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THE VOXAIR

The Winnipeg Military Community News Source Since 1952

435 Sqn Gives Global TV a Ride



Master Corporal Calvin Slute, 435 Squadron Search and Rescue (SAR) Technician, and Corporal Chris Rancourt, 435 Squadron Loadmaster, prepare to throw a SAR training bundle as Jordan Pearn, Global TV Cameraman, records the event on the ramp of a CC130 Hercules aircraft, on 20 September 2018. Photo: Sgt Daren Kraus

Why You Should
Contribute To
The GCWCC

Page 3

Volunteer
Catalogues
Historical RCAF
Archives

Page 4

Barker College
Member to Speak
at World Space
Week

Page 7

Around The Wing
In Photos

Page 8

Advice From 100
Year Old Veteran

Page 10

Sports Day in
Canada Coming

Page 12

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Jets Show Appreciation to CAF in October



CAF members and the Winnipeg Jets gather for Military Appreciation night photo at centre ice February 6, 2018. Photo: Broose Tulloch, Voxair Layout

The Winnipeg Jets will be holding their Sixth Annual Canadian Armed Forces Appreciation Night as they take on the Vancouver Canucks on October 18 at the Bell MTS Place.

Winnipeg Jets centre Bryan Little spoke recently about the significance of this yearly event.

The Voxair: What does the CAF Appreciation Night mean to you and the team?

BL: Military Appreciation Night means a lot to us. We've been doing it for many years now. I think it's always special. The part I like the most is the chance to interact with everyone on the ice afterwards. It's pretty cool. I get a chance to talk to everyone up close. I think

it's a really good idea, and it's one of those things where the players really appreciate the whole experience of those games.

TV: Is there anyone connected with the military in your family?

BL: My uncle was a paratrooper. He's retired now. That was quite a few years ago. (Note: Little's brother, Sean Little, is a member of the CAF. This reporter interview him three years ago at the CAF Men's Prairie Regional Hockey Championships at the Bell MTS Iceplex. Sean was playing for the team representing CFB Edmonton at the time.)

TV: You're involved with Hendrick's Heroes? (A program started by NHL player Matt Hendricks, a former member of the Jets, when he was with the Edmonton Oilers. On game days, two members of the military and their guests are treated to a Jets game, presented with signed jerseys and get their pictures taken with the veteran forward.)

BL: Last year, I decided to purchase four tickets for military families. It only makes sense. They asked me right away if I'd mind taking over that program. I didn't hesitate at all. I think it's a small gesture giving back some kind of small appreciation for the sacrifices these guys and their families make.

TV: What else would you like to share with our readers about CAF Appreciation Night?

BL: I think it's a great idea even though it's one night. It's a way for the city and the fans and the

players to show our appreciation. It's kind of like a big 'thank you' to these men and women, who represent and serve our country. A lot of the times we have no idea of the sacrifices they make on a daily basis.

Don Boitson, Magellan's Vice President, North American Operations. Magellan also shared his thoughts on the significance of the Jet's CAF Appreciation Night.

"When the Jets organization approached Magellan five years ago with the opportunity to sponsor the annual Canadian Armed Forces game, we were all in," he said. "This night is dedicated to demonstrating our appreciation for the men and women who have chosen to serve Canada at home and abroad and we wanted to join in thanking our soldiers, and the families that support them, for all they do in protecting Canadians and Canadian values."

"It is also particularly meaningful for us at Magellan because the foundation of our business in Winnipeg was built on partnering with the CAF to develop safety equipment, along with mission products and services for the Canadian military."

He pointed out that 1 Canadian Air Division, 2 Canadian Air Division and 17 Wing are an important part of "our aerospace community" in Manitoba.

"We all enjoy coming out to this game to show our appreciation for the relationship that exists between the Armed Forces and this community for the past, present, and future," Boitson said.

42 Years' Service Honoured at 17 Wing



Colonel Eric Charron, Commander of 17 Wing Winnipeg (L), and Chief Warrant Officer (CWO) Jerome Rossignol, 17 Wing Winnipeg CWO (R), present Major Stuart Gullen, Commander of 17 Wing Air Reserve Flight, with a Canada flag and certificate during his retirement ceremony, 17 Wing, 25 September 2018. All photos: Sgt Daren Kraus

by Bill McLeod, Voxair Manager

Major Stuart Gullen, 17 Wing Air Reserve Flight Commander, was honoured at a Depart with Dignity event held at the 17 Wing Headquarters atrium on the afternoon of September 25. Maj Gullen has served for over 42 years in multiple positions with the Canadian Armed Forces.

The low key event began with a recap of Maj Gullen's career in the CAF by Master Warrant Officer Don Dunphy, which included joining the Armoured Corps Reserves in Kelowna, BC, in 1976, joining the Regular Force in 1979 as a Lord Strathcona's Horse (Royal Canadian) armoured crewman, and remustering to the Air Force as an Airborne Electronic Sensor Operator in 1984.

In 1988, Maj Gullen did his Basic Officer Training and became an Air Traffic Controller in Cold Lake, AB, in 1989. In 1990 he went to the Royal Military College, obtaining a Bachelor of Arts degree in 1993. In 1996 he became a Health Care Administrator at the clinic in Winnipeg and has remained in the Winnipeg area ever since. In 2006 he joined the Air Reserves as a Logistics Officer and has been at various positions between the Wing and 1 Canadian Air Division until he became the Commanding Officer of the 17 Wing Air Reserve Flight in February, 2013.

Despite all the different jobs and positions Maj Gullen was deployed four times over the years which included tours in Cyprus, Italy, Sudan and South Sudan.

Captain Wayne Mockford, Deputy Commander of 17 Wing Air Reserve Flight, presented a letter from Mayor of Winnipeg, Brian Bowman to Maj Gullen. Lieutenant-Colonel Brian Quick, Deputy Wing Commander 17 Wing, presented a letter from Premier of Manitoba, Brian Pallister, and 17 Wing Commander Colonel Eric Charron and Wing Chief Warrant Officer Jerome Rossignol presented a Canadian flag that flew over the Wing, a service pin, and a letter from Prime Minister Justin Trudeau.

"There are very few members in our military that serve such a long time," said Col Charron. "That's quite an honour, quite an accomplishment, a sign of your dedication to your country and it gives us a sense of the sacrifice your family has endured."

"Not many people can say, as well, that they have worn the uniform of our three services. I guess our musicians by default, but that is probably one of the trades you didn't try," Col Charron joked.

WCWO Rossignol led the assembled guests in a round of applause for the almost 43 years of service before Maj Gullen addressed the guests.

"There's a difference between perseverance, which is going forward through adversity, and persistence, which is just going forward," Maj Gullen began. "I'm pretty sure I've fallen into the latter category. I'm actually kind of excited about the prospect of retiring."

Maj Gullen then talked about two of the most positive changes he had seen in the CAF in his decades of service.

"There are two things that have been really good lately and I'm happy to see the CAF move in that direction," he said. "The first one is care for the injured soldier; that's come a long way."

"The other direction we made a lot of movement forward in is respect for the family," he added. "It's nice to see that the CAF from the top down to the local command teams have actually taken that to heart and are working for the family."

Maj Gullen passed on one last piece of advice.

"The last point that I have, is if I had just five minutes with the CDS to tell him where I think we should go next, or tell him what I would like to see next, is now that we've got the family involved -we understand and respect the family-and we understand how the family shares in all the joy and triumphs as you go through your career...the converse is true. If you don't have a good time or you've been some place challenging all of this comes back on the family. So now we have to work toward respecting the families where the member has not had a good time."



Major Stuart Gullen, Commander of 17 Wing Air Reserve Flight, speaks with colleagues during his retirement ceremony, 17 Wing, 25 September 2018.

THE VOXAIR

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Why I Give to United Way

by Lieutenant-Colonel Brian M. Quick

I appreciate that charity should be a selfless and humble act without fanfare, but as the Chair of our 17 Wing/CFB Winnipeg Government of Canada Workplace Charitable Campaign (GCWCC), I need to explain why I am giving and challenge you to think about why you should give as well.

I, like all of you, have many competing demands for my paycheque. We all have our personal issues and priorities. We also have our own personal opinions when it comes to being charitable. But I have lived in Winnipeg since July 2013 and see both its brilliance and its complexity. I took the time this year to dig into United Way Winnipeg and found out that donors provide crucial funding to over 100 local non-profit agencies across the city. From Meals on Wheels (which has many veterans as its customers), to the Boys and Girls Clubs across the city, to the Learning Disabilities Association of Manitoba, to the near \$2 million invested in Indigenous agency partners – the diversity and range of services are staggering, as are the people who access those services. When I found out that Winnipeggers visit a United Way agency partner every two minutes, I wanted to better support my community and be part of making Winnipeg stronger. So this year I put my money where my mouth is, and I committed to a \$1,200 Leadership donation via pay deduction to United Way Winnipeg.

Every penny of my \$1,200 donation directly supports the many United Way Winnipeg agencies in need. To be clear, the Government of Manitoba provides United Way Winnipeg with a grant to offset their

administrative costs, so 100% of donations received by United Way Winnipeg goes to the charities with nothing held back. Next, Payworks (a Winnipeg based company) has generously agreed to match every \$1,200 donation from first time Leaders, therefore my \$1,200 donation instantly becomes a \$2,400 donation thanks to Payworks. Finally, my donation will partially come back to me via a charitable donation tax credit, so the benefit of \$2,400 going to United Way Winnipeg will actually cost me approximately \$700 once I factor in the tax credit. So I am supporting United Way Winnipeg charities by giving them \$2,400 and it is only costing me approximately \$700. That is just over \$13 a week, and I can offset that by just one very small lifestyle change to save me \$13 per week (for example skip the weekend car wash, skip a lunch out, or skip yet another coffee). \$700 turns into \$2,400 - that is amazing.

What impact does my donation make? \$2,400 gives 60 new moms childcare so they can go to a parenting support program, which can be a critical mental health and social support. But feel free to give what you can either by payroll deduction or one time donation. A small donation still makes a difference, and when added to more small donations, programs flourish. More importantly, your donation ensures stable funding in support of the over 100 local non-profit agencies supported by United Way Winnipeg.

