



# THE VOXAIR

Our Military Community Newspaper, 17 Wing Winnipeg

JUNE 21, 2006

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FREE



LCol Dave Wheeler, CO of 410 Squadron in Cold Lake, was in Southport supporting the CF-18 Hornet demonstration at the Manitoba Airshow June 3-4.

Photo by Avery Wolanuk

## Hornets, Skyhawks And Snowbirds Soar

By Avery Wolanuk

With a rumble that travelled the length of the airfield, the thunderous engines of the CF-18 powered up. The mission: support the Manitoba Air Show with demonstrations of speeds up to Mach 1.8 and aerobatic sequences.

The Manitoba Air Show, held June 3 and 4, flew from the Southport Airport just south of Portage La Prairie this year, moving from its previous location at the Winnipeg International Airport.

"It's an excellent location for an air show with the wide open air space and wide open space for spectators," said Hayden Henwood, Executive Director of the Manitoba Air Show. Parking was free, and there was plenty of room for people to plunk down their lawn chairs and blankets and for kids to run around.

The air space was filled with civilian and military acts throughout the afternoon. Canadian Air Force demonstrations

included the capabilities of the CF-18 Hornet, the Griffin Helicopter and the always impressive work of 431 Sqn, the Snowbirds. The fantastic precision of these nine pilots flying in tight formations managed to make the sparrow that flew by closer to the ground look a little clumsy.

The CF-18, the extremely fast and audibly impressive Canadian fighter jet, was part of the show in the air and on the ground. Spectators took pictures of the plane on static display and had the chance to talk with members of 410 Sqn, based in Cold Lake.

LCol Dave Wheeler, CO of 410 Squadron, was on hand to answer questions about the fighters capabilities and the pilots who operate them. The CF-18 Demo Pilot (Capt "Fat Daddy" Radiff), who is tasked to fly the Hornet in a number of North American air shows, has to have both pilot and people skills.

"You always want a Demo Pilot who has some charisma, who can talk to people, and who enjoys the air show environment and demonstration flying," he said. "It's a little bit different from the normal fighter sorties, in that there's no scripted aerobatics involved in day-to-day missions. Although we frequently fly in many planes of motion and pull a significant amount of G, it's not necessarily done in a sequence."

Other static displays on the tarmac included the CT 142 Dash 8, the CT 155 Hawk, the CC138 Twin Otter and the Snowbird simulator a chance for the public to experience what the pilots do when they pull a couple of Gs.

The Skyhawks, the Canadian Forces parachute demonstration team, jumped on Sunday, but were grounded for Saturday's show due to high winds. Instead, the A-10 Demo team from the

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# LCol Chicoyne Goodbye

By Cpl Jen Henderson



Mission Control Centre in Trenton Ontario, DCO (Deputy Commanding Officer) of 424 Squadron, and spent a year at CFCSC (Canadian Forces Command and Staff College) in Toronto. He also served as the Chief Accident Investigator for DFS (Directorate of Flight Safety). While the LCol's most recent move takes him to Ottawa, he takes with him not only these past experiences and knowledge, but also the intense versatility that was required of him to command 435 Squadron, with its multi-roles capabilities of Transport, Air to Air Refueling, SAR and the new TAT (Tactical Air Transport) role.

435 Squadron is known as an enjoyable yet difficult command. It is the largest Air Mobility Squadron in the CF (240 personnel in strength) and the most diverse in its roles and responsibilities. LCol Chicoyne's command involved daily meetings, appearances, interviews, abundant administrative duties, and leadership roles; as well as maintaining qualifications as a pilot for Search and Rescue and Air to Air Refueling missions. He was also member of the Board of Directors of the Western Canada Aviation Museum (WCAM) and the Flight Engineer Advisor for AMAG.

LCol Chicoyne's command at 435 Squadron was brief (10 Sept/04 to 27 Apr/06) yet memorable; he had a direct impact on not only our effectiveness as a squadron but also on how we are positively portrayed across the CF and in the community. Squadron members that had the pleasure to meet with the CO, whether on Air to Air or SAR missions, or simply in day to day matters, collectively agree he is not only intelligent and extremely capable, in such an intense environment as that of 435 Squadron, but also possesses an unprecedented warmth of personality.

In most recent weeks I gathered the following intelligence on the LCol's good character. "LCol Chicoyne and his wife Diana opened their home for two years in a row for a Christmas Open House to which every member of the squadron was invited."

"He truly did care and we will miss his personal understanding for all."

"You could count on the safety of others to be paramount while maintaining operational focus."

It was the LCol's wish to have the opportunity to meet with all squadron members on a one to one basis. As we move forward as a squadron, and Sir, as you move forward to a more strategic level of command, we wish you luck, and we'll always hold you fondly in our memories!

LCol Dan Chicoyne, pilot and CO of 435 'Chinthe' Transport and Rescue Squadron, CD, regrettably left 17 Wing Winnipeg for a Strategic Joint Staff position at National Defence Headquarters in Ottawa, effective this past May. LCol Chicoyne's command at 435 Squadron was a successful one and while he will be sorely missed, his efforts are required in Ottawa as he takes on a more strategic position in the CF.

LCol Chicoyne joined the Canadian Forces in 1984 as an ATC private, and has served 21 years in the CF to date. He has always had an intense desire to fly and after studying Pure and Applied Sciences (at CEGEP, Gaspé, Quebec), he moved to Toronto and got his private pilot's license. He later was accepted for conversion to pilot and commissioned on graduation from Pilot Training. He eventually went on to further his education with a BMASc from the Royal Military College in Kingston. He has spent most of his career as a pilot, flying various aircraft types of aircraft, both fixed wing and rotary wing. LCol Chicoyne also served as DOIC (Deputy Officer in Charge) of the Rescue Coordination Center and Canadian

## Padre's Corner

By Padre Bruce Mackenzie

About a year ago I was getting my eyes tested in Halifax. I was explaining to the optometrist that I was having a bit of trouble bringing things into focus. After the usual chart reading and several lens checks, he told me I needed progressive lenses. I replied by saying, "Oh well, I guess I'm getting old." The optometrist looked me in the eye and said, "Just be happy that you are on this side of the grass!"

I have recalled his pearl of wisdom several times over the last year. I like it. It works for me. It is the same as saying, "count your blessings" but with a bit more flavor. I got a new pair of spectacles as a result of that eye test and my eyesight is much more focused. But I also received a great one-liner that helps me from time to time to get my priorities straight and focus on what really matters to me. I am happy to be on this side of the grass and need to be reminded of that fact on occasion. Most of us would agree that life can get us bogged down at times. The demands on our time and talent can become overwhelming to the point that we are not focusing on the things that really matter to us.

