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THE VOXAIR

OUR MILITARY FAMILY COMMUNITY NEWSPAPER

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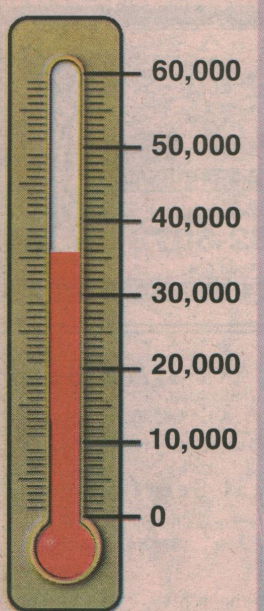
Next Deadline
Nov 3
for Nov 15



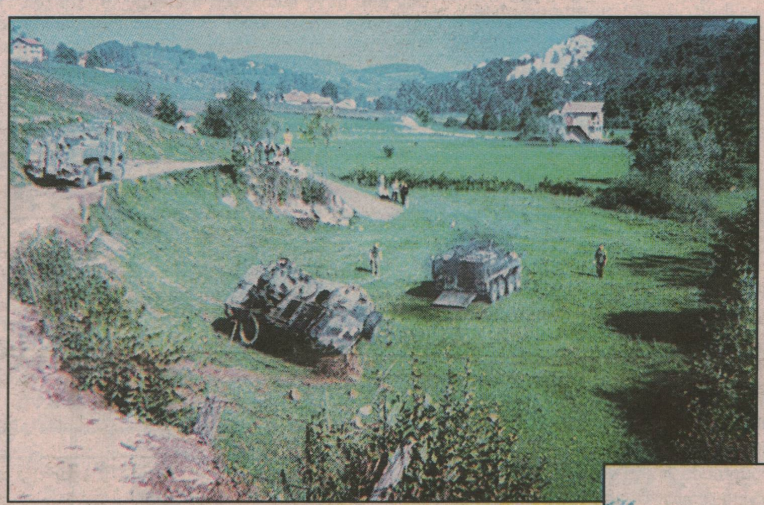
TAKE TIME TO REMEMBER





AVGP Took a Licken But Kept on Ticken

Pte Kyle Turner, 2PPCLI, C Coy, 8 Pl Coralici



On Sept 25 a Grizzly AVGP, travelling on an authorized route, encountered C Coy's first veh mishap of Roto 7. Call sign 32C, commanded by MCpl John Hertwig-Jaksch (aka Flipper), and driven by Pte Paul McMillian, set to familiarize themselves with Sector D of C Coy's AOR.

On this sunny Monday morning they were just happy to be out and about when they encountered a narrow, newly developed stretch of road with a sharp drop to one side. Pushing on, as all infantry soldiers should, the left side of the Grizzly began to sink slightly in the soft gravel canting the vehicle towards a 20 foot downwards embankment. Not being able to tell where the driver's side wheels were, a ground guide was required to ensure the vehicle stayed on the road.

As the local spectators observed from the surrounding homes, the AVGP pressed on for 15 feet until the road had taken all that it could and began to give way. At this point, it seemed like a good idea to vacate the 10 ton vehicle.

Before long, two tractors blocked the road ensuring that our Grizzly could not (assuming it could) leave the area without their road being fixed. The locals were rather upset about the road damage and without a translator to help, the SFOR soldiers did what they could to calm them down. The local police were next to show upon request of the civilians, but to the civilians' surprise, they supported the SFOR. They made the locals move their tractors and leave before further incidents could occur.

By this time, the IRT had been deployed and attempted to pull the vehicle out. But to no avail. Darkness was approaching, and for safety sake, security was set out, as the next recovery would not be attempted until the following morning. At this point, the locals arrived again, this time with food and snacks for the SFOR troops who had been there for some time.



The next morning spectators were again on hand to witness what can be described as a 'controlled rollover' twenty feet down the embankment. Once the engineers and mechanics righted the Grizzly, Pte Paul McMillian drove the vehicle to Velika Kladusa for repairs. No major damage was done to 32C and only minor damage to the road. This section now has keen eyes for spotting 'Iltis only' routes.

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On the 'Campaign' Trail

By Cheryl Gudz, Wing Public Affairs

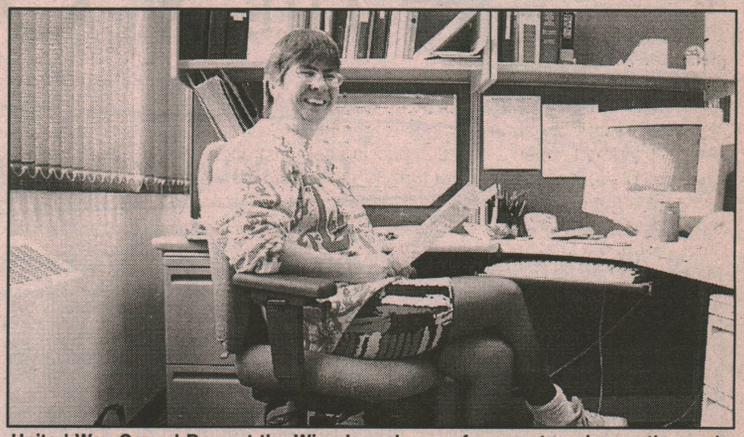
The GCWCC has been well underway for several weeks now, and the thermometer is finally starting to rise significantly. The amount of donations as of 20 Oct is $32,758.54, but the amount can be misleading since not all the unit canvassers have reported their donations or pledges. This is just one wrinkle in the campaign that needs to be ironed out.

The top 3 units leading in overall participation as of 13 Oct, are the Air Command Band, Central Flying School, and CFTMPC, who have participation percentages of 51.4%, 36%, and 32% respectively. The number of donators divided by total unit strength calculates participation percentages.

Sgt Driscoll of the Air Command Band was pleased when he heard the news that his unit is leading the pack participation-wise.

"I consider it one of our primary responsibilities to give back as much as we can," says the Band's campaign co-ordinator, "As cheesy as it sounds, I believe that there's a give and take - the more you give, the more you shall receive."

He says that most of the participating Air Command Band members use the method of payroll deduction to contribute to the campaign, as an out of sight, out of mind method. When asked if he wants to egg on the other units by challenging them to a match the Band's percentage statistics, he couldn't think of anything appropriate to say. But he did accede that a little healthy competition among units might be in order.



United Way Casual Days at the Wing have been a fun way to spice up the workday and have also been a steady fundraiser. The most successful theme days have been the simpler ones, but there are a couple of fearless souls like MCpl Audrey Thompkins who are willing to go all out even on Polyester/Loud Shirt Day. The Chief Clerk of the CFANS Orderly Room and CFANS unit co-ordinator has participated in all the theme days minus one. Way to go!



You

You were young and naive
Being told to leave home
Missing family and friends
While you trained
To be someone
You don't even know

You left for a place
Not knowing what to expect
What you would find there
While trying to survive
Through death and destruction
And trying to stay the way you were

You may be returned
But not the same as you were
We will always love you
Dead or alive the Hero's you are
Remembered every year on a day of honour
So deserving are you of our remembrance

By R.J Forbes, Grade 7

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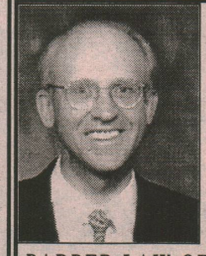

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Chinthe Bits

By MCpl M. Hawes, 435 Sqn

We Came, We Saw, We Stayed

Although we do not wear the "jump smock" anymore and we now belong to the Canadian Parachute Center (from the army side of the house), the motto ***" I WILL BE SURE ALWAYS"*** still rings true.

The parachute riggers specialists, whether they are 28 COD, safety systems or supply technicians, just celebrated 50 years of excellence. A reunion, held at 8 Wing Trenton, brought old and new riggers together. The three-day event, consisting of a dedication jump to open a new DZ, packing demonstrations and a mess dinner, was a resounding success (and a lot of fun). When the stories were told, they all started the same way "I remember when..." and "When I was a Rigger...". They all seemed to be the same, the only one difference was the age of the storyteller! The equipment may have changed a lot over the years, but the spirit or *esprit de corps* of para riggers has remained strong for 50 years.

Riggers pledge

I will keep constantly in mind that until men grow wings their parachutes must be dependable.
I will pack every parachute as though I am to jump with it myself, and will stand ready to jump with any parachute which I have certified as properly inspected and packed.
I will remember always that the other man's life is as dear to him as mine is to me.
I will never resort to guesswork, as I know that chance is a fool's god and that I, a rigger, cannot depend on it.
I will never pass over any defect, nor neglect any repair, no matter how small, as I know that omissions and mistakes in the rigging of a parachute may cost a life.
I will keep all parachute equipment entrusted to my care in the best possible condition, remembering always that little things left undone cause major troubles.
I will never sign my name to a parachute inspection on packing certificate unless I have personally performed or directly supervised every step, and am entirely satisfied with all the work.
I will never let the idea that a piece of work is "GOOD ENOUGH" make me a potential murderer through a careless mistake or oversight, for I know there can be no compromise with perfection.
I will keep always a wholehearted respect for my vocation, regarding it as a high profession rather than a day-to-day task, and will keep in mind constantly my grave responsibility.

