community Family Resource Centre is celebrating International Year of the Family

September: Terry Fox Run
Date: Sunday, September 18, 1994
Time: 9:00 - 11:00 a.m.
Family activities and BBQ after the run from 12:00 - 2:00 p.m.
Registration forms available at the Gym (Hgr. 1) in Uplands and at the Family Resource Centre.

October: Bag a Bargain
Children's used clothing sale.

November:
Christmas Arts & Crafts Sale,
19 November 94
Family Violence and Wife Assault Prevention Month

Odd Job Registry

The Family Resource Centre is again promoting the Odd Job Registry. Amongst the people offering services, you will find a piano teacher, home support workers, portrait artists, data entry & word processing clerks, housekeepers, tutors and many more. If you want to offer your talents, expertise and/or services to the military community, please call Diane Constantineau at 998-8956.

Volunteer Opportunities

As the needs of the community grow and expand, so does the demand for volunteers. We are always delighted to have new people join our team at the Family Resource Centre. If you are interested in volunteering your time give Myriam Thurber a call at 998-4270 for more information. Why not stop by to find out how you can become involved!

One-Time Event Volunteer

For those of you who would like to volunteer but are confronted by time constraints, why not come and help us with some of our "one-time" events!
Currently we are looking for people interested in helping out with our 3rd Annual Family Challenge.

When: Sunday, October 2, 1994
Time: 1:00 - 4:00 p.m.
Location: Uplands

Welcome New Families

The Ottawa Military Community Family Resource Centre would like to welcome all new families to 7 Wing Ottawa. Please come out and meet your new neighbours, new and old friends as well as your FRC staff and Board.
Date: Thursday, September 22
Time: 2:00 - 6:00 p.m.
Location: Uplands Teen Centre
Rockcliffe, Bldg. 164, Room 144

Uplands Teen/Pre-Teen Centre

The Uplands Teen Centre would like to welcome all teenagers to drop in. The Teen Centre contains a hockey game, Super Nintendo game, shuffleboard game, canteen and music. We are looking for teenagers who are interested in organizing dances, games, night outings and workshops. If you are 11 - 17 years of age and would like a monthly newsletter of upcoming events and activities, please contact us at 998-4279.

3rd Annual Sponsor a Family Program

The Christmas season will be soon upon us and our Annual Sponsor a Family project is under way. Do you know of a military family going through financial difficulties during the Christmas season? If you would like additional information on sponsoring a family, or if you know a family we can help, please call Darlene Higginbotham at 998-4279.

INTERNATIONAL YEAR OF THE FAMILY

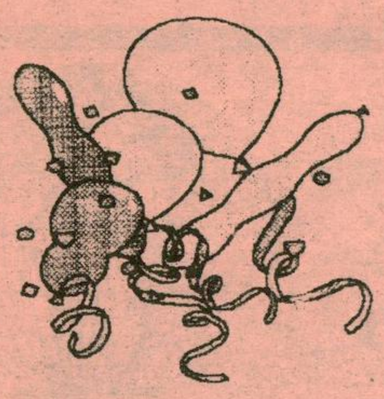
3RD ANNUAL FAMILY CHALLENGE

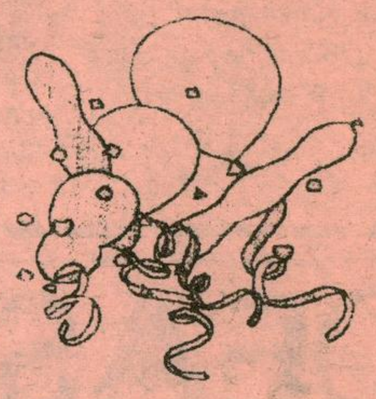
OTTAWA MILITARY COMMUNITY

FAMILY RESOURCE CENTRE

CELEBRATES

NATIONAL FAMILY WEEK





There will be many activities and games available for both adults & children.
Prizes have also been generously donated by Ottawa businesses.
We are looking for volunteers to help out with the day's events. If you are interested or want additional information, please call Myriam Thurber at 998-4270.

Date: Sunday, October 2nd, 1994
Time: 1:00 - 4:00 p.m.
Location: Uplands Soccer Field

Cost: No Charge - Food Bank donation would be appreciated.

Opportunités de Bénévolat

Au fur et à mesure que la communauté grandit et prend de l'ampleur, il en va de même avec la demande pour des bénévoles. Il nous fait toujours plaisir de rencontrer des gens qui veulent se joindre à notre équipe. Si vous êtes intéressés à donner de votre temps, téléphonez Myriam Thurber au 998-4270. Venez faire un tour au Centre afin d'en connaître davantage!

Bienvenue aux familles nouvellement arrivées

Le Centre de ressources familiales souhaite la bienvenue à toutes les familles nouvellements arrivées à la 7e Escadre Ottawa. Venez rencontrer vos voisin(e)s, renouer de vieilles amitiés, ainsi que faire connaissance avec le Centre de ressources familiales, son personnel et son conseil administratif.
Date: Jeudi, le 22 septembre 1994
Heures: 14:00 à 18:00 hres
Endroit: Coin des adolescents, Uplands
Edifice 164, salle 144, Rockcliffe

Événements Spéciaux

On recherche des gens intéressés à nous aider avec notre 3e Défi-Famille Annuel.

Date: Dimanche, le 2 octobre
Heures: 13:00 à 16:00 hres.
Endroit: Uplands

Le Coin des Pré-adolesents/Adolescents

Le coin des adolescents lance une invitation à tous les jeunes à venir faire un tour. Il y a une table de billards, un super nintendo, une table de "shuffleboard", une cantine, et de la musique. Nous sommes à la recherche d'adolescent(e)s qui voudraient organiser des danses, des jeux, des excursions et des ateliers. Si tu as entre 11 - 17 ans et tu veux recevoir une bulletin d'événements à venir, laisse nous le savoir.

Parrainage de Noël

Le Centre de ressources familiales entreprend, pour la 3e année consécutive, le projet d'aider durant le temps de Noël qui aux familles militaires vivent certaines difficultés financières. Si vous voulez en connaître davantage ou si vous connaissez une famille en besoin, communiquez avec Darlene Higginbotham au 998-4279.

Événements à venir

Le Centre de ressources familiales de la communauté militaire d'Ottawa célèbre l'année internationale de la famille

Septembre: Course Terry Fox
Date: Dimanche, le 18 septembre 1994
Heures: 9:00 - 11:00 a.m.
Activités familiales et B.B.Q., après la course, de midi jusqu'à 14:00 hres. Formulaires d'inscription disponibles au gymnase d'Uplands (Hangar 1) et au Centre de ressources familiales.
Octobre: Empaquetez-vous une aubaine
vente de vêtements usagés pour enfants
Novembre: Vente d'artisanat pour Noël
19 novembre 1994
Mois de la prévention de la violence familiale et abus fait aux femmes

Voulez-vous travailler?

Inscrivez-vous à notre répertoire de talents!
Le Centre a démarré un répertoire par lequel une personne peut s'inscrire donnant les détails de ses habiletés à offrir. Par la suite, nous donnons votre nom à quiconque cherchant une personne avec ces habiletés. Le Centre s'engage à promouvoir ce programme par l'entremise de ses bulletins d'information, les ordres courantes, les présentations aux unités, etc. Vous rendriez un grand service à votre communauté simplement en téléphonant au 998-8956.

