

CFB/BFC Winnipeg
 24 October 1990



2 PPCLI Change of Command

On September 20 1990 the Second Battalion PPCLI staged a change of command parade at Kapyong Barracks. The outgoing CO, Lt-Col W.G.S. Sutherland, turned over his command to Lt-Col J.M. Lapeyre.

The parade was preceded by the usual rehearsals and practices. The Battalion had the honour of staging its dress rehearsal for the Col of the Regiment, B Gen Graham.

After the rehearsals and practices came the day for the actual parade. The troops had worked diligently to put on their best performance for the out going CO. The final results were impressive. After the arrival of the Reviewing Officer, B Gen. Vernon Comd 1CBG, the Battalion was marched past with Lt-Col W.G.S. Sutherland leading. Once

the Battalion was halted, the signing of the Change of Comd documents took place. At this point both Lt-Col Sutherland and Lt-Col Lapeyre had the opportunity to say a few words to the soldiers on parade.

B Gen Vernon added his own words to praise the performance of the soldiers, not only on the parade square, but also on both field exercises and in the service of peace in Cyprus.

Once the speeches were over Lt-Col Lapeyre assumed command of the parade and the Battalion was marched past Lt-Col Sutherland as a last farewell. After being marched off the parade square, the troops retired to their respective messes to say more personal good byes to Lt-Col Sutherland. Having said their good byes the Battalion headed off on their well deserved post Cyprus leave.

Leave is now over and the Battalion is ready to set about proving once again, as Lt-Col Lapeyre said, that the Battalion is "second in name, second in number, but always second to none."



CO LCol J.M. Lapeyre (L) is shown receiving the Commanding Officer's Sword from LCol W.G.S. Sutherland (R).

429 Sqn in the Middle East

Early in October, five members of 429 Squadron Detachment Winnipeg departed for Qatar in the Middle East. Major D. Thain, Captain C. Gallego, Lieutenant D. Belliveau, Sergeant R. Bourquin and Master Corporal G. Pullen joined fellow squadron members from Trenton in one of the largest airlifts in recent memory. Flying the CC130 Hercules Aircraft, our personnel are part of the overall Air Transport Group Effort to deploy 18

Canadian CF-18s to Qatar. This squadron of CF-18s will provide air support to the three Canadian ships currently enforcing a United Nations sanctioned sea blockade of Iraq.

The deployment will involve several round trips from the CF-18 home base of Baden-Sollengin and Lahr in West Germany via a staging base in the Mediterranean Ocean and then into Qatar.



Aircraft #310 was deployed with the 429 Sqn Det.

OUR GOAL

\$55,000



United Way

as of 16 Oct. 90

MQ Beautification Contest



MWO Larry Herrod, 261 Ubique Cres, receives his First Prize of \$150 from LCol Forestell, BADMO, for the fine display of flowers and ornaments Larry and Maria had around their MQ this summer.



Maj John Learmond and his wife Paula receive their cheque for \$100, second prize in this year's MQ Beautification Contest. John and Paula live at 480 Sharp Blvd, a real showplace.



PO2 Ted Scott gets ready to hand a cheque for \$50 over to his better half. Ted and Shirley won third prize in the MQ Beautification Contest for the work they did to make 26 Braitree a nicer place to live.



music reviews and syndicated columnist

Rap Makes Strides Music's Ever Changing Scene

A year ago, chances are, no one buying records in Canada had even heard of M.C. Hammer. Today, he has broken numerous records (not the playing kind) for debut sales (now in excess of five million) length of time at the number one spot (17 weeks); and the etceteras go on and on. "Please Hammer Don't Hurt 'Em" has held off the competition for over four consecutive months.

Hottest releases with a chance to knock the Hammer out of the top spot goes to Prince's "Graffiti Bridge", ex-Wham's George Michael for his "Listen Without Prejudice" and really very little else. However, there are a lot of hot products hitting the shelves these days and they run the musical gamut from rap, hip-hop and house to smooth pop and traditional country.

One of the biggest chart surprises is Garth Brooks' "No Fences" which falls into the traditional country genre but has set a

blistering sales pattern that has the release showing up top-40 pop after two weeks. One of the smoothest sets is Breathe's "Peace of Mind" which melds AC with MOR to come up with something that cuts a wide swath thru the demographics.

Heavy metal is even well represented with the Queensryche "Empire" release and Roger Waters' "The Wall - Live In Berlin" will give listeners an opportunity to find out what all the talk about Pink Floyd was about. When 2 Live Crew released their "Nasty As They Wanna Be" it set all kinds of wheels in motion to have the record banned. Their follow-up, "Banned In The U.S.A." has fallen short of the predicted sales figure however, with Luke getting so much press attention you may see 'banned' ending up with platinum sales to match 'nasty'.

Just an example of how the



Smooth-as-silk vocals highlight Breathe's "Peace of Mind". AC & MOR combine with synth-pop for hit offering.

charts are not following any particular pattern can be seen by the hottest single, notably that of ex-Righteous Brothers Bill Medley and Bobby Hatfield's re-vival of their own "Unchained Melody". This blast from the past is currently blasting its way into the top ten.

In the hot new release department (which includes the list of cassettes/CDs that you can't live without) INXS' "X" which includes their latest smash "Suicide Blonde"; Randy Travis' "Heroes & Friends" which sees the current king of country joined by Dolly Parton, Willie Nelson, Merle Haggard, et al; The Judds' "Love Can Build A Bridge" is the best yet from this mother/daughter combo. Hard to believe Kenny & Dolly singing about teen-age angst as they revive Mickey & Sylvia's "Love Is Strange". Column space is at a premium, gotta run!

Congratulations Base Lottery Winners



- 5 Sep 90-\$150 WO Kardynal - AIRCOM/MILE
- 12 Sep 90-\$150 Pte Linthorne - BFoods
- 19 Sep 90-\$150 Cpl Roberge-Boily - BOR
- 26 Sep 90-\$150 Maj Carpenter - BopsO
- 3 Oct 90-\$150 Sgt Fairweather - BOps
- 10 Oct 90-\$600 Sgt Boulay - BSup

Draws are held every Wednesday morning at Base Headquarters, and the winners are advised by telephone. Memberships are still available — to join call Joyce, BAdMO Secretary at 5860 or drop by Base Headquarters Bldg 86 Room 234 and sign up. Fees are \$1 per week and are payable by pay allotment, cash, cheque or money order. By joining now you could be the next winner!