I WILL BE SURE ALWAYS

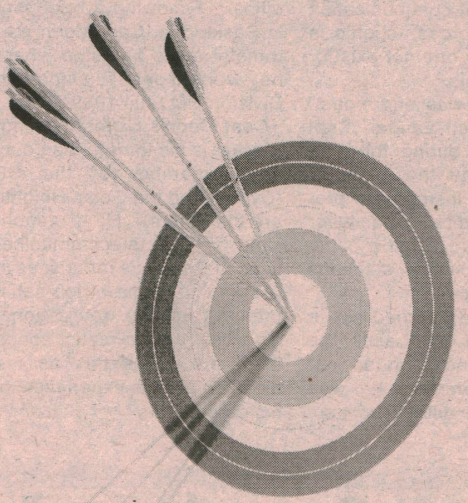
With the constant upgrade of SAR equipment, old kit must be exchanged with the new. The new SARPELS (an air droppable rucksack) had to be inspected and personnel had to be trained. The rigging and donning of the new SARPELS is quite different from the old. New training and rigging procedures have to be taught. Five open area jumps and one confined area jump have to be made before it can be used operationally.

Training for the riggers has also stepped up a notch. The Canadian Coast Guard RHIOT (Rigid Hull Inflatable Boat) course was just successfully completed. The one-week long, rough water boat-handling course was held in Banfield, British Columbia. Collision regulations, navigation and chart work, water rescue, basic boat maintenance were just a few topics covered. Two army guys among Coast Guard super sailors just didn't quite fit in. They took us under their wings and taught us the ways of the sea. When asked, on day one, what I expected to get out of this course... I answered "All I want to do is scare the hell out of somebody". As it turned out, the only person I scared was myself, and did a very good job of it too. Driving a RHIB at 40 knots through 10 to 20 foot swells with no seat belts, one hand on the steering wheel and the other one on the throttles (never take your hand off the throttles!) was like nothing I have ever experienced before in my life. Yet, my instructor wanted me to go faster! I think I'll stick to jumping out of airplanes... it's safer! With a 20-foot RHIB coming to the section this fall, all these boating skills will be well used and needed.

We have had a very busy summer and fall. With excercise SAR HAWK, 13 jumpers (jumping 4 to 5 times a day for 5 days) makes for a lot of parachute packing. Early mornings and long days made early nights for the riggers. Many thanks to the Search & Rescue technicians, who helped out with canopy layouts and picking up the slack when we fell behind.

As we come into the last quarter of the year, training for the SAR techs steps up to full speed. Winter dives, ice climbing, winter field exercises, medical training and the never ending continuous para will insure always a busy workplace for riggers in the SAR world.

STRATEGIC
deployment



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AIR FORCE MEMBER RECEIVES DCDS COMMENDATION

By, 2Lt M.Brothers

Captain Sylvain Morin, currently part of the Canadian Detachment in Alaska, received a commendation from the Deputy Chief of the Defence Staff, for his work in establishing reliable communications between military and civilian police forces across Canada.

Using the Canadian Police Information Centre (CPIC), Capt Morin, a communications electronics engineer (CELE), with help from Lieutenant Al Melvin, devised a system whereby sensitive information could be electronically encrypted and passed between the two agencies.



Capt Sylvain Morin and Col Brett Cairns, the Senior Canadian in Alaska.

The CF now has instant communication with every law enforcement agency in the country. This results in real time situational awareness for military commanders as well as a means of communication with police forces, should a purely military one not exist or fail during crisis.

"The benefit was enormous," said Major Ron Lander, Capt Morin's boss during the project. "He had the technical knowledge to instruct the project leader and the capacity for original thought when it came to finding technical solutions for the interface."

Since this was carried out in preparation of Op Abacus, the CF's contingency plan for Year 2000 disruptions, it was essential that delays be kept to a minimum.

However, the fact was that it was Y2K that helped streamline what would have otherwise been a very lengthy process. Under normal circumstances, this project "would have taken, at least, a couple of years to complete," said Capt Morin. "Y2K made things move faster."

A Montreal native, Capt Morin joined the CF as a radar technician in 1977. Upon completion of basic training, he served with various units in Petawawa, Newfoundland and Winnipeg until 1992 when he was commissioned as a CELE officer. Following a brief stint in Saskatoon, Capt Morin was transferred to Kingston where he worked at 1 Canadian Division HQ until 1999.

Capt Morin's current posting, Alaska, is his third foreign duty as a member of the CF (Cyprus and the Golan Heights are the others). He is responsible for all telecommunications of Canada's radar sites in Alaska. In terms of job satisfaction, nearby recreational activities and climatic conditions, he views this as the most enjoyable experience of his career.

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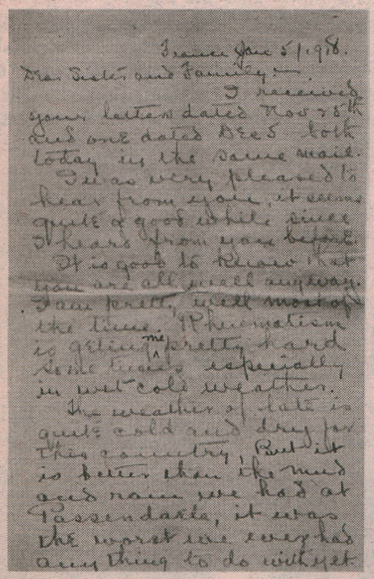
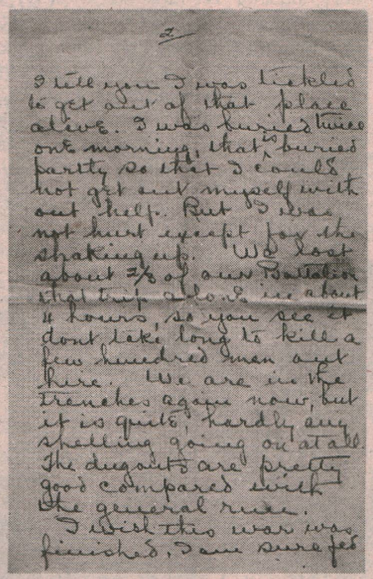
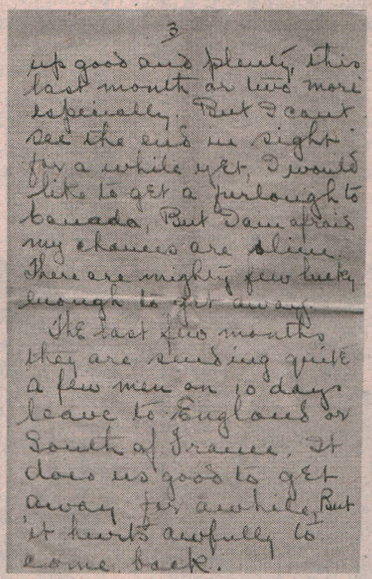
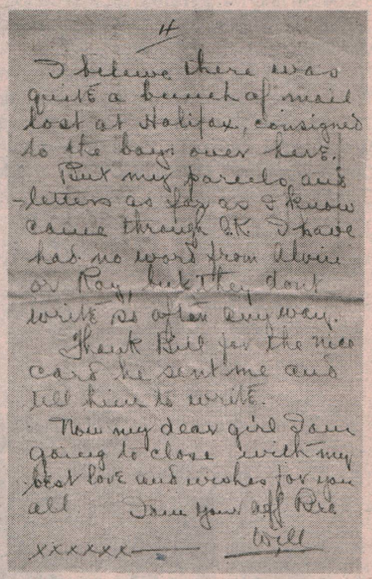
Letter from the front - 1918


France Jan 5/1918.
Dear Sister and Family:—
I received your letters dated Nov 25th and one dated Dec 5 both today in the same mail.
I was very pleased to hear from you, it seems quite a good while since I heard from you before.
It is good to know that you are all well anyway. I am pretty well most of the time. Rheumatism is getting me pretty hard some times especially in wet cold weather.
The weather of late is quite cold and dry for this country, But it is better than the mud and rain we had at Passendaele, it was the worst we ever had any thing to do with yet.

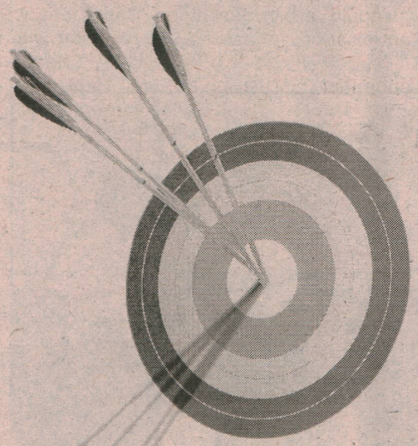

2
I tell you I was tickled to get out of that place alive. I was buried twice one morning, that is buried partly so that I could not get out myself without help. But I was not hurt except for the shaking up. We lost about 2/3 of our Battalion that trip alone in about 4 hours, so you see it dont take long to kill a few hundred men out here. We are in the trenches again now, but it is quite, hardly any shelling going on at all. The dugouts are pretty good compared with the general run.
I wish this war was finished, I am sure fed


3
up good and plenty, this last month or two more especially. But I cant see the end in sight for a while yet, I would like to get a furlough to Canada, But I am afraid my chances are slim. There are mighty few lucky enough to get away.
The last few months they are sending quite a few men on 10 days leave to England or South of France. It does us good to get away for awhile, But it hurts awfully to come back.


