





## THE KIT BAG II TERRY LAWRENCE

I haven't seen Hemprope Harolds' column in "The Trident", the newspaper of Maritime Command, for some time. Perhaps he is a victim of "columnist burn-out" or is just taking a break to recharge his batteries after the strain of composing columns which must be readable and entertaining without offending "The System".

If he's still out there somewhere, I'd like him to know that while on a recent visit to Halifax, I was invited aboard HMCS Nipigon. After dutifully chopping off five in honour of Admiral Lord Nelson, I was signed on and given the three dollar tour, scraping a

boot shine on a ladder and trying to push open a sliding hatch, much to the amusement of my tour guide.

I was invited to lunch with three female POs and one female Sergeant in the Chiefs and PO's mess which, while perfectly innocent, did cause raised eyebrows amongst the male denizens who wondered who the Zoomie two-striper was, and why he was with the ladies.

I've always had a yen to do a tour in a ship, even though I've been Airforce all my life. Things could have been different if the recruiting officer had been in when I turned up at HMCS

Chippewa in Winnipeg in 1952. He wasn't, so I checked out the RCAF shop instead. The only sailing I've done has been a paid trip on Bluenose II and an uneventful crossing on the Halifax-Dartmouth ferry.

Now I'm too old to change, and I can't swim anyway, so I'll just have to continue wondering "what if?"

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Don't you just get furrows at the movie cinema when you've laid out twenty bucks for tickets and popcorn, and some clown close to you decides to talk through the film?

Some time ago, we were at one of the local "Black Hole" cinemas and sure enough, right after the initial credits, somebody decided to inform the rest of the very small audience of the happenings on the screen. After several minutes of hearing him tell us that "They're kissing!", "It's raining", "He has a truck", and so on,

I, out of sheer frustration, quite loudly invited him to "belt up". He did, until the very last scene in the movie where a plane crashed into a mountain. Unable to resist, he felt the need to tell us all that "They're dead!"

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On the subject of movies, my brother and I drive our respective spouses crazy by being super-critical of things like errors in costumes and props. I remember a movie set in WWI in which officers were wearing WWII and Korean ribbons. You've all seen the mistakes and will recognize some of these; the drink that keeps changing levels during a scene; the hairstyle that changes as the camera moves from front to back; windows open to different levels; 1950's cars in a 1940's story driving on roads with modern paint lines. The list is endless. One movie cliché still

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I knew it had to happen. This year, the retail outlets had Christmas displays a full month before Hallowe'en! The months all seem to run together with overlapping seasonal events.

I'd like to put in a "plug" and encourage readers to be generous when you buy your Remembrance Day poppy. Please wear it — that way we'll at least know it's November.

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## Harry Sweeney

music reviews and syndicated columnist

Rita MacNeil is the antithesis of a modern pop star. She is fortyish, overweight, shy and self-effacing. She is also one of the very few bankable Canadian artists. Her last four releases have achieved double-platinum sales in this country and her ticket sales have passed the two million mark in the past year alone. With "Home I'll Be" (Lupin/Virgin) Rita

is heading straight for her fifth smash.

Once again, she wrote all the songs which, incidentally, fall into the pop/MOR mold and cover the human emotions from lost love (The Hurtin' Kind), loneliness (Southeast Wind), songs that describe how someone touches your heart (You Taught Me Well) positive love songs (Watch Love

Grow Strong) and a track that deals with the rugged beauty of Cape Breton (Home I'll Be). There's no doubt that Rita has put together an exceptional set of tunes that will keep her at the forefront of the industry.

Hot off her SRO Canadian tour, Ms MacNeil recently took Britain by storm. Along with causing a media blitz Rita demonstrated to British audiences the power of Canadian pop music. Her global appeal is further highlighted by the fact that her "Reason To Believe" album just knocked Madonna out of the #1 spot on Australia's pop charts.

# MacNeil Heads Home



Rita MacNeil

## The Go-Go's are Hot



The Go-Go's

Bounding out of L.A. in '81, Belinda Carlisle, Charlotte Caffey, Jane Wiedlin, Gina Schock and Kathy Valentine, collectively known as The Go-Go's, dominated the early eighties with a series of hit products that included "Our Lips Are Sealed", "Vacation" and "We Got The Beat". When "Beauty & The Beat" became the #1 LP in the country The Go-Go's were the first non-male rock band in history to write and perform their own material and reach the pinnacle of success. They have since paved the way for numerous other all-female groups but, it was The Go-Go's who laid the groundwork.


The quintet disbanded in 1985 and, in March 1990, got together

for a special concert in L.A. to benefit the California Environmental Protection Initiative. The good vibes were present and they decided to re-unite. The initial product of that decision is "Go-Go's Greatest" (I.R.S.) which is a greatest hits retrospective (drawn from their three albums — Beauty & The Beat, Vacation, Talk Show) and features a brand-new version of their classic "Cool Jerk".

The hits are there and the girls are back on tour. "Cool Jerk" will have a whole new hit run and with the group's previous chart and in-person track record, coupled with the individual success of Carlisle and Wiedlin, both the tour and new release should draw heavy response.

## Maxi Priest

A couple of years ago, when Maxi Priest hit with "Wild World", I predicted big things for him. It wasn't until last month that major success finally happened. "Bonafide" (10 Records) has already launched a top-40 run. Led by the runaway success of the chart topping "Close to You" Maxi has become a 'bonafide' hitmaker and with at least four or five tracks (Just A Little Longer, Space In My Heart, Sure Fire Love, Life) all holding the necessary potential for hit status the 'priest of pop and reggae' has a genuine smash!



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# 402 Sqn Salutes Civilian Employers



BGen R. Linden presents the Certificate of Appreciation — Civilian Assistance to the Reserve Force Award to Mr Don Swanson, General Manager of Canada Post.



