

Osair

"FOLLOWING THE CANADIAN FORCES"
CFB/BFC WINNIPEG

Sept 05/Sept 84

CFB WINNIPEG NEEDS THE UNITED WAY



By making the first donation of the 1984 CFB Winnipeg United Way Campaign through the Pay Roll Deduction Plan, MGen D. M. McNaughton gives Air Command a solid lead in the race between AIRCOM the Base and 2 RCR to meet their assigned goals. Receiving the contribution is Capt J. P. Politis, 1984 Base Campaign Chairman. Looking on at left is Mr. Dale Stewart, Winnipeg United Way 1984 Government Division Chairman, and at right Col S. E. McGowan.



By making the second official donation, Col S.E. McGowan has put the Base into a tie position with AIRCOM (Can 2 RCR duplicate 2 PPCLI's feat and come from behind to once again win this competition?)

Terry's Marathon of Hope Challenge

The Annual Terry Fox Run for the Marathon of Hope has been scheduled for Sunday, September 23, 1984. This special event commemorates the achievement of a young Canadian hero whose Marathon of Hope inspired the country during the summer of 1980. The funds raised by this run will be directed to the National Cancer Institution for research. CFB Winnipeg will host its own run in support of this worthwhile cause. The schedule will be as follows:

The start and finish will be at the Westwin Curling Club parking lot. Registration will take place at the starting area from 1200 to 1300 hrs. Entrance Fee Adults \$5.00
Children 14 and under \$1.00
1300 hrs bicycles only
1315 hrs Run and Walk
Sponsor Sheets are available now at the Base Recreation Centre and Ca-

nex outlet. Sponsor Sheets must be turned in prior to the race. They will be signed and given back to you on the completion of the run. All pledges must be turned in to the main office at the Recreation Centre, no later than October 5, 1984.

The PERI staff would like to challenge other sections on the Base to see who can collect the most monies through sponsorships. The total of the top five will count. The section with the highest total will be presented an award commemorating the event.

The 10 KM course will be run within the boundaries of CFB Winnipeg. The course will be well marked with spotters and signs with a water station along the way. For further information regarding this run, contact the Recreation Centre at local 5511.

We urge your support and participation.

UNDE Local 705

Hope you all have had a great summer and are ready to face the demands on your time for the busy seasons ahead.

The weeks ahead will see new faces in our House of Commons and possibly a new Prime Minister. Ensure you have given yourself every opportunity to make a wise decision before you mark your ballot. Remember your vote and mine will elect the people who will govern our destiny and who are our employers. Attend the candidates meetings; listen carefully and then ask questions - about their past record and what their future intentions are. Actions speak louder than words and our past experience shows members of Parliament do not keep their word or honor signed contracts. One vote at a time is counted and they all add up to name the government to whom we give the power. Use your vote wisely.

Right after the election, is the start of the United Way Campaign! No need to introduce this project to Canadian Forces Base Winnipeg - we lead the way - last year by reaching our goal and even surpassing it before the rest of Winnipeg could reach into their pockets to see what they could spare!

In 1983 Local 705 members dug deeper down than ever before and to say I felt proud when the final tallies were made, would be putting it mildly. It is great to know we are people who truly care about people and don't just do it with words but with cash. Because it is a yearly need, you will once again be asked for your contribution. I know your answer will be "YES" and a generous yes!

September also will start activity in your Local with the first meeting 25th of September at 7:30 p.m. in the Hercules Lounge. Plan to attend to hear the reports on the Convention and what changes and plans were made during a week-long meeting of delegates from across Canada. Since this meeting will be the last before the Election Meeting to be held November 27th, it is your only opportunity to get together and evaluate what the present executive has done and who should carry the challenges and responsibilities into 1984-85.

See you all at the Hercules Lounge Tuesday the 27th of September.

Do bring a co-worker/friend with you!

Minnie Chaikoski
President Local 705 UNDE



I've spotted several lawns in the military community decorated with the tell-tale "Just back from Europe" packing crates. Welcome back! I trust you managed to find everything and have room in your new abode for all the "Good Stuff" you picked up in the Black Forest area. If this is your first stint in Winnipeg, whether from overseas or not, please don't think that the mosquitoes are always this bad, they're not! There are very few mosquitoes in Manitoba during November, December, January, February or March.

Winnipeg drivers however, for the most part, are always this bad. Be careful out there!

Captain Canex, Grant Russell called to tell The Kit Bag that denizens of the Westwin Curling and Afternoon Social Club need not despair through the renovation period. The Herc Lounge is open with extended hours to take up the slack. Food is available at the snack bar, and get this, will be delivered to your table in the lounge.

Almost United Appeal time again and Base fundraisers will be encouraging us all to dig deep and support the cause. A personal hope is that we don't get into the published "Scorecard" of what percentage of which section gave how much.

How Come . . . ?
How come there are so many ways of wearing a beret?
How come I still see so many people around the city in work dress?

If the Armed Forces do go to distinctive uniforms for the three elements, we'll need the 10,000 additional personnel to form new NDHQ empires to determine who gets which colour, and why.

It won't be long until the scramble for Christmas party accommodations and dates. An encouraging sign is the talk filtering across to The Kit Bag that more sections are making the change to parties involving spouses. If that's a spin-off from feminist activities then I'm a believer.

In a previous Voxair, an Assistant Editor identified an old military practice as an annoyance.

That being the misguided assumption that a telephone caller is a "Sir". Good point, but once the caller has identified himself or herself by rank, common military courtesy should dictate the use of Sir, Ma'am, Warrant or whatever rank title in continued conversation. Informality has its place but can be construed as rudeness on the telephone.

Have you noticed that Toms' editorial is almost a second Kit-Bag column?

