

THE VOX AIR

21 NOVEMBER 2001, VOLUME 49, ISSUE 21, OUR MILITARY COMMUNITY NEWSPAPER, 17 WING WINNIPEG/17E ESCADRE WINNIPEG, FREE

402 Sqn at the Tattoo

402 "CITY OF WINNIPEG"
SQUADRON PIPES & DRUMS

BY JENNIFER FAUBERT

Think of a military tattoo and inevitably one thinks of music - almost certainly the music of the pipes and drums. 402 Squadron Pipes and Drums were one of the bands that played en masse with six other pipe and drum bands in the sixth annual International Military Tattoo. In fact, with just under 100 pipers and drummers, the massed pipes and drums was the largest to date.

The 402 Squadron Band, along with highland dancers, choirs, police dogs and other bands showed their support for the navy, army and air-force cadet organization.

This year's theme, "A Salute to Peacekeepers" had the complete colour party manned by former peacekeepers carrying flags from every country the United Nations have had a mission in. Although there are no band members with peacekeeping experience, Pipe Major, McPl D.K. Blain said 402 Squadron Band operates under the "Total Force" concept with regular, reserve, and civilian members.

SEE P. 2 "TATTOO"



402 Squadron Pipes and Drums played en masse during the 6th annual International Tattoo.

MCpl Durdin, 17 Wing Imaging

INSIDE

16 Oct 01.....	03
GCWCC.....	04
Book Review.....	05
Veteran's Play.....	06
Pioneer.....	07
Sports.....	08
MFRC.....	09
Classifieds.....	11

Over the top!



We've smashed our thermometer for this year! Thanks for all the support from our sponsors and the 17 Wing in making the Government of Canada Workplace Charitable Campaign a huge success. Let's try do even better in 2002!



VANITY HAIR studio

2369 NESS AVENUE · WINNIPEG · MANITOBA · R3J 1A5

Mon., Tues., Fri.	9 - 6
Wed., Thurs.	9 - 8
Sat.	9 - 5

Phone: (204) 831-5535

DOMENICA'S FLORAL DESIGN

DAILY SPECIALS

AROUND THE WORLD OR IN THE CITY.
SEND YOUR LOVED ONE.

 **885-3665 OR 832-6978**
2255-G NESS (in the Family Food Mall)

Free Delivery to both North & South Base Locations

Rencontres publiques

La Division scolaire franco-manitobaine no 49 organise des rencontres publiques pour les familles francophones (ayants droit) de la région de l'ouest de la ville de Winnipeg concernant la possibilité d'offrir un programme français dans la région.

Les dates des rencontres sont:

le mardi 27 novembre 2001 à 19 h
le mercredi 5 décembre 2001 à 19 h

au théâtre de la Base ouest de la 17e Escadre
situé sur le chemin Whytefold

Pour plus d'information, communiquer avec:

Léo Robert, directeur général

Téléphone: 878-9399, poste 207



DIVISION • SCOLAIRE
FRANCO-MANITOBAINE

Nowhere Else
In The World
But at the
Western Canada
Aviation Museum
Can you

- ...see Canada's first Helicopter
- ...try SPACEWAYS - simulated trip to MARS
- ...enjoy SKYWALKS - a hands-on exhibit for children (of all ages) ...and more

EXHIBITS ARTIFACTS GIFT SHOP
AIRPORT VIEWING DECK
HISTORICAL VIDEOS BOOK STORE

**OPEN 7 DAYS
A WEEK**
Monday to Saturday 10-4 pm.
Sundays & Holidays 1-4 pm.

Hanger T-2,
958 Ferry Road
Winnipeg, MB, R3H 0Y8
Phone: 786-5503

WEB SITE
www.wcam.mb.ca

the Commissionaires

Canada's largest security firm is developing a cadre of personnel for part-time and full-time work.

- Part Time weekend employment for serving members.
- Criminal record check required; military or police service an asset.
- Above average wages, uniform and training provided.

Apply with resume and references to:

50 Stafford St.
Tel: 942-5993, ext.10 Fax: 942-6702
email: info@commissionaires.mb.ca

Service Reliability Professionalism
Join The Team

Previous applicants need not re-apply.

apologies

The mistakes that occurred in the DSFM advertisement were caused by the Voxair. Please accept our apology.
Les erreurs qui se sont glissées dans la publicité de la DSFM sont entièrement la faute du Voxair. Veuillez accepter nos excuses.

THE
VOXAIR



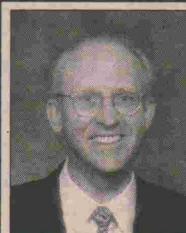
"TATTOO" FROM P. 1

Over the years the tattoo has presented a host of international performers - military and civilian, showcasing a blend of music, ceremony, entertainment, and theatre that pleases all ages.

A Tattoo not only has music at its heart, it also has it at its historical roots. The word 'tattoo' derives from the cry of the innkeepers in the Low Countries in the 17th and 18th centuries. At closing time, the fifes and drums of the local regiment would march

through the streets, their music signalling a return to quarters, and the shout would go up - "Doe den tap"

The word "tattoo" as it is used here is derived from the mid-seventeenth century Dutch word "taptoe" which was a combination of two Dutch words - "tap" meaning faucet, and "toe" which meant "shut". So literally the Dutch word "taptoe" meant shut the tap. Over time, through rapid repetition of the word, and with a shift from Dutch to English, the "tap" became "tat" and the "toe" became "too" for the word we now use - tattoo.



JOHN W. BARBER

B.A., LL.B.

Attorney - Mediator - Notary Public

Legal Services

Wills & Estates * Real Estate * Family Law
(Real estate fees conform to CF Relocation Guidelines)

BARBER LAW OFFICE 3651 Roblin Blvd. 949-3240

Karen's Flowers

Offering 15% Off for Military & Gov't Personnel

PHONE: 586-9636

1469 MAIN STREET
WINNIPEG, MANITOBA R2W 3V9
1-800-267-1927

JON (HUCK) FRAISER
CITY & WORLD-WIDE DELIVERY
FAX: 1-204-586-8731

www.lpgallery.mb.ca/flowers



Welcome...

ST. JAMES LEGION
Branch No. 4
Royal Canadian Legion
1755 Portage Avenue
Winnipeg, Manitoba

Bingo

Every Mon-Wed-Fri
6:30 pm

Line Dancing

Every Tues & Wed
8:00 - 10:00 pm

Dancing To Live Bands

Fri & Sat

9:00 pm - 1:00 am

Meat Draws

Every Sat 2 pm - 5 pm

THE VOXAIR

PLEASE ENSURE NAME AND UNIT APPEAR ON THE BACK OF ANY PHOTOGRAPHS SUBMITTED FOR PUBLICATION.
THE VOXAIR DOES NOT GUARANTEE THE RETURN OF PHOTOGRAPHS WHICH DO NOT BEAR NAME & UNIT ON BACK.

DEADLINE

Friday 30 November 2001

DATE DE TOMBÉE

Vendredi 30 Novembre 2001

Next issue 12 December 2001

Prochaine édition 12 Décembre 2001

OFFICE HOURS

Monday to Friday, 0815 - 1600 hrs

HEURES DE BUREAU

Lundi à Vendredi de 8h15 à 16h00

TELEPHONE

889-3963 / Fax 885-4176

Telephone-answering system operates remainder of the week Répondeur automatique pour le reste de la semaine

VOXAIR STAFF

Editor-in-Chief / Rédacteur en chef

L'Col S. Neville (204) 833-2500 Ext 5281

Managing Editor / Directeur-Gérant

2Lt Benoit Doyon (204) 833-2500 Ext 5519

Office Supervisor, Sales Manager / Chef de bureau

Maureen Walls (204) 889-3963

Production Coordinator / Production

Mark Remoquillo (204) 833-2500 Ext 6976

Journalist /

Karen Poetker (204) 889-3963

Proofreader / Correcteur d'épreuve

Traci Wright-Sawatsky

Accounting / Comptabilité

Misra Yakut (204) 833-2500 Ext 6976

Advertising Sales / Représentants des Ventes

Jim Holland (204) 832-0115

Darlene Ashley (204) 896-8575

Printed By / Imprimé par

The Daily Graphic (204) 837-6427

VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col. D.C. McLennan. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. We will not be responsible for any loss or damage to any advertiser or 3rd party resulting from the failure of an advertisement to appear in any of our editions or from any error or omission in any advertisement which is published.

Promotion of Private Businesses in articles submitted for publication is not permitted except in cases of appreciation for donations where only the company name is included. (Companies or individuals that are currently in arrears shall not be published.) Individuals or groups shall not make any offer of promotion in The Voxair Newspaper of products and/or services for exchange in donations. Correspondence should be addressed to:

VOXAIR, 17 WING WINNIPEG,
PO BOX 17000 STN FORCES, WINNIPEG MB R3J 3Y5
E-MAIL: voxair@autobahn.mb.ca
OUTLOOK: Walls M@3CFPTS@Winnipeg

VOXAIR est le journal non officiel de la 17e Escadre Winnipeg et est publié avec la permission du Commandant de l'Escadre, le colonel D. C. McLennan. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministre de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. De plus nous ne sommes pas responsables pour perte ou dommage envers un annonceur ou un tiers par suite de non-publication d'annonce dans nos éditions, d'erreur ou d'omission dans les annonces qui sont publiées.

