Voxair

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CFB/BFC Winnipeg

4 April 1990

Andrew Charles Mynarski Honoured

ANDREW CHARLES MYNARSKI

Andrew Charles Mynarski was born in Winnipeg, Manitoba, on 14 October 1916. He was educated at King Edward and Isaac Newton Schools and at St. John's Technical High School. He worked for four years as a leather worker in Winnipeg, and then enlisted in the Royal Canadian Air Force in November 1941. He took his training at Calgary, Alberta; Edmonton, Alberta; and MacDonald, Manitoba; graduating in 1942 as an air gunner. He went overseas in December 1942. He is buried in Meharicourt Cemetery, Meharicourt, France.

Commander's Address Mynarski Hall Dedication 21 March 1990

It was a few minutes before 10 p.m. on the night of 12 June 1944 when Lancaster KB 726 VRA of 419 Squadron took off from its airfield in England. D-Day was only a week past and the target that night was a railroad marshalling yard at Cambrai, in German-occupied France. KB 726 carried a crew of seven — six Canadians and one Brit. They were a good crew but more importantly they were good friends.

The transit was uneventful but as the Lancaster approached the target, a German night fighter appeared. The pilot started evasive manoeuvres. The rear air gunner remembered looking at his watch as cannon fire ripped into the new bomber. It was now 13 minutes after midnight on the 13th of June 1944 on this, the crew's 13th mission. Two cannon shells hit the port wing, setting it ablaze and knocking out both engines on that side; a third shell hit the fuselage aft of the mid-upper turret starting a fire of burning hydraulic fluid and sending smoke billowing through the bomber's interior.

The pilot had no choice but to give the order to bail out since the heavily laden aircraft could not maintain altitude. He remained at the controls as the four forward crew moved towards the escape hatch in the nose. The mid-upper air gunner was about to jump from the rear escape hatch when he noticed through a wall of fire that the tail gunner was trapped in his turret, the hydraulic system hopelessly shattered by the enemy barrage. Without hesitation or regard for his personal safety, the mid-upper gunner crawled through the flames, on his hands and knees, to try to save his fellow crewman, his friend. First with a fire axe, then with his bare hands he desperately tried to free the rear gunner. His uniform and parachute aflame, he continued to beat on the doors to the turret in vain.

The rear gunner told him to get out, save himself, but he continued. Finally, reluctantly, he crawled back to the escape hatch, saluted his friend one last time and bailed out, his clothing and parachute completely ablaze. His descent was witnessed by French partisans who immediately went to the aid of this brave airman, but he was too badly burned and died moments after touching the ground. The name of this valiant Canadian was Pilot Officer Andrew Charles Mynarski.

Two other Lancasters from 419 Squadron would go down that night with the loss of 12 of the 14 crew aboard. In all 42 Allied aircraft were lost during that evening's raid but incredibly, all six of Andrew Mynarski's mates would survive. The rear gunner was miraculously spared when, on impact, the wing of the Lancaster hit a tree, violently spinning the aircraft around which snapped the turret free, releasing him unscathed!

KB 726 went down with less than 50 hours total on the airframe but it would become the single most famous aircraft in Canadian military aviation history — the Mynarski Lancaster.

After their aircraft crashed, two of the crew were captured and spent the remainder of the War as POWs. The other four, assisted by the French underground, would eventually find their way back to England. It was not until after the War ended that the entire story of Andrew Mynarski's singular act of courage and sacrifice would become known. In October 1946 it was announced that King George VI had awarded the nation's and the Commonwealth's highest honour, the Victoria Cross, to Pilot Officer Andrew Charles Mynarski, for "a most conspicuous act of heroism which called for valour of the highest order."

The Victoria Cross was awarded posthumously to Andrew Mynarski's mother on December 11, 1946, by the Lieutenant-Governor of Manitoba at Government House in Winnipeg. It is interesting to note that this was the only VC investiture ever conducted in Canada by a Lieutenant-Governor rather than by the Governor-General. This was done at Mrs. Mynarski's insistence as she wanted the entire family to be present to witness this great tribute to her son, which would not have been possible in Ottawa.

Acknowledgements

This unique tribute to honour one of the many brave airmen of the RCAF who sacrificed their lives in the service of Canada is the result of the efforts of many people. Air Command Headquarters is indebted to the following without whose assistance the Mynarski Hall would not be possible:

- Mrs. Stephanie Holowaty, sister of Andrew Mynarski;
- The Canadian crew of the original Lancaster:
  Art de Breyne, (pilot),
  Pat Brophy, (tail gunner),
  Jack Friday, (bomb aimer),
  Jim Kelly, (wireless operator),
  Bob Bodie, (navigator);
- Mr. Fred Ewatski, National President, Air Gunners Association of Canada;
- The Canadian War Museum, Mr. Vic Suthren, Director and Mr. Dick Malott, Curator; and
- The Air Force Heritage Fund

The gratitude of all serving personnel within Air Command is extended to the Mynarski family for the loan of the Victoria Cross, the Commonwealth's highest and rarest award.

The Mynarski Victoria Cross with the Lt Gov of Manitoba, Commander Air Command and crew. From left to right — Jack Friday, Bomb Aimer, Pat Brophy, Tail Gunner, Bob Bodie, Navigator, Lt Gen His Honour George Johnson, Lt Gen Fred R. Sutherland, Commander Air Command, Jim Kelly, Wireless Operator, and Art DeBreyne, Pilot.

The Base Chief Said...

The last time I tried to simplify anything it turned out more complicated. There are some things that cannot be simplified. Not one to quit, I had a request from a sergeant to write about the army garrison dress. So let me have a go at it.

First of all, as far as the world is concerned, the army has their garrison dress, or are being issued with it. Now if you can remember that, then you'll also have to remember that the short-sleeve tan shirt will be worn with garrison dress, until such time as the garrison dress shirt is issued. Remember, the Canadian Forces Work Dress trousers will also be worn until garrison dress trousers are issued. Also remember, that boots ankle, or if you have been scaled for combat boots, combat boots may be worn with garrison dress until such time as the garrison dress boot is issued. By the way, I am not going to spend a lot of time checking up on personnel wearing combat boots, to see if they have been scaled for combat boots, and I would suggest that you supervisors out there follow my lead. I know that there are some air force supervisors out there who can't stand people wearing combat boots. My advice to you is to get used to it. Stop being petty about these things, and let's get on with it. Remember that as airmen and sailors we would expect the army folks to respect our uniforms, therefore, we should extend that same respect to the army folks.

So now you have all those things remembered? Good! Now remember that there are three orders of dress for army garrison dress. No 4 (duty), No 4B (Short Sleeve Shirt), and No 4C (Sweater). These orders of dress are designed for wear year round.

No 4 (Duty) is the whole thing. Beret, Garrison Dress Jacket, Tan Short Sleeve Shirt, CF Work Dress Trousers, Belt, leather or web. Boots Combat or Ankle, all your badges and name tapes, etc. Shirt Collars are worn open and outside the collar of the jacket. The black garrison dress web belt shall be worn over the jacket. NCMs shall wear miniature metal rank badges on the shirt collars. Sweaters may be worn under the jacket, and if you do, the shirt collar is worn outside the sweater, but don't try to wear it outside the sweater and jacket.

No 4B (Short Sleeve Shirt) is really simple. This order simply means that you are not wearing your garrison dress jacket or sweater. Remember you wear rifle green slip-ons, flying and specialist skill badges, and name tags. However, undress ribbons are not worn with garrison dress.

No 4C (Sweater) is simpler than No 4B. Just wear your sweater as the outer-garment. Yes, of course you wear trousers.

So there you have it. Simple eh? So put your lagoon green, and linden green, long sleeve shirts away. Put your short sleeve tan shirts on, and go to town. What's that you say? Isn't the tan short sleeve shirt what you folks wanted when all these interim rules first came out? Ah, I give up! Just in case you're still confused, call me at 5656.

Speaking of dress, I always get a chuckle when people call and ask what the summer dress period is, and they are told that the interim period is from 2-22 April inclusive. With the compulsory period commencing on 23 April. It's especially funny when on the day the person calls, we are sitting at −18°C, with a wind chill of 1600. There's always a gasp, or a repeat of the dates in disbelief. The reason we set these dates is to give people hope that spring is here, and things will get better. Never let it be said that the Base Chief is not a positive person.

Thanks to Terry Lawrence for those kind remarks in the last issue of Voxair. I showed it to Quincy, because he doesn't believe that anyone reads our column.

I had the pleasure to be honoured at the Administration Branch Mess Dinner on 15 March, where I was presented a Dan Karu paper toll of the Administration Branch Badge. You did a great job on this one Dan. A special thanks to CPOl Pete Barefoot, and all Administration Branch personnel who attended this first class mess dinner. A special thanks for honouring me in this manner. I am humbled by it all. You are very kind.

