



# THE VOXAIR

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FREE



A 435 Sqn maintenance crew member prepares a C-130 Hercules for take off.

Photo by Cpl Chris Ward

## 435 Crew Lands 1st At Florida SAR Competition

By Jen Sharpe

It's not often that a spring trip to Grande Prairie, Alberta results in a mid-winter trip to Florida, but that's exactly what happened to two Search and Rescue (SAR) crews from 17 Wing's 435 Sqn.

Back in May, 435 Sqn participated in their annual SAR exercise (SAREX), where SAR crews conduct a simulated search and rescue in a hard-to-reach area. The exercise is elaborate, strictly executed, and involves coordinating the efforts of a variety of military, government, and civilian organizations, including the Civilian Air

Search and Rescue Association (CASARA).

At last year's exercise, the usual Canadian SAR crews were joined by the 39th Combat Rescue Squadron, an American team from Patrick Air Force Base in Florida. To thank the Canadians for their hospitality, the 39th invited two crews from 435 Sqn to participate in a small SAR "skills" competition of their own down in Florida from January 6th to 10th.

"We took one airplane and two flying crews, including pilots, navigator, engineer, loadmaster, and SARtechs, as well as six maintenance

folks," Capt Josh Moffatt, 435 Sqn Pilot, says. "The actual planning for this exercise started to come together in October."

The two 435 Sqn SAR crews competed against two Combat Rescue crews from Florida; the Canadian and Americans teams both flew the C-130 Hercules. According to Capt Moffatt, each crew was awarded points based on their performance in a variety of SAR drills.

"When we got there, they had set up a competition that covered all facets of Search and Rescue," he explains. "We did a lot of freefall para-

jumps for our rescue techs and their technicians as well. They had a target laid out and they scored which para-jumpers landed closest to the target."

The teams also competed in a water exercise (to find a simulated missing boat in the ocean and complete an airborne drop to the craft), a supply drop exercise (to drop supplies closest to a target on land), and a spot-landing exercise (to touch-down closest to a point on the runway).

In the end, Capt Moffatt's 435 Sqn team finished first in the standings, two points ahead of the leading

American team. The other 435 Sqn team also fared well, finishing third.

On top of the valuable training opportunities provided by the exercise in Florida, Capt Moffatt says it was also beneficial to see the different equipment and SAR techniques used by the Americans.

"The big difference is that our supply drops and para-jumps are all done using drift indicators and timings whereas they are more computer based," he explains. "It was nice to see how the computer based stuff works compared to the way we do things."

According to Maj Broderick, Aircraft Commander for the 39th, a significant difference between his operations and those of 435 Sqn is that the Canadians conduct searches in more mountaneous regions, whereas the 39th's activities are "more maritime related."

"It was a benefit to see the way the Canadians deploy," he says. "I hope it turns into an annual event."

Capt Moffatt agrees: "It's nice to build a rapport and build a good bond with the Americans because we do share a common border."

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# Winterpeg Wonderful For All-Aussie Nav Class

By Jen Sharpe

With weeks of -40-degree weather behind us and at least two more months of winter ahead, most Winnipeg military personnel are cursing the province 17 Wing calls home. After all, many Wing personnel have spent a lifetime trying to keep warm and motivated during chilly Canadian winters.

But there are a few exceptions, including the entire student-body of the CF Air Navigation School's (CFANS) Basic Air Navigation Course (BANC) 0308.

Unlike the hundreds of BANC classes before them, the class of BANC 0308 finds winter in Winnipeg a welcome change from winter down south—far south—where sub-zero temps are rare and snow is a hot commodity. The six Australian navigation students of the first all-Australian BANC at CFANS arrived at 17 Wing last March and are currently gearing up for graduation and the long trip back home in late February.

"We arrived on the same day in March from Los Angeles," Pilot Officer Matthew Stade remembers. "It was -32 with the wind-chill when we arrived and we thought 'Whoa, this is cold,' but within a few days it warmed up a lot and the snow started to melt."

Since their arrival, the six students have been busy in the CFANS classroom and on training flights with 402 Sqn that will prepare them for careers as navigators for the Royal Australian Air Force (RAAF). According to CFANS instructor and fellow Australian Flight Lieutenant Simon van der Wijngaart, the RAAF sends its naviga-

tion students to CFANS because its local navigation school, the School of Air Navigation, has been delayed in getting its training programs up and running.

"CFANS has at least another couple of courses with Australian students after these guys leave, so we'll have Australians here until at least mid-2006," FltLt van der Wijngaart explains. The FltLt himself will be in Winnipeg until the beginning of 2007 after arriving here last August.

"Canada itself is very similar to Australia; the people and the way things work is a lot like home," FltLt van der Wijngaart says. "The weather when I arrived was nice because we were coming to the end of our winter and it was about the same temperature here at the end of summer."

Although the weather has cooled off considerably in the past five months and has properly introduced all RAAF members to blizzards, icy roads, and frost-bite, PltOff Stade, PltOff Paul Thorburn, and FltLt van der Wijngaart are surprisingly positive about the weather.

"Some of the guys had never even seen snow," PltOff Stade says. "The first or second day we were here we had to go down the road to a school Curling Day, which was interesting, and just walking outside from the carpark to inside we were falling around on the ice. . . . We were playing in the snow pretty much every day."

"I haven't really found the cold that bad," FltLt van der Wijngaart adds. "I love the snow—the more snow the better. It's such a novelty. I mean I've seen snow

before but nothing like this."

Most of the students haven't been back to Australia since arriving in Winnipeg in March. When asked what he misses most about Australia, PltOff Thorburn says "The warmth, the beach, certain types of food. . . . It tends to be the little things that you miss the most."

"But we've had such a nice time here and we've done so much that you just sort of don't think about home," PltOff Stade adds. "Most of us didn't even consider going home for Christmas time; there are just so many things to see and do."

And they have been seeing and doing a lot. Thanks to training flights to Montreal, Victoria, Toronto, Texas, and San Diego, the students of BANC 0308 have seen more of North America than many native

Winnipeggers.

What will they miss the most about Winnipeg when they head back to Australia at the end of February? "Friends," PltOff Thornburn says confidently. "You get pretty close with the other students and the instructors. We've made a lot of friends tripping around this continent."

"It's been awesome," PltOff Stade says. "The course has been great and we've been having a ball since we got here."

Once back in Australia, the six navs of BANC 0308 will be posted to various squadrons across Australia. After completing a bridging course to reacquaint themselves with Australian procedures, they should be flying operational missions in between four months and a year, depending on the aircraft they will be navigating.



(L to R) PltOff Stade, FltLt van der Wijngaart, and PltOff Thornburn enjoy Winnipeg's wintry landscape while at 17 Wing.