Another pearl of wisdom that helps me focus is an old

Dakota tribal saying and it goes like this: "When you discover you are riding a dead horse, the best strategy is to dismount." This helps me when my wheels keep spinning but I'm going nowhere. I feel stuck, and it is time to approach the situation from another angle. Life at times can seem monotonous and we find ourselves struggling with the same things over and over again.

There are stretches of time when I find myself looking to the future for the days that I will be much more relaxed and happier. It is times like this that I recall the words of James Oppenheim to help me regain my focus. He says, "The foolish man seeks happiness in the distance; the wise man grows it under his feet." This saying reminds me of the precious moment I am in. Yesterday is gone and tomorrow is not here yet. I am fortunate to have this day.

Lastly, there is a biblical quote that I always use in my personal prayer life. It reminds me of my vocational calling and helps me to focus. John 13:35: "By this all will know that you are my disciples if you have love for one another."

These are a few of the great pearls of wisdom that work for me. What are yours?

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# All Aboard!

By Avery Wolaniuk

The Prairie Dog Central Railway celebrated Armed Forces Day on 4 June with a ride dedicated to the men and women in uniform.

A quintet from the Air Command Band entertained passengers at both stops,

in Grosse Isle and Warren, where everyone could visit the local food and craft vendors. At the longer stopover in Warren, the 177 Air Cadet Pipe Band pulled out their instruments and marched to centre stage. Capt Dan Dubois from the CFRC came

along for the day to answer questions about the military.

The ride through the green prairie land, which was occasionally narrated and elaborated upon by the crew, was a relaxing day for all.



Volunteer porter Jennifer Goch waves from a PDC passenger car.



Doug Lawrence has been riding the rails as a PDC volunteer for the past four years.



Lisa Townsend does it all at the PDC. On June 4 she acted as the brakeman, but she's also the staff nurse and is apprenticing as an engineer.



177 Air Cadet Pipe Band entertained the train passengers in Warren, the second stop of the day.



Her Excellency, The Right Honourable Michaëlle Jean, Governor General of Canada, is escorted by the Guard Commander, Major Brad Hrycyna while the Governor General stops to talk with some of the soldiers.



The Air Command Band leads the guard to their parade position.

## Governor General Visits Saskatchewan

By Corporal Bill Gomm

REGINA, Sk — Regular and Reserve units took part in a Guard of Honour for Her Excellency the Right Honourable Michaëlle Jean, the Governor General of Canada. The Governor General visited Saskatchewan as she has a mandate within the first year of her office to visit all of the provinces and territories in Canada.

The Governor General received an official welcome to Saskatchewan by Her Honour the Honourable Dr. Lynda M. Haverstock, Lieutenant Gov-

ernor of Saskatchewan and the Premier, Lorne Calvert, at the Legislative Building on May 8, 2006. During her speech, Her Excellency honoured the tens of thousands of women who met and married Canadian men who served overseas during World War Two.

"In Saskatchewan alone, 8,000 war brides arrived to begin a new and unfamiliar life," said Her Excellency the Right Honourable Michaëlle Jean. "They experienced the loneliness and isolation that many immigrants face."

The Guard consisted of soldiers from the Naval, Army and Air elements with music provided by The Air Command Band.

Soldiers from 10 Field Artillery Regiment provided a 21-gun salute while the Guard Commander, Major Brad Hrycyna, escorted the Governor General while she inspected the guard.

"This is my first visit to Saskatchewan and there is so much that I'm looking forward to discovering here. Thank you. Thank you so much," said the Governor General.

Photo by Cpl Bill Gomm

Photo by Cpl Bill Gomm

# Air Show Continued from page 1

United States Air Force opened Saturday's show. Throughout the afternoon the air show announcer, Ric Peterson, explained some of what the pilots were implementing and experiencing to pull off their aerobatic manoeuvres and gave the audience a greater appreciation of what exactly it took to make helicopters pirouette, or planes turn right while rolling left.

"I'd like to convey the appreciation of the Manitoba Air Show to all the men and women of 17 Wing who helped make the show such a success," said Mr. Henwood. "Without the support of the military and the contractor, this show would not be possible." 3 CFFTS Southport is a training base for military pilots through contractor Allied Wings.

Civilian pilots included Kent and Warren Pietsch, brothers who are continuing on the family flying tradition, who flew high energy, spiralling acts in a couple different planes, including their home-built Schnortenzummer. Julie Clark flew a patriotic salute in her MOPAR T-34, and the newcomer to the air show scene, 22-year-old Peter McLeod, provided more aerial entertainment. Bill Carter, in his Pitts Special S2S—specifically designed for air show flying and still further modified—performed tailslides, loops, hammerheads and the always crowd-pleasing inverted ribbon cut, where he flies the plane upside down, with the tail only ten feet from the ground, and slices a ribbon in half.

The Canadian Forces Recruiting Centre (CFRC) had a booth inside Hangar 4. Recruiters answered questions about the military, including the most popular query of the day—how do I become a Snowbird?

For the CFRC, events like these are more about getting the CF name out there than direct recruiting. "It's to get our face out there, that we are an employer of choice and that we have a lot of jobs out there," said PO2 Brian Gilchrist. "If people are looking for adventure or stability, then we are it." People generally need to be exposed to the CF seven times before joining, and events like these help the public understand the capabilities and opportunities within the forces a little better.

Many military members took some weekend time to take in the show, including WComd Col Ken O'Brien. The Air Command Band performed on the tarmac prior to the afternoons' aerial program, entertaining spectators through the morning.

The organizers' goal for the not-for-profit event was to raise money for local community charities. The website states the plan is to allot 50% of the profits to local charity groups who volunteered and helped stage the event, 30% to the anchor charity, the Community Foundation of Portage and District Inc, with 20% held in reserve for future air shows. And of course, the goal is always a day of entertainment for everyone. "That's what an air show is all about—providing a good family fun day for all who attend," said air show Executive Director Hayden Henwood.

For the organizers, the event was a learning experience. Things that they found didn't work so well on Saturday, such as the concession tickets system, were changed for Sunday. Other glitches will be ironed out for next year's show, Mr. Henwood said. "We learned several other lessons that will be incorporated, and that will make for a much better air show next year."

## 35-year Service Award



LCol O'Grady, Commander of 2 Health Services Group, presents the Government of Canada 35-year Service Award to Lesley Jansen.

