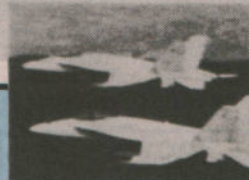




**TO BE HELD**  
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**COMMUNITIES**  
**FROM SEA TO SEA**  
**AS PAST AND PRESENT MEMBERS**  
**OF THE FORCES**  
**SALUTE CANADA ON HER**  
**125th**  
**ANNIVERSARY**



## Parades of Honour Mark Canada's 125th

The Chief of the Defence Staff, General John de Chastelain, has approved Canadian Forces participation in Canada's "125 Years of Confederation" celebrations.

Men and women of the Canadian Forces will march in "Parades of Honour" through the streets of cities and towns across Canada on May 31. The parades are the idea of retired naval cap-

tain Bill Wilson of Calgary, Alta.

Parades of Honour supporting organizations include the Royal Canadian Legion, the Royal Canadian Navy, Army and Air Cadet Leagues, and the Conference of Defence Associations. The form that each parade will take is to be determined at the local level.

## Parades d'honneur à l'occasion de Canada 125

Le Chef d'état major de la Défense, le général John de Chastelain, a approuvé la participation d'unités des Forces armées canadiennes à des défilés marquant le 125<sup>ème</sup> anniversaire de la Confédération du Canada (Canada 125).

Les membres des Forces canadiennes défilent dans les rues de villes canadiennes, le 31 mai, dans le cadre de ces "Parades d'honneur", qui sont le fruit d'une proposition faite par le cap-

itaine (M) à la retraite Bill Wilson, de Calgary.

Le concept des "Parades d'honneur" est appuyé par les organisations nationales de groupes tels: La Légion royale canadienne, la Ligue navale du Canada, la Ligue des Cadets de l'air du Canada, la Ligue des Cadets de l'armée et la Conférence des Associations de la Défense. La forme exacte de chaque défilé sera déterminée au niveau local.



Barry Sweeney

# Barry Sweeney

music reviews and syndicated columnist

bass on the Golden Palominos tour and guitar with Lloyd Cole's first post-Commotions band, wrote the songs here and describes the set by saying "The album reflects the actual overlapping of the end of one relationship and the beginning of another. The songs are semi-tempo shuffler "Looking At The Sun", which has the necessary ingredients to be culled for singles release.

The bitter-sweet beauty of "Winona", which is an easy-paced winner and "Thought I Knew You" which is one of those songs where the lyrics lay bare the emotions that everyone faces at one time or another. Other highlights include the stark reality of "You Don't Love Me" which is counterbalanced by the hopeful "Your Sweet Voice". Sweet's best to date.

## Aaron Tippin

One listen is all you need to

realize that country sensation Aaron Tippin has poured his heart and soul into the lyrics of "Read Between The Lines" (RCA/BMG). Moving effortlessly between such diverse tracks as the opening sound of "The Sound of Your Goodbye" through the slow moving "My Blue Angel" and the ballad beauty of "If I Had It To Do Over" Tippin, who co-wrote all nine tracks, has hit on the perfect combination of songs.

The obvious first single has to be the country/rocker "There Ain't Nothing Wrong With The Radio" which will undoubtedly draw heavy chart and sales response. Other choices to quickly become radio-active include "This Heart" and "I Was Born With A Broken Heart".

Tippin, who is also known for his champion body-building, has added some muscular country and the results should quickly show up in some very impressive numbers.



Matthew Sweet

## Matthew Sweet's Girlfriend!

Born and raised in Lincoln, Nebraska, Matthew Sweet worked his way through high school through a succession of new-wave bands and, after graduating in '83, headed for the southern climes of Athens, Georgia. Within three years he was in the Big Apple with a major-label contract and the beginning of a career that includes the debut "Inside", the 1989 release of "Earth" and his brand new "Girlfriend" (Zoo Entertainment/BMG).

His current album features a much harder edge than the previous releases. Sweet, who played

Gayle, is Loretta Lynn's youngest sister. In 1977, Crystal was able to catch top-5 action with "Don't It Make May Brown Eyes Blue" and two years later became the first country singer to tour China. Her 1982 duet with Eddie Rabbitt on "You and I" was another top-5 hit and she has had a steady stream of country chart winners.

## Fast Facts

It can often be very difficult for a singer to step out of the shadow of a famous relative however, Brenda Gayle Webb was able to do just that and, in a very big way. Brenda, who is really Crystal



## A Different View - Family Webs

by Lorraine Laroche

fulfilling our most visible responsibilities, it is, as Chaplain Day states, so easy to ignore that which constitutes the basic framework of a marriage and/or a family.

In spite of its American context, the book **Childhood's Future - Listening to the American Family**, is an interesting approach, when considering the topics of marriage and family that Chaplain Day and I so independently chose to write about for that particular issue.

In the text, **Childhood's Future**, author Richard Louv, compassionately and metaphorically uses a spider's web to describe the networking system that family and society has traditionally offered to its youth and

family units. Louv effectively shows the reader how the once strong and supportive web has, over the years, been gradually undone. By using the metaphor of a spider's web, he describes the web as being unwound or torn, one strand at a time. It is this ever so gradual process that has brought us to where we are today, both in our marriages and family situations.

Louv states that twenty five years ago, in the mid sixties, families had an average of 30 hours of free time to spend together. Unfortunately this time frame for the nineties, is almost cut in half; the average time is now 17 hours. Louv points to economic reasons as being primarily, but not wholly responsible, for this marked decrease in family free time. In striving to maintain middle-class

incomes, families have lost many valuable hours once used to maintain middle-class values and attitudes.

Louv also points a finger at us, the family, for amplifying the problem. Many of us are excessively guilty of 'over-programming' the little free time we have left. Hockey, baseball, swimming, dancing and other organized activities also eat away at family time together.

