

The

VOXAIR

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CHRISTMAS MESSAGE FROM THE WING COMMANDER

To all the members of the 17 Wing family, I congratulate you for your outstanding efforts and professionalism over the past year. Thank you for your contributions to the Air Force mandate, and to the well being of the Wing.

At this time of year, our thoughts naturally start to move towards our family and friends, and our plans for celebrating the holiday season. What better than to spend an afternoon on the toboggan or skating rink, or an evening bundled up in front of the fire, or outside looking at Christmas lights? How amazing it is to see the looks of anticipation on the faces of our children as they see the decorations go up, and the festivities that spring up across all parts of the countryside! These are the things that make the Christmas season so special for us, and we should remember the spirit of the times, and be both thankful and happy.

However, there are those among us, in our personal and extended families that are not so fortunate. Some do not have the means to provide, or in some cases, the ability to join in the celebration of the season. We owe it to them, our friends and compatriots, to try and make their holidays a little better and a little more comforting.

I ask that we all try and do this, in the spirit of the 17 Wing family.

On behalf of my family - Vicki, Mike and Brian - to all members of 17 Wing, at home and in places around the globe, I wish you and your families the very best for this holiday season, and throughout the coming year. May you have happy thoughts and times, and may you always be safe and secure.



D.C. McLennan
Col
WComd

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Comd 1 CAD's Christmas Message

The festive season is rapidly approaching and, as one of many traditions that occur at this time of year, I would like to pause and reflect upon the many memorable experiences that we in 1 Canadian Air Division and the Canadian NORAD Region have shared throughout the year 2000. I would also like to offer everyone my sincere wishes for a safe and most enjoyable Christmas and New Year's holiday.

Throughout this past year the men and women of 1 CAD/CANR have again distinguished themselves through their excellence and dedication. Year 2000 was greatly anticipated by many as the start of the new millennium, with all of the sense of adventure of that period in time. Others were focused on the much-heralded Y2K problem, a potential disaster to legacy computing systems and all of the systems they supported. Like many other members of the Armed Forces, our personnel went through an extensive training process and on New Year's Eve stood on guard, ready, and prepared to support Op Abacus to respond to any Y2K related problems. Fortunately, despite dire predictions, the New Year arrived with few significant concerns. As I look back on the year 2000, I believe that the benevolent arrival of the New Year turned out to be a positive omen for the remainder of the year.

In many ways this year has seen a continuation to our growing legacy of excellence. We continue to demonstrate our country's strong support for NATO actions in the Balkans through our CF-18 detachment (Op Echo) in Aviano and our Griffon deployment (Op Palladium) in Bosnia. I recently visited both groups and came away most impressed by the professionalism, excellence, and teamwork of our personnel. We continue to maintain well trained and motivated helairdets aboard naval vessels such as HMCS Calgary, that has just returned from the Gulf, and HMCS Halifax, that continues to serve with STANAVFORLANT. Our commitments to providing safe, timely, and professional airlift throughout the country and around the world continue, re-supplying Alert through Op BOXTOP and supporting our many deployed missions. On a daily basis throughout the year our SAR forces maintain their vigilance to respond whenever and wherever required to aid distressed civilian aviation or maritime vessels. This year has seen many lives saved through the outstanding service provided by our dedicated SAR professionals. Our maritime patrol community has remained busy assisting other government departments and providing surveillance to our coasts. In support of all operational flying we continue to train new personnel and maintain skills proficiency. Our support personnel, led by our MAMS personnel from 1 Aircraft Movements Squadron, demonstrated their excellence to the UN and the rest of the world in a challenging deployment this past spring to Sierra Leone. The never-ending requirement to carry out the day to day business of supporting our personnel, our Wings, and our flying operations continues for those in support and command elements. Simply

put, there is no corner of our organization that has not been busy generating or employing our combat-capable air force.

In addition to these continuing commitments, year 2000 also challenged our organizations to achieve even more in new ways. Throughout a six week period in the early spring, our NORAD forces were exercised with fighter, AAR and SAR units deploying to Inuvik for Ex Fabric Brave. Our NORAD command and control was further tested later in the spring with the highly successful completion of a NORAD Operational Evaluation (NOE) at 1 CAD HQ and 22 Wing. On the Pacific coast there were again effective operations patrolling for illegal high-seas drift net activities and migrant vessels. Op Transit completed support to the Ministry of Transportation in supporting the safe movement of nuclear reactor fuels for Canadian study and Op Megaphone provided the air insertion of tactical forces to recover the container ship GTS Katie returning it to Canadian jurisdiction. The year 2000 also saw the stand-up of our new NFTC program at Moose Jaw.

Whether we have been challenged to sustain our existing commitments or to meet new ones, the professionalism and dedication of our personnel who rise to the occasion continues to impress me. Each and every member of our Air Force team should be proud of our collective accomplishments and individual contributions. Next year, no doubt, will bring forward new challenges to sustain operations or to implement changes designed to improve our capabilities. For us to be successful, we will need many of our folk to remain committed to their military careers that I am sure will be full of rewarding experiences. Like this year, next year we can expect to see further quality of life advancements and an even clearer vision of the future as our Force Structure Exercise (FSX) plans mature. We will also see equipment improvements advance with the arrival of the new Cormorant helicopter and the advancing of the Maritime Helicopter Project, the Aurora Incremental Modernization Project and the CF18 Modernization Project. The future of the Air Force remains bright and I look forward to working with every one of you to achieve success in the New Year.

Before our attention becomes directed towards next year we have the festive season to experience and enjoy. I would like to convey a special note with my best wishes to all of you within 1 CAD/CANR who will be spending your holidays deployed away from family and friends. As difficult as these times will be, I hope that you are able to enjoy the camaraderie of those you are sharing these experiences with, that you appreciate the importance of the missions that you are supporting which contribute so much to peace around the world and that you enjoy your home-coming when you do return to Canada. For all of us fortunate



MGen J.S. Lucas
Comd 1 CAD/CANR

enough to be at home with friends and family over the Christmas and New Years period, take advantage and enjoy. On behalf of my entire family, my wife Deborah, and our children Kate, Alison and David, I wish all of you and your families the very best in health, happiness, and good times for Christmas, New Years and throughout the year 2001.

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Charitable Campaign surpasses \$60,000 goal

By Cheryl Gudz, Wing Public Affairs

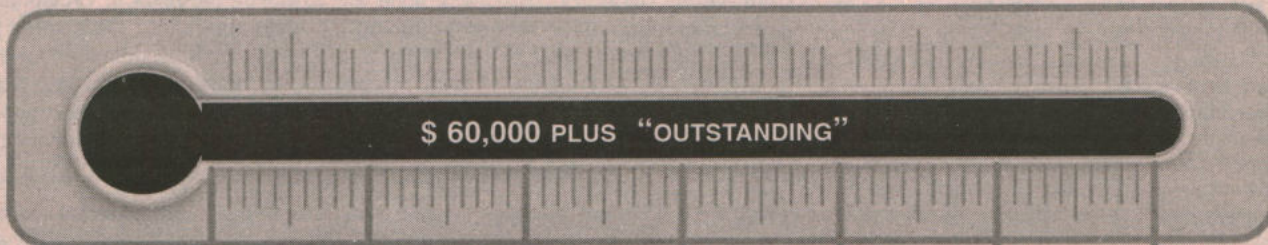
Take a bow, you deserve it.

Although most of us are already aware that 17 Wing has exceeded its goal of \$60,000 for the 2000 Workplace Charitable Campaign, it certainly doesn't hurt to hear the magical number one more time. As of November 24th, \$60,756.93 in monetary donations has been raised by personnel from 17 Wing/CFB Winnipeg. And the money keeps rolling in. This figure does not include the pledge forms yet to be received from 2 PPCLI peacekeepers stationed in Bosnia-Herzegovina. The forms are expected to arrive in Winnipeg by mid-December, says Lt John Clark, BG Assistant Adjt in Zgon, and will add an additional \$2,092.25 to the grand total with the majority of the donations (\$1786.00) coming in the form of payroll deductions.

Capt Al McMillan, 17 Wing GCWCC Coordinator says now that the campaign has come to a close and his responsibilities are winding down, he would like to officially acknowledge the hard-working and caring people who have made the campaign a winning one.

"The Campaign Coordination Committee, and myself would like to thank everybody who contributed to the success of this year's charity drive, whether through payroll deduction, cash donation, or through participation in the many special events associated with the campaign," says Capt McMillan. "I would also like to publicly recognize the efforts of this year's unit coordinators and canvassers, without whom this campaign would not have been possible."

Campaign coordinators, canvassers, and other volunteers will be publicly appreciated for their hard work in a volunteer recognition ceremony to take place early in the new year.



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Chinthe Bits

Recovery and Salvage - Winnipeg Perspective

By WO Moyer, 435 Sqn

For several years, 17 Wing has maintained a team of 16 technicians from 435 and 402 Squadrons as Recovery and Salvage (R&S) experts for the CC130 Hercules and CC144 Dash 8. In the event of a crash, this team would work at the crash site under the direction of the Flight Safety Supervisor, where they would secure the aircraft and make it safe for investigators. Once the flight safety investigation is completed, the R&S Officer would be responsible for ensuring that the crash site is returned to its' condition prior to the crash. This could include physically moving a damaged aircraft using sledges and airbags. The R&S team trains twice a year in order to be prepared for any potential crash or crash site and to learn how to use the various types of equipment they may require. The first exercise is normally a week in the Manitoba wilderness, where team members learn map reading, use of chain saws, crash saws, putting up and sleeping in tents, wilderness survival, and cooking outdoors. Army personnel, Search and Rescue techs, and team members pass on their vast expertise on the various subjects. The second exercise is normally done on base and involves practicing aircraft recovery procedures. The last 17 Wg exercise involved simulating the recovery of a CC144 Tutor with a collapsed main landing gear, laying with its' right wing on the ground. To recover the aircraft, the R&S team placed railway ties under the aircraft to create a crib for

lifting, followed airbags on the cribbing. The airbags were then used to lift the aircraft, to allow the gear to be lowered and secured. The gentle touch of the R&S team members allowed the aircraft to be towed back onto the taxiway and returned to service after minimal maintenance action.

