

# At the Crossroads of Peace

by Captain Roland Lavoie

While most Canadians, whether they like it or not, are dealing with winter and its hardships, Cpl Barry Westholm, a vehicle technician with CFB Petawawa's 2 Service Battalion, is faced with a very different situation.

Soaked with sweat in the hot Cambodian sun, he is busy repairing the suspension of a 2 1/2-ton truck just back from a supply mission. Suddenly, Westholm jumps up and starts shaking his right leg. A 12-centimetre long mantis, which is like a centipede, finally loses its grip on his pants and falls to ground.

"Whatever anyone says, our mission in Cambodia is really something out of the ordinary," says Westholm, a member of Canada's 215-member contingent with the United Nations Provisional Authority in Cambodia. "Anyone with a yen for the exotic should volunteer to come and spend the winter with us — if they're not frightened of insects and reptiles that is."

While UN peacekeeping operations in Somalia and ex-Yugoslavia have been dominating the news, another such operation has been working to bring peace to war-ravaged Cambodia. Some 17,000 UN peacekeepers are ensuring that ceasefire agreements signed in 1991 remain unbroken so that national elections planned for May can go forth.

Cambodia, a small Indochinese country formerly called Kampuchea ("born of the waters"), once again finds itself at a crossroad in its history. On the one hand,



Lt(N) Gerry White (right) patrols the Tonle Sap River near Cambodia's capital city, Phnom Penh, in a small observation boat. (Photo by Cpl Luc Germain, ISC92-1061.)

there is the prospect of renewing a civil war that has caused tens of thousands of deaths over the last 14 years. On the other, there is the peaceful option of general elections and an equitable compromise to encourage the country's four armed factions to lay down their weapons and help rebuild their nation.

"The 215 Canadians in UNTAC actually represent only a fraction of the multinational force, whose members come from about 40 countries," says LCol Les Ott, commander of the Canadian contingent and one of five Canadian military engineers deployed to Cambodia.

"Nevertheless, we know that our role is important and that we are contributing to a worthwhile peacekeeping effort."

In fact, most of the Canadians with UNTAC belong to 92 Transportation

"Our daily routine consists of loading our trucks at the airport, the port, or a Phnom Penh storage depot, and then replenishing the UN service companies scattered throughout the country," explains Pte Tom Osborne, a mobile

flooding, and the passage of heavy vehicles.

"Besides this, we have to share the road with children, trucks, carts and, of course, bicycles and motorcycles, which are the chief means of transportation around here," adds MCpl Sylvie Boudreau, Osborne's section commander. "In Cambodia, the road is a public place. It takes a long time to cover 50 kilometres when your speed is limited to 10 or 15 km/h."

Given the condition of Cambodian roads and the many waterways that irrigate the nation's rice paddies, it is not surprising to learn that

*Continued on page 3*

**"Whatever anyone says, our mission in Cambodia is really something out of the ordinary"**

Company, based at Camp Canada in the suburbs of Cambodia's capital, Phnom Penh. Its personnel are drawn from CFB Petawawa's 2 Service Battalion and various units with Land Force Central Area.

support equipment operator with the service battalion.

The job is not an easy one, particularly since Cambodia's dirt roads have long been neglected and, for all practical purposes, destroyed by mines, seasonal

## Base Red Cross Blood Donor Clinic

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It will be held Wednesday, 24 February 1993 from 0900 hrs to 1130 hrs and 1300 hrs to 1600 hrs at the Drill Hall (Bldg 21) CFB Winnipeg.

### Every Drop Counts



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# EDITORIAL Voxair Update

Eight months have now gone by since Voxair went modern with a new desktop publishing system. We've certainly made mistakes as an anonymous writer keeps pointing out in his unsigned critiques. We've all got more grey hair than we had last May and we have difficulty paying the bills but overall

it's been a rewarding and challenging time.

Having now mastered the basic skills of producing a paper we now feel ready to take the next step toward making Voxair more interesting for you, captive, if not faithful readers. Our next edition will feature such things as a new masthead

and we'll try to break our content into sections which are easier to identify. We will have a Lifestyle page, a Sports page and a French language page among others. For example, the French page will contain articles and information on what's happening in the Winnipeg French community.

Please feel free to send or bring your comments to our office. We'd love to know where you think we can improve.

# AIRFORCE MAGAZINE

Air Command has long had an objective of forming closer ties with organizations who share our interests. The Royal Canadian Air Force Association (RCAFA) is such a group. The RCAFA represents like-minded individuals interested in preserving Canada's heritage. In addition, members of the RCAFA wish to enhance the knowledge of the role of the aerospace field in this country. In recognition of this goal, the RCAFA recently invited members of Air Command to become regular contributors to Airforce Magazine.

submissions of quality editorial material, it was deemed desirable to enter into a letter of understanding between Air Command and the Royal Canadian Air Force Association. This action is now completed.

All serving members are encouraged to actively participate in making this project work by contributing articles for publication.

Articles can be on any air force related subject and should not exceed one thousand words. Photographs are also welcome as supplements to the submitted articles.

In order to take advantage of this opportunity, ensure continuity, and regulate

The Command Public



Affairs office at AIRCOM HQ has been appointed OPI/POC for this project. All articles are to be submitted to the CPAO for editing and forwarding to the Airforce Magazine editorial staff.

The deadline for the first issue is 15 Feb 93. Future deadlines will be advised at a later date.

# Air Command Retirement Presentations



LGen Huddleston, Commander of Air Command, recently presented the Certificate of Service to Captain R.A. "Bert" Page on the occasion of his retirement from the Canadian Forces, in recognition of over 32 years of service in the RCAF and CF. Bert and his wife Gerri will be staying in the Winnipeg area; best of luck Bert for a long, happy and prosperous retirement.



To mark his retirement, Captain Bert Page presented this beautiful framed print to Air Command Headquarters. LGen Huddleston accepted on behalf of AIRCOM. This limited edition print by Robert Taylor is titled "Early Morning Arrival" and depicts Lancaster VR-A returning from its first operational mission over enemy territory. This was the Lancaster which Andrew Mynarski, VC served on and won the Victoria Cross during World War II. This print is particularly valuable as it is personally signed by all six of Mynarski's crew as well as by four other highly decorated airmen. Appropriately, this wonderful work of art is now displayed in Mynarski Hall in the Bishop Building. Many thanks, Bert.

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Barry Sweeney



music reviews and syndicated columnist

## Restless Hearts' Iron Horses

It's something that almost every band must face at one time or another. What to do when one of the group members wants to leave. The quick and obvious answer is replace him. For Restless Heart the decision took a serious amount of soul searching when lead vocalist Larry Stewart decided to exit. A guitarist or a drummer is one thing, but when you try to replace the central figure it's a little different.

Restless Heart are one of the premier country groups on the music scene with seven #1 singles and three gold albums (Wheels, Big Dreams In A Small Town, Fast Movin' Train) to their credit. The remaining members of the group went through the audition process, didn't find anyone suitable and decided to go with their

own resources. They now trade-off lead and harmony vocals and the results are showing up in a huge way on the charts.

Their newly released Big Iron Horses (RCA/BMG) has broken out of the starting blocks faster than any of their previous releases. Led by the runaway success of their cross-over single When She Cries, which is currently breaking top-10 country and making even bigger inroads on pop listings. In direct competition with such rock and rappers as P.M. Dawn, Wreckx-N-Effect and even Madonna, RH's simple love ballad has not only made giant strides, but has enough commercial potential to carry it to the zenith on the pop charts and turn the single into gold.

Group have put together

their strongest outing to date and, depending on whether they decide to go uptempo or downbeat on their next release, they have some industrial strength material waiting in the wings. We Got The Love is a vocal-driven, infectious beat, positive love song that would instantly capture rack and radio, while Blame It On Love is a slow-paced romancer that has a bluesy backing. We're Gonna Be OK and As Far As I Can Tell are further highlights. They made the right decision.

### HOME ALONE 2

Released in time to maximize Xmas sales Home Alone 2 (Fox) in both formats original score and soundtrack should still be selling well after the holidays are nothing but a memory of unpaid bills.



