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Serving the Military Community | Desservant la Communauté Militaire

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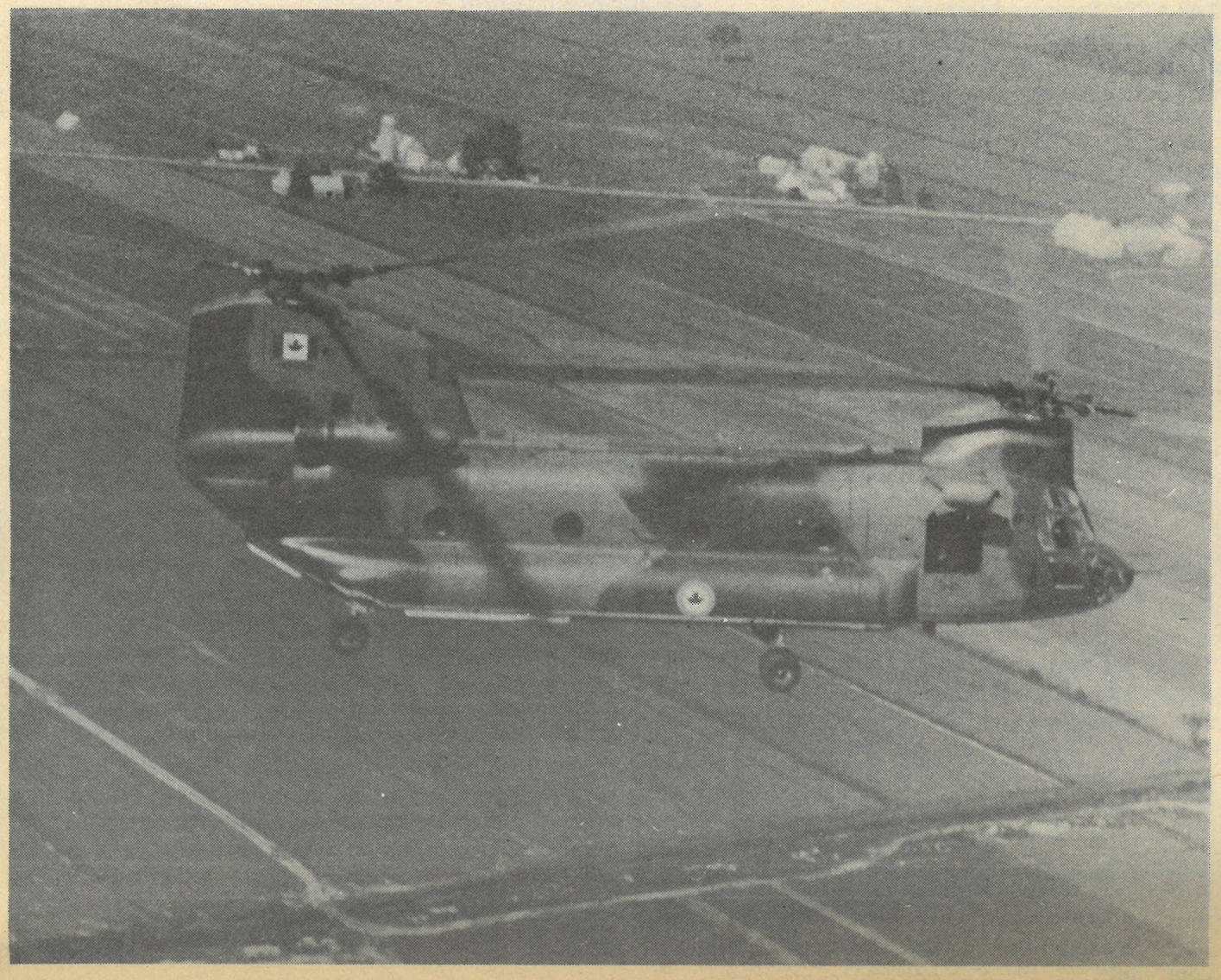

3 Dead, 3 Injured

450 SQN CHINOOK CRASHES

A CH-147 Chinook of 450 Transport Helicopter Squadron was involved in an accident at Rankin Inlet, N.W.T. on Tuesday, 17 August. The Chinook with six crew members was en route from Churchill, Man. to Hall Beach to conduct a routine transport mission.

The aircraft had landed at Rankin Inlet, and was manoeuvering in the refuelling area when it apparently struck an obstruction. A fire and explosion ensued, killing three crew members and injuring the other three.

Lt Dave Allen, 26, the First Officer, MCpl Yves Deschamps, 38, a Supply Tech, and Cpl Yves Vadnais, 23, an Airframe Tech, all lost their lives in the accident. The injured were identified as Lt Jochen Dous, 28, of Toronto. the Aircraft Commander, MCpl Robert Hersey , the Loadmaster, and MCpl Richard Phillips, the Flight Engineer.

A Hercules aircraft from CFB Edmonton brought the survivors to 3 AMU, CFB Uplands, arriving at 2155 local 17 August. The injured were loaded into ambulances and taken to Ottawa hospitals. All three crew members are in stable condition, Lt Dous and MCpl Hersey at National Defence Medical Center and MCpl Phillips at Ottawa General Hospital.

Lt Allen joined 450 Sqn in May 1981, He was originally from Brampton, Ont. and was unmarried. MCpl Deschamps, from Montreal, joined the squadron in Jan 78. He leaves behind a twelve-year-old son. Cpl Vadnais, originally from Gatineau, joined 450 Sqn in Dec 79, and leaves behind a wife and a nine-month-old son.

The Queen's Colour of Air Command

The Colour of Air Command

SACRED SYMBOLS

Above are facsimiles of Queen's and Command Colors presented July 31 by Governor-General E.R. Schreyer to Air Command in an ornate ceremony at Canadian Forces Base Winnipeg. Forerunners of colors were flags and banners flown by lords and barons as rallying points for their followers in battle in early times. Each was of a different and unmistakable hue and gained the name "colors."
The Queen's Color, possession of which is granted only by the reigning sovereign, signifies loyalty to country. Command or Unit Colors are regarded as the shrine of an organization's tradition, a memorial to the devotion and sacrifice of former members and an inspiration to current members. The elaborate Winnipeg ceremony, from 10.30 am to noon, included a 25-minute performance by the Snowbirds, the Canadian Forces air demonstration team.

NAVAL RESERVE HQ TO MOVE

QUEBEC: The Minister of National Defence, the Honorable Gilles Lamontagne announced a number of steps that the Canadian Forces will take over the next few years to enhance the presence of the Canadian Navy in the province of Quebec. Mr. Lamontagne emphasized that the moves, recommended by National Defence and Naval Headquarters, are necessary not only to ensure adequate representation of francophones in the Canadian Navy but also to ensure that those who join can continue to work in their own language and culture. The first major step evident in Quebec will be the relocation of the Naval reserve headquarters to the city of Quebec, in the summer of 1983.

The minister also noted a number of other steps which will be taken to improve the visibility of the Canadian Navy in the province of Quebec. These will include increased naval support for the Quebec Navy cadet movement and increased naval presence through additional exercises in the St. Lawrence River and more port visits in the province of Quebec. Other steps will include the introduction of training in French for navy engineering technicians at the Institut maritime at Rimouski starting in September 83, and the establishment immediately of a project team to study possible initiatives.

The project, to be headed by Navy Captain David Pollard, will coordinate the planning for the move of the Naval reserve headquarters next summer; study the possible establishment for one or more new naval reserve divisions in the province of Quebec; and, investigate the feasibility of establishing a Naval reserve training center in Quebec City sometime in the future.

The minister emphasized that these moves will have virtually no impact in Nova Scotia in terms of either reduced naval presence or DND expenditures there, but that they will have a major impact in terms of naval presence in Quebec and provide an opportunity for French speaking sailors to work and live in their own language.

In his address, on board HMCS Annapolis, currently visiting Quebec City, Mr. Lamontagne also announced that, in addition to the *one ship which presently operates in the French language, HMCS* Skeena, the Navy will soon establish a second French language ship, HMCS Algonquin.

150TH ANNIVERSARY OF THE RIDEAU CANAL

This year marks the 150th Anniversary of the opening of the Rideau Canal that was built by LCol John By, Royal Engineers. Numerous activities will be held throughout the summer at locations along the canal from Kingston to Ottawa,

The Canadian Military Engineer (CME) involvement in the anniversary includes unit and individual involvement. 3 Field Engineer Squadron (Militia) will put on a static display of CME activities while 2 Combat Engineer Regiment will tour the canal in late August by Air Portable Raft and bridging boats, putting on displays and bridge building competitions at various locations. A small canoe expedition, EX "RIDEAU RAMBLE", led by Major Zeke Blazecka and manned by Canadian and Royal Engineers will retrace the route taken by the canal siting recce party.

The dates and locations of the demonstration are as follows:

a. 24 Aug — Kingston (Royal Military College);
b. 25 Aug — Newboro (Parks Canada Lock Park);
c. 26 Aug — Smiths Falls (Locks behind Parks Canada Building);
d. 27 Aug — Merrickville (at the Parks Canada Locks); and
e. 28-29 Aug — Ottawa (Dow's Lake).

The 2 Combat Engineer Regiment display will be in four phases:

a. Phase 1 — a journey up the Rideau Canal by air portable raft;
b. Phase 2 — a road move which will involve 16 army vehicles;
c. Phase 3 — this will entail the actual set up of a troop size combat engineer camp; and
d. Phase 4 — static displays depicting the modern day field engineer.

The second part of the demonstration taking place in the early part of the evening will be the construction of two air portable bridge spans across the canal simultaneously. There will be narration to keep the public informed. The entire build will take no longer than 30 minutes.

Comments are invited and can be forwarded to MWO Duguid, OPI 150th Year Anniversary, Phone 687-5511, local 808 (CFB Petawawa).

FROM THE EDITOR

by Lt Chris Faehndrich

Do you ever wonder why many of the pictures submitted to the FALCON are never published? Let me give you a hint: "Mrs. Z. receiving her plaque . . . " — "WO C. receiving much-awaited 1st clasp to his CD . . . " — "BGen H. presents . . . ". **B-O-R-I-N-G!** It's true that a picture says a thousand words, but alas, there are exceptions, and the above captions often appear below them. It is indescribably frustrating for the FALCON staff to be forced to sift through numerous "grip-and-grins" to find an action picture. Instead of the "grip-and-grin", how about a picture of the member at work (showing why he received the award), or firing his rifle, or even patting his dog? Please spare us the "grip-and-grins" and use some imagination when submitting photos.

In the last issue we expressed our need for a deputy editor and an advertising manager. Well, someone was paying attention — welcome to Lt Shannon Smith of BSup who is now our Deputy Editor. We also wish "Bienvenue" to LCol Arsenault, the new Editor-in-Chief.

To this issue we've added a feature article on the Military Police, as well as a new column by Barry Sweeney, who is a syndicated music critic. We still lack a Feature Editor for the FALCON, so it is with deepest gratitude that we accept feature articles from enterprising individuals/sections. Human interest, remember?

Just a few words about the Military Police Article. It is no secret that the MPs are not the most beloved section on Base. They are accused of acting in an over-zealous manner at times, and are thus often under fire. However, it must be noted that the Military Police section is one of the most active on Base in supporting charitable causes. Some examples include the yearly campaign to raise money for the Blind Children's Fund and the active support of Red Cross Blood Donor Clinics. The feature article in this issue of the FALCON is just another indication of Military Police service to the CFB Ottawa community, service that is often overlooked in our false visions of MPs spending their days handing out traffic tickets.

Finally, good-bye and good luck to Capt Chris Bodner, the FALCON Business Manager, who just got posted to NDHQ and just got married, to boot! Thank you for your support and hard work.

Starting in Sept we will be publishing the FALCON every two weeks, so you may not hear from me each time. (No cheering, please!) However, I will try . . .

LETTERS TO THE EDITOR

May the following item be published in the Letters section of your fine Base newspaper once or twice:

Roll Call

All former members of (1941-1982) 403 Sqn, 403 (Hel) OTS and 403 FTTU are requested to forward addresses via card or letter to:

Lt G.L. Boyko
Administration Officer
403 (Hel) OTS
CFB Gagetown
Oromocto,
New Brunswick
E0G 2P0

Thanking you in advance for your assistance in helping us to gather birds of a feather together.

G.L. Boyko
Lieutenant
for Commanding Officer

May the following information be printed in your publication, if possible in the edition to be released around the last week of July up to Mid August:

"30th Anniversary Reunion plans are well underway at time of printing. All ex-RC Sigs apprentices and former staff of No 5 Squadron RCS of S are extended the opportunity to renew past associations at the reunion in Kingston, Ontario 17-18-19 September, 1982. Ex-apprentices, former civilian instructors and military staff are invited to contact MWO Wayne T. Marshall or Sgt Barry K. Birmingham, 3 Squadron, 1st Canadian Signal Regiment, Canadian Forces Base Kingston, Kingston, Ontario K7L 2Z2, phone (613) 545-1747."

W.T. Marshall
Publicity

FOR OUR PILOTS:

(The following was written by a fifth grade student, as a school essay.)

When I grow up I want to be a pilot because it's a fun job and easy to do. That's why there are so many pilots flying around these days. Pilots don't need much school. They just have to learn to read numbers so they can read their instruments. I guess they should be able to read a road map too.

Pilots should be brave so they won't get scared, if it's foggy and they can't see, or if a wing or motor falls off. Pilots have to have good eyes to see through clouds, and they can't be afraid of thunder or lightning because they are much closer to them than we are.

The salary pilots make is another thing I like. They make more money than they know what to do with. This is because most people think that flying a plane is dangerous, except pilots don't because they know how easy it is.

I hope I don't get air-sick because I get car-sick and if I get air-sick I couldn't be a pilot and then I would have to go to work.

(Reprinted courtesy of The Ridge, CFS Beausejour, Manitoba)

(The above has been responded to by a CFB Comox pilot.)

Geez, kid, you sure are smart for grade five. I had hardly begun to shave when I was in the fifth grade, and you can already write!

Most of the things you say need some clearin' up.

— *Pilots don't need to read numbers to check their instruments* —we have Flight Engineers to do that;

— They don't need to read road maps — that's what we carry Navigators for;

— We don't worry about weather — the Met section tells us when not to fly and the ATC's help us if we forget; and

— Wings and motors hardly ever fall off — the technicians use lots of glue.

So you see, air time is spent learning important things, like remembering which end of the opener is for bottles, and which end is for cans, and where we parked our cars after TGIF's.

You're right about the money part, but wrong about the easy stuff. It's awfully hard work remembering which button to push to avoid the electric shock and find the right switch to get the banana.

(Reprinted courtesy of The Totem Times, CFB Comox.)

The Falcon

The FALCON
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C'est à vous d'y voir

Bientôt, les occupants des logements familiaux (LF) à travers le Canada sauront s'ils savent ou non économiser l'énergie. En effet, à compter du mois de septembre, 16 000 locataires de LF recevront tous les mois une facture pour régler le combustible qu'ils auront consommé.

La décision d'instaurer un système de facturation individuelle s'inscrit dans la politique du Gouvernement fédéral suivant laquelle les occupants de logements, propriété de l'État, doivent autant que possible, être responsables de leur consommation d'énergie. Avec le système actuel de tarification globale des frais de chauffage, pratiquement rien n'encourage les locataires à économiser l'énergie.

À la suite d'une initiative semblable prise en 1978, des compteurs d'électricité ont été installés dans de nombreux LF. Résultat, la plupart des occupants règlent maintenant leur facture d'électricité directement au fournisseur.