On 21 March, I had an opportunity to be the guest speaker at the Base Supply Mess Dinner. To all those people I insulted, please forgive me. I do get carried away, and after the job I did on my wife Ann, I'm surprised that I wasn't literally carried away. Anyway she saw fit to forgive me, and I hope you will too. It was all in good fun. Again, I am flattered to have been asked to be the guest speaker at this annual event. Yes, it's starting to sink in, that this is the last time around for these types of events, and I shall miss, not only the comradeship of the occasion, but the good people of all sections of this base.

Well the 1990 Air Command Band Concert is over for another year. My critique for this year's concert is a short one. Great! That's all there is to say. What else can you say? There was a good selection of music, the arrangements were great, and the solo performances were outstanding. After all what can be said about the talents of WO Dave Jackson or Private François Potvin who was featured on the xylophone. These are but two examples of the quality of entertainment that those attending enjoyed.

Not everyone was aware of it, but there was a special little piece in the programme which I had requested. It was called "Portsmouth". The Air Command Band and the Pipes and Drums of 402 Squadron did a great job on it. Thanks guys.

Canex Employee Recognition Awards

The BADMO, LCol Forestell recently presented Mrs Susan Vierin, with an Employee Recognition Award for the month of Dec 89. Mrs Vierin is a Cashier at the Air Command Cafeteria, Bldg 25. Congratulations Susan!

The CANEX Employee Recognition Award for the month of Jan 90 was recently presented to Mrs Ann Champion. Mrs Champion is the office clerk at the COMBO/ Service Station. Congratulations Ann!

"You asked the BXO..."

The BXO's column is a regular feature in the Voxair. If you have a concern or complaint, please do not hesitate to address your concerns to:

Captain J.D. Journeay, BXO, Canex, CFB Winnipeg, R3J 0T0, or visit us at the office in Bldg 4. Tell us how to make our service better for you.

The BXO's column allows Canex customers to send in suggestions, complaints, comments or concerns regarding Canex facilities. Customers who addressed their concerns have been sent a reply explaining how Canex responded to their inquiries. The purpose of this section is to inform those people who could not be personally contacted, as well as all our Canex customers about the inquiries made and what is being done in response.

Many people participated in the Valentine's Day chocolates draw at each of the three food service outlets. And the winners were... From Snack Bar 16, Jose Lacasse and Luc Gauthier. From Air Command Cafeteria, Jonathon Jordinski. From the Herc Bar and Grill, Don Sullivan.

Also, Canex recently had fun with the Coffee's Hot Promotion. This ran from 5-16 Mar 90, and there were winners from each of the three food service outlets. And the winners were... From Snack Bar 16, Robert Auer and Bev Leach. From Air Command Cafeteria, Pam Striklin and Mike Boyes. From the Herc Bar and Grill, Milton Murry and K. McLauchlan. Congratulations to our sweatshirt winners!

BASE RECREATION LIBRARY HOURS

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WEDNESDAY
1:00-4:00 p.m.

SATURDAYS
1:00-4:00 p.m.

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Voxair

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School of Aerospace Studies
École d'études aérospatiales

Aerospace Systems Course — The 42nd!

Aerospace Systems Course 42.
Back row, L-R: Capts Marc Gallant, Jeff Legrand, Dave Alexander, Bo Geddes, Ken Johnston, Fred Robichaud, Andrew Nadeau, Doug Neill, Jocelyn Boucher, Pete Holst and Deborah Douglass.
Front row, L-R: Capts Steve Fejes, Steve Kading, Vaughan Cosman, Dan Blain, Maj Ken Stannix, Capts Norm Marcotte and Perry Matte.

The longest course given by CFSAS is the Aerospace Systems Course (ASC). From its RCAF origin in 1948, it has evolved over the years to become one of the most challenging and rewarding courses offered within Air Command.

The original course, entitled the Specialist Navigation Course, was conducted by the Specialist Wing of the Air Navigation School located in Summerside, PEI and was taught to nine students over a six month period and included 115 flying hours. The students visited the USA and the UK to gain first-hand knowledge of the aviation industries and establishments involved in the development of new technology. Flights were also made within northern Canada to put theory learned into practical application. It did not take long for the SpecNav to establish a reputation as the most advanced aircrew course in the RCAF, as well as one of the leading courses of its kind in the world.

Upon moving to Winnipeg in 1954, the course name was changed to its current title in 1963, when both pilots and engineering officers were offered the course. Eventually, it expanded to its present 44 weeks duration. ASC will enable graduates to define operational requirements and aid in the acquisition, analysis and evaluation of aerospace systems. Composed of Captains or Majors from the Canadian Forces and at times from the USAF, RAF and RAAF, the 18 course members now include Pilots, Navigators, Aeronautical and Communication Engineers and Air Weapons or Air Traffic Controllers.

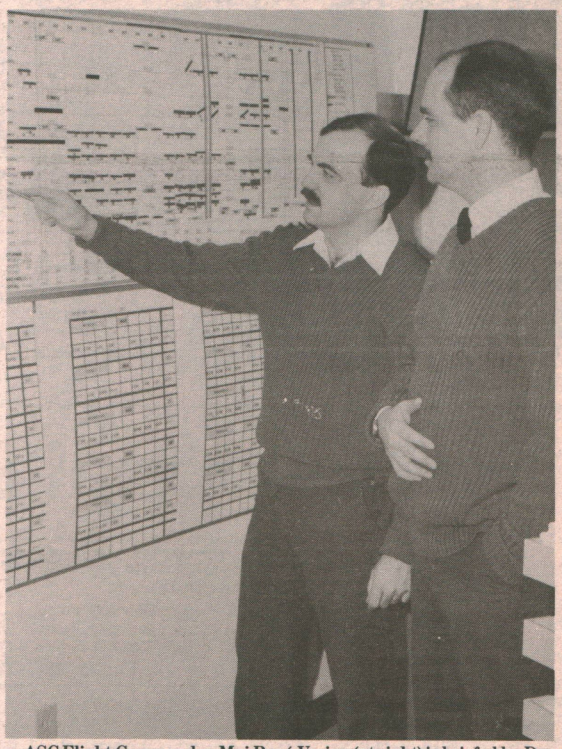
The first portion of the course reviews mathematics, physics and electronics needed for the practical phase, where detailed studies are carried out in the disciplines of aerodynamics, radar, electro-optics, space, navigation, weapon systems and electronic warfare. Topics of a "systems" nature, such as human factors, displays, systems management, computer applications and systems integration, are spread out over the length of the course and emphasize the importance of maintaining a comprehensive "systems" approach when addressing a particular problem. In addition to the demanding academic syllabus, the student develops the ability to express him/herself logically and concisely on operational and technical matters, both verbally and in writing, through many exercises, projects and presentations.

To augment the classroom instruction provided on the course, five ASC tours are undertaken each year. The ASCOPS tour consists of visits to Canadian military establishments for briefings on current policies and doctrine from NDHQ, AIRCOM, ATG and ARG HQs. The ASCNORTH tour includes visits to FG units at Cold Lake, NRHQ Yellowknife, MAG and ATG units at Comox, and the USAF at Elmendorf Air Force Base, Alaska. The ASCEAST and ASCWEST tours involve visits to industrial and military establishments across Canada and the United States. Finally, the ASCEUR tour consists of a two week visit to aerospace establishments in the UK and France or Germany. On these tours, course members are assigned to prepare visit reports on the briefings provided. Completed visit reports are published and made available to other interested CF units.

The major research, writing and presentation activities, which span the entire course, include both a Syndicate Project (SP) and an Individual Project (IP). For the culmination of the year's work, the SP symposia are conducted in the last week of the course, as audio-visual presentations given to an audience of interested representatives from many agencies within the Canadian Forces. Each SP symposium is conducted over a half day and provides a forum for the three syndicates to present findings concerning the project assigned.

The completion of the course will mark an important milestone in the individual's career. Officers with the ASC qualification may be assigned to aerospace systems engineering and project management appointments in National Defence Headquarters, Command Headquarters, research and development organizations, test and evaluation units, aerospace training units and selected exchange positions.

The ASC represents one of the most challenging and demanding courses within our air force today, both for the students who volunteer to take it, as well as for the staff members who teach it. Graduates of the course have fulfilled demanding positions throughout the higher echelons of the CF, up to and including Chief of the Defence Staff. With its mandate to remain on the leading edge of emerging aerospace technology, the Aerospace Systems Course will undoubtedly remain a most lucrative course for years to come.



ASC Flight Commander, Maj René Vezina (at right) is briefed by Dep Flt Comd Capt Brian Guimond on weekly schedule.

Air Force Telecom Reunion 90

AIR FORCE TELECOMMUNICATIONS

AIR FORCE TELECOM REUNION 90 will e held at CFB Kingston on 25 & 26 May 1990. All former members of RCAF Telecom, serving and retired members of the CF C&E and Air Ops Branches and friends are cordially invited to attend. For information and registration forms, please write to AIR FORCE TELECOM ASSOCIATION, CFSCE, CFB KINGSTON, KINGSTON, ONTARIO, K7K 5L0 or telephone Sgt Russ Koopman at (613) 541-5450 or (613) 541-5221.

