

1991 Family Physician of the Year

Lieutenant-Colonel D.W. Rae, CD (also known as Dr. Rae, family physician) has been awarded the "1991 Family Physician of the Year" by the College of Family Physicians of Canada (CFPC).

Lieutenant-Colonel Rae is the Honorary Lieutenant-Colonel of 26th Field Artillery Regiment RCA of Brandon, Manitoba. He has had an extensive career with the Canadian Forces Reserve which began in 1949 with HMCS CHIPPAWA in Winnipeg. Lieutenant-Colonel Rae has served within the Medical Branch since and has held positions such as Unit Medical Officer and Area Surgeon.

Lieutenant-Colonel Rae graduated from the University of Manitoba in 1957 and practised in

Portage la Prairie for 33 years. He is presently an Associate Professor in the Department of Family Medicine at the University of Manitoba. He has chaired or served on numerous committees representing the CFPC, the Canadian Medical Association, the Manitoba Medical Association, the College of Physicians and Surgeons of Manitoba and WONCA. Dr. Rae has also given invitational papers worldwide.

Lieutenant-Colonel Rae has had a varied and extensive career in both civilian and military life, epitomizing the ideal Reservist.

The Commanding Officer and all ranks of 26th Field Artillery Regiment, RCA extend their warmest congratulations to Lieutenant-Colonel Rae for this prestigious award.



Lieutenant-Colonel D.W. Rae CD

Kids Count

Thirty-four members of the Manitoba Lakehead District presented the Children's Hospital Research Foundation a cheque for \$16,100 after completing the 1500 kilometer "KIDS COUNT RELAY" on Sunday, June 1st.

The relay started five-and-one-half days earlier, Tuesday morning, the 28th of May, with an official send-off at the Manitoba Legislature by Health Minister Don Orchard. The Commander of Manitoba Lakehead District, Colonel Barry Bruce, was also in attendance for the ceremony and gave a few words of encouragement to the team members.

More than 70 communities throughout Manitoba were visited by the relay team during their 24-hour-a-day journey.

The completion of the run took place with the 18 runners and other support staff jogging onto the stage, together, during the live telecast of the "MAKE A MIRACLE TELETHON". One of the original founding members of the run, Captain Brian Koshul, turned over the cheque to the co-host of the telethon, Murray Parker, on behalf of the district.

This marked the fifth consecutive year that the District has run the relay in support of the

Research Foundation. Their five year total has now reached \$72,000.

To give an idea of how much distance each runner was responsible for, that runner would have covered two Manitoba Marathons, or over 52 miles.

The "KIDS COUNT RELAY" took the District runners from the Legislature, west along Highway #2 past Wawanesa before turning north through Brandon and Minnedosa, then east through Neepawa and Portage la Prairie, north to Gimli and Powerview, south through Beausejour, Steinbach, then on to Morris and Carman, before the teams finally turned back to Winnipeg and the Relay's televised finish.

Traffic and weather conditions played their usual games with some of the relay teams. One of the squads had tremendous thunderstorms and lightning pound them for two days. Another squad had to find the right-side ditch in a hurry when a passing semi-trailer began jack-knifing beside them. There were no serious injuries to any of the runners and even with the inclement weather they made their scheduled timings.



The running team jog towards their television appearance at the Highlander Curling Club, ending their 1500 kilometer fundraising effort.

Air Command Band Busy

The Air Command Band is once again in the middle of a busy touring season. On the road for the last two months, the band has recently taken part in the 50th anniversary celebrations for the Air Cadets in Saskatchewan and Alberta. The group entertained at a base-wide Welcome Home party in Trenton last month. They also travelled to Nova Scotia for the Apple Blossom Festival and events at CFB Green-

wood.

The band wishes the best of luck to several members who are leaving this summer. WO Rob Byrne and WO Gord Dawson are off to the School of Music in Borden for the year-long Assistant Director of Music course. Sgt Susan Dustan has been posted to the PPCLI band in Calgary. Sgt Alain Prud'homme will be leaving for the Royal Canadian Artillery Band in Montreal. Sgt

Bill McFarlin has chosen to further his education outside of the military.

The band also welcomes its new Assistant Director of Music, CWO Andy Pockolinski, who is returning to Winnipeg where he started his career with the RCHA band. The Chief's new duties include taking the band down to Colorado Springs for the Canada Day celebrations there.

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COMMUNITY NEWS

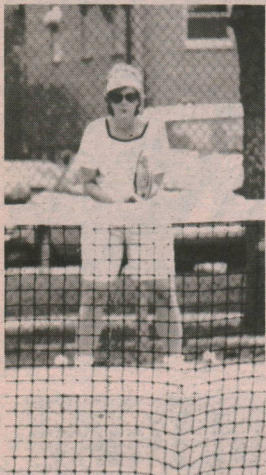
by Mike Bonin

Love ... 15

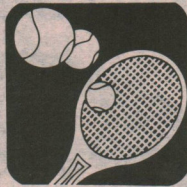
"The serve has to be fluid and smooth" coaches CWO Serge Nadeau. Over a four day period, Serge and his two assistants, Capts Cliff André and Sylvain Fournier, instructed 13 budding tennis enthusiasts the finer details of the game. Aspects of the game that were covered were: etiquette, rules, forehand and backhand strokes, serves, net play, volleys and footwork.

Serge feels that for a player to fully appreciate any new sporting adventure, some time should be invested with a qualified instructor. The six hours of instruction during lunch hours helped develop the players skills, knowledge and confidence. Everyone enjoyed the clinic and they all showed dramatic improvement over the short period of time.

This free clinic was sponsored by the BPERO for Military and DND employees. CWO Nadeau was enthusiastic with the response he received, and is willing to give another clinic if the interest is shown. Further info is available through the Rec. Center at local 6184.



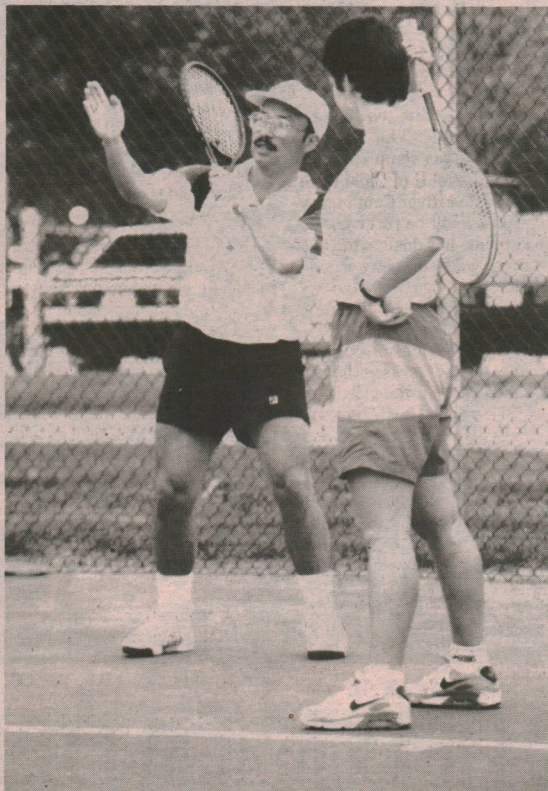
Ready when you are.



CWO Serge Nadeau stressing the finer points of tennis.



The eager participants willing to learn.



It's easy. I'll show you one more time.

The Gulf and Kuwait Medal



Canadian Forces sailors, soldiers, airmen and airwomen; doctors, nurses and medical teams; communicators and support personnel; engineers; and CF members on exchange with Coalition forces, will be awarded the Gulf and Kuwait medal in recognition of outstanding performance in the Persian Gulf conflict. The medal is shown here without and with clasp, the latter signifying service in the theatre of operations during actual hostilities.

LA MÉDAILLE DU GOLFE ET DU KOWEIT

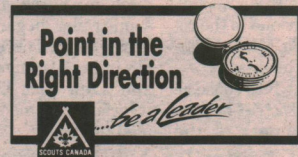

Tous les militaires canadiens qui ont servi auprès des forces de la Coalition recevront une médaille en reconnaissance de leur travail remarquable pendant le conflit du golfe Persique. Qu'ils soient de la marine, de l'armée ou de l'aviation, membres du personnel médical, responsables des communications, personnel de soutien, ingénieurs, ou stagiaires au sein des effectifs militaires des autres pays faisant partie de la Coalition, tous et toutes seront honorés. La médaille aura deux aspects: l'une avec agrafe et l'autre sans agrafe. L'agrafe sera portée par ceux et celles qui ont servi dans le Golfe pendant la guerre.

History of Military Bands

For hundreds of years, music has been a part of the military way of life. Drummers have been used throughout the centuries to lead soldiers into battle, while bugle calls were used to give orders in battle long before modern communications could assume these roles. In more recent times, military bands have been used in wartime (to entertain the troops) and in peacetime (for entertainment, recruiting and ceremonial occasions).

ROYAL WINNIPEG RIFLES, Western Canada's oldest military unit. In fact the band has been a part of the Rifles for the 101 years of its existence. Historically, the Rifles Band was a brass band. However, the band has evolved into an all-instruments concert band, including brass, woodwind and percussion. This larger instrumentation allows a greater musical repertoire which is beneficial: while marches are the bread and butter of a military band, they are by no means the only type of music played. Concert band music is now an important aspect of military bands.