For the last four years, Canada and the United States have also established a Recovery and Salvage Training exercise in Tuscon, Arizona. Several 17 Wg members were able to attend this years exercise, where a C130 Hercules, KC135 Tanker, F15 Eagle, and a C5 Galaxy were to be lifted with airbags. This year saw a total of 96 personnel including participants from Germany and Britain also in attendance. Recovery teams were mixed with all countries working together on the same task, employing either the Canadian or American recovery systems. After one day of classroom training, personnel were divided into 4 teams with the task to lift and/or move certain aircraft.

One team spent the day surveying a KC135 recovery site. This included stacking railway ties under both wings, the nose area, and the tail area to provide a suitable crib for the aircraft. It was then lifted with airbags placed primarily under the wings, with nose and tail supports used for stabilization/control of the aircraft. A sledge system was placed under the main and nose wheels once the aircraft was raised. Each sledge weighs approx 300 lbs when fully assembled and has to be

A PIECE OF CHRISTMAS

By Capt P.J. Gaudet, WChap

As the season of Christmas approaches, many people can become burdened by the many demands which are placed on them by others and by themselves. Functions and parties to attend, shopping for everyone on the list and worrying about what to buy, making sure everything is wrapped, getting all the decorations up in the cold weather, decorating the tree, writing those Christmas cards and sending best wishes, making sure to buy everything for the big dinner or worrying about travel plans and the anxiety of dealing with relatives that are seen once a year. Not to mention trying to live up to the spirit of Christmas, all that good cheer and that spirit of giving. Perhaps too many people try to put so much into such a short period of time, that it is no wonder they find Christmas such a stress. How did an event which started out filled with such joy and happiness become so stressful? Perhaps part of the problem could be that most people try to condense an event of such enormous proportions into a small piece of their lives. Far too often many people try to do the spirit of Christmas in a month or so,

instead of truly living the spirit of Christmas all the year round. Excuses can be made for not helping others, for not calling family and friends, for not spending time with children or loved ones. Avoiding neighbours, those at work and people that are passed on the street become a way of life. Then Christmas is used as an excuse to tie up loose ends and deal with things that have been avoided all year, before the New Year begins, and people wonder why they are stressed. Perhaps it is important to remember that the spirit of Christmas was not intended to be enjoyed only one day of the year but year round. Maybe people should try and spread the burden of Christmas over more time, perhaps the whole year. Yes it is hard to remember the spirit of Christmas at the beach in July, but nothing is impossible. If everyone tries, maybe the spirit of Christmas can last more than one month. This is not to dampen anyone's spirit, but just food for thought.

On behalf of all the 17 Wing Chaplains, I wish you a joyous and stress free Christmas. May you enjoy the spirit of Christmas all year round.

moved by forklift and pulleys. The aircraft was lowered onto the sledge, and secured in place. A pulley system was then attached to the sledge, and a tow vehicle (Mule) was used to move the aircraft. This training exercise required 3 days of dedicated effort by over 20 people. Original plans called for the Mule to return the next day to drag the aircraft off the sledge. Unfortunately, after the team had started its tear-down of the system it was discovered that the Mule would be unavailable. The team quickly reassembled the system and raised the aircraft. The sledge system was man handled out from under the wheels and the aircraft was lowered to the ground. This task was done in approximately one

hour, logging the fastest time ever recorded to lift and lower a KC135 aircraft.

A second team was presented with the formidable task of moving a C5 Galaxy. This team had placed the cribbing and airbags on top of the sledge system. This allowed them to lift and then move the aircraft while it was suspended on the airbags. They were able to move the aircraft approx two feet before the ground broke and the pins securing the pulley system were bent by the shifting weight. The ground gave way as it was still damp from the weeks previous rain, but it was the first time an aircraft the size of the C5 Galaxy had ever been moved using a sledge system. Previous years had doubted

that the aircraft could even be lifted using airbags that only generate 7/3.5 PSI pressure.

Fortunately, Canada doesn't have enough crashes in or out of the Military to support units to have a full time R&S team. The military has taken the steps to consolidate the R&S team in Trenton Ontario, and will look after not only unit aircraft but all civilian and military crash sites in Canada. It's good to see how safely our aircraft operate, and how little this excellent resource needs to be used. However, it's nice to know that when required, Canada has the ability to recover aircraft, diagnose the problem, and return the environment back to the way we found it.

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Barbara Beattie travaille avec son chien détecteur Rookie et ses collègues de l'Agence canadienne d'inspection des aliments. Ils veillent à empêcher l'entrée au Canada de produits interdits qui pourraient nuire à nos plantes et animaux ou contaminer nos ressources alimentaires. C'est un des nombreux services qui ont pour but de protéger la santé des Canadiens.

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CHRISTMAS MESSAGE FROM THE WING CWO

The festive season is upon us once again. This is the time of year where we can all reflect back on our past accomplishments and give thanks to those who have helped us throughout the year. It is also an occasion for family and friends to get together and enjoy this relaxing time that we all deserve. Whilst enjoying ourselves, we must not forget our deployed members, their loved ones and their families. We also must not forget about the less fortunate and for the wishing of peace, tranquility and goodwill throughout the world.

Canada is a leader in the promotion of peace in the world. The members of the defense team, military and civilian continue to uphold the tradition of the CF as a professional organization. Placing country before self is one of the greatest sacrifices that can be made. The Wing has gone through some organizational changes this year and yet, we have produced excellent results. I would like to welcome our new personnel and their families to the team and take this opportunity to thank those who have done the work before us. Their efforts and support is greatly appreciated.

Barb and I wish you Best Wishes for continued health and well being to you and your families in the coming year. May your first Christmas in this new millennium be the happiest ever as my wife and I, will endeavor to enjoy our first one in Winnipeg.



WCWO J.G.R.F. Emond

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Canada



Wing TIS Connects

By Capt Kilmeny Jones

It's that time of year again.... Virus season. For computers as well as people. And, unfortunately, you can't just haul your PC down to the MIR for a "flu" shot.

This time of year, people who send and receive a lot of e-mail are at a higher risk of virus infection than other times of the year. There are a lot of little holiday greeting files floating around, and some contain more than just greetings. For example, new this month is the NAVIDAD virus, spread through MS Outlook, which prevents execution of files once it's been activated. (If you wonder whether you've got it, one of its symptoms is an eye that appears beside the clock on your PC's status bar. Activating it brings up a series of dialog boxes. The first one has a large button on it, clearly labeled - assuming you read Spanish - telling you NOT to click it. If you do, the virus is triggered.)

So what can you do about the virus problem? You could always stop sending and receiving e-mail, but most people don't find this a very attractive option. There are, however, a few basic steps to follow to make your computer - and everything on it - that much less prone to infection.

First, don't open e-mail from people you don't know. Many viruses commence infection when e-mail is opened.

Second, don't open (or execute) e-mail attachments if you aren't expecting them, or can't identify or validate the originator. A significant percentage of the viruses circulating today are MS Office macros. Opening, for example, an MS Word document containing such a macro causes the code to execute, and activates the virus. Similarly, a number of viruses are the unexpected side-effects of some 'joke' executable files that circulate.

Third, if you are downloading anything from the internet, make sure that you trust the site from which you are downloading. It's a lot safer to download something from a bona fide software producer than, say, from crackers-r-us.com. (By the way - so far as I know, no site by this name exists. Yet.)

Fourth, invest in virus detection software. It doesn't cost that much, and can save you a great deal of time and frustration. This is the closest you can come to giving your computer that "flu" shot.

Finally, once you have acquired virus detection software, keep it up-to-date. New viruses appear regularly, and so the basic data files that your software uses to look for viruses also has to update regularly. Generally, you can download these updates free of charge from the website of the company from whom you acquired your software.

If you discover that your computer has developed something already, go to some of the virus detection sites. Many contain information on ridding yourself of the problems, once you've become infected. Viruses do not have to ruin your day.

Wing TIS Sqn wishes you and your computers a safe and healthy holiday season.

L'agenda 2001 de l'Armée est arrivé



Un calendrier conçu pour l'usage des soldats sera mis en vente dans tous les points de vente CANEX fin novembre. Il comprend des photos couleurs de la Force régulière et de la Réserve en action, et présente chaque mois, séparé par un onglet rouge, un aperçu du mois ainsi que des photos de missions, d'opérations, de séances d'instruction et de matériel.

L'agenda 2001 de l'Armée, de 14 x 22 cm, donne un aperçu d'une semaine à la fois et s'adapte à de nombreuses couvertures d'agenda grâce à son design à sept trous.

Des faits et des statistiques sur l'Armée, un petit lexique, une page du décompte des jours avant les affectations ainsi qu'un carnet d'adresses se trouvent à la fin de l'agenda. Seulement 900 exemplaires, au prix de 19,99 \$ chacun, sont disponibles.