Another strand that has been gradually unwound or broken, is that which ties people together as a community. This issue of course, stems from societal changes - changes that we ourselves, as part of society, have brought about. Louv reinforces his point of view in this community aspect, by tracing parental doubts and distrusts of the 'stranger dangers' and the 'boogeyman' ideas. He maintains that this "mean-world syndrome" promotes the feelings of anxieties and trends toward isolation from community, etc. Louv therefore encourages an extensive network-

ing - between parents, schools, neighbourhoods, and communities.

The text offers 'a stitch in time' for the unraveling family. Some of his solutions are plausible and effective within a family unit, although perhaps can be considered a bandaid approach when one considers the magnitude of the problem. His metaphor however, is worth some consideration, if we, as spouses, or educators, or family members, worry about the fraying which is taking place in our own personal webbing.

Although I had no intentions of exploring 'the family' at any greater length than I did in the April 1/92 issue of Voxair, I felt I must reconsider after reading the article written by Peter Day. His thoughts, titled "MARRIED TO WHOM?", found in the 'Chaplains Corner' section of the same issue, motivated me to continue the topic for yet another publication.

I must applaud Chaplain Day for expressing so aptly, advice which we all most likely know subconsciously and agree with, but unfortunately so often forget to implement. As we become so 'wrapped up' in daily affairs and

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Editor-In-Chief/Rédacteur-en-chef	- LCol J.R. St. Germain	-833-5281
Managing Editor/Directeur-Gérant	- Capt Tom Walls	-833-5213
Production Editor/Production	-Capt Wayne Joy	-833-5145
Assistant Editor	-Lt Kim Lachance	-833-6297
Assistant Editor	-Capt Joe Fewer	-833-5401
Business Manager	-WO C.I. Karperic	-833-5230
Accountant/Comptable	-Pte Legge	-833-5335
Office Manager/Chef de Bureau/Assistant Editor	-Colleen Guntner	-889-3963
Advertising/Publicité	-Mr. Jim Holland	-832-0115

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published every two weeks under the authority of the Base Commander, Col. J.R.B. Proulx, CD. Opinions and views expressed do not necessarily reflect those of the Editor, the Base Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to: VOXAIR, CFB Winnipeg, Westwin, Manitoba, R3J 0T0.

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DEADLINE 4 MAY 92/DATE DE TOMBÉE 4 MAI 92  
NEXT ISSUE 13 MAY 92/PROCHAINE ÉDITION 13 MAI 92



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**JOHN VANDENBERG OPERATOR TECHNICIAN:**

John Vandenberg is an licensed Automotive Technician. John also holds certificates in course design and instrual delivery plus in Electronics Technology.

John has been the trouble shooter for a local community college, also diagnostics automotive problems for other dealerships. John had also developed a one year "Automotive Electronics Course for a local community college. He currently is still providing upgrading courses for the community college instructors and independent shop owners over Western Canada and has been featured lately in the two largest Canadian Automotive Trade Magazines. John will be also a technician at the automotive shop plus insuring the work meets shop standards.

**BOB VANDENBERG SERVICE WRITER**

Bob has been in the automotive field for 3 years working as a service writer for one of the Fort Ignition outlets. Bob handles our customer reception area and process all work orders. Bob's duties also include all customer scheduling.

**RANDY MARTENS SERVICE WRITER/TECHNICIAN**

Randy is a licensed Automotive Technician with 6 years experience in heavy duty and light duty engine and transmission rebuilding machining and has slo 3 years experience in the Automotive Electronics field. Randy also operates our computerized Technical Service Bulletin Computer. Randy has had extensive training in the Auto Electronics field besides regular Automotive Mechanical.

**BILL WALSH AUTOMOTIVE TECHNICIAN**

Bill is a licensed Automotive Technician with 17 years experience in the automotive field. Bill has been a technician for General Motors for the past 5 1/2 years performing all the automotive electronics. He has had extensive training in fuel-injection and has recently completed a program to update has skills in the other manufacturer's electronic systems. Bill's father was a member of the RCAF and was at one time stationed in Winnipeg.

**GILL REMPEL INSTRUCTOR TECHNICIAN**

Gill Rempel is a licensed Automotive Technician who has 10 years of experience. Gill is also an Automotive Instructor. Gill holds numerous certificates in the automotive field. Gill also specializes in Air-Conditioning repairs.

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# CFANS UPDATE

any Grey Poupon?" he asked in his best imitation of an Oxford accent, all the while furiously attempting to tie a Kiwi shoe-polishing cloth into an ascot.

"Listen guys obviously you don't get out too much. Try your act down the road - just the other side of the tracks." With this, the rather confused Alaskan stomped away, pulling on his beard in consternation.

Unfortunately, not all CFANS training flights land in such interesting locations. Most of our training involves turning about on-top of a navigation aid, distinguished only by its lack of proximity to major air routes, and returning to Winnipeg. "Not that this is a bad thing! These isolated routes force a CFANS trainee to prove his ability by finding his way using only the most rudimentary equipment: a sextant, a watch, and the sun, moon and stars. The latest batch to have proven their mettle are the members of CFANS Course 9103 (see photo). Having endured the hardships of a Prairie Winter, they now scatter to Operational Training Units across the country to face new challenges.

Facing new challenges in Toronto at present is Capt Jim Whebell. Jim is attending the CF Staff School course and looks forward to applying his enhanced writing skills rewriting the many Air Regs Lesson Plans currently used to solve a weight and balance problem on the Navigation Office bookshelf.

News from the Standards Office this week is that Capt Jim

McSheffery will be leaving the CF to become a "Scope Wizard" at Air Traffic Control School.

"Squawk ident," said Jim, obviously practicing his radio voice. "I've always wanted to say that, 'squawk ident.'"

Capt Wayne Joy, seeing that Jim needed a little encouragement, made a noise not unlike an incontinent chicken. "That was me, squawking!" he chortled.