Greg Jennings Paul Gregg John Dittrich Dave Innis

### Restless Heart

The Original Score features music composed and conducted by John Williams and features the full orchestral sweeps on such songs as Somewhere In My Memory and Christmas Star and Preparing The Trap, with lyrics by Leslie Bricusse. Williams' past credits include scoring the Star Wars trilogy, Indiana Jones and a pair of Superman films.

The Soundtrack will probably be the set with mass appeal. Featuring some of the biggest names in the entertainment business covering Christmas classics and new seasonal songs, highlights include Darlene Love's rocking All Alone On Christmas, country star Alan

Jackson's revival of A Holly Jolly Christmas and Bette Midler's Somewhere In My Memory. With songs by TLC (Sleigh Ride), Atlantic Starr (Silver Bells), Bobby Helms (Jingle Bell Rock) and Johnny Mathis' It's Beginning To Look A Lot Like Christmas, this set should become an annual hit.

### FAST FACTS

Erik Darling sang tenor and played banjo as part of the Tarriers (Cindy, Oh Cindy and Banana Boat Song) later became a member of The Rooftop Singers (Walk Right In).

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## At the Crossroads of Peace

(cont'd from front page)

many UN military personnel carry out their duties in motorboats, borrowed mainly from the naval branch of the Cambodian People's Army. At least this is the case with the 30 Canadian naval observers who help patrol the country's coastal and internal waters to ensure that all factions are observing the ceasefire agreements.

"It's the first time that sailors from both coasts have participated to such an extent in a peacekeeping mission," says LCdr Doug Thomas, just back from a six-month tour in Cambodia. Canadian naval observers, based either at the port of Phnom Penh or the southern base of Ream, report all troop movements

and, by their presence, deter the illegal activities of arms dealers, smugglers and extortionists — all of whom they have no qualms calling pirates.

POI Dwight Ince, a navy signalman, says he "jumped at the opportunity" to go to Cambodia. "It's not every day that a sailor gets to take part in a UN naval observation mission." He was serving in HMCS Annapolis at CFB Esquimalt, B.C.

Since he arrived in Cambodia, in June 1992, Ince has seen it all. First, he had to get acquainted with Cambodia's fleet of mostly Soviet-built vessels, more often than not in poor condition. He also had the

opportunity early in his tour to experience the Cambodian lifestyle, living in a hut with no hot water, shower or conventional toilet.

All the naval observers agree that one of the most fascinating aspects of their role is conducting patrols in the Gulf of Siam (also known as the Gulf of Thailand) or on inland rivers such as the Mekong or the Tonle Sap.

"Since I got here, I've done a bit of everything," comments Lt(N) Ted Dochau, a maritime engineer from Halifax who is fluent in Vietnamese, Thai, English and French. "I'm mainly in charge of getting the UN fleet back in shape, but I have also patrolled the waterways and boarded ships to search for weapons and contraband. We have often encountered the Khmer Rouge and members of other factions. We have always been able to



In Phnom Penh, Cambodia's capital city, a convoy leaves Camp Canada, where 140 of the 215 Canadians with the United Nations Provisional Authority in Cambodia are quartered. (Photo by Cpl Luc Germain, ISC92-1002.)

convince them that we don't pose a threat to them."

Canadian soldiers and sailors in Cambodia, whether they are engineers, naval observers or logistics specialists, are aware of the many dangers they are faced with. "In addition to weapons, mines, and opposing factions, Cambodia is the home of infectious diseases, poisonous snakes, insects, and sunstroke ailments," notes MCpl Ren

Klassen, a preventive medicine technician at Camp Canada.

In spite of that, however, the Canadian members of UNTAC are carrying out their mission with obvious calm and enthusiasm. They know they can handle jobs like this. Moreover, as many of them indicated, they know the hardships of their mission are not in vain and that they are helping to put Cambodia back on the road to peace.

(Capt Lavoie is the editor of Sentinelle. He visited Cambodia last November.)

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# Starwatch

by Jim Bryce

Mars certainly lived up to its billing in December and January. While the apparent size of the planet was small due to its distance from Earth, its high altitude gave generally good seeing conditions. Using magnifications of 100 and 150 times in my 200 millimetre telescope I was able to see good surface detail and the north polar cap. Two other planets, Venus and Mercury are visible in the evening sky in February and are well worth the effort to locate them.

## Venus

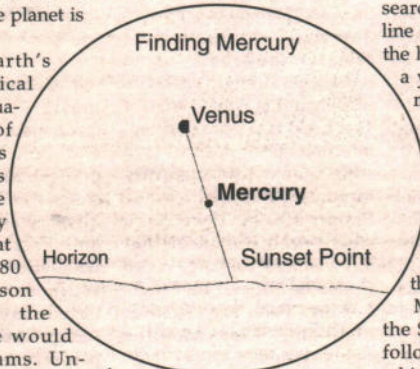
Venus has been shining brightly in the southwest during December and January but it will get steadily brighter throughout February until the nights of the 23rd and 24th when it will be at its brightest. On those nights it will be at magnitude - 4.6, far outshining anything else in the sky except the Sun and the Moon. The magnificent brilliance is due to the fact that Venus is permanently shrouded in thick cloud cover which reflects much of the sunlight striking it back into space. When it is this bright it can be seen in daylight and it is easy to see why it has been the cause of many UFO reports. Venus is our nearest planetary neighbour and because its orbit is closer to the Sun than ours, it shows phases like the Moon. On the nights when it is brightest the disk will be lit in the manner

similar to a half moon. When it is closer to the Earth in mid March it will be a long thin crescent but the actual surface area reflecting light in our direction will be smaller so it will be less bright than it appears in February. If you have a good set of 7x50 binoculars and a steady place to support them, you may be able, in March, to see that the sunlit portion of the planet is crescent shaped.

Venus is the Earth's twin in physical dimensions. Its equatorial diameter of 12,100 kilometres is only 650 kilometres less than the Earth's. Its gravity is just over 90% that of Earth's so an 80 kilogram person standing on the Venusian surface would weigh 72 kilograms. Unfortunately he would be unable to stand on the surface for very long. The mean temperature is an incredible 465 degrees centigrade; the result of a runaway greenhouse effect in the carbon dioxide atmosphere. He would also find the pressure intolerable. The atmosphere is so dense that the four Russian Venera spacecraft which landed and sent back pictures were crushed in very short order. It is estimated that the surface pressure is about 20 times that on Earth, in other words, equivalent to the pressure 200 metres beneath the sea. Venus had some other surprises in store for us underneath its clouds. It

turns out that it rotates from east to west so daylight dawns in the west but it arrives very slowly. The Venusian day is 243 of our days long and since the Venusian year is only 225 of our days it is the only planet in the solar system with a day longer than its year.

Despite the cloud cover the surface of Venus has been extensively mapped, first by the Pioneer Venus mission; and subsequently by the Magellan spacecraft which



has been in orbit about the planet since 1990. Both of these missions used radar to penetrate the clouds and the resolution attained has been excellent.

## Mercury

Mercury, the closest planet to the Sun, is not an easy planet to observe. It never gets very high above the horizon in the nighttime sky and is usually so close to the Sun that it is lost in the glare. Some very famous astronomers, Galileo included, never saw it. In Canada we are lucky with clear skies and access to uncluttered horizons so if you make an effort when the

planet is at its furthest from the Sun you will often be rewarded. A good time is on the 21st of February. At the latitude of Winnipeg you will need a level unobstructed view to the west because the planet will be less than ten degrees above the horizon. Note the point where the sun goes down. Next locate Venus and imagine a line between it and the point where the Sun set. Wait for twenty minutes after the Sun has set and with binoculars search along that imaginary line about ten degrees above the horizon. Mercury will be a yellowish object of - 0.5 magnitude. You have to hunt for it in the twilight. If you wait until the sky is dark it will have set. It would be a good idea to look for it starting on the 19th or 20th of February in case the 21st is cloudy.

Mercury speeds around the Sun once every 88 days following an elliptical orbit which is fairly eccentric, that is, it is longer than it is wide. This orbit played an important part in confirming Einstein's Theory of General Relativity. It was noticed that Mercury deviated from the path that Newtonian theory predicted and until Einstein, no one could explain the observed difference. Einstein's theory predicted that the long axis of Mercury's orbit would rotate very slowly around the Sun and the observations agreed accurately with that prediction.