Photo by Jen Sharpe

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Telephone answering system  
operates remainder of the week.

#### VOXAIR STAFF

**LCol S. Neville**  
Editor-in-Chief  
204 833-2500 ext 5281

**Capt P.A. Dawes**  
Managing Editor  
204 833-2500 ext 6152

**Maureen Walls**  
Office Supervisor  
Sales Manager  
204 833-2500 ext 4120

**Andrew Hughesman**  
Production Coordinator/ Layout  
204 833-2500 ext 6976  
voxair@mts.net

**Misra Yakut**  
Accounting  
204 833-2500 ext 4124

**Jen Sharpe**  
Journalist/Photographer  
204 833-2500 ext 6976  
+VOXAIR@PersSvc@Winnipeg.or  
voxair@mts.net

**Traci Wright**  
Proofreading

**Jim Holland**  
Advertising Sales  
204 832-0115

Printed By  
**The Daily Graphic**  
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PO box 17000 Stn forces  
Winnipeg, MB R3J 3Y5  
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# Stolen Kisses

By 2Lt V-G Winter

As Valentine's day is approaching I think back to where it all began. Not the day itself, which would be more of a historical perspective, but rather the romantic feeling that this day promotes. Of course the greeting card business will tell you it's a day for every kind of love, parent to child, between friends or the love you feel towards grandma. Do not be deceived, romantic love shared by lovers is the pure essence to which the day is devoted. Therefore I bring you back to the first glimmer of that sort of love, the first adoles-

cent crush.

At the time no one thinks it's a crush. Remember that first time, when we are young and new to the ways of the heart, the feelings are totally overwhelming. The feelings are so tender, so pure, that nothing that existed before that compares. It's the romantic tempestuous love of which epic ballads are sung. Swept up, we do foolish and embarrassing things for love. Most of the time the other person doesn't feel the same way, or they may not even know we exist but that doesn't matter. The importance of the first crush

is not about building a relationship, where compromise and work are required, it's about learning to be in love.

Love is the most noble of human emotions but it can be hard to accept and hard to manage. Remember when that special someone, who didn't know our name, smiled at us in the hallway as we were walking by. We were ecstatic. The euphoric feelings were so uplifting that we could have repainted the ceiling without a ladder. Of course our parents just laughed and shared a knowing smile. Then they said "Get down here and help your brother with his homework." Ah the outrage, how could they demean such perfect love! They are only savages who have never, could

never have known a love so intense. But of course they did, and they did care. The lows were pretty rough as well. When that special someone didn't even look at us, it was the pain of our heart being ripped from our chest.

But through it all we learn and we grow. Now our hearts are not so fickle. We are not so awkward, but the romance is still there. Like riding a bike, at first all is wobbly but then we straighten out and enjoy the ride. Now, as you celebrate your Valentine's Day with that special someone, give a thought back to the first someone through whom we learned so much about ourselves and whose name we can't even remember...



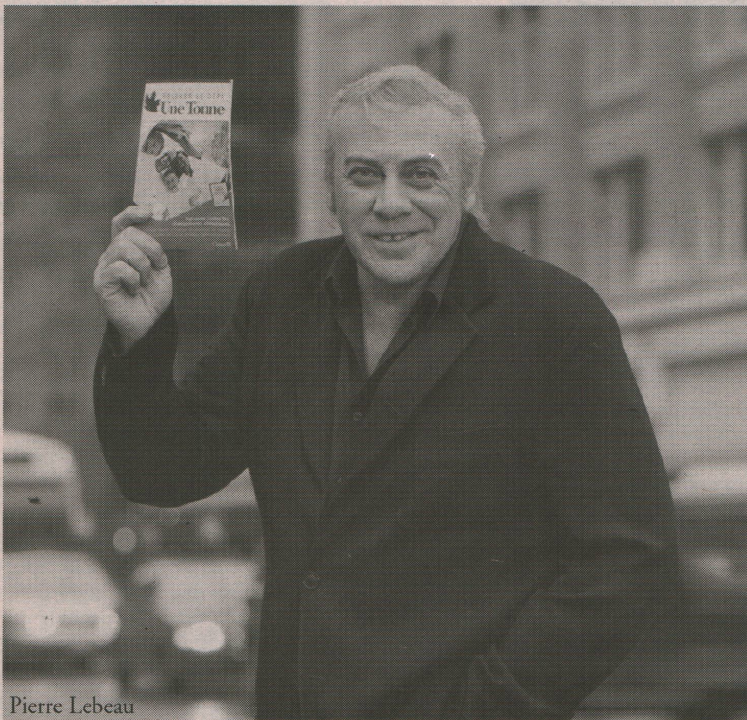
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Pierre Lebeau

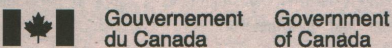
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# CCSS Flight

By Roger Boisjoli

The Command and Control System Support (CCSS) Flight which is part of the Wing Telecommunications and Information Systems Squadron (WTISS) is the centre of expertise for all classified networks and systems at 17 Wing. Networks included in our sphere of responsibility include the Air Force Command and Control Information System (AFC-CIS), the Releasable to Canada (RELCAN) Enterprise Network (REN), the Defense Automated Data Network (ADDN) and the Military Message Handling System (MMHS). The CC-

SS Flight is also the centre of expertise for database management systems, whether classified or unclassified, at 17 Wing. Most systems supported by CCSS personnel are located within the 1 Canadian Air Division Data Centre, which is located in Building 25.

AFCCIS is the system used by the Air Force to conduct command and control of its forces. It includes all the usual office automation tools including email. It also features the Theatre Battle Management Core System (TBMCS) which is used to produce Air Control Orders (ACO) and Air Tasking

Orders (ATO). These are used to control flying activities within the Air Force. Also included as part of AFCCIS is the Mission Management Application (MMA). This application tracks statistics related to flying activities.

The REN is the network used by NORAD units to intercommunicate. Systems that form part of the REN are TBMCS, Global Command and Control System-NORAD (GCCS-N), Positional Display System-Migration (PDS-M) and Tactical Situation Display (TSD). The NORAD TBMCS is identical to the AFCCIS sys-

tem except that this system affects only NORAD related flying activities. GCCS-N provides NORAD Commanders with the Common Operating Picture (COP), which is a near real time display of all tracks of interest. TSD is a Federal Aviation Administration (FAA) system, which displays all flight activities within North America. This system is unclassified but is used for operational purposes.

ADDN is the traditional method of sending military messages of all classifications up to Top Secret. It is

Continued on page 5

# Sparky's Corner

## Control The Glow



It may be a dog eat dog world but when it comes to teaching families about fire safety for half a century, Sparky The Fire Dog will "paws" for no one. This cool Dalmatian would like to remind everyone that lit candles must never be left unattended. Last year there were more than 11,000 fires caused by candles and many of them were started when children were playing with them.

