Vosair

APRIL 21, 1982

THE VOICE OF CFB WINNIPEG

CANADA
WE STAND ON GUARD FOR THEE.

Just as we can look back with pride on our past,
we can now look with pride to our future.

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with the traditional rights and freedoms
we once took for granted.

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Voxair

THE END OF THE RAINBOW —

REPRINTED FROM MARITIME COMMAND TRIDENT, JANUARY 12, 1982

"It's not what I expected." "I want to return to school and finish my education." "I can use my trade on civvy street and make lots of money." Sound familiar? It does to section heads. These excuses are used over and over again on release requests. Why? Why does a young man leave the service after only one or two years? Poor management? Possibly in a small number of cases, but there are just too many leaving to blame it all on the bosses. Poor environment? Definitely not. The service offers better working conditions and better facilities than any civilian firm. But the blame must be placed somewhere. The buck must be passed. Where should the axe fall?

I feel that it should fall on society. Because Canadian society is ceasing to produce men. The age between puberty (about thirteen) and adulthood (about eighteen) is called adolescence. It is a period of adjustment. A time when the child finally becomes adult, the boy becomes a man. At least that's the way it used to be.

Ten years ago an eighteen year old joining the Armed Forces could be counted on to do a man's job. He recognized and accepted responsibility. He knew that to survive one must eat and to eat one must work. His average education was grade ten. He could read, write and count, but above all, he could think. Nobody coddled him through high school. His parents had not supplied him with a fat allowance weekly. He earned his way with summer jobs. In short when he joined the service, he was prepared to work. He committed himself by contract to perform for a certain period of time and he honoured that contract. Society has produced a disciplined individual. In the last ten years parents and schools have failed miserably in producing a responsible, disciplined citizen. The sixties began a wave of permissiveness that has reached fantastic proportions. Urbanization, Industrialization, and inflation have caused more and more mothers to seek employment outside the home.

We have been warned by countless educators that discipline and learning do not go together. Our affluent society has produced piles of surplus cash. Our mass media has played up the good life way out of proportion. We have "Cradle to grave security", with higher baby bonuses, unemployment and welfare benefits, medicare, old age pensions, etc.

Society has provided the copouts, and parents and teachers have accepted them. It is much easier to raise children if you do not have to discipline them. It is much easier to teach children if you don't have to grade them, merely pass them on to the next plateau. Society has proclaimed that children should have the same rights as adults. Unfortunately, nobody has the time to instruct them on the use of those rights.

The end result — students graduate from high school with no understanding of the work ethic, very little formal education, absolutely no sense of responsibility. Adolescence is a period when the youth requires guidance. He has been given none. He has been left to fend for himself. He lives the good life with no responsibility or discipline. His cash is handed over by guilty parents who don't have time for him in this fast-paced world. Until his school days are over he has no idea what work is. He has only a vague idea that it is part of living and so, "What the hell", let's give it a try.

So he joins the Canadian Armed Forces. All of a sudden money is not so plentiful, he has to rise at an early hour, he has to work five days a week, he has responsibility, and shock of all shocks, when he does not fulfill his responsibilities, he is disciplined.

For a youth to go to an ordinary civilian job is shock enough but to join the Armed Forces must be devastating. Because the Armed Forces wants men. We advertise for men and when a person signs up we expect a man.

So the recruit says, "It's not what I expected." Believe me, I've asked them just what do they expect. The closest I can come to an answer, is that most expect large pay raises, yearly promotions, jobs that they choose for themselves, and of course postings on demand. They do not expect to serve a period of apprenticeship doing routine tasks. They expect adventure. They have little or no reality about the working world.

So the recruit says, "I want to return to school and finish my education." Why not? That is where he was safe. No decisions to make, money, clothes, and food supplied by parents and certainly no boring, routine work to do, or responsibility either, Childhood was safe, so back to childhood where the bad man can't yell at him. So the recruit says "I can use my trade on civvy street and make lots of money."

First, if he can get a job with his trade, yes, the money is invariably better. But promotions are scarce and apprenticeships are much longer than in the service. The routine he hates is endless, the adventure he craves is much more illusive if not totally lacking. If all it takes is money to make him a man, then he better grab the brass ring.

Some students realize that responsbility and self discipline are necessary to ensure a transition from adolescent to adult. Unfortunately, the ranks of those who care are dwindling. This is readily apparent in the modern Armed Forces.

For every three youths that enlist one is a man. The old saying used to be "Two out of three ain't bad," "It's now "One out of three if you're lucky." I fear for the 1980s.

To the young servicemen who have not realized it yet, the Canadian Dream is a television myth, there is no pie in the sky, the end of the rainbow is only a muddy piece of ground.

YOU CAN FIND SATISFACTION IN THE ARMED FORCES BUT YOU HAVE TO WORK FOR IT.

The Hon. Pearl McGonigal, aided by LGEN K.E. Lewis, left, and MGEN R. Sturgess, opens the annual LT Governor's Bonspiel March 24th at the CFB Winnipeg Curling Club. This year, the LT Governor's team took the overall trophy, edging out last year's winner, CFB Portage. Teams from Government House, Air Command HQ, CFBs Winnipeg, Portage and Shilo, alternately, host the spiel.

