Vorair

"FOLLOWING THE CANADIAN FORCES"
CFB/BFC WINNIPEG

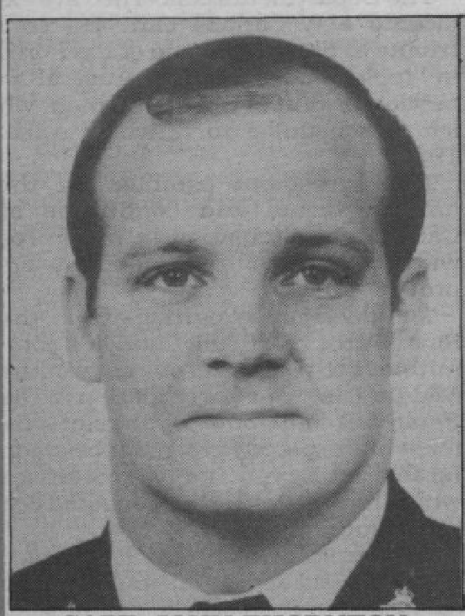
17 Apr 85

Some Yesterdays

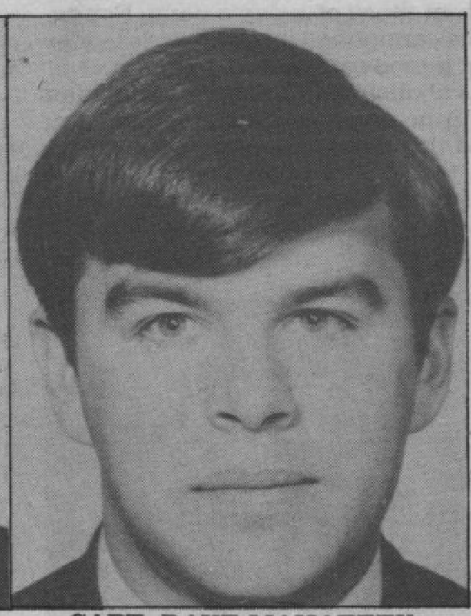
RCAF No. 5 Flying Boat Squadron was formed 51 years ago yesterday at Dartmouth, N.S., equipped with Fairchild aircraft, April 16, 1934.

Next Deadline April 23 for May 1 Edition

In Tribute



CAPT. JOHN THORNTON



CAPT. DAVE MAHAFFEY

429 (T) Sqn mourns the loss of two Squadron members who lost their lives in the tragic crash of the two CC130 aircraft at CFB Edmonton on 29 March 85.

Capt John Thornton was born in Ottawa, Ontario, on 12 May 1955. He joined the CF in Aug 73 and served in Portage la Prairie, Moose Jaw and Winnipeg. He is survived by his wife, Allison, and daughter Sarah.

Capt Dave Mahaffey was born in Montreal, Quebec, on 18 Apr 1958. He joined the CF in Mar 80 and served in Portage la Prairie, Moose Jaw and Winnipeg. He is survived by his wife, Mireille.

The Thornton family has requested that those wishing to do so may make donations to the Zion Church Organ Memorial Fund, Zion United Church, Moose Jaw, Saskatchewan, or to a charity of the donor's choice.

The Mahaffey family has established a trust fund for the twins expected later this month. Contributors may make donations at any branch of Canada Permanent Trust to "The Mahaffey Childrens Fund," Account number 2759939S01. The Mahaffey family will be advised of all donations.

Plans are being made for a dedication service for Captains Thornton and Mahaffey sometime during the summer. Information will be available when details have been finalized.

Open Letter to CFB Winnipeg Personnel

I would like to take this opportunity to thank all of the people of CFB Winnipeg for the support provided to 429 (T) Sqn following the deaths of Captains Thornton and Mahaffey.

The unselfish assistance offered and services provided, particularly during the weekend of 29 Mar, by all sections did not go unnoticed or unappreciated.

It was not due to the lack of up-to-date aircraft movements information that the BComd arrived at 16 Hangar a couple of hours before the arrival of VIP aircraft, or remained for a considerable period of time after their departure. His support throughout was very much appreciated.

The fact that the requirement for CFANS Student Navy training details during the week disappeared from the schedule did not go unnoticed. The difficulty in recovering those missions was, I'm sure, clearly recognized, but nevertheless accepted, by CFANS. We appreciate your concern and consideration.

To the Base Administrative Staff who arrived on the scene at midnight on the 29th and assisted throughout, I convey our sincere thanks. To the Padres who supported in so many ways, we are most grateful.

It is not possible to name all of those individuals who helped, so to everyone I will simply say thak you on behalf of the families of our departed brethern and those of us who remain at 429 (T) Sqn.

Commanding Officer 429 (T) Squadron

"Iron Annie" back – with Assist. from 402 Squadron

WINNIPEG — "Iron Annie," this country's famed flying boxcar of half a century ago, re-appeared in all its restored glory last Saturday afternoon, April 13, at the Western Canada Aviation Museum, after a 36-year absence from Canadian skies.

It's a German Junkers-52 single-engine transport, converted from a tri-motor model to commemorate its likeness that roared over Canada's northland as a freighter in the 1930-40 era. It's the only one of its species in the world.

The refurbished "Annie" was built under licence in Madrid, Spain, 33 years ago for the Spanish Air Force. Before it was sold to a museum in Orlando, Florida, it was featured in a Geraldine Chapman movie.

