

They threw us the torch



REMEMBRANCE DAY

A PERSONAL VIEW

(by Captain T.D. Lawrence)

To many of us, Remembrance Day is still a very personal and emotional time. Each passing year sees the ranks of the World War veterans thinning. Each year fewer people take the time to stop and consider the sacrifice made by those dedicated to the cause of freedom.

I recently watched the Falkland Islands Victory Parade in London via television. Thousands upon thousands of cheering onlookers bursting with pride at what "their lads" had accomplished in the name of freedom. There were tragic losses in the Falklands as there have been in every war and it still holds true that young men fight wars started by old men. The point of the parade was a shameless pride in those who have chosen careers as defenders of their homeland. My kid brother is a Sergeant in the British Parachute Regiment. I have an immensely personal dedication to Remembrance Day. My father was an artilleryman and later a tank driver in World War I. My Uncle Charlie was wounded while driving tanks in the same war. They both will miss this year's Remembrance Day. My uncle Geoff was a REME Major in North Africa and Egypt in W.W. II. He too has since passed on. My brother-in-law was an RCAF NCO pilot with 420 Squadron flying Halifax and Wellington bombers. My brother was in the British Merchant Navy and was torpedoed in the North Atlantic while still a teenager.

I spent my childhood through the war years in a suburb of London, England. I was there for the Blitz and the Blackout, schooldays spent in Air Raid shelters and the ultimate victory celebrations in London. Small wonder I chose the military as a career.

When not an active participant in November Eleventh parades I invariably watch the National Memorial Service from Ottawa and unashamedly weep with emotion.

This year I shall be standing shoulder to shoulder with my brother at the Winnipeg Cenotaph, each of us quietly remembering.

LIE IN THE DARK AND LISTEN

(By Noel Coward)

Lie in the dark and listen
It's clear tonight so they're
flying high
Hundreds of them, thousands
perhaps
Riding the icy, moonlit sky
Men, machinery, bombs and
maps
Altimeters and guns and
charts
Coffee, sandwiches, fleece
lined boots
Bones and muscles and
minds and hearts
English saplings with
English roots
Deep in the earth they've left
below
Lie in the dark and let them
go
Lie in the dark and listen
They're going over in waves
and waves
High above villages, hills
and streams,
Country churches and little
graves
Very soon they'll have
reached the sea
And far below them will lie
the bays
And cliffs and sands where
they used to be
taken for summer holidays
Lie in the dark and let them
go
Theirs is a world we'll never
know
Lie in the dark and listen
City magnates and steel
contractors
Factory workers and
politicians
Soft hysterical little actors
ballet dancers, reserved
musicians
Safe in your warm civilian
beds
Count your profits and count
your sheep
Life is passing above your
heads
Just turn over and try to
sleep
Lie in the dark and let them
go
There's one debt you'll
forever owe
Lie in the dark and listen.

The poem *Lie In The Dark And Listen* was written during the Second World War by the late Noel Coward. The world famous poet and playwright was lying in bed in his English home listening to the waves of allied bombers as they flew their charted course to their targets.

Voxair



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LETTER TO THE EDITOR

"So you are CAPT Martin ... somehow I pictured you with horns and that sort of thing."

"And you are CAPT Hansen ... and you do not have eight arms as I'd imagined."

And that's how the BXO and I met. I called him up for a 10-minute chat to "clear the air". We talked for almost an hour and a half. It was time well spent for both of us.

First off I did make a math error and boy did I feel stupid. I moved my decimal one point too far. So the price difference on gas over the year was as Dick wrote, \$7.00 not \$70.00. My only solace was that others made the same error; "Captain Martin's facts are for (the) most part correct." I guess that's why I'm not a Logistics Officer.

What I really wanted to know in my first letter was why we experienced a decrease in service yet an increase in price (full service to self serve gas bar). The day the gas bar went self serve there was a very slight gas increase. However, it quickly came into line with the major self serve stations on Portage Ave (Gulf,

Shell, Esso). The BXO pointed out in some detail how the CANEX is affected by these trends (gas wars) and how the Canex is very competitive. It's true. The BXO is no dummy. He knows if his prices are even 0.1¢/litre higher than his competitors (decimal in the correct place this time) he will lose our business.

We also discussed CANEX profits. I was pleased to hear that a very substantial part stay on the base; that they go back into the military community. Like the BXO I too am a believer and user of CANEX. If I did not care I would not have written my letter or gone to see him. I like to think of CANEX as being different from other stores. Profit is essential but service to the people is most important. Captain Hansen has illustrated to me that that is his aim.

Got a complaint? Want a free coffee? Give him a call.

D.T. Martin
Captain
CFANS
CFB Winnipeg

PPCLI TO GERMANY IN '84

OTTAWA — The Chief of the Defence Staff, General Ramsey Withers, has announced that beginning in June 1984, the 2nd Battalion Princess Patricia's Canadian Light Infantry (2PPCLI), based in Winnipeg, will

begin a four-year tour of duty with Canadian Forces Europe (CFE) in the Federal Republic of Germany.

Since 1970, 4 Canadian Mechanized Bridge Group (4 CMBG) attached to NATO forces in Europe has included battalions of two of Canada's three infantry regiments, The Royal Canadian Regiment (RCR) and The Royal 22e Régiment (R22eR). PPCLI units have not had the opportunity to serve in Europe nor to gain operational experience in mechanized operations in the European theatre.

To correct this, as well as to ensure that 4 CMBG continues to have fully formed operational units at all time, the RCR and PPCLI will serve in Germany on an alternating basis.

When 2 PPCLI transfers to Germany the returning unit, 3 RCR, will assume the duties of the former and take over their vacated facilities in Winnipeg.

EDITORIAL

(By MCPL Tom Langer)



NOTHING TO DO?

One of the favorite sayings heard in CFB Winnipeg and the PMQ area is "I have nothing to do." Well, let's set the story straight because there is lots to do in CFB Winnipeg and the surrounding areas. Get yourself involved in paid or volunteer work. There are many youth and adult organizations such as Boy Scouts, Girl Guides & Minor sports which are all looking for leaders.

You can take courses in the local area to qualify as an official in sports in which you can earn a little money while helping your community sports program.

If you enjoy swimming, both Base pools have casual times for your swimming pleasure. The times are published in the Voxair and in Routine Orders. If you think our prices are high try to swim downtown for \$7.50 per year, you might get a shock.

The Recreation Centre offers swim lessons and casual hours for dependents. Ladies fitness classes are held twice weekly at Building 90.

If you are in a creative mood, join the clubs on the base such as art, ceramics, macrame etc. and make a gift for somebody instead of buying it, and get the personal satisfaction from the feeling that your handy work has been passed on to a friend.

If you want to fix your car see the Canex garage and do it yourself. Go to the Bingo's at Building 21 which are sponsored by the Community Council.

For service personnel we offer swim times at noon, open gym periods, hockey, broomball, volleyball, badminton, weight lifting and other assorted sports.

Don't forget your Base Theatre. \$2.00 in my eyes and pocket is a lot cheaper than \$4.50 to \$5.00 which you pay downtown. All you need is patience as the top-line shows make it to our theatre sooner or later.

"Nothing to do!" Go tell it to somebody that is in the dark as you are.

