

CFB/BFC Winnipeg  
 24 October 1990

# 2 PPCLI Change of Command



On September 20 1990 the Second Battalion PPCLI staged a change of command parade at Kapyong Barracks. The outgoing CO, Lt-Col W.G.S. Sutherland, turned over his command to Lt-Col J.M. Lapeyre.

The parade was preceded by the usual rehearsals and practices. The Battalion had the honour of staging its dress rehearsal for the Col of the Regiment, B Gen Graham.

After the rehearsals and practices came the day for the actual parade. The troops had worked diligently to put on their best performance for the out going CO. The final results were impressive. After the arrival of the Reviewing Officer, B Gen. Vernon Comd 1CBG, the Battalion was marched past with Lt-Col W.G.S. Sutherland leading. Once

the Battalion was halted, the signing of the Change of Comd documents took place. At this point both Lt-Col Sutherland and Lt-Col Lapeyre had the opportunity to say a few words to the soldiers on parade.

B Gen Vernon added his own words to praise the performance of the soldiers, not only on the parade square, but also on both field exercises and in the service of peace in Cyprus.

Once the speeches were over Lt-Col Lapeyre assumed command of the parade and the Battalion was marched past Lt-Col Sutherland as a last farewell. After being marched off the parade square, the troops retired to their respective messes to say more personal good byes to Lt-Col Sutherland. Having said their good byes the Battalion headed off on their well deserved post Cyprus leave.

Leave is now over and the Battalion is ready to set about proving once again, as Lt-Col Lapeyre said, that the Battalion is "second in name, second in number, but always second to none."



CO LCol J.M. Lapeyre (L) is shown receiving the Commanding Officer's Sword from LCol W.G.S. Sutherland (R).

## 429 Sqn in the Middle East

Early in October, five members of 429 Squadron Detachment Winnipeg departed for Qatar in the Middle East. Major D. Thain, Captain C. Gallego, Lieutenant D. Belliveau, Sergeant R. Bourquin and Master Corporal G. Pullen joined fellow squadron members from Trenton in one of the largest airlifts in recent memory. Flying the CC130 Hercules Aircraft, our personnel are part of the overall Air Transport Group Effort to deploy 18

Canadian CF-18s to Qatar. This squadron of CF-18s will provide air support to the three Canadian ships currently enforcing a United Nations sanctioned sea blockade of Iraq.

The deployment will involve several round trips from the CF-18 home base of Baden-Sollengin and Lahr in West Germany via a staging base in the Mediterranean Ocean and then into Qatar.



Aircraft #310 was deployed with the 429 Sqn Det.

**OUR GOAL**

\$55,000



United Way

as of 16 Oct. 90

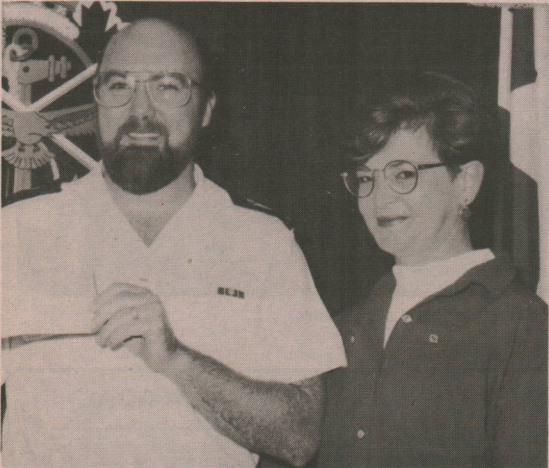
# MQ Beautification Contest



MWO Larry Herrod, 261 Ubique Cres, receives his First Prize of \$150 from LCol Forestell, BADMO, for the fine display of flowers and ornaments Larry and Maria had around their MQ this summer.



Maj John Learmond and his wife Paula receive their cheque for \$100, second prize in this year's MQ Beautification Contest. John and Paula live at 480 Sharp Blvd, a real showplace.



PO2 Ted Scott gets ready to hand a cheque for \$50 over to his better half. Ted and Shirley won third prize in the MQ Beautification Contest for the work they did to make 26 Braintree a nicer place to live.



## Rap Makes Strides Music's Ever Changing Scene

A year ago, chances are, no one buying records in Canada had even heard of M.C. Hammer. Today, he has broken numerous records (not the playing kind) for debut sales (now in excess of five million) length of time at the number one spot (17 weeks); and the etceteras go on and on. "Please Hammer Don't Hurt 'Em" has held off the competition for over four consecutive months.

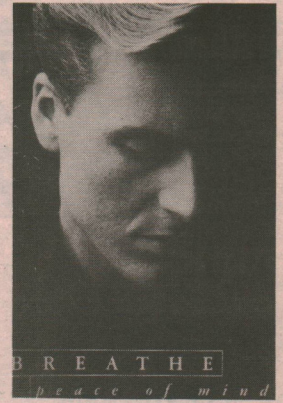
Hottest releases with a chance to knock the Hammer out of the top spot goes to Prince's "Graffiti Bridge", ex-Wham's George Michael for his "Listen Without Prejudice" and really very little else. However, there are a lot of hot products hitting the shelves these days and they run the musical gamut from rap, hip-hop and house to smooth pop and traditional country.

One of the biggest chart surprises is Garth Brooks' "No Fences" which falls into the traditional country genre but has set a

blistering sales pattern that has the release showing up top-40 pop after two weeks. One of the smoothest sets is Breathe's "Peace of Mind" which melds AC with MOR to come up with something that cuts a wide swath thru the demographics.

Heavy metal is even well represented with the Queensryche "Empire" release and Roger Waters' "The Wall - Live In Berlin" will give listeners an opportunity to find out what all the talk about Pink Floyd was about. When 2 Live Crew released their "Nasty As They Wanna Be" it set all kinds of wheels in motion to have the record banned. Their follow-up, "Banned In The U.S.A." has fallen short of the predicted sales figure however, with Luke getting so much press attention you may see 'banned' ending up with platinum sales to match 'nasty'.

Just an example of how the



Smooth-as-silk vocals highlight Breathe's "Peace of Mind". AC & MOR combine with synth-pop for hit offering.

charts are not following any particular pattern can be seen by the hottest single, notably that of ex-Righteous Brothers Bill Medley and Bobby Hatfield's re-vival of their own "Unchained Melody". This blast from the past is currently blasting its way into the top ten.

In the hot new release department (which includes the list of cassettes/CDs that you can't live without) INXS' "X" which includes their latest smash "Suicide Blonde"; Randy Travis' "Heroes & Friends" which sees the current king of country joined by Dolly Parton, Willie Nelson, Merle Haggard, et al; The Judds' "Love Can Build A Bridge" is the best yet from this mother/daughter combo. Hard to believe Kenny & Dolly singing about teen-age angst as they revive Mickey & Sylvia's "Love Is Strange". Column space is at a premium, gotta run!

## Congratulations Base Lottery Winners



- 5 Sep 90-\$150 WO Kardynal - AIRCOM/MILE
- 12 Sep 90-\$150 Pte Linthorne - BFoods
- 19 Sep 90-\$150 Cpl Roberge-Boily - BOR
- 26 Sep 90-\$150 Maj Carpenter - BopsO
- 3 Oct 90-\$150 Sgt Fairweather - BOPs
- 10 Oct 90-\$600 Sgt Boulay - BSup

Draws are held every Wednesday morning at Base Headquarters, and the winners are advised by telephone. Memberships are still available — to join call Joyce, BA dmO Secretary at 5860 or drop by Base Headquarters Bldg 86 Room 234 and sign up. Fees are \$1 per week and are payable by pay allotment, cash, cheque or money order. By joining now you could be the next winner!



### FOLLOWING THE CANADIAN FORCES

<b>VOXAIR OFFICE HOURS:</b> MONDAY and THURSDAY 1-4 p.m.	<b>TELEPHONE</b> 889-3963	<b>HEURES DE BUREAU — VOXAIR</b> LUNDI et JEUDI de 13h à 16h
-------------------------------------------------------------	------------------------------	-----------------------------------------------------------------

Telephone-answering system operates remainder of week/Repondeur automatique pour le reste de la semaine  
Produced by/Produit par XACT Inc. /Phone 889-3013/Fax 888-0715

<b>Editor-in-Chief/Rédacteur-en-chef</b>	- LCol J. Forestell	- 833-5281
<b>Managing Editor/Directeur-Gérant</b>	- Capt Tom Walls	- 833-6674
<b>Production Editor/Production</b>	- Capt Wayne Joy	- 833-5136
<b>Assistant Editor</b>	- Capt Andre Nadeau	- 833-6256
<b>Assistant Editor</b>	- Lt Kim Lachance	- 833-6671
<b>Assistant Editor</b>	- Colleen Guntner	- 889-3963
<b>Business Manager</b>	- WO Rick Shantz	- 833-5115
<b>Accountant/Comptable</b>	- Cpl Chantale Duchesne	- 833-5391
<b>Office Manager/Chef de Bureau</b>	- Mrs. Anna Springer	- 889-3963
<b>Advertising/Publicité</b>	- Mr. Jim Holland	- 832-0115

VOXAIR is the unofficial Service newspaper of CFB Winnipeg and is published every two weeks under the authority of the Base Commander, Col. H.C. Armstrong, CD. Opinions and views expressed do not necessarily reflect those of the Editor, the Base Commander or the Department of National Defence. The Editor reserves the right to edit or reject any editorial or advertising material. Correspondence should be addressed to: VOXAIR, Bldg. 4, CFB Winnipeg, Westwin, Manitoba R3J 0T0.

