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### Display CF5 Taken down for Maintenance

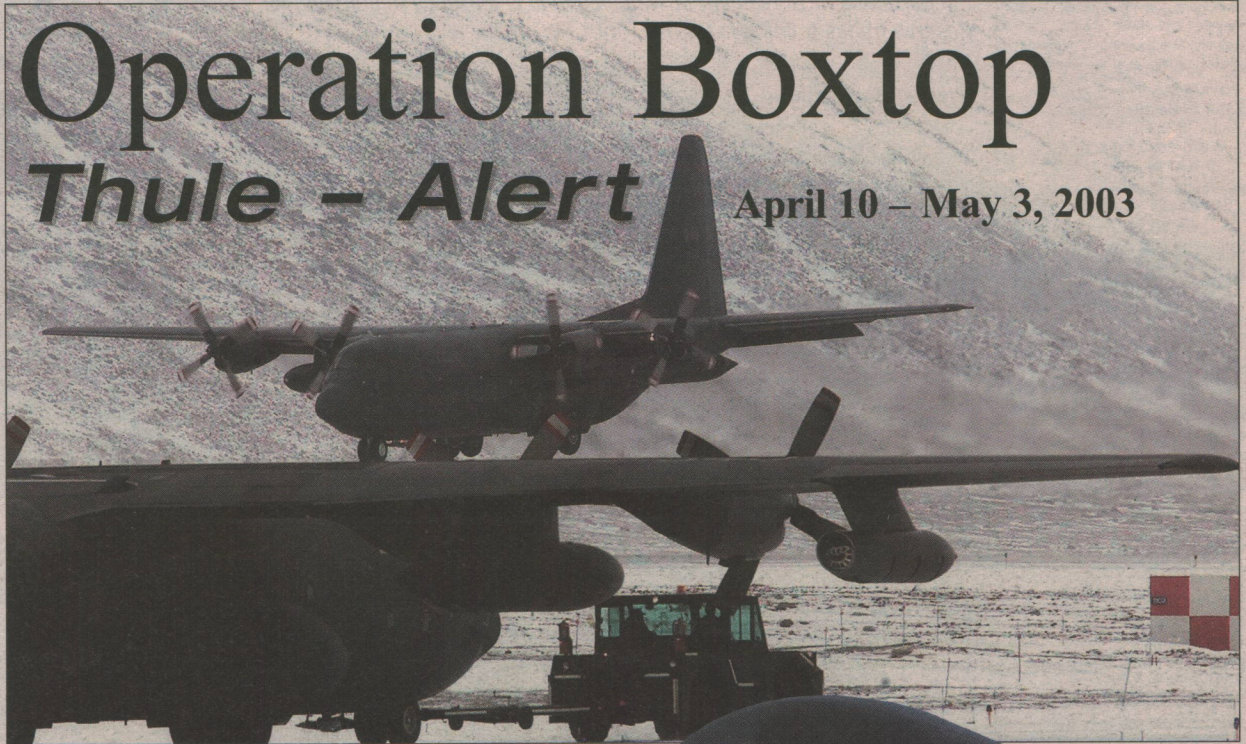


Under the supervision of the Wing Heritage Officer Cap M.J. Rozak, a crane removes the display CF5 on Ness Avenue.

More on the next edition of The Voxair.

# Operation Boxtop Thule - Alert

April 10 – May 3, 2003



PHOTOS BY CPL JOHN BRADLEY, 17 WING IMAGING



MAMS personnel from 1 Air Movement Squadron, Winnipeg off loading CC-150 Polaris 15003 from 437 Squadron in Trenton with assistance from Danish civilian personnel at Thule Air Base, Greenland.

Full Article and More Images on Page 6

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Monday to Friday, 0815 -1600 hrs  
Telephone 204 833-2500 ext 4120  
Fax 204 833-2809  
Telephone-answering system operates remainder of the week.

**VOXAIR STAFF**  
**LCol S. Neville**  
Editor-In-Chief  
204 833-2500 ext 5281  
**Capt P.A. Dawes**  
Managing Editor  
204 833-2500 ext 6152

**Maureen Walls**  
Office Supervisor,  
Sales Manager  
204 833-2500 ext 4120

**Jose Orellana**  
Production Coordinator  
204 833-2500 ext 6976

**Jennifer Provo**  
Accounting  
204 833-2500 ext 4121

**David Lavallee**  
Journalist/Photographer  
204 833-2500 ext 4121

**Traci Wright**  
Proofreading

**Jim Holland**  
Advertising Sales  
204 832-0115

**Darlene Ashley**  
Advertising Sales  
204 896-8575

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Correspondence should be addressed to:  
The Voxair  
17 Wing Winnipeg,  
PO box 17000 Stn forces  
Winnipeg, MB R3J 3Y5  
Email address: voxair@autobahn.mb.ca or walls.m.@forces.ca

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## Local resident undergoes Air Reserve trades training

*Pte Bartlett is local resident of Winnipeg who is currently undergoing Air Reserve trades training in Borden, Ont.*

### Course Background

Avionics Systems Technicians (AVS TECH) are aircraft electronic technicians in the civilian world. They are responsible for maintaining all automatic flight control systems, navigation systems, compass systems, airborne communication systems and radar systems on both land- and ship-based fixed-wing aircraft and helicopters. As part of the aircraft maintenance team, the AVS TECH is responsible for first line servicing

operations in launching and recovering all types of aircraft.

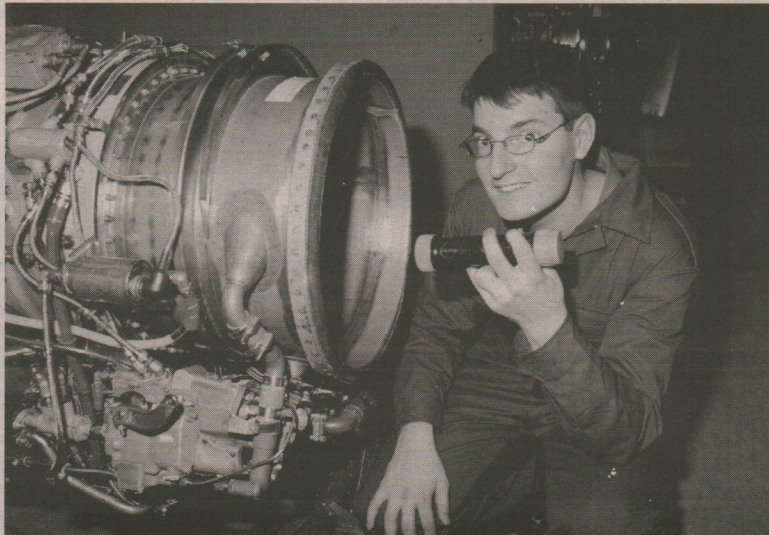
### 402 "City of Winnipeg" Squadron Background

402 "City of Winnipeg" Squadron is one of the oldest Canadian flying squadrons in existence with both its Regular and Reserve force personnel playing important roles in the maintenance, operation, administration and training aspects associated with the CT-142 Dash-8. The DASH 8 Aircraft is used to

support the Canadian Forces Air Navigation School (CFANS). The Squadron Aircraft Maintenance Organization maintains the six squadron Aircraft as well as providing first line maintenance for Central Flying Schools Aircraft and transient servicing to visiting Aircraft.

