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Passing Command of 17 Wing

by Capt Laferrière, WPAFFO

Car loads of guests, both military and civilian, crossed the Whytefold gate and packed the south part of Hangar 16 on a warm and sunny 23 July 1997. That was the day Col Sharpe relinquished command of 17 Wing to the new Commander, Col Watt.

After three days of intense rehearsal, personnel of integral and lodger units of 17 Wing were ready to perform for this special ceremony presided by Air Command's Chief of Staff - Personnel and Training, BGen Findley. They paraded twice to the music and drum beating of the Air Command band, to the delight of all the guests in attendance. The ceremony also featured a special march past by the Old Guard.

Après avoir marché une toute dernière fois à la tête des hommes et femmes dont il avait eu le commandement ces trois dernière années, le colonel Sharpe en a profité pour les féliciter et les remercier pour leur professionnalisme ainsi que pour leur dévouement.

"For the past three years", said Col Sharpe, "I have been telling anyone who would listen that Winnipeg is home to the very best that the Canadian Forces has to offer. During the months of April and May, 1997, the team of professionals here at CFB Winnipeg proved that to be, in a fashion that no one could have predicted."

In his turn, Col Watt described his new assignment as both "exciting and daunting," explaining that the next three years would be filled with diversity but some of the challenges ahead would undoubtedly be formidable ones. He mentioned that the



Col Sharpe (right) is officially passing command of 17 Wing to the new Wing Commander, Col Watt (left) during the ceremony presided by BGen Findley (center).

Canadian Forces are going through a period of radical changes in order to face the current fiscal realities more efficiently.

"There is still a lot of work to be done and a lot of things to change", he said. "I have absolutely no doubt, however, that 17 Wing is up to the challenge."

He added that the men and women of 17 Wing, both military and civilian, have a well-earned reputation throughout the Canadian Forces for their innovation and determination in implementing the changes necessary to carry us into the next millennium.

Familiarization Tour brings new M.N.D. to Winnipeg



Minister Eggleton signs 17 Wing's guest book. Photo by Cpl Robichaud

by Capt Laferrière, WPAFFO

The recently appointed Minister of National Defence, the Honourable Art Eggleton, was on a familiarization tour of a few Canadian Forces Bases and units last month as he stopped in Winnipeg on Tuesday, 22 July 1997.

The first part of his tour included briefings on air operations at Air Command Headquarters (which became 1 Canadian Air Division on 31 July), after which he headed to the Wing Headquarters building where he received a briefing on the organization, mission and activities of 17 Wing. As part of his visit to the Wing, the minister also received a briefing from 402 Sqn and took the opportunity to meet informally with local academics, and with spouses of CF personnel stationed in Winnipeg.

See "Newly appointed..." page 2.

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Networking our Workplace

by Major CM Walton-Simm, Managing Editor

In two recent job related moves, I experienced an enlightenment of sorts with respect to the effect computer systems have in the workplace.

During the physical restructuring going on in Air Command, I lost access to the local Network for a few days (as most of you in Air Command have experienced of late). Then again, upon my arrival to 17 Wing, I was without access to a computer workstation entirely. Both experiences made me realize how much we rely on this form of technology to carry out our day-to-day work activities and to communicate with the rest of our working community. It was also somewhat frustrating in light of deadlines that still had to be made and documents etc. that still had to be generated.

But it wasn't until I read an article about changing management structures in relation to new information technology, that I started to realize that computers have been instrumental in changing the shape of the workplace.

Since the industrial revolution and the invention of the production line, which transformed factories and economies into the powerhouses of the 20th century, our view of labour (one step at a time) mirrored the technology (single-function machines) that made the labour possible. This worked fine for many, many years because life was slower. Competition was local and manageable.

And then we invented computers. Until the 1980s, they made no difference in the way we viewed business processes. The new technology didn't immediately force us to start looking at things in a different way. Computers helped us to do things faster. But the changes in technology soon started adding up, creating information options that no longer saw work as discrete steps performed by individuals in a hierarchical structure. A new era in computer technology has become the model for new ways to organize the workplace.

A new era in computer technology? Not the latest chip, the fastest CD-ROM or any particular hardware/software, but the real changes are conceptual:

- There's not just one computer department in most organizations anymore. There are many microcomputers sitting on desks. They can talk to each other-sharing data and information-allowing departments that once kept to themselves to see themselves as part of a team rather than in isolation;

- "Open systems" technology, meaning something that will run on one computer will run on any other, allows skills to be portable. Everybody "sees" what everybody else is doing. Companies can connect directly, on-line with suppliers, business partners and even with competition; and

- Computers can multi-task, just like people do. They can do several jobs at once, providing an overview that allows for faster decision-making.

This has resulted in a much more dynamic workplace. Everyone is more aware of what everyone else is doing and people know that what they do has an effect on everyone else. Teams take over from bureaucracies and teams can group and regroup, depending on the assignment, to achieve higher productivity - with a chance of surviving the turbulent new era of change we are currently in.

Old management structures are giving way to new (Socio-tech, Flight Plan for Life, Ground School, Op Genesis, Re-engineering, Devolution, to name a few in the Air Force). With networked computer systems, everyone in an organization has information at their fingertips and decisions can be made with fewer layers of management.

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Newly appointed Minister of National Defence

Continued from page 1.

Minister Eggleton served 22 years as a member of the Toronto City Council and Metropolitan Toronto Council. From 1980 to 1991, he was Mayor of Toronto - the longest-serving mayor in the city's history. Other appointments included the Metropolitan Toronto Police Commission, the Board of the Canadian National Exhibition and numerous committees and task forces dealing with community issues. Mr. Eggleton was appointed Minister of National Defence on 11 June 1997.

GOLF TIPS

by Chris Merrithew

- Think distance, not direction, to improve putting. Imagine you're rolling the ball instead of stroking it to get an idea of how much wrist to use...if any.
- To hit it out of the rough every time, don't let pride override good sense. When you get in trouble, be willing to give up one shot to get back in play. Most people try to make up the distance and end up hitting bad shots and taking extra strokes. Just take a wedge or a nine iron and put it back on the fairway.

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New CO at 1 Air Movements Sqn

On Wednesday, June 25th, 1 Air Movements squadron held a change of command parade to say goodbye to Major Jean Mallais and his family and welcome to Major Randy Boucher as he assumes the duties of Commanding Officer of 1 Air Movements Squadron. Maj Mallais is off to Colorado Springs to take up his new post in a logistics exchange position with the United States military.

Major Randy Boucher was born in Saskatoon, Saskatchewan, 12 August 1962. Major Boucher graduated from the Royal Military College in Kingston, Ontario in May 1985, with a degree of Bachelor of Arts (Economics and Commerce). His first posting was to Canadian Forces Base Edmonton where he was the Base Traffic Officer and Special Purpose Vehicle Officer at Base Transportation.

In June 1987, Major Boucher was posted to 1 Air Movements Unit (1AMU) Edmonton as a Mobile Air Movements Officer. Upon promotion to Captain in 1988, he assumed the duties of Operations Officer/Deputy Commanding Officer of 1 AMU. Major Boucher was then posted to Air Command Headquarters in August 1989, where he served in a variety of Mobile Support Equipment and Movements Staff Officer positions. From March to September 1990, Major Boucher served as Movements Officer for the Canadian Contingent in Cyprus.

In June 1992, Major Boucher was transferred to Canadian Forces Base Greenwood as Base/Wing Transportation Officer.

Upon promotion to Major in 1994, Major Boucher was posted to Trenton as Senior Staff Officer Support 3 to the newly formed Air Combat & Mobility Group (ACMG) Implementation Team. Upon disbandment of the team in June, Major Boucher assumed the duties of Wing Transportation Officer 8 Wing Trenton.

Major Boucher has been employed in his present position as G4 Logistics, Air Transport Group Headquarters, since August 1996 and has recently completed a 6 week tour in Uganda with Operation Assurance.

In attendance at the parade were the Wing Commander Colonel Sharp (Reviewing Officer), Colonel Robson (Honorary Colonel 1 Air Movements Squadron), and other various Squadron CO's, CWO's, and guests.

Per Lentitiam Robur



17 Wing Commander Col Sharpe (C) oversees signing of handover documents from outgoing Commanding Officer, Maj Mallais (L) to Maj Boucher (R).



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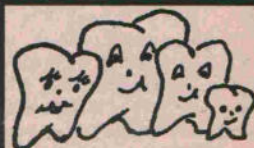
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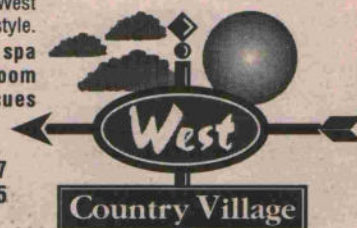
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FPFL Dollars...

