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VOL. 44 ISSUE 10

17 Wing Winnipeg / 17e Escadre Winnipeg

MAY 22, 1996 / FREE

Royal Winnipeg Rifles Welcome Prince Charles

"Little Black Devils" put on show for Colonel-in-Chief

By Capt Steele Pruden

Each and every Regiment in the Canadian Forces has its own traditions and history unique to itself. For members of the Royal Winnipeg Rifles, both come together in the person of His Royal Highness, the Prince of Wales. On April 25th, Prince Charles, the Colonel-in-Chief of "the Little Black Devils" came to Minto Armoury in Winnipeg to visit his Regiment.

In spite of the snowstorm outside, over 700 Regimental family members, Rifle veterans, serving members, and Rifle cadets came to welcome the Prince. After the Royal Salute, the lights dimmed and Minto Armoury suddenly became a battlefield. An enemy section rappelled from the rafters and engaged the Rifles' defensive positions. The battle was fierce, but the enemy quickly retreated when they knew they were no match for the Rifles.

After the battle, Prince Charles inspected the defensive position and met with serving members. "He asked about my tour in Yugoslavia and what action I saw there, said Cpl Holtmann. The Prince then ascended to the Museum of the 113 year-old Regiment where he saw vintage displays, then back to the main floor to view other static displays like a Command Post, casualty treatment facilities and a UN checkpoint. "It's an honor," said Rifles cadet MWO Vieira when asked how he felt about meeting the Prince when HRH stopped by his display and spoke to the young man. Prince Charles then spent most of his time shaking hands and talking with members of the Regimental family.

At the end of his visit, Prince Charles was presented with a statue of the Great Grey Owl, Manitoba's provincial bird. Then, as the Prince addressed his Regiment, he remarked on how welcome he felt, how proud he was of the Rifles and how important our job is, especially to train for and support Peacekeeping missions abroad. "I have been to Bosnia and I have seen the difference peacekeeping makes," said the Prince.

Then, with three resounding cheers, Prince Charles departed, having again made his mark on the history of his Regiment - The Royal Winnipeg Rifles!



HRH speaks with MCpl Spence of the Royal Winnipeg Rifles, during inspection of the Honor Guard at the Manitoba Legislature.

SOME INTERESTING RIFLES FACTS

113 years old 44 Battle Honors

The Rifles got their nickname "The Little Black Devils" from their enemy at the Battle of Fish Creek in 1885. The story goes that when captured, the enemy remarked "We know who

those Red Coats are, but who are those Little Black Devils?", referring to the Rifle Green uniforms of the Regiment, which looked black from a distance. To this day, the Regiment wears all black accoutrements on their uniforms, and for formal parades, their "whites" are

actually black.

The Rifles were the first Regiment in the Commonwealth to wear the Rifle (dark) green uniform. For His Royal Highness's visit, the entire Regiment was authorized to wear their dark green tunics instead of summer tans.

PERSONNEL SUPPORT PROGRAMS – PSP AGENCY IMPLEMENTATION

Changes on the Way for PSP

Important changes to Personnel Support Programs (PSP) are in the works. To better meet the changing needs of CF members and their families, National Defence has approved a plan that will create an Agency to oversee the delivery of PSP programs across the country.

Transition to full Agency operations is planned over a three year period and, when fully operational, annual savings in excess of

\$6 million are expected.

The purpose of the Agency is to strengthen the national delivery of PSP programs and continue the outstanding contribution made by PSP military personnel to the morale, welfare and fitness of the CF.

The new Agency will be directly responsible for PSP policy, NPF personnel administration and accounting services, CANEX and SISIP. Local PSP operations however, such as military physical education, community recreation and mess operations, will remain the

responsibility of local commanders.

The Agency represents a new way of delivering PSP programming and is one of a number of alternative service delivery models within National Defence. The most significant change, in the stand up of the Agency, will result in the elimination of the majority of military positions currently involved in managing PSP activities and in the creation of publicly supported NPF positions to continue this work. For example, base military physical education and recreation staff will be

replaced with NPF fitness and sports personnel by August 1997. Other changes include plans to streamline PSP administration. With the exception of mess operations, which continues to be examined, implementation is to begin immediately.

The implementation team is in place and is currently working on the details of issues ranging from the elimination of military positions and subsequent reductions to military trades to the development of the mechanisms for the classification and staffing of new NPF positions.

With the many changes planned and underway in National Defence, communications will play an important role in the transition to the new ways of doing business.

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WINNIPEG AND ITS MUDDY WATERS

By Capt CM Walton-Simm,
Voxair Managing Editor

Back in March you may recall my article "Winter Blues Getting You Down?" (13 Mar issue), in which I grumbled vehemently about our disgusting weather. Who would of thought (certainly not myself) that we would be still be experiencing below normal temperatures and snow on the ground by the month of May. This has definitely been a winter to forget but which we probably won't for some time, due to the many records that have been broken:

- more than 130 centimetres of snow have fallen in Manitoba this winter;
- more than 66 days reached -20C or colder;
- more than 44 days had a windchill of 1700 or higher; and
- more than 6 months with snow on the ground (snow arrived just before Halloween and was still here the first few days of May).

My boss put it succinctly to a group here on Temporary Duty (TD) a couple of weeks ago "If you get a posting message to Winnipeg shoot yourself!"

I feel sorry for all the birds (they must be wondering why they ever decided to migrate back) and other animals that have to contend with finding food and keeping warm. I even have sympathy for the gardeners,

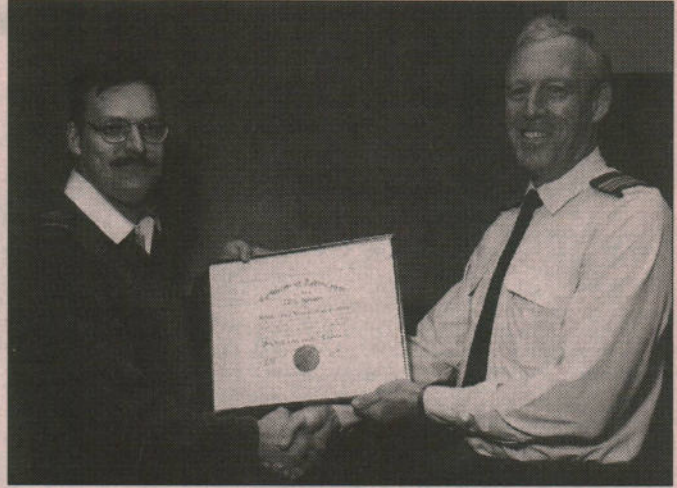
farmers, golfers and other summer sports enthusiasts who are patiently waiting for things to dry.