*Submitted by Lieutenant Jennifer Faubert, Air Force Public Affairs Officer, at (204) 833-2500 ext. 6795 or faubert.jl@forces.gc.ca.*

PHOTOS BY CPL CINDY GOBIN, 16 WING IMAGERY TECHNICIAN



Air Reservist Pte Matthew Sas inspects the first stage of a compressor on a Tutor engine during his 22-week Avionics Systems Technician course. Pte Sas says the Air Reserves is a good way to experience the military without making a full-time commitment. Upon graduation in April, he will return to Winnipeg to work at 402 Squadron where he will be performing maintenance on the CT-142 Dash-8.



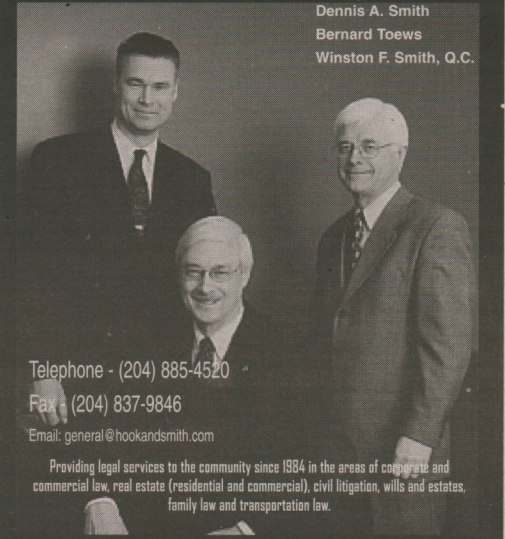
Air Reservist Pte Matthew Sas removes an igniter plug on a Tutor engine during his 22-week Avionics Systems Technician course held at the Canadian Forces School of Aerospace Technology and Engineering located at Canadian Forces Base Borden, Ont.

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# Students Graduate from CFS MET Course

by: WO Rick Carleton, Course Coordinator

One of the shortest, and according to some of our students the "most intense" course held here at CFS MET, the Meteorological Technician Course QL5A Serial 0301, graduated twelve students on Wednesday April 2nd, after nine fun filled weeks. These students who came from various units across Canada, were quickly reminded of how much they missed our wonderful Winnipeg winters.

The QL5A Course, which is formally named

"The Advanced Observers" course, began on February 3rd, is very interesting and challenging. The aim of this course is to provide operational commanders with Met Techs who can provide quality control of weather observations and present basic environmental briefings to support military operations. Subjects taught include meteorological theory; presentation of meteorological information to aviation, marine and climate users; quality control proce-

dures; instrument maintenance and administration. Upon successful completion, most graduates can anticipate a posting to either a land or marine unit, where they will hone their new skills.

We were also very pleased to present Cpl Susan Endean of 4 Wing Cold Lake with the Canadian Forces School of Meteorology "Certificate of Achievement", for obtaining the highest academic mark. The whole graduating

class should be commended for their overall success and academic achievement. No doubt, they will be very valuable team members wherever they go.

As this course graduated, we hardly had time to sit back and take a breather as we welcomed the next course at CFS MET that same day. Currently we have eleven MCpl's on their QL6A course, which will graduate on June 27th. So as you can see, the weather never takes time off.



## QL5A 0301

Front Row L-R: CWO Roy (SCWO) Mr. Redekopp (COMDT) Maj K.D. Johnston (CFSAS), MWO Dompierre (STDS WO) WO Carleton (CC); Middle Row L-R: Sgt McLellan (Instr), Cpl Knightley, Cpl Endean, Cpl Bissonnette, Cpl McCutcheon, Cpl Brodhagen, MCpl Fournier (Instr), Sgt Baulne (Instr); Back Row L-R: Cpl Jacobs, Pte Johnson, Cpl Vieau, Cpl Fisher, Pte Pulleyn, Pte Chevrier Pte Savage.



### CFSMET Certificate of Achievement

Cpl Susan Endean receives the Certificate of Achievement on QL5A 0301 for the Highest Academic Mark of the course from Maj K.D. Johnston (CFSAS)

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## Officers' Mess 17 Wing

### Entertainment Calendar

**TGIF - Fridays** Join us for TGIF each Friday afternoon. Come for the food, the beverages, the friends, and the opportunity to win free entertainment tickets and the 80/20 jackpot.

Childcare services (2 - 12 years old) are available during TGIF!  
1700 - 1900hrs. Sign-ups required.

### Mother's Day Candlelight Dinner - Sunday, 10 May

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<p><b>Fri-Sat/May 16-17</b> 8:00 pm parental guidance</p>	<p><b>Sun-Mon/May 18-19</b> 8:00 pm 18A Coarse Language, Violence</p>

## Blood Donor Clinic



In support of the 17 Wg Blood Donor Clinic Program and National Public Service Week 2003, there will be a Blood

Donor Clinic held at Lipsett Hall on 30 May 03 from 1130 to 1500 hrs. I encourage all personnel, both mil and civ, to participate in this most worthy event. To this end, I am authorizing managers and supervisors the authority to provide reasonable time off for those personnel wishing to donate blood.

Further information, including possible shuttle service to and from Lipsett Hall, is available by contacting Melissa Davidson, Community Recreational Director, at local 2059.

The City of Winnipeg will be hosting their National Public Service Week Blood Donor Clinic on 16 Jun 03 and have challenged the Wing to a friendly competition of who can donate the most

blood. I hope to see you there.

