

# The VOXAIR

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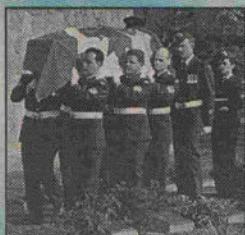
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## Military Pay - Unfair?

By Wing Commander Col Sharpe

A recent presentation by the Acting CDS to the Standing Committee on Defence and Veterans Affairs (SCONDA) has raised the issue of how military pay is related to the pay of the public service and how some of the rates are determined. From my perspective as a Wing Commander, I believe it is important that we all understand some of the technicalities behind this issue. I am going to reprint an excerpt from an article that was in the Voxair a couple of years ago about pay and at the same time introduce some background on how our rate of pay is arrived at.

First of all, some background. Since the late nineteen-sixties, it has been government policy to compare military compensation and benefits to the Federal Public Service (PS). This comparison is done on a total compensation basis, not a direct dollar for dollar matching. This is why you cannot directly compare a uniformed member and a civilian employee doing the same job on an equal salary basis. This total compensation takes into account some 20 different issues, among them such things as the frequent moves faced by the military, disruption of spousal employment, earlier retirement ages and so on.

The average compensation for CF members is determined using several points of comparison with the public service. Specialists, such as doctors and lawyers, are benchmarked directly with their public service counterparts. Colonels and Generals are compared to the PS Executive Group, where the pay is determined by an independent advisory group of Chief Executive Officers from the private sector. Captains to Lieutenant Colonels are compared to 17 related PS groups. Corporals are benchmarked to the PS at the journeyman level and Chief Warrant Officers are benchmarked at the middle of the Captain rank. The ranks in between are extrapolated from these two points. Privates' pay is determined as a percentage of Corporal pay. The percentages were initially based on provincial apprenticeship rates, updated by the same percentage increases given to other NCMs.

Although comparability would normally mean that we should have received compensation when a shortfall was identified, this did not always happen. This is why we are now hearing that Officers are 14% behind their PS counterparts, and NCMs are approximately 4% behind. The 2.2% raise for NCMs on 1 April 1996 was a definitive step toward bringing them closer to their benchmark. At this time I will include an excerpt from an article previously printed in the Voxair. Hopefully this will help clear up any misconceptions that our compensation package is unfair.

*"In this column I will deal with my concern that a number of sources are either implying or outright stating that within the Canadian Forces we have been unfair in the pay and compensations area, specifically, with respect to the differences between commissioned and non-commissioned members.*

*For those of you whose memories do not stretch as far back as mine, a brief look at the pay scales from 1965 might be of interest. When I first joined the Air Force, a general officer holding three star rank (Air Vice Marshall) with a basic monthly pay of \$1509 earned approximately ten times as much as a fully qualified LAC, equivalent today to about a Pte, level 3. A Group Captain (Colonel, i.e., an officer with four stripes for the Legion magazine editor) brought home nearly 7 times as much, a Captain equivalent earned three times as much, a CWO earned about two and a half times as much and a Sgt earned 1.6 times. The same comparison today yields ratios of four to one for the LGen: Pte*



Wing Commander Col Sharpe

*(vice 10 to 1), three to one for the Col: Pte (vice 7 to 1), 1.6:1 for the Capt (vice 3: 1), two to one for the CWO: Pte vice 2.5 to 1, and 1.45:1 for the Sgt. This is not indicative of an organization that is taking from the most junior to benefit the seniors.*

*In simple terms, as an organization we are reducing the spread in compensation between the senior and junior personnel, not as the media would have us believe, towards an armed force that rewards the seniors at the expense of the "working" ranks. Each of us joined the military for our own reasons, but few of us joined to make our fortune. However, a reasonable standard of living ought to be expected, and as rank and responsibility increase, so should the income. Compensation should be equally fair for all of us and I believe it is. External organizations that imply differently do not have the best interests of the Canadian Forces or of Canadians at heart."*

In conclusion, although CF members have not always received due pay compensation based on the government policy of comparability to the PS, there have been initiatives put forth to compensate us in other ways. Just to name a few of these programs: Home Equity Assistance, the Guaranteed Home Sale Plan, and the Accrued Leave Cash-out. In addition to pay and benefits, members also have options available to address financial and family problems, such as the CFPAP loan program, and support centres that cater to family needs. I believe that the Canadian Forces has done a respectable job at looking after most our needs, during these times of fiscal restraint.

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# Easter Enlightenment



By CM Walton-Simm, Maj,  
Managing Editor

Spring is here! Although the weather may not be any indication, the arrival of the Easter Bunny certainly is a hint for us. The celebration of Easter is a common practice for many Canadians but one can often lose sight of why we actually do celebrate it. Easter is more than just a few extra days off work with lots of chocolate, eggs and bunnies. It is considered one of the greatest festivals of the Christian church which commemorates the resurrection of Jesus Christ and dates back to 325 AD. There are a lot of customs and traditions that we observe during Easter which have a significant historical basis as

well. Here is a little bit of information to enlighten:  
- the name Easter comes from "Eostre", an ancient Anglo-Saxon goddess, originally of the dawn. In pagan times an annual spring festival was held in her honour;  
- Easter is a movable holiday as it is to be celebrated on the 1st Sunday after the 1st full moon on or after the March 21st vernal equinox (time of year when the sun is equidistant from both of Earth's poles);  
- Palm Sunday, one week before Easter, celebrates the entry of Jesus into Jerusalem. Holy week begins on this day, Holy Thursday is in memory of the Last Supper of Christ with his disciples. Good Friday commemorates the cru-

cifixion;  
- Shrove Tuesday, the day before the beginning of Lent is also known by its French name "Mardi Gras" or "Fat Tuesday" and is the last day of a carnival season full of elaborate pageants. The origin of the word carnival is probably from the Latin "carne vale", meaning "flesh (meat) farewell";  
- Lent, a season of prayer, abstinence and fasting, is observed in memory of the 40 days' fast of Christ in the desert;  
- Ash Wednesday (1st day of Lent) gets its name from the practice of putting ashes on the foreheads of the faithful to remind them that "man is but dust";  
- Passover is another pre-Christian spring festival which

is a feast of the Jews, observed in memory of their deliverance from Egypt;  
- the white lily, the symbol of the resurrection, is the special Easter flower;  
- rabbits and coloured eggs have come from pagan antiquity as symbols of new life; and  
- Easter Island, near Chile, originally called "Rapa Nui" by the inhabitants, was named Easter Island by a Dutch navigator, who discovered it on Easter Day, 1722.  
So, when you're doing whatever it is you do to celebrate your Easter holidays you can rest assured there is probably a good reason for doing it! Besides all of this we are one step closer to summer (we hope).

## Guest Editorial From the Spousal Support Group

Taken from the "Unofficial" Official Newsletter of the 2PPCLI OP PALLADIUM Rear Party. By T. L. Rideout, Secretary/Treasurer Spousal Support Group

Well two months have come and gone; only a wakie left to go. Many of the battalion members have started their leave blocks and either are here in Winnipeg, visiting family in their hometowns or overseas touring Europe. On behalf of the 2PPCLI Deployment Support Group I would like to wish the best to everyone on their leave.  
As you are all aware, the Support Group has been

extremely busy for the last two months with pancake breakfasts, family dinners, Casino night, etc., etc. We are proud to say that things are only getting better with future activities.  
Please be aware that the Support Group and Rear Party are trying their best to ensure all information is relayed to all the spouses; as you know this is impossible!!! Our best resource is YOU! If you know someone who is not being contacted, call 833-2500 ext. 6163. If you have information about activities, tell your friends and family. The phone leaders will only call three times, and due to lack of trans-

portation up to present, delivery of the YUGO NEWS has been slow.  
Your best resource for ensuring you know what's happening (including any last-minute changes) is the UN Mission Information Line at 1-800-866-4546. All committee members and phone leaders stress that this must be used to its full capacity.  
We would like to thank all of the local Winnipeg businesses and many of the spouses who donated gifts, prizes and a lot of time for the Casino Night. Without your support this event would not have been such a success!  
We trust that with spring on

the way, time will start to fly and everyone will be spending time outdoors. Please remember that the Drop-In Centre is here if you need information or a warm voice to talk to.

## Letter to the Editor

I, too, read "Tarnished Brass" with the same anger and despair as did Rae Rankin reporting in "Brass Reflections" (Feb. 26, 1997). But I want to reassure Rankin

and others that a tremendous groundswell of affection, trust, and support for the rank and file of the Armed Forces can still be counted on, particularly from those of us who

served in WWII and since. Don't lose heart. This, too, shall pass. Sincerely, Alec Herbert Winnipeg, Manitoba

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# SCONDVA Review

Vice-Admiral Larry Murray  
Acting Chief of the Defence Staff

At the request of the MND, the Commons Standing Committee on Defence and Veterans' Affairs (SCONDVA) is currently reviewing a wide range of social and economic issues that affect the lives of the men and women of the Canadian Forces, both regular and reserve. This examination includes issues such as pay and benefits, housing, family-support programs and support to service members before and after operations. The committee plans to present its recommendations to parliament and the Minister of National Defence in the fall of 1997.