If you want to get out of the dark phone your Recreation Centres, Building 90, Locals 511, 514, Building 21 — Local 148, Lipsett Hall 888-5021, or your mayors MWO Mt Pleasant (N) 889-1389 or CAPT Anscumb (S) local 645.

So in the future, instead of "I have nothing to do," let's hear "There sure is a lot to do on this base."

If you have any comments in reference to sports, please do not hesitate to write your Sports Editor of the Voxair, MCPL Tom Langer, at Building 90, Recreation Centre.

WHAT CANADIANS HAVE TO REMEMBER

Flanders field stands alone,
many dead, some unknown.
Poppies growing in this field,
soldiers' bodies they do shield.

Fourteen thousand died for us,
wear a poppy, for that we must.
Why wear one, do you say,
especially on Remembrance Day?

Poppies appearing on this field,
war and sadness to conceal.
Poppies growing over graves,
bleak landscape, they seem to save.

Painful were the wounds they got,
just simply doing what they ought.
The fearless ones, they do complete,
in the blistering and bloody heat.

In the foreign fields they are lain,
never to return again.
To everyone they love and know,
struck down by their maddened foe.

These people died for us to see,
how great it is, to be free.
So wear a poppy, and in this way,
you show you care, it is Remembrance Day.

— Ericka Samulaitis

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POLICE TRAILER ON BASE

(by CAPT. J.T.L. Bailey)

During the last two weeks of November, Monday to Friday beginning on 15 Nov 82, the Manitoba Police Services Trailer will be situated at the Base Exchange Parking lot and will be open to everyone from 1130 to 1330 hrs. Military Police personnel will be available to discuss and advise on related security matters, crime within the CFB Winnipeg area and will make available electric marking and Crime Prevention pamphlets.

Crime prevention is a simple and direct approach to reducing the possibility of crime. By anticipating the opportunity and taking preventative action, criminal attacks can often be avoided.

Since effective Crime Prevention programs need community support and involvement, the Manitoba Police Commission, the Police Services in Manitoba and we, the Military Police, are encouraging participation of Units, Organizations and as many private citizens and dependants as possible.

Too often we cry out "Help Police!" Its time we played a more responsible role by participating in Crime Prevention Programs such as "Operation Identification" and "Neighbourhood Watch!"

Neighbourhood Watch is being observant of unusual persons, vehicles and occurrences in your area, and reporting them to the Police can prevent crime and protect your neighbourhood. When a person commits a criminal act, it is most likely that he was observed by someone who had to put the dog out or had to check the kids or close a window. Reporting the observations is what counts.

Remember, our Base is not confined within a fence as some other Bases are and we are not immune from the fast rising crime rate. We are located in the middle of a large city and therefore share the same problems as our civilian neighbours. Everyone is encouraged to get involved in Crime Prevention and Visit the Trailer.



VICTORIA — For the past 25 years George Maude (10137 West Sannich Rd., Sidney, B.C.) has maintained a Second World War Kittyhawk fighter in near-perfect condition waiting to donate it an air museum that doesn't yet exist.

The sleek P-40 today sits in a corner of a hangar at Patricia Bay waiting for its new home.

"Trying to give away a mint condition aircraft may sound a bit unusual," says George, "but I know there are a couple of groups trying to get a B.C. air museum going and I think — and hope — they will be successful. I guess money is the problem so for the time being I'm going to hold on until things are sorted out."

George purchased the plane in 1947 when he put a bid in for \$50 during a war surplus sale. About the same time he also put in successful bids on two "Bristol Bolingbroke" bombers, one of which he sold to a friend while he donated the second to the National Air Museum at Rockcliffe in Ottawa.

George researched his aircraft and has learned that it was once part of the 133 Royal Canadian Air Force "Falcon" squadron based at Pat Bay during the war.

The RCAF used the P-40 aircraft on both coasts during the war and is said to have the distinction of being the only North American-based Canadian plane to shoot down an enemy aircraft. Squadron Leader Ken Boomer, of 111 squadron, shot down a Japanese "Zero" over Kiska Island in September, 1942.

The Kittyhawk gained considerable fame with a shark-like paint job used by the Flying Tigers who fought in China against the Japanese.

"There were 14,000 Kittyhawks built," George said, "and after the war most of them found their way to the scrap yard. Today there are only a handful of them left, that's why I'm being so careful with this one. I don't really know what one would cost today but I would imagine \$300,000."

"I've hung onto this one all these years and now all I want is to see her on display where the public can view this bit of history."

For further information, please contact: Sub-Lieutenant Darrell Dexter, Maritime Forces Pacific Headquarters FMO 1B0. Telephone: (604) 388-2380 or 388-1604.

By the time the last Kit Bag column hit the street it was out of date. I told of the saga of the travelling butter dish and our frustrated house buying venture. The up-to-date news is of Success in the Mortgage Stakes. Now we'll find out where our money goes. Jane is happy we got the house we wanted at a fair price with a mortgage below current rates. Three bathrooms in the new house and I'm going to claim the most comfortable seat for the library.

Jane and I had no idea that the purchase of a house was so nerve-racking and exhausting. Through all the looking, comparing, soul searching and even a few wifely tears, right down to the minutest detail we enjoyed the understanding attention of Grant and Mary Clements of Royal Trust Realty. Anyone who has purchased a home with the assistance of the Clements can attest to their dedication and professionalism. (So what if this is a free commercial — couldn't have done it without you Grant!)

I don't mind admitting that I didn't watch more than five minutes of the PM's mini-series on the tube. Five minutes was all I needed to realize that I'd heard it all before and in the same exaggerated lecturing tone. It reminded me of the opening lecture on one of those two week management courses crammed into a month and a half.

Speaking of courses, it seems that every third person I speak with is taking a course. A tour in Winnipeg offers opportunities unrivalled anywhere to upgrade ones education. University, high school, community college, craft and arts, sports and general interest, the courses are all here, the rest is up to us.

I've always been a movie "nut" — I swear I spent more time in movie houses as a kid than I did in school. Anyway — comedies are my favourite, and these days it's tough to find an honest crazy comedy — one you could take your mother to —. Eureka! We found one! "My Favourite Year" starring Peter O'Toole. Trust me; it's funny. The pace is so fast, you'll swear you were in the theatre only about half an hour and you'll be in a good mood.

Help! Does anyone out there have any George Formby records? Remember, he was an English comedian-singer who was very popular in the 40's. I'm anxious to get copies of the lyrics of his songs. If you can help, please phone me at 775-8711 ext. 217 days or 885-5569 evenings.

Manitoba Government making noises about seat-belt and motorcycle helmet legislation. A lot of us who have lived elsewhere and are serious about motorcycle safety wonder why, in the face of well publicized statistics, Manitoba still drags its' feet.

In the "How Come?" department. I watched a few minutes of the Miss Canada Pageant on 'telly' last week. It was probably an expensive production and a highlight in the life of the contestants. But — "How Come" Canadian producers can take three dozen gorgeous young ladies and dish up a show with about as much excitement as a string chewing contest?

There's No Life Like It!

by Terry Lawrence

No. 1 "The Navigator"

I am a Navigator
I'm as happy as can be
As I blunder 'cross this country
From sea to shining sea.
The pilots all rely on me
To lead them safely back
Chances are I'll make it
If I can see the railway track!



