



**Free**  
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CFB/BFC Winnipeg  
 6 July 1988

# A monster visits Winnipeg!

by Lt Lynn Byers



The visiting C5A Galaxy from Travis Air Force Base, California.



An American loadmaster guides the AMS crew as they push a pallet into position on the Galaxy while the K-25 awaits at the other end to be offloaded.

Some weeks ago a few of you may have noticed what looked like an overgrown Hercules sitting on the ramp in front of Hgr 16. No, you weren't imagining things, what you saw was a C5A Galaxy from Travis Air Force Base in California.

The crew of this plane usually has to "put up with" a regular route that includes points in California and Hawaii. No doubt it was a nice change for them to come to an "exotic" location like Winnipeg in support of a joint U.S.-Canadian operation to dispose of dangerous goods from closed radar sites.

The arrival of the Galaxy was

the result of a lot of planning and hard work on the part of MWO Cox and the staff of the Air Movements Section. This versatile team handled all aspects of the Winnipeg leg of the Operation from taking the inventories to packing the crates to strapping the loads onto the pallets. At times it seemed like Murphy's Law was working with a vengeance what with hot weather, broken cranes and no rollers for the lowbed trailers. But, in spite of it all the day had arrived; the plane was here and everything was ready to go.

The C5A is state of the art with a rollerized cargo cabin that

is large enough to hold six 40 passenger buses or 300 troops. The "second floor" has room for another 75 passengers and all the comforts of home for the crew. One of the five loadmasters told us that traveling on a Galaxy wasn't bad except that there were no showers. We agreed that this was a disadvantage and tried not to think about the "quality" of the "facilities" on our Hercs.

After refuelling and a whirlwind tour, the K-25 pulled up to the ramp and we were ready to start. It seems that no matter how modern the equipment, loading cargo always comes down to

continued on page 4

## The Gift of Life

"The gift of life." The body fluid that courses through veins and arteries enabling us to live.

Without it we die. Blood! And where does blood come from? Organs in the body can produce blood but not at the rate sometimes required. At this point the body's blood supply must be supplemented by transfusions. In some cases many units of blood are required. We all know where the blood for transfusions comes from. Blood donors!

Unlike Americans and in keeping with Canadian Tradition, donating blood is a voluntary act. In my opinion, and I emphasize, My Opinion, as Servicemen and Women we have a moral obligation to donate blood. For two rea-

sons. The first reason is the most important. As Servicemen and Women we have passed rigid medical and physical tests to enter and stay in the Armed Forces. We are society's "cream of the crop" when it comes to being fit. And we have to maintain that standard or we could find ourselves unemployed.

What it boils down to is this: we are healthy, young and in shape. There isn't, or there shouldn't be, any physical deterrent preventing us from donating blood!

The second reason doesn't carry much weight at this time. However, it mustn't be forgotten. The military could, during times of international crisis, become

the largest consumer of blood. The tables could be turned and we could be dependant upon the civilian population to donate blood.

If we hold up our end of the deal during peacetime, it won't be so hard for society to donate during times of conflict.

I don't know the exact working population of CFB Winnipeg. It would be safe to say that it is probably much greater than the quota set by the Red Cross.

The need is always critical. There is a saying: "are you bigger than yourself." Interpret it any way you want to. But when it comes to giving the gift of life; are you really bigger than yourself?

Reprinted courtesy CFB Trenton Contact

**Every drop counts**

Be a blood donor

Every six seconds a Canadian Citizen requires a blood transfusion. Think about it. In the time it takes you to read this, how many Canadians will receive a blood donation from the Red Cross? But of course that Canadian who requires blood every six seconds is only a statistic, right? Well think about it. If you don't agree or if you think that maybe it could be you who receives a blood transfusion, then do something about it. Be a Red Cross Blood Donor at the forthcoming Base Clinic. It will be held Monday, 22 August 1988 from 0930 hrs to 1130 hrs and 1300 hrs to 1600 hrs at the Junior Ranks Mess (Bldg 61) CFB Winnipeg.



# The Base Chief Said...

Wow! I've never seen Quincy so hot under the collar as he was last week. The reason he was so upset was because someone had blamed me for something that I didn't do. I tried to explain to him that it really wasn't that important. However, he went around for days fuming and fussing.

The thing that got him going was an incident which occurred in Halifax. It seems that one of our "land-locked" sailors was in the Nova Scotia capital wearing his DEU service dress with a Navy Blue Beret. This of course is contrary to regulations, as Naval personnel may only wear the beret with Base/Operational dress. Anyway, when corrected by the Command Chief, he is alleged to have said, that the Base Chief in Winnipeg said it was OK.

I have tried to tell Quincy that he shouldn't get all upset over these things, as I get blamed for a lot of things, and if I took them all to heart, I'd have quit a long time ago. Quincy has stated to me, that if he ever finds out who the individual was, he will take a piece out of his leg. So I hope for his sake, that we never find out.

Dress is one of those areas that really gets to the little guy. I guess it's because we talk about it so much. For example, while we were on our walk at 0700 hours, 7 June 1988, we observed a major riding his bicycle up Sharp Blvd, in full Air Force uniform, less head dress. Quincy wanted to know two things. One, was that correct, and two, who was this person? I told him, "No" to the first question, and "I wasn't close enough to be able to recognize him", to the second. Quincy suggested that I start carrying a camera, take photos, and ask Voxair to publish them. I tried to explain that Voxair is only 12 pages, and I know the Editor would not give me eight pages for photos of dress infractions.

I have to be real careful around Quincy, and not show that I'm upset about things. However, on the evening of 20 June 1988, I couldn't help myself, and he knew it. What happened was, as I got ready for bed, I realized that my watch was missing. I had played

ball (played at it), and of course I don't wear my watch while playing. After searching the house and car, and accepting the fact it wasn't there, Quincy and I, armed with a torch, headed for the ball field. I figured if anyone could find a watch at midnight, my trusty friend could. Wrong! He got on the scent of a gopher, and not only did I not find the watch, it took me a half-hour to round him up. Disappointed and disgusted, I took him home. On the way, I decided to stop and report the loss to the Military Police.

The young man on duty asked me to describe the watch, which I did. After my description, he indicated that I was in luck, as the watch had been turned in. My immediate question was, "By whom?" I was told it was MCpl Michel Pouliot from Base Transport. Apparently his son, Geoffrey had found it, given it to his dad, who in turn, handed it over to the MPs.

