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VOL. 42 ISSUE 3

17 Wing Winnipeg / 17e Escadre Winnipeg

FEBRUARY 16, 1994 / FREE

OUT OF THE BLUE

By Capt Neil Kinley (1WPAffO)

"The flight was very enjoyable and very exciting," said Gordon Webster, after he and his wife Maris stepped down from the sleek grey CT-142, Dash-8 aircraft, at 17 Wing Winnipeg.

The Websters, dressed in blue Canadian Forces flying suits and jackets, had just returned from a 45 minute flight on board the 402 Squadron aircraft, used for training Canadian Forces air navigators. They received their flying wings from the Air Force when they won the bidding for a tour of Air Command Headquarters and 17 Wing.

This prize was part of "Out of the Blue", which was a fund raising auction for the Western Canada Aviation Museum in Winnipeg. The auction included many different items, such as dinners for two at various restaurants, works of art, and crafts.

"We successfully bid on several of the items up for auction, but the day at 17 Wing was the best," said Webster, the managing partner of Winnipeg's Price-Waterhouse

office. "When we bid on it we didn't realize the day at Air Command and the base would include a flight. It was a pleasant surprise."

There was much more than the flight involved for the Websters on their visit to 17 Wing on January 18, 1994. They were picked up at their home by staff car and driven to Air Command Headquarters, where they met the Air Command Chief of Staff Training and Reserves, BGen Bill Slaughter. As well, they were shown around the Bishop Building by Maj Bill March, the Command Historian.

From Air Command they were escorted to Wing Headquarters, where they were briefed on 17 Wing by the Wing Commander, Col Bert Proulx.

"We knew the base was here, but never really understood all that went on," said Webster. "We never realized the degree of training taking place here. Now we have seen what happens at 17 Wing."

The next stop was the Canadian Forces Air Navigation School, where the Websters were made honorary navigators and



Gordon Webster signs the guest book at Air Command Headquarters, while his wife Maris and BGen Slaughter, Chief of Staff Training and Reserves, look on.

received their pre-flight briefing. The Commandant of CFANS, LCol Jean Leclerc, and Capt Brian Crosier, an instructor at the school, briefed the guest aircrew on CFANS and their up-coming flight.

With the briefings completed, Gordon and Maris Webster were escorted to Hangar 16, and donned flight suits in preparation for going airborne with 402 Squadron and CFANS.

The Dash-8 piloted by LCol Chuck MacIntyre, the Commanding Officer of 402 Squadron, and Capt Jan King, took the Websters to the skies for their first military flight. Gordon was seated in the cockpit for take-off, while Maris received some basic navigation training from Capt Crosier of CFANS.

The flight carried the guests north to St. Laurent, on the south-east shore of Lake Manitoba, before heading

south towards Portage-la-Prairie, and then back to Winnipeg. Most of the flight was conducted at 2500 feet allowing the Websters to practice some low-level visual navigation.

Once back over Winnipeg time was available for sight-seeing. As the crew prepared for the approach, Maris took her seat in the cock-pit and Gordon watched on radar from the back. "As Maris was involved with Out of the Blue, she had her choice, and chose to sit up-front for the landing," said Gordon Webster. "She really found it exciting."

Once LCol MacIntyre and Capt King brought the aircraft to a full stop and shut-down the engines, the Websters deplaned and their military flying careers came to an end. "It was a nice smooth flight," commented Webster, who enjoyed the experience a great deal.

After handing their flight suits back, the guests were escorted to the Officers' Mess, where LCol Leclerc presented them with an Honorary Graduation Certificate from CFANS, and a photograph of the Dash-8.

To end their day with 17 Wing and Air Command, Gordon and Maris Webster dined in the Mess with BGen Slaughter and his wife Laurie, Col Proulx and his wife Carolyn, and LCol Leclerc. It was a fitting end to the day, as Maris Webster and Laurie Slaughter worked together on "Out of the Blue".

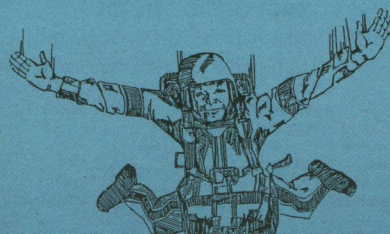
The visit to the base "gave my wife and I a much better appreciation of what 17 Wing and Air Command does," said Webster, who with his wife Maris, thoroughly enjoyed their day at 17 Wing and were happy to have been the successful bidders for this "Out of the Blue" prize.



Maris Webster receives some navigation training from Capt Brian Crosier, an instructor at the Canadian Forces Air Navigation School.

Every Drop Counts

Every six seconds a Canadian Citizen requires a blood transfusion. Think about it. In the time it takes you to read this how many Canadians will receive a blood donation from the Red Cross? But of course that Canadian who requires blood every six seconds is only a statistic, right? He could never be someone in your family, right? Well think about it. If you don't agree or if you think that maybe it could be you who receives a blood transfusion, then do something about it. Be a Red Cross Blood Donor at the forthcoming Base Clinic. It will be held Wednesday, 23 February 1994 from 0900 hrs to 1130 hrs and 1300hrs to 1600hrs at the Drill Hall (Bldg 21) 17 Wing.



Be a  Blood Donor

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ACES: KEEPS THE CUSTOMER SATISFIED

By Col Bert Proulx

The Air Command Excellence System (ACES) stresses quality, continuous improvement, and customer satisfaction. We already have the Ideas Program in place to get your suggestions on how we can improve 17 Wing. Now, we are instituting a customer feedback reporting system, to ensure we keep the customer satisfied.

The Customer Satisfaction Feedback Report will be put in place at all sections where customer service is provided. They will be prominently displayed and readily available. Different sections will have slightly different forms, but the goal will be the same.

It is designed to assist units in improving the quality of their service and to increase the satisfaction of their

customers.

Please fill in the Customer Satisfaction Feedback Reports whenever you receive service from Wing sections. Praise our people when they provide the normal top quality service, but also point out areas for improvement.

We want to hear from the men and women of 17 Wing, on both our Ideas Program and our Customer Satisfaction Feedback Reports.

CUSTOMER SATISFACTION FEEDBACK REPORT

The personnel of _____ wish to improve the quality of our service and ensure customer satisfaction. To do so, we need your help. Please take a moment to complete this feedback report and forward it to the address below. Thank you.

ITEM	POOR	GOOD	EXCELLENT
Service was prompt	_____	_____	_____
Staff was courteous	_____	_____	_____
Staff was knowledgeable	_____	_____	_____
Questions were answered	_____	_____	_____
Assistance was provided	_____	_____	_____
Overall service & level of professionalism	_____	_____	_____
Comments/suggestions: _____			

Thank you for your time! Please forward to the following address: _____

17 WING ENVIRONMENT OFFICER

Scott Edwards B.Sc., B.E.S. O.H.D.

Scott Edwards, selected as the Environmental Protection Officer for 17 Wing, undertook his duties on July 5, 1993. Scott comes to the position with a strong background in environmental protection/ legislation and management that will significantly enhance his current responsibilities. As Arctic Waters Co-ordinator with the Department of Indian and Northern Affairs, he has had extensive exposure to a variety of environmental issues and compatible activities administering offshore pollution regulations. He has honed his managerial skills during his tenure as Assistant Resource

Manager for the Department of Northern Affairs.

Scott is targeting for an environmental action plan that will comply with or exceed the letter and spirit of federal environmental legislation. He strongly believes that due diligence and common sense go hand in hand with adherence to environmental laws.

