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VOL. 43 ISSUE 19

17 Wing Winnipeg / 17e Escadre Winnipeg

NOVEMBER 1, 1995 / FREE

TAKE TIME TO REMEMBER

A CHILD'S DAY OF REMEMBRANCE

A cold, biting wind whips the waves on the silent sand.
Chilled and questioning a child stands shivering.
Tiny, mittened hands driven deep into the pockets of a down jacket.
An innocent face gazes out from underneath a warm woolen hat. A child untouched by war, untouched by tragedy, unknown to the multitudes of ancient soldiers standing at full attention on a cracked concrete curb.
The endless list of the dead invades the thoughts of this quiet child.
Who are these men?
And why did they die?
To a child's blank mind, war is simply wrong and dying is bad. There are no questions, there are no excuses, only life and death, only good and evil.
Silent moments and sombre echoing songs surround this tiny figure.
Whispers of fallen comrades will forever haunt this growing mind.
For the past, we mourn.
For the future, we remember.

Jennifer Gillis, Fredericton, New Brunswick
The Royal Canadian Legion Remembrance Contest
Senior - Poem - First Place

REMEMBRANCE DAY

On Remembrance day, people think back on those who fought and those who gave their lives for the cause of peace and freedom.

We remember the soldiers, young men and women who wanted to start their adult lives, but instead put their plans on hold and went to foreign countries to fight for peace and liberation, knowing they may never see home again.

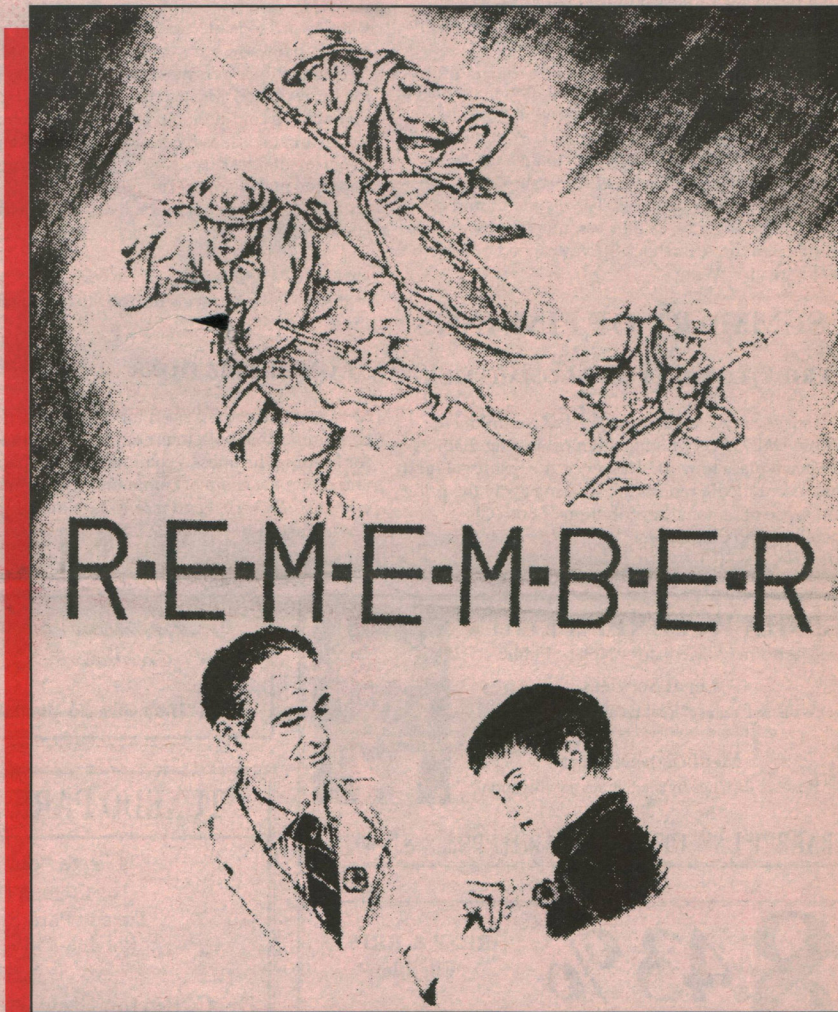
We remember the horrors they went through, and the suffering they endured in their battle for peace: the gruesome conditions they had to live through, day and night, the persistent shelling that killed and maimed so many, and the constant threat of being attacked.

We remember their families. How terrible it must have been to watch a family member

board a boat or plane to go overseas to fight in a war that would give peace to people they would never know. I have no way of knowing the daily worry that they must have had for their safety. How sorrowful that must have felt when they received a telegram telling them their loved one had been killed.

We remember the battlefields: Ypres, where Canadians did what others could not, the beaches of Dieppe and Normandy, where so many fought valiantly, and Flander's Field, with its abundance of testimonial poppies. We remember the dreadful battles which took place at these sites, as well as the hundreds of others where courageous struggles took place.

We remember the destruction. We remember the countless bridges, roads, and buildings which were



Andrea Lee, Chatham, Ontario - The Royal Canadian Legion Remembrance Contest Senior - Posters - First Prize

demolished, the homes and farmsteads, and the hopes and dreams which went along with them.

We remember the value of peace. I cannot imagine living in an area full of war and oppression, where freedom and rights would have no meaning. There are places in the world, like Bosnia or Somalia, where there is a daily risk of being killed by a sniper. It was for this reason that hundreds of thousands of men and women gave their lives for the freedom which we enjoy. Remembrance Day is a time when we not only remember those who died for peace, but we also honour the veterans who are still living today for

their part as peacemakers. We respect their courage and determination, which were both strong enough to take them to war in an unfamiliar country in hopes of creating a world of freedom and peace.

As one famous person said, "It is important to remember. Otherwise, we are doomed to relive our mistakes."

We wear our poppies to show we remember.

Adrian Frank
Bateman, Saskatchewan
The Royal Canadian Legion Remembrance Contest - Intermediate - Essay - First Place



TAKE TIME TO REMEMBER

THE ROYAL CANADIAN LEGION

INSIDE THIS ISSUE of the VOXAIR

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DND EMPLOYEE FEEDBACK SURVEY: PRIDE IN THE CF & CONCERNS WITH LEADERSHIP

By Capt Neil Kinley

Canadian Forces personnel and DND civilian employees are proud of their service to Canada and are committed to the CF and DND. However, they also have concerns over the issues of leadership and communications. People indicated they felt the future direction of the CF and DND has been poorly communicated, and that they are unsure of how changes will impact them.

These were two of the major points determined from the DND Military and Civilian Employee Feedback Survey. The survey was initiated by ADM (Per) and recently conducted by the Phillips Group/the Wyatt Company, who randomly surveyed approximately 8,000 military and civilian personnel of all rank levels. About 40 questions were asked over the phone to those participating.

The purpose of this survey was to take the pulse of the department on issues of leadership and organizational effectiveness. The results should not have been a surprise, as they essentially mirror those found from the Aftershock Survey carried out last year here at 17 Wing.

SUMMARY OF FINDINGS

* PRIDE, LOYALTY AND COMMITMENT

The survey revealed that the level of commitment within DND is very high, with most feeling that it is not just a place to work. However, the results suggest that recent media reports are wearing away the pride and sense of national contribution of both CF members and employees.

-70% of civilian employees and 69% of CF pers say they are committed to DND as more than just a place to work.

-74% of civ staff and 71% of CF pers want to spend their careers with DND.

-67% of civ staff and 62% of CF pers say they contribute to something important.

* LEADERSHIP THROUGH CHANGE

With regard to leadership, two main issues were raised: that leaders are "building their empires" and "following their personal agenda", and that DND is too bureaucratic. Most civilian staff and CF personnel do not have confidence in DND's management and leadership on issues recently covered in the media, on departmental restructuring, budget implications, and departmental change. (The questionnaire did not deal with leadership in operational or "battlefield" situations.)

-17% of CF pers and 15% of civ staff have "confidence in the most senior levels of DND to lead us through these difficult times"

* COMMUNICATIONS

Most stated there is a need for open and direct communication both internally and with the public, for keeping the lines of communication open both up and down the chain of command, and for more emphasis on verbal and face-to-face meetings up and down the chain.

-44% of civ staff and 45% of CF pers say they have a good understanding of where DND is going.

* THE WORKPLACE: STRESS, MORALE, AND TEAMWORK

High stress and low morale are serious issues for most federal departments, especially those affected by the recent budget. Downsizing and the idea of doing more with less are taking their toll on all federal public service employees.

-80% of civ staff and 65% of CF pers say that people in their unit are under a good deal of stress right now.

* MANAGEMENT EXPECTATIONS AND SUPPORT

-43% of civ staff and 33% of CF pers are aware of Defence 2000 Management principles and fewer agreed these principles are being practiced by senior managers.

-Many respondents said that managers should delegate more authority at lower levels, making them more responsible and accountable.