I would like to publicly thank both of them for their honesty, and commend MCpl and Mrs Pouliot for raising their children to be good citizens. It's not too often that honesty is practiced by everyone. It's nice to see that it's alive and well in the Pouliot family. The watch means a great deal to me, and I appreciate having it back.

Speaking of playing ball, we are talking slow-pitch here, it's a lot of fun, and if you haven't been out with your section, you should do so. Everyone needs the support. Someone called me Pete Rose today, but I suspect that that was in reference to my age, and not my ability.

Oh yes, before I forget, Quincy wanted me to tell "Brandy" Duncan, that his dad came through, and there are fans in the duty NCOs' rooms now. He thanks "Brandy" for bringing this matter to my attention, and for making the suggestion.

I think the following article in the leadership series is appropriate to my column. We will call

this one, "SHOULDER THE BLAME".

Nobody likes to take the blame for anything. It's hard enough to get the average person to admit he has made a mistake. With some people it's almost impossible.

Sometimes it's a matter of pride. People just don't like to admit they were wrong. In other cases, it's a carry-over from childhood. People who were severely punished for errors and accidents as children sometimes still carry an instinctive dread of ever being found to blame for anything. It's a childish attitude, of course. Everyone makes mistakes; no one is perfect. When you're to blame for something — or you've made an error — the sensible thing to do is to step up and admit it.

The people you work for appreciate this attitude. It makes their job that much easier. They don't have to wear themselves out trying to make you see the light. People respect you for having the courage to admit your errors. It's a good sign of leadership ability. The fellow who is quick to see his mistakes and correct them is bound to attract favourable attention.

Willingness to admit your errors actually makes them seem less important. Quickness to recognize your own mistakes is very important when dealing with the people who work for you. In fact, it's wise to take more than your share of the blame, particularly if it comes from "higher ups". Nothing makes a man wilder than to be blamed for something which was wholly or partly your fault.

In your own dealings with people, try to steer clear of blaming anyone for anything. The damage done by mistakes or accidents can't be helped by fixing the "blame". Make people realize your only purpose in investigating boners is to prevent another one.

I have mentioned before that Quincy has sad eyes, and they were never sadder than two weeks ago Friday. We were watching some of the horse racing from Assiniboine Downs on Channel 7, and I thought I detected little tears in his eyes when the track announcer said, "THEY'RE OFF"! You see, we had Quincy "fixed" three weeks ago.

## BOR Personality of the Month



MCpl Julie Gallant

Cpl Julie Gallant was born in Winnipeg and later became a resident of Halifax, joined the CF in that city on 26 Feb 81, did her basic training in Cornwallis and her TQ3 Adm Clk training at CFSAL Borden. Her first and last posting was CFB Winnipeg, although employed in various sections such as BML (BEME) Oct 81-May 84 where she received an accelerated promotion to Cpl, MP Section May 84-Jun 87 and BOR Reds since then she has never served outside Winnipeg. (Some people have all the luck!!)

Julie is a very strong Adm Clk whose knowledge, sense of humour and good natured bantering have a positive influence on our young clerks. She is a valuable member of the BOR team and we hope to have her with us for a long time.

Julie resides in PMQ's with her husband Ed (an MSE OP) and their two children John and Rachelle.

## BOR news

Well, business is booming in the BPADM Section and the APS has certainly arrived. This APS BOR/R&D will have served approximately 2400 members and dependants, posted in and out of CFB Winnipeg; and speaking of members posted in, we would like to welcome a new member to the BPADM Section: CPO1 Chick Lenahan. Chief Lenahan arrived from HMCS Queen, Regina and is the Base Superintendent Clerk. Welcome Chief, it's great to have you on board ship and we hope you enjoy your stay in the clear, blue skies of CFB Winnipeg.

Busy as it is, we still have managed to arrange a few festivities to alleviate some of the pressure. On 25 May, we enjoyed a lunch BBQ outside of Bldg 86, along with a fun game of slow pitch. On 10 June, a few members were able to head down to CFB Shilo for the Annual Manitoba Region Administration Golf Challenge. CFB Winnipeg won the overall trophy with Maj MacInnis/BPADMO winning low gross. Who ever said golfing was an intense sport of skill and concentration?!

Before I sign off I have a little story to tell. As you well know, we have a clerk in the BOR who handles all administration on pregnant women. MCpl Patricia Haines was away on annual leave for 2 weeks and Cpl Roger Doucette was replacing her temporarily. One day, Cpl Doucette had just completed an interview with a 'new mom' (baby was with her fast asleep in her baby lounger on Cpl Doucette's desk) and had a question in regard to a LWOP updt which he directed to one of the supervisors, and the supervisor asked him, "Where did she have her baby?," he replied, "On my desk."??

Till next time, have a great week.

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Production Editor/Production	- Lt Jane Grossman	- 895-6334
Assistant Editor/Rédacteur-Adjoint	- Capt A.P. Graham	- 895-5135
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# Home computer: children's writing tool

by Don Shaughnessy, CA



**MONEYCARE**

Our children live in a computer world. They are exposed to computers as soon as they get to school and most will use them in years to come in their jobs.

Why have one at home as well?

A few years ago, the rationale the computer makers gave us was to balance our chequebooks, computerize our recipe files and accomplish other simple home tasks.

This sort of thing has not happened because it is misuse of a computer. Such tasks require an extraordinary amount of work on a computer and are done easily without one.

(as a bonus you can use the home computer yourself) because they have become the industry standards.

All other kinds are either not proven in the marketplace, or are outdated. The Apple II and Commodore 64 machines still commonly used in the classroom are in the latter category.

Only the few computer nuts among us want to use a computer for its own sake. The rest of us want to use it as a working tool.

If that's why you are considering a home computer, your reason is valid. Any other is not.

For CA's advice on TV — see Your Wealth, available on broadcast channels in Ontario and on satellite across Canada, or see Money in the Bank, on your community cable channel.

Moneycare is general financial advice by Canada's chartered accountants. Don Shaughnessy is with Great West Life Assurance Company.

# Community Service Awards

On Sunday, 29 May, the Community Service Awards presentation was held in the Sgts' and WOs' Mess. Fifteen awards in all were presented for a variety of volunteer community services which were performed in the past year.

Support in youth activities, service on the community councils, work for the Voxair and volunteering time and effort in our community activities were the contributions of the recipients.

