

Voxair



Free

Jameswood School Page 3
 Sports Page 10
 Classifieds Page 12

CFB/BFC Winnipeg
 25 September 1991



UNITED WAY KICKOFF



CFB Winnipeg is now into the first week of its 1991 United Way Campaign and it is time to answer some of the more commonly asked questions about the organization. If you have any further questions or concerns about the United Way feel free to contact your Unit coordinator who will be more than happy to help.

If the United Way is one campaign for many, why are there still other appeals?

It would be ideal if we only had one campaign for everyone but United Way agency membership is voluntary. However, the United Way annual appeal does reduce the number of campaigns by raising dollars to fund human care services in 62 agencies in Winnipeg (such as the Red Cross, CNIB and many lesser known but vital agencies like the Community Unemployed Help Centre). This combined effort reduces costs for everyone.

Why are some United Way agencies holding their own fund raising campaigns?

The financial needs of many of our agencies are greater than the financial resources available to them through the United Way and other funders in our community. In order to maintain their present level of programs and services some agencies have found it necessary to initiate their own fund raising activities. Together with agency representatives, the United Way has established a Supplementary Fund Raising Committee to review and approve all independent fund raising activities by our member agencies. No member agency is permitted to promote or hold a fund raising activity from September 15 to December

1 during the United Way's public campaign.

How much of my donation is used for administration costs?

No portion of your donation is used for administration expenses. Every dollar of the United Way's administrative and campaign costs is covered by lottery revenue from the Government of Manitoba, ensuring that 100 cents of every dollar you give goes directly to programs and services to help the people who need it most.

Why can't government provide all the services?

United Way funds services that the three levels of government cannot provide. Because of the many volunteers involved in raising the funds and delivering the services, the costs are minimal, compared to what it would cost the government to deliver them.

Why should I give? I never use agency services.

Our community is directly influenced by the health, happiness and well-being of everyone in it. Domestic abuse, kids on the street, neglect of the needy and infirm, and drug abuse effect everyone in the community. Currently 1 in 3 Winnipeg families utilize agency services in any given year. You and your family may not need United Way services now, but you may in the future. Meanwhile, a gift to the United Way is a clear expression of concern for your community and the people around you.

What if the United Way funds a particular agency that I don't wish to contribute to?

The money that you donate to the United Way may be designated for a particular agency or to



Colonel Proulx's 1991 United Way donation is accepted by the CFB Winnipeg United Way chairman, Major Thibault and the Base HQ Section Coordinator SLT (N) Cramer.

exclude one if that is your wish. These designated donations are apportioned before the rest of the United Way monies are allocated. In this way you can ensure that none of your donation is going to an agency that you may object to. Ask your canvasser for full details.

I feel I am being pressured to give to the United Way.

No one should be forced to

give. United Way works because so many people do give voluntarily — voluntarism is what the United Way is all about.

Why should I give when I'm already having a tough time making ends meet?

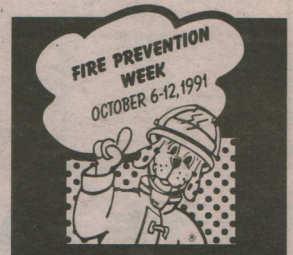
Difficult economic times are hard on all of us in different ways. Among the people hardest hit are those who find themselves unexpectedly unemployed and in need

of help to cope with new or increased pressures in their lives. United Way agencies can help people continue to be productive, contributing members of our community. To achieve this goal they need the support of those who are able to give what they can to fund programs already stretched to the limit by on going and ever increasing needs of the community.

Fire Prevention Week



Base Commander Col Proulx presents the Fire Prevention Week Proclamation to the Base Fire Chief, Warrant Officer R.G. Dane.



For
 Fire Safety
 Tips from
 Sparky
 see Page 6



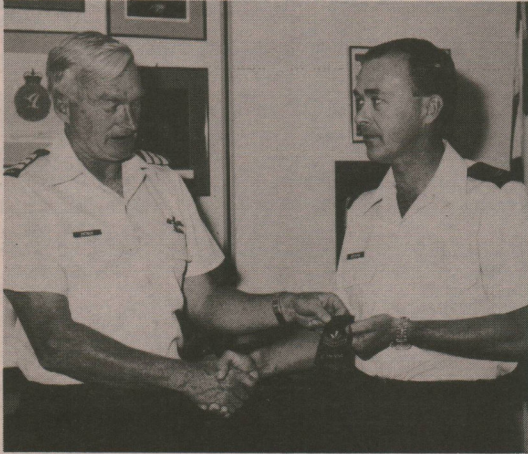
Under the
 Pennant-
 United Way

By the time this article is in print, the 1991 United Way Campaign will have just entered its first week. I have personally assured this year's campaign chairperson that the Base will make every effort to ensure all of our members are canvassed. To this end, if anyone is going to be away over the next five weeks on leave or TD, please contact your section canvasser, with either a positive or negative response, prior to your departure. In this way, the Base should easily meet, and hopefully, exceed its 1991 campaign goal of \$58,000 CFB Winnipeg is proud of its standing in the Winnipeg community, and it is only through the support and generosity of our members that we can continue this tradition. A successful campaign is built on the support of the individual donor, so when you are approached by a canvasser, please be generous, as your contribution can make a difference. (B Comd)



402 SQN Promotion

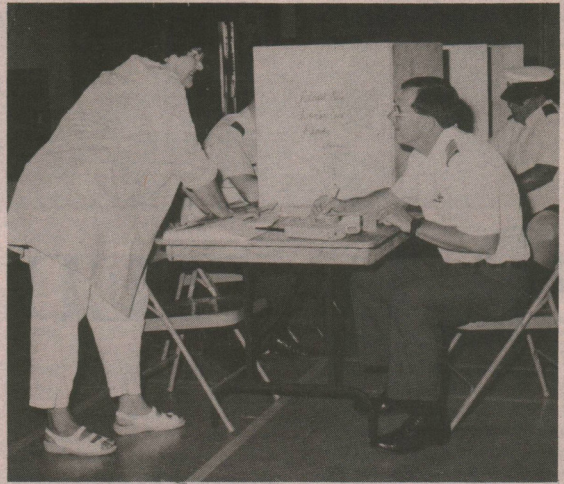
Congratulations MCpl Grehan



MCpl David Grehan, of 402 Sqn, was recently promoted to that rank. He is shown here receiving his new rank from LCol R.W. Patrick, CO 402 Sqn. Dave is presently employed with BAMEO as part of the Total Force Concept.

Base Red Cross Blood Donor Clinic

The Red Cross Blood Donor Clinic recently held at CFB Winnipeg on 22 August 1991, resulted in a total of 234 Base personnel registering to donate blood. Of these, 52 were new donors, who will hopefully continue to donate at future clinics. I wish to personally thank the donors, the section canvassers, and the many volunteers who contributed time, effort, and blood to this most worthy of causes. The Base Red Cross Blood Donor Clinic Coordinator has asked me to pass on his appreciation to the various Base agencies for the outstanding support. Well done Winnipeg!



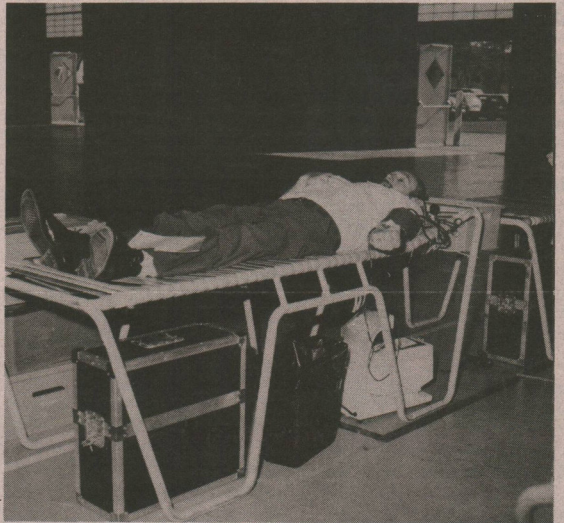
The Base Commander, Col Proulx, registers for the blood donor clinic. Le commandant de la Base, le col Proulx s'enregistre à l'entrée de la clinique de donneur de sang.

