

# The VOXAIR

Vol. 46, Issue 6

17 Wing Winnipeg / 17e Escadre Winnipeg

April 1, 1998 / FREE

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## General Baril visits 17 Wing

The Chief of the Defence Staff, General Maurice Baril visited the personnel at 17 Wing on March 4th, 1998. He used this opportunity to meet with various units of the Wing and reward some of our personnel.



Above: The presentation of the jacket. On the left, Mr. Don MacKenzie, Chief Executive Officer, Pan Am Games 99 and on the right, Mr. Tim Ryan, Executive Vice President, Pan Am Games 99 present General Baril with a Pan Am Games Winnipeg 99 commemorative jacket.



Left: Sgt Bob Lawrence, 435 Sqn, briefs the CDS on the on-board systems.

Photos by Wing Imaging, Cpl D. Payne

## CFSAS evolves to meet needs

As the next millennium approaches, the Canadian Forces School of Aerospace Studies is evolving to better meet the professional development needs of Canada's air force. Each training flight at the school is seeking to improve the training it provides, which has led to minor changes in some courses and the total restructuring of others.

The most sweeping changes have occurred in the Officer Development Flight. Over the past year, the Air Force Indoctrination Course and the Aerospace Operations Course have been replaced by two new courses: The Basic Aerospace Operations Course (BAOC) and the Advanced Aerospace Operations Course (AAOC). The objective in creating these courses has been to strengthen air force officer professional development by creating a seamless transition from Basic Officer Training to the Canadian Forces Command and Staff College. It has also placed a stronger focus on air force doctrine and the

planning and conduct of air operations.

The BAOC is a four and one half week course designed for junior air force officers within the first two years following their basic MOC training. Officers from other environments in the CF will also be required to take this course when they are posted to an air force unit for the first time. CFSAS will conduct its second BAOC proof of concept course starting 15 April.

The intent of the BAOC is to give officers, at the outset of their air force career, a context for their work environment and the operations they will be participating in. Within this context, they will be better able to assimilate the lessons they will learn in their day-to-day jobs.

The AAOC is a seven and one half week course that forms the cornerstone of professional development for air force junior officers in development period two. It is aimed at officers in the top

Continued on page 6

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# VOXVIEWS

## Voxair charged with unfair practices

By Major CM Walton-Simm, Managing Editor

The headline above is an April Fool's joke...we couldn't resist. However, in reality, the Voxair was recently accused of wrong doing. "Flawed and unfair", "BOYCOTT THIS CONTEST". These words leapt from my computer screen like the flames of a wild fire. For those of you who don't have GroupWise Email, I'm referring to an anonymous Email message, sent to all 17 Wing personnel connected to the LAN, complaining that the Voxair Vignette contest is jury rigged. Once the meaning of the message was absorbed, feelings of deflation and disappointment turned the flames to smoldering embers.

Deflation: for all our efforts of trying to produce a newspaper that captures the interests of many and provides some entertaining diversion, this is the feedback we get? Well, it can't really be called feedback, as the individual didn't have the courtesy to discuss his or her concern directly with any of the Voxair management.

Disappointment: for realizing that, although the allegations are unfounded, the reputation of the Voxair has been tarnished in

the eyes of all the personnel that read the Email message.

After much deliberation and advise not to acknowledge the accusation, I have decided to provide a clarification, if only to defend the Voxair's reputation. The Voxair Vignette has proven very popular and I would hate to see that change. The process that we use to determine winners is as follows:

- once all the answers are received they are reviewed by one or more of the office personnel (judges);
- when reviewing the answers, the judges select the answers they believe to be the correct ones, all others are not included;
- all of the correct answers are retained and a winner is randomly selected from the correct answers (the correct answers are placed in an envelope and the winning answer is drawn);
- in the event that only one answer is provided or only one answer is correct, that answer is the winner.

If there is a more equitable way of judging, I'm open to suggestions. In my opinion, making an allegation without gathering the facts, not speaking directly to the Voxair staff and not allowing us the opportunity to defend ourselves is "not very fair at all".



### Letter to the Editor

## Setting the AAR record straight

"Well boys, it's started." I'll never forget that chilling expression. That's what was broadcast over the secure voice UHF from our controlling ship at 02h00 local time on the morning of 16 January 1991, coincident with the launch of ship borne Tomahawk missiles towards Iraq. I was airborne in Husky 28, operating in the "Pulley" air-refuelling anchor just about 28 North latitude and around 50 East longitude - in the middle of the Persian Gulf. Husky 28 was the call sign of a Canadian Forces CC137 tanker aircraft, stationed in Trenton and operating in support of the coalition forces in what was to become known as the "Gulf War."

When we departed Baden, Germany for the Persian Gulf theatre on the morning of 08 January 1991, with four fully armed CF-18s in tow, I would venture to say that was the first operational AAR mission flown by a Canadian Forces aircraft. Unknown to us at the time was the fact that we were en route to war. When we "passed gas" on the night of 16 January 1991, it was undoubtedly the first time for a Canadian Forces wartime AAR mission!

I point this out in response to the lead story in your 18 March 1998 edition of The Voxair which credits a 435 Sqn KCC-130 as having conducted the first ever AAR mission on 05 March 1998. Simply not true!

I get a little disconcerted when CBC television, the Globe and Mail, the Toronto Star and Maclean's magazine list the CF assets in the Gulf War as ships and F-18s only. 412 Squadron, stationed in Ottawa, had a Challenger in theatre, and 437 Squadron had a

Boeing 707 tanker in theatre. I can forgive or accept the slight by the national media, however, I find it sad, perhaps even appalling, that our own Air Force newspapers have already forgotten our contribution. Please visit the RCAF Memorial Museum in Trenton or the Wing headquarters and look once again at the OP FRICTION poster. It tells the story better than a thousand words. Or visit the War Museum of Ottawa and see the air refuelling painting done by Ted Zuber - one of four selected to hang there as a reminder of this conflict.

I would like you to print this letter in your newspaper to set the historical record straight. Naively, I thought our contribution for Queen and country, and all that, would have been remembered a little longer [especially here in Trenton]. Anyway, as the expression goes - been there, done that, got the T-shirt and two, yep - count 'em - two medals.

I wish all the best to you, your newspaper and in particular the AAR crews who follow us on into the future. If there is a God, perhaps no one else will ever really have to do this again in anger.

Sincerely,  
Maj T.E. Adkins, TRSET

We welcome your letters of comment or concerns and will feature them here, in our 'Letters to the Editor' column. Please forward your signed letter to the Voxair, 17 Wing Winnipeg, Box 17000 Stn Forces, Winnipeg, MB R3J 3Y5 or drop off at the Voxair office. - Ed.