Audrey Lesley Jansen began her career with the Canadian Government with the Army Reserve (Militia) in the early 70's. The first unit she joined was Royal Canadian Army Service Corps as an Mobile Support Equipment Operator (MSE Op) with (what would later become part of) 17 Winnipeg Service Battalion. After a couple of years as an MSE Op, she re-mustered to the Administrative Clerk trade. In the late 70's she was transferred to the Military Police Platoon as their admin clerk, where, thanks in part to her contribution, they received the Provost Marshall Trophy as the "best" Military Police Platoon in Canada in 1982. After five years service with the Military Police, she was transferred to Logistics in 17 Winnipeg Service Battalion Headquarters. She retired from military service in 1984 after receiving her Canadian Forces Service Medal for 12 years of exemplary service.

Lesley graduated from Red River College in 1981 with a Stenography Certificate and in 1983 joined the Public Service as an indeterminate employee with Canadian Forces Training Material Production Centre (CFTMPC) as a Desktop Publisher.

While working at 17 Wing, she completed the Certificate Program in Information Technology (specializing in Publishing and Graphics) through Continuing Education at the University of Winnipeg in 1997 and, also, the Microcomputer Application Certificate Program through Continuing Education at Red River College in 2003. She is presently completing a degree in the Bachelor of Arts program at the University of Manitoba.

After CFTMPC disbanded in 2003, Lesley was transferred to various units across the Wing and is presently working at 2 Health Services Group Headquarters as a Medical Boards Clerk.

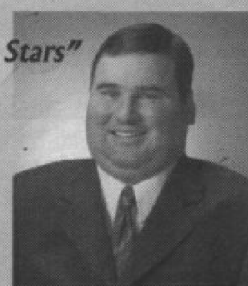
In April 2006, Lesley received her Government of Canada 35-year Service Award from the Department of National Defence.

*Per Ardua Ad Astra  
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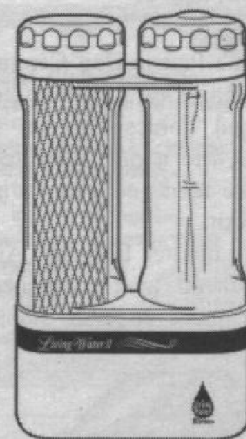
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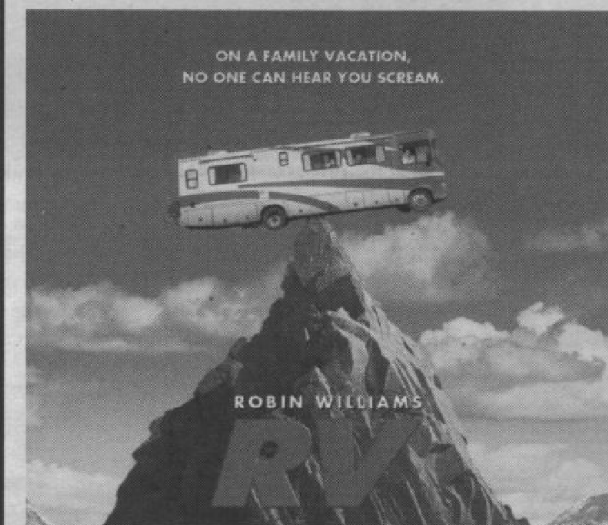
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# 2006 Sports Awards Ceremony

By Avery Wolanluk

Whether we're talking about it coming down to a shootout on the ice, the 9th hole on the golf course, or the tie-breaking fifth set in a 2-2 volleyball championship, sports are a huge part of life at 17 Wing.

On 25 May, the 2005-2006 Sports Awards Ceremony saluted athletes, coaches, officials and teams who have sweated for glory and fun all season long. The crowd gathered at 1400 hours at the Airman's Pub. Hosted by Sports Coordinator Christopher Merrithew, presentations were made by HCol Ben Van Ruiten and Acting WComd LCol Wayne Gauthier. Also in attendance were Wing Admin O LCol Conway and WCWO Claude Parent.

"Today we will pay tribute to those individuals who, through their tireless efforts, were instrumental in the overall success of the Wing Sports Program this year," said Mr. Merrithew. "These individuals have shown a certain level of enthusiasm and dedication to their sport."

Presentations were made first to Intersection Sports teams, who compete against other teams on the Wing. Honourable

mention goes out to the Intersection Hockey A Division Champions, the Make B-Leafs, who overcame the Beaver's 5-1 lead by scoring four goals in the last 17 minutes of the game and forcing a tie-breaking shoot-out, from which they emerged victorious.

The Sgt Glen MacLeod Memorial Award was also presented at this time. Sgt MacLeod was an active player in the organization of the Wing hockey league. On 5 December, 1990, Sgt MacLeod passed away suddenly while playing hockey. The award created in his honour is presented each year to an individual who embodies the same qualities as the sergeant: sportsmanship, dedication, enthusiasm, and love for the game of hockey. This year's recipient was WO Sylvain Lefebvre from the Air Command Band.

The ceremony moved along to Base Sports, or the teams who represent 17 Wing against other Wings at events across the prairie region and eventually the national level. Recognition was given to teams that competed in golf, soccer, indoor soccer,

fastball, running, curling, ball hockey, basketball, volleyball, hockey, badminton and squash. Congratulations to everyone who represented the Wing!

A sports awards ceremony wouldn't be complete without honouring the very best of the coaches, officials, and athletes who are the heart of the sporting community. "The awards presented today will be given to those members whose performance both on and off the playing surfaces typifies the qualities of professionalism and sportsmanship. Whether it be through individual achievements or a concentrated team effort, each recipient clearly displayed outstanding talents in each of their respective fields," said Mr. Merrithew.

LCol Gauthier presented awards to: Male Athlete of the Year, Capt Stephan Szkwarek; Female Athlete of the Year, MS Tricia Cox; Coach of the Year, CWO Kathy Cox; Official of the Year, Sgt Mark Rootes; and Team of the Year, 17 Wing Women's Volleyball Team.

Congratulations to this year's award winners.



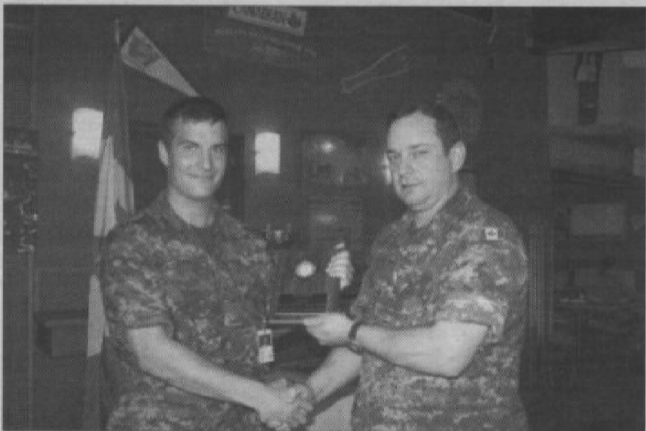
HCol Ben Van Ruiten presents the Sgt Glen MacLeod Memorial Award to WO Sylvain Lefebvre, who demonstrated the same integral qualities of sportsmanship and love of the game as Sgt MacLeod did in his years at 17 Wing. It was noted that WO Lefebvre starting playing goaltender in 1958 because his helpful team-mates told him he wasn't a very good skater. The winner of this year's award is known for his tenacious style of play and his will to never give up.



