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VOL. 43 ISSUE 13

17 Wing Winnipeg / 17e Escadre Winnipeg

JULY 19, 1995 / FREE

Change of Command



LGen Clements inspects the ranks for the last time during the AIRCOM Change of Command Parade on 27 Jun 95. Not only is he leaving the position of Commander of Air Command, he is also retiring after 36 years of service. (Photo by Cpl Doug Desrocher)

At 1100 hours on Tuesday, 27 June, LGen Al DeQuetteville became the 10th Commander of Air Command at a formal Change of Command parade held in front of 17 Wing Winnipeg's 16 Hangar.

A static display of aircraft including a C 130, CF 18, Tutor, Airbus, Arturus, a Dash 8 and a Jet Ranger made a dramatic backdrop to the personnel on parade who performed flawlessly.

After LGen Paddy O'Donnell, the VCDS witnessed the signing of the transfer of command documents by LGen Clements and LGen DeQuetteville the ceremonial passing of the colours between the outgoing and incoming commanders was carried out as a fly past of four CF 18's, four Tutors and three Jet Rangers roared overhead.

In his acceptance speech, LGen Al DeQuetteville, promised to focus on the following objectives 1) to maintain the flight plan as it currently exists, 2) to stabilizing current air force operations while downsizing and restructuring and 3) to strengthen internal communications so that clear guidance is given while at the same time authority and decision making processes are devolved to even lower levels of authority.

To our new Commander... welcome aboard!



Left: LGen Clements and LGen DeQuetteville sign the transfer of command documents with VCDS LGen O'Donnell signing as witness. (Photo by Cpl Stephane Gervais)



Right: The Colours go by the dias as the parade march-past bids farewell to LGen Clements and welcomes LGen DeQuetteville as the new Commander of Air Command. (Photo by Cpl Doug Desrocher)

17 Wing Transport Sqn Adopts a Highway

By Capt Neil Kinley

"We found everything you could think of; beer bottles, old shoes, newspaper, pop cans, furniture, tires, and roadkill," said Capt Pat Hanson. "We even saw tire tracks leading up to a small tree where we found the grill off a car. You name it, we found it."

Hanson and other personnel

from 17 Wing Winnipeg Transportation Squadron were scouring the ditches and medians along the Trans-Canada Highway east of Winnipeg, picking them clean of garbage. Wing Transport volunteered to be responsible to clean up an eight kilometre stretch of Highway No. 1, under the Manitoba Department of Highways,

Adopt-A-Highway Program.

While travelling in Colorado a few years ago Maj Stu McDonald, the Wing Transport Officer, saw numerous signs along highways announcing that organizations, clubs, schools, and businesses were responsible for litter control. When he moved to 17 Wing in 1994, Manitoba had just started their Adopt-A-Highway Program and McDonald put the idea forward.

"I thought it would be an appropriate thing for a Wing Transport Sqn to do," says McDonald. "We are major users of roadways, and this is a good activity from both an environmental and citizenship perspective."

After consulting the Wing Commander, Maj McDonald contacted the Department of Highways offering his squadron's services.



Personnel from 17 Wing/CFB Winnipeg Transportation Squadron prepare to attach a base sign to the Adopt-A-Highway sign along the Trans-Canada Highway east of Winnipeg. Truckers from 17 Wing cleaned up the median and ditches along both sides of an eight km stretch of Hwy No. 1 east of Wpg. (Photo by Capt N. Kinley, 17 Wing)

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Adopt a Highway

(cont'd from page 1)

GARBAGE PICKERS!
No, Capt Hap Hanson and MWO Jim Wright did not draw extra duties! They were part of a group from 17 Wing Transportation Squadron that cleaned up a stretch of the Trans-Canada Highway east of Winnipeg on June 2, 1995. Wing Transport carries out this activity under the Manitoba Dept of Highways Adopt-A-Highway Program. (Photo by Capt N. Kinley, 17 Wing)



"We wanted something along the Trans-Canada Highway, not a highway off the beaten track," says McDonald. "Since the stretch west of Winnipeg, near the base, was one of the first handed out we chose the eight kilometre stretch just east of the city."

Wing Transport is responsible to clean up both ditches and the median along this stretch of the Trans-Canada Highway twice per year. The Department of Highways erected signs on both sides of the highway thanking 17 Wing Transportation Squadron, and the truckers added CFB Winnipeg signs to better advertise the base involvement.

Over twenty truckers, including Maj McDonald, spent a day in the ditch cleaning up the Trans-Canada highway. They even received some help from the Wing Logistics Officer, LCol Lee Smith, who spent the morning with a garbage bag in his hands. It was difficult work

with temperature reaching 30 degrees Celsius and strong Manitoba winds blasting the group all day.

Passing motorists even offered their thanks to the truckers with many waving or honking as they flew by in their cars and trucks. At the end of the day an endless trail of green garbage bags were piled neatly along both sides of the Trans-Canada Highway, to be picked up later by the Department of Highways.

"I thought the guys might be reluctant to do this, but they enjoyed it," says McDonald. "It was hot, windy, and dry, and there was no shortage of garbage, but they did a great job."

"I recommend all Wings get involved in this type of activity," adds Maj McDonald.

"We do something for the province and the environment, and get some good PR in the process."

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95-06-05

Commanding Officer
Canadian Forces Base Winnipeg
Westwin, Manitoba R3J 0T0

Dear Sir:

On 95-05-10 at 0900 hours, members of Warman Detachment were dispatched to a motor vehicle accident in the Langham District on #16 Highway. The accident involved a car and a semi truck and there were injuries. We are in receipt of a memorandum from the NCO i/c Warman Detachment advising that some of your personnel were instrumental in aiding our members at this accident scene. When our members arrived, the military personnel had initiated traffic control, were attending to the injured persons, and had secured the scene. They utilized an overhead hoist on their truck in an attempt to lift the car that was partially under the semi to rescue the injured driver. They further assisted in the removal of the deceased passenger.

I would particularly like to recognize the soldiers who assisted the injured driver. They crawled into the overturned car that was partially lodged under the truck. The truck was leaking fuel at this time. These soldiers, at great personal risk, offered first aid and comfort to the injured male and assisted the medical team in the difficult removal of this victim from the car.

Unfortunately, our members were unable to obtain the names of these soldiers, but it was determined that the military personnel were from the Princess Patricia Canadian Light Infantry 2nd Battalion Winnipeg, en route from Winnipeg to CFB Wainwright, and that Warrant Officer HAINES, was in charge of the personnel. He had organized and deployed his troops in an efficient and effective manner.

I would ask that you extend our heartfelt appreciation to those involved. These soldiers are to be commended for their professionalism and dedication to duty in this serious motor vehicle accident investigation.

Yours truly,

A.A. MURRAY, Insp.
A. Officer Commanding

Letter of Appreciation to the 2PPCLI

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Produced by/Produit par PEMBINA PRINTING LIMITED

Editor-in-Chief/Rédacteur-en-chef	L.Col D.R. Marchment	-833-5281	VOXAIR is the unofficial Service newspaper of 17 Wing Winnipeg and is published every two weeks under the authority of the Wing Commander, Col. G.E. Sharpe, C.D. Opinions and views expressed do not necessarily reflect those of the Editor, the Wing Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to: VOXAIR, 17 Wing Winnipeg, Westwin, Manitoba R3J 3Y5	VOXAIR est le journal non officiel de la 17e Escadre Winnipeg et est publié avec la permission du Commandant de l'Escadre, le colonel G.E. Sharpe, C.D. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministre de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. Toute correspondance doit être adressée à: VOXAIR, 17e Escadre Winnipeg, Westwin, Manitoba R3J 3Y5
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DEADLINE 4 AUG 95/DATE DE TOMBÉE 4 AOÛT 95
NEXT ISSUE 23 Aug 95/PROCHAINE EDITION 23 AOÛT 95

Second Class Mail, Reg. No. 1725 ISSN 0300-3213



"ASK MR GREENTREE"

Well, what a hectic month...17 Wing started so many environmental initiatives, it is hard to know where to start! During Environment Week (4-10 June), the expanded paper and cardboard recycling program officially kicked off with the Wing Commander being presented with his personal recycling bin. He also accepted the new "17 Wing Naturally" logo from the Wing Logistics Officer. (See photos at right).

For the rest of the month, the Roads and Grounds staff have been diligently working on implementing the naturalization program around the N Site. This is the reason for all those hedges being put in and many of the annual plant beds being replaced. Every time you see one of these projects, you will see the logo "Our Present, their future". This logo will serve as a reminder that the naturalization program is not short-sighted and that our children will benefit from our efforts today to improve the environment.

Now to switch gears. The only general interest question asked of me this month was "are you going to put more

plant pictures in soon?" and not wanting to fail my loyal reader(s), here we go...

• **Black-eyed Susan** •

This bright yellow flower with its chocolate-coloured centre grows to about two feet high. A plant can have up to 25 individual flowers and will be a popular gathering place for butterflies. Because it is so attractive, this plant is actually fairly rare in the wild.

• **Bergamot** •

This member of the mint family has showy purple masses of flowers which start to appear in July. It too is an attraction for butterflies and for hummingbirds. The average height of the plant is about two feet.