D. C. McLennan  
Col  
Wing Commander



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## Juno Beach Centre Building Complete - Official Opening - June 6, 2003

TORONTO, April 24 /CNW/ - Garth Webb, President of the Juno Beach Centre Association today announced that construction of the Juno Beach Centre at Courseulles-sur-Mer on the Normandy Coast of France is complete and the Official Opening of the Centre will take place on June 6, 2003. The Opening will mark the 59th Anniversary of the D-Day Landing when Canadian troops joined their Allies in the invasion of Europe. Mr. Webb was part of that landing 59 years ago.

Just back from a pre-opening inspection of the facility, Mr. Webb noted that "the building is simply spectacular - both in the day and at night.

During the day, the titanium finish on the outside of the Centre sparkles and gleams from all directions. At night, the exterior lighting system illuminates the building in brilliant colour that makes the Centre a landmark. In addition, the dramatic shape

and configuration of the building is truly unique."

Reporting on construction progress, Don Cooper, Project Manager and the son of a WWII veteran, stated that the "building is now completely closed in and secure with work continuing on the remaining interior finishings. The staff move into the building is scheduled for May 7 when the offices will be complete. The furniture for the museum displays is nearing completion. The layout of the roads, parking and ceremonial area are all complete with the curbs installed. The casting of the eight-foot bronze memorial sculpture - Remembrance and Renewal - has been completed in Canada and the sculpture is now enroute to France. Also we are working hard to complete the memorial brick kiosks and have all memorial bricks subscribed up to December 31 of last year, mounted and in place for the Official Opening."

Fund raising remains a pri-

ority Garth Webb advised. "We require an additional \$800,000 in donations to complete our commitments for construction and the Official Opening. While donations continue to be strong we would like to complete this aspect of the Centre construction and opening as soon as possible. Donations may be made through our web site at [www.junobeach.org](http://www.junobeach.org), by telephone at 1-877-828-JUNO (5866), or by mail to the Juno Beach Centre, 24-2407 Woodward Avenue, Burlington, ON L7R 4J2."

"Plans for the Official Opening on June 6th are well advanced and we are expecting a strong contingent of Canadian veterans, Canadian supporters and military personnel and four Canadian bands", Mr. Webb stated. "The bands will participate in the Official Opening ceremonies, as well as play community concerts in local centres near Courseulles-sur-Mer. We are planning for up

to five thousand guests and Prime Minister Chretien has agreed to participate. We expect television coverage of the event will be broadcast back to Canada with a start time of 5:30 PM in France - 11:30 AM in Ontario."

"Overall, we are just delighted with the success that has been achieved and the wonderful memorial and education Centre that will open in June", Mr. Webb stated. "The Juno Beach Centre marks, and remembers, the tremendous contributions by Canada and Canadians, - military and civilian - at home and in all theatres of war overseas in WWII. This memorial education centre is long overdue and we are extremely grateful to all those who have played a role in helping us realize this dream."

For further information: Contact for Media Garth Webb, President Juno Beach Centre Association, Tel: 1-888-269-2498.

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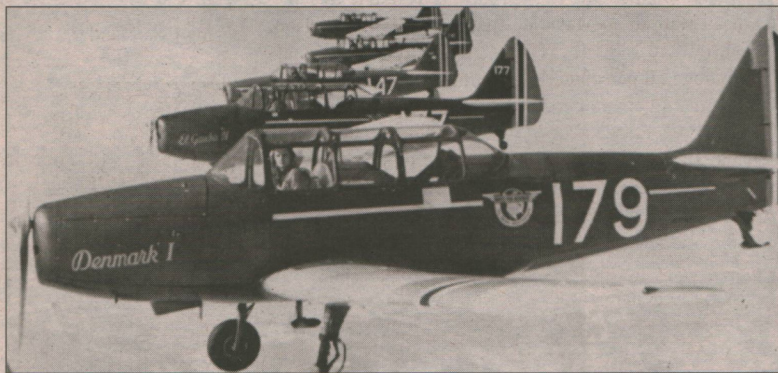
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# Backgrounder to Little Norway

C. Charland



Around 1000 A.D. Vikings first set foot upon the shores of Canada's east coast.

In 1940 they were back but not by choice. On April 9th 1940, Norway, like most of Europe, was overrun by Herr Adolph Hitler's Wehrmacht and Luftwaffe. The Norwegians fought a valiant and ferocious battle exacting a heavy toll, but continued to lose ground to the Nazi juggernaut. Eventually organized resistance was effectively crushed. Scores of Norwegian men escaped from the clutches of tyranny in whatever fashion they could muster. Many of them, after long round-about jour-

neys, ended up in Canada at a flying training facility on Toronto Island Airport dubbed Little Norway.

The Norwegians flew a mixed bag of aircraft from the island airfield which included Curtiss 75A-8 Hawk fighters, Fairchild PT-19/PT-19-FA elementary trainers and Douglas 8-AF attack bombers and the Stinson SR-5. By the spring of 1942, the Norwegians found themselves running out of available space with the influx of new recruits. As well, it was deemed too dangerous to conduct any further pilot training due to the close proximity of large buildings downtown and an expanding urban popula-

tion. The answer to their problems lay up the road at the Department of Transport's Muskoka emergency airport. The facility was constructed shortly before the outbreak of World War Two. During the early days of the war, Muskoka had been temporarily used by the R.C.A.F. conducting flying training on the Avro Anson, North American Yale and its bigger brother the Harvard. The Norwegians were no strangers to the area. Funds donated by members of the Norwegian air services helped pay to build a large recreational facility at Oxbow Lake. It was named Vesle Skaugum after the

Oslo residence of Crown Prince Olav. Upon signing a lease agreement with the D.O.T. Norwegian flying operations at Toronto Island Airport ceased, and Little Norway was subsequently moved lock stock and barrel to their new wilderness setting.

From the summer of 1942 through to the closure of Little Norway on the 16th of February 1945, pilot training was conducted on the American-built Fairchild PT-26-FA and PT-26B-FE. These aircraft were known by their British name of Cornell Mk.I and Mk.II respectively. Prince Olav, the exiled Crown Prince of Norway and his wife Princess Martha, officially opened the new Little Norway on May the 4th 1942. From here, fledgling Viking pilots would slip the surly bonds in hopes that they might help with the liberation of their country someday soon. Since then, Canada and Norway have enjoyed a unique and special relationship that will endure forever.

# Small School Comes Up Big on Spirit

By David Lavallee

The parents of students at Ecole Tuxedo Park – including parents from 7 military families – were awarded the 2003 Premier's Volunteer Service Community Award at a posh ceremony on Thursday at Canad Inns Polo Park. The annual award, which is distributed from the office of the Premier of Manitoba, recognizes the contributions of a community (in this case, the ETP parents) made through volunteer work.