When the GCWCC Ambassadors ask you to make a donation, please consider it in any amount. Your support is much appreciated.

Every Dollar Really Does Make a Difference

by 2Lt Becky Major, 17 Wing Public Affairs

You've heard it before, "Every dollar you give makes a difference!" Chances are, you're a bit skeptical. You're thinking, "Yeah, but every organization has administration fees so how many cents per dollar is really making it to those in need?"

Well, I'm here to tell you when you donate to United Way Winnipeg through the Government of Canada Workplace Charitable Campaign (GCWCC), it's 100%. Every cent of your dollar is going to those in the Winnipeg community who need your support. That's because the United Way in Manitoba received a generous grant from the Province of Manitoba to cover their administration and fundraising costs.

Your next thought is likely going to be, "But I can only give \$5 or \$10, so what's the point? Would a single dollar even mean anything?" The answer is absolutely, and here is a first-hand account of how that single dollar did make a difference for a Winnipeg family living in your community.

Whitney didn't expect to need the help of United Way until her daughter was diagnosed with a seizure disorder at four months old. As Whitney puts it, "You don't know today that you'll need community tomorrow," and that couldn't have been more true for Whitney. She leaned on the services provided through Society for Manitobans with Disabilities, who receives funding from United Way.

Included in this support was a speech therapist who came to her house once a week to work with her daughter on speech development. Do you know what this worker brought with her? A dollar store kazoo. According to Whitney, "I could go to the dollar store and buy that \$1 kazoo, but I have no idea how to use that kazoo to elicit speech from my daughter."

So your \$1 donation may seem like nothing to you, but it can change the life of your neighbour. You'll see posters popping up around the Wing with pictures of those Winnipeggers who have benefited from United Way services, and how your donation helped them. Next time you see a poster, stop and take a minute to read their stories. You will see how a small donation can go a long way.

This year, 17 Wing has set a fundraising goal of \$70 000, which is less than one percent of United Way Winnipeg's overall goal for 2018 of \$21 million. Last year, less than eight percent of 17 Wing/CFB Winnipeg military and civilian personnel participated in making a donation during the GCWCC campaign. Let's do better. When your unit ambassador comes to you with a donation form later this month, think about the impact your donation can make for people in your community like Whitney. Because you never know today, when you'll need your community tomorrow.

Sports Trivia

World Series

by Stephen Stone

1. What year was the first World Series of the modern era held?
2. Which teams played?
3. What feat in the 1956 World Series may be equalled but will never be beaten?
4. Which player has won the most World Series championships?
5. Which player has won the second most championships?
6. What remarkable feat did Reggie Jackson of the New York Yankees accomplish in the 1977 World Series?
7. Who was the first player to hit three home runs in a single World Series game?
8. In the fifth inning of game three of the 1932 Series, what did Babe do?
9. Who is the only player to hit a come-from-behind home run in the bottom of the ninth inning in a World Series?
10. Who hit the World Series winning home run for the Pittsburgh Pirates in 1960?
11. What member of the Cleveland Indians accomplished a baseball rarity in the 1920 World Series?
12. Two other remarkable events also occurred in the same game. What were they?
13. Which pitcher won three games for the Milwaukee Braves in the 1957 World Series?
14. Which year did the designated hitter first appear in the World Series?
15. Which team won the 1976 Series?
16. Which pitcher won three games in the 1968 World Series and was named Series MVP?
17. Which team holds the record for winning consecutive World Series?
18. In what year did the "Miracle Mets" win the World Series?
19. Which team was a victim of the "Curse of the Bambino"?
20. Which team is a victim of the "Curse of the Billy Goat"?

Sports Trivia Answers on page 14

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Techs Keep Weapons in the Region Working



Sgt Dave Kirby, IC Weapons, and Cpl Cory Shearer keep all the weapons in the Winnipeg area of operations in working condition out of the Weapons Repair section at TEME Flight in Building 129 on 17 Wing Winnipeg. Photo by Martin Zeilig, Voxair Photojournalist.

by Martin Zeilig, Voxair Photojournalist

Sua tela tonanti (To the Warrior his Arms) is the Latin motto engraved atop an eagle and a C-7 rifle on a blue brass plaque that sits in a bottom corner of the window frame in the office at the 17 Wing Weapons Repair shop.

Corporal Cory Shearer was waiting until he could resume hammering a new part into the barrel of the C7 that lay in pieces on his workbench at Weapons Repair TEME Flight in Building 129.

He was doing "a tech update" on the firearm; the standard issue rifle used by the Canadian Armed Forces, manufactured by Colt Canada, as well as several other militaries in NATO.

"I love this type of work," Cpl Shearer, a Weapons Technician, said with a broad smile. "That's the whole reason I joined the military. I always wanted to be a

soldier, and I love working with my hands and fixing guns. So, this was the perfect trade for me. I learned all about weapons repair when I did my training at CFB Borden."

Cpl Shearer and his supervisor, Sergeant Dave Kirby, IC Weapons, are the two individuals responsible for maintaining and repairing small arms for 17 Wing.

"Their responsibility spans the AOR of 17 Wing, and they travel the AOR once a year to inspect and repair the weapons of all reserve and cadet units," Major Sterling Scott, OC TEME, 17 Wing Mission Support Squadron, wrote in an email. "They are very specialized technicians, providing critical maintenance to small arms of the units of 17 Wing and lodger units across the AOR."

Sgt Kirby, who's been in the CAF for 29 years, noted that he's spent most of his career working on armaments including being employed as a specialist on the Leopard Tank.

"That's why I like working on large calibre weapons," he said. "Weapons systems on tanks, that's my main thing."

He noted that the work order for the repair that Cpl Shearer was doing at the moment came from Ottawa.

"If a unit finds out that they have a broken weapon, they'll create a work order and send it to us," Sgt Kirby explained. "All small arms in the CAF will be inspected annually. So, we go through all the units and do an annual inspection. If we find faults, they'll have a work order and we'll repair the weapon."

Cpl Shearer observed that, for the most part, it doesn't take all that much time to repair most weapons, in particular the C7.

"A lot of these weapons are older than me," adds the 27 year old from Iroquois Falls, Ontario. "They're really well made rifles so they do last a long time. A lot of problems are due to user error, or something happens with them where somebody accidentally broke some-

thing. But, for the most part they're really good rifles to have and last a really long time. That's why we've had them for so long."

Sgt Kirby, a native of Manitoba, confirmed that most of the work done here is routine repair.

"When you go overseas or to operational regiments then it's different," he said. "The C7 is the top you can get (for a military assault rifle). Right now, there is nothing in the technology that's vastly improved on that. There's no jump in technology yet."

Their main customer is 38 Canadian Brigade, Sgt Kirby commented.

"We also look after all the reserve units in Winnipeg and Kenora, Ontario," he said. "I go out to Thunder Bay and all the way to Saskatchewan."

There are also weapons techs at CF Detachment Dundurn.

"It can be a very rewarding job," Sgt Kirby said.

Weapons repair and maintenance are not the only things they do.

"All the security containers on base, which are the filing cabinets with the built in dial or the safes themselves are our responsibility too," Sgt Kirby said. "We assist people in changing their combinations. If they forget the combination or the lock is broken then we have to do a forced entry. Then, we'll crack the safe open. So, we're locksmiths too."

They're also supposed to do ignitions on vehicles.

"But, the technology on the vehicles today are way more advanced than when we first started doing that job," Sgt Kirby continued. "We cut keys for vehicles and padlocks, but not for doors. That's CE's responsibility." They have an engraving machine too.

"It's supposed to be used to engrave serial numbers on weapons," Sgt Kirby said. "If we change a barrel we have to engrave the weapon's serial number on it."

Volunteer Catalogues RCAF History at 17 Wing



Robert Lower (Left) and Captain God Crossley in the Griffin Archives of RCAF aircraft. Photo: Martin Zeilig, Voxair Photojournalist

Robert Lower acknowledges that his work as a volunteer cataloguing the Griffin Archives has been a steady and methodical process but, the retired filmmaker adds, it was "a labour of love."

"The Archives are housed in a narrow, windowless and musty room on the lower level of Building 66-- where the former 17 Wing Museum once resided on the main floor," noted an earlier article about the archives.

They contain hundreds of binders and notebooks of Griffin's research on aircraft of the RCAF, their colours and markings, and manuscripts and drafts of several books, among other related things.

"A pilot who flew RAF Liberators during the Second World War, John Griffin's interest in airplanes did not end with the last bomb or depth charge he ever dropped," said an article, JOHN GRIFFIN, 85: WEEK OF REMEMBRANCE. Pilot who flew wartime Liberators became leading aviation historian, in The Globe and Mail (November 10, 2008).

The article details how John Griffin wanted to record every detail about every Canadian military aircraft

in history. He was one of the founding members of the Canadian Aviation Historical Society and served as its second president in the 1960s. He was awarded the Fred Hatch Award, which is presented by the society, the Canada Aviation Museum, and the Department of National Defence.

"On Aug. 29, a week before his death, a ceremony was held at CFB Winnipeg's 1 Canadian Air Division to formally open the John Griffin Library," states the Globe and Mail article. "Although he was unable to be present, his wife, Beryl, and daughter, Patricia, watched as the commander of 1 CAD, Major-General Marcel Duval, presided over the event. Stored in 50 oak bookcases, Mr. Griffin's life's work - his books, photographs and research papers - are now available to aviation enthusiasts and historians."

Captain Gord Crossley, the 17 Wing Heritage Officer until April, 2018, praised the enormous amount of work done by Lower cataloguing Griffin Archives.

"Bob has laboriously gone through every single binder and folder and pile of paper and created an index of what's in the collection," he said during a recent interview with Lower at the Griffin Archives.