LCol Gauthier presents the Coach of the Year award to CWO Cathy Cox. In her second year as coach for the 17 Wing Women's Volleyball team, she guided the women all the way to the CF National Women's Volleyball Championships. Her dedication and personal commitment has helped develop the team into the outstanding program that it is today. CWO Cox's leadership and years of experience in the volleyball world have helped bring out the best in her players (including her daughter, the team captain and this year's Athlete of the Year), and her respect and professional attitude are clearly displayed in each of the women who have played for her.



LCol Gauthier presents the Female Athlete of the Year award to MS Tricia Cox. She led the 2005/06 17 Wing Women's Volleyball team as captain of the tier eight team through 14 games in one day to a 3rd place finish in the Manitoba Volleyball Winnipeg Women's Volleyball League, beating out tier two and tier three teams. Three weeks later, she led her team strongly and successfully through the Prairie Regional finals and on to Nationals in Borden, where the women made it to the semi-finals. Her dedication and love of the sport is clearly evident by her playing and her leadership both on and off the court.



LCol Gauthier presents the Male Athlete of the Year award to Capt Stephan Szwarek. Capt Szwarek helped lead the 17 Wing soccer team as a player-coach to the Prairie Regional Soccer semi-finals, where he was named "Player of the Game" — twice — and selected to the tournament All-Star team. He was then picked up by CFB Moose Jaw for the CF Soccer National Championships where, despite the team losing in the semi-finals, he was selected to the CF All-Star team. Capt Szwarek was assistant captain of the CISM team that participated in the America's Cup, the regional qualification for the World Soccer Championship. He has been chosen as the Air Command "Coach of the Year" and has been nominated as the "CF Coach of the Year."



LCol Gauthier presents the Official of the Year award to Sgt Mark Rootes. The sergeant has been an active member of the 17 Wing Hockey Referee organization. As a level three hockey official, he did an outstanding job as a RIC for the Intersection hockey program. He's an experienced and conscientious official who continual strives to improve his performance. Sgt Rootes' tireless work and support make him an integral part of the success of the 17 Wing Intersection Hockey League.



The 17 Wing Women's Volleyball team won the Team of the Year award for their outstanding 2005/06 season. In the Prairie Regional Championship game, the women, who had been strong contenders throughout the tournament, played a hard final against Cold Lake. The teams were tied at two sets each, and these women pulled out all the stops for a 15-7 victory and the title of champion. At Nationals in Borden, the ladies cruised to a first place finish after round-robin play. After a tight match against the Quebec region team, the 17 Wing women lost a heart-breaking semi-final match 3-2 games. These players have earned respect at all levels for the class, integrity, strength and determination displayed by each and every member of this team.

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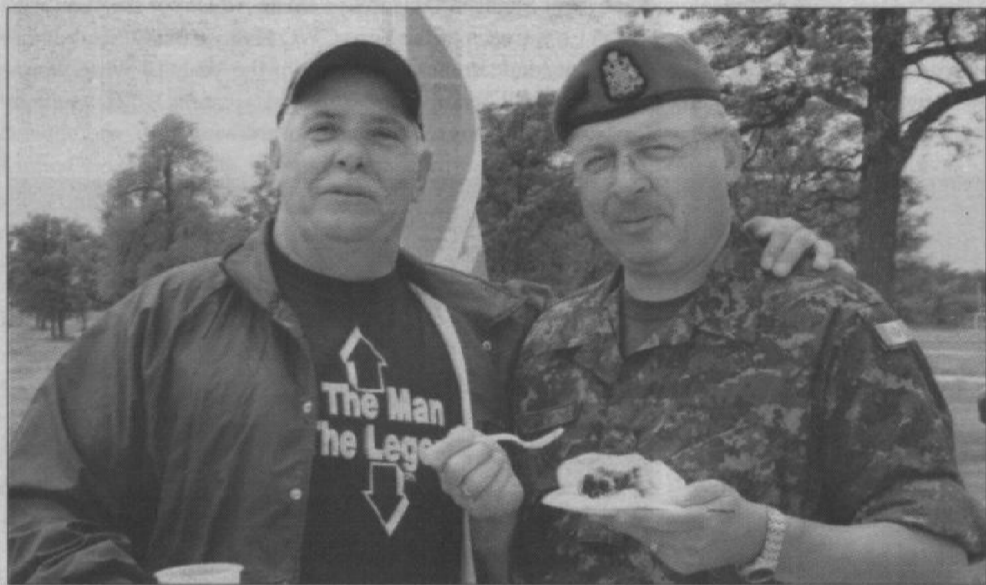
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340 people from 17 Wing put down their pens and picked up bats, balls, and gloves for a morning of slo-pitch at the annual tournament.



WCWO Claude Parent (right) and MWO Ron Elson relax at the BBQ. Almost 600 people from the base came out for lunch.

# Best Yet Annual Slo-Pitch & BBQ

By Avery Wolaniuk

Friday, 9 June was a chance for a little relaxation at the end of a week of work for everybody at 17 Wing. The annual Wing Chief Warrant Officer (WCWO) Slo-pitch tournament and National Public Service Week Barbeque brought people out of the office and into the sunshine.

"It's just a good way to kick off the summer and thank everybody for working hard all winter," said Al Brazeau, Fitness and Sports Director.

Twenty-six teams came out at 0800 hours for some friendly competition. In the days leading up to the event, PSP staff had to find or create 12 extra diamonds to accommodate all the games and the 340 players. "It's one of our biggest activities of the year because of the work and preparation. Getting all the facilities up and running — going from three diamonds to 15 diamonds — takes a lot of work. And to groom them and prepare them and get all of the equipment takes time and effort," said Mr. Brazeau.

After a lot of fun and joking around, the teams — some more competitive (and competent) than others — headed back to Building 90 for the barbeque lunch of hot dogs and hamburgers, and cake in celebration of the Union of National Defence Employees (UNDE) 40th anniversary.