Where are they being spent?

by Cpl Jennifer Faubert

Well, we have all heard that there has been a heck of a lot of money thrown at this FPFL project. But the real question is where has this money gone and what are the benefits to me as a member of the Air Force?

17 Wing Comptroller Maj Carl Hussey, said that every project submitted for review was accepted and is in some phase of implementation.

Maj Carl Hussey stated response from personnel has been positive with the majority of comments highlighting the improved gym facilities. Approximately \$100,000 in new gym equipment was purchased to upgrade each of the three gyms. "I've received comments that our gyms are just as good as gyms downtown."

Most projects are in various stages of development with many of the larger projects handled through civilian contracts.

Initially all FPFL money was allocated by the Resource Management Committee (RMC) which is chaired by Deputy Commander MGen Horseman. The Commander directed the FPFL team to determine which issues were of great concern for air force personnel and which of those issues could be tackled immediately. Single and transient quarters were a reoccurring theme at many of the FPFL meetings and thus became a "quick hit" item (an item that can be easily and quickly fixed). As part of the FPFL allocation, all Wings were directed to use a portion of FPFL money to upgrade transient quarters to a minimum standard. In most cases, television, fridges, bedding, towels and other sundry items have become standard issue across the Command.

Additional 17 Wing Projects

Single quarters was another concern of personnel that received a \$250,000 injection of cash for refurbishing needs. New windows, drapes and carpets have brought the decor into the 90's.

Another \$20,000 was identified for self-help projects, such as building BBQ pits for the Navigation, Meteorology and CFSAS schools.

The PMQ area saw many improvements. \$175,000 was spent to fix and refurbish a building for the teen town centre, resurface two outdoor rinks and enhance the safety of two playgrounds on the north and south side. Likewise, \$50,000 was spent to refurbish the

chapel annexes and for the purchase of kitchen supplies and equipment.

In addition, a number of smaller projects have been implemented. Replacing carpets, the purchase of physiotherapy equipment for the hospital, and installing air conditioning in the briefing rooms at 16 Hangar all fall under this category.

Any person can submit their ideas to the Wing Commander for consideration. A committee is in place to review requests and prioritize projects. Although the FPFL money was an initial one-time injection of cash, each Wing has been tasked with finding the means to continue with future quality of life projects.

The next challenge the committee faces is to address the Air Command Band's need for more appropriate housing. Major Hussey admits that this project may take some time but says the quality of life committee is committed to keeping the project alive.

"We will find the money, unless it means cancelling operations. We have the resources to do this; it is just a matter of funneling it in the right direction. Basically we will take the fat out of the system to make sure it goes to the people," he stated.

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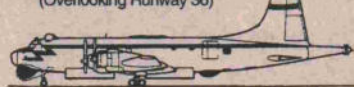
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Exercise Cooperative Safeguard

by Capt. Bart Melhuish, 435 Squadron

Ten years ago nobody would have imagined that 435 Squadron would be airlifting Lithuanians! But on July 17th, 1997 we were doing just that.

In an effort to build the mutual trust and confidence necessary for a more stable Europe, NATO developed the Partnership for Peace (PfP) program in the years following the dissolution of the former Soviet Union. Exercise Cooperative Safeguard was the first PfP exercise to be held in Iceland. The scenario for Safeguard '97 centered around a catastrophic earthquake near Reykjavik, the capital of Iceland. The Government of Iceland asked for assistance from NATO through the United Nations and several partner nations agreed to send both military and civilian teams. This resulted in a NATO/PfP task force in Iceland to offer disaster relief efforts.

Approximately 400 Partner and NATO disaster relief workers spent July 18 through July 28 supporting the Icelandic rescue workers and US military personnel in Iceland. Canada, although not involved in the rescue operation, provided airlift for some of the partner nations incapable of getting there themselves. In particular, 435 Squadron was tasked to airlift 31 Lithuanian army types from Kaunas, Lithuania to Keflavik, Iceland. In an effort to improve efficiency of airlift, this tasking was combined with the already planned Operation Palladium flight into Zagreb, Croatia. The following is a brief synopsis of this mission written by the pilot.

We departed RAF Lyneham at 9 a.m. local on the morning of July 14th. We had a day off in England but our bodies still felt like they were back on Winnipeg time, 3 a.m. local. After a busy four hour flight over congested European airspace we landed in Zagreb. To the casual observer (me), it was hard to tell that this country had been involved in a war, though one clue may have been the massive flow of air traffic and the efficiency of the airport. The Canadians stationed at Zagreb unloaded our 25000 pounds of freight; a mixed bag of tires, equipment, and mail. While the flight engineer refueled for our flight to Lithuania, the pilots and navigators reviewed the weather and studied the upcoming route.

Our route took us over Slovenia, Hungary, Slovakia, Poland, and finally Lithuania. The weather was beautiful in Kaunas and allowed the crew a thorough view of the city prior to landing. We were met by our embassy representative and a cheerful Lithuanian airport official carrying an AK-47. Although we carry no weapons (generally) aboard our C130s, the official politely asked us for any before allowing us to deplane. It certainly was a pleasure to have the embassy representative there to speak our language and straighten things out!

When Lithuania was part of the USSR, tourists were only allowed to stay in certain shoddy hotels, referred to as In-tourist hotels. The crew spent the next 36 hours in one that had seen far better days. After catching up on some much needed sleep that night, we were ready to spend our free day visiting all the tourist sights in Kaunas, (about two hours or so!). The crew's highlight of the trip came after dinner that evening. We proved once and for all that 7 people can fit into a Fiat.

The next day flight planning went smoothly, and with Lithuanian TV cameras recording our every move, we boarded the Lithuanians and departed for Iceland. This time our route would have us overflying Sweden, Norway, the Faroe Islands and Iceland itself. As usual the weather in Iceland was miserable with strong surface winds, rain and low clouds. The arrival proved uneventful, however. After landing, the Lithuanians thanked us for the flight with a multitude of handshakes (non-verbal communication being the only way).

The next day saw us complete one ten hour leg home to arrive in Winnipeg at 3 p.m. local. Having traveled through 16 time changes in 6 days, we were all exhausted, but it felt great to be home after a very memorable mission.



Lithuanian television films the departure of 31 Lithuanian Army members travelling to Iceland to take part in Exercise Cooperation Safeguard.

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Chinthe Bits

A time of reflection

by Sgt Peter Dooks,
435 Squadron

With the end of summer in sight, it is time to reflect on what the squadron has done on its summer vacation. As with most folks, we have loaded up the vehicle and taken the family on the road.

In June, the squadron was given the opportunity to tour the far north of Canada in the company of a delegation of foreign ambassadors. The group thoroughly enjoyed the ten day expedition, claiming it was a highlight of their time in Canada. The effort put forth by the crew in this VIP role was highly appreciated by all. A two-day service flight from Winnipeg to Gander return - with stops in Trenton and Greenwood was initiated, as well. It departs every Monday and returns Tuesday evening. This has proven to be a huge hit with people trying to get down east. Once a month, we also do a re-supply run to Zagreb for Canadians deployed in Bosnia.

On the SAR side of the squadron, summer becomes the busy season and this year has been no exception. There were two trips to the Northwest Territories: one to find 15 people stranded on an ice floe northwest of Pond Inlet; and the other to a Cessna 180 crash 35 miles northeast of Fort Smith. Two people were injured requiring the SAR techs to jump in for a rescue. Both of these missions were successful.

As the summer progressed and the temperatures climbed, more and more people were drawn to the waterways. Again the SAR team was called upon for assistance. In one such case, eight women canoeists on a canoe trip on Lake Superior were two days overdue. Parks Canada requested assistance in locating them after their initial attempts were unsuccessful. The mighty Hercules and her crew of determined SAR specialists launched off in the middle of the dark night to be on scene at first light. It proved to be somewhat uneventful as the canoeists had shown a healthy respect for the big lake and poor weather. They were found quite safe and sound waiting for better weather to continue the trip. So our intrepid SAR crew headed for home in time to greet the rest of the squadron just coming to work. What is that U.S. army motto??? Oh yeah, we accom-

plish more before 0800 than most people do all day.

This is just a sampling of our summer SAR responses as SAR is a continual employment for 435 Sqn. We have yet to find a way to prevent the requirement for search and rescue.

The tanker crews haven't just spent the summer sitting around in the back yard savoring BBQs and consuming beverages. No sir! The tanker has been on the road continuously since 25 May - the start of Maple Flag in Cold Lake. Since then, it has toured around Alberta, B.C. and N.W.T. in support of an Air to Air course. A tanker crew relished the sights, sounds and people of the Maritimes, specifically Nova Scotia, on Marcot '97. They also enjoyed the ambiance of la belle province by spending five weeks checking out the countryside in the area of Bagotville.