Army Agenda 2001 now on sale

A calendar designed with the soldier in mind goes on sale at the end of November at all CANEX outlets. It features coloured photos of the Regular Force and the Reserves in action and each month-tabbed in red-has a month-at-a-glance page and photos of missions, operations, equipment and training.

The Army Agenda 2001 measures 14 cm by 22 cm, displays a week at a time and fits in a variety of agenda covers because of its seven-hole design.

At the back are special pages with additional facts and figures about the Army, including a small glossary, posting countdown page and an address book. Only 900 are available and they sell for \$19.99.

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CHRISTMAS MESSAGE FROM THE INTERFAITH COMMITTEE ON CANADIAN MILITARY CHAPLAINCY

The Christmas season means many different things to different people, however, the theme of peace seems to touch a special chord. Christmas in our culture represents an opportunity to spend time with family and friends sharing meals and gifts. Sometimes it is difficult to find time for yourself in all the hustle and bustle. This task becomes even more difficult in countries torn apart by violence and war.

Christ was born in an occupied land fraught with violence as extreme as any we know today. Despite that fact, He became the Prince of Peace. A Prince without a crown or jewels, a Prince Whose sole purpose was to help each and every one of us and Who loved us so much that He laid down His life for the good of humankind.

It goes without saying that our colleagues in the Canadian Forces are giving unsparingly to keep the peace and guarantee better lives for the people of the world. The families of our service men and women are also making an enormous sacrifice, one that has been too long taken for granted.

So we thank God for all the men and women of the Canadian Armed Forces, their families, and employees of the Department of National Defence who are showing us that the mission of peace must continually be rediscovered and reexamined.

We can only hope and pray that during this Christmas season each one of us can play a role in this search for peace, not only in the world that surrounds us but also, and most importantly, within our hearts and our lives.

May the God of peace be with you and yours, and may you know the peace of the Christmas season.

On behalf of the Interfaith Committee of the Canadian Military Chaplaincy,
 Monseigneur Donald Theriault
 Chairperson

ROYAL MILITARY COLLEGE CO-ORDINATOR APPOINTED

For several years, the Royal Military College has offered university courses to members of the Canadian Forces community. Because of the growth of the program and the increasing demand for student support services, the College recently awarded a contract to WJR and ASSOCIATES to assist it in providing an enhanced level of service. This company, headed by Mr. Bill Riddell, has been responsible for the administration of the Canadian Forces Community College Network (CFCCN) since its start up in 1995. Mr. Kenneth J. Garrity, the CFCCN Co-ordinator for CFB Winnipeg will now also be the RMC Co-ordinator. The office for the CFCCN/RMC Co-ordinator is Rm 125, Bldg 33 (Westwin Community Center across the hall from the Library) and the telephone number is 833-2500 Loc 5115.

With a local co-ordinator available on a regular schedule, members of the base/wing community will have opportunities to discuss earning an undergraduate or graduate degree with RMC or with partner universities. RMC grants a significant number of university credits for specific military training and experience. Earning a degree, which recognizes your prior learning, is a major attraction for many adult students.

Organizing a schedule of university courses when members of the community are available will be critical to the success of the program. Shortly, there will be a major survey undertaken to determine areas of academic interest and scheduling preferences and requirements.

For more information and a chance to discuss the university degree designed for members of the Canadian Forces community, contact your CFCCN/RMC Coordinator at 5115.

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Olympian Visits 17 Wing Flying Tigers Swim Team

By Esther MacKinlay

On Nov 25th the Flying Tigers Swim Team (FTST) was visited by Olympic athlete Rhiannon Leier. Rhiannon is presently Canada's top female 100 metre breast stroker, and represented Canada in this event at the recent Olympics in Sydney. She is also hot off of a silver medal performance at the world cup in Edmonton earlier in the month. We also discovered that she is a gifted speaker as well as a nice person.

Many of the Flying Tigers have been following Rhiannon's progress since early Spring after watching her awesome swimming at local meets, and upon hearing that she was going to the Olympic trials in Montreal. She was then an athlete we could identify with while watching the Olympic games on television, as though she was part of our team. Rhiannon regaled the team with her memories of her early swimming career, as well as anecdotes from the recent Olympics. The talk was accompanied by a slide show presentation, of which the highlights were shots of great Australian scenery, Rhiannon with Australian swimming sensation Ian "the Thorpedo" Thorpe, and an



Olympian's view of underneath the giant Canadian flag during the closing ceremonies.

The Flying Tigers responded to Rhiannon's exciting presentation with a flurry of questions. Ellie wanted to know what Rhiannon's favorite stroke was - breast. Oliver asked what Rhiannon's time was for 100 fly - around 1:09. Adam needed to know what an Olympic qualifying time was for the 50 free - around 23 seconds.

Kristen wanted to know whether you could still be a good swimmer if you were short, to which Rhiannon responded that even she used to be short. The FTST president simply inquired whether Rhiannon would like to join our club - no response.

Following the presentation, Rhiannon mobbed for autographs as though she were a movie star. The swimmers then hit the pool for a regular Saturday afternoon swim practice, fully pumped and motivated. Perhaps Rhiannon's message had made an impact, "set yourself a goal and make it hard. Work hard, believe in yourself, and you can achieve it."

Christmas Stamps

Each year in November many countries issue stamps to celebrate Christmas. Canada issued its first Christmas stamps in 1964, following the USA by one year. This year Canada has issued three stamps,



for domestic, USA and international rate cards and letters. The stamps show traditional scenes, interpretations of the Nativity of Jesus of Nazareth. The artists are all exceptional, as each of them is disabled and is a member of the Association of Mouth and Foot Painting Artists. They are Theresa Helen "Susie" Matthias of London, Ontario (46¢), Michel Guillemette (55¢) and David Allan Carter (95¢) and Kelly Burke of Halifax designed the stamps based upon the artists' paintings.

Some collectors argue that Canada issued the world's first Christmas stamp in 1898. In that year we issued two stamps that showed a map of Earth with the British Empire in red to publicize Imperial Penny Postage. The stamps also carried the inscription "Xmas 1898" and are thus seen by some as being Christmas stamps, even though the celebration of the holiday was not the reason for their issue. The honour for the first Christmas stamp if this one of Canada is not counted likely goes to Hungary, which in 1943 issued a set of three-stamps celebrating the Nativity.

-Alf Brooks

17 Medical Squadron

The staff of 17 Medical Squadron want to wish you and yours a safe, healthy and happy holiday season. May your time off be spent with loved ones and relaxed. In case you do need our services please note the following hours of operation over the holiday season.



MON	TUES	WED	THURS	FRI	SAT	SUN
				22 Closed 1200	23 Open 1000-1200	24 Open 1000-1200
25 Closed	26 Closed	27 Closed 1200	28 Closed 1200	29 Closed 1200	30 Open 1000-1200	31 Open 1000-1200
1 Closed	2 Closed 1200	3 Closed 1200				



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Please ensure name and unit appear on the back of any photographs submitted for publication in The Voxair. The Voxair does not guarantee the return of photographs which do not bear name and unit on back.

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Inspection team heads for Bosnia

Ottawa — December 1, 2000

OTTAWA - General Maurice Baril, Chief of the Defence Staff, announced today that he is dispatching a six-member inspection team to Task Force Bosnia-Herzegovina to review and examine operational policies and practices in light of a number of recent incidents, within the theatre of operations. Headed by MGen Jan Arp the team will arrive in theatre this Saturday and is expected to report its findings to General Baril by late December.

"The deployed Battle Group has performed very well to date. However, a number of incidents in a short time-frame have caused me concern" said General Baril. "While these occurrences may turn out to be coincidental, I must be able to assure Canadian Forces members and Canadians that policies, procedures and the command structure in theatre, as well as pre-deployment training conducted in Canada are sound," he said.

The Canadian Forces is continually reviewing its practices and procedures. The checks and balances within the system, which have been significantly improved in the past decade, provide early indications to senior officers of potential areas of concern. MGen Jan Arp's team will review and report on the following areas:

- a. policies and procedures, especially regarding alcohol;
- b. leadership in theatre;
- c. any indications of system failures in Force Generation (the process for selecting and training soldiers before they deploy); and
- d. any other relevant factors.

The Joint Inspection Team will be led by MGen Jan Arp, Commander of Land Force Doctrine and Training System and will include Colonel H. Marsh, the Land Force Command Inspector, a legal advisor and three other team members.



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1

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Après le 31 décembre 2000, vous ne pourrez vous procurer que le permis de possession et d'acquisition au coût de 60 \$. (Pour obtenir ce permis, vous devrez réussir le Cours canadien de sécurité dans le maniement des armes à feu ou l'équivalent.)

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2

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Canada



What's Happening

WING RECREATION LIBRARY

Library Hours for the Holidays:

22 Dec 4-9pm
 23-26 Dec Closed Merry Christmas
 27, 28, 29 Dec 12-5pm
 30 Dec - 1 Jan Closed Happy New Year
 2-5 Jan 12-5pm
 6 Jan Closed
 7 Jan 2-5 Starting Normal Routine
 Telephone: Michelle at 833-2500 loc 2490

I would like to thank everyone for supporting the Library and for making this the best year yet. This year has seen the donation of hundreds of books well over 70% have been processed and read.

Volunteers make any job easier and whole lot of fun, thank you volunteers for your help with the many projects we have done this year.

This year we have had a successful "I Love to Read Month" in which many of our readers ventured out in the cold.