VOXAIR est le journal non officiel de la BFC Winnipeg et est publié avec la permission du Commandant de la Base, le colonel H.C. Armstrong, C.D. Les opinions et les points de vue qui y sont exprimés ne sont pas nécessairement ceux de l'éditeur, le Commandant ou le ministère de la Défense nationale. L'éditeur réserve le droit de modifier ou refuser la publication d'un article ou d'une annonce publicitaire. Toute correspondance doit être adressée à: VOXAIR, Bldg. 4, BFC Winnipeg, Westwin, Manitoba R3J 0T0.

**DEADLINE 15 OCT. 90/DATE DE TOMBÉE 15 OCT. 90**  
**NEXT ISSUE 7 NOV. 90/PROCHAINE PARUTION 7 NOV. 90**

©CNA Second Class Mail. Reg. No. 1725 ISSN 0300-3213



### BASE RECREATION LIBRARY HOURS

TUES., WED., THURS.  
6:00-9:00 p.m.

WEDNESDAY  
1:00-4:00 p.m.

SATURDAYS  
1:00-4:00 p.m.

**New Location  
3 Jameswood**

# Honours & Awards Committee Write It Up

Merit Boards have finished sitting for another year and the usual comment is heard from those fortunate enough to sit on one: there are a lot of men and women in this organization who contribute well beyond simply doing their job. Many start or strengthen community programs, many get a new sport going at their base, such as the golf course at Winnipeg, and many improve the efficiency and quality of life around the work-place. Normally, the volunteers who get things done are also good at their primary job and are strong influences at work, at home and in the community. The old adage generally rings true that "If you want something done, give the job to a busy person."

Merit Boards see many files of people who contribute so much but are not able to reward them all with promotions. And that's not necessarily a bad thing either. There are other ways to recognize unselfish contributions made by civilian and service members of this Base. Commendations can be awarded at every level of the chain right from the Base, the

Group and Command, even to the level of the CDS Commendation. On the civilian side, there are a number of awards available: the Award of Excellence; Merit Award; Outstanding Achievement Award; and finally the Deputy Minister Commendation.

The ultimate honour or award for Regular and Reserve Force personnel is the Order of Military Merit. A board sits twice yearly to consider submissions and select members to receive the CMM, OMM or MMM. To receive this recognition, two events must take place. First, the member must be recognized for conspicuous merit and exceptional service, clearly only a few will earn such recognition. As important as performing such meritorious service is the critical responsibility which falls upon the member's supervisor. The boss must document the member's performance and write the submission to the board. That's where the problem lies! The Merit Boards know that a number of Service personnel have contributed exceptional service. So where are the nominations!



The Base Commander's Commendation was presented to Captain (Ret'd) George Simmons. Capt Simmons received the award as a result of his work with the drug and alcohol education programme at Winnipeg. His work as Drug and Alcohol Coordinator spanned an unbroken period of more than a decade.

The Base Honours and Awards Committee will provide guidance and assistance in preparing submissions whether it is for Base, Group, Command or NDHQ level awards, military or civilian. Now is the time to get ORMM submissions started as they must be completed at the Base level by November to reach NDHQ in time. If you need help, just contact any one of the following:

LCol D. Peart	CFSAS	5237
Maj M. Moore	BCEO	5416
Capt P. Wolfe-Milner	BATCO	5482
CWO R.J. Scott	BCWO	5744
CWO J. Genovoy	BAME CWO	6586
Mrs. S. Fournier	Asst BCPO	5585
Mr M. Marsh	BCE	5477

-H&AC

# BOR News



LCol J.M. Forestall, B Adm O, presenting Pte Niven with her Cpl Hooks upon her accelerated promotion effective 1 Oct 90. (Linda, don't look so happy!)

On the 28th of September an event seldom seen in the BOR occurred. One of our very own administrative experts was accelerated promoted to Cpl. The lucky recipient was none other than Pte (Linda) Niven. Rumor has it Linda wasted no time spending her ten month advance in pay, apparently her car decided it was time to go to the shop. Congratulations Linda!

CFB Summerside. We are not exactly sure how she managed to take her course there instead of everyone's favourite hot spot CFB Penhold. It certainly couldn't have anything to do with her employment as 2IC R & D, could it? Have fun Laura!

Unfortunately this copy has to end as Base Exercises will soon be upon us (we think). But before I run this over to the VOXAIR, there is one peculiarity about our Base Supt Clk that all would-be visitors to the BOR should know. His favourite pastime is watching people's hair grow. It's a rather strange pre-occupation, but one that he avidly enjoys.

Other items of interest around the BOR include a long awaited holiday by MCpl (Marg) Allen. Marg will be heading off to the wonderfully sunny (not cold) capital of Honduras. Have a great time Marg and don't forget to pack your flakjacket! As well, MCpl (Laura) Taylor is looking forward to a fun filled JLC in

Have a good Exercise.  
by Cpl (Les) Brown

## ARG HQ Base Appreciation Day BBQ



Happy Chefs at Air Reserve Group Headquarters

On 6 September 1990 Air Reserve Group Headquarters held a Base Appreciation Day Bar-B-Que. The occasion was conducted to extend the Headquarters appreciation for the excellent support it is receiving from the various base agencies.

The Headquarters is located in Building 52, the old Canex warehouse. The building has a large loading dock attached to it, which makes for an ideal location to hold a Bar-B-Que. Among the invited guests were MGen J.R. Chisholm, recent Deputy Commander, Air Command, accompanied by the Command Chief Warrant Officer, the Base Commander, various branch heads of CFB Winnipeg and the Base Chief Warrant Officer.

### JUNIOR RANKS MESS (N) HALLOWEEN DANCE

DATE: Friday, 26 October 90  
 TIME: 2000 - 0200 hrs  
 MUSIC: DJ - Rick Enns  
 FOOD: Fast food to be ordered!  
 DRESS: Costume  
 ADMISSION: Members - \$1.00  
 Non-Members - \$2.00

#### PRIZES FOR BEST COSTUMES AND CONTESTS!

Come on out and have a scary time!  
See you there!

# WINNIPEG JEP EAGLE

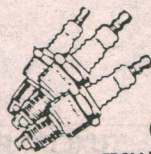
1430 ELLICE AVE. at Arena Rd. 772-7772

## AUTOPAC

REPAIRS TO ALL MAKES/MODELS

**FREE** PICK UP & DELIVERY ON ALL CLAIMS  
 CALL RAY CORLETT

### ENGINE TUNE-UP



Check plugs • Check plug wires, distributor cap, rotor, coil PCV valve, belts, hoses, air filter and battery • Adjust timing and idle

FROM \$49<sup>95</sup> (FOR 4-6 CYL.) PARTS EXTRA



### BOTTOMS UP

4x4 INSP.

19<sup>95</sup>



# 73 Comm Group Annual Golf Tournament

The 73 Communication Group annual golf tournament was held at CFB Shilo on the 6-7 September 90. The tournament was designed to establish the team that would represent 73 Comm Gp at the Command Championship to be held at CFB Trenton later on in the month. Additionally, and perhaps foremost, the tournament served to foster increased good relations within 73 Comm Gp between members of the various regular and reserve units extending from Thunder Bay, Ont to Regina, Sask.

The tournament was hosted by 731 Comm Sqn Shilo, under

command of Maj Simon Arcand. The Commander of 73 Comm Gp, LCol Geoff Hodgson, was on hand at the opening ceremonies to "strike" the first ball and rumours are that he played that same ball for two days. (some say it never went far enough to lose). The Group Chief, CWO Shorty Watkins competed head to head with the Commander throughout the tournament and witnesses reported seeing him deep in the woods with a map, compass and "foot wedge" as he tried desperately to gain the upper hand. Apparently good sense prevailed and the Chief succumbed to the

pressure allowing the Commander to win.