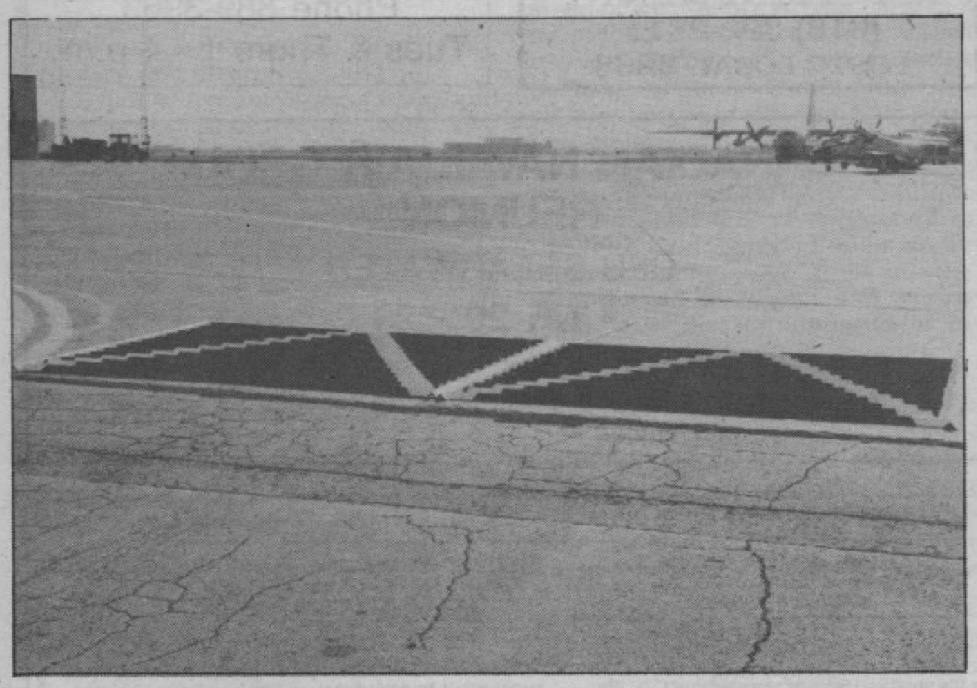
The original, single-engine JU-52, one of only six built, was bought in October, 1931, 53 years ago, by the late James A. Richardson of Winnipeg for service with Canadian Airways Ltd., now Canadian Pacific Airlines. It was the largest single-engine aircraft in Canada. Some say it still is.

Records indicate that one typical cargo destined for northern Canada included four oxen, eight horses, a Diesel-engine shovel, a 20-foot boat and major parts of 11 tractors.

Attending the formal induction into the Western Canada Aviation Museum was George T. Richardson of Winnipeg. His firm, James A. Richardson and Sons, provided a grant of $200,000. to buy it from its Florida owner, ferry it to Winnipeg in arly 1982 and finance the conversion and restoration.

Con't on page 2 Roll-out

Flight Safety – FOD (foreign object damage) Shakers



Top left photo depicts the view of drivers as they approach recently-installed FOD shakers at the entry to the aircraft ramp near the fire hall, between Hangars 16, 10 and 11. Purpose is to dislodge stones from vehicle tires to help eliminate FOD hazards on the aircraft ramp.

If driving a vehicle authorized to be on the ramp, drive slowly over the centre of the FOD shaker, as demonstrated by the Base Commander, Col. S.E. McGowan, at the wheel, and LCol. I.M. Ross, Base Technical Services Officer, in top right photo.

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402 Squadron at roll-out

Cont. from Page 1

On hand for the ceremony were some members of the nine-man crew who flew the CF-ARM Junkers and DC-3 mother ship from Florida to Winnipeg, June 5, 1982. All were members of the 402 Air Reserve Squadron, led by their then commanding officer, Lieutenant-Colonel Malcolm S. Joyce, as pilot, an aviation safety specialist with the federal Ministry of Transport.

Made of corrugated aluminum, it is described as a full canti-lever monoplane for operation on floats, wheels or skiis. It has a liquid-cooled engine swinging a four-bladed wooden propeller of 13-1/2 feet diameter. It was the German equivalent of the North American DC-2 and DC-3 aircraft.

The original Canadian-owned Junkers, carrying the registration CF-ARM, was scrapped in 1943 because the Second World War stopped the flow of spare parts. Only the floats of the original CF-ARM remain today. They belong to the Western Canada Aviation Museum and are to be on display.

The Junkers-52 went on, as the three-engine version, to serve as an airliner, freighter, bomber, glider tug and paratroop transport during its lengthy career, which extended to 30 countries. Some sources say it served on opposing sides during the Second World War.

The three-engine version was exported to many parts of the world, but none flew commercially in North America. Only one single-engine Junkers-52 did, CF-ARM. Its replica now is in the collection of the Winnipeg Museum.

"Iron Annie's" impressive dimensions and other features list the weight as 7-1/2 tons; a wing span of 96 feet, nine inches; length of 60 feet and a height of 20 feet, eight inches. Its cruise speed is 120 m.p.h., range is 932 miles, and it's powered by an 830 h.p. Rolls Royce Buzzard engine.

Yo-ho-ho and a – Tot of rum

HALIFAX — When the daily issue of rum was abolished March 31, 1972, a naval tradition which had lasted some three hundred years ended. From the days of wooden ships and iron men the daily "tot," a ration of rum, was issued to officers and men alike. The daily tot was first introduced into the Royal Navy in 1655 as a substitute for beer or wine.

This tradition began out of need. Fresh water carried in casks on early ships soon became brackish and unpalatable and in the 15th century beer and wine were used as substitutes. The normal ration was a gallon per man per day. Sir Martin Frobisher (1535-1594), of North-West passage fame, was known to have said, "We will sail as long as the beer lasts."

Two pints per man per day

Shortages of stowage space, a problem even in modern warships, led to the introduction of rum in the 17th century. The usual daily ration of rum was a pint for a man and a half-pint for a boy seaman, issued twice a day, at lunch and at supper. In 1824, when tea became common in the British navy, the supper ration was discontinued.

From 1655 throughout the 19th century, shipboard life was difficult and the daily issue of rum probably made life more bearable. However, the demands of the old navy differed widely from those of today's navy. For example, the mental alertness needed to load a cannonball into a muzzle loader was far less than that required to operate a modern weapons system.

