

The VOXAIR

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October 13, 1999 / FREE



Boxtop 2-99 Non-stop Ops!

by Maj D.J. Hamilton

While many of us enjoy the last stage of summer and the start of school, end-August is the time where the C130 community is busy at work airlifting supplies to CFS Alert and Eureka in prepara-

general airfield/CFS Alert support, aircraft maintenance augmentation, and material movement services to form the BOXTOP 2/99 airlift component element's (ALCE) team. Approximately 130 personnel

delivering 590,00 lbs. of freight, 40,000 lbs. of JP8 aviation fuel and 212,000 Imp gallons of domestic fuel into Alert and Eureka while compiling approximately 350 flying hours.

Although on track, some diffi-

craft. This consistent use is also helping to identify some minor quirks within some systems that will be noted for action following the operation.

With operations on-going 24 hours a day, people are either



tion for winter. Although BOXTOP operations occur regularly twice a year, this summer's operation from 19 August to 4 September, was not simply a routine operation.

Due to the transition process of aircrew and aircraft to the Avionics Update Project modified systems (AUP), the traditional C130 community approach to BOXTOP could not be followed. Instead, to effectively achieve the operation's objectives, 435 Transport and Rescue squadron was fully tasked to take on this operation using their AUP modified aircraft. To supply the required nine sets of AUP qualified aircrew, 435 (T&R) Sqn's search and rescue (SAR) duties were then transformed to a 442 Sqn detachment stationed in Cold Lake for the duration of the BOXTOP.

As a result of these circumstances, 435 Sqn has deployed four aircraft and 88 personnel to BOXTOP making this the Sqn's largest deployment since its move to Winnipeg. The Sqn's air and ground crews join approximately 78 others from 17 Wing, 8 Wing and other locations providing transportation, communications,

work out of Thule, United States Air Force Base, Greenland with the others supporting activities in CFS Alert.

BOXTOP 2/99 has delivered admirable success flying around the clock for 12 days. Each trip to Alert would commence with up to two hours of ground activities to ready and load the aircraft and plan the trip. Once launched, the flight was usually a quick hour and a half. At Alert the aircraft was offloaded and sent back on its way to Thule within an hour. This cycle, continued until aircraft repairs, weather, or crew timing caused the schedule to readjust. This summer's operation has met its basic objectives

but having four aircraft available has provided the flexibility to keep missions going while problems get resolved. The high skill and teamwork of the aircraft maintenance crews has ensured that the aircraft problems encountered were resolved as soon as possible. This operation is also providing a good operational shake down of the AUP aircraft. In many ways aircrew has been impressed with the aircraft's new capabilities and has continued to learn more about these systems. As aircraft pass one another on the to and from flight paths, the new system's accuracy is as clear as the view of the passing air-

busy at work or recovering and relaxing. The end of summer season in Greenland allows those who are resting the opportunity to take in the rugged spectacular scenery or to visit remnants of what was once a much larger USAF strategic facility. Some brave souls have also dared to take a dip in the ice cold waters in a traditional polar bear swim. As is always the case, the fitness, the recreation, and the support services shared by our hosts have been first class - keeping spirits high throughout the operation. Even though 435 Sqn enjoys the close co-operation and familiarity of its personnel, the teamwork and camaraderie of all BOXTOP sections, focussing on the operation's objectives, have enabled the ALCE to overcome all difficulties. The life experiences gathered by taking on challenges through friendship and teamwork in intriguing and diverse places, often becomes the highlight of a military career. Inevitably, this mission will live up to that standard in the memories of all those involved. BOXTOP 2/99 and 435 (T&R) Sqn have proven once again that they are "Determined to Deliver - Certi Provehendi!"

Next Deadline
October 15
for
October 27
Edition

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VOXVIEWS

New source of funding for 17 Wing?

by Major CM Walton-Simm
Managing Editor

As 17 Wing Comptroller, I've seen a lot of financial changes over the past two years, from Quality of Life funding responsibilities to the generation of revenue at the Wing level. Along with these changes have come reductions of funding and management of resources have come reductions to funding levels and the requirement to be very aware of what we spend our resources on: cost effectiveness and efficiency are the mottos we must all live by these days. All this to say that, I thought the days of receiving a windfall of funds or additional resources were over. But, there may be hope for us and a way to fulfill all our Business Plan requirements - winning big in sweepstakes as indicated in this recent notification form received in the office of the Wing Commander:

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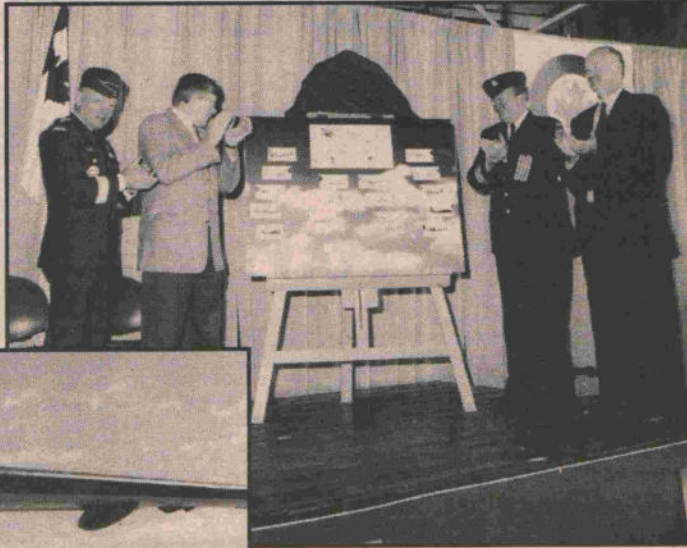
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Air Force stamp launch at 17 Wing



Air Force 75th Anniversary Stamp unveiling. Two Air Force members hanging the Air Force Roundel.



MGen Campbell, Commander of 1 Canadian Air division, MP John Harvard, Col T.F. Watt, 17 Wing Commander and a representative of Canada Post unveil the 75th Anniversary of the Air Force Stamp at a hangar in Winnipeg on September 17, 1999.

Philatelists joined Canada Post personnel and 17 Wing members on 17 September for the unveiling of a new set of stamps commemorating the 75th anniversary of the RCAF. John Harvard, MP, Charleswood - St James - Assiniboia, on behalf of Canada Post, presented copies of the stamps to Major-General Lloyd C. Campbell, Commander 1 CAD.

The stamps depict 16 airplanes used through the years by the Canadian air force including most recent ones such as a Sea King and one of our CF-18s that flew in Kosovo during the recent OP Allied Force. Specially cancelled First Day Issue covers were flown on an operational mission with 402 Squadron and were presented at the ceremony.

The stamp launch was one of many activities held to commemorate the 75th anniversary of the RCAF. The idea, quickly endorsed by Canada Post, is hoped to increase the visibility of the air force in the country. Many airplanes have been flown under the Roundel in the past 75 years and they have been part of many great success-



Maj Jim Oke, a member of 402 City of Winnipeg Sqn explains the CT142 Dash-8 A/C to an interested member of the public at the unveiling of the stamp commemorating the 75th Anniversary of the Air Force. The stamp was unveiled in Winnipeg on Sept 19.

Photos courtesy Sgt Guy Tarfil, 17 Wing Imaging

es, but they have also been part of much greater losses. As worded by Mr. Tony Jewells, Director of

Security for Canada Post - Western Canada: "the 75th anniversary of the RCAF is a proud reminder to us all that the dedication and contribution of thousands of men and women who have served should never be forgotten."

Let's hope these stamps will encourage Canadians to look into our proud history and support members of the Canadian Air Force in their future duties at home and overseas. Keep your eyes open as you should have a chance to see these stamps on letters very soon.

If you are interested in purchasing a First Day Issue cover, contact Capt Mike Rozak, Wing Heritage Officer, at local 2429.

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The Supply Line



by Mr. Rick Sukhan
Repair & Disposal
Supervisor

1. Have you ever wondered what happens to the "old" computers that are returned to Supply? With the ever-changing technology and many upgrades, Repair and Disposal has been the temporary home of thousands of unserviceable computers and related parts. Normally all surplus material (including computers) are disposed of through Crown Assets Disposal Corporation. On 16 Aug 1993, the Prime Minister announced that all computer hardware and software surplus to government's needs would be donated to the Canadian public under the Computers for Schools and Libraries Program. 17 Wing has been an active supporter of this program since its inception.

2. This program is a joint initiative of the Government of Canada, the Manitoba Department of Education and Training and the Telephone Pioneer of America. Its purpose is to recycle surplus computer

equipment and software to benefit schools, libraries and literacy centers located in Manitoba. A Provincial Advisory Board directs the program. This advisory board establishes the criteria for eligibility on an annual basis and generally oversees the program operations.