"It will remain a 1 Canadian Air Division asset. It was donated to 1 CAD by the Griffin family, and this index that's been created will be shared with the RCAF Heritage across Canada so they can access the information. The file will be available online eventually. If they need a particular picture we'll scan it and send it to them. Over time much of this stuff will become digitized."

Besides the archival material, there's also a library with over 5000 titles in the same room. All those books were in Mr. Griffin's library.

"It's always good to preserve history and make it accessible to future generations," Lower said. "It's been a long, slow process. What I was faced with when I came in was a great deal of material that was only roughly sorted.

"So, I sorted it more into broad categories, like technical manuals and flight manuals. Then, I concentrated on the section that Griffin, himself, had organized into about 90 shelf feet of three ring binders full of material,

which he used as research for his two books on the aircraft of the RCAF. They were also nicely labelled on the back but nobody knew what was inside them. So, my job for about a year and a bit was to take down each one and create a summary of what was in each of those binders."

To take something from obscurity and make it accessible to researchers and historians is very rewarding, he added.

"History is always important," Lower said. "It must have cost him (John Griffin) and his family a great deal to be this dedicated to it. We should always be grateful for people like this. They seem to abound in technical areas. There are a lot of people who seem to be very keen to explore the minutiae of pursuits like war and the military and cars and things like that. God bless them."

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Experience of a Lifetime for RCAF Band

by **Martin Zeilig, Voxair Photojournalist**

Captain Matthew Clark, Commanding Officer/ Director of Music for the Royal Canadian Air Force Band, and 36 of his fellow musicians made history this summer.

They were part of a contingent of some 120 RCAF personnel to, as was noted in the Maple Leaf, “undertake the prestigious and very visible role” as the Queen’s Guard in London.

It was the first time that a Canadian non-infantry military contingent had undertaken the task. An earlier story in the June 6, 2018 issue of The Voxair (RCAF to perform ceremonial duties in London, England) described how 80 RCAF personnel from across Canada trained at 17 Wing for their task in the United Kingdom (June 25-July 15).

“All good movies have a soundtrack that are an essential addition to help set the mood and guide the viewer’s experience and emotions,” Major David Meister, Senior Public Affairs Officer, 2 Canadian Air Division Headquarters, said in an email. “The RCAF’s experience in the United Kingdom was no different. Having the RCAF Band there as part of the team provided a unique soundtrack to a series of historic events. Their music truly helped participants and spectators get caught up in the moment. In my opinion, they helped transform the RCAF’s time in the United Kingdom from a display of great skills to an unforget-



For the first time in its 94-year history, the Royal Canadian Air Force performs Public Duties for Her Majesty Queen Elizabeth II in London, 25 June, 2018. Photos include Wellington Barracks and Buckingham Palace. Photo: MCpl William Boucher 12 AMS Shearwater

table experience.”

Capt Clark consented to an interview about the RCAF Band’s experience in London.

The Voxair: What are the duties of the Queen’s Guard, and what role did the RCAF Band perform?

Capt Clark: The duties are guarding the palaces of Her Majesty Queen Elizabeth II -- Buckingham Palace, St. James Palace, and Windsor Castle. The RCAF Band musically led the contingent to and from their places of duty as either the New or the Old Guard. As musicians, we were strictly ceremonial musical support. The ma-

jority of the time we would either lead the Old Guard from St. James Palace to Buckingham Palace or the New Guard from Wellington Barracks to Buckingham Palace. It was the same at Windsor Castle where we stepped off from Victoria Barracks with the contingent. We also supplied buglers to play at the Ceremony of the Keys at the Tower of London.

TV: How far in advance did you know about all this?

Capt Clark: We knew about this for about a year ahead of time. Once I knew it was going to happen, my mind started to focus very closely on what was at hand. More specifically, when we hit January of this year, my mind set turned to all England all the time: For all the music we had to prepare and getting all the personnel aligned and into marching shape and ready for the intensive training we had to do.

TV: You took 36 personnel, including yourself and a drum major. What sort of music did you play?

Capt Clark: Yes. That’s right. We played everything from the traditional marches, such as the Standard of St. George, Balfour, or RCAF March Past, or great Canadian marches like Canada Overseas, The Maple Leaf Forever and Mon Amis. We performed these whilst leading our airmen and airwomen back and forth to the palace. But, when on the grounds themselves, if we were on the forecourt of Buckingham Palace, we actually played lighter things. We actually played movie and TV themes like Jurassic Park, Star Wars, Pirates of the Caribbean, and Game of Thrones. Music that would instantly grab the public’s attention.

TV: What else would you like to add about your time in London this summer?

Capt Clark: It was a truly amazing experience. What I found to be eye-opening was the amount of serious work required by all involved in preparation. As you can imagine it was intensive and demanding. I know I was eager to ensure that the Band did not disappoint in the performance of our duties. There were long days on the parade square here in Canada getting ready with the contingent. There was also a lot of focused and disciplined work once we got on the ground in London itself.

We were staying at Cavalry Barracks out in Hounslow. We put in a couple of long days on the parade square there in preparation for what is called the “Fit for Role” where the Brigade Major from the Household Division actually comes in and watches us do a mock changing of the guard. During this inspection he evaluated whether or not we are capable to perform our duties to the standard demanded from the Household Division. That was high pressure. But, it was done and we passed with flying colours.

Then we got ourselves ready, and prepared our kit for the real thing. What I found astonishing was when we actually rolled out of Wellington Barracks, for the first time, onto Spur Road heading towards the palace was the emotions that came forward. You look up and

see the huge Victoria Monument before you and all of sudden you realize ‘We’re doing this for real. This is happening now.’ It was a life changing moment and you could feel that the entire contingent was completely prepared, excited and committed. We were completely ready. Their shoulders were back and heads held high with great pride. The band sounded amazing. It went to a whole new level. It was so satisfying and exhilarating. I was so very proud of them. It was an amazing moment.

We also performed for a reception at the Canadian High Commission with a small cocktail group – MACH 4. It was to mark, not only, the Royal Air Force’s 100th anniversary, but also, the fact that the RCAF were mounting public duties. All the brass were present from all levels of government and the military. We played in a room in Canada House that used to be called the Empire Club. To consider that the likes of Wellington and Churchill spent time in that room was impressive. All the leadership team from the Contingent were there. It was a wonderful night.

TV: By the way, I understand that you met the Queen’s cousin, Princess Alexandra-- The Honourable Lady Ogilvy, KG, GCVO, CD.

Capt Clark: Yes. I did meet her after we performed a concert for the RAF 100th at Horse Guards Parade. I had an introductory conversation with her. I took her to meet the band, and she talked to every single musician. It was wonderful. She’s a lovely lady. She was very happy to meet four RCAF musicians who are former members of the Queens Own Rifles of Canada. Princess Alexandra was their former Colonel in Chief. On a personal note, I was happy to tell her that she presented my father with his degree in 1974 as the Chancellor of Lancaster University in 1974. Apparently, I was there as my mother was pregnant at the time! She also has an Honorary Doctor of Musical Arts from Lancaster University. It is a very small world, indeed.

TV: Any final comments?

Capt Clark: I believe we earned a lot of respect in London. That’s something we, as Canadians, can all be very proud of. There were lots of media covering it. We did interviews with British Armed Forces Television. The Canadian Broadcasting Corporation was there too. Major Dave Meister was actually able to get CBC into the forecourt to film a lot of the coverage seen here at home. I don’t know how he moved that mountain, but he figured out how to do it. So, my hat’s off to him for his efforts. I also want to thank everyone here in Canada for their support and well wishes throughout this time. From senior leadership to our friends and family – thank you.

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Volunteering For Military Families



Lois Mallett, Chair of the Board of Directors for the Winnipeg Military Family Resource Centre, photographed at last year's Yellow Ribbon Gala on February 17, 2018 at the Victoria Inn Convention Center, Winnipeg. Photo: Cpl Justin Ancelin, 17 Wing Imaging

by **Martin Zeilig, Voxair Photojournalist**

In the words of Joël Roy, Executive Director of the MFRC, Lois Mallett, Chair of the Board of Directors Military Family Resource Centre for the past three years, is "a pearl" for the military community.

"We are blessed to have such a committed person who works for military families," he said recently. "She brings a wealth of contacts at provincial and civic (governmental) levels. She works more hours than if she were a full time employee."

The Voxair: Why are you so involved with the MFRC?

Lois Mallett: I'm involved because I'm a veteran's spouse-- a veteran's widow. I was not given a uniform, but I was definitely in the CAF without a uniform when there was no MFRC, and no support for families. We came under 'furniture and effects'. It was never defined whether I was part of their furniture or part of their effects.

When you think about it, that's a very insulting way to deal with human beings. So, when the MFRC was instituted this was a marvellous thing. It was like sliced bread. Finally, the higher ups are recognizing that families do count. The slogan under which I came into the MFRC was "The Strength Behind the Uniform."

TV: So, the leaders finally recognized that serving members of the CAF needed the support of their families, and are going to do a much better job if their families were well supported.

LM: Yes. It was absolutely marvellous. It validated the human beings that were part of the force. Our children mattered. I mattered.

TV: What would like our readers to know about you and your late husband?

LM: My husband grew up in New Brunswick. He was in logistics in the CAF. He was French Canadian. My maiden name is Patterson. I'm

Irish Protestant. I was marrying a French Canadian Catholic.

My husband was a really good guy. I met him while we were square dancing in Beausejour (46 Kilometres northeast of Winnipeg). I was teaching there, and he was based at the little radar station. We were young, and got married three years after we first met. We grew up together. We both came from similar homes where the parents were the ultimate authority. When you were out on your own it was really the first time that you had to form your own opinions and values.

We were married for 46 years. When he passed away half of me went with him. I have two children, Nicole and Melanie, and, two granddaughters. My elder daughter, Nicole, is a senior nurse administer in Alert Bay a village on Cormorant Island, B.C. She and her husband have two daughters, ages 12 and six. They are the light of my life. Melanie, my younger daughter, and her husband are professors of law at the University of Ottawa. They have no children. I'm very proud of my children and grandchildren.

TV: What else would you like to readers to know about your personal life?