Our friends in western Canada (Cold Lake) invited us to come back and spend a couple of weeks in their neck of the woods, which of course we graciously accepted.

Hopefully, at the time of this article, the tanker and two crews will witness the hospitality of our British cousins in Brize Norton, England. Along with exchanging ideas and training in the Air to Air role, the tastes and culture of Great Britain will be enjoyed and experienced by all.

In the last week of August, Boxtop (re-supply of Alert) will be spooling up at a great rate of speed. By the time the folks get home from that on 21 September, summer will definitely be over here in Winnipeg.

During this APS, the Oilers have seen the departure of MWO Art Tousignant who has left for greener pastures at Standard Aero. We have seen the arrival of CWO Rick Lefebvre from Greenwood, MWO Bob McCallum from the Academy in Trenton and Sgt Bert Columbe from Yellowknife. At this time, we would like to say farewell to Art and welcome to Rick, Bob, Bert and families to Winnipeg and 435 Sqn.

As one can see, it has been a full and exciting summer here at 435 Sqn. Hopefully people had an opportunity to enjoy their summer vacation and will now begin to look ahead to winter, of which there seems to be no end to here in Winterpeg (a.k.a Waterpeg, Windypeg, the list goes on). We survived the winter and flood of '97, I suppose we can survive 1998 too.

Recognition of efforts



CWO Eric Hanlan presents a plaque to Col Paul McCabe on behalf of the MOC 565 Aircrat Structures Technicians. Col McCabe was very instrumental in having the predominate jobs for the trade re-evaluated and brought in line with today's work descriptions which resulted in the placement of the ACS trade in the specialist 1 payfield.

His persistence and support are very much appreciated by all Airforce personnel from Generals to Privates.

VOLLEYBALL TIPS

by Chris Merrithew

- If you want to serve better, hit the center of the ball with the heel of your hand. This will make the ball "float" like a knuckleball.
- For a killer spike, snap your wrist and put some topspin on the ball. Topspin allows you to hit the ball harder while keeping it in the court. To get ready, cup your hand slightly, keeping your fingers straight and together. Then as you hit the ball, snap your wrist and curl your fingers over the top of the ball.

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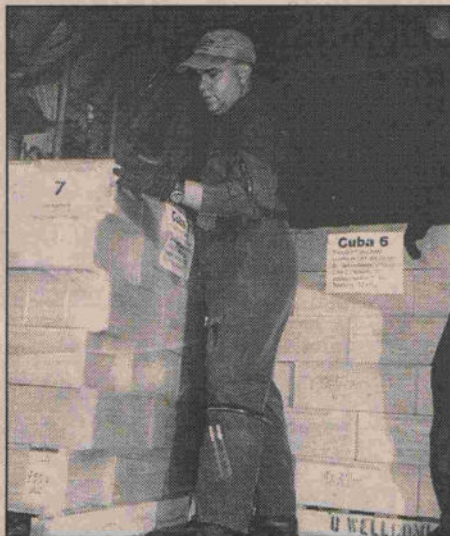
Medical Supplies to Cuba

by Capt Richard Pamplin, 435 Squadron

HAVANA, CUBA - "Thanks to our ambassadors in blue," wrote Jean-Jacques Bastien in the communiqué sent from the Canadian Embassy in Cuba on July 10, 1997. A 435 Squadron crew, lead by Commanding Officer Lt.-Col. R.J. Lamothe had just delivered some badly needed medical supplies that were turned over to the Cuban government. Representatives of the Cuban Ministries of Public Health and of Foreign Investment and Economic Cooperation were on hand to receive the supplies. The air was one of excitement as the supplies were removed from the C-130 Hercules with a small forklift.

Bastien, who is Counsellor (Development) for the embassy explained that these supplies were being delivered as a result of arrangements made by the Speaker of the House of Commons and the Cuban government. In fact, the cargo was addressed to none other than President Fidel Castro.

The mission to deliver the supplies to Cuba was the first portion of a larger training mission conducted by the 435 Squadron crew. The C-130 Hercules had made the seven hour flight from Winnipeg to Havana non-stop. Following the delivery, the crew visited the airport duty free shop for some of Havana's finest and departed for the United States to continue the training mission.



Master-Cpl Dennis Paterson, a loadmaster with 435 Squadron, supervises the unloading of the medical supplies. A total of 7200 lbs of supplies were delivered, consisting mainly of medicines.

Photo by 435 Sqn.

435 Squadron welcomes new CO



From left to right: LCol J.F.J.D. Leboeuf, Col G.E. Sharpe and LCol R.J. Lamothe sign the documents that authenticate the change of command.

During a short ceremony held at 17 Wing Officer's Mess on July 17, 1997, LCol R.J. Lamothe relinquished command of 435 Transport and Rescue Squadron to LCol J.F.J.D. Leboeuf. Presiding Officer for the ceremony was Col G.E. Sharpe.

LCol Lamothe assumed command of 435 Squadron during a difficult period in 1994 as the Squadron was being relocated from Edmonton, Alberta. He is proceeding to the NATO Defence College in Rome.

LCol Leboeuf was most recently a staff officer at the former Air Transport Group Headquarters at Trenton, Ontario.

435 Transport and Rescue Squadron is one of Canada's five operational CC-130 squadrons, and the only one based in Western Canada. Based at 17 Wing Winnipeg, Manitoba, the squadron operates the Lockheed CC-130 Hercules transport aircraft in the roles of transport, air-to-air refuelling and search and rescue.

The Chinthes of 435 Squadron wish LCol Lamothe and his family well in their future endeavors, and welcome LCol Leboeuf and his family back into the Chinthe fold and the best squadron in the Canadian Air Force!



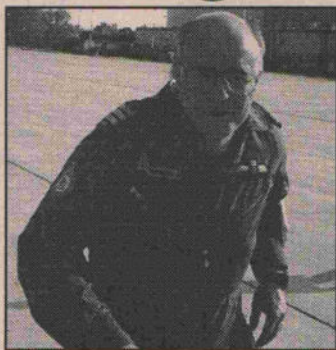
LCol R.J. Lamothe (r.), outgoing Commanding Officer 435 Sqn passes the Squadron's colours to Col G.E. Sharpe, 17 Wing Commander, signifying the relinquishment of command of the squadron.

Last C-130 Flight poses certain danger

The recent 435 Squadron mission to deliver medical supplies to Cuba (see 'Medical Supplies to Cuba', above) was also significant in that it was Commanding Officer Lt.-Col. R.J. Lamothe's last flight with 435 Squadron.

As is customary, a thorough soaking should follow such an auspicious event. Knowing that the fire hose is no longer an accepted weapon, Louise Lamothe (not shown) and her band of marauding females chose to assault Lt.-Col. Lamothe with champagne and water guns! They were successful and fortunately, more water than champagne was used.

Lt.-Col. and Mrs. Lamothe are off to Rome in August to attend NATO Defence College.



SWIM TIPS

by Michelle Seggie, Aquatic Supervisor

• For all those Swimmers that enjoy "Front Crawl": a common error that is made is that your hips & legs drag below the surface of the water, when really they should be horizontal & near the surface. Try keeping your chin tucked, kick hard and swim with a slight pike, i.e. slightly tighten your stomach muscles.

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For information please call Mariette or Lucienne at (204) 233-1735 or 1-800-207-5874. This service, a collaboration between Pluri elles (Manitoba) Inc. and Human Resources Development Canada, is free of charge.

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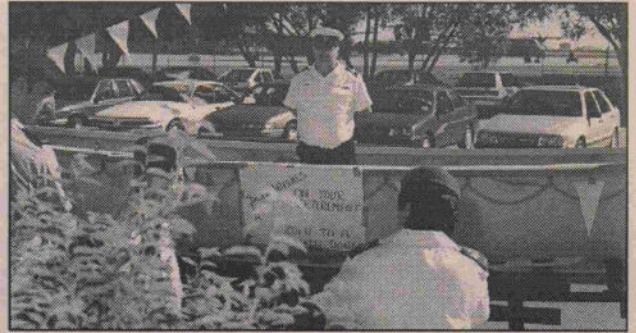
I R E

Tow Ex marks Farewell for CPO1 McCallen

The 15th of July was a day to remember for CPO1 Kerry McCallen as he was honoured on his retirement after 29 years of service. Naval tradition is that on retirement, the retiree is rowed out into the harbour and then rowed to his last function. True to this, Supply personnel arranged a TOW EX rather than a ROW EX.