Clinique de Sang de la Croix Rouge

La clinique de sang de la Croix Rouge qui fut tenue le 22 août 1991 enregistra un total de 234 donneurs de la Base. De ce total, 52 étaient de nouveaux donneurs, qui continueront sans doute à donner du sang dans le futur.

J'aimerais remercier personnellement tous ceux et celles qui ont donné et qui ont prit le temps à organiser cet événement important. Le coordinateur de la Base se joint aussi à moi pour remercier toutes les unités qui ont fourni un support remarquable, et qui ont ainsi aidé à faire de la journée une réussite totale.

Col Proulx
Base Commander
Commandant de la Base



MWO Lamothe was one of the 234 blood donors. L'Adjum Lamothe était un des 234 donneur de sang.

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Grey Cup Package including 2 tickets to the Grey Cup '91, donated by Ready Foods. Hotel Accommodations at Place Louis Riel and much much more to enjoy.

Plus Many More Auction Items!



BOR NEWS

LCol JMJ Forestell presents MCpl (Marg) Quinn with her Sergeant's Hooks. Marg is promoted to that rank effective 1 Aug 91. (Marg, don't forget you still have to pass your '6A' to make them legal!)

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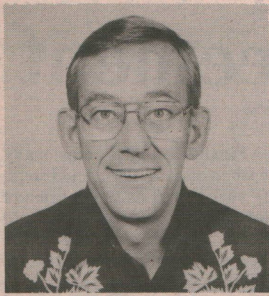
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MUSICALLY SWEENEY

by Barry Sweeney

Grapes of Wrath

When talking about a group with a name like Grapes of Wrath it would be too easy to conjure up stories of the great depression and Okie's on the move, a la Steinbeck. Instead, let's talk about Canada's own Grapes of Wrath, a quartet consisting of guitarist Kevin Kane, bassist



music reviews and syndicated columnist

Tom Hooper, drummer/percussionist Chris Hooper and piano/organ player Vincent Jones.

From their self-titled 1984 debut through "September Bowl of Green" and 1987's Tom Cochrane produced "Treehouse", Grapes have toured relentlessly, winning fans and gaining sales and chart positions. They spent over a year on the road to support their most recent "Now & Again" which was released in Canada, USA, Great Britain, Europe and Japan. During this past winter the group went back to Mushroom Studios in Vancouver and wrapped up the recording and mixing at Abbey Road Studios in London, England. With the final mixes in place, the final mastering was completed in

April, the group had a bit of a holiday, lined-up their next tour and are about to begin a worldwide tour in support of "These Days" (Netzwerk/Capitol).

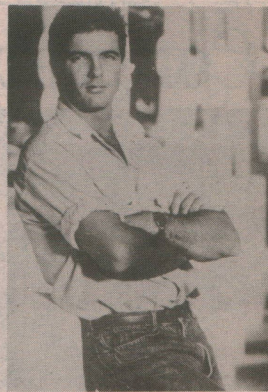
The dozen songs of "These Days" fall mainly in the power ballad mode augmented by the up-tempo rocker "You May Be Right" and joined by the humorous "Fishing Tale". The current single, "I Am Here", is a mid-tempo romp that features some intriguing guitar riffs and solid vocals on the uplifting lyric lines. Track has a solid shot at good chart numbers. Other key songs include "Travelin'", "Thru To You" and "Miracle".

Blundell

One of Australia's top country and leading cross-over artists, James Blundell, is making his debut assault on North American charts with his "Hand It Down" (Capitol) album. Writer, or co-writer, on nine of Hand It Down's 10-tracks, Blundell opens with a solid, contemporary, "Age of Grace" and moves through such up-tempo gems as "Time On His Hands", the already proven winner "The Blue Heeler" and the poignant "Water".

Blundell was offered a spot in the Vienna Boys Choir (but turned it down). He worked as a stockman and rodeo cowboy but after being on the losing end of an angry bull's charge and told he couldn't work for a year he started playing guitar and going to pubs to find work as a vocal/guitarist. From winning his first talent contest in 1987 to sweeping the Australian Record Industry Association Awards three years later, Blundell's Cinderella-like ascent has brought him to North America.

"Hand It Down" is brilliantly executed, full of vivid images and



James Blundell

wrapped in thoughtful lyrics. Touring and promotional visits should help break this one in a big way.

Fast Facts

Shelley Fabares, who co-stars in the popular TVer Coach, starred with Elvis in three movies and played Mary Stone on the Donna Reed Show. Shelley topped the charts for two weeks in 1962 with "Johnny Angel" but missed the top-20 with the follow-up "Johnny Loves Me". She is the niece of actress Nanette Fabray.



Jameswood School

Mr. Ernie Baydock, Jameswood's new principal, has moved from the street to Jameswood, from Sturgeon Creek Regional Secondary School, where he was vice-principal for two years. Mr. Baydock has been employed in the St. James - Assiniboia School Division for 29 years. He has worked at the elementary, junior high and high school levels. He looks forward to his new assignment at Jameswood School and has already met many of the students and their parents.

Other new staff members at Jameswood are Mrs. Pat Opalko, Mr. Earl Turko, Mr. Jan Ostrowski, as well as Mrs. Janice Friesen, who returns after a one year leave. Staff assignments are as follows:

- Kindergarten — Mrs. M. Siemsen
- Grade One — Ms. N. Savinkoff
- Grade One/Two — Mrs. P. Opalko
- Grade Two/Three — Mrs. J. Zurawzuk
- Grade Three — Ms. S. Kempa

- Grade Four/Phys. Ed. Mr. K. Sommerfield
- Grade Five — Mr. E. Turko
- Grade Six — Mr. H. Ritchie
- Resource — Mrs. C. Lenover
- Phys. Ed./Health — Mr. J. Ostrowski
- French (Gr. 4-6) — Mrs. J. Friesen
- Guidance/J.O.P. — Mrs. L. Laroche
- Ed. Assistant — Mrs. V. Campbell
- Library Tech. — Ms. C. Bannister
- Secretary — Mrs. V. Grant

Two supervised lunch programs are provided at Jameswood School — the Bus Student Lunch Program sponsored by the St. James - Assiniboia School Division, and the paid Parent Council Lunch Program. If required, further information on either of these programs can be obtained by calling the school office.

In addition to the regular Manitoba academic curriculum, the staff at Jameswood attempt

to provide the students with a variety of co-curricular activities. Choir, cross-country, gymnastics, crafts, newspaper clubs, concerts, computer clubs, and babysitting courses are just a few of the special groups that have been offered in the past. The choices vary from year to year, but remain varied and numerous.

As in the past, Jameswood staff wish to work closely with the parents of all students, and welcome your inquiries and your assistance as volunteer school personnel. Parents are invited to call the school and place their name on the volunteer list. The more volunteers, the more activities the school can provide for the students. They wish to invite ALL to their annual Meet - The - Teacher evening which will be held on September 17, 1991 at 7:00 p.m. Involvement in your child's education is of utmost importance, and the sooner this involvement begins, the more beneficial it becomes for the student and his/her family.

Formal student evaluations are sent to parents in November,

March and June. The first two of these reporting sessions are accompanied with parent - teacher interviews. Evaluation, of course, is an ongoing process, and some teachers choose to supplement this divisional report card schedule with interim reports.