Other individual efforts resulted in MCpl Earl Everett of Comm Sqn Shilo winning the longest drive for men and MCpl Kim Partridge of Comm Sqn Winnipeg winning for the ladies. Closest to the pin awards went to Cpl Bruno Rosa of Comm Sqn Winnipeg and WO Denny Williams of Comm Gp HQ. Pte Holly Riene of Res Comm Sqn Regina walked away with the most honest golfer award. The overall champions were Sgt Guy Richer of Comm Sqn Shilo winning low gross and MWO Dave Dunbar winning low net. The 1990 team that went on to represent 73 Comm Gp in Trenton (with limited success, I might add) consisted of Sgt Guy Richer, Sgt Wayne Walker and MCpl Earl Everett of Comm Sqn Shilo, MWO Mario Isabelle and WO Denny Williams of Comm Gp HQ and WO TR McKay from Thunder Bay (HQ Det).

The Comm Sqn Shilo SWO, MWO Herb Elhorn, laid on some great weather for the tournament which only helped to make the event a resounding success. New friendships were kindled and old acquaintances renewed and we look forward to next year's tournament being an even greater success.



73 Comm Gp Golf team 1990 (from left to right), WO McKay, Sgt Walker, WO Williams, Sgt Richer, MCpl Everett, MWO Isabelle, WO Kulchinski (spare)

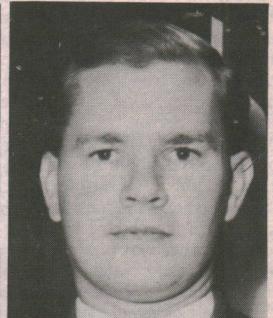
# Promotions!



Maj Doug Brazeau, BPSvcsO, presents MS Barry Clarke with his promotion to MS effective 01 Aug 90.



WO Keith Patterson was presented with his promotion to WO effective 01 Aug 90.



Sgt Niel Jorgensen was presented with his promotion to Sgt effective 01 Aug 90.

## The Meaning of the United Way Symbol

During campaign time the United Way symbol is seen everywhere — but what does it mean?

It's called the helping hand symbol, and it is used by United Way organizations all across Canada, the United States, and many other countries around the world.



The rainbow represents the hope for a secure and happy future which comes from the valuable services provided through your gifts.



The person at the centre represents the giver of help — you the donor — as well as the people receiving the services they need from United Way agencies.



And the hand is the hand of help extended by the donors, whose gifts ensure a helping hand to the millions of people who count on United Way services to

make their daily lives easier, productive and more comfortable.

The United Way Helping Hand Symbol — a symbol of hope, of service, and of help to the people of Winnipeg.

# Professional & Business Directory

### CHAPMAN GODDARD KAGAN BARRISTERS & SOLICITORS

George E. Chapman, B.Sc., LL.B.  
Alan R. Goddard, B.A., LL.B.  
Kelly P. Land, LL.B.

1864 Portage Avenue

Donna G. Kagan, LL.B.  
George A. Derwin, LL.B.  
Allan R. Francis, LL.B.

Phone 888-7973

### RUTLEDGE & DYKER

R.F. RUTLEDGE, B.A., LL.B.—A.L. DYKER, B.A., LL.B.  
COUNSEL — A.I. UNGER, B.A. LL.B.

COUNTRY CLUB PLAZA

310-3025 PORTAGE AVE. 888-3204 FAX: 837-3638

### BALDWINSON AGENCIES

Rec Centre (Whytefold Rd.)

Autopac 889-2204

### The ARGUS Hobby Shop



- Decals
- Vacu-forms
- Magazines
- Miniatures

- Model Kits
- Books
- Games
- Paints

Telephone: (204) 837-7677

5-2082 Ness Avenue, Winnipeg, Manitoba R3J 0Z3

### NEMY, BROWN & ROY

Barristers Solicitors Notaries

Barry A. Roy, B.A., LL.B. John C. Brown, B.A., LL.B.  
Jack M. Rabkin, B.A., LL.B.

200-2727 Portage Avenue (Courts of St. James Shopping Centre)  
Phone: 888-8890

### Al-Ben Engraving

Plastics — Metals  
Name Plates — Trophies — Plaques  
AL BENNETT

263 Ainslie St. R3J 2Z5  
Phone: 837-1512

### SILVER HEIGHTS DRY CLEANING CENTRE

837-7209

Professional Cleaning & Pressing  
Special Rates on Uniforms  
2249 Ness Avenue

### BEGIN & DOYLE

JILL BEGIN, LL.B. WILLIAM DOYLE, B.A., LL.B.

BARRISTERS & SOLICITORS

FREE OFFICE CONSULTATION

427 Academy Road (at Niagara), Upper Level  
Winnipeg, Manitoba R3N 0C2

488-3337

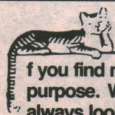
### TUXEDO PARK HAIRSTYLING & BARBERING

146-2025 Corydon Avenue, Winnipeg, Man. R3P 0N5

BEAUTY SALON  
489-9079  
MONDAY-SATURDAY  
HOURS: 9-5

Cuts - Perms - Colours - Shaping  
For Men, Women and Children  
MEN'S HAIRPIECES FITTED

MEN'S HAIRSTYLING  
& BARBERING  
489-7997  
CLOSED MONDAY  
HOURS: 8-6, SAT. 8-5



If you find mistakes in this publication, please realize that they are there for a purpose. We try to publish something for everyone, and some people are always looking for mistakes!

# CFANS Update



The Officer's Mess was the scene of an unusual gathering on Fri 12 Oct. The CFANS Tacky Tourist Party drew "tourists" from all over the country. We hosted Miami Vice types, nerds with white tape holding their black rim eye glasses together, ladies dressed to kill unsuspecting nav students and even a long-haired hippy freak that looked like he crawled out of some cave on Hornby Island. The party lasted to the wee hours of the morning and a good time was had by all. We eagerly await the announcement of the next such event.

Meanwhile some tourists of our own flew Gonzo to Greenwood, N.S. and then continued to the Naval Air Station in Jackson-

ville, Fla. for an Open House on 13 and 14 Oct. The CT-142, no doubt, was a hit as no other aircraft looks quite like Gonzo. The crew had not returned by press time for this edition. Perhaps their exploits will appear in the next edition if any information is volunteered.

That same weekend the navigation skills of CFANS staff were challenged to find the residence of Capt Tom Walls of CFS. Uncle Tom needed strong young bodies (there aren't any at CFS) to make his Barn Raising and Chili Fest a success. Participants were told to BYOH and can now be identified by their blue thumbs, right Bert! (that's hammer for those who haven't figured it out yet).

The CFANS student/staff

Saturday Night Hockey Season opened up on 13 Oct at Vimy Arena. Interested individuals are reminded that this is a fun night, ie. talent is not a prerequisite, and the games begin at 21:50.

Basic Air Navigation Course 8907 received their wings in ceremonies held in Bldg 21 on 18 Oct 90. The Reviewing Officer for the parade was BGen C.R. Thibault, CD, Chief of Staff Personnel and Training at Air Command. See the next edition for photographs of the event.

## Central Flying School Presentations



Capt Peter Shoemith of the CFS Standards Staff was presented his CDI by LCol Stu Baines, Comdt CFS on 27 Aug 90.

## Canadian Diabetes Association Annual Appeal Kick Off

On November 1, 1990 the Canadian Diabetes Association will kick off the third annual door to door canvass

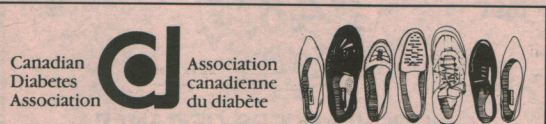
Diabetes affects the body's ability to use energy. It is estimated that more than 600,000 Canadians have diabetes. An additional 600,000 people have the condition and do not know it. Of the people diagnosed with diabetes, almost 20% are insulin de-

pendent. Insulin is a control for diabetes, not a cure. Complications arising from diabetes make it the third leading cause of death among Canadians. People with diabetes are susceptible to blindness (leading cause of new cases), kidney failure (diagnosed 17 times more than in non diabetics), heart disease and stroke (underlying cause of 50% of heart attacks and strokes).

As the search for a cure continues, research and services to people affected by diabetes must be financed. To meet these commitments, the Canadian Diabetes Association depends on a successful annual campaign. We need 1,800 volunteers. We need you to volunteer two hours to canvass your neighbourhood.

Please help .... Fill the volunteer shoes.

For information, call 943-7529 or 943-6303.