Guests take a moment to peruse Squadron Displays.



On Sunday October 28th, 402 Squadron paid tribute to the civilian employers of its primary reserve members.

The morning got underway with a welcome from Brigadier General Rick Linden, the commander of the Air Reserve group. Civilian employers, base guests and squadron members were then entertained by 402's own pipes and drums band. The morning's activities ended with a guided tour of both models of the Dash-8 and several other static displays.

After enjoying a luncheon at the Hercules Lounge, members were walked through 402 Squadron's long and impressive history by LCol R.W. Patrick, CO of 402 Squadron. When the podium was passed to BGen Linden, he stated the importance of the relationship between the air reserves and the civilian sector. Many of the 402 Squadron members depend on the co-operation and support of their bosses for time off and, in some cases, the wage subsidy necessary to allow them to pursue their military commitments. BGen Linden also explained that the management training, the discipline and the organizational skills developed through military training, benefit the employer when reservists return to the workplace.

The day's events were drawn to a close with the presentation of the certificate of appreciation to Canada Post, accepted by General Manager, Mr. Don Swanson. MCpl Ben Simanivicius nominated his employer, Canada Post, for this award for their employee support.



Cpl Thane Allen received his promotion to that rank from CTTO, Maj R.L. Bodnarek.



MCpl Ben Simanivicius straps Canada Post General Manager, Mr. Don Swanson, into the ejection seat display at Employers' Day.

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# Promotion at LTC Promotion au CFL



Maj Deschênes, OC LTC, congratulates Lt John Fortoloczky on his promotion to that rank.  
Le major Deschênes, Cmdt CFL, félicite le lieutenant John Fortoloczky de sa promotion à ce rang.



There is a saying, supposedly borrowed from the designers of Soviet aircraft. "If you put a big enough engine on it, it's got to fly." Not surprisingly, this theory was pondered long and hard during the week following the career managers' visit as those due for posting saw the spectre of flying their own "mahogany bomber" loom ever closer. In an effort to find the truth, plans were planned and formulas formulated, all to no avail. Finally, the Guys Who Know Everything (GWKEs) peered out from Standards' prized location near the orderly Room cookies and saw that we were confused.

"Don't be ridiculous," snapped Capt Dennis Sawatsky, "a desk could never fly; it's not grey enough. Everybody knows *airplanes* are grey, how else could they fly?!" Feeling satisfied that the question was now resolved, he then backed carefully into his corner to resume the eternal debate on whether pigs have wings.

"I just don't know," mused Capt Bill Collier, "we are told in Moose Jaw that a good pilot can fly anything. I suppose that includes desks. Why else would we receive flying pay?" A little paper airplane sailed gracefully over his head as he spoke. "We're conducting an investigation into the the-

# CFANS Update

ory of flight," he explained, abruptly closing his office door.

We carried the debate to Gilles Simard: "Met Man." Now, anybody who knows Gilles knows that his enthusiasm for meteorology is matched only by his interest in all things flying. We found him behind his desk, happily pondering the various meteorological reactions that take place when opening a common bottle of beer.

"Think of it," said Gilles, "expansion cooling! Evolved gases! Condensation! Would anybody like to go out and try the experiment?"

Having lost the interest of the ad hoc Committee On Whether Desks are Operational (COWDO), our investigation was left for another time.

The career managers' visit this year was notable in that it took place during a period of domestic economic restraint and international political uncertainty that is bound to have profound effects on the Navigator MOC and the military as a whole. Their efforts to answer some very tough questions were well appreciated.

Speaking of uncertainty, Course 9004 was unremoured to have breathed a collective sigh of relief at the results of their first checkride. All had successfully completed the crucial flying test on their first attempt. Capt Tim Truant attributed the results of the flights to "...an outstanding sense of dedication on the part of their course director." Unfortunately, the extensive press release he left, as he cheerily climbed on a Hercules with his course, was lost in the recycling bin.

Course 9004 celebrated their success by accompanying Course 9003 on the OTU visit to Trenton, Greenwood, and Shearwater. These visits provide training navigators with their first exposure to the operational aspects of Hercules, Aurora, and Sea King flying and are invaluable in helping them choose their career path.

No CFANS Update would be complete without a report from the "nerve centre" of the school, Operations. In a frenzy of environmental enthusiasm, Sylvia has now decreed that the amount of paper used in the office is unnecessarily high and she is henceforth conducting a trial to determine whether the entire scheduling and planning operation could be carried on in her head. Although most believe that that isn't really much of a change from the current operation, it did regenerate some suspicion that she is worried about the possibility of a fire in the office as a result of spontaneous human combustion of the pilots who work there.

In some late-breaking news, it was reported that the OPI of the Desktop Paper Recovery Project, Capt Bert Fenton, was caught attempting to recycle his entire desk. Despite his arguments to the contrary, it was decided that a wooden desk does not fit into the same category as paper made from wood. Bert's West Coast love for trees is legendary at 407 Sqn where, it is said, Druidism is making a big comeback.

In our next issue, "War Stories" from the OTU visit — conscientiously edited to protect the guilty — and the CFANS Mess Dinner will be covered.



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# Technical Services Branch United Way Campaign Results

The BTSO Branch was very successful this year in its United Way appeal, collecting a total of \$13,709, representing \$3,109 over and above the branch goal of \$10,600. This year's result is far superior to last year's performance, when the branch donation totalled \$7,360.

The branch's per capita gift (total donation distributed among all possible donors — military and civilian included) was \$16.38,

almost doubling last year's result.

The sections canvassed under the Technical Services Branch were BTN, BAME, BCE, BSUP, and BEME; collecting \$2,481, \$4,485, \$842, \$2,651, and \$3,250 respectively.