FOLLOWING THE CANADIAN FORCES

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BASE RECREATION LIBRARY HOURS

TUES., WED., THURS.
6:00-9:00 p.m.

WEDNESDAY
1:00-4:00 p.m.

SATURDAYS
1:00-4:00 p.m.

New Location
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Honours & Awards Committee Write It Up

Merit Boards have finished sitting for another year and the usual comment is heard from those fortunate enough to sit on one: there are a lot of men and women in this organization who contribute well beyond simply doing their job. Many start or strengthen community programs, many get a new sport going at their base, such as the golf course at Winnipeg, and many improve the efficiency and quality of life around the work-place. Normally, the volunteers who get things done are also good at their primary job and are strong influences at work, at home and in the community. The old adage generally rings true that "If you want something done, give the job to a busy person."

Merit Boards see many files of people who contribute so much but are not able to reward them all with promotions. And that's not necessarily a bad thing either. There are other ways to recognize unselfish contributions made by civilian and service members of this Base. Commendations can be awarded at every level of the chain right from the Base, the

Group and Command, even to the level of the CDS Commendation. On the civilian side, there are a number of awards available: the Award of Excellence; Merit Award; Outstanding Achievement Award; and finally the Deputy Minister Commendation.

The ultimate honour or award for Regular and Reserve Force personnel is the Order of Military Merit. A board sits twice yearly to consider submissions and select members to receive the CMM, OMM or MMM. To receive this recognition, two events must take place. First, the member must be recognized for conspicuous merit and exceptional service, clearly only a few will earn such recognition. As important as performing such meritorious service is the critical responsibility which falls upon the member's supervisor. The boss must document the member's performance and write the submission to the board. That's where the problem lies! The Merit Boards know that a number of Service personnel have contributed exceptional service. So where are the nominations!



The Base Commander's Commendation was presented to Captain (Ret'd) George Simmons. Capt Simmons received the award as a result of his work with the drug and alcohol education programme at Winnipeg. His work as Drug and Alcohol Coordinator spanned an unbroken period of more than a decade.

The Base Honours and Awards Committee will provide guidance and assistance in preparing submissions whether it is for Base, Group, Command or NDHQ level awards, military or civilian. Now is the time to get ORMM submissions started as they must be completed at the Base level by November to reach NDHQ in time. If you need help, just contact any one of the following:

LCol D. Peart	CFSAS	5237
Maj M. Moore	BCEO	5416
Capt P. Wolfe-Milner	BATCO	5482
CWO R.L. Scott	BCWO	5744
CWO J. Genovoy	BAME CWO	6586
Mrs. S. Fournier	Asst BCPO	5585
Mr M. Marsh	BCE	5477

-H&AC

BOR News



LCol J.M. Forestall, B Adm O, presenting Pte Niven with her Cpl Hooks upon her accelerated promotion effective 1 Oct 90. (Linda, don't look so happy!)

On the 28th of September an event seldom seen in the BOR occurred. One of our very own administrative experts was accelerated promoted to Cpl. The lucky recipient was none other than Pte (Linda) Niven. Rumor has it Linda wasted no time spending her ten month advance in pay, apparently her car decided it was time to go to the shop. Congratulations Linda!

Other items of interest around the BOR include a long awaited holiday by MCpl (Marg) Allen. Marg will be heading off to the wonderfully sunny (not cold) capital of Honduras. Have a great time Marg and don't forget to pack your flakjacket! As well, MCpl (Laura) Taylor is looking forward to a fun filled JLC in

CFB Summerside. We are not exactly sure how she managed to take her course there instead of everyone's favourite hot spot CFB Penhold. It certainly couldn't have anything to do with her employment as 2IC R & D, could it? Have fun Laura!

Unfortunately this copy has to end as Base Exercises will soon be upon us (we think). But before I run this over to the VOXAIR, there is one peculiarity about our Base Supt Clk that all would-be visitors to the BOR should know. His favourite pastime is watching people's hair grow. It's a rather strange pre-occupation, but one that he avidly enjoys.

Have a good Exercise.
by Cpl (Les) Brown

ARG HQ Base Appreciation Day BBQ



Happy Chefs at Air Reserve Group Headquarters

On 6 September 1990 Air Reserve Group Headquarters held a Base Appreciation Day Bar-B-Que. The occasion was conducted to extend the Headquarters appreciation for the excellent support it is receiving from the various base agencies.

The Headquarters is located in Building 52, the old Canex warehouse. The building has a large loading dock attached to it, which makes for an ideal location to hold a Bar-B-Que. Among the invited guests were MGen J.R. Chisholm, recent Deputy Commander, Air Command, accompanied by the Command Chief Warrant Officer, the Base Commander, various branch heads of CFB Winnipeg and the Base Chief Warrant Officer.

JUNIOR RANKS MESS (N) HALLOWEEN DANCE

DATE: Friday, 26 October 90
TIME: 2000 - 0200 hrs
MUSIC: DJ - Rick Enns
FOOD: Fast food to be ordered!
DRESS: Costume
ADMISSION: Members - \$1.00
Non-Members - \$2.00

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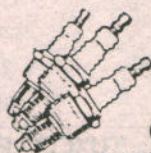
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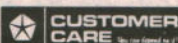
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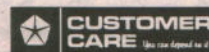
FROM \$49⁹⁵ (FOR 4-6 CYL.) PARTS EXTRA



BOTTOMS UP

4x4 INSP.

19⁹⁵



73 Comm Group Annual Golf Tournament

The 73 Communication Group annual golf tournament was held at CFB Shilo on the 6-7 September 90. The tournament was designed to establish the team that would represent 73 Comm Gp at the Command Championship to be held at CFB Trenton later on in the month. Additionally, and perhaps foremost, the tournament served to foster increased good relations within 73 Comm Gp between members of the various regular and reserve units extending from Thunder Bay, Ont to Regina, Sask.

