

# THE VOXAIR

06 MARCH 2002, VOLUME 50, ISSUE 04, OUR MILITARY COMMUNITY NEWSPAPER, 17 WING WINNIPEG/17E ESCADRE WINNIPEG, FREE



WW II Air Gunner Mr. Eric Smith (left) and Southport's Chairman of the Board Mr. John Allingham (right) raise the British Empire Commonwealth Air Training Plan (BCATP) Pennant during the opening ceremonies of the 60 years of flight training reunion held September 14-16, 2001. The BCATP pennant was presented by Mr. Charles Maier, Athabasca Herald to the Governor General, in honour of Southport's contribution toward the war effort.

## TOUCH THE SKY AGAIN

THE HISTORY OF SOUTHPORT, PT 3

BY DAVE MCCOUBREY

As in the 1970s, CFB Portage la Prairie enjoyed a reasonable amount of stability during the 1980s. The training of flight instructors returned to the Base on 1 August 1981 with the formation of a CFS Detachment (CFS Det Portage) which flew the Tutor, Musketeer and Jet Ranger. In December 1985, the name of CFS Det Portage was changed to Canadian Forces Flying Instructors' School (CFFIS). The Musketeer was upgraded and the Kiowa was replaced by the Jet Ranger in 1981. Renovations and improvements continued to be made to messes, living quarters, married quarters and the airfield. The first female pilot to receive her wings on helicopters, 2nd Lieutenant I. Plug, graduated from No. 3 CFFTS on 8 November 1982. The tranquility of the prairies was broken however on 2 June 1984 when a Tutor conducted a successful forced landing west of the city - on the Trans Canada highway. By the end of 1985, CFB Portage la Prairie had gained the distinction of being the second busiest airport in Canada behind Moose Jaw, Saskat-chewan, with 132,000 take-offs and landings.

The cessation of training for Dutch pilots occurred in 1983 but CFB Portage la Prairie continued to attract students from countries such as Jamaica, Barbados, Turkey, France, Trinidad & Tobago, Belize, Ghana, Guyana, Brunei and Cameroon.

The biggest event of the 1980s though was the announcement on 27 April 1989 that CFB Portage la Prairie would close and that primary flying training would be civilianized. Despite numerous efforts by local residents and politicians to have the decision reversed, the Federal Government stood firm and everyone anticipated the worst. However, funding was received from Western Economic Diversification in 1990 to help start a new corporation to manage the facility and address any of its initial needs. This new corporation was called Southport Aerospace Centre Inc. and it was led by Mr. Orville Wagner, Chairman of the Board of Directors and Interim President. Its initial focus was to market the facility for privatized military flight training. When Canadair was awarded the contract on 21 September 1991 to conduct pilot training for the Canadian Forces, the future of the facility became much brighter. A search began for qualified staff and tenants needed to support Canadair's mandate and run the facility as a privately controlled airport in accordance with Transport Canada and provincial regulations. Finally, on 31 August 1992, the last Base Commander, Colonel Ray Henault (now General Henault, Chief of the Defence Staff), presided over the closure of CFB Portage la Prairie. The aerodrome that initially began as the Portage la Prairie airport, then underwent several military name changes, once again reverted to its original namesake - Southport!

By the end of 1992, Southport Aerospace Centre had attracted ten on-site tenants.

CONTINUED ON P2, DEDICATION



IN THIS ISSUE Off and Flying, In Search of Global Reach, Kaela Cares, Employment Equity, Wing Foods LSA, Wing Transport, Paraplegic Christmas Party, MFRC, What's Happening, Taroscopes



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Photo by Cpl Bradley

## OFF AND FLYING

BY CAPTAIN DAVE FOOTS  
UIO, 3CFFTS SOUTHPORT

On 18 January 2002, six students from the Advanced Flying Training 2 Rotary Wing course and five students from the Advanced Flying Training - Multi-Engine course received their Canadian Forces pilot wings from MGen R. Bastien, Assistant Chief of the Air Staff in Ottawa. The occasion was marked with a Wings Presentation Parade and formal dinner

in the Combined Mess of 3 Canadian Forces Flying Training School at Southport, where families and friends gathered to celebrate.

The graduates of course 0104 are as follows (standing, back row, left to right): Capt Steve Couture is posted to 430 Sqn in Valcartier PQ to fly the Griffon helicopter, Capt Martin Larose is posted to 430 Sqn in Valcartier to fly the Griffon helicopter, Capt Scott Murphy is posted to 442 Sqn in Comox BC to fly the Buffalo aircraft, Capt Ben Villalobos is posted to 435 Sqn in Winnipeg MB to fly the Hercules aircraft, Capt Scott Greenfield is posted to 402 Sqn in

Winnipeg to fly the Dash 8 aircraft, Capt Derek Mattinen is posted to 427 Sqn in Petawawa ON to fly the Griffon helicopter, Capt Steve Aulenbach is posted to 427 Sqn in Petawawa to fly the Griffon helicopter, Lt Bjoern Moeller is posted to 721 Sqn in Denmark to fly the Gulfstream aircraft, Capt Adam Kaine is posted to 408 Sqn in Edmonton AB to fly the Griffon helicopter, and Capt Cheryl Elvidge is posted to 430 Sqn in Valcartier to fly the Griffon helicopter.

