

The VOXAIR

Vol. 46, Issue 6

17 Wing Winnipeg / 17e Escadre Winnipeg

April 1, 1998 / FREE

Inside This Issue of The VOXAIR

VOXAIR CHARGED WITH UNFAIR PRACTICES ..2
See inside for details.

SETTING THE AAR RECORD STRAIGHT....2
CC137 tanker from Trenton claims first AAR mission in Persian Gulf...in 1991.

WELL DONE..9
WComd Col Watt honours various members of 17 Wing with well deserved medals & promotions.

FLYING SOLO 13
Recent survey results, on single military parent child care needs, are in. Details inside.



ARCTIC SURVIVAL ...5
Members from 2PPCLI show Kindergarten students how to handle the cold.

General Baril visits 17 Wing

The Chief of the Defence Staff, General Maurice Baril visited the personnel at 17 Wing on March 4th, 1998. He used this opportunity to meet with various units of the Wing and reward some of our personnel.



Above: The presentation of the jacket. On the left, Mr. Don MacKenzie, Chief Executive Officer, Pan Am Games 99 and on the right, Mr. Tim Ryan, Executive Vice President, Pan Am Games 99 present General Baril with a Pan Am Games Winnipeg 99 commemorative jacket.



Left: Sgt Bob Lawrence, 435 Sqn, briefs the CDS on the on-board systems.

Photos by Wing Imaging, Cpl D. Payne

CFSAS evolves to meet needs

As the next millennium approaches, the Canadian Forces School of Aerospace Studies is evolving to better meet the professional development needs of Canada's air force. Each training flight at the school is seeking to improve the training it provides, which has led to minor changes in some courses and the total restructuring of others.

The most sweeping changes have occurred in the Officer Development Flight. Over the past year, the Air Force Indoctrination Course and the Aerospace Operations Course have been replaced by two new courses: The Basic Aerospace Operations Course (BAOC) and the Advanced Aerospace Operations Course (AAOC). The objective in creating these courses has been to strengthen air force officer professional development by creating a seamless transition from Basic Officer Training to the Canadian Forces Command and Staff College. It has also placed a stronger focus on air force doctrine and the

planning and conduct of air operations.

The BAOC is a four and one half week course designed for junior air force officers within the first two years following their basic MOC training. Officers from other environments in the CF will also be required to take this course when they are posted to an air force unit for the first time. CFSAS will conduct its second BAOC proof of concept course starting 15 April.

The intent of the BAOC is to give officers, at the outset of their air force career, a context for their work environment and the operations they will be participating in. Within this context, they will be better able to assimilate the lessons they will learn in their day-to-day jobs.

The AAOC is a seven and one half week course that forms the cornerstone of professional development for air force junior officers in development period two. It is aimed at officers in the top

Continued on page 6

SHELL/CIRCLE K FOOD STORES
BRUSHLESS ULTIMATE
\$5.49 with gas purchase
CAR WASH
OFFER VALID UNTIL APRIL 15, 1998

CLEAN PLUS CAR WASH
2501 Portage Avenue
Winnipeg, MB R3J 0N8
Phone: (204) 837-2842

PHIL HILL, Manager
31 Osborne Street
Winnipeg, MB R3L 1Y1
Phone: (204) 475-6148

VANITY HAIR studio

(204) 831-5535
2369 Ness Ave.
Winnipeg, MB R3J 1A5

Mon., Tues., Fri. 9-6
Wed., Thurs. 9-8
Sat. 9-5

The VOXAIR

Following the Canadian Forces

OFFICE HOURS
MON. to FRI. 0815-1100 hrs
(DEADLINE DAY FRIDAY)

HEURES DE BUREAU
LUNDI à JEUDI de 8h15 à 11h00

TELEPHONE
889-3963 / FAX 885-4176

Telephone-answering system operates remainder of week
Repondeur automatique pour le reste de la semaine

Editor-in-Chief/Rédacteur-en-chef
LCol Sam Marcotte
(204) 833-2500 Ext 5281

Managing Editor/Directeur-Gérant
Maj Cheryl Walton-Simm
(204) 833-2500 Ext 5221

Office Manager
Maureen Walls
(204) 889-3963

Office Assistants
Dianna Erwin
Lola Brooker

Accounts Receivables/Payables
Sgt Mark Simm

Production
Networks Design Group (204) 825-2371

Systems Coordinator
Sgt Bill Sproul (204) 889-3963

Advertising Sales
Mr. Jim Holland (204) 832-0115
Sgt Alain LeBlanc (204) 889-3484

Volunteer
MCpl Herb Romer
(204) 833-2500 ext 5347

Printed By
Pembina Printing Ltd. (204) 325-4771

VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col. T. F. Watt. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. We will not be responsible for any loss or damage to any advertiser or 3rd party resulting from the failure of an advertisement to appear in any of our editions or from any error or omission in any advertisement which is published.

Correspondence should be addressed to:
VOXAIR, 17 WING WINNIPEG, PO BOX 17000
STN FORCES, WINNIPEG MB R3J 3Y5
E-MAIL: voxair@vulcan.schq.dnd.ca

VOXAIR est le journal non officiel de la 17e Escadre Winnipeg et est publié avec la permission du Commandant de l'Escadre, le colonel T. F. Watt. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministre de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. De plus nous ne sommes pas responsable pour perte ou dommage envers un annonceur ou un tiers par suite de non-publication d'annonces dans nos éditions, d'erreur ou d'omission dans les annonces qui sont publiées.

Toute correspondance doit être adressée à:
VOXAIR, BFC WINNIPEG, CP 17000 SUCC
FORCES, WINNIPEG MB R3J 3Y5
E-MAIL: voxair@vulcan.schq.dnd.ca

This newspaper is printed using environmentally safe inks.
Ce journal est publié en utilisant des encres qui ne nuisent pas à l'environnement.

DEADLINE 3 APRIL 98
DATE DE TOMBÉE 3 AVRIL 98
NEXT ISSUE 15 APRIL 98
PROCHAINE EDITION 15 AVRIL 98

Please ensure name and unit appear on the back of any photographs submitted for publication in The Voxair. The Voxair does not guarantee the return of photographs which do not bear name and unit on back.

Second Class Mail, Reg. No. 1725 ISSN 0300-3213

Mona Lisa Florist
Florist & Wedding Specialists

15% OFF
to all military personnel

20 years of quality service to our Canadian soldiers.

Same Day Delivery Guarantee.
City & World Wide Delivery.

VISA & Mastercard
Phone orders welcome

1724 Corydon Ave. Winnipeg

489-3054
1-800-880-0322 (Canada & US)

VOXVIEWS

Voxair charged with unfair practices

By Major CM Walton-Simm, Managing Editor

The headline above is an April Fool's joke...we couldn't resist. However, in reality, the Voxair was recently accused of wrong doing. "Flawed and unfair", "BOYCOTT THIS CONTEST". These words leapt from my computer screen like the flames of a wild fire. For those of you who don't have GroupWise Email, I'm referring to an anonymous Email message, sent to all 17 Wing personnel connected to the LAN, complaining that the Voxair Vignette contest is jury rigged. Once the meaning of the message was absorbed, feelings of deflation and disappointment turned the flames to smoldering embers.

Deflation: for all our efforts of trying to produce a newspaper that captures the interests of many and provides some entertaining diversion, this is the feedback we get? Well, it can't really be called feedback, as the individual didn't have the courtesy to discuss his or her concern directly with any of the Voxair management.

Disappointment: for realizing that, although the allegations are unfounded, the reputation of the Voxair has been tarnished in

the eyes of all the personnel that read the Email message.

After much deliberation and advise not to acknowledge the accusation, I have decided to provide a clarification, if only to defend the Voxair's reputation. The Voxair Vignette has proven very popular and I would hate to see that change. The process that we use to determine winners is as follows:

- once all the answers are received they are reviewed by one or more of the office personnel (judges);
- when reviewing the answers, the judges select the answers they believe to be the correct ones, all others are not included;
- all of the correct answers are retained and a winner is randomly selected from the correct answers (the correct answers are placed in an envelope and the winning answer is drawn);
- in the event that only one answer is provided or only one answer is correct, that answer is the winner.

If there is a more equitable way of judging, I'm open to suggestions. In my opinion, making an allegation without gathering the facts, not speaking directly to the Voxair staff and not allowing us the opportunity to defend ourselves is "not very fair at all".



Letter to the Editor

Setting the AAR record straight

"Well boys, it's started." I'll never forget that chilling expression. That's what was broadcast over the secure voice UHF from our controlling ship at 02h00 local time on the morning of 16 January 1991, coincident with the launch of ship borne Tomahawk missiles towards Iraq. I was airborne in Husky 28, operating in the "Puller" air-refuelling anchor just about 28 North latitude and around 50 East longitude - in the middle of the Persian Gulf. Husky 28 was the call sign of a Canadian Forces CC137 tanker aircraft, stationed in Trenton and operating in support of the coalition forces in what was to become known as the "Gulf War."

When we departed Baden, Germany for the Persian Gulf theatre on the morning of 08 January 1991, with four fully armed CF-18s in tow, I would venture to say that was the first operational AAR mission flown by a Canadian Forces aircraft. Unknown to us at the time was the fact that we were en route to war. When we "passed gas" on the night of 16 January 1991, it was undoubtedly the first time for a Canadian Forces wartime AAR mission!

I point this out in response to the lead story in your 18 March 1998 edition of The Voxair which credits a 435 Sqn KCC-130 as having conducted the first ever AAR mission on 05 March 1998. Simply not true!

I get a little disconcerted when CBC television, the Globe and Mail, the Toronto Star and Maclean's magazine list the CF assets in the Gulf War as ships and F-18s only. 412 Squadron, stationed in Ottawa, had a Challenger in theatre, and 437 Squadron had a

Boeing 707 tanker in theatre. I can forgive or accept the slight by the national media, however, I find it sad, perhaps even appalling, that our own Air Force newspapers have already forgotten our contribution. Please visit the RCAF Memorial Museum in Trenton or the Wing headquarters and look once again at the OP FRICTION poster. It tells the story better than a thousand words. Or visit the War Museum of Ottawa and see the air refuelling painting done by Ted Zuber - one of four selected to hang there as a reminder of this conflict.

I would like you to print this letter in your newspaper to set the historical record straight. Naively, I thought our contribution for Queen and country, and all that, would have been remembered a little longer [especially here in Trenton]. Anyway, as the expression goes - been there, done that, got the T-shirt and two, yep - count 'em - two medals.

I wish all the best to you, your newspaper and in particular the AAR crews who follow us on into the future. If there is a God, perhaps no one else will ever really have to do this again in anger.

Sincerely,
Maj T.E. Adkins, TRSET

We welcome your letters of comment or concerns and will feature them here, in our 'Letters to the Editor' column. Please forward your signed letter to the Voxair, 17 Wing Winnipeg, Box 17000 Stn Forces, Winnipeg, MB R3J 3Y5 or drop off at the Voxair office. - Ed.

JOHN W. BARBER B.A., LL.B.
Attorney - Mediator - Notary Public

Legal Services
Wills & Estates * Real Estate * Family Law
(Real estate fees conform to CF Relocation Guidelines)

Mediation Services
"Resolve disputes by mediation, not litigation"

BARBER LAW OFFICE 3651 Roblin Blvd. 949-3240



ELEANOR V. SINGLE Alternate Broker

Business: (204) 475-9130 (24 hrs.)
Residence: (204) 831-0657
Pager: (204) 944-2700 C1940

FOR ALL YOUR REAL ESTATE NEEDS!

Serving Satisfied Customers for over 20 years!

Sutton GROUP
The Sure Sign

WREB AWARD WINNER

For all your mortgage and financing needs

A+ Financial Services Ltd.

Representing over 30 different lending institutions... The A+ team know all the lender's products and we "shop the market" for you to obtain the best possible rates available. (Mortgage underwriting at no cost to you.)

