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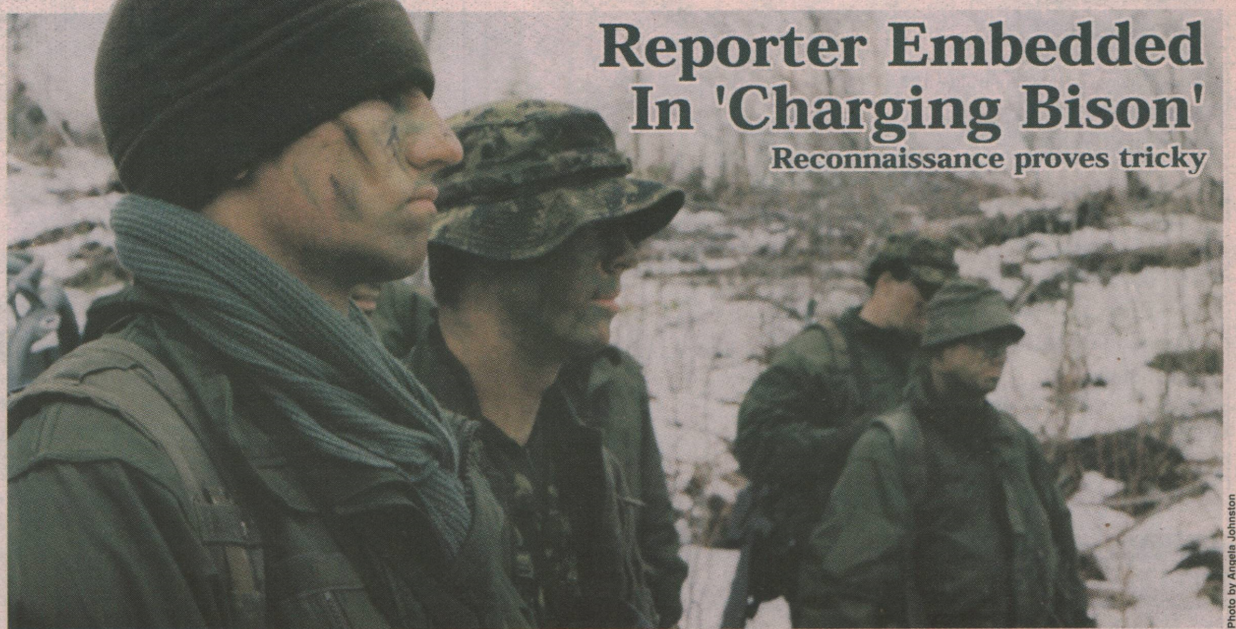

Photo by Angela Johnston

Soldiers from armoured reconnaissance unit The Saskatchewan Dragoons listen on to an after action review, which follows a foot patrol tasking during Exercise Charging Bison. The after action review informs the troop as to what was done well or incorrectly, and what can be improved upon for future taskings.

By Angela Johnston

KENORA – There is a certain magnetism surrounding the notion of reconnaissance. The allure of martinis and olives on toothpicks, spiralling down a tight-cable a la Tom Cruise in *Mission: Impossible*, and slick black balaclavas. The reconnaissance officer is suave, sophisticated, cosmopolitan. He always gets the girl, and the message always self-destructs.

So when *The Voxair's* student journalist has the opportunity to partake in such a lifestyle, how could she refuse? Though more often awkward than suave, clumsy than sophisticated, and rural than cosmopolitan, a girl can dream. New to the world of military exercises, my personal task was to observe what it is like to be part of an armoured reconnaissance unit.

After spending four days near Kenora, Ont., on Exercise Charging Bison with a Winnipeg army reserve armoured reconnaissance unit, there are a few things one learns while plugged into the reconnaissance lifestyle.

The 38 Canadian Brigade Group (38 CBG) conducted Exercise Charging Bison from May 12-16. The army reservists were practicing offensive movements in preparation for upcoming Exercise Active Edge, to be held in Wainwright, Alta., in August, which will incorporate participation from all army reserve units across Western Canada. Reservists, though most have full-time civilian jobs or are students, train to support and deploy just as the regular

Continued on page 8

Training Day

By 2Lt Martell Thompson



Search and Rescue is one of the most important roles that the CF plays on behalf of Canadian citizens. SAR Techs are highly-trained providers of rescue services and on-scene medical attention for aviators, mariners and others in distress. Last year the Air Force deployed 329 aircraft on SAR operations, a role requiring high levels of skill and dedication.

"Much is expected of SAR Techs because it is a challenging job — the well-being of those in need depends on their preparedness," said Lieutenant-Colonel Michel Latouche, Commanding Officer of 17 Wing Winnipeg's 435 (Transport and Rescue) Squadron. "SAR Techs train as a team daily," he added, to improve upon all facets of their job.

At 435 Squadron a SAR crew consists of two CC 130 Hercules pilots; a navigator; a flight engineer; two SAR Techs and a loadmaster.

Daily training sessions begin with a weather update followed by a discussion outlining the training objectives for the day. Training flights consist of practicing search patterns; delivery of provisions; parachuting to crash sites and communicating with other agencies that may be involved in SAR operations.

Sergeant Gilles Tremblay, 435 Squadron SAR Tech Leader, says SAR Techs are highly motivated individuals, capable of learning quickly and performing under pressure. The training for those aspiring to become SAR Techs is intense and is often conducted under poor weather conditions.

"You always have to be prepared," says Sgt Tremblay, "In one day you can go from doing nothing to saving two or three lives."

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Family Day At 3 CFFTS

On 8 May 04, 3 CFFTS hosted its annual Family Day. All members of the unit, both DND civilian and military, were invited to bring their families out to the unit to familiarize them with what their spouses and parents do on a daily basis. This included a ride in either the Unit's Jet Ranger helicopter or King Air multi-engine aircraft. Following that, the children had fun on the inflatable play structures set up inside Hangar 2. Face painting, movies, aircraft displays, music and a barbecue rounded out the activities of this fun-filled day.



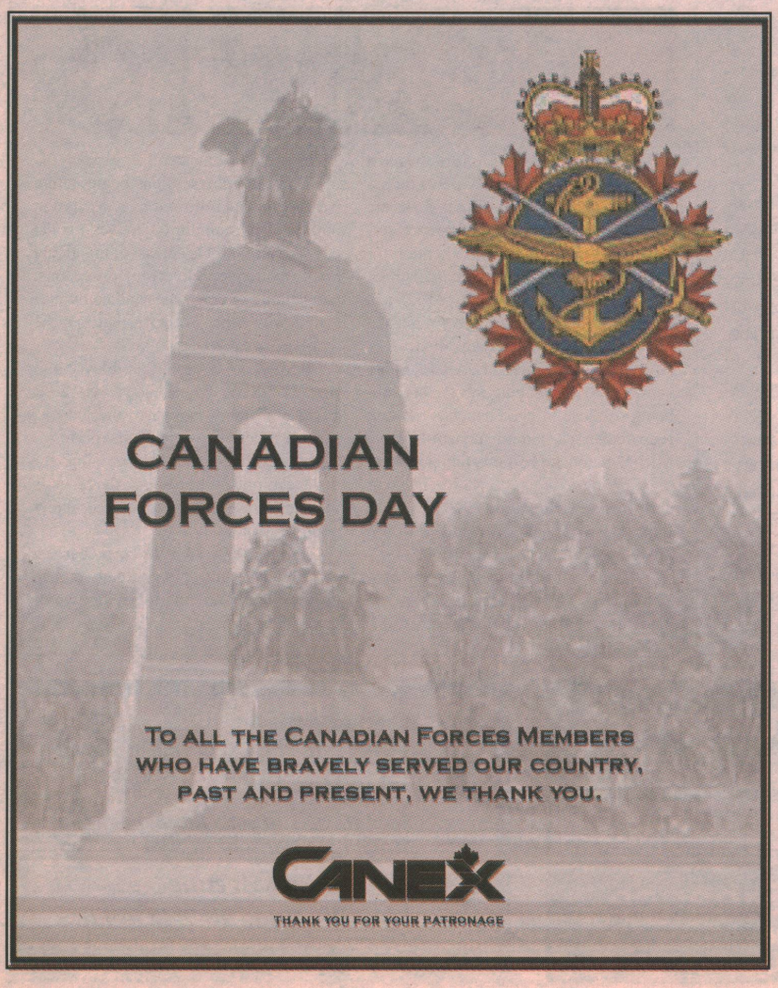
A student at 3 CFFTS assists a family member into the helicopter



Family members walk out to a King Air for their ride



3 CFFTS staff and their families relax and enjoy the barbecue



Distance Learning Basic Aerospace Operations Course 0401E

Submitted By Capt McLeod, CFSAS

Are you self-motivated when learning new skills? Are you a self-disciplined person? Do you set goals for yourself? Do you learn from your fellow students by sharing their experiences?

If you answered YES to all of these questions, then you should consider using Distance Learning (DL) as a media for life-long learning.

The DL Basic Aerospace Officer Course (BAOC) began in Oct 03 and, after seven months of DL activities and an eight day In-House session, graduated on 12 May 04. The course was designed for students to spend one hour a day (six days a week) studying the BAOC curriculum. Each week at home equated to one day in the classroom. The course was originally a Reserve Force quality of life initiative that would allow junior officers to receive appropriate professional development education without the need to be away from their families or work environments for long periods of time. The Regular Force, however, has since utilized the surplus capacity on the course and 17 of the 20 recent graduates were Reg Force members from all across Canada.