Special mention should be made concerning BEME's efforts during the campaign. They collected over ten times their total 1989 donation, and also outshone all other sections with their im-

pressive per capita gift of \$35.72. Much of this is attributable to Sgt Bullis' campaigning effort and her organization of a United Way Pie-Throwing contest at BEME, which raised \$370.

On behalf of the United Way organization, thanks to all coordinators and canvassers who contributed to this year's successful campaign in the BTSO Branch.

Lt. L. Chaloux  
BTSO Branch Coordinator



BEME Pie-Throwing Contest to raise money for United Way Campaign. 18 October 1990.

# Fire Prevention Message for the Festive Season

Fire can be a dangerous enemy and Christmas decorations bring extra hazards into your home. So, be especially careful during the festive season:

- Tie your Christmas tree securely. Keep the base in water and check the water level every day. A dry tree is a double hazard.
- Do not overload electrical circuits and keep extension cords from underneath rugs.
- Turn off all indoor tree and decorative lights be-

fore you leave the house or retire for the night.

- Make this a fire safe and merry festive season.

Fire is a dangerous enemy and the kitchen can be a dangerous place. Your Fire Chief's warning for today is:

"When cooking with grease or fats, never leave it unattended. Always have a tight fitting lid handy for the pot or frying pan. If the grease catches fire, remove the source of heat, put the lid on and smother the fire. Do not throw water on a grease

fire; it only spreads the flame. Do not attempt to carry the flaming pot or pan — smother that fire."

Your Fire Chief asks you to be specially careful of fire this Christmas season. The kitchen will be a busy place with all the family home. And watch that Christmas tree; keep it standing in water and tie it securely. Turn the lights off before you leave the house or retire for the night. Do not let the youngsters play near the tree and keep matches out of reach. Make it a merry and safe holiday time.

# Promotion



Capt Ingrid Pavan, Engineering Officer in Base CE, is shown receiving her new rank badges from the BTSO, LtCol Meindl (R) and the BCEO, Maj Moore (L). Congratulations, Ingrid!

## Introductory Keyboarding

All personnel interested in obtaining the keyboarding skills necessary for computer work — This is your course!

Dates are not yet confirmed, but the course will run 2 afternoons per week from 1445-1700 hrs. Authorization from supervisors will be necessary to attend.

Classes will be held at Sturgeon Creek High School. Residents of St. James School Division can attend free of charge. Non-residents will be subject to a \$220 fee.

All interested personnel should contact the Base Training Office ASAP.

6297 or 5531

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# A Coy Personal Weapons Tests — Shilo

0800 17 Oct 90 found the A Coy Advance Party departing Kap-yong Barracks for CFB Shilo in preparation for the C7 personal weapons test. On arrival, range staff under direction of Sgt Johnson earnestly prepared for what proved to be a most successful 3 days of shooting. The main body consisting of 76 A Coy troops and a flavoring of Adm Coy personnel departed at 1000 hrs arriving at the battalion bivouac by 1300 hrs and after a short march were at range 1, ready to fire.

The first day of firing was required to group and zero all Coy personnel. Timings were tight, however by 1800 hrs, all personnel could shoot a flea off a tick's back at 100m. A short march back

to the bivouac and the Coy was treated to a fine meal, courtesy of WO Bonds and staff. Final preparations for the night were soon made, including instruction for some on the use and maintenance of Coleman stoves and lanterns.

The morning of 18 Oct found ablutions being completed in a balmy -12 C. Conditions did improve, once on the range, as the sun soon rose. In order to facilitate coordination between ranges 1 and 2, both A and C Coys carried on with the Personal Weapons Test (PWT). A Coy ran 5 relays this day, 4 being the initial PWT, with the fifth consisting of range staff and re-tests. After a second successful day's shooting, the Coy returned to the

bivouac, however, only for a short period of time, as the night shoot was to commence at 2000 hrs. CSM Mcardle, with the illuminating assistance of WO "Hot Hand" Spellen, ran an effective night shoot offering the troops targets under trip and para-flare illumination.

The following and final day of firing consisted of a final PWT relay and a falling plate competition. The object of the falling plate competition proved to be an enjoyable way to hone our shooting skills. The competition was run in heats of two teams. Beginning in prone position at the 300m, teams would run forward to the 200m firing point, adopt the prone position, load and fire. The first 4 man team to knock down their 6 falling plates was declared the heat winner and the loser was eliminated from further competition.

The final came down to experience vs. enthusiasm. Sgt Hulan will never live down the fact that 4 recently graduated TQ3 Ptes were able to defeat him and 3 other experienced soldiers. Hats off to Ptes Odabachian, Burdely, Shannon, and Wilkinson.

The A Coy PWT and Shilo deployment was a complete success and definitely achieved the aim: all personnel qualified and gained further confidence in their own abilities.



Cpl Marino fires a C-9 PWT.



MCpl Andreone prepares his C-7 for firing.

## Base Library Christmas Closure

Please note that the base library will be closed from Dec. 16, 1990 to Jan 4, 1991

Thanks



## Base Transport Promotion



Congratulations Cpl Rob McKinnon on your promotion. Cpl McKinnon works in the GPV section of Base Transport.



Capt Parkinson, MSEO, congratulates Cpl Tim Vandenbrul on his promotion, which was accelerated by 3 months. Cpl Vandenbrul works at the Refuelling section of Base Transport.

## CFB Winnipeg Inter-Section Volleyball 1990/91 Season

With the arrival of fall weather and winter just around the corner, a new season of Base Inter-Section Volleyball has begun. The season officially started on the 23rd of October the same day as our first snowfall, with the Base Commander, Colonel Armstrong serving the first ball. The league has grown this year with a total of eight teams participating, 73 Comm Group, Base Comptroller, Base Supply, Base Headquarters, Base Construction Engineering, CFANS, BEME, and 2PPCLI.

