

CFB/BFC Winnipeg
25 March 1987

WE SHALL REMEMBER THEM



Mr. Bert Cheffins, historian for the Wartime Pilots and Observers Assoc. presenting a Commemorative Name Certificate to Mr. Edward Barket, brother of Flying Officer Gerald L. Barker who was killed during WW II.

A lifetime ago, on the 22 of July 1943, Flying Officer Gerald L. Barker, a young RCAF bomber pilot was shot down over the Mediterranean Sea. Although his body was never recovered, his badly damaged Wellington bomber was eventually washed up on the Island of Effa.

In 1947 the Geographic Board of Canada implemented a program of naming geographic features after Canadians who were killed during the war. Later this responsibility was assumed by each province and in 1955 Manitoba implemented the Commemorative Names Project. On Mar 18, 1969 the province named a lake after FO Barker. This feature is located west of provincial highway #6, approximately 200 miles north of Winnipeg.

In late 1986, Mr Bert Cheffins, the

historian for the Wartime Pilots and Observers Assoc became aware of Barker Lake. As a friend of the Barker family he secured, through the office of Mr GF Holm, provincial toponymist, the Commemorative Name Certificate and the accompanying letter from the Hon. Leonard E Harapiak, Minister of the Man Dept of Natural Resources. Arrangements were then made to have the certificate formally presented to Mr. Edward Barker, brother of the deceased veteran.

According to Mr. Cheffins there are still 700 commemorative certificates to be claimed by the families of Manitoba veterans killed during W.W. II. Anyone wishing further information on the Commemorative Name Project should contact Mr. Holm at 945-1798.



Col Don McBride, Deputy Commander 14 Training Group receives his Certificate of Service from BGen Scott Eichel, Group Commander. Col McBride recently retired after 33 years service and has accepted a position with a Special aerospace firm. (Base Photo)

Commemorative Name Certificate



CANADIAN PERMANENT COMMITTEE ON GEOGRAPHICAL NAMES

Manitoba



SCAN SEMINAR 8 & 9 APR 87

The transition from military to civilian life is not merely a process whereby the uniform is removed and "civies" are put on. If you are nearing retirement and have not paused to consider the implications, then perhaps you should — it's never too soon. SCAN, the Second Career Assistance Network, focuses on planning and preparation of civilian life and a second career. Services include counselling, assistance with résumé preparation, aptitude testing where necessary and information on employment opportunities.

A SCAN Seminar will be conducted on 8 and 9 Apr 87. The location is the CFANS Theatre in Bldg 84 from 0800 to 1600 hrs daily. Attendance by all military personnel nearing retirement (15 years service or more) or medical release, and their spouse, is strongly encouraged.

The seminar will cover retirement considerations such as release procedures and financial planning as well as second career considerations including résumés, CEIC, academic upgrading, the job interview and much more. The seminar will be a worthwhile event; interested members are requested to register by calling the Base Personnel Selection Office (Loc 5471) prior to 3 Apr 87.

As seating is limited early registration is recommended to ensure a confirmed vacancy.

See you there.

Le passage de la vie militaire à la vie civile ne consiste pas seulement à remplacer l'uniforme par des vêtements

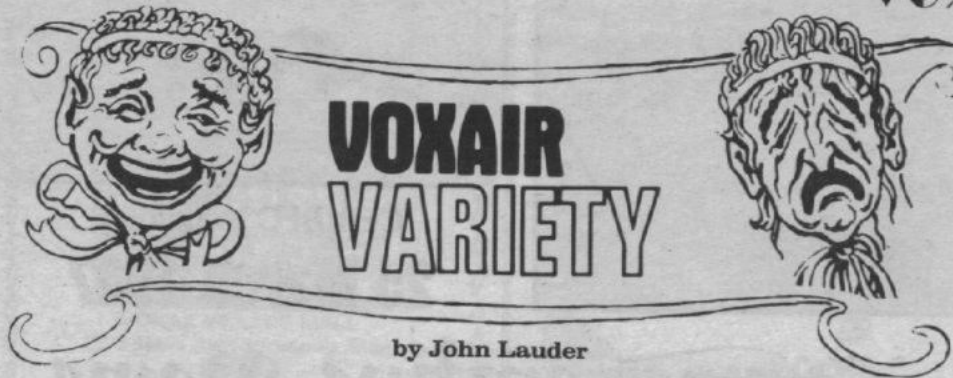
civils. Si vous prenez bientôt votre retraite et n'avez pas encore pris le temps de penser à tout ce que cela implique, vous devriez peut-être le faire — il n'est jamais trop tôt. Le SPSC, service de préparation à une seconde carrière, met l'accent sur la planification et la préparation de la vie civile et d'une seconde carrière. Les services qu'il offre comprennent l'orientation, l'aide à la rédaction de curriculum vitae, des tests d'aptitudes lorsque c'est nécessaire et des renseignements sur les perspectives d'emploi.

Un séminaire sur le SPSC aura lieu les 8 et 9 avr 87 au théâtre de l'ÉNAFC, bâtiment 84, de 8 h à 16 h deux jour. Nous invitons fortement tous les militaires sur le point de prendre leur retraite (15 ans de service ou plus) ou d'être libérés pour raisons de santé à participer, ainsi que leur conjoint, à ce séminaire.

Le séminaire portera sur différents aspects de la retraite, tels que le processus de libération et la planification financière, ainsi que sur les aspects d'une seconde carrière, notamment les curriculum vitae, la CEIC, les cours de perfectionnement, les entrevues d'emploi, etc. Le séminaire en vaudra la chandelle; les militaires intéressés sont priés de s'inscrire en appelant le bureau de sélection du personnel (poste 5471) avant le 3 avr 87.

En raison du nombre limité de places nous vous recommandons de vous inscrire tôt pour vous assurer une place.

À plus tard!



by John Lauder

THE BASE CHIEF SAID

In the last issue of the Voxair I published my first article. I have received a few calls asking why the title, "The Base Chief Said"? It's really quite simple. I get phone calls on a daily basis from all kinds of folks, who have just corrected someone for a dress infraction, and the answer they invariably get is: "The Base Chief said it was OK".

Speaking of dress! I have to correct some of the information as it applies to No 3A Order of Dress. If you recall, I said that No 3A Order (long-sleeved shirt), was authorized for wear within the confines of CFB Winnipeg during warm weather periods. Well that's changed now. The only place this dress will be authorized is in military buildings, or those areas of public buildings occupied by the military, and while aboard military vehicles, ships and aircraft. I also indicated that if you see personnel wearing metal flying and specialist skill badges, and name tags on their No 3A Order of Dress, it would mean that they are aircrew of passenger carrying aircraft. Not any more — no one will wear these items. The next time you're on a service flight, be careful not to ask a Flt Engr for a coffee. If I may be permitted a comment, I would like to have seen the dress instructions left as they were originally published, until 31 Jan 89, when by that time, everyone would have had their new uniforms.

