

# Voxair

## Free

CFB/BFC Winnipeg

17 September 1986



25TH ANNIVERSARY AIRSHOW . . . Members of five country's military air demonstration squadrons got together for a group photograph at the Abbotsford International Airshow 86, in which they performed to over 300,000 people during the three days of the show. The teams, with their aircraft are (left

to right) The Brazilian Air Academy "Esquadilha de Fumaca"; the French display team "Patrouille de France", the Canadian Forces "Snowbirds"; the Italian "Frece Tricolori", and the U.S. Navy's "Blue Angel's". (Canadian Forces Photo by Sgt J.F. Smith)

## Canada excels once again in peacekeeping role

The sun blazes down unmercifully on the buildings and airfield at El Gorah, Egypt, 30 km south of the coastal town of El Arish. For the members of the Multinational Force and Observers (MFO), it is a condition they are used to.

Temperatures in excess of 30°C are the norm in this desert camp that once belonged to the Israeli Air Force. But under the terms of the Israeli and Egyptian peace treaty signed on March 26, 1979, the only forces in the area now are those of the MFO, a 10-nation organization designed to supervise the implementation of the treaty's security arrangements in the Sinai. The MFO is also charged with using its best efforts to prevent any violations of those arrangements.

Canada joined the MFO in March of this year, and since then has had a military force of 136 people and nine Twin Huey helicopters stationed at El Gorah. Their main task is to provide helicopter support to the force as it carries out its duties. They work along side military and civilian groups from Columbia, Fiji, the Netherlands, Uruguay, the United Kingdom, France, Italy, New Zealand and the United States.

### A mixed bag of people

The Canadian Contingent of the MFO is made up of a Rotary Wing Aviation Unit (RWAU) and a group of staff officers who work at the MFO Headquarters. The RWAU comprises people from the Edmonton based 408 Tactical Helicopter Squadron augmented by personnel from other bases across Canada. After three months the contingent has adapted well to its new location and roles.

"Canada can be proud of its military people here," says Col Lou Cuppens, the Contingent Commander. "They have fitted into the operation smoothly and are very popular with the other nations. We have such a mixed bag of people that we can communicate with all the other nations' forces in their own language when we have to. The

nature of the aviation unit's business and the duties of the staff officers makes that a common occurrence," says the Dutch-born officer who will spend two years at the camp as the Canadian Contingent Commander and Chief Liaison Officer for the MFO.

Those communication abilities have come in handy as some of the contingent's members have to work with forces from other nations. The two military police people work with the Dutch who have provided the force police resources, and one of them, MCpl Silva Redigonda from CFB Toronto, speaks Italian. Other languages spoken by the Canadians that have helped the communication process include French, Spanish and Dutch.

### Depth perception problem

"We also have a medic, Cpl Steve James, working with the hospital's American staff and a postal clerk, MCpl Al Daviault, who works with the U.S. Forces Postal Unit," says Col Cuppens. Mail from the Canadian Contingent gets back to Canada through the American Forces system. "And being from a bilingual country comes in handy when we have to deal with the Fixed Wing Aviation Unit which comes from France," adds the multi-lingual officer, who speaks five languages himself.

But the bulk of the contingent work is at the RWAU where flying and maintenance is the name of the game. And it's being done under conditions that most of the unit's members have not experienced before.

"The operations conducted are totally different from the operations in Canada," says the Unit Commander Officer, LCol Al Cooper from 408 Squadron in Edmonton. "The climate is very hot and the terrain varies from miles of flat, barren sand dunes to very mountainous areas. For most of my people it's the first time they have had to operate in these conditions. Here, we perform more as transport

than the tactical role we perform in Canada," he explains.

Flight Engineer MCpl Dave Hancock confirms the CO's statement. "The big problem that most of us find is the loss of depth perception when you start to get close to the ground," he says. "You really have a hard time judging the altitude. All the sand is the same colour and you can't see exactly where the skids are and under a bright sun you have trouble identifying any change or undulation in the ground. And the blowing sand caused by the rotors makes it even harder to see things as you land," he adds.

As a Flight Engineer, MCpl Hancock is also responsible for the cabin security of the helicopter. Ensuring the safety of passengers is one of his prime responsibilities.

"Working with so many people that speak different languages makes that harder here than at home. We have to ensure they understand all our procedures and safety precautions," he notes.

### Even air conditioning

Flight safety in the desert gets the same important attention as it does in Canada. The climate and type of flying demands it according to Capt Roy Phillips, the Unit Flight Safety Officer.

"There are problems that we have to attend to here that don't exist at home," he says. "So we have a program that highlights them. And the emphasis will change as the tour progresses. With a six-month tour like this the flying will become boring after a while. After first concentrating on the hazards of flying in this environment, we'll have to start watching carefully that complacency doesn't set in as we get closer to going home," he states.

Home is a constant topic of conversation. Anyone new arriving at El Gorah is questioned constantly on what is happening 'back in Canada'.

"We get good mail service and the newspapers from across Canada,"

says Cpl Kim McMannus, an Administrative Clerk from CFB Ottawa. "We also get video tapes of TV news programs to watch, but they're always a little old," she adds.

The MFO at El Gorah has its own TV broadcasting facility and Canadian programs are shown regularly. But there's more to do here than watch TV.

"The facilities are very good," says Sgt Kim McKinnon, an Aeroengine Tech from CFB Trenton. "There is lots to do compared to where I was the last time I was in this part of the world," he says referring to a 1975 tour of duty with the United Nations forces in Ismailia, Egypt. "We have a lot of self help projects going right now to upgrade the facilities that we have. So there is lots to do to keep busy and there are lots of places to see. Israel is not far away. The sports facilities here are excellent and our quarters are a lot better than they were in Ismailia. We've even got air conditioning in the quarters and the offices," he notes with a smile.

Some members of the contingent have done six-month tours of duty in Cyprus or other parts of the Middle East and they all agree that the facilities in El Gorah are better than they have had elsewhere. But that doesn't make it easier to be away from home and family.

"It is a long time for all of them," says Col Cuppens. "But many of them are taking advantage of the duty to bring their wives and children into the area for their leave periods. Others can get home if they wish from Cairo and Tel Aviv. We also have a good phone service to Canada and our Canadian Forces Amateur Radio System is operating so that they have another way to keep in touch," he adds.

"In spite of the loneliness these people are doing a great job over here. They are professional and the other nations realize that too," he continues. "In spite of the heat, sand and the mixed cultures, they are proving again that Canada excels in this type of peacekeeping role," he concludes.

# Editorial Linda J. Martin



The sun rises on another day, which is more than I can say for my eyelids. I am not a morning person.

Took a quick look around as I stumble out to the van. The neighborhood is starting to show signs of a season's change. That "brisk" breeze in the morning has caused a scurry of storm window washing. I've even seen a house with plastic on the windows already. It's making my new next door neighbor very nervous. She asked me if it gets real cold here in the winter. Should I tell her? Naw! I'll let her live with false hope for just a little longer.

New faces around the office are a dead give-away that autumn is upon us. Mom, or Dad (don't want to be accused of stereotyping) has settled into the Base; kids are over the first day jitters; and Dad, or Mom, is still trying to find the quickest way to Super Valu, the best doctor for the kids, the closest vet for the dog, a good place for a haircut, and where is the nearest Golden Arches!

Now that all the new bodies are here and the old (figuratively speaking, of course) bodies are back off leave, let us discuss the term "Voxair Rep".

One comment mentioned to us quite often is that we need more of what's going on around the Base. We would love to know what's going on, however, as we have no roving reporter, we must rely on our inside source — you!

So get your pen and paper and jot down an event or occasion or just funny incident and send it in. And it doesn't always have to be about all the promotions or postings, it can be the unit's history or what the unit actually does, or, for example — dental could provide some tips on dental care. And it doesn't just have to be base employees, dependants are welcome to write articles. If your daughter has some tips on things to do for the new teenagers in town, or your wife has some great tips on cross-country skiing, don't hesitate to pass it along. We look forward to hearing from you all real soon.

Don't leave us out in the cold!  
Voxair needs you!



Needed: One Associate Editor  
No experience necessary, just enthusiasm and time.  
Send name through section head to Voxair Editor.