LM: Well, I was born in the Rural Municipality of Westbourne, and I grew up on a farm outside of Gladstone (about 151 kilometres northwest of Winnipeg). I was the oldest of seven children. I have 21 project years in 4H Clubs. I was very involved in the agricultural club and I did a lot of public speaking, demonstrating-- a lot of showmanship. I was an exchange visitor to the United States. I've kept in touch with my U.S. family all these years.

Joe and I travelled. We were posted from coast to coast. I taught in Beausejour. I taught in Portage la Prairie and at the big airbase (Southport -- 3 Canadian Flight Forces Training School-- in Portage).

I was trained as teacher in Manitoba. I also have a New Brunswick licence. I've also taught at Masset (formerly Massett) on the Queen Charlotte Islands (now Haida Gwaii in B.C.)

When I came here there was a surplus of teachers so I made the choice of becoming an educational assistant.

I tutored students, whose grade average was not quite good enough to get them into university, in the core subjects. I worked at the Pembina Trails School Division for many years.

I started teaching grade one, then grade five, then junior high school, and I ended up in high school. I absolutely loved working with high school students.

TV: Anything else you'd like to say?

LM: There are a few things. Before the MFRC, families were totally on their own. My husband was deployed just as regularly as current members are. He was in Supply.

There was one stretch of seven years when my husband was away for three or four months at a time, and I was alone with the kids. I was on my own with the children. I never shirked my duty. I knew what I had to do. I'm a strong woman. So, I was able to manage. But, it would have been nice to get a phone call from someone asking, 'Are you doing okay? Is there anything that you really need?' That didn't happen. You were totally on your own. And, the wages back in those decades were certainly not what they are now.

So, my role with the MFRC is to support families. But, I'm also cautious that we cannot over indulge. We're going to try and make your life easier and happier. That your needs are met and you're content, so that the CAF member can do a better job with an easy mind.

There is a sense out there that we should be doing more. Well, we're doing a lot. Just think of the services that are being provided by the MFRC here. It's an amazing slate of things with an amazing staff that are there to help.

So, if you can't get to the gym, I'm not going to cry. Some of it is up to you.

People have to hear that. The present day military families have no concept of what it was like without the support system that is now behind them.

We have an excellent executive director with a good staff.

The services that are provided are exemplary. We can't baby sit all the time. Childcare is the major issue that comes up time and time again. We have extended our occasional childcare hours. We have emergency childcare. We have a wonderful daycare centre. But some of the responsibility also falls on the families. What is your family plan? What if the member is called away and you need childcare? We'll step in, but what is your family plan if we weren't here?

The military has been an important part of my life since 1967 when Joe and I were married. I'm not planning walk away from it, because you just sort of graduate into other facets of it.

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In this issue the Voxair is pleased to introduce a cartoon by a talented group of military members in the Winnipeg military community. We will try to run a cartoon from them in every issue if possible but if you are interested in seeing more of their stuff please follow them on Facebook at Air to Ground Comics.

Barker College Member to Speak at World Space Week



Major Kelly Freitag with his presentation for World Space Week. Photo: Martin Zeilig, Voxair Photojournalist

by Martin Zeilig, Voxair Photojournalist

Major Kelly Freitag, Chairman of Aerospace Capability and Deployment at Barker College, will be a special guest speaker and presenter at World Space Week on October 11.

The evening event, which will be held at Manitoba Aerospace, 1000 Waverley Street, is by sponsored by the 2018 Canadian Space Society Winnipeg Chapter.

Dr Philip Ferguson, NSERC / Magellan Aerospace Industrial Research Chair in Satellite Engineering, is the other guest speaker that evening.

World Space Week is an international celebration of science and technology, and their contribution to the betterment of the human condition, notes online information from the CSS. The United Nations General Assembly declared in 1999 that World Space Week will be held each year from October 4-10.

These dates commemorate two events: October 4, 1957: Launch of the first human-made Earth satellite, Sputnik, thus opening the way for space exploration.

October 10, 1967: The signing of the Treaty on Principles Governing the Activities of States in the Exploration and Peaceful Uses of Outer Space, including the Moon and Other Celestial Bodies.

CSS-Winnipeg wishes to commemorate WSW 2018 with an interactive and informative gathering of space enthusiasts, their friends and family, says the provided material.

"My topic will be covering Canadian Military in space, what we're using space for and where it will be

going in the future," Maj Freitag said during a conversation in the second floor lounge area at Barker College.

"I'll talk about some of the projects that we'll be doing in the future-- that we know will happen. It will be mostly focussed on communications."

Communications to the north and the Arctic is a very big challenge because it's coverage of a geostationary band, which is normally limited to +/-65 degrees latitude, he explained.

"That's a big challenge for us," Maj Freitag, who has a Master's Degree in Physics from the Royal Military College with undergraduate degrees in computer science and economics.

The arctic is, of course, very important to Canada, both from a civilian and military perspective, he notes.

"I'll also talk about marine domain awareness, monitoring ship traffic, and what we do in the coastal regions," Maj Freitag continued. "I'll talk about a project, Polar Epsilon."

Polar Epsilon 2 (PE2) will provide Enhanced Maritime Domain Awareness domestic and global for DND operations, notes printed information Maj Freitag provided to The Voxair.

It includes near-real-time ship detection, identification and tracking of vessels; exploitation of RCD Synthetic Aperture Radar (SAR) and Automatic Identification System (AIS). It will give daily coverage of Maritime approaches of Canada's Arctic Region and land surveillance and intelligence, including four day coherent change detection revisit.

Meanwhile, Dr. Ferguson, who's also an Associate Professor Department of Mechanical Engineering, University of Manitoba noted that his research studies ways in which new manufacturing and control technologies can benefit the space industry, making space more accessible for everyone.

"For decades, we in the space industry have become accustomed to space missions taking ten or more years to design, with price tags often in the hundreds of millions of dollars," he said in an email to The Voxair.

"By developing new techniques for getting more function out of existing space systems and new verification methodologies, my research will pave the way for more modern technologies such as predictive control and additive manufacturing to enable more efficient and less expensive space missions."

Events such as WSW are critical to engaging the

Canadian public and demonstrating the vast potential our space program could provide to our communities, companies and research institutions, he added.

Maj Freitag noted that he'll also be touching on a number of other related topics during his 15 minute power point presentation.

"Space is a very dynamic area," he said. "In the future, we'll have space internet. So, you'll have internet anywhere in the world. I see much smaller satellites delivering the capability many years down the road. I see a lot more surveillance of space to detect satellites and other objects in space."

Maj Freitag observed that space debris, pieces of rockets and dead satellites, can pose a hazard to near earth space exploration.

(It is estimated that there are 600,000 pieces of space junk ranging from one centimetre to 10 cm, and on average one satellite is destroyed each year, according to an article, Kessler syndrome, on Wikipedia.)

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Around The Wing



Congratulations to Team 2 CAD for winning the 2018 Wing Recreational Golf Championships! Pictured above is Maj Keith Dort (left) and Maj Tim Woodward (right). Other team members missing from photo include: WO Michael Morrison, Capt Manivone Morrison, Col Ron Walker, Capt Lyod Olson, MWO Barry White, Capt Kevin Mitchell, Capt Harold Handley, LCol George McLeod, Capt Darrell James, CWO Pierrot Jette, and CWO JC Parent.



Chaplain Captain Paul Gemmiti blesses Paris and Teddy Bear at the Animal Blessing at the 17 Wing Community Chapel on Oct 4. Photo: Bill McLeod, Voxair Manager



(L-R) Laurie Joly, Jackie Overton, Stephane Joly, Amanda Proctor, Andrew Overton, and chaplains Capt Paul Gemmiti and Maj Hope Winfield pose for a photo following the Animal Blessing at the 17 Wing Community Chapel on Oct 4. Photo: Bill McLeod, Voxair Manager

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Around The Wing



Warrant Officer Joel Manaire and Master Corporal Calvin Slute, 435 Squadron Search and Rescue (SAR) Technicians, prepare their equipment for a static line jump while Jordan Pearn, Global TV Cameraman, records the event in the CC130 Hercules aircraft, on 20 September 2018. Photo: Sgt Daren Kraus



Royal Canadian Navy Personnel pilot a Ridged Hull Inflatable Boat along the Red River during the HMCS Chippawa Boat Exercise on September 29th, 2018 at Winnipeg, Manitoba. Photo: Cpl Bryce Cooper, 17 Wing Imaging



Major Piotr Sliwowski, 38 Canadian Brigade Group, (left foreground) hosts 17 Wing Commander Colonel Eric Charron (right foreground) at the Wing Commander's Coffee Break on Oct 9 at the headquarters atrium. Photo: Bill McLeod, Voxair Manager



17 Wing Chaplain Major Hope Winfield holds Tibby while reading from the service as Master Corporal Amanda Proctor and Corporal Andrew Overton follow along with chaplain Captain Paul Gemmiti at the Animal Blessing at the 17 Wing Chapel on Oct 4.



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Advice from 100-year-old Veteran



Mr Ralph Wild, veteran of the Battle of Britain, celebrates his 100th Birthday on Sept 27 at River Ridge Retirement Residence as Colonel Eric Charron, 17 Wing Commander wishes him happy birthday. Photo: Submitted

by 2Lt Becky Major, 17 Wing Public Affairs

On his 100th birthday, Battle of Britain veteran Ralph Wild had some important advice to pass on. "My father always said no smoking, no hard alcohol, no swearing and no arguments!"

Family, friends and local dignitaries celebrated with the centenarian during a "Mad Hatter" birthday party held at the River Ridge Retirement Residence on 27 September. Guests were invited to wear a hat and share tea and cookies from the High Tea Bakery. Mr. Wild was wearing a tall red hat in line with the Mad Hatter theme, though he was also easy to spot with his throne and birthday balloons.