Reported fires started by candles are at the highest level in years. With candle sales doubling in the last five years, this dangerous trend shows no sign of ending. The candle craze is understandable as the aromatherapy and decorative candles not only smell amazing, but the light source casts a glow and creates a relaxing mood. Perhaps too relaxing. "Nearly half the candle fires start in the bedroom as people use them to set a soothing atmosphere and then fall asleep."

The reason candles are so dangerous? Most of the designs are taller than they are wide, which increases the chance that they will tip over. They are also frequently placed too close to curtains or bedding where fires can start when pieces of wick break off and land on combustible material. Also, fires are started when

the candle wax gets so hot it will catch fire using the flame as an ignition source.

Here are some basic tips to follow:

- Keep burning candles out of reach of children
- Do not place candles too close to curtains, lamp shades or party decorations
- Place candles on noncombustible surfaces such as ceramic saucers, which will catch the melting wax
- Never burn candles which have dried flowers or potpourri embedded in the wax or display candles in the centre of foliage
- Never leave the room while candles are burning and always blow them out when you are feeling sleepy.
- Be careful with glass candleholders, as they will shatter when heated to the right temperature. Never use plastic or wooded candleholders; metal candleholders are the safest.

Following the basic safety tips above will prevent a catastrophe, and will keep your candle glow from getting out of control.

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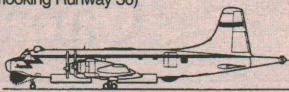


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# 40 Years Ago In The Voxair

## February 5, 1965

### R.C.A.F. Drama Club Aims for Festival

A flurry of activity characterizes the atmosphere at the Station Drama Club as preparations for *She Stoops To Conquer* draw rapidly to a close. Once again the old adage "The play is the thing" is proven, as wives, husbands, and families are neglected by cast and production members alike.

"*She Stoops To Conquer*", a comedy written by Dr. Oliver Goldsmith in the latter part of the eighteenth century, is the most ambitious project attempted by the Drama Club in recent years. Pilot turned director, David Mills, who is president of the Drama Club, has assembled a cast of unique and varied talent backed by an experienced and highly imaginative production crew.

The result promises to be a colorful and most entertaining show which you won't want to miss.

Highlight of "*She Stoops To Conquer*" will undoubtedly be veteran director Cliff McDonald's portrayal of the mischievous Tony Lumpkin, a not too cultured country squire. However, this brilliant performance will no doubt be matched by newcomer Jim Necombe who plays Marlowe, a not quite Tom Jones type of lover. Joy Coles as the coy and lovely Kate, Pat Vantorial as the domineering, dictatorial Mrs. Hardcastle, and Geoff Bennet as the foppish Hastings, all add to the rollicking fun which has made "*She Stoops*" a favorite of the theatre for two hundred years.

An equal share of the credit for the success of this play must go to the various production members who have given so freely of their time and ingenuity. In particular, credit is due to Carol Kelman, costume designer and manufacturer extraordinaire, whose talent will be vividly obvious to all in attendance. Also to Bernie Lapointe, a stage manager whose quiet efficiency has produced a highly portable set designed to stimulate your imagination.

The portability of the set for "*She Stoops To Conquer*" is a significant fact, for the Drama Club has high hopes of moving the play to the Manitoba Theatre Centre in late March for the Regional Drama Festival. The sec-

ond move, depending on success, will be to the Dominion Drama Festival in Brockville, Ontario, sometime in May.

Clearly the RCAF Drama Club has undertaken a heavy task. To rise to the top in Canadian amateur theatre is no mean feat and a win at either of these festivals will bring high honour to Station Winnipeg, the RCAF, and to Manitoba. The Club needs and deserves your support. Tickets are readily available from Club members or at the door for the nominal fee of one dollar. If you have a datebook, appointment book or a kitchen calendar please circle these dates; Feb. 11th, 12th, and 13th. Your attendance will be our reward, and yours too!

### CCSS Flight Continued from page 4

operated by the good folks within the Communications Centre (ComCen). This system is being replaced by MMHS. This latter system will be distributed Wing wide and be operated by the users. Once MMHS is fully operational all ComCens across Canada will close. The ComCen personnel are also responsible for the operation of all Video Conferencing systems within Building 25.

Last but certainly not least is the database management responsibilities of the CCSS Flight. Both TBMCS systems include a number of Oracle databases and a Sybase database. These databases are strictly controlled by the AFCCIS project Office and NORAD HQ for each of their respective systems. They do not require a lot of administration, but require regular monitoring to ensure their efficient operation. We do manage an Oracle database on the unclassified side, which is used extensively for a number of applications such as Cadet Information System (CADIS), Air Reserve Group

Information System (ARGIS) and a number of web based applications hosted on our application server. Web based applications hosted on our application server include:

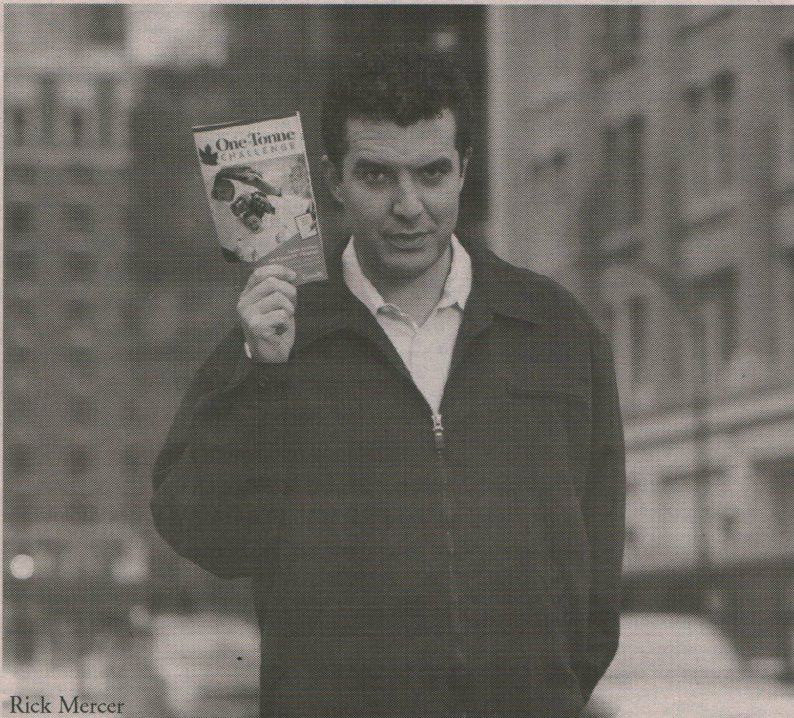
AF900 Plus: which allows A4 Maintenance personnel to monitor and control audits conducted Air Force wide;

TAN: which is an application that automatically issues prearranged TA Numbers for personnel loaded courses by A1 Training;

Tape Library System (TLS): which is used by the CCSS Flight to control and track backup tapes used on all systems;

FMAS: a read only database, which is downloaded from the national FMAS database on a weekly basis and allows selected organizations to view activity against their assigned Internal Orders; and

PLAR (Prior Learning Assessment Review): used by A1 Training to evaluate the educational credits of potential recruits.