404-167 Lombard Ave.
Tel: 984-PLUS (982-7587)
Fax: 982-7583
www.aplusfinancial.com
E-mail: save@aplusfinancial.com

MORTGAGES...LOANS...LINES OF CREDIT...DEBT CONSOLIDATION

FABRICARE DRYCLEANERS

Share your cleaning problems with us!
Professional Drycleaning

Shirt Service Household Items Drapery Service
Suede and Leather Cleaning

889-2380
2543 Portage Ave., across from Holiday Inn

Military Discount

How to get a coin

By Sergeant Marc Cote, 435 Squadron

It first started out of the blue when my CWO asked me "Do you want to go flying?" Without giving it much thought I said "Yes" and after a couple months, I was in Trenton at 426 Squadron to start my training, which took about 6 weeks. After the course, thinking that I knew it all, I reported to my new unit, 435 (T & R) Squadron, only to discover that someone from the Loadmaster training section had dropped in my mailbox, five questionnaires and an OJT book that was going to keep me busy for the next six months.

Of course being the new guy at the shop, you get to fly as many missions as possible in order to get the experience and to work on your OJT book. This particular book contains different drills on ground and airborne emergencies and how to work with different components of the C130, one of them being the aircraft oxygen system. I inhaled more 100% oxygen than anybody else in the squadron - some wish they had that chance after a long night in St. John's! When flying up north, the operational loadmasters like you a lot when it comes time to do the engine start at -40 degrees Celsius. "Hey, you have to practice," they say. So outside you go, to stand in the cold.

If you are the paranoid type, being restricted is not a good thing. Your trainer meticulously scrutinizes your paperwork and questions you on why you decided to do things one way or the other. On top of that, every operational loadmaster you fly with gives you suggestions on how to do things or shows off their technique, but after all is said and done, it's up to you to



Face and obverse of Coin: The Loadmaster Coin, like the one shown in this picture, is awarded to loadmasters once they achieve operational status. Drawn from the ranks of traffic technicians, loadmasters on the CC-130 Hercules are responsible for the payload, calculating the weight and balance of the airplane, and the comfort and safety of the passengers. The coin is a symbol of esprit de corps, camaraderie, and allegiance to all things Loadmasterly.

develop your own. Then comes the day when you finally get your check ride. On your previous missions, you always had somebody to point you in the right direction, now it's time to show what you can do. After you successfully pass, and even though you are still doing the same job with the same people, you feel a weight has been lifted off your shoulders. Now, you're asking, what's with the coin? I don't know, it was not covered in the OJT book. I will let you see mine, but I hope that it won't cost me anything...

SECOND CAREER!!

the **Commissionaires**

EX-Service personnel are invited to apply for membership with

Manitoba Division

Canadian Corps of Commissionaires
942-5993

301- ONE Wesley Avenue R3C 4C6

Happy Easter

By Major CM Walton-Simm, Managing Editor

Easter is the festival of the Christian church commemorating the resurrection of Jesus Christ. Not always held on the same date, Easter can be held as early as March 22nd or as late as April 25th.

In many churches, Easter is preceded by a season of prayer, abstinence and fasting called Lent. Lent gets its name from the practice of putting ashes on the foreheads of the faithful, ever reminding them that man is but dust.

Palm Sunday, one week before Easter celebrates the entry of Jesus into Jerusalem. Holy Week begins on this day. Holy Thursday is held in memory of the Last Supper of Christ and his disciples. Good Friday commemorates the crucifixion.

Many Easter customs originated in the Old World - the Easter Lily is the symbol of the resurrection. Rabbits and coloured eggs represent symbols of new life.

We wish everyone a happy Easter!



RONALD HABING

Barrister & Solicitor

Serving the needs of the military community for 20 years & counting.

- Real Estate & Mortgages
- Family Law
- Wills & Estates
- Business Law

R. HABING & ASSOCIATES

• 2643 Portage Avenue •

• Phone: (204) 832-8322 • Fax: 832-3906 •

CANEX

INTRODUCES
NEW PRIVILEGE SERVICES...

DRIVE A GREAT DEAL

WHEREVER YOU ARE, WHATEVER THE CAR.
NOW YOU CAN LEASE OR BUY AT CANEX.

Open to all CANEX authorized patrons
across Canada (OAC).

Purchase or lease options.

All makes • All models • New or used.

Trade-ins accepted.

GREAT DEALS. GREAT SAVINGS.

GREAT CONVENIENCE.

ONLY AT CANEX

Visit our local CANEX outlet for complete details, or
ask for the CANEX representative at:

1-888-411-0131

CANEX AUTO CLUB

Visit our Web Site at www.importautoleasing.com
A division of the Canadian Forces Personnel Support Agency



**IT'S COMBO TIME
AT BLEACHERS!**

*Stupendous Lunch
Features All Day*

YOU GET IT ALL:

A HUGE Sandwich

**Soup or Fries, Slaw, a large Coke
and a FREE Mars bar!**

Only \$5.99

Get 'em while they last!

CANEX

INTRODUCES NEW PRIVILEGE SERVICES...

TIME OFF??

**BOOK A GREAT VACATION AT
GUARANTEED LOWEST PRICES!**

CALL

1-888-TC-DIRECT
1-888-823-4732

And enjoy great travel!

Choose from...

- Package Holidays
- Family Vacations
- Adventure Vacations
- Hotel Accommodations
- Weekend Getaways
- Cruises

We also offer competitive travel insurance
and car rental rates

SIGNATURE

SPECIAL INTRODUCTORY OFFER
\$50 OFF PER PERSON!

Florida, Las Vegas and other destinations *Hawaii
*Caribbean *Britain *Europe *Canada

- Receive \$50 discount per person off brochure price.
 - Applicable to any Signature Vacation package.
 - Must be booked with TC Direct between April 1 and June 15, 1998.
 - Minimum purchase of \$700 per person or \$1400 per couple.
 - Maximum discount of \$100, based on double occupancy.
 - Not available in conjunction with any other special offer, discount or promotion.
- When calling, please identify yourself as a CANEX authorized patron to receive the lowest price guaranteed!

CANEX TRAVEL PROGRAM

SPONSORED BY THOMAS COOK®

*CANEX authorized patrons are guaranteed the lowest price that is available at time of booking. Please ask agent for details.

A division of the Canadian Forces Personnel Support Agency

Voxair Vignette

Identify the object in this photo & be eligible to win 2 tickets for the Annual Cadet Honour Band of Prairie Region Concert Manitoba Centennial Concert Hall, 13 April 98



Object Identity: _____

Name: _____ Phone #: _____

Additional Comments: _____

DEADLINE FOR ENTRIES: 6 APRIL 1998

PLEASE NOTE: 'Voxair Vignette' will feature one item & prize for two consecutive issues ending with the above deadline, at which time one winning entry will be drawn.

You may deliver your completed entry form to the Voxair office or e-mail us with the above information at voxair@vulcan.achq.dnd.ca

GOOD LUCK!

The weather report

By Sgt Ray Banks, 17 Wing Weather Office

So here we are, just past March and winter is almost over. What a winter it's been. If you remember, just about all the snow had disappeared by the last week of February when we received 35 millimeters of rain and then snow. For a while there, it looked as if we were going to get by with a REALLY easy winter.

Alas, our previously below normal precipitation amount for the season is now above normal. What else is new? Take heart. In a month from now, winter will just be a bad memory (for some of us) and we'll be caught up with getting our lawns back in shape. One thing this past mild weather has done is make the windshield washer fluid manufacturers a little richer. Should have bought some stock in those companies I guess.

Here are the stats for February 1998. The average daily temp was -1.6°, a lovely 8.1 degrees warmer than the normal! The mean min. temp came in at a mere -7.6° giving it a 13 degree jump

over the mean. Do the math and we get an average month temp of -4.6°, 10.5 degrees over what we could have had if this was a normal winter.

For precipitation, there were some more surprises. Normal rainfall for February is 0.4 mms, however, we were lucky enough to receive 26.7! I for one am glad it wasn't snow.

We ended up with 19.2 cms of the white stuff. That's only a couple above the average, so I suppose you could say there was something normal about the month.

The price we had to pay for these warm temperatures was a lack of sunshine. No numbers available in that area, but I'm sure that anyone who hails from the west coast was starting to feel like they were home again.

All in all, it really has been a good winter, from my point of view anyway. We saved a fair bit on our hydro and gas bills and didn't waste scads of time shoveling. Bonus! Keep your fingers crossed that April doesn't repeat itself like last year.

Don't Forget...

Royal Military Institute of Manitoba Military Ball

Saturday, 2 May 1998, Holiday Inn Crowne Plaza.

Tickets are available from your local unit or call (204) 633-2445.

Proceeds to Manitoba Cadet Youth Activities

POSTED TO CFB COLD LAKE?
CALL (403) 826-1300 24 hr. pager
 then put in your area code and phone #
 and SHARON will return your call immediately

- detailed packages on request
- service 2nd to none
- online same day service at <http://www.jetnet.ab.ca/users/sghory>

SHARON GHORY
 Your Military Connection

MLS **ROYAL LEPAGE**
 Northern Lights Realty Ltd. BROKER

DR. STEVEN LAWSON
 and **DR. AARON KIM**
COMPLETE FAMILY DENTISTRY

New Patients & Emergencies Welcome

INCLUDING

- Cosmetic Dentistry/Whitening
- Crown & Bridge • Root Canals • Orthodontics

Evening & Saturday Appointments Available - Payment Options Available

240-3025 Portage Ave. 958-9500

Cartoonist WANTED

The Voxair is seeking cartoon submissions from interested individuals.

Please contact the Voxair office for more details
889-3963

Professional & Business Directory

CHAPMAN GODDARD KAGAN BARRISTERS & SOLICITERS

George E. Chapman, Q.C. Kelly P. Land, B.A., LL.B.
 Almer N. Jacksteit, B. Comm., LL. B. Alan R. Goddard, B.A., LL.B.
 Michael J. Law, B.A., LL.B. Donna G. Kagan, LL.B.
 Esmeralda K. Bautista, B.S.C., LL.B.

Ph: 888-7973 1864 Portage Avenue, Winnipeg, Manitoba, R3J 0H2

NEMY, BROWN & CO.

Barristers Solicitors Notaries

John C. Brown, B.A., LL.B. Jack M. Rabkin, B.A., LL.B.

200-2727 Portage Avenue (Courts of St. James Shopping Centre)

Phone: 888-8890

The ARGUS Hobby Shop

(Overlooking Runway 36)

- Decals
- Vacu-forms
- Magazines
- Miniatures



- Model Kits
- Books
- Games
- Paints

Telephone: (204) 837-7677

5-2082 Ness Avenue, Winnipeg, Manitoba R3J 0Z3

BALDWINSON AGENCIES

Rec Centre (Whytefold Rd.)

Autopac 889-2204

RUTLEDGE & DYKER

R.F. RUTLEDGE, B.A., LL.B. --- A.L. DYKER, B.A., LL.B.

COUNSEL -- A.I. UNGER, B.A., LL.B.

COUNTRY CLUB PLAZA

310-3025 Portage Ave. 888-3204 Fax: 837-3638

BROTMAN & CRAMER

LAWYER • NOTARY • ALL SERVICES •

66A - 1485 Portage Ave., Winnipeg R3G 0W4

In Polo Park

Ph. 786-8900

Fees conform to ERS guidelines

**THIS SPACE
 COULD
 BE YOURS!**

Call the
Voxair Office
@ 889-3963

Leather Master UNI-SEX CUSTOM TAILOR

**SAVE 20% NOW
 ON CLEANING & REDYEING**

- Refinishing
- Alterations
- Repairs



We do more than leather

328 Hampton St.
 3 Blocks West of Polo Park (off Ness)

885-6435

Fax: (204) 897-5457

6 Pl, B Company, 2 PPCLI

Winter indoctrination for Kindergarten students

By WO J.W. Hooyer, Ops WO, B-Coy, 2 PPCLI

Some time before Christmas my son, Joshua, asked me if I could go to his school for show and tell. Not wanting to disappoint him of course I agreed. There were a couple of small problems. When would I be able to find time to go and what could I do or bring that would interest the children.