Services d'information du Centre de ressources familiales de la communauté militaire d'Ottawa

Trousses de bienvenue
Afin de vous familiariser avec la 7e escadre Ottawa et la Capitale Nationale, nous avons compilé une trousse qui contient de l'information et une carte au sujet de plusieurs services communautaires et militaires disponibles dans la région. Si vous n'avez pas reçu votre trousse, venez en ramasser une au Centre.
Trousses de mutation
Pour les familles qui sont mutées ailleurs, nous avons de l'information sur presque toutes les bases et les Centres de ressources familiales. Cette information vous aidera à faire une décision sur vos choix de bases. On vous prêtera la filière pour quelques temps.
Petits journaux
Voulez-vous garder un contact avec votre dernière base dont vous avez été muté? On reçoit les publications de plusieurs bases. Vous n'avez qu'à venir feuilleter et prendre un café.
Liste de contacts
Afin de vous aider à vous installer plus rapidement dans la communauté, nous avons compilé des listes de contact de différents clubs, organisations et services à domicile (ex. Avon). Si vous avez besoin d'un nom ou que vous êtes vous-même un contact, laissez-nous savoir!
Vidéos
Nous avons un petit nombre de vidéos disponibles pour emprunt sur des sujets tels que: l'abus fait aux femmes, l'acool et la famille, et les questions de l'heure qui concernent les adolescent(e)s. Vous avez qu'à venir les chercher!
Banque d'information
Nous avons beaucoup d'information, genre dépliants, sur plusieurs sujets tels que l'abus de drogue/alcool, SIDA, groupes de soutien mutuel et j'en passe. Venez voir s'il n'y aurait pas quelque chose qui vous intéresse!

Banque de nourriture

Il y a des périodes durant l'année où les familles ne peuvent pas rencontrer tous les besoins dû à des circonstances hors de leur contrôle. Nous opérons une banque de nourriture et ce service confidentiel peut être utilisé par des membres militaires et leurs familles. S.v.p., n'hésitez pas à venir ou appelez au Centre de ressources familiales (998-4270) pour vous servir de la banque de nourriture.

ANNÉE INTERNATIONALE DE LA FAMILLE

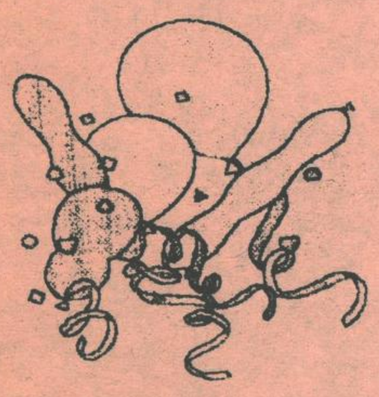
3E DÉFI FAMILLE ANNUEL

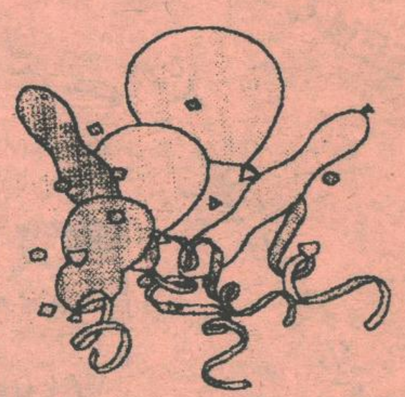
LE CENTRE DE RESSOURCES FAMILIALES DE LA

COMMUNAUTÉ MILITAIRE D'OTTAWA

CÉLÈBRE

LA SEMAINE NATIONALE DE LA FAMILLE





Il y aura plusieurs activités & jeux pour adultes & enfants
Les prix décernés sont une gracieuseté de commerçants d'Ottawa
Nous sommes à la recherche de bénévoles pour aider avec les activités de la journée. Si vous êtes intéressés ou pour plus d'information, appelez Myriam Thurber au 998-4270.

Date: Dimanche, le 2 octobre1994
Heures: 13h00 - 16h00
Endroit: Terrain de soccer, Uplands

Coût: Aucun frais - Don à la banque de nourriture serait grandement apprécié.

FRC Director's Message

The Ottawa Military Community Family Resource Centre opened its doors in January 1991, at the onset of the Gulf War. Since this time the centre has welcomed and served hundreds of military families across the Ottawa-Carleton/Outaouais region.

Our main objective has always been to meet the needs of all military families. One of our major impediment to accessing families has been advertising our services. *The Falcon* newspaper has been our strongest advocate in this area. By supporting our need to get information out to the community, *The Falcon* has consistently provided us with our own community FRC page for the past 3 1/2 years. This has enabled us to reach families across the region.

Thank you to *The Falcon* newspaper and Ian Patrick for all of your support and thank you also to Captain Coderre for her encouragement and commitment to our Family Resource Centre.

For information about the Family Resource Centre's services, please check your unit bulletin boards, flyer distribution, Canex Board and local church bulletin boards, or contact 998-4270 (Uplands), 998-8956 (Rockcliffe).

Heart to Heart

When one mentions the Heart and Stroke Foundation of Ontario, your first thought is of the canvassing activities of February. The generosity of people has allowed the Foundation to continue its mission; that is tc reduce the risk of premature death and disability from heart disease and stroke by raising funds for research and education. It is perhaps the education component that is less well known.

One health promotion that has been developed is Heart to Heart. This eight week, video based program is designed to address questions that a cardiac patient (one who suffers angina, has had bypass or angiography, or has had a heart attack) and their spouse may have. And that is the uniqueness of this program. It is designed with the family in mind since heart disease becomes a family affair.

This program is a complete package developed by the Heart and Stroke Foundation of Ontario with the assistance of many respected Canadian cardiologists and allied health care specialists. At the present time all of the facilitators in our program are volunteer registered nurses.

Heart to Heart is not meant to replace medical care or teaching but is a supplement to that teaching. The goal is to provide a knowledge base for understanding heart disease; what it is and how you can live with it. The group format provides a supportive and understanding environment with their own knowledge base to share. This sharing of individual experiences and coping strategies benefits all.

Starting September 26 1994, the Gloucester/Cumberland Chapter of the Heart and Stroke Foundation will be offering this course to the military community. It will take place at the Teen Centre at Uplands. The cost of the program is as yet undetermined but will be in the $35-$40 range per couple for the eight weeks. The time will be from 19:00 to 21:00.

For more information please contact Brenda Young through the Heart and Stroke office at 837-0204. Hurry! Registration is limited.

!WANTED! VOLUNTEERS



Call us at the Ottawa Military Community Family Resource Centre to find out more about volunteering your time to support our programs (Myriam Thurber at 998-4270).

Your involvement makes a difference!

Registration Form for Fall Programs offered by the Ottawa Military Community Family Resource Centre

For program descriptions, dates, times, location or to register, please call Darlene Higginbotham at 998-4279. If you wish to attend some of our workshops, but child care is an issue, we can discuss options with you when you register.

Return the completed form together with your cheque or money order to the Ottawa Military Community Family Resource Centre, 7 Wing Ottawa, P.O. Box 396, K1A 0K5, c/o Program Registration.

Name: _____ Tel. No: ___

Address: _____

_____

Please circle location preferred: Uplands Rockcliffe

Please circle language preferred: English French

Please check off the programs you want to attend:

_Assertiveness Training for Women	$5.00
_Communication Workshop	$5.00
_Craft Club	No Fee
_English Language Training	$5.00
_French Language Training	$5.00
_Financial Planning	$5.00
_Heart to Heart	$20.00 individual $35.00 couple
_Home Alone Workshop	No Fee
_Home Based Business Workshop	$5.00
_Introduction to Computers	$20.00
_Job Readiness	$5.00
lunch-time workshop _	
Day workshop _	
Evening workshop _	
_Small Business Seminar	$5.00
_Stress Management Workshop	$5.00
_Systematic Training Effective Parenting	$25.00
_Thinking about buying a house	$10.00
_Tole Painting:	
Evening	$35.00
Day workshop - Table	$60.00
Day workshop - Santa Claus	$25.00
Day workshop - Snowman	$20.00
Children - Xmas gift	$12.00
_Water Colour Workshop	$52.00
_Women Coming Together	No Fee
_Education Upgrading	2.20/hr or $88/10 weeks
_Your future as a military spouse (University of Manitoba)	
_Resume preparation	$10.00
_Coffee mornings:	No Fee
Uplands - Anglophone	
Uplands - Francophone	
Uplands - German	
Rockcliffe	
T.O.P.S. (Take off pounds sensibly)	

Child Care Programs (for any information regarding these programs, please contact Diane Manii at 998-4270):

_Christmas Art Activities for Preschoolers	No Fee
_Communicable Diseases & Caregiver's Role in Managing Illness	No Fee
_Playtime - Rockcliffe	$6.00 per session
_Fun Together	5.00$
_Babysitting Coop	No Fee
_Prenatal Group	
_Well Baby Group	
_Parenting your Toddler	
_Toy Lending Library	
_Child Care Registry	

Formulaire d'inscription du Centre de ressources familiales de la communauté militaire d'Ottawa

Pour les déscriptions des programmes et ateliers, les dates, heures et l'endroit ou l'inscription veuillez appelez Darlene Higginbotham au 998-4279. Si vous êtes intéressés à prendre part à un atelier/programme quelconque et que la garde d'enfants est un problème, nous pourrions discuter avec vous de certaines options lorsque vous vous inscriverez.