While Scott is committed to the principles of 'wise stewardship', environmental protection and conservation, he favours the approach of "regulation without alienation." Scott emphasizes the importance of personnel awareness of environment-related issues, and is planning

to incorporate an environmental awareness/educational program as an integral part of Wing activities.

Educationally, Scott holds relevant university degrees. In 1980, he received a Bachelor of Science degree in Forestry from the University of Alberta, and in 1991, a Bachelor of Environmental Studies from the University of Waterloo. In 1993, he received his Ontario Diploma in Horticulture from the University of Guelph.

Scott is married to Karen and they have three children - James, Matt and Paulette, the latter two having already moved away from home.

CANADIAN FORCES PHOTO CONTEST DISPLAY 1993

The 1993 CF Photo Contest was a great success with numerous excellent submissions. The display will visit several bases across Canada.

It will be at Aircom 7-11 March 94

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CWO Côté, SO Photo at 6614.

PROMOTION



Air Command Headquarters Deputy Chief of Staff Training Production Colonel J.D. Hunter and P02 W.W. Balsdon are shown presenting Pte(T) R.L. Young with his accelerated promotion to AL/Cpl effective 27 November 1993.

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RETIREMENTS



On retirement, WO Barry Tyson is awarded a Certificate of Service for his 26 years with the Canadian Forces, by the Wing Commander, Col Proulx. Tyson joined the Royal Canadian Regiment as a musician in 1967, and served at CFB London, Ont. and CFB Gagetown, N.B. While with the RCR in London, he also played with the London Symphony Orchestra. He has spent the last 20 years as a key part of the Air Command Band, often acting as the announcer and vocalist. Best of luck in the future!



Lee Gawryluk

Mrs Lee Gawryluk retired effective 31 Dec 93 after 17 years of loyal and dedicated service to 17 Wing Winnipeg, and specifically Wing Headquarters. Lee performed her duties with pride, efficiency and enthusiasm, and she will be dearly missed by all who knew and worked with her. Best wishes Lee, and enjoy your well-deserved retirement!

COLONEL PROULX APPOINTED TO ORDER OF MILITARY MERIT

By Capt Neil Kinley (WPAffO)

On 10 Jan 94 Governor General Ramon Hnatyshyn announced new appointments to the Order of Military Merit, including the Wing Commander, Col Bert Proulx.

The Order of Military Merit recognizes exceptional service by members of the Canadian Forces, from both the Regular and Reserve Forces. It is comprised of three grades: Commander of the Order of Military Merit; Officer of the Order of Military Merit; and Member of the Order of Military Merit. Once named to the Order, members are entitled place after their names the letters C.M.M., O.M.M. or M.M.M., depending on the grade they are appointed to, and to wear the ribbon and

badge of that grade.

Col Proulx was appointed as an Officer of the Order of Military Merit.

"This is a great honour," says Col Proulx. "I am proud to be appointed to the O.M.M. and of my service to the Canadian Forces."

Col Proulx was not the only person appointed to the Order from Winnipeg. LCol Ted Steele, Chief of Staff at the Manitoba-Lakehead District Headquarters, and Maj Gary McDermott, SO MOV in the Transportation section at Air Command Headquarters, were also appointed as Officers of the O.M.M. Capt Bill Dymond, SO MSE 3 in the transportation section at Air Command, and CWO Al Nixon, the contracts supervisor at Wing



Colonel Proulx

Construction Engineering, were appointed as Members of the O.M.M.

Congratulations to the new appointees to the Order of Military Merit.

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Winnipeg Residents Go Hungry to Fight Hunger

The Winnipeg area has become part of World Vision Canada's 30 Hour Famine to help end world hunger and suffering. Local groups are now collecting pledges for the annual event to take place on Feb. 25 and 26. Participants go without solid food for 30 hours to raise funds for World Vision's emergency aid and long-term development projects in countries like Sudan where civil war has displaced 220,000 people and famine has killed thousands. By fasting for 30 hours, young people and adults from Winnipeg identify with the millions of people who face hunger daily.

In Sub-Saharan Africa, 4.4 million children die before the age of five. That is 33 times the total number of children who die in all industrialized countries combined. Only 39

per cent of the population of Haiti has access to safe drinking water, compared to almost 100 per cent in Canada.

But Canadians can make a difference. Participants in the 30 Hour Famine will raise funds for projects such as the one that is planting 1.8 million tree seedlings in Ethiopia, reversing the effects of the devastating drought that killed thousands of people in the mid 1980s. World Vision is an international Christian humanitarian relief and development agency, assisting people regardless of race, religion or gender in over 5,000 projects in more than 90 countries around the world. For more information, please call Bill Waffle at W(416)567-2726 or H(519)767-1348 or David Robbins at 956-5379 for your nearest local participant.

Wing Supply Profile

Mr. George Horning joined 17 Wing Supply on 5 May 1988 as a clerk in the Regional Film Library. As his father was a Royal Canadian Engineer, George grew up living in various locations in Canada. Partially influenced by his dad's career, George enlisted in the Forces in 1969 and worked as a Radio tech until his release in 1974.

Mr. Horning then followed a career with Odeon Theatres as a projectionist, where he acquired many skills he now uses in his work at the Film Library. Some of George's responsibilities at the Film Library include inspecting and cleaning of a vast amount of 16 mm films and converting those to VHS format. He ensures that all training films are distributed to user units accordingly, and that all films comply with DND regulations. Mr. Horning is



also an active member of the JOSH committee and regularly runs safety films used for all occupations within 17 Wing.

Mr. Horning's extra curricular activities include coaching and participating in wheelchair basketball. He is an avid curler and coaches the Supply mens' floor hockey team. George was also a

member of the National Disabled Ski Team where he acquired five gold medals. He is a charter member of Toastmasters, and when time permits, he enjoys reading and working with computers.

People like George make it possible for Wing Supply to provide "Service Second to None".

BACK TO THE BASICS

By 2Lt N.J. Grimsuaw

When one thinks of winter, one seldom considers the possibility of camping out overnight and leaving the warm cozy atmosphere of one's humble abode. This, however, was not the case for members of B Company, 2PPCLI. Just when temperatures seemed to have reached an all time low, B Company was planning a short winter indoctrination exercise. The outcome was Exercise Frozen Ghost in the rural municipality of Woodlands, north of Winnipeg. The aim of this exercise was to get back to the basics of winter training, which included getting used to

living in a two-man tent and moving around complete with rucksack, snowshoes and toboggans. Everyone quickly realized the necessity of snowshoes and the burden of the rucksack and toboggan.

Certain members of the company took a great liking to the amount of heat that can be created by a Coleman stove and a lantern, even if it meant standing around the pole, listening to stories about RV 74...or was that 64? Others were reminded of the operational requirements involved in winter training like Cpl "but I was just on sentry" McCann and Cpl "wake when its time to eat" Grabowski. With the freezing temperatures, it is a well

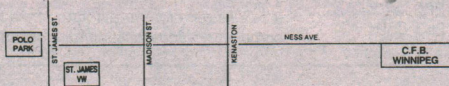
known fact that plastic can easily shatter when under strain. Unfortunately, the great engineer who designed portable toilets did not take this small detail into consideration. Luckily, a young enterprising fellow like Cpl "it could have happened to anyone" Wymm decided to test the durability of this portable invention. Needless to say, the port-a-potty failed Cpl Wymm's diagnosis and despite the mess he was quite relieved when it was all over.