SISIP LTD COMPULSORY

According to a ministerial order passed on March 4, 1982 SISIP Ltd. will be compulsory for all regular force members who enrol or re-enrol on or after April 15, 1982. For more information see your SISIP advisor.

PARTICIPACTION

Voxair

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EAGLE ONE TO EAGLE TWO — OVER

A CANEX BONUS BUCK!! THANKS BOSS.

Lieutenant-General Kenneth E. Lewis, Commander Air Command, (right) presents the first donation to the Air Command Colours Ceremony Fund to his deputy, Major-General Roy Sturgess. Voluntary contributions are being sought Command-wide to raise approximately $3,000.00 to cover expenses for the July 31 celebration.

Contributions may be sent to: LCL I. Popowych, Treasurer, Air Command Colours Ceremony Fund, Air Command Headquarters, Westwin, Man., R2R 0T0

(Canadian Forces Photo by MCPL A. Nolet)

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21 Sep 82	29 Sep 82
05 Oct 82	13 Oct 82
19 Oct 82	27 Oct 82
09 Nov 82	17 Nov 82
23 Nov 82	01 Dec 82
07 Dec 82	15 Dec 82

MARCH 1982 PROMOTIONS

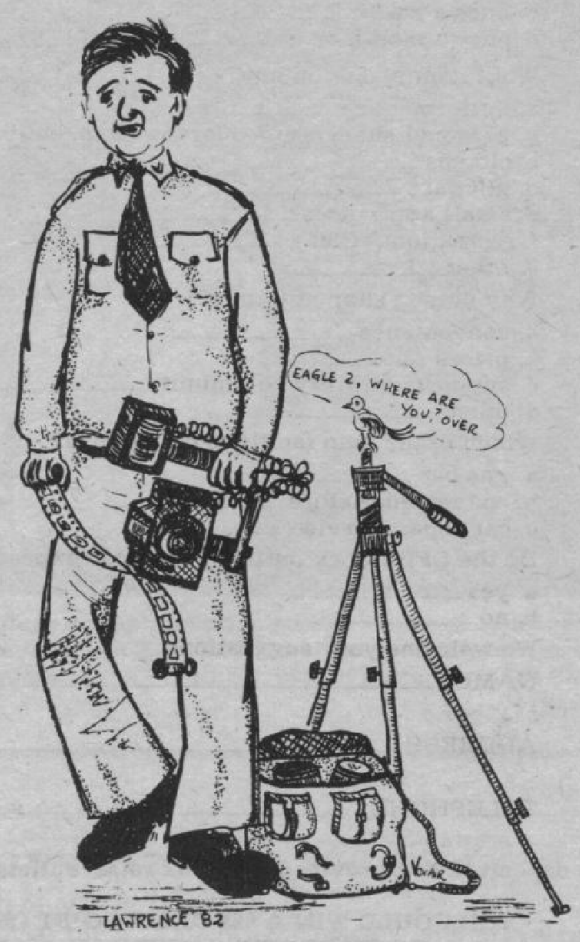
SIN NO.	RANK	NAME	INIT	DATE	SECTION
TO CHIEF WARRANT OFFICER					
613 300 920	CWO	SWIFT	K.P.	04 JAN 82	1CEU
431 078 385	CWO	FOREST	J.E.	02 JAN 82	429 SQN
TO MASTER WARRANT OFFICER					
106 366 826	MWO	COSMAN	K.M.	02 JAN 82	BTNO
106 696 214	MWO	DOBIE	L.E.	04 JAN 82	1CEU
106 539 554	MWO	BOUGHNER	M.R.	12 MAR 82	1CEU
TO WARRANT OFFICER					
424 828 093	WO	DELONG	A.L.	02 JAN 82	BTNO
TO WARRANT OFFICER/AL					
430 290 874	WO/AL	THOMPSON	J.V.L.	02 JAN 82	14 DENT
704 650 845	WO/AL	LOWTHER	J.W.	02 JAN 82	1CEU
106 021 355	WO/AL	NOLET	T.D.	29 JAN 82	14 DENTAL
TO SERGEANT					
426 100 350	SGT	ROBINSON	G.R.	22 FEB 82	AIRCOM HQ
612 232 256	SGT	REMPEL	M.F.	02 JAN 82	BAMEO
425 905 312	SGT	BROWN	T.N.	02 JAN 82	BAMEO
429 382 864	SGT	HARLOW	W.H.	02 JAN 82	BAMEO
431 643 139	SGT	BLACKLEY	A.W.	01 MAR 82	CFRC
612 229 138	SGT	BEST	D.J.	18 JAN 82	733 COMM SQN
612 544 122	SGT	BONNELL	J.J.	15 FEB 82	BAMEO
TO SERGEANT/AL					
103 294 278	SGT/AL	STEEVES	A.W.	25 AUG 81	BTNO
TO MASTER CORPORAL					
234 541 407	MCPL	GAULIN	J.F.G.	13 JAN 82	1CEU
231 353 731	MCPL	KUBAS	R.G.	02 JAN 82	1CEU
614 856 896	MCPL	OWENS	J.W.	02 JAN 82	1CEU
615 352 804	MCPL	NABESS	J.J.	02 JAN 82	1CEU
610 040 206	MCPL	KIRLEY	P.R.	02 JAN 82	BAMEO
231 888 876	MCPL	BEDARD	J.R.	02 JAN 82	733 COM SQN
713 492 981	MCPL	CONDLY	R.L.	02 JAN 82	1CEU
613 782 119	MCPL	WYMAN	R.W.	02 JAN 82	BSECURO
107 773 657	MCPL	NOEL	J.M.	02 JAN 82	RELEASES
TO MASTER CORPORAL/AL					
617 159 900	MCPL/AL	GUILD	D.R.	29 JAN 82	1CEU
TO CORPORAL					
241 479 500	CPL	JOYES	R.D.	03 MAR 82	BAMEO
457 411 973	CPL	BUCK	M.A.	13 JAN 82	BFOODS
623 621 059	CPL	CARRIER	CPW	20 MAR 82	BASE SURG
456 020 742	CPL	MARSHALL	M.J.	24 MAR 82	BAMEO
453 974 347	CPL	CORRIGAN	G.J.	25 MAR 82	BAMEO
625 427 364	CPL	EASTVELD	M.J.	02 MAR 82	BAMEO
TO CORPORAL/AL					
246 150 999	CPL/AL	LAPOINTE	J.R.D.	06 MAR 82	BSECURO
115 297 814	CPL(W)/AL	BATTISTE	W.Y.	17 MAR 82	BTRANSPORT