In attendance was 17 Wing Commander, Colonel Eric Charron, along with Mayor Brian Bowman, Member of the Legislative Assembly Jon Reyes and Councillor Jeff Browaty. Padre Hope Winfield gave a blessing to start off the celebration, and members of the Military Family Resource Centre were there in support as well. Ralph Wild has had a long standing relationship with 17 Wing, and has laid a wreath at the Battle of Britain parade every year on behalf of the battle's survivors.

Col Charron was invited to speak and thanked Ralph Wild for his service and the inspiration he provides for the younger generations. "You served at a time where women were just starting to be employed in uniform and new radar technology gave a great advantage to intercepting enemy forces, both contributors that we now take for granted today in our own military. It's important for our young airmen and airwomen to meet veterans like you and understand the sacrifices you made for their future."

After all the guests had spoken, an energetic Mr. Wild challenged them to a bean bag throwing contest, before saying a few words himself. He passed on many pieces of advice from his father, including "Anything worth doing is worth doing well." Mr. Wild also claimed there is no secret to a long life, except the luck of having good genes.

The party included a rendition of Happy Birthday which ended with Mr. Wild himself exclaiming, "And many more!"

17 WING FIRE CHIEF'S CORNER



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SMOKE DETECTORS

- Install smoke detectors on every level of your home and outside of sleeping areas.
- Test every detector twice a year [See your instruction book for the Test Button location.]
- Keep smoke detectors dust free. Replace batteries with new ones at least once a year, or sooner if the detector makes a chirping sound.
- If you have a smoke detector directly wired into your electrical system, be sure that the little signal light is blinking periodically. This tells you that the alarm is active.

FIRE EXTINGUISHERS

- Fire extinguishers should be mounted outside the kitchen, in the garage, basement, workshop.
- Purchase an ABC type extinguisher for extinguishing all types of fires.
- Learn how to use your fire extinguisher before there is an emergency.
- Remember, use an extinguisher on small fires only. If there is a large fire, get out immediately and call 911 from another location.

RCSU (NW) Honours & Awards



CO LCol Denis Letellier (Right) and Regional RSM James Leamy (Left) present the CD2 to LCdr Alan Cann with RCSU (NW) during the RCSU NW Honours & Awards Ceremony on September 19, 2018 at 17 Wing. All photos: Capt Marco Da Silva-Martins, PAO RCSU (NW)



WO Jim Klein received the CD2.



Capt Dale Crouch received the CD.



LCdr Conor Lloyd received the CD.



Capt Bradley Penner received the CD.



MCpl Natalie Veilleux received the CD.



Capt Kerry Walker received the CD.



Left: Nikki Batla received the Regional Cadet Support Unit (NW) Command Team Commendation. This award is presented in recognition for her outstanding work ethic, unwavering dedication, and commitment to the officers of the Regional Cadet Support Unit (Northwest) and the Canadian Cadet Organizations. Mrs. Batla consistently provides service that goes beyond the normal scope of her responsibilities. Mrs. Batla has brought great credit upon herself and the Canadian Cadet Organizations and is most deserving of this recognition of her devotion to the Regional Cadet Support Unit (Northwest) mission and vision, Bravo Zulu!

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18 octobre au 3 novembre • L'Armoire – au Théâtre Cercle Molière
19 octobre • Spectacle d'humour – Paul Taylor au CCFM
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Family Violence Prevention and Awareness Week October 15-19

by Haley Schroeder, Mental Health Social Worker, 23 CF Health Services

In accordance with DAOD-5044-4 – Family Violence, 17 Wing has a Family Violence Team that is responsible for awareness and prevention, as well as support and follow up in situations where family violence has occurred. The 17 Wing Family Violence Team is chaired by 23 Health Services Mental Health Department and includes representatives from the Military Family Resource Centre, Health Promotion, Wing Chaplain and Military Police.

October 15-19 is National Family Violence Prevention and Awareness Week. We want you to “Take a Stand” against Family Violence. Look for our informational kiosks at the Combined Mess and the Air Division HQ. Please check the Wing Calendar for information about our lunch and learn on Oct 18.

If you have questions about events taking place during the week, or you require support in relation to family violence please contact the Mental Health Department at local 5086.

What is Family Violence?
Family violence means an abuse of power within a relationship of family, trust or dependency, and includes many forms of abusive behavior. Examples include emotional abuse, psychological abuse, criminal harassment, neglect, financial exploitation, destruction of property, injury to pets, physical assault, sexual assault and homicide.

Family violence has both short and long term effects. Children who witness violence in the home suffer emotional abuse as a consequence.

Abusive behavior often results in the person feeling afraid and controlled.

Who is Affected by Family Violence?
Family violence happens in all cultural, racial, and religious groups and at all income and rank levels.

Why is the DND/CAF Concerned with the Issue of Family Violence?
Family violence in any form is a priority issue within the Canadian Armed Forces.

Family violence is a very private and emotionally charged issue. It is a difficult topic to talk about.

Individuals may still be too fearful to come forward and seek assistance for issues related to violence and/or abuse. The unfortunate part of this scenario is that a problem left unaddressed, can escalate.

The Canadian Armed Forces is committed to raising awareness and strengthening its response to family violence through accessible resources, prevention and support services.

If you are experiencing or witnessing family violence...seek help!

Not Sure If You Need Help?
Your relationship is abusive if either partner:

- Dominates or controls the other
- Keeps the other isolated
- Uses insults or put-downs
- Damages the other's property
- Shows extreme jealousy or possessiveness
- Pushes, hits, throws things, chokes or physically restrains
- Forces sex
- Limits access to money

Where To Go For Support in the CAF:

- Base/Wing Family Crisis Team
- Military Police
- Chaplains
- Social Work Officers
- Medical Officers
- CFMAP: 1-800-268-7708
- Family Info Line 24/7 1-800-866-4546

Where To Go For Support outside the CAF:

- Military Family Resource Centre
- Emergency Services
- Shelters
- Victims Services
- Rape Crisis or Sexual Assault Support Centers
- Social or Family Service Agency
- Children's Aid Society
- Hospitals

Family violence is a very private and emotionally charged issue. It is a difficult topic to talk about. Take A Stand. Make the call. [All inquiries will be kept in strictest confidence]

Take A Stand!
Family Violence Prevention
General Awareness

Canada

Celebrate Conflict Resolution Day: October 18, 2018

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Join us for this one-hour workshop where we will discuss the topic of Confident Communication; the ability to express positive and negative ideas in an open, honest, and direct way. Confident Communication allows us to take responsibility for ourselves and our actions without judging or blaming other people and allows for a collaborative conversation. This interactive workshop will look at communication as a way to empower you to develop boundaries with people, allowing you to have your needs met without pushing others away or allowing yourself to feel anger or resentment. The goal of Confident Communication is to develop an environment of collaboration and growth.

CCMS Winnipeg is hosting a Lunch and Learn:

- Confident Communication presented by mediator Marco Favasoli
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College Corner



RCAF Barker College member Major David Dunwoody will be joining Team Canada at the 2018 Invictus Games in Sydney, Australia. The Invictus Games will take place from 20 to 27 October 2018. The Invictus Games were created by Prince Harry for mentally and physically wounded veterans and active service members. The Games embrace the power of sport to inspire recovery, support rehabilitation, and generate a wider understanding and respect for those who serve their country.

This years, 39 athletes selected from 700 applicants will represent Canada at the Games. They will compete against over 500 athletes from 18 countries in a variety of individual and team sports. Maj Dunwoody will coach the archery team who will be competing in the qualifications on 25 October and the finals on the 26th.

For many of these athletes dealing with post-traumatic stress disorder, sexual trauma, and physical injuries standing on the archery field and completing the tournament will be their victory. Invictus is latin for unconquered. For Team Canada, the Games are their opportunity to to prove that they are not defined by their injuries.

Follow the 2018 Invictus Games at <https://www.invictus-games2018.org>. You can follow Team Canada through social media at Facebook @tcinvictusec, Twitter @igteamcanada, #soldieron, and #ig2018

RCAF Barker College News

What is Workplace Violence?

Robert Parent, Acting Wing General Safety Officer

Most people think of violence as a physical assault. However, workplace violence is a much broader problem.

“...any action, conduct, threat or gesture of a person towards an employee in their workplace that can reasonably be expected to cause harm, injury or illness to that employee.”—Dept of Justice, Canada

Unfortunately, a high number of employees are unable to recognize signs of workplace violence.

“According to an AAOHN official, a study found that nearly 20 percent of the entire workforce claimed they have experienced an episode of workplace violence first-hand, yet the majority still did not know what to look for when it came to determining potential offender characteristics.” - www.eversafe.ca

Here are some examples of workplace violence:

Threatening behaviour	Shaking fists, destroying property, throwing objects, vandalism, arson
Verbal or Written threats	Any expression of an intent to inflict harm
Behaviour that includes:	Pranks, sabotage, psychological trauma
Verbal Abuse	Swearing, insults, condescending language, arguments, rumours
Physical attacks	Hitting, shoving, pushing, kicking, rape, murder

Workplace violence is not limited to incidents that occur within a traditional workplace. Work-related violence can occur at off-site CAF/DND related functions, at social events related to work, on TD or away from work but resulting from work (a threatening telephone call to your home from a co-worker or colleague).

Members of the Defence Team have the right to work in an environment that is free from physical and psychological harm, and depend on programs and preventive measures that address this threat to individual well-being.

The CAF and DND have a ZERO tolerance of work place violence. Any and all forms of physical and psychological threats to workplace health and safety will be responded to promptly.

If you experience any of these behaviours, do not hesitate to take action by reporting them to your Chain of Command or by contacting your local CCMS office for further direction or options.

cafconnection.ca/winnipeg

MILITARY SPORTS DAY

FRIDAY 19 OCTOBER 2018

All participating members will be entered for a chance to win a pair of Winnipeg Jets tickets

SPORTS DAY

CANADIAN ARMED FORCES LEAD BY EXAMPLE

EVENT	OPI	LOCAL
Volleyball	Stefan Dowhayko	4833
Round of Golf/Disc Golf Clinic	Jackie Kurcoba	6909
Try Squash	Capt Dale Dieleman	5409
Zumba	Lee-Ann Brookes	2455
Yoga	Lee-Ann Brookes	2455
Curling	Marc Lavallee	2455
Pickleball/Badminton	Devon Klassen	2455
Indoor Soccer	Cpl Lyndsay Cross	4528
Dodgeball	David Chung	2455
Gym Activities, Swim & Pizza	Ashley Clement	7013

To register or for more information, please contact the OPI of the sport.
For more information contact Rick Phillips at local 5871.