The DL BAOC is being redeveloped and may appear as the DL Air Force Officer Basic Course (DL AFOBC) commencing in 2005. If you have questions and are interested in this method of learning then please contact the CFSAS Course Coordinator, Deborah Labrie (2187).



1 October 2003 - 12 May 2004, DL BAOC 0401E Graduates:

Front row: D. Knutson, Maj Orzechowski RJ, Maj Thibault HP, LCol Milligan MRA, Capt McLeod DC, Sgt Crump SC

Second row: Capt Pinhorn JE, Capt Poirier PE, Capt Loose JD, Capt Hungler PC, Capt Woods TE, Capt Desrochers JJL, Capt Allaire JCF.

Third row: Lt Provencal JJYR, Capt Matthews CWA, Capt Graham BM, Capt Ellestad CM, Lt MacKenzie RW, Capt Harbour BJ

Back row: Lt Parent KA, Capt Launiere MSM, Capt Lachance MLB, Capt Edmonstone J, Capt Lowe KB, Capt Pellerin CCS, and Lt Whalen PP

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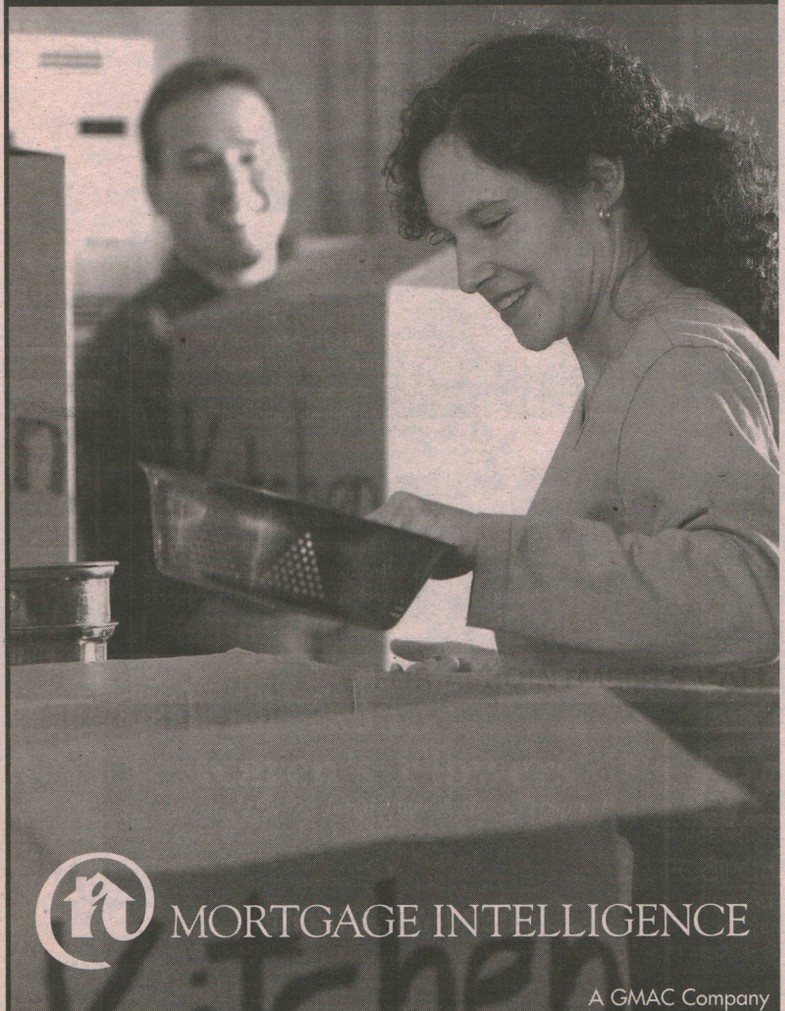

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Cadets Hold Farewell Parade For 2PPCLI

Submitted By Capt M.R. Peters

Three hundred cadets gathered at Kapyong Barracks on Sunday, May 16, 2004 for a farewell parade to the Second Battalion Princess Patricia Canadian Light Infantry.



Cadets representing all Corps and Squadrons in Winnipeg showed their finest drill and sharpest dress as they were inspected by LCol M. Day, Commanding Officer 2PPCLI. The official sendoff was a gesture of thanks to the Battalion who provided the cadet program much support throughout the years.



MCpl M. McKay and MCpl L. Joiner, members of 2PPCLI and volunteers with 573 RCACS were instrumental in organizing the event. Their initiative and organization of this event allowed the cadets an opportunity to view and sit in the Battalion's operational equipment. The Battalion's displays included a Field Maintenance Vehicle, Light Armored Vehicles, an Iltis and a Light Support Vehicle, Wheeled.



LCdr T.G. Hurley, Commanding Officer RCSU (Pra), Det Winnipeg presented a framed collage of cadet memorabilia including the official Army Cadet 125th Commemorative stamp to LCol Day on behalf of the Cadets in Winnipeg.

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DEADLINE FOR Voxair 12:
11 June 2004

Private Member's Statement
Bonnie Korzeniowski
MLA, St. James
May 20, 2004

Hansard
Manitoba Legislative Assembly

The Second Battalion Princess Patricia Canadian Light Infantry stationed at Kapyong Barracks will be departing Winnipeg this summer and moving to CFB Shilo. The loss of these fine soldiers and their families is very sad for the community.

Many of the serving members of the unit and their families are actively involved in the community. Charitable organizations in Winnipeg will be losing some of their most dedicated volunteers. We will also lose coaches, scout leaders and many other volunteer workers.

As the battalion moves to Shilo it is not only the soldiers but also their spouses who will be changing their places of employment. There are two dozen nurses along with teachers, public servants, and many others leaving us. These families make up a very significant Francophone community. I am also very proud to have École Roméo Dallaire, a school that serves many military families in my constituency of St. James.

However, our loss here in Winnipeg will be Brandon's gain. Even as I see so many wonderful neighbours move to Shilo I am glad to know that they will find opportunities in their new community.

I am proud to be part of a government which has taken action to improve the lives of our armed forces personnel. Our recent budget included new tax breaks for military and police personnel deployed outside of Canada. We have passed legislation to ensure that Canadian Forces members and their families keep their right to vote and retain their driver's license benefits while serving in other countries and provinces.

I want to reiterate our appreciation of the energy and goodwill that the PPCLI families have brought to their work in the community. It is an honour for me and for members of this House to represent the members of PPCLI and their families. Their presence will be missed here in Winnipeg, but never forgotten.

Soldiers To Bid Farewell To City With Pomp And Ceremony

KAPYONG BARRACKS - The public is invited to join the Second Battalion, Princess Patricia's Canadian Light Infantry (2 PPCLI) as they bid farewell to the City of Winnipeg with a Sunset Ceremony and a Freedom of the City Parade June 18 and 19.

Friday, June 18

Soldiers will perform a historic sunset ceremony Friday, June 18 from 7 to 9 p.m. at the Forks. More than 200 soldiers will be involved in this historic ceremony, combining military tradition, military skills and pageantry.

The Sunset Ceremony will include a 50-man guard and Colour Party, a skirmish section by the Royal Winnipeg Rifles, artillery gun displays by the First Regiment Royal Canadian Horse Artillery as well as military vehicle displays.

The Air Command Band, the Queen's Own Cameron Highlanders Pipes and Drums, 402 Squadron Pipes and Drums and the 2 PPCLI Corps of Drums will provide music.

The Aboriginal community will provide a cleansing ceremony to begin the parade.

All are welcome to enjoy this demonstration of military tradition and precision.

Saturday, June 19

The public is invited to attend as 2 PPCLI is granted Freedom of the City of Winnipeg Saturday, June 19 at 10 a.m. during a parade at City Hall. Freedom of the City is the highest honour a military unit can receive from a community.

Freedom of the City activities will include a military parade as well as music by the Royal Winnipeg Rifles Band, the Winnipeg Police Service Band and the 2 PPCLI Corps of Drums.

The ceremony allows a unit to march through the city to recognize links between a community and a particular military unit. The parade route begins at City Hall and concludes at the Legislature Building.

This is an opportunity to say farewell to 2 PPCLI soldiers and their families since the unit will move to Shilo, Man. this summer. Winnipeg has been home to 2 PPCLI since 1969.

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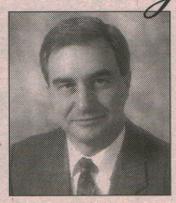
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Aboriginal Awareness Recognized At 1CAD And 17 Wing

By Angela Johnston

As Garry Robson, a First Nations aboriginal person, stood before a small crowd in a conference room of the 1 Canadian Air Division building at 17 Wing, he explained why it is important that he wears his hair in two long, skinny braids.

"I choose to wear my hair this way because of the story" he said. He told the crowd how he learned the significance of having neat, parted hair. One's hair is closest to one's mind, so one must keep it neat to keep one's mind clear. The part in the hair is the road one will travel, so keep it straight.

Each braid represents a man, and a woman, and they are equal, sitting side by side. Each has rules and responsibilities. The three strands of each braid represent body, mind and spirit as well as the past, present and future.

Robson came to speak to approximately 30 people on May 26 as part of an aboriginal awareness seminar presented by employment equity representatives at 1CAD and 17 Wing. Aboriginal awareness week is an annual event aiming to enlighten federal public service employees to Canadian aboriginal culture.

Three aboriginal groups received representation at the seminar: Inuit, First Nations and Métis. The crowd watched a short video on Nunavut governance called "Inuit Qaujimatatuqangit", or IQ for short, before Robson began to speak.