4
I believe there was quite a bunch of mail lost at Halifax, consigned to the boys over here.
But my parcels and letters as far as I know came through O.K. I have had no word from Alvin or Ray, but they dont write so often anyway.
Thank Bill for the nice card he sent me and tell him to write.
Now my dear girl I am going to close with my best love and wishes for you all. I am your aff Bro
xxxxxx Will

Courtesy Maureen Walls, Office Mgr Voxair

Déploiement STRATÉGIQUE



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Landscaping Contest winners

Congratulations are extended to this year's winners of the Winnipeg Military Community Council Landscaping Contest. The WMCC would like to thank Col (Ret) Van Ruiten and Mrs. McLennan for having the tough job of judging yards. This included the grass, flowers, bushes, ornaments and any other features that added beauty to the yard.

On the North side, first place honours went to Major and Mrs. Learmond, while Sergeant and Mrs. Waters took second place. South side first place honours went to Master Corporal and Mrs. Reid. Second place was awarded to Corporal and Mrs. Dietz.

This year there were ten honourable mentions in total for both PMQ areas. North side honourable mentions go to Captain and Mrs. McMillian, Corporal and Mrs. Calcutt, Corporal and Mrs. Froude, Corporal and Mrs. Howlett and Captain and Mrs. Hintz. South side honourable mentions went to Sergeant and Mrs. Duchesne, Corporal and Mr. O'Neill, Corporal and Mrs. Clare, Corporal and Mrs. Murray and Chief Warrant Officer and Mrs. Newhook.

A new change to next year's Landscaping Contest is that the first place winners will get to use their expertise to do the judging of the Landscape Contest 2001. Congratulations and thanks are extended to all the residents who live in military housing for their contributions in enhancing the beautification of 17 Wing Winnipeg.

Remember the Winnipeg Military Community Council is a group of people, military and spouses, who volunteer their time to enhance the lives of those who live in military housing. We look after the Playgrounds, the Rinks and the Thrift Shop. We sponsor the Christmas Craft Sale and co-sponsor the Christmas Concert and support the MFRC Family Fun Day.

We are looking for a few good people who'd like to volunteer a small amount of their time. We need a Playground Co-ordinator, a Public Relations Representative and we are always looking for Ward Reps. If you don't know who your WMCC rep is call, Cpl Morton at 6819 or Chris Bannerman 487-7847.

We are still looking for a logo!

1st Place South Side



WComd Col McLennan and WCWO Emond present MCpl & Mrs Reid 1st place.

THE WINNER'S CIRCLE

2nd Place South Side



WComd Col McLennan and WCWO Emond present Cpl and Mrs Dietz 2nd place.

2nd Place North Side



WComd Col McLennan and WCWO Emond present Sgt Waters 2nd place .

Honourable Mention North Side



WComd Col McLennan and WCWO Emond present Cynthia Houlett honourable mention.

Honourable Mention North Side



WComd Col McLennan and WCWO Emond present Capt Hintz honourable mention.

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Children Design Stamps - Alf Brooks



Postage stamps are seen by many collectors as miniature works of art. In the past months Canadian children have had their creations featured as postage stamps.

Canada Post accepted the invitation of the United Nations Postal Service to have children participate in "Stampin' the Future," and over 56,000 Canadian children between the ages of eight and twelve submitted entries. Regional selection narrowed the entries to 120; the four winning designs were selected by the Stamp Advisory Committee of Canada Post. The winning designers were Rosalie Nardelli of Quebec, Sarah Lutgen of British Columbia, Andrew Wright of Ontario and Christine Weera of Alberta. The stamps were issued on July 1.

Germany also participated in the competition, and selected entries from many countries. It then issued a set of semi-postal stamps with the surcharge for the benefit of their Youth Stamp Foundation; the stamps also publicized Expo 2000 in Hanover - "Meeting Place for the Young People of the World." One of the designs, picturing a youth festival, was designed by Alex Choiniere of Halifax.



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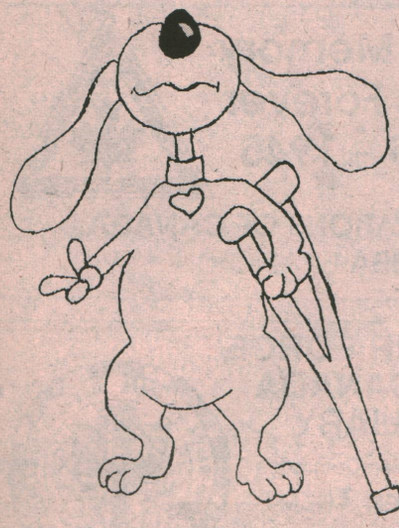

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IN TWO WORLD WARS
1914 - 18 AND 1939 - 45 AND KOREA

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Remembrance Day

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It's the eleventh of November
When the people across this land
Pause, and take a moment to remember

They'll think of those brave heroes
Who voluntarily went to war
And gave up all their tomorrows
For things worth dying for

Like family, friends, and country
And the right to live in peace
To do the things that must be done
So our freedom would never cease

And they will also never forget
The maimed, the blind and others
And those who really grieved the most
The lonely Silver Cross mothers

So pledge yourselves anew
Our glorious freedom to maintain
So those who gave up their tomorrows
Will not have died in vain.

Bert Cheffins

IN MEMORIAM

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In thanksgiving for the freedom
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For us to enjoy.

From the members of 402
"City of Winnipeg" Squadron

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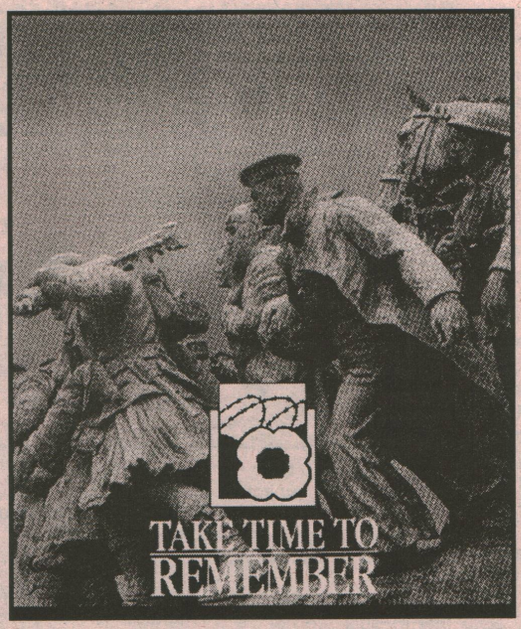

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CFANS EX CHARGING GATOR – PERSONAL GLIMPSES

By Cpl Diane Miazga

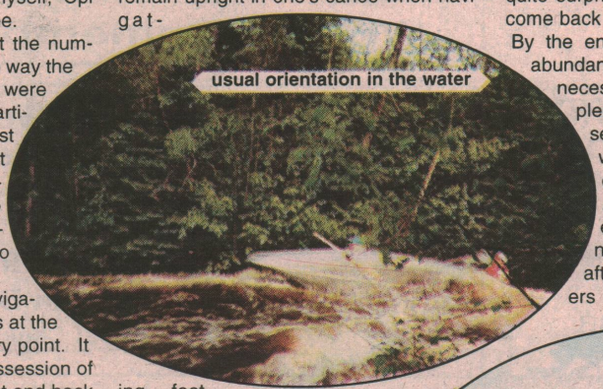
It was a bright sunny morning on 17 Jun 00. After saying good bye to our families, we departed for our canoe trip down the Manigotagan River dubiously dubbed "Ex Charging Gator". This moniker may have machismo connotations, however this year two females graced this hitherto all male endeavour. (For those not in the know, the "Gator" part of the name actually denotes "navigator" – as this was a navigation school initiative undertaken by mostly navigators). The other hapless members of our group were: our fearless expedition leader, Capt Mark McGahey along with Capt Mike Krak (ANAS Team 1 – not a joke); veteran canoist Capt Denis Forest with French Connection buddy Capt Dave Proteau; last year's survivors New Zealander Flt Lt Pete Roberts and Capt Al McMillan (Kiwi and company) along with Capt Kurt Luneburg and Capt Doug Slaunwhite (ANAS Team 2). Of course last but not least, the Admin cell team, myself, Cpl Diane Miazga and Capt Jen Lee.

Actually, we were surprised at the number of willing repeaters after the way the horrors of last year's debacle were described. Please refer to the article published in the Voxair last summer written by Capt McGahey. It is quite entertaining. Apparently, knowing who was organizing this year's outing was incentive enough to encourage participation.

Our leader, a fully qualified navigator, came close to depositing us at the egress point instead of the entry point. It was a good thing he was in possession of a map. We soon got sorted out and back onto the right road, which of course got worse as we drew farther away from civilization, due to the recent rains. The roads were flooded and it fell to our leader to get out and walk in front through the floods to test the integrity of the road surfaces. In truth, he volunteered for this dangerous duty as a ruse to get out and enjoy a cigarette as everyone knows that no smoking is allowed in DND vehicles!