* FOR THOSE INTERESTED IN SEEING THE COMPLETE SURVEY, COPIES ARE AVAILABLE FROM THE WING PUBLIC AFFAIRS OFFICER, CAPT KINLEY, BLDG 86, LOCAL 2212.*

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A LOVED ONE ON DUTY ABROAD?

Have you a family member or friend serving in Haiti, Rwanda, the Golan Heights, or any other location where Canadian Forces personnel are deployed to? If you do, then read on.

Families and friends of Canadian Forces personnel on duty abroad can broadcast messages to them via Radio Canada International's "Greetings to Peacekeepers" line. RCI's toll-free, 24-hour number is 1-800-216-3343, and is available to all Canadians.

Messages from home broadcast in RCI's Canadian Forces satellite and shortwave programs are a daily highlight at UN camps in Haiti, Rwanda, Bosnia, Croatia, and on the Golan Heights. They also reach CF personnel with NATO in Germany, Belgium, and the Netherlands.

Send your messages. They are appreciated.

ST. JAMES LEGION BRANCH #4 REMEMBRANCE DAY SERVICE BRUCE PARK NOVEMBER 11, 1995

PARADE MARSHAL **Bill Box**
HONOURARY PARADE MARSHAL **Hugh Johnstone**
SGT-AT-ARMS **Sam Brown**

10:30 a.m. Parade forms up, Lyle Street
10:43 a.m. March-off - led by 402 Squadron Pipe Band
10:53 a.m. "O Canada", - Salvation Army Band
Opening Prayer-Salvation Army
Message: Rev. Stanley Millar
10:56 a.m. Last Post, Bugler Nestor Mudry
10:58 a.m. "Flowers of the Forest" Lament,
402 Squadron Piper Doug Knight
1100 a.m. SILENCE
11:02 a.m. Act of Remembrance, Harold Bastable
11:03 a.m. Reveille, Prayers, Rev. Stanley Millar

Laying of Wreaths by:
Government of Canada John Harvard, MP
Province of Manitoba-Mike Radcliffe
City of Winnipeg-Councillor Jae Eadie
St. James Branch #4 Bruce Barton, President
St. James Branch #4 Ladies Auxiliary & Widows
Joan Faraci President
Army, Navy & Air Force Veterans, Unit #283
HYMN: "O GOD OUR HELP IN AGES PAST"
BENEDICTION AND BLESSING: Rev. Stanley Millar
"GOD SAVE THE QUEEN"
Sentries Courtesy of Base Commander Winnipeg, 2 PPCLI
Bugler Courtesy of Assiniboia Concert Band.
Returning to Portage Avenue, the Band and Color Party will remain on Parade, while members and others prepare to march back to the Branch.

CANADIAN FORCES RECRUITING CENTRE WINNIPEG (CFRC) PROFILE

NAME: Cpl Debbie Reid
MOC: 831 ADMIN CLERK
POSITION: Cell & testing clerk
FAVOURITE SAYING: "I'd like to be posted back East someday"

Posted in from 1 Canadian Forces Quality Assurance Region Halifax in 94, Debbie has been a welcome addition to our centre. Since 86 she has had a variety of postings including CFB Summerside, CFB Trenton, and CFB Halifax. Being a former air reservist, she transferred to the Regular Force in 88 and has mentioned on occasion that it has been the best career move she could have made.

Although Debbie calls herself "just a regular administrative clerk", she parachuted from a Cessna in 78 and loves country and western music.

She was also a member of our centre's baseball team and earned numerous bruises by catching almost everything that went her way. Being a cell and testing clerk, Debbie has a heavy workload at the centre, but when the fast pace of recruiting is too much, she takes leave in the easygoing areas of PEI. Despite the fact that the recruiting centre can be "out of sight, out of mind", Debbie has a knack of meeting numerous people from the Wing, no doubt eagerly seeking new line-dancing steps. Watch for Debbie, and move over Billy Ray Cyrus!



There's more to Cpl Debbie Reid than meets the eye!

435 SQN OILER UPDATE

By Sgt Mike Landers

The summer has once again come & gone and we are now looking at the teeth of another long Manitoba winter. Fortunately, this past summer was marked with wonderful weather and a noticeable lack of mosquitoes!

This summer was also extraordinary in that two of our happy campers were joined together in married bliss. These lucky individuals were Pete & Karen Dooks who were married on the 12 Aug. Also tying the knot were Jamie & Carrol MacDonald who were joined together as husband and wife on the 30 Sep. Jamie & Carrol spent a relaxing week in the Winnipeg

area, despite frantic calls from work to finalize his log book. Our other honeymooners, the Dooks, spent time exploring the Lake of the Woods area.

One other noteworthy accomplishment for the Oiler section was the birth of Chris & Holly Baillie David's second child, a 9 lb baby girl. Congratulations to all of you from all of us in the section.

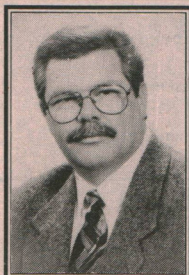
Also with the APS/FRP over we now have a few new faces around the section. We would like to welcome the following Oiler's to our section, WO Keith MacDougall from 429 Sqn, the Black Hole aka Trenton, also from the airforce

of the east we would like to welcome Sgt Michel Jauvin and his family. Just recently finishing their initial engineer course and joining the section are Sgts Brian Cornish, Wayne Webster, Brian Peddle and their families. We hope your tour with us is a memorable one.

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2PPCLI SOLDIERS ON WITH FREEDOM OF THE CITY PARADE

By Capt James Simiana

In an October marked by fairly good fall weather, the day chosen by the Second Battalion for its latest appearance before the citizens of Winnipeg was just as one might expect for a Friday the 13th (if you're superstitious, that is!). The days both preceding and following the 13th were quite pleasant...but the 13th itself? Absolutely deplorable! Go figure! It surely will go down as the coldest, windiest and wettest October day in recent memory.

Friday October 13th was the date on which 2PPCLI exercised its traditional "Freedom of the City" and the lousy weather notwithstanding, the standard of drill was excellent, with more than 500 soldiers marching through the streets under the command of the Commanding Officer, Lieutenant-Colonel John Turner.

Formed up in four guards flanking the 2PPCLI colour party, and backed by the musical accompaniment of the 2PPCLI Corps of Drums and the Air Command Band, the Second Battalion occupied an entire block of King Street facing City Hall.

In addition to the normal protocol of a Freedom of the City parade, Winnipeg Mayor Susan Thompson's proclamation extending this right to the Second Battalion was preceded by two formalities: the presentation by Lieutenant-Colonel Turner to



Friday October 13th was the date on which 2PPCLI exercised its traditional "Freedom of the City".

Her Worship of a painting, "Miranje Crossing", a depiction from the Battalion's 1993 UN tour in Croatia; and the unveiling by Mayor Thompson and the CO of a plaque (presented by all ranks 2PPCLI) set in one of the entrance pillars to City Hall that commemorated that day's Freedom of the City Parade.

Once those moments were concluded, and notwithstanding the damp chill and stiff winds that beset the Battalion, its soldiers proceeded to smartly fix bayonets and uncased the Colours. After a general salute to the City of Winnipeg, the

Battalion stepped off for its formal marchpast. As the parade turned down Main Street the contingent was complemented by a 17-vehicle rollpast consisting of a variety of vehicles: TUAs (TOW Under Armour), AVGPs, LSVWs, MLVWs, HLVWs, and an ARVL (recovery vehicle).

Accompanying Mayor Thompson on the reviewing stand as the Second Battalion marched and rolled by were the Commander of 1 CMBG, Brigadier-General R.G. Meating and the Colonel of the Regiment for the PPCLI, Major-General C.W. Hewson. Then, once past the reviewing

stand, the Second Battalion turned into the gale of wind — quite literally, given the involuntary reforming and indeed physical departure of berets that occurred enroute — that greeted the soldiers on Portage Avenue.

Parading past the equally chilled citizenry on Portage, the Battalion kept up its best appearance for several blocks before turning off to a halt and the parade's conclusion on Carlton Street (and dismissal to the much-awaited dry comfort of the nearby bus transport).

This particular event, it should be noted, was intended to be the Second Battalion's

formal farewell to the citizens of Winnipeg before the departure of the 2PPCLI Battle Group on its Op Cavalier UN mission in Bosnia, scheduled for early November. As it was, once back at Kapyong Barracks, all ranks of the Second Battalion retired to the Korea drill hall for a much-deserved reception with their comrades and family members. At this function, Lieutenant-Colonel Turner concluded his presentations that day by awarding Battalion plaques to the 17 Wing Commander, Colonel GE Sharpe and the Wing Clothing Stores personnel at Building P2 to recognize their outstanding contributions toward the Second Battalion's preparations for its planned Op Cavalier mission to Bosnia.