3. a. There are many government and civilian agencies who contribute equipment to the program. Since 1995 almost 8,000 computers have been provided to Manitoba schools and libraries by the program. 17 Wing has been an active supporter of these programs since its inception;

b. So far, 17 Wing has donated 104 CPU's, 414 display units, 104 printers, 48 keyboards and countless number bits and pieces as the result of systems being reduced to spares/parts. This program is ongoing, as there is much equipment awaiting pick up; and

c. Approximately 90 percent of the hardware returned to R&D

is obsolete or parts are missing. Sections that have surplus or obsolete computers return them to Network Control Center where they are cannibalized. Items no longer required are returned to Repair and Disposal. Wing Supply then contacts the coordinator of the Program who then picks up the computers or they are delivered by Forward Supply. The computers are then rebuilt to the requirements of the schools. So far approximately 110 schools have benefited from the computers donated by 17 Wing.

4. The program has many people who volunteer their time to help refurbish equipment so that it can be used in schools and libraries. Many of the volunteers are students who came to learn computer skills; Telephone Pioneers, who help deliver and refurbish equipment and dedicated people who donate their time to help. If anyone would like information on how you can volunteer or help in other ways, please call 988-1790.

Prairie region headquarters Cadets website winner of the 1999 Golden Web Award

The Prairie Region Cadet Website has been awarded the 1999 Golden Web Award. The Golden Web Award is presented quarterly to those sites whose web design and content have achieved levels of excellence

deserving of recognition. The Prairie Region Cadet website which is maintained by CI Jan Macauley can be found at www.prairiecadets.com and our E-Mail address is cadets@prairiecadets.com.

The Award is presented by the International Association of Webmasters and Designers an association dedicated to the recognition of creativity, integrity, and excellence on the World Wide Web.

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Sun 9 AM, North Chapel & Sun 11 AM South Chapel

RELIGIOUS EDUCATION: Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

CONFESSIONS: The sacrament of reconciliation is offered by appointment. Contact the Chaplain's office.

BAPTISMS: We recommend that you contact the Chaplain's office for an appointment prior to the birth of your child.

WEDDINGS-MARRIAGES: Contact the Chaplain at least six months in advance. A Marriage Preparation Course is a requirement.

CATHOLIC WOMEN'S LEAGUE: Meets the second Tuesday of the month at 1900 hrs alternating between the North and South Chapel Annexes.

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Padre Doug Ohs (ACC) - Office 833-2500 ext. 5417
Padre Brad Busch (Luth) - Office 833-2500 ext. 5785
Padre Steve Merriman (Free Methodist) - Office 833-2500 ext. 6022
Padre Bob Sparks (Presbyterian) - Office 833-2500 ext. 2267
SECRETARY: Carol Cochrane - Office 833-2500 ext. 5087

SUNDAY SERVICES: 0900 hrs South Chapel & 1100 hrs North Chapel
ACC Eucharist is sometimes offered at 1015 at the North Chapel. Check the weekly bulletin for dates.

SUNDAY SCHOOL: Sunday School is held during the service for children ages 3 to 12. Childcare is provided on a required basis for children under 3 years of age.

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BAPTISMS: The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

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DUTY CHAPLAIN: After normal working hours, the Duty Chaplain can be reached at 227-4751.

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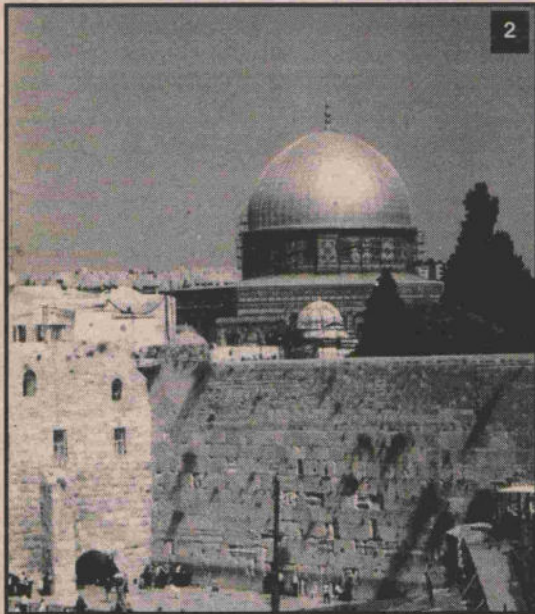
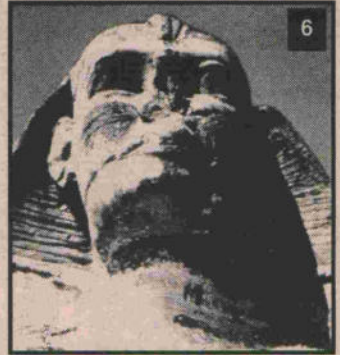
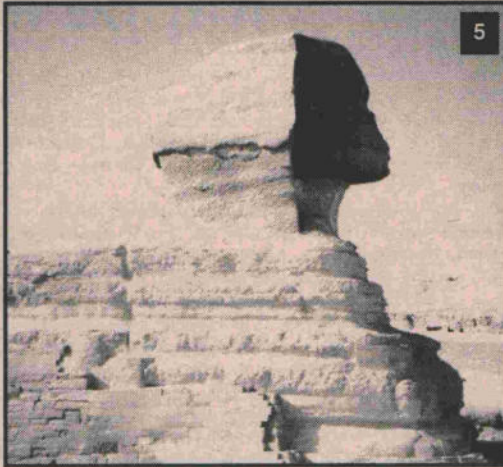
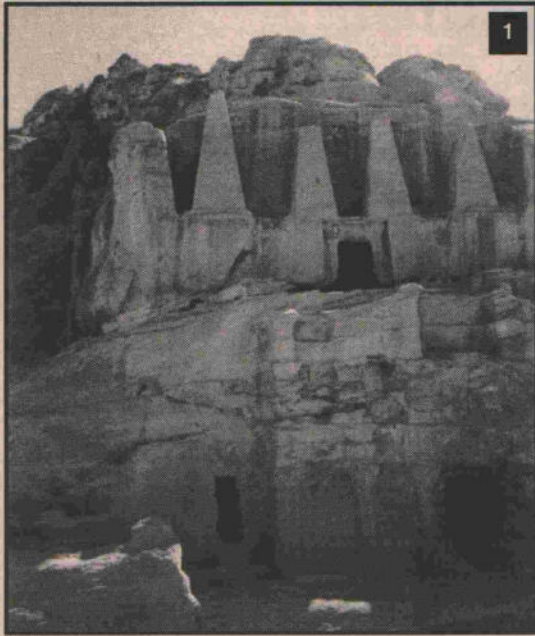
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Pictured are some images seen by many Canadian Forces Personnel who serve with Canadian Contingent UNDOF, selected by Cpl Val Craddock. Val served in Golan Heights during the period Aug 98 to Feb 99.

1. Al Khazna or the Treasury - Petra Jordan. The Treasury dates back to the 1st century. It is built into the side of the mountain. Of all the sites in the 'Red Rose City', the Al Khazna is the most breathtaking.

2 & 3. Wailing Wall - Jerusalem Israel. Set in the heart of the city of Jerusalem. People by the thousands leave personal notes daily.

4. Dome of the Rock - Background. It's the 3rd holiest Muslim site. The dome of gold can be seen for miles.

5 & 6. Sphinx - Cairo Egypt. Built by the Ancient Egyptians on the Giza Strip. The Sphinx stands guard at the pyramids to protect the Pharaoh on his journey to the after life.



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You can easily acquire one or more of these fine coins. Each issue will be available in the following mintage: proof in brass or fine silver (1 oz Troy) and antique finished bronze. All you have to do is fill out the enclosed order form and return it before November 1st 1999. The coins will be delivered between December 1 and 15.

You can reach us by e-mail at coins1wing@yahoo.ca or visit our web site at: http://members.tripod.com/~coins_1_wing.

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En 1997, vous avez choisi d'acquiescer les premières pièces des émissions de monnaie-de-tradition militaire de la Première Escadre ou du 10e Groupement aérien tactique.

Ces premières émissions marquaient la fermeture du 10 GAT et l'inauguration de la Première Escadre par la représentation des quatre hélicoptères utilisés par le 10 GAT au cours de son histoire: le Twin-Huey, le Kiowa, le Griffon et le Chinook.

Vous serez sans doute intéressés d'apprendre que la Première Escadre à l'intention de poursuivre cette tradition numismatique en commémorant ses principales opérations en sol canadien et outre-mer. Vous pouvez en effet dès maintenant augmenter votre collection: la Première Escadre vous offre

aujourd'hui trois nouvelles émissions numismatiques, réalisées par Les Monnaies du Québec dans la même qualité supérieure Fleur-de-coin que les précédentes.

La Première Escadre est fière de vous présenter une série de trois magnifiques émissions commémoratives d'événements qui ont marqué la vie de millions de citoyennes et de citoyens canadiens au cours des dernières années et qui ont mis en valeur l'efficacité du personnel et des appareils de la Première Escadre: les inondations du Saguenay de 1996, les inondations du Manitoba en 1997 et la tempête de verglas de 1998 qui a touché de grandes régions du Québec et de l'Ontario.

Vous pourrez facilement acquiescer une ou plusieurs de ces magnifiques pièces présentées en trois versions: une épreuve

numismatique en laiton ou en argent fin (1 once Troy) et une pièce frappée en bronze antique. Vous n'avez qu'à remplir le bon de commande ci-joint et à nous le retourner avant le 1er novembre 1999. Les pièces seront livrées entre le 1er et le 15 décembre 1999.