After some thought and a little pressure from Joshua I thought an Arctic display - shortly after Christmas would be ideal. I approached the school principal Marcey Dveris and discussed the possibility of bringing 6 Pl of B-Coy, complete with our tent groups to Carpathia School for this purpose. Mrs. Dveris thought it would be a good opportunity for the students as it tied in well with their study of winter.

On the 9th of January, Joshua brought myself and the other members of 6 Pl to school for his show and tell. We brought along with us our toboggans with all the equipment, stores and tools normally packed with our tent groups as well as our rucksacks with all of the clothing we need to survive in Arctic conditions.

In the comfort of the school gym the soldiers set up a display of a toboggan completely packed and another unpacked with it's contents spread out across the gym floor. The same type of display was set up for a rucksack. This gave the students of the morning nursery and kindergarten classes, the chance to see all of the clothing and equipment we require for winter

operations. Several students tried on a helmet or empty rucksack. Some even slipped into the toboggan traces (harness) and attempted to pull the toboggan, some with more success than others.

The students then moved outdoors. Once again our infamous Winterpeg conditions cooperated whole heartedly with falling snow and high wind-chill effect. Any concerns for the wind-chill were quickly dismissed as the students enjoyed a cereal bar and apple juice in the comfort of a well heated ten man tent. Some of the students were rather concerned as to the whereabouts of the TV and Nintendo. Obviously a necessity on excursions of this nature.

Joshua's show and tell went off without a hitch and the soldiers seemed to enjoy themselves almost as much as the students.



Dustin Mutch and classmate William Card prepare to pull a toboggan with the help of Pte Mike Turner & Pte Kevin Lentin.

Practice makes perfect



The Cadet Honour Band of Prairie Region has been working hard in preparation of a superb performance on Monday, 13 April 1998 at the Centennial Concert Hall, 555 Main Street, Winnipeg. The concert begins at 7:30 p.m.

Tickets are \$10 and can be obtained from any cadet unit in Manitoba, the Navy, Army and Air Cadet Leagues, or at Ticket Master, 780-3333.



Pte Shane Keating and students of the morning junior Kindergarten gazing intently at a lantern.

THERE IS A WAY Please Give

Cynthia L.K. Kindzierski
MARRIAGE COMMISSIONER
and
COMMISSIONER OF OATHS

For the Province of Manitoba

- Let me pronounce you "Husband & Wife" -

7 Foxberry Bay Telephone (204) 897-1791 (anytime) Winnipeg, MB

Sutton GROUP

ALL-STAR SERVICE

★ ★ ★ ★ ★

RESIDENTIAL ★ RELOCATION

BUS: (204) 475-9130 ★ FAX: (204) 895-9546

- ★ Relocation Specialists
- ★ Winnipeg & Surrounding Areas
- ★ Full-Time Real Estate Team

SATISFACTION...GUARANTEED

SUTTON GROUP • KILKENNY REAL ESTATE WINNIPEG



Domenico's Hairstyling

2225 Ness Ave & Whytefold, Next to IGA

885-3665 or 832-6978

North Base Side

FULL FAMILY SALON SPECIALIZING IN MILITARY CUTS

- 5 Experienced stylists to serve you
- Ladies Cuts \$12
- Perm & Cut \$34
- Frost & Cut \$34
- Color & Cut \$28
- Cut, Blowdry & Curling Iron \$20
- Blowdry & Curling Iron \$13
- Children's Cuts \$5 to \$7
- Military cuts and flat tops \$ 6.00

New Hours:

Mon.-Tues. : 9-6 p.m. Wed.-Fri.: 9-8 p.m. Sat.: 8:30-6 p.m.



Professional Styling Products Available



ROYAL MILITARY INSTITUTE OF MANITOBA
presents
The Manitoba

MILITARY BALL

Saturday, May 2, 1998

Holiday Inn Crowne Plaza

St. Mary Ave. between Hargrave & Carlton

Reception 1830 hrs - Dinner 1930 hrs

Dancing 2100 hrs

Dress: Mess Kit, Black Tie, Dark Business Suit, Miniatures

TICKETS \$55.00 PER PERSON

Available from your local unit or mail check to: MILBALL, Suite 188, PO Box 17000 Stn Forces, Winnipeg, MB R3J 3Y5 or CALL (204) 633-2445, FAX (204) 632-5852

Proceeds to Manitoba Cadet Youth Activities

PRIDE IN OUR PAST FAITH IN OUR FUTURE



Welcome...

ST. JAMES LEGION

Branch No. 4

Royal Canadian Legion
1755 Portage Avenue
Winnipeg, Manitoba

Bingo

Every Wed.- Fri. & Sat.
6:30 pm

Line Dancing

Every Mon. & Tues.
8:00 - 10:00 pm

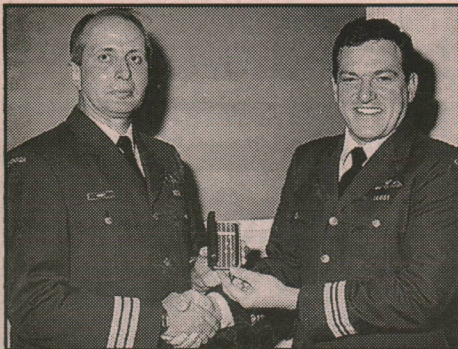
Dancing To Live Bands

Fri & Sat 9:00 pm - 1:00 am

Meat Draws

Every Sat. 2 pm - 5 pm

CFSAS evolution & awards Continued from page 1



LCol Haines presents Maj Ulrich Jaggi the second clasp to his Canada Decoration.

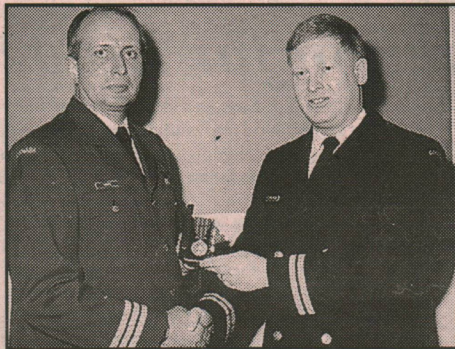
half of their merit list who exhibit good potential for promotion. The course is a prerequisite for promotion to the rank of major. CFSAS has just completed the second AAOC proof of concept course.

The AAOC focuses on aerospace operations, doctrine, and command and control. It is designed to prepare junior officers for the responsibilities of higher rank and for employment in a joint operations context or in a higher level headquarters. Using the joint operational planning process as an enabler, the course's interactive syndicate format allows course members to share with their peers the wealth of experience they bring to the course. This leads to the breaking down of barriers between the various warfare communities within the air force, and expands the professional knowledge of all course members. Also critical to the success of the course is its extensive use of guest lecturers.

Aside from these two new courses, the Officer Development Flight has also taken on responsibility for conducting the Battle Staff Course, and has developed upon a centre of expertise which the air force can draw upon.

Another instructional flight undergoing significant change is the Electronic Warfare (EW) Flight. It is gearing up to instruct its first Advanced Operational Electronic Warfare (AOEW) Course this April. This four-week course will qualify personnel to occupy squadron, wing, and higher headquarters positions, in which they are responsible for advising on and developing EW plans, tactics, training, and requirements. This course is a significant departure from the previous Advanced Electronic Warfare Course, in response to the growing importance of EW in air force operations.

The prerequisite to this course is the Basic Electronic Warfare (BEW), a one-week course that provides a solid foundation in EW fundamentals and is available for the ranks of corporal to major. For generals and senior officers, the Senior Officer Electronic Warfare (SOEW) course will be offered in October at Ottawa. This four-day course is intended for base commanders, squadron commanders, and staff officers involved in EW operations, plans or require-



LCol Haines presents Lt(N) Mike Fitzpatrick with his Canada Decoration. Lt(N) Fitzpatrick was also presented his OPDP certificate of completion.

ments. Attendees range in rank from Lieutenant-Colonel to Brigadier-General. For those attending these courses or any one wanting to learn more about basic EW principles, an EW manual will soon be available on the Defence Information Network.

The Space Flight has also seen changes designed to both improve their training and make it more available to CF personnel. During the annual course review, the Space Flight began a continual restructuring of BSIC training. The goals are to update lesson content and increase the space training relevancy for the student. To support these goals, redundant teaching points were deleted and a Space Control lesson was created to reflect recent space issues. Two hours of Space Integration were created and now form the capstone of the course.

In addition to improving the course content, the Space Flight also made the course more available by taking it on the road. For the first time in the history of the Space Flight, two serials were given outside Winnipeg. Serial 9708 was held in Halifax, Nova Scotia at the Canadian Forces Maritime Warfare Centre (CFMWC) and serial 9709 was given in Esquimalt, British Columbia at the Acoustic Data Analysis Centre (ADAC). The General and Senior Officer Space Indoctrination Course (GSIC) also went on the road recently as the course has been integrated into the newly restructured general officer training program.

Space Flight has also looked to forge new links in the international military community. Maj Steve Delory and Capt (USAF) Rick Trinkle attended the "Sistema de Cooperacion entre las Fuerzas Aereas Americanas" (SICOFAA) conference in Ottawa. Maj Delory delivered a lecture on the advantages of integrating the Global Positioning System (GPS) with Inertial Navigation Systems (INS) through the use of Kalmann filters. Capt Trinkle briefed the 14 member



LCol Haines presents Capt Rob Gascoigne with the Navy Commendation Medal. Capt Gascoigne was awarded the medal by the United States Navy in recognition of meritorious service while on exchange duty with U.S. forces.

nation panel in Spanish on the flight's International Basic Space Indoctrination Course (IBSIC).

While the other instructional flights concentrate on the future, the Aerospace Systems Flight will be looking to the past as the flight looks to celebrate the completion of fifty years of Aerospace Systems training. To mark the occasion, the graduation ceremonies for Aerospace Systems Course (ASC) 50 at the end of this June should be something extra special.

Other notable events for the flight over the last year included the first ever visit by the ASC to aerospace industries in Sweden. ASC 49 visited Saab Military Aircraft, Ericsson Saab Avionics and Celsius Tech Electronics, with the visits being a great success. Sadly, 1997 also saw the end of the CF/RAF exchange tour between CFSAS and our sister school at RAF Cranwell with the departure of Squadron Leader Mike Lence and his family back to Boscombe Down. However, the ASC kept its international flavour as participation in the course by the Royal Australian Air Force continued for the fifth consecutive year and the sixth year in all.

Last, but certainly not least, is the Language Training Centre (LTC). It too is facing major changes this year. Currently located at the Radisson Airport Executive Centre on Wellington Ave, the LTC will be moving to the renovated third floor of Building 62 in July 98. It will also be improving the training it provides by putting a new training standard and curriculum in place for Continuous French Course (CFC) 9801 in Aug 98. Despite these daunting tasks, the LTC will continue to run the 10 month Continuous French Course for all ranks and occupations.

As you can see, CFSAS is facing change head-on and, through being proactive, should successfully evolve in order to meet the current and future needs of Canada's air force.

Gordon Moore, B.A., CDI Independent Investment Planning

- ▲ Registered Retirement Savings Plans (RRSPs)
- ▲ Guaranteed Investment Certificates (GICs)

- ▲ Educational Savings Plans
- ▲ Mutual Funds
- ▲ Strip Bonds
- ▲ Insurance

229 - 530 Century Street
Winnipeg, Manitoba R3H 0Y4
email: gordwmoore@aol.com



(204) 988-1194

SUMMIT securities Ltd

The Cholakis Dental Group

is a family dental care facility located in the Tuxedo Park Shopping Centre.