Classes will be well underway by the time this publication reaches its readers, and the staff anticipate another good year at Jameswood - a Great School for Growing and Learning.

SILVER HEIGHTS COMMUNITY CENTRE

Hockey and ringette registration have already been held. For hockey info, call Al at 832-5554. A pair of child's glasses were left at the club. Please call 832-0116. Hall rentals are available for the fall season. Phone Dan at 885-3359 for rental information.

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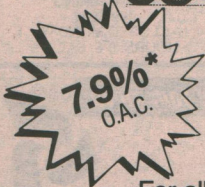
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Congratulations



Colonel Proulx, Base Commander, presents Mr. Robert Murphy with his Government of Canada Thirty-Five Year Public Service Medallion. Mr. Murphy, the Senior Counsellor at the Alcoholism Rehabilitation Clinic, joined the CA(R) in 1956 and became a civilian employee in 1984.

Pre-Nuptial Agreement

By William E. Doyle

Pre-Nuptial Agreements or agreements between those who are intending to become married are becoming more and more popular today. In the usual situation, one or both intended spouses either have been previously married, or are quite comfortable financially either because of their present position of employment or because of assets that they have managed to accumulate. Such is often the case where such marriage or re-marriage occurs later in life.

Many intended spouses desire that the legislation which would otherwise apply upon a separation, have no effect between them. As such, they can ignore such legislation which would otherwise determine their rights relating to assets, and reach an agreement defining those rights in advance. Such allows for much flexibility as the assets can be divided in any way that they see fit.

As well, the intended spouses can agree that the applicable legislation in whole or in part has no application whatsoever to certain assets which either of them may have acquired prior to the date of their marriage. Often if one spouse is the owner of, for example, a home or other real property, then it may be

appropriate to agree that the other spouse should have no claim to that property either at its value as at the date of marriage or at any appreciated value.

The parties may also have an agreement relating to the release of any claims that either may have to obtain spousal support from the other. They can also agree that the other spouse will not be required to pay child maintenance for any child that either may have from a precious union.

Such agreements also commonly deal with rights that the spouses are to have in relation to the estate of the other following his or her death. Based upon the provincial legislation that applies to estates, the surviving spouse may have the right to apply to the Courts to set aside or interfere with provisions of the Last Will and Testament of the deceased spouse. Such might result in the survivor obtaining more than was intended. Otherwise, if a Last Will and Testament is not in existence, then such legislation allows for such surviving spouse to have a claim up to a certain specified value. The agreement can therefore include a provision whereby both spouses may release in whole or in part any claim that they might have to the estate of the other.

Finally, couples occasionally wish to discuss, clarify, and specify such things as the division of labour relating to household duties and otherwise during the period of their cohabitation. While such may force a couple to openly discuss such personal issues between them, the problem with this type of term is its lack of enforceability. This means that if either party refuses to abide by the terms of such division of labour, then there is nothing that the other party can do to insist upon compliance.

The above is a general introduction relating to Pre-Nuptial Agreements. For a specific situation, recourse should be had to legal counsel to determine whether it is appropriate. Often there are moral questions involved when one spouse has the intention of entering into such an agreement whereas the other spouse does not. In such situations it may become uncomfortable for one spouse to insist upon such an agreement, or in the alternative refusing to marry.

William E. Doyle is a lawyer practising with Begin, Doyle, Menec, 427 Academy Road, Winnipeg, Manitoba, R3N 0C2, 488-3337. He is the son of a retired career warrant officer with the R.C.A.F.

Second Career Assistance (Scan) Seminar 23 - 24 October 1991

"There will be a Second Career Assistant Network (SCAN) seminar 23 - 24 October 1991. It will commence at 0800 23 October in the Base Theatre, Building 90. Some of the topics to be discussed include:

- financial aspects of retirement;
- release information;
- job opportunities; and
- will and estate planning.

The seminar is open to all service members with fifteen years or more service. Spouses are welcome. Registration is available with the Base Personnel Selection Office, local 5471, until Monday 21 Oct. 91."

CFB Wpg. Oktoberfest 19 October 1991 Building 21



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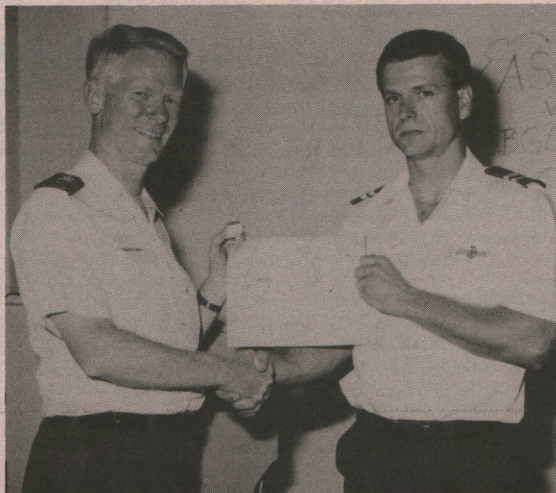
NEXT VOXAIR DEADLINE 30 SEPT.



CFSAS

The CF School of Aerospace Studies (CFSAS) was privileged to receive a visit from BGen Buckingham (COS Pers & Trg) on Thursday August 29. This coincided with the initial week of a brand new academic year at the school. The first of 10 Basic Space Operations Courses had just concluded, the initial Basic Electronic Warfare Course of the ten to be run this year was half-complete, and the 18 members of the Aerospace Systems Course (ASC) were just beginning to realize the magnitude of the academic workload that lay ahead in the coming ten months of their course.

After receiving an overview of the school's activities from LCol Koch (the newly-arrived school Commandant), BGen Buckingham had several words of encouragement for the staff and course members. Acknowledging the role "high-technology" played in the Gulf War, the COS Pers & Trg emphasized the substantial requirement for aerospace training. He intimated that space, EW and aerospace system knowledge is a valuable com-



Capt Steve Day, a new course member on ASC 44, receives his CP140 2500 flight hours pin from BGen Buckingham.

modity which will only increase in importance in our military future. Though military goals may be changing, the relevance of the aerospace sector to the military community will definitely increase, and will likely do so in dramatic fashion.

Since 1948, the Aerospace Systems Course has supplied the CF with graduates who have employed their new-found knowledge to define operational requirements and aid in the acquisition and analysis of aerospace systems. Acquiring this knowledge, however, has never been an easy task. This year's course, consisting of the usual assortment of pilots, navigators, aeronautical and communication engineers, will spend almost four months reviewing mathematics, physics, and electronics, before proceeding to a study of aerodynamics, electro-optics, space,

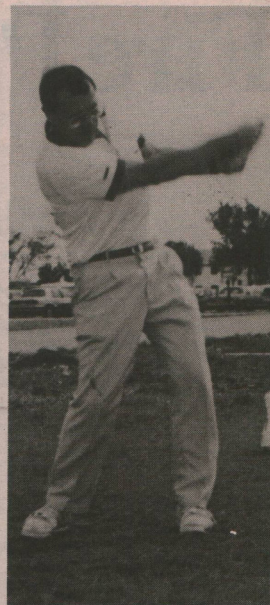
navigation, weapon systems, and electronic warfare.

Balancing these technical disciplines will be subjects such as human factors, displays, programme management and systems integration. In addition, each student must master technical report-writing, and the art of presenting research material in an audio-visual format. Finally, to equip the students with an accurate assessment of current technology, the course will visit military and civilian establishments involved in aerospace technology and design in Canada, the United States and Europe, throughout the year.

It promises to be an exciting year at CFSAS, due to new energy injected by a large turnover in staff, the new commandant's focus on state-of-the-art teaching aids, keen course members, and above all, air-conditioning!