• **Canada Milkvetch** •

This plant with its creamy white spike flowers can grow up to three feet tall. It is very fragrant, attracts butterflies, and will flower for the whole summer. It adds nitrogen to the soil in the same way that alfalfa does.

• **Canada Anemone** •

Showing its white buttercup-type flowers in June and July,

this plant can be found in shady areas and will spread over quite an area. It is a relatively short plant seldom growing higher than a foot tall.

I have run out of space for today. However, on a closing note, I would like to wish you all a good summer and remind you boaters to be careful with your marine gas and oil. Canadian boaters contribute twice as much water pollution each year as the Exxon Valdez spill. So while keeping the water out of your gas, keep your gas out of the water.



Black Eyed Susan (Rudbeckia hirta)



Bergamot (Monarda fistulosa)



Canada Milkvetch (Astragalus canadensis)



Canada Anemone (Anemone canadensis)

Environment Week



ENVIRONMENT SIGNS
The W Comd, Col Sharpe, and the W Log O, LCol Smith, show off the new 17 Wing Environmental sign. With 17 Wing being a "Green Base", these signs can now be seen around the Wing. (Photo by Cpl Dave Payne, 17 Wing)



WHAT REALLY HAPPENS TO YOUR MEMOS!
In an effort to save time and paper the W Comd has made his new Blue Box his official "In" basket. The W Comd justified this initiative and said, "By putting mail directly in the recycle box we will eliminate several steps in the paper chain, and reduce everyone's workload as a result." Sara Daignault, the W Comd's secretary, demonstrates the new paper handling procedures now in place in the W Comd's office. (Photo by Cpl D. Payne, 17 Wing)

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Grand Opening

Westwin Community Centre

On 31 May 95 the Mayor of Winnipeg, Her Worship Susan Thompson; Winnipeg City Councillor for St. James, Jae Eadie; WComd 17 Wg, Col Sharpe; Honourary WComd, Col Van Ruiten; Community Association Chairperson, Maj Costello; Community Council Mayor, Capt Dymond; and hundreds of the military community members participated in the Grand Opening of the Westwin Community Centre.

Mayor Thompson and Councillor Eadie signed 17 Wing's official guest book and assisted with the Westwin Community Centre's ribbon cutting and cake cutting ceremonies. A tour of the Centre was provided for all in attendance, and representatives from the Winnipeg Military Community Association, Winnipeg Military Community Council, Recreation Council, Military Family Resource Centre, Wing Library, and the Ceramic Club were on hand to discuss and show what their organizations provide to the military community.

CANEX staff grilled delicious hot dogs and hamburgers, and Marianna Banana (a clown) entertained children of all ages.



Just clowning around! Marianna Banana entertains children that attended the Grand Opening.



Ribbon Cutting; Wpg Mayor, Susan Thompson; Honourary WComd 17 Wg, Col Van Ruiten; WComd 17 Wg, Col Sharpe; WMCA Chairperson, Maj Costello; and Wpg City Councillor for St. James, Jae Eadie.



CANEX's friendly staff cooks burgers and hot dogs for those that attended the Grand Opening.

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CFANS Update

By Capt A.R. Plot

As we swing into the "other" season found in Winnipeg (you know — the one that is not winter — I believe it is called "construction"), when one normally finds things winding down for a few months, work seems to be on the increase at CFANS. Over the APS, we will be losing (or have already lost) twelve instructors. The replacements (all six of them) will begin the NIC in late July to become qualified as fledgling navigation instructors by October. In addition, a Navigator recertification course will be run for our fellow navs who have not been flying for a while. This will all go on while still instructing the four nav courses in-house, plus two more: 9505, beginning in July, and 9506 in August. As you can see, it is going to be a busy summer. But it is going to be great — the flying hours and instructional time will be piling up!

Meanwhile, on the student side, 9407 (and then there were three) is beginning to settle in to the onerous duty of serving as the senior class. Figuring that they have already procured the best classroom, they did not harass any junior classes to get a new one. Instead, they have hit upon a new pastime. They have discovered "Transport Bashing". This sport, long honoured in the Maritime Air world, consists of making continuous comments on the operational usefulness of Maritime Air, while ensuring that others (especially those of the Transport variety) hear endless streams of comments on the lack of operational missions in Transport. It really is all in good fun (but sometimes I wonder about the gleam in Tia Riou's eyes and obvious delight in this sport).

As this article is being written, 9508 is preparing for their OTU trip, where they will discover for themselves the different operational jobs open to new navs, and where they can try to discover their niche. After a whirlwind tour of Greenwood, Shearwater, and Trenton, they shall return enriched with volumes of knowledge on what to expect in their first tour. Behave yourselves — we want to have future classes invited back (plus I hear that Maj Godwin is going — don't drive him too crazy).

9502 is rapidly approaching that ominous F-16 air plot checkride. I am not saying that they are under a lot of pressure, but my sources have told me that Jason Burt started dosing off in a class once and woke himself up with a start, shouting something about "Snap alter heading!"

Meanwhile, 9503, the CFANS equivalent to the United Nations, has been settling in to the beginning of air plot phase. The Canadian four have been showing the Singapore four how to enjoy the warmer season in Winnipeg. With the warm weather recently, I think that the boys from Singapore are beginning to wonder if the stories that they heard about the Manitoba winters can possibly be true. Stand by for an update on that (sometime about mid-January).

Well, that is about it for this version of CFANS update. Stay tuned for the next one (with a mystery guest writer).

The Wing Recreation Library has found a new home in the brand new Westwin Community Centre. We have been very busy setting things up and also have done quite a bit of cleaning house. As a result, we will be offering a number of adult fiction books for sale at the very LOW LOW PRICE of 25 cents each. From now on every Saturday for the summer months we will have a table full of books for members to browse through and hopefully buy. In September, whatever has not sold will be donated to the Children's Hospital Book Mart.

The Library is going to have a book reading group for children ages 6-10 years old on Wednesday afternoons from 2 - 3 p.m. Volunteer readers are needed. Registration will take place at the Family Resource Centre across the hall from the Library. This is a summer venture and when school starts we will continue these readings with preschool children 3-5 years old.

New Library hours are: **Monday, Tuesday, Wednesday, Thursday** 1300 - 2000 hrs
Saturday 1300 - 1600 hrs

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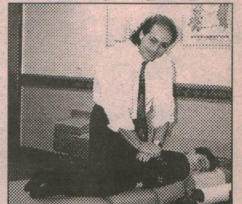
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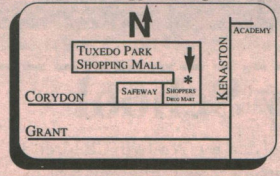
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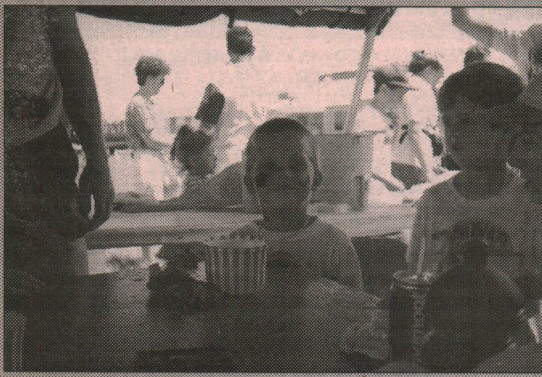
MFRC ANNOUNCEMENTS

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17 WING FAMILY DAY - 17 JUNE



Families enjoying the activities on Family Day.



Nursery School

The Lipsett Hall Nursery School and the Westwin Children's Centre will both be offering nursery school programs for children who will be three or four by December 1995.

Registrations are now being accepted at Lipsett Hall any morning or call 833-6846 for more information. Registration fee is \$15.00. Please register early so you get the location and times you prefer!

Our Nursery School Program offers the pre-school child a chance to socialize in a happy friendly environment. Activities include learning centres, stories, songs, free play, arts and crafts, drama and large muscle play.

IS LIFE A TUXEDO AND YOU'RE THE WHITE SOX?

by Rae Rankin Outreach/Resource Coordinator

It can feel that way whenever our partners are away for extended periods. Almost magically it seems as though we cease to exist to the greater community. In some cases our civilian friends or family begin to distance themselves from us as if our solitude were contagious. To make matters worse, we are sometimes the unwilling recipients of coping advice, platitudes like how everything will be fine or shots about how rotten the military is; none of which provides much support or encouragement. The corker for me was having someone tell me Monday morning, that she didn't call over the weekend because she didn't want to BOTHER me! For WHOM would it have been a bother I ask!

If any of this sounds familiar you may be interested in an alternative offered by the MFRC Outreach Department. WARM LINE is a telephone contact to partners with military members serving on extended TD's/deployments. Anything in excess of one month would qualify as would positions involving routine travel.

The primary objective of Warm Line is to ensure the partners remain connected to both MFRC and military resources as well as those in greater Winnipeg. A secondary function is to foster a genuine sense of community to reduce feelings of isolation and loneliness. Warm Line offers you the opportunity to talk to someone who not only cares about what you are going through but who won't broadcast what they've heard.