With the additions of extra teams this season will run till May 91. The idea of inter-section sports is to provide an opportunity where all levels of players can participate and enjoy themselves. So whatever degree of skill or fitness you possess, contact your unit rep or the league president, Lt Boehler B.J., loc 6005. All games will be held at Bldg 90, Westwin at 1145 to 1245 hrs. Tues. & Thurs. Come out, show your support for inter-section sports and cheer on your unit team.



The Base Commander, Col H. C. Armstrong serves the first ball for the 1990/91 Inter-Section Volleyball Season.

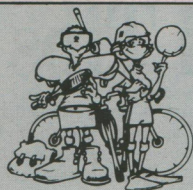
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# SPORTS ANNOUNCEMENTS

## Bench Press "90"

CFB Wpg Peri staff hosted the 1st Annual Bench Press Competition 20 Oct 90.

The event was broken into 4 categories: Women's Light Weight, Women's Heavy Weight, Men's Light Weight, and Men's Heavy Weight.

In competition bench press, there are guidelines that must be

adhered to — no arching the back, no lifting the buttocks off the bench, no bouncing the bar off the chest, no movement of the feet, and there must be a slight pause at the chest before the press upward. This is a true test of upper body power.

A special thanks goes out to the following competitors for

their efforts and sportsmanship. Pte Janet Randell (BSUP), Cpl Rick Stuckless (733 Comm Sqn), Mr Mike Stahling (BCE) and Mr. John Laterveer (Rec Assc).

All you weight training enthusiasts out there train hard and get pumped up for the 1991 bench press competition.



### Women's Heavy Weight Class

- L. Cpl J.J. Stahling (BSUP) 3rd 120 lb lift
- C. Pte Leanne Baziuk (BSUP) 1st 125 lb lift
- R. OCdt Bobbi Howard (ULO) 2nd 120 lb lift



### Men's Light Weight Class

- L. Cpl Gary Goudie (2PPCLI) 3rd 185 lb lift
- C. Andrew McCullough (Rec Assc) 2nd 225 lb lift
- R. Kevin Macaulay (17 MP PL) 1st 250 lb lift

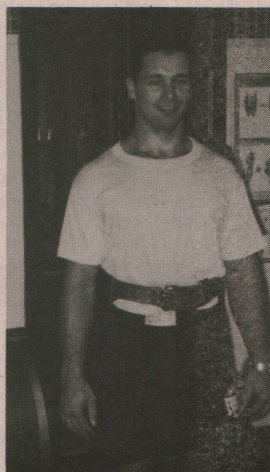
### Men's Heavy Weight Class

- L. Butch Eakin (Rec Assc) 1st 365 lb lift
  - C. Cpl Sam Bell (BAMEO) 3rd 295 lb lift
  - R. Brendun Massey (Rec Assc) 2nd 365 lb lift
- (Butch weighed in lighter so his lift won)



### Women's Light Weight Class

- L. Pte Cindy Martin (BHOSP) 3rd 100 lb lift
- C. Pte Karen Punstel (BTN) 1st 135 lb lift
- R. Pte Linda Brunnen (BSUP) 2nd 120 lb lift



## Dead Lift "90"

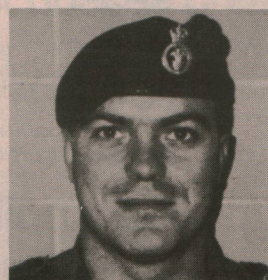
The Manitoba Powerlifting Association presented "Dead Lift 90" at Olympik Gym on 431 Thames Avenue 28 Oct 90. Cpl Rick Stuckless (733 Comm Sqn) entered the competition and pulled an incredible 425 lbs up to place 3rd in the light weights. An excellent showing for his first competition.

Cpl Rick Stuckless poses above with the bar loaded 425 lbs, that's an awesome lift for a man that weighs in at 176 lbs. Well done Rick.

## Inter-Section Floor Hockey Update

The 2PPCLI Floor Hockey Team had an impressive first round of play with a 6 and 0 record. They also have the league's top scorer pictured below.

Round One Standings			
Team	Win	Loss	Place
2PPCLI	6	0	1
Flyers	4	2	2
CE/ACOMD/ICEU	4	2	3
Air Comd Band	3	3	4
BEME	3	3	5
BTNO	1	5	6
733 Com Sqn	0	6	7



Cpl Ed O'Neil (2PPCLI) top scorer round one.

## Driver of the Month



Capt Parkinson, MSEO, congratulates Mr Morsette, MDO 6, who is awarded Driver of the Month for September. Mr Morsette works in the Heavy Equipment section of Base Transportation.

## Preparing Your Vehicle for Winter

The winter season is upon us once again, so it's time to prepare your vehicle to safely get you through the trials and tribulations of winter. This is of high importance and is particularly emphasized due to the nature of our severe and bitterly cold Canadian Prairie winters, where temperatures and prevailing winds take their toll on many Canadian motorists left stranded by ill-prepared vehicles.

Helpful hints are to have your vehicle routinely serviced and tuned up at least twice yearly. Waiting until the last minute often proves to be, at best, a frigid inconvenience. Ensure all fluid levels are kept topped up; these include antifreeze, oil, power steering, brake, etc. Other hints are to have an emergency kit assembled in your car. Items which should be included are a flashlight, at least two blankets (solar blankets are available at a minimal cost and are very com-

plete), booster cables, traction aids and a shovel. You may also want to include some lock de-icer and a 50 lb bag of sand for extra traction (if needed). It is also wise to keep a couple of candy bars on hand, and a few large slow-burning candles. A complete and adequate survival kit may cost you up to \$100 if you are starting from scratch, but could possibly mean the difference in the outcome of a vehicle breakdown in extremely cold weather.

Don't forget that exhaust system! Have it verified for leaks and deterioration. Carbon monoxide poisoning claims many lives every winter by leaking into the passenger compartments of vehicles via faulty exhaust systems.