Speaker from Australia who helped three of our members receive First Place in their science fair project. Air Command Band made a visit and helped renew a love of music for our young visitors. We talked about the weather, saw different gems and their formations. Scrapbooking fever made its way to the Library as we crafted the first of many scrapbooking pages, bookmarkers and doorhangers.

Junior Reading Club, which meets every Sun 3-4:30 has been a great success.

Thank you Phillipa Jones for taking on this fun group. Coming soon to the Library, Story Time, to start in the New Year, contact the Library for times and start date.

From my family to yours I wish everyone, Merry Christmas and a Happy New Year.

Heurseue Annee.

17 WING WOODWORKING CLUB

Located: Building 33 (Family Resource Centre)
 Hours: 24 hours a day seven days a week.
 Cost: \$50 + GST per year individually or \$75 + GST per family(over 18 yrs of age).
 Equipment: Full compliment of stationary and hand tools.
 Sales: Limited supply of hardwoods.
 Discounts: Hardware store discount cards and access to wholesale lumber.
 Contacts: Pres: Capt Steve Wilson 6674, V Pres: Cpl Marco Fillion 2327, Treas: WO Greg Speakman 5555, Sec: Capt Sylvain Gazaille 5154, Equip Mgr: Sgt Gilles Lantagne 5305

17 Wing Ceramic Club

Hours of operation are as follows:
 Sun - Tues 1800 - 2200
 Office closes at 2000
 Phone 833-2500 ext. 2496
 Building 33, Westwin Community Centre
 Whytewold Road
 17 Wing Ceramic Club
 Hours of operation are as follows:
 Sun - Tues 1800 - 2200
 Office closes at 2000
 Phone 833-2500 ext. 2496
 Building 33, Westwin Community Centre
 Whytewold Road

ARE YOU READY FOR CHRISTMAS???

Having trouble finding that perfect gift for the one you love.....why not try ceramics. People will love getting something homemade straight from the heart. We have a wide assortment of Christmas molds to choose to from. Come in and see what we have.

We also offer a wide variety of molds to choose, ranging from those little kitchen caddy's that everyone loves to the most intricately detailed ornament we all like to admire. Join us and you'll find out why so many people love our craft.

If you require information please contact June at 888-6059, Cindy at 885-6718 or Michelle at 831-0113.

"Help, I Need Childcare!"

For CF members deploying on short notice and to support the families of members who are employed away from home...

You can access the MFRC Deployment Emergency Childcare Service 24 hrs by calling 935-7733



Your call will be answered through a paging system. Be prepared to leave a number where you can be reached.

Through phone consultation, the DEC Coordinator will assist in determining your childcare needs and the services available to meet them.

Funding is available to fully cover reasonable costs for the first 72 hrs of care and a portion of an additional 3-6 days.

Every effort will be made to identify childcare within an hour.

Call Catherine Chatterley for more information 489-7003

The Manitoba Government supports and facilitates quality childcare through strict operating regulations and licensing. The DEC program ensures quality service and support to our members through referral and promotion of licensed ECE professionals & regulated services.

Together in Church



CATHOLIC

CHAPLAIN: Father Paul Gaudet 833-2500 ext. 5272
PASTORAL ASSOCIATE: Padre Tess Drabick 833-2500 ext. 5349
SECRETARY: Carol Cochrane 833-2500 ext. 5087
MASSES: Sat 4:30 PM, North Chapel
 Sun 9 AM, North Chapel & Sun 11 AM South Chapel

RELIGIOUS EDUCATION: Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

CONFESSIONS: The sacrament of reconciliation is offered by appointment. Contact the Chaplain's office.

BAPTISMS: We recommend that you contact the Chaplain's office for an appointment prior to the birth of your child.

WEDDINGS-MARRIAGES: Contact the Chaplain at least six months in advance. A Marriage Preparation Course is a requirement.

CATHOLIC WOMEN'S LEAGUE: Meets the second Tuesday of the month at 1900 hrs alternating between the North and South Chapel Annexes.

PROTESTANT

CHAPLAINS

Padre Doug Ohs (ACC) - Office 833-2500 ext. 5417
 Padre Brad Busch (Evangelical Luth) - Office 833-2500 ext. 5785
 Padre Kevin Klein (Luth) - Office 833-2500 ext. 6022
 Padre Bob Sparks (Presbyterian) - Office 833-2500 ext. 2267

SECRETARY: Carol Cochrane - Office 833-2500 ext. 5087

SUNDAY SERVICES: 0900 hrs South Chapel & 1100 hrs North Chapel

ACC Eucharist is sometimes offered at 1015 at the North Chapel. Check the weekly bulletin for dates.

SUNDAY SCHOOL: Sunday School is held during the service for children ages 3 to 12. Childcare is provided on an as required basis for children under 3 years of age.

MARRIAGES: Six months notice is required for marriages as counselling is necessary to prepare couples for Christian marriage. A Marriage Preparation Course is also required.

BAPTISMS: The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

PROTESTANT LADIES GUILD: The Guild meets the first Monday of the month at 7:00 PM in the North Chapel Annex. All women are welcome.

FOOD BANK: The Food Bank is a joint under-taking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

EMERGENCY CHAPLAIN: After normal working hours, the Emergency Chaplain can be reached through Wing Ops at ext 2700 or 2 PPCLI Duty Centre ext 2727.

OTHER PHONE NUMBERS: For your convenience, a phone number has been set up to provide callers with information on service times and contact with the Chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

Special Christmas Services

Following services will be conducted in addition to regular weekend services.

Roman Catholic

Sunday, 24 December	0800hrs	St Marguerite Bourgeoys Chapel (North) 2235 Silver Ave (off Whytewold)
	1000hrs	St George's Chapel (South) 455 Kenaston Boul (off Grant)
Monday, 1 January	1100hrs	St George's Chapel (South) 455 Kenaston Boul (off Grant)

Protestant

Sunday, 24 December	1800hrs	Family Service St Andrew's Chapel (South) 455 Kenaston Boul (off Grant)
	2100hrs	Eucharistic Service Chapel of the Good Shepherd (North) 2235 Silver Ave (off Whytewold)

Note: Regular 0900 hrs Sunday service at South Site is cancelled for 24 December



MFRC



Célébrons la Nouvelle Année!

Cette année, commencer la nouvelle année 2001 en beauté et en français!

Le Party aura lieu:
le 1er janvier, 2001
Annexe de la Chapel Nord
3pm

Nous demandons à chaque familles d'apporter un plat à partager.

Vous devez confirmer votre présence avant le 27 décembre 2000 en contactant Lucie au 896-6499 ou au 489-7003

Faites vite les places sont limitées.

"Feels like being on a Roller Coaster"

By Lucie Lapierre, MFRC Reserve Support Coordinator

Yes, it sure does feel like it! The first few months of a deployment can make you feel like you are going up and down depending on the emotions of the moment. You may feel lonely, frustrated or anxious but on the other hand you may feel more independent and proud of what you can achieve by yourself. We are now entering the second month of the deployment called Operation Palladium Roto 7 to Bosnia and already a lot has changed at home. Many support groups have been created and are running at full speed by now. The Military Family Resource Centre is one of these groups that can help you cope with the situation. It is also a place where you can meet people, enjoy community activities and be an integral part of the centre. The Reserve Support Program is designed especially for the families and friends of reservists. The full range of services offered at the MFRC is available to you and your family. Special activities are held for you to initiate contact with other family members of reservists serving in Bosnia. Publications and materials that are related to this deployment are also available with a focus on the issues experienced by families of reservists. To all of you, I wish you good luck with this deployment and invite you to visit the Winnipeg Military Family Resource Centre. See you soon!

The staff of the
Winnipeg Military Family
Resource Centre
wish you and your family a
happy holiday season and
all the best for the
New Year.

Volunteer Help Needed

Volunteers are a very important entity at the MFRC. We need your help! The youth centre needs supervisors for after school and evening programs. **Help keep the MFRC Youth Centre a safe place for our kids to hang out.**

Op Palladium Family Group is organizing lots of fun special events for families. This group is always looking for new ideas! There is also a need for volunteers to help maintain the Drop In Centre.

If you are wanting to make your deployment go by faster why not get involved?

Volunteers are also needed for the Community Council Thrift Shop!

There are many more volunteer opportunities at the MFRC. **Please call and find out how you can make a difference!**
Contact Celine @ 489-7003

Youth Services

Sleepover at the Museum of Man & Nature

On Friday, Dec 29th the MFRC Youth Services will be holding a sleepover at the Museum of Man and Nature.

After arriving at the Museum at 6:30 we will explore the Science Centre, Nonsuch, Urban Gallery and the Planetarium and have a snack of pizza. There will be a treasure hunt and flashlight tour of the galleries! By then we'll be tired, it will be bedtime in the Science Centre. Parents will pick up their campers at 9:00am Saturday.

The cost of the program is \$25.00 per camper. (If you have a Youth Centre Membership the cost is \$20.00.) This program is open to all school-age children.

Adult volunteers are welcome. If you would like more information, please contact Diane at 488-8563. Please register by November 24th with payment. This program will not take place if the minimum registration does not occur.

Middle School & High School Dance

There will be a Middle School and High School dance on January 6th, 2001 at Lipsett Hall. These dances are open to all Middle and High school students of the military community and their friends. A canteen will be available.

Middle School Dance 6:30 - 8:30

High School Dance 9:00 - 11:00

Identification may be required.

Cost : \$3.00 for Rec. Card holders

\$4.00 for non-Rec. Card holders

Volunteer Youth Corps

Teens - are you bored?