The issuance of rum on a daily basis was abolished in the Royal Canadian Navy in 1972. The daily issue was discontinued as a new system involving bar facilities aboard ships was established throughout the fleet. Men were simply far more efficient without the daily tot. In a highly technical navy no risk of error, which might be attributable to rum, could be allowed.

THREE-CENTURY TRADITION SPLASHED — Royal Canadian Navy ratings draw their daily tot of rum aboard HMCS Saskatchewan, a tradition that went down the drain in 1972.

Canada Going Back To The Sinai

Prime Minister Brian Mulroney announced April 11 that, in response to requests from the Governments of Egypt and Israel, and subject to the successful negotiation of an agreement which adequately meets essential Canadian interests, the Government has decided in principle that Canada will participate in the Multinational Force and Observers (MFO) based in the Sinai Peninsula.

The Departments concerned are exploring how Canada can best contribute to the functioning of the Force in replacement of the Australian helicopter unit of about 100 men, wh ich is scheduled to retire in April, 1986.

The agreement establishing the nature, terms and conditions of Canada's participation in the Force will be submitted to Cabinet for its approval.

The decision to participate in the Sinai Force reaffirms Canada's commitment to peace and stability in the Middle East. Our participation in the Force will contribute to the reinforcement of the peace agreement between Israel and Egypt, the two countries which have specifically requested our contribution.

We firmly believe that this peace treaty, based as it is on the principle enshrined in Security Council Resolution 242, envieaging Israel's withdrawal from territories occupied in 1967 in exchange for peace, stands as testimony to what can be accomplished in that region when the political will exists on both sides.

It is Canada's hope that recent developments in the region will lead to direct negotiation among other parties so that the treaty between Egypt and Israel will be followed by progress toward comprehensive peace in the area.

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JUNE 20 - 23

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Voxair

Following the Canadian Forces

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Editor — Carl L. Fitzpatrick, CD — 889-3963
Associate Editor — MCpl. Thomas H. Langer — 895-5514
Advertising Manager — Wilfred G. Brown — 837-4396
Circulation Manager — Capt. Grant Russell, CD — 895-5580
Sports Editor — Sgt. Chris Christianson
Accountant — Cpl. Robert St. Laurent — 895-5701

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Scan Corner
Look Forward to Your Retirement

SCAN Second Career Assistance Network — Service de Préparation à une Seconde Carrière

Looking forward to retirement? A surprising number of service-people have mixed feelings about this question. Change of any kind is unsettling, but retirement from the Forces involves both uncertainty and a good deal of anxiety.

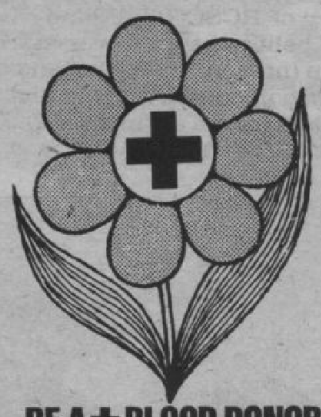
Perhaps you recognize the symptoms. Thoughts about retirement are postponed to the very last moment. Talk with friends about retirement is avoided and in some cases spouses and families are excluded from your retirement thoughts. Anxiety builds up and too often retirement becomes a fearful event rather than a new and exciting challenge.

Common sense tells us that this is the wrong approach. Obviously, along with the administrative preparation required for retirement after a number of service years, the problem of anxiety must be faced.

The best tonic for the emtional letdown of retirement is early planning and preparation. Early planning involves setting work goals, thinking of training and experience in civilian, rather than military terms, settling the question of location, considering the employment market and finally, adding up all the pluses and minuses. Once the problems are out of the way the job campaign can start with real interests and vigor.

Here is a recent example: An accounts-trained senior NCO stationed at a large base was close to retirement. He investigated the employment market in the nearest town very carefully. The Canada Employment Centre told him about a new industry moving into the town and arranged an interview. The job, however, was not available for six months, but he was tentatively selected. Finally, he followed the advice of his firm and enrolled in a night school course to up-date his knowledge of civilian accounting procedures.

This senior NCO was looking forward to his retirement.



What Experts Recommend For Fitness

Good health is a feeling of total well being — that means physically, psychologically and emotionally.

Nutrition plays an important part in good health because it affects your skin, teeth, eyes, hair and overall appearance, as well as your personality, behaviour, working potential and general outlook on life.

How can you have a fit food style? - by following Canada's Food Guide!

What is Canada's Food Guide?

Canada's Food Guide is designed as a pattern of eating, not a rigid set of rules. By following it, you can obtain enough of the more than 50 nutrients needed by your body every day for optimum health. The guide stipulates the minimum number and size of servings to be selected daily from each of the four food groups. They are:

(1) two servings of milk and milk products;

(2) three to five servings of breads and cereals;

(3) two servings of meat, fish, poultry and alternates; and

(4) four to five servings of fruits and vegetables (include at least two vegetables).

Why is Canada's food guide divided into four food groups?

The foods in each food group supply certain key nutrients. The kinds and amounts of key nutrients that each group supplies form an interlocking pattern of good nutrition. The food groups are not interchangeable, because the nutrients that each group provides are different (eg, you get vitamin C from fruits and vegetables, but not from meat). Therefore, you cannot omit a food group or exchange it for another group and obtain enough of all of the essential nutrients.

Why is it important to have a variety of foods?

It is important to choose a variety of foods within each group to ensure that you meet your body's needs for all of the essential nutrients. Although the foods in each of the four categories are grouped together because they contain the same key nutrients, each food within the group contains different amounts of these nutrients. Therefore, variety is important to ensure your vitamin and mineral needs are met.

Is Canada's Food Guide a Weight Loss Diet?