Air Command Raises Money for the Winnipeg Cheer Board

Mr. G. Hunt and Marilyn Hay, DCOS CIV PERS presenting a cheque for the Christmas Cheer Board to Byrdye Beckel.

Col K.G. Penney DCOS MILE presenting a cheque to Byrdye Beckel, chairman of the Winnipeg Christmas Cheer Board.

On 12 Dec 89, Air Command Headquarters (Bldg 25) held their Christmas party and in three hours managed to raise $1145.00 for the Winnipeg Christmas Cheer Board.

This money was raised through a combined effort by the Civilian Personnel Division, the Aircraft Maintenance Division and the Engineering Division. The Civilian Personnel Division once again had a successful casino complete with Blackjack, Crown & Anchor, a horse race and palm reading which was done by a mysterious woman. The Aircraft Maintenance Division held their 3rd annual Golf Tournament complete with water holes and sand traps. The unique holes were made by the subsections within the division and the course is rated as being the toughest in Manitoba. The Engineering Division all chipped in to run a Christmas bingo.

The organizers would like to thank the various sponsors who donated prizes and all the personnel who participated enabling us to raise money for this worthwhile cause. Byrdye Beckel, the Chairman of the Winnipeg Christmas Cheer Board has asked that CFB Winnipeg be thanked for their continuous excellent support.

Col E. Morin, DCOS Maint and MWO J.A. Kamperman presenting a cheque for the Christmas Cheer Board to Byrdye Beckel.

CFS Barrington
Closure Function 4-6 May 90

Events:

Friday 4 May 90

1800-1930 hrs — Meet & Greet with Cold Buffet

Saturday 5 May 90

1000-1500 hrs — Open House
1330 hrs — Baseball Challenge Game
(Current vs. Former Members)
1900 hrs — Surf & Turf Dinner
2100 hrs — 60's Dance

Sunday 6 May 90

0900-1100 hrs — Pancake Breakfast
1400 hrs — Bed Race
1500 — Closing Reception

Cost for participants of the close-out function is $15.00/person. Payment may be made on arrival at the station.

Limited accommodations are available with some facilities for camper trailers and recreational vehicles.

Interested personnel are requested to contact the CO's secretary Ruth Bartlett at CFS Barrington, local 301 no later than 31 Mar 90 if they wish to attend.

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CF Pilot off to Philippines with USAF

Canadian Forces pilots don't often get the chance to fly in the Philippines.

But in late February, Capt. Seldon Doyle joined U.S. marine and navy pilots and flew an F-15 Eagle in exercise Cope Thunder at Clark Air Base in the Philippines.

Capt Doyle is assigned to the 43rd Tactical Fighter Squadron (TFS) based at Elmendorf Air Force Base, Alaska through an officer exchange program. Currently, he is the squadron director of training.

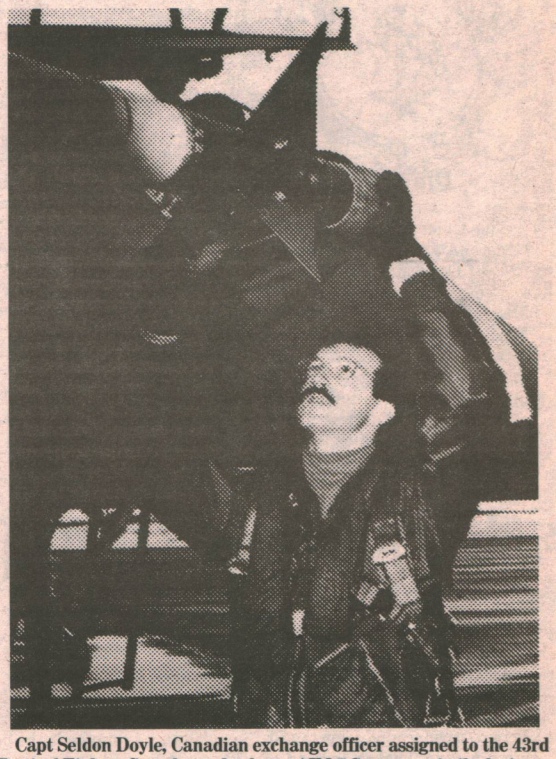
Capt Doyle, with 12 years and 2,800 flying hours of experience in T-33, CF-5 and CF-101 fighters, gave up a slot in a CF-18 Hornet squadron to join the USAF squadron in Alaska.

Lt-Col John McNabb Jr., 43rd TFS commander, says Capt Doyle "brings a slightly different flavour to flying fighters."

"That perspective comes from the environment he has flown in as well as the tactics and techniques he has learned," Lt-Col McNabb adds. "Nobody has all the answers in the fighter business, but he brings some fresh looks at how we do business. He's rapidly becoming an invaluable member of the squadron."

Capt Doyle is impressed with the sense of duty and strong unit cohesiveness at the 43rd TFS. "This squadron has a definite mission in mind and they work toward that goal every day."

Exercise Cope Thunder included 10 F-15 Eagles and 150 aircrew members, maintenance and support people from the 43rd TFS, along with other air force, navy and marine units.



Capt Seldon Doyle, Canadian exchange officer assigned to the 43rd Tactical Fighter Squadron, checks an AIM-7 Sparrow missile during a pre-flight check of an F-15 Eagle. (U.S. Air Force Photo by Airman Charles Moody)

Le capitaine Seldon Doyle, un officier stagiaire canadien au sein du 43rd Tactical Fighter Squadron de la U.S. Air Force, examine un missile Sparrow AIM-7 durant la vérification avant vol d'un F-15 Eagle. (Photo Charles Moody, aviateur de la US Air Force)

UN pilote des Forces Canadiennes aux Philippines

Les pilotes des Forces canadiennes ont rarement l'occasion de survoler les Philippines.

Pourtant, c'est précisément ce qu'a fait le capitaine Seldon Doyle à la fin de février. En effet, en tant qu'officier stagiaire canadien au sein du 43rd Tactical Fighter Squadron, de l'aviation américaine, il a piloté un chasseur F-15 *Eagle* au cours de l'exercice *Cope Thunder*, à la base aérienne américaine Clark, aux Philippines. L'exercice regroupait des pilotes de la US Air Force, de la US Navy et du US Marine Corps.

Le capitaine Doyle a été affecté au 43rd Squadron, à la base aérienne d'Elmendorf, en Alaska, dans le cadre d'un programme d'échange d'officiers. Il y occupe actuellement le poste de directeur de l'entraînement de l'escadron. Pour se joindre à l'escadron américain, le capitaine Doyle, qui compte 12 ans de service et 2 800 heures de vol à bord du T-33 et des chasseurs CF-5 et CF-104, a renoncé à une poste dans un escadron de CF-18 *Hornet*.

Selon le lieutenant-colonel John McNabb Jr, commandant du 43rd Squadron, le capitaine Doyle a un point de vue légèrement différent lorsqu'il s'agit du pilotage des chasseurs. «Cela est sans doute attribuable à son expérience de vol dans un milieu différent, de même qu'aux tactiques et techniques qu'il a apprises, explique-t-il. Personne ne connaît toutes les solutions en matière de pilotage de chasseurs, mais le capitaine Doyle nous fait voir les choses sous un autre angle. Sa contribution à l'escadron est rapidement devenue inestimable.»

Le capitaine Doyle, quant à lui, se déclare vraiment impressionné par le sens du devoir et la forte cohésion qui règnent dans son escadron d'accueil. «Chacun est vivement conscient de la mission de l'escadron et, chaque jour, tous les efforts tendent vers ce but», affirme-t-il.

Dix chasseurs, F-15 *Eagle* et 150 membres d'équipage, d'unités de maintenance et d'unités de soutien du 43rd Squadron ont participé à l'exercice *Cope Thunder*.

Vive le Présent

Vivre le présent, quel cliché! On entend cet aphorisme de temps à autre, mais avec l'usure inévitable du temps, il perd son sens. Alors qu'est-ce que ça veut réellement dire, vivre le présent? Dans notre mode de vie, il semblerait que cette idée à perdu son sens. Dommage, puisqu'elle englobe une partie de la philosophie très rudimentaire qui apporte le bonheur.

Vivre le présent, il n'y a rien de plus façile et en même temps il s'agit d'une philosophie qui peut devenir extrèmement difficile à mettre en pratique dans le quotidien. Il faut une bonne dose de discipline pour mettre en pratique des philosophies dans le quotidien des situations anodines de tous les jours. Pour réellement vivre dans le présent, il faut s'y appliquer à tout moment, et c'est dans cela que c'est ardu, surtout lorsqu'on est habitué à vivre dans le passé et le futur.