La promotion d'entreprises privées soumises sous forme d'articles n'est pas permise, excepté dans les cas d'appréciation pour dons où seulement le nom de la compagnie est inclus. (Les compagnies ou individus qui sont actuellement en arriérés ne pourront être publiés.) Les individus ou groupes ne pourront faire d'offres de promotion de produits et/ou de services en échange de donation dans le VOXAIR. Toute correspondance doit être adressée à:

VOXAIR, BFC WINNIPEG,
CP 17000 SUCC FORCES, WINNIPEG MB R3J 3Y5
E-MAIL: voxair@autobahn.mb.ca
OUTLOOK: Walls M@3CFPTS@Winnipeg

This newspaper is printed using environmentally safe inks. Ce journal est publié en utilisant des encres qui ne nuisent pas à l'environnement.

Publications mail Agreement No. 1482823

16 October 2001

What really happened that fateful day in Fort Liard, Northwest Territories?

BY SGT WAYNE WEBSTER

Many of you have already heard of the tragic events of 16 October when a twin-engine Navajo passenger aircraft belonging to Deh Cho airlines crashed at Fort Liard NWT. It attracted media attention because two of the passengers had just signed a major energy deal in Yellowknife on behalf of their native band. Distortions of fact sometimes seem to permeate media reports of military rescues and this one was no exception. This article will attempt to alleviate that and to flesh out details most people never hear about.

Our crew, consisting of aircraft commander Capt Dennie Bjerke, co-pilot Capt Tom Kolesnik, navigator Capt Jeff Chappel, loadmaster MCpl Doug Robert, SAR techs WO Gerry Dominie and MCpl Randy McOrmond and yours truly as the flight engineer, received our pager call at approximately 0100 on the 16 of October. After rushing to work and apprising where we were going, fuel was uploaded to maximum capacity. Taking off at 0255, we embarked on a four-hour transit flight at our aircraft's maximum continuous power setting.

We arrived at a location 19 nautical miles east of Fort Liard. This was the point Rescue Coordination Centre (RCC) Trenton had tentatively established where an Electronic Locator Transmitter (ELT) was broadcasting its signal.

The ELT signal had been received by Search and Rescue Satellite Tracking (SARSAT) satellites and by commercial passenger aircraft flying in the area. A military Twin Otter aircraft from 440 Sqn in Yellowknife had also attempted to pinpoint the ELT signal prior to our arrival. Due to some unusual radio wave propagation, we chased a weak signal for half an hour. Eventually, we got a solid signal that led us to a spot only two miles south from Fort Liard's tiny airfield but on the other side of the Liard river. Five para-flares were tossed in order to illuminate the location but with very low ceilings and reduced visibility due to blowing snow, terrain searching was unworkable.

In the meantime, attempts were made to contact RCC and inform them of our findings. As is so often the case, HF communications in the Arctic can be very problematic. Therefore messages had to be passed back and forth through authorities on the airfield at Fort Liard. We continued to home the ELT for three hours to in order to fine-tune its location and with the bad weather persisting, nothing else could be done until daylight arrived. Circadian rhythms being what they are, extra vigilance was needed to keep each other awake. At last, first light arrived, and armed with a latitude and a longitude, authorities on the ground managed to launch a helicopter

under the low ceiling. The crash site was located immediately and the call went out that the survivors needed urgent medical attention. Miraculously for us, a hole opened up over the area and with our aircraft unable to land because of the short runway, our SAR techs prepared to jump to the airfield. A CS smoke marker was launched but malfunctioned, and with the weather threatening to close in again, the SAR techs elected to jump without its wind drift information.

After the SAR techs departed, an additional equipment drop was successfully carried out in the now gusting 30-knot winds. We continued to orbit the site for another five minutes, but like a window slammed shut, the weather closed in again. Having carried out all that could be done at the site, we transited 70 miles south to Fort Nelson to refuel and await our SAR techs.

Our SAR techs, having jumped at 1000 feet above ground, landed in six inches of snow. After loading the dropped equipment and themselves into a helicopter, they transited to a river sand bank close to the airfield. Twenty people had already assembled at the crash site including a coroner, RCMP and relatives of the victims. Ordinarily, relatives could be hysterical distractions to the job at hand but these northern natives proved to be of sterner stuff. They cooperated fully and provided useful sug-

gestions and equipment in freeing trapped survivors from the wreckage. Two survivors were evacuated immediately by helicopter to the local nursing station. The remaining survivor (and the most critical patient) was evacuated also, after being freed from the wreckage with a hacksaw. Regrettably, the three other occupants of the aircraft did not survive the impact.

At the nursing station, the SAR techs and the nursing staff re-warmed and stabilized the patients while conducting assessments of their injuries. Additionally, the logistical hassles of providing air medevac were worked out with RCC. Three hours later a doctor from Yellowknife arrived and carried out more assessments. Two of the patients had suffered fractures but were deemed fit enough to be air transported to Yellowknife via Twin Otter. The critically injured patient, however, had suffered massive head injuries and required hospitalization in Edmonton. While we were cooling our heels in Fort Nelson, a 417 Sqn Griffon, helicopter from Cold Lake eventually joined us. The 440 Sqn Twin Otter and its crew went on to Fort Liard and evacuated the two less serious patients back to Yellowknife. The Griffon helicopter, despite their best efforts, however, arrived too late to participate in the rescue or to transport any of the patients despite erroneous media statements to the contrary.

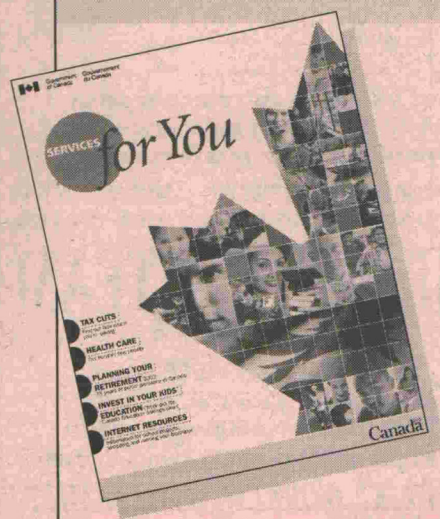
After six and a half hours on the ground, our SAR techs and accompanying doctor and nurse arrived at Fort Nelson with our critical patient via a civilian Twin Otter. We then embarked on our final stage of our mission, a Medevac to Edmonton.

The critical patient was in a deep coma and was slowly deteriorating. In fact, the doctor and the SAR techs did not expect him to survive the trip. However, he did survive the 1.8-hour trip and at the time of this writing was slowly recovering albeit still unconscious. Upon arriving at the Edmonton city centre airport, we met the ambulance for our patient and another Hercules crew, which took over our aircraft to return it to Winnipeg.

It was now 0020Z or 1820 local time in Edmonton, nearly eighteen and half hours since our initial call. We were exhausted and therefore went directly to the hotel from the aircraft, and, unfortunately, managed to inadvertently side step the media people awaiting us at the Shell Aerocentre.

This mission owed its success to the support of many agencies and people, but very importantly to the skills, teamwork and collective experience that is learned and honed at our squadron, both by our aircrew and maintenance personnel.

You've got mail... coming soon



**A booklet on Government of Canada services.
Look for information on:**

- Career, job and business planning
- Protecting the environment
- Safe surfing on the Internet
- Helping kids do their homework
- Retirement planning
- Making choices for healthy living

For you, your family and your community.
It's coming to your mailbox soon!

For more information on government services:

canada.gc.ca

Service Canada
Access Centres

1 800 O-Canada
(1 800 622-6232)

TTY / TDD 1 800 465-7735

Canada

GCWCC Raffle Winner



Cpl Cindy Gallagher OR Clk at WTISS won the Helo Ride in the GCWCC Raffle Draw which she took happily the morning of 15 November 01.



Silent Night

BY ALF BROOKS

Christmas Eve, 1914, in the trenches of France and Belgium, was silent. At what was to be the first Christmas of four in the horrors of the Western Front an informal truce prevailed, no guns were firing.

From the lines of the German army, by young men thinking of home, came words sung to a simple tune:

*Stille Nacht, heilige Nacht
alles schläft, einsam wacht
nur das traute hochheilige Paar
holder Knabe im lockigen Haar
schlaf in himmlischer Ruh'
schlaf in himmlischer Ruh'*

The simple carol of six stanzas was written by a young priest, Joseph Mohr, as a poem in 1816, and first sung on Christmas Eve, 1818, to a tune written by Franz Gruber. It was performed at midnight mass in Oberndorf, a village in Austria near Salzburg. It soon became a popular "folk song" performed in Austria and Germany, and was eventually translated into many languages, coming to symbolize the peace of this holy time. In Austria it cannot be sung or played publicly before December 24th.

Austria has issued two stamps celebrating the anniversary of the carol. The stamp pictured here was issued in 1948 to mark the 130th anniversary, and pictures the composers who gave it to the world.

"THE CLEANERS"
Same day cleaning - Mon-Fri
Shirts in by 9am - Back by 5pm
On site Seamstress at 3049 Ness Ave.

Village Inn 489 Westwood Drive 837-8293	Sturgeon Park 3049 Ness Avenue 889-2310	Jonathan's 831 Cavalier Drive 889-7363
---	---	--

DRY CLEANING VALUE COUPON

"THE CLEANERS"
DRAPES
25% OFF
CLEANED & REPLEATED

17 WING WINNIPEG OFFICERS' MESS

Nov 23
Subs

Nov 30
Greek

Join us for TGIF each Friday afternoon. Come for the food, the beverages, the friends, and the opportunity to win free entertainment tickets and the 80/20 jackpot. TGIFs are "mixed" events for spouses and guests after 1700 hrs.

"Men's Divorce Secrets Revealed..."

Nov 2001 - Now **Unbiased & Competent** legal help on separation and divorce issues is available to men in the Canadian Armed Forces.

The Men's Divorce Centre's in-house lawyers will give you impartial advice and 2nd opinions to cut your legal fees & support payments, while protecting your custody rights & assets.

Don't be another victim of an unjust legal system.