Water is definitely a problem, due in large part to the location and type of soil Winnipeg is built on (clay and marshland). This coupled with a large snowfall results in flooding problems most springs and a lot of general sloppy mess well into the summer months.

But Winnipeg comes by it honestly. French-speaking fur traders were the first to settle at the junction of the Assiniboine and Red rivers where Winnipeg now lies. French explorers built Fort Rouge in 1738. The North West Company built Fort Gibraltar, later called Fort Garry, in 1804. A few years later the Hudson's Bay Company established Fort Douglas. Lord Selkirk of the Hudson's Bay Company led Scottish immigrants to the site in 1811 and established the Red River Settlement. The companies later merged and named their settlement Winnipeg from the Cree Indian words meaning "muddy water".

Notwithstanding the difficult climate Winnipeg is famous for (cold, snow, wind and bugs) there is a lot to offer. The land in the area is very fertile and Winnipeg has blossomed into an industrial and cosmopolitan city (which we realize once we become acclimatized and venture out of the warmth of our homes!)

Certificate of Achievement



LCol T.A. Bailey, W Ops O, presents MCpl J.D.R. Beaudoin with a Certificate of Achievement upon completion of the Practical Loss Control Leadership course. The course is an independent study programme on modern loss control management that discusses occupational health and safety, environmental issues and economic constraints. Anyone interested in undertaking this programme can contact the Wing General Safety Officer, Mr Peter Armstrong, at local 5950.

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Produced by/Produit par PEMBINA PRINTING LIMITED

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VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col. G.E. Sharpe, CD. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to:
VOXAIR, 17 Wing Winnipeg, Westwin, Manitoba R3J 0T0

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DEADLINE 24 MAY 96/DATE DE TOMBÉE 24 MAI 96
NEXT ISSUE 5 JUN 96/PROCHAINE EDITION 5 JUIN 96



ASK MR GREENTREE

Two questions were asked of me recently and, because they appeared to be so different, I was wondering how I could include them in the same column. Then, the link became obvious - if you take a long look at the subject backgrounds.

Question: Why does the Wing burn the Tall Grass Prairie at St Charles Range and around the base?

Answer: The grass is burned because the plant community relies on fire to renew itself. Burning clears the buildup of dead plant material - which can mat and stop new plants from growing - and accelerates the release of nutrients bound up in that material.

Plant communities which rely on fire are very common in temperate climates (like Canada, Russia and Northern Europe) because of the length of time it takes for dead plants to rot. The cool (or cold) weather stops or slows the decomposition to such an extent that a build up of dead material occurs and damages the health of the entire plant community. [In some areas, such as those found in the NWT, this material can last for many years.] Fires act to cleanse the community and are part of the natural cycle to which these plant communities have adapted.

In contrast, plant material can rot in tropical areas in weeks or months. The soils in many of these areas cannot hold nutrients well so the rotting plants act as a continual supply of nutrients to the growing vegetation. When fire is added to these communities, usually as a result of human activity, the nutrients are released too quickly and are lost to the surviving or new plants. Tropical plant communities have not adapted to fire and, as a result, there is considerable concern about the use of fire for clearing land in such areas as the Amazon River Basin and in Southeast Asia.

Two last notes on fire's effects on plants. First, some plants have adapted to rely on fire to reproduce. For example, the cones of some pine species will not even open unless they have been subject to temperatures which occur during fires. Without these temperatures, these species will slowly disappear from the plant community. Last, many parks services are starting to recognize the role of fire in preserving wilderness areas. As a result, many fires are allowed to burn themselves out rather than being put out. Not only does this restore the plant community, it can save taxpayers a lot of money.

Question: Is cancer becoming more common than it was before?

Answer: While this may not seem to be much of an environmental question, it does have to do with evolution and adaptation - the basic theme of this column. The short answer is yes.

Cancer is becoming more common because the lifespan of individuals has steadily increased. Earlier generations did not live as long as we do today - the average lifespan of an Anglo-Saxon male, for example, has increased from about 30 years to roughly 75 in the past 400 years. Lifespans have lengthened largely due to improved medical care which has significantly reduced infant and patient mortality, lifesaving drugs and healthier lifestyles on the whole.

Because people are not dying at an early age from preventable or curable diseases, like typhoid, cholera and smallpox, or at childbirth, there is a better chance of cancers to develop. There is also a higher probability that the cancer will be identified as a cancer rather than being classed as "consumption" or some other "fuzzy" disease.

So, cancer is becoming more common but only because other diseases and causes of illness and death are not affecting people first.

[It should be noted that this general trend does not extend around the world. Many countries and areas do not have the same access to medical health and social change and, as a result, cancer is overshadowed by other illnesses and diseases.]

To end this column, I'd like to remind people interested in car-pooling that there are still rides/riders available in all areas of the city. Give me a call at loc 6774 if you would like to participate in this program.

SAREX FOR MISSING CHILDREN AN 8,000 KM CYCLING FUND RAISER

By Sgt Mike Maltais

SAREX stands for Search and Rescue Exercise and what an exercise it is. Five Search and Rescue (SAR) Techs will be cycling from Comox, BC, to St. John's NF. The start for this exercise is May 21, 96. Four cyclists will cycle at once with the fifth driving the follow-me vehicle. They are expected to complete approximately 180 km each day.

The idea for SAREX for Missing Children was put forward in Sept 94 during the 50th anniversary of Para Rescue in Canada. The SAR Techs goals are:

- A. To highlight the tragedy of violence against children and missing children in Canada through this cycling event.
- B. To raise money and awareness for Victims of Violence Canadian Centre for Missing Children.
- C. To promote fitness and to increase morale and pride among SAR Techs by being the first military team to accomplish such a feat.

Every cent raised goes directly to the Missing Children Centre. If you wish to help out in this worthwhile venture please make cheques out to SAREX for Missing Children they may be sent to: Victims of Violence Canadian Centre for Missing Children 211 Pretoria Ave Ottawa Ont, K1S 1X1 As a registered charity, receipts and a thank you card will be sent out.

Last year, international Missing Children's day was set up on Capital Hill. This year it is being organized around the five cyclists, and will take place in Vancouver's Stanley Park on May 22 by the president of Missing Children.