Are you looking for something to do?

The MFRC is looking for new members in the Volunteer Youth Corps. We provide training, leadership development and ongoing assessment. The Corps works in the community through various activities. These include special event set up & tear down, facepainting, working canteens, flyer deliveries, childcare and supervision of programs in the Youth Centre. There is also a junior Youth Corps for anyone 10 - 12.

Volunteering is a great way to meet new people, learn new job skills, make friends and it looks great on your resume.

For more information, contact Diane Brine at the MFRC Youth Centre, 488-8563.



History of Womens Hockey in the CF

By Captain Deanna Manson, 1 Air Movements Squadron Winnipeg



The year 2000 marked a significant event in the history of womens hockey in the CF with the advent of the first-ever National Invitational Womens Hockey tournament held at CFB Borden in April. Although it might seem on the periphery that hockey is a relatively new arrival to the National Sports Program for women, that is actually not the case. In fact, womens hockey teams at many bases have been in existence for upwards of ten years, and female military members of the Regular and Reserve Force have been very active in community hockey programs for even longer.

At this early stage in the official womens hockey program, every Region runs things a little differently depending on the numbers of players and full teams that are on each Base and Wing. Here in the Prairie Region we have the luxury of having a full-blown Regional Invitational tournament in which four teams compete. Full teams are fielded by 4 Wing Cold Lake, Garrison Edmonton, 17 Wing Winnipeg and CFB Esquimalt (representative of the Pacific Region), with additional players coming from 15 Wing Moose Jaw, CFB Shilo, CFB Saskatchewan and Thunder Bay Garrison. An all-star team is scouted from this tournament by PSP staff to represent the Prairie Region at the CF National Invitational. Other regions that are not able to host actual tournaments run training and selection camps to promote the sport and choose their Regional team. The result is a very dynamic and exciting National Invitational tournament.

The history of many of the Base and Wing teams out there is far-reaching. Teams at 4 Wing Cold Lake and 14 Wing Greenwood, for example, have been active since 1992/3, competing in Base Intersection leagues and local tournaments. The roster at CFB Esquimalt has always been substantial, and this year that team boasts over forty players and four goalies. Very competitive teams such as that at BFC Valcartier have been contenders in the Val Belair Womens Hockey League year after year. In other locations such as Ottawa, Kingston and St Jean, many players are involved with local teams but not necessarily organized into a single base team at this time. In February 1999, 17 Wing Winnipeg hosted an invitational womens hockey tournament at which players and teams from eleven different bases attended. The advent of various Regional events and National Invitational tournaments has resulted in greater interest at all locations to organize full teams and capture more players in the program. This year 17 Wing Winnipeg is carrying a roster of eleven players for the Intersection League team (with the stage-name of the "Dixie Sticks"), with an additional seven players that may be available for the Regional Invitational tournament to be held at 4 Wing Cold Lake. These numbers represent more players than have ever been involved in womens hockey at 17 Wing in the past and do not take into account that five players from 2 PPCLI are presently deployed to Bosnia on Op Palladium.

Why encourage women to play hockey at a competitive and organized level within the CF? For the same reason that the mens base hockey program and the plethora of other team sports have been so successful over the years: the benefits of increased level of fitness and camaraderie are limitless. Horizons are substantially expanded as players from any number of backgrounds, components and trades come together to compete. Organized tournaments enhance rivalries and friendships alike. And that is what it's all about.



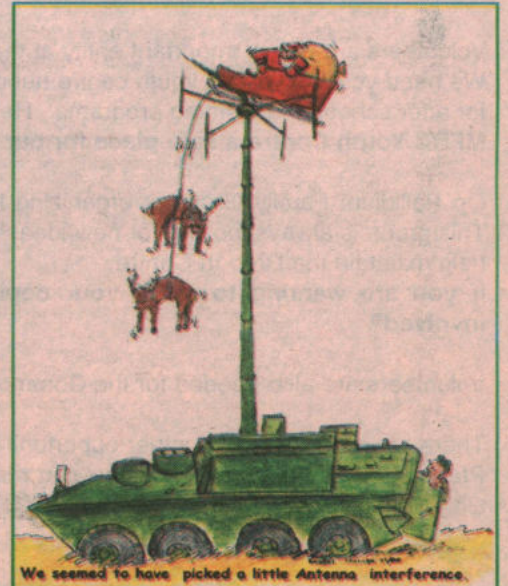
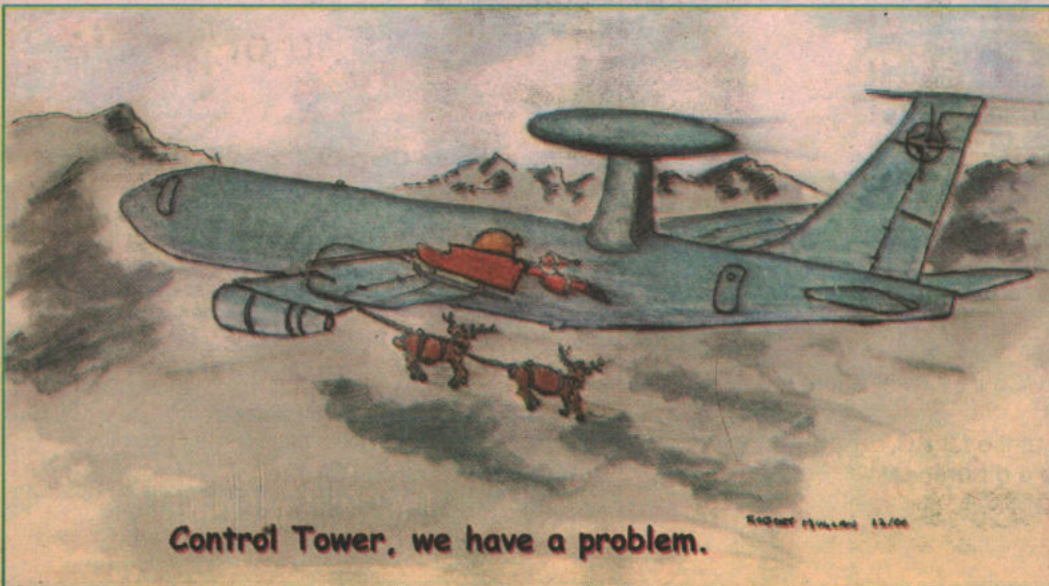
Coach LCol Carl Hussey, 1 CAD HQ A5 Compt explains a drill to Capt Deanna Manson, Cpl Tammy Dow, MCpl Cindy Kennedy and Maj Cheryl Walton-Simm. Sgt Mark Simm assisting Coach Hussey, prepares to run the drills.



MCpl Cindy Kennedy and Capt Deanna Manson tangle in front of the net during a vigorous practice.



Cpl Tammy Dow tries to re-direct a shot from Maj Walton-Simm. Sgt Simm and Sgt Guillemette put the girls through their paces at practice.



17 Wing Sgt Seminar

During the week of 20 - 24 November 2000, 17 Wing conducted its annual Sgt Seminar. This seminar is designed as an NCM professional development program for all Sergeants in Air Command. It is aimed at providing the necessary tools for the participants to perform their supervisory duties effectively. The seminar curriculum includes: Leadership, Management, Dress and Department, Drill, Morale and Esprit de Corps, Interviewing and Counselling, Supervisors responsibilities in a mixed gender service, Addictions, Ethics and Ethos, Military Law, Security, Recorded Warning/Counselling and Probation to name a few. As you can see the subjects were varied and often provided the subject matter experts with very lively discussions/debates based on the diversity of background and experience of the participants. All candidates were presented with certificates and should be congratulated for their participation in this most important professional development program. BZ



Front Row (L to R): MWO B. Verreault, Course Administrator, CWO Martin, AWCWO, Col McLennan, WComd, Sgt Campbell, Course Senior
 Centre Row: Sgt Mathieu, Sgt Fagan, Sgt Rodgers, Sgt Burgess, PO2 Miller, Sgt Kaczmarek, Sgt Augot, Sgt Lindsay, Sgt Coulombe
 Back Row: Sgt Maschio, Sgt Smith, Sgt Faucher, Sgt Gauthier, Sgt Olson, Sgt Hudson, Sgt Mutch, Sgt Crete



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SEASON'S GREETING

The Holiday Season is a time for family, friends, sharing old memories and creating new ones.

It is a real pleasure at this holiday time to say "Thank You" to all our past and present clients as well as associates we have had the privilege to work with over the past year.

"Happy Holiday" and may each moment of your holidays hold a special happiness for you. Our Best Wishes for the coming year!

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 Web Site: www.remax-clements.mb.ca

Special Service Medal with Nato Bar



B Gen D.L. Lucas presented the Special Service Medal with NATO Bar to 55124 Master Corporal C.M.Scouse (retired). The Special Service Medal has been awarded to him in recognition of his service with the North Atlantic Treaty Organization (NATO). MCpl C.M. Scouse (retired) served in Germany from 14 September 1968 to 13 September 1971.

End of an Era



Cpl Chris Spafford, AVN Tech and former Safety Systems Tech, packs the last CT-114 Tutor parachute to be used at 17 Wing Winnipeg. The Central Flying School will cease flying the Tutor in 2001.

Photos By: Cpl Bill McLeod, 17 Wing Imaging



A true 'survivor'

By Cpl Brian P. Baldwin, Maple Leaf

17 WING WINNIPEG - A portable stereo and a new reason to continue loathing Spam are just a few of the things Sergeant Jonathon ("Crunch") Haines, a survival instructor from the Canadian Forces School of Survival and Aeromedical Training (CFSSAT) at 17 Wing Winnipeg, is taking home after making it to day five in a local "Survivor" contest.