Complete dental care, including:

- ▶ dental assessments
- ▶ full range of dentistry services
- ▶ patient dental education program
- ▶ emergency services

Dr. Ernest Cholakis
120-2025 Corydon Avenue
488-4564

The Cholakis Dental Group

is a family dental care facility located in the Tuxedo Park Shopping Centre.

Complete dental care, including:

- ▶ dental assessments
- ▶ full range of dentistry services
- ▶ patient dental education program
- ▶ emergency services

Dr. Wendy Stasiuk
120-2025 Corydon Avenue
488-4564

Century 21 TOWN & COUNTRY REALTY INC.

Posted to Kingston in 1998?



Don Wyld, CDI
Military Authorized Realtor

If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call on the "TOLL FREE" number below and I will send you a "Worry-Enders Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and much more.

Please call or write:

Don Wyld, CDI, Sales Rep.

#1 Barriefield Centre, Kingston, Ontario, Canada K7L 5H6
Fax 1-613-545-1101 or Toll-Free 1-800-438-9953

Visit the Canadian Military Relocation Network Website at www.cmre.com
Email - donwyld@limestone.kosone.com

WESTERN CANADA AVIATION MUSEUM

- Exciting, unique and unusual aircraft
- Children's interactive area

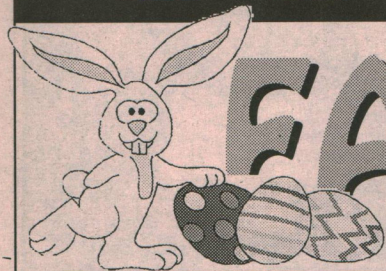


At the Corner of Ferry Road & Ellice,
Phone: (204) 786-5503
Open Daily 10-4
Sundays and Holidays 1-4

CANEX

PROUDLY SERVING THE MILITARY COMMUNITY

IT'S NEW
VISIT US ON-LINE AT...
<http://admpcr.dwan.dnd.ca/canex>



EASTER EVENT



ON CREDIT
\$95⁰⁰ PER MONTH!

FREE
GOLF GLOVE
with
purchase
of set!

379⁹⁹
SET

EARLY BIRD SPECIAL!

COMPLETE 13 PIECE GOLF SET

SET FEATURES

- 11 PC. DESERT CLASSIC GOLD SET Reg 249.99
- Golf Cart Reg 49.99
- Golf Bag Reg 129.99
- Total if bought separately . . \$429.97

BUY THE SET & SAVE \$49.98

(May not be available in all CANEX locations)

SPECIAL BUY!

TUBE OF 450

GOLF TEES

12⁹⁹
tube

• 2 1/8"

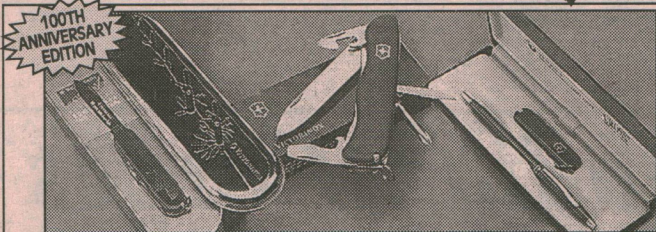
SPECIAL BUY!

TUBE OF 20 EXPERIENCED

GOLF BALLS

15⁹⁹
tube

• PREMIUM GRADE

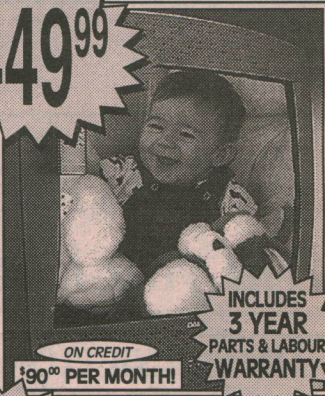


- | | | |
|--|---|--|
| Special Edition Set Swiss Army Knife Reg. 38.99 | Military Knife Swiss Army Reg. 49.99 | Pen & Knife Set Swiss Army Knife Cross Pen, Classic Knife Reg. 38.99 |
| 29⁹⁹ set | 39⁹⁹ ea. | 32⁹⁹ set |

NEW! INTRODUCING DAEWOO 27" COLOUR STEREO TELEVISION

- 2 Speakers
- Remote
- Model DTQ2951

449⁹⁹



INCLUDES 3 YEAR PARTS & LABOUR WARRANTY

ON CREDIT
\$90⁰⁰ PER MONTH!

DAEWOO 800 Watt .9 cu. ft. MICROWAVE OVEN

- 10 power levels
- Auto defrost
- One touch cooking centre
- Turntable
- Model KOR811MB

139⁹⁹



ON CREDIT
\$80⁰⁰ PER MONTH!

239⁹⁹



DAEWOO 6 Head HI-FI VCR
• Model DVK884
• Multi-brand remote
• Diamond coated video heads extends recorder life up to 2½ times



INCLUDES 3 YEAR PARTS & LABOUR WARRANTY

249⁹⁹

ON CREDIT
\$83³³ PER MONTH!

DAEWOO 19" COLOUR TELEVISION

- 181 channel
- On-screen display
- Remote
- Model DTQ20N2

Blow-Out Price!

PAY NO INTEREST FOR UP TO 12 MONTH

NO DOWN PAYMENT (OTHER THAN TAXES)

Serving and pensioned CF members, civilian employees of DND and members of the RCMP are eligible to purchase general merchandise of at least \$100 on the CANEX "No Interest Credit Plan". Visit your nearest CANEX store for details.

AUTHORIZED PATRONS ONLY

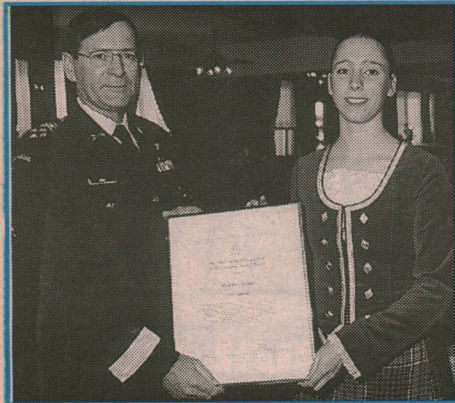
1-11 APRIL 1998

WHILE QUANTITIES LAST!

ADVERTISED MERCHANDISE POLICY

Our firm intention is to have every advertised item available for purchase during the period of the promotion. If, for any reason, an item is not in stock, we will issue a raincheck (unless "no raincheck available" is specified on an item) on request for the merchandise to be purchased at the sale price as soon as it becomes available, or will offer a similar item at a comparable reduction in price. Due to space limitations, some smaller outlets may not carry all of the items advertised, but will be pleased to obtain them through special order.

CDS visits 17 Wing Winnipeg



CDS commends Private K.L. McDonald, 402 Sqn. Private McDonald attended a cadet band concert at the Manitoba Centennial Concert Hall on 4 April 1997. Shortly after the concert started, the guest conductor collapsed in the backstage area. A check of the latter's vital signs revealed that he had ceased breathing and had no pulse. Private McDonald immediately commenced cardiopulmonary resuscitation (CPR). The individual was temporarily revived, but then his heart stopped again. Private McDonald resumed CPR until she was relieved by the emergency rescue personnel who continued CPR and administered two electro shock treatments before the individual was again revived. Without Private McDonald's competence, initiative and tenacity, the individual would not have survived his heart attack. Private McDonald's actions have brought credit to the CF.

The Chief of the Defence Staff met with various units and awarded two commendations during his recent visit to Winnipeg.

All photos by Wing Imaging, Cpl D. Payne



CDS presents Cpl W.R. McLeod with his Award of Excellence for placing second in the Professional Open category of the Canadian Force Photo Contest.



CDS commends Major J.G.M. Desjardins, Mission des Nations unies en Haïti. Le major Desjardins a joué un rôle crucial dans la planification et la mise en oeuvre d'un concept technique qui a contribué au succès du déploiement de 7000 personnes, dans le cadre de la mission onusienne en Haïti, en 1995. Travaillant avec une petite équipe, il a démontré ses qualités de chef en réglant un problème très complexe et en s'assurant que tout soit en place avant l'arrivée du corps principal de la mission. Ses qualités exceptionnelles de gestionnaire lui ont permis de mettre sur pied une équipe efficace composée de militaires et de civils de plusieurs pays, ce qui a aidé au bon déroulement de toute l'opération. Le rendement remarquable du Major Desjardins au cours de cette mission a fait honneur aux Forces canadiennes.



Clothing Stores personnel (south side) from left to right: Cpl MacLean, Mrs. Van Helvoert, MCpl Bertrand, WCOMD, CDS, Lt Bisson, A/WSUPO, CWO T. Smith and Mrs. Maffiola, supply tailor.



Col Watt presents General Baril with a copy of the Winnipeg Free Press' 'Red River Rising', on behalf of all 17 Wing personnel.



Left to right: MCpl Allen, LCol Lamb, Gen Baril and Pte Wilson atop a 402 Sqn Dash-8.

Around the Canadian Forces

Did you know...

INTERNATIONAL AFFAIRS

Canadian Charged in Arms Sale Plot

27 March 1998 - The Canadian man who was charged in a plot to sell surplus Canadian military helicopters to Iraq was sentenced to two months in jail last Wednesday. Manuel Oliverira pleaded guilty to an attempt to export restricted arms to Iraq and to exporting aircraft without a federal permit (Ctz A7, G&M A4, Gaz A11, TStar A15).

UN Weapons Inspections in Iraq

27 March 1998 - UN weapons inspectors conducted their first inspection of Iraqi presidential compounds last Friday, 27 March 1998. Iraq President Saddam Hussein agreed to the inspections on the condition that the arms experts be accompanied by diplomats. The report said that UN inspection officials continue to believe that Iraq is concealing material related to banned chemical, biological or ballistic weapons (Ctz A9).

Peacekeeping Mission in Africa

27 March 1998 - The federal government reportedly is preparing to send peacekeepers back to

Africa with a new UN mission. CF members would provide logistical support to a mission in the Central African Republic. Sources indicate the federal cabinet has not made a final decision & said the government is awaiting formal request from the UN (G&M A3).

Landmine Program Launched

27 March 1998 - In Budapest yesterday, Foreign Affairs Minister Lloyd Axworthy told representatives from 19 countries that Canada will launch a \$10 million landmine program, which will focus initially in northwestern Bosnia. This project will be the first

action taken under the \$100 million landmine fund announced earlier by Canada. Axworthy affirmed that the landmine ban is "firmly in place and it is here to stay, because millions around the world demand that it be so" (Ctz A6, TStar A13).

NATO Expansion

27 March 1998 - The German Parliament voted yesterday to ratify a treaty on NATO expansion which will add former Warsaw Pact nations Poland, Hungary & the Czech Republic to the alliance (FP 2).

17Wg Ops Situation Report

16 - 22 MARCH 98

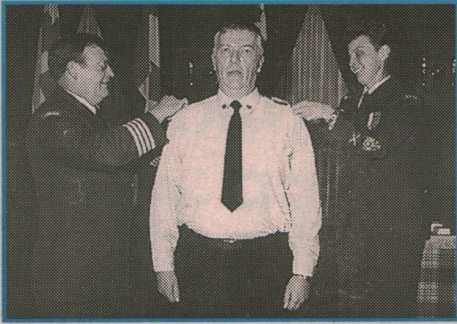
| OPERATION | COUNTRY | PERS DEPL |
|----------------------------|----------------|------------|
| Op Bison | Italy | 9 |
| Op Calumet | Egypt | 1 |
| Op Danaca | Golan Heights | 10 |
| Op Palladium | Bosnia | 1 |
| CFS Alert | Canada | 3 |
| Op Determination | Kuwait | 94 |
| Strong Resolve 98 | Norway/Denmark | 20 |
| Pers Task/EX/TD | Various | 16 |
| TOTAL PERS DEPLOYED | | 154 |

FROM THE MINISTER

Reimbursement for Ice Storm Costs

26 March 1998 - Treasury Board has agreed to reimburse the Canadian Forces \$60 million for the money the military spent on ice storm relief in January. Defence Minister Art Eggleton reportedly had to persuade his cabinet colleagues in order to obtain the money. He explained that there is a provision in the military budget for this kind of expense, but said the amount is limited and "we couldn't afford to absorb the \$60 million" from the ice storm as well as the \$30 million spent helping in the Winnipeg flood (Ctz A5, G&M A6, TStar A6, Gaz A11).