Pour bien saisir la difficulté qu'on peut avoir à vivre dans le présent, il faut se remettre dans le contexte social contemporain. Dès notre tendre enfance, nous sommes conditionnés à croire qu'un événement, un diplôme ou la possession d'un objet nous apportera le bonheur. La publicité nous présente souvent un acteur (ou une actrice) connu qui laisse entendre, par son attitude générale, qu'il est heureux depuis qu'il acheté tel ou tel objet ou service et le message est on ne peut plus clair: cet objet devient le dépositaire du bonheur et donc vous serez plus heureux si vous l'avez en votre possession. Dans ce cas, il est clair que la publicité nous encourage à chercher le bonheur dans l'obtention d'un objet ou d'un service plutôt que de vivre le présent. Il faut ajouter qu'il n'est pas très économiquement profitable d'encourager les gens à se contenter de vivre dans le présent. Par ailleurs, nous sommes également conditionnés à croire que nous serons heureux lorsque nous aurons atteint un certain statut. Par exemple, adolescents, nous avons cru que nous serions heureux lorsque notre éducation serait terminée; une fois l'éducation achevée, nous avons cru que nous serions heureux lorsque nous aurions un bon travail et de quoi s'acheter une maison, un yacht; ensuite, nous avons cru qu'une famille et des enfants pourraient nous apporter le bonheur tant espéré. Finalement, en bout de course, nous n'arrivons pas à comprendre pourquoi nous n'avons pas encore touché le bonheur, puisque nous avons pourtant accompli ce que tout bon citoyen est appelé à faire durant sa vie pour réussir.

Durant toute ces années, si nous avons vécu une vie modèle en suivant les jalons proposés par notre système social, nous avons oublié de vivre dans le présent. Il est tellement aisé d'oublier le présent, le ici — maintenant pour rêver au futur, à demain, au mois prochain. Et lorsque nous y arrivons, il est aussi terne qu'hier, alors nous recommencons à nous évader dans le futur. Car il s'agit bien d'une évasion, afin d'éviter de faire face au présent.

En outre, vivre dans le passé ou dans le futur correspond à diluer l'intensité du présent. Se tracasser à propos d'un évenement à venir ou avoir telement hâte que quelque chose se produise, cela équivaut à ne pas vivre le moment. Et finalement, le tissu de la vie de tous les jours que nous connaissons tous si intîmement est composé de ces petits moments anodins. On vit dans le passé, le futur, mais le temps présent est oublié, uniquement meublé par les tracasseries, les anticipations du futur et les souvenirs du passé. Le présent est dénudé d'importance, il est rendu insipide, il ne se mesure pas aux folles espérances du "futur" qui devient inéluctablement le passé. Il ne reste plus qu'à rapidement oublier cela pour se rassasier encore une fois dans les évasions temporelles... Finalement, le bonheur ne se ceuille-t'il pas dans la beauté cachée de ces moments vécus au présent? Les meilleures recenttes du bonheur sont parfois les plus simples!

DCos Ops

Cpl Dana Harvie is smiling since she received her accelerated promotion to the rank of Cpl on 26 February 1990.

Cpl Harvie joined the CF on 26 February 1987 and after completion of her Administrative Clerk QL 3 training was posted to the DCOS Ops Orderly Room at Air Command Headquarters. When not at work, Dana can be found actively pursuing her sports interests on base. We all wish her luck on her QL 5 course in Borden.

Well Done Dana!!

CFANS Update

The Chief of Defence Staff, General A.J.G.D. de Chastelaine, CMM, CD and Mrs de Chastelain, visited CFB Winnipeg on Mon 19 Mar and were the guests of honour at a dinner held at the Officers' Mess. At CFANS, willing participants eagerly signed up for the evening in anticipation of the kitchen staff's finest efforts. They were not disappointed. The meal was excellent and the dessert, strawberry crepes in chocolate sauce, was sinfully delicious.

CFANS Hockey Night took place at the Winnipeg Arena on Wed 21 Mar. Capt Dan Boisvert, Canadiens fan extraordinaire was alone in a forest of Jets supporters, watched in horror as his beloved team was hacked down to size by the mighty Jets. Occasionally the timing of our boisterous group's applause caused confusion among the fans. Why was this group, way up in the blue seats, cheering wildly before face-offs and during commercial breaks? Come with us next year and find out for yourself.

Friday 23 Mar was Sports Day at CFANS. The much touted ski trip to Mt Agassiz fizzled, not because of a lack of snow but because bus transportation was unavailable for the day. Instead a round robin volleyball tournament was held at the gymnasium. Team 5 composed of Captains Gould (recent Volleyball Univ. graduate), Lecours, Richards and Truant and 2Lts Friday and Crowell went undefeated with a 5 and 0 record. After lunch the instructors challenged the students to a grudge match. The student team, boasting youth, fitness and agility, finally managed to wrestle one victory from the aging but crafty instructors. This feat was surely made possible by the trade of Capt. Al "Nice Serve" Watt to the students for future considerations. At press time no student had come forth to challenge the authenticity of this account.

706 Communication Squadron Reunion

On the weekend of 14-16 September 1990, the 25th anniversary of 706 Communication Squadron and the 30th anniversary of Camp Borden Signals Squadron will be celebrated at CFB Borden. All former members, their spouses and anyone with prior affiliations with this unit are cordially invited to attend.

In order to facilitate planning, we strongly urge all those desiring to attend to make it known to the committee as soon as possible.

For further information, or to confirm attendance, please contact 706 Reunion PR Chairman, 2Lt Peter Karagiannis at the following address:

706 Reunion Committee
706 Communication Squadron
Borden, Ontario
L0M 1C0

Tel: 424-1200 extn: 84-7284
OR
CSN: 270-7284

Tips on Taxes for 1990

Now is the time to start the approaching new decade in a determined and organized fashion when it comes to tax planning. Plan to turn around your tax filing schedule. That is, instead of thinking about your tax affairs only when you prepare the return, plan your strategies for tax reduction now. Include all family members in your tax planning. Remember, it is net family income that can determine prepayments for child tax credits and the proposed new Goods and Services Tax Credits. Therefore your plans to reduce net income will affect not only this year's after-tax results — but also next year's prepayments. Taxpayers cannot afford to ignore these real dollar bonuses available through the tax system.

Plan now to take advantage of the following tax reducers:

1) **Incur foreseeable medical expenses** to allow for the highest expenditure grouping in the best 12-month period ending in the current tax year. This can include a multitude of qualifying devices, institutional care, payments to private health plans, transportation and travel costs for prescribed care not available in your community and preventative treatments and prescribed drugs.

2) **Purchase capital assets** such as vehicles or equipment to create new capital cost allowance claims. (These may be subject to half year rules on acquisition).

3) **Incur portfolio management** fees or specific investment counsel fees for deduction against investment income, if the need for such advice is in your future.

4) **Cash matured but uncashed bonds** over 2 tax years — 1990, and 1991, where this will result in a reduced taxable income over the two years.

5) **Make charitable donations in the hands of one taxpayer.** On the first $250 given a 17% federal tax credit is allowed. This means if you give $100, $17 is returned by way of the federal tax system. On amounts over $250, a 29% federal tax credit is provided. Additional benefits will occur due to provincial tax provisions. While spouse's can claim each other's charitable donations, it is wiser to claim all charities in the hands of one spouse so that the reduced 17% tax credit rate is only incurred once on total family donations.

6) **Make contributions to registered political parties** — a $100 donation will reap a $75 refund on your income tax return. A maximum of $500 can be claimed in any one year, which is the result of a $1150 contribution.

7) **Compute RRSP "earned income"** for each qualifying family member now and make contributions for the 1989 tax year. Then have all members make their 1990 RRSP contribution early in the new year, if earned income can be reasonably accurately predicted. By contributing to an RRSP at the start of the year, rather than 60 days after the end of it, wealth accumulations multiply.

8) **Maximize your deductible child care expenses:** The maximum allowable amounts are $4000 for a child under age 7 (or children who are severely impaired), or $2000 per child over age 6 but under 14. Be sure to obtain receipts for all payments to babysitters, if that cost was incurred in order for the parent to earn qualifying income.

9) **Watch moves into other provinces** — you're taxed at the rates in effect for your province of residence at December 31 of the current year. If you have the option to move to a province with lower tax rates, do so before December 31. However, if you must move to a province with higher tax rates, do so at the start of the next tax year. Otherwise your tax deducted at source during 1989 at the lower province's rates will not cover your liability at the new province's rates.

10) **Pay your tax instalments on time** in sufficient amounts. Prescribed interest rates on late or deficient instalments have been as high as 15% with a further 2% penalty on the outstanding or deficient sums. Overpaying prior deficiencies by December 31 can also help to offset your interest penalties. In 1990 instalments must be paid on the 15th of March, June, September and December.

13) **Prepay tuition fees** for sessions ending in 1989 now.

14) **Buy compounding interest bearing investments** before December 31 to qualify for the last trienniel reporting eligibility (interest on compounding investments purchased after 1989 must be reported annually).