This is only one of the many media events being organized. Some of the others will take place in Winnipeg on June 3, Ottawa on June 19 and Halifax on June 28. The team of five SAR Techs have already passed their minimum goal of raising \$10,000. They include Sgt Toney Isaacs, 442 SAR Sqn Comox, MCpl Derak Curtis, 435 SAR Sqn Winnipeg, MCpl Rick Henry, 424 SAR Sqn Trenton, Sgt Glen Gray, 103 Rescue Unit Gander and myself Sgt Mike Maltais from 413 SAR Sqn Greenwood.

I would like to take this opportunity to thank our sponsors; DISCOUNT Car and Truck Rentals of Coldbrook NS, NORCO Products Ltd, Mead-Johnson, Canadian Tire Ltd, Pavillion Danse Theatre of Belleville, Ont, and the Canadian Military. This is the 4th in a series of 5 news articles I intend to release on SAREX for Missing Children. The last



It Shouldn't Hurt to be a Child

one will be in late August or early Sept letting you know how it went. By the time you read this we may have already started cycling. If you see us on the highway or in your community honk your horn, say hi or throw us a loonie. Remember a missing child is everyone's business.

THAT OTHERS MAY LIVE (SAR TECH MOTTO)

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GOLDEYES THROW PITCH TO MILITARY

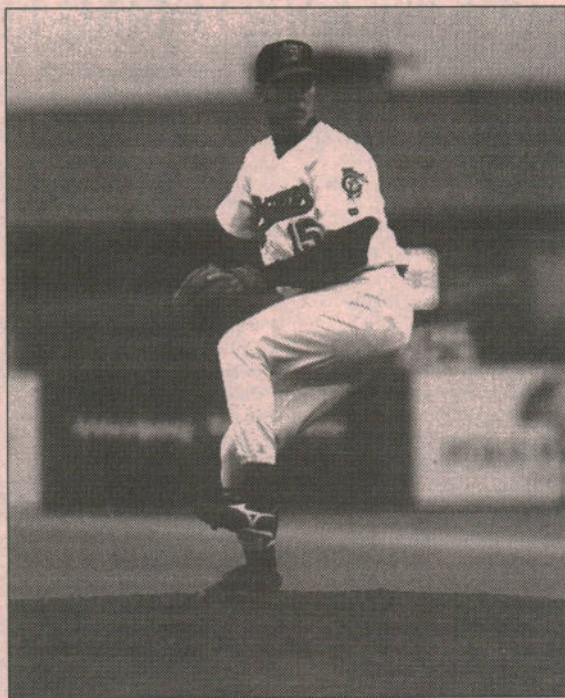
By Capt Neil Kinley

The snow has finally disappeared from the ground and spring is really here. The sound of wooden bats hitting baseballs and the pop of balls being caught in leather catchers mitts will soon be heard around Winnipeg Stadium.

The Winnipeg Goldeyes of the Northern Baseball League will soon take to the field and try to make another run at the league championship. Again this year they have designated one of their games as Military Night.

There will be a definite military flavour to the Goldeyes game against the Sioux Falls (South Dakota) Canaries on June 19, 1996. The Royal Winnipeg Rifles Band will take to the field and perform "Oh Canada" and the "Star Spangled Banner" prior to the first pitch. The Goldeyes hope to see a large number of people from the base and other military units in the stands for this game.

The Goldeyes, while not offering cash discounts for the game, will provide a free souvenir with each ticket purchased by people from military units. Tickets for this game are \$7 and \$5, for good seats along the first base line. The souvenirs being offered this year are large pennants, or pins for those that got pennants last year (\$7), and bumper stickers (\$5). As well, the ticket stub will give people access to the Red River Exhibition after the seventh



Winnipeg Goldeyes pitcher Darren McLelland winds up to throw a strike during Northern League action last season. The Goldeyes are holding their annual Military Night on June 19, 1996. The Goldeyes will take on the Sioux Fall Canaries and are offering a free souvenir with all tickets purchased through the base. (Photo by: Cpl Ken Allan, 17 Wing)

inning.

All military members and civilian employees, as well as their friends and families, can take advantage of this offer. In each of the last two years nearly 500 tickets were sold on base, and those that went were treated to some exciting and well played professional baseball.

The Goldeyes have even

guaranteed better weather for this year's Military Night. Last year it was cold and rainy, although the weather was perfect for Military Night in 1994. Hopefully this year will see a hot and sunny evening.

Tickets can be purchased from unit reps. If there are any questions please call the OPI, 2Lt Sam Lortie, Wing Transport, at local 2436.

WINNIPEG GOLDEYES BASEBALL MILITARY NIGHT

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Personnel Support Programs — PSP Agency Implementation

Continued from page 1

As a first step, the implementation team held a working session April 3rd to brief all Base Administration Officers. The implementation team will also be visiting every base between mid-April and mid-June. The team is scheduled to brief CFB Winnipeg base management on the stand up of the new

Agency and to fine-tune the base implementation plan on 30-31 May 96.

Future articles will highlight progress in implementing the Agency and focus on specific base issues. Until then, and to ensure the widest possible access to information on the Agency, a toll free line is available at 1-800-914-8914 24 hours a day, seven days a week.



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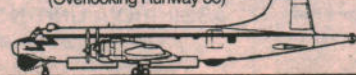
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Chinthe Bits

By Sgt Mike Forrest

Hello again from the Loadmaster section. It seems like just yesterday the Troop/Cargo carrying section generated a column. Doesn't time just fly!

Now on to business. We would like to thank 1 Air Mov Sqn for two of their finest. The Loadmaster section welcomes MCpls Roy Van Ooyen, Doug Robert and their families to 435 Sqn. The Loadmaster course was just the beginning, now there is the OJT and Check Rides to get through. We will turn you into world travelers boys, at least as far as the QAP and budget will allow.

During the month of March the Career Mgr for MOC 933 was in town and a Mess Dinner was held at the RCAF Assoc. on Portage Ave. Our guest speaker CWO Cox (Ret) held our interest with some

fine words of wisdom. The affair was very successful with a great meal and wonderful conversation. It felt much like a Mini Movers Reunion. Of the 50 people attending 14 were retired Traffic Technicians living in Winnipeg. We must do it again next year.

Well, another Box Top (Re-supply of Alert) is completed. I'll leave the details for another article by someone who was there. The Loadmasters on our two crews logged almost 50 hours each with approximately 14 chalks per crew moving about 26.5 thousand pounds of fuel per chalk.