In the end it proved to be a valuable few days as members of B Company were quickly reminded of life in the field in winter.
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CFANS UPDATE

By Capt B. Fenton

The CFANS hockey team which was recently inducted into the 17 Wing "Hall of Goats" continues its long march back to respectability. Led by player/coach Doug "The Slug" Lawrie, the Maulers reeled off a six game winning streak in the NHLs B Pool, outscoring their opponents 55-6. In spite of their rejuvenated play of late, the Maulers still suffer from the bitter memories of their demotion to the minor leagues. As team spokesman Ken "The Mouth" Groen laments "the worst has happened, we are as

low as any team can get. There are no excuses, we are shunned and taunted wherever we go. We stand alone on the bench staring into the great white abyss". One player has a more positive outlook. Bert "Ironhand" Fenton, who will enter the free-agent pool this year, views it as an opportunity to pad his stats in the hope that a bidding war will break out for his services. With thinking like that, perhaps Groen is right, these guys can't get any lower.

Unlike the Maulers, Crse 9362 are winners. This group of students, during the coldest week of winter, used superior

flight planning skills to navigate the Gonzo to San Diego for their Maritime Away Trip. The students embarked the aircraft on Friday wary of their first exposure to U.S. flight regulations and procedures. The tension soon melted upon their arrival in warm, sunny SoCal. Following a tour of an aircraft carrier, an L.A. Class submarine, beach volleyball, and Mexican food, the students settled in early Sunday for their return to Winnipeg. Unfortunately, their sleep was rudely interrupted at 0431 by the violent earthquake that shook L.A. 120 miles to the

north. While no structural damage was suffered in San Diego, the event was traumatic and confusing to all. One student was overheard whispering the next day "For the life of me I couldn't figure out what was happening, usually when the bed shakes like that someone is in it with me".

This should be a busy week for Lt Michelle York who is going to the regionals with the 17 Wing Women's Broomball Team. Michelle, who just took up the sport this year, asked some of the Maulers for advice on how to approach the sport. Capt Ian "Twinkletoes"

Heselgrave suggested she first decide whether she is a goal scorer or not; and if not take up the role of enforcer. Michelle, who only scored one goal in 13 games, was last seen preparing for the regionals by soliciting advice from various staff members on the best way to tape knuckles.

Congratulations go out to 2Lt MacWilliams, whose wife just gave birth to a beautiful baby girl. Speaking of babies, CFANS and especially Capt O'Reilly, welcome Crse 9401 who have just begun their Basic Navigation course.



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*Capt T.R. Truant,
Mayor WMCC*

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- meet new friends

from around the military community;

- learn new skills such as: public speaking, parliamentary procedures and participate in activities such as field trips, sport events, and many more;
- participate in a variety of community out-reach projects;
- build job skills for tomorrow;
- promote the Youth Program;
- develop and exercise leadership skills;
- experience the benefits of volunteer community service.

Meetings will be held

once monthly on Saturday afternoon. Sound interesting?

Please plan on coming to a Parent-Child orientation meeting at the Lipsett Hall lounge on the 26 February 1994 at 1330 hrs.

Applications will be accepted at that time.

If you can't make the meeting, but are interested in being part of the Council or have any other questions, please call Patrick Wiggins, CAC facilitator at 831-1136 or Jean Girard Youth Program Coordinator at 233-7104.

Looking forward to meeting you!

POLICY AND PROCEDURES

GOALS

The Children's Advisory Council of the 17 Wing Community Council exists to:

1. Best serve the needs and interests of the focus audience of the Military community.
2. Provide feedback for the evaluation of current and upcoming programmes.
3. Represent the Youth Group to the community.
4. Develop leadership and volunteer skills among members.

MEMBERSHIP

The CAC is composed of Military Dependents, selected according to predetermined criteria from a list of applicants. Membership is for one year. Applicants are appointed to the committee annually on a rotational basis to ensure that members are sitting on the

committee at all times. New members are appointed in the fall. Members who resign are replaced at the earliest opportunity from our waiting list. Members are selected on the basis of the following selection criteria:

- be a Military Dependant;
- have the permission of a parent or guardian, and;
- be available to attend a once a month meeting.

The committee also attempts to ensure:

- equal representation of males and females;
- a mix of cultural and social backgrounds;
- equal representation from different geographical areas of Winnipeg;
- a mix of skills and interest areas.



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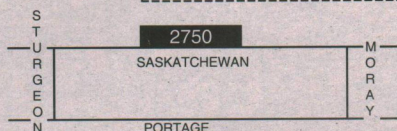
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MFRC ANNOUNCEMENTS

350 DONCASTER WESTWIN MB R3N 1W8 (204) 833-6870

New Location

The MFRC Toy Lending Library is now located at 350 Doncaster.

Open Monday to Friday 8:30 - 4:30, \$10.00 yearly membership, two week borrowing period; two toys at a time.

Drop in for a cup of coffee and borrow a couple of toys for your children!



Creative Tot Shop

Where: Lipsett Hall Nursery School
When: Wednesday Afternoon
Time: 1:15-2:45 p.m.
Fee: \$25/10 Weeks

The first step towards nursery school. Here's a chance for parents and young children to come together to create and play. The toddler/pre-schooler can explore the world of arts, music, movement and story. Parent participation required. For more information or to register, call the MFRC at 833-6870.

Family Day Care as a Business

This seminar will point out to you all the items you can claim on your income tax return if you run a family day care in your home. Tips on how to set yourself up as a small business will also be covered.

Where: 346 Doncaster Street
When: Saturday 19 Feb 1994
Time: 9:00 - 12:00 p.m.
Fee: \$5.00 per person
Facilitator: Norm Dalki is an accountant and director of his own accounting firm. Please phone 833-6870 to register.

Need an Afternoon Off For an Appointment, or to do your Shopping?

Lipsett Hall Nursery School...

Child care will be available at Lipsett Hall Nursery School on Tuesday afternoons beginning 18 January 1994. The hours will be from 1:00 - 4:00 p.m. We will provide care for children 18 months to six years. The fee will be \$3.00 per hour for the first child and \$1.00 more for a second child in the same family. All children must be pre-registered and reservations must be made 24 hours in advance. This is a pilot program and will be offered until the end of February. At that time we will assess whether the program will continue and possibly expand to offer more times.

To reserve your spot, please call the Nursery School at 833-6870 no later than Monday afternoon for that week's session.

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CFSAS Profile

By Capt J.R.S. Duford

Ms Nickerson Compton, known to all as "Nicky", is employed at the Canadian Forces School of Aerospace Studies (CFSAS) as the school librarian. Before coming to Winnipeg she worked for the Department of Veteran's Affairs in Montreal. She joined the CFSAS staff in 1989. When the school library was completely renovated to become the Lieutenant General Kenneth E. Lewis Memorial Library in 1992, Nicky was involved in identifying the requirements for resources and equipment.

Ms Compton's day to day work involves helping students find reference materials, purchasing textbooks and technical magazines,

organizing information sources, maintaining the computerized filing system, and managing the library's grants and finances. She is involved in researching information for CFSAS, CFANS, and graduate students. Ms Compton also helps students to establish computer connections with public libraries, the U of M library, and the Internet computer network.

Ms Compton is involved in numerous other activities. She is the 1st Vice-President of the Union local 50705, the Co-chair of the Steering Committee for the CE restructuring plan, a member of the 17 Wing Honours and Awards Committee, and is chairing one of Westwood Collegiate's Sub-Committees for Safe Grad 94.