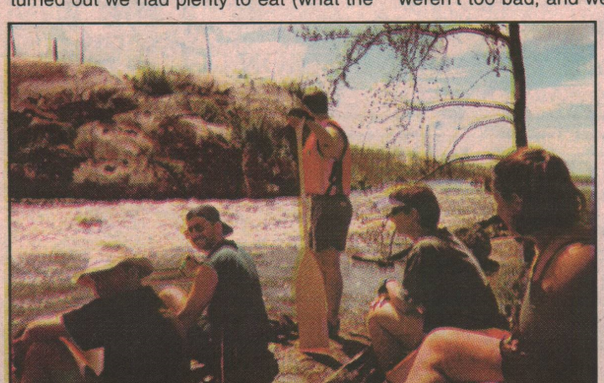
We finally reached our entry point of the river near a bridge. As Capt Lee and I were being tutored in the fine art of securing our gear in the canoe and attaching painter lines, etc, it was noted with some awe by the men that we women were very light gear-wise. They were quite impressed at our obviously superior packing skills but they were secretly wondering what we had forgotten, like food. As it turned out we had plenty to eat (what the others termed as "gucci" meals). We had sleeping gear and appropriate clothing that kept us warm and dry and a tent that actually didn't leak. In fact, every time someone needed something, the women had it. You know, important articles such as nail clippers, clothes pins, paper towel, etc. But we lived by the motto that states if you can't carry it or handle it yourself, don't bring it. This is a handy thing to remember especially when many portages are a factor.

Now that our team considered ourselves quite clever, we finally put the canoes into the water and this is where the fun starts. The first portage was only about a 90 second paddle away but I soon discovered that conceding the pilot position to Capt Lee was a good move on my part. She turned out to be an excellent steerer, particularly when we needed to exhibit manoeuvering prowess later on in the trip. This is a useful skill if one wishes to remain upright in one's canoe when navigating fast water or rapids, or avoiding being sucked over a waterfall. Teamwork and communication are right up there, too. Right boys?



At the first portage we unloaded, hoisted our gear and carried on. It wasn't long, but interesting. We learned how to get the canoe up and over our heads with minimim effort and that was it, we never looked back. These were aluminum canoes and not light.....We have yet to determine how the French Connection managed to commandeer the one and only lightweight canoe in the group. Oh, well, as we found out, the heavier canoes are definitely more stable in the water!

That first day we had a few portages that weren't too bad, and we crossed the lake before making our first camp. Considering the inexperience of my partner and I, we made very good time and enjoyed clear skies, calm water and only light winds. It was a good opportunity to get our act together and pick up a few pointers from all of the other experts and develop our own rhythym. Making camp went smoothly and everyone soon had a routine. Most of us had fresh rations for our first meal and that was a treat – we also had a few laughs observing some of the cooking techniques. Yes, we offered help.... every day. The Pam was useful a time or two.



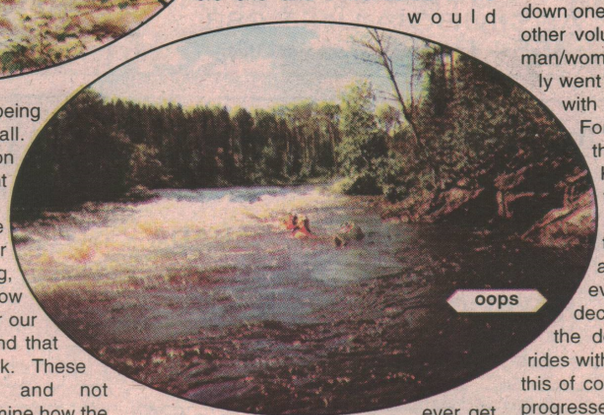
Awaiting the next victims



Back row L to R: Capt Kurt Luneburg, Flt Lt Pete Roberts, Capt Mike Krak, Capt Jen Lee, Capt Al McMillan, Cpl Diane Miazga and Capt Doug Slaunwhite. Kneeling L to R: Capt Denis Forest and Capt Dave Proteau

For the rest of the week, there was a downpour every day in the city but we enjoyed great weather with only a few days of rain. Everyone back at the school was laughing their collective behinds off, thinking we were getting drenched and were quite surprised to see us come back with suntans.

By the end of the second day it was abundantly clear that a) guts are not necessarily sufficient unless coupled with brains and common sense; b) most of our group were endowed with extremely colourful nick names; c) the Admin cell team were very envious of the fact that we had no colourful nick names; and d) after observing some of the others she and I wondered if we would ever get up the nerve we needed to run some of that white water. This was definitely a concern after all the times we saw Kiwi and company bite the big one. To give them credit, they never gave up. This was apparently a far cry from last year when our resident Kiwi was amazed and impressed at the amount of time spent out of the water carrying the canoe rather than paddling it. But that was last year.



It wasn't long into the trip – I think it was near the end of the second day, when we noticed one of our group (no names) heaving over the side. Repeatedly. After realizing my partner was a sympathy puker, we had to steer clear, carry on and ignore the poor guy. That night at first glance we thought he was vomiting indiscriminately onto the floor of his tent, but thankfully we realized that he was using the bail from his canoe. Whatever the bug was, it ran rampant through a number of our group over the next few days. Even the indomitable Kiwi was slightly afflicted, however, in his case I still wonder if it had anything to do with all that sausage.

For the first few days Capt Lee and I portaged both kit and canoe, never ran any white water or otherwise challenged our rudimentary skills and just made sure we stayed dry. The French Connection along with Kiwi and company were routinely running their canoes through; successfully for the first pair and not always so successfully for the second pair. Eventually, they would run all the canoes down one at a time and started looking for other volunteers to partner as their front man/woman. Yes, Capt Lee and I eagerly went for our first taste of white water, with the French Connection's Capt Forest. Funnily, no one jumped at the chance to go with our poor old Kiwi. We had a hoot! If you listen to your partner, keep the paddle in the water, and no matter what, don't drop your paddle and grab the sides in terror, everything will be fine. I finally decided to give Kiwi the benefit of the doubt and went for a couple of rides with him – we managed to stay dry; this of course was a miracle. As the trip progressed, Capt Lee and I started to handle the "swift water" on our own more and more competently, building up for the real thing. I admit that we were getting quite cocky. At one of the more serious swifts we came to, the French Connection yelled back to us that we should go ahead and do it – we would be OK. Well, it is always better to err on the side of caution, so we waited for them to show us the way, as they were the most experienced. They got a little too close to a tree on shore which knocked Capt Proteau out of the canoe and caused them to tip right over. Well! There they are in the drink and only us close by, so off we go. In the meantime, up paddle ANAS Team 2 just in time to see us going for it. They yell, "hey, look out – that could be treacherous!"

continued on page 12

Exercise Blue Light

By Captain Mike Lagace, Battle Group PAffO- 2PPCLI



Most Sundays, soldiers can enjoy their time off with a "Sunday Routine" after a week of hard work. As a new Battle Group, Roto 7 makes exceptions when systems have to be tested... which includes major medical evacuations... thus on 8 October, a wet, cold, overcast Sunday soldiers woke up to the call out of the Quick Reaction Force (QRF), medics, military police, engineers and patrol units.

It was reported that a major accident occurred on the outskirts of the Bos Petrovac Opstina. The Canadian soldiers were about to find 15 of their own critically injured.

"Traffic accident at the old Bos Petrovac platoon-house". An SFOR truck transporting unexploded objects (UXO) has been involved in an accident with another Canadian SFOR vehicle- a bus. No one knows how many injured. Exercise Blue Light has begun.

The scenario is bad and, in reality highly unlikely given the security regulations applied when SFOR moves UXO - but the Division wanted the Canadian training put fully to the test.

First on the scene were Canadian MP's MCpl Lamont French and Cpl Darren Fox from Camp Maple Leaf in Zgon. After dealing with "local press" who had already arrived, MCpl French started the difficult task of securing the scene of the accident.

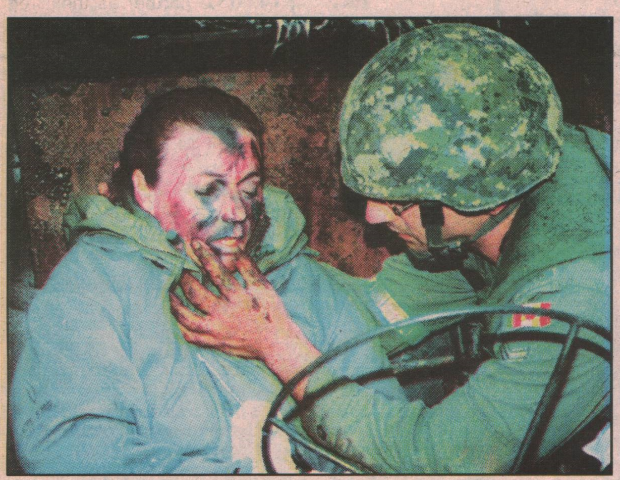
"Stay inside the bus! Do not step on the ground!"

With mines and grenades scattered all around, he feared the consequence if someone should make a bad move in a desperate attempt to save themselves.

From the truck, screams of pain came as a reply. "I can't see, I can't breath". Although tempted, MCpl French was not risking further casualties crossing the minefield.

In the meantime, Fox radioed in vital information to the Canadian Quick Reaction Force (QRF), as they rolled in with their Bison armoured personnel carriers.

Then engineers were quickly dispatched, starting the dangerous work clearing a path to the injured. After realizing the mine detector was reacting to debris, there was no other alternative than to crawling in the mud. In the engineer's world they call it "playing Liberace". Cpl Robby Farhat and Sapper Ben Lees started the clearing with their fingers, guided by the watchful eyes of Sgt Renald Morneau.