Rick Mercer

## Every Canadian loves a challenge, right?

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# Admired and Appreciated: A Volunteer in Profile

By PO2 Jerome Kirby

This is a story of an airman, a husband, a father, a volunteer and a great man. This is the story of Jerry Gallipeau.

Volunteering is to give to others without recompense—what a noble gift! Jerry has been doing just that for many years and in many ways. On Wednesdays and Fridays for the past eleven years, he can be found contributing his time to the 1 Cdn Air Div Kit Shop and the HQ's members. His efforts and influence are not easily quantified.

Hailing from Almonte, Ontario, Jerry made the journey to Kingston to enlist in the RCAF in 1943. Before long he found himself in Toronto at the exhibition grounds undergoing basic training. That was followed by "contact training", what we now refer to as on the job training, in Trenton. Jerry enlisted as a GD (general duty) and a couple years later became a P & F or passenger and freight handler. His occupation later changed to Air Traffic Assistant, the forerunner of today's Loadmaster.

His distinguished 23-year career in the RCAF took him far from home and country; In the United Kingdom alone, he hung his hat in five different locations: Bournemouth, Down Ampney, Odiham, Topcliffe and Langar. After a stint with 5 AMU in Langar, England, he found himself enroute to 1 Air Div HQ in Metz France, where he scheduled both crews and flights in the Air Ops center. Back in Canada, Jerry made a home in Trenton, Calgary, Dorval, Churchill, Edmonton, and Goose Bay before retiring to Winnipeg in 1966.

Jerry recalls vividly particular flights, personnel, destinations, and the shenanigans he and his cohorts (including "Barnsmell," "Spooof" and "Doc") got up to over the years. A favourite of Jerry's stories is one about a pregnant passenger who embarked enroute from Fort Nelson to Whitehorse. Somewhere down route their fears were realized and the



1 Cdn Air Div A/Comd BGen Davies (left) presents Jerry Gallipeau with a certificate of appreciation on 15 Dec 2004.

gal went into labour. Before too long the contractions were just two minutes apart and the pilot had already been urged to speed 'er up. Happily, the flight managed to arrive without having to birth the child in-flight, although—as the story goes—the child was born before the plane was unloaded.

All the aircraft, like Jerry himself, are retired now: the Dakota, North Star, C-119 Box Car and the Bristol Freighter. He recalls with great animation the times when he had sat in the FE seat because of illness or because a problem required it, or the times when he would look out the "sky dome" of the North Star.

During his honourable 23 years of service Jerry logged just under 1800 flying hours and was awarded numerous CF honours and decorations, including the UN Korea medal, Canadian Volunteer Service Medal (CVSM), and the Victory medal. Of all his flights, missions, and time away from home, Jerry seems most proud of his service during the Korean conflict. Flying out of McChord AFB, he crewed sixteen missions into Japan as part of the Korean airlift.

Jerry leads a very different life today. His wife has passed away and his children have grown up and now have kids of their own. Nevertheless, Jerry keeps well by living an independent life in his own home. Jerry still carries around with him some of his favourite jokes on

laminated cards. My suspicion is that though he moves with the times and the political correctness that governs us all, he cleverly evades re-priming by letting the jokes tell themselves.

His dedication is unsurpassed. Every Wednesday and Friday he makes his way to 1Cdn Air Div where, from 1000 until 1500hr, he can be found story telling, joking, socializing and sometimes even selling kit shop items. He is the linchpin of the kit shop's operation, as eleven years of loyal service have given him a unique perspective of the shop and its operation.

Jerry is also heavily involved with and very proud of the 17 Wing Ghost Sqn, where he holds the title of Deputy Commander. His many duties and responsibilities include the restoration, refinishing, maintenance and upkeep of the vintage aircraft currently displayed on the Wing and in the Air Force Heritage Park and Museum.

Mr. Gallipeau also saves and collects pop cans, removing the tabs for beneficiaries, and recovers stamps for eventual donation. He receives a bag full of stamps from a colleague, soaks the stamps, delicately removes them, dries them and eventually turns them over to another gentleman who bags them for eventual sale.

On top of all these activities, Jerry also finds time to volunteer at his local parish and belong to the #4 Legion, the 500 Wing City of

Winnipeg Air Force Association, and the Logistic Movers Association. Giving of his time and effort sustains him, and gives the satisfaction of knowing he has contributed to others in the name of goodness and kindness.

17 Wing Ghost Sqn's Commander, Mr. Chris Nielsen, knows Jerry very well. Together they are working on standing up a new museum on the Wing. Chris refers to Jerry as "just one of the greatest guys" and continues on saying that he is "just so reliable" and is a "good ambassador." Mr. Nielsen goes on to say, with a wink, that people just can't say no to him. That is so easy to understand: he is such warm and genuine man whose qualities engender calmness and ease.

These days many people place possessions or property above the spiritual and the heartfelt. Jerry is not one of them: his reward is self-satisfaction. Dr. Abraham Maslow coined the term "self actualization"—or the need for fulfilment—as the pinnacle in the hierarchy of human needs. I believe that Jerry's kindness and generosity have helped him to achieve a personal serenity and satisfaction that comes from giving to others.

People of Jerry's stature are few and far between. Who are the Jerry Gallipeaus of tomorrow? This abbreviated story only scratches the surface of a life of service, loyalty, dedication, and inspiration. For all his giving, sharing and purpose, Jerry Gallipeau truly is admired and appreciated. Bravo Zulu Mr. Gallipeau!

To thank Jerry for all his efforts, A/Comd BGen Davies presented Jerry with a certificate of appreciation on 15 Dec 2004. The Commander 1 Cdn Air Div signed the certificate with the following inscription: "For his exceptional loyalty, dedication, enthusiasm and valued service to 1 Canadian Air Division and Canadian NORAD Region, 1993-2004."

