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VOL. 45 ISSUE 1

17 Wing Winnipeg / 17e Escadre Winnipeg

JANUARY 15, 1997 / FREE

1 AIR MOVEMENTS SQUADRON

Retired Lieutenant Colonel T.A. (Tom) Robson graciously accepted the appointment of Honorary Colonel for 1 Air Movements Squadron on Friday, 01 November 1996. The official ceremony, which was presided over by Colonel G.E. Sharpe, Wing Commander of 17 Wing Winnipeg, was held at 10 Hangar, home of 1 Air Movements Squadron and was attended by Honorary Colonel Robson's wife, the former Olive Henderson and their family.

As an ex-Traffic Technician and a retired Transportation officer, retired LCol Robson is particularly suited to this appointment. LCol Robson commenced his exemplary career in April, 1950 when he joined the RCAF as a Transportation Technician, the precursor trade to today's Traffic Technician occupation. His first posting was with 901 Air Traffic Handling Unit, RCAF Station Edmonton. At a later date, this unit was transformed into several components, one of which was to become today's 1 Air Movements Squadron. In 1961, after serving on a number of operational flying tours and achieving the rank of Sgt, Honorary Colonel Robson was commissioned from the ranks, at which time he assumed the duties of Deputy Commanding Officer of 1 Air Movements Unit, RCAF Station Namao. In 1971, on being promoted to the rank of Major, Honorary Colonel Robson became Commanding Officer of the "First and Finest", 1 Air Movements Unit, located at that time at CFB Edmonton. After several more tours, Honorary Colonel Robson was promoted to the rank of Lieutenant Colonel in 1980, at which time he assumed the duties of Senior Staff Officer at Air Command Headquarters.

Having retired in 1987, Honorary Colonel Robson is viewed as the architect of the current Air Force Transportation Officer, Traffic Technician and Mobile Support Equipment apprenticeship training programs as he exhibited unparalleled foresight and ingenuity in developing training objectives which have made these disciplines a vital part of today's Air Force operations.

It is truly a privilege to welcome retired Lieutenant Colonel T.A. Robson as the new Honorary Colonel for 1 Air Movements Squadron - the "First and Finest"!

Welcomes Honorary Colonel T.A. Robson



Colonel G.E. Sharpe, Wing Commander of 17 Wing Winnipeg (left), presents certificate to retired Lieutenant Colonel T.A. Robson (right) on his appointment as the new Honorary Colonel of 1 Air Movements Squadron, the "First and Finest", 17 Wing Winnipeg.

Food from the sky for the hungry

By Captain Tony Keene, Air Transport Group Public Affairs

That evening a flock of quails flew in and settled over the whole camp; in the morning a fall of dew lay all around it. When the dew was gone, there over the surface of the wilderness fine flakes appeared, fine as hoar frost on the ground. When the Israelites saw it, they said one to another "What is that?" because they did not know what it was. Moses said to them, "That is the bread which the Lord has given you to eat."

Revised English Bible: Exodus 16

The idea of dropping food from the sky to aid starving refugees has been around for a long time. However, the Canadian air force has now developed a means to drop food to large groups of people on the ground, without using

parachutes, and without the need for an airfield at which to land and off-load. This was brought about by the refugee situation in eastern Zaire in November.

"We tried brainstorming for possible options," says Capt Brook Bangsboll, loadmaster standards officer at Air Transport Group Headquarters. "Given the enormous humanitarian needs in central Africa, the rugged geography and the tactical situation, all conventional aerial delivery methods were ruled out."

Thousands of small packages of food are released from the rear cargo doors of a Hercules transport, to flutter to

the ground where they can be picked up by the people who need it. Military airlift was used extensively to keep the people of Berlin going when the Communist blockaded the city in 1948. More recently, Canada joined several other nations in a three-year airlift of food into Sarajevo during the civil war.

INSIDE THIS ISSUE of the VOXAIR

New Year	2
Ask Mr. Greentree	3
Comd's Closet	6
MFCR	8
WDEC	9
Classifieds	11

The Canadian Red Cross Society

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FOR

Media coverage of the Quebec floods and support of the Canadian Red Cross fundraising appeal on behalf of people affected by the floods

SEPTEMBER 1996

Douglas Dindores

Douglas Dindores
Secretary General &
Chief Executive Officer

Re Jean Seguin

Re Jean Seguin
Directeur general,
division du Quebec



Canadian Red Cross

See page 2 for more details

MAKING IT A HAPPY NEW YEAR

By Major Walton-Simm, Voxair Managing Editor

Well another Christmas has come and gone. Hopefully, you all had a safe and happy holiday. It is always a little melancholy when the decorations come down and we put the traditions of the Christmas season away for another year. It's interesting to look at all of the traditional rituals that each family seems to pass down from generation to generation, some are the same and some are different and yet they all play a significant part in Christmases both past and present. Here are some traditions you may partake in and the reasons why they have been handed down from generation to generation:

- the actual celebration of Christ's birthday didn't happen until halfway through the fourth Century, AD 336. It was originally celebrated on the 6th of January, but most churches during the course of the 4th Century changed it to the 25th of December. That time of year had been an excuse for a festive occasion many centuries earlier. The winter solstice, on or near December 21st, the longest night of the year, herald's the rebirth of the sun and an occasion for living it up;
- the evergreen, a permanently summer-looking tree amid snows, suggests fertility and hope in the midst of sterility;
- mistletoe, although poisonous, was considered a wonder drug, a protector against disease and poison. Mistletoe was hung above doors as a sign that old quarrels were to be forgotten and a kiss under the mistletoe became a promise of good things to come;
- poinsettias, poisonous too, was named after Joel R. Poinsett, US ambassador to Mexico, who brought the plant home to south Carolina in 1829;
- ivy represents the soul of mankind submitting to the Lord;
- holly was supposed to have magical power to protect against witchcraft, lightning bolts and evil

spirits. Its pricking leaves were reputed to have been used for Christ's crown of thorns, which is why its yellow berries turn red like blood;