Robson chose to speak on the racism he experienced in the residential schools in Manitoba. The residential school program was one in which federal policy – spurred first by religious missions – aimed to separate aboriginal children from the family to dissemble aboriginal culture and annex aboriginal peoples more completely into the rest of Canada. While the schools began to disband in the 1950s, the last one closed nearly 30 years later.

Robson himself spent ten years in a residential school, and was a third generation aboriginal person to experience the program. He said that his mother chose not to teach him about aboriginal culture, to save him both pain and punishment in the future. "She did this because she loved me," he said.

Still, Robson said it was impossible to deny his culture: "I kept hearing, every so often, these words passed between the elders."

Most of Robson's presentation was comprised of images which young aboriginal people; such as him, were bombarded within the aboriginal school program. Whereas many young pupils in public schools would see the neutral "A is for Apple" posters on the wall, Robson's class would see the politically-charged poster which read "I is for Imitating Indians," with violent images in place of an apple.

He also showed an image of Clifford the Big Red Dog, a children's cartoon, dressed up for Halloween as an aboriginal person: "Clifford wants to be a witch, Clifford wants to be a ghost, Clifford wants to be a lot of bad things … but Clifford dresses up as an Indian," said Robson.

Walt Disney, though seemingly harmless, has also projected negative images of aboriginal peoples, said Robson, noting images of Huey, Dewey and Louie – the three ducks – dressed up in native cultural garb.

"The unfortunate thing is that this is also the image bombarded on our people," said Robson, noting the negative effect on the First Nations peoples: "In order for someone to be successful, they must be proud of themselves here," he said, pointing to his heart. He said that by perpetuating negative images of aboriginal peoples in mainstream media, aboriginal people soon believe the stereotype must be true.

Following Robson was speaker Ray St. Germain, a radio personality with NCI 105.5 in Winnipeg, which plays aboriginal music. A Métis with many show business accolades, St. Germain said he became interested in his aboriginal heritage at the age of 21 – he is now 63.

St. Germain tracked his career for the crowd, infusing his commentary with impromptu songs. He began in 1956 with CKY radio, when, "radio was still pretty much king."

St. Germain's parents had never told him of his Métis heritage, and he did not notice the correlation until later on in life. As a young man working as a photo developer, he took photos of his grandfather after noticing deep lines on his face. But, "As I pulled out my photo of my grandfather's 8 x 10, I thought … oh my goodness, he looks like a native person."

After discovering his background, St. Germain began to read and buy many books about his Métis culture. The first song St. Germain sung to the crowd was one of Louis Riel.

St. Germain, who wore a black leather jacket with tassels and a traditional Metis sash, previously hosted a radio show for the Manitoba Métis Foundation before accepting his current position. While he did this from the CKJS studio on Corydon, he also accepted a position from Native Communications Inc. (NCI) to broadcast on the largest aboriginal radio station in Canada, with airwaves spanning 95 per cent of the province.

"It's been an interesting journey finding my Métis heritage," said St. Germain.

Concluding the seminar was Cpl Corena Letandre, who is 17 Wing's military representative on the Defence Aboriginal Advisory Group (DAAG). This group aims to examine aboriginal issues or concerns in relation to the CF or Department of National Defence (DND) across Canada.

This group monitors the effectiveness of federal employment equity standards. For the DND, two major advisory groups that exist cover women, members of visible minorities, persons with disabilities and aboriginal peoples.

There are no restrictions on who is allowed to attend a DAAG meeting -- all are welcome. Those interested can contact Cpl Letandre.



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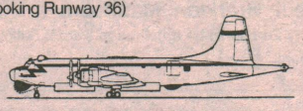

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Teddy Bear Picnic

Medics from 17 Field Ambulance conducted their annual "Teddy Bear MASH" at various schoolyards in and around Winnipeg in support of the Children's Hospital Foundation

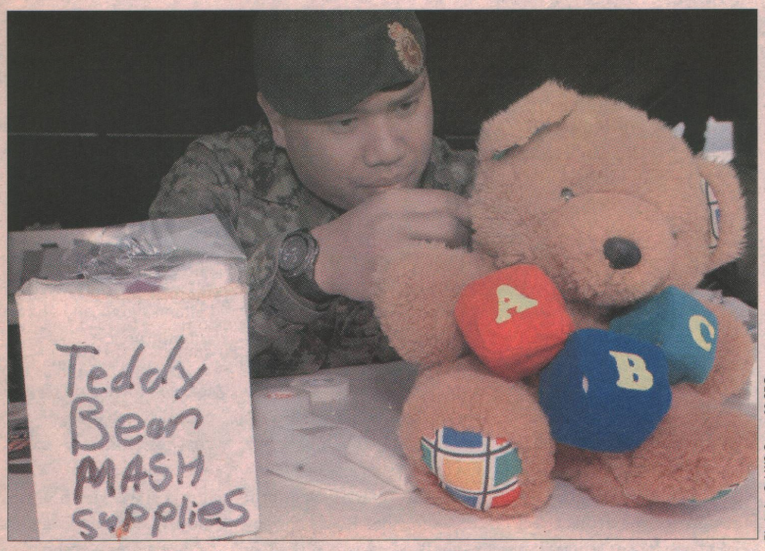

Photo by Cpl WC Gomm 38 CBG

Cpl Jeff Daquigan of 17 Field Ambulance puts his medical skills to work sewing up a Teddy Bear.



Photo by Cpl WC Gomm 38 CBG

Two happy patients, fixed up, ready to go home



Photo by MCpl Serge Pagé

The Wing Logistics Officer, LCol Gerald Pratt and the Transportation Electrical Mechanical Engineering Officer, Maj Stephane Parent, present Cpl Letrande Mackay, Cpl Gary Huffman and Cpl Brian Thibeau with their Airfield Special Purpose Operators Qualification certificates. The Air Command Certificate of Achievement for the 935.05 Airfield Special Purpose Vehicle Operator Qualification is for completing the airfield support training program that lasts 15 months for the MSE Op Trade.



Photo by MCpl Serge Pagé

The Wing Logistics Officer, LCol Gerald Pratt and the Transportation Electrical Mechanical Engineering Officer, Maj Stephane Parent, present Cpl Debbie Gilbert with her Master Driver Award for 21 years or more of accident-free driving. This award consists of a scroll, a laminated wallet-sized merit certificate and a pin. Both the scroll and certificated are signed by the Chief of Defense Staff.

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Charging Bison continued from page 1

forces. Exercises like this prepare them for such duty.

38 CBG is comprised of army reserve units from an area spanning the provinces of Northwestern Ontario, Manitoba and Saskatchewan, and includes artillery, infantry, armoured reconnaissance and combat service support units.

In addition to the 400-plus soldiers from 38 CBG participating in the exercise, members from the Naval Reserve and Minnesota National Guard also attended. In this case, 38 CBG embedded me with The Fort Garry Horse, an armoured reconnaissance unit in Winnipeg.

"The embedded media," which soon became my nom de guerre, arrived on the scene on the night of May 12 at the McGregor Armoury, in Winnipeg's north end. We would leave the next morning. Captain Mike Duggan, the Garrys' Operations Officer, introduced me to the troop early in the evening.

"This is Angela. She's the embedded journalist," he tells the crowd. Then to me: "You will be with them from now on." As I sit down, one soldier slides a wallet-sized laminated public affairs procedure card my way. I learn the cardinal rule of military interviews: always refer journalist to public affairs officer.

From then on, I receive the token title of "The Journalist," "The Reporter," "The embedded media," in the stylings of "The Journalist should come listen to orders." Though the troop does not yet know my name, I silently praise the invention of Velcro nametags. Still mousy and quiet, I receive multiple sassy, "You can quote me on that" statements from the troop following lighthearted jokes.

Second-Lieutenant Cameron Scott invites me to hear the first set of orders that night. There is a small regal blue room past the Officers' Mess in the Armouries. One wall supports a row of gallant swords. There is a Second World War pennant, with a plaque commemorating 50 years since Holland's liberation on another wall.

A small crew of lieutenants and captains huddle around a table covered with maps, permanent markers and a Kenora tourist brochure, complete with flagged Tim Hortons. The map, known to reconnaissance officers as the "trace," has scratches all over the page, with checkpoints such as "Big Ben," "Speedway," "Stick Peg," and "Trap Door." Different routes, marked by either hearts or diamonds, reveal where reconnaissance is to take place.

This is what the fledgling journalist gathered: A fictional country, Granovia, located along the northern Ontario Canada-US border, separated from Canada in 1995, with disputed land claims around Kenora from both countries. A guerrilla rebel group known as the Red Badgers was causing general havoc in the area.

The Badgers' leader, Emil – connected in no way to Jean-Jacques Rousseau – had been imprisoned in the Kenora jail, but had recently escaped. Attacks on Kenora landmarks such as the airfield had taken place.

There had been ambushes on the OPP, wounded police officers, and a sniper had shot a prominent businessman during a round of golf. The task of the Brigade was to restore security to the area, and pave the way for a joint Canada-US task force to stabilize the area. The Fort Garry Horse would play a role of reconnaissance during this task.

The Fort Garry Horse unit is one with a prolific history, with roots dating back to the days of Louis Riel and Batoche. Originally a cavalry unit out of Winnipeg, it later become an armoured reconnaissance unit in the 1970s, which means that much of the work is done out of open-top jeeps, known as Iltises. The unit is to provide surveillance, communications and information on enemy forces.