Good luck in your search for Mercury. Remember to be very careful using binoculars in the vicinity of the Sun. It is best to leave them in their case until the Sun sets.

## A Merry Christmas for 10 Families Thanks to Base Supply

Once again Base Supply has shown their caring spirit by helping the Christmas Cheer Board. For the past four years supply personnel, military and civilian, have banded together to help 10 families celebrate Christmas in a "merry way".

Major Ron Stewart and CWO Terry Smith would like to thank all people involved. Grant and Mary Clements from REMAX Real Estate for again being so generous in donating turkeys for each family. Thanks also to Ms. Suzane Durocher, MC Laren Farms Limited, Cotter Canada and BEME to name but a few.

Thank you everyone and happy new year  
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February 14th

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## Certificate of Achievement



MCpl P. Filman, a recent graduate of the Meteorological Technician QL6A Course 9202, received the Certificate of Achievement from Mr B. Brodie SSO Met. The Certificate of Achievement is presented to the student who has attained the highest academic standing on course.

## Congratulations CFS Met



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Front Row (L-R) MWO R. Anderson, CWO M. Cousens, Mr B. Hartman (Comdt), Mr B. Brodie SSO Met (Guest of Honour), Mr B. Wong, Miss Quinn  
Back Row (L-R) Sgt C. Totton, Mr L. Richard, WO M. McGillivray (CC), MCpls J. Goodall, R. Frobels, D. Carrier, Y. Wiseman, L. Manning, P. Filman, R. Waters, Sgt D. Ruddock, Mr B. Konzelman, Sgt J. Worrall, WO L. Gauvreau  
Met Tech QL6A graduates are employed throughout the Canadian Forces Weather Service as briefers. They provide weather briefings in support of military flying operations.

## D Coy 3PPCLI

Greetings from D Coy 3PPCLI, the Reserve Coy. You probably have not really heard of us so I would like to take this time to give you a general description of our daily and nightly tasks.

Lately we have been quite busy ensuring the weapons are kept out of the United Nations Protected Area (UNPA). We do this by manning vehicle check-points/vehicle patrols and generally provide much manpower to the other companies within the

Battalion. For example, we provide a section to C Coy on a nightly basis to assist them in their vehicle check-point tasks of Operation BLUEJAY. On occasion "acquiring" a variety of weapons and ammunition. Another company we "lend a hand" to is B Coy where we provide a section to help patrol the numerous number of roads and trails situated in the beautiful forests of Croatia. Oh, I can't forget A Coy where we also provide support by virtue of vehicle

patrols and vehicle check-points. One particular task that we have received lately is to provide security of a Croatian police station situated in Pakrac. This task requires all the platoon's resources and a constant manning over a 24 hour period. Lately a very demanding task but very interesting. Now that you have an idea of what 10 Platoon does "generally". I would like to close by wishing everyone a Happy New Year and a SAFE 1993, 2VP.

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# CFANS Update

they thought basic nav students would present little opposition

In what might only be described as a humiliating defeat, SANC ended the game over twenty points short of the students' score! Not surprisingly, it was understandably difficult to find a SANC student willing to admit having participated in the match.



Graduation of CFANS Course 9201 (L-R) Capt Anil Mohan, Course Director; Col Proulx, BComd; Lt Steve Maude, Honour Graduate; Col Aruja, Reviewing Officer; Lt Dorothy Wiebe, LCol Pauls Memorial Trophy winner; Lt Rob Truscott; LCol Leclerc, Comdt CFANS

"Well, the final score was a little one sided," whined Capt J.J. Tremblay, "but we were tired from the exhausting demands of the (SANC) course." J.J. is one of the designated CFANS instructors attending SANC. Students report that his normally gentle demeanor was all but nonexistent during the game. One source, whose name is withheld by request,\* referred to him as "a goon, attempting to make-up for lack of talent by abusing his authority."

"I think that might be a bit harsh," responded OCdt André "The Rocket" Martel. "Capt Tremblay is a big teddy bear. He was simply demonstrating his enthusiasm, just like he does in class."

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André, one of the game's outstanding players, was typically modest about his own hockey prowess. He also preferred to withhold comment when asked about his motives for requesting a full-contact "grudge match" against the instructors.

"But you know, you have to wonder about those SANC guys," he added, "if they are as competitive in the air as

On the training scene, CFS's Capt Al Watt was the driving force behind a trip to Jasper National Park's Marmot Basin.

Accompanying him for a week of skiing were Capts Coates, Fenton and McDonnell.

"I guess you could say I was the 'driving force,'" chuckled Al, "it was my car, after all!"

"And quite a car it was," interjected Coates. "This baby was kitted-out with the latest in digital systems. It was all I could do to master the use of the on-board computer during the trip, especially the digital thermometer."

Al's only comment on the instructors' eagerness to manipulate every available switch during the trip was: "They're like my kids, they never listen!"

On a final note, St. Valentine's Day is in less than two weeks and the traditional students' party is eagerly anticipated. This event is held annually by CFANS students as an expression of affection for their instructors. The warm-up party was held a few weeks ago and was notable in the absence of any instructors whatsoever. Course 9207, this year's organizers, promise to rectify this oversight and have offered to buy free pizza and beer for all the staff.

That's all for this week. Until next time, Pipeline Out!

*(Ed's note: 2Lt Rob Masutti)*

"It's the natural evolution of the species," commented Course 9209's 2Lt Rod Watts. "Just as a kitten is born without the benefit of sight, the rookies at the school need as much direction as their seniors can provide. The wrist straps were an added touch we didn't want any of them straying-off so early in their training."

Only then did I notice that each student was attached to his coursemates with a cord similar to that used by mothers to prevent their children wandering while they are shopping. "A wise precaution," added Course Director Heselgrave. "Who knows where these guys might end up without the benefit of a firm hand at the controls and some gentle nudging in the right direction!" Assuming he was speaking of his newfound duties as a Course Director, I was impressed by his concern for his charges.

For the uninformed, the Course Director's duties provide CFANS' aspiring Capts with the invaluable opportunity to exercise their staff skills in a rapidly changing environment. The instructors at the CF Staff School could learn much from the unusual situations from which the Course Director is required to extricate his "highspirited" charges. Luckily, or perhaps sadly, these often humorous incidents have declined drastically in recent years, leaving the instructors gallantly attempting to "set the example."

Setting the example in floor hockey recently, CFANS students demonstrated impressive prowess in a game against the students of the Staff Air Navigator Course (SANC). The challenge had been mounted by SANC in response to reports of the drubbing administered to the students by the CFANS instructors late last year; in other words,

they are in the gym, the future of NATO could be in worse shape than I thought!"

To the SANC teams credit, Capt Ken Groen, their regular goalie, was out of town and they were relying on Capt Larry Arnold to stand in. Larry, a member of 434 (EW) Squadron, was predictably reluctant to comment. It appeared he was somewhat shaken by the prospect of having to work with any of these students in the future.

"They were brutal," he admitted, "it was all I could do to avoid getting hit! All I could see was streaks of orange as their shots blasted by me into the net."

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PAST		FUTURE

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 To Live Bands  
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 Fri. & Sat. 9 pm - 1:00 am

**Meat Draws**  
 Every Sat. 2 pm - 5 pm



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### People Are Talking

"Charles J. Givens is becoming to personal finance what Dale Carnegie is to human relations."

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Charles J. Givens has dedicated his life to teaching others throughout the world his easy to understand financial strategies. His books, *Wealth Without Risk*, and *Financial Self Defense*, have become the biggest selling financial books in history with over two million copies sold. They have remained at the top of The New York Times best sellers list for over two years.