Married and a mother of



Ms Nickerson Compton

two sons, Ms Nickerson Compton is definitely a valued employee at CFSAS.

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1000-2200hrs on Sat & Sun

CITIZENS BEWARE

By Pte D.W. Janes

If you have not noticed yet, there are a few new Patricia's soldiers in the city of Winnipeg. These new soldiers have come from all over the country. They share many of the same aspirations and dreams of what they may accomplish in the Canadian Forces.

Most of these soldiers have previous military experience. Many of them served with other units in various parts of the world including the most recent United Nations task in the former Yugoslavia.

Charlie Company, Second

Battalion Princess Patricia's Canadian Light Infantry participated in a winter indoctrination from the twenty fourth of January until the twenty seventh of January. This indoctrination gave these soldiers an opportunity to show off their abilities to work as trained infantry soldiers. It also allowed the "old Patricia's" to discover what they should expect of their new troops.

Despite the abrupt change for these men, they have the desire necessary to prosper as soldiers with the Second Battalion Princess Patricia's Canadian Light Infantry.

AIRMEN OF THE YEAR 402 SQUADRON

Cpl Rob Finkle displays his Jack Reeve Award for Reserve Airman of the year. Both Cpl Finkle and MCpl Ron Ricketts (who received the Vernon Bastable Award for Regular Force Airman of the year) were recognized for their outstanding contributions to 402 Squadron and the airforce community.



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SUN 0900-2000 DIM

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CLIENTS AUTORISÉS SEULEMENT

DEPENDENTS' DEFENSIVE DRIVING COURSE

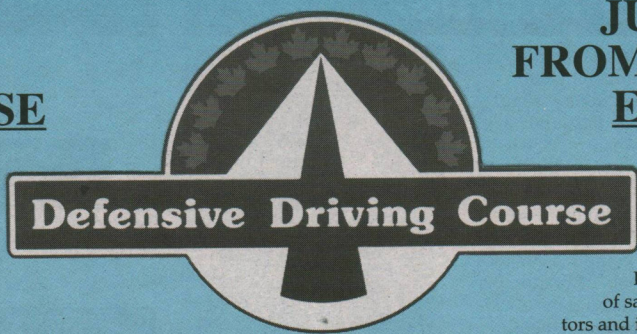
Winter is almost over and the roads will soon be saturated with the summer time traffic. That means bicyclists, motorcyclists and campers/trailers will be a great part of the hazards to watch for.

Wing Transportation Section will be conducting a Dependents' DDC on 8 and 9 March 94, in the safety classroom, bldg 87 from 1830hrs until 2130hrs.

To register for this course contact MSE Safety at 833-5742. Come and get the big picture.

TIME: 1830 - 2130
DATE: 8 and 9 MAR 94
PLACE: BLDG 87 - DDC CLASSROOM
PHONE: 5742 (MSE SAFETY) FOR RESERVATIONS

FIRST COME FIRST SERVED



JUST A REMINDER FROM 17 WING HEAVY EQUIPMENT (SPV)

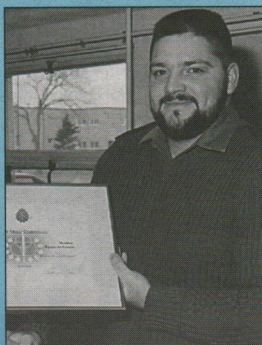
Private motor vehicles following too close to Heavy Equipment vehicles has become an all too common sight on Base. Maintaining a safe distance from Heavy Equipment while it is in operation is a point of safety which concerns heavy equipment operators and it should concern other drivers as well.

Heavy Equipment vehicles can be prone to sudden stops. They also have significant blind spots. It is for these reasons that all vehicle drivers are urged to heed the safety warnings written on the backs of all heavy equipment vehicles. This will allow heavy equipment operators to better see the vehicles behind them and hopefully decrease the potential for accidents.

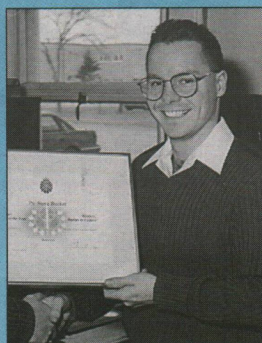
Your cooperation in this matter is greatly appreciated.



Certificate for Spill Response Specialist Training for Hazardous Materials. L-R MCpl Denis Charron, Sgt Geo Molnar, Mr. Chuck Morsette, Cpl Mike Cordick, MCpl Giselle Tanney.



Cpl Mike Thibodeau Received the Certificate for Selection to CF Basketball Team of the Year.



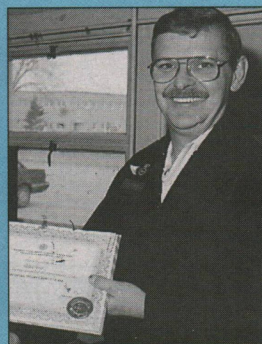
Cpl Buckett Received the Certificate for Selection to the CF Basketball Team of the Year.



MCpl Tim Parker Receiving Employee of the Quarter 2nd Certificate.



MCpl Mike Guay Receiving Employee of the Quarter 3rd Certificate.



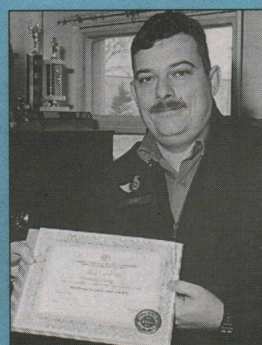
MCpl Pete Kay Received the Certificate for Completion of Air Brake Inst. Course.



MCpl Bonnello Receiving the bronze Aerobics Excellence Seal (8000 Points).



Cpl Debora Broad Receiving 10 Year Safe Driving Certificate and Pin.



MCpl Mike Guay Received the Certificate for Completing Air Brake Inst. Course.



Cpl Ian Brown Receiving 935.05 Airfield Heavy Equipment Support Op Certificate.

RRSP RULES

By Harry L. Mardon

Statistics Canada reports millions of Canadians have stashed billions of dollars in Registered Retirement Savings Plans (RRSPs) however it says many haven't been taking full advantage of the RRSP tax shelter.

The RRSP's attraction is that it is a means of deferring income tax on money you put away as a nest-egg for your retirement years, plus sheltering the interest you earn each year on that money. When you start to make withdrawals from your RRSP you pay tax on the income, of course.

The contribution deadline for 1993 RRSP is actually March 1, 1994. To get maximum benefit from the RRSP concept, you should have contributed to a plan at the start of 1993.

As in previous years, there are strict limits to the amount you may contribute to a 1993 RRSP.

If you don't belong in a workplace pension plan, the upper limit should equal the lesser of \$12,500 or 18 per cent of your 1992 earned income. Yes, you read that right: your 1992 earned income. If you're not sure of that amount, it was given in a statement attached to the "Notice of Assessment" that was in your 1992 income tax return.

In effect, to claim the \$12,500 maximum contribution as a tax deduction in your 1993 income tax return, you'd have to have reported a net earned income of about \$69,500 in 1992.

Don't become confused if you hear or read that the RRSP maximum contribution rises by \$1,000, to \$13,500, on Jan. 1, 1994. The higher limit only applies to 1994 RRSPs.

In other words, you cannot use it to calculate your contribution claim for a 1993 RRSP.

What is new for the 1993 tax year is that common law spouses are now treated as married spouses for tax purposes. (Spouses have to be of the opposite sex, however.)

A spousal RRSP is the ideal way for a couple to achieve what's termed income splitting. That is, the spouse with the higher income shifts some of his or her income into the name of the lower income spouse.