canada's
AIR CADETS...
good citizens
in the making

THERE'S NO LIFE LIKE IT

(by Terry Lawrence)

N° 12 The Photographer.
I am the Base Photographer
Taking pictures is my game
I cover every Base Event
But no-one knows my name.
I don't aspire to National Fame
(But if it comes, I'll let it.)
Of all my wishes, this one's first...
"VOXAIR, please give me CREDIT!"



Voxair

BASE & STATION FUNDS

General

1. The Base/Station Fund is the local agency charged with the responsibility of administering all non-public property including the design, development and delivery of adequate facilities, services and programs to meet the needs of the total military community. The concept of a centralized Base Fund administering all non-public property, except that administered through messes, is governed by CFAOs.

2. CFP 110 outlines the policy governing operation of Personnel Support Programs in the Canadian Forces. The principle employed in determining public and non-public areas of responsibility lies in the following rationale:

a. The Department of National Defence should provide Canadian Forces Personnel, their dependents and civilian residents on a Base with opportunities for positive health building recreation activities comparable with those provided from municipal or provincial government funds in progressive civilian communities;

b. Members of the Canadian Forces and residents of Married Quarters communities, as citizens should expect to provide from their own resources, those facilities and services not provided at the local government level to the citizens of a progressive Canadian community; and

c. The social, welfare and recreational needs on Canadian Forces establishments can be met most economically and effectively by planned and cooperative use of all available public and non-public resources.

3. Base Funds have the following sources of non-public revenue:

a. Net profit from CANEX outlets;

b. A percentage of gross sales from all bar operations where the B Comd determines that such a levy is in the best interests of the community;

c. Direct charges, fees and levies related to activities, services and programs authorized by the Base Fund; and

d. Loans and grants from CFCF.

4. Additionally, Base Fund administers public fund grants and allowances such as the Physical Fitness Maintenance Grant, Library Grants and Band Grants, etc.

Function

5. Because of the unique nature and needs of each military location, it is not possible to give a specific definition of a Base Fund beyond that indicated at para 1. In general, however, the major activity of current base fund operations is in providing support to ensure that the level of services meets the needs of a military community in the following areas:

a. Municipal Services;

b. Military Sports Programs; and

c. Community Services.

6. A representative tally of services could include any or all of the following with specific examples from virtually every Base in the CF:

a. existing facility upkeep and renovations;

b. development and construction of recreation and resale facilities;

c. payment of operating staff for recreational facilities and/or programs;

d. underwriting the cost of operation of recreational facilities during the formation organization period;

e. interest-free loans to clubs or organizations for capital expenses, renovations or major purchases;

f. common administrative services, eg clerical, financial accounting, etc.; and

g. providing guidance and direction for short and long term planning through the medium of the base fund budget.

7. In addition to the CFCF assistance provided to CANEX and Messes the FY 80/81 Base Fund Capital Expenditure Program included support for 13 Recreation Facility projects valued at $1,216,800 of which $364,900 was in the form of CFCF loans. These projects included such items as outdoor swimming pools, recreation and community centres, bowling alleys, ski clubs and curling clubs.

8. The following is a recapitulation of Base/Station Fund activity for FY 80:

Gross Trading Sales	6,168,551
Net Trading Profit	1,152,129
Add. CANEX Contribution	6,605,113
Other Gen. Revenue	6,903,899
Total Gen. Revenue	14,661,141
Total Operating Expense	13,724,334
Net Increase to Capital	936,807

Summary

9. Financial constraints will continue to affect public support of military and military community recreation and amenities programs and pressures on base fund for support of PE&R activities and projects will continue to be high.