The history of military bands continues here in Winnipeg, in the Regimental Band of the

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Barry Sweeney

Barry Sweeney

music reviews and syndicated columnist

From 'Speak' to 'Blood' Londonbeat Finally Clicks

In the last few weeks the hypnotic beat and staccato rhythm of "I've Been Thinking About You" has not only captured the imagination of top-40 radio but has duplicated at rack and retail going straight to the top of the play and sales charts. The 'thinking' track is the lead-off song on the group's recently released "In The Blood" (Anxious/BMG).

Only now emerging as a musical force, the quartet known as Londonbeat (Jimmy Helms, lead vocals, trumpet, flugal horn; George Chandler & Jimmy Chambers, vocals; and Willy M, guitars, keyboards) have worked in a variety of musical areas. Helms, Chambers and Chandler performed on numerous sessions including Fine Young Cannibals and Tina Turner. Both Chandler and Helms were born in America

and met with Chambers, a native of Trinidad, in the '70s. Chambers, incidentally, had sung in various English bands including DaDad, with co-vocalists Robert Palmer and Elkie Brooks. After various solo projects the trio started working together and joined forces with Willy M.

The result of their initial work was "K.I.S.S." which was instrumental in landing them a recording contract with Dave Stewart (of Eurythmics fame) Anxious Records. Their next release, "9AM (The Comfort Zone)" became a major hit throughout Europe, leading to the album release of "Speak".

Their current "I've Been Thinking About You" topped the charts in a dozen countries and with the power ballad "A Better Love" streaking up the charts



Londonbeat

and "In The Blood" on the threshold, Londonbeat are poised for a banner year. As George Chandler says "We've got a Trinidadian, an Englishman and two Americans in this group. Between us, we've got an incredible variety of styles and influences and all of that comes out in the music."

That diversity is evident in tracks like "Crying In The Rain" which utilizes sampled sounds of whales and dolphins. They update the Bob Marley classic "No Woman, No Cry", add a reggae beat to "Getcha Ya Ya", move up-tempo with "She Broke My Heart" and wrap it all up with the highly commercial sounds of "In An I Love You Mood". Good grooves.

Sweeney's Scene

The sad, and often overlooked, reality of pollution on a global basis is the fact that oil wells currently burning in the Gulf, coupled with the pollution from the gigantic oil slick, will probably do more damage to the global ecology than every North American over several life times. Littering the highways in Canada, depending on the province, carries a pretty hefty fine. I don't remember hearing about any fines for torching 800 oil wells or deliberately releasing millions of litres of oil into the Gulf.

Grateful Tribute

"Dedicated" (Arista) features 15 Grateful Dead originals interpreted by a bevy of musical heavyweights that range from Los Lobos (Bertha), Bruce Hornsby & The Range (Jack Straw) and Midnight Spear (Wharf Rat) to Jane's Addiction (Ripple), Elvis Costello (Ship of Fools) and Dwight Yoakam (Truckin'). Along with each artist's admiration for the Grateful Dead's music, is the dedication of these artists to help save the planet.

Significant proceeds from the sale of "Dedicated" will go to the Rainforest Action Network and Cultural Survival, two organizations which are committed to fighting the devastation of the world's tropical rainforests.



Family Support Centre

in the Faculty of Education in the elementary stream. She will be taking her 3rd year in the fall. Myra has successfully student taught in school divisions 1 and 6. She is currently working for Child and Family Services in their respite program. On evenings and weekends she works with mentally and physically disabled persons. She has volunteered at St. Amant Centre and has approximately 300 hours of volunteer service. Her other work experience includes working at Winnipeg Business Development Corporation, McDiarmid Lumber and Lewiscraft.

Myra is the Program Co-ordinator for two summer camps "The Goolies" and "The Kowabunga Kamp". She will also be working as the Welcoming Co-ordinator for the newcomers on Base.

Patti Shaffer is welcomed by the Family Support Centre as the

Program Co-ordinator for the summer camp "The Peanut Gang". Patti has completed her studies in Level II of Child Care studies at Red River Community College and will be returning in the Fall. She has done extensive volunteer work for many organizations, including, Child and Family Services, Health & Community Services, Parks and Recreation and Girl Guides of Canada. On evenings she works with mentally and physically disabled persons. She also spends Thursday evenings working at Bingo Royale for the Huntington Society. Her other work experience includes working at and operating a daycare in her home, Canadian Publishers, and public relations. Patti enjoys camping, fishing and cycling.

Catherine Capps-LeBlanc is one of our part time "Peanut Gang" camp assistants. Cathy is currently in grade 11 at Kelvin High School. She has also com-

pleted her first aid certificate. Cathy also spends time volunteering at the FSC Thrift Shop. Her other spare time hobbies include sports, crafts, baking and cooking. She resides on the Southsite Base.

Our fourth summer worker is Tracey Cuthbert. She is very enthusiastic about her position as an assistant activity worker with the "Peanut Gang". She attended BCIT for two years prior to arriving in Winnipeg. Tracey has been working with children in her home for the past two years coordinating activities such as art, crafts, games and much more. She has also worked in a daycare and as a nanny. Tracey has also worked at the FSC Little People Playtime and will be on the Parents Committee in the Fall.

Summer Day Camps
Family Support Centre

Peanut Gang
ages 2-5

Dates Times		Dates Times	
July	North	South	August
4	1-4	9-12	1
16	1-4	9-12	6
18	9-12	1-4	8
30	9-12	1-4	27
			29

The Goolies
ages 6-8 years
July 8-12
Southsite — 9-4 p.m.
August 12-16
Northsite — 9-4 p.m.

Kowabunga Kamp
ages 9-12
July 22-26
Northsite — 9-4 p.m.
August 19-23
Southsite — 9-4 p.m.

All programs will include activities such as arts, crafts, games, parades, life skill projects, sports and fitness, special events, special excursions. Snacks will be provided. Call the Family Support Centre for more information.

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Is Your Home Environmentally Safe?

We have all heard of pollution, but how many of us associate our own home with causing serious environmental damage, and even hazardous waste. Aren't terms such as toxic and pollution reserved for industrial waste only? We (the public) are responsible for 65 to 75% of hazardous waste produced today. We know the profound impact our garbage will have on future generations to come.

The fact remains many domestic products contain hazardous substances, like paint-thinners, oil-based paint, disinfectants, polishes, glues, et cetera, are poured down the drain or tossed into garbage bags destined for burning, dumping or landfill sites. Consequently dangerous wastes are washing up on our beaches, contaminants are leaking from landfills into the water and soil, and emissions are spewing from incinerators into the air.

Dangerous substances aren't just bad for the environment but can pose serious health threats. Products we commonly use everyday, like oil-based paints, furniture polishes, oven cleaners, and degreasers contain "organic solvents" (organic solvents are designed to dissolve other substances). These solvents evaporate quickly and can be inhaled. Health hazards from these materials range from dizziness to coughing and even nausea. Surveys in the USA claim effects

from some solvents cause cancer, birth-defects and genetic damage. Solvents can be easily absorbed through the skin into the bloodstream and cause a multitude of sicknesses.

Products designed to clean clothes, sanitize bathrooms, shine windows and polish furniture contain complex chemicals which, when combined, can increase health hazards significantly. Imagine the effect of household products, like aerosols during the winter months when windows are rarely opened. The pollutant to air ratio is much higher. Cleaners routinely cause allergic reactions and give off volatile fumes.

Aerosols containing C.F.C.s (chlorofluorocarbons) not only diminish the ozone layer but coat the nasal passages and deaden nerves in the nose indefinitely.

Cosmetics may actually harm us too. Often they contain dyes and fragrances combined with animal fats which are known causes of skin and eye irritation. Many companies test their cosmetics on animals, frequently killing them. Pesticides have been found in shampoos; and even baby powder frequently contains asbestos.

Simply because a product is on the store shelf doesn't mean it's risk free. Ask the company how they test their products; often cosmetics are tested on animals under deplorable conditions simply to save money on slightly more expensive laboratory tests. Manufacturers aren't required to list all chemicals in an immediate product if a substance *appears* to be in small quantities and considered not to be a health risk.

Even pesticides used to "fog" or spray Winnipeg can be

replaced by a natural alternative. A well known pharmacologist suggests mosquito repellents containing citronella or eucalyptus oil work well and are safe for people and the environment.

Here is a list of some suggestions for making your home safer:

- Personal Best**
- Choose a hand and body soap without artificial scent or colour.
 - Replace shaving cream with a thin layer of plain soap, which works just as well. Shaving cream often contains ammonia and ethenol and it is better to minimize personal exposure to these chemicals.
 - Try creating a non-toxic soap by mixing one cup of Castile Soap (made from olive oil and sodium hydroxide), one half cup of distilled or filtered water and one quarter cup of avocado oil.
 - Use cornstarch (which is asbestos free) instead of baby powder.
 - Try sesame seed oil as a sun tan lotion. It blocks out 30% or more of the sun's ultra-violet rays and contains Vitamin E which is a good skin moisturizer.
 - Vegetable oil instead of baby oil.

- Cleaners**
- Soften paint brushes with hot vinegar.
 - Scour with baking soda. For those tough stains mix equal parts baking soda and a non-detergent soap.
 - Use products with biodegradable surfactants.

- Other Ideas**
- Water based paint releases less harmful vapour than oil

paints. Always keep your windows open.