The tournament was hosted by 731 Comm Sqn Shilo, under

command of Maj Simon Arcand. The Commander of 73 Comm Gp, LCol Geoff Hodgson, was on hand at the opening ceremonies to "strike" the first ball and rumours are that he played that same ball for two days. (some say it never went far enough to lose). The Group Chief, CWO Shorty Watkins competed head to head with the Commander throughout the tournament and witnesses reported seeing him deep in the woods with a map, compass and "foot wedge" as he tried desperately to gain the upper hand. Apparently good sense prevailed and the Chief succumbed to the

pressure allowing the Commander to win.

Other individual efforts resulted in MCpl Earl Everett of Comm Sqn Shilo winning the longest drive for men and MCpl Kim Partridge of Comm Sqn Winnipeg winning for the ladies. Closest to the pin awards went to Cpl Bruno Rosa of Comm Sqn Winnipeg and WO Denny Williams of Comm Gp HQ. Pte Holly Riene of Res Comm Sqn Regina walked away with the most honest golfer award. The overall champions were Sgt Guy Richer of Comm Sqn Shilo winning low gross and MWO Dave Dunbar winning low net. The 1990 team that went on to represent 73 Comm Gp in Trenton (with limited success, I might add) consisted of Sgt Guy Richer, Sgt Wayne Walker and MCpl Earl Everett of Comm Sqn Shilo, MWO Mario Isabelle and WO Denny Williams of Comm Gp HQ and WO TR McKay from Thunder Bay (HQ Det).

The Comm Sqn Shilo SWO, MWO Herb Elhorn, laid on some great weather for the tournament which only helped to make the event a resounding success. New friendships were kindled and old acquaintances renewed and we look forward to next year's tournament being an even greater success.



73 Comm Gp Golf team 1990 (from left to right), WO McKay, Sgt Walker, WO Williams, Sgt Richer, MCpl Everett, MWO Isabelle, WO Kulchinski (spare)

Promotions!



Maj Doug Brazeau, BPSvcsO, presents MS Barry Clarke with his promotion to MS effective 01 Aug 90.



WO Keith Patterson was presented with his promotion to WO effective 01 Aug 90.



Sgt Niel Jorgensen was presented with his promotion to Sgt effective 01 Aug 90.

The Meaning of the United Way Symbol

During campaign time the United Way symbol is seen everywhere — but what does it mean?

It's called the helping hand symbol, and it is used by United Way organizations all across Canada, the United States, and many other countries around the world.



The rainbow represents the hope for a secure and happy future which comes from the valuable services provided through your gifts.



The person at the centre represents the giver of help — you the donor — as well as the people receiving the services they need from United Way agencies.



And the hand is the hand of help extended by the donors, whose gifts ensure a helping hand to the millions of people who count on United Way services to

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If you find mistakes in this publication, please realize that they are there for a purpose. We try to publish something for everyone, and some people are always looking for mistakes!

CFANS Update



The Officer's Mess was the scene of an unusual gathering on Fri 12 Oct. The CFANS Tacky Tourist Party drew "tourists" from all over the country. We hosted Miami Vice types, nerds with white tape holding their black rim eye glasses together, ladies dressed to kill unsuspecting nav students and even a long-haired hippy freak that looked like he crawled out of some cave on Hornby Island. The party lasted to the wee hours of the morning and a good time was had by all. We eagerly await the announcement of the next such event.

Meanwhile some tourists of our own flew Gonzo to Greenwood, N.S. and then continued to the Naval Air Station in Jackson-

ville, Fla. for an Open House on 13 and 14 Oct. The CT-142, no doubt, was a hit as no other aircraft looks quite like Gonzo. The crew had not returned by press time for this edition. Perhaps their exploits will appear in the next edition if any information is volunteered.

That same weekend the navigation skills of CFANS staff were challenged to find the residence of Capt Tom Walls of CFS. Uncle Tom needed strong young bodies (there aren't any at CFS) to make his Barn Raising and Chili Fest a success. Participants were told to BYOH and can now be identified by their blue thumbs, right Bert! (that's hammer for those who haven't figured it out yet).

The CFANS student/staff

Saturday Night Hockey Season opened up on 13 Oct at Vimy Arena. Interested individuals are reminded that this is a fun night, ie. talent is not a prerequisite, and the games begin at 21:50.

Basic Air Navigation Course 8907 received their wings in ceremonies held in Bldg 21 on 18 Oct 90. The Reviewing Officer for the parade was BGen C.R. Thibault, CD, Chief of Staff Personnel and Training at Air Command. See the next edition for photographs of the event.

Central Flying School Presentations



Capt Peter Shoemith of the CFS Standards Staff was presented his CDI by LCol Stu Baines, Comdt CFS on 27 Aug 90.

Canadian Diabetes Association Annual Appeal Kick Off

On November 1, 1990 the Canadian Diabetes Association will kick off the third annual door to door canvass

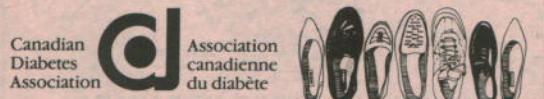
Diabetes affects the body's ability to use energy. It is estimated that more than 600,000 Canadians have diabetes. An additional 600,000 people have the condition and do not know it. Of the people diagnosed with diabetes, almost 20% are insulin de-

pendent. Insulin is a control for diabetes, not a cure. Complications arising from diabetes make it the third leading cause of death among Canadians. People with diabetes are susceptible to blindness (leading cause of new cases), kidney failure (diagnosed 17 times more than in non diabetics), heart disease and stroke (underlying cause of 50% of heart attacks and strokes).

As the search for a cure continues, research and services to people affected by diabetes must be financed. To meet these commitments, the Canadian Diabetes Association depends on a successful annual campaign. We need 1,800 volunteers. We need you to volunteer two hours to canvass your neighbourhood.

Please help Fill the volunteer shoes.

For information, call 943-7529 or 943-6303.



We need you to volunteer to canvass your neighbourhood
November 7, 1990 is Blitz Night
 For information call 943-7529

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Maj Deschênes, OC LTC, congratulates MS Rex Clarke on his recent promotion.

Le major Deschênes, Cmdt CFL, félicite le Matelot-chef Rex Clarke de sa récente promotion.



