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VOL. 45 ISSUE 2

17 Wing Winnipeg / 17e Escadre Winnipeg

JANUARY 29, 1997 / FREE

LEADERSHIP

By 2Lt Sam Lortie
 Wing Public Affairs Officer

Leadership has always been a topic of utmost importance to members of the Canadian Forces. It has become even more so with the recent criticism of our organization by the media. Whether we agree with their views or not does not change the fact that it has forced us to eliminate complacency. Although the negative publicity affects our morale, it has caused us to re-examine our personal opinions and ultimately it will make us stronger.

In a speech last summer, Air Commodore (Ret) Leonard J. Birchall, Honorary Colonel of 413(T&R)Sqn in Greenwood, addressed the topic of "Leadership" very eloquently. Before getting into it however, let us look at his biography.

He was born in St. Catherine's, Ontario and served in the RCAF after graduating from Royal Military College in 1937. As Commandant of 413 Sqn, Ceylon, he was shot down while reporting a sighting of the Japanese invasion fleet. This won him the DFC as well as the sobriquet "Saviour of Ceylon". His gallant service while imprisoned in the Japanese POW camps won him an OBE for gallantry.

After WW II, HCol Birchall was employed in many senior Air Force posts in Canada, Europe and the US. In 1948, he was awarded the US Legion of Merit while serving with the Canadian Joint Staff in Washington, DC. He retired from the permanent force with the rank of Air Commodore in 1968 but joined 400 City of Toronto Air Reserve Sqn as HCol in 1970 where he served for 22 years.

HCol Birchall has the unique distinction to have received the 4th clasp to the CD for 52 years service. In 1989 he was awarded the Order of Ontario. He is a member of many clubs and organizations while his hobbies include gardening and fishing.

LEADERSHIP

By A/C L.J. BIRCHALL

General Proulx, fellow members of Air Transport group. We, the Honouraries, had a long involved discussion as to the leadership in the Canadian Forces. It didn't start out that way but as far as I am able to figure it out, that was where it all ended. We were then faced with the problem as to who was going to give the summation of our discussion. Before I knew it, one of the honouraries pointed at me and said, "You are the best one

for this job". All the others nodded their heads, and then they all got up and left for the bus. I used to refer to my fellow honouraries as my colleagues but now I simply call them my sons and you all know what kind of sons I mean.

There are as many definitions for leadership as there are people in this room. Perhaps the most succinct one is being able to tell someone to go to hell and have them look forward to the trip. Thus the first thing I would like to do is to give you my concept of leadership so that we can all start out from a common base and know what I am trying to say.

There is one quality which can be identified as essential in any successful enterprise and that is the willingness of each and every member to subordinate his own desires to the best interests of the organization as a whole. Thomas Huxley, one of the greatest scientists, lecturers, and educationalist expressed this very well when he said:

"Perhaps the most valuable result of all education is the ability to make yourself do the thing you have to do, when it ought to be done, whether you like it or not." In the armed forces this quality reaches its maximum during war when the military demands the ultimate in subordination of self -- the surrender of life. You must school yourself to obey orders, despite your personal desires. Remember

the two tried and try military axioms:

"He who will not accept orders has no right to give them."

AND

"He who will not serve has no right to command."

This then is the start of self-discipline and through self-discipline you will develop the true characteristics of leadership.

If you ever have to lead your troops into combat and I pray this will never happen, you will find out that you appear before your men stripped of all insignia and outward signs of authority to command. Your leadership is judged not by your rank but by whether your men feel you have the knowledge, training and character that they will obey you unquestioningly, and that they can trust you with their lives. Men are shrewd judges of their leaders, especially when their own lives are at stake, and hence your knowledge, character and behaviour must be such that they are prepared to follow you, to trust your judgement and respect your decisions. This can only be, in great part, through development of self-discipline. One other, and perhaps equally important factor, is that once you are accepted as a leader, your men will not only follow you but will also emulate to the best of their ability your character and behaviour. That is why as a leader you must at all times and in all places set and maintain the highest of standards.