CANEX CUSTOMER ADVISORY COMMITTEE

The inaugural meeting of the Canex Customers Advisory Committee was held on Tuesday April 6, 1982. Members are from various units and neighbourhoods in the military community. They are:

Chairman MCPL Fred Pennell 837-7914 Res. 889-8027
CPL Larry Skidmore Lcl 262
PTE Dariel Evans 889-1424
CAPT Don Yaworsky Lcl 355
Lee Harris 885-1249
Dorothy Anscomb 489-2795
MCPL Howard 2PPCLI A COY

The committee is responsible for the following:

1. to provide general advice and suggestions concerning overall Canex services.

2. to provide comments and suggestions on the type and quality of merchandise for sale at Canex.

3. to provide a forum to receive, discuss and consider general comments received from Canex users.

4. to conduct and co-ordinate periodic surveys and questionnaires to determine services, satisfaction and requirements for Canex services.

5. to review and comment upon Canex operating hours.

6. to enhance overall Canex services and operations by receiving, considering and provision of constructive comments and suggestions.

To serve you in the best way possible, the committee must have your input. A questionnaire will be available through the Canex retail outlets and gas bar as well as Voxair. All questionnaires completed by authorized Canex users over the age of sixteen will be eligible for a $25.00 Canex gift certificate to be drawn on Saturday May 1. Drop your entry in the boxes provided at the retail outlets and gas bar. Help us help you!

QUESTIONNAIRE

1. How often do you shop at Canex?
   a. twice a week _____
   b. once a week _____
   c. once a month or less _____
2. What item(s) do you buy?
   a. uniforms _____
   b. personal sundries (deodorant, soap, etc) _____
   c. clothes _____
   d. giftware _____
   e. small appliances _____
   f. recreational items _____
   g. other _____
3. Why do you shop at Canex?
   a. convenience _____
   b. prices _____
   c. supports military community _____
   d. other _____
4. Which of the auto facilities do you use?
   a. gas bar _____
   b. convenience store _____
   c. car repair service _____
5. Do the CFB Canex outlets meet your expectations?
   a. yes _____
   b. no _____

We welcome your suggestions.

NAME: _____

ADDRESS: _____

TELEPHONE: _____

Please deposit in box provided at Canex retail outlets and gas bar.

YOU COULD WIN A $25 CANEX GIFT CERTIFICATE TO BE DRAWN SATURDAY, MAY 1ST

FLAG WINNER

CAPT Ken Hudson was the lucky winner of the Roundel Flag drawn at the canex on RCAF Day 1 April, 1982. Rumour has it that he is now looking for a flagpole.

LCOL Baker, BADMO, Mr. Art Chouinard store manager and CAPT R. Hanson BXO, drawing the winning ticket. (Base Photo by PTE Steve Sauve)

CAPT Ken Hudson (centre) receiving his Roundel Flag from Art Chouinard and CAPT Dick Hanson. (Base Photo by PTE S. Sauve)

BXO COLUMN

CAPT R. HANSON

SOMETHINGS OLD, SOMETHINGS NEW!!

It appears that the conversion of the service station to self serve, originally planned for early May, will be slightly delayed to sometime in June. Watch for it — because when it happens Canex will be offering a lot of super values, along with some high-priced help to aid those unfamiliar with the workings of self serve.

Canex in CFB Winnipeg is going into the T.V. rental business. There are still a few details to iron out, but essentially we will be renting T.V.s from the retail store at very competitive rates, and offering you an option to buy with your rental payments applied towards the purchase price. So if you're fed up with the hassles of owning a T.V. or you're in Winnipeg on course and don't want to invest in a T.V., check the next Voxair for an offer you can't refuse.

Watch for our sale flyers coming out soon — because Winter chose to return during our Spring Sale. Many of the exceptional values will be repeated along with many more. Upcoming sales are the Mother's Day Sale 29 Apr - 8 May and the National May Sale 12 - 15 May.

Finally, Canex is now hiring staff for the snack bars. Due to a significant turnover of staff several fulltime and part time positions will be open. If you are interested in full or part time employment contact the BXO at 832-1311 local 580 or 832-0787.

FIRE PREVENTION NEWS

LEARN NOT TO BURN
COULD YOU ESCAPE?

Without taking time to think it over, could you name two ways out of each room in your house, especially bedrooms.

If not, start pre-planning for emergency escape in case of fire by working out an alternate exit from every room, such as a window leading onto a porch roof or directly above shrubbery which would break a fall.

Because most home fires breaks out at night, it's essential to hold back fires by sleeping with bedroom doors closed, to pre-arrange a signal which will arouse and alert the household, and to have a well rehearsed escape plan. Teach everyone to test for heat outside his bedroom by feeling the upper part of his closed door — IF the door seems hot, keep it closed, sound the alert, and immediately use a pre-planned alternate exit.

Keep exits free. People have a tendency to forget their back door, where an accumulation of snow would make it impossible to use in case of emergency.

