

# The VOXAIR

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**VOXAIR**

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**FIRE DRILLS**  
The Great Escape!  
Fire Prevention Week  
Oct. 8-9, 1999

## A 1CAD/CANR HQ QOL project in progress

by C. Wakefield, WO  
1 CAD/CANR HQ/HQ WO

Fall of 1998 saw the initiation, vetting and approval of several projects by the 1CAD/CANR HQ Quality of Life Committee. One

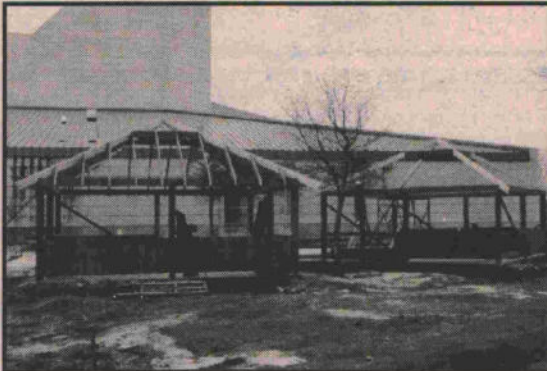
of the largest (and most obvious) was the building of a patio area, BBQ enclosure and two gazebos behind Bldg 25, for the use of all members. Once approval was obtained the race was on to complete the project before winter

freeze-up!!

The completed project, which was opened with an official ribbon cutting ceremony and barbeque, has opened up the outside to all building occupants and provided an alternative

break/lunch area as well as a ready location for section activities.

A project of this magnitude and success would not be possible without everyone's efforts and cooperation.



Ground breaking start of project - the "before" picture (Nov 98).



A new year and the finished project.



Snow may have fallen, but the patio is in and finishing touches are being made (Dec 99).



Above photos courtesy MWO G. Theobald



Spring - and the official opening. Ribbon cutting courtesy of Col W.F.G. Koch, 1CAD/CANR HQ CO.



Yes, we can have fun (and eat too!).

Above photos courtesy Sgt Mah

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Editor-in-Chief/Rédacteur-en-chef

LCol R.J. Palmer  
(204) 833-2500 Ext 5281

Managing Editor/Directeur-Gérant

Maj Cheryl Walton-Simm  
(204) 833-2500 Ext 5221

Office Manager

Maureen Walls  
(204) 889-3963

Office Assistants

2Lt Yannick Gagnon  
Lola Brooker  
Carole Morey

Accounts Receivables/Payables

Mr. MA Simm

Production

Networks Design Group

Proofreading Ass't

Capt Dan Naylor

Systems Coordinator

Sgt Bill Sproul (204) 889-3963

Advertising Sales

Mr. Jim Holland (204) 832-0115

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# VOXVIEWS

## Canadian Thanksgiving - A cornucopia of history

by Major CM Walton-Simm  
Managing Editor

On October 11th, Canada will celebrate a traditional family holiday - Thanksgiving. When we look back at the diverse origins of this holiday we see that Canadians had and still have many things to be thankful for.

The 1st Thanksgiving Day in Canada was observed at Port Royal, Nova Scotia, in 1710, when the town and fort passed into English hands for the last time. The Scottish settlers of Nova Scotia emphasized the religious aspects of thanksgiving and, in 1762, Halifax was the 1st community to proclaim Thanksgiving Day as "a day of General Thanksgiving to Almighty God for the bountiful

harvest with which Canada has been blessed." In 1763, a day of thanksgiving at Halifax marked the victory of General Jeffrey Amherst's troops at Montreal and the subsequent end of the Seven Years' War. These early thanksgiving days were held at various times, usually to celebrate military victories or the birth of royal children. Loyalists then brought the celebration to other parts of the country.

A national Thanksgiving Day was proclaimed in Canada's Parliament in 1879. This 1st Thanksgiving Day was declared to be commemorated on the 6th of November and was celebrated as a national rather than religious holiday. Later and earlier dates were observed, the most popular

being the 3rd Monday in October. After World War I it was merged with Armistice (later Remembrance) Day for a time, but in 1931 the two were made separate holidays. It wasn't until 31 January 1957 that Parliament proclaimed the observance of Thanksgiving on the 2nd Monday in October. This decision was lamented by E.C. Drury (the former "Farmer-Premier" of Ontario) who complained that 'the farmers' own holiday has been stolen by the towns' to give them a long weekend when the weather was better!

Thanksgiving draws upon three traditions: -harvest celebrations in European peasant societies for which the symbol was the cornu-

copia (horn of plenty); -formal observances, such as that celebrated by Martin Frobisher in the eastern Arctic in 1578 (the 1st North American Thanksgiving); and -the pilgrims' celebration of their 1st harvest in Massachusetts (1621) involving the uniquely American turkey, squash and pumpkin.

It seems we in Canada are not the only ones to give thanks as Thanksgiving Day is one of the oldest and most widespread of celebrations. There are also Thanksgiving holidays celebrated every year in the United States, Japan, South Korea, the Philippines, Laos, Liberia, Puerto Rico, Guam, Grenada and the Virgin Islands.



### Air Force orders operating restrictions for T-33 aircraft

A recent series of tests conducted at the Aerospace Engineering Test Establishment at CFB Cold Lake has indicated possible problems with the operating envelope for the T-33 ejection system. These tests were conducted at minimum ejection limits simulating the takeoff and landing environment at speeds of approximately 130 km/hr.

As a precautionary measure, the Air Force has placed an operating restriction on T-33 aircrew weighing more than 80 kg (175 lbs), not authorizing them to fly in the T-33 until safe ejection limits can be established through further analysis and testing. The safety of our aircrew is paramount.

Testing has indicated that weight distribution is likely a key factor in the performance of the escape system at these low altitudes and speeds, and therefore engineering staffs will be measuring each pilot's centre of gravity before they

may resume flying. This evaluation will be completed within a week.

As no pilot has ever ejected at the limits in question, no injuries or fatalities are directly attributable to the recently discovered difficulties.

The T-33, commonly known as the T-Bird, participates in electronic countermeasures and target force training for air force, army, and navy units, as well as conducting practice intercepts for airspace controllers. The current restrictions should not affect the Air Force's operational posture.

The T-Bird has been in service with the Canadian Forces since 1953 and was the primary jet training aircraft until 1974. The ejection system currently in use was installed in the early 1970s. The 27 active T-Birds are located at Air Force bases in Comox, B.C.; Cold Lake, Alta.; Bagotville, Que.; and Greenwood, N.S. The fleet is due to be retired in early 2002.

### La Force aérienne impose des restrictions opérationnelles pour l'avion T-33

La Force aérienne impose des restrictions opérationnelles pour l'avion T-33

Une série d'essais menés récemment au Centre d'essais techniques en aérospatiale de BFC Cold Lake a révélé des problèmes possibles relativement aux limites opérationnelles du système d'éjection du T-33. Ces essais ont été effectués aux limites d'éjection minimales simulant un décollage ou un atterrissage à des vitesses d'environ 130 km/h.

Comme mesure de précaution, la Force aérienne a imposé une restriction opérationnelle au personnel navigant de T-33 pesant plus de 80 kg (175 lb), en leur interdisant de piloter le T-33 jusqu'à ce que des limites d'éjection sécuritaires puissent être établies au moyen d'une analyse et d'essais plus poussés. La sécurité de nos équipages est primordiale.

Des essais ont indiqué que la répartition du poids semble être un facteur clé dans le comportement du système d'éjection à basses altitudes et à basses vitesses. Par conséquent, des techniciens vont déterminer le centre de gravité de chaque pilote avant qu'il puisse recommencer à

voler. Cette évaluation sera terminée en moins d'une semaine.

Comme aucun pilote ne s'est jamais éjecté aux limites en question, aucune blessure ni aucun décès ne sont directement attribuables aux difficultés découvertes récemment.

Le T-33, communément appelé T-Bird, participe à l'entraînement aux contre-mesures électroniques et agit comme avion cible pour les unités de la Force aérienne, de l'Armée et de la Marine, et il effectue des exercices d'interception pour les contrôleurs en aérospatiale. Les restrictions actuelles ne devraient pas compromettre les capacités opérationnelles de la Force aérienne.

Le T-Bird est en service au sein des Forces canadiennes depuis 1953, et il a été le principal avion d'entraînement à réaction jusqu'en 1974. Le système d'éjection actuellement en service a été installé au début des années 1970. Les 27 T-Bird actifs se trouvent aux bases aériennes de Comox (C.B.), Cold Lake (alb.), Bagotville (Qc) et Greenwood (N.É.). Il est prévu que la flotte de ces appareils soit retirée du service en 2002.

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# 435 Squadron

## Chinthe Bits

by Captain Terry O'Neil  
17 Sept 99

With the afternoon sun beating down on their necks and the temperature a searing 47 degrees Celsius, the nineteen intrepid Chinthe warriors disembarked the KCC-130 Battle Here and set foot in the desert paradise that would become their home for the foreseeable future. Was this Op DETERMINATION (1998) revisited? Alas, no, it was not. This was a new brand of torture for which the Chinthes had actually volunteered.

For three weeks of the summer of 1999, the tanker shop of 435 Sqn participated in Combined Arms Exercise (CAX) 9-99 at the United States Marine Corps Air Ground Combat Center (or MCAGCC, pronounced MUH-CACK-SEE). MCAGCC is a two-hour drive east of Los Angeles (or south of Las Vegas) and is located in the heart of the Mojave Desert at Twentynine Palms, California. The mission of MCAGCC is to conduct live fire Combined Arms Exercises for Marine Air Ground Task Forces (MAGTF's), known as the Marine's 911 force throughout the world. The MAGTF that 435 Sqn was supporting for CAX 9-99 will set sail this February for a six-month tour-of-duty, based initially in the Mediterranean Sea.

faced in the desert for CAX 9-99 was a first for most of the nineteen brave souls, as only a handful of them had been deployed on Op DETERMINATION to Kuwait in 1998. Unlike Kuwait, however, the Chinthes were not billeted in hotels with such amenities as A/C, individual rooms, or private bathrooms. As a detachment under the Tactical Command of the MAGTF for the duration of CAX 9-99, our American cousins provided the Chinthes with the same rations and quarters that the Marines had. Diplomatic immunity did rate the Chinthes with two Quonset-style shelters for the nineteen members of the detachment to pitch their cots on the sand floor, instead of the standard one Quonset shelter for every twenty-four Devil Dogs that the Marines housed. There were five latrines set-up for the Air combat element (ACE) of the MAGTF (about 700 Marines and Chinthes) and each latrine pro-

vided an opportunity for the free exchange of ideas, whether it be in the communal showers or the row of toilets (no separate stalls). Fresh rations were provided at the open-air mess hall from 0605-0625 for breakfast and 1625-1645 for the evening meal; MRE's were provided for the mid-day meal. It sounds much worse than it was, and the Marines did an excellent job of making the Chinthes feel welcome and wanted as a temporary part of the MAGTF.

The KCC-130 Battle Here's primary mission as part of the MAGTF was to provide tactical air-to-air-refuelling to USMC AV-8B Harriers and F-18 Hornets; as its secondary role, the Battle Here was used as a communications relay platform between the front-line units and the battle staff in the rear-area. In total, the Chinthes flew 23 missions during CAX and transferred

over 409,000 lbs of aviation fuel in-flight to the receiver squadrons. Although the KCC-130's full fuel offload was used sparingly due to the constraints of CAX, the extra flexibility that the tanker provided the MAGTF Commander was greatly appreciated. In particular, the tactical air-to-air refuelling and communications relay that the Chinthes provided during the Heliborne Assault Course (HAC) proved to be a crucial factor for the MAGTF in achieving the objective. As a matter of fact, the Chinthes overall contribution to CAX 9/99 impressed the Marines so much that the ACE DCI asked if 435 Sqn could participate in CAX 3 & 4 from Jan-Mar 2000. With the schedule of a C-130 squadron being as fluid and flexible as it is, predicting where we will be in 2 weeks let alone 4 months from now is not that easy. However, the chance to escape Winnipeg during the cold season



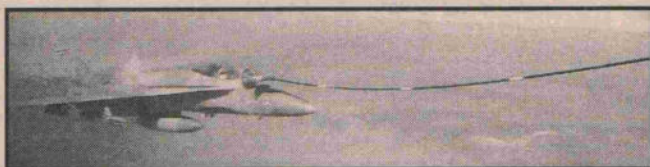
might just make going back to 29 Palms a little more attractive to its detractors!