Congratulations WO Dave Gingras on your recent promotion.

Félicitations à l'adjudant Dave Gingras pour sa promotion.



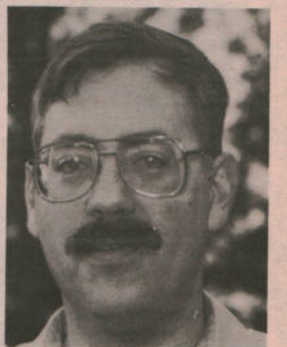
Congratulations Maj Steve Kummel on your recent promotion.

Félicitations au major Steve Kummel pour sa promotion.



Maj Paul Deschênes, OC LTC, presented CDs to (left) Sgt Leonard O'Brien, a student at LTC and to (right) MCpl Ken Prescott, on staff at LTC.

Le major Paul Deschênes, Cmdt CFL, a présenté la Décoration des Forces canadiennes à un étudiant (à gauche) le sergent Leonard O'Brien et à un membre du personnel du CFL (à droite) le Caporal-chef Ken Prescott.



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CFS MET - Promotions, Awards and Grads



Met Tech 121 QL5A Course

Left to Right
 BR - Mr B. Boughton, Pte Dupuis, Pte Krienke, Cpl Dawson, Cpl McLellan, Sgt Kennedy (Instr.)
 MR - L. Richard (Instr.), Mr B. Konzelman (Instr.), Cpl Totten, Pte Marion, Pte Vallis, Cpl Cox, Cpl Allan,
 WO Germain (CC)
 FR - CWO Dupuis (SWO), Mr W. Hartman (Comdt), Maj S.T.W. Sakalak (guest of honour), Miss D. Quinn (CI)
 Meteorological Technician Course QL5A 900L
 QL5A graduates are employed throughout the Canadian Weather Service by providing weather information in support of land, sea and air operations. Most graduates are destined for a tour of duty on Her Majesty's Canadian Ships, while other graduates support upper air operations for Artillery Battalions.



Sgt. S. Swanson, an instructor at the Canadian Forces School of Meteorology was promoted to that rank while attending the present in-house course QL6A 9002. "Note" are there advantages to being an instructor?



Promoted: Sgt E. Muisse, an instructor at the Canadian Forces School of Meteorology is congratulated on his recent promotion to that rank.



Promoted: Sgt K.K. Skulmoski, a student attending the in-house QL6A Course 9002, was promoted to that rank. Sgt Skulmoski is on temporary duty from CFB Edmonton.

CF Suggestion Award Given



MET INST SPECIALIST CRSE 9001

Left - Right
 Back Row - Sgt Schull, Sgt Noseworthy, WO Germain (Instr), WO Uhryn, WO Barrio
 Front Row - MWO Roy (Instr/CC), Mr Hartman (Comdt), CWO Dupuis (SWO)

Cpl G.S. Lemer from CFSMET received a cheque as recipient of the Canadian Forces Suggestion Award.

Cpl Lemer was selected for the Suggestion Award because of his proposal in eliminating the risk of injury to personnel and damage to equipment resulting in the transporting of compressed helium cylinders in the daily operations of a Canadian Forces Weather Office.



MET INST SPECIALIST CRSE 9002

Left - Right
 WO Osmond, WO Germain (Inst), MWO Roy (Inst/CC), Mr Hartman (Comdt) Mr Boughton (A/CI, CSO), WO Barnes, WO Houde, Sgt Ahern

Base Transport Driver of the Month



Capt Parkinson, MSEO, presenting Cpl O'Donnell with the Driver of the Month Award for August. Cpl O'Donnell also won the award in April. Congratulations!

CALLING ALL HIGHLANDERS!

1891



1991

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 100TH ANNIVERSARY REUNION
 16-19 MAY, 1991

This is an invitation to all members of the 48th Highlanders, their friends and families, to join in celebrating the 100th Anniversary of the raising of the Regiment. The Reunion will be held in Toronto over four days from 16th to 19th of May, 1991. During that year many events are planned as part of the celebration.

Plan to join us in celebrating "A Century of Faithful Service". Just call the number shown below to register now. We'll send you all the information about this historic reunion and hope to welcome you in 1991.

PIPES AND DRUMS BALL (Feb.) • GALA, ROY THOMSON HALL (Apr.)
 COLOUR PARADE (May) • CITY HALL RECEPTION (Sept.)
 REGIMENTAL BALL (Oct.)

CALL US NOW AT 1-(416)-466-0072

From the Hangar Doors



The month of July was good to the BAMEO Organization with several technicians being promoted. From left to right with their new ranks: Sgt Wright, MWO Paquet, MCpl Reinguette, Sgt Ries, MCpl Otto and WO Cancilla.



MWO Joe Klein is being presented his new rank by Maj. Davies, BAMEO. Joe worked in ASO as Crew Chief of Crew #2. His promotion earned him a new job as Deputy Training Officer in 402 Sqn where he will help to set up and administer Dash 8 courses.



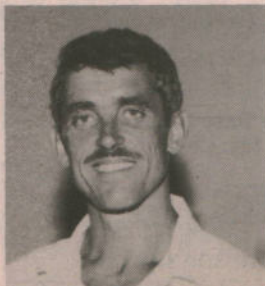
MWO Paquet, Deputy Aircraft Maintenance Support Officer, was presented with his new rank.



Sgt Wright, Senior NCO on #3 Crew in ASO, was recently promoted.



Cpl Aplin-McCorriston was recently presented with her new rank. Christine is an Instrument Electrical Technician on #1 Crew in the Aircraft Servicing Organization.



To the sailors and air force personnel aboard:

Athabaskan
Terra Nova
Protecteur

our prayers are with you. May your protecting the peace keep the peace.

We've been doing so many trades within and without BAMEO that we should be in the Sports section of the papers. MWO Paquet walks upstairs to become the Deputy Maintenance Support Officer. Taking his place as Boss of 3 Crew is WO Dostie. Sgt Yves Rivet leaves as foreman of avionic techs in the same crew temporarily as he undertakes his TQ6A and after that his Maintenance Manager's Course (he might get home by Christmas); taking his place is Sgt Mike Owen, lent from 1 Crew.