Making the presentations was the B Adm O, LCol Ken Doerksen. Master of ceremonies again this year was Lt Gerry Howe.

In short the Community Service Awards is a means of recognizing outstanding voluntary service to the Winnipeg military community. Once again a big round of applause for all of those who gave their time and effort for our community.



Fm L to R:

Front Row: MWO Louise Guenette, Mary Lou Allard, LCol Ken Doerksen, Sgt Denise O'Brien, Linda Grant. Back Row: Capt Tom Walls, WO Don Smart, Sgt John MacFarlane, Sgt Paul Deschambault, Sgt Larry Grant, Capt "EV" Mackinnon, Sgt Jan Louie, WO Robert Shawcross. Absent: Lt Jane Grossman, WO Jean Yves Demarbie, Sgt Brian Barkley



A computer should be used in just the opposite situation: where the machine is the preferred tool because it is more efficient than manual methods.

Therefore the only significant reason to have a computer at home is as a writing tool for your children to use in their school-work.

A computer used this way with one of the simpler word-processing programs is a far better writing instrument than a typewriter.

The ability to make instant corrections and alterations is so overwhelming an advantage that it is worth having for itself — because it makes better writers of computer users.

As a subsidiary reason, there is the ability to use spreadsheets in complex projects that students get in grades 12 and 13 and at university.

How about games? There are constructive games, just as there are constructive TV programs, but parental control is necessary in both cases to ensure that the children do not get carried away.

The best distinction between games that make you think and the useless shoot-'em-up type is that the latter require a joystick. You do not need one for such positive games as chess and checkers.

The answer: Do not buy a joystick.

As for the type of computer, choose either the MS-DOS type that follows the International Business Machine Corp. pattern or Apple's Macintosh. These are the machines you have at work

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# cfans news corner

NAV SQN

Welcome back to the air navigation school where we report the news as we see it, and if we don't see it we make it up.

Firstly, congratulations are due to Capt Kaz Oreziak and his wife on the birth of their daughter Madeleine Nicole.

Recently the staff held their first of many annual get togethers this year and enjoyed a Medieval feast. An excellent time was had by all as most members dressed in costume to participate in the festivities. Honourable mention must be given to Capt Al Watt and Suzanne Gould as winners of the best costume.

On the student side of the house we have just said good-bye to course 8704. No, we didn't just get rid of them, they actually graduated as qualified air navigators. Best of luck to Lt Dave Beerman, off to HS 443 Shearwater, Lt Andre Caron to VP 405, 2Lt Marc Feron VP 415, Lt 'Snap' Owen to VP 407, 2Lt Rene Beaulieu 437 (T) SQN and Lt Anil Mohan 436 (T) SQN. They will now discover there is a world outside of CFANS.

A fond farewell also needs to be said for a few of our staff who

will be departing for greener pastures. Maj Jack Backstrom is off to Cranwell, England for their version of the Aerospace Systems Course. Capt Andy Graham is also off on exchange to Maui, yes that's Maui, Hawaii. Capt Kaz Oreziak is off to work in Lahr. Back home, our more normal postings have Capt Chris Kirby off to base OPS Shearwater, Capt Luc Gerber to VP 404 Greenwood, Capt Mike Stortini to 413 SQN Summerside, and Capt Mike Connors to Goose Bay. The best to you all and don't forget to put in a good word for me. Of course, that only applies to the first three forementioned. And in the same vein, Capt J.P. Charbonneau is taking his leave from the military to start a new career as a civilian. Something about he likes more choice in the colour of his suits.

On the lighter side, we recently held our annual volleyball tournament (last held in 1971) between students and staff. There were no small surprises as standards flight won overall. Something about none of the students dared to hit the ball back over the net.



The CFANS Slo Pitch Winners

Congratulations to Sylvia Wood, Major Charlie Rogers, Capt J.P. Charbonneau, Capt Rich Schwartz, OCDT Dingwell, Capt Chris Kirby, and MCpl Frank Nadon on their court prowess.

Also on the sports side, the Nav school instructors recently placed first in the base commander's slow pitch tournament. A well done to the team and thanks for the support to all others who showed to cheer us on.

And finally, 8706 and 8707 recently returned from their orientation visit to find out what real navigators do. For 2Lt Benninger, no, real navs do not use the window to enter and exit the room. By all accounts it was a successful trip as the sum total of funds upon return to Winnipeg was less than five dollars. Also, rumours Capt Daly and Capt Choiniere are co-hosting a barbecue are false.

...Monster cont'd. from page 1

the same thing — get behind it and PUSH!

With three double pallets ranging from 15,000 lbs to 20,000 lbs each and a total load of 181,952 lbs, we say push, we mean PUSH! The months of preparation culminated in three hours of loading and then it was "Miller Time!" Another project was successfully completed by the Air Movements Section of CFB Winnipeg.



Before everyone goes on leave for the summer, we would like to give you some bits from 429 Sqn.

The NDC tour finally came back on the 3rd of June after 28 days of hard labour. Some of the loadmasters were getting lonely towards the end of the trip to the point of having some engineers appear attractive under special circumstances. Further details can be released with approval of the concerned individuals.

Security on the trip wasn't a problem since even crewmem-

bers couldn't open the aircraft on two occasions. But with good planning from the start they were provided with spare lockers.

We would like to congratulate the baseball team of 429 Sqn/CFS for their excellent performance. They have won 3 games and lost only one.

Also, congratulations to Sgt Boucher-Smith on her promotion to that rank on the 1st of May.

Well, that's it for now and we wish you a happy summer.

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# Base Ops Talk

Not much has happened since the last time I wrote, however, I can always find something to write about. I hope everybody enjoyed the nice hot weather we had, even though we had to work in an unhealthy environment, at least some of us did. However, we should consider ourselves lucky that we were inside and not working on the line like the servicing people. But, hey! To help beat the heat or enjoy it more, don't forget the Base Ops day at Fun Mountain water slides on Sunday the 26th of June beginning at 10:30. See your entertainment reps for more information. So be sure to come out and bring the children, friends, neighbors or whatever and have some fun. Also, don't forget our first annual Fish Derby. The deadline for registrations was the 17th of June. So good luck and happy casting!

The 1st Annual ATC Golf Challenge was held at CFB Portage La Prairie. Eight confident golfers from Winnipeg Base Operations went to beat the best from the Portage Air Traffic Con-

trollers. The day was incredible, a perfect day for 18 holes of pleasure, hot and CAVOK with a slight breeze.