Warm Line volunteers are women who have received special training and understand the importance of CONFIDENTIALITY. They are all with the program to offer something they would have enjoyed receiving themselves. Having worked closely with these women for 18 months, I can attest to their sincerity, professionalism and discretion.

If this service sounds right for you, please ensure your partner completes the Warm Line info sheet at the Orderly Room prior to departure or you can contact Rae or Beth at 489-7003.

ST. ANDREWS WOMEN'S GROUP are looking for a person to do child care during group meetings. Hours of employment would be **Tuesdays and Thursdays from 9:30 - 11:00 am starting in September.**

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WINNIPEG HARVEST & Main Street Project NEED YOUR HELP !

With the coming of summer, Winnipeg Harvest is in desperate need of assistance. Right now, their shelves are quite empty despite ongoing support from citizens.

With the Posting Season fast approaching, members of 17 Wing will be busy moving their families to new places. Not all food products are moved with the members, so please consider giving non-perishable, un-opened food products to the Winnipeg Harvest food bank.

Winnipeg Harvest has been providing food for needy families within the city, including the military community, for many years and would like to continue to do so in the future. Recent food

drives have left Harvest well below their much needed requirements!

Members wishing to contribute any non-perishable food items may drop them at the Military Family Resource Centre at 350 Doncaster St or the Westwin Community Centre, Bldg 33 during normal working hours, or Winnipeg Harvest at 1085 Winnipeg Ave (1 block north of Notre Dame Ave & McPhillips St).

Anyone wishing to dispose of unwanted furniture or household items such as pots, pans, dishes, etc. may do so by calling Mr Pat Dacey (mornings only!) at the Main Street Project, 982-8240. Mr. Dacey will pick up any items you would like to donate and they will be passed to less fortunate people who are in need.

For further information, please contact Valerie Hudson at the MFRC, 489-7003.



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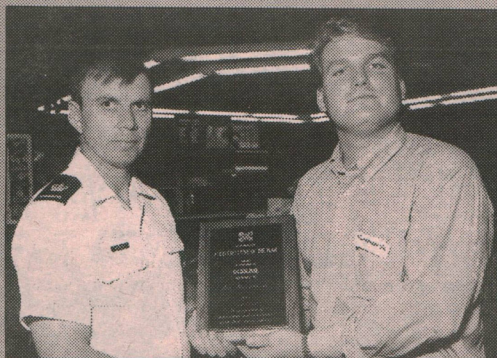
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Order your ENTERTAINMENT TREASURE CHEST BOOKS now for pick-up at the Registration Fair Sept 9. Call the MFRC at 489-7003

Food Services Award Winners



CANEX Services Manager PO1 Mercier is presenting Jon Kristjanson the Manitoba Food Executive of the Year. We are pleased to advise that Mr Jon Kristjanson, Food Services Manager at 17 Wing Winnipeg, has been selected as Manitoba's Food Executive of the Year by the Manitoba Branch of the Canadian Food Services Executives Association, and will be representing his region for the selection of National Food Executive of the Year.

Jon has done an outstanding job in developing the CANEX food services business at 17 Wing, and we are delighted that his contributions to the industry has been recognized in this manner.



LCol R.F. Gordon HQ Commanding Officer from Air Command is presenting a plaque of appreciation in recognition to the great service the CANEX staff at Air Command Cafeteria has been providing to their clientele. From left to right Carolyn Doherty, Viola Shupe, Wendy Trudel and Connie Borges. Not present: Sidney Simpson, Paul Ambalina, Darlene Dean, Barbara Wright and Lynda Stevens.

Job well done everyone.

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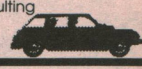
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UN Update - Haiti

By Captain Guylaine Coderre,
PAFFO for CCUNMIH.

The mandate of the United Nations Mission in Haiti is to assist the democratic Government of Haiti by sustaining the secure and stable environment established during the multinational phase, and to support the creation of a separate police force. The Canadian Contingent's role is to assist the United Nations in achieving its mandate through the provision of an Aviation Squadron (8 CH-135 Helicopters) for the UN Force Composite Aviation Unit; an Airfield Engineering Squadron for the UN Force Engineer Battalion; and a Medium Transport Flight for the Force Logistic Organization. The Canadian Contingent United Nations Mission in Haiti (CCUNMIH) has 500

personnel formed mostly from Air Command resources across Canada, with 75 of them being from CFBs Ottawa, Petawawa and National Defence Headquarters. There are 26 Canadians working at the UNMIH HQ. The aviation squadron, which is formed of 113 personnel, has the mission to provide transportation of personnel and cargo, and to do reconnaissance and surveillance flights. Included in the transportation of personnel is the transport of VIPs. Thus far the squadron has had the privilege of providing transport for the Secretary General of the UN, Boutros-Boutros Ghali, President Jean-Bertrand

Aristide and the UNICEF spokesperson, actress Julia Roberts. The Airfield Engineering Squadron is part of the UN CAN-AM Engineering Battalion which includes 108 Canadians and 157 Americans. The two countries are working hand in hand constructing base camps throughout Haiti to house UNMIH forces.

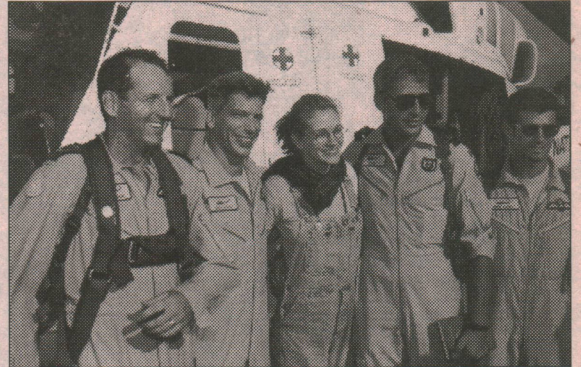
Even though their primary mandate is to provide accommodations for UNMIH troops, the engineers have found the time and the energy to work on several humanitarian projects. The troops are anxious to help the Haitians and, so far, after only six weeks in the country, the list of humanitarian projects is already long. In their spare time, the engineers have built a pedestrian bridge, a soccer field, a roof and benches for a school, installed gabions at a river to stop the erosion of the fertile soil, and built a new roof at the national prison. There are several projects being planned, and it is the intention of the engineers to work full time on UN funded community aid projects as soon as the camp construction phase is complete near the beginning of August.

The Haitian people have responded enthusiastically to the engineers' involvement in their communities, and they willingly give a helping hand whenever they can. The Medium Transport Flight (MTF) is the only unit providing a troops and materiel carrying ground transport capability to UNMIH. MTF is comprised of

36 military personnel and operates 16 Heavy Logistics Vehicle Wheeled (10 ton trucks). Tasked to go everywhere in Haiti, MTF has found some of the roads in really poor condition, in many cases almost non-existent, and in some areas, totally washed out after a heavy rain. MTF, with its trucks, is really one of UNMIH's best assets for maintaining the mobility of the UN Force. Although extremely busy with mission related tasks, the members of CCUNMIH always find time for helping the local population. A food bank, a collection of leftover construction material, and a water bottle recycle program had been created by the initiative of the members.

When we see our neighbours living in mud huts with dirt floors, we know that any containers and pieces of wood are welcome. All donations are coordinated by the CCUNMIH Civilian Military Coordination Officer through local Canadian missionaries and UNICEF. Not satisfied with giving just material, 36 volunteers are also giving their time to teach English to 180 Haitians at one of the military camps at Port-au-Prince. And the Haitians are proving to be zealous students with a thirst for learning. It is rewarding to do all these things for the Haitians, because they are appreciative and willing to participate. And typical of Canadian Peacekeepers, our people enjoy getting to know a different people and culture and lending assistance to those who are truly in need.

—Pretty Woman UNICEF Spokesperson—



The helicopter squadron is in Haiti giving transportation to UN Forces. Here the crew is posing with the UNICEF spokesperson, Julia Roberts. (Left to right) Corporal Collin Brydon, Captain Mario Coutu, Julia Roberts, Sergeant Pete Lewis and Captain Drew Gagne.

—Canadians at work—



Left to right) Sergeant Lloyd Larsen, from CFB Cold Lake; Corporal Ted Boutin, from CFB Winnipeg; and Master Corporal Ken Purcell, from CFB Greenwood, and all members of the engineer battalion, are working on an humanitarian project of saving erosion of fertile soil.

A BADGE FOR 17 WING

A proposed badge design for 17 Wing was recently submitted to Air Command Headquarters to commence the process of receiving Vice-Regal assent. To select this badge

design, a contest was held late last year and suggested designs were submitted by members of the Wing. A committee was formed to judge the submissions and a

winning design concept was selected. It was submitted by MCpl A.C. MacKenzie, a Firefighter in the CE Squadron.

While the black and white rendition does not do it justice, the full colour version is very attractive and consists of a silver-grey abstract aircraft superimposed on a brownish-orange canoe with aquamarine and royal blue water and a light blue sky. This design will be surrounded by the standard frame for a Wing badge which consists of a crown, maple leaves and a scroll with motto.

