



Free	
CFANS Update	Page 4
Chaplain's Corner	Page 7
Bison Bits	Page 11

CFB/BFC Winnipeg
3 April 1991

PROJECT PAPER

As you may have noticed in your daily travels recently, a paper recycling program has been implemented on the base. Boxes and bags have been distributed to Bldgs P2, P4, P6, 2 PPCLI and C1 on the South Site, and Bldgs 4, 13, 62, 84, 86, 87, 90, 100, Hangar 11 and Hangar 16 on the North Site. Occupants of Bldg 25, Bldg 52, Bldg 84, Bldg 100 and Hangar 11 previously initiated a paper recycling program of their own volition. A listing of acceptable and non-acceptable paper for recycling is displayed by each box. Simply put, all paper is acceptable except newsprint type paper and waxed or glossy stock.

CFB Winnipeg, during the period of one year, uses approximately \$370,000 worth of paper, of which approximately 80% is recyclable. Using wastepaper to manufacture new paper products consumes 50% less water and saves approximately 17 trees per ton of paper made. Recycling has a positive environmental impact.

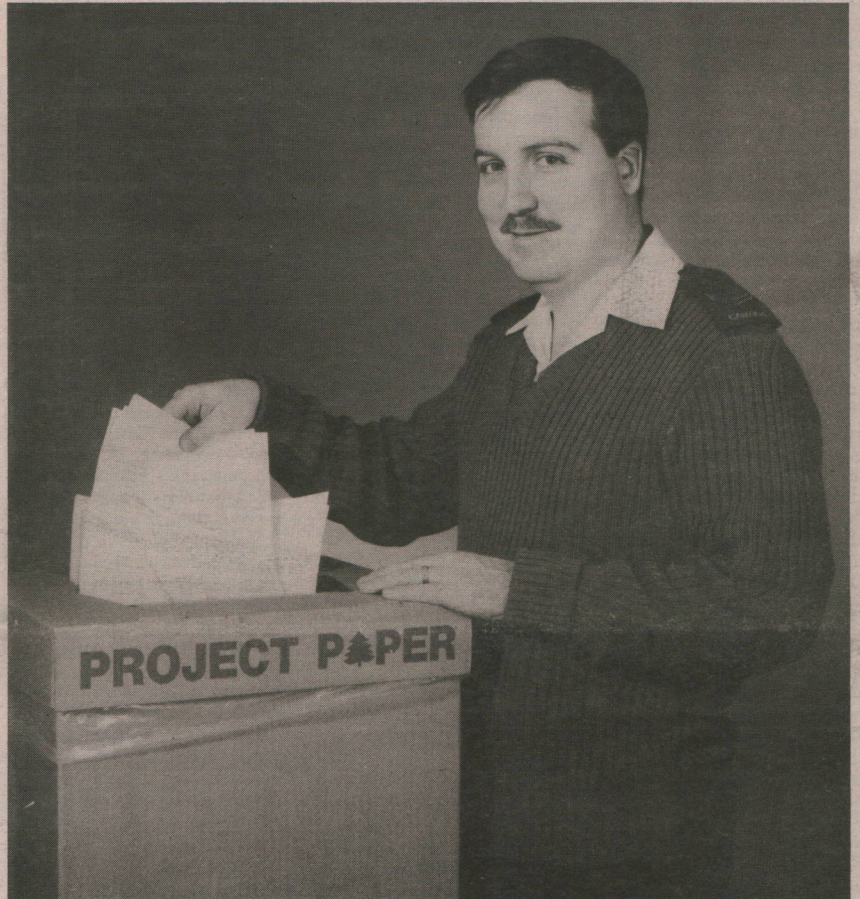


Frenscot Inc., a local contractor, will pick up the paper on a regular basis and remit, to the Receiver General of Canada, the monetary rewards on a quarterly basis through the Base Comptroller.

Your friendly building custodian is conversant with the procedures, so if you have any questions in regards to paper recycling, please contact him/her.

Although direct financial rewards are not seen by the base, this program is deemed environmentally and morally correct and is a means whereby we can all show our concern about the environment. Benefits to be derived from paper recycling are — less destruction of forests, reduction in energy used, decrease in water and air pollution, and conservation of landfill space.

**Remember
REDUCE,
REUSE,
RECYCLE,
RECOVER.**



Cpl Leonard from Base Ops deposits waste paper in one of the recycling boxes located in 16 Hangar.

Every drop counts



Be a **+** blood donor

Feb. Blood Donor Clinic a Success

The Red Cross Blood Donor Clinic recently held at CFB Winnipeg on 27 February 1991 resulted in a total of 244 base personnel registering to donate blood. This is the best base turnout since 1979. Of this 244, 35 were new donors, who hopefully will continue to donate at future clinics. I wish to personally thank the donors, the section canvassers, and the many volunteers who

contributed time, effort and blood to this most worthy of causes. The Base Red Cross Blood Donor Clinic Co-ordinator would also like to acknowledge his appreciation to the various base support agencies for the outstanding support he received during the day of the clinic. Clearly, a job well done!

Col. H.C. Armstrong,
Base Commander

CFE BRIEFING TEAM VISIT

WHERE: CFANS THEATRE CFB WINNIPEG
WHEN: 1900 Hours 15 April 91
All personnel and dependents over 15 years of age being posted to CFE during APS 91 should ensure they attend briefing.

Gulf Update

DND Helps Experts Assess Gulf Oil Spill

By A/Slt. Mark Cardwell

The world was shocked last Jan. 25 when Iraqi forces opened Kuwaiti oil pipeline valves sending millions of barrels of light crude spewing into the waters of the Persian Gulf. This action, which resulted in the largest oil spill in history, prompted an emergency response by many members of the United Nations' coalition. For its part, the Canadian Government gave the department of National Defence, in conjunction with other federal departments, a key role in organizing and executing a Canadian expert survey of the disaster.

DND became involved almost immediately after the oil spill was detected. The department was given the responsibility of organizing an inter-departmental panel consisting of representatives from Environment Canada, the Coast Guard, Energy, Mines and Resources, DND itself, and other relevant departments. The meeting, which was held at National Defence Headquarters (NDHQ) on Sunday, Jan. 27, was chaired by LGen David Huddleston, Deputy Chief of the Defence Staff.

When asked about putting the size of the slick into perspective, DND analysts say that although there are many estimates on the size of the spill and the exact number of barrels of oil involved, about the only thing for sure is that it is very big. Even by low estimates, it's two to three times bigger than that of the Exxon Valdez Alaskan oil spill.

As a result of the meeting at NDHQ, the government sent a

six-member Emergency Environmental Assessment team to the Gulf. The team, which was escorted by LCol. J.A. Séguin of the Directorate of Military Plans Coordination at NDHQ, left Canada on Feb. 1, and returned Feb. 12 after visiting Bahrain and Qatar.

"We visited several sites in the area, including vital industrial energy and water desalination plants and ecological areas, such as bird and sea mammal sanctuaries," says LCol. Séguin. "We also met with local authorities in both countries, including members of their respective environmental protection committees."

Based on the team's findings, and a list of materials identified by the Bahrain committee, both Canadian equipment and expertise were provided. The equipment sent to the Gulf on CF air transport includes 20,000 feet of 36-inch harbor booms used to retain spills, oil skimmers and equipment to frighten birds away from the spill area so they don't land, and to clean them if they do land. Canada will also send an expert from Environment Canada to explain the use of the equipment, and an offer was made to Bahrain to bring some of their officials to Canada to take an oil spill management and environmental protection course at Cornwall, Ont.

DND also provided transport for four Canadian Coast Guard members and another Environment Canada employee. Currently, DND is preparing to transport

Energy, Mines and Resources remote sensing specialists.

"Our role in this effort is to provide airlift and administrative support for personnel and materials sent by Canada to the Gulf," explains LCol. B.A. Reid, also of DMPC. "We provide air travel from Canada to the Gulf via Lahr and quarters if they need them in Germany. We also provide administrative support, and equipment, such as NBC gear (nuclear, biological and chemical warfare protective clothing), as well as the use of a FAX machine, photocopier, or even a car to get around if they need it. We'll do everything we can to help, provided it does not jeopardize our missions there."

But the people who should get the most credit for assisting the experts, he points out, are those at CANFORME (Canadian Forces Middle East Headquarters) — people like LCdr Al Cole who met the Canadian experts when they arrived in Bahrain and assisted them in getting settled; accompanied them to meetings and helped with introductions to both local government and military officials.

"It was also LCdr Cole who provided off loading, storage and transport for the booms, skimmer and trailer," says LCol Reid. "CANFORME provided a Challenger aircraft for the spill survey team, and the local public affairs officers at the headquarters organized press conferences and briefings on their behalf."

Those at Canadian Forces Europe contributed as well by meet-

Outstanding Service



The B Comd, Col. H.C. Armstrong, presents Mr Ed Burchat with the Base Commander's Commendation in recognition of Outstanding Service for his enduring devotion, diligent efforts and exceptional efficiency in the performance of his duty.

Mr. Burchat is employed as a cleaner in Bldg 84, Base Accounts and CFS MET.

ing flights, kitting out and familiarizing people with individual protective equipment and sending them on their way, often at all hours of the day and night and on short notice.

At this writing (mid-March) the spill remains in the upper Gulf, broken into a number of blobs, patches, slicks and sheens. Although the currents in the Gulf move in a counter-clockwise direction, and could therefore bring the oil eventually to Bahrain and Qatar, the winds and weather have been favorable in slowing its spread. It has impacted into the bays and inlets north of Al Jubayl, Saudi Arabia, however, where the oil has caused some environmental damage.