Arrange for help in escaping for young children and aged or infirm persons. Decide on an outside meeting place where every one will go for a "HEAD COUNT". Plan to call the Fire Dept. from a neighbor's home, NOT from your own telephone if your house is on fire. "911"

Finally, impress upon everyone, especially the children, the need to strictly OBEY the rule "ONCE OUT, STAY OUT". No toy or treasure and not even the family pet is worth risking a human life in its rescue.

BASE COMMANDERS' COMMENDATION

BASE COMMANDERS' COMMENDATION

COL Smith, BComd, presents the Base Commanders Commendation to SGT Pye, Base Supply Adm Supr. The commendation reads:

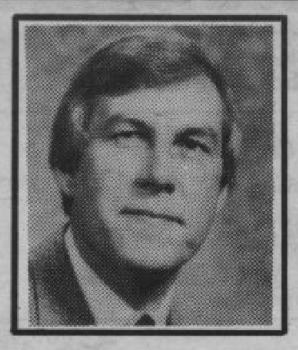
For looking beyond the scope of his primary duties in order to apply his knowledge and skills to the betterment of Base Supply and CFB Winnipeg, SGT Pye has earned and is truly deserving of this commendation. (Base Photo)

BASE COMMANDERS' COMMENDATION

Mr. E. Ogren, Base Supply Pubs GP Supr, proudly accepts the Base Commanders' Commendation from COL Smith, BCom'd. The Commendation reads:

For meritorious service during the past 12 years. He has performed all his duties in an exemplary fashion, provided willing assitance to all personnel and contributed greatly to the improvement of overall Supply Support. (Base Photo)

"Mr. Ivan York of the Base Accommodation staff is shown proudly receiving his retirement certificate from LCOL W.G. Baker, Base Administration Officer. Mr. York completed 27 years in the Public Service of Canada at CFS Churchill and CFB Winnipeg". (Base Photo)



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MON-FRI 8:30-4:30

Call us or drop in to,

Baldwinson Agency

Problems with CANEX?
Don't tell your friends
Tell me. CAPT Dick Hanson BXO - 832-0787

Voxair

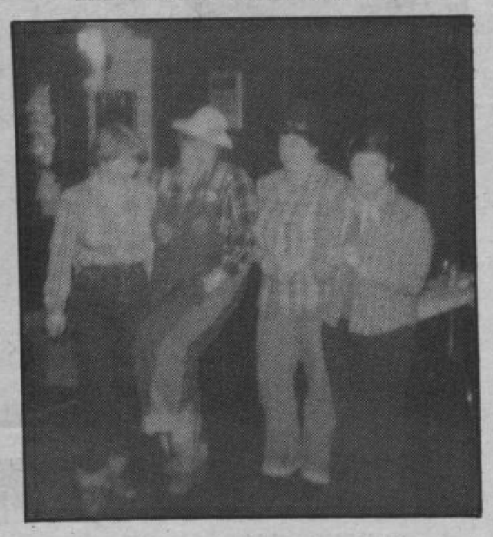
VOXAIR SPORTS & RECREATION NEWS

SENIOR LADIES CURLING

PROVINCIAL CHAMPIONS

The Manitoba Senior Ladies Curling Champions, skipped by Mary Ling, with Marj Hamilton (third), Gert Gray (second), and Irene Feasey (lead), carried CFB Winnipeg colours to the national play-offs in Montral. Their record in the east was 3 and 7. On their return, they were guests of the CFB Ladies at their annual Rosebowl dinner. Prior to leaving for Montreal, they were honoured at an Open House at Westwin, and received presentations from CFB Curling Club, MLCA, and Crestview Ladies.

LADIES ROSEBOWL CURLING



The ladies' wind-up day hijinks at the curling club ended with the rink of Iris Watson (third), Leila Farrell (skip), Helen Pitcher (lead) and Bron Yewdall (second) winning the Rosebowl Trophy and Pins. Missing from the picture is Laurel Lins, who also curled with them.

SPECIAL AWARD

President Mary Ling (right) presents Jackie Ridley with a special award, the Appreciation Pin, for exceptional work, "beyond the call of duty" for the ladies' curling club.

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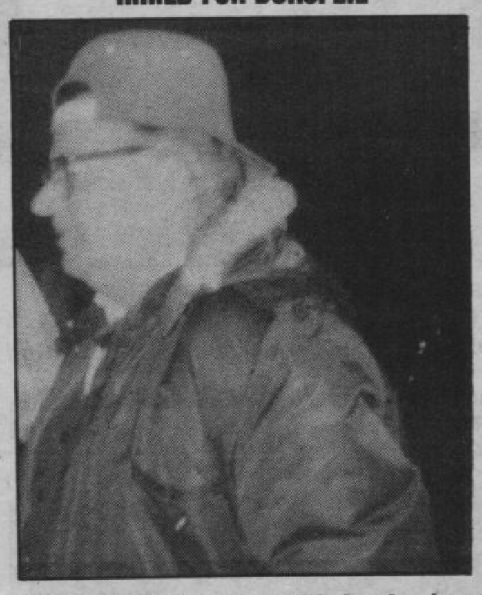
HANDY TO CFB WINNIPEG NORTH SITE

MIXED FUN BONSPEIL



The CFB Curling Club closing mixed bonspiel was another success, especially with old faithfuls, such as Frank 'Snooker' Marsh, showing us how to really bonspiel.