The lower income spouse is entitled to contribute to his or her own RRSP, up to the allowable individual limit, even if the spouse receives a Spousal RRSP from the higher income mate.

The aim is to lessen the ultimate retirement income of a high-income spouse, and ease the tax burden, by building the retirement income of the lower income spouse. By using this process, the family's total tax bill will be lower.

WEEKLY CROSSWORD

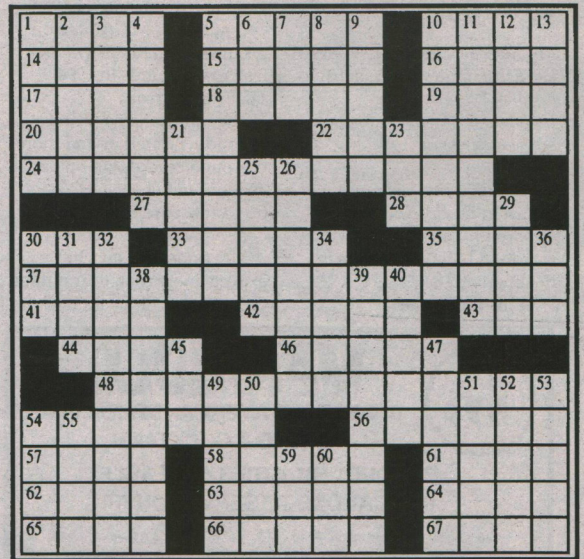
ACROSS

- 1 Bygone days
- 5 Dried plum
- 10 Number men, for short
- 14 High: Prefix
- 15 Bitter
- 16 Killer whale
- 17 Wharf
- 18 Declaims violently
- 19 Optical glass
- 20 Rub off
- 22 Lies at rest
- 24 First lady, May 7 1988?
- 27 Conductor
- Dorati
- 28 Heroic story
- 30 Bounder
- 33 Greek physician of note
- 35 Valley
- 37 Newman-Cruise
- film: 1986
- 41 Fair
- 42 Parrots' pates
- 43 Letter before aitch
- 44 From afar:
- Comb. form
- 46 Bell sound
- 48 Flag bearer
- 54 Tell
- 56 Lengthier
- 57 King of Norway
- 58 Dutch city, with "The"

- 61 Challenge
- 62 In _____ (in position)
- 63 Blue-pencils
- 64 A deadly sin
- 65 Achilles' soft spot
- 66 Descartes and Coty
- 67 Beams

DOWN

- 1 Edible fruit
- 2 Excuse
- 3 Strict
- 4 Capital of Albania
- 5 Kind of home or leave
- 6 Corporate monogram
- 7 Samovar
- 8 Peteman's material
- 9 A Ford
- 10 Centennial State
- 11 Shanghaiers' kin
- 12 Teen-age skin problem
- 13 Lip
- 21 Australian wild dog
- 23 Opposite of neg.
- 25 Lively round dance
- 26 Small-sized reading glasses
- 29 Toward shelter
- 30 Pennies: Abbr.
- 31 "Cat on ___ Tin Roof"
- 32 Profane
- 34 ___prosequi
- 36 Regard



- 38 Vivid
- 39 Intrepid
- 40 Tropical fruit
- 45 Guido's high note
- 47 Kind of gap
- 49 Different
- 50 Aptly named novelist
- 51 Capital of Guam
- 52 Brazen
- 53 Low cards
- 54 Snack
- 55 "I cannot tell _____"
- 59 Type of rummy
- 60 Shoshonean

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The Crocus Investment Fund is a new RRSP-eligible investment, with a unique 40% tax advantage: your investment in the Crocus Investment Fund entitles you to a Provincial tax credit of 20% of the amount invested, and a matching 20% tax credit from the Federal government. These credits, available through the Crocus Investment Fund, can double the tax advantage of an RRSP contribution for most investors.

A Manitoba Focus

The Crocus Investment Fund is a new initiative of the Manitoba Federation of Labour. The Fund will invest in Manitoba companies, protecting jobs and supporting new business development in the province. So your RRSP contribution in the Crocus Investment Fund is really a double investment in your future - your personal future, and that of your province.

Management For Results

The Crocus Fund is professionally managed to achieve its unique goals. The Fund's senior management is experienced in working with business and labour to anchor capital in communities through local ownership of companies. Each investment will be carefully analyzed, both for its value to Manitoba, and with regard to security of capital and long-term growth potential. The Fund is committed to achieving a competitive return on a well-diversified portfolio.

An Additional 40% Tax Advantage Example:

By investing \$1000.00 in the Crocus Investment Fund you get a....

- 20% Federal Tax credit \$200.00
- 20% Provincial tax credit \$200.00 in addition to the tax deductions you obtain if you hold your investment through an RRSP, thus significantly reducing your investment cost.

A tax credit equal to 40% of the amount of your investment is available whether or not you hold your investment through an RRSP.

Tax credits from investment in the Crocus Investment Fund are limited to the first \$3,500 invested per person for 1993 - \$5,000 per person for 1993.

Before you make your RRSP decision call Crocus Capital Inc. or your Broker for more information. Find out how you can take advantage of this unique tax benefit this RRSP season.



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MANAGING YOUR MONEY - *Income Tax Filing*

By Harry L. Mardon

Mr. Mardon a freelance business journalist, writes this column on behalf of Winnipeg-based Investors Group Inc., a financial services company.

Canada's new revenue minister, David Anderson, apparently intends to use the carrot-and-stick approach in dealing with taxpayers. In his first major

announcement since his appointment, Mr. Anderson promises Canadians will get faster tax refunds in 1994. That's the carrot.

The minister also promises to conduct a sterner and more thorough crackdown on tax evaders and cheats. He says he won't spare the stick in dealing with offenders.

Mr. Anderson says he expects more than four million Canadians will file their 1993

tax returns electronically, about double the number who used the computer filing system at the beginning of this year. He says Revenue Canada is geared to cut the turnaround time for handling these returns from 14 days to 11 days, if the direct deposit option for tax refunds is used.

In addition, traditional paper tax returns will be processed in three to five weeks instead of the four to six weeks which was common last tax season.

This speed-up in the handling of tax refunds is a significant improvement in the way the department operates. Taxpayers who calculate they will be owed a refund should file their tax returns as early as possible in the new year. The sooner you can get the money in your hands, the sooner you can put it to work on your own behalf.

Of course, if you calculate you will owe Ottawa money when you make out your 1993 return, it is in your best interest to send in the return and your post-dated cheque just prior to the deadline of April 30, 1994. The longer the money is in your possession the more it earns for you.

The revenue minister says the increased efficiency achieved by his department

has enabled it to assign more staff to identify non-filers and non-registrants.

"The department is stepping up exchanges of information and is working more closely with the provinces and client associations, to better target and improve the effectiveness of enforcement actions," the minister says.

"Revenue Canada is also setting up special audit teams to focus on business sectors that demonstrate high levels of non-compliance. This will provide a level playing field for Canadian business."

The minister says these measures will target the so-called underground or cash economy - particularly the construction, jewellery, hospitality, home renovations and car repairs sectors.

"We will ensure that the majority of Canadians don't suffer because of those who purposefully evade and cheat. That means more audits and prosecutions. And we will let everyone know who these cheats are. Canadians want everyone to pay their fair share, and I intend to deliver."

However, the minister added, "for those who voluntarily disclose previously unreported income, we will continue our policy of no

prosecutions and no penalties, if an enforcement action has not been initiated."