One factor the experts hope might be favorable to a successful outcome is that Kuwaiti light crude contains fewer hydrocarbon components than oil from other parts of the world which, though this should not be overstated, could mean that up to 30 percent of the oil may have evaporated in the first week. This does not mean that the clean-up will be easy ... but the clean-up is progressing.

"We will let the local people do as much as they can," says LCol. Reid. "The Bahrainis, in particular, seem well prepared for this. And, quite simply, Headquarters CANFORME (Canadian Forces Middle East) doesn't have the folks to do anything like this. Our people there already have jobs to perform."

Cooking Oil Fires

The incidence rate of cooking oil fires within the Canadian Forces community is on the rise. Already in 1991, there have been four cooking oil fires in married quarters. Married Quarters (MQ) occupants are reminded that they are liable for any fire damage to the MQ which results from occupant negligence or other occupant related causes. All occupants are advised to ensure adequate home fire insurance is obtained. Occupants are also

reminded that every home should have at least one portable fire extinguisher. If you don't have a fire extinguisher, you should purchase a ULC approved, multi purpose extinguisher with an ABC rating. An ABC rated extinguisher can be used on most combustible material, flammable liquid and electric fires.

If you own a fire extinguisher and you are not sure of its condition, bring it to the Fire Preven-

tion Bureau in Building 100 for a free inspection.

Other home fire safety points are:

- ensure your smoke detector is in good working condition by checking it at least monthly;
- have a home fire escape plan for your family and practise it regularly; and
- always keep your home as fire safe as possible by practising good fire safety habits year round.



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FOLLOWING THE CANADIAN FORCES

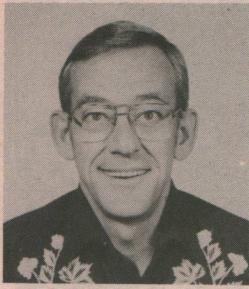
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Barry Sweeney

music reviews and syndicated columnist

By Barry Sweeney

The Doors

The name The Doors reportedly came from two sources: Aldous Huxley's 'The Doors of Perception' and a passage by William Blake: "There are things that are known and things that are unknown, in between the doors."

The Oliver Stone movie has already become a box-office smash and the soundtrack of "The Doors" (Elektra) is heading for multi-platinum awards. Highlighted by a dozen Doors' performances and augmented by the Velvet Underground's "Heroin" and an excerpt from the inspired classical piece "Carmina Burana" this soundtrack is one of the highlights of '91. It was almost a quarter-century ago when Jim Morrison, Robby Krieger (guitar),

John Densmore (drums) and Ray Manzarek (keyboards) caught their first chart topping hit with "Light My Fire".

Running about an hour and ten minutes "The Doors" features the haunting "Riders of the Storm," the 11-minute plus "The End" and the full seven minutes of "Light My Fire". The Doors' music is often darkly brooding, introspective and thought provoking. Throughout this set Morrison's vocals are the catalyst that tie the music of The Doors into the right cohesive package that it remains years after the original recordings.

"Hello, I Love You", the only other Doors single to top the charts (August '68) is not included however, there is enough memorable Morrison music here to keep any Doors fan happy. Jim Morrison died in Paris, France, July 2, 1971.

Timmy T.

Released last October "Time After Time" (Quality USA) has sold 250,000 units and has only recently charted. The title track was used as the debut single and reached #39 last year, a rare achievement for an independent release. Now with the phenomenal success of "One More Try", this week's #1 single, the album "Time After Time" has vaulted into the top ten of the best seller lists.

Timmy T's high flying vocals are on-target track after track as he varies the set with such diverse offerings as "Too Young To Love You", "What Will I Do" and the Carl King penned "Paradise", "Over and Over" and "You're The Only One". Set rounds out with "Please Don't Go", which was written by Harry

Wayne Casey (remember K.C. & The Sunshine Band?). Exceptional nine-song performance that should see key tracks like "What Will I Do" and "Too Young To Love You" garnering heavy exposure.

Chris Rea

"Auberge" (EastWest) is Chris Rea's 12th album release and his best to date. His last album "The Road To Hell" went gold in Canada and sold two million units world-wide. The title track, Auberge, is the first single and video and with key tracks like "Heaven", "Looking For the Summer", "Set Me Free" and "The Mention of Your Name" waiting in the wings, this set should keep the multi talented entertainer in the spotlight when he starts his world tour this fall.



Webb Pierce

Webb Pierce was known for such giant hits as "Slowly", "More and More" and the classic "There Stands the Glass".

To some, he was known for his guitar-shaped swimming pool and convertible covered in silver dollars and western decorations. He was a showman, a businessman who co-founded the highly successful Cedarwood Publishing and one of the true front runners in country music. Webb has been all but forgotten today as people like Randy Travis, Clint Black, George Strait and Garth Brooks dominate the charts but Webb was a pioneer who paved the way. Webb Pierce died February 24th, from pancreatic cancer, at the age of 69. The King is dead. Long live the King.

Sweeney's Scene

In 1952 a one-time Sears sales-clerk hit the charts with "Wondering". In the next 20 years he placed about 80 singles and numerous albums on the charts. He had 55 top-ten hits and a dozen or more #1 country singles.

Canadian Flag Flies Again in Kuwait

By LCol Ralph Coleman

Manama — Canada's flag was raised at the Canadian Embassy in Kuwait City on March 1 amidst the cheers and applause of happy Kuwaiti onlookers.

The Canadian Ambassador to Kuwait, Larry Kickenson, and Commodore Ken Summers, Commander Canadian Forces Middle East, hoisted the red and white Maple Leaf flag to mark the resumption of activities at the Embassy following seven months of Iraqi occupation of Kuwait.

"It's absolutely wonderful, it's exhilarating to be back," said Ambassador Dickenson.

As the flag went up, passing motorists stopped to honk their horns and wave the Vee for victory sign, while a spontaneous gathering of about 100 smiling Kuwaiti men, women and children cheered and yelled "Thank you, Canada!"

Earlier, a Canadian Forces explosive ordnance disposal expert had preceded the Canadians into the Embassy to check for explosive devices or dangerous objects that might have been placed there by the Iraqis.

To mark the resumption of Embassy activities, the Ambassador had a brief meeting in his office with Cmdr Summers and the Embassy's Counsellor, Robert Mason.

"We have been recognized by Kuwaitis as a major supporter right from the start, with the UN resolution, the trade embargo and our military participation in the Gulf" the Ambassador said. "We were one of the last Embassies to leave and I've very proud to say we are one of the first to re-open."

LCol Ralph Coleman is Chief of Public Information at the Department of National Defence Public Affairs Office in Lahr, Germany. He served as senior public affairs advisor to Commodore Ken Summers, commander of Canadian Forces Middle East in Manama, Bahrain and travelled with Ambassador Lawrence Dickenson and Cmdr Summers to Kuwait when the Canadian Embassy there reopened.



Le drapeau canadien flotte de nouveau au Koweït

Texte: lieutenant-colonel Ralph Coleman

Manama — C'est au milieu des acclamations et des applaudissements des citoyens de la ville de Koweït qu'on a déployé le drapeau canadien à l'Ambassade du Canada, le 1 mars.

L'ambassadeur du Canada au Koweït, M. Larry Dickenson, et le commandant des Forces canadiennes au Moyen-Orient, le commodore Ken Summers, ont hissé le drapeau pour souligner la reprise de l'activité à l'ambassade après sept mois d'occupation iraquienne.

"C'est tout simplement merveilleux, c'est formidable d'être de retour," déclare M. Dickenson.

Pendant qu'on hissait le drapeau, des automobilistes s'arrêtaient, klaxonnaient et montraient un "V" pour "Victoire!" tandis qu'une centaine d'hommes, d'hommes et d'enfants koweïtiens applaudissaient et criaient avec jubilation: "Merci au Canada!"

"Le hissement du drapeau avait quelque chose de très émouvant, remarque le commodore Summers. Je ne crois pas m'être jamais senti aussi fier de ce drapeau. Et jamais nos militaires m'ont-ils inspiré autant de fierté que lorsqu'ils se sont acquittés de leur mission dans le Golfe pour aider à la libération du peuple koweïtien.

Le commodore Summers et M. Dickenson se sont rendus à la ville de Koweït en Challenger, à partir de Bahreïn où l'ambassadeur demeurait depuis qu'il avait quitté l'ambassade, le 19 octobre dernier. Le Quartier général des Forces canadiennes au Moyen-Orient se trouve aussi à Bahreïn.

La reprise de l'activité a été marquée par une réunion dans le bureau de l'ambassadeur où ce dernier s'est entretenu brièvement avec le commodore Summers et le conseiller de l'Ambassade, M. Robert Mason.

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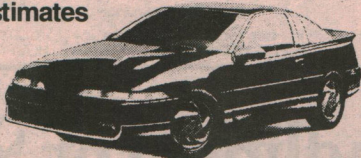
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CFANS UPDATE

At last, spring officially arrived in Winnipeg at 21:00 CST on 20 Mar 91. The long awaited equinox not only brings warmer weather but the return of the phenomenon known as the long weekend. The Easter weekend was thoroughly enjoyed by the staff and students at CFANS, who after surviving the annual January to April Holiday Hiatus, breathed a sigh of relief. Perhaps another holiday could be arranged for mid-February just to break up the cabin fever season.

The Sports Day held at the CFB Winnipeg Curling Club on 14 Mar was a great success. Sylvia Wood accepted the trophy for the 'Most Awe Inspiring Shot', while the 'Best Wipe-Out' award went to 2Lt Francoeur. After lunch and the awards presentation, the students volunteered to return to Bldg 84 for a little extra-curricular furniture moving. Space is so tight in Mawdesley Hall, that the top floor lounge

had to be sacrificed as the location for the new air conditioning plant that is being installed. This summer, coffee drinkers can take their breaks in their air conditioned offices.