CPO1 McCallen was boarded into a 27-foot whaler and towed around the Wing. On arriving at Wing Headquarters, and after asking permission to "come ashore", the Wing Commander and the Wing Chief greeted Kerry and presented him with his retirement scroll. A luncheon followed.

Kerry and his family plan on retiring in British Columbia. All of his friends wish him and his family Fair Winds and Smooth Sailing.



CF School of Meteorology

Met Tech QL3 9701 Graduation

Met Tech QL3 graduates are employed throughout the Canadian Forces Weather Service in support of air, land and sea operations as weather observers.

Back Row (L to R): Sgt Vivian, Cpl Garrett, Cpl Cummings, Sgt Dwyer, Pte Prost, MCpl Sigurdson.

Centre Row (L to R): Sgt Grenier, Pte Gaida, Cpl Siegner-Schmidt, Cpl Thomson, Pte Roenspies, Cpl Rivard, Pte Rowe, MCpl Skinner.

Front Row (L to R): CWO Anderson, Mr. B.K. Wong, LCol Newnham, MWO Van Acker, WO Davis.



Certificate of Achievement

Cpl John Cummings, a recent graduate of the Meteorological Technicians QL3 course 9701, received the Certificate of Achievement from LCol Newnham. The Certificate of Achievement is presented to the student who has attained the highest academic standing on course.



Certificate of Merit

Cpl Claudette Siegner-Schmidt, a recent graduate of the Meteorological Technicians QL3 course 9701, received the Certificate of Merit from LCol Newnham. The Certificate of Merit is presented to the student who has excelled in all aspects of training and who has demonstrated through attitude and leadership ability, a high potential for continuing excellence in the Met Tech trade.



CFS Met Promotion

Sgt D. Skinner is presented with his new rank by LCol Newnham (W Log O) and Mr. B. Wong (Comdt CFS Met), while CWO R.V. Anderson looks on.



CFS Met Promotion

MCpl S. Mclellan is presented with his new rank by LCol Newnham (W Log O) and Mr. B. Wong (Comdt CFS Met), while CWO R.V. Anderson looks on.

Situation Report - Bosnia

The following report was composed May 1997; before the latest return of soldiers from Bosnia. Nevertheless, the validity and information content remains intact.

Charlie Company - 2PPCLI The end in sight...

by Lieutenant James Chorley

With our redeployment date clearly within range, morale is high and anticipation of our collective return is the predominant sentiment around Camp Drvar. Analysts have observed and noted that sure-sign indications of this feeling are becoming more and more visible amongst the troops.

The first behavioral change is the shift in the camp's collective obsession from SNB (Sunday Night Bingo for all those unfaithful readers) to absorbing as many harmful UV rays as possible given the rigorous parade practice schedule laid down by CSM C Coy in preparation for the Father's Day Celebrations planned for 15 June. (Interest in SNB may also have

been slightly spurred by the unprecedented and duly recorded officers' sweep of the actions of 8 June - the "Association's" Board of Governors is currently investigating the possibility of foul play as Sgt Ryan was the MC and it is rumored he is attempting to make a name for himself with OC C who will assume command of Cbt Sp Coy in August). One C Coy officer has even been witnessed bringing paperwork out into the sun with a Motorola so that he could be contacted quickly if required.

Another observed difference in the day-to-day activities in Drvar is a general concern for personal appearance. No, we're not making reference to the exemplary standard of dress and deportment of all the troops here, but rather an increased presence in the gym and a gradual though incomplete disappearance of shaved heads. That's right, it appears that the days of maintenance-free and shampoo-less heads

are making way for the more spouse-friendly 'coifs'.

The final and perhaps most controversial difference may be in the stepped up activity in the gym. It's not a behaviour that can be observed but simply reported, and certainly one that can be questioned. It appears that some members of the Camp have in fact taken steps towards quality control upon their return - you may have guessed it: the self-imposed restriction on "illegal use of the hands" has become a hot topic here. While implementation dates vary from individual to individual based on age and performance it is a widespread behaviour that has been noted amongst those men with significant others.

One thing is certain, all measures are being taken for a safe return to Canada and with the aforementioned behavioral changes, the much deserved leave period that awaits us will most certainly be enjoyed by all.

Awards & Presentations



LCol Dave McCoubrey presents Capt Randy Hartmann with his Canada Decoration. Capt Hartmann is an instructor with CFSAS's Officer Development Flight.



LCol Dave McCoubrey presents MS Mario Rivard with his Canada Decoration. MS Rivard is the CFSAS Chief Clerk, and is moving over to the 17 Wing administration cell this summer.



LCol Dave McCoubrey presents Capt Frank Decker with his Canada Decoration. Capt Decker is an instructor with the CFSAS Aerospace Systems Course.



LCol Dave McCoubrey presents Capt Germinder Singh with his Canada Decoration. Capt Singh recently graduated from CFSAS's Aerospace Systems Course.

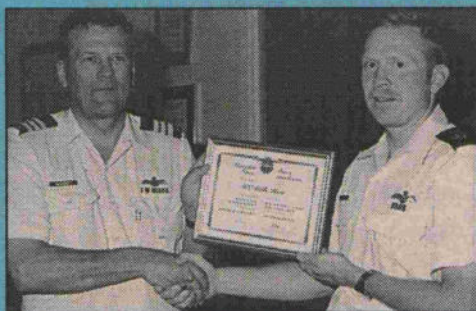


LCol Dave McCoubrey presents Maj Ian Snow with his second clasp to his Canada Decoration. Maj Snow, an instructor with the CFSAS Officer Development Flight, is being posted this summer to 1 CAD HQ.



LCol Dave McCoubrey presents Maj Ross Riddell with the Special Service Medal for duty with NATO. Maj Riddell was the CFSAS Deputy Commandant, and will be attending Staff College in Toronto this fall.

LCol Dave McCoubrey presents WO "Sonny" Rose with his Officer Professional Development Program scroll. WO Rose was on loan to the CFSAS Electronic Warfare Flight for the period April - July 1997, and has since been posted to Esquimalt.



LCol Dave McCoubrey presents Mr. Don Sparks with his 35 Years Service Award. Mr. Sparks is the CFSAS Training Coordinator, and instructs on the Aerospace Systems Course.

Military Flood Fighters Honoured

Every member of the Canadian Army, Navy and Air Force who pitched-in to help Manitobans fight the "Flood of the Century", all 8600 of them, received a keep-sake thank you certificate on behalf of the people of Manitoba.

The certificate, an illustrated full-colour depiction of a number of flood scenes, was signed by Canada's Minister of Foreign Affairs, Lloyd Axworthy, the Premier of Manitoba, Gary Filmon and the Mayor of Winnipeg, Susan Thompson.

It also bears the message, "The people of Manitoba thank you and your comrades of the Canadian Forces

for your valiant and courageous efforts in fighting the 1997 Red River Valley Flood. The Flood of the Century."

The certificates were presented at a ceremony held in the lower level banquet room of the Viscount Gort Hotel during a reception for Red River Exhibition parade VIPs on Sunday, June 22.

While the military brass were represented in full-force, three enlisted personnel representing the ranks of the Army, Navy and Air Force received the first three certificates on behalf of their comrades.

Presenting the certificates was the Minister of

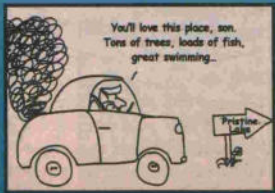
Government Services, Frank Pitura, representing the Province of Manitoba; Member of Parliament for Provencher, David Iftody, representing the Government of Canada; and the Mayor of Winnipeg, Susan Thompson.

The other members of the military flood-fighting mission received their certificates at ceremonies held at the home bases of their respective units.

The certificate printing and presentation was organized by a private group of Winnipeg residents who drafted a Navy Lieutenant to do the art work. The costs of the project was borne by the Winnipeg Sun.

The Adventures of Mr. Greentree

A NEW ACTION SERIAL!





Policing Corner

by Cpl D.R. Menard, SAMP Sqn, Community Policing Representative

With the "Flood of '97", this article, that I had dedicated for May 25, got caught up in the "tide" of work. Though May 25 is past, the safety of our children, and in particular thoughts about missing children, should be utmost in our minds all year around. I would therefore, like to dedicate this article of the Voxair to passing on a heartbreaking true story. I first learned about it in 1987, and about a great program called "Stay Alert...Stay Safe" that rose from this dreadful incident.

In 1987, I read in the local newspaper in Toronto about the abduction and murder of 11 yr. old Alison Parrott in Toronto, ON. The picture you see at right is a picture of Alison, which was graciously donated by Mrs Lesley Parrott, Alison's mother. Over the years, this type of news has become relatively frequent. As a parent myself, this type of crime strikes home deeply.