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### MEMBERS COMMENTS

"The Givens material is very detailed and presented in such a way that the average person can make excellent use of the information. I was Base Financial Counsellor at CFB Summerside for two years. This package makes excellent sense and should be made available to all retiring members of the CF through SCAN."  
Chief Warrant Officer K. Edgett (Ret'd) - Trenton

"Aside from the financial bonuses granted under the Forces Reduction Program, I sincerely feel that the Givens Wealth Master Package is by far the best benefit military members can take advantage of. It is a comprehensive and personally tailored Canadian financial management and small business program affording six months unlimited consultation from the best organization of its kind in the world. Those who choose it and use it will be more than satisfied and I have the testimony of several fellow servicemen to support my sentiments."  
Master Warrant Officer Don Hunt (Ret'd) - Ottawa

## FREE LECTURE LOCATION

MONDAY, 8 FEBRUARY, 1993

3:00 PM & 7:30 PM

HOLIDAY INN CROWN PLAZA

350 ST. MARY AVENUE

WINNIPEG

Attend our free lecture for all military and DND employees. Special emphasis on benefits for Forces Reduction members. Learn strategies to take advantage of cash out, severance pay, RRSP's, pensions, SISIP, and many more financial concerns.

Free Job Search package to each person in attendance especially written for DND members.

# The Information Technology Resource Centre



As of 14 Dec 92, we were "merrily" clicking along (mouses) and generally enjoying our new centre. We're set up with temporary furnishings, and recently had a quick paint job to spruce up the place. A good number of folks have dropped in to have a look, in particular, BGen Martineau and the Communications Command CWO on opening day (20 Nov 92). The Base Commander (B Comd), is very pleased with everything so far and lent his supportive comments to the General during his visit. The General himself, was duly impressed with what he saw and appreciates the potential of the ITRC. Speaking of potential, Lt Black and Sgt West from Comm Sqn Shilo were down doing a recce 14 Dec 92. They're hoping to form their own computer training centre, so they came to take a look at us to get some ideas.

The 8th of Jan 93 we shut down the ITRC in order to have a policy/planning day to review what we've accomplished, sort out any problem areas and fine tune the upcoming future program. Next on our busy agenda saw our Grand Opening Day, January 11, 1993 complete with cake and ribbon cutting. The B Comd, branch heads and our very first patron Capt Augustson were invited to attend the ceremony. Capt A. was presented with two Tutorial course certificates by the B Comd, and since, she has completed a third. Mr. D. Eviitt, ITRC Manager welcomed the visitors and gave a brief introduction to the centre. Demonstrations of the OCR Scanner, Color Printer and Compact Disc Read Only Memory (CD ROM) tutorials were provided by the ITRC staff. A question and answer period

followed, then the centre was open to all for the rest of the day. We are pleased to report that many personnel dropped in, and extend the invitation to any who were unable to come by to visit us whenever possible. The main objective of this facility is 'full customer service'.

The following is a collection of comments and observations gleaned from a select group of personnel:

The B Comd believes, "that the ITRC will revolutionize ADP training methods. It is user friendly, client oriented and offers the most flexibility of any known ADP training system in existence. I am extremely pleased with the centre and encourage everyone in taking advantage of this unique facility. WELL DONE BASE TELECOMM."

The BTSO says, "Informa-

effectiveness of our mission and the efficiency of our support services. Congratulations to all base personnel; B Telecomm, B Supply, B Comptroller and B Training for the outstanding work effort applied to this project."

The B Telecomm O notes, "the ITRC is an excellent example of what can happen when two commands work together toward a common objective. Aircom and CFCC have each contributed resources, personnel and effort to produce this state of the art training and software development centre. The ITRC will be an outstanding asset to the Base and all units supported by the Base for many years to come."

From the A/BWO we have, "congratulations to all ITRC staff. They worked extremely hard together putting their new organization into operation. Their opening ceremonies and reception were a pleasure to attend. I've met all the staff and found them very



Presentation of CD ROM Tutorial Certificates to Capt Augustson by Col Proulx

tion Technology (IT) represents the integration of ADP and Telecommunications Technologies into one technology to automate and facilitate the processing of information. With IT and the support provided by the ITRC we now have the potential to improve

informative, helpful and pleasant. We at CFB Winnipeg are very lucky to have such talented people in our company. The programs available to all personnel are very well presented, easy to use and beneficial. I plan to take advantage of such excellent training programs.



Ribbon Cutting by B Comd assisted by MCpls Uvery (L) and Davis (R).

Once again, Congratulations and welcome to Base Headquarters! P.S. Give out bigger pieces of ceremonial cake, it was delicious!!"

And, the A/B Trg O remarks, "I'm happy to see this event (ITRC Opening) finally happening. This is a Resource that the Base has required for years. Having completed the Pilot course for Word Perfect 5.1, I can assure all future ITRC students that the course is relevant to their needs, and that the staff is both helpful and sympathetic to those requirements. I predict that, once the regular courses start in February, there will be few empty seats and many satisfied users."

Another positive aspect of the ITRC is the recent augmentation to the staff, our ITRC Administrator, Mrs. Diane Brown. So, among things like getting organized, course planning, inventory checks, obtaining supplies, and familiarizing ourselves with all the fancy new equipment and software packages, we keep fairly gainfully employed. Many customers/users have been in to work on tutorials and/or be assisted with particular problems. We also

go out to service Users, on "Calls", all over the Base (North and South sides).

More excitement/enhancement occurred today (20 Jan) when our friendly Rad Techs descended upon us to wire the place for the Local Area Network (LAN). Even greater things are in the offing, when one day we'll be connected to the Base Metro Area Network (MAN) and the CF-Wide Area Network (WAN) ...

At present, we are open during normal duty hours. With an eye to the future, however, ultimately we would like to extend our hours of operation into the evening to better accommodate all Users.

We'd like to leave you with a small tip. When working with WP 5.1, if you should forget to return to lower case after engaging the Caps Lock key, and have typed a string of characters in upper case, simply block the affected text (Alt F4), depress Switch (Shft F3), select 2 and presto you're back to lower case.

submitted by  
M. Uvery, MCpl

## The Key to Information Systems

If you are an employee of CFB Winnipeg (or related to one) and have a computer, would like to have a computer or think you might like to have computer if only you knew more about them, then finish reading this article. Information systems (also known as ADP, computers, minis, mainframes, networks, LANs, etc.) are here to stay and will play an even more

vital role as time goes on. I am the Information Systems Officer (or since we are fond of acronyms in DND, ISO) and hope to give everyone who reads this, further insight as to how Information Systems are managed at CFB Winnipeg.

Base Telecommunications (B Telecomm) and 733 Communications Squadron (733 Comm Sqn) are one in the as far as Base

customers should be concerned. We are a dual hatted organization responsible to Air Command (through CFB Winnipeg) and Communications Command (through 73 Communications Group). In fact the unique organization we have had here for a number of years now has a name (Base Telecommunications and Information Systems Unit (BTISU pronounced bits-sue)) and

will be implemented on all Air Command bases over the coming year or two. Both Air Command and Communication Command have committed personnel and ADP resources to support the Base. What does this mean for you the customer? We are the one stop shopping centre for all Telecommunications and Information Systems requirements.

I work for the B Telecomm

O (or CO 733 Comm Sqn). Mr. Nolan (or Pat unless you want to talk to his father) is the ADP Technical Services Manager and works for me. Many of you have probably seen Pat if you already have a computer, although you won't recognize him now since he got a hair cut. Remember Pat, he plays a key role in Base ADP and manages the rest of the ADP folks.

Just recently, we had the grand opening of the Information Technology Resource Centre (ITRC). The ITRC was established to provide ADP training, software applications development and support, a resource centre for unique hardware and software, a loaner centre and a reference library. The ITRC Manager is Mr. Dave (speaking) Evitt and he has a number of very keen people supporting him. Mrs. Diane Brown (formerly the CO's Secretary) is now the ITRC Administrator and is reported to be extremely happy to have the challenge of keeping Dave and staff organized. MCpls Maggie Uvery and Lorna Davis are now employed as Software Specialists and will attempt to become experts in the many off-the-shelf software packages we support in order to provide assistance to users of the ITRC, instruction on courses, and responding to software trouble calls. MCpl Uvery also makes the

we can all be proud of.