Branch Heads and Co's BBQ and Golf Funspiel

On August 26th, the Base Commander held a BBQ and a Golf Funspiel for the CO's and Branch Heads. It was an exciting afternoon where a few of the players displayed some rather radical golfing skills. LCol Watt, the CFANS Commandant, earned an honorable mention, as he was playing for the first time. He showed natural abilities to the game, being able to hit the ball in a wide variety of shots and directions!



Le commandant de la Base, le col Proulx, tire un autre trou-en-un. Attention Jack Nicklaus!

The Base Commander, Col Proulx, sinks another hole-in-one. Look out Jack Nicklaus!



BBQ et Tournoi de Golf pour les OCs et les chefs de sections

Le commandant de la Base a tenue un BBQ et un tournoi de golf pour les OCs et les chefs de sections le 26 août. Ce fut un après midi mouvementé, où certain des joueurs en profitèrent pour démontrer des techniques de jeu plutôt radicales. Le lcol Watt, le commandant de CFANS, qui en était à sa première partie, se distingua particulièrement bien parmi les autres champions. Il réussit à frapper la balle plusieurs fois, de toutes sortes de façon et dans toutes sortes de directions!

Air Command Band Back home

After a busy summer of touring, the Air Command Band is winding down its travelling schedule and preparing for a series of school concerts and other engagements in and around Winnipeg. The musicians, who have been on the road since April, have just one major trip ahead of them. In October, they will go to Colorado Springs to support the RCAF Association Reunion.

The past year has brought them throughout Canada and down into the United States. The band performed at the Apple Blossom Festival in Nova Scotia and Klondike Days in Edmonton and played for NORAD's Canadian contingent in Colorado Springs on Canada Day. Benefit concerts this year helped raise money for a trauma unit in Thunder Bay, a hospital in Trenton and the Red Cross in Manitoba.

A highlight of the year was their recent trip to Offutt Air



Capt Terry O'Connor leads the Air Command Band in a public concert at the Forks Market on Saturday, September 11.

Force Base in Omaha, Nebraska, where they played two concerts with the Strategic Air Command Band. The program of Canadian music featured Cpl Doug Knight, a piper with the 402 Squadron Pipes and Drums and was a hit with the American audience.

The day after their arrival in Winnipeg, the band performed in a public concert at the Forks.

Plans for the fall include public relations concerts in area schools, mess dinners and parades in Shilo and at CFB Winnipeg, and appearances during the Grey Cup festivities in November.

On December 8, the band will perform its annual Christmas concert on the base, which has become a traditional family event at CFB Winnipeg.

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Fire Prevention Week Oct. 6-12

10 Tips For Fire Safety



The Story of Fire Prevention Week

On a warm Sunday evening of October 1871, a thoughtless, careless act sparked a fire at a modest city home. It seemed small and easy to control. But it wasn't. Thirty hours later 2,100 acres of Chicago were a blackened, smoldering waste. More than 200 of its citizens had perished; 100,000 were homeless; almost 17,500 buildings were in ruins. Direct losses were \$168,000,000 — the indirect costs incalculable.

To mark the Chicago conflagration, Fire Prevention Week is observed annually during the week containing October 9, its anniversary date. Fire Prevention Week was first officially proclaimed in the United States and Canada in 1922. It strongly reminds us that fires are not unavoidable accidents. They are always the result of some thoughtless act or neglect, and they can exact heavy penalties.

Don't gamble that you can escape the financial headaches or family heartbreaks that fire always brings.

— Is fire insurance coverage really required? The cost of fire insurance is indeed a small price to pay for the peace of mind that you will have knowing that in the event of a fire occurring at your residence that your property is protected.

— The cost of replacing your personal belongings could be in the range of \$30,000 to \$40,000, compared to perhaps a cost of \$200 deductible. The cost savings realized by not purchasing insurance will not cover the cost of replacing even a small portion of your belongings.

— Insurance coverage is available to members of various institutions throughout the city. This insurance coverage is very reasonably priced.

— Personnel may be held liable to reimburse the Crown for losses resulting from wilful or negligent causes.

Make fire prevention your concern, at home, on the job — EVERY WEEK.

1. Install and Maintain Smoke Detectors



Smoke detectors warn you of a fire in time to let you escape. Install them on each level of your home and outside of each sleeping area. Follow the manufacturer's directions, and test once a week. Replace batteries once a year or when the detector chirps to signal that the battery is dead. Don't ever borrow them for other uses!



2. Plan and Practice to Escape

If fire breaks out in your home, you must get out fast. With your family, plan two ways out of every room. Fire escape routes must not include elevators, which might take you right to the fire! Choose a meeting place outside where everyone will gather. Once you are out, stay out!

At least twice a year, have the whole family practice the escape plan.

3. Space Heaters Need Space



Keep portable and space heaters at least 3 feet (1 meter) from paper, curtains, furniture, clothing, bedding, or anything else that can burn. Never leave heaters on when you leave home or go to bed, and keep children and pets well away from them.

4. Smokers Need Watchers



Carelessly discarded cigarettes cause tens of thousands of home fires every year. Never smoke in bed or when you are drowsy! Provide large, deep ashtrays for smokers, and put water on the butts before discarding them. Before going to bed, check under and around sofa cushions for smoldering cigarettes.

5. Be Careful Cooking



Keep cooking areas clear of combustibles, and don't leave cooking unattended. Keep your pots' handles turned inward so children won't knock or pull them over the edge of the stove. If grease catches fire, carefully slide a lid over the pan to smother the flames, then turn off the burner.

6. A Match Is a Tool... for Adults



In the hands of a child, matches or lighters are extremely dangerous. Store them up high where kids can't reach them, preferably in a locked cabinet. And teach your children from the start that matches and lighters are tools for adults, not toys for kids. If children find matches, they should tell an adult immediately.

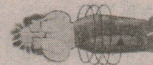
7. Use Electricity Safely

If an appliance smokes or has an unusual smell, unplug it immediately, and have it repaired. Check all your electrical cords, and replace any that are cracked or frayed. If you use extension cords, don't overload them or run them under rugs. Remember that fuses and circuit breakers protect you from fire: don't tamper with the fuse box or use fuses of an improper size.



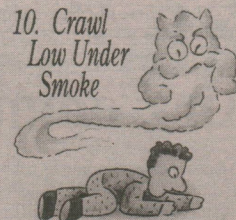
8. Cool a Burn

If someone gets burned, immediately place the wound in cool water for 10 to 15 minutes to ease the pain. Do not use butter on a burn, as this could prolong the heat and further damage the skin. If the burn blisters or chars, see a doctor immediately.



9. Stop, Drop, and Roll

Everyone should know this rule: if your clothes catch fire, don't run! Stop where you are, drop to the ground, and roll over and over to smother the flames. Cover your face with your hands to protect your face and lungs.



10. Crawl Low Under Smoke

If you get encounter smoke using your primary exit, use your alternate route instead. If you must exit through smoke, the cleanest air will be several inches off the floor. Get down on your hands and knees, and crawl to the nearest safe exit.

More Fire Safety Tips from Sparky

down with your family today, and plan how to escape from a fire. Know Two Ways Out.

You should know two ways out of every room, especially your bedroom. Try out each escape route. Make sure you can unlock all the locks. Can you open all the windows and doors quickly?

If you live in an apartment, use the stairs to leave the building. Never use an elevator during a fire. It might take you to the floor when the fire is burning!

Get Out Fast!
In a fire, don't stop for anything. Don't try to take anything with you. Just get out. Call the fire department from a neighbor's phone after you are out. Don't Go Back, No Matter What.

Sparky is very serious about this one. Once you are out, don't go back for any reason.

Call the Fire Department After You Escape.

Everyone in your family should go to a meeting place outside.

Each family member should know how to call the fire department from a neighbor's home.