SCONDVA began receiving briefs by DND/CF staff on specific issues in early March. After these briefings, the 11 member committee will travel across the country to visit a number of bases, listen to

viewpoints and tour facilities. SCONDVA members will learn first-hand how current policies affect service conditions.

CF members and members of their families will be able to appear before the committee, either at hearings in Ottawa or during the base visits. This is an important opportunity for members and their families to express their views. In that regard, leadership at all levels are to ensure arrangements are made within which an open discussion on this important subject can be achieved.

The committee's eastern Canada travel itinerary has been confirmed:

- 7-8 April 97 CFB Halifax
- 9 April 97 CFB Greenwood
- 10-11 April 97 CFB Gagetown
- 14-15 April 97 CFB Valcartier
- 16-17 April 97 CFB Bagotville
- 18 April 97 CFB Goose Bay

The committee's western Canada travel itinerary has not yet been confirmed.

MND and I have made presentations to the committee. Texts have been sent to Base and Command Public Affairs Officers. SCONDVA Support Team contact at NDHQ is Maj Glenn Robertson, (613) 996-5982.

The SCONDVA review will have a major impact on past, present and future members of the Canadian Forces as well as their families and communities. In order to reach comprehensive and accurate conclusions, this worthwhile and very important initiative will require our full support. I know that I can count on all of you to provide that support.

## New HAZMAT Team Members



2Lt Wingert (left) and Sgt Cry have recently been added to the Wing Hazardous Material Program. 2Lt Wingert will be responsible for bringing automation to the Wing's Hazmat Inventory Control system, while Sgt Cry will be heading up the Hazmat Inspection Cell.



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# CFHA coming to a location near you

Michael Nelson  
Chief Executive Officer

As of April 1, 1997, the Canadian Forces House Agency (CFHA) will be open for business at your location. Having concluded our first year of operation at nine bases/wings which included Esquimalt, Lower Mainland BC, Edmonton, Cold Lake, Toronto, Ottawa, Montreal, Moncton and Halifax, CFHA will now be tackling the challenge of managing all Defence family housing throughout Canada.

As some of you may know, CFHA was established as a Special Operating Agency responsible for the management of Defence family housing with a mandate to provide Canadian Forces members and their families with access to suitable housing. This is no small task since it involved the management of approximately 20,000 DND owned family

dwellings including some 1,500 leased properties - all home to tens of thousands of residents - located at over 30 different sites. The agency's special status gives us great flexibility and allows us to operate more in a business-like manner tempered by the need for public accountability.

What does all this mean for you? Well, residents from the first nine bases/wings can attest to the benefits of having a single agency responsible for housing concerns. If you have a housing issue that needs to be addressed, you do not have to compete with other activities for our attention - satisfying your housing needs is our only priority. CFHA will be there from your initial allocation and arrival at the base, to ensuring your maintenance needs throughout your stay. At CFHA, we are committed to carrying out our mandate

with a strong customer service attitude by offering you prompt and efficient service.

Your primary contact will be the local Housing Management Office (HMO) that CFHA will be opening by April 1, 1997. It will be staffed with a team ranging in size from two to ten individuals - depending on the quantity of housing at your location - ready to serve you. We contract with electricians, plumbers and other trades necessary to address your needs. As funds become available, CFHA plans on improving the homes.

In order to provide a more cost-effective service, the management of a few locations has been contracted out to local property management organizations. These sites include Aldergrove, Debert, Dundurn, Masset, Matsqui, Oakville, St. John's and Yellowknife. Our commitment is to ensure that these sites are provided with

the same high level of customer service as elsewhere.

We consider our residents to be an integral part of our activities. As part of our efforts to build an effective, ongoing consultation process with our housing occupants, our HMOs will establish a Tenant Consultative Group at every location over the next year.

As with any new opera-

tion, there will be some initial hurdles and so we ask for your patience, understanding and support. We are determined to meet the challenges and succeed in providing you with housing services you value and can trust. Once we have set up shop, we look forward to meeting you and encourage you to come visit our local office.

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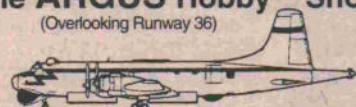
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- Police Administration & Management Certificate - Loyalist College
- Hearing Aid Practitioner Diploma - Grant MacEwan Community College
- Corrections Management Certificate - Loyalist College
- Correctional Services Diploma - Grant MacEwan Community College

#### College

- Human Resource Management Certificate - Algonquin College
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# Commander's Commendation



LCol Spooner accepts the Air Command Commander's Commendation on behalf of Central Flying School. Presenting the Commendation is BGen Findley, COS P&T.

Brigadier-General Findley presented the members of Central Flying School with the Air Command Commander's Commendation early in February 1997. The Commendation reads as follows:

*In recognition of outstanding service through their continuous pursuit of excellence. Despite an ever increasing work-load and loss of staff due to Force Reduction Programme, all aspects of the basic jet training syllabus were revamped to maximize course content while minimizing flying time. These extensive changes have significantly improved the quality and effectiveness of operational training. In addition, the development and implementation by the Standards section of a Fighter Lead-In Training programme utilizing the Tutor aircraft as a replacement for the Freedom Fighter was critical to the uninterrupted flow of the Fighter Training programme. Equally impressive was the dedication of the Instrument Check Pilot School which devoted countless hours to providing Crew Resource Management training for all flying units of the Canadian Forces, and concurrently streamlined the Instrument Check Pilot course from six to four weeks. Illustrating dedication and professionalism beyond the call of duty, the Central Flying School has effectively managed the many factors which have impacted on training methods with an end result of not simply maintaining, but improving operation training.*

LCol Spooner and the members of Central Flying School would like to thank Brigadier-General Findley and Lieutenant-General DeQuetteville for recognizing their hard work and achievements.

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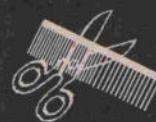
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# Administration Area Renovated

In Oct 96 the 171 Airfield Engineer Squadron was tasked by the WCEO to renovate the administrative area of HMCS Chippawa. During the following 6 weeks the project entered the design phase. This task was delegated to G. Cooper, Flight WO. Tradespeople MCpls from the Flight would perform detailed structural design to further develop their design and cost estimating skills. By 8 Nov, cost estimates and substantial design were completed.

On 18 Dec a warning order was issued by the 171 AEF Comd. The project was readily approved and funded for implementation. Many military AEF personnel were considered for employment and cross-training so that they could be offered maximum exposure to their trades. The Flight hummed with various preparatory activities and on 20 Jan the demolition phase of the project began.

Each tradesperson involved had their share of challenges. The major structural activities led by MCpl Kramchynsky dealt with re-leveling an uneven floor, installing metal stud systems, doors and frames, ongoing structural changes/redesign to accommodate a new HVAC system and installing a new suspended ceiling system.

Under the leadership of MCpl Adams, most domestic and heating plumbing systems were reconfigured. These reconfigurations included: partial dismantling of the old steam heating distribution system and maintaining the existing peripheral heating systems so that other rooms could still be occupied by the users in the coldest days of Jan. Among other major tasks, a substantial re-sizing and re-design of the existing sprinkler system was required to meet revised fire protection

standards as well as the installation of a new heating and air conditioning supply and return ductwork system.

As lead electrician, MCpl Mack had the particularly challenging task of correcting and upgrading an obsolete power distribution network to the renovated space. This was required to support the installation requirements for the new HVAC system, office power and lighting improvements.

A very able and skilled refrigeration technician Cpl Shirran, is overseeing the installation of the new HVAC unit, as well as the installation of its motorized controls for the new ductwork distribution system.

Many site condition problems were encountered and corrected during the course of this project. The major factor impeding our progress related to the shortage of tradespeople caused by course loadings,



MCpl Steckly and Cpl Fortin during a removal of cast iron radiators from the steam heating system.

mandatory leave policies, programmed infrastructure maintenance military skills training and UN taskings to name a few. Case in point: the original project coordinator himself was dispatched at a moment's notice for a UN tour in Haiti!

The construction crew included the following AEF members:

- WO Cooper - Project Comd
- MCpl Kramchynsky - On site Coord (6 Jan - 7 Feb)
- MCpl Adams - On site Coord (14 Feb - 21 Feb)
- MCpl Steckly On site Coord (24 Feb - 17 Mar)
- MCpl Mack - Electrical OPI
- MCpl Laroche - Cabinet maker
- Cpl Wertwyn - Structural OPI
- Cpl Wiseman - Structural
- Cpl Shirran - A/C OPI
- Cpl Fortin - plumber
- MCpl Osborne - trades helper
- MCpl O'Quinn - trades helper
- Cpl Bartlette - trades helper
- Cpl Couture - trades helper

Other civilian engineering designers, tradespeople and contractors were called upon at various points to lend an expert hand and to offer technical advice or service. We wish to thank them all collectively in continuing to make this undertaking a success.