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# How to get a coin

By Sergeant Marc Cote, 435 Squadron

It first started out of the blue when my CWO asked me "Do you want to go flying?" Without giving it much thought I said "Yes" and after a couple months, I was in Trenton at 426 Squadron to start my training, which took about 6 weeks. After the course, thinking that I knew it all, I reported to my new unit, 435 (T & R) Squadron, only to discover that someone from the Loadmaster training section had dropped in my mailbox, five questionnaires and an OJT book that was going to keep me busy for the next six months.

Of course being the new guy at the shop, you get to fly as many missions as possible in order to get the experience and to work on your OJT book. This particular book contains different drills on ground and airborne emergencies and how to work with different components of the C130, one of them being the aircraft oxygen system. I inhaled more 100% oxygen than anybody else in the squadron - some wish they had that chance after a long night in St. John's! When flying up north, the operational loadmasters like you a lot when it comes time to do the engine start at -40 degrees Celsius. "Hey, you have to practice," they say. So outside you go, to stand in the cold.

If you are the paranoid type, being restricted is not a good thing. Your trainer meticulously scrutinizes your paperwork and questions you on why you decided to do things one way or the other. On top of that, every operational loadmaster you fly with gives you suggestions on how to do things or shows off their technique, but after all is said and done, it's up to you to



Face and obverse of Coin: The Loadmaster Coin, like the one shown in this picture, is awarded to loadmasters once they achieve operational status. Drawn from the ranks of traffic technicians, loadmasters on the CC-130 Hercules are responsible for the payload, calculating the weight and balance of the airplane, and the comfort and safety of the passengers. The coin is a symbol of esprit de corps, camaraderie, and allegiance to all things Loadmasterly.

develop your own. Then comes the day when you finally get your check ride. On your previous missions, you always had somebody to point you in the right direction, now it's time to show what you can do. After you successfully pass, and even though you are still doing the same job with the same people, you feel a weight has been lifted off your shoulders. Now, you're asking, what's with the coin? I don't know, it was not covered in the OJT book. I will let you see mine, but I hope that it won't cost me anything...

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# Happy Easter

By Major CM Walton-Simm, Managing Editor

Easter is the festival of the Christian church commemorating the resurrection of Jesus Christ. Not always held on the same date, Easter can be held as early as March 22nd or as late as April 25th.

In many churches, Easter is preceded by a season of prayer, abstinence and fasting called Lent. Lent gets its name from the practice of putting ashes on the foreheads of the faithful, ever reminding them that man is but dust.

Palm Sunday, one week before Easter celebrates the entry of Jesus into Jerusalem. Holy Week begins on this day. Holy Thursday is held in memory of the Last Supper of Christ and his disciples. Good Friday commemorates the crucifixion.

Many Easter customs originated in the Old World - the Easter Lily is the symbol of the resurrection. Rabbits and coloured eggs represent symbols of new life.

We wish everyone a happy Easter!



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# Voxair Vignette

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Object Identity: \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Additional Comments: \_\_\_\_\_

**DEADLINE FOR ENTRIES: 6 APRIL 1998**

PLEASE NOTE: 'Voxair Vignette' will feature one item & prize for two consecutive issues ending with the above deadline, at which time one winning entry will be drawn.

You may deliver your completed entry form to the Voxair office or e-mail us with the above information at [voxair@vulcan.achq.dnd.ca](mailto:voxair@vulcan.achq.dnd.ca)

GOOD LUCK!

# The weather report

By Sgt Ray Banks, 17 Wing Weather Office

So here we are, just past March and winter is almost over. What a winter it's been. If you remember, just about all the snow had disappeared by the last week of February when we received 35 millimeters of rain and then snow. For a while there, it looked as if we were going to get by with a REAL-LY easy winter.

Alas, our previously below normal precipitation amount for the season is now above normal. What else is new? Take heart. In a month from now, winter will just be a bad memory (for some of us) and we'll be caught up with getting our lawns back in shape. One thing this past mild weather has done is make the windshield washer fluid manufacturers a little richer. Should have bought some stock in those companies I guess.

Here are the stats for February 1998. The average daily temp was -1.6°, a lovely 8.1 degrees warmer than the normal! The mean min. temp came in at a mere -7.6° giving it a 13 degree jump

over the mean. Do the math and we get an average month temp of -4.6°, 10.5 degrees over what we could have had if this was a normal winter.

For precipitation, there were some more surprises. Normal rainfall for February is 0.4 mms, however, we were lucky enough to receive 26.7! I for one am glad it wasn't snow.

We ended up with 19.2 cms of the white stuff. That's only a couple above the average, so I suppose you could say there was something normal about the month.

The price we had to pay for these warm temperatures was a lack of sunshine. No numbers available in that area, but I'm sure that anyone who hails from the west coast was starting to feel like they were home again.

All in all, it really has been a good winter, from my point of view anyway. We saved a fair bit on our hydro and gas bills and didn't waste scads of time shoveling. Bonus! Keep your fingers crossed that April doesn't repeat itself like last year.

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## Winter indoctrination for Kindergarten students

By WO J.W. Hooyer, Ops WO, B-Coy, 2 PPCLI

Some time before Christmas my son, Joshua, asked me if I could go to his school for show and tell. Not wanting to disappoint him of course I agreed. There were a couple of small problems. When would I be able to find time to go and what could I do or bring that would interest the children.

After some thought and a little pressure from Joshua I thought an Arctic display - shortly after Christmas would be ideal. I approached the school principal Marcey Dveris and discussed the possibility of bringing 6 Pl of B-Coy, complete with our tent groups to Carpathia School for this purpose. Mrs. Dveris thought it would be a good opportunity for the students as it tied in well with their study of winter.

On the 9th of January, Joshua brought myself and the other members of 6 Pl to school for his show and tell. We brought along with us our toboggans with all the equipment, stores and tools normally packed with our tent groups as well as our rucksacks with all of the clothing we need to survive in Arctic conditions.

In the comfort of the school gym the soldiers set up a display of a toboggan completely packed and another unpacked with it's contents spread out across the gym floor. The same type of display was set up for a rucksack. This gave the students of the morning nursery and kindergarten classes, the chance to see all of the clothing and equipment we require for winter

operations. Several students tried on a helmet or empty rucksack. Some even slipped into the toboggan traces (harness) and attempted to pull the toboggan, some with more success than others.

The students then moved outdoors. Once again our infamous Winterpeg conditions cooperated whole heartedly with falling snow and high wind-chill effect. Any concerns for the wind-chill were quickly dismissed as the students enjoyed a cereal bar and apple juice in the comfort of a well heated ten man tent. Some of the students were rather concerned as to the whereabouts of the TV and Nintendo. Obviously a necessity on excursions of this nature.

Joshua's show and tell went off without a hitch and the soldiers seemed to enjoy themselves almost as much as the students.



Dustin Mutch and classmate William Card prepare to pull a toboggan with the help of Pte Mike Turner & Pte Kevin Lentin.