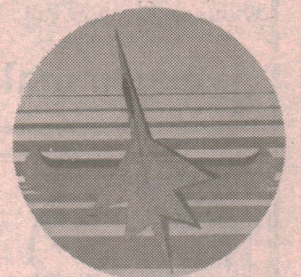
The water represents the primary access routes which made Winnipeg, being situated at the junction of the Red and Assiniboine Rivers, a major centre.

The canoe depicts one of the main sources of transportation used for trade, exploration and

the development of Manitoba.

The abstract aircraft represents the multi-function role 17 Wing has played throughout the years. Its futuristic design is recognition of 17 Wing's contribution to the future of the Air Force through its training and professional development activities.

The motto will be HERITAGE, a single word with the same meaning in English and French. The canoe in the badge represents the heritage of Winnipeg from historical and geographic perspectives. Further to that, 17 Wing has a long heritage as one of the first air bases in Canada as well as the long standing home of the Air Force. The juxtaposition of the aircraft with the canoe displays the concept of



building the future on the heritage of the past.

For submitting his winning design, MCpl MacKenzie received an award of \$100 from the Wing Ideas Programme. Congratulations to him for what will no doubt be a lasting contribution to the history of 17 Wing.



MCpl A.C. MacKenzie being presented with \$100 in gift certificates by LCol A.L. Smith, W Log O, for his winning Wing badge design concept.

Air Command Presentations



P02 PF Rohe (Surg), Maj DW Shuster (SAMP), Cpl MT Duncan (1 AMS), Cpl KR Chopyk (W Sup), MCpl R Ross (402 Sqn), Cpl JA Vanderwal (1 AMS), Capt IS Groen (Ops), Capt JE Dessert (TIS), Cpl DA Edwards (Exec Wing), Capt DM O'Neill (Log), and Capt RK McLeod (Log) were awarded their CD by Lieutenant-General GS Clements.



LCol MP Kennedy (DFS), LCol CL Little (P&R), LCol WJ Neumann (Ops), LCol RC Wolowidnyk (CE), Maj RC Alexander (TIS), Maj M Hoggard (Trg), Maj SL James (P&R), Maj SRS Murphy (Ops), Capt J Gillespie (Maint), Capt GW Nichols (Trg), CWO JLD Gilbert (Sp Ops), MWO JGM Donais (Maint), MWO MT Webb (402 Sqn), WO YEJP Brunet (CE), WO FA Moores (435 Sqn), and MCpl RJ Fry (TIS) were awarded their CD1 by the Commander of Air Command.



Capt RJ Simmons (Res) and Maj AP Johnston (Trgs) are seen receiving their CD2 from Lieutenant-General GS Clements.



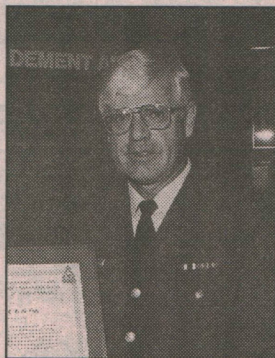
Lieutenant-General Clements and CWO JLG Parent (the departing CCWO) presented CWO RN Elphick with his Certificate of Appointment and his new epaulette for his new appointment to Air Command Chief Warrant Officer.



Cpl DA Berendsen (W TN) and MCpl D Jordan (402 Sqn) were awarded their SSM with NATO bar by Lieutenant-General GS Clements.



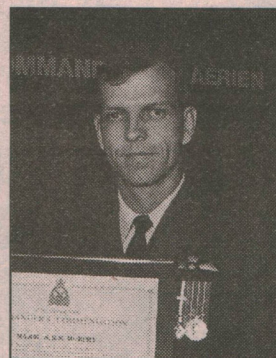
Maj SL James - Commander's Commendation



LCol CL McFate - Commander's Commendation



Mrs Wendy Williams - Public Service Retirement Certificate



Maj SRS Murphy - Commander's Commendation



CWO JAJ Charest (Log) - Chief Warrant Officer Scroll



CWO JCC Morneau (Maint) - Chief Warrant Officer Scroll



Capt LE Rourke - OPDP Diploma of achievement



Lt(N) BR Thompson - OPDP Diploma of achievement



Maj Turkington - Commander's Commendation for The MOC 500 Restructure Team



MWO Compton - Commander's Commendation for The MOC 500 Restructure Team

CFSAS

P R E S E N T A T I O N S



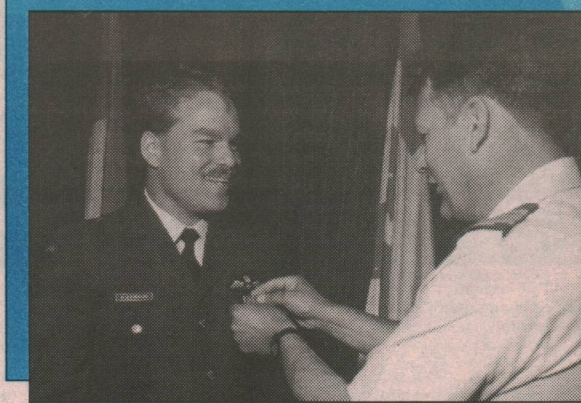
Major Norm Bell is presented with his new rank on 16 Jun 1995 by Lt Col David McCoubrey, Commandant, Canadian Forces School of Aerospace Studies (CFSAS).



Major Larry Arnold is presented with his new rank on 16 Jun 1995 by Lt Col David McCoubrey, Commandant, Canadian Forces School of Aerospace Studies (CFSAS).



Captain Tressa Home is presented with her Canadian Forces Decoration on 16 Jun 1995 by Lt Col David McCoubrey, Commandant, Canadian Forces School of Aerospace Studies (CFSAS).



Captain Paul Kissmann is presented with his Canadian Forces Decoration on 16 Jun 1995 by Lt Col David McCoubrey, Commandant, Canadian Forces School of Aerospace Studies (CFSAS).

DCOS Training Presentations



LCol D.D. Peart, DCOS Trg, Air Command Headquarters presented Capt Christian Perreault with his CD. Congratulations for a job well done.



LCol D.D. Peart, DCOS Trg, Air Command Headquarters and CWO R.D. Frosst, SO PD 3, Air Command Headquarters present Cpl Laurie Charlebois with that rank effective 5 May 1995. Congratulations from all the staff at DCOS Trg.

PRESENTATIONS



LGen G. Scott Clements, Comd AIRCOM, presenting Col H.G. Harper, DCOS Maintenance, with his certificate of service. Col Harper is retiring after 30 years of service.



Cpl Watson from Militia Servicing Section in Thunder Bay received his CD2 from LCol Smith. Congratulations!

PROMOTION



LCol D.R. Marchment, W Admin O, presents MCpl Keith White with his Sgt rank. Sgt White from the Language Training Center was posted to 17 Wing Log as a MSE Op.

The Graduates



Congratulations to the new graduates! These people have recently been awarded a bachelor degree from the University of Manitoba. They are, from left to right: Capt Bernard Teonders of CFSAS (Bachelor of Science), Maj Garry Leech (Bachelor of Arts), Lt Christopher Kovacs of 402 Sqn (Bachelor of Science), Lt Daniel Sajtos of 402 Sqn (Bachelor of Science), Brenda Campbell (Bachelor of Education), Capt Bruce Carnegie (Graduated in February with Bachelor of Arts), and Capt Gayle Quick (Bachelor of Nursing). Missing in the photograph is Lt Brian Kennedy who also graduated with a Bachelor of Commerce (Honours).

Retirement



LGen Scott G. Clements, Commander Aircom presented BGen R.S. Dziver, Chief of Staff ACES, with his certificate of service. BGen Dziver is retiring from the CF with 37 years of service.

OUT OF THE FIRE

by: Capt Neil Kinley

"Downwind the smoke was rising 15,000 to 17,000 feet. You could see flames completely enveloping trees and rising well above the tree tops," said Capt Martin Hickey, a pilot with 435 Transport and Rescue Squadron, after flying into Bearskin Lake in northwestern Ontario to evacuate the community.

Two Hercules aircraft from 435 Sqn based at 17 Wing Winnipeg were launched on June 15, 1995 to fly the residents of Bearskin Lake to safety, when flames from forest fires came within four kilometres of the community. Bearskin Lake is approximately 600 kilometres north-east of Winnipeg.

With the situation critical, the crew of the first Hercules ran to their aircraft and were airborne about 45 minutes after the call came in. They arrived at Bearskin Lake and found the winds favourable, blowing the smoke away from the airfield. However, that would change as the crews began evacuating people to Big Trout Lake, and later Geraldton, Ont.

"When we returned to Bearskin Lake after flying the first chaulk into Big Trout Lake, the winds had shifted and the fire was threatening the town," said Hickey. "The flames were, higher, smoke was moving to town, and you could see the fire jumping small lakes."

In all 386 people were evacuated from Bearskin Lake by crews from 435 Sqn. The two aircraft each flew two chaulks in carrying the residents to safety.