FEEDBACK TO KIT-BAG

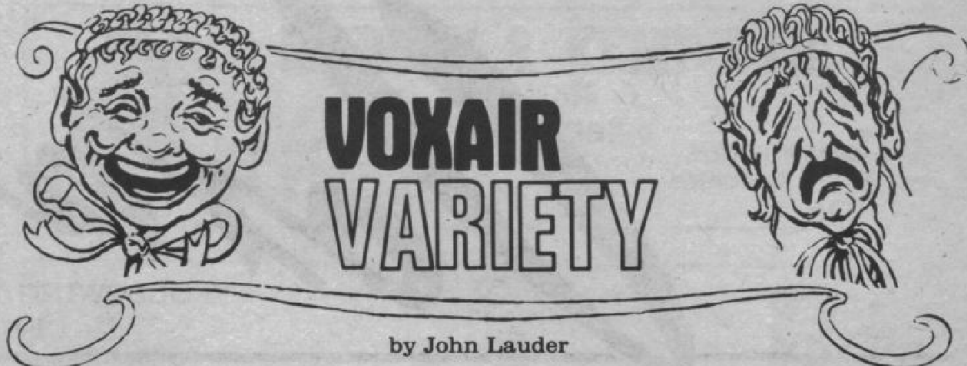
Thefts of hats and hatbadges seem to be on the increase.

The recent NAV School graduation parade was first rate. A really sharp turn-out.

At least two Big Bike riders cruising the base with helmet straps undone.

Manitoba booze prices going up (AGAIN) on October 1st!

Want to contribute your two cents worth to the Kit Bag? Send your news and views to "Kit-Bag" — Voxair, Bldg 10, CFB Winnipeg. You don't necessarily have to be polite either.



by John Lauder

Congratulations to the gals, and the various government agencies who backed them, for staging the first ever Canadian Women's Music and Cultural Festival over the Labour Day weekend. It was nice to have an alternative to the endless and much over publicized election. The stars who performed at Kildonan Park included singer-writers Nancy White, Heather Bishop, Connie Kaldor, Marie-Lynn Hammond and Ferron.

Also in the Park on Monday was the Winnipeg Symphony, giving their seventh annual free outdoor concert. The Orchestra will open their season on September 22nd, with Mark Zeltser at the piano for the Rachmaninoff Concerto No. 2; and Conductor Koizumi in charge.

And not to be forgotten as Kildonan shows during the past summer and the two large hit musicals, Kismet and Fiddler on the Roof, so successfully mounted by the Rainbow Stage gang.

The event of the week is the first in the World Adventure Tours travel films, this on Hawaii. Shows on Sept. 5th are at 2:00 and 8:00 p.m. Narrator/Producer Doug Jones will give the history of the islands and also cover modern day life in the 50th state.

Meanwhile the Royal Winnipeg Ballet, who do not perform here until October, are off to Greece and Egypt on a three week tour. The company will dance in Athens, Corfu, Cairo and Alexandria. They are hoping for better luck in Cairo than on their previous visit in 1982, when the tent which covered the theatre was flooded by a freak storm, and it required 100 men working overnight to mop up. The trip is sponsored by Northern Telecom, so the fact that some of the theatres are rather small, and even full houses might not pay the cost, is not a problem.

And speaking of ballet, Les Grands Ballets Canadiens will be in the Centennial Concert Hall at 8:00 p.m. on September 7th and 8th. This Quebec group have also been touring, to Asia and such exotic spots as Bangkok, Singapore, Japan and China. Their modern dance number Astaire was a big hit in Tokyo, and will be offered in Winnipeg for the first time. Tickets are available at the usual outlets.

Inside The Voxair

Kit Bag	2
United Way	3
Sports	4
C.C. News	5
Cadets In Action	6
Awards & Promotions	7
National Award Winner	8
Announcements	9
Professional Directory	10
Classified	11
Real Estate Directory	12

EVERYONE BENEFITS

when you give to the United Way. You're helping children, teenagers, adults with problems, the sick, elderly and handicapped. Give to the United Way . . . it means so much to so many.



New Chief For DCIEM

TORONTO — Dr. Manny Radomski, of Toronto, has been appointed chief of the Defence and Civil Institute of Environmental Medicine (DCIEM). He replaces Dr. Robert Heggie who is now chief of the Defence Research Establishment in Ottawa.

DCIEM is one of six facilities which constitute the research and development branch within the Department of National Defence. The institute examines the man/machine interface in a variety of adverse operational environments. DCIEM is currently involved with the NASA space program studying the space adaptation syndrome (motion sickness conductivity).

In his new position, Dr. Radomski will be responsible for the management of DCIEM and its interrelationship between industry, universities and other defence research facilities.

Dr. Radomski holds a PhD in biochemistry from the University of Toronto. He has been employed with DCIEM since 1964 and has held the posts of director of the biosciences division, chief scientist and associate chief of research and development. He holds appointments as a full professor to four departments within the faculty of medicine at the University of Toronto. Dr. Radomski is also the editor of the Undersea Biomedical Research Journal.

LETTER TO THE EDITOR

Letters to the Editor:

Dear Sir: This letter is written in response to one written by Mrs. B. Mt. Pleasant which was printed in your issue of July 25th.

1. The cancellation of Saturday matinees was decided on for two main reasons. The first was statistical data which showed a drastic decrease in attendance during the summer months. The second was the fact that our supply of films rated specifically for children is limited, meaning we must repeat them over the course of a year. In order to reduce the repetition, the decision was made to commence the showing of matinees when the children would be sure to attend in sufficient numbers to offset our fixed costs of operating the theatre. This decision was made after careful consideration, not just by ourselves, but by our superior as well.

2. The lights in the theatre are turned on at the end of the movie for the safety of our patrons. We do not wish to see any of them injured because of reduced visibility in the theatre. The majority of films have only the credits at the end which can easily be read when the lights are on in the theatre. We will endeavor to correct the situation where films have action at the end.

3. The decision to close the theatre on Academy Awards night was also based on statistical data, which indicated a low attendance for whatever film was playing. Rather than operate at a deficit, it was decided to close the theatre, thereby reducing our operating expenses.

We trust these answers will satisfy, and we thank Mrs. B. Mt. Pleasant for her interest in the theatre, and ask for everyone's support.

Theatre Management



Following the Canadian Forces

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Taux d'abonnement sont: 10,00\$ pour un an et 25,00\$ pour trois ans.