FREE CALL 1-888-459-9393

Free divorce newsletter online go to:
www.mensdivorcecentre.org

PROFESSIONAL & BUSINESS DIRECTORY

The ARGUS Hobby Shop

(Overlooking Runway 36)

- Decals
- Vacu-forms
- Magazines
- Miniatures



- Model Kits
- Books
- Games
- Paints

Telephone: (204) 837-7677
5-2082 Ness Avenue, Winnipeg, Manitoba R3J 0Z3

NEMY, BROWN & CO.

Barristers Solicitors Notaries

John C. Brown, B.A., LL.B. Jack M. Rabkin, B.A., LL.B.

200-2727 Portage Avenue
(Courts of St. James Shopping Centre)
Phone: 888-8890

RUTLEDGE & DYKER

R.F. RUTLEDGE, B.A., LL.B. --- A.L. DYKER, B.A., LL.B.

COUNTRY CLUB PLAZA

310-3025 Portage Ave. Phone: 987-7575

Fax: 837-3638

BALDWINSON AGENCIES

Rec Centre (Whytewold Rd.)

Autopac 889-2204

Century 21

WEST-MAN REALTY LTD.
BRANDON, MB

For the 2PPCLI
We've Rolled out the RED CARPET



Let us help you relocate with
over 20 years experience in
Brandon's real estate market,

Mike Melnyk Tim Melnyk Michael Melnyk
(204)729-5074 (204)724-0866 (204) 724-3176

THE MELNYK TEAM

CALL TOLL FREE

1-866-MELNYKS (635-6957)

Call today for your free BRANDON
and area relocation package

email us: mmelnyk@mb.sympatico.ca

"JUST LIKE WORKING WITH FAMILY"

Captain's story sends "spiritual message"

CAPTAIN STAN FULHAM WRITES A CHALLENGING NOVEL

For Captain Stan Fulham retirement as the OC of 9AMU in 1970 was another step forward in new challenging careers that has recently taken a new direction with a "finely written novel" in the critical appraisal of professional writers.

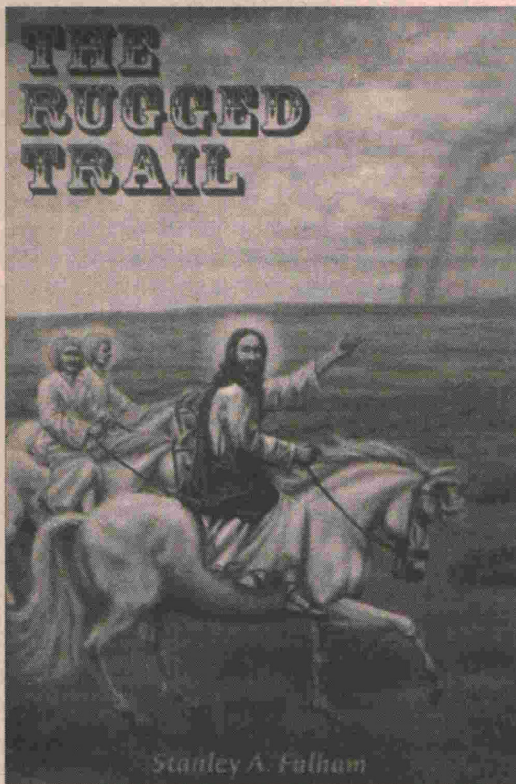
Born and raised in St Lazare, Manitoba, Fulham joined the RCAF in 1941 and served overseas with Bomber Command. In November 1943, he was shot-down on a raid over Germany, wounded and taken prisoner-of-war. In early 1944, he and 25 other prisoners were taken from the hospital in Obermassfeld, Thuringia and shipped out to Stalag 9C on the

Lithuanian border. This was a strange order, since some prisoners were still in their 'casts' and the Russians were advancing rapidly from the East. "But," he says, "the fact that all of us spoke German, French or Spanish may have been a determinant factor." From there to Stalag 357 in Torun, Poland and with the Russian advance they were again moved to Fallingbostal near Hanover. A grim winter and a forced march in 1945 ended in freedom.

After the war Fulham attended the University of Manitoba where he studied economics, languages, philosophy and religion. Lured with the challenges of the unknown, he joined a merchant ship and sailed the South Pacific, Australia

and South America for two years; worked as a hard-rock miner in northern Canada, teacher, sports director, railway-agent and reporter with the British United Press. "It was a great experience," Fulham says of his early life.

He returned to the RCAF and served in AirDefence and Materiel Commands in Canada, USA and Europe. He retired from the Canadian Armed Forces in Winnipeg and worked another career with a Native organization and later in housing and property management. He retired from this career at the "young" age of 73 Fulham says almost apologetically, "because I was anxious to revive my writing career. I had written "In Search... SEE "RUGGED TRAIL" P. 7



Stanley A. Fulham

The Rugged Trail by Stan Fulham features artwork by Manitobans

Cinéma/Theatre 8:00pm Showtimes

Child/Senior \$2.50
Adults/Youth \$3.50
888-6290 (Recording)

Just Across the Bridge, 2 Blocks North of Whytefold

ROCK STAR

Thurs•Fri/Nov 22-23 Parental Accompaniment

THE MUSKETEER

Sat-Mon/Nov 24-26 Parental Guidance, violence

Coming Attractions

Don't Say a Word
From Hell
Joy Ride
Serendipity
Glass House
Zoolander

BINGO : Mon - Wed - Friday 7:30 pm
Early Bird starts 7:00 p.m.

CRIB NIGHT : Thursdays at 8 p.m.

DANCING : Fri & Sat Evening

6 MEAT DRAWS : Saturdays at 1500 hrs.

Army, Navy & Air Force Veterans in Canada

ASSINIBOIA UNIT NO. 283

3584 Portage Avenue Phone 837-4795

THE FRIENDLY CLUB



Dr. Philip S. Pass B.S.C., D.M.D.

Complete Family Dentistry

Preventative/Cosmetics/Orthodontics

Crowns/Dentures/Root Canals
Extractions/Emergency Care

Evening and Saturday Appointments Available

420-3025 Portage Ave. ph: 987-8490

ALL DENTAL PLANS ACCEPTED

HOOK & SMITH

Barristers, Solicitors & Notaries Public

201-3111 Portage Ave,
Winnipeg, Manitoba R3K 0W4

Dennis A. Smith
Bernard Toews
Darrell A. Kreef



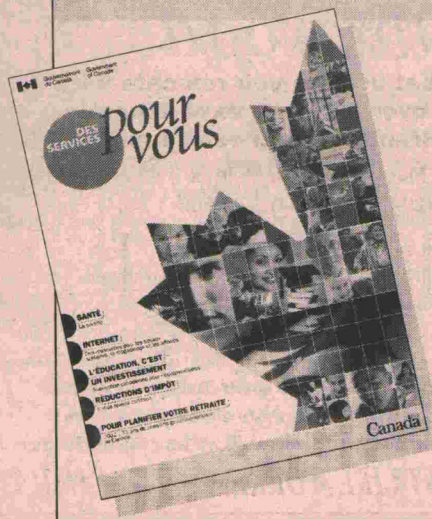
Telephone - (204) 885-4520

Fax - (204) 837-9846

Email: hook_smith@atcanada.ca

Providing legal services to the community since 1984 in the areas of corporate and commercial law, real estate (residential and commercial), civil litigation, wills and estates, family law and criminal law.

Bientôt dans votre courrier !



Une brochure sur les services du gouvernement du Canada qui vous donnera des renseignements sur :

- la planification de carrière, d'emploi et des affaires
- la protection de l'environnement
- la navigation en toute sécurité dans Internet
- l'aide aux devoirs des enfants
- la planification de la retraite
- les choix sains pour une vie en santé

Cette brochure est pour vous, pour votre famille et pour votre communauté. Surveillez votre boîte aux lettres !

Pour obtenir des renseignements sur les services gouvernementaux :

canada.gc.ca

Centres d'accès
Service Canada

1 800 O-Canada
(1 800 622-6232)

Téléscripteur / ATME 1 800 465-7735

Canada

Bob addicted to position

17 WING ADDICTIONS COUNSELLOR BOB MURPHY

The Wing Addictions Program (WAC) is under new management with the return of Bob Murphy, who was previously in the position from 1992 - 1996.

The problem of substance abuse and other addictive behaviours has not gone away. In fact, during these times of uncertainty and stress, they may even be increasing. The WAC offers a full range of services.

- enquiries are confidential
- a wide variety of treatment/recovery options
- supervisor briefings (any supervisor is welcome to visit and discuss concerns - confidentiality is respected)

Members are encouraged to phone or visit Bob who is co-located with the Wing Social Work Office (rm 220 of the Medical Clinic) if there are concerns about drinking/drug taking, etc, before it becomes a career/family crisis. The WAC position is a part-time position and, therefore, the hours of operation are:

Monday & Tuesday: 0730 - 1600

Wednesday: 0730 - 1200



ABOUT BOB MURPHY

40 yrs of Public Service including 29 yrs of military service (Army)

- 4 years ARC (Pra) Counsellor
- 8 years ARC (Pra) Senior Counsellor including
- Acting Director
- 4 years Wing Addictions Counsellor, including two years as Base Drug Education Coordinator



Illustration by Aimée Chateleine

An illustration from Shelly Fiset's book *Jason and the Year of Remembering*.

Jason remembers

PLAY PERFORMED IN HONOUR OF VETERAN'S WEEK

BY KAREN POETKER

Veteran's Week, running November 5th to the 11th, saw its kickoff with the production of "Jason and the Year of Remembering," a children's story adapted into a stage play for the occasion.

The story, written by Shelley Fiset, is the second in a series of three, all of which are designed to teach children about Remembrance Day and to honour not only the loss of life, but to give special tribute to the families that have suffered throughout as well.