All in all, CAX 9/99 proved invaluable to the tanker shop at 435 Sqn and emphasized the key element of air-to-air refuelling: NATO interoperability. Recent conflicts, including OP DETERMINATION, have shown the importance of tanker aircraft in allowing fighter aircraft achieve their mission objectives. A crucial step in allowing the aircrew to maximize the training potential at CAX was to ensure that they had a plane to fly. It would be remiss to not mention the excel-

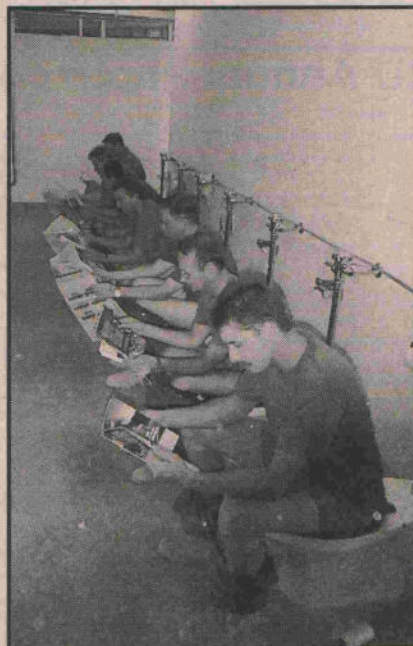
lent job that Capt Fraser, Sgt Duchesne, and the other 435 Squadron maintainers did in 29 Palms ensuring that the KCC-130 was serviceable for all but one of 27 planned missions/training sorties flown during CAX 9/99. This is particularly impressive if you consider the extreme desert environment that the detachment encountered, and the fact that this was our first exposure of the Avionics Update Program (AUP) Hercules to such extreme temperatures. Once again, the tanker shop and the maintainers have proven that 435 (T & R) Squadron is "DETERMINED ON DELIVERY".



USMC 5 Star accommodations



USMC F/A-18 in desert camouflage scheme refuelling from KCC-130 over the Mohave desert.



Crew bonding, USMC style.

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Part VI

# Improve yourself through RMC



By Dr. Carl Christie  
Associate Professor of War Studies pro tem and RMC War Studies Liaison Officer

The return of our kids to school a couple of weeks ago reminds us that fall is really the start of a new year for our society. Certainly it marks a new beginning for the education year. And this applies to adults as well as to children. It's an excellent time to take stock of our own situations and to make resolutions to improve ourselves and our prospects. One such way is through further education. In the midst of all the "bump" in our mailboxes are reminders of continuing education courses throughout the community. Night courses are definitely "in" things nowadays.

not too late to register for a course that could improve your military and civilian career prospects and possibly even change your life. At the very least it would give you an opportunity to meet people with similar interests, gain new knowledge and insights that might be relevant to your job, and have some fun in the process.

At last report spaces were still available in RMC's undergraduate survey of modern military history (meeting for the first time the evening of Wednesday 15 September in Building 52) and the postgraduate War Studies course on air warfare (Thursday 16 September).

There are several good adult education options available in Winnipeg. However, one of the advantages of studying through

the CF's own military college is the flexibility of RMC's continuing studies programme and its instructors. We understand the demands of military life and do everything possible to work around CF operations, exercises, and other commitments that would interfere with a student's work on a civilian university course. Even so, the RMC courses are perfectly acceptable requirements for an accredited degree - and they are also open to spouses and DND civilian employees.

To register for a course, or for further information, contact the RMC Office of Continuing Studies, Box 17000 Station Forces, Kingston, ON K7K 7B4, or by e-mail: warstudies@rmc.ca or phone 1-800-352-8979 or speak to your Personnel Selection Officer or Wing Training Officer.

Why not join the crowd? It is

## DND Annual Photo contest

DND is holding its annual photography contest with special emphasis on military life and military family life. The contest is open to amateur and professional photographers.

Many prizes will be awarded in several different categories. Winning entries may be selected (with permission of the entrants and proper accreditation) for the following purposes:

- \* For publication in DND or CF publications and magazines, or on the DND intranet.
- \* For publication in the 2000 military family services program calendar;

- \* For display as part of a recruiting poster;
- \* For display at public forums such as national exhibitions and Armed Forces days.
- \* As a poster advertising the DND photography contest for the following year.

Winning entries will be displayed on the course at National Defence Headquarters in Ottawa for a period of five days.

For a full list of contest rules, categories and prizes, contact the MFRC or e-mail: ab576@issc.debbs.ndhq.dnd.ca

Deadline for entry is October 1, 1999.

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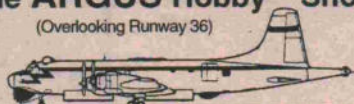
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SECRETARY: Carol Cochrane 833-2500 ext. 5087

MASSES: Sat 4:30 PM, North Chapel

Sun 9 AM, North Chapel & Sun 11 AM South Chapel

**RELIGIOUS EDUCATION:** Religious Education classes are available to all students from Preschool to Grade 6. Please call the office for information on registration.

**CONFESSIONS:** The sacrament of reconciliation is offered by appointment. Contact the Chaplain's office.

**BAPTISMS:** We recommend that you contact the Chaplain's office for an appointment prior to the birth of your child.

**WEDDINGS-MARRIAGES:** Contact the Chaplain at least six months in advance. A Marriage Preparation Course is a requirement.

**CATHOLIC WOMEN'S LEAGUE:** Meets the second Tuesday of the month at 1900 hrs alternating between the North and South Chapel Annexes.

## PROTESTANT

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Padre Doug Ohs (ACC) - Office 833-2500 ext. 5417

Padre Brad Busch (Luth) - Office 833-2500 ext. 5785

Padre Steve Merriman (Free Methodist) - Office 833-2500 ext. 6022

Padre Bob Sparks (Presbyterian) - Office 833-2500 ext. 2267

SECRETARY: Carol Cochrane - Office 833-2500 ext. 5087

**SUNDAY SERVICES:** 0900 hrs South Chapel & 1100 hrs North Chapel

ACC Eucharist is sometimes offered at 1015 at the North Chapel. Check the weekly bulletin for dates.

**SUNDAY SCHOOL:** Sunday School is held during the service for children ages 3 to 12. Childcare is provided on a required basis for children under 3 years of age.

**MARRIAGES:** Six months notice is required for marriages as counseling is necessary to prepare couples for Christian marriage. A Marriage Preparation Course is also required.

**BAPTISMS:** The Sacrament of Holy Baptism is available by contacting a chaplain. Time is required to give sufficient instruction about the meaning of baptism.

**PROTESTANT LADIES GUILD:** The Guild meets the first Monday of the month at 7:00 PM in the North Chapel Annex. All women are welcome.

**FOOD BANK:** The Food Bank is a joint under-taking by both Catholic and Protestant congregations. Please help by giving any food you can spare. The donation box is located at the rear of the chapel.

**DUTY CHAPLAIN:** After normal working hours, the Duty Chaplain can be reached at 227-4751.

**OTHER PHONE NUMBERS:** For your convenience, a phone number has been set up to provide callers with information on service times and contact with the Chaplain of your choice. Phone 833-2500 ext. 6800 and follow the prompts.

# Italian air force to train in Goose Bay

OTTAWA - Minister of National Defence Art Eggleton announced September 8 that the Canadian and Italian Governments have just signed an agreement in Rome for the Italian Air Force to train in low-level flying at 5 Wing Goose Bay, Labrador. Italian crews will begin training in the year 2000.

The Italian Air Force will join crews from the Royal Air Force, the German Air Force and the Royal Netherlands Air Force in autonomous training over the

vast, sparsely inhabited training areas.

"This new agreement with the Italians is an outstanding example of the many ways in which Canada contributes to the NATO alliance," said Mr. Eggleton. "For Goose Bay and the surrounding community this is exciting news as it confirms the excellence of 5 Wing as a world-class international training facility."

The Italian program will begin with about six to eight

combat aircraft, 150 rotating personnel, a 10 to 15 person permanent detachment and about 800 to 1,000 sorties. In the following years, this program could grow to about 12 combat aircraft, 250 rotating personnel, about a 20-person permanent detachment and a flying rate of about 2,000 sorties annually.

Canadian government policy supports increased Allied flying training in the Goose Bay area up to three times the current levels of activity (now about 6,000 annual sorties). All flight train-

ing in Goose Bay is subject to Canadian sovereignty and laws, all training costs are recovered and the environment is safeguarded from any adverse effects of training activities. In return, the Italian Air Force expects to be provided a cost-effective venue for flying exercises.

The proposed program will cost the Italian Air Force about \$6 million (Cdn) next year, excluding start-up expenditures. In subsequent years, Italian expenditures in Canada could

increase to \$9-10 million per year as the flying program grows, or nearly \$100 million over the life of a 10-year agreement. All military forces currently at Goose Bay will reduce operating costs because of economies of scale and a reduced share of common costs. The local and regional civil community is likely to benefit from more jobs as a result of increased military expenditures. Canadian-Italian military relations will also be enhanced as a result of this cooperative venture.

# Sharpe Board of Inquiry starts hearings

by Tina Crouse

The Board of Inquiry (BOI) investigating the possible exposure of Canadian Forces personnel to environmental contaminants in Croatia makes its first information-gathering stop at CFB Gagetown the week of August 23-27. Board members will be speaking with commanding officers and a cross-section of soldiers and air crew to start gathering pieces of what Col. Joe Sharpe, president of the BOI, calls a large and complicated jigsaw puzzle.

"We're working towards a big picture with no idea of what it looks like," Col Sharpe said in an interview. "All we've got are thousands of pieces and we're going to spend some time assembling them. It's a complicated problem to solve."

The BOI's mandate is to identify possibly contaminated sites in Croatia Sector South to which soldiers were deployed between 1993 and 1995, what the contaminants were and who was exposed to them, as well as explore how the situation was assessed and documented and if there were protective measures taken. In addition to these goals, the board must determine if there should be corrective measures taken and what can be done to prevent a future recur-

rence.

"The mandate is straightforward," he said. "When you read it in black and white, it's pretty dry—identify the sites, the contaminants, look at the documents, etc."

The real bottom line, however, is the health and well being of the soldiers and air crew who were deployed to Sector South, he said. "We have to give them some degree of assurance that they have nothing to worry about, if, indeed, they have anything to worry about."

"The second group of people we want to be sensitive to are the people who are showing some signs of illness. We have to determine whether we can link it back to Croatia."

The first challenge facing the board is to identify who was deployed to Sector South. As many as 3,300 people may have been in the sector where the contaminant is suspected to be present, and finding them is complicated by the fact that about half the people on the ground were reservists.

Col. Sharpe said that during this first round of information gathering, he and the board members "will be talking to anyone who wants to talk to us—definitely commanding officers, operations officers and

medical officers. We want to add to that a representative sampling of people who were there from both the reserves and the regular force, people who are not showing any signs of illness and those who are.

"We're not going to talk to every soldier—that might be overly ambitious—but we want to talk to people who want to talk to us and have something to contribute. We're trying to put together a jigsaw puzzle and we desperately need people to come forward and fill in the blanks for us.

"They may feel frustrated that no one has asked them before, but people have to trust us and come forward with the information. We will find a way for people to do that, even if they are concerned about identifying themselves."

In addition to CFB Gagetown, the board will also travel to CFBs Edmonton, Winnipeg and Valcartier, and to Kosovo and Croatia. "As a board, we need some sense of the ground in that area, so Croatia is almost a mandatory stop, as long as we are allowed in there by the Croatians."

Col Sharpe said, "Our idea is to let people know we are there through the command net and

invite them to come and listen to us, in smaller groups, so that we can actually do some question and answer. We will explain the mandate and ask people to come forward with their names."

No specific information will be collected at this time, Col Sharpe said. The board will either bring people to Ottawa or make another visit to their particular base with the full board to have them testify under oath to collect that information.