It seems to me that everyday on my way to work, home, or just carrying out business around town, I see all sorts of people, in various dress, in public. These people range in rank from Major to Private. Male and female, French and English, short and tall. You name it, everyone is represented. Maybe it's time that a friendly reminder was passed on with respect to dress in public and public image standards. First of all, it's not something some crusty old chief thought up. The CDS issued guidelines in early 1984, and these were amplified by the Commander of Air Command in May of 1984, as they would apply to air command bases and stations.

The following represents the minimum public image standard of dress for the Canadian Forces. Only service dress and its approved summer variants are acceptable for unrestricted wear in public or wear by personnel travelling on scheduled CF aircraft, and by personnel when travelling on duty in uniform, regardless of the means of transportation being used. Sweaters and windbreakers shall not form part of the service dress ensemble on the above occasions. Orders of Dress other than Service Dress may still be worn in public by personnel whose duties require them to do so. The wearing of such orders of dress, however, is restricted to travel, to and from place of duty, with only essential stopovers allowed. The Commander of Air Command has not authorized essential stopovers for Air Command personnel.

I know most of you see it everyday, but how many know the origin of the RCAF tartan? Original samples of a proposed Royal Canadian Air Force tartan were created by the loom-

crofters of Gatetown, N.B. During the early 1940's. As a result of Group Captain E.G. Fullerton's proposal, the subsequent efforts of the Air Council, a design had been made and a sample created which was submitted through Air Force Headquarters by Air Vice Marshall J.A. Sully to Scotland's Lord Lyon King of Arms for approval in July, 1942. This approval was granted on 15 August 1942 and the design became known officially as the Royal Canadian Air Force tartan. Since then the distinctive RCAF tartan has been worn by both wartime and postwar Air Force Pipes and Drums, and continues in wear today by pipers and drummers of Air Command. At Baden-Soellingen, Germany in 1973, the Air Command Pipes and Drums of CFB Ottawa, presented a kilt of RCAF tartan to HRH, Prince Philip of Edinburgh, on behalf of the RCAF association.

Don't forget the Air Command Band Gala Concert on 26 March 1987 at the Centennial Concert Hall. This is a first class show, and for an entrance fee of \$5.00, you can't find a better deal in town. I'll guarantee you'll enjoy the show, and the real beneficiaries of your money will be the Military Police Blind Children's Fund. Over the years I have come to think of this cause as a Canadian Forces charity, administered by the military police of all bases/stations. See you there.

I promised you some articles on leadership and management. So here goes, and I hope some of you get something out of it. We'll call it, "Stick to Your Last", or, "Mind Your Own Business".

Some folks aren't content to run their own affairs; they want to run the other fellow's too. They just don't know where their territory stops and the next fellow's begins. They are always butting in on things which are none of their business.

A few fellows like this can get a hangar or office on its ear. They are always getting in somebody's hair. They are always trying to tell you how to work together is to break down the job so each has their share. Everyone should know where his or her job begins and ends. Stick to your share! Know what your job is and what your authority is.

Don't get out of bounds. Let other people do their job. Respect the other person's authority just as you want them to respect yours. That keeps an organization working the way it was meant to work. It avoids petty squabbles, unpleasantness and confusion.

Every man and woman is proud of his or her job; don't step on their toes. If things aren't organized right, speak up, tell the boss about it. Straightening out things like that is his or her job.



The fine mild weather for the past few weeks has been matched, indoors, by equally fine live entertainment. The Royal Winnipeg Ballet gave us a hit show, and the Manitoba theatre Centre did just as well to give us two in a row. Also, to-night, March 25th, our own Air Command Band offers its gala concert at 8.00 p.m. at the Concert Hall. A sure hit!

Romeo and Juliet, the Ballet's mid-month presentation was criticized by others as being too long, running over three hours when the intermissions were included. Personally, I did not find it so, as the lively dancing and colourful costumes kept me in a happy mood. The swordplay in the opening scene and in the last scene of the second act was fun to watch. However, those mortally wounded in these fights took literally fractions of a hour to die, hamming up the act of dying to the limit.

A total of 85 dancers graced the stage, some playing more than one role. All contributed to a fine evening. Not often does the Ballet try full-length productions, and they are to be congratulated for this one.

* * *

On March 12, the Manitoba Theatre Centre opened "I'm Not Rappaport" on the Main Stage, and this comedy will run until April 4th. This play has been running on Broadway since 1985 with Hal Linden and Ossie Davis in the lead roles. Here we had Paul Soles and Leon Bibb, who gave us Tony Award performances. Next the show will move to Toronto for a five week run.

Showing two older men who pass their time on a park bench in New York's Central Park, the play outlines the problems they face, and in both a comic and serious way gives some logical solutions. Well worth a visit in the next ten days or evenings.

* * *

You don't have to be a hockey jock, a wartime member of the RCAF, a politician, or come from a small town on the prairies to understand the humour in "Life After Hockey", — but you might need this background to get all of it. The one-man play, now running at the Warehouse Theatre, is both written and performed by Kenneth Brown, a talented young Edmonton actor.

He points out that the Canadian dream is to make it big in the NHL, chatting with such greats as Guy Lafleur, and replacing Mike Bossy on the 1984 Canada Cup team. He even gets an assist from the Great One, Wayne Gretzky, who answers his requests for advice from time to time.

The play runs until August 4th. Make it a must.

* * *

Upcoming events in the next few weeks include Symphony Concerts on the 27th and 28th, again on April 3rd, with an interspersed "Concert for Kids" on March 29th at 2.00 p.m. And on the 4th and 5th the Pops series will be back, featuring Brian Sykora on the trumpet. These all go at the Centennial Concert Hall.

Meanwhile, from March 30th to April 3rd the Fantasy Theatre for Children will offer "Aladdin" at the Kiwanis Centre for the Deaf (285 Pembina Highway). Show times at 1 p.m. daily and more info from 944 0581.

The final play of the MTC season will be "The Foreigner" a comedy about social and other identity. Set in a fishing resort in Georgia, two Brits arrive on a secret mission, one posing as a non-English speaking foreigner in order to keep his identity secret. The play will run from April 16th to May 9th.

* * *

The Ballet and the Symphony Orchestra have come up with a unique fundraising effort, an International Wine Festival, which runs from Sunday, April 12th to Tuesday the 14th. On the Sunday night the tickets are \$100.00 a pop, but you get a six course gourmet dinner, wine for each course, and five kinds of Mumm's champagne as a pre-dinner treat. On the other evenings, it is wine tasting only, with 100 types up for trial. Tickets are \$12.50 each for these evenings. Tickets on sale at branches of the TD Bank, the Bank of Montreal, also The Royal Winnipeg Ballet's Office and the Winnipeg Symphony Office.

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SIDNEY UNIT GETS MILITIA'S FIRST REGULAR FORCE CO

SYDNEY, CAPE TOWN — Every reserve and militia unit in Canada has its Regular Support Staff. But for the first time ever, a militia unit also has a regular force Commanding Officer.