## Jameswood Elementary School Active Block Parents Update September 5, 1986

Bergeron, Jasmin & Carole  
2 Paisley Place

Chevalier, Jean & Dale  
565 Whytefold Road

Gaudreau, Bob & Hugette  
30 Braintree Cres.

Granger, Eva  
25 Paisley Place

Grant, Larry & Linda  
65 Cornwall Blvd.

Gray, Dave & Cathy  
114G Sabre Cres.

Guinchard, Ivan & Cathy  
113G Sabre Cres.

Johnston, Peter & Betty  
52 Leicester Square

Justus, William & Teri  
110B Argus Cres.

McNabb, James & Lynda  
114H Sabre Cres.

Pepin, Bernard & Johanne  
139 Bourkewood Place

Poivesan, Joe & Shirley  
89 Leicester Square

Wagg, Michael & Jean  
76 Bourkewood Place

Welton, John & Nicole  
121 Braintree Cres.

CHAIRPERSON: Mrs. Lynda  
McNabb, 114H Sabre Crescent, Box  
85, Westwin, Manitoba R3J 0T0  
Phone: 885-2668



A Canadian Forces Twin Huey helicopter prepares to touch down at El Gorah in Egypt's Sinai Desert. Nine of the aircraft and 136 members of the CF are now on duty at the former Israeli Air Base that is home to the Multinational Force and Observers. The force was formed to supervise the implementation of the security arrangements that were agreed to in a treaty between Israel and Egypt. (Canadian Forces photo by Sgt Tim Smith)

## All newcomers welcome to join

Dear Editor,

I would like to take this opportunity to introduce myself and thank all our devoted Block Parent Families for being so helpful over the past year.

At present on the North side, CFB Winnipeg we have a total of 14 families involved. This number is down drastically from last year due to a number of postings away.

A block parent is any responsible adult who cares enough about the well being of children and other persons to volunteer his or her home as a safe refuge when a need arises. A sign in the window lets children in distress know that a block parent is home to provide a haven.

Block parents are simply volunteers who have agreed to act as sensible, responsible adults in an emergency situation in the community.

WHY IS THE BLOCK PARENT PROGRAM NEEDED?

a) To provide the community with an organized method of protecting its children and adults.

b) To aid in the prompt reporting of emergency problems to the Police Department.

c) The block parent program requires total community involvement which includes: Police Department, Municipal Government, Board of Education. It is endorsed by the Canadian Assoc. of Chiefs of Police.

WHAT IS A BLOCK PARENT SIGN?

a) The official symbol of the Block Parent Program across Canada

b) An easy to identify graphic design to be placed inside a window where it is clearly visible from the street

c) An indication to children and adults who pass by, that they will receive immediate help at this home for any emergency

d) An indication to criminals or trouble makers that children in this community have been taught how to deal with strangers and that the citizens are alert

WHEN IS THE BLOCK PARENT SIGN DISPLAYED?

Only when someone over the age of 16, who has been screened by the police department is available in the home. There is no change in lifestyle. If the Block parent is unavailable for any reason, he or she removes the sign. Absence of the sign does not mean the house is unattended.

THE BLOCK PARENT IS NOT EXPECTED TO . . .

- a) Provide food or beverage
- b) Provide toilet facilities
- c) Provide transportation
- d) Administer first-aid
- e) Leave his or her home to break up fights

WISE CHILDREN SHOULD KNOW:

1. Their own address and telephone number

2. Where to go in an emergency if there are no Block Parent homes around

3. Never talk to strangers

4. Never get into a stranger's car

5. Never accept candy or gifts from strangers

6. Always play in safe places

7. Try to take the same route to and from school each day

8. Walk in group, whenever possible

BUT IS IT REALLY NECESSARY?

The worst situation most Block Parents will ever have to contend with is a frightened child. If it was your child wouldn't you say that was reason enough?

Please do your part by explaining the Block Parent Program to your children, by instructing them to respect the privilege and not abuse it and by teaching them to hold these Block Parents in high regard.

If you are interested in becoming a Block Parent please contact your chairperson Mrs. Lynda McNabb

114H Sabre Cres. — 885-2668 or if you require further information do not hesitate to call.

I look forward to hearing from some of our new comers to the area.

Sincerely yours,  
Mrs. Lynda McNabb — 885-2668



### Following the Canadian Forces

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Assistant Editor	- Capt Tom Walls	- 895-5145
Sports Editor	- Cpl Chris Pilon, CD	- 895-5511
Business Manager	- Capt Dave Lawe, CD	- 895-5531
Office Manager	- Sgt Dick Mugridge, CD	- 895-5394
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Advertising	- Wilfred G. Brown	- 837-4396
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Circulation	- MCpl Rey Methot	- 895-5190
Accountant	- Pte (Ralph) Young	- 895-5119

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**VOXAIR VARIETY**

by JOHN LAUDER

Worried about how to spend that big raise in pay? Do you believe that some of it should go to the betterment of your life style and the education of the kids? Okay, then possibly money spent on a season ticket or two for some branch of the performing arts would be useful. In spite of what Club Z would tell you, the best things in life are *not* free.

Symphony, opera, ballet, and several theatre groups all offer discounts and/or perks, if you lay out the money to buy season tickets. The savings are fine, but to me the great advantage to having season tickets is that no matter how cold or blowy it is outside, you will go out and brave the elements. (Just in case any are newly posted in, it *does* get cold and windy at the same time in this city, particularly from December to March).

The Winnipeg Symphony Orchestra has a great number of season plans to offer, what with 12 or six Masterworks; a "pops" series of seven concerts, and a set of five for children. There are also four special concerts, Opening Night, Handel's Messiah, Family Christmas Fantasy, and a Spring concert. For these you get a deal if you already subscribe to one of those listed above. Prices range from a \$20 low for the kids' concerts, \$50 to \$100 for the pops, and \$40 to \$155 for the six and/or 12 Masterworks classical shows. Unfortunately, the hockey outlet is now in charge of these ticket sales, so they have closed them down as of last week. Possibly they will change their policy if enough people call 947-1148.

The Royal Winnipeg Ballet will save you \$9, to as much as \$62.50, to see their four performances, which run from October to May. Prices and saving depend on the day you chose, the value of the seats, and the fact you may be a student/senior or a normal adult. To save \$62.50 you have to be either 14 or under or over 65, and go to a Saturday or Sunday matinee and sit in a good seat.

The Ballet has a great season lined up, with Stravinsky's Firebird, The Big Top, a circus ballet, Romeo and Juliet, and the full length (once in 20 years) Swan Lake. More details on their tickets from 945-0183.

The Manitoba Opera Association will give us Tosca in November, Die Fledermaus in February, and La Traviata in April. For all three you can buy seats for \$21 to \$105 as opposed to \$27 to \$117 for individual tickets. Phone 947-1148.

Manitoba Theatre Centre's new Artistic Director, Rick McNair, has chosen a nice mix of plays for the coming season. Comedies by Americans Neil Simon and Herb Gardner, plus the 18th century Italian, Carlo Goldoni, are balanced by Dickens' Christmas Carol and Canadian drama by Sharon Pollock in the play "Doc". To round out the series of six there will be an upbeat finale, not yet selected. Prices of \$25 to \$103 for the season will save you around \$9 to \$15 over individual ticket prices.

Those above are for the Main Stage shows. Should you also like to see the Warehouse performances — often just as good, if not better — then you can either pay \$30 to \$80, or save by buying both series and save half on the Warehouse shows. Again, prices are higher on Fridays and Saturdays, but no matter when you go, you get one-half off by patronizing both theatres. Details at 942-6537.

The Prairie Theatre Exchange specializes in Canadian drama and has been very hot the past two years. More info from them by calling 942-7291.

To talk less of the future, and move into the present, upcoming events include at the Centennial Concert Hall the "Manhattan Transfer" with Kenny Rankin to-night, September 17th, while the Symphony will stage its Opening Night Concert on the 20th, playing Tchaikovsky's Piano Concerto No. 1 and Berlioz's Symphonie Fantastique. On the 21st there will be a fashion show for the ladies and demonstrations under the title of "Women Today"; while on the 23rd there is a gospel rock concert by the Michael Smith Band. On the 25th, a benefit concert to "Save the Festival" will raise money to pay off the Folk Festival debt. Artists include Murray McLauchlan, Valdy, Ellen McIlwaine, Claudia Schmidt, Finjan, Mimeworks and Folle Avoine. On the 25th, the Symphony will be back with a "Musically Speaking" concert, and then on the 27th and 28th to present the "Pops" show called "Dance Around the World" featuring everything from Jamaican rumba to Hungarian dances. Finally, on the 28th, Don Williams will give a concert, with two shows, one at 7.00 p.m. and the next at 9.45 p.m.