"It was one of the best ones we've ever had, because we had more people and a lot more prizes," said Mr. Brazeau. "You get three games of slo-pitch, you get the chance to play

against other people, you get a couple of beverages, and the opportunity to win prizes for your attendance only." Prizes were funded by the Public Service Commission, UNDE Local 50705 and 17 Wing Fund. Labatt's provided some prizes for the raffle draw and hats for the volunteers.

UNDE is participating in events all over Canada in honour of their ruby year.

"What we're doing is we're having celebrations across the country, from family days to similar situations as here in Winnipeg, where it's tied into Public Service week and the Wing Chief day," said Mr. Brian Molsberry, UNDE Regional Vice President Manitoba and Saskatchewan. The union, a component of the Public Service Alliance of Canada, represents about 16 000 civilian employees across the country, and 452 locally.

He spoke about the importance of role of permanence civilian employees play on any Wing or base. "It's the corporate knowledge of your Wing. The military move every so often, but the civilians are always here. They carry a great deal of residual corporate knowledge." Mr. Molsberry said.

After words from the WChief, the man of the day, 167 prizes were handed out before the day wrapped up. A big thank you to the PSP staff and the volunteers who made the event possible. Same time, same place, next year.

The following promotions and presentations were made by the 17 Wing Logistics Officer, LCol WH Gauthier, to personnel of the 17 WSup flight, during the MSS departure parade practice on 3 May 06.



MCpl Coleman, Sup Tech, receiving a Commanding Officer's Commendation for her efforts related to the provision of outstanding clothing support to personnel of the 17 Wing Mission Support Squadron.



Cpl Poirier, Sup Tech, receiving her CD1.



Accelerated Promotion of Pte Upshall, Sup Tech, to the rank of Cpl.



Promotion of Pte Tran, Sup Tech, to the rank of Cpl.

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Betty Zarney President of the St James Legion Branch # 4, receiving a plaque for support to TEME MSS personnel from LCol Gauthier WH, WLog O.



WO Daniel Roberge receiving his new rank from LCol Gauthier WH, WLog O.



Cpl Kathleen O'Connor being congratulated by Capt Amanda Ives, TEME O on her promotion.



MWO Ian Smith receiving his new rank from LCol Gauthier WH, WLog O.



MCpl Wayne Boudreau receiving his Master Driver Award from LCol Gauthier WH, WLog O.



MWO deRuijter receiving his new rank from LCol Gauthier WH, WLog O.




MWO O'Donnell receiving his new rank from LCol Gauthier WH, WLog O.



Sgt Jeff Allen receiving his new rank from LCol Gauthier WH, WLog O.



MWO deRuijter receives the TEME Posting Plaque from Capt Ives.



"The 407 Demon Sqn" will celebrate its 65th anniversary this fall. All former members and spouses of 407 Sqn are invited to join us at 19 Wing Comox from 22-24 Sept 06. For the most up-to-date information or to download a registration form, please visit: [www.407reunion.com](http://www.407reunion.com).

For registration purposes only, please contact  
 Capt Tyler Bowell;  
 e-mail: [bowell.trf@forces.gc.ca](mailto:bowell.trf@forces.gc.ca)  
 phone: (250) 339-8211 extension 8805.  
 "TO HOLD ON HIGH"

**West Nile Information Session**

17 Wing Environment has secured the services of Taz Stuart (Entomologist with the City's Insect Control Branch) to conduct an information session on West Nile Virus.

The objective of having such a session is to offer Wing personnel a better understanding of the threat of the virus, the measures being taken to minimize mosquito populations, what can be done in our own backyards, and the best way to protect ourselves from the virus.

There will actually be two sessions offered, each approximately an hour in length, with a question/answer period following the presentation. Mr. Stuart was asked if he could provide two sessions, morning and afternoon, to ensure that the maximum number of personnel would have the opportunity to attend.

The pertinent details are as follows:  
 Date - June 20, 2006  
 Time - 0900 hrs (Session 1) and 1400 hrs (Session 2)  
 Location - Wing Theatre  
 Presenter - Taz Stuart



MWO O'Donnell receives the TEME Posting Plaque from Capt Ives.



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# The Demise Of Hudson 768

## Part 7 Of 7 - The Rescue

By HCol Wishart



*In a series of articles, HCol Wishart tells a story from his early days in the Air Force. The four-man crew crashed in the bush of Newfoundland and survived through a blizzard before searchers found them. In this final installment, the HCol writes about the rescue and the days following, concluding his story.*

We ripped down our parachute door and welcomed five loggers and a dog team into our midst. God, but they were a welcome sight! Soon they had a huge bonfire going and began to prepare breakfast for us. One of the loggers asked where our water supply was. We told him that we'd either been melting snow for our soup or just eating handfuls of snow to quench our thirst. They told us that eating snow would give us swollen tongues, something we'd all complained about recently as we'd been doing a lot of mumbling.

One of the loggers went about 60 feet from the crash site, used a snowshoe for a shovel, and was soon chipping at ice with this axe. Soon he was able to dip in their coffee pot—blue enamel and about 30 inches in height—which was soon on the fire to boil. Breakfast was a real treat; cold roast moose, homemade bread, and cup after cup of hot coffee. They told us they were based near Miguel Hill and had set out shortly after the wind had died down. They also told us that there were several other search parties. We were told later that the paper company at Grand Falls had sent out 20 dog teams to search for us. They were to travel in any direction and continue the search for two weeks.

Around 10:00 hours we heard an aircraft and we lit the oil in the dinghy door, which we had filled several days before. It gave off a black pillar of smoke that went straight up for many hundreds of feet. Soon the aircraft was circling the crash site and then landed in the bog east of us. One of the loggers took out a spare pair of snowshoes and in a few minutes we were joined by Group Captain R.H. Foss, Commanding Officer of RCAF Station Gander. He was flying in a Fox Moth on skis and later told us that the aircraft was given to the RCAF by the Banting family, who used it in the search for Dr. Banting; he had been lost on a trans-Atlantic flight from Montreal and had crashed somewhere in Newfoundland. Their search was not successful.

The Group Captain congratulated us on our good fortune and stated that he had flown over a larger search party just south of us. Because of Taylor's poor condition, he decided to fly him out and said he'd be back as soon as possible. Before he left, he took several pictures of the aircraft.

He had just become airborne when we were joined by three dog teams, about a dozen loggers and eight soldiers from the PEI Highlanders. After much handshaking, the coffee pot was again put on to boil. Our midmorning snack was raisin bread and cheese. Every time we eat our meals are getting ritzier!