Veuillez remplir ce formulaire et le retourner avec votre chèque ou mandat de poste, au Centre de ressources familiales de la communauté militaire d'Ottawa, 7e escadre Ottawa, C.P. 396, K1A 0K5, a/s inscription de programmes.

Nom: _____ No. de tél.: ___

Adresse: _____

_____

S.v.p., encerclez l'endroit préféré: Uplands Rockcliffe

S.v.p., encerclez langue préférée: Anglais Français

Veuillez cocher les programmes qui vous intéressent:

_Affirmation de soi pour femmes	5.00$
_Atelier sur la communication	5.00$
_Club d'artisanat	aucun frais
_Formation Français langue seconde	5.00$
_Formation Anglais langue seconde	5.00$
_Planification financière	5.00$
_Coeur-à-coeur	20$individuel ou 35$/couple
_Enfant seul à la maison	aucun frais
_Petites entreprises à domicile	5.00$
_Introduction à l'ordinateur	20.00$
_Ré-insertion au travail	5.00$
atelier à l'heure du dîner	
atelier le jour	
atelier le soir	
_Atelier des petites entreprises	5.00$
_Gestion du stress	5.00$
_Parentage efficace	25.00$
_Acheter une maison	10.00$
_Peinture décorative:	
soirée	35.00$
jour - table	60.00$
jour - Père Noël	25.00$
jour - Bonhomme de neige	20.00$
enfants - cadeau de Noël	12.00$
_Atelier sur l'aquarelle	52.00$
_Groupe de soutien pour femmes	aucun frais
_Adultes: L'apprentissage ne cesse	2.20$/hre
pas, équivalence de 12ième année ou	88$/10 semaines
_Votre avenir à titre de conjoint(e) militaire	
_Préparation d'un résumé	10.00$
_Café-rencontre	aucun frais
Uplands - Rencontre de quartier	
Uplands - Réseau femmes francophones	
Uplands - Café femmes allemandes	
Rockcliffe - Rencontre de quartier	
_Perdre du poids lentement et sensiblement	

Programmes de soins aux enfants (pour tout renseignement concernant les programmes suivants, veuillez appelez Diane Manii au 998-4270):

_Activités de bricolage pour Noël	aucun frais
_Rôle de gardienne face aux maladies contagieuses et infantiles	aucun frais
_Heure du jeu - Rockcliffe	6.00$ par session
_Plaisir ensemble	5.00$
_Coop de gardiennage	aucun frais
_Groupe prénatal	
_Groupe Bébé-Santé	
_Groupe de parentage d'enfants d'âge pré-scolaire	
_Joujouthèque	
_Registre de gardienne	

Message de la Directrice du CRF

Le Centre de ressources familiales de la communauté militaire d'Ottawa a ouvert ses portes au mois de janvier 1991, durant la guerre du Golfe. Depuis ce temps, le centre a acceuilli des centaines de familles militaires de la région d'Ottawa-Carleton/Outaouais.

Notre premier objectif a toujours été de rencontrer les besoins des familles militaires. Une de nos difficultés était l'accès à une publicité de nos services aux familles. Le journal *Falcon* a été un de nos plus grands soutiens à ce niveau. Afin de pourvoir au besoin d'informer la communauté de nos services, *Le Falcon* nous a offert de façon consistante depuis 3 1/2 ans, deux pages d'information communautaire.

Un gros merci au journal *Le Falcon* et à Ian Patrick pour leur soutien et au Capitaine Coderre pour son encouragement au centre de ressources familiales.

Pour toute information au sujet des services du centre de ressources familiales, veuillez vérifier le babillard de votre unité, distribution des petites annonces, babillard au Canex et églises ou communiquez au 998-4270 (Uplands), 998-8956 (Rockcliffe).

Cœur-à-cœur

Lorsque l'on mentionne la Fondation des maladies du cœur de l'Ontario, on pense tout de suite à la campagne de levée de fond du mois de février. La générosité des gens a permit à la Fondation de travailler vers sa mission de réduire les risques de décès prématurés et d'invalidités résultant des maladies cardio-vasculaires, en recueillant des fonds pour la recherche et la promotion de la santé.

C'est peut-être ce dernier aspect de la Fondation, la promotion de la santé, qui est le moins bien connu.

Un des programmes de la promotion de la santé se nomme Cœur-à-Cœur. Ce programme de réhabilitation à base de vidéos informatifs est d'une durée de huit semaines. Le programme a pour but d'adresser les questions des gens souffrant d'angine, ayant subi un pontage ou un angiogramme, ou qui ont eu une attaque de cœur, ainsi que les questions de leur partenaire. Vu les répercussions familiales d'un problème cardiaque, la présence de la famille est d'une grande importance.

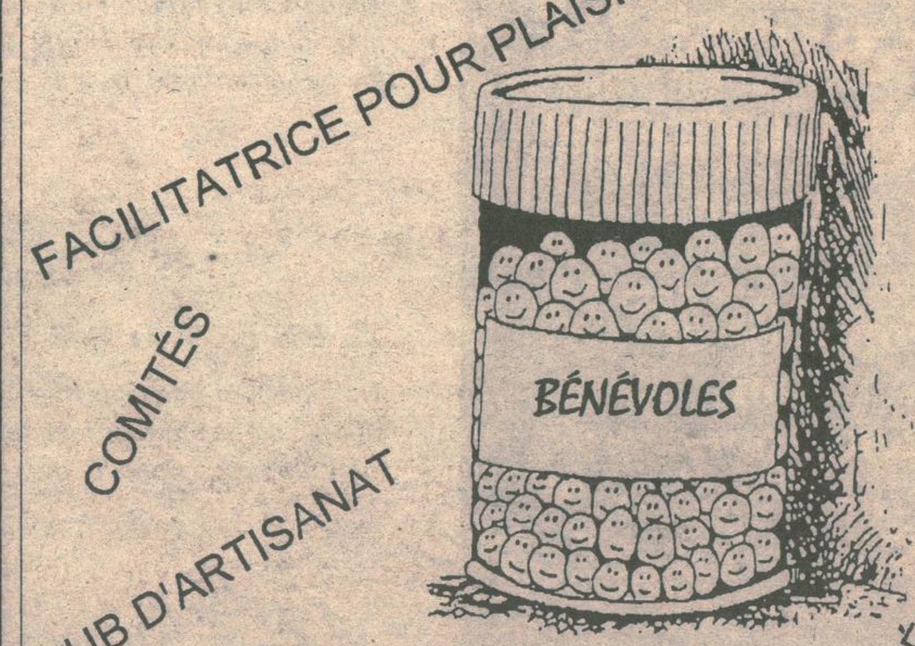
Ce programme a été développé par la Fondation des maladies du cœur de l'Ontario avec l'assistance de plusieurs cardiologues et professionels en soins de santé. Présentement, tous nos animateurs au Cœur-à-Cœur dans la région sont des gardes-malade enregistrés ayant reçues une formation de la Fondation.