Practice Your Plan.

At least twice a year your family should have a fire drill.

To start the drill, go to your bedroom, close the door and wait for an adult to sound the alarm. Practice both your escape routes. Remember, a fire drill is not a race. Get out quickly but carefully!

Be Ready for Danger on Your Way Out!

Test Every Door.

Before opening a door, make sure there's no fire on the other side. With the back of your hand, touch the door, the door knob, and the crack next to the door. If any of these feels hot, use your second way out.

Crawl Low.

Smoke means danger. If you see smoke, go out another way. If your only way out is through smoke, the best air will be sev-

al inches above the floor, get down on your hands and knees, and crawl quickly to the exit.

If You Are Trapped...

If you can't get out, close all the doors between you and the fire. Wait at a window where the fire fighters can see you. If there's a phone in the room where you're trapped, call the fire department, and tell them exactly where you are.

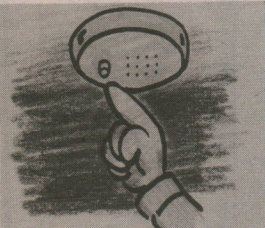
Everyday, somewhere in our country, somebody's home catches fire.

So Sparky® the Fire Dog wants you to be ready if a fire starts in your home.

If a fire starts, there's only one thing for you to do: Get out right away.

Don't try to put the fire out. Don't try to hide from fire. Get out of the building. Then call the fire department from a neighbor's phone.

You can't hide from fire. But you can escape!



Smoke Detectors Warn You to Escape!

The most dangerous home fires happen while people are sleeping. Smoke detectors will wake you up so you can escape.

An adult in your family should test your smoke detectors to make sure they are working right. Listen to the sound of the alarm. Will you know what that sound means whenever you hear it?

Remember: smoke detectors can save your life. Don't ever play with them.

Make an Escape Plan.

If a fire starts in your home, will you know how to escape? Sit

Remember

By planning ahead, you can do a lot to prevent a fire.

But once a fire starts in your home, there are only two things to do: first get out, then call the fire department from a neighbor's home. Don't go back into a burning building, no matter what. If you think someone is trapped inside, tell the fighters when they arrive.

FIRE PREVENTION

If you want more info on fire protection or you want us to visit your MQ, please call us at 833-5501 or 833-5586.

Base Fire Chief

Family Escape Checklist

Use the following list to be sure you are ready to escape.

- Are there smoke detectors on every level of your home and outside each sleeping area to wake you up in case of a fire? Does an adult check the smoke detectors at least once a week to make sure they are working?
- Have you planned at least two ways out of every room in case a fire starts?
- Have you tried your escape routes to make sure you can open all windows and doors quickly?
- Do you have a meeting place outside the home where your family will gather after they escape?
- Does your escape route use stairs instead of elevators?
- Have you made provisions in your escape plan for small children and family members with disabilities?
- Have you had an escape drill within the past 6 months so that everyone, including children, will know what to do in case of a fire?
- Does everyone in your family know how to call the fire department? Do they know they should escape first, then call the fire department from a neighbor's home?

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BCompany 2PPCLI Goes Adventure Training

By: Master Corporal C.A. Wilson

From 12 to 19 August, B Company 2PPCLI went to the Minaki area of Northern Ontario to take part in Exercise RAMPANT PADDLE. The adventure training activities included rappelling, rock climbing, canoeing, survival training, and rafting. The weather was perfect and the scenery was unforgettable.

The Company was broken down into four groups, each group moving through the various activities. Rappelling and rock climbing were run by Captain Hunt and Master Corporal Wilson. Anyone scared of heights soon overcame his fear after rappelling down the 300 foot rock face. Once down, the born-again mountain goats would scurry back up to the top to do it again and again. At the rock climbing

site, the troops did free climbing and belaying. Again, the troops overcame their initial fears and were eager to conquer Mount Everest.

During one climb, Private McDonald met a "glassy eyed snake" that had also climbed up the rock face. He quickly became airborne, proving that the safety equipment really works.

Warrant Officer Sirois and Master Corporal Whyte led two overnight canoe expeditions, covering a distance of fifty kilometres. The first expedition discovered a good portage route through a swamp. Private Chorazy had a near death experience with a killer leach that proved to be quite funny.

During some free time, Sergeant Semenko and his group built a death slide. Troops learned lashings and knots, and had a good time using the slide when it was finished.

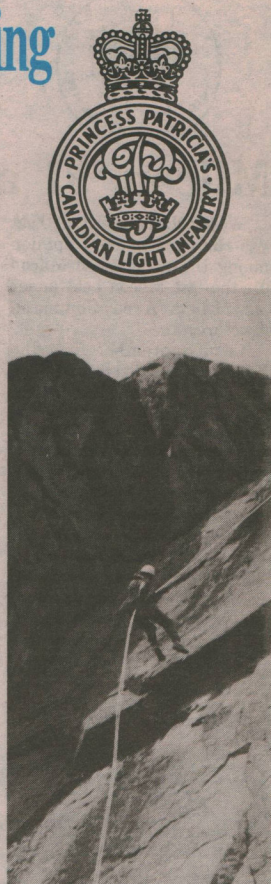


The crew of the torpedoed S.S. Minnow.

The last two days were the highlight of the week. The Company was again split into four teams for a rafting and survival competition. Each team had to construct a raft out of materials provided and then had to paddle two kilometres to a small island. Once there, they had to survive for the night. Each group built a unique vessel and discovered that an air mattress can be used for more than sleeping on. The time it took to get to the island ranged from one and a half to four and a half hours. The crew, captained by Private Hampel, took the longest time. Their craft, nicknamed the S.S. MINNOW, developed ballast problems and became a submarine. By the time they reached the island, the submarine had been torpedoed. The teams established their camp sites and then survived on a menu of live chickens, potatoes, onions and any fish they caught. None of the chickens came back as pets!

For the return journey, the teams joined forces, tying their improved vessels together. That night, the winning team was announced, the prize being two days short leave attached to the long weekend. The winning team was captained by Private Parris, the deck hands being Privates O'Brien, Albert, McDonald, Payne and Chorazy.

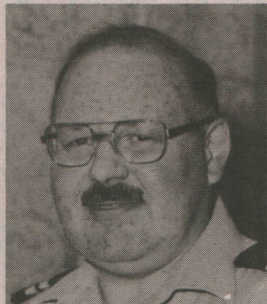
For many of the soldiers involved, this was their first time in the wilderness. Exercise RAMPANT PADDLE provided them an opportunity to build con-



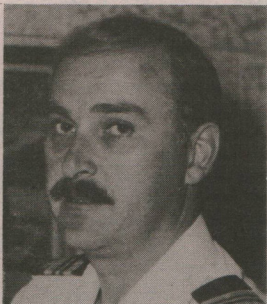
Private Davies returns to earth.

fidence and esprit de corps. We now look forward to tales of bravery, and about the big one that got away! VP.

AIRCOM Presentations



Captain Dennis Shanks was presented with the DND Certificate of Accreditation as a Management Consultant.



Major Rick Hunt was presented with the DND Certificate of Accreditation as a Management Consultant.



Mr. Daniel Plourde was presented with the DND Certificate of Accreditation as a Management Consultant.



AIRCOM CCOMPT Colonel G. Mark presents Master Warrant Officer Stewart Boyd with his DND Certificate of Service on his recent retirement.



Master Warrant Officer Stewart Boyd was presented with DND Certificate of Accreditation as a Management Consultant.

Basic Scuba Course



will be Tuesday nights, times to be announced.

Cost: Regular Members \$200.00, Ordinary and Associate Members \$225.00. Cost includes all course materials; certification; use of tank, regulator, and buoyancy compensator; air fills; Goldeyes membership; and membership in the Manitoba Underwater Council. CFB Winnipeg Recreation Council membership is extra and mandatory.