This is a tricky time of year for BAMEO. Experienced hands are gone, and, while our new arrivals have distant memories of Tutors in Borden, and some have had some experience of Hercules or Dash 8's, it's still a time to exert a lot of patience, to work your way into the comraderie of your workmates (which varies from several guys in Labs to 45 man crews in Servicing)... and to learn a lot, and fast!

Remember, when I say "learn", I'm not just talking about procedures or office equipment.

I'm talking about machines with tens of thousands of parts, miles of wires and tubing, and how all of this mess is put together to fly human beings tens of thousands of feet up in the air. Not to mention that with (so far) three very different types of aircraft stationed here, AND with Winnipeg being one of THE servicing points for the CAF, AND with Reservists working with Regulars to a major degree (this is still a mindblower for more than a few Regular arrivees) it can be an awesome time for our new people. To say this is a time requiring "understanding" is quite an understatement.

Hyperbole? Try managing our "blister" during the early weekday morning hours, and you'll see what I mean. Just when you've got everybody below Sgt out there towing those airplanes here, these airplanes there, get those pre-flight checks done in 15, no, 5 minutes... and isn't that Here snag fixed yet for that morning flight... Then you get the call that a certain Dash 8, just put in Spot A, has to be put in Spot B. Tout-de-suite. Ah well, never gets boring in the wee hours. And now, to our new arrivals. Hello and welcome to M/Cpl Cole, MCpl Piccott, MCpl Nicol, and MCpl Fossen (Baden), to MCpl Pridham, MCpl Corloy and Cpl Brown (Lahr), to Sgt Starks

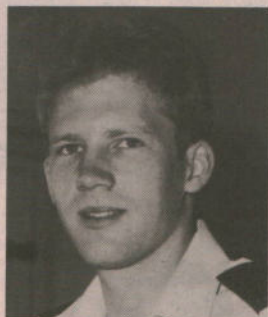
(Summerside), to Cpl Sideen, Pte Guimond, MCpl Fritsch and Cpl Jones (Moose Jaw), to Cpl Stewart, Cpl Tobin, and Cpl Traub (Trenton), to Sgt Brian, MCpl Scott, and Cpl Sawchuk (Cold Lake), to Cpl Leclair and Cpl Ross (North Bay), to Sgt Dube (St. Jean), to Sgt London, Cpl Rivest and MCpl Romer (Greenwood), to Cpl Rekrut (our first air force arrival from, ready? Esquimalt), to Cpl Charbonneau and Cpl Chartier (Valcartier), to Cpl Spicer (Petawawa), to Sgt Herlick and Cpl Beauchemin (Edmonton), to Cpl Watt (Gagetown), to Cpl Hawkins (Shilo), and Maj Davies. Maj Davies comes from CFCS in Toronto...

... and is our new BAMEO! Welcome aboard sir! We have two other new officers: welcome, Lt James and Lt Talbot. And how's this for expertise: WO Livinston from CFSATE (where all little techs come from) in Borden. We also are getting people from right here in Winnipeg. Hellos to Cpl Bigos and Cpl Gomes. Last but not least, we have a good number of new technicians from CFSATE. Welcome are: Pte Gervais, Pte Doucet, Pte Fleming, Pte McKie, Pte Culshaw and Pte Anklewich. Ahh, fresh faces for BDF! Whew! Well, it's getting late, and it's time to lock up and secure the doors. Until later,

O.L.Y. Rag



Pte(T) Gilley was recently promoted. Pte(T) Gilley is an Instrument Electrical technician on #1 Crew.



Congratulations Cpl McCorrison on your recent promotion. Cpl McCorrison is a Communications and Radar Systems technician in the labs in AMSO.



On the Base Commanders Parade, 23 Aug 1990, the three BAMEO personnel shown in the picture from left to right, MWO Stan Schneider, WO Jim Hooley and Sgt Don Ferguson were presented with the second clasp to the Canadian Forces Decoration effective 2 Aug 1990, and represented 96 accumulative years. Most notable of this event is, all three members graduated from the same Basic Training course #5831 at RCAF Stn St Jean P.Q. in the Fall of 1958. Thirty-two years later, after having served separately on a variety of Bases, they received the above award on the same parade and worked in the same section (AMSO) in the same Unit (BAMEO).

Sgt London was presented his new rank. Sgt London arrived in Winnipeg this summer from Greenwood as a Sgt wearing MCpl's rank. The paperwork finally came in and hopefully so did the pay. Sgt London is the Technical Adjutant in the Aircraft Servicing Organization.



Congratulations MCpl Appleton on your new rank. Steve works in Workshops in AMSO.

Family Support Centre Activities



Carol L. Barton Dir.

Mark your calendar now for November 16! This is the night that the Family Support Centre is hosting a fundraiser at Yuk Yuk's Comedy Club — 108 Osborne Street. The event begins at 7:30. Tickets are available from Joan Robertson at 885-3969, Lt. Brian Quick, Bldg. 86 at 833-5323 or from the Family Support Centre — Monday and Wednesday — 1822 Corydon - 488-4161 and Tuesday and Thursday, 54 Bourkewood Place - 837-8443. Tickets are only \$7.00.

Thrift Shop News — Many women are busy preparing for the opening of a Thrift Shop at the Family Support Centre on Corydon. Drop off time is Monday mornings. The tentative days of operation are Tuesday afternoon and Thursday evening.

Watch for Jets Tickets Raffles coming soon.

If you require more information on any of our programs please call the numbers listed below:

Director, Family Support Centre
Carol L. Barton
M & W 488-4161
T & Th 837-8443

Co-ordinators, Thrift Shop
Gloria Hogan - 488-4803
Sheila Langlois - 489-2016

Co-ordinator, Care Bear Centre
Leslie Hawkins - 889-6155

Co-ordinator, Mini Franco Fun
Lorraine Desormeaux - 889-6278

Facilitator,
Strengthening Stepfamilies
Paul Rosebush - 833-5479

STRENGTHENING STEP FAMILIES — If you are a stepparent, you know how challenging and confusing stepfamily life can be. Now there's **STRENGTHENING STEP FAMILIES**, a new training course to help you and your stepfamily reap the rich benefits stepfamily living can offer. Through readings, discussions and at home activities, you'll develop effective communication skills, learn how to resolve conflicts, recognize unrealistic expectations, and much more. Call Paul Rosebush at 833-5479.