Lesley Parrott was driven by the desire to prevent such harm to even one other child. She was encouraged by the enthusiastic support of the Solicitor General of Canada, the Canadian Association of Chiefs of Police, private sector funding from the Canadian Tire Child Protection Foundation, the efforts of educators, child psychologists, police officers, and an outpouring of need from the community at large. Lesley Parrott and her colleagues from the communications industry banded together in 1989 to create the first national street proofing program which tries to reach teachers, parents and children (ages 7 - 10 yrs) in 10,000 elementary schools across the country. This program is known as "Stay Alert...Stay Safe"

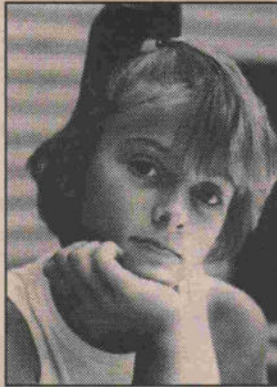
The program is designed to help children identify and avoid dangerous situations and provide them with safety tips that, with practice, would become second nature to them. This program is a non-profit national street proofing registered Canadian charity. It can be easily recognized by its two animated rabbit mascots, "Bert" and "Gert". In eight years, Stay Alert...Stay Safe has made great strides. With the tremendous support and invaluable input of professionals and other community members, it has developed a highly successful awareness and educational program which provides children with street proofing tips and techniques, helps them to identify trouble situations, teaches them to trust their own instincts, sharpens their decision-making skills and above all, aims to build the children's self-esteem empowering them to protect themselves. To date, the Stay Alert...Stay Safe program has reached over 30,000 classrooms across the country.

The Stay Alert...Stay Safe program mandate is to develop an ongoing, national streetproofing program actively involving both children and adults, that aims to make them aware of and alert to potential dangers, by building situation understanding and, importantly, children's confidence in handling such situations. The messages the program portrays are:

- street proofing is a positive, fun thing to learn. It's not meant to be scary. Its purpose is to make you stronger and more powerful;
- some strangers, as well as familiar people such as friends and relatives, can be dangerous;
- learn to rely on your own instincts - a feeling deep down inside of you. Learn the difference between feeling comfortable and uncomfortable;
- it is okay to say no to adults under certain circumstances;
- your body is your own and it is okay to not want to be touched; and
- when you feel afraid or bad, talk to someone you trust.

As the Security and Military Police Squadron Community Policing Representative, I have been dealing with this program for a period of about four years. I strongly believe in this program, what it stands for, and have available at my office numerous literature, information and video tapes concerning it. This information is free, and available to the military community upon request. The program talks about important basic safety rules, including the program's essential key message: "Children should listen to their instincts and act on these feelings". In particular, with over 75% of crimes against children involving someone the child knows, children must learn not to take ANY situation for granted. They must always Stay Alert & Stay Safe.

Should you have any questions about this program, or any of the information mentioned in this article, please contact myself at 833-2500 ext. 2474. In addition to pamphlets, I also have available several copies in both official languages of a brief cartoon on VCR tape format from Stay Alert...Stay Safe, which helps you to teach your children about street proofing right in your own home. It is free and can be signed out any time.



Women's Health

WOMEN'S HEALTH

By Capt J. Hyatt



SMOKED MILK - Did any of you read the article in the Free Press entitled 'Smoking Mom's urged to avoid breast feeding'? I found it rather disturbing and wondered how many expectant mom's might be trying to stop smoking harder now. I know it's a hard addiction to give up but continue reading and I will try to summarize what was said.

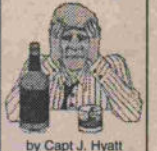
The Canadian Inspiraplex Respiratory Health Network tested the urine of infants who were breast-fed (by smoking mom's) and found the levels of cotinine, (which is the broken down form of nicotine found in the body) to be almost equivalent to an adult who smokes 20 cigarettes a day. Dr Moira who was the chief researcher states this is "quite frightening".

The article goes on to say that cotinine is passed through breast milk and is quite concentrated, so mom does not have to smoke a lot to pass on high levels. "Breast milk contained levels of cotinine three times higher than found in the mother's blood stream"!

Dr Allan Becker who was also in the study states that if a mother who may have quit while pregnant but resumed after birth will "in fact, create a child that is predetermined to be addicted to cigarettes and smoking". Now that's scary.

WDEC

WDEC



by Capt J. Hyatt

Part of my mandate as the Wing Drug Education Co-ordinator is to be sure that all supervisors are annually exposed to current additions education. We've fallen by the wayside in the past but we are again trying to get back in the picture. In these times of downsizing etc., etc., (you know the story) we need this training more than ever. VLT's, drugs and solvents are too accessible and too appealing to relieve stress and that GAFF (that's 'give a --- factor' - call me if you still don't understand)!

Starting 4 Sept we will again be having regular training days for supervisors. It is also hoped to have General Awareness days where movies, speakers, etc. can reach a large number of personnel but again that requires time and the support of supervisors. Time will tell. If you are a supervisor, plan to attend.

- Here are the Drug and Alcohol related incidents for June 97:
- four persons involved in impaired driving offenses (blew warnings on road side device - temporarily suspended);
 - two persons involved in violent incidents where alcohol was involved;
 - one person was intoxicated in a non-violent incident.

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17 WING SPORTS SECTION

Gearing up for CF Prairie Region Championships

by Capt Deanna Manson, 1 Air Mov Sqn

Diamond #4 was a flurry of activity these past weeks as the 17 Wing Women's Fastpitch Softball team prepares to represent Winnipeg at the 1997 CF Prairie Region Championships (17 - 22 Aug 97) at 4 Wing Cold Lake. Off to a late start due to the flood, the girls can now be found working the rustiness out of limbs and gloves on Wednesdays at 1630hrs and Sundays at 1400hrs. The following women have been signed to the roster so far:

- Maj Cheryl "The Glove" Walton-Simm, W Compt
- Capt Deanna "Third-Base is Still Open!" Manson, 1 Air Mov Sqn
- Capt Shannon "Slugger" Smith, 1 CAD/CANR HQ
- Sgt Mary Ann "The Vet" Beaugrand, 1 CAD/CANR HQ
- Sgt Jenny "Shins" MacDonald, 38 CBMG HQ
- MCpl Cindy "Bingo!" Kennedy, 1 CAD/CANR HQ
- MCpl Nat "No-Strike-Zone" Lavoie, W EME Sqn
- MCpl Sue "Sunburn" McLeod, 2 PPCLI
- Cpl Jennifer "OMIGOSH!!" Faubert, 1 CAD/CANR HQ
- Cpl Rochelle "Legs" Heudes, 2 PPCLI
- Cpl Cathy "Slim Jim" MacDonald, W Hsp
- Cpl Jean "Patch" Pachkowski, W Sup Sqn
- Cpl Tara "OOOOOOPS!!!" Phillips, 38 CBMG HQ
- Cpl Kelly "Heat" Smith, W Tn Sqn
- Pte Dawn "Oh...by the way...I pitch" Lustig, W Tn Sqn

The team would also like to announce the addition of coach Capt (USAF) Todd "I Want to WIN!!!" Cox, 1 CAD/CANR HQ. Thanks very much to Todd who is dedicating his time to guide the girls into winning form.

Best of luck at the regionals ladies. If successful, the team will proceed to CFB Borden for the 1997 CF National Fastpitch Softball Championships 7 - 12 Sep 97.

Lightning Strik at Lipsett Hall



As the last few weeks of summer unfold, many peo back to work activities. The summer provides us with great opportunities to get out and get active, but as the cooler evenings approach, it becomes apparent that indoor activities are an obvious necessity to staying fit.

The sport of fencing is an excellent way to stay in shape. Ask anyone who has tried it, and they will tell you what a great overall body workout you get. Fencing can develop flexibility, strength, speed and aerobic capacity as well as an amazing stress relief. The best part is the strategy involved in the fencing bouts which can be so challenging that you'll probably forget you are exercising.

The 17 Wing Lightning Fencing Club is the largest of four fencing clubs in the province. The club runs out of Lipsett Hall and offers many levels of challenge in foil, epee and sabre. For the person interested in trying something new and staying in shape, the club offers Beginner Classes for Adults. For those seeking higher challenge, Individual Lessons are available as well as access to provincial, national and international competition through the Canadian Fencing Federation.

For the junior musketeers in your your household, the club offers a kids' program. The minimum age requirement for girls and boys is nine years old. The club provides the basic equipment required for its beginner members.

If you would like more information about the sport of fencing or the 17 Wing Lightning Fencing Club you may contact the club coaches David Howes at ext. 6728 or Patti Howes at 489-3404. Look for upcoming articles from the club on the sports page. Details of practice times are to be announced.