- holly & mistletoe signify the miracle of Christmas by bearing fruit only in winter;
- Boxing Day got its name from the "Christmas Box" which was taken around on Christmas Day, or more frequently the day after, to gather funds for priests to give to the poor;
- a Christmas tree, brought inside the house and filled with decorations, was the gift from Germany that Queen Victoria got from her beloved consort, Albert. The tree at Windsor Castle was hung with candies and sweetmeats;
- originally, the gifts exchanged at Christmas were intended for the poor, now most of them remain within family and friends. The bringer of gifts varies widely throughout the world, from Germany's Christkindl (the Christ Child, a female messenger from Jesus who enters through an open window) to Italy's witch, Befana (who delivers gifts as a penance for her delay in following the Star to Bethlehem and missing everything) to our Santa Claus (who really comes from the Netherlands, where he is called Sinterklaas); and
- the 1st commercially printed Christmas Card made its appearance in 1843 in London, England and was criticized by temperance groups because it depicted a three-generation family raising their wine glasses in a toast to the holiday.

Of course these are only a few of the North American/Christian traditions that we have maintained through time. Many other religions and countries have a vast array of traditions with the same history behind them. This, hopefully gives us a little perspective as we begin a new year and at a time when commercialism and the hustle and bustle of our lifestyles can erode our appreciation of a very important and family oriented occasion!



Canadian Red Cross

Dear Sir/Madam,

On behalf of the Canadian Red Cross, we are delighted to present a certificate of appreciation to you for your support to our Quebec Flood Appeal. Media coverage of the plight of people affected by recent flooding in Quebec was a key factor in making our financial Quebec Flood Appeal — Le don de la solidarité— a success.

The Quebec flood operation is one of the largest domestic disaster relief efforts in Canadian history. Thanks to your reporting of the story, the Red Cross could let thousands of Canadians know how they could help their neighbours in Quebec. Canadians from coast-to-coast responded with heartfelt generosity to the call for aid. To date, public and business donations to the Quebec Flood Appeal total more than \$27 million. No portion of these donations was used by the Red Cross to cover operating and administrative costs. Every dollar received is used to help the victims.

Today the situation has improved. Most evacuees have returned home, but for some, there is still no home to return to. The floods have destroyed or heavily damaged more than 2,000 homes. The Red Cross continues to distribute coupons for food, clothing, baby care items and other essential items — thanks to the generosity of the people from across Canada and from around the world.

We provide Red Cross assistance free-of-charge so that one hundred per cent of all monies collected are used to help people, without regard to nationality, race, religion, social status or political affiliation. We base our help only on need.

Please accept, on behalf of our Board of Governors, our volunteers and our employees, our deepest appreciation for your continued support of the humanitarian work of the Canadian Red Cross.

Sincerely,

Douglas Lindores,
Secretary General &
Chief Executive Officer

Ré Jean Séguin,
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Ask Mr Greentree

A thousand pardons - I have not been very faithful to you, my dear reader. (Okay, I missed a column!)

First, I have a bit of good news for those parents and young adults wondering if the environment field is a suitable career choice. Red River Community College is now offering an Environmental Youth Initiative program. This two-year program will give the student some exposure to the many facets of the environmental work world and appears to be a fairly well planned out program. If a soon-to-be high school graduate is uncertain about what technical or university environmental program is best suited to her/his abilities and interests, the Environmental Youth Initiative may help. Give Red River Community College a call - it may save everyone a lot of heartache.

So, as I was sitting in my lonely log cabin in the middle of the vast natural spaces here at 17 Wing, I received but one question this month. I sez to myself, maybe my readership has fallen (a thought dismissed immediately!) or maybe they are just waiting for a really nifty CONTEST WITH A GREAT PRIZE. (That, in advertising, is called the "hook").

The contest is open to the first reader to send in a question dealing with the environmental program at 17 Wing or in the CF, in writing, to the W Env O. The prize is a magnificent compact optical enhancement device handsomely embossed with the Environmental Program logo.

Onto the question: I recently saw a list of contaminated sites at 17 Wing. Are people working around those areas in danger? A. For most sites, unless the surface dirt is disturbed, there is no danger to personnel in the area. The only sites which pose any danger are those being dug up. The danger arises from fumes in the hole or, in the case of lead contamination, from the dust generated during digging. Proper precautions - such as ventilation and cleaning off dust - should eliminate these dangers. As always, check with the W Env O before digging in any of these sites. If you have concerns about health and safety issues, your unit UGSO should be contacted as well.

ENVIRO BIT: WARNING. WARNING. According to information received at a recent Departmental Environment Officers' conference, the Department is soon to issue a policy which prohibits the discharge on any Chlorofluorocarbons (CFC) after 1 July 1997. This prohibition will include solvents, spray products for cleaning electrical boards, any aerosol spray which uses CFCs as a propellant, and a wide variety of other products which may be on the shelf in your unit. This may be a good time to arrange for the disposal of such products (beat the rush!) and to find substitutes. More to follow, I'm sure.

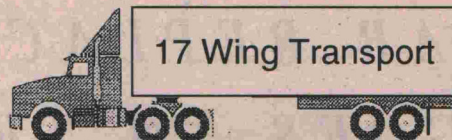
Mr Greentree can be reached at loc 6774.

New Fuels in the Ice Age

By Lt Dan Naylor

17 Wing is committed to improving the environment by converting vehicles to Alternative Transportation Fuels (ATFs). Our plan is to convert as many of our 325 vehicles as funding will allow. The driving force behind the conversions is the Alternative Fuels Act, passed by Parliament in June of 1995. The Act stipulates that 50% of all vehicles purchased in 1997-98 must be ATF vehicles. By the year 2000, this figure will rise to 75%.