(Seated front row, left to right): Maj Brian Wicks, Chief Helicopter Instructor, LCol Larry Caux, Comdt, 3CFFTS, MGen Richard Bastien ACAS, Col DC McLennan, 17 Wing Comd, Hon Col Hal Wishart, Hon Col 3CFFTS and Maj Bill Canham, Chief Multi-Engine Instructor.

Of interest, Capt (Retd) Bill Kaine presented wings to his son, Capt Adam Kaine, Capt (retd) Oatfield William Whitney III presented wings to his son-in-law, Capt Scott Greenfield, and Capt Stig Lorentzen, a Danish Air Force instructor at Moose Jaw, presented wings to his countryman, Lt Bjoern Moeller. Mr. John Enns and Mr. Jerry Russell of the Wartime Pilots and Observer's Association presented the Gos Goulding award for the top rotary wing student to Capt Martin Larose. HCol Wishart presented the Hal Wishart trophy for best Multi-Engine student to Capt Ben Villalobos. MGen Bastien presented a CD1 to Maj Richard Witherden of the staff of the school.

Congratulations to all the Wings Graduates of Course 0103 from the staff of 3CFFTS, Southport.

**DEDICATION CONTINUED FROM P1** / Today, almost ten years later, this number has more than doubled to include business, manufacturing, education, arts, recreation, housing and conferencing. The military population of approximately 500 that was stationed here in 1992 has been replaced by an even greater number of civilians. Through a combination of commitment, dedication, hard work and realistic visions, Southport Aerospace Centre has proven the sceptics to be wrong. The tenacity and enthusiasm of the current management, employee and community team will continue to show that one really can "Touch The Sky Again" at Southport!



Maj Gergely

Mr. Dave Korpesho

## ERRATUM

In the last issue of the Voxair, Maj Gergely was wrongly identified as Mr. Scott Edwards and Mr. Dave Korpesho was wrongly identified as Mr. Dave Edwards.

## THE VOXAIR

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The Airbus A400M is another option being explored by the Air Force as a FSA but has not been built and only exists "on paper."

## IN SEARCH OF GLOBAL REACH: GEARING UP FOR A FUTURE STRATEGIC AIRLIFTER

BY HOLLY BRIDGES

The irony of Canadian soldiers boarding a United States Air Force C-17 Globemaster in Edmonton last month has not been lost on the man in charge of finding a Future Strategic Airlifter (FSA) for Canada's Air Force.

Colonel Pat Dowsett, the Project Manager responsible for the implementation of the FSA project, watched with greater interest than many perhaps, as Canada turned to the Americans to help deploy the Army to Afghanistan.

"With what is happening in Afghanistan right now, it's an absolutely classic example of why we believe we need a Strategic Airlift capability. When I see an American C-17 rolling out to Afghanistan with our people and our equipment on board, I can't help but think it fits the project well, although there are several options that we are looking at besides the C-17."

The search for a new strategic airlifter is progressing well although, as Col Dowsett notes, it is important to recognize we are still in the definition stage and no Departmental or Governmental approvals have yet been sought or received. Currently, the Air Force is looking at either buying or leasing six Boeing C-17 Globemasters, buying the yet-to-be-built Airbus A400M or leasing the mighty Antonov AN124, which the Can-

adian Forces has used in recent years to airlift heavy equipment and supplies around the world. Regardless of which option is selected, Col Dowsett says the basic requirements for the FSA have been established through consultations with the operational community and the Director Air Requirements (DAR). Together, they have produced the Statement of Work, which will outline to Industry what the Canadian Forces needs from a FSA.

### Strategic airlifter has many roles

Basically, there are six key requirements: a ramp for easy loading and off-loading; the ability to carry heavy Army equipment such as the Heavy Logistics Vehicle Wheeled which weighs 43,000 pounds and cannot go into a Hercules; the ability to travel up to 3,000 nautical miles without re-fuelling; landing capability on shorter, remote airfields, of between 4,000 and 7,000 feet; and there has to be an Assured Service agreement in the case of a leased aircraft.

"There are very few aircraft in the world that meet those requirements," says Col Dowsett. "Of all of those that are available now, the C-17 is one, the Antonov 124 is another, although we cannot get a guarantee of Assured Service yet from leasing companies in the Ukraine and Russia, and the A400M will not be available before 2010 or 2011."

### Quantum leap in technology

Captain Jeremy Reynolds, formerly a CC-130 Hercules pilot at 429 Squadron at 8 Wing Trenton, is one of two Canadian Air Force Exchange Officers (the other is Capt Jean Maisonneuve from 412 Squadron) who have been posted to McChord Air Force Base in Tacoma, Washington to learn to fly the C-17. After three months ground training, Capt Reynolds has recently begun to fly the Globemaster and gives it rave reviews.

"At first glance, it's very intimidating because it's quite big. Much bigger than Hercules drivers are used to. It can also be intimidating from a technological perspective where you have in excess of 14 computers all tied together through mission computers that you're trying to manipulate while flying. Once you get over that initial stage fright, however, it's a real pleasure to fly.

"It's very robust, diverse, and flies very easily. It's very nimble, much more so than what one would expect when you first look at it. You just see this gigantic monster in a very squat fashion on the ramp. But once you get it into the air it's very nimble. It can turn on a dime, it cruises smoothly, fast, slow and it has an incredible diverse role — from short, austere airfields, semi-prepared airfields, to major international airports. I mean it's completely self-sustaining. You just stick fuel in it and off it goes."