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2005 HERITAGE LOTTERY CALENDAR

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Regina King

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Feb 4-5**

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**CLOSER**  
Natalie Portman  
Julia Roberts  
Clive Owen  
Jude Law

104 Mins

**8:00 pm  
Sun-Mon  
Feb 6-7**

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**THE SIMPSONS MOVIE**  
Tom Kenny  
Rodger Bumpass

87 Mins

**8:00 pm  
Fri-Sat  
Feb 11-12**

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**THE MOTORCYCLE DIARIES**  
Gael Garcia Bernal  
Rodrigo de la Serna

125 Mins

**8:00 pm  
Sun-Mon  
Feb 13-14**

# Lest Ye Be Judged

By 2Lt V-G Winter

December 3 was the International Day of the Disabled Persons. Here at 17 Wing we had our own little information session, with testimonial from disabled persons. They explained some of the difficulties they had had trying to work, and be productive members of society. Not to say that they couldn't contribute but rather that barriers had been in place to prevent them from contributing. My first reaction was that of indignation. We as a society can only gain if everyone is given the chance to provide as much as they can. Think of the millions of wasted person-hours because of antiquated prejudices. Millions of dollars in invested resources left untapped simply because society ignores some people who suffered accidents or some random diseases.

Canadian society prides itself on multiculturalism;

the joining together of people from different background to form something greater. Like tempered steel is to iron, we are strengthened by the inclusion of something more. That is the strength of inclusiveness. Inclusiveness is harder for some. It's easy to just draw a line and say anyone inside the line is "us" and anyone outside the line is "them". Soon with that reasoning "us" has to be better than "them". Then you are rating the value of a person. Some people are worth more, some are worth less. Am I worth more because I have two legs? Would I be worth more if I were taller? No, the value of a person cannot be measured. It is absolute and indivisible! Thus no one is worth more or less. We are all just people. The term disabled persons should not be taken to mean less able than a person and thus not a whole person. That creates a false percep-

tion because we are all just people with different abilities. Some of you can do thing I never could, am I disabled? Should professional athletes walk around with little cards saying excuse me I am an en-abled person?

The greatest enemy of disabled people is ignorance. That which is unknown is feared. That which is feared is shunned. That is why the information session on the 3rd was so useful. I learned a number of things about other people and about myself. Steven Fletcher, the local MP for this riding, demonstrated a mouse that uses head movement to guide the cursor. I found myself wondering if that wouldn't be useful for a TV remote. My laziness knows no bounds. Still, I can only hope that if I had suffered as he had I would have shown half the courage and determination he did.

# "Support Our Forces" Ribbon Campaign

By 2Lt V-G Winter

How your ribbon and feel proud, Winnipeggers. The Winnipeg Military Family Resource Centre (MFRC) launched a Canadian Forces appreciation campaign by selling ribbon decals and magnets. For the military members and their families, the ribbon magnets and decals with the words "Support Our Forces" in French and English are an excellent way to display their pride in who they are and what they do in Canada and abroad.

"Because just about everybody's lives have been touched by something the military has done, these ribbons provide an opportunity for Winnipeggers to say thanks to the Canadian Forces," said Diane Brine, the Youth and Adult Programs Coordinator for MRFC, who is spearheading the project.

"CF members do a tough job and get little recognition," said Muriel Runge, Canex supervisor and retired CF member. "By displaying the ribbons



we tell the members that we know that you're there and that you're doing a good job." She also bought a ribbon because she was proud of her 20 years of CF service.

The magnets and decals are yellow ribbons featuring a recognizable Canadian symbol, the maple leaf, and the funds collected from the sale will support the local MRFC

programs. In a similar campaign, pin ribbons have been sold with great success in Edmonton, Alta. Gagetown, N.B. has also started selling magnetic ribbons. The MRFC is an integral part of the military family support network. It was established to enhance the quality of life and enrich the military experience for families by providing specialized programs and services to promote health, education and social well being. These programs include tours and information packages to help new arrivals get to know Winnipeg, second language courses are offered to families in French and English and children's programs like daycare and a toy lending library.

The magnets are \$7, the decals are \$4 or they can be purchased together for \$10. The ribbons will be sold at the MRFC, various Legion branches and at the Canex on Whytewold. For more information on the MFRC: <http://www.mfrc.mb.ca>



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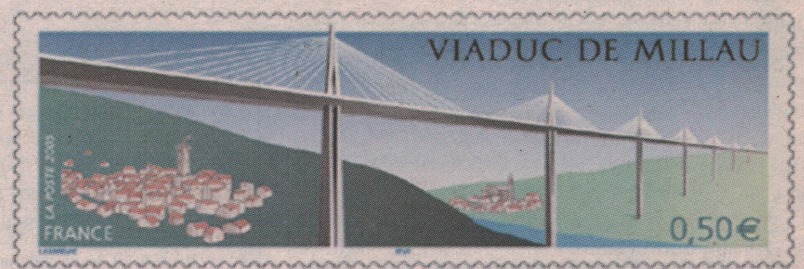
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# The World's Tallest Bridge

By Alf Brooks

France recently issued a postage stamp to mark the opening of an engineering marvel, the viaduct at Millau in southwest France.

The bridge rises 342 metres above the Tarn River, connecting two sides of the Tarn gorge and eliminating a notorious highway bottleneck. Previously drivers in

the busiest times had to negotiate narrow secondary roads and narrow town streets down one side of the Gorge and up the other; in times of heavy traffic, this short journey could take four hours. Now they can cross the 2,460 metre long bridge at normal highway speeds, although sometimes

wind or fog can slow the journey.

The bridge now claims the title as the highest in the world; the Eiffel Tower could stand beneath it. Its seven tall pylons that support the cables can be seen from twenty kilometres away, making it an object of beauty.

# Clubs

## 17 Wing Ceramics Club



### Club open for anyone with a recreation services card

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### Open:

- Tuesdays & Thursdays from 6:30 to 9:00
- Sometimes on weekends
- 18+ Yrs of age can get the key 24hrs a day, 7 days a week

### Prices:

- Memberships
- \$10.00 / 10 - 15 yrs of age Memberships are good for
  - \$20.00 / 16 - 20 yrs of age one year
  - \$42.80 / 20 yrs and up

Box of slip - \$10.70

Firing - Average cost for 1 piece is between \$1 & \$5

Club during operational hours - 2496  
Joanne Joyce 833-2500 ext 4034

## Flying Tigers Swim Team



The Flying Tigers Swim Team is a very active 17 Wing Club. We consist of approximately 50 swimmers. We train up to 6 days a week at Lipsett Hall. Our swimmers range in age from 6-17 years and are at all levels of swimming ability. We have competitive swimmers who take part in many fun swim meets throughout Winnipeg and in nearby cities as well. Some swimmers choose not to compete and enjoy the opportunity to swim on a regular basis, improve their strokes and endurance, make new friends and simply have fun being active. We are fortunate to have a great head coach, Iga Ziendalski, and she is assisted by superb, dedicated coaches as well. If you have a child that is interested in our swim club, please contact us. Swimmers can join at any time on a trial basis to see if it is right for them.