The Battalion's attention was then turned over to the Brigade Commander and the Colonel of the Regiment, both of whom, after christening the current operational climate for Canada's military and the Army, extended both their congratulations for the Second Battalion's several months effort to make itself operationally 'good to go' as well as their confidence that the soldiers of 2PPCLI will acquire themselves well in whatever future missions are tasked to the Battalion. VP



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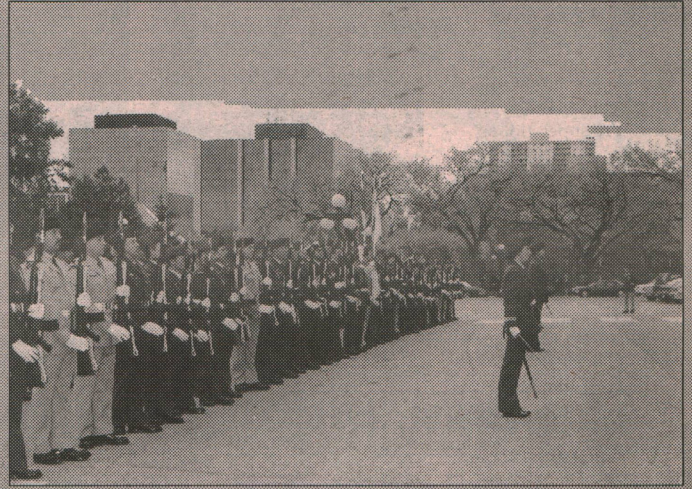
Governor-General Visits Winnipeg

REVIEWING THE GUARD



Governor-General Romeo Leblanc reviews the 100 person Guard of Honour from 17 Wing in front of the Manitoba Legislature on October 4, 1995. The Governor-General was paying an official visit to Manitoba. (Photo by Cpl Doug Desrochers, 17 Wing)

ROYAL SALUTE



The 100 person Guard of Honour present arms during the Royal Salute for Canada's Governor-General, Romeo Leblanc. Governor-General Leblanc paid an official visit to Manitoba on October 4, 1995. (Photo by Cpl Doug Desrochers, 17 Wing)

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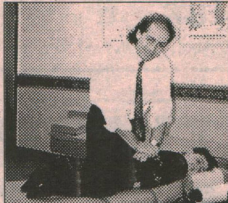
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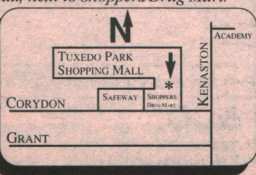
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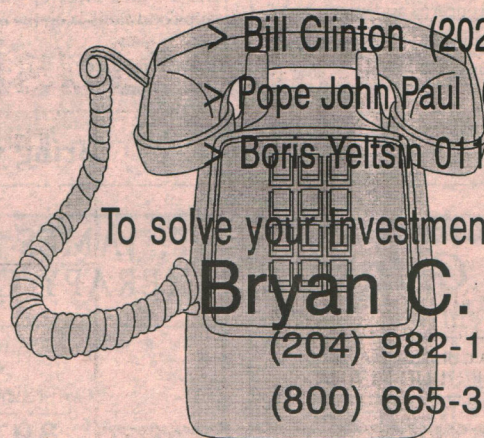
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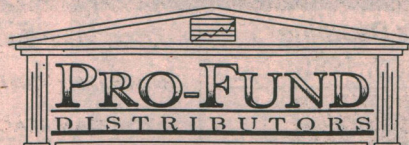
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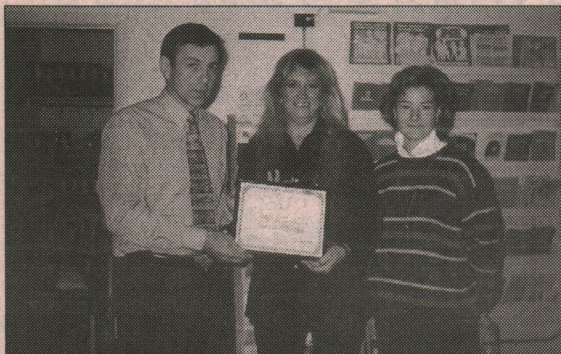


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Pamela Borland and AEmelia Turner accept a certificate of appreciation for the Officers' Wives Assoc. for their generous donation to the MFRC Food Bank.

Wing Lotto Winner



Wing Lotto Winner Sgt Stewart of 2 PPLCI D Coy receives his cheque from Wing Lotto Coordinator Linda Belisle.

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Location: Lipsett Hall Nursery School
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Date: Thursday morning
Location: Westwin Community Centre
Time: 9:30 - 11:00 a.m.
Cost: \$2.00 per week or \$20.00 for 10 weeks with the 11th week free

Child Health Clinic

Cathy Lovatt, Public Health Nurse, will be available once a month to help you understand your child and learn more about parenting. Children are weighed and measured. Denver Developmental Screening Testing can be done to assess your child's growth and development. Immunization is also available.

Dates: Fourth Tuesday of every month (28 November 1995)
Time: 10:00 a.m. - 2:00 p.m.
Location: Westwin Community Centre
Registration: Cathy Lovatt at 945-0829. Registration is necessary to ensure your child's file is on hand.

NURSERY SCHOOL PROGRAMS AT THE MILITARY FAMILY RESOURCE CENTRE

Lipsett Hall Nursery School:

Our Nursery School program offers the pre-school child a chance to socialize in a happy, friendly environment. Activities include learning centres, stories, songs, free play, arts and crafts, drama and large muscle play. Spaces are available in our morning program. Please call 833-6846.

Westwin Children's Centre: Nursery School

We hope to offer an afternoon program starting in January. Our morning program is currently full. If you are interested in the afternoon program, please call 833-2491 to reserve a spot.

Drop off Child Care:

Our drop off child care program is offering a deal the first week of November. For the week of November 6 - November 10 you will receive \$1.00 off child care for each hour that your child attends our program at Lipsett Hall or the Westwin Children's Centre.

At Lipsett Hall we offer child care Tuesday afternoons for children from 18 months to 6 years from 1:00 to 4:00 p.m. and Friday mornings from 9:00 to 12:00 p.m. The program is offered at Westwin Children's Centre on Thursday afternoons. The cost is \$3.00 per hour for the first child and \$1.00 more for the second child in the same family. We ask you to reserve a spot 24 hours in advance. Please call 833-6846 for reservations.

NEW AND EXPECTANT MOM'S CLUB

Meet other moms and share the joys, concerns and stresses of parenting. The Public Health Nurse will visit once a month to answer your questions and weigh your baby.

Date: Wednesday afternoons
Location: Westwin Community Centre
Time: 1:30 - 3:00 p.m.

CHILD CARE CO-OP

The MFRC child care co-op allows parents to exchange care of children on an occasional, flexible basis. A military police check is done on co-op members. Basic guidelines and membership conditions keep the co-op running smoothly.

Meeting date: 2nd Tuesday of the month (14 Nov)
Location: Westwin Community Centre
Time: 1:30 - 3:00 p.m.

Bring your children!

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MILITARY FAMILY RESOURCE CENTRE NOVEMBER 1995

Upcoming Youth Program Events



Kidventures fun continues into the fall with the MFRC's wide range of youth programs.

KIDZONE meets on Saturday 4 November at Westwin Community Centre. KIDZONE is for youth on base ages 8 to 12. Come out and have fun, and plan upcoming events. Cost is free!!

AFTER SCHOOL CLUB for kids ages 7 to 12 - crafts, games, videos, homework help and more. We meet every Tuesday at Lipsett Hall (Nursery School entrance) and on Wednesdays at Westwin Community Centre. Our hours are 4 - 7:30. There is no need to pre-register, but please bring \$.50 to help with supplies. We will send a letter home with parents of children attending the after school club, advising them of the regulations of this program. Call Laurie Johnson for more information at the MFRC, 489-7003.

FRIDAY NIGHT'S ALRIGHT! for our new girl's group. This month, we meet at Westwin Community Centre from 7-9 on November 3 and 24, and at Lipsett Hall on November 10. Are you a girl aged 11 to 14? Join us for fun, food, good discussions, trips to the malls and movie nights. We'll have discussions about boys, dating and growing up; about appearances and emotions and feeling good about yourself; about friends, school and family; and we'll be planning outings to malls, horseback riding, ski trips and dances. Cost \$1.00 per evening. Call Laurie for more information at the MFRC, 489-7003.

SUPER SATURDAY! There's lots to do in November! On November 18, the Christmas Craft & Bake Sale is for the whole family,

and even Santa is rumoured to be showing up! On November 25, there's a roller-skating extravaganza open to all kids on base. Meet at DJ's Roller City at Portage and Langside at 1pm sharp. The cost is \$2.50 per person, a saving of \$2.00 off the regular rate. Parents - you must pre-register your children for this event so we can have enough adult supervisors for the children. Give yourself an afternoon off to Christmas shop while your children have a fun time.

TEENS ON BASE!

You're not forgotten. Want to meet youth ages 12-18 to discuss a new teen organization on Base? Do you need a place to hang out, discuss teen issues, or just do your own thing? Are you ready for dances (the first of the year is scheduled for December 1st), ski-trips, internet and computer access, movie nights, a youth council, and more? If so, then this group is just right for you! On Friday, November 17 at 7:00 p.m. at Lipsett Hall, there's a

meeting to decide what you want to do with this new organization. Refreshments will be provided, so show up that night to help get things off on the right track! For more information, please phone Lori Moran or Laurie Johnson at 489-7003.