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Tips on Taxes is brought to you by your local U & R Tax Services representative: Unicity Mall U & R Franchise.

SECOND CAREER!

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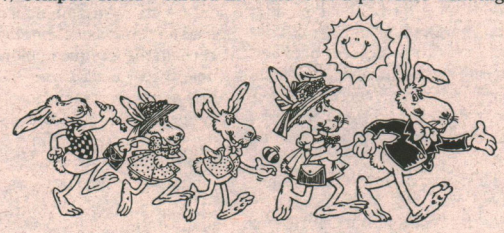

CFS Holberg

Ceremonies commemorating CFS Holbergs domestic site closure are presently being planned for the 4-6 May 90.

The events planned for that weekend are centered on a reunion of past members and include a variety of other activities. In order to adequately prepare for the anticipated large participation, it is imperative that we be notified early of the plans of those who decide to attend.

Interested parties are to address their requests or queries to OPI, CWO Arsenault, NTAS 334-6310 or GP 255-6310. Prospective attendees are reminded that accommodations on station, as well as in the immediate area are limited, therefore early bookings are strongly recommended.

Those past members unable to attend the reunion are encouraged to submit humourous anecdotes or stories of their past tour(s) here at RCAF/CFS Holberg.

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You deserve to look your best

by Dolores Kimack

Has the tax squeeze got you down? Do you hesitate to buy new clothes because of the price and the uncertainty of whether they will be in colors that flatter you? Do you already have a closet full of clothes you never wear?

Many women today who answer yes to any of the preceding questions are having their colors analyzed to take the guesswork out of shopping and start buying clothes that help them look their best.

Color analysis is not a fad. The theory was developed by Johannes Itten, a German artist and colorist. It is a proven system to determine which colors best suit your skin undertone. There are two types of undertone; cool or warm. Colors also possess undertone; yellow for warm and blue for cool. Often times you may look good in some shades of a color but not others. That is because you are either a warm undertone person or cool undertone person. When you have your colors analyzed there are two seasons for cool undertones (Summer and Winter) and two seasons for warm undertones (Spring and Fall). These categories further help you identify the exact shades of color that suit you best. Once you know your seasonal colors, you can shop with confidence knowing that as long as you coordinate your outfits in your seasonal colors, you will look your best. Having your colors analyzed professionally can save you shopping time and money.

Next week we will explore seasonal make-up and how to use it to your best advantage.

Dolores Kimak is a certified color consultant, who has given color demonstrations at the CFB Family Support Centres. For more info you can contact her at 489-6029.

Base Transport Promotion

Pte Wilson received his promotion to Cpl, effective 25 Feb 90. From the BTNO, Maj Lupien.

The Supplementary Reserve Keeping in touch

Old soldiers, sailors and airmen often talk longingly about retirement. But the fact is, most of us are going to miss our lives in the service and the service is going to miss us too. To the country and the Canadian Forces (CF), anyone who has been in uniform for any time at all represents an asset — part of a pool of knowledge and experience — that's hard to come by, and that would be required on a priority basis if Canada encountered a major emergency.

The good news is that there is now a way for many "old vets" to keep in touch more effectively. That is, after ceasing service or taking retirement from the Regular or Reserve Force they may now apply for enhanced membership in the Supplementary Reserve (Supp Res) which was revamped as of about a year ago. Up til then it was simply a list of names to which you could ask to be added when you had completed full or part-time service in the CF. After that it was pretty vague as to what commitment was expected of members and what might happen in emergencies if they were needed to report for service. Getting back into harness quickly would have been tricky in the absence of any current assessments of members' skills, not to mention lapsed medicals, security clearances and so forth.

But that's all changed. Today when you're ready to leave the Regular or Reserve Force you can elect to join one of two elements in the Supplementary Reserve — the Holding Reserve or the Ready Reserve. The first, the Supplementary Holding Reserve (SHR), will continue much along the same lines as the old Supp Res. Members have no obligation in peacetime other than to keep NDHQ advised of their current address and to respond to an annual letter. Nevertheless, they continue to represent a valuable source of military experience that could be called upon in times of national emergency.

The other element, the Supplementary Ready Reserve (SRR), is made up of former members of the Regular Force or Primary Reserve along with some selected individuals who had previous experience as Cadet Instructors or with the Canadian Rangers. These applicants are asked to state a Command or NDHQ Group affiliation and go through a selection process by NDHQ and CHQ staffs. Those selected are allocated against War Establishment positions within Commands, NDHQ Groups and/or other military elements across Canada that have been identified for potential manning in emergencies.

Although all SRR members are volunteers, they make a commitment when they join to report for active service in the event of an emergency when asked to do so by the CDS or his delegated officer. To maximize efficiency and limit confusion during any such call-out, SRR members must report-in annually to a pre-identified military host unit for about a day of assessment and processing. During this time members are interviewed to ensure that they have maintained required skills and are medically fit for continued participation. They are also briefed on their mobilization tasks. And some more good news, everyone receives a $300 allowance when they report-in for their yearly processing session. As well, members are entitled to normal DND travel and transportation expenses to get to and from host units.

Those retiring from the Regular Force who transfer to the SRR are expected to keep a basic uniform in good order. Those leaving the Primary Reserve are allowed to retain a minimum kit as all members would be required to report-in in uniform for the annual SRR assessment. Applicants must be processed for an SRR ID card and wherever possible, current security clearances will be transferable if needed for the new SRR position; otherwise new security clearance processing will be required.

The SRR has a planned requirement to grow to about 25,000 over the next several years. More than 4,000 have already joined. Most initial teething problems with the new concept have now been overcome and it is expected that the growth will continue. One of the key peacetime benefits of belonging to the SRR is that qualified members of the Supp Res are readily available for consideration for part-time or full-time Class B or Class C service should an opportunity arise for such employment within the Regular Force or Reserves.

So, why not keep in touch? Give some thought to transferring to the Supplementary Reserve (SHR or SRR) as you make your way through your release centre or admin unit. Staff there can provide or obtain more details on the SRR opportunities as well. CFAO a49-8 is the reference. So, fill out your Application Form (CF 1117) before you depart; the benefits are many and the cost to you is minimal. Your continued association with the CF is both strongly desired and needed. Canada is determined to have an enhanced Reserve Force — we need you to be a part of it!

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Back row: (L to R) Maj D. McLeod, CFANS, Capt B. Collier, CFANS, Capt R. McKenzie, 402 Sqn, Capt J. Vos, 402 Sqn, Capt E. Hoffman, 402 Sqn.

Airman of the month

MCpl Jones is seen here receiving from Capt Rietmuller, The Airman of the Month for March 90. With the new snow that's come our way, the BAMEO's Airman of the month parking spot will come in handy. Congratulations Dave.

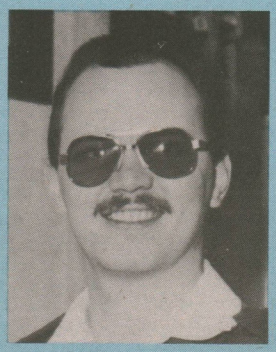
MCpl Dave JONES is a highly professional communications/Radar Systems Technician employed by the BAMEO Aircraft Trades Advancement Section. Dave utilizes his considerable expertise in his multi-faceted role as ATAT Co-ordinator and Flight Safety NCM.

Immediately upon the arrival of the CT142 DASH 8 Aircraft, Dave took the initiative to develop a navigational system training package to familiarize unit CRS technicians on the new equipment. He takes great pride in all aspects of his trade and his personal nature and enthusiasm are contributing factors to the successful development of his avionics ATAT students.

Dave, Dorothy, daughter Chrystyna and son Peter arrived in Winnipeg in Aug 87 after a tour in Petawawa. Dave is the section computer "Whiz" and spends off duty hours honing his computer skills.

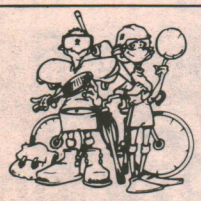
In recognition of his numerous contributions to BAME Organization, MCpl Jones is BAMEO Airman of the Month for Mar 90.

BAMEO Promotion



Cpl Dyck received his Cpl Hooks (3 months early). Andy joined the service in May 86 and has worked in Herc and Dak section, Transient and Tutor section, and presently on 3 crew in the recently amalgamated servicing crews. Congratulations and Well Done Andy.