This concession should serve as an incentive to delinquent taxpayers to immediately contact their closest District Taxation Office and clean up their tax situation.

There's not much time leeway as the revenue minister says he is working closely with Finance Minister Paul Martin. Their joint objective is to identify other initiatives "in order to improve detection of underground transactions, simplify tax administration to permit better enforcement, and improve revenue collection."



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Have you ever wondered what goes on underwater when there is a one metre layer of ice on the lake? Do you have an uncontrollable urge to immerse yourself in ice cold water in the month of March? Then have we got the course for you!!!

The Goldeyes Scuba Club will be conducting an Ice Diving Course in March 94, details are listed below:

WHAT:
Ice Diving Course

WHERE:
Classroom: Westwin Pool, Bldg 90

Open Water:
West Hawk Lake, MB

WHEN:
Classroom:
2000 hrs, Thursday nights,
10, 17 & 24 March 94

Open Water:
26 & 27 Mar 94, timings will be given during the course

COST:
Cost of the course will depend upon the number of students enrolled, but is not expected to exceed \$80.00 per student. In addition students will be responsible for their own

transportation, accommodation and food for the open water dives at West Hawk Lake.

PREREQUISITES:

To participate in this course you must:

- hold a valid Scuba Diver certification issued by a certifying agency recognized in CFAO 50-10;
- provide a Log Book verifying that you have at least ten open water dives;
- provide proof of a recent (within the past year) medical examination, certifying you fit to dive;
- provide your own scuba equipment, including a wet/dry suit for the open water dives. Tanks, regulators and buoyancy compensators are available for rent from the Club (for Club members only) and suits are available for rent at local dive stores.

ADDITIONAL INFO:

For additional information on this exciting and challenging course and to register contact Ronn Cooper at 833-5357(work) or 831-1458(home).

FAMILY BUDGET BASICS

By Harry L. Mardon

To operate a household budget calls for a good level of self-discipline and attention to details.

However, the system itself can be a relatively simple one. You have to keep a monthly record of your income and expenditures. Professional financial planners advocate that combining two systems of keeping track of your family finances is the most effective approach. One is the bank account method. This involves having a master account. All income should be deposited in such an account and a record kept of the source of the income and the date it is deposited.

You also want to set up a couple of special accounts. One should be for your primary savings. You write a cheque against your master account and deposit the money once a month into the savings account. In effect, this account also serves as your emergency fund.

You also should have a second account for general expenses. You feed this account with recorded withdrawals by cheque from the master account. You use this

expense account to pay regular bills by cheque and to withdraw cash for payment of such expenditures as store purchases of essentials like food and clothing.

The second method of controlling your family finances. It's called the envelope method. Buy a bunch of envelopes and give them various labels, such as food, clothing, recreation, transportation. Allocate cash in each envelope according to your overall budget schedule.

You have to record the date and amount you allocate to a particular envelope, and record the cash withdrawals you make. Deposit in the envelopes any receipts you receive.

At the end of the month you may have some cash left over. Ideally, you should deposit any surpluses in your bank savings account. In practice, however, you may have to use leftover funds to meet an unexpected expenditure item.

There are a couple of disadvantages to the envelope system. One is that it's vulnerable to cheating. You may be tempted to sneak \$50 out of the envelope for an impulse

purchase of a small luxury item.

The other drawback is that there may be quite a large sum of money in cash in your home or apartment, particularly at the start of each budget month. That would be a bonanza for any burglar, or the cash would not survive a fire.

You should carefully weigh the risks involved in having envelopes around the house. If you feel there is not adequate security, you will have to operate most of your budget by writing cheques against your expenses account, keeping track of your finances by filling out the cheque stubs.

Financial planners warn that a family budget should not be too rigid or have no provision made for personal allowances. In other words, don't try to account for every cent. This could lead to family strife.

Because life is never simple, you should budget for the unexpected. If a water pipe bursts, you will have to cope with a plumber's bill which may run to a couple of hundred dollars. That's when you will be compelled to tap your emergency reserve.

DAFFODIL DAY CAMPAIGN

To the Canadian Cancer Society, the daffodils represent hope in the fight against cancer. 17 Wing has been asked to share this hope by purchasing daffodils. Last year, we raised over \$3,000 during the campaign, representing well over 4,000

flowers, of which 380 bunches were sent to local cancer patients. This year again you will have the opportunity to buy 10 flowers for \$3.50 or order daffodils for cancer patients in local hospitals.

Section representatives will be canvassing all Base units

between 14 February 94 and 24 February 94.

The flowers will then be delivered on 23 March 94.

Thank you in advance for your generosity.



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They may be contacted at the numbers indicated below or by calling us toll-free at 1-800-267-6681.

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Friday 25 February 1994

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Watch the Voxair and
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Contact the Rec Centre for more information

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AUTOPAC NIGHT**

Saturday February 26, 1994
WO/Sgt's Mess
Fireside Lounge

Time: 1830hrs

Dress: Relaxed DJ: J&J Sound

Dinner: Spagetti, salad,
garlic bread, rolls (served at 1830)

Cost: Members \$2.99

Non-members \$2.99

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Sunday, 20 Feb 94
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Winnipeg Jets vs
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Come and Join 17
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See your section rep
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2PPCLI Junior Ranks Ladies Association

Meet & Greet

Friday 18 February 1994 at 8pm
at the Junior Ranks Mess

Come on all you wives and girlfriends of 2PPCLI junior ranks.
Break your winter boredom and join us for some munchies,
music and meet with the new and not so new ladies in the
area. If you are shy, bring a friend.

We will have a representative from the Military Family
Resource Centre and the Base Social Work office who can give
you information about activities and support services avail-
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For more information, phone Bonnie Jolly at 832-7321.

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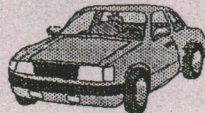
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Padre's Corner:

"A MIRROR FOR IDENTITY"

By Maj S.G. Hopkins

I understand the Bible to be the "mirror for our identity." We can see ourselves in the stories it tells and discover who we are. The stories are about real people and not aliens from another planet. We are easily discouraged from learning from the Bible partly due to our laziness in not appreciating the oriental metaphor used and not accepting the historical content of an ancient people. We live our lives trying to answer these questions - 'Who am I?', 'Where do I come from', 'Where am I going?'

Let me introduce you to a typical story from the Scriptures, "our mirror for identity." The text is Matthew 4:12-23 and we will use this line, "Jesus went from Nazareth and settled in Capernaum." Now you might be saying to yourself this line certainly says nothing about my life. You have never been in Nazareth or Capernaum for that matter and you may or may not see yourself as being Jesus! I understand these

places as being representative of more than geographical locations. Since being a person is not dependent upon our birthplace or race, sure it may reflect our belief systems and perceptions, but we are more "a child of the universe." Jesus had to be a real man, a real person or else he is nothing to us.

He had a decision to make, to continue to reside in Nazareth or to move on to Capernaum. Nazareth was security, the place of his old belief systems, and Capernaum was the future, the unknown. We are not always eager to leave our Nazareths. Sometimes we refuse to embrace new values and attitudes, we have a tendency not to venture forth or to mature. Sam Keen says that men cannot possibly learn to love another woman if they have not first of all learned to deal with their mother, their first love. We resort to avoiding and denying our pain and hurts in the same manner as when we were children. We recreate the dysfunctional families from whence we come. It

is not easy to leave Nazareth.