PARENT OF TEENAGERS

Do your teenagers need somewhere to go with something constructive to do? If so, then maybe we have an answer for you! Starting in Fall, 1995, there will be a teen organization on Base. To get this off the ground, we need your help and support. There will be a meeting at the MFRC (350 Doncaster) on Tuesday November 21, 1995 at 7:00 p.m. We will be discussing your concerns and questions about teen life on Base, and soliciting volunteers for a youth advisory committee to help guide activities for pre-teens/teens. For more information, please contact Lori Moran or Laurie Johnson at 489-7003.

On the Road Again!



Left to right - Traci Wright-Sawatsky, Norma Gaumont, Claudine MacInnis, Barb Thuen, Rae Rankin, Jackie Lent, Teresa Morris.

By Rae Rankin

Saturday, September 23 dawned sunny and cool. The temperature warmed over the Westwin Community Centre (WCC) for a group of newcomers who were to embark on the MFRC's Second Annual Newcomer Bus Tour of Winnipeg followed by a light lunch at the WCC.

This outing is an Outreach Department initiative to help expedite the settling in process by allowing newly arrived women the opportunity to make friends and enjoy a relaxing time away from the responsibilities of home. Those in attendance enjoyed a three hour tour (without a tropical storm in sight for you Gilligan's Island buffs!) and a leisurely stroll around the Forks. For some, the Forks meant a badly needed caffeine fix. Such are the consequences of pointing out the best coffee houses so early in the morning! Despite our nutritional "top-up" en route everyone was ready for lunch upon our return to the WCC. The laughter and buzz of conversation belied the fact that most were strangers earlier that morning. Congratulations go the three lucky door prize winners: Jackie Lent, Norma Gaumont and Claudine MacInnis. I enjoyed sharing my day with everyone and hope you too will think back fondly of our time together. Enjoy Winnipeg ladies...it's a great city! As Outreach Coordinator, I have worked closely over the past six months with a dedicated newcomer team. I would like to take this opportunity to extend sincere thanks to Cathy Parrington, Marina Coppins, Teresa Morris, Chantel Carriere and Marc Tremblay for their help in putting together the Newcomer Booklet '95 as well as the newcomer packages. Thanks also go to the women who conduct home visits: Barb Thuen, Diane Brine, Teresa Morris and Traci Wright-Sawatsky. A special thanks goes to Traci for being my voice on the Bus Tour in light of my untimely bout of laryngitis!

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435 TRANSPORT & RESCUE SQUADRON LOADMASTERS ACQUIRE "WINGED" STATUS



By MWO G.M. Williams, Loadmaster Leader 435 (T&R) Sqn

On the tenth of October at 1430 hours a very auspicious occasion was witnessed at the Warrant Officers and Sergeants Mess (N) here at 17 Wing Winnipeg. This extremely significant event was a parade at which the Wing Commander, Colonel G.E. Sharpe, presented Squadron Loadmasters with the recently approved outspread Loadmaster trade specialty badge (Wings).

The Squadron currently employs eighteen Loadmasters whose Hercules flying times range from a high of 6500 hours to our newest arrival's 100 hours. The main average flying time equates to about two thousand two hundred and fifteen hours each which is a full ninety-two and a half continuous days in the back of the aircraft doing such things as Air to Air Refuelling Observer, Search and Rescue Spotter and related Loadmaster duties which also can include dispatching Search and Rescue Technicians and equipment for parachute dropping of equipment and supplies. As well as their "airborne" duties when on the ground the Loadmaster also ensures the aircraft is loaded and off-loaded in a safe and efficient manner, customs clearance arrangements if required and ascertaining that inflight meals and sundry other items are acceptable and onboard prior to departure.

Also receiving their wings were Major A.L. Macdonald - WTnO, Major Mallais - CO 1 Air Mov Sqn, MWO Walker - AIRCOM SSO TN and Sgt Strand 1 Air Mov Sqn.



Sitting L to R: MWO Williams, Maj Rittinger, LCol Lamothe, CWO Kamperman. Standing L to R: MCpl Patterson, MCpl Young, MCpl DaSylva, Sgt Fortin, MCpl Beattie, MCpl Stark, MCpl Carberry, Sgt Allard, Sgt Belanger, MCpl Callan, MCpl Franklin, Sgt Andrews. Unavailable due to operational commitments: WO Moores, Sgt Forrest, MCpl Beaugrand, MCpl Lake, MCpl Pelletier, MCpl Tompkins.



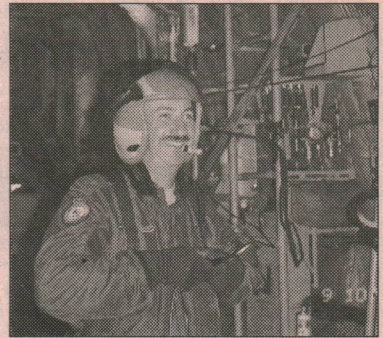
434 Sqn SAR Techs, Cpl Dave Hughes (left) and MCpl Derek Curtis treat a simulated casualty during SAREX 95 at Greenwood, Nova Scotia. The SAR Techs were required to parachute into the "crash site" and treat the injured. The crew from 435 Sqn performed well during the exercise held in September. (Photos by HCol Ben Van Ruitten, 17 Wing)



The 435 Sqn SAREX team discusses plans in advance of SAREX 95. LCol Roger Lamothe, CO 435 Sqn, Capt Greg Illichuk, Capt Glen Oerzen, and Capt Mark Thomasgard look over maps while planning a route. (Photo by HCol Ben Van Ruitten, 17 Wing)

S A R E X 95

WO Fred Moores, the Loadmaster with the 435 Sqn SAREX crew is ready for action as the crew participated in the national SAR competition. He may not parachute out of a Hercules into crash sites, but WO Moores has an important role in the SAR missions. SAREX 95 was held in September in Greenwood, NS. (Photo by HCol Ben Van Ruitten, 17 Wing)



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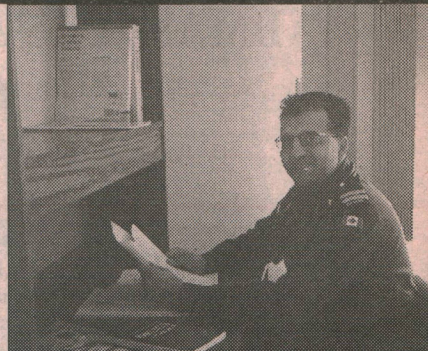
Lt Sharon Beal, the Base Hospital's Community Health Nurse, receiving her promotion to the rank of Captain from Lt Col D.R. Marchment, WAdm on 15 Sep 95.

17 Medical Squadron

Profile

17 Medical Squadron would like to welcome Lt(N) Kal Raichura to the base hospital. Lt(N) Raichura is a general practitioner who was posted in this summer, from the National Defence Medical Centre (NDMC), where he worked in the Cardiopulmonary Unit for 2 years. He is also a qualified flight surgeon.

Being originally from Winnipeg, Lt(N) Raichura completed medical school and internship at the University of Manitoba. He enjoys Karate, bad jokes and has just recently gotten married.



Lt(N) Kal Raichura

THE CHANGING FACE OF ACES

ACES is here to stay. . . there's no doubt about that, but the former Team ACES now falls under the umbrella of Flight 97. Flight 97 is the Commander's vision of where the Air Force is going and how it's going to get there.

TEAM ACES, Project Genesis, and the Air Force Command and Control Review Team (AFCCRT), along with folks from Business Process Re-engineering, Socio-tech Systems, and Business Planning and Cost Centre Management compose the Flight 97 Team. Operating under the leadership of the Commander's core team - Colonel Roy Mould (PM Genesis), Colonel Bob Smith (Business Planning/ Cost Centre Management), Colonel Bob Pirson (AFCCRT) and Group Captain Brin Sharp (Culture/Training) - the Flight 97 team will be leading the way to the future. There will be much more to follow as time progresses.

WHAT DO YOU MEAN I'VE GOT TO CHANGE?

How often have you heard that phrase lately? Probably more than you'd care to, but it's commonplace and expected

in most cases.

As the Air Force identifies and implements new ways of "doing business", there will be barriers to overcome. Most of those barriers come in the form of human resistance. It's only natural. We are often resistant when faced with change that is unfamiliar and for which we feel unprepared. In other words, most resistance to change arises from lack of information or training. With good, solid training most, if not all, of those barriers can be knocked down and resistance overcome.

The Commander has said he wants the entire Air Force trained in the principles and practices of continuous improvement. The Flight 97 team has taken on that monumental challenge.

Beginning in October, a series of three day courses will be run in a cascading fashion so that eventually every member of the Air Force and Air Command (that means civilians too) will be trained to deal with changes by way of continuous improvement. For more specific details, feel free to call us.

"OUCH. THAT SMARTS"

In a recent ACES newsletter we relayed the story of a senior officer who experienced some minor difficulty in getting an item from Supply.