The humour was not lost on Capt Dennis Sawatzky. Judging by his gleeful grin, Dennis appeared to join in the camaraderie and esprit de corps the Standards office is renowned for. I might mention that his smile may not be such a good indicator - Dennis has been grinning ever since he got married several weeks ago. Congratulations to Dennis and Guylaine from all of us at CFANS!

No CFANS Update would be complete without a report from the Maritime Section. A walk into this shrine to Anti-Submarine Warfare reveals the operational nature of its instructors. Capt Bob "Take No Prisoners" Murphy, section head volunteered this version of a local event:

"There I was, just after takeoff. The wheels were in the well and I was demonstrating the use of the Litton AN/APS 504 radar to a potential Tactical Navigator. All indications were that this would be a routine training mission.

"Suddenly, two new radar targets appeared on my screen. 'Riser!' I called. What an opportunity! The chance to practice a Search and Destroy mission right here at CFB Winnipeg!"



**CFANS Course 9103**  
 Rear (L-R) Lt Rich Debruyrn, Lt Jeff Tasseron, Lt John Weare, Lt Rob Albert, Lt Rob Lawrence  
 Front (L-R) Lt Glen Engebretson, Col Proulx, BGen Kinsman (Reviewing Officer), LCol Watt, Capt Joe Goodyear (Course Director)

For the uninitiated, "Riser" is the call made by a Maritime Patrol radar operator when a suddenly appearing target, such as a sub's periscope, appears on his screen. Unbeknownst to Capt Murphy, the objects in question were actually two large empty tanks that had been recently buried along the road from 16 Hangar. Several days of heavy rains had induced the tanks to surface like breaching whales.

In attempt to positively identify the source of the radar returns, the mighty Gonzo roared over the datum, all eyes peering into the mist.

"Belay the attack there, Capt Ahab," called Capt J.P. Latt, "it's not what you think."

"Classify by ordnance!" retorted Murphy, clenching his

teeth in anticipation. "Sink 'em!" Wary of incurring Construction Engineering's wrath, J.P. protested. "What are we going to do, drop our boxed lunches on them? Face it, Bob, the closest you've been to a submarine at CFANS had lettuce and sliced meat in it."

Finally accepting the inevitable, our hero reluctantly returned the aircraft to its flight-planned course: Peawanuck, Ontario and return. Not so exciting, but valuable training nonetheless.

In the next CFANS Update, we'll visit Cpts Mohan and Dickie for the thrilling story of life in the Transport world, or I Fly the Line - the Search for Good Hotels in Bad Destinations. Until next week, Pipeline out.

Alaska. The very name conjures up images of snowcapped mountains reaching upwards from crystal-clear blue water, of dogsled races, and of grizzled prospectors in search of the elusive "mother-lode."

"Not so!" reports OCdt "Scooter" Camps. "Actually, Alaska is much like Winnipeg, except it's warmer and has a bunch of cumulo-granite obscuring the view."

Scooter, a self-professed expert on Alaska, recently returned from Course 9154's Transport Exercise to Elmendorf AFB. While there, our intrepid explorers were introduced to the many and varied forms of wildlife for which this northern state is famous. Of course the only shooting they did was with a camera, but this just encouraged the more ambitious "hunters" to try learning some game calls.

"Hey!" bellowed Scooter, by way of demonstration. "Where's a hungry dude muckle-on to some grub 'round here?"

"Try crawling back under a rock," the wildlife replied.

"Playing hard to get, eh?" (Ed. Note: Obviously not too much gets by this guy.)

Realizing that perhaps OCdt Scooter was out of his league, OCdt Dan Bush decided to intervene.

"Pawdon me. Dew yew have

## CFB Portage La Prairie 50 Yrs. of Flying Training

In 1990, CFB Portage La Prairie celebrated 50 yrs of flying training with a commemorative history book. With impending base closure this unique book offers all former base personnel and other interested parties an opportunity to recapture and retain the proud military heritage of CFB Portage La Prairie. This commercially produced 8 1/2 x

11 hardcover book chronicles the history of CFB Portage la Prairie and its contribution to the training of RCAF, CF and Foreign Pilots. Numerous photos highlight such areas of coverage as the Jet School Decade, Display Teams, Station/Base Commanders and the history of the Wartime Pilot and Observers Association.

This invaluable history book of CFB Portage La Prairie is available by sending a cheque or money order payable to base fund CFB Portage for fifteen dollars and 3.75 dollars postage and handling to Base Exchange CFB Portage La Prairie, Southport, Man. R0H 1N0. All inquiries may be directed to CP02 Tuttle BXO Local 4227.

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# Exercise Limber Gunner



Pte. Aubé demos the correct way to load the mortar.

Shilo Man. - With the spring weather comes Mortar Platoon's annual live fire shoot with 3 RCHA. The exercise known as LIMBER GUNNER allows the PL. to work with the artillery on our role in a Battery Comd. fire plan.

As with any Ex. training starts long before you actually get to the field. The same holds true for MOR PL as we spent the 3 weeks prior doing dry drills both on base and at Minto Armoury. After all members of the PL. had their drills down to perfection, it was time to load the trucks and head off to Shilo.

The first week was spent mostly at the group level practicing mounted drills. Emphasis was on getting into action as fast as possible during crash action drills. This proved not to be a problem, the trouble started when we left the main roads. The training soon slowed down as we spent more time pulling the trucks out of the snow than doing crash actions.

The week ended with a live fire sabot shoot on Friday and a chance to try out dropping bombs with the new blast attenuation device (BAD).

Week two the emphasis changed from crash actions to moving into prepared base plate positions. The training was as useful for the individual dets as for the Group Comd. doing their recce and preparation for the group. While the groups were out in the field the FC's and CPO's were back at the shacks working on their voice procedures. Thursday we started the live firing with a night shoot that night and finished off on Friday with another live fire shoot at King OP.