"I would like to have an answer to the question of whether there was contamination that caused people to be ill before I start. If we can find the answer without a drawn-out, lengthy investigation, I'd sure be happy, but I don't know how we would satisfy everybody. This is the only way we can provide the answers that people want.

"We not only want a quick answer," for those soldiers and aircrew who are sick, "but we need the right answer. Without the right answer, it has all been for naught.

"Our goal is to come up with the right answer in the quickest

amount of time possible." The right answer, however, is not necessarily a conclusive answer, Col Sharpe said. "When we are finished, all we are going to be able to do is establish the probability that if an individual was in this theatre at this time of year doing this kind of activity, there is a high probability he was exposed to such and such and may be subject to these sorts of things."

Conclusive or not, a soldier can take that information to Veterans Affairs and present a strong case for compensation, he said.

The information provided by the Canadian Forces members testifying at the inquiry may point to some preventive measures that can be taken to make sure this type of situation never happens again. "People in the military are paid to go off and do inherently dangerous things, but we ought not to be exposed to things that are unnecessarily dangerous.

"My intent is to take care of the people who were there and make sure this doesn't happen again."

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## NATO defence ministers ponder peacekeeping in Balkans

by Mitch Gillett

Consolidation of peacekeeping forces in the Balkans will likely dominate the agenda at an upcoming meeting of NATO defence ministers.

Defence Minister Art Eggleton, who will be hosting the two-day ministerial conference starting September 21 in Toronto, said Canada will have difficulty sustaining CF peacekeepers in Bosnia and Kosovo beyond an 18-month period. "From the Canadian perspective we have a lot of resources over there—some 3,000 (soldiers). That is a lot," he said.

"We need to look at it to rationalize it in the context of a total Balkans force. We'll determine what is the most efficient and effective way to use our forces there and whether we need the same number or not."

The need for peacekeepers in the Balkans appears to have been superseded by a need for trained police officers. The warring factions have been separated and people are slowly returning to the area; however, a rash of retaliation killings in

Kosovo is testimony to the region's continued lawlessness. Soldiers are not trained as police officers and do not have the skills needed to investigate crimes. Under the UN umbrella, there are police in the region now recruiting and training people for law enforcement.

Speaking at a news conference July 26 at NDHQ, Minister Eggleton told reporters that stability in the Balkans has allowed the European Union to start focussing its efforts on rebuilding the region's infrastructure.

"The approach that is being taken with respect to economic renewal and reconstruction is one that is based on the stability factor that the European Union has put forward," he said.

Additional measures to help in the effort will consider the Balkans as part of the bigger picture, Mr. Eggleton said, adding he feels Canada must do the same in terms of military involvement.

In December 1996 the Canadian government announced it was contributing

about 1,300 troops to NATO's Stabilization Force (SFOR) in Bosnia. Dubbed Operation PALADIUM, it has become Canada's largest peacekeeping commitment.

In June the CF dispatched about 1,300 soldiers to Kosovo, where they have been working with a British unit assigned to the NATO peace implementation force. This brings the number of Canadian troops in the Balkans to about 3,000.

Italian Defence Minister Carlo Scomaniglio, who used Monday's news conference to thank Canada for its role in preserving the peace and restoring justice in the area, agreed with the need to review NATO's role in Balkans.

"As far as Italy is involved, we are not asking to reduce the 11,000 men we have in theatre at this moment," Minister Scomaniglio said.

The Canadian government is responding to NATO's desire to use its forces in the best possible way, he said. "It is not a case of reducing our efforts, it is a question of rationalizing them to improve the results."

## Legal advice available by phone

by Mitch Gillett

Legal advice is not just a phone call away for people arrested or detained by the military police for an offense under the Canadian Forces Code of Service Discipline.

A 24-hour internationally accessible toll-free line has been set up so military personnel can get in touch with duty counsel who will give independent legal advice.

"Before being summarily tried, the accused will have ample opportunity to consult with us through the means of a 1-800 number that is staffed 24 hours a day," said Lieutenant-Colonel Denis Couture, newly appointed Director of Defence Council Services.

"We will also give advice on the right to elect between courts martial and summary trials. This is a decision that an accused person will face and if they need advice in that respect, that will be provided by my group."

Amendments to the military justice system, which became law September 1, called for the appointment of a Director of Defence Council Services (DDCS). The office was set up to give, supervise and provide legal service to people charged under the Code of Service Discipline.

Making duty counsel available to persons charged with an offence under the Code of Service Discipline also mirrors civilian law. When a person is charged with a Criminal Code offense, they are allowed to contact a lawyer. If a person does not have a lawyer, then one is provided. The chance to speak with a lawyer

must be offered. If not, it is considered a violation of a person's constitutional rights.

Although DDCS staff functions under the general supervision of the military's Judge Advocate General (JAG), the CF's top lawyer cannot interfere with the defence council by giving specific direction.

"The JAG can only give the defence general instructions, general directives," said LCol Couture, whose appointment is for a period of four years with options for a second, four-year term.

"It is very important that when we are involved in the defence case, all communications with clients are solicitor-client privilege and the only allegiance we owe, we owe to the client."

The sweeping amendments to the National Defence Act, which sets out the legal framework for the Code of Service Discipline, stemmed from two special reports and one major inquiry that dealt with many issues including the CF's military justice system. The Dickson Special Advisory Group, the Second Dickson Report and the Somalia Commission Report found the military justice system had not kept pace with the society's expectations.

The changes align the military's justice system with Canada's Criminal Code by making it more fair and open. Two key amendments, which reflect provisions in the Criminal Code, are the elimination of the death penalty as a punishment and public access to records of disciplinary proceedings.

## New CF pay statements Year 2000-proof

by Gord Lovelace

New pay statements for Regular Force and Class C personnel will be on the way to some 60,000 members next week, leaving a frustrated Year 2000 bug eating dust in their wake.

The September 15 pay will be the first delivered under an upgraded Central Computation Pay System (CCPS) that is Year 2000 compliant, and also brings new flexibility that will ultimately benefit all Regular Force and Class C Reserve members. (Members of the reserve Force on Class A and B service will continue to be paid by the Revised Pay System for the Reserves for the next few years.)

"We are launching the new system with every expectation that it will deliver accurate pay to the members," said CCPS upgrade project director Lieutenant-Colonel Archie Hunter. "But when it comes to something so critical as pay, anything less than total accuracy can translate into concern for individuals. We want everybody to know that we will have people dedicated to finding solutions to any anomalies."

While CCPS managers might have liked extra time to guarantee a 100-percent system, Year 2000 considerations fuelled implementation of the upgrade and limited the window available for further trials. In fact, the only way to really reach 100 percent is to get input back from the field on the

thousands of elements that determine the pay system.

The physical appearance of the pay statement isn't very different at all. But there are indeed changes in certain categories, most of which are being explained in pay statement notices.

Beyond general questions about the new system, it is inevitable that there will be anomalies unique to a few individual recipients. "Even under the old tried-and-true system, we had to cope with cases where people got paid incorrectly," LCol Hunter said. "We would have to be very naive to assume that this won't happen under the new system, but the main thing is

that everybody will get their pay. We have procedures in place to have local pay offices address any situations on a priority basis. As a standard practice, a member can receive a payment by cash to resolve pay discrepancies.

The Directorate of Accounts Processing, Pay and Pension has set up a new call centre for the dedicated use of local RMS clerks who have inquiries or reports of discrepancies from CF members. "The local pay office knows CF members and their files better than we ever could," said LCol Hunter. "We urge personnel to call their pay offices directly and the clerks will work with us through the call centre to

make any necessary changes."

Any bugs in the new system may bring a few individual surprises, but will not affect the bottom line. Once the implementation phase has run its course, the enduring benefits of the new system will become quickly apparent. The revamped CCPS becomes an integral part of a sophisticated central computer network, including PeopleSoft and other information systems, that dramatically reduces the amount of paperwork or "computerwork" that goes into personnel data changes.

Gord Lovelace is with DISCO Internal communications



Maj H. Ellery, Det Comd Dundurn awards Cpl W. Martin his CD. Maj Ellery has since retired and has been replaced by Maj H.D. Otchenash.

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# THE FLYER

Volume 2, Issue 5

August 1999

**NORAD HQ COLORADO SPRINGS**

NORAD HQ Colorado Springs is unique in that it uses its FPFL funds to take care of QOL issues for CF air personnel and their families serving in Colorado springs and NORAD OUTCAN Units, Tyndall AFB, Florida; Tinker AFB, Oklahoma; Elmendorf AFB, Alaska; Cape Cod, Massachusetts; McChord AFB, Washington; Rome, New York; Cavalier, North Dakota; Beale, California; Denver, Colorado; Clear, Alaska; Thule, Greenland; Vandenberg, California. NORAD OUTCAN Units have no infrastructure to maintain per say, so FPFL monies are concentrated in areas which allow members and their families to interact with each other and to some extent with their families back home. An example of this is the furnishing of a computer room at CFSE (Colorado) which provides Internet service so that members and their dependants can keep in touch with family and friends back home as well as facilitating distance learning. Many of the OUTCAN Units use their FPFL funds to furnish rooms, provided by the American host, which serve as Canadian Social Centers for special events.

**THE WAY FORWARD**

The DND/CF Ombudsman is in a unique position to achieve substantial and long-lasting improvements to the welfare of the members of the CF, their dependants and employees of the Department. The Ombudsman will perform the role of a neutral, independent and objective sounding board, mediator and reporter on matters related to the CF and DND. The Ombudsman will also carry on the function of a direct source of information, referral and education to aid individuals to access channels of assistance and redress within the institution and government.

The way forward-Action Plan for the Officer of the Ombudsman and the Mandate for the Office of the National Defence and Canadian Forces Ombudsman can be found at [www.ombudsman.dnd.ca](http://www.ombudsman.dnd.ca)

**CF LIAISON COUNCIL (CFLC)**

Currently, legislation is not in place to obtain job security for reservists within the CF. However, there is Canadian Forces Liaison Council (CFLC) to assist reservists to obtain time off from their civilian job in order to participate in essential military training and exercises. CFLC is assisting reservists in negotiating time off with various businesses and organizations, to participate in training and operations. CFLC has information available regarding the relationship between reservists and employers. The "Employers and Reservist Working Together" booklet is an item that CFLC give to employers during trade shows - it provides an overview of support the CF expects from employers. For further info contact CFLC at 1-800-567-9908.

**UPCOMING EVENTS**

FPFL working Group Meeting Dates and Location TBA

**ADDITIONAL INFORMATION**

For the details on all FPFL issues see your Wing CWO. We can now be found via the DND Intranet at: <http://131.134.112.25/cas/fpfl> or <http://vcds.dwan.dnd.ca/cas/fpfl>. Our internet address is also up and running at: [www.vcds.dnd.ca/cas/fpfl](http://www.vcds.dnd.ca/cas/fpfl). We also have an internet email: [ad927@issc.debbs.ndhq.dnd.ca](mailto:ad927@issc.debbs.ndhq.dnd.ca) or DND Intranet email 2LT K Lowe@D GAP PM\_S.



# LA GAZETTE

Volume 2, numéro 5

août 1999

**OG NORAD COLORADO SPRINGS**

L'OG NORAD à Colorado Springs est unique en ce qu'il utilise ses fonds de PVPV pour régler les problèmes de QV des militaires canadiens de la Force aérienne et de leurs familles en poste à Colorado Springs et dans les unités OUTCAN du NORAD, soit Tyndall AFB (Floride), Tinker AFB (Oklahoma), Elmendorf AFB (Alaska), Cape Cod (Massachusetts), McChord AFB (Washington), Rome (New York), Cavalier (Dakota du Nord), Beale (Californie), Denver (Colorado), Clear (Alaska), Thule (Groenland) et Vandenberg (Californie). Les unités du NORAD à l'extérieur du Canada n'ont, à proprement parler, aucune infrastructure à entretenir; par conséquent, l'argent du PVPV est consacré principalement à des initiatives qui favorisent l'interaction des militaires, de leurs familles et, dans une certaine mesure, des membres de leurs familles restés au pays. À l'USFC (Colorado), l'utilisation d'une salle d'ordinateurs et l'accès à Internet en sont des exemples typiques et permettent de garder contact avec la famille et les amis du Canada en plus de faciliter le téléapprentissage. De nombreuses unités OUTCAN se servent de fonds de PVPV afin de meubler et d'utiliser, comme centres communautaires canadiens pour la tenue d'événements spéciaux, des salles mises à leur disposition par leurs hôtes américains.