CFANS will conduct a pilot/navigator proficiency flight aboard the CT-142 to Summerside PEI on 5 Apr. That evening, the crew will attend the Close Out Mess Dinner for CFB Summerside. For those who have spent time on 'The Island', this occasion is bound to bring back some fond memories.

Brigadier-General D.I.F. MacKay, CD, Deputy Commander Fighter Group will be the guest of honour for the Graduation Ceremony and Dinner for Course 9004 on 11 Apr 91. Just a reminder that all guests should be seated for the Graduation Parade by 19:15 and the dinner begins at 21:00. See you there.

CRASH AND SALVAGE NEWS

As promised in our last article, the crash and salvage team was back at Swan Lake training camp for the winter exercise. Cold days and even colder nights with hardly any snow was the stage for the week-long exercise which was conducted at the end of February.

The team went through the motion of composite material recovery, map and compass training and alternate shelters in which we spent a wonderful night under the stars. During our spare moments, we enjoyed ice fishing, playing cards or keeping warm in the cabins. The team usually split in two crews and each crew had chores to do such as: maintaining generators, chopping wood, cleaning and kitchen duty. If something wasn't done or generators left empty, you could bet that the other crew was at fault...

the week went by fast, but we are sure that spring is coming someday and so will our summer exercise.

Text and photos
Cp. P. Vaudry
BAMEO/PHOTOS



Cpl Dywer dressing up in a composite suit while Sgt B. Fremont looks on.



MCpl E. Ross and Cpl J. Dywer are orienting their team for the recovery of composite material.

JAMESWOOD SCHOOL

The Jameswood Friendship Centre continues to be a place for the community women and their children to meet once a week to visit in Jameswood School. Newcomers are welcome to join us any Wednesday morning between 8:30 and 11:15. Two students from Sturgeon Creek Regional Secondary School assist with the young children.

This year the Jameswood Friendship Centre has had two excellent presentations. Mrs. Caroline Lenover, the Jameswood Resource teacher, talked to mothers on how to prepare young children for reading. Our most recent speaker, Mrs. Lynda Collins, our school psychologist with Educational Support Services, spoke on Stress. This came at the time when stress

was very high.

Thanks to Mr. Kelly Helmink who instructed the Jameswood School Babysitters in training in the first aid portion of their course on February 28. This evening of instruction offered valuable practice in emergency procedures. Thanks is also extended to Mr. Bartlette who delivered the Fire Safety section of the course. The time and effort of both volunteers was greatly appreciated.

Parents who have concerns about their children's anxieties over an impending move are encouraged to contact the Jameswood School counsellor for assistance in this matter.

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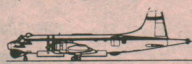
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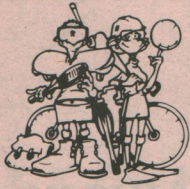
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SPORTS ANNOUNCEMENTS

Bonnie Bonnet Bonspiel Feb 20-23 1991

We had an excellent BONSPIEL with club representation of 17 teams, seven of those teams winning prizes. Thanks to all the club curlers who support us and helped to make it such a successful event. Also thanks to those who donated door prizes.

Floral arrangements were presented to JEAN SAUDER and JACKIE RIDLEY in acknowledgement of their help in organizing and helping to run the bonspiel. Thanks again ladies.

Special thanks to the FRANKIE AMOS team who put on excellent entertainment after the banquet Saturday evening.

Our thanks to the following businesses who supported us:

- Shear Art Unisex
- Silver Heights Cleaning Centre I.G.A.
- Foodfair
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- Polo Park Inn
- Mea's Fashions
- Labatt's
- Bank of Montreal
- McPhillips Wand Wash
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- B.C.W. Food Services Ltd.

- Silver Heights Restaurant
- North American Life
- Power Vac
- Chicken Delight
- K.T. Industries
- Manitoba Hydro

The Bonspiel Committee was as follows: MEL PAGEOT, BONNIE LEULLIER, GINA NEUFELD, DOREEN SATTERTHWAITTE.

Prize Winners

1ST EVENT

- Winner — Valour Rd. C.C.
- Skip Chris Pobianek
- 3rd Sharon Harris
- 2nd Allison Lavalle
- lead LeeAnn Dodd
- 2nd — Heather C.C.
- Skip Rochelle Pantel
- 3rd Janice Bridal
- 2nd Giselle Dansereau
- lead Lillian Forgey
- 3rd — C.F.B.C.C.
- Skip Gail Stenson
- 3rd Bonnie Leullier
- wnd Gina Neufeld
- lead Judy Andreeson
- 4th — C.F.B.C.C.
- Skip Betty Sanborn
- 3rd Arlene Wilson
- 2nd Eileen Bridges
- lead Shirley Maustad

2ND EVENT

- Winner — Granite C.C.
- Skip Sue McRae
- 3rd Donna Remillard
- 2nd Vicky Mundle
- lead Susan McIntyre
- 2nd — Deer Lodge C.C.
- Skip Cheryl Matieshin-Kurtz
- 3rd Wanda Maxwell
- 2nd Wilma Matieshin
- lead Gwenda Matieshin
- 3rd — ? C.C.
- Skip Jeannette Genyk
- 3rd Jean Heinkel
- 2nd Cheryl Ehman
- lead Gloria Conrow
- 4th — C.F.B.C.C.
- Skip Jo Wall
- 3rd Lynda Dowdle
- 2nd Mary Kate Turner
- lead Linda Luski

3A EVENT

- Winner — West St. Paul & Victoria C.C.
- Skip Judy Hinthor
- 3rd Audrey Ginetroski
- 2nd Jan Bean
- lead Si Anderson
- 2nd — C.F.B.C.C.
- Skip Frankie Amos
- 3rd Bonnie MacInnis
- 2nd Jodi Ancombe
- lead Jennifer Taylor
- 3rd — Deer Lodge C.C.

- Skip Daisy Dales
- 3rd Cindy D'Aust
- 2nd Laura Dales
- lead Joy Patton
- 4th — C.F.B.C.C.
- Skip Sherry Ridley
- 3rd Berna Cleghorn
- 2nd Barb King
- lead Irene Feasy

3B EVENT

- Winner — Ft. Garry C.C.
- Skip Jean Wood
- 3rd Helen McFarlane
- 2nd Yolande Labossiere
- lead Sue Aiken
- 2nd — C.F.B.C.C.
- Skip Willa Mason
- 3rd Vicky McAllister
- 2nd Laura Harrison
- lead Robert Cocks
- 3rd — ? C.C.
- Skip Dianne Hastings
- 3rd Sheryl Tawes
- 2nd Darlene Brown
- lead Marilyn Bertrand
- 4th — C.F.B.C.C.
- Skip Chantelle Acaster
- 3rd Bernice Acaster
- 2nd Sigrid Gumprich
- lead Kim Gumprich

'Til the next report: once again, thank you one and all.

PARENTS AND TOTS

REGISTRATION
Westwin
13 Apr 91 0900-1200 Hrs
Lipsett Hall
13 Apr 91 1330-1600 Hrs
COURSE DATES
20 Apr 91 - 19 May 91
Westwin and Lipsett Hall
Days and Timings
0900-1000 Hrs
Sat and Sun
Cost and GST
\$10.70

Tots
Walking to 5 years of age
For more information contact the Aquatic Supervisor Bldg. 90 Local 5511
If you are unable to register on the 13 Apr 91, you can register Tues 16 Apr and Thurs 18 Apr 91 Bldg. 90
Recreation Association Clerk

RED CROSS SWIM PROGRAM

WESTWIN
Registration:
13 APRIL 91 — 09:00 - 12:00 Hrs
Course Date:
22 APRIL - 27 MAY 91
DAYS & TIMINGS:
MON & WED 18:30 - 20:30 Hrs
LIPSETT HALL
Registration:
13 APRIL 91 — 13:30 - 16:00 Hrs
Start Date:
23 April - 23 MAY 91
DAYS & TIMINGS:
TUES & THUR 18:00 - 20:00 Hrs
COLOURS OFFERED
Yellow, Orange, Red, Maroon, Blue, Green, Grey & White
RECREATION ASSOCIATION MEMBERS ONLY
COST - \$16.05
For more information contact the Aquatic Supervisor Bldg. 90 Local 5511
If you are unable to register on the 13 April 91, you can register Tues 16 April, Thur 18 April 09:00-12:00 Bldg. 90
Recreation Association clerk

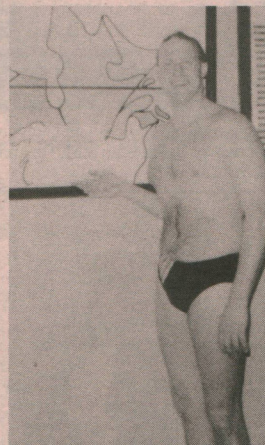
Base Swim Program — Coast to Coast



Corporal Kendall presents Capt. R.D. Reehorn ACHQ C. Compt. with his 300 mile swimming certificate and bronze medal for personally swimming 300 miles toward the Base Swim Program and its goal to swim coast to coast. Congratulations from the BPERO and her staff on this outstanding achievement and continued success with your fitness through swimming.



Captain R.D. Reehorn of CFSAS is posing with his 100 mile and 150 mile swimming certificates awarded to him for personally swimming 150 miles toward the Base Swim Program and its goal to swim coast to coast. Congratulations and continued success with your fitness through swimming.



CF Physical Fitness Award



LCol Roy Mould, Course Senior CFC 9001, presents Major Stephan Kummel with the Blue Seal (6,000 units) to the CF Physical Fitness Award for Aerobic Excellence.