Cœur-à-Cœur n'existe pas pour remplacer le suivi médical. Cependant, l'information que l'on partage lors des sessions peut servir à augmenter l'information reçue lors de nos visites médicales. Le but premier de Cœur-à-Cœur est de fournir une base de connaissances des maladies du cœur. On apprend aussi comment on peut vivre avec une maladie du cœur. Le groupe de Cœur-à-Cœur fournit un environnement de support et de compréhension. De plus, l'échange et le partage d'expériences individuelles aident à tous à faire face à tout ce qui les attend.

À partir du 26 septembre 1994, le chapitre Gloucester/Cumberland de la Fondation des maladies du cœur de l'Ontario offrira une session de Cœur-à-Cœur à la communauté militaire au Centre d'adolescents à la Base d'Uplands. Le coût sera d'environ 35-40$ par couple, pour huit sessions hebdomadaires. Les sessions auront lieu de 19h à 21h.

Pour de plus amples informations, ou pour vous inscrire, veuillez communiquer avec Brenda Young aux bureaux de la Fondation des maladies du cœur au 837-0204. Les inscriptions sont limitées, alors appelez dès maintenant.

!RECHERCHÉ! BÉNÉVOLES



Téléphonez au centre de ressources familiales de la communauté militaire d'Ottawa (Myriam Thurber 998-4270) dès maintenant pour en connaître davantage .

Votre implication fait la différence!

Elizabeth Park Community Council

The Elizabeth Park Community Council is now in full swing preparing for the fall line-up of activities. Over the next few weeks, fall registration will be taking place for Scouts, Minor Hockey, Figure Skating, and other ongoing programs. We are attempting to have our Town Crier published on a continual basis to try and keep you informed of community events. Failing that, flyers will be used to update residents of the community's activities. Hopefully, our planned fall FunFest (September 17) will be well attended. Our community clubs and organizations will be setting up info booths at this event. This is meant to be a family oriented event with activities for all.

As a result of our plea for more volunteers from the community to help out programs offered by your council, some community minded individuals have come forward to assist. As always, more volunteers are required. I thank the residents that have offered and hopefully it will be a rewarding experience. Our next community event will be the Children's Christmas Party. This event was very popular last year and we require a few individuals to complete our organizating committee.

Your community council is constantly receiving queries in two specific areas, garbage and pet control. First, the garbage you put at the curbside is still your garbage until it is removed by the contractor. On occasion the container and/or garbage bag breaks open; please be courteous and pick it up and replace it in a container. Otherwise it becomes an unsightly mess. I am sure you do not enjoy picking up someone else's refuse. Garbage is to be placed at the curbside the night before pickup. Normally that will be Thursday evening, except during a week with a statutory holiday, when it will be Friday evening. So, let's put our garbage where it belongs and keep our neighbourhood clean. Our Wing Environment and Safety Office (WESO) has provided composters for use in the community. The first pickup was a huge success and more composters will be available in the near future. With your composter comes a booklet explaining the benefits of composting. Please call 998-5712 for more details.

Pet Control is an ongoing affair in our community with cats and dogs getting an equal share of the limelight. A simple solution to this problem is respect. If residents would abide by the Pet Control By-Laws then there would be no problems. Please consider the problems that dog droppings cause in the environment, or how irritating it is when you hear a cat screeching all night long outside your window. Life is easier when you respect your neighbours; let's try it.

Lastly, I would like to invite the members of the community to become involved with council. The benefits from time spent bettering your community are reaped by you and your family. Meetings are usually held at 19:15 on the last Thursday of each month. Our first meeting this fall is going to be held on 22 September 1994. If you cannot attend the meeting, please put forth your name and suggestions to the office at the Community Council Building located at 7 Wing Uplands, on DeNiverville Drive (Bldg 467).

Ein Herzliches Willkommen In Ottawa Allen Zugezogenen

Wir sind eine Gruppe deutscher Frauen, die sich zweimal pro Monat im Jugendzentrum der Base Uplands trifft.

Mittlerweile sind wir eine stattliche Gruppe von ca. 16 Mitgliedern, die sich trifft um Information, Rezepte, etc. auszutauschen. Wir gehen auch ab und zu abends gemeinsam aus (tanzen, kegeln, etc.).

Sollten Sie interessiert sein, an unseren Treffen teilzunehmen, so wenden Sie sich bitte an Brigitte Cadieux (737-7914) oder an den Family Resource Centre (998-4270).

Wir hatten unsere regulären Treffen bis Ende Juni dieses Jahres im Jugenzentrum der Base Uplands. Für Juli und August haben wir uns entschlossen nur jeweils ein Treffen abzuhalten. Also haben wir uns am 19. Juli in Manuela Paquette's Garten getroffen.

Die Kinder genossen es draußen sein und liebten den Spielplatz gleich hinter Manuela's Garten. Zur Erfrischung gab es Bananenkuchen, Schokoladenkekse and Saft. Die Erwachsenen genossen eine von Manuela Paquette selbstgebackene Heidelbeer-Joghurt-Torte und guten Kaffee. Außerdem war Manuela's langjährige Freundin, Christiane, aus Montreal da.

Am 16. August fand uns Sommerfest in Andrea Adam's Garten statt. Mit veilen Spielen, Wasserbassin, Sprinkler und gutem Wetter war dieses Fest ein voller Erfolg.

Am 10. September hatten wir ein Treffen mit den deutschen Frauen in Petawawa. Dies war ein Ausflug für die Muttis (also ohne Kinder).

Für weitere Ideen oder Vorschläge wendet Euch bitte an Brigitte Cadieux (737-7914).

7 WING COMPOSTER DISTRIBUTION

UPLANDS

REGISTER, CALL THE WING ENVIRONMENT AND SAFETY OFFICE AT 998-5712

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For Families of Canadian Peacekeepers

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(fax 613-995-2178)

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INFORMATION LINE

The Mission Information Line is a toll free telephone line to provide timely and accurate information to families of Canadian peacekeepers serving with the United Nations.

The line is operational from 8 to 16:30 hrs Monday to Friday, statutory holidays excluded. Services are strictly confidential and are offered in both English and French.

The Mission Information Line is not a replacement of the Military Family Resource Centres on the bases but an enhancement of their services.

LINE COORDINATOR

The line coordinator is an experienced professional who is familiar with the policies and operating procedures of the Canadian Forces.

When the coordinator is not available, users may leave messages on a voice message system and calls will be returned as soon as possible; normally within 4 to 6 hours.

INFORMATION

The information is provided by official National Defence sources, including: the Operations Centre and Peacekeeping authorities at Headquarters, rear parties and battalions deployed on peacekeeping missions.

Available information: political situation, living conditions of peacekeepers, troop movements, confirmation of news releases, information on incidents or accidents etc.

OTHER SERVICES

Other services include the transmission of urgent messages to peacekeepers, moral support, advice and referral with administrative difficulties or other problem situations.

You are invited to contact us whenever in need.

Only the strong go for help. the weak do not!

Art Direction DPGS 7-2

WO GI Murray receives National GED Award

Warrant Officer Gerald Murray, DGAEM/DASP, is the CF winner of the 1993 National Achievement Award for his top score on the General Education Development (GED) examinations. In fact, not only did he receive the highest score in the CF, he also attained the highest score for the province of Nova Scotia. Students who pass GED examinations receive a High School Equivilancy Diploma, Grade XII, issued by the Nova Scotia Department of Education. Warrant Officer Murray's percentile rank was 98.8, and his award is part of a national program to recognize and honour high scorers on the tests. The examinations were administered by the NDHQ Education Officer, Mr. DH Mitchell.

Warrant Officer Murray hails from Pugwash, N.S. and is an Avionics Technician (525). He enrolled in the RCAF in 1967. He has served in Chatham, N.B., Baden, Trenton, Portage la Prairie and currently in NDHQ/DASP, where he is the Life Cycle Material Manager.