La facturation directe ne s'appliquera pas aux postes radar, aux emplacements isolés, ni aux Forces canadiennes en Europe en raison de la difficulté de calculer la consommation, des particularités d'acheminement de l'énergie et d'autres facteurs; Dans ces endroits, les tarifs continueront à être fondés sur le taux global établi en fonction de l'indice des prix à la consommation. Le tarif des maisons en rangée avec chauffage commun continuera à être calculé globalement vue l'impossibilité de déterminer la consommation individuelle de chaque logement.

Par ailleurs, comme certains LF sont moins bien isolés que d'autres, on a mis au point une formule qui aide à calculer les économies de frais de chauffage que l'occupant aurait pu réaliser si sa maison avait été isolée de façon à satisfaire aux normes. Cette économie est ensuite déterminée annuellement, et déduite mensuellement des frais de logement fixés pour chacune des unités.

La facturation mensuelle de la consommation de combustible fait l'objet d'un article détaillé qui paraîtra dans le cinquième numéro du *Bulletin du personnel*. Les occupants des LF recevront aussi de plus amples renseignements qui leur seront communiqués au niveau de la base, afin de s'assurer que le nouveau système ne leur pose pas de difficultés avant son entrée en vigueur.

Base Drug/Alcohol Education Programme

Several pamphlets and information packages on drugs and alcohol are available to anyone on the base (military, civilian, or dependants) who would like them.
Queries can be directed to the BDEC, Capt Shacklock, at the MIR, Local 8-3314.

AA Meetings
NDMC — Alta Vista Drive — Wednesdays 8:30 pm.
CFB Uplands — Protestant Chapel — Wednesdays 8:30 pm.

Al-Anon Meetings
NDMC — Alta Vista Drive — Wednesdays 8:30 pm.

Some Facts For Discussion

1. One bottle of beer contains about the same amount of alcohol as 1½ ounces of whiskey or 4 ounces of wine. On the average, beer is considered to have 5% absolute alcohol content, wine 16% and liquor 40%.
2. Both alcohol and barbiturates act as depressants on the central nervous system; they potentiate (intensify) each other. This is also true for tranquillizers, antihistamines, and sedatives.
3. People who drink often develop a tolerance to the effects of alcohol. As tolerance develops, larger amounts of the drug are required in order to achieve the same effects. Being able to 'hold your liquor' only means you have developed a tolerance to alcohol.
4. France has for many years displayed increasingly high levels of alcohol consumption. Their 'civilized' drinking style has fully integrated alcohol use with everyday activities. The result is that now over 40% of that country's total expenditure on health care is attributable to the treatment of alcohol-related diseases, and 50% of all hospital beds are occupied by patients suffering from such diseases.
5. The use of alcohol will impair judgement and the complex motor skills utilized in driving before affecting an individual's ability to walk a straight line. Drinking coffee does not eliminate the effects of alcohol use. The best rough guide to driving after drinking must include not only a reference to the quantity of alcohol consumed, but also an indication of the time period over which the alcohol was consumed.
6. There is a considerable body of evidence linking the use of alcohol, particularly the excessive use of alochol, with various forms of violent behaviour. Concerning criminal homicides, alcohol has been shown to be a contributing factor in approximately 50% of the cases. This statistic is applicable for both the victims and the offenders. It should be noted, however, that research in this specific area is difficult and tentative since these acts are a fairly rare occurance, and are affected by personal expectations and interactions between individuals.
7. Prohibition effectively reduced the total amount of alcohol consumed in the United States. Alcohol-related deaths and illnesses are directly related to the total amount of alcohol consumed in a population.
8. Of all traffic accidents involving alcohol, the proportion contributed by 18-21 year olds has increased greatly since the lowering of the legal drinking age. Generally speaking, alcohol is a factor in 50% of all traffic fatalities, 10% of personal injury accidents, and 2% of property damage accidents.
9. Alcohol, as well as acting on the nervous system, also has a role as a foodstuff. While, it contains no vitamins, minerals or amino acids, alcohol is burned in the liver yielding energy which the human body may utilize. Being a concentrated source of energy, alcohol is a calorie-rich food. People who drink often and hence reduce their calorie intake from other foods risk medical problems associated with vitamin deficiencies.

ODDS 'N SODS

YOURS — JUST ASK

Got a question for the Canadian Cultural Property Review Board? Need the services of the Central Divorce Registry? Interested in the latest sea ice forecast? If so, join the thousands who've learned to let their fingers do the walking through the phone directory's blue pages.

The blue pages list services and programs at all three levels of government. They're part of a country-wide effort to dispel government's "impersonal and distant" image, undertaken by the Task Force on Service to the Public.

Since 1979, the task force has worked with federal government departments and agencies to create a variety of referral services. Besides the blue pages, Canadians living outside major urban centres can dial toll-free to receive information on government programs. In some areas, callers can find out whether the service they need is provided at the municipal, provincial or federal level and what office handles it — all in one call.

For those who prefer to deal face to face, the task force has created the Canada Service Bureau. Branches are located in shopping centres and government buildings in 14 large cities. In addition, itinerant bureaus, operating like mobile libraries, regularly visit nearly 90 communities across the country.

Each bureau is staffed to answer general questions. Visitors with more complicated queries are put in direct contact with the different departments they need.

The bureaus are also stocked with publications, government applications, (including passport applications) and Telidon terminals that offer access to CanTel, the Government of Canada Information Bank. Telidon is the videotex system developed by the Canadian government. Said to be the largest government videotex database in the world, CanTel contains close to 50,000 pages of information in both official languages.

Using a modified television set, users can operate the keypad themselves to obtain information. New information is continually added to the databank in response to public demand.

The 1982 Index to Programs and Services is available on CanTel and in printed form as well. The index identifies the department responsible for a particular service or program and the address of its closest office. Divided into two parts, the index provides a subject listing that allows users to find bankruptcy under "B" without having to know that the Department of Consumer and Corporate Affairs is responsible for bankruptcy legislation. The index also refers users to programs and services by government department,

Through telephone, Telidon face to face service and a published directory, the Task Force on Service to the Public is trying to make government more accessible to Canadians. The services are yours for the asking.

The Bearskin Cap

Every year thousands of people see the Changing the Guard ceremony and exclaim or puzzle over the furry headdress worn by those on parade. There are countless apocryphal stories about their weight (six lbs according to The Ottawa Journal), their composition (patriotic beaver pelts!) and their purpose (a warm cover in Canada's cold).

Well, imaginative tour guides and mischievous guardsmen aside, here are the FACTS. The bearskin cap is, appropriately enough, made of bearskin sewn over a wicker frame and weighs a mere 750 grams, or 1½ lbs. Approximately 2 bears are used for every 3 caps and they should last about 15 years. The caps worn by all non-commissioned ranks are made from the fur of male bears while Officer's caps, which are 2 inches taller, are made from female fur which is longer and softer. The next question that usually pops into perspiring people's minds on a sweltering July morning is "Why would *anyone* wear a fur hat in *this* weather?" One must go back a few years to 1831 when the bearskin was adopted by the then 3 Guards regiments in the British Army. Before this date the bearskin had been worn by the Grenadier company of each battalion but as special reward for their victory over the Grenadiers of the Imperial Guard (who wore a bearskin headdress) at Waterloo, all ranks of the Grenadier, Coldstream and Scots Fusilier Guards adopted the bearskin cap. The Governor General's Foot Guards and the Canadian Grenadier Guards have worn the bearskin since 1872 and 1912 respectively and because these two regiments each send a company to the Ceremonial Guard every year tourists are still able to speculate on their impressive hats.

One can identify the regiment by the plumes worn on the left side, the Governor General's Foot Guards wearing a red one and the Canadian Grenadier Guards a white one.

So the next time you take visitors to Parliament Hill or Government House to "see the Guards" don't let them guess, tell them the facts.

NO CROCODILE TEARS

There will be no more crocodile tears for two male gavials from the Reptile Breeding Foundation near Picton, Ont., thanks to the Canadian Forces.

The two-metre long crocodilians, between 12 and 14 years old, were flown on a CF training flight from CFB Trenton to Atlanta, Georgia to "mate the g(avi)als of their dreams" and live happily every after.

The "gals" are two gavials at the Atlanta Zoo. Along with their counterparts from Picton, they are the only members of their ilk in North America.

Gavials rank among the rarest creatures in the world. There are only a small number of the slender-snouted reptiles in captivity and almost as few live in the wild of their native India.

The Forces transported the gavials at the request of the reptile foundation, a privately funded organization dedicated to the propagation of reptiles in danger of extinction.

436 Transport Squadron had already scheduled a training flight in the high density air traffic area of Atlanta when the request arrived. So it was no trouble to include the crocodilian cargo.

Capt Larry Nuttall, who piloted the *Hercules* which carried the crated gavials to their rendezvous, said the transfer occurred without a hitch. "Strapped in their bunk, the gavials seemed to sleep most of the way to Atlanta, taking time out for a box lunch," he said. "A couple of female flight crew members whispered sweet nothings in their ears to keep them calm during the trip.

"All in all, our exotic passengers were extremely well-behaved and they arrived at their destination safe and sound," he added.

This will be the first time that any of the four gavials have had contact with one of their own kind, let alone with a gavial of the opposite sex. Until now they've been confined in separate enclosures because of the lack of larger accommodation and difficulty in predicting how they will behave.

Thomas Huff, who operates the Picton farm, says his gavials communicate by "barking". However, officials at the Atlanta Zoo claim they've never heard their females bark, so it may be a uniquely male characteristic.

The long-awaited breeding is expected to take at least a year. But that's not long considering that Mr. Huff has been trying to find their match for close to six years.

With any luck, the loan to Atlanta will be successful and the Picton gavials will become proud fathers. The parents would then remain in Atlanta, while half the little ones would come to Picton.

Mr. Huff was delighted with the role of the Forces in bringing the crocodilians together. "The people from Trenton were extremely helpful," he said. "I was actually quite surprised that things worked out so well."

A commercial airline had volunteered to transport the gavials free of charge. But it would have meant a longer trip and more stress for the reptiles, Mr. Huff said.

Little is known about gavials. They may grow as long as a limousine over a 60-year lifespan. Their jaws are slender and delicate enough to be easily broken. They eat fish exclusively in the wild and they are totally non-agressive towards man.

According to Mr. Huff, it's difficult to determine a gavial's sex and that's one of the reasons it took so long to arrange a mating.

"It took us four years to sex our gavials and then the search was on for females," he said. Atlanta had the same problem, considering one of the females to be a male for some time.

Hopefully the boys are boys and the girls are girls. Then, perhaps a CF *Hercules* will return from Atlanta someday, carrying a gaggle of gavials.

Larry Sweeney

music reviews and syndicated columnist

Susan Jacks Forever

At the time that Susan Jacks returned to chart wars with her single "All The Tea In China" from her "Ghosts" album, I felt that the record buying public had seen the return of one of Canada's foremost entertainers.

Her latest album "Forever" is received with mixed feelings. On the positive side, I'm glad to see Susan back and competing but, on the negative side the choice of songs in this album falls far short.

The lead-off track "Baby I'm Yours" has been recorded so many times and when an artist records a well known tune, they should have something special to offer on that particular song. Susan's vocal offerings are good but certainly not unique. On "Play My Favourite Song" the vocals are too often covered by the music. The way the instrumentation is laid out a singer would require a sharper voice than Ms. Jacks whose vocals are extremely mellow.

The rendition of "It Takes Two", presumably with producer Tom Lavin is one of the highlights but that is quickly forgotten by the workout on "You Don't Have To Say You Love Me". "Drown In The Flood" is one of the rare high points here. Regrettably there are not enough high points in this album to bring it home to the winner's circle.

VARIOUS ARTISTS — DUKES OF HAZZARD

Here's an album that is probably not even able to cash in on all of the publicity that the Dukes of Hazzard generate. With too many narrations by Sorrell Booke, "Good Ol' Boys" not being performed by Waylon Jennings and the overall concept of the album, there are very few highlights here.

One of the very few is Johnny Cash's rendition of "The General Lee" and John Schneider's "In The Driver's Seat" which incidentally is available on his "Quiet Man" album. My overall impression here is you've gotta be joking.

JOHNNY PAYCHECK — LOVERS & LOSERS

Johnny (Take This Job & Shove It) Paycheck has returned with his "Lovers & Losers" (Epic FE 37933) set. This time around Johnny is going the thematic route on two subjects which in some cases are interchangeable.

"The Highlight Of '81" with its retrospective look at the past year is one of the top tracks here. Others include "Award To An Angel", "Loser Of The Year" and "You're The Only Song I Sing Today". Who else but Paycheck could include a title like "She Got The Gold Mine (I Got The Shaft)". Even looks like John has shucked his previous 'outlaw' image.

If you are suddenly without a bank . . .

One of our competitor banks is closing its branch at C.F.B. Uplands.

If you are a customer of that branch you can minimize your inconvenience by transferring your account(s) to our branch of The Bank of Nova Scotia.

All you have to do is come in and ask us. We'll make all arrangements for you . . . you don't even have to go into your old branch. At the same time, we'll outline our services and you can select those that can be useful to you.

We're closed Mondays, but open Saturday morning.

We look forward to serving you.

The Bank of Nova Scotia
McCarthy Road & Paul Anka Drive
(Hunt Club Centre)
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Ottawa, Ontario
K1V 9S1

Telephone — 523-7750

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UNIT NEWS

Base Maintenance Land

As the summer months come to an end, Base Maintenance Land has survived another two months of hard work. One always celebrates birthdays and BML was no exception. LORE Birthday Celebrations started at Dow's Lake at the Annual LORE Sports Day. Barbeque steaks and refreshments were the order of the day with competitions in Horseshoes, Lawn Darts and Volleyball. There was no question in horse shoes as the team of Lt Kobylansky and WO Byers captured the first place trophy. Jack Scharf and Joe Coughlin managed to squeak by in Lawn darts, while the Jr NCO's fluked-in at Volleyball.

No one could recognize it but, yes it was Hangar 5. Within a few days, this old war time hangar was turned into a bright and shiney discotheque. Streamers, mirror balls, and a beautiful constructed LORE Stage, all was set for LORE BIRTHDAY CELEBRATIONS. LORE personnel from NDHQ, LETE and other surrounding areas were invited to help celebrate this joyous occasion. MGen Creber and BGen Screaton were some of the guests from downtown who came out to show their support. The hard working committee lead by MWO Howie Walsh must be thanked for all their efforts. It was a show of teamwork as everyone in Base Maintenance was involved in one way or another. Jimmy Knox and the Group provided the sensational entertainment. (As the baseball team reflected over their 7-6 victory against DGLEM one can only foresee more support and a larger celebration in the years to come.)

The Annual BML Family Picnic took place this year at Taylor Provincial Park. Games for all ages and even pony rides kept everyone amused and occupied. Thanks goes out to Sgt Bob Hooper's son who walked the ponies around in circles and circles. One must mention the young daughter of WO Brian Cook who managed to walk away with most of the ribbons.

A final farewell to a few members from BML took place at the Combined Mess at CFS Leitrim. Sgt Zinck, Sgt Griffiths and Sgt Boone are all off to Winnipeg, Shilo and Germany respectively. Thanks goes out to CWO Moore at Leitrim whose great hospitality was appreciated by all attendants. As we look forward to the next official function, hopefully at Leitrim, we can only wish for no baseball game to be scheduled afterwards.

Others leaving the great haven of Ottawa are Cpl Duncan, Pte Fraser both going to Germany, and Pte Pocknell and Pte Vjestica who are off to Petawawa and Kingston. All bad news comes with good news however, and we are happy to welcome a number of new members to BML. Sgt Kilbride, MCpl Imeson, MCpl Oleinikow, Cpl Coleman, Cpl Plain and Pte Millar have joined us from places as far away as Germany and as close to as LETE. WELCOME.