Though reconnaissance may not appeal to all, there is certainly appeal to many. For 2Lt Nathan Mang, of the Saskatchewan Dragoons, an Army Reserve armoured reconnaissance unit in Moose Jaw, reconnaissance is always exciting: "You're not just tasked to one skill," he said, pointing to many missions reconnaissance performs, such as VIP escorts, working at control points, surveying roads for safety, and so on, "Recce has a whole spectrum of tasks that you're able to do."

My job is to adapt to such a spectrum.

"This will be your home," Sergeant Chris Hayden, pointing to a seat in the back of an iltis, tells me. The troop was prepping the vehicles for an early 6 a.m. departure the next morning. Olive green packs, therm-a-rests, and duffel bags were stacked to head level in the back of the iltis, save for a 1 m squared area for the embedded media – the press box.

The iltises – translated to "weasel" in German – are made on a contract from Bombardier by Germans. Parts are known to be interchangeable with Volkswagens. Tarps attach to the skeleton of the vehicle, and doors latch on and off with ease. In the hangar where the cars are stored, troopers bound over the hoods of cars, and footsteps echo emptily on the metal. Camouflage nets lay across the front.

As I go to bed on the first night, I sum my first conclusions. First, I am the only girl with 20 soldiers. It is an amusing ratio for the female sect. Second, in a sea of army-green and camouflage, my vibrant purple sleeping bag does not quite fit in. Third, I am slightly concerned about the individualized meal packs – rations – after I am warned many times that they are, quite simply, "an experience." Cabbage rolls make me uncomfortable in the best of cases.

While most of the soldiers strip down to their underwear to sleep, I hobble down to the women's washroom, change into my pyjamas, trod back up the stairs in my heavy hiking boots, not yet broken of my modesty.

The next morning, we arrive in at the Kenora airfield, which acts as the base for the whole exercise. Bland army tents are in domino-clean rows. Heavy trucks create muddy treads in the ground. Electrical units hum, and faint traces of diesel hang in the air.

As the troop strips the iltises of their tarps, the benchmark First Meal is experienced. I am told each paper box meal contains at least 2000 calories – the typical daily intake – and soldiers eat up to three of them a day. I easily adjust to eating a chocolate bar a day. Astronaut-style vacuum packs with meals such as penne, primavera and stew heat up in boiling water on a Coleman stove. Some of the meal packs have neon yellow stickers warning diners not to consume the liquid honey. Naturally, bets are placed on which trooper is most likely to consume the liquid honey.

Soldiers debate whether the salmon dish is a delicacy, and recall eating cold hash browns and sausages during a –40 degrees winter exercise. I quickly learn there are two things which consume much conversation on exercise: food and bowel movements. But then, I had expected this.

Our first task is to perform a "route recce" – recce is short for reconnaissance – along part of a trail in the disputed region. This usually involves at least two iltises – in this case, a troop-sized patrol – playing leapfrog along a route. The first vehicle drives until it is just within eyesight of the former. Soldiers inspect any areas of weak security: bridges, blind corners, and so on. If there is an area which needs to be inspected, the soldier will say either "lateral left," or "lateral right," and go in to secure the area.

It is an entertaining drill, for me. I listen on the radio to complex chains of alphas, charlies, bravos, over and outs, and rogers. While our iltis is in the back of the patrol, mostly there is conversation between myself and the two soldiers who were so lucky to be host to the "embedded media" – Pte Gord May, the driver, and Sgt Chris Hayden, the troop sergeant.

Pte May is soft-spoken, and clearly explains the drills. He once studied architecture at the University of Manitoba, and now studies geomatics at Red River College, where students learn how to survey land, map and design civil works. He says he does this be-

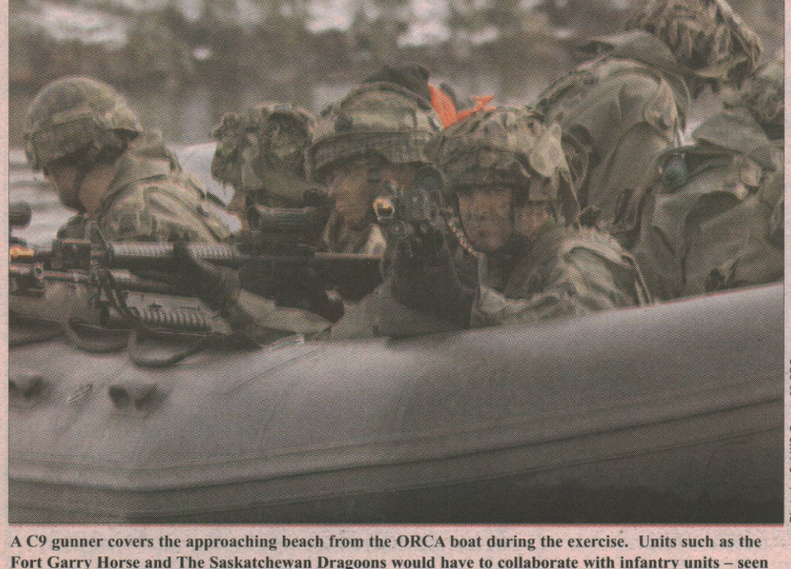
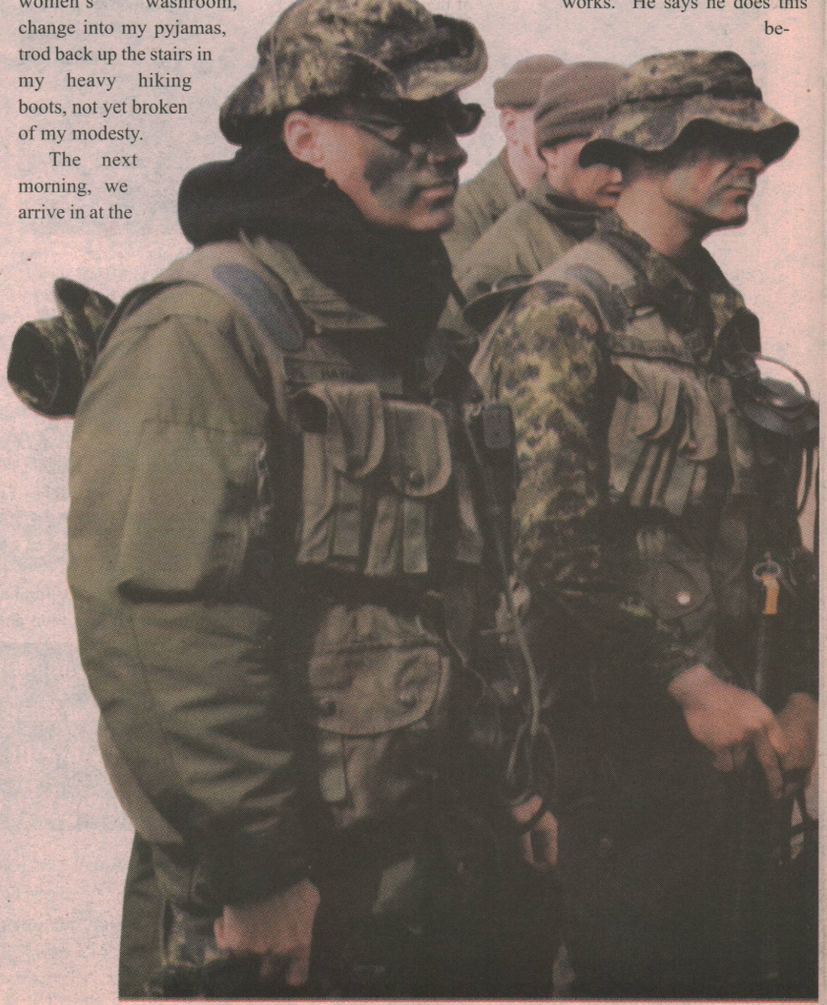


Photo by Cpl WC Gomm 38 CBG

A C9 gunner covers the approaching beach from the ORCA boat during the exercise. Units such as the Fort Garry Horse and The Saskatchewan Dragoons would have to collaborate with infantry units – seen here – to accomplish the overall goal of the exercise, to bring stability to the region.



Winnipeg armoured reconnaissance unit, the Fort Garry Horse, stops for a de-briefing aft

cause he likes to be outside. He has pierced ears, which are empty for this exercise.

Sgt Hayden is a computer technician with the Winnipeg School Division, who lives in St. Norbert. He enjoys the band Moxy Fruvous, and sometimes treats himself to gear from Mountain Equipment Co-op. He says that the only time he smokes is during exercise.

Conversations from the iltis range drastically, anywhere from debating whether Fruit Loops or Corn Pops scratch the roof of one's mouth more so than another, to the differences between shrews and mice, to a recent Metallica concert.

So far, the life of a reconnaissance officer is pretty plum.

Soon our iltis is in the front of the patrol, and we spot an enemy soldier – played by the artillery – leaving a porta-potty, headed towards enemy camp. Our iltis dramatically stops, backs-up and begins to pull backwards. We do this because once reconnaissance units spot enemy – described as a "contact" – the unit retreats and calls for the infantry.

The other iltises do the same until one has a wheel catch on the edge of the steep road. The iltis rolls over into a swampy area, submerging the three soldiers in murky pond water. One soldier, Corporal Vern Duchominsky, cuts Cpl Pierre Foucreault out of his seatbelt with a knife. Another, Trooper Taylor Warren, also escapes the vehicle.

The three are soaked, and other troop members jump in the water to help them out, contain the gasoline spill, and grab kit from the overturned vehicle. The rest of the troop begin pulling out extra kit as the soldiers quickly change into dry clothes. Cpl Foucreault begins chain-smoking immediately after.