Despite a real shortage of available tradespeople, our AEF members have shown tremendous and commendable spirit, tenacity and dedication in seeing the task to completion. Due recognition will be on the agenda for a ribbon cutting ceremony. All tradespeople and trades helpers have good reason to be proud of their accomplishments. CHIMO.



## Army Cadets Springcon '97

Over 490 army cadets from Manitoba and Northwest Ontario gathered in Winnipeg March 14-16, 1997, for the 14th Sports Tabloid and Appreciation Parade (now known as Springcon '97). Organized by the Army Cadet League of Canada (Manitoba) and the Canadian Forces, the event commenced Friday evening, March 14 and ended Sunday afternoon, March 16. Cadets ranged in age from 12 to 18 years.

The Honourable Linda McIntosh, Minister of Education and Training for the Province of Manitoba, was the Reviewing Officer of the parade, which was held on Sunday, March 16.

All events took place in the Minto Armoury, 969 St. Matthews Avenue in Winnipeg.

This special weekend is organized to bring together army cadets to participate in competitive sports and training activities, and to give them the opportunity to display

skills acquired through their local training programs. It also gives the cadets an opportunity to meet and associate with cadets from other communities and another province.

Cadets attending this event came from Winnipeg, Portage la Prairie, Brandon, Virden, Flin Flon, Dryden, Kenora, Sioux Lookout and Thunder Bay. The Army Cadet League of Canada (Manitoba) is a not-for-profit organization which promotes training programs for youth, both male and

female, ranging in ages 12-18 years. Programs include citizenship, discipline, basic survival skills, first aid, music training, communications and much more.

Events were open to the public, with the special parade and presentation of trophies/awards commencing at 1200 (noon). The parade was also open to the public.

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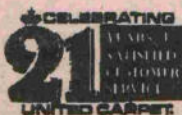
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# Canadians Travel to Burma on Historic Journey

## 435 Squadron returns to country for which they fought so hard to free

By Capt. Richard Pamplin

**O**n February 28, 1997, a CC-150 Polaris took off from Ottawa International Airport to begin a historic, around-the-world journey to close another chapter in Canadian history that had begun more than half a century earlier.

On board the Airbus were 134 Canadians whose mission was to give the crew members of KN 563, a downed Second World War airplane, a proper burial.

KN 563 was a Royal Canadian Air Force C-47 Dakota flown by 435 Squadron that went missing on June 21, 1945, over the jungles of Burma. The crew had departed their base in the Imphal valley of India at 11:55 a.m. to transport supplies to the British 14th Army at Myitkyina, some 250 miles away. They never returned. An intense search effort failed to turn up any sign of the two-engine cargo plane; it was called off owing to the decreasing likelihood of locating the missing aircraft in the dense jungle.

No sign of the missing aircraft or crew was received until 1990, when a local hunter came upon a crash site deep in the jungle in northwestern Myanmar (formerly Burma). He retrieved a watch from the wreckage which bore the serial number and name of Flying Officer William Kyle, the copilot of KN 563. The watch changed hands, and came into the possession of a Christian missionary and jade trader who took it to the Taukkyan (pronounced Chuck-chan) cemetery of the Commonwealth War Graves Commission (CWGC), near Yangon (Rangoon). There, the Regional Director of the CWGC, Oscar Dewer, determined that the watch belonged to a member of the RCAF. Over the next few years, Dewer would attempt, through conventional channels, to learn more about the

watch's owner and how it came to be found in the jungle. In July 1995, the matter was reported to Veterans Affairs Canada (VAC). Dewer was able to acquire the watch from the missionary in the fall of that year, and it was returned to Canada and to the family of F/O Kyle. In November 1996, the military of the Union of Myanmar re-located the crash site in the jungle. A joint VAC-Canadian Forces (CF) recovery team went to the site and were able to positively identify the aircraft, and retrieve the remains of the crew members. The remains were entrusted to the CWGC pending the organization of the official burial ceremony in March.

Veterans Affairs planned and organized the pilgrimage, the focal point of which would be the burial of the crew of KN 563 with full military honours.

*"There was an agreement that we would bury our dead where they fell..."*

The delegation, led by Secretary of State (Veterans) Lawrence MacAulay, included 26 family members of the dead airmen, 24 members of 435/436 Burma Squadrons Association, representatives of veterans organizations, VAC officials, members of the recovery team, and a CF burial party which included current members of 435 Squadron.

The trip was an ambitious undertaking that would have the delegation circumnavigate the globe in seven days, with layovers in Manchester, Delhi, Rangoon, and Tokyo.

Prior to the voyage, questions had been raised as to why the remains had not been repatriated to Canada for burial. "There was an agreement that we would bury our dead where they fell, and that has been the way it was done for the First World War and Second World War," said MacAulay. "And that is the policy now." It follows then, that every effort must be made to give our fallen servicemen from past wars a proper burial no matter when they are discovered, no matter where in the world. Norman Altsteder, a 435 Squadron navigator during the war echoed these sentiments. "This trip and this funeral in particular, epitomizes the act of remembrance, and the gratitude of the Canadian people."

This journey was an excellent opportunity for members of 435 Squadron, both past and present, to come together to pay their respects for fallen squadron members.

"Although these men died more than 50 years ago, they are still members of 435 Squadron," said 435 Squadron Commanding Officer Lt.-Col. Roger Lamothe. "I feel the same about these members as I do about serving squadron members. It is our responsibility to ensure that we honour those that have served before us, and that the memory of their sacrifice is never forgotten." To help recognize the link between 435 Squadron of yesterday, and the squadron of today, Lt.-Col. Lamothe presented the families of the crew of KN 563 with copies of the squadron's 50th anniversary history book, and a commemorative squadron coin. In addition, the members of the funeral guard not serving with 435 Squadron were inducted into the squadron as honorary members. This was done so that the crew of KN 563 would be laid to rest by a funeral guard that would consist entirely of 435 Squadron members.

As one would imagine, a journey such as this one was not without emotion. For many of the veterans, returning to the country where they fought the Japanese, and then laying over in Japan, brought back a flood of memories. For the serving members of the CF, it was an honour to be allowed to come here, to play a part in laying these heroes to rest, and in helping their families find closure.

There are 55 Canadians, mostly of the RCAF, buried at

*"A soldier of the 1939-45 war. Known unto God."*

the Taukkyan cemetery. Many of these names were familiar to the veterans on this pilgrimage. On the morning of the funeral rehearsal we took the opportunity to tour the grounds of the cemetery. There are more than 33,000 soldiers and airmen buried in the cemetery, some 20 kilometers north of Rangoon. The majority of them, 27,000, are unknown. Many grave markers simply read 'A soldier of the 1939-45 war. Known unto God.' This cemetery stands as

a reminder of the horrors of war: the destruction and the loss of life. Canadians of my generation have not known war of this magnitude, but I am humbled in the presence of its effects. One grave marker commemorates a soldier that was only 17 years old. Another stands as a reminder of the sacrifice for peace that a 29 year-old sergeant in the Lincolnshire Regiment made: his name was G. Makepeace. Although not overwhelming in appearance, the entire cemetery with its neat, identical rows of markers, and its stone monuments left me with feelings of awe, respect, gratitude and sorrow. The last line of the inscription in the Memorial Court reads 'They died for all free men.' As if to remind us that history never changes, it just repeats itself, a flight of three fighters turn overhead

*...they are buried in a country where men do not know freedom.*

the cemetery. I am reminded that the Union of Myanmar is battling insurgents along its border with Thailand.

435 Squadron was formed in India in late 1944, however the squadron crest bears our mascot 'Chinthe,' a pair of which can be found outside all Burmese pagodas. The squadron's mission, as part of the Combat Cargo Task Force, was to support the British 14th Army who were fighting the Japanese in Burma at the time. The British prevailed and eventually the Japanese were driven from Burma.

Soon after the war, Burma gained its independence from Britain. Less than ten years later, however, a military dictatorship took over and has ruled ever since. In the late 1980's, a pro-democracy strike sparked the military regime to resort to violence on the scale of Tiananmen Square. Foreign journalists were not allowed in the country at the time, and thus the event did not receive much notice in the West. The leader of the pro-democracy movement has been under house arrest since 1989, even though she won an election in 1990. Last year was Visit Myanmar year, an attempt by the State Law and Order Restoration Council (SLORC) to increase tourism and foreign investment. Free market economics are coming into

fashion as well as Japanese money, yet strict controls are placed on who may enter or leave the country.