Le Lieutenant-Colonel Roy Mould, Doyen du cours CFC 9001, présente le sceau bleu (6,000 points) au Certificat d'excellence en aptitude physique des FC au Major Stephan Kummel.

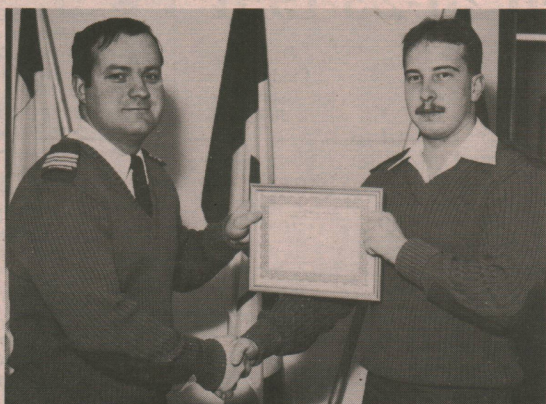
Make your move.

SENIOR RESUSCITATION & BRONZE MEDALLION

LIPSETT HALL
Registration: 13 APRIL 91
Westwin 09:00 - 12:00
Lipsett 13:30 - 16:00
Course Date:
16 APRIL - 16 MAY 91
DAYS & TIMINGS:
TUES - 20:00 - 21:00 Hrs
THUR - 20:00 - 21:00 Hrs
SAT - 15:30 - 17:30 Hrs
Prerequisite:
Minimum 13 years of age
Prior training in Lifesaving 3 recommended.
OPEN TO RECREATION ASSOCIATION MEMBERS ONLY
COST & GST
\$48.15 per person
EXAMINATION COST
\$15.51 PER PERSON
— Test Day will be announced during the course.
— Exam Fee to be paid on Test Day.
For more information contact the Aquatic Supervisor Bldg. 90 Local 5511
If you are unable to register on the 13 Apr. 91, you can register on Tues 16 Apr. 91 09:00 - 12:00 Bldg. 90
Recreation Association Clerk

Base Transport

Drivers of the Month

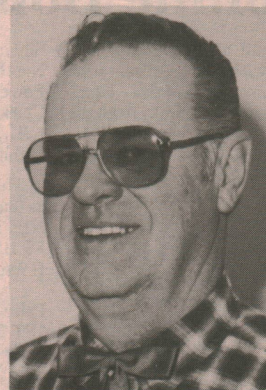


Major Lupieh, BTNO, presents Cpl Duchesne with the Driver of the Month Award for January 1991. Cpl Duchesne is an MSO Op working in Special Purpose Vehicles/Heavy Equipment.



Major Lupien, BTNO, congratulates Cpl Begin on being awarded as February's Driver of the Month. Cpl Begin is an MSE Op and Works in GPV.

Safe Driving Award



Mr McDonald is congratulated for receiving his 20-year Safe Driving Award. Mr McDonald is an MDO-5 who works in the Refuelling section of Base Transport. Congratulations Jack!

Promotions



MCP Gary Burton, MSE Op, presents Corporal hooks to his wife, Cpl Donna Burton, MSE Op. Congratulations Donna!



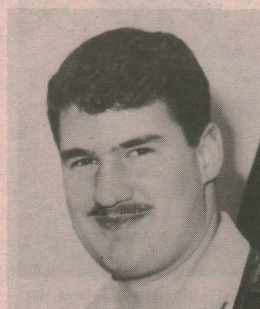
402 SQUADRON 60th ANNIVERSARY REUNION COMMITTEE

The City of Winnipeg's own Air Force Squadron will be celebrating its sixtieth anniversary next year, August 14th to August the 16th, 1992. The Squadron is one of Canada's oldest Air Reserve flying military organizations. It has a proud and distinguished history as a Fighter Squadron and as a peacetime force in military and civilian support roles.

402 Squadron is now made up of Reserve and Regular Force members. It was originally designated as No. 12 Army Cooperation Squadron (Auxiliary), then 112 Squadron (Auxiliary), as well as 402 (Fighter) Squadron. Auxiliary units associated with 402 Squadron were 17 Wing Headquarters, 2402 Aircraft and Warning Unit, 4003 Medical Unit, 5002 Intelligence Unit, 3052 Technical Training Unit, 3 Wing Headquarters and their Regular Support Units.

We invite former members, friends and associated units to join us during our August celebrations.

For more information, please contact
 Captain R.W. Salome
 at 402 "City of Winnipeg" Squadron,
 CFB Winnipeg, Westwin, Manitoba, R3J 0T0



Martin Duval was presented with his 3-month accelerated promotion to Corporal, effective 1 Jan 91. Cp Duval works in the Cargo section of Base Transport.



Karin Punstel was presented with her 4-month accelerated promotion to Corporal, effective 1 Jan 91. Cp Punstel works in the Refuelling section of Base Transport.



CHAPLAINS CORNER

Greetings from the Chapels Throughout the Day



Padre V. Guntley

"Have no anxiety about anything, but in everything by prayer and supplications with thanksgiving let your requests be made known to God" (Philippians 4:6).

Here are seven prayers to strengthen your day.

**As soon as you wake up:
AN AFFIRMATION**

"This is a day which God has made. I will rejoice and be glad in it." God is all around me, though I do not see Him. He knows me. He calls me by name. He loves me. This day I will put my trust in him.

**After you are dressed:
A PRAYER**

God, I put myself in Your hands for this day. I surrender myself to Your command. Use me

as You will, where You will, when You will, and with whom You will. I am in Your keeping, and I shall neither worry nor be afraid. I believe in You. I put my faith in You.

**At breakfast:
AN ACT OF
THANKSGIVING.**

For all that You have given me, I give You thanks, my Father. Especially now I thank You for the food that I shall eat this day — for the hands that prepare it, the home that shelters it, and the fellowship that shares it.

**Early in the Day:
BIBLE READING**

Some time early in the day find time for fifteen to twenty uninterrupted minutes. Begin with the Gospel According to Mark and continue with Matthew, Luke and John — noticing the similarities and differences in the accounts and moving ever deeper into an understanding of the gospel message. Asking yourself constantly, "What is God trying to say to me through this Book?", start reading, but stop as soon as you come to a group of words which you can take as your marching orders for the day. Think about the words that have arrested your mind. Hold them up against the day that lies ahead of you — the appointments, the possible opportunities, the probable frustrations. Pledge yourself that for this one day you will live by these precepts. Then spend a few minutes in prayer, saying to God honestly what is on your mind: your fears, doubts, hopes and aspirations. Pray by name for those you love and for those you do not love.

Next day, repeat the procedure, beginning your Bible reading where you stopped the day before.

**Throughout the Day:
FURTHER
AFFIRMATIONS**

Frequently through the day, say to yourself something like this: God has been with me even when I have not been thinking about Him. He is the origin of all that I am. He is the source of all the strength that I possess. He gives me the very breath that I draw at this moment. I will trust Him. I will rejoice in Him.

**At the Noon and
Evening Meals:
TABLE GRACES**

God who gives all, I thank You for what You give me here. Touch with gratitude, I pray, both my own heart and the hearts of those around me, and keep us ever mindful of the need to give.

For all the wondrous world of Your creation, we give You thanks, our Father: for distant lands and near, for folk of every creed and colour, and now for the food of our table and the joy of our love. Grant that being strengthened in body, we may be kept in Your way and that being refreshed in spirit we may be led toward Your will.

**At the End of the Day:
A PRAYER**

Now the day is over, God. Some things I have done well and some things poorly. If everything depended on me, the final result might be failure. But everything does not depend on me. You have the power to take my little efforts and bend them to Your plan. So I



Become stronger with this simple exercise.

Your body may be in great shape, but what about your soul?
Join us this Sunday as we worship in the fellowship of Jesus Christ. And get the kind of workout that leaves you feeling good all over.

leave this day with You — asking You to forgive the things that I have wrongly done, and to give me tomorrow the wisdom both to avoid the mistakes of today and to recall what evil I can and make it good. This day is beyond my

strength. I leave it with You, and — unworthy though my part in it is — I offer it to the praise and glory of Your Holy Name. Amen.
May God richly bless you and yours always.

— Padre Venice Guntley

Habitat for Humanity

Volunteers wanted! Can you use a hammer or a saw? Would you like to develop some house construction skills?

Habitat for Humanity is a volunteer organization using volunteer labour and donated funds to provide inexpensive home ownership. A typical habitat house costs \$45,000 with

monthly payments of approximately \$375.00. The prospective owner has to give 500 hours for the house. The organization exists in 31 countries having begun in 1976. Winnipeg's chapter began in 1987 and to date 19 houses have been built or renovated.

You may want to be helpful. A contribution of money will get

you a charity receipt and a thank-you. A contribution of labour will secure new friends, new skills, and a feeling of having helped somebody have better housing. Habitat for Humanity, 181 Church Ave., Winnipeg, Phone 589-5371 or phone the Chaplain's officers for a brochure — Loc. 5417.

FSC News

We are pleased to announce the winners of our February draw: Mother's Day Off Vera MacIntosh
2 Jets tickets alana
2 Jets tickets Ryan Owyer
Dinner for 4 Monique Scofield

Our grand opening for the Thrift shop was a great success and lots of fun. Thanks to all who participated. If you wish to sell or purchase household items, clothing, kids' toys, baby furniture, etc., please call 488-4161 for details.

Parents — did your preteens enjoy the kids' Bingo? We had a splendid turnout of 70 for our first event. We look forward to continued participation and support from yourselves as the kids excitedly win prizes and make friends.

Volunteer opportunities are available with the Family Support Centre. Learn and have fun — call 837-8443 or 488-4161.