**We need you to volunteer to canvass your neighbourhood**  
**November 7, 1990 is Blitz Night**  
 For information call 943-7529

### POSTED TO GREENWOOD?

For an information package call **Hardy Ashley**  
 Office (902) 765-3369 Residence (902) 765-9168  
**Realty World — Merrill & Hennessey**  
 P.O. Box 29, Greenwood, N.S. B0P 1N0

### COUNTRY VIDEO HOME MOVIES

2251 Ness (At Whytefold)

- Fast, friendly service
- Large selection (over 2,500 movies)
- Multiple copies of new releases
- Convenient location
- Competitive everyday prices, with lots of "Specials"

**831-7947**

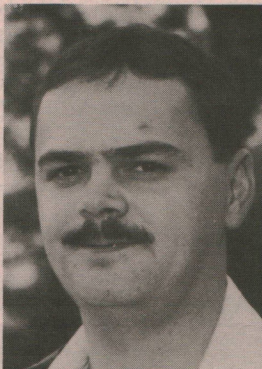
"Your Neighborhood Video Store"

## Promotions at Language Training Centre • Promotions au Centre de Formation Linguistique



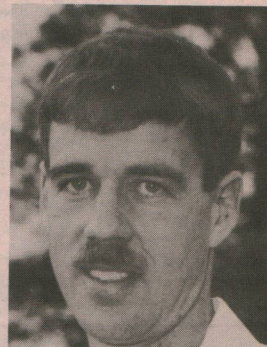
Maj Deschênes, OC LTC, congratulates MS Rex Clarke on his recent promotion.

Le major Deschênes, Cmdt CFL, félicite le Matelot-chef Rex Clarke de sa récente promotion.



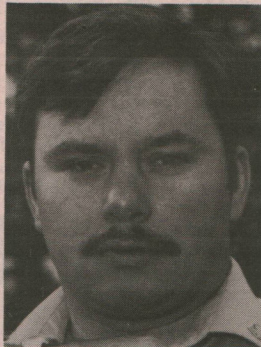
Congratulations WO Dave Gingras on your recent promotion.

Félicitations à l'adjudant Dave Gingras pour sa promotion.



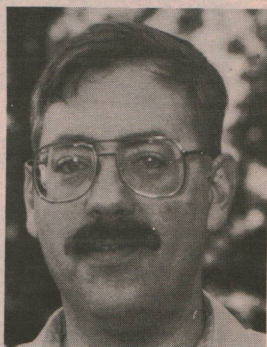
Congratulations Maj Steve Kummel on your recent promotion.

Félicitations au major Steve Kummel pour sa promotion.



Maj Paul Deschênes, OC LTC, presented CDs to (left) Sgt Leonard O'Brien, a student at LTC and to (right) MCpl Ken Prescott, on staff at LTC.

Le major Paul Deschênes, Cmdt CFL, a présenté la Décoration des Forces canadiennes à un étudiant (à gauche) le sergent Leonard O'Brien et à un membre du personnel du CFL (à droite) le Caporal-chef Ken Prescott.



## PATRICK REALTY

2003 Portage Ave. R3J 0K3  
 Ph. (204) 837-1366

- Homes • Suburban Properties
- Farms • Fire Insurance
- Commercial • Autopac



To Buy or Sell Call Your Local Retailer  
 Serving Satisfied Customers For Over 36 Years

**Patrick Realty Ltd.**

# CFS MET - Promotions, Awards and Grads



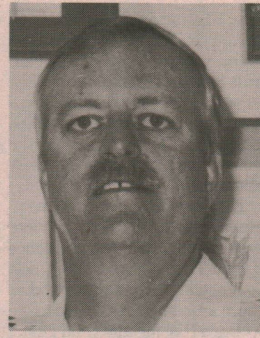
Met Tech 121 QL5A Course

Left to Right

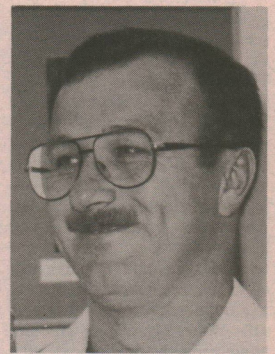
BR - Mr B. Boughton, Pte Dupuis, Pte Krienke, Cpl Dawson, Cpl McLellan, Sgt Kennedy (Instr.)  
MR - L. Richard (Instr.), Mr B. Konzelman (Instr.), Cpl Totten, Pte Marion, Pte Vallis, Cpl Cox, Cpl Allan,  
WO Germain (CC)

FR - CWO Dupuis (SWO), Mr W. Hartman (Comdt), Maj S.T.W. Sakalak (guest of honour), Miss D. Quinn (CI),  
Meteorological Technician Course QL5A 9001

QL5A graduates are employed throughout the Canadian Weather Service by providing weather information in support of land, sea and air operations. Most graduates are destined for a tour of duty on Her Majesty's Canadian Ships, while other graduates support upper air operations for Artillery Battalions.

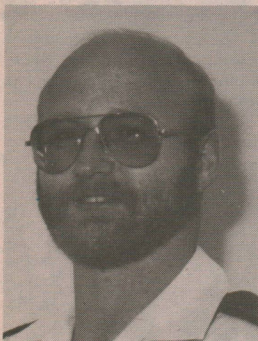


Sgt. S. Swanson, an instructor at the Canadian Forces School of Meteorology was promoted to that rank while attending the present in-house course QL6A 9002.  
\*Note\* are there advantages to being an instructor?



Promoted: Sgt E. Muise, an instructor at the Canadian Forces School of Meteorology is congratulated on his recent promotion to that rank.

## CF Suggestion Award Given



MET INST SPECIALIST CRSE 9001

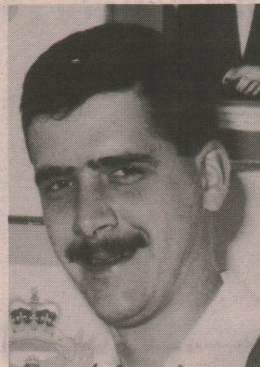
Left - Right

Back Row - Sgt Schull, Sgt Noseworthy, WO Germain (Instr), WO Uhryn, WO Barrio

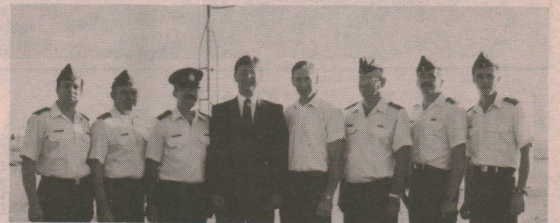
Front Row - MWO Roy (Instr/CC), Mr Hartman (Comdt), CWO Dupuis (SWO)

Cpl G.S. Lemer from CFSMET received a cheque as recipient of the Canadian Forces Suggestion Award.

Cpl Lemer was selected for the Suggestion Award because of his proposal in eliminating the risk of injury to personnel and damage to equipment resulting in the transporting of compressed helium cylinders in the daily operations of a Canadian Forces Weather Office.



Promoted: Sgt K.K. Skulmoski, a student attending the in-house QL6A Course 9002, was promoted to that rank. Sgt Skulmoski is on temporary duty from CFB Edmonton.



MET INST SPECIALIST CRSE 9002

Left - Right

WO Osmond, WO Germain (Inst), MWO Roy (Inst/CC), Mr Hartman (Comdt) Mr Boughton (A/CI, CSO), WO Barnes, WO Houde, Sgt Ahern

## Base Transport Driver of the Month



Capt Parkinson, MSEO, presenting Cpl O'Donnell with the Driver of the Month Award for August. Cpl O'Donnell also won the award in April. Congratulations!

CALLING ALL HIGHLANDERS!



1891

1991

48TH HIGHLANDERS OF CANADA  
100TH ANNIVERSARY REUNION  
16-19 MAY, 1991

This is an invitation to all members of the 48th Highlanders, their friends and families, to join in celebrating the 100th Anniversary of the raising of the Regiment. The Reunion will be held in Toronto over four days from 16th to 19th of May, 1991. During that year many events are planned as part of the celebration.

Plan to join us in celebrating "A Century of Faithful Service". Just call the number shown below to register now. We'll send you all the information about this historic reunion and hope to welcome you in 1991.

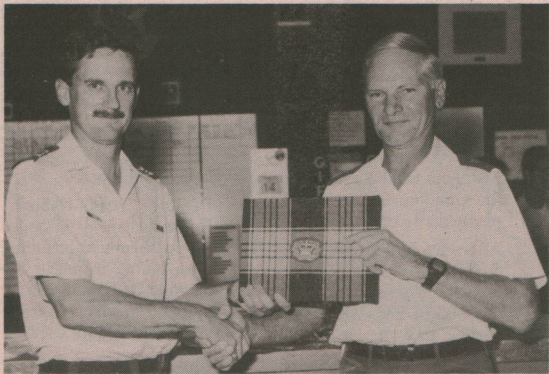
PIPES AND DRUMS BALL (Feb.) • GALA, ROY THOMSON HALL (Apr.)  
COLOUR PARADE (May) • CITY HALL RECEPTION (Sept.)  
REGIMENTAL BALL (Oct.)