Vous pouvez également nous joindre par courrier électronique à l'adresse suivante: coins1wing@yahoo.ca. Nous avons également un site web: http://members.tripod.com/~coins_1_wing.

© Dessins originaux des matrices avers 4012-02.01F, 4012-02.02F et 4012-02.03F et de la matrice revers 4012-02F conçues et réalisées en 1999 par Les Monnaies du Québec. Tous droits réservés.



ÉMISSION NUMISMATIQUE COMMÉMORATIVE 1ÈRE ESCADRE

Bon de commande

COMMEMORATIVE NUMISMATIC ISSUE 1 WING

Order form

Nom - Name		MEMBRES DES FORCES CANADIENNES - MEMBERS OF THE CANADIAN FORCES		
Adresse - Address		Grade - Rank		NM - SN
		Unité - Unit		
	Tel: ()	Tél (au travail) - Tel (at work)		
Signature		LA LIVRAISON DES PIÈCES AURA LIEU ENTRE LE 1 ^{er} ET LE 15 DÉCEMBRE 1999 - COINS WILL BE DELIVERED BETWEEN DECEMBER 1 st AND 15 th 1999		

Emission/Version - Issue/Version	Finl - Finish	Quantité - Quantity			Prix - Price (*)	TOTAL
		Operation Saguenay	Operation Assistance	Operation Recuperation		
Bronze	Antique				16.00	
Laiton - Brass	Épreuve numismatique - Proof				16.00	
Argent fin - Fine Silver (1oz Troy)	Épreuve numismatique - Proof				55.00	
Palladium, Or et Platine - Palladium, Gold and Platinum		Les prix pour ces métaux sont à confirmer sur commande Prices for these metals are to be confirmed on order				
Frais d'expédition pour chaque pièce - Shipping fee for each coin		Qté - Qty :		@	2.00	
SOUS-TOTAL - SUBTOTAL						
TPS (résidents du Canada seulement) - GST (Canadian residents only)						7.00%
SOUS-TOTAL - SUBTOTAL						
TVQ (résidents du Québec seulement) - PST (Quebec residents only)						6.50%
TOTAL (faire chèque ou mandat à l'ordre de - Make check or money order payable to: 10TAG / 1 Wing Coin Shop)						

(*) : Le prix inclut la capsule et l'écrin. The price includes the holder and case.



Ces émissions numismatiques de monnaie de tradition militaire ont été réalisées par Les Monnaies du Québec. Chaque pièce sera frappée en qualité supérieure Fleur-de-coin sur des flans de 38,5mm de diamètre, livrés dans une capsule hermétique accompagnée du certificat d'authenticité émis par Les Monnaies du Québec. - All of the coins-of-tradition will be minted under the numismatic authority of Les Monnaies du Québec. Each coin will be struck in superior Fleur-de-coin quality on 38.5 blanks and delivered in an air tight holder with an individual certificate of authenticity issued by Les Monnaies du Québec.

SVP faire parvenir ce bon de commande complété, accompagné de votre paiement complet, avant le 1^{er} novembre 1999 - Please return this completed order form, along with your full payment, before November 1st 1999

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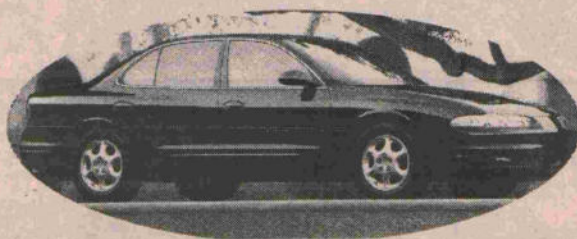
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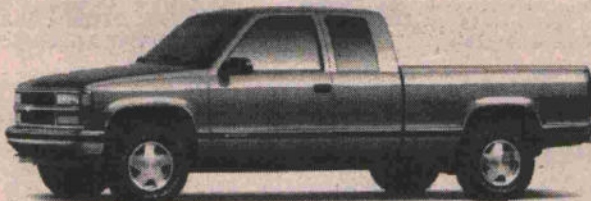
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1999 & 2000 Chev Venture



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Awards Present

Photos by 17 Wing Imaging



Col T.F. Watt, WComd presents Sgt R.J.J. LeClerc the Air Command Commendation for his courage and dedication to duty that was displayed during the extremely hazardous and challenging rescue of two injured survivors of a light aircraft crash in British Columbia on 14 Jun 97. Well done Sgt LeClerc.



Capt B. Riedle of 3 CFFTS receives recognition for his commendable and noteworthy achievement in having achieved 2000 Flying Hours on the Dash 8 while employed with 402 Sqn. Well done Sir.



MCpl S. Zeidler and Mr R. Haines accept, on behalf of all employees of the Wing's Sewage Treatment Plant, the WComd's Commendation for outstanding contribution to the DND program for sewage treatment plant optimization. Through their unstinting dedication, commitment to thoroughness and enthusiastic cooperation with the DND project team, the 17 Wing optimization project was completed in the shortest time to date for the DND program. Well done everyone.



Ms Nicole Baccus receives a Certificate of Recognition from the WComd for her outstanding efforts in support of Public Service Week 13-19 Jun 99. Nicole, a summer student, has been employed by the Wing's Human Resource Business Manager for the past five months. She, along with many others, was very instrumental in the success of the WCWO's Annual BBQ and Slow Pitch Tournament that was held in June in conjunction with Public Service Week. A sincere thank you is extended to Nicole from both Mr Ian Hamelin, Director Civilian Personnel Service (Prairies) and CWO Lynda Ann Smith, WCWO, for her contribution in making such a success of this year's activity.



Maj R. Furney, on behalf of 435 Sqn accepts a Public Works and Government Services Canada (Whitehorse, Yukon) Certificate of Appreciation from Col T.F. Watt, WComd. This certificate expresses gratitude for assistance provided to the Yukon by 435 Sqn during the Icestorm of 98. The Sqn transported 17 large generator units to Ontario and Quebec for farmers without electricity or heat after the storm.

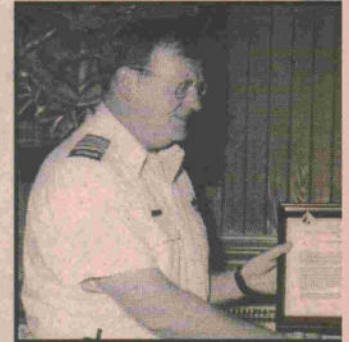


PLAQUE OF APPRECIATION

In Nov 98, sixteen representatives from the First Air Force/Continental US NORAD Region (CONR), the Air National Guard Readiness Center (ANGRC) at Andrews AFB and the First Air Force Air National Guard Fighter Wings conducted site surveys of infrastructure, facilities and host wing support at the NORAD-assigned Forward Operating Bases and Locations in Canada. In the very capable hands of Aircraft Commander Captain HB. Riedle, Co-Pilot Captain Glenn Scott (missing from picture), Flight Engineer Cpl R. Shave and Flight Steward Sgt S. Seymour, 402 Flight 3074 left an indelible mark of Canadian Air Force professionalism, excellence and teamwork on all members of the CONR team.

Quote" On behalf of not only the First Air Force/CONR, but the ANGRC as well, please convey my sincere thanks to 402 Sqn for their tremendous support of this important mission and for selecting such an exemplary crew for the assignment." L.K. Arnold, Major General, USAF, Commander First Air Force/CONR.

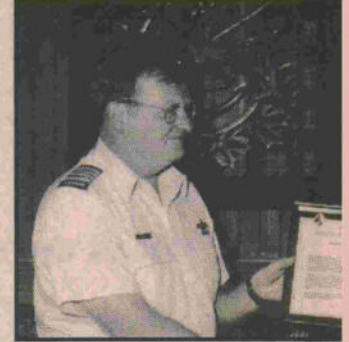
Flight Safe Awards



Capt Glenn Maxwell, 3 CFFTS, receives a Flight Safe Award from Colonel T.F. Watt, WComd 17 Wing for his actions used to fly approaches in cloud conditions provided to the aircraft above a tower was an approach plate due to recent tower construction and had potential to approach plate due to reported and had potential to cause a mid-air collision due to poor visibility. Great job Glenn!



MCpl Steve Shrewsbury-Gee from 435 Sqn receives a "Professionalism" Award from Colonel T.F. Watt, WComd 17 Wing for his actions in identifying a damaged and unsecured TACAN antenna on the aircraft. The damaged area prevented the antenna from being damaged causing further damage to the aircraft or personnel.