- Avoid "Pentachlorophenol" (Penta) and creosote based preservers when you put wood fence poles in the ground. "Penta" has been recognized as a carcinogenic chemical by the EPA. Stones and gravel instead work fine.
- Castor oil or a mineral oil work well on hinges and door knobs.
- Avoid disposable batteries as they contain toxic heavy metals (lead, cadmium, mercury) which corrode in landfills and seep into water supplies. Use rechargeable





batteries; proper disposal methods do exist for used batteries. For information call us.

- Try roach hotels instead of aerosol pest spray.
- Home-made fly paper; coat yellow paper with honey. The colour attracts them and the honey keeps them there.
- Do you have an ant problem? Boric acid (or Borax) is a safe alternative. Planting mint or onions around the house keeps them away.

If you wish to find out more information on Environmentally Safe products please call Bruce or Ghislaine at 489-0042.

Only together can we save our environment.

By Bruce Boucher

Common Hazardous Products In The Home				
Class	Household Cleaning	Home Improvement	Lawn and Garden	Automotive
CORROSIVE 	<ul style="list-style-type: none"> • Laundry and stain removers • Toilet cleaners • Floor wax stripper • Drain cleaners • Oven cleaners • Some bathroom cleaners • Bleach • Lye 	<ul style="list-style-type: none"> • Muriatic acid 	<ul style="list-style-type: none"> • Most swimming pool chemicals • Roach killer 	<ul style="list-style-type: none"> • Acid batteries
FLAMMABLE 	<ul style="list-style-type: none"> • Methyl hydrate • Furniture cleaner • All aerosol cans 	<ul style="list-style-type: none"> • Acetone • Contact cement • Paint brush cleaner and solvents 	<ul style="list-style-type: none"> • Insect repellent • Camping fuel • Kerosene • All aerosol cans 	<ul style="list-style-type: none"> • All aerosol cans • Methyl hydrate
TOXIC 	<ul style="list-style-type: none"> • Isopropyl alcohol 	<ul style="list-style-type: none"> • Wood stain • Wood preservatives • Varnish remover • Turpentine • Paint thinner • Varsol 	<ul style="list-style-type: none"> • Dandelion, weed, insect and grass killer • Lawn fertilizer • Malathion • Camping fuel 	<ul style="list-style-type: none"> • Radiator coolant and antifreeze
REACTIVE 	<ul style="list-style-type: none"> • All aerosol cans • Bleach with any acid or base 	<ul style="list-style-type: none"> • All aerosol cans 	<ul style="list-style-type: none"> • All aerosol cans • BBQ and camping fuel • Propane cylinders 	<ul style="list-style-type: none"> • All aerosol cans

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PROMOTIONS AND PRESENTATIONS

BTSO



Lt Brian MacGillivray of the BEME section is the recipient of his new rank from the BTSO, LCol B.J. Meindl.



Capt Kelby Hamilton was recently promoted to that rank. Capt Hamilton has been employed in the BEME section and is posted to 1 Svc Bn Calgary.

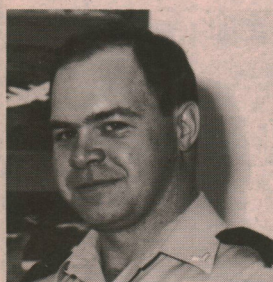


Capt Darlene Quinn, Production Officer within the BCE section, was recently promoted to that rank.

B Compt



Capt Wilf DeBow, the NPFAO, is congratulated on the completion of his OPDPs, by the B Compt, Maj McMullin.



CONGRATULATIONS

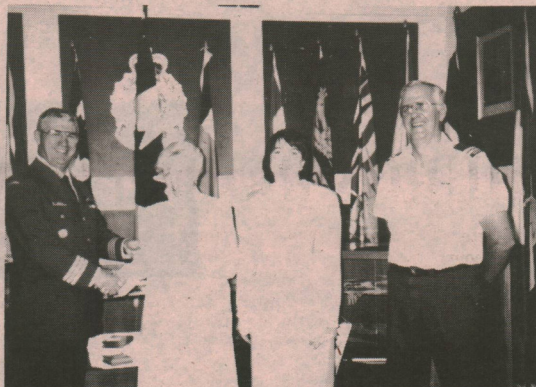
Cpl Dale White is congratulated on his recent accelerated promotion by the B Compt, Maj McMullin. Cpl White, a native of Longlac, ON, received his promotion eight months early as a result of his outstanding performance.

BAME SECTION



Sgt Tony Perry receiving his promotion from Major Davies, BAMEO. Tony has been with BAMEO/Aircraft Repair since Jan 1, 1991. He is a Communication Radar Systems Technician, and is a valuable asset to the Dash-8 program. Congratulations on a well deserved promotion and good luck at your new posting in Shearwater.

BASE PRESENTS CHEQUE TO RED CROSS



Lt Col JM Forestell, B Adm O, and Capt T. O'Connor, Air Command Band, recently presented Kay Thomson and Carrie Ehman of the Red Cross with proceeds from the band's March 27th benefit concert. The concert raised over \$6,000 for Red Cross Manitoba.

CENTRAL FLYING SCHOOL



MWO Joe Ploquin of Central Flying School is shown receiving his Retirement Certificate from the B Comd, Col HC Armstrong on 25 May 1991. Joe spent 37½ years in the RCAF/CAF and will be missed by many friends across the country and at CFS. Joe and his wife Maureen have decided to retire in Winnipeg. Good luck in all your future endeavours Joe and best wishes from everyone at CFS.

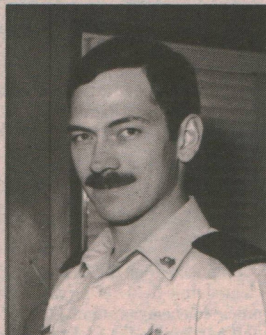
LANGUAGE TRAINING CENTRE/CENTRE DE FORMATION LINGUISTIQUE PROMOTIONS

Félicitation à tous!



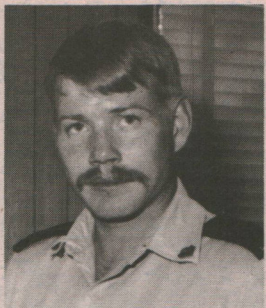
Congratulations to Major Tom Stinson, a student at LTC, upon his promotion to that rank.

Félicitation au major Tom Stinson, un étudiant du CFL, pour sa promotion à ce rang.



Congratulations to Sergeant Kelly Helmink, a student at LTC, upon his promotion to that rank.

Félicitation au sergent Kelly Helmink, un étudiant du CFL, pour sa promotion à ce rang.



Sergeant Ward Haacke, a student at LTC, was recently promoted to that rank.

Le sergent Ward Haacke, un étudiant du CFL, a été promu récemment à ce rang.



Maj Deschênes, OC LTC, presents Cpl Joan Peterson, a student at LTC, with her CD. Congratulations also to MCpl Peterson on her recent promotion to that rank.

Le Major Deschênes, Cmdt du CFL, présente la Décoration des Forces canadiennes au caporal Joan Peterson, une étudiante du CFL. Félicitation à caporal chef Peterson pour sa récente promotion à ce rang.

HMCS HURON REDEPLOYMENT

OTTAWA — The Minister of National Defence, the Honourable Marcel Masse, announced today that HMCS HURON will depart the Persian Gulf at the end of June and is expected to arrive in her home port of Esquimalt, B.C., in early August.

HMCS HURON has been carrying out patrols in the Gulf since early May as part of the Multi-National Interdiction Force. The force, while imposing United Nations' sanctions against Iraq, has contributed to the process of restoring peace and security in the region.

"HMCS HURON has not only maintained a Canadian naval presence in the Gulf region since the end of hostilities but has also been a valuable asset in upholding the UN's resolutions against Iraq," said Mr. Masse.

The DDH 280 Class, helicopter-carrying destroyer sailed from Esquimalt for Halifax on Jan. 4, where, on arrival, her weapons and sensor systems were upgraded. On Feb. 24, she sailed for the Mediterranean where she conducted readiness trials and training in the Gibraltar area. HMCS HURON arrived in Bahrain in late April.

HMCS HURON conducted her first patrol on May 9. Patrols involved surveillance and monitoring of shipping activities and the interception of suspect vessels in the Gulf. HMCS HURON will not be replaced by another Canadian ship.

REDÉPLOIEMENT DU
NCSM HURON DU GOLFE
PERSIQUE

OTTAWA — Le ministre de la
Défense nationale, l'honorable

Marcel Masse, a annoncé aujourd'hui que le NCSM Huron quittera le golfe Persique à la fin de juin et qu'il devrait arriver à son port d'attache, à Esquimalt (Colombie-Britannique), au début d'août.

Le NCSM Huron a effectué des patrouilles dans le Golfe depuis le début de mai, faisant partie de la Force d'interdiction multinationale. Cette force, tout en imposant les sanctions de l'ONU contre l'Iraq, a contribué au rétablissement de la paix et de la sécurité dans la région.

"Non seulement le NCSM Huron a assuré une présence navale canadienne dans la région du Golfe depuis la fin des hostilités, mais il a aussi joué un rôle important dans l'application des résolutions prises par les Nations Unies contre l'Iraq," a précisé M. Masse.