Anyone interested in joining the 17 Wing SQUASH CLUB call Carla Ryan, ext 2059

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Flying Tigers

Once again, the 17 Wing Flying Tigers Swim Team has closed another season. This year the Man/Sask long course Provincial Championship was the icing on the cake for five of our swimmers.

The event took place at the Lawson Aquatic Centre in Regina, Saskatchewan. The five swimmers were: Andy McLaren, Marnie and Jim deBeer, Kristy McBey, and Matthew Hagans. All did well, with Andy and Matthew posting in the top ten Provincial finish. Kristy, Marnie and Jim posted in the top 15. As one of Manitoba's smallest teams, these were extraordinary results.

And like any other good thing, changes come about. The Flying Tigers held their election for a new Executive:

President:	Outgoing, Maj. Ralph Schildknecht	Incoming, MCpl Dan Rivest
Vice-President:	Outgoing, MCpl Dan Rivest	Incoming, Capt Jeff Hunter
Secretary:	Outgoing, Karen Wilson	Incoming, (Acting) Daphne Hagans
Treasurer:	Outgoing, Roger Bowden	Incoming, Joanne Schildknecht

The Head Coach, Tony Hogendorp and Assistant Coach, Roger Bowden remain with the Team for another season.

The 17 Wing Flying Tigers Swim Team consisted of 25 swimmers from Winnipeg's military community, divided into two groups, competitive and pre-competitive. Pre-competitive swimmers are the ones, not quite ready for competition. Skills, stroke techniques and swimming games are the focus with the underlying aim of graduating into competitive swimming.

The Team plans to start swimming on the 2nd of September for Session I (Short Course) until the end of February and Session II (Long Course) beginning of March until the end of June. Short course competitions (held in the first half) were held in 25 m pools and Long course competitions (second half) were held in 50m pools. Long course is generally tougher than short course.

Pre-registration and try-out for the Team will be starting on the 2nd September for two weeks (until the registration day...13 September 97). Forms will be at your door soon, if not, you can obtain one at the Lipsett Rec. Centre, Westwin Rec Centre, Westwin Community Centre or simply contact the President at 831-1404 during the evening.

See YOU there TIGERS!!!

WBHL wrap-up

by Capt S. Morency, Team Captain, CFANS

Welcome back to this last edition of Gators on ice. The season is now over and the Gators ranked 6th overall out of 20 teams. As for the playoffs, it was a double elimination, unfortunately, we lost our first and third game (not from lack of effort...). Before I leave you, it is my honor to mention that Lt Sylvian Gazeille was awarded one of the 5 most valuable players in the league; not bad for our first official year. Well it's time to pack up and prepare for next year; we'll be looking for good players around March and April. Next season starts in May, so keep us in mind. It's an honor to represent 17 Wing. Until next time, cheers!



Kardio Kix - Aerobic Martial Arts

Why is "kardio kix" sweeping Winnipeg? Because it gives you all the fun of Martial Arts without the "serious stuff" - no uniforms, no belts, no breaking concrete with your head...just a serious sweat and you will learn some self defense techniques. Kardio Kix can be performed by anyone regardless of fitness level or age. You exercise at your own pace.

A demonstration of Kardio Kix and registration for the club will take place at the Registration Fair. For more information, please contact Carla Ryan, Community Recreation Director at ext. 2059.

Visit Fliverville
PRETTY AND HISTORIC
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JUST 10 MINUTES WEST OF THE CITY OF WINNIPEG, MB
Travel down the Assiniboine Trail, Hwy. 26, to Thee Olde Nunnery, a charming designated historical site. This renovated former Grey Nuns convent now houses several interesting shops as well as a two level restaurant.



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A two-level "old barn" filled with vintage and classic cars, related memorabilia, car buffs shop, Sweet Shop, and "Henry's Diner and Pour House". Join us in "Fliverville" for a trip down nostalgia lane. Bring the family and spend the day.

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MFRC ANNOUNCEMENTS

350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

This questionnaire will assess the child care needs for the Winnipeg Military Community. Please mark an "X" to the appropriate answers and return the form by 15 September, 1997 to the MFRC at 350 Doncaster St., Winnipeg, R3N 1W8, Attn: Children's Program Co-ordinator.

1. Is your childcare need currently being met? Yes No
2. As a parent, which group pertains to you?
 Single parent One parent military member Both parents military members
3. If full time day-care were made available by the MFRC, would you use it?
 Yes No
4. What is/are your child/ren's age groups?
 New-born - 12 mths 12 mths - 36 mths 36 mths - 5 yrs 6 - 12 yrs
5. When looking for children, what types of problems concern you?
 Flexibility of day-care hours (shifts) High fees
 No or limited child cares available for specific age groups (infants, toddlers, special needs, out of school care)
 Distance between day care provider and place of work/home.
 No emergency care available (i.e. TD Exercises)
 Other (please specify) _____
6. Day-care fees are determined by provincial legislation as follows: Infants \$25.05-\$27.50; Pre-schoolers \$16-\$18; School ages \$4.65-\$5.85 (one session) or \$4.20-\$9.60 (two sessions)
Would you be willing to pay this amount? Yes No
7. If you had a choice between an MFRC day-care and any other day-care which one would you choose?
 MFRC Other Why? _____

MFRC FUNDRAISER

FAMILY FUN DAY

Westwin Community Centre & Bldg. 90
13 September 1997

1030 - 1900 hrs

\$3 per person or \$10 per family

Adult & Children's Events 12 noon	Car Rally 10:30 a.m.	Marshmallow Roast & Bonfire 4:00 p.m.
ALL DAY		
Bike Rodeo	Prizes	Chili Bake-Off
Face Painting	Food & Refreshments	Dunk Tank
Fish Pond		Magic Show
Fire Truck		Pool Events

SUPPORTED BY WMCA/WMCC/F&S DEPT

Base / Wing Lotto

It's time to think about the 17 Wing Lotto again. For \$26 you can join the Lotto for 6 months of draws. We draw 2 numbers every two weeks and each number receives \$100. Your number lets you play for every draw and you can win more than once. Our last campaign had 183 members out of 300 tickets allowed to be sold.

This is a Military Family Resource Centre Fundraising Event and profits will go to the new Youth Centre on Doncaster St. The Lotto is open to all CFB 17 Wing members, civilian employees & spouses.

To sign up, fill out the form below and send it to the MFRC at 350 Doncaster Street, Winnipeg, MB R3N 1W8. All Lotto members who send in their application and post dated cheques or money orders before September 15, 1997 will be entered into an early bird draw for a free Lotto Membership. *The first draw will be on 02 October 1997.*

Base / Wing Lotto

SN _____ Mr/Mrs/Rank _____
 Name _____ Work Unit _____
 Work Phone _____ Fax Number _____
 Mailing Address _____
 Postal Code _____ Home Phone _____

___ I wish to renew my membership. Enclosed is my cash or post dated cheque for September 30, 1997.

___ I am a new Wing Lotto Member. Enclosed is my payment for \$26.

For more information on Wing Lotto contact Linda or Celine at the MFRC 489-7003.

WING LOTTO WINNERS

31 JULY 1997: Sgt Shane Pollack 2PPCLI and S. Fuller

TO DATE THE FOLLOWING MEMBERS HAVE WON WING LOTTO:

Sgt Fulford (twice), Cara Hebig, CWO Kamperman, LCol Spooner, MCpl MacIsaac, Denise Bedard, Cpl McKarchuk, C. Wlock, MCpl Taillon (twice), MCpl Ruthven, Bob Teakles, Catherine Mayor, Hilary Marrin, CWO Vallee, Rose Dong, Cpl Burrill, Capt Battiste, Debbie Van Ooyen.

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For more info: Call 897-GRIN (4746)

Volunteer Opportunities



If you are interested in having fun, making new friends, sharing your talents and developing new skills, making a commitment to the success of our program, please give us a call at 489-7003.

We are always looking for volunteers for the following programs:

- **FUNDRAISING** Helping us sell the Entertainment Treasure Chest Books and recruitment of Wing Lotto Members.
- **YOUTH PROGRAMS** Energetic individuals required to provide adult supervision for after school and evening activities at the new MFRC Youth Centre.
- **SPECIAL EVENTS** Registration Fair - Canteen, Family Fun Day, Car Rally, Face Painting, B-B-Qing, Registration/Ticket table and lots more.
- **NURSERY SCHOOL/DROP OFF CHILD CARE**
This program has the opportunity for volunteers to assist in programs at both Lipsett Hall and the Westwin Community Centre.
- **TOY LENDING LIBRARY** We require volunteers to help maintain this fun and growing program. To record/maintain inventory, record transactions and update membership and photo albums.
- **FRIENDLY VISITOR PROGRAM** The Friendly Visitor Program is in the development stage and looking for volunteers. This program will be an extension of the New and Expectant Mom's Club and will match a volunteer with a new mom. The volunteer will provide support to the new mom in the manner of a friendly ear to offer suggestions, run errands or care of the baby so the new mom can catch a nap. The commitment is on an as needed basis or agreed upon between the two individuals.