Fiset, a Communications and Commemorations Officer with Veteran's Affairs Canada, wrote her first book in 1999. Entitled "Jason and the Memory Box," it was performed in Borden to pay tribute to

Veteran's Week and A Century of Valour, a celebration of the new millennium.

Her latest book, "Jason and the Homefront," was just released through Veteran's Affairs Canada.

"He did a fantastic job. I simply asked him to be the veteran in the play moments before the play started and he went on stage and performed as though he had rehearsed it many times before."

-CWO Emond on Frank Rowan's performance

According to CWO Frank Emond, the play's Executive Director, Fiset's book "Jason and the Homefront" would have been performed this year, but because of its recent release, there was not enough preparation time.

CWO Emond decided that putting on the play "Jason and the Year of Remembering," was a great way to show respect for

Veteran's Week, while at the same time, involving children in the occasion.

"I contacted the MFRC because of their close ties to local schools and the community," said CWO Emond.

A lot of the credit for the production should go to the MFRC and in particular to Catherine Chatterley, noted the Wing CWO. Chatterley adapted the story into a stage play, with the help of Diane Brine, in addition to designing the set.

"It is unfortunate, however, that attendance was poor," commented CWO Emond. "It was well advertised, and in my opinion, without consistently promoting Veteran's Week, I'm afraid there won't be anything to remember in the future."

The play's premise has Jason, played by Mason Roddon-Aubut, going through his grandfather's belongings from the war, and imagines, with the help of narrator Brook Bangsoll, what it must be like to be in the Armed Forces.

With the passing of each month on Jason's calendar, he chooses something from his grandfather's trunk to remember him by. For instance, in October, Jason pulls out letters that have been written between his grandparents, and then deciding to write Tim a letter.

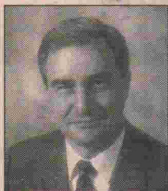
Jason's neighbour Tim, played by Pierre Bertrand, is a peacekeeper in Bosnia and helps to visualize in more recent terms what Jason's grandfather went through during his time in the Forces.

The set was divided into two rooms, with Jason's colourful bedroom juxtaposed

against Tim's simple barracks. As Jason takes items from his grandfather's memory box, Tim's actions parallel the events Jason is experiencing. By placing the two rooms adjacent to each other, and yet thousands of miles away, the set allows the audience to envision what might have happened

SEE "MEMORIES" P. 7

Meighen Haddad & Co.



BARRISTERS & SOLICITORS

DONALD J. PRATT, Q.C.

IRP Participating Lawyer

Toll Free : 800-628-7960

110 - 11th Street, Brandon, Manitoba

Representing Military Personnel on transfers to & from Shilo & Brandon for more than 25 years

DR. STEVEN LAWSON and DR. AARON KIM

COMPLETE FAMILY DENTISTRY

New Patients & Emergencies Welcome

INCLUDING

- Cosmetic Dentistry/Whitening
- Crown & Bridge • Root Canals • Orthodontics

Evening & Saturday Appointments Available - Payment Options Available

240-3025 Portage Ave.

958-9500

Need Cash Before Pay Day ??

- * Loans Until Payday *
- * Everyone Welcome *
- * PLEASE GIVE US A CALL *

@ Altus Finance

Phone: 925 - 3345

St. James Location

NATIONAL SAFE DRIVING WEEK
3 TO 7 DEC 2001

BY MCPL LEYTE

This year's area of focus for the national safe driving week deals with driver distractions. One of the biggest distractions that draw the most attention is the use of cell phones while driving. Even though cell phones seems to be the most obvious distraction now a days, lets not forget other factors that can cause distractions to the drivers i.e drinking beverages, reading of road maps, operating the radio, etc.

In 1999 American police officers cited driver distractions such as eating or tuning the car radio contributed to 11 percent of the fatal crashes during 1999, resulting in almost 5000 fatalities.

Being in the transport world for the last 20 years I have witnessed many accidents caused by distractions. Some ways you can diminish your involvement in such accidents are to be prepared. Before leaving for a trip across the province or just going to work, you should mentally and physically prepare yourself for that trip. In order to accomplish this task, small

adjustments can be made to eliminate distractions. Some of those small adjustments would be using a hands-free phone, having proper cup holders in your vehicle or tuning your radio to the right station.

As a conscientious drivers, you should always be well prepared before going on the road and every attempt should be made to eliminate distractions while driving your vehicle. Eliminating those distractions may some day save your life or the life of somebody else.



The Cast: Jason (L), played by Mason Rodden-Aubut was joined by Christina Brine, Garrett Bangsboll, Samantha Mayor, Shelby Rodden-Aubut and Pierre Bertrand and narrated by Brook Bangsboll in the MFRC's production of *Jason and the Year Rembering*.

"MEMORIES" CONT'D FROM P.6

to Jason's grandfather as well as Tim. Frank Rowan, a World War II veteran, came unrehearsed to the play, stepping onto the stage to teach the children in Jason's classroom about the importance of remembering.

"I had no idea what I was supposed to do," said Rowan. "I arrived at the theatre about thirty minutes before the play was to start, and was told I was supposed to talk to the children in the classroom about the meaning of the poppy and the concept of Remembrance Day."

"He did a fantastic job. I simply asked him to be the veteran in the play moments before the play started and he went on stage and performed as though he had rehearsed it many times before," commended CWO Emond.

Remembering his fallen comrades from the time he spent in the service, Rowan remarked that there were other things he could have mentioned to the children in the play, but was happy with the overall presentation.

"I enjoyed the play, and thought the idea behind it was very good," expressed Rowan.

The play opened with the presentation of a collection of the three books in both English and French to the MRFC in recognition of their support. At the close, each of the volunteers were rewarded with their own autographed set of Shelley Fiset's books. The presentation was made by the Regional Director General for Veteran's Affairs Canada, Ms. Giselle Toupin.

"RUGGED TRAIL" FROM P. 4

of a Future" in 1980 that dealt with economic development for Native people-it was highly successful."

"And now, I have completed "The Rugged Trail". The story is based on real people and events I have known in my youth on the prairies. It is written as a 'western'. but it carries a spiritual theme-the Universal Principle of Change.— God's law that ensures our wisdom gained through many lives; that is our purpose and it is the key to the kingdom of God. Biblical scholars know that Matthew, Mark and Luke never wrote the gospels, who did, nobody knows. But they do know that John, Phillip, Thomas and James wrote the gnostic gospels which teaches that Christ taught reincarnation and that wisdom (gnostic means knowledge) is our key to the Kingdom of God. That is the spiritual theme of my novel. It will interest the reader to know that the early Christian Church taught reincarnation, the novel explains why this was changed."

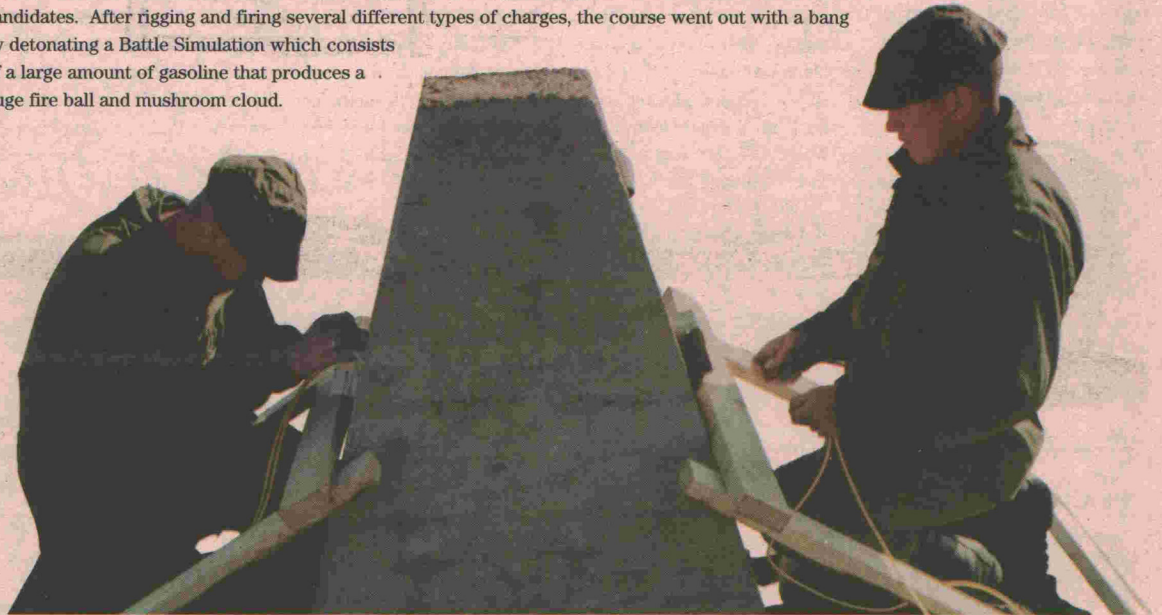
Fulham continued, "Humanity has always had to face the grim and often painful challenges of change; but I am now very concerned about the environmental crises and

Learning to make booby traps and mushroom clouds

THE BASIC PIONEER COURSE 0101

BY SGT R BARKER

The Basic Pioneer Course, one of the most enjoyable and rewarding courses the infantry still has to offer, took place between Sept 6 and 19 Oct 01. Most of the training was conducted within Building P8, on the south side, and surrounding area, where the candidates constructed various projects such as rope bridges with Gyns and shears, and defensive obstacles. To most commuters on Wilkes Ave it would appear that one week the Pioneer course was trying to escape the confines of the fence, while the next week they were fortifying the position with wire obstacles. Watermanship was one of the most enjoyable Performance Objectives on the course. Starting with training in the Lipsett Hall Pool, the course learned both reconnaissance and 10-man assault boat skills consisting of boat recovery, paddling techniques, personal floatations, and a wrap up with some relay races. Once the candidates had mastered their skills in the pool, the course deployed for two consecutive days to the Red River when paddles were discarded for outboard motors. We ventured to Lockport to learn about the locks and to the Forks where the soldiers signed autographs for a curious young school trip. During Booby Trap training, the instructors realized just how deviant the candidates could be when their minds started churning out deadly devises concealed in unremarkable objects such as magazines and food containers. The course finished with a deployment to CFB Shilo for a field phase, which consisted of a live demolition range that is always an enjoyable time for both instructors and candidates. After rigging and firing several different types of charges, the course went out with a bang by detonating a Battle Simulation which consists of a large amount of gasoline that produces a huge fire ball and mushroom cloud.