L'Ombudsman du ministère de la Défense nationale et des Forces canadiennes à l'adresse [www.ombudsman.dnd.ca](http://www.ombudsman.dnd.ca)

**CONSEIL DE LAISON DES FC (CLFC)**

À l'heure actuelle, aucune loi ne garantit la sécurité d'emploi aux réservistes au sein des FC. Le Conseil de liaison des Forces canadiennes peut toutefois les aider à s'absenter de leur emploi civil afin de prendre part à l'instruction et aux exercices militaires essentiels. Le CLFC aide les réservistes à négocier des périodes d'absence avec les diverses entreprises et organisations qui les emploient pour leur permettre de recevoir de l'instruction et à participer à des opérations. Le Conseil offre de l'information sur les relations entre réservistes et employeurs, notamment la brochure "Employeurs et réservistes travaillent de concert" qu'il distribue aux employeurs à l'occasion de foires commerciales. On y trouve un aperçu du soutien auquel les FC s'attendent des employeurs. Pour obtenir plus d'information, veuillez communiquer avec le CLFC au 1-800-567-9908.

**ACTIVITÉS À VENIR**

Dates et lieux des réunions du groupe de travail sur le PVPV à déterminer.

**RESEIGNEMENTS SUPPLÉMENTAIRES**

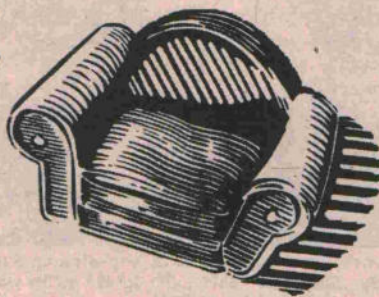
Pour tout savoir sur le PVPV, il suffit de vous adresser à l'adjudc Ère. Nous affichons désormais deux pages Web sur l'intranet du MDN, soit <http://131.134.112.25/cas/fpfl> et <http://vcds.dwan.dnd.ca/cas/fpfl> ainsi qu'une autre sur Internet à l'adresse [www.vcds.dnd.ca/cas/fpfl/intro\\_f.asp](http://www.vcds.dnd.ca/cas/fpfl/intro_f.asp). Notre adresse de courrier électronique sur Internet est la suivante: [ad927@issc.debbs.ndhq.dnd.ca](mailto:ad927@issc.debbs.ndhq.dnd.ca). Vous pouvez également communiquer avec le slt K Lowe@DGAP PM\_S sur l'intranet du MDN.

**ALLONS DE L'AVANT**

L'Ombudsman du MDN et des FC occupe un poste de première importance en vue d'apporter des améliorations appréciables et durables au bien-être des membres des FC, de leurs familles et du personnel civil du Ministère. Le bureau de l'Ombudsman doit servir d'organe de rétroaction neutre et objectif, de médiateur et de rapporteur officiel sur les questions concernant les FC et le directe d'information, d'orientation et d'éducation, pouvant aiguiller les gens vers les services d'aide et de redressement de griefs au sein de l'institution et du gouvernement.

Allions de l'avant - On peut prendre connaissance du plan d'action et du mandat du bureau de

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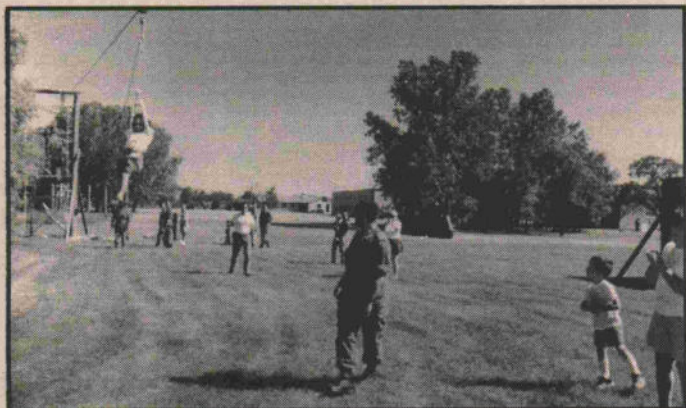
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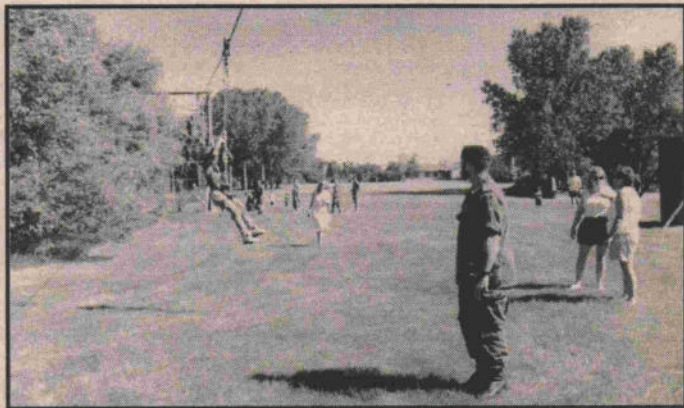
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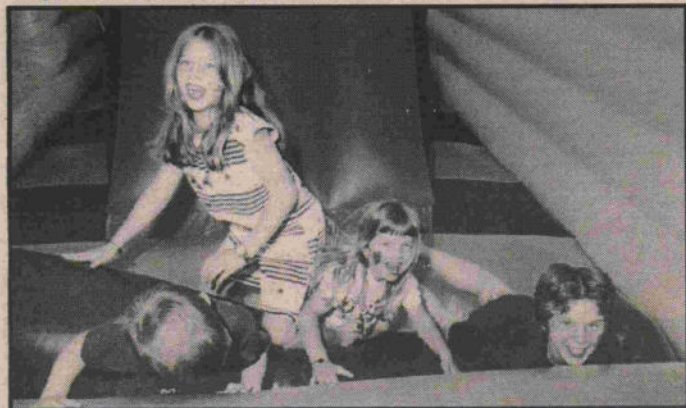
# 17 Wing Family F



On the fun slide is Tyler Erickson, 4, the son of Cpl Shaun and Sandra Erickson. Tyler's father is a member of the 2 PPCLI at Kapyong Bk. Assuring safety in the foreground is Cpl Maurice Galarneau, another member of 2 PPCLI.



A shot of another member of the Erickson family. Adam Erickson, 6, is also the son of Cpl Shaun and Sandra Erickson.



Children enjoying themselves in the inflatable playhouse.



Diane Brine paints the face of Katelyn, whose parents are MCpl Penney and Maureen Penney. Shelton is holding son Jordan as his wife is holding Jackson. Katelyn's father is a member of the 2 PPCLI.



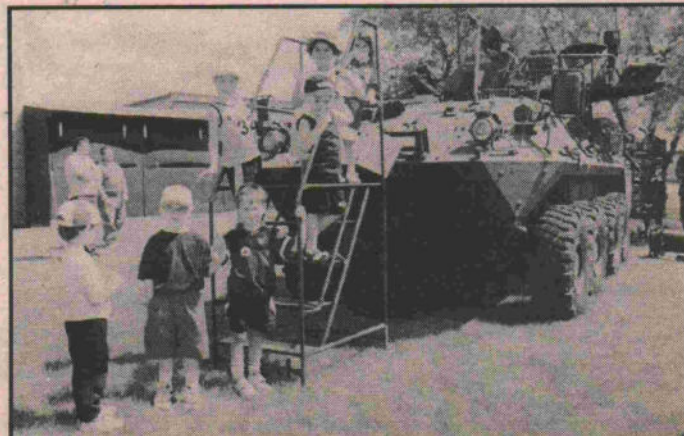
Working on their crafts are: Kayla, Brittany and Alex Bruce. They are the children of Major Malcolm and Shawn Bruce. Their father is a member of 2 PPCLI.

## 17 Wg Ops Situation Report

6 SEP 99 - 12 SEP 99

OPERATION	COUNTRY	PERS DEPL
Op Abacus (Ex Abacus 2000)	Canada	24
Op Calumet	Egypt	3
Op Danaca	Golan Heights	14
Op Echo	Italy	6
Op Kinetic	Kosovo	16
Op Palladium	Bosnia	3
Op Prudence	Central Africa	1
CFS Alert	Nunavut	1
1 CAD/INDIV Taskings*		1
CF Incremental Tasks**		1
General Tasks***		1
<b>TOTAL PERS DEPLOYED</b>		<b>71</b>

\* 1 CAD/INDIV TASKS - FIRE FIGHTER SUPPORT 3 WG (1), \*\*CF INCREMENTAL TASKS - CFSME GAGETOWN AF ENGR PH IV (1), \*\*\*GENERAL TASKS - CANZEX, NEW ZEALAND 99 (1)



Children line up to take their turn at exploring the Coyote Armoured Vehicle.

# Fun Day

by Major T.M. Wilson, Mayor WMCC

On 12 June the Winnipeg Military Community Council held it's annual family fun day at Kapyong Barracks. Thanks to all the volunteers from the Community Council, the Youth Center and members of 2PPCLI, 402 Sqn, the Central Flying School and the Winnipeg City Police Service for their assistance. It was an enjoyable day with gorgeous weather and lots of fun for the kids. The Community Council is planning on having a similar event with a Winter Carnival theme in February. more details to follow.

Photos by Sgt D.J. Mah



Cpl Chris Spafford, an AVN Tech (Aircraft Life Support Equipment Tech) with Central Flying School lets Corey Erickson, 8, try out the ejection seat, helmet and respirator out during the one day event. Corey is yet another member of the obviously popular Erickson family.



Military personnel and dependents were given rides on APCs (M-113A2).



Summer student Judy Luu supervises the Bean Bag Throw as Stephanie Tupper, the daughter of CWO Jeff & Denise Tupper and Darren McDonald, the son of Cpl Darren & Freda McDonald take their best shot. CWO Tupper works at 1 CAD HQ A3 EW) and Cpl McDonald works at 1CAD, WTIS.



Another shot of the Coyote line up.



Yet another shot of the Coyote. This is certainly a popular vehicle.



Enjoying the baseball toss are (in Star Tax T-shirt) Brian Bryan and (in striped shirt) Brenden Clarke. Both boys are member of 191 RCACS in Winnipeg.



Taking his best swing at mini-golf is Erich Meyer, son of Capt. Klaus and Wendy Meyer. Erich's father is a pilot with Central Flying School at 17 Wing Winnipeg.

# Fire Prevention Week

## ESCAPE TIPS:

**1. You can't hide from a fire!**  
Never try to hide from a fire. Follow your escape plan to get out, and then stay out. If you live in a high-rise building, consult your building management or fire department to know what to do in advance.

**2. Crawl under Smoke!**  
If you see any smoke when you're escaping, try another way out. If you have to escape through smoke, crawl on your hands and knees with your head 1 to 2 feet (30 to 60 centimeters) above the floor. The air will be cleanest, coolest, and safest there.

**3. Don't Stop!**  
When you hear a smoke alarm, leave the building immediately. Don't try to save anything. Go to your meeting place so the adults know that you're safe. Never go back into a burning building.

## FIRE FACTS

### The Top Five

- What's the number one cause of fires in the home?  
(1) Cooking equipment. From 1992 to 1996, an annual average of 97,300 cooking fires caused 310 civilian deaths, 4,830 civilian injuries, and almost \$400 million in direct property damage.
- What are causes 2 through 5?  
(2) Heating equipment (70,000 fires per year); (3) arson or suspected arson (53,500); (4) other (or unspecified) household equipment (45,000); and (5) electrical distribution equipment, including wiring, lamps, outlets, switches, fuses, and circuit breakers (39,100).

### Fires That Kill

- When do the majority of fatal home fires happen?  
(1) At night, when people are asleep. And the number-one cause of home fires that kill people is smoking, which caused an average of 850 deaths per year from 1992 through 1996.
- What about causes 2 through 5?  
(2) Arson or suspected arson (610 deaths); (3) Heating equipment (510); (4) Electrical distribution equipment (360); and (5) Children playing with fire (340 deaths, usually children themselves).