Jesus left to go to settle in Capernaum. So what is this Capernaum? The people in Galilee did not live under the heavy doctrinal thumb of Jerusalem. They were of mixed origin, bilingual (Greek and Aramaic), in closer touch with the outside world and receptive to new movements. We are in Capernaum when we are in the unknown but fertile land of challenge. We are free to have a faith that is not cumbersome and heavy, laden with rules and regulations, with black and white perceptions of reality.

It is there where we can fulfil our character, radically change if necessary, and leave our immediate entanglements to become "fishers of people." We leave our daily routine, our fishing boats, and respond to the call of the stranger, on the shoreline of the sands of time where we sense the ebb and flow of life. This Jesus, from Nazareth, will lead us into the future, lead us on our voyage of discovery. Have you settled in Capernaum?

DON'T LET THE FLU GET THE BETTER OF YOU

Once again, that dreaded flu season is almost upon us. Officials at the Laboratory Centre for Disease Control in Ottawa say that we can expect to be hit with the ABeijing influenza virus this winter.

Influenza is one of the most contagious diseases known to civilization.

Flu and cold symptoms are sometimes confused for one another. High fever, headache, general aches and pains, fatigue and a sometimes severe cough are the most common flu symptoms. Sufferers may also have a runny nose and sore throat. Colds, on the other hand, are characterized by a runny, stuffy nose, sneez-

ing, and a mild to moderate hacking cough. Colds are rarely accompanied by fever, headache and aches and pains.

Many Canadians are considered to be at high risk for Influenza A while some may die from it each year. Not surprisingly, most of the deaths occur within the high risk group. They include adults over 65 as well as children and adults with chronic medical conditions such as heart disease, lung disease and diabetes mellitus.

Vaccination is still the single most effective means of preventing influenza according to the National Advisory Committee on Immunization.

However, when faced with an influenza outbreak, for those at risk who missed their flu shot or had a late shot, there is a medication that can help prevent the onset of infections due to Influenza A and that can reduce the severity of symptoms. Amantadine, (Symmetrel®) is approved in Canada for the treatment of Influenza A.

According to the National Advisory Committee on Immunization, amantadine treatment should not replace influenza vaccination in high risk groups.

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St. Marguerite Bourgeoys (North Site)
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 Sunday: 0900 hrs (Fre) Tue, Wed & Thurs: 1800 hrs
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 Sunday: 1000 hrs (Eng) Weekdays Wednesday: 1900 hrs

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C'est le temps de la mise en conserve domestique

La mise en conserve domestique est une activité pour les jours chauds, n'est-ce pas ? Faux. Vous pouvez préparer des conserves tout au long de l'année. En fait, plusieurs cuisiniers préfèrent les températures froides et le rythme plus lent de l'hiver pour mettre en conserve les produits disponibles tout au long de l'année.

La Confiture de gourmet au punch du planteur est un bon exemple. Cette confiture est un mélange légèrement sucré d'ananas, d'agrumes, de pommes et de noix de coco. C'est une tartina délicieuse pour les toasts ou les petits pains. Ou encore, étendez-en sur le dessus d'un gâteau au fromage du commerce et le voilà facilement transformé en spécialité de la maison. En plus, un bocal de cette tartina de luxe se vendrait au magasin au moins 4 \$, si jamais vous en trouvez. À la maison, vous pouvez préparer six bocaux pour moins de 10 \$.

Vous n'avez pas besoin d'équipement spécial pour la mise en conserve domestique,

sauf les bocaux mason, les couvercles Snap et les bagues. Une marmite à l'eau bouillante, utilisée pour le traitement à l'eau bouillante des bocaux remplis, est tout simplement une grande casserole au couvercle bien ajusté, avec dans le fond une grille sur laquelle les bocaux remplis sont déposés. Une grande casserole profonde et une grille ordinaire ou un support formé de bagues reliées par une ficelle feront très bien l'affaire. Si vous êtes incertaine de la marche à suivre pour la mise en conserve ou si vous désirez des renseignements supplémentaires, communiquez avec Bernardin, les experts de la mise en conserve domestique au Canada. Faites parvenir vos demandes à Bernardin du Canada, 120 The East Mall, Etobicoke, Ontario, M8Z 5V5

Confiture de gourmet au punch du planteur

Le rhum donne à cette confiture une saveur unique, mais sans rhum, elle est tout aussi bonne.

2 oranges

2 citrons
2 limes
2 boîtes (19 oz/540 mL chacune) d'ananas broyés non sucrés
2 pommes acidulées
31/2 tasse (875 mL) de sucre granulé
1 1/2 tasse (375 mL) de noix de coco en flocons
1/4 tasse (50 mL) de rhum, facultatif

• Remplir la marmite à l'eau bouillante d'eau chaude. Déposer 6 bocaux mason de 1 demiard (250 mL) dans la marmite et chauffer à feu vif. Couvrir et porter à ébullition; laisser bouillir au moins 10 minutes pour stériliser les bocaux, à une altitude de moins de 1000 pi

• À l'aide d'un zesteur ou d'un eplucheur, retirer des oranges une mince pelure en laissant la membrane blanche sur le fruit. Couper la pelure en lanières minces; mettre de cote. Peler les oranges, les citrons et les limes en retirant toute la membrane. Peler et évider les pommes.

• Égoutter les ananas en réservant 1/2 tasse (125 mL)

du jus; mettre de cote. (Utiliser le reste du jus d'ananas dans une autre recette.) Hacher finement les ananas, les oranges, les citrons, les limes et les pommes au robot culinaire ou à la main, une petite quantité à la fois. Les déposer au fur et à mesure dans une grande casserole en acier inoxydable ou émaillé.

• Ajouter le jus d'ananas réservé et la pelure d'orange au mélange de fruits. Incorporer le sucre et porter à ébullition. Laisser bouillir à gros bouillons pendant 15 minutes en remuant souvent.

• Déposer les couvercles Snap Bernardin dans l'eau bouillante et laisser bouillir 5 minutes pour ramollir le produit de scellage.

• Ajouter la noix de coco au mélange d'ananas. Laisser bouillir 10 minutes de plus ou jusqu'à ce que le mélange ait la texture d'une confiture épaisse, en remuant constamment pour éviter de coller.

• Si vous utilisez du rhum, retirer la confiture du feu et incorporer le rhum. Porter à ébullition en remuant constam-

ment et laisser bouillir 5 minutes de plus.

• Remplir un bocal chaud stérilisé de confiture chaude en laissant 1/4 po (0,5 cm) d'espace en haut du bocal (espace libre). Retirer l'air en passant une spatule entre le verre et le contenu; ajuster l'espace libre à 1/4 po (0,5 cm). Essuyer le bord du bocal pour enlever tout ce qui est collant. Centrer un couvercle Snap sur le bocal et visser une bague du bout des doigts sans trop serrer. Déposer le bocal dans la marmite. Répéter la procédure avec le reste de la confiture.

• Couvrir la marmite et porter de nouveau l'eau à ébullition. Traiter pendant 5 minutes si l'altitude est moins de 1000 pi (305 m). Retirer les bocaux de la marmite. Laisser refroidir pendant 24 heures. Vérifier si les bocaux sont scellés. Les couvercles scellés se courbent vers le bas. Retirer les bagues. Essuyer et étiqueter les bocaux. Entreposer dans un endroit frais et sombre.

• Donne de 6 bocaux de 1 demiard (250 mL).

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Le 22 février le centre culturel présente Kerry Kluner Band

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24 et 25 fév Papa Mambo.