In August of last year, Major Richard "Des" Deslauriers was told that he was being posted from his position as senior engineer tactics instructor at the Combat Training Centre at CFB Gagetown, N.B., to the CO's job at 45th Field Engineering Squadron in Sydney.

Although he was originally apprehensive about his new job, now Major Deslauriers is glad he went. "I hadn't ever really thought about the militia," he explained. "But now that I've been here awhile, I'd recommend it to any regular officer. It's a completely different world. I'm still learning and I seem to spend more time on budgets than anything else! I guess you could say that I'm just starting to feel comfortable."

Major Deslauriers has had an interesting career. In 1964 at the age of 16, he joined the Forces at his hometown of London, Ont., one of the last to enroll under the soldier-apprentice plan. He'd always wanted to be an electrician, so that was the trade he picked. But the plan required one to have two trades; his other one ended up being a field engineer. After the two-year apprenticeship was over, Maj Deslauriers decided that his alternate trade was the one he preferred.

"Engineering jobs change every week. That's why I love it; it keeps me interested. The basis of combat engineering is to enable the troops in the field to live, move and fight while denying the same to the enemy. So we do a lot of work with mine warfare, demolitions and booby traps," he explained.

In 1980, Maj Deslauriers was commissioned from the rank of Master

Warrant Officer. He has served at CFB Chilliwack, Valcartier, and Gagetown, and has also spent six months in Vietnam as part of a Canadian observer force in 1973.

But life in a militia unit is different from life in the regular force. Because reservists have to find time in their civilian lives to train, it takes longer for them to fully learn their trade. That's what happened to the 45th Field Engineering Squadron. When its CO retired, there was no one available to take his place. It was a question of disbanding the unit or trying something new. Forces Mobile Command (FMC) decided on the latter.

"I'm the first of a kind," says Maj Deslauriers. "And so I'm kind of a guinea pig. But FMC is looking at putting other regular officers in other units. We're not taking over; we're just coming in and showing them the way."

Des Lauriers is building on these strengths. But he finds the lack of time frustrating. Cape Breton is an area of high unemployment, and if the choice comes down to spending a weekend training in the field or on the job, his men don't really have much choice. "The biggest problem is time," he stated. "But how can we really demand more time from them? So things just don't get done quickly. I'm having to take things very slowly."

The unit suffered a rather ironic setback just before Christmas when its twelve most experienced men joined the regular force. Faced with an eager but inexperienced unit, it looks as if another regular will take Maj Deslaurier's place when his three year term is up.

Des Lauriers thinks his replacement will be a lucky man though. And he says that he's going back to the regular force with a new outlook on life and a healthy respect for the civilian soldiers.

BHQ PANCAKE BREAKFAST



Bse Commander, Col L.H. Reynolds and Bse Chief, CWO F.P. Smith prepare breakfast for the Base HQ staff to celebrate Pancake Day.

It's Tuesday March 3rd, 06:30, -17°C. Only one room of the otherwise deserted Base Headquarters shows signs of life, the kitchen where two of CFB Winnipeg's finest chefs were busy getting breakfast ready to celebrate Shrove Tuesday or Pancake Day. Smithy (BCWO SMITH) was cracking (the eggs) and using the same magic that he uses to transform a motley flight line crew into a sharp, brisk, disciplined and well groomed honour guard, turned Aunt Jemima's pancake mix into flat, round, golden brown circles of culinary delights (pancakes). In the meantime, Col Reynolds, Base Commander, was cooking the sausages. (Someone suggested that he remove the wrapper first). Shortly afterwards, things should have been sizzling, but they were not;

a circuit breaker had popped — CE strikes again! Sgt Lelievre, then on the scene, used some of his Adm Clerk's ingenuity to run extension cords from skillets and frying pans to outlets controlled by different breakers. Incoming personnel were greeted by the aroma of fried sausages and pancakes. Everyone was encouraged (bribed) to sample the results of the two chefs' labours. LCol Ross, B.TSO, was overheard saying that it was so good that someone ought to cancel Lent. Someone else turned in a "Salisbury House coffee token and was given "seconds". All in all, the event was a success — no one died. Pancake Day, is held yearly on the last Tuesday prior to the beginning of Lent on Ash Wednesday.



Engagement/Wedding Announcement

Mr and Mrs Vivian C. Boucher of Calgary, Alberta are pleased to announce the engagement of their only daughter, Fiona Ann Boucher to Frederick P. Smith, son of Mr Albert Smith, and the late Gertrude Smith, of Brighton, Nova Scotia. The wedding will take place at St Martin's Anglican Church, in Calgary, Alberta on 23 May 1987.

HOLY WEEK AT THE CHAPEL OF THE GOOD SHEPHERD (P) NORTH

- 12 Apr — 0900 hrs — Eucharist
- 1100 hrs — Palm Sunday Service
- 13 Apr — 1630 hrs — Eucharist
- 14 Apr — 1630 hrs — Eucharist
- 15 Apr — 1630 hrs — Eucharist
- 16 Apr — 1800 hrs — Seder Meal
- 1930 hrs — Maunday Thursday Service & Eucharist
- 17 Apr — 1100 hrs — Good Friday Service
- 18 Apr — 1930 hrs — Easter Vigil Service (Renewal of Baptismal Promises) & Eucharist
- 19 Apr — 0900 hrs — Easter Sunday, Eucharist
- 1100 hrs — Divine Worship

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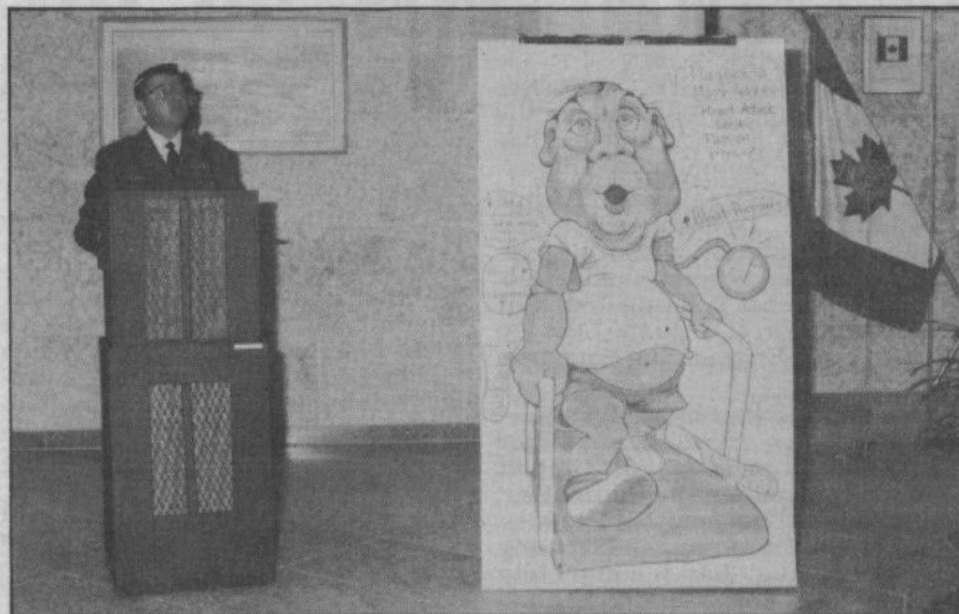
NUTRITION MONTH



2LT D.G. Grimshaw presented Commissioning Scroll by BGen L.T. Rowbottom, COMD ARG.