What more can be said about the Base Maintenance Land Baseball team. For the past three months these hard working, dedicated individuals have enjoyed a game of baseball and a nice cold smooth Golden. After a shaky start, the team gained a new spark with the acquisition of new baseball uniforms. The LORE colours shone each time BML took the field and within a few games triumphed in championship style with a convincing 19-8 victory over CFS Carp. It was a moment of glory as Coach WO Fred Byers bowed his head to thank his team of ball players for saving his job. Rumors had it WO Denis Sirois was ready to step in. Until next year, one can only remember the fun and good times had by all.

A few members of BML have fallen to the wolves again as Pte Don Currier decided to pack his bags and get married, while on the other hand MCpl Dahr decided nine months ago to have an addition to his family — a little baby boy.

One cannot forget the grand opening of the newly designed, built and modified Body and Paint Office in Hangar 4. Sgt John Baldwin's personal project was finally completed in early June with the installation of office lights by CE, (believe it or not). Champagne popped as Maj John Watts officially cut the ribbon of the spanking clean office (not until Linda Lee got into the confetti). All members of Hangar 4 must be thanked for the work put into this very high priority self-help project.

It sure has been a very interesting and enjoyable summer. One can only hope for the final few weeks of the summer to be as safe as the previous ones. Using common sense and driving carefully will help us all meet again for the upcoming autumn months.

Base Supply News

Throughout the duration of the summer months, Customer Services has had quite a turnover of staff, with the influx of many new faces on-site and several members of our staff departing. Firstly, we would like to say farewell to Cpl Martine Bedard who came to SCO-3 in May as a private and was shortly thereafter promoted to the rank of corporal. Martine worked in numerous areas while at Customer Services such as Vetting, Inquiries, Work Orders and Projects, and since then has gone to NDHQ/DMATA where we are sure she will continue to excel — adieu Martine! Cpl Brian Crawford, who was one of our few and remaining males in the section, arrived in August of '79 working in LPO until August of '81 when he came to SCO-3 to work on Violations. Brian's cheerful yet unpredictable sense of humour (and calendar?!!) has certainly been missed by all since his departure to 6NS Clothing in MCO-5. We wish you well Brian!

New arrivals to Customer Services have been numerous over the last couple of months and SCO-3 would like to take this opportunity to welcome a few of its more recent additions to the team. Coming to us from NDHQ/DPCOR and looking after Customer Accounts is MCpl Glady Chalk. From NDHQ/DMATA is MCpl Annette Lejeune who is currently taking care of Vetting, Work Orders and Inquiries directed to Customer Services. Our most recent arrival to SCO-3 has been MCpl Marion Shotton who is currently working on Violations. Marion and her family have just completed a two year tour at CFB Esquimalt and have returned to CFB Ottawa where she previously worked in Avionics. We welcome each and everyone of you to Customer Services and hope your stay with us will be an enjoyable one.

In LPO, a few changes have taken place since the last report. First of all, we would like to welcome Sgt Jack Patterson who has come to the Petty Cash Section from CE Supply, Hangar 2. Another new face in LPO is Pte(W) Pauer. Formerly employed at Clothing Stores, Daphne will be working at the Ration Desk. Welcome also to Pte Yvan Fortin who will be one of our buyers. We hope all 3 of you will enjoy your stay in the section. Farewell to Cpl Tim Alberts who has left for a 6 month posting in the Golan Heights. He certainly picked an exciting time to visit the Middle East! Best of luck to you Tim, and we'll look forward to seeing you back here in the Spring.

MCO-2 would like to welcome 3 new arrivals to the section. MCpl(W) Fraser, who arrived from CFB Shilo, Man., is the new Ammo Tech. She has replaced MCpl Mike Beauchemin who has left for CFB Calgary. MCpl(W) Morse and Cpl(W) Mason, both formerly employed at NDHQ, are now working at 6NQ. Best wishes to you all in your new job. In addition, congratulations are in order for MCpl(W) Morse as she just received her latest promotion upon her arrival here.

At Mapping and Charting downtown, Cpl Ron Millar has replaced Cpl(W) Girard as Supply Tech. Cpl Girard is now employed at NDHQ working on the new Fighter Aircraft Program. Based on her performance at MCE, we all know her new section is gaining a valuable employee. Best of luck in the future, Jackie — and don't forget to visit your friends back at base. To Cpl Millar, formerly of SCO, welcome to your new job. We hope you enjoy your stay at MCE.

Welcome is extended to Mr. Gerry Lobbe who will be replacing Mr Blanchard at LETE Tool Crib NRC for a period of time.

Over in Hull at QETE Supply, Pte Husereau has taken over from Cpl Diane Beauchemin upon her posting to CFB Calgary. Best of luck to you out West, Diane and to you in your new job, Serge.

CE Supply in Hangar 2 wishes to welcome its 2 most recent arrivals— Sgt Gerry Caldwell, the new section supervisor and Pte Steve Dick who will be working in the warehouse. Congratulations are extended to MCpl Frank McNab (MSA and Rations) and his wife, who are the proud parents of a bouncing baby boy. Farewell to Mrs. Kay McCoy who has been transferred to LETE. We are all sad to see you go, Kay. Come back and see us soon! Replacing Kay at the SDA is Sandra Reaney. Welcome to Hangar 2, Sandra. We hope you enjoy your stay with us. Despite the singing of "Don't Fence Me In" in Hangar 2, the insulation project is almost finished. Now the staff is thinking of installing sun lamps in order to keep their summer tans!

The biggest news from 3 Hangar lately has been the upcoming change in SCWO's. CWO "Charlie" Murphy is leaving Base Supply in early September to go to Air Command HQ in Winnipeg. Taking his place is a familiar face to some of us, CWO Walker. Although Chief Murphy has only been with us a short while, we have learned a great deal from him and we will miss his presence very much. Best wishes to you Chief — from *all* of Base Supply.

Welcome to MCpl Gail Boone who has come to us from Penhold and is now employed in the Management Services Section. Congratulations to Cpl Robert Danis, promoted to that rank effective 6 Aug 82.

Get well wishes from all of Base Supply are sent out to Pte Sue Cossette who was recently injured in a bicycle accident. We hope to see you back at work soon.

Speaking of injuries, MCpl Jim Mason would like to thank the fine people at the Supply picnic who made his 2 week leave such a memorable time.

We were fortunate in having exceptional weather for our annual summer picnic. A good crowd was on hand and the event was enjoyed by all. CWO Murphy used his influence to win $100 through the 50/50 Draw. This money will certainly come in handy when our beloved chief hits the road for Air Command. A lob ball tournament is "in the works" for the month of September.

At this time, Base Supply would like to honour Cpl Marcel St Denis who, after more than 32 years in the Service, retired in April of this year. Cpl St Denis began his colourful military career in Nov 1949 with the Black Watch, serving in both Valcartier and Montreal. In Nov of 1950, he was off to Korea for 2½ years. Upon his return, Cpl St Denis joined the Royal Canadian Ordinance Corps and with them was stationed in Montreal, Germany, Calgary, Egypt and Ste Therese. In April of 1972, Cpl St Denis arrived in Uplands. During his stay at the base, he has worked in Repair & Disposal and in POL. After his many years of dedicated service, Cpl St Denis has since retired to work on his farm in the Ottawa area. From all of his friends and co-workers at Base Supply, best wishes are extended to him in his future endeavours.

THE VIP SQUADRON

Well here it is — summer is almost over — school is just about to begin. I hope your summer has been a safe, happy and healthy one.

The postings are still rolling in and out. Posted in is Captain J.J. Pechberty, a COSMO Pilot, who will join us on 30 Dec. from Moose Jaw. Also joining us will be Cpl A.E. Barkley and Cpl W.J. Rivett, two Falcon FE's, who will be here on 25 Mar. 83, after completion of the Falcon FE's course in Trenton. May I say welcome aboard to our future squadron members.

Posted out is our Falcon FE leader, Sgt Rudy Levecque who leaves us to head downtown to DPIS and his Mahogany Bomber on 31 Aug. 82. Posted out of our LAHR Det is Sgt Jim Abbott, who proceeds to 2 AMU in Trenton 16 Aug. 82. Bon Voyage, it was a pleasure having you aboard.

Sgt John Adams, a 412 Sqn FLT Steward will be proceeding on his TQ 6A cook course in Borden from 12 Oct. to 26 Nov. Good Luck John.

The squadron recently had two well deserved promotions. Promoted to Sgt was Bob Millar a FLT Steward and Gaetan Chasles a COSMO Loadmaster. St Millar's was effective 30 Jun. and Sgt Chasles was effective 02 Aug. Congratulations to you both.

For our CDLS Washington reader, beware. Our Falcon FLT Commander Major Griffis is lurking in your area. You will know that he is near when you get a wiff of his heavenly after shave. Capt Dowsett is presently trying for the position of Sqn S.E.X. Officer in Major Griffis' absence. Also Mike Champion has not travelled on a COSMO since his summerside adventure.

The Commander of Air Command, LGen Lewis paid a surprise visit to the squadron on 09 Aug. He attended our "Morning Prayers", toured the squadron and was briefed by our CO, LCol Landry on our Squadron operations. It was a pleasure having you visit Sir!

The squadron would like to encourage participation (I.E. donations) to our squadron PIG for the Jerry Lewis Telethon. Don't forget your extra change after your claims are paid. "The kids" would really appreciate it!

Well, I have rambled on long enough. Til next time then, Tailwinds Always.

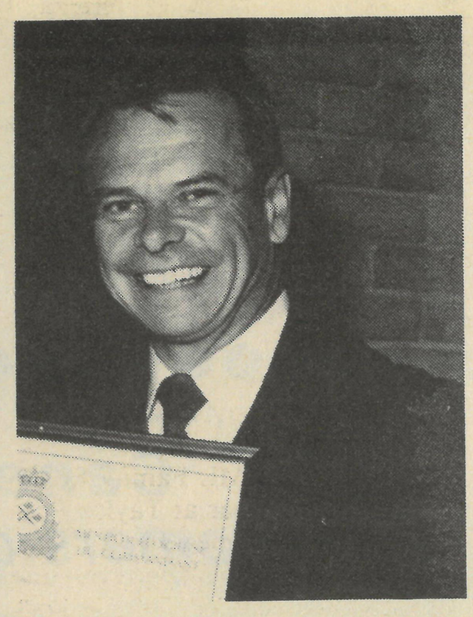
NDHQ Toastmasters Club Receives Charter

Guests seated L to R: Pauline Aboud, Col. R.O. Boucher, Art Mikel, Burt Harper. Charter members standing Front row L to R: Odette Leroux, James Fong, LCdr Floyd Boettger, Stu Higdon, Ali Radmanesh, Bill Doering, Maj Martin Hankes-Drielsma. Back row L to R: Larry Cassie, Allan Hawkins, Dave Castleman, Cpl Adam Frisch, John Sones, MCpl Dave Smith, Maj Andre Powers, Irwin Hamm. Absent: Capt. Ron Thomspon, Maj Dave Hyman, Patricia Rutt, Maureen Raymond, Peter Nelson.

764 COMMENTARY

By R.L. Snow

MAJOR JOSEPH ARTHUR STEVENS, CD, assumed the command of 764 Communication Squadron 4 Aug. 1982, from MAJOR MIKE CHARRON, CD, who is posted to AIR COMMAND. HQ Winnipeg as senior staff officer Communication and Electronics with promotion to Lieutenant Colonel . . . MAJOR STEVENS enrolled in the Canadian Forces in August 1969, under the Regular Officer Training Plan. He completed four years at the Royal Military College of Canada, Kingston, Ontario, graduating in May 1973 with the degree of Bachelor of Engineering in Engineering Physics. Upon graduation, Major Stevens was posted to 2 Combat Group Headquarters and Signal Squadron in Petawawa, where he served in a variety of appointments until December 1975. During this period, he completed a tour with 73 Canadian Signal Unit as part of the United Nations Emergency Force in Egypt from February to August 1974. Major Stevens was posted to the 3rd Battalion, The Royal Canadian Regiment as the Battalion Signal Officer in December 1975. He accompanied the unit to Cyprus from September 1976 to April 1977. In July 1977, he was posted to the Canadian Forces School of Communications and Electronics Engineering in Kingston, Ontario, where he served the next two years as an instructor in the Officer Training Squadron. In August 1979, he was posted back to CFB Petawawa to Headquarters Special Service Force in the appointment of SO3 Personnel. In April 1980, he completed the CELE Land Advanced Course at CFSCEE Kingston. Upon promotion to the rank of Major in July 1980, Major Stevens moved to Headquarters CFB Petawawa as the SO2 Personnel Administration. He completed the Canadian Land Forces Staff Course at Fort Frontenac, Kingston, in May 1981 . . . 764 Commsqn Welcomes our new CO Major Stevens, his wife Bonita, and children Aileen, Kevin and Graham. Other changes in 764: We find CWO BILL WHALEN to CFS, COMMFAC NDHQ . . . WO BRIAN BEAZLEY, Supt, COMMFAC LOGCON . . . WO DAVE LEE, Supt, COMMFAC LESPLANADE . . . LT HARVEY BROST, A/OPSO . . . MWO FRANK BARRETT, CRS1, COMMFAC NDHQ . . . SGT PETE GILAROWSKI, Trg Coord . . . WO BUD KIRKPATRICK, SWO (SSM) . . . WO ROBERT McINTYRE, NCO IC OF COFFEE (UMO SHOP) . . . WO GEO BROWN, CDWO2, COMMFAC NDHQ . . . WO CLYDE SHARPE, CDWO1, COMMFAC NDHQ . . . WO CHET MOORE, FCC . . . SGT GARY DOWD, NDOC . . . SGT VICKI BOONE, to COMMFAC CFB (S) (To keep RL in line) . . . WO J.L. CHAMPAGNE, OPS COORD . . . I was asked to say something good about the 764 ball team, so here goes "GOOD brief" . . . "It's GOOD to see the end of the season" . . . "It's GOOD they were not on TV" . . . "it's GOOD they were not on TV" . . . and "I hope they have a GOOD end of season party" . . . CU.



Colonel Al Keddy, formerly the chief of staff of Communication Command HQ, has been commended by the commander of CFCC, Brigadier-General George Simpson, for "loyal and dedicated service to Communication Command during his tour as Chief of Staff." Colonel Keddy was presented his certificate at a luncheon July 28 held for departing members of the command headquarters. He formally retires from the Canadian Forces Dec. 2 after 30 years of service. He and his wife Gail will continue to reside in Ottawa.

BASE OPS NEWS

by Penny Brown

The ATC Section has a number of new personnel to welcome to the Section: First, MCpl Margaret Backlund to the ranks of the Radar Controllers across the way. Margaret arrived in Ottawa 7 June a single lady and as of 11 July is an engaged woman. Congratulations, Margaret. The 21st of June saw a new person at the B-Stands desk in Base Ops, Pte Tim Kelly a recent remuster to our trade. Hope you enjoy your ATC Tour in Ottawa, Tim. A familiar face is next on the list; MWO Ken Currie, who departed Ottawa in July 80 for CFS Goose Bay, has returned to CFB Ottawa as Senior Radar Controller. MWO Currie is presently filling the Air Traffic Warrant Officer's slot awaiting the arrival of MWO J. Dombowski on the 23rd of Aug. Next is MCpl Roger Dakin also a Radar Controller. Good Luck with the home hunting Roger.

The Ops Branch extends a warm welcome to all, but when welcoming we must also say ADIEU to some personnel; a Section BBQ was held on 18 July to wish a BON VOYAGE to MWO Doug Adams, MCpl Don McKellar, Cpl Paul Seymour and OCdt Lois Cloarec.