United Way Campaign Starts



At a recent luncheon, executives from the United Way of Winnipeg and members of the 1984 Base Campaign Committee pose with MGen D. M. McNaughton and the BComd, Col S. E. McGowan. Left to Right: Lt. Gary Bush NPFAO, Campaign Treasurer; Mrs. J. Wright, Division Director United Way of Winnipeg; Mrs. Minnie Chaikoski, President Local 705 UNOE, Base Civilian Campaign Coordinator; Mr. Dale Stewart, Assistant Deputy Minister Natural Resources, Province of Manitoba, Winnipeg United Way 1984 Government Division Chairman; MGen D. M. McNaughton, Deputy Commander of Air Command; Col S. E. McGowan, BComd; Capt. Mark Broscheit, Associate Campaign Chairman; and Capt John Politis, Armed Forces Campaign Chairman.

Commander, Air Command Message

Those of us who are in good health, have a regular income and a secure job have an opportunity to help those in our community who are less fortunate. The United Way of Winnipeg provides funding for the Red Cross, Crippled Children, Arthritis Society, CNIB, Mental Health, Big Sisters and almost sixty other agencies within our city. 100% of every dollar donated goes where it is intended because all administration and campaign expenses are paid for by lottery revenue. No other donation helps more Winnipeggers in more ways than the United Way. I urge you to be generous when your section canvasser approaches you to support this very worthy organization.

LGen PD Manson, Commander, Air Command

Base Commanders Message

1. The United Way comes to us once a year asking for only one donation that will go out to help over 65 agencies. Your contribution will help more people in more ways than any other contribution you can make.

2. Last year's campaign was a monumental success with personnel contributing over \$65,000 - nearly double the original goal of \$36,500. This year's drive will begin 10 Sep 84 and terminate on 26 Oct 84. The overall Base goal of \$40,000 is a challenging but reasonable total when compared to our record achievement in 1983.

3. The United Way is a proven, efficient and economic method of fundraising. Every penny donated goes directly into the community as all administration costs are covered by lottery revenue. In addition, the \$100 automatic federal tax deduction is no longer available making all contributions fully tax deductible. Giving through the payroll deduction plan is not only less painful, but an ideal means of record keeping since the deductible contribution will appear on T-4 slips next spring.

4. Hard times still exist in many parts of the community. I solicit the cooperation of all personnel to assist in the provision of essential community services in Winnipeg. We'll all feel better for it.

S. E. McGowan Col
Base Commander

United way 

**CFB Winnipeg
CAMPAIGN
Kickoff
10 Sept 84**

**All
Canadian
Team**

1. Everyone knows the importance of uniting to reach a common goal and we all understand that teamwork can help us achieve what wouldn't be possible individually. So have you ever thought of yourself as part of an all-Canadian team striving to maintain a good standard of living and develop each member's potential?

2. When one of the players has a bad season or sustains an injury the coach may put him on the second string or the injured roster, but, most important, the player stays with the team because you're betting that he'll become a productive player again. It's obvious during these difficult times that a lot of our Canadian team can't contribute the way that they would like to. Nonetheless, these members are still part of the team and the helping hand that we offer now will help the whole team effort in the future.

3. The United Way can offer this helping hand on your behalf. How can your contribution to the United Way help? Here are a few ways.

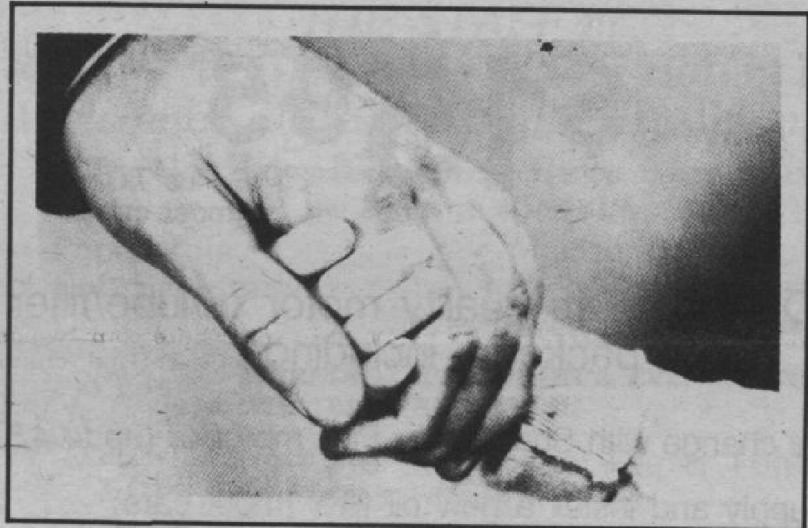
Arthritis Society
Canadian Red Cross
Society for Crippled Children and Adults
Canadian Diabetes Association
Meals on Wheels
Emergency aid and disaster assistance

And there are many more. A total of 65 agencies providing over 80 community services!!

4. Each dollar that you contribute to the United Way is guaranteed to go to work in your community because all operating costs are picked up by the Western Canada Lottery Fund. In addition, you can claim your donation on the tax return. Our next article will discuss tax savings in more detail.

ONLY PEOPLE CAN HELP PEOPLE

Serving the people of Winnipeg
in more than 65 agencies



Questions & Answers about the United Way

Q. Does the United Way help cancer and heart patients?

A. Yes. The United Way supports life saving services such as CPR training provided by St. John Ambulance as well as home care services such as Meals on Wheels for people who have had an operation. We also support the Red Cross blood donor and sick room supply programs.

Q. How much of my donation goes for overhead and the cost of fund raising?

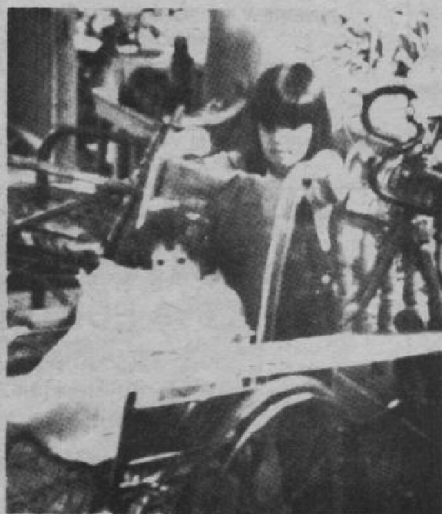
A. None. The United Way guarantees that 100% of every dollar you give goes to the community. Costs are kept low by volunteer work, and all costs are paid by lottery funds.

Q. How much should I give? What should my share be?

A. Giving is personal, and circumstances determine your contribution. Only as a guide we suggest 15 minutes pay per week for hourly paid employees and a range of .8 to 2.0% for management, depending on salary.