Equipment: You will require your bathing suit, a towel, a notebook and pen for registration night. We will go to the Lipsett Hall pool after registration for a swimming evaluation if Westwin is empty on registration night.

Information: For additional information contact Major Ron Cooper at 5357 (days) or 831-1458 (evenings). Mr. Al Fraser 888-8274 (evenings).

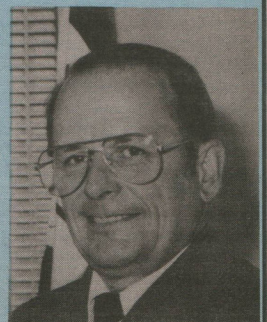
What: Basic Scuba Course

Where: Westwin Pool, Bldg. 90 (yes, we know that there is no water in the pool yet, but we will meet in the Club Room downstairs).

Registration: Tuesday 08 October 1991 at 2000 hrs. Classes

Happy Retirement

MWO (Art) Venables from Air Command HQ DCOS TIS Division received his retirement certificate. After 37 plus years of dedicated service to the RCAF and CAF, Art will be retiring in the Winnipeg area. All DCOS TIS members wish Art the best of health and enjoyment during his retirement years.





Manitoba/Lakehead District

SIT REP

Milcon '91 a Good Show

"We left the best 'til last." That was the consensus of opinion among the planners of Milcon '91...the last Milcon held under the Militia Area Command structure.

As of September first the Militia Areas faded into oblivion as all Army units in the west, Regular and Reserve, now come

under the Command of Land Forces Western Area, headquartered in Edmonton.

More than 2700 soldiers from the Prairie Militia Area and the Pacific Militia Area participated in the exercise held at CFB Wainwright.

The attendance from the Manitoba/Thunderbay District

was particularly good with more than 500 personnel in attendance.

The Commander of Milcon '91 was Brigadier General Cliff A. Walker, Commander of the Prairie Militia Area who now is the Deputy Commander of Land Forces Western Area.

Manitoba/Thunder Bay units were commanded by Colonel Barry Bruce. During Milcon, Col Bruce was responsible for all Artillery training and the running of the Advanced Field Firing Stand for the Infantry companies of all Districts.

Milcon '91 also registered a few firsts. The Bison, an armoured personnel carrier similar to the light armoured vehicles manufactured in London, Ontario by G.M. for the United States Marine Corp, made its first appearance in the exercise. Eventually the Reservists in western Canada will receive fifty of these vehicles. The Bison will be produced in several variants including command post configuration, armoured personnel carriers, mortar platforms and maintenance units.

There was also dental care in the field for soldiers taking part in this year's Milcon. The Prairie Militia Area was the only functioning Militia Dental unit in

Canada. Although many Reserve Army units boast dental officers, the Calgary based Section commanded by Maj (Dr.) Bill Fallon, is the only Militia Dental Section that deploys to the field and provides dental services in tactical situations.

The Army Reserve "Legal Beagles" also had their days in the field during Milcon '91, as the Reserve Judge Advocate-General's Branch set-up a field office in the exercise area. The legal personnel assisted in processing disciplinary matters, settled claims for damage to civilian property and gave legal advice and training to units on request.

The Reserve Lawyers' also engaged in war training exercises of their own.

They ran prisoner of War status determination tribunals and investigated alleged war crimes with the participation of legal officers from Air Command and NDHQ. They also participated in weapons training and firing to keep their "soldiers" skills sharp.

The Field Office was run by Maj John Mah, an Edmonton lawyer and the legal training fell under the responsibility of Maj Wolfe Reidel, who in civilian life practises law in Brandon, Manitoba.

Some of the highlights of Milcon '91 were the support that Reserve Artillery units provided to the British training command during an early morning river crossing exercise, the Fighting in Built-up Area training conducted at Margaritaville, a mock settlement of five structures, heavily sand-bagged and connected by tunnels, which afford a highly realistic staging for Infantry units attacking and attempting to clear the village.

Another highly interesting training exercise was the Aid To The Civil Power activity conducted in the "real-life" village of Irma, located near CFB Wainwright. The Village Council and the citizens of Irma participated in three days of military operations in their community, ranging from road blocks on the main streets to urban patrols through residential areas.

The exercise revolved around a scenario which had terrorists operating in the urban area and the Army being called in to assist the RCMP in controlling the movement of the terrorists and weapons and other devices and to gather information on the terrorist group and their supporters through the urban patrols. Although the training was as realistic as possible, no serious incidents occurred.



Once again, members of the Communications Command provided invaluable support to the army during a training exercise. Here WO Derrill Smith (left) of Red Deer, Alberta and CPI Robert Babic of Winnipeg's 735 Communications Regiment, repair a power cable. Behind them is the MMI satellite dish which provides a two-way link-up from Millon Headquarters by satellite to ground terminals at NDHQ, FMC or any location around the world through the military network.



A section leader lays out the plan of attack to his unit during house-to-house fighting at Margaritaville.



A good end to a hard day. Cougar crew members take a few minutes of relaxation before starting to maintain their vehicle in preparation for another day of activity.

Promotions Corner



Newly promoted Captain Perry Ramey receives a personal touch by the commander of Manitoba Lakehead District, Colonel Barry Bruce, sliding on his captain's rank epaulet. Also promoted to captain, as they were preparing to deploy to Milcon '91, (next to Captain Ramey) was Captain Mike Prendergast. Other officers of their regiment, the Royal Winnipeg Rifles, look on during the promotions while in Minto Armouries just prior to leaving to C.F.B. Wainwright, Alberta, in August. The two officers did not expect to be promoted until after the exercise so being able to wear their captain's bars during Milcon '91 was a pleasant surprise.



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LT Mike Lagace
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Minto Armouries, Room 124
or
Capt Brian Koshul
District Public Affairs Officer
Mon-Fri 0800 hrs-1600 hrs
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BGen W.F. Buckham Visits CFS

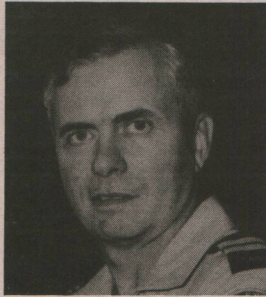
BGen W.F. Buckham, Cos Personnel and Training, Air Command Headquarters, made his first official visit to Central Flying School on 30 Aug 91, and made the following presentations.



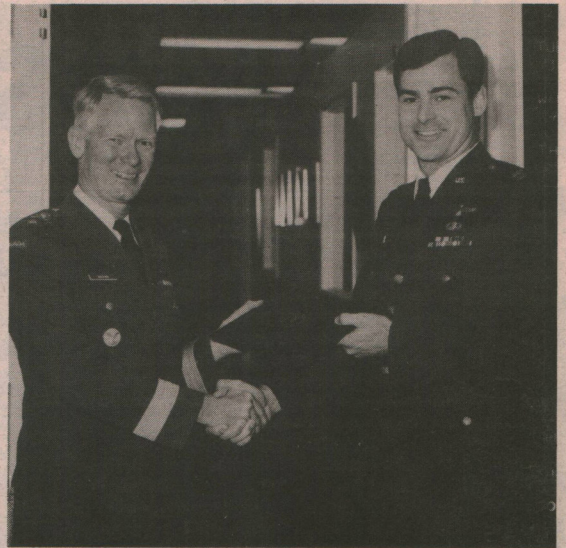
BGen Buckham chats informally with LCol SA Baines, Comdt CFS, members of the CFS staff and course members presently attending the ICP School Course.



CD-2 presented to Capt Al Watt, Navigation Standards Officer at CFS, for 32 years of dedicated service. Congratulations were extended by BGen Buckham on behalf of Air Command HQ and all CFS staff.