The contest, a miniature version of the popular television reality show, was held in early October in a downtown Winnipeg compound erected outside 92.1 CITI FM studios. To kick off the event, real Survivor star Susan Hawk made an appearance and continued to phone in for on-air updates.

The contest, admitted Sgt Haines, had little to do with his brand of survival: training aircrew the art of environmental survival. "This is nothing compared to what we do in survival-it's totally urban," he said. "Survival [here] comes with your ability to stay in the compound and not be voted off."

Unlike training courses at CFSSAT-where they try to ensure the most realistic and probable conditions for training aircrew in the art of survival, evasion resistance and escape-there was no need to forage because everything was provided. Although, considering their diet of rice and Spam, contestants might have welcomed that opportunity.

Over the 12 days, contestants banded into two camps and competed against each other for prizes. Like the real Survivor, the losing team was forced by the dreaded tribal council to vote off one of its members. Such was the fate of Sgt Haines on day five.

The contests, although strange in nature, were often more amusing than the challenges on the real Survivor show. Imagine a team competition to assemble gas barbecues. When asked if he'd learned anything about himself from the contest, Sgt Haines replied, "Not really." However, coming from an environment stressing teamwork he learned that "people can be a little cutthroat."

If you haven't had enough Survivor, tune in to the season premiere on January 28, 2001, right after the Super Bowl.

Cpl Baldwin is with 3 Canadian Forces Flight Training School at Portage La Prairie, Man.



Instructors at CFSSAT, like Sgt Jonathon Haines, teach students camouflage techniques, a key element of survival in the real world.

Photo: Kristina Davis

BECOME A MEMBER OF THE AIR CANADA FAMILY

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AIR CANADA

At Air Canada, we want to fly higher when it comes to employment equity. We therefore encourage applications from Aboriginal peoples, women, members of a visible minority and persons with a disability.

STRUCTURES MECHANICS - #00-1620M

You must have a minimum of 4 years' experience working on aircraft in Sheet Metal and/or Composite work. Your responsibilities will include aircraft structural repairs and modifications, and completion of work related to service bulletins. This work will be carried out with the aid of engineering specifications, manuals or drawings. Possession of a Transport Canada (MOT) "S" license is desired.

AIRCRAFT MECHANICS - #00-1680M

You will be responsible for Airframe Maintenance. You must have completed a recognized apprenticeship program, and/or have at least 4 years' industry related experience. Possession of a Transport Canada (MOT) AME "M2" license is desired.

AVIONICS MECHANICS - #00-0325M

You will be responsible for scheduled maintenance, defect rectification and troubleshooting Company and customer aircraft. You must have completed a recognized apprenticeship program and/or have at least 4 years' industry related work experience. Possession of a Transport Canada AME license is desirable.

Submit a resume including copies of relevant licenses and quoting the appropriate competition number by December 30, 2000, to: Canadian Airlines International Ltd., Employment Services, 6001 Grant McConachie Way, Richmond, BC. V7B 1K3. Fax: (604) 276-3607. E-mail: employment@cdnair.ca

YOUR RESUME MUST BE LASER PRINT QUALITY, STANDARD FONT SIZE 12 OR GREATER, NO BULLETS, BOLD TEXT OR BORDERS. APPLICANTS WHO HAVE APPLIED IN THE PAST 6 MONTHS NEED NOT REAPPLY AS WE MAINTAIN RESUMES ON FILE.



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Only applicants under consideration will be contacted. No phone calls please.

Reservist inducted into CF Sports Hall of Fame

By Mitch Gillett, Maple Leaf

A Reservist with four World Military Ski Championships to her name has been inducted into the CF Sports Hall of Fame.

Master Corporal Ellen Gillies, who is now working on a doctorate in exercise physiology at the University of Alberta, said some of her greatest moments in sports were with the military.

"The organization of training camps and competitions was always par excellence," she said. "There was always a real sense of team effort and involvement that I have not experienced with other teams and organizations. This is probably what I remember more than actual race results."

"I feel very honoured to be inducted into the CF Sports Hall of Fame. It is always appreciated to be recognized for your hard work."

A two-time national biathlon champion, MCpl Gillies also had a distinguished rowing career, including a bronze medal at the 1984 World Championships. As a

Reserve Force administration and finance clerk, MCpl Gillies also won four medals at the Conseil International du Sport Militaire (CISM) military skiing championships.

Much of her success in rowing came prior to her 1989 enrolment. Among her successes as a rower was winning a national championship title in 1982 and earning a spot on the Canadian rowing team that went to the 1989 Pan-American Games.

MCpl Gillies retired from competition in 1995 and started coaching. She attended the National Coaching Institute in Victoria, B.C. She is a certified national coach: level 4 in rowing, level 2 in cross-country skiing and level 1 biathlon.

Since 1971, the CF Sports Hall of Fame has recognized serving and former military members who brought fame to themselves and honour to Canada and the CF through their participation in sports.



St. George's Women's Center

Come join us for coffee/tea & yummys, as well as great conversation!

Every Thursday morning from 9:30 am to 11:00 am at St. George's Chapel (sidedoor).

All women are welcome and we are completely non-denominational.

There is a playroom for children 18 months and older; all infants will stay with their mothers or caregivers.

Thank-you very much, and we hope to see a lot of new faces out in the near future.

For additional information, please call Leslie at 488-3379.

Warmest Holiday Greetings



To All Our Patrons at
17 Wing Winnipeg

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Community Recreation Services

CHRISTMAS BREAK ACTIVITIES AND MORE



Community Rec & MFRC 17 Wing Christmas Family Bowling

28 Dec 00 1300-1500 hrs
(we have the entire building)

Glow Bowling at Academy Lanes

Family Fun \$1.00 per person (pay at the Bowling Alley)
(must have a 17 Wing Rec Card)

Must Pre-Register with the MFRC at 489-7003



Winnipeg Cyclone Basketball Vs Siouxland Bombers

Wpg Convention Centre

Date: 7 Jan 01 Time: 1400 hrs (2pm)

Cost: \$10.00 per person (reg \$13.25) when tickets purchased at
Westwin Community Centre (Bldg 33)
Or MFRC (350 Doncaster St)

* Door Prizes & Contests *

For more info contact Carla local 2059

4 Jan 01 (Thurs) 1215-
1345 hrs

Highlander Arena
1871 Ellice St James

17 Wing Community Christmas Family Skate

(please no hockey sticks)

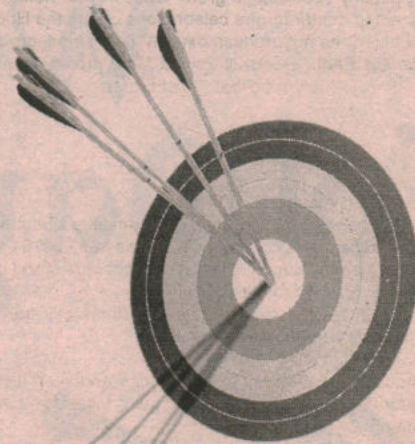
Free for Military & 17 Wing Rec Pass Holders
(More info contact Carla at loc 2059)



Déploiement STRATÉGIQUE



Dans le cadre du Régime de retraite collectif officiel des Forces armées canadiennes, le régime d'épargne militaire constitue depuis toujours une stratégie de placement judicieuse. Or, c'est maintenant plus vrai que jamais avec plus de 80 options de placement. Vous pouvez désormais choisir parmi une gamme de fonds communs de placement de marque émis par des entreprises réputées comme Gestion de Placements TD, Fidelity, Guardian, Scudder, Mackenzie et Trimark. Le régime d'épargne militaire vous offre toute la souplesse nécessaire pour atteindre vos objectifs financiers.



Offert aux membres des forces régulières comme aux réservistes, ce régime négocié spécialement pour vous ne comporte aucune commission et est assorti de frais de gestion réduits vous permettant de faire fructifier une plus grande part de votre capital. De plus, vous pouvez profiter d'un accès Internet sécuritaire à votre compte pour acheter, vendre et transférer des placements en tout temps, de n'importe où dans le monde. Pour en savoir plus, consultez le site Web du régime d'épargne militaire à www.canadatrust.com/serviceplan.html ou appelez-nous au 1 888 363-7526.

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Employment Insurance and the Military Family



By: John Chabih - Employment Assistance Coordinator
Winnipeg Military Family Resource Centre

"The opinions expressed are those of the author and do not represent the views of the Winnipeg Military Family Resource Centre."

Posting time is unarguably the most stressful time in a military family's life. It is a time of major change and uncertainty. Where will we live, how quickly will the children make new friends and will employment be secured are three questions often uppermost in their minds.

Due to the posting, most partners of military members must give up their jobs, except when a company transfer is possible. This creates economic and emotional upheaval within the family unit, and in some cases, families decide to remain where they are during the term of the posting rather than endure the turmoil it may cause on the family as a whole.

If family members of military personnel do accompany the military member on a posting and are required to leave their present employment, they are guaranteed Employment Insurance benefits according to Human Resources Development Canada Employment Insurance policies.

However, it appears that military family members tend to have a fair amount of difficulty collecting what is rightfully theirs.

It has been brought to the attention of the MFRC Employment Assistance Service that many military partners have encountered numerous obstacles when attempting to exercise their right to obtain Employment Insurance benefits. The Service is presently compiling evidence documenting discriminatory practices by the current Employment Insurance system against military families.