1st EVENT RUNNER-UP

Lisa Farrell (lead), Ray Silvius (second), Leila Farrell (third), and Ron Dillabough (skip).

2nd EVENT WINNER

Laurene and Orwell Haga (lead and second), Iris and Rick Watson (third and skip)

1st EVENT WINNERS

Lt. to Rt. Jerry Halson (skip), Judy Daily (lead) Jeff Kirk (second), and Sherry Robertson (third).

3rd EVENT WINNER

Mother and son combination, Betty and Kevin Larsen (third and skip). Two more juniors, Ken Jacobsen (second) and Karen Glen (lead) are missing from the picture.

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COPS COP TROPHY,

BASE COMMANDER'S BOWLING TOURNAMENT

The Base Commander's Bowling Tourney was held the 2 April 1982 at the Westwin and Lipsett Hall Bowling Alleys.

The following are the top six teams of this tournament:

Place	Team	Final Game Score
1st	MP's #1	923
2nd	2PPCLI	834
3rd	BSUPPLY	823
4th	BPSVCSO	798
5th	ARGHQ	746
6th	MP's #2	706

List of other teams that participated.

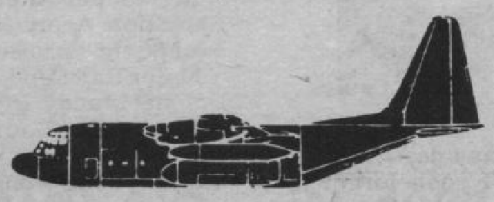
BML	2 teams
DCOS Log	2 teams
BSurg	2 teams
DCOS PERS	
733 COM SQN	
401 TSD	
1 CEU	
429 Sqn	
BARM	
CE	2 teams
BCompt	2 teams
SIU	
BTNO	2 teams
BPADMO	
BAMEO	

1st Place Team Photo MP's #1
Left to Right: SGT Feuillatre, PTE McCarthy, CAPT Bailey, LCOL Baker, PTE Schatz, SGT Kokocki. (Base Photo)

2nd Place Team Photo (Bridesmaids, again) 2PPCLI
Back Row: SGT Gerry Hipson, PTE George Rowland, Front Row: MCPL RickPratico, SGT Forster, PTE Dunford. (Base Photo)

3rd Place Team BSUPPLY

Back Row: MCPL Borden, MCPL Ed Short, Front Row: MCPL E Kennedy, SGT Gus St James. (Base Photo)



BIG BAND BALL

CFB WINNIPEG Bldg 21

The Sharpe Aveune gate will be open until 2:00 a.m.

SAT, 15 MAY, 1982

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AIR COMMAND DANCE BANDS

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3. 10% down with the balance in two post dated cheques, one dated 90 days hence, the other 180 days.
4. Bring your PLCC card with you.
5. Not portable. Bill must be settled in Winnipeg before posting.
6. Subject to approval by the BXO and a credit check with the Winnipeg Credit Bureau.

More details available at 832-0787, 838-9390 or 889-6394.

Voxair

AVOIDING PLAYGROUND ACCIDENTS

The Canada Safety Council sponsors its nineteenth Child Safety Week campaign from May 1st to 7th, 1982. It is emphasizing the need for safety education among school aged children.

Falls and other accidents on playgrounds can result in serious injury and even death. Whether in or out of the school environment, playgrounds should be kept free from hazardous objects; equipment should be used and stored properly and inspected regularly. All games should be supervised by a responsible person.

Children themselves are probably the most important factor in preventing playground accidents. They should be encouraged to:

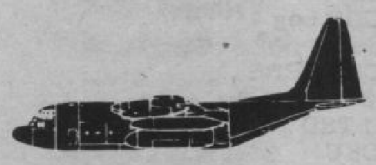
- Follow playground rules
- Be responsible for their own safety
- Set good examples for others
- Teach other children the proper use of playground equipment and help them to learn how to enjoy the playground without getting hurt or hurting others
- Talk with others about accidents they have had
- Warn others of hazards they may not see.

An instructor's guide for playground safety for Kindergarten to grade three, featuring Elmer the Safety Elephant, is available from the Canada Safety Council and the provincial safety councils and leagues. It has been field tested by elementary school teachers and is designed to be easily adapted to different playground situations.

CHILD SAFETY WEEK 1-7 MAY

The 5 Point Club meets for Lunch — 1st Wednesday of each month at east end of Bldg #61. Next lunch — May 5/82 — 12:00 Hrs. Sharp.

Further Information Contact
Geo Burton — 697
Wes Coombe — 225
Doug Johnston — 225



HELPING PEOPLE

The Story of the Salvation Army

100th ANNIVERSARY CANADA & BERMUDA

The hungry and destitute

Sid Mundy won't soon forget that emaciated child in Bangladesh. He was sickly with protruding bones, eyes bigger than his head, and taut skin with purple lips between hunger-hollowed cheeks.