Have a safe and enjoyable winter season, and remember: Summer is just around the corner...

— MSE Safety  
5742

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# Service Air Travel Tips

The fall travel season is here and the Air Movements Section of CFB Winnipeg would like to take the opportunity to provide information regarding Service Air travel. Realizing the regular Boeing 707 service flights are cancelled until further notice, you may be thinking that there isn't a heck of a lot of travelling you can do on service air... Well, this isn't entirely true. For example, until further notice, a new regularly scheduled service flight with seating for 76 passengers has been put into effect to handle some of the passenger traffic which would normally be handled by the Boeing. This is a Hercules CC130 aircraft, Service Flight 405/406, which will do a weekly run on Sundays between Edmonton (Namao) and Trenton (S/F 405). The itinerary (all times local) is as follows:

#### Service Flight 405

Departure	Arrival
Namao: 0700 hrs	Winnipeg: 1040 hrs
Winnipeg: 1140 hrs	Trenton: 1605 hrs

#### Service Flight 406

Departure	Arrival
Trenton: 1800 hrs	Winnipeg: 2105 hrs
Winnipeg: 2205 hrs	Edmonton: 0010 hrs

We also mustn't forget our regularly scheduled service flight 063/064, a Twin Otter, which runs from Edmonton to Moose Jaw to Winnipeg on the first and third Monday of each month, and returns in the opposite direction on the first and third Tuesday of each month. Also available are several last-minute flights on various aircraft, most notably the Dash-8 CT 142. Simply call the AMS at 5623 to see if something is going your way! Check-in times for service flights **TERMINATE** one hour prior to flight departure time, so it would be wise to show up at least 1½ hours prior to

departure time in order to check in. Passengers should note that check-in times do not change when a flight is delayed. As well, it is the responsibility of every passenger to contact the AMS if they expect to be later than the normal reporting time. Failure to notify the AMS may result in a lost seat.

It is advisable to check on your flight in advance for possible changes. As mentioned, the AMS Winnipeg number is 833-5623. After hours, call 833-5622 to get a recording that provides information for scheduled and unscheduled flights on a daily basis.

For security reasons, all baggage is x-rayed at check-in, and passengers are required to pass through a metal detector as they enter the departure lounge. Carry-on baggage, with the exception of purses, must also be x-rayed. The baggage entitled for service air is 50 lbs. Those travelling duty can get permission in advance for an additional 50 lbs, but those passengers travelling on leave cannot. All passengers are allowed one piece of carry-on luggage that conforms to the 18" x 16" x 7" size restriction. The exception to this rule is garment bags, which cannot be carried in the passenger cabin even if they are within the size limits.

A service member may apply for priority 5 position for himself and/or his dependants 21 days to 8 days prior to the flight date. Priority 5 passengers are prioritized by RBE date. Opportunity travel may be booked 7 days prior to flight date, up to the flight date itself. Opportunity travellers are on a first-come first-served basis. A position on the priority 5 or opportunity list does **NOT** ensure a seat to the individual concerned. Service Air is not guaranteed, therefore those who choose to use it should be prepared to travel by commercial means, in the event of flight delays or cancellations.

Passports are required by service members and their dependants when travelling overseas on leave. Dependants up to the age of 10 years are to be listed on their mother's passport.

Military members travelling on Service Air must travel in uniform. Work dress or flight suits are *only* authorized on designated exercise or training flights, for operational reasons. Civilian attire may be *personally* authorized by a Commanding Officer or an Officer of the rank of Colonel and above (or DND equivalent), under special circumstances.

The dress code existing for civilians and dependants over the age of 16 years has toned down considerably over the past few years. Clothing must be appropriate for public travel (ie, no athletic clothing or swimsuits) and must include footwear. Cut-off or ragged clothing is unacceptable. It should be noted that passengers who are improperly dressed may be refused boarding.

All passengers on domestic flights must provide suitable identification, a leave pass or claim, and a \$3.00 boarding fee (if travelling on leave). Compassionate leave travellers need not provide the boarding fee.

For everyone's general information, domestic Boeing service flights are still "up in the air", pending future decisions from the higher echelons. The Christmas flights, up to this point, remain unchanged. Whether or not they will be altered/cancelled due to operational taskings is yet to be determined.

All of us in the Passenger section of AMS Winnipeg wish you happy, trouble-free travelling and hope this information will clarify any confusing areas. If you have any questions regarding your flight or Service Air regulations in general, do not hesitate to contact us. We are here to help.

## Reserve Pay

A new pay system has been approved for the Reserve Force, and implementation of the system will start during 1991. As a result, Reserve members will be paid twice monthly, and will receive current pay statements.

Additionally, they will have available to them all of the pay services now enjoyed by the Regular Forces, or planned for as part of the new Regular Force pay system.

Reserve Force pay is currently processed on the Reserve Data System, or RDS, run out of Mobile Command Headquarters at St. Hubert, Quebec. Attendance documents raised at Reserve units across the country are sent to St. Hubert by mail or courier. There they are processed in batches once monthly. The resulting output tapes and reports are then dispatched by mail or courier to the applicable Militia Area Comptroller in Halifax, Montreal, Toronto, Winnipeg or Vancouver for certification. The tape is then forwarded to the local Supply and Services Canada office where the cheques are

produced. Finally the cheques are sent to the units for distribution.

The principal deficiency of this system is that it does not provide timely pay and allowances for members of the Reserves. For example, a member does not get paid for attending a training evening during the first week of October until the fourth week of November, if there are no problems with the documentation. Moreover, new members may go three or four months without being paid. The result is that our young Reservists don't stay around long enough to find out how much fun the reserves can be.