Air to Air people have been very busy getting chased by lots of thirsty CF 18s. The latest refuelling course just finished last May 10. This was an ideal situation for Loadmasters with one instructor (MCpl Beaugrand) and one student



(MCpl Patterson) to get all his attention. We just knew Dennis was going to do well.

On the SAR side of the section, congratulations go to Sgt Mike Allard on his completion of the SAR Conversion Course in Trenton. With all his pre-course training he just couldn't miss.

A final word from the SAR Techs, everyone please remember the Bikeathon Fund-raiser for Missing Children. It begins 19 May with 5 SAR Techs pedaling approximately 200 km per day. They will cross Canada from Comox to St. John's NFLD, 8000 km. raising funds for Missing Children.

Certi Provehendi

FLIGHT PLAN '97 GROUND SCHOOL TAKES OFF AT 17 WING

By Chris Alexiuk

The Flight Plan '97 Ground School has taken off at 17 Wing and is gaining momentum.

Since the course was first trialed as a pilot last November, over 100 personnel from the Wing have graduated from the course.

The typical reply from the overwhelming majority of graduates has been, "Let's get as many people on this course as soon as possible!"

The Ground School is a life-skills course and offers a little bit of something for everyone.....from learning a little bit more about working in teams, to a greater awareness of yourself.

All 17 Wing courses are conducted in the friendly confines of the WO's & Sgts' Mess. Dress is civilian casual

and interaction is entirely on a first name basis. This promotes a more relaxed environment which, in turn, enhances the experience for all.

If all this still hasn't piqued your interest, you should know that we also provide free coffee, donuts, lunch, dessert and pop.

As well, the WComd and WCWO typically make guest-speaker appearances on the first and last day of the course.

Over the next three months, the course will be held on the following dates:

- 28-30 May
- 4-6 June
- 11-13 June
- 18-20 June (full)
- 25-27 June
- 2-4 July
- 9-11 July
- 16-18 July
- 30 July - 1 August



If you desire more information, or wish to be loaded onto one of the above courses, please contact Chris Alexiuk at 5480.

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- Have you ever registered for a college course (or courses)?

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- Have you attended classes at Red River or any other community college?

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MFRC ANNOUNCEMENTS

350 Doncaster Street, Winnipeg MB R3N 1W8 489-7003

Certificates of Appreciation



Cpl Kathy Tighe, Laurie Johnson, former Youth Coordinator, Emmanuel Turner, Don Brennan, MFRC's Executive Director. Kathy and Emmanuel received certificates of appreciation for their many hours of volunteer work with the MFRC Youth Program.

Summer Employment Opportunity

The Winnipeg Military Family Resource Centre (MFRC) is a progressive, not-for-profit organization offering supports and resources for families attached to the Armed Forces in this community. We seek individuals to be assistant coordinators/leaders in a summer recreation program for elementary age youth.

Requirements:

- *Excellent behaviour management skills and awareness of developmental needs of this age group
- *Good teaching skills
- *Patient and sensitive, with a child-oriented perspective
- *Strong skills in sports and recreation programming
- *Experience teaching/coaching a variety of activities (i.e. soccer, swimming)

- *First Aid/CPR (training can be arranged for successful candidate)
 - *Awareness of military lifestyle and a working knowledge of French would be real assets to this position
 - *Orientation to Program, Agency and Military Community will be provided
 - *Successful candidates will require police/Child Abuse Registry checks
 - *Employment will be Monday-Friday days; programs to be run in St James and River Heights/Tuxedo.
 - *Excellent working conditions.
- Interested individuals should mail resumes to
Youth Services coordinator
Military Family Resource Centre
350 Doncaster Street
Winnipeg, Manitoba
R3N 1W8

Closing date for application is 5 June, 1996

Volunteer Opportunities

The MFRC has some special event opportunities for volunteers. These are usually a one time commitment plus training.

Starting off in May, the MFRC is once again hosting the Women's Conference. Part of the agenda is a fashion show sponsored by second hand clothing stores. We are still looking for some assistance in the dressing room to help our volunteer models ensure they are prepared with the right outfits, etc. There will be a dress rehearsal on Thurs 30 May and then the actual fashion show - approximate time in total will be 2-2 1/2 hours. Volunteers needed: 4

Once again the MFRC will participate with the Community Council for the 17 Wing Family Day BBQ. This year's event is on Sat 15 June at the Lipsett Hall area. We will be coordinating the children's games-activities area. There will be a need for approximately 30 volunteers to help in this activity. Some space is still available in the canteen tent also. Time of shift is approx 2 hours starting with 0930-1130, 1130-1330, & 1330-1530.

In partnership with the Independent Resource Learning Centre (IRLC) the MFRC will be facilitating the children's activities at their first Kite Festival. This event will take place on Sunday, 16 June at the Assiniboine Park from 0900-1600. For this event, the MFRC will be needing volunteers - approx 110-130. Shifts are 0800-1200, 1000-1400, & 1200-1600. As in all of these special events, without your volunteer involvement, they would not happen. If you have any questions and or you are interested in helping for any of the opportunities, please call Linda Belisle at the MFRC at 489-7003. Thanking you in advance.

ANNUAL GENERAL MEETING MILITARY FAMILY RESOURCE CENTRE 1900 HRS 25 JUNE 96 WESTWIN COMMUNITY CENTRE

Open to all members of the Winnipeg Military Community. This is your opportunity to input into the programs and activities of the Military Family Resource Centre. Come out and join us. Lots of refreshments, food and door prizes available.

Agenda

1. Call to order
2. Chairperson's Report
3. Treasurer's/Auditor's Report
4. Executive Director's Report
5. Old Business
6. New Business
 - a. Election of New Board Members
 - b. Election of Auditor
7. Open Discussion
8. Adjournment

Pre-School Summer Camp

(children ages 3-5 years)

Tuesday, Wednesday, Thursday from 9:00 - 11:30 p.m.
Fee per session \$15.00 per 3 day week

First Session: 9-11 July
Location: Westwin Children's Centre

Second Session: 13-15 August
Location: Lipsett Hall Nursery School

* Must bring snack, bathing suit, hat, and sunscreen each day.
* Please register for camps as soon as possible

Call 833-6846

Military Family Resource Centre Second Annual Women's Conference At Westwin Community Centre 31 May & 1 June 1996

Friday
7:00 - 8:00 p.m. Wine & Cheese
8:00 - 9:30 Fashion Show & Sale
Saturday
8:00 - 9:15 a.m. Light Breakfast
9:30 - 11:00 "Laugh At Your Bad Days"
11:15 - 12:00 Deluca's Cooking Demo
12:00 - 1:00 Lunch
1:00 - 3:00 Clay Modelling, Candle Making,
Yoga Workshops

Name: _____

Address: _____

Phone: _____

Cost: \$25 covers all costs including child care

The Winnipeg Kite Festival Assiniboine Park Sunday June 16, 1996 10 a.m. - 4 p.m.