"It's really an incredible group of parents we have here at ETP," said Mme. Diana Fabas-Pirie, the school's principal. "There is always someone volunteering their time to help out around the school in some capacity."

The parents of students at the school volunteer their time throughout the year to help out with a number of

different school activities, events and projects like assisting teachers in the classroom, helping with renovations and improvements, and fundraising for student trips and activities.

In order to be eligible for the award, recipients have to be nominated. The nomination for the ETP parent community came directly from the students and staff at the school.

"To nominate the parent community, the school had to submit a five-page outline of the reasons why we thought they should receive the award," said Mme. Fabas-Pirie. "Combined with endorsements from the superintendent, students and staff, we ended up sending in over ten pages worth of reasons why the ETP parents deserved this award."

At the ceremony, the award was accepted by

Wendy French and Noreen Kolesar on behalf of the ETP parent community. By receiving the annual award, the parents of ETP joined the ranks of volunteers from well-known causes such as the Flood of the Century and The Children's Hospital Volunteer Guild. The K-6 French-Immersion school is located near the military quarters off of Corydon Avenue. Of the 160 students at the school, 10 are from military families.

Nearly 800 people attended the event that honoured 18 individuals and 12 organizations for their volunteer service in their communities. High profile guests included Lieutenant-Governor Peter Liba, Premier Gary Doer, Opposition leader Stuart Murray, Liberal leader Dr. Jon Gerrard, and many others.

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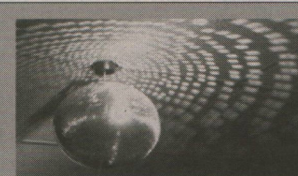
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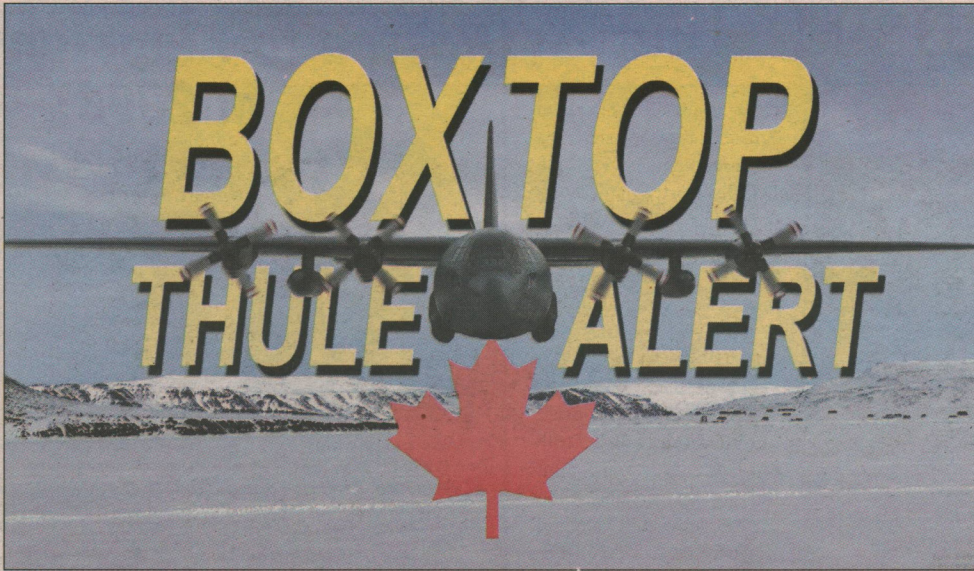


PHOTO AND MONTAGE: SGT GUY TARDIF, 17 WING IMAGING

Op Boxtop Logo on top of the old Dundas Village next to Thule Air Base

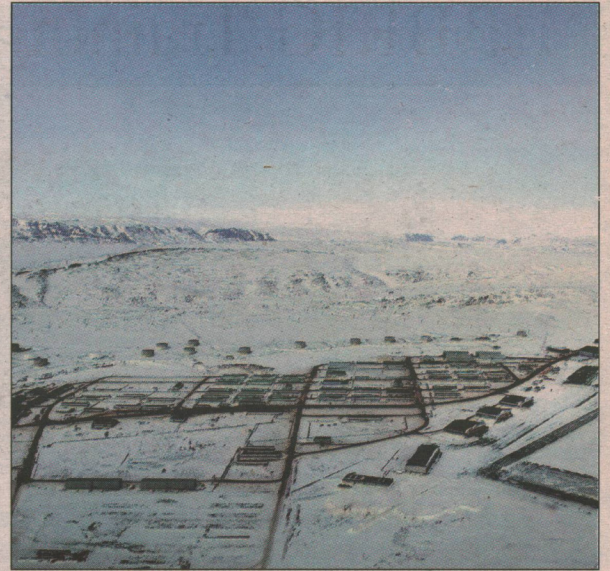


PHOTO: SGT GUY TARDIF, 17 WING IMAGING

United States Air Force's Thule Air Base, Greenland, a top secret US Base for many years during the Cold War

## First Operation Boxtop of 2003

by Cpl John Bradley, 17 Wing Imaging, deployed on Op Boxtop 1/03 Thule Air Base, Greenland

What do you get when you combine four CC-130 Hercules aircraft, over 180 personnel from across Canada, three airfields in two countries, and 24 days of round-the-clock flying? The answer is the first Operation Boxtop of 2003.

Operation Boxtop supplies CFS Alert (the world's northernmost settlement) and the Environment Canada "Eureka" weather station on Ellesmere Island, Nunavut, with fuel and dry goods from Thule Air Base, a United States Air Force Base in Greenland.

Considered a "wet" lift to CFS Alert, Op Boxtop 1/03 ran from April 10 to May 3 and delivered approximately 1.6 million litres of domestic fuel and 223 000 litres of aviation fuel to CFS Alert. Nearly 45 000 litres of aviation fuel was dropped off at Eureka, as well as more than 100 000 kg of freight.

The advance party left 17 Wing Winnipeg for Thule Air Base just before 6:00 AM on April 10. Setup for the operation began at Thule on April 11 and 12 in anticipation of

the arrival of the additional Hercules and two CC-150 Polaris from 8 Wing Trenton and 17 Wing Winnipeg, along with the majority of the personnel, on Saturday April 12.