Mini Franco Fun every Wednesday and Friday at 54 Bourkewood. A bus leaves Lipsett Hall every Friday at 9:15 and returns at 11:30.

Care Bear Centre — every Monday 9:00 - 11:00 for children under age 5. Games, stories, play and crafts.

Self Defence for Women — Lipsett Hall. Instructor: Brian Jones. Brian has 33 years experience and has a 3rd degree black belt in judo. He will facilitate this workshop with hands on instruction, along with awareness and prevention techniques. Fee \$5.00. Bus leaves 54 Bourkewood at 6:30. Registration 6:30 - 7:00 p.m.

Luce Paquet — will host a **Tupperware Party**. Please bring any pieces that you need replaced.

Winter Coat Exchange — price your coats and jackets and bring them to exchange.

N: 54 Bourkewood Place 837-8443							NOVEMBER 1990		S: 1822 Corydon 488-4161	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
					1 N: Drop in 1-3 N: Strengthening Stepfamilies 7-9	2 N: Mini Franco 9:30-11:30 Self Defence for Women - Lipsett Hall 7-10	3			
4	5 N: Care Bear Centre 9-11 S: Drop in 1-3	6 N: Tupperware 1:00 S: Sparks 5:30	7 N: Mini Franco S: Winter Coat Exchange 1:00 N: Craft Demo 7:00 S: After School Art 4-5:15	8 N: Mini Franco N: Winter Coat Exchange 1:00 N: Strengthening Stepfamilies	9 N: Mini Franco	10				
11	12 CENTRE CLOSED	13 N: It's A Small World 9:30-11 N: Drop in 1-3 S: Sparks 5:30	14 N: Mini Franco S: Herbalys Yours 1:00 S: After School Art 4-5:15	15 N: Children's Crafts 1:00 N: Strengthening Stepfamilies	16 N: Mini Franco YUK YUK'S FUNDRAISER 7:30	17				
18	19 N: Care Bear Centre Osborne House S: Speaker 1:00	20 N: Herbalys Yours 1:00 S: Sparks 5:30	21 N: Mini Franco S: Children's Crafts 1-2:30 S: After School Art 4-5:15	22 N: Drop in 1-3 N: Strengthening Stepfamilies	23 N: Mini Franco PLAYZONE	24				
25	26 N: Care Bear S: It's A Small World 9:30-11:00	27 N: Drop in 1-3 S: Sparks 5:30	28 N: Mini Franco S: Drop in 1-3 S: After School Art 4-5:15	29 N: Drop in 1-3 N: Strengthening Stepfamilies	30 N: Mini Franco					

N&S It's A Small World — Drop in for parents with kids 2 and under. Come and meet the babies in the neighborhood!

N&S Herbalys Yours — come and learn the benefits of adding natural herbs to your program for healthy living.

N Craft — PLASTIC CANVAS — Margaret Arsenault will facilitate this workshop. Learn how to make a snowflake X-mas ornament. Please register by Thursday, Nov. 1. No

Fee. Kits will be available for purchase. Limit 10 participants.

S Afterschool Children's Arts & Crafts — for kids ages 6-9. Six weeks, Wednesdays 4-5:15. Kids will learn various art forms including mosaic, sculpture, clay, etc. Fee \$12.00.

N&S Children's Crafts — this month, kids will learn how to make an Octopus — a parent/child cooperative activity. \$1.00 first child, \$5.00 additional children, includes craft supplies,

coffee and snacks.

S Dianne from Osborne House will speak on issues of spousal abuse, including identifying abusive behaviour, and resources for individuals who are in abusive relationships.

N&S PLAYZONE — a wonderful outing for kids! Admission is \$3.00 per child. Bus leaves Lipsett Hall at 1:00 p.m. Leaves 54 Bourkewood at 1:15. Arrives at Playzone at 1:30, returns at 2:30. Book your spot on the bus now.

BASE LIBRARY NEW BOOK LIST

The following new books are now available at the Base Library:

<i>Journey</i>	James Michener
<i>Memories of Midnight</i>	Sidney Sheldon
<i>Message From Nam</i>	Danielle Steel
<i>Scroll of Saqqara</i>	Pauline Gedge
<i>The Burden of Proof</i>	Scott Tarrow
<i>The Women in His Life</i>	Barbara Bradford
<i>Tai Chi Handbook</i>	Herman Krauz
<i>Signing Made Easy</i>	Rod Butterworth
<i>Baby Play</i>	Pat Petrie
<i>A Baby Is Born</i>	Milton Levine, M.D.

The Base Library is open for your use at the following times:

Tuesday	6-9 p.m.
Wednesday	1-4 p.m. and 6-9 p.m.
Thursday	6-9 p.m.
Saturday	1-4 p.m.

NEW ARRIVALS



Puzzled about Manitoba License Plates?

- Fire Insurance?
- Contents?
- Pleasure Items?
- Life Insurance?

Obtain them at your Base Insurance Office in Main Rec Centre

BLDG 90 (REC CENTRE)
WHYTEWORLD RD
MONDAY TO FRIDAY
8:30 AM TO 4:30 PM
889-2204 888-4763



2255K NESS AVE
MONDAY TO FRIDAY
9 AM TO 5 PM
SATURDAY
10 AM TO 2 PM
832-9114 831-9089

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LOW RATES ON NEW VEHICLES

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Substantial Thanks Military Christian Fellowship

And when I heard and saw, I fell down to worship at the feet of the angel who showed me these things. Rev 22:8b

Have you experienced someone saying "thanks" and have gone away feeling that there wasn't much substance to it? And on some other occasion, have you heard the same word and known that it was deeply meaningful?

You and I both know that what makes the difference is the sincerity of the person expressing that gratitude. In some cases, they are not convinced that the basis for their thanks is meaningful enough — perhaps because the gesture was not gracious on our part. Of course, when the offering which evokes the thanks is of great significance in the eyes

of the recipient, then the takes on a more genuine and expressive nature.