Adj GI Murray est le récipiendaire du Prix National du DEG

Adj Gerald Murray, DGGAM/DASP, est l'heureux gagnant du Prix National des FC de 1993 pour la plus haute note obtenue aux examens reliés au Développement d'éducation général (GED). Non seulement il a reçue ce prix à travers les FC, il a aussi obtenu la plus haute note à travers la province de la Nouvelle-Écosse. Les étudiants qui réussissent le DEG se voient décernés un diplôme d'étude secondaire de la Nouvelle Écosse. Le pourcentile de l'adj Murray est 98.8. Le prix décerné fait parti d'un programme national pour reconnaître et honorer la haute réussite sur ces tests. Ces examens furent administrés par l'officier pédagogique du QGDN, M. DH Mitchell.

L'adj Murray est natif de Pugwash, N.-É., et travaille comme Technicien d'avion. Il s'est enrôlé dans l'ARC en 1967. Il a servi à Chatham, Baden, Trenton, Portage la Prairie et présentement au QGDN/DASP, Maintenance.



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(1-800-UNMILIM)
(fax 613-995-2178)

Parrainée par le Directeur du Soutien aux Familles Militaires Ottawa

LA LIGNE D'INFORMATION

La "Ligne Information Mission" est une ligne téléphonique sans frais pour informer les familles des militaires canadiens, membres d'une mission de paix avec les Nations Unies.

La ligne est opérationnelle de 8 h à 16 h 30 du lundi au vendredi sauf les jours fériés. Les services sont offerts en français et en anglais et sont strictement confidentiels.

La "Ligne Information Mission" ne remplace pas les Centres de ressources familiales des bases mais se veut un complément à ceux-ci.

L'INTERVENANT

L'intervenant de la ligne est un professionnel d'expérience qui connaît les politiques ainsi que les façons d'opérer des Forces canadiennes.

Lorsque l'intervenant n'est pas disponible, les usagers peuvent laisser un message sur une boîte vocale et il communiquera avec eux dans les plus brefs délais; normalement dans les quatre à six heures qui suivent.

RENSEIGNEMENTS

Les renseignements fournis nous proviennent de sources officielles du ministère de la Défense nationale, à savoir du Centre des opérations et des responsables du maintien de la paix du Quartier général à Ottawa, des arrières-gardes et des bataillons en missions de paix.

Types de renseignements disponibles: situation politique, conditions de vie des militaires, mouvements des troupes, renseignements sur incidents/accidents, confirmation de communiqués de presse etc.

AUTRES SERVICES

Transmission de messages urgents aux Casques bleus, support moral aux familles, conseils ou aide au regard de problèmes administratifs ou d'autres situations problématiques.

Nous vous invitons à communiquer avec nous dès que vous en éprouverez le besoin.

Il n'y a que les forts qui vont chercher de l'aide. les faibles ne le font pas!

Direction artistique DSFC 7-2

Semaine de la prévention des incendies
Pour les petits et les grands enfants

Trouvez et encerclez les mots suivants;
PLAN , DEUX , FUMEE , STATION , VOISIN , RESTER .
(Exemple; sparky)

(S)	F	N	O	I	T	A	T	S
(P)	I	A	S	R	Y	L	R	T
(A)	R	J	N	E	U	O	K	A
(R)	V	O	I	S	I	N	H	Y
(K)	E	R	Y	T	O	R	I	L
(Y)	E	Z	G	E	P	F	T	D
N	M	I	C	R	E	K	W	E
R	U	V	X	M	D	N	O	U
N	F	X	P	L	A	N	A	X

Utilisez les mots que vous avez trouvez et remplissez les espaces vides;
Plannifiez un _____ de sauvetage avec votre famille.
Connaissez _____ sortie pour vous échappez de votre chambre.
Connaissez le son de votre détecteur de _____ et quoi faire quand vous l'entendez.
Apprenez à appeler la _____ d'incendie de la maison d'un _____.
Une fois dehors, _____ dehors..

Test your detector for life!

Tester votre détecteur pour la vie!

Name / Nom:_____

Address / Adresse;_____

Telephone:_____

Signature:_____

Semaine de la prévention des incendies
Octobre 9-15 1994
Tirage d'extincteur

Un tirage sera effectué à la caserne de pompier, lundi le 17 octobre 1994. Tout militaire et personne à charge sont éligibles à ce tirage.
Écrivez votre nom en lettres moulées, adresse et numéro de téléphone. Apportez votre billet à la table de présentation Canex ou au Département du service d'incendies au plus tard samedi le 15 octobre.

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Fire Prevention Week for kids
Fun games for small and big kids

Find and circle the words:

TWO, SMOKE, FIRE, PLAN, NEIGHBOR'S, STAY (See **SPARKY** example)

(S)	F	G	S	M	O	K	E	S
(P)	I	A	S	C	Y	L	R	T
(A)	R	J	N	Z	U	O	K	A
(R)	E	U	L	X	B	N	H	Y
(K)	W	R	Y	H	O	R	I	L
(Y)	E	Z	G	L	P	F	T	V
N	T	I	C	H	E	K	W	R
R	E	V	X	M	D	N	O	P
N	O	X	P	L	A	N	A	Q

Use the words you found to fill in the blanks
Develop a home escape _____ with the entire family.
Know _____ ways out of each room. Know what the detector sounds like and what to do if you hear it. Learn to call the _____ department from a _____ home.

Once out, _____ out!

Fire Prevention Week
October 9-15 1994
Fire extinguisher draw

A draw will be held at the Fire Department, Monday 17 October 94. All military personnel and dependants can enter this draw.
Please print your name, address and phone number on the ballot. Drop the ballot off at the Canex display table or at the Fire Department before Saturday 15 October 1994.

Do you panic when you are asked to speak in public?
Do the 'butterflies' play havoc?
Do your palms sweat and your knees knock?

Did you know that fear of public speaking , for many people, is number one after fear of death?

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Cost for nine-week course is $36.00, including materials

For more information and for registration,
phone Jane Stuart at 787-6798 (w) or 739-9953 (h)

Un message de votre département d'incendie

Le passage du temps n'est pas toujours sans douleur. Comme les pyramides, les mémoires sont bâties de plusieurs blocs et sur une longue période. La base d'Ottawa a eu une histoire illustre et *Le Falcon* a été instrumental à nous supportir pendant ces annés.

Votre département d'incendie publiait fréquemment des articles dans *Le Falcon* avec des messages de prévention d'incendie, de rappels de danger avec les appareil ménagers et de publicité pour des programmes comme gardien d'enfants et la semaine de la prévention d'incendie. Malheureusement, ce chemin nous sera plus disponible. Mais, nous ne partons pas et nous allons continués à s'assurer que la prévention et la protection d'incendie seront maintenues au même niveau.

Ce n'est pas mon intention de vous ennuyer avec des statistiques ou de vous faire un sermon sur la prévention d'incendie. Pourquoi? Parce que de ces jours d'accès à l'information, je sais que vous être au courant de ce qui suit: ne laissez pas les enfants jouer avec les allumettes et les briquets; ne fumez pas au lit; servez-vous de friteuses à l'huile controllée par thermostat, au-lieu d'un récipient ordinaire (qui continue à être notre cause principale d'incendie dans les foyers); gardez vos appareils ménagers en bonne condition, et jamais dépasser ou débrancher les sauvegardes de surchauffement; pratiquez sagement la cuisson au BBQ; soyez prudent avec l'entreposage de liquides inflammables et combustibles; ayez au moins un extincteur à feu dans votre foyer et finalement, ayez au moins un ou deux détecteurs de fumée installés proprement et en bon état de fonctionnement protégeant votre lieu de sommeil, et surtout n'enlevez jamais la pile électrique de l'unité pour aucune raison que pour la remplacer regulièrement à intervalles réguliers.

Voilà, vous saviez tout cela, n'est-ce-pas? La prévention d'incendie est principalement du bon sens. Soyez toujours vigilant et n'assumez jamais qu' un incendie ne peu pas vous arriver, vous pouvez être en erreur.