## DEAD WRONG

In 1997, NFPA asked 500 Americans how long they thought they had to escape a fire in their home.

Fifty-eight percent said 2 minutes or more - and that includes 24 percent who figured they would have more than 10 minutes to escape a home fire.

A typical living-room fire can threaten the entire house in just a few minutes - producing life-threatening conditions in upstairs bedrooms, less than 2 minutes after the smoke alarm sounds.

Unless everyone is prepared to respond quickly and without hesitation, the spread of deadly fire effects may make escape and rescue impossible.

In that same survey, only 7 percent of people who'd had their home smoke alarms go off assumed there was a fire. Fifty-five percent of those who'd been in a public building when a smoke alarm sounded admitted they'd failed to leave immediately.

Smoke alarms can cut your risk of dying in a home fire nearly in half, but you have to follow your escape plan and respond immediately as soon as they go off.

Half the people surveyed said their family had a home escape plan, but only 16 percent said they had a plan and had practiced it.

Every household should have a fire escape plan. But to be sure that everyone in the home knows exactly what to do in the event of a fire, you have to practice.

## ESCAPE TIPS:

**4. If you see smoke while you're escaping.**

Try another way out. If you can't avoid the smoke, crawl on your hands and knees with your head 1 to 2 feet (30 to 60 centimeters) above the floor.

**5. Test doors before you open them.**

If there's fire on the other side, the cracks around the door will be warm.

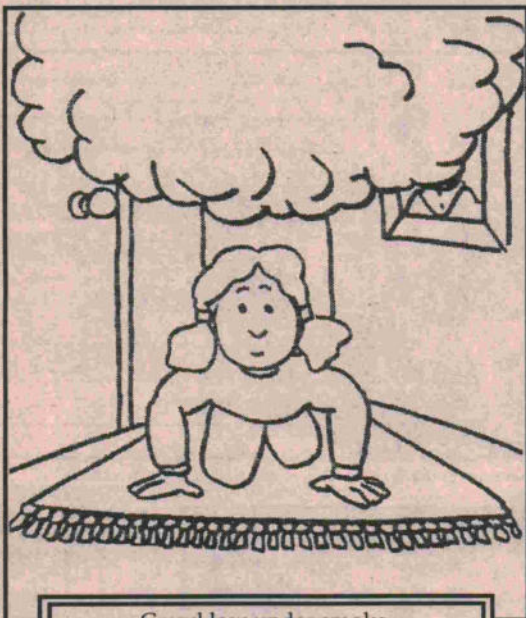
Kneel down, then reach up as high as you can and touch the door - at the knob and around the frame - with the back of your hand.

If the door's cool, brace your shoulder against it and open it with caution. If it's warm, try another escape route.

**6. Don't stop for anything.**

Don't try to rescue possessions or pets. Leave the building and go directly to your outside meeting place. Call the fire department from a neighbor's phone, portable phone, or alarm box.

## Colouring Contest



Crawl low under smoke.

### Fire Prevention Week October 3-9, 1999

Hey Kids! Here's a colouring contest just for you. Entries will be judged with winners receiving cash prizes.

**THIS CONTEST IS OPEN ONLY TO MILITARY AND DEPARTMENT OF NATIONAL DEFENCE EMPLOYEES AND THEIR DEPENDENTS.**

Age categories are 3 to 5 year olds, 6 to 8 year olds, 9 to 12 year olds.

Parents please print the name, age, and phone number of the child who coloured the picture.

Final judging to take place 14 October 1999.

Winners will be notified by telephone.

Send all entries to: Canadian Forces Base Winnipeg, Westwin, MB, R3J 3Y5 Attention: Fire Prevention Bureau

## Word Puzzle Contest

### Fire Prevention Week October 3-9, 1999

Complete the following word find game and send it in to the Fire Prevention Bureau for a chance to win valuable prizes.

This contest is open only to military personnel and their dependants, and Department of National Defence employees and their dependants.

Prizes are: 1st an ABC portable fire extinguisher, and 2nd - a battery operated smoke detector.

Draw to take place 14 October, 1999 - first correct entry drawn will win the extinguisher; second correct entry drawn will win the smoke detector.

Winners will be notified by telephone.

Please ensure that your name and telephone number are marked on your entry.

Send all entries to: Canadian Forces Base Winnipeg, Westwin, MB R3J 3Y5 Attention: Fire Prevention Bureau.

W	A	T	E	R	A	Z	F	L	M	E	L	M	S	R	O	O	R	P	Q	F
D	Q	R	U	K	Y	B	G	K	K	X	C	T	H	E	A	T	N	O	I	A
R	S	S	J	C	H	E	D	G	J	T	N	U	V	T	S	M	A	R	M	N
O	P	T	C	O	M	B	U	S	T	I	B	L	E	U	V	P	E	L	G	Z
C	A	V	L	F	I	U	W	X	J	N	K	I	W	J	V	T	P	K	H	B
S	O	H	O	S	E	V	D	Y	M	G	W	X	L	U	R	L	R	J	O	S
M	G	Y	W	D	W	Z	J	Z	I	U	P	Y	K	U	T	O	F	I	Y	I
O	N	D	M	C	X	I	X	E	N	I	B	T	C	Z	K	S	C	R	D	A
K	L	R	X	H	F	E	H	H	G	S	F	K	M	J	Y	A	L	A	R	M
E	C	A	Y	E	I	G	D	F	O	H	S	D	S	G	Z	Y	A	X	O	E
L	M	N	K	N	R	A	F	G	P	E	H	I	F	N	L	Z	D	U	O	S
Z	K	T	Z	E	E	F	J	L	K	R	Y	B	C	T	M	E	D	W	V	E
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Y	I	B	P	C	H	I	H	B	S	C	T	A	T	D	P	U	M	P	R	N
W	E	B	F	H	T	G	V	P	R	Q	U	X	B	M	G	N	U	E	S	R
D	A	R	Y	P	E	N	W	J	O	R	S	H	W	L	O	A	P	W	T	U
M	W	T	O	K	R	P	O	Q	P	A	D	L	I	B	E	L	L	S	D	B
H	A	B	L	R	S	U	G	K	E	R	I	F	V	C	Q	R	X	X	B	C

- |       |         |              |         |             |
|-------|---------|--------------|---------|-------------|
| SMOKE | LADDER  | ROPE         | WYE     | PUMP        |
| BURN  | HOSE    | FIREFIGHTERS | SIAMESE | FLAMMABLE   |
| HEAT  | WATER   | ARSON        | ALARM   | COMBUSTIBLE |
| FIRE  | HYDRANT | EXTINGUISHER | BELLS   | FIRETRUCK   |

NAME: \_\_\_\_\_

PHONE #: \_\_\_\_\_

# 17 WING SPORTS

## 1999 Prairie regional ball hockey championships

CFB Det Dundurn hosted the 1999 ball hockey championship 10-12 Aug 99 after CFB Edmonton declined. While Det Dundurn does not have an arena, the town of Dundurn allowed us to utilize theirs.

The round robin play was competitive and close, however Winnipeg and Shilo were the powerhouses. In the final game, the Shilo team received a delay of game penalty. The delay hindered the Winnipeg team and gave the

Shilo team a boost as they scored three consecutive unanswered goals in the final quarter of the game.

The PSP Staff (Mark Fulkerton and Don Ruston) and the officials would like to thank all of the competitors for their sportsmanlike conduct throughout the championships. A special thanks to the members of the Dundurn team who cleaned and painted the playing surface. Thanks again and well done.



## 17 Wing Men's Hockey Team

The base hockey team is beginning its preparations for another successful season. Open tryouts will start on Friday, 8 October. Ice time is from 0800 - 0900 at the Highlander Arena. The base hockey team is specifically looking for players from the wing to add some depth to our roster in an effort to repeat as Prairie Regional Men's Hockey Champions.

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TO HEALTHY ACTIVE LIVING

## Canadian Breast Cancer Foundation CIBC Run For The Cure

Date: Sunday October 3, 1999

Time: \*8:00 a.m.  
\*9:40 a.m.  
\*10:00 a.m.  
\*11:15 a.m.

Final Registration - Investors Group Athletic Centre, U of M  
Warm-up - Investors Group Athletic Centre  
Start of Race - Investors Group Athletic Centre  
Awards Party - Investors Group Athletic Centre

Press kit pick-up: 8: a.m. and on, come to the media desk and obtain a kit as well as day-of-the-run information.

The Event: On Sunday, October 3, more than 70,000 people in 26 cities across Canada will join in the CIBC RUN FOR THE CURE, providing living proof - and loving proof - that we can all do something to give women, their families and their friends a better chance in the

struggle against breast cancer. Participants have the option of travelling a 1-km or 5-km route.

Since 1985, the incidence of breast cancer—the single biggest killer of Canadian women between the ages of 35 and 55—has risen by 1.7 per cent every year. It is only through increased awareness and participation in events such as the CIBC RUN FOR THE CURE that progress can be made in breast cancer

research, education, diagnosis and treatment.

Organized entirely by volunteers, the CIBC RUN FOR THE CURE is the Canadian Breast Cancer Foundation's largest fundraising event. Last year, the event was held in 22 cities and raised \$4.4 million. With more runners and walkers than ever before, and with additional cities taking part, this year's goal is \$6 million.

CANADIAN BREAST CANCER FOUNDATION

# CIBC RUN for the CURE



## Prairie region and national sports competitions

The following is the proposed list for the 1999/2000 Prairie Region and National Sports Competitions. If you require additional information contact the Sports Coordinator, Chris Merrithew, at local 5511.

Soccer Dev. Camp			Dec 99 Esquimalt
Strong Contender	27 Jan - 4 Feb 00	EDM	
Basketball	14 - 16 Jan 00	WPG	
Volleyball (M)	21 - 23 Jan 00	WPG	20-25 Feb 00
Volleyball (W)	21 - 23 Jan 00	WPG	20-25 Feb 00
Hockey (Small Base)	07 - 10 Feb 00	Suffield	
Broomball(M)	11 - 13 Feb 00	Cold Lake	5-10 Mar 00
Broomball (W)	11 - 13 Feb 00	Cold Lake	5-10 Mar 00
Hockey (OT)	13 - 17 Feb 00	EDM	19 - 26 Mar 00
Hockey (M)	20 - 25 Feb 00	Cold Lake	19 - 26 Mar 00
Hockey (W)	Mar 00	EDM	0 Apr-5 May 99 CF INVIT (Borden)
Badminton/Squash	10 - 12 Mar 00	WPG	9 - 14 Apr 00 Prairie Region
Sports Mtg	May 00	Wainwright	May 00 - Ottawa

## Women Hockey Players Wanted

The 17 Wing Women's Base Hockey Team is preparing for a new season which includes an intersection team and participation in a Regional level tournament hosted by CFB Edmonton. All interested military, civilian DND and NPF women are encouraged to contact: Chris Merrithew at local 5511 • Celine Fillion at 453-7560 • Cheryl Walton-Simm at local 5221

## ARBITRATOR

(20 Years Experience)

Need help with your Autopac Write-off?

Call **Brad Pallen**  
284-5664



BARRISTERS AND ATTORNEYS-AT-LAW

Mr. Alvin G. Slayen is registered with the Government of Canada - Integrated Relocation Programme. He has been registered with the Department of National Defence since February, 1995.

For all your relocation questions, contact Mr. Slayen at (204) 957-3576

10th Floor Richardson Building, One Lombard Place, Winnipeg, Manitoba R3B 3H1 Telephone (204) 942-0081 Fax (204) 942-0081



Telephone: (204) 888-7463

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(Corner of Ness & Sturgeon Road)

## Crestview Veterinary Hospital

Dr. Ab Hague  
Dr. Lorraine Walker

3025 Ness Avenue  
Winnipeg, MB R2Y 2G3

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# MFRC ANNOUNCEMENTS

MILITARY FAMILY RESOURCE CENTRE, 350 Doncaster Street, Winnipeg MB, R3N 1W8 489-7003

## Teen Babysitters... We Need You!

Parents at CFB Winnipeg will be avidly searching for babysitters to provide care to their children while they are out. If your teen would like to be added to the MFRC Babysitting list please drop into the MFRC at 350 Doncaster St. to fill out the required forms. Parents of teen sitters can rest assured that the MFRC teen babysitting list is not for general distribution or posting. Parents seeking sitters must sign a waiver form, while the actual listing gives only the name of sitter, phone number and generalized home address (ie. North Side) A great way to make some money and contribute to your community! Don't Forget... New families are posted in every day and looking for reliable sitters!