Much of the Scripture reveals what God has, is, and will do for us (Psalms, Rev. etc.). Seek it out with a sincere heart. You will find yourself unable to contain the thanksgiving which wells up in your heart. Your gratitude may bring you to a worshipful level of thanks similar to that of John in the portion above! In this season, let us first offer our thanksgiving to God.

Les Autochtones et Nous

La situation à Oka s'éternise. Les demandes des autochtones nous paraissent parfois extravagantes. Il n'y a aucun doute

que dans une certaine mesure, ils ont des revendications valables. Cependant, enfreindre la loi n'est pas la solution. La loi est pour tous à obéir "Vous aurez une législation pour les étrangers et pour les Israélites, car je suis le Seigneur votre Dieu" Lev 24:22.

Les autochtones sont souvent traités comme étrangers dans leur propre pays. L'Exode 22:20 dit "Vous ne devez pas maltraiter les étrangers installés chez vous...". Prions donc pour qu'une entente se fasse entre les autochtones et les autorités au plus tôt afin que personne ne soit blessé ou pire, que ce soit du côté des autochtones ou de nos soldats qui ont si bien fait jusqu'à maintenant.

Contributions Recognized



The outstanding contributions of the late Mike Doyle, Chief Estimator at CFB Winnipeg for many years, were recognized by the Air Command Heritage Committee recently at a brief ceremony in the Bishop Building. A framed representation of the Battle of Britain Lace Tapestry, one of Mike's many successful projects, was presented to his wife, Chris, by the Chairman of the Heritage Committee, Colonel Loren Reynolds. Looking on are daughter, Karen Doyle and Captain Don Pearsons, Air Command Heritage Officer.

CATHOLIC CHAPELS

St. Marguerite Bourgeoys (North Site)

WEEKENDS/FIN DE SEMAINE
Saturday: 1700 hrs/English
Samedi: 1900 hrs/Français
Sunday/Dimanches:
1115 hrs/English

WEEKDAYS/EN SEMAINE
Monday to Thursday inclusive
Du lundi au jeudi
inclusivement
1500 hrs

St. George (South Site)

SUNDAYS
10:00 a.m.

WEEKDAYS
Tue & Thu: 6:30 p.m.

PROTESTANT CHAPELS

The Chapel of the Good Shepherd (North Site)

1st Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Holy Communion

2nd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

3rd Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

4th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship

5th Sunday - 0900 hrs - Eucharist (ACC)
- 1100 hrs - Divine Worship



St. Andrew (South Site)

Sunday Service 10:00 a.m.

Silver Heights Community Centre

All Westwin residents are invited to attend the new, weekly Sunday Night Bingo at Silver Heights Community Centre. Doors open at 6 p.m. Bingo starts at 7 p.m. Lots of free parking across Ness. Join us for Nevadas and Lucky 7, Early Bird and Nite Owl games. The jackpot increases each week!

October's Pre-teen Dance will be on Friday, October 26, from 7 - 9 p.m. Children from Grades 2 - 6 only, please. There will be a live band and prizes this month! Wear your costume! \$3.00 admission charge this month only. Parents are welcome! For further info, call Colleen at 837-1216.

Hallow'en Social will be Saturday, October 27. Prizes for best costumes! Call 837-6818 for tickets and info.



INTERESTED
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DISABILITY
AND DEATH
BENEFITS?

UNE
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DE VOS
PRESTATIONS
D'INVALIDITE
ET DE DECES -
CA VOUS
INTERESSE?

COMPLETE THE
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ASSESSMENT FORM
AND MAIL TO:

DIRECTORATE OF
COMPENSATION
DEVELOPMENT
NATIONAL DEFENCE
HEADQUARTERS
MGEN PEARKES BUILDING
OTTAWA, CANADA
K1A 0K2

COMPLETEZ
L'EVALUATION
PERSONNALISEE DU
RARM ET MALLEZ
AU:

DIRECTORAT -
DEVELOPPEMENT
DE LA REMUNERATION
QUARTIER GENERAL DE LA
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EDIFICE MGEN PEARKES
OTTAWA, CANADA
K1A 0K2

Yes, I would like to receive a personalized assessment surrounding SISIP Long Term Disability and/or Life Insurance coverages.

Oui, je veux qu'on m'envoie une évaluation personnalisée pour la protection d'invalidité prolongée ou d'assurance-vie du RARM, ou les deux.

The following information is required to prepare a personalized proposal for you.
Les informations suivantes sont requises dans le but de vous préparer une demande personnalisée.

PLEASE PRINT / S'IL VOUS PLAÎT ÉCRIRE EN LETTRES MOULÉES.

Canadian Forces Member Information / Renseignements sur le membre des Forces canadiennes

S.I.N. N.A.S.	Rank Grade	Surname Nom de famille	First Name Prénom	Initials Initiales
Date of Birth: Date de naissance:	Day/Jour	Month/Mois	Year/Année	
Street:	Have you smoked a cigarette in the last twelve months? Avez-vous fumé une cigarette au cours des douze derniers mois?			<input type="checkbox"/> Yes <input type="checkbox"/> No
Rue:	Home Phone: Tél. à domicile:			<input type="checkbox"/> Yes <input type="checkbox"/> No
City:	Work Phone: Tél. au travail:			
Ville:	Province:	Postal Code:	Code Postal:	

Spouse and dependents Information / Renseignements sur le conjoint et les personnes à charge

Surname: Nom de famille:	First: Prénom:	Initials: Initiales:
Date of Birth: Date de naissance:	Number of Dependent Children: Nombre d'enfants à charge:	
Day/Jour	Month/Mois	Year/Année
Married: Marié(e):	Common-law Marriage: Union de fait:	Date of Marriage or Common-law Marriage: Date du mariage ou de l'union-libre:
<input type="checkbox"/>	<input type="checkbox"/>	/ /
Has your spouse smoked a cigarette in the last twelve months? Votre conjoint(e) a-t-il (elle) fumé une cigarette au cours des douze derniers mois?		
Yes Oui <input type="checkbox"/>		
No Non <input type="checkbox"/>		
Is your spouse a CF member?: Votre conjoint est-il membre des FC?:		
Yes Oui <input type="checkbox"/>		
No Non <input type="checkbox"/>		