CD being presented to WO J.E. Birnie by BGen L.T. Rowbottom, COMD ARG.



LGen Ashley opened NUTRITION MONTH '87 in Air Command Headquarters 10 Mar 87. Events for the month included a display on Tuesdays and Wednesdays as well as a movie on Nutrition every Thursday. The theme this year is "NUTRITION — ITS YOUR CHOICE."

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154 Company, Royal Canadian Army Service Corps is trying to contact as many ex-members as possible. Our main purpose for this is the writing of a Unit History, to be published in conjunction with our planned reunion, here in Edmonton, Alberta in September, 1988.

We ask all former members and spouses to contact the Committee as soon as possible.

EAT WELL, LIVE WELL



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EATING FOR ACTION

Are you physically active? If so, you're on the right track.

And if you think that because you are physically active there's no need to watch your diet, you're dead wrong.

Strangely enough, active people in particular need to watch their diet, and most active people know this.

The only problem is that too often they're swayed by certain prejudices concerning their special food requirements.

Today, on the occasion of Nutrition Month and with the recommendations of dietitians, PARTICPACTION would like to dispel a few of these.

Protein supplements, for instance. Can they help build your muscular system?

No. It's true that muscles are made up of 70% water, 22% proteins and 7% fat, but you will never build up your muscles simply by consuming 70% water, 22% proteins and 7% fat.

The only way to build your muscles is through training.

A varied and balanced diet provides all the proteins you need. Furthermore, proteins found in everyday foods cost at least ten times less than those found in commercial protein supplement.

Second question: are sodium tablets a good way to replace salt lost through perspiration?

Never. By eating three moderately salted average meals a day, you will absorb enough salt to replace what you may have lost in five kilograms of perspiration.

It is only after particularly strenuous or prolonged periods of exercise, in very warm weather, that you may need to replace lost sodium — by means of a clear soup, a tomato juice or a solution of two millilitres of salt in a litre of water. Even then, it is wrong to replace all lost perspiration with these liquids because you could risk a sodium overdose.

As for sodium tablets, they are never necessary. Their concentration is far too high and they may cause dehydration.

The third question: What should we eat to gain increased energy quickly before exercising?

Nothing. It is better to avoid eating immediately before exercising or competing because your system will be left free to concentrate on physical activity rather than on digestion. But, to avoid that empty stomach feeling during exercise, eat a light snack two or three hours before you start. For instance, try pasta, a bowl of cereal, a sandwich or a muffin.

If you have other questions concerning nutrition, don't hesitate to consult the nutrition experts — the dietitians.

SUPPLY PROMOTIONS AND AWARDS



BSUPO, Maj Brian Westbrook presented the following personnel with their new Cpl rank. L-R Marg Cooper, Rose Kelly, Dan Cyr and June Jamieson. Also newly promoted but absent because of TD are Capt Andrew Appolloni, Sgt Nancy Smith, Sgt Wayne Harris and Cpl Bill Galke. Congratulations on your promotions.



Front Row: L-R Pte Dave Etmanski, Maj Brian Westbrook, Pte Teresa Catton. Centre Row: Pte Joanne Birch, Pte Kathy Greer, Pte France-Claude Rivard. Back Row: Pte Cliff Hartmier, Pte Rick Selman.

The above personnel have completed their trades Qualification Level 4 Training. The course began 9 Oct 86 and finished with the Air Command Exam 20 Feb 87. The classes were held weekly within Base Supply. Students were presented with their Trade Certificates 27 Feb 87 by Maj Brian Westbrook, BSUPO. Pte Dave Etmanski was recipient of the Base Supply CWO Award for the highest overall achievement of the 1987 TQ4 class. Pte Etmanski is the son of CWO and Mrs. I.J. Etmanski, Winnipeg. All students are to be congratulated for attaining excellent scores. Base Supply wishes you well in your years to come within Supply.

On an even higher note we are once again into the posting season. We bid a fond farewell to MCpl Plamondo who is heading to CFB Petawawa and MCpl Dauphinee and Cpl Corner-Dauphinee who is moving west to Calgary next month.

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MSE SAFETY CFB WINNIPEG

DEPENDENTS DEPENDENTS DEPENDENTS

The CFB Winnipeg MSE Safety Section will conduct a dependent's Defensive Driving Course in Bldg 87 on the 30-31 March 1987 commencing at 1800 hrs.

The course is comprised of eight sessions, four of which are presented each night. Some of the material covered will include intersection safety, adverse driving conditions and how to prevent motor vehicle accidents.

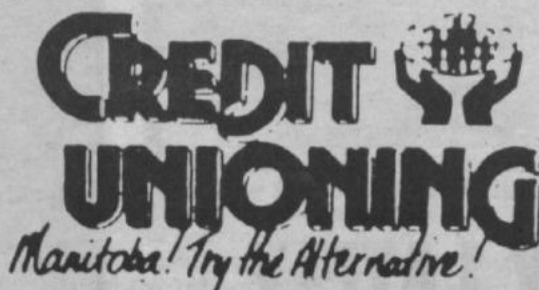
The course is open to all dependents of personnel at CFB Winnipeg who have a valid provincial drivers license or a valid learners permit.

There will be a maximum of 20 students per course. Additional courses will be conducted as required.

Interested persons can make reservations by contacting MSE Safety at local 5742.

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BAMEO BANTER



Maj Tudor presents the "A" side trophy to MCpl Yager's infallible rink.



Major Tudor presents the "B" side trophy to our favourite commissioner, Art King and his team-mates.



A new technique of intense visual concentration is utilized here instead of the more arduous sweeping of brooms. The revolutionary tactic met with only limited success.

CFANS BUSY LATELY

CFANS has been busy lately with graduations and welcomings. We would like to express our heartfelt congratulations to Course 8603 on their graduation.

2Lt Davies off to HS 423 Sqn Shearwater, 2Lt Lee to 415 Sqn Greenwood, 2Lt Orme to 413 Sqn Summerside, Lt Troisfontaines to 435 Sqn Edmonton, and Lt Vincent to 407 Sqn Comox. Good Luck on your future employment.

On the other end of the spectrum we welcome Courses 8701 and 8702. Ten months will fly by before you know it (heh heh heh).

The nav students at CFANS would like to express their enthusiastic appreciation to Capt Gabourys finan-

cial support at the last two course welcomes (hic).

The Herc van, that abomination on four wheels, survived near disaster caused by hydraulic failure and rises again from the ashes like a phoenix. Fortunately the van has more lives than a cat thanks to the mechanics at the CANEX garage.

A pat on the back goes to Course 8641 who have gone the last four weeks without a casualty. Hang on boys, the storm is almost over.