CPL Bowe (L) and CPL Barr work on their ear muff charge.

the threatening economic melt-down that Thomas Homer-Dixon, the "Global Guru" has written about in his book "The Ingenuity Gap", a best seller discussed by intellectuals, journalists and politicians around the globe. Homer-Dixon presents a somber view that "we do not have the leaders to resolve the problems and/or the problems are too complex to be resolved."

Fulham presents another view. He stated "The Black African, the Chinese coolie, the South American ghetto dweller are us in another life. When we can accept that, we have taken a major step in confronting the international problems of economic, social and environmental change. The earth we leave is the earth to which we return again and again. When we recognize that basic truth, the environmental crises suddenly looms large and threatening. For now it is our problem and it shall always be, for we are the future generations. To feed the starving millions of the world, to provide a portion of Canada's vast water resources to the drought-stricken areas of America and Mexico is not just a geopolitical game, but a strategy of self-interest to ease the pain of our 'rugged trail'. "And that", Fulham says, "is the spiritual message of his novel."

Hey Kids!

Look who's coming to
17 Wing Winnipeg!

Pictures with Santa!

CANEX ExpressMart

Tuesday, 4 Dec
1600 - 1900 hrs
\$2 per picture
All proceeds to the
United Way

CANEX

Bldg. 50,
646 Whytewold Rd.

SPORTS



New goalies for the women's hockey team

"THERE'S SOMETHING ABOUT MARY"... IN GOAL FOR THE 17 WING WOMEN'S HOCKEY TEAM

**BY CAPT DEANNA MANSON
1 CAD HQ**

Call it arm-twisting, call it rail-roading - call it what you will - the 17 Wing Women's Hockey team has finally found integral full-time goalkeepers (not one, but two!) within 17 Wing and its lodger units. For our first in a series of player pro-

files for the women's base hockey team, it is my pleasure to introduce one of our new arrivals: goalie Maj Mary Turkington.

Mary began playing hockey, in goal, as a pre-teen in Bagotville, where her Dad was posted at the time. Looking for an activity for the neighbourhood girls, her Mom (ex-military) was able to obtain ice-time at the base arena for them to play hockey. Where most of us women hockey players were restricted to playing ringette or

pond hockey with figure skates when we were young, Mary was actually playing organized girls hockey from the very beginning. She went on from there to play on a wide variety of women's and men's teams across the country through her various postings.

Maj Turkington began her career as an armourer and later commissioned and obtained her BEng at RMC. Now an AERE Officer, she is presently posted to 1 CAD HQ as the D/A4 Support Coord. The 17

Wing Women's Hockey team has been without local talent between the pipes for the past few years - calling upon 15 Wing Moose Jaw to fill that spot for tournaments and Prairie Region competitions. Mary eluded the team coordinators for awhile, until somebody let the cat out of the bag. Admittedly, there was both arm-twisting and trickery to get Mary back into playing hockey. Whether she had been intending to retire or was enjoying her time away from the pressures of

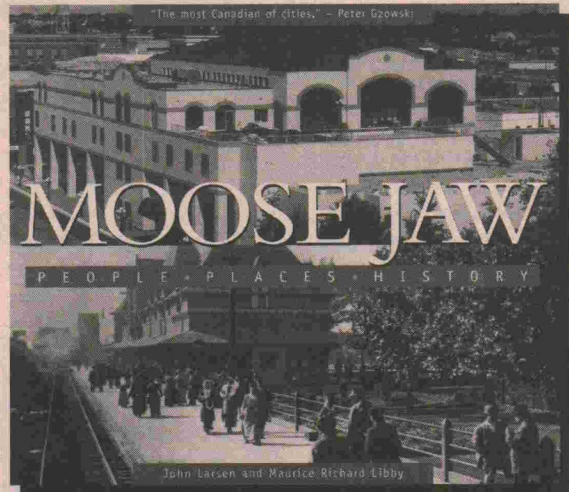
goal keeping we are not sure, but the team is ecstatic to have her join us. Mary is our primary goalie for the Canlan Icesports Women's Hockey League and will be playing most of the Base Intersection League games.

Visit the 17 Wing Women's Hockey Team web site at:
<http://www.17wingwomenshockey.freehomepage.com>

17 WING WINNIPEG HOCKEY STATS - ROUND 1, NOVEMBER 1 - 9

	GP	W	L	T	GF	GA	PTS	PIM	+/-	SUSP
A Division										
402 SQN GLADIATORS	5	4	1	0	11	16	8	2	-5	0
435 SQN "A"	5	3	2	0	25	21	6	8	4	0
2PPCLI	4	2	1	1	25	6	5	14	19	0
2VP JR RANKS MESS	5	1	3	1	13	17	3	0	-4	0
2VP WO'S & SARGEANTS MESS	5	1	4	0	20	34	2	4	-14	0
B Division										
WING CE (BEAVERS)	7	5	0	2	35	23	12	14	13	0
WSAMP	7	3	2	2	35	27	8	42	8	0
W SUPPLY/A..MS	8	4	2	0	23	17	8	54	6	4
1 CAD "GERIATRICS"	8	3	3	0	16	21	6	16	-5	0
CFANS	5	2	3	0	13	7	4	12	6	0
435 SQN "B"	7	0	7	0	8	36	0	36	-28	0
C Division										
402 HOUNDS	6	6	0	0	40	18	12	34	22	0
1 AMU	6	5	1	0	31	14	10	43	17	0
WEME	6	4	2	0	38	22	8	32	16	0
GEORGE'S FAT BOYS	7	2	5	0	30	30	4	16	0	0
DIXIE STICKS	6	1	5	0	12	49	2	6	-37	0
AIR COMMAND BAND	5	0	5	0	13	31	0	8	18	0

History worth Repeating.



Moose Jaw: People, Places, History
by John Larsen & Maurice Richard Libby

The Air Base • The Snowbirds • The Tunnels • River Street
It's all here, along with much, much more!

Foreword by Peter Gzowski.

Available wherever great books are sold.
240 PAGES ■ over 200 photos & illustrations
\$29.95 • ISBN: 1-55050-163-1



THE CHOLAKIS DENTAL GROUP

WOULD LIKE TO OFFER A WARM WINNIPEG WELCOME TO ALL NEW MILITARY PERSONNEL AND THEIR FAMILIES

Complete dental care, including:

- Dentistry for children & adults of all ages
- Our celebrated Kids Club Reward program
- Conveniently located in the Tuxedo Park Shopping Centre
- Free parking



Dr. Darren Berg and Dr. Ernest Cholakis
102-2025 Corydon Avenue • Phone: (204) 488-4564

MFRC TELEPHONE 489 7003

YOUTH COUNCIL

The Youth Council meets monthly to discuss policy, program, and have some fun. If you are interested, join us at our next meeting. The Youth Council meets on the second Monday of every month at 6:30. Our next meeting dates will be:

December 10, January 14 and February 11

Childfree Shopping

Need to get some shopping done? Would you like to wander around a bookstore by yourself? Does the idea of taking your children to the grocery store give you a headache? Why not make use of our childfree shopping. The Youth Services Coordinator and youth volunteers will look after your school-aged children at the Youth Centre while you shop. The service is free, but we will gladly accept a donation to Youth Programs. Please pre-register by the Monday prior to the day selected.

The following are planned Childfree Shopping days:

December 15 9:00 - 12:00

December 22 12:30 - 3:30

Craft Days

By popular demand the Youth Services will be holding Craft classes for Elementary School age children (must be in grade one). Please register with payment for the class (classes) of your choice at least 2 weeks in advance. Remember to state location, Youth Centre or Westwin Community Centre.

Registration is limited to 12 per session and the fee is non-refundable. Cost for each session is \$5.00 per child.

Gift for Mom - December 15 - 1:30 - 3:00

Gift for Dad - December 21 - 6:30 - 8:00

Holiday events:

In conjunction with the Community Recreation Department, Youth Services is please to offer the following activities during the Winter Holiday period. Please register in advance at the MFRC for all these events unless otherwise noted.

27 December

Skating Toboggan Party @ the Youth Centre.

Join us at the Youth Centre from 1:30 - 3:30 for an afternoon of fun & games. Enjoy tobogganing down the hill behind the Centre or games in the rink. (No hockey sticks please) Afterwards come into the Youth Centre to warm up with hot chocolate & popcorn. In case of inclement weather this event will be cancelled.

28 December

Sleigh Ride @ Unique Corral

We have booked two sleigh rides at Unique Corral. The first ride will start at 3:00 and the second at 4:00. Please register in advance as space is limited. The cost of the sleigh ride is \$5.00 per family and is payable with registration.

29 December

Pre-Teen Dance at Lipsett Hall

6pm - 8 pm

Cost: \$3.00 with Rec. Card & \$5.00 without Rec. Card

Canteen & Prizes

Teen Dance @ Lipsett Hall

8:30 - 11pm

Cost: \$3.00 with Rec. card & \$5.00 without Rec. Card

Canteen & Prizes

2 January

Glow bowling @ Academy Lanes

From 2 - 4 we invite families to join us at Academy lanes for an afternoon of bowling. You must pre-register for this event. Cost is \$5.00 per family.