ADP Training will be available to both military and civilian personnel starting in February. Three types of courses will be offered: informal self-paced; formal self-paced and formal instructor lead. Course loading, for formal courses, will be done through Base Training (Lt Lachance and Sgt Prescott) and your Unit/Section training coordinator. Initially, CD-ROM based (self-paced) basic WordPerfect courses will be offered. Expansion will include other types of training (DOS, Windows, Lotus, Foxpro, Introduction to Computers and Network) as we acquire the resources and develop training packages. Informal training (certificates will still be granted for successful completion) may be had by dropping by the ITRC on your own, at times when formal courses are not being run. I would recommend calling ahead to confirm that there is no formal course

originator, determine the scope, and then give details as to how the project should proceed. For all those Base users interested in developing their own applications, we highly recommend contacting the ITRC personnel for assistance and/or guidance. We have adopted a standard method for developing software, which when followed will ensure that all Base applications will be capable of inter-operating and functioning correctly as we network the Base and that all applications are properly documented. If you still decide that you want to go it alone, that is fine, but the ITRC will not support the application and if problems develop later, you are on your own. This is particularly important if the person developing the application is posted. Once again, if we develop it or approve its design, we will do our best to try and support it or assist in supporting it.

Loans of laptop computers and software may be had by submitting a memo to the B Telecomm/ITRC Manager for loan periods two weeks and less. All other requests should be addressed to the B Telecomm O. However, extended loans will only be considered for extraordinary cases and will be subject to availability of the items. Since the list of available items is rapidly changing, I would recommend calling the ITRC before submitting a memo.

The ITRC also has certain unique equipment that may be used by Base personnel as required. We have a colour scanner, colour printer, laser printer, and several unique software packages on a common user 486DX. We will soon be getting a colour 35 mm slide maker, for presentations, will come from the surplus CFSAS equipment. Drop by sometime and see for yourself what is available.

Mr. Sid Clink is employed as the ADP Maintenance and Support Manager (ADP MSM). He is responsible for ADP hardware maintenance, projects and network management. He is the person to call if your computer stops working. Cpl Ben Sorsdahl works for Sid and is a very competent hardware tech. Cpl John Osgood has just recently



MCpl Uvery demonstrating the CD ROM WP 5.1 tutorial. Looking on, the ISO and B Telecomm O.

joined the ADP train and will be the Project Coordination Clerk and B Telecomm Network Manager. We also employ a whole host of people from B Telecomm/733 Comm Sqn in the support of ADP on an as required basis (more often than not).

A large project that B Telecomm has taken on is the Base ADP Five Year Plan. Over the next several months B Telecomm will be going out to all sections and units and requesting their inputs to the Plan. Don't start pulling out computer catalogues. Start thinking about what you do, how you do it and how it could be done better using ADP. We will be giving further direction at a later date complete with our organization's submission as an example. Once all the submissions are in and refined, B Telecomm staff will amalgamate the unit/section submissions into a Base wide plan. The ADP Steering Committee will then use this Plan to prioritize ADP procurement and software development.

There are two functions concerning ADP that we do not provide. First are computer supplies, see Base Supply, and second is funding. Funding for computers, software and upgrades, no matter how small, is handled by the Base Comptroller organization. However, we will help you define, plan and cost your requirement. Remember that we do this for a living, many times each year and can save you a lot

of heartache and time. After you have money all Base requirements come through us anyway, for technical specialist input so the sooner we are involved the better.

Several ideas we have include the starting of a Base Computer Club, expanding the ITRC opening to evenings and weekends, and potentially allowing for the training of dependants during off duty hours. The only real limits we have are imagination, time and available resources. If you are an expert in some aspect of ADP and would like to become involved as a trainer or in some other capacity, give us a call.

A computer is much more than a complex word-processor, it is potentially an information system. Information, and the ability to analyze this information, is now becoming a highly valuable resource. The organizations that can best utilize information will have a significant edge over their competition. In the military it is potentially life and death, in the corporate sector, life and death of the company and as a nation, Canada's prosperity depends on competitive edge. So learn all you can and become involved, it will definitely affect your future.

Prepared By: Capt Doug Wagner, Base Telecomm/733 Comm Sqn Information Systems Officer



Great "Computer" Cake created by Cpl S. Cannon, held by MCpl Davis and Mr. D. Evitt.

biggest cabbage rolls (Hungarian) that I have ever seen and may also be tasked to provide live entertainment (guitar) during lunch hours. Several programmers are also employed on a part time (term) basis including Mark Campomanes and Dave Nordan. Communication Command provides three of the six persons working here. Thanks are in order for the ITRC and ADP staff, Base Telecomm/733 Comm Sqn personnel, 73 Comm Gp, BTSO, Base Commander and all other Base personnel and organizations for the excellent support received to make the ITRC a Base asset

taking place.

Software development (currently in Foxpro only) will be performed in three ways: ITRC developed, ITRC assisted and passing the requirement on to Air Command when it is beyond the scope of Base resources. Once the Base Five Year ADP Plan is fully developed, all software development requirements will be identified therein and prioritized by the Base ADP Steering Committee. Until such time, software development may be requested by submitting a memo to the B Telecomm O. ITRC personnel will then interview the

## CFB WINNIPEG COMPUTER CLUB

We are soliciting interest in starting a Base Computer Club. All DND members, military and civilian, and dependants in the Winnipeg area are eligible for membership. If you are interested in being a member or working as part of the executive (excellent experience and PER/resume material), take a few minutes to call or write a note. Please include your name, phone number, mailing address, interests and experience. Note that ADP experience is not a prerequisite to membership. Once there is sufficient interest we will hold the first meeting to elect the executive and proceed from there. Send replies or inquiries to Base Telecommunications, Attention: Cpl Ben Sorsdahl or phone 833-5048. Additional information can also be had by contacting any member of the Base Telecommunications ADP Section.

# SPORTS NEWS

## INTERSECTION FLOOR HOCHEY STANDINGS (AS OF 21 JAN)

	W	L	T	PTS
2 PPLCI	8	2		16
CFANS	8	2		16
SHACK RATS	8	2		16
ODDS N SODS	7	3	1	15
BAMEO	3	5	1	7
SUPPLY	3	8		6
TRANSPORT	3	8		6
FLYERS	2	4		4
BEME	1	9		2

## BASE COMMANDERS FLOOR HOCKEY RESULTS

	W	L	T	PTS
SHACK RATS	5	0		10
SUPPLY	3	1	1	7
733 COMM SQN	3	1	1	7
BEME	2	3		4
AIRCOM INT	1	4		2
D COS TIS	0	5		0

SHACK RATS DEFEAT SUPPLY 3-2 IN FINALS FOR THE CHAMPIONSHIP! CONGRATULATIONS TO ALL PARTICIPANTS FOR AN ENJOYABLE TOURNAMENT.

## • AQUA FITNESS •

WHERE : LIPSETT HALL POOL  
WHEN : 09 FEB 93 - 11 MAR 93  
DAYS : TUE AND THUR  
TIME : 1000 - 1100 HRS  
COST : \$20.00

### REGISTRATION

Registration will be held Monday, 08 Feb 93 at Lipsett Hall Pool from 0900-1100 hrs. This will be the only time you can register.

**Note :** All personnel registering for swim classes have to obtain a Recreation Association Pass. In order to obtain a pass you can register with Recreation Council Clerk on Tuesdays Or Thursdays between 0900-1100 hrs

Certified Instructor - Mireille Roy

## WINDY CITY WANDERERS VOLKSSPORT CLUB



876 Isbister St Winnipeg, MB R2Y 1R7 204-888-5307

### 1993 Calendar of Events

1 Apr - 30 Nov	YRE Volksmarch - Legislative Building
30 May	2nd Annual Volksmarch - Assiniboine Park
20 Jun	Guided Volksmarch - Sturgeon Creek Park
Jul	TBA
8 Aug	Volksmarch Folklorama Winnipeg
11 Sep	Guided Volksmarch-Sprucewoods Provincial Park
Sep	Oktoberfest Volksmarch (TBA)
10 Oct	Germanica Festival Volksmarch

FOR MORE INFORMATION CALL ANYTIME

WALK FOR HEALTH, FITNESS AND MOST OF ALL FUN!

## Base Commander's Floor Hockey Champions 1993

Shack Rats

**Congratulations** to: Cpl Didham, MCpl Dealy, Cpl Lewis, Pte Alyward, Cpl Bragg, Cpl Daignault, Pte Klassen, Pte Young, Pte Ballam, Pte Marin, Cpl Brown

## Base Commander's Floor Hockey Runner-Ups 1993

Supply

**Congratulations** to: Cpl Gilson, Mr. Ruest, Cpl Miyata, Cpl Poole, Cpl Sweeney, Pte Dumonceaux, Cpl Leblanc, Cpl Sills, Cpl Cabilan, AB Collins.