Funding, however, is not our only concern. The Winnipeg winter of 1995-96 was the coldest winter in a century. With record low temperatures already experienced in November and December, drivers at 17 Wing



Transportation Squadron are understandably concerned about how, or whether, propane vehicles will operate in the extreme cold of a Canadian winter. Despite our pessimism, Peter Nagy of one of the Alternative Transportation Fuel companies here in Winnipeg has been operating a bifuel (propane and unleaded gasoline) 1993 Ford Taurus for the past three years. During this time, he has not experienced any problems starting his 3 litre V6 engine apparently using solely propane.

New-technology propane injection systems have overcome the cold weather problems of the past. With this in mind, 17 Wing intends to convert all the vehicles it is acquiring this coming year, as our part in reducing emissions to an acceptable level.

Danger



Wing Transportation operates a wide variety of snow removal equipment. Recently, vehicles have been observed pulling out in front of snowploughs, following sanding trucks too closely, and, in one case, driving under the snow being projected from a snowblower. Remember: Our heavy equipment operators cannot always see you. Stay back at least 50 feet. Take the time to slow down and prevent an accident.



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LAB REPLACEMENT GOES TO TENDER

Services en français pour les francophones !!

(Article provided by 12 Wing Public Affairs)

The federal government has issued a request for proposals to replace the Canadian Force's fleet of Labrador helicopters. Defence Minister Doug Young made the announcement during a visit to Air Command headquarters in Winnipeg.

"Canadian Forces search and rescue personnel go about their work with professionalism, responding to nearly 450 incidents a year and rescuing more than 200 people annually. Our men and women in uniform need the proper tools to do their job for the benefit of all Canadians," the Minister said.

The department is looking for up to 15 medium lift, multi-engined helicopters with a 500-nautical mile range, 120-knot cruise speed, plus accommodation for five air crew with equipment and ten passengers. Several

international helicopter manufacturers have expressed an interest in the project, including Agusta/Westland, the contractor for the ill-fated EH-101 replacement project.

Interested bidders have until May 1997 to submit their proposals. The minister said they will be evaluated according to a clear set of criteria; they must satisfy operational requirements, achieve best value for taxpayer's money and result in industrial and regional benefits.

In addition, the government intends to explore "different forms of partnership with the private sector" which should result in innovative concepts for training, spare parts, engineering support and maintenance. Also, "alternative arrangements for financing acquisition of a replacement aircraft" will be investigated, including buying off-the-shelf and investigating

alternative service delivery arrangements where cost-effective such as leasing of equipment.

The Labrador entered service in 1963. Compared to modern aircraft, the Labrador has limited avionics and communications and navigation equipment. It is becoming increasingly difficult and expensive to maintain the 13 remaining helicopters, particularly as several major components for the unique Canadian configuration are no longer in production.

Following an extensive interdepartmental review of industry bids, the government is expected to review the department's recommendation for the winning proposal in the fall of 1997. If a contract is signed by late next year, it is expected delivery will begin in mid-1999 and conclude by 2001.

capt A. Rozak, CLO Ere, poste 2003

Est-ce que vous désirez savoir où les services en français sont disponibles à Winnipeg et au Manitoba? La Société franco-manitobaine et la Ville de Winnipeg on publiés deux annuaires pour vous.

Le premier, produit par la Société franco-manitobaine, est l'Annuaire des services en français au Manitoba -1996. Un bref aperçu de la table des matières comprends les sujets suivants:

- Organismes francophones au Manitoba
- Commerces et services à Winnipeg
- Éducation
- Paroisses franco-manitobaines
- Gouvernement et Pages jaunes

Le deuxième est l'annuaire Ville de Winnipeg - Guide d'accès aux services municipaux en français -1996. Au verso, la version anglaise de ceci est City of Winnipeg - Access Guide to Civic Services in French. La table des matières inclus les services

suyvants qui sont disponibles en français:

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350 Doncaster, BFC Winnipeg, téléphone 489-7003;

Centre Culturel Franco-Manitobain (CCFM) au
340 boulevard Provencher, Winnipeg, téléphone 233-8972;

Centre d'information de la Société franco-manitobaine,
383 boulevard Provencher, pièce 212, C.P. 145 Saint-Boniface, MB, téléphone 233-ALLO (833-2556)ou 1-800-665-4443.

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From Inside the Commander's Closet

It's me again. In amongst the mukluks, overshoes and parkas. Yes, laugh all you want. We Winterpeppers are up to our eyeballs in snow. No use goin' to the gym anymore. Snow is hardly white, fluffy stuff; the darn stuff weighs a ton. I've lifted more weights one day in the driveway than I do all week in the gym. And, saints give me strength, it's forecasting snow again tonight.

Well, to keep you up to date, the staff is beavering away on the social charter issues raised during the Combined Commander's Training Session and the schedule for the Wing Input Session is tentatively set for the second week of January. Should the meeting be held here at Winnipeg, attendees should definitely bring their long underwear, wool socks, homemade mitts, hot chocy mug and anything else that could possibly make you feel warm and cozy because... it's bloody well freezing here!!

Sorry, sorry, side-tracked again. Can't help it, you just can't convince me fog isn't better than forty below any day. Back to the beavering away of issues on the social charter. It's true. I know. I've

seen with my own eyes some of the answers to the questions raised. Plan is to have a page set aside in the Roundel to get the info out. Should be decided this week, so keep your eyes peeled for the February issue of the Roundel.

The Wing Input Session should be exciting, a real barn burner. Another chance for the Wings to get their say on what should be looked into and how this charter should be set up so it becomes a 'living document'. The Wings will be bringing representatives of various ranks with them. So get to know these guys and get your two cents worth in. It's your chance to let us know what's on your mind. I'm definitely gonna weasel my way into that meeting. Incognito or not.