The portions of Rangoon and the countryside that we saw (or were allowed to see) were intriguing, fascinating and beautiful. Pagodas are covered with gold gilt. Monks with shaved heads and brown or red robes walk silently by in single file. The monks and I exchange furtive glances, each unsure of the other. Many people would wave as our bus full of Canadians wove its way down the crowded streets. In the market, customers and merchants alike would greet a friendly smile in kind, however I was left with the feeling that they didn't see too many white people here. The women would wear a fragrant bark called *thanaka* as both protection from the elements and as a beauty mark. Roadside stands sell traditional tea and food, yet Labatt beer and western cigarettes may be purchased next door.

To a casual (unqualified) observer, this is not the Orwellian society portrayed in magazine articles about Myanmar. Police states are supposed to be lifeless, drab and sullen. They aren't supposed to have opulent temples, brightly coloured garments and beautiful people. Nonetheless, the evidence exists that this was not the country that the soldiers and airmen envisioned when they fought so hard to wrestle it from the Japanese Imperial Army's grip. Tens of thousands of young men of all nations gave their lives fighting for a cause. The cause was to free Burma. They died so that men may be free, yet now they are buried in a country where men do not know freedom.

This story is an important one for Canadians. As time goes by, it becomes easier to forget the significance of the events in our history that brought us to where we are today. Six young men die in the service of their country. Their families know nothing of their fate for 50 years. A group of Canadians travels around the world to see that they are buried properly and that the families may know some closure. We are forced to remember the supreme sacrifice that these and tens of thousands of other young Canadians made for the sake of freedom. This is surely an important story for Canadians: we must remember why we must never fight another war.

# Second World War Airmen Finally Laid to Rest

## 435 Squadron honours fallen comrades 52 years later

By Capt. Richard Pamplin

YANGON, MYANMAR — On March 5, 1997, Winnipeg's 435 Transport and Rescue Squadron buried six of their fallen comrades with full military honours at the Commonwealth War Graves Commission (CWGC) Taukkyan (pronounced Chuck-chan) Cemetery, near Yangon, Myanmar (formerly Rangoon, Burma).

The six airmen were the crew of a Royal Canadian Air Force C-47 Dakota, KN 563, which went missing over the jungles of Burma on June 21, 1945. The 435 Squadron crew had been on a mission to deliver supplies to the British 14th Army at Myitkyina, and never returned to base. The crew of KN 563 consisted of Warrant Officer 2 William Rogers of Halifax, Nova Scotia; Flying Officer William Kyle of Perth, Ontario; Flying Officer David Cameron of Oshawa, Ontario; Flight Sergeant Charles McLaren of Campbellville, Ontario; Warrant Officer Stanley Cox of Beresford, Manitoba; and Leading Aircraftman Cornelius Kopp of Duchess, Alberta.

The aircraft wreckage had been found in the jungle in the northwestern portion of Myanmar in 1990 by a local hunter. He retrieved a watch from the site, which bore the name and service number of F/O William Kyle. After some time, the watch and more importantly, the service number, came to the attention of the CWGC at Yangon. Eventually, a joint Veteran's Affairs Canada - Canadian Forces recovery team was able to return to the site in

November 1996, to identify the wreckage and retrieve the remains of the crew members.

The remains of the airmen were buried together, in a simple teak casket. The casket was draped with a Canadian flag, and an RCAF officer's cap and sword were placed on top. Six hatless pallbearers carried the casket on their shoulders.

Among the mourners were family members of the airmen, original members of 435 Squadron, representatives of

colours, which proudly display the battle honours received for the Burma Campaign of 1944-45, were present at the funeral.

The memorial service and burial were performed at the Taukkyan Cemetery, 20 kilometers north of Yangon. The large stone monuments, and the well kept rows of grave

by the sounds of traffic passing by. Several onlookers observe from a respectful distance away. The funeral procession began at 4 p.m. in the 37 degree Celsius heat of

an early March day. The condolences of the Government of Canada were offered by the Honourable Lawrence

MacAulay, Secretary of State (Veterans). He read from a letter that was addressed to the father of LAC Cornelius Kopp by Wing Commander T.P.

were young men brought together for what we now know was too short a time. We mourn their loss." Following the benediction, the piper played Amazing Grace.

The procession moved to the graveside, where the airmen would be buried in a common grave, with individual grave markers. Soil from Canada was brought with which to bury them. The Act of Remembrance was recited in English by Joe Kobolak, Royal Canadian Legion. The Last Post, Piper's Lament and Reveille were played. Missing were the three traditional volleys fired over the casket; the rifles carried by the firing party were ceremonial ones, as the military government of Myanmar would not allow them to carry real rifles.

The six families were each given a folded Canadian flag, and the posthumous medals that had been awarded to the airmen. At the conclusion of the service, the mourners, beginning with the families, paid their respects to the deceased. "I feel that they're at rest now," said Elinor Brown, sister of flight Sergeant Charles McLaren. Mark Kyle, nephew of Flying Officer William Kyle, placed a white rosary on the casket.

After the funeral, many of the veterans wandered the grounds of the cemetery inspecting the grave markers. Those of the 55 Canadians buried there were marked with Canadian flags for the occasion.

At dusk, the 134 person delegation boarded the buses, for the 45 minute drive back to Yangon. A police escort led the way.

*"As surely as the sun sets,  
and the morning breaks -  
you will remain with us and stay  
in our hearts."*



From l to r: Capt Corey Smith, Colour Party Commander, Aung Zaw 'Zaw-Zaw' Min, guide, and LtCol Roger Lamothe, Commanding Officer 435 Squadron following the funeral. Zaw-Zaw was instrumental in helping the 'Chinthes' of 435 Squadron acquire some Chinthes of their own. Zaw-Zaw is a civil engineering student, and his graduation was the day after our departure for Myanmar. Photo: DND

veterans organizations, and six parliamentarians including the Secretary of State (Veterans).

The funeral service was conducted by Maj. Kevin Dingwell, a padre from CFB Ottawa. The 36 person funeral party consisted of members of 435 Squadron, and was commanded by Maj. Eldren Thuen. The squadron's

markers stand as a sobering reminder of the sacrifice made by many during the Second World War. More than 33,000 soldiers and airmen who fought the Japanese in the India-Burma theatre are buried here. The serene, peaceful feeling of the cemetery, which is perched on the side of a busy highway, is unmarred

Harnett, then commander of 435 Squadron. Mr. MacAulay concluded by remembering the crew members individually: "As surely as the sun sets, and the morning breaks - you will remain with us and stay in our hearts."

Elio Rosati, an original member of 435 Squadron, delivered the eulogy. "These



Relative of Ldg Aircraftman C.J. Kopp picks up soil from gravesite - Taukkyan War Cemetery.

Photo: Cpl F. Hudec, CFSU

## The Act of Remembrance

*They shall not grow old as we that  
are left grow old.*

*Age shall not weary them nor the  
years condemn.*

*At the going down of the sun and in  
the morning*

*We will remember them.*

*We will remember them.*



Casket with remains of aircrew of RCAF Dakota KN-563 makes its way to ceremony site - Taukkyan War Cemetery

Photo: Cpl F. Hudec, CFSU



# Community Policing Corner

Cpl D.R. Menard  
SAMP Sqn  
Community Policing Representative

This is the second of a series of six articles in the Voxair, that will deal with such topics as home and personal security. As mentioned in previous articles, these helpful hints can be used at any time of the year, and at your home, apartment, or cottage.

## PUBLIC PLACES

When in theatres, it is wise to avoid dark corners. You should sit by the aisle and near the entrance if possible. Be wary of strangers when in conversation, and avoid giving them your name. Should danger threaten, call police immediately.

## PUBLIC TRANSPORTATION

When riding the bus, whether you are a woman or man, you should try and sit near another person or sit near the driver. If you are bothered by a person, report it to the driver. You should try and avoid isolated bus stops.

## DRIVING

When out travelling, you should keep to well lit streets, and keep the windows rolled up and doors locked at all times while in your vehicle. It is also not a wise idea to pick up a hitchhiker. Prior to entering your vehicle, when parked in a parking lot, you should always look inside it to ensure that no one is within. A good idea is to carry a small flashlight on your person, or attached to your key chain. When returning to your vehicle, always have your door key in your hand and ready. If another vehicle

is following you, drive to a service station, restaurant, or police station. Never drive to your residence. This only gives the person following you an idea of where you live. You should carry a "CALL POLICE" sign in your vehicle at all times in case it breaks down. This is placed in either the front or rear window. You should remain in the vehicle with the doors locked and windows up, and wait for help. Do not open the doors to strangers. Roll down the window an inch to talk or ask for identification, or to request anyone who stops, to contact the police for assistance for you. Honk your horn if danger arises. Another good idea is to keep your fuel tank at least half full during the winter. In this way, should you get stuck in an isolated area, you will be able to run your vehicle and maintain heat until help arrives. Also keep such things as a skidoo-type suit, blanket, first aid kit, shovel, flares or safety triangles, and dehydrated food like granola bars in your trunk. These do not take up that much room, and are a wise idea to have during the winter months.