There were, however, a few mishaps! Roy 'Fly' Field was the first casualty, breaking a zipper prior to teeing off; Bob 'Four Putt' Graham hit double digits on the first hole and second... Ray 'Bogey' Giovannetti kept looking for that elusive par; Bob 'Tip' McLennan decided to get the most exercise out of all the golfers; Sylvain 'Zig Zag' Tousignant hacked his way to his first golf trophy; Norm 'Rough' Coull has to look for his ball on both sides of the fairways; Arv 'Arnie' Reder just couldn't do any wrong; and Randy 'Short Cut' Wikdahl attempted and almost succeeded to shorten all the dog leg holes. Missing were George 'Alert' Skidmore and Bob 'Lumberjack' Burke known to fell saplings with one swing.

The Steve Sobkowich Memorial Trophy was won by the team from CFB Portage. The winning team consisted of Ken Greenwood (78), Terry MacDonald (91),

Mike Maynard (92), and Marsh Mills (105). Leading the Winnipeg team were Arv Reder (85), Randy Wikdahl (87), Roy Field (92) and Ray Giovannetti (105). The most honest golfer over 18 holes was Bob McLennan, while Sylvain Tousignant had that distinction over nine holes. The longest drive was PG's Mike Maynard who won the Air Canada Tote Bag. Everyone who golfed won a prize.

Afterwards, a mixed barbecue was held at the 19th hole and a few thirsties consumed. The draw for the Bartenders Mix was won by 429 Sqn's Lt Melanson. A special thanks to the organizers Cpl Roy Field of Winnipeg and Cpl Jim Melvin from CFB Portage for a job well done.

Have you noticed Bev (BMoPo) walking around with a big smile happier than a pig in ....? She has moved out of her apartment and into her very own home. Happy new home Bev!

Soon the children will be out of school and everybody will be going on summer holidays and other such things. So be safe and until next time, have a good one.

# From The Mailbag

by MCpl Wayne Obleman

If you haven't heard by now, the postal rates have increased as of the first of Jan 1988. This means that a letter or postcard mailed in Canada for delivery in Canada will cost 37¢, up to 30 gm; 43¢ to the U.S.A., up to 30 gm; and 74¢ for international mail, up to 20 gm.

With the increases, came size restrictions. For customers buying stamps at a post office counter, the minimum size for standard mail is 10 cm by 7 cm by 0.18 mm thickness until 01 Apr. 89, when it changes to 14 cm by 9 cm by 0.18 mm thickness. The maximum size for standard mail is 25.5 cm by 15 cm by 5 mm thickness, until 01 Apr. 89, when it changes to 24.5 cm by 14 cm by 5 mm thickness. Now, you're wondering how this affects you. If you go into a post office and you're mailing a letter, postcard or other similar correspondence and it does not meet the above specifications, you may have to pay an extra 10¢, 17¢ or 37¢ depending on the 30 gm or 50 gm weight limits. Anything over the 50 gm weight limit, must go as oversize. But that is not all, oversize has size restrictions also. The

minimum size is 25.5 cm by 15 cm by 5 mm thickness (changes 01 Apr. 89 to 24.5 cm by 14 cm by 5 mm thickness) to a maximum size of 38 cm by 27 cm by 2 cm thickness. If your item of mail is greater than any one of these size restrictions, it must go at parcel rate, either first or fourth class. A little note to remember, first class in Canada goes by air mail and fourth class mail goes by surface (truck or train).

The maximum weight for any item in Canada is 30 kg or 66 lbs.

Sooner or later, everyone sends a parcel off to friends, relatives or companies, whether it be for a birthday, Christmas present or a book being returned to the publisher. N.B. — If you receive books, records, etc from various book clubs or music clubs, Canada Post will allow you to open the envelope containing the bill (usually attached to the outside of the box or carton) only. If you open the box itself, you are required to pay the return postage, if those books or records are not wanted.

Did you know that the maximum size for a first class parcel is 1 metre by 2 metres. This means that the longest side whether it be length, width or depth cannot be greater than 1 metre and the length plus the girth (circumference) cannot be greater than 2 metres. If any one of these measurements is greater, then you have an oversize parcel. The maximum size for oversize first class parcels is 2 metres by 3 metres. The only difference between the two, is that in addition to the first class postage you are required to pay a \$3.50 surcharge.

With fourth class parcels, the mailer is given a break on size restrictions. The maximum size is 1.10 metres by 3 metres with an oversize restriction up to a maximum of 2 metres by 3 metres. As with first class parcels, the \$3.50 surcharge applies.

For the next article, I will be talking on services that Canada Post has to offer.

I hope these articles will give you a better understanding on how the postal system works.



Voxair urgently needs production staff to help with the paste-up of the newspaper. If you are interested and have an hour to spare every other Thursday, please call 889-3963.

## HEAD SWIM COACH POSITION FOR CFB TRENTON DOLPHIN SWIM CLUB

The CFB Trenton Dolphin Swim Club has a requirement for a Head Coach commencing 1 September 1988.

The Club has a membership of approximately 35 swimmers ranging from novice to senior level. The Club has three hours of pool time every day.

Send resumes, stating experience, qualifications and salary expectations to: **CFB Trenton Dolphins Swim Club**  
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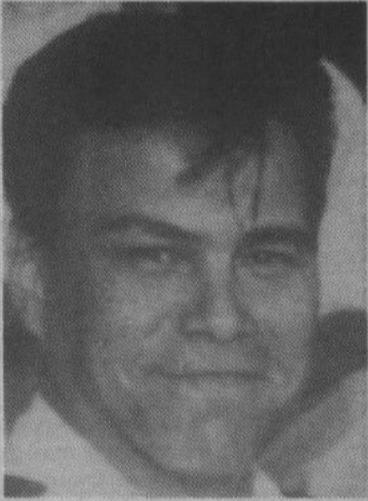
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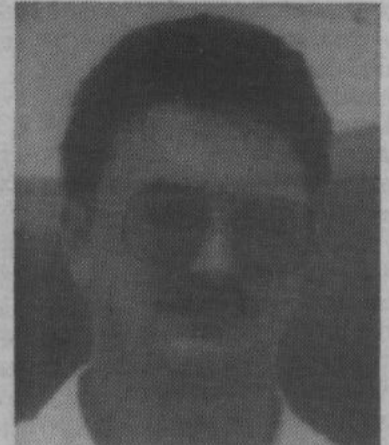
# BAMEO Promotions



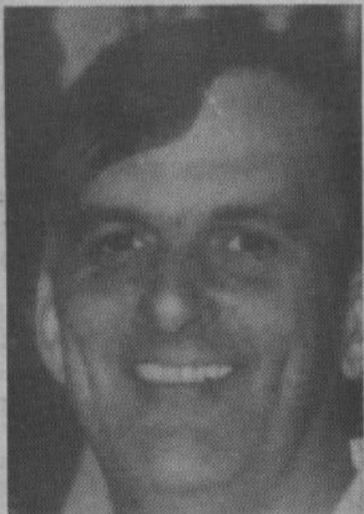
Reg Clemons was promoted to MWO effective 1 Jun 88.