### Challenges ahead

Lieutenant-Colonel Francois Fortin, the section head within DAR responsible for all airlift requirements, says the search for a FSA is at a critical point and although the FSA will certainly allow Canada to deploy globally, it will mean reducing the CC-130 Hercules fleet, which will present a new set of challenges.

"If we buy six C-17s, for example, that would probably replace six to 10 Hercules. If we buy 12 A400Ms, we would be able to replace more Hercs. In terms of search and rescue, the C-17 will never do SAR and the A400M will be too big for SAR. So we may have to get into a fixed wing SAR aircraft replacement program at some point in the future," says LCol Fortin.

With the Defence Review recently announced by the Defence Minister, it's not yet known whether the federal government will approve the FSA project. However, Col Dowsett and the staff at DAR are hoping to issue a Request for Proposals by next September.

With virtually every NATO nation recognizing the need for a better strategic airlifter, a recommendation after September 11 by the Standing Committee on National Defence and Veterans Affairs (SCONDVA) to acquire heavy transport aircraft, and a commitment by Canada to deploy the Canadian Forces anywhere in the world, Col Dowsett says acquiring a FSA is crucial.

"If it takes us too long to respond to an international emergency like Afghanistan or Eritrea/Ethiopia then we run the risk of becoming irrelevant. We don't yet have the capability to move huge amounts of equipment in order to stabilize a situation. And without a valid strategic airlift capability, it will be difficult to attain a goal of being 'early in, early out' on future deployments. Our main challenge is to be affordable and provide a valid capability at the same time."

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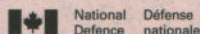
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## KAELA CARES

BY KAREN POETKER

After her twin brothers Eric and Cole were born prematurely in August of 2001, Kaela Kostiuk, daughter of Cpl Dwayne and Miranda Hein of 17 Wing Winnipeg, spent a lot of time in the hospital with her family.

The babies, born 11 weeks early, were kept in the Children's Hospital for seven weeks and have been prone to serious digestive problems that have been kept under careful scrutiny since their births.

At age seven, Kaela has managed to implement a program called "Blankets of Love," designed to offer assistance to parents through the donation of clothing and blankets to the Children's Hospital.

Kaela thought it would be better for parents who have children with long-term difficulties, like her twin brothers, to have baby clothes and blankets at their disposal in the hospital, rather than bringing them from home. The Blankets of Love project intends to build a supply of children's clothing and blankets for use at the Children's Hospital.

"Mom and Children's Paradise," located at 990 Nairn Avenue, is offering support to Kaela by allowing donations to be dropped off at their store.

The project was implemented about 3 weeks ago and asks that people donate clothing, blankets and washable toys. In lieu of this, financial donations are welcome.

Due to strict hospital regulations, any donations wished to be made must meet the hospital's requirements. Some items present potentially dangerous risks to children and require rigorous sterilization procedures.

Preferred by the hospital is the outpatient department, which welcomes any new or used donations that can be sent home with parents in need of supplies.

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## Employment Equity News

Currently 17 Wing has one active Advisory Group - Defence Aboriginal Advisory Group. 17 Wing Human Resource Business Managers office is seeking interest in forming Advisory Groups for the remaining Designated Groups. If anyone is interested in participating or wants to help form an Advisory Group, please contact 17 Wing HRBM office at 5910.



### DAAG Defence Aboriginal Awareness Group

The mission of the 17 Wing's Defence Aboriginal Advisory Group (DAAG) is to provide support and promote Aboriginal issues with 17 Wing and Community and to advise the Wing Commander. 17 Wing DAAG Chair - Sgt Vince Henderson Co-chairs - Brenda Everett & Cpl Corena Latendra.

20-25 May 2002

Aboriginal Awareness Week

21 June 2002

National Aboriginal Day

25 July - 5 August 2002

North American  
Indigenous Games

8 Nov 2002

Aboriginal Veterans Day



### DAG PWD Defence Advisory Group Persons with Disabilities

The purpose of a DAG PWD is to exchange information on issues affecting persons with disabilities within the department, maintains networks with the other departmental Advisory Groups, links with other Federal government Advisory Groups and external agencies.

3 December 2002

International Day of Disabled  
Persons

2 - 8 June 2002

National Access Awareness  
Week



### DWAO Defence Women's Advisory Organization

The mission of a Defence Women's Advisory Organization (DWAO) is to identify workforce concerns affecting women and advise on how to resolve them.

3 - 9 March 2002

International Women's Week

8 March 2002

International Women's Day

October 2002

Women's History Month in  
Canada

18 October 2002

Persons Day

6 December 2002

National Day of Remembrance  
and Action on Violence against  
Women



### DVMAG Defence Visible Minority Advisory Group

The purpose of a DVMAG is to exchange information on issues affecting the Visible Minority Persons within the department, maintains networks with the other departmental Advisory Groups, links with other Federal government Advisory Groups and external agencies.

21 March 2002

International Day for the  
Elimination of Racial  
Discrimination

### Employment Equity Awareness Sessions

2nd Session - 28 March 02  
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These sessions will provide you with a clear definition of the Employment Equity Act, an understanding of how the Act applies to the DND - Civilian and Canadian Forces and also with a sense of some of the workplace challenges for women, aboriginal persons, visible minorities and persons with disabilities. Feel free to call Wing Human Resources Business Manager's office at 5910 for further information.