If interested please contact our President—Denise Gipp 489-7965 or our Treasurer—Andy Sawatsky 488-0232 or our Secretary—Karen Sawatsky—488-0232.

## 17 Wing Woodworking Club



- Located:** Building 33 (WestWin Community Centre).  
**Hours:** 24 hours a day 7 days a week.  
**Cost:** \$50 + GST per year individually or \$75 + GST family (dependants over eighteen).  
**Equipment:** Full complement of stationary and hand tools.  
**Sales:** Limited supply of hardwoods.  
**Discounts:** Hardware store discount cards and access to wholesale lumber.  
**Contacts:** Pres: Capt Steve Wilson - loc 6674  
Vice Pres: MWO Bill Lesko - loc 2149  
Treasurer: Capt Lawrence Klepachek - loc 5952  
Secretary: Sgt Linda Jardine - loc 6522  
Equipment Manager: Cpl Rob Nevers - loc 6053

## 17 Wing Judo Club



Mondays & Wednesdays  
7:00 p.m. - 9:00 p.m.

Building 21 (1CADHQ GYM)

9 years of age or older

Annual fees: Youth: \$25 / Adult: \$50

For more information contact:  
**Stephane Robbinson**  
H. 488-0356

**Barrie Woods**  
3rd Degree black belt  
H. 889-3444  
W. 833-2500 ext 6564

**Norbert Pachet**  
H. 775-1584

New Members Are Always Welcome

# Athlete Of The Month

By Jen Sharpe

Whether in front of the net or behind the puck, Sylvain Lefebvre has been on the ice since 1958. Growing up in Tracy, Quebec, the young man combined his two loves—hockey and music—at an early age.

In January, those two elements came together once again as WO Lefebvre of the Air Command Band received the Sgt Glen MacLeod Memorial Award for his participation in 17 Wing Intersection Hockey.

The Sgt Glen MacLeod trophy is awarded annually to the player who best displays the qualities of sportsmanship, dedication, enthusiasm, and love for the game of hockey. Since arriving at 17 Wing in 1997, WO Lefebvre has exemplified those qualities while playing for the Air Command Band intersection hockey team.

“Hockey teaches you to learn about people and to work as a group,” WO Lefebvre explains. “When I was younger I wanted to win all my games, but now it doesn’t matter to me anymore. You give your 100% and that’s what’s important.”

Although hockey is the only sport WO Lefebvre regularly participates in, he



Chris Merrithew (right) presents WO Lefebvre with his Sgt Glen MacLeod Memorial Award for his sportsmanship in Intersection Hockey.

emphasizes that he plays to keep his mind fit as well as his body. “It’s good as you get older to stay aware of your surroundings. Hockey keeps you on your toes and keeps you alert, which is what I like about it.”

WO Lefebvre says it’s an honour to receive the Sgt Glen MacLeod Memorial Award because it highlights the aspects of hockey that are really im-

portant to him. “You project what you personally believe in, and so I’d like to think other people can see what I value in hockey.”

The Sgt Glen MacLeod Memorial Award was created in honour of Sgt MacLeod, a CF member who was posted to 17 Wing from August 1986 to December 1990. Sgt MacLeod displayed tremendous enthusiasm

and dedication to the game of hockey, which he demonstrated while participating in the Wing Hockey League.

Tragically, Sgt MacLeod passed away while playing hockey on 5 December 1990.

For his lifelong dedication to the sport of hockey, WO Sylvain Lefebvre is the Voxair’s Athlete of the Month.

**BINGO: Mon - Wed - Friday 7:30 pm**  
Early Bird starts 7:00 p.m.

**CRIB NIGHT: Thursdays at 8 p.m.**

**DANCING: Fri & Sat Evening**

**6 MEAT DRAWS: Saturdays at 1500 hrs.**

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# Military Family Resource Centre



## For Your Information...

Did you know the MFRC carries a wide variety of resources available to our community members just by stopping by 102 Comet Street? Drop by to find.....

- Resource Library with everything from great Canadian fiction to workplace and employment related materials, videos, home, garden and family care.
- Employment and Education Library- how to write a resume to college course catalogues...it's all here.
- Posting Library – packages from all CF locations to familiarise your family with your next destination.
- Deployment Library – From children's workbooks and coloring sheets to parenting tips, deployment cycle materials and agency brochures.
- What is New? - The latest copies of Voxair/ The Community Connections/ The Maple Leaf and a variety of other Forces and community publications – your connection to Winnipeg & the 17Wing community
- Community Childcare providers listings/The Teen Babysitter Listings/Pet sitting service listings
- School Listings/SSIP information/Business registry/Odd job registry
- Manitoba Tourism information/Community Leisure Guide/local parenting publications... Fax machine/cassette Tape recorder/digital camera, for use on site.
- Postal packing station and mail drop off
- The Sherlock Map – the greatest street map of the Winnipeg area EVER...used by Winnipeg Fire and Police services. (on sale for \$15)
- Yellow Ribbons – Celebrate homecoming with free ribbons to tie around you home or workspace. Show your support on your travels...the MFRC has Yellow Ribbon Decals and Magnets for you home and car. Only \$10 for one of each!
- Toy lending library -see below for more details/Camping equipment/ Passes to some local attractions – all yours to borrow.

**Come check out the MFRC today. You don't know what you are missing!**  
Info at 833-2500 loc. 4500

## Joignez-vous à nous le premier jeudi de chaque mois.

**Pause-café communautaire**  
10h à 11h

Prenez cette opportunité pour rencontrer d'autres familles qui vivent les mêmes expériences que vous, soit un déménagement, un déploiement ou une séparation. C'est l'occasion idéale de prendre contact avec le CRFM et ses nombreux services. Nos employés amicaux sont toujours disponibles pour répondre à vos questions concernant leurs programmes et services. Inscrivez-vous pour un atelier, ramasser la dernière édition du bulletin de nouvelles « Réseau » ou seulement relaxer et rencontrer de nouveaux amis. Les enfants sont toujours les bienvenus. Café et goûter à partager !

Membres militaires, vous êtes aussi les bienvenus! Venez avec vos collègues de travail et découvrez ce que nous faisons au CRFM. C'est une excellente occasion de développement professionnel et de réseautage.

Nos prochaines pause-café sont le 3 mars, 7 avril et le 5 mai 2005, au 102 rue Comet. Pour plus d'information, contactez Catherine au poste 4506.

## MFRC Lending Library

The COLD weather getting you down?

Join the MFRC Lending Library and sign out the Fort Whyte Centre or Manitoba Museum Passes for 24 hours.