The new system is based on remote data entry at units using micro-computers and the processing of pay regionally based on the militia area comptroller organizations. Micro-computers will be provided to all Reserve units and headquarters, Regular Force headquarters, and Base Comptrollers. Pay processors will be located in Halifax, Montreal, Toronto, and Edmonton, as well as in the Directorate

of Pay Services in Ottawa, where the pay for European units will be processed.

All attendance up to five days prior to payday will be paid to Reserve members at the mid and end of the month. Members can choose to have their pay deposited directly in their bank accounts, and such things as mess dues may be deducted automatically. Additionally, Reserve members on full time service may choose to have portions of their pay allotted to such organizations as banks, insurance companies, etc.

The system will be implemented in a "turn-key" manner, ie. a prime contractor will implement most aspects of the system, including the provision and installation of commercial software and hardware, and the development of the training. Moreover, the on-going software and hardware maintenance, banking, and hot-line service will be done under contract.

The schedule for implementation is as follows:

Region	Completion Date
Atlantic	15 June 91
Quebec	16 Aug 91
Ontario	15 Nov 91
Western	14 Feb 92



# Family Support Center Activities

Little People Playtime will be opening Monday, December 3 and will meet every Monday morning from 9:30 - 11:30. Children will be involved in activities such as games, crafts, songs and stories. Two childcare workers will supervise the children. **GRAND OPENING AND REGISTRATION** November 26 at 9:30 - 11:30. We have received many donations to help start up our playgroup. Special thanks to the Westwin Community Council for a grant, Community Release Centre for toys and Rheel Normandeau who has offered to paint the children's rooms. Jets tickets on sale soon. Call the office to buy yours. Please note that the Family Support Centre will be closed from December 24, 1990 until January 4, 1991. We will re-open January 7, 1991.

- N Little People Playtime — Every Monday 9:30-11:30. Crafts, games, songs, stories, snack. Childcare. Fee.
- N First Aid — 2 evenings 6:00-10:00 of instruction. Learn: artificial respiration, how to control bleeding, how to treat poisonings, burns, choking, miscellaneous injuries. No fee. Please register by Tuesday, Nov. 27.
- S Dough Art — Join Monique Schofield as she demon-

strates dough art. Please come with prepared dough. Recipe is available by calling the office.

- N&S Fire Safety — Learn tips on how to have a safe Christmas. (N — children will have Christmas movies available and S — children will have Christmas stories)
- S Community Cooking — Spend the afternoon with your neighbours and bring something special home for supper. This month learn how to make bread at only 30 cents a loaf. Fee of \$5.00 includes all baking supplies. Please bring pans and mixing bowl. Register by Monday, December 3.

- N Mini Franco Fun — Playgroup which meets every Wednesday and Friday, 9:30-11:30.

- N&S It's a Small World! — Drop in for parents with children ages 2 and under. Come and meet the babies in the neighborhood!

- N&S Children's Christmas Crafts — Afternoon of craft making with snacks. \$1.00 per child or \$2.00 per family.

- N&S Children's Museum — Fun for children of all ages. Free admission for first 20 children who register. Parents free. Bus leaves Lipsett Hall at 1:00 p.m. and 54 Bourkewood at 1:15. Register by Dec. 11.

- S SPARKS Craft & Bake Sale — Come and support these five year old girls with their

N: 54 Bourkewood Place 837-8443		<b>DECEMBER 1990</b>		S: 1822 Corydon Avenue 488-4161		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>
<b>2</b>	<b>3</b> N: OPENING Playgroup N: First Aid 6-10 p.m. S: Dough Art 7:00 p.m.	<b>4</b> N: Fire Safety 1:00 p.m. Children's Xmas Movies	<b>5</b> N: Mini Franco S: Community Cooking 1:00 N: First Aid 6-10 p.m.	<b>6</b> N: Drop In 1-3	<b>7</b> N: Mini Franco	<b>8</b>
<b>9</b>	<b>10</b> N: Playgroup S: It's a Small World 10-11:30	<b>11</b> N: It's a Small World 10-11:30	<b>12</b> N: Mini Franco S: Children's Xmas Craft 1-2:30	<b>13</b> N: Xmas Stories 1:30	<b>14</b> N: Mini Franco Children's Museum 1:00	<b>15</b> SPARKS Craft & Bake Sale 11-3:00
<b>16</b>	<b>17</b> N: Playgroup S: Fire Safety 1:00 Xmas Stories	<b>18</b> N: Children's Craft 1-2:30	<b>19</b> N: Mini Franco S: Potluck Lunch & Bake Exchange 12:00	<b>20</b> N: Potluck Lunch & Bake Exchange 12:00	<b>21</b> N: Mini Franco	<b>22</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>30</b>	<b>31</b>	CLOSED FOR XMAS HOLIDAYS				

project. Tables are for rent for \$5.00. Call Gloria for more information or to reserve a table 488-4803.

- N&S Potluck Lunch & Bake Exchange — Bring a dish to share for lunch. Bake Exchange at 1:00 p.m. — Bring Xmas tins to fill up with some baking. Each person brings one recipe of cookies or other baking and exchange with your friends and neighbours.

### CIVILIAN EMPLOYEES;

Have you any questions about pay and benefits? Would you like information on training, retirement planning, personnel or staffing policies?

To better inform civilians on the Base, we are introducing a regular "BCPO Questions and Answers" column. Professionals are standing by to assist you in all related areas of personnel administration!

In addition to providing you with advice, we also welcome your suggestions and comments. Please note that this column is intended for general information only and any specific questions pertaining to an individual employee's own circumstances should be handled through normal channels. Responses to selected questions will be published in future editions of The Voxair.

Please write to:

"BCPO Questions and Answers" column  
c/o The Questions Editor  
Building 52, CFB Winnipeg

## Go South

(or North, West or East.)