Q. Who do I turn to if I need help?

A. If you are in need of a service, phone CONTACT Community Information Services at 944 8555. United Way has trained 222 people in 89 organizations and 262 Union members in more than 100 union locals to be referral agents. They direct people to needed services.



Serving more than 65 agencies

"I can't begin to tell you how I felt when they sat Laura down in the wheelchair. The thought of my daughter not being able to walk again was killing me. Where can we turn? Who's going to help us? We never dreamed that anyone would, that anyone cared. But they did. They got her out of that chair and thanks to you, it works for all of us."

Winnipeg United Way needs your donation to support services like those that helped Laura and many other people in our city.



Paying too much income tax?

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FOR INFORMATION CALL:
Jaynie Frame (489-5568)
OR
John Hughes (489-2047)

Men and women required as leaders for Scouts, Cubs, Beavers, Pathfinders, Guides and Brownies, experience not required (will receive training and assistance). For more info contact:
Scouts & Cubs
Pathfinders & Guides

Jerry Stewart 489-9655 or Loc. 6180
Denise O'Brien 489-2905 after 4:30
Roberta Popoff 489-5030

Meeting times in the fall:

Scouts
Cubs
Beavers
Pathfinders
Guides
Brownies

7:30 - 9:00 p.m. Mondays, Lipsett Hall
7:00 - 9:00 p.m. Thursdays, Lipsett Hall
6:30 - 8:00 p.m. Wednesdays, Lipsett Hall
7:00 - 9:00 p.m. Tuesdays, Lipsett Hall
6:30 - 8:30 p.m. Tuesdays, Lipsett Hall
6:00 - 7:30 p.m. Mondays, Lipsett Hall

Darts

It's now only 1 week away from the start of the 1984/85 dart season. The season will begin 11 Sep 84 at 1900 hrs in the JRC. This first meeting is to decide the best day for everyone to play darts, make-up the darts constitution, vote in the executive and then have some fun darts played. Actual league play will commence on the following week. This promises to be an interesting year as we are going to be attempting to have a "1st ever event" in the history of darts in the CAF. So come on out, participate and have fun. Leave your names on the lists in the JRC or for more information phone Gary Harochan at home 832-1939 or work 895-5424.

Junior Ranks Host 7th Annual Jerry Lewis Telethon

This year as in past years the Junior Ranks Mess, Canadian Forces Base Winnipeg, North, shall be doing our thing in assisting the Jerry Lewis Telethon in aid of Muscular Dystrophy. With our needed pledges you will help us fight against this terrible, crippling disease. Our Telethon starts from opening at 1200 hours the 2nd of September with continuous bar service til closing on 3rd September. The Junior Ranks Mess shall be open to all ranks of the Military, Civilian Employees of DND and their guests. Come on out, bring a friend and enjoy continuous music at .50 a request, kissing booths (male & female) casino games, beauty contests, marathon dancing and many more events too numerous to mention. Also this year the Dunk Tank featuring guest celebrities. Come on down and test your throwing arm. Enjoy a jumbo BBQ from 1200 - 1400 hours on 3rd September followed later by our raffle prize draw. Admission for the worthwhile cause is only \$3.00. Please come and aid us in the fight for a cure of Muscular Dystrophy. See you there on 2nd & 3rd September 1984.

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Y.B.C. Registration

Registration will take place for the coming YBC season at the Westwin Bowling Lanes, Sep 5 and 6 from 7:00 - 9:00 p.m.; and Sep 12 and 13 from 7:00 - 9:00 p.m. Bowling to commence Sep 15, 1984. Registration cost is \$3.50 per child.

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Westwin Community Council News

HOCKEY AND RINGETTE

Hockey registrations will take place at the Silver Heights Community Club on the following dates/times for players living on the north side of CFB Winnipeg. (The club is located on Ness between Sharp and Whytewold.)

- *Friday, 7 Sept 84 - 7 p.m. - 8:30 p.m.
 - *Saturday, 8 Sept 84 - 11 a.m. - 2 p.m.
 - *Sunday, 9 Sept 84 - 1 p.m. - 4 p.m.
- *Circle these dates on your calendar.

Age	Cost for Registration
5, 6 & 7	\$10.00
8	25.00
9 & 10	35.00
11 & 12	45.00
13 & 14	50.00
15	65.00
16	70.00
17 & 18	75.00

(A birth certificate will be required when hockey starts, so be honest.)

Cheque or cash will be accepted.

An additional \$10.00 charge will be applied to all, repeat, all late registrations after the above mentioned dates.

Ringette is a fast growing sport and last season we had approx 10 girls from Westwin playing out of Sturgeon Creek Community Club.

The St. James Assiniboia Ringette Association will have a member at the hockey registrations to receive names and phone numbers of girls ages 5 through 21. Come and sign up for good fun, fast action and meet new people.

Fees have not been decided as we go to print, but \$40.00 seems like a ballpark figure. Coaches are in short supply for both hockey and ringette, so please give some thought to helping out, and believe me, the winters in Winnipeg seem very short when you are involved with minor sports.

For all personnel not residing in the Westwin area, I suggest you check with the Community Club in your district as to dates of their registrations for winter sports.

See you next issue and a last item to remember: Skate and equipment exchange (buy, sell, trade) on the 29 Sept 84 at Silver Heights Community Club.

Feel free to call me if you have any questions, and remember we need lots of help this season. "It's not whether you win or lose but how you play the game."

Al "Scoop" MacDonald
Westwin Community Council Sports
Duty: 5754 (after 900 hrs)
Home: 885-3116



United way
Please give

"Give what you have.
To someone it may be
more than you
dare to think."

LONGFELLOW

Tax Tips

New tax legislation has eliminated the automatic \$100 charity/medical deduction. This will essentially cost most people \$30 - \$50 per year (depending on their tax bracket) unless actual medical and/or charitable expenses are incurred.

The medical deduction was never very realistic. It still exists but is only claimable for valid medical expenses not covered by any type of insurance plan. The deduction is limited to only those expenses in excess of 3% of net income. In other words, for someone making \$30,000 per year, he must have at least \$900 in medical bills before even one cent is claimable, and then only the difference between the expenses and the \$900!