3 January

Sports @ Lipsett Hall

Gym Jamboree

Ages 4 - 6

Obstacle course, fun games

10:00 - 11:30

Kid Sport

Ages 7 - 10

12 :00 - 2:00

Register from 11:30 - 12:00 at Lipsett Hall

Teams of 4 to 6 youth.

Blind volleyball, soccer, dodge ball.

Teen Rival Rumble

Register between 1 & 2 at Lipsett Hall

2:00 - 4:00

Teams of 6, maximum 4 boys on team

Blind volleyball, lacrosse, handball etc.

4 January

Pool Party @ Building 90

1:00 - 3:00

Games, free swim time & races.

Youth Centre Drop-in will be open the following

times through the Holiday period:

December 27 1:00 - 4:30 6:30 - 9:30

December 28 1:00 - 4:30 6:30 - 9:30

January 2 6:30 - 9:30

January 3 6:30 - 9:30

January 4 1:00 - 4:30 6:30 - 9:30

Volunteers enable the MFRC to offer quality programs and services to the military families in our community. Our team of Volunteers are growing daily and we want you to become a part of it. We have many flexible Volunteer opportunities and can match your skills, training and experience with a position that's right for you.

For more information on our Volunteer Program and the many opportunities, please call Nicole @ 489-7003

I WILL VOLUNTEER 2002

As International Year of Volunteers 2001 comes to a close, to highlight the importance of recruitment, the MFRC is taking part in Volunteer Canada's launching of "Resolve To Be Involved Day" 5 December 2001,

International Volunteer Day. Simply fill out the ballet below and drop it in one of our boxes located in our Nursery Schools at Lipsett Hall and Westwin Community Centre, MFRC Daycare, Building 90 Gym, The MFRC, Canex or call Nicole @ 489-7003 on or before 5 Dec. 2001 to become involved with your community by volunteering with the MFRC.

Yes! I Want to be Involved.....

I want to Volunteer with the MFRC

Name _____

Address _____

Phone # _____

CALLING ALL CHILDCARE PROVIDERS

* All community childcare providers (licensed and unlicensed) are welcome to advertise at the MFRC. Your advertisements should be on a 8 1/2 X 11 page and outline your range of childcare services including location, hours of service and contact numbers. Many Military Families are looking for care with extended/flexible hours to accommodate early timings and operational commitments. Please drop-off or fax your ad to the MFRC at:

350 Doncaster Street

FAX 489-8587

Your ad will be placed at all three MFRC locations ensuring accessibility to our entire community.

MFRC BOARD OF DIRECTORS

Helping the Military Family Resource Centre meet the needs of your community.

The Military Family Resource Centre is part of the nationally supported Military Family Support Program established in 1987.

The Program is designed to:

- ensure that family support within our community becomes part of Canadian Forces way of life;
- ensure that civilian partners of military members participate in the planning, management and evaluation of the MFRC; and
- provide through a VOLUNTEER democratic Board of Directors an objective approach to programs and services

WE NEED YOU TO KEEP IT GOING!

The Winnipeg MFRC Board of Directors provides support; assistance and guidance to the Centre's staff to ensure the programs and services provided meet the needs unique to OUR community. Through this governance role and emphasis on communication, cooperation and mutual respect the Board of Directors plays a key role in our Centre becoming an effective, high profile organization.

THE BOARD OF DIRECTORS NEEDS YOU!

The Board of Directors meets approximately once per month to discuss current and ongoing issues relating to the Centre.

The Board of Directors consists of 10-12 full voting members, the majority of whom are spouses. In addition, several ex-officio positions (non-voting) are appointed for their expertise.

As a member of the MFRC Board of Directors, you will:

- gain valuable experience in democratic procedures, grass roots planning and evaluation process;
- be part of a national organization with resource centre's all over Canada and overseas; and
- have a voice in the programs and services, which are offered in your community and how they are delivered.

FOR MORE INFORMATION ABOUT BECOMING A BOARD OF

DIRECTORS MEMBER, CONTACT THE COORDINATOR OF

VOLUNTEER SERVICES- NICOLE JOHNSON AT 489-7003

MFRC Childcare Centre

Thursdays from 9:30 - 11am

NEED HELP WITH YOUR FAMILY CARE PLAN*? CHECK OUT CHILDCARE RESOURCES AT THE MFRC

The MFRC compiles and updates a variety of childcare resource listings, which are available by stopping by the MFRC during regular working hours.

Listings include:

- All Wpg Licensed Childcare centers and family home daycares;
- Community childcare listings;
- MFRC Drop off childcare schedule;
- The MFRC Childcare Centre!;
- Long term childcare services;
- Extended Hour Childcare resources;
- 24hr Childcare and Health support services, and
- The Teen babysitters list.

*The Family Care Plan can be formal or informal and is the identification of alternate childcare providers for the times where the parent/regular care provider cannot provide care.

WHAT'S HAPPENING

Air Command Band Annual Christmas Concert

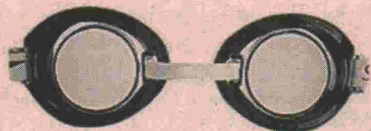
Sunday, December 9 at 7:00pm
Lipsett Hall on Kenaston Boulevard
Silver Donation or Food Donation for the MPRC,
17 Wing Community Council and Winnipeg Harvest

17 Wing Shotokan Karate Club

CLUB HOURS AND LOCATION

Monday	1830-2000 hr	Lipsett Hall south side gym
Wednesday	1830-2000 hr	Building 90 multi-purpose room
Saturday	1000-1200 hr	Building 90 gym

Club rates for rec card holders strat at \$20/month for children 17yrs and younger and \$25/month for adults, up to a maximum of \$50/month for a family.



Swim Registration

SATURDAY, JANUARY 12, 2002
0900-1200 hr at Lipsett Hall & Bldg 90
2002 session is from January 12 to March 23

CLASS AVAILABILITY

Saturday at Lipsett Hall
Tuesday, Wednesday, Thursday and Saturday at Bldg 90
Sunday evenings for advanced classes

Please register at the preferred pool for lessons.



RONALD HABING

Barrister & Solicitor

*Serving the needs of the
military community for
20 years & counting.*

- Real Estate & Mortgages
- Family Law
- Wills & Estates
- Business Law

R. HABING & ASSOCIATES

- 2643 Portage Avenue •
- Phone: (204) 832-8322 •
- Fax: 832-3906 •

WANT TO KNOW MORE ABOUT COMPUTERS?

YOU CAN WITH THESE CLASSES.
ALL YOU HAVE TO DO DO IS
SIGN UP! SPACE IS LIMITED SO
MAKE SURE TO REGISTER EARLY.
CALL 833 2500 EXT 2059 TO
RESERVE YOUR SPACE.

COMPUTER & INTERNET BASICS
NOVEMBER 24 OR JANUARY 19
SATURDAY 0900-1500 HR
COST: \$35 RECREATION MEMBERS
\$50 NON MEMBERS

COURSE COVERS

- COMPUTER PARTS
- COMPUTER CARE
- KEYBOARDING
- CREATING FILES
- BEGINNER APPLICATIONS
- LEARN HOW TO ACCESS INTERNET/E-MAIL

MICROSOFT WORD

NOVEMBER 20 - DECEMBER 4
JANUARY 22- FEBRUARY 5 2002
TUESDAY/THURSDAY 1800-2100 HR
LENGTH 15-18 HRS
COST: TBA

MICROSOFT EXCEL

FEBRUARY 7- FEBRUARY 21
TUESDAY/THURSDAY 1800-2100 HR
LENGTH 15-18 HRS
COST: TBA

MICROSOFT ACCESS

FEBRUARY 26 - MARCH 12
TUESDAY/THURSDAY 1800-2100 HR
LENGTH 15-18 HRS
COST: TBA

17 WING RECREATIONAL LIBRARY

FALL HOURS

Sunday	12 - 3pm
Monday	4 - 9pm
Tuesday	9 - 12pm
	4 - 9pm
Wednesday	4 - 9pm
Thursday	4 - 9pm

Westwin Community Centre (Building 33)
Whytefold Road by Building 90
for information call Michelle (local 2490)



Together in Church



Secretary
Carol Cochrane
Office 833-2500 ext. 5087

Sunday Services
(English only)
0930 hrs
ACC Eucharist is sometimes
offered at 1015 hrs. Check the
weekly bulletin for dates.

CATHOLIC

Chaplains
Father Guy Chapdelaine
Office 833-2500 ext. 5272

Secretary
Carol Cochrane
Office 833-2500 ext. 5087

Masses
Sat (English only) 1630 hrs
Sun
English language 1130 hrs
French language 1600 hrs

Religious Education
Religious Education classes are
available to all students from
Preschool to Grade 6. Please
call the office for information on
registration.

Confessions
The sacrament of reconciliation
is offered by appointment.
Contact the chaplain's office.

Baptisms
We recommend that you contact
the chaplain's office for an
appointment prior to the birth of
your child.

Weddings - Marriages
Contact the chaplain at least six
months in advance. A Marriage-
Preparation Course is a require-
ment.

Catholic Women's League
Meets the second Tue of the
month at 1900 hrs, in the
Chapel Annex.

PROTESTANT

Chaplains
Padre Doug Ohs
(Anglican Church of Canada)
Office 833-2500 ext. 5417

Padre Lenora Grauer
(Evangelical Lutheran)
Office-833-2500 ext 5349

Padre Brad Busch
(Evangelical Lutheran)
Office 833-2500 ext 6022

Sunday School
Sunday School is held during
the service for children ages 3
to 12, except on the last Sunday
of each month. Childcare is
provided on an as- required
basis for children under 3 years
of age.