MWO Doug Adams has gone west as other young men have and like them is not exactly sure of what he's got himself into. We hope to see MWO Adams soon on Standards & Training Lists. Enjoy Winnipeg Warrant. MCpl Don McKellar and wife depart 29 August for Baden. Good Luck Don and Marie. Cpl Paul Seymour has joined the Radar Maintenance Section in Kingston and has hopes of becoming a TQ-5 instructor there. OCdt Lois Cloarec will be commencing a 2 year programme at the Royal Military College in Kingston for an Arts Degree. Lois and Major Bobby-Joe Hart became engaged on 13 June. Section best wishes in your new life, Lois.

Our B-Stands have had a busy Spring; Cpl Jim Rogers went on TD from 24 April till 1st of May and Pte Cheryl McClintock from the 4th of June till 11th of June. Both were involved in Exercise WAINCON 82 in Wainwright, Alberta. WELL DONE! Pte Pete Gauthier has been on numerous trips with the CFB Ottawa Pipes & Drums but unfortunately Pete has had to slow down a bit since he tripped over home plate in an intersection Baseball game and broke his ankle. Tough luck, Pte and happy mendings. By printing time, the Far side of the Section **should** be finished with their "different" shift schedule which resulted because of the runway construction and be pretty well back to normal. Be good to get back to work, eh, guys.

Pte Hoover Bandrei of the Radar TECH Shop will be going to Kingston 8 September till 20 October for his Tacan Course. Good Luck on the course, Hoover. MCpl Richard Millar's wife, Lorraine, is recovering from recent surgery and is doing well. Warm wishes from all on a speedy recovery, Lorraine.

In the pulse of the OPS Branch is a new Senior OPs Officer. Welcome to Captain Gordan McLaren, replacement to Captain Sam Allingham, who is presently enjoying civy street.

The last section to be covered is MET. Unfortunately nothing is new with them except the computer, which is Sgt Al Low's replacement is still non-operational and the Section is doing well.

That's all the news and enjoy the summer. Remember there's still two weeks left. ENJOY! !

BAMEO

by Frank Ivers

Once more an article has been written for the Falcon after a long absence. This was due to lack of information from all the other sections in the BAMEO organization and laziness on my part. Writing an article for the Falcon should be a joint venture and we should all try and get together and supply some information no matter what it might be. So if we all pitch in then maybe there will be an article in all the following papers.

Way back in June there was a BAMEO Golf Tournament and there were approximately 60 participants. A good time was had by all according to some of the pictures that were taken. For those who wish to see some of these pictures please contact the ARO at his convenience. A special Thanks goes out to Sgt Schwemler and his staff who organized and co-ordinated the tournament. There were plenty of wonderful prizes handed out. The LOW NET winners were; JACK THERIAULT, GORD MARTIN, MARIO STRASBOURG, MICHEAL PETIT PAS, REAL FERLAND, ROD McCAULEY, BUNNY LAROUQUE, GORD DEPSER, TERRY McRAE, & FRANK AVERY. The LOW GROSS winners were; LES WALDRON, BERT GRAHAM, JOHN BRAUNER, NEIL DENNY, SHEP SHEPARD, JACK ROBILLARD, SHORTY CLEROUX, RICK LACELLE, RICK LOVELACE, & BOB BERKOVICH. The names mentioned above were the top ten winners in each category. Here is a bit more information concerning the tournament: Longest Drive by Don Philips, Closest to Pin by Fred Crocker, Shortest Drive No. 1 by Ben Brash, and the Most Honest Golfer was Paul Groulx. For those who are interested there will be a BAMEO CLOSING GOLF TOURNAMENT to be held on the 2nd Sept. 82, so come on out and enjoy yourself.

Some more information: there will be a BAMEO Car Rally/Cornboil/Family Day, Sat. 18th, Sept. 82. Keep your eyes and ears open for more info on this event.

Once agan Hgr No. 14 is in a turmoil and it should get sorted out soon after all the changes have been made. On the lighter side we have Pte Gaudreau & Cpl Roger in AMSE, plus M/Cpl Drolet who has arrived from Bagotville.

Now for some of the big changes, and they are — Sgt Rankin who is leaving BAMEO for Rockcliffe and Sgt Zicat who is going over to AMSE. ALL the best to Sgt Rankin on his departure and be sure to enjoy yourself at your new job, Andy. M/Cpl White is leaving ASO and heading for a desk job, he will be taking Sgt Zicat's place. Hope that you will also enjoy your new job George.

In the past little while we have had a few promotions and they are M/Cpl Pruner, M/Cpl Gower, Sgt Zicat, Sgt Little, and Cpl Larry Walsh. There may have been a few more but my source of information is limited. So if you know of anyone else that has been promoted recently then please let me know and it will be mentioned in the next paper.

Another section that has quite a few new faces is Workshops. Although some of these people have been with us for some time they are still worth a mention. M/Cpl Giguere from Borden (MTL), Cpl Courchesne from Comox (MTL), Cpl Foster from Europe (MTL), Cpl Burke from Borden (MTL), Pte Sheppard from Borden (Mach), and Pte Beaulne from Cornwallis (Mach), if anyone has been left out then I would appreciate being told. Welcome to all these new faces.

There are also a few new faces in Sgt Martin's section. They are Cpl Pattenaude from Esquimalt and Cpl Viau from Cold Lake. Hope you enjoy your new section.

A while back a Luncheon was held in honor of Jack Theriault and it was very impressive. Jack received some wonderful gifts. Among the guests at the Head table was BGen Bell, our past Base Commander. At this time I am at a loss for words and I think that I will say just what comes to my head. When I retire, I just hope that someone does the same for me, as I thought that it was a wonderful Luncheon and Jack did have some very important guests and friends with him. All in all it was a gathering of friends and all had a good time.

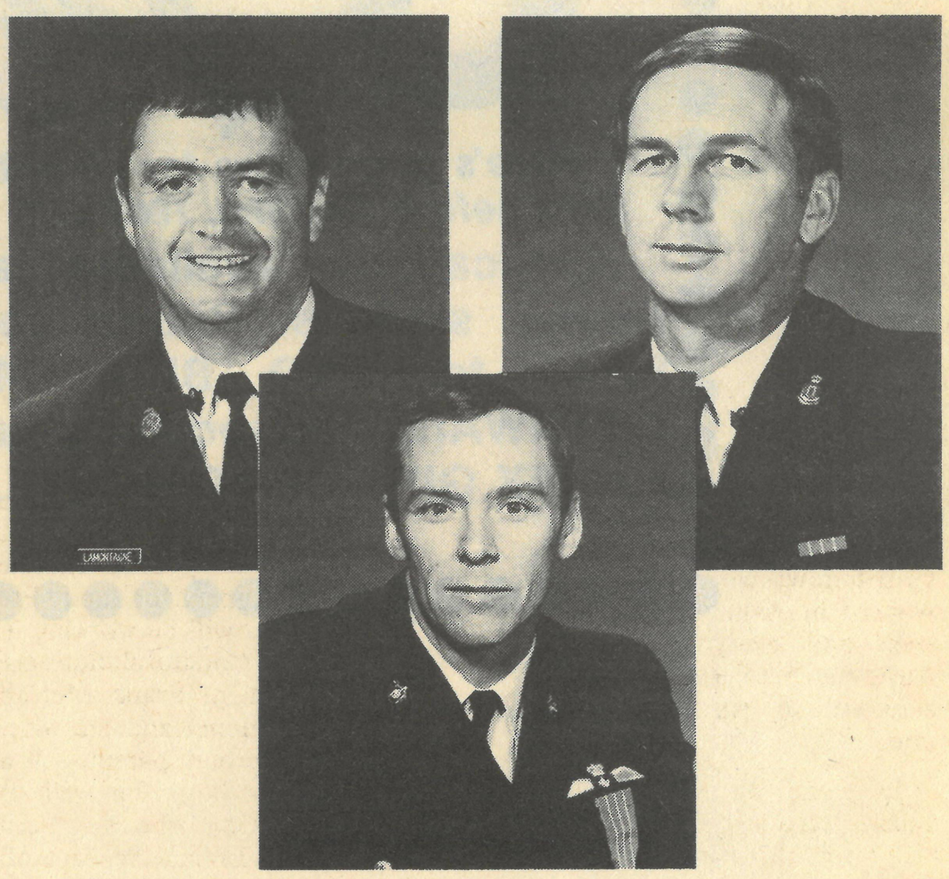
A few more moves were made recently and some of them are: Sgt MacLean has left 450 Sqn for IE Labs; M/Cpl Hrynyk has left ASO for ARO. The following have come to BAMEO from other places! Sgt Rensby is now with ASO after leaving St. Hubert a second time, M/Cpl Ripley (SST) has arrived from Gagetown, M/Cpl Thompson (AFT) is with ARO, he comes from Borden. Welcome to all these people and we hope that your stay here will be a happy one.

Now for some information that is not always welcome but you people out there always seem to look for it. Scott has finally gone and got married, congratulations to Louise and Scott. Hope you both enjoyed the past three weeks. Pte Lechasseur is trying her best to become a Flight Attendant and everyone in AMCRO is rooting for her wish to come true. Ray is banging away at the computer these days, hopefully the machine doesn't get too damaged. Lt Dixon has changed places with Lt Petit Pas and they are slowly getting used to their new desks. Who received a strange phone call the other day in the Orderly Room? Paul Groulx has left for Toronto and John Durran has left for Winnipeg, just some of the faces that we won't be seeing around here. Let us hope that some of you out there are visiting Maggie while she is stuck in the Hospital. Visitors are always welcome in that place. The popular thing to do now-a-days is to have a cast of some kind or other on your person. If there is no article in the next paper then come and visit me in the hospital, for after writing this paragraph some one may just put me there.

Promotions

New Rank	Name	Unit	Effective
Sgt	Lee T.P.	MCE	07 Jun. 82
WO	McKibbon W.E.	MCE	24 Jun. 82
MWO	Mokken M.J.	MCE	28 Jun. 82
Sgt	Smirnov D.	MCE	01 Jun. 82
Sgt	Thibeault G.J.C.	MCE	01 Jun. 82
Sgt	Trudel J.J.Y.	MCE	01 Jun. 82

BASE COMMANDER'S AWARDS



Base Commander's Outstanding Achievement Awards were presented to the following personnel on the 28th May, 82 at a reception held in CFB Ottawa(S) Officers' Mess. Left to right: Sgt J.G, Lamontagne in recognition of his dedication to service and his exemplary performance in support of the Ottawa Economic Summit, First Ministers' Conference and the Royal Visit 82. Sgt J.E. Sole in recognition of his exemplary leadership and devotion to the Base's Physical Fitness and Recreation Programme, and Maj J.R.C. Hart in recognition of his exceptional contribution to the Operations of CFB Ottawa and his dedication and extreme loyalty to the CAF as well as his unselfish efforts in support of handicapped persons in Ontario.

EX

SAVE on Home Heating Oil!

For Canex authorized customers only...

18¢ A gallon LESS!

3.96 cpl

Effective immediately, and for the duration of the 1982/83 Home Heating season, you will receive...

8¢ Per gallon off regular oil price!
1.76 cpl

Plus

10¢ A gallon Canex dividend at the end of the season
2.20 CPL

Here's good news for all authorized members who join our Home Heating Oil Plan before Oct 31st, 1982...

Applications available at both service stations. Return completed forms to: BXO BLG. 347 CFB OTTAWA(s) and receive your $10.00 CANEX GIFT CERTIFICATE.

Pour clients autorisés des Économats seulement...

RABAIS sur l'huile à chauffage domestique!

18¢ Le gallon de MOINS!

3.96 CLL

Dès maintenant, et pendant toute la durée de la saison de chauffage domestique 1982-83, vous obtenez...

8¢ Le gallon de rabais sur le prix courant de l'huile *1.76* CLL

plus

10¢ Le gallon en dividende des Économats à la fin de la saison 2.20 CLL

Voici une bonne nouvelle pour tous les membres autorisés qui adhèreront au programme d'huile à chauffage domestique avant le 31 octobre 1982...

Formules de demande disponibles aux deux stations-service. Retournez les formules dûment remplies au BXO édif. 347 BFC OTTAWA(s) et obtenez votre CERTIFICAT-CADEAU de $10 des ÉCONOMATS.

CFB OTTA
PO
INVOLVEMENT

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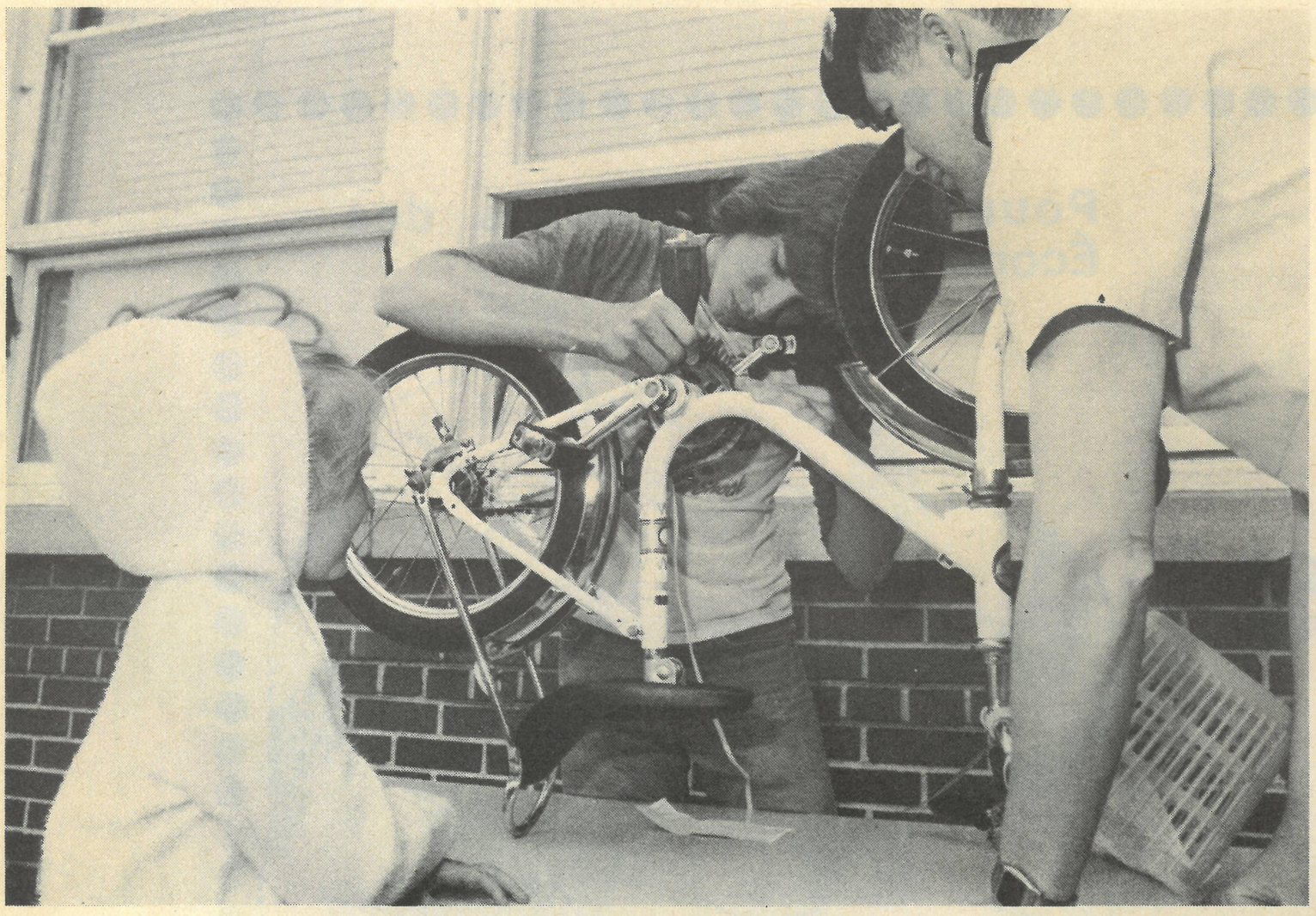


Cpl Young, Base Fire Service, supervising Operation Identification (engraving SIN on bicycle)

It is well known that many laws have been brought into being simply for the protection of society. Sometimes society has to be protected from itself. We, the Military Police of CFB Ottawa, provide this protection to CFB Ottawa (S) (Uplands) and CFB Ottawa (N) (Rockcliffe) but, in addition, we have gone even further. We support many different community activities and provide many services beneficial to our military community. Just a few of the activities in which our Community Services/ Youth Section is involved are the following: School Patrols, Bicycle Rodeos, dependants' hockey games, Block Parent Program, Operation Identification, babysitting courses, Teen Clubs, North and South, drug education and Silver Dollar Bicycle Safety Program.