While the story may have seemed fairly simple to this author, it caused concern in the Supply world, and fair enough.

Supply techs take a great deal of pride in their work, and many of them rushed to reassure us that if, in fact, the incident did take place, it most certainly is not the norm. We agree with them. The Supply system has undergone and is undergoing changes for the better, and the folks who are responsible to satisfy our supply requests continue to

strive for 100% customer satisfaction.

So, to all who took offence from the story...our apologies, it was not our intent to insult or to discredit the system or, most especially, the people behind the counter. We pledge to do better ourselves in getting our message across.

AND FINALLY

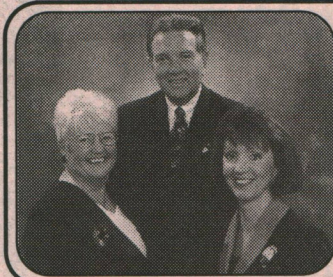
Did you know? That as a result of a change initiative from 22 Wing, the Financial Signing authorities for certifying the receipt of goods and services has changed? FAA Section 34 signing authority has been modified to allow personnel below the rank of Sergeant and civilian equivalent, based on

certain criteria. The Directorate of Financial Policy and Procedures (DFPP) will be providing the details to all levels of DND very shortly. KUDOS to 22 Wing!! We can make a difference!

If you have any ideas or suggestions that you believe will make the Air Force a better team, don't keep them to yourself. Pass them along the chain of command, and don't forget to keep your ACES rep informed.

We welcome your comments on anything in "The Flyer". Send them to: Flight Plan 97, Air Command Headquarters, Westwin, Mb, R3J OTO.

Phone:
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833-5606
CSN/RCCC 257-5606



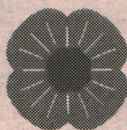
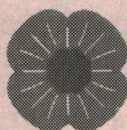
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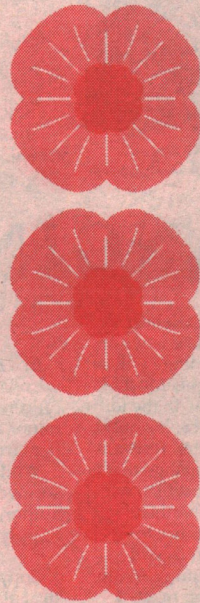
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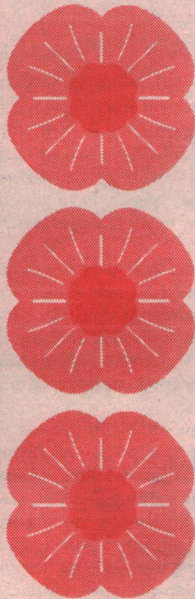
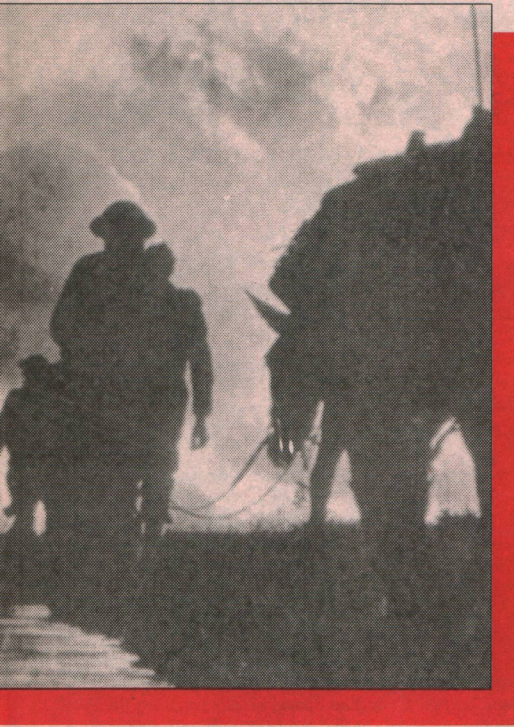


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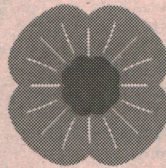
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WING OPERATIONS



MCpl Sherri Roberti, Wing Operations, receives her appointment from Major Dan Mitchell, Aflid Sup O.

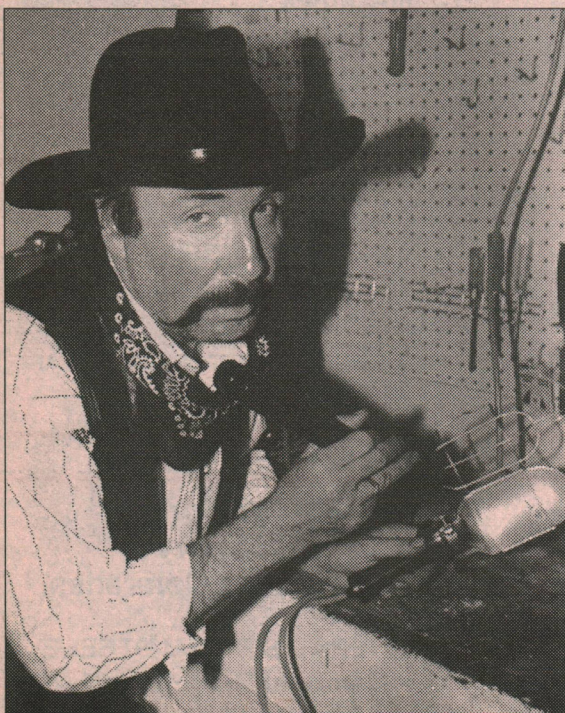
Plug into Electrical Safety

Over the last five years in Manitoba alone, losses due to residential electrically-related fires have exceeded \$20 million. Most of these fires were the results of faulty electrical wiring and the improper use of extension and appliance cords. Many of these accidents might have been prevented if homeowners had known how to identify electrical hazards.

In response to these concerns, The Manitoba Electrical League, a non-profit organization representing electrical contractors, consultants, engineering companies, distributors, manufacturers and electrical utilities throughout the province is hosting Electrical Safety Month during

November. Its intent is to show you how easy it is to make your home electrically safer.

A half hour TV program, "The Troubleshooter" will feature Laurie Mustard (of the Winnipeg Sun) as The Troubleshooter. Costumed as a cowboy, he will attempt some potentially dangerous band-aid solutions to electrical problems in his home. Although he will try his best to practise safe electrical habits, he definitely won't succeed. After being "shocked" into realizing the errors of his ways, the real life and now well-informed Laurie will discuss how to do things properly with Carla Wall, a licensed Journeyman Electrician and electrical instructor at Tech-Voc High School in Winnipeg.



"The Troubleshooter" Laurie Mustard

50th Anniversary of the United Nations

Office of the UNAMIR Force Commander Kigali, Rwanda

9 October 1995

Letter To The Editor

Today, on the 50th Anniversary of the United Nations, Canadians have every right to be very proud of the participation and long-standing commitment of the Canadian Forces to UN peacekeeping efforts around the world. Indeed, it was former Canadian Prime Minister Lester B. Pearson who "invented" peacekeeping at the time of the 1956 Suez crisis when he proposed that an international force be placed between warring parties in the Middle East. Since then, Canadian Forces peacekeepers have served under dangerous and stressful conditions around the world in virtually every UN peacekeeping mission.

Here in Rwanda, more than 100 fellow Canadian Forces peacekeepers are serving under my command of the United Nations Assistance Mission In Rwanda (UNAMIR). We are working hard to help the Rwandan people rebuild their nation by assisting in national reconciliation and providing for the voluntary and safe return of refugees to their homes. Additionally, Canadian Forces peacekeepers support humanitarian and medical care activities as well as demining and engineering operations throughout Rwanda.

I am particularly proud of the initiative of Canadian peacekeepers who volunteer their time to work with many orphanages around Rwanda. There are over 12,000 orphans in Rwanda. Last year, 36% saw other children killing, 44% witnessed the murder of a family member, 86% had to hide to survive the fighting and 96% saw dead bodies. Canadian peacekeepers have led the way in assisting the orphans by visiting orphanages on a daily basis, providing them with medical care, water supplies, repairing electrical and plumbing problems, building playgrounds and donating medical supplies, blankets and shoes. But most importantly, they share their time and affection with the children.

During this World Week of Peace, I hope that all Canadians remember with pride the good work done by fellow Canadians serving as peacekeepers here in Rwanda and in other peacekeeping missions around the world. We are dedicated to, and proud of the job we are doing. We hope that you will continue to support us....we owe it to the children of the world.

Sincerely,

Major General Guy Tousignant
UNAMIR Force Commander

"The Troubleshooter" will air Thursday, November 30 at 6:30 p.m. on CKND-TV.

To accompany the show, a free 16-page booklet called "The Home Safety Check-Up" will also be available. It shows how to check electrical equipment and appliances in homes and apartments through a simple yes/no process. Electrical items are examined room by room to see if they work properly and are in good condition. If any are not, the consequences of using them, as well as repair solutions are explained. The Home Safety Check-Up also offers discount coupons on General Electric compact fluorescent lamps and chances to win a colour television, a \$150.00 food gift certificate from Safeway and Power Smart products from Manitoba and Winnipeg Hydro.