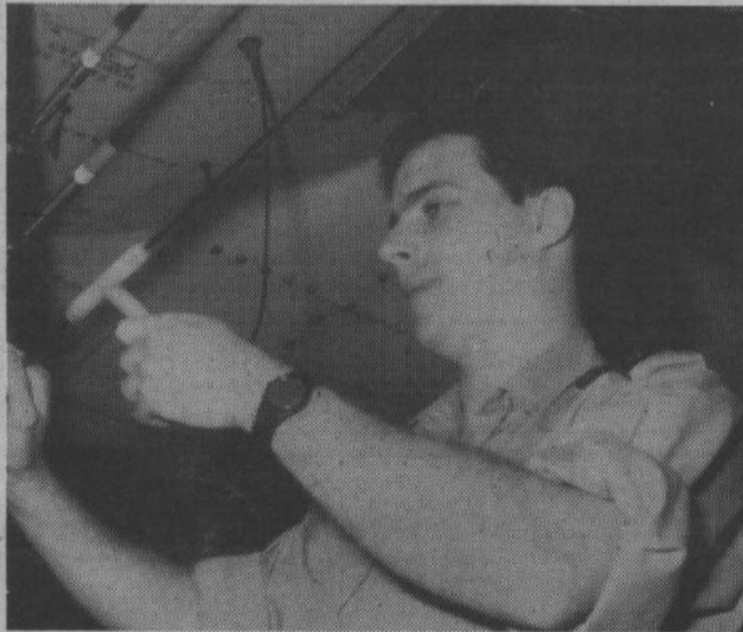
Cpl Dulton was appointed MCpl at ASO-DH.



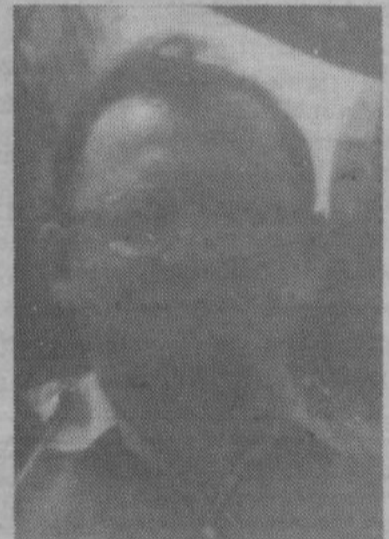
MCpl Mike Coulombe was promoted to Sgt.



Sgt Al Jarret promotion to WO effective 1 Jul 88.



Cpl Frost was appointed MCpl at ASO-DH.



Pete Gaudreau was promoted to Sgt.

## Certificate of Service

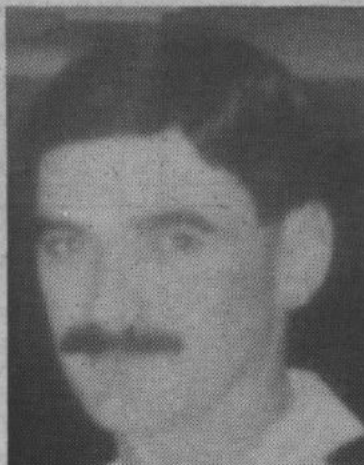


MWO Downey receiving his certificate of service from LCol Ross (BTSO) on his retirement after 36 years service.

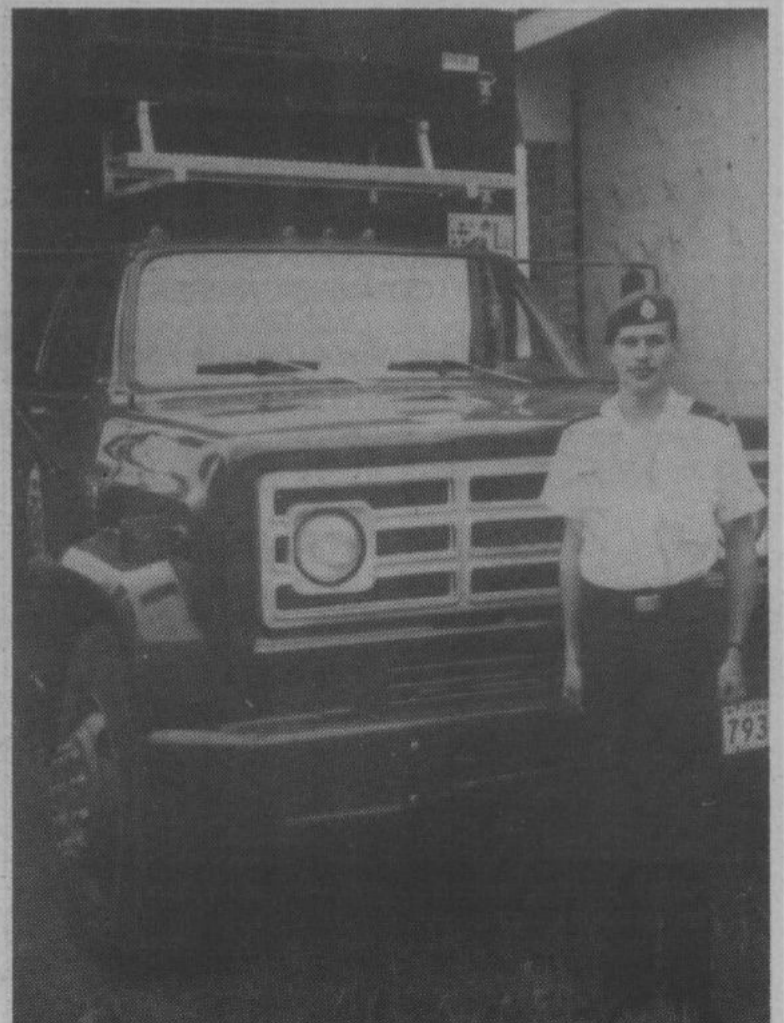
## Base Transportation



Cpl M.R. Reid received his Driver of the Month award for the month of June. Cpl Reid works in the Passenger section of Base Transport.