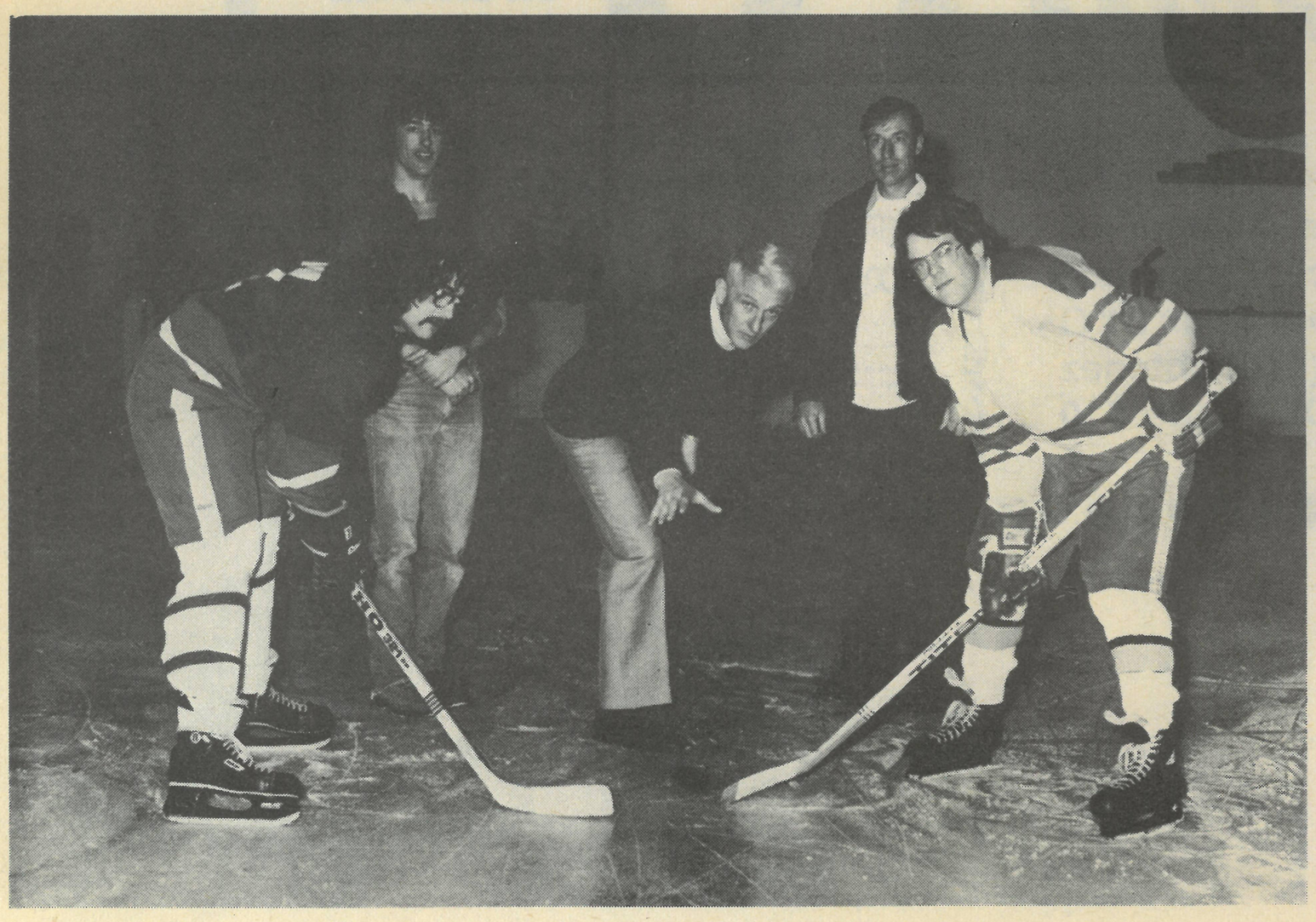
Quite a few questions have been asked such as "What happens to this piece of property that I have just found and turned into the MPs?"

Identification of the owner is attempted. This is determined from the Social Insurance Number engraved on the item (Operation Identification) or, if a name and/or address is written on the item or, if the item was previously reported lost or stolen.

If identification of the owner cannot be determined, found property that remains unclaimed for five months becomes eligible for public auction.

The Military Police Found Property Auction is held annually and the proceeds are entered into the Military Police Com-

DEPENDANTS' HOCKEY GAME — ROCKCLIFFE VS UPLANDS



Dave Fitzgerald, Coach Jim Fitzgerald, Col Bell, Sgt Dewar and Mike Beaver

MILITARY
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munity Fund. This fund is used to support community activities. It has assisted in the purchase of a television set for Teen Club (S) and a stereo system for Teen Club (N); four 10-speed bicycles as prizes for Bicycle Rodeos (N) and (S); silver dollars for bicycle safety; engravers for Operation Identification; and dependants' hockey games (N) and (S).

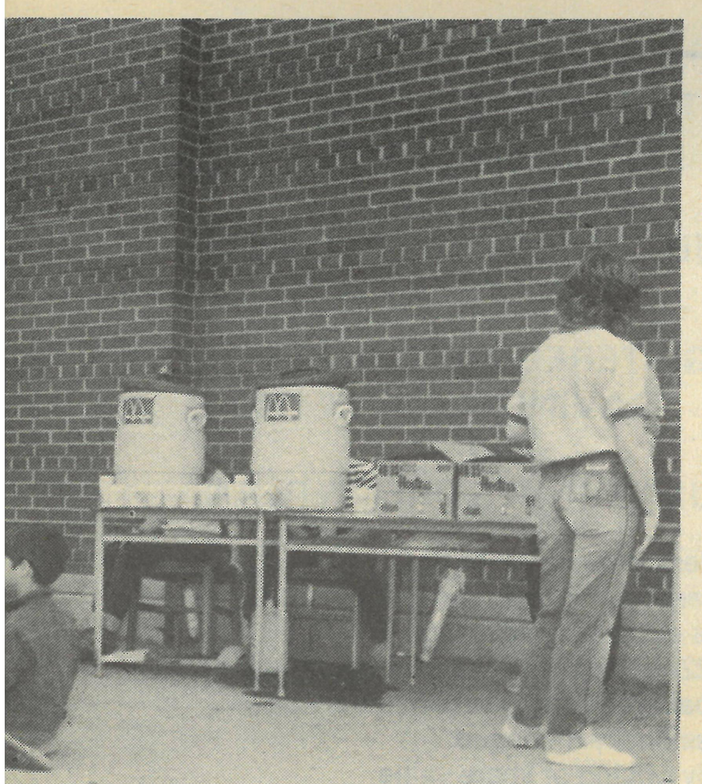
These Bicycle Rodeos were a tremendous success. Support by the School Patrols, 3M Company, Base Transportation, Base Food Services (N) and (S), Base Fire Service, Elizabeth Park and Viscount Alexander Park Community Councils, Base Fund, is greatly appreciated.

Base Safety Section conducting Bicycle Safety Checks

SCHOOL PATROLS

Senior students of Viscount Alexander and Elizabeth Park Schools are our School Patrollers. They brave the elements and assist children going to and from school, in crossing busy streets at designated crossing areas. They also assist in supervising the operation of the Bicycle Rodeos. For their continued good work, periodically through the school year they have the occasional pizza luncheon, and an outing or two. *This year the School Patrols went roller skating with the School* Patrols of Gloucester and to a baseball game in Montreal. Their support of the Military Police is commendable.

Parents, please bear in mind that our School Patrollers are children too. For information or assistance contact our Community Services NCO, Sgt Dewar, at 8-8963.



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Happy winners of the bicycle rodeo

SPORTS and RECREATION

QUEBEC REGIONAL SERVICEWOMENS SOFTBALL CHAMPIONS CFB OTTAWA FALCONS

CFB Ottawa hosted the Quebec Region Servicewomens Softball Championship, 4-6 Aug. 1982.

Tournament Results are as follows:

TEAM	WON	LOSS	POINTS	POSITION
CFB Ottawa	*4*	*0*	*8*	*1st*
CFB Montreal	*3*	*1*	*6*	*2nd*
CFB St Jean	*2*	*2*	*4*	*3rd*
NDHQ	*1*	*3*	*2*	*4th*
CFB Bagotville	*0*	*4*	*0*	*5th*

CFB Ottawa defeated CFB Montreal by a score of 4 to 1 in the final game. CFB Ottawa now advances to the National Championships being held at CFB Shilo 13-16 Sept. 82.

All competitors and officials are to be congratulated on their outstanding performances and good sportsmanship.

Continued success and best wishes to the Ottawa team in the Nationals.

New Physical Fitness Programme For Air Command

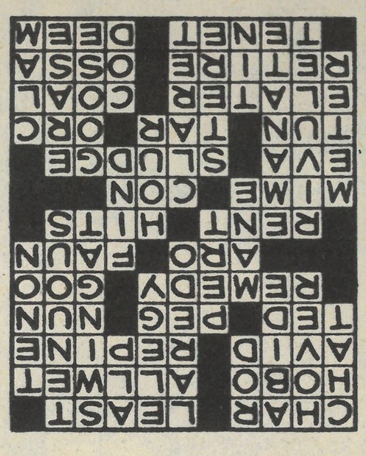
CFB Ottawa Involved

Since September 1980 Air Command has been developing a new physical fitness program. This programme, which will begin on 1 January 1983 is an outgrowth of the Phoenix study conducted here at CFB Ottawa and incorporates some of the most recent trends in physical fitness evaluation and programming. Like the 1.5 mile run, the new programme stresses the importance of measuring cardio-respiratory endurance but the new method of evaluation is now submaximal and thus much safer.

The new Air Command Physical Fitness Programme will consist of the birth month evaluation of all personnel regardless of age. The evaluation items will consist of a determination of percent body fat, a submaximal step test to determine cardio-respiratory endurance, sit-ups and push-ups. At the completion of this evaluation, each member will receive a prescribed exercise programme according to his or her level of physical fitness. Based on the analysis of the results from 1983, appropriate age and sex-related standards will be introduced in January 1984. The application of these standards will be accompanied by a specific policy outlining remedial procedures and career implications for those members who habitually fail to maintain the required fitness level. The requirement to meet a standard and subsequent career action for failure to do so is consistent with the contention that fitness is a personal responsibility and a condition of service.

The new programme represents a realistic procedure to prepare and evaluate Air Command personnel. It can be implemented without adversely affecting operations or over-taxing support resources. It is expected that the programme will receive wide support. More information will be published in September.

TODAY'S ANSWER



NEXT DEADLINE

7 SEPTEMBER —

NEXT FALCON

15 SEPTEMBER

"FITFIVE" PROGRAM

The path to personal fitness

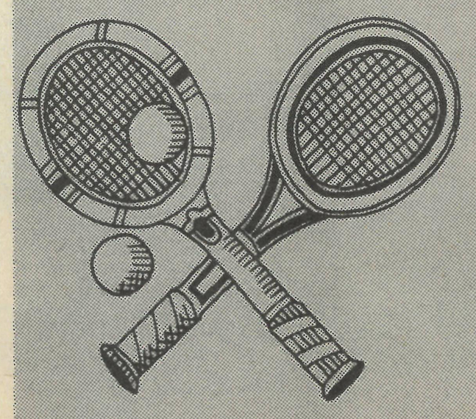
The Fitfive program is a program designed to help increase your physical fitness level.

HOW FITFIVE WORKS — It's Easy!

Is an easy to understand program that lets you chart your progress while you take part in the activities of your choice. To begin with, pick a Fitfive brochure from Uplands Rec Centre, review the activities in this brochure and pick the ones that appeal to you the most. Activities are rated according to fitness value, and have been grouped according to the time required before a square can be marked on your score card, which is available at the Rec Centre. You earn one square for each time you perform the activity for the prescribed time period.

It's simple. The more time you spend at an activity, the more squares you fill in. In other words, your progress depends on what you enjoy doing the most and how often you perform these activities. As you finish each level you will receive a certificate which acknowledges your accomplishment. When you have completed all five levels you will receive a certificate and a specially designed lapel pin.

This program is open to all individuals. For more info and to pick up your forms contact Uplands Rec Centre or call 998-3503/998-3359.



INTERSECTION BOWLING LEAGUE MEETING:

A general meeting for the up coming season will be held on Wed. 1 Sept. 82 at 1900 hrs in the Bowling Alley Ottawa South (Rec Centre). For further information contact MCpl Bowdrick at local 30417 or 521-8037.

TENNIS

What? Service Mens Base Playoff
When? 10 Sep 82
Where? Rec Centre South
Registration? Now at Rec Centre South 83359
The Ontario Region Championships will be held in CFB Petawawa 23–26 Sep 82

TENNIS

Quoi? Les Eleminatoires de la base
Quad? 10 Sep 82
Qu? Centre Récréatif d'Uplands
Enrégistrement? Maintenant au gymnase 83359
Le Championat Régional d'Ontario sera a la BFC de Petawawa du 23–26 Sep 82

TRADEX

THE MUTUAL FUND EXCLUSIVELY FOR MEMBERS OF THE PUBLIC SERVICE OF CANADA

includes

REGISTERED RETIREMENT SAVINGS PLAN and REGULAR INVESTMENT PLAN

No sales commission to pay
No charge redemption privileges
Assets exceeding $6 million
In its 22nd year of successful operation
Well-balanced and diversified portfolio
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77 Metcalfe Street, Room 410
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(613) 233-3394

Office hours: 10:30 a.m. to 2:30 p.m.
Monday to Friday

CFB OTTAWA SOUTH SOFTBALL LEAGUE (MENS)

Standings as of Mon. 16 Aug. 82.

"A" DIVISION:

TEAM	WON	LOSS	TIE	POINTS	RUN FOR/AGAINST	POSITION
Leitrim	4	1	0	8	33/7	1st
450 Sqn	3	1	1	7	25/12	2nd
Carp	3	2	0	6	30/15	3rd
Supply	2	2	1	5	23/23	4th
NDMC	2	3	0	4	22/24	5th
BML	0	5	0	0	4/56	6th

"B" DIVISION:

HQ/BCompt	3	1	0	6	39/12	1st
BTNO	2	1	1	5	22/18	2nd
BAMEO	2	1	1	5	20/21	3rd
CE/FH	2	2	0	4	24/36	4th
764 CS	0	4	0	0	14/32	5th

Semi finals will commence on Wed. 18 Aug. 82. Teams in semi finals are as follows:

1. BTNO VS Leitrim
2. 450 Sqn VS HQ/BCompt

Further information on game times may be obtained by calling the Rec Centre 83359.