Grade 4 students will be invited to enter a poster contest and "Plug into Electrical Safety." Award winning posters will be displayed in areas of the province where winning students reside.

Safety...it's a way of life. Make it a part of your everyday living. Watch "The Troubleshooter", Thursday, November 30 at 6:30 p.m. on CKND-TV. Pick up a complimentary copy of "The Home Safety Check-Up" at your local Manitoba and Winnipeg Hydro offices as well as from any Safeway store.

Take Flight with the Air Command Band at Glenlawn!

Come experience the diverse musical styles of The Air Command Band. They will perform on Tuesday November 7 and Wednesday November 8 at 7:30 p.m. in the Glenlawn Collegiate auditorium (770 St. Mary's Road).

The two hour concert will feature a marching piece performed by 15 Glenlawn students with the band. The two evening performances will help raise awareness and funds. The Air Command Band are donating their time in support of Associated Manitoba Arts Festivals (A.M.A.F.) and Glenlawn Collegiate.

Admission is \$8 (adults) and \$6 (students). Tickets are available at Glenlawn Collegiate, St. Mary's & Riverbend Royal Bank branch or A.M.A.F. offices (424-100 Arthur Street).

For more information contact:
Chris Zuk or Karen Oliver
Associated Manitoba Arts Festivals
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402 "City of Winnipeg" Squadron Receives New Commanding Officer



LCol MacIntyre signs the Change of Command Certificate while BGen McGillivray witnesses the event.



LCol Rawlings, the new Commanding Officer, takes command of 402 Squadron during the official signing ceremony.

On Saturday September 30th, 402 "City of Winnipeg" Squadron conducted a change of command parade to welcome its new Commanding Officer, Lieutenant Colonel P.G. Rawlings. Two flights of squadron personnel flanked the unit's colours as senior air force personnel, local dignitaries, and invited guests witnessed the appointment of the 37th Commanding Officer in the unit's 62 year history. Brigadier General McGillivray thanked the outgoing CO, Lieutenant-Colonel C.V. MacIntyre, for his years of service to the Unit before signing the documents which authorized the transfer of command. On behalf of the mayor of the City of Winnipeg, the honourable Susan Thompson, Mr. Lorne Reynolds presented Lieutenant Colonel MacIntyre with a scroll naming him an honorary citizen.

Following a march past and advance in review order, Brigadier General McGillivray conducted the time honoured tradition of passing the squadron's colours from the departing CO into the care of the arriving CO.

When asked about his vision for the squadron's future, Lieutenant Colonel Rawlings indicated that continuing to provide the level of quality service that the units "customers" have come to expect while at the same time dealing with the realities of continued budget constraints would be the major challenge facing unit personnel.

Daytime running lights: A shining success



Five years ago, Canada became only the second country in the world—after Norway—to require auto manufacturers to install daytime running lights (DRLs) to reduce head-on crashes.

A Transport Canada evaluation of that requirement now shows that the benefits of DRLs have been significant. Daytime frontal collisions have

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Bonnie Reid



From the WPERO:

WMCA YEARLY UPDATE

During the last year, the 17 Wing/CFB Winnipeg recreational services went through a major "face lift" phase and we think that it is time to present, to all our members, a brief summary on this important military community service.

First, we must present the Wing Military Community Association (WMCA). This association incorporates 3 sub-groups: - The Wing Military Community Council (WMCC, the mayor/wards); - The Recreation Council (22 groups and rec clubs); and - The Recreation Centre Community Programs (Gyms, pools...).

The aim of the WMCA is to develop and manage all recreational activities, clubs and any other programs established for the whole military community. The WMCA executive is composed of 17 members, all volunteers, selected from different groups of the military and community environments.

During the past year, quite a few notable changes have occurred in our military community life; to name a few, we have:

A new community centre, the "WESTWIN". This centre houses services like the MFRC day care centre, library, ceramic club, woodhobby shop, 2 conference rooms available to all (booked thru the Rec Svcs coordinator) and a large multi purpose room (large enough for weddings or any other large groups; booked thru the Rec Svcs coordinator and catered by CANEX) and finally, the office for the WMCA, WMCC, Recreation Council and the Rec Svcs Coordinator, Mrs Elaine Parent # 833-5976.

A new summer pool program. Well over 800 hours of additional pool program, helped us in coping with the HOT spells of last summer.

A significant equipment improvement in the 3 fitness facilities. 17 Wing Fund, WMCA and WPERO, contributed for more than \$70,000

worth of computerized bicycles, weight training equipment, pool equipment (a slide for the kids is to be installed in Oct), 32" TVs for the aerobic rooms (installed pretty soon) and much more....

A new recreation card format. The new card is embossed and include a picture and the phone number of the holder. This approach will increase the efficiency of emergency procedures; accidents do happen and monitors/lifeguards should know who the person is and where to call. The use of the new card is effective now and as of 1 November 1995, facility users will not be allowed in without it.

Some of the future community service projects include:

Purchase of 2 whirlpools (for 8 people) to be installed on the deck of the (N) and (S) pools.

Upgrade of the community recreational park areas. We expect the upgrade to take place in the early period of next summer.

Additional aerobic equipment in the recreation centres. This project would include a treadmill for the (S) site and the purchase of more recumbent computerized bicycles.

WMCA coordinates a very active community program. Our aim is to give you your money's worth of recreational services. However there is a cost to these benefits; our annual budget is tightly controlled but still reveals over \$130,000 of expenses. These includes the facility monitoring cost (rec centres, pools, 2 ice rink maintenance...), purchase and maintenance of specialized equipment...

WMCA executive members can certainly guarantee that, if one considers the price tag that a military family has to pay for all these recreational services (\$48/year) it is, by far, the best deal in town!!!

17 Wing/CFB Winnipeg Recreation Services Rules

GENERAL

All personnel who wish to use the facilities must be in the possession of a valid recreation card, or access will be denied (non valid cards will be taken away). The card will be issued at the recreation service office and paid for, through pay allotment or by cheque and will also be turned in during the out clearance process. Military personnel shall present their "PLCC" cards.

AGE

Children under the age of 8, in possession of a valid recreation card, who wish to use the recreation centres (Westwin or Lipsett Hall) must be accompanied by an adult, 18 years of age or older, at all times.

The weight room, sauna and squash courts are restricted to persons of 16 years of age or older. The aerobic room is restricted to persons of over 12 of age. Please note that the sport related equipment is to be used for fitness purposes only.

GUEST

Recreation card holders are permitted to sign in no more than 2 guests. The card holder must be 16 years of age or older. This does not apply to Associate recreation card holders.

SQUASH

Black soled shoes and street shoes will not be allowed on the squash courts.

POOL

The lifeguard is authorized to refuse access to the pool to those children who are not able to stand flat footed in the shallow end.

RECREATION CARD PROTOCOLS

RECREATION CARDS

Six (6) formats of recreation cards will be issued by the recreation service office:

- Regular Forces personnel and families (blue card);
- Reserve Forces personnel (pink card);
- Ordinary members (yellow card);
- Associate members (orange card);
- 17 Wing/CFB Winnipeg military course students (green card); and
- Club members only (TBA)

RECREATION CARD DATA

Recreation cards for 1 a, b, c, d and f will be issued for a period of (1) year and for Regular Forces personnel only, up to a maximum of three (3) years. Card data will include the following:

- card number;
- surname and first name;
- address;
- sponsor (if needed);
- date of birth;
- picture; and
- expiration date.

Recreation card data for 1 e will be issued for the course period, through the course administrative officer, and include the following info:

- surname and first name;
- rank;
- school name; and
- expiration date.

In case of card loss, a new card will be re-issued for the cost of \$2.00 (including taxes).

Did you know that:

- Recreation card holders can workout at the 3 recreation facilities (bldg #21, 90 and A-2) during normal working hours: 0800-1130 and 1330-1600 hrs (the gymnasium may not be available all the time, please call the rec centre). People can play badminton or jog in the 3 recreation centres or workout in the 3 aerobic and weight training rooms.
- 17 Wing has a brand new 7.5 km running/jogging track situated in a safe area within the Wing perimeter. Future plans include the grooming of this track for nordic ski purposes.
- Recreation card holders can sign for a guest when using the recreation centre, go ahead bring a friend.
- We have 2 suntan beds situated at Lipsett Hall and Bldg 90. For reservation (\$3.00/21 mins), call the rec centre at #5511, #2055 or #5976 (after working hours).
- Squash, badminton, tennis, pickle ball racquets are available for recreation centre users.
- The new office site for the WMCA, WMCC and Recreation Council is the new Westwin Community Centre (Bldg #33 beside the rec centre). Mrs Elaine Parent, the recreation services coordinator is manning the office from 0900-1200 hrs on Monday, Tuesday, Thursday and Friday. She will be also manning the monitor's office at the Lipsett Hall on Wednesday from 1300-1500 hrs.
- "Parent and tot" swim period on Sunday is open and free for all parents holding a recreation card and wanting to have a quiet swim with young children.
- The new recreation card is now in use. "Don't leave home without it"

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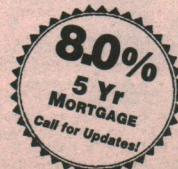
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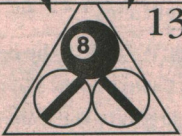
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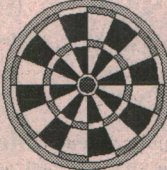
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RWANDAN POSTCARD: CANADIANS KEEP UNAMIR MOBILE

By Lt(N) Kent Page

Vehicle mechanic Cpl Kevin Dawe belongs to the Royal Canadian Electrical Mechanical Engineers and is currently facing the biggest challenge of his career so far - having to repair vehicles and equipment from countries around the world including Chad, India, Ghana, Ethiopia, Tunisia and Nigeria to name but a few.