As the vehicles were reached, the injured personnel were helped or carried out, one by one, by the soldiers of the QRF.

The medics had their skills put to test, treating casualties with injuries as distinct as a broken nose, facial burns and blocked windpipes. Assessing was critical. There were dead casualties as well.



"The Blue Light exercise is a standard mass casualty evacuation exercise mandatory for all new contingents", says Operations Officer Capt Barry Bartlett.

"The recovery team, medical team, engineers, and riflemen, all benefit from this exercise. As for the Battle Group communications, they also get good training" he said.

"We must be prepared to deal with casualties of a massive nature, and give the medical care needed. Therefore we must rehearse."

In all there were over 100 soldiers deployed to the scene from as far away as Drvar, Zgon and Coralici.



Capt Lagace is the Battle Group Public Affairs Officer with 2PPCLI Battle Group, Op Palladium Roto 7.

The Black Hearts Go Soft

By Lt Joe Pardy, LO Coralici

Look out Calvin Klein- here comes Master-Corporal Andy Lamash, 33C 2 i/c, AKA "The Kid", or "The Mayor of Alilbabici". Recently Master-Corporal Andy Lamash distributed his new Fall line of humanitarian aid clothes to the town of Alibabici.

After declining an interview with Fashion File, he graciously gave a few comments to "The Sandbag". "Our number one responsibility here is providing a safe and secure environment, but I feel with my crack team of fashion experts we have a special gift to give. Many of these people returning to their homes are in pretty hard shape; one of their many needs are clothes and my team have made it our personal mission to make sure they look good," says Master-Corporal Lamash.

The Team consisting of Master-Corporal Andy Lamash (as Designer), Private Travis Jones (Materials and Sewing), Private Parnell "Pac-Man" Pachel and Private Chris "Fonze" Whalen (Colour Coordinators) make up the fashion police.

This altruistic behavior is not isolated to 33C, but is rampant throughout 9 Platoon. At first glance 9 Platoon "The Black Hearts" may look like a cold, hard, rugged group of troops, but look a little closer and listen a little harder and you will realize this platoon really cares for all living creatures. In between the clanging of weights in the gym as "Pac Man" and "Fonze" argue over which color best goes with tope, Private Jay Boyes voices his concern with the lack of cross stitch classes for elderly women in the area of Cazin. This is just a glimpse of the attitude in 9 Platoon.

Overall, this platoon, as well as C Company in general, has done an outstanding job in providing humanitarian assistance for people returning to the area. Keep watching the Balkan runways for 33C's winter line; "The Mayor of Alibabici" says it's some of their best work yet.

The next thing we know, they are in the drink, too. Of course, who shows up next but the king of the turnover, Kiwi and company, safely, I might add. Our Kiwi shouts, "I have to get a picture of this – the girls rescuing Denis!!" Needless to say, Capt Forest's dignity suffered somewhat but he soon recovered from this humiliation. In the meantime, the episode had its up side as we learned how to perform a "T" rescue and how to retrieve people and gear from the water.

By now, my partner and I were ready to to try white water on our own. We learned to scout to determine best point of entry and routing through, as well as terminology and strokes. We always made out just fine even though it wasn't always pretty and I think that sometimes we, too, had more guts than brains. We certainly had Lady Luck on our side. We both admitted after the fact that prior to each run we were pretty weak-kneed and always had the sudden urge to have a nervous pee. Its too late when you are in the canoe and headed downstream, isn't it? (This urge would pass upon triumphant completion of the run). On day 6 we had the most fun as it was not a long day distance-wise but there was a lot of white water to play in. We spent a lot of time scouting and deciding the best way to tackle the job, and there were a lot of kit portages. After that day, Capt Lee and I were very cocky and apparently had something called "mojo".

Other highlights of the trip were some of our camping spots. For the most part they were beautiful, usually on an island or by a waterfall. One of the best ones came equipped with a makeshift toilet – sort of a green plastic affair open to the front and exposing the head and shoulders of its patron. The men thought it was wonderful. Unless it was dark, Capt Lee and I continued our forays into the bush. Needless to say, we had the most scratched up legs out of the group as a result of this. One of the worst spots was in a burnt out area that was literally on a sooty old rock, in the rain. Other pesky things to contend with of course were the eternal mosquitos and on the last day or so, black flies. You sort of got used to them after a while. Our mosquito hats emerged on a few occasions, and thank goodness for high concentration Deet products. The last night was spent on a lovely site located on a small island situated between two waterfalls. It was here that one of the Excrement Officers decreed that "no one shalt take a dump on this island"; in other words, get into a canoe and go across, as the island was indeed very small.

The last day of the trip featured a fishing derby, which Capt Krak won with that huge and delicious fish. On another day, we all stopped in the middle of the river to indulge in snacks, etc, and the wind was particularly brisk, blowing downriver. Of course we started drifting downstream at a pretty good clip and someone suggested pulling out the big blue tarp. It would be hardly noticeable from the air in case the Cmdt and the foreign aircrew who were visiting our school that week flew over. Before long we had a full sail up complete with spinakers (if that's what you call those things) and a rudder man or two. Hey, chalk us up for initiave and resourcefullness.

It was an experience having to use those little iodine pills in all the – yuch – river water we had to drink. Flavoured drink crystals go a long way. After a while we got used to straining the little greeblies from the water through our teeth.

We had real entertainment watching the Kiwi's attempts at the culinary arts, then trying to eat his creations. The question we all had was why would someone wait for a trip like this to try to make things he has never made before?

On the trip back to Winnipeg, everyone excitedly crowded into a small out of the way roadside diner to indulge in a hot, served meal. We ordered "regular" milkshakes, "hungry man's" breakfasts, and "Uncle Buck's" burgers and fries, all of which were gargantuan. I swear the burgers alone were at least a foot tall and required shish kebab skewers to hold them together. Paul Bunyan couldn't have eaten all that food, but we took a good stab at it. The only ones who even came close to consuming their entire Uncle Buck's burger were those who had passed on the "regular" milkshakes.

It was 23 Jun that day and it seemed that in no time at all we were back at 17 Wg and dispersed to our homes and families and looking forward to hot showers. The trip was over, bragging rights instituted and no injuries, thankfully, except for a few bruised egos. Till next year!

← Charging Gator continued from page 10

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A Poppy for our thoughts

By Major CM Walton-Simm

Although not everybody knows the meaning of the poppy or how the poppy became so closely associated with remembrance of the war dead, each November over fourteen million poppies bloom in Canada. The association was not new when the poppy was adopted in Canada in 1921. In fact, at least a 110 years before that time, a correspondent wrote of how thickly poppies grew over the graves of the dead. He was speaking of the Napoleonic War and its campaigns in Flanders.

But a Canadian medical officer was chiefly responsible for this association, more so than any other single known factor. John McCrae was a tall, boyish 43 year-old member of the Canadian Medical Corps from Guelph, Ontario. An artillery veteran of the Boer War, he had the eye of a gunner, the hand of a surgeon and the soul of a poet when he went into the line at Ypres on 22 April 1915.

The 1st attack failed, so did the next and the next. For 17 days and nights the allies repulsed wave after wave of attackers. During this period, McCrae wrote "One can see the dead lying there on the front field and in places where the enemy threw in an attack, they lie very thick on the slopes of the German trenches." Working from a dressing station on the bank of the Yser Canal, LCol McCrae dressed hundreds of wounded, never taking off his clothes for the entire 17 days. Sometimes the dead or wounded actually rolled down the bank from above into his dugout. While awaiting the arrival of batches of wounded, he would watch the men at work in the burial plots, which were quickly filling up.

Then McCrae and his unit were relieved. "We are weary in body and wearier in mind. The general impression in my mind is one of a nightmare", he wrote home. But McCrae came out of Ypres with 13 lines scrawled on a scrap of paper. The lines were the poem, which started: "In Flanders field the poppies blow…"

These are the lines now enshrined in the hearts of all soldiers who heard in them their innermost thoughts. McCrae was their voice. The poem circulated as does a folk song, by word of mouth. Men learned it with their hearts. In the United States, the poem inspired the American Legion to adopt the poppy as the symbol of Remembrance. In Canada the poppy was officially adopted by the Great War Veterans Association in 1921 on the suggestion of a Mrs. E. Guerin of France. But there is little doubt that the impact of McCrae's poem influenced this decision.

In Flanders Fields

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe.
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields

John McCrae
December 8, 1915

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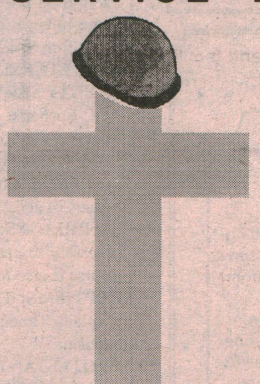

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X-Mas Craft & Bake Sale

Winnipeg Military Community Council
presents
Christmas 00 Craft & Bake Sale
Saturday 18 November
9:00 AM - 3:00 PM
Lipsett Hall Recreational Centre
(near the corner of Kenaston and Grant)
Open to the Public
Admission One Dollar
17 yrs & younger free
Handmade Unique Gift Ideas

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DEADLINE 3 NOVEMBER 2000
DATE DE TOMBÉE 3 NOVEMBRE 20000
NEXT ISSUE 15 NOVEMBER 2000
PROCHAINE EDITION 15 NOVEMBRE 2000
Please ensure name and unit appear on the back of any photographs submitted for publication in The Voxair. The Voxair does not guarantee the return of photographs which do not bear name and unit on back.