CFB OTTAWA NORTH SOFTBALL LEAGUE

Standings as at 15 Aug. 82

Team	P	W	L	T	F	A	Pts
WO/Sgt's	18	14	3	1	137	40	29
Jr Ranks	20	14	6	0	167	103	28
LETE	19	12	6	1	100	60	25
MCE	19	11	6	2	139	68	24
DPS	19	11	7	1	114	94	23
Officers	19	6	12	1	111	104	13
MP's	19	4	15	0	72	200	8
Guards	19	1	18	0	34	205	2

Batting Leaders

	Average			Runs			Hits	
Ryan	MCE	.520	Magee	Jr Ranks	20	Magee	Jr Ranks	30
Fehr	Officers	.481	Savoy	Jr Ranks	18	Ryan	MCE	26
Harris	Jr Ranks	.471	2 tied with		16	Harris	Jr Ranks	24
	Doubles			**Triples**			**Home Runs**	
Deaves	MCE	6	7 tied with		3	7 tied with		2
Ryan	MCE	6						
2 tied with		5						

	Runs Batted in			Stolen Bases		
Harris	Jr Ranks	19	Savoy	Jr Ranks	8
Deaves	MCE	18	Magee	Jr Ranks	7
Dorush	WO/Sgt's	17	Yanyk	Jr Ranks	7

Pitching Leaders

	Won/Lost %			Earned Run Average		
Desruisseaux	WO/Sgt''s	5-0-0	1.000	Vainio	WO/Sgt's	0.72
Milloy	LETE	9-2-0	.818	Ryan	MCE	1.41
Harris	Jr Ranks	3-1-0	.750	Milloy	LETE	2.01

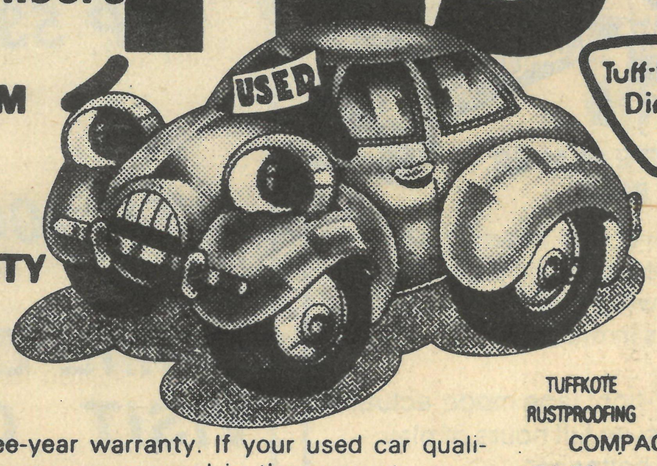
Strikeouts

Ryan	MCE	107
Vainio	WO/Sgt's	81
Milloy	LETE	80

By the time this issue is read the regular season will be completed and the top four teams will be involved in playoffs. Unfortunately DPS, MCE or LETE will have been eliminated and as can be seen in the standings published the last two playoff positions will not be decided until the very end of the season. To the Officers, MP's and Guards you may look forward to next year for a brighter future. Playoff games will commence at 1830 hrs Monday thru Thursday at Diamond No. 1 in Rockcliffe and spectators are urged to come out and support their favourites.

"YES"

TUFF-KOTE RUSTPROOFS USED CARS . . . AND BACKS THEM WITH A THREE-YEAR LIMITED WARRANTY



Many rustproofers won't touch used cars. But at Tuff-Kote, we do . . . and back them with our three-year warranty. If your used car qualifies, and rust-through occurs as covered in the warranty, your Tuff-Kote Dealer has the option of repairing the rusted area or refunding your money if the repair exceeds the original cost of the rustproofing. To make your used car last longer, bring it to Tuff-Kote.

	TUFFKOTE RUSTPROOFING	SYSTEM 6 FINISH
COMPACTS	174.50	99.50
INTERMEDIATE	179.50	109.50
FULL SIZE	184.50	119.50

The Car Preservation Company

To make your car last longer, bring it to Tuff-Kote

FREE With every System 6 exterior paint finish, free set of gravel guards, colour keyed to match the paint.

TUFF-KOTE 957 ST. LAURENT BLVD. OTTAWA

CALL JACK PILON 745-7121 745-7122

OPEN SAT. 8-3 — DAILY 8-6 P.M.

Nouveau Programme de Conditionnement Physique Pour Le Commandement Aérien

Participation de BFC Ottawa

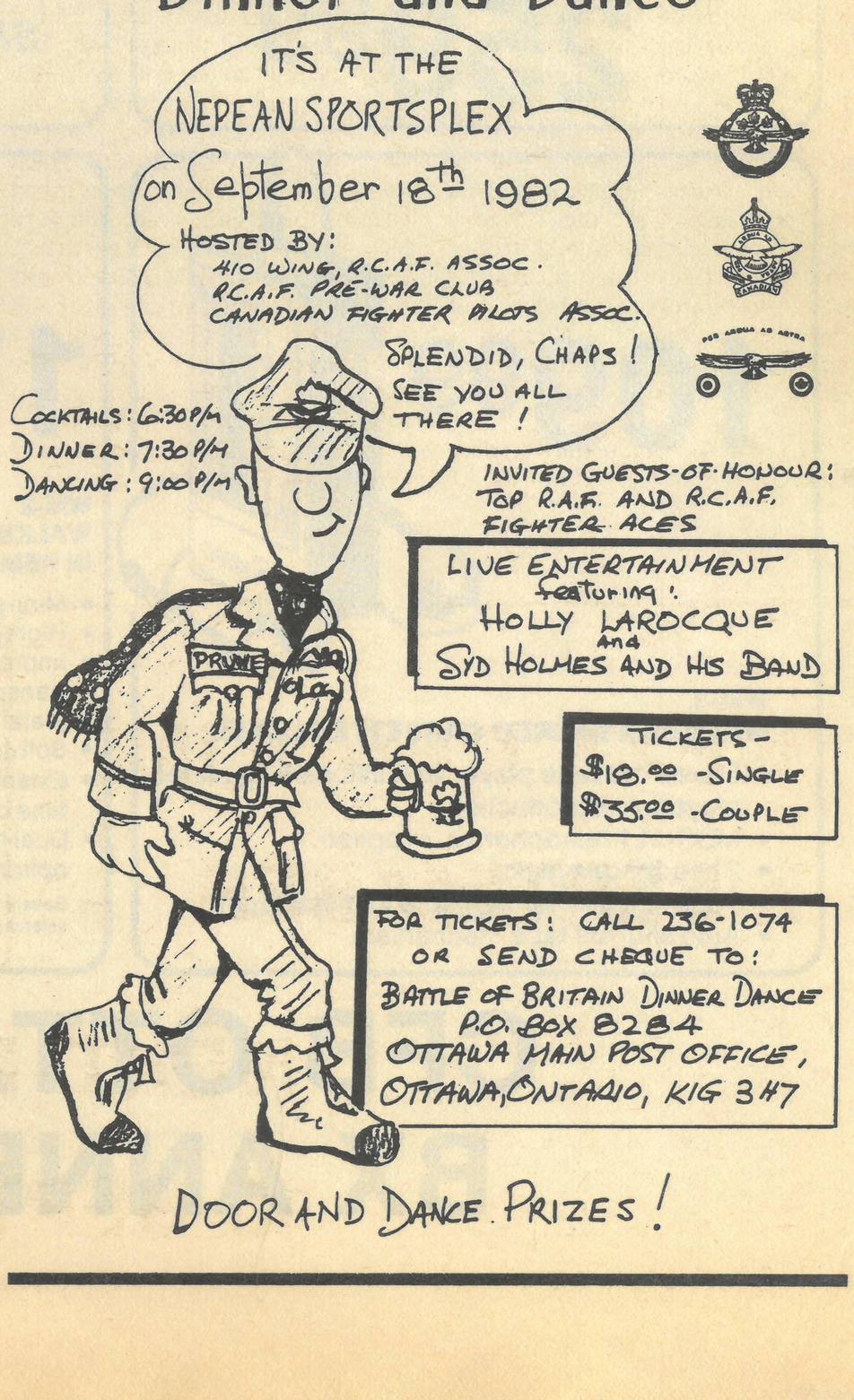
Depuis le mois de septembre 1980, le Commandement aérien travaille au développement d'un nouveau programme de conditionnement physique. Ce programme, lequel débutera le 1er janvier 1983, est l'aboutissement de l'étude Phoenix conduite sur la BFC Ottawa et comprend quelques unes des techniques les plus en vogue employées dans l'appréciation de l'aptitude physique et dans l'élaboration des programmes. Comme la course de 1.5 mille le nouveau programme insiste sur l'importance de mesurer l'endurance cardio-respiratoire; cependant la nouvelle méthode demande un effort inférieur au maximum et est par ce fait plus sûre.

Le nouveau programme de conditionnement physique du Commandement aérien consistera à évaluer tout le personnel, sans distinction d'âge, durant le mois de leur anniversaire de naissance. Les éléments de cette évaluation consisteront en une estimation du pourcentage de graisse, un test de l'escalier inférieur au maximum afin de déterminer l'endurance cardio-respiratoire, des redressements assis et des tractions sur les mains. A l'achèvement de cette évaluation, chaque membre recevra un programme d'exercices établi selon son niveau d'aptitude physique. Basé sur l'analyse des résultats de 1983, des normes raisonnables par groupes d'âge et de sexe seront introduites au mois de janvier 1984. L'application de ces normes sera accompagnée d'une politique déterminée traçant les grandes lignes des mesures correctives et l'importance du conditionnement physique pour la carrière pour ces membres qui habituellement négligent de se maintenir au niveau du conditionnement physique désiré. La nécessité de rencontrer les normes et les résultats négatifs sur la carrière qui pourraient suivre pour avoir manqué à cette exigence sont compatibles avec l'affirmation que l'aptitude physique est une responsabilité personnelle et une condition de service.

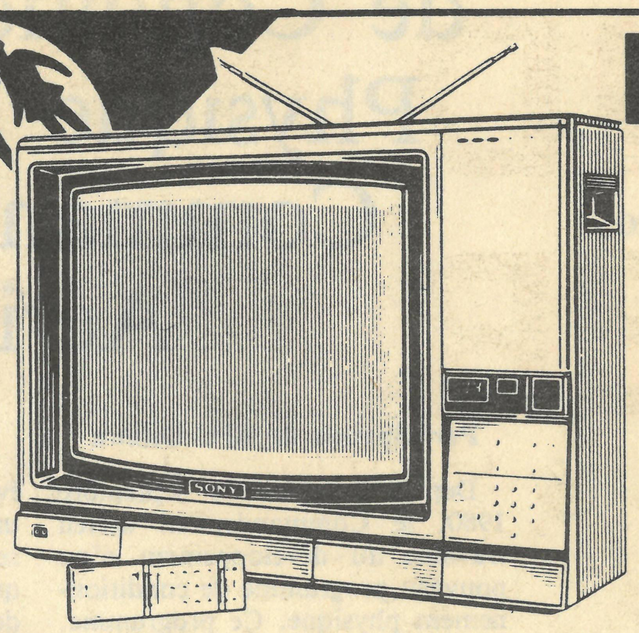
Le nouveau programme nous apporte un moyen réaliste de préparer et évaluer le personnel du Commandement aérien. Ceci peut être mis en oeuvre sans affecter défavorablement les opérations ou abuser de nos ressources de soutien. On s'attend à ce que ce programme soit largement appuyé. Plus de renseignements seront publiés au mois de septembre.

Battle of Britain ANNIVERSARY

Dinner and Dance



BACK TO SCHOOL



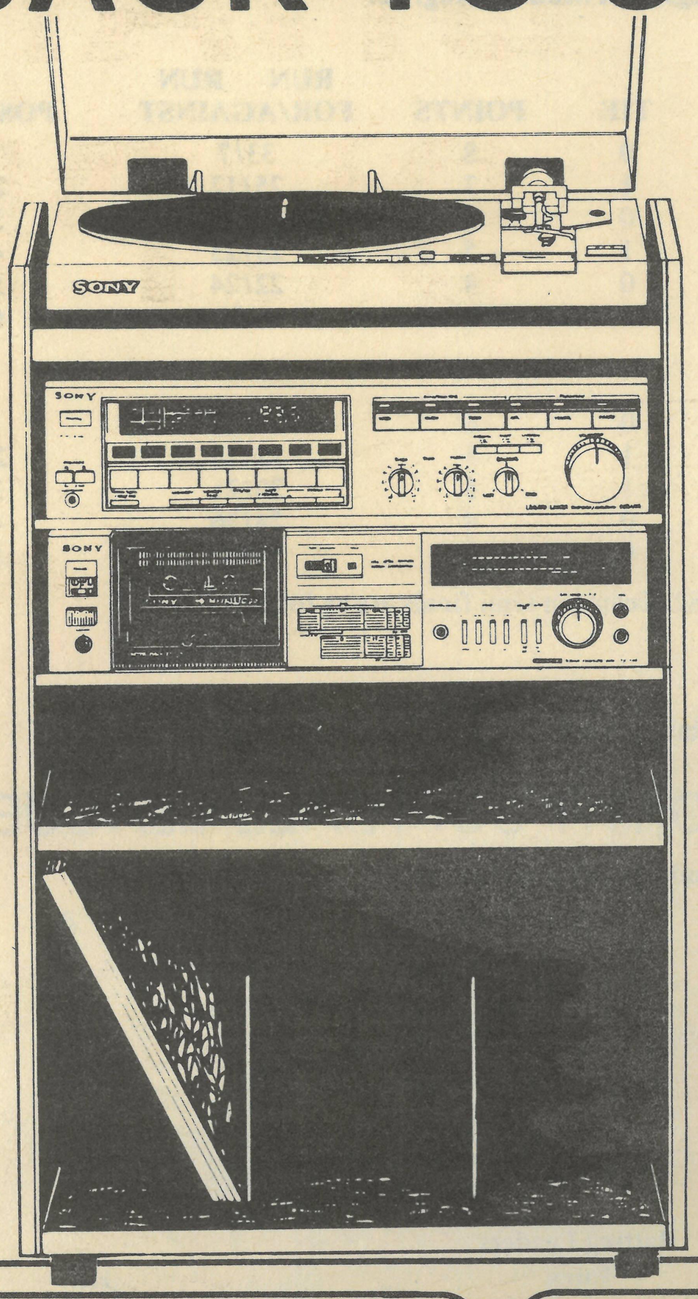
KV-1945RS
20" REMOTE CONTROL TRINITRON COLOR TV
(measured diagonally)

- Trinitron one-gun/one-lens picture tube
- Frequency synthesized 10-key Express Tuning controls that let you select a channel by just pushing the station numbers
- Express Commander infrared remote control
- Cable-Ready tuning circuitry—105 channel reception
- Alpha-1 chassis with higher component integration
- 5-LED volume/picture level indicators

BX REG. 999.99

SPECIAL:
929.97

15" Same as above
BX REG. 799.99
SPECIAL: 729.97



PSLX2C
TURNTABLE
STRV4 (40w per)
RECEIVER
SS957
SPEAKERS

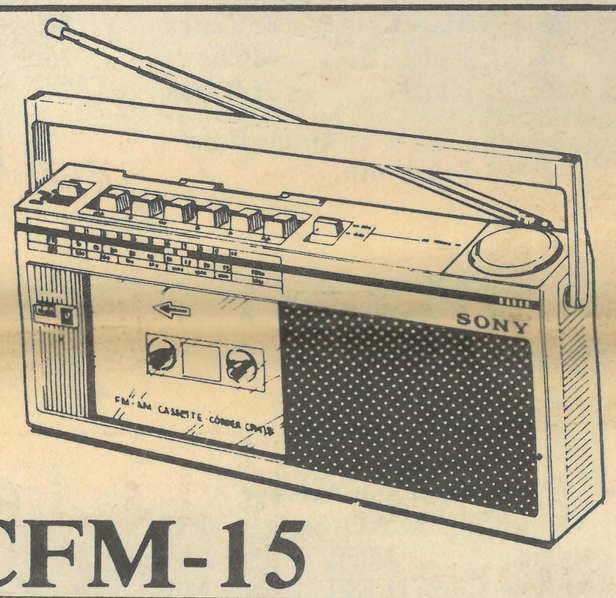
PACKAGE DEAL SPECIAL:

799.97

Now everyone is back to school relax with this package...