Sgt Al Butler from MSE Safety recently received his promotion to Warrant Officer.



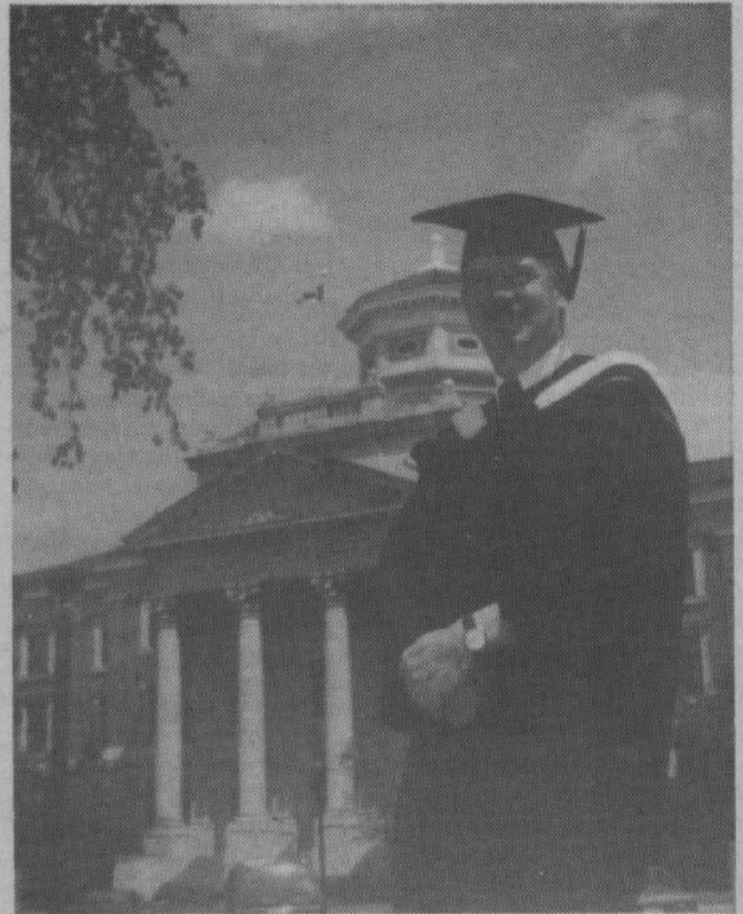
Congratulations are extended to Pte C.J.L. "Des" Desormeaux from the Cargo section at Base Transportation for having been selected as Driver of the Month for May 88.

# Base Commander's Commendation



"Base Supply Asst UGSO, Mr. Richard Sukhan, accepts the Base Commander's Commendation from Mr. Larry Burns, BGSO. Looking on is BSupO, Maj Brian Westbrook. Base Supply Section achieved the award for outstanding service to the Base General Safety Program in reduction of accidents during FY 87/88.

# Graduation



Major T.F. Lazaroff recently graduated from the University of Manitoba with an Honors Bachelor of Fine Arts degree. Maj Lazaroff is currently SO Foods 2 at Air Command Headquarters.

## Base Comptroller

### Promotions



The DCOS MILE Division takes great pleasure in announcing the promotion of CWO "Arnie" Dauphinee effective 1 Jun 88. He is presently employed as the senior fire fighter tradesman in the Command Headquarters.



Cpl R. Kramer with his Corporal hooks effective 20 Apr 88.



Pte Chantal Duchesne received her first chevron effective 29 Feb 88.



Pte Euphemia Walsh formerly of Air Command Headquarters recently received her Private's hooks. Pte Walsh has recently been posted to CFB Winnipeg.



Congratulations to Mr Al Palmer and Mr Mel Wilson upon receiving their Long Service Award. Both gentlemen have completed 35 years of service and are presently working in the Base Comptroller Branch as Auditors. The presentations were made by Maj Stokes, BCompt and CWO Boutet, BIAO.

### Promotion



Cpl Michelle Squires has recently received her promotion to that rank.

# CHAPLAINS CORNER



Canada Day has rolled around once again and here we are with a day of work pending, and hope that the weatherman will be nice so we can go to the beach, drive to visit the outlaws, or just sit back to enjoy a barbecue with close friends. These are good and admirable intentions, and we wish you success and happiness as you fulfill them. However, we would like you to consider including one other item for your busy agenda; give some thoughts to the supreme effort that so many people made on your behalf so you could enjoy this extra free time. For example:

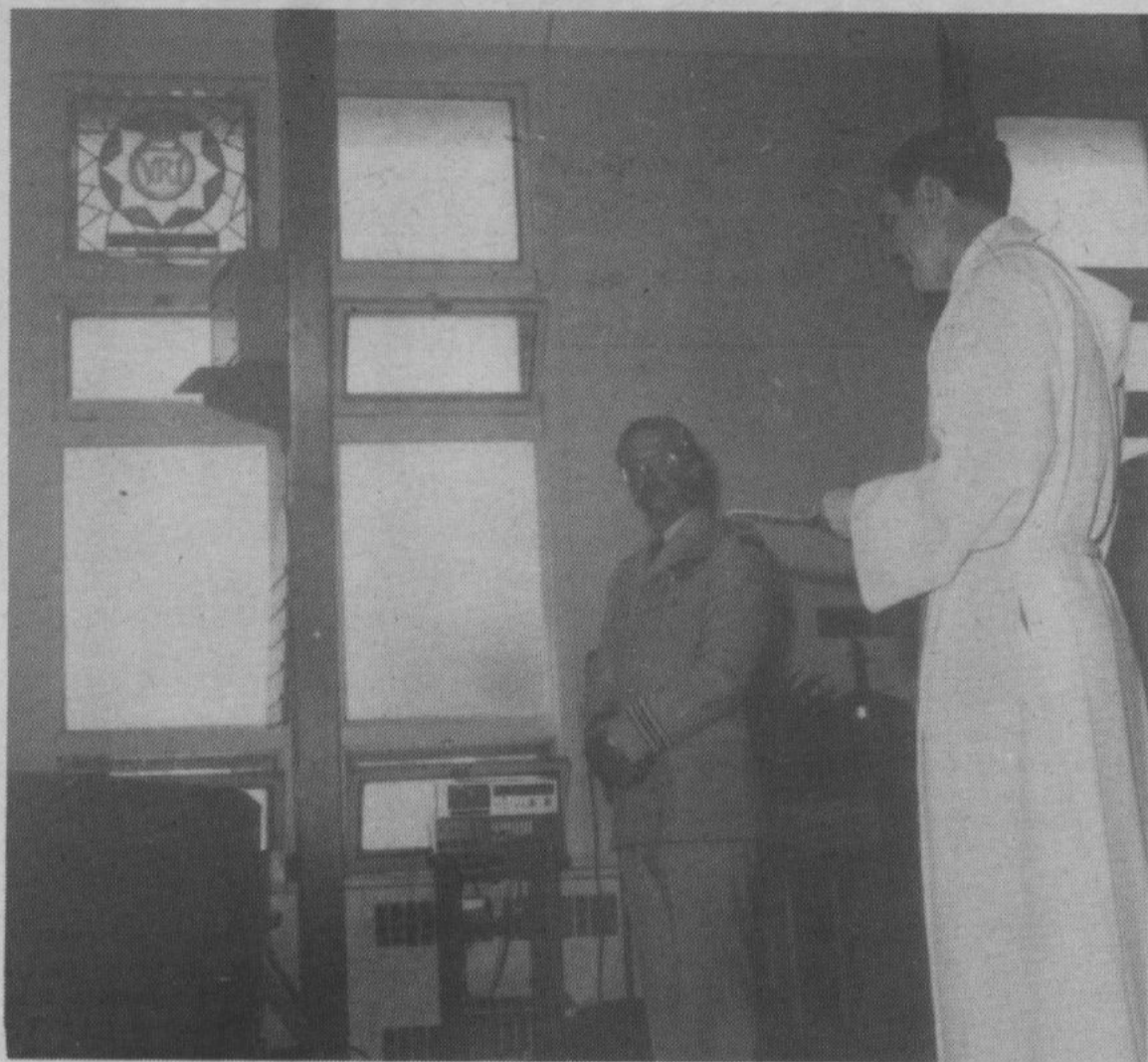
- i) the French and English explorers who opened up the backwaters of the new world;
- ii) the British and French soldiers and all the European immigrants who came to this land seeking religious and political freedoms;

- iii) the farmers and shopworkers, who in 1812, fought to maintain an autonomous political identity;
- iv) our determined leaders in Western Canada who fought for an equitable political arrangement before entering the Confederation;
- v) the farsighted men and women who extended political sovereignty from Nova Scotia to British Columbia;
- vi) the blood, sweat and tears of labours, businessmen and politicians who pushed steel rails all the way to the Pacific Ocean, thus increasing our ability to share our bounty from sea to sea; and,
- vii) the thousands and thousands of men and women who gave their lives and/or their loved ones in the two World Wars to maintain our freedom which we so candidly take for granted.

So on this very special Canada Day, enjoy your time off with your family, but take a moment to reflect upon all those who have gone before to make it possible. Also, please remember that the freedom this day allows is like God's Grace, it is a gift of Him who went before and who have done nothing to earn it.

Padre Ken Garrity

# St. George's Chapel receives Stained Glass Window



On 05 June, 1988, St. George's Chapel had its first stained-glass window presented by the 3RCR on the occasion of their departure to Germany. Thanks and "vaya Con Dios". In the picture is Col E. Landry, Air Command Chaplain (RC), doing the dedication and blessing ceremony. As Maj R. Near, representing the Co 3RCR looks on. Not in the picture is Padre Molon, RC, celebrant.

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<p><b>1985 MERCURY TOPAZ</b>                      4 dr, 4 cyl, auto with p/s, p/b, stereo cass. Excellent value.</p> <p><b>Special \$7,400</b></p>	<p><b>1987 PLYMOUTH SUNDANCE</b>                      4 dr auto with p/s, p/b, air cond, cruise control, ice blue metallic. Only 8,000 km.</p> <p><b>Special \$11,400</b></p>	<p><b>1985 BUICK SKYLARK</b>                      Custom 4 dr, 6 cyl, p/steering, p/brakes, stereo, gold metallic. Only 41,000 km.</p> <p><b>Special \$8,400</b></p>	<p><b>1982 MERCURY CAPRI</b>                      2 dr, hatchback, 6 cyl, auto p/steering, p/brakes, stereo cass, silver metallic.</p> <p><b>Special \$6,200</b></p>
<p><b>1986 HONDA PRELUDE</b>                      2 dr, 5 spd. p/sun roof, stereo cass, white in color. Only 30,000 km. Lots of factory warranty.</p> <p><b>Special \$15,400</b></p>	<p><b>1985 MAZDA RX7 G.S.</b>                      5 spd, stereo cass, sport wheels, white in color. Excellent value.</p> <p><b>Special \$12,900</b></p>	<p><b>1983 TOYOTA CAMRY L.E.</b>                      4 dr, 5 spd with power locking system, cruise control, power windows, stereo, gold metallic. Excellent value.</p> <p><b>Special \$7,900</b></p>	<p><b>1980 ZEPHER 4 DR</b>                      Automatic with p/steering, p/brakes, 6 cyl, wire wheel covers, gold metallic. Excellent value.</p> <p><b>Special \$2,400</b></p>



## PERI Of The Month

This month's pick is OCdt Bruce Schofield who was a PERI by trade, but is attending the University of Winnipeg on a Bachelor of Education in Rec/Athletics and in one year will become a Lieutenant and posted to a Base as a BPERO. Bruce is thirty-two years old, is married with two dependants. He joined the CF as a Rad Op in Kingston and spent time in Petawawa, Cyprus. In 1981 he remustered to the PERI world and was posted to CFB Cornwallis where in four years he went from Cpl to Sgt. Bruce is no stranger to CFB Winnipeg where he has been involved as coach of the CFB Winnipeg Flyers Basketball team who won Division 7 this year in the City

League. At present Bruce has one year left in school and hopes one day to coach basketball at the University level. Bruce is working at Bldg 90, Base gym for the summer with the BPERO.