"I can't feel anything," Cpl Duchominsky later says. With snow on the ground, and night approaching, the temperature is not balmy in the swamp.

Though shook up, no one was injured, and no weapons – serialized kit – lost. The soldiers involved carry on with the evening like the rest of the troop.

As for the journalist, frozen in a state of "Do I jump out and start taking pictures, or is this one of those classified military things I'm not supposed to see?" the question was soon solved as I heard from a distance, "Where is The Journalist? She should be taking pictures!" Roger. I am on top of that situation.

Almost as though there was not quite enough drama for one evening, a black bear begins to lurk around the halted iltises. Both fearless and obviously hungry, the bear hops into the seat of one car, and runs off with a plastic grocery bag full of sausages. He heads over to our vehicle, grabs Pte May's backpack, and tears off for the woods. A military police officer starts chasing him with a shovel, and the bear reluctantly drops the bag. He later comes back to steal some sunflower seeds stored underneath an iltis seat.

Now I realize a soldier could not actually fire a weapon to scare the bear away. Yet, somehow, it is inherently amusing to me to watch a group of over 20 armed soldiers helplessly scare a bear away by throwing snow on his face, or chasing him with a shovel. Left unmentioned, I thought others might not appreciate my musings.

At this point, it is dark. The totalled vehicle has been towed, the gas has been contained, and we continue on our mission. It is pitch-black, and we are "staking out" – likely not the technical term, but I quite like it – the side of the road, ensuring safety. We eat, I fumble around in the dark despite double-fisting a flashlight in each hand. I am tempted to break into a bad rendition of "Roxanne" when watching all of the red reconnaissance lights flicker in the dark. Luckily for all involved, no song.

I tell the troop I feel as though I have been awake for seven years, even though it is only approximately 1 a.m. Another reconnaissance unit – The Saskatchewan Dragoons – have seen us, and are ambushing our location. Though we are supposed to work together as friendly forces, there has been a miscommunication of passwords – that is, we do not know ours.

One Dragoon grabs both of my flashlights – much to my blind dismay – and tells us all to get down, and get our faces in the snow. Though a few of our soldiers are laughing – they realize what has happened, I am shell-shocked and terrified.

Then, out of the distance: "Are you the embedded reporter?" Pause. "Ma'am, you can get up." Ah, yes. There are certain advantages to being with the press. Note to self: press card equals amnesty. Wave it gratuitously. I get to have the fun, but suffer none of the consequences. Life is good. If only I had my flashlights back.

After all the excitement of Day 1, we head back to the airfield to set up our tents – in the snow which has graced this exercise – and get a few hours of sleep, while much of the troop stays on performing the same role throughout the night. In the back of the iltis, I curl up under a ground sheet – funny how a crinkled plastic tarp can become so heavenly – and a ranger blanket. My head is resting against my backpack, and I unsuccessfully try not to fall asleep.

Perhaps the first day was not representative of what reconnaissance soldiers usually experience. Maybe there was more drama than usual. But I was thoroughly exhausted after the first day. Send me Quality Inn-bound, I say! It, at the time, seemed unfathomable that there could be three more days of the same.

Luckily, somewhere during the second day, my body adjusted to the status quo, the fatigue, the cold, and even reluctantly accepted the toxically high levels of preservatives in the meal packs, and nothing seemed as impossible as that first morning in the field.

At this point, the army-types must have been more comfortable with the bumbling civilian journalist infiltrating their exercise. Perhaps it was my brother's grey winter jacket and my orange-speckled hat that distinguished me from others – yet soldiers and officers of all ranks – colonels, troopers, captains – all begin to find it endlessly funny to ask what would soon become a ubiquitous question: "So, when are you going to sign up?"

I soon master the awkward foot shuffle and the precious

Continued on page 10



Photo by Angela Johnston

After an iltis loses its footing and flips during a routine route recce, troop members from the Fort Garry Horse rush into the icy swamp to prevent gasoline leaking into the water, and retrieve soldiers' kit and weapons.



Photo by Angela Johnston

after a tasking in the rocky terrain outside of Kenora, Ont.



Photo by Angela Johnston

The military police stand on guard as a black bear ransacks an iltis for sunflower seeds, meal packs and other tasty treats.

Charging Bison continued from page 9

"thanks, but no thanks" grin.

Where on the day before we had done a route recce, today's task would be to escort a UN envoy safely along a treacherous path in the area. In orders, soldiers are warned of four danger, or "pogo" points. For example, there is an area beneath high ground which the enemy could strategically use, blind corners, water, and so on.

I, too, wonder why they are called pogo points, but after one unsuspecting trooper asks the same question – and is consequently told not to ask such questions – I accept the random nature of the name.

One two-car patrol was to perform reconnaissance ahead of the convoy, where one iltis would be ahead of the UN envoy, and one behind. Our mighty iltis would be in front of the envoy. All seems to be fine – our iltis moves very slowly as the reconnaissance ahead is taking longer than expected – until the envoy suddenly stops.

Capt Duggan and Warrant Officer Darrell Peters are moonlighting as improv stars, playing the roles of envoy and driver, respectively. First, there is the issue that the driver has lost the key to his vehicle. One trooper runs up to our iltis and asks, "Do you have an HB pencil? I've heard you can start an iltis with an HB pencil!"

Then there is the issue that somehow our troop has insulted the envoy's sacred goat – a large cultural sensitivity faux pas. The driver is becoming erratic and still no HB pencil in sight. The envoy then decides it is best to hitchhike to his important meeting, and tries to flag down passing vehicles in Lake of the Woods country.

The troop soon takes control of the situation – despite laughter in respect to said goat – starts the stalled vehicle, and continues en route to the Very Important Meeting. Such is the life of a reconnaissance soldier.

At this point, I am still waiting for that first martini, questioning whether packing the red-sequined cocktail dress was a good idea, and certainly have more dirt under my fingernails than necessary.

That night I am informed authoritatively by Capt Duggan that I will be leaving my beloved troop. Soon. The Saskatchewan reconnaissance "sister" unit to the Garrys, The Saskatchewan Dragoons, is next on the plate.

The next morning I join The Dragoons, also known as the Sask D. "Please do not write us as the Sask Ds," notes 2Lt Nathan Mang. Apparently, even reconnaissance officers are acutely conscious of double plurals. Dragoons is already plural. No need to write Sask Ds. Point taken.

Over a warm "hay-box" breakfast – cooked by the soldiers of 38 CBG's Service Battalion and kept warm in hay boxes – I meet my new troop. Just as I had expected jokes regarding bowel movements, I also receive the expected repertoire of "whose town is smallest" jokes from



Two soldiers from the Saskatchewan Dragoons scan the forest for enemy sightings.

The Dragoons, and usual philosophical musings over the true origin of the food.

Sergeant Jon Barth, part of my new patrol, gives me duties straight away in the iltis. "You watch three to nine," he barks during a now-routine route recce. I glance down at the imaginary watch on my wrist and mentally figure out that this means to watch the rear of the vehicle. This takes me much longer than it should. I squint and earnestly scan the woods for any sign of "contact."

The previous days' drills proved to prepare me for the culmination of my life as a reconnaissance soldier: the – insert drum roll, please – foot patrol.

The foot patrol required significantly more preparation for the young lass from the air force newspaper. I am taught hand signals for things such as "halt," "rendezvous point," "enemy sighting," "road obstruction," and so on. I am told that once our patrol begins, there is to be no talking. This could be more difficult than remembering the hand signal for "three-wire fence."

I remind my three accompanying comrades, "This is my first time doing this! Remember, I'm just a journalist!" While entertained – no, horrified – with visions of trip wires, ambushes and grenades, I selfishly remind the trio that I will, in fact, cry, "Press, press!" at the first sign of trouble.

Now, where did I put that press card? Ah, yes – somewhere in the camo-green army jacket or camo hat I am now wearing, or underneath the thick layer of cam paint smeared on my face. I realize that I am now looking Very Not Press. Just go easy on the girl, I hope, defying everything Demi Moore stood for in G.I. Jane.

Because army troopers could just not be lackadaisical about anything on exercise, our foot patrol is scheduled to take us up the side of a steep hill, what I now like to call a cliff, in far-fetched story-telling to friends over drinks.

We trek up the mountain range – sans sherpa, no less – and stop halfway up Everest. I like to think I am quite slick with the hand signals until I realize that 2Lt Mang – behind me – is also closely watching the soldier ahead of me.

Once at peak, I put away my ice axe and oxygen mask, and 2Lt Mang and I secure a small location while the others perform a "cloverleaf" reconnaissance task; that is, to survey the surrounding land in a loose cloverleaf shape, and find information. They are to return in one hour.

How am I going to amuse myself for one hour, I think. I scrape hearts in the crystal layer of snow in front of me with a twig, watch a bird flounce around, try to remember the lyrics to – well, any song, for that matter. 2Lt Mang remains vigilant. Somehow, I understand that I am more of a hazard than help to The Sask D.

The other two soldiers return – no sight of enemy. We go back down the mountain-meets-glacier-meets-fjord.

Now apparently – according to some sources – enemy forces spotted a female descending down the hill. Apparently. And apparently the enemy began to follow the patrol because of such a sighting.

"Well, it's not hard to distinguish you with your pony-tails sticking out the side of your helmet," I am later told by Capt Duggan. Touché.

So apparently, if this were a real scenario, I may have been shot by the enemy. So they say. Perhaps I should stick to the hurly-burly world of community newspaper journalism, and give up the hopeless idea that I am, actually, stealth.