## PURSE SNATCHING

You should be wary of approaching strangers, and not carry large sums of

money. If possible, transfer your money and valuables to a small purse, and keep it inside your coat or pants pocket. If your purse is grabbed, let it go immediately. Do not wrap the straps from your purse around your arm or hand. This may result in the purse snatcher dragging you and causing you injury. This is also done to avoid further violence.

You should not carry credit cards on your person. If you must, keep the amount down to a minimum. In this case, if your purse is stolen, there will be less places to contact to make cancellations, and less damage done should a person attempt to utilize the stolen credit cards. Information concerning the credit cards that you do carry should be recorded on a piece of paper, and kept in a safe and secure place. The information should contain the name of the company or financial institute that they belong to, the account number, expiry date, and a telephone number to contact in case of loss or theft. This also applies to other important documents in your purse such as your drivers licence.

You should never carry your vehicle keys and residence keys on the same key chain. It is recommended that you keep your residence keys in your jacket or pants

pocket. In this way, should your purse be stolen, containing your identification with address recorded on it, the thief does not have the keys to gain access into your residence. With only your vehicle keys, it is highly unlikely that the thief will know what vehicle belongs to you.

## TALKING ON THE TELEPHONE

Never give any personal information out over the phone unless you know who you are talking to. If a person dials your number by mistake, do not give them your number when they ask what telephone number they have just dialled. Ask them, instead, what number they have dialled. Tell the person they dialled the incorrect telephone number, and to dial again. Never let people

know over the phone when you are at home or away from your residence. For those who utilize an answering machine, it is recommended that you do not record your name or telephone number on the greeting message. This provides the caller with important information about you. Instead, simply state that you and the other people of your household are busy at that moment, and you will return their call as soon as possible. Advise them to leave their name, telephone number, and a short message. Never leave a message stating that you are out or on holidays, and will be back on a certain date or time.

Any questions about the above, or other areas of security, should be addressed to myself by contacting 833-2500, ext. 2474.

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TUES., THURS.  
7:30 AM - 8:00 P.M.  
SAT. 8:00 AM - 4 P.M.

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<b>20 NTN</b> Playmakers now available for your enjoyment!		Welcome Neil Hedden our new CANEX Food Svcs Mgr	2 <b>W</b> <b>i</b> <b>n</b> <b>e</b> <b>s</b> <b>d</b> <b>a</b> <b>y</b> <b>s</b>	3 Pool Tournament "See the Tarbender"	4  50's & 60's Beach Party	5 <b>Daylight</b> <b>Savings</b> <b>Tonite</b>
Hours Monday 1100-2230 Tuesday 1100-2400 Wednesday 1100-2400 Thursday 1100-2400 Friday 1100-0200 Saturday 1500-2400	7  <b>Play</b>	15 in from CFB Cold Lake Local 6698	9 <b>n</b> <b>e</b> <b>s</b> <b>d</b> <b>a</b> <b>y</b> <b>s</b>	10 <b>Play</b>	11 All Request Cooler Night	<b>NIGHTSIDE</b> <b>&amp; P</b> <b>I</b> <b>a</b> <b>y</b> <b>b</b> <b>a</b> <b>c</b> <b>k</b> <b>on</b> <b>NTN</b>
	<b>NTN</b>		Starts at 1500 hrs	17 <b>NTN</b>	25  Karaoke	26 <b>NTN</b>
You don't need a weatherman to know which way the wind blows. Bob Dylan	<b>SPORTS</b>	<b>Show</b> <b>down</b>	30 & Trivia Pursuit	31 <b>GLL</b>	For your convenience... <b>Interac</b> <b>Now Available</b>	



# Military Police Celebrations

Cpl D.R. Menard  
SAMP Sqn  
Community Policing  
Representative

On 31 Jan 97, members of the 17 Wing Security and Military Police Squadron took part in celebrating the 29th Anniversary of the Security Branch since inte-

gration. This commenced with a fantastic meal put on at the WO & Sgt's Mess. We would like to thank those members at the Mess who took part in making this great event happen.

Both current and past members (retired) then changed locations from the Mess to the SAMP Sqn, Bldg 95, where an anniversary cake was wheeled out and cut.

While this article talks about the celebration, I would also like to take this opportunity, on behalf of Capt Sansterre and all the members of the 17 Wing SAMP Sqn, to congratulate this Sqn's recent promotion of Jerry Johnston to his newly appointed rank of CWO. This event took place in December 96, and was retro-active back to June 95.

Congratulations from everyone!



17 SAMP Sqn's youngest members, Cpl Mona Jacques, preparing to make the first cut into the cake accompanied by LCol Marcotte, the senior ranking Branch member in the area.



Retired CWO Rooker making an official toast to all members present at the SAMP Sqn.



(L to R): Maj Dan Mitchell, WOPSO, CWO Jerry Johnston, CWO Ray Elphick, CCWO.

17 WING SECURITY AND MILITARY POLICE SQN  
Proudly Presents

40th Anniversary Military Police Blind Fund for Children

## PANCAKE BREAKFAST

Friday, April 11th, 7:00-11:30 am, Bldg 21, \$3.00

Includes pancakes, eggs, sausage, & coffee or juice. Pancake mix supplied by Smitty's Family Restaurant - Unicity Mall.

Please come out & support this worthwhile charity!



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# MFRC ANNOUNCEMENTS

350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

## Theme Luncheon

Come out, support a great cause, eat all you can and don't forget to bring your friends.

Together with Wing Foods, the Military Family Resource Centre will be holding another Theme Luncheon. This month's theme is:

### WESTERN

Friday, 25 April, 11 a.m. - 1 p.m., Combined Mess (northside)

The cost of the tickets will be \$8. \$6.50 for Wing Foods and \$1.50 goes toward the MFRC for projects such as youth programming.

Tickets can be purchased at the door or at the MFRC,

350 Doncaster Street  
Winnipeg, MB

For more information call the MFRC at 489-7003.



Guest servers at the last MFRC theme luncheon. L to R: Don Brennan, Joe Maclean, Lindae Torrchin, Linda Belisle and Céline Taillon

## Looking to Purchase a Home, Refinance or Renew Your Mortgage?

Join us on April 14th, 1997 at 7:00 p.m. at the Westwin Community Centre (Northside) for an evening of information if you're considering buying a home or refinancing your existing mortgage. We'll bring together a Mortgage Broker, Real Estate Agent and a Lawyer.

Register today by calling the Family Resource Centre at 489-7003.

## SPRING BREAK '97

Enough of the cold weather and the snow. Spring break is here and it is time to have some fun. Don't delay, call today. These activities are open for everyone 6 to 14 years, unless otherwise noted.

**MONDAY, 31 MARCH** EASTER MONDAY - No program

**TUESDAY, 1 APRIL** APRIL FOOLS DAY  
ADVENTURE CITY

Come experience the newest playground in Winnipeg. We will be there from 1-3 p.m. Cost is \$4.00 per person. This activity is open to children in grades 1 to 6 only.

**WEDNESDAY, 2 APRIL** FANTASY THEATRE FOR YOUNG PEOPLE  
"THE PHANTOM TOLL BOOTH"

This play is suitable for children of all ages. 10:30 a.m. Cost is \$4.00 per person.

### SAINTS ROLLER RINK

Come out for some roller skating fun. 1:30 to 4:30. Cost is \$4.00 per person and includes roller skates, popcorn and drinks.

**THURSDAY, 3 APRIL** BOWLING at Blg. 90 Recreation Centre. Bowling starts at 1:30 in the afternoon. Cost is \$2.00 per person. Shoes are not required for bowlers.

**FRIDAY, 4 APRIL** CERAMIC BAGS

Hard Clay Cafe, Academy Road. 1:30 p.m. to 3:30 p.m. The children will be decorating their own unique bag for holding special treasures. These will then be fired in the kiln. Cost for this program is \$6.00 per child.

## LEARN TO SEW I

Time: 4 Monday 7:00 - 9:00 p.m. April 7 - April 28 Fee: \$45.00 + GST

Sew a blouse and learn basic sewing skills including pattern and fabric selection, facings, interfacing, seam and hem finishes. A good beginner class or for those wanting to become friendlier with their sewing machines.

Bring a pen and paper for note taking the first night. The first class will be held at the Westwin Community Centre on Whytefold Road. All other classes will be at the Carellan Sewing Centre, 620 Academy Road (very close to Kenaston). For more information or to register call Val @ 489-7003.

## LEARN TO SEW II

Time: 4 Monday 7:00 - 9:00 p.m. May 5 to June 2 Fee: \$55.00 + GST

An intermediate class which includes zipper, waistband and lining techniques. Make a skirt or jumper. For more information or to register call Val @ 489-7003.