OFFICE HOURS
MON. to FRI. 0815 -1600 hrs
(DEADLINE DAY FRIDAY)
HEURES DE BUREAU
LUNDI à VENDREDI de 8h15 à 16h00
TELEPHONE
889-3963 / FAX 885-4176
Telephone-answering system operates remainder week
Repondeur automatique pour le reste de la semaine

What's Happening

WING RECREATION LIBRARY

Telephone: 833-2500 LOC 2490
HOURS OF OPERATION

SUN	2-5PM
MON	4-9PM
TUE	4-9PM
WED	4-9PM
THU (split)	10-1 & 4-9PM

CLOSED FRI & SAT

Interested in a Story Time for pre-school and kindergarten, during the afternoons, leave your name and number at the library.

Did you know that you could reserve and renew your books over the telephone, just call Michelle, I will be happy to assist you.

On behalf of the library patrons, I would like to thank Ulysse Hamelin and Gunter Wenzel of WCE Paint Shop, for their generous donations of books. I would also like to thank Lynda Smith for her contribution of current authors. Charlene and Stan Martiens for their donation of fiction and non-fiction books. In addition to named donators, I would like to thank all the anonymous contributors. Books received with great enthusiasm. Any donated books that we are unable to use will in turn be passed to a non-profit charity.

Junior Book Club is off to a great start; if interested you may join us any Sunday 3-4 at the library.

For more information on these or any other topics, please contact Michelle at the library.

Come check us out

2 PPCLI DEPLOYMENT AWARENESS

Throughout the upcoming period of deployment it is important that 17 Wing deployed personnel and their families, who keep the home fires burning, know their fellow Canadians are thinking of them and we hope to recognize this. We would like to hear from you with words of pride, encouragement and support during the time they are away, especially for birthdays, anniversaries and at Thanksgiving and Christmas. As we celebrate here at home, we can think proudly of our deployed personnel and the job they are doing for our country. The following are deadline dates for you to submit your messages via the Voxair to our troops:

November 3/00 November 17/00 December 1/00

17 Wing Ceramic Club

Hours of operation are as follows:
Sun - Tues 1800 - 2200
Office closes at 2000
Phone 833-2500 ext. 2496
Building 33, Westwin Community Centre
Whytewold Road

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Sun - Tues 1800 - 2200
Office closes at 2000
Phone 833-2500 ext. 2496
Building 33, Westwin Community Centre
Whytewold Road

ARE YOU READY FOR CHRISTMAS???

Having trouble finding that perfect gift for the one you love.....why not try ceramics. People will love getting something homemade straight from the heart. We have a wide assortment of Christmas molds to choose from. Come in and see what we have.

We also offer a wide variety of molds to choose from ranging from those little kitchen caddy's that everyone loves to the most intricately detailed ornament we all like to admire. Join us and you'll find out why so many people love our craft.

If you require information please contact June at 888-6059, Cindy at 885-6718 or Michelle at 831-0113.

"Help, I Need Childcare!"

For CF members deploying on short notice and to support the families of members who are employed away from home...

You can access the MFRC **Deployment Emergency Childcare Service** 24 hrs by calling 935-7733



Your call will be answered through a paging system. Be prepared to leave a number where you can be reached.

Through phone consultation, the DEC Coordinator will assist in determining your childcare needs and the services available to meet them.

Funding is available to fully cover reasonable costs for the first 72 hrs of care and a portion of an additional 3-6 days.

Every effort will be made to identify childcare within an hour.

Call Catherine Chatterley for more information 489-7003

The Manitoba Government supports and facilitates quality childcare through strict operating regulations and licensing. The DEC program ensures quality service and support to our members through referral and promotion of licensed ECE professionals & regulated services.

Together in Church



CATHOLIC

CHAPLAIN: Father Paul Gaudet 833-2500 ext. 5272
PASTORAL ASSOCIATE: Padre Tess Drabick 833-2500 ext. 5349
SECRETARY: Carol Cochrane 833-2500 ext. 5087
MASSES: Sat 4:30 PM, North Chapel
Sun 9 AM, North Chapel & Sun 11 AM South Chapel
RELIGIOUS EDUCATION: Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.
CONFESSIONS: The sacrament of reconciliation is offered by appointment. Contact the Chaplain's office.
BAPTISMS: We recommend that you contact the Chaplain's office for an appointment prior to the birth of your child.
WEDDINGS-MARRIAGES: Contact the Chaplain at least six months in advance. A Marriage Preparation Course is a requirement.
CATHOLIC WOMEN'S LEAGUE: Meets the second Tuesday of the month at 1900 hrs alternating between the North and South Chapel Annexes.

PROTESTANT

CHAPLAINS
Padre Doug Ohs (ACC) - Office 833-2500 ext. 5417
Padre Brad Busch (Evangelical Luth) - Office 833-2500 ext. 5785
Padre Kevin Klein (Luth) - Office 833-2500 ext. 6022
Padre Bob Sparks (Presbyterian) - Office 833-2500 ext. 2267
SECRETARY: Carol Cochrane - Office 833-2500 ext. 5087
SUNDAY SERVICES: 0900 hrs South Chapel & 1100 hrs North Chapel ACC Eucharist is sometimes offered at 1015 at the North Chapel. Check the weekly bulletin for dates.
SUNDAY SCHOOL: Sunday School is held during the service for children ages 3 to 12. Childcare is provided on an as required basis for children under 3 years of age.
MARRIAGES: Six months notice is required for marriages as counselling is necessary to prepare couples for Christian marriage. A Marriage Preparation Course is also required.
BAPTISMS: The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.
PROTESTANT LADIES GUILD: The Guild meets the first Monday of the month at 7:00 PM in the North Chapel Annex. All women are welcome.

FOOD BANK: The Food Bank is a joint under-taking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.
EMERGENCY CHAPLAIN: After normal working hours, the Emergency Chaplain can be reached through Wing Ops at ext 2700 or 2 PPCLI Duty Centre ext 2727.
OTHER PHONE NUMBERS: For your convenience, a phone number has been set up to provide callers with information on service times and contact with the Chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

17 WING WOODWORKING CLUB

Located:	Building 33 (Family Resource Centre)
Hours:	24 hours a day seven days a week
Cost:	$50 + GST per year individually or $75 + GST family (dependents over eighteen).
Equipment:	Full compliment of stationary and hand tools.
Sales:	Limited supply of hardwoods.
Discounts:	Hardware store discount cards and access to wholesale lumber.
Contacts:	Pres: Capt Steve Wilson lcl 6674 V President Cpl Marco Fillion lcl 2327 Treas: WO Greg Speakman lcl 5555 Secretary: Capt Sylvain Gazaille lcl 5154 Equipment Mgr: Sgt Gilles Lantagne lcl 5305

MFRC

The MFRC Volunteer Program!

Are you interested in becoming a volunteer at the MFRC but you're just not sure what you want to do or what we have to offer?

Volunteer opportunities are available for all types of schedules and skills. Why not give it a try? You can make a difference!

For more information on the volunteer program at the MFRC please contact Celine at 489-7003.

TEEN BABYSITTERS....WE NEED YOU !



* Parents at CFB Winnipeg are searching for babysitters to provide care to their children while they are out. If your teen has completed a babysitting course and would like to be added to the MFRC Babysitting list, please drop into the MFRC at 350 Doncaster St. to fill out the required forms. Parents of teen sitters can rest assured that the MFRC teen babysitting list is not for general distribution or posting. Parents seeking sitters must sign a waiver form, while the actual listing gives only the name of sitter, phone number and generalized home address (ie. North side) A great way to make some money and contribute to your community!

CHILDCARE RESOURCES

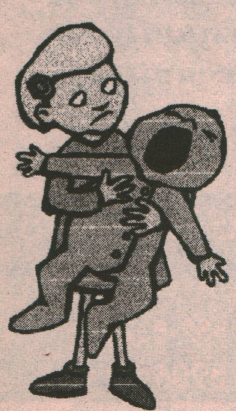
* The MFRC compiles and updates a variety of childcare resource listings, which are available by stopping by the MFRC during regular working hours. Our listings include:

> All Licensed childcare providers in Wpg.
> Community childcare listings
> MFRC Drop off childcare schedule
> NOW OPEN! **"The MFRC Childcare Centre"**

CALLING ALL CHILDCARE PROVIDERS!

* All community childcare providers (licensed and unlicensed) are welcome to advertise at the MFRC. Your advertisements should be on a 81/2 X 11 page and outline your range of child-care services including location, hours of service and contact numbers. Many Military Families are looking for care with extended/flexible hours to accommodate early timings and operational commitments. Drop-off or fax your ad to the MFRC at 350 Doncaster St. fx. 489-8587. Your ad will be placed at all three MFRC locations ensuring accessibility to our entire community.

For more information call Catherine at the MFRC at 489-7003.