CFS-500
AM/FM Stereo Radio Cassette Corder

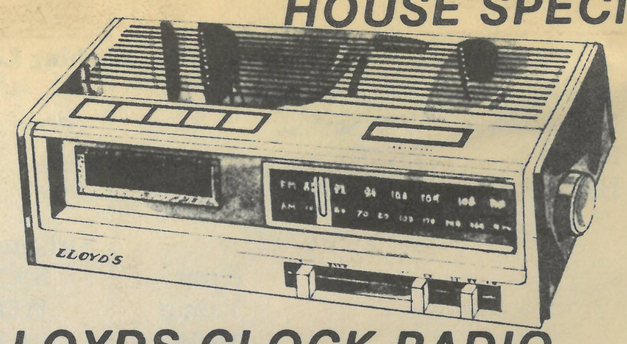
WHY PAY MORE
259.99



CFM-15
AM/FM Radio Cassette-Corder

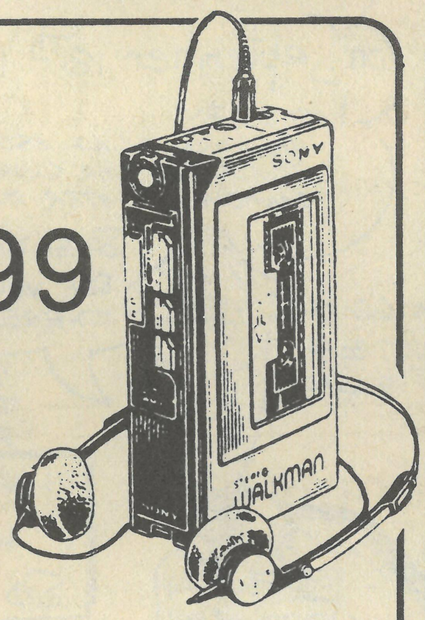
BX Reg: 109.99
SPECIAL: **99.97**

CFS 66: **299.99**
CFS 43: **156.99**
MANY MORE IN HOUSE SPECIAL



LLOYDS CLOCK RADIO
SPECIAL: **39.97**
REG. 79.99

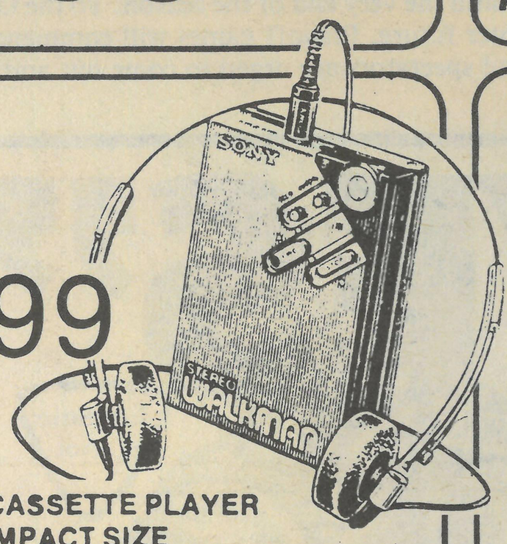
109.99



WM-1
WALKMAN STEREO CASSETTE PLAYER

- Stereo cassette player with astonishing stereo playback reproduction
- MDR-1L1 headphones, supplied
- 2 headphone jacks
- Tape selector for normal and metal tapes
- Auto shut-off tape mechanism

179.99



WM-2
WALKMAN STEREO CASSETTE PLAYER IN REMARKABLY COMPACT SIZE

- Mini-size stereo cassette player with headphone
- Highly efficient MDR-4L1S headphones supplied
- Improved counter-inertial flywheel system for tape transport stability while unit is in motion
- Metal tape capability
- Soft-touch controls for super-light tape mode actuation
- External battery case allows sixty full hours of play time on two alkaline "D" cell batteries*
- Dual headphone jacks for connecting a second, optional pair of headphones

Battery life based on test results of listening indoors at normal listening levels for four hours a day

NEED AN EXTRA TURNTABLE SANYO SPECIAL:

TP 535: **89.97**

TP 1005: **89.97**

COME ON DOWN AND VISIT OUR STORES NOW FOR EXTRA BIG SPECIALS!...

CFB OTTAWA SOUTH and BX ANNEX ROCKCLIFFE

BRAND NAME SUPER BUYS

J & J Baby Shampoo **450 ml+22%** Save: .92 **3.07**	**J & J Shower To Shower** ***369 g.*** Save: .92 **2.37**	**J & J Baby Oil** ***450 ml.*** Save: 1.12 **3.47**	**Crest Toothpaste** ***100 ml.*** Save: .42 **1.17**
Oral B Toothbrush ***25/30/40/60*** Save: .42 **.97**	**Jhirmack Shampoo or Conditioner** ***350 ml.*** Save: 1.02 **3.27**	**Palmolive reg. Soap** ***4's (not as illustrated)*** Save: .32 **1.07**	**Soap Drops Liquid Soap** ***260 ml. Dispenser*** Save: .72 **1.57**
Soap Drops Liquid Soap ***Refill 500 ml.*** Save: .72 **2.07**	**Gillette Trac II** ***Pkg. 5 cartidges*** Save: .62 **1.17**	**Scotties Family Pack** ***300 Tissues*** Save: .32 **1.37**	**Q-Tips** ***180's*** Save: .62 **.77**

EX CORRECTION

Back to school flyer Aug/25/82

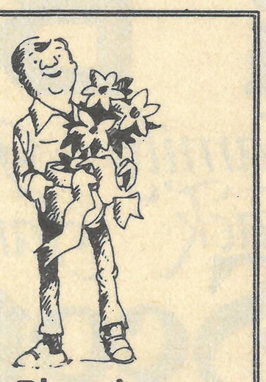
Samsonite Luggage 24" Compainion should read BX REG. 69.99 and not as stated

we apologize for any inconvenience caused.

CFB OTTAWA UPLANDS AND ROCKCLIFFE

Elizabeth Park

Sempervivums or Hen-and-Chickens

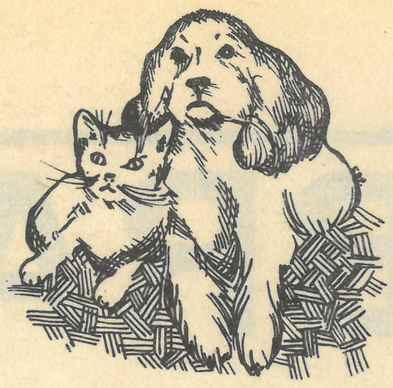


PLANTS!

Mr. R. McCarthy
Gardener
CFB Ottawa (Uplands)

Sempervivums, commonly known as Hen-and-Chickens, are interesting to grow, for they vary in color, shape size and form. The plants themselves resemble succulents or cacti and are usually in the form of a rosette. They are ideal for tucking away in small pockets of soil between layers of rock in a wall or stone outcropping, on a old log, stump or weather-worn stone. They also look good in stone vases and windowboxes. A stone vase containing large plants of the robinet hen-and-chickens, with its small offshoots spreading over the sides can be very attractive. The plants get larger every year and need little attention. As long as drainage is good sempervivums seem to do well in rather poor soil. Most do well in a sunny exposure although many will tolerate some shade. In time the plants flower sending up husky spikes that rise out of the center of the plant. The flowers appear in white, yellow, pink or red. After flowering the plant dies, but it is replaced by new offsets around the main plant. Some of the types available are the following Sempervivum Arachnoideum, the Cobweb Sempervivum appears almost white because of the silvery hairs that cover ths small rosettes. Sempervivum Tectorum is mostly green with red pointed tips.

Sempervivum Spinsum, the spring houseleek, has thick fleshy leaves and the center of the plant looks like a small pincushion. Sempervivum Globiferum, the globe houseleek, forms large mounds of small globe-shaped rosettes, some of which appear bright red. Sempervivum Calcareum a native of France is very attractive with its large mass of rosettes measuring 2'' across. The leaves are bluish and are prominently tipped with reddish-brown. Its flowers are pale red. Sempervivum Erythraeum is pretty because of its soft grayish color, which are produced by white hairs on a purplish background. The rosettes are small, very neat and quite flat. This variety bears purplish flowers. To increase your stock of Sempervivums, pull rosettes from a parent plant and merely insert these in the soil where they will root easily in a very short time. Some may also be propagated from leaf cuttings. Sempervivums also grow quite easily from seeds sown in early summer in a pot of light sandy soil.



TO ALL PET OWNERS

A REMINDER TO ALL PET OWNERS:

1. **ALL** dogs and/or cats over six months **SHALL** be registered and licenced with EPCC;
2. Certificate of spraying or neutering is required to obtain lower licence fee;
3. Proof of recent rabies inoculation **MUST BE PRESENTED** at time of registration;
4. Owners who will be posted are **NOT** excused from licencing and **NO** rebate shall be given;
5. **ANIMAL EXCREMENT** deposited on any area **SHALL** be removed and disposed of by pet owner;
6. Dogs are **NOT** permitted to be exercised in any playground area;
7. Pets **SHALL** be kept under effective restraint;
8. Constant barking dogs are considered a nuisance; owners of such dogs are subject to By-law, Para. 3;
9. As per By-law, Para. 14, any pet owner failing to comply with the Pet Control By-law **WILL BE FINED**;
10. For further information, please contact Military Police at 998-3031 for PCM on duty.

À TOUS LES PROPRIÉTARES D'ANIMAUX

UN RAPPEL À TOUS LES PROPRIÉTAIRES D'ANIMAUX.

1. **TOUS** les chiens et/ou chats six mois et plus doivent être enregistrés et licenciés avec EPCC;
2. Une preuve de stérilization ou certificat doit être présenter pour obtenir une réduction à l'enrégistrement de l'animal;
3. Une preuve des récentes piqûres doit être presentée au moment de l'enrégistrement;
4. Les propriétaires qui seront transférés **NE SONT PAS** excusés du licenciement et il n'y aura aucun remboursement;
5. Les **EXCRÉMENTS** d'animaux déposés sur tout terrain doivent être enlevés et disposés par le propriétaire de l'animal;
6. Aucun chien n'est permis dans les parcs d'amusement pour quelques raisons que se soient;
7. Les animaux devront être gardés sous surveillance adéquate en tout temps;
8. Les chiens aboyant continuellement sont considérés comme une nuissance. Les propriétaires de ces chiens sont sujets au règlement local Para 3;
9. Tous les propriétaires d'animaux refusant de se conformer au règlement local Para 14 **SERONT** passibles d'amende;
10. Pour plus d'amples informations, s.v.p. contacter la police militaire à 998-3031 pour le moniteur en devoir.

SUMMER PLAYGROUND PROGRAM

Summer Fun began for the children of C.F.B. Ottawa S. on July 5th, and now it is into its second and final session. Prior to the start of the Summer Fun Program, the co-ordinator, Suzanne Bourgeois and her staff spent many long hours preparing the playground and wading pools. The wading pools had to be scrubbed and disinfected, only after they had been cleaned of the beer bottles, curling brooms, coke cans and other debris that had blown in during the winter season (over a ten foot fence). Also a lot of time was spent obtaining coloring books, crayons, modelling clay, and various types of water paints. These were then stored in a storage shed at Kingsland Park. On Friday night, the 2nd of July, the shed was broken into and most of these items, along with a box of chlorine tablets and anything else that was available, were piled into a heap on the floor and set on fire. Two of the photos show some of the children enjoying Summer Fun. The other shows the result of the Friday night break-in party, which destroyed a good deal of the Summer Fun supplies.

Thanks to the immediate action of the Summer Fun co-ordinator and concerned parents, this irresponsible act of vandalism did not delay the start of the program. It's a shame that some people work so hard to put smiles on the faces of children and others do everything they can to remove them.

MCPL Murphy P.J.
Elizabeth Park
Housing Representative

INSCRIPTION SCOLAIRE

L'École Française Georges-Étienne-Cartier désire informer les nouveaux résidents qu'à partir du 25 août il y aura inscription pour les enfants de la maternelle jusqu'à la 8e année inclusivement.

Adresse: 880 Thorndale, Ottawa. Téléphonez avant de vous rendre à 731-6007. Directeur, M. Robert Lafleur téléphone à la maison: 749-0562.

BEAUTIFICATION PROGRAM

The judging of the Beautification Program will be done during the week of August 23/82. A Committee of three Fines Flowers' personnel have volunteered their services to judge the homes. Good luck to you all! !

GARAGE SALE

The Semi-Annual Garage Sale will be held in the Rec Centre, Uplands, on Saturday, October 16, 1982. The fee will remain at $5.00 for each 6' table. Application forms will be in the **September** Falcon.

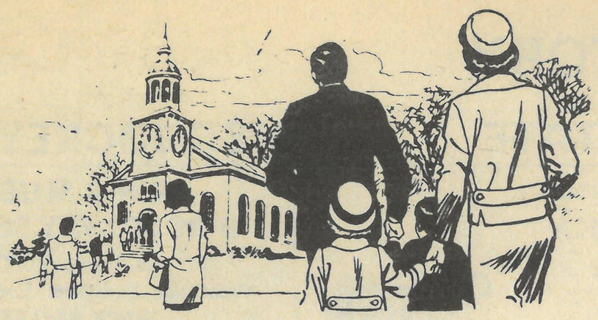
ANNUAL CRAFT MARKET

Our Annual Craft Market will be held in the Rec Centre, Uplands, on Saturday, 27 November, 1982. Application forms will be in the **October** Falcon.

CERAMICS

ATTENTION! COME ONE, COME ALL!

Well folks the summer is just about passed us by for another year and our thoughts turn to the coming months, so why not join a very interesting hobby and just see all the beautiful things you can make and all the fun and friends you will have. Beginners are very welcome, we have a teacher who would just love to teach you this very beautiful hobby. Also other people who would love to give you a hand. So come on out, registration is the 9th of September, Building 46, which is the building opposite to the T.D. Bank at 7 pm sharp. Members of CFS more than welcome, dependants living on base over 18. Also members living off base and their dependants. So come out, get a place in line early, the club can only take the first 60 members, the fee this year will be $4.00 a month for on base and $6.00 a month for off-base. Fee will be paid three months in advance registration night. Also all members who join registration night must stay for a general meeting after registration. So we hope to see you all there and do come on out and join the fun. For any more information contact Gerry Burnham — 521-3073 — President . . . so remember, Sept 9th.



OUR LADY OF THE AIRWAYS CHAPEL CFB OTTAWA (UPLANDS)

Father G. Gagnon *Office: 998-3041* *Home: 521-9093*

In case of an emergency contact the Duty Chaplain (RC) through the Military Police at 998-3325.

Un aumônier est toujours disponible. Après les heures de travail, vous pouvez le contacter en appelant la police militaire au 998-3325.

SCHEDULE OF MASSES		HORAIRE DES MESSES
Saturday	**1900 hrs**	**Samedi**
Sunday	**0930 hrs (Français)**	**Dimanche**
	1100 hrs	
DAILY	**1600 hrs (Lundi — Français)**	**QUOTIDIENNE**

BAPTISM. We ask that anyone who has a child to be baptized, contact the Chaplain before any other arrangements are made. Two month's notice is required.