CALL US NOW AT 1-(416)-466-0072

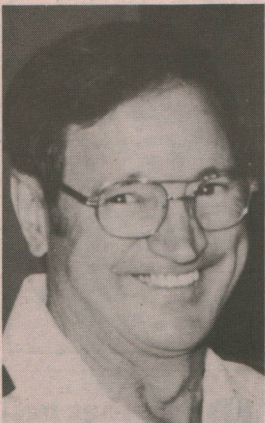
# From the Hangar Doors



The month of July was good to the BAMEO Organization with several technicians being promoted. From left to right with their new ranks: Sgt Wright, MWO Paquet, MCpl Reinguette, Sgt Ries, MCpl Otto and WO Cancilla.



MWO Joe Klein is being presented his new rank by Maj. Davies, BAMEO. Joe worked in ASO as Crew Chief of Crew #2. His promotion earned him a new job as Deputy Training Officer in 402 Sqn where he will help to set up and administer Dash 8 courses.



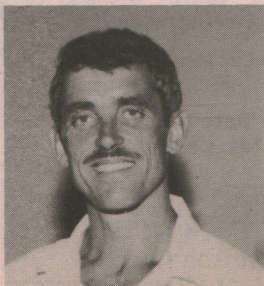
MWO Paquet, Deputy Aircraft Maintenance Support Officer, was presented with his new rank.



Sgt Wright, Senior NCO on #3 Crew in ASO, was recently promoted.



Cpl Aplin-McCorrison was recently presented with her new rank. Christine is an Instrument Electrical Technician on #1 Crew in the Aircraft Servicing Organization.



To the sailors and air force personnel aboard:

*Athabaskan*  
*Terra Nova*  
*Protecteur*

our prayers are with you. May your protecting the peace keep the peace.

We've been doing so many trades within and without BAMEO that we should be in the Sports section of the papers. MWO Paquet walks upstairs to become the Deputy Maintenance Support Officer. Taking his place as Boss of 3 Crew is WO Dostie. Sgt Yves Rivet leaves as foreman of avionic techs in the same crew temporarily as he undertakes his TQ6A and after that his Maintenance Manager's Course (he might get home by Christmas); taking his place is Sgt Mike Owen, lent from 1 Crew.

This is a tricky time of year for BAMEO. Experienced hands are gone, and, while our new arrivals have distant memories of Tutors in Borden, and some have had some experience of Hercules or Dash 8's, it's still a time to exert a lot of patience, to work your way into the comraderie of your workmates (which varies from several guys in Labs to 45 man crews in Servicing)... and to learn a lot, and fast!

Remember, when I say "learn", I'm not just talking about procedures or office equipment.

I'm talking about machines with tens of thousands of parts, miles of wires and tubing, and how all of this mess is put together to fly human beings tens of thousands of feet up in the air. Not to mention that with (so far) three very different types of aircraft stationed here, AND with Winnipeg being one of THE servicing points for the CAF, AND with Reservists working with Regulars to a major degree (this is still a mindblower for more than a few Regular arrivees) it can be an awesome time for our new people. To say this is a time requiring "understanding" is quite an understatement.

Hyperbole? Try managing our "blister" during the early weekday morning hours, and you'll see what I mean. Just when you've got everybody below Sgt out there towing those airplanes here, these airplanes there, get those pre-flight checks done in 15, no, 5 minutes... and isn't that Here snag fixed yet for that morning flight... Then you get the call that a certain Dash 8, just put in Spot A, has to be put in Spot B. Tout-de-suite. Ah well, never gets boring in the wee hours. And now, to our new arrivals. Hello and welcome to M/Cpl Cole, MCpl Piccott, MCpl Nicol, and MCpl Fossen (Baden), to MCpl Pridham, MCpl Corloy and Cpl Brown (Lahr), to Sgt Starks

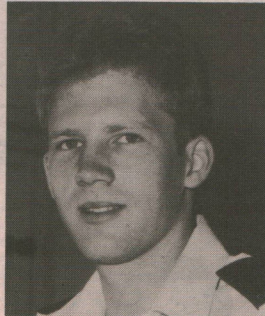
(Summerside), to Cpl Sideen, Pte Guimond, MCpl Fritsch and Cpl Jones (Moose Jaw), to Cpl Stewart, Cpl Tobin, and Cpl Traub (Trenton), to Sgt Brian, MCpl Scott, and Cpl Sawchuk (Cold Lake), to Cpl Leclair and Cpl Ross (North Bay), to Sgt Dube (St. Jean), to Sgt London, Cpl Rivest and MCpl Romer (Greenwood), to Cpl Rekrut (our first air force arrival from, ready? Esquimalt), to Cpl Charbonneau and Cpl Chartier (Valcartier), to Cpl Spicer (Petawawa), to Sgt Herlick and Cpl Beauchemin (Edmonton), to Cpl Watt (Gagetown), to Cpl Hawkins (Shilo), and Maj Davies. Maj Davies comes from CFCS in Toronto...

... and is our new BAMEO! Welcome aboard sir! We have two other new officers: welcome, Lt James and Lt Talbot. And how's this for expertise: WO Livinston from CFSATE (where all little techs come from) in Borden. We also are getting people from right here in Winnipeg. Helloes to Cpl Bigos and Cpl Gomes. Last but not least, we have a good number of new technicians from CFSATE. Welcome are: Pte Gervais, Pte Doucet, Pte Fleming, Pte McKie, Pte Culshaw and Pte Anklewich. Ahh, fresh faces for BDF! Whew! Well, it's getting late, and it's time to lock up and secure the doors. Until later,

O.L.Y. Rag



Pte(T) Gilley was recently promoted. Pte(T) Gilley is an Instrument Electrical technician on #1 Crew.



Congratulations Cpl McCorrison on your recent promotion. Cpl McCorrison is a Communications and Radar Systems technician in the labs in AMSO.



On the Base Commanders Parade, 23 Aug 1990, the three BAMEO personnel shown in the picture from left to right, MWO Stan Schneider, WO Jim Hoocy and Sgt Don Ferguson were presented with the second clasp to the Canadian Forces Decoration effective 2 Aug 1990, and represented 96 accumulative years. Most notable of this event is, all three members graduated from the same Basic Training course #5831 at RCAF Stn St Jean P.Q. in the Fall of 1958. Thirty-two years later, after having served separately on a variety of Bases, they received the above award on the same parade and worked in the same section (AMSO) in the same Unit (BAMEO).

Sgt London was presented his new rank. Sgt London arrived in Winnipeg this summer from Greenwood as a Sgt wearing MCpl's rank. The paperwork finally came in and hopefully so did the pay. Sgt London is the Technical Adjutant in the Aircraft Servicing Organization.



Congratulations MCpl Appleton on your new rank. Steve works in Workshops in AMSO.



# Family Support Centre Activities

**Carol L. Barton Dir.**

Mark your calendar now for November 16! This is the night that the Family Support Centre is hosting a fundraiser at Yuk Yuk's Comedy Club — 108 Osborne Street. The event begins at 7:30. Tickets are available from Joan Robertson at 885-3969, Lt. Brian Quick, Bldg. 86 at 833-5323 or from the Family Support Centre — Monday and Wednesday — 1822 Corydon - 488-4161 and Tuesday and Thursday, 54 Bourkewood Place - 837-8443. Tickets are only \$7.00.

**Thrift Shop News** — Many women are busy preparing for the opening of a Thrift Shop at the Family Support Centre on Corydon. Drop off time is Monday mornings. The tentative days of operation are Tuesday afternoon and Thursday evening.

Watch for **Jets Tickets Raffles** coming soon.

If you require more information on any of our programs please call the numbers listed below:

Director, Family Support Centre  
Carol L. Barton  
M & W 488-4161  
T & Th 837-8443

Co-ordinators, Thrift Shop  
Gloria Hogan - 488-4803  
Sheila Langlois - 489-2016

Co-ordinator, Care Bear Centre  
Leslie Hawkins - 889-6155

Co-ordinator, Mini Franco Fun  
Lorraine Desormeaux - 889-6278

Facilitator,  
Strengthening Stepfamilies  
Paul Rosebush - 833-5479

**STRENGTHENING STEP FAMILIES** — If you are a stepparent, you know how challenging and confusing stepfamily life can be. Now there's **STRENGTHENING STEP FAMILIES**, a new training course to help you and your stepfamily reap the rich benefits stepfamily living can offer. Through readings, discussions and at home activities, you'll develop effective communication skills, learn how to resolve conflicts, recognize unrealistic expectations, and much more. Call Paul Rosebush at 833-5479.

**Mini Franco Fun** every Wednesday and Friday at 54 Bourkewood. A bus leaves Lipsett Hall every Friday at 9:15 and returns at 11:30.

**Care Bear Centre** — every Monday 9:00 - 11:00 for children under age 5. Games, stories, play and crafts.

**Self Defence for Women** — Lipsett Hall. Instructor: Brian Jones. Brian has 33 years experience and has a 3rd degree black belt in judo. He will facilitate this workshop with hands on instruction, along with awareness and prevention techniques. Fee \$5.00. Bus leaves 54 Bourkewood at 6:30. Registration 6:30 - 7:00 p.m.