## PHYSICAL FITNESS AWARD FOR AEROBIC EXCELLENCE

Commencing 1 Jan 93 the reevaluation of points awarded for various activities are as such:

- Skating (ice or roller) 1.5 km for 1 unit;
- Cycling & Stationary Cycling 3 km for 1 unit;
- Rowing (canoeing, kayaking) 500 M (or 7 min) for 1 unit;
- Stationary Rowing: 500 M (or 7 min) for 1 unit;
- Stair Climbing: 7 min for 1 unit;
- Aerobic Classes: 10 min for 1 unit;
- X-Country Ski Machine: 1.5 KM (or 7 min) for 1 unit;
- Swimming 400 M for 1 unit;
- Jogging: 1 km for 1 unit;
- Snowshoeing: 1.5 km for 1 unit; and
- Walking: 3 km for 1 unit.

New act points will commence 1 Jan 93. Previous participation cannot be used in calculation of points.

Remember always register your program through your unit Sports Co-ordinator and the BPERO's office Cpl Graley, local 5514 Sports Stores.

## CERTIFICAT D'EXCELLENCE EN AEROBIQUE

Après ré-évaluation des normes du programme de certificat d'excellence en aerobique, voici les changements qui s'y applique:

- Patinage (sur glace ou sur couleottes): 1.5 km pour 1 unité;
- Cyclisme/Ergoacte: 3 km pour 1 unité;
- Aviron (canot ou kaya): 500 M ou 7 min pour 1 unité;
- Avironneur: 500 M ou 7 min pour 1 unité;
- Marche pied ergometrique: 10 min pour 1 unité;
- Classe aerobique: 10 min pour 1 unité;
- Appareil ski de fond 1.5 km pour 1 unité;
- Natation: 400 M pour 1 unité;
- Course a pied: 1 KM pour 1 unité;
- Raquette: 1.5 KM pour 1 unité; et
- Marche: 3 KM pour 1 unité

Ces changements seront en vigueur à partir du 1 jan 93 et toute participation antérieure ne peut être considérée.

N'oubliez pas que vous devez vous enregistrer auprès de votre coordonnateur des sports d'unité ainsi qu'au bureau de l'OEPLB, Cpl Grasley, extension 5514, magasin des sports.



EXPLORE UNDERWATER

BASIC SCUBA COURSE

Interested in learning to scuba dive? Then have we got the course for you!!

The CFB Winnipeg Goldeyes Scuba Club is one of the most active scuba clubs in the province of Manitoba and we are about to start our "spring" 1993 training program with a BASIC SCUBA COURSE. The following information will put you on the right track to becoming a qualified scuba diver and enjoying all the fun and excitement of the underwater world:

<b>WHAT:</b>	Basic Scuba Course
<b>WHERE:</b>	Westwin Pool, Bldg 90
<b>WHEN:</b>	Tuesday Nights, starting 9 February 1993
<b>REGISTRATION:</b>	Tuesday, 9 February 1993 at 1900 HRS.
<b>COST:</b>	Regular members \$225.00 GST INCLUDED Ordinary and Associate members \$250.00 GST INCLUDED Cost includes all course materials, certification, use of tank, regulator, and buoyancy compensator, air fills, Goldeyes and Manitoba Underwater Council memberships.
<b>AGE:</b>	You must be 16 years of age or older by course completion date in May 93.
<b>EQUIPMENT:</b>	You will require your bathing suit, a towel, a notebook and a pen for registration night.
<b>INFORMATION:</b>	For additional information contact Major Ronn Cooper at 833-5357 (days) or 831-1458 (evenings).



# CFSAS

## Basic Space Indoctrination Course - 9301



Front Row L/R: Capt Mealey, Maj Schwager, Capt Van Vliet, Lt Woodbeck, Capt Maniquet  
2nd Row L/R: Capt Stewart, Capt Browne, Capt Paul, Lt Morin, Lt Riffou, Capt Bybanski  
3rd Row L/R: Capt Fast, Lt Boettcher, Capt Reid, Lt Benson, Capt Schoettler  
Back Row L/R: Capt Fejes (Space Flight Commander), Capt Baraneicki, Capt Marley, Capt Williams, Capt Dash, Capt Rouette (Space Course Director)

The 1987 Defence White Paper foresaw an "increasing emphasis of space activities in support of national defence aims". Subsequently, a CDS space policy paper was published which prescribed the goals of the CF in space and called for "an adequate cadre of trained personnel to meet DND and CF space and space-related activity requirements". This led to the amendment of the Officer Air Environment Specification (OAES) which today identifies specific knowledge requirements for air element officers with regards to space operations.

The Basic Space Indoctrination Course (BSIC) was created at the CF School of Aerospace Studies

(CFSAS) in January 1988 to address the Officer Air Environment Specification (OAES) knowledge requirements associated with space operations.

Successful completion of the BSIC allows the graduates to recognize the impact of space systems on operations conducted by their applicable occupations.

Pictured is the first Basic Space Indoctrination Course (BSIC) of the 1993 calendar year, BSIC 9301, graduating after completion of the curriculum from 11 to 15 January 1993.

The BSIC is a five-day course conducted ten times per year. The BSIC curriculum includes lectures and briefings in space sciences, space studies, space

support, space control and force enhancement. "Space Sciences" encompass the fields of space environment, astrodynamics, spacecraft design, rocket propulsion and space physiology. "Space Studies" cover the topics of law, policy, Canadian civil space, foreign civil space, U.S. military space, and Commonwealth of Independent States (C.I.S.) space. "Space Support" provides information on launch technology and satellite control. "Space Control" discusses spacecraft survivability and space weapons. "Force Enhancement" includes the topics of missile warning, space surveillance, space-based surveillance, communications, navigation and search

## In Recognition of Outstanding Service



On 11 December 1992, LGen D. Huddleston, Commander of Air Command, presented the Commander's Commendation to LCol W. Koch, Commandant of CFSAS.

The school was given the following commendation: "In the provision of outstanding education in the field of aerospace systems, electronic warfare and space and in the design and conduct of the Air Force Staff Course. The officers, non-commissioned members and civilian staff have, through their dedication, met the primary goal of the school, to achieve excellence in Air Force professional education. They have brought credit to the school and Air Command."  
(DND Photo by Cpl S. Gervais)

and rescue, and remote sensing. Successful completion of the BSIC allows the graduates to recognize the impact of space systems on operations conducted by their applicable occupations.

Guest lecturers from industrial and military programmes augment each serial with discussions on real-life space operations. This course had the opportunity to receive an excellent briefing from Mr Murray MacDonald, Space Programmes Manager at MacDonald, Dettwiler and Associates, located at Vancouver, B.C. Mr MacDonald presented a briefing on civil programmes applications for military users.

Space Flight would also like to thank the following for their excellent support to the BSIC 9301: Maj Ted Brook, Base Accommoda-

tions, Base Photo and Base Transport. The ongoing support provided helps the course administrative details appear minor to the course members and staff.

While the course is normally fully loaded by air operations and direct support officer career managers, last minute vacancies sometimes arise. These vacancies are filled locally by the Course Director who manages a "standby list" on a "first come first served" basis. The next serial will take place from 22 to 26 February, 1993.

If you would like to be placed on this list, or would like more information on the BSIC, contact the Space Flight Commander, Capt Steven Fejes, or the Space Course Director, Capt Rene Rouette, at local 6755.



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487 St. Mary's Road - 233-1453 1380 Ellice - 783-1067

# A n n o u n c e m e n t s

## 51st Winnipeg Scout Group



The next pick-up will be **14 Feb 93** at 10:00 am. If you are leaving your bottles on the step, please leave them on the front step. The pick-up date for next month is 27th March. The Cubs and Beavers thank you for your support. Contact Bill Lawrence, (work 833-5619, home 888-5429) for pick-up if these dates are inconvenient.

### Bottle Drive

## Need Child Care?

The FSC Child Care Coordinators will seek child care spaces in Family Support Centre programs or other community child care programs within the Winnipeg region.