In one exercise, I have managed to reveal the location of a reconnaissance unit, develop a slight case of diabetes from my daily chocolate intake, and potentially be killed. I can now safely say that I have left my own special mark on the army and caused enough damage for a year's worth of exercises.

A dangerous liaison, indeed. And still, an entirely positive experience. Throughout the entire exercise I am accepted into both reconnaissance units with genuine hospitality and concern. Soldiers check to see if I am drinking enough water, keeping warm, or have dry feet. My mother has not asked if I have dry feet since I was about five-years-old.

Upon comment of such care, one officer nonchalantly replies, "That's the military. You have to look out for your troop." Though seemingly small, it shows that reserve soldiers are trained to very much work as a team, and work as a unit.

While unlikely that I will trade in that valuable press card for a C-7, I am glad I had the opportunity to see "the other side." It is much easier to stick to the Hollywood delusions, sipping a martini in the ballroom, than perform the real thing. That is unless, of course, they vacuum pack that martini and slip it into an individualized meal pack.

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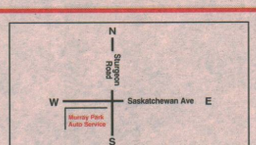

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Manitoba Cadet Awarded Top Junior Shot At Stage IV National Marksmanship Competition



Cadet Taylor Ellement, 177 RCACS

Cadet Taylor Ellement of 177 "Air Canada" Royal Canadian Air Cadets (RCACS) from Winnipeg, MB was presented with the Individual Junior First Place award at the closing ceremonies of the Stage IV National Marksmanship Competition in St. John's, Newfoundland and Labrador on the 14th of May 2004. Cadet Ellement came in 18th out of an overall 125 competitors with a score of 1146 points out of a potential 1200 points. He scored an average accuracy of 95.5% on his twelve targets. For the purposes of cadet marksmanship, a junior cadet must be under 15 years of age as of the 15th of May for the year of the competition. This is cadet Ellement's second year of cadets and his second time participating in the National Competition.

Congratulations to Cadet Ellement on his achievement and congratulations to the other representing competitors from the Manitoba/Northwestern Ontario area on a job well done!

Reduce Your Risk Of West Nile Virus

(NC)-Nora Gorham was so sick with West Nile virus that she wasn't sure she'd be around to see another summer. Now she has a message for you: Learn how to protect yourself and your family against West Nile virus – and then enjoy the summer.

An 81-year-old Presbyterian minister whose West Nile virus was misdiagnosed as cancer of the spine, Gorham was given only three to five months to live and transferred to a palliative care unit.

After her diagnosis was eventually corrected, Gorham was admitted to the Toronto Rehabilitation Institute, Canada's largest provider of adult rehabilitation services, where she learned to walk again.

Nobody knows for sure where West Nile virus may strike this summer. Last year, the virus was linked to 10 deaths, with Saskatchewan hardest hit; the year before, 21 deaths in Ontario and Quebec. Altogether, there were more than 1,500 probable or confirmed cases.

West Nile virus is a mosquito-borne virus that can cause serious neurological illness, such as encephalitis (inflammation of the brain) and meningitis (inflammation of the membrane around the brain and spinal cord). Swelling of the brain or spinal cord can result in coma, paralysis or even death.

The virus is spread to humans by the bite of an infected mosquito. Unlike a cold or flu virus, it cannot be passed from person to person through direct or casual contact.

Research shows that approximately four out of five people who are bitten by an infected mosquito do not experience any symptoms. At this time, there is no human vaccine for West Nile virus.

So what should you do if you go outside in summer for activities such as gardening, walking, golfing and camping? Take preventive measures, such as reducing mosquito breeding grounds on your property, covering up and wearing insect repellent.

The elderly and people with suppressed immune systems "are at increased risk of developing serious illness with West Nile virus and have to take the same preventive measures and be very vigilant," says Dr. Barry Goldlist, Medical Director of Toronto Rehab's Geriatric Rehabilitation Program.

"Know the symptoms - fever, muscle weakness, stiff neck, confusion, severe headache, or sudden sensitivity to light – and seek medical attention if you have any of these symptoms," adds Dr. Goldlist.

While provinces and municipalities fight the virus through mosquito-control and other measures, Dr. Goldlist urges Canadians to protect themselves – and then head to the great outdoors.

For more information, visit www.torontorehab.com.

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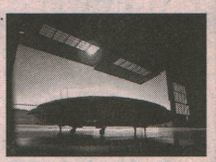
240-3025 Portage Ave. 958-9500

Party at the Museum!
Need a unique setting for a meeting, conference, wedding or birthday party? The rental space at the Western Canada Aviation Museum can accommodate small or large groups. No events planned? Then come just for the fun of it! See vintage aircraft, like our Avrocar flying saucer, explore interactive exhibits, learn through play in SKYWAYS and browse for books and gifts in the Windsock Shop.

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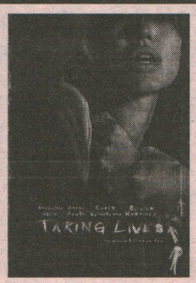
Cinéma / Theatre 8:00pm Showtimes
Adults/Youth $4.00 Child/Senior $3.00
More movie listings can be found on the DIN.
888-6290 (Recording)



The Whole Ten Yards
Fri, Sat
June 11, 12



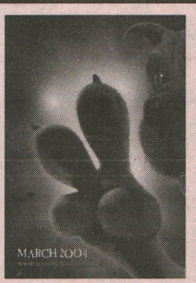
TAKING LIVES
Sun, Mon
June 13, 14



HOME On The RANGE
Fri Night - June 18,
Sun Matinee -
June 20 @ 2:00pm



the girl next door
emile hirsch
elisha cuthbert
Sat, Sun, Mon
June 19, 20, 21



SCOOBY-DOO2
MONSTERS UNLEASHED
Fri, Sat
June 25, 26

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Military Family Resource Centre

Sleepover at the Museum

Celebrate the end of the school year with an evening at the Manitoba Museum. The MFRC is sleeping over at the museum on June 26. This is an exciting evening of exploring and fun, and perhaps even a little sleeping. The fun starts Saturday at 6:30pm and ends Sunday morning at 9am. We will spend time in the Science Centre, the Planetarium, the Galleries and the 50's exhibit. We will even eat some pizza!! Come join in the fun. We invite elementary school-aged youth, junior & high school students and even university students to celebrate the end of the school year and the beginning of summer. Registration deadline is June 11. Parents pack up your children and enjoy a night off.

Manitoba Museum - Saturday, June 26, Drop-off at the museum: 6:30pm, Pick up at the museum: 9am, Cost $25.00 per person



CALLING ALL VOLUNTEERS!

Under the direction of the 2nd Battalion Princess Patricia's Canadian Light Infantry, Patricia Arms Club Manager, the MFRC will be hosting the Beverage Services for the 2PPCLI Farewell to Winnipeg Ceremonies 18, 19, 20 June 2004 as a fundraiser.

We are looking for Volunteers for Bartender and Cashier duties for various shifts throughout the three days. No experience required. Training, meals and T-shirts provided.

This is a great opportunity to be part of the 2PPCLI farewell ceremonies; re-connect with prior collegues / acquaintances; support your MFRC; and have lot's of FUN!!!!!

Please call Nicole at 833-2500 ext 4507 and let her know you are available. Invite your friend(s), spouse/partner to volunteer with you!

Lights! Camera! Action!....

From time to time the MFRC receives requests from local media and Public Affairs representatives to speak with Military Families on a variety of topics. We are compiling a list of interested community members to have on hand.

If you are interested in sharing your experiences call Catherine @ 4506.

Attention ! On tourne....

De temps à autre le CRFM reçoit des requêtes des médias et de représentants des affaires publiques pour interviewer des familles militaires sur une variété de sujets. Le CRFM compile une liste de gens intéressés à répondre à ces demandes.

Si vous êtes intéressé(e) à partager vos expériences contactez Catherine au poste 4506.



The Art Of The Care Package

There is no better feeling when you are away from your friends and family than the arrival of a "care package" from home. Put together with love, humor and imagination these treasures from home make life on deployment bearable. Not just for families... a care package from home units/sections will let deployed members know they are missed. Get together today... everyone in your section can toss an item in. For all the correct addresses, postal information and everything you need to wrap up your parcel , stop by the MFRC Parcel Centre at 102 Comet St.

- Travel size board games
- Magazines/Novels (paperback)
- Electronic hand-held games ie.GameBoy Color with games
- Film or disposable cameras
- Football/Basketball/Soccer Ball
- Playing cards. There are lots of different ones avail able, like UNO & Wizard
- Make-up CDs or cassette tapes of their favourite music.
- Videotape their favourite shows as long as they have access to a VCR.
- Deodorant/Shampoo/Soap/New toothbrush
- T-shirts, underwear, socks. Send every month or two as their stuff gets pretty grungy.
- Baby wipes for a quick clean up. Waterless hand sanitizer is great too.
- Sunglasses.
- Kid's artwork/crafts/Make up a t-shirt with the child's hand prints on it using fabric paint
- Videotape of family, friends, home, special events (birthdays, kid's sports games, school concerts), etc, if have access to a VCR.
- Tape a letter onto a cassette tape. (Borrow ours at the MFRC!)
- Tape your child reading Daddy (or Mommy) a bed time story.
- Pictures of the family /Put children's photos on a t-shirt. Can either buy special iron-on transfer paper & print from your computer or can get them made at a photo shop.
- Calendar: Make your own using family pictures or get one made up at your local photoshop. Remember to put important dates on it. You can al so include your work schedule & the kids schedules so your loved one knows when to call.
- Laundry Soap
- Small pillow/Sleeping bag liner (easier to wash)

Food Ideas

Remember when sending food items that they will probably want to share so send extra.