The original intent of the deduction for charitable donations was to permit the tax payer to avoid keeping numerous receipts for trifling amounts. In general only about 8% of all tax returns claim charitable donations in excess of \$100 but in this case, receipts are necessary for everything. Henceforth, shrewd tax payers will have to keep legal receipts if they wish to claim any charitable deductions.

There is however, one way to avoid the hassle of keeping a shoebox full of crumpled receipts to qualify for this deduction. It is a surprisingly simple and painless solution to the problem: this year give to the United Way on the Payroll Deduction Plan. Your receipt will be included on your T-4 statement of earnings at year-end. Besides being convenient, it is the most efficient way to allocate your charity dollar. Remember: your United Way contribution helps more Winnipeggers, in more ways, than any other contribution you can make.

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MANICURES 5⁰⁰

EAR PIERCING 12⁰⁰

APPOINTMENTS PREFERRED

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Cadets In Action



BEATING RETREAT: Pipes and Drums Sergeant Major Richard Bales beats retreat during the Sunset Ceremony held recently at Vernon Army Cadet Camp in the Okanagan Valley of British Columbia.

Bales completed six weeks of training this week and returns to Winnipeg to continue with 407 Royal Canadian Army Cadet Corps, Winnipeg.

More than 1100 Army, Navy and Air Force Cadets have just completed up to six weeks of training in leadership, citizenship and military subjects in Vernon Army Cadet Camp.

Bales is the son of Shelly Bales of 852 Isbister Street, Winnipeg, Manitoba.



CADET AWARD: Cadet Richard Bell of Winnipeg, left, accompanies Major Y. R. Yeats on the inspection of his platoon during graduation ceremonies of the Junior Leader course at Vernon Army Cadet Camp.

Bell's platoon was chosen the best for the second intake of cadets for the two week course at the Okanagan Valley training facility. The platoon was chosen on the basis of attitude, dress, deportment and training skills.

Bell is the son of Agnes McAdam of 34 Barrington Avenue, Winnipeg, Manitoba. He is a member of 2295 Canadian Army Cadet Corps, Winnipeg.

More than 1100 Army, Navy and Air Force cadets from the four western provinces, Ontario and Quebec are coming to the end of up to six weeks of training in citizenship, leadership and military subjects at the British Columbia camp.



Cadet Kim Johnston, left, of Winnipeg, accompanies Lt. Colonel M. C. Stewart on an inspection of her platoon during the weekly ceremonial parade at Vernon Army Cadet Camp in British Columbia.

Johnston is finishing six weeks of intensive training in leadership, citizenship and military subjects at the Okanagan Valley training centre.

Lt. Colonel Stewart is the Director of Regional Operations, Pacific Region. Following Stewart is Vernon Army Cadet Camp Commanding Officer Lt. Colonel Brian Munro.

More than 1100 cadets trained in Vernon this summer.

Johnston is the daughter of Leigh Johnston of 874 Isbister St., Winnipeg, and is a member of 526 Canadian Army Cadet Corps, Winnipeg.



Air Cadet Flight Sergeant Leona Alleslev, 16, of Winnipeg immobilizes a simulated air crash casualty at Canadian Forces Base Cold Lake, Alta. She is one of 169 cadets from across Canada to attend a six-week senior leaders course. Leona is the daughter of Brigadier-General and Mrs. Ian Alleslev of 321 Maurepas Cres.

(CANADIAN FORCES PHOTO by Sgt. Dennis Mah)

Promotions And Awards



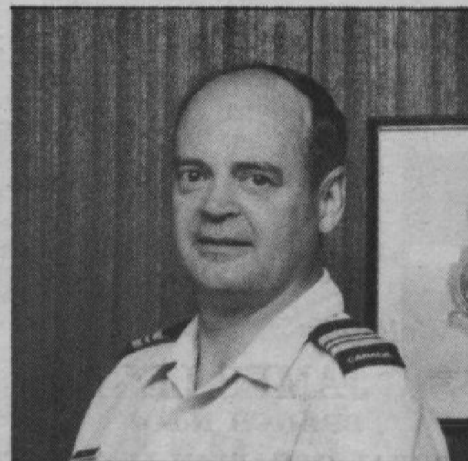
"Here is Cpl Ribson from BTN, happy to receive her promotion."



Sgt Moe St-Louis received his Sgt's hooks from the BPAdmO, Maj G. E. Holland.



Cpl (W) Debbie Budd received her Cpl's hooks from the BPAdmO, Maj G. E. Holland.



Maj J. W. Mercer, CO 733 Comm Sqn, was presented with 2nd clasp to CD by LCol T. G. Senft, Comd 73 Comm Gp.



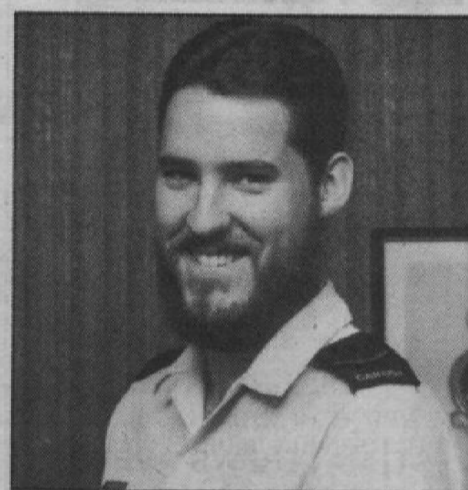
ACCELERATED PROMOTION
Pte Mike Little is presented with his corporal hooks from Maj E. R. Webb, HQ COMDT. Mike's promotion is one year in advance. Congratulations from all of Air Command Mike.