DEDICATED TO THE
STAFF OF CFANS



BXO COLUMN

Well, its finally happened. The all brand new Canex self serve Gas Bar is finally in operation — fancy trimmings and all. We are now 100% back in business, and I'll just have to find something else to talk about.

At the Canex Retail Store, come in and check out the excellent deal we have on video rentals — we guarantee the best prices in town. The Canex Video Club is now in full operation. We have both BETA and VHS format cassettes available in one of the best selections in town. We also have video machines for rent, but on this point I must make one correction with an apology. In my last column I said that we would be offering machine rentals with an option to buy. It has now been determined that this is not possible. Rentals will be on a daily and weekend basis with no option to purchase the actual machine rented. However, we do have a fine selection of video machines for sale in the Store.

Toyland is now open and our gift suggestion Catalogue has been out for a couple of weeks. Drop in and see our fine selection of merchandise for the Christmas season. Our pre-Christmas Sale will be from 17-20 Nov 82. Watch for our sale flyer coming out soon which features an exceptional buy on a video machine — just in time for Christmas.

A final note to the Canex 14th Birthday Sale — winners of the National Sale contest were:

20" colour T.V. — Mrs. Betty Neilson — Trenton
 Portable stereo — CPL J Bedard — Chibougamau; LT H.L. Banks — Comox; Mrs. C. Bouchard — Edmonton; Mr. R. Craig — Ottawa; Mrs. J. Dirrane — Shearwater; CPL J Langlois — Chibougamau.

FLASH!!! The new CF Canex windbreaker is in, just in time for winter dress, with which it cannot be worn. They will be available for sale in the Spring.

RIVER HEIGHTS FAMILY LIFE EDUCATION CENTRE OFFERS COURSE

The River Heights Family Life Education Centre is offering the following courses:

1. "What Happened To The Child I Used to Know: Living With Your Teenager" A four-week program beginning November 16, 1982. The course is designed to help parents better understand the needs of their teenager and recognize how to establish and/or maintain a positive parent/teenager relationship through improved communication and negotiation skills.

2. "Shifting Gears", Saturday, November 20, 1982, 12:00 p.m. St. Andrews River Heights United Church. An opportunity for women to explore new opportunities in both the volunteer and aid employment sectors. Special guest will be The Honourable Pearl McGonigal, Lieutenant Governor of Manitoba. Resource people will be available to discuss options open to women. Lunch will be served. Charge \$5.00.

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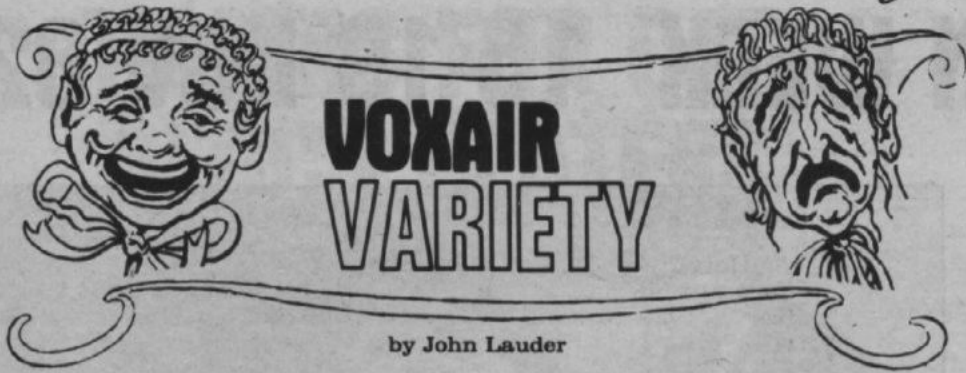
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 Ph. 885-5518



It is easy to understand why *Blood Relations* won author Sharon Pollock the Governor General's Literary Award for English drama last year. The play is well structured and offers fine action and many scenes with strong visual effects. Director Louis Scheeder has kept the timing tight as is necessary for a mystery, and is assisted by a well chosen cast.

The play tells the story of Lizzie Borden, who may or may not have murdered her parents. Using a so-called "dream thesis" it gives a new twist to the events surrounding the killings, by having Lizzie and her lover, the Actress, re-enact the events some 10 years after the fact. While this may sound a bit blood-thirsty, there is more red stuff on the printed program than on the stage, as psychological drama is offered, rather than horror.

Goldie Semple and Linda Sorenson were fine in the lead roles as Lizzie and her alter-ego; Robert Benson played the 19th century father to the hilt, as did Jenny Turner as the unloved stepmother. The sets and costumes put us right into New England at the turn of the century.

The play runs until November 13th.

The first opera this season is to be the well tried *Carmen*, to be sung in French as a benefit to those who had bilingual bonus status. Imported name stars will sing the major roles, with locals making up the chorus. Show nights are the 13th, 16th and 19th, with curtain time at 8:00 p.m.

There are tickets available, so if you like fine music and bright costumes, give it a try.

Also in the Centennial Concert Hall over the next few days and nights are a number of events... on November 11th the Annual Remembrance Day Service at 10:45 a.m., while Liona Boyd, classical guitarist will have a show at 8:00 p.m. on the 12th. Martin Mull, TV comedian will perform on the 17th, with vocalist Freddy Quinn on the 18th. On the 20th the Winnipeg Symphony will play family pops, offering the world premiere of selections from the McPeck pops library, a collection of Canadian music scored for orchestra. Ben McPeck, a Toronto composer, who died last year, was able to get a grant of \$100,000 from Imperial Oil, which he used to round up all types of music. Commercial jingles, movie scores, television themes and folk tunes are all included.

The concert will be conducted by Borris Brott, with personalities such as Bert Pearl of the Happy gang and Eugene Kostyra of the Golden Boy gang in attendance. Show time is 8:30 p.m.

CHAPEL SERVICES

ROMAN CATHOLIC



Our Lady of The Airways (N)

Masses:
Sunday: 7:00 on Saturday
11:00 on Sunday

Masses

Daily:
4:45 Tuesday & Thursday
10:00 Wednesday & Friday

Confession:

Before and after each mass on request.
A vant et après chaque messe, et sur demande.

C.W.L.:

Meetings every 2nd Monday of the Month.

Sunday School:

Every Sunday from October to June, for Grades 1-9 inclusive at the Air Nav School from 9:45 to 10:30.

Choir:

Every Thursday evening at 7:00
Tous les jeudi soirs - 7:00.

St. George's Chapel (S)

Masses:
Sunday: 11:00
Daily: Thursday at 7:00 p.m.
Friday at 9:30 a.m.

Nous exigeons de connaitre vos intentions au moins 3 mois avant le mariage. Un cours de préparation est nécessaire aussi.

Baptism:

On request. Give us a "One Month Notice."

Marriage:

It is absolutely necessary to give a "Three Month Notice" and to follow a course of preparation.

PROTESTANT CHAPEL SERVICES

Chapel of the Good Shepherd (N)

Church Service:
11:00 on Sunday

Sunday School:
11:00 on Sunday

Chapel Activities:

Weddings and Baptisms as arranged.

Chapel of St. Andrew (S)

Church Services:
10:30 on Sunday

Sunday School:
10:30 on Sunday

To contact a Chapel
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is not lost



MCF
FCM

The inception year of the MCF, 1975, is marked as a "Year of transition, of testing, of a turning to God and of new visions."

Since that year the Lord has been adding to our numbers almost daily. The membership list more than doubled in less than two years, and the Lord will do greater things yet.