Volunteers are needed for family events. Short shifts are available throughout the day.

Requirements:

- 12 years and older
- likes to have fun
- available for at least two hours.

Training is provided. If you can spare some time contact Linda at the Military Family Resource Centre 489-7003.

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We've Come A Long Way, Baby!

By Rae Rankin

Thursday May 2, 1996 dawned sunny and warm. All right it was sunny! A beehive of activity was well underway at the MFRC with a team of volunteers and the Outreach Coordinator putting the final touches on decorations and the light lunch. After weeks of preparation the auspicious occasion had arrived. The MFRC was ready to receive the community in celebration of its fifth anniversary working with military families to build a stronger community.

Approximately 80 people of every stripe turned out to share in the festivities. Old friends caught up on each others' news, newcomers were welcomed into the military family and 26 children were spellbound by Colours the

Clown. Everyone was able to take a walk down the MFRC memory lane to see for themselves just how much growth and development has occurred during the last five years.

The erstwhile drop-in centre is now a multi-faceted community resource offering a plethora of activities and services. We haven't forgotten our roots though so we still have a pot of fresh coffee available for anyone who drops-in for information or to look around.

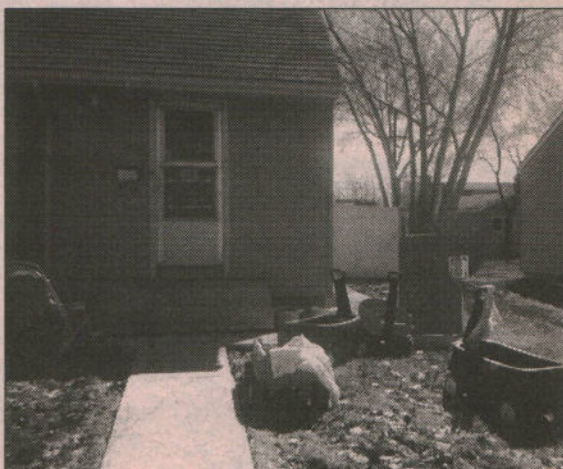
We are proud of the journey we've made together thus far and are looking forward to our future with the Winnipeg military community and to sharing many more special events. Together we have and will continue to carve a genuine sense of community for military families.



Col G. Sharpe, WComd and Catherine Mayor, Board Chair, cut cake.



Planning Committee with distinguished guests. (L-R) Rae Rankin, Outreach Coordinator; volunteers: Traci Wright-Sawatsky, Judy Rideout, Teresa Morris, Evelyn Kennedy; Col G. Sharpe, WComd 17 Wing; Col B. Van Ruiten, HCol 17 Wing, Missing - Celine Beaulieu, Val Sheppard.



MFRC Birthday Celebration was preschool friendly!

DROP OFF CHILD CARE

(for children 18 months to 6 years)

This program will continue to be offered during the summer months for your convenience. Run your errands knowing your child will be receiving quality care. All children must be pre-registered. Reservations must be made 24 hours in advance.

Summer Schedule (July/August)

Location: Westwin Children's Centre
Time: Tuesday afternoons from 1:00 - 4:00 p.m.

Location: Lipsett Hall Nursery School
Time: Friday mornings from 9:00 a.m. - 12:00 p.m.

Fee: The fee is \$1.50 per hour for the first child and .50 cents more for a second child in the same family.

Call 833-6846

May/June Schedule

Location: Westwin Children's Centre

Time: Tuesday mornings from 9:00 a.m. - 12:00 p.m.

Location: Lipsett Hall
Time: Tuesday afternoon from 1:00 - 4:00 p.m.
Friday mornings from 9:00 a.m. to 12:00 p.m.

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25 April
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Pte Germain, 2 PPCLI
9 May
CP1 Wells, EME
Cpl Fletcher, 2 PPCLI

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Air Command Commander's Parade Honours and Awards held 23 Apr 96



Maj WJ McLean (Hq Sec), Capt GP Larocque (Pers), Capt D McDonnell (Info), WO VR Bazinet (Exec Wing), Sgt MF Blier (Maint), and Sgt LK Dodd (Compt) were awarded their CD by Lieutenant-General AM DeQuetteville.



LCol BA Stannard (Team Aces), Capt GT Fuller (Pers), CWO SW Harrison (Maint), and CWO GW Traverse (Compt) are seen here receiving their CD2 from Lieutenant-General AM DeQuetteville.



Maj BM Wickware (Ops), CP02 SJ Manning (Log), and WO MAN Lefebvre (Compt), were awarded their CD1 by the Commander of Air Command.



LCol Dwight Davies (Ops), SSM



Mr Jeff Helps (CGSO) receiving a Suggestion Award Certificate and cheque.



CWO LE Scott (Log), Chief Warrant Officer Scroll



Capt DG Shanks (FP97), Commander's Commendation



Capt C. Walton receiving a sport certificate from Lt Gen AM DeQuetteville. Capt Walton was a member of the team of the year in 1994 for the CF National Basketball Team.

Promotion



While deployed at Joint Maple Flag 96, the former Capt Neil McDermid was promoted effective 01 May 96 to the rank of Major. With the JMF compound as a backdrop, the newly promoted major is seen here receiving his new rank from LCol Chris Henneberry. Neil has been employed for the last three years on the joint operations staff at Air Command Headquarters. On completion of JMF 96, he will join 410 Squadron for his CF18 refresher in preparation for his posting this summer to 425 Squadron.



Receiving his commissioning Scroll from the Commander is Lt DD Naylor (Log)

1996 TRANSPORTATION STRATEGIC PLANNING SESSION

On 23 April 96, LCol L.G. Gillis, SSO TN, welcomed representatives from Wings and Air Movements Squadrons from across Canada to the annual Air Command Transportation Strategic Planning Session. One of the primary objectives of this year's session was to provide an operational focus to the transportation community in the re-engineered Air Force.