Meanwhile, over at the Gas Station Theatre, on River Avenue, Agassiz Productions will be running the play "The Lights of North America" a comedy by Canadian David King. This opened on September 11th, but will run until the 21st. More information at 942-6140.

**Commemorative Stamp limited issue**

The concept of commemorative postal covers was introduced in 1983 and has continued with success. The 1986 cover reflects the badges of the five commands participating in the 86 National which is also the first competition in which competitors from CFE will take part. The stamp was issued by Canada Post on 9 May 86 to mark the 75th Anniversary of the Canadian Forces Postal Service.

The covers will be sold through local sales as in the past, with mail orders handled by DTRP 3-5.

Maximum use should be made of avail media I.E. Routine Orders, Base/Stn Newspapers, local Philatelic Clubs, CF Radio Stns etc. to promote the sale of the covers. Sales posters

will be distributed approx 15 Aug all locations for illustration/advertising purposes. Since cancellation stamp is dated 16 Sep 86, covers cannot be released to public prior to that date. Advance orders w/payment is encouraged as issue this year is limited to 450 copies. Cost is two dollars each with sets (1983-1986) at five dollars. No handling charges apply to orders rec'd from BTNO/STNO.

Mail orders can be forwarded to NDHQ, Ottawa, K1A 0K2 Attn: CF National Radio (DTRP 3-5). Mail orders shall be prepaid and include 50 cents per order to cover handling and mailing.

Your assistance and support in past years has been appreciated and it is hoped that this will continue in 1986.

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# When is a cord not a cord?

**FIREWOOD**  
by C.N. SCHOFER

Winter is fast approaching and many Winnipeggers with fireplaces and wood stoves will be looking for firewood. Wood species most commonly sold in the Winniper area are Birch, Poplar, Oak and Ash with a variety of measures and prices. The traditional standard of firewood measure is the "cord" and is best pictured as wood cut to 4 ft lengths, stacked 4 ft high and 8 ft long — hence a standard cord is 128 cubic feet of stacked wood. Another measure is the face cord; it normally consist of wood cut 12", 16" or 24" in length and stacked 4 ft high and 8 ft long — hence a 12" stacked face cord equals one quarter of a standard cord.

Firewood is commonly handled with power equipment and is frequently measured by throwing the wood onto a pile or into a container such as a truck box approximating 128 cubic feet. The wood is not stacked, therefore less of it is required to fill the space. If it were stacked it would occupy approximately 80 to 90 cubic feet. This method of measure is roughly 70% of a standard cord.

For heating purposes the species of wood plays an important part in the

amount of heat produced by a standard cord of wood. The greater the specific gravity (more dense) the wood, the more heat it will provide. For example, White Birch — has a specific gravity of .55 and would produce 22 million BTU's of heat whereas Oak, with a specific gravity of .63 would produce 29 MILLION BTU's of heat.

Birch has average heating value, is the most attractive in appearance and usually the most expensive wood sold in the Winnipeg area. Poplar is cheap, plentiful, has a low heat value (17 million BTU's/cord), and is sometimes mixed with Birch to increase its selling price. Oak and Ash have high heat values and are not as expensive which makes them a best buy.

In summary, when looking for firewood this year, decide whether you want a wood that looks nice or has a high heat value, then find a measure that most closely approximates the standard cord (128 cubic feet of stacked wood) at a price that is within your budget.

On cold winter nights you can then curl up in front of the fire and enjoy this renewable energy source.



This past summer, CFANS said goodbye to Mrs. Kathryn (Kay) Dalton, a very valuable and long-time member of the CFANS staff. Kay came to CFANS in 1976 and worked as part of the word processing staff before taking up duties as the school librarian. LCol A.H. Armstrong, Commandant CFANS, presents Kay with a certificate signed by Prime Minister Brian Mulroney, recognizing her retirement from the public service of Canada after 22 years of dedicated service. Congratulations Kay!

## CFANS in french perfume business?

CFANS has once again seen a change of faces at the school. We would like to welcome course 8641 and wish them luck. The course consists of 2Lt Connell, 2Lt Ducharme, 2Lt Juneau, 2Lt Mooney, 2Lt Moreneau, 2Lt Tremblay, 2Lt Tucher, 2Lt Williams. Our final goodbyes to course 8505 were said after their graduation parade.

Lt Barrett posted to Comox (VP SQN) 407

Lt Diertert posted to Greenwood (VP SQN) 405

Lt Dubuc posted to Greenwood (VP SQN) 405

Lt Fraser posted to Edmonton (VP SQN) 435

Lt Narley posted to Greenwood (VP SQN) 415

Wish we were there.

The CFANS sports day was a success inspite of the inclement weather. The off and on drizzle did nothing to dampen the enthusiasm of the over 40 people enduring four soccer and four baseball games. The final body count of the day was two to one. Two school staff partially incapacitated and one

student with an extra soccer ball. For anyone interested student Bill's audition for the soprano position with the Winnipeg Opera will take place next week.

The mess dinner on 4 September was a smashing success with most of the repairs already complete. A good time was had by all, especially Majors Joe Pling and Jopling. Our host LCol Armstrong was the fashion leader with the addition of a designer Micheal Jackson glove added to his mess kit ensemble (courtesy of sports day).

The post dinner crud game saw 8604 almost over coming the challenge, however the opponents and their referee proved too much of a combination.

In the rumours department, word has it that a certain entrepreneur Captain is going into the French perfume business. See the nav cell for details.

Finally, in the lost and found department, if anyone found a pair of size 9 Nike runners after the sports day please turn them into room 115. He has already gone through 6 pairs of socks.

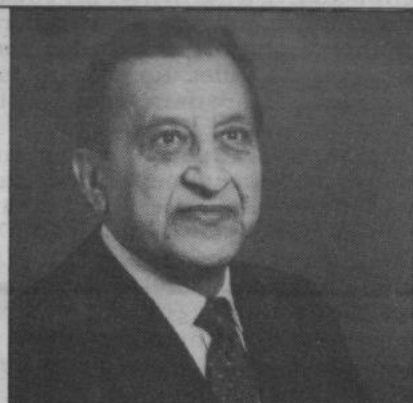
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# Cadets get a chance to go to England for competitions

The Prairie Region Army Cadet Rifle Course, one of four across Canada began on the 8th of July and ran through until the 18th of August. This year army cadets from Manitoba, Alberta, Saskatchewan, North Western Ontario and as far away as the North West Territories, arrived in Winnipeg to participate with the course. As well as cadets, shooting instructors, and staff came to Winnipeg from all across Canada. In total the course consisted of eighty people: twenty-three staff, and fifty-seven cadets fifteen of which were females.

On this course the cadets learned about the Sportco target rifle, range safety and firearms safety. The Sportco target rifle is their competition rifle, it fires 7.62mm rounds. During this training the cadets spent their days at the Saint Charles Range where they competed in competition matches and were coached by the instructors in preparation for National competition.

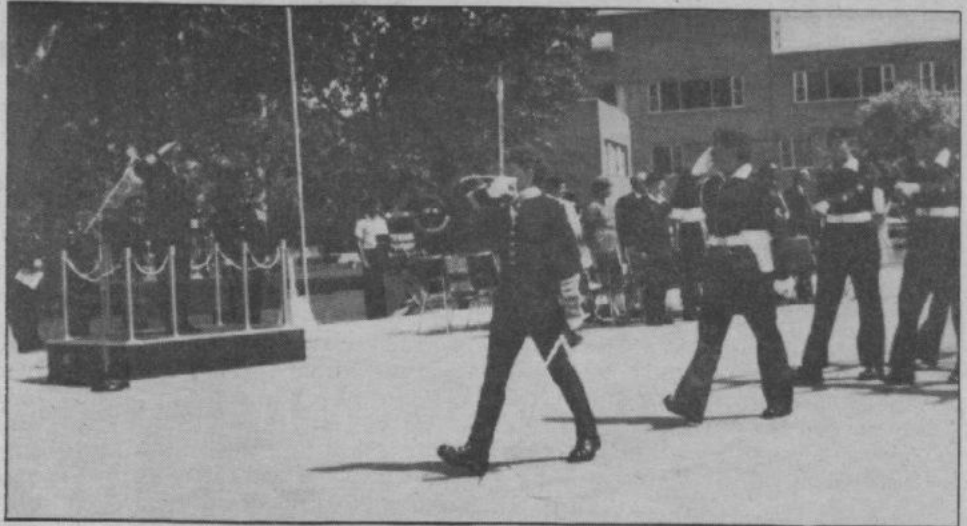
On the 2nd, 3rd, and 4th of August the cadets had a chance to compete in the Manitoba Provincial Rifle Association's Annual matches. This allows the cadets to compete amongst top shooters as well as each other. After the completion of the MPRAs the top twenty cadets qualified to attend Ottawa. This was one of the major goals on the course that they strived for. In Ottawa the top twenty get a chance to compete in the DCRA Matches (Dominion of Canada Rifle Association) where they compete against shooters from all over the world.