COMMUNITY RECREATION IN-SERVICE DAYS

A FUN-FILLED DAY OF GYM, SWIM, MOVIE, HOT LUNCH, INDOOR ACTIVITIES & A TRIP!

FRIDAY OCTOBER 19 * **FRIDAY NOVEMBER 9** * **FRIDAY NOVEMBER 23**

BOONSTRA FARMS * **HIDE 'N SEEK INDOOR PLAYGROUND** * **WESTWOOD BOWLING LANES**

DROP-OFF from 0730 - 0900 hrs • PICK-UP from 1600 - 1715 hrs

Membership \$26.25 per day/per child • Non-Membership \$31.50 per day/per child

INFO: 204-833-2500 poste 5139 ou 2057 • Register online at: www.cafconnection.ca/winnipeg

JOURNÉE PÉDAGOGIQUE

UNE JOURNÉE AMUSANTE D'ACTIVITÉS AU GYMNASÉ, LA NAGE, UN FILM, UN DÎNER CHAUD, DIVERS ACTIVITÉS, ET UNE EXCURSION.

VENDREDI 19 OCTOBRE * **VENDREDI 9 NOVEMBRE** * **VENDREDI 23 NOVEMBRE**

« BOONSTRA FARMS » * « HIDE 'N SEEK » AIRE DE JEUX INTÉRIEUR * « WESTWOOD BOWLING LANES »

LAISSEZ VOS ENFANTS de 7h 30 à 9 h • RAMASSEZ VOS ENFANTS de 16 h à 17 h 15

26,25 \$ par jour par enfant pour les adhérents • 31,50 \$ par jour par enfant pour les non-adhérents

INFO : 204-833-2500 poste 5139 ou 2057 • Inscrire en ligne au : www.connexionfac.ca/winnipeg

FÊTE d'HALLOWEEN PARTY!

17 WING / 17^E ESCADRE
COMMUNITY RECREATION / LOISIRS COMMUNAUTAIRES

HALLOWEEN PARTY!

SATURDAY **27 OCT** LE SAMEDI

1 PM - 4 PM BLDG 90 - 680 WIHURI RD.
13 H à 16 H BÂT. 90 - 680, CH WIHURI

Hamster Ball • Crafts • Games
Haunted House • Cookie Decorating
Bouncers • Goody Bag • Costume Parade

boules à hamster • artisanat • jeux maison hantée • décoration de biscuits
jeu gonflable • sac de cadeau • défilé de costumes

AND TONS OF OTHER FUN ACTIVITIES FOR ALL AGES!

ET BEAUCOUP D'AUTRES ACTIVITÉS DIVERTISSANTES POUR TOUS LES ÂGES!

\$3 MILITARY/WITH MEMBERSHIP
\$10 FAMILY - MILITARY/WITH MEMBERSHIP
\$5 NON-MEMBERSHIP
\$12 FAMILY - NON-MEMBERSHIP

3^S MILITAIRES/MEMBRE ADHÉRENT
10^S FAMILLES - MILITAIRES/MEMBRE ADHÉRENT
5^S NON-ADHÉRENTS
12^S FAMILLES - NON-ADHÉRENTS

TICKETS CAN BE PURCHASED AT BLDG 90 FRONT DESK • VOUS POUVEZ ACHETER DES BILLETS À LA RÉCEPTION DU BÂT. 90

13th Annual BALL HOCKEY - BALLE 13^e annuel

HOCKEY - BALLE

TOURNAMENT IN SUPPORT OF GCWCC
TOURNOI À L'APPUI DE LA CCMTGC

Friday **October 26 2018** Le vendredi **26 October 2018**

First Game 0800 hrs • Premier match : 8 h

Entry Fee of \$30 per team
Entry Deadline: Friday, October 19, 2018

Inscription : 30 \$ par équipe
Date limite : Le vendredi 19 octobre, 2018

DEVON KLASSEN • ext. poste 2455

OPI / BPR

GOVERNMENT OF CANADA WORKPLACE CHARITABLE CAMPAIGN
CAMPAIGNE DE CHARITÉ EN MILIEU DE TRAVAIL DU GOUVERNEMENT DU CANADA

YOU Can Make a Difference!
VOUS pouvez changer les choses!

HEALTHY WORKPLACE MONTH

MOIS DE LA SANTÉ AU TRAVAIL

October is Healthy Workplace Month in Canada, a month dedicated to encouraging workplaces to foster a culture of trust and respect where people are happy and healthy at work.

October est le mois de la santé au travail au Canada. C'est l'occasion d'encourager les milieux de travail à favoriser une culture de confiance et de respect où les personnes sont heureuses et sereines au travail.

WEEK 1 SEMAINE 1 OCTOBER 1-5 DU 1 AU 5 OCTOBRE	Mental Health Awareness <i>Sensibilisation à la santé mentale</i> Find us on Facebook and Twitter @PSPWinnipeg for resources, ideas, and strategies on how to take care of your mental health. Consultez nos comptes Facebook et Twitter @PSPWinnipeg pour des ressources, idées et stratégies sur la façon de prendre soin de votre santé mentale.
WEEK 2 SEMAINE 2 OCTOBER 6-12 DU 6 AU 12 OCTOBRE	Gratitude Wall @ Bldg 90 <i>Mur de la gratitude au bâtiment 90</i> Participate in our Gratitude Wall by sharing a note (and a picture if you have one) of what you're thankful for. Practicing gratitude in the workplace helps build a positive, healthy work environment. Prenez part à notre mur de la gratitude en y ajoutant un mot (et une photo si vous en avez une) décrivant ce dont vous êtes reconnaissant. En cultivant la gratitude au travail, on construit un environnement de travail positif et sain.
WEEK 3 SEMAINE 3 OCTOBER 15-19 DU 15 AU 19 OCTOBRE	Family Violence Prevention and Awareness Week <i>Semaine de sensibilisation et de prévention de la violence en milieu familial</i> The week will highlight the impact family violence has in the workplace and various resources, on-base support available, as well as resources in the local community. Cette semaine souligne l'impact de la violence familiale sur le milieu de travail et les diverses ressources disponibles dans la base et dans la collectivité.
WEEK 4 SEMAINE 4 WEDNESDAY OCTOBER 24 MERCREDI 24 OCTOBRE	Group Soup @ Bldg 137 foyer 1130 - 1300 hrs <i>Soupe communautaire au bâtiment 137 11h30 à 13h00</i> Join us for a time of social connection over lunch. Make a donation in support of the GCWCC. Joignez-vous à nous pour un repas favorisant les interactions sociales. Faites un don à l'appui de la CCMTGC.

Throughout the month of October, share how you make your workplace healthy on Facebook and Twitter @PSPWinnipeg or by email at healthpromo@forces.gc.ca
Durant tout le mois d'octobre, nous vous invitons à nous dire comment vous cultivez la santé au travail, sur Facebook et Twitter @PSPWinnipeg ou par courriel à healthpromo@forces.gc.ca

PSP HEALTH PROMOTION / SERVICE DE PROMOTION DE LA SANTÉ DES PSP (204) 833-2500 LOCAL/POSTE 4150 HEALTHPROMO@FORCES.GC.CA

Managing Angry Moments (MAM)

Gérer les moments de colère

23 & 30 October 2018
0830 - 1600 hrs
23 et 30 octobre 2018
08h30 à 16h00

Through education, MAM aims to help you identify the specific situations that provoke your anger and determine coping mechanism that will work for you.
Il s'agit d'un volet éducatif qui vise à vous aider à cerner les situations précises qui provoquent votre colère et à déterminer les mécanismes d'adaptati qui vous conviennent.

For more information or to register, contact Health Promotion at (204) 833-2500 ext. 4150 or healthpromo@forces.gc.ca
Pour s'inscrire, composez Promotion de la santé le (204) 833-2500 poste 4150 ou healthpromo@forces.gc.ca

Group Soup Soupe Communautaire

WEDNESDAY OCTOBER 24
MERCREDI 24 OCTOBRE

@ Bldg 137 foyer 1130 - 1300 hrs
au bâtiment 137 11h30 à 13h00

Health Promotion is cooking up the soup. For a minimum donation of \$1, enjoy a cup with friends and co-workers.
L'équipe de la promotion de la santé prépare la soupe. Régalez-vous en compagnie de vos amis et collègues pour un don minimum de 1 \$.

Proceeds of this event in support of the GCWCC.
Le produit des ventes sera remis à la CCMTGC.

PSP HEALTH PROMOTION / SERVICE DE PROMOTION DE LA SANTÉ DES PSP (204) 833-2500 LOCAL/POSTE 4150 HEALTHPROMO@FORCES.GC.CA

Have you got a story you'd like to share with us?
Drop us a line at 204-833-2500 (ext. 6976)
or send us an e-mail at voxair@mymts.net

Advertise With Us!