\*\*\*\*

**3 pairs of Air Canada Tickets to any destination in North America will be drawn on Dec. 15, 1990**

\*\*\*\*

**All Proceeds Go To Charity**

\*\*\*\*

**Tickets cost only \$10 each and only 1000 will be sold — better odds than 6/49!**

\*\*\*\*

**Ticket Contacts:** Base: 2Lt Marianne Kaduck 5226  
Sgt John MacPherson 5226  
Air Command: LCdr Jay Stevens 6222

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# CHAPLAINS CORNER

## Greetings from the Chapels

### Talking To Myself



A few years ago I began to talk to myself. I remember the day very well — the sun was beginning to break through the cloud cover when the image in the mirror began to speak to me. Actually, it said "ouch", since it was being shaved at the time. With the ice broken, my image began to rail against the state of the country, the weather, the family car, and the polluted air. It was in mid-sentence that I walked out on it, feeling strangely buoyant and refreshed.

Ever since then I have encountered myself in various places and under various conditions. In the bottom of a mess tin on a winter exercise; in a compass face on the bridge of a destroyer; in a helmet visor in the back seat of a Voodoo. Always my other self has not wanted to be there, and it has complained bitterly about the conditions, the work, and everybody involved in the enterprise. My other self is abrasive, dogmatic, bitter and cynical; I of course, am none of these things.

Speaking to myself — rather listening, since I rarely get a word in — I find that my world becomes a little less harsh, a little more comfortable. My feelings are exposed and examined, and I can start to make sense of my predicament.

Clarifying and explaining are all necessary survival skills, for our world needs to be brought under our control. Whether it is the image in the mirror, explaining myself to myself, or a fast game of handball chasing the blues away, the world and our relationships, our work and our lives, thereby take on a rosier hue. Of course it is healthier to talk things out than stew about them. But too many of us suffer in silence, piling up injustice and anger one after another.

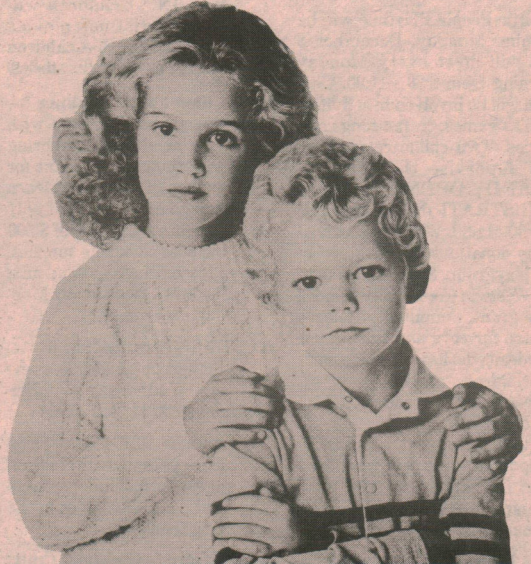
So the next time we meet, pardon any grumbling, because my other self has initiated another tirade, and I must listen.



Padre G. Shields

### Now that they know about Disneyland, isn't it time you told them about heaven?

Disneyland may be wonderful for a day, but heaven is forever. The Protestant Chapels invite you and your children to grow with us in the faith, fellowship and eternal life of Jesus Christ. The Chapel of the Good Shepherd and the Chapel of St. Andrew



Padre Gordon Shields

#### Chapel of St. Andrew Grant & Kenaston

1000 hrs. Worship Service Holy Communion on first  
1020 hrs. Sunday School Sunday of the month.

*A Warm Welcome Extended to All Newcomers to CFB Winnipeg. St. Andrew's is a caring community of people who want to meet you & your family*



#### CATHOLIC CHAPELS

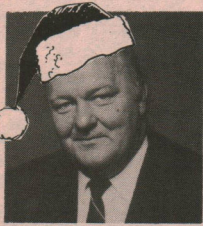
##### St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE	WEEKDAYS/EN SEMAINE
Saturday: 1700 hrs/English	Monday to Thursday inclusive
Samedi: 1900 hrs/Français	Du lundi au jeudi inclusivement
Sunday/Dimanches:	1115 hrs/English
	1700 hrs

##### St. George (South Site)

SUNDAYS	WEEKDAYS
10:00 a.m.	Wed: 7:00 p.m.

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air, V6. Must be seen.  
ST. B504  
**\$6795**

**1986 Voyager**  
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ST. T530A  
**\$8995**

**1991 Dynasty**  
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power windows & locks.  
**\$19,499**

**1991 Sundance**  
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block heater  
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**1990 Acclaim**  
LIKE NEW  
7100 km, air, cruise, tilt  
AM/FM cassette  
ST. A501A  
**\$13,999**

**1985 Caravelle**  
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Cruise, tilt & air.  
Bucket seats, AM/FM cassette.  
ST. T510A  
**\$4995**

**1990 Colt**  
Brand new.  
**\$9499**

#### PROTESTANT CHAPELS

##### The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

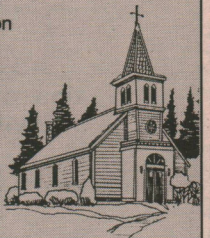
3rd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

##### St. Andrew (South Site)

Sunday Service 10:00 a.m.



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# “Do you know the BCPO?”

My nine year old son recently asked me what I did for a living. I wish I could have said that I did something glamorous such as being a jet fighter pilot or that I did something spiced with danger and excitement such as being a firefighter or policeman. Instead, I ended up explaining that I “hire and fire” people. Although rather simplistic, it seemed better than the alternative — “Reporting to the BAdmO, I’m responsible for the administration of civilian personnel programs at CFB Winnipeg, as well as its integral and lodger units.”

In deciding how best to describe the function of my office for this article, I was faced with a similar dilemma of trying to be succinct, informative and yet entertaining. Rather than submitting a copy of my job description and duly certified organization chart, I have opted to describe our role by testing the readers’ knowledge with the following multiple choice questionnaire.