Le destroyer porte-hélicoptères de la classe DDH 280 a quitté Esquimalt le 4 janvier,

mettant le cap sur Halifax, où ses armes et ses systèmes de détection ont été perfectionnés. Le 24 février, il s'est dirigé vers la Méditerranée où il a mis à l'épreuve son état de préparation et s'est soumis à des exercices d'entraînement dans la région de Gibraltar. Le bâtiment est arrivé à Bahreïn à la fin d'avril.

Le NCSM Huron a effectué sa première patrouille le 9 mai. Les patrouilles comprenaient la surveillance et le contrôle de la navigation ainsi que l'interception des navires suspects dans le Golfe. Le NCSM Huron ne sera pas remplacé par un autre navire canadien.

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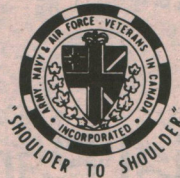
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MANITOBA/LAKEHEAD

“Rabid Badger” A Success

The District's major field training exercise, Rabid Badger has been judged a success in terms of elements of field exercise training achieved and numbers of soldiers in attendance. More than 300 soldiers turned out for the long-weekend exercise and a further 60 members of the Thunderbay Battle Group were in Camp Ripley Minnesota on the same weekend, which would have

swelled the Rabid Badger numbers even more if the two activities had been combined.

The District exercise brings together all Winnipeg based units along with Artillery units from Brandon, Portage la Prairie and Kenora, Ontario as well as the 21 Field Engineers Squadron from Flin Flon. Most of the Flin Flon personnel were airlifted to Brandon by Herc. Many of the 21

Fd Engrs Sqn members are from northern Reserves and the Herc flight was definitely a highlight of their young lives.

Ex Rabid Badger is a Brigade level scenario designed to train members of all units under realistic tactical conditions and is a work-up to the massive ten-day long Milcon that will be held at CFB Wainwright beginning August 16th. Milcon 91 brings together all Army Reserve units in the prairie provinces, British Columbia and the Thunderbay area along with elements of the Regular Force in an all Arms exercise that will test and refine the skills of every soldier.

Milcon is the standard by which every unit's training program is judged. It's therefore extremely important that as many members as possible participate.

If you haven't been approached as yet about attending Milcon '91, get in touch with your unit or District H.Q. right away. Don't miss the best part of your training year!



Engineers from the 21 Field Engineer Squadron, Flin Flon, Manitoba, clear a mine field during the Infantry Company's advance towards the prepared enemy position. Close to 50 members of the northern Manitoba unit participated in Ex Rabid Badger. The close to 80 percent turn-out of unit members is a tribute to the spirit and dedication of the members of this remote unit. The high level of participation was envied by the leadership of many other units.



Weary infantry "re-org" after fighting through the enemy position.

Manitoba/Lakehead
District

Enquiries

can be made to:

2LT Mike Lagace
Public Affairs Officer
Tues/Wed 1900 hrs-2200 hrs
786-4329
Minto Armouries, Room 124
or
Capt Brian Koshul
District Public Affairs Officer
Mon-Fri 0800 hrs-1600 hrs
786-4314

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DISTRICT SIT REP



An increasingly important part of Reserve Army activity, is letting the public, the people who pay our bills, know the scope and extent of our training. Here, a television news team from MTN television conducts an interview with Manitoba/Lakehead District Commander, Col. Barry Bruce during their coverage of Exercise Rabid Badger.



Members of the "Friendly Forces" attack the enemy position under smoke cover.

Rifles Band To Grey Cup

The Royal Winnipeg Rifles Band has been invited to participate in this year's Grey Cup festivities and if you can toot a horn or play the drums or any of the other instruments that make up a marching band ... then they want you to come along for the fun and excitement.

Although the Grey Cup participation will be the highlight of this year's calendar, it's by no means the only activity the band members will be involved in.

The Royal Winnipeg Rifles Band also plays for various mess dinners, parades and special occasions such as Christmas concerts, Remembrance Day ceremonies and other functions.

The best part of the participation with the Royal Winnipeg Rifles Band is that the musicians get paid for their time spent on band duties, be it for public appearances or for rehearsal.

The pay is on the same basis as other Reserve soldiers because indeed band members are soldiers first and go through the same basic military training program as do members of the infantry, medical company or other service support personnel.

The basic military training takes place at Minto Armoury for the most part, on Monday and

Wednesday evenings and on alternate weekends over an eight-week period. The recruit will earn in the neighbourhood of \$680.00 during this eight-week period.

Upon graduation, all recruits are sent-off to their parent unit for more advanced and specialized occupational training. In the case of the band members, it's off to the rehearsal room to hone their musical skills.

Rehearsals are held at Minto Armoury on Tuesdays and Thursday evenings throughout the fall, winter and spring months. Continued involvements with high school bands and other musical groups is encouraged on the premise, the more work and practise the better.

During summer months band members may seek full-time employment. The Canadian Forces School of Music in Esquimalt, British Columbia, one of the finest musical schools in the country, offers musical advancement courses and various advancement courses are held at other locations throughout the summer.

In addition, high calibre musicians may audition to play in the Ceremonial Guard Band which each summer assists the Changing of the Guard ceremony on

Parliament Hill in Ottawa throughout the summer.

All uniforms and equipment are supplied. The band provides most instruments such as tubas, euphoniums, trombones, French horns, saxophones and percussions. Arrangements can be made to supply other instruments such as clarinets, flutes, piccolos and trumpets. When members are away on duty, accommodations, meals and transportation are provided.

When enrolled, members are paid the rate established for length of service, level of musicianship (and courses taken with the Reserves). Members are paid for attendance at all functions and rehearsals.

Some members of the Band have chosen not to enroll in the Forces and therefore play with the band as associate, volunteer members.

If you are a musician and wish to expand your musical and social horizons (and earn money as well), by joining the Royal Winnipeg Rifles Band, or if you have some questions about the band, please contact Captain Sheila McPherson at 255-4805 or Army Reserve Recruiting Officer, Captain Brian Koshul at 786-4314.

ADJUSTMENTS TO NATIONAL DEFENCE MATERIAL ACQUISITION PROGRAM

OTTAWA — Against the background of a \$4.2 billion materiel acquisition program for the Canadian Forces and the Department of National Defence for 1991-92, the Minister of National Defence, the Honourable Marcel Masse, announced today that some defence acquisitions will be scaled down and others cancelled to meet fundamental changes in geopolitical circumstances and fiscal realities.

The defence materiel acquisition program will, however, include a number of new activities, will provide significant employment and defence spending to all regions across the country, and

will continue to enhance the high technology industrial base in Canada.

"The dismantling of the Berlin Wall and the gradual withdrawal of Soviet forces from Central Europe have signalled the end of the Cold War. Canadians are conscious of the rapid and startling changes that have occurred on the international scene," said Mr. Masse. "And as is the case for all countries, we have had to take into account the combination of these changes and rigorous financial constraints imposed on all government departments.

"Therefore, while the Department's 1991 program will con-

tinue to provide significant economic activity, we have made several important adjustments, including the cancellation or reduction of certain projects," he continued.

The Minister recalled that the budget cuts of April 89 and 90 have led directly to such adjustments and to a decision by the Department to reduce its personnel. Nearly 1,000 positions at National Defence Headquarters in Ottawa will be eliminated in this fiscal year.

The following capital projects will be cancelled: the Northern Terrain Vehicle and the second

phases of both the Small Arms Replacement Project and the TOW Under Armour Project.

"In addition, in keeping with the Auditor General of Canada's recommendation, DND will be reducing its excess ammunition stock holdings. The current international climate and reductions in training activity eliminate the requirement to maintain our current levels of ammunition stocks," said Mr. Masse.

The Industrial Adjustment Service program and the Canadian Jobs Strategy program will be available to assist defence industries and their workers to adjust to DND's reduced requirements.

"Canada needs a strong and competitive industrial base to support our defence requirements," said Mr. Masse. "The \$4.2 billion materiel acquisition program, and related initiatives, will continue to make a valuable contribution in this regard."

Mr. Masse said that he will be announcing a number of new projects and contracts in the near future.

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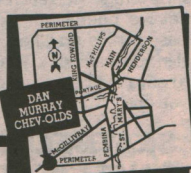
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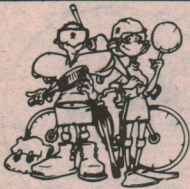
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SPORTS ANNOUNCEMENTS



Inter-Section Golf 91

The 1991 Inter-Section Golf program teed off on Tuesday, 4 June 1991, at the Base golf course with LCol Meindl (BTSO) "slightly fading" the first ball towards Green No. 1. A total of 17 sections are represented this year competing in a single round robin tournament. All matches are played on Tuesdays commencing at 1200 hours with groups of 4 following every 12 minutes approximately. A play-off will be held at the end of the round robin play to determine the 1991 inter-section golf champs. Thanks to LCol Meindl for taking the time to assist in the opening ceremonies.

NOTE: On Tuesdays between 1200-1600 hours vehicles travel at their own risk around the Base golf course.



LCol Meindl opening the 1991 intersection golf program.

Golf Day For Lady Curlers

June 8, 1991 was the big Golf Day for C.F.B. Lady Curlers at the John Blumberg Golf Course.

There were thirty-seven (37) golfers and forty (40) for dinner at the F.O.B. Curling Club.