## Practice makes perfect



The Cadet Honour Band of Prairie Region has been working hard in preparation of a superb performance on Monday, 13 April 1998 at the Centennial Concert Hall, 555 Main Street, Winnipeg. The concert begins at 7:30 p.m.

Tickets are \$10 and can be obtained from any cadet unit in Manitoba, the Navy, Army and Air Cadet Leagues, or at Ticket Master, 780-3333.



Pte Shane Keating and students of the morning junior Kindergarten gazing intently at a lantern.

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# CFSAS evolution & awards Continued from page 1



LCol Haines presents Maj Ulrich Jaggi the second clasp to his Canada Decoration.

half of their merit list who exhibit good potential for promotion. The course is a prerequisite for promotion to the rank of major. CFSAS has just completed the second AAOC proof of concept course.

The AAOC focuses on aerospace operations, doctrine, and command and control. It is designed to prepare junior officers for the responsibilities of higher rank and for employment in a joint operations context or in a higher level headquarters. Using the joint operational planning process as an enabler, the course's interactive syndicate format allows course members to share with their peers the wealth of experience they bring to the course. This leads to the breaking down of barriers between the various warfare communities within the air force, and expands the professional knowledge of all course members. Also critical to the success of the course is its extensive use of guest lecturers.

Aside from these two new courses, the Officer Development Flight has also taken on responsibility for conducting the Battle Staff Course, and has developed into a centre of expertise which the air force can draw upon.

Another instructional flight undergoing significant change is the Electronic Warfare (EW) Flight. It is gearing up to instruct its first Advanced Operational Electronic Warfare (AOEW) Course this April. This four-week course will qualify personnel to occupy squadron, wing, and higher headquarters positions, in which they are responsible for advising on and developing EW plans, tactics, training, and requirements. This course is a significant departure from the previous Advanced Electronic Warfare Course, in response to the growing importance of EW in air force operations.

The prerequisite to this course is the Basic Electronic Warfare (BEW), a one-week course that provides a solid foundation in EW fundamentals and is available for the ranks of corporal to major. For generals and senior officers, the Senior Officer Electronic Warfare (SOEW) course will be offered in October at Ottawa. This four-day course is intended for base commanders, squadron commanders, and staff officers involved in EW operations, plans or require-



LCol Haines presents Lt(N) Mike Fitzpatrick with his Canada Decoration. Lt(N) Fitzpatrick was also presented his OPDP certificate of completion.

ments. Attendees range in rank from Lieutenant-Colonel to Brigadier-General. For those attending these courses or any one wanting to learn more about basic EW principles, an EW manual will soon be available on the Defence Information Network.

The Space Flight has also seen changes designed to both improve their training and make it more available to CF personnel. During the annual course review, the Space Flight began a continual restructuring of BSIC training. The goals are to update lesson content and increase the space training relevancy for the student. To support these goals, redundant teaching points were deleted and a Space Control lesson was created to reflect recent space issues. Two hours of Space Integration were created and now form the capstone of the course.

In addition to improving the course content, the Space Flight also made the course more available by taking it on the road. For the first time in the history of the Space Flight, two serials were given outside Winnipeg. Serial 9708 was held in Halifax, Nova Scotia at the Canadian Forces Maritime Warfare Centre (CFMWC) and serial 9709 was given in Esquimalt, British Columbia at the Acoustic Data Analysis Centre (ADAC). The General and Senior Officer Space Indoctrination Course (GSIC) also went on the road recently as the course has been integrated into the newly restructured general officer training program.

Space Flight has also looked to forge new links in the international military community. Maj Steve Delory and Capt (USAF) Rick Trinkle attended the "Sistema de Cooperacion entre las Fuerzas Aereas Americanas" (SICOFAA) conference in Ottawa. Maj Delory delivered a lecture on the advantages of integrating the Global Positioning System (GPS) with Inertial Navigation Systems (INS) through the use of Kalmann filters. Capt Trinkle briefed the 14 member



LCol Haines presents Capt Rob Gascoigne with the Navy Commendation Medal. Capt Gascoigne was awarded the medal by the United States Navy in recognition of meritorious service while on exchange duty with U.S. forces.

nation panel in Spanish on the flight's International Basic Space Indoctrination Course (BSIC).

While the other instructional flights concentrate on the future, the Aerospace Systems Flight will be looking to the past as the flight looks to celebrate the completion of fifty years of Aerospace Systems training. To mark the occasion, the graduation ceremonies for Aerospace Systems Course (ASC) 50 at the end of this June should be something extra special.

Other notable events for the flight over the last year included the first ever visit by the ASC to aerospace industries in Sweden. ASC 49 visited Saab Military Aircraft, Ericsson Saab Avionics and Celsius Tech Electronics, with the visits being a great success. Sadly, 1997 also saw the end of the CF/RAF exchange tour between CFSAS and our sister school at RAF Cranwell with the departure of Squadron Leader Mike Lence and his family back to Boscombe Down. However, the ASC kept its international flavour as participation in the course by the Royal Australian Air Force continued for the fifth consecutive year and the sixth year in all.

Last, but certainly not least, is the Language Training Centre (LTC). It too is facing major changes this year. Currently located at the Radisson Airport Executive Centre on Wellington Ave, the LTC will be moving to the renovated third floor of Building 62 in July 98. It will also be improving the training it provides by putting a new training standard and curriculum in place for Continuous French Course (CFC) 9801 in Aug 98. Despite these daunting tasks, the LTC will continue to run the 10 month Continuous French Course for all ranks and occupations.

As you can see, CFSAS is facing change head-on and, through being proactive, should successfully evolve in order to meet the current and future needs of Canada's air force.

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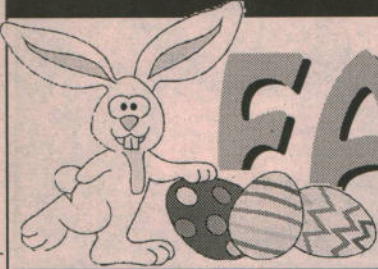
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# CDS visits 17 Wing Winnipeg



CDS commends Private K.L. McDonald, 402 Sqn. Private McDonald attended a cadet band concert at the Manitoba Centennial Concert Hall on 4 April 1997. Shortly after the concert started, the guest conductor collapsed in the backstage area. A check of the latter's vital signs revealed that he had ceased breathing and had no pulse. Private McDonald immediately commenced cardiopulmonary resuscitation (CPR). The individual was temporarily revived, but then his heart stopped again. Private McDonald resumed CPR until she was relieved by the emergency rescue personnel who continued CPR and administered two electro shock treatments before the individual was again revived. Without Private McDonald's competence, initiative and tenacity, the individual would not have survived his heart attack. Private McDonald's actions have brought credit to the CF.

The Chief of the Defence Staff met with various units and awarded two commendations during his recent visit to Winnipeg.