Recherche Enseignante

T/P (TFEII ou III)

Prematernelle Française

Envoyer résumé à CRFM / Wendy Richardson
350 Doncaster St., Winnipeg, MB R3N 1W8

Treasure Chest Books

are again available from the MFRC.

Profits from sales will be going to the new Youth Centre on Doncaster Street.

You can pre-order your books now by calling 489-7003.

This year the cost is only \$25 plus GST.



DINING & ENTERTAINMENT

WO'S & SGT'S MESS 17 WING WINNIPEG

FRIDAY, AUGUST 22..... GOLF TOURNAMENT
 • Tuxedo Golf Club • 0900 hrs • \$5.00
 THURSDAY, AUGUST 28..... NOON HOUR BBQ
 • BBQ Steak w/trimmings • 1130 hrs • \$5.00 per person • Dress of the Day
 • Phone the mess office to register for your steak by 26 August 97.

Ellice Meat Market Ltd

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17 WING COMMANDER'S COFFEE BREAK IS CANCELLED FOR AUGUST

THURSDAY, AUGUST 21..... TGIT - BBQ RIB O' PORK
 • Time: 1730 hrs • Dress: Casual
 THURSDAY, AUGUST 28..... TGIT - PIZZA
 • Time: 1730 hrs • Dress: Casual
 SATURDAY, SEPTEMBER 13..... WING COMMANDER'S MEET & GREET
 • Members only
 SATURDAY, OCTOBER 25..... OCTOBERFEST

UPCOMING GOLF TOURNAMENTS

SEPTEMBER 17..... Quarry Oaks PLUS ONE MORE INVITATIONAL..... T.B.A.

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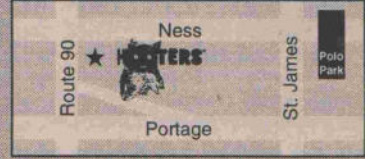
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 1/2 lb. burger with your choice of two toppings
 and a side of fries \$6.99
 Large Blue draft \$2.49

TUESDAY
 The ultimate ham and cheese sandwich served
 with potato salad \$6.99
 Large Club draft \$2.49

WEDNESDAY
 10 chicken wings with a bowl of curly fries
 and blue cheese and celery \$6.99
 Large OV draft \$2.49

THURSDAY
 Soup of the Day (clam chowder also available)
 with a side salad \$5.99
 Large Export draft \$2.49

FRIDAY
 Philly cheese steak sandwich served with a
 side of baked beans \$6.99
 Large Club draft \$2.49

SATURDAY
 Grilled cheese sandwich and curly fries \$4.99
 Large Export draft \$2.49

SUNDAY
 Hot dog platter served with curly fries \$4.99
 Large Blue draft \$2.49

ANNOUNCEMENTS

BLOOD DONOR CLINIC

at 17 Wing Building 33
(Westwin Community Centre)
Thursday, August 28, 1997
1000-1130 hrs & 1300-1600 hrs

For more information contact Carly Ryan,
Community Recreation Directory, ext. 2059.

* Please eat before donating.

* Present identification bearing full name
& signature or photo.

The Canadian
Red Cross Society



17 WING WOODWORKING CLUB

Located: Building 33 (Family Resource Centre)
Hours: 24 hours a day seven days a week
Cost: \$50 + GST per year individually or
\$75 + GST family (dependents over eighteen).
Equipment: full complement of stationary and hand tools
Sales: limited supply of hardwoods
Discounts: hardware store discount cards and access to
wholesale lumber
Contacts: Pres. Capt Steve Wilson ext 5809
Treas. WO Marty Wohlgenuth ext 2421.
Equip. Cpl Greg Jabusch ext 5254



INTERSECTION BEACH VOLLEYBALL

3 on 3

Thursdays, 1200 hrs., Bldg 90

If interested contact the Rec. Centre at ext 5511
Come out and have some fun!

REUNIONS

435/436 Burma Sqn Assoc. 1997 REUNION

12-14 September 1997, Delta Hotel, Winnipeg
For further information contact: Mr. Al Rosati, (416) 241-9648
or 435/436 Burma Squadrons Association, Box 403 Station B,
Etobicoke, ON M9W 5L4.

410 SQUADRON RCAF ASSOCIATION REUNION 97

At the TRAVEL LODGE INN EAST, Winnipeg
AUGUST 28 - 31, 1997

For further information contact:

Mr. Pat Anderson (204) 453-6960 517 Churchill Drive,
Winnipeg, MB R3L 1W3

409 RCAF Nighthawk ASSOCIATION REUNION

AUG 28, 29, 30, 31, 1997 IN WINNIPEG
AT THE VISCOUNT GORT HOTEL
All 409ers war time & post war wishing information on the
reunion are to contact Todd Collinson, 1716 Sherwood Forrest
Circle, Mississauga, ON L5K 2G7. Phone (905) 822-0278.

2 WINGERS

Welcome to the
Heart of the Continent

Our next reunion will be held in

WINNIPEG, MB SEPTEMBER 5 - 7, 1997

The Registration, Meet & Greet, Banquet & Dance are to be held at
The International Inn. We hope to see an enthusiastic turn-out of 2
Wing personnel, their guests and civilian members of the Wing.

For more info. contact Archie Gill at 204-889-2678.



ATTENTION DART PLAYERS

The WO's and Sgt's Dart League (north side) is currently taking registrations for 97-98 season.

An organizational meeting will be held at the WO's and Sgt's Mess on

THURSDAY, SEPTEMBER 4, 1997 AT 7:30 P.M.

Anyone interested in joining our league is invited to attend this meeting. If you are unable to attend,
please call one of the following members with your name & phone number: Gloria Johnson, Pres. 888-1415;
Don Berry, Vice-Pres. 832-1123; Remi Cote, Statistician 897-7374.

Registration Fair - Change of Hours

To coincide with the MFRC Family Fun Day, the hours of the Registration Fair have been changed to
0900-1200 hrs vice 1000-1300 hrs on 13 September 97. The fair will still take place in Building 21 (Gym)
for all 17 Wing personnel, their families and associate members.

The fair is organized to provide registration to all groups and organizations within the MFRC,
Recreation Council and the Winnipeg Military Community Council. Club demonstrations will take
place throughout the morning.

The next issue of the VOXAIR will have a list of clubs/organizations attending. For more information
contact the Community Centre at ext. 5976 or 2059.

NEED A PLACE FOR A SPECIAL FUNCTION?

JOIN US AT THE CFB WINNIPEG CURLING CLUB, AT THE CORNER OF GRANT & KENASTON, BEHIND LIPSETT HALL. THE NEW
AIR CONDITIONED CURLING CLUB IS AVAILABLE TO HOST YOUR SPECIAL FUNCTION. WE HAVE AN EXCELLENT CATERING SERVICE
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FOR INFORMATION CALL THE CLUB MANAGER, MR. ROSS FORBES AT 833-2500 EXT. 6802.

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HERE'S AN OPPORTUNITY TO THANK OUR MILITARY

THE MILITARY TATTOO

SUNDAY AFTERNOON, NOVEMBER 9TH, 1997, WINNIPEG ARENA

To order tickets call Select-A-Seat at 780-SEAT, Toll Free 1-800-780-SEAT, agency fees apply.

17 WING/BASE COMMUNITY SUMMER SWIM SCHEDULE

CASUAL SWIM

Lipsett Hall - July to 31 August 97	Bldg. 90 - July to 31 August 97
Mon., Wed., Fri. 1300 - 1500 hrs / 1800 - 2000 hrs	Tues. & Thurs. 1300 - 1500 hrs / 1800 - 2000 hrs
Saturday, Sunday & Holidays 1300 - 1530 hrs	Saturday, Sunday & Holidays 1300 - 1530 hrs

ADULT CLASSES

Classes will be offered at Lipsett Hall & Bldg. 90, once a week for an hour during both work
hours & evenings. They will run on a 10 class per session basis.

AQUA ADULTS SWIM CLASSES

MILITARY MEMBERS

Day classes are FREE

Evening classes are \$22 for 10 classes.