The final week where we put all the training of the last five weeks to use the live fire planning. The groups soon realized how hard it is to co-ordinate all elements into a fire plan, by the amount of time is needed in preparation. The week and exercise ended on Thursday night

with a impressive night shoot using the new red phosphorus round.

Ex Limber Gunner provided Mov PL with an excellent opportunity to "Shake things out" prior to it's deployment on RV92. The Ex proved beneficial to all members of the PI both new and old.



Cpl Moran demos the wrong way to load the mortar.

## New Parachute glides to the Rescue

Two survivors of a light plane crash are waiting in dense woods hundreds of metres below. They're bleeding and in shock. One has a broken leg and daylight is starting to fade. Their lives depend upon a quick rescue before the fall of darkness and nighttime temperatures.

The Canadian Forces search and rescue technicians (SAR techs) circling above consider jumping in. But first they must calculate wind conditions, the distance down and the amount of room necessary to manoeuvre through the trees. It's a tough decision - another life-and-death decision - CF SAR techs are so often asked to make.

Thanks to a new parachute, the skilled SAR techs will be better equipped to bring fast medical treatment and rescues to

Canadians in distress. **Square-shaped safety**

The Canadian Search and Rescue Number 4 (CSAR4) model parachute has a larger canopy, is square in shape and handles more like a glider than an umbrella.

"These square canopies can be used in a variety of terrain and conditions with a greater degree of safety," says Master Warrant Officer Pete Howard, a senior SAR tech at Air Transport Group Headquarters, Trenton, Ont., who has worked closely in the development of the new rig. "The jumpers get a sensation of gliding and are able to direct the canopy more precisely to their target area."

With the old chute (7TU/CR 1 Para Rescue), maneuverability could be difficult. The free-fall

type of parachute descends at a rate of more than six metres (19 feet) per second, excellent for airborne troops who want to reach their pre-selected target fast so that they don't become targets themselves. But it is unknown territory for SAR techs who must immediately respond to emergencies anywhere in Canada: through thick stands of forest, over water, mountainous or swampy terrain when visibility is at a premium. High winds alone can cause a rescue to be cancelled. Understandably, the request for a new parachute came directly from the SAR techs themselves.

**Test-driving the "Rolls"**  
SAR techs made 475 test jumps with the Irvin Industries of Canada-produced CSAR4 in a variety of locations during the summer of 1991. The testing team made up of jumpers, an advisor, a design authority and rigger, judged the success of their tests based on wind limits, in-flight and landing procedures, jump altitudes and airspeed.

From a CC138 Twin Otter in the skies of Wainwright, Alta., they jumped over Jarvis Lake into the bush at night. Water jumps were conducted over Comox Lake in British Columbia from a CC115 Buffalo flying at altitudes of 835 to 1,335 metres (2,500 to 4,000 feet).

"It's like going from a Volkswagen to a Rolls-Royce, or from a Twin Otter to a (CC130) Hercules," says Sergeant Pat Callaghan, a SAR tech with 442 Transport and Rescue Squadron at Canadian Forces Base Comox, B.C. "It's very large but very forgiving."

"There were four minor malfunctions in the first 375 jumps," says Master Warrant Officer Howard. But true to form, the highly trained and dedicated SAR techs whose decisions may mean the survival and safety of those they rescue as well as their own, the last 100 test jumps were error free.

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## BFC Bagotville 50th Anniversary - 1992

Celebrations marking the 50th Anniversary of BFC Bagotville scheduled for the period 10 to 14 Jun 92. Among the many events planned are a Freedom of the City Ceremony at Ville de la Baie, an aircraft exposition relating 50 years of fighters at BFC Bagotville at the Musée du Fjord, Ville de la Baie, a Friday meet and greet, a Saturday social evening with dance, a two-day International Air Show and Displays. All members who have served at BFC Bagotville are invited to visit, reminisce and enjoy the events. Plan now to join us. For any information call Lt Elizabeth Vezina GP 621-2238.

## 50<sup>e</sup> Anniversaire de la BFC Bagotville - 1992

Les célébrations du 50<sup>e</sup> Anniversaire d'existence de la BFC Bagotville auront lieu du 10 au 14 juin 1992. Parmi les principales activités, il y aura le parade de droit de cité de Ville de la Baie, une exposition relatant les 50 ans de la base de Bagotville au Musée du Fjord de Ville de la Baie, une soirée rencontre avec les anciens, une soirée sociale avec danse et musique de l'Orchestre du Commandement Aérien, le spectacle aérien international, etc. Toutes les personnes ayant servi à la BFC Bagotville sont invités à visiter, à se rappeler des souvenirs et à se divertir. Planifiez maintenant pour vous joindre à nous. Pour plus de détails, veuillez appeler le Lt Elizabeth Vézina réseau GP 621-2238.



# Air Reserve Augmentation Flight Winnipeg Update

First let's start with the purpose that ARAF serves on Base Winnipeg and inform personnel who lack information about ARAF and who may be interested in the Primary Reserve. The role of ARAF Winnipeg is to fill specific needs of the base as identified the Wartime Establishment positions and by the Base Commander. The unit recruits those personnel and coordinates their development and training. Personnel are trained to augment the Regular Force in the event of mobilization during emergencies. As a peacetime benefit in fulfilling this role, Reservists in technical and support trades are employed part time in direct support of operations and support services.

The unit has a very diverse group of grades and personnel are employed in almost every section throughout the base. The unit strength at present is 51 personnel and is expected to increase with the take-over of ARAF Portage. The majority of our Reservists combine their reserve training with their civilian occupations. Personnel requiring information on employment with ARAF can call the unit orderly room at 833-5764 or visit our office located in

Bldg 4 room 101.

Air Reserve Group Headquarters (ARGHQ) recently completed their staff inspection visit of the unit and a very commendable report was received. The success of this visit was mainly attributed to the hard work and dedication of Sgt Patterson and Cpl Leclerc, our office staff. On behalf of the Base Commander and Commander ARGHQ all members of ARAF Winnipeg are commended for their support service at various sections throughout the base. Well done all.