Finally, anyone interested in a revolutionary new eye glass cleaning formula contact Capt daly in the A&ES cell. Distributed from downtown Trenton.

The BAMEO section has been busy again, having recently staged two recreational events, the annual Curling Bonspiel and the Ski Day.

The curling got off to an early and swift start at 0730 Tues 24 Feb. A total of 60 people vied for top honours throughout the morning, culminating with throws by the BAMEO and BAME CWO and a scrumptious chili lunch. The eventual victors were declared despite some suspicions about the scoring procedure. Maj Tudor was on hand to present Art King, Cpl Nichols, PO Loane and Cpl Murphy with the "B" side trophy and MCpl Yager, MCpl St Amand, Cpl Fafard and MCpl Gary Sutherland with the undefeated "A" side trophy. A tremendous success, free of injuries but not bruises, all anxiously await the passing of summer to engage in preparations for the next years BAMEO Brier.

On Thursday 12 March, 17 hearty souls set off for the precipitous heights of Mt Aggasiz in Riding Mountain National Park. Greeted with fine snow conditions and the balmy Manitoban sunshine the 16 Hangar downhill ski team attacked the slopes. Unfortunately one or two team members took this literally and returned wet, bruised and battered from their uninterrupted body slams with the unforgiving trial. Alas, only one casualty was claimed, sporting a fractured thumb after her last and courageous run. The team, having exhausted all energy during the days activities, returned to the bus for a quiet and relaxing ride home. The punishment was to continue however, as the bus refused to start. The staff at the ski hill were anxious to close down, so each packed a couple of the 16 Han-

gar ski bums into their vehicle and shuttled them off to cozier surroundings in a McCreary Hotel. There the team digested a well deserved meal and settled into the lounge to await the Base Rescue team (one tow truck, one serviceable bus). Tired but satisfied the Second Annual Ski Day participants concluded their saga 18 hours after their departure for the mountain. Unexplainably, a good deal of fun was had by all, I guess you had to be there.

As a parting note, BAMEO is also covertly gathering a team to participate in this year's Snow to Surf race in Comox. This is being kept under a tight lid so as not to discourage the less talented teams of the west coast. Also, contrary to previous expectations, WINOX will be taking place in Comox this spring, probably in mid-May, watch for details.



The BAME members take cover as the BAMEO, Maj Tudor, prepares to launch the final rock with CWO Genovy and MCpl Yager holding back their grimaces.



MCpl Malayney, an Instrument Electrician Technician in BAMEO is congratulated on his recent promotion to that rank.

FLEA MARKET

BY THE JOHN TAYLOR COLLEGIATE MUSIC PARENTS' ASSOCIATION

on SATURDAY, APRIL 11, 10:00 - 4:00

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Watch your speed . . .

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Isn't it ridiculous how close some motorists will drive in front of you?



SAFETY CANADA

NEWS FROM MAWDESLEY

Some of Voxair's regular readers may have done a double take upon noticing that the navigation school has actually submitted an article for this issue. I suppose we have been somewhat conspicuous by our absence in the past but that is about to change; other sections will now have to compete with us for this precious print space. We have all the news that's fit to print! (and then some).

The bitter cold of a Winnipeg winter cannot prevent a record number of spectators from attending the graduation of Course 8603 AKA Capt Kirby's Top Nav's (the jury is still out on that one). Well done fellas and also our thanks to Maj B. Westbrook and the other members of the Base Supply for helping to make this a successful Wings Parade. The Reviewing Officer and guest speaker for this occasion was BGen A. McLellan. His after dinner speech concerning the important role the CF plays in helping to maintain peace in what is perhaps one of mankind's most critical periods of its history was well received. As mentioned earlier the turn out for this graduation was the best in a very long time and the kitchen staff did excellent work in satisfying so many hungry appetites (and when my wife goes back for seconds I know they have done a truly super job). Some of the graduates enjoy Winnipeg so much they have decided to stay on for a few more weeks — or perhaps it is the winning personalities of the instructors which has kept them here. Whatever, best of luck on your new postings and good flying.

Speaking of postings, that season is soon to be upon us and the messages have started to trickle in. Already we have lost Capt Edwards to an RAF instructional position in jolly old England. A belated good-bye to Bob and best of luck. It would seem that other OUTCAN posting are in the mill

for some of the other staff — we'll keep you posted (really, no pun intended).

It's PER time again and "senior management" seem busier than usual these past few weeks. The sound of gnashing teeth, wailing, and the renting of garments are echoing through the hollowed corridors of Mawdesley Hall; we're not quite sure if these are originating from the drafters or those who have been interviewed. (Quite frankly it is the laughing that has me worried!)

It's been very busy down the hall in Ops lately too and Capt Zebiere has been doing his best trying to keep pace with all of the last minute changes which have been thrown his way. Just the other day, for example, he thought he might have to re-schedule an F-7 (for the uninitiated that is a basic flight in the airplot phase of training) but after some delay the flight eventually got airborne. Among the crew was Capt Gagnon who just happened to be along to keep me honest (its yearly evaluation time as well folks). Anyway, as if he didn't already have enough to do he found the time to alert the remainder of the crew to a potentially dangerous situation when he smelled smoke. After some investigation a smoking "black box" was isolated from its rack and the flight continued home safely. So a very well deserved well done to Capt Gagnon.

Rumours abound at the school concerning the upcoming split between the Navigation Sqn and the Aerospace Sqn. It is looking more and more each day that this split is coming and possibly sooner than some may have expected. When we know for certain you can bet CFANS is going to be an interesting section. I'm not too concerned though because we'll get to keep the cookies!

Until next time may I leave you with this: PROVERBS 3:13.



Brigadier General K.O. Simonson signs guest book at 429 Sqn as Lieutenant Colonel R.M. Barnes looks on.

BISON BITS

After a brief break for leave I'm back to bring you up-to-date on happenings around the Squadron. On 4 April the Squadron held a training day and as honoured with a visit from the Commander of ATG, Brigadier General K.O. Simonson. BGen Simonson thanked the Squadron for its continued support during his tour as Commander and for a job well done. The CO of 429 Sqn, LCol R.M. Barnes, presented BGen Simonson with a book about Sabres, which he flew earlier in his career. The Sqn members join LCol Barnes in wishing BGen Simonson all the best as he leaves his post.

We also have several movements to announce. Captain Steve Strauss, Capt Yves Charette and Captain Mickey Garner, are hanging up their uniforms and returning to civy street. Sgt Maureen Young is off to Ottawa in June so get your typing in before she leaves. Capt Helder Vieira has left us for duties with 437 Sqn and Sgt Ken Hill follows him in July. Coming to us is Capt E.W. Modonald from Moose Jaw, Lt J.C. Gallego from 419 Sqn, Cold Lake and Sgt L.R. Doan from 412 Sqn (Det) Winnipeg.

In the last "Bison Bits" we had a look at the history of 429 Sqn as it pertained to its formation on 7 November 1942 through the War years and to its disbandment on 31 May 1946. After 31 May 1946 the next phase in the History of 429 Sqn began on 21 June 1967 when 429 (Tactical Transport) Squadron was formed at St. Hubert, Quebec and was equipped with Buffalo aircraft.