I spoke of character and here I believe one of its major ingredients is integrity or honesty, to one's own self. Immediately after my return from the War Crimes Trials in 1948, I attended the U.S. Armed Forces Staff College in Norfolk, Virginia. This course was the first U.S. attempt at an all-services course and one of my classmates was a

Commander James Stockdale, a U.S. Navy pilot. We used to sit around the Officers' Mess in the evening and discuss life in the P-O-W camps in which he was very interested. Strangely enough he was shot down on 4 September, 1965, almost seventeen years later, over North Vietnam and he did 7 1/2 years as a P-O-W, almost entirely in solitary confinement. He was beaten, put in irons, tortured, degraded, cooked in the bath house, forced to get around as best he could although one leg had been badly broken when he landed in his parachute and he was never given any medical treatment. At one point he cut his scalp and face, pounded his face and head with a stool and broke his own nose so that his disfigured face was unsuitable for propaganda purposes. When he retired as a 3-Star Admiral he wore more medals including the Congressional Medal of Honour (the U.S. equivalent of the Victoria Cross) than any other man in the U.S. Navy. As the senior P-O-W in the camp he felt responsible for morale and discipline and along this line he sent me a paper he did on P-O-W life in which he says:

"Integrity is one of those words which many people keep in the desk drawer labelled 'TOO HARD'. It is not a topic for the dinner table or the cocktail party. You can't buy or sell it. When supported with education, a person's integrity can give him something to rely on when his perspective seems to blur, when rules and principles seem to waiver, and when he's faced with hard choices of right or wrong. It's something to keep him afloat when he is drowning; if only for practical reasons it is an attribute that should be kept at the top of a young person's consciousness. Without personal integrity, intellectual skills are worthless.

Continued on page 4

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THE INVISIBLE RIBBON VISIBLY SUPPORTS THE CANADIAN FORCES

By Major Walton-Simm Voxair Managing Editor

Are you one of the many Canadians (military or not) whose morale is being pushed to the limit with respect to the seeming endless bad publicity the Canadian Forces (CF) have been receiving over the past few years. Admittedly, some of it is justifiable but, it seems, that every time you turn on the radio or TV and/or open a newspaper, there is some other negative revelation concerning the military. Well, here's a local initiative that challenges this negative image and aims at demonstrating the support of the Canadian community for its CF neighbours.

The "Invisible Ribbon Campaign", a national campaign created by two Winnipeg military spouses, is a public, grassroots way to demonstrate that Canadians appreciate military personnel and their families. It's a visual "thumbs up" for the military. The goal of the campaign is to show support and nothing more. It should help restore pride, provide a positive focus and give a voice to military families.

The two campaign co-ordinators, Barbara Little and Maureen MacDonald, modeled the campaign after other popular ribbon initiatives. The invisible ribbon, a clear plastic lapel ribbon, fastened with a Canadian flag pin, symbolizes the "invisible uniform" worn by families who become part of the military way of life. The ribbons are made of plastic wrap because it meets both the practical and symbolic needs of this campaign. On a practical level, it's available and affordable. Just about anyone can make plastic wrap ribbons, without purchasing special materials, and fasten them with Canadian flag pins. On a symbolic level, the plastic wrap portrays the invisible uniform. It's transparent, but it exists.

The campaign was launched in Winnipeg with an official Campaign Week from 11-18 November 1996. The co-ordinators chose this week as "it seemed appropriate, that, after remembering those who served our country in conflict we should start thinking about those who serve now and their families". During this week, Invisible Ribbons were distributed to elected officials, military families, and the general public. News stories about the campaign were carried locally on television, radio and in both daily papers. Nationally, the story was featured on CBC radio, CBC Newsworld, the Canadian Press wire service, and in various media in several cities.

Since the launch, the Campaign has continued to gain momentum across Canada. Maureen MacDonald indicated "response has been overwhelming". In Winnipeg alone, volunteers from the Military Family Resource Centre have made and distributed more than 5,000 ribbons. Military family members in Moose Jaw, Toronto, Petawawa, and Damascus, Syria have also initiated campaign activities. The co-ordinators have received positive and supportive phone calls, letters and e-mail as well as being endorsed in a member's statement to the House of Commons in Ottawa.

The campaign will continue across Canada throughout 1997. If you are a "Friend of the Forces" and want more information, please contact:

Barbara Little
phone/fax: (204) 487-3267
e-mail: cblittle@escape.ca
Maureen MacDonald
phone: (204) 889-3249
fax: (204) 889-6691
e-mail: mamacdonald@escape.ca

The Invisible Ribbon Campaign

On behalf of the Invisible Ribbon Campaign, we would like to thank the Winnipeg Military Family Resource Centre board, staff and volunteers for all their help and support with the Campaign launch. We couldn't have done it without you! Thanks as well to all the community members who made and wore ribbons last year.

The Invisible Ribbon Campaign is continuing to gain momentum at military bases across Canada and around the world. Please continue to wear your ribbon to show a "visual thumbs up" for Canadian military personnel and their families.

For more information about the Invisible Ribbon Campaign, please call us at 487-3267 or 889-3249, or the MFRC at 489-7003.

Barbara Little and Maureen MacDonald
Invisible Ribbon Campaign Coordinators

104TH BEAVER COLONY FUNDRAISER

The fund raiser for the 104th Beaver Colony is an OLD DUTCH HAMPER. This hamper consists of 6 family size packages of a variety of potato chips, popcorn and nacho chips. The cost of each hamper is \$12.00. The funding goes towards exciting and educational youth programs.