17 Wg Medals & Presentations



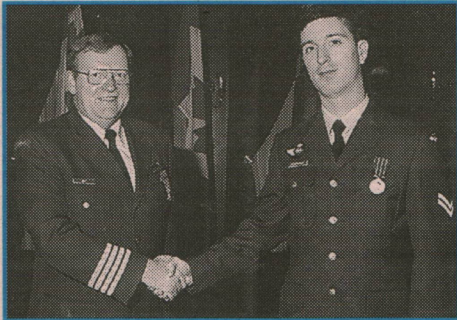
MWO P.L. Gagné, WEME, receiving his new rank.

An awards ceremony was conducted in the Officers' Mess on 27 January 1998.

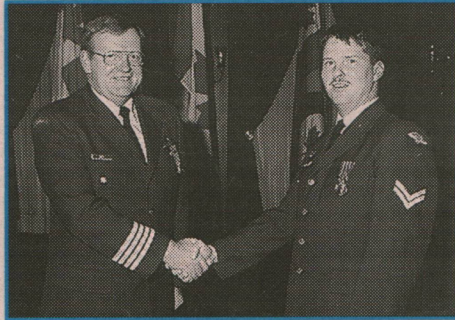
Congratulations are extended to all members who received medals and to MWO Gagné on his commissioning to the rank of Captain.



Capt P.L. Gagné being congratulated by WComd.



Cpl C.J. Cochrane, 1 AMS, receives his CD from WComd.



Cpl C.S. Spafford, 402 Sqn, receives his CD from WComd.



Cpl D.E. Gowen, WSupply, receives his CD from WComd.



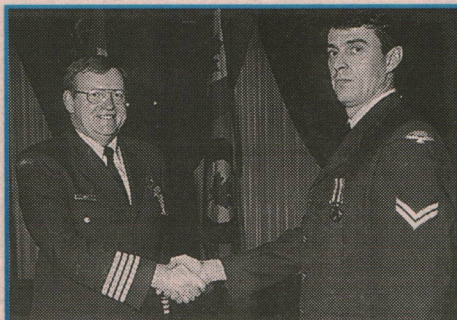
Cpl S. Robinson, WTn, receives his CD from WComd.



Cpl J.M.M. Fillion, WSupply, receives his CD from WComd.



CWO L.A. Smith, WCWO, receives her CD2 from WComd.



Cpl T.J. Hicks, 402 Sqn, receives his SSM from WComd.



Cpl D.L. Germann, WSupply, receives her Somalia Medal from WComd.



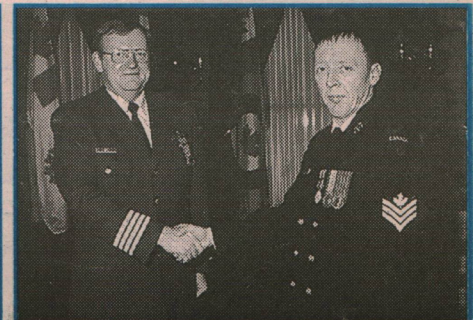
Cpl C. Bettoni, 1 AMS, receives his Somalia Medal from WComd.



MWO B.J. Van Acker, CFS Met, receives his Nato Service Medal - former Yugoslavia, from WComd.



MCpl S.R. Sigurdson, CFS Met, receives her Nato Service Medal - former Yugoslavia, from WComd.



PO2 B.W. Dorie, WSupply, receives his Nato Service Medal - former Yugoslavia, from WComd.

17 WING SPORTS

CFB Wpg Golf Club

The CFB Winnipeg Golf club will be holding its Annual Meeting 29 April 1998 in the clubhouse, 7:00 p.m. for 7:30 p.m. Please come out and provide your input.

CFB WPG GOLF CLUB 1998 Membership Application

Family Name _____

1st Member _____ 2nd Member _____

3rd Member _____ Age _____

4th Member _____ Age _____

5th Member _____ Age _____

Address _____ Postal Code _____

Home Phone _____ DND Ext. _____

Please advise if: Serving Military Retired Military Base Civilian Employee Civilian

MEMBERSHIPS AVAILABLE

| | |
|---|---|
| Single (Adult) | \$200.00 |
| Family | \$200 + \$80 for each additional person |
| When not included in Family - Youth (12-18) | \$80.00 |

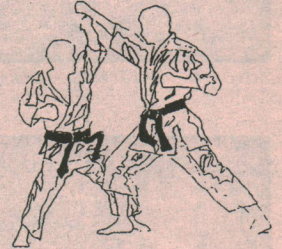
COST (incl. taxes)

Return completed applications to:

CFB WINNIPEG GOLF CLUB, 17 Wing, Suite 152, P.O. Box 17000 Stn Forces, Winnipeg, MB R3J 3Y5

17 WING SHOTOKAN KARATE CLUB

The 17 Wing Karate Club now has a membership of 35 students, both children (age 7 yrs and older) and adults. As a club, we would like to announce that we now have a Web Page and that we will update events and club news on a regular basis. Check it out at <http://www.pangea.ca/~rmurray/karate/>



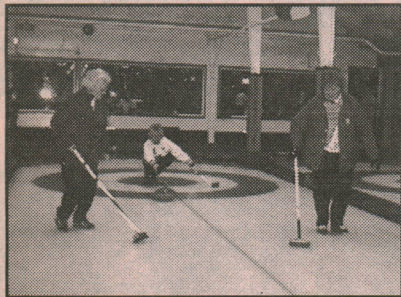
If you or your family are interested in Karate, we are still accepting members, so feel free to stop by and have a look. Classes are held in the multi-purpose room at The Westwin Community Centre, Tuesdays & Wednesday 7:00 - 8:30 p.m. and Fridays 5:30 - 7:00 p.m. Cost: Adults \$25/month, Children \$20/month and family discounts are available.

For more information call Sgt Alain LeBlanc ext: 5266 or 889-3484 (res). Students must have a 17 Wing Rec. Card.

Bonnie Bonnet Bonspiel

Submitted by MWO Kathy Cox

February 13 - 15, 1998 saw the CFB Ladies Curling Club hosting their annual Bonnie Bonnet Bonspiel. This year, being the 40th Anniversary of the club, they had many special events including the opening ceremonies. The VIPs and curlers were piped onto the ice by two pipers from 402 Sqn, 17 Wing Winnipeg. MLCA President Nancy Rummery threw the first rock, while Jean Common, who joined the club in 1966, held the broom. Sweepers were two of our club's honorary members, Jean Sauder and Leila Farrell. Our Ladies' President, Vicki Allard, gave a brief welcome to all the curlers and gave a little background on all our VIPs.



MLCA President Nancy Rummery throws the first rock with sweepers Jean Sauder (left) and Leila Farrell (right).

The Bonspiel was a great success with good curling, good fun and a great banquet with entertainment on Saturday night.

The winners of the "A" event were the Val Mennie rink from CFB. "B" event went to the Donna Hay rink, also of CFB and the "C" event was captured by Brenda Bay from the Pembina Curling Club.

A big thanks goes out to the Chairman of the bonspiel, Pam Garychuk and her committee. We would also like to thank the following establishments for their donations: Airliner Hotel, Celebrations Dinner Theatre, International Inn, Holiday Inn Airport West, Radisson Suite Hotel, Winnipeg Airport and the Viscount Gort. They all helped to make our bonspiel a great success.



402 Sqn Pipers, Sgt Blaine (left) and Pte Stibbard (right), VIPs and curlers.

MARRIAGE COMMISSIONER

(For the Province of Manitoba)

A. Mousseau



For Appointment
Call: 488-6063



**Repair
Custom Fit
Re-Grip**

**GOLF
IS
EVERYTHING**

1745 Portage Ave.
Winnipeg, MB R3J 0E6
PH: (204) 832-5526
FX: (204) 897-7941



Telephone: (204) 888-7463

Crestview Veterinary Hospital

Dr. Ab Hague 3067 Ness Avenue
Dr. Lorraine Walker Winnipeg, MB R2Y 2G3



GEORGE MELDRUM APPRAISALS INC.

Bus: 832-1323 Pager: 932-3211 Fax: 889-3615
E-mail: gmeldrum@MTS.Net
www.mts.net/~gmeldrum/gma.html

Residential, Cottage & Condo Appraisals
and DND Home Equity Assistance Plan

Shirl Smith George D. Meldrum, CD, CRA Chris McKee

Transferred to Ottawa? Time to call...

LUCIE MARTEL

Your Bilingual Sales Representative

Direct: (613) 837-9644
Office: (613) 748-1223
Fax: (613) 748-0752



www.ottawabiz.com/lucie or 1-800-363-6242

- Serving Ottawa Region and surrounding area
- Top 1% of Canada's RE/MAX Sales Force
- Vendor's & Buyer's kits and tips
- Complete relocation package
- Historical sales information
- Innovative marketing/sales

**A Military/Corporate Relocation Specialist for
Re/Max Metro City Realty Ltd.**

“Cheese”

By Lt(N) Tess Drabick, Hangar Line Chaplain, ext. 5349

A few years ago my grandmother wanted to have a family portrait taken. Two parents, seven siblings and spouses and fourteen grandchildren all of whom came in from two provinces and two countries. All of us clean, well dressed and situated in a grassy valley with the family homestead in the background on top of a hill. To this day it is one of my favourite photos.

This was truly a family event, for it had the three necessary criteria. First, it was an occasion requiring more phone calls than the combined ages of all involved. Second, everyone in the photo experienced at least one warm, fuzzy feeling of togetherness. Third, we would all gather together for a special mass. Times like these don't come around very often, as time passes more of us are moving away from the area.

Before I dozed off that night, I thought about how much we have changed over the years. Some siblings had grown closer together while those of us who have moved away envy the closeness they share. Personalities, hobbies, likes and dislikes, attitudes and beliefs are so varied.

I remember the days when all that was needed to gather the clan was Mom's two words - "Dinner's Ready". This was shouted to the four corners of the neighbourhood and brought instant action.

Nowadays this is not a simple task. It occurs only at Christmas and maybe at the annual 1st of July bash. In order to gather today, trains, planes and rental cars are needed. Everywhere, I thought, a creeping complexity replaces our former simplicity.

The next morning I was sitting quietly in my childhood bedroom, it has since been converted into an office. The sun still hits the wall at the right angle and the old wallpaper reminded me of a simpler time. I had always cherished this room, and for some reason time and familiarity had made its existence important.

I began to think of my family again—this time, not how we once were but how we are now. In this light I see that we do have our differences but that we try to lead Christian lives and be responsible citizens in the

areas where we live.

At that moment I could feel the presence of someone in the doorway. It was my mother. I thought that perhaps she would offer me some morsel of wisdom to complete this perfect moment.

She looked at me and said, "do you mind tidying up this room, and what mass are you going to this morning?"

With these words the world of reality came whirling back. I sat stunned for a second until one of my brothers could be heard down the hallway saying that there was no more hot water. The hairdryer went off in another room. The smell of coffee and toast wafted through the air.

As my mother retreated downstairs I heard her say "Breakfast's ready!"

Members' Statement

By Marcel Laurendeau, MLA for St. Norbert

As read on March 19, 1998

Madame Speaker...