This year twenty of our cadets went to Ottawa on August the 7th. Out of the twenty that competed seven of our cadets made the Bisley Nomination Team. These cadets were: Cdt. Nicole Gottert, Cdt. Kirsten Watt, Cdt. Leigh Driedger, Cdt. Jody Zarn, Cdt. Kristina Knaap, Cdt. Tom Dobranski, and Cdt. John Hulbert. These cadets now have the chance to go and compete in Victoria next Easter for the Bisley team. The Bisley Team competes in England and is one of the Teams that competes amongst the best shooting teams in the Commonwealth. This is one of the highest goals for a cadet on the rifle course.

Since not everyone will have a chance to go to Ottawa the remainder of the cadets remain here in Winnipeg. Here for two weeks they compete in matches, fire the F.N., and the pistol. They also go on a few supervised tours.



The Prairie Region Army Cadet Rifle Course.



LCol R.S. Abbott of Vancouver B.C. was the Commanding Officer, and Col Mintz of CFB Shilo was the Reviewing Officer on the course Graduation Parade.

## "Army of the West" will quickly become collectors' item

The Brigade History Book is in production and moving at a fast rate. The first four chapters, there will be 12 chapters, are due end Sep 86 and Chap 12 by end Dec 86. Printing is scheduled for Feb 87 with publication by Apr 87. The book in fact, will start in 1885 and end with Armed Forces Day 1986. Chapters will be devoted to specific chronological periods and the book should be about 250 pages with over 60 pages devoted to colour photographs and graphics. The book titled "Army of the West" will not only be a history of the present day regular force but will include all the militia

units between the Lakehead and the Pacific Ocean inclusive of origins of the Alberta Field Force. In reality, it is a history of Western Canada.

A full time research staff is employed on the project with printing scheduled for Feb 87 and publication Apr 87. The book will be a welcome addition to military personnel everywhere, and will quickly become a valued collector's item. Purchase price is \$15.00 per copy. Advance orders may be forwarded with a cheque or money order payable to 1 CBG History Book Fund at this HQ Attn: G4.

# Professional & Business Directory

### Chapman Goddard Kagan, Barristers & Solicitors

George E. Chapman, B.Sc., LL.B. Donna G. Kagan, LL.B.  
 Alan R. Goddard, B.A., LL.B. George A. Derwin, LL.B.  
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 Phone: 837-1512

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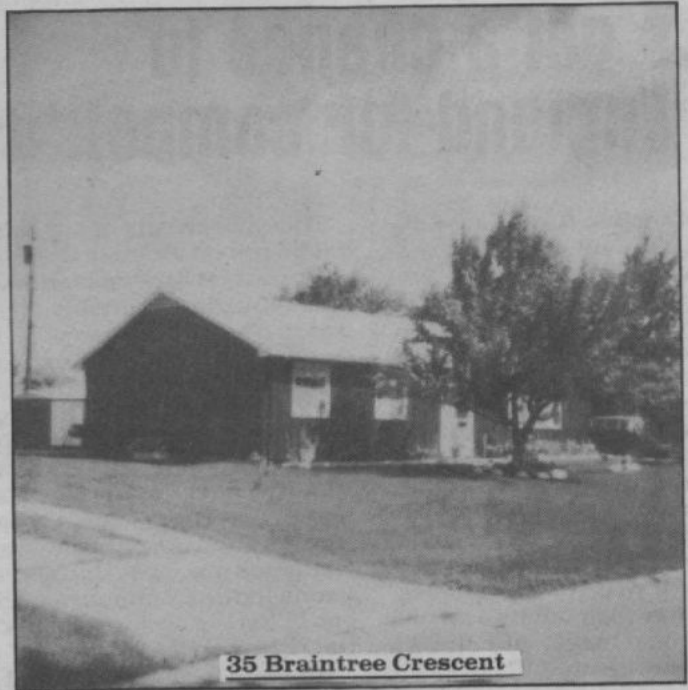
BEAUTY SALON 489-9079 Cuts - Perms - Colours - Shaping  
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 HOURS: 9-5 MENS HAIRPIECES FITTED

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 Sturgeon Park Plaza, 3045 Ness Avenue. PHONE: 832-1001  
 NEXT TO SAFEWAY.





Tom and Linda Flanagan are our lucky First Prize winners of "The Prettiest PMQ" Contest. Col Loren H. Reynolds, BComd, presents the Voxair's letter of congratulations and gift certificates, while MCpl Linda J. Martin, Voxair Editor, stands by. Thank you, Tom and Linda, for your hard work and community spirit. Keep up the good work!

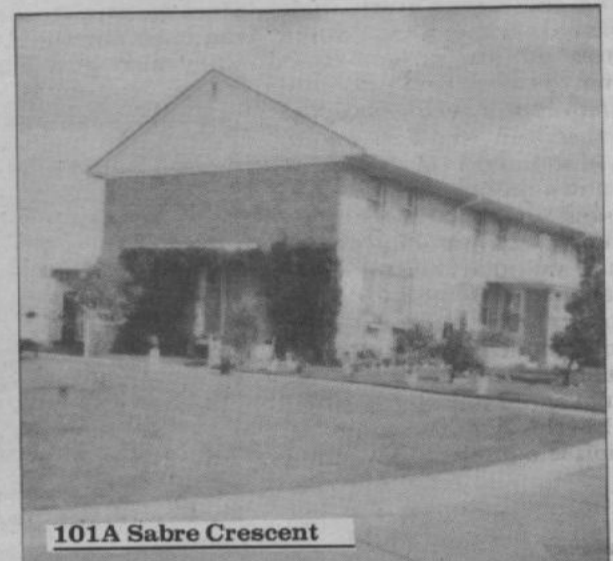


35 Braintree Crescent

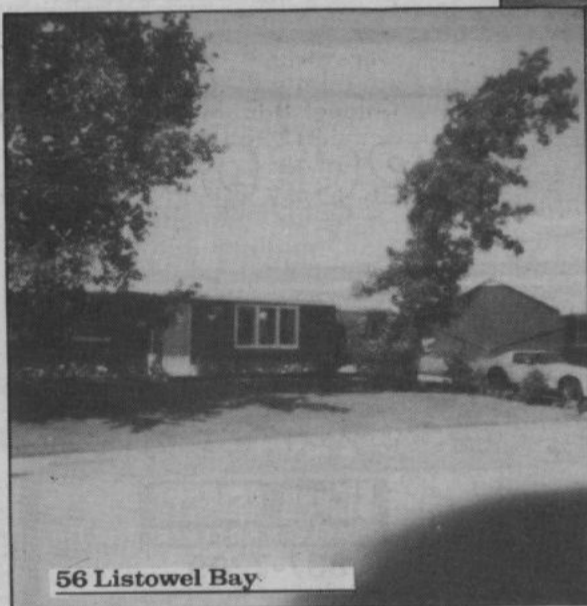
Congratulations to one and all for their hard work in "The Prettiest PMQ" Contest. Despite obvious problems for some tenants such as construction on or around their homes, the turn-out was very encouraging. It was a pleasure to drive around and notice that even those who did not have a large amount of flowers still had well-kept yards and a few well-chosen flowers.