Cpl Scott Jack from 402 Sqn receives a Flight Safe Award from Colonel T.F. Watt, WComd 17 Wing, for his actions in identifying the source of a skydrol leak on a Dash 8 aircraft. The discovery of an unsecured wire bundle inside the wing. Cpl Jack's actions have mitigated the loss of the aircraft and crew. Exceptional

17 Wg Ops Situation Report

20 SEP 99 - 26 SEP 99

OPERATION	COUNTRY	PERS DEPL
Op Calumet	Egypt	2
Op Danaca	Golan Heights	14
Op Echo	Italy	6
Op Kinetic	Kosovo	16
Op Palladium	Bosnia	3
Op Prudence	Central Africa	1
CFS Alert	Nunavut	0
1 CAD/INDIV Taskings*		2
CF Incremental Tasks**		7
General Tasks***		10
TOTAL PERS DEPLOYED		61

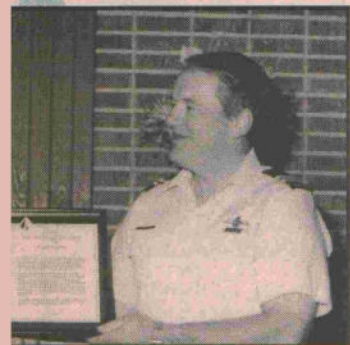
* 1 CAD/INDIV TASKS - AIRFIELD FIRE FIGHTER SUPPORT 5 WG (2), **CFSME GAGETOWN AF ENGR PH IV (1), AUGMENTATION - OP TOUCAN (1), SHOW TOUR PERSIAN GULF (1), TGS 2000 (1) OSWB #49 (3) ***GENERAL TASKS - CANZEX, NEW ZEALAND 99 (1), EX BLUE FLAG 96 - BARKSDALE (6)

tation 15 Sep 99

Flight Safety Awards

Public Service Long Service Awards

Personnel Support Program/Non Public Certificate of Service



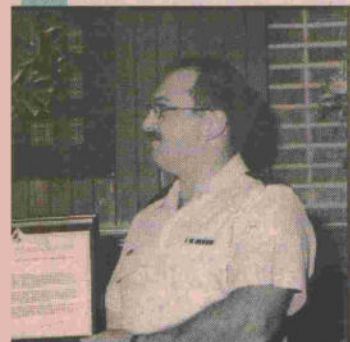
is a Flight Safety "For Professionalism" Award for identifying a discrepancy in flight publication and at night. The minimum clearance was significantly less than indicated on the construction that was not reported and had cent tower construction that was not due to recent tower construction that was not a mid-air collision with the tower in conditions



The WComd, Col T.F. Watt, presents Kathleen Williams the Public Service Long Service Award for 25 years of faithful service. Congratulations are extended to Kathleen who is on staff at the Wing Hospital.



Mr Ross Forbes is presented his Personnel Support Program/Non Public Fund Certificate of Service. Mr Forbes has been an NPF employee for 15 years and is presently the Curling Club Manager.



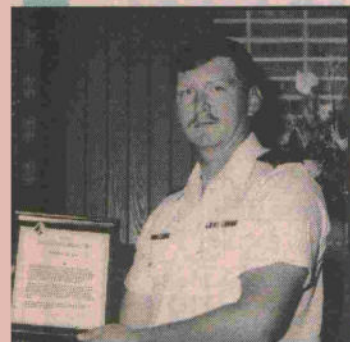
435 Sqn receives a Flight Safety "For Professionalism" Award from Col T.F. Watt, WComd 17 Wing, for identifying a discrepancy on Hercules 340. Identification of the aircraft from separating from the aircraft in flight and or personal injury. Well done Steve!



Col T.F. Watt presents Mr Ron Rivard of WCE his Public Service Long Service Award. Congratulations are extended to Mr. Rivard for 25 years of faithful service.



The WComd presents Mr Sheldon Riskin his Personnel Support Program/Non Public Fund Certificate of Service. Mr Riskin is the Bar Manager of both the Jr Rank's Mess and the WO and Sgt's Mess (North) and has been employed by NPF for the past 15 years.



is a Flight Safety "For Professionalism" Award from Col T.F. Watt, WComd 17 Wing, for his exceptional initiative in investigating a discrepancy on Dash 8 aircraft. Cpl Jack's diligence resulted in identifying the discrepancy directly under the flight control assembly which have mitigated a risk that could have resulted in a potential work Scott!



Mr Garnett Sinclair of WCE receives from Col T.F. Watt, WComd, his Public Service Long Service Award for 25 years of dedicated service. Congratulations Mr Sinclair.



Mrs Elaine Parents, who is employed in the area of Community Recreation, receives the Personnel Support Program/Non Public Fund Certificate of Service and Pin for 10 years of support to the organization.

New Commanding Officer at Det Dundurn



Left: Maj Ellery receives a plaque commemorating his time as Det Dundurn's Commanding Officer.

Below: LCol McCoubrey, DWComd, presided the change of command ceremony on behalf of the Wing Commander.

Right: Maj Otchenash addresses the Detachment personnel as he takes command from Maj Ellery.

Photos courtesy 17 Wing Imaging



On Thursday, 26 August 1999, Major H.C. Ellery relinquished his command of Det Dundurn to Maj H.D. Otchenash after three years in the position.

Major Ellery served with the artillery branch throughout Western Canada and Germany after he joined the Forces in 1963. Upon receiving his pilot wings in 1969, he flew numerous missions at home and overseas followed by Commanding positions at various units. The end of Maj Ellery's assignment as Commanding Officer of Detachment Dundurn marks the end of a fruitful career as he will be heading to Edmonton, AB, on his retirement after 36 years of service.

Major Otchenash served as a rifleman with the 2PPCLI from 1972 until 1976 where he received his commission and joined 1PPCLI in Calgary. His four years with the unit led him to the logistic branch where he served until 1992 and transferred to the Primary Reserve. He is leaving his position as the Operation Officer at the 38 Canadian Brigade Group Headquarters in Winnipeg to become the new Detachment Dundurn Commanding Officer.



The Detachment Dundurn was first settled as a military camp in the late 1920's. It was used as a major training center and a RCAF bombing range as well as a transit area for troops awaiting demobilization after the Second World War. Since, it has been better known for its important CF ammunition depot. In 1998, Detachment Dundurn's support base became CFB Winnipeg and its responsibilities were increased to include CFB Saskatchewan.

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 SATURDAY 8:30 am - 6 pm

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17 WING SPORTS

“From bench to bedside”

Research pays off for Canadians with arthritis

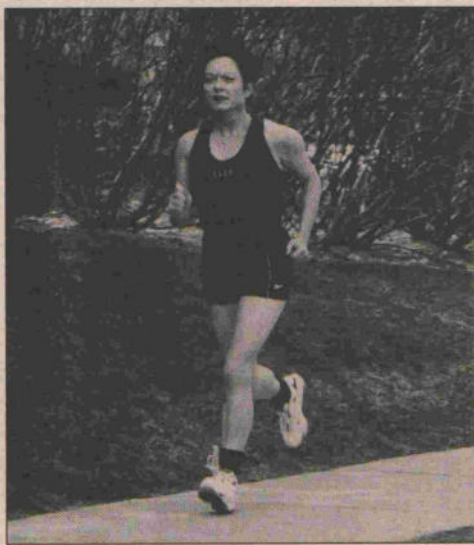
Humans have been fighting a battle against arthritis for centuries. Today, one in seven Canadians endures the pain and inflammation of arthritis that is a fact of their everyday life. Fortunately, we know a lot more about the disease now. Years of heavy investment in research are starting to pay off with major advances in the way we treat arthritis.

In the past, arthritis therapies were invented with little knowledge of how they specifically worked. Medications most commonly used for treating arthritis are known as Non-Steroidal Anti-Inflammatory Drugs (NSAIDs).

The first, and probably most well-known NSAID, acetylsalicylic acid (ASA), or Aspirin, was discovered 100 years ago, but it wasn't until 1971 that scientist Sir John Vane discovered that NSAIDs worked by blocking an enzyme responsible for pain and inflammation.

Today, two million Canadians take NSAIDs, and although they are very effective in relieving arthritis pain and inflammation, they can also cause serious gastrointestinal problems, such as ulcers in the stomach, which are sometimes fatal. Many Canadians with arthritis, like Anne Malo, had to experiment with a variety of therapies in order to prevent stomach-damaging side effects while managing their condition.

Research has been continuing in order to understand how drugs



Arthritis patient, Anne Malo, celebrates a renewed sense of vigour thanks to a new breakthrough arthritis medication, Celebrex, developed after a revolutionary discovery.

work and how to use this knowledge to develop more effective, safer medications. One of the most exciting developments in arthritis therapy in decades occurred in the early 1990's when Dr. Philip Needleman found that instead of blocking one enzyme, NSAIDs actually blocked two forms of the enzyme. While one, a “bad” form, plays a role in causing pain and inflammation, the other, a “good” form, is

responsible for protecting the stomach.

Armed with their revolutionary new discovery, Searle scientists focused on developing a drug that would block the specific enzyme that caused pain and inflammation, but leave the “good” enzyme free to protect the stomach. The result was a breakthrough medication called Celebrex™, which was approved by Health Canada in April of this

year. It is for acute and chronic use in the relief of the signs and symptoms of osteoarthritis (OA) and rheumatoid arthritis (RA) in adults.

In clinical trials, Celebrex proved to be just as effective as the traditional NSAIDs studied (naproxen, diclofenac and ibuprofen), but much safer because it caused significantly fewer gastrointestinal ulcers. As a result of its unprecedented safety, Celebrex is becoming one of the fastest selling drugs in history.