And reach the 17 Wing Community

Contact (204) 833-2500 ext 4120
thevoxair.ca



Connect with us:

102 Comet Street / 102 rue Comet
204-833-2500 extension / poste 4500

www.cafconnection.ca

www.facebook.com/WinnipegMFRC

www.facebook.com/WinnipegMFRCYouth

Upcoming MFRC Programs and Events

For the most current information on all of our programs, visit our webpage at:
www.cafconnection.ca/Winnipeg
or follow us on Facebook and Twitter:
@WinnipegMFRC

Free drop in programs:

CAFE EN FRANÇAIS

Join us for a coffee and chat in French. This is a perfect connect with other francophones and francophiles or an opportunity to practice your French. Wed. 10 (MFRC), 12 (South Side 347 Doncaster), 24 (École Romeo Dal-laire) 0930 – 1100

FRENCH LUNCH 'N CHAT

Is French your second language? Would you like to build your confidence? Bring your lunch to the MFRC and enjoy French conversation. This is geared for higher-intermediate to advanced levels. Free drop-in Thursdays 1230 – 1300 Oct 11, 18, 25

SOUTH SIDE COFFEE

French or English, parent or not, kids at home or empty nest...everyone is welcome to come for a visit and snacks. Meet new people. Catch up with old friends. Wednesday, Oct. 17, 0930 - 110

A PARENT GROUP

Join us for some parenting discussions and networking. Wed. 0930 – 1130, Oct. 10 & 24

A PARENT COMMUNITY

A 'community' of parents will discuss topics related to parenting children of all ages. Fridays, 0930 - 1130 Oct. 12, 19, 26

CAREER AND EDUCATION FAIR

Come connect with employers who understand the chal-

lenges of military life. There will be presentations Wed. Oct. 24, 0900 – 1600 Holiday Inn Airport West 2025 Portage Ave

MATURE WOMEN'S GROUP

Share your wisdom and expertise about navigating life's journey, have some laughs and make some new connections. For women 45+. Mon. Oct. 29, 1900 – 2100. Free. Drop-in.

FIREWORKS

Join us for an evening of fireworks with a bonfire and chili dinner. Bring your own blankets and lawn chairs. FREE! Fri. Oct. 26. 1800 – 2100. South Side Youth Centre, 347 Doncaster St.

Come to the MFRC now to register for:

PUMPKIN DAY

We will do everything pumpkin from snacks to crafts. Kick off your spooky season with us. Wed. Oct. 24, 1800 – 2000. \$5 each or \$10 per family Register by Oct. 19.

LADIES NIGHT OUT AT UPTOWN ALLY

Join us for ladies night out and enjoy some fun at the bowling lanes!! Dress up for the best costume award to win a free swag bag! Tues. Oct. 30, 1900 – 2100 Register by Oct 22. \$10

DEPLOYMENT DINNER DATE

Have a loved one deployed or recently returned? Have a meal with your community - no cooking required! Mon. Oct 15, 1700 – 1900. \$5/adult, \$3/child, under 4 free. Max \$20 per family. Register by Oct. 12

BRAIN BUILDERS FOR 3-5 YEAR OLDS

In this 4 week course children ages 3-5 years will use their engineering and architectural skills to create amazing contraptions! Wednesdays, 1330 – 1530, November 7, 14, 21 & 28 \$20 a month/per child Register by October 18 Call 204-833-2500 ext 2491 held at Westwin Children's Centre, 642 Wihuri Rd.

RESTORATIVE YOGA

This is not a work out and does not require incredible flexibility or balance. Rather the goal is relaxing and feeling refreshed through gentle stretching and movement. Thursdat. Oct. 25 1900 - 2000 \$10 Register by Oct. 22

EVERYTHING BINDER

Whether they are deployed or may be soon, we have information, tools and tips for preparing for a successful deployment along with how to create an "Everything Binder". Thurs. Oct. 25 1700 – 1900 Register by Oct. 23

MAKE AHEAD MEALS

Not sure what to make for dinner? No time to make anything? Come out to the MFRC and make some meals in advance. These are easy, healthy meals that are ready to go from the freezer! Lazy Lasagna, Taco Chili(V), Sweet and Sour Chicken, Zesty Italian Melts, Parmesan Herb Blend, and Basic Taco Seasoning Sunday November 4 1200 - 1500 \$40. Register by October 30
Please bring mixing bowls, measuring cups, spoons and an apron

HOLIDAY MORALE MAIL

If you are sending a parcel to your deployed loved one and wish for it to arrive by December 24, it is advised to drop it off at the MFRC or 17 Wing post office no later than November 9, 2018.
You are invited to use the parcel packing station at the MFRC. It will have holiday decor items which you can use to make your package festive.
NOTE: some countries have item restrictions and all mail has size restrictions. For more information, please call Ana Vucic at 204-833-2500 ext 2991 or visit: www.forces.gc.ca/en/write-to-the-troops/mailling-instructions. page and for item restrictions by specific country: www.canadapost.ca/tools/pg/manual/PGintdest-e.asp

Call 204-833-2500 ext 4500 to register for programs or for more information

WINNIPEG MILITARY FAMILY RESOURCE CENTRE

Learning & Career Fair

Foire de la carrière et de l'éducation

DU CENTRE DES RESSOURCES POUR LES FAMILLES DE MILITAIRES DE WINNIPEG

WEDNESDAY **24 OCT 2018** MERCREDI

9:00 am - 4:00 pm 9 h à 16 h

HOLIDAY INN AIRPORT WEST
2520 Portage Ave. • Winnipeg, MB • 2520, Av. Portage.

FREE! Open to all members of the defence team and their families.
GRATUIT! Pour tous les membres de l'équipe de la défense et leurs familles.

MFRC CRFM
MILITARY FAMILY RESOURCE CENTRE
CENTRE DES RESSOURCES POUR LES FAMILLES DE MILITAIRES

FOR MORE INFORMATION:
POUR DE PLUS AMPLES INFORMATIONS:
John Bailey • john.bailey@forces.gc.ca
204-833-2500 ext/poste 4511

PUMPKIN DAY

Deserts, Snacks, Colouring, Carving, Painting

ALL THINGS PUMPKIN WEDNESDAY

OCT 24 1800 - 2000

\$5 EACH OR \$10 PER FAMILY REGISTER BY OCTOBER 19

MFRC CRFM

MFRC CRFM WINNIPEG

Free FOR EVERYONE! Gratuit POUR TOUS!

FRIDAY VENDREDI **26 OCT** 2018

SOUTH SIDE YOUTH CENTER • 347 DONCASTER ST.
CENTRE JEUNESSE - SUD • 347, RUE DONCASTER

DINNER from 6 to 9 pm
FIREWORKS at 7:30 pm

FAMILY Fireworks

REPAS de 18 h à 21 h
FEU D'ARTIFICE à 19 h 30

Feu d'artifice POUR LA FAMILLE

FREE MEAL! Chili, veggie chili, buns & beverages
REPAS GRATUIT! Chili, chili végétarien, petits pains et breuvages

PLEASE BRING YOUR OWN FOLDING CHAIRS. VEUILLEZ APPORTER VOS CHAISES DE JARDIN.

Sports Trivia Answers

1. 1903.
2. The Boston Americans (later Red Sox) beat the Pittsburgh Pirates 5-3 in a best of nine series.
3. Don Larsen of the New York Yankees pitched the first, and so far only, perfect game in World Series history. In game five he struck out pinch hitter Dale Mitchell of the Brooklyn Dodgers with his 97th pitch for the 27th consecutive out.
4. Yogi Berra, New York Yankees – ten (1946-1965).
5. Joe DiMaggio, New York Yankees – nine (1936-1951).
6. In game six of the Series, Jackson hit three home runs on the first pitch off three different Los Angeles Dodgers pitchers.
7. Babe Ruth, New York Yankees – 1926. Ruth did it again in 1928 and is the only player to accomplish the feat twice.
8. Babe Ruth pointed to the centre field bleachers supposedly calling where he would hit the next pitch off Chicago Cubs pitcher Charlie Root. The home run was estimated to have travelled over 500 feet.
9. Joe Carter, Toronto Blue Jays – 1993. Carter's three-run shot beat the Philadelphia Phillies 8-6 to win the Series 4-2 and give the Blue Jays their second consecutive World Series title.
10. Second baseman Bill Mazerowski hit the blast in the bottom of the ninth inning off Yankees pitcher Ralph Terry to break a 9-9 tie game. It was the first time a home run ended the seventh game of a World Series.
11. In game five, second baseman Bill Wambsgass made an unassisted triple play. Statistically, an unassisted triple play is rarer than a perfect game.
12. Cleveland's Elmer Smith hit the first World Series grand slam home run and the Indians' Jim Bagby Sr. hit the first World Series home run by a pitcher.
13. Lew Burdette.
14. 1976.
15. Cincinnati Reds defeated the Yankees in four games.
16. Mickey Lolich of the Detroit Tigers.
17. New York Yankees – five (1949-1953).
18. 1969 – 4-1 over Baltimore Orioles.
19. Boston Red Sox. After the Red Sox sold Babe Ruth (the Bambino) to the New York Yankees in the off-season of 1919-1920, the Red Sox went for 86 years from 1918 to 2004 without winning a World Series.
20. Chicago Cubs. Billy Goat Tavern owner Billy Sianis used to bring his pet goat (named Murphy) to the Cubs' home games at Wrigley Field. During game four of the 1945 World Series against the Detroit Tigers, Sianis was asked to leave the stadium because some fans objected to the smells emanating from the goat. Sianis was outraged and allegedly declared, "Them Cubs, they ain't gonna win no more." The Cubs have not won a World Series since 1908 nor played one since 1945.

Taroscopes

BY
NANCY

Aries (March 21 – April 19): Deal with what frustrates you about yourself because you do have control over this and can do something about it. Others count on you to help but this may not sit well with you. Your task is to maintain boundaries and insist on respect. Change the status quo. Overhaul your image.

Taurus (April 20 – May 20): If you've been doing things that are counter-productive but can't logically find a way to change, seek help. Many have dealt with similar problems. New friends provide support. Share your burdens. Let go of guilt and regrets. Live in the moment. Determine to do things differently.

Gemini (May 21 – June 21): Have you been distancing yourself from those who don't share your values or are you isolating yourself due to anxiety? Perfection is impossible. True friends accept you as you are. It's our flaws that make us beautiful and unique. Dressing for success boosts confidence. Get new boots.

Cancer (June 22 – July 22): Things are wearing out and you are weary of managing. Instead of pushing yourself and stressing about the need to be strong, accept help. Take a break from providing constant support to others. Cut back on commitments. Give yourself time to grieve a loss, to rest and recuperate.

Leo (July 23 – August 22): Something from the past comes to light and gives rise to hard questions and hurt feelings. Respectfully discuss key issues. If your image and reputation don't match your belief about yourself it's time to consider what you can do to make them more congruent. Be honest about your needs.