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MS. O NIKOLIC-15 YEAR LSA



MRS. C WISEMAN-15 YEAR LSA



MISS J MCLEOD-15 YEAR LSA



MRS. GAIL TREPANIER-25 YEAR LSA



MRS. A WEEDMARK-15 YEAR LSA



MRS. A CHARETTE-15 YEAR LSA



MRS. E DZIEDZIC-15 YEAR LSA



MR J LERONOWICH-15 YEAR LSA



## LOGISTICS BRANCH LONG SERVICE AWARDS

As many of you may be aware, an initiative known as the Seasons Long Service Award Program has recently been created to recognize the dedication, commitment and accomplishment that our Public Service Employees have contributed throughout their careers. With the Operational Tempo being what it has been lately, and especially since Sept 11th, the Logistics Branch has been very demanding of its employees. On behalf of the Branch, a big thank you is extended to all the employees both military and civilian for your hard work and dedication that have enabled us to meet our normal requirements for customer service as well as meeting our unexpected operational needs. At this time I would like to recognize the individuals from the Logistics Branch who have received their awards to date.

### 35 Year LSA

Larry Bulck, W Tn  
Albert Henderson, W Sup  
Wilfred Jones, W Tn  
Ronald Stenger, W Sup

### 25 Year LSA

Cheryl Baines, W Sup  
John Bessas, W EME  
Robin Brownridge, W EME  
Dave Gibson, W Sup  
Bev Leach, W Sup  
Gordon Slobidnyk, W Sup  
Rishe Sukhan, W Sup  
Chris Young, W EME

### 15 Year LSA

Marilyn Anderson, W Foods  
Velma Arsenault, W Foods  
Shelley Finnen, W EME  
Wayne Jarvis, W Sup  
David Lendrum W EME  
Jeanette Lockie, W Sup  
Douglas McClelland, W EME  
Les Weisz, W EME  
Edwin Wesley, W EME  
Alfred Witzke, W Sup

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Maintenance Inspection  
**Fuel Injection Service** 109<sup>95\*</sup>  
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**Balance Tire & Rotation** 24<sup>95\*</sup>  
Includes Oil Change

\*on most vehicles

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St. James Location

## CREDENTIALISM AND HOW IT MIGHT BE CONSIDERED BY RETIRING MEMBERS

BY KENN GARRITY

A concern that many members have upon retirement is whether they can describe the range of their abilities and experiences without having some 'credential' that is recognized by civilian employers. And be assured - there are many employers out there who view candidates for jobs solely through the documents that they can produce. Be assured also however, that there are many more who not only recognize military experience and training, but prefer to weigh candidates on their individual merits rather than just the paper they can produce. All this is to say that any retiring member should take a good look at the kind of employer they are likely to deal with for their next job. As well, take the time to properly prepare your resume to explain your abilities in terms that will make sense to that group of people. A mistake that some, and I emphasize some, will make is to decide without any real proof that they are not going to be able to get a job

unless they complete some certificate, diploma or degree, or at the very least complete some significant upgrading.

This may certainly be the case, especially if you are hoping to enter a new field of endeavour, so achieving some form of formal credential is certainly a goal to continue to work towards. It may be just as likely however, that choosing a few individual subjects specific to the line of work you want can be just as valuable if marketed properly when it comes to a job search.

If you get hung up so completely on a particular piece of paper that you ignore other opportunities that can be more relevant in the minds of others, you are not doing yourself any real service. You need to stand back and take a look at what makes most sense to your potential employer. And how you can tailor your education to that end.

For many, to complete a diploma or degree would require an extensive period with no income other than the retirement pension. This is not something that

everyone can afford. Also, since it often becomes obvious and important only just before retirement, there is not sufficient time to complete studies prior to taking off the uniform. Rather than let this keep you from beginning your education, it should instead be a reason to start now to work towards some goal. If by the time you are in the job market you have not completed the full credential, use your preparatory educational courses as a strength rather than a deficiency as you prepare your resume.

The point here is to consider that any post-secondary study has value. Continuing education in itself can be seen as an expression of ability and aptitude and is never wasted. Subjects chosen from a variety of programs can easily be shown to be as appropriate as those pre-packaged into a certificate or diploma. The key is to market what you have in the most attractive terms as part of an ongoing process. Just think how you feel about someone just hearing that they are taking  
**CONTINUED ON P10, SITUATION**



## W T N AWARDS AND PROMOTIONS

**A** LCol G.M. Pratt, W Log O, presented the following civilian long service 15 year awards (left to right): Mr. GS Sapinski, Mr. RC Ferguson, Mr. TD Bates and Mr. R Thiessen. Congratulations and thank you for your service to the country. LCol Pratt was assisted by Maj Mosnier, W Tn O.

**B** LCol G.M. Pratt, W Log O, presented the following CDs (left to right): (Maj) Mosnier/W Tn O) Cpl NHW Haslam (CD), MCpl M.A. Dow (CD1), Cpl J.L.D. Issa (CD) and Cpl J.P.N.P Fortin (CD). Congratulations!

**C** LCol Pratt and Maj Mosnier presented Tradesperson of the Quarter certificates for W Tn to (left to right): Cpl JAC Dussault (Jan-Mar 01) and Cpl M Plourde (Jul-Sep 01). Well done.