Mr. Alcock, who was logging manager for the district and traveling with the search party, supervised the dismantling of the aircraft for those essentials that were not to be left behind; radar, wireless, machine guns, etc. Most of the work was done by the loggers, as the soldiers were really bushed; it was their first time on snowshoes and the loggers had kept them moving in spite of drifts up to five feet in some places.

The aircraft returned and I happily accepted a pair of flying boots from the Group Captain. My overshoes had now vulca-

nized back to the buckles! He took McGregor with him and said he'd only be able to make one more trip as the w/x was supposed to get dirty later in the day.

Back at the aircraft, I borrowed a pair of snowshoes and went back to our "tent," which had been home for five nights. It's lucky we moved when we did. The centre pole had broken and everything was flat on the ground with a good five feet of snow sitting on top. I tried to dig down to see if I could retrieve the sextant but to no avail.

The Group Captain returned on schedule and decided to take Pilcher with him. My weight was around 170 pounds and Pilcher was at least 20 pounds lighter. The Groupie said the snow was very sticky from the bright sunshine. After two attempts, he taxied back and Pilcher rejoined me. After giving us some last minute instructions, he finally took off successfully, but not without great difficulty.

We had just finished another cup of coffee and then it was time to hit the trail. Pilcher and I were regarded as casualties by the loggers, and we were both packed into our own sleighs. Soon we were mushing along with one logger leading on snowshoes to break a bit of the trail and one logger on each side of the sleigh. I volunteered on several occasions to get out of the sleigh when we encountered a high drift—but no way—the loggers on each side would virtually pick up the sled and the lead man would pull the dogs along. I felt sorry for the dogs as they were much smaller than the traditional husky you saw in photos; they were mixed breed and about the same build as an Airedale.

It was just getting dark when we arrived at a small lumber camp. Here we had a welcome wash in hot water and then feasted on hot moose stew with biscuits. There was a bunk along one wall, with two sleeping bags; one opened up to form a mattress and the other also opened to form a comforter. The loggers insisted that Pilcher and I share the bunk to get a good night's sleep and they would sleep on the floor. The loggers also insisted that we get undressed so that our clothes could get dried out. I caused quite a sensation when I stripped to my jockey shorts. One of the loggers asked me where was my "underwear?" They all laughed when I said I was wearing them. "No, no," he replied. "Them's a jockstrap."

After a sound sleep, they woke us up at 0700 hours. It was hard to realize it was Monday and just a week ago we were getting ready to go on patrol. It seemed longer than a week, much longer! Breakfast was a hot plate of beans, tea and toast. An extra treat was putting on warm dry socks.

By 0800 hours, we were on the trail again, heading for "Halfway" four miles north. We reached our destination around 1030 hours—it had been heavy going. At Halfway we were greeted by Col Thompson, PEI Highlanders, and Major Soper, OC of Botwood Military Hospital. Here we were introduced to a new treat, hot potato soup spiked with rum! We were now on a logging road, but they said it would be several days before the trucks could get through. We were waiting for horses and cutters from Bishop Falls.

It was around noon when the cutters arrived and we bid adieu to our logger friends. Our departure was so hasty that I realized I only knew the original three by their first names—no addresses, nothing. I do recall that on my arrival at Torbay I was given a package from "Bundles for Britain" that contained a beautiful Air Force blue knitted muffler. I gave this to one

of the loggers who was only 18. Mr. Alcock and Major Soper joined us on our journey and it was most pleasant. At Big Rattling Depot, we feasted on ham and eggs and said good bye to Mr. Alcock, who had been more than helpful since his arrival on the scene. The balance of the journey was completed by Army Ambulance. On arrival at Botwood Military Hospital, we were dumped into a tub of hot, hot water and then tumbled into a hospital cot with clean white sheets. Heaven!

Tuesday morning, after temperatures were taken, of course, it was oatmeal porridge, eggs toast and coffee. We spent a lazy morning and after lunch we were advised that the rail line to St. John's had still not been cleared. After lunch on Wednesday we boarded the "Bug-Car," which looked like a small station wagon but had steel wheels and ran on the railway tracks. The driver, or do I call him the engineer, said the tracks had now been cleared to St. John's but were still clogged west of Grand Falls.

We arrived at Gander after dark, were hustled into an ambulance and taken to the base hospital. I was put into the same room as Mac and Taylor, who was looking like his old self. They both told me that tomorrow a.m. I'd join them in the "black foot treatment." For over a week after an early shower someone would scrape the bottom of our heels and the side of the big toe. All three of us had feet that were quite black. They never did tell us if they suspected frostbite, but the final diagnosis was somewhat anti-climactic. Just a few months before our crash we were issued black socks to replace the old grey woolly scratchy ones that still seemed to have bits of straw and burrs embedded in the stitches. It appeared that we had parboiled our new issue socks and dyed our feet in the process. We were kept in hospital a total of 11 days and discharged on 15 February with a clean bill of health and a clean pair of feet. I even received a new issue of boots.

Back at Torbay, a Court of Inquiry was held and no blame assessed in any direction so far as we could learn. While we were not privy to the report, we did hear that it was recommended that all patrol aircraft be equipped with tents, sleeping bags, cook stoves, a more accessible method of storing rations, etc, etc; all those amenities that would make a winter crash in the bush a pleasant outing. None of these things came about during my remaining time with the Squadron.

I flew back to Dartmouth on 8 March and resumed flying. I completed my tour on 9 September 1942.

According to the inspection plate, which I have in my possession, Hudson 768 came into being on 9 September 1939 in Burbank California. She expired on 27 January 1942, 20 miles south of Grand Falls, Newfoundland.



PO1 Mike Fairfax receives his promotion to CPO2 from LCol Paul Conway.

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*Posted out? Before you hit the road... Plant some roots in Winnipeg!*

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Posting ReLeaf Program- making roots in our community

*Moving can be a hectic time for the whole family!*

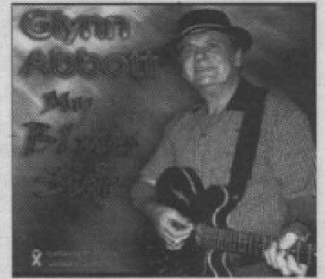
Call the MFRC today for tips, resources and services designed to make your family's posting experience a positive one. Newcomers...call to arrange a personal "welcome consultation". Introduce your family to all the great things Winnipeg and the MFRC have to offer. Posting out.... we have info about your new base! Get prepared with an updated resume! Check out the real estate scene; connect with the MFRC at your new home! Call to schedule your pre-move info session at your convenience! Catherine @ 4506



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*Kidventures*

Summer Camp for COOL kids!



Make a Rainbow Connection!