But the protruding belly was what horrified Sid Mundy. It felt spongy to touch.

Mundy is a Canadian Salvation Army colonel. He was touring Asia before retiring as the organization's liaison with CIDA (Canadian International Development Agency).

"I knew there was acute hunger in the world," he reflects, "but I never realized how desperate it was. I didn't enjoy a meal for some time after seeing that poor child."

The boy was in a huge compound for the homeless — legacy of the India-Pakistan wars.

Want was everywhere. Heat was intense. The stench was overpowering. Hot Asian sun drew trickles of sweat through Colonel Mundy's starch-white Salvation Army uniform.

The Army, aided by CIDA, was building homes for the refugees.

In co-operation with CIDA, The Salvation Army in Canada now has over 30 such projects across the world.

Major Ray Pond, who took over from Colonel Mundy, gives three examples.

There's a Vocational Training Centre for women in Lahore, Pakistan. The 50 young women in residence are given job-skill training by The Salvation Army.

Makuru, Kenya, has a Salvation Army workshop for the physically handicapped. 150 students graduate every two years.

Costa Rica has a Salvation Army Adult Training Centre where 50 young men are taught farming and animal husbandry.

CIDA entrusts more than $600,000 annually to The Salvation Army to partially fund projects like these.

Quite an investment in human lives! But that's been the story of The Salvation Army in Canada since 1882.

Where there's need anywhere — there is The Salvation Army!

BEEFacts

Beef sounds good in a hurry

Eating on the run has become a way of life for many Canadians. As we try to juggle the demands of family, work and friends, there is less and less time for meal preparation and eating. These busy lifestyles require food items that can be ready in a hurry.

The nutritive value of food choices must be carefully considered. The body requires more than 50 different nutrients each day. Canada's Food Guide divides food into 4 groups — meat and alternates, milk and milk products, breads and cereals, fruits and vegetables — and each group contributes to a balanced diet. Choose a variety of foods daily from each group to give your body these needed nutrients.

Beef satisfies the demand for quick and easy meals that are nutritious as well as great tasting. One serving (90 g) of lean Canadian beef contributes complete protein, iron, zinc, niacin, vitamin B^{12} and smaller quantities of other nutrients — and only 179 calories.

Why not serve Lively Lemon Kabobs? They're not just for the barbecue. Marinate beef cubes from medium tender cuts (blade, cross rib, round, sirloin tip) for several hours to tenderize, or marinate tender cuts for added flavour. Alternate the cubes of beef with vegetables on a skewers, and broil for 10 minutes.

For more delicious ways to enjoy beef in a hurry, send for your copy of "Quick and Easy Ways with Beef". Send 30¢ in coin or postage to the Beef Information Centre, 590 Keele Street, Toronto, Ontario, M6N 3E3.

LIVELY LEMON KABOBS

1 1/2 lbs. beef, (blade or round) cut into 1" cubes
2/3 cup lemon juice
1/3 cup oil
1 1/2 tsp. salt
1 tsp. grated lemon rind
1 tsp. prepared mustard
1/8 tsp. pepper
2 green onions, sliced
Tomato wedges
Green pepper chunks
Mushrooms

Combine lemon juice, oil, salt, rind, Worcestershire sauce, mustard, pepper and green onions. Pour over beef cubes to cover; marinate in refrigerator 6-8 hours.

Remove beef from marinade. Alternate beef and vegetables on skewers. Broil 4.5" below heat for 10 minutes, turning once. 6 servings.

Even when they act grown up . . . they have a lot to learn.

Our kids . . . our responsibility!

CANADA SAFETY COUNCIL CONSEIL CANADIEN DE LA SÉCURITÉ

MAY Program

Eves.: Mon. thru Sat. 20:00 Hrs.
Sat. Matinee 14:00 Hrs.
Sun. Evening 20:00 Hrs.

Cinema Theatre
CANADIAN FORCES BASE

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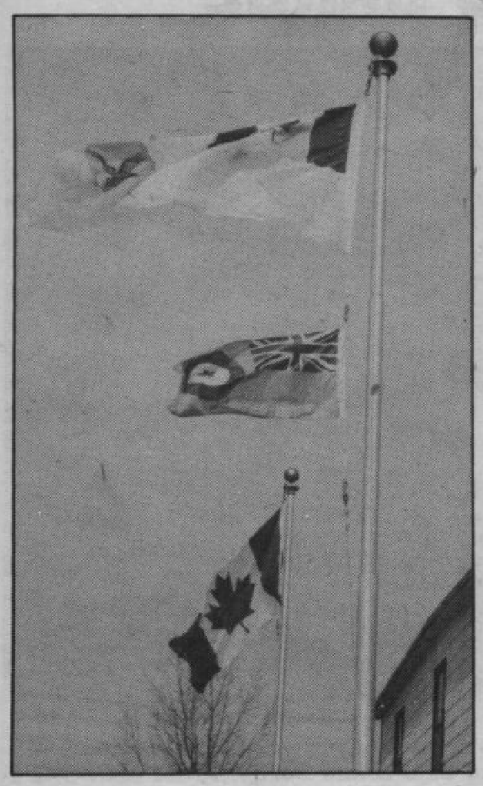

Once a year is better than never. Photo by a very patient PTE Steve Sauve. (15 minutes before the wind co-operated!)