Yes, it can be. The basic guide supplies 1,000 to 1,400 calories per day, which will result in a gradual weight loss in most people. Choose the lower calorie foods from each group to lose weight (eg, skim or 2 per cent milk instead of ice cream). All reducing diets must follow this pattern if they are to be considered safe for prolonged periods of use. Increasing your physical activity will also help you to lose weight.

To gain weight, you can obtain extra energy (calories) by increasing the numbers and size of servings from the four food groups and/or adding other foods.

Why should we select and prepare foods with limited amounts of fat, sugar, and salt?

The guide recommends that you select and prepare foods with limited amounts of fat, salt and sugar to reduce the risk of such health problems as heart disease, dental cavities, diabetes melitus, obesity and high blood pressure.

Hurry! Hurry!

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National Broomball

Flash: CFB Kingston went through the single round-robin undefeated and beat out CFB Esquimalt in the final to become the 1985 Men's National Broomball Championship.

Base Soccer

The Base Soccer team will practice every Mon. Weds. at 16:30 hrs. Rec Centre, Bldg. 90.

LETTERS TO THE EDITOR

Editor
Voxair

I read with interest the article on RRSP's in the March 6 Edition. (Slightly late for 1984).

The article did not point out that if you invest when you are a Pte/Cpl you are "buying" in a low tax bracket and will no doubt "cash in" in a; much higher tax bracket.

I also found it strange that no mention was made of the Servicemen's

Additionally, RHOSP's are probably a better investment for young service persons.

The arithmetic used in the "ordinary" investment is unrealistic because few CF personnel are in the 50% bracket. Additionally, the first $1;000 interest on the "ordinary" investment is tax free while all RRSP interest is taxable.

Editor
Voxair

Starting now, the Navy League of Canada, Ottawa Branch, is creating a history of RCSCC Falkland.

It is believed that it was started in Ottawa in 1923. If you have any information (names, anecdotes and copies of photos (not returnable), which could be of use in compiling this history, please send them to The Navy League of Canada, Ottawa Branch, P.O. Box 923, Stn. B, Ottawa, Ont., K1P 5P9, Attention Corps History.

BONSPIEL CHAMPS — Top curling foursome in 73 Communication Group display their trophy won at their annual bonspiel, this year held at CFS Yorkton, Sask. Left to right are MCpl. Larry Will, 3rd; Pte. Donna Morin, 2nd; Pte. Julie Ambrose, lead; Miss. Sue McRae, skip; and the Group Commander, LCol. T.G. Senft, who delivered the opening rock.

New Arrivals
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Every two weeks a Lucky Canex Shopper will win a free gift.

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This week's LUCKY CANEX SHOPPER was chosen at noon on Wednesday, Apr. 10. MCpl Ron Hay (BAMEO) wins Inuit Carving. Making the presentation is Cheryl Powel.

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Price: $7.50 Each

Date: 11 Mai 1985
Heure: 8:00 PM
Endroit: Edifice 21 BFC Winnipeg
Billets Disponibles:
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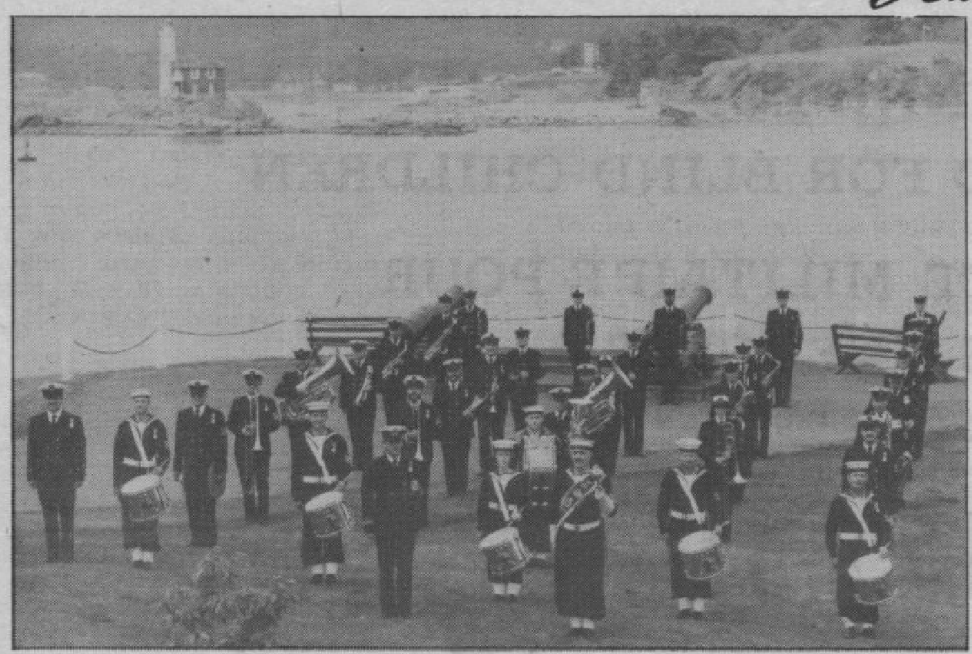
OSEM SECUR, Edifice 2, Office 150 895-5555
Prix: $7.50 Par Personne



The Canadian Forces NADEN BAND, under the direction of Lt. (N) R.H.J. (John) French, will be performing a public condert 26 Apr at Sturgeon Creek Regional Secondary School, Ness Ave., at 19:30 hrs.

This concert presentation will be jointly sponsored by the Committee for the 75th Anniversary of Naval Service in Canada.

Music enthusiasts can be assured of an entertaining evening,.which will feature Winston Wuttunee and Janet Deiter.

The 40-member Naden Band will perform a varied concert, ranging from the light classics to contemporary show and popular music.