Winnipeg in summer is a time full of colour. There is the big blue sky, the green trees & grass, the brown of the Red River and the yellow of the canola fields surrounding the city. This year we have decided to make this summer a colourful journey around the city. Each week we will be adding another colour to our camp. Join Roy G. Biv and the great Kidventures staff as we set out to explore Winnipeg and all it's colour. Spaces still available. Call today!

*Deployment Respite Child Care*

MFRC, 102 Comet Saturdays 1:30 to 4:30 pm

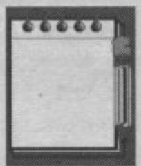


Take advantage of this great opportunity for kid's & parents to take a break! Families of deployed members can Register at local 4500. Children must be 18 months or over

*Family Separation & Reunion Support Network*

Is your loved one away? Would you like to connect with others experiencing a deployment? Join us once a month for a chance to meet new people, make new friends and share coping skills in a relaxed social setting.

MFRC, 102 Comet St. 1st Thursday of the month 7 to 9 pm, 8 June, 6 July, 7 September (No session in August) Childcare available upon request

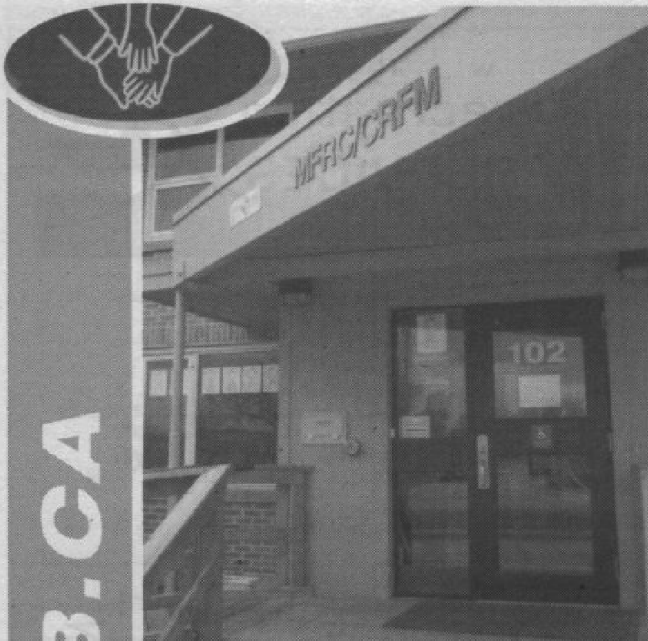


*New & Expectant Moms*

The second Friday of every month we get together along with the community public health nurse. If you have questions about feeding, nutrition, and immunization or if you would like to have your baby weighed please come out and join us. We are a fun casual group with plenty to offer! Childcare for children 18 months and over is provided.



MFRC, 102 Comet St, 10 am to noon 2nd Friday of the month



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### Our Programs

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  - Employment & Education Assistance
  - Services Francophones/Second Language Services
- ✓ Prevention & Intervention Services
- ✓ Family Separation & Reunion
- ✓ Child & Youth Development
- ✓ Parenting Support

### MFRC Monthly Community Coffee Break

The 1st Thursday of EVERY month 10-11 a.m. 102 Comet St.



### Resources

The MFRC has Internet-ready community computers, a fax machine, tape recorders, digital camera, and video camera available for use on site during normal working hours.

### Other Numbers

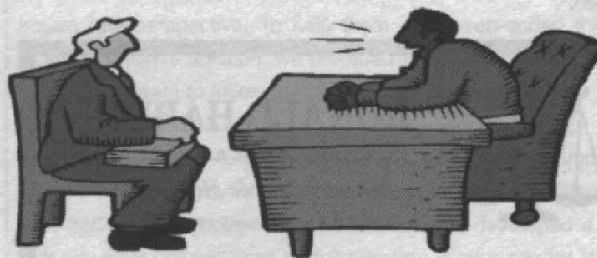
MFRC: 833-2500 ext.4500  
Emergency Childcare: 935-7733  
MFRC Childcare Centre: 837-3653  
Youth Centre South: 488-8563  
Youth Centre North: 833-2500 Ext 4502

CF Family Consumer Info Line: 989-9019

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Contactez Louise Cameron au poste 4515. Les enfants sont les bienvenus à participer à notre rencontre.

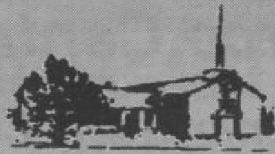


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# Together in Church



## CATHOLIC

### Chaplains

**Padre Lance Magdziak**  
Roman Catholic  
Office 833-2500 ext 5272

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

**Masses**  
(English only)  
Sunday 1100 hrs  
Saturday 1630 hrs

### Religious Education

Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

### Confessions

The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

### Baptisms

We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

### Weddings -Marriages

Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

### Catholic Women's League

Meets in the Chapel Annex the third Monday of each month at 1830hrs.

## Protestant

### Chaplains

**Padre Bruce MacKenzie**  
(United Church)  
Office 833-2500 ext 5417

**Padre Bob Brinn**  
(United Church)  
Office 833-2500 ext 5349

**Padre Paul Southen**  
(United Church)  
Office 833-2500 ext 4277

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

**Sunday Services**  
(English Only) 0900 hrs

### Sunday School

Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

### Marriages

Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage preparation course is also required.

### Baptisms

The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

### Protestant Chapel Guild

The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

### Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

### Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700.

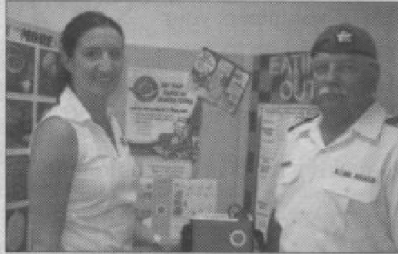
### Other Phone Numbers:

For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Those with access to the DIN visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on "Services".

### Interfaith Prayer Room

Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.

## STRENGTHENING THE FORCES



The "Set Your Sights On Healthy Eating" campaign winners for the June 06 blitz. The winners, Maj Denis St-Pierre and Natalie Hasell, received a Strengthening the Forces (StF) insulated lunch bag, a pedometer, StF pen, magnet, and jar gripper, and a "Set Your Sights On Healthy Eating" water bottle. Other winners also received "Set Your Sights On Healthy Eating" water bottles.

During nutrition month, in March, Health Promotion, in partnership with Food Services, kicked off the new National "SET YOUR SIGHTS ON HEALTHY EATING" campaign. The campaign will run continuously throughout the year, with a quarterly blitz, which will target different nutrition information each time.