**Luce Paquet** — will host a **Tupperware Party**. Please bring any pieces that you need replaced.

**Winter Coat Exchange** — price your coats and jackets and bring them to exchange.

NOVEMBER 1990						
N: 54 Bourkewood Place 837-8443					S: 1822 Corydon 488-4161	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> N: Drop in 1-3 N: Strengthening Stepfamilies 7-9	<b>2</b> N: Mini Franco 9:30-11:30 Self Defence for Women - Lipsett Hall 7-10	<b>3</b>
<b>4</b>	<b>5</b> N: Care Bear Centre 9-11 S: Drop in 1-3	<b>6</b> N: Tupperware 1:00 S: Sparks 5:30	<b>7</b> N: Mini Franco S: Winter Coat Exchange 1:00 N: Craft Demo 7:00 S: After School Art 4-5:15	<b>8</b> N: Mini Franco N: Winter Coat Exchange 1:00 N: Strengthening Stepfamilies	<b>9</b> N: Mini Franco	<b>10</b>
<b>11</b>	<b>12</b> CENTRE CLOSED	<b>13</b> N: It's A Small World 9:30-11 N: Drop in 1-3 S: Sparks 5:30	<b>14</b> N: Mini Franco S: Herbalbly Yours 1:00 S: After School Art 4-5:15	<b>15</b> N: Children's Crafts 1:00 N: Strengthening Stepfamilies	<b>16</b> N: Mini Franco YUK YUK'S FUNDRAISER 7:30	<b>17</b>
<b>18</b>	<b>19</b> N: Care Bear Centre Osborne House S: Speaker 1:00	<b>20</b> N: Herbalbly Yours 1:00 S: Sparks 5:30	<b>21</b> N: Mini Franco S: Children's Crafts 1-2:30 S: After School Art 4-5:15	<b>22</b> N: Drop in 1-3 N: Strengthening Stepfamilies	<b>23</b> N: Mini Franco PLAYZONE	<b>24</b>
<b>25</b>	<b>26</b> N: Care Bear S: It's A Small World 9:30-11:00	<b>27</b> N: Drop in 1-3 S: Sparks 5:30	<b>28</b> N: Mini Franco S: Drop in 1-3 S: After School Art 4-5:15	<b>29</b> N: Drop in 1-3 N: Strengthening Stepfamilies	<b>30</b> N: Mini Franco	

**N&S It's A Small World** — Drop in for parents with kids 2 and under. Come and meet the babies in the neighborhood!

**N&S Herbalbly Yours** — come and learn the benefits of adding natural herbs to your program for healthy living.

**N Craft — PLASTIC CANVAS** — Margaret Arsenault will facilitate this workshop. Learn how to make a snowflake X-mas ornament. Please register by Thursday, Nov. 1. No

Fee. Kits will be available for purchase. Limit 10 participants.

**S Afterschool Children's Arts & Crafts** — for kids ages 6-9. Six weeks, Wednesdays 4-5:15. Kids will learn various art forms including mosaic, sculpture, clay, etc. Fee \$12.00.

**N&S Children's Crafts** — this month, kids will learn how to make an Octopus — a parent/child cooperative activity. \$1.00 first child, \$5.00 additional children, includes craft supplies,

coffee and snacks.

**S Dianne from Osborne House** will speak on issues of spousal abuse, including identifying abusive behaviour, and resources for individuals who are in abusive relationships.

**N&S PLAYZONE** — a wonderful outing for kids! Admission is \$3.00 per child. Bus leaves Lipsett Hall at 1:00 p.m. Leaves 54 Bourkewood at 1:15. Arrives at Playzone at 1:30, returns at 2:30. Book your spot on the bus now.

## BASE LIBRARY NEW BOOK LIST

The following new books are now available at the Base Library:

<i>Journey</i>	James Michener
<i>Memories of Midnight</i>	Sidney Sheldon
<i>Message From Nam</i>	Danielle Steel
<i>Scroll of Saqqara</i>	Pauline Gedge
<i>The Burden of Proof</i>	Scott Turrow
<i>The Women in His Life</i>	Barbara Bradford
<i>Tai Chi Handbook</i>	Herman Krauz
<i>Signing Made Easy</i>	Rod Butterworth
<i>Baby Play</i>	Pat Petrie
<i>A Baby Is Born</i>	Milton Levine, M.D.

The Base Library is open for your use at the following times:

Tuesday	6-9 p.m.
Wednesday	1-4 p.m. and 6-9 p.m.
Thursday	6-9 p.m.
Saturday	1-4 p.m.

# DOLLAR RENT A CAR

## WEEKEND SPECIALS

(204) 786-7895

Worldwide Reservations 1-800-421-6868

## FREE UPGRADE

Present this ad to Dollar Rent A Car Winnipeg and receive a one car class upgrade from the class you reserved. Subject to availability.

## FREE CUSTOMER PICK-UP

We will pick you up from anywhere in Winnipeg and give you a ride back upon completion of your rental. In some circumstances Dollar Rent A Car will deliver the car right to your door!

## LOW RATES ON NEW VEHICLES

Dollar Rent A Car features cars like the Ford Mustang, Chrysler Dynasty, and the Chevrolet Cavalier at incredibly low rates. CASH CUSTOMERS ACCEPTED!!



## NEW ARRIVALS



Puzzled about Manitoba License Plates?

- Fire Insurance?
- Contents?
- Pleasure Items?
- Life Insurance?

Obtain them at your Base Insurance Office in Main Rec Centre

BLDG 90 (REC CENTRE)  
WHYTEWORLD RD  
MONDAY TO FRIDAY  
8:30 AM TO 4:30 PM  
889-2204 888-4763



2255K NESS AVE  
MONDAY TO FRIDAY  
9 AM TO 5 PM  
SATURDAY  
10 AM TO 2 PM  
832-9114 831-9089

Call us or drop in to: **Baldwinson Agency**

## POLO PARK INN

ENJOY THE COMFORT AND CONVENIENCE OF ONE OF WINNIPEG'S NEWEST HOTELS...

SPECIAL ARMED FORCES RATES STARTING AT

# \$40.00

**POLO PARK INN**  
1405 ST. MATTHEWS AVE.

Call: **JANICE M. MORIN**

Sales & Marketing Manager

204-775-8791  
Telex: 07-55143

# Substantial Thanks Military Christian Fellowship

And when I heard and saw, I fell down to worship at the feet of the angel who showed me these things. Rev 22:8b

Have you experienced someone saying "thanks" and have gone away feeling that there wasn't much substance to it? And on some other occasion, have you heard the same word and known that it was deeply meaningful?

You and I both know that what makes the difference is the sincerity of the person expressing that gratitude. In some cases, they are not convinced that the basis for their thanks is meaningful enough — perhaps because the gesture was not gracious on our part. Of course, when the offering which evokes the thanks is of great significance in the eyes

of the recipient, then the takes on a more genuine and expressive nature.

Much of the Scripture reveals what God has, is, and will do for us (Psalms, Rev. etc.). Seek it out with a sincere heart. You will find yourself unable to contain the thanksgiving which wells up in your heart. Your gratitude may bring you to a worshipful level of thanks similar to that of John in the portion above! In this season, let us first offer our thanksgiving to God.

### Les Autochtones et Nous

La situation à Oka s'éternise. Les demandes des autochtones nous paraissent parfois extravagantes. Il n'y a aucun doute

que dans une certaine mesure, ils ont des revendications valables. Cependant, enfreindre la loi n'est pas la solution. La loi est pour tous à obéir "Vous aurez une seule et même législation pour les étrangers et pour les Israélites, car je suis le Seigneur votre Dieu" Lev 24:22.

Les autochtones sont souvent traités comme étrangers dans leur propre pays. L'Exode 22:20 dit "Vous ne devez pas maltraiter les étrangers installés chez vous...". Prions donc pour qu'une entente se fasse entre les autochtones et les autorités au plus tôt afin que personne ne soit blessé ou pire, que ce soit du côté des autochtones ou de nos soldats qui ont si bien fait jusqu'à maintenant.

# Contributions Recognized



The outstanding contributions of the late Mike Doyle, Chief Estimator at CFB Winnipeg for many years, were recognized by the Air Command Heritage Committee recently at a brief ceremony in the Bishop Building. A framed representation of the Battle of Britain Lace Tapestry, one of Mike's many successful projects, was presented to his wife, Chris, by the Chairman of the Heritage Committee, Colonel Loren Reynolds. Looking on are daughter, Karen Doyle and Captain Don Pearsons, Air Command Heritage Officer.

## CATHOLIC CHAPELS

### St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE  
Saturday: 1700 hrs/English  
Samedi: 1900 hrs/Français  
Sunday/Dimanches:  
1115 hrs/English

WEEKDAYS/EN SEMAINE  
Monday to Thursday inclusive  
Du lundi au jeudi  
inclusivement  
1500 hrs

### St. George (South Site)

SUNDAYS  
10:00 a.m.