After numerous briefings, meetings and crew rest on Sunday, Crew 51 from 435 Squadron kicked off the flying on Monday morning, setting the tone for 23 more days of constant flying that included 150 to 160 flights into CFS Alert and Eureka weather station. Flight operations ran non-stop through the 24-hours of sunlight, with a Hercules landing at CFS Alert every two-and-a-half hours on average. With the high aircraft serviceability rate and favourable weather conditions, the pace of the flights was nearly constant and the interruptions were few and far-between.

The aircraft were configured with the Bulk Fuel Distribution System (BFDS) to transport the fuel. Using this system, each aircraft can off-load approximately 15 000 litres of fuel from the BFDS and the wing tanks.

Two members of 435

Squadron reached significant milestones during Op Boxtop 1/03. Captain Al Bostrom accumulated 5 000 hours on the Hercules, and Major Mitch Hoines (a US Marine Corps exchange officer) completed 2 500 flying hours.

The Airlift Commander for Op Boxtop 1/03 was 17 Wing Commander Colonel D.C. McLennan, with Wing Operations Officer Major Kaz Oreziak acting as the Airlift Control Element (ALCE) Commander at Thule Air Base. MWO Dan Ray of 8 Air Movements Squadron Trenton served as the ALCE Squadron Warrant Officer, and MWO Jim Scott of 17 Wing CE was the Senior CFS Alert augmentee. Other Boxtop personnel deployed to Thule and CFS Alert hail from 17 Wing Winnipeg, 8 Wing Trenton, 4 Wing Cold Lake, 3e Escadre Bagotville, 22 Wing North Bay, 19 Wing Comox, and 14 Wing Greenwood. Flight crews deployed with Boxtop were from the 424, 429, 435 and 436 Hercules Squadrons.



PHOTO BY CPL JOHN BRADLEY, 17 WING IMAGING

Cpl Tod Osmand, from 1 Air Movement Squadron, Winnipeg and MCpl Paul Makarchuk, from 429 Squadron Trenton, checking clearance of a seacan container being unloaded from CC-130 no. 130337 at Eureka, Nunavut



PHOTO BY CPL JOHN BRADLEY, 17 WING IMAGING

Capt Serge Laurin, Navigator with 435 Squadron in Winnipeg, doing engine start-up on CC-130 Hercules no.130337 at Eureka, Nunavut

# SHIRBRIG Training Builds Teamwork

By David Lavallee



A group of Canadian soldiers, sporting their bright blue UN berets, poses for a photograph during the Ethiopia/Eritrea (UNMEE). The Canadian troops participated in UNMEE as part of a SHIRBRIG operation.

Lieutenant-Colonel Ed Staniowski is no stranger to peacekeeping. With 17 years of service in the CF, three UN peacekeeping tours – Cyprus (1991), Croatia (1992), and Bosnia (1997) – as well as field command experience under his belt, Lieutenant-Colonel Staniowski has run the gamut of peacekeeping service at the tactical level. Now, as a part of the SHIRBRIG Office of the Presidency, which is located at 17 Wing, he's moved into a larger international arena.

"With regard to UN operations, everything I've done up until now has been mainly at the tactical level, such as command in the field, support in the field, etc., where national interests often seem very cut-and-dried," says Lieutenant-Colonel

Staniowski. "Now, I'm involved at a strategic/political level, and when you have to consider the 'big picture' of nations working together, those national interests become a lot more complex."

Lieutenant-Colonel Staniowski first became involved with SHIRBRIG during the handover of the Office of the Presidency from Norway to Canada in December, 2002. Once the transfer was complete, he started his new role as the Military Assistant to the Chairman of the Steering Committee on January 1, 2003, right here at 17 Wing. In his position, he manages the Office of the Presidency (located here at 17 Wing), travels with the Chairman, Lieutenant-General Ray Crabbe (retired), assists with the various national and in-

ternational meetings and represents the SHIRBRIG Presidency as necessary.

Lieutenant-Colonel Staniowski recognizes the challenges that go hand-in-hand with an international entity. "At the tactical level, with a multinational brigade, there are always challenges relating to language, equipment, communications, experience, and a number of other factors," says Lieutenant-Colonel Staniowski. "As we've seen even within Canada, when you take different units from around the country and pull them together, a lot of work and training has to happen, and that's one of the challenges compounded with SHIRBRIG."

The training cycle for SHIRBRIG begins with the Planning Element, which is

headquartered in Copenhagen, Denmark. The Planning Element is the permanent military component of SHIRBRIG and is comprised of the Commander and the principle staff officers from the various participating nations. Throughout the year, the Commander will bring together the national unit commanders with the Planning Element to run various training exercises.

The training is divided into operations-level and tactical-level exercises. At both levels the training is balanced to mould the national and staff officers into an effective team that is ready to deploy SHIRBRIG in the event of a UN request. Training is highly focused to maximise the contribution of the various branches of the Planning Element with em-

phasis on logistics, communications and civil military co-operation.

"It's a very intense training cycle," says Lieutenant-Colonel Staniowski. "The orientation of it is very much 'top-down' beginning with the Planning Element, which then filters down throughout SHIRBRIG."

For example, earlier this year there was a 'command-post' exercise and conference held in Toronto involving the commanding officers (or their representatives) of the various SHIRBRIG units and elements. The focus of the exercise and conference was on mounting and sustaining operations. This provided the multinational group of officers and representatives with the opportunity to meet and work with people who could potentially

be their comrades in a peacekeeping operation. Another recent training conference was held for SHIRBRIG's logistic officers in Italy to examine some of the resources and challenges that would be involved in the event of a SHIRBRIG deployment.

As SHIRBRIG continues to grow and develop, there will be both challenges and opportunities. "I think that at the tactical level, expanding the brigade itself, increasing redundancies in equipment, troops and capabilities are all important priorities," says Lieutenant-Colonel Staniowski. "At the strategic level, the world is changing day-by-day, and the national interests of the various nations are also changing, and we need to be ready to meet those changes."



A typical Canadian checkpoint on a peacekeeping mission.



A Canadian section on patrol during peacekeeping duties.



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## Fitness & Sports Page

### Athlete of the Month – Cpl Tom Baker

By David Lavallee

Hockey has always been a strong point for Cpl Tom Baker. As a member of the national championship 17 Wing Winnipeg Oldtimers team (and the tournament MVP at the nationals), Cpl Baker is still going strong on the ice. For his athletic excellence with the 17 Wing Winnipeg Oldtimers, Cpl Tom Baker is the Voxair Athlete of the Month for May, 2003.