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26 fév Artistes invités. Coût d'entrée : 3\$, spectacles à 21h15.

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Adultes. La poterie, les lundis soirs du 31 jan au 28 mars.

Pour plus d'infos 233-8972.

Le club de patins de fantasia à la patinoire présente carnaval d'hiver. Info 744-2325.

LE FESTIVAL DU VOYAGEUR.

C'est des activités spéciales pour tout le monde, des compétitions amicales, des spectacles, de l'histoire et des sports. 11 y en a pour tous les goûts!

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Farcetival avec Roland Hi! Ha! Tremblay Le vendredi 18 fevrier Des farces a se tordre de rire.

Stephen Faulkner Le samedi 19 fevrier Jacques Chenier et Jacques Chauvin

Le samedi 19 fevrier Un spectacle pour les jeunes voyageurs

Pour information où billets, composez le 233-9214

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• Soirée sociale Francophone: Souper Rencontre, Anne Marie Cloutier au 832-2183,

• Petit déjeuner Francophone tous les vendredi matin: info Linda Pelletier au 489-7260.

• Club de judo: Info, sgt Steve Broughton au 833-5214 ou 897-0630.

• Club de Céramiques, info Edie Grégoire au 489-7807.

• Venez rejoindre notre équipe de nageurs, Lipsett hall de 6h00 à 7h00 le mardi et jeudi, de 18h00 à 20h00 le vendredi. Pour plus de renseignements appeler SGT Lila Duff, au 833-6052 ou au 489-4103 ou SGT Ted Hidson au 775-8331 Ext 3830 ou le 488-1345.

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Source: Gisèle Champagne, coordinatrice du concours (237-9666)

Pour marquer l'Année internationale de la famille, la Fédération provinciale des comités de parents lance un concours pour célébrer les moments comiques qu'on peut vivre en famille. Toute la famille ou n'importe quel(s) membre(s) de tout âge d'une famille peut participer. Pour participer au concours: illustrez un incident "comique, bizarre ou intéressant" qui est arrivé dans votre famille par un des moyens suivants: - Écrivez un poème ou une chanson (sur cassette audio) ou une histoire - court(e) et comique! -

Faites un dessin ou une peinture ou une sculpture ou encore prenez une photo - drôle! - Envoyez une vidéo-cassette à se tordre de rire (soixante secondes)! Lancez-vous et amusez-vous en famille!

Envoyez votre soumission avec nom, adresse et numéro de téléphone au plus tard le 1er mars à l'adresse suivante

La Fédération provinciale des comités de parents
169, rue Marion
Saint-Boniface MB
R2H 0T3

Voici quelques prix que vous pouvez gagner:
1. fin de semaine en famille au Lilac Resort;

2. laisser-passer pour une famille au Winnipeg Folk Festival;

3. billets de saison du Cercle Molière;

4. et bien d'autres encore.

Les gagnants seront annoncés à la réunion annuelle de la FPCP le 19 mars 1994 à l'École Lavallée. Toutes les soumissions pourront être reprises au bureau de la FPCP après le 4 avril 1994.



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Motorcycle: Yamaha Radian 600, one owner, 8,000 original kms, lovingly maintained, exceptional condition, \$1800. OBO. Phone 864-2024 after 6pm.



Photo, Left to Right: LCol Mansbridge, Scott Jones, Col Jones, Susan Jones, Johanne Richer, Todd Jones, Mrs Jones, Mrs Lindsay. (Photo and cooking by LCol Mansbridge)

United Way Fundraiser Prize

By LCol Mansbridge

On December 16, the Air Command Dental Officer, Col Jones, and his family received their prize for having been selected in a United Way fundraising draw - a "gourmet" dinner prepared in their home by CCOL and staff. The meal included Caesar salad, Chicken Kiev, Potato Colonel, buttered green beans, and chocolate mocha mousse, with an assortment of sherries, wines, and port. DCOS Pers Col Aruja contributed his home-made wine in an effort which raised \$500 for the United Way. Col Jones expressed some trepidation at the sight of a lean (kindly stated) cooking staff; subsequently, the debate has raged about who enjoyed the event the most - the Jones family or the CCOL staff. And all for a good cause.

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- Over 10 Year involvement with Cadet Movement
- Currently Active with CIL

IS YOUR HOME SAFE?

Many accidents occur in the home, some with tragic results. Nearly all of these accidents could be prevented by being aware of hazards and observing basic precautions. Check the safety of your home! 1.

- Yes ___ No ___ Are your stairs built securely, protected by railing, well lit and free of all objects?
- Yes ___ No ___ Are all scatter rugs tacked down or skid-proof?
- Yes ___ No ___ Do you check carefully before backing your car out of the garage?
- Yes ___ No ___ Is your yard free of deep holes and ditches?
- Yes ___ No ___ Prior to cutting the grass, do you walk around your yard to ensure there is no glass or tin cans?
- Yes ___ No ___ Do you keep poisons and medicines locked up or out of reach of children and confused adults.
- Yes ___ No ___ Are electrical cords in good shape?
- Yes ___ No ___ Are your basement and attic areas free of oily rags and accumulated papers?
- Yes ___ No ___ Do you have a fire extinguisher handy?
- Yes ___ No ___ Do you turn pot handles away from the edge of your stove, table or counter?
- Yes ___ No ___ Do you keep

knives, scissors and other sharp instruments in a drawer or container and out of the reach of children?

- Yes ___ No ___ Do you keep firearms and ammunition under lock & key?
- Yes ___ No ___ Do you check before retiring at night, or before leaving the house, that all elements are turned off?
- Yes ___ No ___ Does your medicine chest or your home contain a first aid kit?
- Yes ___ No ___ Do you have adequate lighting for security and safety outside?
- Yes ___ No ___ Do you have a good ventilation in your house?
- Yes ___ No ___ Do you always turn off electricity at the main switch before changing fuses?
- Yes ___ No ___ Do you wear light coloured clothing or reflective material at night when out for a walk?

19. Yes ___ No ___ Do you have an emergency escape plan to use in case of fire?

20. Yes ___ No ___ Could your telephone be reached from the floor, if you were injured and unable to stand?

Crossword Solution from pg 9

1	P	A	S	T	5	P	R	U	N	9	10	C	P	A	S
14	A	L	T	I	15	A	C	R	I	D	16	O	R	C	A
17	P	I	E	R	18	R	A	N	T	S	19	L	E	N	S
20	A	B	R	A	21	R	E	P	O	S	22	R	E	P	O
24	W	I	N	N	25	I	N	G	26	C	O	L	O	R	S
27	A	N	T	A	L	28	S	A	G	A	29				
30	C	A	D	31	G	A	L	E	N	32	D	A	L	E	
37	T	H	E	O	38	C	O	L	O	R	39	O	F	M	O
41	S	T	O	S	42	P	I	L	E	A	43	G	E	E	
44	T	E	L	E	45	C	L	A	N	G	47				
48	C	O	L	O	49	O	R	S	50	R	E	G	E	A	N
54	N	A	R	R	55	A	T	E	56	L	O	N	G	E	R
57	O	L	A	F	58	H	A	G	59	U	E	D	A	R	E
62	S	I	T	U	63	E	D	I	T	S	64	E	N	V	Y
65	H	E	E	L	66	R	E	N	E	S	67	R	A	Y	S

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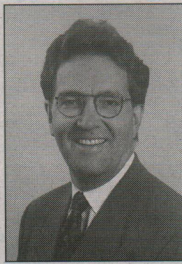
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