All photos by Wing Imaging, Cpl D. Payne



CDS presents Cpl W.R. McLeod with his Award of Excellence for placing second in the Professional Open category of the Canadian Force Photo Contest.



CDS commends Major J.G.M. Desjardins, Mission des Nations unies en Haïti. Le major Desjardins a joué un rôle crucial dans la planification et la mise en oeuvre d'un concept technique qui a contribué au succès du déploiement de 7000 personnes, dans le cadre de la mission onusienne en Haïti, en 1995. Travaillant avec une petite équipe, il a démontré ses qualités de chef en réglant un problème très complexe et en s'assurant que tout soit en place avant l'arrivée du corps principal de la mission. Ses qualités exceptionnelles de gestionnaire lui ont permis de mettre sur pied une équipe efficace composée de militaires et de civils de plusieurs pays, ce qui a aidé au bon déroulement de toute l'opération. Le rendement remarquable du Major Desjardins au cours de cette mission a fait honneur aux Forces canadiennes.



Clothing Stores personnel (south side) from left to right: Cpl MacLean, Mrs. Van Helvoert, MCpl Bertrand, WCOMD, CDS, Lt Bisson, A/WSUPO, CWO T. Smith and Mrs. Maffiola, supply tailor.



Col Watt presents General Baril with a copy of the Winnipeg Free Press' 'Red River Rising', on behalf of all 17 Wing personnel.



Left to right: MCpl Allen, LCol Lamb, Gen Baril and Pte Wilson atop a 402 Sqn Dash-8.

## Around the Canadian Forces

### Did you know...

#### INTERNATIONAL AFFAIRS

##### Canadian Charged in Arms Sale Plot

27 March 1998 - The Canadian man who was charged in a plot to sell surplus Canadian military helicopters to Iraq was sentenced to two months in jail last Wednesday. Manuel Oliverira pleaded guilty to an attempt to export restricted arms to Iraq and to exporting aircraft without a federal permit (Ctz A7, G&M A4, Gaz A11, TStar A15).

##### UN Weapons Inspections in Iraq

27 March 1998 - UN weapons inspectors conducted their first inspection of Iraqi presidential compounds last Friday, 27 March 1998. Iraq President Saddam Hussein agreed to the inspections on the condition that the arms experts be accompanied by diplomats. The report said that UN inspection officials continue to believe that Iraq is concealing material related to banned chemical, biological or ballistic weapons (Ctz A9).

##### Peacekeeping Mission in Africa

27 March 1998 - The federal government reportedly is preparing to send peacekeepers back to

Africa with a new UN mission. CF members would provide logistical support to a mission in the Central African Republic. Sources indicate the federal cabinet has not made a final decision & said the government is awaiting formal request from the UN (G&M A3).

##### Landmine Program Launched

27 March 1998 - In Budapest yesterday, Foreign Affairs Minister Lloyd Axworthy told representatives from 19 countries that Canada will launch a \$10 million landmine program, which will focus initially in northwestern Bosnia. This project will be the first

action taken under the \$100 million landmine fund announced earlier by Canada. Axworthy affirmed that the landmine ban is "firmly in place and it is here to stay, because millions around the world demand that it be so" (Ctz A6, TStar A13).

##### NATO Expansion

27 March 1998 - The German Parliament voted yesterday to ratify a treaty on NATO expansion which will add former Warsaw Pact nations Poland, Hungary & the Czech Republic to the alliance (FP 2).

### 17Wg Ops Situation Report

16 - 22 MARCH 98

OPERATION	COUNTRY	PERS DEPL
Op Bison	Italy	9
Op Calumet	Egypt	1
Op Danaca	Golan Heights	10
Op Palladium	Bosnia	1
CFS Alert	Canada	3
Op Determination	Kuwait	94
Strong Resolve 98	Norway/Denmark	20
Pers Task/EX/TD	Various	16
<b>TOTAL PERS DEPLOYED</b>		<b>154</b>

### FROM THE MINISTER

#### Reimbursement for Ice Storm Costs

26 March 1998 - Treasury Board has agreed to reimburse the Canadian Forces \$60 million for the money the military spent on ice storm relief in January. Defence Minister Art Eggleton reportedly had to persuade his cabinet colleagues in order to obtain the money. He explained that there is a provision in the military budget for this kind of expense, but said the amount is limited and "we couldn't afford to absorb the \$60 million" from the ice storm as well as the \$30 million spent helping in the Winnipeg flood (Ctz A5, G&M A6, TStar A6, Gaz A11).

# 17 Wg Medals & Presentations



MWO P.L. Gagné, WEME, receiving his new rank.

*An awards ceremony was conducted in the Officers' Mess on 27 January 1998.*

*Congratulations are extended to all members who received medals and to MWO Gagné on his commissioning to the rank of Captain.*



Capt P.L. Gagné being congratulated by WComd.



Cpl C.J. Cochrane, 1 AMS, receives his CD from WComd.



Cpl C.S. Spafford, 402 Sqn, receives his CD from WComd.



Cpl D.E. Gowen, WSupply, receives his CD from WComd.



Cpl S. Robinson, Wtn, receives his CD from WComd.



Cpl J.M.M. Fillion, WSupply, receives his CD from WComd.



CWO L.A. Smith, WCWO, receives her CD2 from WComd.



Cpl T.J. Hicks, 402 Sqn, receives his SSM from WComd.



Cpl D.L. Germann, WSupply, receives her Somalia Medal from WComd.



Cpl C. Bettoni, 1 AMS, receives his Somalia Medal from WComd.



MWO B.J. Van Acker, CFS Met, receives his Nato Service Medal - former Yugoslavia, from WComd.



MCpl S.R. Sigurdson, CFS Met, receives her Nato Service Medal - former Yugoslavia, from WComd.



PO2 B.W. Dorie, WSupply, receives his Nato Service Medal - former Yugoslavia, from WComd.

# 17 WING SPORTS

## CFB Wpg Golf Club

The CFB Winnipeg Golf club will be holding its Annual Meeting 29 April 1998 in the clubhouse, 7:00 p.m. for 7:30 p.m. Please come out and provide your input.

### CFB WPG GOLF CLUB 1998 Membership Application

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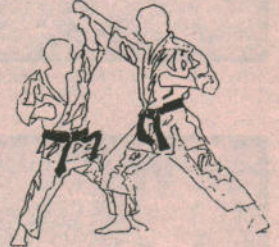
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## 17 WING SHOTOKAN KARATE CLUB

The 17 Wing Karate Club now has a membership of 35 students, both children (age 7 yrs and older) and adults. As a club, we would like to announce that we now have a Web Page and that we will update events and club news on a regular basis. Check it out at <http://www.pangea.ca/~rmurray/karate/>



If you or your family are interested in Karate, we are still accepting members, so feel free to stop by and have a look. Classes are held in the multi-purpose room at The Westwin Community Centre, Tuesdays & Wednesday 7:00 - 8:30 p.m. and Fridays 5:30 - 7:00 p.m. Cost: Adults \$25/month, Children \$20/month and family discounts are available.