Youth Services

Sleepover at the Museum of Man & Nature

On Friday, Dec 29th the MFRC Youth Services will be holding a sleepover at the Museum of Man and Nature.
After arriving at the Museum at 6:30 we will explore the Science Centre, Nonsuch, Urban Gallery and the Planetarium and have a snack of pizza. There will be a treasure hunt and flashlight tour of the galleries! Then we'll be tired, it will be bedtime in the Science Centre. Parents will pick up their campers at 9:00am Saturday.
The cost of the program is $25.00 per camper. (If you have a Youth Centre Membership the cost is $20.00.) This program is open to all school-age children.
Adult volunteers are welcomed. If you would like more information, please contact Diane at 488-8563. Please register by November 24th with payment. This program will not take place if the minimum registration does not occur.

Entertainment 2001 Books
Have you got your Entertainment 2001 book yet?
Time is running out!
Each year the MFRC Youth Services sells the Entertainment book in the community. This book is a 2 for 1 coupon book and has many great offers throughout the city including Safeway, M&M Meats, McDonalds, sporting events & the ballet. All money raised through the sale of these books is used by Youth Services to offset the cost of programs like Kidventures summer program and the drop-in programs. Cost of the book is $35.00 and is available now. If you are interested in purchasing a book, please contact us at 489-7003. We will be happy to deliver the book to your office.

Childfree Shopping
Childfree shopping is a service provided by the Volunteer Youth Corps. The Corps will look after your school age children at the Youth Centre while you shop. The Volunteer Corps will have crafts and activities planned. The service is free, however we will gladly accept a donation to the Volunteer Corps. You are required to pre-register for this service. Call 489-7003 to register.
The next Childfree shopping day is November 18 from 9:00 - 12:00 at the Lipsett Hall Children's Centre.

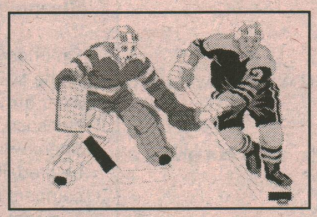
Volunteer Youth Corps
Teens - are you bored?
Are you looking for something to do?
The MFRC is looking for new members in the Volunteer Youth Corps. We provide training, leadership development and ongoing assessment. The Corps works in the community through various activities. These include special event set up & tear down, facepainting, working canteens, flyer deliveries, childcare and supervision of programs in the Youth Centre. There is also a junior Youth Corps for anyone 10 - 12.
Volunteering is a great way to meet new people, learn new job skills, make friends and it looks great on your resume.
There will be a meeting of the Youth Corps on Friday October 20 at 6:30. Meet us at the Youth Centre for pizza and a discussion of this year's projects. For more information, contact Diane Brine at the MFRC Youth Centre, 488-8563.

Get Real
Get Real is an interactive group for girls 11 - 15. We meet every second Monday night. If you are interested in joining this group, or would just like some more information, please contact Diane at 488-8563.

Sports

The Puck Drops on 2000/01 Intersection Hockey League

Tuesday 10 October was time to burn the turkey off. What better way to do it than play one of our favourite Canadian pastimes. Once again it was time to unzip the old hockey bag to see and smell what surprises waited from the previous season. Hopefully only the sweet smell of potpourri was noticed and not what we have always known hockey equipment to smell like.



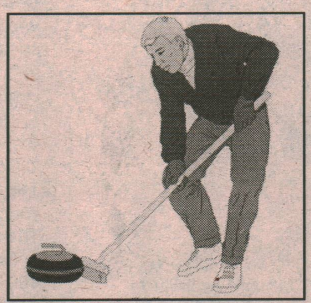
This season once again there are 16 teams in the league. Teams were made up from various units and now they get to fight for bragging rights. Although still early in the season, past rivalries will surely be carried over.

On behalf of the F&S Staff I would like to wish all the players a great and safe season.
I would also like to thank MWO Messier of Wing Supply for volunteering his time and enthusiasm in taking the difficult task of keeping statistics this season.

17 Wg Sports Coordinator.

The Rock is sweeping up at the 17 Wing Curling Club.

No not the rock of wrestling fame but our own dedicated curlers from various units on the Wing. Yes, it's time to smell what the curlers are cooking, take outs, draws, bumps and freezes.



16 teams make up this year's intersection curling league and it couldn't be soon enough or maybe it was? It seems that during the off season curlers make good golfers and as long as there is green in the grass and no negative mark on the thermometer curling is just going to have to wait. But El Nina is not around this year and the golfers/ curlers did finally come in.

With all that said, its going to be a busy season at the Rock's House (Curling Club). 17 Wg will be hosting the Prairie Regionals from the 26 Feb – 02 Mar 01 and April 06 - 10 will be an Invitational Championship bringing 2 teams from the 5 different regions to compete.

The 17 Wg F&S Staff wishes all the participants the best of luck this season and we hope to see you at the Base Playdowns 27 Nov – 2 Dec. For more info about this, please call Frank Charest, Sports Coordinator at local 5511 for details.



Swimming Lesson Registration
Lipsett Hall
December 9, 2000
9:00 - 12:00



Lessons will run beginning the week of January 8, 2001 for 10 weeks.
Lesson times Saturday morning and Tuesday night (Red Cross)
Sunday night Lifesaving Lessons if enough interest.
Any questions please call Leana 6183 or Carla Ryan 2059
Rec. Cards required for lesson registration

~ TAE - BOX ~

When: Mon/Wed/Fri 1200 - 1300 hrs
Where: Bldg 21 (Gym next to 1 CAD HQ)
Who: Professional Instructor ~ Janie Keith
Cost: $3.00 per class

Come out and join us for some fun & exercise !!
For more info, contact, Cpl Morton at local 6819



CANADA GOJU KARATE 17 WING DOJO

TRADITIONAL OKINAWAN MARTIAL ARTS
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PERSONAL DEVELOPMENT
PHYSICAL FITNESS
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CONVENIENT CLASSES
FOR INFORMATION CONTACT:
TUESDAY AND THURSDAY

JIM TAYLOR – 832-8348 OR LOC 5604
CHILDREN 6-7 PM ADULTS 7-8:45 PM
JP BOUCHER – 895-8784 OR LOC 6910
SUNDAYS
BILL VOGAN – 889-6115 OR LOC 5015
OPEN CLASSES 1-3 PM



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Special Event
to be held October- 5 to 7,2001. We are looking for all former students and staff for the years 1951 to date. To receive information on the event please send your name and address to:
Phone: (204)888-4867
Fax: (204)889-0830
E-mail: csmith@sjsd.net

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Reunion 2001



407 Maritime Patrol Squadron will be hosting Reunion 2001 during the 18-21 May 2001 long weekend at 19 Wing Comox, B.C. Reunion 2001 will celebrate 35 years of VP International Association camaraderie and 407 (MP) Sqn 60th Anniversary, which includes 20 years of CP140 Aurora operations on the Canadian West Coast.
To register or receive more information regarding the event please contact us at:

By mail:

Reunion 2001, 407 (MP) Sqn
19 Wing Comox
PO Box 1000, Stn Main
Lazo, BC
V0R 2K0

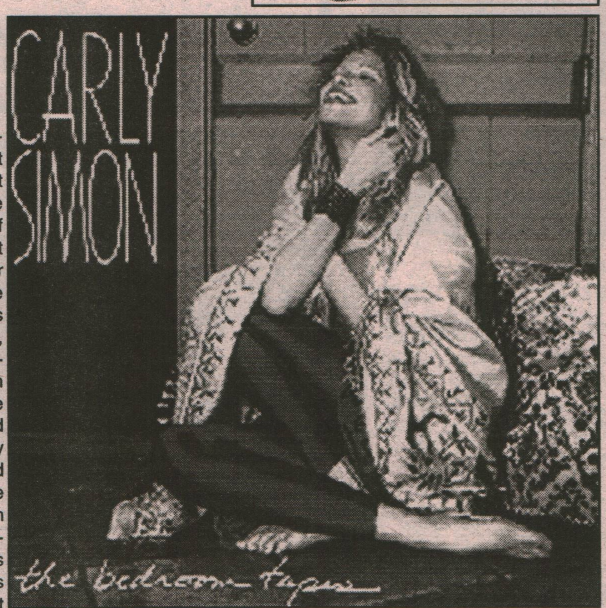
Web site: www.comox.dnd.ca/squadrons/407/home.htm
Email: reunion2001@comox.dnd.ca
Tel: Contact Reunion Coord at (250) 339-8211 ext. 8627/8428

Plan your staff Christmas Party at
Assiniboia Downs
Christmas Luncheon
($12.95 Buffet served in the Terrace Dining Room)
or
Christmas Dinner
($21.95 Buffet including dancing in the Terrace Dining Room)
Live Simulcast Racing
VLT's
For further information call
Lynn Greaves at 885-3330 Ext. 206

Music Review



Carly Simon
The Bedroom Tapes
(BMG)
Music Style: Adult Contemporary



Thirty years in the music business, and Carly Simon has just released what might be her most personal record yet. The Bedroom Tapes is the result of Simon's therapy for her fight against breast cancer. In her quest to battle the disease, she chose to channel her energies into music-making. To get there, she set up a home recording studio in her daughter's bedroom on Martha's Vineyard and, for more than a year, set about writing and recording her songs alone. Carly Simon has always been a good songwriter and singer, but the bulk of her catalogue suffers from emotional conjecture and too-slick production. But this disc is different. The Bedroom Tapes is a collection of simple, direct songs that come from a well deeper than the heart. The production is kept to a minimum, and in many cases, the tracks recorded by Simon in her makeshift studio are what we hear on disc. This is fine, as the stripped-down production gently frames these songs as thank-yous that Carly Simon is sending to the people who love her and who stuck by her when she needed them most. Her weathered yet sultry voice carries the message that everything's going to be all right. **(stephane.ippersiel@videotron.ca)**