"All of us vehicle technicians working for 95 Force Logistics Support Group (95 FLSG) here in Rwanda are very proud of the job we're doing - helping to keep the United Nations Assistance Mission in Rwanda (UNAMIR) mobile", says Cpl Dawe.

Between UNAMIR and the humanitarian and non-governmental organizations that operate in Rwanda, there are more than 2,000 vehicles which require constant maintenance and care. "Because of the treacherous roads in Rwanda and the accidents that occur, vehicle maintenance is a never-ending battle. Vehicles in the

UNAMIR organization serve as a virtual lifeline carrying water, food and supplies to every corner of Rwanda. That makes our performance as vehicle technicians vital to the operation."

Not only do the technicians take care of vehicles, they are also charged with the responsibility of fixing all equipment that runs on gas, propane or diesel which can include anything from chainsaws to bulldozers. "In the Canadian military, we only have one class of mechanic", explains Cpl Dawe. "After years of training, we are expected to be able to repair every piece of equipment brought to us, whether or not we've seen it before. Well, I thought I had seen it all before I got to Rwanda. Now we're dealing with so many different kinds of equipment from around the world, that when I see something I recognize, that seems strange. We always give the unfamiliar equipment our best shot and have been very successful so far. We've earned a good reputation for our craftsmanship and I'm very

proud of the role that we're playing as part of UNAMIR."

Another significant part of the job is recovery of vehicles and equipment that is disabled due to vehicle failure or accidents. Mountainous terrain, rainy seasons and dirt roads all combine to put even

"After years of training, we are expected to be able to repair every piece of equipment brought to us, whether or not we've seen it before," explains Cpl Dawe.

the best drivers to the test. Unfortunately, there are quite a few mishaps occurring on the roads of Rwanda and it is up to the vehicle technicians of 95 FLSG to recover the vehicles. "This is probably the most rewarding part of all my duties as a mechanic," says Cpl Dawe. "Vehicle recovery takes me all over the beautiful countryside of Rwanda and gives me a chance to see rainforests, volcanoes, hillside

farms, lakes and mountains. Most importantly though, it gives me the opportunity to meet with the local population, talk with them and try to learn a little about their culture."

Vehicle recovery involves pulling vehicles out of ditches, back up the sides of mountains

and then fixing them or towing them back the long route to the shop for repairs. "The recovery of vehicles in tight and hard to get places is sometimes mentally and physically challenging and always draws a crowd of curious spectators. People are always interested in seeing how our massive wreckers work and the kids love to watch the cables of our winches overturning, pulling vehicles back out onto the

road." Another important aspect of his work has nothing to do with vehicles. Cpl Dawe is also part of a group of Canadian soldiers who, in their free time, help to rebuild orphanages as well as assist in building playgrounds for orphanages. Canadians have also provided tools and toolboxes as well as sewing machines and material to those running the orphanages so that they can become more self-sufficient. Small gestures perhaps, but they make a world of difference to the children of Rwanda. "We've all pitched in to help with the children," says Cpl Dawe. "We've raised money from charity runs and hair cuts as well as helping to repair structural and plumbing damage of their buildings. Most importantly, Canadian soldiers have really made an improvement in the lives of children here in Rwanda by spending their free time with them, giving love and attention."

ANNOUNCEMENTS

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A WORD FROM THE CHAPLAIN

The Voice of God

By Capt G.N. Thompson,
Chap(P), 2PPCLI

I remember recently flying from Edmonton and landing here in Winnipeg on that sunny Sunday afternoon of September 3 to be the Rear Party Chaplain for the 2PPCLI. My feelings that day were mixed with sadness as I thought about the teary faces of my wife and sons that I left behind in Edmonton and the fear that I had done the stupidest thing in my life. I asked myself what insane notion ever influenced you to voluntarily leave your family and home for almost a year to be here in Winnipeg? (not that Winnipeg is a bad city) It was a good question, and one that you are probably wondering why I didn't answer before I got here. But to tell you the truth I don't remember it ever coming up.

As I settled into my chair that evening I once again began to reflect upon that question with a determination to find a satisfactory answer, otherwise, how would I be able to continue on here. Soon I began to realize that as a member of the Canadian Forces every opportunity to serve your country is worth serious consideration and a valuable pursuit. I hope that my boys will learn from my example that to serve your country is a noble task. That is why Canada has emerged as one of the world's greatest countries to live in, because of the vast number of citizens who have willingly served.

I also began to realize that as a minister in the Army of God, that He ultimately directs my paths. When I thought back to when I was asked about this tasking I recalled that it came as an answer to prayer. I knew

that the restless feeling I felt back then was a good indication that God was preparing me for a change. As I continued praying, this opportunity became known and inside I felt a drawing towards it. Eventually, God confirmed my interest through a verse of Scripture found in ISAIAH 30:21;

Your ears shall hear a word behind you, saying, "This is the way, walk in it", Whenever you turn to the right hand or whenever you turn to the left.

As I continued in meditation and prayer I felt that deep sense of peace and I saw many other things happen which confirmed the call. So like a good soldier I knew I had my orders, all I needed to do was obey. That is why the question never came up before, it was just to clear what I was to do.

That evening I came to fully realize that my coming to Winnipeg was not an insane notion but a Divine appointment. From that day on I have worked very hard to be the best Rear Party Padre I could be, not so I could bring glory to myself, but to the one who really sent me here, My Heavenly Father.

As most of you know, recently the news came that the UN tour for 2PPCLI was cancelled. This of course was a relief to many, but it was also a big disappointment to many others. For us reservists it was even more confusing as we all wondered what would happen to us. Would we be staying or going elsewhere to complete our contracts? I have to admit for a few days I was feeling very confused and lost. That was only because I had already forgotten the lesson I learned when I came here. That as

much as I wished I could see tomorrow I cannot. But, I do not need to worry about tomorrow because I trust in a God who can see my future and promised to lead me to all good works He has planned for me.

For we are His workmanship, created in Christ Jesus for good works, which prepared beforehand that we should walk in them. (EPHESIANS 2:10)

Back in my home church in Edmonton we sing a chorus that is also a verse of Scripture;

"Rejoice for the steps of a righteous man, they are ordered of God. (PSALM 37:23)

I would like to encourage you with this article to consider letting God direct your life. The experience and the Scriptures I have shared are not just for some people but for all who believe in Jesus Christ as their Lord and Saviour. Over and over we read in God's Word to trust Him, why not allow Him the opportunity to prove Himself to you. In a world that is so full of uncertainty who else can we trust to guide us through.

For you are my rock and my fortress; therefore, for Your names' sake, lead me and guide me. (PSALM 31:3)

Thank you for taking the time to read this article and I pray that it will encourage you to be still and listen for the voice of God. He wants to help you make the hard decisions you may face today.



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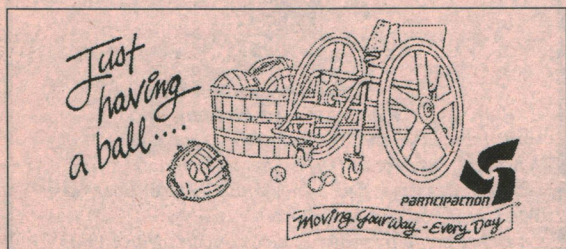
Divine Worship-1115 hrs. Holy Communion-1st Sunday
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Our Chapels offer a variety of programs. Nursery services are provided. For more information, please call 833-5087.

Chapel Programs

There are a variety of programs being offered at your Chapels and both parishioners and military community members are invited to participate.

Besides our Worship Services we have a Study/Support Group on *The Human Journey*, led by Padre "Hopper" Hopkins, meeting on Monday at 1930 hrs at Bldg A-1 (joint-use facility South Site). Our first theme is *'The Blind Search for Happiness/The Problem of PAIN.'* Meetings are planned for 25 September, 2nd October, 30th October ...