Virgo (August 23 – September 22): Hammer out details and organize a schedule so things work more efficiently. Ask family and friends for assistance. Work together for better results. Get things in writing. Having the paperwork in order safeguards your assets, alleviates worries and puts the brakes on disputes.

Libra (September 23 – October 23): Allocate resources for essentials, fun and a rainy day fund. Look for a job that you really enjoy or make the job you have more fun. Try not to worry about what you can't do anything about. Work when there's work and relax when there's none. Lower stress through organization.

Scorpio (October 24 – November 21): Sometimes you have to take a stand. Letting nature take its course is easier but your sense of self-worth could suffer. Although people will feel sorry for you if you do this, do you really want to be perceived as a victim? Live on your own terms. Follow your own North Star.

Sagittarius (November 22 – December 21): Getting caught up in minor plots and issues can be thrilling but it can also sap your energy. Something you thought was settled may not be. Make sure you don't stretch the truth to gain favors. Someone could blow your cover later or refute your version of the story.

Capricorn (December 22 – January 19): Focus on maintaining home and health. A long-term project takes hard work but you can do it. You're discovering that some people are not honorable. They may not be reliable when presenting facts. And their judgements are skewed. Check before acting on their say so.

Aquarius (January 20 – February 18): An opportunity doesn't pan out. Regrets are pointless. Appreciate all you learned from your experience. Sever ties with negative associates and groups. Some things are beyond repair. Let them go. Hearing about other people's problems makes you realize you're not alone.

Pisces (February 19 – March 20): The things that were once fulfilling have lost their appeal. New interests are more rewarding. Learn something new. Improve your surroundings. What you want is within reach. Change your thoughts and behaviors and transform your life. Make it fun. The results will be great.

FOR APPOINTMENTS with NANCY CALL 204-775-8368

THE 17 WING JUNIOR RANKS' MESS:

**Halloween Party- Friday, October 26-Children's Party 1700-2000
From 2000hrs-2330 will be for adults, and prizes to be won for best
costume. Come out and wear your best costume, hope to see all
of you there!**



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YOUR PET'S HOME AWAY FROM HOME

- BOARDING ALL BREEDS OF CATS & DOGS
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- PET EXERCISE AND PLAY AREA • SEPARATE CAT FACILITIES
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Email: rc5139@shaw.ca

ANAVETS - ROCKWOOD 303
341 Wilton Street (204) 475-5852

CHASE THE KING & 50/50

Every Thursday @ 5:30 PM • Draw @ approx 7:00 PM



HAPPY HOUR

Every Friday & Saturday 4:00 PM — 7:00 PM

MEAT DRAWS

Friday Night — 7:00 PM • Saturday Afternoon — 3:30 PM

Sept. 28 & 29 – Vintage Groove

Saturday, Sept 29 - Sock Hop

Oct. 5 & 6 – DMG Band

Oct. 12 & 13 – Rockin Horse

www.303rockwood.ca



PROUD OF OUR PAST



PROTECTING OUR FUTURE

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Branch No. 4

Royal Canadian Legion

1755 Portage Avenue

Winnipeg, Manitoba

CHASE THE ACE

Monday 6 pm

TEXAS HOLD 'EM

Tuesday 7 pm

ZUMBA

Tuesday/Thursday 10-11 am

LINE DANCING

Wednesday 1 pm & 7 pm

DANCE TO LIVE BANDS

Friday 8pm-1am June-August

Every Saturday 7-11 pm

MEAT DRAWS

Friday 5-7 pm

Saturday 2-5 pm

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BARRISTERS, SOLICITORS & NOTARIES



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Chaplain's Corner

Thanksgiving & Gratitude

by Padre Laura Coxworth

In 1997 Oprah Winfrey read from a Gratitude Journal on her show.

Anyone who has spent any time around toddlers (or teenagers, or adults for) know that gratitude is not something most people do naturally. It is a habit that must be drilled into us over and over and over. In the years with many littles in my life, there was so much prompting to say "Thank you" I occasionally, out of habit, prompted adults for a thank you when I felt it was missing.

As Oprah and our parents have been telling us for years, gratitude can absolutely change our lives. It can change how we see our circumstances, and it seems to have a scientifically significant impact on our mental and spiritual well-being. A quick Google search shows a large number of scientific studies that if I were smart enough to really understand them, seem to imply that gratitude can even impact our physical well-being.

Science has come late to this idea of gratitude. Many of the world's religions include some sort of habit of gratitude. This Thanksgiving, whether it's faith, religion, Oprah, or science that you trust the most, try on some gratitude.

Take a moment or two, some time in the day and take note of the things for which you are grateful. If you are having difficulty getting started, here are a few of mine: health, literacy, employment, mobility, democracy, and friendships. Now your turn.

Happy Thanksgiving from the Chaplain Team here at 17 Wing.



Faith and Life

PROTESTANT

GOOD SHEPHERD PROTESTANT CHAPEL COMMUNITY

SUNDAY SERVICE: (English Only) 1100 hrs

COMMUNITY SERVICES:

Sunday School: It is held during the service for children ages 3 to 12. Childcare is provided on an as-required basis for children under 3 years of age.

Marriage: Contact the chaplain at least six months in advance if possible. A marriage preparation course is a requirement. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

Baptism: The Sacrament of Holy Baptism is available by contacting a Chaplain. Baptism Preparation is a requirement. *Please contact the Chaplain before setting the date for the baptism or arranging family travel.*

Protestant Chapel Guild: It meets the first Wednesday of the month at 1300 hrs in the Chapel Annex. All women are welcome.

CHAPLAINS

Padre Laura Coxworth
(Pentecostal)
- Protestant Faith
Community Coordinator
ext 5785

Padre Greg Girard
(Christian Reformed)
- Det. Dundurn
306-492-2135 ext 4299

TBD
ext 5272

JEWISH

CHAPLAIN

Padre Noteh Glogauer
(Rabbi)
ext 6914



**17 Wing Military
Community Chapel**
2235 Silver Ave
(west off
Whytewold/
Wihuri Road)

INFO PHONE NUMBER

For chaplaincy services and related information, phone ext 6800 and follow the prompts.

CATHOLIC

STE MARGUERITE BOURGEOYS RC CHAPEL COMMUNITY

SUNDAY MASS: (Bilingual)
Spring/Summer Liturgy Timings: 9am
(Sunday after Easter - Thanksgiving Weekend)
Autumn/Winter Liturgy Timings: 4pm
(Sunday after Thanksgiving to Easter Sunday)

CHAPLAINS

Padre Hope Winfield
(Roman Catholic Pastoral
Associate)
- Wing Chaplain
ext 5417

Padre Paul Gemmiti
(Roman Catholic Priest)
- Catholic Faith Community
Coordinator
ext 4885

TBD
- Mental Health Chaplain
ext 5086

COMMUNITY SERVICES:

Religious Education: Classes can be available to children from Preschool to Grade 6.

Sacrament of Reconciliation: It is available by request and at special times of the year. Contact Padre Gemmiti.

Baptism: We recommend that you contact the chaplain's office for an appointment six months in advance. *Please contact the Chaplain before setting the date for the Baptism or arranging family travel.*

Marriage: Six months notice (1 year preferred) is required for weddings, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required. *Please contact the Chaplain before setting the date for the wedding or arranging family travel.*

MAIN OFFICES
Administrative Assistant
204-833-2500 ext. 5087
Building 64,
Lower Level, North End.

EMERGENCY DUTY CHAPLAIN
Contact MP Dispatch ext 2633.

WEBSITE
Those with access to the DIN can visit 17Wing.winnipeg.mil.ca, then click '17 Wing', then 'Services'.

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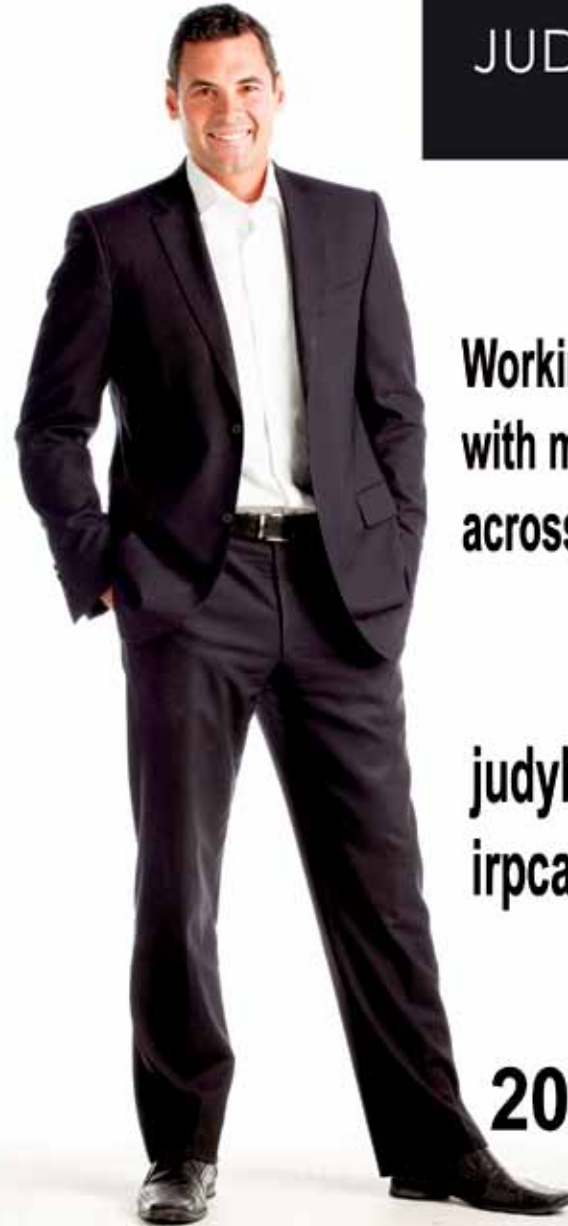
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