"Hockey is just something that came naturally to me," said Cpl Baker. "Ever since my Dad put me on skates at about age three or four, it's been non-stop." In fact, hockey came so easily to Cpl Baker that he played at a very high level. He spent time with the Oshawa Generals of the OHL, and al-

so played regularly at the Tier II level with the North Bay Trappers.

Representing the Prairie Region, the 17 Wing Winnipeg Oldtimers won the national championship tournament in Borden, which ran from March 25-30. At both the regional and the national championship tournaments, Cpl Baker came out on top as leading scorer, and was named the tournament MVP at the nationals. In fact, Cpl Baker's parents came down from North Bay to watch the semi-finals in Borden, and his Dad presented him with the game MVP medal.

The team's offensive-orientation not only helped to net them the championship, but fit nicely with Cpl Baker's playing style. "This

season, we just had a really good all-around team," said Cpl Baker. "Everything from the goaltending to the goalscoring was top-notch, our coaching was great, and we played really offensive-ly."

The 17 Wing Oldtimers not only competed within the CF this year, but they also play in a regular league at the Highlander arena. The competition is tough, but the Oldtimers weathered the storm all season long and are currently battling it out in the semifinals.

"At the Highlander, we play mostly teams of younger guys, and I think that keeps us on our toes," said Cpl Baker. Their success on the ice doesn't stop there – the Oldtimers also took

home the Wing Commander's Cup in December.

In addition to being on the bench as a player, Cpl Baker has also spent some time behind the bench as a coach with his son's PeeWee hockey team. "I don't really see much difference between playing and coaching, other than the fact that as a coach you have to be a little more restrained," said Cpl Baker. In the summer months, Cpl Baker spends his free time on the golf course.

For his commitment to hockey and his athletic excellence on the ice and on the golf course, Cpl Tom Baker is the Voxair's May 2003 Athlete of the Month. Congratulations Cpl Baker!



Cpl Tom Baker was top scorer with the 17 Wing Winnipeg Oldtimers hockey team, who took home the CF National Hockey championship (in the Oldtimers category) from the nationals in Borden, Ontario.

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### OP Nijmegen 15 -18 Jul 2003

Thank You 17 Wing for your help and generosity the last few weeks in raising money for Multiple Sclerosis. Team Nijmegen members canvassed the Wing and raised \$1988.58 for MS research. This past Sunday, 8 members of the Team participated in the MS Super Cities Walk. Braving the wind, rain, and hail and completing the 16km in just under 3 hours, team members led other marchers in marching songs and displayed a high level of esprit de cour. It was a great opportunity to train for Holland and to show the City of Winnipeg that 17 Wing cares.

Once again, thank you for your support.

**17 Wing Winnipeg Sports Awards Ceremony**

**Thursday, 8 May 2003**

**Airmen's Pub Building 61 at 14:00 hrs**

*For more information, please call Sports Coordinator, Chris Merrithew at Local 5511*



# Military Family Resource Centre (204) 489-7003

## MFRC Nursery School programs



TO REGISTER CALL 837-3626

**COST:** \$8.00 for the entire session for one child or \$12.00 per family for more than one child in the same family. To register call 833-2500 ext. 6846

**SNACK:** Parents must provide a snack and a drink for their children. If the snack requires refrigeration, please pack it with an ice pack. Please remember that our centres are peanut free due to the large number of children with allergies. Popcorn and nuts cannot be served to children under 5 in licensed care.

### ROCK AND READ

This program is a hands on learning experience teaching nursery rhymes, lullabies, finger plays, book sharing and bookmaking (for the parents). Participants will go home with home made books and a head full of rhymes and songs, informations on children's books and how to create a healthy learning environment for children.

Location Lipsett Hall Nursery School  
Wednesday from 1:15 to 3:00 pm

The River Heights/Fort Rouge Parent Child Coalition is funding this session. The fees will be waived.

### MOTHER GOOSE

This program is a group experience for parents and their babies and young children. It focuses on the pleasures and power of using rhymes, songs and stories together. Come out and have some fun with your children. For more information call Wendy or Shannon at 833-2500 ext 6846

Location: 102 Comet St. (main office of the MFRC)

Wednesday from 9:30 to 11:15 am

The River Heights/Fort Rouge Parent Child Coalition is funding this session. The fees will be waived.

### DROP OFF CHILDCARE:

We provide care for children from 18 months to 6 years. Children must be registered at least 24 hours in advance. Please note that this service is provided under our nursery school license and thus we do not have the ability to offer full time care. It is set up rather to provide a break for parents or the opportunity to work out, make appointments or do any other activity that may not be possible with young children tagging along. It is advisable to book a week in advance since these programs are very popular.

#### Westwin Children's Centre

9:00 am - noon Tuesdays

9:00 am - noon Thursdays

TO REGISTER CALL 833-2500 EXT 2491

#### Lipsett Hall Children's Centre

9:00 am - noon Wednesdays

9:00 am - noon Fridays

TO REGISTER CALL 833-2500 EXT 6846

Wednesday will be cancelled for the summer effective July 2nd.

#### MFRC Childcare Centre

6:00pm to 9:00pm- Thursdays

## Bingo! Bingo!

Join us for our next Bingo on Wednesday, May 21 03 at JRC (south) great Fun and Prizes (Cash & Merchandise)

\$1 Admission 50/50 Draw and more...

For more info call Catherine @ 833-2500 ext. 4506

## MFRC Contact List

You may reach the MFRC by dialing: (204) 833-2500 and enter the 4-digit local of the person you are trying to reach.

Administration	Mona Currie	4500
Teen Centre		4502
MFRC Library		4503
Executive Director	Don Brennan	4504
Education Services (QOL)	Val Hudson	4505
Deployment Services	C. Chatterley	4506
Volunteer Services	Nicole Johnson	4507
Youth Services	Diane Brine	4508
Information & Referral	Linda Belisle	4509
Children's Programs/ Emergency Childcare	W. Richardson	2491 or 6846
Employment Assistance	John Chabib	4511
Special Needs/ PIC Social Worker	Haley Schroeder	4512
Francoophone Services	Louise Cameron	4515

## KidVentures 2003

Youth Services is proud to announce this year's theme weeks for **Kidventures**, a summer day camp experience for elementary school age children. Children must be entering Grade 1 in September.

Activities include: arts and crafts, games, outdoor activities, swimming and fieldtrips. Camp hours are from 9:30 am to 3:30 pm Monday to Friday (except when there is a holiday). For those parents who require extended care it will be available from 7 - 9 am and from 3:30 to 5pm.