Marriages
Six months' notice is required
for marriages, as counselling is
necessary to prepare couples
for Christian marriage. A
Marriage Preparation Course is
also required.

Baptisms
The Sacrament of Holy Baptism
is available by contacting a
chaplain. Time is required to
give sufficient instruction about
the meaning of baptism.

Protestant Ladies' Guild
The Guild meets the first
Monday of the month at 1900
hrs in the Chapel Annex. All
women are welcome.

Food Bank
The Food Bank is a joint under-
taking by both Catholic and
Protestant congregations.
Please help by giving any food
you can spare. The donation
box is located at the rear of the
chapel.

EMERGENCY CHAPLAIN
After normal working hours, the
Emergency Chaplain can be
reached through the WOPs Duty
Centre, 833-2700, or the 2
PPCLI Duty Centre, 833-2727.

OTHER PHONE NUMBERS
For your convenience, a phone
number has been set up to pro-
vide callers with information on
service times and contact with
the Chaplain of your choice.
Phone 833-2500 ext. 6800 and
follow the prompts.

COMMUNITY RECREATION

YOUTH DROP-IN
A youth drop-in program is available
to ages 9-15 at Lipsett Hall on
Saturdays from 3-6 pm. A schedule
of games including soccer, volleyball,
basketball, ultimate, floor hockey
plus special guests will be available.
The program cost is free for recre-
ation members, bring a friend for
\$2.00.

CASUAL SWIM HOURS

Bldg. 90	
Monday	6-8 pm
Wednesday	7-9 pm
Friday	6-8 pm
Saturday/Sunday	1-4 pm

Lipsett Hall	
Tuesday/Thursday	6:30-8:30 pm
Saturday/Sunday	1-3 pm

CLASSIFIEDS

FOR SALE

1 FOX FUR Jacket size 10, seldom worn, new \$2000. Asking \$500 obo. Pool Table with accessories needs work, \$7500 obo. Gas BBQ 30,000 btu's, \$50 obo. Smoker never used! Great Jerky! \$25 obo. We are open to all offers on items. Call Perry @ 895-1919 after 4 leave message.

1990 FORD CROWN VICTORIA. Air, Cruise, Tilt, Power Windows, Power Locks. Needs 4 new tires. \$2500 obo. 889-7170 evenings.

Late model KENMORE stove. 3yrs old, excellent shape. New \$600. Asking \$400 obo. Call Dan 833-2500 local 5323 or 275-5174.

SUPER NINTENDO w/ 2 controllers, case and all games for \$115 or \$10 per game. Choose from Home Alone 2, Power Rangers, Wrestlemania, Side Kicks Soccer, Star Fox, Super Mario World, Super Soccer, Monday Night Football, NFL QB Club 96, Hit the Ice, NHLPA Hockey 93, Ken Griffey Baseball, NBA Jam Tournament Edition. Call Linda at 897-3747 after 1630 hrs.

CHILD'S LOFT BED, solid pine, clear laquered. Comes with ladder and safety rail. Only a couple of years old. Ideal for child aged 4-12. Like new, well cared for. Mattress not included. Feel free to view bed already set up until 17 Nov 01, \$200 firm. Call 889-5945 for viewing.

CHILDREN'S LITTLE TIKES Art Easel \$25 & Fisher Price Figure Eight Race Track with cars \$25 both like new. Call 488-0501

N64 GAMES: Legend of Zelda: Majora's Mask, \$40. LOZ: Ocarina of Time, \$20. Golden Eye 007, \$15. Pokemon Stadium, \$30. PH: Linda 897-3747 after 1630 hrs.

Fancy 3 story HAMSTER CAGE, \$45.00 includes a Free Cute Teddy Bear Hamster. PH: 885-7560.

Kenwood portable CD Player, 10 sec anti-shock, AC adapter, Car Kit, like new \$50.00 firm. PH 885-7560.

UPRIGHT PIANO, Ennis & Co.,

Cabinet Grand, Very good condition. Great for beginners \$500 obo. PH 885-7560

PIANO. Handok Upright with bench. Excellent condition, like new. Asking \$4000. Call 487-1372.

NINTENDO 64 with 2 controllers. Asking \$90. Call 831-9658 after 1600.

1997 Neon sport, 5 spd, black ext, gre int, air, AM/FM CD, alarm. Excellent Condition, must sell. 339-6725.

6' x 4'5" Truck bed-liner "over the rail" for '98 Toyota Tacoma X-Cab. \$300. Single futn w/ frame and back rest. \$150/obo. 2 brown cushioned rocking chairs \$45 a piece. VCR & single CD player - needs some work \$60 a piece. Glass top breakfast table. \$25/obo. Call 885-7712 after 4pm.

Technics EX 10 organ with bench seat and manuals; upper and lower key boards. \$900/obo. Call 453-5870.

Contemporary sofa. Winter white with visible stitched pattern, washable throw pillows. Excellent condition, originally purchased from the Bay. Asking \$425. Phone 832-3271.

Queen size headboard w/ 2 night table, dresser w/ mirror and 4 drawers. \$300. Ph 832-1755

1994 Ford Explorer XLT. Loaded, leather, drive train warranty, new brakes, premium sound cassette and power seats. 135,000 km. New safety in June. Call Richard at 832-2823 or ext 5214.

1979 Bellevue tent trailer. 10 ft, good condition, sleeps 6. Canvas needs work. \$800. Ph 487-3287

Scuba Diving Eqpt.. Seatec BC, \$250. New wetsuit, Med (c/w hood & boots) \$200. Mask, new \$35. New fins, Med, US diver \$60. 2 Snorkels \$20. Call Wayne 294-5925

Billiard table 4x8, with accessories,

good shape \$200. Call Wayne 294-5925

New Hot Point fridge & stove. \$1000 Firm. Phone 943-7745 ext 238

Exercise Eqpt; rowin machine \$50. Hab curler and mat \$30. Hab Roller with video \$80. Vinyl weights and bars, 45 lbs. \$25. Call Wayne 294-5925

A MUST SEE! This recently decorated ready-to-move-in 1250 sq ft Bungalow, with Central Air, 2 1/2 baths, 3 bedrooms (master bedroom with ensuite), has large open kitchen and dining room with new oak cabinets and patio doors off dining area leading to new 26x10 cedar tone deck. Finished basement has full bath with shower, large bedroom, rec room, laundry room, and plenty of storage space. House is on large corner lot, with fenced backyard, 2 blocks from Kirkcaldy (k-8) School and Sportsplex. Easy access to Shilo, 20 mins. away. Phone 204-728-0675.

MINT GREEN, OLAFIN COUCH. Cleaned and scotch guarded. 5 yrs old, Asking \$350. Call 885-1720.

3 SEALED DOUBLE-GLAZED windows 3'x5' - \$5 ea. Phone 832-4074 in Charleswood.

1997 DODGE SE, 5 pass, 277K, incl 4 snow tires on rims, asking \$2200. 832-2695

1985 CAMARO - 185K, \$3200.00 OBO, new safety, new tires and rims, SONY 10 disc CD, runs well, some rust. 888-7368 or Ext 5411

1996 HARLEY SPORTSTER, mint condition, many extras. \$9000 OBO. Call 896-5413.

COMPOUND BOW; Golden eagle, new graphite limbs, 291/2, plastic case, stabilizer, quiver, 2 sets of sights, some arrows, 3 broadheads and a release. \$200 for all. INSULATED CAMOFLOUGE COVERS; SIZE 40-42, just like new. \$40. Call Rick at 831-0176 after 4:00pm.

DAY CARE PROVIDER- mother of two pre-school boys will provide day-care for children aged from 2 - 5. Non-smoking home, St. John Ambulance level C, CPR and Choking, 5 minutes from 17 Wing north. Snacks, lunches and receipts provided. Please call 897-3195.

Bedroom suite includes: Double / Queen mirrored headboard, rails, double box spring and mattress, double dresser with winged-mirror, man's tall chest, side table and lamp. \$1200 OBO. Call 254-6356.

FREE Brass "rail" headboard for full twin bed; Large Microwave, works but spring in door handle is broken; Bench seat for mini-van (red) All FREE. Call 855-7712

BUNGALOW 1250 sq ft, 3 BR, on Lg landsc lot in central Charleswood. Lg single gar, auto opener dr. 220v wired, new roof & HW tank, rec rm, 2 baths. PH (204) 832-4074.

WANTED

Goalie to play hockey with 20, 55 and over guys at The Keith Budley Arena on Mondays from 12:30 pm - 1:30 pm. Age of goalies not critical. Call Jim at 453-1959 or Dave at 489-6960.

FOR RENT

ROOM-MATE WANTED to share a house. Looking for a non-smoker, tidy, likes dogs. \$275/plus shared utilities. Call after 7:30pm 334-6306 or 897-5605.

BUZY LIZY'S CLEANING SERVICE

I am a military spouse with my own business, and I offer:

- residential or office cleaning
- weekly/bi-weekly/monthly
- moving in/out clean-up
- licensed & insured
- references & receipts

Please call **Elizabeth Durette 224-9458**



JOHN GATTA
Account Manager

GRAND & TOY

A Boise Cascade Office Products Company.

YOUR OFFICE SUPPLY DEALER...

- Office Supplies.
- Copy Paper.
- Computer Supplies.
- Office Furniture / Chairs.
- Imprinted Promotional Products and more...