COMMUNITY MEMBERS

Day classes are on a drop-in basis (\$2 per drop-in)

The classes will be \$22 per 10 class session

AQUA FIT CLASSES

MILITARY MEMBERS

Day classes are FREE

Evening classes are \$2 per drop-in per class

COMMUNITY MEMBERS

Day & evening classes are on a drop-in basis

(\$2 per drop-in)

If interested or have any questions contact the Aquatic Supervisor, Michelle Seggie, ext. 6847.

Newcomers' Club of Winnipeg

Are you new to the city? Feeling you need to socialize? Then come to our next NEWCOMERS' meeting
on the third Wednesday of each month at the Wildewood Club. NEWCOMERS' is a non-profit social
club, comprised of ladies who have recently moved to the city and have joined to meet new people,
participate in various activities, and to acquaint themselves with Winnipeg. Our General Meeting is usually
held on the 3rd Wednesday of each month (excluding July and August). This is a social evening which
includes a guest speaker, with coffee and dessert served afterwards.

For more information call 992-2999 and leave a message. Someone from "Hospitality" will be happy to
return your call.

Ceramics Club

Ceramic Club hours for the
summer months are posted
on the doors of the Club.

If you have any questions or
concerns, please contact:

Chantale 888-5192;

Michelle 831-0113;

Club 833-2500 ext. 2490.

We will be open one day a
week to obtain supplies.

Hope to see you at the Club.

Have a safe and happy summer.

St. James
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PERSONAL CLASSIFIEDS

EVERYBODY'S MARKETPLACE

CARPOOL

Carpool - Leaving St. Vital (Brixton) 0700 hrs. Leaving 17 Wing (Bldg 75) 1600 hrs. Monday to Friday. Flexible arrangements. Please contact Pat Kieffert at home (257-1814) or at work (local 6875).

Carpool - Leaving River Grove (Perimeter and Main) 0700 hrs. Leaving 1 CAD HQ/Bldg 1600 hrs. Monday to Friday. Flexible arrangements. If interested, please contact Capt Todd Cox at home 339-7367 or at work ext. 2191.

CHILD CARE

Mother of 3 will babysit children, ages 0-2 full time. Phone Lori at 487-2981 or 487-7243.

Experienced Mom willing to babysit in my home, located 5 minutes from South or North side base. Planned activities, bilingual, \$16 per day. Phone Nathalie 889-0320.

Qualified CPR and First Aid, 15 years plus experience. Loving and caring home, Southside PMQ area. Full or part time available. References upon request, call Gail 487-0132.

Mother of two would like to provide childcare in my home, South Side P.M.Q. after summer break. 2 years and older. Receipts as required. Please call 489-0208.

Lots of T.L.C. for your children. Any age, single parents, shiftworkers welcome. In my southside P.M.Q. Please call Tammie at 487-3780.

MISC. WANTED

Wanted - S350 Turbo Diesel Mercedes or 350 SDL Turbo sedan or wagon. Call Hugh at 885-6137, 0800 - 1400 hrs, Wpg.

Wanted - We are desperate to buy a fence for our two large dogs, 4' or higher, wood or chainlink. Can you help? Call 831-5143.

Wanted - Filing Cabinet - 2 or 4 drawer, legal size, locking filing cabinet. Call Peter at 334-7274.

MISC. FOR SALE

For Sale - Children's Playhouse, 8x8x6 ft., excellent cond., \$600 to build, will sell for \$350 OBO. Can be seen at 241 Ubique Cres. or phone 488-5947.

For Sale - Butcher's block table \$250; medium dog cage \$35; Super NES with Super Scope and 21 games \$500. Call 832-9301.

For Sale - 1990 Buick Riviera, 3.8 lt., dark red colour, no rust, super condition, \$9,500 OBO, details by phone. 253-9249.

For Sale - Set of encyclopedias \$150; large dog cage \$50; large freezer \$150; baby clothes, 3 - 12 months and toys; box spring \$5. Phone 897-3185.

THRIFT SHOP

Community Council Family Thrift Shop

54 Bourkewood Place
888-5283

Tues. 6-8 pm, Thur. 1-3 pm
Saturday 10 am - 3 pm
Something for Everyone!
Open an Account!
Volunteers Needed!
Material Donations Accepted!

MISC. FOR SALE

For Sale - Baby Treker infant carrier, used twice since April 97, \$50 firm. Fisher Price Port-A-Swing, new condition, \$60. Maternity clothes (most fall/winter) less than 1 yr. old, all in excellent condition, items starting at \$5 ea. or take whole wardrobe for \$300 (includes spring/fall swing coat). York 9200 weight bench, includes 260 lbs. of weights, preacher curl, leg curl, biceps curl bar, \$250 OBO. White roller blind, 36" w x 70" l, very good quality, \$15. Light drapes, unlined, 1 pair approx. 9' w x 90" l and 1 pair approx. 6' w x 51, off-white color, have hooks, good cond., \$10 for both sets. Call Caroline at 488-9467 days or evenings.

For Sale - Yamaha EXL 3 Snowmobile, oil injected, electric start, new sliders and skies, \$1500. Phone 833-6547 or 896-0530.

For Sale - 16 foot Sylvain Backroller Boat, 60 hp Mercury outboard, power trim and tilt, electric 28 lb Mercury thruster, Livewell with electric aerator/bilge pump, full lighting package, rod locker and two storage lockers, full carpet, four swivel seats, LED Depth Finder with Shorelander trailer, \$4000. Phone 833-6547 or 896-0530.

For Sale - Air Conditioner, Westing House, 10,000 BTU, 5 years old, new cond., \$275. Phone 888-0712.

For Sale - Four burner range, suitable for home or MQ, good cond. \$100; King size, six drawer waterbed, new heater, good cond. \$100; Super single waterbed, \$50; Electric juicer, brand new, \$20. If interested, please call 489-7130 before 2000 hrs.

For Sale - GE Washer and Dryer, asking \$500 for both. Wagon Wheel Green Step II, \$45. Call 889-0761.

For Sale - 1880's trunk \$80; cedar picnic table with 4 detachable benches \$300; bed frame \$15; Laney 50 watt tube guitar amp \$300; Casio digital keyboard \$100; Kenwood 3 pc. stereo \$50; 2 x large Sony speakers \$50/pr; Sony Beta Hi-Fi \$40; Champs work-out bench (bands) \$60; 5 ft. aluminum ladder \$30; asst. shovels and rakes. Phone 489-0906.

For Sale - Moving! 10,000 BTU window air conditioner \$125. 10'x10' Garden Shed, Southside PMQs, \$250. Upright piano, plays well, \$650. Whirlpool dishwasher, \$100. Call 489-2836.

For Sale - Formal Mess Kit, brand new, worn only twice, \$250. Call Ed Vukets 255-3155.

For Sale - "Kay" bass viol, string bass, 45 years old, model C1 - Reg. no. 15648, one owner, very good condition, \$1500, OBO. 253-9249.

MEDAL MOUNTING MONTAGE DE MÉDAILLES

If you have any medals to court mount whether miniature for mess kit or regular for tunics, call Capt François Vigneault CD, at 6364 or after 4:30 at 889-4809, Winnipeg.

Si vous avez des médailles à faire monter soit des médailles miniatures pour la tenue de mess ou des médailles régulières pour la tenue de parade, appelez capt François Vigneault CD, au poste 6364 ou téléphonez 16h30 au 889-4809 à Winnipeg.

MISC. FOR SALE

For Sale - Blue Winter Parka, like new, size 44, worn only one winter, \$35. Call Ed Vukets 255-3155.

For Sale - York XP-300 exercise bike, \$35. Brita humidifier, valued over \$100, asking \$40. Men's skates, size 6, like new, \$20. Boy's skates, size 11, like new, \$15. Phone 489-8863.

For Sale - 10'x10' shed, \$350. 144' chainlink fence, \$600. Three carpets for storey 1/2 PMQ, \$150 each. Items can be seen at 392 Grenadier Drive or call 489-1054.

For Sale - Baby Crib (1989) with mattress, hoop-end, natural wood, exc. condition, \$100. 255-8722.

For Sale - Electric paper shredder with metal stand, top condition, one year old, \$75. Phone 253-9249.

For Sale - Small coffee table, smoked glass top, solid oak frame and shelf, 28" l x 20" w x 20" h, new - unused, \$100. Phone 253-9249.

For Sale - Two Electrohome speakers, sets, solid wood cases, very good condition, \$75. Phone 253-9249.

For Sale - Two bedside wooden cabinets with top drawer and lower shelf, new, \$75. Phone 253-9249.

For Sale - Blue Summer Windbreaker, size 44, \$15. Call Ed Vukets 255-3155.

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For Rent - Lovely 1200 sq. ft. 3 bdrm. duplex, newer carpets, air conditioning and four appliances. Close to ACHQ. \$625 plus heat & hydro. Available July 1. Call Ed Dale 771-5310.

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