Cost: \$60.00 per week per child. Extended care \$5.00 per day per family.

Registration will take place at the Winnipeg Military Family Resource Centre, 102 Comet Street commencing May 1. Payment is required with registration.

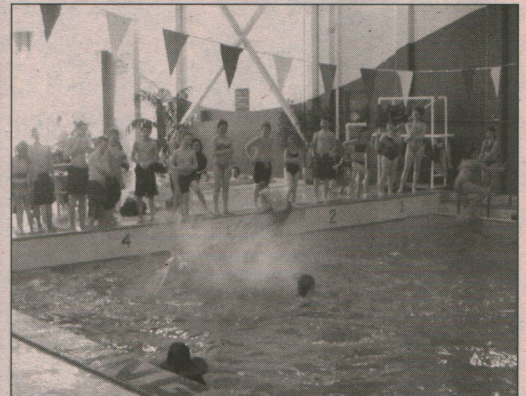
Any questions? Please contact Youth Services at ext. 4508

### Week 1

July 7 - 11

Building 90 - Multipurpose Room

Superheroes and Comic Books - We are headed into the secret worlds of Spiderman, Superman, Batman, and many others; we'll even be making our own comic strips! We may not be able to scale walls with webs, so let's use rope!!



We're off to Vertical Adventures Wall Climbing!!

### Week 2

July 14 - 18

Building 90 - Multipurpose Room

Alice in Wonderland - Off with her head!!! Well, maybe we won't take our activities quite that far, but an unbirthday sounds quite fun.† Let's look through the looking glass, follow the white rabbit, have a wacky tea party, and more!† We may grow and shrink unnaturally, but don't cry too much - there's already enough water at Fun Mountain!

### Week 3

July 21 - 25

Building 90 - Multipurpose Room

Mortimer, BE QUIET!! - Does the Munch-ness ever end? There's Mud Puddle, David's Father, Murnel Murnel Murnel, and dozens more. It's going to be a weird week! We'll play at Touch the Universe and maybe capture The Dark at the Planetarium just like Julie Ann! Just don't bring your baby sister to camp in your backpack for Show and Tell!

### Week 4

July 28 - Aug 1

347 Doncaster Street

Charlie and the Chocolate Factory - A wildly imaginative book filled with chocolate waterfalls and an incredible contest! We'll be making chocolates and getting silly just like the Oompaloompas. There might also be some cotton candy making in store!

### Week 5

Aug 5 - 8

Building 90 - Multipurpose Room

Harry Potter and the Chamber of Secrets - Didn't have enough Harry Potter last year? Me either!! There is so much more to do at Hogwarts School of Witchcraft and Wizardry. Step onto Platform 9 æ and ride the Hogwarts Express at The Children's Museum. Plus, We will be inviting a magician to see if we can make some magic of our own!

### Week 6

Aug 11 - 15

347 Doncaster Street

Fractured Fairytales - Do things always turn out so perfect? Come find out as we read some wacky new fairytales, write your own, and act them out! Dragon in the castle? We'll jump him out with Bounce'in Good Times and then navigate the tunnels and climb the beanstalk at Adventure City.

### Week 7

Aug 18 - 22

347 Doncaster Street

Wizard of Oz - I don't think we're in Kansas anymore!! Let's make some new friends and see if we can convince the wizard to help us. We're off to follow the yellow brick road - I mean yellow ears of corn. Yup, our camp was tossed in a tornado and now we have to find our way out of the corn maze!

### Week 8

Aug 25 - 29

347 Doncaster Street

Jumanji - This story is out of control. A Tidal Wave - well jump on and ride it - we're going to Fun Mountain Waterslide Park!

## MFRC Fundraiser BBQ



Beginning Friday 25 April 2003 the MFRC will be hosting a BBQ outside our 102 Comet Street location every Friday from 1130 hrs to 1300 hrs (weather permitting).

Come by and treat yourself to a hamburger, hotdog or smokie, socialize with others and support the MFRC Children's programs.

COST: Smokie or Hamburger and a drink \$3.00  
Hotdog and a Drink \$2.00

(All proceeds will be donated to the MFRC Children's Programs)



## Voxair Managing Editor Departs Military

Wouldn't it be nice to be able to retire at the age of 26? While he's not leaving the working world completely, Second-Lieutenant Benoit Doyons-Gosselin has retired from the military after ten years of service. Ben served as the Voxair's managing editor from June of 2000 through to March 31, 2003.

Hailing from Trois-Rivières, Quebec, Ben entered RMC in 1993, and completed his Bachelor of Arts in French Literature. In 1998, he was posted to 17 Wing Winnipeg to train as an air navigator at CFANS. Unfortunately, that

did not work out for Ben, and he instead took a position as the Wing Coordinator of Official Languages (WCOL), which he did for four years. Later he also took on the responsibilities of serving as the managing editor of the Voxair, which he did for nearly three years. He served diligently in both of these roles until he was called to fill an administrative position at 17 Wing Headquarters. At the end of March 2003, Ben passed the torch as the Voxair editor to Captain Philip Dawes.

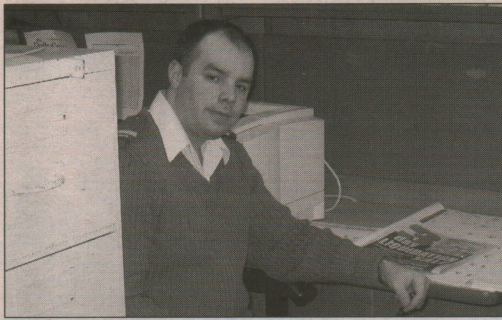
While he was in Winnipeg, Ben was busy. He

worked to complete his Master of Arts degree in French Literature at the University of Manitoba, and will graduate in October. In the fall of 2002, Ben published a book of French poetry, called *Mes Etats de Toi*, beginning what looks to be a promising literary career.

Ben also got married while in Winnipeg to Marie-Josée, who worked as a nurse at St. Boniface hospital. He and his wife recently purchased a home in Moncton, New Brunswick, and will be moving there in the summer,

where Ben will attend the University of Moncton to complete his Ph.D. in French Literature. Before settling in, however, they are taking a well-deserved vacation to Europe for a month.

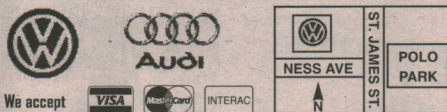
Ben's friendly demeanor, easy-going nature, patience, sense of humour, and insight will be sorely missed at both the Voxair and 17 Wing Winnipeg. We all wish the best of luck to him and his wife in Moncton, in their careers, and in life. Good-bye, adios, and bonne chance!