Rear L to R: WO Murphy, CWO Massicotte, Sgt West, CWO Chasles, WO Larente, Capt Patrick, Capt Dymond, Sgt Kermeen, WO Carpenter, MWO Quann, MWO Banks, Maj MacDonald, Maj Boucher, MWO Lehr, Capt Bangsboll, Maj Pichette, MWO Shaw, MWO Walker, MWO Newhook. Middle L to R: CWO Hale, Capt Shea, MWO Goulet, Capt Dewar, WO Robitaille, MWO Hudon, CWO Charest, Capt Berube, WO Laurin, Maj Harvey, MWO Bertrand, Capt MacKenzie, Capt Bilocq. Front L to R: Maj Astles, Maj Filteau, Maj Ubbens, LCol Gillis, LCol Matheson, Maj Mallais, Maj Heuman, Maj Johnson (Photo by Cpl Stephane Gervais, 17 Wing)

AIR COMMAND MSE SAFETY AWARDS PRESENTATIONS

A highlight of the Planning Session took place when the Commander of Air Command, LGen A.M. DeQuetteville, presented the 1995 Air Command MSE Safety Awards to the representatives of the winning Wings.

Canada Safety Council Plaque



The Commander of Air Command, LGen A.M. DeQuetteville, presents the Canada Safety Council Plaque to Capt S.A. Dewar, Wing Transportation Officer, 9 Wing Gander. The plaque is awarded annually to the Wing that has the best accident record for highway type vehicles within Air Command. (Photo by Cpl Stephane Gervais, 17 Wing)

Chief of the Defence Staff Plaque



The Commander of Air Command, LGen A.M. DeQuetteville, presents the Chief of the Defence Staff Plaque to Maj J.J. Harvey, Wing Transportation Officer, 3 Wing Bagotville. The plaque is awarded annually to the Wing that has the best accident record for special purpose vehicles within Air Command. (Photo by Cpl Stephane Gervais, 17 Wing)

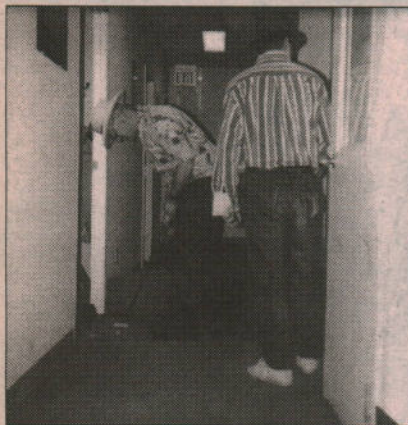
Air Command Safe Driving Trophy



The Commander of Air Command, LGen A.M. DeQuetteville, presents the Air Command Safe Driving Trophy and Certificate to Capt S.A. Dewar, Wing Transportation Officer and WO A.T. Murphy, Transportation Controller, 9 Wing Gander. The trophy and certificate are awarded annually to the Wing that has the best accident record for combined highway and special purpose vehicles within Air Command. (Photo by Cpl Stephane Gervais, 17 Wing)

CANADIAN FORCES RECRUITING CENTRE (CFRC) WINNIPEG'S FIRST ANNUAL MINI-PUTT GOLF TOURNAMENT

On 25 April 96 CFRC Winnipeg beat the mid-winter blahs (if you recall, that was the date of that depressing snowstorm), and held its first annual mini-putt golf tournament in the recruiting centre. Our staff was broken down into teams of three with the purpose of creating challenging and unusual courses - not an easy task in a centre filled with computers, office furniture, recruiting aids and medical supplies! Our efforts resulted in a very creative day with the highlights including the following:



"Watch where you're swinging that iron, Ian!"
Capt Mike Candow watches while Capt Ian Burke gets ready to putt down the stairs.



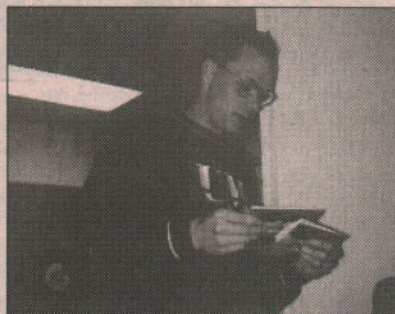
Mr. Gord Sproule (far left) and Cpl Kelly Verge (far right) win "Best Hole Award". Sgt Mike Mullin (centre) prepares to try out the hole, putting up a table and through recruiting videos.



"I dress like this all the time on the golf course!"
CFRC's CO, LCdr Rick Hearn won (by a landslide) "Best Tacky Golf Attire" - love those saddle shoes!



WO Pete Fortier wins "Most Interesting Hole Award", consisting of chocolate pudding, surgical gloves, a ramp, and our CO's picture.



Cpl Lee Williams, event organizer, tallies up the scores and presents the trophies.



"I dunno - I think I need a five iron, Pete!"
Cpl Debbie Reid, WO Pete Fortier and LCdr Rick Hearn win "Best Score Achieved".

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IT'S RIFLES FOR SHOVELS

Manitoba-Lakehead Reservists Battle Floods

By Lt Leah Purdy

One hundred thousand sandbags. Empty, the number is impressive enough, but to fill them with sand...? Your back aches just thinking about it!

But the allure of filling those empty sandbags, aching backs and thigh deep water was not enough to keep nearly 70 soldiers from assisting in diking, sand bagging and flood control near St. Adolphe MB, about 20 kms South of Winnipeg, where the rising waters of the Red River were threatening 79 homes. Soldiers from 26 Field Artillery Regiment from Brandon and Portage La Prairie, the Royal Winnipeg Rifles, Queen's Own Cameron Highlanders, the Fort Garry Horse, 17 Service Battalion, 17 Medical Company and 735 Communications Regiment came out to fight the floods. Another platoon was on four hours notice-to-move in Winnipeg had the situation worsened.

"The last time the Army was called out to fight floods (in Manitoba) — that was in 1979 — a three day operation turned into a two-week one," said Maj. Jim O'Brian, the officer commanding the 'flood fighters'. The rising river was not supposed to crest until the second of May. Soldiers, who had deployed from Winnipeg on the 28th of April, were told to prepare for at least a 72-hour stay.

Plans for the launch of Operation Ritchot, named for the Rural Municipality where the worst flooding was, were made prior to the actual deployment. "The word went out to all units. We wanted a list of soldiers who would

be available to battle the floods should the Army be called in to assist," said Capt Guy Corriveau, G3-Domestic Operations at Manitoba-Lakehead District. "We had a list of over 100 people who were willing to go."