Winners for the day on the Calloway system were: SHERRY RIDLEY, JACKIE RIDLEY, LAURA MEYER, BRENDA GREENBERG.

LOW GROSS: GISLAINE GEORGE, DEBBI KRULICKI, NAOMI KRULICKI, VIKKI McALLISTER.

There were nine (9) groups of golfers in all. Things were done a

tad differently this year with all winners drawing a number out of a hat and matched with a number of a prize on the table. That is the prize you received. Well done JUDY RICHARDSON, DI-ANNE HUGGAN, NANCY FUNK, DEBBIE KRULICKI, NAOMI KRULICKI.

A lovely steak dinner was served by DARLYNN FATHERS.

Rained a bit and windy, but otherwise a beautiful day. A good time was had by all.

Last write-up 'til the FALL MEETING. See ya all there.

Old Warbirds Never Die

For the third year in a row, the "Old Warbirds", members of the Wartime Pilots and Observers Assoc., have managed to somehow defeat the C.F.B. Wpg. golf team in their annual tournament. Pictured above is John Nixon, 1st V.P. of the W.P.&O. Assoc. receiving the trophy from W.O. Leo Fraser.



Cheticamp Military Reunion

Discussions are underway with Branch No. 32 of the Royal Canadian Legion in Cheticamp for them to host a military reunion in mid August 1992. This reunion would be open to all military members from Pleasant Bay to Margaree who have joined or retired since 1 January 1960. This is a heads up for planning purposes and work is underway to try and identify as many individuals as possible that fall in the above mentioned criteria. Interested individuals are asked to correspond with the undersigned for more information.

MGen George R. Pearkes Bldg.
National Defence Headquarters
MGen George R. Pearkes Bldg.
DCETS
Ottawa, Canada K1A 0K2
(613) 995-0864

Home
or 1780 Stoneboat Cres.
Orleans, Ontario
K1C 1W8
(613) 824-4126

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People that have skills and talents of a lifetime have much to offer yet we don't use these resources.

At Winnipeg South Child & Family Services Agency plans are being made for a demonstration project to involve adults of grandparent age and young families with children. Many such families do not have grandparents available to them and would like such a friendship.

If you are willing to share your time and love with a young family then please call 944-4377 weekdays.

SELECTIVE TRAFFIC ENFORCEMENT PROGRAM

The Military Police, CFB Winnipeg, in conjunction with other Provincial Police Agencies have been asked to implement Selective Traffic Enforcement Procedures during the period of 17-30 Jun 91. The goal will be to increase the usage of seatbelts from a low 70 average to a 90 percent average. To reach this goal we need your help, please buckle up when you get in your car today. The life you save may be yours or a loved one.

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CFB Winnipeg Golf Playoff

Will take place at the Teulon Golf Course from 3-5 July 91, in order to pick a team to represent CFB Winnipeg at the

1991 PR Golf Championship in CFB Shilo from 22-26 July 91.

Interested players are to contact Sgt Paul Best at the Rec Centre, local 5514.

Participants MUST attend a pre-playoff meeting to be held in the Base Theatre, bldg. 90, on Tuesday the 2nd July at 1030 hrs.



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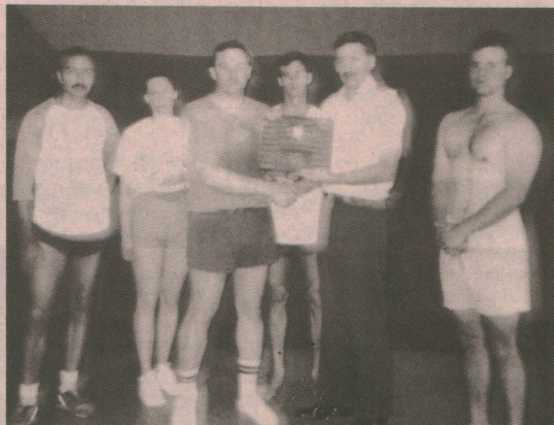
AIRCOM VOLLEYBALL

"A" Division Winners



Front Row, L-R: Maj D. Rainkie, LCol B. Thompson, Capt B. Lalancette
Back Row, L-R: Maj D. Leveque, LCol J. Kerr, LCol C. Bouchard, LCol P. Hussey

"C" Division Winners



Front Row, L-R: Capt B. Woruschuk, Capt Beattie
Back Row, L-R: Capt W. Tober, Mrs A. Sellen, Maj B. Wild, Pte B. Young

LIPSETT HALL POOL BUS SCHEDULE

Because of the closure of the Westwin Rec Centre pool, the BPERO section has organized bus transportation from the Westwin Rec Centre Bldg 90 to Lipsett Hall Rec Centre pool for Dependants. The following are the dates and timings for this schedule.

DATES: From 2 July 91 to 30 Aug 91 Mon to Fri only.

TIMINGS: 1330 hours bus departs Bldg 90 (Westwin Rec Centre)
1400-1500 hours Casual Swim
1515 hours bus departs Bldg A-2 (Lipsett Hall Rec Centre)

COST: FREE if you have a valid CFB Winnipeg Recreation Pass. \$1.00 will be charged if you don't have a pass.

NOTE: For further information please call Sgt Jim Wallace 833-6184. The bus will depart on time (no exceptions).

Following is the results from the 1991 Air Command Inter-Section Volleyball League.

A DIVISION

DCOS OPS "A" defeated HQ Prairie Military Area 3 games to 2. Congratulations on your "3 PEAT".

C DIVISION

SO PERS defeated DCOS RGN OPS 3 games to 1.

D DIVISION

CAIS defeated ARGHQ/CSURG 3 games to 0.

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voxair

tell
the
world

"D" Division Winners



Front Row, L-R: Capt R. Rajah, Capt C. Beattie (League President)
Back Row, L-R: Lt A. Sweetnam, Capt A. Thompson, Mr B. Karras, Lt G. Baturin, Mr C. Mensforth



1st Steward

Reunion/Golf Tournament

Attention: All 862 Stewards, Serving, Retired and CFR Stewards:

A Reunion and Golf Tournament is scheduled for the 22nd and 23rd of August 91.

Preparations are well under way; so communicate with us now if you wish to participate.

Enquiries may be sent to:
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L0M 1C0

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Reply Deadline — 5 Aug 91

Inter-Section Slo Pitch League

The Inter-Section Slo Pitch League officially began 3 Jun 91 at 1800 hrs with the first pitch being thrown out by the BPSVCSO, Maj Kimak.

Already the rivalry has heated up with many undefeated teams battling for supremacy and a shot at last year's champion — PPCL. Games are played Mon-Thu, commencing 1800 + 1930 hrs and spectators are welcome. Team standings will be published periodically along with any information pertaining to the Slo Pitch League. Have a fun season!

The following teams are participating in this year's Slo Pitch League:

- BSUPPLY
- TRANSPORT
- BOPS (MPS)
- DCOS OPS
- CFANS (INSTR)
- BCOMPT (PAY GANG)
- 733 COM SQN
- BFOODS
- BAMEO (2LT BLUES)

- ADM BRANCH
- BAMEO
- OLDTIMER'S
- BEME GREASERS
- ODDS N SODS
- DCOS MAINT (BLOOPERS)
- CFANS (STUDENTS)
- CCOMPT/CAIS

- BCE
- BAMEO (DASH 8 MAINT)
- PPCLI

NOTE: The ball diamond bleachers will be on loan to the 2nd Battalion from 20-26 Jun 91. Spectators should bring their own lawn chairs.

Keep Smiling



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Revised Pri 5 Leave Travel Procedures

BACKGROUND

As of 3 Jun 91, the military scheduled service air system will change substantially. The service provided by the Boeing 707s is being replaced by a charter service. The domestic service has been awarded to Air Canada for three years while Nationair will operate the international legs. The introduction of this new air charter service for DND personnel travel will require several changes to booking procedures and passenger handling. Most details of the domestic flights are contained at AIG 1721/633, AIG 1707/198 101315Z May 91.

AUTOMATIC CONFIRMATION

Flights YF300, YF301, YF765 and YF766 only will be put in check-in status automatically at night-up approximately 48 hours prior to flight departure. This new computerized system will electronically calculate open seats, confirm Priority 5 applicants three days (2359 GMT of the third day) prior to flight departure and generate a list of confirmed Priority 5 passengers. Allocation of Priority 5 seats and check-in on other scheduled military aircraft flights and special military flights will remain unchanged and actioned in accordance with current procedures at A-LM-101-000/FP-000 Chapter 10.

Once confirmation of Priority 5 passengers is completed flight check-in markers will be removed at which time any remaining seats will be made available for Priority 1, 2, 2 Blue Bark

and Priority 3 Compassionate bookings up to three (3) hours prior to flight departure. Units trying to BKF an itinerary while the flight is in check-in status will receive the following message "Unable — Flight In Check-In".

REGIONAL OPIs

Changes of departure points to commercial terminals have resulted in extensive revisions to the Priority 5 leave travel program which has in turn made it necessary to designate the following units as OPIs for each geographical area of flight operations:

- a. Halifax:
AMS Shearwater — YAWTRYF
- b. Ottawa:
3 AMU Ottawa — YOWTRYF
- c. Toronto:
2 AMU Trenton — YTRTRYF
- d. Winnipeg:
AMS Winnipeg — YWGTRYF
- e. Edmonton:
1 AMU Edmonton — YEDTRYF
- f. Vancouver:
CFB Chilliwack — YCWTRYF
- g. Lahr:
5 AMU Lahr — QLRTRYF

Each OPI will be responsible for instituting a recorded telephone service with which to inform successful Priority 5 applicants of their confirmation. The list of the confirmed Priority 5 passengers mentioned at paragraph 7 is generated automatically 48 hours prior to flight departure to the printers at each TTY address above via PMS. From this list the OPI will make a telephone recording with the surname and locator number of each confirmed passenger.