For those who have the munchies this is a great buy! Also, for those who have loved ones in Bosnia this would be a wonderful treat to send to our dedicated men in green. Each hamper is packaged well for mailing. So no need to re-pack. Postage for mailing is \$4.35.

If you are interested in supporting the 104th Beaver Colony, please contact Sheila Langlois at 489-2016.

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DEADLINE 31 JAN 97/DATE DE TOMBÉE 31 JAN 97
NEXT ISSUE 12 FEB 97/PROCHAINE EDITION 12 FEB 97



Ask Mr Greentree

A couple of questions were asked of Mr Greentree, well before the previously announced contest (and aren't eligible for the stunning gift!), about a couple of Wing specific issues. I also received one about the weather (and all the snow) which, I suppose, affects the Wing specifically but, with some mental stretching, could apply outside the base boundaries. But, first, Wing issues:

Q. I recently saw a letter and map showing the contaminated sites on the base. I work very close to one and wonder if I am at risk from the contamination.

A. In a word, no. The sites shown on the map pose little danger to the inhabitants of the base and the surrounding areas. There would be only two instances when these areas would be of concern to Wing personnel: when they are being dug up to clean the soil (mainly from dust and the actual hole); or when someone digs a hole without proper environmental clearances (another good reason to check with your Unit Environmental Officer or the Wing Environmental Officer).

There is actually a third instance in which Wing personnel could be endangered by these sites but I am reasonably sure that most, if not all, of you have given up eating dirt by now!

[Note to suddenly alarmed parents of toddlers: there are no known contaminated sites readily accessible to children. However, if Junior wants to borrow your backhoe...]

Q. What about recycling in the North Site MQ's? We have been waiting for a long time to find out when we can participate.

A. Unfortunately, so have I. The transfer of the MQ's to the Canadian Forces Housing Authority is planned for the upcoming (fiscal) year and, despite repeated attempts, the Authority has not indicated what their plans are for recycling. [And, as you can imagine, there were few, if any, contractors willing to set up a very short term recycling program to cover the short time between the set up of the City program and the transfer of the MQ's.] So, until CFHA makes its intentions known, this issue will continue to remain in limbo.

Q. Why are we getting all this snow? I thought the world was warming up.

A. Good question... Whoops, look at the time. Gotta go! Seriously though, the whole issue of global warming is very complex and there is considerable debate in the scientific world about it. There are many scientists who believe there is an overall

warming trend occurring - based on historical records and ongoing weather observations. There are also those who dispute the trend, claiming that written historical records are either incomplete or do not cover enough time or space; and that longer term natural records (tree rings etc.) are spotty and do not reflect the impacts mankind has had on the environment through forestry, agriculture, industry and urbanization.

In any event, the theory of global warming can explain the additional snow (and extra rain during the summer). Because of the increased temperatures, especially at the equators, more evaporation occurs. This adds to the moisture in the atmosphere. When this moisture hits colder (higher) latitudes, it precipitates out as snow or rain. [Even if global warming continues to its logical conclusion, the poles of the planet will still have higher precipitation than the equator as the planet will still tilt seasonally.] Therefore, being at a high latitude (relatively speaking) and having all the right conditions for continental weather extremes, Winnipeg is likely continue to "enjoy" extra precipitation and more extreme temperatures even "As The World Turns" warmer.

Mr. Greentree can be reached at loc 6774.

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LEADERSHIP

Continued from page 1

As the ancient roman philosopher Epictetus said in the field manual he produced for the Roman soldiers - "It is better to die in hunger, exempt from guilt and fear than to live in affluence and with perturbation".

One other part of leadership is your concern and efforts on behalf of the welfare of those who serve under you. You must prove beyond doubt that you are fair and just in your dealings with them and that you genuinely like and respect them. In all circumstances and regardless of cost to yourself, you must place their well-being ahead of your own.

Catch phrases are wonder things and if I had to use one to define leadership, it would be the 3 C's:

1st - COMPETENCE -

The knowledge, education, training and judgement to make the proper decisions and then to carry out the task. Know what you are doing and how to do it.

2nd - CHARACTER -

Integrity or honesty in one's own self. The moral fibre to face the

issues of right or wrong and then the courage to stand up firm and strong to be counted, regardless of the consequences.

3rd - COMRADESHIP -

Respect for and liking your men. To be concerned and care for them to the extent that you always put their welfare and well-being ahead of your own.

Many of you in this room are graduates of RMC and may I now recall for you the college motto: "TRUTH DUTY VALOUR".