HAPPY EASTER



SPORTS ANNOUNCEMENTS

Challenge Bonspiel

"This is too much like work!" puffs Capt Gerry Houlahan, as he and PO Ted Scott encourage their rock into the house. Capt Cliff Andre follows the stone, while LCol Dave Winmill stands by to sweep. The event was the annual 14 Trg Gp HQ/ARGHQ Challenge Bonspiel, held 8 March. The Reservists were again victorious in total points.
A "Groupie" Photo

Noon Hour Bowling League
14 MAR 90

TEAM	WON	LOST	POINTS
1. ARGHQ	9		305½
2. 14 TRG GP	12		298
3. DCOS PERS	7		274½
4. MIXED BAG	4		224
5. B COMPT	4		182
6. CE	6		180½

TOP 5 AVERAGES

Men		Ladies	
1. BUD KNIGHT	241	1. MARG KERR	172
2. DAN DUPRAS	232	2. ADRIANA MACKAY	170
3. DON BROWN	220	3. DARLENE ADAMS	166
4. JIM McLEISH	217	4. DARLENE WISTED	153
5. TED SZYPOWSKI	211	5. JUDY STURT	136

HIGH SCORES

Men		Ladies	
High Single — Flat		High Single — Flat	
1. JIM McLEISH	369	1. MARG KERR	294
2. BUD KNIGHT	347	2. ADRIANA MACKAY	239
3. JOHN BENSON	346	3. DARLENE ADAM	212
High Single with Handicap		High Single with Handicap	
1. JIM McLEISH	369	1. MARG KERR	312
2. BUD KNIGHT	347	2. KATHY NIELSEN	273
3. JOHN BENSON	346	3. DEB DUGAS	273
High Double — Flat		High Double — Flat	
1. BUD KNIGHT	652	1. MARG KERR	494
2. DAN DUPRAS	621	2. ADRIANA MACKAY	422
3. JIM MCLEISH	596	3. DARLENE ADAMS	396
High Double with Handicap		High Double with Handicap	
1. BUD KNIGHT	652	1. MARG KERR	530
2. DAN DUPRAS	621	2. KATHY NIELSEN	490
3. JIM MCLEISH	596	3. ADRIANA MACKAY	476

1990 Canadian Forces Broomball Nationals

The CFB Winnipeg Flyers returned to the CF National Broomball Championship in CFB St Jean as defending champs. The tournament was predicted as one of the closest ever, and that it was, with all six teams capable of winning the Gold.

Day one was a rough start for the Flyers losing 4-2 (CFB Petawawa) and 5-3 (CFB Lahr). Day two, we had to turn things around or be out of the play-offs. This was our best day, beating Chilliwack 6-0 and CFB Shearwater 5-4 (overtime). Day three, we only had one game but came up short 3-1 to CFB Bagotville. Despite our record of two wins, 3 losses, we finished in 3rd place. Our Semi-Final game was against CFB Lahr which turned out to be our best game of the tournament outshooting Lahr 40-4 but lost 1-0. In the finals Bagotville won 7-1 over CFB Lahr. The Flyers would like to thank all units/sections who helped make this season a success.

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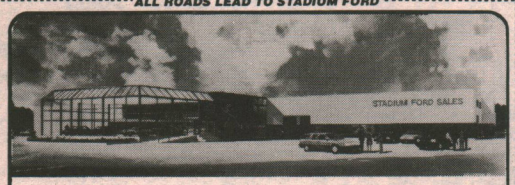
Day Aerobics Low Impact
When: 8 week session, Mon, Wed, Fri. 02 Apr-30 May 90. 0945-1045 hrs.
Where: Bldg A-2 Lipsett Hall.
Who: Military and Rec Card holders.
Why: Fun — Friends — Fitness.
Cost: $25.00 per session.
To register call Lipsett Hall 895-6185 or 895-6183. Payment for this session must be done prior to 30 Mar 90.
Your instructor is Shauna Wawrychuk.
NOTE: Personnel requiring a Rec. Pass can purchase Rec. Passes at the Rec. Council office Bldg. 90 (Rec. Centre North Side) on Tuesday and Thursday 0900-1200 hrs. Rec Passes must be purchased prior to 30 Mar 90.
(No refunds).

ALL ROADS LEAD TO STADIUM FORD



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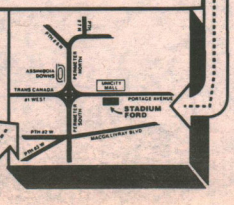

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CFANS takes inter-section floor hockey title

INTER-SECTION HOCKEY CHAMPS 89-90
Front, L to R: Rick Ihaksi, Christian Roy.
Back, L to R: Daryl Chin, Chris Semeniuk, Sylvain Proteau, Yves Labelle, Pierre Longchamps, Roy Philpott, Sean Friday, Stephane Bourque, Tim Burke, John Brennan.

Congratulations

The play-offs started 12 Feb 90 and were scheduled to end 22 Feb 90, "If the bottom team lost in the finals."

Cpl Bill Slievert's 2PPCLI team and Capt Christian Roy's CFANS team ended up in the finals.

2PPCLI was defeated, so a win on the 22nd would end the season. And it did indeed look like the Battalion would win, with a 4-1 lead at the end of the first half. CFANS dug deep and with one minute and 30 seconds left in the game led 7-6. With the time running out, 2PPCLI scored, the game was now tied 7-7.

The overtime period was hard fought but at 12:55 in overtime play CFANS scored giving them another life.

23 Feb 90 it was do or die. Again the game ended in a tie. In the sudden death overtime period the Battalion outshot CFANS, approximately 20-3 but OCdt Bourque put the third shot in, making CFANS the 1990 Inter-Section Floor Hockey Champs!

A special note of thanks to all Inter-Section Floor Hockey representatives for their support. See you next season.

Air Command Volleyball set for Play-offs

Well it came down to the final day of play before the divisional play-off format could be decided. DCOS OPS 'A' led by (In Your Face LCol Kerr) went 45-0 and finished first in 'A' division. ARGHQ with Charlie's Angels look pretty good on top of 'B' division. Then 'C' division led by the ever youthful CWO George will have stiff competition from the fun bunch. The play-offs will be a 3 division Round Robin schedule with the top two teams in each division playing the best 3 out of 5 series on 12 April, 1990, at Bldg 21. The following is the final standings and breakdown of divisions for the play-offs.

A Division	W	L	PTS
1st DCOS OPS 'A'	45	0	45
2nd LTC	32	13	32
3rd DCOS LOG	31	14	31
4th DCOS OPS 'B'	30	15	30
5th RSS PR	29	16	29
6th COMPT 'A'	26	19	26
B Division	**W**	**L**	**PTS**
7th ARGHQ	25	20	25
8th DCOS MAINT	25	20	25
9th DCOS MILE	23	22	23
10th CIV PERS	22	23	22
11th COMPT 'B'	21	24	21
12th 733 COMM SQN	21	24	21
C Division	**W**	**L**	**PTS**
13th 73 COMM GP	18	27	18
14th IPR	17	28	17
15th DCOS C & E	13	32	13
16th DCOS PERS	12	33	12
17th RGN OPS	11	34	11

Prairie Region Bowling Championships

The CFB Winnipeg Bowling Team ventured out to the wilds of Wainwright, Alberta for the Prairie Region Bowling Championships from 13-15 Feb 90. The team started out strong and were leading by 100 pins after nine games, however, on the second day, we couldn't get untracked, although we bowled well, CFB Cold Lake bowled better and after 15 games, they were leading by 142 pins.

Day three saw the ideal matchup, whereby Winnipeg was bowling Cold Lake in the last three games to decide the Championship. Both teams started slow in the first game, but Cold Lake prevailed and won by 110 pins and now lead by 252 pins. Winnipeg came back in the second game and won it by 10 pins. CFB Winnipeg saved their best game of the series to last with John Bonnell leading the way with a 341 and we beat Cold Lake by 101 pins, however, we were 141 pins short and CFB Cold Lake were the new Prairie Region Bowling Champions and will be proceeding to the Nationals in Montreal in April.

High average for the tournament was Sgt John Bonnell of CFB Winnipeg with a 249.8 average for 18 games. High triple of the tournament also went to Sgt John Bonnell with a 901 which he bowled against Cold Lake. High single of 373 went to Sgt Ken Andrews of CFB Cold Lake.

The Winnipeg team of Capt Don Brown, MWO Dan Dupras, WO Leo Fraser, Sgt John Bonnell, Sgt Gilles Legare and MCpl Tony Perry can be proud of their accomplishments and represented CFB Winnipeg extremely well. I am sure that they will do their best to return the Gold to Winnipeg next year.

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"Carry On Bombardier"

Bombardier Chris L. Bentley of the Royal Canadian Artillery Museum at Canadian Forces Base Shilo removes a mannequin from the Western Manitoba Centennial Auditorium. The mannequin was part of a display that was installed by the RCA Museum as part of the November 10th ceremonies that unveiled a new stamp honouring the 50th Anniversary of the WW II British Commonweath Air Training Plan. (DND Photo by Sgt Bob Thompson).

BOMBARDIER RECHERCHÉ

Le bombardier Chris L. Bentley du Musée de l'Artillerie royale canadienne stiué à la Base des Forces canadiennes Shilo enlève un mannequin du Western Manitoba Centennial Auditorium. Le mannequin faisait partie d'un exposition aménagée par le Musée de l'ARC à l'occasion des cérémonies qui ont eu lieu le 10 novembre pour souligner le dévoilement d'un nouveau timbre commémorant le 50e anniversaire du Plan d'entraînement aérien du Commonwealth britannique. (Photo du MDN prise par le sgt Bob Thompson).