Avec cela, j'ai l'esprit en paix.

Capitaine Robert G. Pinault, Département d'incendie de la base

Message from your Fire Department

The passage of time is not always without pain. Like the pyramids, memories are built of many blocks and over a long period of time. CFB Ottawa has had an illustrious career and the Falcon has been instrumental in sustaining us throughout the years.

Your fire department frequently published articles in the Falcon with fire prevention messages, recalls of potential fire hazards with household appliances and for prolonged publicity such as babysitter courses and fire prevention week. Unfortunately, this avenue will no longer be available. However, we are not going away and we will continue to ensure that fire prevention and fire protection are maintained at the same high level.

It is not my intention to bore you with statistics on fires or preach to you on fire prevention. Why? Because in this day and age of media access, I happen to know that you are all aware of the following: don't let children play with matches or lighters; don't smoke in bed; do use an electrostatically controlled deep fat fryer instead of just using an ordinary pot for heating cooking oil (which by the way is still one of our leading causes of fire in the home); do keep your electrical appliances in good working order and never bypass or disconnect overheat safeguards; practice BBQ safety; do be careful with the storage of flammable and combustible liquids; have a least one fire extinguisher in your home and finally, have one or two smoke detectors properly installed and serviceable protecting your sleeping areas and never ever remove the battery (if not hard wired) from the unit for any other purpose but to replace it at regularly scheduled intervals.

See, you knew all of that didn't you? Fire prevention is mostly common sense. Be ever so vigilant and don't ever assume that a fire can't happen to you, you could be dead wrong!

With this I sign off.

Captain Robert G. Pinault, Base Fire Chief

HEART to HEART

A Program for Cardiac Patients and Their Partners

Heart Attack... Heart Surgery... Angina What Now?

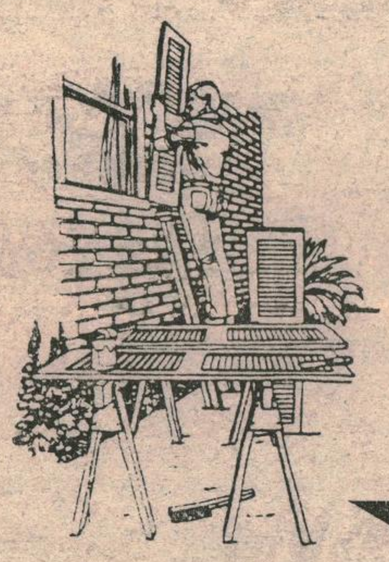
Chances are you or someone you know has been affected by heart disease. And chances are you're wondering-what now?

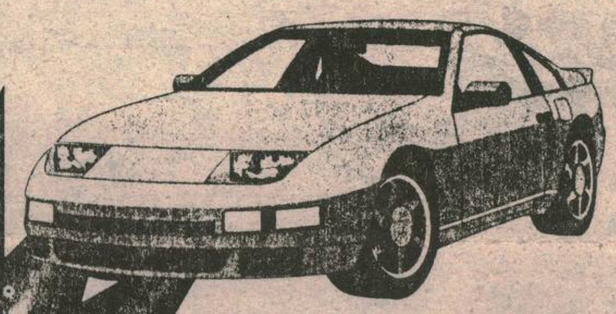
That's where Heart to Heart comes in. Heart to Heart is an eight week program, developed by the Heart and Stroke Foundation, designed to offer education and support to patients and their partners in the relaxed, informal setting of a small group.

Heart to Heart isn't a substitute for medical care. It's a supplement.

For many, it's also the next step in getting on with their lives, making needed changes and enjoying the future.

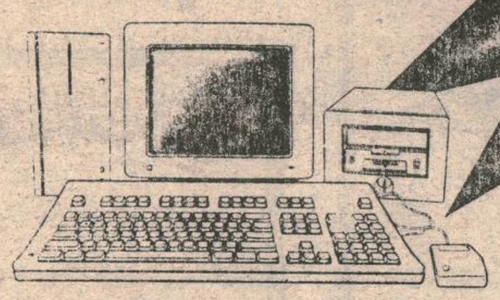
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$10,000	10.75%	$1,763.38	36	$329.96
$10,000	11.5%	$2,560.23	48	$264.75

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Exercise Winged Beaver

In March '94, the 7 Wing Airfield Engineer Flight (AEF) was deployed to Salt Lake City, Utah, to take part in a joint exercise with the United States Air National Guard. This has been an ongoing exchange program which has enabled both countries to gain experience in deployed operations and working on projects which give our military personnel construction experience in their trade.

The personnel of 7 Wing AEF are always on stand-by for UN taskings and to go abroad to help rebuild the infrastructure of war torn and underprivileged countries, including: roadways, waterways and building construction. As a rule, the experience of our tradesmen receive in the Construction Engineer and Transport squadrons involves routine maintenance of base infrastructure. This exchange program has given AEF tradesmen the much needed experience of planning and implementing large construction projects.

During the deployment to Utah, the flight completed six projects, consisting of: two building interior renovations, installation of an infra-red heating system, construction of a brick, decorative concrete block enclosure, construction of tables for a small arms range and demolition of an old guard shack. These projects were chosen carefully to ensure flight training in specific areas was accomplished. Some of the more detailed work required the use of heavy equipment for demolition and excavation, the running of gas lines, forming and pouring footings, masonry work, and most importantly, cross trade training. Military tradesmen employed on the Utah deployment included: heavy equipment operators, field engineers, draughtsmen, carpenters, plumbers, electricians, refrigeration and mechanical technicians, construction engineering procedures technicians and fire fighters.

The flight enjoyed a couple of days off during the deployment to enjoy some of the sites in the area. Some members chose to view some of the local attractions such as the Mormon Temple at Temple Square and the Family History Centre. Others decided to travel west to visit the one-armed bandits, while others headed south to take in the majestic view of the Grand Canyon.

Overall, the exercise went very well. The flight learned many lessons that will certainly help them in the future. Through their friendly nature ands excellent work ethic, the flight members left a lasting imptression with our meighbours to the south. We certrainly enjoyed their hospitality also. Chimo!

Lt JP Frigault

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7 Wing Supply Squadron
The Bin Rats

By Lt V Moravek

Rats? At 7 Wing? In the Supply Squadron? The answer to that question is a resounding yes, in a manner of speaking. But do not be calling the exterminator just yet because many "Bin Rats", more commonly known as Supply Technicians (and their civilian counterparts), will stick around after 7 Wing closure, to continue supporting NDHQ and other organizations in the National Capital Region(NCR). If you had entertained any thoughts that all operations were shutting down, then here is a very brief outline of the scope of the Supply Squadron's operations. This will hopefully provide an idea of just how busy its Bin Rats are, now and into the future.

Wing Supply involves over 200 employees in the provision of support to The Wing, NDHQ, and all other D.N.D. organizations in the NCR. It is the largest supply squadron in Air Command with 80,000 line items of supply. The bulk of activity is comprised of providing domestic support which translates into that materiel which most people require to carry out their ordinary day-to-day working business (i.e. desks, chairs, stationery, cleaning supplies,etc..). Technical support, in the form of major equipment such as vehicles, is also provided but there is less degree of activity on this side of the house although its importance in no less emphasized. The people who require support are referred to as "Customers" in the language of Supply. A customer in need of a particular item would place an order to the Supply Squadron through their distribution account representative. The order, determined by the priority of the requirement, winds its waythrough the supply system for eventual delivery to the customer. There are over 16,000 military and civilian customers represented by their respective distribution account holders. Approximately 674,000 orders are placed annually from 915 distribution accounts. Supply business is conducted from 21 separate locations within the NCR including Cornwall Armouries.

The above facts and figures were not meant to overwhelm but rather to bring to attention the amount of "scurrying about" that 7 Wing's Bin Rats are subjected to. With the impending closure of 7 Wing the focus of work has changed from the issue of materiel, to its return and redistribution. So, while it may seem that the rest of the base is slowing down you can be sure that the Bin Rats are very actively involved with its closure, and subsequent handover to the CFSU(O).