PROTESTANT CHAPELS
The Chapel of the Good Shepherd (North Site)
 1st Sunday - 0900 hrs - Eucharist (ACC)
 - 1100 hrs - Holy Communion
 2nd Sunday - 0900 hrs - Eucharist (ACC)
 - 1100 hrs - Divine Worship
 3rd Sunday - 0900 hrs - Eucharist (ACC)
 - 1100 hrs - Divine Worship
 4th Sunday - 0900 hrs - Eucharist (ACC)
 - 1100 hrs - Divine Worship
 5th Sunday - 0900 hrs - Eucharist (ACC)
 - 1100 hrs - Divine Worship
St. Andrew (South Site)
 Sunday Service 10:00 a.m.

CATHOLIC CHAPELS
St. Marguerite Bourgeoys (North Site)
 WEEKENDS/FIN DE SEMAINE WEEKDAYS/EN SEMAINE
 Saturday: 1700 hrs/English Monday to Thursday inclusive
 Samedi: 1900 hrs/Français Du lundi au jeudi
 Sunday/Dimanches: inclusivement
 1115 hrs/English 1500 hrs
St. George (South Site)
 SUNDAYS WEEKDAYS
 10:00 a.m. Tue & Thu: 6:30 p.m.

THINK SPRING!

CF School of Meteorology

North Warning System Course 9101

Certificate of Achievement



Pte Taylor, a recent graduate of the Meteorological Technician QL-5A course, received the Certificate of Achievement from LCol Patrick (CO 402 Sqn).

The Certificate of Achievement is presented to the student who has attained the highest academic standing on that course.



NORTH WARNING SYSTEM COURSE 9101

BR — Mr. McCaughey, Mr. Silverthorne, Mr. Baggs, MCpl Meyers, Mr. Simms, Mr. Phillips, Mr. Morrisette, MR — Mr. Roberts, Mr. Mckinley, Cpl Lemer, Mr. Jordan, Mr. Jodoin, Sgt Muise, Mr. Tyler.
FR — Mr. Boughton (CSO), Miss Quinn (CI), LCol Hochban (SSO ACS), CWO Dupuis (SWO), Sgt Dompierre (CC), Sgt Kennedy.

GRADUATION: Graduation of the North Warning System (NWS) Weather Observer Course 9101 was held at the Canadian Forces School of Meteorology. Graduates from the NWS course are employed throughout the Canadian Arctic at radar surveillance sites.

Congratulations!



MCpl J. Mason, Orderly Room Clerk at the Canadian Forces School of Meteorology was congratulated on his recent promotion to that rank by the Commandant of the School Mr. W. Hartman and the School Warrant Officer CWO D. Dupuis.

Meteorological Technician 121



METEOROLOGICAL TECHNICIAN 121

QL-5A COURSE 07 JAN - 15 MAR 91

Left to Right:

BR — Sgt Swanson, Pte Foerter, Cpl Harrison, Sgt Kennedy, Sgt Noseworthy.
CTR — Pte Hurley, Pte Shaw, Pte Taylor, Pte McKay, Pte McInnis, Mr. L. Richard, WO Germain (CC).
FR — MCpl Meyers, Miss D. Quinn (CI), Mr. W. Hartman (COMDT), LCol. R.W. Patrick (Guest of Honour), CWO Dupuis (SWO), MWO Roy (Stds WO).

QL-5A graduates are employed throughout the Canadian Forces Weather Service providing weather information in support of land, sea and air operations. Most graduates are destined for a tour of duty on Her Majesty's Canadian Ships, while other graduates support upper air operations for Artillery Battalions.

ENGLEHART HIGH SCHOOL REUNION COMMITTEE

All former students of Englehart High School are invited to "come on home" for the Englehart High School Reunion, August 1st through August 5th, 1991. Are you planning your summer vacation, or weekend away in 1991? Make plans now to "come on home to EHS"! Don't delay ... call or write for more information today! We're looking forward to getting everyone together again! (You can also help out by spreading the word to any friends, or relatives, or by sending us their name and address). Please call or write for more information, to register or to receive the current E.H.S. Reunion Newsletter ... See you August 1st - 5th, 1991!

Contact —

Shirley Colquhoun - Secretary,
Englehart High School Reunion Committee
P.O. Box 609, ENGLEHART, Ontario. P0J 1H0
(705) 544-7479

VILLAGE OF TARA HOMECOMING

On August 2, 3 & 4, 1991 the Township of Arran and the Village of Tara residents are inviting past residents to attend their "Homecoming" celebrations.

The Arran Tara Homecoming Committee is busy making plans for a very fulfilled weekend, with a friendly, warm setting to renew old acquaintances.

If any of you are past residents of the area or know of any such residents, forward your address to the Committee so that we may ensure a proper invitation is sent to you, with all details of our upcoming "Homecoming" weekend. The persons to contact are the Tara & District Kinette Club, Box 220, Tara, Ontario, N0H 2N0, Attention: Sharon Trelford.

Star Spangled Guard Visit Queen's Own Camerons

Thirty-five members of The 2nd Battalion, 136th Infantry, Minnesota Army National Guard, from Moorhead, Minnesota came up for the weekend of the 15th to the 17th of February to take part in the Cameron Highlanders Winter Indoctrination. Their training is part of a reciprocal agreement between the two units. The training weekend is designed to enhance the two different approaches to winter survival so that the American and Canadian members can learn from each other. The Camerons supplied 37 hearty souls for the weekend ex.



Members of the 2nd Battalion, 136th Infantry Division, Minnesota Army National Guard training with the Queen's Own Cameron Highlanders during the 15th to 17th of February at St. Charles ranges in Winnipeg. The weekend was blessed with above normal temperatures as they learned snowshoeing and setting up winter tents.

The 136th Infantry has a strength of 850 reservists and draws its members from all parts of the northern half of Minnesota and North Dakota. They are designed as a mechanized brigade with their mechanized support comprised of the 26 ton armoured carrier, the BRADLEY. It houses a 25mm gun and heavy anti-tank wire guided missile. The BRADLEY had been used very recently during the Gulf War.

Captain Gary Olson, Officer-in-charge of the 136th, related that there were 15 reservists called-out to the Gulf from his unit. He

also related that the Canadian troops have better winter survival gear that they would like to obtain. "I gave Captain Warden (of Q.O.C.H.) an offer for his boots but he wouldn't accept it!" he stated.

Capt. Olson is a full time professional photographer with his own business in Fargo, North Dakota. He also maintains that the strength of the American Armed Forces comes from their Reserve forces.

It was a very mild weekend for a winter indoc training course for the Americans as temperatures only got down to -20c. The days were very mild at -10c. The greater part of the weekend involved setting up and tearing down the winter tents. There was also some American fun planned with a winter softball game organized by Lieutenant McDonald of the Camerons.

The Cameron Highlanders and the 136th Infantry Division had not trained together since 1988 and it was evident that they were enjoying the chance to learn from each other. In 1992 the 136th Infantry Division will be hosting the Camerons as the Camerons spend next year's indoctrination course in the States.

Promotion/Parade Corner



Captain Marguerite Samplonius signs the Change of Command Certificate as LcCol William Kuebler (centre) and Captain William Ridgeway look on. Captain Samplonius is the first female Commanding Officer of the 2295 Royal Winnipeg Rifles Cadet Corps. She took command of the cadet corp in February, while on parade at Minto Armouries.



Lieutenant Mark Potvin (right) of the 17th Service Battalion received his Officers Commission Scroll from the Deputy Commander of Manitoba/NW Ontario Militia District. Lt Potvin had received his scroll on the 27th of January while on parade at Minto Armouries.



Major Ervin Gerbrandt, of the 17th Service Battalion received his CD 1 from LCol W. Sveinson CD1, on the 27th of January while on parade at Minto Armouries.

Update — Children's Hospital Relay Run

By the time this update hits the press we will have already completed the first GIGANTIC FLEA MARKET which was held in Minto Armouries on the 23-24th of March. I can already tell you that it already is a success because all the vendor tables have been pre-booked. Each vendor pays a rental fee for the tables and this accounts for the largest part of the fundraising.

The next Flea Market will be on the 27th and 28th of April and again at Minto Armouries. This location is excellent because of its proximity to the public and easy access to the buying floor.

The 1500 km run again is between the 28th of May and the 2nd of June. All proceeds go to the Children's Hospital Research Foundation and we are hoping to exceed the \$14,000 raised last

year. For the members of the Manitoba/NW Ontario Militia District ... get your runners out now because we'll need you in shape for the run ... and the weather's getting nicer. ...

Any members interested in being a part of the run can contact Captain Otchenash, RSS, of the 17th Service Battalion, Minto Armouries at 786-4340.



2295
ROYAL WINNIPEG RIFLES
CADET CORPS

WOULD LIKE TO REQUEST THE PRESENCE OF ANY PAST MEMBERS, STAFF, AND ESPECIALLY COMMANDING OFFICERS OF THE CORPS SINCE ITS FORMATION IN OCTOBER OF 1940.

OUR ANNUAL INSPECTION PARADE AND RECEPTION FOR OUR 50TH ANNIVERSARY WILL BE HELD AT:

MINTO ARMOURY
969 ST MATTHEWS AVENUE
ON THE
9 JUNE 1991
AT
1430 HRS

ANY FURTHER INFORMATION CAN BE OBTAINED BY CONTACTING CAPT M.E. SAMPLONIUS IN ROOM 14 AT THE ABOVE ADDRESS OR BY CALLING (204) 895-3204.