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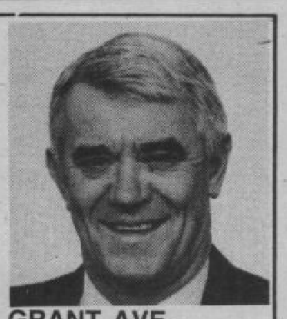

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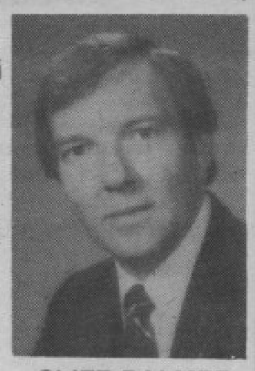

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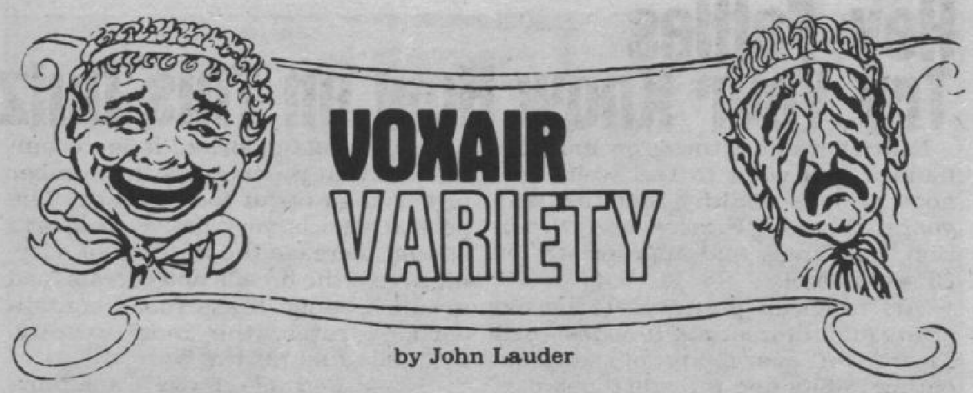

by John Lauder

Now hear this!

Grin-and-grab shots still are arriving at Voxair.

And they're still being turfed into the garage.

If Voxair correspondents want photos of promotions, presentations and the like used, make sure that the individuals are performing at their jobs or doing something other than grinning into the camera lens.

U.N.D.E. News

Local 705 extends best wishes to Brother Doug Johnston and Brother Reg Parkin on their retirement. They will be missed very much at our local meetings. Their guidance and knowledge benefitted all our members.

During the absence of Maggie Armstrong, President, first vice-president. Sharon Morgan will be acting president during the period of April 2, to May 10.

Next general meeting will be May 29, 1985 at the P.S.A.C. boardroom, 808-240 Graham at 7:00 p.m.

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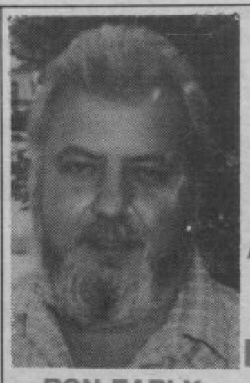
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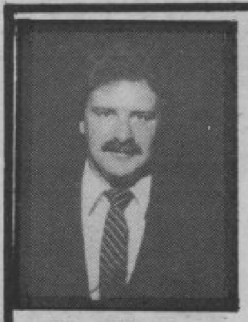
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Scouting News

The 51st Winnipeg Scouts (North Side) is in need of responsible parents to staff the Parents Committee next year. As most of the current members are posted this summer, all positions on the committee will be vacant.

Scouting is a worthwhile activity for the youth of the community. This year, there was more than 50 boys registered. The annual budget was more than $6,000. A few hours or service monthly is all that is required to manage the organization. Please give your boys a hand.

There will be an Annual Meeting of the Parents' Committee, where you may inquire about the Scouting movement, or volunteer your services.

Time: Thur. 2 May, 1900 hrs.

Place: Bldg. 81 Scout Hall (outside Air Command Gate).

Contact: Paul Peloquin Local 5814, Cathy Margueratt 885-9396.

Doggone Lie

Advertiser: "I put an ad in Voxair for my lost dog. Has anything been heard of it? I offered a reward."

Cleaner: "Sorry, can't help you. The editor and all the reporters are out looking for it."

ANNOUNCEMENT

Mr. Jack MacIvor, President of Midway Chrysler is pleased to welcome Lyle McDougall to the Winning Team at Midway Chrysler where he will be "Selling Happiness" in both the New and Used car departments. Lyle comes to Midway Chrysler with many years experience in the automotive business with Chrysler products. He welcomes all inquiries from his friends and past customers. So feel free to call him at anytime at 774-4581.

Lyle McDougall

Jack MacIver's Midway Chrysler/Plymouth/Peugeot

730 Portage Ave. 774-4581

Hey Fatties Try Your Know How on This Quiz

Nutrition and fitness go hand-in-hand if you want to feel well, look good and be healthy and fit! This year's theme, "Fitness and Nutrition," is timely and appropriate for CF personnel.

The program promises to be exciting and interesting! It is designed to inform everybody of sensible eating habits and provide those participating in sports with sound nutritional information.

TRUE AND FALSE QUIZ

Questions:	Circle The Correct Answer	
1. Except for calories, an active person's nutrient requirements are similar to those of the inactive person.	T	F
2. The person who "works out" or participates in sports needs a high protein diet and/or protein supplements.	T	F
3. Athletic performance is improved by vitamin and mineral supplements.	T	F
4. There are certain foods which will improve performance if eaten before an athletic activity.	T	F
5. A candy bar is a good source of quick energy.	T	F

ANSWERS:

1. T — The sensible diet for everyone, regardless of their activity level, includes a variety of foods from each of the four food groups:

Two servings of milk and milk products, two servings of meat, fish, poultry, and alternatives, three to five servings of breads and cereals, and four to five servings of fruits and vegetables (include at least two vegetables).

To increase calories, it is recommended that you increase the number of servings of all food groups. The person who is very active in sports should increase the number of servings from the breads and cereals food group because these foods contain carbohydrates, the most readily-available fuel for the body.