With some of the worst forest fires in recent years plaguing western Canada, 435 Sqn was called out three more times in the next week. From June 18-20, 435 Sqn assisted in the evacuations of Wunnummin Lake and Kasabonika, Ont., and God's Lake Narrows, Man. Aircraft and crews from 429 Squadron based at 8 Wing Trenton also assisted with the evacuations at Wunnummin Lake and God's

Lake Narrows.

All of the evacuations flown were to uncontrolled gravel airstrips that varied from 3400 to 3800 feet. The evacuation of God's Lake Narrows was particularly challenging, as it was carried out at night with the airfield smoked in.

"We couldn't see the airport until we were two or three miles away," said Capt Hickey, who also participated in the 435 Sqn evacuation of God's Lake Narrows.

Hickey commended the local Band leaders and the Ministry of Natural Resources personnel who were well organized and efficient in preparing to evacuate large numbers of people. At God's Lake Narrows the 435 Sqn Hercules spent only 14 minutes on the ground, with engines turning, while loading 113 people in the back of the aircraft.

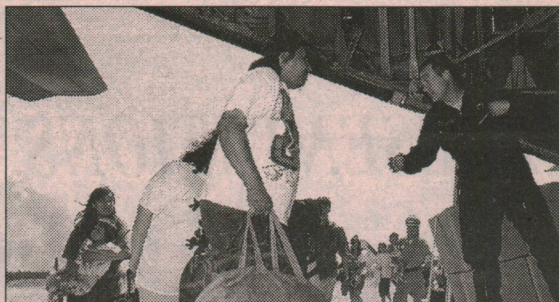
"The people were calm, considering the circumstances," said Hickey. "They brought only what they could carry on their backs, and there were a lot of mothers with babies."

The evacuees from God's Lake Narrows were flown to 17 Wing Winnipeg and bussed to temporary shelters in Portage la Prairie.

Transport crews have assisted with forest fire evacuations many times in the past, but the number of evacuations carried out during this week long period was unusual. The crews from 435 and 429 Sqn experienced a very busy and rewarding week helping people of isolated northern communities.

The crews performed admirably under some unusual conditions. Pilots filed flight plans after take-off, crews brought news media along on flights, and a lot of flying on instruments was required due to the thick clouds of smoke.

"The best work was done by the Loadmasters," said Hickey. "Their efforts, getting people loaded on the aircraft, some who had never flown before, then getting them strapped in and settled down in a very short time was tremendous."



"LOADING UP"

MCpl Neil Franklin directs residents of Bearskin Lake, Ont., onto the ramp of a CC-130 Hercules transport aircraft during the evacuation of the community due to forest fires on 15 Jun 95. Smoke from the fires is visible along the horizon. Franklin is a Loadmaster with 435 Sqn based at 17 Wing Winnipeg. (Photo by Cpl Stephane Gervais, 17 Wing)



"-STRAPPING IN"

With over 100 evacuees of Bearskin Lake aboard his Hercules aircraft, MCpl George Lake, a Loadmaster with 435 Sqn, helps strap in one of the passengers. Aircraft and crews from 435 Sqn carried 386 people from this isolated Northwestern Ontario community as forest fires threatened the town. (Photo by Capt Neil Kinley, 17 Wing)



"EVACUATION COMPLETE"

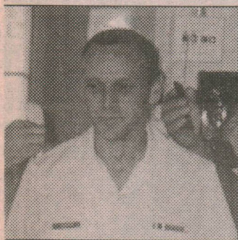
Evacuees of Bearskin Lake, Ont., stream out over the ramp of a 435 Sqn Hercules. With forest fires threatening the community, residents were flown to Geraldton, Ont. (Photo by Cpl Stephane Gervais, 17 Wing)

WING TRANSPORTATION ANNOUNCEMENT

On the afternoon of June 16, the WTNO Maj Steward McDonald called the flight together in the canteen to say farewell to some old friends and to present others with well deserved awards

With the SWO, MWO Jim Wright looking on, Sgt Denis Charron and Sgt Barry Smith were promoted to that rank while Denis also received a 10 year safe driving pin and a posting to CFB London. MCpl Ken Fecteau and MCpl Tod Jackson were busy sewing on their new rank as they left for CFB Edmonton and Calgary respectively on posting. MCpl Jackson was also presented with a 10 year safe driving pin.

A fond farewell was extended to WO Bill Temple who pulled the plug with the FRP. After 26 years in the service, the last three years here in 17 Wing, his retirement date was 9 June. Mr. Temple will continue to call Winnipeg home.



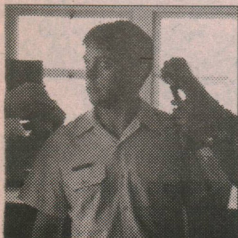
Sgt Charron



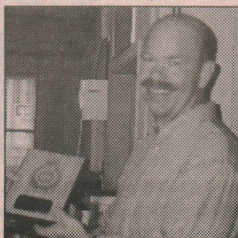
MCpl Fecteau



MCpl Jackson



Sgt Smith



WO Temple

THE STATS

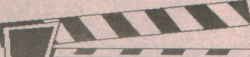
FOREST FIRE EVACUATIONS BY 435 SQUADRON

15 JUN 95 BEARSKIN LAKE, ONT.
-2 AIRCRAFT/2 CHAULKS EACH
-386 PEOPLE EVACUATED

18 JUN 95 WUNNUMMIN LAKE, ONT.
-1 AIRCRAFT/2 CHAULKS -
164 PEOPLE EVACUATED

19-20 JUN 95 GOD'S LAKE NARROWS, MAN.
-1 AIRCRAFT/2 CHAULKS
-213 PEOPLE EVACUATED



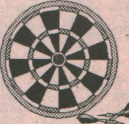



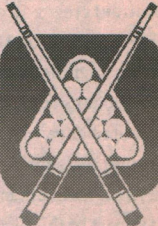
20 JUN 95 KASABONIKA, ONT.
-2 AIRCRAFT/4 CHAULKS TOTAL
-460 PEOPLE EVACUATED



CLUB 90 ACTION!

Club 90 Bar & Grill's Calendar...

all for AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Come in for a ZAPATA	 Beach	 Shooter		 Country & Western Night with LINE DANCING	 CLUB 90 Good Times!
Call our catering dept to book your Special Event	BURRITO and an OLYMPIA BEER only \$2.99+ tax.	pail of 1 COCKTAILS 8 6.99 + tax. You keep	2 2 Shooter Night You keep the tube??!	3 SHELLS IN THE PEANUTS FREE ENJOY	4 Country & Western Night with LINE DANCING	5 Enjoy a game of pool and a jug of draft ONLY \$6.99 + tax!
833-6700	14	 22 the pail!	16 Check out our new custom made shooter tubes!	17	 18 All REQUEST night	19
OR 833-6698	 21	23	24 THURSDAYS THIRSTY	25	 25 Down Homers & Shooter Night	 26
27	28	29	30 31		DJ Every Friday! 8pm to close	

3pm-close our popcorn is FRESH & FREE!!



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The next issue of the VOXAIR will be published for the 23rd of August, 1995. Watch for it!!

ANNOUNCEMENTS

Pool Schedule - Bldg #90 - SUMMER

Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
0700-0900	Open		Mil		Trg		
0900-1145	Swim		Lessons				Closed
1145-1300	Noon			Swim			Casual Swim 1300-1530
1300-1600	Casual			Swim			Closed
1600-1800	Swim Club	Flying Tigers					
1800-2000	Closed	Casual Swim	Casual Swim	Casual Swim	Closed		

Pool Schedule - Lipsett Hall - SUMMER

Time	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
0700-0900	Open		Mil		Trg		Closed
0900-1145	Swim		Lessons				Moms & Tots 1100-1200
1145-1300	Noon			Swim			
1300-1600	Casual			Swim			Casual Swim 1300-1530
1600-1800	Swim Club	Flying Tigers					
1800-2000	Casual Swim	Closed	Casual Swim	Closed	Casual Swim		Closed

NOTE: Casual Swim timings on week days will be broken down as follows: 1930 to 2000 hrs: 1 lane for swimmers

HMCS KOOTENAY WILL SOON PAY-OFF

This venerable lady has served the Canadian Navy for over 30 years and the current crew will ensure that the final year is a memorable one. This is an open invitation to all former members of KOOTENAY to come and join us from the 16th to the 19th of December as we celebrate final days of this proud warship. Special events will include, the Paying-Off Ball, family day-sails, and a final sailpast of the Victoria Waterfront. For more information please contact Lt(N) Don Mitchell, Paying-Off Officer, HMCS KOOTENAY, FMO Victoria BC V0S 1B0.

11 (Victoria) Service Battalion 25th Anniversary 30 September 1995

All former members are encouraged to attend and march in the Freedom of the Municipality of Saanich Parade at 1000 hrs, and help us celebrate at the All Ranks Dance starting at 2000 hrs. For information contact WO Henriette Fraik at (604) 363-3519 or (604) 363-8332 or write to: 25th Anniversary Committee, 11 Service Battalion, LGen E.C. Ashton Armoury, 724 Vanalman Ave., Victoria, B.C. V8Z 3B5

WOs & SGTs Mess Golf Tournament

Where: Grand Forks A.F.B., N.D.