Cpl Ted Steinke (Cook) and Pte Frances Plourde (Sup Tech) are off to CFB Baden-Soellingen for the next six months in support of the base closure.

A recent promotion within the unit was to 2Lt Ken Yaworski. 2Lt Yaworski is employed in the BCompt section. Congratulations Ken.

The most recent edition of the Reserve magazine, Excelsior, featured articles on two of ARAF Winnipeg reservists, Cpl Gary Gerelus and Sgt Coleen Totton. Cpl Gerelus is employed at Bristol Aerospace in his civilian occupation as a technical writer and also works as a reservist in the BAMEO section as an Aero

Engine Tech. He joined the reserves to gain the hands on experience to enable him to understand the technical aspects of his trade in order to produce quality technical manuals for Bristol. Sgt Totten is employed at CFSMET as a Met Tech, a trade she qualified in while with the regular forces for 13 years. However, after release she found she missed the military life and joined our unit. With her military experience Sgt Totton was a welcome addition to the school.

This unit is extremely busy at present preparing for the departure of members due to transfer, TD, courses and new enrollments. We will keep you updated in the coming months.



OCdt Yaworski was presented his promotion to 2Lt by Maj Cote on 25 Mar 92. 2Lt Yaworski is a member of ARAF and is presently employed in the BCompt section. He is currently attending University of Manitoba in a Commerce Degree program. Congratulations, Ken.

## Reservist Profile



Lt Russ Leach has been affiliated with the Air Cadet League and the Primary Reserves since 1981. He joined the Air Cadet League in 1981 and continued training with the cadets until 1987. During this time he qualified as a glider pilot and obtained his private pilots license.

Lt Leach graduated high school in Winnipeg in 1986 and entered the University of Manitoba in 1987 in a first year Science program. In 1988 he continued his university studies in Mechanical

Engineering. Lt Leach joined the Cadet Instructor List in June 1988 while still attending university and in 1990 he transferred to ARAF Winnipeg and entered the Reserve Entry Scheme Officers (RESO) program and completed his third year in the Engineering program. He attended BOTC at ARTC Penhold during the summer of 1990 and completed Phase 2 and 3 of the AERE officer training with the CFB Winnipeg BAMEO section. Lt Leach completed Phase 4 of the AERE officer training with AETE CFB Cold Lake during the summer of 1991. Lt Leach will graduate the U of M this year with a BSc in Mechanical Engineering.

Russ still devotes much of his spare time in the training of young cadets on a volunteer basis, is a valuable member of the Air Reserve Augmentation Flight and employed with the BAMEO section.

Well done, Russ, your dedication and enthusiasm is much appreciated.

## "TEARS TO LAUGHTER"



### 14th Annual Manitoba Al-Anon/Alateen Conference



June 5, 6, 7 1992  
at the Airliner Inn

Al-Anon, Alateen, A.A. Speakers Meetings Fellowship

#### FRIDAY, JUNE 5, 1992

- 6:00 p.m. Registration
- 7:45 p.m. Opening
- 8:00 p.m. Al-Anon speaker:  
*Joyce B. Hope, B.C.*
- 9:30 p.m. Entertainment

#### ACCOMODATION

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Telephone: (204) 775-7131  
Fax: (204) 788-4685

#### SATURDAY, JUNE 6, 1992

- 9:00 a.m. Registration
- 9:30 a.m. Panel:  
"Tears to Laughter"
- 10:30 a.m. Workshops
- 1:30 p.m. Alateen speaker:  
*Jennifer K. Woodlawn, Ont.*
- 3:00 p.m. AA speaker:  
*Clarence B. Hope, B.C.*
- 6:00 p.m. Banquet:  
Buffet \$16.00
- 7:45 p.m. Al-Anon speaker:  
*Bob D. Murraysville, PN*
- Dance to follow

#### HOTEL RATES

\$46.00 single (+ tax)  
\$50.00 double (+ tax)  
\$5.00 each extra adult children free

#### PRE-REGISTRATION

If you pre-register for the conference before April 30, 1992 special rates apply:

Al-Anon / A.A. \$14.00  
Alateen \$ 7.00  
(GST included!)

#### REGISTRATION

Al-Anon / A.A. \$17.00  
Alateen \$ 7.00  
(GST included)

#### SUNDAY, JUNE 7, 1992

- 9:45 a.m. Al-Anon speaker:  
*Hazel D. Saskatoon, Sask.*
- 11:15 a.m. Al-Anon - A Family Affair
- 12:30 p.m. Chairperson's Remarks

(Single day tickets available at the door at a cost of \$10.00 each - GST included)

Make all cheques payable to:

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Address: _____	Al-Anon _____
Group: _____	Alateen _____
Preferred name on name tag: _____	A.A. _____
(Pre-registration will be picked up at Conference)	
Do you require billeting? _____	

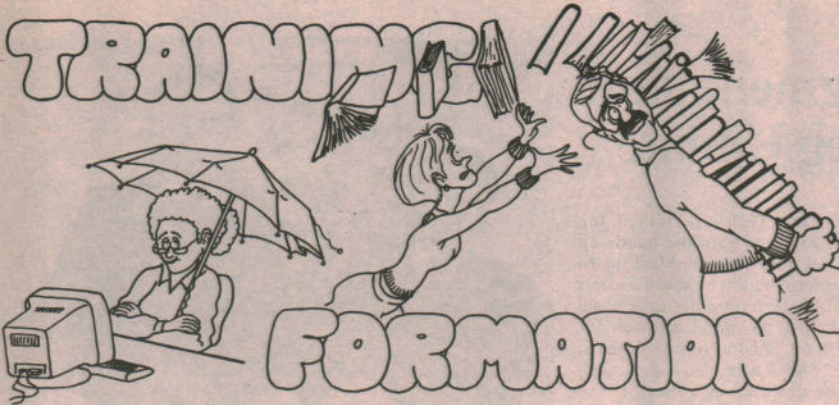
**1967-1992**

25th Anniversary  
Manitoba Al-Anon  
Central Services  
Office

# KIDS COUNT!

the Children's Hospital Research Foundation

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For the 147 people, military and civilian, who attended the recent Clerical/Secretarial Administrative Workshop, "learning" was the operative word. New civilian employees gained a good overview of the military world and their important role in it. But even the more experienced clerks and secretaries picked up some pointers. It was a chance for lively discussions and a few heated debates. In this article, I'd like to pass on some of the tips picked up which should be useful to many of us in our jobs:

Capt Brian Quick (Asst BP Adm O) started the workshop off with his incisive descriptions of

military hierarchy, and the flow of power from the top down.