This telephone service is to be available to Priority 5 applicants as soon after receipt of the automatic list of confirmed passengers as possible. A dedicated telephone line must be made available 24 hours a day for which the number will be given as wide a distribution as possible. Each unit will also be responsible for procurement of telephone answering equipment and additional telephone lines for this service if required.

This change in earlier confirmation of Priority 5 passengers will require that some segments still in RR status after the automatic confirmation may need to be cancelled otherwise, they too could be confirmed as the date approaches. It will be the OPIs responsibility to pull the PNRs on the automated confirmed list from queue SP03 and cancel any segment in RR status such as alternate requests or connecting flights that passengers will not be able to meet. Only after the automatic generation of the confirmed Priority 5 list, will the OPIs request the TPF which will list only those Priority 5 applicants still in RR status. PNRs remaining on the TPF will be recalled and any applicable segments left in RR status will be cancelled.

PASSENGER ADVICE

It will be the bookings agent's responsibility to ensure that all Priority 5 applicants are advised of the ways they can get information concerning their confirmation: the recorded telephone service already discussed, by calling their local traffic section or by calling any ASTRA equipped office with their locator number. Passengers will be able to obtain this information approximately 36 hours prior to flight departure. Passengers should also be advised that their booking will be cancelled if space is not confirmed on the primary and alternate outbound request. Passengers must reapply for another flight if still required. Passengers should be counselled to have their locator number available at all times and not to proceed to the airport without confirmation of space on the flight as only confirmed passengers will be boarded.

CANCELLATIONS/ NO SHOWS

It cannot be stressed enough how important it is that passengers cancel bookings if a change in plans occurs. Unlike the previous system, Priority 5 applicants will be confirmed only once — at night-up 48 hours prior to flight departure. After this point only duty Priority 1, 2, 2 Blue Bark and 3 Compassionate passengers can be booked on empty seats.

It is therefore very important that if Priority 5 passengers change their travel plans, they cancel their bookings at least 48 hours in advance of flight departure so that this seat is available to other Priority 5 applicants. Cancellations can still be made within the 48 hour period, however only duty Priority 1, 2, 2 Blue Bark and 3 Compassionate personnel can be booked at this time. All cancellations must be made no later than three (3) hours prior to flight departure otherwise a no-show report will be generated.

CHECK-IN

Unlike ASTRA, Air Canada check-in procedures will be fully

automated. A passenger name check-in record is created for each YF flight in Reserve. When a booking is made in ASTRA on any of the chartered flights, it also affects Reserve and is filed in both systems. This check-in file will contain "mini" PNRs made up of Name fields, I fields and the applicable S fields and is automatically generated at night-up approximately 48 hours prior to flight departure. Passengers are checked in by Air Canada using YF.

The XNS transaction has been modified and will now include all status codes presently used by DND (HK, HL and RR). The Air Canada transaction XNS cancels only those fields in HK status. This change was necessary primarily due to the new Priority 5 system — so that subsequent legs would not be confirmed should a confirmed Priority 5 passenger not show up at flight departure.

NDHO OPI

For further information or assistance, the NDHQ contact at DTO 4-4-3 is Gloria Price, telephone (613) 992-7755.

CATHOLIC CHAPELS

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WEEKDAYS/EN SEMAINE
Monday to Thursday inclusive
Du lundi à jeudi inclus. à
1500 hrs/English
WEEKDAY MASSES SUBJECT TO CHANGE

St. George's (South)

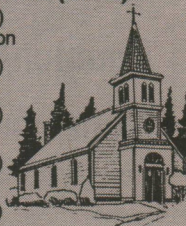
SUNDAY
10:00 a.m.

WEEKDAYS
Tue & Thu: 6:30 p.m.

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The Chapel of the Good Shepherd (North)

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- 1100 hrs - Holy Communion
- 2nd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship
- 3rd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship
- 4th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship
- 5th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship



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Air Canada Military Service Flights

The moment we've been waiting for has finally arrived! Following a bidding process, Air Canada has been awarded a three-year contract to run a scheduled charter service within Canada. They will operate a Boeing 727 configuration with 136 seats, of which nine are VIP class seats and 127 economy class.

The charter will begin to operate on 3 June 1991 with the west-bound flight, flying through commercial airport terminals only. These airports are:

- A. Halifax International Airport;
- B. Ottawa International Airport;
- C. Lester B. Pearson International Airport, Terminal 2, Toronto;
- D. Winnipeg International Airport;
- E. Edmonton International Airport; and
- F. Vancouver International Airport.

The flights will operate on the following schedule (local times):
YF300 Tuesday/Thursday/Saturday/Sunday

ARR	CITY	DEP
—	Vancouver	0730
0954	Edmonton	1035
1319	Winnipeg	1400
1715	Toronto	1800
1900	Ottawa	1950
2221	Halifax	—

YF301 Monday/Wednesday/Friday/Saturday

ARR	CITY	DEP
—	Halifax	0730
0811	Ottawa	0855
0949	Toronto	1050
1220	Winnipeg	1305
1400	Edmonton	1445
1511	Vancouver	—

It should be noted that all policy and procedures detailed in CFAO 20-20 apply to the chartered service flights unless specifically addressed in this article.

Travel priorities will remain. However, some procedures have been modified to accommodate commercial facilities. The uncertainty related to passenger travel has been eliminated as much as possible. Consequently, no bumping of passengers will occur.

Duty travel will now be accepted 90 days (versus 60 days) in advance of first flight date and

may be confirmed up to three days prior to the flight departure. Flights will be temporarily closed 48 hours prior to departure so as to process priority five applications. Flights will be re-opened approximately 36 hours prior to departure to allow additional duty passengers (including priority two "Blue Bark" and priority three compassionate) bookings only. If space is still available, or if space is not available, they will be registered in the Astra system on a waitlist. Waitlisted passengers will become confirmed if there is a cancellation. If not, they will be able to report to the airport and check-in as standby passengers. In any case, it is imperative that duty passengers (including priority two "Blue Bark" and priority three compassionate) are registered in the Astra system. These passengers reporting to the airport on a standby basis will only be boarded if they are registered in the Astra system and space becomes available as a result of no-show passengers.

The most significant change will be that priority five passengers will have their travel confirmed approximately two days prior to the scheduled flight departure. Following confirmation, priority five passengers will be treated in exactly the same manner as duty passengers. Members may apply for priority five travel no earlier than 21 days and not later than three days prior to the flight departure time. It will be the member's responsibility to verify with a transportation office if he/she is confirmed. Priority five applicants shall advise their transportation office a minimum of three days before flight departure if they cannot travel, in order that space may be allocated to another applicant. Opportunity travel is not applicable for these two flights. Procedures for priority four leave, priority two "Blue Bark" and priority three compassionate (except as detailed above) are unchanged.

Reservations will not be accepted for unaccompanied children under 16 years of age.

Passengers may check-in at

any Air Canada counter two hours prior to departure. The executive class counter should be used by priority one coded VIP's. All passengers are to advise Air Canada agents that they are checking in for flight YF300 if travelling eastbound or YF301 for westbound. Cut-off time is 30 minutes prior to scheduled departure time.

Priority one coded passengers (includes accompanying spouse and aide if applicable) will be able to check-in at the Air Canada Executive Class counter where they will be issued a DND VIP boarding pass. Upon presentation of this VIP boarding pass, passengers will be admitted to the Maple Leaf Lounge. Business Class seats in the first two rows at the front of the aircraft will be allocated to priority one pas-

sengers.

Travel documentation described in CFAO 20-20 is still required. DND ID cards for all CF members and DND civilian employees, and commercially acceptable positive identification for all other passengers will be requested. All passengers should be in possession of the Astra locator number obtained at time of booking for quick reference in the event that their name is not on the list.

Following verification of identification, a boarding pass will be issued by the agent to all passengers. This boarding pass will be the only document required to transit airport security and board the aircraft (i.e. no ticket will be needed).

DND flights will be displayed on airport monitors with YF

designators, not Air Canada. Boarding announcements will refer to "DND Charter Flight YF 300 or YF 301".

Members shall wear uniform as detailed at CFAO 20-20.