**D** Cpl D.M. Lustig (left) was presented her 935.05 certificate for completing the MSE Op Airfield Special Purpose Vehicle training/qualification. Cpl PMC Robichaud was presented his 10 year Safe Driving Pin (accident free years) as well as a certificate of appreciation from 2 PPLCI for his support to their operations.

**E** Cpl C.M. Proctor was presented her promotion to the appointment of MCpl by LCol Pratt. Congratulations!

**F** Pte Aquin recently received his promotion to Pte (T) from Maj Mosnier (W Tn O) and MWO Maidment (W Tn SWO).

## 17 WING TRANSPORT

Have you ever wondered what all those codes are on your DND 404s? Perhaps you are about to use a DND vehicle and aren't quite sure what rules you must follow and what your responsibilities are? Do you know what to do in the event that you are involved in an accident while driving a DND vehicle? All this useful information can now be found on the 17 Wing Transport DIN site found on the 17 Wing Homepage under the logistics icon. In addition to the standard functions that Transport performs, they are also responsible for issuing of DND 404 Driver's Licences and conducting a variety of safe driving courses such as the DDC and the Safe Backing course. For more information on these and other Transport functions feel free to contact Sgt Ballenthin at local 5241.

## ANNUAL PARAPLEGIC CHRISTMAS PARTY

BY CWO KATHY COX

The WOS' and Sgts' mess held the annual Paraplegic Christmas party on Thursday, 06 Dec 2001. We have seen quite a turn over in the past years with several of our friends leaving us and some newer faces taking their place. We had around 100 people this year including guests, volunteers, nurses, activity workers and entertainers. Our special guests started arriving around 1230 hrs and the festivities began with some Christmas songs by Rick Paluk, Reg Baldwin and Mike Hammond, the entertainment continued throughout the afternoon. We would also like to thank the following performers for taking their time to come and share the day with us, they were: The Suburban Knights, Winnipeg Police Choir, Stewart MacPherson and Garth McComb on the pipes and drums and the Queens Own Cameron Highlanders Pipe Band. The entertainment was much appreciated and enjoyed by all.

CWO Kathy Cox was the MC for the afternoon and had the pleasure of introducing some very special people. Greetings were extended from Col Doug McLennan, 17 WComd, Deputy Chief Mennow Zacharias who represented the Chief of Police Jack Ewatski, CWO Frank Emond, 17 WCWO and President of the Police

Association Laurel Schinkle.

There were some certificates presented to the Winnipeg Police Association from the WOs' and Sgts' Mess for their dedication and continuing support to this annual event. CWO Kathy Cox and MWO Bernie Roy were also presented with certificates for their years of dedication and time in volunteering to this worthwhile cause.

Again this year, Santa was able to drop in and hand out gift certificates to all our guests. Padre Ohs said Grace and a great turkey dinner with all the trimmings was enjoyed by all. The kitchen staff out did themselves again this year, with a very delicious dinner.

I would like to thank again all the people who helped me in making this day possible and more important successful. All the volunteers from the Mess executive, Mess committee, Mess members that volunteer that day, kitchen and bar staff. Ken McDonald and the Winnipeg Police Association and all the entertainers who took time out of their busy lives to entertain our guests. As always, a very special thanks goes out to Karen Jensen, Mess secretary and MWO Jean Birnie for helping me organize this event again this year. We have already started to get things going for next year, so expect a great get together in "2002".



Wpg Police Association president Laurel Schinkle and santa visiting with guests.



WComd Col DC McLennan and CWO Kathy Cox spend time with guests.



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613-545-333 office

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OR Email: [donyld@kos.net](mailto:donyld@kos.net)



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## Military Family Resource Centre (204 489 7003)

### YOUTH SERVICES

Sleepover, the mere word conjures up visions of staying up all night telling stories, munching on snacks and having lots of fun. When you do it at the Museum of Man and Nature you double the fun! This year's sleepover will take place on April 12. We will meet at the Museum at 6:30. Activities include a planetarium show, a tour of the museum and science galleries, story telling, flashlight mystery tour and of course food. Pick up is at 9:00 on Saturday. If you require further information, please contact the Youth Services coordinator at 488-8563. Registration is \$25.00 per child. Deadline for registration is March 22.

These workshops are being offered by the MFRC Youth Services:

#### On My Own

This course is designed for those youth 10 years and up who may at some time be responsible for self-care. The course is designed to train the participants in areas necessary to keep them safe, comfortable and happy. The skills, methods and knowledge gained will be invaluable.

Youth Centre, 347 Doncaster Street

March 25, 26, 27, 29

9:30 - 11:30

Cost: \$10.00(members), \$15.00(non-members)

It is recommended that all youth participating in this program also register for the Self Defence Course being offered by Community Recreation.

#### Babysitting Course

This Red Cross course offers basic instruction in first aid, fire safety and childcare. Participants must be 12 years of age to complete the course. All sessions must be attended to receive certification:

Westwin Community Centre - Boardroom

April 9 & 16 from 8:30 - 9:00

April 20 from 10:00 - 3:00

Cost \$10.00 for materials

#### Moose Hockey Game

Join us at a Moose Hockey game on March 24 at 2pm. Tickets cost \$17.00 (\$15.00 with YC membership). Please pre-order your tickets by March 8.