Op Ritchot was a coordinated effort between the Rural Municipality of Ritchot, the Manitoba Emergency Measures Organization, the CF and other provincial departments. The flooding waters were monitored constantly, and military personnel were deployed from the base camp of the St. Adolphe Arena to roads and homes in the region. On the second day of the operation, soldiers would no sooner return from filling and placing 3000 sandbags when they would have to assist another home in danger. "Things are getting crazy out there," said one reservist, back in St. Adolphe from a stint of sandbagging.

On April 30th the flood waters crested. Although flooding was extensive it was not as devastating as the flood of 1979. The province has spent the last 17 years preparing for serious flooding by building ring dikes, floodways and raising homes.

After 48-hours of flood control and assessment, soldiers were told to pack up for home. The worst was over and we could return to our normal lives. The efforts of the army did not seem to go unappreciated however. "Everyone seemed happy to see us," said Lt John Nijeboer, a troop commander from 26 Fd Regt in Brandon. "It was just good to get out and help." Soldiers said they appreciated being able to put their training into practical use — even if it meant trading rifles for shovels.



Call in the Navy! Master Bombardier Zapata (26 Fd Regt) ferries sandbags via Zodiac. (Photo credit - Lt John Nijeboer)

WINNIPEG MILITARY COMMUNITY COUNCIL ANNUAL FAMILY DAY - LIPSETT HALL - SATURDAY, 15 JUNE 1996

10 A.M. - 3 P.M. & THE AIR COMMAND BAND CONCERT IN ASSINIBOINE PARK 7:30 P.M. - 9:30 P.M.

The Winnipeg Military Community Council is sponsoring the Annual Family Day and the Air Command Band Concert in Assiniboine Park. The Family Day, located at Lipsett Hall and the surrounding area, will commence at 10 A.M. and conclude at 3 P.M., on 15 June 96. Attendance at the Family Day is open to all CFB/17 Wg military/civilian personnel and their dependants, and the Concert in the Park is open to Winnipeg's military and civilian communities. At the Family Day, the Air Command Band will provide a marching band (at 12 P.M.). Also, there will be a bicycle rodeo, a clown, games for children, unit displays, a BBQ, and a 'dunk tank' is planned. The Concert in the Park will be held on the grass area south of the pavilion from 7:30 to 9:30 P.M. Bring your lawn chairs and blankets to sit on. Wing Transportation will be providing a shuttle bus service to the Family Day and Concert in the Park as indicated below.

Shuttle Bus Schedule, 15 Jun 96 - Family Day & Air Command Band Concert in Assiniboine Park.

Family Day (from PMQs to Lipsett Hall) depart Westwin Community Centre at 1030, 1130, 1230 and 1330 hrs; and depart corner of Air Force Way and Ness (north site PMQs) at 1045, 1145, 1245, and 1345 hrs.
Family Day (from Lipsett Hall to PMQ pick-up points): depart Lipsett Hall at 1100, 1200, 1300, 1400, and 1500 hrs.

Concert in Assiniboine Park (from PMQs to Assiniboine Park Pavilion): depart Westwin Community Centre and Lipsett Hall at 1845 hrs (one bus for each location).

Concert in Assiniboine Park (from Assiniboine Park Pavilion to PMQ drop off areas): depart pavilion for PMQ drop off areas at 2140 hrs (one bus for each drop off area).

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ANNOUNCEMENTS

PLEASE NOTE CHANGES

FIRST ANNUAL ADMINISTRATION/FINANCE GOLF TOURNAMENT

Open to all Admin Clk/PAdmin/Fin Clk/Log Fin Officers & Associated Civilians

Date: 31 May 1996
Location: Kingswood Golf & Country Club
Time: All Golfers must be at Club House NLT 0800 hrs

Names of those wishing to participate must be submitted by 24 May 96
Costs: Entry Fee - \$5.00 (must be paid by 24 May 96)

Green Fees - \$23.00 (payable at clubhouse)
Club Rentals available for \$7.00
Gas Carts - \$21.00 plus GST & PST
Pull Cart - \$3.42

When registering, please indicate level of golf abilities as follows:
a. normally shoot 89 or less for a 18 hole crse (Golfer);
b. normally shoot from 90 to 100 for a 18 hole crse (Duffer); or
c. normally shoot over a 100 for a 18 hole crse (Non-Golfer)

Enter by contacting one of the following people
Cpl Bob Young 833-6807

Cpl Terry Fulcher 833-5029
PO2 Bill Balsdon 833-5570



WINDY CITY WANDERERS (CVF 057) 1996

All events are sanctioned by
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The Windy City Wanderers promotes health, fitness and friendship through noncompetitive outdoor leisure activities such as walking, bicycling, and skiing.

General Information

Windy City Wanderers Volkssport Club Shelley Grundy at (204)489-9331
3310 Portage Ave., Box 20172
Winnipeg, Manitoba R3K 2E6 or Frank Machovec (204)256-7878

Eligibility: Everyone is welcome.
Children under 12 must be accompanied by an adult.
Participants walk, jog or run at their own pace.

1996 EVENTS

June 23	Gimli Boardwalk Guided Walk	July 24	City (WE) 28 City
June 26	City (WE)	July 31	Assiniboine Park (WE)
May 26	Spruce Woods Park Guided Walk	Aug 5	Assiniboine Park
June 2	City	July 7	City (WE)
June 5	Assiniboine Park (WE)	July 11	Bunn's Creek Guided Walk
June 9	Grand Beach/Belair Guided Walk	July 14	Assiniboine Park (WE)
June 12	City (WE)	July 17	Assiniboine Park (WE)
June 16	Assiniboine Park	July 21	Churchill Drive / Kingston Row
June 19	Assiniboine Park (WE)		

* Walks will begin at 9:30 a.m. except Wednesday Evening (WE) walks during June, July, and August begin at 7 p.m.

The Naval Museum of Manitoba will be open to the public on Sunday afternoons, between 2 pm and 4 pm, from the first Sunday in May to the last Sunday in October, other times can be arranged by appointment. The museum is located in HMCS Chippawa, 51 Navy Way, Winnipeg. (Phone 943 7745). The museum is not wheelchair accessible.

17 WING CERAMICS CLUB

GENERAL ELECTION MEETING

4 JUN 1996
7 PM

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32nd Annual CFB Winnipeg EARLY BIRD GOLF TOURNAMENT Wasagaming Golf Course Clear Lake, Manitoba 0700 hrs 8/9 Jun 96



*Entry fee \$65.00/golfer, cheque payable to CFB Winnipeg Early Bird Golf Tournament
*BBQ \$10.00 non-golfers
*Accommodation is golfer's responsibility
*Tee off times will be posted at Golf Club
*Entry Deadline 3 Jun 96

Name _____ Phone _____
Address _____

Those wishing to play together, please indicate below:

1- _____ 2- _____ 3- _____

Mail entries to:
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CANADIAN FORCES SAYS "NO" TO FAMILY VIOLENCE

By Wendy Quinlan-Gagnon

With the promulgation of its new CFAO, Family Violence and Abuse, the Canadian Forces is sending a powerful message to all its members: family violence of any kind—spousal assault, elder abuse, child abuse, violence against women in general—will not be tolerated.