The Holy Spirit has awakened many hearts and minds to the good News of Jesus Christ. He has particularly blessed the efforts among recruits, many of whom have a great hunger for the Living Word of God.

We are also very thrilled to see the kindling of a new Christ-centered fervor among military Chaplains. Many of MCF's members have been blessed and encouraged by these Chaplains.

In many of the bases across Canada MCF members may be found supporting their Chapel. As the Lord has led they have followed in faith undertaking to support the Ministry to Youth, Sunday Schools, C.W.L., Chapel Committee, and, foremost-of-all, prayer for their Chaplain and his people.

MCF membership comprised serving military, civilian members of the department, retired military, and interested persons. A representative may be found at most Bases across Canada. Chapters meet regularly in such places as Cornwallis, Halifax, Ottawa, Shilo, Cold Lake, Victoria and Winnipeg. Meetings may take a variety of forms, always having prayer as a central theme but including 'Bible' study, sharing of personal

needs for prayer, singing, or general discussion/fellowship.

We believe that the Bible is the Word of God and that the statement of faith is the Apostles' Creed. Therefore we believe eternal life is received only by personally accepting the death of Jesus Christ as the complete atonement for sin. A committed Christian then is someone whose life evidences the changed person in Christ through the operation of the Holy Spirit.

Your MCF in Winnipeg meets in the annex of The Chapel of the Good Shepherd every Wednesday from 1200 to 1300 hrs. Bring along your lunch and join us for our current bible study in "Communicating." We especially extend a warm welcome to the students and newcomers at CFB Winnipeg who are seeking Christian fellowship or would like to learn more about God's Word.

For further information please contact Mel Ziegler at 773, Gloria Pearson at 681 or Lloyd Bolton at 334.



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ENERGY CONSERVATION WEEK 15-19 NOV 82

MESSAGE FROM THE BASE COMMANDER

"Since the energy crisis of the early 1970's, the government had endeavoured to alert people to the national and world energy situation. I believe that all of us now realize that Canada's energy resources must be consumed with greater regard to the future. The question is: "How can we help?"

While I realize the most significant savings in energy will be achieved through engineering projects such as insulating buildings and modifying or modernizing heating systems, we can all still contribute by being good energy managers around the home and at our place of work. Some of the articles in this edition of VOXAIR offers guidance on how you can help in this respect. For those of you in Married Quarters, the recent change to individual billings for utilities should provide even more incentive to conserve.

DND is by far greatest user of energy amongst all Government Departments, and it is gratifying to know that Air Command and CFB Winnipeg are continuing the trend of reduced energy consumption which began with the 1973/74 Baseline year.

Energy Conservation Week is intended to make us aware that we do have an energy conservation program, and that its success is dependent on each of us doing our part."



CANEX mechanic, Eric Brown, checks the air filter of COL Smith's car to ensure maximum fuel efficiency.

15-20% FUEL SAVINGS

Energy Conservation Week is upon us once again (15-19 Nov.) Every year as Old Man Winter returns to Manitoba, we are reminded of our responsibility towards conservation of Canada's precious natural resources. But why wait for winter? There are many ways by which we can participate in a year-round Energy Conservation Program.

Throughout Energy Conservation Week we are bombarded with statistics regarding the large sums of money and natural resources being wasted each year. We tend to become divorced from the intent of this program since individually we cannot realize savings of significant proportions. This is where we are shortsighted. If we each save a little, we all save a lot!

Since automobiles are the largest single consumer of oil in Canada, and at a time of rising prices and possible supply disruptions, it is essential that we all take steps to conserve fuel.

As a motorist, you have the opportunity to reduce your transportation energy needs through simple maintenance and good driving practices. At the same time, good driver attitude and driving habits will result in getting the most from your car and will save you money!

The following are some tips which would enable you to participate in the Energy Conservation Program. Remember, your contribution is important to the success of our national conservation goal.

1. **THINK FUEL ECONOMY** when purchasing your car. Assess your needs — car size, trunk space, highway or city driving, short or long trips.
2. **CONSOLIDATE** trips and choose routes with co-ordinated traffic signals. If you can, walk or ride a bike.
3. In cold weather **USE A BLOCK HEATER** with a timer. One to two hours of heating will do.
4. **IDLE NOT, START AND GO.** Even at -18C most cars only require 15-30 seconds of idling before being driven off **GENTLY**.
5. **MOVE SMOOTH AND CRUISE.** Always avoid bursts of acceleration and let your speed fall off as you climb hills.
6. **LOOK AHEAD** and reduce brake use by anticipating traffic and road conditions.
7. **DRIVE STEADILY**, 60-70 km/h is the most fuel efficient speed range for most cars. Remember that small reduction in speed will have almost no effect on travel time. It's also easier on the nerves!
8. **MAINTAIN FOR FUEL GAIN.** Be aware that simple adjustments to your car can save fuel. Also — Remember the slogan "You can pay me now or pay me later". Support your local Canex Service Station!

PROPANE MOTOR FUEL

(by MCPL A. B. MacDonald)

The use of propane gas as motor fuel has grown because the users recognize the excellent qualities and pollution abatement characteristics of propane gas.

What is propane? Propane is a liquid petroleum gas (LPG) that can be used as an alternative fuel for a gasoline engine. 80% of propane is a by-product from natural gas and 20% is produced from crude oil. It is colourless, odorless and non-toxic. An odorant is added at the refinery to ensure system leaks can be detected. At this time, Canada exports 5% of its propane.

Listed below is what propane can do for you.

- engines converted to propane gas operation have a substantially longer engine life. Propane gas is **clean burning** and injurious carbon deposits are practically eliminated.

- because propane is a clean burning fuel, lubricating oil and oil filters last longer. Propane does not wash the oil from the walls or dilute the oil as liquid fuels tend to do. The engine will therefore last longer since its oiling system is more effective.

- because propane gas is a "clean air" fuel, engine tune-ups are required less frequently.

- muffler replacement is seldom required because of the reduction of acids emitted by propane gas in the exhaust.

- propane is half the price of gas.
- increased spark plug life (up to 300%). Propane is clean burning, free of lead content which fouls spark plugs.

So you can see propane saves money, uses less oil, gets about the same mileage per litre and you keep the air clean.

What's more efficient? You decide — it's your money.



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"HELP GEORGE DO IT"

**ENERGY CONSERVATION
WEEK**

15 -19 NOV 82

★ LOWER THERMOSTATS

★ TURN OFF LIGHTS

★ WHEN LEAVING ROOM UNOCCUPIED
FOR MORE THAN A FEW MINUTES

★ OPEN SHADES, BLINDS AND DRAPES
TO MAKE USE OF SUNLIGHT IN WINTER;
CLOSE THEM TO REDUCE HEAT IN THE
SUMMER

★ TURN OFF ALL ELECTRICAL EQUIPMENT
DURING QUIET HOURS; EXHAUST AND
CIRCULATING FANS, AIR CONDITIONING
UNITS, OVERHEAD AND DESK LIGHTING

★ BOTH HOT AND COLD WATER REQUIRE ENERGY.
USE THEM SPARINGLY



TIMERS FOR CAR BLOCK HEATERS

With temperatures starting to dip lower at night due to the impending winter, people are starting to consider plugging in their cars. If you leave your car outside, this not only helps to increase the chances that it will start the next morning, but an interior heater can make your car much more comfortable to enter, not to mention it helps to eliminate the scraping of windows and reduces the incidents of cracked upholstery and other plastic accessories from the extreme cold.