**BEST TIP:** Use your higher headquarters for advice and remember: it's a two-way street.

Brian then continued with his war stories of Publications Officers gone bad...in "Orders and Directives".

**BEST TIP:** If you don't do your amendments in a timely fashion, you may as well throw the pub out.

Sgt Prescott's (Base Training) presentation on Military Writing and it's bible, the A-AD-121-C01/FP-000, prompted some of the most lively debates of the day.

Now I understand the expression "trained quiller". These administrative people take their jobs very seriously.

**BEST TIP:** The book is your best guide, but common sense is your best ally.

Sgt Viens, the BOR Records Supervisor, managed to dazzle even the most experienced with her in-depth knowledge of leave pass preparation. Her presentation revealed three important tips.

**BEST TIP:** If "touring", include as much info as possible about the vehicle you are touring in. Remember: worst case scenario...

**BEST TIP (2):** For a dependent-only leave pass, it is not necessary to send it to the BOR for record-keeping.

**BEST TIP (3):** If your unit keeps good track of expended annual and accumulated leave, feel free to fill in these blocks yourself.

MCpl Ridway brought much credit upon the Postal Section with her highly interesting account of the do's and don'ts of mailing procedures at CFB Winnipeg.

**BEST TIP:** Having now read your recent postal handbook, make good use of the proper size envelope, the most efficient method of mailing and, especially, the correct postal code.

Sgt Kemp from the Military Police Section discussed three areas of concern: physical security of buildings and offices, security of information, and security of personnel.

**BEST TIP:** Remember the "need-to-know" principle and adhere to it.

Mrs. Moore is the Central Registry Supervisor. She discussed the "in's and out's" of filing and correspondence at CFB Winnipeg, adding much good advice on file handling.

**BEST TIP:** On 1000-milers, be specific by including both the

section and the appointment or name of the addressee.

Pat Nolan is the all-singing, all-dancing computer whiz from B Tel O. His humorous presentation included all kinds of advice on "how to keep your computer running". Of the 6 factors which contribute to problems (heat, temperature fluctuations, static, powerline fluctuations, cold and dust) dust is your worst enemy.

**BEST TIP:** Back-up your files as often as possible - it's free, effective and efficient.

Gail Frame, the Public Health Nurse taught many of us a new word at the workshop: Ergonomics. It's the interaction of people and their work environment, and teaches us how to best place our office furniture and how to position our bodies, putting the least amount of stress on ourselves.

**BEST TIP:** If you have any questions about your workplace, call your Public Health Nurse. That's why she's there.

At the end of the two days, the critiques were summarized into good points, bad points and things to improve.

**BEST TIP:** This workshop is a must for new employees at CFB Winnipeg.

By Lt Kimberley Lachance  
Base Training Officer

## Can You Name This Plane?



What kind of aircraft is this?

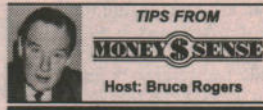
The plane you have seen flying around recently is the Beechcraft King Air C90B. It will become the new multi-engine trainer aircraft, owned by Canadair, but leased for CF use, in Portage-la-Prairie (Southport) this fall.

During the next couple of months at CFB Winnipeg, this aircraft, along with a second C90B, will be flown by the Standards section of the Central Flying School. Capt Jim Thiessen and Capt Geoff Graham of CFS Standards, along with Major Peter Young of Air Command HQ, will be maintaining currency on the

aircraft type, developing and verifying course training syllabi, and providing flying instructor training for those pilots who will fulfill that role at Portage-la-Prairie.

As of July 1 these two aircraft, along with six others, will move to Portage where the instructor training will continue in preparation for the first student course, scheduled to begin on 29 September, 92.

The Beechcraft King Air C90B is manufactured in Wichita, Kansas. Canadair has purchased eight aircraft (worth \$2.2 million each) for use at Portage-la-Prairie.



TIPS FROM  
**MONEY SENSE**  
Host: Bruce Rogers

## Double Your Money? Use The Rule of 72

(NC)—Most of us need all the help and counsel we can get to "keep our heads above water".

These tips from MONEYSENSE, come from interviews with financial experts at the Toronto Dominion Bank, Coldwell Banker Residential Real Estate, Green Line Investor Services, Life Underwriters Association of Canada and the Society of Certified Management Accountants of Ontario, and other financial institutions.

MONEYSENSE is aired—on Global TV and CBC NewsWorld on Sundays. This will be a regular weekly feature.

**Q. How can I get the best return on my money with interest rates falling like they are?**

A. You should buy longer-term investments which offer a better interest rate.

But don't lock your money all in for the same term, put some in for one year, some for three years, and some for five years. Then, as rates begin to rise, you will have money to invest again at the higher rate.

**Q. If I am making an investment, how can I figure out how long it will take for me to double my money?**

Continued on Page 9

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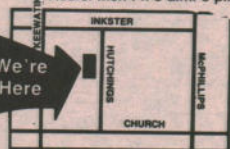
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# CT134 Musketeer Retirement



The CT134 Musketeer will be retired from the CF in 1992 after 21 years of excellent service as a primary flying trainer.