CT-114 Tutor A-1 Instructor's Certificate was presented to Capt Brian Baikie.



Captain Mark D. Audiss, USAF Exchange Officer with the CFS Instrument Check Pilot School, was presented with the prestigious U.S. Air Force Commendation Medal (2nd Oak Leaf Cluster) for outstanding and meritorious service while assigned to 3305th School Squadron, 3300th Training Support Group and the 12th Flying Training Wing, Randolph Air Force Base, Texas. The award was presented by Brigadier-General W.F. Buckham, COS Personnel and Training, Air Command Headquarters, during his first official visit to Central Flying School on 30 August 1991. Congratulations are extended to Captain Audiss by members of his former unit and the Commandant and staff of Central Flying School.

Cadet Recruiting Begins

The Royal Canadian Army Cadet Programme in Manitoba and Northwest Ontario is on the lookout for new members. The Cadet Programme, Canada's oldest youth organization, has commenced its yearly recruiting drive for fit and alert twelves and teens (12 to 18).

The aims of the Royal Canadian Army Cadet Programme are far from being strictly military in nature — although the cadets do receive military discipline, parade drill, and a Canadian Forces cadet uniform; the intent of the programme is to develop and promote good citizenship, leadership skills, and physical fitness in today's youth.

To use a common youth term, the Cadet Programme whether sea, land, or air is "a real rush" of positive activity. The Army Cadet Programme prides itself on its leadership and outdoor education courses (fieldcraft, map and compass, first aid, etc). If an adolescent loves the outdoors then the programme offered by the Royal Canadian Army Cadets will appeal.

Due to the dynamic, outdoor nature of our activities, those joining the programme should be fit and alert and must have the signed permission of a parent or guardian.

For those who love music, there are five Manitoba and Northwest Ontario Army Cadet Corps that have bands. They are:

Queen's Own Cameron Highlanders of Canada (Pipes and Drums), Winnipeg Grenadiers (Brass and Reed), Virden Legion Cadet Corps (Pipes and Drums), Princess Patricia's Canadian Light Infantry (Drum and Bugle), and Lake Superior Scottish Regiment (Brass and Reed).

Cadet training has four levels (Green, Red, Silver and Gold) with each yearly level offering something new and challenging. After the fourth year of training the cadet is ready to help with the instructing and supervising of juniors.

A youth may stay in the cadet programme until their nineteenth birthday. All this means that a cadet will gain a wealth of experience which will put the cadet in good stead upon entering adulthood and the job market.

School studies can become complicated by being involved in a Cadet Programme. However, with proper planning both can be handled with ease. Some are even able to add school sports and a part-time job.

The cost to be a cadet is not in dollars and cents as in the case for sports and some other activities.

The cost is one of a commitment to attend the weekly cadet training night on a regular basis; and to take part in extra cadet activities such as the range or drill team and of course, the weekend campouts where evening training is put to practical use.

The Cadet Programme is run at the local corps level by officers of the Cadet Instructor List (CIL) of the Canadian Forces. These officers are local citizens who have volunteered to lead the local corps. The officers are thoroughly screened and trained by the Canadian Forces and have good communication skills with teens. While they do receive nominal pay, many volunteer hours are devoted towards their cadet corps.

Twelves and teens joining the programme have the opportunity to attend summer training at regional or national cadet camps and in many cases are provided with a cash training bonus. Senior cadets may make application for prized courses or international exchanges. Also available to deserving senior cadets is the opportunity of a summer job by working at cadet camps. Yes, the Royal Canadian Army Cadet Programme, is one of Canada's best kept secrets.

The following is a list of Royal Canadian Army Cadet Corps in Manitoba and Northwest Ontario along with training locations, training nights, and items:

71st Battery, Brandon - Wed, 1845 hrs

Cadet Corps, The Armoury Virden Legion, Virden - Tues, 1930 hrs

Princess Patricia's, Winnipeg - Tues, 1900 hrs

Canadian Light, Kapyong Barracks Infantry Cadet Corps, (Grant Ave.) Sioux-Hudson, Sioux Lookout - Tues, 1845 hrs

Cadet Corps, Queen Elizabeth Dis. High School, Manitowadge, Manitowadge - Tues, 1800 hrs

Cadet Corps, Recreation Centre Dryden Cadet Corps, Dryden Wed, 1830 hrs

The Legion, Thunder Bay, Thunder Bay - Mon, 1900 hrs

Service Battalion, Port Arthur Cadet Corps, Minto Armoury 21 Field Engineer, Flin Flon - Wed, 1900 hrs

Squadron Cadet Corps, The Armoury Lake Superior, Thunder Bay - Thurs, 1900 hrs

Scottish Regiment, Port Arthur Cadet Corps, Armoury Portage Artillery, Portage Cadet Corps, La Prairie Wed, 1900 hrs

The Armoury, The Queen's Own, Winnipeg Wed, 1830 hrs

Cameron Highlanders, Minto Armoury of Canada Cadet Corps Winnipeg, Winnipeg - Thurs, 1900 hrs

Grenadiers, Minto Armoury Cadet Corps Kenora-Keewatin, Kenora - Thurs, 1900 hrs

Cadet Corps, The Armoury Fort Garry Horse, Winnipeg - Mon, 1830 hrs

Cadet Corps, McGregor Armoury

If you have any further need for information, contact 833-6796. Be part of the adventure! Join the Royal Canadian Army Cadets.

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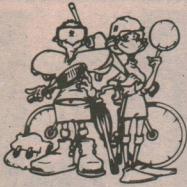
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SPORTS ANNOUNCEMENTS

CFB Wpg Inter-Section Slow Pitch



The champions of the CFB Winnipeg Slo Pitch Leage from Base Supply:
Kneeling L to R: Denis Simard, Clairmont Gagne, Jo-Ann Elson, Rob Collins, Ben Jean.
Standing L to R: Lloyd Jaster, Nestor Sawka, Rick Sweeney, Col Proulx, Rick Melvor, Ron Stewart, Ron Elson.



The Runner-ups from Dash 8 Maint:
Kneeling L to R: Mike Antel, Daryl James, Phil Durdey, Stephen Tremblay, Troy Sorrell.
Standing L to R: Ed Fowler, Andy Sinclair, Dan Matthews, Pat Charbonneau, Tony Perry, Guy Lavoie, Col Proulx, Mark Wilson, Steve Ally, Dan Rivest.

**Bravo
Base Supply!**

Inter-Section Slo Pitch
Standings (Final Results)
Round Robin

Team Number	Name	W	L	T	PTS
14	Odds N Sods	15	1	3	33
21	PPCLI	14	1	4	32
9	2nd Lt Blues	11	1	7	29
12	Oldtimer's	11	3	5	27
2	Transport	9	7	3	21
11	BAMEO	9	7	3	21
5	CFANS (I)	7	5	7	21
15	DCos Maint	8	7	4	20
13	Beme	7	7	5	19
1	BSup	7	7	5	19
4	DCos OPS	7	8	4	18
3	BOps	6	8	5	17
18	BCE	7	9	3	17
20	Dash 8 Maint	7	10	2	16
8	BFoods	5	10	4	14
10	Adm	5	10	4	14
16	CFANS (S)	4	11	4	12
17	CAIS	4	11	4	12
6	BCompt	3	11	5	11
7	733 Comm Sqn	2	12	5	9

Inter-Section Slo Pitch
(Play-Offs)

The play-offs commenced 26 Aug 91 at 1800 hrs. The first round went pretty much as expected, with almost all the top teams advancing. Who would have suspected that in the quarter finals the top 4 teams during the regular season would all end up losing. In the semi's; it was Base Supply defeating the Top Guns from Base Ops and Dash 8 Maint. outlasting Beme to advance to the finals. When the dust had settled, the winners of the CFB Wpg Slo Pitch League was the team from BSUP, 12-4 over Dash 8 Maint. Congratulations to all teams and I will see you next year on the ball field.