Child Care spaces available for:

Full-time	Part-time
Shiftwork	Emergency
Extended Care	In-Home Care

Financial subsidy is available for all parents who qualify. Yearly fee is \$20.00 per year to join the Satellite Child Care Program

## The Dog Obedience Club has the position of President available.

This position requires a few hours a month of time. Duties include: supervision, administration, budgeting, fielding phone call enquiries, scheduling, and hiring personnel if required. Dog training and dog behavioural knowledge is preferred but not essential for someone willing to learn. An honourarium is also provided.

Please contact Shelley (Club President) at 489-1935 or Cpl Frasch at 6597.

## DIVISION SCOLAIRE DE SAINT-BONIFACE NO. 4 ECOLE TACHE

Inscription à la maternelle du 8 au 12 mars 1993

*Les enfants en âge de fréquenter une maternelle publique FRANÇAISE devront être inscrits du 8 au 12 mars 1993. Les enfants nés en 1988 seront admissibles à l'école en septembre 1993.*

*Un certificat de naissance ou autre preuve d'âge devra être présenté au moment de l'inscription.*

*Un document faisant preuve que l'enfant a été immunisé est nécessaire.*

## ASSINIBOINE SCHOOL Parent Council

Invites you to attend our  
**OPEN HOUSE**  
for Grades K thru 6  
**Tuesday, Feb 9th at 6:30 p.m.**

We have a wonderful school and we would like you to know more about it. If you are thinking of sending your child to French Immersion, take this opportunity to come out and see what makes our little school so special! From academic programming to special interest clubs and activities, we have everything larger schools have and more!

Our smaller population offers a more intimate and individualized learning environment. We have enthusiastic and caring teachers, excellent resource personnel and an active Parent Council and parent volunteer base which enriches our children's school life. Ecole Assiniboine is a school with a true sense of community producing students who achieve excellent academic and extra-curricular performance records (French & English).

### Special Features

\* Monthly Assemblies \* Monthly Reward Day \* Hot Dog Day \* Book Fair \* Artists in the Schools \* Family Fun Night \* Barbecue & Bazaar \* Publishing Centre \* Canadian Parents for French \* Clubs like Ceramics, Art, Choir, Gymnastics, Young Authors, Computer & more!

### Lunch & Daycare

Our Parent Council offers a lunch program for children in walking distance of school in addition to the lunch program offered for bussed students. The Assiniboine Children's Centre located in the school's basement operates full-time day care for school age and preschool children as well as part-time nursery school. Contact Carol Draper 889-3308.

**Assiniboine School, 175 Winston,  
A great place for growing & learning  
en Français!  
For more info, call 885-2216**

## Silver Heights Community Centre

**Winter Carnival  
Feb 5, 6 and 7, 1993.**

Come join us for a pancake breakfast, hockey tournament, bake sale, games, bingo, great food and much more. There will be a Valentine's Pre-Teen Dance Friday, Feb 12, 7-9 pm, for grades 4, 5 and 6 only. If you have a 5/6 yr old hockey team who would like to play in the tournament, please call Al Peters at 832-1872.

## Toastmasters Francs-Parleurs



Désirez-vous développer vos talents d'orateur ou pour parler en publique?

Vous voulez surmonter votre nervosité face à un groupe?

Le club Toastmasters "Francs-Parleurs," est un milieu idéal pour vous permettre de développer ces talents... dans un esprit de camaraderie.

Le club Francs-Parleurs est le seul club bilingue (français/anglais) au Manitoba. Les réunions se tiennent les mercredi à 17h 30 au Centre Culturel franco-Manitobain, 340, blvd. Provencher. Bienvenue à tous.

Contactez Monique Mulaire au 237-1803 ou Yvette Lecuyer au 233-7496.

## ERS

**Canada's Relocation Specialist**

ERS in cooperation with Family Support Services  
Invites you to attend a

### "HOME BUYERS SEMINAR"

**Saturday 13 Mar 93  
1 - 4 pm**

**in Bldg C1 (Kenaston & Taylor)**

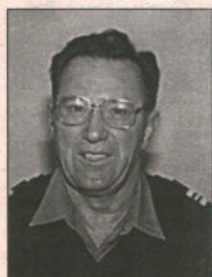
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We will address issues such as:

- \* Home Ownership - Should I buy or rent?
  - \* How much can I spend on a home?
  - \* What type of mortgage should I consider?
  - \* What role does a lawyer play when I purchase a home?
- Guest speakers include a Professional Realtor, Banker and Lawyer.  
A question period will follow the speakers.

### WE INVITE YOUR QUESTIONS

To register please contact Valerie McEwan at 833-5120.



LCdr L.A. Roy, Chap(RC)

### Greeting from the Base Chaplain (RC)

It has been almost a month since we have entered a new year. How are we doing with the resolutions?

Could it be that we have taken any, not having yet focused on a particular aspect or problem in our life.

One thing we did say to each other, almost a month ago is: "Happy New Year!" How are we doing with happiness in our life.

Happiness, as we know, is an attitude that has little to do with wealth and comfort. In fact, someone who has just recently come from Somalia and witnessed the poverty and suffering, remarked that he could not help but be struck with the happiness he saw on so many faces there. This is always something we remember from visiting third-world countries.

Why do we not find more signs of happiness in our midst? Are our wealth and

comfort jeopardizing our capacity for happiness.

Yet, deep down, we think to ourselves that if we had more we would be happier. This certainly does not seem to be true. Rather, happiness consists more in enjoying what we have. This could be where our problem lies in dealing with happiness.

One solution to this problem would be to look around us and see and that there are some who are "worse off" than we are. If this is not enough to make us happy, we could try doing something to bring more good things into their lives because happiness comes more from giving than receiving.

"I want you to be happy, always happy in the Lord; I repeat what I want is your happiness. Let your tolerance be evident to everyone: the Lord is very near. There is no need to worry; but if there is something you need, pray for it, asking God for it with prayer and thanksgiving, and that peace of God, which is much greater than we can understand, will guard your hearts and your thoughts in Christ Jesus." (Paul to the Philippians). Be happy!

Cheers!

Are you interested in wearing a Blue Ribbon to raise awareness for our Canadian Troops on UN taskings?



For more information please contact Cathy Sargent at 488-7956 or Margaret Whiteley at 489-9398.

## GREETINGS FROM THE CHAPELS

### Salût de l'Aumônier

Il y a à peine un mois, nous traversons le seuil d'une nouvelle année. On se souvient de l'échange des vœux: "Bonne et heureuse année!"

Et le bonheur, ça va? Sommes-nous heureux? Des gens récemment rentrés de la Somalie, après avoir vu la grande misère et la famine, témoignent qu'ils sont frappés de voir le bonheur reflété sur ces visages de pauvres. Ce qui prouve que le bonheur n'est pas synonyme de richesses et de confort.

En effet, à voir tous ces visages tristes autour de nous, c'est se demander si la grande menace à notre bonheur ne vient pas justement de ces richesses et de ce confort!

Le bonheur consiste beaucoup plus dans l'appréciation de ce qu'on l'on a que dans l'obtention de ce que l'on veut.

Regardons donc autour de nous et nous verrons des gens qui sont plus à plaindre que nous. Et si cela n'était pas assez, nous pourrions faire davantage pour apporter du bonheur car il nous vient plus en donnant qu'en recevant.

"Réjouissez-vous sans cesse dans le Seigneur, je le dis encore, réjouissez-vous. Que votre modération soit connue de tous.

Le Seigneur est proche. N'entretenez aucun souci; mais en tout besoin, recourez à l'oraison et la prière, pénétrés d'action de grâces, pour présenter vos requêtes à Dieu. Alors la paix de Dieu, qui surpasse toute intelligence, prendra sous sa garde vos coeurs et vos pensées dans le Christ Jésus" (Paul aux Philippiens).

Salût!