For more information call Sgt Alain LeBlanc ext: 5266 or 889-3484 (res). Students must have a 17 Wing Rec. Card.

## Bonnie Bonnet Bonspiel

Submitted by MWO Kathy Cox

February 13 - 15, 1998 saw the CFB Ladies Curling Club hosting their annual Bonnie Bonnet Bonspiel. This year, being the 40th Anniversary of the club, they had many special events including the opening ceremonies. The VIPs and curlers were piped onto the ice by two pipers from 402 Sqn, 17 Wing Winnipeg. MLCA President Nancy Rummery threw the first rock, while Jean Common, who joined the club in 1966, held the broom. Sweepers were two of our club's honorary members, Jean Sauder and Leila Farrell. Our Ladies' President, Vicki Allard, gave a brief welcome to all the curlers and gave a little background on all our VIPs.



MLCA President Nancy Rummery throws the first rock with sweepers Jean Sauder (left) and Leila Farrell (right).

The Bonspiel was a great success with good curling, good fun and a great banquet with entertainment on Saturday night.

The winners of the "A" event were the Val Mennie rink from CFB. "B" event went to the Donna Hay rink, also of CFB and the "C" event was captured by Brenda Bay from the Pembina Curling Club.

A big thanks goes out to the Chairman of the bonspiel, Pam Garychuk and her committee. We would also like to thank the following establishments for their donations: Airliner Hotel, Celebrations Dinner Theatre, International Inn, Holiday Inn Airport West, Radisson Suite Hotel, Winnipeg Airport and the Viscount Gort. They all helped to make our bonspiel a great success.



402 Sqn Pipers, Sgt Blaine (left) and Pte Stibbard (right), VIPs and curlers.

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# “Cheese”

By Lt(N) Tess Drabick, Hangar Line Chaplain, ext. 5349

A few years ago my grandmother wanted to have a family portrait taken. Two parents, seven siblings and spouses and fourteen grandchildren all of whom came in from two provinces and two countries. All of us clean, well dressed and situated in a grassy valley with the family homestead in the background on top of a hill. To this day it is one of my favourite photos.

This was truly a family event, for it had the three necessary criteria. First, it was an occasion requiring more phone calls than the combined ages of all involved. Second, everyone in the photo experienced at least one warm, fuzzy feeling of togetherness. Third, we would all gather together for a special mass. Times like these don't come around very often, as time passes more of us are moving away from the area.

Before I dozed off that night, I thought about how much we have changed over the years. Some siblings had grown closer together while those of us who have moved away envy the closeness they share. Personalities, hobbies, likes and dislikes, attitudes and beliefs are so varied.

I remember the days when all that was needed to gather the clan was Mom's two words - "Dinner's Ready". This was shouted to the four corners of the neighbourhood and brought instant action.

Nowadays this is not a simple task. It occurs only at Christmas and maybe at the annual 1st of July bash. In order to gather today, trains, planes and rental cars are needed. Everywhere, I thought, a creeping complexity replaces our former simplicity.

The next morning I was sitting quietly in my childhood bedroom, it has since been converted into an office. The sun still hits the wall at the right angle and the old wallpaper reminded me of a simpler time. I had always cherished this room, and for some reason time and familiarity had made its existence important.

I began to think of my family again—this time, not how we once were but how we are now. In this light I see that we do have our differences but that we try to lead Christian lives and be responsible citizens in the

areas where we live.

At that moment I could feel the presence of someone in the doorway. It was my mother. I thought that perhaps she would offer me some morsel of wisdom to complete this perfect moment.

She looked at me and said, "do you mind tidying up this room, and what mass are you going to this morning?"

With these words the world of reality came whirling back. I sat stunned for a second until one of my brothers could be heard down the hallway saying that there was no more hot water. The hairdryer went off in another room. The smell of coffee and toast wafted through the air.

As my mother retreated downstairs I heard her say "Breakfast's ready!"

## Members' Statement

By Marcel Laurendeau, MLA for St. Norbert  
As read on March 19, 1998

Madame Speaker...



I am pleased to highlight the efforts and achievements of two teens from my constituency. It is my honour to congratulate John Weber and Owen Nagy of St. Norbert for being selected as members of the 1998 Cadet Honour Band of the Prairie Region. They were chosen out of 210 sea, army and air cadet units from across the Prairies to represent the region.

John is a skilled saxophone player from the 191 West Winnipeg Rotary Royal Canadian Air Cadet Squadron. Owen is a member of 177 Air Canadian Royal Canadian Air Cadet Squadron, performing on the bagpipes. I would like to applaud John, Owen and all of their counterparts in the Honour Band, for their dedication to citizenship and self-development through the Canadian Cadet organizations.

On behalf of all members of the House, I would like to wish the 1998 Cadet Honour Band of the Prairie Region luck as it tours the prairies, holding concerts in Thunderbay, Winnipeg, Regina and Edmonton. It truly is a privilege for these young people to represent not only their respective squadrons, but also their communities and provinces across Western Canada.

The repertoire of the Honour Band is quite extensive, ranging from classical to contemporary pieces, their performances will have something to meet a wide variety of musical tastes. Moreover, the Honour Band has incorporated military marching into the show. The public is welcome to attend the concert at the Manitoba Centennial Concert Hall on Monday, April 13.

With the aim of promoting good citizenship and leadership among our youth, the Royal Canadian Sea Cadets, Royal Canadian Army Cadets and the Royal Canadian Air Cadets provide enthusiastic young people with the opportunity to learn about the sea, land and air elements of the Canadian Armed Forces. It is always inspiring to receive good news stories about the activities of the young people of our community.

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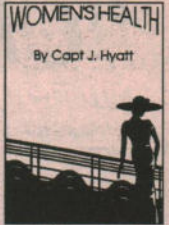
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pour **Conjoints**

Contact/Communiquez avec **Garry Lind**  
at/au (204) 774-1781

or/ou

Call/Appelez le 1-800-267-6681, in/à Ottawa le 995-8741

# Warning signs of breast cancer



Early detection is the key to the successful treatment of breast cancer, and therefore, of survival. While the following warning signs may be an indication of breast cancer, they are not all-inclusive. However don't ignore them, they may be early warning signs and require immediate contact with your doctor.

- a lump in the breast
- an unusual increase in the size of one breast
- one breast unusually lower than the other
- a puckering of the skin of the breast
- a new dimpling of the nipple

- an unusual swelling of the upper arm
- a change in the skin of the nipple
- enlargement of lymph nodes in the neck or arm
- cloudy or bloody discharge from the nipple

Take the following quiz and see how you do!