## Childcare Resources at the MFRC

The MFRC compiles and updates a variety of childcare resource listings, which are available by stopping by the MFRC during regular working hours. Listings include:

- Licensed daycare centers and family home daycare listed by region of the city. (copies also available by calling the Manitoba Child Daycare Office at 945-2197)
- Community childcare listings
- MFRC Dropoff childcare schedule
- Coming in Dec. 99, "The MFRC Daycare"
- Long term childcare services;
- Extended Hour Childcare resources;
- 24hr Childcare and Health support services;
- The Teen babysitters list.

## CLUB DES FEMMES FRANCOPHONES

Bonjour à toutes, anciennes et nouvelles!

Une nouvelle saison de rencontres va débuter bientôt et c'est avec enthousiasme qu'on s'y prépare. Avant tout, une brève description s'impose. Le club se compose de femmes parlant français quelle que soit leur origine (i.e. épouse de militaire, membre militaire, franco-manitobaine ou anglophone s'exprimant en français). Une fois par mois, habituellement vers le 15, une sortie est organisée et on communique avec chacune d'entre vous une semaine avant la rencontre.

\* Souper au restaurant: octobre, janvier, février, avril, mai \* Sortie sportive (quilles, mini-golf, etc.) novembre, mars \* Party de Noël: décembre \* Sortie de fin d'année

Il faut vous mentionner cependant que cet horaire n'est pas fixe et peut changer dans le cas d'un manque de participation ou pour tout autre raison. Il n'y a aucune obligation de votre part à participer à toutes les rencontres.

Le vendredi 17 Septembre notre rencontre aura pour thème de soulagement la Bienvenue aux femmes nouvellement arrivées dans la communauté. Nous nous rencontrerons au Club 90 à 19h pour une rencontre sociale. Venez prendre un café et le dessert avec nous!

Si vous ne recevez pas d'invitations de la part du CFEM, c'est peut être que nous ne savons pas que vous êtes ici! Alors contactez-nous au 489-7003 ou contactez Nathalie Rioux pour certifier votre présence lors de cette rencontre.

Nous espérons que vous viendrez en grand nombre!

Nathalie Rioux, Présidente 253-6421

## Operation Abacus...Are you Ready?

With the millennium fast approaching 17 Wing personnel are gearing up for any eventuality. Many CF members, both regular and reserve will be on standby from late Dec 99 until Jan 00. Just a reminder to ensure that you have secured care for your children in case of call-out during this period. This is especially important for our service couples and single parent members. The MFRC compiles and updates a complete listing of childcare resources at 350 Doncaster St. to assist you in creating a Family Care Plan. Resources for elder-care and special needs dependents are also available upon request. Prepare now, have your plan in place! Call Catherine at 489-7003.

## THEME LUNCHEON

October 8th, 1999 11:30 - 1:00 Combined Mess Bldg 61

\* Cost is \$8.00 \* With \$1.50 going to support the \* MFRC

Come join us for a taste of Italy

For more information about this month's theme luncheon please call 489-7003.

Hope we see you there!

## OF INTEREST TO PARENTS WITH SCHOOL-AGED CHILDREN...

On Thursday, September 30, 1999, Dr. Larry B. Silver will be giving a public address on "Learning Disabilities and Attention Deficit/Hyperactivity Disorder: What Works and What Doesn't". This talk will be given at the Crowne Plaza Hotel, 350 St. Mary Avenue, from 7 to 9 p.m. Tickets are available at the door between 6 and 7 p.m. on September 30. Tickets are \$5.00 per person, or \$3.00 for members of the Learning Disabilities Association of Manitoba.

Dr. Silver is a child and adolescent psychiatrist and the author of books and writings on learning disabilities and attention deficit/hyperactivity disorder. His books are available in the Winnipeg Public Library, and his online address is [www.additudemag.com](http://www.additudemag.com)

The Learning Disabilities Association of Manitoba is hosting the 12th International Conference on Learning Disabilities and Attention Deficit Disorders on October 1 and 2, 1999 at the Crowne Plaza. For further information please call (204) 774-1821, or visit the LDAM website at [www.mbnl.mb.ca/enable/ldamb](http://www.mbnl.mb.ca/enable/ldamb).

In the past, LDAM has offered a support group for parents of children with ADHD, as well as a support group for school with a diagnosis of ADHD. Call LDAM for more information on either type of group. The St. James-Assiniboia School Division #2, through its Educational Support Services, has also offered a support group for parents of children with learning disabilities and attention deficit disorders. Call 885-1334 to inquire about these services.

## FRANCO-MAMAN

### Septembre

10 septembre Jeannine Lefloch (infirmière)  
24 septembre Robin de Pluriel (retour sur le marché du travail)

### Octobre

8 octobre Michelle (bricolage & découpage)  
22 octobre Jeannine Lefloch (infirmière)

### Novembre

5 novembre à venir  
19 novembre Jeannine Lefloch (infirmière)

### Décembre

3 décembre à venir  
17 décembre Jeannine Lefloch (infirmière)

Pour le service de garderie veuillez appeler: Lipsett Hall 833-2500 ext. 6846 au moins 1 semaine avant la rencontre.

Le coût est de 1\$/heure pour un enfant et 0,50\$ de plus pour chaque enfant suivant de la même famille. S.V.P. Apporter une collation pour votre enfant.

## Tuxedo Safeway Fundraising By Celine Taillon, Volunteer Coordinator

Canada Safeway has each of their stores choose a charitable organization in their community to do a fundraising drive. The staff at Tuxedo Safeway helped decide the organization that they wanted to support. In April of this year the MFRC was approached by Tuxedo Safeway to be a part of their fundraising efforts. It was not hard to say yes when the store set their fundraising goal at \$10,000.

As soon as the weather warmed up (not quite eh Caria?) volunteers from Safeway and the MFRC sparked up the BBQ and sold hot dogs and smokies to hungry shoppers. Volunteers put in over 150 hours of their time to promote the MFRC.

The four and a half months of flipping dogs ended with the final "Round Up Day on September 11th. Volunteer Celebrity Baggers from the MFRC were on hand to bag groceries and encouraged shoppers to round up their grocery bill to the nearest dollar. After a hard day bagging groceries, volunteers, MFRC staff and Safeway Staff participated in a fun filled evening of Bingo Bowling.

Through all these special events, Safeway surpassed their goal and raised just over \$10,000, which will go to provide quality programming, resources and services to Military Families at 17 Wing. Thank you to all the Safeway staff who gave their time to Barbecue.

\*\*\*\*A very special thank you goes to Frank Lucarz for all his hard work. Frank's positive and outgoing attitude was the key to this successful campaign.

To all our MFRC volunteers...You're our partners in tomorrow!

Thanks go to: Kim Anninson, Theresa Morris, Maryse Loroas, Yvette McRae, Jan Haggart, Immanuela Clark, Lois Mallet, France Lecuyer, Earl Smith, Vlasta Amizic, Colleen Young, Robert Tallion, Keith Brine, Sheila Langois, Carla Ryan, Daena Rundie, Sandra & Garrett Lawless, Kim O'Connor, Kim Reading, Laurie Johnson, and four 2 PPCLI members who didn't leave their names. And the MFRC staff!

## QUALITY OF LIFE

Val Hudson, Coordinator

Registration to all classes, seminars or workshops must be accompanied by payments.

Register by mail or in person at 350 Doncaster Street, Winnipeg MB R3N 1W8.

Programs may be cancelled due to lack of registration. Fee is not refundable after registration deadline.

### Asoyaday

Find out why a growing number of non-vegetarians are making soy a deliberate choice in their diets. Whether you are lactose intolerant, have allergies to dairy products or are looking for variety in your diet this session will be full of information on soy's nutritional benefits as well as how to prepare and cook soy products. The course will be taught by Lisa Kehler who is a registered dietician. She will also do a cooking demonstration using soy products.

Southside Chapel, \$5.00, November 3, 1999 7:00 - 9:00 p.m. Registration deadline is Friday, Oct. 30.

### Home Energy Savers Workshop

Presented by Manitoba Energy and Mines. Discover inexpensive ways to reduce your home's energy bills without sacrificing your lifestyle or comfort. This three hour workshop is designed to meet the needs of both the experienced and inexperienced "do-it-yourselfer". The Home Energy Savers Workshop will cover the following topics: \* The House as a System \* How to Hire a Contractor \* Insulating Basement & Crawlspace, Attics & Walls \* Maintaining your Heating System \* Replacing Windows & Doors \* Importance of a Ventilation System \* Sealing, Caulking and Weatherstripping Windows & Doors. Westwin Community Centre, \$5.00 (refundable) Tuesday, 5 October 7-10 p.m. Registration deadline is Friday, Sept. 27

### Car Clinic

Open to everyone 16 yrs +. Find out how to check: Fluid levels; Tire pressure; How to change a tire.

Saturday 9 Oct. 9 a.m. - noon. Location: TBD. FREE!

## CHILDREN'S PROGRAMS

For more information on any of the following children's programs, please call Wendy Richardson at 833-2500 ext. 6846 (Lipsett) or ext. 2491 (Westwin).

The Military Family Resource Centre offers children's programs at two locations.

Lipsett Hall Children's Centre is located on the south side & the Westwin Children's Centre is on the north side.

Both centers are licensed nursery schools. They are licensed through the provincial government. The Manitoba government is a strong supporter of childcare and facilitates quality childcare with strict regulations and follow up inspections. Both centers are subject to regular health and fire inspections. The staff are trained in early childhood education and are all certified in first aid and CPR.

## NURSERY SCHOOL PROGRAMS

Our nursery school offers the preschool child the opportunity to socialize in a happy stimulating environment. Children are free to choose from various activities including learning centres, stories, music and movement, arts and crafts, games, drama and free play. Children must be three by the end of December to start nursery school in the fall.

Lipsett Hall (English) Westwin (English)  
Mon., Tues. & Thurs. mornings Mon., Wed. and Fri. mornings  
9:00 to 11:15 a.m. 9:00 to 11:15 a.m.

### NEW FOR FALL 1999-FRENCH IMMERSION NURSERY PROGRAM

This program will offer your pre-school child the unique opportunity to be exposed to a French atmosphere during our nursery school program. Westwin Children's Centre, Monday, Tuesday, and Thursday afternoons. 1:00 p.m. to 3:15 p.m. Cost: All nursery school programs are \$72 per month. The annual registration fee: \$15 (non-refundable). We are now taking registrations for fall 1999. Register as soon as possible so that you get the times and location that you prefer.

## DROP OFF CHILD CARE

This service provides members of the community the opportunity to leave their children in licensed care while they run errands, work out in the gym, attend other M.F.R.C. programs, or just have a break from their children. We provide care for children from 18 months to 6 years. Children must be registered at least 24 hours in advance. It is advisable to book a week in advance since these programs are very popular. Location: Westwin Children's Centre. Times: 9:00 a.m. - noon Tuesdays, 9:00 a.m. - noon Thursdays. To register call 833-2500 ext. 2491. Location: Lipsett Hall Children's Centre. Times: 1:00 p.m. - 4:00 p.m. Tuesdays, 9:00 a.m. - noon Wednesdays, 9:00 a.m. - noon Fridays. Cost: \$2.00/hour for the first child and \$1.00/hour for the second child in the same family. To register call 833-2500 ext. 6846. Snack: Parents must provide a snack and a drink for their children. Please remember that our centres are peanut free due to the large number of children with allergies. Popcorn and nuts cannot be served to children under 5 in licensed care.

## CREATIVE TOT SHOP

This program is the first step towards nursery school. It provides the opportunity for parents and young children to come together to create and play. The toddler or preschooler can explore the world of art, music, movement and story. Parent participation is required. Location: Lipsett Hall Nursery School. Time: Monday 1:30 - 3:00 p.m. Cost: \$25.00 per family for 13 sessions from September 13th to December 13th or pay \$2.50 drop in fee. Please bring a snack for your child.