TRUTH - Be true in everything you do. Not just truth as against the telling of lies but if I may quote from Polonius in Hamlet: "This above all, to thine own self be true and it must follow as the night the day, thou canst not then be false to any man".

DUTY - Do what you ought to do when you ought to do it, whether you like it or not, and without having to be told or watched.

VALOUR - That all important desire which makes you give

a fullout effort under all circumstances and the determination to fight, and keep on fighting, even in the face of over-whelming odds.

Live by these precepts and as a member of the Canadian Forces devoted to the service and well being of your fellow man you will not only attain true self-respect but also the respect of everyone with whom you associate. There can be no better goal in life. Admiral "Bull" Halsey, the famous World War II Admiral of the U.S. fleet in the Pacific once said: "there are no great men -- there are only great challenges ordinary men are forced by circumstance to meet". I say to you, be ready and equipped mentally and physically to meet your challenge when it confronts you as it most certainly will.

This, Ladies and Gentlemen is what I mean when I speak of Leadership.

Now that I have gotten that out of the way, the Honouraries voiced their concern that leadership is not being taught sufficiently either in the classroom or what is most essential, by example. The Canadian Forces must ensure that this essential indoctrination is hammered home at every possible opportunity.

We believe that we do have leaders, and in copious numbers, but we must identify them, develop their God given talent,

and then give them the responsibility together with our full out, unquestioning support. These are the ones with what I call "The Bejesus Factor", the Pattons, Boyingtons, Johnny Johnsons, Beurlings and LeMays. In this way we can retrieve that solid core essential to any sound structure.

One of the problems as many of us see it, is that some of our headquarters seem to be developing an over-riding sense of careerism, the typical C.Y.A. Factor, and nothing can stifle, suppress and ultimately destroy leadership quicker.

May I give you an example of what I am talking about. We all have spent and do spend many hours on the streets of Ottawa and have observed at first hand the many instances of the state of dress, or should I say undress, of the military. Here may I quote from Field Marshal Slim in writing of the WW II Burma Campaign in the jungles in which he said:

"At some stage and in some circumstances, armies have let their discipline sag, but they have never won victory until they have made it taut again, nor will they. We have found it a great mistake to belittle the importance of smartness in turn-out alertness or carriage, cleanliness of person, saluting or precision of movement, and to dismiss them as naive, unintelligent, parade-

ground stuff. I do not believe that troops can have unshakeable battle discipline without showing these outward and formal signs which mark the pride men take in themselves and their units, and the mutual confidence and respect that exists between them and their officers. It was our experience in a tough school that the best fighting units in the long run were not necessarily those with the advertised reputations, but those who, when they came out of battle, at once resumed a more formal discipline and appearance."

Nothing could be more true and I think this should clarify my concern, the highest echelon in our various headquarters, and then as it works its way down through the ranks so it builds in strength and momentum at each step. We must take whatever action as is necessary to ensure that complacency and careerism is never allowed to exist.

If we do this, we believe we will go a long way toward restoring pride in our service and what is more important, pride in ourselves. It will also go a long way in restoring public respect and pride in our Armed Forces, while at the same time stopping that flow of brown envelopes on to the desks of the news media.

Here endeth the Opus, Magnus, Horrendous!

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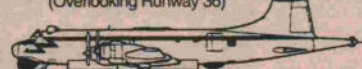
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CFRC WINNIPEG

CONGRATULATES CFLRS GRADUATES

By Sgt Angus J MacFarlane

Transforming a civilian into a member of the Forces is one of the most challenging tasks CFLRS undertakes. Basic training is one of those courses where you have to take a blind leap of faith. You don't know what you are getting into, but you know it will be good for you.

Throughout the past year CFRC Winnipeg has sent many candidates to CFLRS in St Jean PQ, but two names distinguish themselves above the rest, Pte's Marc Charette and Jeffrey Hanlin. These two individuals were on serial 9670A which completed on 29 Nov 96. The reason why these two stand out is due to their accomplishments throughout the course. Pte Marc Charette was the recipient of the Commandant's Trophy and the Royal



Chief Warrant Officer Emile Magnan, MMM CD (CWO at CFLRS Saint Jean) is presenting the General Gutknecht trophy (best shot) to Private Jeffrey Hanlin on graduation parade for course 9670A at CFLRS Saint Jean on 29 Nov 96.

Canadian Legion Trophy. The Legion Trophy is presented to candidates based on comradeship which is selected by the recruits. Furthermore, the Commandant's Trophy is presented to a recruit with the highest overall achievement. Pte Charette is originally from Summerside PEI, but he joined the Forces at the Recruiting Centre in Winnipeg. He completed his high school diploma in 1990 at Bell High School in Nepean, ON.