### WOMEN'S COFFEE

If you have 2xx chromosomes, like to talk and are free on Tuesday afternoons, this is for you.

Every second Tuesday at the MFRC Youth Centre, located at 347 Doncaster St., from 1:30 to 3:30pm, we offer a place for women to meet and talk. Drop in for a visit.

The MFRC offers casual childcare on Tuesday afternoons from 1:00 to 4:00pm for children from 18 months to 6 years. To reserve a spot for your child, please call 833-2500 ext.6846 at least 24 hours in advance. You are welcome to bring your child with you to the Youth Centre. If you do bring a pre-school child, please bring toys for them to play with and to share with any other children that may be there. Initially there will be no food or beverages at the centre, however, you are welcome to bring something for yourself. This is a new group and suggestions are welcome. Upcoming dates are as follows: February 26th, March 12th and 26th

Please note that this is a community-based group. For further information and additional points of contact, you may call Wendy at 833-2500ext.6846.

### POSTED IN/POSTED OUT INFORMATION

We have information packages available for all "newcomers". If we received your posting message, then you would have received a "pre-Posting package" before your arrival to Winnipeg. We hope it provided you with some resources. Once you are here, and you've cleared in with the MFRC, then we will contact you for a "Newcomer Visit". If you know of someone new in your workplace or community, please refer them to the center for information. Starting in April, the Newcomer Team will be providing Newcomers with an information session, which will be offered during the day, evening and weekend, once per month.

We also have information packages from all MFRCs. So if you are being posted and would like to preview the information, or speak to someone at your new location's MFRC, please contact me to arrange either service.



### THE WARM LINE

The Warm Line is a telephone service for the spouses and family members of military personnel on temporary duty or deployment for a month or longer, or those in a "revolving door" duty situation. The Warm Line helps ensure these families are connected to the MFRC, community resources and activities. The Warm Line acts as an empathic ear, one which understands the rewards and difficulties experienced by military families.

The MFRC would like to reach everyone, especially during these times of increased deployments. If your partner/family member is deployed, please call the MFRC. The Warm Line is confidential and staffed by trained peer counselors.

### VOLUNTEER PROGRAM

Volunteers enable the MFRC to offer quality programs and services to the military families in our community. We have many flexible Volunteer opportunities and can match your skills, training and experience with a position that's right for you.

Where can Volunteers make a difference:

- Outreach Program: newcomer program, outreach
- Special Events Planning: Christmas concert, family fun day, registration fair, fundraising
- Youth Programs: after school club, summer/spring camps, movie nights, dances, craft workshops, Volunteer Youth Corps and special events
- Children's Programs: pre-school activities, childcare, nursery school
- Administrative Support: receptionist, clerical work
- Board of Directors: advisory committee, ad hoc working committees
- Volunteer Department: lending library
- Education Services: workshop facilitation, women's conference

In addition to providing skill development and personal growth opportunities, the MFRC Volunteer Program ensures that community members have a wide choice of areas where their strengths and interests can make a valuable contribution toward a stronger community.

For more information on the MFRC Volunteer Program and the many opportunities, please call Nicole @ 489-7003

### THANK YOU BLUE CROSS

The MFRC Youth Centre was fortunate to receive a donation of computers from Blue Cross. These computers are set up at the Youth Centre for homework stations. They have been loaded with word processing programs and have access to the Internet for research. If you are working on a project or essay and need some place to put it all together, drop into the Youth Centre. Once again I would like to thank the Manitoba Blue Cross for considering us for the donation of computers.

### SOUPER DES FEMMES FRANCOPHONES

La soirée de Noël du groupe des femmes francophones qui a eu lieu le 9 décembre 2001 à l'annexe de la chapelle du côté Nord a été absolument fantastique. La diversité des plats cuisinés, l'atmosphère chaleureuse, la participation de chacune des femmes tout au long de cette soirée a contribué à cette réussite. Un gros merci tout spécial à Geneviève Marcotte, Louise Cameron, Mélanie Perreault, France L'écuyer ainsi qu'Audrey Hudon qui ont donné un gros coup de main pour cet événement. Par la même occasion, je ne peux oublier les marchands qui ont contribué à cette soirée en nous donnant différents cadeaux pour les nombreux prix qui ont été attribués tout au long de la soirée. Merci beaucoup aux marchands suivants :

- Bread & Circus
- Safeway
- DeLuca's
- 1st Place
- Librairie à la page
- Tiber River Naturals
- Academy Massage Therapy
- CRFM

Je tiens à remercier toutes celles qui ont participé. J'espère que vous garderez un bon souvenir de cette soirée du temps des fêtes et que nous aurons l'occasion de vous revoir bientôt.