## Estimating your personal chances of developing breast cancer

Every woman is at risk of breast cancer, simply because she is a woman! In fact, 99 of every 100 breast cancers appear in women. The SELF-QUIZ below lists the risk factors of developing breast cancer. It will take only about a minute of your time to pinpoint your personal chances of developing breast cancer.

RISK FACTOR	CATEGORY	POINTS	SCORE
Your Age	Under 30	10	
	30 - 40	30	
	41 - 50	75	
	51 - 60	100	
	Over 60	125	
Your Family History	No Breast Cancer	0	
	1 Aunt or 1 Grandmother	50	
	Mother or Sister	100	
	Mother + Sister	150	
	Mother + 2 Sisters	200	
Your History	No Breast Cancer	0	
	Previous Breast Cancer	300	
	Childbearing		
Menstrual History	First Baby before age 30	0	
	First Baby after age 30	25	
	No Children	50	
Body Type	Began menstruating age 15 or over	15	
	Began menstruating age 12-14	25	
	Began menstruating age 11 or under	50	
TOTAL SCORE	Slender	15	
	Average	25	
	Overweight	50	

Your total score gives only a general indication of your present risk category. If you develop any symptoms, see your doctor at once.

- Total Score Under 200  
LOWEST RISK
- Total Score = 201 - 300  
MEDIUM RISK
- Total Score = 301 - 400  
HIGH RISK
- Total Score = Over 400  
HIGHEST RISK

WDEC

## Report



by Capt J Hyatt

A supervisor afternoon is being planned for 20 April 98 in the CFSAS Theatre. As many MCpl's, and above, as possible, from each unit would be appreciated. It's been hard to get a definite schedule in place so you can forecast for these sessions, but every attempt for early notification will be used.

I also have a new video teaching package called BE A GOOD NEIGHBOUR - BE A DESIGNATED DRIVER. It's quite good. UDEC's are more than welcome to borrow it for use at their units.

Here are the stats for the month of February:

- 4 persons involved in impaired driving offences;
- 4 persons involved in violent incidents where alcohol was involved;
- 4 persons were intoxicated in other non-violent incidents.

# COMMUNITY CONNECTIONS

MILITARY FAMILY RESOURCE CENTRE, 350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

## CHILDREN'S PROGRAMS

For information on any of the following programs contact Wendy Richardson at 833-2500 ext. 6846 (Lipsett Hall) or ext. 2491 (Westwin Children's Centre)

Please note that all children's programs will be cancelled during Spring Break.

### FUN WITH MUSIC

This is a program for 3 - 5 year olds. Music concepts such as rhythm, pitch and sound making will be developed as well as listening skills, creativity and an appreciation for music.

Westwin Children's Centre, Wednesday mornings, 11:20 - 11:50 (after nursery school). Starting 15 April 1998.

Lipsett Hall Nursery School, Monday mornings, 11:20 - 11:50 (after nursery school). Starting \*14 April 1998

Cost for this program is \$20 for 10 weeks.

\*NOTE: Due to Easter Monday, the first class will be held on Tuesday, 14 April 1998.

### GYM & MOVEMENT

Come and learn to play with your child. The program includes developing large muscle skills, creative movement, parachute games and co-operative games.

Parent participation required.

Lipsett Hall Nursery School, Wednesdays, 1:00 - 2:00 p.m.

Starting 15 April 1998. Cost is \$20 per family for 10 weeks.

### NURSERY SCHOOL

We offer the pre-school child the chance to socialize in a happy, friendly environment.

Activities include learning centers, stories, songs, free play, arts and crafts, games, drama and large muscle play. There is a non-refundable annual registration fee of \$15.

#### REGISTRATION FOR NURSERY SCHOOL

We are currently taking registrations for all Fall 1998 Nursery Programs.

Children must be 3 years old by December 1998 to register.

Lipsett Hall Nursery School, Mon., Tues., & Thurs, 9:00 - 11:15 a.m.

\$72 for 3 weeks or \$55 for 2 weeks.

Westwin Children's Centre, Wed. & Fri., 9:00 - 11:15 a.m., \$50 per month

**PLEASE NOTE:** Fees for our Drop-Off Child Care will be going up effective May 1, 1998. This program has been heavily subsidized by Wing Lotto in the past. Wing Lotto no longer exists and our fees must go up to help cover the cost of this program. Fees will change to \$2.00/hour for the first child and \$1.00/hour for the second child in the same family. We will also ask that parents provide snacks for their child(ren) for this program. These changes will be effective as of May 1, 1998.

## MARCH WING LOTTO WINNERS

March 5	#100	Cpl Rideout	MANLKHD
March 5	#38	Capt Auguston	1CAD
March 19	#92	Sgt Snow	402 Sqn
March 19	#82	LS Collins	2PPCLI

Congratulations to our last winners of the Wing Lotto. Thank you 17 Wing for supporting Wing Lotto.

## YOUTH PROGRAMS

For information on any of the following programs contact the MFRC

### NEW! NEW! NEW! NEW! NEW

#### COFFEE HOUSE JUST FOR TEENS

Join us at the Youth Centre on Wednesday nights from 7 - 9 p.m. Coffee, tea, good music and great conversation are in order. Hope to see you there.

#### AFTER SCHOOL PROGRAM

The MFRC Youth Centre is open on Monday from 4 - 5 p.m. and Tuesday and Thursday from 3:30 - 5:30 p.m. for the After School Program. Activities include arts and crafts, board games, computer, foosball, air hockey and videos. If you are in grade 1 to 6, this is a great place to meet friends and have fun.

Cost: Members FREE and Non-Members .50¢

#### DROP-IN

On Monday and Thursday from 6:30 p.m. - 9:00 p.m. the Youth Centre is open for Junior High and High School students. Drop in to the Centre and see what it's all about. Cost: Members FREE and Non-Members .50¢

#### SPECIAL PROGRAMS

##### MOVIE NIGHT

Join us at the Youth Centre for a night of movies, popcorn and fun. Movie night is held once a month on Friday night. The doors open at 6:30 p.m. There is no charge for the movie and the canteen will be open.

Please register in advance to ensure that an age appropriate film may be chosen.

Next movie nights are: April 17, May 8 and June 12

# Single military parents: Flying solo!

By Captain Cathy Sherman, ext. 5116

Earlier this year, I generated a survey from the Community Health Office at Bldg 62 to ascertain the needs for childcare for single military parents. This is not to be confused with the MFRC day care survey currently circulating (by the way - please hand in the latter if you have not already done so). Although we are proposing two distinct types of childcare, both have the potential of interacting quite viably.

Response to the single military parent survey was enthusiastic and I thank everyone for their support. Special thanks to the MFRC and to Beth Rogers for their guidance and ongoing dedication to this cause. For those who have not been contacted and wish to be involved, please don't hesitate to contact me.