- Tuna (remember a can opener). Great source of protein.
- Instant coffee: there are lots of different flavours available/Hot chocolate
- Joe Louis, Vachon Cakes, Little Debbies, Prepackaged brownies or baked goods
- Nuts (shelled). Peanuts, cashews, almonds, Raisins, dried fruit
- Rice Krispy Treats (homemade or store bought)
- Candy (make sure it won't melt & make a mess of the package)
- Chips: individual sizes are great as they won't have to worry about them being stale.
- Crackers, Granola Bars, Fruit Bars
- Powdered juice, Gatorade, Kool-Aid. Remember a jug to store it in & make sure it is presweetened. You don't want to have to send sugar too.
- Pudding: send the tubes or send them some plastic spoons
- Applesauce: individual size Fruit cups
- Popcorn: send lots for sharing Bits & Bites
- Cup O'Noodles (made with boiling water) Easy Mac (no milk needed)
- Cereal: try the indiviual size for freshness & variety Instant Oatmeal
- Cookies: for homemade cookies put in a slice of bread to help keep them fresh. Can pack them in air popped popcorn to keep them from breaking during shipping
- Powdered Milk
- Beef Jerky

With many thanks to the MSN Military Wives Support Network

MFRC Contact List

You may reach the MFRC by dialing: (204) 833-2500 and enter the 4-digit local of the person you are trying to reach.

Administration	Mona Currie	4500
Teen Centre		4502
MFRC Library		4503
Executive Director	Don Brennan	4504
Deployment Services	C. Chatterley	4506
Volunteer Services	Nicole Johnson	4507
Youth/Adult Services	Diane Brine	4508
Information & Referral	Linda Belisle	4509
Children's Programs/ Emergency Childcare	W. Richardson	2491 or 6846
Employment Assistance	John Chabih	4511
Special Needs/ PIC Social Worker	Haley Schroeder	4512
Francophone Services	Louise Cameron	4515
Thunder Bay MFRC	Donna Hrycyszyn (807) 345-5116	

The MFRC is pleased to announce we are now members of the Fort Whyte centre & THE MANITOBA MUSEUM

Memberships can be borrowed from the MFRC for up to 6 people at a time. To sign out a card and/or for more information please call 833-2500 ext 4500.

Winnipeg Military Family Resource Centre Annual General Meeting

16 June 2004 @ 1900 hrs
102 Comet St.

Item	Discussion	Action
I.	Call to Order	Chairperson
II.	Chaiperson's Report	Chairperson
III.	Treasurer's/ Auditor's Report	Treasurer
IV.	Executive Director Report	Executive Director
V.	Old Business	Chairperson
VI.	New Business 1. Election of Board Members 2. Appointment of Auditor	
VII.	Open Discussion	Chairperson
VIII.	Adjournment	Chairperson

Come out and have input into MFRC programs and services

MFRC FUNDRAISER BBQ

Beginning Friday 30 April 2004 the MFRC will be hosting a BBQ outside our 102 Comet Street location every Friday from 1130 hrs to 1300 hrs (weather permitting). Come by and treat yourself to a hamburger, hot dog or smokie, socialize with others and support the MFRC's programs.



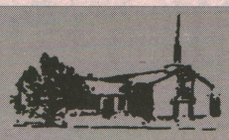
COST:

Smokie or Hamburger and a drink $3.00

Hot Dog and a Drink $2.00

(All proceeds will be donated to MFRC Programs)

Together *in* Church



CATHOLIC

Chaplains

Father Tim Nelligan
(Roman Catholic)
Office 833-2500 ext. 5272

Father Terry Cherwick
(Ukrainian Catholic)
Office 833-2500 ext. 5417

Secretary
Carol Cochrane
Office 833-2500 ext. 5087

Masses
(English only)
Sat - 1630 hrs & Sun - 0900 hrs

Religious Education
Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

Confessions
The sacrament of reconciliation is offered 20 minutes before mass and by apointment. Contact the Chaplins' office.

Baptisms
We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

Weddings -Marriages
Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

Catholic Women's League
Meets the third Tue of the month at 1900 hrs in the Chapel Annex.

PROTESTANT

Chaplains

Padre Bob Brinn
(United Church)
Office 833-2500 ext 5349

Chaplain Lenora Grauer
(Evangelical Lutheran)
Office-833-2500 ext 5785

Padre Brad Busch
(Evangelical Lutheran)
Office 833-2500 ext 6022

Secretary
Carol Cochrane
Office 833-2500 ext. 5087

Sunday Services
English Only 1100 hrs

Sunday School
Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

Marriages
Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage preparation course is also required.

Baptisms
The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

Protestant Guild
The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

Food Bank
The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

Emergency Chaplain
After normal working hours, the Emergency Chaplain can be reached through WOps Duty Centre, 833-2700, or 2 PPCLI Duty Centre, ph. 833-2727.

Other Phone Numbers:
For your convenience, a phone number has been set up to provide callers with information on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

Vacation Bible School

When you have heard once too often, "Mom, there's nothing to do!" here is an opportunity for your child to have fun, with plenty to learn and do, in a supervised, Christian environment. The Protestant and Roman Catholic communities will once again be holding a joint Vacation Bible School (VBS) in the 17 Wing Community Chapel, 2235 Silver Avenue (off Whytewold Road), July 12 – 16, from 9:00 a.m. to noon each day. Our theme this year is "The Jesus Expedition". With five different regions of the world as a backdrop, children will engage in games, singing, meaningful activities, and cool crafts, hear wondrous stories, and enjoy creative snacks, to help them to understand the teachings of Jesus and to discover the joy of God's love.

Children between the ages of 4 and 12 years are invited to come join in the fun and adventure as we visit Antarctica, excavate in the Egyptian desert, experience the Brazilian jungle, trek up Mount Everest, and dive into the Pacific Ocean, all without leaving Winnipeg! They'll love the fun, active experiences that will help them to learn about Jesus's awesome love and power as we study some of His miracles! Following puppet guide Sherpa, children will hear about the paralysed man and his four friends who brought him to Jesus, the raising of Jairus's daughter from the dead, the healing of the 10 lepers, Bartimaeus, whose sight was restored, and the coin in the fish's mouth, each story highlighting an aspect of Psalm 118:14, "The Lord is my strength and my song; he has become my salvation." At the same time they can make new friends and learn something about God's world.

Registration fees (to cover cost of snacks) is $7 per child, to a maximum of $18 per family, up until June 30, and $10 per child thereafter. For more information or to register please contact the Wing Chaplain's Administrative Assistant at 833-2500, extension 5087.

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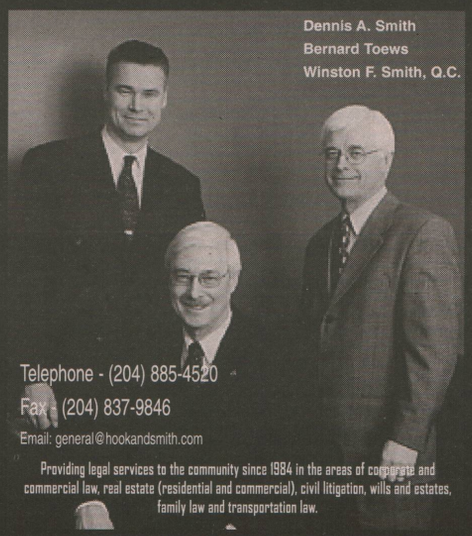

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Phone: 889-2204

Classifieds

For Sale

Twin/double bunkbed with mattresses, $300.00, Call Dan or Kristin at 489-0177

General Electric - Quiet Power Plus Portable Dishwasher, $400.00, Call Dan or Kristin at 489-0177

Wood Garden Shed - 10' x 12', $250.00, Call Dan or Kristin at 489-0177

Metal Garden Shed - 10' x 8', $300.00, Call Dan or Kristin at 489-0177

1989 Toyota Tercel - 5-Door Hatchback, 260,000 km: $1500.00 (OBO), Call Dan or Kristin at 489-0177

Do you need your lawn cut or looked after for the summer?? Call David at 488-4952. Sorry, South Side PMQ's only.

Male Labrador Retriever puppy, 10 wks old. Golden. Please call 299-2039 after 5pm or on weekends.

XBOX LIVE brand new, $90 call 831-9658 after 4:30.

Kids bunk bed with futon couch, (metal frame) on bottom (folds into dbl bed) (futon matt incl, but not bed matt.) $ 300, For more info on items or to view pls call 489-8720 and lve msg.

Futon couch (wood frame) matt incl $150, For more info on items or to view pls call 489-8720 and lve msg.

Little Tikes Cozy Cottage Bed (full size) matt not incl $50, For more info on items or to view pls call 489-8720 and lve msg.

1981 Yamaha motorcycle 185 cc Very good condition, $575, Call 284-4343

Baby change table (white with primary color knobs) $20, For more info on items or to view pls call 489-8720 and lve msg.

Kids small wooden desk with matching bookshelf, $50 (OBO), For more info on items or to view pls call 489-8720 and lve msg.

Kenmore Dishwasher (approx 5 yrs old) excellent condition $275, For more info on items or to view pls call 489-8720 and lve msg.

Sofa table $25, For more info on items or to view pls call 489-8720 and lve msg.