“By providing a much safer alternative to traditional arthritis therapies, Celebrex allows us to manage arthritis significantly better,” said Dr. William Hensen, a rheumatologist of Hamilton, Ontario, who saw more patients in Celebrex clinical trials than any other investigator in the world. “Although Celebrex has a low potential for stomach ulcers, patients should still remain alert for signs of gastrointestinal bleeding because serious ulcers can occur without any warning symptoms, even for patients not taking medication.”

Anne Malo participated in the Celebrex trials for the past two years. She now takes Celebrex once a day, her arthritis is under control, she no longer suffers the gastric side-effects of the traditional arthritis medications, and is once again living a normal life. The clear beneficiaries of this research and its dramatic discoveries are the four million Canadians with arthritis.

Men's Base Basketball Team

Wanted. Players for the 1999-2000 season. The team will compete in the Winnipeg City League Oct 15 - March 15 and the Prairie Regionals Jan 14 - 16.

Practices - Bldg 90
Mondays - 17:30 - 19:30
Wednesdays 18:00 - 20:00

If interested contact:
Maj. Steve Leeming Local 6293

Health Tip: Back Pain

by James Follette

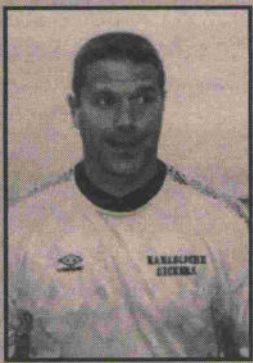
If you have been experiencing back problems and you have not checked whether one of your legs is shorter than the other, better jump to it. Research shows that people with legs of unequal length will usually experience back pain. It may take awhile to surface, and in cases where people workout regularly, the pain will onset much more quickly. If you are curious if one leg is shorter than the other consult a chiropractor. They are the most qualified to measure leg length. You never know, your back pain may be alleviated by inserting an orthotic into your shoe to even the length of your legs. Good luck and Good health.

Kanadische Kickers Players Profile

#4 Rob Worthy

Rob was born 21 June 65 in Kingston, Ontario and since joining the team five years ago has been a tower of power on the fullback line. Totally dominant in the air, Rob plays the game with a hard driving intensity, making him a formidable opponent. Besides being a talented soccer play-

er, Rob is a class act off the field as his imitations of Frank Sinatra still need work, but his jokes are getting much better. Having an excellent season, Rob has received many accolades from opposing players and coaches throughout the Manitoba Central Soccer League.

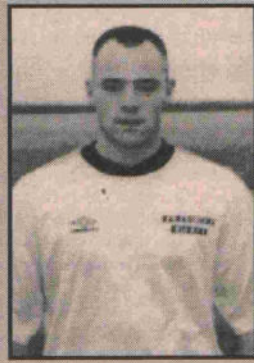


Kanadische Kickers Players Profile

#17 Randy Turner

Randy was born 31 Oct. 78 in Halifax, N.S. where he started playing soccer at a young age, graduating up to the under seventeen provincial team. Randy is the newest member of the team and plays on the right wing. Very physically fit with a lot of determination and drive,

Randy is a key addition to the team. Although starting late in the season, Randy scored a team high six goals in the Regional Championship and will undoubtedly be a force in the Nationals and next season in the Manitoba Central Soccer League.



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MFRC ANNOUNCEMENTS

MILITARY FAMILY RESOURCE CENTRE, 350 Doncaster Street, Winnipeg MB, R3N 1W8 489-7003

Office Help Volunteer Opportunity

- Job Title:** Office Assistant
- Purpose:** To assist with general office duties at the MFRC
- Duties:** Answering phones and directing calls to appropriate staff person.
Greeting clients.
Performing various office duties such as photo copying, stapling etc.
Handling inquiries and relaying information.
- Time Requirement:** 2 or 3 half days per month
- Length of Commitment:** 6 months
- Qualifications:** Warm courteous manner in person and on phone
Strong organizational skills
Good communications skills
Ability to maintain confidentiality.
Bilingual an asset.
- Orientation:** Provided by Volunteer Coordinator and Administration Assistant
- Benefits:** Great experience in a fast paced office. Meeting new people and learning about the MFRC. Child care expenses are paid up to \$15 per month. Two volunteer appreciation special events per year.
- For more information please call Celine at 489-7003.
- Your time, energy and commitment can make a difference

Nursery School Programs Volunteer Opportunity

- Job Title:** Nursery School Volunteer
- Purpose:** To assist in the operation of the Nursery School
- Duties:** Assist with group activities.
Help with snack preparation.
Prepare craft materials.
Other duties to assist staff.
Parent Committee.
- Time Requirement:** Varied
- Length of Commitment:** Varied
- Qualifications:** An interest in working with children.
Willingness to take direction from staff.
Patience and a cooperative attitude.
- Orientation:** MFRC orientation by Volunteer Coordinator and Nursery School staff.
- Benefits:** Personal satisfaction of working with young children.
Experience in the child care and early education programs.
Two volunteer appreciation special events per year.
- For more information please call Celine at 489-7003.
- Your time, energy and commitment can make a difference



Deployment Emergency Childcare Service

By providing immediate, affordable, regulated childcare in times of emergency, the DEC service supports the ability of CF members to be available for duty, deployment, operations and training. In addition the DEC service support the family of members tasked out of garrison, by providing back-up childcare services in times of emergency!

- The DEC service is available 24hrs by accessing a paging system at 935-7733. Every effort will be made to secure childcare within an hour!
- The emergency may be the result of an unexpected or short notice deployment/operation/training, where the member does not have sufficient time to implement his/her Family Childcare Plan. An emergency might also arise while the member is deployed and the spouse encounters medical or other problems, which disrupts the usual childcare arrangements and requires immediate alternative arrangements.
- The DEC program also provides general childcare resources to military families and referral to services for community members experiencing a childcare emergency.
- For childcare emergencies arising from deployment/operational related events, funding has been made available to fully cover reasonable costs incurred during the first 24hrs and pro-rated partial reimbursement up to a (max) 7 days.
- Call your DECC, Catherine Chatterley, for more information, emergency services or assistance with childcare resources.

489-7003 or after hours emergency 935-7733

Childcare Corner

Information and resources for community childcare providers!

FREE WORKSHOP!

Presented through the Family Daycare Office, this workshop will provide community care providers with information of Child Day Care regulations and licensing in Manitoba. Find out what services are available and the support offered to care providers. Topics covered will include... an overview of Manitoba Child Day Care, steps to licensing, support to caregivers, financial/subsidy and the role of the provider. There is no obligation to become licensed, and your questions are welcome. Call the MFRC to register your interest, and the best days and time for you to attend. A date will be set in early October!

Calling all childcare providers!

All community childcare providers (licensed and unlicensed) are welcome to advertise at the MFRC. Your advertisements should be on an 8 1/2 x 11 page and outline your range of childcare services including location, hours of service and contact numbers. Many Military Families are looking for care with extended/flexible hours to accommodate early timings and operational commitments. With posting season in full swing, many new families are looking for care. Our childcare resource listings are in high demand... drop-off or fax your ad to the MFRC at 350 Doncaster St. Ex. 489-8587. Your ad will be placed at all three MFRC locations ensuring accessibility to our entire community. Care providers who were formerly included in the "Childcare Registry" have been contacted and are encouraged to submit up to date information in this format. In order to keep this resource current and maintained, submissions will be dated and posted for 6 months at a time. Caregivers are responsible to update their information as required, or remove advertisement if spaces are not available.

Just a note: The MFRC (350 Doncaster St.) has a computer available for community access. Need help creating an ad to post? Come on in! We have pre-made ads... just add your own text!

The MFRC is dedicated to supporting quality care for Military kids!



MFRC CHILD CARE CENTRE Will be hosting their REGISTRATION & INFORMATION EVENING

Tuesday, October 19th
7 - 7:30 pm (Registration)
7:30 - 8:00 pm (Information Update)

Westwin Community Centre

Regular and Reserve Force and DND Employees invited to apply

Applications will be accepted on a first come, first serve basis and must be accompanied by a \$30 non refundable deposit.

Licensed for children aged 6 months - 6 years
School age care for children 6 - 12 years

Free bus service for students attending
Bannatyne, Strathmillan, Ecole Tache and Golden Gate Schools

Subsidy Information available

For more information call 833-2500 ext. 2495

CHILDREN'S PROGRAMS

For more information on any of the following children's programs, please call Wendy Richardson at 833-2500 ext. 6846 (Lipsett) or ext. 2491 (Westwin).

The Military Family Resource Centre offers
children's programs at two locations.

Lipsett Hall Children's Centre is located on the south side &
the Westwin Children's Centre is on the north side.

Both centers are licensed nursery schools. They are licensed through the provincial government. The Manitoba government is a strong supporter of childcare and facilitates quality childcare with strict regulations and follow up inspections. Both centers are subject to regular health and fire inspections. The staff are trained in early childhood education and are all certified in first aid and CPR.

NURSERY SCHOOL PROGRAMS

Our nursery school offers the preschool child the opportunity to socialize in a happy stimulating environment. Children are free to choose from various activities including learning centres, stories, music and movement, arts and crafts, games, drama and free play. Children must be three by the end of December to start nursery school in the fall.