I am pleased to highlight the efforts and achievements of two teens from my constituency. It is my honour to congratulate John Weber and Owen Nagy of St. Norbert for being selected as members of the 1998 Cadet Honour Band of the Prairie Region. They were chosen out of 210 sea, army and air cadet units from across the Prairies to represent the region.

John is a skilled saxophone player from the 191 West Winnipeg Rotary Royal Canadian Air Cadet Squadron. Owen is a member of 177 Air Canadian Royal Canadian Air Cadet Squadron, performing on the bagpipes. I would like to applaud John, Owen and all of their counterparts in the Honour Band, for their dedication to citizenship and self-development through the Canadian Cadet organizations.

On behalf of all members of the House, I would like to wish the 1998 Cadet Honour Band of the Prairie Region luck as it tours the prairies, holding concerts in Thunderbay, Winnipeg, Region and Edmonton. It truly is a privilege for these young people to represent not only their respective squadrons, but also their communities and provinces across Western Canada.

The repertoire of the Honour Band is quite extensive, ranging from classical to contemporary pieces, their performances will have something to meet a wide variety of musical tastes. Moreover, the Honour Band has incorporated military marching into the show. The public is welcome to attend the concert at the Manitoba Centennial Concert Hall on Monday, April 13.

With the aim of promoting good citizenship and leadership among our youth, the Royal Canadian Sea Cadets, Royal Canadian Army Cadets and the Royal Canadian Air Cadets provide enthusiastic young people with the opportunity to learn about the sea, land and air elements of the Canadian Armed Forces. It is always inspiring to receive good news stories about the activities of the young people of our community.

Century 21

Carrie Realty Ltd.

1901 Portage Ave., Winnipeg, MB R3J 0H9

Business 204-987-2121

Fax 204-987-2129

Toll Free 1-888-880-2121

www.century21mb.com

Wendy Thomson

Realtor - Outstanding Achievement '96

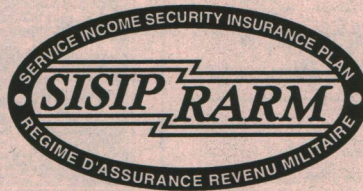
4th Quarter Gold Award '96

Silver Club '97



Now Available

A Disability Plan
For **Spouses**



Maintenant Disponible

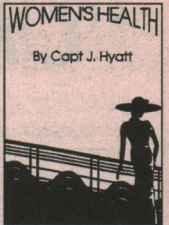
Un Programme d'Invalidité
pour **Conjoints**

Contact/Communiquez avec **Garry Lind**
at/au (204) 774-1781

or/ou

Call/Appeler le 1-800-267-6681, in/à Ottawa le 995-8741

Warning signs of breast cancer



By Capt J. Hyatt

Early detection is the key to the successful treatment of breast cancer, and therefore, of survival. While the following warning signs may be an indication of breast cancer, they are not all-inclusive. However don't ignore them, they may be early warning signs and require immediate contact with your doctor.

- a lump in the breast
- an unusual increase in the size of one breast
- one breast unusually lower than the other
- a puckering of the skin of the breast
- a new dimpling of the nipple

- an unusual swelling of the upper arm
 - a change in the skin of the nipple
 - enlargement of lymph nodes in the neck or arm
 - cloudy or bloody discharge from the nipple
- Take the following quiz and see how you do!

Estimating your personal chances of developing breast cancer

Every woman is at risk of breast cancer, simply because she is a woman! In fact, 99 of every 100 breast cancers appear in women. The SELF-QUIZ below lists the risk factors of developing breast cancer. It will take only about a minute of your time to pinpoint your personal chances of developing breast cancer.

| RISK FACTOR | CATEGORY | POINTS | SCORE |
|---------------------|------------------------------------|--------|-------|
| Your Age | Under 30 | 10 | |
| | 30 - 40 | 30 | |
| | 41 - 50 | 75 | |
| | 51 - 60 | 100 | |
| | Over 60 | 125 | |
| Your Family History | No Breast Cancer | 0 | |
| | 1 Aunt or 1 Grandmother | 50 | |
| | Mother or Sister | 100 | |
| | Mother + Sister | 150 | |
| | Mother + 2 Sisters | 200 | |
| Your History | No Breast Cancer | 0 | |
| | Previous Breast Cancer | 300 | |
| Childbearing | First Baby before age 30 | 0 | |
| | First Baby after age 30 | 25 | |
| | No Children | 50 | |
| Menstrual History | Began menstruating age 15 or over | 15 | |
| | Began menstruating age 12-14 | 25 | |
| | Began menstruating age 11 or under | 50 | |
| Body Type | Slender | 15 | |
| | Average | 25 | |
| | Overweight | 50 | |
| TOTAL SCORE | | | |

Your total score gives only a general indication of your present risk category. If you develop any symptoms, see your doctor at once.

**Total Score Under 200
LOWEST RISK**

**Total Score = 201 - 300
MEDIUM RISK**

**Total Score = 301 - 400
HIGH RISK**

**Total Score = Over 400
HIGHEST RISK**

WDEC Report

A supervisor afternoon is being planned for 20 April 98 in the CFSAS Theatre. As many MCpl's, and above, as possible, from each unit would be appreciated. It's been hard to get a definite schedule in place so you can forecast for these sessions, but every attempt for early notification will be used.

by Capt J Hyatt

I also have a new video teaching package called BE A GOOD NEIGHBOUR - BE A DESIGNATED DRIVER. It's quite good. UDEC's are more than welcome to borrow it for use at their units.

Here are the stats for the month of February:

- 4 persons involved in impaired driving offences;
- 4 persons involved in violent incidents where alcohol was involved;
- 4 persons were intoxicated in other non-violent incidents.

COMMUNITY CONNECTIONS

MILITARY FAMILY RESOURCE CENTRE, 350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

CHILDREN'S PROGRAMS

For information on any of the following programs contact Wendy Richardson at 833-2500 ext. 6846 (Lipsett Hall) or ext. 2491 (Westwin Children's Centre)

Please note that all children's programs will be cancelled during Spring Break.

FUN WITH MUSIC

This is a program for 3 - 5 year olds. Music concepts such as rhythm, pitch and sound making will be developed as well as listening skills, creativity and an appreciation for music.

Westwin Children's Centre, Wednesday mornings, 11:20 - 11:50 (after nursery school). Starting 15 April 1998.

Lipsett Hall Nursery School, Monday mornings, 11:20 - 11:50 (after nursery school). Starting *14 April 1998

Cost for this program is \$20 for 10 weeks.

*NOTE: Due to Easter Monday, the first class will be held on Tuesday, 14 April 1998.

GYM & MOVEMENT

Come and learn to play with your child. The program includes developing large muscle skills, creative movement, parachute games and co-operative games. Parent participation required.

Lipsett Hall Nursery School, Wednesdays, 1:00 - 2:00 p.m. Starting 15 April 1998. Cost is \$20 per family for 10 weeks.

NURSERY SCHOOL

We offer the pre-school child the chance to socialize in a happy, friendly environment. Activities include learning centers, stories, songs, free play, arts and crafts, games, drama and large muscle play. There is a non-refundable annual registration fee of \$15.

REGISTRATION FOR NURSERY SCHOOL

We are currently taking registrations for all Fall 1998 Nursery Programs. Children must be 3 years old by December 1998 to register.

Lipsett Hall Nursery School, Mon., Tues., & Thurs, 9:00 - 11:15 a.m. \$72 for 3 weeks or \$55 for 2 weeks.

Westwin Children's Centre, Wed. & Fri., 9:00 - 11:15 a.m., \$50 per month

PLEASE NOTE: Fees for our Drop-Off Child Care will be going up effective May 1, 1998. This program has been heavily subsidized by Wing Lotto in the past. Wing Lotto no longer exists and our fees must go up to help cover the cost of this program. Fees will change to \$2.00/hour for the first child and \$1.00/hour for the second child in the same family. We will also ask that parents provide snacks for their child(ren) for this program. These changes will be effective as of May 1, 1998.

MARCH WING LOTTO WINNERS

| | | | |
|----------|------|---------------|---------|
| March 5 | #100 | Cpl Rideout | MANLKHD |
| March 5 | #38 | Capt Auguston | 1CAD |
| March 19 | #92 | Sgt Snow | 402 Sqn |
| March 19 | #82 | LS Collins | 2PPCLI |

Congratulations to our last winners of the Wing Lotto.
Thank you 17 Wing for supporting Wing Lotto.

YOUTH PROGRAMS

For information on any of the following programs contact the MFRC

NEW ! NEW ! NEW ! NEW ! NEW

COFFEE HOUSE JUST FOR TEENS

Join us at the Youth Centre on Wednesday nights from 7 - 9 p.m. Coffee, tea, good music and great conversation are in order. Hope to see you there.

AFTER SCHOOL PROGRAM

The MFRC Youth Centre is open on Monday from 4 - 5 p.m. and Tuesday and Thursday from 3:30 - 5:30 p.m. for the After School Program. Activities include arts and crafts, board games, computer, foosball, air hockey and videos. If you are in grade 1 to 6, this is a great place to meet friends and have fun.

Cost: Members FREE and Non-Members .50¢

DROP-IN

On Monday and Thursday from 6:30 p.m. - 9:00 p.m. the Youth Centre is open for Junior High and High School students. Drop in to the Centre and see what it's all about. Cost: Members FREE and Non-Members .50¢

SPECIAL PROGRAMS

MOVIE NIGHT

Join us at the Youth Centre for a night of movies, popcorn and fun. Movie night is held once a month on Friday night. The doors open at 6:30 p.m. There is no charge for the movie and the canteen will be open.

Please register in advance to ensure that an age appropriate film may be chosen.

Next movie nights are: April 17, May 8 and June 12

Single military parents: Flying solo!

By Captain Cathy Sherman, ext. 5116

Earlier this year, I generated a survey from the Community Health Office at Bldg 62 to ascertain the needs for childcare for single military parents. This is not to be confused with the MFRC day care survey currently circulating (by the way - please hand in the latter if you have not already done so). Although we are proposing two distinct types of childcare, both have the potential of interacting quite viably.

Response to the single military parent survey was enthusiastic and I thank everyone for their support. Special thanks to the MFRC and to Beth Rogers for their guidance and ongoing dedication to this cause. For those who have not been contacted and wish to be involved, please don't hesitate to contact me.

According to the survey, single military parents account for at least 5% of Winnipeg's Military members. This is a conservative estimate. The percentage could be translated to upwards of 3000 single military parents and approximately 5500 dependants across the Canadian Armed Forces.

Single military parents are in a unique situation as is our need for childcare. We don't fit into the single numbers, as we have dependants. We don't fit into the married statistics, as we have no spouse. The excep-

tion would be married military members with dependants who are simultaneously deployed in different directions or on a separated posting. We are from all ranks and MOCs. In calculating gender, I discovered approximately 50% split between single fathers and single mothers. We have children of all ages. We are career oriented and dedicated to the military but when we are tasked away, most of us must find "foster" parent families to care for our children. 63% of those surveyed, have no other family in the area.

The majority of us would ideally prefer to have childcare in our own homes, but many of us would consider childcare in another family's home. As everyone is aware, the stress on families left behind when military members are tasked away, can be phenomenal. The children left behind when a single military parent deploys have a great need for the security of familiar surroundings and loving care, to

maintain stability and emotional health.

The military ideal of being "one large family" becomes tantamount in this situation. Everyone can empathize. I received some responses from married members who would want to help and that really is very touching. As a group, we are certain that there are more of you out there and we would be grateful for any offer of help and support. If you are a single member and you would be interested in "live-in" childcare, your help would be appreciated too.

Single military parents will meet monthly until we have a concrete action plan in progress. Meetings will be held on the last Thursday of every month at 1330 hrs in Bldg 62. We hope to see you there. The next meeting is April 30, 1998.