2. F — Because most Canadians already eat at least twice the amount of protein they need, it is not necessary to increase protein intake. It is true that muscle strength and muscle endurance are not increased simply by eating high protein foods. As a matter of fact, additional calories from protein will be converted and stored in the body as fat.

3. F — if you are following Canada's Food Guide, vitamin and mineral supplements will not improve your athletic performance. Canada's Food Guide provides the more than 50 nutrients essential for good health.

4. T — Although studies have not proven conclusively the right and wrong foods to eat before participating in sports, your performance will probably be better if you have a meal containing larger amounts of carbohydrate foods (cereals, breads, pasta), only a moderate amount of protein and a small amount of fat. Foods that contain protein or fat take longer to digest.

5. F — Foods that are very high in sugar, such as candy bars, sugar, honey and soft drinks, can cause intestinal discomfort and early exhaustion when eaten before an athletic activity.

The Whole Truth

Cub reporter: Mr. editor, I'd like some advice on how to run a newspaper."

Editor: Sorry, son, you've come to the wrong person. Ask one of Voxair's readers."

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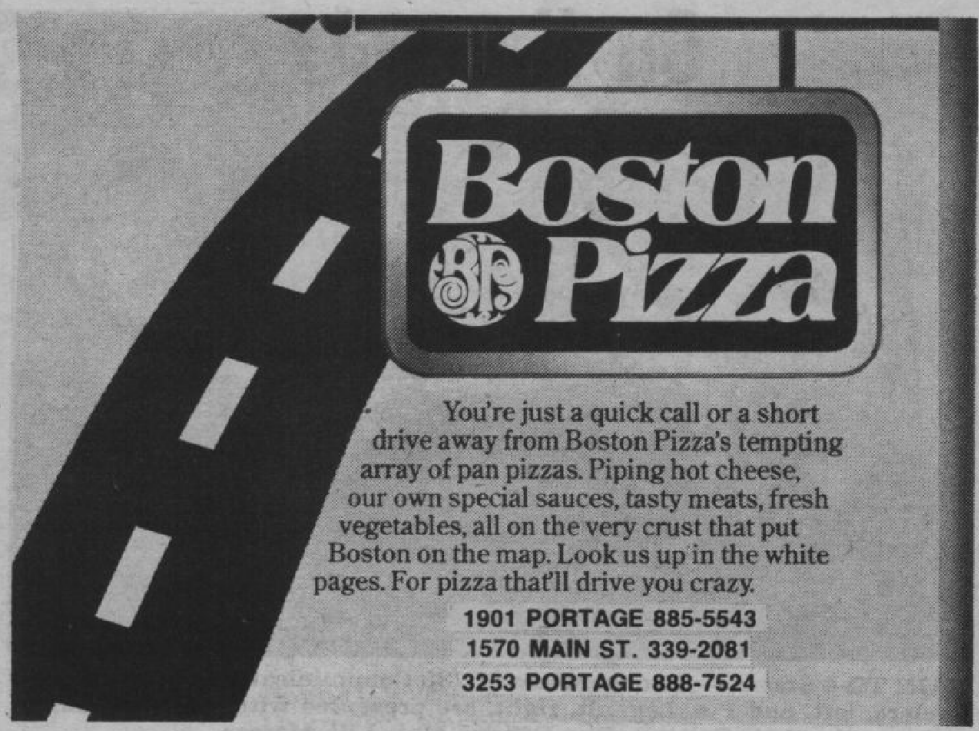
PROMOTED — Master Corporals St-Pierre, left, and Osip, right, are congratulated on promotion to their new ranks by their Commanding Officer, Major Mercer of 733 Communication Squadron.



RCAF ASSOCIATION CALENDAR OF EVENTS

May 9 — Important date to remember. General meeting at Reserve Officers' Mess, 7:30 p.m. Election for new executive positions.

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On the way

GAIN TQ-4 Status — Two members of 733 Communication Squadron, Pte. Leclerc, left, and Pte. Legault, right, are presented with TQ-4 tradesman chevrons by their Commanding Officer, Maj. J.W. Mercer.

Dumb Reporter

The oldest reader of Voxair had celebrated his 100th birthday and a staff reporter called on him for an interview. Having congratulated the old fellow, the reporter asked a few questions.

"To what do you attribute your longevity?" Having congratulated the old fellow, the reporter asked a few questions.

"To what do you attribute your longevity?" he asked.

The centenarian paused a moment and then, holding up his hand and ticking off the items on his fingers, began: "I never smoked, drank alcoholic liquors, or over-ate and I always get up at 6 o'clock in the morning."

"But," protested the reporter, "I had an uncle who acted in that way, yet he lived to be only eighty. How do you account for that?"

"He didn't keep it up long enough," was the calm reply.

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Boy's bicycle, Venture Motorcross, 20 x 2.125 tires, coaster brake. Phone 489-2965.

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1 hide-a-bed (floral desing) 2 yrs old - $150.00. 2 chair and hassock (floral design) - $40.00. 1 queen size bed c/w box spring and frame - $150.00. 1 brown couch (needs minor repairs) - $50.00. 1 coffee table and 2 end tables - $25.00. 1 boys Bobcat bike with banana seat and handle bars (20 inch) - $50.00. 1 unisex bike c/w training wheels (16 inch) - $30.00. 1 mattress for single bed - $20.00. 1 double bed c/w box spring and frame - $75.00 (also includes head board) 1 baby crib c/w mattress - $30.00. 1 Sanyo GXT5200K all in one stereo c/w four speakers (requires phono needle) - $100.00. Approx. 100 sq. ft. cedar fencing boards (no poles) - $50.00. Contact Jerry Stewart Home: 489-9655; work: local 5085.

Transferred Selling items two years old. Eaton's Viking humidifier, extended warranty till Aug. New $150, asking $75; Man's downfilled parka, size 42, like new, original price $250., asking $75. Call 943-7745 (days), 477-4883 (evenings - WO Graydon).