Manitoba/N.W. Ontario
Militia District
Enquiries
can be made to:

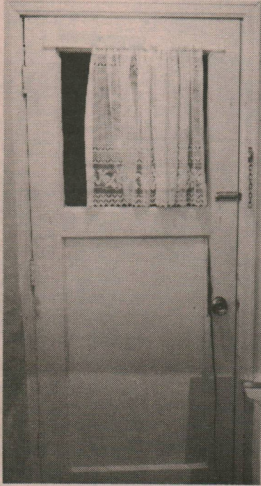
2LT Mike Lagace
Public Affairs Officer
Tues/Wed 1900 hrs-2200 hrs
786-4329
Minto Armouries, Room 124
or
Capt Brian Koshul
District Public Affairs Officer
Mon-Fri 0800 hrs-1600 hrs
786-4314

*"We want to hear
your comments
— good or bad —
to make this section
work for you."*

Pte Krista Brennan, an MSE Op with the 17th Service Battalion received the Top Candidate Award for the Combat Leaders Course #9001. The course was held over Christmas holidays for 2 weeks and was comprised of 31 reservists, most of whom were university students.



Working Together To Prevent Crime



Don't let this happen to your home.

Spring is here and summer not far behind. With the rise in temperature comes the unfortunate rise in crime. During 1990, CFB Winnipeg has a total of 328 reported cases of property losses/thefts. We all must take precautions to ensure that our bikes and barbecues are well secured when left unattended. Secure all doors and windows to your PMQ's when not at home and always lock your garage or shed. It only takes a matter of seconds for a thief to walk in and steal your valuables. On one occasion, the would-be thief walked off with not only the barbecue but also the supper.

If you are planning a vacation,

have a neighbour watch your home, cut your grass and collect your mail. Inform the Military Police of your intentions and let them know who they can contact in case of an emergency. We all must make that conscious effort in helping to reduce crime in our community. Neighbour helping neighbour, neighbours helping their community. Don't let this happen to your home.

If you have any concerns or see suspicious activity, DO NOT hesitate to call the Military Police section at 833-5204. If you reside in civil police jurisdiction, call your local police. Help us prevent this from happening to you and have a safe and secure summer.



Don't let this happen to your home.

What Exactly Does CIL Stand For?

For some time now, actually since I was first commissioned six years ago I have meant to write this particular kind of article. Ever since my first "heated discussion" with 2 Regular Force Warrant Officers as to the validity of my commission scroll as opposed to a Regular Force officer. Over the years I have spent countless times explaining my role in the scheme of things to many Regular and Reserve Force personnel. My colleagues have also expressed their frustration at a system that seems bent on ascribing various duties and qualifications or lack thereof that are all quite misleading. Recently my present appointment has led many people to believe that now I'm "making the big bucks". I even heard \$40,000. a year! Very nice thought, but wrong. So with your permission and patience I would like to explain what CIL stands for.

Contrary to some popular

opinions, we are not cadets. However, many of us at one time may have been. Just as some of us may have had previous service in the Reserve or Regular Force or like myself, both. Now as members of the Cadet Instructors' List we exist as Reserve personnel one step below the Primary Reserve and a step above the Supplementary Reserve. The main bone of contention about this is the fact that our promotion qualifications are not as involved as our Regular and Reserve officer counterparts. The reason for this is that our primary tasking, that of instructing, leading, and supervising cadets, does not require that we take every facet of training that Regular and Reserve Force officers require. Consequently, our training is condensed, and emphasizes our primary tasking. This doesn't make our job any easier by any means. In fact due to a critical shortage of qualified officers, many of us are required to perform more than one of the four necessary officer positions within a cadet corps. Those being of course, the Commanding Officer, Administration Officer, Training Officer and a Supply

Officer. The position you hold within the unit does not designate your pay. Our pay levels are the same as Reserve Force officers, however, we are only entitled to 20 paid mandays per year or two days per month. (We stand down during July and August.) Now it doesn't take a mathematician to figure out that if one attends all training activities at two nights per week and one weekend per month, this adds up to much more than 20 days per year.

Which brings me to the individuals themselves. CIL officers do what they do because they want to. They definitely don't do it for the money. Personally I do it because I feel I am making a difference in the lives of the youths that joined the organization by keeping them "off the streets" and giving them goals and role models to aspire to. It's also nice to see them grow and develop without having to live with them to do it. Being a CIL officer isn't just a job that ends when the uniform comes off. Some of us may just be there on parade nights, but many of us spend a lot of our own free time planning activities, organizing events, and completing the tons of paperwork that must accompany these things. We also have to realize that our personal life is up to some scrutiny when you're dealing with impressionable youths. I don't think they're all as

mature as they look and act. They still look for someone to follow and emulate no matter how "cool" they are. Consequently our behaviour must be above reproach if we are to maintain the respect that we must instill to complete our task.

Some people forget that some of Canada's most notable military and political personages were once cadets. I like the thought that someday, one of my cadets could become someone that makes a notable contribution to our country.

My cadet training really helped me through basic training in both Reserves and Regular Force. I recall a lot of girls that did not make it through Cornwallis because they didn't know what to expect. My previous service helped me then and even now in my civilian occupations.

I'm not saying every CIL Officer you meet is dedicated, a workaholic, and a paragon of virtue. As in any organization, there are "bad eggs", "good eggs", and even "best eggs". So the next time you have to salute a CIL officer, even though you are saluting the Queen's Commission, maybe give a thought to the officer in the uniform and what they do in their spare time. Remember today's youth are tomorrow's leaders.

Captain M.E. Samplonius
CO-2295 RWRCC

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529 Osborne St., R3L 2B2
Winnipeg



Welcome...

ST. JAMES LEGION

BRANCH No. 4
ROYAL CANADIAN LEGION
1755 PORTAGE AVE.
WINNIPEG, MANITOBA

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EVERY WED.-FRI. & SAT. 8 P.M.

DANCING
TO LIVE BANDS
THUR - 8:30 P.M. - 12 A.M.
FRI & SAT. 9 P.M. - 1 A.M.

MEAT DRAWS
EVERY SAT. 2 P.M.-5 P.M.



The right agent makes all the difference in the world.™



Ewa Bessas



Rene Arnal



Ed Favelle



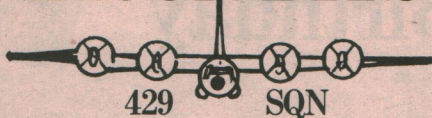
Willene Johnson

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24 hours

BISON BITS



Well it's been quite a little while since the Bison Bits have graced these pages. I guess you could say the author has been a little busy. In fact, as per usual, the squadron has been busily flying students and cargo all over the place.

We continued to support the Nav School over the past few months but with a reduced fleet of airplanes as well as a reduced number of front-end crews. The fighting four hundred and twenty ninth was tasked during this period to continue supporting our forces in the Gulf. Once hostilities broke out, ATG was tasked even more heavily and so the squadron did its part. This made it hard on those left behind to continue the work in Winnipeg but it seems now that everyone who wanted to go over (and some that were less than thrilled) have had their turn.

With all this activity, the months are just flying by. It's now only five months until the

squadron move to Trenton. Already we've said goodbye to Capt. Daryl Smith in February. He went to Trenton to be sized for pantyhose prior to his Boeing course. Sgt. Wayne Williams was about to be sized but then he saw the light and decided to stay with the four fans of freedom. But seriously, we hope everything goes well for Daryl in his latest endeavour. We also said goodbye to 21t. Pete Crow, who was working for us in Ops. We hope he makes out well in the future. Three other members of the squadron will be leaving us soon. WO. Emile Fournier will be staying on Heres with 413 Squadron in the SAR role stationed in Greenwood. Capt. Johnny Forrest will also be heading to 413 Squadron (home sweet home, et Johnny!). They will both be heading to Edmonton first for the SAR course on April 10, 1991 before going to join the squadron. We wish both of them much success. Finally Sgt. Randy Bourquin has received his message to go and

enjoy a little west coast living. He'll be heading to 407 Squadron on April 13, 1991 to fly on the Aurora (You know, the airplane with its engines upside down). We hope Randy enjoys the lifestyle out west.

On a lighter note, CFANS decided that, during this rigorous schedule for the squadron, we were ripe for the taking in a hockey game. Needless to say, even with the few players available to us, the squadron managed to tie against the young upstarts. So anytime you guys feel like a rematch, don't hesitate to call!

Finally, to thank the people at the base who have worked with us while the squadron has been at CFB Winnipeg, we are hosting a closing out party. It will take place on June 14, 1991 at the Junior Ranks Club. All members of the Base and Air Comd. HQ are welcome to attend. There will be live music, snack food and door prizes awarded. More information will be available in the near future to those interested. There is a limited number of tickets available (335) so we plan on sending groups of tickets to different sections on June 3, 1991 to be sold for between \$4 and \$7. The price will depend on the cost of the Band. So stay tuned for further developments on all the activities at the Bison Squadron.

Language Training Centre Centre de Formation Linguistique



Colonel HC Armstrong presenting the Base Commander's Commendation to Rosaire Hébert, Senior Teacher. Front Row: Théodore Tchamala, Pauline Cross, Col HC Armstrong, Rosaire Hébert, Magali Journé-Klass, Mireille Piette Back Row: Maj PE Deschênes (OC), Vincent Isabey, MCol KR Prescott (Chief Clerk), Pierre Bélanger, Pauline Dallain-Kennedy, LCol JM Forestell (B Adm O)

Le Colonel HC Armstrong présente la Mention élogieuse du Commandant de la Base à Rosaire Hébert, Professeur Doyen.

On 21 August 1990 the staff at the Centre were honoured to be presented a Base Commander's Commendation by the Base Commander, Colonel HC Armstrong. This commendation was presented to the teachers and staff in order to recognize their excellent support to course 8901. The students of course 8901 obtained the best results to date.

Le 21 août 1990, le personnel du Centre avait l'honneur de recevoir une Mention élogieuse du Commandant de la Base, le Colonel HC Armstrong. Cette mention fut présentée aux professeurs et au personnel du Centre afin de souligner leur excellent travail au cours de la session 8901. Les étudiants de ce cours ont réussi à obtenir les meilleurs résultats jusqu'à date.