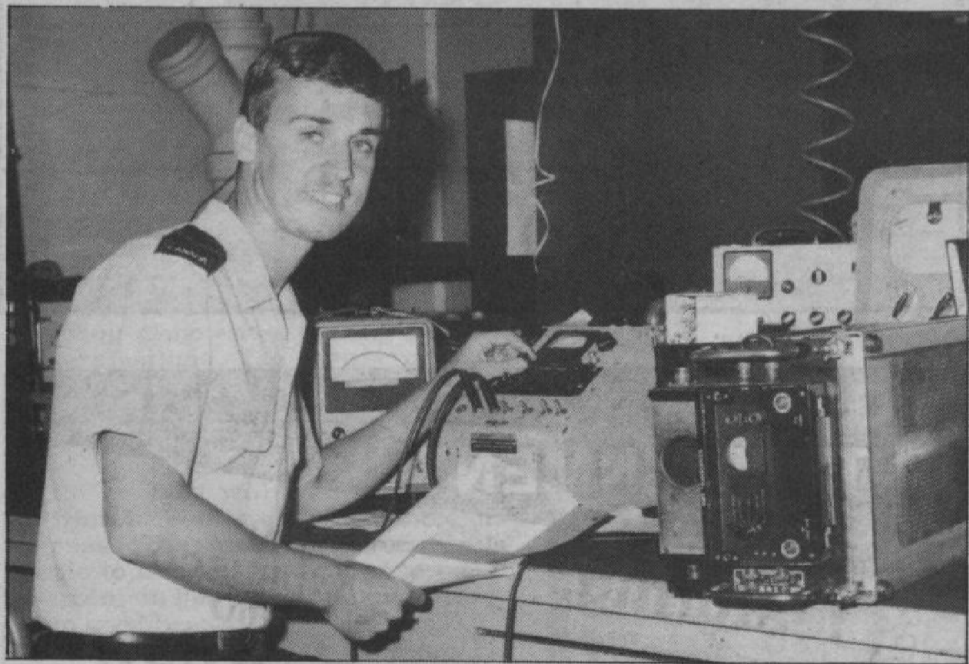
"Lt Doug Wittmeier, Area Social Work Officer, Air Command Headquarters, received his commissioning scroll from Col R. F. Thatcher, Command Surgeon, Air Command headquarters on 27 Jul 84."



Cpl Sharon Bergeron, Regular Force Administrative Assistant at 735 (Winnipeg) Comm Regt, was presented with her Cpl's chevrons on accelerated promotion to that rank by LCol T. G. Senft, Comd 73 Comm Gp.



Pte Gord Cline, Orderly Room Clerk at 73 Comm Gp HQ was presented with his first chevron by LCol T. G. Senft, Comd 73 Comm Gp.



Cpl Jomphe, one of the skilled Comm Systems Techs in BAMEO, received his accelerated promotion effective 1 Aug 84.



Capt Cal Dessureault the former BCOL on the occasion of his retirement from the CF after 25 years of service was presented with his retirement certificate from L/Col Chandler.

Capt Dessureault has taken up employment in Air Command Headquarters in the DCOS CIV PERS Branch as the Regional Coordinator of Official Languages.



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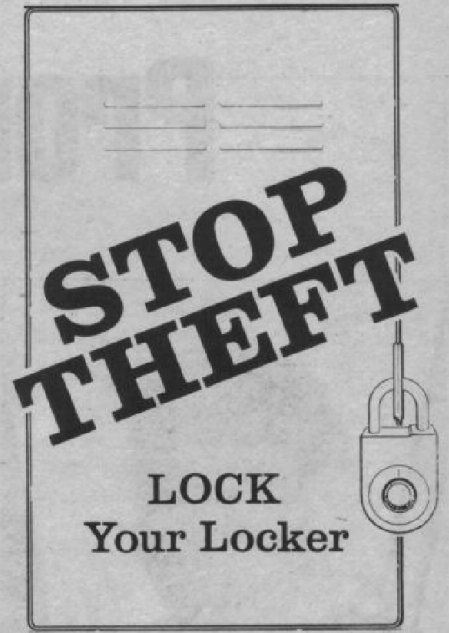
Westwood Man Wins National Air Reserve Award

Yes, *Osair* does welcome letters to the editor



Private Douglas Coopman was presented the award recently during graduation ceremonies at the Air Reserve National Training School in Canadian Forces Base Borden, Ontario. He was the top student in phase one of the Aircraft Technician Course. The technician course subjects included electrical, electronics, aircraft servicing, and other military subjects.


Douglas is the son of Brian and Elsie Coopman of 481 Bedson Street in Westwood. He is a member of Winnipeg's 402 Air Reserve Squadron.




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Children's Home of Winnipeg

CASE HISTORY #1

Brian was placed with Children's Home of Winnipeg in the Summer of 1976, when he was 9 years of age. He had been apprehended from a dilapidated house in the North end of Winnipeg. Brian resided along with his two brothers; two adults, who were not his natural parents, and their six children. Each time Brian's natural parents had a child they gave the child away to the neighbours, as they had no permanent address and were not able to care for them.

Living conditions were cramped and substandard. Brian was described as a potentially attractive child whose appearance was marred by shoulder length unkempt hair, dirty stained clothing, and a strong smell of urine. Brian presented himself as being extremely withdrawn and fearful; so much so that when anyone approached him he would shriek.

Brian was not toilet trained, and could not dress or feed himself. It was also noted that he would arrive for school in the late Fall clad only in runners, pants, and a light shirt. He arrived without a lunch, and tended to hoard food when presented with some. There were also suspected incidents of child abuse although never substantiated in court.

Brian was finally apprehended after repeated agency attempts to improve his living situation. Shortly after his admission to Children's Home of Winnipeg Brian was tested and found to possess the verbal skills of a 3-4 year old. Brian was also diagnosed as autistic. He exhibited bizarre mannerisms, and little or no communicative skills.

IN the four years that Brian has resided with us, we have noted a steady on-going improvement. We have seen him grow from a frail, frightened young child into a happy, attractive young man. After a number of years of speech therapy, he has very little trouble verbalizing. Brian is presently enrolled in a Summer Fun program operating out of the local school, and has made many positive contacts in the community. He enjoys school, music and sports.

We are currently seeking a foster placement for Brian, as we feel he is now ready and capable of such a move.

CASE HISTORY MRS. S.

AGE AND OPPORTUNITY CENTRE

The Age and Opportunity Centre received Mrs. S's name from medical personnel. She was 70 years of age, living alone and suffering from severe asthma. The centre contacted Mrs. S. and invited her to drop in and visit. When she came to the Centre for the first time she expressed feelings of loneliness and said she had very little contact with her family and friends. Workers at the centre discussed the various resources available to her which would help her to maintain her home and keep herself in good health.