OCdt Bruce Schofield

## Women's Soccer



Maj Doug Brazeau (BPSrcsO) performs the opening kick-off for the CFB Winnipeg Women's 1988 soccer season. Capt Peet, BPERO looks on.

Well the women have gone through again. First we got a broomball team, now we got a soccer team and softball is next. We have a roster of 13 girls. The team is coached by Capt Doug McKellan of BHosp. The team

plays in Division 11 of the Winnipeg Women's Soccer League. We have a 16 game schedule with 14 games played here at CFB Winnipeg, Tue and Thu evenings 1900-2100 hrs. If you are interested in playing contact MCpl Pearce loc 5514 Base gymnasium.

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## Fifth Annual Golf Tournament

C&E Branch/  
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GG & CC, CFB Kingston

### Eligibility

• Open to all active and retired members of Canada's C&E Community.

### Schedule

• Thurs 18 Aug 88 — *Practice Round* may be arranged by contacting Pro Shop at GG & CC (613-546-2788). Green fees not included in cost of entry.

— 1900 hrs — *Meet and Greet* at GG & CC Lounge. Dress casual. Snack Bar open for purchases.

• Fri 19 Aug 88 — 0600 hrs — *Breakfast* may be purchased at GG & CC Snack Bar.

— 0700 hrs — Tee Offs start

— 1400 hrs — Dinner commences

— 1800 hrs — Presentation/ Prizes

### Cost

• Entry Fees: \$27.00 (\$20.00 for Garrison members).

• Entry Fee includes green fees, prizes and dinner. We have a limited budget. Therefore, it would be appreciated if you would pay your fee a reasonable length of time prior to the Tournament, so that we may take advantage of cash discounts on the purchases of prizes. Forward entry form with your cheque to address provided. Please — no post dated cheques.

### Accommodation

• Limited accommodation should be available for military personnel in Base quarters.

### More Information?

• Contact Maj Gary Williams (613-541-5406)

# Base Hospital News

by Lt Cathy Gibson

## Auction Overwhelming Success

On the evening of 13th May, the Officers' Mess echoed with the sounds of the auctioneer's gavel. The LaVerendrye Lounge was filled with eager bidders clutching numbered placards ready to part with their money.

The variety and uniqueness of the items donated surprised and delighted those of us involved in organizing the first Base Hospital Fund Raiser. A total of \$4800 was raised, far surpassing amounts estimated. We would like to express our appreciation and thank all the sections of the base who so generously gave, both in donations and participating in bidding. Thanks must be especially extended to all the members and the wives of 429 Squadron who put together such lovely gourmet food baskets.

## Volunteers Needed For Base Hospital Auxiliary

With the success of the auction behind us, plans are in the works for the formation of a Base Hospital Auxiliary. Volunteers may be active duty service members or their dependents. Senior representatives will include the wife of the Base Commander and the Senior Nursing Officer.

At present we are awaiting a copy of the Constitution from the Base Hospital Auxiliary at Borden. A letter will be circulated to all messes and anyone interested in becoming involved in the auxiliary may call Mrs. Reynolds or the nursing staff at the hospital (895-5780).

The Auxiliary will mainly support in-patient facilities of the hospital to provide those items, services, etc not available through the system.

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For Sale: 1 single bed with colonial style headboard, includes boxspring and new mattress. Phone 888-1890.

TRAVEL TRAILER FOR SALE: 1975 20 1/2 ft. Layton Travel Trailer, sleeps up to 8 persons. 4 pc. bath; 3-way fridge; 4-burner stove; oven; dbl kitchen sink; 5-gal hot-water tank; furnace. Excellent condition; \$8500 ONO. 489-6178.

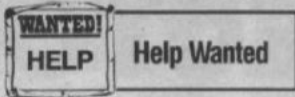
For Sale: '84 Coleman Tent Trailer, exc. cond., sink/stove/gas BBQ, plus lots of extras. \$3750. Call 889-5604 or Loc. 5307.

For Sale: Bedroom suite in good condition includes queen size waterbed, night table, mirror, dresser, etc. \$550. Twin beds \$100 for the pair. Phone 889-1905 or local 5013.

For Sale: 1987 Honda Civic CRX, silver & grey, blue int. AM/FM stereo/cassette, 4 speakers, fog lamps, 5 spd. Phone Loc 5208 or 831-5178.

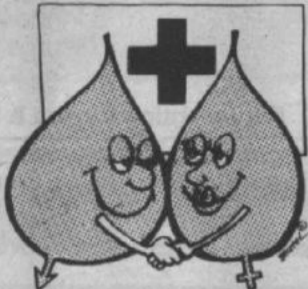
Adjustable outboard motor mount. Rated for 20 HP. Good condition. \$90.00 O.B.O. Ph. Steve 895-5243, Home 832-8175.

For Sale: 1984 Yamaha Seca 400 motorcycle, red & white, 2,600 kms. In mint condition. \$1,300.00 O.B.O. Ph. Sid 832-1090 after 6:00 p.m.



During July and August, volunteers are needed to assist with the recreation programs. If you are 13 years of age or over, your spare time can enable seniors to enjoy outings, barbecues, concerts and other summer activities. Orientation, guidance and support are provided. For more information, call the Winnipeg Municipal Hospital at 452-3411, ext. 356.

Blood Donor Clinic



"YOU'RE MY TYPE"

Date: Mon 22 Aug '88  
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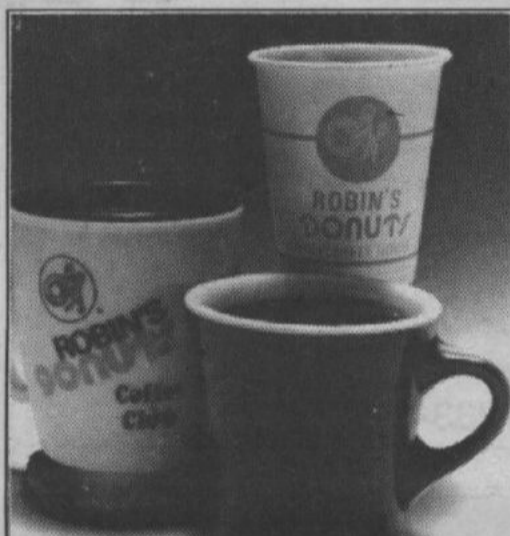


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