Language preference: English French
Langue de préférence: Anglais Français

DATE

SIGNATURE



SPORTS ANNOUNCEMENTS

Labatt's Lite 24 Hour Relay Race



First row left to right:
 MWO Serge Brousseau, CWO Bob Byrne, Lt Kevin Morton, Cpl Mary Ann Lacasse, MWO Paul Ballam,
 Cpl Lyle Punt, Pte Kevin Gilbert, MWO Gary Littlewood
 Second row:
 WO Randy Bond, Maj Mark Eckley, Pte Tom Stapleton, MWO Larry Herrod, BComd Col Armstrong, Capt
 Speedy Fast, Maj Ray Webber, BCWO, CWO Scott, BPERO, Capt Swarbrick
 Missing:
 LCol Clarke Little, Capt Jake Bell, Capt Jennifer Taylor, Capt Wilf Debow, 2LT Tanya Schnare, WO Jim
 Sirosis

Record Setting 395 km

On Monday, 1 Oct/90, the Base Commander presented the Championship T-Shirts to the base runners team for their athletic achievement in the Labatt's Lite 24 Hour Relay Race which was held on 11-12 Aug/90.

The team set a relay record running 395 km in 24 hrs, 27 kms ahead of their closest rivals.

The team was made up from members of 2PPCLI, Aircom and Base Winnipeg. Team ages ranged from 22 to 54 with the average being 38 years old.

Congratulations to all team members for a job well done!!

LOW IMPACT AEROBICS
 LIPSETT HALL
 NOV 5 - DEC 13
 Mon, Wed, Thur — 6 weeks
\$20.00
 6:45 - 7:45
 Come out and join the fun.
REGISTRATION
 6:00 NOV 5
 Certified Instructor:
 Tammy Berendsen

Personnel requiring a Rec Pass can purchase passes at the Rec Council Office Bldg 90 (Rec Centre North Site) on Tues & Thur 0900-1200 hrs. Rec Passes must be purchased prior to registration.

For further information contact the Peri Staff at Lipsett Hall. LOCAL 6183



Have a
Safe and
Happy
Halloween

Inter-Section Slo-Pitch Finals



In "A" Division action 2PPCLI beat BEME twice in the elimination round to become 1990 Slo Pitch Champs.

In "B" Division play 733 Comm Sqn defeated the BCOMPT/429 team to become the 1990 B Division Slo Pitch Champs.



2PPCLI 1990 Inter-Section Slow-Pitch Champions



The winning coach MCpl Scott (2PPCLI)



733 Comm Sqn 1990 "B" Division Champions



Inter Section Floor Hockey



Maj Brazeau (BPSVCSO) drops the game ball to officially start 1990/91 season. Left Cpl Royer (733 Comm Sqn) Right Cpl Desormeaux (BTNO).

The Inter Section Floor Hockey League opened its season 1 Oct 90. 7 Teams compliment the league this year, with the old standbys ACOMD/1CEU/CE, Flyers, BTNO, 2 PPCLI, and 733 Comm Sqn will be returning. Two new teams Air Comd

Band/CFTMPC and BEME will also seek this year's title. Keep reading your sports page for league standings and the top scorer of each round.

Note: 733 Comm Sqn requires players. If you want to play contact Cpl Royer at 5007.

Next Voxair Deadline Oct. 29

CLASSIFIEDS

EVERYBODY'S MARKETPLACE



Babysitters

Mother of two will watch your child in her St. James home. Meals, snacks, receipts and references. Will also do occasional evenings 1 year and up. Call 837-9237.



Vehicles For Sale

For Sale — 1986 CHEV CAVALIER, 2Dr., AT, PS, PD, AM Radio, Luggage rack, Michelin tires, light blue, 73,000 km. Asking \$5,100. Ph: 255-6722.

For Sale — 1993 TRIUMPH TR4, removable hard top, Rebuilt front end, new and used parts, manual and parts catalogue. No rust, new exhaust, knock-off wheels \$4300 OBO. Contact Cpl John Guntner, Home 831-1426 Work Loc 5660.



Misc. For Sale

For Sale — One silver YAMAHA 610 NATURAL SOUND STEREO AMPLIFIER, 195 watts RMS, dual VU meters, 8 speaker jacks. This amp is for the serious test pilot only. Price: only \$150. One LES PAUL PATTERNS ELECTRIC GUITAR, Cherry red with white pick guard and accents. Full controls include 3 pick-ups, volume and tone controls and 5-way selector switch. Comes with hard brown carrying case. Hardly used. Price: only \$199. Phone John after 4:00 p.m. 832-6749.

For Sale — Blue CANEX PARKA. Worn two winters, Size 38, \$50. Ph: 255-8722.



Wanted

Wanted — GARAGE STORAGE for vehicle November to March. Ph: 885-3572 evenings.



Congratulations!

Born to
Benoit & Betty Anne Jean
25 September 1990
at St. Boniface Hospital
a 6 1/2 lb. baby girl
(Melissa Chantale).

Posting season is here!

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Winnipeg

The Deer Lodge Centre Auxiliary
will hold a
"CHRISTMAS CRAFTS FAIR"
at the Centre,
2109 Portage Avenue,
on Saturday, November 3rd
from 10:00 a.m. to 3:00 p.m.

As well as home baking and handicrafts, there will be craft demonstrations, wooden ware, jewelry, toys, Christmas decorations and a cookie gram booth. Everyone welcome. Parking off Woodlawn Street.

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WINNIPEG, MANITOBA

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EVERY WED.-FRI. & SAT. 8 P.M.

DANCING
TO LIVE BANDS
EVERY THUR.-FRI. & SAT.
9-1 A.M.

MEAT DRAWS
EVERY SAT. 2 P.M.-5 P.M.



MARY KAY COSMETICS

OPEN HOUSE MEET & GREET

Friday, November 2 — 6-10 p.m.
Saturday, November 3 — 10 a.m. - 6 p.m.
Sunday, November 4 — 10 a.m. - 6 p.m.

Come one, Come all, and enjoy coffee, tea or eggnog with Donna.


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Crib night every Thursday at 2000 hrs.
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