Carrier will accept up to 23 kg (50 lbs) of baggage limited to two pieces of checked baggage per passenger; one of which must not exceed 158 cm (62 inches) and the other must not exceed 140 cm (55 inches). No single piece may exceed 203 cm (80 inches) overall. This limit may be increased by an additional 23 kg (50 lbs) total, consisting of a maximum of two additional pieces, if excess baggage has been authorized and approved in accordance with CFAO 20-15. Members authorized excess baggage will inform the Air

cont'd on page 14

ORDER OF CONFIRMATION OF PASSENGERS ON SERVICE AIR

DAY OF FLIGHT AT THE APPLICABLE TERMINAL:	COMMERCIAL TERMINALS for YF300/301 AND YF765	5 AMU LAHR for YF766	CF TERMINALS for ALL REGULAR AND SPECIAL FLT
Confirmed Passengers Booked in Astra to be Boarded on Service Fit with HK Status Day of Flight.	Duty: PRI 1, 2, 2BB, 3 LEAVE: PRI 4 PRI 5 (AUTO-CONF)	Duty: PRI 1, 2, 2BB, 3 LEAVE: PRI 4 PRI 5 (AUTO-CONF)	Duty: PRI 1, 2, 2BB, 3 LEAVE: PRI 4
The only categories of passengers eligible to be confirmed (HK) at the applicable terminal and boarded if space is/becomes available the day of flight in order of priority.	1) Waitlisted Duty PRI 1, 2, 2BB, 3	1) Waitlisted Duty: PRI 1, 2, 2BB, 3 2) Leave: A) Stand-by PRI 5 List: Unconfirmed PRI 5 (RR status from TPF List) B) Leave Stand-by List: First come first served (2 days prior to fit.)	1) Waitlisted Duty: PRI 1, 2, 2BB, 3 2) Leave: A) Stand-by PRI 5 List: PRI 5 (RR status from TPF List) B) Leave Stand-by List: First come first served (2 days prior to fit.)

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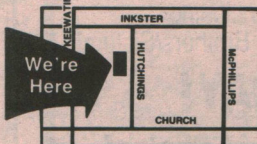
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(AC Service Flights cont'd from page 13)

Canada agent at check-in of their entitlement and mention their locator number. One piece of cabin baggage per passenger may be carried provided its dimensions do not exceed 23 x 41 x 51 cm (9 x 16 x 20 inches).

Passengers on the charter flights will be covered under the same terms as any other Air Canada passenger. Claims are to be submitted directly to Air Canada and must include the boarding pass and baggage tag receipts. Insurance coverage for all persons travelling on YF 300 and YF 301 either on duty or on leave will be 500 thousand dollars.

Boarding fees for lease travel will no longer be assessed on any charter or CF flights. Boarding agencies will cease collecting fees effective 3 June 1991.

Hospitality class meals/snacks and beverage service (non-alcoholic) will be provided during designated meal periods. If required, special meals can be requested in advance at the transportation office through Astra.

Connection boarding passes with Air Canada and its connectors (Air BC, Air Alliance, Air

Ontario, Air Nova, Air Toronto and Northwest Territorial) will be provided to DND passengers travelling on a chartered YF flight, provided they are in possession of a ticket for the connecting flight.

Smoking is not permitted.

In the event of flight delays in excess of three hours, cancellations or diversions, the following will occur:

1. Enroute or through passengers, regardless of priority, will be protected on the next Air Canada or other commercial flight;

2. If the alternate flight is not scheduled to depart within three hours, enroute passengers may elect to accept either the alternate flight or vouchers issued by Air Canada to cover expenses incurred as a result of the interruption;

3. If no alternate flight is available or if a passenger elects to accept vouchers; accommodation, transport to/from airports and meals will be offered as per Air Canada Standards;

4. Regardless of whether passengers are at point of origin or enroute, Air Canada will provide for the soonest possible alternate air transportation; and

5. Connections beyond the passenger's YF destination will be

rebooked by Air Canada.

This new commercial service flight will provide a more efficient and convenient service to all members and their dependants. It will provide dependable guaranteed travel. Take advantage of it!

NATIONAIR INTER MILITARY FLIGHTS

Following a bidding process, Nationair has been awarded a three-year contract to run a scheduled charter service between Canada and Germany. Nationair will operate a DC8-62 configured with 170 seats; i.e. 10 Business Class and 160 Economy Class seats. This service will begin operations on 5 June 1991 from Ottawa to Lahr. It will operate from the Ottawa International Airport, and Lahr will continue to be the base of operation in Germany.

The flight will operate in accordance with the following schedule (all times local):

a. departs from Ottawa on Sundays and Wednesdays at 2015 hrs. Arrives in Lahr at 0930 hrs on Mondays and Thursdays; and

b. departs from 5 AMU Lahr on Mondays and Thursdays at

1230 hrs. Arrives in Ottawa at 1445 hrs on the same days.

All regulations and procedures will remain as detailed in CFAO 20-20 and the preceding article (Air Canada Scheduled Domestic Commercial Charter Service) with the following exceptions:

1. For service flight 766 (YF766) from Lahr to Canada only, it will be possible for personnel eligible for nonduty travel who have not registered for priority five travel to have their name placed on a leave standby list at 5 AMU on a first-come-first-served basis, commencing two days prior to flight departure. For purposes of YF766 only, the leave standby list will be added at the end of the Priority five standby passenger list who were unsuccessful in obtaining Priority five confirmed seats. To simplify this, see chart.

2. Check-in for service flight 766 (YF766) will be at 5 AMU (CFB Lahr) and will proceed in accordance with CFAO 20-20.

3. Travel documentation for the international flights will include a valid passport, or for CF members on duty, a NATO travel order is acceptable in lieu of a passport.

4. Passengers on international

flights will be covered under the same terms as any other Nationair passenger with respect to insurance liability for lost or damaged baggage. Claims are to be submitted directly to Nationair and must include the boarding pass and baggage tag receipts.

5. Cargo and mail will be shipped through CFB Ottawa CMTT, who will be responsible to deliver cargo to the Air Canada Cargo operation in Ottawa. Present procedures in Lahr will be maintained.

6. In the event of flight delays over six hours in Ottawa or 24 hours in Lahr, Nationair will arrange at its expense for industry standard accommodation (including transportation to/from the airport) and meals for the passengers, until an aircraft or alternative transportation is available. In the event of flight suspension or diversion, the carrier will arrange for the passengers, baggage, mail, and cargo to be transported as expeditiously as possible to their destination by other appropriate means.

7. The aircraft provided by Nationair will be equipped with new seats and allow for sufficient leg room. An audiovisual system will be installed by December 1991.

SERVICE COMMERCIAL PAR NATIONAIR

A la suite d'un processus de compétition, un contrat de trois ans a été octroyé à Nationair pour l'opération d'un service régulier entre le Canada et l'Allemagne. Nationair opérera un DC8-62 ayant une configuration de 170 passagers; dont 10 sièges sont dédiés à la classe affaire pour les VIP's et 160 sièges à la classe économique. Ce service débutera le 5 juin 1991 d'Ottawa vers Lahr. Le service opérera de l'aéroport international d'Ottawa, et Lahr continuera d'être la base d'opération en Allemagne.

Ces vols réguliers opéreront selon l'horaire suivant (toutes les heures sont locales):

a. départ d'Ottawa le dimanche et mercredi à 20h15. L'arrivée à Lahr est à 09h30 le lundi et jeudi, et

b. départ de la 5e unité de

mouvements aérien (5 UMA) Lahr le lundi et jeudi à 12h30. L'arrivée à Ottawa est à 14h45 les mêmes jours.

Tous les règlements et procédures demeurent en vigueur comme détaillés à l'OAFIC 20-20 et dans l'article qui précède (service commercial régulier domestique par Air Canada), apart les points suivants:

1. Pour le vol militaire 766 (YF766), de Lahr vers le Canada seulement, il sera aussi possible pour le personnel qui rencontrent les critères stipulés à l'OAFIC 20-20 concernant les voyages en congé, et qui ne sont pas enregistrés pour voyage en priorité cinq, de faire inscrire leur nom sur la liste d'attente pour voyages de congé à la 5 UMA sur une base de premier-arrivé-premier-servi, au plus tôt deux jours avant la date

d'envolée. Comme procédure s'appliquant uniquement au vol YF766, la liste d'attente pour voyages en congé sera ajoutée à la suite de la liste d'attente des passagers voyageant en priorité cinq qui n'ont pas eu de succès à obtenir une confirmation de voyage en priorité cinq. Pour simplification, voir le tableau.

2. L'enregistrement pour le vol 766 se fera à la 5 UMA (BFC Lahr) et procédera comme détaillé à l'OAFIC 20-20.

3. Les documents nécessaires pour le vol international doivent inclure un passeport valide, ou si le passager est en service commandé, un ordre de mission de l'OTAN au lieu d'un passeport.

4. Les passagers sur le vol international seront couverts par la même assurance s'appliquant déjà à tous les autres passagers de Nationair. Les réclamations doivent être soumises directement à Nationair et doivent inclure la carte d'embarquement ainsi que les étiquettes de bagages.

5. Le cargo et le courrier seront expédiés par CPDM Ottawa qui sera responsable d'effectuer la livraison à "Air Canada Cargo Operation" à Ottawa. Les procédures en place à Lahr demeurent les mêmes.

6. Dans le cas d'un retard de plus de six heures à Ottawa ou 24 heures à Lahr, Nationair arranger, à ses frais, pour l'obtention d'accommodation aux standards de l'industrie (incluant le transport à/de l'aéroport), ainsi que les repas pour les passagers jusqu'à ce qu'un avion, ou du transport alternatif, soit disponible. Dans le cas d'une suspension ou d'un détournement, Nationair arranger pour que les passagers, bagages, cargo, et courrier soient transportés aussi rapidement que possible à la destination par autres moyens.

7. L'avion utilisé sera équipé de nouveaux sièges et permettra amplement d'espace pour les jambes. Un système audio-visuel sera installé d'ici au mois de décembre 1991.