1980 12-foot "Arctic Char" car-top boat with oars; 1980 7.5 Merc outboard motor. All like new, less than 20 hours. Were in long-term storage, 1980-83. Asking $1400. Call Capt. Jowett at 269-9526.

MOVING

Moving to Ottawa? Contact me for the best information on real estate. Mike McDonald, Royal-LePage Real Estate: 523-5500; Residence: 523-5997.

MOVING TO TRENTON? A house for sale or rent in a country setting, with trees, eight miles from the base. Comprises 1700 square feet, has 3 Br, LR and DR leading to walk-out patio with built-in gas BBQ. Has att garage and 30 x 26' hobby shop, swimming pool (36' x 18'; built-in oven and stove; finished, walk-out basement. Contact Sgt Tilley (Winnipeg) at 895-0083 (home) or 895-6061 (work).

Moving to Ottawa? For rent: three bedroom house with double garage, family room with fireplace, available mid-August. Call LCol Hannah, CFB Portage, (GP) 257-8057, home: 428-3722.

WHEELS

For Sale — 1978 Ford Pinto, three-door hatchback, PB, PS and AT. In good condition. $1900. or best offer. Call 837-6471.

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One junior boys' 10-speed bicycle, $45. Call 895-8309.

1976 Nova, 6-cylinder hatchback, 3-speed standard, radio AM-FM cassette, mechanically A-1. Asking $1650. Call 837-1933.

Yamaha 80 enduro, 100 cc, 3,000 kms, fully equipped, including helmet, $725. Call 837-1933.

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Two girls' 20-inch bikes; one standard - $60; one three-speed, $65 Call 885-9310.

Trailer, 19-foot Holiday, 1979, tandem axle, spare tire and cover, self-storing canopy, electric jack on tongue, electric heater/air conditioner, furnace, 4-burner gas stove c/w oven, exhaust hood, hot and cold water demand system, 110V-12V converter, shower, toilet, three-way fridge (propane, 110V AC, 12V DC) and other extras. Asking $8,700. Contact Maj K Gibson, local 5416 or call 888-3562.

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Reliable, mature woman required to live in from 4 p.m. ti 8:30 a.m. each day from May 12-25 iunclusive, to preapre dinner for and supervise activities of three feenagers. Contact Joan at 889-2385 evenings or Sundays.

Reliable babysitter, age 13, has babysitting course. Call Sherry at 889-5338.

Mature babysitter required to look after children aged 3 1/2 and 1-1/2 own home, North Site, starting May 1. Call 889-6834.

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H. Coullard, Capt.
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Bottle Drive

The 51st Bannatyne Cubs and Scouts will be conducting a bottle drive in the North Site PMQs the afternoon of Sunday, April 21.

To avoid annoyance, please leave bottles on your doorstep. Thank you.

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Michelle Cooke — Easter House Decoration

R. C. Chapels

	NORTH	SOUTH
PHONE NO.:	895-5076	895-6181
SERVICES:	Sat: 1800 hrs Sun: 1115 hrs	Sun: 1000 hrs

MARRIAGE: Please give the Chaplain a three month notice.
Parlez à l'aumônier au moins trois mois à l'avance

BAPTISM: Please make an appointment at 895-5087.
Il faut nous parler aussitôt que possible.

SUNDAY SCHOOL:	Every Sunday at Air Nav. School from 0930-1030 hrs.	Every Sunday at the Chapel from 0900-1000 hrs.

NORTH:	Chaplain R. Gagnon	- 895-5275
	Deacon R. McLellan	- 895-5532
	Ken McLeod	- 895-5532
	Ken Shortridge	- 895-5305
	Larry Willitts	- 889-2579
SOUTH:	J. P. Deschênes	- 895-5722
	J. P. Jolin	- 895-5304

SOME CONTACT NUMBERS

Adults - $2.50; Youths - $2.00; Children - $1.00 (12 and under).
Also, Saturday matinees will be shown every second Saturday at 2 p.m.,

APR. Program

Eves.: Mon. thru Sat. 20:00 hrs.
Sat. Matinee 14:00 Hrs.
Sun. Evening 20:00 Hrs.

Cinema Theatre
CANADIAN FORCES BASE

Telephone 888-6290
WINNIPEG

SUN	MON	TUE	WED	THU	FRI	SAT(mat)	SAT(eve)
	Apr. Mon. 1	Tue. 2	Wed. 3	Thu. 4	Fri. 5	Sat. 6	Sat. 6
– NOTICE – NO PASSES REQUIRED FOR ADMISSION TO THEATRE.	The first time teens like the worst time, but it's the one time you'll never forget! Mischief		NO SHOW	All he needed was a lucky break. Then one day she moved in. Vision Quest		Walt Disney's Pinocchio	The River
Sun. 7	Mon. 8	Tue. 9	Wed. 10	Thu. 11	Fri. 12	Sat. 13	Sat. 13
The River MEL SISSY GIBSON SPACEK	CHUCK NORRIS MISSING IN ACTION "THE WAR IS NOT OVER UNTIL THE LAST MAN COMES HOME"		NO SHOW	Heaven Help Us		NO SHOW	2010
Sun. 14	Mon. 15	Tue. 16	Wed. 17	Thu. 18	Fri. 19	Sat. 20	Sat. 20
2010	A Soldier's Story		NO SHOW	PROTOCOL		Dragons were real. DRAGONSLAYER	Micki & Maude
Sun. 21	Mon. 22	Tue. 23	Wed. 24	Thu. 25	Fri. 26	Sat. 27	Sat. 27
Micki & Maude		AVENGING ANGEL	NO SHOW	He's been chased, thrown through a window and arrested. Eddie Murphy is a Detroit cop on vacation in Beverly Hills. BEVERLY HILLS Cop		NO SHOW	BEVERLY HILLS Cop
Sun. 28	Mon. 29	Tue. 30	COMING ATTRACTIONS				
He's been chased, thrown through a window and arrested. Eddie Murphy is a Detroit cop on vacation in Beverly Hills.	BEVERLY HILLS Cop		Harrison Ford is John Book. WITNESS	GIOULIS	THEY ONLY MET ONCE, BUT IT CHANGED THEIR LIVES FOREVER. THE BREAKFAST CLUB	THE KILLING FIELDS	Get a girl who's hard to date? Take her out to the MOVIES!