## CHILDREN'S PROGRAMS

### DROP OFF CHILD CARE

This program provides casual child care for children 18 months to 6 years. The fee is \$1.50 per hour for the first child and .50¢ more for the second child in the same family. All children must be pre-registered 24 hours in advance. This program is subsidized by Wing Lotto.

**TIME:** Friday morning & Tuesday afternoons **TIME:** Thursday mornings  
**LOCATION:** Lipsett Hall Nursery School (Southside) **LOCATION:** Westwin Children's Centre (Northside)



### PARENT & CHILD SWIM

Enjoy a peaceful swim with your child on Tuesday afternoons at Lipsett Hall. Remember drop off child care is available.

**TIME:** 1:15-2:15 p.m. **COST:** \$20.00 (for 10 sessions) **START DATE:** April 15, 1997

### PRE-MATERNELLE FRANÇAISE

Le centre des ressources pour les familles militaires offre un pré-maternelle française au "Westwin Children's Centre" trois après-midi par semaine. Nous donnons aux enfants de 3 et 4 ans le chance de socialiser dans un environnement joyeux et sain. Parmi les activités nous retrouvons des histoires, chansons, bricolages, jeux de langage et des jeux libres. Nous possédons aussi un endroit pour faire des jeux moteurs.

Westwin Children's Centre, lundi, mardi et jeudi après-midi de 13h00 @ 15h15.

Coût: 67\$ par mois 15\$ de frais d'inscription par année.

Pour s'inscrire, téléphonez 833-2500 poste 2491.



### CREATIVE TOT SHOP

This program is the first step towards Nursery School. Here's a chance for parents and young children to come together to create and play. The toddler/pre-schooler can explore the world of arts, music, movement and story. Parent participation is required. For information call 833-2500 ext. 6846.

**LOCATION:** Lipsett Hall Nursery School **TIMES:** Monday 1:30-3:00 p.m. **COST:** \$2 per session

### ATELIER DE CREATIVITE

Ce programme est le premier pas vers la prématernelle. C'est une occasion pour les parents et leur jeunes enfants d'être ensemble pour créer et jouer. Les jeunes peuvent explorer le monde des arts, de la musique, le mouvement et les histoires. La participation des parents est requise. Apportez une collation pour votre enfant.

"Lipsett Hall Nursery School" Mercredi, 1h30-3h00 Coût: 25\$ par famille

## YOUTH SERVICES

**APRIL 19 - SPRING CRAFTS** Flowers, baskets and other crafts will be the order of the day. Join us as we "spring" into action creating new treasures. This session is scheduled for the Westwin Community Centre.

**MAY 10 - MOTHER'S DAY** Top secret stuff just in time for Mother's Day. You will have to come out to the session to find out what we will be making. Register early. This session will be held at the Westwin Community Centre.

**JUNE 7 - FATHER'S DAY** Not just Mums get great stuff. This session will be devoted to making something just for Dad. This session is scheduled for the Southside Chapel.

All craft sessions are from 9:30 to 11:30. Pre-registration is required for all sessions. A minimum of six children are required for each session. Payment of \$5 per session is due prior to start. For more information contact Diane Brine, Youth Services Coordinator at 489-7003.

## GIRL TALK EVENTS

-- TENTATIVE --

**MARCH** Northside at Westwin Community Centre 833-2500 ext. 2494

**MARCH 7** Moccasin Completion

**MARCH 14** Swimming at Pan Am Pool  
No Fee - You'll need .25¢ for a locker.

**MARCH 21** Guest Speaker - This Is Me

**MARCH 28** Good Friday - NO Girl Talk

**APRIL** Southside at 350 Doncaster Street

**APRIL 4** NO Girl Talk due to Spring Break

**APRIL 11** Games Night

**APRIL 18** Fund Raising Night

**APRIL 25** Guest Speaker

**MAY** Northside at Westwin Community Centre

**MAY 2** Movie Night

**MAY 9** Ballet Night

**MAY 16** Open for Discussion

**MAY 23** Final Girl Talk of the Year Party!!

## LOTTO WINNERS FOR MARCH 13

#93 Cara Hebig  
2PPCLI Spouse

#148 Sgt Fulford  
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## NOW ACCEPTING FALL REGISTRATION

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# FPFL Communications



## What's Your Beef: Grievances & Teenage Sex

Prepared by Capt Greg Penner

Grievances in general are a lot like teenage sex - everybody talks about it, but...many still have questions about the details. With all the various ways of "doing it", the confusion is understandable.

The following is based on an article which appeared recently in the Personnel Newsletter 8/96 (borrowed with permission).

In reply to the comment that the present grievance system does not address the issues that should be dealt with at higher levels of command; specifically that grievances related to personality conflicts, harassment, abuse of authority, etc., often get "swept under the carpet at the unit level 99% of the time."

Response: The current grievance process provides that all grievances, regardless of subject matter, can be referred to successively higher levels in the chain of command, ultimately going to the Minister.

Where the applicant is not satisfied with the decision of a redress authority he/she has the right to request (within 90 days) that the grievance be sent to the next level. Please see QR&O 19.26 and CFAO 19-32 for more detail.

In regard to harassment complaints, CFAO 19-39 provides a very detailed mechanism for investigating and handling these complaints. The CFAO clearly states the duties and responsibilities of Commanding Officers in this regard. Under no circumstances are the complaints to be swept "under the carpet." If a complainant is not satisfied with the manner in which a harassment complaint has been handled, then she/he has the right to submit an application for redress of grievance.

Within Air Command, the success of the grievance system is measured by a decrease in the number of grievances being processed each year. In other words, reductions in the number of grievances received at

Headquarters means that more redresses are being resolved at the lowest level possible. An average of 130 files per year are handled by the staff at AIR-COMHQ. The majority (about 75%) are about benefits or FRP. Harassment grievances are down to about two to three per year. This is attributed to the success of the Harassment Elimination Program (HELP). Members appear to be satisfied with the outcome of these investigations and are not taking further action.

Despite what many may think, the grievance process works. It may appear to be slow, but it really works. It may not be a perfect system and is undergoing improvements but typically it is more effective than other alternatives. Finally, the grievance process provides for all levels, an important feedback mechanism on issues which are dissatisfying people. This helps to fix, not only your own personal grievance, but similar problems for other personnel.

## Women's Health Preventing Vaginal Infections

By Capt Hyatt

Once and awhile we all suffer from some sort of vag infection be it mild to severe, they are all a big nuisance. Here are some tips in preventing them:

1. Cleanse and wipe from front to back.
2. Avoid douching, unless medically advised. If you do, be careful of reinfection from the douche nozzle. Wash it well with soap and water after each use.
3. Avoid bubble bath, feminine hygiene sprays, perfumed tampons and powders and coloured toilet paper.
4. Wear cotton underwear. Wash with soap and rinse thoroughly. Avoid detergent.
5. It is inadvisable to wear panties 24 hours a day.
6. Avoid tight fitting jeans, panties, panty hose, etc.
7. Always urinate after intercourse.
8. Avoid intercourse with a partner who has sores on his penis, a discharge, or a general rash - these are symptoms of a sexually transmitted disease.
9. Avoid multiple partners.
10. Use condoms and spermicides. This will provide some protection against the spread of sexually transmitted diseases.
11. Rest and good diet are important in maintaining strong resistance to infection.

## Situation Report

### Administration Company, Transport Platoon, Camp Maple Leaf, Zgon

Excerpts taken from the "Unofficial" Official Newsletter of the 2PPCLI OP PALLADIUM Rear Party. Originally reproduced from the Palladium Post-Ed  
By Capt Ralph Sears

We of Administration Company represent a variety of skilled technicians and operators whose sole purpose is to support the remainder of the Battle Group in a myriad of ways. Although we've only been on the ground a few weeks, the platoon has already covered thousands of kilometers in every possible road condition. We like to think we've successfully passed our initiation to driving in Bosnia, but it hasn't exactly been incident free. Corporal Mike Lacey won the "First Guy in the Ditch" award after being cut off by a civilian driver. A few days later, Master Corporal Ron Sargent happened to misplace a wheel off his 10-ton while going down the mountain into Drvar.

Being transport and being out and about on the roads constantly, we can attest to the unique driving conditions. No amount of training or emphasis on safe driving can prepare you for the conditions here -

neither can the reduced speed limits imposed by SFOR for all of our vehicles. Even when we drive at these reduced speeds it is difficult at first to make the transition to the local conditions: narrower roads where sidewalks don't exist at all; local civilians walking on the sides of the roads; and roads that are not cleaned to the standards we have become accustomed to back home. Many of the SFOR soldiers move about in large armored

vehicles weighing in at 10 tons or more and the onus is clearly on us to exercise tremendous caution and courtesy on the roads. Fortunately, we have one of the best driving records here in-theatre & this is one area where we intend to lead from the front. In the end analysis, we in SFOR owe it to the people of Bosnia to do our job with a minimum of disruption to the lives of the very civilians we are helping to recover from years of war.