In these times of increased energy awareness, it is interesting to note just what block heaters and interior car warmers cost the user. A telephone call to Manitoba Hydro disclosed that to operate the average block heater (600 watts) costs about 1½ cents per hour and when one adds in an interior car warmer (approximately 850 watts), the cost increases to about 3.67 cents per hour (based on electricity costing 2.53 cents/kwhr). The cost would appear insignificant, however consider the user that plugs in the night before, from say mid-November to the end of March, and averages 12 hrs a day in the outlet. The individual using only a block heater would pay \$24.30 over the winter (135 days at 18 cents/day) while the individual using both block and interior heater would pay \$59.40 (135 days at 44 cents/day).

The question now is whether or not it would be beneficial to invest in an

outdoor timer to reduce the time your heaters are drawing electricity? Taking into account the regional temperatures, Manitoba Hydro recommends, on the coldest days cars should be plugged in for a maximum of four hours before use to obtain the maximum efficiency. Assuming the same individual as in the previous examples set their heaters to come on four hours in advance, the cost of electricity to the block heater would be \$8.10 and for the combined user \$19.80, savings of \$16.20 and \$39.60 respectively.

In conversation with local retailers, it would appear that outdoor timers can be purchased for between \$15-40\$ with an average cost of \$35.00. The majority have a one year warranty. Without taking into account inflation and capital outlay, by making the investment the individual in the above mentioned example also operates only a block heater would break even in a little over two winters, and the combined user would have money in his pocket before the end of the first winter.

In addition to pretty good economies, people who purchase a timer for their car heaters will have the satisfaction of knowing that it's one more thing they are doing to help conserve energy. Outdoor timers will be stocked at the CANEX this fall and winter.

DND SOLAR INSTALLATIONS

The Department of National Defence is one of the several Departments and Crown Corporations participating in the Federal Government sponsored program to Purchase and Use Solar Heating (PUSH). The program is administered and funded by the Solar Programs Office of Public Works Canada. The prime objective of the program is to build-up an integral Canadian solar industry and to rapidly establish competitively priced, high quality products for private sector use.

As part of the PUSH Program, which will aide the solar industry in the development and enhancement of packaged Domestic Hot Water (DHW) systems, DND has agreed to install 244 DHW systems on married quarters across Canada during 1982; the installations are scheduled to start this August. Each system is expected to deliver at least half of a family's hot water needs, representing a considerable saving on energy costs.

A DHW system is connected to the existing hot water tank and, once installed, requires very little maintenance — a schematic diagram is attached. Protection against freezing is built into each system, either by automatic draining of the roof-mounted solar collectors or by the use of an anti-freeze solution in a closed circuit type installation.

Using as a guide such factors as house orientation, condition of a roof and the slope of a roof, a number of surveys were conducted in 1981 and early 1982 to select suitable married quarters for these installations. The results, for the initial phase of this particular program, will see DHW systems installed on married quarters at the following locations: CFB Greenwood - 50; CFB Ottawa (N) - 35; CFB Kingston - 55; CFB Winnipeg - 34; CFB Penhold - 35; and, CFB Chilliwack - 35.

It is observed that the DND married quarter program is similar to a Canada wide DHW program undertaken by Energy, Mines and Resources and provincial programs sponsored by Ontario and British Columbia — all dealing with DHW solar installations in family homes.



ENERGY CONSERVATION PROJECTS FOR BASE

QUARTERS

PMQs, South Site. 40 houses are being fitted with Solar Panels to heat the domestic water — thus the occupants will realize a savings on their hydro or gas bill.

PMQ Basements. Approximately 75% of the houses have been insulated and the remainder are scheduled to be done in the near future.

PMQ Walls. Base is planning to add additional insulation to the exterior walls of all houses.

BLHU Attics. All BLHU attics have received additional insulation on a joint sponsored project between Base and Metro Homes through the CHIP program. This project also included some weather sealing.

PMQs, MPDRs. Base is also investigating a project to weather seal all houses to minimize heat escape.

BASE BUILDINGS

Bldg 72, 74. New Solar Panels are being installed to heat the domestic hot water in these barracks.

Bldg 61. Solar panels are to be installed in the Junior Ranks Mess to heat the domestic hot water for the kitchen.

Bldg 51. Solar panels are to be installed to heat the water for the swimming pools and showers. The installation of timed showers is also being investigated.

Bldgs 21, 90, A-2. Projects are proposed to close in the windows in the gym areas of Bldgs 21 and A-2 and the pool area of Bldg 90 to prevent heat loss.

Bldgs 21, P-2, P-6. Projects are proposed to insulate these buildings to prevent heat loss.

Ceiling Fans. Mosts buildings with high ceilings and large open areas have been outfitted with ceiling fans to force the heat down to the floor level.

Off Oil Projects. Projects are proposed to convert all oil fired furnaces to either gas or electricity to conserve fossil fuel oil. Flin Flon Armouries has just been converted to gas.

Window Replacement Projects. A number of projects have been completed and more are to come although funding is slow.

CREATING MONEY

(by LT B. Aubin)

Right now you are spending money on needless energy consumption. This short article will identify ways in which you can put dollars in your pocket instead of into energy bills.

The most significant way to save money is to ensure your house is well insulated and draft proof. Make a 'draft detection' by attaching a piece of tissue paper to a clothes hanger and placing it in front of windows and doors. Seal up any cracks you discover. A well maintained and tuned furnace is a money saver. Substantial savings can be had if you turn down the thermostat to 20°C during the day and 17°C during the night; up to 15% on your winter fuel bill. Don't heat unused rooms; close the register and keep the door shut.

Next to heating the house, heating the water is your next energy and dollar eater. Don't set the water temperature too high, 60°C is ideal. Insulate your heater and hot water pipes. Use less hot water, shower instead of bath, rinse dishes in a pan instead of a stream of wasted hot water, etc. Dripping taps waste water and energy (read money and money!).

Appliances also drip away at your wallet. It will pay in the long run to shop around for energy efficient freezers, dryers and dishwashers.

The key to savings with electricity is 'turn it off when done'. Is the TV or radio left on while no one is using them; or are lights on in every room in the house? The 'power surge' excuse people who used to justify leavings lights on is grossly over-rated. The extra power in the surge is equivalent to one or two seconds operation — so TURNOUT the lights! Assess your light wattage needs. Did you know one 100W bulb gives off more light than two 60W bulbs. Convert work areas and kitchen to fluorescent bulbs; they are very energy efficient.

The point of this article is to show you it pays to be energy conscious. More ideas and suggestions on these ideas can be found in '100 WAYS TO SAVE ENERGY AND MONEY IN THE HOME', distributed free by the Manitoba Energy Information Center, 500 Portage Avenue. Copies will also be distributed to unit OR's during Energy Conservation Week. The Energy Information Center has a wealth of ideas on saving energy and money, so drop in.

BE GREEDY, BE ENERGY WISE!

FREE CREDIT

CANEX NOW HAS A 180-DAY INTEREST FREE CREDIT PLAN. HERE'S HOW IT WORKS.