Lipsett Hall (English)	Westwin (English)
Mon., Tues. & Thurs. mornings	Mon., Wed. and Fri. mornings
9:00 to 11:15 a.m.	9:00 to 11:15 a.m.

NEW FOR FALL 1999-FRENCH IMMERSION NURSERY PROGRAM

This program will offer your preschool child the unique opportunity to be exposed to a French atmosphere during our nursery school program. Westwin Children's Centre, Monday, Tuesday, and Thursday afternoons: 1:00 p.m. to 3:15 p.m. Cost: All nursery school programs are \$72 per month. The annual registration fee: \$15 (non-refundable). We are now taking registrations for fall 1999. Register as soon as possible so that you get the times and location that you prefer.

DROP OFF CHILD CARE

This service provides members of the community the opportunity to leave their children in licensed care while they run errands, work out in the gym, attend other M.F.R.C. programs, or just have a break from their children. We provide care for children from 18 months to 6 years. Children must be registered at least 24 hours in advance. It is advisable to book a week in advance since these programs are very popular. Location: Westwin Children's Centre. Times: 9:00 a.m. - noon Tuesdays, 9:00 a.m. - noon Thursdays. To register call 833-2500 ext 2491. Location: Lipsett Hall Children's Centre. Times: 1:00 p.m. - 4:00 p.m. Tuesdays, 9:00 a.m. - noon Wednesdays, 9:00 a.m. - noon Fridays. Cost: \$2.00/hour for the first child and \$1.00/hour for the second child in the same family. To register call 833-2500 ext 6846. Snack: Parents must provide a snack and a drink for their children. Please remember that our centres are peanut free due to the large number of children with allergies. Popcorn and nuts cannot be served to children under 5 in licensed care.

The battle of Britain

Photos by 17 Wing Imaging

The Battle of Britain is widely recognized as the greatest air battle of all times and, in many aspects, the turning point of World War Two. Fought between July 10 and October 31 1940, it took place for the most part over the southern part of England and the English Channel. It was during that battle that a few hundred fighter pilots from Commonwealth

countries turned the tide on Hitler's plans for the invasion of Great Britain. Throughout that period, a total of one hundred Canadian fighter pilots served with various units of Fighter Command of the Royal Air Force. The Battle of Britain is especially significant for our Air Force heritage since it was during that battle that the Royal Canadian Air Force received its

baptism of fire.

Battle of Britain Sunday is a time to remember the exploits of Canadian fighter aces such as Ernie McNab, Joe Laricheliere, Willie McKnight, Bill Nelson, Johnny Kent and Gordi McGregor. It is also a tribute to all other Canadian flyers and ground crew whose participation is too often overlooked. It is not commonly known that although the Battle of Britain Bomber Command and Coastal Command carried out offensive operations over German-held ports on the European mainland. It is an even lesser known fact that of forty-seven Canadian aircrew who gave their lives during the Battle, twenty were from Bomber and Coastal Commands.

Battle of Britain Sunday is celebrated each year to commemorate the high water mark of the Battle, Sunday September 25th, 1940. On that day, Fighter Command delivered such a punishment to the Luftwaffe that Hitler decided to postpone indefinitely the invasion of Great Britain. The crucial outcome of this confrontation has been immortalized by Winston Churchill's famous words: "Never in the field of human conflict was so much owed by so many to so few."

This year, Battle Of Britain Ceremonies were held on the 19th of September. As in the past few years, 17 Wing in partnership with 500 Wing Air Force Association held an Ecumenical Remembrance Service at the Chapel Of The Good Shepard.



Joint Colour Party of 500 Wing and 17 Wing led by Sgt At Arms Mr Bill Whiston and Colour Party Warrant Officer, WO Rodrigue of WTis lead the service.

Winnipeg Cadets provide an Honour Guard for the ceremonies.



College Corner

1 October 1999:

Well, imagine meeting you here, again! It's me, Kenn, your CFCN Coordinator! Well things are starting to get rolling here at the CFCN office with courses starting soon. If you are wanting to get some excellent training (from a promotional perspective), the management development program courses are listed below along with the timings and cost. Also, don't forget that these will be reimbursed through the parameters laid down in CFAO 9-2 (educational). These courses will run from 6 to 10 on Friday evenings and from 8 to 4 on Saturdays and Sundays and will be held in the lecture theatre (Rm 116E) in building 52, (across from the parking lot outside of base Transport).

- MDP 100 - Human Relations - Oct 29-31 — \$ 168.90
- MDP 700 - Management for Results - Nov 27-28 — \$ 168.80

- MDP 900 - Team Building & Leadership - Dec 3-5 — \$ 167.50
- MDP 500 - People Management - Dec 17-19 — \$ 160.00
- MDP 200 - Communications - Feb 4-6 — \$171.62
- MDP 300 - Administration - May 3-5 — \$ 174.15

As well, there will be some courses offered reimbursable through the SCAN program (providing you're eligible) in the same place, although at a different time. The following courses will be offered on Tuesday and Thursday evenings from 6:30 pm to 9:30 pm on the following dates;

How to Start your Own Business Nov. 9th to Dec 14th — \$ 181. + text

Accounting & Bookkeeping For Your Own Business Jan 18th to Feb 24th — \$ 216. + text

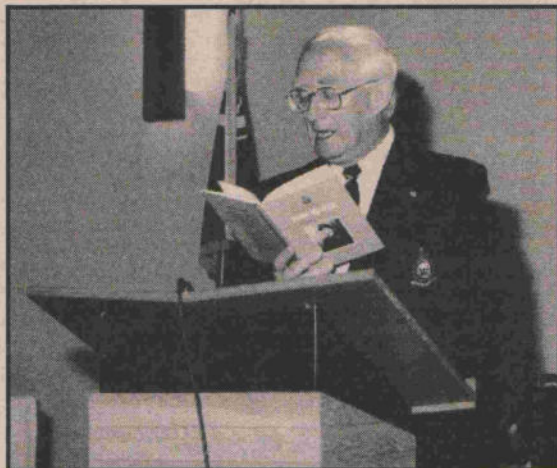
Should there be enough interest, the following general interest courses may be offered on base. Let me know, and remember: no tell - no yell!

Introduction to Critical Thinking - Expanding Writing Skills — Professional Sales Techniques — Customer Service Relations — What Would You Like To Learn?

I'm sorry that there are no micro-computer courses available at this time, but presently we do not have access to a computer lab, but we're working on it. When this comes to pass, there will be an abundance of "catching up" to do, so watch this space.

Also, if you are trying to think what you can do to spice up your next "Unit Training Day", how about inviting a guest speaker? Spare no expense! Invite me! With the preamble, the presentation and questions, I'll take up no less than 5 minutes and no more than 30, honest. Gimme a call.

If you are interested in any of these courses listed above, or would like to hear more about CFCN, please give me a call at the office, 833-2500 Loc 5115, and we'll talk about them. And remember, learning is better if its done in tandem, so talk a friend into taking a course with you.



Mr Norman Clarke of 500 Wing remembers Manitobans who gave up their lives during the Battle of Britain in 1940.

Giggles 'n Grins Children's Center

- Shift, Part-time, Full-time, Temporary or Drop-in Care Welcome -
- 18 mos - 12 yrs -
- 1st in offering flexible programming -
- Friendly Family Atmosphere -
- Sizzling Summer School-Age Programs -
- Owned and operated by a military family -

Located close to Whytewold & Ness 3 minutes from CFB Winnipeg (North)

Government Subsidy Available

For more info call 897-GRIN (4746)

TON THE TOWN

GASTHAUS GUTENBERGER GERMAN RESTAURANT

Authentic German & continental cuisine:
 schnitzel, beef rouladen, homemade spatzle,
 fine German desserts, fine wines and German Beer.

Open Daily Monday - Friday 11 am - 10 pm
 Saturday 5 pm - 11 pm Sunday 5 pm - 9 pm
 2583 Portage Avenue (1 block west of the new bridge)

Phone: 888-3133 for reservations
 — Special Discounts for Military Personnel —

mmmm. MARIGOLD

chinese restaurant & lounge

Great Lunches, Great Dinners

Cantonese & Szechuan Cuisine
 Dine In Take Out Catering

1245 Inkster Blvd 1380 Ellice Ave 487 St. Mary's Ave
 2591 Portage Ave 718 Osborne St 245 King St
 885 Henderson Hwy

CINÉMA / THEATRE

SHOWTIME 8:00 P.M.

MUPPETS FROM SPACE

Thursday, Friday Oct. 14, 15 8:00 p.m.
 Saturday Matinee Oct. 16 2:00 p.m.
 General

SOUTH PARK

Sat • Sun • Mon Oct. 16 - 17 - 18 - 8:00 p.m.
 Parental Accompaniment,
 profanity throughout

COMING ATTRACTIONS

MICKEY BLUE EYES | BOWFINGER

WHAT'S HAPPENING

CHILD FIND MANITOBA PRESENTS FUNDRAISING BREAKFAST

Name: Protecting your business in the millennium

Speaker: Norman D. Inkster, President KPMG Investigation and Security Inc., as our keynote speaker will examine compelling information on Internal Theft, External Risks and Electronic Fraud in the Business environment both today and in the future.