#### ROMAN CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKEND/FIN DE SEMAINE	WEEKDAY/JOURS DE SEMAINE
Saturday: 1700 hrs (Eng)	Mon : 1830 hrs
Sunday: 0900 hrs (Fre)	Tue , Wed & Thurs: 1800 hrs
1115 hrs (Eng)	Friday: 1700 hrs
	<small>WEEKDAY MASSES SUBJECT TO CHANGE</small>

St. George's Chapel (South Site)

Sunday: 1000 hrs (Eng) Weekdays Wednesday: 1900 hrs

#### PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday -0900 hrs - Eucharist (ACC)  
-1100 hrs - Holy Communion  
2nd Sunday -0900 hrs - Eucharist (ACC)  
-1100 hrs - Divine Worship  
3rd Sunday -0900 hrs - Eucharist (ACC)  
-1100 hrs - Divine Worship  
4th Sunday -0900 hrs - Eucharist (ACC)  
-1100 hrs - Divine Worship

St. Andrew's Chapel (South Site)

1st Sunday - 1000 hrs - Holy Communion  
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Sunday School During Worship  
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The Air Reserve Augmentation Flight (ARAF) Winnipeg is currently seeking candidates to undergo training in summer 1993 in the above mentioned trades. Previous experience is not required as the Air Reserve offers an extensive training program including four weeks of General Military Training in Penhold Alberta as well as follow-on training in Borden Ontario. All applicants must meet Canadian Forces enrolment standards and will be selected in competition with others for the few available positions.

WHERE TO APPLY: (in person before 1 Mar 93)

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**BLDG 62, ROOM 307**  
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# SAFE DRIVING WINNERS



Safe Driving Week prize winners receive their prizes from the BComd. From left to right: LCol St. Germain, Cpl Taillon, Col Proulx (BComd), Capt Weber, WO Temple (MSE Safety).

LCol Meindl and later were presented with prizes by the Base Commander, Col Proulx. The following are the prize winners and their prizes in the order they were drawn:

LCol St. Germain - portable air compressor

MWO Boissonneault - booster cables and case

Capt Weber - trunk organizer and emergency flares

Cpl Taillon - seat cushion

LCol Forestell - flashlight

Capt Medves - scraper

Safe Driving Week highlights the value of thinking and driving safely. For those who won prizes the pay off is obvious. As for the rest of us who drive safely, the gain often seems less tangible. However, anyone who has ever been involved in a serious automobile accident will tell you, the price for a lapse in safe driving is very high indeed. Accident free driving is the reward for consistent safe driving.

of both private and DND vehicles. Safety personnel followed approximately 350 vehicles, usually during the morning "rush hour". Of all the vehicles followed, 80 drivers made no errors or safety infractions. From those 80 defensive drivers, 6 names were drawn by the BTSO,

## Safe Driving Pays

by WO Temple, MSE Safety

During the week of December 1-7, CFB Winnipeg participated in National Safe Driving Week. During that week, the MSE Safety Section was on the road observing the driving habits of drivers

# DART TURKEY SHOOT HUGE SUCCESS

**CANEX Donates Proceeds to Family Support Centre**



Judith Fijal, Executive Director, Family Support Center, CFB Winnipeg receiving a donation of \$279.00 from CANEX employee, Sandy Laukkanen. Sandy and her husband, Kirk Laukkanen, ran a Dart Turkey Shoot at Club 90, 18 Dec 92. The event was an overwhelming success. All the proceeds were donated to the Family Support Centre. CANEX would like to thank Kirk and Sandy for all their effort in making this event so successful.

A poetic commentary on the oil spill disaster off the Shetland Islands.

### THE MOURNING AFTER

The Sea she seethes with rage tonite,  
Like a mother she cries when her child has died,  
Inside her bowels a boat she bleeds,  
Black oil upon the waves and weeds.  
The gulls are gliding above the mess,  
Tomorrow there will be no place to nest,  
No bird, no fish, no sea of blue,  
Just miles of death and the horrible truth,  
That man has wrought upon the seas,  
This terrible loss because of greed.

by Janice Coates

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# 407 Queen's Own Cameron Highlanders RCACC

## "Exercise White Fire"

The main purpose of Ex. "White Fire" was to prepare cadets for the massive undertaking of the upcoming Ex. "Winter Warrior", a full weekend, fully tactical exercise to be conducted in the sub-zero conditions of Manitoba in January (a far more vindictive winter than any I've seen).

Cold feet and wet tootsies on this exercise showed that some would need better equipment, and others would have to learn more about the equipment they had brought, (you mean to say, tying up this drawstring will help keep the snow out of my

mukluk?)

After preparatory lectures on how to dress for winter conditions, Map & Compass, Shelter Construction, How to Make a Survival Kit, and Sled Pulling ("what do you mean there are no Huskies?"), We were unleashed (well, hooked up to sleds), and sent on a gruelling 6 section Route March, which served to hone our newly learned skills. Upon reaching the fifth grid reference on the route march cadets were given a tour of a correctly laid out winter bivouac site, complete with deception trails, and well camouflaged shelters, ("1 Bravo, this is 1 Papa, crack a Chem. Light, I can't find the shelter, OVER!!")

Arriving all safe at the pavilion, wet cadets began removing wet kits and setting about the task of cleaning up themselves and their equipment. In the meantime the Parent Committee was, well being a

Parent Committee. After spending their day alternating between hinting of a surprise and preparing the surprise, the first stage arrived, PIZZA! Yes pizza in the field, and in the spirit of an age old Christmas Tradition, the Officers graciously served the Cadets ("Waiter, could I have a twist of lemon with that?" "Sure, I'll twist Yer Lemmon!")

But Wait! (Parent Committees are composed of people with seemingly infinite connections.) Out on the porch there arose such a clatter, I jumped from my Ham & Pineapple no Anchovies- Extra Cheese and Sprite with a twist of lemon to see what was the matter. You guessed it, the Parent Committee arranged for the Ultimate Winter Survival Instructor, the Jolly Old Elf himself (or a reasonable facsimile), SANTA CLAUS TO DISTRIBUTE Christmas Cheer to the Cameron Cadets. Each and every one of the little infantry

elves received a handmade gift package.

When the Jolly Old Elf had finished his gift giving duties at the range, he was off again, I imagine he had some checking to do on that naughty or nice list. Then as if enough wasn't enough, the Parent Committee organized a dance, (combat boot shuffle please), but all good things must come to an end, they went to ground.

Speaking of racks and bedding down it's a prospect I should consider, you see in the true spirit of the infanterie this article is being written between 0400 and 0500 hours while on fire picket. Before I toddle off to my sack of dreams there is one last thing to be said, the Cadets would like to give a very special thanks to the Parent Committee and Cadet Corps Staff for all the wonderful activities that their hard work and dedication helped bring about over the past year.

By: C.S.M. Christopher Parks



## Valentine's Day

is  
Sunday, February 14th

"Good Morning Cadets"  
"Good Morning C.S.M."  
"The temperature today should be about -28°C, so listen very carefully..." and so begins the learning for the 407 Q.O.C.H. RCACC on the ever important subject of Winter Survival. Yes once again, in the firm belief that seeing is believing and practical knowledge is the best knowledge, the Cameron Cadets went into the field for the third Field Training Exercise of the year.

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#### MISC FOR SALE

FOR SALE 3 in 1 Pram snowsuit - \$10.00, Baby Clothes - reasonably priced, Baby Blankets and more - reasonably priced, Playtex Nurse Bottles (4oz & 8oz size) - \$10.00 complete, Stroller - very good condition - \$45.00 firm, Infant High Top Reebok Runner's (size 6) - \$10.00, Diaper Bag - excellent condition - \$5.00, Sesame Street Discovary Quilt - \$5.00, Books - \$5.00 complete, Fisher Price Record Player w/records - excellent condition - \$15.00, Fisher Price Voice Activated Walkie Talkies - very good condition - \$10.00, Fisher Price Stroller Toy - \$5.00, View Master w/reels & case - very good condition - \$10.00, He-Man Buildings and Figures - very good condition - \$15.00 complete, Roadmaster Parkade - \$5.00, Baby Toys - reasonably priced, Mini Blinds - Blue (59-60 X 63) - \$10.00, Light Sand Beige (90-91 X 55) - \$15.00, Roller Blind - white w/scalloped hem - \$5.00. Phone: 895-1588.

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Learn the "Achy Breaky" and more in Line Dance workshops being held Feb 21 and 28. Join in for more fun Mar 7 for a 2-Step workshop.  
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Time: 12 noon - 4 pm for all workshops  
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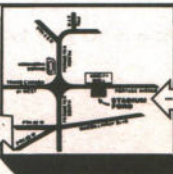
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