1. BCPO stands for:

- a) Base Ceaseless Paperwork Office.
- b) Base “Can’t Promise-you anything” Office.
- c) The Base Civilian Personnel Office.
- d) All of the above.

2. The BCPO is composed of:

- a) 14 hard-working individuals who work tirelessly in serving both managers and civilian employees.

- b) 7 hard-working individuals who work tirelessly in serving both managers and civilian employees, and 7 others.
- c) None of the above.

3. The Official Base Civilian Personnel Office motto is:

- a) “We will do no work before its time.” P. Masson
- b) “Ask not what Personnel can do for you”. J.F.K. 1960
- c) Quality, Professionalism and Integrity
- d) Never have so many done so little for so much \$\$” Winston Churchill 1941

4. The basic principle in Staffing is:

- a) Never ask a question you know the answer to.
- b) If it moves, we’ll hire it!
- c) Merit — Best qualified person gets the job.
- d) None — We have no principles!

5. The role of Pay and Benefits is to:

- a) Administer compensation entitlements to civilian employees.
- b) Lose my paycheque!

6. Training is intended to:

- a) Improve employees’ skills and abilities to better perform their jobs.
- b) Teach employees new things “Because it’s the right thing to do.” W. Brimley.
- c) Get the employee out of the office.

7. The role of Staff Relations is to:
- a) Make sure all of your relatives are on staff.
  - b) Advise managers on discipline, grievances, performance problems, and interpret Collective Agreements.

The correct answers to the above are: 1.(c) 2.(a) 3.(c) 4.(c) 5.(a) 6.(a) 7.(b)

0-1 Answers Correct

You definitely need to read the following article.

2-6 Answers Correct

Not bad, but you still might want to read the article.

7 Answers Correct

If you answered all 7 correctly: Congratulations, you can have my job and there are some days you can have it!

Returning to my original explanation to my son that I hire and fire; actually, civilian personnel administration occupies a vast region between these two poles. We are involved in advising managers on a seemingly endless number of policies and regulations concerning staffing, labour/management relations, classification, pay and benefits, human resource planning, employment equity, retirement planning, personal harassment,

official languages and personnel utilization. To assist me, I have a small but dynamic force of professionals consisting of two staffing officers, one office manager, five pay and benefits clerks, and a handful of support personnel.

A veritable windowless hive of activity on the second floor of Bldg 52, the Pay and Benefits staff — a very integral part of the BCPO organization — ensure that all documentation relating to pay is accurately and expeditiously completed. All new employees are directed to our office in order to complete documentation and be informed of all aspects of their entitlements. Employees are also counselled on retirement options, severance pay, U.I.C., superannuation and leave credits. Information is regularly dispensed on salary and increments, dental plans, and medical and disability insurance.

Another important component of our office consists of the recruiting of staff administered by CFB Winnipeg both here and in exotic Flin Flon, Kenora, and Thunder Bay. The Staffing Officers are responsible for selecting employees through liaison with managers. In addition to chairing selection boards and assessing candidates, Staffing Officers provide advice to Management and employees by discussing regulations and procedures relating to any questions

that may arise. They are also involved with transferring staff and arranging travel authorization for successful candidates of competitions.

Established in early 1990, the Training and Development section of the BCPO serves the increasingly important training needs of all civilian employees on the Base and several of the Integral Units. The Training and Development Officer presides over a budget which enables employees to benefit from numerous types of training. Some examples include training on computer systems and learning to operate new office equipment. Courses such as military writing, stress management, and pre-retirement seminars are also offered.

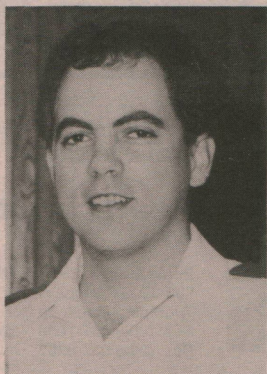
In addition to sponsoring training courses, this office also assists the disabled, visible minorities, and women seeking non-traditional employment through various Employment Equity Programs.

Hopefully, we will have given you a basic idea of our function. Although we have our occasional frustrations, these are overshadowed when we see a well-deserving person get a promotion; when we’re able to help resolve a staff relations problem; and when we see that our efforts are helping to make CFB Winnipeg a better place to work.

## Certificate of Service

Cpl Tim Rhind received his Certificate of Service. After seven years of service, Cpl Rhind remustered into the Photo Trade two years ago. Tim has embarked on a challenging new career as a Winnipeg Police Officer. To Tim and his family we wish you all the best of luck.

CF Photo by Cpl K. Trebels



  
 PRIDE IN OUR PAST      FAITH IN OUR FUTURE

Welcome...

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EVERY THUR.-FRI. & SAT.  
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 BINGO — Every Mon. Wed. Fri. 8 PM  
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BABYSITTING — A 15 yr. old graduate of the Babysitting Course will babysit in South PMCs and Lindenwoods area on weekdays and on New Year's Eve. Call 489-6029.

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For Rent — Chapel Of The Good Shepherd (North Side) — Santa Suits for Rent — \$20 plus \$5 deposit. Phone 832-4247 weekdays.

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**St. Andrews Craft Sale**

St. Andrew's Women's Centre will be holding a Christmas Craft and Bake Sale in the Annex of St. Andrew's Protestant Chapel, corner of Grant Ave. and Kenaston Blvd. on Saturday, November 24, from 10 a.m. to 3 p.m. Come and see a variety of items: Jewellery, Hand Knitting, Plastic Canvas, Dough Art, Etc. Start your Christmas Shopping early or decorate your home. Any merchants wishing to participate may rent a table by calling Kim Haynes at 488-6702.



**28**  
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