B. Supply Promotions



Cpl Louise Kearsley receives her promotion to Cpl from Maj Stewart, BSUpO.



Cpl Ian Rayment received his promotion 10 Jan 91.



Cpl Kevin Gilbert received his first chevron 20 Jan 91.



Cpl Angie Schenkers received her new rank 12 Feb 91.

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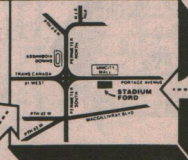
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PPCLI Regimental Birthday



March 17. For most, it means leprechauns, shamrocks, some fiddlin' music and of course a shot (or two or three) of good Ol' Irish Whiskey. However for those of 2PPCLI, it is our regimental birthday.

While birthdays for some are a dreaded affair, a reminder that he or she is again another year older, for the Patricia's we are proudly celebrating 77 years of service. As 17 March fell on a Sunday, we celebrated on the 15th of March.

The festivities for the day were relatively low key and included the inter-company sports finals followed by the regimental game of broom-a-loo. The battalion was also honored by a visit of the regiment's most senior serving member, the CDS.

The inter-company sports finals saw Combat Support company squeek out a 2-0 overtime win over Bravo company in a hard fought broomball final and then

Bravo company reciprocated with a 4-3 come from behind victory over Combat Support company, in the floor hockey final. In the other two sports finals, Charlie company handily defeated Bravo company 3 games to 1 in a best of five volleyball final and A company was able to out-score Combat Support company 7-6 in what was truly a 'goal keepers' game in the ice hockey final.

As is the tradition at every regimental birthday, the regimental game of broom-a-loo is played. This game is best described as 'Austrialian Rules Broomball'. Usually played on a field, each side initially starts with seven players a side and the only rule is . . . there are none.

The game quickly becomes a survival of the fittest with team members on the field varying between seven and twenty or more at any one time throughout the game. What's the old adage? . . . The more, the merrier.

The first match of the afternoon pitted Privates/Corporals against Master Corporals and one does not need to be a mathematical wizard to determine the outcome. Wrong. The Master Corporals hung on for a well deserved win.

However, in the second match featuring the Senior MCO's against the officers, control was tempered (no it wasn't) and play tight, but not without its fair share of bone jarring hits or the ever popular 'get him when he's not looking' cheap shot. Nonetheless, the 'old guys' hung on for a 1-0 win.

The day closed with a short speech by the CDS followed by the trophy presentations to the visitors of the day and then it was off in search of a thirst quencher and numerous toasts to the regiment.

Who says getting older isn't fun!

VP Lt Attrux



The DCO, Maj T.W. Loveridge greets the CDS during his visit to the Second.

Maritime Commanders Commendation



WO R. Germain receives the award from LGen F.R. Sutherland in a ceremony held at Air Command Headquarters, Winnipeg.

WO Germain was recognized for this award because of his outstanding dedication in preparing and disseminating weather forecasts in support of naval and helicopter operations at sea, during his tour of duty with HMCS Huron, Maritime Command Pacific.

WO Germain is a native of St-Basil, Cte Portneuf, Quebec and is presently Senior Course Coordinator and Instructor at the Canadian Forces School of Meteorology.



Capt Dave Gosselin and Lt Rob Roy MacKenzie charged up the field during the Officer/Senior NCO Broom-a-loo game.

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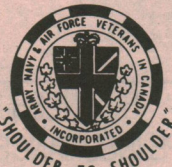
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BOR News

GUESS WHO'S BACK!!! WHO?

WELL AS IF EVERYONE DIDN'T KNOW, RIGHT. OF COURSE YOU KNOW! HE'S BEEN ON TV. AT LEAST TWO OR THREE TIMES SINCE HE ARRIVED AND HE WAS ON THE FRONT COVER OF "THE SUN". THAT'S RIGHT, IT'S PTE (DAN) LEBLANC, OR AS HIS FRIENDS CALL HIM "SUPER CELEBRITY SOLDIER".

Yes, Dan graced us with his presence 13 March after a harrowing 32 hour journey from somewhere in the Gulf. It certainly was an evening to remember, as he arrived off the escalator at the Winnipeg International Airport to no fewer than four television crews, six newspaper photographers, two bouquets of balloons, and most importantly his close family, friends and col-

leagues. Dan was so overwhelmed by his newfound stardom, that he didn't show up for work until the 25th! I guess he didn't want to get mobbed by his fans. Welcome back Dan!

P.S. — rumour has it, Dan is willing to sign any and all pictures from autograph seekers (for a small fee of course).

On the far side of the news, there has been a rash of pregnan-

cies at the BOR lately. MCpl (Laura) Taylor who went on her JLC last fall, pregnant (unbeknownst to her of course), is about to depart soon along with LS (Heidi) Sorrell and Betty Gagne (our precious cleaner) on maternity leave. Whoever said "things always happen in three's", is just an old wives' tale obviously doesn't work around here.

Last but not least, Cpl (Carole) Roberge has returned to her favourite BOR/Rcds cell from maternity leave (no cold work mornings for this happy mom). Congratulations Carole! Obviously you have some good genes.

by Cpl (Les) Brown

CFS Presentations



LCol SA Baines, Comdt CFS, presented Maj Doug McLennan, the CFS Standards Flight Commander, with a certificate for achieving the elite A-1 Flying Instructors Category on the CT-114 Tutor Aircraft.



MWO Joe Ploquin receives a Certificate of Appreciation on 31 January 1991. LCol SA Baines, Comdt CFS, congratulates Joe on behalf of the United Way Committee for his part in a most successful campaign.

Innovations in the Pay Office

As most of you are probably aware, the military Pay system is presently undergoing a major overhaul. We are finally moving out of the dark age of manual completion to the high tech world of computers. The Central Computation Pay System (CCPS) MK III project is now undergoing final acceptance training and, CFB Winnipeg have an implementation date of 26 Aug 91.

The Pay system now in use has many problems. This is a fact known by pay staff and customers alike. The CCPS MK III intends to correct the major deficiencies of the current pay system by adopting two measures, both of which are built on the existing system. First, pay offices at Bases/Stations will be automated and electronically linked to the main pay computer in Ottawa, in effect giving the pay office real

time access to many of the central processes. Secondly, a stand-alone pay sub-system housed in ruggedized portable computers will provide pay support for deployed Army, Navy and Air Force formations.

Overall, the intent of the CCPS MK III project is to reorient ourselves from a system that simply records transactions after the fact into a "paying" system; a system which is capable of computing and effecting payments.

This system will improve productivity within pay offices, lead to person-year savings and most importantly, result in much improved pay services through the production of pay statements and, of course, more timely and accurate pay information in general.

The most important part of this project from the customer's point of view is of course the pay statements. Production of pay statement will begin after the 1991 Active Posting Season to allow personnel movement to

stabilize. Pay statements will be produced twice a month, in the language of the member's choice, at the Data Centre Ottawa, seven to eight working days prior to pay day, inserted into individual privacy envelopes and then delivered to the member at work or residence, whichever is chosen. The pay statement will show the amount paid by banking or cheque on pay day, the date of the authorized pay day, the member's current level of pay, as well as any taxable or non-taxable allowances, the total of pay deductions and the amount remaining in the Pay account as of the statement date.

It is hoped that with this new pay system, many of the problems previously encountered with military pay will be eliminated due to the direct link with the Central System in Ottawa. If there are any questions with respect to this new system, please contact Lt Cathy Rogers, local 6327, or WO Rene Dufour, local 5821.

Spring has Sprung!

Spring is in the air!
Spring, in all its splendour, captures our hearts —
We dream of fresh flowers cascading over our merry flowerbeds in May!
Welcome are the vibrant birds flying back instinctively from the far South!
Spring is the melting pot of North America in the riverbeds and streets!
The green grass shoots back into place and we have a vision of a beautiful warm walk in the park —
The sun is smiling because of its triumph over Winter!
Gone are heavy heavy parkas and the trudge through the deep snow,
The baby bear and the little fawn have been born BECAUSE of Spring!
Spring is the result of someone's depression being lifted!
The difference between an ice-flow and a bird-bath is Spring!
Spring is the key to May weddings and little girls' Spring hats!
The coming of Spring is the reason for new concepts —
We love Spring every year because of its precious charm and flare!
Spring is flaunting its presence to us at every angle!
The promise of Spring keeps the poets' thoughts flowing —
Yes, Spring has finally arrived!

by Carolyn Gibson

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February 1991

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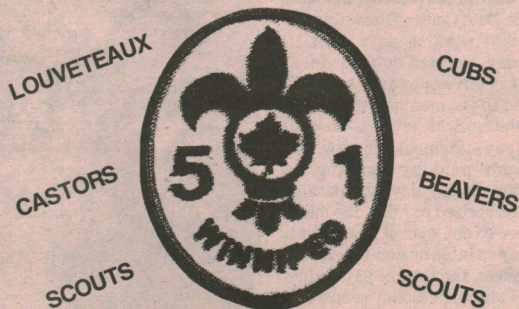
I'm also very thankful that there were no casualties among Canadian servicemen and servicewomen who, I hope, may return home shortly, after serving their country with honour and distinction.

We, of course, mourn the loss of so many lives on the Iraqi side. Those lives would not have been lost, however, if Saddam Hussein had heeded the world community when told to get out of Kuwait.

It is my fervent hope that peace and stability now can come to the Middle East and that Canada, through the United Nations, can make a significant contribution to the peace process.

I wanted to share these thoughts with you. Your comments always are welcome. Remember, your letters to me do not require postage.