The Musketeer II or Sun-downer, which we are presently flying, replaced the first fleet of Musketeers in 1982. While perhaps not as "Dashing" its predecessor, the Chipmunk, the Musketeer has proven to be almost custom-made for its role. Moderately difficult to fly, it has provided a challenge for students, hence an excellent selection aircraft. Fully aerobatic, an excellent instrument package, and cheap to operate, it has served the proficiency needs of staff pilots as well.

Throughout 20 years of service, 3 CFFTS Portage has flown roughly 203, 500 hours and trained 5,300 pilots on this aircraft. Except for one fatal accident

in 1982, we have an otherwise good safety record.

The last flight of the Musketeer will be a four-plane demo at the 1992 Manitoba Air Show on 21 Jun 92, led by Maj Greg McQuaid Chief Flying Instructor 3 CFFTS Portage. The last purely military Primary Flying School Course will graduate on 09 Apr 92 with Col E.S. Andruchuk DCOS Trg, as guest of honour. An official Closeout ceremony will be held on 16 Apr 92 with our Commander, LGen D. Huddleston in attendance.

The Musketeer has served the Air Force well. And has earned its place in our history books. It has proven to be "the little airplane that could". Many of these Musketeers will find homes in aviation museums across Canada once they have had their wings permanently clipped.

TIPS FROM

**MONEY SENSE**

Continued From Page 8

**A.** You use the Rule of 72. Divide 72 by the interest rate on your investment and it will tell you how many years it will take to double your money.

**Q.** What's the difference between a full-service broker and a discount brokerage house?

**A.** Full-service brokers give advice and counsel to their clients besides handling all transactions. The discount broker acts as an agent only, but is available 24 hours a day, seven days a week. The discount broker discounts fees 83% and is normally used by the more sophisticated consumer.

If you have any financial questions, write to:

**MONEYSSENSE**  
1881 Yonge St.  
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M4S 3C4

## THUNDER

According to the Concise Oxford Dictionary:

### Thunder:

"Loud noise heard after flash of lightning, and due to disturbance of air by discharge of electricity"

### CFB Winnipeg:

Where Thunder blasts the crowd  
Lightning strikes, and  
Electricity charges the air



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# Greetings from the Chapels



**Maj P.C. Bisson  
Chaplain (RC)  
South**

A few years ago, the highly respected magazine, 'US NEWS AND WORLD REPORT', conducted a survey to analyze the

mood of the country. The result of this survey proved conclusively that Americans in great numbers long for the past. In their view, life was more simple then, values were clear and respect for authority was the rule rather than the exception. No doubt, a similar poll, were it to be held in Canada, would probably produce the same results.

There is nothing wrong in recalling the past, as long as we realize we live in the present, and that we realize we have responsibilities here and now. Today's world leaves much to be desired; few people would dispute this premise. We, in turn, have an obligation to improve the present world situation. It is encouraging to see more and more people responding generously to various federal and provincial appeals for

a more healthy environmental world.

Nobel Peace Prize winner, Mother Teresa, addressed the student body of the University of Moncton, N.B., in 1987. She said in part and I quote, "Charity begins at home. Love for each other on the university campus, in the family and community will ultimately manifest itself in an outpouring of compassion for the needy the world over, for love is not restricted by barriers." Mother Teresa's talk was well received by the large and appreciative audience.

Perhaps life in the past was more simple; then again, perhaps not. The world today is basically a good world, and we can help make it better. May we never lose sight of this responsibility which we all share in common.



## ROMAN CATHOLIC CHAPELS

### St. Marguerite Bourgeoys (North Site)

WEEKEND/FIN DE SEMAINE  
Saturday: 1700 hrs (Eng)  
Sunday: 0900 hrs (Fre)  
1115 hrs (Eng)

WEEKDAY/JOURS DE SEMAINE  
Mon & Wed: 1800 hrs  
Tue & Thu: 1900 hrs  
Fri: 1700 hrs

WEEKDAY MASSES SUBJECT TO CHANGE

### St. George's Chapel (South Site)

Sunday: 1000 hrs (Eng)

Weekdays Tue & Thu 1830 hrs

## PROTESTANT CHAPELS

### The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Holy Communion  
2nd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship  
3rd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship  
4th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

St. Andrew's Chapel (South Site)  
1st Sunday - 1000 hrs - Holy Communication  
2, 3, 4th Sundays - 1000 hrs - Divine Worship  
Sunday School during Worship  
A warm welcome awaits you



# Presentation



Maj Pete Forgues, Space Flight Commander at CFSAS receives his CD from LCol Win Koch, School Comdt.

# Base Professional Development Seminar

On 18 March 1992, Brigadier-General Cuppens, Commander of 10 Tactical Air Group, addressed over 300 Base members during the Base Professional Development Seminar held in the Base Theatre. In his discourse, he discussed current policies, and outlined the future of the Army, and more specifically the future of the Tactical Air Group.

Our Base Commander, Colonel J.R.B. Proulx presented General Cuppens with the traditional Red River Cart to mark the General's visit to the Base.

Before returning to St-Hubert, General Cuppens also participated in a stand-up luncheon with the junior officers at the Officer's Mess (North).

The next Base Professional Development Seminar is sched-

uled on 21 May 92 when Brigadier-General Linden, the Commander of the Air Reserve Group, will talk about the promising future of the Air Reserve.



BGen Cuppens, during the Base Professional Development Seminar.

## Lifestyle Tips



Many of the *least* nutritious foods are the most costly items in a grocery cart. Yes, you should pay attention to buying produce in season and avoid paying the manufacturer or the guy at the supermarket to do your meal preparation, but *basic* foods are usually the least expensive.