Bin Rat support to the Customer in the NCR will by no means cease once closure activity is complete. It will be business as usual, mind you with fewer personnel and improved effectiveness, because customers will still need the stuff of every day work so the Bin Rats will be there to provide, and hopefully satisfy, with "*service second to none*".

Escadron d'approvisionnement de la 7e escadre
Les "Bin Rats"

par le lieutenant V. Moravek

Des rats? À la 7e Escadre? Dans l'escadron d'approvisionnement? La réponse à cette question est un oui retentissant. Mais nous n'aurons pas besoin de l'exterminateur parce que plusieurs "bin rats" connus plus couramment sous le nom de techniciens de l'approvisionnement (et leurs homologues civils) resteront sur place après la fermeture de la 7e Escadre pour continuer à appuyer le QGDN, et d'autres organisations dans la région de la capitale nationale (RCN). Si vous avez cru que toutes les opérations allaient cesser, voici un très bref aperçu de la portée des opérations de l'escadron d'approvisionnement. Cela vous permettra de comprendre jusqu'à quel point les techniciens de l'approvisionnement sont occupés, maintenant et prochainement.

Plus de 200 employés travaillent à l'approvisionnement de l'escadre au QGDN et dans toutes les autres organisations du MDN dans la RCN. Il s'agit du plus important escadron d'approvisionnement du Commandement aérien, qui offre plus de 80 000 articles d'approvisionnement. La plupart des activités concernent le soutien national qui se traduit en ce matériel dont la plupart des gens ont besoin pour exercer leurs fonctions quotidiennes ordinaires (bureaux, chaises, papeterie, fournitures de nettoyage, etc.). Le soutien technique, sous la forme d'équipement important comme les véhicules, est également assuré, mais il requiert moins d'activité de ce coté-ci de la maison, quoiqu'il n'en est pas moins important.

Ceux qui ont besoin de ce soutien sont appelés clients dans le langage de l'approvisionnement. Un client qui a besoin d'un article particulier place une commande à l'escadron d'approvisionnement par l'entremise de son représentant des comptes de distribution. La commande, déterminée selon la priorité du besoin, traverse le système d'approvisionnement jusqu'à une livraison éventuelle au client. Il y a plus de 16 000 clients militaires et civils représentés par leurs détenteurs respectifs des comptes de distribution. Environ 674 000 commandes, provenant de 915 comptes de distribution, sont placées chaque année. Les activités d'approvisionnement se déroulent à partir de 21 emplacements distincts dans la RCN, y compris le manège militaire de Cornwall.

Ces faits et ces chiffres ne se veulent pas bouleversants mais visent plustôt à attirer l'attention sur le degré de précipitation auquel les techniciens de l'approvisionnement sont assujettis. Avec la fermeture imminente de la 7e Escadre, l'accent du travail est passé à la question de donner du matériel à celui de son retour et de sa redistribution. Ainsi, bien qu'il puisse sembler que le reste de la base ralenti ses activités, vous pouvez être assurés que les techniciens de l'approvisionnement participent très activement à sa fermeture, et à la reprise subséquente des activités par l'UAFC(0).

Le soutien, par l'approvisionnement, au client dans la RCN ne cessera en aucune façon après l'activité de fermeture. Il y aura des activités comme d'habitude, avec moins de personnel et une meilleure efficacité, parce que les clients auront toujours besoin de matériel pour le travail quotidien, et l'approvisionnement sera là pour offrir un "service sans pareil" à la satisfaction de tous.

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Business as usual at EME Squadron

EME Squadron's unofficial policy since the closure announcement has been 'BUSINESS AS USUAL'. In EME, there has been no change to our regular pattern of work. Our personnel have been busy as ever, providing support to not only 7 Wing Ottawa but to all of the National Capital Region (NCR). A majority of the work we do here is in support of the NCR. The flying squadrons will certainly be missed but life will go on and for now there is certainly enough to keep things going 'business as usual'.

The squadron has certainly been affected in other ways. The closure impact has created a certain amount of uncertainty and along with it, confusion, job insecurity and poor morale. Our unofficial policy of business as usual has also included an important element of promoting esprit de corps and morale. In EME we've tried to do this by eliminating as much as possible any confusion related to the closure announcement. That is to ensure all information is presented clearly and in as straight forward a manner as possible and to get this information to our people as soon as possible. This is a job which is a lot easier said than done. It was sometimes hard to get ahead of the rumour mill; quite often the passage of information through the rumour mill was much faster than through the chain of command. On a positive note, EME has a hard working crew dedicated to both the mission and to the squadron as a whole.

We have also worked hard to promote an environment of good spirit and positive morale through a complement of social functions and activities to break up our work schedules. We sure have had a lot going on in this area to help in making this squadron the best place to work. Here's a look at EME Sqn.

The EME branch celebrated 50 years of dedicated service to the Canadian Forces, this year. As part of the celebrations, there were numerous activities set up for the occasion. LETE hosted a sports day which had maximum participation from all maintainers from the whole NCR. EME Squadron was well represented by all members of the squadron who participated in all activities. EME did especially well in the 10 km run with Cpl Baker coming in 3rd. We also did very well in softball and miniput with two firsts and with a strong 2nd in the tug of war.

EME has had many other memorable occasions such as our bowling day in the spring with fourteen teams of four. We played the first three games so well (or so fast) that we were able to squeeze in again one more game. The bowling was complemented with a hearty KFC dinner at the Social Centre complete with prizes for the highest score, the lowest score, and for every score! All participants got a prize.

The squadron has had a long-standing tradition of friendly competition between the NCMs and the Senior NCMs/Officers. If we go back to last summer, the NCMs and Seniors dualed in a game of softball. It was a fair and closely matched game but to the dismay of the Seniors, the NCMs gloatingly won out. The seniors challenged for a rematch at any sport, so this time it would be broomball. The seniors redeemed themselves (having the advantage of one player with broomball shoes) with a solid win putting those NCMs back in their places. The NCMs couldn't let it be and so they challenged the seniors to another softball game to the finish. Well try as they may, try as they might, they were just not successful, for the seniors came away with another win or so we say. In the end though we were all winners, because all these events ended with a social beer and snacks for all, compliments of the EME Squadron Canteen.

EME people enjoy a challenge, and we know where to go to get it. The slopes of the Gatineau Hills have proven to be a great place both in winter and in summer. Last winter we trekked by bus to the ski slopes where we defied gravity with spectacular skiing follies by both amateur and expert alike. The Gatineau Hills were also a great place to go to trek through winding, gravelly and muddy mountain bike and walking trials. Everyone was thoroughly put to the test in either the walking, the mountain biking (or in the card playing). One of us enjoyed the muddy trails so much she didn't stop with the rest of us, she wanted to take the long way around the park. What a sport!

EME's challenges are not only in fun. We also go to the range to hone our marksmen skills on the C7, C9 and on the pistol. We challenge each other for the best score with everyone trying to outdo previous top scorers. On our most recent trip, one of our sharpshooters just did not have a good day falling short by a significant number of rounds landing on target. Of course the trouble could have been that the weapon fell short of having a significant number of rounds in the chamber? Bummer!

EME has more than a sporting and challenging spirit; we also have a quiet reserved family oriented side. We have had some excellent family Christmas dinners and family picnics. This year we had a wonderful family picnic at the CF Marina. The picnic included games and treats for the kids of all ages and of course you can't forget the entertainment of GOOPEE the clown and his trusty assistant dressed up in his Aladdin attire circling about on his magic carpet.

In reflection EME people are a sentimental crew, we always send off our posted members with a farewell party/BBQ. This year we assisted our people in making a 'clean' break from the squadron by providing a cool refreshing dunking pool. The pool was well used this year, thanks to the participation of all the remaining members of the squadron.