Congratulations also goes out to Pte Jeffrey Hanlin. Pte Hanlin is the recipient of the General Gutknecht Trophy. The General Gutknecht Trophy is awarded to candidates with the best shot. Pte Hanlin originally comes from Hamiota, MB. He received his high school diploma in 1992 from Birtle Collegiate. He has involved himself in various activities prior to joining the Forces. He served with 2528 RC (Army) CC in



Major General A.R. Forand, SC MSC CD (Commander Land Force Command Quebec Area) is presenting the Commandant's trophy to Marc Charette (recruit with the highest overall achievement) on graduation parade for course 9670A at CFLRS Saint Jean on 29 Nov 96. The Legion trophy was also presented to Private Marc Charette (comradship - selected by the recruits) by Mr. Armand Fortin, ED CD (member of the Royal Canadian Legion).

Virten MB, and attended the Music Camp of Fine Arts in July 1990.

Through hard work and determination, these two individuals were successful throughout basic training. The personnel at CFRC Winnipeg wish them all the luck in

their future endeavors and a successful career in the Canadian Forces. The Recruiting Centre takes great pride in providing our many customers with the best service and ultimately, the CF with the best available personnel for the job.

PEACEKEEPING - AN R.C.M.P. EXPERIENCE

Constable François Henri, is an R.C.M.P. member who has experienced peacekeeping from a new perspective. He was one of the first members of the Force to serve with a United Nations peacekeeping mission. He served with the United Nations in Haiti in 1995. When he returned to Canada, he continued his good work. He and his wife, Michele, started a project to raise clothing and toys for the children of Haiti. They accumulated 3,600 pounds of gifts over a period of six months. Those gifts were distributed by the members serving in Haiti during October 1996.

Cst Henri will discuss his experiences at the Royal United Service Institute meeting, which will be held in the 17 Wing Officers Mess beginning at 1400 hours February 2, 1997.

The R.U.S.I. extends an open invitation to serving officers and their guest to attend the

monthly meetings, which will assist officers with their professional development. The meetings are followed by a period of fellowship. Please call Ivan Poitras at 895-8844 to confirm your reservations.

The Royal United Services Institute of Manitoba functions under the guidance and coordination of the Federation of Military and United Services Institutes of Canada. The aim

of the USIs is to encourage the maintenance of effective armed forces for the security and defence of Canada.

Membership in the R.U.S.I. is open to all serving officers and former members of the CF and the R.C.M.P. Other persons may also be accepted. The Manitoba R.U.S.I. meets once each month from September to May.

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8 P.M.

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8oz New York Grilled to Perfection ! served with Sauce Bernaise, Chateau Potato Vegetable Romaine Salad & Rasberry Vinagrette Dressing	8 oz Chicken Breast Grilled served with Grand Marnier Sauce, Chateau Potato Vegetable Romaine Salad & Rasberry Vinagrette Dressing
\$16.95	\$14.95

Both meals commence with a flower for the lady, a glass of wine for each, as well as an h'or d'oeuvre. The final touch is the dessert, chocolate covered cherries served over powdered sugar to complete a perfect meal & evening.

14 February 1997

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Commander's Parade

Air Command Commander's Parade Honours and Awards held in November 1996 had the distinct pleasure of being attended by the Honourable Yvon Dumont, Lieutenant Governor of the Province of Manitoba



Receiving the Commander's Commendation from the Commander are LCol MS Joyce (Aide-de-Camp to the Lieutenant Governor of the Province of Manitoba).



Receiving the Deputy Minister and Chief of the Defence Staff Renewal Award f



Receiving their Commander's Commendation from the Commander are Sgt GD Maidment (435 Sqn), and Cpl JP Cosette (435 Sqn).



Capt DG Shanks (FP 97) CWO RR Clemons (Maint), CWO RN Elphick (CCWO), CWO EN Hanlan (Maint), and CWO JCC Morneau (Maint) - CD2.



Also receiving his Commander's Commendation is Capt D McDonnell (Info) from the Deputy Commander of Air Command MGen BC Horseman.



Capt J Edey - A Flight Safety Good Show.



Sgt S Dornan (Int) - NATO Medal



LCol Henneberry (SSM)



Receiving the Deputy Minister and Chief of the Defence Staff Renewal Award from the Commander of Air Command is the Flight Plan 97 Team.



**LCol Henneberry (Ops) -
SSM**

Honours and Awards



Award from the Commander of Air Command is the Flight Plan 97 Team.



Erna Scheuer (ST), Evelyn Harrison (Info), Robert Sullivan (TIS) - Public Service Retirement Certificate.