For just a \$10.00 year membership, you can sign out the Fort Whyte Centre or Manitoba Museum Passes for 24 hour. We also have a variety of children's toys and videos you can sign out for two weeks.

Also, check out our Resource Library. A couple of our new books are:

- We're Moving Where? The Life of a Military Wife by Jeanette (Shetler) Russell
- My Love, My Life by Dianne Collier
- Various cookbooks from Time – Life Books

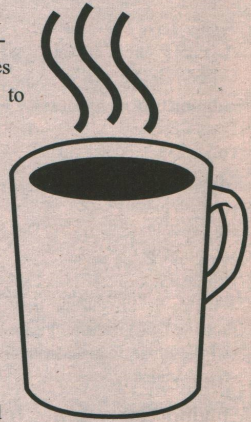
For more information about the MFRC Lending Library, call 833-2500 ext 4500

Join us the first Thursday of EVERY month for...

## Community Coffee Break

10-11 am.

Take this opportunity to connect with other families experiencing a move to a new posting or managing the challenges of deployment and family separation. Introduce yourselves to the MFRC and our wide variety of services. Our friendly staff is always on hand to answer your questions about our programs and services. Register for a workshop, pick up the latest newsletter or just relax and meet some new friends. Children are always welcome and there will be plenty of refreshments.



CF members, you are invited too! Bring your section to meet the MFRC staff and see what we are all about. A great professional development opportunity...networking and yummy snacks too!

Upcoming Coffee Breaks are March 3, April 7, May 5 and June 2, 2005.

Join us at 102 Comet St. 10-11am. For more information, call Catherine at Loc. 4506

## Information and Referral

### Upcoming workshops

Workshops begin at 7pm and take place at 102 Comet Street. Meet some new friends, learn something new and have fun! Workshops are free unless otherwise indicated. Childcare is available on request on registration. Call 833-2500 loc. 4506/4500 to register.

### March 23 – Have a great Yard Sale!

Tips and hints to make this year's yard sale a great success. Have a lighter load next time you are posted!

### April 20 - Get Moving...get organized!

Information and resources gathered from the experts...YOU. We have some coping skills and super hints to make this move painless...OK less painless!

### May 18 – “Oh...the places I have been”...Create a beautiful map framed mirror.

Bring a map of your favourite place(s) and we will transform a framed mirror into a work of art celebrating the strength and flexibility of Military families!

## MFRC Contact List

You may reach the MFRC by dialing: (204) 833-2500 and enter the 4-digit local of the person you are trying to reach.

<b>Office Manager</b> Mona Currie 4500	<b>Emergency Childcare</b> 935-7733
<b>Reception</b> Teresa Morris 4500	<b>MFRC Childcare Centre</b> 837-3653
<b>Youth Centre North</b> 4502	<b>Lois Johnson (Director)</b> 837-3626
<b>Youth Centre South</b> 488-8563	<b>Employment &amp; Education Services</b> John Chabih 4511
<b>Executive Director</b> Don Brennan 4504	<b>Social Work Services</b> Haley Schroeder 4512
<b>Deployment Services</b> Nicole Johnson 4507	<b>Francophone / Volunteer Services</b> Louise Cameron 4515
<b>Youth / Adult Services</b> Diane Brine 4508	<b>Thunder Bay MFRC</b> Evelyn Harrison (807) 345-5116
<b>Information &amp; Referral</b> Catherine Chatterley 4506	<b>Winnipeg MFRC Fax</b> 489-8587
<b>Children's Programs</b> 2491 or Wendy Richardson 6846	

# Together in Church



## CATHOLIC

### Chaplains

**Father Tim Nelligan**  
(Roman Catholic)  
Office 833-2500 ext. 5272  
**Father Terry Cherwick**  
(Ukrainian Greek Catholic)  
Office 833-2500 ext. 5417

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

**Masses**  
(English only)  
Sat - 1630 hrs & Sun - 0900 hrs

**Religious Education**  
Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

**Confessions**  
The sacrament of reconciliation is offered 20 minutes before mass and by appointment. Contact the chaplain's office.

**Baptisms**  
We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

**Weddings -Marriages**  
Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

**Catholic Women's League**  
Meets the third Tue of the month at 1900 hrs in the Chapel Annex.

## PROTESTANT

### Chaplains

**Padre Bob Brinn**  
(United Church)  
Office 833-2500 ext 5349  
**Padre Paul Southern**  
(United Church)

Office 833-2500 ext 4277

**Administrative Assistant**  
Carol Cochrane  
Office 833-2500 ext. 5087

**Sunday Services**  
English Only 1100 hrs

**Sunday School**  
Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

**Marriages**  
Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage preparation course is also required.

**Baptisms**  
The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

**Protestant Chapel Guild**  
The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

**Food Bank**  
The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

**Emergency Chaplain**  
After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700, or 2 PPCLI Duty Centre, ph. 833-2727.

**Other Phone Numbers:**  
For your convenience, a phone number has been set up to provide callers with info on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts. Visit the chaplains' Web Site at <http://17wing.winnipeg.mil.ca/main>, then click on 'Services'.

**Interfaith Prayer Room**  
Rm 305 in Bldg 62 is avail during reg working hrs for private prayer or meditation, or for small groups to worship in the manner of their faith.

# Air Command Band Small Ensembles Shine At Assiniboine Park Conservatory Concerts

By Sgt Benjamin Trowell

The Air Command Band is a full-time, thirty-five piece ensemble that performs throughout Canada and abroad. The role of this multifaceted organization is to provide musical support to The Canadian Forces, all levels of government and various public functions, including public concerts, military and public parades, ceremonial occasions, official dinners, dances and receptions.

The ensemble dates back to 1946 when Carl Friberg, a wartime bandmaster from Vancouver, was invited to form a professional band for The Royal Canadian Air Force No. 2 Training Command. The group was located in Edmonton and operational by the next year. Stationed in Winnipeg since 1964, the Air Command Band continues to provide musical services with a variety of ensembles, including the Concert Band, the Stage Band, the Marching Band, and various chamber ensembles.

Many people do not know that there are a number of chamber ensembles inside the larger group. The Air Command Band provides smaller chamber ensembles ideal for venues where space is limited, or where a more intimate atmosphere is desirable. Our Brass Quintet, Woodwind

Quintet, and Clarinet Quartet provide music from New Orleans-style jazz to Mozart and Wagner.

Recently, some of these groups have been performing at the Sunday Matinee series at the Assiniboine Park Conservatory. On Sunday January 16th, the Woodwind Quintet performed an excellent program of music which included a variety of classical works written specifically for this group. It was by all accounts a very successful concert. On January 30th, the Air Command Band Jazz Quartet performed a concert in the same venue to rave reviews. But if you missed these fine musical events, don't worry - there's one more upcoming! On Sunday, February 20th, the Clarinet Quartet will also perform at the Conservatory, with a program of classical music which promises to delight the senses. Curtain time is 2:30pm.