**MYTH:** It costs more to eat nutritiously.



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## OBITUARY

Sgt. Dennis A. Grimster, C.D., died suddenly of heart failure at National Defence Medical Centre, Ottawa, March 4th, 1992. He was in his 50th year.

He enrolled in the R.C.A.F. in 1959, serving in many Canadian provinces, as well as U.N. Peacekeeping Duty El Arish, Egypt (115 A.T.U.) 1963-64, and Ismalia (116 A.T.U.) Egypt 1979.

He also served with 444 (T.A.C. HEL) Sqn. CANADIAN FORCES EUROPE 1983-1989, and was a member of CFB Ottawa (S) B.A.M.E.O. at the time of his death.

He is survived by his wife, Barbara (C.A.F. Sgt., (retired) of Marionville, Ontario; his parents, Walter and Ellen Grimster of London, Ontario; brother Tim of CFB North Bay, Ontario; brothers Phillip and Alan of London, Ontario; sisters Judith (Mrs. R. Sapelak) and Pamela (Mrs. P. Gilles) of London, Ontario.

Services were held at Elizabeth Park Protestant Chapel, CFB Ottawa (S) March 6th, Padre C. Massey officiating; and at Needham's Funeral Home Chapel, London, Ontario on March 9th, Padre N. Shaw (CFB London) officiating. Interment, Forest Lawn Memorial Gardens, London, Ontario.

Donations in Denny's memory may be made to the Ontario Lupus Association, #250 Bloor Street East, Suite #401, Toronto, Ontario M4W 3P2

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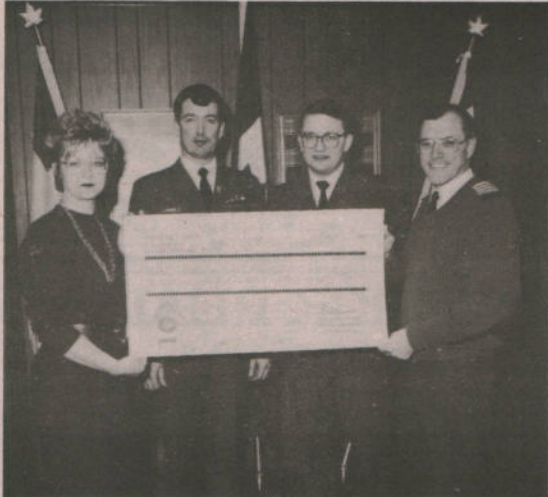
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## Officers Mess Supports Child Find Manitoba



The Base Commander, Colonel Proulx and the PMC, Major McLennan present a cheque for \$2,885 to Child Find Manitoba Inc on behalf of the Officers Mess. The money was raised at the recent Spring Charity Ball.

Le commandant de la base le colonel Proulx et le PCM le major McLennan présentent un chèque de \$2,885 au Child Find Manitoba Inc au nom du Mess des Officiers. Ce montant a été ramassé du bal printanier qui avait lieu dernièrement.

# Canadian Aviation Art

By George Nelson

Canada is rich in Aviation history, you could almost say they grew up together. Pilots with vision and daring like McCurdy, Bishop, Dickens, May, Berling, McKnight and Ward are scattered through the pages of Canadian history.

Aircraft from the Silver Dart through the Mosquito, Beaver, Comet, CF 100, Tudor and the tragedy of the Arrow are milestones in the growth of our country. Mix them together and you get historic events of daring, vision and adventure that we want to remember and pass on to the future generations.

All these events are stored in books, manuals, journals and newspaper clippings while photos, movies, videos and models provide a graphic keepsake. Aircraft Museums allow us to see and feel the size, strength or fragility of past aircraft. Many an entertaining evening can be spent reading the books or watching a video or taking your children or grandchildren through the Western Canadian Aviation Museum for a rewarding afternoon. But another excellent way to enjoy these memories of the past on a continuous basis is with Aviation Art prints.

An artist's drawing has recorded history far longer than any other medium. Before television, satellites and video projectors brought the events of the world into our living rooms, newsreel brought it to the movie screen and during the second world war that was pretty exciting stuff.

Old still photographs can take us back to the American civil war and the written word telling us about history going back thousands of years to the ancient Egypt and Asia. But going back even further are the drawings on the walls of caves recording for history the successful hunt.

While video and photos like the written word record the technical aspects of history only the artists brush and the photographers camera can visually capture that moment in history that can be framed and displayed for us to enjoy, appreciate and remember and for this purpose the artists brush has many advantages over the camera.

We have still photos of all the worlds aircraft and many of the historic events in which they were involved, but most of them do not create pleasing images you would wish to hang on the wall of your office, den, or living room; but the artist can. There are two types of historical events, the planned and the unplanned. All the planned events like the first flight of an aircraft or world record speed attempt all have photographers in attendance to "take a picture" and many produce excellent memorable prints for framing. But I wonder how many times after the photo is developed the photographer has said, I should have taken it from this or that angle, or a little earlier or later and the light, composition, color, etc., would have been better.

Unfortunately, he cannot recreate the event to get a better position or time, but the artist is allowed the advantage of select-

ing the angle of view and the instant in time to give the most esthetically pleasing portrait of the event.

In most of the unplanned events of history, including aviation history, no cameras were present and we must depend on the artist for a graphic recording of the event. Most of them are accurate representations of the event and have been verified by the persons involved. For example Robert Taylor has had Adolph Gallant and Johnnie Johnston review his preliminary sketches of a dog fight between a Spitfire and a ME 109 to be sure of the angles steepness of turns and position of the aircraft are correct. The result is a pleasing, historically accurate picture that is pleasant to view and enjoy.

CANADA WEST ART GALLERY located at FLAIR U-FRAME IT 3143 Portage Ave. has the largest selection of aircraft art in Manitoba. Look through their selection and you will quickly see the different types of art not just the different aircraft. Some tell a story, others are a technical drawing of an aircraft or as an artist friend more aptly describes them as aircraft portraits.

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**Misc. For Sale**

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