SUBJECT TO UNAVOIDABLE CHANGE WITHOUT NOTIFICATION

ex WINNIPEG

SPRING SPECIALS

MARCH & APRIL SPECIAL REBATE*

GET $50. CASHBACK!

From Coleman

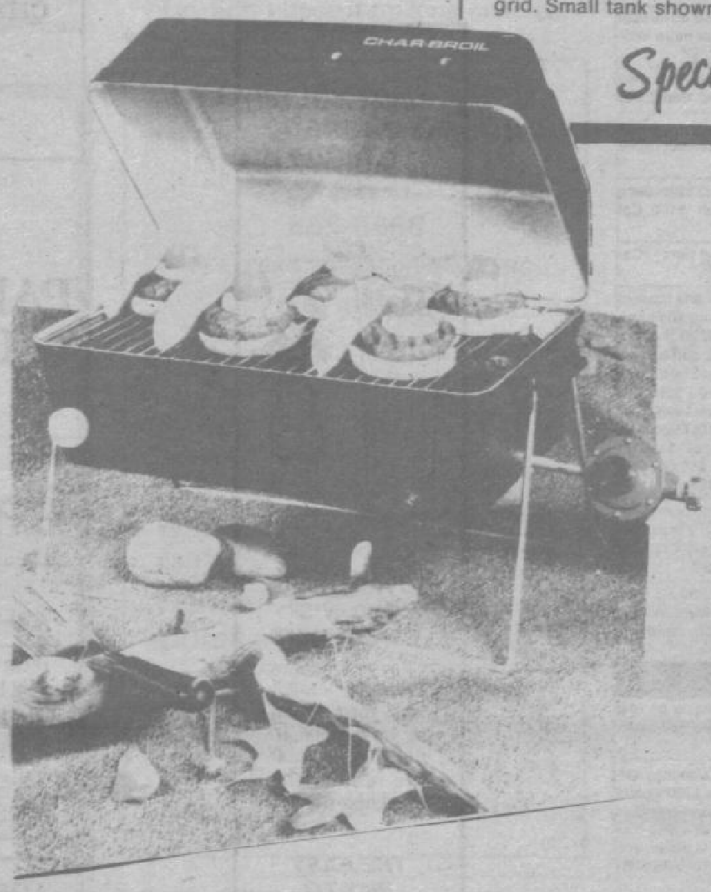
See your Exchange for further details!

Portable Gas Super BBQ!

Canex Special!

Features: 12,000 BTU stainless steel burner; pop-up handles and lock-in grates. 182 sq. in. chrome cooking grid. Small tank shown not included.

Special: 59.97



HEAD FOR THAT FISHING SPOT WITH A NEW Coleman CRAWDAD®

Now the fishing's better than ever. The new Crawdad is so stable you can cast standing up. Weighing just 111 lbs. It fits easily on top of the car. Moulded of tough RAM-X® material. Takes up to a 5 hp motor. Come in and head out in one soon.

BX Reg. 539.99

Special 499.97

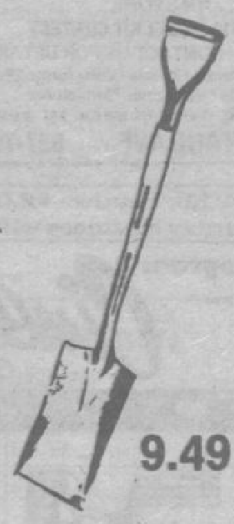
TRUE TEMPER.

FIRST IN QUALITY

14.49

Comet Garden Fork

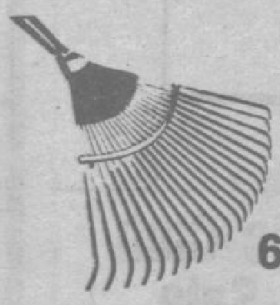
• 7¼" x 12" blade • 27½" ash



9.49

Garden Spade

• four forged steel tines • D-top fire-hardened handle



6.19

Comet Brume Rake

219.99

CANADIANA 3.5 HP LAWN MOWER ADJUSTABLE WHEELS 20" Cut

3 HP 19" CUT 179.99

WOMA ELECTRIC 10 AMP REAR BOGGER AND MUCLHER 229.99

3.49

MELNOR AQUA SPRAY GUN

RING SPRINKLER 2.49

MELNOR

BUY NOW & SAVE ON "ULTRA-FLEX" ALL SEASONS RUBBER VINYL GARDEN HOSE

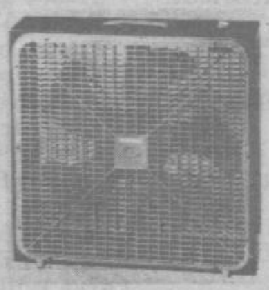
#RV-40 — Combines the best features of both vinyl and rubber. Will not dry or crack. Can be shut off at nozzle and left under pressure indefinitely in the hot sun — coils like a rope even in freezing temperatures. Brass couplings. Specially woven with double strength Dupont nylon truck tire cord to assure highest burst resistance. 50' x ½".

SPECIAL 5.97

Reg. 7.59

3 SPEED 20" FAN

#3713

3 speed powerful 20" fan. Motor has self-cycling overload thermal protector. 5-fin plastic blade. Safety plastic grills — front and back (in accord with C.S.A. specification). Colour: Golden brown with white grills. Dimensions: 22" x 23" high x 7¼" deep. Not for use in windows. Weight 17 lbs.

36.99