Date: 18-20 Aug 1995

Cost: \$45.00 (Cdn)

Registration at mess NLT Jul 18th

First Tee Off 0830 hrs

****\$45.00 includes: Transportation,**

Accommodations (2 nights),

Green Fees, Tour.

PRIZES!

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GOOD HEALTH GOOD FOR YOU • GOOD FOR THE CF



If you're in good health, you'll accomplish your daily tasks with ease, and be less tired at the end of the day. You'll have more energy to enjoy your family, your friends, and your leisure time activities. You'll also be better able to deal with emergencies when they arise.

But good health doesn't come by chance. It results from many individual, positive choices that you make. Choices about active living and physical fitness, for example. Choices about healthy eating and coping effectively with stress. The choice to drink alcohol responsibly. And the choice to abstain from smoking and the use of other drugs.

The good health of individual members provides a strong foundation for other values held in high esteem by the CF. Teamwork is one of these values, as are adherence to the chain of command and a sense of mission. The CF also takes pride in its commitment to discipline, duty, honour,

and loyalty. All of these values are essential to the operational readiness of the CF and crucial to the success of any initiative.

In short, good health is absolutely fundamental to being an accomplished CF member. But achieving it is sometimes easier said than done. Take quitting smoking, for example. Many people try several times before they quit for good. Losing weight can have its ups and downs too.

To improve your health, you often have to give up something. Physical activity, however, is a little different.

Here you take up something. By adding the right activities to your daily routine, it can be positive and pleasurable right from the start.

If you have health habits you want to improve, it will help if you have a plan. Get a piece of paper and a pen, and take a few minutes to respond to the following statements:

- I would like to make changes in the following

area or areas (e.g., stress management, diet and nutrition, body weight, physical activity, smoking, alcohol) ...

- These are the changes I would like to make ...
- Here are some things that will help me to succeed ...
- This is what I will do to get started ...

Keep this sheet and review it from time to time. It will remind you of your thoughts and desires, and let you check and see how you're doing.

As you pursue your goals, be patient! Keep Mark Twain's wise advice in mind. "Habit is habit," he said, "not to be flung out the window by anyone, but coaxed downstairs a step at a time."

Finally, if you have several areas where you would like to improve, don't tackle everything all at once. Make progress in one area, then move on to the next. A series of small successes will add up to one large victory.

Make healthy eating a family affair.



**STRENGTHENING
THE FORCES**

ACES IS FOR EVERYONE

By Cpl B. Lucas, TEAM ACES 12

It was February 1995; I was participating in the regional broomball tournament in Cold Lake. Being the enthusiastic sports rep that I am, I called Wing Supply to give them a status report on the tournament. Near the end of the conversation, I was told that my name had been submitted for a position on TEAM ACES. My first reaction was, "What's that? A new card game?"

When I got back to work I was called in to the Captain's office for an overview of ACES. I was then told I had an interview at 1330 hours that Tuesday in Mynarski Hall. Still not quite sure, I got some literature on ACES and began to study. The day of the interview arrived, and in I walked. Sitting at the table was a Lieutenant-Colonel, two Majors, and a Master Warrant Officer. Suddenly, my lunch wasn't sitting too well. However, they welcomed me and told me to relax, which is like putting an elephant in a peanut factory and telling him not to eat any. They asked me a variety of questions about different things, ending with a scenario in which I was to give my views by role playing. After twenty minutes they all thanked me and the interview was finished.

I received a call the following Thursday telling me that I had won the position and that I was to go to the Radisson Hotel on Monday for a team

building seminar. I arrived bright and early to see what the heck I had gotten myself into and to get a feel for things. We were all dressed in civilian clothes, so I couldn't tell who was who, other than by the list of attendees I had received earlier. During one of the breaks, while I was sipping my coffee, a gentlemen walked over to me and presented himself as "Ray Dziver". I introduced myself and we talked a bit about this and that and nothing in particular. When the break was over we returned to our seats and I quickly grabbed my list to see who this Ray fellow was. It turned out his title was COS ACES... the General. After reflecting on our conversation to see if I had said anything stupid, and after getting some of my colour back, I scanned down the list to see who else had introduced themselves to me. There was "Rick" a Lieutenant-Colonel, "Andy" a Captain, "Steve" a Major, and "Mike" a Master Warrant Officer. I felt like Homer

the least qualified person in the room. In fact, I looked for my name to make sure I was at the right place. Sure enough, I was where I was supposed to be. As the week progressed, I was assured often, told not to worry, that things would fall into place soon enough.

The week finally ended, and I had acquired a whole new outlook on how I was going to fit into this team. I wouldn't be making coffee, doing the

vacuuming, or even being the photocopy queen. I was the junior NCM representation on the TEAM. More importantly, my two-cents-worth was as important as anybody else's on the TEAM.

Monday morning we rolled into our new offices eager to begin our drive towards the future. It was, of course, no longer "Ray", or "Rick", or "Andy", or "Steve", for we recognized and respected the necessity for the traditional military protocols. But, the means of working as a "TEAM" was never lost. Since that time, I have been given ACES custody of 14 Wing Greenwood. I have developed a rewards presentation that I delivered to the ACES coordinators from all the Wings. I am in charge of the ACES library and have attended a number of seminars and taken numerous courses. I had my doubts at the beginning, and wondered, "What am I doing here?". Now I know.

The upshot of all this is, it's real. TEAM ACES has no hidden agendas and no stove pipes. It is not our role or task to cut jobs. We are solely devoted to mobilizing the Air Force towards a culture of continuous improvement. That is to say, we will help Wings adapt to new ways of doing business so that keeping up with the rapid changes around them will not be a problem. With the full support of the Commander Air Command, we are well on our way to achieving our goals.

CAMERON CADETS ANNUAL INSPECTION & CHANGE OF COMMAND PARADE



Most Outstanding Cadet trophy is being presented to MWO D. Ross by LtCol S. Anema.



Standing is Cdt CWO S. Grainger. Seated is (L to R) Lt G. Cameron, LtCol S. Anema and Lt J. Ross.



(L to R) Sgt J. Hygaard, LtCol S. Anema and Sgt R. Cadotte at the Minto Armoury parade 10 Jun 95.

The 407 RCACC (Royal Canadian Army Cadet Corps) sponsored by the Queen's Own Cameron Highlanders of Canada, held its annual inspection on Saturday, 10 June at 1:30 p.m. in Minto Armoury. The Reviewing Officer was Lieutenant-Colonel Steven Anema, CD, Commanding Officer of the Camerons of Canada.

This year's parade featured a change of Commanding Officer in the Corps from Lieutenant Gordon Cameron to Lieutenant John Ross. The Change of Command presided over by Colonel Anema.

In civilian life Lieutenant Ross is a retired police constable and part-time school bus driver. His involvement with cadets goes back more than thirty years to the early 1960's when he was an air cadet. CO Ross became involved again in cadets, only this time army cadets, when his oldest son joined the corps. That same son is now Company Sergeant Major Ross, D. and is now recognized as the "Most Outstanding Cadet".

Cadets is a way of life for the Ross family. The CO's wife, Kim Ross is the Band Officer. A younger son, Justin is a private in the corps. Following the parade, a programme followed over refreshments in the auditorium. Featured performers were highland dancers and the pipe and drum band.

The following awards were presented:

Best First Year Cadet	Cadet Switzer, Jordan
Best Second Year Cadet	Cpl Lindgrin, Brian
Best Third Year Cadet	MCpl Cote, Daniel
Most Outstanding Cadet	CSM Ross, Douglas
Most Improved Cadet	WO Hawkins, Marsha
Most Improved Piper	WO Knott, David
Most Improved Drummer	..MCPL Chorney, David
Most Efficient Sr Cadet	Sergeant Howe, Mark
CO Award	SGT Petrowski, Loni
Citizenship Trophy	RSM Grainger, Samantha
	Cpl Dudek, Agnes

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St. Marguerite Bourgeoys (North Site)

Saturday: 1700 hrs (Eng)
Sunday: 1115 hrs (Eng)
Mon & Thurs: 1000 hrs

St. George's Chapel (South Site)

Sunday: 0930 hrs (Eng) Weekday Masses
Tues & Fri: 1000 hrs

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2nd, 3rd, 4th Sundays - 1100 hrs - Divine Worship
Sunday School During Worship

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St. Andrew's Chapel (South Site)

1st Sunday - 1000 hrs Holy Communion
2nd, 3rd, 4th Sundays - 1000 hrs - Divine Worship
Sunday School During Worship
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furs & wedding gowns excluded)
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POSTCARD TO RWANDA: A PRAYER FOR MY FATHER

We all love receiving mail while we are away from home on peacekeeping missions - it reminds us of what we miss most: family, friends and loved ones. The following poem was sent to Warrant Officer Len Sparkes this week by his fifteen year old daughter Jane. In it she expresses all her questions, hopes and fears about his six month mission in Rwanda. The poem was dedicated to her father, but it touches us all and voices the feelings of the children, wives, husbands, relatives and friends of all Canadian peacekeepers serving overseas. We were so moved by the poem that we called Jane to ask if we could share it with the rest of the Canadian military family. Thank you, Jane, for allowing us to share something so special...