There are a few other hot issues being discussed around here. The organizational chart for the new 1 CAD/CANR staff, the replacement organization for AIRCOM and the five Air Groups, was being gelled on 2 Dec. I'd say frozen but, we anticipate some minor fine tuning before July 97. But ya need something hard and fast for the Career Manglers... eh Managers to use so that they can plan next year postings.

The other big issue bantered about was the trial of the Wing Self Assessment (WSA) measures which also started 2 Dec. Just in case you're confused (just had the light bulb go on here in the closet myself), here it is in layman's terms. The WSA measures efficiencies of selected processes so that designated Wings branches/sections may compare themselves with other Wings but, more importantly, have a measure of their own improvements over time. The Wing Comptroller Branches have bravely stepped up as the section to run the initial trial. Other sections will not be commencing implementation of the WSA until the April-May time-frame, after the Comptroller branches have validated the implementation process. A big Bravo Zulu to the finance folks for leading the way.

Well that pretty much wraps it up for this week. It's been great talking to you. Not many people stop by the closet here for a chat. If you know what I mean!! I'll be in touch.... *Inside The Commander's Closet*

FLIGHT PLAN '97 GROUND SCHOOL WINTER SCHEDULE



By Chris Alexiuk

After taking a much needed break over the Christmas period, the Flight Plan '97 Ground School will resume in the New Year. The feedback continues to be very positive, with most people commenting that it is indeed a very worthwhile three days.

The Ground School is a life-skills course which offers something for everyone....from better communications, to learning more about working effectively in teams, to gaining a greater understanding about ourselves.

All courses are held in the WO's & Sgts' Mess. Dress is civilian casual and lunch is provided. Classes run from 0800 - 1600 hrs each of the three days.

The Ground School will be offered this Winter on the following dates:

- 14-16 Jan 97	- 21-23 Jan 97	- 28-30 Jan 97
- 4-6 Feb 97	- 11-13 Feb 97	- 18-20 Feb 97
- 25-27 Feb 97	- 4-6 Mar 97	- 11-13 Mar 97
- 18-20 Mar 97	- 8-10 Apr 97	- 15-17 Apr 97
- 22-24 Apr 97	- 29 Apr - 1 May 97	

If you wish to be loaded onto one of the above courses, please call 5941 or 5480.

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Authorized Military Relocation Specialist

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Fax 1-613-545-1101
E-Mail Internet address: donwyld@limestone • KOSONE • com

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Remember, the deadline for your 1996 RSP contribution is March 1, 1997. Don't wait!

If you're not yet a member, sign up today. If you're already a member, contribute now and let your investments start compounding immediately. An RSP loan** can help you make the maximum RSP contribution.

For more information or to maximize YOUR 1996 RSP contribution CALL 1-888-363-PLAN (7526) TODAY

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- Offres spéciales sur les produits bancaires aux particuliers réservées aux membres des Forces armées.

Rappelez-vous que la date limite pour cotiser à un REER pour 1996 est le 1^{er} mars 1997. N'attendez pas!

Si vous ne participez pas déjà au régime, adhérez maintenant. Si vous y participez déjà, cotisez sans tarder et profitez de l'effet de la composition des placements immédiatement. Un prêt REER** peut également vous aider à optimiser votre cotisation.

Pour de plus amples renseignements ou pour optimiser votre cotisation REER 1996, faites le 1 888 363-7526 DES AUJOURD'HUI

* Les fonds communs de placement sont offerts par prospectus. Vous y trouverez des renseignements importants. Composez le 1 888 363-7526 pour obtenir un exemplaire et lisez-le attentivement. La valeur des parts et le rendement des placements sont soumis aux fluctuations du marché.
** Les risques associés aux achats spéculatifs de parts de fonds communs de placement sont décrits dans le prospectus des fonds communs de placement Canada Trust.

Canada Trust
On pense comme vous

17 Wing Community Christmas Lights Contest

On the 18 Dec 96, the Annual Christmas Lights Contest completed the final judging for this year's winners. The winners were the residents of the MQ areas, that had the opportunity to view the wonderful creations that so many imaginative people were able to provide for us. Many hours of work went into these presentations from the initial thoughts and ideas for each component to the actual purchase and placement of each piece. Congratulations to all community members who participated in this year's contest. Unfortunately there are only so many prizes to go around. Better luck in next years contest. The pre-judging of the Christmas lights was completed during the period of the 11 to the 14 of Dec. The qualities that were looked at included the ornamentation, imagination, display and overall effect. Factors that influenced the judges were the amount and positioning of lights, lights that may have been burnt out, and the general visibility of the presentation. The prejudging proved to be easy as there were a lot of nice looking decorations out there. It was the final judging that proved to be difficult. That's why the two people with the most critical eyes were selected to complete the judging. WComd Col Sharpe and WCWO Smith escorted by the event coordinator, Sgt Joe Runge, had this privilege.

Final judging had to be postponed due to weather. The actual judging took place on the 18 Dec. After much deliberation and many return visits for second and even third looks, the following winners were selected:

North Side

First place	CWO Winchar	47 Braintree Cres	\$100
Second place	Cpl Poole	30 Jameswood	\$50

Honourable Mention for \$25 were

MWO Thorne	142 Braintree
Col McCabe	450 Moorgate
Capt Tetz	492 Airforce Way
Cpl Kelly	108C Canso

South Side

First place	CWO Harrison	190 Ubique	\$100
Second place	Pte MacNeil	480 Grenadier	\$50

Honourable Mention for \$25 were

Sgt Carter	199 Kenaston
Sgt Merritt	280 Ubique
Sgt Hooyer	356 Grenadier
MWO Newhook	214 Ubique

Congratulations on all those who won as well as all those who participated in the Christmas Light Contest. Viewing Christmas lights has become a special event at a special time of the year. With weather hovering around -30, as it always seems to do here in Winterpeg, the effort provided by those who go out of their way to bring a little enjoyment to all of us in the community is greatly appreciated. The next activity the Community Council will be sponsoring is a flea market planned for late spring. Tables will be available for a minimal fee to sell whatever (within reason) article you have. More information will be provided in further issues of the Voxair.