Assigned to Mobile Command of the Canadian Armed Forces on 1 February 1968, the role of the Squadron included operational aircrew and ground crew training, tactical air transport and support, airborne land forces training, search and rescue assistance, and light transport tasks. In July of 1968, a detachment of 429 (Tactical Transport) Squadron began land force operations at CFB Namao, Alberta.

On April 1st, 1970, the Squadron was assigned to Air Transport Command and continued operations until 1 September 1971, when it was once more disbanded, ending the second phase of its history. Phase three of 429 Squadron's history was to begin the following year.

From 1953, when Winnipeg first became responsible for the supply of long range navigators, radio officers and airborne interceptors, until 1964, the C-45 Expeditor, the B-25 Mitchell, and the C-47 Dakota were used for training missions. By 1964, both the Expeditor and the Mitchell were retired, leaving the "DAK" to carry on.

The Flying Squadron of the CFANS discovered that over the years the flying hours devoted to the training of air navigators had decreased to the point where it represented less than half of the total hours flown. Following a comprehensive study, a decision was made to combine the CFANS Flying Squadron with the Instrument Check Pilot School to form CFFTSU, which subsequently became 429 (Composite) Squadron.

At that time, under Training Command, the Squadron's primary roles included navigator training for the Canadian Forces Air Navigation School, and training for the Instrument Check Pilot School. Some of the secondary roles of the Squadron included search and rescue tasks, medical evacuations, and transport of military personnel and cargo.

During this third phase of Squadron history, twenty of the Dakotas were replaced by four Navigation trainer models of the C-130 Hercules, and the remaining five Dakotas were very successfully shared by the local Air Reserve Squadron and the Instrument Check Pilot School which used four Tutors as well to train ICPs.

The last phase of Squadron History began in 1981. In August of 1981, with the formation of 14 Training Group, 429 Squadron's command and control shifted from Air Command to Air Transport Group. The Instrument Check Pilot School became part of 14 Training Group and 429 Squadron was designated a Transport Squadron utilizing the Hercules aircraft exclusively.

The Winnipeg area is very compatible to the training requirements of CFANS due to the generally good weather, and central location. For these reasons off-airways routes can be flown in most directions, allowing the flexibility necessary to ensure the completion of each mission. There are a total of 11 standard routes varying from 5 to 6½ hours of flying time. Usually four students and two instructors are carried. The normal course load at the Navigation School is eight. This number is due to airlift availability, for the attempt is made to fly all the students on a given course at the same time.

In order to make the navigation training as economical as possible, 429 Squadron flies the Hercules at as high an altitude as possible (26,000 to 29,000 feet) and at 260 Knots True Air Speed. This greatly reduces the fuel consumption per hour while having no effect on the training value of the trip since the performance objectives are based on time in the air, rather than miles flown.

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AIR COMMAND BAND

CENTENNIAL CONCERT HALL

Tickets available through CFB Winnipeg Military Police Bldg. 95, all North Site Messes and Base Traffic Office, Bldg. 86. Further information, contact Capt KR Sanderson or 2Lt C Bentley, local 5480.



INTER-SECTION HOCKEY

The four team Inter-Section Hockey League has come to a successful conclusion. Congratulations to the ARROWS who finished in first place and a hearty well done to the other teams. The standings indicate that the player distribution was reasonably balanced as all teams have a fighting chance to win the play-offs. **GOOD LUCK TO ALL THE TEAMS.**

League Play-off Schedule

Semi Finals

(Best 2 out of 3 games)

Series I

17 Mar 87 Arrows vs Flyers

19 Mar 87 Arrows vs Flyers

25 Mar 87 Arrows vs Flyers

(if required)

Series II

18 Mar 87 Oldtimer's vs Braves

24 Mar 87 Oldtimer's vs Braves

26 Mar 87 Oldtimer's vs Braves

(if required)

Finals

(Best 3 out of 5 games)

25 Mar 87 Winner series 1 vs Winner series 2 (If both series end in 2 games)

26 Mar 87 Winner series 2 vs Winner series 1

27 Mar 87 Winner series 1 vs Winner series 2

30 Mar 87 Winner series 2 vs Winner series 1

31 Mar 87 Winner series 1 vs Winner series 2

1 Apr 87 Winner series 2 vs Winner series 1

Final League Standings

	GP	W	T	L	PTS	
Arrows	38	21	6	11	48	1st Place
Oldtimer's	38	18	7	13	43	2nd Place
Braves	38	15	3	20	33	3rd Place
Flyers	38	13	4	21	30	4th Place

VOLLEYBALL PLAYERS NEEDED

The CFB Winnipeg Inter-Section Volleyball league has just started the second half of their season and some teams are in desperate need of players. The two teams really needing help are Supply, Sgt Mitch Boulay, 6063 and BTNO, MCpl Mike Hachez, 5028.

Do something different — replace your boring, fattening lunch hour for an hour of fun and exercise. Games are played every Mon and Wed from 1130 to 1230 or 1230 to 1330 hours at Bldg 90.



Officially opening the Hydra Fitness Room is the BADMO LCol K Doerksen, and BPSVCSO Maj D Brazeau. Observing is the BPERO Lt D Charlton.



Officially opening the tanning room is the BADMO, Lcol K Doerksen and the BPSVCSO Maj D Brazeau. Observing are the BPERO, Lt D Charlton and Sgt I Piper.

CERAMIC CLUB SAYS THANKS

The Executive and members of the C.F.B. Winnipeg Ceramic Club would like to take this opportunity to say **THANK YOU** to everyone who was involved in any way with the relocation of our club. The support and help we had was outstanding and greatly appreciated. There are far too many individuals for us to thank personally and so no one is forgotten we would just like to say, "Thank You for your time and effort we couldn't have done it without you".

CFB WINNIPEG SPORTS AWARDS BANQUET & DANCE

TICKETS ARE AVAILABLE AT BLDG 90 (RECREATION CENTRE) AND RESPECTIVE MESSES.

MEET YOUR PERI STAFF



Sgt Irma Piper joined the RCAF in 1967. Following basic training at Cornwallis she remustered to the PERI 851 trade and took the PL 5 Course in Borden in 1968, returning to Cornwallis for six months. From there Irma went to Cold Lake, Alberta where she met her husband Wayne. Other postings included Winnipeg and Holberg. In 1976 Irma started a business in Victoria, British Columbia. In 1980 she re-joined the military ranks at Borden. After five years she again came to Winnipeg. Irma spent six weeks at Edmonton in 1983 working with the Universaide Games at track side. Following that she completed a year of French Language Training. She enjoys all sport activities with special interest in golf and badminton. Irma will be spending the next six months in the Northern climate and is looking forward to her return.