The Men and Women of the Canadian Contingent In Rwanda

Lord my creator
here is my prayer for my father
in a war bound country
with people who have no food
Why is the question I ask
Why is he there?
helping these poor helpless people
who don't have anything anymore
Why Lord?

Lord, please help me not to be selfish of him
wishing that he was home with us
I know that he was called there by you Lord
serving overseas is part of his job
take good care of him.

Massacres are happening again
our family is very scared
Oh Lord watch over my father
be with him when he's alone
Lord let me have strength for family
and bring him home to stay
look after him I pray Lord.


He serves you everyday
helping out at the orphanage
giving his food to children
and again Tutsi's and Hutu's are fighting

for what I do not know
Lord I ask from you
to watch over him
be strong for him
and always be there for him
and let him know
that he can turn to you.

I pray also for the people
may their souls which died come up to you
stop the killing, start the loving
in this country of barren souls
This is my prayer
Amen.

(by Jane Elizabeth Sparkes)

**Gardening
Tip #3**



Having troubles with slugs? "Plant" a cup of beer half way into the soil. The slugs will dive right in & drink themselves to death. Bugs getting your tomatoes? Plant marigolds around them for protection (also attracts bees). 1 flower between 4 tomato plants. *Brought to you by the base gardening club!*

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TOO MUCH OF A GOOD THING

Brought to you by the Winnipeg Humane Society

If you knew your best friend was in danger, wouldn't you want to help? Well, our best animal friends the dogs and cats that share our lives, are in a crisis called pet overpopulation. The good news is that the solutions are within reach and the bad news is that many pet owners still refuse to believe that there is even a problem at all.

But can my one dog or cat really be responsible? Male or female, absolutely. Why are there so many dogs and cats? Dogs can reproduce twice a year beginning as young as six months of age. In just six years, two dogs and their offspring can theoretically be the source of 67,000 puppies. Cats are able to have three litters per year, and are even more prolific. Theoretically over a seven year period, two cats and their offspring can produce 420,000 kittens.

According to estimates just one of every five animals born will find a home. While there is an estimated 4.5 million households in Canada that own dogs or cats, or both— there are simply just not enough good homes for them all.

The greatest preventable cruelty inflicted upon dogs and cats is pet overpopulation. The single most effective and humanitarian solution lies in encouraging responsible pet ownership by reducing the number of unwanted births.

Despite the dedicated efforts of concerned individuals and humane organizations the fact is, many people are still breeding cats and dogs while tens of thousands of unwanted animals anguish in animal shelters or on the street without a home.

Increasing numbers of physicians are now echoing what many of us have known—and that studies have confirmed—for years: Pets are good for what ails you. They are our constant companions who provide us unconditional love and trust. They share and enrich our lives and in return they ask for so little.

The Humane Society of Canada (HSC) is proud to announce the launch of a five year national campaign called "Everyone's best friends." Through a creative and engaging multifaceted campaign we will be asking children and adults in every community across Canada to work with US in partnership to make this a world where all dogs and cats have a chance to be loving, lifelong companions.

If you knew your best friend was in trouble, wouldn't you want to help? Spaying or neutering your pet is the first step in helping your best friend — because a life is a terrible thing to waste.

For more information call The Humane Society of Canada (HSC) using our toll free number 1-800 KIND.

LATCH KEY CHILDREN — A SIGN OF THE 90'S —

By Lt(N) D. Didsbury

Wing Social Work Office

On June 1, 1995, a four year old girl with a lighter set fire to her mother's ironing board. There was no real damage - that time, as mom was in the other room. Last year an 11 year old started a fire that gutted his parents' home. The parents did not find out till they received an emergency phone call at work. Both parents felt their son could be trusted to be alone for 1 1/2 hours after school. Will you too be the next parents who turn around the corner and find only smoldering ashes and have to deal with all of this grief?

Most parents teach their children to be responsible and look after themselves. Most children are, but under the age of 12, children have to be supervised. Under the Child and Family Services Act (which is Provincial Law):

"a child is in need of protection where the child being under the age of 12 years; is left unattended and without reasonable provision being made for the supervision and safety of the child." (In other words - a child cannot be left alone under the age of 12).

How many children must get hurt, burned, molested or killed for a parent to realize that it is not safe for children under 12 to be alone. How many times do we all hear "My son or daughter is very responsible and grown-up. They can look after themselves." Or, "I don't believe this could happen to my family." These words can cause false feelings of security that our children can look after themselves.

If a child is under 12, do not become a statistic. Make sure the child is in daycare or is being supervised by a responsible person. There are many agencies in the community including neighbours that will look after your children for a very small fee. For a child who is over the age of 12 and who is responsible for him or herself, they can become a latch key child.

In today's world, most families have to survive with a two family income (sometimes even more). And yes, it can be bothersome to find the extra time to look for daycare for only one hour before or after school. The choice is yours. Be a responsible parent for yourself and your children by showing that you love and care for them by ensuring their safety and offering yourself peace of mind knowing they are safe until you get home.

Community Spotlight

Story & photo by
Cpl Ken Allen

2Lt N. Sangermano



2nd Lt Nick Sangermano is one guy with a lot of patience. After his last pilots' course in November 1994 he decided to take the FRP and is awaiting release at Air Command with G-3 Search and Rescue.

Nick is also coaching a soccer team that has never played together before. Through hard work (about 10 hours a week) and perseverance with the team, his patience has paid off. Nick coaches at the Community Club level with the Eagles soccer team. The under 13 year old boys come from the base and various other parts of the city. They were all too late to make it on another team, so were put on a waiting list. The St. James Executive which looks after the administration of the league found out Nick wanted to coach and decided to form another team from the kids on that list. He has been coaching for five years now but this is first year coaching in Winnipeg. This fall he hopes to get his level two coaching certificate. "The game emphasizes team work and keeps the kids out of trouble. It's really nice to see the kids improve and keep active during the summer", says Nick.

The team is gearing up for the play-offs in September, but before that Nick has to get ready for the Golden Boy International soccer tournament in August, held here in Winnipeg. It features teams from as far away as Taiwan, Mexico, and the U.S.A., as well as other parts of Canada. Only a few players from each team in St. James will play on this team, but Nick is looking forward to coaching them. Later on in August I'll update his team during the tournament and let you all know how they did. In the mean time he still continues to work hard with the Eagles and await word on his further training in the military. It shouldn't be too hard to wait for him though because, after all Nick is a very patient guy.

Community Spotlight is always looking for new stories so if you or someone you know is involved in the community why not give me, Cpl. Ken Allan a call at the Wing Imaging Section 833-5236.

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WINNIPEG BLUE BOMBERS™

OFFERS DISCOUNT TO MILITARY

By Capt Neil Kinley

Unlike in the United States, where service personnel get discounts from many businesses and organizations, there are not many financial breaks given to Canadian Forces personnel. However, here in Winnipeg there is an organization that has a tradition of giving airmen, soldiers, and sailors a great deal.

The Winnipeg Blue Bombers Football Club has offered special price tickets to military personnel and DND employees for the last few years. This year is no exception.

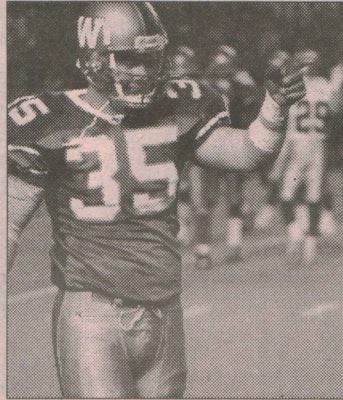
The 1995 Canadian Football League season is underway and the Winnipeg Blue Bombers will battle for a playoff spot in the tough North Division. There will be lots of exciting football action at Winnipeg Stadium this summer and fall.

The Bombers are offering an excellent discount to ALL games for military personnel and DND civilian personnel. They are showing their support for the Canadian Forces by cutting ticket prices by as much as 50%.

A "Gold" seat in Section A, regularly \$25, is available to DND personnel and civilian employees for just \$12. "Value" seats in Section I, regularly \$11, are available for \$6. They have 100 tickets set aside for the base for each game. All personnel and employees can save on football tickets by contacting their unit sports rep, or calling Capt Mike Rozak at 833-6229.

The Blue Bombers are also holding a special military night on August 25, 1995. The game is against the Hamilton Tiger-Cats and there will be special family packages and ticket prices available and some military displays. More information concerning this night will be coming out soon.

It is not often that Canadian Forces personnel and DND civilian employees are offered discounts for serving their country, and the Blue Bombers should be saluted for their generous offer. Go Bombers!



Wpg Blue Bomber linebacker Brendan Rogers celebrates after making a tackle during a 1994 game. (Photo by Cpl Ken Allan, 17 Wing)



Blue Bomber cheerleaders perform before last years Air Force night at Winnipeg Stadium. (Photo by Cpl Ken Allan, 17 Wing)



WINNIPEG BLUE BOMBERS HOST 17 WING/CFB WINNIPEG

BLUE BOMBERS VS HAMILTON TIGER-CATS

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A DIVISION CHAMPIONS

MANITOBA LAKEHEAD
DISTRICT HQ

(Left to Right) - MCpl
Danyluk, Sgt Muchmore,
Sgt Phillips, Sgt Scott & P02
Lee. (Missing - Capt
Cooper).