FIRST PLACE - NORTH SIDE



47 Braintree Crescent

FIRST PLACE - SOUTH SIDE

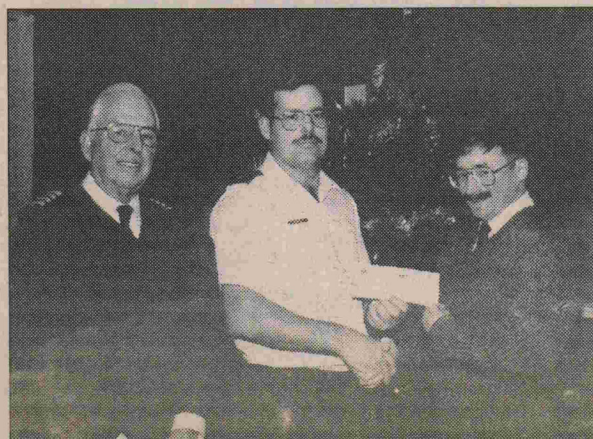


190 Ubique

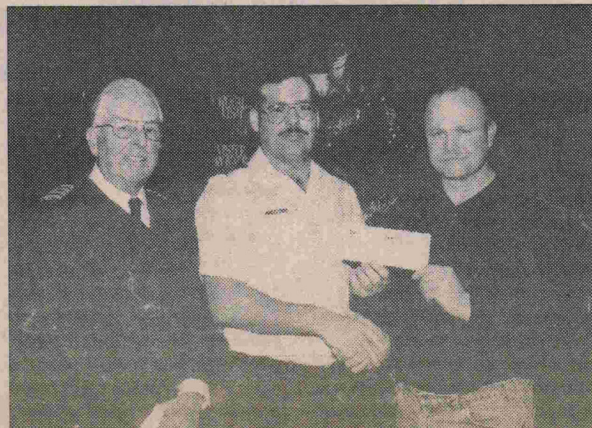


\$100 Cheque for 1st place South Side presented by (L-R) Sgt Runge, HCol Van Ruiten to CWO Harrison.

HONOURABLE MENTIONS

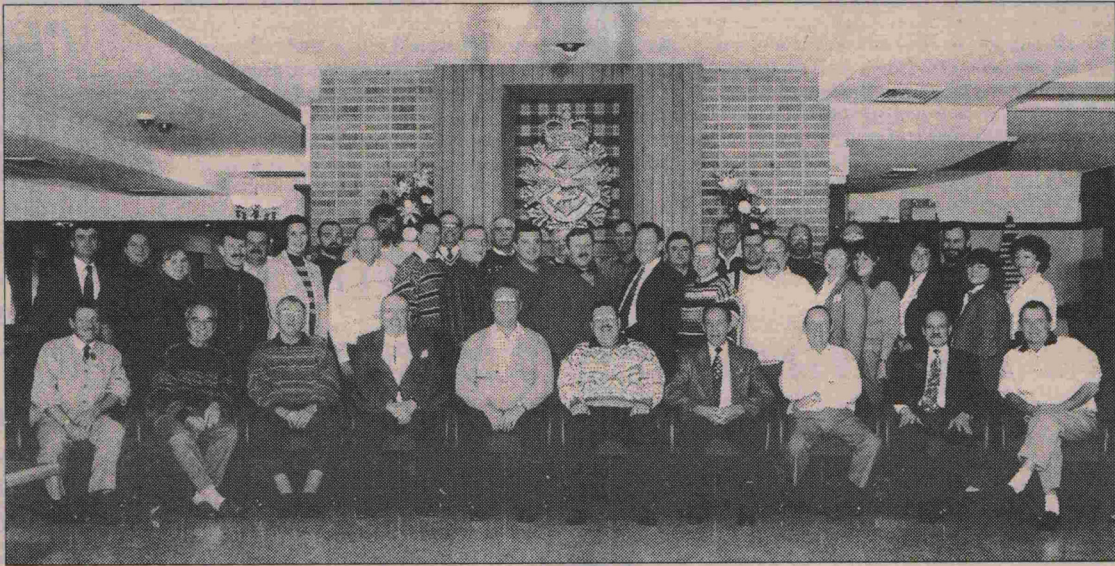


\$25 Honourable mention presentation to MWO Newhook by HCol Van Ruiten and Sgt Runge.



\$25 Honourable mention presentation to Cpl Poole by HCol Van Ruiten and Sgt Runge.