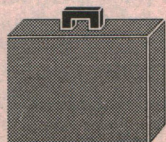
Personality Tree (3 sessions) starts 14 Oct 95 at 0900 hrs.
Minding the Body/Mending the Mind - Course Introduction 6 Oct 95 - 1900 pm. Practical applications to begin 13 Oct 95.
Courage to Heal (Wednesday nights) - 4 Oct 95 - Registration & Information. Refreshments: 1900 hrs. Starts at 1930 hrs. Other programs, depending upon interest, are *PEP (Parents Encouraging Parents)*, *Helping Your Kids to Get Along*, *Making Love Work*, (making good relationships better, depending on interest.) These are described in 6 September VOXAIR. We also have Bible Studies, Youth Groups, Ladies' Guild. Should you wish further information or to talk with a Padre, please call 833-5087.



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17 WING SWIMMERS DO IT AGAIN!

The 17 Wing Winnipeg Flying Tigers Swim Team has once again shown the Manitoba swimming community just why they are called "tigers". In the season opener swim meet on October 14-15 at the Pan Am pool, the Flying Tigers put in an incredible 98 per cent personal best events. That is a figure that not even the "downtown" swim clubs could even match, for all their size and degree of funding.

With only two first time competitors this swim meet, one would expect much lower rate of personal best performances. You just don't see every swimmer make a best time in every event at a competition. But with the unique training philosophy this swim team has, it really didn't surprise anyone associated with the Tigers. Founded two years ago upon the beliefs that skyrocketing membership fees and onerous fundraising had put speed swimming out of the reach of the average family, the Flying Tigers have returned the emphasis to where it belongs: developing the finest swimmers to their own level of personal excellence.

The Tigers receive a great deal of advice and guidance from Swim Canada, the national governing body of speed swimming. A pilot project to encourage higher achievement within age group clubs is currently going well, but the Flying Tigers have taken the process one step further. All swimmers in their competitive levels receive their training from Manitoba's top age group coach, with techniques normally associated only with senior training being put into a format even the youngest Tigers can relate to and learn. It has taken 12 months to teach to these eager youngsters, but the time invested has been well worth it. You could tell on October 14 and 15.

"We had some comments made by a few people at this meet. Mainly they were asking why the Tigers, with their very visible orange caps, were winning every heat they were in," says head coach Michele Bezpalko. "Sometimes Tigers would show up first through third. When these young folk started last season, we had hardly anyone in the fastest heats. Now, everyone comes home with ribbons. Pretty good for a bunch of kids who could barely swim to save their lives last September."

Pretty good, indeed. Some of Manitoba's fastest age groupers train with the Tigers. Swimmers like Melanie Pitcher, Andrew Mayham, Lisa Hall, Brian Verigin and Sarah Bain are rapidly moving through the top ten rankings in the province. Some, like Brian Verigin, are setting the pace for the rest of the province to follow. Brian is the number one ranked 11-12 year old male in Manitoba and a new Tiger recently moved in from North Bay. Also training with the swim team is multiple medallist at national level swim meets for the disabled is 11 year old Kirby Cote, the second fastest female blind swimmer in Canada. The Tigers may not be the largest swim club in the city, but they certainly are the highest producing club.

"I am very proud of these young people. They go out and swim their best. They are taking 17 Wing Winnipeg's name out to the swimming community of Manitoba and showing everyone just how good they are. I am very impressed with their dedication and commitment to swimming," said Mrs. Bezpalko at the end of the swim meet. "Some of these kids have a major time commitment here. They try and prove to themselves that it isn't bigger that makes you faster. It's who has the most desire, the most heart. These swimmers really are tigers in the pool, every one of them. A coach couldn't ask for a better group of young people to work with than the Tigers' swimmers."

So the first swim meet of the 1995-96 season has been a successful one for the 17 Wing Winnipeg team. For those families still interested in having their child try-out for the swim team, there are a few spots open. Please call the head coach or club president for more information.

INFO: Major Art Hall 833-6339 Michele Bezpalko 837-1199
(Team President) (Head Coach)



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On the other hand, the Legion would be enriched by the experience, enthusiasm and good sense that you could bring to the branch. Such qualities are always required to maintain a dynamic and progressive organization.

Why not come over to the branch and get acquainted?

For more information about the Royal Canadian Legion, contact a Legion branch or Dominion Command at 359 Kent St, Ottawa Ontario, K3P 0R7.

Letter from the Public Relations Coordinator of the Winnipeg Military Community Council

By Capt Bill Dymond, WMCC Publicity

Having a lengthy affiliation with Married Quarters Councils (MQ Councils) and as the current Public Relations Coordinator of the Winnipeg Military Community Council (WMCC) I would like to take this opportunity to discuss MQ Councils and what they do for you, the Married Quarters (MQ) resident.

Under the authority of Canadian Forces Administrative Order 50-21, and the direction/guidance of Wing/Base Commanders, MQ Councils, such as the Winnipeg's MQ Council, are established. The MQ Council, being voluntary in character, may either be democratically elected, or appointed by the Wing/Base Commander. The Council has the mandate to represent the MQ residents, always striving towards the betterment of community life. The MQ Council orchestrates the bringing together of all segments of the MQ community interests and facilitates cooperative study, planning and action to enhance the life of the MQ community. In particular, the military community's unique requirements are attended to.

The MQ Council is structured consistent with the MQ community's needs, and as such no two MQ Councils are identical. However, all consist of an executive body (President, Vice President, Secretary and Treasurer), members (Ward Councillors and Coordinators such as Publicity Coordinator, Youth Social Interest Coordinator and Block Parent Coordinator) and Ex-officio members (representatives from various Wing/Base organizations such as the Military Family Resource Centre, Physical Education, Administration, Padres, etc).

The last posting season has created many vacant positions on your local MQ Council, and to permit the MQ Council to best serve the military community these positions urgently need to be filled. If you are over eighteen years of age and wish to "get involved" in your community, contact any member of your local MQ Council (as indicated below), as you will be most welcomed.

WINNIPEG MILITARY COMMUNITY COUNCIL

LOCATOR LIST

Rank/Title	Name	Position	Work	Wk No.	Address	Home No.
WO	Pete Fortier	Mayor	CFRC	983-8599	15 Ladywood	837-9034
Capt	Claude Villeneuve	D/Mayor	WG Hospital	833-5777	488 Sharp	885-4659
Cpl	Mark Pharoah	Tresr	WCompt	6935	104 Blanche	489-8301
Cpl	Tina Sandford	Secretary	ACHQ	5396	453 Carpathia	489-9708
Cpl	Mark Morley	Playgrd Ward 9	CFRC	983-3680	107G Sabre	888-8814
Mrs.	Peggy Kuffner	Thrift Shop Mgr			63 Cornwall	885-2663
Ms.	Heather Goodman	Thrift Shop A/Mgr				831-8531
MCpl	Cathy Preece	Ward 1	WSup	5695	383 Grenadier	489-7697
Sgt	Maryann Beaugrand	Ward 2	ACHQ	5587	425 Carpathia	489-6770
Cpl	Emmanuel Turner	Youth Coord	Dental	6126	396 Kenaston	489-4095
Mrs.	Linda Belisle	MFRC Liaison	MFRC	489-7003	425 Grenadier	488-9955
Sgt	Alf Burt	Ward 4	CE	2262	17 Doncaster	489-1784
		Vacant				
MCpl	Del Badiuk	Ward 5/ SS Rink/RVs	402Sqn	5109	308 Ubique	488-2860
		Vacant				
Cpl	Doug Button	Block Parent/ Ward 10	WOps	5205	481 Conway	897-7322
		Vacant				
		Vacant				
MWO	Tom Lajoie	Ward 7	WCE	2256	155 Braintree	832-9156
Capt	Bill Dymond	Ward 8/Publicity	ULO Wpg	2179	40 Listowel	885-2218
Cpl	Rob Never	Ward 8/SHCC Liaison	WTN	6054	27 Silverwood	837-5803
Cpl	Jack Baggs	Ward 9	402 Sqn	5248/5404	109H Sabre	837-9334
MCpl	Marilyn Colwell	Ward 9	WSup	6122	114C Sabre	889-0571
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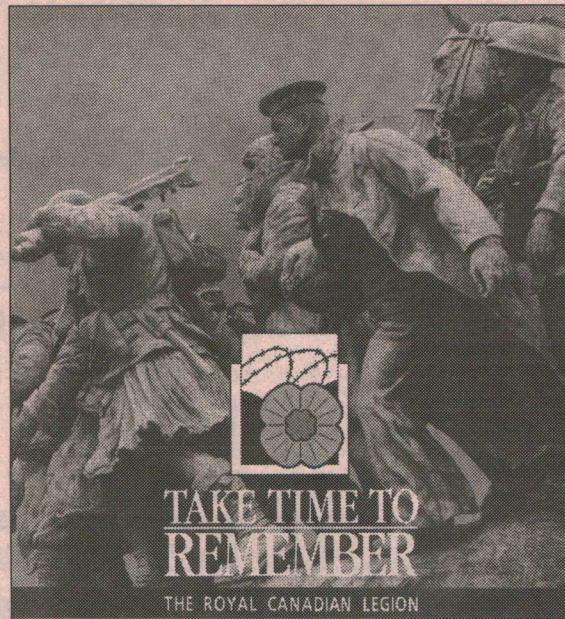
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