BADMINTON TOURNAMENT

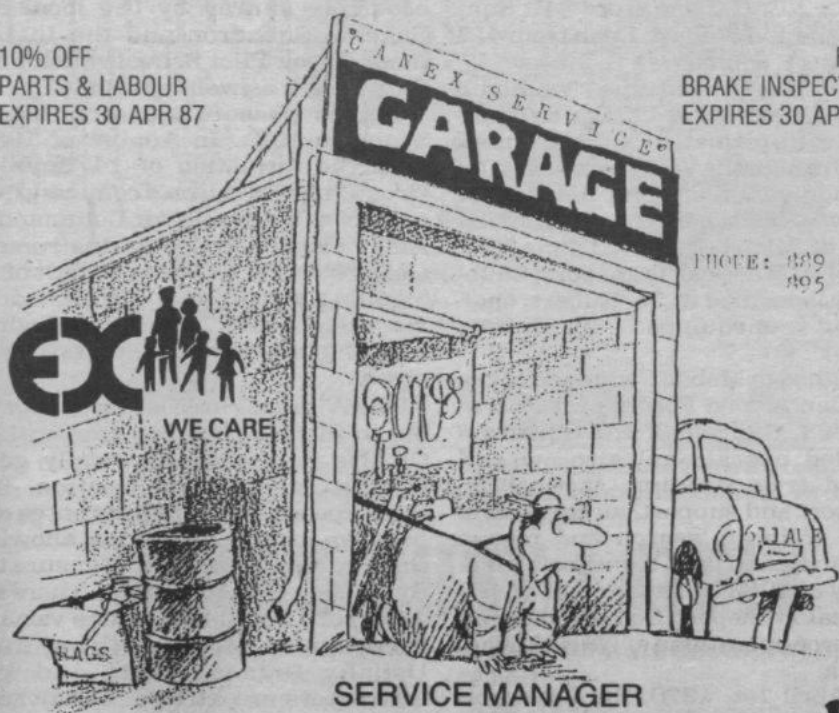
All Air Command HQ personnel and any others who use Building 21 facilities are invited to partake in the Air Command Invitational Badminton Tournament to be held Fri 10 Apr 87 in Building 21. A modified elimination format will be used with standard badminton rules applying. The \$5.00 entry fee will provide for prizes for all competitors. Tournament T-shirts may also be ordered for an additional \$5.00 per T-shirt. Entries must be submitted by Fri 27 Mar to MCpl Weatherby, Bldg 21 PERI. Questions can be referred to the tournament coordinators: Maj Kennedy MacLean (Chairman), loc 5232; Capt Glen Clarke, loc 5954; Mr. Harry Brown, loc 5369; and MCpl Jim Weatherby, loc 5148.

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During the month of March all swimmers able to swim 50 meters (2 lengths) of the pool who are between the ages of 6 and 18 are invited to attend.

CLIP OUT THIS AD AND BRING TO THE POOL ON MON., WEDS OR FRI. AT 4:30 PM ALONG WITH YOUR PAYMENT OF \$9.95.

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TELEPHONE _____

Parent's Signature _____

Ken Olson — Head Coach
Jean Keedwell — Coach





Search-and-rescue technicians from 442 Sqn. Comox, train using a Labrador helicopter and a marine crash boat.

SARSAT

COSPAS/SARSAT. These letters represent hope for hundreds of lost and stranded fliers throughout the Northern Hemisphere. They represent a system based on the Soviet COSMOS satellite and the SARSAT search-and-rescue network which started up in 1982, after an agreement signed two years before by Canada, France, the United States and the Soviet Union. It permits searches for crashed aircraft and ships in distress to be speeded up, by providing more exact information on the location of the emergency. This is accomplished through the reception of emergency locator signals by the satellite, which then re-broadcasts them to a ground station. These ground stations can then analyse the information, pinpoint the crash site, and transmit to mission control centres, such as the one at CFB Trenton, Ont. This is the only one in Canada.

time, several ground stations were put into service, making the system operational. The following year, the American weather satellite NOAA-E, equipped for SARSAT, roared into orbit.

The system now consists of two American and three Soviet satellites, each of which takes 90 minutes to orbit the Earth. In a 24-hour period, they complete about 20 passes over Canada. The interoperability of COSPAS/SARSAT allows Canada and the other participating countries to use both systems, and cover more territory.

The COSPAS/SARSAT system is a good example of international cooperation. The original 1980 members countries have been joined by five others; Bulgaria, Denmark, Finland, Norway and Britain. Among recent additions to the system are three new ground stations at Edmonton, Churchill, Man., and Goose Bay, Labrador, which are to enter operation this year, when the station in Ottawa will be closed.

Also, the minister of national defence, Perrin Beatty, last August gave approval for \$18 million for additional SARSAT equipment, including three satellite repeaters.

This successful system has, since 1982, been credited with saving the lives of 219 people in Canada and more than 740 people throughout the world.

The International COSPAS/SARSAT Steering Committee met in mid-February in Quebec City to improve the search-and-rescue capability of the system. They also began planning for a permanent organization to make the system available throughout the world.

SARSAT RESCUE

A lone American sailor was rescued last October more than 800 nautical miles east of St. John's, Nfld. in the Atlantic Ocean.

The ten-metre sail boat, Sea Sharp Minor, had her mast knocked off and received extensive storm damage while en route from Falmouth, England to Boston, Mass. The cooperative rescue efforts of four countries, and the Search and Rescue Satellite-Aided Tracking System, contributed to the successful rescue.

The sailor was found in good health and taken to Rotterdam, Holland aboard a rescue vessel, the MV Stotz Crown. The Sea Sharp Minor had been at sea for approximately four weeks when the mishap occurred.

The satellite tracking system, SARSAT, is one of the newest tools in the Department of National Defence inventory of search and rescue resources. In April of last year, Canada, France, USSR, the United States and the United Kingdom signed an International Operations

Agreement to exchange search and rescue information with one another to promote the saving of lives at sea and on land. Of the five countries involved in the agreement, four of them participated in this rescue and the distressed vessel was from the fifth.



The rescue mission began in the early evening of Oct. 7 and was completed by noon the following day. The boat's emergency signal was picked up by a French satellite, and relayed to a ground station in Toulouse, France. Canadian Mission Control Centre in Trenton, Ont., was notified and two Aurora aircraft based at CFB Greenwood took off. A British Hercules transport, on a return journey from South America, assisted the Auroras in locating the sail boat. Two ships also participated in the search by altering course and were directed to the site by the aircraft. Once at the site, the Liberian-registered MV Stotz Crown rescued the sailor while a Russian vessel stood by.

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30th ANNIVERSARY

TIMMY DANCE

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PROCEEDS IN SUPPORT OF THE SOCIETY FOR MANITOBANS WITH DISABILITIES INC.

FRIDAY 10TH APRIL 1987
1 HANGAR, 7:30 PM - 12:30 AM

COME OUT AND DANCE
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PERFORMED BY THE COMMANDAIRS, STAGE BAND OF THE AIR COMMAND BAND.