1. If you are a member of the Regular Forces or a full time permanent Public Service employee holding a CFB Winnipeg PLCC card you may be eligible.
2. Credit limit is \$1000 on purchases at the retail store or parts and labour at the service station of at least \$100.
3. 10% down with the balance in two post dated cheques, one dated 90 days hence, the other 180 days.
4. Bring your PLCC card with you.
5. Not portable. Bill must be settled in Winnipeg before posting.
6. Subject to approval by the BXO and a credit check with the Winnipeg Credit Bureau.

More details available at
832-0787, 837-9390 or 889-6394.

SPORTS & RECREATION

BASE COMPTROLLER SECTION REPEAT AS CHAMPION

The Base Comptroller section has done it again by defending their title of champions at the Base Commander's Floor Hockey Tournament. After a successful round robin in which they scored 27 goals for and one against they played CFANS in the semi-finals and beat them handily 5-0. They then proceeded to play the 2PPCLI team and proved that they were true champions by defeating them 6-1 in the final game. The Base Commander, Colonel B.L. Smith presented the 2PPCLI with silver medals as runners-up and then presented the B/Compt with the gold medals and Base Commander's Inter-Section Trophy, emblematic of their supremacy in floor hockey.

On 19 November 1982, at Building 90 the Base Commander's Inter-Section Trophy will be put up for challenge in the sport of Volleyball.



BASE COMPTROLLER

(Photo by Tom Langer)



RUNNERS UP 2PPCLI

(Photo by Tom Langer)

CFB WINNIPEG INTER-SECTION HOCKEY RESULTS

RESULTS (AS OF 3 NOV 82)

TEAMS

	GP	W	L	T	PTS
Eagles	4	3	1	0	6
Arrows	4	3	1	0	6
Canucks	4	2	1	1	5
Dolphins	4	1	2	1	3
Braves	4	0	4	0	0

TOP SCORERS

NAME	TEAM	G	A	PTS
Langer	Eagles	10	4	14
Gallant	Eagles	6	4	10
Rreid	Canucks	7	2	9
Lupien	Arrows	6	3	9
Webb	Dolphins	3	5	8
Hamelin	Eagles	1	7	8
Boutet	Arrows	1	6	7

SPECIAL NOTICE

The Gymnasium at Building 90 will be out of bounds from 0800 hrs 3 Nov 82 until 1900 hrs Sun 14 Nov 82.

ENERGY CONSERVATION



MAJ George Holland crossing the Assiniboine River on his way home after a days work. MAJ Holland, the BPSVCO, resides in the PMQs on the south site, and regularly utilizes this mode of energy conservation to commute to work.

(Photo by CAPT G. Saunders)

MANITOBA SNOWMOBILE OPERATORS TRAINING PROGRAM

Winter is about to come upon us and before long, the lakes and fields of Manitoba will be invaded by hundreds of Snowmobilers.

Over the past decade more and more outdoor enthusiasts have taken up snowmobiling as a form of winter recreation. In order to enjoy the sport to the fullest, it is important for snowmobilers to have an understanding of: Snowmobile Laws; Parts Identification and Basic Maintenance; Operating Procedures, and Winter Survival and Ethics.

Information on these topics can be gained by participating in the Manitoba Snowmobile Operators Training Program. This Program may be taken on a correspondence basis or in a classroom setting.

Recently, SGT Pace of the Base Military Police Section has qualified as a Manitoba Snowmobile Safety Instructor and as a result, your Base Military Police Section is offering a Course for all ages for members of CFB Winnipeg and their dependants. The duration of the course will be approximately six hours. All graduates will be awarded an attractive Graduate Crest, a Helmet Decal and a wallet size Certificate.

Those members or dependents who are interested in attending a Course, please contact SGT Pace, Military Police Training NCO at local 565 or at the MP Station, Building 95.

"Please note that it is not necessary to own or have a Snowmobile for the course and possibly during the course, a Snowmobile will be available for Instructional purposes."

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CFB WINNIPEG CURLING CLUB

Once again we say good-bye to summer and hello to the roaring game. In spite of delays in renovations, we are operating on a modified schedule. Curling ice is available only at Fort Osborne at present, but Westwin is open for socializing. A 'Get Acquainted' social was held at Westwin on Sat. Nov. 6th.

In the late summer, curlers gathered at Tuxedo for a fun golf tournament. Using a modified Calloway system, Linda Graves and Mel Marsh emerged as winners of the Labatts Trophy. Other winners were Rick and Iris Watson. Jane Brabant and Steve Kingyens, Jean and Wayne Mabee, Rob and Sharon Carlson, Kurt and Sherry Ridley, Laurel and Gord Lins, Al Gleadall and Joni Anhalt, Al Brabant and Jill Oliver, Kevin Larsen and John Spence, Shirley and Terry Patton, Frank and Megs Marsh, Lorne and Sue Kingyens, Bill and Jackie Ridley, Alice and Ken Robertson, Jerry and Jo Hipson, Jean and Wes Walker, Sherri Robertson and Don Bathie. Special awards went to Sherry and Kurt Ridley, Dond and Elsie Smart, and Ross Forbes and Gina Neufeld.

A Steak barbeque, followed by fun and games at the Curling Club completed the day.



GOLF WINNERS
Mel Marsh & Linda Graves

"THE BODY FAT QUESTION"

Gone are the days of the 1.5 mile run, 2 mile walk and 750 yd swim. Twenty-eight dizzy laps in the gym twice a year will become a memory when the new Air Command Fitness Programme becomes reality January 1983. This new programme unlike its predecessor may be characterized as a very people oriented approach to physical fitness. Replacing the mass evaluation of units, branches and sections will be a scientifically developed submaximal birth month assessment of each member's physical condition. This assessment will consist of a determination of per cent body fat, a calculation of cardio-respiratory endurance, and a sit-up and push-up regime to ascertain upper body and abdominal strength. This second in a series of articles on this new programme is primarily devoted to a description of the per cent body fat portion of the evaluation.

Although there are several methods of determining an individual's body fat percentage the method to be utilized in the new programme consists of taking a series of girth or circumference measurements at selected anatomical sites. For males these measurements are taken at the neck and waist while for females they are taken at the neck, upper arm, forearm, waist and upper thigh. By referring these measurements to a chart the PERI is able to predict body fat percentage. This figure is meaningful to both the PERI and to the member being assessed. It provides important information which may assist the member with his weight control programme as well as providing data for the PERI to utilize in the individual exercise programme he is designing for the member. For example if the individual is assessed as being fatter than he should be the prescription of exercise the PERI designs will take this fact into account. The resulting exercise programme will then be tailored to permit the member to participate effectively and safely despite his overweight condition. Personnel whose per cent body fat exceeds the limits at which a safe programme can be prescribed will be referred to a medical officer who will determine an appropriate course of action.

In the next article we will discuss the role cardio-respiratory endurance or VO₂MAX plays in the new fitness programme.



GOLDEYES

Level I Scuba Course applications will be accepted until 30 Nov 82. Classes are Thursday evenings at 8 p.m. Bring a friend and come on over. Level II will be run if enough interest is shown.

Our next meeting is Tues. 9 Nov 82 at 8 p.m. at the Westwin pool. Topics to include auctioning of some scuba equipment.

Contact A.J. Bennett 148; Dan Dagle 316; Don McLeod 136.