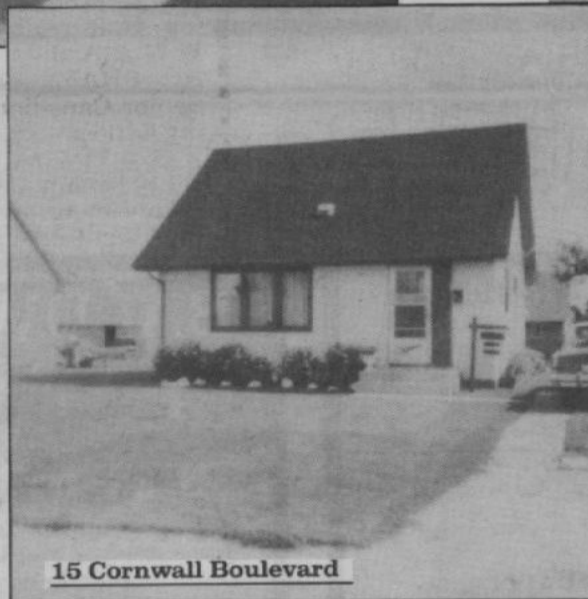
481 Moorgate Street



101A Sabre Crescent



56 Listowel Bay



15 Cornwall Boulevard



252 Ubique Crescent

The judging was on the basis of what the occupant did with what they had; not overkill; but good taste and the obvious extra effort to maintain a well-turned out appearance.

MCpl Tom Flanagan, from Air Command, and his lovely wife, Linda, are our first prize winners. Their home at 35 Braintree Crescent, with its white painted stones, flowers around the trees, flower boxes, vine trellis and well-kept lawn, makes a pleasant addition to the area. It proves that the community spirit is very much alive and well in Winnipeg PMQ's and BLHU's.

So take a drive around and look up some of the pleasant houses on our list, along with the many others we didn't have room to mention. Unfortunately, I guess we won't have much more time to enjoy the pleasant scenery with the cool breezes of late, winter will soon be upon us. Keep up the good work, and maybe next summer it will be your turn.

PRIZE	ADDRESS	NAME	SECTION	PRIZE	VALUE
1	35 Braintree Crescent	MCpl Flanagan T.P.	Air Comd	Dinner for Two at Birchwood Inn	\$50
				Lifetime Membership from Adis Video	30
					\$80
2	481 Moorgate Street	WO Miles J.W.	Air Comd	Western Canada Aviation Museum Family Membership for one year	\$30
				Complimentary dinner at Marigold	29.50
					\$59.50
3	56 Listowel Bay	Sgt Woodley P.	Air Comd Band	Gift Certificate for Payfair	\$25
				Two free haircuts from Donna's Hairstyling	16
					\$41
4	101A Sabre Crescent	WO Smart D.W.	Air Comd	Gift Certificate for Silver Heights Cleaning Centre	\$10
5	15 Cornwall Blvd	MWO Cox J.A.	BTfc	Gift Certificate for Silver Heights Cleaning Centre	\$10
6	252 Ubique Crescent	Maj Luke G.A.	Air Comd	Gift Certificate for Silver Heights Cleaning Centre	\$10
HONOURARY MENTION:		108 F & G Canso Street	102 B & C Comet	1908 Corydon Avenue	
		445 Moorgate Street	429 Moorgate Street	19 Silverwood Bay	
		58 Jameswood Drive	60 Leicester Square	545 Whytewold Road	
		255 Ubique Crescent	441 Carpathia Road	437 Carpathia Road	
		1950 Corydon Avenue			

Corydon was the prettiest row of houses.

Photos taken on a Polaroid Autofocus 660 camera donated by Polaroid Canada

# "Shower, rinse, repeat...?"

What news could there possibly be from the AWS after such a long period of summertime introspection and liquid replenishment? Well, even though it was rather quiet around the squadron, there were a few news worthy events taking place on the personal front.

Probably the most exciting of these was the long awaited metamorphosis of Capt Claude Cloutier from staff butterfly to student maggot. Although this may seem a strange transformation, its effects are certainly not as dramatic as those associated with the lobotomy given to navigators prior to their cross-training into the pilot classification. Claude did demonstrate some very interesting side-effects though, and his case will surely be widely studied by career managers and entomologists alike.

Aside from his sudden weight gain, the first sign that Claude's transformation had begun was his partial loss of vision. His new glasses have given him that confused-yet-quizzical look that is so important to having the instructors believe that he is truly interested in what they are saying. Perhaps more startling however, was Claude's sudden need for a nurturing, father-type figure to help him through the trauma of cerebral regression. It is no coincidence that Claude was heard to let slip the odd "gee, nice shot Dad!" whenever on the golf course with Sqn Ldr Ferries. Of course, the transformation is complete now, and we can

pretty well forget about hearing anything of interest from Claude for the next nine months or so.

Jeje Blom was involved in another "biological nightmare" of sorts that is certainly worthy of mention as well. It seems that Jeje was so caught up in a computer program that he was working on, that he just couldn't stop running the program logic over and over in his head. When he went home one day to have a shower, he happened to read the instructions on the back of the shampoo bottle — "shower, rinse — repeat." Poor Jeje was cast into an endless shampoo-loop and may well have been stuck in there until all of his hair was gone had Marcia not come home later that night.

Finally, a couple of new instructors arrived over the summer. You've probably seen them around — if you've been at work between about 1000 and 1300 Hrs. J.T. Williams is the grandfatherly, grey-haired Captain who wanders the halls asking everyone what time it is. Norm Bonikowski is an ASC grad who just doesn't know how to stay away from this place. He's the one who put up all the room dividers in the EW office and likes everyone to at least pretend to knock before coming into his area. It should be a good year for EW.

So, that's about it. Nothing really unusual. It will be nice when the new ASC members start turning to mush and do some weird things for a change.



Col J.R. Fryer, NDHQ/Director General Works signs handover document while the incoming CO 1 CEU LCol D.V.B. Riddell (left) and the outgoing CO 1 CEU LCol W.W.A. Anderson (right) look on.

## Air Command to 1CEU and 1CEU to Belgium

On Tuesday 8 July 1986, a Change of Command ceremony was held at CFB Winnipeg where Lieutenant Colonel D.V.B. Riddell, CD assumed command of 1 Construction Engineering Unit from Lieutenant Colonel W.W.A. Anderson who has been posted to SHAPE Casteau Belgium as the Senior Canadian Military Engineering Officer.

Lieutenant Colonel Riddell, a civil engineering graduate of the Royal Military College, Kingston, had previously served as Engineering Officer with 1 CEU from 1981 until 1983. Lieutenant Colonel Riddell's previous

appointment was Senior Staff Officer Military Engineering Management at Air Command. The Change of Command ceremony was witnessed by Colonel J.R. Fryer, NDHQ/Director General Works. Also in attendance were Brigadier General J.E. Woods, Air Command Chief of Staff Support; Colonel S.E. McGowan, Base Commander, CFB Winnipeg; Colonel W.D. Johnston, a former Commanding Officer of 1 CEU and presently the Air Command Deputy Chief of Staff Military Engineering and Lieutenant Colonel J.R. Hosang, Air Command Senior Staff Quartering and previous Commanding Officer of 1 CEU.

### ESCAPE FROM THE WINTER COLD TO: CARTAGENA COLOMBIA: \$1139.00

(BASED ON DOUBLE OCCUPANCY)  
 2 WEEK REGENT HOLIDAYS PACKAGE (from Winnipeg) \$1139.00 per person (based on double occupancy)  
 DEPARTURE: Jan. 29, 1987  
 FOR FURTHER INFORMATION CONTACT  
 FRANK RICHI — 941-4949 or 586-4803  
 OR  
 WRAY YOUMANS — 941-8942 or 889-9299