Mrs. S. has begun to eat some of her meals at the centre and is enjoying the socializing with others. In recent weeks she has begun to feel comfortable and has started to assist with small jobs such as serving tea at meal times. Mrs. S. has also started to participate in the summer trip program and is considering registration in a community swim program for seniors.

The change from a negative to a more positive attitude is already noticeable, even over a short few weeks. It is hoped that during the winter months, with continual encouragement and help with transportation, Mrs. S. will be able to continue her activities in spite of her disability.

Ladies Bowling League Starts

The Westwin Ladies Bowling League will have a general meeting on Tuesday, September 11, 1984 at 7:30 p.m. at the Westwin Bowling Lanes on Whytefold Road. Please plan to attend and bring any prospective new bowlers. The regular season will begin the following Tuesday, September 18, 1984. For further information contact Carolyn Jopling 832-0822.

Girl Guides For You?

Winnipeg Area Girl Guides invite interested women volunteers to join them in providing leadership for girls 6-17 years. Training is provided. Choice of location and age group.

If you enjoy our young people and are willing to invest some of your time helping them become happy and resourceful citizens of tomorrow, call our office at 775-2494. We will be pleased to explain our program; perhaps Girl Guides is right for you!

CWL Meeting

The Executive of Our Lady of the Airways Catholic Women's League cordially invites all members, new and old, to the first meeting of the 1984-1985 year on Monday, September 10, 1984 at 8:00 p.m. preceded by mass at 7:30 p.m.

We encourage all women to participate in the activities of the league.

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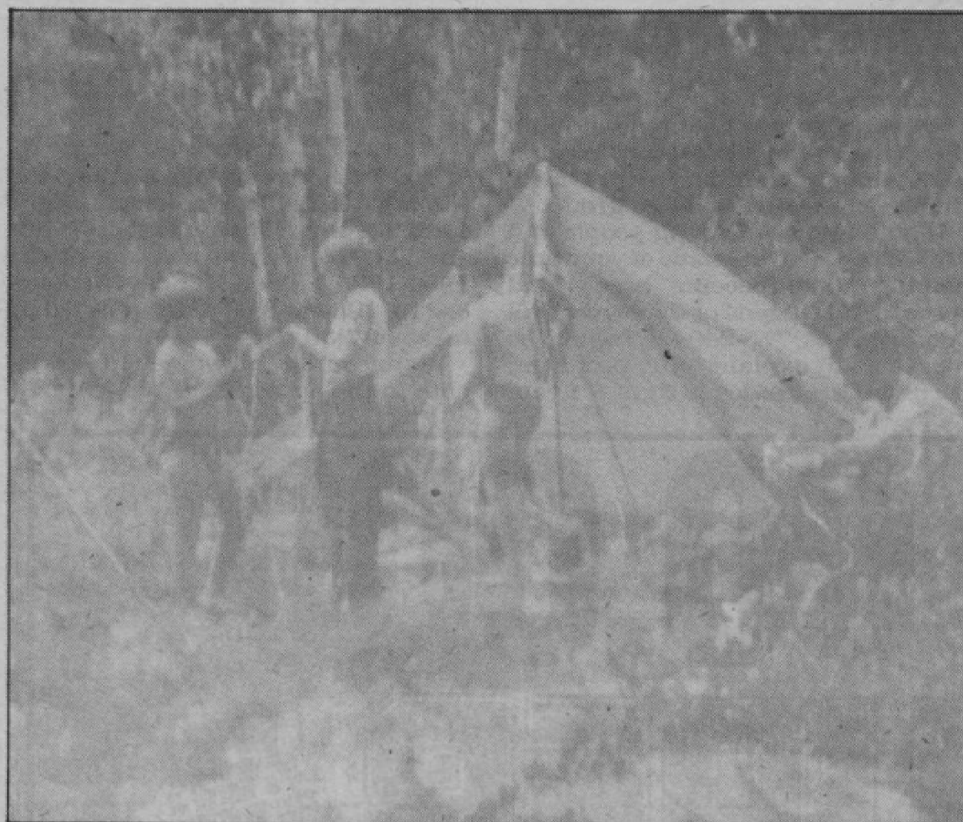
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Weekly meetings and occasional weekend outings guided by responsible adults from the community form the basis of our movement.

Organized activities such as artcrafts, visits, sports and camping outings contribute to the mental, physical, social and spiritual development of the boys. Even yourself can participate and lend a hand during your spare time.

Last year was a good season for all sections. For example, the Beavers (5-7 years old) visited a Hercules aircraft. They also had lectures from specialists on different nature subjects. And during their weekly sessions, they used much glue and woodsticks to reflect their creativity in artcrafts. The Cubs (8-10 year old) had three major week-end outings where they practised water safety, canoeing, orienteering or just plain fun. Their weekly sessions included lectures in first-aid, knowledge of nature, group sports and the like.

The Scouts (11-14 year old) also participated in week-end outings and their weekly program was centered around practical knowledge of nature and community services.

This year, we are introducing a Venturer Company (15-17 year old), along with the other sections. We are expecting a very good year in 1984-85, especially if you support the movement and lots of boys register.

For more information about the Scouting movement, or for registrations, there will be an OPEN HOUSE AND REGISTRATION NIGHT on Monday 10 SEP 84 at 7:00 p.m. in Building 81 (by Air Command Gate). Contact Paul Peloquin 895-7228 home; 895-5136 work.

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FOR SALE: Steel dog cage 21"x28"x36" with metal floor. Folds up for portability. Used only 2 weeks. Price new \$110.00. Selling for \$75.00. Phone: 888-3922."

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75 Mustang II small V8, AT, PS, PB, new exhaust, 65000 miles, must sell, need cash for tuition, \$2500 or reasonable offer. 885-7057 after 5

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Officers Mess north requires part-time bar help. Experience not required. Call Mr. Jim MacFarlane at loc. 5310.

BABYSITTERS

Mature babysitter req'd. for infant in my home full time. Cornwall Blvd. Ph. 837-9805.

Will babysit in my home weekdays French children. Please contact Francoise at 489-4239.

Needed part-time day babysitter, also babysitter for eves. 489-2790.

Will babysit in my own home weekdays. English or French children. Please contact Joanne at 489-6483.