## What's Happening

COMMUNITY RECREATION/YOUTH SERVICES

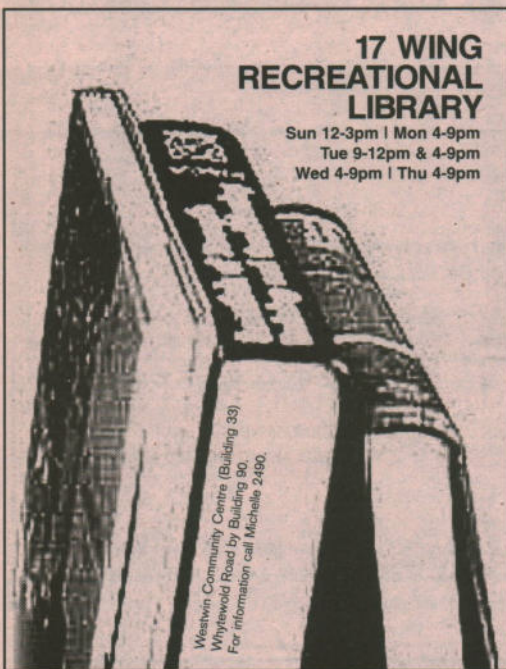
# DARKZONE SPRING BREAK 27 MARCH 2002 3 GAMES 1 PM START

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## 17 WING RECREATIONAL LIBRARY

Sun 12-3pm | Mon 4-9pm  
Tue 9-12pm & 4-9pm  
Wed 4-9pm | Thu 4-9pm



Westwin Community Centre (Building 33)  
Whyteford Road by Building 90.  
For information call Michelle 2490.

## COMMUNITY RECREATION

### Self-Defence Workshop

An Introduction workshop for youth to learn the "Three A's" of self-defence; Awareness, Assessment and Action.

Saturday, March 23  
1300-1600

Building 21

To register for free, call Recreation Services at local 5976 or 2059

### Tae Bo

Challenge yourself with this dynamic cardio/strength class. An excellent workout for beginners and enthusiasts.

Monday/Wednesday/Friday

1200-1300

Building 90

### Aqua-Fit

If you want to start a fitness routine or need a change from your regular schedule, Aqua-Fit is the answer. The water acts as a natural resistance and won't add unnecessary strain on your joints.

Coordinated with MFRC Child Drop-in to give Mom a Timeout

Wednesday/Friday Tuesday/Thursday

0930-1030

1800-1900

Lipsett Hall

Building 90

### Spring Break 2002

Join community Recreation and Youth Services for fun and excitement March 23-28. Check out the schedule and register at the MFRC.

March 23 Ceramics (register at the library)  
Self-Defence Workshop at Building 21.

March 24 Moose Hockey Game

March 27 Darkzone

March 28 Fun With Fitness

## Together in Church



### CATHOLIC

Chaplains  
Father Guy Chapdelaine  
Office 833-2500 ext. 5272

Secretary  
Carol Cochrane  
Office 833-2500 ext. 5087

Masses  
Sat (English only) 1630 hrs  
Sun  
English language 1130 hrs  
French language 1600 hrs

Religious Education  
Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

Confessions  
The sacrament of reconciliation is offered by appointment. Contact the chaplain's office.

Baptisms  
We recommend that you contact the chaplain's office for an appointment prior to the birth of your child.

Weddings - Marriages  
Contact the chaplain at least six months in advance. A Marriage Preparation Course is a requirement.

Catholic Women's League  
Meets the third Tue of the month at 1900 hrs, in the Chapel Annex.

### PROTESTANT

Chaplains  
Padre Lenora Grauer  
(Evangelical Lutheran)  
Office-833-2500 ext 5349  
or ext 5785

Padre Brad Busch  
(Evangelical Lutheran)  
Office 833-2500 ext 6022

Secretary  
Carol Cochrane  
Office 833-2500 ext. 5087

Sunday Services  
0930 hrs

Sunday School  
Sunday School is held during the service for children ages 3 to 12, except on the last Sunday of each month. Childcare is provided on an as-required basis for children under 3 years of age.

Marriages  
Six months' notice is required for marriages, as counselling is necessary to prepare couples for Christian marriage. A Marriage Preparation Course is also required.

Baptisms  
The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

Protestant Ladies' Guild  
The Guild meets the first Monday of the month at 1900 hrs in the Chapel Annex. All women are welcome.

Food Bank  
The Food Bank is a joint undertaking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

Emergency Chaplain  
After normal working hours, the Emergency Chaplain can be reached through the WOPs Duty Centre, 833-2700, or the 2 PPCLI Duty Centre, 833-2727.

Other Phone Numbers  
For your convenience, a phone number has been set up to provide callers with information on service times and contact with the Chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

## At The Library

### Spring Gardening

Need some tips on blooming flowers? The Library has a great selection of gardening books to check out!

When you're ready to rest and enjoy, browse through these new titles.

### New Arrivals

Adult Fiction  
Suspense/Mystery  
Jack Higgins - Day of Reckoning  
Anne Rice - Blood and Gold  
Arturo Perez-Reverte - The Fencing Master  
Michael Connelly - Angles Flight  
Dean Koontz - One Door Away from Heaven

### Non-Fiction

Karin Muller - Hitchhiking Vietnam  
Geoffrey Norman - Two for the Summit, My Daughter, the mountains, and Me

### Romance

Clare Francis - Keep Me Close  
Bertrice Small - Just Beyond Tomorrow  
Catherine Coulter - The Edge

### Teen Titles

Science-Fiction  
Brian Jacques - Lord Brocktree (Redwall)

### Fiction

Patrice Kindle - The Woman in The Wall  
Catherine Macphail - Run Zan Run  
Diane Duane - So You Want to Be a Wizard

### Young Readers

More Magic Tree House  
Captain Underpants Stories (Just call me Pinky Chuckleshots!)