#### Decorations

CD 2



Maj Paturel — Dental

CD 1



Sgt Hartley — Dental

CD



WO Tessier — Dental



MCpl Jerry Joss (BTfe) — 21 yrs svc

#### Promotions



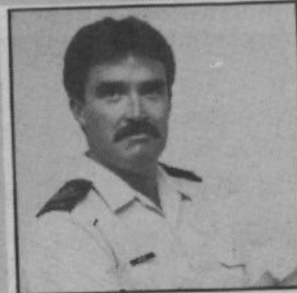
MWO Gorman — Dental



MWO Anderson — Avionics Lab



WO Shawcross R.G. — 14 Trg Gp HQ

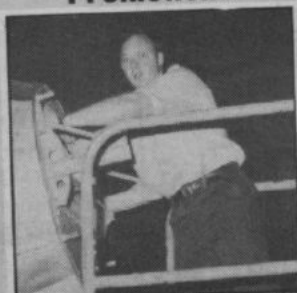


Sgt Murphy — Dental

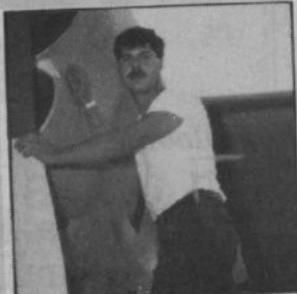
#### Promotions



MCpl Coulombe — IS Tech Bameo



MCpl Rodrigue — AF Tech Bameo

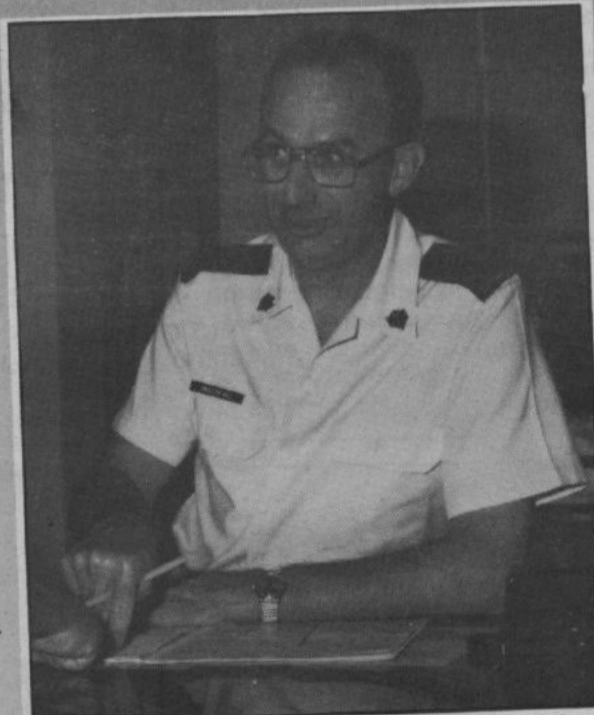


MCpl Kalagian — AE Tech Bameo



MCpl Thomas D.B. — CFS Met

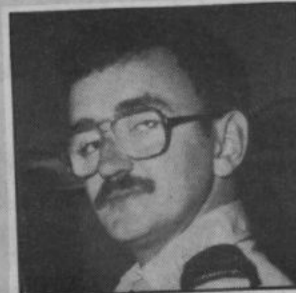
#### Retirement



After 26 years in RCAF & CF, Sgt Gus Malenfant has retired. He & his wife, Solange, are setting in Winnipeg. Bonne Chance! Gus!



MCpl Dan Cormier — BPER



Cpl McPhee — IE Labs

# Aquatics Learn to Swim Program

**Registration** will be held at Lipsett Hall from 6-9 Oct 86 1300-1600 hrs daily for the Red Cross Learn to Swim Lessons in all levels, yellow, orange, red, maroon, blue, green, grey, white, moms and tots and adult upgrading classes.

**Lessons** will commence Sat 11 Oct 86 and run every Thu evening from 1800-2100 hrs and Sat morning from 0900-1200 hrs for ten lessons. Cost of lessons will be \$15.00 per child/adult. Lessons will be cancelled if there are insufficient candidates.

For further information contact Sgt Ches Bennett or MCpl Bruce Hofferd at 895-6185.

### BLDG 90

**Registration** will be held at Bldg 90 (Rec Council Office) on 6, 8, 10 Oct 86 from 0900-1200 hrs for the Red Cross Learn to Swim Lessons in all levels — yellow, orange, red, maroon, blue, green, grey, white, moms and tots and adult upgrading classes.

**Lessons** will commence Sat 11 Oct 86 and run every Wed evening from 1800-2200 and Sat morning from 0900-1200 hrs for ten lessons. Cost of lessons will be \$15.00 per child/adult. Lessons will be cancelled if there are insufficient candidates.

For further information contact Cpl Chris Pilon at 895-5511.

# CISM founded in France

OTTAWA — The Canadian Forces participated in the United States Military Golf Championships sponsored by the Conseil International du Sport Militaire (CISM). Team members included: Rear-Admiral Brian Hotseppiller, National Defence Headquarters (NDHQ) Ottawa; Rear-Admiral Charles Thomas, NDHQ Ottawa; Lieutenant-Commander John Russell, NDHQ Ottawa; Major Fred Clarke, NDHQ Ottawa; Major Ed Razzell, NDHQ Ottawa; Captain Bob Daunais, Canadian Forces Base (CFB) Trenton, Ont.; Captain Elgin Marsoen, NDHQ Ottawa; Captain Michael Moore, CFB Borden, Ont.; Master Warrant Officer Claude Latulippe, CFB Borden, Ont.; Sergeant Ken MacMillan, CFB Kingston, Ont.; Sergeant Yvon Roberge, CFB Montreal, Que.; and Master Corporal Ray MacDonald, CFB Toronto, Ont.

CISM is an 86 member world-wide association composed of the Armed

Forces of various nations dedicated to the promotion of world peace through the development of military sports.

Twelve service members from various bases and units across Canada took part in this North American competition, which was held at Andrews Air Force Base, Maryland, from August 8-15. To reciprocate, the United States military is invited to send a team to the Canadian National Championships held at Canadian Forces Base Trenton, Ont., September 16-18.

CISM was founded in Cannes, France, to promote physical fitness, military sport competition, and friendship between the members of different armed forces. Since joining CISM in 1985, Canadian military athletes have competed in biathlon, cross-country running, swimming and volleyball.

# Open House & Membership Drive

The Recreation Association and several Base Clubs will conduct an Open House and Membership drive Thursday 18 September at Bldg 90 and Friday 19 September at Lipsett Hall from 1430-1630 hrs and 1700-1830 hrs both days.

Base personnel, dependants and interested civilians are encouraged to use these occasions to meet members from the Base clubs, learn about the facilities available through the Recreation Association, and conveniently pay their Club and Association fees.

### RECREATION ASSOCIATION FEES\*

Membership	Single	Family
Regular	\$15.00	\$25.00
Associate	\$45.00	\$60.00

\* One must be a Rec Association member to join a Club.

### CLUB FEES

Badminton	\$20.00	Woodhobby	\$10.00
Rifle	\$ 5.00	Photo	\$10.00
Ceramics	\$24.00	Bowling	Line fees
Scuba	\$40	Regular Members (Course \$10)	
	or \$50	Associate Members (Course \$125)	

### \* REMEMBER \*

Bldg 90 — Thur 18 Sep 1430-1630/1700-1830  
Lipsett Hall — Fri 19 Sep 1430-1630/1700-1830

# WINNIPEG SKI CLUB

## WE ARE MORE THAN JUST A SKI CLUB

- 1 Ask about our TWO-FER one membership campaign.
- 2 Special Events — SKI Trips, Casual Meetings, New Friends any age any size
- 3 Alpine lessons, and Swap Shop summer and winter.
- 4 Cross Country lessons available, novice/beginner/intermediate, with a Canadian Ski Instructor.

**PHONE 284-2852 FOR DETAILS**



Julien Dupuis, a photographer with CFB Wpg Base Photo was recently promoted to the rank of Master Corporal.

MCpl Dupuis is well-recognized for his photo abilities and as you can see, he is always on-the-ready to snap that 'hot' shot.

MCpl Dupuis is off to Borden for the Junior Leadership Course this fall.

Good Luck and Good Shootin', Julien.

Don't leave us out in the cold!  
Voxair needs you!



### Some Yesterdays

Yesterday marked the 72nd anniversary of the Canadian Aviation Corps, in 1914 by Col. Sam Hughes, comprising two officers and one mechanic.



#1 This is the opposition.



#2 The triumphant passover.

# Sports Hot Line

## CFB WINNIPEG (WESTWIN) BADMINTON CLUB

Membership fees will be \$20.00 per individual plus the appropriate recreation association fees. The Recreation Office on Whytefold Road is open on Monday, Wednesday, Friday from 9:00-12:00 a.m.