## MOTHER GOOSE

This is an interactive program for parents and caregivers that want to enhance their interactions with babies and young children. It focuses on the pleasure and power of using rhymes, songs and stories together. Come out and have some fun with your children. For information call Wendy at 833-2500 ext. 2491. To register come in to the main office at 350 Doncaster by September 15th. Please bring a snack for your child. Location: Westwin Children's Centre. Cost: \$25.00 per family for a ten week sessions, starting September 29th (last class is December 2nd).

## BABYSITTERS COURSE

This course offers basic instruction in first aid, fire safety and childcare. Participants must be 12 years old to complete the course. All three sessions must be attended to complete the course. Location: Westwin Children's Centre. Cost: \$8.00. Times: Wednesdays, October 13th, 20th, 27th and November 3rd. To register go to 350 Doncaster by October 1st. For information call Wendy Richardson at 833-2500 ext. 2491 or Diane Brine at 488-4821.

# Off and flying

by Captain Rob Chapman  
UIO, 3 CFFTS Southport

On 27 August 1999, six students from the Basic Helicopter School and five students from the Multi-Engine School received their Canadian Forces pilot wings from Major General Lloyd Campbell, Commander 1 Canadian Air Division. The occasion was marked with a Wings Presentation Ceremony and formal dinner in the Combined Mess of 3 Canadian Forces Flying Training School Southport, where families and friends gathered to celebrate.

The graduates of course 9901 and 9902 are as follows (standing, back row, left to right): Lt. Rob Landriault is posted to 427 Sqn in Petawawa, Ontario to fly the Griffon helicopter; LTA Lim, Sing Hui, Royal Singapore Air Force, will be flying the C-130 Hercules aircraft with the RSAF; Lt. Steph Aumont is posted to 436 Sqn in Trenton, Ontario to fly the Hercules aircraft; Capt Brian McNeil is posted to 415 Sqn in Greenwood, N.S., to fly the Aurora aircraft; Lt. Neil McMahon is posted to 442 Sqn in Comox B.C., to fly the Buffalo aircraft; Lt. Jason Newton is posted to 423 Sqn in Shearwater N.S., to fly the Sea King heli-

copter; Lt. Sebastien De Lutio is posted to 430 Sqn in Valcartier P.Q., to fly the Griffon helicopter; Lt. Gregory Collins is posted to Shearwater N.S., to fly the Sea King Helicopter; and, Lt. James Shewchuk is posted to 408 Sqn in Edmonton, Alberta, to fly the Griffon helicopter.

(Seated front row, left to right): Lt. Tyler Brooks is posted to 427 Sqn in Petawawa, Ontario to fly the Griffon helicopter; LCol Larry Caux, Comdt, 3CFFTS; MGen Lloyd Campbell, Comd 1 CAD; Hon Col Hal Wishart, Hon Col 3CFFTS; and, Lt. Steve Thompson is posted to 440 Sqn in Yellowknife N.W.T., to fly the Twin Otter aircraft.

Of interest, two graduates had the honour of being presented their wings by a family member who has had previous military service. Mr. Ron Thompson, a former Sonar Tech with the RCN, presented his son Steve, with his CF Pilot's Wings. As well, Mr. Norman Landriault, a former infanteer with the Royal Canadian Regiment, presented his son Rob, with his CF Pilot's Wings.

This grad ceremony marked the occasion of the first Royal Singapore Air Force graduate from the Multi-Engine School.

LTA Lim, Sing Hui, received her RSAF Pilot Wings from MGen Campbell.

Mayor Ian McKenzie presented the City of Portage La Prairie Flying Achievement trophy (awarded to the student from each school, with the highest overall flying results). The recipients were as follows: Lt. Steve Thompson (MES Course 9901) and Capt Brian McNeil (MES Course 9902); and, Lt. James Shewchuk (BHS Course 9901) and Lt. Tyler Brooks (BHS Course 9902).

Four Course Members from BHS 9901 graduated early to attend their respective OTUs, and as such, were not in attendance at the Grad: Lt. Dom Baker, is posted to 423 Sqn in Shearwater N.S. to fly the Sea King helicopter; Lt. Dan Rossi is posted to 443 Sqn in Esquimaux B.C., to fly the Sea King helicopter; Lt. Dany Poitras is posted to 427 Sqn in Petawawa, Ontario, to fly the Griffon helicopter; and, Capt Dave Pretorius is posted to 408 Sqn in Edmonton Alberta to fly the Griffon helicopter.

Congratulations to all the Wings Graduates of Course 9901 and 9902 from the staff of 3CFFTS, Southport.



## Charges against CF members now made public

by Allison Delaney

Anonymity in disciplinary proceedings is now a thing of the past.

Since September 1, the name of any individual charged under the Code of Service Discipline (CSD) has been available to the public on request.

Prior to this, only the names of individuals charged in civilian court were made public, while offences under the CSD weren't made public until a court martial was convened.

This technicality confused those who wondered why some individuals were identified while others were not.

Commander Jim Price, Deputy Director of Military Prosecutions,

said identities of personnel charged under the CSD were considered personal information and protected under the Privacy Act in the old system. "This is a means to make our system more transparent, open and accessible," he said.

A unit Registry of Disciplinary Proceeding (RDP) is being created. This file will hold completed RDP's when a charge has been laid, anyone requesting a copy of the RDP in writing with enough information to identify the specific record, cannot be denied, said Cdr Price. This is a means of providing members of the public, civilian and military, with a standard way of obtaining information from units concerning charges under the

CSD.

But some names may still be withheld. "Exceptions will only occur when public interest overrides the general policy," said Cdr Price. These exceptions could include cases of sexual assault or child abuse in which releasing the name of the criminal could identify the victim. The RDP will also not be released when a pardon has been granted or the punishment imposed was less than \$200.

If other documents are desired, the Privacy Act and the Access to Information Act can still be utilized.

This regulation doesn't apply to cases involving charges laid before September 1, 1999.

## Giggles 'n Grins Children's Center

- Shift, Part-time, Full-time, Temporary or Drop-in Care Welcome -
- 18 mos - 12 yrs -
- 1st in offering flexible programming -
- Friendly Family Atmosphere -
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- Owned and operated by a military family -

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Government Subsidy Available

For more info call 897-GRIN (4746)



## College Corner

17 September 1999

Hi again, its me, Kenn, your CFCN Coordinator. I truly hope and pray that you are all getting settled down into some kind of a routine now that we're back to what we hope passes as "normal". Summer is slowly waning, holidays are a lingering memory, the kids are back in school and many of us feel that is not a bad idea! Being back in school I mean.

The CFCN has been helping people overcome the challenges of military life and reach their educational objectives for the past 4 years. Tremendous opportunities have been created for military members and their spouses and families, opportunities to upgrade their education even with the hectic schedules of young families and unpredictable and demanding operational requirements.

The Seneca College Management Development Program has been extremely successful in the past and will be offered again this fall. This program is ideal for those who are currently in or aspiring to, supervisory positions. The workshops are quick and convenient and focus on realistic examination of current leadership issues through case study analysis, sharing of experiences with a wide variety

of classmates and role playing.

Tentative dates for these courses are:

MDP 100	Human Relations	Oct 29-30-31
MDP 700	Mgmt for Results	Nov 27-28
MDP 200	Communications	Feb 4-5-6
MDP 300	Administration	Mar 3-4-5

If you are interested in taking one of these courses, call me at the office or come in to say hello and register, 833-2500 Loc 5115, PSO's Office, Bldg 52. The costs will be around \$150 and this includes the texts. Also don't forget the credit for military training!

Other initiatives are possible as well. Recreational learning is a great way to relax, take time out with your friends, exercise the "little gray cells", and maybe even souse out a new and exciting career. The following courses may\* be offered here on base:

- How to Start Your Own Business
- Book Keeping & Accounting for your own Business
- Introduction to Critical Thinking
- Expanding Writing Skills
- Professional Sales Techniques
- Customer Service Relations
- Assorted Micro Computer Applications

### What Would You Like To Learn?

If none of these is of interest to you, let me know what is and we'll see if we can make it happen! Take care and I'll talk to you again in October.

\*may - depends on the interest showed. We require at least 10 students and the class can start at any time.

# ON THE TOWN

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 schnitzel, beef rouladen, homemade spatzle,  
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 Phone: 888-3133 for reservations  
 — Special Discounts for Military Personnel —



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 885 Henderson Hwy

## WHAT'S

## HAPPENING

**MOMS- ENJOY A MORNING OUT EVERY MONDAY WITH POLO PARK Y NEIGHBORS. THE FALL PROGRAM BEGINS SEPT. 20, 1999. JOIN US FOR COFFEE, INTERESTING GUEST SPEAKERS AND FRIENDSHIP WHILE YOUR CHILDREN ARE WELL CARED FOR IN OUR NURSERY. FOR INFORMATION CALL BARB AT 889-1582 OR TANYA AT 831-7904.**

**The Polo Park Y Neighbors** will be holding a **CRAFT SHOW AND SALE** on Saturday, October 16, 1999 at the St. James Civic Center from 10am - 4pm. There are over 50 crafters to view! Admission for this fundraiser is \$1, children are free. With every admission, you get a chance to win one of the many door prizes.

## CERAMIC CLUB

Westwin Community Centre

Hours of Operation are

Monday - Thursday - 6 - 10 p.m. Office closes at 8:00 p.m.

Club 833-2500 Loc 2496

\*\*\*Looking for something new or different to do why not join the Ceramic Club?\*\*\* Attention all members we are involved in the Christmas Crafts sale at Lipsett Hall 23 October, we are looking for crafts of all types and baking goods to help raise funds for our Club. Your generosity is greatly appreciated. Memberships are due no later than 15 October. Adult beginning classes will start on Wednesday 29th September at 6:30 pm. Children's classes will be starting on Tuesday 5th October at 6:30 pm - 8pm. Telephone June 888-6059 or Marilyn 889-0571, for more information on times and costs.

## RESP contest helps open the doors to higher education

Brantford, ON Sept. 14th, 1999 - Helping Canadian families cope with the escalating costs of higher education is the focus of an innovative program open to everyone during the back-to-school period. The S.C. Johnson Because We Care For Kids contest gives Canadians a chance to win one of ten Registered Education Savings Plan (RESP) scholarships valued at \$20,000 each.\*

"The popularity of this promotion is rapidly growing," says Darwin Lewis, president, S.C. Johnson Canada, "The second year of Because We Care For Kids received nearly 50 per cent more entries than the first year. Clearly, parents are concerned with the rising costs of education."

Experts predict that by the year 2014, the average cost of a four-year post-secondary education will be \$90,000 (including tuition, books, housing, etc.). Statistics Canada reports that annual tuition costs for an undergraduate arts degree increased 7.1% across Canada from 1998/1999 to 1999/2000 school years. Undergraduate tuition since 1990/1991 has more than doubled in all provinces except Prince Edward Island, New Brunswick and British Columbia.

"The net result is increased pressure on Canadians to save early for their children's tuition at a time when higher education is growing as a factor in future success in life," says Dale Mitchell, spokesperson for the Royal Bank and an advisor to the Because We Care For Kids program.

Mitchell recommends families follow a three-step strategy to build savings for their children's education: (1) take advantage of the available 20% return on an RESP through the federal government's grant program, (2) use tax savings from a Registered Retirement Savings Plan (RRSP) to fund the RESP and (3) take advantage of forward-looking programs like S.C. Johnson's Because We Care For Kids.

Since 1997, the Because We Care For Kids program has awarded 49 RESP scholarships. Canadians can enter at participating grocery and retail outlets where S.C. Johnson products are sold (look for special displays) or on the Internet at [www.becausewecareforkids.com](http://www.becausewecareforkids.com). No purchase is necessary for the contest, which closes on October 27th, 1999.

S.C. Johnson Wax makes and markets more than 400 consumer products for Canadian, U.S.A. and numerous worldwide markets. Among its many leading brands are Pledge, Glade, Windex, Edge, Raid, OFF!, Ziploc, Fantastik, and Shout.

\*See contest details online @ [www.becausewecareforkids.com](http://www.becausewecareforkids.com).

### Public Service Announcement

The Riverview Health Centre requires volunteers to assist in several areas: Gift Shop, Group Activities, Friendly Visiting, Special Events, Woodworking, Van Driving and other important services. Orientation is provided.