SISIP — A Family Affair

As members of the Canadian Forces, we're action oriented. There's no doubt about that — what we do for a living is pretty far from, say, the business world. When businessmen talk about risk and danger, they're talking about dollars. When we talk about risk, we're talking about lives. Corporate missions to capture market share through outflanking the enemy are tactical manoeuvres that lack the grit of true military operations.

You might say we're a breed apart. We do things that most people wouldn't have the guts to do. We have experiences that people in other occupations only dream of. It takes a special kind of person to be in the Canadian Forces. We move around a lot. We're exposed to a unique set of stresses and pressures — and so are our families. It's this kind of work environment that makes personal security all that much more important.

Personal security starts with your family. It's hard to feel good about yourself if you haven't made sure that the people you love will be okay if you aren't around to do it. Just "okay" — not "great". No amount of life insurance can possibly come close to repairing the damage caused by the death of a person close to your heart. But at least the financial strain of a lost salary can be relieved. That's where SISIP — the Service Income Security Insurance Plan — comes in.

SISIP really is the members' plan. It's an insurance plan not only provided for the benefit of CF personnel, but also *owned* and *controlled* by CF personnel. That's an important point because, as members of a military force, we have needs that can only be properly understood by our own kind. So the SISIP plan is continuously updated and revised on the basis of suggestions from CF personnel. In fact, you may not know this — but the Board of Trustees that runs SISIP is made up entirely of CF personnel from a range of ranks. They make sure that SISIP is designed specifically to meet the nees of CF personnel, and they make sure that any "profits" earned by the plan are used to boost benefits or reduce rates.

SISIP Survivor Income Benefit insurance is the right plan for your family and you. It's the right plan for your family because, after all, life insurance really is for the living. That's why they call it Survivor Income Benefit — the benefit goes to those who need it. SISIP-SIB provides your spouse (or orphaned child) with a monthly income that, together with other government benefits (CFSA, Pension Act benefits) will equal at least 50% of your last pay rate. Canada Pension Plan or Quebec Pension plan would pay a monthly benefit in addition to this, to the spouse of a deceased contributor who had been contributing for 3 years or more.

SIB includes a cost of living adjustment to help keep the effects of inflation at bay. Based on the consumer price index, this adjustment will increase the SISIP-SIB benefit paid by up to 2 percent a year. In addition to this, further increases may be added when economically feasible during times of high inflation.

The SIB benefit is paid for the lifetime of the eligible survivor except if a surviving spouse remarries. In that case, SISIP pays a "dowry" benefit to the beneficiary equal to 36 monthly benefits. If the surviving spouse is establishing a common-law relationship, he or she will continue to receive benefits for 12 months and then gets a lump sum dowry equal to the remaining 24 months benefits. In either case, monthly payments stop after payment of the dowry.

But SISIP-SIB doesn't stop there. Each CF member with SISIP-SIB coverage would also receive a life insurance benefit of $20,000 on the death of his/her spouse and $7,000 on the death of a dependent child. This coverage is called Dependant Life insurance and it's part of SISIP-SIB because insurance is a family affair. Just as you want to make sure your family would be financially secure in the event of your death, so too do you want to make sure you are free from the financial strain of funeral expenses on the death of a family member.

Look at it this way — if your spouse dies, you'd want to make sure you could devote all of your energy and strength to supporting your children, emotionally and financially. That would be difficult enough under the extremely trying circumstances of a spouse's death. When you think of all the funeral arrangements that would have to be taken care of and paid for, the whole thing gets a little scary.

And Dependent Life continues even after your death. If you should die, each surviving dependent would receive a certificate of life insurance in the amount of $20,000 for the spouse and $7,000 for each eligible child for life. That's right — this life insurance coverage would pay off no matter when your surviving spouse or child dies.

So far, this sounds like a pretty good deal. "But" you ask, "What's the catch?" Well, here's the catch — SISIP Dependant Life (DL) is provided at absolutely *no extra cost* when you arrange for SISIP Survivor Income Benefit coverage. Some catch, right?

Both SISIPSIB and SISIP-DL are automatically provided to a CF member with a spouse and/or dependent child for the first 30 days of paid service. If you gain a spouse and/or dependent child, SISIP-SIB/DL coverage is provided *automatically* for a 90 day period. If you apply within that period, no statement of health is required and premiums become effective as of your marriage date.

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CHAPLAINS CORNER

Greetings from the Chapels

Going with the Eagles

by Padre V.C. Guntley

"Those who wait on the Lord shall renew their strength. They shall mount up on wings as eagles. They shall run and not be weary. They shall walk and not faint" *Isaiah 40:31*

In March, the "1990 gathering of eagles" was hosted in Winnipeg by Lieutenant-General F.R. Sutherland — "The Eagles" — to meet together like this there must have been a lot of activity engendered on the ground level. Old stories were retold and past experiences shared once again. Their mess dinner on 21 March was a very special occasion prepared with loving care.

So too, in April 1990, another very special week of communion and fellowship will be shared by Christians in many parts of the world. Holy Week begins with the Palm Sunday on 8 April and continues through to Easter Sunday, 15 April. The "Last Supper" will be reinacted. We remember with thanksgiving Jesus and his disciples last meal together on Holy Thursday. Then many christians will spend the next day, Good Friday, in worship, quietly meditating on the meaning of the cross and why Jesus Christ gave his life for all people on earth.

"For God so loved the world that he gave his only begotten son that whosoever believeth in Him should not perish, but have everlasting life." *John 3:16*

From Good Friday's concentration of Christ's death and burial, we move to the wonderful news of His resurrection on that first Easter Sunday morning when we welcome our new life in Christ and the joy of the Easter message "Christ is risen from the dead. Alleluia!" As Christians, we take time to pray and give God thanks for this great abundant love which we can share with all people.

Although we can and do pray whole doing our daily chores at home, in the office or when performing other activities, we may find we receive great strength in taking time to be quiet in communion with God. Whether in the early morning or some time during the day, let us wait on God to guide us so that like the Eagles, we can soar to the skies, as we go with the wind — the wind of God's Holy Spirit.

If you watch an Eagle soaring in the sky, it does not constantly flap its wings like other birds do. Instead, from its lofty perch on some rocky hill or mountainside where it has been gracefully and patiently sitting, the Eagle waits for the right current of wind to spread its wings, take off and blaze into the sunlit skies.

So like Eagles sitting and waiting for the right current of wind, each one of us can wait in prayer asking for God's guidance each day so that in all of our daily activities, we will recognize the right time to act. Like the Eagles, we go with the right current — the wind of God's Spirit — as we follow God's guidance and soar to the skies.

Sainte-Marguerite Bourgeoys Chapel (RC) North

Services for the Holy Week

Sunday, April 8	11:00 Palm Sunday Mass (in English)
	19:00 Celebration of Penance
Thursday, April 12	19:00 Mass of Holy Thursday, April 12
Good Friday, April 13	14:00 French Service of Good Friday
	15:30 English Service of Good Friday
Saturday, April 14	20:00 Bilingual celebration of the Paschal Vigil. Please remember that on that day, there is no mass at 17:00 nor at 19:00.
Sunday, April 15	11:00 Easter Sunday Mass (in English)

St. George's RC Chapel South

Services for the Holy Week

Sunday, April 8	10:00 Palm Sunday Mass
Thursday, April 12	18:30 Mass of Holy Thursday
Friday, April 13	15:00 Good Friday Service
Saturday, April 14	22:00 Easter Vigil
Sunday, April 15	10:00 Easter Sunday Mass

Services For Holy Week Chapel of the Good Shepherd (Protestant North)

Palm Sunday - 8 April
0900 - Holy Eucharist
1100 - Divine Worship
Holy Thursday - 12 April
TBA
Good Friday - 13 April
1100 hrs
Easter Sunday - 15 April
0800 hrs - Holy Communion
1100 hrs - Holy Communion

Chapel of St. Andrew

Palm Sunday - 8 April
1000 hrs
Holy Thursday - 12 April
TBA
Good Friday - 13 April
1100 hrs
Easter Sunday - 15 April
0830 hrs
1000 hrs

Westwin Community Council (N)

We would like to thank everyone who worked at and helped out at the Westwin Community Council (N) skating rink.

Does Easter mean beans to your kids?

If you agree that Easter should do more for your children than raise their blood sugar level, we invite you and your family to experience the true miracle of Easter in The Protestant Church The Chapel of the Good Shepherd and The Chapel of St. Andrew

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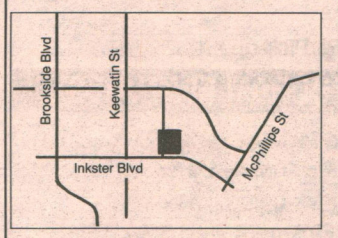

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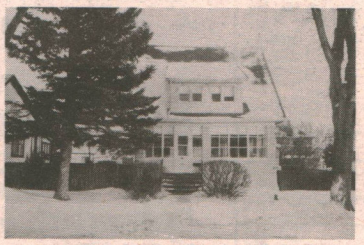

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SCOUTS CANADA

Scouts Meet Premier

A brief glimpse into the busy workday of some of Manitoba's elected representatives, was afforded the boys of the 51st Scout Troop recently, during an evening visit to the Legislative Buildings.