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## WDEC Report A Healthy Start

ALCOHOL IS A DRUG. A woman who drinks while she is pregnant risks damaging her unborn baby. The unborn baby may show signs of physical, mental and behavioral abnormalities.

These birth defects are called Fetal Alcohol Syndrome (FAS) or if the defects are less severe, Fetal Alcohol Effects (FAE). Symptoms of FAS may include:

- \*Small babies with low growth rates
- \*Smaller than normal skulls
- \*Characteristic facial features
- \*Congenital heart defects
- \*Mental retardation
- \*Cleft palates
- \*Behaviour problems

Current research suggests that drinking even small amounts of alcohol during pregnancy may result in damage to the unborn baby.

Father's importance in pregnancy does not end at the time of conception. Secondhand tobacco or marijuana smoke may affect the baby. Support for mother in her resolve to avoid alcohol and other drugs will be stronger if father also stops.

**YOUR CHILDREN NEED ALL THE CARE AND LOVE THAT YOU CAN GIVE. START EARLY!**

Addictions Foundation of Manitoba 94.

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**PICTURE THIS:**  
Your new home has a backyard pool, tennis courts, racquet & squash court, TV lounge, fireplace, hot tub, sauna, billiards,

**AND**  
We will help you move!

Call us for more exciting details & incentives.  
**987-7600**

# ANNOUNCEMENTS

## Red Cross Swimming Lesson Registration

Saturday, 5 Apr., 9-11 a.m.

Lipsett Hall \$21.40

All participants must have a valid rec. pass.

### Lessons Start

Wed., 9 Apr. at Westwin Pool

or

Sat., 12 Apr. at Lipsett Hall Pool

For more info. please contact  
Rec. Centre local 2056, or 6183.

THE FRIENDSHIP COMMITTEE OF THE  
ST. MARY'S ANGLICAN CHURCH  
IN CHARLESWOOD IS HOLDING A

## GIANT GARAGE/RUMMAGE SALE

ON FRI., APRIL 11 FROM 5-9 P.M. &  
SAT., APRIL 12 FROM 10 A.M. - 4 P.M.  
IN THE PARISH HALL AT  
3830 ROBLIN BLVD. AT HANEY  
(JUST OVER THE CHARLESWOOD BRIDGE).

THERE WILL BE WHITE ELEPHANT TABLES,  
BOOK TABLES, A BAKE TABLE, A FISH POND  
FOR KIDS AS WELL AS HOUSEHOLD ITEMS,  
CLOTHING AND OTHER MISCELLANEOUS  
TREASURES FOR SALE.

## Recherche d'emploi

Si vous êtes à la recherche d'emploi, le programme «Faire Carrière» peut vous aider. Pour une durée de deux semaines nous vous invitons à être des nôtres pour identifier vos objectifs d'emploi, perfectionner votre curriculum vitae en français ainsi qu'en anglais, identifier les obstacles à votre recherche d'emploi et apprendre des techniques d'entrevue.

Nous offrons le service dans les régions rurales ainsi que dans la région urbaine, alors les dates seront établies d'après le nombre de personnes, femmes et hommes, inscrites au programme. N'hésitez pas de communiquer avec nous si vous avez besoin de ce service qui est entièrement gratuit. Le programme est marié par Plur-elles (Manitoba) Inc. et subventionné par le ministère du Développement des Ressources humaines Canada.

Pour de l'information, appelez Lucienne ou Mariette au (204) 233-1735 ou 1-800-207-5874.

## SCUBA DIVING COURSE

Interested in learning to SCUBA Dive?

Then have we got the course for you! The 17 Wing  
Goldeyes SCUBA Club is offering the following course:

**What:** Basic SCUBA Course  
**Where:** Westwin Pool, Bldg. 90  
**When:** Starting 6 May 97 at 1900hrs, ending 29 May 97.  
**Registration/Open**

**House:** Come to the pool on 1 May 97 and try it!  
Register at the same time.

**Cost:** Regular Members only \$240 GST included  
Ordinary & Associate Members \$265 GST included

**Information:** For more information, contact Cpl Jason  
Loepky at 833-2500 ext 5240 or home at 981-8253  
(after 6 p.m.), or Armando Brambilla at 667-9414.

The cost of the course includes all course materials, certification, use of tanks,  
regulator, the buoyancy compensator, air fills, Goldeyes & Manitoba Underwater  
Council memberships. Give us a call; we will be glad to answer your questions.

## COURS DE PLONGEE

Êtes-vous intéressé à la plongée sous-marine?

Si oui, nous avons le cours parfait pour vous!! Le club de  
plongé BFC Winnipeg "Goldeyes" vous offre le cours suivant:

**Quoi:** Cours de base de plongée sous-marine  
**Où:** Piscine Westwin, édifice 90  
**Quand:** Début du cours: le 6 mai 97, 19h00. Fin du cours: le 29 mai 97.  
**Coût:** Membres réguliers: 240\$ (TPS incluse)  
Membres ordinaires et associés: 265\$ (TPS incluse)

**Inscription:** Essayez-le lors de notre soirée "Porte Ouverte", le  
1 mai 97. Inscrivez-vous par la même occasion.

**Renseignements:** Pour de plus amples renseignements, contactez  
le cpl Jason Loepky au 833-2500 ext. 5240 ou (maison)  
981-8253 (après 6 p.m.), ou Armando Brambilla au 667-9414.

Le coût inclut tout le matériel nécessaire pour le cours, la certification, l'usage  
des bonbonnes d'air, des détanteurs ainsi qu'une carte de membre pour le club  
"Goldeyes" et pour le "Manitoba Underwater Council". Appelez-nous. Il nous  
fera plaisir de répondre à vos questions.

## ST. JAMES ASSINIBOIA MONTESSORI PRE-SCHOOL

accepting registration.

Lincoln School, 3180 McBey Ave. 888-5700

## 104TH BEAVER COLONY FUNDRAISER

The fund raiser for the 104th Beaver Colony is an  
OLD DUTCH HAMPER. This hamper consists of 6 family size pack-  
ages of a variety of potato chips, popcorn  
and nacho chips. The cost of each hamper is \$12.00. The funding  
goes towards exciting and educational youth programs.

For those who have the munchies this is a great buy! Also, for those  
who have loved ones in Bosnia this would be a wonderful treat to  
send to our dedicated men in green. Each hamper is packaged well  
for mailing. So no need to re-pack. Postage for mailing is \$4.35.

If you are interested in supporting the 104th Beaver Colony, please  
contact Sheila Langlois at 489-2016.

## 17 WING WOODWORKING CLUB

**Located:** Building 33 (Family Resource Centre)

**Hours:** 24 hours a day seven days a week

**Cost:** \$50 + GST per year individually or  
\$75 + GST family (dependents over eighteen).

**Equipment:** full complement of stationary and hand tools

**Sales:** limited supply of hardwoods

**Discounts:** hardware store discount cards and access to  
wholesale lumber

**Contacts:** Pres. Capt Steve Wilson ext 5809  
Treas. WO Marty Wohlgenuth ext 2421.

Equip. Cpl Greg Jabusch ext 5254

## Newcomers' Club of Winnipeg

Are you new to the city? Feeling you need to socialize? Then come to our next NEWCOMERS' meeting on April 16, 1997 at 7:30 pm at the Wildewood Club. NEWCOMERS' is a non-profit social club, comprised of ladies who have recently moved to the city and have joined to meet new people, participate in various activities, and to acquaint themselves with Winnipeg. Our General Meeting is usually held on the 3rd Wednesday of each month (excluding July and August). This is a social evening which includes a guest speaker, with coffee and dessert served afterwards. For more information call 992-2999 and leave a message. Someone from "Hospitality" will be happy to return your call.

## Sewing Instruction With Fashion In Mind

### SPRING COATS KID'S SIZE

April 10, 17 & 24, 9:30 - 11:30 a.m., Westwin Community Centre, \$35/person - min. of 4 people

*Sew Fine* is offering a three week sewing session during which you will learn how to sew a child's spring coat. Style and fabric selection, personalizing ideas and pattern modifications will be discussed and demonstrated.

To register call Leslie Vogan at 889-6115 by April 8th. I look forward to seeing you there.

# REUNIONS

## THE SEVENTH ANNUAL STEWARDS SEMINAR AND REUNION

AUGUST 21 - 23 1997, 8 WING/CFB TRENTON, TRENTON, ONTARIO

Contact: MWO JM Hart, Senior Steward, 8 Wing Trenton

PO Box 1000, Stn Forces, Astra, ON K0K 3W0

613-392-2811 Ext 3457, Fax 613-965-7509

After 15 April: Ext 3704, Fax 613-965-2196

## RCAF 409ers

The 409 RCAF Nighthawk Association will be holding a reunion

AUG 28, 29, 30, 31, 1997 IN WINNIPEG

AT THE VISCOUNT GORT HOTEL.