Trailer Hitch for towing (Chevy Lumina Van or Transport Van only) $250 (OBO), For more info on items or to view pls call 489-8720 and lve msg.

Wicker cabinet with doors $10, For more info on items or to view pls call 489-8720 and lve msg.

1993 Special Edition Hyundai Excel, 4 spd, w/ low kms, White w/ grey interior in excellent condition, New tires & battery, Asking $1200, Call 284-1335

White Frigidaire 14 cu ft Fridge, Less than 6 months old, used barely 3 months, Must sell due to relocation of grandparent to care home, Full warranty in new condition, $475.00, Call Randy at 487-0232 after 6pm.

150cm Snowboard w/ Bindings Over $300.00 new, asking $45.00, Must go, Call Randy at 487-0232 after 6pm.

Delta 16" Band Saw In excellent working condition, Lots of extras including 4 blades, Must sell, Best offer takes it, Call Randy at 487-0232 after 6pm.

Dog House Insulated removable roof, wired for heat lamp, Exc. cond., $50.00, Call 292-9937

1998 Harley Davidson Motorcycle Sportster 883, V.G.C., Lots of chrome accessories, Leather saddlebags, Full windsheild, Storage cover, Screamin Eagle pipes, Safetied recently, $8500, Call 897-2855

1998 30ft "Trail-Lite" Travel Trailer, 2 doors, Fibreglass walls, UVW only 4350lbs, Island queen size bed in separate bedroom, microwave, Hot water shower w/ sit tub, Lots of closet space, 3 burner stove w/ oven, equalizer hitch, V.G.C., $16,900.00, Call 897-2855

1998 Harley Davidson Motorcycle Sportster 883, V.G.C., Lots of chrome accessories, Leather saddlebags, Full windsheild, Storage cover, Screamin Eagle pipes, Safetied recently, $8500, Call 897-2855

Golf Clubs Left hand 3-9 Cast, Wilson Pro Staff, $50, Call 885-2448

Daybed White metal frame with mattress, $50, Call 832-7317 after 5 pm

1986 Ford Mustang GT 5.0 5 speed, Fully loaded, New exaust, K&N cone filter, New headers etc, like new interior, pearl white exterior, $6500 OBO, Call Becky 831-8347 or Cell 479-5335

Apartment Sale JVC stereo, VCR & Cart, Hardwood: dine rm table & chairs; buffet & hutch, Mini-fridge, Entertainment Centre, Gison EBO & more. Call Shane 477-4946

Dog Run Fence 6ft high, 10 ft wide, 30 ft long, $450. Also large aluminum shed $75, Call 889-0650

1981 Yamaha motorcycle 185 cc Very good condition, $575, Call 284-4343

Male Air Force Mess kit Fits person 5'5" to 5'7" 160 - 175 lbs, other paraphernalia with mess kit sold separately. $150, Call 284-4343

Woodstove $20, Call 832-7317 after 5 pm

PEREGO Folding Stroller w/ storage basket and protective cover, $30, Call 832-7317 after 5 pm

Boy's 20" Coaster Bike $20, Call 832-7317 after 5 pm

Packing Boxes Like new, several sizes, $2.50 each, quantity discount, Call 292-9937

Swimming Pool Steel wall, 3 feet deep, 15 foot diameter, pump, accessories, liner, Asking $150, Call 885-0375 or Loc 4849

Combination Wood/Cook Stove Great cottage or outdoor cooking, warming oven and water reservoir, Asking $100, Call 885-0375 or Loc 4849

1168 Square Ft Bi-Level Home On 5 acres, 45 minutes from Shilo and 4 miles from Glenboro, 6.5 year old home features 3 bdrms, 2 bath, electric heat, central air & vac & double insulated garage, Asking $139,500.00, Call 204-827-2187 to view.

Kenmore Dryer New element installed, large capacity, $75, Call 885-0375 or Loc 4849

8' x 10' Wood Shed $75 OBO, Call 487-7847

Job Opportunity

If you're self motivated, driven, and have the ability to build business and relationships, there's a huge opportunity waiting for you as a financial security officer on our Freedom 55 Financial team.

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TAROSCOPES

BY NANCY

ARIES (March 21 – April 19): Think things through for as long as you need, but get to the point quickly when you ask others for assistance. You're happiest when your work benefits others as well as yourself. Energy improves even more when you get to do things your way. Taking risks and moving forward.

TAURUS (April 20 – May 20): You may not realize how much your words and actions are affecting others. Don't adhere to habits if they no longer serve you. Wisdom and spiritual insights are useless if you can't apply them to the real world. Learning how to better relate to others is an on-going process.

GEMINI (May 21 – June 21): Harmonious relationships may seem impossible right now because you're frustrated with loved ones. Set up a meeting then be patient instead of reacting impulsively or withdrawing. Bridge the gap by appreciating what you have instead of focusing on what needs fixing.

CANCER (June 22 – July 22): Disharmony persists even though you set things up carefully. You've tried to gloss over basic personality clashes and this doesn't work. A better option is to teach others to accept differences. You'll often be upset and unhappy if you keep taking responsibility for other's feelings.

LEO (July 23 – August 22): Intolerance is a sign that you are not as confident as you'd like to appear. Challenges are an invitation to think outside the box. Exaggerated feelings of deprivation and dissatisfaction can be destructive. Put your energy towards finding constructive solutions instead.

VIRGO (August 23 – September 22): You may be chasing rainbows or going after what you think you want with such force that you miss important clues along the way and arrive in a totally unexpected place. When exhaustion, burnout or a lack of work sidelines you, take the time to review your situation.

LIBRA (September 23 – October 23): What you wish for isn't too big or unrealistic. It just takes lots of extra effort and time. Your faith can sustain you if you're willing to risk not knowing the outcome and focusing on the journey. The belief or knowledge, that all is as it is meant to be, can calm you.

SCORPIO (October 24 – November 21): Even though you tried to be careful you may be accused of hurting someone's feelings. Take a rest from self reproach. You're not always guilty of having a sharp tongue. Sometimes your listeners are oversensitive. You're not in charge of everyone's reactions.

SAGITARIUS (November 22 – December 21): If you aren't getting out enough it is your choice. You have to be willing to reach out to others and extend the invitation instead of playing it safe and taking the easy way out by letting others initiate everything.

CAPRICORN (December 22 – January 19): Fewer choices have you focusing on primary concerns and needs. Discussions with a close friend can be strained because you are at different stages in your lives right now. There is still common ground though - mutual appreciation and history count.

AQUARIUS (January 20 – February 18): You enjoy the company you keep but you're feeling a bit removed and disconnected from them. It's because you seem to live in a different world, have a different mindset, and you're focused less on day to day concerns right now. Your patience makes them impatient.

PISCES (February 19 – March 20): Concentrate on completion and success instead of dreaming about a new undertaking or relationship. Be practical and you'll get the job done. A new beginning is right around the corner but finish what you've started. Others aren't ready to commit yet anyway.

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LCol W. L. "Bill" Ryan Retires After 26+ Years Of Service

By Capt Rob Chapman, A1PT-2



BGen Paul McCabe presenting LCol Bill Ryan with the CF Service Pin.

LCol Ryan, or "Stiff" as he is affectionately known, retired from the Canadian Forces after 26 years of loyal and dedicated service. A presentation ceremony was held in the Atrium of 1 CAD HQ on Friday 23 April 04, with the A4, BGen McCabe doing the honours. Many friends, colleagues, subordinates and superiors attended. As an informal farewell, LCol Ryan and his wife Eva were hosted at a mixed dining-in dinner Saturday 24 April 04 at the Warrants and Sergeants Mess.

LCol Ryan joined the CF in September 1977, and after pilot training, was posted to 2CFFTS as a CT-114 Tutor Qualified Flying Instructor. In 1982, LCol Ryan was selected by 431 (AD) Sqn – The Snowbirds – to fly the Number 3 Inner Left Wing position for the 1983 and 1984 show seasons. Following this posting, LCol Ryan attended the year long Continuous French Language course in Bagotville, Québec. Following this language training, LCol Ryan was posted to 419 TF (T) S to attend the Basic Fighter Pilot's Course on the CF-5 Freedom Fighter, and then to 410 Fighter (OT) Sqn for the CF-18 Hornet OTU. After graduation, LCol Ryan flew the Hornet operationally on 441 TFS during which time he completed the Fighter Weapons Instructor's Course (FWIC). At the end of this tour, LCol Ryan deployed to the Persian Gulf and flew numerous combat missions in support of the Coalition Forces in the (1st) Gulf War, during which he earned his first Commander's Commendation. After a tour in Montréal with 10 TAG and a Peacekeeping tour in Croatia, LCol Ryan was posted to Moose Jaw as a Flight Commander. Following the natural transition, LCol Ryan was posted to Central Flying School, 17 Wing Winnipeg, as the Standards Flight Commander. During this period, LCol Ryan and Maj Chris Hope greatly assisted in the design of the NFTC Basic Pilot Training (BFT) Course in Moose Jaw. Both he and Maj Hope were awarded the Commander's Commendation for their outstanding efforts. LCol Ryan was then posted to the 1 CAD HQs as the A1 NATO Flying Training Contracts Officer and finally as the A1 Air Ops Training.

LCol Ryan, although a Nova Scotian at heart, and his wife Eva, have elected to remain in Winnipeg with LCol Ryan commuting to Montréal to work for Bombardier Aerospace as the Director of Training, Military Aviation Division.

LCol Ryan will be sorely missed. All his friends, colleagues, superiors, and subordinates wish both he and his wife the very best in their "retirement."

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