The Scouts toured the Buildings on March 8, as part of their requirements to earn the Citizenship Badge. At about 7:00 p.m., as the boys were gathering by the Grand Staircase, Premier Gary Filmon passed by on his way home after an active day. Spotting the Scouts, he came over to greet them, and spent fifteen minutes answering questions and signing autographs.

Next, the boys were ushered into the Manitoba Room to meet their elected representative: Iva Yeo, MLA, for Sturgeon Creek. Mrs. Yeo pointed out the features of this room, which is also known as the Speaker's Reception Room.

The boys were then shown the Lieutenant-Governor's impressive reception room, reserved for visiting royalty, heads-of-state, and vice-regal receptions. Of particular note is the ornate Prince of Wales Chair, which is for the exclusive use of members of the Royal Family.

Next stop was the legislative chamber, where the fifty-seven elected members carry out their duties for the people of Manitoba. The boys learned of the importance of the position of Speaker, Sergeant-at-Arms, and the history and tradition of the Mace.

While viewing the Rotunda, Gerry Ducharme, Minister of Urban Affairs and Housing, stopped to say hello. Mr. Ducharme, his arm loaded with portfolios, was on his way to a committee meeting, his workday not yet over.

The visit not concluded, the boys came away with a better understanding of the workings of Manitoba's government, and an appreciation of one of North America's most impressive legislative buildings.

The 51st Scout Group was quite busy during Baden-Powell Week. Padre Guntley welcomed members of Scouts and Guides, to service on 18 Feb. On 22 Feb a special evening ceremony was held for boys moving up to their next level of Scouting.

Jonathan Hudon and Curtis Robertson, left the Beaver Colony to "swim up" to Cubs, and no less than nine Cubs left the Pack to join the Scout Troop.

Chris Rankin, Mike MacKinnon, Alex Bartlette, Brian Shawcross, Chris Steward, Nicolas Hudon, David Greenough, Mike Bonikowsky, and Kelvin Turriffare are now members of the Scout Troop, and working toward their Woodsman's and First Aid Badges.

George McIntosh has been appointed Senior Sixer for the Cub Pack. New Sixers are: Justin Smadyla, Dave Gagnon, Nathan Davis, and Kevin Exner.

Upcoming events include a combined Scout/Cub camp on March 24 and 25, and the Manitoba Scout Show at Minto Armouries on April 7.

The Scout Show is open to the public, from noon till 4:00 p.m., and is well attended every year.

Why not spend a Saturday afternoon seeing Scouting in Action.

Trees for Canada

Canvassing dates — April 2-30, 1990.
Planting date — May 5th, Agassiz Provincial Forest.

Trees for Canada is a project where Scouting groups across Canada plant trees to show their concern for the natural environment, and help raise funds for all levels of Scouting. 50% of the money raised stays with the group, 35% goes to the Manitoba Campsite Development Fund, and 15% is donated to the Canadian Scout Brotherhood Fund to assist people in the Third World and developing countries throughout the world. This money is matched by the Canadian International Development Agency (CIDA).

The 104th Beavers and Cubs (Lipsett Hall) will be canvassing the south side PMQ area, for donations, during the month of April. Thank You for caring and giving!
104th Beavers and Cubs

Family Support Centre

Mon, 2 April, Drop-in 12-3:00 (S)
Tue, 3 April, Parenting - Final Session (N), Drop-in 12-3:00
Wed, 4 April, Drop-in 12-3:00 (S)
Thur, 5 April, Drop-in 12-3:00 (N)

Mon, 9 April, Drop-in 12-3:00 (S)
Tue, 10 April, Drop-in, 12-3:00 (N)
Wed, 11 April, Kiddies Easter Crafts, 1:30 (S)
Thur, 12 April, Kiddies Easter Crafts, 1:30 (N)
Fri, 13 April, Closed — Good Friday

Mon, 16 April, Closed — Easter Monday
Tue, 17 April, Drop-in, 12-3:00 (N)
Wed, 18 April, Clothing exchange, 1:00 (S)
Thur, 19 April, The Playzone (bus outing) 09:00 (N)(S)
Fri, 20 April, How to talk... (parenting), 9:30 (S)

Mon, 23 April, How to talk... (parenting) 9:30, (S). Drop-in, 12-3:00
Tue, 24 April, Siblings w/o rivalry (parenting), 9:30 (N). Drop-in 12-3:00
Wed, 25 April, Joy of Music, 3-5 yr olds, 2:00 (S)
Thur, 26 April, Drop-in, 12-3:00 (N)
Fri, 27 April, How to talk... (parenting), 9:30 (S)

Mon, 30 April, How to talk... 9:30 (S). Drop-in 12-3:00

Family Support Centre

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(N) & (S) — DROP-IN — Visit the Centre for a cup of coffee, a friendly chat or to get some information on community spring recreation programs.

(N) & (S) — KIDDIES EASTER CRAFTS — Join us for some fun craft time. Make a bunny, decorate an egg! Please register in advance! Cost - $1.50 for materials.

(S) — CLOTHING EXCHANGE - Sort out your closet and bring in those items you'd like to exchange. There is a variety of children's and adult clothing at the centre.

(N) & (S) — THE "PLAYZONE" — Let your child experience the ball room (5000 balls), tunnels, climbers, and air bouncer and more! There will be a bus pick-up on the N & S side. Cost - $3.00 per child. Pre-registration necessary.

(S) — HOW TO TALK... (Parenting)! — A seven session parenting class 9:30-11:00. Fun, friendly and it works! Please call for information on fees, child care and registration.

(N) — SIBLINGS WITHOUT RIVALRY — A 6-week parenting course to help you to help your children learn how to live together. Call for information and registration.

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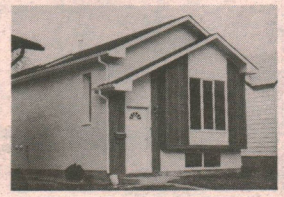

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LOST

Lost - One diamond engagement ring in Jr Ranks 21 Mar 90. Reward offered. Ph: 896-0743.

Misc. For Sale

For Sale: (Due to allergy) 2 F. Zebra Finches with cage, food and accessories. Asking $50. Ph: 489-1935.

For Sale: One 6 person dome tent, 1½ yrs. old, excellent condition, used only three times. Asking $150. One 2 person air mattress with pump. 1 year old, asking $50. One sectional sofa, beige, three years old, asking $500 OBO. One padded sit-up bench, one year old, asking $15. One weight set, three years old, excellent condition, asking $65. One hexagon glass/wood table and chair set, one year old, asking $175. Call 832-9483.

Posted - For Sale - 150' chain link fence complete with top rails. Only 1½ yrs. old. $350. One 10' × 10' metal shed with wood doors. $100. Ph: 832-8072.

Must Sell: 71 Ford Torino, 2 dr. 302 PS, PB. many extras. Sport mags and winter set. Asking $3000 or reasonable offer. Serious inquiries only. Ph: 831-7558 (H) or 895-5012 (W).

For Sale: One top of the line exercise bike. Excellent condition - low mileage - owned by a little old lady who only used the bike during As The World Turns. She was also a non-smoker. Price $90. Ph: 837-2111.

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Wanted

Posted - We are looking for a good used fence 150' × 200'. Pls. call 489-0555 before 8 p.m.

Babysitter Wanted — For casual daytime sitting. One child, south side. Ph: 488-2860

Westwin Community Council (N)

Family "Fun" Day

Date: 03 June 90 (weather permitting)
Alternate date: 10 Jun 90.

Volunteers required to help work at this 'Fun' Day.

There'll be 'dunk' tank, ball tournament, games. Any suggestions, please phone Cpl Rose Gallant, Local 6635 or phone Westwin Community Council Bldg (889-3041).

WE NEED TO MAKE THIS DAY A SUCCESS. Please phone by 13 April 90.

CIVILIAN EMPLOYMENT CFE — CIVILIAN PERSONNEL:

Prior to APS 90 CFE would like to provide the dependents of personnel scheduled to arrive in Germany the opportunity of submitting a resume for employment consideration.

Early submission will give the applicant quicker access to the CFE job consideration market and provide staffing officials a better lead time for identifying possible candidates for positions.

There is limited civilian employment, however, those interested should apply soonest to the appropriate BCPO Lahr or BADEN providing training, experience and specialty skills information.

Formal registration with the BCPO will be required upon arrival in CFE.

This msg does not constitute any assurance of employment in CFE but reponses will form a part of both public and non public employment inventories.

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