In closing, EME has had some great times in work and in play being part of the Wing Logistics Branch and 7 Wing as a whole. It will be missed by all members of EME. 7 Wing Ottawa has been a great organization to work with. Thanks for the good times. On behalf of OC EME Squadron and all members of EME we would like to say thanks and farewell, 7 Wing Ottawa, Salute, 7e Escadre Ottawa.
ARTE ET MARTE



Otters Swim Club - Registration

The CFB Ottawa Otters competitive Swim Club welcomes new and returning members to both the Youth and the Masters Swim Teams. No previous competitive swimming experience is necessary, but swimmers should have Red Cross Blue Badge or be at an equivalent swimming level. Session fee $45 ($35 each additional family member).

The Fall swim term begins at the Uplands Pool 19 Sept 94, with Registration 19-23 Sept 1994 from 1630 to 1800. Newcomers can join anytime by coming out with a swimsuit to practices. Youth (ages 8 to 18) swim Monday to Friday 1630 - 1800; Masters are out Tuesday and Thursday 0600 - 0730, and Saturday 0800 - 1000. Further information available from the staff at those times, or the 7 Wing PERO Office 998-3503. You otter join us for healthy exercise and fun in the water.

Swim coaches required

Swim Coaches for the CFB Ottawa Otters Youth and Masters Swim Club are required for the coming swim season. Experience is desirable but not necessary as training courses are available. For information please contact LCdr J R Fisher at 994-8545 or LCol G J Cook at 996-3568.

Club de natation otarie

Le club de natation compétitive Otarie invite les anciens et nouveaux membres des équipes de natation jeunes et maîtres à se joindre à eux. Aucune expérience en compétition n'est requise, mais les nageurs (euses) doivent posséder l'écusson de niveau bleu de la croix rouge ou l'équivalence. Le prix pour la session d'automne est de 45$. (35$. pour chaque membre additionnel d'une même famille). La session d'automne débutera le 19 septembre à la piscine d'Uplands, et l'enregistrement se tiendra du 19-23 septembre 1994 entre 16:30 et 18:00 heure. Les nouveaux nageurs (ses) peuvent se joindre en tout temps en se présentant aux pratiques avec son maillot de bain. L'entraînement pour les jeunes (8-18 ans) est du lundi au vendredi de 16:30-18:00 heures; les maîtres s'entraîneront le mardi et jeudi de 6:00-7:30 heures, ainsi que le samedi de 8:00-10:00 heures. Pour plus d'information, se présenter aux heures de pratique ou appelez le bureau de l'OEPL de l'escadre au 998-3503. Joignez-vous a nous et bénéficier d'exercice tout en vous amusant.

Besoin d'instructeurs

Le club de natation de la BFC d'Ottawa (jeunes et maîtres) a besoin d' instructeurs pour la prochaine saison de natation. Aucune expérience n'est requise puisque des cours d'entraînement sont disponibles. Pour information, appeler le lcdr J.R. Fisher au 994-8545 ou le lcol G.J. Cook au 996-3568

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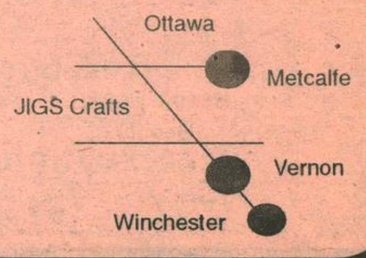


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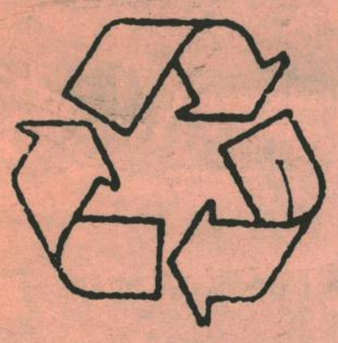
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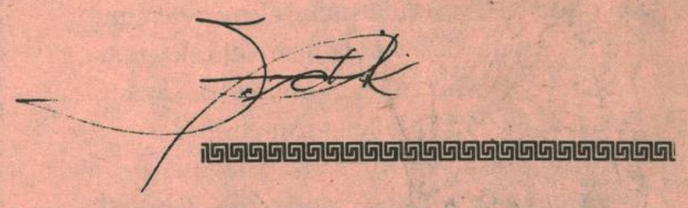
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Corrina Soundtrack revives '50s

Barry Sweeney
MUSIC REVIEWS SYNDICATED COLUMNIST

The latest soundtrack to enter an already overcrowded market is *Corrina, Corrina* (RCA), a 15-song complilation that revives the '50s' sound. Leaning heavily on the blues influenced music of that era, with a generous dose of the pop sounds that were emerging in the '50s, this CD has a solid chance of making hit status.

With **Whoopi Goldberg** and **Ray Liotta** receiving rave reviews for their starring movie roles, that fact alone will draw lots of attention to the soundtrack. The first single is a duet with **Peter Cox** and **Niki Haris** on the slick pop revival is *I Only Have Eyes For You*. Peter is the lead singer of **Go West**. The lead-off track *We Will Find A Way* by **Oleta Adams** and **Brenda Russell** should get strong consideration for release and, for those who like a strong back beat and snap-happy music, you'll love hearing **Thurston Harris** on *Little Bitty Pretty One*. He had a hit with this song in 1957 and the crystal clear sound of CD makes it a winner all over again.

The title track is offered twice. First as a slow, shuffling blues vocal and then by **Big Joe Turner** with a strong bass and uptempo beat. It's good to hear **Jackie Wilson** (*Reete Petite*) and **Hank Ballard** (*Finger Poppin' Time*) again. The sound of the '50s has never died and the strong story line coupled with Whoopi's charisma should make the movie a box office hit and that association alone will have a positive effect on the soundtrack.

Little Big League

The story is a pretty flimsy one. A 12-year old inherits the Minnesota Twins, becomes the youngest owner/manager in baseball, and sets about to revitalize the team. The soundtrack to *Little Big League* (BMG) is mainly instrumental with **Booker T and the MGs**, supported by the **Tower of Power Horns** on five tracks, **Jeff Beck** updating the **Ventures'** *Walk Don't Run* and the power trio of **Stanley Clarke**, **Jeff Beck** and **Stewart Copeland** offering *Cominsky Park*.

Taj Mahal's *I'm Ready* and **Dion's** classic renering of *Runaround Sue* are highlights. What are the chances of this story being believed, even by 12 year olds? What are the chances of the Twins winning big this year? What are the chances of this soundtrack making it big? I guess it depends on just how long baseball-starved fans can be without their favourite sport.

Fast Facts

There are currently 14 soundtracks on the charts with *The Lion King* and *Forrest Gump* holding top spots. **Elton John** has already hit big with *Can You Feel the Love Tonight* from *The Lion King* and both **Big Mountain** (*Baby I Love Your Way*) and **Lisa Loeb & Nine Stories** (*Stay*) have had #1 hits from *Reality Bites*. RCA has re-released *The Lion Sleeps Tonight* by the **Tokens** and the **Four Seasons** are once again enjoying *December 1963*. Perhaps the big news is **Boyz II Men** who knocked off three months at #1 last time out, are again at the top. After only three weeks in release *I'll Make Love To You* is #1.

A FOND FAREWELL TO

THE FALCON

From the Staff at

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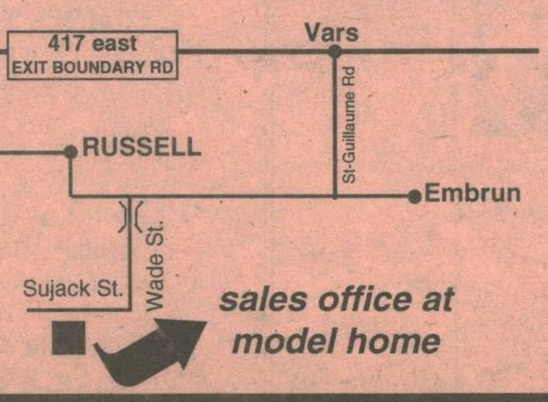
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