MANITOBA MARATHON

By now, most of those who participated in the 1982 Manitoba Marathon have not only recovered but are bent on training for the 1983 version which will be held May 29th next year. The organization of the Marathon is, — you should excuse the expression, — a Marathon undertaking and one which involves hundreds of people from all walks of life in this city.

CFB Winnipeg and several lodger units were most active in this year's marathon and the organizing committee hopes that will continue in future years. Specifically, Base Supply provided several marquee tents for the Marathon proper and a quantity of tables for the spaghetti feed. WO Cummings from Base CE acted as liaison between Base and the organizing committee, 2PPCLI provided transport, set-up and tear down of the tentage and tables. No 2701 PPCLI Royal Canadian Army Cadet Corps provided security and crowd control on race day at both Pan-Am Stadium and at the Mini Marathon finish.

CFB Winnipeg and 2PPCLI were each presented with a plaque to recognize their contributions. Dr. Wayne Hildahl, Chairman of the Marathon Medical Committee, was quick to point out to COL Smith that additional space existed on the plaque for several more years. When presented with the plaque for 2PPCLI, LCOL Ashton also noted the extra space on it. Both he and Dr. Hildahl indicated their desire for a continuation of this type of community involvement.

All individual members of CFB Winnipeg and 2PPCLI received individual certificates acknowledging their assistance as did the PPCLI Cadet Corps.

Next year's Marathon scheduled for May 29th, will include the Canadian National Marathon Championships, the Pan-Am games Trials, World Student Games Trials, European Championship Trials and the Trials for the World Marathon Championships. With that promise of an even bigger and better than ever 1983 version, the support provided by the units of CFB Winnipeg will ensure this success. To all those who were involved as volunteers, — thank you from the organizing committee. Support like yours is a credit to the organization to which you belong.



(by Tom Langer)
(excerpts from David Steen)

Jogging has enjoyed increasing popularity in recent years because of growing public awareness and appreciation for the strong relationship between exercise and good health.

Jogging can be done by families — girls and boys, women and men of all ages. It is an easy, inexpensive and effective way to get into shape, whether it be to play better sports, relieve daily tension of modern life, upgrade personal fitness, or simply to have fun.

Despite its apparent simplicity, there are good and bad ways to jog. **SEE YOUR DOCTOR**

Jogging is a vigorous activity, so get your doctor's "Okay" before you start on your jogging programme.

WHAT TO WEAR

Wear light, flexible jogging shoes and a comfortable pair of cotton socks to cushion footfall. In mild or cold weather wear light, loose-fitting clothing. Nylon (waterproofed) is ideal for rain. Much of your body heat is lost via your head. Wear a hat for protection.

WHERE AND WHEN TO JOG

Jog outside, on grass, whenever possible. Running on the sidewalks and pavement can cause injury to your shins and ankles. Jog inside at the Base gyms, YMCA's or fitness clubs. On the spot jogging at home is not as satisfactory as the above. Avoid jogging near heavy traffic, it can be dangerous and the air is polluted. If the temperature is extremely hot or cold, wait for a more satisfactory condition to do your jogging. Jogging in unfamiliar, dark places can be dangerous and hazardous. Use common sense. (Next issue Technique and warm-up routine)

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RELIEVE MUSCLE CRAMPS THE EASY WAY

A simple technique called "acu-pinch" relieves the agony of muscle cramp in seconds. This is done by pinching the skin above the upper lip between thumb and forefinger.

This may sound like a believe it or not story but it does work. Olympic, professional, college and high school team trainers have found this to be a very effective way to relieve muscle cramps.

There is no medical or scientific reason why this technique should work but it does. This technique takes 15 to 20 seconds to relieve the cramps.

The next time you get that painful cramp just pinch your upper lip and let the pain go away. BELIEVE IT OR NOT.

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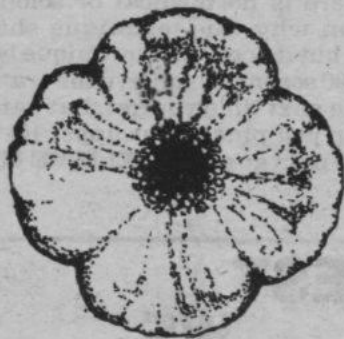
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**DEADLINE
FOR**

**NEXT ISSUE —
NOVEMBER 23**

**NEXT VOXAIR —
DECEMBER 1**



CAPT Schofer receiving his new badge from COL B. Smith, B. Comd. On unification, personnel selection was grouped into the Personnel Development classification along with Social Work Officers and Education Officers, all wore the administration hat badge. The Personnel Development classification was later disbanded, the Social Work Officers aligned themselves with the medical branch, the Education Officers were renamed Training Development Officers and are still within Administration and Personnel Selection Officers won their own classification and representative symbol, which was awarded 17 Sep 82.

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THE BLUE BRIGADE



Introducing Winnipeg Blue Bomber Cheerleader **KIM WALLS**.
(Photo by Grant Russell)

CLASSIFIED ADS

Ads of a NON COMMERCIAL variety ARE FREE TO ARMED FORCES PERSONNEL, EMPLOYEES OF CFB WINNIPEG AND THEIR DEPENDENTS. MAIL TYPED AD TO VOXAIR, BLDG. 10, CFB WINNIPEG.

PERSONAL

To alternate rides Westwood area to U of M, Mon to Wed and Fridays. Contact 889-0950 after 6 p.m.

Know Thyself — A Good Rule

A detailed handwriting analysis can help. Write ten or twelve lines on plain paper, and add your signature on an \$8.00 cheque or money order. Mail to the PEN AND EYE, P.O. Box 132, Station "C", Winnipeg, Manitoba. Satisfaction guaranteed or money refunded.

1983 GREY CUP

GREAT CANADIAN SPECTACULAR Grey Cup Weekend in Toronto November 28. All inclusive Deluxe Package includes hotel, transfers, air fares. Phone Stephanie Days at 224-1291 Ext. 14 or evenings at 338-9020.

Sigfusson nursery school located at Athlone and Voyageur schools has openings for a few more children. For further information please phone 885-6476 (days) or 832-5786 (evenings.)

COVENANT PLAYERS — live performance. 14 Nov 82 at 7:00 p.m. at Chapel of Good Shephard (Northside P). All are welcome to attend.

OCDT Levesque is driving to Ottawa leaving on Nov. 25. Anyone wanting a ride should phone local 205.

WILL BABYSIT. Linda Saunders, 99 Bourkewood Pl. 889-1466.

WANTED

10-man nylon army tent in good condition. Phone Charlie at 669-0972.

FOR RENT

SANTA SUIT RENTALS. Cost \$15.00 Ph: 889-8344.

Spacious condominium. 2 BR St. James. References required. To view, call Mrs. Lewis 837-8760.

MEETINGS

BASE ART CLUB — every Wednesday evening, 7 p.m. - 9 p.m. in Room 107, Bldg. 21. Learn oil, water, acrylic painting and drawing.

★★★ CERAMICS CLUB ★★★

Have you ever wanted to make your own ceramic presents for Christmas? Do your plants need new pots? Why not come out to Ceramics Club? The club meets at 7 p.m. every Monday and Thursday. Ceramics Club is just outside the Sharpe Gate. No experience needed. Classes are provided. Membership fee is \$15 plus Community Council membership.

FOR SALE

RCMP CEREMONIAL SWORD. \$350.00. Ph. Bus. 775-9711 Ext. 217. Res. 885-5569 Evenings.