According to the survey, single military parents account for at least 5% of Winnipeg's Military members. This is a conservative estimate. The percentage could be translated to upwards of 3000 single military parents and approximately 5500 dependants across the Canadian Armed Forces.

Single military parents are in a unique situation as is our need for childcare. We don't fit into the single numbers, as we have dependants. We don't fit into the married statistics, as we have no spouse. The excep-

tion would be married military members with dependants who are simultaneously deployed in different directions or on a separated posting. We are from all ranks and MOCs. In calculating gender, I discovered approximately 50% split between single fathers and single mothers. We have children of all ages. We are career oriented and dedicated to the military but when we are tasked away, most of us must find "foster" parent families to care for our children. 63% of those surveyed, have no other family in the area.

The majority of us would ideally prefer to have childcare in our own homes, but many of us would consider childcare in another family's home. As everyone is aware, the stress on families left behind when military members are tasked away, can be phenomenal. The children left behind when a single military parent deploys have a great need for the security of familiar surroundings and loving care, to

maintain stability and emotional health.

The military ideal of being "one large family" becomes tantamount in this situation. Everyone can empathize. I received some responses from married members who would want to help and that really is very touching. As a group, we are certain that there are more of you out there and we would be grateful for any offer of help and support. If you are a single member and you would be interested in "live-in" childcare, your help would be appreciated too.

Single military parents will meet monthly until we have a concrete action plan in progress. Meetings will be held on the last Thursday of every month at 1330 hrs in Bldg 62. We hope to see you there. The next meeting is April 30, 1998.

If you need more information, please contact me (Cpt Cathy Sherman) at ext. 5116.

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<b>The Postman</b> FRIDAY & SATURDAY APRIL 3 & 4 PARENTAL GUIDANCE, VIOLENCE	<b>THE BOXER</b> SUNDAY & MONDAY APRIL 5 & 6 PARENTAL ACCOMPANIMENT
---	--

<b>Spice World</b> THURSDAY & FRIDAY APRIL 9 & 10 PARENTAL GUIDANCE	<b>ANASTASIA</b> SATURDAY MATINEE 2:00 P.M. APRIL 11 GENERAL
--	---

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WCOMD'S COFFEE BREAK EVERY WEDNESDAY 1000-1030 HRS  
 FRIDAY, 3 APRIL 1998 ..... TGIF - PIZZA  
 • You must be signed in by 1730 to be eligible for the 80/20 draw.  
 FRIDAY, 10 APRIL 1998 ..... TGIF - BBQ CHICKEN  
 • You must be signed in by 1730 to be eligible for the 80/20 draw.  
 SUNDAY, 12 APRIL 1998 ..... SMORGASBORD DINNER  
 • Reservations: Open Now - Close 8 April • Dress: Casual

## WOs' & SGTs' MESS

SUNDAY, 12 APRIL 98  
 EASTER BRUNCH  
 1030 - 1430 hrs.  
 WSMN Dining Room Bldg 60  
 Tickets available until 9 April.  
 WEDNESDAY, 15 APRIL 98  
 WCOMD'S COFFEE BREAK  
 Time: 1000 hrs Place: OMN

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# WHAT'S HAPPENING

## Posted to 4 Wing Cold Lake?

### MEDLEY FAMILY AND COMMUNITY SERVICES

Medley Community Centre, Building No. 674, 4 Wing, CFB Cold Lake,  
P.O. Box 5260 Station Forces, Cold Lake, Alberta T9M 2C3  
Phone (403) 594-6006

Office hours 0800 - 1630 Monday to Friday (including lunch hours)

Medley Family and Community Services exists to provide services and programs that serve to strengthen family and community life. Through volunteer efforts and community input, needs are identified and programs established.

We offer **Information and Referral**; **Family Education and Preventative Programs**, such as Before and After School Supervision, Youth/Teen Centre, parenting Courses, Suicide Prevention Seminars, Connecting Friends, and Spouses of Spouses Away; **Counselling** (individual and family); **Community Services and Events** such as RV Compound, Arts and Craft Shows, Medley Days and Canada Day; **Childcare Services** such as Day Care, Satellite Day Homes, Babysitting, Pre-School, Toy Library and Play With Me; **Lifeskills Programme**; **Volunteer Opportunities** and much, much more!

We are looking forward to your arrival. We will help you get settled in your new community. We invite you and your family to contact or visit our offices. We can help you find information you may need to get settled in, meet other members of the community and more. Give us a call or drop in!

## FRENCH BEGINNER COURSE

As of April 98, a computer-assisted French as a second language course for beginners is starting. A teacher will help orientate, accompany and make you practice. The computer multimedia is your book.

Beginner 1: duration 60 hours between 1 April - end of June 98.

Beginner 2: duration 60 hours between 1 April - end of June 98.

You will be tested at the end of your training. You organize your own schedule. Anyone interested in taking advantage of this training or for more information should call MCpl Godin at ext. 5822.

## Swim Lessons

Swim Registration: 4 April 1998, 0900 - 1200 hrs at the Lipsett Hall Gym.

"Last Chance" Registration: 6 April 1998, 0800- 1200 hrs at the Westwin Community Centre.

Cost: \$25 per person. Bronze Cross and Bronze Medallion Courses have an additional cost for books.

Lessons: will commence at at Lipsett Hall Pool will start 18 April 1998 and run for 10 weeks (Saturday mornings only).

Lessons at Bldg 90 have been cancelled until renovations are completed.

Classes offered are: Red Cross Aqua Levels 1-12, Aqua-Tots, Aqua-Adults, RLSS Bronze Medallion/Bronze Cross (if enough interest).

For more information, please contact Carla Ryan, Community Rec. Director at 833-2500 ext. 2059.



## 17 WING CERAMIC CLUB

Come out to the Ceramic Club & learn a new hobby or renew an old one. Special hand made gifts for Christmas, Birthdays, Anniversaries and Weddings. We will be happy to help you.

For more information, please call Michelle at 831-0113 or contact the Club at 833-2500 ext 2496.

## WANTED

### SOCCER PLAYERS

for the 17 Wing Ladies Soccer Team

Can be service member, dependent or civilian! Practicing indoors until the weather warms.

Please contact Tanya McLeod at ext. 5802 or 487-3516 for more info.