B DIVISION CHAMPIONS - D COS CE

Kneeling (Left to Right) - Mr Williston, Mr Brighty, Kim Kotowich.
Standing - Capt Mercer, Capt Yarema, MWO Roy & Capt Raindahl.
(Missing - LCol Wolowidny, Capt Hewson & Vic Mall).



C DIVISION CHAMPIONS - C COMPT/D COS P & R

Kneeling (Left to Right) - Capt Locke, J. Smith & Capt Kendall.
Standing - Capt Wright, Maj Young & R. Webber.
(Missing - Maj Rickards, LCol Haines, LCol Werny, Maj McInnis,
LCol Szykowski & Capt Rozak).

WINNIPEG BLUE BOMBERS™ 1995 SCHEDULE

- ~ 13 JULY 95 WINNIPEG VS SHREVEPORT PIRATES (THURS)
- ~ 26 JULY 95 WINNIPEG VS SAN ANTONIO TEXANS (WED)
- ~ 18 AUG 95 WINNIPEG VS B.C. LIONS (FRI)
- ~ 25 AUG 95 WINNIPEG VS HAMILTON TIGER-CATS (FRI)
- ~ 10 SEPT 95 WINNIPEG VS SASKATCHEWAN ROUGHRIDERS (SUN)
- ~ 24 SEPT 95 WINNIPEG VS CALGARY STAMPEDEERS (SUN)
- ~ 14 OCT 95 WINNIPEG VS TORONTO ARGONAUTS (SAT)
- ~ 29 OCT 95 WINNIPEG VS OTTAWA ROUGH RIDERS (SUN)

COS OPS ANNUAL SPORTS DAY

Story by MWO Batchelor



BGen Bartram, COS Ops, ensuring that the annual sports day/farewell pork fest gets off to an explosive start. (Photo by Cpl Gervais)

On the 15th of June, approximately 100 personnel from the Ops Branch of AIRCOM took time off from their busy schedules to participate in a sports day and pork fest. This event is held on an annual basis as a reward for all their efforts over the last year and affords an excellent opportunity to bid farewell to departing pers. The day started off with BGen Bartram, COS Ops, lobbing the opening ball for the slow pitch tournament and then travelling to the 17 Wg golf course where he completely destroyed the official opening T-off. Ops pers then took to the ball diamond or the golf course for a few hours of non competitive athletic endeavours followed by a scrumptious lunch of roast pig with all the trimmings, prepared through the night by Phil's Bistro. A good time was had by all, appropriate words were said to the departing pers and everyone prepared for what will, undoubtedly, be another interesting year in AIRCOM Ops.

PERSONAL CLASSIFIEDS

EVERYBODY'S MARKETPLACE

ACCOMMODATIONS

Unfurnished House for Rent - lovely, comfortable, S. River Heights bungalow, 3 bdrm, C/A, W-W carpet, 5 appl, 6' fenced yard, fully finished rec room with bar-extra bdrm & bath, garage, \$1050 per mth plus utilities, avail 1 Sep. Phone 488-8054.

House for Rent - 1 Sep 95 Beautiful Townhouse, well kept complex on Ness Ave. Walk to Unicity Mall & schools, 10 minutes from Base. 3 bdrm, 1 1/2 bath, finished basement, fenced yad, C/A, appliances, \$650.00. Phone 885-1333.

CHILD CARE

Experienced sitter & mother of three will babysit in my home. Lots of fun & TLC. Fenced yard, lunch & snacks provided. Receipts & references. Call any time, ask for Lois 837-3962.

Babysitter needed for a 4 yr old girl in Crestview, St. James area. Call 633-0806.

LOST

Two rings at the North side baseball field (diamond #1) on Thursday, 8 Jun 95. One engineer ring & one wedding band. If found please contact Mario Leblanc, Work Loc 5136, Home 489-8497.

MISC. FOR SALE

Shuffleboard - custom made, regulation size - 13 ft long 2 ft wide, valued at \$1200.00., asking \$600.00 & open to offers. Roller Skates - size 9, excellent condition, asking \$35.00. Sekine 10 speed bike - asking \$55.00, open to offers, excellent condition. Phone Peter at office 983-7381 or home 334-7274.

Excellent quality maternity & child/infant clothing, cloth diapers & accessories for sale. Will sell very inexpensively. All in excellent condition. Call 832-3363 for more info.

For Sale - Bernina "Bernette" sewing machine, \$75.00 OBO. Aquata Wind Surfer with 6.5m sail & all rigging, \$600.00. Aquata Slalom Wind Surfer, carbon fibre board, 5.4m Neil Pride sail, 2 piece mast, foot straps & non-skid deck, \$999.00 OBO. Buy off season & save money, "Top of the Line" Volk Synchro Tech 33 Down Hill skis, 195 cm, with Tyrolia 490 bindings, \$350.00 OBO. Line Dancing Video available with bonus of two couple dances, titled-Do It With Daphne, country style, made in Winnipeg, \$20.00. Call 774-9694.

MISC. FOR SALE

For Sale - Filter Queen Vacuum, many extra attachments, 4 yrs old. Queen size sofa bed sectional, Channel Pastel design, 3 yrs old. \$650.00 each. Call 889-8046 (leave message).

For Sale - Hot Point Washer & Dryer set \$450.00 OBO. Mist Medical Compressor for aerosol medications \$150.00 OBO. Steel bed frame, double, queen or king \$15.00. Ask for Kelly 897-7628.

Windsurfer For Sale - Alpha 190 with 5.4m2 sail. Two size of laths. Neon colours, foot straps, like new. Good for beginners to advanced intermediate. Call 832-8158, leave a message or call after 1700 hrs.

For Sale - Yamaha Electone Organ, rythm section, special preset tones, pedals, books, very good condition, \$400.00. Call 832-8158.

For Sale - Fisher Price toddler bed (with mattress & bedding) \$100.00 firm. Car booster seat \$5.00. Tricycle \$10.00. Spalding bike carrier (excellent cond.) \$25.00. Fire engine riding toy \$5.00. Twin size mattress \$25.00. Assortment of toys - various prices. Assortment of boys clothes - sizes 3X - 6 (summer weight) - various prices. Call 895-1588.

For Sale - Baby's car seat, Evenflo, good for a child less than 48 in., \$50.00. Bed rail \$10.00. Gerry Nursery Monitor \$20.00. All in very good condition. Phone 896-6782.

For Sale - 2 x 3/4 beds \$35.00 each or both for \$50.00. Wood stove \$275.00. Aerostar 2 piece bra \$40.00. Basket ball hop, frame, board, \$10.00. Glass shower doors \$30.00. Business supplies for Nat'l cosmetic line (call for details). Phone 896-0627.

For Sale - large 3 cushion couch & swivel rocking chair in floral pattern - earth tone colours; good condition, very comfy. Asking \$200.00. Call 896-6413 evgs or day 474-5603.

For Sale - Chain link fence, 140 ft long with 2 gates, \$350.00. Baby's crib with mattress & sheets, brand new condition, \$100.00. Phone 489-9036 after 4 pm.

For Sale - Four 15" Cragar SS chrome wheels with tires. Bridgestone 245/60-15 rear tires, 235/60-15 front tires. Rear wheels wider than front, \$480.00 OBO. Call Ross Kellett 833-6761(W) or 832-8218(H).

For Sale - Smith Corona Typewriter with Spellcheck, carrying case, like new, asking \$75.00. Call Brenda 983-1338.



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Experienced piano teacher now accepting applicants for openings in Fall. Lessons in piano (beginner to Grade 6 cons.) and music theory. Phone 896-1316.

Bachelor of Music Graduate specializing in voice & piano lessons has openings for students, all ages, in the Fall. Day & evening times available. Call Simone at 772-0733.

Experienced piano teacher, bilingual, has openings in Fall for students, all ages, French or English, day & evening times, very reasonable rate. Located in North side PMQs. Call Michele 896-6782.

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1970 Mercedes 220 Gas, 4 dr sedan, 4 speed manual, cream colour, re-upholstered, engine rebuilt. Asking \$5,000. Phone 488-1414.

Wanted - Good condition used GM vehicle. Must be low to moderate kms & well cared for; pref w/maintenance records. Mid-size, ie. Calais, Regal, Blazer, Corsica, Cutlass Supreme/Ciera, etc. for \$3000-\$4000. Call Cathie 489-4288.

WANTED

Wanted 2 or 4 drawer, legal size, locking filing cabinet. Call Peter at office 983-7381 or home 334-7274.

Wanted - Female Army Officer's Mess Kit - size 12 or 14. Contact Lt Purdy 833-6543.



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THE COMMUNITY MENTAL HEALTH PROGRAM urgently needs summer volunteers to go on picnics and outings with Winnipeg group homes. You can also be a supportive friend to an isolated person in your community. If you can share an hour or two once a week please call 945-6204.

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