**Dates to Remember:** Play starts 14 September 1986

**Special Sign Up Dates:** 18 September 1986 at Building 90 and 19 September 1986 at Lipsett Hall.

## SERVICEMEN'S VOLLEYBALL

All servicemen are invited to try out for the Base team, learn new skills, get in shape and have fun. League games are Tuesday evenings, practices are Thursdays from 1630-1800 and occasional weekends are all the time that is required. Selected personnel will also represent CFB Winnipeg at the Prairie Region Servicemen's Volleyball Championship to be conducted at CFB Penhold 16-19 Feb 87. To sign up phone local 5511/6184/5148 or go to Building 90 for practices commencing 2 October, 1986.

## BASKETBALL

CFB Winnipeg is once again entering a downtown league in preparation for the Prairie Region Basketball Tournament. All interested personnel are to submit names to Building 90 or call local 5511/6184/5148. Practices are 1630-1800 hrs (Wednesdays) commencing 1 October 1986 at Lipsett Hall with league play being on Saturday mornings from 1015-1200 hrs.

## SQUASH

All personnel wishing to form and become part of a base squash club are invited to attend a meeting at Building 90, Tuesday, 30 September 1986 at 1630 hours. This meeting will determine the basis for forming a club, club executive, club nights, tournamnets etc. No matter what your calibre, from beginner to advanced, we need your support as part of the executive council or as a member in good standing. For more information or any questions please contact MCpl Jim Weatherby at local 5148 or any of the PERI staff in Building 90 at locals 5511/6184. If you can't make the meeting please leave your name and phone number.

## CFB WINNIPEG CURLING CLUB

Fort Osborne Barracks (FOB)  
(Kenaston and Grant)

### WELCOME NEW CURLERS

WHERE: FOB Curling Club  
WHEN: League Curling starts 5 Oct 86  
WHAT: Mens Leagues — Mon, Wed and Thurs 1900 and 2115 hrs.

Ladies Leagues — Tues 1900 and 2105, Fri 1800, 2000 and 2200 hrs.  
Mixed Leagues — Fri 1800, 2000 and 2200 hrs, Sun 1300, 1500 and 1700 hrs.

Entry forms are available from the club or base routine orders.

CONTACT: Club Manager Earl Lins 888-4354, Membership Chairman Maj Jeff MacDonald 895-5353 or 888-9125 (evenings).

## SOUTH SITE COMMUNITY COUNCIL

The South Side Community Council has an urgent requirement for new councillors and members-at-large to help with planning activities in our area for the coming year. Come out and lend a hand. Let's make our community a better place to live.

Please contact Sgt C. Lavallée at 6077 or MCpl D. O'Brien at 5397 if you can lend a hand.

— Submitted by MCpl Beauparlant  
BPhoto 5236



Welcome . . .  
**ST. JAMES LEGION**  
BRANCH No. 4  
ROYAL CANADIAN LEGION  
1755 Portage Ave.  
WINNIPEG, MANITOBA

CFB Westwin Minor Hockey Final Registration Wed 17 Sep 86 1800-2100 hrs at 62 Braintree Crescent.

**NOTE:** Players wishing to play AA Hockey with St James must register thru Community Council first and then with St James on 18 Sep 86, 1700 hrs Civic Centre.

# "Take me out to the ballgame!"

by Cpl Sue Beare

Early on the twenty-fifth of July an additional chapter in our BAMEO Slow-pitch Tournament was about to be set down. The day was perfect, bright and warm with a touch of a breeze. Cleats were tightened and bubblegum passed around. Four teams were ready for an exciting bout of baseball.

Avionics section, Aircraft Servicing (16 Hanger), AMCRO (includes Photo Techs, Orderly Room staff and Log. Control personnel), and last but not least, ARO (Dakota Repair) formed the teams. Safety Systems techs. and Reserve personnel from 402 Sqn. rounded out the teams nicely.

Sun screen and mosquito repellent were liberally applied to all exposed limbs during the event. Neither sun nor bugs prevented outstanding plays and outfielding. Many pop flies did not make it to the ground. Due to the participation of real baseball league players we were treated to some wonderful double plays and fast infielding.

Sgt. Robin Spencer and Cpl. Rick Bayliss organized (you guessed it!) hot dogs and refreshments for lunch, appreciated by all the parched teams.

Cpl. Don Palmer (Log. Control) managed to confuse the opposing team with his mad dash to second base causing the baseman to fumble the catch. Managing to "twist his foot" Don nevertheless carried on for the rest of the day. The twist worked out to be a fracture, so we had a candidate for the 'Rick Bayliss Wimp-out Injury Award'.

After the dust had settled from some very close games, and some not so close, the winning team was declared. Lt. Sandy Kirsopp graciously accepted the trophy for ARO.

Next year we should see more participants as the ARO players feel that it will take a good deal of really good teams to wrest the trophy away from them.

Thanks to the fans in the bleachers for coming out to support their favorite Moms and Dads and making the cheers more resounding. Finally, a special thanks to Robin and Rick for putting together such a great day and we'll see everyone next summer!

P.S. Sue, not Steve, Beare was the wonderful author of Deep Paddle 1986. Sorry, Sue!



CFB Winnipeg Personnel interested in playing "No Hit" hockey this season are requested to register at the Rec Centre (North Side), Building 90.

## CFB WPG HOCKEY LEAGUE REGISTRATION

To Register (must be made in person.)

Cost will be \$35.00 per person. Deadline for Registration will be 26 Sep 86.

The league will operate under a draft system again this season. Players will be contacted by their team reps concerning practice and game times.

For further information phone MCPL Hofferd 895-6185/6183 or 5511.



# "Goldeyes" Scuba Club



The Base Scuba Club (Goldeyes) can help you. Memberships are only \$40.00 for Regular, \$50.00 for Associate and Ordinary.

Your membership entitles you to:

1. Manitoba Underwater Council membership (as prescribed by CFAO 50-10)
2. Subscription to Diver Magazine
3. Subscription to the M.U.C. Newsletter.
4. Free swim Tues. and Thurs. 20:00 to 21:00
5. Rentals of Goldeye Equipment (12 sets)
6. Tank fills on club compressor
7. Use of 14 ft. Zodiac and 55 hp. motor.

Basic scuba lessons start in the fall, for those who wish to get certified!!!!

The registration and swim test will be on 7 Oct. at 19:00 at Bldg. 90. Bring your bathing suit and towel.

The course will begin on the 21st of Oct. and end on the 17th of Feb. with two weeks off during the Christmas break.

The cost for regular members is \$110.00 for Associate and Ordinary members \$135.00 plus membership in the Goldeyes Scuba and the Base Recreation Council.

Contact(s): Nick Bryant — 6551, Al Fraser — 888-8274, Trevor Feltham — 885-4952, Barry Abram — 5964. Happy diving with the Goldeyes.



Interested in new ideas for Christmas?  
Interested in a new craft?  
Want to meet new people?

**CFB WINNIPEG CERAMIC CLUB**

DISPLAY AND DEMONSTRATION  
COFFEE AND REFRESHMENTS

**OPEN HOUSE**

**BLDG 90**  
**8:00 P.M.**  
**18 SEP 86**

FOR MORE INFO - CALL  
Donna Serduk - 889-9965  
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Mon Copy Deadline	Wed Publishing
22 Sep	1 Oct (Thanksgiving)
6 Oct	15 Oct (Halloween)
27 Oct	5 Nov (Remembrance Day)
17 Nov	26 Nov
8 Dec	17 Dec (Christmas)
12 Jan 87	21 Jan 87

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# In Memoriam

## VERNON E. CRITES

Age 24, passed away at the Health Science Centre after a tragic accident, July 30, 1986. Vern leaves to cherish his memory his wife Heide and his mother Eileen. Funeral services were held at the Chapel of St. Andrew, C.F.B. Winnipeg. Heidi, Eileen and family would like to extend their sincerest thanks and appreciation to

the staff of the emergency Ward at Health Science Centre. Fathers Jolliffe (C.F.B. Winnipeg) and Lauder (C.F.B. Shilo), the 3 RCR Battalion of Winnipeg and the 3rd Regiment of RCHA at Shilo, as well as all friends and neighbours.

Verne will always be remembered and missed very much.