If you need more information, please contact me (Cpt Cathy Sherman) at ext. 5116.

Nexus Imaging

Scan to Disk, great for e-mail.
Photo restoration, enhancement & Special FX.
Business card & flyer designs.
Web pages and power point presentations.

<http://www.escape.ca/~nexus>
"View Your World Thru A Different Light."

CALL
(204)489-7512

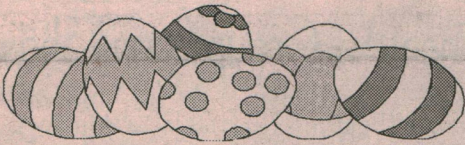
Giggles 'n Grins Children's Center

- Shift, Part-time, Full-time, Temporary or Drop-in Care Welcome -
- 18 mos - 12 yrs -
- Transportation available to local schools -
- 1st in offering flexible programming -
- Sizzling Summer School-Age Programs -
- Not Subsidized -

Located close to Whytewold & Ness 3 minutes from CFB Winnipeg (North)

Watch for our Nursery School Open House!
For more info call 897-GRIN (4746)

ON THE TOWN



CINÉMA / THEATRE

SHOWTIME 8:00 P.M.

The Postman / **THE BOXER**
FRIDAY & SATURDAY / SUNDAY & MONDAY
APRIL 3 & 4 / APRIL 5 & 6
PARENTAL GUIDANCE, VIOLENCE / PARENTAL ACCOMPANIMENT

Spice World / **ANASTASIA**
THURSDAY & FRIDAY / SATURDAY MATINEE
APRIL 9 & 10 / APRIL 11
PARENTAL GUIDANCE / GENERAL

COMING ATTRACTIONS
GOOD WILL HUNTING • GREAT EXPECTATIONS

OFFICERS' MESS 17 WING WINNIPEG

WCOMD'S COFFEE BREAK EVERY WEDNESDAY 1000-1030 HRS

FRIDAY, 3 APRIL 1998 TGIF - PIZZA
• You must be signed in by 1730 to be eligible for the 80/20 draw.

FRIDAY, 10 APRIL 1998 TGIF - BBQ CHICKEN
• You must be signed in by 1730 to be eligible for the 80/20 draw.

SUNDAY, 12 APRIL 1998 SMORGASBORD DINNER
• Reservations: Open Now - Close 8 April • Dress: Casual

WO's & SGT's MESS

SUNDAY, 12 APRIL 98
EASTER BRUNCH
1030 - 1430 hrs.
WSMN Dining Room Bldg 60
Tickets available until 9 April.

WEDNESDAY, 15 APRIL 98
WCOMD'S COFFEE BREAK
Time: 1000 hrs Place: OMN

MARIGOLD
chinese restaurant & lounge

Great Lunches, Great Dinners

Cantonese & Szechuan Cuisine
Dine In Take Out Catering

1245 Inkster Blvd 885 Henderson Hwy
2591 Portage Ave 718 Osborne St
1380 Ellice Ave 487 St. Mary's Ave
1755 Pembina Hwy 245 King St

Patisserie Française, Pain, Baguette Française...

French Pastry, Bread, French Baguette...

Open Sundays.

Eric Bari Pastry

MR. D'S TART 'N' PIE
WEE PIE SPECIALIST
1850 NESS (at Roseberry)
831-9619
"A MILITARY TRADITION"

GASTHAUS GUTENBERGER GERMAN RESTAURANT

Authentic German & continental cuisine:
schnitzel, beef rouladen, homemade spatzle, fine German desserts, fine wines and German Beer.

Open Daily Monday - Friday 11 am - 10 pm
Saturday 5 pm - 11 pm Sunday 5 pm - 9 pm
2583 Portage Avenue (1 block west of the new bridge)
Phone: 888-3133 for reservations
— Special Discounts for Military Personnel —

FIVE STARS IN THE WINNIPEG FREE PRESS

Tues. - Sat. 10 - 6 Sun. 12 - 4
889-8356
3416 Roblin Blvd., Winnipeg, MB R3R 0C7
Just 5 minutes from the new Charleswood Bridge

Little Caesars
Great Taste! Great Price! Great Pizza!™

Sun. - Thurs. 11 a.m. - 11 p.m. Fri. & Sat. 11 a.m. - 1 a.m.
Delivery starting at 11 a.m. daily

2365 Ness Avenue
888-3500

THE RYE BREAD SPECIALISTS

KUB BREAD

YOUR HOT BREAD STORE

2361 Ness
Winnipeg,
Manitoba
Ph: 897-3338

MARINI'S restaurant
"fine Italian Cuisine"

10% OFF
with this coupon

819 Sargent Ave.
Winnipeg, MB
772-7627

Not valid with any other promotion.

WHAT'S HAPPENING

Posted to 4 Wing Cold Lake?

MEDLEY FAMILY AND COMMUNITY SERVICES

Medley Community Centre, Building No. 674, 4 Wing, CFB Cold Lake,
P.O. Box 5260 Station Forces, Cold Lake, Alberta T9M 2C3
Phone (403) 594-6006

Office hours 0800 - 1630 Monday to Friday (including lunch hours)

Medley Family and Community Services exists to provide services and programs that serve to strengthen family and community life. Through volunteer efforts and community input, needs are identified and programs established.

We offer **Information and Referral**; **Family Education and Preventative Programs**, such as Before and After School Supervision, Youth/Teen Centre, parenting Courses, Suicide Prevention Seminars, Connecting Friends, and Spouses of Spouses Away; **Counselling** (individual and family); **Community Services and Events** such as RV Compound, Arts and Craft Shows, Medley Days and Canada Day; **Childcare Services** such as Day Care, Satellite Day Homes, Babysitting, Pre-School, Toy Library and Play With Me; **Lifeskills Programme**; **Volunteer Opportunities** and much, much more!

We are looking forward to your arrival. We will help you get settled in your new community. We invite you and your family to contact or visit our offices. We can help you find information you may need to get settled in, meet other members of the community and more. Give us a call or drop in!

FRENCH BEGINNER COURSE

As of April 98, a computer-assisted French as a second language course for beginners is starting. A teacher will help orientate, accompany and make you practice. The computer multimedia is your book.

Beginner 1: duration 60 hours between 1 April - end of June 98.

Beginner 2: duration 60 hours between 1 April - end of June 98.

You will be tested at the end of your training. You organize your own schedule. Anyone interested in taking advantage of this training or for more information should call MCpl Godin at ext. 5822.

Swim Lessons

Swim Registration: 4 April 1998, 0900 - 1200 hrs at the Lipsett Hall Gym.

"Last Chance" Registration: 6 April 1998, 0800 - 1200 hrs at the Westwin Community Centre.

Cost: \$25 per person. Bronze Cross and Bronze Medallion Courses have an additional cost for books.

Lessons: will commence at Lipsett Hall Pool will start 18 April 1998 and run for 10 weeks (Saturday mornings only).

Lessons at Bldg 90 have been cancelled until renovations are completed.

Classes offered are: Red Cross Aqua Levels 1-12, Aqua-Tots, Aqua-Adults, RLSS Bronze Medallion/Bronze Cross (if enough interest).

For more information, please contact Carla Ryan, Community Rec. Director at 833-2500 ext. 2059.



17 WING CERAMIC CLUB

Come out to the Ceramic Club & learn a new hobby or renew an old one. Special hand made gifts for Christmas, Birthdays, Anniversaries and Weddings. We will be happy to help you.

For more information, please call Michelle at 831-0113 or contact the Club at 833-2500 ext 2496.

WANTED SOCCER PLAYERS

for the 17 Wing
Ladies Soccer Team

Can be service member,
dependent or civilian!
Practicing indoors until
the weather warms.

Please contact Tanya
McLeod at ext. 5802 or
487-3516 for more info.

17 WING WOODWORKING CLUB

Located: Building 33 (Family Resource Centre)
Hours: 24 hours a day seven days a week
Cost: \$50 + GST per year individually or
\$75 + GST family (dependents over eighteen).
Equipment: full complement of stationary and hand tools
Sales: limited supply of hardwoods
Discounts: hardware store discount cards and access to
wholesale lumber
Contacts: Pres. Capt Steve Wilson ext 5145
Vice Pres. WO Robin Desjarlais ext 5825
Sec. Maj Bill Seymour ext 5206
Treas. WO Greg Speakman ext 5047
Equip. Cpl Guy Jabusch ext 5404



CADET HONOUR BAND OF PRAIRIE REGION

5th Annual

CONCERT TOUR

Centennial Concert Hall

555 Main Street, Winnipeg

7:30 p.m. - April 13, 1998

Sea, Army and Air Cadets from across Western Canada will participate in this very special event, playing a variety of musical selections including "Finale" from Shostakovich's "Symphony No. 5", "Can You Feel The Love" from "The Lion King", and "Highland Cathedral".

Tickets \$10

Available from any cadet unit in Manitoba, the Navy, Army and Air Cadet Leagues and at Ticket Master 780-3333.

Wing Chaplains' Information Line

is now available in
bilingual format.

To obtain service timings or to reach any of the chaplains or chapels, press 6800 and follow the instructions on the menu.

Norman Art Group Spring Show

will be held at the

St. James Legion (Portage & Brooklyn St.) Winnipeg
Thursday, April 23 from 3:00 to 9:30 p.m.

Everyone is welcome!

Free admission, refreshments and door prizes.

MLA Linda MacIntosh, a former member of the club, will be on hand at 7:30 p.m. to present the awards to the winners of the show juried by Gary Essar, the newly appointed Curator of the Pavilion Art Gallery in the Assiniboine Park.

LE GRAND TOURNOI DE HOCKEY DE LA CONNEXION FRANÇAISE

Oakville - Ontario - Canada

LES 24, 25 ET 26 AVRIL 1998

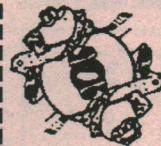
Tournoi d'adultes et d'élèves du secondaire

Contact La Connexion Française

Téléphone: (905) 846-7884

Télécopieur: (905) 846-1597

E-mail: connexfran@aol.com



Newcomers' Club of Winnipeg

Are you new to the city?

Are you feeling a need to socialize?

If so, please join us for a monthly coffee party and/or general meeting. The Newcomers' Club of Winnipeg meets on the third Wednesday of each month. The many monthly activities, including bridge, 'Bon Appetite', potluck lunch, crafts, book club, provide an opportunity to make friends in the city.

For more information, call 992-2999 and leave a message. Someone from our Hospitality Committee will return your call.

Plan to join us and remember "You are not alone."

PERSONAL CLASSIFIEDS

EVERYBODY'S MARKETPLACE

MISC. ITEMS WANTED

Wanted - Will buy used Karate Suit, must be in good condition, any size. Please contact Alain Leblanc, 889-3484.

CHILD CARE WANTED

Babysitter Wanted - Schedule may vary greatly, days, evenings or weekends. Number of hours may vary greatly from week to week. Required particularly from April to November. Two children, ages 4 and 8. You may babysit in your home during the day time, evenings must be in my home. Please contact Céline at 487-0887.

CHILD CARE

I will babysit ages 0-3 in my South Side PMQ. I am a member of the Base Babysitting Co-op. MP check and child abuse checks have been completed. Receipts and references available. Call Valerie, 489-2304.

Recherche: Bonne d'enfants permanent à temps plein chez nous pour nos trois jeunes enfants. Appelez Louise au 284-8794.

Qualified CPR and First Aid, 15 yrs + experience. Loving and caring home, South Side PMQ area. Full or part-time available. References upon request, call Gail 487-0132.

Experienced mother is offering child care in my south side PMQ. Lots of fun and TLC. Healthy meals and snack provided. Any age, full or part-time. Receipts upon request. Please call Marie, 489-7512.