ON THE RIGHT TRACK

The small-town preacher rushed down to the railroad station every day to watch the train go by. Members of his congregation thought it was a childish pastime and asked him to give it up.

"No, gentlemen," he said firmly. "I preach your sermons, teach your Sunday School classes, bury your dead, marry your sons and daughters, run your charities and cooperate with every committee it pleases you to organize. I won't give up seeing the train every day. It's the only thing that passes through this town that I don't have to push."

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ROMAN CATHOLIC

Our Lady of The Airways (N)

Masses:
Sunday: 7:00 on Saturday
11:00 on Sunday

Masses
Daily:
4:45 Tuesday & Thursday
10:00 Wednesday & Friday

Confession:
Before and after each mass on request.
A vant et après chaque messe, et sur demande.

C.W.L.:
Meetings every 2nd Monday of the Month.

Sunday School:
Every Sunday from October to June, for Grades 1-9 inclusive at the Air Nav School from 9:45 to 10:30.

Baptism:
On request. Give us a "One Month Notice".

Choir:
Every Thursday evening at 7:00
Tous les jeudi soirs — 7:00.

Marriage:
It is absolutely necessary to give us a "Three Month Notice" and to follow a course of preparation.
Nous exigeons de connitre vos intentions au moins 3 mois avant le marriage. Un cours de préparation est nécessaire aussi.

St. George's Chapel (S)

Masses:
Sunday: 11:00
Daily: Thursday at 7:00 p.m.
Friday at 9:30 a.m.

Baptism:
On request. Give us a "One Month Notice."

Marriage:
It is absolutely necessary to give a "Three Month Notice" and to follow a course of preparation.

To contact a Chaplain
Just ask our Switchboard
Operators

PROTESTANT CHAPEL SERVICES

Chapel of the Good Shepherd (N)

Church Service:
11:00 on Sunday
Sunday School:
11:00 on Sunday
Chapel Groups:
Baptisms and Weddings as arranged.

Chapel of St. Andrew (S)

Church Services:
10:30 on Sunday
Sunday School:
10:30 on Sunday
Chapel Activities:
Weddings and Baptisms as arranged.
To contact a Chapel
Just ask our Switchboard
Operators

20 Yrs. Ago
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MP'S REMIND YOU OF BIG BAND DANCE

Personnel in photograph, from left to right. Back row: WO Bill Yewdall, WO Nick Pociuk, Mrs Lydia Giesbrecht and CPL Diane Deroy. Front row: CAPT Lloyd Bailey, unidentified pupil of the St. Amand Centre and SGT Jim Whalen.

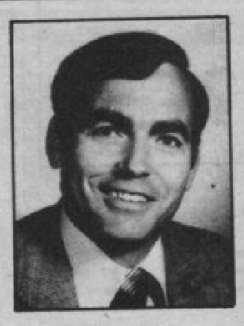
The St. Amand Centre receives a cheque from CAPT Loyd Bailey at Christmas time presented on behalf of the MP Blind Fund. The St. Amand Centre is one of the local recipients of the Military Police Blind Fund along with the Childrens Hospital.

Senior NCOs & Junior Ranks Messes of Canadian Forces Base Portage La Prairie

25th ANNIVERSARY TIMMY DANCE

23 April '82 9:00 pm — 1:00 am

Yes, this is a solicitation for funds! Won't you help us to help others! ***Every dollar received goes to The Society for Crippled Children and Adults of Manitoba.*** *There are no paid workers. We all volunteer our services for this worthwhile venture. We too pay admission to the dance to show our support.*



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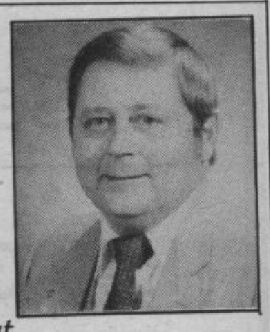
&
GIL BRECHT



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1974 Mercury Capri — Excellent interior, good body and running condition, 4 speed standard, 2 door, AM/FM. Moving and must sell. Asking $2,199.00. Kelly 489-7649.

1980 Kawasaki KZ550 LTD — new in 1981, 9000 kms. Midnight black with gold pinstriping. Cruise control, futurak backrest and luggage rack. Moving to Alberta must sell. Cost $3,400.00. Asking $2,499.00. Kelly 489-7649.

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1973 Honda 350CB Excellent condition. Has front roll bar, Windscreen, his/her seat, carrier, 8,500 miles. Needs new exhaust pipes. Offers. Contact CAPT McCreadie, Loc 163 or 632-4985.

Utility metal shed, 10' x 10'. Complete with patio block floor. $250.00 O.B.O. Ph: 284-5748. Reply: Denis R. Jobin, 828 Mulvey Ave., Wpg., Man., R3M 1H8, Ph: 284-5748.

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