Yours sincerely,
 John Harvard, M.P.
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Rapport-
Société
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(SFM)

Vous avez certainement entendu parler de l'Entente Canada/Collectivité francophone du Manitoba que signeront bientôt l'Honorable Gerry Weiner, Secrétaire d'État du Canada, et Monsieur Raymond Bisson, Président de la Société franco-manitobaine. Cette entente de cinq ans a pour objectif de promouvoir le développement de la collectivité francophone du Manitoba dans son ensemble. L'Entente prévoit des subventions dans les domaines d'action prioritaires suivants: communication, culture, économie, éducation, juridique, patrimoine, santé et services sociaux, services communautaires, sports et loisirs. Les processus pour établir les priorités de développement pour l'ensemble francophone du Manitoba sera le suivant:

- un représentant/représentante pour chacune des 41 communautés franco-manitobaines sera éventuellement choisi; le Major Paul Deschênes, officier commandant du Centre de formation linguistique, poste 6566, a été choisi pour représenter la BFC Winnipeg au sein du Conseil des communautés;
- des représentants seront élus au Conseil des Organismes provinciaux;
- le Conseil Provincial comprendra neuf représentants de chacun des deux conseils mentionnés ci-dessus. C'est le Conseil Provincial qui fixera, en dernier lieu, les priorités de la population francophone du Manitoba et qui en fera part aux autorités gouvernementales.

Le 7 mars 91 les représentants de la paroisse du Sacré-Coeur (près du Centre Ville) et de la BFC Winnipeg ont rencontré M Normand Dupasquier, représentant de la SFM afin de déterminer la première priorité de développement de ces deux communautés. Les deux représentants ont choisi le domaine de la COMMUNICATION comme le domaine d'action prioritaire pour leurs deux communautés. Il fut suggéré que des mini-centres francophones situés dans nos communautés soient reliés à un centre de ressources situé à St Boniface. Si jamais cette proposition est acceptée, les Francophones de nos communautés pourraient obtenir certains services/informations en français sans avoir à se déplacer jusqu'à St Boniface.

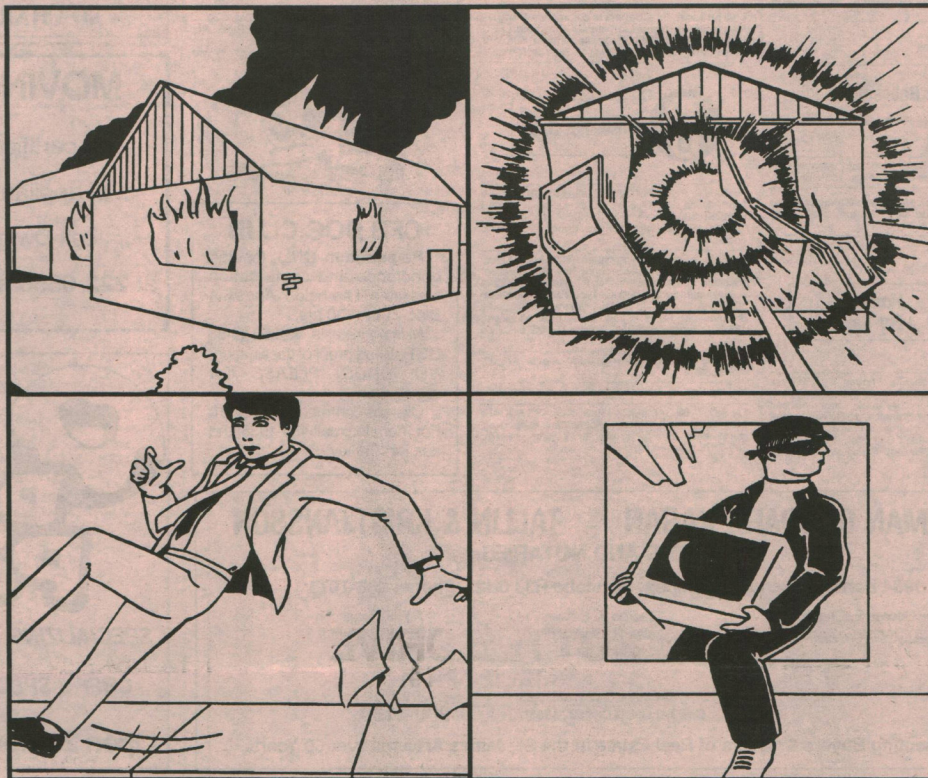
La première réunion de Conseil des communautés aura lieu



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dans quelques semaines. Suite à cette réunion, je vous communiquerai les derniers développements concernant l'Entente Canada/Collectivité francophone du Manitoba.

P.S. Les dames de la paroisse du

Sacré Coeur voudraient rencontrer des "paroissiennes" et des enfants de la BFC Winnipeg dans le but d'échanger des idées et d'améliorer la qualité de vie des Francophones au

Manitoba. La représentante de la communauté du Sacré Coeur s'appelle Francesca et elle peut être contactée au numéro 339-3669... alors mesdames, allez-y! Vous n'avez rien à perdre!

Single? Moving to Borden?
Single male looking for partner(s) to buy house in this expensive area. House hunting trip end April. Phone 902-427-8358. Autovon 447-8358.

CLASSIFIEDS

EVERYBODY'S MARKETPLACE



Accommodation

For Rent — Immaculate BACHELOR APARTMENT with beautiful view of city from 14th floor. All utilities included except phone. New carpeting and paint. Lots of closet and storage space. On site mgmt., security doors and laundry facilities avail. Underground parking avail for \$41. Close to Polo Park, bus route and downtown. Avail 1 May 91. Rent negotiable. Contact Tricia Cox (work) 833-5070, Home 888-5659.

Sublet — One bedroom apartment \$463 including utilities and underground parking, air conditioning, indoor pool, sauna. 700 Setter off Sturgeon Rd. Will leave damage deposit. Available for March 30. Ph: 832-2213.



Babysitters

Babysitting — South Side, mother of 2 will babysit in her home. References and receipts. Ph: 489-7807.


Babysitter — Experienced mother will baby sit in your home in the southside area, ask for Julia or Milly 489-7210 or 488-6011.



Homes For Sale

Private Sale — Trenton. Great house, 3 mi. to Base Trenton, 3 or 4 bdrm., all brick raised bungalow, 80 x 191 country lot, mature trees, perennials and spring bulbs. New 1 1/2 yr. shingles, wall to wall carpet, oak renovation. 11 1/4% mortgage until Aug 93. Quality appliances available. Call Jeff Gibson (613) 394-5339 or Autovon 270-5910. Possession May - July 91 \$129,900.

Private Sale — Quality River Heights 1 1/2 storey, 1650 sq. ft., ecologically safe 5 BR, 1 1/2 bath home with fireplace on double lot with SW exposure. Fenced back yard with garden, close to schools. Oak trim and hardwood floors throughout, unfinished but insulated and very useable basement provides another 1000 sq. ft. This one is a gem. Asking \$115,000. Available for occupancy Aug 1 - Sept 1 latest. Ph: (204) 489-4437.



Help Wanted

Wanted — Lahr Figure Skating Club urgently requires a figure skating coach, NCCP level 2 qualified. Bilingual an asset. Employment to commence 1 Aug 91. Please forward resume to: Jennifer Armstrong, LFSC, Box 2236, CFP0 5000, Belleville, Ontario, K0K 3R0, or fax to Kim Ethier, Fax #01149-7821-38729.



Misc. For Sale

For Sale — POWER TOOLS. Delta 10" TABLE SAW \$450. Delta BAND SAW \$200. Delta 1" BAND SANDER \$80. Delta 4" x 6" SANDER \$160 or all four for \$800. All one year old or less. Phone 895-4412 or Loc 5551.

For Sale — One Sears craftsman 8 HP 25 in. cut electric starter snowblower, bought Nov. 89, excellent condition. 120 ft. wooden fence for sale, 1 1/4 HP Esko water-cooled outboard motor Tecumseh engine. One 30 Vol set, plus the 83 year book of the encyclopedia Britannica III. 1 8' x 8' dog kennel, must be viewed. 488-6011 (home) 833-5547 (work), 774-2576 (Milly's work).

For Sale — 1 Kenmore vacuum cleaner \$75.00, 489-9389.

Moving Sale — Articles from \$3.00 up, 489-9389.

For Sale — 60 GAL SMOKE BLACK GLASS AQUARIUM, fluvial 4 filter, heater, fluorescent light cover, stand. Less than 1 yr. old. \$175 Must sell. Ph: 889-3570 (Leave msg.)

For Sale — BROWN RECLINER \$75. One QUEEN SIZE BOX SPRING complete w/frame and head board \$50. Ph: 489-9389.

For Sale — Set lady's GOLF CLUBS complete w/bag, cart and accessories \$100 firm. Ph: Nancy at 833-5346 (w) or 832-2316 (h).

For Sale — Magnavox 26" COLOUR CONSOLE TV w/remote control. Very good condition \$325. KENWOOD SINGLE COMPACT DISC PLAYER, exc. condition w/warranty \$125 firm. Ph: 832-7537 Ask for Chuck.

Found

Found — Video tapes found in the park by Kenaston Court across from the church. Call 489-9755.



Wanted

Wanted — A good used STATIONARY BIKE. Ph: 888-7999 after 6 p.m.



CFB DOG CLUB

Registration ONLY for dog obedience and confirmation classes will be held 7 Apr 91 in Bldg 21 at 1830 hrs.

Military rate is \$32.50 (incl. GST). Bring proof of vaccination. **NO DOGS PLEASE** for registration.

Classes commence 14 Apr 91. For more info call 489-1935 and ask for Shelley.

NEXT DEADLINE
APRIL 8

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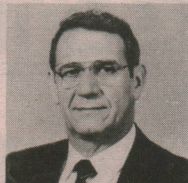
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