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### Fundraising Social

In support of "The Chinthes",  
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**Saturday, 31 May 03**  
8pm - 2am

**Junior Ranks Mess (N) - 17 Wing Winnipeg**

There will be door prizes, silent auction prizes  
and snack food served.

For tickets contact Cpl Jackie Long at local 2372, Cpl Lou  
Carpan at local 2320 or Cpl Emma Geneau at local 2376.

Come on out for a good time and a good cause.

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## Together in Church



### CATHOLIC

#### Chaplains

Father Tim Nelligan  
(Roman Catholic)  
Office 833-2500  
extension 5272

Father Terry Cherwick  
(Ukrainian Catholic)  
Office 833-2500  
extension 5417

#### Secretary

Carol Cochrane  
Office 833-2500 ext: 5087

#### Masses

(English only)  
Sat 1630 hrs Sun: 1130 hrs

#### Religious Education

Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

#### Confessions

The sacrament of reconciliation is offered by appointment. Contact the chaplain's office.

#### Baptisms

We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

#### Weddings - Marriages

Contact the chaplain at least six months in advance. A marriage-preparation course is a requirement.

**Catholic Women's League**  
Meets the third Tue of the month at 1900 hrs in the Chapel Annex.

#### PROTESTANT

#### Chaplains

Padre Bob Brinn  
(United Church)  
Office 833-2500 ext 5349  
Chaplain Lenora Grauer  
(Evangelical Lutheran)

Office-833-2500 ext 5785  
Padre Brad Busch  
(Evangelical Lutheran)

Office 833-2500 ext 6022

#### Secretary

Carol Cochrane  
Office 833-2500 ext. 5087

#### Sunday Services

English Only 0930 hrs

#### Sunday School

Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

#### Marriages

Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A marriage preparation course is also required.

#### Baptisms

The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

#### Protestant Guild

The Guild meets the first Sunday of the month at 1800 hrs in the Chapel Annex. All women are welcome.

#### Food Bank

The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

#### Emergency Chaplain

After normal working hours, the Emergency Chaplain can be reached through the WOps Duty Centre, 833-2700, or the 2 PPLI Duty Centre, ph. 833-2727.

#### Other Phone Numbers

For your convenience, a phone number has been set up to provide callers with information on service times and contact with the chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

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**Bench Press**, includes Flat, Dip, Preacher Curl, Olympic Bar, Z-Bar and Mat. \$250 Call Alain at 489-3940

**Solid Mahogany Dining Room Set** including hutch, cabinet, table with three leaves and four chairs with beautifully embroidered

seats. Asking \$1000. **Handok 3/4 Upright Piano** w/bench, lamp and metronome, \$5000.00 like new. Antique English Pram, excellent condition, \$300 Call Kelly 487-1372.

**Unisex 22" bicycle** excellent condition, for 8-15 year old; \$45 obo, 21" John Deere self-propelled walking Lawn Mower-like new-regular price \$1100, asking \$750 obo, phone: 864-2138

**2001 Acura Integra**, Special Edition. Silver colour 2 door, AT, A/C, PW, CD, lady driven. \$21,000 firm. Phone: 831-6698 after 6 pm.

**1991 Ford E150 Van**, to view at 646 Whytefold Rd. in Wpg. Sealed bids only to Canex supervisor. Reserve bid: \$780.00 cut off date is 31 May 2003

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snorkels, lights, knives, wet suits and BCD's. Call Wayne at 294-5925 after 6 pm.

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**ARIES** (March 21 - April 19): A pattern is emerging. You must decide if it's your place to intervene. Realize when you have minimal ability to influence, assist or improve things. Step back, and let go. Let someone learn first hand about life's ups and downs.

**TAURUS** (April 20 - May 20): Assumptions and habits learned early in life must be revisited. Affirm your own inner truths so you can accurately reflect them out into the world. Then you are seen for whom you truly are, instead of the person others expect to see.

**GEMINI** (May 21 - June 21): Antagonism experienced during interactions may be the result of your relationships slipping into power struggles and game playing. Communication skills need improvement on everyone's part or the need to be right will lead to a fight. Consider replacing coffee with water.

**CANCER** (June 22 - July 22): Other people's pettiness, needling and meddling have grown beyond your influence. In hindsight you realize perceived inequities are the cause. Being analytical about the situation lessens your annoyance. Accept your part in fostering issues but don't take full responsibility.

**LEO** (July 23 - August 22): Budging and planning are highlighted. Take time off work to prepare if necessary. Feelings of unhappiness or concern may arise if you listen to narrow-minded opinions and second hand information. Remain confident and optimistic but don't overlook or avoid obvious issues.

**VIRGO** (August 23 - September 22): Consider the level of enjoyment you'll get from an endeavor you're considering. The journey is everything in this case, not the returns to be realized. Resentment will occur if you make commitments to others that don't allow you your own time or freedom to travel.

**LIBRA** (September 23 - October 23): Feeling isolated from the plight of others and the environment because you enjoy a good life. Wanting to re-connect. This awareness awakens a sense of responsibility. Getting involved in a shared undertaking, you'll meet some interesting new people.

**SCORPIO** (October 24 - November 21): Prepare for troubling news. Try to understand how others feel even though their situation seems removed from your own. Decisions are forced upon you. The concerns of many are more critical than the whining of one. Insist work be completed.

**SAGITARIUS** (November 22 - December 21): Worries are keeping you awake. Confidence returns once you start taking action. Decisions couldn't be put off forever. A move will drain your resources but you will feel better once you're in the right place. You're doing what you feel you were meant to.

**CAPRICORN** (December 22 - ary 19): A project needs an enthusiastic, innovative, idea, person and a practical, business-smart, person to be a success. Key issues to define, for yourself and your partner are: the purpose of the undertaking; who will benefit; and the direction of future growth. Travel involved.

**AQUARIUS** (January 20 - February 18): Keep good records right now because it's easy to lose track. Opportunities arise that add to the number of irons you already have in the fire. Someone you thought had lost interest is still watching you. You're made aware of their feelings of regret

**PISCES** (February 19 - March 20): Exercise practicality and discipline, as there's hard work ahead. Take breaks. Watch out for imaginary worries. Do what you can and remember you can't see around corners until you get there. What needs to be dealt with next will be revealed soon enough. History repeats itself.

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