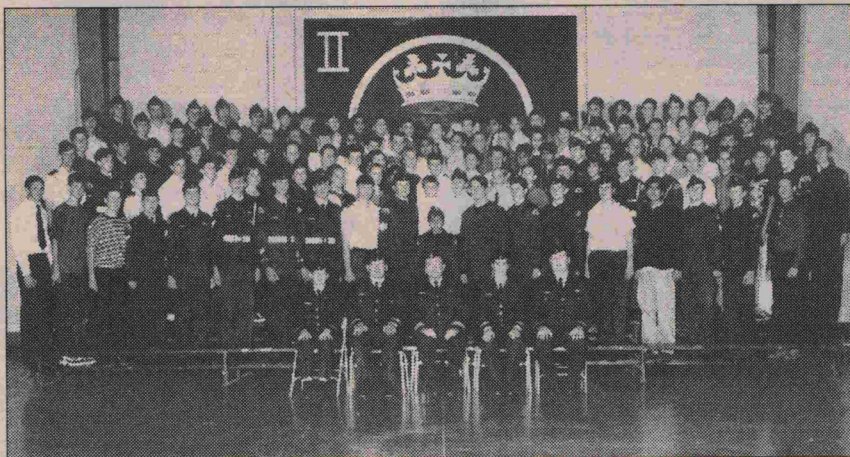
SUPPLY TECHS' "OLD GEEZERS" LUNCHEON



On Friday 1 Nov 96 marked the 4th annual "Old Geezers's" luncheon at the WO's & SGT's Mess. The luncheon is held for current and retired Supply Senior Non-commissioned members of 17 Wing and surrounding area. This year saw the return of 15 retired sup techs along with 20 current members and a seven member contingency from CFB Shilo. During the luncheon we took the opportunity to officially say "farewell" and drop a few friendly barbs to Brian and Debbie Coyston. Brian retired this year after 27 years of loyal service. Once again Brian, on behalf of Wing Supply we wish you and your family a happy retirement and good luck in your future endeavours.

The Winds of Change

191 West Winnipeg Rotary Royal Canadian Air Cadet Squadron (RCACS)



Members of 191 West Winnipeg Rotary Royal Canadian Air Cadet Squadron (RCACS).

By WO 1 Darren Johnston

For 55 years, the Royal Canadian Air Cadet programme has been training the youth of our nation in discipline, leadership and citizenship. It also offers many opportunities to develop skills in many other areas of study, such as flying, gliding, band, survival, range and physical fitness. Beyond this training, a cadet learns to interact with others and work as a team thereby increasing his social skills and teamwork ability. Through the years, many people have dedicated a lot of time to the organization. These people

understand the importance of well-disciplined youth and for that we give them thanks.

On behalf of all members of 191 West Winnipeg Rotary Royal Canadian Air Cadet Squadron (RCACS) I would like to reflect on the accomplishment of one such person, our outgoing commanding officer (CO) Major Dave Odell. When I first joined air cadets in October 1991, 191 RCACS had a strength of 70 cadets. Major Odell took over the command of 191 in 1992. Under the guidance and leadership of Major Odell, 191 is one of the biggest

and best in Manitoba. In 1994, 191 was deemed Most Proficient in Manitoba by the Air Cadet League and Top Squadron in Manitoba by the Department of National Defence. Again in 1995, 191 was awarded Most Proficient and Top squadron in Manitoba. In 1996, 191 did it again, earning the Most Proficient Squadron title and also winning the Lord Strathcona Drill Team competition for the first time ever. The strength has increased to 120 cadets and the administrative and logistics branches are being run with increasing efficiency.

With the retirement of Major Odell as CO, another chapter is closing in 191's history. The incoming CO, Captain Greg Sutton, is no rookie to the job having been a CO before. Everyone at 191 is anticipating a great year.

The air cadet programme currently has over 18,000 cadets enrolled. It trains youths aged 12 to 19 and costs nothing to join. For information on squadron locations and training nights refer to the white pages under "cadets".

MFRC ANNOUNCEMENTS

350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

FUN WITH MUSIC

This is a program for 3 to 5 year olds. Held on Tuesday mornings for 10 weeks starting January 14th, 1997. Music concepts such as rhythm and pitch and sound making will be developed as well as listening skills, creativity and an appreciation for music. Call Wendy Richardson at 833-2500 ext. 6846 for more information.

Time: 11:20 - 11:50 a.m. (after nursery school)
Cost: \$20.00 for 10 weeks
Location: Lipsett Hall Nursery School

Two programs will be offered on Thursday afternoons at Lipsett Hall. Register your child in one or both for a break in winter routines.

SWIM AND GYM

A half hour of large muscle activity followed by a half hour swim. Give your child the opportunity to fight off cabin fever. This program is designed for 3-5 year olds. Starts January 16, 1997.

Time: 1:00 - 2:00 p.m.
Cost: \$20.00 for 10 weeks
Location: Lipsett Hall Nursery School

STORIES AND SKITS

This is a storytelling/dramatic play program that introduces good books to children and parents. Children will develop listening and communication skills. They will gain knowledge of the real world and realize that reading is a pleasurable activity. Program starts on January 16. Call Wendy at 833-2500 ext. 6846 for information on either program. Parent participation is encouraged.

Time: 2:15 - 3:15 p.m.
Cost: \$20.00 for 10 weeks
Location: Lipsett Hall

CREATIVE TOT SHOP

This program is the first step towards Nursery School. Here's a chance for parents and young children to come together to create and play. The toddler/pre-schooler can explore the world of arts, music, movement and story. Parent participation is required. For information call 833-2500 ext. 6846.

Lipsett Hall Nursery School
Monday 1:30 - 3:00 p.m.
Cost: \$2.00 per session

MFRC CHILD CARE CO-OP

Join the MFRC Child Care Co-op. We're a group of parents who exchange parenting services for NO CHARGE. Basic guidelines, monthly meetings (kids welcome) and membership conditions keep the co-op running smoothly. Members have a military police check done. For more information call 489-7003. We're always looking for new members.

CALLING ALL TEENS!

Are you interested in a Teen Centre?

There will be a meeting of interested teens on Monday, 3 February, 1997 in Conference Room #1 of the Westwin Community Centre. Meeting starts at 7:30. Young adults in Grades 7 to 12 are encouraged to attend this meeting. This centre will be for you so come out and let us know what you would like to have for a Centre. For further information contact Diane Brine, 489-7003.

CRAFT AFTERNOON

Sunday, 9 February 1997 1 pm to 4pm

This is a day for Valentine Crafts. Come to the South Side Chapel for an afternoon of great craft activities. Pre-registration is a must, there is a minimum of 6 participants and a maximum of 15 for this craft. Cost is \$5.00 per person payable prior to the afternoon. Please call Diane Brine, 489-7003 for more information and to register.