Needed, a reliable sitter 2 or 3 afternoons a week on or near Kenaston, east side. 489-2790.

Will babysit in own home, very reliable, all ages, 7 days a week. Grant & Kenaston area. Ask for Sherry at 489-2353.

Mother of three will babysit afternoons and evenings in my home. Please contact me at 361 Kenaston Blvd. (south site) evens. between 6 & 8 p.m.

Babysitter, 13 yr. old girl wishes to sit on south site, qualified. Call 489-4237.

Wanted a reliable babysitter for 1 yr. old boy for the odd evening and day. Portage & Olive area. ph. 885-6142.

Wanted responsible babysitter for 4 & 6 yr. old occasional evening. References please. Call anytime at 885-9226.

Babysitter wanted days for 7 mos. old in my home preferably on the north site starting May 14. 832-4879 (eves) or 237-2560 (days) and ask for Nancy.

Sitter required to babysit in their home from 7:30 to 4:00 p.m. weekdays. For the month of July. Francophone is possible. Must be South Site. For more information call 895-6126 daytime or 489-5644 in the evening.

Experienced and reliable 15 yr old girl, completed Babysitting Course, is looking for work on the north site. Ph. 837-6383 and ask for Laura.

Will babysit in my own home. 885-7009.

I will babysit in my own home on south site. Mon-Fri from 7 a.m. to 5 p.m. 885-6123.

Experienced babysitter req'd for occasional evening for 6 months & 2 yr. old boys. Please call Chris at 837-5239.

Babysitters available: Jocelyn (14) & Anita (13). Both have had babysitters course - north site. 837-1249.

Req'd immediately a babysitter for a 6 yr old girl & 3 yr old boy on Seaton St. near Allard School area. \$400/month, receipts req'd. 832-0336 after 5 p.m.

Will babysit in my own home 5 days a week, reasonable rates. 489-5341.

Babysitter, 13 yr old boy, wishing to sit on the south site. Very reliable & have taken courses. Pls. call Gordon at 489-6347.

PIANO LESSONS

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PHOTO HINTS



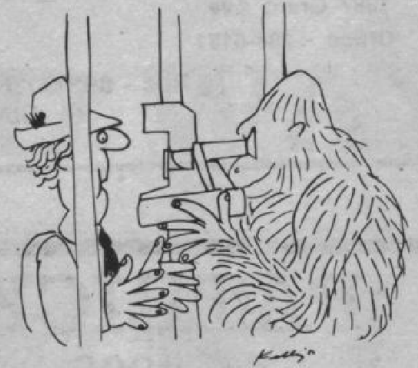
Günter Ott is editor of Camera Canada, a consumer photo magazine published by the National Association for Photographic Art.

By Günter Ott

SHARE YOUR PICTURES

Like most photographers you probably enjoy sharing your best photos with family and friends. Instead of sticking your pictures in an album, why not try something more imaginative. Your local film processor probably offers an enlargement service. Select your best photos and have them blown up to 8 x 10 inches, 11 x 14 or even poster size. Choose from the many beautiful frames available to stand photos on your wall unit or to hang on the wall. Properly matted and framed such photos make for an impressive display throughout your home.

Some people have favorite photographs made into photo murals that cover an entire wall; others em-



bed them in plastic for coffee table tops, reproduce them on plates or print them on fabric for bedspreads.

Why not send a Polaroid print of the new baby as an announcement card, postcard or greeting to friends?

If you shoot slides, invite family and friends over for an evening of fun and pictures of your latest holiday. A showing of close-up abstract photos could make for an unusual guessing game. The possibilities are endless, but be critical. Share only your best photos and you'll impress your friends with your photographic talent!

NOTICE

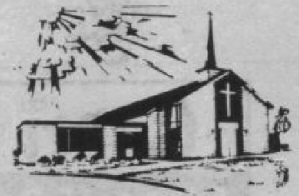
Ceramic club opens for registration on 27 Sept at 7:30 p.m. Bldg. 81.

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PROTESTANT

WHAT	WHERE	WHEN
Services	North Side South Side	Sunday 11:00 a.m. Sunday 10:30 a.m.
Marriages	By appointment, at least 30 days before.	
Baptisms	On request, contact a Chaplain.	
Sunday School	North Side South Side	Sunday 11:00 a.m. Sunday 10:30 a.m.
Counselling	North Side South Side	895-5417 895-6022
Emergency	Base Operator will help to locate a Chaplain	
N.B. For other activities, please call the Chaplains:		
G.E. Tonks	BChap (P)	895-5417
S.C. Fowke	Chap (P)	895-5075
G.W. Lanctôt	Chap (P)	895-6022

ROMAN CATHOLIC

WHAT	WHERE	WHEN
Masses	North Side South Side	Saturday 6:00 p.m. Sunday 11:15 a.m. Sunday 10:00 a.m.
Marriages	By appointment, at least three months before.	
Baptisms	On request, contact a Chaplain.	
Sunday School	Air Navigation School	Sunday 9:30-10:30 a.m.
Counselling	North Side South Side	895-5272 895-6023
Emergency	Base Operator will help to locate a Chaplain.	
N.B. For other activities, please call the Chaplains:		
J.R. Gagnon	BChap (RC)	895-5272
J. Archambault	Chap (RC)	895-6023

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SEPT. Program

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Sat Matinee 14:00 hrs
Sun Evening 20:00 hrs

Cinema Theatre

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SUN	MON	TUE	WED	THU	FRI	SAT(mat)	SAT(eve)
			Wed 5	Thu 6	Fri 7	Sat 8	Sat 8
			NO SHOW	OUTSTREET	Poco	THE HUGGADONN	THE HUGGADONN
			Mon 9	Tue 10	Wed 11	Thu 12	Fri 13
			THE HUGGADONN	SPLOOSH	PHAR LAP	tom thumb	tom thumb
			Mon 16	Tue 17	Wed 18	Thu 19	Fri 20
			THE HUGGADONN	THE HUGGADONN	THE HUGGADONN	TOP SECRET!	TOP SECRET!
			Mon 23	Tue 24	Wed 25	Thu 26	Fri 27
			THE HUGGADONN	THE HUGGADONN	THE HUGGADONN	THE HUGGADONN	THE HUGGADONN



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