Col JJC Bouchard (Pers), Maj DA Butcher (P&R), Capt JG Carlisle (AE), and MWO LC Harding (AE) - CDI.



Lieutenant-General AM DeQuetteville presenting CWO RE MacDougall (Log), and CWO JPM Desilets (AE) with their Chief Warrant Officer Scrolls.



Leberry (Ops) - SSM



Lieutenant-General AM DeQuetteville presenting Maj JR Woodgate (Ops) and Capt RD Roy (Compt) with their OPDF Diploma of achievement.



Lieutenant-General AM DeQuetteville is presenting Maj DW Hunt (Res&Cdts), and Capt DG Shank (FP97) with their new Commander Commendation Insignia.

MFRC ANNOUNCEMENTS

350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

2 PPCLI DEPLOYMENT SUPPORT CENTRE

By Stephanie Skipton, Vice President

The Grand Opening of the "2 PPCLI Deployment Support Centre" located on the top floor of the Jr Ranks Mess was a great success. Everyone that attended the function had a great time and looked forward to the many upcoming events. Many things went on at the function. The night started off with the cutting of the ribbon, which was done by Nancy Galarneau (president of the centre), Linda Belisle, Richard Desjardins and Padre Georgina Kling. There were door prizes which were won by Marilyn Chailebrois, Kim Walker, Karen Wilson, and Rhonda Olson.

Congratulations to everyone. Thanks to WO Desjardins and Sgt Pollock and their staff at the Rear Party Welfare Office for helping us get off the ground. Also thanks to anyone that has helped in any way to get us started that I haven't mentioned.

On January 24 and 25 there was a basic computer / internet information training session. Also, a family dinner was



Official cutting of ribbon by Richard Desjardins, Padre Georgina Kling, Nancy Galarneau and Linda Belisle.

served at the men's kitchen on January 26. A pancake breakfast and a family dinner will be served once a month while the guys are deployed. Many thanks to everyone from the PPCLI Men's kitchen for all their help.

If you know of anyone that isn't receiving the information that is being sent out or being posted at the Deployment Centre and would like to receive it, please contact Nancy Galarneau at Ext. 6163 or the Rear Party Welfare Office at Ext 6876. The United Nations Mission Information

Line is 1-800-866-4546 for information on the activities that are going on in the 2 PPCLI Deployment Support Centre.

The 2 PPCLI Deployment Support Centre will be open Monday to Friday from 10:00 to 8:00 and Saturdays and Sundays from 12:00 to 4:00. At the centre there is a play area for the children, coffee and tea always brewing, people to chat to if you get bored or lonely, or if you just want to get out of the house for an hour or two. Stop in, we would love to see you there.



Cutting of cake by Stephanie Skipton, Kim Walker, Shane Pollack, Nancy Galarneau, and Rae Rankin.

OP PALLADIUM DEPLOYMENT SUPPORT GROUP

The Op Palladium Deployment Support Group is now up and running to support those families of the 2 PPCLI Battle Group serving on the present SFOR Mission in Bosnia. We have established a Drop-in Center located on the top floor of the Jr Ranks building which is open to all family and friends of the Mission soldiers. The hours may change due to demand, but are presently Mon - Fri 10 am - 8 pm Sat & Sun 10 am - 4 pm.

Some numbers that may be of interest are listed below and the calendar of events for activities in Winnipeg for February.

2 PPCLI REAR PARTY TELEPHONE NUMBERS

For Listings Below (except 1-800#'s)
Dial (Area Code - 204) 833-2500 ext:

2PPCLI FAMILY SUPPORT Group	6876 or 6044
2PPCLI FAMILY SUPPORT NCO	6045
2PPCLI DUTY OFFICE (24 Hours)	2727 (BOS)
Military Family Resource Centre	489-7003
Rear Party Padre	6022
Rear Party Orderly Room	6003/6004
Rear Party Pay Office	6008
Military Police (S. Side)	6187
Military Police (N. Side)	5204
Westem Area Military Family Help	1-800-661-5081*
Central Area Military Family Help	1-800-268-0459*
Quebec Area Military Family Help	1-800-568-5305*
Atlantic Area Military Family Help	1-800-565-0314*
United Nations Mission Information Line	1-800-866-4546
Rear Party Email -	

(Official) kapyong@autobahn.mb.ca

(General) ppcli@autobahn.mb.ca

WWW - <http://autobahn.mb.ca/~ppcli>

*These numbers may only be called from persons in that geographical area.

Deployment News

The MFRC Outreach Department will be contacting as many families of deployed personnel as we are aware of in order to invite you to take advantage of the wealth of programs and resources offered by the MFRC.