"TIME. MONEY. WE SAVE YOU BOTH."
Ph. 284-5100 Fax 452-8971
Order Desk 284-9510



Great Lunches, Great Dinners

Cantonese & Szechuan Cuisine

Dine in • Take Out • Catering



1245 Inkster Blvd 487 St. Mary's Ave
2591 Portage Ave 245 King St
1380 Ellice Ave 885 Henderson Hwy
718 Osborne St

DOMENICA'S UNISEX HAIRSTYLING

2255-G NESS Whytewold Rd. in the Ness Family Food Mall

885-3665 or 832-6978
North Side



MON & TUES 9:00 am - 6:00 pm
WED to FRI 9:00 am - 8:00 pm
SATURDAY 8:30 am - 6:00 pm

- Military Cuts.....\$7
- Perm & Cut.....\$34
- Flat Tops.....\$7
- Frost & Cut.....\$36
- Colour & Cut.....\$30
- Seniors.....\$6.50
- Children's Cuts.....\$6.50
- Ladies Cut.....\$13
- Facial Waxing.....\$7
- Ear Piercing.....\$10

DUMBARTON DELI & GIFT

UNIT L. 2255 NESS AVENUE WINNIPEG, MANITOBA R3J 0Z8
Scottish Foods and Novelties



Dumbarton Castle

Badges, Crests, Team or Unit Logos etched on Glassware

Specialty and hard to find items located.

Phone: (204) 832-4420 Fax (204) 275-3355
Email: alclutha@mb.sympatico.ca

GASTHAUS GUTENBERGER GERMAN RESTAURANT

Authentic German & continental cuisine: schnitzel, beef rouladen, homemade spatzle, fine German desserts, fine wines and German Beer.
Open Daily Monday - Friday 11 am - 11 pm Saturday 4:30 pm - Midnight Sunday 11 am - 10 pm
2583 Portage Avenue (1 block west of the new bridge)
Phone: 888-3133 for reservations
- Special Discounts for Military Personnel -

TAROSCOPES

By Nancy. For appointments call 775-8368

ARIES (March 21 - April 19): When making a decision listen to your inner knowing. Too many outside opinions confuse you. It may be hard to trust yourself because of past choices but they were influenced in ways you are only beginning to understand.

TAURUS (April 20 - May 20): Stop talking about who and what is holding you back. It's old news. Feuds and perceived slights should be dropped for your own piece of mind. You've spoken out of turn sometimes yourself. Use your energy to realize your potential.

GEMINI (May 21 - June 21): It's less stable living by personal values instead of following set rules and regulations. Tight control may appear necessary, but over time it saps your energy. Learn to practice awareness so you are confident you are the one in charge of your life.

CANCER (June 22 - July 22): A need to defend yourself and your beliefs may lead you to feel trapped, vulnerable, and uncertain. Your inner strength and level of integrity are being noted. Others may come to rely on, and seek out, your advice.

LEO (July 23 - August 22): Focus on your emotional health. Work harder at staying calm. Hanging on to old hurts and grievances is harmful. Your work at moving forward encourages others by example. Too much time spent on remembering past unfairness limits your energy.

VIRGO (August 23 - September 22): Lulled by a lengthy waiting period you may miss an opportunity. You are multi-task oriented and just need the right venue to excel. You risk overextending yourself at first so remember to schedule down time.

LIBRA (September 23 - October 23): Unplanned spending increases. Working overtime may also be required. Careful not to dwell on "poor-me" thoughts you are in the same boat as many others. Attitude is the key, make sure yours is helping not hindering you.

SCORPIO (October 24 - November 21): Make a place for yourself irrespective of what your peers are saying or doing. Old friends may not understand your need to do something personally meaningful. The distorted image of you they see is the result of assumptions from the past.

SAGITARIUS (November 22 - December 21): Moving on is harder than expected. You delay until you see you can keep the memories of the good times while you go on and collect new ones. Alone or in partnership you are a force to be reckoned with so push ahead towards goals.

CAPRICORN (December 22 - January 19): An upcoming ceremony doesn't bring out the best in everyone. Your attitude of forgiveness heals some wounds but not everyone is ready to do the same. Understand all involved are equally responsible for bringing about change.

AQUARIUS (January 20 - February 18): Holiday planning will not go smoothly. You're being volunteered for more than expected. Parties should be kept small and manageable and suggest guests stay elsewhere so you have a chance to have intimate celebrations of your own.

PISCES (February 19 - March 20): Playing devils advocate may not be too popular right now. People see what they want to see. Whatever you try to fix fails. Those who try too hard for control are only fooling themselves - don't be like them - what will be will be.

SERVICE IS THE SECRET OF OUR SUCCESS

CALL TODAY FOR YOUR FREE RELOCATION PACKAGE



GRANT & KELLY CLEMENTS

FATHER & DAUGHTER TEAM
CD, FRI, R.R.S, SRES
RCA/CAF RETIRED

- One of Winnipeg's Top Producing Agents
- Top Achiever Medallion Award
- Hall of Fame Award Winner
- Re/Max Platinum Club & 100% Club each year
- Ex-Military with 26 years of service
- Selling Real Estate successfully since 1981
- Registered Relocation Specialists (R.R.S.)
- Seniors Real Estate Specialist (S.R.E.S.)
- Fellow of Real Estate Institute (FRI)
- Assisted over 2500 Home Owners
- Full Time Administrative Assistant
- Specializing in Residential Real Estate, Condos, New Homes and Out-of-Town Properties

RE/MAX REAL ESTATE INC.

300-3025 Portage Avenue., Wpg., Man. R3K 2E2

BUS: (204) 837-7000/FAX: (204) 837-7070

E-MAIL: kellyandgrant@remax-clements.mb.ca

WEBSITE: www.remax-clements.mb.ca

TOLL FREE: 1-800-361-6789

Chapman Goddard Kagan

Barristers & Solicitors

1864 PORTAGE AVENUE, WINNIPEG, MANITOBA, R3J 0H2

PH: 888-7973 FAX: 832-3461

E-Mail: cgk@mb.sympatico.ca

George E. Chapman
Alan R. Goddard
Donna G. Kagan

Kelly P. Land
Almer N. Jacksteit
F.G. Randy Woodman

Michael J. Law
Esmeralda K. Bautista
William M. Barnstead

"Our fees conform to the ERS guideline"

Representing Buyers and Sellers of Real Estate in the St. James Area for Over 60 Years

BARRY A. ROY

LAWYER and NOTARY

2643 Portage Avenue, Winnipeg MB. R3J 0P9

Phone 832-1222

Fax 832-3906

REAL ESTATE LAW, BUSINESS LAW,
FAMILY LAW, WILLS and ESTATES

20 YEARS experience serving residents of St. James

Fees conform to ERS guideline



Fly with the top guns!



DAVE LOWERY

- Customer Service is our #1 Priority
- Registered Relocation Specialist
- Top 1% of all Realtors in Winnipeg
- WREB Gold Medallion Winner
- #1 of all Century 21 Teams in Manitoba
- #10 of all Century 21 Teams across Canada

Catherine is Dave's full time licensed sales associate and as a military spouse, knows what's involved in a military transfer.

The Dave Lowery Team
Century 21 Bachman & Associates

453-7653



CATHERINE JACKSON

Your Residential Real Estate Specialist

- WREB GOLD MEDALLION TOP 1% OF REALTORS IN WINNIPEG
- Registered Relocation Specialist
- Full time licensed assistant
- Certified appraiser on staff
- Specializing in residential, condominiums, investment, recreation properties.

Stephen Patrick

PH: (204) 837-1366 www.patrickrealty.mb.ca

PATRICK REALTY LTD.

Serving Satisfied Customers since 1955!



Teamwork is the key to your success!

I look forward to assisting you with all your real estate needs.

- Relocation Specialist
- Accredited Buyer Representative
- Remax 100% Club
- WREB Medallion Award
- Seniors Real Estate Specialist (SRES)
- Member of Network of Professional Agents in other Bases



TERIE LANGEN

BRINGING FAMILIES & HOMES TOGETHER

Re/max Real Estate Inc. 300-3025 Portage Ave. Winnipeg, MB R3K 2E2

Call Toll Free 1-800-361-6789

Bus: (204) 837-7000

Fax: (204) 837-7070

email: terie@homesinwinnipeg.com

website: www.homesinwinnipeg.com



NEW ARRIVALS



Obtain them at your
Base Insurance
Office in the Main
Rec Centre



Call us or drop in to:
Baldwinson Agency

Puzzled about
Manitoba
License Plates?

- Fire insurance?
- Contents?
- Pleasure items?
- Life Insurance?

BLDG 90 (REC CENTRE)

WHYTEWOLD RD
MONDAY TO FRIDAY
8:30AM TO 5:00 PM
889-2204



ARE YOU MOVING OR RELOCATING?

CALL US FOR PROFESSIONAL & KNOWLEDGEABLE ASSISTANCE

- experienced Registered Relocation Specialist
- full Relocation Package & Listings sent immediately
- we look forward to helping you in Winnipeg or will refer you to an associate in our worldwide network.

Agatha Wren, RRS & Lee Wren
Email: awren@autobahn.mb.ca
1-800-361-6789 or 204-837-7000

Re/Max Real Estate Inc.



Carrie.com

Call DON now for your Complimentary Package

Toll Free: 1-888-880-2121

Office: (204) 987-2121

E-mail: dec@escape.ca

Over 25 years of Personal,
Professional Service.
Up to 1500 Air Miles FREE...
when you buy or sell with me.



Don Carriere



"REGISTERED RELOCATION SPECIALIST"

Trudy M. Johnson B.A.

Bus/Cell: (204)981-1529

* WREB Award Winner * Re/Max Hall of Fame * Re/Max 100% Club
Call Toll Free: 1-800-361-6798 Fax: (204) 895-3675



"25TH YEAR OF SUCCESS IN REAL ESTATE SALES"

email: trudyj@mb.sympatico.ca