WEEKDAYS  
Tue & Thu: 6:30 p.m.

## PROTESTANT CHAPELS

### The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

3rd Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC)  
- 1100 hrs - Divine Worship

### St. Andrew (South Site)

Sunday Service 10:00 a.m.



# Silver Heights Community Centre

All Westwin residents are invited to attend the new, weekly Sunday Night Bingo at Silver Heights Community Centre. Doors open at 6 p.m. Bingo starts at 7 p.m. Lots of free parking across Ness. Join us for Nevadas and Lucky 7, Early Bird and Nite Owl games. The jackpot increases each week!

October's Pre-teen Dance will be on Friday, October 26, from 7 - 9 p.m. Children from Grades 2 - 6 only, please. There will be a live band and prizes this month! Wear your costume! \$3.00 admission charge this month only. Parents are welcome! For further info, call Colleen at 837-1216.

Hallowe'en Social will be Saturday, October 27. Prizes for best costumes! Call 837-6818 for tickets and info.



INTERESTED  
IN AN  
ESTIMATE OF  
YOUR  
DISABILITY  
AND DEATH  
BENEFITS?

UNE  
EVALUATION  
DE VOS  
PRESTATIONS  
D'INVALIDITE  
ET DE DECES -  
CA VOUS  
INTERESSE?

COMPLETE THE  
SISIP  
PERSONALIZED  
ASSESSMENT FORM  
AND MAIL TO:

DIRECTORATE OF  
COMPENSATION  
DEVELOPMENT  
NATIONAL DEFENCE  
HEADQUARTERS  
MGEN PEARKES BUILDING  
OTTAWA, CANADA  
K1A 0K2

COMPLETEZ  
L'EVALUATION  
PERSONNALISEE DU  
RARM ET MALLEZ  
AU:

DIRECTORAT -  
DEVELOPPEMENT  
DE LA REMUNERATION  
QUARTIER GENERAL DE LA  
DEFENSE NATIONALE  
EDIFICE MGEN PEARKES  
OTTAWA, CANADA  
K1A 0K2

Yes, I would like to receive a personalized assessment surrounding SISIP Long Term Disability and/or Life Insurance coverages.

Oui, je veux qu'on m'envoie une évaluation personnalisée pour la protection d'invalidité prolongée ou d'assurance-vie du RARM, ou les deux.

The following information is required to prepare a personalized proposal for you.  
Les informations suivantes sont requises dans le but de vous préparer une demande personnalisée.

PLEASE PRINT / S'IL VOUS PLAÎT ÉCRIRE EN LETTRES MOULÉES.

Canadian Forces Member Information / Renseignements sur le membre des Forces canadiennes

S.I.N. N.A.S.	Rank Grade	Surname Nom de famille	First Name Prénom	Initials Initiales
Date of Birth: Date de naissance:	Day/Jour / Month/Mois / Year/Année		Have you smoked a cigarette in the last twelve months? Avez-vous fumé une cigarette au cours des douze derniers mois?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Street: Rue:			Home Phone: Tél. à domicile:	
City: Ville:			Work Phone: Tél. au travail:	
Province: Province:	Postal Code: Code Postal:			

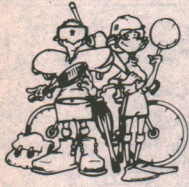
Spouse and dependents Information / Renseignements sur le conjoint et les personnes à charge

Surname: Nom de famille:	First: Prénom:	Initials: Initiales:
Date of Birth: Date de naissance:	Day/Jour / Month/Mois / Year/Année	Number of Dependent Children: Nombre d'enfants à charge:
Married: Marié(e):	Common-law Marriage: Union de fait:	Date of Marriage or Common-law Marriage: Date du mariage ou de l'union-libre:
Has your spouse smoked a cigarette in the last twelve months? Votre conjoint(e) a-t-il (elle) fumé une cigarette au cours des douze derniers mois?	Yes Oui	No Non
Is your spouse a CF member?: Votre conjoint est-il membre des FC?:	Yes Oui	No Non

Language preference: Langue de préférence:	English Anglais	French Français
-----------------------------------------------	--------------------	--------------------

DATE

SIGNATURE



# SPORTS ANNOUNCEMENTS

## Labatt's Lite 24 Hour Relay Race



First row left to right:  
 MWO Serge Brousseau, CWO Bob Byrne, Lt Kevin Morton, Cpl Mary Ann Lacasse, MWO Paul Ballam,  
 Cpl Lyle Punt, Pte Kevin Gilbert, MWO Gary Littlewood  
 Second row:  
 WO Randy Bond, Maj Mark Eckley, Pte Tom Stapleton, MWO Larry Herrod, BComd Col Armstrong, Capt  
 Speedy Fast, Maj Ray Webber, BCWO, CWO Scott, BPERO, Capt Swarbrick  
 Missing:  
 LCol Clarke Little, Capt Jake Bell, Capt Jennifer Taylor, Capt Wilf Debow, 2LT Tanya Schnare, WO Jim  
 Sirois

## Record Setting 395 km

On Monday, 1 Oct/90, the Base Commander presented the Championship T-Shirts to the base runners team for their athletic achievement in the Labatt's Lite 24 Hour Relay Race which was held on 11-12 Aug/90.

The team set a relay record running 395 km in 24 hrs, 27 kms ahead of their closest rivals.

The team was made up from members of 2PPCLI, Aircom and Base Winnipeg. Team ages ranged from 22 to 54 with the average being 38 years old.

Congratulations to all team members for a job well done!!

**LOW IMPACT AEROBICS**  
 LIPSETT HALL  
 NOV 5 - DEC 13  
 Mon, Wed, Thur — 6 weeks  
**\$20.00**  
 6:45 - 7:45  
 Come out and join the fun.  
**REGISTRATION**  
 6:00 NOV 5  
 Certified Instructor:  
 Tammy Berendsen

Personnel requiring a Rec Pass can purchase passes at the Rec Council Office Bldg 90 (Rec Centre North Site) on Tues & Thur 0900-1200 hrs. Rec Passes must be purchased prior to registration.

For further information contact the Peri Staff at Lipsett Hall. LOCAL 6183



Have a  
Safe and  
Happy  
Halloween

## Inter-Section Slo-Pitch Finals



In "A" Division action 2PPCLI beat BEME twice in the elimination round to become 1990 Slo Pitch Champs.

In "B" Division play 733 Comm Sqn defeated the BCOMPT/429 team to become the 1990 B Division Slo Pitch Champs.



2PPCLI 1990 Inter-Section Slow-Pitch Champions



The winning coach MCpl Scott (2PPCLI)



733 Comm Sqn 1990 "B" Division Champions



## Inter Section Floor Hockey



Maj Brazeau (BPSVCSO) drops the game ball to officially start 1990/91 season. Left Cpl Royer (733 Comm Sqn) Right Cpl Desormeaux (BTNO).

The Inter Section Floor Hockey League opened its season 1 Oct 90. 7 Teams compliment the league this year, with the old standbys ACOMD/1CEU/CE, Flyers, BTNO, 2 PPCLI, and 733 Comm Sqn will be returning. Two new teams Air Comd

Band/CFTMPC and BEME will also seek this year's title. Keep reading your sports page for league standings and the top scorer of each round.

Note: 733 Comm Sqn requires players. If you want to play contact Cpl Royer at 5007.

# Next Voxair Deadline Oct. 29

# CLASSIFIEDS

## EVERYBODY'S MARKETPLACE



**Babysitters**

Mother of two will watch your child in her St. James home. Meals, snacks, receipts and references. Will also do occasional evenings 1 year and up. Call 837-9237.



**Vehicles For Sale**

For Sale — 1986 CHEV CAVALIER, 2Dr., AT, PS, PD, AM Radio, Luggage rack, Michelin tires, light blue, 73,000 km. Asking \$5,100. Ph: 255-8722.

For Sale — 1963 TRIUMPH TR4, removable hard top, Rebuilt front end, new and used parts, manual and parts catalogue. No rust, new exhaust, knock-off wheels \$4300 OBO. Contact Cpl John Guntner. Home 831-1426 Work Loc 5660.



**Misc. For Sale**

For Sale — One silver YAMAHA 610 NATURAL SOUND STEREO AMPLIFIER, 195 watts RMS, dual VU meters, 8 speaker jacks. This amp is for the serious test pilot only. Price: only \$150. One LES PAUL PATERN ELECTRIC GUITAR, Cherry red with white pick guard and accents. Full controls include 3 pick-ups, volume and tone controls and 5-way selector switch. Comes with hard brown carrying case. Hardly used. Price: only \$199. Phone John after 4:00 p.m. 832-6749.