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Fax: 304-34, 300-74
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SAT.
8:00 AM - 1 P.M.
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DR. STEVEN L. STRAUSS
DR. C. "KATZ" PILLER
DR. DAWN B. LAMEG
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FAX: 488-3526
AFTER HOURS/EMERGENCY: 488-4577
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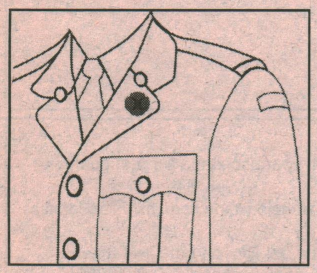
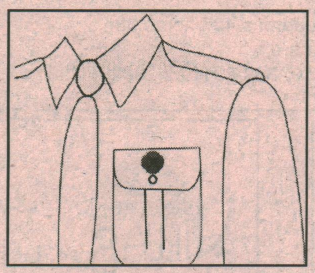
Wearing of Poppies

Please note that IAW A-AD-265-000/AG-001 the "Poppy" is authorized to be worn on uniforms for a total of two weeks prior to Remembrance Day.
Where to place the "poppy" on all uniforms is shown below.
Note - **THE POPPY IS NOT TO BE WORN ANYWHERE ON THE GORTEX.**

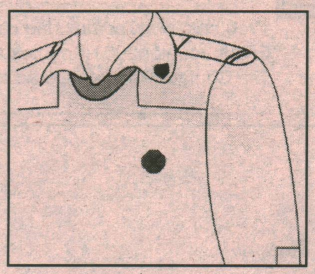
Position of Poppy on Service Jacket



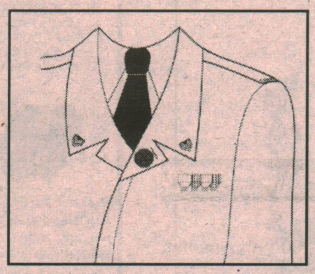
Position of Poppy on Shirt (long & short-sleeve)



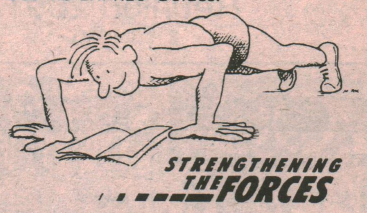
Position of Poppy on Sweater



Position of Medals and Poppy on Topcoat



Use the EXPRES Guides.



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Personal Classifieds

MISC. FOR SALE

For Sale - 1989 Chev Corsica $2,500.00, Men's size 61/2 Bauer skates - $50.00, black leather recliner $150.00, CCM stationary bike $75.00, wood coffee table $50.00. Call 488-2147 after 6pm.

For Sale - Homemade blonde oak coffee table $125.00 OBO Call 589-0638 after 5pm or local 6101

For Sale -New king size solid wood head board, never used - beautiful finish. $145.00 OBO Call 888-5675

For Sale - Royal Conservatory Piano books 1/2 price. New Piano Series - Repertoire 1,3,4 and 5 - Studies Album 3-4. Technical Requirements books 3,4,and 5. Call after 4:00pm 489-7990

For Sale - Double dresser $20.00, small kitchen table & 2 chairs (1 yr old) $45.00, quilting frame $20.00, 1947 refinished buffet $125.00, wooden shelving units $15.00, beige swival rockers $25.00, Sony CD& Magnavox stereo in cabinet & speakers $150.00 OBO, German Beer Mugs & glasses - best offer, Dark microwave stand $15.00, electric snow shovels $20.00, reel type push lawn mower $30.00. Call 831-7858 after 5pm - leave message.

For Sale - 1996 Red Ford Contour - excellent cond, key-less entry control sys, A?C, cruise, power locks, windows and mirrors, dual air bags, am/fm CD player. 66Km. Transferable warranty up to 140,000km/h. $11,500. Call 831-5567 or leave message @ 228-2276.

MISC. FOR SALE

For Sale -couch & chair, off white,very clean,1yr old. Pd $1600 asking $750obo. 837-8814

For Sale - Kenmore washer and dryer approx 7 yrs old. Mint cond. Various speeds and setting. $675.00.
11X14 oval/loop area rug, various beige colours. $50.00 Enclosed deep fryer, hardly used $50.00 OBO. Call 667-2427

For sale - Panasonic personal pager, model #EP5F52, $40.00 OBO.
Sub Woofer Speaker, MTX Road Thunder in own case, mint cond. $75.00 OBO
Please call 338-4117 after 5pm.

For Sale - Boy & Girl winter snow suits and accessories. Up to 3yrs. Baby items: carseats, infant and toddler, strollers, highchairs, playpen, exisaucer, jollyjumper, swing. Many other baby items in good condition. Call Shelley 489-2014

For Sale - 1-1952 Dodge 3/4 Ton, M37 Cargo/Troupe Carrier, c/w Winch & Pioneer Kit. Parade/Show ready. Safetied. 1-1952 Dodge 3/4 Ton, M37 Cargo/Troupe Carrier w/ Pioneer Kit. restoration started. Safitied. 1-204-256-5517 or email rejan@escape.ca

For Sale - Man's Austrialian Outback Jacket, Black, 3/4 length, size medium and hat. $175.00 (OBO)
Fridge and Stove (24") grn, good cond, suitable for basement or cottage. $200.00 for both (OBO) Call Wayne 294-5925 after 6pm

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If you have something for sale - there could be space available for you. Call the Voxair for details

WANTED

Will pay for good quality name brand clothes for boys sizes 6X -8 Call 488-8174

CHILDCARE PROVIDERS WANTED

The Winnipeg Military Family Resource Centre is looking for community members who operate a family home daycare or casual childcare services. We would like to add you to our "Community Childcare Providers" listing. Many families are looking for care and our childcare resource listing is in high demand. Please drop-off or fax your ad to MFRC at 350 Doncaster St. fax, 489-8587. If you have questions about child-care resources, call Catherine at 489-7003.

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Tarascopes for November 2000 - By Nancy - Appts call 775-8368

ARIES (March 21 - April 19): A choreographed theatrical event indicated - prepare to help organize the Christmas pageant. Signing up for winter sports. A source of extra income dries up. Don't count your chickens before they hatch loyalty can't always be counted on.

TAURUS (April 20 - May 20): You'll lead the group project or you'll do it alone. You need to be in charge. Working overtime is worthwhile if you want to be noticed. You work well under pressure at this time just double check all deadlines.

GEMINI (May 21 - June 21): Only a written apology will appease someone who's been hurt by what's said in anger and haste. To avoid this situation observe, then think before you speak. Otherwise, you'll regret action taken in response to assumptions and uncertainties, instead of reality.

CANCER (June 22 - July 22): Join in group projects and events. It's not the achievement that's important it's the activity itself. A period of contemplation may be mistaken for sadness by those around you. You need alone time to discern what's special and what needs changing in your life.

LEO(July 23 - August 22): You have great aspirations and an eagerness to see your vision realized. Stubbornly trying to make continuous leaps forward is not recommended. Instead, take regular breaks; recharge when you reach a plateau so you don't burn out.



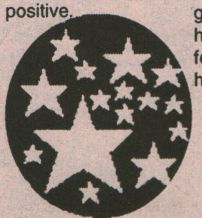
VIRGO (August 23 - September 22): Renovating or building requires better quality materials than you'd chosen. The extra money is well spent. These are not frills they are basics and will ensure durability. If you cut corners or costs, you'll not be pleased in the end.

LIBRA (September 23 - October 23): View change or loss as positive. You'll be introduced to a baby girl. You're going to a dance as well as a party. New acquaintances expand your mind. Take special care around sharp objects.

SCORPIO (October 24 - November 21): Positive, joyful, harmonious feelings. Now that you've finally decided on a goal, the worrying is over. Once you know what must be done it's just a matter of doing it. Success is a given.

SAGITARIUS (November 22 - December 21): Follow an intuitive hunch you have for creating a new enterprise. The sense of being in charge, plus the excitement and mental stimulation appeal. Keeping current on developments in the field rejuvenates you. The Caribbean is calling.

CAPRICORN (December 22 - January 19): Time to go places even if you're not ready yet. You really shine. Upheavals indicated at work. An upper manager will be leaving soon. Don't burn your bridges with this person, they will be back and may be your ally in the future. Remain positive.



AQUARIUS (January 20 - February 18): A seed you helped nurture is ready to bear fruit. You've got to get up there and sell yourself as well as the product. Not sure what to wear when in the spotlight? Props help. Ideas abound and answers are available when needed. A Leo offers moral support.

PISCES (February 19 - March 20): Your head is in the clouds so take advantage of it. Get creative, write, paint, sew. Bring out that inner vision. Public displays of your work will give you the opportunity to learn how to deal with judgements - feedback can assist you to hone your skills.

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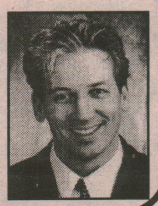

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