**SITUATION, CONTINUED FROM P6,** college courses. A level of knowledge and ability is implied even if you do not know what they are taking. If it is college, it must be hard. If it is hard the person must be smart. Easy, right?

Don't get so locked into the thought that you must complete a program before it has any worth. Want to discuss your situation? Give me a call at 833-2500 ext. 5115 and I can give you a few specific examples of how you can begin to improve your educational portfolio. It is never too early to start. It is also never too late.

## ROBERT MULLAN



In these troubling times I wish God would give me a sign.

## Classifieds

### FOR SALE

Cellular Phone, Audiovox - Digital. \$50.00. Please call after 5pm at 338-4117.

Queen size waterbed mattress and heater, only five years old. Best offer. Call anytime 888-5659.

Tundra Truck Cap with side slides tinted, windows and open front with locking back windows and fits 6 ft. \$350 obo. Swing Set. 2 swings, slide and seasaw. \$30 obo. Manual included. Turtle Sandbox with top \$20 obo. Bike Trailer. Holds 2 children facing opposite ways, \$75. Phone 897-9151.

Solid hardwood dining room set, table and six chairs, blonde wood. \$150 obo. Call 5176 or 832-7317 after 5pm.

Wood Computer Desk w/ shelf \$80. Round Dark Brown Coffee Table \$25. White Metal

Day Bed \$50. Maroon Couch with Matching Chair \$100. Phone 292-4398.

Kenmore stove, excellent condition. \$100. Phone 885-4894 after 6pm.

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Ladies 10 K Yellow Gold "Pear Shaped" Emerald Ring (faux gemstone) size 6 3/4. In great condition: in original jewellers box. \$65. Ladies Red Fox Fur Coat in great condition. European Tailoring, full length, non-tapered. Suitable for sizes 14-18. Asking \$875. Queen Size Non-Wave Waterbed. In very good condition. Frame included fits regular headboard. Selling due to move. Asking \$225. Call Mary at local 6454 or 633 1603.

Trailer Hitch (hidden hitch) for 1996 Honda Civic. Asking price \$90. Contact Dan local 2802 or 633-1603.

1994 Ford Explorer XLT, loaded/leather interior, power seats, new brakes and safety. \$11,000. Call 832-2823.

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Wanted, part-time childcare required for 3 yr. old boy. North Side PMQ. CPR/First Aid, Non-smoker. 831-1610.



### Closure Friday, 8 March 2002

17 Wing Medical Clinic will be closed at 1100 hrs. The Medical clinic staff will be participating in the Wing Administration Branch Curling Funspiel.

For non-life threatening injuries please proceed to the nearest Walk-In Clinic or Misericordia Urgent Care.

For life-threatening emergencies please call 9-911 and give the dispatcher your location and explain the problem.

The Medical Clinic will resume regular hours Monday, 11 March 2002.



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**ARIES** (March 21 - April 19): Time and world events have given you a new perspective. You're experiencing an emotional shift, eager to heal hurts and build solid relationships. Just because you feel responsible doesn't mean you are. Someone you know is aging overnight.

**TAURUS** (April 20 - May 20): Don't assume others think like you. Things are not as black and white as you see them. Focus on your accomplishments not your failures. Going over the same ground you get nowhere. Embrace opportunities to realize your potential.

**GEMINI** (May 21 - June 21): An enthusiastic supporter encourages boldness and persistence. Follow up submissions in person. Show passion, expertise and an understanding of the work environment with its inevitable politics.

**CANCER** (June 22 - July 22): Major misunderstandings regarding minor details. Reassess another's trustworthiness. Viewing your life like a movie allows you to see your part in things clearly. Rewrite the script, make changes and include a happier ending.

**LEO** (July 23 - August 22): Watch you don't only see what you expect to see for pessimism is pulling you down. Realize the balance of freedom and commitment goes both ways for you and a partner. Another's expectations could monopolize your time.

**VIRGO** (August 23 - September 22): Release of emotional tension on both sides would help break an impasse. Even if you're right you'll be feeling wrong until you move on. Being typecast may make you want to exit quickly but plan to act not react.

**LIBRA** (September 23 - October 23): Channel your energy into a project that requires precision and a real grasp of the basics. This could develop into a teaching position for you. Photography, decorating and entertaining all highlighted. Overindulging is risky.

**SCORPIO** (October 24 - November 21): When you reap what you sow you choose your seeds carefully. What you desire and what is best for you may not be the same thing. A visitor, perhaps an old flame, wants to discuss issues that are best left buried.

**SAGITARIUS** (November 22 - December 21): In an effort to get your own way you issue edicts to those around you. You are imperious to the conflict you are creating because your vision of what needs to be done is clear. Others need more information.

**CAPRICORN** (December 22 - January 19): You'll be handing in assignments and writing tests. Looking forward to the future and for signs of change. Evaluating an upcoming option to determine how it fits into your plans may be difficult until you collect more information.

**AQUARIUS** (January 20 - February 18): You have an unexpectedly strong response to the constraints imposed by another. Security remains elusive. Prepare for an upcoming job shift. It may seem upsetting but it's time for a change. Don't do what isn't you.

**PISCES** (February 19 - March 20): Healing, understanding, renewal. Spending time reflecting. Reward or recognition is on the way. Show as much compassion for yourself as you do for others. Remove yourself from negative situations.

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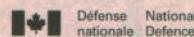
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