The Air Command Band travels extensively, bringing superb music and exciting entertainment to audiences throughout Canada, the United States and Europe. This world class ensemble performs at commemorative events, high profile ceremonies, and at international music festivals and tattoos.

The Air Command Band also provides musical sup-



Woodwind Quintet's performance at the Assiniboine Park Conservatory earlier this month.

port for a variety of fundraising events. Many of Canada's registered charitable organizations have benefited from performances by this outstanding ensemble. For more information, and for a free copy of our Compact Disc recording, please contact us directly by telephone at (204) 833-2500, ext. 5182 - or visit our website. <http://www.air-force.forces.ca/acband>

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# Ask Julie

Dear Julie,

Because of our frequent moves my wife decided to be an at home mom. However the kids are now in their teens and my wife still spends all her time at home, alone. When I come back from work, I just want to relax; she just wants me to entertain her and tell her all my work stories. Now I just find her clingy and annoying, what should I do?

Not a Jester

Dear Not a Jester

If her being an at home mom was a decision you both made early on you cannot impose on her that she returns to work now. However maybe it's time to discuss your decision openly to see how you both feel about the situation. Maybe she would like to go back to work but wonders how you would react or possibly she is just lacking the self-confidence to do so. You could explain to her that you really like spending time with her but that you also need a bit of time to yourself to unwind from a busy day. In my opinion, the biggest problem here is a lack communication. Until you both realize that communication is the key to any situation, it will become harder to grow as a couple.

Dear Julie,

My wife and I just had a new baby girl. This is our first child and my wife seems to have lost all interest in me now. She spends all her time and attention on our daughter and only talks to me when she wants me to do something or to say how great our daughter is. How do I get my wife back?

Lonely husband

Dear Lonely husband,

First off, Congratulations on your new baby girl! Having been through motherhood myself, I can tell you that your wife still cares a whole lot for you. Your wife is currently being called by Mother Nature to take care of this little person you both created. If she is breastfeeding she will be even more inclined to turn all her attention to the baby. Even if the way she is acting is very normal, you have to sit down together so that you can talk openly about your feelings. It is true that you now have a precious baby to take care of but your wife needs to understand that you, as a couple, are the foundation to this precious family. You should both decide on a plan to set aside some time for each other every day. Planning an outing once or twice a month would also be wonderful for your relationship. I encourage you to help around the house and with the baby as much as you can. That will give her more time to herself and in the end this should leave her with more time to dedicate to you. Make sure as well to compliment her often. Many new mothers don't have the best self image in the first postpartum months.

Dear Julie,

I can't seem to meet any guys. I work in a woman dominated field, teaching, so I don't really work with men. I don't enjoy going out to bars and all guys my friends set me up with are unappealing. I'm really getting frustrated by the lack of men in my environment. Where are the good men hiding?

Still Single

Dear Still Single,

I understand there still isn't that many men in the teaching field especially if you work at the elementary level. You will probably have to start looking for romantic candidates outside of the workplace. You might want to try getting a membership at your local fitness centre or you might want to enrol yourself in a community class. A dance course or even a photography course for example might be ideal for you. Not only will it give you the opportunity to meet other people but chances are you will be meeting men who share the same passion. If you feel even more adventurous and you have the financial means to do so, you could even go on a tour-guided trip to some exotic destination.

If you have relationship questions you can ask Julie, Voxair's own Psych Major with a long history of giving relationship advice. Questions can be mailed to the Voxair, e-mailed to voxair@mts.net or called in on our new dedicated anonymous voice box 833-2500 ext. 3333. Anonymity is assured.

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## TAROSCOPES

BY NANCY

**ARIES (March 21 – April 19):** You're looking for new projects and interests to add spark to your life. However, you may not need a new interest, just an exciting new way of doing something you've always done. Calm down and concentrate and you'll soon see changes. Explore your talents further.

**TAURUS (April 20 – May 20):** With patience and hard work you'll break through barriers you were unaware of. When you are able to come out of your shell and share more of yourself with others a sense of community develops. You're more energized when you follow your own, natural rhythm.

**GEMINI (May 21 – June 21):** You're admired for your leadership. Your excitement and energy during a presentation transforms a subject for your listeners. An opportunity to travel and use more of your skills is coming your way. You may feel nervous about taking a risk but it is worth it if you feel more alive.

**CANCER (June 22 – July 22):** Old and new projects, and working with those you love, keeps you busy. You're eager to be doing something useful. Accept differences of opinion but don't be swayed into changing your own vision of the future. You see first-hand, how some things come full circle.

**LEO (July 23 – August 22):** This could be a difficult time for you. Discontinue what isn't working and end outdated practices. Revise and replace what served you in the past, including an image or a list of "shoulds" or expectations for yourself. Let others assist you in your efforts to move on.

**VIRGO (August 23 – September 22):** You're reminded not to give up even though you feel like you're working, juggling and coping and accomplishing nothing. The payoff is just around the corner so keep striving. Surrender the need to see what you'll get and trust it will be good when it arrives.

**LIBRA (September 23 – October 23):** What you start is changed by everyone else involved. Excessive input turns something simple into a complicated undertaking. Trying to please everyone else leads to disappointments and hurts. The lesson here is to decide to maintain your boundaries.

**SCORPIO (October 24 – November 21):** When mapping out where you want to go, consider your timing. A sudden move may not be wise. Ask yourself, why am I impatient? Is it critical that everything happen instantly? Listen to your gut. Check, and you'll see things could go more smoothly in early Fall.

**SAGITARIUS (November 22 – December 21):** You may question your right to happiness when there is so much left undone. Acting as if time is running out, you try not to waste a moment. Checking to see how others are doing is not a constructive habit. The secret is in being not in doing.

**CAPRICORN (December 22 – January 19):** Create traditions by blending old and new together. Pay attention to the details if you're planning a ceremony or celebration. Others are feeling generous towards you so be prepared to honor the special gifts you receive. Partnerships struck now are fortuitous.

**AQUARIUS (January 20 – February 18):** You may feel like all your efforts of late have been for nothing, however, you've let yourself get caught up in doing what you think must be done. To get back on track and stay focused, create a wish list, post a picture, or carry an object that symbolizes your goal.

**PISCES (February 19 – March 20):** Be patient and keep working and your efforts will show results. A pattern emerges. You're strongly influenced by the moon and the seasons. You're entering a very good phase when you'll feel stronger, more open and balanced. Something you started has surprising results.

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