The focus of the June blitz was portion sizes and the importance of controlling your servings. The blitzes are used to increase nutrition awareness; you will find tabletops in the Mess' with messages about nutrition. June's messages included "Serving size matters!" comparing the size of sodas, muffins, and bagels twenty years ago to present.

Did you know that in 1986:

- a muffin was 55 gram = 140 calories, in 2006 a muffin today is 175 grams = 485 calories.
- a bagel was 140 calories = 2 servings of grains, in 2006 350 calories = 5 servings
- a soda was 191 ml = 85 calories, in 2006 591 ml = 250 calories

If you would like to find out more about choosing healthy choices you can check out the posters and information in building 90 on the Health Promotion bulletin board. Watch for changing healthy messages and program information, throughout the year.

Along with the bulletin board messages and the tabletop messages, the Health Promotion (HP) team had an information display at both Messes and at 1 Canadian Air Division HQ. The HP team was providing resources, which included portion size pocket guides, fitness wheels, Canada's Food Guide to Healthy Eating, Food Guide Slides, and key rings. HP was also receiving feedback about the healthy choices available in the Messes and were giving out promotional material for those who filled out the surveys. A total of eighty-two surveys were completed.

The Health Promotion team would like to thank everyone who filled out a survey, took resources, asked questions, and took the time to become more aware of their health. The next blitz for the "Set Your Sights On Healthy Eating" campaign will take place in September.

If you would like more information regarding the "Set Your Sights On Healthy Eating" campaign and/or the resources available to you, contact Health Promotion Christa Zappitelli, local 4160 or Penny Wawrzyniak, local 4150 (building 63, rooms 147/148).



## Flying Tigers Swim Camp

August 14 - 18, 2006 from 0830 - 1200

Ages 7 - 15 Fee: \$30.00  
Location: Bldg 90

Focus on:

- Stroke Improvement
- Endurance
- Starts and Turns and
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INCLUDES A MINI-MEET WITH PRIZES

REGISTER NOW

Register with Lindsay Chmilnisky at 833-2500 local 2057 or for more information contact Flying Tigers Club President Linda Benoit at local 6356.

Youth Advisory Council Upcoming Events:

## Red River EX

June 23 - Meet at the MFRC at 5 pm  
All you can ride at Half Price



To register or for more information please contact Lindsay Chmilnisky at 833 - 2500 local 2057.

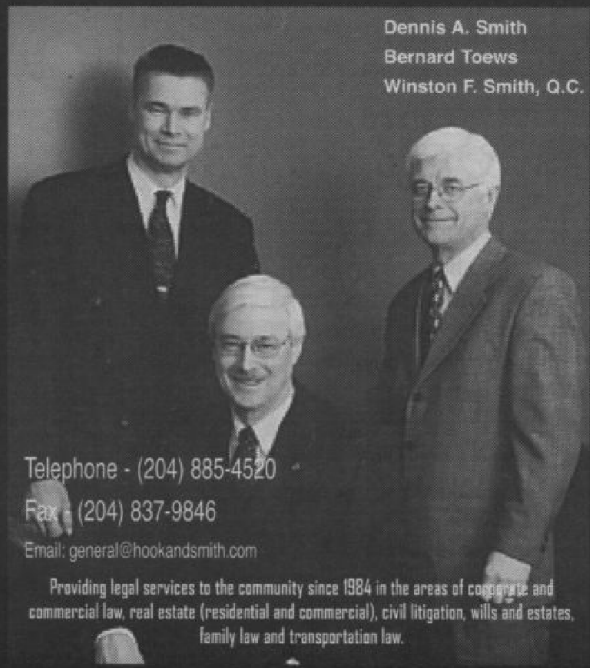


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# Classifieds

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Club rooms: 837-6708



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Early Bird starts at 7:00 pm  
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# TAROSCOPES BY NANCY

**Aries (March 21 - April 19):** Remain calm when faced with unexpected developments that come up. With the right attitude or approach you can overcome any obstacles and improve a situation. You just need to get a sense of the direction to go in. Take three deep breaths and think it over before leaping into action.

**Taurus (April 20 - May 20):** Many areas of your life need your full attention. Your sense of responsibility has you trying to keep it all together when you'd rather be relaxing. The plus side to all this multi-tasking is that you have more options. The downside is that often nothing gets completed.

**Gemini (May 21 - June 21):** Work efficiently; break down a larger problem into manageable pieces. Use pre-set standards. It won't matter if you try different approaches the end result will be the same. The work must be done. There are no short-cuts. A common goal results in cooperation from an adversarial person.

**Cancer (June 22 - July 22):** You know that everyone's needs, actions and assumptions shape their lives. However you need to determine which are in sync with your own. Stop bending to accommodate when you don't want to. Your choices are valid. Others need to appreciate this and so do you.

**Leo (July 23 - August 22):** Someone close to you is having a difficult time. Their problems touch you deeply and put your own life issues into perspective. To help them, use open-ended thinking to find a creative solution. Be prepared to put your own concerns aside if you want to follow through with action.

**Virgo (August 23 - September 22):** A past experience impacted on you profoundly but the person involved was not deliberate in their actions; just thoughtless. As a result you developed a habit that you must change now. Be fully present in your current life and the effects of the past will lose their hold.

**Libra (September 23 - October 23):** Structure helps you feel more secure and up-beat, but when you attempt to solve the important things first, one thing dominoes into another until everything is tangled again. Relax, this is just life. Understanding brings freedom and a greater awareness of how to proceed.

**Scorpio (October 24 - November 21):** Take a break once you've set things in motion. You're headed in the right direction. Let others deal with the day-to-day stuff. Encourage them to take the initiative and to be inventive. You'll find out things you didn't know. A wise teacher learns from their students.

**Sagittarius (November 22 - December 21):** You feel you need to set the record straight. Someone hasn't seen you clearly because of the impression you were trying to make. You've not been seeing them clearly either. Keep the conversation flowing until you know you've done your best to alleviate misconceptions.

**Capricorn (December 22 - January 19):** Develop partnerships to share the fun and work. Make the most of a chance encounter. Be independent, but allow loving individuals into your life. Trust that there are those who see you as an equal and that your aspirations, activities and desires, even if different, are valid.

**Aquarius (January 20 - February 18):** Energetic and enthusiastic you do things that draw attention to yourself. Never fear you'll do fine. Your talents and savvy won't desert you. Review relationships. See people for who they really are then determine if they are a valuable part of your life or just a habit.

**Pisces (February 19 - March 20):** Sometimes you need to push yourself if you want to feel more like you're living with purpose. Maintain good boundaries when you're with people. Live life on your own terms and you'll be less frustrated and have more realistic experiences. Take pride in what you do well.

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