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Tickets Available At:

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TICKETS \$ 1.00
1ST \$1000. ★ 2ND \$500.
PLUS ADDITIONAL DOOR PRIZES

INFORMAL DRESS CODE IN EFFECT. NO BLUE JEANS ALLOWED.
ACCESS TO THE BASE WILL BE RESTRICTED AFTER 10:00PM

14 TRAINING GROUP HQ

Ah, Spring in Winnipeg! Sunny days grow longer, a warm southern breeze hints of things to come, the potholes on Ness Ave are in full bloom and the snowbanks are a lovely shade of mud. These days the only ones getting rich are dry cleaners and car wash owners.

But spring bodes well for staffers at 14 Training Group Headquarters. On Thursday 12 Feb 87, the groupies got together at the Viscount Gort for a retirement dinner honouring Col Don McBride, Maj Dave Boyd and Sgt Al Gray.

The next day, the Senior Staff Officer Air Technical Training donned his new Air Force blues sporting three gold rings. Congratulations go to LCol Mel Dempster, who will be accepting

a new appointment at Air Command Headquarters.

First order of business for LCol Dempster was to lead the Ground Training Evaluation team to CFB Greenwood for the biennial look at their technical training facilities.

Earlier this month, Capt Bing Shearer and wife Shirley enjoyed a few weeks of golf in southern climes, while MWO Al Currie of the Aerospace Control and Surveillance Training cell contemplates Yankee dollars and a dog sled as a posting to Alaska looms on the horizon.

Capt Hal Steffler of Training Control has his nose pressed to the window watching airplanes go by as he patiently awaits orders putting him back in the driver's seat of a Herc.

More news next issue.



"Twelve years service and no cavities", grins Capt Don McLeod. Capt McLeod recently received his CD.



Sgt Al Gray, has received the Second Clasp to his CD. Well known in golfing and curling circles, Al has recently retired from the Forces and will remain in Winnipeg.

CHAPLAINS CORNER



LET'S START THE HOLY WEEK ON THE RIGHT FOOT

This year, you are invited to join the congregations of the Chapels of the Good Shepherd and Our Lady of the Airways at 1045 hours on 12 April at the Herc Lounge — our gathering point — for the blessing of the palms, music, and procession to our respective chapels to commemorate Jesus entry into Jerusalem on the very first Palm Sunday.

Holy Week and its climax in the Easter event is the most important week in the Christian Year. In order that we might prepare ourselves for the Easter event, it is good to use worship forms that the Church has traditionally used like the Palm Sunday procession.

In these special services, we attempt to recall as nearly as possible some of the feeling of the original events. We do so in order to participate more fully in our Lord's total redemptive act: his Passion/Death/Resurrection/Ascension.

Holy Week begins with Palm Sunday, representing the triumphal entry of our Lord into Jerusalem (Matthew 21:1-13).

PROCESSION DES RAMEAUX

Dimanche, le 12 avril à 10h45, à la Salle Hercules aura lieu le lancement officiel de la Semaine Sainte par une procession officielle du Dimanche des Rameaux. Les deux chapelles se réuniront pour ce grand événement et chacun d'entre vous est invité à ce grand rassemblement au début de la Semaine Sainte pour commencer avec toute l'Église la célébration du mystère pascal.

Mettons toute notre foi à rappeler maintenant le souvenir de l'entrée triomphale de notre Sauveur à Jérusalem, la ville sainte. Suivons-le dans sa passion jusqu'à la croix pour avoir part à sa résurrection et à sa vie.

LENT

Traditionally, Lent has been the season of the Church Year when Christians have prepared themselves for Easter. Lenten discipline has traditionally focussed on three aspects of Christian living: prayer, fasting and almsgiving.

The problem for families is: "How can our children best undertake the 40 days of Lent?"

The answer: by experiencing these facets of our faith within the family.

Prayer

During Lent, we need to investigate the state of our prayer by looking seriously and honestly at the state of our life.

That effort will enrich our family's prayer. Children are made prayerful not just by learning prayers, but by living and praying with prayerful parents.

As a parent, do I pray with my children? How can I help my family grow in prayer? Have I taught my children prayers, or do I also teach them to pray?

Fasting

We fast in order to place ourselves in solidarity with the poor and hungry.

Children can treat themselves to the custom of fasting. Ask them to take a look at their lunch at school. Do they take more than they can eat, or throw any food away?

Fasting is more than doing without food. It means doing without other things as well. For example: Do without the radio and TV for a time each day to enjoy a little silence. Take time from something you might do for yourself and write to a neglected relative or friend.

Almsgiving

Almsgiving is most commonly understood as monetary donations. The giving of money to the poor, however, should bring us into solidarity with the needy to whom we are responding.

Try some of these forms of almsgiving:

- Fast during Lent and send the money saved to the Agape Table or Food Bank or some other charitable organization.
- Babysit without pay for a homebound mother. Volunteer to read to the blind or handicapped. Share material goods, time or compassion with somebody needy in some way.

Conclusion

A thoughtful, honest and thorough examination of our lifestyle can assist in our growth in Christ. Following some of the above suggestions will make us "fast" from our selfishness in order to give of ourselves more fully. And, in doing so, we will come to Easter full of new life.



Protestant Chapels

The Chapel of the Good Shepherd (North):

- Holy Eucharist (Anglican Rite) 0900 Sundays
- Divine Worship 1100 Sundays

The Chapel of Saint Andrew (South):

- Divine Worship 1030 Sundays

For information regarding Baptismal Preparation, Baptism, Church Membership Classes, Marriage Preparation, Marriage, Sunday School and Nursery, Young Peoples, and Bible Studies, please contact a Chaplain.

- Chaplains:** Padre R. Baker, BChap(P) — 895-5417
 Padre J. Jolliffe, Chap(P) (North) — 895-5075
 Padre E. Wiley, Chap(P) (South) — 895-6022

R. C. Chapels

	NORTH	SOUTH
TÉLÉPHONE:	895-5087	
MASSES MESSES:	Sat: 1700 hrs (Eng.) Sam: 1900 hrs (Fr.) Sun: 1115 hrs	Sun: 1000 hrs
MARRIAGE: MARIAGE:	Please give the Chaplain a six month notice. Parlez à l'Aumônier au moins six mois à l'avance.	
BAPTISM:	Baptism Preparation Meeting is mandatory. Please make an appointment at 895-5087.	
BAPTÊME:	Une réunion préparatoire au baptême est exigée. Il faut nous parler aussitôt que possible.	
CHAPLAINS:	Father Gaston Gagnon, - 895-5272 - Home, 888-8804 BChap(RC) Father Lindo Molon - 895-6023 - Home, 489-5654	
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To: The Editor — Voxair
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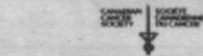
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2. The film will be aired Sunday 29 Mar at 2000 hrs local time on the CBC TV English Network.
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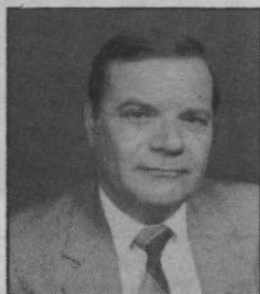
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