The following situations and policies have been reported to the Service:

1. Lack of bilingual services at all Human Resources Development Canada offices.
2. Deduction of income for claiming benefits more than once in a five-year period.
3. Unreasonable time frames given for job search.
4. Unrealistic employment expectations.
5. Lack of educational and re-training support.

It is important to remember that Human Resources Development Canada (HRDC) is mandated to provide a service that goes beyond simply insuring that beneficiaries are looking for employment. The search for employment is an already very difficult task. For those who have just moved to a new community, it is even more difficult and confusing when trying to understand the labour market trends and employer demands. However, it must be noted that getting the quality service you expect from HRDC is not a privilege but a vested right!

If you are applying for Employment Insurance or are currently having (or have had) difficulties with the EI system, please contact John Chabih at base local 2494. All matters will be addressed promptly with the utmost of confidentiality.

Why Go Natural?

As Christmas approaches, the majority of Canadians traditionally put a Christmas tree in their homes as the center of their festivities.

Today's environmentally-conscious consumer purchases natural Christmas trees because they are recycled as mulch. Indeed, recycling programs for natural trees have been established in most communities across the country.

A common misconception about Christmas trees is that cutting them down depletes our forests. The reality is that 98% of Christmas trees are grown on farms and for every tree harvested, one seedling is planted. The seedling will take about ten years to become a two metre tree. As it grows, the natural Christmas tree both produces oxygen and rids the air of carbon dioxide. When harvested, it provides room once again for young healthy seedlings to grow. Once in your home, the natural Christmas tree becomes a beautiful and scented center for the celebrations during the Holiday Season.

By comparison, an artificial tree does not produce oxygen, is not biodegradable and is not recyclable. So as you celebrate Peace On Earth, Goodwill toward Men; provide some peace to the Earth and goodwill toward the environment. Choose A Real Christmas tree.

Facts & Tips

1. What is the history of real Christmas trees in Canada?

The use of an evergreen tree as part of the Christian celebration of Christmas began in Germany over 400 years ago. Canada was first introduced to the Christmas tree in 1781 in Sorel, Quebec, by Baron Friederick von Riedesel, a German immigrant. He set up a balsam fir and decorated it with white candles. Of course, in those years you had to cut your own tree.

Many increasing number of families like to celebrate Christmas this traditional way. They go to a Christmas tree farm to choose and harvest their own trees.

2. How to choose your Christmas tree.

The basic rule when purchasing a real tree is to buy it fresh and keep it fresh. Do a freshness test. Grasp a branch between your thumb and forefinger and pull it toward you. If the tree is fresh, no more than 5-10 needles will come off in your hand.

3. How to care for your Christmas tree.

Once the tree is purchased, keep it in a sheltered unheated area such as a garage to protect it from the wind and to help retain its moisture. The night before decorating the tree, bring the tree into a partly heated area, such as a basement or porch. This will help it adjust gradually to the warmer temperature in your home. Cut the butt end of your tree at least 2 centimetres (1 inch) above the original cut and immediately place the tree in a tree stand that holds a minimum of 4 litres of water. Check the water level of your tree stand every day to ensure that the tree never runs out of water. A new tree will absorb 4 litres of water on the first day and will thereafter consume 1 litre of water per day. If your tree runs out of water (for a period exceeding 2 hours), make another straight cut across the base of the trunk. The Canadian Christmas Tree Growers Association recommends using tree stands that can hold 6 litres of water or more.

4. How much water does a real Christmas tree drink?

A Christmas tree drinks four litres of water the first day it is put in a tree stand and drinks about one litre of water per day thereafter.

Make sure to check the level of water in the tree stand on a daily basis; add fresh water as needed. If your tree runs out of water, you have to make another fresh cut across the base of the trunk. Place the tree away from heat sources such as fireplaces, radiators and television sets. They will prematurely dry your tree.

5. What safety tips can you follow?

Never use combustible decorations. Check all electrical lights and connections. Do not use light and other decorations with worn or damaged cords. Be sure to unplug tree lights before retiring at night and before you leave the house.

6. What happens to the Christmas tree after the Holidays?

When discarding your real Christmas tree, think recycling. Recycling programs for natural trees have been established in most communities across the country. In the large majority of cases, trees are chipped and then used for mulch.

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By Darlene Muise

"To the boys in Charlie Coy, 7 PI, (2PPCLI) Camp Bihac/Coralici:
 You are doing a great job and we are proud of you back home!
 You are in our thoughts each day, and I wish you all a safe and peaceful Holiday season.
 We're almost at the half-way point! Paul: only 13 and awakey to go!!!



Last Minute
CHRISTMAS DEALS



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24 DEC	1100 - 1600
25 DEC	1200 - 1600
26 DEC	1200 - 1600
31 DEC	1100 - 1800
1 JAN	1200 - 1600

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31 DEC	CLOSED
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13 - 31 DEC 2000

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Winnipeg Military Community Council (WMCC)

Your community could use your help. Every year, the WMCC loses members to postings, retirement and members relocated out of the MQ area. This year has been and will continue to be an active year for community activities. If you have spare time and would like to become involved as a ward representative or committee member, please contact any member of the community council. Activities that the council is typically involved in are such things as: Help organize community events like spring fair, family days or Christmas concerts.

The only requirement needed to become a member of the Community Council is you must live in MQ's and be 18 years of age or over. Spouses are encouraged to actively participate as council members to help create a true balance of what the community needs and what services should be provided. Participation at the council means you will be attending monthly meetings of approximately one-hour duration. From these meetings, sub-committees are setup to complete the activities the council has chosen to conduct for the community. The more positions we have filled on the council means the more activities we can provide for our community. Please take this opportunity to become involved in you community.

The members of the 17 wing Community Council:

Position/Wards	Name
Mayor	Capt Christine Bannerman
WMCC Secty	Cpl Ladean Morton
Ward 1	Kelly Reaume
Ward 2	Cpl Eric Dietz/Cynthia Hooyer
Ward 3	VACANT
Ward 4	Capt Christine Bannerman
Ward 5	VACANT
Ward 6	Sgt Joe Runge
Ward 7	MCpl Don Forbes
Ward 7	Cynthia Howlett
Ward 8	Parry Pachakowski
Ward 8	Cpl Ladean Morton
Neighbourhood Watch	Cpl Colleen Wright
Playgrounds	VACANT
South Side Rink	Cpl Bob Komosky
North Side Rink	Cpl Andy Howlett
RV Compound	VACANT
Publicity	VACANT
Thrift Shop	Diane Brine
MFRC Rep	Diane Brine
Ex-Officio	Carla Ryan



Ward Location

Ward 1 Includes all residences east of Kenaston Blvd.
 Ward 2 Includes the following residences west of Kenaston Blvd. and south of Corydon Ave: 1900-1932 Corydon Ave; 339-404 Grenadier Dr (except 387,395,399 and 404 Frenadier Dr) and 341-437 Kenaston Blvd.
 Ward 3 Includes all residences west of Grenadier Dr and south of Blanche Ave and also includes 135,139,143,147,151,155,159 and 163 Blanche Ave
 Ward 4 Includes the following residences south of Corydon 305-398 Doncaster St, 1968-2016 Corydon Ave and all of Maurepas Cres.
 Ward 5 Includes the following residences north of Corydon Ave west of Kenaston Blvd. and east of Doncaster: 1901-1965 Corydon Ave; 272-320 Ubique Cres; 282-304 Doncaster; and 271-327 Kenaston Blvd.
 Ward 6 Includes the following residences south of Tuxedo Blvd and east of Doncaster 170-269, 273 and 277 Ubique Cres, 68-100 Tuxedo and 199-267 Kenaston Blvd.
 Ward 7 All MDPRs
 Ward 8 Includes all MQs on Airforce Way, Moorgate and Conway
 If you have the time and are interested in helping us make your community a better place to live in, please feel free to join our team. Contact one of the members of the Community Council or the Community Centre for more information.

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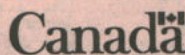
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Sports

CF Womens Hockey

The Praire Region Womens Hockey Invitational Tournament will be held at 4 Wg Cold Lake:

13 - 18 March 01

The 17 Wing Winnipeg Womens Hockey team is presently competing in the 17 Wing Intersection Hockey League and practicing every second week. New players from across all units in Manitoba, Saskatchewan and Thunder Bay are welcome to play.