For information, contact: Jim Putz, Coordinator of Volunteer Services at 478-6208.

### Leading the Fight against Muscular Dystrophy.

Your firefighters are our modern day champions whether they're protecting lives and property, or raising funds in the battle against muscular dystrophy and more than 40 other neuromuscular disorders affecting thousands of Canadians.

When your firefighters ask for a donation, remember they are the champions for many Canadians affected by a neuromuscular disorder. And please give generously.

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## Reading Corner

17 Wing Recreational Library  
Community Recreational Centre  
833-2500 ext 2490

Mon 3-8, Tue 9am - 8pm, Wed 3-8, Thu 3-8, Sat 1-4

Have you noticed on television lately? Some of the new movies and series started out as books. Come and read them for yourself. Looking for a quiet place to do your homework? Come and have a seat at our table. There is a computer, Internet and photocopy access to get everything done. Printing of Internet and computer pages 5 cents, photocopying 10 cents per page. Drop by and check us out.

## JUDO - The Gentle Way

Judo is a martial art that may be safely enjoyed by all. It is a great way to get in shape, a method of self defence and a sport. Judo is meant to be a form of mental, physical, ethical and spiritual training. The exercises and philosophy of Judo work to improve the state of all four aspects of a person and can be applied in daily life. As such, the development of courtesy and respect is an integral part of judo.

Kodokan Judo is a martial art that resembles the fighting methods of jujitsu and aikido in its use of twisting and throwing techniques, and in its aim of redirecting an attacker's momentum against himself. Kodokan judo is based on the traditional jujitsu of old Japan, with the techniques of the latter re-examined, refined, systematized, and wedded to an ideal of efficient use of mental and physical power.

### 17 WING JUDO CLUB PARTICULARS:

Location: Westwin Community Centre Building  
33 Whytewold Road CFB Winnipeg (NORTH)

### TIMES:

Mondays: Youth: 7:00 - 8:15 pm. Adults: 7:00 - 10:00 pm

Thursdays: Youth: 7:00 - 8:15. Adults: 7:00 - 10:00 pm

Start: Thursday, September 23, 1999

End: To be determined, normally end of May

### UNIFORMS:

Judogi (uniforms) are the responsibility of the member (sweat suit may be used for the first two or three classes):

### CONTACTS:

Norbert Pachet: Club Co-Chair (204) 774-0454 or e-mail [npachet@rrc.mb.ca](mailto:npachet@rrc.mb.ca)  
Don Hunt: Club Co-Chair/President (204) 489-9090 or e-mail [dhunt@escape.ca](mailto:dhunt@escape.ca)



## Major discounts - Toronto shows

1. CFC has obtained additional discounts to shows in Toronto as follows:

A. Phantom of the opera discount has been cancelled effective 30 June 99. Show will run until end Sep 99 full price only

B. Medieval Times offers a military rate

of 32.95 adults and 25.00 children 12 and under Sun to Fri. 35.00 adults and 27.50 children Sat. only. There will be a military day in the fall, more to follow. To book call 1-800-563-1190 or 416-260-1234 and mention military rate.

C. Hockey Hall of Fame in Toronto is offering special military rates. Call Ms. McConnell for details at 416-482-6800 ext 6959

D. HMCS Haida is offering special military rate of 2.00 PP for the conduct your own tour option

E. Canada Paramount Wonderland has

offered a military discount of 32.00/adult and 19.00/child tickets at CFC Toronto. Contact Ms. McConnell

F. Stage West proudly presents the Buddy Holly Story 23 July - 12 Sep. 41.07 per person includes dinner show and tax. Elvis will be at Stage West 16 Aug 99, 41.07 PP Dinner Show Tax. Spice Girls Tribute and Backstreet Boys Tribute 23 Aug, 20 Sep, 4 Oct, 1 Nov, 15 Nov, 6 Dec, 20 Dec, 27 Dec 99. 29.95 PP Dinner Show Tax. Dress code in effect. No running shoes, jeans, track suits

G. Also coming to Stage West - Norman is that you - starring George Jefferson - Sherman Hensley 15 Sep - 21 Nov 99

H. La Cage Dinner Theatre presents Rock and Roll Heaven 1960-70 comedy revue and Vinnies Cabaret 1920 Underground Gin Joint. Roaring 20s music, flappers, thugs; gangster shoot outs and a nightly police raid. La Cage Dinner Theatre offers a 50 percent discount for the military. Call 416-364-5200 ext 301 for reservations.

I. The Soul Pepper Theatre Company presents a Streetcar Named Desire and the plays the thing. Cost 20.00 or 32.00 depending on seating location. To book call Valarie Taylor at 416-597-0965

J. The Limelight Dinner Theatre presents Murder on the Limelight Express. Cost 60.00 includes dinner tax gratuity, or 35.00 for the shows only. To book call 416-486-7469 and mention CFC Toronto. Canadian Forces College Special Deal 20.00 for show only - 27 Aug, 28 Aug, 11 Sep, 17 Sep, 24 Sep, 30 Sep and 1 Oct. To book call Ms

McConnell at 416-482-6800 ext 6959

K. Group Sales International presents Cinderella opening 9 Dec. Cost 48.00, 30.00 or 28.00 PP depending on seating location. To book call Valarie Taylor at 416-597-0965

L. The Toronto Argos have extended their hospitality to the Canadian Forces by offering tickets as low as 7.50 PP. This will include free admission to the tailgate party as hosted 23 July by Kim Mitchell

M. The 4th annual Ontario Renaissance Festival 1999 10 Jul - 15 Aug in Milton Ontario available to all. The cost 15.95 adults and 7.00 children. To book call 1-800-734-3779

N. CN Tower will be offering the military community a special rate of 14.50 adult, 12.50 senior, and 10.00 child. This year the tower offers the observation level and the following attractions. The Easy Guide, the Ultimate Roller Coaster, Comet Impact, Dinosaur Hunter, and Maple Leaf Cinema for an additional 6.00 each

O. In support of Women's College Hospital Foundation and Mt Sinai Hospital Foundation 2 for 1 dining certificates for 25.00 each book contains 5,000.00 in gift certificates valid until 31 Dec 00. To order call 416-219-9473 or fax 416-222-8901

2. As the service has grown since last year, I would like to welcome Cpl Indra Thackorie from National Defence Public Affairs Toronto aboard. For suggestions or questions please contact Cpl Thackorie at 416-952-9218 or Ms McConnell at 416-482-6800 ext. 6959

# PERSONAL CLASSIFIEDS

## EVERYBODY'S MARKETPLACE

### WANTED

Wanted - Air Force Officer mess kit. Jacket 42, waist 38. Contact HCoI Chefins at (204) 837-6179.

Wanted - Air Force Mess Kit, 44-46" chest, 38-40" waist & 30-32" inseam. Pls phone Phil Berry at W 833-2500 ext. 5249 or H 261-9451.

Wanted - Energetic and very honest person to take over cleaning business. Must have car. Call Brenda 885-1720.

### MISC. FOR SALE

For Sale - Shop vac, \$15. VG condition. Infant sled, \$10. Phone 488-0501.

For Sale - Two carpets, size: 12'x26' and 12'x12'. Colour: blue/grey. Price: \$100 (12'x26) and \$75 (12'x12'). Carpets are in very good condition and are being replaced due to home renovations. Contact: Jan or Brook at 487-7752 (you can leave a voice mail message & we'll return your call asap).

For Sale - Beige sofa & loveseat set, 9 yrs. old. Replaced foam in all seat cushions 2 yrs ago. \$250 OBO. 889-6927 lve message.

For Sale - Utility trailer, 40" wide, 4' long, & 20" high, 13" tires, spare included, new wiring, \$250. Black entertainment unit, holds up to 27" TV, shelving to hold stereo, \$75. Pls call Teresa 487-3230.

For Sale - Approx. 120', 4' high, 1 year old wooden fence. Call 487-0369.

For Sale - 1 pr. Bauer Supreme 3000 skates, exc. cond. men's size 9, used 1/2 season. \$200 firm. 1 pr. Super Taks 452's men's size 9, exc. cond. \$150 firm. 1 CCNE helmet (boys) blk without cage, \$75 obo. 1 pr. Bauer Supreme 1000, short cuff senior gloves, exc. cond. Phone 885-1720.

For Sale - Buoy-o-Boy infant life jacket (orange), good for 20-30 lbs, used very little, asking \$10. Call Mike or Sheri at 832-4456.

For Sale - Sofa sleeper, \$400. Bedroom set \$500. Palliser bleached oak mates twin bed (3 drawers) w/headboard, nightstand & large chest of drawers, includes mattress. Fools Ball table \$100. All prices negotiable. Call 489-1485.

### MISC. FOR SALE

For Sale - 120' 4' high wooden fence. Asking \$300 OBO. Call Bill 487-0369 or lcl 5214.

For Sale - Graco Jungle Sport large size pack 'n' play, playpen. With 4 nylon mesh sides. One side has roll-down sunscreen. Washable poly-cotton fitted sheet. Includes insect net and snap on toy bag. Folds into carry bag. (paid \$149.99 receipt upon request) Used 8-10 times when travelling. Mint condition. Asking \$80. Call Mike or Sheri at 832-4456.

For Sale - Twin-size bedding set. Included-Reversible comforter with polyester fill, one pillow sham and matching fitted sheet, flat sheet and pillowcase. (Comforter in navy with red, green and yellow triangles, sheet set in white with primary triangles. Mint shape, only used on bed for 6 mos before theme changed. Buy new at Sears for \$160 or used for \$40) Call Mike or Sheri 832-4456.

For Sale - Portable bed GuardRail. Retractable design offers easy storage and portability. Soft mesh fabric netting and fabric lining over sturdy metal. Approx 42" long. Asking \$15. Call Mike or Sheri at 832-4456.

For Sale - T-Rex deluxe 10" trike, single bar steel frame. Padded handlebars in Purple/Pink. Mint condition. Asking \$20. Call Mike or Sheri at 832-4456.

For Sale - Heavy-duty Little Tikes outdoor infant swing, with safety guard. Must be attached to swing set. Asking \$10. Call Mike or Sheri at 832-4456.

For Sale - 3 pc. crib bedding set. (Primary colors with satin balloon theme as seen at Sears) Reversible extra thick ruffled comforter with polyester fill, a high-end bumper pad and fitted bottom sheet. Also included 4 white balloon wall hangings with 4 different primary color ribbons and trim. Musical mobile in primary colors. All enclosed in plastic carry case. In excellent shape. Asking \$80. A very attractive set for either sex. Call Mike or Sheri at 832-4456.

For Sale - Printer stand with file drawer, \$20 or best offer. Please leave message 487-3580.

### MISC. FOR SALE

For Sale - 100' of chain link fence with gate & hardware. Excellent for dog run. Great shape. Paid \$460, asking \$225. Car Topper (luggage carrier) fr. Canadian Tire. Asking \$60 obo, 12" bike, 1 mth old, bill included, \$40 obo. Musical rollerblades (Fisher Price) \$20 obo. Infant helmet, \$8 obo. Skates, size 9/10 (kids) \$15 obo. 2 grey car seats 20-40 lbs, \$15 each, obo. Please contact 661-6153 for viewing or any additional information.

For Sale - New Dolomite walker, has seat, basket, tray. Brakes on handles. Receipt available, \$380. Missen Vase, 10" high, floral sides on white, \$200. Water Lily plate, Wedgewood, \$90. Bird of Paradise plate, Royal Daulton, \$90. Hummel figurines: Firm prices: Happy Pastime, \$140. Wayside Harmony, \$125. Chimney Sweeper, \$120. 889-4442.

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Homes. May be seen  
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Barb 897-4641.

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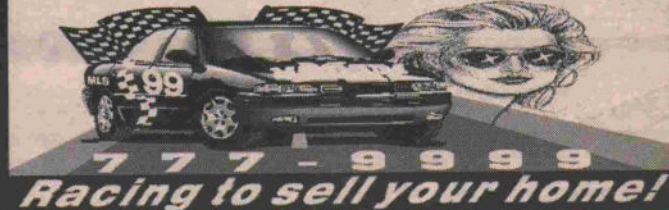
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