EDSON POLAR "MOTOR-HOME" 1979-model. Bought in '80 17,000 km, excellent condition. Factory stereo - AM/FM cassette "like new". Fully self contained & winterized. Good for summer & winter travel (insulated). Fridge - stove - furnace - sleeps six. Extras include roof rack, running boards, heavy duty flaps, special mirrors, full awning. Will sacrifice for \$18,500. Contact 489-6798 (after 5 p.m. or weekends, or 832-1311 ext. 565 (day).

RCA T.V. - 14" portable B&W. Good condition \$50. Call Bob or Leslie 475-5970.

Potatoes, pumpkins and zucchini. Phone 888-3849 after 5:00 p.m.

Pair Lange hockey skates with liners. Used one year. Size 6 mens. Asking \$50. 885-1051.

Bunk bed outfit, good condition, asking \$80.00. Swing set, good condition, asking \$20.00. Childrens 10 speed CCM bicycle, good condition, asking \$80.00. Telephone: 489-2669.

1976 Chev Blazer 4WD, PS, PB, Air Cond. \$4,800.00. LCOL BAKER LOCAL 281 or 888-7533.

Two motorcycle jackets — size 36 - 38. Price \$50. each. Electric lawn mower - price \$25. Call 889-1697 after 5 o'clock or CPL Haines at Local 384.

40 Channel CB Transceiver. TRC-421 realistic 12 volt DC positive/negative ground. LED channel readout. Very good condition plus antenna (fiber glass). CPL P. Charbonneau Local 572 or 489-4325.

Single Snowmobile trailer 8' x 33 1/2". Spare tire \$150.00. Phone 334-7471 after 6 p.m.

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Every Wednesday				
at 8:00 p.m.				
in Building 21				
Fifty Cents a Card				
Jackpots				

BUY — SELL
at the
BASE THRIFT SHOP
★ ★ ★
Tuesdays 7:00 - 9:00
Wednesdays 7:00 - 9:00
Thursdays 1:30 - 3:30
At Westwin Rec Center
(Across From Bowling Alley)

From east to west at the widest point in Canada, the straight-line distance is 5187 km (3223 miles), which is more than 5 times the distance from Paris to Rome.

REUNIONS

440 SQN

"440 "BAT" Squadron will have it's Colour Presentation and Squadron Reunion on the 21 May 1983. Planning for the presentation has commenced and all aircrew and ground crew who have served with 440 Squadron since it's inception on October 5th, 1932 are invited to attend.

Former members are asked to provide me with their names and addresses in order that "Colours and Reunion" material may be distributed".

Your Truly,
R.G. Nicholson
Lieutenant Colonel
Commanding Officer
440 Transport and Rescue Squadron

COMMUNIQUE

OTTAWA — Le chef de l'état-major de la Défense, le général Ramsey Withers, a annoncé qu'à partir de juin 1984, le 2^e bataillon du Princess Patricia's Canadian Light Infantry (2^e PPCLI), de Winnipeg, commencera une période de service de quatre ans en République fédérale d'Allemagne au sein des Forces canadiennes en Europe (FCE).

Depuis 1970, le 4^e Groupe-brigade mécanisé des Forces (4^e GBMC), détaché auprès des Nations de l'OTAN, comprend des bataillons appartenant à deux des trois régiments d'infanterie du Canada, le Royal Canadian Regiment (RCR) et le Royal 22^e Régiment (R22^eR). Les unités du PPCLI n'ont pas encore eu l'occasion de servir en Europe ni d'acquérir une expérience pratique des opérations mécanisées sur le théâtre européen.

Pour redresser la situation et pour s'assurer que le 4^e GBMC dispose d'unités opérationnelles bien entraînées en tout temps, le RCR et le PPCLI iront en Allemagne à tour de rôle.

Lorsque le 2^e PPCLI se rendra en Allemagne, le 3^e RRCR rentrera au pays. Il assumera les fonctions du 2^e PPCLI et prendra possession de ses installations à Winnipeg.

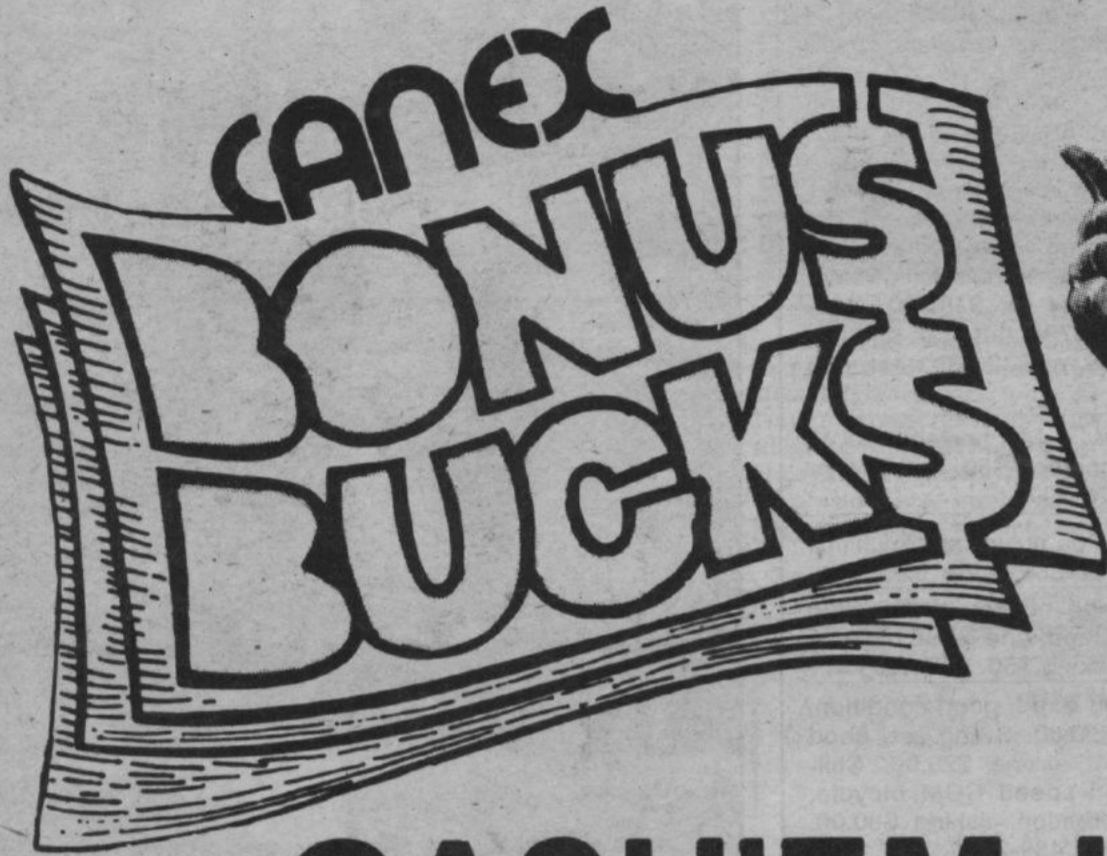
WESTWIN YOUTH DANCES

The next dance will be held on 12 Nov 82 at 7:00 p.m. in the Hercules Lounge of Bldg 90. Future dances will be held on 19 and 26 Nov 82.





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Collect **FREE**



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