## 17 WING WOODWORKING CLUB

**Located:** Building 33 (Family Resource Centre)  
**Hours:** 24 hours a day seven days a week  
**Cost:** \$50 + GST per year individually or \$75 + GST family (dependents over eighteen).  
**Equipment:** full complement of stationary and hand tools  
**Sales:** limited supply of hardwoods  
**Discounts:** hardware store discount cards and access to wholesale lumber  
**Contacts:** Pres. Capt Steve Wilson ext 5145  
Vice Pres. WO Robin Desjarlais ext 5825  
Sec. Maj Bill Seymour ext 5206  
Treas. WO Greg Speakman ext 5047  
Equip. Cpl Guy Jabusch ext 5404



## CADET HONOUR BAND OF PRAIRIE REGION

5th Annual

## CONCERT TOUR

Centennial Concert Hall

555 Main Street, Winnipeg

7:30 p.m. - April 13, 1998

Sea, Army and Air Cadets from across Western Canada will participate in this very special event, playing a variety of musical selections including "Finale" from Shostakovich's "Symphony No. 5", "Can You Feel The Love" from "The Lion King", and "Highland Cathedral".

Tickets \$10

Available from any cadet unit in Manitoba, the Navy, Army and Air Cadet Leagues and at Ticket Master 780-3333.

## Wing Chaplains' Information Line

is now available in bilingual format.

To obtain service timings or to reach any of the chaplains or chapels, press 6800 and follow the instructions on the menu.

## Norman Art Group Spring Show

will be held at the

St. James Legion (Portage & Brooklyn St.) Winnipeg

Thursday, April 23 from 3:00 to 9:30 p.m.

Everyone is welcome!

Free admission, refreshments and door prizes.

MLA Linda MacIntosh, a former member of the club, will be on hand at 7:30 p.m. to present the awards to the winners of the show juried by Gary Essar, the newly appointed Curator of the Pavilion Art Gallery in the Assiniboine Park.

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Télécopieur: (905) 846-1597

E-mail: connexfran@aol.com



## Newcomers' Club of Winnipeg

Are you new to the city?

Are you feeling a need to socialize?

If so, please join us for a monthly coffee party and/or general meeting. The Newcomers' Club of Winnipeg meets on the third Wednesday of each month. The many monthly activities, including bridge, 'Bon Appetite', potluck lunch, crafts, book club, provide an opportunity to make friends in the city.

For more information, call 992-2999 and leave a message. Someone from our Hospitality Committee will return your call.

Plan to join us and remember "You are not alone."

# PERSONAL CLASSIFIEDS

## EVERYBODY'S MARKETPLACE

### MISC. ITEMS WANTED

Wanted - Will buy used Karate Suit, must be in good condition, any size. Please contact Alain Leblanc, 889-3484.

### CHILD CARE WANTED

Babysitter Wanted - Schedule may vary greatly, days, evenings or weekends. Number of hours may vary greatly from week to week. Required particularly from April to November. Two children, ages 4 and 8. You may babysit in your home during the day time, evenings must be in my home. Please contact Céline at 487-0887.

### CHILD CARE

I will babysit ages 0-3 in my South Side PMQ. I am a member of the Base Babysitting Co-op. MP check and child abuse checks have been completed. Receipts and references available. Call Valerie, 489-2304.

Recherche: Bonne d'enfants permanent à temps plein chez nous pour nos trois jeunes enfants. Appelez Louise au 284-8794.

Qualified CPR and First Aid, 15 yrs + experience. Loving and caring home, South Side PMQ area. Full or part-time available. References upon request, call Gail 487-0132.

Experienced mother is offering child care in my south side PMQ. Lots of fun and TLC. Healthy meals and snack provided. Any age, full or part-time. Receipts upon request. Please call Marie, 489-7512.

## Military Community Council Family THRIFT SHOP

### HAS RE-OPENED

Under the New Management of Diane Brine  
**New Location:**  
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 347 Doncaster Street  
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**Hours of Operation:**  
 Tues. 6 - 8 p.m.  
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Volunteers Needed  
 Open an Account  
 Material donations accepted

**QUESTIONS?**  
**CALL 488-4177**

### MISC. FOR SALE

For Sale - Grandfather clock, handmade in Germany, oak cabinet, excellent condition, \$1,500. Wall unit, excellent condition, oak, \$475. Stair Climber with multiple settings, \$225. Numerous baby items incl: Fisher Price playpen \$100, infant car seat and more. Phone 489-6332.

For Sale - Recreation/utility trailer, ideal for quads/snow-mobiles/summer yard work. 8'x4', coils with shocks, excellent ride, 13" wheels, extremely low miles, \$600 OBO. 889-7734.

For Sale - Almost new, barely used, Kenmore stove/self clean oven, \$700 (paid \$1050 incl. tax). 832-6843.

For Sale - Dining room table w/6 chairs, black, very elegant, must sell, \$675 OBO. Hanging blinds, havana grey, very durable, 100"x84", sacrifice for \$75. White desk, 2 shelves, \$15. 3 piece desk, 3 drawer, 1 cupboard, 60"x24", stained wood, well built, \$75. Mac LC computer, color monitor, Image Writer II color printer, 4MB Ram, 40MB HD, loaded with software and some games, excellent kids or second computer. Asking \$495. Call Mike 832-4456.

For Sale - Love seat & sofa, wide striped hunter green and beige, asking \$450. Call Mike 832-4456.

For Sale - 1976 911 Targa Carrera, imported from Germany, 2.7L fuel inj., 4 spd man., repainted w/black trim and int., Alpine AM/FM stereo cass. w/6 pack CD and amp., 33-35 mpg highway, must sell, asking \$13,500. Call Mike 832-4456.

### MISC. FOR SALE

Estate Sale - 1995 Bonneville SE, white, 3.8L, V6, PW, PDL, AC, driver's power seat, non-smoker, spent winters in Arizona, 86K, mostly hwy., excellent cond., w/safety, private sale, asking \$17,400. Phone 832-7692 after 5 p.m. or ext. 5061.

For Sale - Fridge, Moffat, 18 cu.ft., golf, left hand swing, \$200; Stove, Gibson, white, \$200; Deep Freezer, upright, GE, \$350; LR Suite, colonial hardwood, couch, rocker & chair, \$500; Table w/3 Chairs, colonial, extra leaf, \$100; Air Conditioner, \$100; Dishwasher, Viking, almond, \$50; Mates Bed & Dresser \$60; Sit-up Bench \$40; 2 Desks \$10 ea.; End Tables \$10 pr; 2 Playpens \$20 ea.; High Chair \$5; Electric Typewriter \$60; LR Carpet, 2 sections, blue, \$50; 3 Shelving Units, metal, \$15 ea.; Lil Tykes Picnic Table \$30; Table w/2 Chairs, child's set, \$15; Hedgehog, all accessories, \$40; Bathroom Organizer, wood, \$15; Misc. household items, dishes, toys, books, bikes, etc.. Please call for more info/viewing, 488-7558.

For Sale - 1991 Buick Regal Ltd., 3800, V6, auto, pwr everything, white w/red int., new tires, starter, rear brakes, has heavy hitch for boats, trailers, priced to sell quick, \$7,995. Call Mike 832-4456.

For Sale - 1990 Buick Riviera, 3.8 lt., dark red colour, no rust, super condition, \$8,750. Details by phone 253-9249.

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