AFTERSCHOOL CLUB

North Side

This program is held at the Westwin Community Centre from 4:30 to 6:30 every Wednesday afternoon. This is a very unstructured program where movies, crafts and games are available for children 6-12 years. There is a drop-in fee of .50 for this activity. For more information contact Diane Brine at 489-7003.

AFTERSCHOOL CLUB

South Side

Now available on the South Side. This program will be held in the newly renovated southside Chapel on Mondays from 4 - 6pm. Movies, games, crafts and other activities will be available for children 6 to 12 years of age. There is a drop-in fee of .50 for this activity. For more information contact Diane Brine at 489-7003.

FUN & FAMILY FITNESS

Everyone welcome.

A water aerobics class will be held

at Lipsett Hall Pool.

\$2.00 drop-in fee.

Every second Wednesday

Time 10-11:00 a.m.

Child Care Available

For more information call

Mavis at the MFRC 489-7003.

PRÉ-MATERNELLE FRANÇAIS

Le Centre des ressources pour les familles militaires offre une pré-maternelle français au "Westwin Children's Centre" trois après-midi par semaine. Nous offrons aux enfants de 3 et 4 ans la chance de socialiser dans un environnement joyeux et sain. Parmi les activités nous retrouvons les histoires et chansons, bricolage, jeux de langage, jeux libre. Nous possédons aussi un endroit pour faire des jeux moteurs.

lundi, mardi, jeudi après-midi

de 13h00-15h15

coût: 67\$ par mois

15\$ d'inscription par année

Pour s'inscrire téléphoner: 833-2500 ext 2491

Evening Playgroup

Fight Off Cabin Fever

Come out and meet some neighbours and give your pre-school child the opportunity to play with other young children.

Time: 6:00 - 7:30 pm
(Start Date Jan 7)

Cost: Free

Location: Lipsett Hall Nursery School
Contact

Melina Hamm at 6335 or 489-5175

Wing Lotto Winners

5 Dec 96

Capt R. Wong,
Man-Lake. District
Capt R. Bishop,
435 Sq

19 Dec 96

Cpl S. Peter,
2 PPCLI Maint
Sgt Moore, BPSO

2 Jan 97

Cpl Graves, 2 PPCLI
Cpl Pappas, 2 PPCLI

ATELIER DE CRÉATIVITÉ

Ce programme est le premier pas vers la pré-maternelle. C'est une occasion pour les parents et leur jeunes enfants d'être ensemble pour créer et jouer. Les jeunes peuvent explorer le monde des arts, de la musique, le mouvement et les histoires.

La participation des parents est requise. Apportez une collation pour votre enfants.

"Lipsett Hall Nursery School"
Mercredi: 1h30 - 3h00
Coût: 2\$ par famille

NOW ACCEPTING FALL REGISTRATION

Giggles & Grins Children's Centre

Located close to Whytewold & Ness
3 minutes from CFB Winnipeg (North)

- MOVING? • We offer DROP-IN care to take your mind off your little ones.

For more info: Call 897-GRIN (4746)

Happy New Year from the Immunization Clinic

By SLt Donna Dynes

A safe driver with a seat belt has a small potential for injury. A safe driver without a seat belt would likely be injured more seriously if an accident were to occur. An unsafe driver with a seat belt is at a high risk for injury just because of the likelihood of an accident, and the reckless driver without a seat belt is almost guaranteed to injure himself or someone else at some time.

The driver can be compared to a person's health and immunization status. A health conscious person with good hygiene practices who is immunized will likely be free of communicable diseases most of the time. An equally health conscious and hygienic person who is not immunized will be more likely to contract an illness to which he is exposed. A person who is immunized, but has poor sleeping, eating, and exercise patterns, does not wash his hands after using the washroom or before eating, practices unsafe sex, etc., is at risk for illness simply because of the wide exposure to illness causing agents. The person who is reckless with his health and fails to become immunized is likely to contract serious, preventable illness at some point. Thus, immunization is important, but only one step in a continuum of healthy behaviours.

We at the MIR are here to provide immunization service, however it is ultimately the individual's responsibility to look after his own health. Once a year, drop in to the MIR, building 62 2nd floor on a Tuesday or Thursday afternoon, and have

your yellow immunization record book updated. If you do not have this book, it is a good idea to get it from your medical file and keep it with you. Upon notice of deployment, it is always necessary to have one's immunization status checked at the MIR. There are frequently operation or exercise specific immunizations needed, and sometimes changes are made to the regular immunization scheduling. This check must be done in person, with the yellow book.

Many questions have been asked about immunizations, and several bits of misinformation have been overheard among those being immunized. In an effort to clear up some of this, and hopefully to let people feel better informed, there will be a series of articles regarding

specific illnesses appearing in this newspaper over the next few months. This information is not intended as a substitute for personal service at the MIR, but rather as a tool for individuals to use in being responsible for their own health. After all, health is the individual's responsibility. No one else has more control over it, or more of a vested interest in it, and the best way the MIR can help you to stay healthy is by offering the resources you need to look after yourself.

Good luck and good health in the new year, and I hope to see everyone at the immunization clinic sometime in 1997!

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WDEC REPORT

By Capt J.L. Hyatt, WDEC

Dec. 10th saw the first Drug and Addictions Education Coordinators meeting. As the new Wing Co-ordinator I was happy to see 12 smiling faces show up. Public speaking and coffee making are not my forte but we sure had some energetic speakers and I heard the coffee wasn't too bad. I was encouraged by the enthusiasm shown by some and hope it was a wee bit addictive. (not all addictions need be bad)

Educative material has been somewhat lacking and is a problem we as your new team hope to rectify this coming year. Myself and the UDEC's present heard the Wing Addictions Counsellors' humour and learned what to look for in someone who may have a problem. Capt Priestman presented an outline of a program for the energetic UDEC, and the MP's showed us their DRUG IDENTIFICATION KIT along with the breathalyser. It was all very informative and interesting.