Norman D. Inkster: Past President ICOP - Interpol - Past Commissioner - Royal Canadian Mounted Police - Graduate, national Executive Institute of the FBI - Officer, Order of Canada - Life Member of Canadian Association of Chiefs of Police - Board of Governors for the International Centre for Criminal Law - Reform & Criminal Justice Policy - International Association of Chiefs of Police - Honorary Chief, Blackfoot Tribe - Honorary Member of the Bear Clan, Cree Nation

When: Thursday, October 14, 1999 Time: 7:30 A.M.

Where: Crowne Plaza Hotel - Commonwealth Ballroom

Cost: Tickets: \$35.00 each; Table of eight: \$275.00

All proceeds in support of Child Find Manitoba

"High Flight" CD

by Colonel E.G. Cloutier
8 Wing Commander

1. As you know, this year marks the 75th anniversary of the founding of the Royal Canadian Air Force. To mark the occasion, 1 Canadian Air Division Headquarters inaugurated a special musical troop to celebrate this esteemed milestone. The 8 Wing Trenton Pipe Band is proud to join with 1 Canadian Air Division Headquarters in forming "The Air Force 75th Anniversary Band". The group is a manifestation of air force heritage and pride, reminding Canadians of the accomplishments of their men and women in blue.

2. The 8 Wing Trenton Pipe Band has recently launched its premiere CD in celebration of the 75th Anniversary of the RCAF. Entitled "High Flight", it is dedicated to the women and men - past, present and future - of Canada's air force.

3. "High Flight" is an uplifting salute to 75 years of air force heritage. It blends traditional air force music with Celtic songs performed by Canadian celebrities, John Allan Cameron, Shirley Eikhard and Dee Dee. As well, broadcaster and author, Peter Gzowski recites the unofficial air force poem, "High Flight", underscored by a lone piper and ending

with a CC-130 flypast.

4. All proceeds from the sale of "High Flight" will go to the RCAF Memorial Museum in Trenton, Durham Regional Police, United Way, Haven of the Heart Animal Sanctuary and Frontier College.

5. If you wish to discuss the matter further, please contact me at (613) 965-3300, or have one of your representatives contact the 8 Wing Public Affairs Officer, Ms. Holly Bridges, who is assisting the band with its marketing strategy. She can be reached at (613) 965-2041

CD "High Flight"

par Colonel E.G. Cloutier
Wing Commander

1. Comme vous le savez, cette annéation de l'Aviation royale du Canada (ARC). Pour célébrer cet événement important, le Quartier général de la 1re Division aérienne du Canada a mis sur pied une musique militaire spéciale. Le corps de cornemuses de la 8e Escadre Trenton est fier de s'y associer pour former la musique du 75th anniversaire de la Force aérienne. Cette musique témoigne du patrimoine et de la fierté de la Force aérienne, et vise à rappeler aux Canadiens les exploits des hommes et des

femmes portant l'uniforme bleu.

2. E corps de cornemuses de la 8e Escadre Trenton vient de lancer un premier CD en vue de célébrer le 75th anniversaire de la création de l'ARC. Ce disque, appelé High Flight est dédié aux hommes et aux femmes de l'aviation militaire du Canada passée, présente et future.

3. "High Flight" se vent un salut réjouissant aux 75 ans d'héritage de la Force aérienne. Sur ce disque, on trouve un mélange d'airs traditionnels de l'aviation canadienne et de chansons celtiques interprétées par des artistes canadiens célèbres, ohn Allan Cameron, Shirley Eikhard et Dee Dee. De plus, Peter Gzowski, communicateur et auteur, y récite le poème non officiel de l'aviation intitulé "High Flight", que vient souligner la musique d'un seul cornemuseur et qui se termine par le passage d'un CC-130.

4. Le produit de la vente de "High Flight" sera versé au Musée commémoratif de l'ARC (Trenton), un service régional de police de Durham, à Centraide, à la réserve zoologique Haven of the Heart et au Collège Frontier.

5. Si vous vouiez en discuter, n'hésitez pas à l'un de vos représentants de communiquer avec l'officier des affaires publiques de l'escadre, Mme Holly Bridges, au (613) 965-2041. C'est elle qui collabore avec la musique militaire pour la stratégie de commercialisation.

402 Sqn Pipe & Drum Band 2nd Annual Social

Date: October 23, 1999

Where: CFB Winnipeg Curling Club
Corner of Grant & Kenaston

Time: 19h30 till 01h00

Price: \$10.00 per person

For tickets contact a band member or Wendy

Butland 896-7457 or MWO M. Webb 833-2500 (2422)

Music by: JJ Sound

Door prize • Scottish country dancing
• Silent auction • Dancing

The Polo Park Y Neighbors

will be holding a **CRAFT SHOW AND SALE** on Saturday, October 16, 1999 at the St. James Civic Center from 10am - 4pm.

There are over 50 crafters to view!

Admission for this fundraiser is \$1, children are free. With every admission, you get a chance to win one of the many door prizes.

17 WING WOODWORKING CLUB

- Located: Building 33 (Family Resource Centre)
- Hours: 24 hours a day seven days a week
- Cost: \$50 + GST per year individually or \$75 + GST family (dependents over eighteen).
- Equipment: Full compliment of stationary and hand tools.
- Sales: Limited supply of hardwoods.
- Discounts: Hardware store discount cards and access to wholesale lumber.
- Contacts: Pres.: Capt Steve Wilson lcl 6674
Treas.: WO Greg Speakman lcl 5555
Secretary: Capt Sylvain Gazaille lcl 5154
Equipment Mgr.: Cpl Jean Tremblay 832-2773

A News Release from Jeff Parry Promotions

For immediate release - September 27th, 1999

Show Boat, Jerome Kern and Oscar Hammerstein's musical epic, will dock this season at The Walker Theatre for 6 performances November 24 - 27, 1999. An American musical masterpiece, Show Boat span four decades to tell of the journey of the Hawks family, their show boat troop of actors, and the Cotton Blossom floating theatre. Show Boat features a treasure trove of unforgettable songs such as "Ol' Man River," "Can't Help Loving' Dat Man" and "Only Make Believe." Produced by NETWORKS Ken Gentry and directed by Clayton Phillips, Show Boat will play over 75 cities across the U.S. and Canada during its 36 week national tour.

Show Boat was the most honored musical of the 1995-95 Broadway Season, winning five Tony Awards and 5 New York Drama Desk Awards. The Broadway production of Show Boat played 951 performances before ending its 27 month New York run on January 5th, 1997, making it not only the longest-running production of Show Boat in its 69 year history but also the best attended production of the show (1.5 million theatregoers). The original production of Show Boat opened at the Ziegfeld Theatre in December of 1927, and broke tradition by becoming the first musical play to combine serious, powerful themes with a rich Broadway score and a lavish, physical stage presentation. According to The Los Angeles Times Show Boat "the granddaddy of every great musical ever written".

At the helm of this musical are producer Kim Gentry, and director Clayton Phillips. Ken Gentry of NETWORKS is a veteran producer, with a career spanning two decades. Show Boat has produced over 35 national tours including Kiss of the Spider Woman and The Sound of Music, which enjoyed critical and public acclaim. After closing in the U.S., Gentry's production of The Sound of Music went on to thrill audiences in Seoul, Hong Kong, Singapore and Bangkok with Marie Osmond.

Evening show times are 8:00 and the matinees on Friday and Saturday will be at 2:00. Tickets are on sale Monday, October 4th at all Ticketmaster Outlets for \$55 and \$65, Wednesday, and Thursday night and matinees, or \$65 and \$75 on Friday or Saturday evening. Tickets are available at all Ticketmaster Outlets or Charge by phone 780-3333 or on-line at www.ticketmaster.ca

For further information please call Maureen Kehler at 403-217-3879

JUDO - The Gentle Way

Judo is a martial art that may be safely enjoyed by all. It is a great way to get in shape, a method of self defence and a sport. Judo is meant to be a form of mental, physical, ethical and spiritual training. The exercises and philosophy of Judo work to improve the state of all four aspects of a person and can be applied in daily life. As such, the development of courtesy and respect is an integral part of judo.

Kodokan Judo is a martial art that resembles the fighting methods of jujitsu and aikido in its use of twisting and throwing techniques, and in its aim of redirecting an attacker's momentum against himself. Kodokan judo is based on the traditional jujitsu of old Japan, with the techniques of the latter re-examined, refined, systematized, and wedded to an ideal of efficient use of mental and physical power.