Family violence and abuse is a destructive social phenomenon that unfortunately occurs in the families of some CF members just as it does elsewhere in Canadian society. The violence to and abuse of (mostly) women, children and elderly family members is an extremely serious problem, not only because of the immediate injury, pain and suffering that may be caused but also because of the potential for long-term psychological damage and development impairment, and the start of a pattern of violence and abuse that can be passed from generation to generation.

The new Canadian Forces policy, originally sponsored by the former Associate Minister of National Defence, Mary Collins, and developed in Director General Personnel Policy, will not only give credence to the excellent work already being done by the social workers and the multi-service family resource centres on bases and stations across the country, but also allow for sweeping new initiatives to help provide a pro-active response for victims in order to increase support, protection and the victim's use of the criminal justice system. Family crisis teams, designed to "manage" issues relating to family violence and abuse, and consisting of representatives from the offices of the social workers, the chaplains, the base surgeon, the military police and the multi-service family resource centres, as well as (when appropriate)

representatives of professional health care workers from the civilian community, will be set up at CF sites. Safe houses or transition houses where victims of violence and abuse and their children can be provided with assistance and accommodation for temporary periods will be made available wherever possible. In areas where it is not feasible to provide a safe house, safe families will provide accommodation and help to victims in times of crisis.

A major strategy of the new policy is to protect victims by reducing violence and abuse through communication, awareness and education programmes aimed at making assailants accountable and responsible for their violent or abusive behaviours and providing counselling services to help them correct those behaviours.

Members of military families will be given information that enables them to identify and contact helping agencies in the event of actual or potential family violence and abuse. The Chief Social Work Officer, in consultation with other appropriate CF agencies, will be responsible for coordinating the development of appropriate awareness and education programs, while base social work officers will provide professional advice and expertise to commanders in the development of local procedures as well as ensuring that support, counselling and treatment is provided to families in which violence and/or abuse has occurred. The multi-service family resource centres or the community coordinators, charged to promote the health and well-being of military families, will provide or assist in providing preventative education and awareness programmes related to family violence and abuse. In some cases, they will operate telephone crisis lines or helplines,

act as referral centres for victims and participate in the administration of, or referral to, safe houses or safe families. As always, base medical personnel, military police and chaplains will continue to provide support to military families in crisis.

The Canadian Forces' position on family violence and abuse is unequivocal. It will not be tolerated. Members who inflict harms on their partners or children, or on elderly family members, will be dealt with according to the appropriate legislation. It is hoped, however, that with the new policy and with continued communication, awareness and education, such unacceptable behaviours can be kept to a minimum.

Military family members who wish to find out more about initiatives related to family violence and abuse should contact their local multi-service family resource centres.



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Winnipeg School Division 1
1577 Wall Street R3E 2S5 - 775-0231

Manitoba Francophone School Division 49, 131 Provencher Boulevard, St. Boniface. MB R2H OG2 - 982-8950

On behalf of DND, the Division Scolaire Franco-Manitobaine provides transportation to DND students resident in MQs to Ecole Tache, Ecole Lacerte and College Louis-Riel. Parents must advise the School Division Number 49 (telephone 982-8950) of their transport requirements after they have moved into MQs and registered their child in one of the above schools.

DND is attempting to devolve complete financial responsibility of this service to Division 49. Accordingly DND's support to this service may not extend beyond school year 1996/97 and as such service to children resident in MQs cannot be assured. Personnel posted to Winnipeg must guide themselves accordingly when choosing their places of residence.



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HOMESALE PLAN ANNOUNCED — PILOT PROJECT EASES POSTING STRESS

By Captain Laurie Kannegiesser

Canadian Forces members are now eligible for a guaranteed home sale plan recently approved by Treasury Board. The pilot project ensures military and other federal government employees transferred in support of their departments will receive the

assessed market value for the sale of their homes.

The plan is intended to give departments more flexibility and should reduce stress for homeowners affected by delays.

Eligible homeowners will be able to select their own appraiser to decide the current market value of the home. But

Treasury Board must still finalize arrangements with a number of contractors who will market the homes eligible for the plan. Until these negotiations are complete, members must ensure their real estate agents accept the terms and conditions of the home sale plan before proceeding.

"After a specific period, if the member hasn't sold the house for fair market value, the company will buy it from him," says Master Warrant Officer Jim Jobs, Shearwater's senior administration clerk. "Next to home equity assistance, this is probably one of the better benefits a military homeowner has been entitled to, certainly in the last 10-15 years."

Jobs says the plan should go a long ways towards reducing the stress associated with postings. Until now, members have been forced to leave behind either their family or an empty house when transferring to another location, options which incur expenses for the both the member and the department.

Also, some employees have sold at substantial losses to rid themselves of the burden of maintaining two households. "I've seen people lose their shirt," adds Jobs. "I think this is a great thing. If a member owns a home here, he won't be stuck with it on posting."

All military members with change of strength dates between 1 April 1996 and 31 March 1998 will be eligible for the pilot project. The home for sale must qualify as a principal residence and have an appraised value not exceeding

\$275,000. Mobile homes, rental properties and houses on lots larger than 1.2 acres are not eligible under the Treasury Board's guidelines.

However, those employees with a reporting/change of strength date prior to April 1 will be disappointed. Unfortunately, the Treasury Board ministers did not authorize retroactively for the plan. In addition, in keeping with the project's aim to support operations and provide continued service delivery, members on termination or release will not be eligible for the benefit.

The project is actually the third phase of a relocation package proposed about three years ago with the aim of easing the difficulty associated with job transfers and reducing the inherent expenses. The first phase included contracting of specialists to assist with relocation needs. Phase two introduced the home equity assistance plan to counter losses when homeowners face significant drops in real estate values prior to posting. The third phase neatly finalizes a benefit package which should ease the difficulties previously experienced by Canadian Forces members in the habit of moving often.



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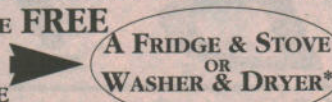


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