It was a quick afternoon but one I hope was appreciated and soon to be repeated. Find out who your UDEC is, ask them questions and become informed about addictions.



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18 - 25 JANUARY 97

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New, improved coverages available for Military Quarters and off base!

ANNOUNCEMENTS

"CHRISTMAS SHARING AT ITS BEST"



The AirCom DCOS Training Division has recently completed a charity drive for the Christmas season, for the 17 Wing MFRC.

A raffle for a beautiful stain-glassed Air Force Roundel was initiated by Maj Wendy Rickards. A Silent raffle made up of items donated by Trg Div pers was initiated by MWO Jean Birnie. A Food Hamper was jointly coordinated by WOs Jim Temple and Larry Rutt. With the excellent support and wonderful generosity from all the personnel of AirCom, we were pleased to present Ms Val Dawson, from 17 Wing MFRC with a cheque for \$460.00. A very large, overflowing food hamper (approx \$300 worth of items) was delivered that morning to the MFRC and in turn, to the prospective family. The family was extremely pleased with the "gift".

We would like to express our deepest gratitude to all pers who supported this worthwhile endeavour. This was truly Christmas sharing at its best!!!! *Thanks, again.*

**Was your New Year's
resolution to get in
shape?**



**Then join us at Lipsett Hall for aerobics
\$20 per month or \$3 drop in fee
Mon, Wed, Thurs, 7:00 - 8:00 pm
Sunday 1:00 - 2:00 pm
Try any one class free**

**Don't be shy, come out and give it a try
TBC - Total Body Conditioning
Step Aerobics
Step Interval
Hi/Low Impact**

**For more information contact:
Christine 888-9629
Suzanne 489-1054
All participants require a
17 Wing Privilege Card**

Voxair Newspaper 1997 Schedule

ISSUE	DEADLINE DATE	PUBLISHING DATE
1	January 3	January 15
2	January 17	January 29
3	January 31	February 12
4	February 14	February 26
5	February 28	March 12
6	March 14	March 26
7	March 27	April 9
8	April 11	April 23
9	April 25	May 7
10	May 9	May 21
11	May 23	June 4
12	June 6	June 18
13	July 11	July 23
14	August 8	August 20
15	August 22	September 3
16	September 5	September 17
17	September 19	October 1
18	October 3	October 15
19	October 17	October 29
20	October 31	November 12
21	November 14	November 26
22	November 28	December 10

THRIFT SHOP

Community Council Family Thrift Shop
54 Bourkewood Place
888-5283

Tuesday 6-8 pm, Thursday 1-3 pm

Saturday 10 am - 3 pm

Something for Everyone!

Open an Account!

Volunteers Needed!

Material Donations Accepted!

WINTER SALE

January 16 - 30

SEALED BID AUCTION

The CFB Winnipeg Golf Club is auctioning off a 1940's Model Oliver 70 tractor. The tractor is available for viewing beside the new Clubhouse. Queries can be directed to Mr. Bob James 832-5448 or Ms Cathy Clark 888-8667. The tractor is being auctioned on an as is condition. Sealed bids to be sent to Lt(N) Powers, WPers Svcs O, Bldg 86 prior to close date of 30 Jan 97.

MISE AUX ENCHERES

Le club de golf de l'Escadre de Winnipeg aura un tracteur de 1940 modèle Oliver 70. Vous pourrez voir ce tracteur près du "New Clubhouse". Les demandes doivent être adressées à M. Bob James au 832-5448 ou Mme Cathy Clark au 888-8667. Ce tracteur est mis aux enchères dans la condition telle que vous le voyez. Pour être éligible, les mises aux enchères devront être envoyées au Lt(M) Powers, OA Serv Pers Ere, bldg 86 avant le 30 jan 97.

PERSONAL CLASSIFIEDS

EVERYBODY'S MARKETPLACE

CHILD CARE

CCW III turned stay at home mom will provide care in my home, N/S, First Aid, CPR. Phone Cindy 832-1007.

Looking for sitter for 6 month old starting March 3. Our home or yours. References & receipts required. South Site PMQs. Call 897-3313.

Child Care for Shiftworkers - N/S mother of 5 year old boy has spaces avail for children needing care during days, evenings, overnights & weekends. First aid and CPR qualified. Meals & snacks provided. Situated south of Portage Ave between Berry & Ferry St. For more info contact Irene at 889-6284.

CHILD CARE

WANTED: Reliable, flexible caregiver to come into our home (North Site - Conway St.) or yours, to care for a wonderful 2 year old, Mon 8-12, Tues 8-2, W, T, F 7-3 while mom finishes six more months of school. Please call Heather at 897-4271.

WANTED: Reliable, dependable child care T, T, F 1-9 pm & Sat 9-6 pm. Flexible, my home, your home, North Side. Call Mrs. Ryan 888-3649.

EMPLOYMENT OPP

VOXAIR Advertising Representative wanted - commission sales, flexible hours. Call 833-2500 ext 5895

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The Manitoba Cadets have a glider familiarization program at Gimili and Brandon.

We presently need \$14,000.00 to pay for a SGU-2-33 that we purchased so all the gliders would be the same model.

The glider it replaced was a SGU-2-22 identification CF-ACL (Air Cadet League). As this was the original glider

used in the program we are hoping to give it to a museum. In order to afford to do this we need donations of \$5,000.00. Any amount that you could contribute to the purchasing of this glider would be appreciated. Please make cheques payable to:

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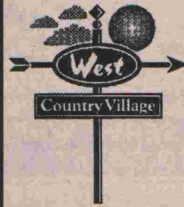
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