The identification process of families experiencing deployment is imperfect due to the diversity of the base. Many members clear out through their own units so the MFRC may never know they've gone; let alone have a family in town that might enjoy a contact from us. Please help us prevent people from falling through the cracks by telephoning us if you or someone you know is in this situation.

• Warm Line volunteers are ready to make regular telephone contacts to keep you in touch with community events and to offer you a compassionate, non-judgemental ear as you move through the deployment.

• Outreach home visits are available for those of you who aren't able to get out to us due to illness or being at home with children.

• Counselling Co-ordinator can present a deployment video and facilitate a discussion for you, your friends, your children's class and/or teachers or your social group to help everyone understand what deployments are all about.

• Regular weekly programs are outlined in the Voxair and the Community Connections. Call to ensure that you are on the mailing list.

• Evening play group just began at Lipsett Hall on Tuesday from 6 pm - 7:30 pm. Parents who work outside the home can now enjoy the benefits of a parent/child play group.

• The Mission Information Line at 1-800-866-4546 can provide you with up-to-date situation reports about any mission involving Canadians. Contact them also through the Internet at aal48@issc.debbs.ndhq.dnd.ca

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DEPLOYMENT SUPPORT GROUP ACTIVITIES

FEBRUARY 1997

- 2 - KIDS CRAFTS Valentine Cards 1pm
- 6 - Drop-in Centre (Info Cafe w/guest speaker) 1 pm
- 8 - Skating Party S. Side 11 am - 3 pm
- 9 - Pancake Breakfast (Adults \$3.50 Children Free 10 am - 1 pm)
- 13 - Drop-in Centre (Info Cafe w/guest speaker) 6 pm
- 14 - CASINO NIGHT Sr NCO Mess (transport available afterwards)

- 16 - Moms Day Off Activity (to be confirmed)
- 20 - Drop-in Centre (Info Cafe w/guest speaker) 1 pm
- 22 - Gym & Swim Lipsett Hall 1 - 4 pm
- 23 - 1:00 PM - 3 PM Exec Committee Meeting
5:00 PM Family Dinner (Adults \$4.50 Children \$3.50)
- 27 - Drop-in Centre (Info Cafe w/guest speaker) 6 pm
- 28 - WINE & CHEESE Semi-formal SrNCO Mess 7-10 pm

Canadian Forces School of Meteorology

Certificate of Achievement



Sgt Guy Rivet of Metoc Centre in Halifax receives the Certificate of Achievement Award from the 17 Wing Commander Col. Sharpe. The Certificate of Achievement is awarded to the trainee in recognition for attaining the highest academic standing while on the course.

Short Range Forecasting Course Serial 9601



Back Row L-R; Mrs. White, Mr. Konzelman, Sgt. Keeping, Sgt. Brideau, Sgt. Rivet, Sgt. Whitaker, MWO Van Acker. Front Row L-R CWO Anderson, WCWO Smith, Col. Sharpe, Mr. Hartman, Mr. Richard, Mrs. Benjamin.

Baby-sitting Course

This course provides basic instruction in first aid, fire safety and child care. Participants must be 12 years old to attend.

Location: Westwin Children's Centre

Cost: \$5.00

Times: Wednesday March 12 from 6:30 - 8:00 p.m.

Wednesday March 19 from 6:30 - 8:00 p.m.

Saturday March 22 from 10:00 a.m. - 3:00 p.m.

Participants must attend all three sessions to complete the course. To register call Wendy Richardson at 833-2500 ext. 6846.



WENDO - WOMEN'S SELF DEFENCE

Wendo, women's self defence is an assault prevention program for all women regardless of age, fitness level or physical ability. The basic 14 hour program teaches awareness, avoidance and action to assaults ranging from embarrassing to dangerous. Each session includes discussion, lecture and physical activity. Jesekeh Wood has been actively teaching Wendo since April 1978. Jesekeh has her first level of Gold - Wendo's Highest belt. "This program gave me a lot of reassurance, now I stand up for myself." "Made me feel good about myself."

"The Facilitator was extremely knowledgeable and shared." "I would highly recommend this course to other women." "It is confidence instilling and self affirming."

Date: Mondays 7:00 - 9:00 p.m.
From Feb 3 - Mar 10, 1997
Fee: \$40.00 - Adults
\$25.00 - Teens and Children

Classes are also available for teen women.

Evening Playgroup

Fight Off Cabin Fever

Come out and meet some neighbours and give your pre-school child the opportunity to play with other young children.

Time: Tuesday evenings 6:00 - 7:30 pm

Cost: Free

Location: Lipsett Hall Nursery School

Contact Melina Hamm at 833-2500 ext. 6335 or 489-5175 for information.

Saturday Playgroup (same as Tuesday group)
09:30 - 11:30 a.m. at Lipsett Hall Nursery School.