Military Community Council Family THRIFT SHOP

HAS RE-OPENED

Under the New Management of Diane Brine
New Location:
 Bldg. P12
 347 Doncaster Street
 (directly across from MFRC)

Hours of Operation:
 Tues. 6 - 8 p.m.
 Thurs. 1 - 3 p.m.
 Sat. 10 a.m. - 3 p.m.

Volunteers Needed
 Open an Account
 Material donations accepted

**QUESTIONS?
 CALL 488-4177**

MISC. FOR SALE

For Sale - Grandfather clock, handmade in Germany, oak cabinet, excellent condition, \$1,500. Wall unit, excellent condition, oak, \$475. Stair Climber with multiple settings, \$225. Numerous baby items incl: Fisher Price playpen \$100, infant car seat and more. Phone 489-6332.

For Sale - Recreation/utility trailer, ideal for quads/snow-mobiles/summer yard work. 8'x4', coils with shocks, excellent ride, 13" wheels, extremely low miles, \$600 OBO. 889-7734.

For Sale - Almost new, barely used, Kenmore stove/self clean oven, \$700 (paid \$1050 incl. tax). 832-6843.

For Sale - Dining room table w/6 chairs, black, very elegant, must sell, \$675 OBO. Hanging blinds, havana grey, very durable, 100"x84", sacrifice for \$75. White desk, 2 shelves, \$15. 3 piece desk, 3 drawer, 1 cupboard, 60"x24", stained wood, well built, \$75. Mac LC computer, color monitor, Image Writer II color printer, 4MB Ram, 40MB HD, loaded with software and some games, excellent kids or second computer. Asking \$495. Call Mike 832-4456.

For Sale - Love seat & sofa, wide striped hunter green and beige, asking \$450. Call Mike 832-4456.

For Sale - 1976 911 Targa Carrera, imported from Germany, 2.7L fuel inj., 4 spd man., repainted w/black trim and int., Alpine AM/FM stereo cass. w/6 pack CD and amp., 33-35 mpg highway, must sell, asking \$13,500. Call Mike 832-4456.

MISC. FOR SALE

Estate Sale - 1995 Bonneville SE, white, 3.8L, V6, PW, PDL, AC, driver's power seat, non-smoker, spent winters in Arizona, 86K, mostly hwy., excellent cond., w/safety, private sale, asking \$17,400. Phone 832-7692 after 5 p.m. or ext. 5061.

For Sale - Fridge, Moffat, 18 cu.ft., golf, left hand swing, \$200; Stove, Gibson, white, \$200; Deep Freezer, upright, GE, \$350; LR Suite, colonial hardwood, couch, rocker & chair, \$500; Table w/3 Chairs, colonial, extra leaf, \$100; Air Conditioner, \$100; Dishwasher, Viking, almond, \$50; Mates Bed & Dresser \$60; Sit-up Bench \$40; 2 Desks \$10 ea.; End Tables \$10 pr; 2 Playpens \$20 ea.; High Chair \$5; Electric Typewriter \$60; LR Carpet, 2 sections, blue, \$50; 3 Shelving Units, metal, \$15 ea.; Lil Tykes Picnic Table \$30; Table w/2 Chairs, child's set, \$15; Hedgehog, all accessories, \$40; Bathroom Organizer, wood, \$15; Misc. household items, dishes, toys, books, bikes, etc.. Please call for more info/viewing, 488-7558.

For Sale - 1991 Buick Regal Ltd., 3800, V6, auto, pwr everything, white w/red int., new tires, starter, rear brakes, has heavy hitch for boats, trailers, priced to sell quick, \$7,995. Call Mike 832-4456.

For Sale - 1990 Buick Riviera, 3.8 lt., dark red colour, no rust, super condition, \$8,750. Details by phone 253-9249.

SHARED ACCOMMODATIONS
 Non-smoker, quiet, clean person.
 NO pets. Ideal to both bases.
 \$300/mth, parking incl.
 896-3370 after 5 p.m.

PRE-PURCHASE HOME INSPECTIONS BY

HOME CHEC CANADA 955-8121

Residential Inspection Service

A fully insured member of **CAHI**
 Canadian Association of Home Inspectors

WANTED ADVERTISING SALESPERSON FOR THE VOXAIR COMMUNITY NEWSPAPER
 (THIS POSITION OPERATES ON A COMMISSION BASIS)
 If interested, please call the Voxair Office anytime to leave your name, address & phone number:
889-3963

'FROM BUGGIES TO JETS'

Personal account of a Career Airman
 by Edward Thornhill CD

Describes environments, life styles, adventures and stresses of forty years in aviation. Starts with boyhood on the prairies through the 1930's Depression, 29 years in the RCAF, peace time and war time. Discusses transient life in Canada, Europe, Africa, family life in travels & anxieties of Cold War situations.

COST: \$16 per copy (\$14 for CAF Veterans of WWII)
POSTAGE: \$4 in Canada, \$6 outside Canada
AVAILABLE AT: Mr. Ed. Thornhill, 796 Stewart Street, Winnipeg, MB R2Y 1P4
 For personal pick-up, please phone (204) 837-3659 to ensure prompt service.
Easy gift solution for family and friends!

Dr. Philip S. Pass B.S.C., D.M.D.

Complete Family Dentistry

Preventative/Cosmetics/Orthodontics
 Crowns/Dentures/Root Canals
 Extractions/Emergency Care
 Evening and Saturday Appointments Available
420-3025 Portage Ave. ph: 987-8490
 ALL DENTAL PLANS ACCEPTED

Ralph's Custom Tailor Shop
 •Specializing In Military Apparel •
 •Air Force, Army, Navy - Any Alterations •
 • Mess Kits & Special Sizing •
 1108 CORYDON AVENUE, WINNIPEG, MANITOBA, R3M 0Y8
RALPH CANTAFIO JR. - PROPRIETOR PH: 453-8533

Karen's Flowers

Offering 15% Off for Military & Gov't Personnel

PHONE: 586 - 9636

1469 MAIN STREET JON (HUCK) FRAISER
 WINNIPEG, MANITOBA R2W 3V9 CITY & WORLD-WIDE DELIVERY
 1-800-267-1927 www.lpgallery.mb.ca/flowers FAX: 1-204-586-8731

BINGO - Every Mon. Wed. Fri.

7:45 p.m. Early Bird 7:30 p.m.
 Crib night every Thursday at 2000 hrs.
 Join us for six meat draws made each Saturday at 1500 hrs.

DANCING - Friday & Saturday Evening
 CANADIAN FORCES PERSONNEL WELCOME
 Army, Navy & Air Force Veterans in Canada

ASSINIBOIA UNIT NO. 283
 3584 Portage Avenue R3K 0Z8
 Phone 837-4795
THE FRIENDLY CLUB



NEW ARRIVALS



Puzzled about Manitoba License Plates?

- Fire insurance?
- Contents?
- Pleasure items?
- Life Insurance?

Obtain them at your Base Insurance Office in the Main Rec Centre

autopac

Call us or drop in to:
 Baldwinson Agency

BLDG 90 (REC CENTRE)
 WHYTEWOLD RD
 MONDAY TO FRIDAY
 8:30AM TO 5:00 PM
 889-2204

SERVICE IS THE SECRET OF OUR SUCCESS

CALL TODAY FOR YOUR FREE RELOCATION PACKAGE



CALL MARY, KELLY
OR GRANT
CLEMENTS
CD, FRI, R.R.S.
RCAF/CAF RETIRED



- One of Winnipeg's Top Producing Agents for the past 15 years
- Top Achiever Gold Award Winner each year
- Hall of Fame Award Winners
- Re/Max 100% Club each year
- Ex-Military With 26 Years of Service
- Over 40 Years of Combined Real Estate Service
- Assisted over 2200 Satisfied Home Owners
- Full Time Administrative Assistant
- Specializing in Residential Real Estate, Condos and Out-of-Town Properties

RE/MAX REAL ESTATE INC.

300-3025 Portage Avenue., Wpg., Man. R3K 2E2

BUS: (204) 837-7000 / FAX: (204) 837-7070

E-MAIL: kclements@wpcusrgrp.org

WEB SITE: www.wpcusrgrp.org/~kclements

TOLL FREE: 1-800-361-6789

BARRY A. ROY

LAWYER and NOTARY
2643 Portage Avenue, Winnipeg MB. R3J 0P9
Phone 832-1222 Fax 832-3906

REAL ESTATE LAW, BUSINESS LAW
FAMILY LAW, WILLS and ESTATES

20 YEARS experience serving residents of St. James
Fees conform to ERS guideline



"Team Work is the Key to Our Success"



PEARL LANGEN

HALL OF FAME
Gold Medallion (WREB)
Re/Max Platinum Club
Re/max Real Estate Inc.
300-3025 Portage Ave.
Winnipeg, Manitoba R3K 2E2



TERIE LANGEN

RE/MAX 100% CLUB

Bus: (204) 837-7000 - 24 hrs
Res: (204) 837-6397
Fax: (204) 837-7070
Toll Free 1-800-361-6789

• 23 Years Combined Experience in the Real Estate Industry

• Registered Relocation Specialist (R.R.S.)

• Knowledgeable in Military Relocation

• Contacts on all Wings & Bases



CHAPMAN ~ GODDARD ~ KAGAN

LAWYERS AND NOTARIES

1864 PORTAGE AVENUE, WINNIPEG, MANITOBA, R3J 0H2
PH: 888-7973

George E. Chapman
Alan R. Goddard
Donna G. Kagan

Almer N. Jacksteit
Michael J. Law
Kelly P. Land

Esmeralda K. Bautista

Our fees conform to the ERS guideline"

Representing Buyers and Sellers of Real Estate in the St. James Area for Over 60 Years

MAXIMUM Realty Ltd.

adj. "The Greatest Possible"

If You WANT Understanding, Service, Results
You NEED

Orv Malcomson, CD
(204) 777-9999

"Service with Integrity"



ED DALE



1996 Re/Max Platinum Club

• #1 RE/MAX AGENT IN WINNIPEG - 1996

• GOLD MEDALLION ACHIEVER 1993-96.

• MILITARY (APPROVED) AGENT

PH: (204) 477-0500

TOLL FREE: 1-800-361-0500



Stephen Patrick

Your Residential Real Estate Specialist

2003 Portage Avenue, Winnipeg, MB R3J 0K3 PH: (204) 837-1366

Patrick Realty

Serving Satisfied Customers for over 40 Years



GRAND & TOY

A Boise Cascade Office Products Company.

YOUR OFFICE SUPPLY DEALER...

- Office Supplies.
- Copy Paper.
- Computer Supplies.
- Office Furniture/Chairs.
- Imprinted Promotional Products and more...

"TIME, MONEY. WE SAVE YOU BOTH."

Ph. 284-5100 Fax 452-8971 Order Desk 284-9510



JOHN GATTA
Account Manager

**BUYING OR SELLING?
EXPECT EXCELLENCE!**

AGATHA WREN, RRS & LEE WREN

(Working Together to Serve Our Clients Better)

PROFESSIONAL, DEDICATED & EXPERIENCED
SERVICE YOU CAN TRUST.

CALL 837-7000 or 1-800-361-6789 or

E-mail: Awren@autobahn.mb.ca

Re/Max Real Estate Inc.

300-3025 Portage Avenue, Winnipeg, MB, R3K 2E2



**THE PALMERS
& VAL McEWAN**

Working Together...

...For You!

SERVING ALL WINNIPEG

(204) 837-7000
1-800-361-6789



"Service Makes the Difference"



Trudy M. Johnson B.A.

Registered Relocation Specialist

(204) 895-8733

OR CALL TOLL FREE

1-800-361-6789

email: trudyj@mb.sympatico.ca

- WREB Award Winner • Re/Max Hall of Fame •
- Re/Max 100% Club •



each office independently owned & operated

**21 YEARS OF SUCCESS
IN WINNIPEG'S REAL ESTATE INDUSTRY**