Co-Captains L to R — Nestor Sawka and Denis Simard receiving the championship trophy from Col Proulx.



Runner-Up Team Capt Tony Perry receiving his silver medal from Col Proulx.

CFB WINNIPEG SQUASH "HOUSE LEAGUE"

The 1991 CFB Winnipeg Squash House League will commence play the first week in October utilizing the courts at the recreation centre, Bldg. 90. Those personnel wishing to compete this year are asked to contact Maj. Dean Rainke at Local 5553 as soon as possible. For further information concerning the league, you may contact either Maj Rainke or Sgt. Paul Best, Peri Staff, at Local 5514.

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RACQUET RESTRINGING

Now that the fall is upon us, more and more people are picking up their favourite racquet and finding the strings need replacement and or repair. For anyone requiring this service, they can contact Sgt. Paul Best, Peri Staff, at the Recreation Centre Bldg. 90 - 5514.
 Your racquet will be repaired professionally and promptly, with a guarantee of quality workmanship, at the lowest prices in town.

CFB Winnipeg Badminton Playdowns

The 1991-92 Prairie Region Badminton Championships are scheduled for Portage-la-Prairie from 21-25 October 91. In preparation, The Peri Staff will conduct a Playdown Tourney to select the team that will represent CFB Winnipeg, on Thursday, the 10 October at Lipsett Hall commencing at 0900 hrs.

- Categories are as follows:
- Open — 34 years of age and under — 4 players
 - Senior — 35-44 years of age — 2 players
 - Master — 45 years of age and over — 2 players
 - Female — Open Age — 2 players

For further information and to register, please contact Sgt. Paul Best at the Rec Centre Bldg. 90, Local 5514

LOST AND FOUND AUCTION BLDG 21 OCT 9-11, 1991

The BPero will be holding an Auction from 9-11 Oct in Bldg. 21 for all lost and found items that have been recovered by the MP's. These items will be available for viewing in room 205B, Bldg 21 on Wed. and Thurs. from 0800-1500 hrs. Sealed bids are to be placed in a drop box during that time. The Auction itself will take place on Fri., Oct. 11th commencing at 1000 hrs. Any inquiries may be directed to MCPL Muir Loc 5148.

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400 (City of Toronto) Squadron

Currently, 400 Squadron handles the training of airframe and engine technicians, pilots, clerical personnel, vehicle drivers and other specialists in support of 2 Wing's function as a tactical helicopter unit flying CH-136 Kiowa light observation helicopters as part of Air Reserve Group and 10 Tactical Air Group.

"400 Squadron was created in Toronto on October 5, 1932, as 'No. 10 Squadron' in the RCAF Auxiliary," Lieutenant-Colonel Bob Deane, the squadron's commanding officer, explains. "And you can say we've come full-circle, because back then it was a reserve outfit operating fixed-wing aircraft to provide observation and liaison support for ground forces — and that's pretty well what we do today with the helicopters."

Close to 500 former squadron members — from the 1930s to the 1990s — and their guests are expected to attend reunion-weekend events, which will include a registration/reception on the Friday evening (2 October 92); a luncheon under "Tac Hel"

field conditions at the base on the Saturday; followed by a trip to the Canadian Warplane Heritage Museum in Hamilton, Ont.; a hangar dinner-dance Saturday night; and a memorial service on Sunday morning, with a fly-past by the squadron Kiowas.

"As a special project, we'll also be publishing a hard-cover 400 Squadron history book, which will be available at the reunion," LCol. Deane adds. "This is a significant landmark in the sage of the 'City of Toronto' squadron, and we intend to make it memorable for everyone concerned."

Any former 400 Squadron members or others who desire further information on the Diamond Anniversary Reunion are asked to contact:

Major Gary Thain
(416) 775-5255
or Sergeant Debbie Peace
(416) 635-4785
400 Squadron
Anniversary Committee
CFB Toronto
North York, Ontario M3K 1Y6

CFB TORONTO — Canada's most senior air force unit, 400 'City of Toronto' Squadron, will celebrate the Diamond Anniversary of its 1932 creation with a weekend-long reunion and special ceremonies on 2-4 October 1992.

The unit will be the first air squadron in the entire Canadian Forces to achieve this milestone.

Today designated '400 Helicopter Operational Training Squadron', the unit is part of 2 Tactical Aviation Wing (2 TAW) at Canadian Forces Base Toronto in North York, Ont. Most 2 TAW members are part-timers, but there is also a core of full-time reservists and regular-force members, together making 2 Wing a true 'total force' organization.

733 Comm Sqn

Once again I am glad to report more noteworthy accomplishments achieved by members of 733 Comm Sqn.

On the 18 July a muster parade was held to recognize these individuals. Sgt Gord Boulter was promoted to that rank effective 1 Aug. After spending only 1 year here in Winnipeg, he has been posted to Ottawa where he will hopefully spend a bit more time.

Cpl Jim Lockhart and MCpl Jean-Marc Lavigne were presented with their CDs. Congratulations to both of these members for noteworthy service. Pte Lynn McDonald also received her first chevron.

MCpl Mark Young



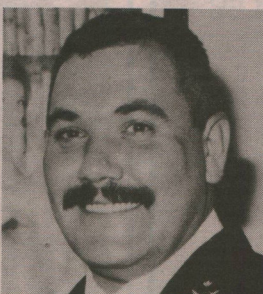
Sgt Boulter being presented his new rank by Maj Geier, and Capt Grandy.



MCpl Lavigne received his CD.



Pte McDonald was presented with her chevron.



Cpl Lockhart received his CD.



A 400 Squadron CH-136 'Kiowa' flies along the Toronto lakeshore.

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- Sylvie Cote 832-5315
- Mance Legault 885-1378
- Monique Fortier 489-1571
- Sylvaine Gosselin 885-3084

Nous esperons vous voir a notre table bientot.



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For Sale — YAMAHA FLUTE, used only one year, ideal for school band. \$375.00 Phone 633-3406.

For Sale — ROYAL BLUE FLOOR LENGTH CAPE with hood and has white lining, cape has flash arm holes — \$50.00. Ph: 889-4442.

For Sale — OLD RINGER WASHER — ideal for cottage \$50.00. Ph. 452-1773.

For Sale — One VACUUM CLEANER — Majestic - Filter Queen, all accessories included. One year old \$150.00. Ph: 489-3064.

For Sale — One BABY MONITOR: Excellent condition: \$35.00. One MICKEY MOUSE CRIB PLAY TOY: \$15.00. One FISHER PRICE INFANT CAR SEAT: \$40.00. One UMBRELLA STROLLER: \$20.00. One COSCO MESH PLAYPEN, with padded border: \$30.00. One COSCO HIGH CHAIR, padded seat with strap: \$40.00. One PADDED ROCKING CHAIR: \$40.00.

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And the brass trunk up in the attic is something I must look through!
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To frolic in the sun and watch the speed boats fly!
Midnight parties and outdoor barbecues,

What a better season not to pay my dues!
I've come here every summer since I was only a little girl,
Saturday-nite dances always give me a whirl!
The cry of the sea-gull is an intriguing sound,
And the flowered trails are memories abound!
Here my soul feels quiet and happy, too,
It's no wonder my feet stick to this place like glue!

The fire-fly dances in the waver-ing light,
And I wish summer wouldn't end with all my might!
It's cooling off and the leaves are falling,
It's time to go back to the city where I hear my calling.
Now I'm well-rested and ready to go back to work,
But my summer home is where my memories lurk!

— by Carolyn Gibson

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