BAPTÊME: Avant de fixer une date, communiquer avec un prêtre de la paroisse. Il sera heureux de rencontrer les parents, de réfléchir avec eux au sens du baptême et de préparer la célébration. Au moins deux mois d'avis sont exigés.

MARRIAGE: We ask that couples planning to be married to contact the Chaplain six months prior to the tentative date.

MARIAGE: Dès qu'il y a un projet de mariage, avant même de fixer une date définitive communiquer avec un prêtre pour un rendez-vous, au moins six mois avant la célébration.

ELIZABETH PARK PROTESTANT CHAPEL (UPLANDS)

Padre Gerry Peddle (Uplands)
Office: 998-3156 or 998-3246
Home: 731-8148

Padre Bob Baker (Rockcliffe)
Office: 993-2356
Home: 749-4912

Regular Sunday Services are held as follows:

1st Sunday of each month:
0930 hrs — Sunday School for Grades 3 and above
1100 hrs — Sunday School for Grades 2 and below
1100 hrs — Holy Communion (Nursery available)

2nd Sunday of each month:
0930 hrs — Sunday School for Grades 3 and above
1100 hrs — Sunday School for Grades 2 and below
1100 hrs — Divine Service (Nursery available)

3rd Sunday of each month:
0830 hrs — Holy Communion (Anglican)
0930 hrs — Sunday School for Grades 3 and above
1100 hrs — Sunday School for Grades 2 and below
1100 hrs — Divine Service (Nursery available)

4th Sunday of each month:
1100 hrs — FAMILY SUNDAY — Divine Service and Holy Baptism. Please note that there is **NO** Sunday School this day. This provides an opportunity for pupils, teachers, and parents to workship together.

5th Sunday of each month:
Same as the 2nd Sunday. Other Special Services will be announced as required.

Chapel Committee meets at 1230 hrs on the fourth Sunday of each month in Chapel Annex.

Ladies Guild meets at 2000 hrs on the first Sunday of each month in the Chapel Annex.

Marriages and Baptisms by appointment only. Seven weeks advance notice is required prior to the solmnization of Holy Matrimony.

Please remember that this is your chapel and we invite you and your family to join us in worship and in fellowship.

On 30 May 1982, the two Chapels of CFB Ottawa held Services of Confirmation. This photo shows the Service at the Uplands Chapel at which eight Anglican Candidates were confirmed by the Bishop-Ordinary, Right Reverend R.L. Seaborn. Confirmands L-R are: Mrs. Connie McAllister, Elisabeth Fawcett, David Carson, Kimberley Cyr, Michael McAllister, Heather Peddle, William Carson and Aubrey McAllister. Back Row shows Padre Baker, Archbishop Seaborn and Padre Peddle. No photo is available of the Rockcliffe Chapel Service, but three United Church Candidates were confirmed. They are: Peter Stuart Dunham, Timon Robert Esterak and Sandra Lynn Hinton. In addition, Jean Marilyn Andrews was confirmed into the Presbyterian Church.

NOTICE

CONSTRUCTION ENGINEERING (CE) REQUEST FOR SERVICES

1. We do try to provide the best possible CE services to all of CFB Ottawa and in order to accomplish this, a central control point (Work Reception) is established to receive all requests for work from both the North and South sites exclusive of NDMC and CFS Carp.
2. Work Reception provides:
   a. control of all requests for CE work;
   b. proper scheduling of work to be done;
   c. faster response to work requiring quick action; and
   d. requisite follow up action.

   Telephone calls directly to the various shops or other serves no purpose but to delay and/or negate the request.
3. During duty hours Work Reception can be contacted by calling 998-3300 and during off duty hours, week-ends and holidays by calling 993-2369 for the North site and 998-3398 for the South side.
4. Your co-operation in assisting CE to assist you is appreciated.

CLIP AND SAVE

UPLANDS IMMUNIZATION AND WELL BABY CLINIC

1ST FRIDAY OF EACH MONTH

SEPT-JUNE — 1:30-2:30 p.m.

NEW LOCATION: Girl Guide Hall beside Rec. Hall

FOR WHOM: All dependants of service personnel — infants, pre-school, adults.

Ontario Immunization Schedule

2 months
4 months
6 months — Quadruple Vaccine — Protection against: Polio, tetanus, whooping cough and diptheria

18 months — 1st Booster dose of above

AFTER 12 months — one dose of (Measles, Rubella, Mumps Vaccine) combined

2nd Booster dose of Quadruple vaccine, 5 yrs after 1st

ADULTS: Booster for Polio-Tetanus every 10 years

Sabin/Oral Polio: Children who received 2 or more doses of this vaccine in other provinces are now able to be boosted with injected (Salk) vaccine.

IN GRADE 6 — Booster of Measles, Mumps and Rubella, is now required.

Any further inquiries contact:
Lynn Roberts
Uplands District Public Health Nurse
225-2223

CLIP AND SAVE

LADIES BOWLING LEAGUE

Registration for new and old members on Sept. 8th at 7:30 PM at the Bowling Alley in the Rec Centre (Uplands).

You may also register by calling Mrs. Mitzi Thorne at 731-6628, or Mrs. Judy McKeigan at 737-3741.

Ladies League Bowling is held every Wednesday night. Members must be at least 18 years of age.

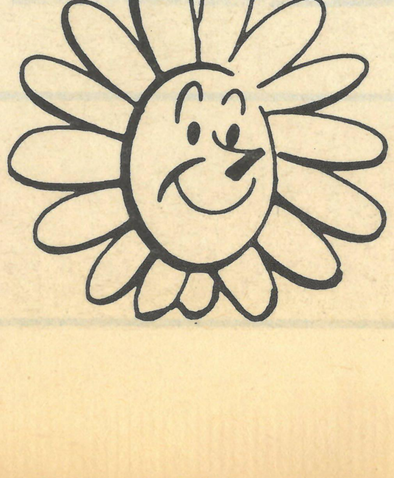
Mitzi Thorne
President
731-6628

LADIES-/

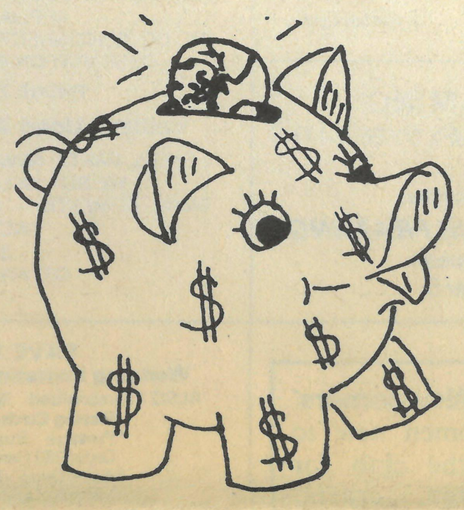
Are you new to Ottawa! Join the **OTTAWA NEWCOMER'S CLUB**

There you will find — FRIENDSHIP, BRIDGE, LUNCHEONS, CLUBS, CRAFTS, GOURMET CLUBS, BOOK DISCUSSIONS, SMALL ARRANGED TOURS — and lots more fun! Don't be lonely, phone OTTAWA NEWCOMERS CLUB 829-9884.

Problems are numerous
Solutions too few,
Become one of us
And solve one or two
— Join the EPCC —



Thrift Shop



The Thrift Shop will be open for RECEIVING of goods only on Sept. 1st and Sept. 2nd from 6:30 pm to 8:30 pm.

Regular hours will begin Sept 7th as follows:

Tuesday mornings	9:30 am to 11 am.
Tuesday afternoons	1:30 pm to 3 pm.
Thursday afternoons	1:30 pm to 3:00 pm.
Thursday evenings	6:30 pm to 8:30 pm.

Please note that on Sept 7th the Thrift Shop will be closed in the afternoon only.

1. A 20% commission is charged. Marked prices include 20% commission. A 10% commission is charged for all hand made crafts. Items priced under $1.00 will be charged 20 cents commission.
2. Only 10 items may be entered at one time. If one wishes to enter more than 10 items at one time, the owner must affix the asking price on each item prior to bringing goods.
3. No RETURNS or REFUNDS.
4. Thrift Shop bears NO RESPONSIBILITY for items lost or stolen. ALL items left at OWNER'S RISK.
5. Articles left for sale for 29 days, unless removed prior by owner, will be reduced to ½ price on the 30th day. The article may then remain for an addition 29 days after which, if not sold or removed by owner, it becomes on the 30th day property of the Thrift Shop.
6. The owner bears responsibility of collecting money due, within 60 days of sale. Money unclaimed after 60 days becomes Thrift Shop property.
7. All donations gratefully accepted. Pocket books included.
8. ALL CLOTHING must be clean and pressed. Clothing with stains, rips, missing buttons and or broken zippers WILL NOT be accepted.
   All other items such as furniture, games, toys, etc . . . must be clean, complete, and in working condition.
9. Good sellers are Scouting and Guide uniforms, Sports equipment, skates, baby and household items, clothing and furniture when we have the space.
10. Summer clothing WILL NOT be accepted at this time of year.
11. All personnel working at the Thrift Shop are volunteers and receive NO renumeration for their time and effort.

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FINANCIAL

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Uplands	731-3825
Rockcliffe	745-2451
NDMC Branch	733-6600 Loc 468

TORONTO DOMINION BANK
521-0307 C.F.B. UPLANDS 521-0308
Office Hours
Monday-Wednesday 10:00 a.m. to 4:00 p.m.
Thursday & Friday 10:00 a.m. to 6:00 p.m.

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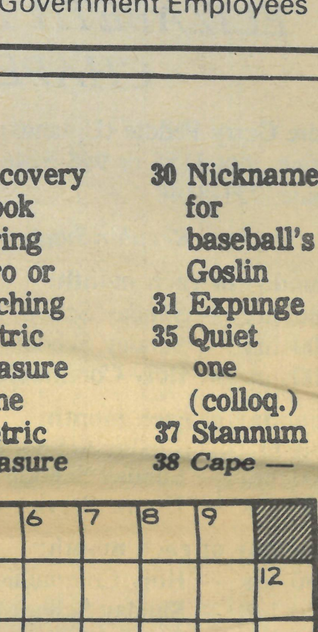

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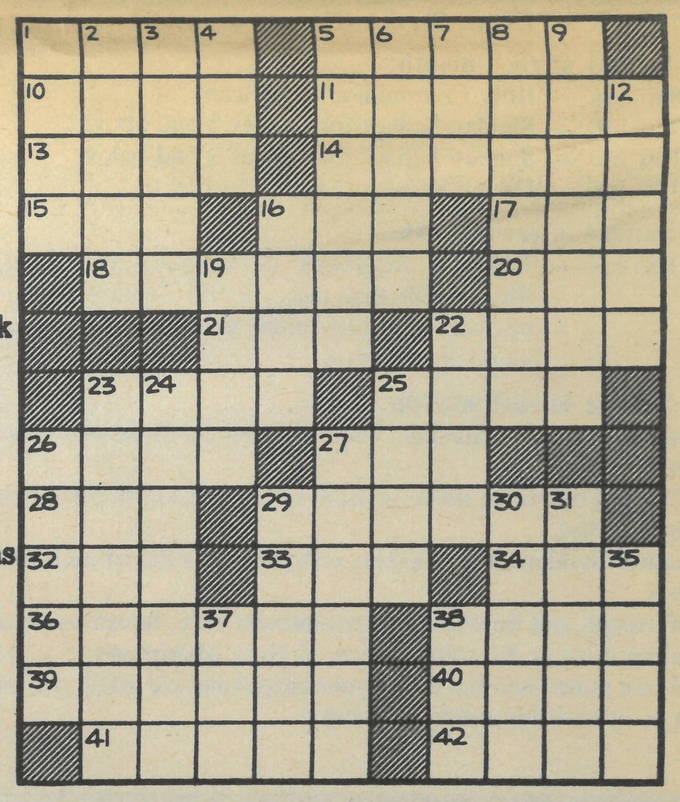
20 Sticky substance
21 Nigerian tribesman
22 Woodland deity
23 Budgetary consideration
25 Box-score entries
26 Mimic
27 Prisoner (sl.)
28 "Stowe" character
29 Silt
32 Large cask
33 Paving substance
34 Killer whale
36 Click beetle
38 Kind of gas or tar
39 Go on pension
40 Thessalian mountain
41 Principle
42 Consider

DOWN
1 Tete-a-tete
2 Be irresolute
3 Dwell
4 Angler's purchase
5 Texas city
6 Tearful verse
7 Lofty mountain
8 Try to hit (2 wds.)
9 Delicate; flimsy
12 Mortise companion
16 Kelton of comedy
19 Trigger's tresses
22 Discovery
23 Brook
24 Spring
25 Zero or witching
26 Metric measure
27 Wine
29 Metric measure
30 Nickname for baseball's Goslin
31 Expunge
35 Quiet one (colloq.)
37 Stannum
38 Cape —



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The FALCON
CFB Ottawa, Bldg 347
Ottawa, Ontario K1A 0K5

Rates per insertion are: $2.00 for 40 words or less and 10¢ for each word thereafter. All ads should be typewritten double spaced and sent to the above address with full payment, before the deadline. For help in determining cost of your ad, call 737-3617.

Classified Ad rates apply to personal ads only . . .

KITCHEN MAGIC! Authorized dealer for Bosch kitchen machines, magic mill grinders, magic-aire and equi-flow dehydrators. Free demonstrations. Call Pat Turcotte at 731-8200.

FOR SALE: Chesterfield and chair, brown & beige $350.00. Hide-A- Bed, grey $175.00. Recliner, grey, $60.00. Love Seat, white, $100.00 — Washer and dryer $400.00. X-country skis 215 cm with poles & boots, $75.00 — call 526-1204

FOR SALE: White wicker bassinette on wheels $50.00 Call: Wanda after 4:00 pm 741-3136.

I WOULD like to babysit in my home, one child, pre-schooler. Bilingual. 523-7371

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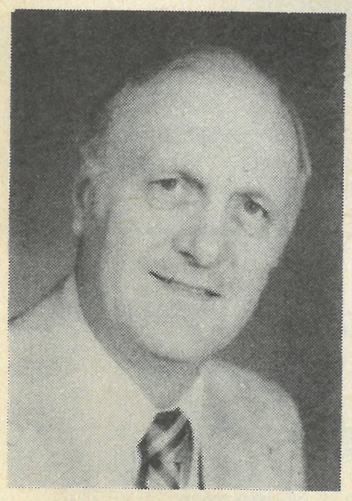
FOR SALE: Mixed Hardwood split and dry — 1 year old — $45/Face cord — Truck load (2½ Cords) — $110. Free delivery within City limits. $10. extra per load outside City. MWO-Brousseau 993-0237 or 777-4853.

EXPERIENCED Nanny would babysit toddler in her home, day-time only. Located CFB Uplands, corner of McGill and DeNiverville Dr. Phone: 521-1069.



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WHO ARE WE?

We are a chartered Public Speaking Club under the authority of Toastmasters International and in the process of being chartered. The club has been in existence since 1980, in NDHQ, and welcomes military and civilian personnel, all ages, all ranks, male and female.

No experience in public speaking necessary.

We meet every Wednesday from 1200 to 1315. Information regarding joining and meeting place, can be obtained by calling Mr. Larry Cassie, 993-4584 or Cpl Adam Frisch 995-8458.

NEXT DEADLINE
DATE DE TOMBÉE
Le 7 septembre 1982

PROCHAIN FALCON
Le 15 septembre 1982
NEXT FALCON