## MESSE FRANCAISE

Tous les samedi soir, une messe est célébrée en français dans la chapelle Notre-Dame (côté Nord de la base) à 1900 heures. L'an dernier une très belle communauté s'est créée parmi la trentaine de familles qui assistaient à cette célébration. Malheureusement plusieurs de ces familles ont été af-

fecté à d'autres bases. Résultat, notre assistance à la messe française a diminué considérablement. C'est pourquoi nous faisons un urgent appel à toutes les familles récemment arrivées, afin de pouvoir continuer de célébrer en français une messe chaque samedi soir. La décision est à vous.

Votre Pasteur Gaston Gagnon



LGen Donald M. McNaughton (rt), Gen Robert T. Herres (ctr), NORAD's Commander in Chief, and LGen Donald C. MacKenzie, NORAD's departing Deputy Commander-in-Chief are piped to the Change of Command reviewing stand by Maj (Ret'd) Bob Tracy. LGen McNaughton assumes the position of Deputy Command in Chief of NORAD at Peterson Air Force Base Colorado Springs. The Change of Command Ceremony included a 17 gun salute and a flypast by F-106s from 120 Fighter Interceptor Group out of Great Falls, Montana. Photo by Sergeant Dennis Mah, CF.

## Joanne Woodward's "Do You Remember Love"

The Alzheimer Family Resource Centre helps families and friends of people with Alzheimer's disease throughout Manitoba by providing emotional support, information and education.

Upcoming events at the Centre, B-170 Hargrave Street, included a viewing of the movie "Do You Remember Love", starring Joanne Woodward, on Monday, September 15. Drop-in Family Support Sessions will

take place on Wednesday, October 15 from 10:30 to 12:00 noon and on Tuesday September 30 and October 7 from 7:00 to 8:30 pm

A Public Information Meeting on "The Hidden Victims of Alzheimer's Disease: Families Under Stress" will be held on Monday September 29 from 7:00 to 9:00 pm in the 2nd floor Auditorium of the Winnipeg Centennial Library, 251 Donald Street. Please call 943-6622 for more information.

## Becoming a Catholic, even if you happen to be one

Sunday, the 21st of September will be the beginning of our Sunday School. This year all our religion classes will be held in the Annex of the Chapels. All students must be registered by Sunday, 21 September.

**Junior High** (grades 7, 8 and 9 students): A special program has been planned for you, please register after Sunday masses. Our first activity was Sunday, the 14th of September in the Annex of the Chapel of Our Lady of the Airways (North). A supper was served for this occasion.

Our Confirmation classes will start sometime in November. All candidates must be at least in grade 6. Please let us know if someone in your family would like to receive the Sacrament of Confirmation.

### ADULT'S PROGRAM

This year we have two new programs. First of all: The **RCIA Program**. It is the abbreviation for Rite of Christian Initiation for Adults. We will begin this new program the 17th of September at 1930 hours. This program is designed especially for people

who would like to join the Catholic Church or to know a little bit more about it before becoming a full member. Actually we have quite a few people who attend our services, but it is impossible for them to participate in full communion because they are not Catholics.

The other program for adults will be **Becoming a Catholic even if you happen to be one**. In fact, it will be called "Renewal Program". Every second Wednesday night, starting the 10th of September, we will have sessions for those who want to deepen their understanding of and make more meaningful their membership in the Catholic Church. It is offered to those who are "looking into" the Church, to lifelong Catholics who want to go deeper to "retired Catholics" and to those who have may become inactive or opted out and now may be willing to take another, more adult look at the Church.

Welcome Aboard!

For more information, please contact your Chaplain's office: (North) 895-5087 or (South) 895-6024.

## Live abroad for one year unique opportunity for young students aged 15 to 18

Canadian secondary school students now have a unique opportunity to discover a new country while continuing their education thanks to the exchange programmes of Interculture Canada.

Interculture Canada, a leading international exchange organization, offers youths between 15 and 18 years of age the chance to study in more than 30 countries around the world. There are departures in summer or in winter depending on the country chosen. The programmes last eleven to twelve months.

"It's an unforgettable experience", says Andrew Atherton who is back from one year in France. "I had a terrific time with my host family and made a lot of new friends. I discovered France and its culture by living with its people. Now I also speak French fluently".

In addition to the intercultural learning, the exchanges programmes of Interculture Canada encourages the personal growth and development

of teenagers. "My daughter has returned home with more self-confidence and radiant with happiness. She now shows more openness, flexibility and responsibility" says the mother of a returnee from Venezuela.

Students interested in obtaining more information about Interculture Canada programmes may call 1-800-361-1879 or write to 59 St-Jacques Str. O, suite 700, Montreal, Qué., H2Y 1K9. Final applications must be received by October 30th for winter departures and November 30th for summer departures.

Interculture Canada is a not-for-profit, non-governmental organization. It is a member of AFS International/Intercultural Programs network with over 70 member countries, making it the world's largest exchange organization. Interculture Canada promotes world peace by stimulating the candidates' interest in learning about other people and understanding cultural differences.



## Protestant Chapels

### The Chapel of the Good Shepherd (North):

— Holy Eucharist (Anglican Rite)	0900	Sundays
— Divine Worship	1100	Sundays

### The Chapel of Saint Andrew (South):

— Divine Worship	1030	Sundays
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For information regarding Baptismal Preparation, Baptism, Church Membership Classes, Marriage Preparation, Marriage, Sunday School and Nursery, Young Peoples, and Bible Studies, please contact a Chaplain.

<b>Chaplains:</b>	Padre R. Baker, BChap(P)	— 895-5417
	Padre J. Jolliffe, Chap(P) (North)	— 895-5075
	Padre E. Wiley, Chap(P) (South)	— 895-6022

## R. C. Chapels

	NORTH	SOUTH
<b>TÉLÉPHONE:</b>	895-5087	
<b>MASSES MESSES:</b>	Sat: 1700 hrs (Eng.) Sam: 1900 hrs (Fr.) Sun: 1115 hrs	Sun: 1000 hrs
<b>MARRIAGE: MARIAGE:</b>	Please give the Chaplain a six month notice. Parlez à l'Aumônier au moins six mois à l'avance.	
<b>BAPTISM:</b>	Baptism Preparation Meeting is mandatory. Please make an appointment at 895-5087.	
<b>BAPTÊME:</b>	Une réunion préparatoire au baptême est exigée. Il faut nous parler aussitôt que possible.	
<b>CHAPLAINS:</b>	Father Gaston Gagnon, - 895-5272 - Home, 888-8804 BChap(RC) Father Lindo Molon - 895-6023 - Home, 489-5654	
<b>SECRETARY (NORTH SIDE):</b>	Francine	- 895-5087
<b>SECRETARY (SOUTH SIDE):</b>	Denise	895-6024

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Chesterfield and matching rocking chair very good cond 3 yrs old OBO Call 489-7855

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Bedroom set 4 pieces \$325; dining room set 5 pieces \$325; Call 889-9711

2 leather jackets size 7 and 9 \$20 each; 1 simulated suede suit beige size 10 \$20; 1 pair women's black shoes size 5 never worn cost \$60 sell for \$15; 1 pair men's boots beige like new size 8 \$15 and 1 TV stand \$15 Call 888-1750

MOVING — Must sell Child Audion Organ w/stand and music books \$25; IBM Selectric Typewriter \$185; exercise bike exc cond \$100; boys size 10 3 piece suit w/shirt and tie \$30; boys parka size 12 \$25 Call 489-7833

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**Announcements**

**ATTENTION: P.S. ANNOUNCEMENTS**

"Are there foods I need to include in my diet if I breastfeed my baby?" This and many other questions will be answered with the latest medical research and personal experience at the St. James/Assiniboia La Leche League meeting **Wednesday, September 17, 1986, at 7:45 p.m. at 90 Norlorne Drive.** The discussion will include suggestions about nutrition for nursing mothers and their families, as well as information about weaning the breastfeeding baby. All women and their babies are welcome.

La Leche League offers mother-to-mother help in a series of four monthly meetings based on the manual "THE WOMANLY ART OF BREASTFEEDING" as well as personal and telephone counselling for women with breastfeeding difficulties. For further information call 885-2301 or 895-7595.

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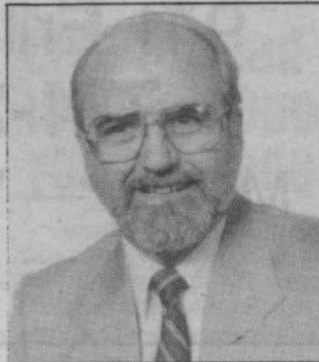


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