Home Security Check List

- | | |
|---|---|
| | YES NO |
| 1. DEADLOCKING SIDEBOLTS ON ALL SPRINGLATCH LOCKS? | <input type="checkbox"/> <input type="checkbox"/> |
| 2. DOORS WITH GLASS PROPERLY SECURED? | <input type="checkbox"/> <input type="checkbox"/> |
| 3. ANTI-SLIDE, ANTI-LIFT PROTECTION ON SLIDING GLASS DOORS? | <input type="checkbox"/> <input type="checkbox"/> |
| 4. GARAGE DOOR SECURED ON BOTH SIDES? | <input type="checkbox"/> <input type="checkbox"/> |
| 5. SECURITY PINS ON DOUBLE-HUNG WINDOWS? | <input type="checkbox"/> <input type="checkbox"/> |
| 6. EXTERIOR LIGHTING ON MAIN HOME ENTRANCES? | <input type="checkbox"/> <input type="checkbox"/> |
| 7. TIMERS TO CONTROL LIGHTING WHEN YOU'RE OUT OF THE HOUSE? | <input type="checkbox"/> <input type="checkbox"/> |
| 8. WIDE-ANGLE VIEWER ON SOLID DOORS? | <input type="checkbox"/> <input type="checkbox"/> |
| 9. MAIN ENTRANCES VISIBLE FROM STREET AND FROM NEIGHBOURS? | <input type="checkbox"/> <input type="checkbox"/> |
| 10. SOMEONE TO PICK UP MAIL, NEWSPAPERS, ETC., WHEN YOU'RE OUT OF TOWN? | <input type="checkbox"/> <input type="checkbox"/> |
| 11. ENGRAVE VALUABLES THROUGH "OPERATION IDENTIFICATION"? | <input type="checkbox"/> <input type="checkbox"/> |

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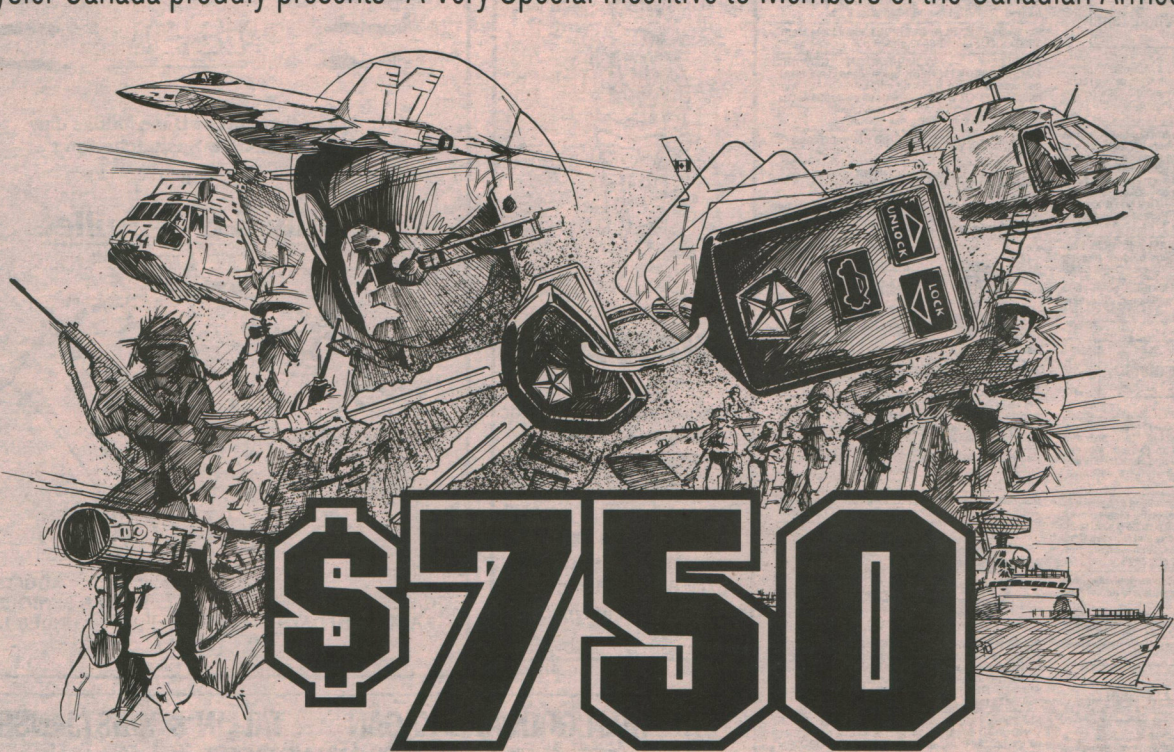
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For Sale — FORT GARRY, 2 bdrm bungalow, eat-in kitchen, large master bedroom, cent. air, oversize single garage with concrete parking pad beside. Nicely landscaped, partly fenced back yard on 33' x 120' lot. Close to bus, shopping, U of M french immers. school. Very quiet, good neighbourhood. Asking \$78,900. Four new appliances negotiable. Call Ken Anderson 261-8311 (H) or 833-5404 (W). Possession possible mid August.

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Private Sale — CONDO TOWNHOUSE, 3 bdrm, 1200 sq. ft. Open fireplace, mint condition. Call Arlene 889-9678.



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Child Care by Chrissy — Mom willing to babysit in my home. Children of all ages welcome. Meals provided if required. Hours available: 5 p.m. to 6 a.m. Monday to Friday and all day Saturday and Sunday starting at 9. Reasonable rates. Shift workers welcome. Please call 831-0121 after 5.

Child Care by Jo-Anne — Mom willing to babysit in my home. Children of all ages welcome. Meals provided if required. Hours available 5 p.m. to 6 a.m. Monday to Friday and all day Saturday and Sunday starting at 9 a.m. Reasonable rates. Shift workers welcome. Please call after 5 p.m. 832-1695.

Babysitting — Will babysit in my home weekdays from 7:30 to 5:30. Infants and up. Receipts and references. Ph: 837-3962.

Babysitting — South Side, mother of 2 will babysit in her home. References and receipts. Ph: 489-7807.



Misc. For Sale

For Sale — DARK PINE ROUND (with extension oval) TABLE, 5 CHAIRS, Large HUTCH. Good shape. Offers to \$850. Natural Colour BAUHAUS SOFA AND MATCHING LOVE SEAT, 6 mo. old, \$850 for the set. Ph: 832-4436

For Sale — MAXWIN 5 PC. DRUMS with hardware and CYMBALS. Colour — Black and Silver. \$350 OBO. Ph: 832-9094.

For Sale — COMPUTER, EMIGA 500, 1 meg, 2 drive, colour monitor, Panasonic printer, joy sticks, software. \$1500. Ph: 489-8336.

For Sale — MINI BARN, 8x8, 3/4" plywood shed. Excellent condition. Three years old \$400 OBO. Call WO McClintchey 833-6823 (days) or 837-6261 (evenings).

For Sale — VITA MASTER STOW AWAY ROWING MACHINE \$25. Day SOFA BED \$50, SEWING MACHINE TABLE \$20. Ph: 488-2860.

For Sale — Limited edition AVIATION PRINTS (some by Robert Taylor) and other military prints. Several are framed. Call John at 486-6735 after 8 PM.

For Sale — "B" FLAT CLARINET, ideal for student. \$250 OBO. Ph: 888-8902 after 5 p.m.

For Sale — COMBINATION ROWING MACHINE/BENCH PRESS: beige tweed LOVE SEAT and scandinavian upholstered/TEAK CHAIR with matching FOOT STOOL — will sell separately or as set for reduced price. All items in excellent condition and priced to sell. Please call 632-1396.

For Sale — STARCRAFT CRIB c/w mattress \$75 OBO, WOOD CHANGE TABLE, 1 1/2 yr. old \$65 OBO, Fisher Price INFANT CAR SEAT c/w canopy \$45 OBO, Fisher Price BABY MONITOR, excellent condition \$45 OBO. Call 832-9483 after 5 p.m.

For Sale — MAXWIN 5 pc. DRUMS with hardware and cymbals \$300 and a VIKING ELECTRIC RANGE \$200. Please call 832-9094.



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For Sale — 1989 TOYOTA 4 WHEEL DRIVE. Asking \$16,500. Must be seen to be appreciated. Ph: 831-1063.

For Sale — 1978 MERCURY MONARCH, 6 cyl, automatic, mechanically sound, \$70,000 original mt. \$800 OBO. Ph: 261-3532 after 4 p.m. weekdays and anytime on weekends.

For Sale — 1965 MERCURY 1/2 TON, 302 V8, good condition, runs well. Asking \$1100 OBO. Ph: 895-3655.

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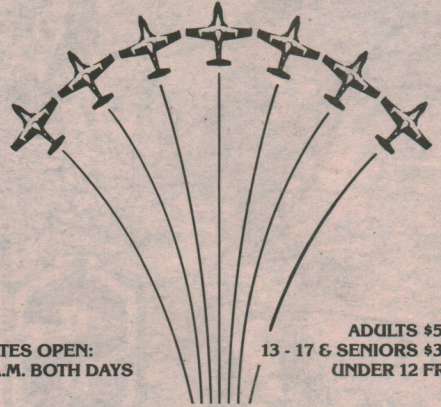
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