If you are interested in playing contact:
 Team Manager Captain Deanna Manson
 CSN 257-2500 ext 2345
 Comm (204)833-2500 ext 2345
 17 Wing Sports Coordinator Mr. Frank Charest ext 5511



~ TAE - BOX ~
 When: Mon/Wed/Fri 1200 - 1300 hrs
 Where: Bldg 21 (Gym next to 1 CAD HQ)
 Who: Professional Instructor ~ Janie Keith
 Cost: \$3.00 per class

Come out and join us for some fun & exercise !!
 For more info, contact, Cpl Morton at local 6819



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 Jim Taylor - 832-8348 or lcl 5604
 JP Boucher - 895-8784 or lcl 6910
 Bill Vogan - 889-6115 or lcl 5015

Tuesday
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 Adults 7-8:45 PM
Thursday
 Children 7-8 PM
 Adults 8-9:30 PM
 Sunday Class 6-8 PM

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17 WING WINNIPEG HOCKEY STATS ROUND #2 - DECEMBER 2000

"A & B" Division	GP	W	L	T	GF	GA	PTS	PIM	+/-
Wing Supply	14	7	4	3	77	49	17	76	28
1 AMS (A)	12	6	4	2	38	38	14	48	0
2 PPCLI	13	8	2	3	65	35	19	138	30
435 (A) Team	11	7	3	1	51	35	15	144	16
1 CAD Stars	13	7	4	2	57	32	16	74	25
Wing EME	14	5	7	2	51	58	12	78	-7
CFANS	13	3	8	2	33	50	8	64	-17
Wing CE (Beavers)	13	8	3	2	77	45	18	30	32
402 Hounds	14	7	6	1	44	30	15	42	14
435 Sqn (B) Team	15	8	7	0	53	30	16	50	23
"C" Division	GP	W	L	T	GF	GA	PTS	PIM	+/-
1 AMS Ice Dogs	15	14	11	0	38	96	8	25	-58
Dixie Chicks & Studs	14	0	14	0	14	94	0	14	-80
Fat Boyz	14	2	10	2	32	76	6	60	-44
Wing Samp	14	2	8	4	39	69	8	38	-30
1 CAD Oldtimers	15	10	5	0	69	29	20	61	40
Air Command Band	14	12	2	0	62	27	24	34	35

St. James Collegiate, St. James, Mb. 50th Reunion Special Event

to be held October- 5 to 7, 2001. We are looking for all former students and staff for the years 1951 to date. To receive information on the event please send your name and address to:
 Phone: (204)888-4867
 Fax: (204)889-0830
 E-mail: csmith@sjsd.net



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Christmas Fire Safe Campaign

Holiday Fire Safety Tips

Cook Safely. Cooking fires are very common during the holiday season in Manitoba homes.

Use a temperature-controlled deep fat fryer for frying. If you are using a pot, keep a proper fitting lid nearby. If a grease fire starts, carefully cover the pan with the lid to smother the flames. Never leave frying food or cooking oil unattended on a hot stove. Keep combustible materials such as paper, cardboard and plastics away from the stove.

Wear short or tight fitting sleeves when cooking. Loose sleeves can catch fire over the hot stove.

Don't store things over or behind the stove. People burn themselves reaching over the stove.

Avoid cooking when sleepy or drowsy from the influence of medication or alcohol.

Turn pot handles in to prevent children from pulling them down. Do not use defective electric appliances; have them checked and serviced.

Using Candles. Candles are a major cause of destructive fires during Christmas.

Avoid purchasing candles with flammable decorations such as paper spirals or foil. Mount candles firmly on metal or glass candleholders and place them in fire-resistant containers large enough to hold any melted wax.

Never use lit candles to decorate a Christmas tree.

Keep lit candles away from paper decorations, curtains, clothing and spray from aerosol cans.

Never leave children or pets alone in a room with lit candles.

Snuff candles out when festivities are over. Never let the candles burn down to the bottom.

Forbid children and teenagers lighting candles in bedrooms where the open flame can easily start a fire or tempt misuse.

Home Heating. Although they bring us comfort and warmth, heating sources in the home can increase risk of fire. Use caution with all heat sources.

Space Heater Safety.

Place all space heaters at least 1 metre (3 feet) away from anything that can burn (wallpaper, bedding and clothing).

Turn off and unplug space heaters when you leave the room or go to sleep.

Don't leave children or pets unattended with space heaters.

Check electric space heaters for frayed cords or overheating. When unplugging, pull plug and not the cord.

Use only the recommended fuel for liquid fuelled space heaters. Never use gasoline. Always turn off the heater and let cool before refueling.

An unvented heater (non-electric) can produce deadly amounts of carbon monoxide. Ensure fumes are vented outdoors.

Firplace Safety.

Burn small amounts of wood at frequent intervals.

Don't burn paper, wrapping paper or pine boughs. This can cause sparks to drift out of your chimney and ignite your roof or a neighbor's house. Also, large fires or burning gift wrap can set the creosote in your chimney on fire.

Have your chimney checked and cleaned by a professional each winter.

Use a screen in front of the fireplace to keep sparks and embers in.

Never use gasoline or other flammable liquids to light a fire. The vapors will explode.

Get rid of ashes in a metal container and never store them in your home.

Make sure the fire is out and embers won't re-ignite a fire before going to bed.

Supervise Children. Boredom, lack of supervision, curiosity and access to matches, lighters or open flames can lead a child to play with fire this holiday season.

Keep matches and lighters out of sight and reach of children.

Supervise children at all times when they are in a room with a fireplace, a Christmas tree, lit candles, space heater or other open flame or hot surface.

Keep smoker's material out of children's reach. Children in homes where smokers live are more likely to play with fire.

Christmas Tree Safety. A Christmas tree can brighten your house, but make sure it isn't a fire hazard.

Place the tree away from exits and heat sources.

Never decorate a tree with burning candles.

Check tree lights for damaged or loose connections. Discard damaged light sets.

Replace burnt out bulbs immediately or other bulbs may overheat and become a fire hazard. Replacement bulbs should have the correct wattage/voltage.

Avoid overloading electric outlets and inspect all extension cords before using.

Switch the tree lights off at bedtime or when leaving the house.

If a tree catches fire, do not try to move it. Use a fire extinguisher, if available, to put out the flames. If not, evacuate the house and call the fire department.

Keeping Live Trees Safe.

The fresher and more moist a tree, the safer it is.

Select a tree with needles that do not pull easily from the branches or break when gently bent.

Clean the tree stand with a mixture of one cup water and a capful of bleach.

Re-cut the trunk diagonally one or two inches above the old cut and immediately place

in water.

Always keep the water level in the tree stand above the cut line.

Remove the tree as soon as possible after the holidays.

Never burn a tree in a fireplace or wood stove.

Keeping Metallic Trees Safe

Never use electric lights on metallic trees.

Use spotlights to illuminate the trees from a safe distance.

Test Your Smoke Alarms. A working smoke alarm provides early warning of smoke and fire danger.

To ensure it is in working condition, test your smoke alarm by drifting smoke from a snuffed-out candle. The alarm should sound within 20 seconds. Fan away the smoke to silence the alarm.

Clean your smoke alarm by gently vacuuming the inside. Also wipe the inside of the cover with a damp cloth.

Replace non-working smoke alarms or dead batteries immediately.

Never remove the batteries from smoke alarms for other uses or to silence them.

Give the gift of life — wrap up a smoke alarm this Christmas?

Plan Your Escape.

Plan and practice a fire escape. Plan two ways out of every room.

Be Careful When Smoking.

Never smoke in bed or when drowsy from medication or alcohol.

After a party, check for fallen cigarette butts, especially sofas and behind cushions. A fallen cigarette butt can smolder for hours and start a deadly fire on upholstered furniture.

Keep matches and lighters away from children.

Let cigarette butts and ashes cool in a covered metal container or flush down the toilet. Do not dispose in the trash can with other combustibles.





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TAROSCOPES

ARIES (March 21 - April 19): Get lots of rest before the holiday rush. Seasonal celebrations begin early this year. Books are big on gift lists. Consider New Year's resolutions that will improve both mental and physical health. Determine what you can and can't change, then take action.

TAURUS (April 20 - May 20): Lots of work on your plate. To avoid surprises, check the chain of command before embarking on a major task. Volunteering is rewarding. Keep your temper in check when asserting yourself. Start preparing now for a vacation in March or April.

GEMINI (May 21 - June 2): Help prepare a Christmas hamper and volunteer to deliver it. You gain by giving, especially to children. Understanding, compassion, and the open-mindedness of others are gifts that are a pleasure to receive. Pass it on.

CANCER (June 22 - July 22): Honesty may be the best policy but be careful you don't end up spending time patching it up with your partner because facts you've stated were simply your opinion. Holding onto a rigid attitude is cold comfort during the party season.

LEO (July 23 - August 22): Don't count your unmet wants, count your blessings instead, especially the wonderful relationships you have. Slower changes are enduring. Do one thing a day to bring yourself closer to realizing a life goal. You'll get there. Limit purchasing none essentials.

VIRGO (August 23 - September 22): Lots of family and work squabbles. They are not serious, unless you let them be. Jealousy and resentment or people trying to maintain the status quo are at the root of issues. Your good fortune goads the grumps.

LIBRA (September 23 - October 23): Don't get caught between two people with opposing views. If necessary, take off and get away from them. Let them solve their own problems instead of you trying to fix them. All you should do is learn from their mistakes.

SCORPIO (October 24 - November 21): Meeting everyone else's expectations will exhaust you. Plan what you can afford to do. Feeling guilty because you can't be in two places at once is counterproductive. A loved one appreciates a handcrafted gift. The hard to please recipient wants gadgets.

SAGITARIUS (November 22 - December 21): Planning time with loved ones is difficult as you're thrown extra work. Expect an extravagant Christmas this year. Travel to the West Coast indicated. With so much to choose from, be careful not to overindulge. Relationships highlighted.

CAPRICORN (December 22 - January 19): Stay focused when making decisions. Try to amalgamate thoughts and feelings. There's too much at stake for you to risk being unclear about it. Consult an elder or person you respect on how to stay balanced.

AQUARIUS (January 20 - February 18): Family obligations peak. The inequities upset your sense of what's fair. Moods swing drastically if you think in terms of absolutes - everything's great or a complete disaster. Get a clearer mental picture by finding the middle ground.

PISCES (February 19 - March 20): Whatever you've been doing - works. Patience leads to vindication. Put in that little extra and you'll see a return that grows and grows, enriching your life and others. Watch your spending. You're centre stage at an upcoming event.

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