All 409ers war time and post war wishing information

on the reunion are to contact Todd Collinson,

1716 Sherwood Forrest Circle, Mississauga, Ont. L5K 2G7

Phone (905) 822-0278.

This year

## 415 Squadron (Maritime Patrol)

will commemorate and  
celebrate 40 years of  
service to Canada.

The Forty Year Reunion (FYR) will be held at

14 WING GREENWOOD, N.S.

DURING 6-8 JUNE 1997.

The current Squadron complement invites all squadron members from years past to attend this reunion. If previous squadron members have not yet registered and wish to receive more information, they are encouraged to contact the FYR organizing committee by one of the following means:

TELEPHONE (902) 765-1494 local 5875

FAX: (902) 765-1483

E-mail: jlafleur@atcon.com

Cette année

## l'escadron (Partmar) 415

célébrera 40 années  
d'activité au service  
du Canada.

La réunion de cet anniversaire aura lieu à

LA 14 ESCADRE DE GREENWOOD,  
N.É. DU 6 AU 8 JUIN 1997.

Les membres de l'effectif actuel de l'escadron invitent tous ceux et celles qui ont servi avec l'escadron 415 dans le passé. Si des anciens membres de l'escadron ne se sont pas encore inscrits et qu'ils désirent recevoir de plus amples renseignements, ils peuvent communiquer avec le comité d'organisation pour cet événement comme suit:

TÉLÉPHONE: (902) 765-1494 poste 5875

FAX: (902) 765-1483

E-mail: jlafleur@atcon.com

# PERSONAL CLASSIFIEDS

## EVERYBODY'S MARKETPLACE

### CARPOOL

CARPOOL: Leaving Island Lakes 0645 hrs. Leaving North Base (Bldg 100) 1600 hrs. Monday to Friday. Carpool arrangements are flexible. Contact J. Gagnon at (home) 253-5203 / (work) local 5506.

### CHILD CARE

Wanted - Experienced, reliable child care, for our three children, in our home. Mon.-Fri., 0730 hrs-1600 hrs. This is a permanent position starting 07 May 97. References required. Please call Louise at 487-1244 between 5 p.m. & 8 p.m. Thank you.

### SPORTS NOTICE

Anyone interested in playing touch football, underwater football or underwater hockey, please call Jason at 833-2500 ext. 5240. After six call 981-8253.

### MISC. FOR SALE

For Sale - 2 black iron ornamental fireside candle-stands with large gold coloured candles, combined height 32 inches. Original cost \$275.00, excellent condition. \$25.00. Call 253-9249.

For Sale - Upright freezer 15.2 cu. ft. capacity, excellent condition \$450.00 OBO.

Dining room table & 4 chairs \$150.00 OBO. Spanish Provencal bedroom suite \$375.00 OBO. Two stacking beds w/ mattresses, single beds, \$150.00. Please call 831-0150 for any more info.

For Sale - 10-Pin bowling ball - 16 lbs with Brunswick case. Bowling shoes size 8 with case \$45.00. Call 253-9249.

### Officer's Mess

MIGIF FREE

### COMEDIAN

April 18th, 7:00 p.m.

Contact Officer's Mess  
Louise 5475 to reserve.

Make plans now to attend

### Officer's Mess

### CANDELIGHT DINNER on May 10th!

# THRIFT SHOP

Community Council  
Family Thrift Shop  
54 Bourkewood Place  
888-5283

Tuesday 6-8 pm,  
Thursday 1-3 pm  
Saturday 10 am - 3 pm

Something for Everyone!  
Open an Account!  
Volunteers Needed!

Material Donations Accepted!

### MISC. FOR SALE

For Sale - Coffee/end table, glass top 28"L x 20"W x 20"H. Slatted bottom shelf, solid oak, excellent condition \$100.00. Call 253-9249.

For Sale - 2 wooden night tables/cabinets 21"H x 15 1/2"W x 14"L, top drawer - bottom shelf, new condition, \$150.00. Call 253-9249.

For Sale - Beautiful wooden fence, excellent condition, only 2 years old, measures 50'x75'x50'. Must see! \$500. Call 897-4574.

For Sale - Crib and Mattress, white, good condition, meets all safety standards, \$150. Change Table, matches crib, good condition, \$75. Kenmore Sewing Machine, older model, includes carrying case, recent tune-up, \$50. Electric Typewriter, Olivetti, portable, excellent condition, extra daisy wheels, \$75. Microwave Oven, large capacity, \$50. Call 897-5157.

For Sale - Men's midnight blue (Air Force) Mess Kit; jacket 44" regular, pants 38". Like new, seldom worn. Asking \$225. Contact Dave at ext. 6365, home 896-4414.

### MISC. FOR SALE

For Sale - Beautiful glass and marble dining table with 4 high backed chairs. Excellent condition. \$400 O.B.O. Call 897-4574.

### MISC. WANTED

Wanted - Filing Cabinet - 2 or 4 drawer, legal size, locking filing cabinet. Call Peter at 334-7274.

Wanted - Roommate to share home in quite neighborhood near McGregor Armory. Close to buses. References required. \$350.00/month, utilities included. Please call 589-7069 and leave a message.

### LEASE WANTED

Long Term Lease Wanted - Military family looking for 3 bdrm., 2 bath house and garage in west, southwest or south area. Please leave phone number at 935-2108.

### FOR RENT

For Rent - 1 1/2 storey home, 2 bdrm., 1 1/2 bath, 5 appliances, central air, fenced yard with large deck, garden shed, dog-house and raised gardens. 5 min. walk to Polo Park, 4 min. drive to North Base. Pets welcome. \$650 + utilities. Available 1 May. Call 897-0476 for appts.

## THE ROYAL MILITARY INSTITUTE OF MANITOBA

IS THE SPONSOR OF THE

# MILITARY BALL

WHICH WILL BE HELD ON

MAY 2, 1997 AT THE CROWN PLAZA.

THE MILITARY BALL IS OPEN TO ALL RANKS.

TICKETS FOR THIS BLACK TIE EVENT ARE \$55.00 PER PERSON AND CAN BE OBTAINED BY WRITING TO THE MILITARY BALL COMMITTEE, 301 ONE WESLEY AVENUE, WINNIPEG, MB R3C 4C6.

PROCEEDS FROM THE BALL GO TO THE CADET YOUTH OF MANITOBA.

## WARRANT OFFICER'S & SGT'S MESS

### Calendar of Events for March & April 1997

SUNDAY, 30 MARCH 1997.....EASTER BRUNCH

Food: Brunch/Smogasborg  
Cost: \$6.50/Adults; \$4.50/Kids under 12  
Time: 1000-1400 hrs  
Location: WO's and SGT's Dining Room

Make reservations for tickets before 24 March 1997 from the Mess Office during normal working hours.

TUESDAY, 1 APRIL 1997.....RCAF BIRTHDAY

SATURDAY, 5 APRIL 1997.....WO'S & SGT'S MESS INVITATIONAL DART TOURNAMENT

Application forms available at the Mess Office.

SATURDAY, 12 APRIL 1997.....OLDIES FROM THE 50'S, 60'S & 70'S

Food: Burgers, Hotdogs, Potato Chips and Fruits  
Cost: \$1.00 ea. Member; \$2.00 ea. Guest  
Music: J & J Sound  
Time: Food 1830 hrs; Dance 2000 hrs  
Dress: Casual/Dress of the Era

WEDNESDAY, 16 APRIL 1997.....WCOMD'S COFFEE BREAK

Place: Officer's Mess  
Time: 1000 hrs

FRIDAY, 25 APRIL 1997.....MEAT DRAW / GAME NIGHT

Food: Subs  
Cost: \$5.00 ea. person  
Meat Draw: 5 Draws; Tickets 5/\$1.00  
Time: Game (Darts) sign up for 1830 to start at 1900  
Dress: Relaxed

SATURDAY, 26 APRIL 1997.....ANNUAL WO'S & SGT'S / JR RANKS DART CHALLENGE

Place: WO's and SGT's Mess  
Register at the Mess Office.

## Dr. Philip S. Pass B.S.C., D.M.D.

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Open Daily Monday - Friday 11 am - 10 pm

Saturday 5 pm - 11 pm Sunday 5 pm - 9 pm

2583 Portage Avenue (1 block west of the new bridge)

Phone: 888-3133 for reservations

— Special Discounts for Military Personnel —

BINGO - Every Mon. Wed. Fri.

7:45 p.m. Early Bird 7:30 p.m.

Crib night every Thursday at 2000 hrs.

Join us for six meat draws

made each Saturday at 1500 hrs.

DANCING - Friday & Saturday Evening

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