17 WING JUDO CLUB PARTICULARS:

Location: Westwin Community Centre Building
33 Whytefold Road CFB Winnipeg (NORTH)

TIMES:

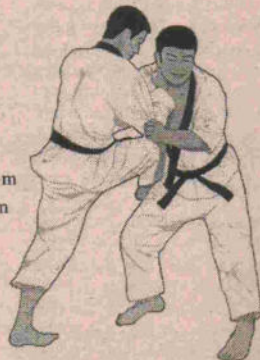
Mondays: Youth: 7:00 - 8:15 pm. Adults: 7:00 - 10:00 pm
Thursdays: Youth: 7:00 - 8:15. Adults: 7:00 - 10:00 pm
Start: Thursday, September 23, 1999
End: To be determined, normally end of May

UNIFORMS:

Judogi (uniforms) are the responsibility of the member (sweat suit may be used for the first two or three classes):

CONTACTS:

Norbert Pachet: Club Co-Chair (204) 774-0454 or e-mail npachet@rrc.mb.ca
Don Hunt: Club Co-Chair/President (204) 489-9090 or e-mail dhunt@escape.ca



Women's History Month in Canada - October 1999

by Nicole Baccus
Human Resources Project Officer

Women's History Month was established in 1992 to celebrate the vital contribution of Canadian women to the history of our country. As this is the Year of La Francophonie in Canada, we are honouring Canada's Francophone women who moved forward with perseverance and conviction to shape Canada as a nation. From women like Madeleine de Vercheres who defended the Fort of Vercheres against a surprise Iroquois attack in 1692, to the honourable Jeanne Sauve who, nearly three hundred years later, became the first woman Speaker of the House of Commons in 1980 and the first female Governor General in 1984. Long before they had the right to vote or stand in federal and provincial elections and long before they had the right to choose a profession, Canadian women were devoted to developing education, particularly in rural areas, supporting their churches and fighting for women's rights among other worthy causes.

To commemorate Women's History Month, on Monday October 18th, "And We Knew How To Dance: Women in World War I", a Canadian film sponsored by the National Film Board, will be shown in the CFSAS Theatre, Building 84, Room 219 during the lunch hour. This film celebrates the wartime accomplishments of

Canadian women and suggests that their commitment and determination helped lead the way to momentous postwar social changes for women such as voting rights and expanded opportunities in their working lives - changes that solidified the early gains of the women's rights movement in Canada. This film is open to all 17 Wing members (including integral and lodger units).

In addition, Donna VanHorne of Academic and Business Communication Inc., will be conducting a workshop titled 'Effective Communication Skills for Women - Using Powerful Communication to Enhance and Accelerate your Career Strategies for Success'. This is an all-day workshop to be held on October 21st 1999, and is open to both military and civilian women at 17 Wing (including integral and lodger units). For more information please contact Nicole Baccus, Human Resources Project Officer at local 5910.

Do You Know?...A Short Quiz

- Number of women whose mother tongue is French?
 - 4,100,120
 - 3,392,260
 - 2,766,150
- What does the expression 'matrilineal society' mean?
 - Social group composed solely of women
 - All members of the same family
 - Descent through the mother
- What famous female pioneer co-

- founded Montreal?
 - Marie Rollet
 - Marguerite Bourgeoise
 - Jeanne Mance
- What national federation was founded by Almada Walker-Marchand?
 - Regroupement des centres de sante
 - Federation nationale des femmes canadiennes-francaises
 - Association des collaboratrices et des partenaires en affaires
 - What victory did Fournier-Chabot win for the girls in her community?
 - Creation of a support network
 - Opening of a recreation centre
 - Admission of women to a men's college
 - Who were Irma Levasseur and Catherine Jeremie?
 - Founders of women's associations
 - Educators
 - Francophone pioneers in medicine
 - Who is acknowledged as the first francophone feminist?
 - Marie Gerin-Lajoie
 - Marie Morin
 - Madeleine de La Peltrie
- Answers to the Quiz**
- 3,392,260
 - Inheritance is through the mother
 - Jeanne Mance
 - Federation nationale des femmes canadiennes-francaises
 - Admission of women to a men's college
 - French-speaking women pioneers in medicine
 - Marie Gerin-Lajoie

Managing debt made easier with reality check

by Wayne Haley

A recent poll revealed that although being in debt "scares" most people, Canadians feel they are using credit more now than before and saving less of their income. Conducted for Scotiabank by Goldfarb Consultants, the national survey of 1,000 people showed that being in debt scares 59% of Canadians, with 69% of women and 51% of men acknowledging a certain fear of carrying debt.

Yet despite the apparent financial and emotional burdens of being in debt, almost all employed Canadians have at least one form of credit, and most have several. Eight in ten own a major credit card and one in two have either a personal line of credit, personal loan, or mortgage on their home. And more than half of the respondents don't expect their use of credit to change any time soon.

Fifty four per cent of Canadians also said they are no further ahead of their debt than they were five years ago, although it's not for lack of trying. They cited a number of steps they have taken, such as paying off a loan before it's due (70%), reducing the number of credit cards they use (58%), and shopping for better mortgage rates (55%).

But the question remains: if Canadians aren't planning to change their use of credit, are there ways they can more effectively manage their money?

Scotiabank recently introduced an easy-to-use interactive tool to help Canadians examine their personal borrowing situation and then develop strategies to reduce their debt sooner and borrow smarter.

By keying in the answers to a few questions and plugging in some income and expense figures, "Borrower's Reality Check" helps people analyze their monthly budget, learn how to reduce their borrowing costs, how to tailor mortgage and loan payments to suit their needs, and improve their monthly cash flow to free up money for other needs.

By offering different credit strategies and scenarios specific to their needs, "Borrower's Reality Check" helps Canadians see how credit can be an effective tool for getting more out of life - now and in the future. After all, without borrowing, most people couldn't afford to own a home, buy a car, or meet other important lifestyle goals.

"Borrower's Reality Check" is available in both English and French by logging on to the Scotia Bank website "www.scotiabank.ca/living" or by picking up a complimentary CD Rom or diskette at your local Scotiabank branch.

Wayne Haley is Vice-President, Scotiabank, Ontario North and Muskoka. Call 1-800-472-6842 for a Scotiabank branch near you.

BINGO : Every Mon - Wed - Friday at 7:30 p.m.
Early Bird starts 7:00 p.m.
CRIB NIGHT : Thursdays at 8 p.m.
DANCING : Fri & Sat Evening
6 MEAT DRAWS : Saturdays at 1500 hrs.

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PERSONAL CLASSIFIEDS EVERYBODY'S MARKETPLACE

WANTED
 Wanted - Air Force Mess Kit, 44-46" chest, 38-40" waist & 30-32" inseam. Pls phone Phil Berry at W 833-2500 ext. 5249 or H 261-9451.

Wanted - Energetic and very honest person to take over cleaning business. Must have car. Call Brenda 885-1720.

NOTICES
 Santa Claus suit for rent. Two piece suit with hair, beard, hat, boot covers, bag and bells. Cost \$25. Can be booked through Kathy Cox, President 17 Wg Ladies Curling Club at 888-5659.

CHILDCARE
 Recherche: gardienne d'enfants chez nous. Temps plein et permanent. Nous avons trois enfants, 1 1/2, 3 et 4 ans. Non-fumeuse. Permis de conduire. Renseignements Louise 284-8794.

REAL ESTATE
 2 level condo, 1350 sf, 2 br & den, open floor plan, 2.5 baths, 2 fp, a/c, 2 parking stalls, 2 entrances, pool. Patio doors off master bedroom to upper balcony. Quiet Charleswood complex. 5 km to base. \$94,900. 888-1142.

MISC. FOR SALE
 For Sale - Fridge & stove, 2 yrs. old, \$750 firm. Dishwasher, \$150 obo. Chain link fence (wooden post & rails) approx. 130' with 2 gates & hardware, \$150 obo. Call Don at 488-1743.

For Sale - Shop vac, \$15. VG condition. Infant sled, \$10. Phone 488-0501.

For Sale - 1 pr. Bauer Supreme 3000 skates, exc. cond. men's size 9, used 1/2 season. \$200 firm. 1 pr. Super Taks 452's men's size 9, exc. cond. \$150 firm. 1 CCNE helmet (boys) blk without cage, \$75 obo. 1 pr. Bauer Supreme 1000, short cuff senior gloves, exc. cond. Phone 885-1720.

For Sale - Printer stand with file drawer, \$20 or best offer. Please leave message 487-3580.

For Sale - New Dolomite walker, has seat, basket, tray. Brakes on handles. Receipt available, \$380. Missen Vase, 10" high, floral sides on white, \$200. Water Lily plate, Wedgewood, \$90. Bird of Paradise plate, Royal Daulton, \$90. Hummel figurines: Firm prices: Happy Pastime, \$140. Wayside Harmony, \$125. Chimney Sweeper, \$120. 889-4442.

MISC. FOR SALE
 For Sale - 100' of chain link fence with gate & hardware. Excellent for dog run. Great shape. Paid \$460, asking \$225. Car Topper (luggage carrier) fr. Canadian Tire. Asking \$60 obo. 12" bike, 1 mth old, bill included, \$40 obo. Musical rollerblades (Fisher Price) \$20 obo. Infant helmet, \$8 obo. Skates, size 9/10 (kids) \$15 obo. 2 grey car seats 20-40 lbs, \$15 each, obo. Please contact 661-6153 for viewing or any additional information.

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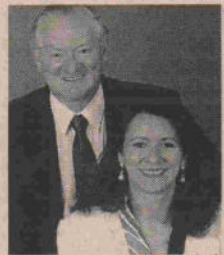
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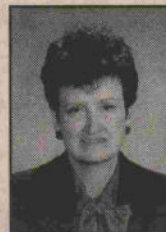
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