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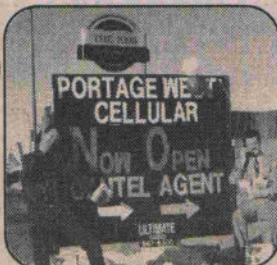
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ANNOUNCEMENTS

GIGANTIC MINTO MARKET

WHY? In Support of the Children's Hospital Research Foundation
WHEN? Saturday & Sunday, February 1st & 2nd, 1997
 9:00 a.m. - 4:00 p.m.
WHERE? Minto Armoury, 969 St. Matthews Avenue
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WHAT TO EXPECT? Great Variety of Products & Great Prices!
WHO? Sponsored by Manitoba-Lakehead District

More than 170 tables to choose from!!

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In short...1000's of Items !!!

Whatever you're looking for it's sure to be here!!

Refreshments also available at the Canteen on the Main Floor.

Proceeds from this Canteen go directly to The Children's Hospital Research Foundation.

For information, Phone Mr. Chuck Howard 489 0560



SCUBA DIVING COURSE

Interested in learning to scuba dive? Then have we got the course for you!! The 17 Wing Goldeyes Scuba Club is offering the following course:

WHAT: BASIC SCUBA COURSE
WHERE: WESTWIN POOL, BLDG.90
WHEN: 1900 hrs, TUESDAY NIGHTS,
 STARTING 21 Jan 97
COST: REGULAR MEMBERS ONLY \$240
 GST included
 ORDINARY AND ASSOCIATE
 MEMBERS \$265 GST included

INFO: For more info, contact Capt Denis
 Taibot 833-6361(W)/488-4625(H) or
 Ed Stark at 833-6557(W)/895-2903 (H)

The cost of the course includes all course materials, certification, use of tanks, regulator, and buoyancy compensator, air fills, Goldeyes and Manitoba Underwater Council memberships. Give us a call; we will be glad to answer your questions.

ARMED FORCES DAY WITH THE RAPTORS

Personnel of the Canadian Forces (Military & Civilian) can save up to 36% off the regular ticket price on Sunday 23 Mar 97 at 1500 hrs when the Raptors take on the Atlanta Hawks.

Watch NBA Rookie of the Year Damon Stoudamire, NCAA Player of the Year Marcus Camby and the entire Raptors team battle it out at the Skydome against Dikembe Mutombo,

former Dream Team member Steve Smith and the Atlanta Hawks. Great 100 level seats for as low as \$25. A total of 245 tickets have been reserved for Armed Forces Day (until 22 Feb 97). In order to book your seats call WO Bob Quann at (416) 973-9799. Cheque or money order or cash must be received by WO Quann no later than 21 Feb 97 in order to hold your seats.

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1972 18ft Southpark Trailer, sleeps 8, 3-way fridge, 4-burner propane stove, oven, sink, toilet, new carpet & upholstery, lots of storage space, canopy, many extras, excellent condition, \$4,500.00. Call WO Wayne Harris local 5192 or 229-5160 after 5 pm.

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The River Trail Le Sentier d'hiver

1997 ACTIVITIES

Trail open daily till February 16 for skating, skiing, cycling, snowshoeing, walking, etc.

Every Saturday from 6 p.m. to 9 p.m. the Trail will be lit with torch lights and there will be a huge bonfire.

Every Sunday from 1:00 p.m. to 3:30 p.m. at the forks of the Red and Assiniboine Rivers:

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- Children's maze
- Crafts, face painting
- Jam pail curling
- Polar Dome demonstration
- Food services
- Buses
- Sports
- Special Activity:

FEBRUARY 8 and 9 - Festival du Voyageur International Sled Dog Classic

SEALED BID AUCTION

The CFB Winnipeg Golf Club is auctioning off a 1940's Model Oliver 70 tractor. The tractor is available for viewing beside the new Clubhouse. Queries can be directed to Mr. Bob James 832-5448 or Ms Cathy Clark 888-8667. The tractor is being auctioned on an as is condition. Sealed bids to be sent to Lt(N) Powers, WPers Svcs O, Bldg 86 prior to close date of 30 Jan 97.

MISE AUX ENCHERES

Le club de golf de l'Escadre de Winnipeg aura un tracteur de 1940 modèle Oliver 70. Vous pourrez voir ce tracteur près du "New Clubhouse". Les demandes doivent être adressées à M. Bob James au 832-5448 ou Mme Cathy Clark au 888-8667. Ce tracteur est mis aux enchères dans la condition telle que vous le voyez. Pour être éligible, les mises aux enchères devront être envoyées au Lt(M) Powers, OA Serv Pers Ere, bldg 86 avant le 30 jan 97.

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