For Sale — Blue CANEX PARKA. Worn two winters, Size 38, \$50. Ph: 255-8722.



**Wanted**

Wanted — GARAGE STORAGE for vehicle November to March. Ph: 885-3572 evenings.



Born to  
Benoit & Betty Anne Jean  
25 September 1990  
at St. Boniface Hospital  
a 6 1/2 lb. baby girl  
(Melissa Chantale).

## Posting season is here!

We specialize in appliance servicing for your move, we offer a flat rate of \$40.00 plus tax for all your major and electrical appliances. Satisfying Winnipeg and the Military community for over 22 years.

Please, we need 24 hours notice

## Supreme Appliance

453-3545 — 453-3555

529 Osborne St., R3L 2B2  
Winnipeg

## MARY KAY COSMETICS

### OPEN HOUSE MEET & GREET

Friday, November 2 — 6-10 p.m.  
Saturday, November 3 — 10 a.m. - 6 p.m.  
Sunday, November 4 — 10 a.m. - 6 p.m.

Come one, Come all, and enjoy  
coffee, tea or eggnog with Donna.

151 GREENWAY CRES.  
UNIT 68, WPG., MB.

889-7000  
Door Prize Value \$61.00

The Deer Lodge Centre Auxiliary  
will hold a  
**"CHRISTMAS CRAFTS FAIR"**  
at the Centre,  
2109 Portage Avenue,  
on Saturday, November 3rd  
from 10:00 a.m. to 3:00 p.m.

As well as home baking and handicrafts, there will be craft demonstrations, wooden ware, jewelry, toys, Christmas decorations and a cookie gram booth. Everyone welcome. Parking off Woodlawn Street.

## POSTED TO EDMONTON?

I specialize in Military relocation. Call me collect for a package of area, mortgage and real estate information.

Canada Trust Realtor

Canada Trust Realtor  
Val Heuman  
457-2424 or 456-6919



"Fresh Baked Daily"

SPECIALIZING IN: A Wide Variety of Donuts, Pastries,  
Sweet Buns

CHEF'S SPECIAL: Soup, Sandwiches, Tea, Coffee  
& Hot Chocolate

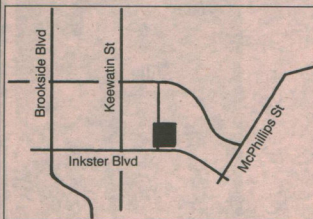
Open 24 Hours Daily • 3263 Portage Ave.

## HOUSEHOLD STORAGE

**10% OFF** For  
\*Military Personnel

**Well Constructed  
and Secured**

Concrete Exterior  
Steel/Concrete Dividing Walls  
Overhead Doors  
Individually Lighted  
Sizes Range 5'x5' - 10'x30'  
Fenced Perimeter  
Controlled Entry  
Management On Site  
Guard Dog



**694-9578**

**SENTINEL**



SELF-STORAGE

\*Must produce military ID to be eligible



Welcome...

## ST. JAMES LEGION

BRANCH No. 4  
ROYAL CANADIAN LEGION  
1755 PORTAGE AVE.  
WINNIPEG, MANITOBA

BINGO  
EVERY WED.-FRI. & SAT. 8 P.M.

DANCING  
TO LIVE BANDS  
EVERY THUR.-FRI. & SAT.  
9-1 A.M.

MEAT DRAWS  
EVERY SAT. 2 P.M.-5 P.M.



## I SELL HAPPINESS



LYLE McDUGALL  
774-4581

# LET'S TALK G.S.T.

(Goods & Service Tax)

Dear Valued Customer,

I am very happy to announce that I am able to offer you great G.S.T. savings "Right Now" whether the bill is passed into law or not.

Chrysler Canada Ltd. has a Chrysler Fall Savings program #91/23 which has rebates on all 1990 or 1991 models up to \$1000 or 10.9 financing OAC, up to 48 months.

Plus Chrysler Canada "Great Savings Today" Program #91/24, which provides you the customer with advance savings of up to \$1400. That is approximately what you might save should the G.S.T. become law.

Plus we "Need" your trade and are paying top dollars for good cars and trucks.

These are three good reasons why you should come and see me now about purchasing your new vehicle.

Yours sincerely,  
Lyle McDougall  
Midway Chrysler Plymouth Ltd.

**JACK  
MACIVER'S  
MIDWAY CHRYSLER**  
Know What Counts...now count on us this Decade!



Lyle's Hotline 774-4581 730 Portage Avenue

You'll Love Our Service  
We Want to Earn Your  
Business

## ST. JAMES TV

SALES & SERVICE




- COMPLETE SERVICE TO ALL MAKES
- FREE IN-STORE ESTIMATES
- TELEVISION
- VCR

**888-1189** The quality goes in before the name goes on! **837-9554**  
 2727 PORTAGE AVENUE — COURTS OF ST. JAMES

## CHAPMAN, GODDARD, KAGAN

Lawyers and Notaries  
 1864 Portage Ave., Winnipeg, Manitoba  
 R3J 0H2  
 PHONE: 888-7973

George Chapman      Alan Goddard  
 Donna Kagan          Kelly Land  
 George Derwin        Allan Francis

G.T. CHAPMAN, Q.C. (1923-1985)

Representing Buyers & Sellers of Real Estate in the St. James Area for over 60 Years.

# REAL ESTATE DIRECTORY



**Professional Real Estate Service  
 Coast to Coast**

## Pearl Langen



RE/MAX REAL ESTATE INC.  
 300-3025 Portage Ave.  
 Winnipeg, Manitoba R3K 2E2  
 Bus: (204) 837-7000 — 24 hrs.  
 Res: (204) 837-6397



## Carole McCullough

Sales Representative  
 Forest Park Mall  
 3900 Grant Avenue  
 Winnipeg, Man. R3R 3C2  
 Phone (204) 889-8812 (24 hours)

**Leader Club**

## Canada Trust Realtor




**GOOD FOR ONE HOUSE  
 MARKET EVALUATION  
 AT NO OBLIGATION  
 HOUSE HUNTING? CALL ME!**



BUS: 774-5517  
 RES: 452-6722

Christina Anne Ogg  
 Former DND Employee

1-794 SARGENT AVE., WPG., MAN. R3E 0B7



## RE/MAX

real estate inc.  
 (204) 837-7000 24 hrs.



orv  
 malcomson, CD

300-3025 portage avenue, winnipeg, mb r3k 2e2

• knowledge • integrity • service • satisfaction •

## QUALITY IS NO ACCIDENT

*The Place "Where You're the Boss"*

AT  **MIDWAY**  
 CHRYSLER PLYMOUTH LTD.

**730 PORTAGE 774-4581**



ABE FLAMING  
 Body Shop Mgr.

- ALL MAKES REPAIRED
- ALIGNMENT & FRAME
- QUALITY WORKMANSHIP GUARANTEED
- MECHANICAL REPAIRS
- WINDSHIELD & GLASS REPLACEMENTS
- DOWN DRAFT SPRAY BOOTH

Alternate Transportation Available





## For Complete Real Estate Services Coast to Coast



Call Mary or Grant Clements C.D., FRI  
 RCAF/CAF RETIRED



RE/MAX REAL ESTATE INC.  
 4910 Roblin Blvd., Winnipeg, Manitoba  
 885-5948 (24 hours) Office — 895-9036 Res.



## MARI GOLD

CHINESE AND AMERICAN DISHES,  
 FINE DINING & COCKTAILS,  
 BANQUET FACILITIES AVAILABLE  
 8 LOCATIONS TO SERVE YOU AT:

245 King St. (Chinatown) — 944-9400      718 Osborne Street — 474-2401  
 1041 McPhillips — 589-7369              885 Henderson — 661-3135  
 2591 Portage Avenue — 888-5665        1755 Pembina — 261-9241  
 487 St. Mary's Road — 233-1453        1380 Ellice — 783-1067



## POWER REALTY INC.




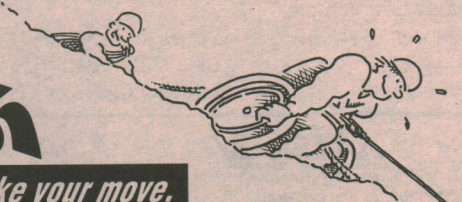
Richard & Clara  
 Mitchell

- Military Postings Our Specialty
- Residential, Investment & Commercial Real Estate
- VIP™ Relocation Service
- For all your real estate needs put the winning team to work for you!

RICHARD & CLARA MITCHELL — CALL FOR AN EVALUATION OF YOUR HOME  
 (204) 452-5252 — 24 Hours



THE LARGEST REAL ESTATE ORGANIZATION IN THE WORLD.  
 EACH OFFICE IS INDEPENDENTLY OWNED AND OPERATED.  
 and (TM) trademarks of Century 21 Real Estate Corporation.

**Make your move.**